WEDNESDAY, OCTOBER 6, 1976

ISSUE 4, VOLUME XIII

EDMONTON, ALBERTA

# SHINERAMA IS FRIDAY, LET'S BEAT S.A.I.T.



The months of planning are over and the day of SHINERAMA '76 has arrived. On the morning of Friday, October 8, your instructors will request that all students intending to shine shoes that day report to the main auditorium opposite the cafeteria to register for SHINERAMA '76. Those students not intending to shine shoes must attend classes or they will be considered absent.

When you reach the auditorium at 10:00 you and your team will be given all the necessary supplies for a day of shining. Your shoe shine box, your polish rags, posters and promotional material. After you have picked up your supplies and

equipment, you and your friends will be given a team number, a destination or shoe shine location somewhere in Edmonton, and then be directed to one of the NAIT buses that will drop you off at your assigned location and then pick you up later in the day.

It would be appreciated of those students with cars if they would use them to transport themselves and other members of their team to their location. There will be a minimum of two students to a team and a maximum of four. Your team will be given an emergency phone number, to reach SHINERAMA headquarters if you encounter any difficulties.

The city is to be divided into six sections and each section will be under the supervision of a SHINERAMA section leader. It will be the responsibility of your particular section leader to:

-replenish supplies as needed -pick up full coin cans and provide you with a new one -he may elect to change the location of your team

-he communicates with headquarters by telephone or car radio.

At the end of the day, your team captain is responsible for returning the full coin cans to SHINERAMA headquarters located in the

NAIT Student Executive Offices. Your team number will be recorded in the morning and will be checked off with the return of your coin can. If you were dropped off by bus in the morning, a bus will pick you up later in the day. You will be informed of the time.

You will also be informed as to the location of the SHINERAMA party, free to all shiners, that evening. Beer and other refreshments will be supplied and a top city band will be playing for your enjoyment.

Remember that this year the

students of SAIT have challenged all NAIT students to see who can raise the most money towards Cystic Fibrosis research. Five kegs are on the line. Don't let NAIT down!

We will look forward to seeing you and your team out in full force on Friday morning at 10:00 in the auditorium opposite the main cafeteria. Friday is your chance to shine, don't miss it!

NOTE: First-year Marketing Class C1 & C2 challenge any other single first-year class to raise more money than them during SHINERAMA. One keg of beer at stake.

### SHINERAMA NEEDS YOU

FRIDAY, OCTOBER 8

10:00 A.M. — Registration in the auditorium

After 10:30 A.M. — Hit the streets! (Transport will be provided if needed)

5 P.M. to 6 P.M. — Return shoeshine kits to auditorium, and pick up tickets to cabaret (Location will be announced then).

8:30 P.M. — Cabaret and free beer for Shiners.



# Shinerama 776

FRIDAY, OCT. 8

Across Edmonton

IT'S YOUR CHANCE TO SHINE

neutral

particle

exam

6 Living tissue

7 Condensed

alongside,

as 2 lines

aspect of 2

heavenly bodies 90

Normandy

21 Expel waste

20 Natives of

degrees apart

17 Relating to

oxygen

8 Sunbeam

# Commissionaires



#### Staff Parking When Stall is Hegally **Occupied**

By - S-SGT Johnston Five stalls are held at the visitors' (main) parking lot on 106th Street for the express purpose of providing a place for staff to park while their individually numbered stall is awaiting clearance.

In order to qualify for this parking privilege, it will be necessary for the staff member to fill in a form (located at the Commissionaires shack) as proof that the rented stall is illegally occupied.

If the form is not filled out,

then the staff will be considered parking illegally.

The bylaw enforcement officer, NAIT, will pick up this form and proceed to the stall indicated to attach a fine.

This will be the ONLY parking area set aside for this purpose. Should it be abused

by those wanting a spot closer than their rented stall, the priviledge may have to be cancelled.

Once again -- this applies to renters of individually numbered stalls--staff--no others need to apply. Thank

### EDITORIAL

If you took an over-all view of NAIT, you would undoubtedly find that we have quite a wide spread of news to bring to you. We call it the "Good, The Bad and The Mediocre".

First, The Good News! Our Miss NAIT Freshette, Mariene Herie, placed among the top five semi-finalists as a Miss Edmonton Eskimo candidate. Naturally, we're all very proud of Marlene and know that she will justify the title she won here and go on to win the Miss Eskimo title as

Next, The Bad News. In case

you haven't read the Editorial in this issue, one of the pool tables in the Games Room has been gouged in the corner, resulting in damages that will likely amount to about \$350.

Well, last but definitely not least, The Mediocre Newsthe NAIT NUGGET has now acquired a minimal staff of one-half dozen eager, talented (?), and willing workers. We are operating as best we can with what we have but are still looking for more help. Can you do anything for us?

