



# FLOURIDE OR FREEDOM

I feel obliged to give thanks to Mr. Price, pro-fluoridation spokesman, for his support -- unintended though it may have been -- in the Nugget of Feb. 2. Opponents to fluoridation, being a lonely lot, need all the assistance they can get; what better source than the words of those who are prepared to speak in fluoridation's favor?

I trust you will not be too shocked, Mr. Price, to learn that most of what you said and much that you implied gives succor to the opponent. In fact I find little in your words with which to disagree. Let's examine one by one the points you have covered, and perhaps we will discover that there really is not too much basis for disagreement between us.

1. Your observation: "One who is fighting for ideals and one who still appears to believe in many ideals".

My comment: When one grows older, does one abandon ideals? -- Must one become a 'cynical adult'? -- Is this what happened to you?

2. Your observation: In a democratic society, the layman has the right and indeed the obligation to make decisions on issues, most of which he is ignorant".

My comment: If this is so, then the layman has a further obligation: to inform himself BEFORE coming to a decision, and not the other way round, as you appear to have done.

3. Your observation: "Objectively investigate the pros and cons" -- "Public forums, which take the form of a debate between 'experts' followed by questions from the audience, is one such way".

My comment: I do not claim to be an 'expert', but I have offered to stand against the best pro - 'experts' available, in open debate and otherwise. No one yet has accepted the challenge: no dentist, no doctor, no public health official, not the Journal -- no one! Can it be that they fear the outcome of what you refer to as 'an objective investigation of the pros and cons? Dr. Harold Hillenbrand, secretary of the American Dental Association, perhaps betrays this apprehension adequately when he proclaims: "The case for fluoridation is so thoroughly established that it is not scientifically debatable" (Los Angeles Times, May 11, 1965).

4. Your observation: "The one-sided arguments and vague generalizations (on both sides) are

an insult to your intelligence and constitute a play for support at strictly an emotional level".

My comment: Agreed! So let's get specific - let's get down to facts. Let's examine cases -- evidence -- of the dental and NON-DENTAL effects of 1 p.p.m. fluoride in the water. I have yet to find a promoter of fluoridation who admits the existence of these facts. Instead he accuses me of trying to obstruct the dental health of our children. -- THAT'S an emotional response!

5. Your observation: "Questions to consider before (note: BEFORE) making a decision on this issue 1. What is wrong with fluoridation of the water, etc.; 2. Is it unethical to put chemicals in the public water supply, etc.; 3. What are the backgrounds of the people involved? What do doctors, dentists, and others for or against fluoridation stand to gain, etc."

My comment: It was on account of these and other unanswered questions that I became involved in the dispute. Additional questions the curious should ask are: QUESTION 1. What IS the reason that doctors, dentists and health authorities will not appear on a public platform in open debate?

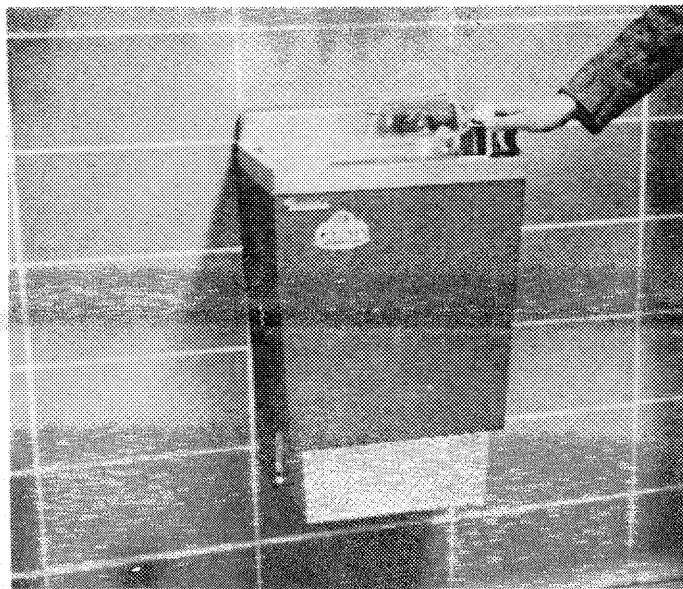
QUESTION 2: Why is every professional man who speaks against fluoridation -- be he doctor, dentist, chemist, biochemist, allergist, statistician or philosopher -- maligned, ridiculed, discredited, suppressed and threatened with expulsion unless he falls in line? (If you find this hard to accept, I will provide names and documented facts upon request.)

It should be observed that there is one notable exception: When the individual who speaks out is too big to knock down (as Albert Schweitzer, Linus Pauling, Robert Newton, former President of the U. of A.), the promoters simply ignore him in the hope that he will go away, instead of answering him. WHY?

QUESTION 3. Why has the Edmonton Journal not responded to my charges, made publicly and in print on many occasions, that its editors have willfully misrepresented the fluoridation facts -- that they have knowingly and maliciously stated untruths and half-truths to win over Edmonton voters -- that their purpose has been to delude the public by deliberately refusing to print any information that might threaten the fluoridation

cause? Such statements are libelous if unsubstantiated in fact. Yet the Journal has neither answered, nor has it taken action against me -- WHY?

QUESTION 4: Dr. Castaldi, unsuccessful promoter of fluoridation in Edmonton for over 8 years, acknowledged to me that although Edmonton's children had been denied the benefits of fluoride through all the years of his campaigning, he had done absolutely nothing to find a practical alternative. He admitted that other practical means are known -- for example, fluoridated milk -- but he and his associates had put no effort or thought whatever into seeking for alternatives of any kind. If the real concern of the promoters of fluoridation is



dental health of our children, can they justify ignoring all other possible avenues of public treatment during all these years?

QUESTION 5: Can medication through fluoridation of the water supply be an 'absolute good'? Everything else in the world that has some good to it also has some bad. But if you are going to support fluoridation, it seems you are committed to the proposition that it is 100% good -- that it has no undesirable qualities whatever -- that 'there never has been, is not now, and never shall be any evidence of harm'. Such a doctrine, in fact, emanates from the high priest of fluoridation himself, Dr. Frank Bull, director of Dental Education, State Board of Health, Wisconsin, who in addressing a national conference of State Dental Directors on fluoridation, decreed: "We are in a program, fluoridating the water, which has absolutely no bad connected with

it". IS IT POSSIBLE?

