

SALE

BEEF PATTIES

95¢/lb. in 5 & 10 lb.
Packages.

mon. & tues 11 - 12

friday 11 - 1 pm

6 PATTIES to a POUND

NAIT MEAT CUTTING CLUB

in butchering shop back of Dinning Room

anyone with an address or phone number

change for the student directory

contact ruth in e-127 or call grey 422

NUGGET

thurs., nov 1

vol.9 issue 7

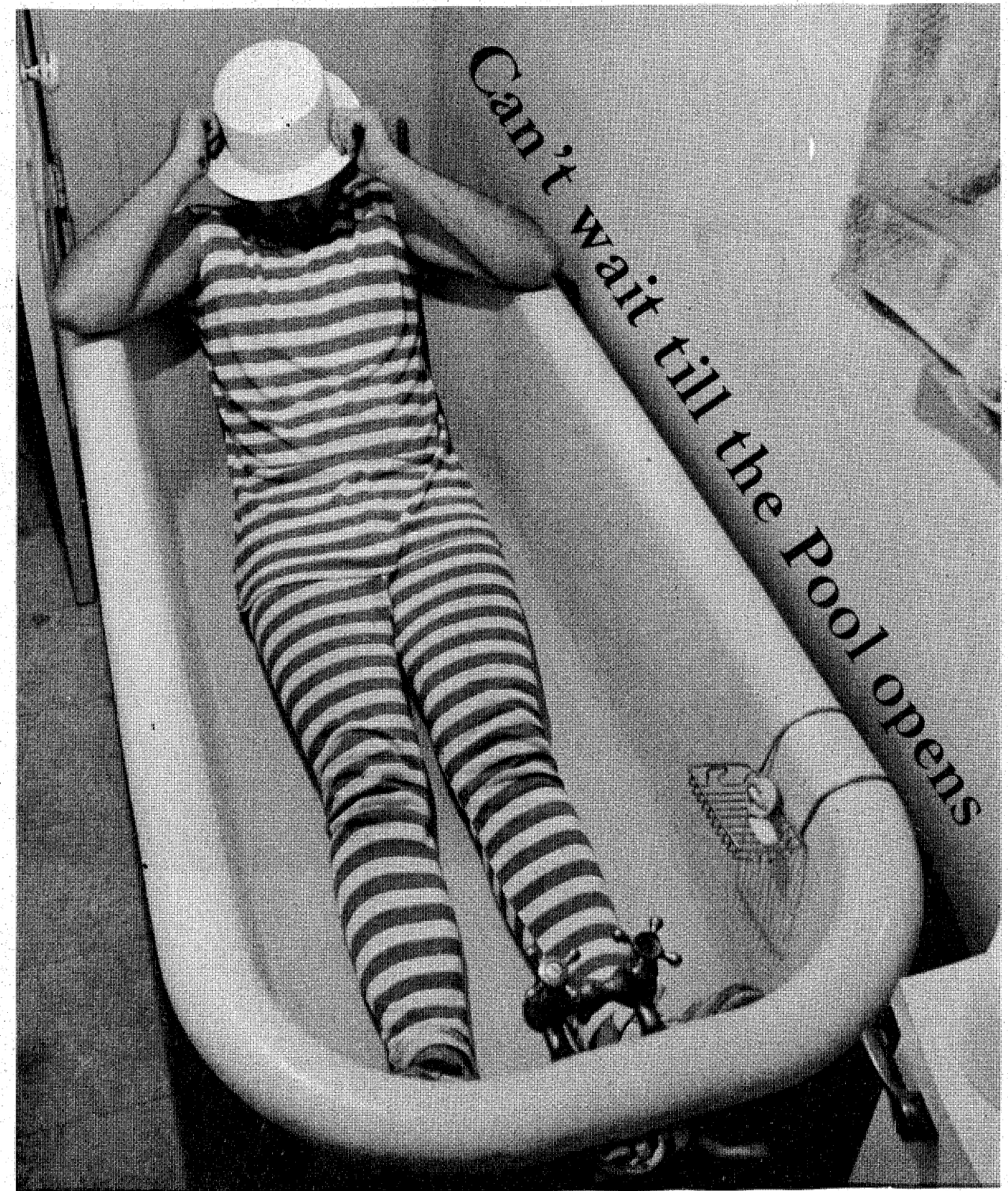


Photo By Kim Woolgar

nugget

special paranoid, last-minute, day-late,
midnite to the printers issue

FROM ACROSS THE RIVER:

aren't you glad we've got the administration we have?

Double jeopardy & Destruction

Edmonton (CUP) -- Students at the University of Alberta are to be disciplined under a system of double jeopardy.

Many of the offences on which the university's Discipline Hearing Board may rule are also covered by Canadian law. A student, is therefore, liable to be punished twice for the same offence.

The recently approved Discipline, Law and Order Report, which sets the guidelines for the board, does not, however, clearly define an offence. For example such crimes as "mental indignities" may also be included.

The report states that, although "any person" may bring action against any student whom she considers to have committed an offence, only students may stand accused before the board. Ignored are those offences committed by faculty or administration members against students.

Patrick Delaney, Students Union academic vice-president called the report "somewhat reactionary". He said, in a students council meeting, that the Hearing Board was nothing more than a "kangaroo court".

Student Council had previously voted to condemn the report.

The report itself is the result of deliberations of a Committee on Discipline, Law and Order created in response to student power initiatives during the late sixties.

Max Wyman, U of A administration president, seems anxious to obscure the issue. In an interview, he insisted it is not a question of "double jeopardy" but of "double jurisdiction". He did not comment on what the practical difference would be to a student facing two trials and two punishments for one offence.

Gary Draper, a student representative on the committee approving the report, said that the campus Law Review Committee is still studying controversial sections of the Law and Order Report. Many of the recommendations of the report would not represent a major departure from the present university regulations, he claimed.

At present, a great deal of arbitrary power already rests in the hands of the administration and the president of the U of A. They can choose to use it at any time to suppress political activity and political organizations.

For example, there is currently a regulation that all speakers brought to campus must be approved by the president of the university. This was enforced at least once during the sixties for political reasons.

The U of A has a regulation stating that activities such as "advancing a cause" may take place only in certain "activity zones" and only after a permit has been received.

U of A instructors currently have the authority to suspend immediately any student on charges as vague as "serious indiscipline in the classroom." Canvassing and soliciting funds on campus are forbidden unless the president of the U. of A. gives prior approval.

EDMONTON (CUP) -- A victory—at least a temporary one—has been achieved in the struggle to save an Edmonton neighbourhood from destruction by the University of Alberta administration.

In August the University destroyed, in only one week, an entire block of homes in the North Garneau area. At that time the fate of the remaining four blocks, containing 83 houses and two apartment blocks, was becoming increasingly apparent.

But mounting public opposition has forced the university to reconsider any further demolition has been delayed at least until January 31 when the University's Board of Governors will receive a newly commissioned report on the future of the area.

The Board continues to talk about "orderly development" of the area, but is clearly on the defensive now. The opposition is increasingly confident that they will be able to stop any further demolition.

The struggle began six years ago when the university started to purchase land in neighbouring residential areas as part of a plan for expansion of the university. At that time the university's enrollment was rapidly increasing and an enrollment of 30,000 was projected for the mid 1970's.

After the effects of the post-war baby boom ended, the enrollment levelled off and future projections show a maximum of 20,000 students. Therefore the university's north Garneau land bank may not be needed.

At present, the University administration is in the difficult position of not wishing to sell their North Garneau property in case future academic expansion becomes necessary, while also wishing to maintain the greatest possible flexibility in the area.

Vice-President of planning and development, W. A. Neal spear-headed an interim non-policy of letting the houses in North Garneau deteriorate to such a point that demolition of the houses proved less expensive than rehabilitation. The houses were destroyed and the land used as parking lots.

However, many voices in the community have spoken against this destruction. Facts have been presented which show that the university as a landlord, could make a profit over the next twenty years while also maintaining the houses in good condition.

Other arguments in favour of retaining a residential area stress the intrinsic value of one of Edmonton's oldest and more prestigious areas. Many houses exhibit the fine architecture of their period, and a few have particular historic value.

The University's North Garneau area comprises four square blocks. It contains two apartment blocks and eighty-three houses, about sixty of them occupied by students. The remaining houses are used for academic purposes or are vacant. The property is managed by Royal Trust on behalf of the university.

The strong North Garneau community spirit was the basis for the formation of a North Garneau Tenants' Association.



halloween is a time for parties.....

The area is a tree-lined comfortable island in the midst of a huge aggressor and the residents, mostly students and former students, have tended to band together to try and save their environment from the encroaching university. The Garneau Community League, an established institution which promotes such things as community-level sports competitions, has tended to support the North Garneau residents.

The North Garneau tenant's association was formed two years ago to thwart the administrations' attempt to make parking lots out of the area's back alleys. The association gained the support of most residents and won its battle to preserve their back yards while also gaining response to their demands for better service.

Public opinion has consistently favoured retaining the residential area. In an effort to strengthen their influence on important decisions, the university Senate, a toothless lion in the U of A hierarchy, and sensitive to community concerns, formed a taskforce which prepared a report opposing the destruction of the area. The board of governors recently adopted the Senate's proposals.

Many residents in the area are seriously disturbed by the mechanical blade hanging over their heads. In August, a block of houses in a neighbouring street were demolished within a week, initiating the first step of a report prepared by Neal which called for the eventual destruction of the whole area.

Following a public meeting in early September, the campus development committee and Board of Governors building committee prepared a motion calling for a proposal on the development of North Garneau which will be prepared by a sub-committee of the Campus Development Committee. The Board of Governors approved the motion.

The Subcommittee will include representation from the North Garneau tenants' association, the Garneau community league, the University Senate, and the city of Edmonton. They must make a report before the end of December. The Board of Governors will review this report and must make a final decision before the end of January. In the meantime, none of the houses in North Garneau will be demolished.

Krafty successes cross-country

EDMONTON (CUP)--Kraft Foods is losing its battle with Canada's National Farmers' Union (NFU) in Edmonton.

A nationwide boycott of Kraft products, led by the NFU, has been the chief weapon used to fight Kraft's control of the Dairy Industry. The boycott is beginning to erode Kraft's 80% control of Canada's cheese industry.

"Two years ago 80 per cent of the cheese we sold was Kraft," says an Edmonton supermarket manager, "Today that's down to 5 per cent."

So far the success of the boycott is largely confined to the university area. Store managers unanimously attribute this to the students.

"Students come in and tell me they won't buy Kraft products. Sometimes they even tell me I shouldn't have any on the shelves," said one store manager.

"If I can get a substitute for a Kraft product, I do," he said. "Not selling Kraft doesn't hurt us as long as we have a substitute."

"We don't use Kraft products in displays any more because some students object to seeing them," said another store manager. "This area is primarily a student market and we like to keep on good terms with them."

Boycott supporters are confident the boycott will be successful in other areas of the city. They point to the Edmonton Labour Council's recent endorsing of the boycott and to the growing labour readership of Poundmaker, an Edmonton newspaper that has consistently publicized and supported the boycott.

Supporters of the boycott say the fight is necessary to protect both farmers and consumers in all parts of Canada. They refer to an incident that occurred last

year in Ontario:

Dairy farmers had won agreement from the Ontario Milk Marketing Board for a raise of 57 cents for each hundredweight of milk they produced. But the biggest buyer, Kraft, refused to pay the higher price, and the raise was cut to 35 cents.

Retail milk prices in Ontario were then raised by three cents a quart. A quart is two pounds of milk. So for every hundredweight the increased price brought Kraft (and its subsidiary, Dominion Dairies) one dollar and fifty cents.

The consumer was stuck with a higher price. The farmer was stuck with the blame and got 35 cents a hundredweight. This was insufficient to meet his rising production costs and the rising cost of living. Yet, Kraft gained a profit of one dollar and fifteen cents per hundredweight.

While Krafts profits are on the increase, rising costs and inadequate income are rapidly eliminating Ontario dairy farmers. In 1966 there were 22,206 of them. By 1971, 7,664 of them had been squeezed out of business. At the same time Kraft's profits rose to more than 91 million dollars, three times those of the next largest food industry corporation.

Kraft's rapidly expanding control of the cheese industry has led to the elimination of at least 45 independent cheese producers in Canada during the past three years. Boycott supporters argue that if Kraft wins more control of the cheese industry it will be in a position to raise prices and lower quality at will.

Already a Ralph Nader study group examining the United States Food and Drug Administration has reported. "One food and drug administration official believes that Kraft has been responsible for a major decline in the quality of cheese."

but will he miss it?

COLORADO (CPS-CUP)--United States Vice President Spiro T. Agnew lost his eligibility for a federal retirement pension by resigning.

American law requires that government employees complete five years of "creditable civil

service" in order to qualify for a retirement pension. Agnew took office in his first Federal job on January 20, 1969 and held it for four and three quarter years, falling 102 days short of the pension requirement.

[illegible]

commissionaires

corner

"PARKING IN THE PARKADE"

By - SGT - Johnston

The following PARKADE parking information is reproduced from a bulletin issued by the General Office of the Institute.

NOTICE - Effective 1 November 1973, vehicles parked in the N.A.I.T. PARKADE must display valid parking stickers as required. Any vehicle not displaying the appropriate parking stickers while parked in the PARKADE between 7:00 A.M. and 6:00 P.M. will be ticketed and possibly towed away.

Parking Permits are available in the General Office of the Institute after 8:30 A.M.

Applications for parking must be completed and turned in with the appropriate cash at the time the parking permit is required.

The fee for parking is based on \$4.00 per calendar month or any part of a calendar month. (Six week apprentices excepted.)

Parking will only be sold for the balance of the students program, e.g. if the program is for a total of 9 months (or parts thereof) the fee payable is 9 x \$4.00 - \$36.00. Permits will not be sold on a month - to - month basis.

Refunds of unused portions of parking fees will soon be considered in the case of students who drop out of programs and promptly clear through MAIN STORES within seven days of their last day in class.

PARKING in the PARKADE is arranged as follows:

ZONE "A"

Levels 1 to 4 inclusive.
STAFF parking ONLY.

ZONE "B"

Levels 5 to 14 inclusive.
STUDENT parking ONLY.

Vehicles parked in the PARKADE not displaying the proper parking permits as per instructions, will be ticketed and possibly towed away.

It should be noted that all stickers will be code numbered or lettered. They are valid ONLY for the period covered by the number or letter shown.

If more than one vehicle is being used, parking stickers must be purchased for each.

Stickers must be displayed as follows:

- SQUARE sticker in REAR WINDOW.
- TRIANGULAR sticker on DRIVERS SIDE of the WIND-SHIELD.

The NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY will NOT accept responsibility for losses from, or damage to vehicles parked in the N.A.I.T. PARKADE.

Letters to the Editor

Dear Editor:

Can't something be done to bring back the TV programming in the cafeteria? Tonite, I sat in a quiet, half-empty cafeteria and watched people, unspeaking and glum, stuffing their faces for want of entertainment. Where are the cheering hordes of last year, the applause and laughter and table-thumping to the "Get Smart" reruns. Remember the fight for a seat (facing a monitor) at 5:30 every nite and the mass exodus at 6:00 p.m. No bloody wonder that the caf's half empty for suppers and the food seems so dismal. After all, who would go there just to eat?

