

Mayor Kicks off SHINERAMA Campaign



Mayor Hawrelak with
Miss Freshette Contestants



The months of planning are over and the week of SHINERAMA 75 has arrived. On the morning of Friday, October 3rd, your instructors will request that all students intending to shine shoes that day report to the main auditorium opposite the cafeteria to register for SHINERAMA 75. Those students not intending to shine shoes must attend classes or they will be considered absent.

When you reach the auditorium at 9:00 you and your team will be given all the necessary supplies for a day of shining. Your shoe shine box, your polish, rags, posters and promotional material. Each student shining shoes will also be supplied with a bag lunch courtesy of the Edmonton Chapter of the Cystic Fibrosis Foundation. After you have picked up your supplies and equipment, you and your friends will be given a team number, a destination or shoe shine location somewhere in Edmonton, and then be directed to one of the NAIT buses that will drop you off at your assigned location and then pick you up later in the day.

Continued on Page 6



Shinerama '75

**All students meet
between 9 - 9.30 a.m. AUDITORIUM**

[ACROSS FROM MAIN CAFETERIA]

WHEN YOU ARRIVE:

- 1] Fill out your team form.
- 2] Proceed to aisle for those with or those without transportation.
- 3] Your destination/supplies etc. are picked up.
- 4] You're set to start shining.

*Lunch is Free & Supplied.

*And there is Free Food & Beverages [i.e. booze] at the Cabaret Party for Shiners - Starts at 9 p.m.

SHINERAMA HEADQUARTERS WILL BE IN STUDENT ASSOCIATION OFFICES E-133

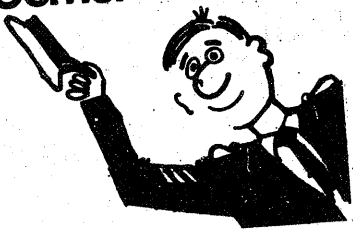
SHINERAMA '75

across EDMONTON this Friday

For Further Information See Story

Think
careers
think **Nait**

Commissionaires
Corner



SECURITY, AND INSTITUTUE LOCKERS

By S/SGT Johnston

The following information is presented for the express purpose of assisting students in the prevention of loss of education material and equipment.

The lockers provide at NAIT are intended as temporary storage of study materials and equipment during normal institute hours.

The lockers are not intended to act as a security storage vault. Expensive articles and material that are left overnight, or for the weekend, are quite apt to be missing when a student returns for classes.

Reports have been received of expensive items being

unclassifieds

Wanted used van.
after 9p.m.
452-3915

Must see to believe! 1974
Austin Marina for sale.
14023 miles approximately
Asking \$3000 offers phone
466-2953 or 433-5494

Nudism: We swim Sundays.
For more information
phone Edmonton Suntan-
ers Lodge 424-8878

1971 SIMCA 4 dr. Hatch-
back. Front wheel drive
radio, clock, tach, many
nice features. 32 MPG.
Reliable. Neil Crichton
E101 Grey 443

For sale show quality Do-
berman pups. Top Amer.
and Can. bloodlines. Good
temperaments. Shacado
Kennels call Donna Smith
488-7953

Christian girl wanted to
share one bdr. apt. Pre-
ferrably NAIT student.
Phone 425-9436 after 6:00

Need ride to and from
school 144 ave - 87st.
Willing to help pay oper-
ation and costs. Phone Jim
475-5722

Female to share apt. close
to NAIT. Fully furnished
except for your own bed.
Phone 479-7151 Evening
during the week.

469-5363

Honda 750 - 4 73

B.A.S. CHALLENGES M.A.S.

RULES: The competition
only includes

unclassifieds

SAVE

Headlites \$2.78

Gas 68.9¢; Oilfilters \$1.99;

Open 7:30 a.m. to 9:30 p.m.

Your mag wheel specialists

CLIFF'S OK TIRE
10195 - 98 St.

For sale, SR-16 (complete)

Four months old, hardly
ever used. 12 functions,
plus memory and scientific
notation. New \$110.00
Asking \$90.00

Phone Gary 426-6361

429-0359

Free Kittens
Black-Blue Eyes
House Trained

For sale all firstyear Bio-
Science text books for half-
price. Phone 474-4932
after 5:30 p.m.

For sale 1974 Datsun 610
2000 cc engine, 4 speed
shift, steel belted radial
tires, with mags, perfect
condition. Phone 474-4187

433-3947

I am looking for people
needing a place to live,
hoping to get a group to-
gether to rent a house, or
a house who needs another
person.

Typing done by experienced
Steno - Phone 459-4563

NUGGET

PLEASE HELP!

Would WAYNE FIELD and
MIKE GLADISH please
contact Barbara Hansan at
6198 Grey or in Rm SCO7
or leave their home num-
ber with Frieda in Student
Services. I have received
your RCSSC awards from
last year.

