

Nait

FROSH

**hand-
book**

1975-76



EDITOR:

PILL NOWRIE
PUBLICATIONS CHAIRMAN - N.A.I.T.S.A.

COVER DESIGNS BY:

N.A.I.T. AUDIO VISUAL E. Rensaa - Artist

SPECIAL THANKS TO:

BRUCE (RADAR) WATSON
John Crawley
DAVE EDWARDS
L. SEMRAU
Mrs. 'D'

PHOTOGRAPHS/CARTOONS WERE ORIGINALLY PUBLISHED IN: "THE NAIT NUGGET" & "THE NORTHERN TORCH" 1972-73 TELEPHONE DIRECTORY.

THE "NAIT FROSH HANDBOOK" IS PUBLISHED ANNUALLY BY THE N.A.I.T. STUDENTS' ASSOCIATION (PUBLICATIONS DIVISION) IN CO-OPERATION WITH THE NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY ADMINISTRATION.

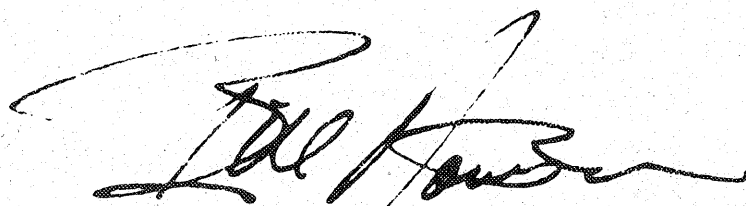
FOREWARD

WELCOME TO N.A.I.T.

This edition of the students' Handbook is provided for Freshmen as a guide to some of the services, events and organizations available to you on campus as provided by or in co-operation with your Students' Association.

Your Student Association hopes you will take advantage of the services offered to you by participating.

If you have any problems drop into the Students' Association offices in E133.



bill nowrie

NAITSA PUBLICATIONS CHAIRMAN

NAITSA PRESIDENT'S MESSAGE

WELCOME STUDENTS!

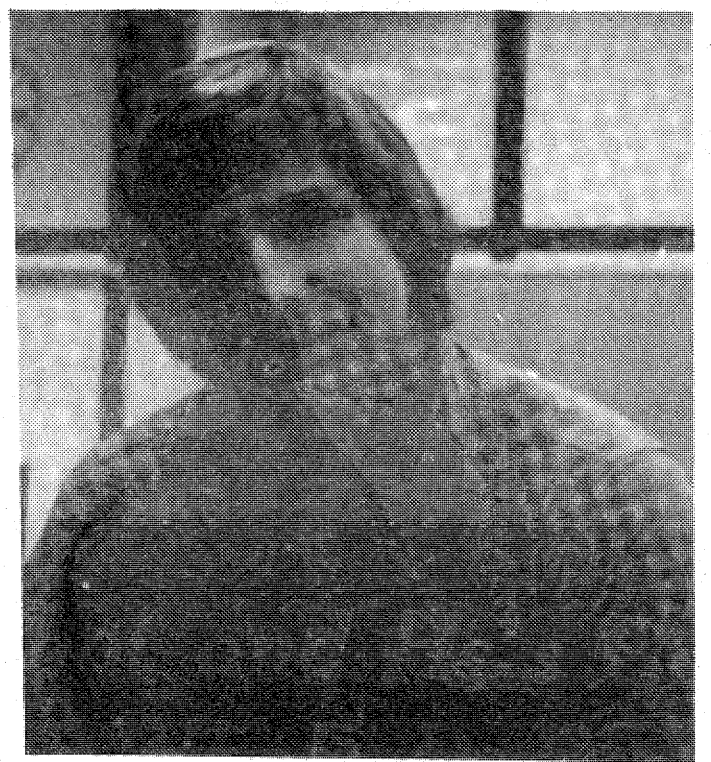
It is the hope of the Student's Association that you will find your year (s) at NAIT rewarding in terms of academic achievement and career goals. This is one of your greatest chances to meet all kinds of people.

The best way is to get involved, PARTICIPATE!!! The Student Union organizes cabarets, beerfests, movies, etc, and in the area of athletics, it helps with intramurals, college teams, and competitions.

The Student's Union Representatives are here to answer any questions and help with any problems. Interested students are always welcome, so drop in and see us in E133, we are here for your benefit.

Less than ample involvement has been a problem in past years. Remember- it's your time, your investment, it's up to you to take the first step, GET INVOLVED!!!

Good luck this year.