Starved

Dear Editor,

Great new activities building but--- while flashing through there the other day I noticed the men's locker rooms have communal showers and the women's have private stalls! Also where the hell are the hair dryers in the men's? Where does the architect get off leaving them out? I mean, sure, they've "come a long way, baby" but are the guys backing up against the wall for it? Let's have equality of the sexes, not the same stupid discrimination (in reverse!) that has plagued us so far.

Men's Lib

Dear Editor:

In the Wednesday, October 24 issue of the Nugget, there were 4 commercial advertisements for 'booze', 3 beer, 1 whiskey. There were 4 other advertisements for a national product - 5, I forgot Tampax. Page 10 had a whole page dedicated to beer or was that to "fun"? Beer was mentioned in approximately 10 columns. The sexless male centerfold even had a beer in public. By now you should realize there was a lot of emphasis on beer. This seems to be the general trend at NAIT, it seems an 'in thing.' Instructors come into the classrooms and say what a hangover they have (including pre-pension little old ladies). 'Let's go to the Kingsway' is as common as desks at NAIT.

I don't know why all this emphasis is on the stuff. Is it to keep drugs (tch tch) away or at a minimum, is it an equilibrium between administration and student (the old suck-up to the student trick) or is there a spy lurking around here trying to promote business for the A.A.2. This matter of alcohol must be taken seriously, so why promote it so much?

Anonymous

Ms Faye Logan,

In reference to your article on food co-ops, I would like to say that you are not helping one little bit. The food co-ops in Edmonton are trying to provide an alternate to the Safeway store, et al, with all their fancy packaging, poor food quality and most important, high prices.

If you were truly concerned about these problems you would not have written the article you did. The food co-ops, need help, not abuse.

If you intend on writing any more stories on food co-ops, I suggest you do a little more research into the entire situation; what they are trying to do, how they finance themselves, and how they operate.

I suggest that if you are truly concerned with this major problem quit calling on Ralph Nader. Just try phoning Ann Harvey at 433-5041. She works for POUNDMAKER and is the food co-op liason for that paper. I'm sure she would be most willing to help you.

Remember, please, that problems are not solved by running anything down, but by each person doing what they can to help. Maybe you could join a food co-op yourself. Maybe you could help in a concrete way.

Yours sincerely,
Colette Forest-

Dear Editor,

I would like to complain about the lousy service the U6 bus delivers.

As you know, there is no shelter at the U6 bus stop in front of N.A.I.T. which is bad enough now, but what about later when it is freezing cold?

Anyways, today I waited for an hour for the bus and a couple next to me, had been waiting for half an hour more. While you wait, you might as well think of how much extra you will have to pay your babysitter, your cold supper waiting for you (it could have been hot) and time wasted that could have been spent studying, relaxing, or work that just has to be done.

The U6 is suppose to stop every half hour. Today was not the first time that it was an hour late, yet if you complain to the bus depot, they tell you that the bus did not mark itself late, and even if it was so, "What are you going to do about it?"

The men at the depot that I spoke to, did not even have the information on how to have a shelter built there, or even, how to obtain quicker bus service in the required area.

There are a large number of us who wait for the U6. You can easily tell as we are the students with the drippy noses, constant colds, and usually have a sign that usually states "Please defrost slowly".

Blue lips

editor's

choice



DUE TO CRAMPAGE OF SPACE AND TIME, I'M NOT GOING TO WRITE A BITCH COLUMN, BUT INSTEAD, REPLACE IT WITH SOMETHING I'M SURE SOME OF YOU WILL FIND MORE INTERESTING.

Gordon A. Lanigan

it's over when.....

- You only read your own horoscope.
- The men's department no longer interests you.
- You don't check every licence plate to see if it's his car.
- You answer the phone in your normal voice.
- You don't spend hours browsing through greeting-card racks.
- You buy a dress YOU like.
- You leave the house without wondering if you'll miss a call.
- You find it isn't that tough to change a lightbulb, by yourself.
- You no longer pretend to like lobster (or caviar or snails).
- You can spend an evening alone, reading.
- Every starlet is no longer your personal rival.
- You stop clipping every cartoon you like.
- You run out of HIS favorite Scotch and reorder yours.
- His favorite chair isn't empty-- just unoccupied.
- You make a Saturday-night date on Monday.
- You're out dancing with a groovy-looking guy and couldn't care less when he walks in.
- You meet them on the street and don't drop all your packages and come unglued.
- You take another date to HIS favorite spot.
- You get a message HE called and you take your hat and coat off before dialing.
- You buy low-cal vegetables instead of goody little gourmet items.
- You order a hamburger with lots of onions.
- You plan your vacation a year in advance.
- You don't call your hostess to see if HE'LL be at the party.
- You can't recall the exact day you first met. Or kissed. Or anything.
- You hear his new secretary is wild-looking and you don't mind a bit.
- You find out you can work the Times crossword puzzle all by yourself.
- You let the subscription to The Wall Street Journal run out.
- You leave in the morning before the mailman arrives.
- You run into his best friend and don't act like some kind of nut.
- You realize his birthday was two weeks ago.
- You throw out the list of things you've been going to say to him when he calls.
- You can hear music on your car radio without becoming a traffic hazard.
- You start wondering about the marital status of new men you meet.
- You don't find new ways to drop his name into every conversation.
- His ex-wife sounds like a pretty likable person.
- You realize he doesn't even remotely resemble Cary Grant or Omar Sharif.
- You write your mother's name after "where to call in case of accident."
- You go back to eating by electric light.
- You get rid of the miserable rabbit he gave you for Easter.
- Wild horses couldn't drag you to another baseball game.
- You haul out the gaudy necklace he gave you and give it to your cleaning lady.
- Your gasoline bill is way down (because you don't drive by his house eleven times a day).
- You decide your next investment will be a warm, serviceable robe (because you're freezing to death in the sheer negligees).
- You can sit home all evening and not check to see if the phone is out of order.
- You realize his taste in ties was rotten.
- You toss his crummy lovebeads into the wastebasket instead of mailing them back with an adorable little note.
- You insist on getting back your extra house key.
- You see him at a party and he seems shorter.
- You switch from Gypsy violins to rock.
- You don't mind if he accidentally runs into the glamour-girl neighbour. As a matter of fact, you arranged and introduced him.
- You throw out that miserable pressed bouquet.
- Weddings make you laugh.
- You wake up sweating from a frightening nightmare about being married to him.
- You give up trying to send him thought waves.
- You couldn't care less whether he finds himself.
- You ask, "Who's this?" if he should phone.
- You decide his pet nickname for you is revolting.
- If he does call, you ask why he doesn't go out with the boys once in a while.
- You start wearing your glasses again.
- You decide you'd better continue with your career.
- You make a bikini out of the necktie you bought him for his birthday.
- You take a bath without \$5.95 worth of oils, scents, etc.
- You stop making lists like this!!!

THE GENERATED GAP

Let this pen and poem be the curse of awakening in the soul you once shared in love and have since strayed from

Let it be the shame of all the children you have ever seen and laughed with

For they in their generation are pointing shame at you in your corpulent corner with skeleton fingers and hate fired eyes

for you their parents their parents who have bartered love that they wanted to share for the leer of success

They

in the wisdom of childhood can judge the depths of your smiles and penetrate the veils of your deceit for they are still your innocence

They know the reasons they are cursed into the hell of escapism in hallucinogenic maelstrom and the needles of tomorrow They have left your comfortable homes before maturity for you disowned them in a communication loss of non-credibility

None are witness to their crystal tears streaking down road dirt cheeks for they hide their sorrow from your uncaring eyes as they shiver in the rain of loneliness huddled

in the wet ditches of your superhighways as they move further from your demands and search for each other in mutual agony to grasp at life in monetary lust or eternal addiction for want of love that you kept from them

Society's orphans haunted by, echoes of memory as they speed in kaleidoscope windshield of a television cadillac and half harken to the same story from another's father

defensively explaining why he hasn't found time to be with his family is because of responsibilities to meet his bills and remain affluent in order to give his children what he was once deprived of . . .



HYPNOSIS and YOU

by: DON PRICE

Dear Don:

I see that you not only disregard the principle behind hypnosis, but mostly that of spiritual healings. On different occasions I have been both hypnotised and healed through faith, and believe me, the two are opposites. You see, Don, there is a spiritual world, just as real as the physical world; in which dwell the powers of light and darkness. Light can overtake darkness if you turn it on, but until then, that power reigns. Now, hypnotism is of darkness (if you study the time of the laws of Moses). You'll see that God forbade witchcraft and strange spirits--it was an abomination--and still is. If you believe that the two are alike then tell me, how can a kingdom stand if it is divided among itself--it can't. Yet the powers of the earth are still here, and those above that. Hypnotism is a mind trip that seems very innocent, but then so did the serpent. It will get a spiritual hold on you, and soon, if not now, you'll be delving into simple witchcraft, (calling on spirits,

etc.). Then he'll have you where he wants you. This is a word of warning, Don. Don't be a fool, get down to reality and find out the "truth".

Concerned By The Love Of God.

Dear Concerned:

You appear to be quite devoted to a particular interpretation of the Bible and no one can knock devotion. Fortunately (or Unfortunately, depending on your need for exactness), there appear to be many interpretations of the scriptures. I know several ministers who are practising psychologists, and who openly admit to using hypnosis in psycho-therapy.

May I offer an alternate interpretation of your quotations. If you replace "the forces of darkness", with "their side", and "the powers of light" with "our side", then you've got the quotation: "When our side summons the inner strength of an individual for his betterment, we call it 'spiritual healing' and --it is good. When their side uses an individual's inner strength for

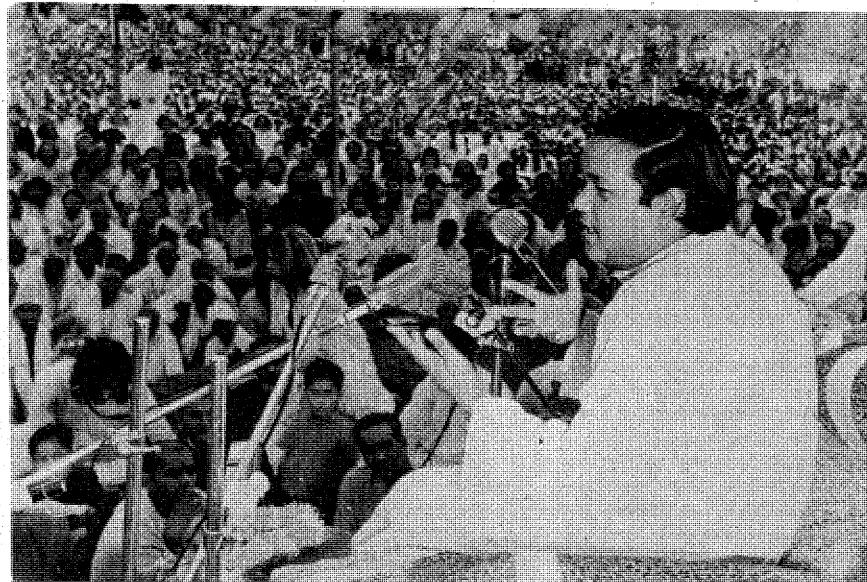
his betterment we call it 'hypnotism' or 'witchcraft'--and it is bad."

If you believe that hypnosis is witchcraft and bad, it is very probable that you would experience it as "opposite" to "spiritual healing" which is, presumably good. Is the difference innate in the two states or are the two states in fact the same with the difference being in your interpretation?

I do not think hypnosis can be considered anti-religious. It, like many things, is a natural phenomena, and only becomes good or bad when interpreted according to a given set of values.

I would like to close with my own quote from the Bible: "Whoever calls his brother 'fool' shall be liable to the fires of Hell". Matthew 5:22

Don.



GURU MAHARAJ JI

A group of five premies (lovers) here in Edmonton invite all to come to a satsang (discussion of truth) at their house at 12432-Stoney Plain Rd. every night from 7 to 9 p.m.

This group is a division of a Divine Light Center which started in 1960 and has developed, since then, rapidly with 10 million followers most of which are quite young.

Their leader, whom they believe is the "Jesus" of today is a fifteen year old Indian boy by the name of Guru Maharaj Ji, whom the believers call the Perfect Master.

The Perfect Master and his disciples teach their followers the four knowledges;

- 1) the Light
- 2) the Word
- 3) the Music
- 4) the Nectar

all of which are ways for the soul to recognize the energy of God.

All believe that everyone can find peace if they wish it, as

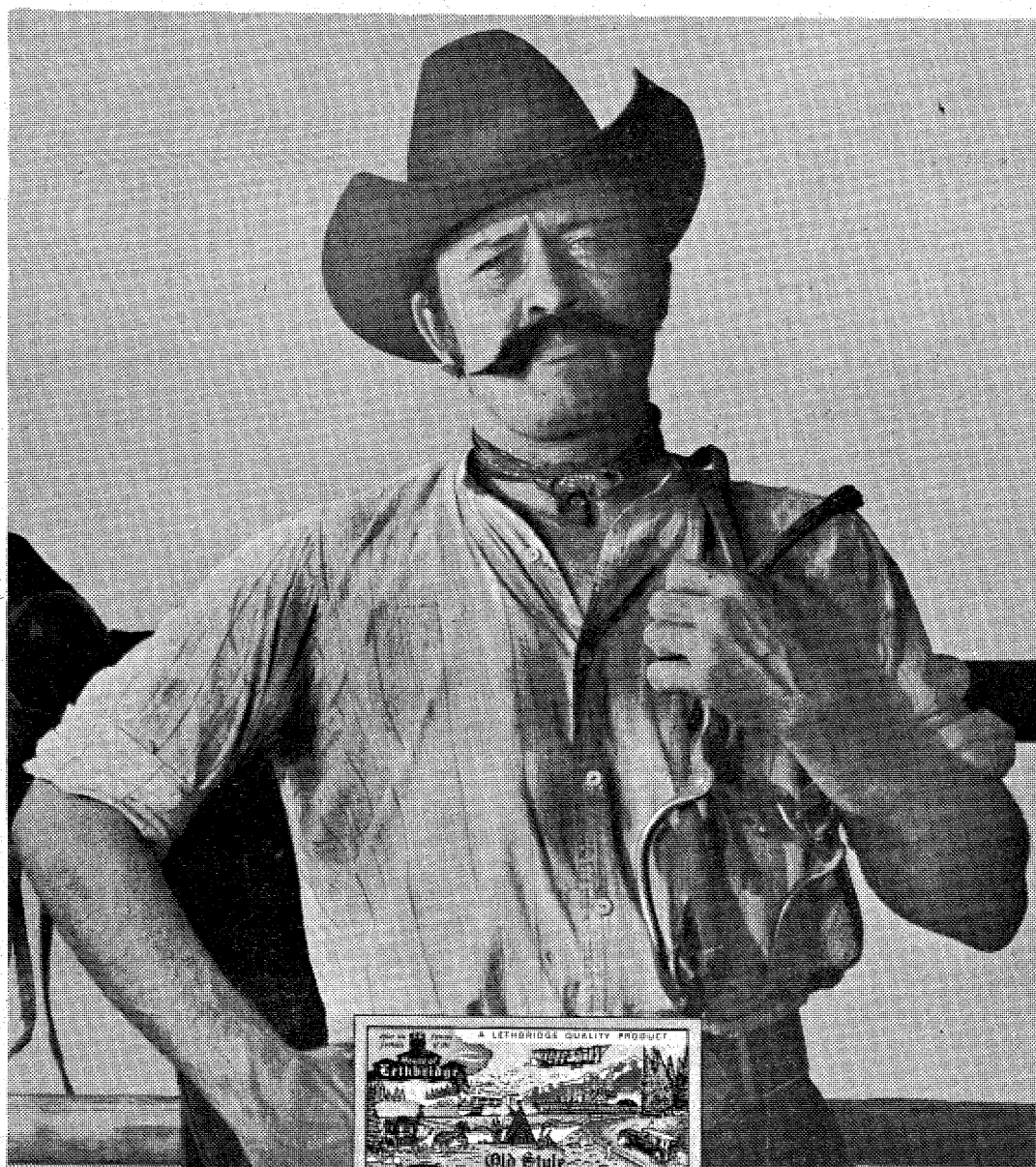
the soul of man is peaceful.