Thanks
Barb. Hanson

MAGS

New - two of each B60-13
belted sport trac tires in-
ternal sloted mags.
\$75 or offers

Fits: Vega, Pinto, Datsun

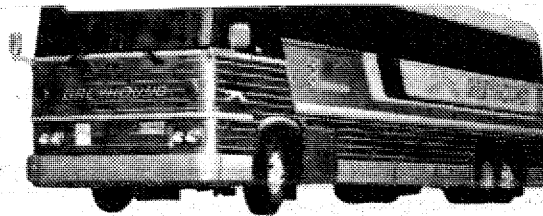
465-4107

For sale 1964 Comet Cal-
iente, 2 door hardtop,
bucket seats, console, 289,
Excellent condition. Phone
474-6785 Evenings.

Free to good home on a
farm or country area
Black Male Doberman Pin-
scher Gentle disposition.
Connie Black 477-4516
Grey 6113

1973 Gremlin X, Levi in-
terior, mags, small six
good condition. 2900 miles
\$2300 or nearest offer.
435-1216 or Grey 411

CALCULATORS AT DIS-
COUNT PRICES for
Science & Engineering stu-
dents. For information
Write: Educational Pro-
ducts Unlimited, Box 585-
CA30 Station A, Montreal,
Quebec. No Obligation!



Greyhound...
a lot more
than just a bargain.

Greyhound's low economy fares — what a reasonable price to pay for all this: air-
conditioned, restroom-equipped Scenicruiser, tinted panoramic picture windows,
luxurious reclining armchair seats, safety-trained professional driver, frequent no
reservations service and miles and miles of beautiful close-up scenery.

FROM EDMONTON
TO

TRIPS DAILY

FARE

VANCOUVER	7	\$33.45
CALGARY	14	8 25
SASKATOON	3	14.55
WINNIPEG	3	33.95
GRANDE PRAIRIE	4	14.00
TORONTO	2	74.40

AMERIPASS \$76.

7 days of
travel freedom

Add 3% if travelling in U.S.A.

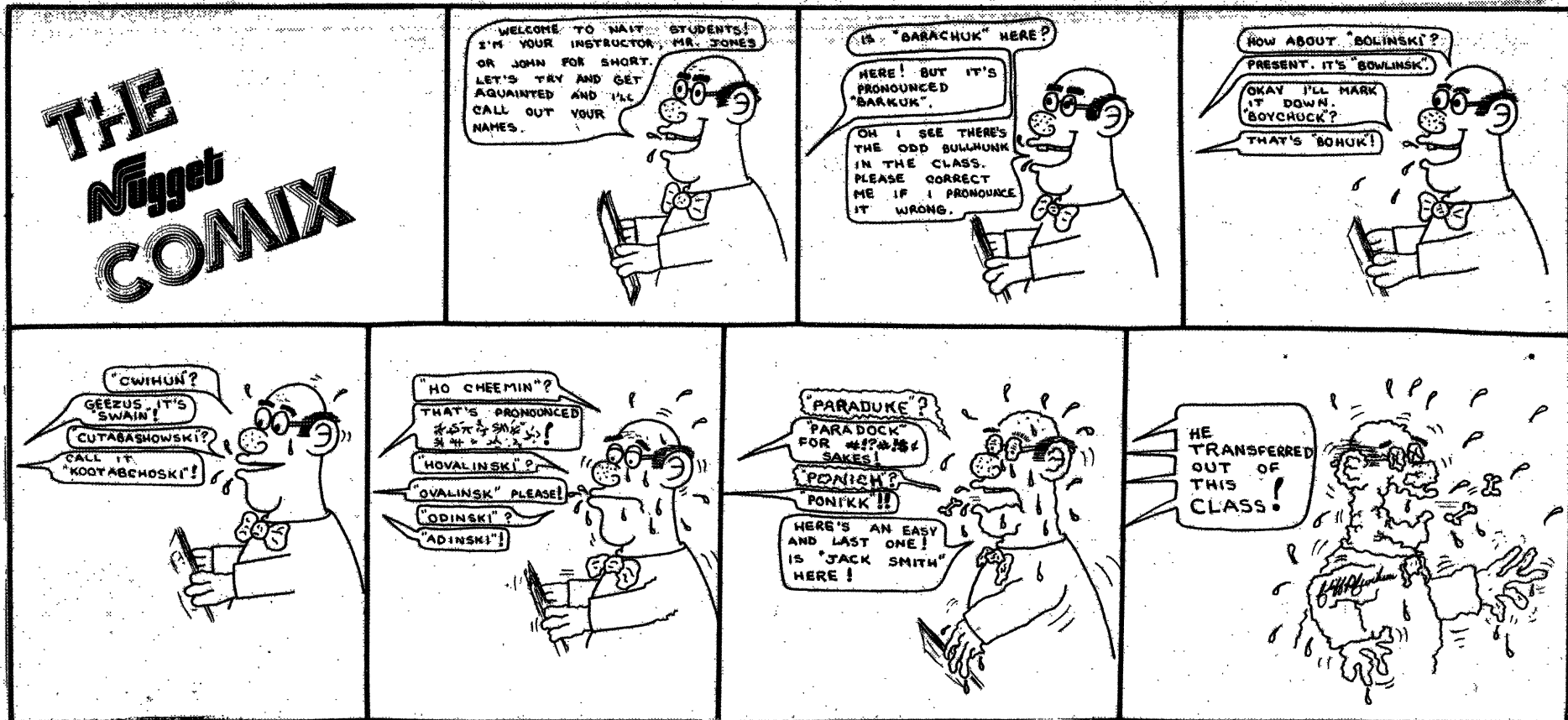
Ask about 15, 30 and 60 day Ameripass packages, too.