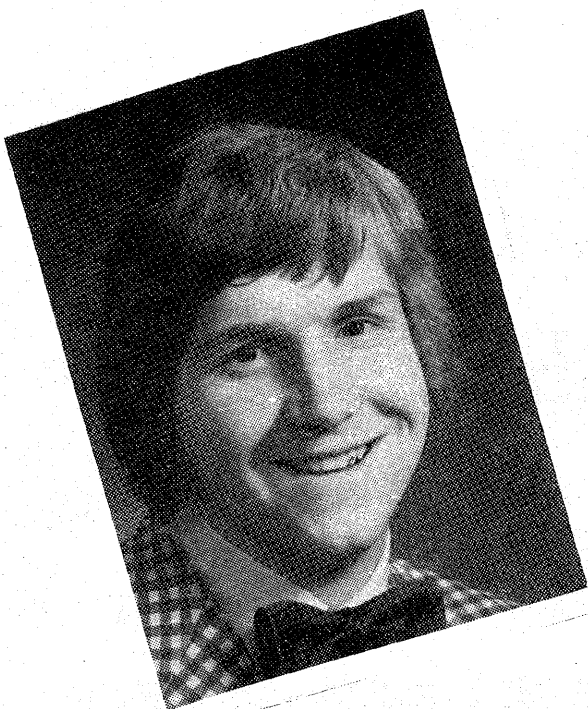


Dave Edwards

dave edwards
president - naitsa

Nait STUDENTS' ASSOCIATION EXECUTIVE

† GREY
PHONE
NUMBER



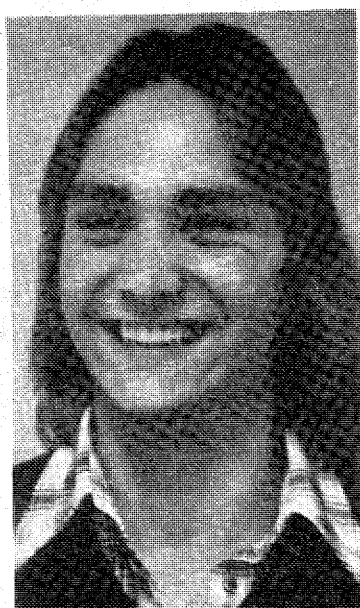
DAVE EDWARDS president †428



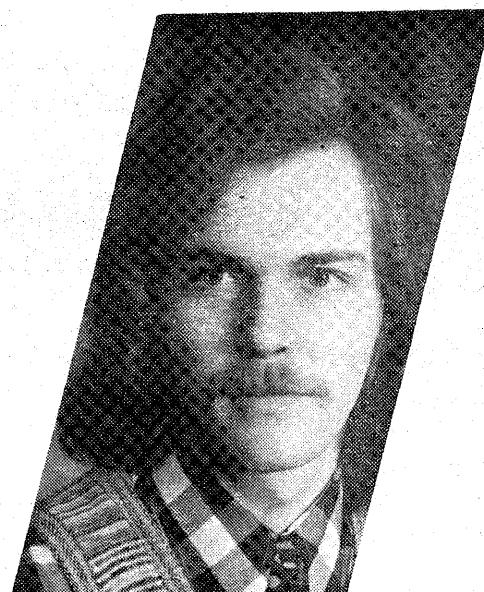
DARCEY LEVESQUE vice-president †434



LLOYD ONISHENKO treasurer †432



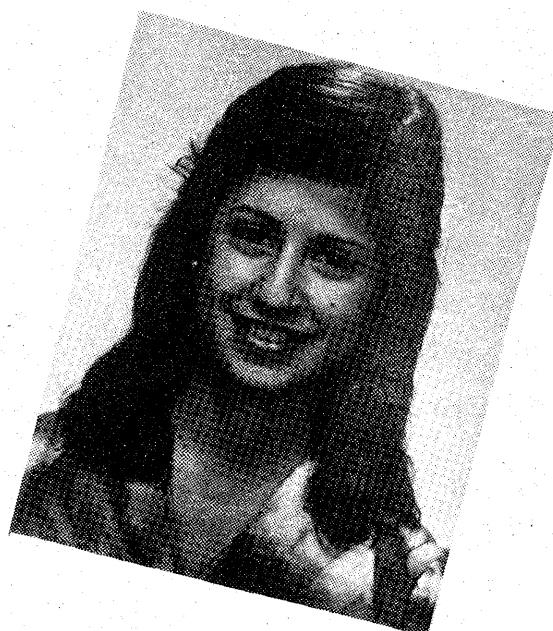
LORIE LUPUL †431
social chairman



BILL NOWRIE †430
publications chairman



KEN KOSAK athletics †433



LINDA ABOUGHOCHE †431
secretary

OFFICES: E-133

BLACK: 477-4327
ALL OFFICES

ENTERTAINMENT FROM

NAITSA

NAIT

STUDENTS'
ASSOCIATION

STUDENT

RADIO

CHNR
RADIO

NAIT Nugget

the **Little Cinema**
HS

STUDENT

TELEPHONE

DIRECTORY

Used Books, Magazines, Comics, Posters, Cards,
Tape, Black Pens, Pencils, Crayons, Lab Coats,
Crests, Jackets, Records, 8-Track Tape Units,
Campus Kits, Black Lights, Tampax, Shampoo,
Hair Conditioner, Deodorant, T-Shirts, Runners,
Sweat-Shirts, Sweatpants, New Books, Erasers,
Looseleaf, and a wide range of assorted wordly
goods to soothe both mind and soul.

BOOKSHOP

"THE BOOKSHOP" & "NAIT GAMES ROOM"
are owned and operated by
NAIT STUDENTS' ASSOCIATION

**STUDENT STORES
E - 126**

ONE OF OUR SATISFIED CUSTOMERS:



reprinted from 1971-72 naitsa
students' telephone directory

GAMES ROOM

snooker tables

E-25

pinball

bowling

NAIT

N
O
R
T
H
E
R
N

T
O
R
C
H

YOUR NAITSA STUDENT CARD

PROVIDES YOU WITH

OVER 15 SERVICES!

ACCEPTED AS IDENTIFICATION AT CDN IMPERIAL BANK HERE AT NAIT and most other city banks.

Accepted for student rates at many Edmonton theatres.

Provides discount on school supplies from Hughes-Owens Co. 10326-101 St.

Free admission to all Athletic Events at NAIT.

Enables you to purchase tickets (often at a discount rate) to NAIT Social Functions.

Enables you to take out athletic and audio visual equipment and accepted at mainstores and NAIT library to take out books.

Entitles you to a copy of 1975-76 telephone directory (October), (Yearbook) Northern Torch (Sept. 76) and the weekly Nugget.

Entitles you to vote at all Student Referendums and NAITSA ELECTIONS.

Free unclassified ads in the Nugget.

Free admission and use of activities centre facilities (eg. swimming).

Most activities during Frosh Week free (for Frosh).





SHINERAMA '75

OCTOBER 3rd



Shinerama '75

The purpose of Shinerama is to raise money for the Canadian Cystic Fibrosis Foundation, to help in its continuous research into the causes and cures of Cystic Fibrosis.

Shinerama is an entirely voluntary one-day shoe shine campaign in which the students of NAIT will shine shoes of the Edmonton area public for any contribution, regardless of the amount. The shiners, out in teams, cover downtown, Whyte Avenue, and all major shopping centres in Edmonton.

This year we have a competition (again) with our rivals from SAIT.

Last year there was a difference of opinion between NAITSA and SAITSA over the total amount collected at SAIT so the prize of 5 kegs of beer was never given away.

Classes will be cancelled in the afternoon of October 3rd. and a party will be given to all shiners.

Please give a few hours of your time to "GIVE A CHILD THE BREATH OF LIFE".

NAITSA PUBLICATIONS

newspaper

NAITSA

Publications

NAIT

Nugget

FREE

PUBLICATION: WEEKLY

NUGGET

NAIT's exciting and sometimes controversial newspaper is a weekly publication called the "NUGGET". It is the Nugget policy to increase awareness and concern amongst the students and staff of NAIT.

Content of the Nugget includes: features; sports; columns; Entertainment Reviews; Interviews and almost anything legal. Many hands, mouths, and minds are needed to ensure its success. Anyone having or wanting journalism experience is welcome to drop into the NUGGET office anytime in Room E128, or NAITSA offices, Room E133B.

CHNR

CHNR is NAIT's student radio station, bringing music to Northern Alberta's Pillar of Wisdom, for lack of a better word, and all who live and work within her. Housed in rooms E129A, D and E, CHNR is now financed by Radio and Television Arts Technology. It is hoped that the station's intermittent broadcasting on a day-time basis will be dropped soon, in favor of full-time broadcasting. Few program restrictions are imposed so prospective dee-jays will have a free hand in their choice of music.

NORTHERN TORCH

The Northern Torch is the name of the NAIT Yearbook. The year book is in constant need of people to help at identifying pictures, heading different sections for the book's production, secretaries to help in the copy aspect of the book, and writers.

The Northern Torch is something that concerns every student at NAIT, and it can be a treasured and meaningful publication. However, this requires committed support from you.

Anyone interested in working on the Nugget, CHNR Radio or Northern Torch please contact Bill Nowrie, NAITSA Publications Chairman in E133B or 430 Grey.

Yearbook

NORTHERN TORCH

included in student association fee

PUBLICATION DATE: OCTOBER 76

75-76 telephone directory

free to students

available:

OCTOBER 75

CHNR

RADIO

**FROSH
HANDBOOK**

queen week



MISS NAIT

Queen Week is a week of mischievous frolic and fun full of entertainment and high spirits. Each sponsoring tech. should have their candidate forms submitted to NAITSA Social Chairman. In December, the techs. introduce their candidates and plan their campaign strategy. Then comes January, and a very hectic Queen Week. The sky is the limit, anything can happen, and usually does, just ask the seniors. The more your tech. participates the more points your candidate gets.

Miss Nait is crowned at one of the biggest, and most important functions of the year - the Queen Ball. Once crowned, Miss Nait goes on to represent our Institute at all major events and activities during her term in office.

This year's Miss Nait is Dariel Ritchie, a second year Dental Lab. student. Dariel reigns until the Queen Ball in January, when a new Miss Nait is crowned.

ACTIVITIES

Due to the size of the Institute and the complex arrangements necessary to hold an evening dance, a meeting of the Activities Committee will be held in September to determine the allotment of dances.

The functions now taking place this year include:

September	Frosh Dance
January	Queen Ball
May	Awards Night

STUDENT RIDES

Want a ride somewhere? NAITSA has initiated a student ride system. This consists of a slotted board, each slot designating a different area. A person wanting a ride would fill out a card, with his/her name, address, phone number, exact destination, date and time of departure, and check the rides available. With both drivers and prospective passengers cross-checking the board, rides can be arranged.

The board is on the South wall of E Wing hallway, by the double doors, and next to Student Services Office (E134).