All five of the group have left for Houston, Texas, to the Millennium, 1973, a festival which is held on November 8, 9, 10, at the Houston Astrodome. They shall be returning within two weeks. Further information may be obtained by calling 488-5337.

In my opinion, this group does serve a need. The kids I talked to, believed in what they spoke, and appeared to be happy doing what they wished. They seemed at peace with themselves and content with each other. Food, for them, are vegetables, and smoking or drugs are frowned upon. However, they do not believe in hassling others.

One thing does really make me wonder, and that is the simple fact that in thirteen years they have over 10 million members. If ten million believe and if it is so strong financially (by donations) and since their aims are to clothe and feed can they do it? Or am I just a skeptic?

Diane St. Jean



his style

old style

A diet of dust, beef and beans sure gave a man a leathery thirst. And the best way to quench it way-back-then was Lethbridge Old Style Pilsner. It still is. For nearly half a century we've brewed it slow and easy for honest, old-time flavour. It was his style then, it's your style now. Round up a couple tonight!

TRADITION YOU CAN TASTE • FROM THE HOUSE OF LETHBRIDGE



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MILK CREAM BUTTER
SALAD CREAM AND COTTAGE CHEESE
A SPECIALTY

Serving Edmonton and district
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Good
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PARK PLAZA
118 Ave. & 103 St.
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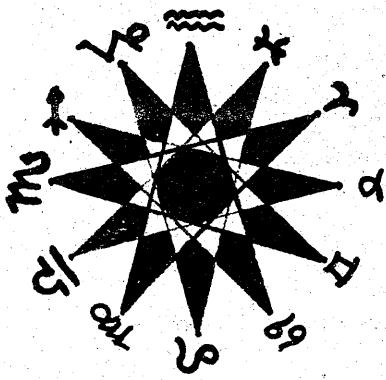
We Trade In
Pocket Novels,
Magazines, and
Comics at less
Than Full Price

Announcement

N.A.I.T. STUDENTS

Special Discount Arrangements have been made with
Plaza Tailors & Men's Wear Ltd.
For all NAIT students.

WITH PRESENTATION OF ID CARDS



Aries is adventurous
Taurus is amiable
Gemini is arty
Cancer is acquiring
Leo is arrogant
Virgo is analytical
Libra is artistic
Scorpio is adamant
Sagittarius is ardent
Capricorn is ambitious
Aquarius is alert
Pisces is adorable

ARIES: Reaction sets in on Thursday and Friday. You may be snapping and snarling without good reason. Get some rest. Week-end is a good time for socializing. Happy state of mind will continue most of next week. Friendships develop through shared interests now.

TAURUS: Accusations made don't stand up under scrutiny. Your reputation stands you in good stead and you get a good report from those that count. Delay trips, if possible, until next week. If not, then get an early start. Some difficulties with relatives pass after the week-end.

GEMINI: Friends need your help now. You can use your time and talent for their benefit. Be generous. Love can bloom in out of the way places. Employ economy and circumspection in financial affairs. Even if something looks like a good deal, where money is concerned, don't risk it. You would probably lose.

CANCER: Extra benefits in career area are in direct proportion to your individual effort. You have the energy to take an added responsibility now. Co-workers appreciate your patience and tact. They back you now. You can make dreams come true now.

LEO: Natural enthusiasm is reinforced. People are drawn to you. You can form new partner-

ships that are to your satisfaction and that have long lasting results. Law suits should be decided in your favour now. It is a good time to review the past and explore latent possibilities. **VIRGO:** Work goes well. Natural industry and attention to detail pay off. Ceremonies are important in some way. You will understand. Appreciate your true friends, no matter how enticing new friendships seem. There are deceptive influences at work.

LIBRA: You will get some opposition from those in authority now. Keep an open mind but if you are sure of your grounds, then stand pat. You will be vindicated. Tie up loose ends. Important matters can be settled now. If given an opportunity, speculate. Good dividends.

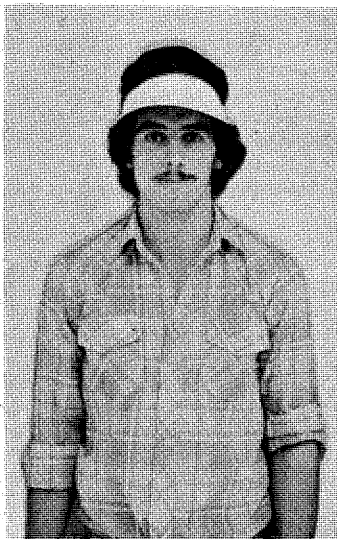
SCORPIO: You have a tendency now to take too much responsibility. Health can suffer from overwork. Delegate and take some time for meditation and personal relaxation. You could become involved in a mystery or uncover some underhanded activities. If you attract an unusual amount of attention, relax and enjoy it. **SAGITTARIUS:** Change in consciousness is due. Your moods as well as general affairs seem to go in fits and starts. Don't lean on friends too much even though they are willing. Self-reliance is the key to success now. You can form good relationships within your immediate circle.

CAPRICORN: Not a time for changes. Stick to contracts already made. Separations that come of their own accord are painless. You are in for a much happier time and better financial returns than has been the case. Cement true relationships. You have the advantage socially.

AQUARIUS: A turbulent and hurried week. You enjoy good health, renewed vigour and an extra dose of enthusiasm. The combination can be applied to any area of endeavor but take care accidents happen easily now. Be prudent where affections are concerned. Dreams tend to be prophetic.

PISCES: You are extremely sensitive to your surroundings and the moods of others. Impulse spending does turn out well but you could become too acquisitive. Enmity of others backfires in your favour. The inclination now is toward platonic friendships rather than affairs of passion.

pat's hat



PAT'S HAT

This column comes to you from beautiful Israel where the pyramids now are. Yes, come to Israel and see the Nile. Some people go there and never leave.

SCUBA CLUB:

Now open to all NAIT students (who have the bucks) is the newly functional under water club. See Professor Breshahan, E137 for all information. However you'll have to call HEAVEN to find out when that damn pool will open.

IGNORANCE:

As you probably know Ald. Bill McLean asked to have CHED Radio removed from the gallery. He complains that their representations of City Council meetings is childish. Let me add that from what I know Council meetings are too childish to even be broadcast. Perhaps a timeslot in Sesame Street might be more adequate. Poo Poo on you!

CONGRATULATIONS:

... to Susan McLeod (teller training) for snagging her first sweetie. How was the Warehouse? ... to Dana Rhodes (marketing) for hanging a moon down on 85 Avenue without getting caught with your proverbial pants down. Always ready that guy! ... to the NAIT Oopiks (hockey team). They waxed Olds College 18-0. But they took it on the hose against Mount Royal 7-6 in overtime. ... to all NAIT students in decline of Brylcreem sales over last year. But those pointed shoes, out, out, out! ... to Jill Douglas, NAITSA's sexy secretary, on her 21st birthday. (Love the new hairdo, Jill)

GOIN'S ON:

On November 8, a group of lovely maids will be selling poppy's, in aid of Canadian Veterans. No you can't smoke them ... the annual guide to a single NAIT student's social life (Phone Directory) should be out in November. It contains phone, address and picture of every person who has an I.D. card. One free to every card

holder. ... the girls of Dental Assisting are holding a box lunch on Wednesday, October 31, at 1:15 p.m. in room F6. Lunches go to the highest bidder and one girl goes with every box ... at the cabaret on Friday we had a new drinker. He wasn't very rowdy and just sat there snuggled up to Donna McLean. Thank you Mr. Carter. ... a Slave Auction of Dietary cakes netted that club about \$35. The best slave went for \$8 at the price of meat these days that's a great deal. But it is too bad you couldn't buy choice cuts ... went to Denis Pretruk's stag (72 V.P.) on Friday night. God are those things gross. Five of the stag films were normal but the one with the dog had to be unique. ... Court Reporting Tech. who just formed a new club were asking how they could make money. Not too smart, with 30 girls something should come up ... The NAIT radio station CHNR always rises to the floor when someone knocks their music but word is that they listen to CHED on their own interoffice radio. Can't take it either ... Watch for those on the spot liquor breathalyzer tests which will be set up on city streets, starting Nov. 1.

HEAVY DUTY:

... Store isn't sleeping at home regularly.
... A bank teller has a swollen belly.
... A secretary turns up at a stag.
... A student president has alcoholic tendencies.
WHO CARES?

DEAR DEBB,



Dear Debb:

My mother is driving me out of my head. It seems that I can't do anything right and she hates my boyfriend.

My father is never home and when he is, he's in no shape to settle a difference.

I would like to move out but, finances are very poor and I'd like to continue my education. I definitely need help.

Barb

Dear Barb:

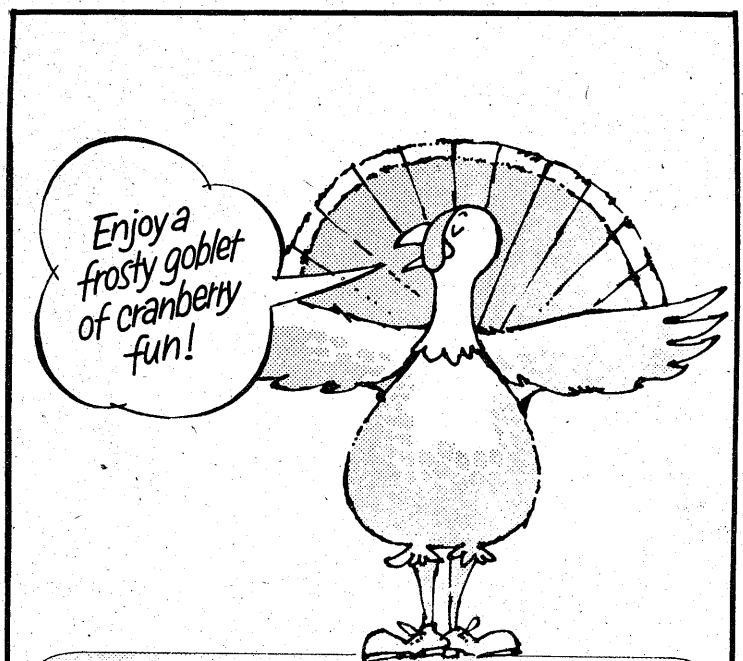
I agree with your last sentence completely. Have you tried talking to your Dad? Perhaps if you could just sit down and tell him straight what's happening you might be able to see clear again. I really don't know what else I can tell you but, whatever the price, don't sacrifice your education for a parent who doesn't care less. Good luck, I think you'll need it. Let me know how you make out.

Love Debb.

THE PERFECT GENTLEMAN

He always brings the right flowers.
He never is late for a date.
He never shouts at his girl friends,
Or uses expressions they hate.

He treats every girl like a lady.
He always asks her, to see
If she will permit him to kiss her...
Dear Lord, save me from one such as he.



Cold Turkey
Sparkling red
Wine Cocktail
from
JORDAN WINES

TELECOMM. RALLY

A rather small yet exciting car rally followed Architecture's Chase 11 on Sunday, sponsored by the Telecommunications Club, in conjunction with the associate members, the Medical Typists Technology.

This was a 14 car rally that went through the ups and downs of a rough 85 mile route. The first car left the Capilano Shopping centre at 12:00 noon, and zoomed its way out into the race. There was however a lot of confusion in the first part of the race, and that was getting out of town, 18 made it out without much difficulty and the rest had it tough, but alternately made it out of town into the dirty roads.

The route was however not bad, the weather conditions were very suitable, and this made driving easy for the competitors.

The rally was not marked by any unwelcome incidents, except

for one accident where one driver went into the ditch, and he got out without much difficulty after getting a push from one of the fellow competitors.

It all ended up at the Sturgeon Valley Campsite with a party that lasted about two hours, but there wasn't much enjoyment for the organisers who sat in one of the cars calculating the points to determine the winner.

Unlike last year's rally, the first and second prizes went to members of the Telecomms club, and the biggest of them, the "boobie" prize was not allowed to escape the Telecomms club members.

Trophies were presented to the winner and the big boobie the following Wednesday by the president of the club (Tim Clarke) at a Telecomms meeting. These trophies were donated by the generous Pace Maker Co.

Dr. J. Lampard
optometrist

TELEPHONE
474-6237

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instructional media center room j22

a student services division
NEW CONCEPT
from
the nait audio visual center



I.M.C.

An Instructional Media Center has been established in room J22 in an attempt to provide staff and students better access to the facilities of the Audio Visual Center, and a location equipped for the production and viewing of Audio Visual Aids.

Past graduates of NAIT are finding that they are expected to be somewhat competent in presenting technical research reports, giving verbal sales promotions, conducting training seminars and many other oral presentations. In addition, many large organizations such as AGT have established classrooms and lecture theaters equipped with the facilities for backing these presentations with Audio Visual Aids.

A growing acceptance of these aids within industry and education has placed on the technical school graduate the responsibility of knowing how to produce and use this communications medium. Recognizing this need, the effective communications section has incorporated into their classes a section on the use of Audio Visual Aids.

The Instructional Media Center, or IMC, to a large degree is designed to meet the demands of this new program. Facilities are provided for producing overhead transparencies either directly on acetate sheets or on a paper format to be run through machines producing a finished permanent projectual. A Goodkin enlarging camera is available for enlarging or reducing any original. A photographic copystand for producing 35 mm slides from text pages, drawings or almost any original is provided complete with camera and equipment (All supplies must be purchased from the NAIT bookstore).

A large print typewriter, transfer lettering and large-sized lettering devices are provided for making transparency masters, slide masters, diagrams and titling.

The IMC also provides vocal and visual self-evaluation facilities. The listening room is equipped with a reel to reel and a cassette tape recorder for listening to the prepared tapes, preparing and evaluating a presentation. Video tape facilities are provided (by advance reservation only) for viewing prepared video tapes or for taping and reviewing a presentation.

Charts and booklets are in the preparational stages explaining the most effective ways of producing and using audio visual aids. These will be made available as they are completed.