Rod Boyce Editor

# The Protest

Support for the National Day of Protest called for Oct. 14 is building rapidly in Alberta, the executive secretary of the Alberta Federation of Labour said Friday. (Oct. 1)

"Many of our affiliated locals have endorsed the day of protest and will be off the job and motions of support are being passed at local meetings every day," E.A. Mitchell said.

He added, "it has been proven that the controls program is very effective at controlling wages but totally ineffective when it comes to stopping the price increases we are confronted with every day."

Mr. Hryniek, The Physical Pland Manager at NAIT said when asked on caretakers view of the strike date said, "if that is the way they want to protest, that is their right."

He went on to say," no, I don't think I can support the strike, first of all, because I am management personnel so consequently, I cannot be in support of the strike."

Mr. Hryniek thought that there were other and better ways in which to express feelings. About the A.I.B. controls. He said, "there are going to be some annimosities as a result of it - people going out and people not going out.

Mr. Hryniek said that the strike action is not actually organized here. The employees are instructed by their C.U.P.E. directorship as to what they should do. And as far as he knows, the employees were requested to go out on strike.

"I really don't know what will be achieved; if the govern-

## THE CANADIAN CROSSWORD#1

**ACROSS** 

Toronto subway station and suburb

6 Toronto subway station and major street

9 Ont. premier 10 Nerve branch

medicine

12 English bacon slices 14 Catching up, in web e.g.

15 Bridge 18 Finishes

19 Can. singer whose first hit was Snowbird (2 words)

PREVIOUS PUZZLE SOLVED

TENTS AWED

OVERSIGHT

23 Drum, whose smaller relative has

jingling discs 25 Italian violinist and

early composer 26 Instant

13 Boxer against 27 Without active whom Ali first chemical became champ properties 16 Runs

28 Big Can.

aluminum firm 29 Novelist Robert Louis

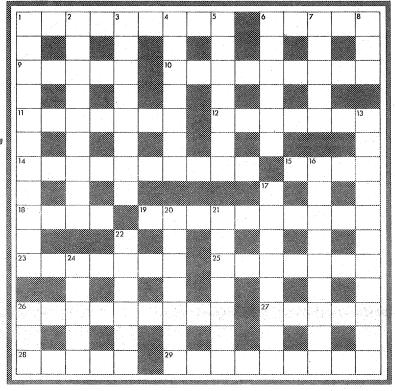
DOWN

1 No inclination for or against

2 Spiritualistically rose and floated in the air 3 Ignorant

4 Leafless plant organ 22 Former Can. P.M. Sir Robert

24 Imitate 26 Girl's name



and on the street on Oct. 14 © 1976 Coast to Coast News Services

ment chooses to keep these controls off, I don't think anything will be achieved." Mr. Hryniek also said that this strike will be a waste of time. "They tie up everything and show their strength to the politicians."

Mr. Hryniek doesn't think it will be a one-hundred per cent strength but it will be some kind of strength.

As for management, they will have to maintain services for the school while the union employees are striking.

Edmonton - The executive council of the Alberta Federation of Labour clarified Sunday its position regarding participation of high school students in the National Day of Profest Oct.

Reg. Basken, Federation president, said after a regular council meeting this weekend in Edmonton that

only ''post-secondary students" are being asked to participate in the protest.

"The policy of the Federation is the same as that of the Canadian Labour Congress in that high school students and younger children are not being asked to participate," Basken said.

The Federation and the provincial day of protest committee is certainly asking for support from postsecondary students in community universities, colleges and institutes of technology, he added.

Those students in postsecondary institutions are being forced to pay higher tuition fees and are finding great difficulty in getting jobs after graduation, Basken said.

He noted that the unemployment rate for young workers is much higher than the general rate.

### 

EDITOR Rod Boyce

**SECRETARY** Bess Hillis

NEWS WRITERS James Maths Wil Moussea Tracy Kolenchuk

Terry Paholek

**GRAPHICS Bill Hamilton** 

PHOTOGRAPHY Aaron Ratke

The NUGGET is published every Wednesday by concerned students at NAIT. The opinions expressed in this paper are those of the writer, and not necessarily those of the paper. Letters to the editor must be signed although names will be witheld by request.

10 A.M. - Adult Bible Class 11 A.M. - Morning Worship

Four interesting Roots to take home. The Penny

The Casual, The Moccasin and The Park Root. Almade with top grain Canadian leathers and lightweight rubber soles. Wherever you're going you should take one of our Roots. 10219 Jasper Ave.

