

# CANCER CAN BE BEATEN!

Confidence that continued effort in the field of preventative medicine along with improved early diagnostic methods and treatment procedure, coupled with expanded research, will ultimately prove cancer can be beaten. This belief was expressed by Dr. D.F. Cameron, Dean of the Faculty of Medicine, University of Alberta, while addressing the Annual Meeting of the Canadian Cancer Society, Edmonton Unit at the W.W. Cross Cancer Institute, Wednesday.

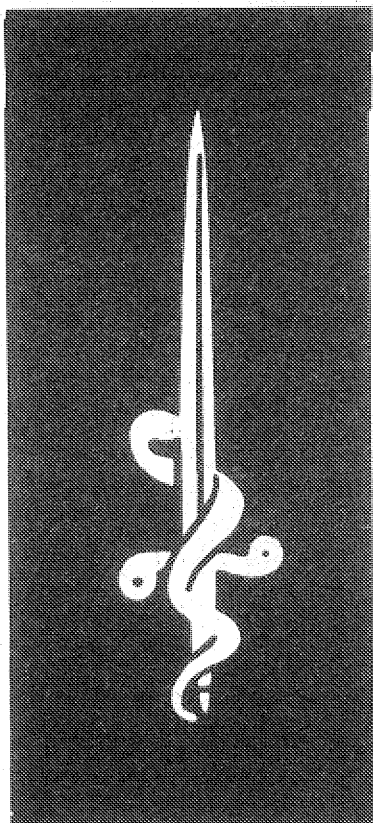
"Although ignorance concerning the nature of cancer is extensive and there is much to be learned about certain essential features of the group of disease known as Cancer, the fact is that more is known about causative factors and means of preventing and treating certain types of cancer than almost any other chronic disease", said Dr. Cameron.

The incidence and mortality from cancer has been increasing steadily ever since accurate

statistics have become available. However, there has been steady progress in cancer research in basic biology during the past 40 years.

All methods of prevention, diagnosis, treatment, and rehabilitation of cancer patients must be improved by intensive research, demonstrated to be effective and made available to all patients through the practice of medicine and public health. Some problems of cancer can be approached with research in a single scientific discipline, while other problems require multidisciplinary approaches. New data new approaches, new concepts, new techniques, and new methodologies are needed.

Despite the seriousness of the disease, methods of treating various kinds of cancer are improving. In Canada, 52% of all persons with cancer today have a chance of being alive 5 years after treatment. This is a decided improvement of the 1930's, with fewer than 20% of cancer patients who could be



expected to survive the disease by 5 years or more. Dr. Cameron cited surgery, radiation therapy, and chemotherapy (drug treatment) used singly or in combination have been effective in leading to normal life expectancy in some patients with certain types of cancer, ranging from under 5% of patients with cancer of the pancreas, to 90% of patients with cancer of the salivary gland. The more widespread use of the preventative and diagnostic measures now available could reduce the cancer toll even more. Pre-cancerous lesions and localized stages of uterine cancer may be detected by the Pap Test at times when they are virtually 100% curable. Most deaths from lung cancer could be prevented by eliminating cigarette smoking Dr. Cameron.

Physical examination using modern diagnostic techniques often leads to early recognition and successful treatment of cancer in many sites.

Death from breast cancer

might be reduced if more women regularly practice self-examination and consulted a physician at regular intervals.

Dr. Cameron said we must continue our search for new medical knowledge -- not only in applied or clinical areas -- but in fundamental or basic researches for a fuller understanding of all biological processes -- no matter how esoteric and unrelated to today's problems they may seem. If all polio research a few years ago, had been directed to immediate problems, we would still be developing and building better iron lungs, and would have failed to support the basic, and seemingly unrelated, research which ultimately led to polio vaccine.

Similarly we must not limit our support to methods used today in diagnosis and treatment. We must support a wide range of researches into a better understanding of cellular function and growth, which is, the very study of the life process itself.

## NAIT Nugget

Volume X

Thursday, October 24, 1974

Edmonton, Alberta

Issue 8

\*\*\*\*\*  
are you tired of all those lousy, run-  
of-the-mill type games? are you  
looking for a challenge? some fun  
and excitement?  
you are?

have a look at pages 6 & 7!

\*\*\*\*\*

### Three NAIT staff win contract negotiations

Three NAIT staff members all came very close, Tuesday, to getting exactly the contracts they asked for.

No, it wasn't a victory for the CSA, just the second annual Contract Cross Country Race.

Only three people participated, all staff.

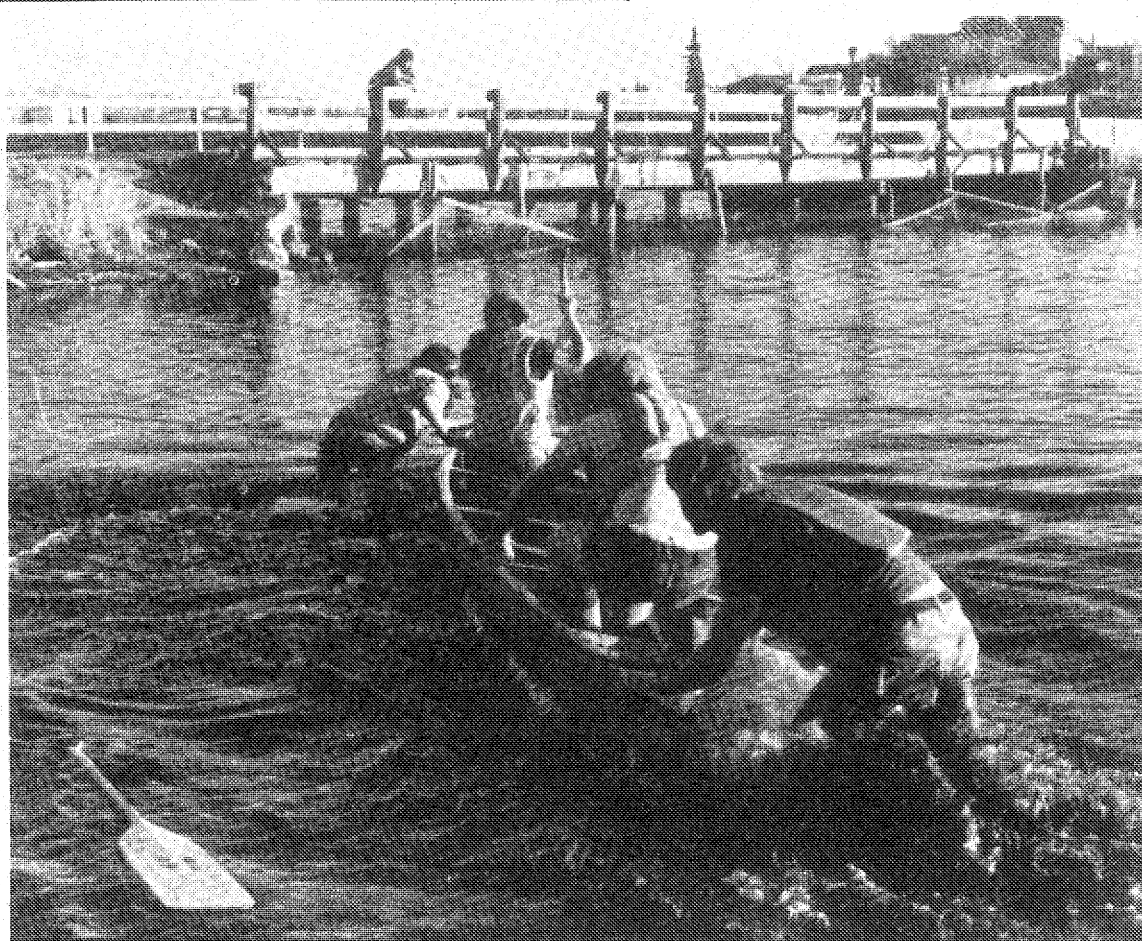
The object of the exercise is to guesstimate the time it will take you to run a pre-arranged course, and then running it. The person with the

estimated time closest to his actual time, is the winner.