A third function of the IMC gives students access to the nearly 3,000 prepared aids on file in the Audio Visual Center. Equipment in the viewing room handles 16 mm motion pictures, super 8mm filmloops, slides, filmstrips and overhead transparencies. Films and other aids may also be requested from free loan libraries outside of NAIT for group or individual viewing.

The IMC and its facilities are made available to both students and staff on a first-come-first-serve basis. Access to the center is available on request at the Audio Visual Service Counter, room J21. The center is open from 8:00 AM to 10:00 PM Monday through Thursday.

The Audio Visual Center staff is available to answer questions, and they will give you any assistance they can. Anyone interested in seeing what is available is welcome. Guided tours of the center on a class basis may be requested by your instructor. The tour takes approximately 30 minutes, and most of the facilities are demonstrated or discussed along with a brief outline of the best usage for the various aids.

The value of the Instructional Media Center, as with any Institute service, is the use you make of it.



The 16mm motion picture viewing machine provides individual or small group viewing of movies without disturbing others in the area.

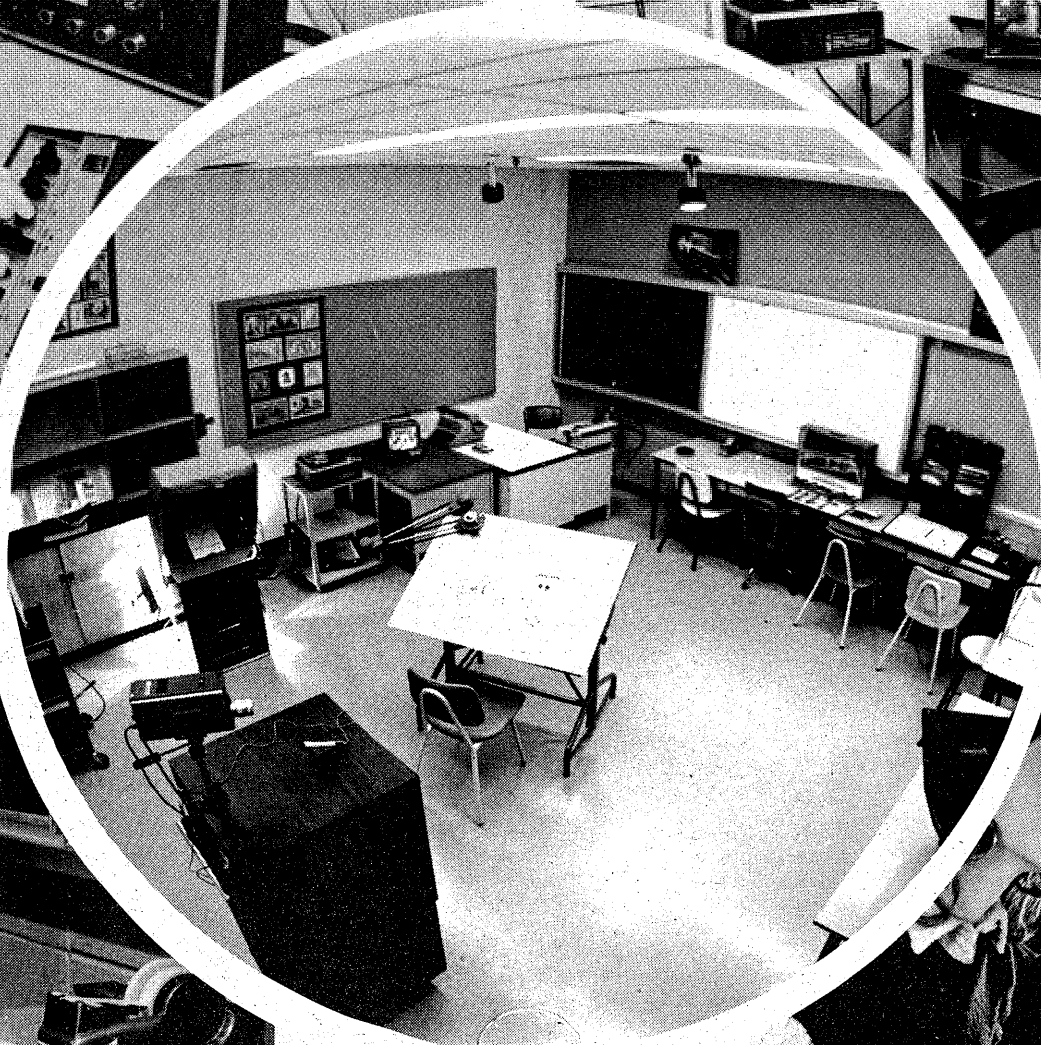
The Goodkin enlarging camera allows enlargement or reduction of printed originals in line sketch format.



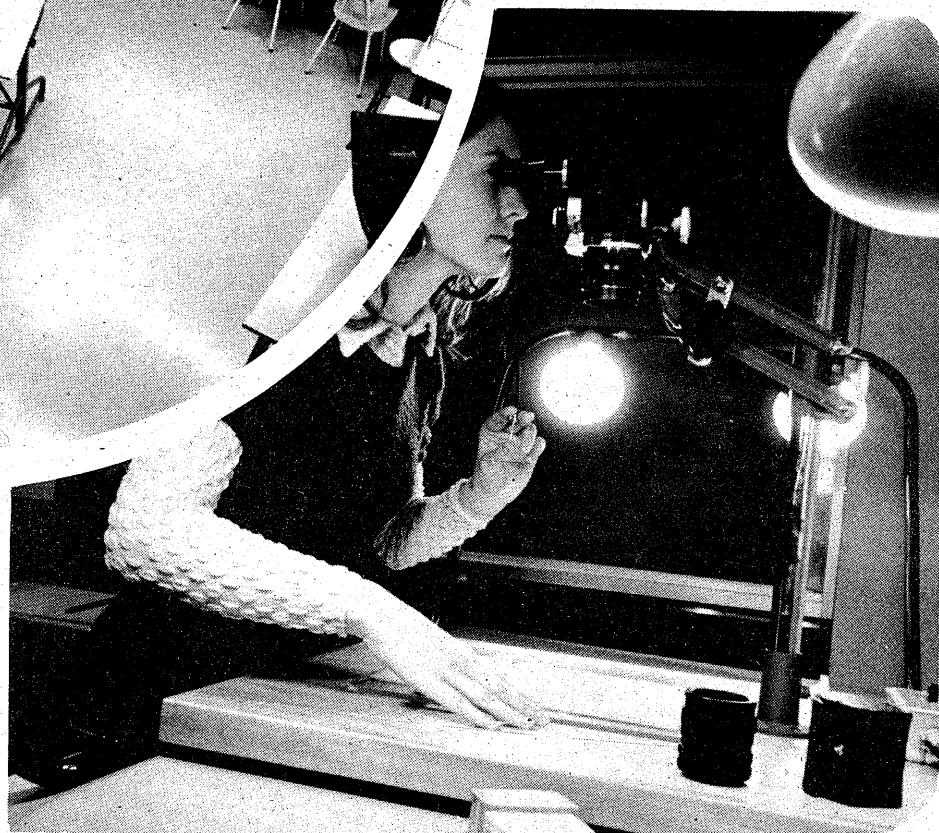
The listening room allows tape duplication, voice evaluation and private listening to recorded tapes.



Video tape facility provides self-evaluation of presentation techniques.



Stencil lettering devices can be used for signs, charts, or displays.



Photograph copy stand changes any printed original into a 35mm slide.

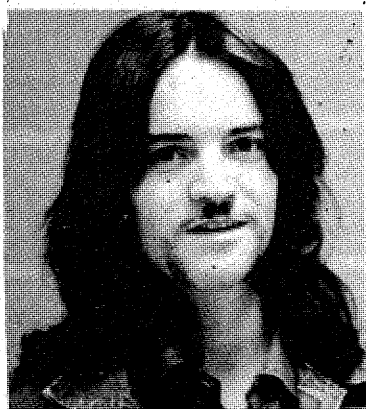
Services available directly to students:
....a full range of equipment, video tapes,
16 m.m. projectors, slide & film strip
projectors tape recorders, cassettes,
tape duplicators for your use
in the center.

You may get the following
Supplies from the Nait book store
for use in our center; acetate
sheets, pens, 35 m.m film,
letra set, paper, cassettes
plus much more. If you're
interested come on down to the
Audio-Visual dept. and look around.



some opinions of the cafeteria....

Last Thursday, I ran around the institute "interviewing" students in reference to the Nugget's opinion survey (2 papers ago) about the cafeteria food here at NAIT. Expressed here are the opinions from some of the people I talked to:



Randy Alpaugh, 1st year Biological Science.
Do You Eat In The Cafeteria? everyday.
Did You Read The Questionnaire? No.
Have You Noticed Any Changes? The food is better, but they don't clean the tables off and the lineups are too long, they could use more cashiers. Other than that, it's OK.



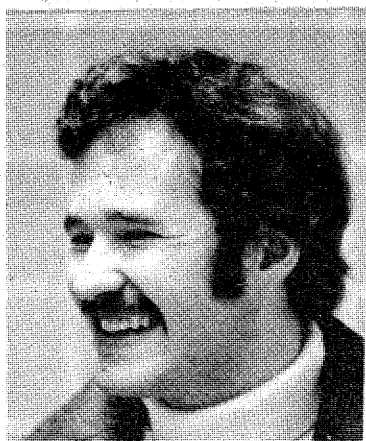
Caroline Sullivan, 1st year Photo. Tech.
Did You Read The Questionnaire? Yes.
Did You Notice Any Changes In The Last Two Weeks? No, none. The service is still slow, there's always a 15 to 20 min. wait. The food, if you're early, say, at lunchtime, is OK, but later is greasy. The hamburgers are soggy from too much relish on them, the grilled cheese is the best. The coffee is rotten. The price? Reasonable, you get what you pay for. The cashiers are polite. The tables are messy, which is the students fault.



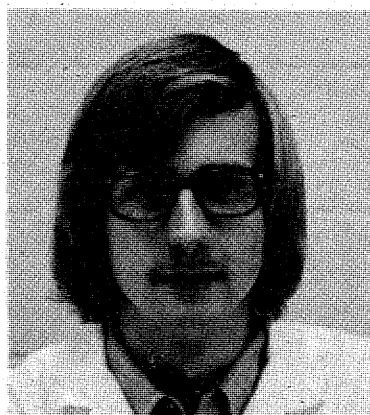
Norm Bruneau, 2nd year Photo. Tech.
Did You Read The Questionnaire? Yes.
Have You Noticed Any Changes? The food is about the same and the service is still slow. The caf. seems cleaner though. "Oh you're talking about the NAIT caf.? Sorry, no change!"



Art Van Loo, 3rd. year Parts Appren.
Were You Aware Of The Questionnaire? No.
Do You Eat In The Caf? Yes.
Have You Noticed Any Changes? The food was better last year. This year, the prices are higher, the service is slower. The lineups are crazy, there are three lines on one side, all jammed, and it's easy to end up in the wrong one. There seems to be an antisocial atmosphere. And plastic forks, that's crazy! They're always cleaning the tables when you're trying to eat. My biggest gripe is the bad service.



Wayne Teskey, 2nd year Admin. Management.
What Are Your Opinions Of The Caf. Food?
The coffee is good. I have no complaints about the food. The lineups are bad around 12:15, so I usually go back later when they're not as bad. The caf. cleanup is good - it's cleaner than the tower lounge!



Merle Prosofsky, 1st year Photographic Tech.
Do You Eat Cafeteria Food? Yes.
Did You Read The Nugget's Questionnaire On Cafeteria Food? yes.
Have You Noticed Any Changes In The Last 2 Weeks Since The Questionnaire? yes, there seems to be a better variety of food, and the cafeteria seems to be kept cleaner. Also, the lineups seem faster.



Jane Weber, 2nd year Secretarial.
Were You Aware Of The Questionnaire? Yes.
Do You Eat In The Cafeteria? Just coffee during the day.
What Is Your Opinion Of The Food?
The evening food is terrible, really bad. I'm told that it's better during the day. Perhaps at night, it's leftovers.
Have You Noticed Any Changes? It's been no better in the last two weeks, perhaps it's a bit worse. Service in the evenings is good, but there is no variety. The quality of the food is bad for the price. You can eat in a restaurant for about the same price, and get good food. Here, it is supposedly non-profit.



Ross Hutchinson, 2nd year Photo. Tech.
What Do You Think Of The Caf. Food?
The food is great, above average. (better than the Marion Centre.) But it's too expensive. The service is great - Marion (one of the cashiers) should get an award!



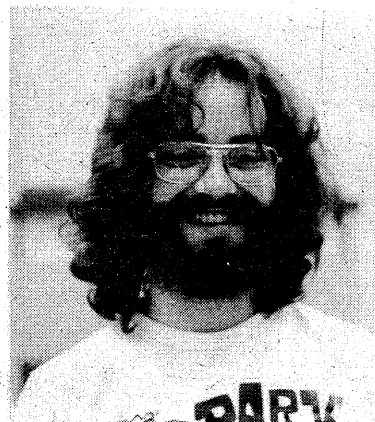
Rodney Jones, 1st year Electronics.
Were You Aware Of The Questionnaire? Yes.
Do You Eat In The Cafeteria? I ate there one time.
Do You Have Any Comments About The Caf. Food?
It's OK food; lots of variety. The lineups are slow, but you can't avoid that, or the prices. I can see the reason for the hassles, but I'd just as soon bring my own lunch. I've noticed no changes in the last two weeks, nothing astronomical, except perhaps a decrease of people eating in the cafeteria.



Bev Johnson, 1st year Acc'g and Finance.
Did You Read The Questionnaire? Yes.
Do You Eat In The Cafeteria? Occasionally.
Do You Have Any Comments Or Complaints About The Caf?
No, not really, except for the lineups. It's too small in the servery, so it's slow. And I think more people could clean up after themselves in the cafeteria.



Derrick Underschultz, 2nd year RTA.
Did You Read The Nugget's Questionnaire? Yes.
Do You Eat In The Cafeteria? Yes, everyday, through necessity only.
Could You Specify On That?
It's the same "THING" day in, day out. The prices are no cheaper; the majority of the quality of the food is not good. The lineups are bad, and there is no sitting room in the caf. However, it is relatively clean. Why Do You Eat There Then? Because it is close, is the only reason.
Do You Have Any Suggestions? They could put the suggestions down, for example, 15¢ for a glass of juice is really expensive. And they are supposed to be non-profit.



Phil Steingraeber, 1st year Photo. Tech.
Were You Aware Of The Questionnaire? No.
Did You Eat In The Cafeteria? I ate there once, but wasn't impressed. It's expensive compared to the University. The food is passable. I don't think much of the table service. The rest is alright. I like the signs. I haven't noticed any changes, the lineups are still slow.

no picture

Glen Edwards, 2nd year
Photo. Tech.
Were You Aware Of The Questionnaire? Yes.
Do You Eat In The Cafeteria? Sometimes, it's too expensive and you have to wait too long to get the food. Most of the food is bad, except for the grilled cheese line. I've noticed no changes. The milk could be cheaper.



Angus Bosenbury, 2nd year
Photo. Tech.
Did You Read The Questionnaire? No.
What Are Your Comments About The Caf. Food? The food is really bad, it's too cold and too expensive. The service is sub-standard and the caf. itself is filthy, and is getting dirtier and more congested.



