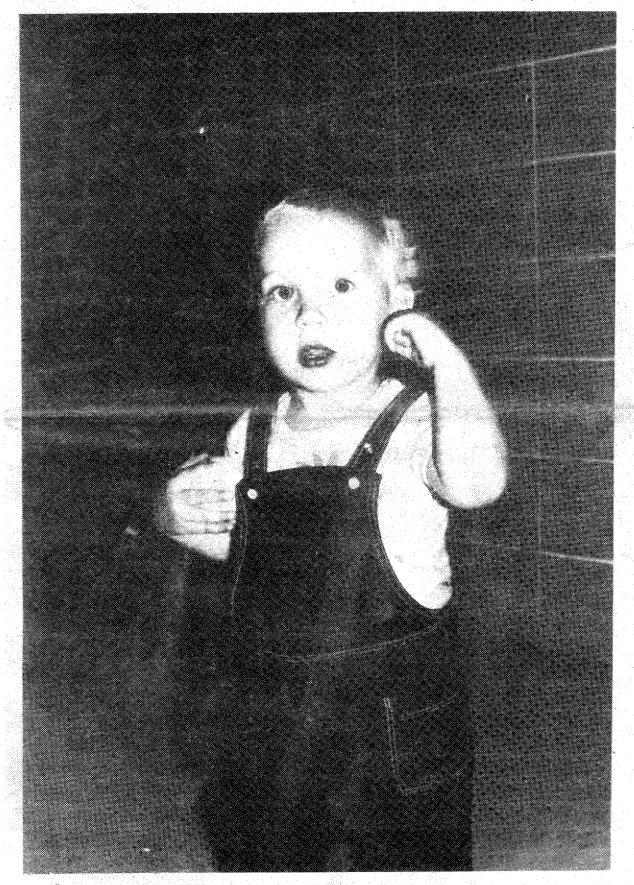


Thursday, September 27, 1979

Volume 11 Issue 3



WHERE DO I GO TO SIGN UP?

YOUR YEARBOOK? WHAT'S THAT?

Your yearbook, What is What does it mean to you? How does it affect you?

Your yearbook is a book of memories. Memories which are brought back to you in the form of pictorials. Once the occasion of your school life has passed, these memories will also have Amongst these passed memories are included Fridays at the K-wing, your classmates, pubs and beerfests, and the numerous amount of friendships made throughout the year, and many, many more. Just imagine, ... everything forgotten. Your yearbook will bring back many of these memories.

What does your yearbook mean to you? Well, it may just be another book to add to

your collection, or it may be extra paper for your fireplace at the moment, but consider the situation twenty years from now. Twenty years down the road, how will you remember the moments which may be the best times of you life? All I'm trying to point out is that your yearbook may not mean anything to you now, but it will grow in value as the years go by.

How does all this affect you? Your yearbook may affect others more or it may not affect you at all. Your

yearbook will affect you more if you were a part of it. And you can! Many staff members are required, especially photographers (refer to the ad on page 2)

In twenty years, you too can look back at your yearbook and be proud of yourself that you helped put it together. For those who are not interested, all I can say is to enjoy the best times of your life here at NAIT and in the future, keep your memories close at hand by cherishing YOUR YEARBOOK.

Stay out of the Job Rut

The price of being so busy als-even people with 30 at your job that you neglect years' experience. your career can be quite steep. Your employer has his or her own problems-they can't keep you out of plans? What is the likely your "job rut".

To keep yourself out of a rut, the following four-point anti-rut prescription may help.

EVALUATE THE POTEN-TIAL OF YOUR JOB (or any job you are considering). Jobs in design, public relations and many other specialities can be dead-ends. Find out if there is a line of promotion. What calibre of experience will you obtain? Are you getting one year's experience ten times over? How would another firm in another industry evaluate your experience?

If the job is specialized, is it dangerous to your career to stay at it too long?

Have you trained a successor? If not, is this holding up your progressions? your work environment stimulating you to do your best? Have you discussed any work problems with your supervisor or the personnel manager?

EVALUATE YOUR COM-PANY. How does your company's progress compare with its competitors' and the economy? What is the trend of its market share? Is it making money? Lack of equipment may hinder your ability to do your job or to diversify your experience. Lack of Profitability may mean layoffs of profession-

How important is your department to the company's effect on your job with changes in the economy? It is difficult to relocate if you are laid off at the same time as people in competitive firms?