Frank McNamara was only eight seconds off his real time, covering the course in 21 minutes and 52 seconds.

Harold Reitmeyer was next, running it in 22 minutes and 14 seconds, his guess only 16 seconds off.

Bob Buchan, finishing the run the fastest, came third, because he was 39 seconds off the mark. His running time was 21 minutes and 41 seconds.



they won't get too far without the paddle

### Canookpiks dominate for fourth consecutive year

by BRENT STUMPH

For the fourth consecutive year, NAIT dominated the Alberta Colleges Athletic Conference canoeing championships held on Mirror Lake in Camrose.

Placing first in men's, women's and war canoe races, the Canookpiks won their fourth overall title, in a competition somewhat closer than previous years.

In the past, NAIT simply had to show up to win, the competition was so bad. This year

though, each race was very close.

In the men's contest, NAIT held on to a long lead, only because Red Deer tipped their canoe in a fierce battle around one of the markers. NAIT led for most of the route, but the second pair (of three) of Red Deer paddlers narrowed the gap to inches before tipping, a wet result from attempting to out-manoeuvre NAIT around the marker.

It was easy for the male Canooks after that.

The ladies led their race

right from the start and had little trouble paddling their way to victory.

In the mixed division it was a different story. Our mixed squad lost by only a few seconds, to the Red Deer team, after a hard-fought battle lasting right to the bitter end.

The war canoe event, always the most exciting, finished with a NAIT team inches behind a Red Deer canoe at the finish line. NAIT was awarded the

continued page 9

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NEXT WEEK: a Halloween spectacular!



# unclassifieds

## FOR SALE

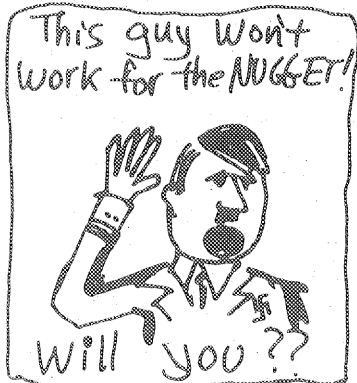
1 pair Kastle CPM TI skis  
200 cm Nevada bindings size 8  
Lmage boots, excellent condition  
offers - will sell separately.

## LOST

One long green girl's ski jacket  
at the BAS Caberet October 4  
Phone 476-8596 if found

## FOR SALE

Head boots 210 cm Salmon 444  
bindings like new \$85 - phone  
Bill 452-1131



## FOR SALE

Cheap for cash ski boots with  
press, Gormish size 8 1/2, also  
432 or evenings 426-5754

## FOR SALE

One TV, stereo, radio combina-  
tion \$85.00 phone 479-3329 after  
5 or see Alma in T310

## TYPIST.

Do you need someone to type  
your term papers, reports and  
assignments? Phone 479-0032.  
Only 75¢ per page.  
11204 - 61 Street.

1974 Mustang II 4700 miles  
immaculate through -out must  
sell phone 452-3330 or 455-0025  
for sale

One couch that folds into a double  
bed. Good condition \$35 Phone  
479-3329 after 5 or see Alma in  
T310

## FOR SALE:

Xonex Calculator c/w AC adap-  
tor and rechargeable batteries.  
\$ 30. Phone Dave at 424-2325

## FOR SALE:

'65 Rambler convertible. Amer-  
ican. Good shape. Best offer.  
467-3986, after 6.

BE A SPORT! Buy a Dental  
Assisting GREY CUP ticket.  
Don't be left in the end zone.

1) In seeking company inter-  
views, the student should recog-  
nize his responsibility to analyze  
his interests and abilities and  
consider carefully his career  
objectives and appropriate ways  
of meeting them. He should  
read available literature and  
consult other sources for infor-  
mation about the employer and  
organize his thoughts in order  
that he may intelligently ask and  
answer questions.

2) The student should contact  
the CMC (OC) well in advance  
regarding desired interviews.  
He should attend all interviews  
scheduled for him, or advise the  
CMC (OC) to cancel with as  
much notice as possible.

3) The student should use  
care in filling out such forms  
as may be requested in pre-  
paration for interviews.

4) In his interviews, the student  
should recognize that he is re-  
presenting his institution, as  
well as himself.

5) The student should promptly  
acknowledge an invitation to visit  
an employer's premises. He  
should accept an invitation only  
when he is sincerely interested  
in exploring employment with  
that employer. Once arrange-

ments are made he should keep  
the appointment and be on time  
or give advance notice of a  
desired change in arrangements.

6) When a student is invited to  
visit an employer's premises at  
the employer's expense, he  
should include on his expense  
report only those costs which  
pertain to the trip. If he visits  
several employers on the same  
trip, costs should be pro-rated  
among them.

7) As soon as the student  
determines that he will not  
accept an offer, he should  
immediately notify the employ-  
er.

The student should not con-  
tinue to present himself for  
an employment offer.

9) Acceptance of an employment  
offer by the student should be  
made in good faith and with  
the sincere intention of honour-  
ing his employment commit-  
ment. Should he feel that he  
has valid reasons for not honour-  
ing his commitment, he should  
seek the guidance and assistance  
of the Manpower Counsellor in  
resolving the matter to the satis-  
faction of all concerned.

10) The student should keep  
the CMC (OC) advised concern-  
ing his employment negotiations.

## NAIT Chaplaincy service

The NAIT Chaplaincy Service  
has the following chaplains  
ready to assist you.

Reilly Newman Capilano Baptist Church 10604 - 76 Street 466-4380	Baptist	Tuesday 11 a.m. - 1 p.m.
Cy Martin Central United Church 112 Street and 109 Avenue 426-1860	United Church	Wednesday 11 a.m. - 1 p.m.
Phil Redd Latter Day Saints Institute 8704 - 116 Street 439-2419	Latter Day Saints	Wednesday 11 a.m. - 1 p.m.
Frank Stempfle St. Patrick's Roman Catholic Church 11811 - 96 Street 477-8876	Roman Catholic	Thursday 11 a.m. - 1 p.m.
Marjorie Long and/or Don Posterski 8611 - 109 Street 433 - 4916	Inter-Varsity Christian Fellowship	Friday 11 a.m. - 1 p.m.

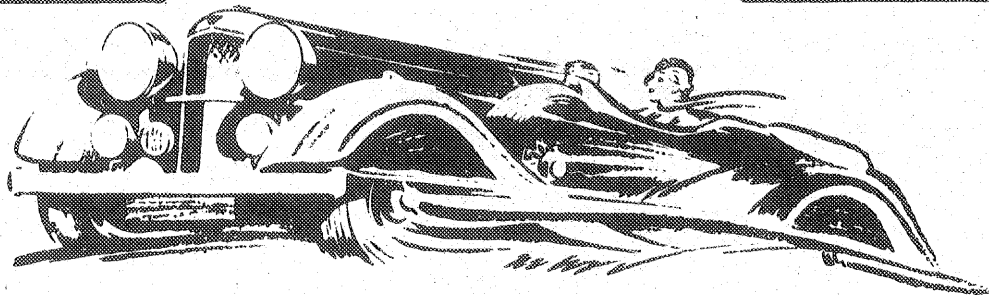
If you wish to make an appoint-  
ment with one of the chaplains,  
please call Judy in Student  
Counselling at 416 (grey).