1974

NAIT FROSH WEEK

mon. 16th **Karl Erikson**

11:30 am - 1:00 pm AUDITORIUM

tues. 17th

jayson hoover n' stuff

11:30 am - 1:00 pm AUDITORIUM

wed. 18th

MACLEAN & MACLEAN

11:30 am - 1:00 pm AUDITORIUM

BAR-B-QUE & BEER FEST

FEATURING

MACLEAN & MACLEAN

6:00 pm - 10:00 pm MAIN CAFETERIA
FROSH FREE OTHERS \$1.00

thur. 19th

JOY BRADY

11:30 am - 1:00 pm AUDITORIUM

fri. 20

JOY BRADY

11:30 am - 1:00 pm AUDITORIUM

and in the arena

DUSTY DRAPES &

8:00 pm - 9:00 pm

the DUSTERS

FLASH CADILLAC &

THE

CONTINENTAL KIDS

9:00 pm - 10:30 pm

H.P. riot (from SAN FRANCISCO)

11:00 - 1:00 am

TICKETS AVAILABLE AT THE "BOOKSHOP" - E-126

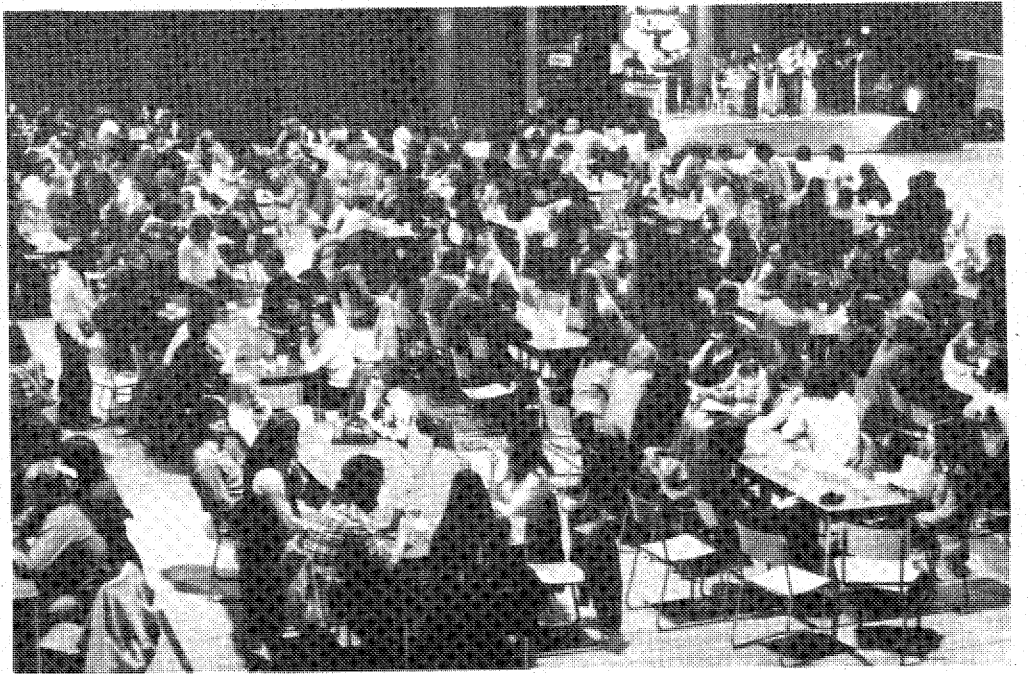
TICKETS \$2.50

FROSH * WEEK * 75 *

Frosh Week, commencing on September 15 will once again get things off to a fast start. During the week, there will be top name groups from all over North America for your entertainment. There is much to do and much, much more to see! Friday is highlighted with NAIT's first Cabaret of the year to get it off to a good start.

The week's activities will conclude on Friday evening, September 19 with the Frosh Dance, complete with the crowning of Miss Freshette and music provided by a top band.

Good turnouts are expected for all of the activities, so unless you want disappointment, come early and enjoy yourselves. The Frosh Dance is free to all Freshmen and his or her date.



MISS FRESHETTE

74-75



During Frosh Week each year, NAITSA looks for "Miss Freshette", who becomes our candidate for "Miss Edmonton Eskimo". Each candidate must be sponsored by a tech., and each tech. must have their entry in to the NAITSA Social Chairman by Wednesday, September 10 at 4:00 p.m.

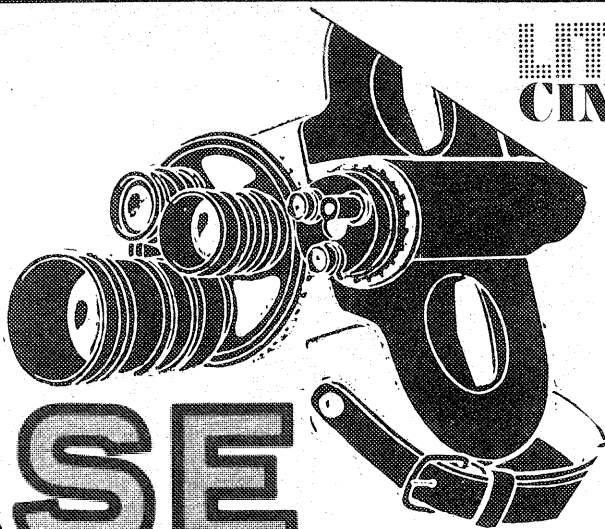
The winner will be crowned at the Frosh Dance.

CINEMA

75-76

SHOWCASE

LITTLE H-5
CINEMA



An Event...

STARRING

CHARLTON HESTON

AVA GARDNER · GEORGE KENNEDY · LORNE GREENE

GENEVIEVE BUJOLD · RICHARD ROUNDTREE Co-starring MARJOE GORTNER · BARRY SULLIVAN

LLOYD NOLAN · VICTORIA PRINCIPAL Written by GEORGE FOX and MARIO PUZO Music by JOHN WILLIAMS Produced and Directed by MARK ROBSON

Executive Producer JENNINGS LANG · A MARK ROBSON-FILMAKERS GROUP PRODUCTION ORIGINAL SOUNDTRACK AVAILABLE EXCLUSIVELY ON MCA RECORDS AND TAPES
A UNIVERSAL PICTURE · TECHNICOLOR® PANAVISION®

"Something hit us... the crew is dead... help us, please, please help us!"

AIRPORT 1975



An all NEW movie
inspired by the
film "AIRPORT"
based on the novel
by Arthur Hailey.

CHARLTON HESTON

KAREN BLACK · GEORGE KENNEDY · GLORIA SWANSON

HELEN REDDY · EFREM ZIMBALIST, JR. · SUSAN CLARK

SID CAESAR · LINDA BLAIR · DANA ANDREWS · ROY THINNES

NANCY OLSON · ED NELSON · MYRNA LOY · AUGUSTA SUMMERLAND

Written by DON INGALLS · Directed by JACK SMIGHT · Music by JOHN CACAVAS · Produced by WILLIAM FRYE

Executive Producer JENNINGS LANG · A UNIVERSAL PICTURE · TECHNICOLOR® PANAVISION® ORIGINAL SOUNDTRACK AVAILABLE EXCLUSIVELY ON MCA RECORDS AND TAPES



7 ACADEMY
AWARDS
INCLUDING
BEST PICTURE

PAUL
NEWMAN
ROBERT
REDFORD

ROBERT
SHAW

A GEORGE ROY HILL FILM

THE
STING

Written by DAVID S. WARD · GEORGE ROY HILL
Produced by TONY BILL and
MICHAEL & JULIA PHILLIPS
TECHNICOLOR® A UNIVERSAL PICTURE

Sept. 12-15



A Joseph E. Levine and Brut Productions
Presentation

George Segal Glenda
Jackson

A Melvin Frank Film

A
Touch
Of Class

An Avco Embassy Release Technicolor® Panavision®

BUTCH & THE KID
ARE BACK!

Just for the fun of it!