QUESTION 6: Drug therapy has historically been based on the premise that treatment must be controlled by medically authorized prescription, regulated as to dosage, and terminated upon completion of treatment, according to the needs of the patient as determined by his doctor. By what logic does the medical profession justify abdicating its traditional responsibility, in relinquishing to a civil agency control of what is acknowledged to be a deadly poison (listed in the Pharmaceutical Schedule of Poisons), for administration without prescription, in unregulated dosage and without regard for individual need?

QUESTION 7: It is acknowledged

QUESTION 8: No doctor is empowered to impose treatment upon his patient without the patient's consent. Furthermore, no doctor has the right to treat someone who is not his patient. Can it then be 'ethical' to impose mass medication on unwilling citizens who are effectively forced to take fluoride without their consent and against their will, for a lifetime? Perhaps the above will serve to demonstrate that arriving at the anti-fluoride position can be a long and tedious affair. I suggest that it IS possible to have an 'enlightened' opposition to fluoridation. It happens that I was able to arrive at this position only through closely examining the 'pro' position. It must be disconcerting to the promoters that most of the answers are to be found in their own publications and utterances -- in medical and dental texts and journals.

Dr. Bull, in the same secret conference referred to above, had a most revealing comment to make about this very fact, when he lamented: "We are living down some past history a lot of helped create. These fellows can just take the statements of the American Dental Association or the U.S. Public Health Service or the deans of dental schools or research workers around the country, and they can prove to you that we are absolutely crazy for even thinking about fluoridation. You are going to have to live that down. There is no way of avoiding it...When they take us at our own word they make awful liars out of us".

Mr. Price, you urged all NAIT students to objectively evaluate the arguments on both sides -- then to agree with you. I, too would urge NAIT students to objectively evaluate the arguments AND THE FACTS on both sides but with one slight difference: Don't 'agree' with Mr. Price, or with me -- instead, come to a personally-derived conclusion.

In your opening words your referred to me (albeit with tongue in cheek) as one who is 'fighting for his rights against the tyranny of government, the medical professions, and the majority of voters'. Truth, injustice and time are on my side. I prophesy that the fluoridation farce will go down in the history of Western Civilization as the greatest scientific scandal of all time, by comparison to which the thalidomide scandal will pale into insignificance.

MORRIS SIMONS

N.A.I.T.S.A. Elections Are Coming

## THE SECOND PAGE

### THANKS A LOT

Many thanks to those people and technologies who have submitted their course description and explanation for the Open House Edition of the Nugget. Your co-operation was much appreciated. Now, what the Hell is wrong with the following technologies:

ELECTRONIC TECHNOLOGY  
FOOD PROCESSING TECHNOLOGY  
GAS TECHNOLOGY  
MATERIALS TECHNOLOGY  
MEDICAL X-RAY TECHNOLOGY  
RADIO and T.V. SERVICE TECHNICIANS  
TELECOMMUNICATION TECHNOLOGY

To date these technologies have not submitted a course explanation for the Open House Edition of the Nugget. What's wrong? What do we have to do, hold a carrot in front of your noses? We would much rather light a fire under your derriere. There is no excuse for this inaction. Notices were given out, there have been repeated announcements in the newspaper. If YOU make it necessary I guess we will have to send Mr. Saunders around to slap your wrists. Shape up or ship out. This is your last chance, get that copy into the Nugget office by next Monday.

## NUGGET NEWSANCE

Now is the time for students to start thinking about their candidates for Naitsa elections, it is too bad that the students could not start thinking about new Administration selections also.

Word has it that the Electronics club is holding its annual kite flying contest soon. So, from the Nugget, Good Luck, and go fly a kite.

There is a wild rumor going around that A.V.T. has taken over the Tower Lounge, rather, it should be said that most of the regular students have just stopped going there. Urban renewal here we come.

It's not hard to tell the people who sit on the skywalk, the seat of their pants resembles the pattern of a hot air register, how appropriate!

### NAITSA NEEDS AN EXECUTIVE FOR 1968-69

### WHO IS YOUR CANIDATE?

## NUGGET

NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY

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### NAIT ATTENDANCE REGULATIONS IN ACTION

## ATTENDANCE REGULATIONS

It is conceivable, in this Institute, that a student with a 100% average would be denied his diploma. The grounds for this denial would be "insufficient class attendance". Of all the rules at N.A.I.T., this is probably the most illogical.

Forcing someone to learn is an impossibility. An attendance rule such as we have at N.A.I.T. can serve no other purpose than keeping the classrooms filled. Perhaps this builds the instructor's egos, but it does little else. Learning has to come from the student's own desire for knowledge not from a compulsory attendance regulation.

It is quite obvious that the administration does not think the students are mature enough to govern their own attendance. N.A.I.T. is not a compulsory school like

high school; it is chosen by the student because he WANTS to learn. An enforced regulation such as this does not promote initiative in the student or increase his morale.

The administration, it appears, must be made to realize the power and influence they have over the student's future. To be expelled from the Institute or denied a diploma can and does have far-reaching effects on the student's future earnings and job opportunities. To be expelled for insufficient attendance, even though a good average is kept up, is unfair to both the school and the student.

A recent example has shown up the absurdity of the present rule. A student working on an extra-curricular school activity, sometimes throughout an entire night, was expelled for attendance--not

marks. The attendance regulation was his reward for working on a administration promoted activity. Something is drastically wrong if this is the remuneration for caring about N.A.I.T.

A regulation that forces the student to attend certain classes, even though the student is doing well in that course, prevents the student from devoting time to another course. Under the present set-up, a student sitting idly in one class is failing another because of the regulation.

If the school administration is powerless to change the attendance rule, then perhaps a combined student-administration committee could approach the proper authorities with the proposal of changing the regulation. It is certainly not beneficial to the student of school to have the regulation remain as it is.

## Letters To The Editor

Dear Editor:

Help! What's happened here at NAIT? Where have the efficient Health Services gone? Are the nurses planning a protest or a strike?

Feb. 1, the health services changed their policies. Now, everyone needs an appointment unless he is dying. Students receiving bruised elbows, skinned knees or cut fingers must first make an appointment by phone or in person, then wait for at least three hours or even until the next day, trying to stop the bleeding. A simple ailment such as a headache or stomach ache cannot be gotten rid of without first having an appointment crammed in between the lines somewhere down the list to have the nurse give some pills about two hours later. Is it necessary for the students to carry with themselves their own first aid kits and a complete supply of drugs?

