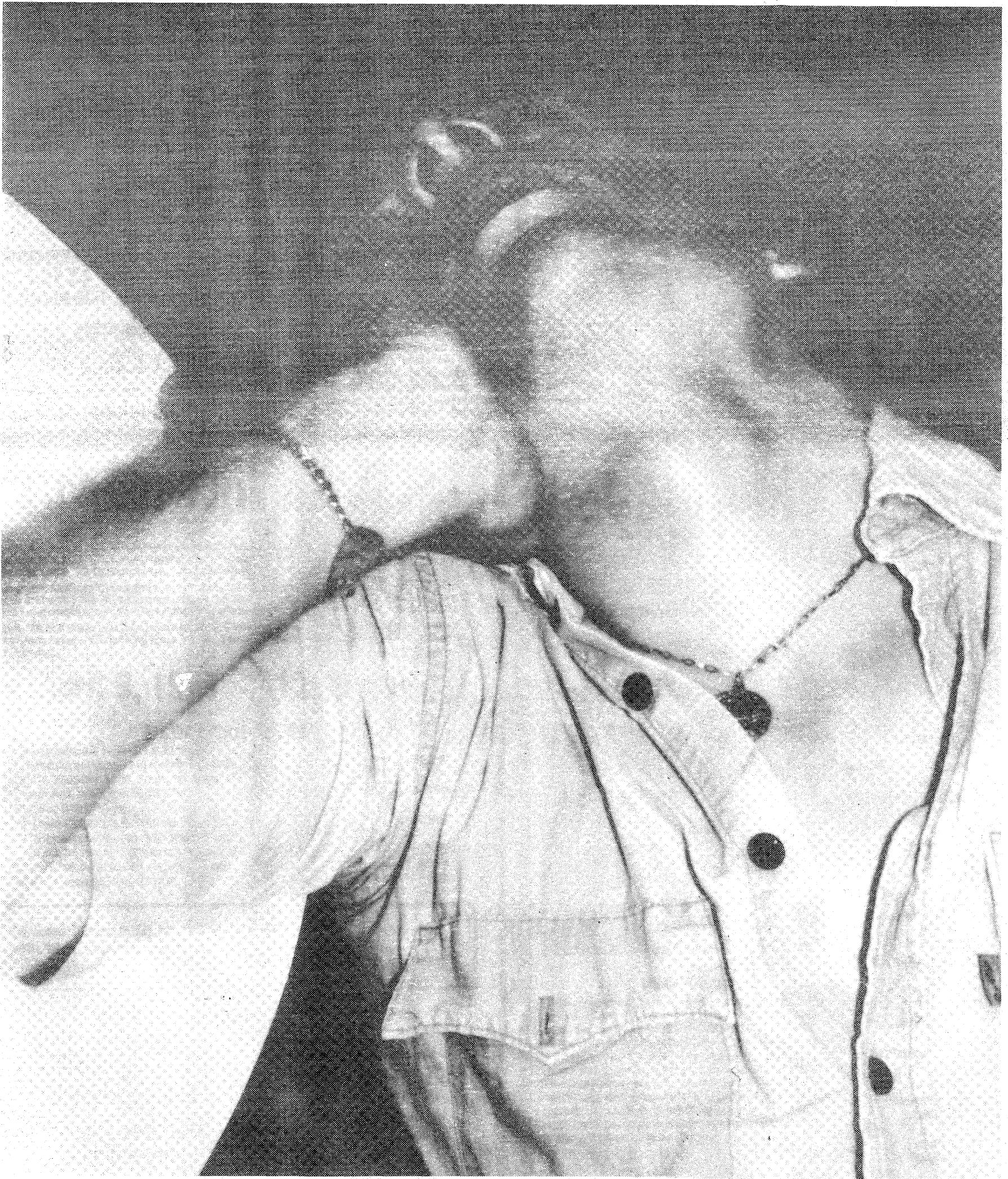


Nait Nugget

Volume 10

Issue 23

Edmonton, Alberta



***WAKE ME UP WHEN IT'S
TIME TO VOTE***

STUDENTS PETITION

CALGARY (CUP)--Alberta students are stepping up their campaign to petition the Conservative government for quality, planned and accessible post-secondary education, soliciting the signatures of candidates in the March 14 provincial election.

The province-wide petitions have already obtained more than 600 signatures in Calgary, Lethbridge and Grande Prairie, where the drive began last month.

The petitions are to appear in Edmonton, Red Deer, Olds and Medicine Hat in mid-March.

Grant Notley, the Alberta NDP leader, and 16 NDP candidates present at a party rally in Calgary March 6, signed and praised the

petition. Alberta Liberal leader Nick Taylor has also signed the petition.

The petitions differ slightly in format but call for a public declaration of no further tuition increases and an independent review of the student aid program.

They also appeal for the student aid independent age of majority to be set at age 18, independent of parental contribution and post-secondary funding that at least meets inflationary expenditures.

The petitions also ask for a full public discussion of post-secondary education financing and a provincial government protest against federal spending cuts.

"The petitions will serve as an introduction to student concerns for the new cabinet", Lake Sagaris, Federation of Alberta Students fieldworker said March 7. "But it's also a last ditch attempt to get more money".

excellent arrangement.

As we were getting ready and comfortable, the dinner bell rang and we partook of an excellent smorgasbord which all but halted conversation as everyone enjoyed their meal.

The guest speaker for the evening was the most well known business entrepreneur of Edmonton, Mr. Peter Pocklington. To start it all off he showed a film on jet boat racing which is one way in which Mr. Pocklington relaxes. If he does relax that way then I would hate to see what he does when he is working. After the film he gave a talk regarding the secrets to becoming a success. He stated that the key is to properly program one's sub-conscious so that you think positively, and follow this pattern:

- to like yourself unconditionally
- never condemn yourself over a failure or to failure
- have warm regards for people
- be totally self-determined
- to whatever are your goals in life

He ended by cautioning us to choose our goals carefully as Hitler as well as Churchill had goals. After his talk he most graciously opened the floor to answer any questions on any subject that anyone cared to talk about. Most of the questions were regarding his sports concerns (Oilers and the Drillers), some on Harold Ballard, his political aspirations, etc. During this period Mr. Pocklington was very quick and no one really managed to corner him.

After the question period was over, the bar was opened and everyone mingled and mixed to talk about their various concerns.

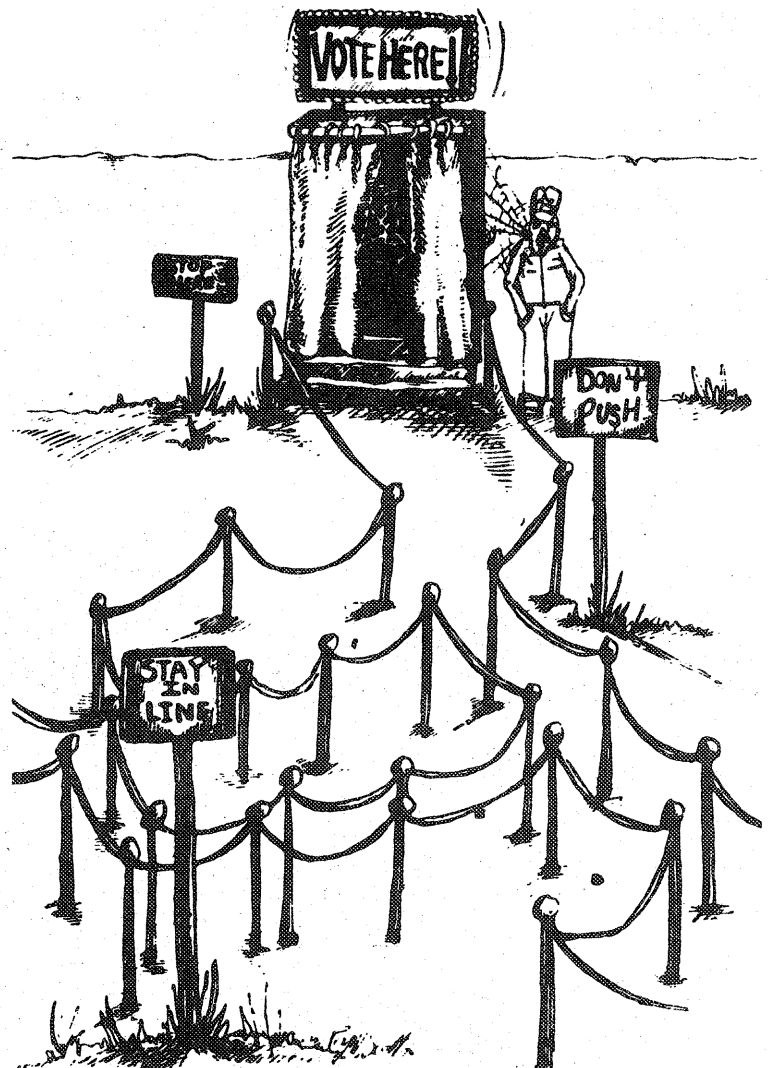
The total evening, in my mind and those that I talked to, was just excellent. It allowed us to meet potential employers, to discuss the business world as the businessman saw it which got us away from our text book views. It was tremendous, and a standing ovation goes to its organizers; Brenda Shea, Judy Ridley, Dale Henderson, and Bob Reid. Honorable mention goes to Mr. Karl Paul for lending his concern, wisdom, and care about the marketing students.

IT'S ROUGH Being Small

Being a small, little-known technology has its advantages as well as its disadvantages. Some of these disadvantages became very obvious to us in the past two weeks.