PAUL NEWMAN
ROBERT REDFORD
KATHARINE ROSS
"BUTCH CASSIDY AND
THE SUNDANCE KID"

A NORMAN JEWISON Film

"JESUS CHRIST
SUPERSTAR"

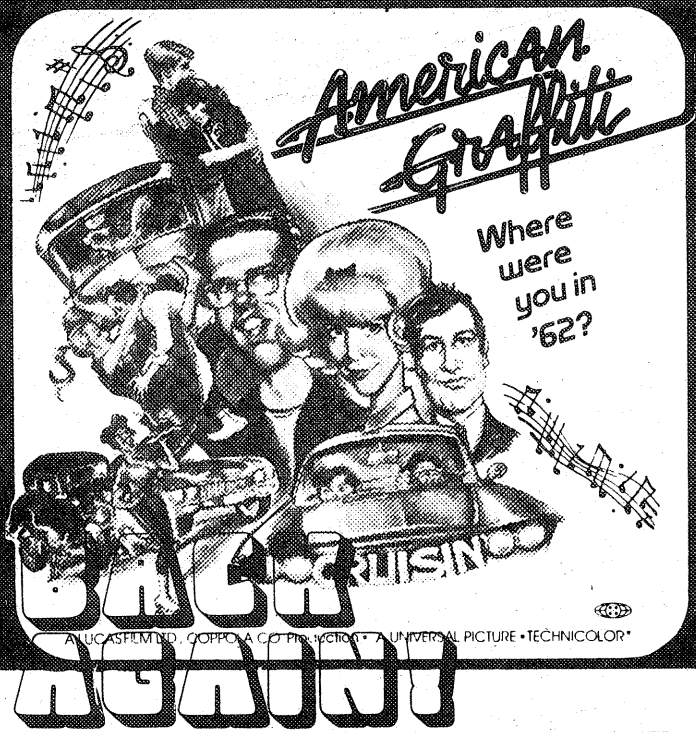
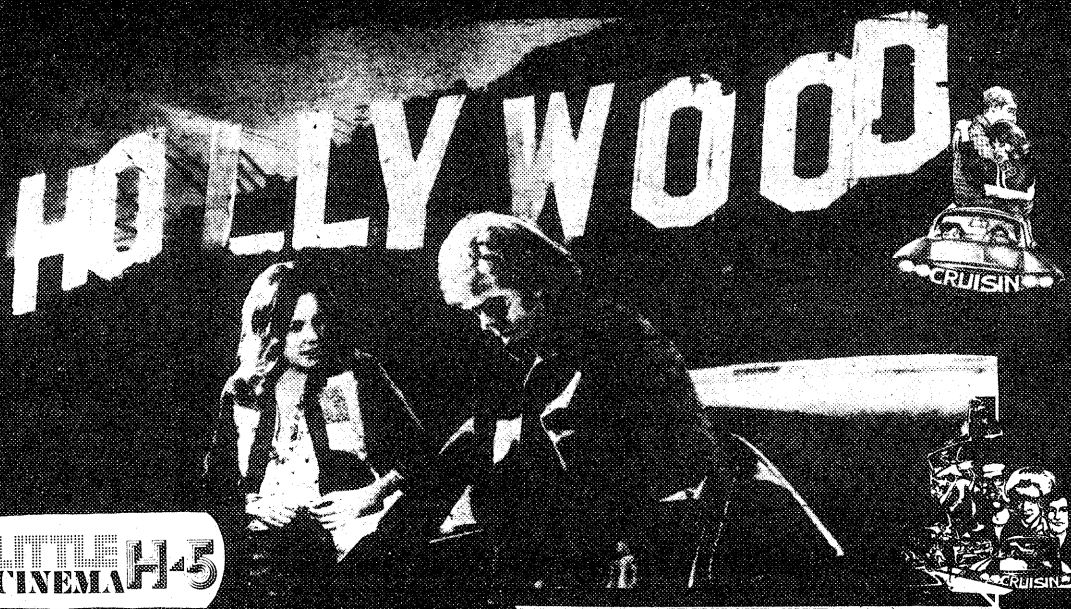
A Universal Picture · Technicolor® · Todd-AO 35

The Laughing
Policeman

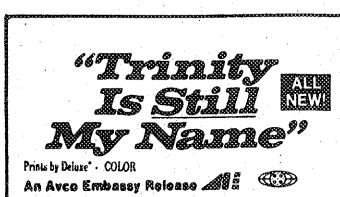
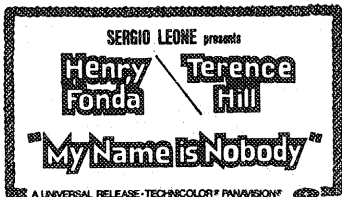
COMING

LITTLE H-5
CINEMA

ATTRACTIONS



TRINITY IS BACK - 3 HITS!

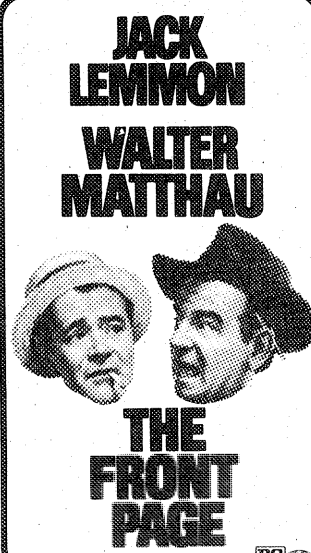


The Great WALDO PEPPER



Robert REDFORD

LITTLE CINEMA



TECHNICOLOR® PANAVISION® A UNIVERSAL PICTURE

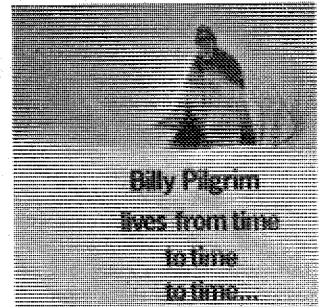
A girl with a great following...
600 troopers on her tail,
And the rest of the country
cheering her on.



A ZANUCK/BROWN Production
GOLDIE HAWN
THE SUGARLAND EXPRESS

A UNIVERSAL PICTURE - TECHNICOLOR® PANAVISION®

WINNER 1972 CANNES
FILM FESTIVAL
JURY PRIZE AWARD
Only American Film
to be so Honored



A GEORGE ROY HILL PAUL MONASH PRODUCTION
SLAUGHTERHOUSE - FIVE
A Universal Picture in TECHNICOLOR®



COLOR BY DE LUXE®



From the producer of "Bullitt"
and "The French Connection."

THE SEVEN UPS



Fred Zinnemann's Film of
THE DAY OF THE JACKAL
A John Woolf Production
A UNIVERSAL RELEASE • TECHNICOLOR®



Sam Peckinpah's
PAT GARRETT AND BILLY THE KID

MGM Presents
"PAT GARRETT AND BILLY THE KID"
Starring **JAMES COBURN**
KRIS KRISTOFFERSON • **BOB DYLAN**
Also Starring **JASON ROBARDS**
Written by **RUDY WURLITZER**
Produced by **GORDON CARROLL**
Directed by **SAM PECKINPAH**
METROCOLOR® • PANAVISION®

CABARETS

About every two weeks, NAITSA sponsors a cabaret. These functions begin at 4:30 p.m. and run until about 8:00 p.m. Top name groups play the dance sounds; beer, and hard liquor, are available to liven the spirits. Cabarets take place in the cafeteria, and since its capacity is only 700 people, you had better get there early if you want a good seat.



EVERYONE INCLUDING
George Carter - nait president
HAS A GOOD TIME
AT
naitsa CABARETS

OPEN HOUSE

Open House is the most important external function of the entire year for the Northern Alberta Institute of Technology. Every department prepares for weeks for the public's visit. All students within these departments contribute in some way to their particular technology display. It is only with the efforts of the administrative staff and the student body combined, that NAIT Open House has been so successful. Last year Open House was opened by RCMP, in a flag raising ceremony, and approximately 50,000 businessmen and citizens visited our Institute.



March 14-15-1975
Friday 9am-10pm.
Saturday 9am-6pm.
Northern Alberta Institute of Technology
11762-106th Street
EDMONTON

Think
careers
think **NAIT**

CANADIAN UNIVERSITY STUDENTS OVERSEAS

CUSO offers you a world of opportunity to learn and serve abroad.

CUSO is an independent, voluntary agency founded in 1961 to provide technical and professional help to emerging nations requesting it. Several hundred CUSO volunteers from a wide range of trades and professions are working in 30 countries throughout Asia, Africa, Latin American and the Caribbean. CUSO's record of accomplishment and realistic help is an enviable one - reflected in steadily increasing requests from abroad for more volunteers of CUSO caliber. That's why, if you want to learn and serve CUSO needs you.