the Nait audio-visual center presents the

# News



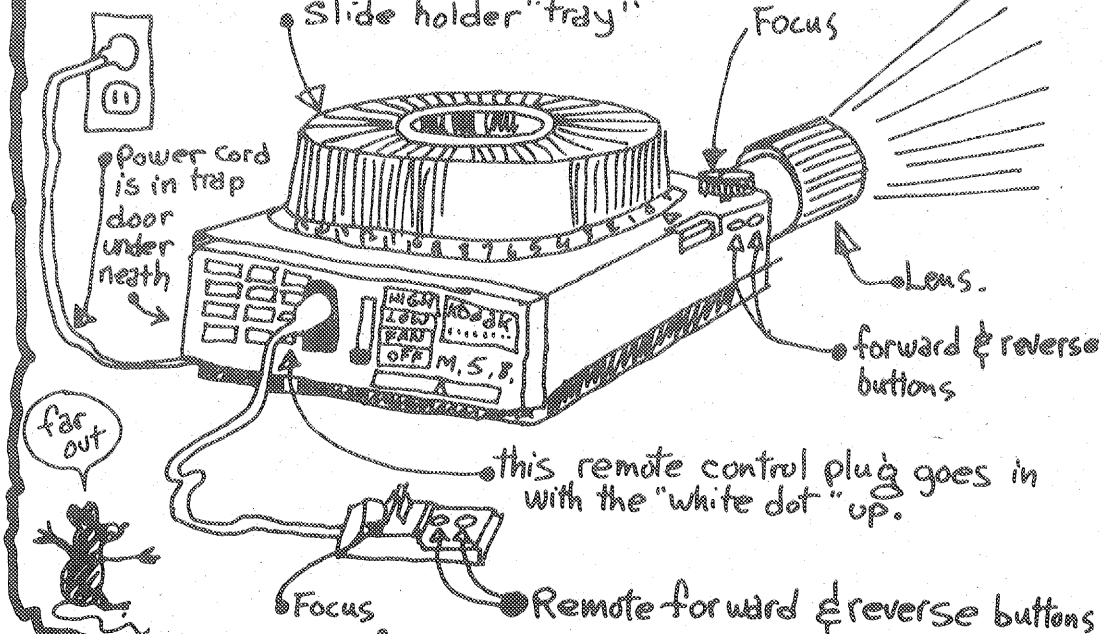
# News



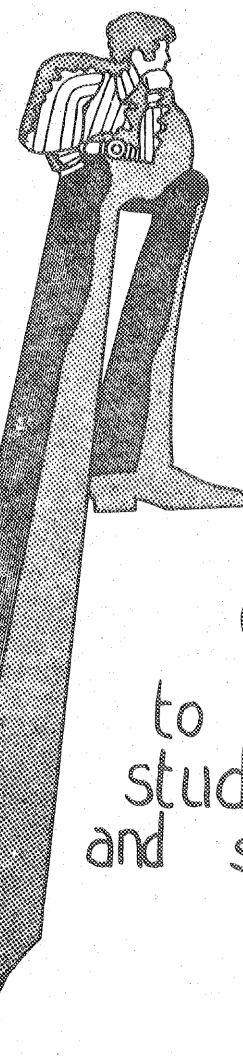
TO KEEP IN TUNE WITH MODERN LIFE

...Our instructional media center (room J-22) has  
been getting a fair bit of use lately. So much so that  
we are now open Saturday mornings to serve  
you better. Now, when you have a term paper  
to write, an essay to complete or a project to  
research, come on down & browse through our  
AV aids catalogues.

THIS WEEK'S machine of the week  
the KODAK Ektagraphic slide projector  
Slide holder "tray"



WHERE THE CLOTHES ARE



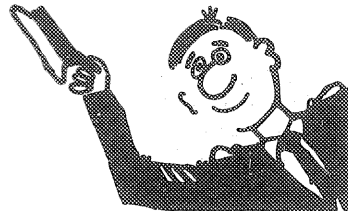
RAZA men's  
MEN'S WEAR

10%

discount

to nait  
students  
and staff

P.S. with presentation  
of i.d. card  
"that's easy"

Commissionaires  
Corner

## Parking stickers

by S/SGT. JOHNSTON

In order to ensure all EXIT points, on all LEVELS, of the PARKADE are kept clear, DIAGONAL LINES (YELLOW) have been painted to warn of NO PARKING.

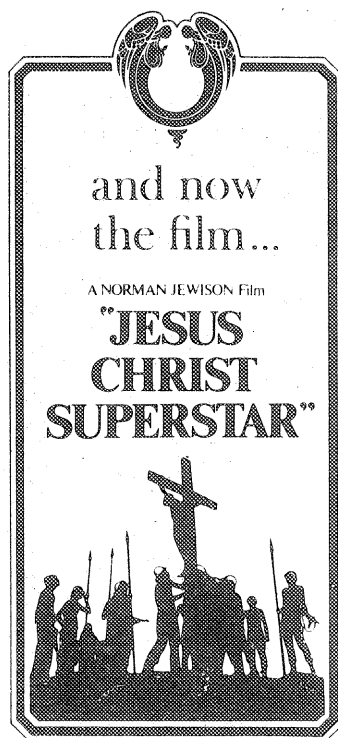
These areas must be kept clear to provide access to the ELEVATORS AND STAIRWAYS in case of FIRE and also to make sure A.P.W. crews have a clear access for garbage pick-up.

SO - ALL DIAGONAL LINED AREAS - WHEREVER THEY MAY BE LOCATED - MEANS NO PARKING.

Many vehicles in the "B" ZONE do NOT have stickers displayed, for easy detection by patrolling COMMISSIONAIRES. Instructions for the placement of these stickers is clearly marked on each sticker. People who receive a fine, as a result of failure to detect a sticker, have only themselves to blame.

Should stickers be mislaid or not displayed - a note left on the dash will NOT prevent a FINE. (Anyone can write a note and it does not prove anything). The NCO I/C - Room E107 should be contacted and the number of the sticker left with him - BEFORE attempting to park any vehicle in the PARKADE.

Like we always say -- contact a commissionaire when in doubt - Thank you.



Starts Saturday  
in the Little  
Cinema only 50¢

## RESEARCH

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## letters

## Just some kind of low human?

## TO THE COMPUTER BUM

You seem to think that apprentices are just some kind of low humans.

I think you should take a good look at yourself.

You don't want to work and yet you expect everything free: education, medical, room and board, sport centers, low cost entertainment, spending money.

All the above and many more are provided to you through government loans and NAIT, which comes out of the taxes we pay each week out of our pay cheques.

I don't think that 'lazy little children' like you should knock the men that are supporting their families as well as you.

If anyone is entitled to the many facilities that NAIT offers it is the MEN that are paying for it and not the little children of the technologies.

C.R. JACOBS  
Heavy Duty Apprentice

To D.J. Brown - author of that narrow-minded piece of garbage in the NAIT Nugget:

Who do you think you are, calling down people who have enough guts to do the jobs you are too stupid and gutless to do? You better thank Christ that some people are willing to do the dirty jobs that other people are too chicken to do.

If you are still worried about the money, you picked your thing to do and we picked ours.

I have never heard of a computer operator being injured while doing his job. The extra money we get is to pay for the pain and loss of limbs many of us suffer throughout the years of our trade.

D. Bindle  
2nd yr. Welding

Dear Sir:

No, it was not me!

DAVID W. BROWN,  
Computer Systems

Sir:

My letter is regarding the Apprenticeship students.

I would like to know why they think they are being discriminated against. They seem to have many privileges other NAIT students don't, such as the swimming pool. Every Wednesday from 10:15 a.m. to noon and every Thursday from 3:15 p.m. to 5:00 p.m. they are entitled to swim in the pool. Nobody else is allowed in during these times. Do Medical Typists, Electricians, or Drafters receive these benefits? No! But the poor underdog Apprenticeship students do. These students are also allowed to use the masks, fins, snorkels, and inner tubes for water polo. What burns me is they don't use the pool to its advantage. Why should three to ten students be entitled to the entire pool?