For travel information, call your local Greyhound agent at: 429-4751.



GREYHOUND CANADA

Leave the driving to us.

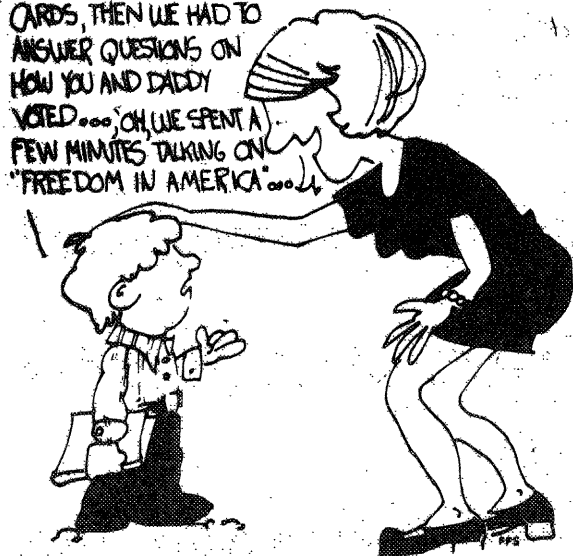


calendar

EVENTS OCTOBER 1 - 8

- NAIT: Oct. 1 - Huck Finn Show (preview)
Common Hour Free (Auditorium)
Huck Finn Show Concert
- Oct. 3 - SHINERAMA 8 - 8
Party 9:00 - 12:30
- Oct. 4 & 5 - Movie SSSSSSS \$5.00
NAIT Little Theatre
- Oct. 8 - Tom Northcott
Common Hour Free
- Oct. 8 - NAITSA Council Meeting
5:15 North Cafeteria
All Welcome
- LOCAL: Oct. 4 - SHA NA NA
- Oct. 5 - Nitty Gritty Dirt Band
N.A. Jubilee Aud.

WHAT DID YOU DO IN SCHOOL TODAY, DEAR?...
WELL, FIRST WE WERE ALL FINGERPRINTED; THEN
OUR PHOTOS WERE TAKEN FOR OUR ID
CARDS. THEN WE HAD TO
ANSWER QUESTIONS ON
HOW YOU AND DADDY
VOTED... OH, WE SPENT A
FEW MINUTES TALKING ON
"FREEDOM IN AMERICA"...



Beach Boys

Good Vibrations/Best of the Beach Boys
(Warner Bros)

At a time when most artis releases are pretty dismal, smart record compaines are reaching into the archives and pulling out the best tracks of the past. United Artists has just released the highlights of the whole Liberty and Imperial catalogues recently and for the collector who just wants the best singles it's something to look into. Two rather excellent "Best Of" collections that were recently released are by Cat Stevens and The Beach Boys. For a change, the better tracks are actually included without too many throwaways.

Many people I've spoken to in the last few weeks have confided in me that, of all current album releases, the record getting the most turns on the old record player is "Good Vibrations/Best of The Beach Boys." A superb collection of masterpieces including "Sail On Sailor," "Sloop John B," "God Only Knows," "Darlin'," "Wouldn't It Be Nice," "Surf's Up," "Heroes and Villains," "Do It Again" and "Good Vibrations," there are really no throwaway tracks. I would have liked to see them include "Wild Honey" and "Breakaway," but on the whole it's a flawless collection. For several years the Beach Boys were totally ignored on this side of the Atlantic (though they were very big in England). To the credit of rock audiences, they have re-adopted these pop geniuses and the Boys are now in the country. I remember a time when I used to go to a record store out of my neighborhood to pick up their new singles... imagine being ashamed to buy a Beach Boys record? Probably the finest group America has ever produced.

Continued on Page 5

BCIT Student Exec visit NAIT

NAITSA played host last week to two visiting member of the British Columbia Institute of Technology Student Executive. BCIT Student President Steve Brown and External Vice-President George Scott met with NAITSA President Edwards, Publications Chairman Bill Nowrie and Finance Chairman Lloyd Onishenko to discuss Student affairs. Later in the day following a tour of NAIT the two BCIT Student Representatives attended a meeting with Art Hooks, Assistant Director of Student Services, during which ideas and information about student services were raised.