True the number of students visiting the health services is hard to accomodate, but there must be some better way of preserving the

health at NAIT.

In Pain

Dear Editor:

In reference to the sports page of the Nugget two issues ago. I must say that it was an excellent example of laziness and an "I don't care attitude".

I imagine everyone who read this particular issue noticed the little box that said "due to technical difficulties there will be no sports". It should have read "due to laziness..."

I feel that a person who volunteers to undertake a job should do that job well or get out. I personally know that pure laziness was the case here.

This also reflects on the type of management that is going on in our beloved newspaper. It is the editor's job to see that the work is done and done well.

To conclude, on the whole the newspaper is quite good but the sports page leaves much to be desired.

The library, and I use the term "library" loosely, at NAIT seems to be nothing more than a glorified study hall. The noise level is kept at a maximum, and most students seem to think it's perfectly all right to go to the library to yuck it up. It is impossible to study, let alone concentrate.

Stricter regulations should be enforced. In a "library" a person should be able to hear himself think and not have to listen to others.

The selection of books is practically nil, although it does take awhile to build up a library, and I realize that the Minister of Education probably thinks a couple hundred books is enough for a technical school. The books in the McNally "library" wouldn't fill a corner of the Cameron library, (and I mean library).

It's hard to believe that people might actually steal a book from the NAIT library---there isn't any to steal!

Things behind the swinging door could stand change for the better as they couldn't get much worse!

Ray



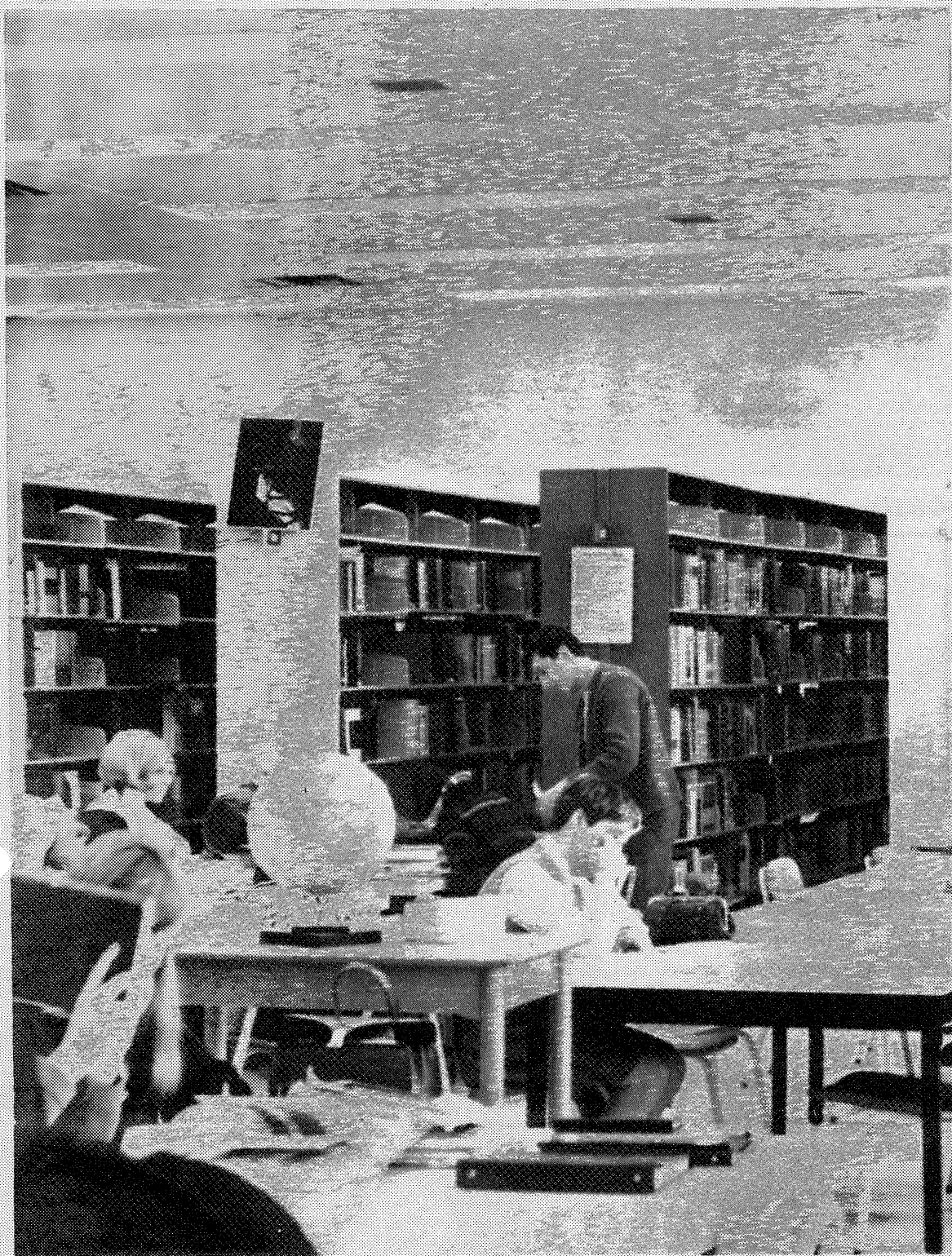


PHOTO RICK LATUS

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## DAY OF RECKONING

Here we are again at one of the three most unpopular parts of the institutes year. The students sit resignedly at widely-separated desks. On the top of each desk is a question paper and may be an answer book. In short, it is examination time.

The invigilators bustle backwards and forwards not knowing what to do, maybe they should read aloud the examination regulations. Two hundred pairs of eyes brush over the headings at the top of the question papers...subject...date of examination...time available...instructions to the candidate...the eyes move slowly to the first question which has to be completed.

A hand is urgently raised.

"Please can you lend me a pen...I forgot to bring one"

A second hand is raised.

"So did I. Can you lend me one as well?"

Another hand is uplifted.

"Can you tell me what 'Surname' means?"

Yet another hand.

"how soon can we go home if we can't do anything?"

And another (from a Year 'B' Student)

"Are we expected to remember all that stuff from Year 'A'?"

There are of course further requests for: the name of the subject, the date, the time available, the number of questions to be attempted—despite the fact that all these items of information are given on the question paper. Students who ask for explanations of the meanings of certain questions are silenced with stern warnings, and a threat of disqualification stifles a request for information as to how to start question No 1.