If you ask me, they're crying over nothing and also wasting good space in the NAIT Nugget.

'SPORKIE'

To D.J. Brown  
Computer Systems

We, the rabble, the oppressed masses, salute you. Ever since Comrade Vladimir Ilyitch died in 1924 we have been seeking a champion and we feel confident that such a man has at last emerged in you.

As you will be well aware, we common working men must, of necessity, await the coming of a Messiah and that, by the very nature of the tasks to be imposed upon him, it is of paramount importance that such a deity has the savoir-faire and ability of one of the intellectual class. May I say, Master, that I humbly believe that you have chosen a profession entirely in keeping with your position as our leader. Our hearts rejoice when we consider how many computer systems you will be able to render inoperable on our behalf!

Naturally we, your disciples, would not presume to even offer you advice, much less to instruct you in your task; but on behalf of plebians everywhere, let me assure you that our scythes are being sharpened and our plowshares beaten into swords; we have burned our 'history' books and await your command to rise against our so-called leaders and drown them in a sea of their own blood. Liberte, Egalite, Fraternite.

Do we wait until July 14 next year, or can we go on November 7?

Humbly yours,  
STUART CAPSTICK  
Radio Tech I

Editor

My previous letter concerning apprenticeship students was in jest. I thought I had made it so ridiculous that no one could take it seriously, but apparently this wasn't the case.

Discrimination against apprenticeship students is obviously one of the more stupid manifestations of the petty bourgeois mentality.

My apologies to anyone who misunderstood and was offended.

D.J. BROWN  
Computer Systems student.

Dear Sir:

Does anyone know what has happened to the Olympic Weightlifting Bar taken from the Combatives room last January?

Apparently, due to the negligence of someone, a lifting platform was not put in the room and when someone dropped the Olympic Bar loaded with weight it bent due to hitting the rubber covered concrete and not a platform. If the bar had been dropped on a platform chances are it would still be in use and not hidden away. I have tried to find where and when the Olympic Bar will be ready, but no one knows, and when it finally comes back how long will it be before someone bends it again due to no accident preventing platform being available? As of now, anyone who wants to 'lift' weights has to put up with the non-revolving, unchangable training weights while the Olympic bar weights sit idle gathering dust!

JEFFREY HAMEL

## Ask me!

Does it bother you to see  
sexist articles in the Nugget?

I think sexism is good. I like to see things like Queen Week and good lookin' chicks in school. We should have something like last year's Mr. Eligible.

JIM SCHNELL  
Electronics II

No, I find it amusing, I don't mind it at all. It's a girl's choice if she doesn't want to be treated equal.

MARGARET ROBINSON  
Marketing II



No, because I have an open mind. Sometimes I'm liberated, it depends on the issue, but I don't care what you put in your paper!

PAT HAMMOND  
Court Reporting I

No, I like sex, myself. But seriously, it doesn't bother me as long as it doesn't impose on people's rights or offend anybody. And it sure doesn't offend me!

BILL BRESNAHAN  
Physed Instructor



It doesn't bother me at all. A girl should be put in her place. I'm all for it. It's tradition, why change a good thing?

DAVE EDWARDS  
Marketing II

No, because I think there are girls around that enjoy it. It bothers me, but if they like it fine. I'm a person and I expect to be treated equal. I think people should look at females as people first and females second.

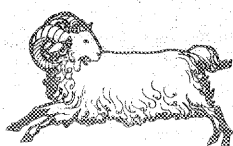
ALMA BROWNLEE  
Secretary





# WHEEL OF FORTUNE

for Wednesday, October 23rd to Tuesday, October 29th



ARIES

Social activities are highlighted. You could easily meet that "stranger across the crowded room" and from there - use your initiative. Good time to tackle problems as help is available. You can build a solid base now.



LIBRA

Publicity should be avoided, it could prove adverse. Let gossip die quietly. Decisions of a highly personal nature come to the fore now. You benefit indirectly from someone else's luck.

Work load may prove extra heavy for some or you may be required to render extra services around the neighbourhood. Re finances, you are on your own. Deals that depend on others fall through. Friendly vibes come your way.



TAURUS

If you have been playing the field you are due to get your come-uppance. You can have too much of a good thing if they are all in the same place. Duty that takes you away for a short while is apt to be a blessing in disguise.



SCORPIO



GEMINI

Romantic adventures are due to crop up. You should spend less time dreaming and more doing. Illusive glow covers not so good points in career opportunity. Finances are almost sure to be very tight.



SAGITTARIUS

Pathway to reaching your present goals is due to take a turning. Be prepared for the unforeseen and take care of what happens when it does. You are on your own but there is the promise of a silver lining.

You should be tying up loose ends and getting ready to make a new start. Restrictions are easing, you still need to be self-reliant, but should stop taking yourself so seriously. Interest in social activities and philosophy.

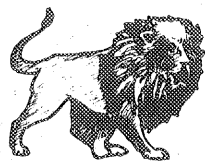


CANCER

New opportunities arise out of the ashes of the old ones. You gain respect. You are susceptible to glamour now - don't let it blind you. A partner will help keep you down to earth.



CAPRICORN



LEO

You could prove to be your own worst enemy now. Communication lines are tied up and you have to practise patience. Someone close to you is willing to help, you only have to ask. Results will be worthwhile.



AQUARIUS

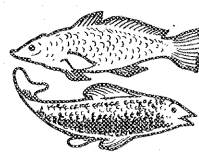
Getting away either mentally or physically will be best right now. Talk with an older person will help to consolidate them. You can improve finances steadily so take advantage of each chance.



VIRGO

An older person can be of assistance in attaining an ambition. Ample opportunity for expanding areas of social activity. Finances may be spread a little thin. Basic issues become confused.

You can attract a certain amount of luck with the expenditure of personal effort. Romance may prove to have serious overtones. There are apt to be flows in offers received. Check carefully.



PISCES

## Baker's club has a few surprises

The NAIT Student Bakers Club wishes to announce the formation of the '74-75 Chapter:

Chairman-President  
Mike O'Dare  
Vice-President  
Ed Heffner  
Secretary  
Reni Sinn  
Treasurer  
Marvin Schuster

We have just started our club this week. We will have a few surprises for you. "Our bread is not the only thing rising".

At this time all our members wish to thank Club Cullinaire for their invitation to their upcoming Halloween Party. We promise not to come dressed as cooks.

We do hope in the future we will be able to help other groups in their festive preparations. Thank you.

BAKERS P.R. DEPT.

## Cancer Society completes its finest year

The Edmonton District unit of the Canadian Cancer Society just completed its finest year including fund-raising, public education and services to patients said President, Dr. Bernard Kredentser in his report to the Unit's Annual Meeting held Wednesday.

Campaign receipts for the year ended September 30, totalled \$ 272,011.00, which was \$11,477.00 over objective -- an increase of \$25,400.00 or about 10% over 1974.

The Cancer Society in Alberta invests about 65% of its funds in research. About 14% of every dollar received is used for public education; 7.5% for services to patients; administration requires 7.3%; and the cost of fund raising is 6.2%.

The unit's public education program expanded appreciably during the year under review, stressing the importance of cancer prevention featuring the Society's Seven Steps to Health. Smoking and health problems were depicted through films and talks in school systems throughout the unit which covers about one-third of the province.

## VE6MR

At the last meeting (Wednesday October 16) the following positions were allocated.

Teacher Sponsor: Norm Simons  
VE6HR  
Chairman: Ken Marianix  
VE6BBC  
Publicity: Bill Durno  
VE6BDE  
Treasurer: Wayne Wolinski  
VE6IF

The membership fee is \$1 per person in which case, your receipt is a special wallet-sized card. We could use a few more members (licenses or non-licensed) to help get the code classes going and to come out to the meetings.