For further information concerning CUSO, see Art Hooks in Room E134

PUBLIC RELATIONS

WELCOME TO NAIT:

NAIT's Students' Association sponsors many activities during the year. Among the various events sponsored are charity drives such as Shineram and Santa's Anonymous. They need student involvement in the way of planning and coordinating, as well as participation. You will be informed well in advance of the date of the particular events.

Donate your time - be it 10 minutes or 2 hours.
Come down and see the PR Staff in E129B ANYTIME.
Help is always welcome!



SANTA'S ANONYMOUS

The name, Santa's Anonymous, needs particularly no explanation. This drive, sponsored by 630 CHED, has become renowned for its help to underprivileged children.

Each year NAITSA sponsors its own drive to raise money for those children who would never know Christmas without Santa's Anonymous. This year we will be holding a raffle to raise money.

Sell some tickets, or just by one. You may become a winner but the real winner will be the children.

SUPPORT SANTA'S ANONYMOUS!

CANCER DRIVE BLITZ

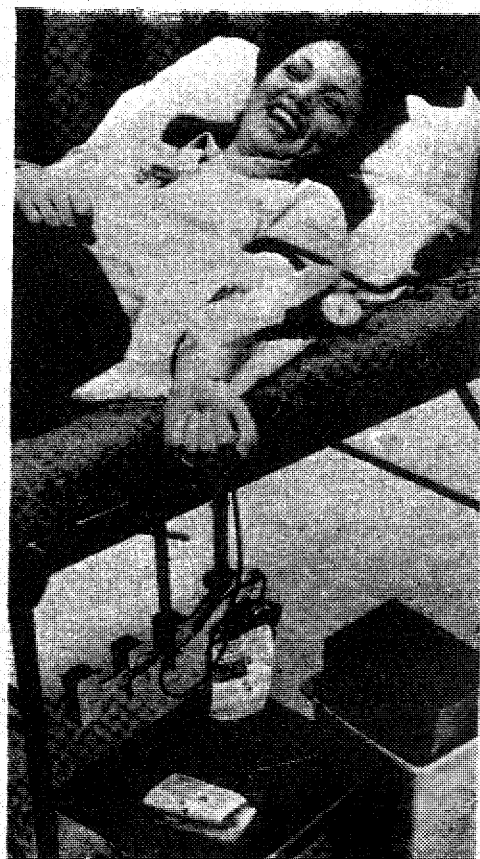
Each year NAIT students tramp out in rain or shine to canvas for a couple of hours on behalf of the Canadian Cancer Society. Last year in pouring rain a handful of canvassers raised over \$1,000.00. It was wet but a lot of fun and there was a party afterwards for the canvassers.

The blitz takes place in April sometime so come and help the Canadian Cancer Society raise money for the fight against cancer and have some fun at the same time.

BLOOD DONOR

The Canadian Red Cross Society is on campus sometime in January, every year, to hold a Blood Donor Clinic for NAIT students. In the past, turnout has been exceptionally good. We hope it will be as good again this year. Please remember that the "Gift of Blood is a Gift of Life".

A "BLOODY MARY" trophy is awarded to the technology contributing the most blood on a percentage basis.

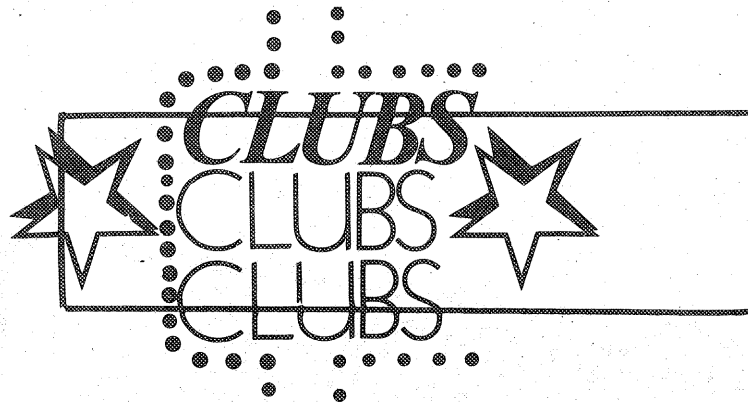


ACTIVITIES HOUR

Every Wednesday, from 1:00 to 2:15 is Activities Hour (or Common Hour). This is your opportunity to participate in NAITSA sponsored clubs and activities. Most club meetings are held at the time, and there are often films, guest speakers, and music groups.

Activities Hour is free from scheduled classes for all full-time day students, by agreement with the administration. If you find you have had a class scheduled by mistake on Wednesdays at 1:15, talk to your Department Head, or bring it to the attention of NAITSA Executive member.

This is your opportunity to get involved. Please do!



TECHNOLOGY CLUB

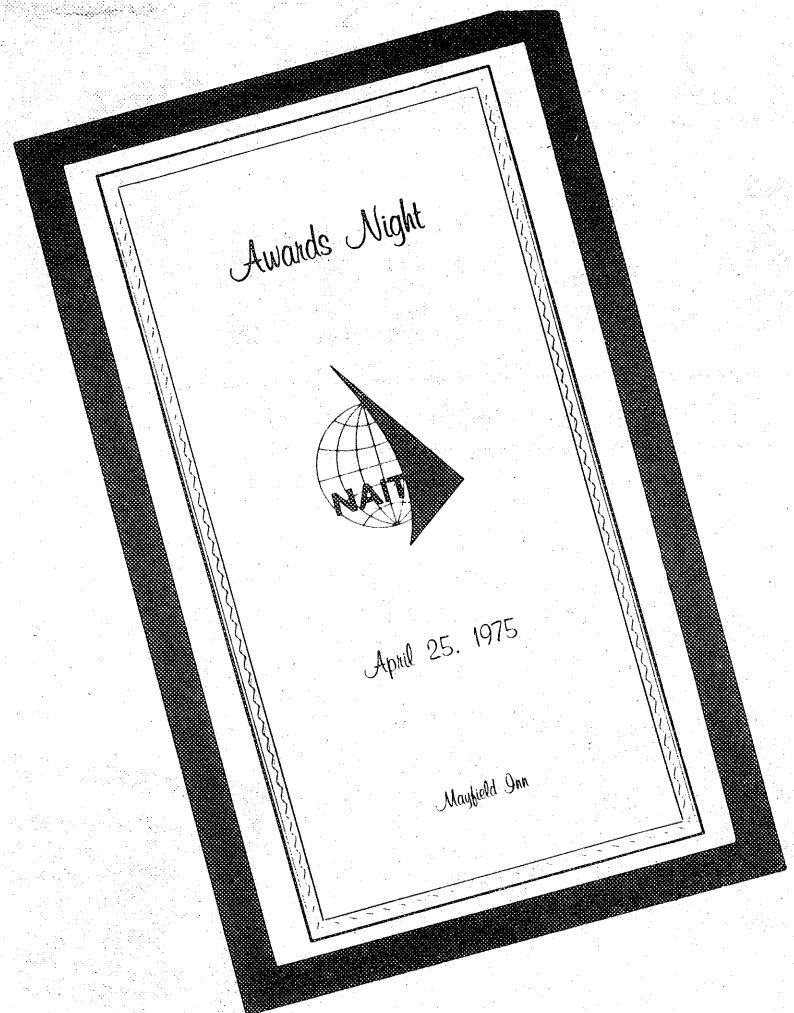
Most technologies have their own clubs. Membership fees and privileges vary with each club; your seniors will probably tell you about your tech.'s particular club.

Some of the clubs are content just to have an occasional keg party, some hold dances or raffles to raise money, and some get involved in challenging other clubs at things like football or bridge-building. Your tech. club becomes very important for Shinerama, the Bloody Mary Trophy, and Queen Week, as points are awarded for participation.

Club Culinaire is an interesting tech. club. Their purpose is to supply experience in the food industry to their members. They cater to banquets, cabarets, keg parties, and take an active part in Open House. Club Culinaire is closed to all except Commercial Cooking students, however, not all tech. clubs operate this way. Some, such as B.A.S. or Electronics, are open to anyone who has the membership fee.