"Mister Willeans" (the apprentice, unlike the mature student, is keen on the title "Mister", to the point of including it on his homework and class work in front of his name — which may incidentally be sometimes MIS — SPELT), takes up his ball point pen and writes laboriously: "to do this sort of job I WUD use a fiall".

Mister Woodhead, resplendent in his "gear" of fur-collared black coat, tight jeans and Muk — Luk boots, decides to tackle a question, which asks him what action he would take on entering a switch room and discovering a prone person apparently suffering from electric shock. He decides that in these circumstances he would "give ARTY — FACIAL RESPRASHUN" for the shock but did not "NO HOW TO CURE THE PRONE". If the dead man did not revive quick he would "GO AND GET ANOTHER".

Another young man, after wrinkling his brow for twenty minutes at a question, writes "HAVE NOT GOT A CLEW TO THIS". One wonders how many marks this statement will earn for him.

Mister Johnson turns to a question requiring a description of either a fused switch, a switch fuse or a circuit — breaker. Prolific, if nothing else, he begins: "I DUNNO WHAT IS A CIRCUIT BREAKER AND TO THE BEST OF MY RECELECKSHUN I HAVE NOT SEEN A FUSED SWITCH BUT A THINK I NO A SWITCH FUSE AND WILL TRY AND GIVE A DESCRIPTION. SO I TAKE UP MY PEN AND HERE GOES....."

Another bright spark explains the meaning of various electrical terms as follows: "LIVE MEANS YOU GET A SHOCK IF YOU TUCH IT". "DEAD IS WOT YOU ARE IF YOU DO TUCH IT". "INSULATION IS USED TO SOOTHEAWAY THE ELECTRICITY". "BLACK HEAT IS WHEN SOMETHING THAT IS HOTTED UP IN A DIRTY ROOM." "AN ELEMENT IS USED TO HEAT THE AIR AND RISE AND MOVE AROUND THE ROOM". "FOR SAFETY SAKE THE VOLTAGE SHOULD BE CONSIDERABLY LESS THAN ZERO."

Mister Jones brushes his shoulder — length hair aside, get half — way through an explanation of the purpose of a fuse, then boldly scrubs out what he has written, leaving a huge smudge of black rubber. That answer, he thinks, is far too easy. Like Richmal Crompton's William, he does not trust authority. Certainly not the type that sets examinations. A sentiment which is undoubtedly shared by all the candidates!



SOMEONE TELL THIS GUY EXAMS ARE OVER!!!

PHOTO LAWRENCE

### CREATIVE LITERARY MATERIAL AND ARTISTIC PHOTOGRAPHY IS NEEDED FOR THE OPEN HOUSE EDITION


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## AROUND THE CAMPUS WITH HANS SCHNEIDER

Seeing that all students are on a budget of one form or another, possibly it would be a good idea to get a lawyer on an advisory basis for NAIT. There are many aspects of life that are new to some students. I am especially thinking of students from out-of-town, from another province, or from another country.

We do not have any campus living facilities so there are many students rooming in private homes in the vicinity of NAIT. One of the problems that has arisen is the fact that some landlords seem to take advantage of students in the sense that students do not know the landlord-tenant laws. I have heard complaints from several students in past months that they had been "taken" in this respect. One girl, for example, had found a better place to live, gave notice and because of transportation problems was unable to take all her belongings on the day that she moved. The landlady was quite pleasant about the situation and told the young lady to pick up the rest of her things at her own convenience. It turned out that every time the girl tried to contact the landlady to make arrangements to pick up the rest of her belongings, the landlady was unable to be home. After two weeks, this student found her ex-landlady at home and was able to collect the rest of her things after paying the sum of \$14 storage charges.

In another case, a student and his wife were living in an apartment near NAIT. The landlord told the student that he required a months notice if and when he wanted to move. The apartment was quite small and very noisy and this fellow found a house to rent for the same price as the apartment. He gave a months notice on the fifteenth of the month. The landlord kept a \$50 deposit on the fifteenth of the following month. The law states that when renting on a monthly basis, you can move in or out only at the beginning or end of the month without being penalized. It cost this particular student a full months rent for two weeks because he was unaware of the laws.

I am sure there are other aspects such as borrowing money, buying on credit, employee-employer relations and civil violations that students should know more about.

If you have a problem or question of this nature, I would like to hear more about it and possibly we could find someone that is qualified to enlighten us on some of these student problems.

### ALONE

Alone  
All alone  
At last  
I sent one off  
His cap in his hand  
lunch under his arm  
pulling on soiled ragged gloves  
over dirt stained hands  
that end  
in jagged masterpieces  
of dark despair.  
Quietly he went,  
not as others;  
no not as the others  
who scuffle  
and shuffle  
with one voice  
that breaks and cracks  
as an untrained whip  
shrilly clear  
as the high note C  
and two more  
that have neither  
height nor depth  
as yet  
young with youth  
that's leaving  
me  
Alone  
All alone  
at last.

B.H.

### FLYING CLUB NEWS

An Air-Canada representative stated during his talk at the last supper meeting that Air-Canada presently has fifteen thousand people on its payroll. Hundreds of pilots and technicians will be required in the immediate future.

All aviation buffs who attend Open House should make an effort to view the display in the gymnasium, and some very interesting films will be shown in room A 120.