Licensed members can now obtain keys for the Ham Shack (rm. H210) from Norm Simons. Please have your license handy as this is required to obtain the key.

The next meetings in rm. H210 are Friday October 25 and Wednesday, October 30.





## Activities Committee into just about everything

by ED KOHEL

The Activities Committee is a separate body from NAITSA, but liaison is maintained through the previous for three members from the student executive; the President, the Vice-President, and the Activities Chairman. The remaining members are: the Director of Student Services, the Assistant Director of Student

Services, (the chairman) and a staff member at large who is appointed by the committee. In addition three students at large are appointed to sit on the Committee, which insures the students a majority of voting power.

The major purpose of the Committee is to provide a variety of entertainment for the students and not to act as a

money-making venture. By the end of the year the Committee is generally at a break-even point in relation to the year's program of events.

Some of the entertainment we provide to the student is weekend movies, Friday socials, the big bands (last year we had Stampede, Bachman Turner Overdrive, etc). Once a month we provide entertainment of a

unique nature which we hope will appeal to interests outside of those provided for in our normal programming.

In conclusion, I wish to reiterate that the price we charge for any event or entertainment is very nominal and is calculated so that we can break even.

The members of the Committee are listed below:

A. Hooks, Chairman - Staff Member  
G. Meadus, Staff Member  
H. Becking, Staff Member  
D. Grielach, Student Executive  
R. McLeod, Student Executive  
E. Kohel, Student Executive

The other three student members will be appointed this week.

### NEPTUNE'S SCUBA CLUB ORGANIZATIONAL MEETING



tonight

at 7:30 pm in the pool

bring a bathing suit

phone Craig (Grey 6114) for more info

get your partners at home to  
become involved,  
bring your better half out to:  
**married students club**

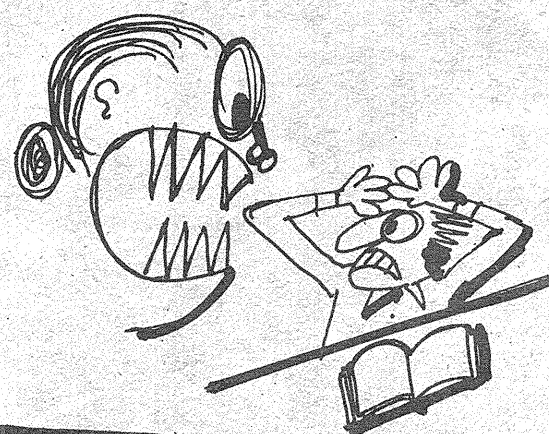
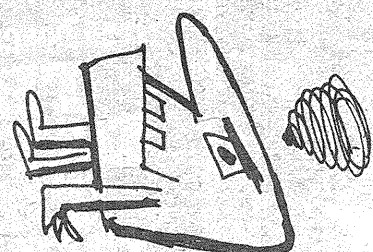
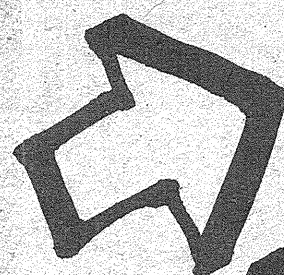
we do things like swimming,  
card playing, volleyball, and skating,  
either with our spouses or with our family.

for more information see:

**Bob Griffin 433-7510 or drop in to nugget**



# THE



Join the NUGGET staff. Take a free roll... this is a biased game.

See Art Hooks in the hall on one of his bad days. Lose a turn, and find a place to hide.

Decide to live at home. Go back two.

Ask a question of an instructor who believes "Students should be rarely seen and never heard." Go back one.

Decide that 8:00 class you're taking is too boring, and you'd rather sleep in, so you drop it. Go back two.

Find an instructor who is really interesting and can present the subject well. Pimp yourself and if he still exists take another roll.

Get to NAIT at 8:00 am and still find a parking spot close by. Move ahead five.

You discover, after a couple of months, that nothing you are studying here has any real value or relevance to life. Take an extra roll.

Student loan application gets lost in bureaucracy. Lose a turn.

Have lunch in the NAIT cafeteria... and like it. Go back one.

Spend \$20.00 for a text your Instructor never uses. Lose a turn.

Librarian catches you eating a chocolate bar in the library. Lose a turn and your hearing, after she yells at you.

Instructor can't find any chalk so he dismisses the class. Take an extra turn.

Use a Grey Phone and get a recorded announcement. Lose a turn.

Free space. At least something is still free.

More than ten people turn up at a Student Council meeting. Move ahead eight.

Christmas vacation. Free space to hear your parents tell you how great having an education is, and that they hope you're not.

(a) smoking pot  
(b) going to lose your virginity.  
(c) talking to any nasty radicals.

Welcome back! Lose a turn for not catching up on all the work you thought you would, over Christmas break.

Captain NAIT attacks you in the hall in the ensuing battle you accidentally tear his underwear. Lose two turns.

See the NAIT Oompk. Go back to the Inn and have another drink.

Join the NUGGET staff. Take an extra roll.

Buy a year's subscription to Life Magazine. When you find out it doesn't exist, go back to Grade Two.

Go see Mr. Carter, with some complaints. Take an extra roll.

Try to take out some equipment from Audio-Visual, but you're an Apprentice student. Go back to start.

Take part in Queen Week. Take two extra turns.

Book a racketball court two days in advance, and your name is still there when it comes time to play. Move ahead two.

Enter the NAIT Queen Contest and win! Move ahead three if you're a girl and go back to start if you're a guy.

Go to buy something in the Oookshop and Penny isn't out for coffee. Advance five squares.

You/your girlfriend gets pregnant. Drop out of the game.

Lose your virginity. It's rather late in the game for that sort of thing. Lose a turn.

Learn how to play bridge. Lose a turn.

Fall asleep on one of the lounge chairs in the 'rue room', and a Janitor tries to vacuum you up. Miss a turn.

You finally decide to open a textbook and nothing looks familiar. Lose two turns for cramming.

Get upset with inaction and run for Student Government, promising to promote meaningful changes in NAIT life. Take an extra roll.

Get elected to the Executive and do nothing, except hang around the Students' Association offices and drink beer. Go back to start.

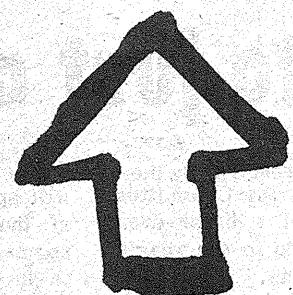
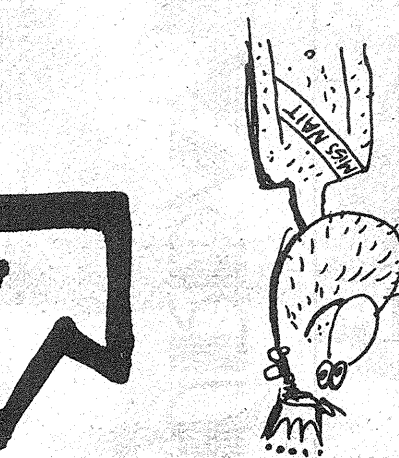
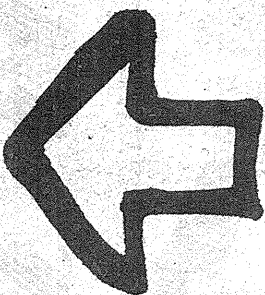
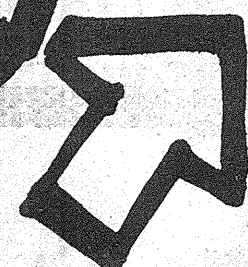
Final exams come, and you decide exams are irrelevant to any kind of meaningful life. Win the game, unless you consider making more than \$5,000.00 a year necessary for a meaningful life.