Doug Atam, 2nd year Admin. Man.
What Do You Think Of The Caf. Food? I think the food is garbage, but the coffee is good.



Esther Warner, CASHIER.
What Do You Think Of The Food Prices? We get a lot of kidding about the prices, but they are not bad. It's not our fault prices are up, but it's still cheaper than other institutes and university. I like my job here, the students are friendly, and the work is a real pleasure.



Chris Newell, 2nd year
Photographic Tech.
Do You Eat In The Cafeteria? Occassionally.
Were You Aware Of The Questionnaire In The Nugget? No.
Have You Noticed Any Changes? No.
Have You Any Comments Or Complaints? It's ok food for the price. I have no complaints. You can't expect restaurant quality because they are just students like everyone else. I'm not that unhappy about the food. Service? It's slow sometimes. It's not efficiently set up, but that's not their fault.

no picture

Charlette Todd and Connie Larsen, 1st year Vet. Science.
Do You Eat In The Cafeteria? Yes, lunches.
What Are Your Comments About The Food? It's too expensive. The food is bland-not flavor. There is a good variety though. The service? It could be better. It's too slow. They could open both sides during the busy hours. Do You Think The Caf. Is Clean? The caf. area is messy, but that's the student's fault. Everyone could put away their own tray. Some of the cooking students are untidy looking. The cashiers (2 or 3 of them) are really pleasant But there's not enough brown bread (whole wheat) sandwiches. (Charlette threw in that the prices were OUTRAGEOUS!)



Marion Saren, CASHIER.
Did You Read The Questionnaire? Yes, it was not nice, really unfair. Nothing can be done about the lineups unless there was another cafeteria, or unless classes came out at different times. The prices are not high. There is no money off it, with the increase in food costs. You can't eat this cheap at home.

...I found that most students were not too happy about the prices or the lineups. Few offered any suggestions. Most thought the food itself is good, and few noticed any real changes within the last three weeks, (since the Nugget's survey). I also found that a lot of the people I talked to were unaware of the survey...I hope you'll read this!

rhea skoczylas

HERE'S YOUR ANSWERS

Before you read this article, did you care about the prices, service, food, etc?

YES.....111 NO.....28

now that you have read this article, do you care?

yes.....129 NO.....6

ARE YOU WILLING TO DO SOMETHING ABOUT THE SITUATION?

YES.....129 NO.....3 DON'T KNOW.....5

what are your major complaints about the cafeteria

BAD FOOD.....45 OK FOOD.....5

BAD SERVICE.....62 OK SERVICE.....4

BAD PRICES.....87 OK PRICES.....3

Are you willing to boycott the cafeteria?

YES.....122 NO.....9

DO YOU THINK THIS QUESTIONNAIRE WILL HAVE ANY EFFECT?

YES.....88 NO.....11

Comments for and against, by the students...

There is too big a difference in prices over last year that most 1st years wouldn't know about.

I believe further investigations should be made into the cafeteria.

It isn't set up well - when you have to stand in so many different lines.

Long line ups, that's why I don't care to eat there, also the prices are beyond my budget.

I hardly go there now anyway because of the service.

One point in the favour of the cafeteria is you can get change when the stupid machines down in E-Wing don't work.

I wish I had a non-profit organization like this.

Prices are not too bad, quality and quantity are ridiculous.

I don't think we should boycott, are you suggesting we starve?

Compared to the University, the food is greater, but in some incidents, the service is slower and inefficient.

Lets do something before we have a fatality.

University Cafeteria has cheaper better food, no lineups, and the cashiers handle more of a load than 4 can here. What's the Deal?

I would like to attend one of the parties. They must be good considering the profit.

I've been boycotting for the last month.

Let's have a sit-in.

Should get free jam, free gravy and ketchup and free coffee refills.

Food is expensive and tastes like my socks.

Competition or boycott seems to be the only way of improving this type of situation. Competition doesn't seem possible so why not.

I think there should be some drink and candy machines on the 2nd floor too.

The cafeteria should be a benefit to the students and not just to the Profiteers!

The last hamburger I ate just about killed me.

For students who require loans, just to spend it on food here at Nait, makes it nearly impossible to make ends meet.

My comments are too long to enter in such a small space.

On juice the price is 15¢ for 4oz. At retail prices a 48 oz can cost 50¢. They make \$1.30 profit on a can and that's at retail prices.

Filling this out makes me hungry.

Service is OK, foods OK, but not the prices.

How about lowering the vending machine prices too.

Shouldn't pay 5¢ for JAM.

Lower prices, better service, use coffee only once, no dish-water.

threaten to write CARE CANADA for food parcels.

LET'S FEED THE PEOPLE

I already have boycotted the cafeteria.

Their speciality should be TUMS and ALKA-SELTZER.

Cleanliness leaves something to be desired.

This article wasn't justified, seems there was more complaining than actual facts.

Having to get something in one line and then go to the end of another line for something else, somehow bothers me enough not to go at all.

The prices are good but the cafeteria is too small to hold so many people. I think this questionnaire was a wasted subject, no one gives a shit.

The food is fine and the price is justified, where else can you buy a full course meal including soup for approx. \$1.20.

My complaint is paying 15¢ for coffee and tea and not getting refills.

Kids don't think about nutrition enough.

FROM THIS QUESTIONNAIRE, I HAVE NOTICED THAT MANY PEOPLE WEREN'T AWARE OF THE RIP OFF IN THE CAFETERIA. NOW THEY DO. YOUR REACTION TO YOUR PROBLEM, WILL BE NOTICED IF YOU CHOOSE NOT TO EAT IN THE CAFETERIA. HELP YOUR OWN CAUSE. IF A REACTION IS SEEN, A TOTAL BOYCOTT WILL BE ORGANIZED. DON'T EAT CAFETERIA FOOD ON

TUESDAY, NOV. 6th BETWEEN 11 a.m. & 2 p.m.

FOR YOUR ENTERTAINMENT

VIBRATIONS. WHAT HAPPENED TO THE LUTE?

THE LUTE

No relation to the object of a bank hold-up, the lute is a close cousin to the guitar. The lute also known as a theorbo and a chitarrone, was introduced to Europe in the 1200's from the Arab culture. They held a position of the seventeenth century. By the end of the 1400's the lute had been Europeanized. The playing style was done with fingers only and the tuning had varied to suit personal taste. The man credited with making the best lute and the most loot during the 1500's in Europe was Luke Maler in Bologna; the center of lute making. The man who taught him how to make the lute came second. Italy was undeniably the lute producing capital of Europe, although Germany and England also made lutes. Unfortunately none of the English variety had survived. As time went on, the lute was adapted, converted in design, and some ended up as make-shift guitars. And history begins.

THE GUITAR

A guitar is much like a piano so far as popularity add versatility as a musical instrument is concerned. It's the instrument you played on your doorstep; painfully plucking out the chords to "House of the Rising Sun". It's the same instrument that, when amplified, allows a select few to play the same song over and over and receive several thousand dollars doing it. Almost every band in the world has one; acoustic or otherwise. There are untold thousands that adorn dark corners of dens and basements in amateur musicians homes. Quick draw McGraw had one. Bob Dylan has one. And Andre Segovia probably has a score of them. What follows is where it all began.

THE EARLY GUITAR

Besides producing the world's only spaniards, Spain is credited with being responsible for making the first guitar of major historic importance; the Spanish vihuela. The vihuela was highly revered in the music of the Spanish court

between the late 1400's and 1500's. At that time the lute held a similar position in other countries. As of 1966 only one vihuela was known to be in existence.

Another type, the Spanish guitarra was considered the guitar of the period. It had a lower musical status and was smaller. There were several descendents of it, varying from region to region throughout Spain. For example there was the triple a small treble guitar, another machete from Maderia, had four or sometimes five strings. It is said to be the parent of the ukulele. At this point in history guitars were not being made six strings. Until the seventeenth century strings on guitars were made of gut and overspun silk.

Since Spain was the leader of guitar production other countries could do little for the time being but follow suit and then adapt the instrument to their liking. For instance, the French design of guitar was characterized by the narrow body and waist, and frets made of gut. A common construction in the seventeenth century was a high vaulted back, longitudinal ribs to give the effect of deep fluting. This method of building guitars flourished in Italy, France and Germany until the beginning of the eighteenth century. Sonorously speaking, these guitars were next to perfect but they structural strength. French and Italian guitars in the seventeenth century were sought after as collector's pieces rather than as a musical instrument to be played. These collector's items were complete with intricately constructed roses, tiered ivory and parchment elements and a heavily inlaid neck. Mass production was unheard of at this point in history. As a result any guitar produced was handmade. Heavily inlaid neck and Only a small number of people in Europe were capable of building the kind of guitar that is held in esteem to this day. By the middle of the seventeenth

century the leading guitar maker was a Frenchman known as Voboam. In Italy the leaders were the Sellas and the Stravari workshop. These men instituted changes such as frets in the eighteenth century and the conversion to six string instruments.

wire strung guitars-1600's

One reason for initiating metal strings on guitars was the advantage of being able to play them for long hours in the hot sun. One of the first guitars built with metal strings, the Portuguese 'Braga guitar' (viola braqueza) is still being made today. Another popular guitar of the period was the Italian chitarra battente. An interesting fact about these guitars is that they were rarely signed. If they were it usually meant that the guitar had been converted.

UP-DATED GUITARS

The guitar industry was quiet in the middle of the eighteenth century; probably due to the fact that they hadn't invented amplifiers by then. Spanish guitars were selling well. There was an escalation of change in design during the last 20 years of that century. The measurements of the newer guitar, taken across the instrument, were reduced in comparison to the older models. At this point in time, the most creative period in the guitar's history began. Linings made of paper were replaced with wooden strips or rows of triangular blocks. Soundholes were usually left vacant. An important change that happened before 1800, was the move from double courses to six single strings; as the basic guitar is now. Then by 1800 the shape of the head was changing to a figure eight design. This was not a new idea, just a little more pronounced. Through time the guitar's belly was flattened out, the construction of the soundbox was varied and wooden frets were being used.

Thanks to people like Monsieur Voboam and Quickdraw McGraw the guitar has become the most popular and practical instrument today.



MUDDY WATERS

Godfather of Blues

"There's never any doubt who's boss. On-stage he's a transformation of his gentle docile 'There's never any doubt who's boss. Muddy Waters is in total control. On-stage he's a transformation of his gentle off-stage personality. He's a young man again and he's transported by the life-giving, soul-shaking blues...the crowd roars...He hesitates...They roar some more"

Dick Nichols/Rolling Stone "More," roared the crowd of 10,000, the largest and loudest to jam the city's On Stage Downtown concerts this summer"

John Schulan/Baltimore Evening Sun

"Only the Rolling Stones' concert in Sydney has been the equal in audience excitement and participation in my experience"

Robin Usher/Canberra Times Australia

"Muddy and his men played with controlled exuberance that suggested disciplined violence. The band was as tight as one of the strings on his slide guitar...Muddy Waters is the King of dirty blues, down-home blues, funky blues of straight blues"

Time Magazine

"The crowd was waiting for Muddy Waters, one of the great and authentic blues voices and Waters and his band did not disappoint"

Allen Levy/Record World

"One wondered if we would ever have seen the Tolling Stones or even artists like Chuck Berry and Elvis Presley were it not for (Muddy) Waters"

Gary Fites/Sunday Mail /Australia

"The blues folles on uncommon...The blues rolled on uncommonly promisingly with the Chess artist's voice and definitive guitar floating and stinging over the tolling power of his backup group"

Ian Dove/Billboard

"Since true blues, like the Delta currents, are never the same twice, the master bluesman renews them each time they run through his bottleneck guitar"... Aida Pavletich/Hollywood "His offerings seem as rich as the proverbial bottom land in the Delta"

Jose/ Variety

"Muddy Waters is an original"

ESO CONCERT no.2.

On October 20 and 21, were the second in this seasons major concerts by the Edmonton Symphony Orchestra. Once again, all present were treated to a satisfying mixture of pure professional polish and uplifting spirit.

Guest artist, cellist Janos Starker was quoted in the program notes as saying, "the basis of my style is discipline. I feel a professional always must be able to perform at 85% of his capacity...the remaining 15% should be a matter of inspiration". While Mr. Starker's discipline leads him to teach extensively at Indiana University, his 'inspirations' make him a superb performer. I was impressed with his controlled mastery of the "concerto in B Flat" by Boccherini without the tightness one might find in such a disciplined artist.

The ESO's string players had

a chance to demonstrate their ability in Benjamin Britten's "Variations on a Theme of Frank Bridge". This 20th century composition exploits the total resources of a string orchestra and the ESO rose to the challenges. The theme is put thru amazing changes in the variations- ranging from a Debussy-like slow movement, a dance, a march, a pseudo-Viennese Waltz, a funeral chant and probably the highlight-a parody of a showy Italian aria "sung" by the first violins and accompanied by the guitar-like (delightful) strummings of the other strings.

A "Rococo", meaning in this case old fashioned, theme and variations by Tchaikovsky was like a comfortable chair- none of the upsetting changes one often gets from this composer.

Beethoven's "joyous" 2nd Symphony in D major finished a very "up" concert. As an

added bonus, the Alberta Art Foundation had a display of all Alberta art in the lobbies. This foundation, funded by the provincial government buys and displays art by Albertans to foster an appreciation of the many and diversely talented artists we have in Alberta. Pride in my heritage and home here was my foremost emotion as I viewed the painting; rural scenes, harvesting, the mountains, and sculpture and pottery on exhibit. This foundation is a very valuable contribution to our cultural life- if we get out and see the exhibitions! Dennis Galvon.

AT THE ART GALLERY

just before the war.

October 20 - November 18, 1973.

Urban America from 1935 to 1941 as seen by the photographers of the Farm Security Administration. These works by Ben Ahahn, Dorothea Lange, John Vachon, Russell Lee, and more, add a new dimension to the outpouring of federally supported art during the NEW DEAL. While they were primarily meant to document the work of the Farm Security Administration, the photographs are often works of art - unforgettable images showing how people looked at each other during this period of economic disaster and unemployment.

Screen Scrutiny

"You have the freedom to be yourself, your true self, here and now, and nothing can stand in your way."

Jonathan Livingston Seagull

These words from the world's best-selling novel by Richard Bach bring into sharp focus the intense and extraordinary determination that compelled Producer Hall Bartlett to seek out and subsequently finalize the production of the film "JONATHAN LIVINGSTON SEAGULL."

This extraordinary film will be released all across the country on Christmas Day.

The beginning of the amazing, almost predestined endeavor, began one night about eleven years ago when a young flier who was also a writer was walking along a canal in fogbound Belmont Shore, California. Suddenly he heard a voice say distinctly: JONATHAN LIVINGSTON SEAGULL. As though under orders, Richard Bach went home, sat down and started writing a story that seemed to be unreeing in his brain like a motion picture.

Bartlett proceeded to outline his concept of the way the film should be made, explaining that the story was so important to so many people that it had to be filmed with the complete

fidelity to the novel.