NAIT is just the first stop for BCIT President Brown and Vice-President Scott on a fact finding tour of Canadian Colleges which includes Calgary, Regina, and Toronto.

BCIT President Brown was favorably impressed with the student services offered at NAIT, which he said made BCIT look ten years behind.

President Brown plans to implement ideas gained from the trip into their own student services department at the British Columbia Institute of Technology. The two representatives from BCIT concluded their day at NAIT by sitting in on the first NAITSA General Council meeting which was also held last week.

More Records

NIEL YOUNG

Tonight's the Night
(Reprise)

This is the kind of record you'll either love, or love to hate. No middle ground here. Young breaks every rule in the book. He sings off-key often. The record's sound itself is jagged, crude, and near-monophonic. The music and lyrics, more often than not, evoke a dangerously morbid, self-centered ambience that's as attractive as it's repulsive. And the band, Crazy Horse (with Nils Lofgren) reunited for the occasion, play so raw and jumbled that, at times, you might doubt their professionalism. Yet I happen to think the damned thing's great! For sure "great" in a difficult and perverse way, but really great! Even challenging, like Dylan's early electric albums when they first came out. Similarly, it's nasty, and there's no way you can just let it blare as background music. Nope, you have to be totally involved with its contorted sound, lyrics and music, or you'll miss its various points. Even the one humorous number "Roll Another Number," is weird in that it takes a good whack at the genre Neil himself helped get rolling - country-rock. It's almost as if Neil Young the pop star doesn't like what he is, doesn't like what his stardom has done to himself or to fellow travelers (one song refers to the heroin-inflicted death of a close compatriot) and he knows that the only way we'll listen is if he literally screams. He does, the band does, the record does, and the result is the best, ballsiest, most intelligent, most emotional countrified rockin' LP in the longest time.

* As reprinted from Circus Magazine October 1975

REGINA (CUP) - Barely three months after pushing through a \$5.90 fee hike, the University of Regina Student's Union is facing bankruptcy.

The situation is so serious that council shut down the entire Student Service Centre for June, and closed the Cafeteria until September.

An emergency council meeting August 3 was told that the union is now facing debts of \$17,000 in addition to legal debts incurred in a 1968 housing dispute.

Council secretary treasurer Elspeth Guild placed the blame for the debts on several factors:

MISS FRESHETTE



Marilyn Forgan - Resp. same sponsor

As I'm sure you realize last week was Nait's Annual week for Frosh Activities. During the noon hours from Sept. 15-19 various folk singers played in the Auditorium. Although Paul Hann and Russ Thornbury drew the largest audiences, it should be added that the other entertainers put on a good show with a good crowd participation.

On Wednesday Sept. 17 NAITSA sponsored a free B.B.Q. in the cafeteria with another successful, and rowdy Beerfest, to follow, (we were pleased to report that there were no arrests.)

The climax of the week's activities was Kenny Rogers & The First Edition who put on a brief but a very successful show.

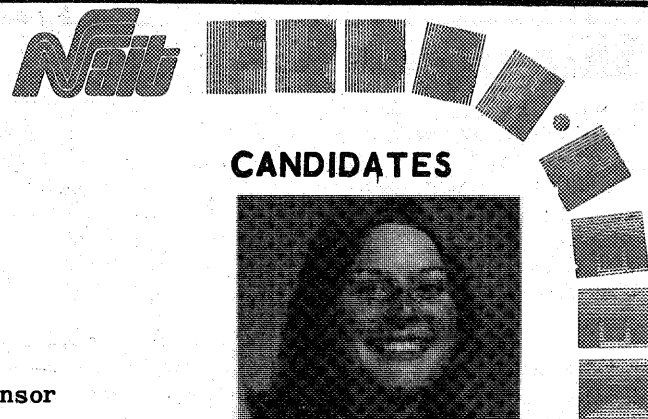
For those of you who missed the concert Friday night Marilyn Forgan was named Miss Freshette 1975. She is a student in Respiratory Tech, also sponsored by her own technology. It was a tough decision to pick a winner from these lovely girls, in my own opinion, they were all number one.

The runner ups were Nancy Hardman a dental asst. sponsored by Marketing; Karen Nickerson another dental asst. sponsored by Civil Engineering, Debbie Lylock another dental asst. sponsored by Electronics and finally Gail Shankowski in secretarial sponsored by Earth Resources.

I would certainly like to thank all the students at the institute for their support last week during the activities, and hope to see you at the upcoming NAITSA functions.

Remember Shinerama Oct. 3 - we need your help.

Lorie Lupul
(Activities Chairman)



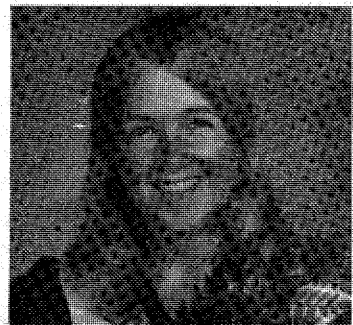
CANDIDATES



Nancy Hardman
- dental asst. Marketing



Karen Nickerson
- dental assisting Civil



Debbie Lylock
- dental asst. electronics



Gail Shankowski
- sec. rep. Earth Resources

"For me, good food
and a good beer go together.
That's why I ask for Heineken.
It's all a matter of taste."

