

NAIT Nugget

LOVE (DEF)
If we do not wrap up a little love with our Christmas gift what is the use?

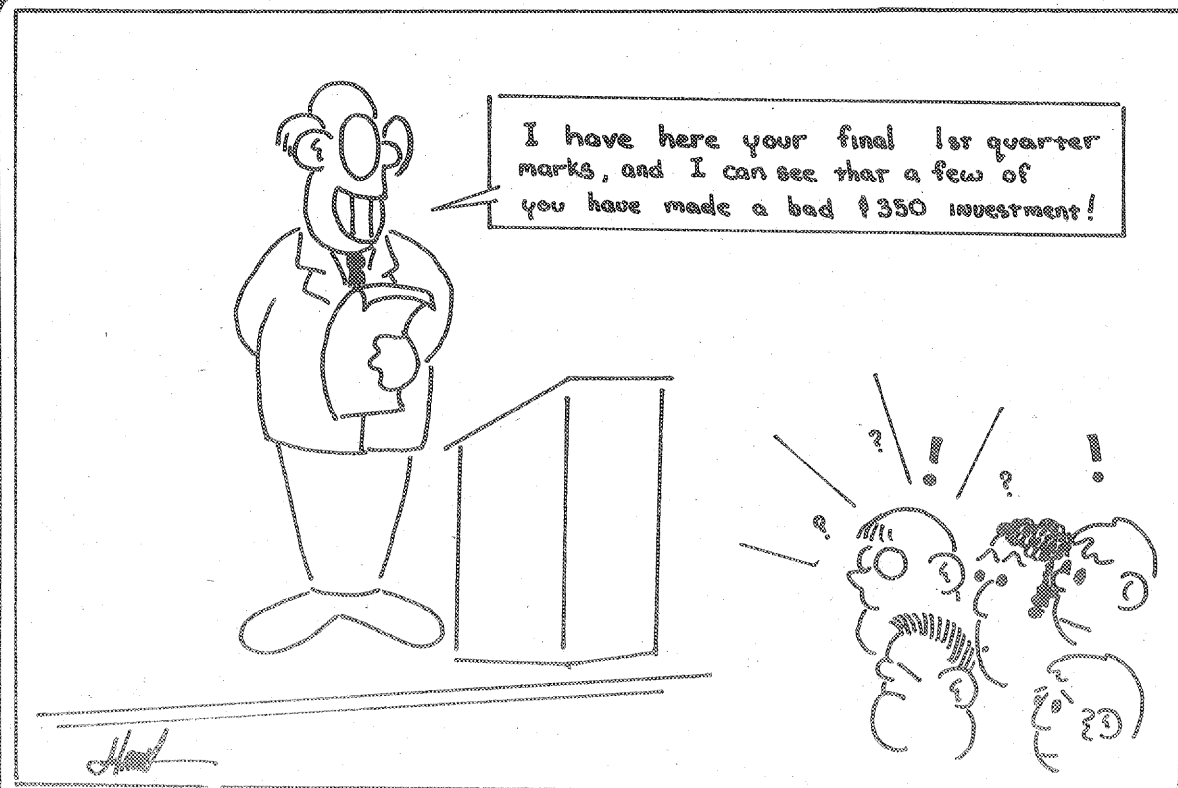
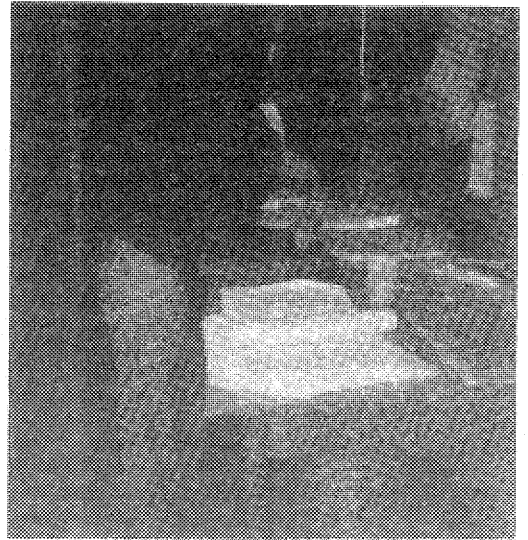
WOMEN (DEF)
Women always remind us of angels because they are always flying around.

WEDNESDAY, DECEMBER 15, 1976

ISSUE 11, VOLUME XIII

EDMONTON, ALBERTA

Yearbook Editor Ready to Quit!



Last Year's Brew

By U.B. Passout

'Twas the night before New Year's and all through the house
Not a creature was stirring, excepting a souse
Who was down in the cellar, making home brew,
And, take it from me, he had had quite a few.
Up over his head on a cobwebby shelf
Stood bottles of stuff he'd concocted himself
From raisins, potatoes, pineapples and wheat;
From recipes gathered from friends on the street.
He said to himself: "Tho' I know I've had ample,
There's still one remaining I really must sample.
I don't know what's in it. The label is missing.
It must be okay now, for it has stopped hissing."
So, pulling the cork with an audible pop,
He refilled his glass and he drank the last drop.
A few minutes later some bells began pealing,
The walls were revolving, and so was the ceiling.
The floor that he stood on appeared overhead
And made him desire to fall into bed.
No bed being handy, he looked at the coal,
And snuggled down into it, body and soul.
The next thing he saw was an elephant-pink,
Its big trunk exploring for something to drink
It pulled down the bottles, extracted the stoppers,
And out came some green snakes, some small and some whoppers.
Upstairs in the kitchen, his wife washing dishes,
Alarmed at his absence, became quite suspicious.
She went down the stairs midst the fragrant aroma,
And promptly she found her old man in a coma.
With coal in his ears and more coal in his hair
And in both of his eyes a malevolent stare.
With a great deal of trouble she got him to bed;
Next morning he woke with a magnified head.
With eyes that were bloodshot and nerves all on edge,
His only desire was signing the pledge.
He held up his hand, saying: "Never again!
I'll get back on the wagon and there I'll remain.
Here's hoping I'll lead an exemplary life.
Here's hoping I'll always be good to the wife.
Here's hoping next year I'll be in a position
To buy all I want from the Liquor Commission."

Queen Week - Miss NAIT

Registration forms for those technologies wishing to sponsor a queen candidate for the MISS NAIT title may pick them up from either the Activities Chairman or

Student Services (E 134). These forms must be completed and returned no later than 4:30 p.m. on Tuesday, December 21.

You know, one would think that in an Institute of nearly 5,000 students that there would be at least 5 or 10 people who cared whether or not a yearbook is published.

In case your wondering 10 people out of 5,000 is only .2 per cent of the population. That's only 1.5 of 1 per cent. One-fifth of 1 per cent to care enough to put out a yearbook.

But you know what there isn't ever 1.5 of 1 per cent of the NAIT populace who care enough to help put out a yearbook. THAT F-----G STINKS!

About 3 months ago Brenda Weston volunteered to take over the position of editor of the yearbook because she thought 'the job would be fun' and also because she knew someone had to be editor. Since taking over the editorship her limited staff of 3 or 4 has dwindled to herself and Pat Stewart. That is at least 5 people short of what is necessary to put out a yearbook. Without a 'minimum' of at least 2 photographers, 1 secretary, 1 layout person, 1 copy person, the yearbook will not only be dying, it will be DEAD.

Brenda has said she'd likely give it a shot at publishing the yearbook

herself if there were NO DEADLINES AND FIVE YEARS TO DO IT. Unfortunately there are deadlines and less than 4 months to print it in.

Here's what Brenda has to say about the yearbook troubles:

"You'd think out of a population of over 4,000 students at least 6 would be even a little bit interested, 'wouldn't you?' Surely times haven't changed that much that people are so wrapped up with themselves that they can't sacrifice a few hours a week to help with something for everyone in the school.

What upsets me the most is that people always have time to criticize but not the time to do something to improve the situation. This goes for things in general not just the yearbook or the Nugget.

We all have full schoolwork schedules to worry about - but non can honestly tell me that they are so busy that one hour will upset their whole schedule. I didn't mean to make a 'value-loaded' speech!!

As a final closing note I'd

just like to know a couple of things:

1. Why can't the photography department downstairs send out each one of their students on one yearbook photography assignment.

2. Why isn't Brenda informed of when activities are going on?

3. WHY IS EVERYBODY AT NAIT SO BUSY, THAT THEY CAN'T AFFORD TO PUT ONE OR TWO HOURS A WEEK INTO THEIR YEARBOOK?

What would it be like if 10 years from now when you're all married and your children ask you Mommy and Daddy show me your college pictures and you have to say I'm sorry son, but I don't have any pictures because we didn't do our part to help put a yearbook out, so there wasn't one made!

Please Help! If not for your sake, for your memories!
Editor 'The Nugget'

**NO PAPER TILL
AFTER CHRISTMAS
HAVE A MERRY . . .**

I'm Out On One Hell Of A Time

When I can't stand, tie this to my button-hole. Secure my pocket book, wind up my watch, sponge off my clothes, call me a cab . . . and

SHIP ME HOME!!!

My Name is

Residence

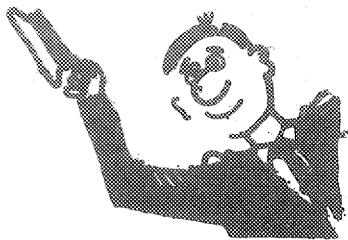
→ KEEP THIS OUT OF THE NEWSPAPERS AND TELL MY WIFE THAT IT WAS THE OLD STOMACH TROUBLE!

Park Plaza Parking

Be careful where you park at the old Simpson-Sears Shopping Centre. Access to the buildings must be left open for construction vehicles. Vehicles in their way will be subject to ticketing and removal.

Thank you.

A PUBLIC SERVICE BY:
NAIT NUGGET
(NAIT)

Commissionaires
Corner

By S-SGT Johnston

Activities Centre

In response to several inquiries the following procedure should be followed to avoid any embarrassment when either entering or departing the Activities Centre.

Identification -- NAIT cards must be carried at all times this can be the difference of being able to enter or depart the Activities Centre back into the Institute.

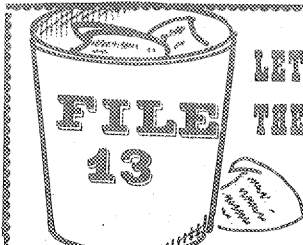
Students, instructors, and Staff should attempt to plan any activities in the Institute areas and ensure they are completed before going to the Activities Centre. Of course the reverse would apply should any sports activities require the use of the Activities Centre before any studies, etc., in the Institute.

Students, instructors, and Staff should not sign in the register at the MAIN entrance for the sports activities in the Activities Centre. Parking is available and the doors are open in this area to receive anyone for quick entry.

The Commissionaires on duty in the LINK portion Activities Centre have to enforce the control of persons arriving and departing the Activities Centre, this control is necessary as a protective security measure.