EVALUATE YOURSELF.

How does your income compare with your peers? If it is lower, is it because you are in a low-profit industry or because you have below-average responsibility? Are you ahead of technical developments or merely up-to-date? Are you being stimulated technically by associates? What education do you need to achieve your job objectives? What is the present and future demand for your skills? What competition do you face?

Why do you really want to change jobs? Are your career objectives realistic?

MAKE YOURSELF A PLAN.

Set yourself a five-year objective, but make it realis-Develop a plan to achieve the objective and work with your plan. Look for interim results and review your job strategy once every year or so.

Your personal values may change. You may not wish to make the sacrifices which continued progression may demand. Compromises are more easily made if you have first planned your career.

TAYLOR CHARGES ALBERTA STUDENT LOANS NEED A REVAMPING

Alberta Liberal Leader, Nick Taylor, charged that the Alberta Conservative Government is "dragging its feet" on bringing student assistance loans in line with today's thinking, both as to amount and eligibility.

He said 18, 19, and 20 year olds, although of legal age for everything else are still asked for statements of net worth on their parents, in some cases where the loan officer feels there has been conflict, he may even "stick his nose into family affairs in order to 'reconcile matters'

Taylor also charged that the present loan limits were set back in 1975 and are totally inadequate.

'Even the M.L.A.'s have given themselves raises, both through the front door and the back door since that time.'

Taylor called again for "education mortgages", a policy his party put forward during the last election when he said "if it makes sense to mortgage some future income to buy a house, does it not also make sense to mortgage some of one's future income to buy an education.'

n.a.i.t. news



B.J. COMMENTS

Dear Readers:

Student participation is an important and vital part of any educational institution. Your NAIT council works hard to bring you a variety of functions so that you may better enjoy an otherwise humdrum school year. What happened during frosh week?

Apathy semed to be the key note during frosh week. With the exception of the beerfest, all activities were virtually unattended. There were people at all of the frosh week functions. However, the **number** of people contributing to these activities were few.

The courtyard barbeque was especially lacking interest. The cooks were expecting, and had prepared enough FREE food for 800 people. However, only about 200 people showed up for the free feast. What Happened? (must be the cafeteria food)

Oh well, I'm sure that nearly all of you that came out to participate during frosh week had an excellent time. But for all of the people that couldn't be bothered, tough luck. You really missed out.

Bruce Jameson

THE NORTHERN TORCH WANTS YOU!

Your Yearbook needs Staff Members (especially Photographers)

Apply now in Room E-127

Leave your name in Student
Services
NO EXPERIENCE
REQUIRED

NAITSA COMMENT



Having finally recovered from the beerfest aftereffects, we roll right along into Shinerama week with the big shoe shine blitz this Friday. This year we're determined to set an all time high for money raised but we can't do it without your help. The instructors are giving you half a day off classes so get your classmates together, pick up some shining kits, and have a good time! It's for a very worthy cause, Cystic Fibrosis, and this is their main source of imcome every year. Besides getting a free ticket to the cabaret with Falconchase that night, you're also eligible to win a limited edition photograph (valued at \$500) or free beer for the most original costumes to name a couple of prizes. The techs, both small and large, with the most participation will also win a trophy (did I hear BCET is going to take it away from Bio Science this year?) so come on out -grab some friends and shoe polish & keep on shining!

Kees Cusveller NAITSA President

FROSH WEEK

Frosh week drew to a close last Saturday with the beerfest and the crowning of Miss Freshette '79 and Miss Shinerama '79. Throughout the entire week our 5 candidates were judged not only on appearance but on personality as well. When it was all over Cathy Person from Dental Assisting was named Miss Shinerama and Lynn Phillips from Teller Training named Miss Freshette. Lynn will now go on to represent NAIT in the Miss Edmonton Eskimo contest where I'm sure she'll do very well. The other candidates, Teri and Norma from Hairstyling and Cathy from from Med. Lab.

although they didn't win, will hopefully have some good memories about the week. The frosh week activities were also a great time, those who were at the kangaroo court, root beer guzzling or keg rolling would testify to that.

FLASH- Just heard that Lynn is one of 15 finalists in the Miss Eskimo Contest. Go get them Lynn!