7 P.M. - Senior Young Peoples

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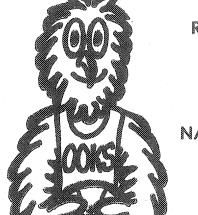
Wednesday Noon

Roots

# Our Girl In Top Five!



PHONE 477-4427



**RUGBY SHIRTS** 

\$1395

**ALL OCCASION** CARDS

50¢

NAIT CHARMS

\$450

**STAMPS** 

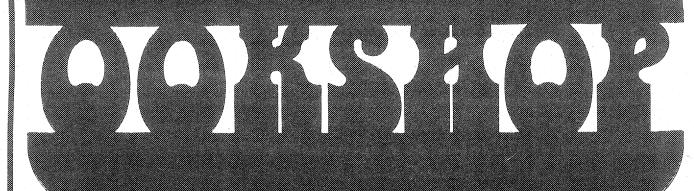
NOW

AVAILABLE

SHINERAMA

**SHINERAMA** OCTOBER 8

> Come See Us In Room E 126





On Thursday, September 30, 1976, in Molson's Hospitality Room 14, Miss Edmonton Eskimos candidates walked in to meet with 200 people. One of these girls was our own Marlene Herle, NAIT's Miss Freshette. The girls were supposed to mingle with the people to show their fine personalities. In these 200 people, were 5 judges who were rating the girls on their social graces.

After a dinner and impromiu speeches, the candidates took a walk down the long stage to be judged a final time. When the final five were announced, our girl was right up therel

All this week Marlene and the other Miss Edmonton Eskimo candidates will be appearing at various functions downtown. The two big ones are the fashion shows Thursday, October 7 at 7:00 p.m. in the Garden Court of Edmonton Centre and Saturday, October 9 at 2:00 p.m. in Eaton's downtown store. So come down and give her your support.

Miss Edmonton Eskimo will be crowned on Monday, October 11, at half-time during the football game. We all know who it will be.

CONGRATULATIONS MARLENE

## HOROSCOPES



ARIES

Social life brings out odd reactions, tensions. You are expected to give leadership. Timely moves pay off handsomely but don't get off on costly tangents.



Some unexpected pleasure is due.
Fatigue lifts. You can hold up your

Domestic complications crop up.
Compromise where possible but end and take on an extra share as well. Natural wit surfaces, sur and pleasing others and possibly even yourself.



VIRGO



SAGITTARIUS

chance to clear up neglected chores. A brick wall situation causes a major change. You can adjust and



You should enjoy the sense of freedom pervading your activities. Act to further your plans, make new alliances, get involved in a new alliances, get involved in a new hobby. Yield decision to an elder.



TAURUS

Disruptions, surprises have a stronger emotional effect than normal. Defer important decisions where possible. Judgement improves later in the week.



Set the pace for those around you. Claim the attention you deserve. Be ready to get out and do things but make sure you take your share of the expenses. Originality pays off.

don't be a door mat. If the deal is going to work , find out now, if now,

get out. Take initiative in social affair.



emotions. Mental persuits are accented, personal projects get the go ahead. Teamwork takes a backseat for the present. Change activity

Make adjustments to counteract





Emotions run high, adding glamour but also makes you touchy. Don't force a showdown Welcome put things in proper per-



You can further some of your ambitions, resolve a problem and boost your prestige if you just relax and do the necessary when called upon. You can improve local, gain freedom.



Let those who wish you well know your aims. Energy arises to keep pace with events. Display poise and patience. Offside break proves lucky. A touch of mystery enhances social scene.

Use your charm to cement relationships. In the long haul, friendships made now will prove important. Get involved thoroughly and curb your pride. Your turn will





#### ATTENTION ALL TECHNOLOGIES AND SOCIETIES

If you are interested in a little FREE advertising and promotion for your upcoming cabarets and other func-tions, give the NUGGET a call (423 on the Grey Phone or drop in to Room E 128) one week in advance. We will put it in the "Upcoming Events" of the paper or, if you take the time to write an article, we'll run that for you also. If you would like to have "Press coverage" of these events, you had better send us down at least four free tickets to the function. We guarantee an article on your event in the next edition of the paper with pictures, if

This is YOUR newspaper, make the most of it and we'll try to keep you all

### ISSIFIED ads are free of charge.

SALE: LTD (Ford). Electrical and mechanical system completely revamped this year. condition, Superb inside, outside, and under. the hood. Contact Charles at 436-2980 (Day) or 424-(Evenings). NOTE: also has air conditioning.

For all C.B. Radios, your Mobile Antenna matched to your radio. Phone Randy at 479-4527. Cost-Only \$5.00

Waterbed--''Queen size" 5" x 7", includes raised frame and heater Offers. Phone David at 455-2601 after 4:30 P.M.

WRITE	OUT	YOUR	UNCL	ASSIF	ED A	D OF	V A P	IECE	OF
PAPER.									
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OFFICE.		·	
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PHONE:		 	

STAFF: ..... STUDENT: .....