Firstly, we would like to apologize to all of the people who were looking forward to the Roxslyde Cabaret on March 9. The cabaret was cancelled two days before it was to be held when the booking agent notified us that Roxslyde would not be able to attend. After much digging, we discovered that two contracts were signed for the same date. The other contract was for the Beverly Crest Cabaret. Two small technologies, Court Reporting and MIET, could not successfully hope to get Roxslyde away from an organization like the Beverly Crest. After considerable negotiation with the booking agent, who admitted complete responsibility for the mistake, we settled our disputes receiving our expenses and a (sincere??) apology. Apologies don't finance graduations!!

Our second incident occurred less than one week later.



another bustling student election

MARKETING Conference a success

The Royal Glenora Club was the site last Wednesday as marketing students from NAIT and members of the Edmonton Chamber of Commerce got together for Marketing '79.

Marketing '79 was a dinner conference where students and members of the business community interchanged their ideas and opinions regarding the business world.

The conference opened over coffeetails? Well, as a result of the election, the bar was closed until a little later in the evening thus cocktails were not available. People roamed around finding their tables and making introductions as each table was made up of students, businessmen and usually one instructor. This interesting arrangement allowed for three different viewpoints to be expressed and many found it an

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CARTER'S THANK YOU

Dear Students:

Thank you NAIT students for your work and effort in making Open House '79 a success.

Your displays were excellent. I was impressed with your enthusiasm and knowledge of your program as were the many visitors I talked to. You were truly the gracious hosts and certainly did an admirable job in presenting NAIT to the general public.

I hope that you received some personal satisfaction and pleasure from promoting

your Institution and programs to prospective students.

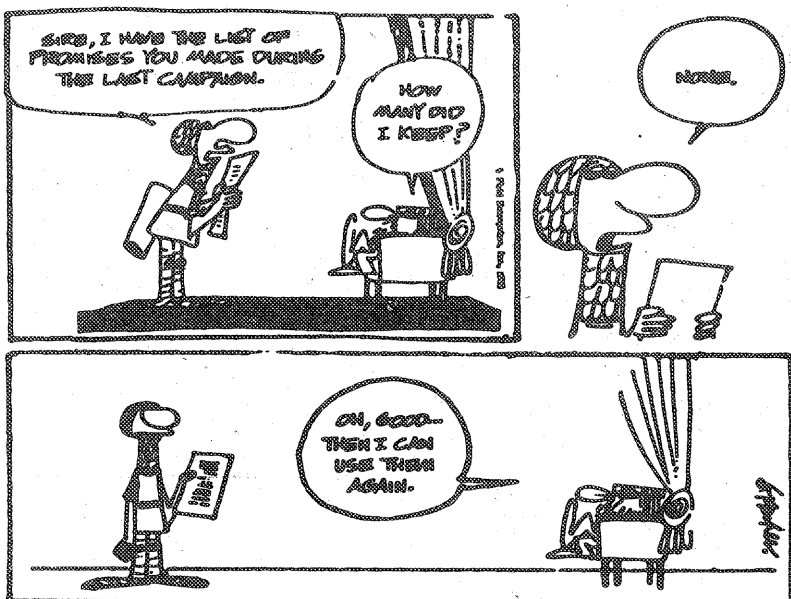
To all of you who contributed to the success of Open House may I personally thank you and tell you that it is just this sort of involvement that keeps your Institution on top. And now as our activities wind down towards the terms end and graduation for some of you, may I wish you good marks, passing grades and a well paying summer job.

G. W. Carter
President

Linda Mae
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Increasing attention to second languages

OTTAWA (CUP) -- The best way to ensure second language education in Canada's universities is to institute a core curriculum in which a second language would be required, according to Official Languages Commissioner Max Yalden.

In an interview with CUP, Yalden said a core curriculum for general arts and sciences would greatly increase students' exposure to the other official language and thus make the barriers between the French and English "less substantial".

He admitted it would be "suicidal" for one university to institute the program alone, because it would tend to decrease enrolment, which in many provinces still determines funding. Nevertheless, he predicted core curricula would be reinstated in a few years, pointing to a trend towards them in the U.S.

"The question then is whether they should include a second language -- and I believe they should."

Even with core curricula, Yalden said, "Many would now French very well. But they would have been exposed and there would have been many who would have picked up quite a lot".

Residence rates jump at Universities

OTTAWA (CUP)--Campus residence rate hikes of from five to nine per cent have been introduced at three Canadian universities recently and similar increases are expected at many other campuses.

University of Manitoba and University of BC residence students will be paying rate hikes of 8.9%, while University of Waterloo students face a 5.5% jump.

A single room with board will be worth about \$1,740 at UBC and more than \$2,000 at U of M, while the price of a double room at UW will be about \$1,770.

At UW a 13% hike for married students' apartments last year sparked strong protests but this year's 5% increase is acceptable to tenants.

UBC students told housing department officials they favored the rate increase after rejecting an earlier proposal by housing to keep next year's fees the same as this year's by cutting back housing services.

The housing proposal would have stopped increases by eliminating some maid and linen services in residence. But the plan, which drew criticism from campus unions when it was learned that some maids would be laid off, was unsatisfactory to students.

Some maid services will still be cut back at UBC but no firings are anticipated.

At the University of Toronto the 1979 - 80 budget report, if approved, will mean drastic cuts in student services, including housing services. No mention has yet been made of rate increases however.

"And insofar as people are able to speak both languages, the barrier that sets up the two solitudes is less substantial. It doesn't mean that it won't be there -- but they will have more understanding of the other people's problems."

Yalden said he did not think it necessary to specify the second language be French, saying that studies have shown 85% or more of students would take French as the second language.

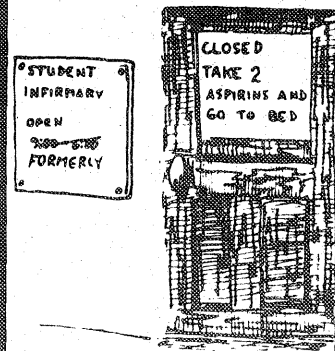
And he said he would not be upset if the requirement was not instituted in more specialized programs, such as engineering or medicine.

In the last month, Yalden has several times castigated universities for their lack of commitment to second-

language education, pointing to the lack of second - language entrance or exit requirements at almost all universities.

"Except for a handful, as far as we can see there are no requirements," he said, "and personally I don't think that makes sense in a supposedly bilingual country."

Yalden said he saw second language education in universities, although affecting a minority of Canadians, as "capping off" second-language studies in elementary and high schools. In his annual report, released in February, Yalden also recommended increased attention to second - language education at those levels.



Pesticide kills cattle in Ontario

GUELPH (CUP) -- An Ontario chemical manufacturer which recently introduced a highly - praised louse control pesticide for beef cattle has found that the wonder drug has an undesirable side effect which is driving up the price of beef in the province.

It kills cattle, too.

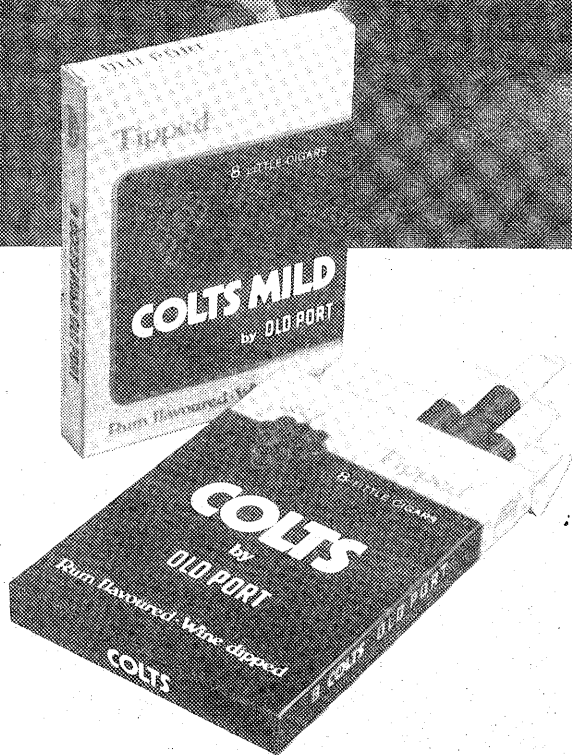
Starbar Prolate, the chemical cited as the probable cause of the death of beef cattle throughout Southern Ontario, has been removed voluntarily from the market by manufacturer Zoecon Industries, but Ontario ministry of agriculture and food officials are warning farmers to immediately stop using the pesticide.

According to cattle diseases consultant Dr. D. G.

Dabis, the problem with the chemical stems from its undesirable side effects. Along with the lice, warbles (insect larvae) which had migrated to the animals' backs during the winter months were inadvertently killed, releasing a toxic substance. The animals' hindquarters were paralyzed and death soon followed.

But provincial parasitologist Dr. Philip Lautenslager says this theory does not account for all the side effects observed in the affected animals. The exact reason for the outbreak has still not been positively determined but investigations are continuing and Zoecon has already offered to compensate one farmer who lost six head of cattle.

Colts. Great moments in college life.



On May 3, Graham Watt lit up a Colts. Paused. Reflected. Then paused again. And reflected again. Then paused. Then reflected. Paused once more and looked on the marks listing and found his name there with a big "passed" beside it.