Students, instructors and Staff having reasons to be in the Institute after normal hours should sign in the register and sign out to clear the Institute area before proceeding to the Activities Centre. This provides a safety precaution for locating persons in the event of fire, etc.

Another point to remember when in the Institute area - visit your locker and take items including clothing and books with you from the Activities Centre after repeat AFTER you have signed out.

LETTERS TO
THE EDITORby
BASHFUL
BOYCE

Dear Editor:

I don't usually write, but a recent visit to the NAIT games room left me sufficiently disgusted to sit down and do something about it.

Aside from the bowling alleys and pool tables (which incidentally, you can't get close to during noon hour) I turned my sights toward the row of pinball machines. Having a bit of time on my hands and a few spare quarters I decided to try for a bit of fun and relaxation. I was sorely disappointed.

I have never seen pinball machines in such poor working order. They were dirty, unresponsive and to say the least a complete disaster as a whole. I've played better games in the corner cafe. There is only one machine that's relatively

new and most of the time you can't see it for the crowd.

I am disappointed to see that a place like NAIT, with so many students using the games room, can't seem to do a better job in this area.

And how about a little variety? In these old relics you have about a 30 per cent chance of losing your money, and a 60 per cent chance of being ripped off on games, balls, points, etc.

Surely they must be worth something on a trade-in for a few newer models. Who knows? Business may improve enough for more modifications.

NAIT's a great place, but if more people shout, we can improve on at least a few things eh?

Signed Disappointed, but hopeful.

Dear Editor:

I think I can suggest some problems for NAITSA.

1. Can't we have a post office in school? I think if there is a post office it is very convenient for students. There is no post office near the school. Especially when students take all day at school, there is no way of buying stamps and registers.

2. I wonder how come student library is so noisy. I've never

seen that kind of a noisy library. Maybe NAIT's library is a talking place? or a practical stopping place? And the sound of the closing door. Can't anybody interrupt students who make so much noise? What about the floor. Can't we hear a soft sound?

I hope NAIT can change those things very soon.

Thank you. One of NAIT's students.



EDITOR — ROD BOYCE

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LAYOUT

Aaron Ratke

SPORTS

????

PHOTOGRAPHY

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SECRETARY — Lori Martin

Christmas — Is it Really
Worth the Hassle?

(Editorial by Rod Boyce)

It's that time of year again, the anxious 365 days of waiting all coming to a climax in 10 days. The planning, arranging, buying and explaining of Christmas is here and almost ready to pass.

Christmas. What's it really all about. Is it really worth it. Christmas means:

Santa Claus
Presents
Christmas trees
Parties
Concerts
Love
Cherish
Life
Death
Remembering
and a depleted bank account.

To you it's a different meaning than what it is to you.

I can once remember, not too long ago when Santa Claus came only once and that was Christmas morning when I was sleeping. I can remember writing letters to Santa, and putting them in the fire and watching them burn completely, knowing that Santa could put the smoke and ashes back into a reading form and then give me what I wanted for Christmas. I can remember concerts, Christmas carols, decorating the Christmas tree and waiting patiently for Christmas day. Most of all I can remember the pleasure and joy of going out and buying Christmas gifts for my relatives and always wondering what they were buying me. Yeah, I can even remember . . .

Those were fond memories of good times, when the Christmas spirit was "real" not something you feel obligated to put on for 10 - 30 days before and during the Christmas season. Today Christmas has become so commercialized. Oh sure the Christmas carols, concerts, and candy canes are still there, but what about the spirit. If you as a parent or student have to spend over \$50 to buy gifts, what does this do for your Christmas spirit. What does the little kid think or feel when he sees 15 different Santa Claus's at malls, concerts, and Christmas parties especially after he's been told that there's only one Santa Claus. How does your pocket book feel, your spirit, how about you?

I mentioned a couple of paragraphs earlier that Christmas meant different things to different people. Well here's what it means to some:

to the business man - \$\$\$\$\$
to the housewife - buying gifts
to the business man - \$\$\$\$\$
to the child - Santa Claus
to the Business man - \$\$\$\$\$
to the bread winner - \$\$\$\$\$
to the businessman - \$\$\$\$\$
to the Nugget - a news story

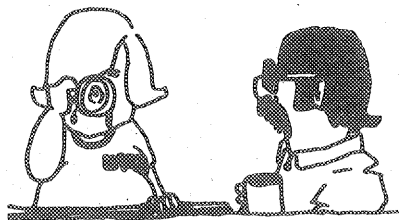
I've just got to question the validity, the reality, the hopes, the spirit, the profits earned, the time consumed, the spirits revived, the . . . of Christmas!

Add it all up and Christmas is a big rip off of the public, deception for the kids, and headaches for the Santa's. But you know what? All that's bad about Christmas does not match all that's good.

Merry Christmas and A Happy New Year.
NAIT NUGGET STAFF

NAIT X-MAS CABARET

Featuring "Crowcuss"!

Friday
Dec. 17In the
CafeteriaTICKETS ARE
AVAILABLE AT
NAITSA STORES

8:00 p.m. - 12:30 a.m.



ALCB CARDS REQUIRED

CENTRAL UNITED CHURCH

(Your Campus Church)

112 St. and 109 Ave.

PHONE 426-1860

STAFF: Rev. Hart Cantelon; Rev. H.D. Kim;
Rev. Cyril Martin

10 A.M. - Adult Bible Class

11 A.M. - Morning Worship

7 P.M. - Senior Young Peoples

PASTORAL COUNSELLING

STAFF IN LOBBY BY BANK

By Appointment Wednesday Noon

Johnathan Warwick

His name was Johnathan Gregory Warwick and everyone he knew, or knew him, referred to him as such. Lying on his satin-sheeted down bed, he was sleeping. He was sleeping, burr. It was a rare sleep; a troubled but sound one.....

From every direction, images kissed his mind. Each one hovering a split-second long enough to evoke his memories, then flashing away into the still night.

Once Warwick had gotten his bearings in his new environment a kalldescope of childhood images whirled past his head. There was the toys he had at his beck and call, the loneliness, and his parents always rushing off. (His mother and father spun a tarantula-web across the continent occasionally crossing paths, but hardly ever rushing home to their son.) Emitting from the young body in the image, Warwick felt a confusion and a strange bold-type of sadness. What had caused these feelings, Warwick couldn't decipher, before the next set of images captured his interest.

An image of himself before a set of two mirrors was the next to snatch his attention. In one mirror was an elderly man, semi-bald and clad in a fine suit of the styles of a successful aristocrat, who gave an air of order and staidness. The other mirror contained a beer-bellied man, mid-aged and dressed in a border-like grimy T-shirt and resewn Levis, who showed signs of low income but well-roundedness.

Then, at near still-life speed, Warwick watched a careful line crook upwards in his facimilies face as if it was air-bushed in all this time. Simultaneously, he could see the facimilies body turn ever-so-slowly towards the elderly mirror-image.

As the facimilie was absorbed into the mirror, a dagger-pain shot through Warwick's body shattering his heart. Warwick fell forward into the image, into the mind of the elderly mirror-image, and, as the paining laughter rang off the distant walls, he cried and succumbed.

Next, whipping past his face, blurred flushes of broken, jagged images cut

deep into his conscienceness. Images of his compromise marriage to his status symbol, of the birth of their mentally and physically correct son, of the parts of his sons childbirth that he was present for, of himself, wishing he was home for Tommie's birthday, of his sons graduation pictures his wife took for him to see, and of the fine young man who was the spitin' image of the ol' man.

Next, the cespool became a vast mountain of meaningless memories and of meaningless moments with Warwick clawing his way into it.

Now Warwick is standing before a colossal mirror which sketches as far as his mind can comprehend.

Soon Warwick will build up the guts to face straight into the mirror and all that he'll see will be the rolling blue fog behind him. Then, he will decipher why the child-image was sad and confused, he will discover who he really is, and he will know that his father was there before him and that his son will be there after him.

The Bar-Room Streaker

At 11 p.m. Friday, November 19, a streaker was seen to do his thing through the Inn On Whyte beer parlour. The daring young male party began his trip from the men's can near the taps then dashed across the upper level to the EXIT at the far side of the stage. After a few minutes of waiting beyond the doors he returned to the can, clothes still under

his arm; the hall still ringing with applause and cheering.

Doubtless to his relief, nobody impeded him on his journey. (Tales have been told of streakers being chucked into the beer cooler of a certain nearby establishment, to await the boys in blue).

Indeed the crowd reaction was almost entirely favourable. One female critic

was greeted with the reply, "It's quality, not quantity." (One can only wonder what her criticism might have been).

Four girls sought out and attacked him, with kisses, at his table afterward. As well one autograph hunter received another contribution to his collection.

(Too bad you can't dance along with it.)

Under every Christmas tree, there should be some Roots.



This Christmas, why not put a pair of Puff Roots under the tree. Or maybe a terrific Roots net bag, a saddle bag or one of our superb scarfs. And if you can't decide, let them. Give them all Roots gift certificates.

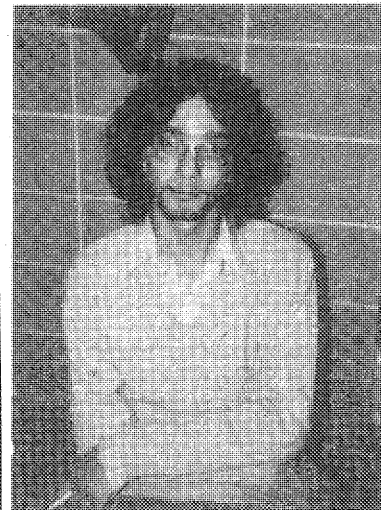


10219 Jasper Ave.
Edmonton, Alberta T5J 1X8
Tel (403) 429-2044

Ask me!

What does Christmas Mean to You?

"Ask me" is a column designed to find out the students views, opinions, etc. If you are asked to help out by answering a question, be a sport and co-operate.



SMILEY CHERKAS
(Electronics)

A time to relax with old friends, and to live it up.

KAREN KOLACH
(Computer Systems)

... a happy time when relatives and friends can get together and celebrate Christmas, and the coming of the New Year.



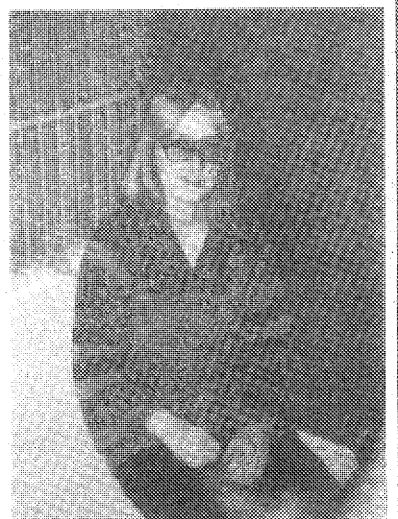
HENRY BOND
(Motor Mechanics)

A time of happiness.