## Societies

In the mass confines of NAIT there lies more than a hundred different technologies. Within technologies, there are 5,000 daytime students. Many of the different technologies have developed their own social group called a society and the total number of societies is not really

The amount of different or unrecognized groups has caused the Activities Committee some concern. Art Hooks, Chairman of the Activities Committee has expressed the desire to get these groups together and form some sort of organized structure. He said, "There are so many clubs now, that we're not sure what's happening or what's operating. We're attempting to get them together to create some harmony and some unity in terms of activities in the Institute."

Mr. Hooks mentioned that by getting these groups together,

assistance can be given to them. If they want loans to manage their functions or for nearly any activity that involves the students of NAIT, they will be made available. Mr. Hooks also pointed out that, if the groups want facilities for holding their functions, these may also be made available to them. He said, "When a society tells us that they are having a cabaret and would like to borrow \$200 for the initial expenses, then pay us back with the profits of the cabaret, we are quite willing to lend them the

money if that group is in the good graces of the Student Association."

The Activities Committee is an over-seer of NAITSA operations. Therefore, the grouping of the various student societies would be under NAITSA. Mr. Hooks mentioned that these groups have never been outside NAITSA, but "they haven't been formally recognized because they haven't applied for that recognition. They're in Limbo right now."

Mr. Hooks wants to ask the

societies to "come to us (Activities Committee) and produce documentation of their constitution, produce documentation of their executive and of their staff sponsors." Once they have done that, then they will be considered a formally sanctioned group that now fits under the arm of NAITSA.

Mr. Hooks pointed out, "We don't want to nose around and find out what their financial statements are. That's not the idea, we just want to find out who is operating the clubs, what they are doing, and what their plans are."

He said, "Business Administration Society and all the other groups have sort of been under NAITSA but no one has sat down with their "article" or constitution and said that because you are within NAIT, you are a member of NAITSA.

Mr. Hooks hasn't had a conversation with the different groups about their recognition and when asked if he would like to, replied. "I'd love to!"

The Activities Committee acts on behalf of NAITSA to review requests from clubs who want to participate on campus. They also review applications from the various technologies that may request sanction. The sanction is a permission to operate. No guidelines are set up by the committee but the basic lines of the club's constitution are to be followed. They are expected to be at least moral, ethical, and reasonable.

In the final analysis, what Mr. Hooks wants to know is what you're doing for your membership and who your "contact" people are. Any information you could supply him along this line would be greatly appreciated.

#### You'll work with varied and sophisticated There's nothing dull about engineering your own equipment on challenging projects in many parts of challenge. And that's where your Engineering career the world, face the responsibilities of leadership in the Canadian Armed Forces begins. From there, entrusted to you as an officer in the Canadian Armed your career possibilities are unlimited. In the Canadian Forces, the different engineering disciplines are Forces, and you'll enjoy the opportunity of working in all fields of engineering without being overly divided into 5 major classifications: Maritime Engineering limited to any one. Accepted qualified applicants will be given officer Military Engineering rank on entry, and an excellent salary along with Land Ordnance Engineering many benefits. Security, promotions and opportunities

Aerospace Engineering for post-graduate training all add up to a worthwhile Electronic and Communications Engineering. and personally rewarding career. If that's what you're looking for, it's time we got together.

Engineering is one thing.

Engineering for us is quite another.

Write, including your engineering qualifications to date, to the Director of Recruiting and Selection, National Defence Headquarters, "Recruiting" in the Yellow Pages.



#### NATIONAL STUDENT DAYS

Don Thomson

November 9, 1976 will be the first National student day in nine years.

Students in Canada as a whole are facing government cutbacks in student loans, a severe housing shortage, cutbacks in government grants to their institutions which forces their fuition fees to go up.

As a result of these cutbacks the National Union of Students at their May conference decided that some form of organized profest on the part of students was necessary.

The resolution that called for the adoption of Nov. 9 as National Students Day (NSD) called for an effort organized at the local level, and co-ordinated provincially and nationally.

Though NAIT is not a member of NUS, the Student Association has been asked to co-ordinate some level of activities here.

President Rod Osborne when questioned on this matter said that NAITSA was to busy to get involved in National Students Day, but that if any groups or individuals who are interested they would consider backing them.

# Building Construction Bridge Builders

On Saturday, October 2nd, the Building Construction Technology held a Bridge Building Contest. The general idea of the contest was to see who could build a bridge across Whitemud Creek and then carry a passenger across without dumping him in the drink. Since 1 picture is worth 10,000 words, we decided to show you a 40,000 word article.