Kees Cusveller NAITSA President

The main doors on the west side of the cafeteria in the hallway will be locked at 7:00 p.m. this Friday, so get your jackets and books before then or wait until Saturday morning. Thanks for your co-operation in this

Kees Cusveller

CSLPG - NUS GETS THROUGH THE DOOR

NUS representatives made a presentation to the Canada Student Loans Plenary Group (CSLPG) on September 20 in Quebec City outlining a number of concerns students have with the present federal student aid program.

NUS stressed the need for a new national plan which addresses the financial problems of both students and potential students. But in the short term a number of administrative and legislative changes to the present Canada Student Loans Program could be made. NUS also made it clear to the CSLPG that students strongly oppose increasing the loan ceiling of the plan since such a move would do nothing more than increase the already intolerable debt load of students.

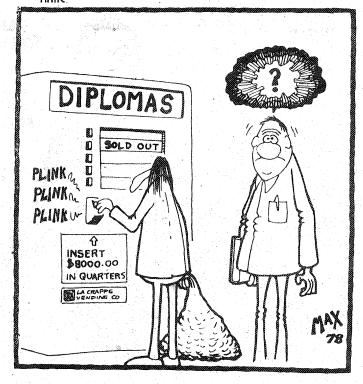
Members of the CSLPG did not respond to the points made by NUS in its presentation on the grounds that the meeting was not the place to carry out such a debate. Instead, NUS representatives were simply asked to respond to questions of clarification put forward by the representatives from Manitoba and Ontario.

But though the meeting with the CSLPG was not as productive as it might have been, NUS still considers it a step forward in the work being carried out around student air. "Being allowed into the CSLPG annual meeting, even for an hour, is a victory for all students," said Alec Daschko, NUS executive member-at-large. "But we still have a lot more work to do before we get full representation on the CSLPG. Only when we become full members of this group will we have full in-put into the

decisions being made with regard to student aid."

NUS hopes to meet with the CSLPG chair, F.C. Passey,
next week to find out the official response to the student

presentation. NUS is also anxious to learn what, if any, recommendations came out of the annual CSLPG meeting. It is suspected that the major issue discussed by CSLPG representatives is the present loan ceiling of the program. Other items talked about probably included the age of independence under the Canada Student Loans Program; the eligibility of part-time students; and student contributions.



THANKS TO ALL OF OUR CONTESTANTS



Miss Shinerama



(Cathy Person)

Miss Freshette



(Lynn Phillips)

n.a.i.t. news

Study Promotes Business-Women

The business community is losing leadership potential by failing to promote women, says Alan Cahoon, a University of Calgary business professor conducting a major study of women in business.

"Women are a good bet for a company," he says. "They are loyal, they tend to stay with a company longer, they work harder and they tend to be more supportive of their fellow employees."

Today's women work twice as hard as men in comparable positions, Mr. Cahoon feels.

Mr. Cahoon has also found:
--women may stay longer
than their male counterparts;

--they are likely to be more loyal to superiors than male employees;

--and, because they have worked hard to get where they are, they will probably adopt a supportive attitude to the staff working for them.

Mr. Cahoon believes that the idea that women will leave jobs because they get married or have children is exaggerated. Although women take time off for maternity leave, men are more likely to have nervous breakdowns. The time off in both cases tend to even out.

with the two sexes is also equal, he reports.

"A man makes a career decision when he is 20 or 25

Turnover and absenteeism

years old, but a woman waits until she is 30 or 35."
"She spends her 20's deciding whether to get

married, raise a family, or pursue a career," he said. "But when she makes up her mind, she sticks to it."

LOOKING FOR PERMANENT, SUMMER OR PART-TIME EMPLOYMENT?

A job and a pay cheque are personal necessities in todays' economic world. Most students are at NAIT to become better equipped to find a job: a job with a fatter pay cheque. But how do you, as a studnet or recent graduate, make the business community aware of your new skills, your enthusiasm, your availability?

COME, TRY US THE CANADA EMPLOYMENT CENTRE ON CAMPUS

Check the Canada Employment Centre bulletin boards located on the main floor of the J-wing and at the Plaza II cafeteria entrance. They contain postings of available positions and all companies who will be recruiting on campus.

You are advised to register with our office as early as possible. Many employers begin recruiting as early as November to fill summer and permanent vacancies for the following year.