Neil Diamond has written the music for "Jonathan Livingston Seagull". The movie is a story about love and the power of imagination to soar to its highest cloud. It is a film that breaks all the chains that bind you so you can be free.

AMERICAN GRAFFITI

A low budget Techniscope color film at the Varscona begins with a sequence that revolves around Mel's Hamburger Drive-In, the towns most popular, and only social spot.

Here we meet Steve, high school president and all round great American boy; Curt an indecisive, obliging loner; John the tough high school dropout and local racing champ; and Terry, a younger buffoon. AMERICAN GRAFFITI cheerfully conveys the separate and sometimes related vignettes which recount the nights adventures.

Rock and Roll music, chosen more for atmosphere than for accuracy, appropriately accompanies GRAFFITI from beginning to end.

Haskell Wexler's haunting photography combined with George Lucas' knowledgeable direction, makes AMERICAN GRAFFITI an enjoyable and interesting experience.

Denis Giolet.

DENIS!! Call Dennis Galvon at 488-5837 Re: shows, etc.

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• Quadrophonic 4 channel system

THE ELECTRONIC BUG HOUSE

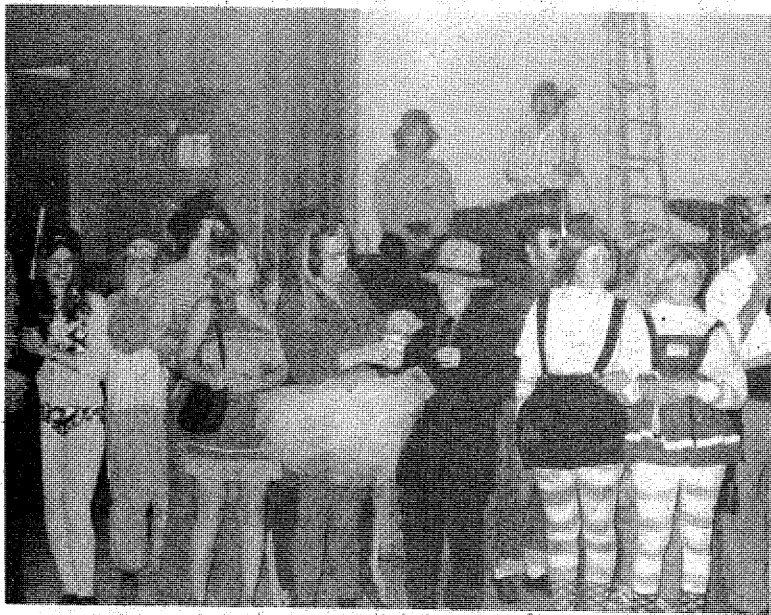
QUAD CENTRE

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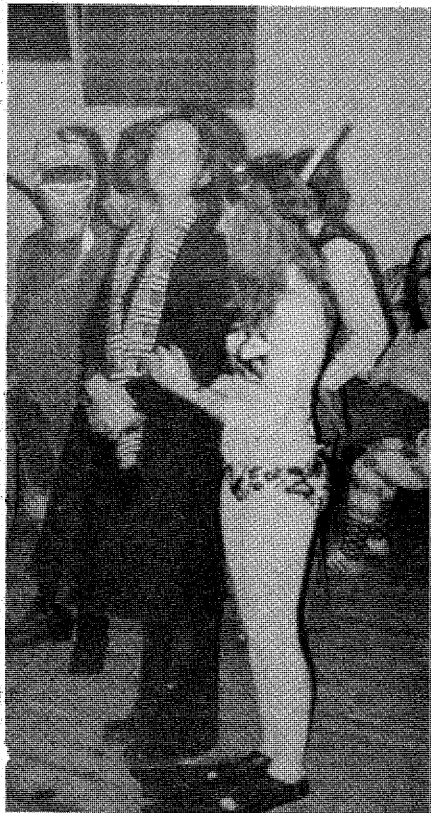
BARGAIN CENTRE

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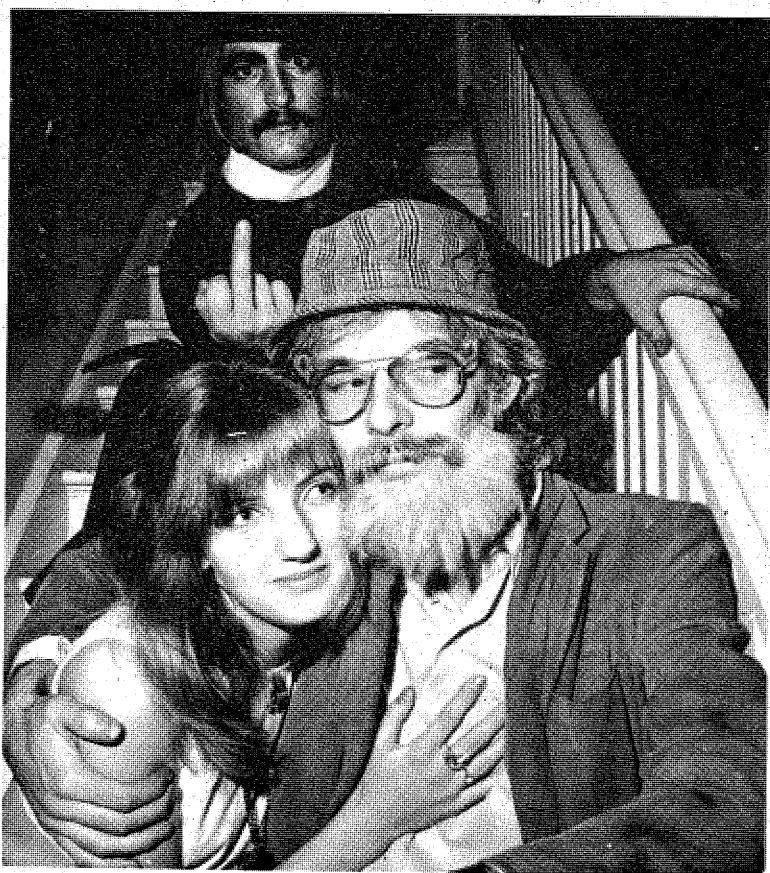
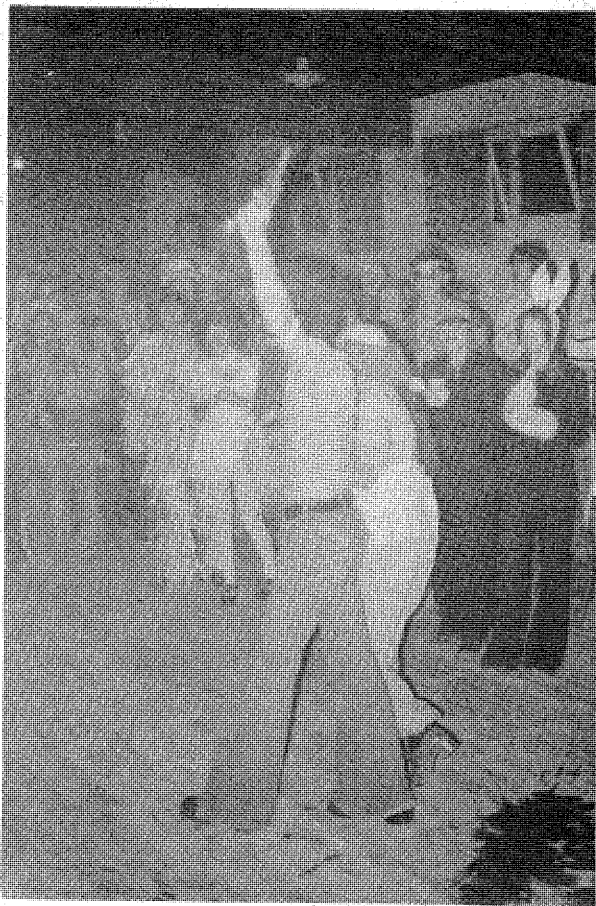
HALLOWEEN PARTIES...



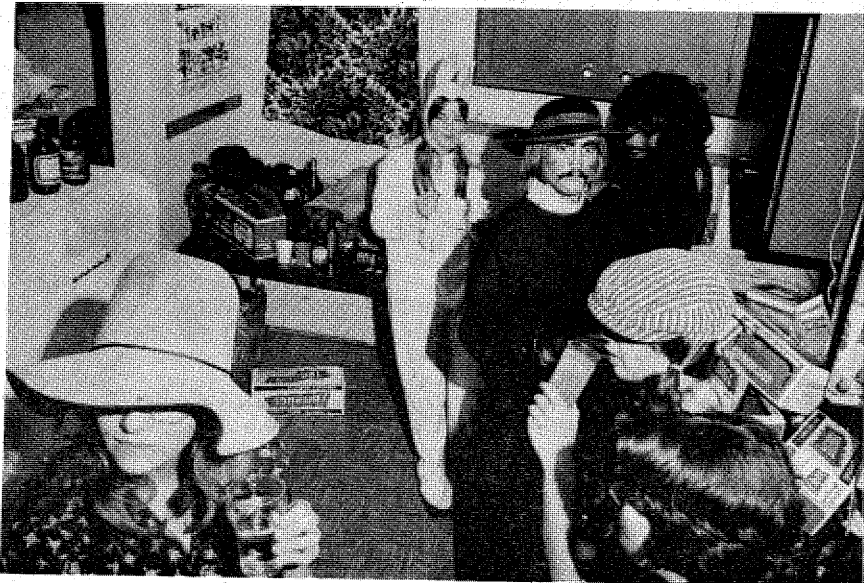
bas party



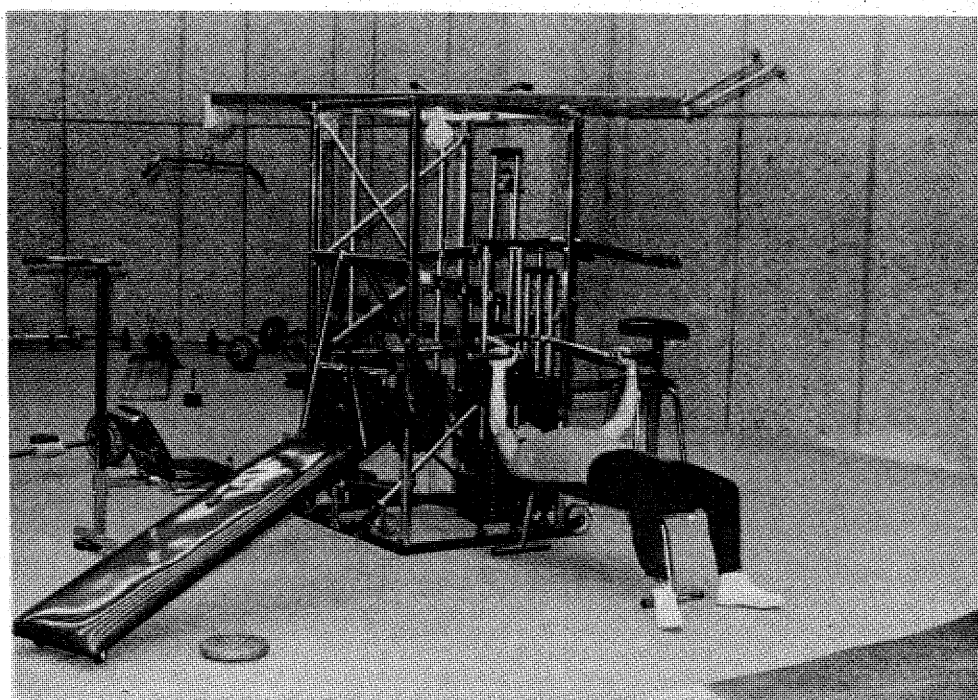
PHOTOGRAPHY & MARKETING
MASQUERADE PARTY