You can't find the room the exam is being held in. Miss two turns.

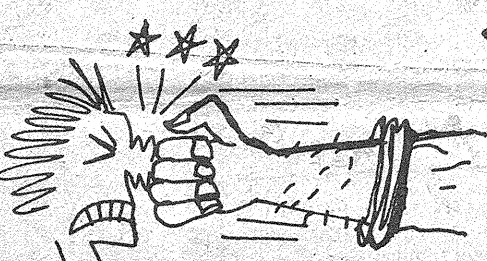
Discover the computer has you writing exams in four courses. Lose two turns.

All this time you've been at the start, they play the same game. accepted at SAIT! Go back to the wrong place, you were at the start. they play the same game.

# END



# NAIT



Pick a fight with Gung Fu bouncer at first cabaret. Spend a free night in the Royal Alex.

Get caught drinking at the Miss Freshette Dance. That's OK though, because Russ McLeod caught you and he only wanted a drink.

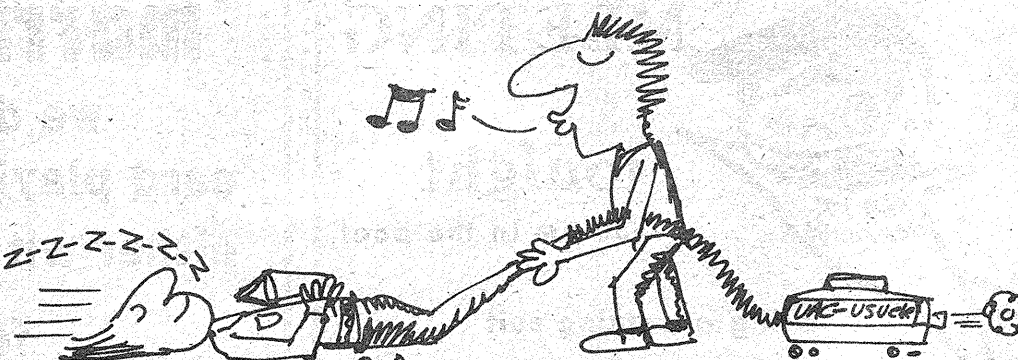
Get a ticket to the Frosh Bar-B-Que... and you're not a frosh. Move ahead five.

Second year goes to register but can't, because he forgot what courses he signed up for in May. Go back to start.

Freshman arrives on campus. Gets lost on the way to register. Miss a turn.

spend \$ 84.00

# START





# entertainment

## Kiddies show disappointing

by JOHN STEEDMAN

Spunk, King Biscuit Boy and Goose Creek provided three and a half hours of loud rock and roll and country music Wednesday evening in the Kinsmen Field House. The New York Dolls were supposed to perform but cancelled out of the show.

Spunk, a loud raunchy rock-n-roll band from Calgary, replaced the Dolls and started off the show. As is the case with many bands around today, their set offered nothing new and generally their songs were monotonous and very trying on the ears. Nevertheless a good percentage of the young audience were enthusiastic over Spunk's performance as they rocked their bodies rhythmically in time to the music.

King Biscuit Boy and his band played no better, as they played one rock and roll standard after another with one exception. King Biscuit Boy's harp playing was excellent and added a different dimension to the bands overall sound.

Goose Creek started playing excellent material from their



albums and their country songs were very entertaining, but as their set continued they started to play those good old rock and roll songs again and again and again, leaving this writer bored once again.

Ever present was the aroma of hashish and marijuana and the empty liquor bottles that littered the field house was a tell-tale sign that alcohol was being consumed in large quantities.

The audience was expected to, and did, sit on the floor so grubby clothes were in order and those who wore their good

clothes soon wished they had not, as kids not used to drinking were sick, and coke was spilled over unaware persons by people trying to step over seated persons in order to get back to their little piece of ground on which they were to sit.

Hopefully this is one of the last rock concerts to be held in the field house, and that future shows will be held in the new Coliseum which has more than adequate seating arrangements and should have better acoustics.

The lighting and amplification equipment was vastly im-

## Rucker very much alive

by John Steedman.

James (Sparky) Rucker proved at the Hovel last weekend that a flawless voice and complicated fingerpicking techniques are not necessary to play and sing outstanding blues and traditional country songs.

proved over previously used equipment and was largely responsible for the clean and undistorted sounds of the bands and helped recreate the sounds that Goose Creek obtained on their albums.

The average age of the audience I would guess to be about 16 or 17 years, gives this writer the impression of attending one large nursery school with the rock and roll providing the youngsters with the modern equivalent of the old simple nursery rhymes. This statement may offend the older persons in the audience but quite frankly my impressions of the concert was that on the whole the audience was made up of youngsters trying to be cool and hip while being passified by modern rock and roll nursery rhymes.

This concert did nothing out of the ordinary for anyone except make money for the promoters and provide a few hours of monotonous, boring music which the youngsters enjoyed.

Ruckers voice though not superb and not always in key had that certain delta blues down-on-the-farm feeling which many blues singers would give their right arm to have.

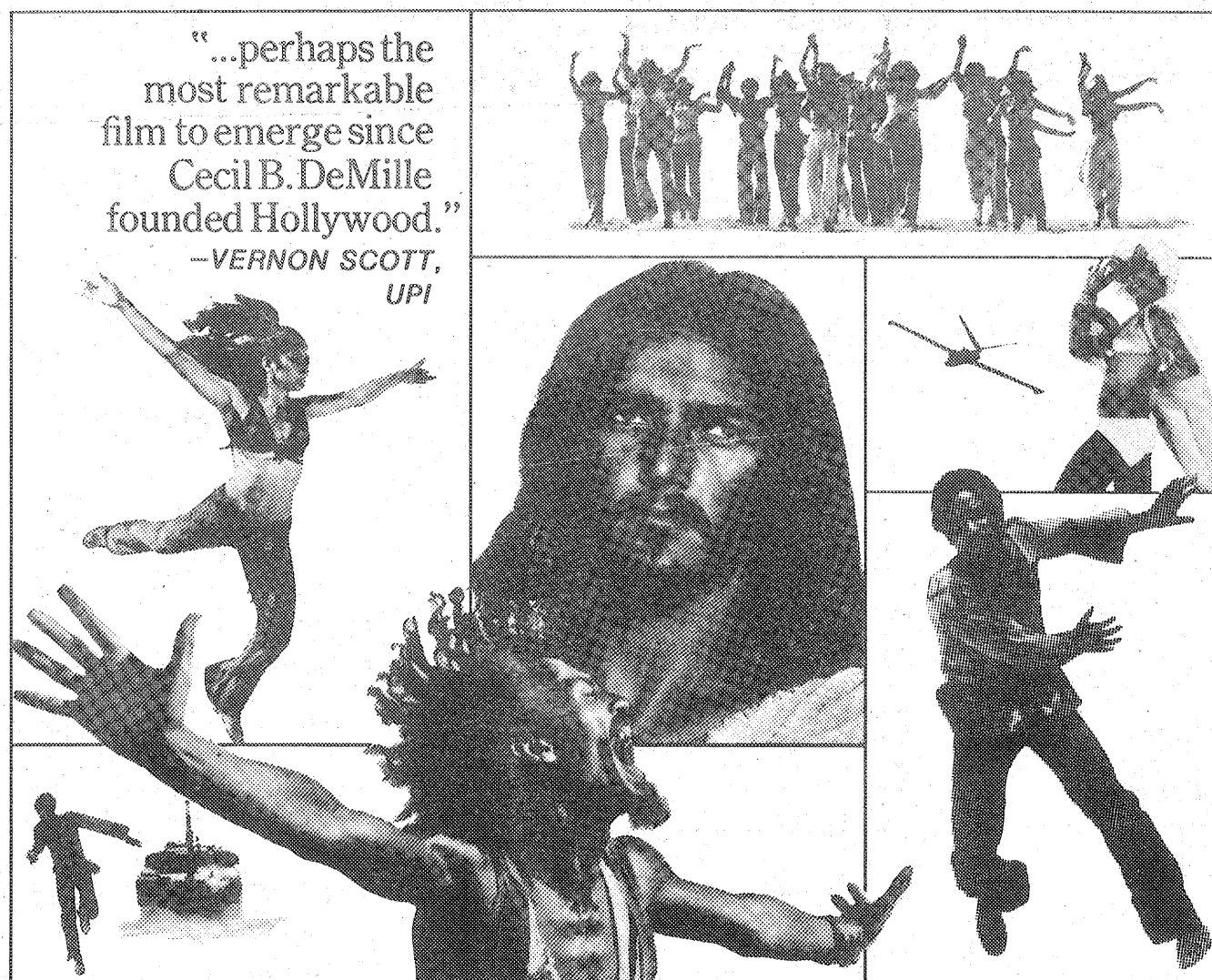
His slide guitar, eight stringing mandolin, and banjo playing was excellent considering the fact that most of the time he a simple single fingerpicking technique, occasionally using his other fingers.