Typical Job

Hunter

Keep in mind that most large companies recruit only once a year. So whether you intend to start work immediately after you studies or not, apply and attend the interviews. Employers are often willing to wait for the right person but they should always be openly advised of any plans which may effect your starting date with their company.

We offer:

-Information on job hunting and resume preparation -Social insurance forms and document verification services -Employment advice and counselling.

COME, TRY US ... In Room E-132 Phone 477-4369 From 8:00 am to 4:30 pm Monday to Friday

starting October 9th in the Plaza II campus in Room L-227 Tuesday and Thursdays from 1:00 pm to 4:00 pm

Norm McLeod - Office:-in-Charge Donna Rees - Manpower Counsellor

A NEWS

October has arrived and the events for the month are outlined below. The Monthly meeting for all members is Oct. 3rd at 1:15 pm in room T601. Payment for the Senior chapter Dinner meeting is due on this day. The fee is \$7:00

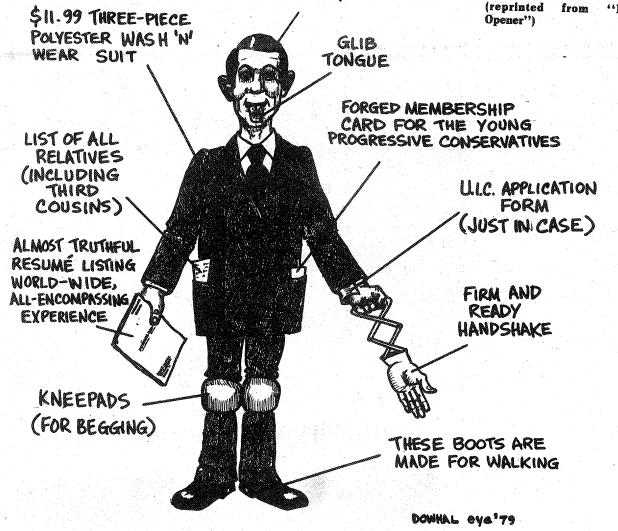
This months speaker for the Dinner meeting is Mrs. BENITA FIFIELD. She is from the faculty of Rehabilitative Medicine at the U. of A. Her specialty is Occupational Therapy and the talk she will present is concerned with employable resources existing in Handicapped Persons. The title to the talk is "Beyone the Difference; Equal Opportunity."

This talk will be very valuable for future employers. Especially as mis-judgements concerning the handicapped in the past are rejected.

Finally, once again our Office, T603A, is open to purchase memberships. However, there is the possibility of a time limit being set Act now or the opportunity might be missed for this year.

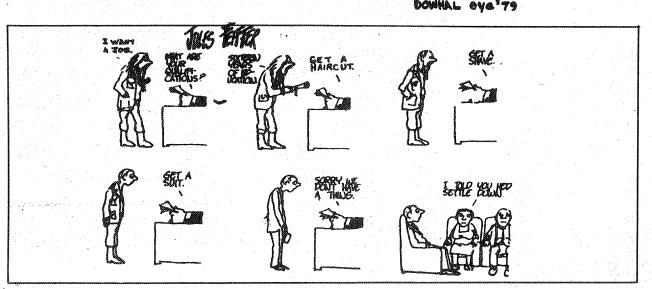
A reminder to all second year members- if you haven't picked up your pin and membership certificate, please do so immediately in the AMS office, T603A. Second year students are also asked to fill in the membership list with your name, correct address, phone number, locker number and program. If you have any questions, please see Lorna. As a re-cap:

Oct. 3- Members monthly meeting T601- common hour.
Oct. 10 Senior Chapter Dinner Meeting- Plaza Hotel



JOB SEEKERS

HAIRCUT



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IN
Asia, Africa, South America,
or the Caribbean for 4 months

Volunteers, nineteen years of age and over, are required for urban and rural self-help work projects in developing countries. Cultural sensitivity, adaptability and commitment to promoting international awareness are important. Basic knowledge and skill in a trade or vocation is useful. Apply now for placement beginning in May or September 1980.

FOR MORE INFORMATION CALL (519) 434-1148



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Editors: Don Stosky

Carol Ann Retalack

GOOD TIMES LIVE UP TO THEIR NAME

After getting off to a slow start, last Friday night's cabaret at the Villa Vesuvius, put on by Radio and Television Arts technology, gained momentum and grew into an unqualified success by the end of the evening.