#### OBSERVE PLEASE!

OLYMPIA Pizza & Steak House

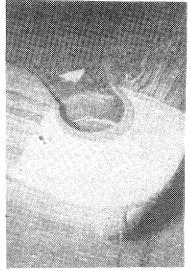


SPECIAL LUNCH 11:00 A.M. To

2:00 P.M.

Licensed

10416 - 118th AVE. EDMONTON, ALBERTA EDITORIAL
The Pool Table "Ripper"



I'm sure you have all heard of "Jack the Ripper", a man who used to go around killing prostitutes in London by cutting their throats.

Well, now NAIT has their own version of "Jack the Ripper" but instead of going around cutting the throats of women, it seems that NAIT's ripper uses pool tables as his victims.

Last Thursday afternoon, down in the Games Room, the ripper, with the help of a pool cue (if would seem) managed to tear a three-inch gash in the corner of the table No. 4. Now that doesn't seem like much, but it's still a \$350 gouge.

Someone, somewhere in the mass confines of NAIT is responsible for this malicious damage and someone, as usual, has to pay for it. If the culprit doesn't turn himself in, this means that the Student Association pays.

Since this was a malicious deed, the students' union will only pay to have it fixed so that it's usable, but still a pool table operating with a ripped cloth is not as good as a brand new one.

It really is ridiculous as all the tables in the games room had new cloths installed on September 1, 1976. Normally, these cloths last about two years, but thoughtless people like the "ripper" cut this time down to less than two months. In the past four years of operation in the games room, only one cloth had been ripped and this was a result of a light cover falling from the celling while construction was being done on the floor above.

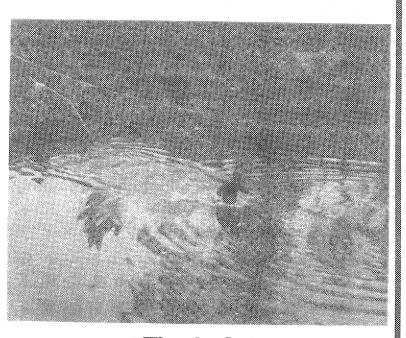
No matter what comes of this, the Students' Association loses money for the non-use of the table while it is being repaired.

So to you "ripper" unless you confess, I hope your instructors fail you and that you can stand your own conscience because as far as the rest of NAIT is concerned, it STINKS!!

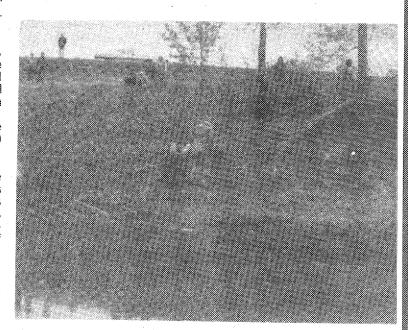
Editor



The Start



That's Cold



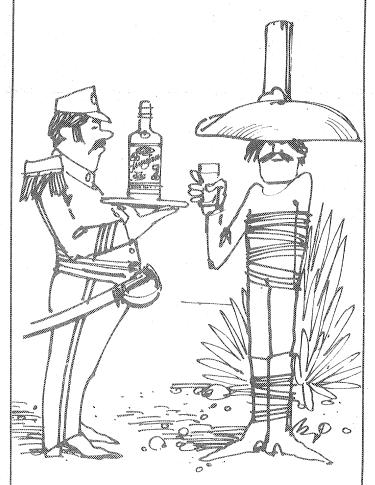
We're Almost There Boys



Success, At Last

WITH A WINDUP CABARET

# One Last Shot



When you're drinking tequila, Sauza's the shot that counts.
That's why more and more people are asking for it by name.

### TEQUILA SAUZA

Number one in Mexico. Number one in Canada.



# Sport Parachuting



These pages briefly tell the story of sport parachuting--the hows, whys, whats, and whos.

They're written to clarify fuzzy impressions, to properly answer the questions about the sport that too often are not properly answered. Such as:

WHO ARE SPORT PARACHUTISTS?

Who are people?, a parachutist might reply.

Sport parachutists are school girls (and school ma'ams) and politicians; milkmen, salesmen, and doctors; grandmothers and elderly gentlemen. They're your next door neighbor and the last cab driver you rode with; the youngster who wraps your groceries, and probably his mother, too.

They're not, in the words of a Canadian national team coach, "a bunch of fools throwing themselves out of 'planes."

They're physically fit Canadians past the age of 16 who like the taste of the unique exhilaration found in stepping away from a light plane high in a clear sky and then flying a swelling parachute down to a controlled landing on a designated shot

If you're between 16 and legal adult age, parental permission is required. A family trip to the nearest club usually settles this matter and frequently results in a family that jumps together.

WHY DO SPORT PARACHUTISTS DO WHAT THEY DO?