Colts. A great break.
Enjoy them anytime.

nugget entertainment

EDITOR
Don Stosky

Instrumentation Cabaret

Pyros Burn Down Holland House

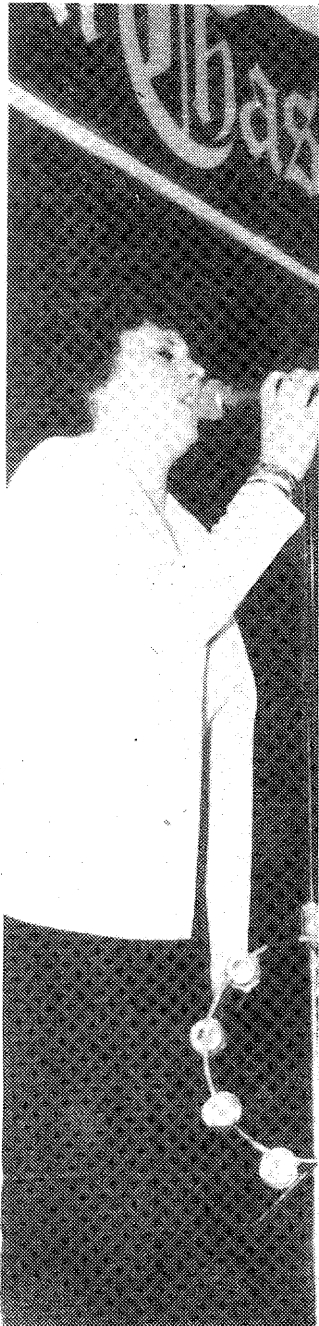
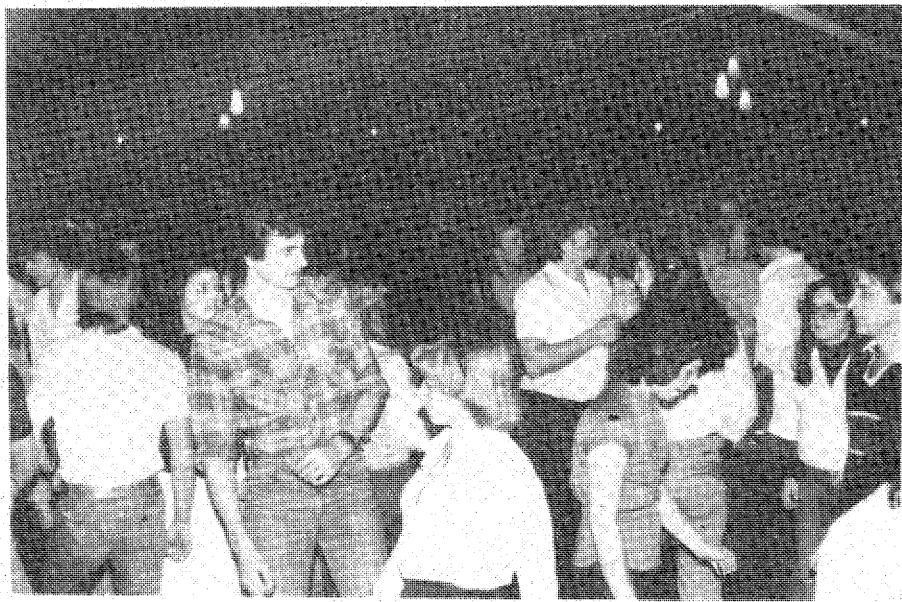
Holland House went up in fire, March 9, when Falcon Chase joined with the Instrumentation Technology. The Cabaret was a smash (in more ways than one). Beer suds foamed from every table.

Falcon Chase makes rock music something different. What other popular band, can take a traditional Ukrainian Folk melody and arrange it for a electric violin and band?

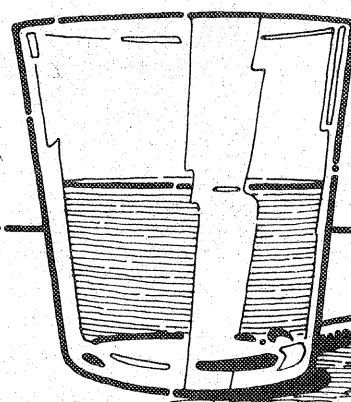
Falcon Chase made the music but the crowd made the cabaret. The dance floor rocked, and the drunks rolled.

Everyone had a great time. That is, until we got the Saturday morning hangovers. But thanks anyway, Instrumentation Technology, it was a good time.

Darlene Byram



A shot in the dark



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nugget entertainment

EDITOR
Don Stosky

AUNTIE



W
O
N
D
E
R
S

Dear Gassed Out:

Go to bed wearing a gas mask and if that doesn't work build a ventilating system from your bedroom to the sewage drains in the basement and hook up her face to it for a couple of days. She'll scent it your way!

Auntie Wonders Farts Too

Dear Auntie Wonders:

My wife has this uncontrollable urge to eat crackers and onions in bed before we go to sleep. She says it gives her vitality and sexual prowess. All I ever see her get is bad breath and gas! It never fails, everynight I make love to a sackful of fried onions. What should I do?

Out of breadth

Dear Auntie Wonders:

My father is 87 years old and is lying in a coma awaiting his death. I feel I should have the right to put

him to rest, but the courts say it is not my right. You see my father was born armless and legless and lived a life of seclusion. His brain size is comparable to that one of a chipmunk. So if he did come out of his coma, he'd still be a useless old twit. How do you feel?

Ms. Lost Cause

Dear Been Thru Quite A Bit:

I see your point, but what I don't understand is why they didn't put him to sleep 87 years ago. He was very lucky to sustain life that long. From what you say he has led quite an active life. I'm sure he would feel the same way you do.

Auntie Wonders Would
Pull The Plug

retirement

My didling days are over,
my pilot light is out --
what used to be my sex appeal
is now my water spout.

I remember how, on its own accord,
from my trousers it would spring,
but now I have a full - time job
to find the blasted thing.

It used to be embarrassing
the way it would behave,
for every single morning
it would stand and watch me shave.

But, as old age approaches
it sure gives me the blues
to see it hang its little head
and watch me tie my shoes.

Anonymous

IN THE LITTLE THEATRE

A collision at sea.
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GRAY LADY DOWN

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DAVID CARRADINE STACY KEACH
"GRAY LADY DOWN"

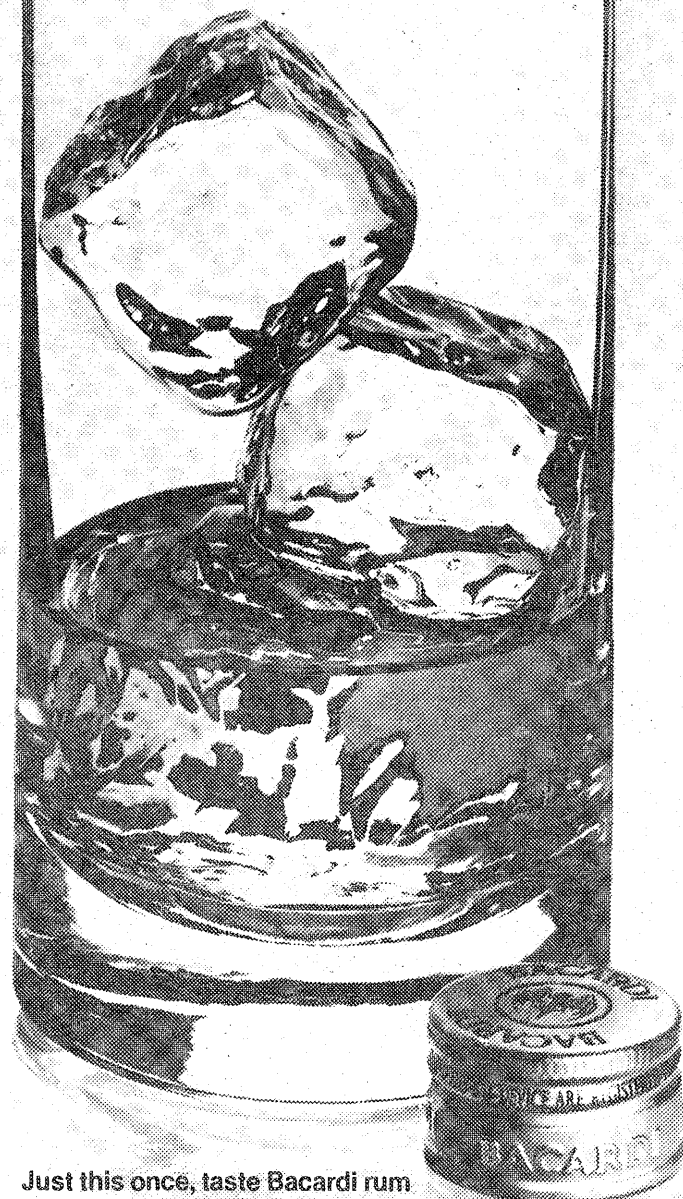
A WALTER MIRISCH PRODUCTION
NED BEATTY · RONNY COX · STEPHEN McHATTIE · ROSEMARY FORSYTH

Screenplay by JAMES WHITAKER and HOWARD SACKLER · Adaptation by FRANK P. ROSENBERG · Music by JERRY FIELDING
Directed by DAVID GREENE · Produced by WALTER MIRISCH · A UNIVERSAL PICTURE · TECHNICOLOR® PANAVISION®

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Just this once, taste Bacardi rum
before you add anything. It's a
beautiful way to see why Bacardi goes so well
with soda, water, ginger and almost anything else.
BACARDI rum

nugget entertainment

EDITOR
Don Stosky

AROUND TOWN

	TAVERN	LOUNGE	CABARET
Kingsway	N / A	Slopy & Co.	
Convention Inn West	N / A		
South	Headwind		
Beverly Crest	Name Sake	Something Else	Patch
Capilano		Rich Leslie	Brinkman Brothers
Mayfield		Franco	
Riviera	Teaser	2 For The Show	Teaser
Highway Motor Inn	County Line	Golka Sister	Pyramid
Londonderry	Kitty's Hawk	Smiling High	Solaris
Rex Motor Inn	Tacoy Ride	Tommorows Dream	



KAYAK -- Phantom of the Night

The main vocals are done by Jon S. with occasional backup by the two ladies. Phantom of the Night was recorded in Holland and London. The sound is very clear and all of the instruments sound the way they should.