The band, Good Times, had trouble getting people up to dance for the first while. The selections played consisted of mainstream rock songs by such groups as the Cars, Dire Straits, Cheap Trick, and Queen. Their only real shortcoming was their weak vocals, but that was made up for by some very good guitar work on such songs as "Sultans of Swing". The band seemed to warm up to the crowd as the evening wore on, and the mutual positive feedback inspired their playing.

The two best sets Good Times played were a selection of old rock n' roll tunes which got just about everyone up and dancing, and their last set, which consisted of Led Zeppelin songs.

After the lights came on, many people, caught up in a real partying mood, were inspired to start a rather raunchy singsong of their own!

Carol Ann Retallack

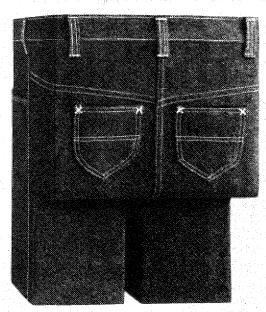




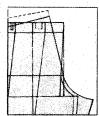








We Cut Corners



When cutting the pieces to make a pair of pants, straight lines are easier than curves. They also use less fabric. Some larger firms cut pants that way. With tens of millions of pairs a year, those savings add up.

But they don't add up to Howick. Our pants fit better because of all the slow,

gentle curves in our patterns.

Howick's not a clothing giant, so you won't find our pants on every corner.

But then, you won't find those corners on our pants.



The fitting choice in jeans and cords

Editors: Don Stosky Carol Ann Rets



(not written by D.S.)

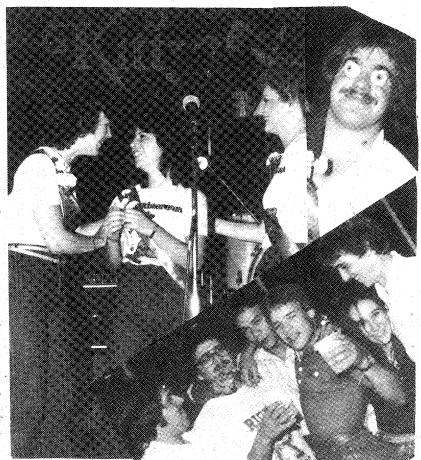
Dear Beerfest:

Wow, what a great time! I haven't had that much fun in a long time. If you weren't at the beerfest you missed a really good time. I particularly liked the warm beer, but I prefer warm beer over cold beer.

The bands were fantastic. Good fast and loud music. People were up dancing all of the time. I don't dance myself, but I liked watching the girls wiggle. There was one blonde with everything in the right places. I just had to dance with her.

We danced a couple of dances and got know each other quite well. One thing is for sure; the beerfest was a great place to have fun and meet people. I can't wait for the next one.

See you at the next Beerfest



BEERFEST COMMENT

the '79-'80 NAIT term was, many successful.

The majority of first year vocalists. student got the opportunity The crowd was pretty thing the laughing prince to have beer at a dance good. Very few hassles had to say.

Then came to the composition of the composition o (Remember those were evident. legally. high school dances.)

loose with all their acquain-thing to look forward to. You music was clear and crisp. tances made last year.

people with tickets were cool. (Who am I kidding!!?!) Crowcuss be brought back for greeted by a not so jolly Paul Joly (remember, ne's our "auspicious" activities the evening everyone had the evening could be announcement of Miss not everything I think is Shinerama. The five lovelies gathered on stage with our doldrums).

Kittyhawk finished their an entire evening.

The evening could be called a success, if you base success on lousy attitudes (our illustrious activities chairman), total lack of control (the laughing prince) and lapses of nothing (the doldrums).

stage and total lack of Well that's one down and danceable to and quite situation control made quite who knows how many more enjoyable to listen to. The an impression. (Not a good to go! The first beerfest of band showed a lot of one, I might add.) It would words, enthusiasm in their perfor have been quite interesting mance, especially the lead to know who did win, but who could understand any-

too! nearly 45 minutes for The beer on the other hand Crowcussto set up. Finally, The returning second was the pits. Warm beer is at 11:20 the band started. years got the chance to let definitly not an enjoyable Definitly a good band. The would think that in all of Paul It's too bad that the delay Jolys' austere originality that meant that Crowcuss could

Upon entering the cavern- he'd come up with some way only play for about one hour. ous NAIT arena, the lucky (?) to keep that beer at least I strongly recommend that people with tickets were cool. (Who am I kidding!!?!) Crowcusshe brought back for

Kittyhawk started the gallant leader. (C. course 1 As they say around NAIT musical portion of the mean the NAITSA Presidentall of the time "keep up the evening. They were all right. Kees Cusveller.) His fair work!!!!" The music they played was inability to quit giggling on

Signed

Then came the doldrums. It



"When I want a light lunch in a hurry, I go straight to Boston."