### ANYTHING GOES ! CAN YOU BEAT THIS ???

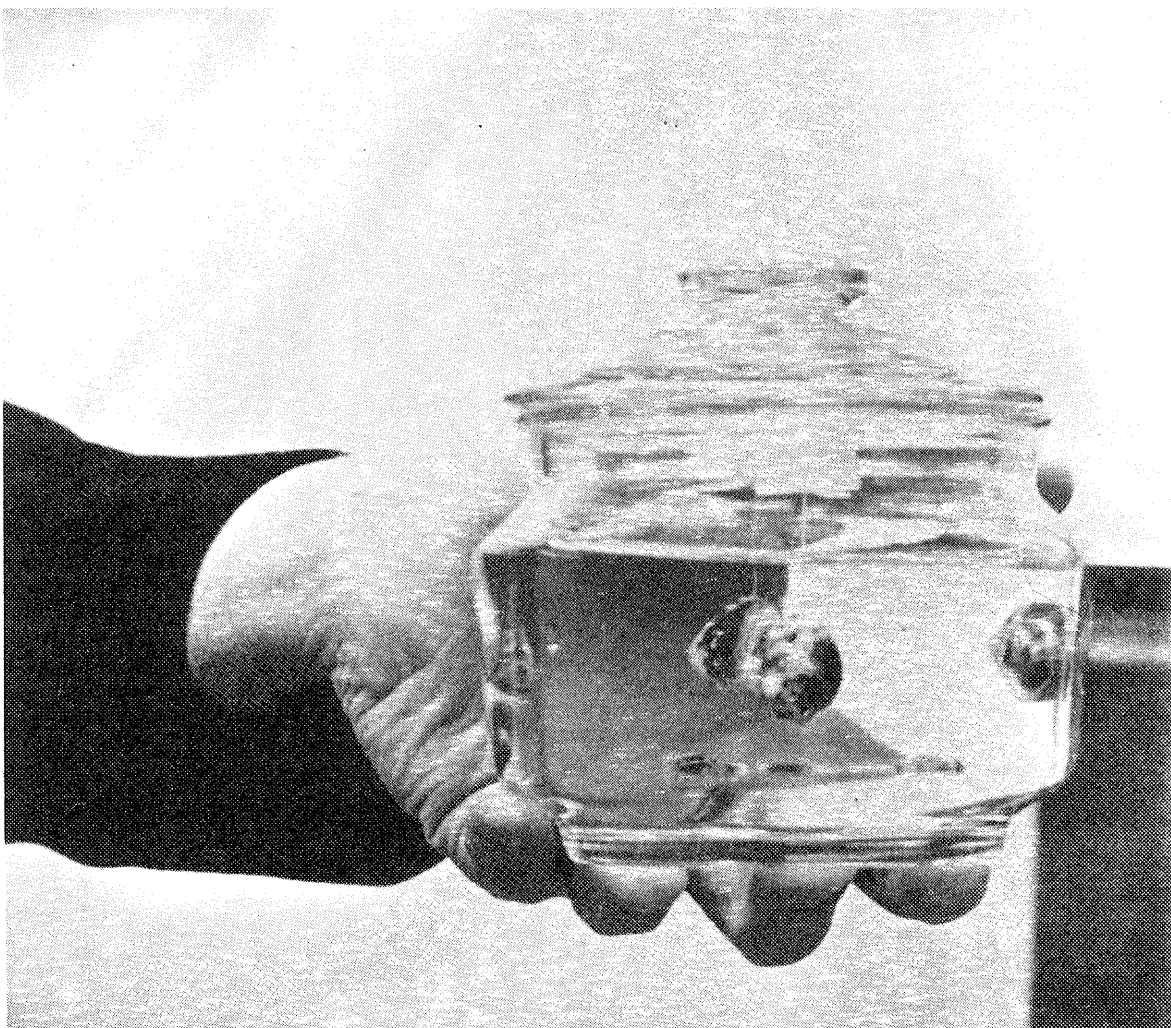


PHOTO LAWRENCE

### HUMAN EYEBALLS COURTESY MEDICAL LIBRARIANS

Want to win fifty dollars the easy way?

#### TSFTA OBYTITS

These are the initials of a newly formed club. Actually this outfit has been operating for approximately four years. It was not until now that I discovered a crying need for the society for the awareness of the TSFTA OBYTITS. The Society for the Advancement of Brushing Your Teeth in the Shower has a membership, a president, a secretary-treasurer and all the other prerequisites necessary for a formal organization. However, at the moment all of these positions are being held down by one person, me. Those people who keep their mouths closed while brushing their teeth, read no further. Now we have left all the sloppy toothbrushers, the people who leave their mouth gaping so they can see where the yellow went or goes. These people have to wash their faces twice every morning, once for dirt, and once for excess toothpaste. Have you ever thought of the advantages of brushing your teeth in the shower? There is plenty of water to wash away excesses. No more unsightly splatters of toothpaste on clothing or pyjamas. No more washing your face twice. Last, but not least, it eliminates singing to some extent. So next time you climb into the shower, don't forget to take along your toothbrush and toothpaste and try it out.

For further details of membership contact the Nugget office. Arrangements have been made to rent the showers in the locker room for communal brushing sessions. New members who are a bit shy will be allowed to come and watch without their brushes for one session. I think that more people should try it in the shower or at least in the bathtub.

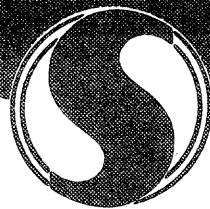
Then get your imagination working, guys and gals, for it's the weirdest that wins in this contest.

The "Nugget" will pay fifty dollars to the technology that produces the most unusual person, animal or object to the newspaper offices (E129) on or before March 8.

And if your object is too unusual to bring inside the institute, just bring it to the doors and call one of the Nugget staff out to judge it.

Medical Laboratory has a head-start on most technologies -- they've entered a fishbowl of human eyeballs!

# SAFEWAY



FOR  
FINER FOODS  
SHOP  
AT

YOUR  
NEIGHBORHOOD  
SAFEWAY



## 'THE SMUG MINORITY'

As a student-member of the Northern Alberta Institute of Technology, the first time I picked up a copy of the Nugget I had a tendency to disbelieve my eyes and my ability to read and comprehend. However, after picking up this paper for some months now, I have reached the conclusion that this is the only way it will ever be. What way is that?

Let me give you some examples of the great newspaper articles that appeared in the last potent issue that is suitable only for starting bonfires.

Most of you probably read what there was of it after you salvaged it out of the ashcan, off the floor, scattered in the skywalk, or wherever else that it could have been discarded. The top of the front page had the great words of wisdom "Knockers Up". This was good humor, ten years ago. Below this the lead article "Frats at Nait" appeared. I'm glad the writer remains incognito from the rest of the world. I'm sure he would face discrimination for his continual use of the word frat. This word is highly detested by any existing fraternity. The article itself was written not as an article, but in the form of an editorial. Has proof reading for a paper gone out of style? In addition, the article almost talks the reader out of forming a fraternity, the very thing it was written to convince the reader of. The next article concerning the defensive driving program was well written and informative, but does such an article deserve to have a place on the front page? This is a center fill article; certainly Nait has better news than this memorandum on the defensive driving program.

The bottom of the page was resplendent with photographs and large printing. Considering the work that went into Casino Royale by the Architectural Club and the support that the event drew, surely this article should have been worthy of the headlines and worthy of a little more story that it received. In my opinion, as well supported project such as this deserves the front page in total.