WENDY CLARK
(Radio and T.V. Arts)

A time for everybody to be aware of everybody else, and to be kind to each other.



RON SKOK
(Dental Mechanics)

Getting out of School!





Handball Final

The Continental Handball Final was played in late November with Dental Technology vs Plasma, (two small technologies). Plasma charged into the game early, scoring five quick goals with Dental quickly changing the game to their style of play. Dental slowly took the lead and kept it up until half time.

Dental showing their good passing and quick break type of play stayed slightly ahead of Plasmas' slower but harder throwing players. Near the end of the game their neat and very effective lagging of the ball. After the game Dental celebrated their 21 to 19 win at the E-wing with Plasma still losing to Dental.

Beatle Comeback

SAN FRANCISCO (CUP) -- The Committee to Reunite the Beatles has announced the release of a single titled Get Back Beatles.

The new tune will be performed by Gerald Kinney and the New York Band on the Let It Be label and all profits will go toward convincing the infamous mop-tops to come together again.

Meanwhile, Peter Frampton has been signed to play the part of Billy Shears in the movie version of Sgt. Pepper's Lonely Hearts Club Band. Frampton was 15 when the album was first released.

'Tridents'

Bangor (CUP) The Trident submarines, the most dangerous nuclear warships ever devised by the Pentagon, have developed cracks in more than 100 critical places.

According to columnist Jack Anderson, the cracks have been spotted by navy inspectors in the first three Tridents currently under construction in Bangor, Washington. The cracks have been located in such sensitive spots as the walls separating the engine room from the ship's nuclear plant.

On Friday, December 17 from 8 p.m. to 12:30 a.m., CROWCUSS will be performing in the large cafeteria for our listening and dancing pleasure.

CROWCUSS, an all Canadian band, offers original music, instead of cover versions of last month's Top 20 hits. The group describes its material as a diversity of musical form amalgamated into a basic foundation - rock - and each song stands out individually.

Hermann Frumm (Keyboards, Synthesizers, Backing Vocals) is not only a superb drummer, but a singer whose high-flying vocals give the band much of its power and polish.

Greg Leskiw (Guitar, Lead and Backing Vocals) formerly of the Guess Who, is a fine singer and has exceptional writing talent.

Larry Pink (Keyboards, Synthesizer) brings into the band the variety and imagination of the music due to his wide scope of musical experience. A new dimension is added to the sound with the unique keyboard sound provided by Pink and Frumm.

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Christmas Cabaret

Bill Wallace (Bass Guitar, Brass Instruments, Lead and Backing Vocals) also a former member of the Guess Who is one of Winnipeg's most respected and talented musicians. He brings to the group a powerful electric bass guitar sound and strong harmony singing.

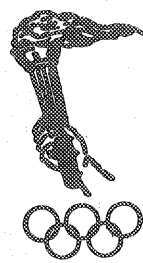
These five extraordinary

talents have already created the kind of following in their home town (Winnipeg, Manitoba) that other groups work years to find.

Great music cannot be denied. So take the CROWCUSS test and hear for yourself, this Friday at the Christmas Cabaret.

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EDMONTON, ALBERTA



SPECIAL

LUNCH

11:00 A.M.

To

2:00 P.M.

Licensed

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(ADJOINING EMBERS BURLESQUE)

10052 - 106 St.

OPEN

Wed. thru Sat.

9:30 p.m. - 4:30 a.m.

Half Price Admission Weds. or Thurs.

WITH THIS COUPON

(Reg. \$4.00)



Hi there peoples, I'm the newest of the Nugget staffers and its my job to write the gossip column. You know what I'm talking about, stuff like what's going on between Sally and George, our Ook-piks hockey team and just general junk. So here goes my first effort.

It looks like old man winter is not going to disappoint us after all. He managed to dump over six inches of snow on us last Monday and

Tuesday (Dec 6 and 7). That should satisfy all you wierd screwed up people who demanded that we have a 'white Christmas'.

I guess the postie office is planning its annual Christmas escapade of having a strike. This is becoming an annual Christmas encounter with a large turnout on the part of the postal staff. This generally results in the workers getting a raise and

the public having their gifts arriving late at their destinations sometime after Christmas. Its probably for the better though, as I don't really want to send my mother-in-law a Christmas present. With my luck, she'll probably come visit us now.

I hear Premier Lougheed refused to take the physical fitness test that was being put on by some organization. It's too bad. I'm sure they would of found him in perfect shape. I mean anyone who can dodge the issues and give you the run around like he does has got to be in good shape.

The weeks 'stripe' award goes out to Mayor Terry Cavanaugh who put the no parking ban into effect nearly 13 hours after city streets had been considered an emergency situation. It seems that the city engineers had considered it an emergency at around 7 p.m. the city police at about 9:30 a.m. but by the time our mayor got around to putting the no parking ban into effect it was 10 p.m. Cliff's Towing never started to remove vehicles off streets to other locations until midnight. Quite a few unhappy people woke up Thursday morning to discover that not only had their car been removed from the spot it was parked on the night before, but that it also had a \$25 ticket on the windshield. So to Mayor Terry Cavanaugh gets the "Nugget Stripe award for being so quick and efficient in putting the no parking ban into effect after the emergency was called.

Once again NAIT did their part in putting on a Santas Anonymous Campaign to raise funds for the needy. For just \$1 you could not only be helping in making a contribution to the needy, but you also had a chance at winning either a ski trip or \$400 first

prize, \$200 cash, second prize and \$100 cash third prize. The only major change from last years format was that the CHED disco was cancelled because NAITSA and CHED couldn't coincide their schedules. As a result Chuck was chucked.

NAITSA's first attempt at decorating their 'tall' Christmas tree was a disaster and 'Radar' sort of let them know that his 'Ookpik' tree was much nicer. So not to be outdone the NAITSA tree was redecorated and the refinished product is at least commendable.

It looks as though veteran defenseman Chuck Tetrault could be out of the Ookpiks lineup for a couple of games with a badly damaged shoulder. The way the Ookpiks are playing nowadays, maybe he's the lucky one. They lost six straight games and in a 24 game schedule...

Speaking of hockey have you watched the Oilers lately? Even though they won a couple of games now they still seem to have a lack of scoring punch but Rick Morris (Oiler forward) may have a solution. Last Sunday while playing against the Birmingham Bulls, Rick got an offside breakaway and instead of stopping when the whistle blew he just completed his play and beat goalie John Garrett who made no effort to stop the puck. Of course the goal was disallowed but that little incident might have been enough to spark the Oilers as they went on to win 5-3.

In another play in that same game Frank Beaton (Oiler policeman) went flying down the ice and stopped on the brakes just in front of John Garrett. I don't know what he said for sure but I imagine he was asking John if he learned to fight since they'd last met in Bur-

mingham. If you remember back to a game in late November, Beaton had thumped Garrett in a fight easily.

Last Wednesday (October 8) at the NAITSA Representative council meeting it was decided to give a vote of support in favor of making Physical Education a mandatory requirement in order to receive a diploma. This went over well because council and the technology representatives felt students should leave NAIT with not only a healthy mind but also a healthy body. There's only one slight hitch, P.E. is only compulsory in first year. So all those slim trim first years, by the time they finish second year turn back into the out of shape slobbs they were before.

A week ago Wednesday the Swine Flu shot was being given in the gymnasium. These shots are given to prevent the Swine Flu influenza which is an "acute disease". Actually it could kill you. Anyways it seems that the way some student's systems reacted to the shot (headaches, chilled, muscle spasm) that maybe they would have died. I can't be sure but I overheard a rumor that someone mentioned seeing a senior executive of NAITSA burrowing around in the snow after receiving the shot. TAKE IT ANY WAY YOU WANT TO.

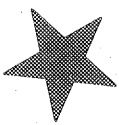
I see a lot of people putting their Christmas decorations up early (Dec. 1) I suppose that's to help get them in the Christmas spirits. Well I think maybe everyone should start doing it, because when these see the prices on Christmas gifts they'd better have some sort of spirit on their side.

Note: this is our last issue before Christmas so we'll see you all in the New Year!

Frank Glutton



SPORTS



Women's Basketball

Men's Volleyball

The Women's Basketball Team travelled to Grande Prairie last Friday, November 19, to play their first two games in the sixteen game Alberta Colleges Athletic Conference (ACAC) season. NAIT was not represented with a Women's Basketball Team last year due to the lack of participation by women athletes.

This year NAIT is represented by: Karen Schmolke, Secretarial; Debbie Hodgson, Secretarial; Erna Gamble, Radio and T.V. Arts; Debbie Wilderman, Medical Dicta Typist; Sheila Towpisin, Radio and T.V. Arts; Tana Small, Acc. and Finance; Brenda Geddes, Secretarial; Francine Kulak, Secretarial; Linda Marchand, Secretarial; Bev Tracik, Secretarial.

The team is still interested in expanding with more players, a manager and a trainer. If you are interested - come to practice 5:30 - 7 every Tuesday and Wednesday evening or leave your name and phone number with Freida in Student Services for the coach Ms. Barbara Hanson.

The ACAC Basketball Womens' league, unlike the mens league, is playing under International Amateur Basketball Federation Rules (FIBA). These are the same rules used during Olympic Competition in Montreal. These rules were adopted last year when NAIT women were not participating basketball members. The rule changes most evident to the spectator and which made the game a faster, more open, more

offensive and exciting game with higher scores include the following:

1. A time limit of 30 seconds is given to move the ball from the back court (home end) to the basket in the opponents end.
2. A wider base to the key forces movement outside the key or violations of 3 seconds.
3. After a basket or a violation in the back court, the referee does not handle the ball before it can be played.
4. Only two time outs per half time is allowed.
5. Fouls include any contact with another player even if hands and the ball are grabbed.

Since the NAIT squad was not aware of these rule changes due to its years absence from ACAC competition, the team adapted quite well. During the first game, although beaten time and again by the advantage of back court ball possession and Grande Prairie's fast break, NAIT scored 23 points to Grande Prairie's 61. Debbie Wilderman and Tana Small were NAIT's main scorers.

The second game was more frustrating as Grande Prairie controlled the ball. The score of 86-14 is no indication of the effort the girls made during the game. With more practice using the new rules the NAIT Women's Basketball Team can look forward to a challenging season.

The next game is at NAIT against Red Deer College at 1 p.m. Saturday, December 4, 1976. Come support your team. Come and participate in the practice Tuesday at 5:30; North gym.

The NAIT Men's Volleyball Team continues to dominate the ACAC with a decisive winning style.

This weekend in Calgary, NAIT easily defeated last year's 4-West champions Mount Royal College by scores of 15-1, 15-3, 15-1. The men also played Lethbridge Community College and defeated them by 15-4, 15-5, 15-1.