Ernie "Dasher" Strom, man in a hurry



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Editors: Don Stosky Carol Ann Retalack

IN THE GROOVES

SLOW TRAIN COMING BOB DYLAN



BOB DYLAN"SLOW TRAIN COMING"

Unless you have been living in the frozen plains of Tibet for the last six months, chances are you've heard or read something about Bob Dylan's newborn conversion to the Christian faith. Well, it's true -- and the evidence is clear on his new album, "Slow Train Coming". It's filled with an assortment of songs concerned with religious themes.

Before dealing with the lyrics, however, I'd like to point out that the music on this record hasn't suffered any from Dylan's new attitude -- each song features fine, tight arrangements. He has recruited Mark Knopfler (guitar) and Pick Withers (drums), of Dire Straits, to back him up, as well as the Muscle Shoals Rhythm Section, well known session musicians, and three conpetent female backup vocalists. The end result is some music that is very pleasing to the ear. Bob's voice sounds a little older and more tired in places, but he hasn't lost his ability to touch the listener.

As mentioned previously, the entire album has religious connotations. On songs such as "Gotta Serve Somebody" and "When You Gonna Wake Up" he is warning us that no one can stand alone; we must eventually account for all our actions. "Slow Train Coming" reveals Dylan's despair with the state of today's world. But there are also songs of faith, such as "I Believe in You", and "When He Returns," which show a certain optimism.

Many people who have followed Dylan's musical progress through the years may be surprised by this sudden shift in attitude. But he has always been a seeker, and, at least for the time being, he has found something to latch onto. Whether this religious faith is permanent or not remains to be seen, but in the meantime, his followers should at least give this album a chance before denouncing it, no matter what personal beliefs they hold.

Carol Ann Retallack Record courtesy of Mister Sound, Kingsway Garden Mall

THE KINKS LOW BUDGET

This album is great. Seldom is an album so timely and topical, and so enjoyable to listen to.

To say "Low Budget" is topical is almost an understatement. There isn't a song on the album that doesn't take some sort of stand on one of todays issues. Ray Davies is definitely not an artist out of touch.

The topics are often as obvious as their titles (Pressure, National Health, Attitude, Misery). Others are a little more tricky. "Catch Me Now I'm Falling" is a rather humourous look at the decline of America as a world power, "In A Space" describes a person who attempts to escape from all reality. "Little Bit Of Emotion" is about the lack of emotion in today's society and "A Gallon of Gas" is about, you guessed it;, the gas shortage.

Much talk has surrounded ("Wish I Could Fly Like) Superman". I have heard many a person disclaim it as disco. Well, they can call it what they want. I personally find it irresistable. A close listen to the lyrics reveals it as a song about a guy who is rather depressed and lacking self-esteem. Frustrated by his appearance and the outlook of the world, he wishes he could be like Superman so he could save the world.

It's often hard to tell if Ray Davies is choosing sides or not. His writing usually stays objective and presents more than one side of an issue. Yet he always deals face to face, in a rather unique manner. This is not a new style for Davies. It was he who penned the 1969 Kinks classic "Lola", a song about homosexuality.

The music on "Low Budget", like most Kinks albums, sometimes takes the back seat to the lyrics. This is more of an observation than a criticism, however, as the music never ceases to complement the lyrics. But the real highlights of "Low Budget" come when the music goes beyond just complementing and starts to excel on its own. (National Health, Superman, A Gallon of Gas).

It may sound like one has to "get into the lyrics to appreciate "Low Budget". Not true. The listener could love this record without closely analyzing every word, but it is the combination of Davies lyrics and music that really makes "Low Budget" a great record.