For adventure? Partly. As a challenge? Perhaps initially. For fun and unparalleled satisfaction, mostly.

For most people it probably starts with curiosity—the 90 clubs and 2,500-plus sport parachutists in Canada generate plenty of that. Certainly if your weekend drive takes you past a club's Drop Zone on a nice day you're going to stop and watch the action.

A small plane buzzes along the runway, lifts, and climbs. You see it make a pass over the area, dropping a yellow streamer to test wind direction. It circles and returns. Inside the plane are two first-time jumpers. How do they feel?

Confident first. They've undergone preparation with a licenced instructor. This starts with eight hours of ground training: lectures and practice in all the phases essential to making a good safe jump. They've learned how to exif from the plane...on a mock-up rig., how to control the parachute, what body position to assume, and how to land (an average student's landing is about the same as jumping from a four-foot-high table).

They've learned procedures for emergency situations. All emergencies--such as malfunctions, tree landings, water landings, and obstacles such as wires and fences, and how to cope with them--are covered thoroughly. Not because they are something to be feared or because they are common occurences, but so that, should they arise, the student will be able to do them quickly and safely.

And they've seen a parachute packed and had its workings fully explained. The mystique associated with the paratrooper has become knowledge and simple common sense that predicates sport parachuting.

They've walked out to the plane, main parachute pack on backwards, reserve 'chute (always, a reserve is worn) on the front, and the first jump is coming up.

They know precisely what will happen and why and how it will happen. They want it to happen.

Up to 2,800 feet. A side door is raised and locked into open position. There's an inrush of slipstream and engine roar.

A nod from the instructor to the first jumper.

Fase out left foot on the step, hands braced on the wing strut. A tap on the leg, a thrust away and down, and a count. . . . . as you count out six seconds you reach the end of the 3,000-lb-test static line that is anchored to the static line opens the pack and helps the airflow to lift the parachute to a fully outstretched position. The air rushes up the centre of the carefully folded parachute, there's a gentle tug on the shoulders, and with a soft "pop", the canopy inflates. The static line, having done its job, breaks free.

There's a remarkable silence, interrupted only by the whoosh of air through the canopy opening. Suspended far above the ribbons of road and the patchwork fields, there is no sense of motion; just an immense rush of exhilaration and accomplishment (and, undoubtedly, relief-no first-jumper is without some apprehension about stepping into space).

You can't spend too long bathing in the newly acquired glow of glory. There's a ground instructor below signalling turns to make for a accurate landing. Your approach to earth and reality. "I did it!" or "That was unbelievable! You have no idea."

The unique thrill of that first descent is so powerful and so individual that the thought of it being understood by anyone else doesn't arise.

Girls have been known to race away from the spot and deliver crushing embraces and indiscriminate kisses on the nearest man. And with the big cushion boots and snug jumping helmets that are worn, that's not always easy.

That's your first jump-and you'll have a certificate to remind you it was real. After that there's hardly any limit to the heights and drops you can aspire to.

You're eligible for competitive jumping from that first jump on.

As a member of the Canadian Sport Parachuting Association you obtain a Parachutists Log Book in which you record and have certified every jump made and then you start the Basic Jump Course during which you make a minimum of six jumps still using

double series of 360-degree right and left turns and backloops in a given time limit.

Most people have seen or read of what they probably think is pretty accurate jumping, when a parachute club does a promotional performance, dropping into a football stadium or a supermarket parking lot. In competitive accuracy, the target is a 10-centimeter, colored disk. If you're not on it, or awfully close, in international competition, you're out of the running.

The Canadian National Parachute Team has been in the top ten countries in international competition since 1960--and more countries compete in sport parachuting than do in the Olympic games.

There remains one question about sport parachuting, the one asked most often:

HOW SAFE IS IT?

This depends totally on the individual. It's as safe as he or she makes it. It's safe, simply, to the extent that prescribed procedures are followed.

Of course there are injuries in parachuting. The injury rate is one sixth of one per cent. (In 1970 more than 35,000 parachute jumps were made in Canada). Most of the injuries are sprains and strains and are generally the result of over-confidence that has led to "individual" approaches to landing techniques. Or they're the result of deliberately calculated efforts during competitive jumping to get a centimeter closer to the target disc.

Sport parachuting has the most stringent regulation of any physical activity sport in Canada. The use of drugs and alcohol is strictly prohibited. Safe jumping procedures are outlined by Canadian Sport Parachuting Association Basic Canadian Safety Regulations. The Association, through the Royal Canadian Flying Clubs Association, is Canada's representative to the Federation Aeronautique Internationale, the governing body of world aviation sports.

Canadian Sport Parachuting Association is constantly sponsoring and improving courses for instructors and riggers and promoting research into all aspects of parachuting.