The NAIT Men's Volleyball squad has gone without a single loss this season and hold down the number one spot with 4 points.

The two men dominating

this weekends action with their strong blocking and hitting were Terry Willisko (Marketing) and Steve Blechschmidt (Bldg. Const. Eng.)

Coaches John Reeves and Grant Noel were pleased with the play this weekend but are looking forward to stronger play from SAIT and MOUNT Royal this coming weekend at NAIT.

NEXT VOLLEYBALL ACTION GAMES AT NAIT

-Friday, December 10 at 7 p.m. NAIT vs SAIT
Saturday, December 11 at 1 p.m. NAIT vs MRC

NAIT vs Camrose

NAIT vs Camrose Lutheran College at Camrose Dec. 7. The half-time score was NAIT 15 and Camrose 52, the final score was NAIT 27 and Camrose 102.

The top scorers were Debbie Wilderman with 13, Karen Schmolke, 10, Bev Tracik, 2, Debbie Hodgson, 1, Tana Small, 1; From Camrose: Ann Faulk, 23, Brenda Bokmer, 18, Betty

Boether, 18 and Verna Mumby 16.

The NAIT girls played their best, played well together and did play a good game. The girls have been progressing with each game played this season and now ends the end of the season, they should produce a fairly good team.

Rebounds and accurate passes gave the CLC team the opportunity to score so many shots.

Ookpiks vs Trojans

The OOKPIKS continued their hot and cold performances during their overtime loss to SAIT. In the first period, NAIT scored at the 4:20 mark, only to let SAIT even the count just 18 seconds later. Again, NAIT went in front at 6:00 and SAIT replied at 7:10.

It was SAIT's turn, as they scored to go ahead 3-2 at the 11:59 mark, and NAIT evened the score just 20 seconds later. The first two OOKPIK goals came on the power play.

The teams exchanged single goals in the second and third periods, so that at the end of 60 minutes they were deadlocked at 5 points apiece. No goals were scored in the

10 minute overtime period, but at 14:53 of the second overtime session, S.A.I.T.'s Johnson beat Gary Fortier with a shot from the slot, low to Fortier's left for the winning marker.

Once again, the OOKPIKS played very inconsistently especially in the first period, when they let the Trojans get back into the game after having a lead. The OOKPIKS had a number of glorious scoring opportunities during the overtime sessions, but were unable to finish off around the SAIT net. Although the OOKPIKS controlled the play during the overtime, SAIT capitalized on a NAIT miscue to win the game.

Ookpiks vs Cougars

Constant pressure and forechecking by the NAIT OOKPIKS resulted in 4 goals in the first 11 minutes, as the OOKPIKS completely dominated MRC for approximately 15 minutes. The Cougars counted 2 goals, in the final 2 minutes of the first frame to close the gap to 4-3.

The OOKPIKS went ahead 5-3 early in the second period, only to allow MRC to score twice in the dying minutes of the period. This left the teams even 5-5 at the conclusion of 40 minutes.

MRC went ahead in the third period, but with Gary Fortier on the bench in favor of 6 skater, the OOK's Charles Tetrault scored with 52 seconds in regular time to

face the overtime period.

During the third period, with MRC leading by 1, Tetrault hauled down one of the Cougar's forwards who had a breakaway. Consequently, a penalty shot was awarded, but the shot went wide to Fortier's right.

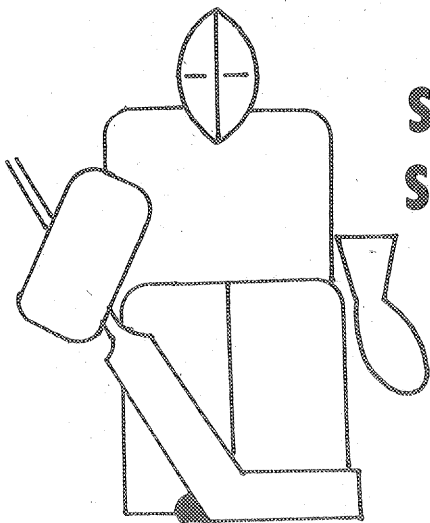
Early in the overtime session, NAIT's Bruce McCaskill had a clear cut breakaway but was foiled by the Cougar's goaltender.

The game was called after 4:57 of the overtime period, as the ice rental permit between MRC and the Glenmore arena had expired.

With the score tied at 5-5, the league will have to determine how the contest will be settled.

NAIT GAMES ROOM

(E - 21)



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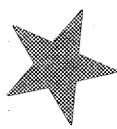
75¢

LOOK!

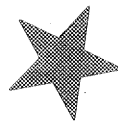
Hockey Sticks	\$4.75
White Wide Tape	\$1.75
White Narrow Tape	\$1.00
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POOL - AIR HOCKEY - PINBALL - FOOTBALL - BOWLING

SPORTS EDITOR NEEDED



SPORTS



Hockey Post Game Reports

Introduction:

The NAIT OOKPIKS received their share of ice

time this weekend, as both contests they were involved in went into overtime. On

Ookpiks vs Kings

The NAIT OOKPIKS suffered their first home defeat of the 1976-77 ACAC Hockey Season in a very lackluster affair. The hustling RDC Kings got off to a 3-0 first period lead as the OOKS were just going through the motions. The first 20 minutes was probably the most lethargic and pathetic period the NAIT squad has played this season. The passing game of the OOKS left a lot to be desired.

The OOKPIKS turned things around, slightly, in the second period, as they outscored the Kings 2-1. Mental mistakes hurt the OOKS as on numerous occasions, they were forced to take penalties in order to stop or slow down the fast skating RDC forwards. Just when the OOKS seemed to be coming around, center Bob Haldane of the

Kings walked through the entire NAIT team to put the Kings ahead 4-2.

In the third period, the Kings scored early (2:02) and from then on just sat on their 5-2 lead. Good positional play and excellent shooting and puckhandling by the Kings kept the OOKS disorganized for most of the final period.

The OOKPIKS are 3-5-1 at the exam break, and have a 10 day rest before they play 3 games to complete the first half of their schedule.

The next action at home is on Saturday, December 4, 1976 at 2 p.m. when the OOKS entertain the SAIT Trojans. The Trojans have defeated the OOKPIKS on both occasions so far this year, with victories coming in overtime in each case.

Tuesday, December 7, 1976 at 8 p.m. the OOKS host RDC Kings.

Saturday, the SAIT Trojans defeated the OOKPIKS by scoring a goal after 25 minutes of overtime. Sunday, the OOKPIKS scored with 52 seconds remaining in regulation time to force their encounter with the Mount Royal College Cougars into extra time. After just under 5 minutes into the 10 minute overtime period, the game was called, as the ice rental agreement between MRC and the City of Calgary had expired. The score was tied at 5 and the league will have to determine the final results.

This marks the fourth straight time the NAIT squad has been involved in extra time games on the road this season. Unfortunately, they have been defeated in 3 of the 4 overtime contests, with the fourth one (MRC) still uncompleted.

Generally the OOKPIKS played good hockey, but three major areas need to be improved. Firstly, stupid and unnecessary penalties cost the OOKPIKS on several occasions. Secondly, the NAIT centermen were beaten consistently and cleanly resulting in a number of good shots against the NAIT Goaltenders. Finally, the OOKPIKS will have to polish up their plays in the opposition and as they must start to capitalize on more of their scoring chances.

Xmas Cabaret

Center Cafeteria

Friday, October 17

8:30 p.m. to 12:30 a.m.

NAIT

VS

SAIT

A sustained and determined comeback effort by the NAIT OOKPIKS failed to materialize Saturday afternoon as the OOKS dropped a 5-4 decision to the visiting SAIT Trojans. The comeback effort was necessitated as the OOKS had earlier given SAIT a 5-1 lead in the third period.

SAIT jumped into a 3-0 first period lead as they simply outplayed the NAIT squad. The SAIT pucksters consistently beat their rivals to loose pucks in both ends of the rink, and as a result were rewarded with two goals. The other first period marker came when a NAIT defenseman gave the puck to a SAIT forward inside the OOKS blueline. The SAIT player walked in unmolested and beat goaltender Gary Fortier with a 15 foot drive to Fortier's left.

Although the OOKS were outplayed in the initial 15 minutes of the period, they managed to reverse things slightly with some impressive forechecking for the last portion of the period.

In the middle frame, the OOKS scored one powerplay goal but managed 19 shots on the SAIT netminder. The majority of these drives were from long range and - or bad angles. The OOKPIKS had a couple other opportunities to score during the second period but failed to follow their shots to the net for the rebounds.

A defensive miscue by the

OOKS resulted in the Trojans taking a 5-1 lead early in the final period. This set the stage for the OOKS rally, but the damage had already been done. Bob Markle and Bob Cruthers scored 48 seconds apart early in the period and Scott Wright notched a short-handed goal on a breakaway with just over 5 minutes to play, closing the gap to 5-4, but time ran out on the OOKS.

The OOKPIKS continue to have problems in their own end and have trouble breaking out in an orderly and controlled fashion. In addition the OOKS still play the puck too often rather than concentrating on the puck-carrier. Consequently, opposition forward continually walk around the OOKPIK players as the OOKS take swings at the puck.

Saturday's loss was the third loss in as many starts for OOKS against SAIT. In the previous two contests in Calgary, SAIT managed 7-5 and 6-5 overtime victories.

Tuesday at 8 p.m. the OOKS play host to the league-leading RDC Kings at the NAIT Arena, and Friday NAIT travels to Camrose to battle the CLC Vikings. Friday's game is the last league encounter for the OOKPIKS in 1976. The league is idle during the Christmas holidays, but the OOKS host their 4th Annual Christmas Tournament Tuesday and Wednesday, December 28 and 29, 1976 at the NAIT Arena.

A.C.A.C. LEAGUE GAMES

GPI	G	A	TOTAL	PIM	
Pat Dittaro	1	1	1	2	Injured
Bob Cruthers	9	4	4	8	19
Scott Wright	8	3	1	4	2
Rocky Smith	9	5	7	12	39
Bob Markle	9	9	10	19	10
Bill Miles	7	1	0	1	4
Bruce McCaskill	8	4	6	8	6
Wayne Johnson	7	0	1	1	8
Gary Allin	6	0	1	1	0
Dan Roulston	9	1	5	6	38
Ed Parans	9	1	2	3	19
Jeff Milne	9	6	2	8	8
Bob Large	9	2	7	9	4
Charles Tetrault	9	3	7	10	18
Garth Lane	9	0	5	5	8
Eric Austin					Injured
Lynn Biesel	8	3	1	4	17
Lindsay Lariviere	9	1	5	6	12
Greg McGinley	6				10
Gary Fortier	9				2
Doug Laboucane	5				

	Minutes Played	Goals Against	Average
Gary Fortier	448	38	5.08
Greg McGinley	42	4	5.71
Doug Laboucane	40	4	6.00

GAA 5.59

Ookpiks vs RDC

The NAIT OOKPIKS dropped their third straight game at home on Tuesday night, a 8-4 defeat at the hands of the first place RDC Kings.