Although KAYAK is a group composed of a sum total of seven persons, 2 guys and 2 gals, one guy does most of the singing for the entire album. Jon Scherpenzeel is an exceptional singer and composer. Jon masterminded most of the words and music and quite well too.

This album is great for listening to all alone or as background music for a party. If you get a chance to hear "Phantom of the Night", go ahead -- you won't be disappointed.

The style of music is a cross between easy listening and soft rock. The instrumentation is well done with sounds including everything from electric guitars to orchestra violins.

Kerry Croft
Record courtesy of Kellys Record City, Kingsway Garden Mall.

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Norma Rae

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screenplay by RYAN LEITCH and HAROLD FRANK JR. music by DAVID SHERR
Director of Photography: CHUCK ALANZANO
Produced by TAMARA ARGENTY and ALAN ROSE Directed by MARTIN RITT
"IT GOES LIKE IT GOT" Lyrics by NORMAN GIMBEL Music by DAVID SHERR
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NOW PLAYING AT A THEATRE NEAR YOU

nugget entertainment

EDITOR
Don Stosky

BAS Spring Warm Up hot stuff

Did you wake up in a higher than Superman. That strange place Sunday After-noon? Does your head still spin and your stomach turn and chairs. That's okay when someone mentions booze? Are you still embarrassed hearing of the things you did but don't remember doing? If you said yes to any of the above, you must have been a product of BBD (Business Big Drunk).

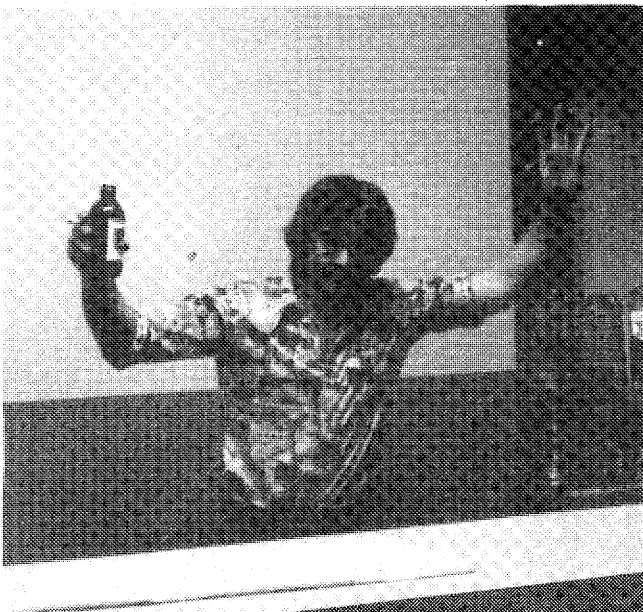
Mainstreet never sounded better. For once this band was complete and healthy. Their variety of music pleased even the most hardened music critic. Good rock, good disco, and great polkas were part of the musical agenda that evening.

The crowd, well they were loud, rowdy and were flying

Sex on the sly was provided for the evening when Chris Brower and Diane Kloster (wild and crazy court reporters) turned off the main power switch. I guess the rumor floating around the halls is true about those court reporters. They are into kinky sex.

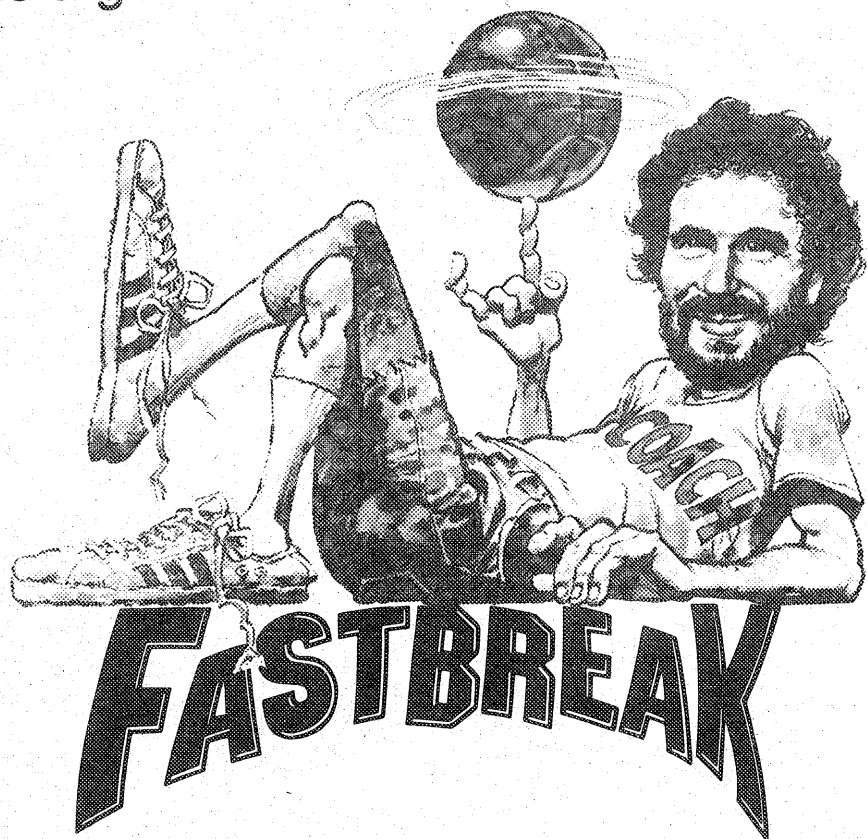
It's obvious that the Business Executive saved the best for last. An excellent time was had by all.

Don Stosky
Entertainment Editor



GABE KAPLAN'S HAVING A BALL!

His dream team's got a preacher, a jailbird, a pool shark, a muscleman. And the best guy on the team is a girl.



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DIRECTED BY: JACK SMIGHT
PRODUCED BY: STEPHEN FRIEDMAN

MUSIC BY: DAVID SHIRE AND JAMES DI PASQUALE

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naitsa elections

Doug Carr for President



The responsibility of student government is to serve the wants and needs of the students. That's it, plain and simple.

However, to successfully fulfill this responsibility is not that simple. An important requirement is a student association with enthusiastic members that will work for you. More importantly, what is required is a president that can provide leadership. A President that is aware of the student's wants and needs. A president that will respond to the wants and needs of the students. I know that I am such a person. That I, Doug Carr, can be that kind of president.

In order for a President to respond to the students requirements he must be easily accessible. Unfortunately, the President is not easily accessible to a large number of NAIT students. Mainly those students in the Plaza buildings. I will establish a part - time office in the Plaza Buildings so that the plaza students will have direct access to the President. This way suggestions

by the students can be dealt with first hand. Rather than through a representative.

Think of NAITSA as a bus, with you the students as passengers. You know where you want to go. You know what you want to do. You know what you want to accomplish. What is required is a driver for that bus. A driver that can lead you and that bus to your goal. Doug Carr can be that driver. I, Doug Carr, can make NAITSA work to achieve your goals.

What do YOU want to see happen at NAIT? That's what's important. What YOU want. I can be your voice in student government. I can make NAITSA work to you best interests.

The responsibility of the President is to be aware of your wants and needs. To act on the basis of these wants and needs. The President must be accessible to ALL students. Your assurance of responsible student government at NAIT is a vote for Doug Carr. This Friday make that vote count.



Doug Carr

Kees Cusveller for President



Cabarets twice a week! Beer in the Tower Lounge! No tuition fees! Half day classes only! etc. etc. etc. Isn't this what all elections seem to be about? Wild promises based on nothing? Sure, I could do the exact same thing but I won't. What I am going to say may not sound as exciting but at least it is truthful and based on fact. If I am elected President by you, the student body, this Friday, I will provide the leadership necessary to run an efficient students executive working for the betterment of the students at NAIT. I feel I can truthfully say this for several reasons:

- I was President of both my junior high as well as my senior high school in Calgary.
- I was President of a youth organization in 1975 and was re-elected in 1976.
- I was foreman for a large construction company last year, being directly responsible for 10 to 15 people at any one time.

I bring with me a vast amount of experience but I need your help to let me put it to use next year working for you. Some of the things I will be looking at include:

- A review of the present cabaret policy, incidents like the one last month need not and should not be allowed to happen.
- A tutoring file where students having problems with studies could go in order to find someone willing to help them.

- A typing file where students needing to get things typed can go to find someone to do it.
- A photo copying center, I feel there is a need for a cheap and efficient reproduction service for students.
- A review of poster and communication policy. Far too many students do not know what is going on inside their own school.

As you can see, none of these items are really wild and shocking, but their

implementation could make NAIT an even better place to be. As well, any suggestions will be greatly appreciated and carefully looked at.

I am, prepared to lose a year of school and concentrate all my efforts into making the next year the best one NAIT has ever had! Remember, a vote for KEES CUSVELLER for PRESIDENT this Friday, is a vote for a year TO BE REMEMBERED BY EVERYONE.