OVERSEAS STUDENTS CLUB

The main objective of this club is to promote social and recreational activities among the overseas students. Anyone interested should contact Art Hooks, Assistant Director of Student Services, in E133.



Each year the Students' Association awards the students who have contributed to the improvement and recognition of the Institute through their activities and achievements. The awards are presented to students who have earned recognition in sports and extra-curricular activities. There are numerous sports and service awards as well as honoraria awards.

The Golden Torch Award is the highest award a NAIT student can receive. This award goes to a person who has worked exceptionally hard and given up much time for the betterment of NAIT. Last year the award was won by two very gifted individuals, Ed (Fast Eddy) Kohel, Social Chairman, and Donna Grielach, Vice President.

The ultimate award is the Neil Hutton Memorial Trophy, awarded to the most deserved student for his or her involvement with student affairs, above the call of duty. Last year this was won by Ed (Fast Eddy) Kohel, Social Chairman.

phone numbers

Advertising Department
Apprenticeship Board
Audio Visual Services
Barbering
Beauty Culture
Canada Manpower Center
Chief Caretaker
CHNR - Newsroom
CHNR - Studio
Continuing Education
Counselling
CUSO
Data Center
Dept. Public Works
Health Services
Imperial Bank of Commerce
Institute Bookstore
Library
Little Theatre
Lost and Found
Main Stores
Northern Torch (Yearbook)
Nugget (Newspaper)
Registrar
Student Services
Student Stores
Timetable Office
VE6MR

E133B	430
	287
J21	6120
E-232	509
E-229	507
E-132	441
	394
E-129A	425
E-129E	426
E-104	342
E-121	416
E-141	446
T-316	6014
E-109	310
T-110	220
	537
	352
	350
H-5A	567
A-172	258
A-172	258
E-127A	422
E-128	423
	317
E-134	445
E-126	427
E-103D	435
	587

convocation

At the end of the third quarter, during the first part of June, NAITSA honors its graduates with a graduation. The graduation exercises take place at the Northern Alberta Jubilee Auditorium, in the afternoon. A tea for the graduates and guests follow the exercises.

Ask me!

How did your registration go?

Really great, it was really well organized. It was a lot different than University. It was enjoyable. I got a good timetable too.

DEANNA STEIN
Medical Record Librarian I

Just like last year. Am I getting into something I shouldn't be?

BORDEN MYTRUNEC
Commercial Cooking II

Too much time wasted. I could have been home at 1:00 and I had to wait till 5.

DIANNE BATIEK
Administrative Management I

Cool, other than the lineup. I guess these lineups can't be helped though, if you want to do it all in one day.

ELAINE BEISIEGEL
Electrical I

Typically drab. It was slow and drawn out.

JOHN HORTON
Automotive III

Pretty good. It was pretty good. It was a lot better than high school, they showed you around the place.

CHERYL SIFERT
Secretarial I

20th CENTURY NAIT PRESENTS

WHEN CHEESE BURGERS RULED THE WORLD!

Starting CLINT MUSTARD
JASON & PICKLES
Co-starring Robert Relish

THRILL to the world's loudest BURP!

SEE the giant cheese deluxe eat a whole city

GASP at 100 pound sesame seeds on the million ton bun!

Rated **G** for General Indigestion

NOW SHOWING AT NAIT TWIN SERVERY

NEXT ATTRACTION: FRENCH FRIES FROM OUTER SPACE

G. MAITSA

ATHLETICS



OOKPIK

Ookpik is a fuzzy little creature of the North, noted for his perseverance and persistence in trying to achieve excellence. It was for these drives and motives, that NAIT adopted this lovable little Eskimo Creation as its mascot.

Ookpik was presented to the student body in April 1966, by the Department of Northern Affairs and Natural Resources in Ottawa. He spends his time in a glass case near the gymnasium, and is an example to NAIT students with his enthusiasm, drive and a sincere desire to do his very best.

In 1966, two woolly and mischievous little ice-worms, otherwise known as SIKUSIS, were donated to NAIT's Student Association in April 1966, by the Department of Northern Affairs and Natural Resources. The Sikusis now keep Ookpik company in his constant vigilance over NAIT students.

The Students' Association wishes all students a safe, happy, and profitable year and hopes that you will follow Ookpik's lead, and become involved in NAIT's activities.

HOCKEY

The 1974-75 season saw NAIT finish in fourth position with a record of 11 wins and 13 losses. This meant that after a one year absence from the playoffs we once again returned to post season play. We had the opportunity to play Camrose in the first round and lost in two straight games.

The outlook for next year is that the coach and the returning veterans hope to have a more determined attitude which they hope will lead them to the Alberta and 4 West Championships.

The tryouts will begin either late September or early October at the arena. But prior to that coach Cummings has scheduled some land drills to help weed out the people who really want to play hockey or not.

For any information on the NAIT Hockey Team contact Mr. Garnet Cummings in Room E136.

See you at Camp.

INTRAMURAL SPORTS/ACTIVITIES

Intramural sports is commonly known as house league in high school, but it differs here at NAIT in that each technology can have as many teams as they wish, resulting in keen competition. There's a good variety of sports events scheduled for the up-coming year, which seems to appeal to most people. This doesn't mean there can't be other activities introduced if they're feasible and enough interest is shown.

All intramural activities are scheduled in the evening hours so as not to interfere with class time. It is firmly believed that active involvement in the Intramural Program can add to the enjoyment of your college life, assist in gaining many new and lasting friendships, provide an outlet for relief from the strain of continuous mental effort, and make available much needed activity for the proper functions of the vital organs. It is hoped that each student while attending NAIT will make every attempt to take advantage of the recreational opportunities available.

OFFICIATING

Paid students officials are provided for the team games in the Intramural program. The officials are people who have a working knowledge of the sport involved.

Anyone interested in officiating, please contact Ken Kosak in Room 133E of the Executive offices. The rate of pay for these people is \$3.00 an hour.

PHYSICAL EDUCATION SERVICE PROGRAM

All first year students enrolled in the Business and Vocational and Technology courses are required to take two hours of physical education each week. Instruction is offered in a wide range of physical and recreational activities.

It is the responsibility of each student to register in physical education before the start of each quarter. This registration is handled through the physical education department and is held in the gymnasium. The physical education mark is recorded on the third quarter statement of marks in the form of pass or credit withheld.

Individual lockers, locks, towels and shower facilities are available to any student and can be signed out through the Sports Store Room E32.

UNITS OF COMPETITION

The units of competition which compose the Institutes Intramural Program are organized on a departmental basis.

1. Any student, excluding those registered in the evening program are eligible to take part in the Intramural program.
2. A professional or former professional may not participate in the game or modification thereof offered in the Intramural program in which he or she participates professionally.
3. Any player designated by the coach of an Interscholar team is not eligible to compete in that sport on the Intramural level.
4. A player may not transfer to another league or division after playing one game in the league or division he or she is registered in.
5. A player is eligible to play on only one team in any one Intramural sport.
6. There is no restriction on the number of intramural sports in which a player may participate.
7. Any student entering the cross-country race must present written proof of medical approval and statement of pre-conditioning.

WRESTLING TEAM

To start out we would like to state that in the last six years NAIT have been ACAC Champions five times. With six other colleges competing, competition is especially keen, with several of the years winners being decided on the final bout.

Each year we have several returnees for their second year or others that have done some wrestling prior to coming to NAIT but the most satisfying for a coach is to see an athlete with little or no experience but lots of desire to work at it and eventually win a bout.

We have been very fortunate at NAIT over the past years of having many of our graduates develop into very capable wrestlers and they have gone on to both Provincial and National Championships.

Anyone interested in wrestling contact Mr. Bresnahan in Room S109 of the Activities Building.

CANOE TEAM

The Canoe team consists of a men's, women's, mixed and war canoe competition and has a tradition of being one of the most enthusiastic groups on campus. The 1974-75 team captured most events in the ACAC Championships and have been ACAC Champions for the last four years. In addition to flat water racing, the team gets involved in canoe tipping, river and whitewater techniques, and various social functions.