The first period saw 5 goals scored, all as a result of penalties. RDC counted their first goal at the 1:28 mark while playing one man short. NAIT came back just 46 seconds later on a powerplay goal by Dan Roulston. Red Deer took a 2-1 lead only 40 seconds later also on a power play goal. The teams exchanged power play goals toward the end of the first period and as a result RDC Kings went to the dressing room leading 3-2. In all, four goals were scored by the team with the numerical advantage with the 5th being a short handed effort.

Generally, the period was fairly even, with plenty of action in both ends of the rink. The OOKPIKS performed well in Red Deer's end, but had troubles in their own end of the ice.

The second period belonged to the OOKS, as they outskated and outplayed the Kings, pressuring them constantly. Ed Parans notched a power play goal at the 6:59 mark of the period to

even the count at 3, and it appeared as if the OOKS had the momentum, until Red Deer went in front late in the period.

The OOKS got outskated in the final frame, as the Kings scored four goals to NAIT's one. Some precise shooting helped the Kings as they walked in on goaltender, Gary Fortier at will. The OOKPIKS were beaten to loose pucks in their own end of the ice, but they managed to come up with loose pucks the majority of the time in Red Deer's zone.

Penalties hurt the OOKPIKS dearly, as the Kings were able to freely skate and shoot at random due to having the man advantage.

The OOKPIKS play in Camrose Friday night at 8 p.m. The Vikings are red-hot and trail the OOKS by only 3 points for the fourth and final playoff position.

The annual NAIT Christmas Hockey Tournament will be played at the NAIT Arena on Tuesday and Wednesday, December 28 and 29, 1976 with games Tuesday at 10 a.m., 2 p.m. and 8 p.m., Wednesday games are dated for 12 noon and 8 p.m.

Injuries: Veteran defenseman Charles Tetrault was

checked heavily into the boards during the second period and left the game with a possible separated shoulder.

Right winger Eric Austin, who fractured his leg in training camp, is back skating with the club and should be ready by the New Year.

NAIT vs Red Deer

On December 4, 1976 Red Deer came to NAIT for a Basketball game. The half-time score was NAIT 10 and Red Deer 62 and the final score was NAIT 24 and Red Deer 112.

The height of the Red Deer girls basketball team easily

defeated NAIT. NAIT played better basketball in the second half, scoring more baskets. Two of NAIT's players were fouled out of the game in the last part of the second half, leaving little hope of NAIT closing the gap between the two scores.

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ENTERTAINMENT



WE'VE TRIED SO WHAT THE HELL DO YOU WANT??

In order to satisfy you, our readers, we first have to find out your interests, etc. In order to do so, would you please fill out the short questionnaire and submit it to The Nugget (under the door, in the classified box, by way of hand, etc). Thanks

The Nugget

DO YOU WANT MATERIAL ON:					
	YES	NO		YES	NO
Other Campuses	<input type="checkbox"/>	<input type="checkbox"/>	Concerts	<input type="checkbox"/>	<input type="checkbox"/>
Underprivileged Countries	<input type="checkbox"/>	<input type="checkbox"/>	Record Reviews	<input type="checkbox"/>	<input type="checkbox"/>
Shows Presently Playing	<input type="checkbox"/>	<input type="checkbox"/>	Cabarets	<input type="checkbox"/>	<input type="checkbox"/>
FICTION					
Science Fiction	<input type="checkbox"/>	<input type="checkbox"/>	Crude Humor	<input type="checkbox"/>	<input type="checkbox"/>
Mystery	<input type="checkbox"/>	<input type="checkbox"/>	Pornography	<input type="checkbox"/>	<input type="checkbox"/>
Cartoons	<input type="checkbox"/>	<input type="checkbox"/>	Features	<input type="checkbox"/>	<input type="checkbox"/>
Horoscopes	<input type="checkbox"/>	<input type="checkbox"/>	Crosswords	<input type="checkbox"/>	<input type="checkbox"/>
OTHERS (PLEASE SPECIFY) e.g. Sports from the Outside (Oiler games, etc.)					
.....					
.....					

America Munches Out on Burgers

NEW YORK (ZNS-CUP) — The United States has become "a hamburger society," according to the Wall Street Journal.

The average American is now consuming 50 pounds of hamburger a year, the Journal says, up from a mere 20 pounds of ground beef just four years ago.

The main reason for the sudden popularity of hamburger is because Americans are turning to fast-food chains for meals which include such popular treats as "Big Macs," "Whoopers" and "Bonus Jacks." Also other cuts of meat have become too expensive.

What's Happening? By Vaughan Willems WHAT DO YOU THINK ABOUT YOUR SCHOOL PAPER?

Well, whatever you may think, the paper could be improved.

Last year, Bio-Sciences had better coverage than any other technology. That's because they had a correspondent. That person obtained information about events, functions, or any item of interest, small or large, and gave it to the Nugget.

You could do the same

thing too. A student can get the facts and write a story, or give the Nugget the facts and we'll write it for you. Size is not important.

If more people know about your function, then more will turn out for it. That means more money for you.

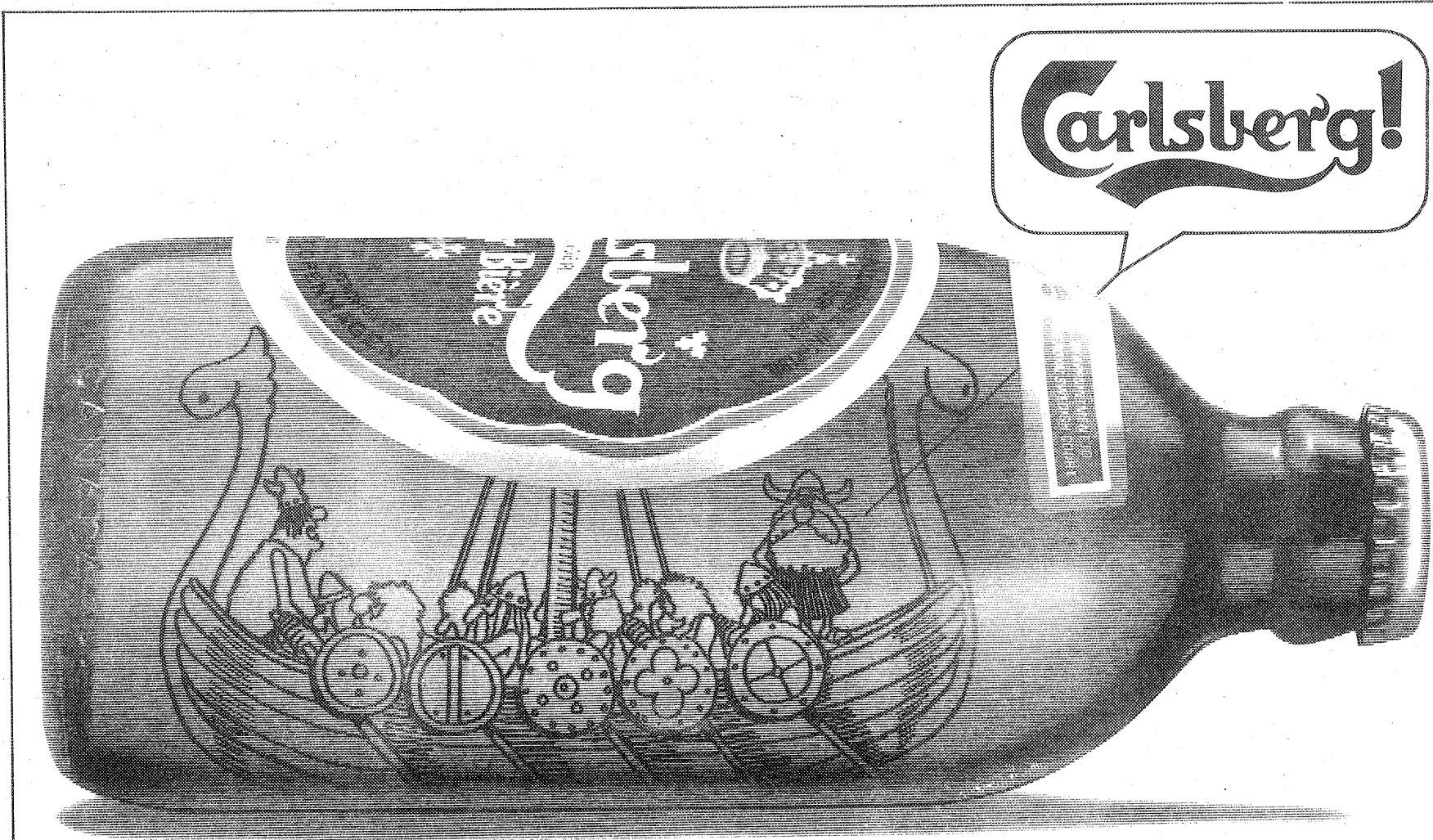
A follow-up story will tell others what they missed, so they won't miss your function next time.

Time and effort of the correspondent would be minimal. Let NAIT know about you.

Football Fever

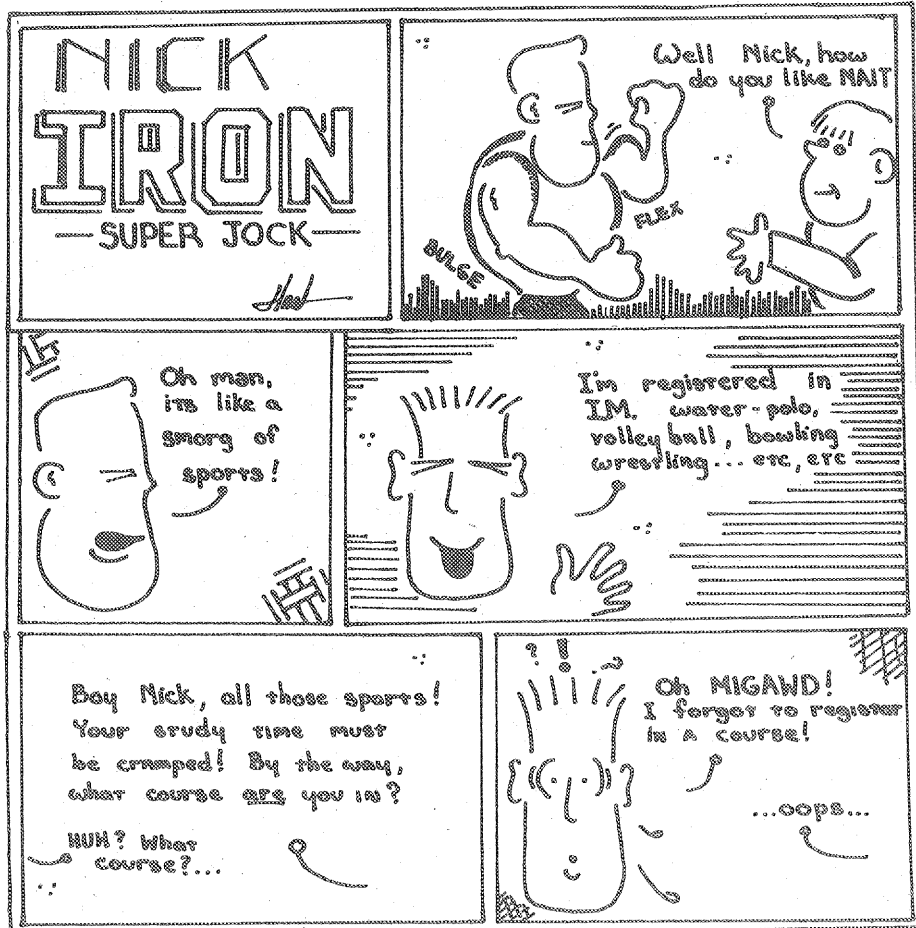
Congratulations to Gordon Young, Earth Resources (petroleum) who predicted Ottawa would beat Saskatchewan 24-17.