Sparky not only excelled in American traditional blues and country songs, he also played a pretty rendition of an old Scottish ballad called "Wild Mountain Thyme", with an almost perfect Scot accent.

With most of the great bluesmen such as Mississippi John Hurt, Robert Johnson, Reverend Gary Davis, Big Bill Broonzy, Blind Lemon Jefferson, Son House and many others dead and with the remaining few such as Furry Lewis, Sonny Terry, Brownie McGee, Mance Lipscomb and Blind Willie McTell nearing the end of their days it is assuring to find young blues performers such as Rucker as well as Taj Mahal, Johnny Shines and John Hammond continuing to perform blues and country standards in a traditional manner.

# SIX DAY LIMITED ENGAGEMENT

And now the movie...



Universal Pictures and Robert Stigwood present A NORMAN JEWISON Film

## "JESUS CHRIST SUPERSTAR"

starring

TED NEELEY · CARL ANDERSON · YVONNE ELLIMAN · BARRY DENNEN

Screenplay by Melvyn Bragg and Norman Jewison

Based upon the Rock Opera "Jesus Christ Superstar" · Book by Tim Rice

Music by Andrew Lloyd Webber · Lyrics by Tim Rice

Music Conducted by André Previn · Associate Producer PATRICK PALMER · Directed by NORMAN JEWISON

Produced by NORMAN JEWISON and ROBERT STIGWOOD · A Universal Picture · Technicolor® Todd-AO 35

Original Sound Track Album and Tapes available on MCA Records.

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at  
7:30 pm

In the  
Little Cinema

STARTS SATURDAY



## canoeing



## First ever golf tourney win for NAIT

by BRENT STUMPH

NAIT's four-man Golf team captured the ACAC Golf Championship, held last weekend in Medicine Hat.

The squad carded a 144-hole total of 636, five strokes over second place Medicine Hat, and a new ACAC record. The previous best was 642, set by Mount Royal College.

Larry MacLise won the Low-Gross trophy, with a two-

round total of 148. This was the second consecutive time a NAIT golfer has placed first in the tourney.

Niel McIntyre finished fourth overall, shooting 153, John Anderson clubbed 166 and Bob McKittrick hit for 169.

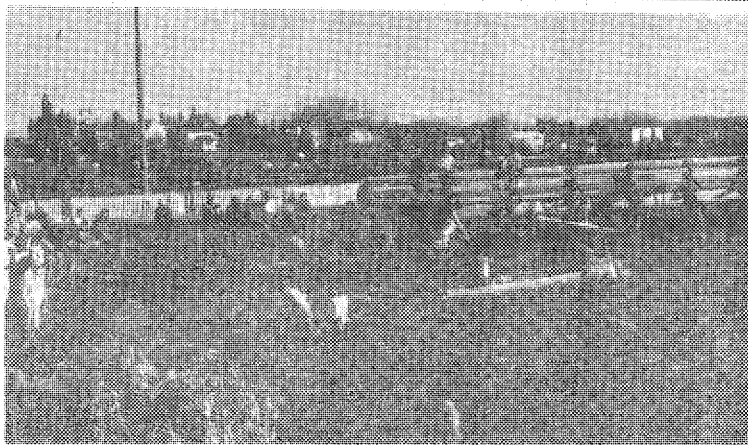
Overall team standings saw NAIT first, followed by Medicine Hat, Mount Royal, SAIT, Red Deer, Camrose and Grande Prairie.

victory because two of the Red Deer paddlers were instructors. War canoeing is probably the most difficult of all these types of races, because four people have to fit in a two-man canoe and try to paddle in some sort of unison. Also, each college can enter as many canoes as it wants, so there's a fairly large field, making for some pretty tricky canoeing. And there's always a lot of capsizes, usually because too many canoes are all trying to get to the same place at the same time. It's all great fun.

Our Cross-Country team unfortunately did not fare as well. With no women competing at all, NAIT had no chance of taking the overall championship.

The men's team finished third overall in their division, with Larry Hurt taking fifth spot, Steward Turner 13th, Paul McDonald 14th and Harry Anema 22nd.

The two and one half mile race was held at the Camrose Golf Course, with Camrose winning the championship.



## It's the kind of goal that counts

by BRENT STUMPH

Hockey season in the Alberta Colleges Athletic Conference has not yet begun, but already the NAIT Ooks have a goal.

Their goal, this year, is to make the playoffs. That doesn't seem like too great a pinnacle to reach, but when you're in a league as tough as the ACAC it's more than adequate.

"We'll have to scramble to get third or fourth because of the fact that Mount Royal is always tough and Camrose has a great incentive," said coach Al Symington.

Camrose's incentive is a twelve-game exhibition tour of Norway and Sweden this Christmas.

Symington is in his first year as coach, capably assisted by Roger DeJordy, a former Hershey Bear in the American League.

They are looking to veterans Dave McAmmond, second in the league in scoring last year; Larry Rindero, a great playmaker; and Dave Edwards, a big, strong defenceman, to get the team going.

Newcomers Reg Blaney and Larry Dirk should add some depth to the NAIT attack.

Coach DeJordy is particularly pleased with the goaltending.

Gord McDermott is returning from last year, and Vic Kennedy, in his rookie year, has so far been very impressive.

DeJordy said, "I think we have the best goalie in the league in Vic Kennedy. He's

fast, his reflexes are good and he's not afraid to work hard."

Symington agreed and added, "Our defence is still a little weak; they'll have to come along. We'll be going with five rookies until Edwards returns."

Edwards is presently recovering from a ligament injury.

The Ooks are at home Friday night, against the powerful Mount Royal Cougars. Game time is 8 pm, in the NAIT arena.

## Ookpik turkeys win on the road

by DAVE EDWARDS

It was quite a change from two nights previous, when the Ooks suffered a defeat at the hands of the Sherwood Park Knights, 7-3, considering that it was their first game and that they had a lot of new players, maybe the lapses were to be expected.

On Saturday night in Stettler, 'Symington's Turkeys' as coach Symington referred to them, completely dominated the game from the start, outshooting Stettler 46-22 and outscored them

5-2. It was the case of the Ooks out-hustling and out-hitting Stettler.

Scoring for the Ooks were Willie Moolyk with 2, while Dave McAmmond, Rick Jarmoritz and the flying Uke, Ken Kozak each accounted for one.

Most important in this game was that the Ooks played for 60 minutes, something that they will have to do this Friday when they play arch rivals, Mount Royal College, in the arena at 8:00 pm.