Kees Cusveller



naitsa elections



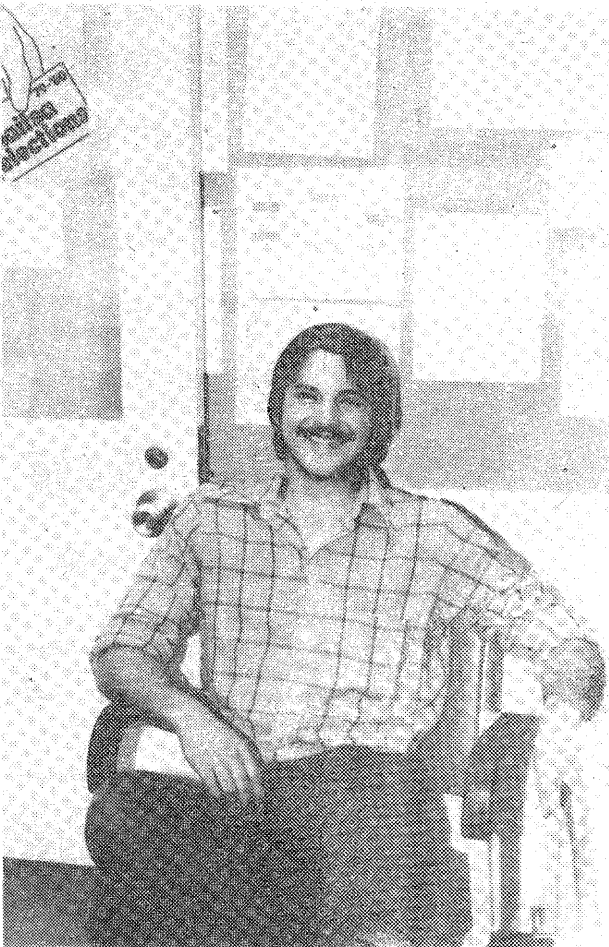
*Diana Piquette for
Vice - President*

This election is important to you for you must attempt to choose a council that will represent you well in NAITSA for the following year. It is crucial that your choice reflects candidates that will work hard for you and will show interest in your well being and the well being of your institute.

I can offer you this. My simple promise to you is that I will give you everything that I have in an effort to benefit your Students Association. Total effort, hard work, dedication, enthusiasm, and absolute involvement are my promises to you. I will work with you and for you -- together we can make your Student Association what you want it to be!

Diana Piquette

*Robert Thorgeirson for
Vice - President*



I'm Robert Thorgeirson and I'm running for Vice-President. I am 20 years old and this is my second year at NAIT.

Vice - President is an important position and it is time consuming. A lot of people depend on the Vice-President. The Vice-President is elected by the students to serve the students.

Why I'm running for Vice-President is simple:

-NAIT is not just another technical institute. It is the #1 technical institute in Canada and I want it to remain that way.

-I, Robert Thorgeirson, want to get more student involvement. It's the amount of student involvement that makes your stay here good or bad.

-Because I'm just like any other student here at NAIT, I want to participate, get involved, and I, Robert Thorgeirson, want to do my part for the student body.

-I would like the chance to be a part of the NAITSA Council and to work as a team.

Let's face the facts, it's costing you as well as myself a lot of time and money to attend NAIT, so let's not waste time and money. Vote me, Robert Thorgeirson for Vice - President.

And remember this, every team has to look good and I have enough good looks for everyone on the NAITSA team.

Robert Thorgeirson



Thorgeirson
in
Open House.

naitsa elections



Shane Hegberg for Activities Chairman

A part of your time you spend here at NAIT you are involved with meeting people and having fun.

On Friday, March 23, you will be electing a new Student Council. This is a very big day for you because you are voting for a person who will do the best job for social activities. This person has to be open and responsive to your needs, be able to work for the students and make ideas happen, also be able to communicate and keep students informed.

I would like to represent you the students for the next year because we can make things happen together.

Come out Friday and please vote.

Keep on smiling,
Shane Hegberg

Paul Joly for

Activities Chairman



Friday may be an ordinary day for you, but this Friday is the day for you to elect the new NAITSA Student Council. I need your vote to become the Activities Chairman.

By now you're probably wondering who is Paul Joly, I come to you from St. Paul, Alberta. After graduating from high school in 1974, I got into the working field for four years, with a few trips around Canada and a few states as well. I've been fairly active at NAIT in the past two years working with the Nugget and Yearbook as photographer as well as being Vice - President of the NAIT Racquetball Club.

Presently enrolled in Civil Eng. Tech, I have been involved with Civil Eng.

Tech's Society. In the past I have been able to meet all challenges successfully and that these experiences will assist me as your activities chairman.

Since we spent most of our time on studies I feel that the students should receive the best entertainment for their dollar. My office door will always be open to you to let me know how you feel regarding activities.

My objectives as an Activities Chairman are:

- earlier publishing dates for upcoming events
- several surveys to find out your desires for the type of entertainment
- regular Pub Times in the cafeterias in the Main

- Campus and at Plaza II
- regular late evening cabarets
- 2 or 3 Red Barn Socials
- 2 or 3 Beerfests
- more Common Hour entertainment
- a Talent Show
- Great Canadian Concrete Toboggan Race
- also included are Frosh Week, NAIT Queen Week, Ski Trains

So on Friday vote for the person best suited for the position, BUT PLEASE GET OUT AND VOTE!

In closing, vote Paul Joly and I won't let you down.

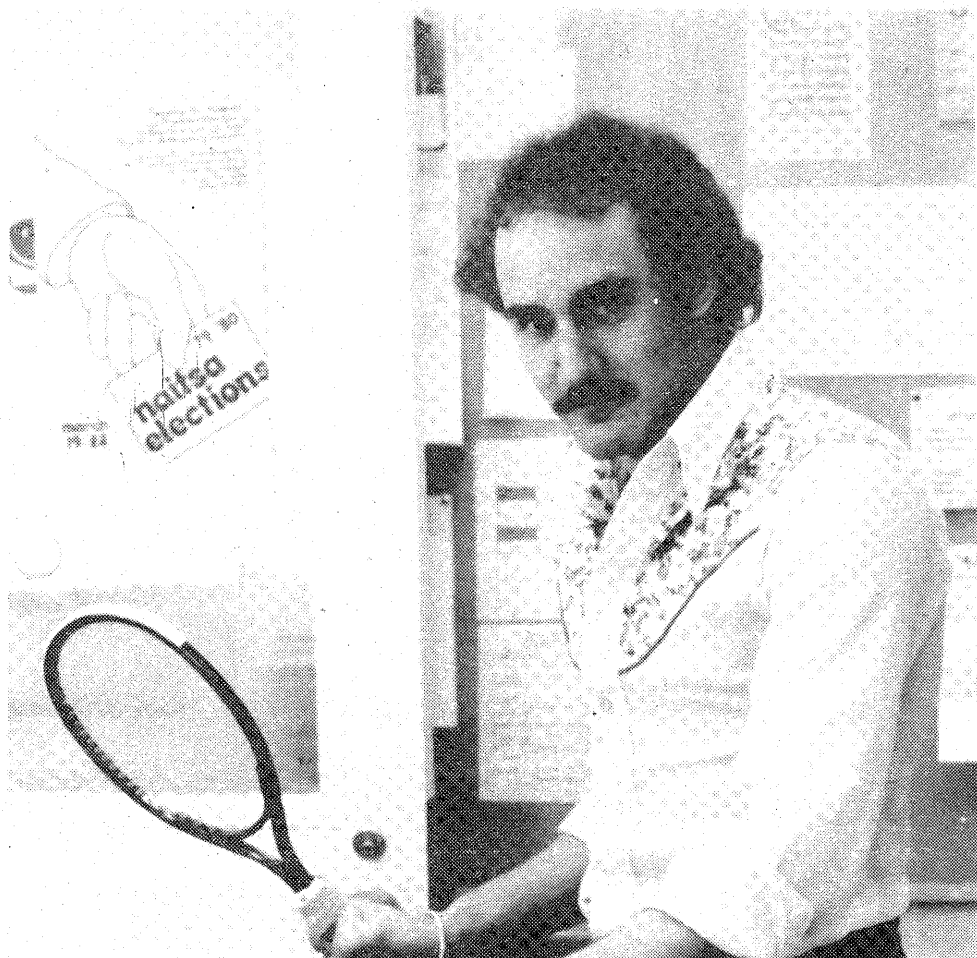
Remember: PAUL JOLY WANTS YOU! (to have a Joly good time.)

Paul Joly



naitsa elections

Brett Smith for Athletics Chairman



Hi, My name is Brett Smith and I am running for the position of, Athletic Chairman.

Although this is my second year at NAIT, I am presently enrolled in 1st year Industrial Food Technology.

My experience in athletics begins with two seasons on the NAIT Mens Basketball Team.

I have officiated numerous intramural sport activities at NAIT and I write sport articles for the NAIT Nugget.

I feel these activities give me the necessary experience required to run an effective, enjoyable intramural program.

If elected:

I will fight for higher wages for intramural officials. I feel this will stimulate an increase in officials of good quality.