Out of 15 entries his was the only one favoring Ottawa and so to Gordon goes the Nugget prize of \$10 which he can collect by coming down to the Nugget office.



THE GLORIOUS BEER OF NAIT

COMICS



66 BARRACUDA, 318 4 speed, \$400. Phone 464-0397 after six and weekends.

FOR SALE: C.B. Radio Set Tokai 23 Channel mobile C-W gutter mount base load antenna. Radio \$110 and Antenna \$30 or both for \$130. Phone 223 Gray or 466-2739 evenings.

COOK MANAGER: Cook lunch and dinner for 17 people. Good starting experience. 4-6 hours per day. Job starts Jan. 3, 1977. 439-5831.

THE RICHARD EATON SINGERS: conducted by Larry Cook will be presenting Handel's MESSIAH at All Saints Cathedral, Saturday, December 18 and Sunday, December 19 at 8 p.m. They will be joined by members of the Edmonton Symphony and soloists - Carmen Tellier Bourret, Meria Aikman, Wolfgang Oeste, Harold Wiens. Tickets are available at Cathedral office, Mike's U of A. Music Dept. Schrus members and at the door.

Junk For Sale: It's The Real Thing

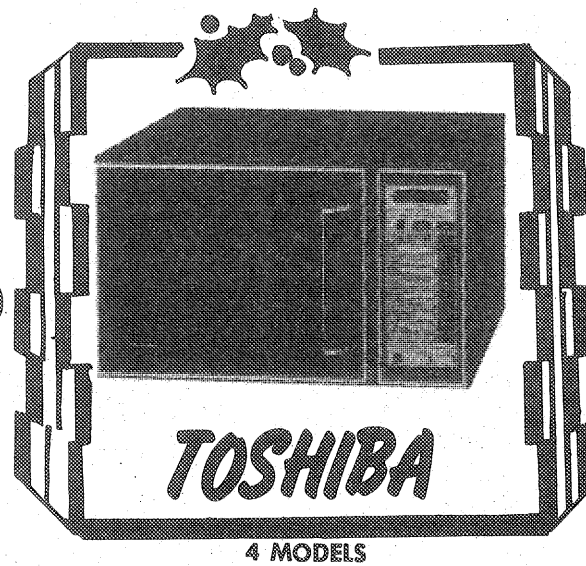
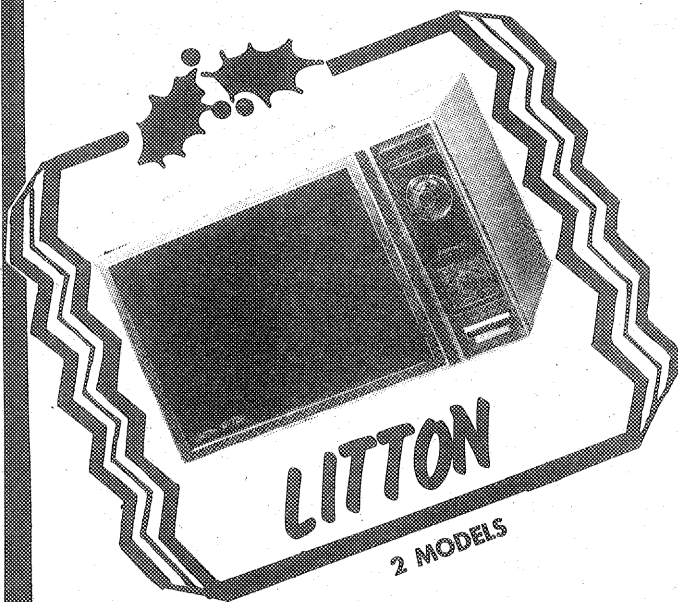
SAN FRANCISCO (ZNS CUP) --Now that the "pet rock" and "sandbreeding kits" have run their course, a San Francisco firm is marketing the latest in fift gimmicks: It's called "junk". For \$4 shoppers can buy a chocolate-colored package of junk which, according to its warranty, is absolutely worthless. Among the items

inside are a defective balloon, a smashed ping pong ball, a broken clothes pin, bits of paper and feathers and an empty book of matches. "Junk" is the creation of Tom Pattinson, who has formed what he called the junk Company. "Junk" is already being featured in such stores as Bloomingdales's, Abraham

and Strauss, Nieman Marcus and J. Magnin. Pattinson says he got the idea for "junk" after looking through gift stores and realizing that most people were spending money on worthless trash. Incidentally, the warranty says that if you can find any legitimate use for junk, your money will be refunded.

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SHERBROOK COMMUNITY HALL

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Members \$2⁵⁰ Non Members \$3⁰⁰

Contact Ken Seidel, Bryan Jubenville or
Caroline Gerrie for tickets.

The Phenomena

By Kurt Van Wilt

Although exhausted, he did not succumb to the temptation to release his bag onto the floor and drape his coat across the chair. Instead, as always, he placed the coat in the closet and walked into the kitchen to separate his paraphenalia for washing: white clothing inside the machine, black on top, and costume -- tights, shorts, and mask, into the basin to be hand-washed. The costume should be soaked. He controlled the anxiety for his wife, filled the basin with water and added soap. Where was she? A brazen stroke of pain traversed his extended right arm from shoulder to wrist. Attention must be given to the left arm. The occurrence caused him to associate with his left eye. He started to reach his right arm to it, but remembered and used the left. Still quite swollen. He winced. Perhaps more so.

He heard the water of the bath tub--she was there waiting; afraid to approach him having watched the match on television. This was his concern when the young man had begun to exert his strength and resentment with five minutes expired. Pride is a curious phenomena. He smiled at the straining lad who would soon be disqualified; just desserts for such flagrant illegality. But for several minutes the older man would be victimized. The kicks he received in the shoulder and groin, and the forcing of his face into the turnbuckle were little restrained. Is she crying?

As if to dispel the content of his mind, he shook his upper body and walked to the bathroom, removing his shirt en route. Beyond the half-closed door, he saw her back upon the stool. He paused and peered into the bedroom. The reading lamp spotlighted the rocking chair with the marked book in its seat. He turned left, stepped into his study and switched on the light. The painting in progress was on the easel. He had anticipated this instant of return before departing -- and the last seven hours of storm; wrenching his thoughts from it in order to concentrate on driving. All seemed to be as he had arranged it. Certainly

it was. But he was unsure. Little more than the familiarity of order persisted for two weeks. The arm. Could he work tomorrow? He flexed and twirled the fingers of his right hand; then breathed deeply and rotated his head. She waited; and he was lingering in apprehension. He leaned against the door jamb. Perhaps -- perhaps he would sell some work -- something -- enough to leave. A dismissing sigh. In eighteen months he would have the amount of money he has calculated as necessary to retire and begin life in Provence. That which had been a dream had been made continuously more real. Five years ago, with ten years' savings, he purchased the ramshackle farmhouse in the valley of the Durance. Since, he has spent the 'off-seasons' restoring it. This year he would arrive for the harvest... would she implore him to stop--insist trembling that they have sufficient money.

Deliberately, he depressed the light switch and pivoted. Steam was in the hallway. Inhaling, he anticipated the warm luxurious bath and his wife's soothing hands; her. He smiled and entered. She gazed at him with upturned eyes and moved her hand from chin to forehead. His aching expression of joy broadened. She began to turn away when he closed his eyes and ex-

tended his arms. Feeling his injury, she came but resisted his embrace. The two moved to the bath. He undressed, and with her aid eased into the water and reclined. For her, his beauty had never descended to the level of unrealized acceptance. Never had she ceased to wonder at his still supple body; inspecting him upon each return as if to discover change. She looked at him, head back and eyes closed, with curious amazement; perfect; the 'Phenomena'. That he does this--is unreal. He is what he is--how he is, in spite of it. Amusing himself--for a dream. This bartering of spirit balancing of existence, had always seemed inhuman; diabolic. His will was frightening. She shuddered; but was able to stop it. Eagerly, long had she awaited this, she reached an envelope from the wash stand and extended it before him.

After waiting for his eyes to open, she softly said, 'dear', He, seeing it, gestured that his hands were wet; a towel was already beside him. He dried and removed the contents. A brief letter: Mr. M:

The entire listing--eighteen paintings and three pen and inks--has been sold; am certain you will be satisfied with amount as it is more than double the sum upon which we agreed.

Marnie's Wedding Shop



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INVITATIONS ALL MATCHES
REPLY CARDS 10% OFF NAPKINS

Come in and see our huge display of
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PHOTOGRAPHY AND
ORCHESTRA ARRANGED

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CHEM & BIO SCIENCE

Apologize to any students who may have
been turned away at the November cabaret.

We had seating for the amount of tickets
sold. Where the extra tickets came from
we do not know but we urge other clubs
to be careful with respect to ticket sales.

For Further Info Call --
Karen Jacques, Chem Tech or
Bryan Jubenville, Bio-Science

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Meet the Man — Mr. Seethram

By Vaughan Willems

"I'm trying my level best to remove the obstacles in the way of performing their jobs."

That comment was made by Seeth Seethram, Department Head for Business Administration. He is a little man with a big job, just like those other administrators interviewed earlier.

He was talking about the main functions he has in relation to the people under him. He said, "I co-ordinate the four program heads I've got and the instructors I've got, sixty or so."

He said that he has to see, "that programmes run properly, instruction in the classroom takes place, and the programme objectives are not distorted, the courses in the particular programmes are properly oriented to the programme objectives, and make sure the resources are available."

Mr. Seethram mentioned above that he had section heads below him. He then informed me of who they were, "Perry Baird for Accounting and Finance, Herald Daum for Administrative Management, Jim Weir for Computer Systems, and Karl Paul for Marketing Management."