Heineken
It's all a matter of taste.

LITTLE Cinema H5

oct. 4 & 5 7:30pm

"Ssssss"
A ZANUCK/BROWN Production
adult
(Don't say it, hiss it)
A UNIVERSAL PICTURE - TECHNICOLOR®

Shinerama From Page 1

It would be appreciated if those students who have cars, use them to transport themselves and other members of their team to your shoe shine location. There will be a minimum of three students to a team and a maximum of six. Your team captain will be given an emergency phone number, to reach SHINERAMA headquarters if you encounter any difficulties.

The city is to be divided into four sections and each section will be under the supervision of a SHINERAMA section leader. It will be the responsibility of your particular section leader to:

- replenish supplies as needed
- pick up full coin cans and provide you with a new one
- the section leader can elect to change the location of a team to another location.
- he communicates with headquarters by telephone or radio cars.

At the end of the day your team captain is responsible for returning the full coin cans to SHINERAMA headquarters located in the NAITSA Student Executive offices. Your team number will be recorded in the morning and will be checked off with the return of your coin can. If you were dropped off by bus in the morning a bus will pick you up later in the day. You will be informed of the time.

SHINERAMA morning you will also be informed as to the location of the SHINERAMA party, free to all shiners that evening. Beer and other refreshments will be supplied, and a top city band will be playing for your enjoyment.

Remember that this year the students of SAIT have challenged all NAIT students to see who can raise the most money towards Cystic Fibrosis research. Five kegs are on the line. Don't let NAIT DOWN.

We will look forward to seeing you and your team out in full force Friday morning at 9:00 in the auditorium opposite the main cafeteria. Friday is your chance to shine, don't miss it!

DON'T TAKE CHANCES WITH BATS

If you come across a bat which is outside during daylight hours BEWARE.

This warning comes from Dr. H.N. Vance, Director of Alberta Agriculture's veterinary Services Division, who says that any bat found outside during the daytime should be treated as a possible rabies case.

"There is a real risk of contracting rabies infection," he says "If you or your children handle bats." He strongly advises parents to warn their children not to "play" with bats. At this time of the year, they are particularly prevalent because they are migrating.

If you find a bat outside in daylight, kill it and contact a veterinarian or a wildlife officer immediately. If your child has come in contact with a bat, get in touch with your doctor immediately for advice on whether or not anti-rabies treatment is required.

Dr. Vance reports that during the past three years, seven per cent of bats checked for rabies at the Federal Laboratory were found to have rabies and that the rate of infection was 11 per cent in those that were submitted during the fall migration period.

NEW PROGRAM FOR ALBERTA; Education Students Placed in Jeopardy

EDMONTON (CUP) - There is the possibility that some education students in Alberta will not qualify for their B.Ed. degrees because the government may not fund a required part of their training - the extended practicum.

The extended practicum program is a new system in which education students are required to teach on a full-time daily basis for an entire semester under the supervision of a school instructor.

The system requires that instructors put in extra time with the student teachers in preparing for classes, and according to the Alberta Teachers Association (ATA), that means they should receive additional pay.

The provincial department of education says it is now reconsidering the viability of the program in light of the ATA's demand for new salary arrangements.

According to ATA spokesperson Ken Bride, the government has been aware of the position of the teacher's association on the matter for the past two years.

NAITSA COUNCIL MEETING

The year officially began last Wednesday with the holding of the first NAITSA Council Meeting. A record of 13 technologies showed up, a record for the past few years anyway. Hopefully it is a trend.

Some of the important items at the meeting were:

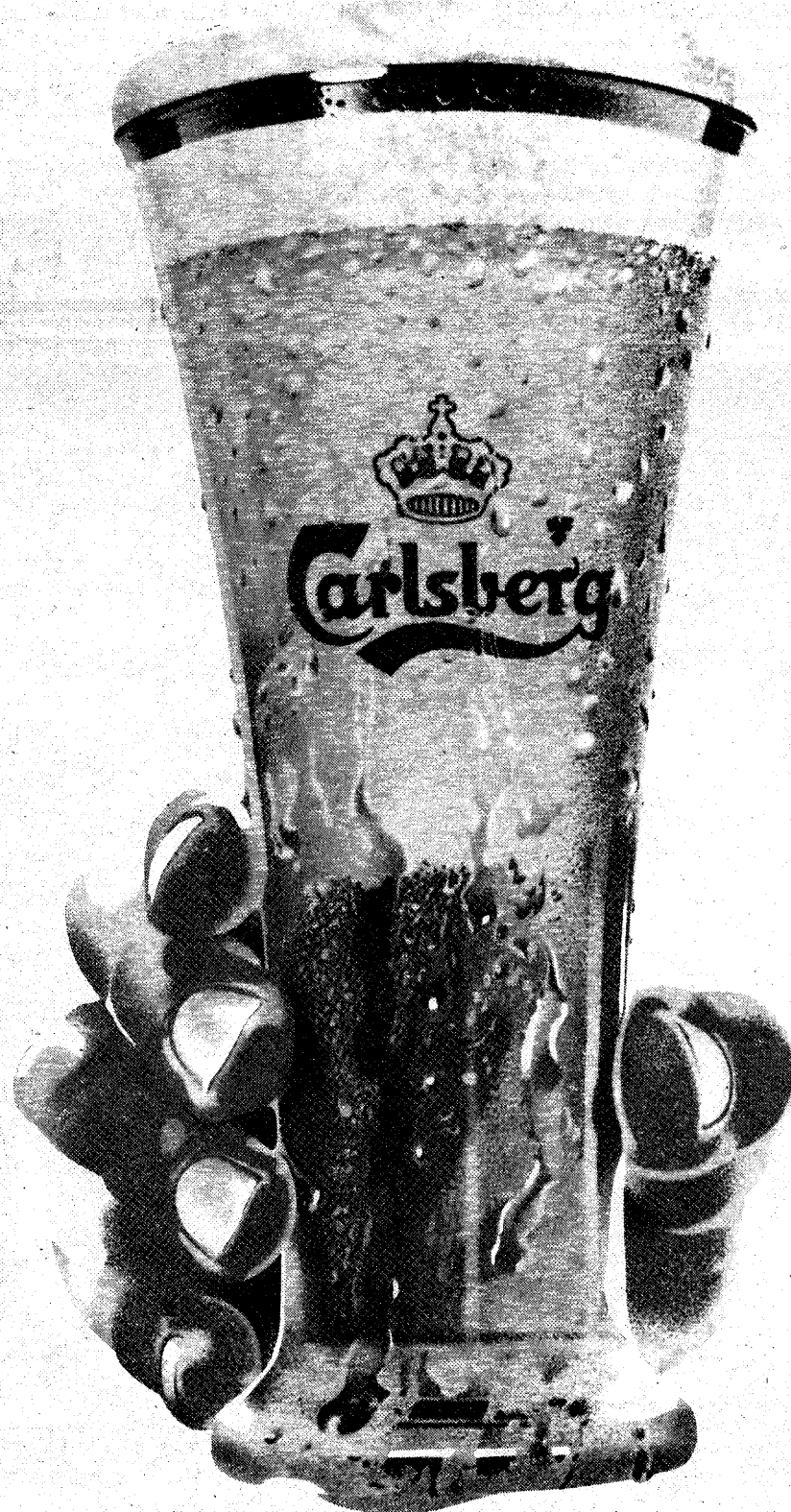
NAITSA CONSTITUTION - NAITSA President (Dave Edwards) said that it had become apparent that the new constitution (last years) is invalid as far as the Societies Act is concerned, we have returned to the constitution of two years previous, although there are a few changes to be considered, which will be done at a later date.

NUGGET & YEARBOOKS - If your wondering what has happened to previous issues of the Nugget, Publications Chairman, (Bill Nowrie) informed us that the former Nugget editor had quit.

Bill has taken over the editors position. He has asked for assistance, especially in photography. The yearbook (74-75) will be available hopefully at the end of the month.

FEDERATION OF ALBERTA STUDENTS - Is a proposed union of Alberta Students (colleges and universities), Dave Edwards brought out the proposal for this, and a discussion took place. NAITSA already belongs to the Presidents Committee, which just consists of all colleges and technical institutes in Alberta. It was decided by council that to join the Federation and quit the Presidents Committee would not be beneficial to NAITSA. More to follow in the future.

Continued on Page 7



Something to "cheer" about:

Now the glorious beer of Copenhagen is brewed right here in Canada. It comes to you fresh from the brewery. So it tastes even better than ever.

CARLING O'KEEFE BREWERIES

Council Continued

SHINERAMA 75 - NAITSA Vice-President, (D'Arcy Levesque), reminded us that the day for SHINERAMA is OCTOBER 3rd. This year extensive advertising will take place outside the institute. All that is left is getting students out and participating and he urges you to do so.

CABARETS - It was asked that technologies please inform Dave Edwards (E133) when they plan to throw cabarets. This is to avoid crowding on certain dates, for the betterment of success of these activities. The next NAITSA cabaret will be October 17, with the Wes Dackus group playing.

The next NAITSA Council Meeting will be on October 8 at 5:15 all are welcome.



WOMEN'S BASKETBALL

Formal practices will commence on Tuesday, October 14. The first League game will be at NAIT on December 17. Our opponents will be Grant MacEwan Community College.

All interested women are urged to come to the practices. Even if you have not played much basketball before, you are welcome to come to try out. Practices will involve a great deal of running, flexibility and strength routines, along with the usual skill development drills. The emphasis will be on team defence and offence.