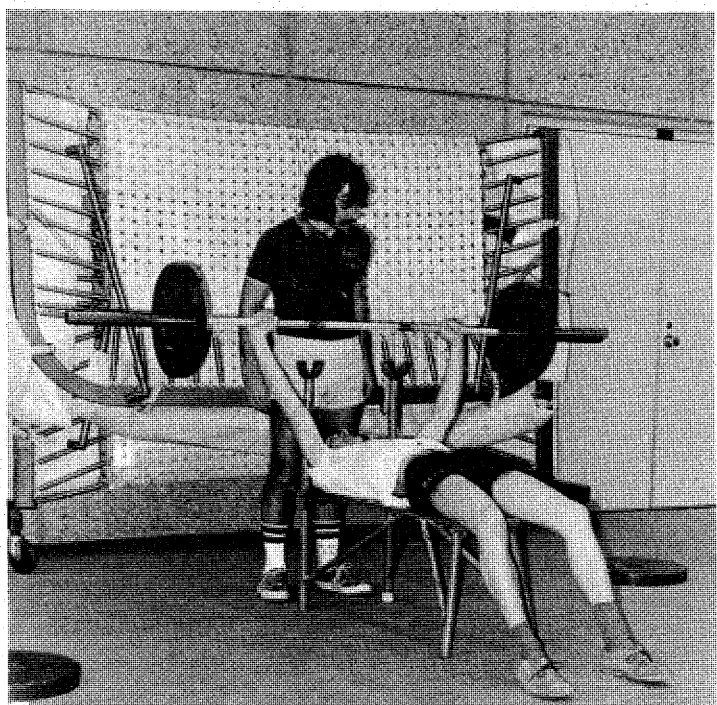
Photos By Kim Woolgar



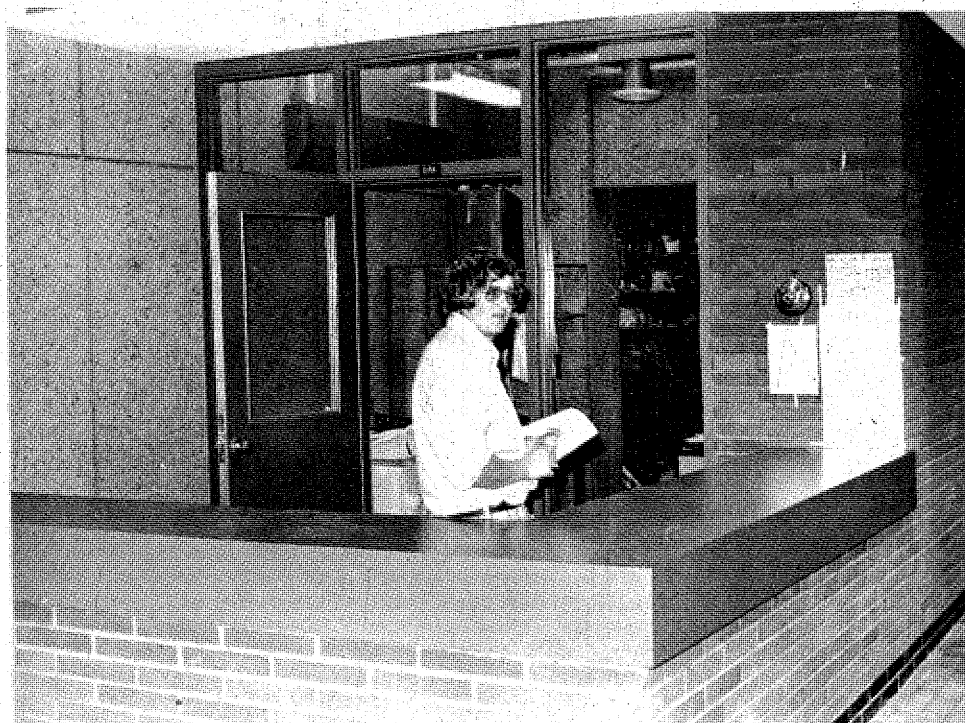
STUDENT ACTIVITIES



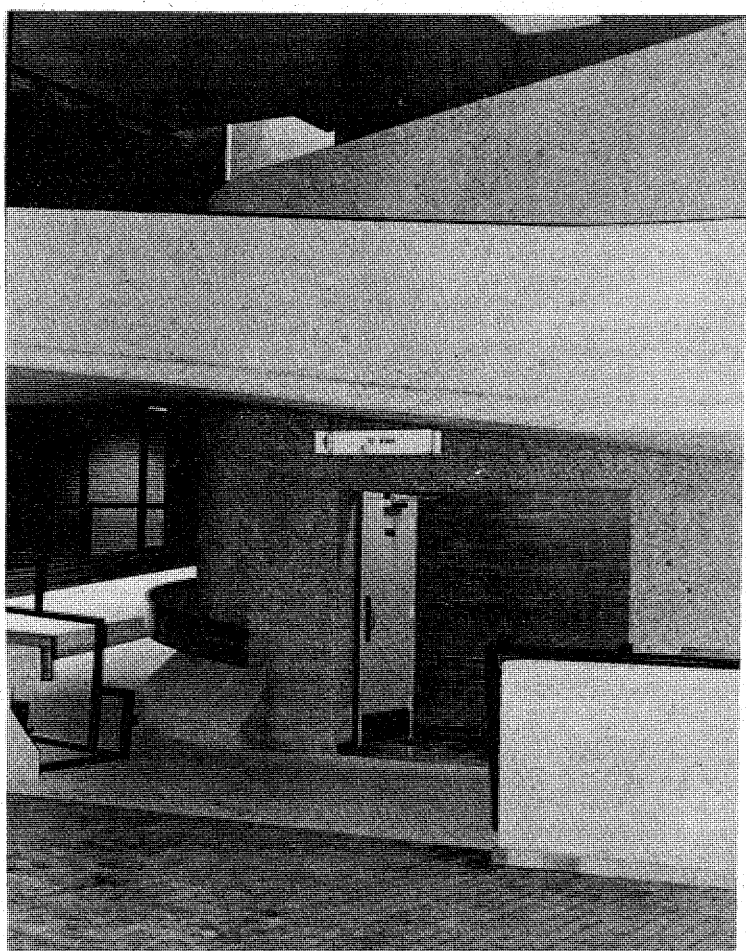
ACTION ON THESE HANDBALL, RACKETBALL COURTS. MAN vs MACHINE. TEST YOUR SKILL IN THE WEIGHT ROOM.



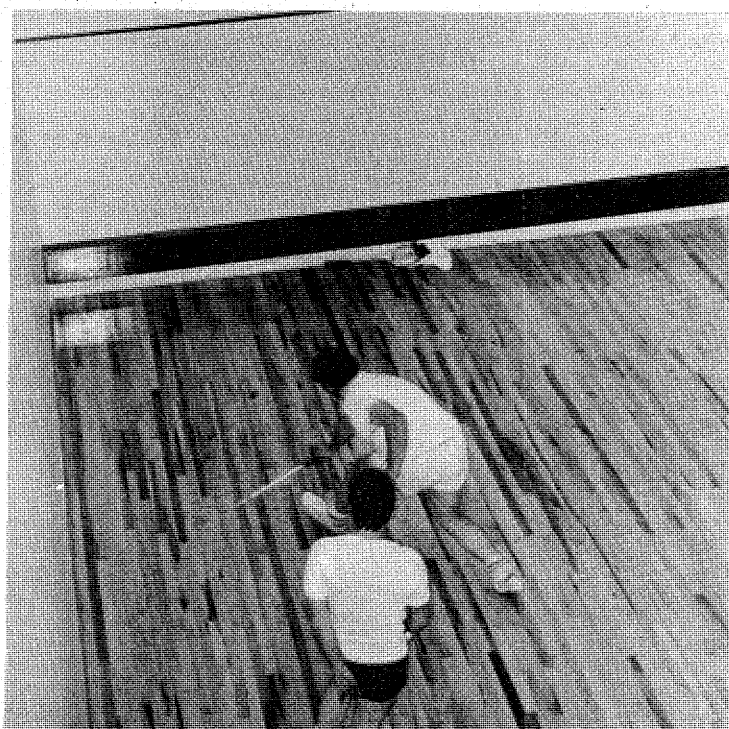
NOW, CLAP YOUR HANDS.



GERRY. MAN IN CHARGE?

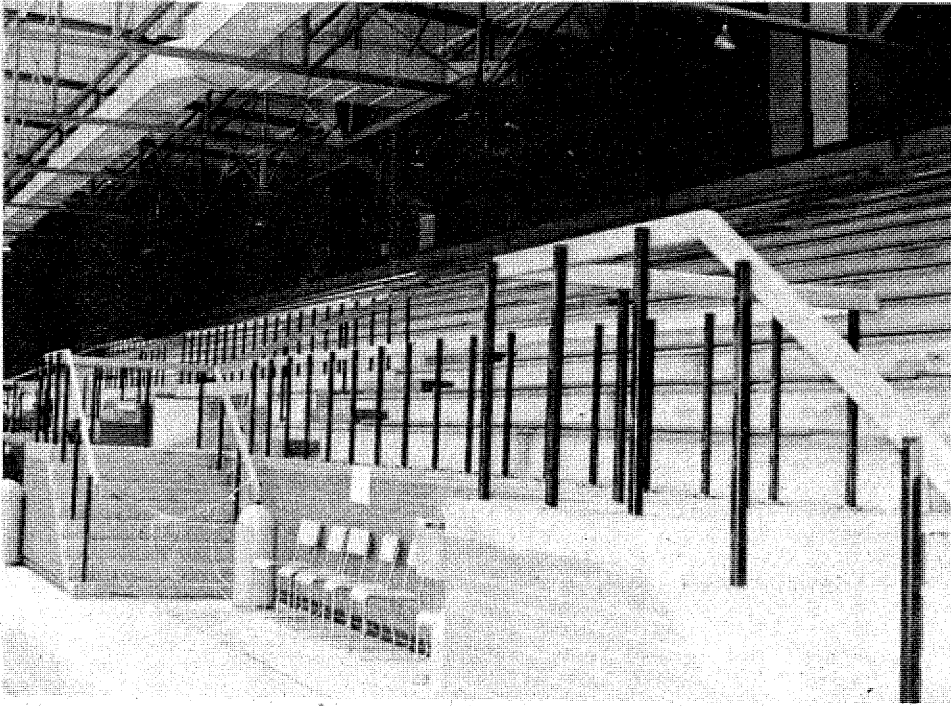


GUESS WHERE THIS IS, AND YOU WIN IT

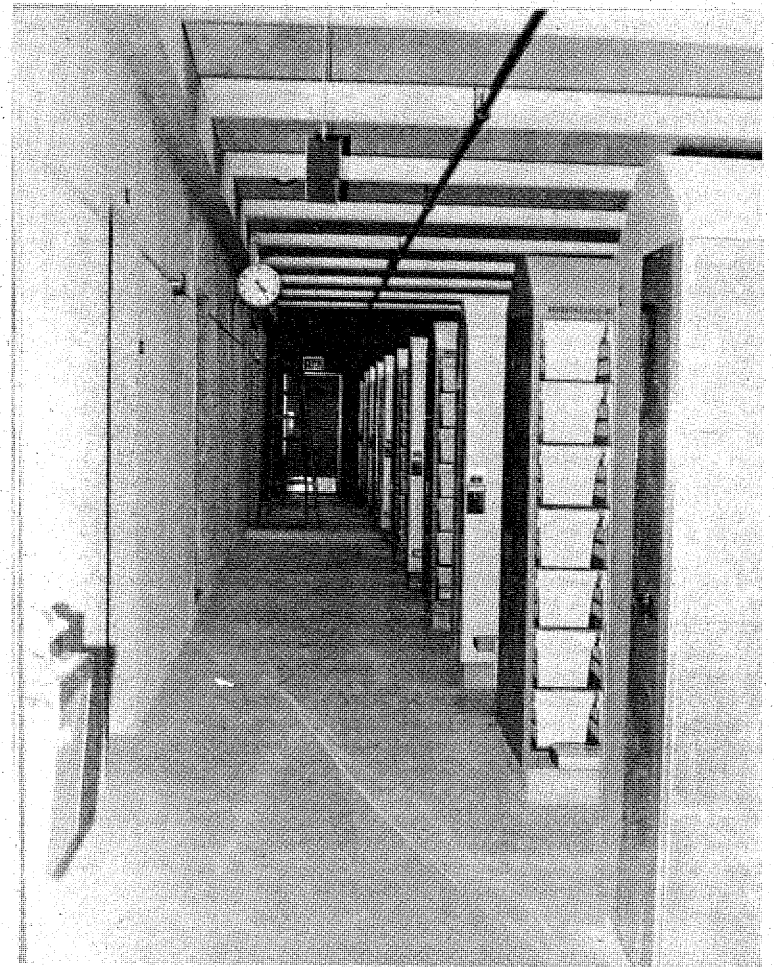


SQUASH. ALWAYS A HARD GAME FOR 1 MAN.

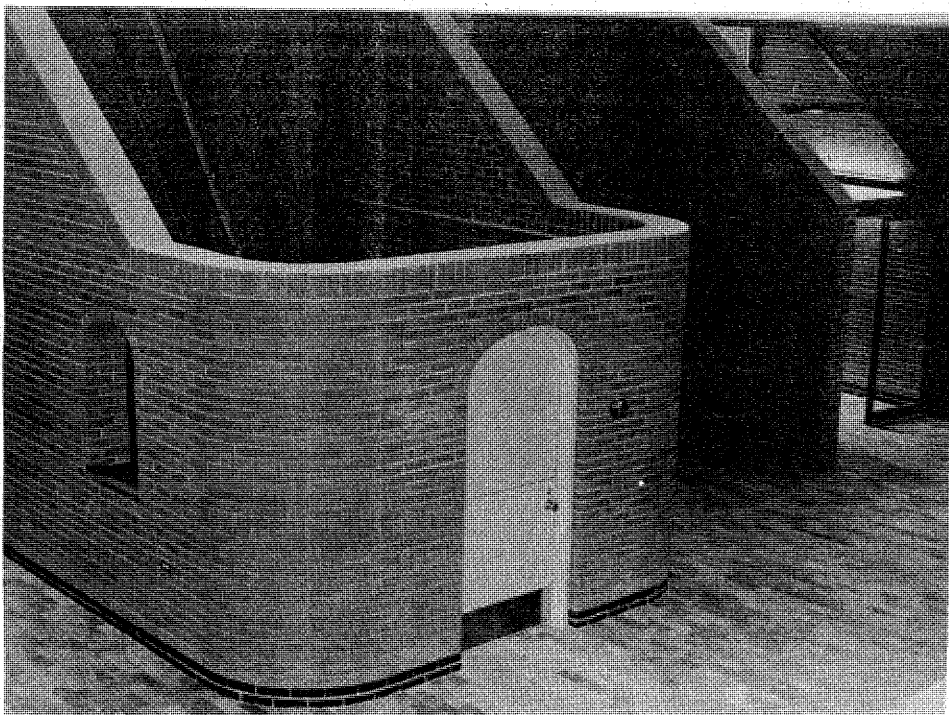
BUILDING — SAB



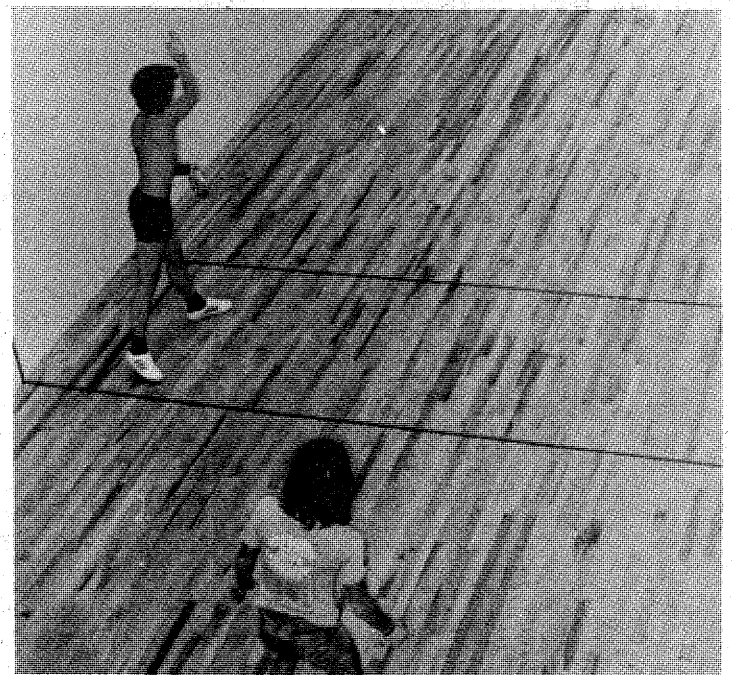
ONE OF THE BETTER TURN-OUTS FOR A NAIT HOCKEY GAME.



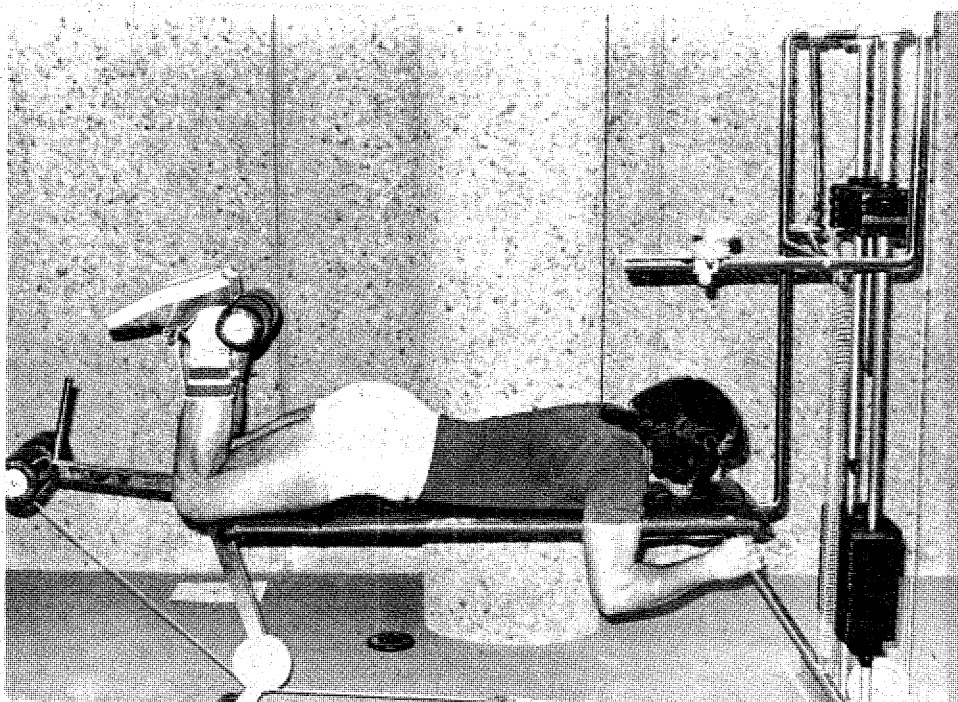
WHEN THE SWIMMING POOL OPENS
THIS LOCKER ROOM WILL BE BUSTING WITH GIRLS.