Safety--or lack of it--in parachuting can best be summed up in one instructor's words:

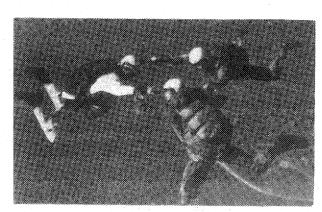
"An accident happens when a parachutist goes looking for one."

The very few who do, reflect unfairly on a great sport.

There are miscellaneous questions that repeatedly come from those curious about parachuting. One of the most persistent concerns free-falling.

"How do you breath?" people ask. It can best be answered by another question: "Are you having trouble breathing while you read this brochure?"





The ground does not "rush" at you at this stage, despite what the authors of modern melodrama might say. It stays where it always was and the parachutist floats in and completes the parachute landing fall practiced so scrupulously earlier. The first landing may well lack grace because the mind is still coping with the flood of triumph the jump has provoked. But the only damage will be minor injuries to the ego.

Usual reactions to the first jumpinstead of getting on with the task of rolling up the parachute--are to shout: the static-line method of opening the parachute. During this phase you're introduced to the basics of free-fall jumping and you learn how to pack your own parachute. As a student you are in the constant care and supervision of a licenced instructor.

Then comes your first free fall, after which you acquire new free fall techniques by a progression of graduated steps. Your progression depends on your ability to prove to your instructor and yourself that you have understood and can handle each step of the courseboth on the ground and in the air. When you reach the proficiency level required, you'll get the CSPA Certificate of Sport Parachuting-the A licence the first of five licences of proficiency.

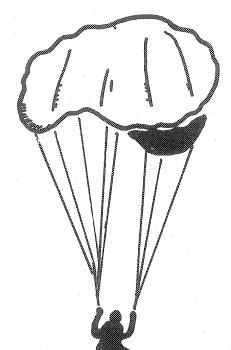
From there, "The Sky is Yours". Waiting for you are the two disciplines of Advanced Parachuting--competitive jumping, and relative work.

In the latter, the accomplished sport parachutist can perform controlled loops and swirls, can synchronize with partners in baton passing and kiss passing (means just what it says), and in forming star and diamond shapes while flying (literally) at horizontal speeds of up to 70 mph and vertical descent speeds of up to 200 mph.-all without any sensation of falling.

Maybe you're a camera bug. Fit a helmet mounted camera and catch Aunt Mable grinning at you in free fall.

In free-fall jumping the parachutist wears a stop watch and an altimeter. These indicate when the height--2,500 feet--has been reached at which the ripcord is pulled to open the chute.

Competitive jumping has two areas-aerial maneouvers, known as "style", and accuracy of landing. In style jumping the parachutist performs a prescribed



DATE AND TIME: October 22, 23, 24

FIRST JUMP: Saturday, October 28

Mon., Tues., Wed., 7 - 10 p.m. each night

# PARACHUTE ALBERTA

OFFERS COMPLETE PARACHUTE TRAINING

Course Starts October 22 ENROLL NOW!

COST: \$1300

includes ground school, aircraft ride, gear rental (10 jumps), memberships, log-books, years subscription to Canadian Parachutist magazine, use of facilities, on going training etc.

REQUIREMENTS: Boots, coveralls and a recent medical.

FOR THE THRILL OF A LIFETIME

Ph. 482-4215

# President Carter Speaks Out On Shinerama

The NAIT students distinguished themselves and the Institution last year by leading Canada's post-secondary institutions in the amount of money raised for the Cystic Fibrosis Fund.

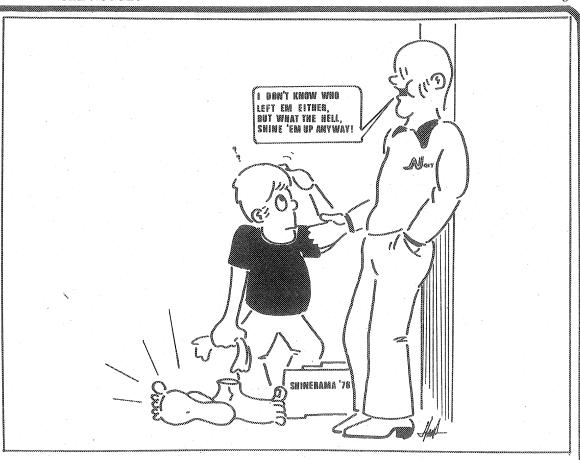
This was an accomplishment of which they can be justifiably proud. They were also assisted in their efforts by the support and encouragement given to them by their instructors and other interested NAIT staff. The outstanding success of this first NAIT student venture helped immeasurably in establishing a strong school spirit and sense of identity with NAIT that I am sure must have been reflected in your contact with them during the balance of the term.