On page two, (I knew it was page two because of the large print telling me) such articles as What? No PR man?, I'm a Sausage, No J-Wing Yet, Bookstore Banter, etc. appeared. Some were informative, some entertaining, but some such as I'm a Sausage did nothing but remind me of highschool papers which I thought I had long left behind. There is also an eighth of a page used here to tell you who was responsible for editing this paper. This is a fact I would have kept a secret. Another article on page two was the write-up in which the Nugget was looking for an unusual article. I almost clipped this gem out of the paper and entered it for the unusual spelling that was employed. In bold black print, two everyday words were misspelled.

Page three is a surprise for it has somebody in it. Not much however. The article by Hans Schneider and Valerie Paniak were well written although not long enough. The rest of the page is advertising. The final page which is sports and advertising is well handled by the illustrious Mr. Stene even if he does miss the odd interview before condemning or praising the athletes in question. Any and all issues of the Nugget can be condemned in a similar fashion. Though it appears that I would like to see the end of such a paper and the people employed in printing it, such is not the case. To me a paper such as the Nugget really is a nugget in value. Once handled correctly, this paper could mean the end of the present disjointedness between technologies which is so evident now at Nait. If the editor-in-chief is letting the paper out now in such poor quality as we have seen, then it is my supposition that he is doing the best he can with the articles that are available to him.

Why hasn't every technology got a Nugget correspondent that is responsible to let the paper know what is going on? After all, the staff of the Nugget only has a limited amount of time to spend on this paper. If the articles are poor and the printing is poor, then it is because of a lack of time and help. If the editor had fifty articles to pick from then he could produce a much better paper in the same time. The distribution of the paper, as I mentioned before, is poor. Why doesn't every technology make it a point to pick up the proper number of papers needed by them and then the paper would reach out with its message to the outer fringes of the tech where at present it does not reach in sufficient amounts.

The fault of the paper does not lie with the staff but rather with the reader of the paper. If we let the Nugget cost us some \$6000.00 per year and we have to print articles as poor as those I described, then we are to blame. With co-operation, a paper such as the Nugget could overcome many communication barriers and be a source of real news. Without it the Nugget will eventually become another Nait dismal flop. We will have no one to blame but ourselves for this outcome. By ourselves I mean every technology in Nait. Everyone could be helping in the fields of article writing, printing, reporting, type setting, proof-reading, obtaining advertising and so on. With assistance from everyone, the Nugget could be a Nugget.

Lorenz Christensen

## FLYING CLUB ANNUAL MEETING

The Annual General Meeting was held at N.A.I.T. on December 12, and the following members were elected to the Executive:

President ... Don Robertson  
Vice President ... Frank Palko  
Secretary ... Hank Tomczak  
Treasurer ... Dick Henderson  
Director ... Bob Warden  
Director ... Bill Brook  
Director ... Ray Olson

The objectives of the club are to provide flying training and social activities for its members. If you are interested in flying activities or social activities or both, you are invited to join the N.A.I.T. flying club. As a member of N.A.I.T. Flying Club you will be eligible to attend some very interesting activities. You will be in touch with aviation and its vast prospects for job opportunities, education travel, and pleasure. For membership or introduction flight call us at 479-8471 Local 260.

For flying training we can offer the latest aircraft. For your individual travel requirements you have a choice of fully equipped planes.

## NAIT RADIO PLANS AHEAD

NAIT Radio has twenty-four hours of broadcast time to fill during Open House -- from 10 a.m. to 10 p.m. Friday and Saturday.

Broadcasting from the South Lobby, NAIT Radio provides Lost and Found Service, hands out Tour Guides and supplies miscellaneous information for all who require it.

Friday programming is directed at high school students. "Top Pop" and "Old Gold" are the order of the day; evening shows will be more subdued. On Saturday, the announcers will set an easy-listening pace.

This year something new is being added -- a color-gram in the form of the NAIT crest (eat your heart out, SAIT). Lights flashing in time to the music will be certain to attract visitors to NAIT Radio.

Open House means a great deal of work for the NAIT Radio executive. These people must make out a schedule for the announcers, plan the continuity and instruct personnel on coping with the unexpected.

Just after Open House, the new executive takes over; Open House gives them a chance to work with the old executive and learn how the administration works.

Open House provides a wonderful opportunity for publicising NAIT. NAIT Radio is proud of the part that it plays in this event.

## DEFENSIVE DRIVING

A defensive driving course will be offered to NAIT students March 11, 13, 18 and 20 from 4:30 to 6:30 P.M. each day. The EDMONTON SAFETY COUNCIL, which provides instructors for the course, is giving a preferred fee of \$3.00 to NAIT students taking the course. Interested students should contact Harold Nicholson in E133 as the class size will be limited to 35 students. A short film covering the content of the course will be shown during the noon hours on March 4, 5, and 6 in the Little Theatre.

### FIGURE THIS OUT!

Red rag and pink flag  
Blackshirt and brown  
Strut -- mince and stink -- brag  
Have all come to town

Some like it shot  
And some like in hung  
Some like it in the twot  
Nine months young

E.E. Cummings

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8 1/2 x 14



## FREEDOM

**FREEDOM OF ACTION**  
**FREEDOM OF COMFORT**  
**FREEDOM OF CONVENIENCE**  
**FREEDOM OF MIND**

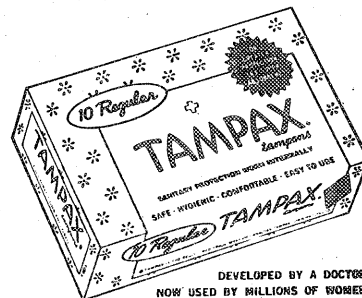
You get all these freedoms with Tampax tampons—the modern internally worn sanitary protection.