## Outdoor rec classes

All students registered in outdoor recreation classes must attend the Monday night session in room E 220, at 5:15 on the Monday before they are scheduled to go out. Any further questions should be directed to Bill Bresnahan in S 109.

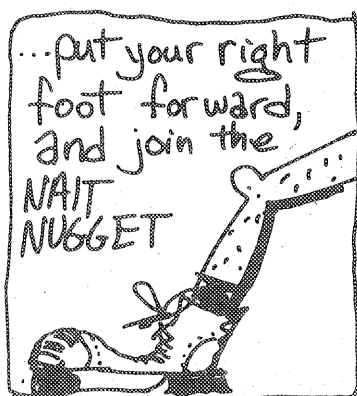
### MEN'S VOLLEYBALL

#### NEW MEMBERS WELCOME

practise on Mondays and Thursdays at 5:15 to 7:00 pm.

Contact Karl Puffer  
Grey phone 340

FOR SALE:  
Dual 12-19 turntable with Shure Cartridge M-91. \$175. Also a 39" bed, \$50. Phone 425-8360.



### HANDBALL CLINIC

for NAIT staff and students

Saturday, October 26

2:00 to 3:00 pm

More info in Sports Stores, S 7.

## OBJECTIVE: CAREER

If you're a young man with a Technical Institute Diploma in Engineering, you can have a challenging, well-paying career. In the Canadian Armed Forces.

As an officer in the Maritime Operational role, you'll receive the kind of training that will enable you to make important decisions in the service of your country. And in the cause of peace.

For more information, plan on attending the Maritime Engineering Presentation on:

Monday, October 28, 1974  
4:00 pm

Little Theatre H5  
Electronics Wing NAIT

or  
telephone your  
Canadian Forces Recruiter  
at 425-6710



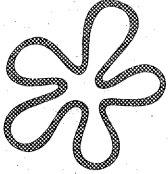
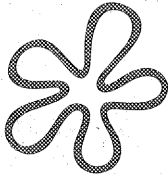
**Get involved with  
the Canadian Forces.**



POOL SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9 - 10 am		Service program					Continuing Education	
10 - 11								
11 - 12 noon							students & Privilege card holders	
12 - 1 pm	public	Students and staff						
1 - 2		Service program						
2 - 3								
3 - 4								
4 - 5	family	Students and staff						
5 - 6								
6 - 7								
7 - 8	AVC	swimming & diving clubs	water polo	water polo & swim club	diving club	swim club		
8 - 9		Continuing Education	Intramurals	Continuing Education	scuba club			
9 - 10 pm								

Staff and students must wear the tags, available in Sports Stores during those times for them



RINK SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 - 10 am	booked	recreation hockey	Service			recreation hockey	booked
10 - 11							
11 - 12 noon		recreation hockey					
12 - 1 pm	public		recreation hockey	skating		students, staff & family	
1 - 2					recreation hockey		
2 - 3		Service					
3 - 4					Service		
4 - 5		Service					
5 - 6		Ooks practise					
6 - 7	booked						
7 - 8	staff hockey	intramurals			intramurals	booked	booked
8 - 9							
9 - 10 pm	booked			Ooks			

Recreation Skating is skating only; no hockey sticks or pucks

NAIT students and staff MUST wear a helmet for recreation hockey

Practise times for Intramural hockey clubs are to be booked at the Rink Office on Monday morning.

Recreation Hockey time is for anyone with a helmet.





by TED POWER

Now that you have begun to get yourself into condition for the upcoming ski season, your thoughts turn to the purchasing of equipment. This week I will dwell on the science of buying skis.

The Edmonton Ski Club hosted Swap Day at the Kinsmen Field House last Sunday and it was a tremendous success for most people. Skis, boots, bindings and poles were sold at great savings to customers. For those of you that missed it, you must now turn to commercial outlets to buy equipment.

Skis, longer or short, performance or beginner oriented, which should you buy?

Until three years ago there were basically only two types; racing and non-racing. With the combined effects of free-style skiing and the short-ski boom the manufacturers have begun to make skis for all classes of skiers.

The first thing you must do is critically evaluate your own skiing. If you are truly a novice don't envision yourself kin to Jean Claude Killy because you are apt to end up with a ski that is much too high-performance.

The next thing is to examine the Ski Test Reports in the ski magazines. Look for skis that suit your ability. If you are a novice be concerned about the ease with which a ski turns and not with its stability. Soft-flexing, easy-torquing skis meet these requirements. If you are a rapidly progressing intermediate you should consider buying 'beefed up' models of regular length (over 190 cm) skis.

Manufacturers are producing special, short versions of their top models so that you can have a higher performance shorter ski to speed up your development.

Thirdly you must decide whether or not short skis are for you. For beginners and lower intermediates shorts, to make turning more easy, are a must. They are also advantageous if you don't intend to or can't make the transition to intermediate status. For those of you who are competent recreational skiers a 190 is the longest you need look at but remember the shorter you go the less stability you have.

If you are happy with the length you have now, don't change however, if you have been struggling for years the switch to a shorter ski might spring you loose and you will finally enjoy skiing.

Finally you must look at the price. Decide how much you can afford and compare the skis in that price range. Most of the ski shops are reluctant to dicker about price at this time of year, but, after Christmas you can pick up some good deals. The Mountain Shop, however, has a standard 10% discount for all Canadian Youth Hostel Members so if you spend \$5.00 for a membership you can save upwards of \$20.00 on many equipment purchases.

In closing, this week, I would like to reprint something I took from Skiing Magazine several years ago:

#### SKIING AND SEX

...there are a great many parallels between good skiing and good sex. Like sex, skiing can give you a unique kick. Like sex, skiing is most enjoyable when you are relaxed, when you have left your inhibitions and repressions behind. Generally speaking, a relaxed, confident, uninhibited person will be a better skier (and lover) than a tense, timid, inhibited person. If you enjoy sex, you will enjoy skiing and if you are capable of good sex, you are capable of good skiing.

Keep those cards and letters coming and Get it on.

## Civil takes soccer crown

by RANDY MCGILVRAY

In Thursday night soccer action Civil Technology took the Intramural Soccer League by defeating Millwork & Carpentry 3 - 0 in the final game.

Previously, Civil went undefeated through regular season play. Most of the games however were won by default. Millwork & Carpentry ended their season with a 3 win 2 loss record and in second place. One of their losses came as a result of a 5 - 0 win by Civil.

The first half of the game ended in a scoreless battle. But in the second half Civil started their scoring with a goal by Reinhard Moellenbeck from close in. Then Civil was given another chance when they were given a penalty shot. Randy McGilvray made that one good and Civil led 2 - 0. Later Dennis Sanche put another one inside the posts, and Civil was content with a defensive game.

The last play of the game was when Millwork and Carpentry had their only chance at a goal, when they were given a penalty shot. The attempt was missed and Millwork and Carpentry left the field for the second time defeated by Civil Technology.



## MIXED BOWLING LEAGUE

monday - wednesday

7-9 pm

\$1.25 for  
three games  
per night

October 25  
registration  
deadline

60 people  
with 5  
sparing



For further information  
come to games room E-21

minimum 2 women per team



We wish to go wherever the Spirit leads in order to cooperate in man's complete development and sanctification.

We try to follow Christ by living a communal life, being present among our fellow men, sharing their joys and sorrows, their aspirations and their legitimate struggles for a more human world.

We are the Holy Cross Fathers.

For further information, write:

Vocation Director  
Holy Cross House  
Fredericton, N.B.

Please send me information about your community.

Name \_\_\_\_\_

Address \_\_\_\_\_



THINKER



**We  
hope he's  
thinking  
about the  
NUGGET's big  
organizational  
meeting, TODAY  
at 4:30 p.m. in  
the small cafeteria**