ADVANCED SWIM CLASSES

BRONZE MEDALLION classes are offered through the regular Physical and Leisure Education Schedule. Those wishing to register in the course have two alternatives:

1. wait until next quarter
2. sign up with Continuing Education - course starts on Wednesday, October 1, 1975 at 8:00 p.m.

DUAL INSTRUCTOR REQUALIFICATION CLINIC for those already qualified but wishing to up date their award is being held Wednesday, September 17, 1975 at 1:00 (Common Hour) in Room E214. The course conductor will be a Red Cross Representative. Anyone interested is asked to meet, ready for a lecture session in E124 no later than 1:15 p.m.

RLSSC & CRC INSTRUCTOR COURSE is for those students wishing to become qualified to teach in Red Cross and Royal Life Programmes must hold a current Dual Instructor Certification. The prerequisite is a Bronze Medallion and Senior Red Cross Swim level. The course would be a 36 hour course. Interested students are asked to sign their names and numbers on the sheet provided in Student Services. If there is enough interest a course will be offered. Deadline date for registration is Wednesday, October 1, 1975. Anyone wishing more information is asked to see Barbara Hanson in S107 or phone Grey 6198.

Information regarding a National Lifeguard Course and other RLSSC Awards will be dealt with at a later date.

HOCKEY

TERRIBLE TWO (weeks)

Since the 15th of September the NAIT hockey oaks have been busy with their training. Land drills started that day and there were 52 eager people ready to impress and perform for the coaches. The training that followed in the next two weeks was unreal. There were 7 different stations such as 1 mile run, 60 yard dashes, ramp run, bleacher run, weight room training and sprints. The pace that was set was gruelling. At the end of the 2 weeks there were 23 people still alive and well. I would like to congratulate them as they are now well on the way to their personal goals.

I interviewed two people that hacked the gruelling ordeal. One was a veteran and the other was a rookie here at NAIT.

DAVID EDWARDS Centre (veteran)

David played for us last on the OOKS and did very well in the season past.

NUGG: What kind of shape were you in when you came to the training camp?

DAVE: I could have been in worse condition if I had tried.

NUGG: What is your state of conditioning now after land drills?

DAVE: I am in good shape at the moment, certainly better than when I started.

NUGG: Out of all the stations, which one would you say was the hardest?

DAVE: With no doubt it was the mile run in 6 and a half minutes.

NUGG: Do you think that the team of last year could have hacked the training?

DAVE: It would have been difficult, but I say yes.

NUGG: Dave, honestly how do you think we will do this year in hockey?

David did say that he thinks that the team this year has a definite shot at the title this year and we all know that our president would not lie

HERMAN HORDAL GOALKEEPER (rookie)

Herman is a player who has been around. He has played for teams such as Springfield, Saint Petersburg, Florida, Oilers Edmonton.

NUGGET: What kind of shape were you in when you came out for land drills?

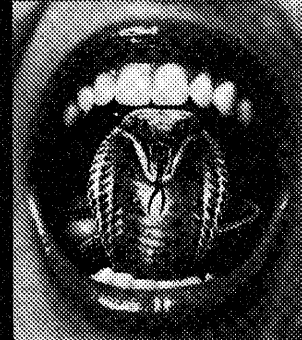
HERMAN: I was out of shape but I was able to get back with a little work.

NUGGET: Why do you think that we lost more than half the players during the drills?

HERMAN: We did not lose hockey players we just lost bodies.

Continued on Page 8

Once this motion picture sinks its fangs into you, you'll never be the same.



A ZANUCK/BROWN Production
"Sssssss"
(Don't say it, hiss it)
A UNIVERSAL PICTURE - TECHNICOLOR® PG

SATURDAY
SUNDAY 7:30pm
adm. 50¢

LITTLE Cinema H-5



ON SALE
NEXT-WEEK

naitsa
BOOKSHOP

STUDENT LOANS

If you have a Guaranteed Provincial or Canada Student Loan and are continuing full time studies you must reinstate that loan PRIOR TO THE EXPIRATION OF THE SIX MONTH EXEMPTION PERIOD. You do this by (A) obtaining the necessary Reinstatement Forms from your bank, or (B) negotiating a new Certificate of Eligibility. It's your responsibility to maintain close liaison with your bank and maintain your loan in good standing.

Right now check your latest copy of the Certificate of Eligibility or Reinstatement Form for the latest academic year end date. Your exemption period expires six months from that date. Even though you may have applied for further financial assistance, this does not automatically reinstate your loan, and negotiating a Canada Student Loan does not automatically reinstate your Guaranteed Provincial Loan, or vice versa.

If you fail to reinstate your loan within the stipulated exemption period you will be required to pay the interest charges accrued up to the reinstatement date.

How to be sure yours continues:

NOTE: You will not be required to pay interest charges on your Guaranteed Student Loan until the six month exemption period has expired. If you should remit any payments on your loan prior to expiration of the six month exemption period be assured that the payments are being applied only on the principal; no interest charges have been assessed by the bank.