No experience is necessary to try out for this team, but a strong loyalty to a team effort is a pre-requisite.

The man to see for more information is Mr. Bresnahan who can be found in room S109 of the Activities Building.

FLOOR HOCKEY

The NAIT Floor Hockey team was started here for the first time last winter. The team competed in the Men's Floor Hockey League, they finished second in their division and advanced to the playoffs where in the final round they defeated Leduc, 2 games to 1, in the final to win the league and become first winners of the beautiful trophy we have on display. Also the team travelled to Calgary to play in the Provincial playoffs where they played teams from that city and in the final the NAIT team defeated a team that hadn't lost in two years, so they are Provincial champions as well.

Coach Orville Zerbin is available to give information in Room E32 (sport stores) and he says there are lots of openings due to graduation, so drop in and see Orville.

GOLF

NAIT will host the 1975 ACAC Golf Tournament. Last year the team which has four members and for the first time won the ACAC title.

The golf team is picked by several elimination rounds before the ACAC tournament.

For information contact Jules Owchar in room E137 early in September so you will know where and when the elimination rounds are to be held.

MEN'S VOLLEYBALL

NAIT has always had a strong Men's Volleyball Team and this coming year should be no exception. The team practices commence early in September and the Volleyball Ooks play in the Provincial Men's League, as well as the Alberta Colleges Athletic Conference.

Three ACAC Tournaments will be played among the ACAC members, from this four teams are selected and they compete for the championship of the ACAC with the winner representing Alberta in the 4 West Championships.

You may gain additional information for Men's Volleyball from Mr. John Reeves in Room S107 of the Activities Building.

MEN'S BASKETBALL

The Ooks of 74-75 provided us with some of the finest Basketball that has been seen here in the last few years. The team finished with a record of 10 wins and 4 losses, good enough for a second place finish in the league.

Last year the team won the ACAC consolation in league competition defeating the Provincial "A" Champions PWA Chieftains in Red Deer.

The team will be coached by Irwin Strifler who is available in room E136 for those of you who may have questions.

BOWLING

Bowling is more and more becoming a highly competitive sport in the Alberta College Athletic Conference (ACAC) and under the watchful eye of coach Gordon Lafferty. Our teams both men's and women's and the mixed teams have always been close when the pins are being counted. Mr. Lafferty's office is located in the General office, but make sure you check the Intramural Board across from the Students Services Office which is E134 for information on when tryouts for the teams are to be held and where they are going to be.

BADMINTON

"Badminton requires nerves of steel and lightning fast reflexes". Maybe that is true of Professional Badminton but here at NAIT it's a more relaxing sport.

The NAIT team consists of ten players, five men and five women. The tryouts and practices commence in November. Several tournaments will be attended during the season while the Alberta College Athletic Conference Championships will be held in Red Deer during February 1976. Winners of these events proceed to compete in the 4 West Championships, which include players from the Four Western Provinces.

During the past year our Men's Doubles team travelled after winning the (ACAC) to Saskatoon for the 4 West Championships where, for the second straight year they were victorious and returned to NAIT with the 4 West Championship.

CURLING

The NAIT curling team, consists of a women's, mixed, and men's team competes in the ACAC competition held in February, 1976. The winners advance to the 4 West Championships. Selection of the team is usually based on a bonspiel prior to the ACAC Tournament.

For information on when and where the tryouts are to be held contact Mr. Symington in E137.

WOMEN'S BASKETBALL

The team consists of 12 players and competes in the Alberta College Athletic Conference. Practices will begin in the early part of October, with the regular league beginning in mid December and conclude at the end of February. The winners of the ACAC compete in the 4 West Championships. Also there is a good chance there will be a National Final in March.

The team would like to train a manager this year to travel with the team and to keep statistics and to generally be the teams most useful administrator.

For more information on the team contact Mr. Garry Worger in T203 of the Tower Building.

WOMEN'S VOLLEYBALL

NAIT ladies take to the Volleyball courts at the same time as the men, with their season lasting until February.

The ladies compete in the ACAC only and the champions of the conference are decided on over three tournaments during the year.

The team also hopes to participate in several other tournaments during the season as well.

The coach of the NAIT Squad is fiery Bob Buchan who can be found in S129 of the Activities Building.

CROSS-COUNTRY

This event is open to both women and men and takes place in the upcoming month of October. The season begins the week after registration and ends the last week of October. The ACAC's men's competition is a three mile cross country run while the women's is a one mile run. Six men and six women make up the NAIT Cross-Country teams.

The team competes in the 1975 ACAC Championships in Edmonton, the Red Deer Open at Red Deer College, and the CAPHER Cross-Country in Edmonton.

Anyone interested in trying out for the team or in conditioning for any other sport are welcome. For more information contact Mr. John Reeves in room S107 in the Activities Building.

INTERSCHOOL ATHLETICS

ALBERTA COLLEGES ATHLETICS CONFERENCE (ACAC)

Northern Alberta Institute of Technology (NAIT)	Ookpiks
Red Deer College (RDC)	Kings
Southern Alberta Institute of Technology (SAIT)	Trojans
Mount Royal College (MRC)	Cougars
Olds College (OC)	Broncos
Camrose Lutheran College (CLC)	Vikings
Medicine Hat College (MHC)	Antelopes
Grande Prairie College (GPC)	Nordigs
Lethbridge Community College (LCC)	Kodiaks
Grant MacEwan Community College	Griffins
Vermillion College	

ATHLETICS FACILITIES

We here at NAIT are fortunate to have both the space and size of campus to take full advantage of the facilities that we have here. The gymnasium houses a regulation collegiate basketball court and two of high school dimensions, eight badminton courts, and two volley-ball courts. We also have an Activities Building which is at the South end of the Campus directly across from the Avonair Curling Club.

The Activities Building include the following:

- a) 50 meter pool, 6 lanes wide
- b) Ice Arena
- c) Rifle Range
- d) 4 Tennis Courts (when the ice is out)
- e) 3 Handball courts
- f) 2 Squash Courts
- g) Locker Rooms
- h) 2 Sauna baths
- i) General Purpose Room
- j) Weight Room

ATHLETIC STAFF

Coordinator of Athletics	Irwin Strifler
Athletic Chairman (Student)	Ken Kosak
Golf Coach	Jules Owchar
Men's Basketball Coach	Irwin Strifler
Women's Basketball Coach	Garry Worger
Hockey Coach	Garnet Cummings
Men's Volleyball Coach	John Reeves
Women's Volleyball Coach	Bob Buchan
Badminton Coach	Al Symington
Curling Coach	Jules Owchar
Wrestling Coach	Bill Bresnahan
Bowling Coach	Gordon Lafferty
Canoe Coach	Bill Bresnahan
Cross Country	John Reeves
Floor Hockey	Orville Zerbin
Fencing	Les Klar

JUDO CLUB

The NAIT Judo Club was reformed during the 1972-73 season and practice two evenings a week. Although some members are belt holders, most are beginners out to learn a valuable art.

The club is instructed by Black Belt holder Mr. Jacques Hurabielle and is open to both female and male students and staff. The more skilled students enter both local and Provincial Championships.

Interested students should contact Mr. Bill Bresnahan in S109 or Jacques Hurabielle in Audio Visual.

TOWEL SERVICES

A free towel and lock service is available to all students. The towel exchange room is located at Sport Stores (E32 and S7). The used towel must be returned before a clean towel is given out. Loss of a towel or lock will cost the student \$2.00 an item. Lock and Towels are to be returned to Sport Stores, Room E32, after completion of the entire years classes. Issuing of locks and towels occurs only in Room E32 (Sport Stores).