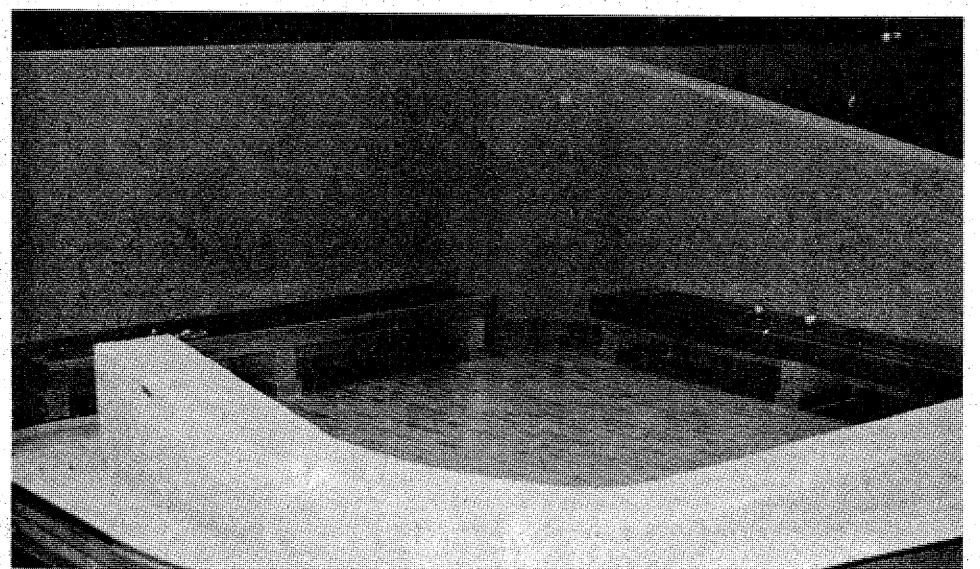
NOW , EVEN MR. SAB HAS A HOME.



HANDBALL FOR THOSE WHO CAN'T AFFORD RACKETS.



THIS MACHINE GUARANTEED TO PUT HAIR ON YOUR LEGS



ACTIVITY CORNER ?!?

24 NAIT goals in two games

Nait's hockey Oopiks opened the 1973-74 season with a loss at the hands of the Mount Royal Cougars in Calgary.

NAIT opened the scoring at 4:55 with a goal from Rick Moreau with the assist going to Dave McAmmond. Mount Royal closed the scoring in the first period with a goal by Mart from Guallette and Armstrong at 16:50. The second period saw a goal from each team; Mount Royal's

was Mart from Armstrong and NAIT's came from Bob Black with John Kleinscroth picking up the assist. The period ended in a 2-2 tie. Round three ended after eight more goals were scored, 4 on each side. The third period was very exciting and both teams demonstrated tremendous scoring power. At the eleven minute mark of the third period, NAIT was trailing 6-3! At that point though, Mount Royal

got two minor penalties in a row, giving the Oaks a two man advantage. They were quick to capitalize scoring two fast goals to make it 6-5. McAmmond and Kleinscroth were the NAIT marksmen. Then, with 45 seconds left, NAIT had the man advantage with a face-off in Mount Royals end. Coach Cummings pulled Harvey Repp in favor of the extra attacker and at the 19:15 mark, McAmmond tied it

up, forcing overtime.

The overtime period is 10 minutes straight time and after 9:25, of fierce hockey action, Guallette of Mount Royal scored the winner.

On the second half of the road trip, NAIT travelled to Olds to take on a very inexperienced and poor-conditioned hockey team. After the first period, NAIT led 4-0 and out shot Olds 37-6.

The second period saw the Oaks score 9 times and outshot Olds 22-10.

The final period, NAIT scored 5 more times to win the game 10-0. Gord McDurmutt and Harvey Repp together registered their first shut-out of the year.

This Friday the Red Deer Kings clash with the Oaks in the Student Activities Building (SAB) arena at 8:00. Both teams meet on Saturday as well in Red Deer.

Marketing flag football champs

Marketing "A" are the champs in flagfootball after a rather long season:

It was not as easy as all that, in view of the fact that there was only one touchdown scored in the whole game against Building Construction.

The game was very tense, as Building Construction continued to be a big threat to Marketing "A's" position. They were however, unable to complete some of the moves to get some points.

It therefore appears that Building Construction had a very careless offense, although I did not doubt the ability of their opponent's defense, which continued to force them to fumble the ball.

One thing that may be said to be the reason Marketing won was the fact that they resorted to a more defensive game after the touchdown, and that really helped them a lot to be able to emerge as the champs.

1 and 1 for Soccer Oaks

Over the past weekend, the soccer Oaks found themselves in a mess they had never expected. It was a thrilling, yet hard, demanding combat with the Saskatoon Institute of Applied Science soccer team.

It wasn't that easy for the Oaks to dictate terms in the first half, until Chris Mwasille came up with the first goal for the Oaks after beating two defence men, and then chipping the ball over the goalie with ease. It was only then that Jerry Hampton, the coach showed some relief, with a broad smile.

Although the opponents launched a heavy attack in the second half, the Oaks continued to fight hard, and were later able to

secure victory by forcing the defence of the opponents to fumble the ball, giving "rookie" Irvin his first goal with the team.

Towards the end of the game, there seemed to be a new version of Stampede wrestling going on in the field, and the Oaks defense had to pay the penalty.

Four of the defense men sustained heavy leg injuries, and this was the main reason they lost the second game on Sunday again to the same team.

The Oaks defence was in pieces with Archie Mokobori on the bench with a swollen knee, Bill Osadchuk, Dave Disele, and Eddie Mokobi playing with banded legs.

The final score was 6-4 for the visitors, with Eddie scoring 3 goals and Dave scoring one for the Oaks.

Jerry Hampton was however, not very upset by the results. His words were: "I am proud of you guys, but there is still lots to be done, you will certainly make one of the best teams in Edmonton."

First win for hoop Oaks

Last Tuesday night, the Basketball Oopiks took to the court for their first exhibition game and won convincingly 82-45. The losers were the Senior B Division Young Men's Christian Association (YMCA) squad, who looked nothing like young men because they were all at least 40 with pot bellies.

Doug Carter got the Oaks going early in the game with a fine effort. Larry Sylvester was hustling all night and was NAIT's best defensive player in the winning effort. Forward, Rick Gawlick was the real hustler though, leading both teams in scoring with 22. Carter had 20 and veteran Scotty McEachern got 19.

Volleyball

On Oct. 13, the men's volleyball team went to Red Deer College to participate in the Alberta Men's Major volleyball League, Tier III.

They did quite well in winning seven of eight games. Their only loss came at the hands of U of A Bearcats. Again on Oct. 20, they travv Oct. 20 they travelled to Olds College where they went undefeated through eight games. This advanced NAIT to the TIER II.

The team looks very good in most areas with several players returning from last year's ACAC champions. With many outstanding rookies this year, the team is expected to do quite well again.

"SNOWBOUND '73" WITH THE CANADIAN SKI PATROL Sunday Nov. 4 1pm to 9pm JUBILEE AUDITORIUM

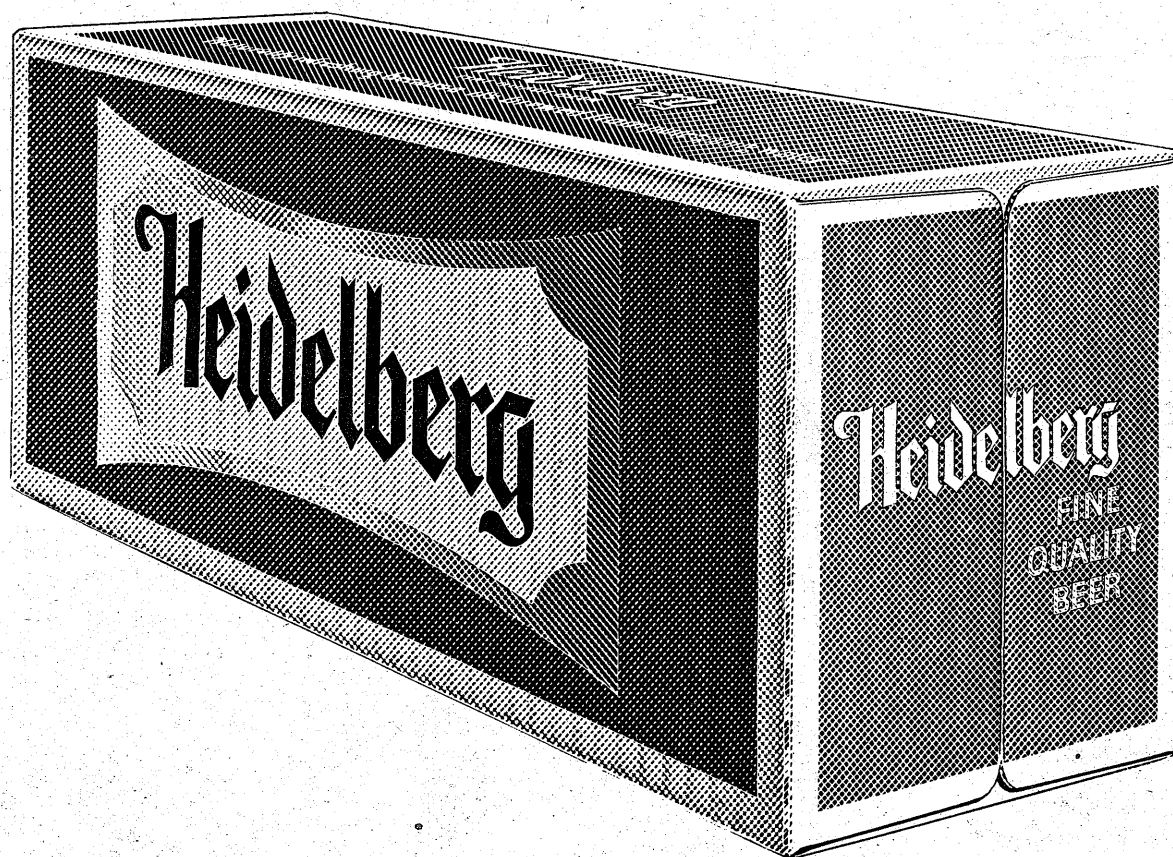
Advance tickets \$1.00, includes chances on raffles of over \$2,800 in prizes, including ski week for two to Zurich, Switzerland.

Tickets will be on sale at the door but will not be eligible for prizes. Show includes many films, equipment displays, Ski Patrol demonstrations, equipment care, physical fitness testing, special guests etc. Tickets on sale at participating branches of Bank of Montreal, The Mountain Shop and from patrollers.

See you there.

Heidelberg

Brewed from pure spring water.



And that's the truth!

Brewed by Canadian Breweries Alberta Limited

CANOEING - CROSS-COUNTRY

Even the name doesn't sound like it would be a fun place to visit, but Camrose certainly was a great place to be for about 50 NAIT athletes this past weekend. The biggest team by far, NAIT's cross-country - canoe squad again showed very well in the Alberta Colleges Athletic Conference (ACAC) finals held in that small, old-fashioned city.

Camrose is a quiet, friendly place, with no tall buildings and no tourist attractions; all it has that impressed this writer was a lake only a hop, step, and a jump from the downtown area. This was where the canoe races were held. And around the lake there is a golf course. This was where the cross-country races were held.



NAIT'S CONTINGENT OFF AND RUNNING

Camrose Golf Course looked more like centre field in Clarke Stadium after the men and women went for a run. Wet snow turned the fairways into trails of mud along the course and it certainly didn't help the joggers any. They all slipped and slid through the snow and mud and water and they were all pink-skinned and black spotted (mud) at the finish line.

The NAIT ladies finished 5th in the over-all standings. Individually, it was Josie Salt, 3rd; Maureen Sagan, 18th; Brenda Nelson, 19th; and Pat Vos, 24th. They had a lot of trouble running the 1 1/2 mile course against the farm girls from Camrose, who seemed to be right at home in the mud and who easily won the women's title. Red Deer was second, Olds third, Lethbridge came fourth, and Mount Royal finished last. Note again that the city girls (NAIT and Mount Royal College) finished behind all those country bumpkins.

Our mens team placed second overall, only 1 point behind a strong Camrose team. It's ironic that last year NAIT won the mens title by one point, over Red Deer College. Red Deer placed third, Mount Royal was next, then Lethbridge, and finally Olds.



BRUNO ETHIER ON HIS WAY TO A SECOND PLACE FINISH



MEN'S CROSS-COUNTRY LOOKS

Mirror Lake looked like a movie setting for one of those old cowboy and indian flicks, as NAIT paddled its way to a second straight championship. The Canookpiks even had on war paint, and that, combined with ragged old jackets and sweatshirts, faded, ripped blue jeans, and sneakers that were destined to see the inside of the garbage can at the end of the day, made the team look like a bunch of poor, starving savages. But they weren't. They were the most enthusiastic, yellingist, happy-go-lucky groups to ever paddle their oars down Mirror Lake. Always making noise, always urging each other to victory, always helping each other when they needed it, always giving everything they had, for the team. They made the other colleges entered look like they were at a funeral or prayer service or something. The Canooks were alive and full of that winning spirit, which is probably the reason why they completely dominated every race.

The men's team--Gord McCartney, Brian Steiger, Eric Madill, Kelvin Kreller, Gunter Von Gaza, and Al Westhaver--led the men's race right from the start, and, even after tipping the canoe on the first exchange, still won easily after about 73 minutes of paddling.

Our women's team--Caroline King, Cindy Crane, Wendy Penner, Kathy Severn, Marnie Henne, and Helen Towne--also won easily. They lost the lead

for one lap but some expert paddling by Penner and Severn regained the lead.

The mixed team--Gord Hart, Shelley Bodnar, Julie Bayer, Pat Vos, Roger Meyer, and Brian Christianson--had it fairly easy as well to complete NAIT's sweep

and dominance of the meet.

An added attraction, always a lot of laughs, was the war canoe race. Teams of four stroaked their way from one end of the lake to the other with three canoes going under in the process. It was a great event



GETTING IN AND OUT OF THE CANOE IS HALF THE BATTLE

to watch, there's a lot of excitement when a dozen canoes are all fighting for a good position out on the lake. NAIT placed four teams and came second; third and fourth, with the other canoe being one of the capsized. Final team standings were

NAIT, way out in front, then Red Deer, Camrose, SAIT, Olds, Mount Royal, and Lethbridge.

Cross country coach John Reeves, and canoe coach Bill Bresnahan both agree that NAIT again showed fine style at the ACAC final and are already looking forward to next year.



NAIT'S SUPER CANOE TEAM

1973 ACAC CHAMPS