MEDICAL and LAW STUDENTS — Upon graduation you have a six month exemption period. In addition, upon application to the credit institution (bank), a further 9 month deferment of principal payments only may be granted. This requires you to pay interest charges only for this period of time.

MEDICAL RESIDENT STUDENTS — You cannot be reinstated to interest-free, full-time status. A Medical Resident Student is assessed tuition fees paid for by the sponsoring hospital and is in receipt of a salary and therefore considered to be gainfully employed.

For further information or advice contact your bank or SFB in Edmonton or Calgary.

Alberta
STUDENTS FINANCE BOARD

More hockey

NUGGET: Which station did you find the hardest and why?

HERMAN: The mile run because I usually had to do the other 6 stations first.

NUGGET: How would you rate the land drill camp compared to other camps you've been to?

HERMAN: With beyond a doubt this is the toughest even tougher than the OILERS or the L.A. KINGS Camps.

NUGGET: Personally how do you think the team will do this year?

HERMAN: This team has a great shot at the title because of the talent, the desire that the people in camp have shown and the great respect that everyone has for the coach Garnet Cummings.

The team that will be picked by the coaching staff this year has the potential to be the greatest team that NAIT has ever put together, and there have been some great ones. I urge you to come out and support the team this year I promise you some great moments in hockey.

Dale Roberts
Sports Editor
Hockey Manager

THE RINK

As of this Monday the 29th of September the ice in the arena is going to be in. This means that there will be hockey tryouts, figure skating and recreation skating for all. Not far behind these events Intramural hockey will start another exciting season. Along with the ice there are some rules and regulations that go along with these privileges.

1. Arena Manager must be obeyed at all times
2. Helmets must be worn and fastened for Hockey and Broomball
3. Goalkeepers must wear a mask
4. In shinny hockey games 5 players per side
5. No unauthorized personnel allowed on the ice while the tractor is in operation
6. No horseplay
No food or beverages ON THE ICE
No smoking
7. Anyone violating arenas rules and regulations may be asked to leave.

INTRAMURALS

CONTRACT CROSS-COUNTRY RUN

Intramural cross country is upon us again and there is two events this year to enter in. The first is the Contract Cross Country run. It is a run in which you estimate your time before you leave for the run. It is a lot of fun and not as hard as an actual race itself. The even will be held on October the 8, 1975 at 1:15 (common hour). The DEADLINE for entries is October the 7, 1975. Routes for the Contract run are available in room E134 and the entry forms are also available in room E134.

CROSS-COUNTRY RUN (RACE)

This event is the true cross-country run in the respect of a race. It will be held October the 14, 1975 at Mayfair Park. Maps and entry forms are available in room E134. Practices begin on Monday, Sept. 29, 5:15 in the Gym. For the next 2 weeks practices will be on Mondays, Wednesday and Thursdays from 5:15 - 7:00 p.m. For further information see coach John Reeves in S-107

If you are really serious about becoming a good team member you should be doing some preliminary workouts. The gym is open on Monday and Wednesday from 5:15 to 7:00 p.m. for shooting practice. You might also consider joining the Cross Country team.

More details may be found on the Physical Education Bulletin Board outside the North Gymnasium, or from Garry Worger, Room E214 M.

LIVING PROPHETS FOR A LIVING CHURCH

INSTITUTE CLASSES

TIME: Common Hour
ROOM: E213

SPONSORED BY: Church of Jesus Christ of Latter Day Saints

ALL WELCOME

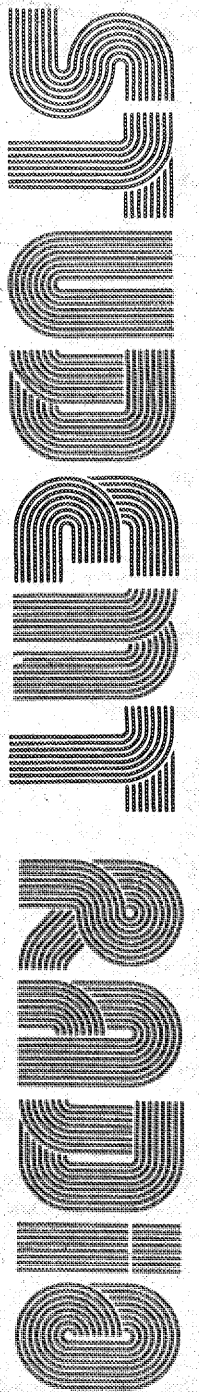
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CHAMP



CREATOR'S CORNER

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ARTS and CRAFTS

Macrama, beads, wools, art supplies batik, candle supplies, kits, hobbies & gifts.

12210 Jasper Ave
482-3406

Mon - Wed & Sat 10a.m. - 6p.m.

Thurs. & Fri. 10a.m. - 9p.m. Sunday 12 noon - 5p.m.