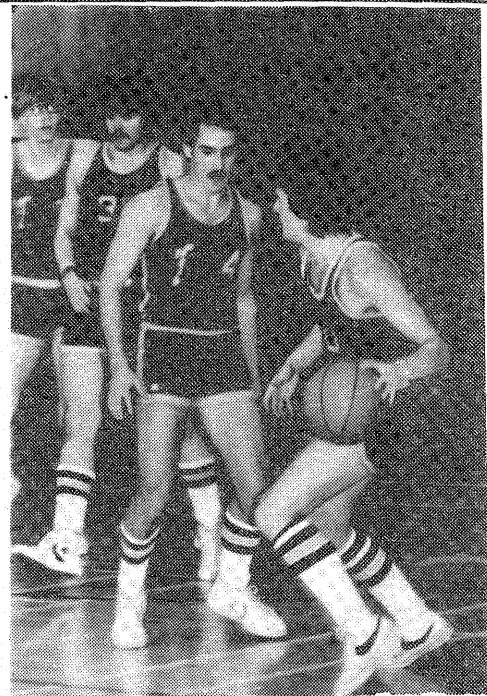
I will introduce a program that will provide neutral officials for each sport event.

I will personally brief all officials and make sure they themselves understand all rules of intramural sports.

I will guarantee solid representation of Plaza II students concerning intramural programs. This can be accomplished by appointing an assistant from Plaza II.

I will propose that a boxing club be set up due to recent student interest in the sport.

I will propose a NAIT - SAIT challenge in the sport of track and field.



Out side of my athletic activities:

I would like to see more vending machines in operation around both Plaza II and Main Campus.

I would like to see student parking facilities improve and increased.

On the whole I will guarantee full representation of both campuses in intramural sports.

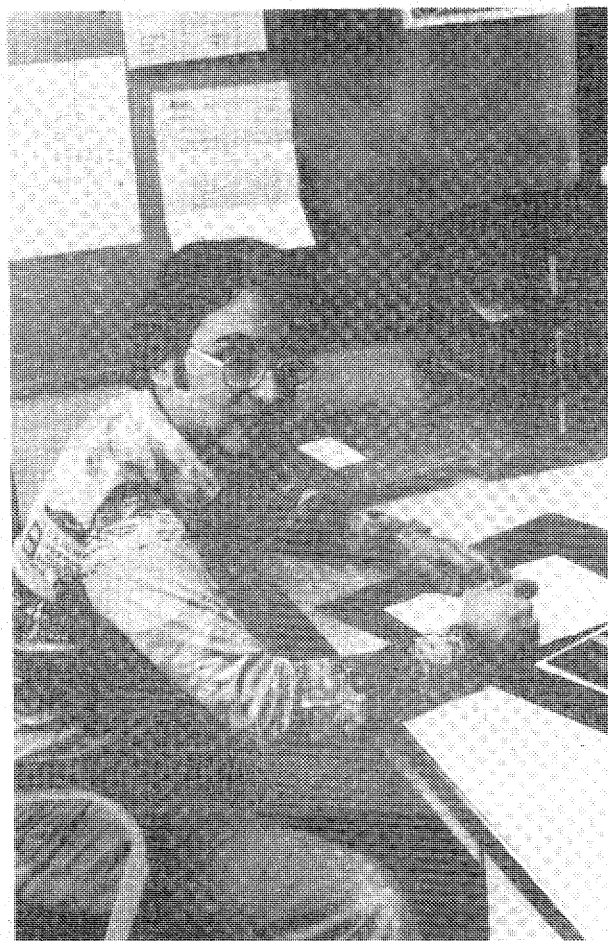
I feel that competitive enjoyable sports can be provided to NAIT students, and I feel I can assist in making NAIT a better place for all of us.

I would sincerely like to thank all of those people involved in my campaign.

thanx for reading,
Brett Smith



Randy Zimmer for Athletics Chairman

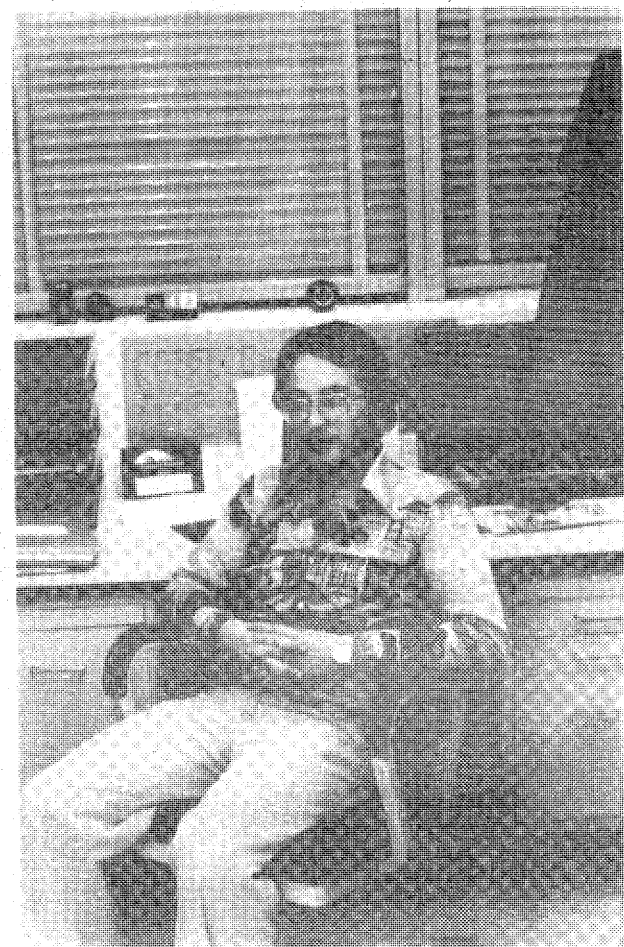


My name is Randy Zimmer and I'm running for Athletic Chairman.

I enjoy all types of sports, well what did you expect me to say?

Don't get the idea from the picture that I am all work and no play. But I am willing to work so you can play intramural sports.

Vote Randy Zimmer and keep NAIT moving.



Randy Zimmer

NATT OPEN HOUSE



Gina Noche
Sports Editor

nugget sports

Rick
Stewart
Sports Editor

TRIBUTE TO THE
MENS VOLLEYBALL TEAM



One of the more successful teams who represented NAIT this year was the Mens Volleyball Team. Under the guidance of Eldon Galloway and Hal Booth the team placed second in the North Division and third over all in the A.C.A.C. We of the sports department of the NUGGET would like to pay tribute to this fine team for a galliant effort and exciting volleyball which they gave us all year long. This is our way of saying that you are appreciated by your loyal fans. Thank - you.

The members of the Volleyball team are pictured above, left to right:

BACK ROW

Eldon Galloway (Coach)

Eldon spent two years playing for Olds College and a year with the NAIT Ookpics. He was also an assistant coach for NAIT last year as well. Eldon also represented Canada in the Can Am Junior Volleyball Championships and his expertise is one of the reasons why NAIT did so well this year.

Eric Chrysanthous

An excellent blocker, Eric also has the ability to bury the ball when he is hot. His exceptional vertical jump is a definite plus factor when he decides to apply himself.

Don Gibbon

The 6'3" Ookpic captain was the only returning vetran this season. Don has the ability and skills to draw the team together and provide the leadership when needed. He is one of the province's best blockers, playing middle and is a very deceptive hitter.

Kevin Chomin

Kevin, the youngest played on the team, has perhaps the most potential of any player. His eagerness, coachability and anticipation as a potential all - star next season.

Tracy Telford

This year we stole a player from last years basketball team. Tracy is a valuable man because of his great versatility. He can be put into a game and take any position. His defensive role has many times pulled the team from a mid - game slump and brought us back onto the winning road.

Hal Booth (Assistant Coach)

As a NAIT grad and a two year Ookpic veteran, Hal has contributed a great deal of time, patience, and experience to the team. His high skill level and knowledge of volleyball has been put to good use and has been greatly appreciated by the team and coach.

FRONT ROW

Gary Noël

Halfway through our regular season we acquired a third year NAIT veteran from the apprenticeship program. Gary played in the 1974 - 75 & 1975 - 76 seasons. With more experience than anyone else, he was a valuable addition to our squad. His excellent defensive ability and intelligent offensive hitting made Gary an exceptional player.

Don Litven

Don joined the team late in the season. He is basically a

defensive player and his hustle and good bumping were always of use to the team.

Perry Pepin

At a big 5'8" Perry is undoubtedly the team fireball. His splendid setting, digging, and scrambling gave him an ACAC All - star award this year. Let's hope that next year next year he has a better season.

Barry Stratichuk

Sharing setting duties with Rob and Perry, Barry is probably the most consistent player on the Ookpics, and for a setter consistency is crucial. Barry also doubles as a power spiker.

ABSENT

Rob Paradis

At 5'8" Rob is also another team leader. As a setter he very often controls a game. His digging ability and hustle are definitely a major factor in the team's success. Rob has been selected to the ACAC All - star Team and could be a big veteran when he returns next year.

Darren Tomcek

At 6'4", this big left - hander would be a valuable addition to any team. Moving him from middle blocker-hitter to power hitter in mid - season proved to be the right thing to do. Darren pounds the ball over almost any block in the league. Also a selection to the ACAC All - star team, Darren will be looked to to help the team next year.

ooks volleyball

Gina Noche
Sports Editor

nugget sports

Sports Editor
Rick
Stewart

NAIT Wrestlers finish in top form

Once again the NAIT Grapplers maintained their status as the best wrestlers in the northern region.

On Feb. 18, 8 NAIT wrestlers took to the mats at the ACAC finals hosted by Lethbridge Community College. When the mat dust had settled they had placed in the top 3 of every weight class entered.