Dave Darby

MOVIE REVIEW

THE SEDUCTION OF JOE TYNAN

ODEON 1

The advertisements for "The Seduction of Joe Tynan" acclaim the film as "a brave, intelligent, brilliantly crafted film as contemporary as today's headlines", with similar accolades going to its writer and star, Alan Alda. While it doesn't quite fulfill these adjectives, it is an entertaining movie.

"The Seduction of Joe Tynan" is the story of a high government official who, on the verge of a successful sweep to leadership, finds himself in a mid-life crisis. He work takes him away from his wife and family and into the arms and bed of another woman. While things at home get worse, Joe Tynan learns how tough it is to find a compromise between his work and his family life. Frustrated by his family's rejection, he asks his wife for another chance, and in the end she supports him once again.

Alan Alda is good enough as Joe Tynan, but his performance seems to infiltrate much of his Hawkeye character in MASH. Basically, it's the same warm, lovable person behind a slightly more gritty exterior image. Despite this character, though Alda occasionally lacks some feeling. He sometimes seems to be acting by himself, instead of playing off his fellow actors. However, on the whole, his character works.

Barbara Harris put in a stable performance as Mrs. Tynan. She was perhaps the most consistent of all the actors

Meryl Streep was good as Tynan's lover, but I found her attempt at a Southern drawl to be rather aggravating. This is a minor criticism, but I can't help imagine how much more satisfying her acting would have been without the accent. I found her past performances, (Manhatten, The Deer Hunter) much more enjoyable.

Surprisingly, one of the best performances came from Blanche Baker, who played Tynan's teenage daughter, Janet. Caught in an adolescent trauma triggered by her fathers absence, she gets a tattoo on her bum and comes to the conclusion that "Life sucks". Most of her scenes are very real and touching, in particular the ones where she reacts strongly against her father.

There are many highlights in "Seduction", but there are also weaknesses. Alda's depiction of government life will certainly not have the White House jumping for Joy. Although comical, some scenes seemed unneccessary and out of place. There was no need to show Rip Torn being fellated under his desk in his private office. His character had already been very well established. Nor was there any need for the spinach-eating contest scene. It added nothing but comic relief.

"The Seduction of Joe Tynan" has a story line that most people will find thoroughly enjoyable, and may even bring a tear to the eyes of a few. However, I couldn't help but feel that something was missing; that this movie could have been great. At one point in the film, Mrs. Tynan exclaims, "Maybe we're all just growing up". Well, maybe Alan Alda's screen writing talent is still growing up and we can expect something truly great from him in the future.

Dave Darby



Carol Ann Retalack

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FEATURING

FALCON CHASE

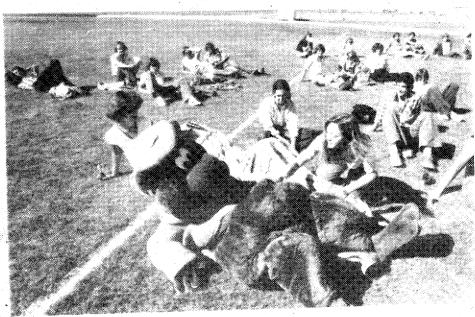
the Cafeteria

AT

8:30 pm, Friday, Sept. 28

This is a function solely for Shinerama participants Bring your ID cards!!! Fire door next to cafeteria E-wing will be locked at 7:00 pm sharp, so please bring your books & jackets.









The unique taste of Southern Comfort, enjoyed for over 125 years.

Editors: Don Stosky

Carol Ann Retalack

YOUR HORRORSCOPE by Inga N.R. Amos "About the Author"

Dr. Inga N.R. Amos is the first and foremost authority on Horrorscopes. She knows people like the back of her hand, and that means that she knows what she's talking about.

"I've lived the ups, I've lived the downs; I think I like the ups better", was Dr. Amos' reply when the Nugget asked her about life. Unfortunately though, she's had more downs in life.

You can find Inga in her run down suburban home in the slums, doing what she likes best; writing Horrorscopes.

She believes that if you don't have a rotten time in life, you're missing all the fun. So if you think your life is bad, read someone elses Horrorscope, and compare it to your own life.

Hope your Horrorscope comes true!

Your HORRORSCOPE for Friday, Sept. 28, 1979

ARIES [Mar 21 - Apr 19] Stay away from drinking hot coffee today. If you don't, your lips will swell and your face will be an awful site. Drink only cold coffee.