In 1971, Mr. Seethram became the department head. The one that was there before, Lorne Thompson, left for "greener pastures." The job became open for competition, "I applied as did several others and I got the job."

Mr. Seethram said that the qualifications are not specific in terms of academics. He said, "In the institute, you'll find people with no degrees to all kinds of degrees including PhD's."

In regarding personnel, he said, "you'll find many advance from the instructional level to any of the other levels they want depending if one is available, and the kind of performance at the job."

Mr. Seethram said that if an instructor had done a good job as an instructor and has taken initiatives in terms of the overall program, in terms of the overall department or institute, then, "he has a better chance of being picked when a higher job comes up."

In his own job, he thought the most important thing is performance. He added that this is not just for his own programme, but also for his own department and the overall institute as a whole.

Another important aspect about his job is the understandings between persons involved. He said, "I think one of the best things is the rapport you develop with instructors in the programmes."

Rewards come from appreciation. Mr. Seethram said it may come from the instructors, "or when my boss, Mr. North appreciated something that I've done."

Mr. Seethram went on to say that there are also frustrations of not being able to do what you want to do. But he pointed out that there

haven't been too many, "there are some as in any job."

Programme improvement is something he wants to do this school year. He said he wanted to, "bring the programmes up to date and get rid of some of the 'fat' we may have in the courses, and introduce more relevant material. This is a short-range plan."

As for the long-range point of view, he said that it would be nothing more than the maintenance and improvement of programmes. He said, "As far as any major changes, we are limited. We are limited in enrollment, we are limited in offering any new programs. So it boils down to simple maintenance."

Mr. Seethram, I can safely say, likes his job. "Not because it is a fantastic job in terms of pay. I think man is a social being and you have a 'hell' of a lot here."

"It's nice to be with a group of professionals and here we have nothing but professionals in a sense."

"You have a certain amount of flexibility and freedom - I don't have to go to my boss for permission to go from A to B, and it's the same with the instructors."

"There is a certain degree of satisfaction when the

employers say the graduates are doing great, we like them, and we'd like to hire them instead of university graduates. So there is a sense of accomplishment although I'm not directly involved with the production of the graduates."

"Ideally I would like to teach one or two classes because for the last one or two years I haven't taught in the classroom and I've missed the contact with the students. This is why, when I walk down the hallway, I hardly recognize any students. I don't like the idea of walking down the hall as a stranger."

There were other reasons too why Mr. Seethram wanted to be back in the classroom. He said, "one of the reasons is to find out what the students' problems are as well as the instructors'."

He said that in his two years of absence from the classroom he hasn't felt the problem just mentioned above, but in five years, "I think I'll be so far removed from the classroom situation, I wouldn't be able to appreciate the students' problems or the instructors' problems."

Our conversation ended with a comment about his last class, "they were a silly bunch, but great!"

Money Needed for New Shelter

By J.M.

The SPCA needs a new place. The building they have now is in bad shape it's deteriorated - falling apart.

Actually it was just an old house that was renovated, however its use has become very limited. It allows for only 28 cages for cats and 28 for dogs.

A real problem has presented itself because the SPCA handles an average of 1,300 cats, and 1,400 dogs continually.

The Pound has managed to help a little but a large amount of animals still remain at the SPCA.

Another major problem they are having to deal with is disease. Apparently, disease is thriving in the environment which is detrimental to the animals and fairly dangerous to the workers.

The SPCA said that three out of five animals contact diseases like distemper or kennel-cough from which they die or have to be put to sleep.

The situation is so bad that the animal dishes have to be washed in the bathtub since that is the only facility available.

What has been planned is

that half of the old house will be torn down and replaced with a new section attached to the rest of the old house. Two major concerns are that the

animals remain impounded while the rebuilding occurs, and that disease does not transfer into the new structure.

When the first half is completed, then a second new part will be built and attached to the first part. In doing so, they hope to eliminate most of the germs.

The total cost of this attempt is \$550,000. So far, \$250,000 has been gathered through the drive of November 15. The funds mainly came from government sources and the rest will be obtained from private citizens.

The drive actually started back in May, and they have found that people are reacting favorably to it. The promotional aspects were prepared by an interested person from California.

If you would like to contribute to this worthwhile cause contact the SPCA at 475-3651 or drop down to 12251 - 67 St. If you bring a check or money order down to the Nugget Office E128 we'll see that the SPCA people get it.

"For me, good food
and a good beer go together.
That's why I ask for Heineken.
It's all a matter of taste."

Heineken
It's all a matter of taste.

'Twas the Night before Christmas

'Twas the night before Xmas and all through the house,
Were empties and butts left 'round by some louse,
And the best quart I'd hid by the chimney with care,
Had been swiped by some burn who found it there.

My guests had long since been poured in their beds,
To wake in the morning with some god-awful heads,
My wife was out cold with her chin in her lap,
And myself - I was dying for one more nightcap.

When out from the lawn there came such a smell
I sprang to my feet to see what the hell
Away to the window I tore like a flash
Fell over a stool, broke a chair with a crash.

The moon on the breast of the new fallen snow,
Made me think of the coal bills and all I did owe;
When what to my wondering eyes did show up
But eight bloated reindeer hitched to a beer truck.

"On Schenley, on Seagram, we ain't got all night,
You too Haig and Haig, and you Black and White.
Scram up on the roof-get off this wall,
Get going you dummies, we've got a long haul."

So up on the roof went reindeer and truck
But a tree hit old Santa before he could duck,
And then in a twinkling I heard from above
A loud noise that was no cooling dove.

Then I pulled in my head and cocked a sharp ear,
Down the chimney he came, right on his rear.
He was all dressed in furs with cuffs on his pants,
And the way the guy squirmed I guess he had ants.

His droll little mouth made him look a bit whacky,
And the beard on his chin was stained with tobacco.
And he had pints and quarts in the sack on his back;
A breath that would blow a train off the track.

He was chubby and plump, and he tried to stand right
But he didn't fool me-he was high as a kite.
He spoke not a word but went right straight to his work
And missed half the stocking, the plastered old jerk.

Then putting five fingers to the end of his nose,
He gave me the bird and up the chimney he rose.
He sprang for his truck and slid on his face,
But finally managed to flop into place.

But I heard him burp back, ere he passed out of sight,
"Merry Christmas, you rum-dums, now really get tight."

Canada Manpower on Campus

Shown below are the deadlines for acceptance of applications for the following companies that will be recruiting at NAIT in January. Some companies wish to pre-screen applications.

Chevron Standard - graduating students in Hydrocarbon Engineering and Earth Resources (petroleum option). Deadline for application - January 4, 1977.

Bank Of Nova Scotia - Business Administration students interested in a career in banking. Deadline for application - January 8, 1977.

Union Oil Company Of Canada - graduating and undergraduates in Hydrocarbon, Earth Resources (mineral or petroleum), Mechanical Industrial Engineering. Deadline for application - January 14, 1977.

Halliburton Services Limited - technical careers in the energy industries - graduating and undergraduate students in Earth Resources, Electronics, Mechanical Technologist. Deadline for application - December 29, 1976.

Gulf Oil Canada Limited - graduating students in Hydrocarbon Engineering. Deadline for application - January 7, 1977.

Hudson's Bay Oil and Gas Company Limited - Hydrocarbon Engineering and Instrumentation graduates and undergraduates for permanent and summer jobs in the province of Alberta; Business Administration graduates for permanent work in Calgary and the undergrads for summer jobs at Fox Creek and Valleyview, Alberta; Computer Systems graduates and undergraduates for permanent and summer jobs in Calgary; Mechanical Industrial Engineering graduates for permanent work in Calgary and the undergraduates for summer jobs at Olds, Red Deer, or Pincher Creek, Alberta; Earth Resources Petroleum Technology graduates for permanent work in Calgary. A Slide Presentation and General Information Meeting will be held Tuesday, January 4, 1977 at 8:15 a.m. in Room H5 to provide students

with further information concerning these job opportunities. All students who have signed onto company schedules are asked to attend so that the time allocated for your personal interview can be used to your best advantage. Deadline for application - December 23, 1976.

Public Service Canada - open to all first year students "Career Oriented Summer Employment Programme" - for details contact the Canada Manpower Center on Campus Room E132. Deadline for application - January 31, 1977.

Public Service Canada - graduating students in Administrative Management, training programme for Customs Inspectors. Deadline for application - January 14, 1977.

For information on any of the above job opportunities, contact the Canada Manpower Center on Campus Room E132 Northern Alberta Institute of Technology.

Pot Smokers Told of New Dangers

By Doug Firby

"Would you believe that those sex-crazed, pot-smoking hippies envy us our sex lives? Or would you like to know the real reason that male hippies grow their hair

so long?"

A medical column in yesterday's Free Press brought all "pot smokers" the bad news; not only are they near impotency, but they

may be on their way to changing sexes.

The article reports, "chronic marijuana users have a much higher rate of sexual problems. Their rate of sexual activity is diminished and their problems with impotence and frigidity are increased."

As if this wasn't horrifying enough, the article says, "the males begin to develop breasts much like a woman. This is thought to be due to a temporary disturbance of liver function. This may be the reason they these guys want long hair."

And as a final frightening note, the MD says, "Even in men who smoke marijuana . . ."

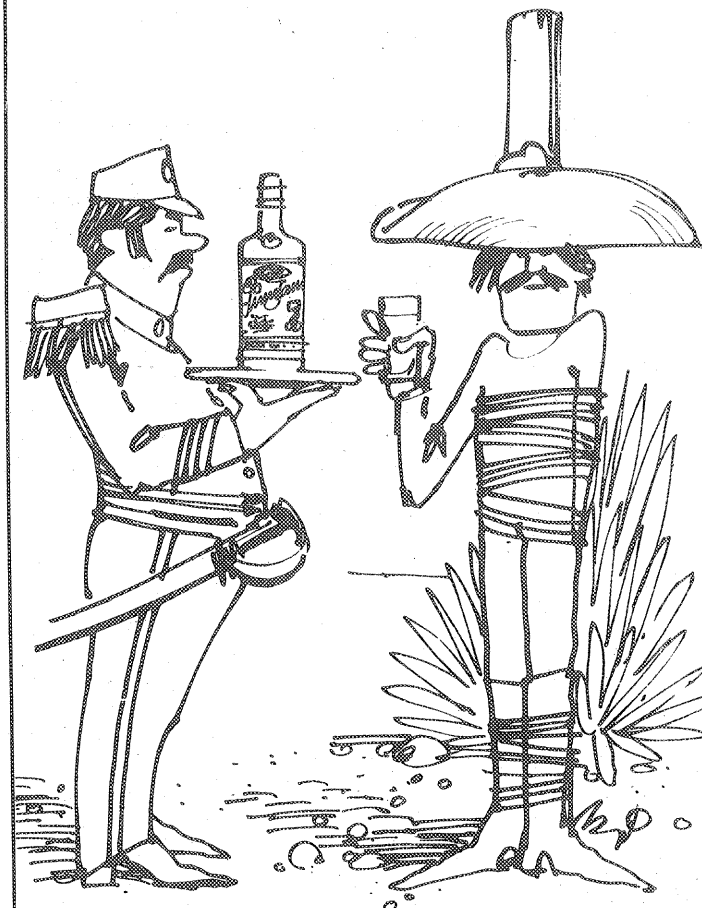
So if your nasty habits catch up with you, don't say the doctor didn't warn you!