Notable among the winners were Darryl Harrison and Ron Janzen who won gold medals at 118 lbs and 220 lbs respectively. This was Darryl's 2nd ACAC gold and Ron's 1st, an improvement over his silver at the last ACAC's.

Also winning his 2nd consecutive 167 lb title was co-captain Bob Lemmon who was disqualified in his last match, for an alleged illegally executed throw. He won however, due to a successful protest submitted by coach Paul Gibeault pointing out the refereeing error.

Also in the medals were Dean Hallum and co-captain Keith Lockhart who won silver medals in the 134 and 142 lbs wt classes respectively.

And, to round out the standings were Harold Peacock, Gary Thornton and Harvey Quartel who improved from last time to take bronze medals at 150, 158, and 190 lb wt classes.

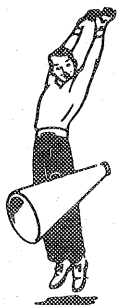
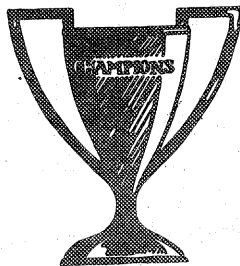
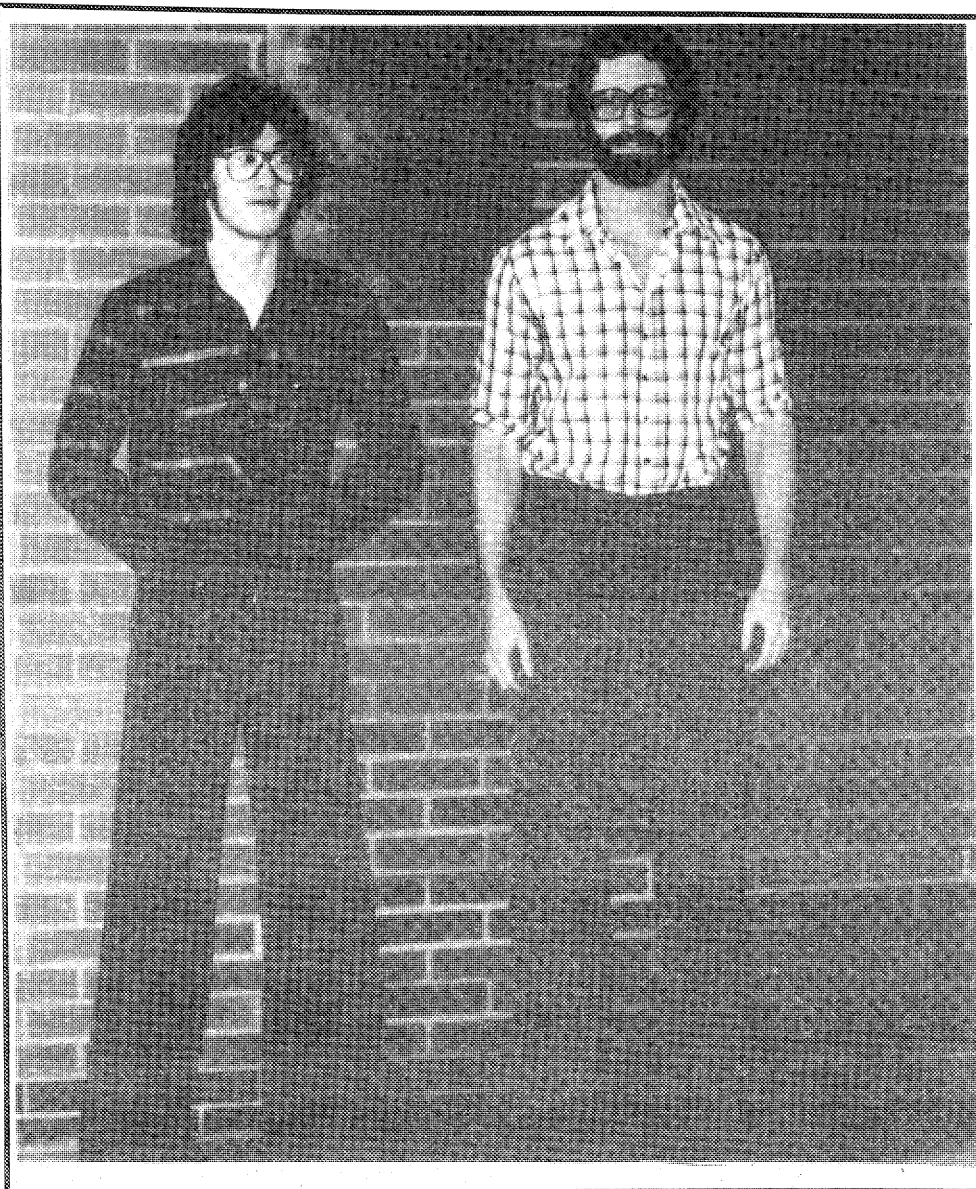
The above placings ranked NAIT at second place overall in the Alberta Wrestling Conference with 105 points. (A substantial improvement over last year's dismal 6th place.)

First place again went to SAIT for the fourth time with 153 pts. And third went to MRC Cougars who lost their 2nd place standing to NAIT with a close 98½ pts.

The hosting LCC placed fourth with 57 pts., and fifth spot went to Red Deer College with 12 pts.

It was a very successful season in the eyes of head coach Paul Gibeault who expressed satisfaction with his teams placing this year. "There is always room for improvement though" says Gibeault. "I'm amazed at the potential there is for having a first class #1 team, here at NAIT, if, and I mean if, wrestling is promoted and not given a back seat to the other ACAC sports."

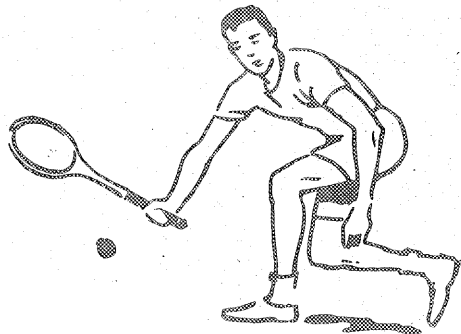
"The only thing preventing us from winning was a lack of wrestlers. You just can't beat a full team of 12 with a team of 8. Who knows? If we can sport a full team next year there's no reason why we can't be number one!"



'MENS RACQUETBALL DOUBLES CHAMPIONS'

In mens doubles action on March 12, the combines team effort of Jeff Lee (Electronics) and Dave Regner (Telecom) captured the title over their opponents Greg McKay and Mat Boyko (Civil) in a close fought 21 - 14 decision.

We have one question? Where were you Will and Cal?!



BE AN ATHLETIC SUPPORTER

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Gina Noche
Sports Editor

nugget sports

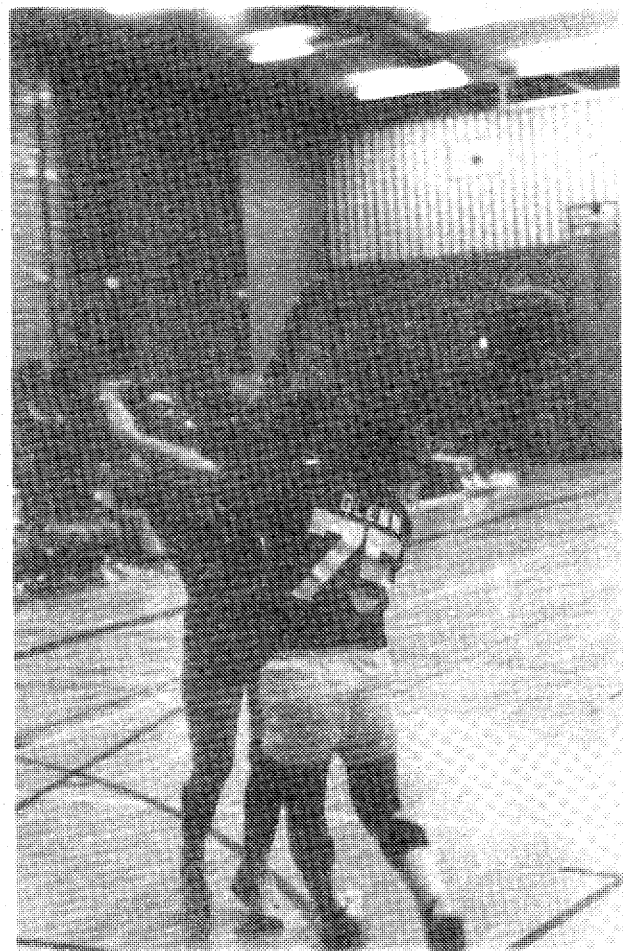
Rick
Stewart
Sports Editor



WHAT A HOOK SHOT !

LINEUPS

CHED SLAMDUNKERS		OOKCHICS	
	No.		No.
Ken Dittrick	25	Anita Borys	4
Coach Hooke	5	Cindy Oleksiw	9
Tom Wall	19	Violet Stamp	6
Tom Davies	77	Joan Powers	7
Barry Wall	17	Dennis Young	8
Wanda Paul	66	Dennis McRae	10
Keith James	54	Dallas Hurlburt	13
Glenn Tracey	75	Debbie McVee	14
		Jo Rienbold	15
		Donna Heidel	11



SHALL WE DANCE?



'OOKCHICS' BODYSLAM DUNKERS

One of the highlights of NAIT Open House "79", occurred Friday night as the NAIT Ookchics outfought, out-tackled, and literally ran over the CHED Slam-dunkers.