**Freedom**  
to be active—to do what you want to do... when you want to do it.

**Freedom**  
to feel comfortable at all times... without bulky contraptions like belts, pins and pads.

**Freedom**  
to go anywhere you like... with never a disposal problem, and spares tucked away in your purse.

**Freedom**  
to feel confident and secure—the peace of mind that comes when you're absolutely sure only you can know.



TAMPAX TAMPONS ARE MADE ONLY BY CANADIAN TAMPAX CORPORATION LTD., BARRIE, ONTARIO

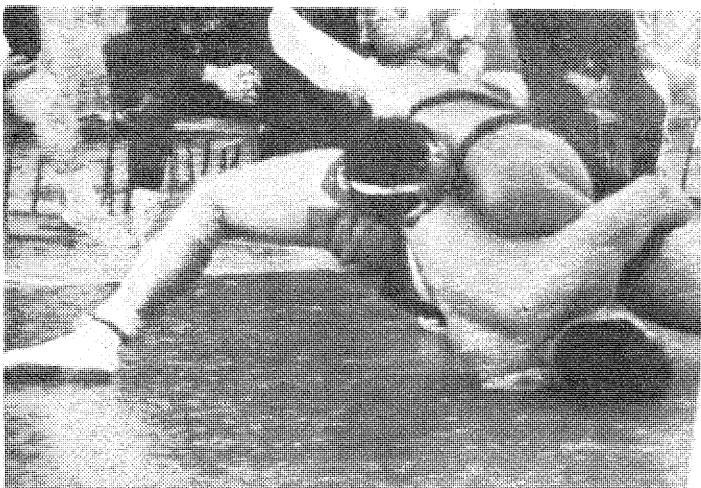
# The Athletic Supporter

WITH PAUL RAGAN

The sports page this week is full of articles hailing the "winning ways of NAIT teams" who take virtually every Inter Collegiate sport they enter and receive recognition from the various schools they play against. But what happens here on campus? I'll tell you....NOTHING!!! Our hockey team was the best for the second year in a row yet nobody bothered to come out and watch them play, it's not hard to realize why our National Team gets so little support if the rest of the country is as apathetic as the population of this Institute. How about basketball. There is probably no more exciting indoor spectator sport in our school than this; yet top attendance at one game would be no more than 25. At first glance one might conclude NAIT students are cheap because they don't want to waste their pennies on school activities but the games are free so maybe you all are just foolish and missing a damn good thing. First, you miss an exciting game, whatever it may be, and a chance to lend some moral support to the interested few who actively participate in school events. Secondly, it's free, so a good time can be had without spending any of your precious beer money, for entertainment on a Friday or Saturday nite. Well, the season's almost over now so you've let another year slip by, let's hope next year, the ones remaining smarten up and the frosh have at least a little spirit. Let's face it, it's better than none at all!!!

Another thing that comes to mind is that a good deal of criticism has been levelled at this corner in the last while, both by the student body and the department concerned. Well group I've got this to say, let's get our own house in order before we try to clean someone else's. We'll be the first to admit that at times in the past, things have not been just as they should but time does not always permit us to do what we'd like to do. We received derogatory remarks and complaints from many sources but seldom if ever something constructive in the way of ideas or thoughts on improving our standing. The people that bitch the loudest seem to be the ones that lay around tossing out smart remarks and just generally making a nuisance of themselves. If you've got something concrete to contribute, come in, you'll always be welcome. If you haven't, try and keep out of the way of others who do. PUT UP OR SHUT UP.....

Have you noticed the absence of cheer leaders at our basketball games and other functions? It has been brought to my attention that the girls from Respiratory Technology, whose "Kick-Line" is now famous after their performance at "Casino Royale", offered their services to the team but were greeted so coolly by the team management that they gave up. All the girls asked for was money to purchase uniforms but this seemed to be too much to ask as they gained the impression that if they bought their own uniforms it might be possible to let them cheer the team. Can it be true that this school is so cheap as not to shell out a few bucks for something that every high school has and a definite asset to the sorely lacking spirit department around here? It may be a long time before this place see another group of girls so willing to give of their time and effort.



## WRESTLING CHAMPS

PHOTO LAWRENCE

The Western Inter-College Conference Wrestling Championships were held on the NAIT Campus February 9th and 10th.

Individual weight class champions from NAIT who received the maximum 10 points included: Sigaty (heavy weight), Hutchinson (191 lbs.), McLean (177 lbs.), McDonald (132 lbs.) and Willes (123 lbs.). Jones (167 lbs.) and Larson (137 lbs.) collected 7 points each in finishing second, while Ramsdell (157 lbs.) and Blackwood (147 lbs.) collected 5.5 points in finishing fourth.

Outstanding wrestling performances were exhibited by Gordon McLean in his three fights, as he demonstrated his prowess using a wide selection of wrestling maneuvers in defeating his opponents. Ken Sigaty who suffered from the NAIT team fight-offs with NAIT's giant Bill Gosset, demonstrated why he is being talked about in the coming Canadian Wrestling Championships, Coach McDonald feels that Ken Sigaty in good health will be tough come the Nationals & Olympic Trials.

This was a successful meet for NAIT's team, as they soundly defeated their opposition. The week previous NAIT also defeated the University of Calgary "A" Team. The boys have put a great deal of hard work into wrestling and deserve all the credit coming to them. Coach McDonald has done an excellent job in moulding the team into a fighting unit that represented their school very well. Congratulations team!!



THE JUBILANT VICTORS

PHOTO LAWRENCE

## OOKPIKS TAKE HOCKEY

The NAIT Ookpiks are WICC hockey champions for the second year in a row. They captured the title with an 11 and 1--won lost record with their only defeat coming at the hands of SAIT 4-3. The last two league games NAIT won against SAIT 7-3 and 4-2. They had almost as good a record in exhibition games winning six losing three and tying one. The standings in the league were as follows:

NAIT  
Mount Royal  
SAIT  
University of Lethbridge

It is hard to assess the individual performance of each player in comparison with the rest of the league as communications is very poor with the league secretary and statistics haven't been released as of this writing.