VOLUNTEERS NEEDED

To help with registration for
'SWINE FLU' shots.

It's all happening at the Golden Garter Saloon (Exhibition Grounds)
... Dec. 13 - 17, 20 - 23 between the
hours 3:00 - 5:30 p.m. and 5:30 - 8:00
p.m.

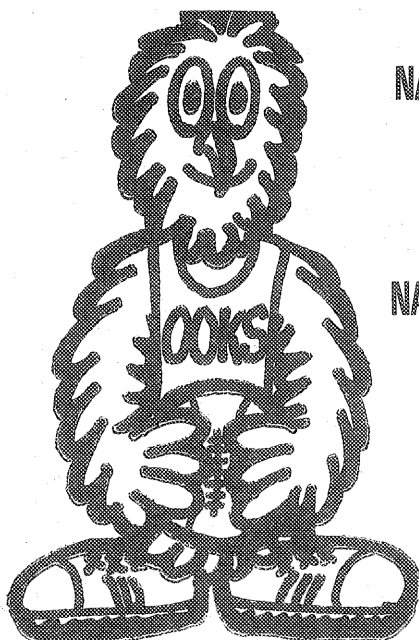
For More Information, Please Phone 482-6431.



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Those Unforgettable High-School Days

Laboratory studies of memory suggest we forget quickly, but when the subject is the names and faces from those halcyon days of adolescence, the memories come tumbling out:

By Harry P. Bahrick, Phyllis O. Bahrick, and Roy P. Wittlinger

Taken from *Psychology Today*, December 1974

Many of us have fond memories of high school. We likely went on our first date, learned to drive a car, rooted for the team, and made some very good friends there. Even though we may move both physically and psychologically away from high school, our research on long-term memory shows that we remember names and faces of our classmates for years, even decades.

The grist for our experimental mill wash material from high-school yearbooks dating back to the early '20s. With names and pictures out of the past, we logged the memory of 392 high-school graduates who ranged in age from 17 to 74. They came from classes with as few as 90 students and as many as 1,100. The graduates were students, staff, or faculty members at Ohio Wesleyan University or residents of the surrounding communities.

We divided the subjects into nine groups based upon the amount of time since they graduated from high school. The first group had finished school in the five months prior to the experiment, and the ninth had been out of school for 40 years or more. We devised and administered six tests to find out how well the participants remembered the faces and names of their high-school classmates.

Previous research on the subject is limited to studies of short-term memory, in which researchers teach people material, have them practice it until they master it, and then a few hours, days or weeks later test them on how well they can remember it. Their results: people forget such new material quite rapidly. But common sense tells us that we retain some information for life; we don't forget our birth date, after all, and we can recognize pictures of close friends or relatives whom we haven't seen for years.

We remember a great deal of information that is essential for daily living, but psychologists don't know how fast people lose information that they don't periodically relearn. We don't know for instance, how much people remember about a city they once lived in, a game they played as children, a foreign language they once knew, or a professional skill they no longer use. Because we learn these things over many years, it's almost impossible to study them in the lab.

We realize we had to measure everyday learning in the outside world. We had to test subjects of various ages who learned the same type of material during the same period of their lives. Unfortunately, we cannot control the differences in how well they learned the material in the first place. Therefore, it is difficult to find out how much they forgot and how much they failed to learn originally.

We tried to overcome these problems by selecting material for our experiment that most people learned in a uniform way at the same age. The names and faces of fellow high-school graduates were our answer. Each subject completed a questionnaire about the size of his high-school graduating class, how often he looked at his yearbook since graduation, when and if he went to reunions, and other contacts he had with his former classmates. In general we found that older people were more likely to come from some small classes, to look less frequently at their annuals, and to remain in contact with fewer of their classmates. A computer program adjusted the data so that our scores reflected how subjects would have performed on memory tests if they had all learned their classmates' names

and faces equally well while in high school, and maintained equal contact with them after graduation.

First, we administered a free-recall test. We simply asked each person to write down as many names of classmates as he could remember. We set an eight-minute time limit for this test since we have learned that people can add names only slowly after that.

Then, in a random sequence, we administered the other five tests, using class pictures, and names from the subjects' yearbooks. We also used pictures and names from other yearbooks as foils, or incorrect answers on the tests. Friend from foil

The picture-recognition test consisted of 10 cards with five pictures on each; one was the subject's class mate, and the other four were foils from other yearbooks. We carefully matched all pictures for size, hair style and clothing. We gave each subject eight seconds to look at each card, and to point to his classmate. He indicated his confidence in his judgement by marking the answer as "certain", "probable" or a "guess."

The name-recognition test was identical to the picture test except that the cards had five names on them instead of pictures, and the person had to select the name of his classmate instead of identifying a picture. He then rated how confident he was of his choice.

The picture and name matching tests were comparable. Here, each of 10 cards had either a name typed at the top to be matched to one of five pictures below (picture match), or a picture to be matched to one of the five names below (name match). All names and pictures in these tests came from the subjects' graduating class.

In another test we used pictures to prompt our subjects' recall of their classmates' names. We showed them 10 pictures, picked at random from their annual, and asked them to put a first and last name to the face. We allowed subjects 15 seconds to recall each name.

When we finished testing, we showed each subject the correct names of the 50 classmates who had appeared as names or faces on the tests. We had him or her characterize his association with the person: they shared classes, he had a romantic interest in her, she recognized the classmate but could not pinpoint why, etc.

In some ways, our results supported what laboratory research has shown. We can recognize what we have learned much better than we can recall it, and we retain visual information somewhat longer than verbal information. But we were unprepared for our subjects' impressive ability to recognize the names and faces of their old classmates. Those who had recently graduated from high school could correctly identify nine out of 10 of their classmates' pictures; but so could people who had graduated 35 years earlier, and it made no difference whether they graduated from small or very large classes. Only those who had left high school more than 40 years ago failed to recognize at least 90 per cent of their classmates' portraits. But even these subjects, who were generally in their late 50s and early 60s, could identify three fourths of their classmates.

Six out of 10 at least

The ability to recognize names was almost as impressive. Fifteen years after graduation, people can still pick out names of nine out of 10 of their classmates. But, by the time people reach their late 30s, they begin to have more difficulty.

Thereafter they can identify only seven or eight out of 10 names.

We were surprised to find that people did as well on the matching tests as on the recognition tests. For at least 15 years after graduation, people can correctly match nine out of 10 of their classmates' names to faces and vice versa. They maintain that performance on picture matching for at least 35 years, but the ability to match names with faces declines between 20 and 29 years after graduation, for the oldest group, it falls to six out of 10.

On both recognition and matching tests, scores dropped significantly for people who had been out of high school for 48 years or more. We suspect this decline may have something to do with physical degeneration in older people.

We looked for a relationship between a person's class size and the percentage of names and faces he or she could recognize, and found none. People from classes of 800 could perform just as well as those from classes of 100. Apparently, neither learning nor retaining names and faces of hundreds of individuals overtaxes our memory if the learning process is extended over several years.

Name a friend

As mentioned earlier, laboratory studies indicate that we can recognize what we have learned much easier than we can recall it. The information is stored, but it takes cues from the environment to tap into the storage system. This was dramatically true in our experiment. Although most people could recognize 90 per cent of their classmates' names and pictures, they could list only a few dozen names during the free-recall test. Even right out of high school, graduates could recall only about 47 names, and it made little difference whether they graduated from classes of 90 or 900. Recall performance declined steadily with age, but the amount of decline diminished per year; this agrees with laboratory findings based on shorter time spans. People who had been out of school for 40 years or more could recall an average of only 19 names of their classmates. We were surprised that there was no relationship between performance on this test and that on the recognition and matching tests.

We found that recall of names was much better if we prompted our subjects with a classmates' picture. On the picture-prompting test, the youngest group correctly recalled almost 70 per cent of their classmates' names. Here too, their performance declined steadily over time. Persons in the oldest group could put names to less than two out of 10 faces.

It is clear that visual clues are very helpful in remembering names. We learn to associate a name with a face, and if we don't have the picture in front of us, we must conjure it up from memory, or use other, apparently less potent cues to recall it. We might find a different situation if we were trying to recall the names of US presidents. Here, if someone supplied us with pictures of the presidents, we would be hard put to recall many of their names. We learned these names through association with historical events or in chronological order, not by looking at their faces or pictures. Therefore, the nonpictorial clues would probably be more helpful in recalling their names years later.

Clearly, the amount people remember in real life is much greater than we would have expected from studies that use material learned in the laboratory. We can explain the disparity by looking at differences in how

people learn these materials. High-school students generally have four years to acquire and store information about their classmates. They learn only amounts at a time, and then use the information over and over again. In laboratory studies, subjects learn material once and then are tested on it. This fails to allow for the gradual learning that takes place in everyday life over many years.

Women remember more than men

When we compared the performance of men and women on our tests, we found a consistent difference between the sexes. With one exception, women outperformed men. The exceptional men were those who had been out of school for 40 or more years. They outperformed their female counterparts on all but the free-recall test. This suggests that women may initially learn more than men, but men may be able to retain what they have learned longer.

While both men and women recall more names of classmates of their own sex, men remember twice as many boys as girls. Women recall only a few more girls than boys. We found the same discrepancy on recognition and matching tests, but the disparity was much less pronounced. If we are correct in assuming that we recall names by using groups to which we belonged or categories of individuals who are alike in some way, this finding is not surprising. It seems likely that men would summon up the faces of their drinking buddies, fellow athletes, or car-club cohorts. Girls may not belong to as many segregated groups, so their recall is less sexually biased.

Remembering friends and lovers

When we looked at how subjects characterized their high-school associates who appeared on the tests, we found they were most likely to recall close friends or persons in whom they had once had a romantic interest. They rarely could recall someone if they could not remember the type of association with that person. However, they could recognize many classmates without remembering their relationships to them during high school. This confirms that recognition is much less dependent upon grouping or organizational processes than recall.

This large-scale study of very long-term memory reveals that we have a remarkable ability to keep very large amounts of information for a very long time. But, our ability to retrieve that information is much less impressive. Perhaps as this research continues we will find ways to get at those hidden resources. Then, computer memory banks may appear less impressive alongside human memory.