In the first half, the Slamdunkers lead by Barry and Dave Wall took a commanding 16 to 4 lead. The Ookchics had many scoring opportunities but failed to score under pressure. However, the Ookchics managed to stage a comeback led by Jo "Roller Derby" Rienbold, and trailed the CHED Slamdunkers 20 to 18 at halftime.

Carrying the momentum into the second half the Ookchics came out fired up and ready to play round ball. They quickly overcame their two point deficit, took the lead, for forced the Slam-dunkers to play catch - up ball. To recover from the shocking turn of events, the Slamdunkers resorted to various tactics for which they are so famous. Many a girl had to hang on to their shorts, before finding them down by their knees. Coach Gregg Meropoulos had his team resort to their "Super-bowl" tactics. This strategy saw several Slamdunkers being cross - blocked and tackled. Amid the Christians in the lions den play, the Ookchics found themselves down by two points. In the last dying minutes of the game, coach Gregg Meropoulos played his ace - in - the - hole, by sending his entire team on the floor. With only a few seconds remaining, Dallas Hurlbert banked a shot off the glass which was worth 12 points, giving the Ookchics a 58 to 48 victory. Both teams had a great time and enjoyed the game.

Our thanks to the CHED Slamdunkers for their sports-manship and friendship, and to the Ookchics for their poise and grace on the floor.

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Be good to yourself, take the train.

S. Central 3 - bdrm house needs 2 people for May 1. Quiet resid. area, within walking of D.T. \$100 plus util. Ph. 469 - 9747 for Carol Please call after 6.

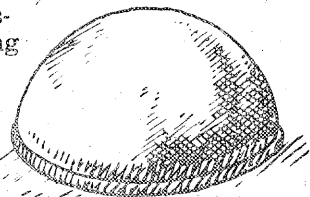


Julius Schmid makes the most popular brands of condoms in Canada.

So why would we want to talk to you about other methods of contraception?

The Diaphragm

The diaphragm is a soft rubber cup which 'fits' into the vagina to cover the cervix (the opening to the uterus, or womb). It comes in various sizes and requires both a prescription and initial fitting by a doctor or trained nurse. To be effective, the diaphragm must be used in conjunction with a spermicidal jelly or cream applied to all sides of the cup and to its rim. Additional applications of the spermicidal jelly or cream are needed if intercourse is delayed by several hours, or is repeated prior to the removal of the diaphragm. The diaphragm must be left in place for at least six hours after sexual contact. It can be left for as long as twenty-four hours, after which it should be removed, washed and dried. With correct use, the contraception rate for the diaphragm is very good. It is safe to use and produces no unwanted side effects.



Contraceptive Chemicals

Contraceptive foams, jellies, creams, foaming tablets and suppositories work in much the same way. That is, by establishing a mechanical barrier to the sperm and/or by directly killing the sperm on contact. They must be inserted into the vagina before intercourse and reapplied with each subsequent sexual act. Suppositories (the least effective) require about fifteen minutes to dissolve; foaming tablets require five. Spermicidal foams, creams and jellies are effective immediately. In all cases douching should be avoided for at least six hours after intercourse.

Side effects are infrequent, although some women and some men find that chemicals cause an irritating burning sensation during intercourse or discomfort afterwards.

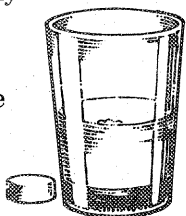
The Pill

The pill, taken by women once a day for twenty-one or twenty-eight consecutive days, is designed to prevent ovulation. If no egg is released, conception cannot occur. Most of the pills available today contain a combination of two female sex hormones in synthetic form—estrogen and progesterone.

The pill's main drawback is the side effects that some women experience. Minor side effects like nausea, spotting or breakthrough bleeding, bloating and breast tenderness are fairly common but usually subside after a few months. The pill is also sometimes associated with weight gain and, to a lesser degree, weight loss; with minor but irritating vaginal infections, headaches, depression, and an increased need for vitamins B₆ and B₁₂.

So far as serious side effects are concerned, it is known that women taking the pill run four to seven times the risk of developing blood clots and nearly eight times the risk of dying as a result of a clot which lodges in a vital organ.

Recent evidence suggests that the risk of developing a stroke (an extremely rare condition among women of child-bearing age) is increased nine-fold. Because the risk is greatest with women who smoke cigarettes, it is strongly recommended that women over 30 should either stop smoking or use another method of birth control.



Because we're concerned.

The response to the advertisements we have been running has made us aware that there is still a surprising lack of knowledge among young people about the various methods of contraception.

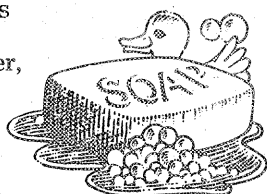
This is supported by a Statistics Canada report on the alarming increase in unwanted pregnancies among young women in the 16 to 24 age bracket.

What we plan to do in this advertisement is give you an honest and objective look at other methods of contraception. We will consider the advantages and disadvantages of each and leave you, the reader, to make up your own mind which method you prefer.

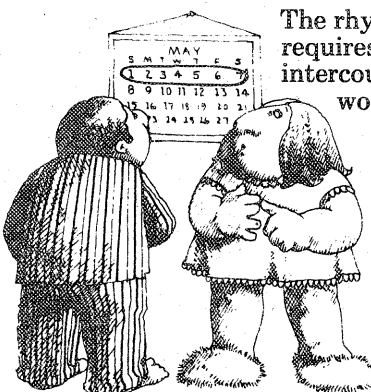
Space limitations make it impossible for us to go into minute detail. So for further information, we strongly recommend that you contact your local physician, pharmacist or family planning clinic.

Douching

Although the method has been in use for centuries, douching with plain water, soap, or chemicals is very ineffective. In fact, it's only slightly better than taking no precautions at all.



Rhythm



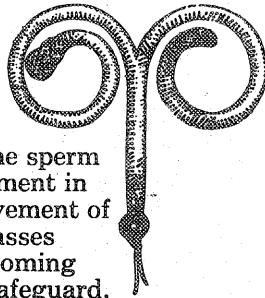
The rhythm method requires abstinence from intercourse during the woman's fertile time of the month. The difficulty even today lies in predicting when the fertile period is likely to begin. The various aids currently used to help determine the fertility cycle include

electronic calculators, special rhythm calendars, clocks and chemical tests. The most common and most accurate method is the charting of the woman's basic body temperature which must be taken with a special thermometer each morning before she gets out of bed. Unfortunately, a slight illness (a cold, for example) can affect temperature readings and create the impression that ovulation has already occurred.

The intrauterine device (IUD)

The IUD is a small device usually made of plastic or metal, or a combination of both, which a gynecologist places inside the uterus where it remains for as long as contraception is desired. Aside from checking after menstruation to be sure the device has not been expelled, little more needs to be done.

How the IUD works is still unclear. The current school of thought believes that the device sets up a chemical state which incapacitates the sperm or the egg; or that its placement in the body speeds up the movement of the ovum (egg) so that it passes through the tube before becoming fertilized. As an additional safeguard,

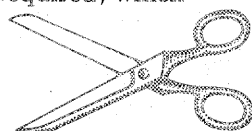


some doctors recommend use of a spermicidal foam or cream in conjunction with the IUD—especially during midcycle when conception is most likely to occur. This approach means that the IUD loses one of its most attractive features: the fact that it requires little effort and is unrelated to the sex act.

Like all other methods, the IUD has its drawbacks. Some users spontaneously expel the device. In other cases, excessive bleeding and cramping or other side effects make its removal necessary. The IUD is not recommended for women who have pelvic inflammatory disease or any abnormality of the uterus or a history of painful or heavy periods or cancer of the cervix or uterus.

Sterilization

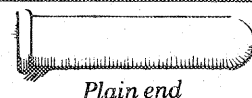
Male vasectomy is a simple surgical technique (only a local anesthetic is required) which involves cutting the ducts that carry sperm into the ejaculate. Following vasectomy, a couple should use some other method of contraception until two consecutive tests show that no sperm remain in the ejaculate. Many doctors advise a repeat of the test six to twelve months later to ensure that the ducts have not grown back together.



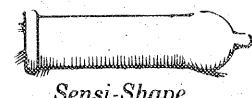
Female sterilization (or tubal ligation) involves cutting the Fallopian tubes that carry eggs from the ovaries to the uterus. It is a somewhat more complicated procedure than vasectomy. Although brief hospitalization is usually required, new and simplified techniques make it possible to carry out the operation in a hospital-based clinic without overnight hospitalization. The rare failures occur when the tubes manage to grow back together.

The condom

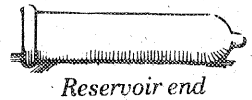
The condom is second only in popularity to the pill as a method of birth control. A thin sheath usually made of rubber or animal skin, it is put over the erect penis to catch the ejaculate. For maximum effectiveness, the condom should be used before intercourse to prevent any escape of semen in foreplay. It's also important to withdraw the penis while still erect to prevent spillage of semen.



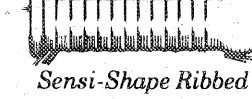
Plain end



Sensi-Shape



Reservoir end



Sensi-Shape Ribbed

The effectiveness of the condom, like the diaphragm, varies with the user. The condom's only disadvantage is that it must be used at the time of intercourse, requiring interruption of lovemaking. On the plus side, it is easy to use, perfectly safe and offers protection against the transmission of venereal disease. It can be purchased at the drug store without a doctor's prescription.


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| <input type="checkbox"/> NuForm | <input type="checkbox"/> Excita | <input type="checkbox"/> Fiesta |
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