The top scorer for the Ookpiks was Gary Leskow with 42 points consisting of 14 goals and 28 assists. Top goal getter and second in all round scoring was Dennis MacMillan with 21 goals and 14 assists for a total of 35 points. The top ten point getters on the team are:

Gary Leskow.....42  
Dennis MacMillan...35  
Lyle Mozak.....26  
Richard George.....22  
John Zakotuk.....20  
Bill Caton.....18  
Rick Pugliese.....17  
Dale Evans.....15  
John Shrum.....15  
Dave McCluskey.....14

The best goaltender in the league was Ric Young who played in 14.5

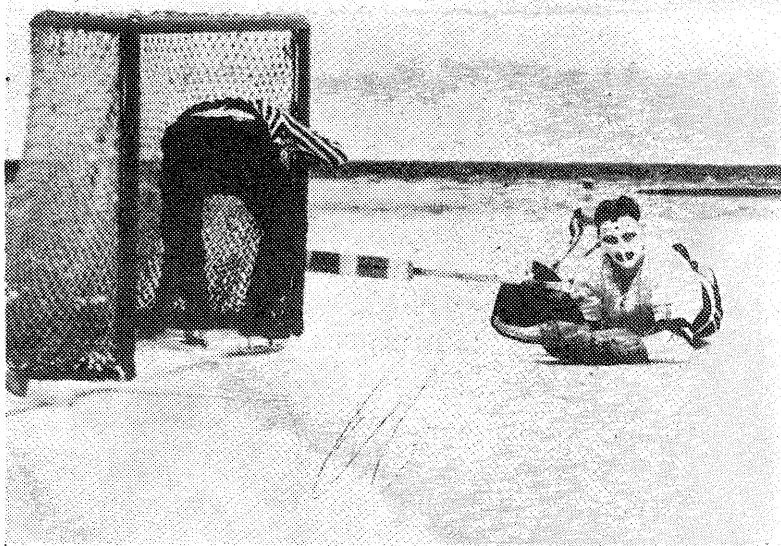
## Basketball Team Heads South

The weekend of March 1 & 2 will see the Ookpiks in Calgary for a four team tournament that will decide W.I.C.C. basketball supremacy. The first round of this tournament will see N.A.I.T. pitted against the University of Calgary Colts while Red Deer meets the University of Lethbridge Bobcats. In league play Ookpiks dropped a game to the Colts by

games and had a goals against average of 2.62, the other Ookpiks goalie Ray Foster played in only 5.5 games and had an average of 3.81.

There has been talk of possible expansion of the league next year to seven teams to include Red Deer Junior College, University of Alberta Junior Bears and University of Calgary. This should make next season even more exciting than this one just past. I think a real vote of thanks should

go to Coach Doug Hall who in his rookie year in the job led his team to a league championship. The players themselves also deserve a great deal of credit, they represented their school very well and have something to be proud of, and rate more support than the handful of fans that show up for the games. This school has championship or near championship teams in almost every sport but the sickest attendance for its size in the league.



THE "BITTER END"

PHOTO LAWRENCE

a slim 4 point margin while playing their worst game of the year. Coach Gilmet has predicted a decisive victory over Colts in the upcoming tournament. Winners in the first round of this tournament will meet in the final the following night. Losers will meet in a consolation round.

N.A.I.T. has a good chance of taking the Trophy. Ookpiks definitely have the talent to win this tournament, with 3 men in the top five in conference scoring all season and undoubtedly the best rebounding team in the league. If the team can pull together and show a return to early season form, they should bring the trophy back to N.A.I.T. One factor working against the Ookpiks however will be lack of fan support. Red Deer and Lethbridge will be bringing busloads of fans to the tournament and University of Calgary students will fill their home gym for the tournament. It is always

tough to play with a hostile and vociferous crowd on your back. All season long opposition teams have brought more fans to the N.A.I.T. gymnasium than Ookpiks have been able to muster. An analysis of our one "good gate" of the season revealed that \$30 of the \$40 collected came from Red Deer students. When asked if he would like to see a busload of students make the Calgary trip - Coach Gilmet replied: "It would be a definite lift to our morale and our chances of winning the tournament".

## CURLING CLUB

## BONSPIEL

## COMING UP



# take five

with  
**KEN TOMLIN**

Do you know...No, I don't suppose you do, so I won't bother telling you. It wasn't important anyway. (???)

I guess the biggest, and hottest, news item is the government situation. In fact, that story is so hot, I don't even want to try and handle it. I don't feel I could solve it in one column.

I'll bet you're all wondering what's happening down in the Nugget offices. So am I. All I know is that I am now Managing Editor. This means I have my own desk with nothing to put in it, except crumpled copies of precious Take 5's. I think I'm dwelling too long on this subject.

I would like to send out a big HI and a kiss to all those Forestry students at Hinton, especially to Kelly. You guys keep cutting down those trees and you'll have Smokey the Bear after you. But I guess after you've been out there almost a year, anything would do!

A special HI also goes 330 miles south to the guys at Lethbridge Junior College. Thanks for having us down. Please write and tell me if I had a good time! You've got a good thing going with that Winter Carnival. How about having another one in a couple of months?

Hi Geri!!

I hear via the grapevine, that those road-racing movies on NAIT TV are really crowd gatherers. It seems that that is the most popular feature on the boob-tube. If this is the case, shift into high and keep those films roaring across the screen. However, I have a few complaints that there isn't anything interesting for the female sector at NAIT to watch. How about throwing in a few wrestling matches for the girls, eh?

I would like to welcome Mr. Meadus to the staff of the newspaper. However, we don't take on nuts who believe in U.F.O.'s!

At the New Years Eve party at Zorba's, a mechanism used to measure small amounts of liquid beverage, disappeared. It would sure be appreciated if the now-sober guilty party could return this little thinga-ma-jigger to the NAITSA or Nugget offices. As Don would say, "I don't know who he is, but I do know this. I'm gonna git you."

Did you know that at the turn of the century, the dates changed from 1800's to 1900's?

Roses are red  
Violets are blue  
I have a blue rose  
But not a red violet

Mr. Meadus does NOT have dandruff. His hairdresser does!

On Monday, February 5, there was an accident at the entrance to the South Parking Lot. An Electronics student caused the whole thing!

That's Take 5 for this week. If you have any bouquets, let me know. Keep the beefs to yourself.

*Kingsway*

JUST ACROSS THE WAY WHERE  
YOU RECEIVE THE BEST DOLLAR  
VALUE IN TOWN.

## NOMINATIONS

ARE NOW BEING ACCEPTED  
FOR THE OFFICES OF  
**N.A.I.T.S.A.**

**President**

**Social Chairman**

**Vice-President**

**Ladies  
Athletic Chairman**

**Secretary**

**Mens  
Athletic Chairman**

**Treasurer**

**Publications  
Chairman**

**Nominations must be submitted to Jim Stangier,**

**Chief Returning Officer,**

**E133B, by 5:00 P.M. Tuesday March 19, 1968.**

**All nominations must be submitted  
on official nomination blanks.**

**Blanks are available from Jim Stangier, E133B.**

## ELECTION DAY

FRIDAY MARCH 29, 1969