I - M WINNERS 1974 - 75

ACTIVITY	MEN	WOMEN
3-On-3 Basketball	Marketing	No Interest
5-On-5 Basketball	Marketing	Bio.Science 1975-76
Ice Hockey	Marketing	Medical Lab.
Broomball	Surveying	No Interest
Squash	Court Reporting	No Interest
Inner Tube Water Polo	Computers	Medical Lab.
Wrestling	Computers	
Volleyball	Bio. Science	Medical Lab.
Contract X-Country	Staff	No Interest
X-Country	Staff	Acct. & Finance
Curling	Instrumentation	Acct. & Finance
Badminton	Earth Resources (Tie)	
	Accounting & Finance	Medical Lab.
Racquetball	Earth Resources	No Interest
Archery	Earth Resources	Bio. Science
Continental Handball	Earth Resources	Bio. Science
Flag Football	Earth Resources	No Interest
Cycle Drag	Earth Resources	Drafting
Bowling	Drafting	Dietary
Table Tennis	Building Const.	No Interest
Floor Hockey	Building Const.	Medical Lab.
Golf	Admin. Management	No Interest
Soccer	Civil Engineering	No Interest
Attendance at I-M Meetings	Building Const.	Medical Lab.

TENTATIVE SCHEDULE 1975-76

ACTIVITY	MEN	WOMEN
Cycle Drag	September 11, 1975	September 11, 1975
Flag Football	September 15, 1975 M & W	September 23, 1975
Soccer	September 16, 1975 T & T	
Golf	September 20, 1975	September 20, 1975
Contract X-Country Run	Oct. 1, 1975 (Common Hour)	October 1, 1975
X-Country	October 7, 1975	October 7, 1975
Continental Handball	October 20, 1975	
Speedball		October 21, 1975
Ice Hockey	November 4, 1975 T & T	January 14, 1975
Bowling	November 3, 1975	November 3, 1975
Archery	December 8, 1975	December 9, 1975
Curling	December 1, 1975	December 1, 1975
Badminton	December 8, 1975	November 18, 1975
Wrestling	December 10, 1975	
Racquetball	January 13, 1976	January 13, 1976
Handball	February 10, 1976	February 10, 1976
Squash	February 17, 1976	February 17, 1976
Inner Tube Water Polo	January 13, 1976	December 9, 1975
Broomball	December 8, 1975	October 20, 1975
3-On-3 Basketball	January 12, 1976	
5-On-5 Basketball	February 9, 1976	January 13, 1976
Volleyball	January 26, 1976	January 27, 1976
Table Tennis	February 2, 1976	February 2, 1976
Floor Hockey	March 4, 1976	March 9, 1976
Tennis	March 15, 1976	March 15, 1976

TOTAL MEN'S I-M POINTS
LARGE - SMALL TECHNOLOGIES

SMALL

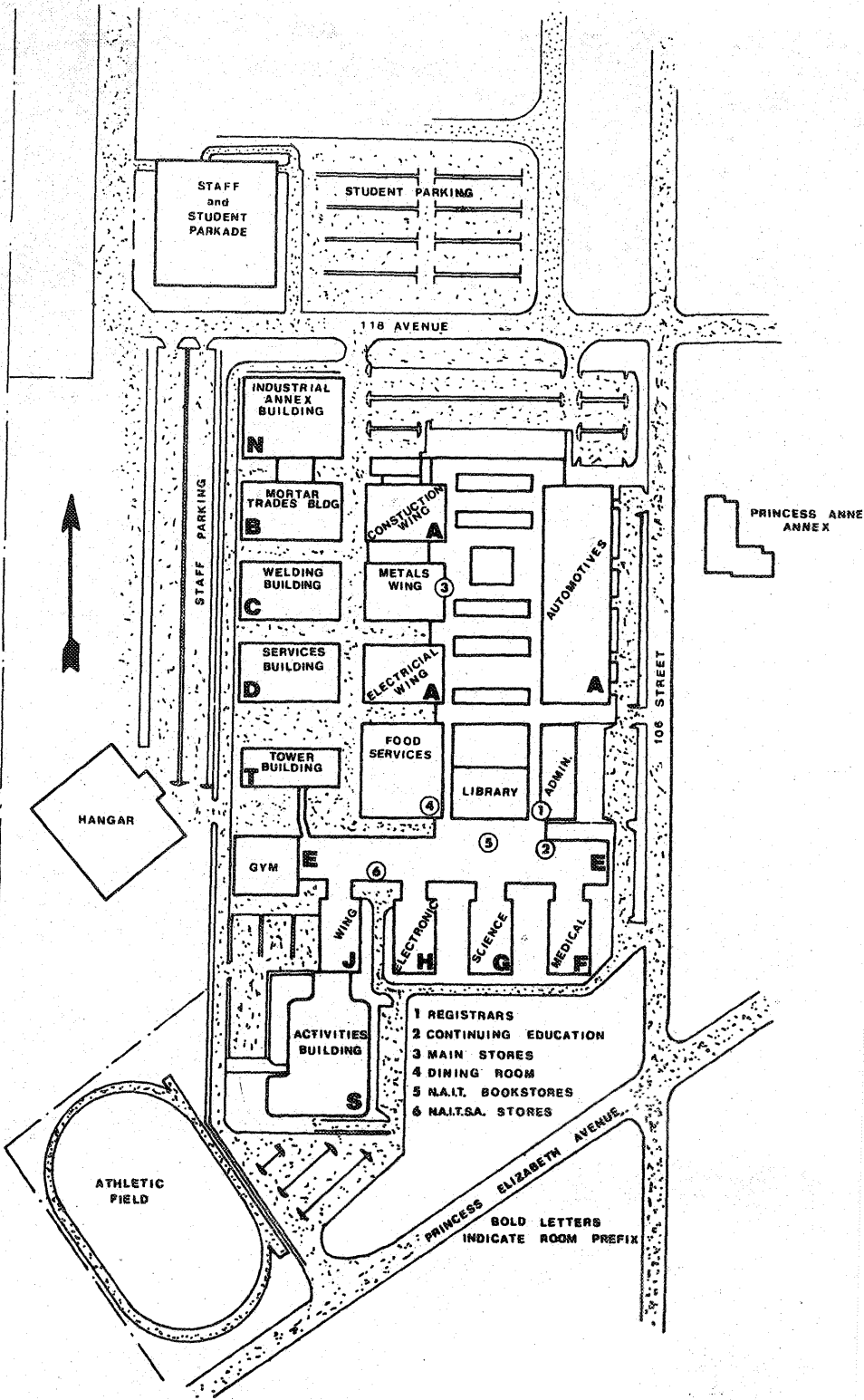
Instrumentation	1576	Photography	260
Building Const.	1271	Air Cond. & Refrigeration	244
Gas	952	Medical Laboratory	225
Surveying	693	Court Reporting	137
Electronics	687	Food	129
Electrical	632	Plastics	126
Forestry	557	Dental Mechanical	101
Materials	497	Dental Laboratory	101
Millwork & Carpentry	412	Banking	55
Ind. Heavy Duty Equipment	283	Dietary	-48
		Meatcutting & Butchering	-50

LARGE

Earth Resources	1961	Commercial Cooking	510
Drafting	1491	Independent	466
Marketing	1289	Staff	368
Civil Engineering	1148	Biological Science	190
Telecommunications	1081	Industrial Production	81
Accounting & Finance	1062	Apprenticeship	78
Computer Systems	943	Architectural	66
Admin. Management	814	Pre-Tech	61

TOTAL WOMEN'S I-M POINTS

Medical Laboratory	895	Forestry	91
Bio. Sciences	469	Secretarial	90
Account & Finance	302	Veterinary & Animal Science	74
Dietary	250	Photography	72
Drafting	207	Food	63
Computer Systems	189	Architectural	53
Administrative Management	168	Staff	50
Marketing	93	Respiratory	35
		Commercial Cooking	25



nat

Edmonton, Alberta

NUGGET

NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY

Issue 10 Volume 1 Edmonton, Alberta November 19, 1971



*One Shot and He's Good
for The Whole Day* (Page 6)



shinerama

for cystic fibrosis research



happens across edmonton

FRIDAY

OCT. 3rd

help give a child the breath of life

entertainment
FOR
FROSH
WEEK 15-19

KENNY ROGERS



AND FIRST EDITION

friday
Sept. 19