This year, the Shinerama Blitz is to be held on Friday, October 8.

As evidence of our full support and as an endorsation of our students' effort in this very worthwhile cause, I am requesting that you excuse your students from classes after 12:00 noon on Friday, October 8, 1976. (Unfortunately, this does not include Apprentices or sponsored students, because of the financial support and attendance requirements that apply.)

It would, also, be appreciated if you could encourage your students to participate to whatever degree you feel so committed.

This year's group are eager to equal last year's record as well as beat their arch rival, SAIT. Let's get behind them and give them all the help we can!



### OPEN FOR BUSINESS!

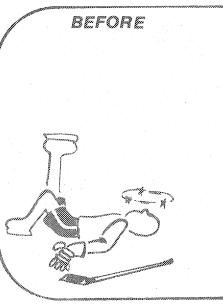
In by 2 p.m.; Out by 5 p.m.

For staff, students and public

That's what happens when you get your skates sharpened at the Games Room

ROOM E 21

ONLY ENTERING



Joe Cool sprawled all over the ice after mashing into the boards. He couldn't stop cause his skates were ZIIPPPI

Joe Cool flying down the ice with the greatest of ease. He just had his skates sharpened at the Games Room.

#### RIPPED, SHE IS

Last Thursday, down in the "games room" one of the few pool tables was damaged. For some unknown reason, a cloth had been severed. The tables had just been recovered in September of this year.

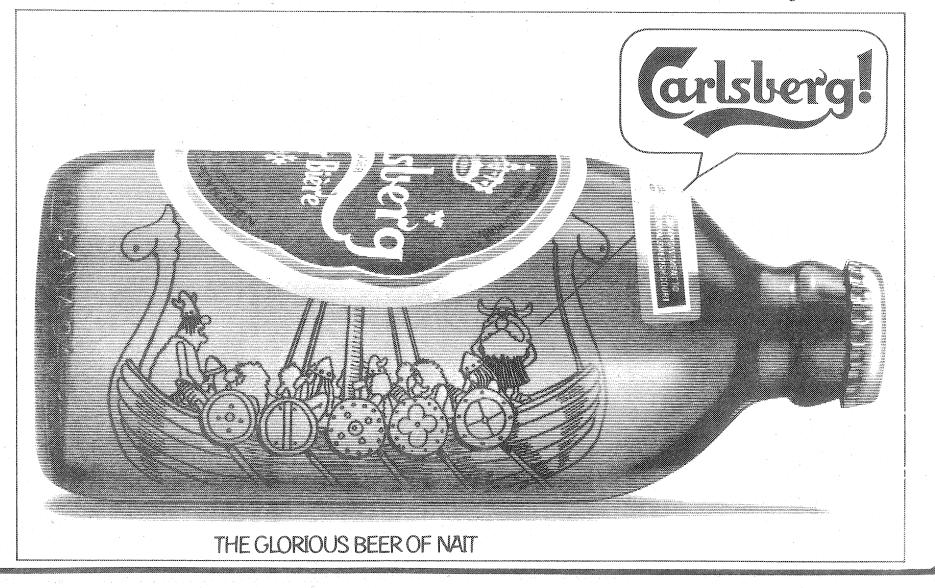
Someone is responsible for the damage. But, while the insurance company investigates, nothing can be done about the table, and the culprit remains free.

Furthermore, if the person responsible for the damage doesn't step up and pay, then the insurance company won't pay either.

That means that the table can only be repaired to a minimal degree and the results will be pretty poor.

In any event, the Student Association loses money used to offset costs of other events of NAIT.

The cost of replacing the cloth is \$350.00. Normally, cloths last about two years. In the past four years of operation in the "games room", only one cloth had been ripped due to a light cover falling from the ceiling.



3 RESTAURANTS TO SERVE YOU!

SNACK BAR—Lower Floor
- SKILLET RESTAURANT— Upper Floor
- COLONIAL ROOM — Upper Floor

ICENSED FOR BEER AND WINE

HOT DOG AND COFFEE



 Accented with fun-fur collar and cuffs and pile-lined

Suntan, cognac, or chocolate tones
Sizes 8 - 16

No Panty

Panty Hose

Assorted sizes and shades Reg. \$1.47

Cotton gusset



100% cotton corduroy Assorted fall colours

Western-styled with 4 pockets Sizes 28 - 46

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LIMITED QUANTITIES



Top quality

10 W30 Motor Oil LIMIT 6 PER CUSTOME



Men's Leather-Look

Styled with snap-closing plaquet, 4 kets and snap cuffs
 Brown, tan

Sizes 38 - 44

Reg. \$29.88



Choice of colours Sizes 36 - 44

Regular Price