TAURUS [Apr 20 - May 20] Don't answer your door to any strangers today. All they want to do is use your phone. They will end up calling their mother long distance, and you will be left paying the bill. Disconnect your phone if you plan on answering the door.

GEMINI [May 21 - June 20] Even though it is going to be hot outside, wear your thick underwear, winter coat, rubber boots, and toque today. People will laugh at you for the rest of your life, but that's better than getting a running nose for two days.

CANCER [June 21 - July 22] Since you don't have any friends, why stay home and feel miserable? Do what you always do; go out and feel rotten. Nobody will pay any attention to you anyway.

LEO [July 23 - Aug 22] The lawnmower, toolbox, and camping equipment that your neighbor borrowed will be back in your possession today. You will buy it from his at his annual garage sale.

VIRGO [Aug 23 - Sept 22] Don't go on your daily stroll on your hands and knees today. If you do, a paraplegic will run over your fingers with his wheelchair.

LIBRA [Sept 23 - Oct 22] Try and control yourself today. Don't do the weird things that you usually do. Two men in white will be following you the whole day, just waiting to put that strait jacket on you.

SCORPIO [Oct 23 - Nov 21] Washing, drying, styling, and combing your hair is a complete waste of time today. That blind date isn't worth it. Best thing is to go on the date in your curlers.

SAGITTARIUS [Nov 22 - Dec 21] Better walk around today holding your eyes wide open. If anybody sees that you have beady eyes, they will call the police and you will be thrown in jail.

CAPRICORN [Dec 22 - Jan 19] Your best friend will want to come over to your house today. Tell him no. Tell him you don't want to be friends anymore; because when he sees that you live in the slums, he won't want to be your friend anyway.

AQUARIUS [Jan 20 - Feb 18] If you're going on a holiday, don't stay in a fancy hotel. Sleep on a park bench. You'll need the money to pay for hospital expenses after you get hit by a taxi. Have a nice vacation.

PISCES [Feb 19 - Mar 20] Congratulations, you will win the lottery. You will be so happy that you will jump for joy and throw the ticket in the air. A draft will blow the ticket into your garbage incinerator. Don't worry, it could happen to anyone.

BETTY'S CROCK

If you're a first year student or even new at doing your own cooking, you may face problems of buying the right groceries, and how to make a little meat go a long way. Plus if you're resorting to eating in the cafeteria your health may start dwindling. If you're male and have just left your mom's kitchen to your beans and macaroni suppers, we may be able to help you. The year has just started, so you may not be bored with T.V. dinners or mush, but believe me, it does get disgustingly boring, and your waistline doesn't need it. For my first article, I thought I'd explain a simple recipe such as stew. I intend to keep the recipes simple and economical.

--chop up about half an onion, and fry it in a pot, along with a couple teaspoons of butter, till the onions become clear.

--add your meat. (stew meat or hamburger) and simmer under medium heat until the meat is browned and half cooked.

--add enough water to cover the meat, plus half a cup more.

--add your vegetables. (potatoes, carrot, celery, stewed tomatoes, etc.) Use your imagination. If you want to use fresh tomatoes, or a vegetable that tends to get mushy, add them just before you're going to eat. The smaller the vegetables the faster they cook. While the stew is simmering add the spices of your liking.

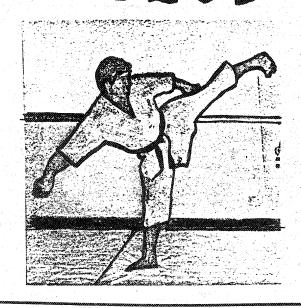
If you decide to try the stew, drop us a note to say how you made out.

BEGINNERS AND ADVANCED WELCOME

For anyone interested, there will be an organizational meeting Wed., Oct. 3, 1:15 p.m., Rm. H211. Call Richard at grey 430 or Wayne at grey 413 for info.

NAIT KARATE CLUB

BEGINNERS
AND
ADVANCED
WELCOME



Don't just switch to another bank. ... join your friends.

People ... that's what Edmonton Savings and Credit Union is all about. People investing together in tomorrow.

And to make it easier for you to take care of all your financial needs, Edmonton Savings offers a complete financial service. Savings, chequing, loans, bill payments and much, much more.

So don't just switch to another bank. Join your friends ... at Edmonton Savings and Credit Union.

Edmonton Savings & Credit Union Ltd.

156 Kingsway Garden Mall Phone 479-8475

The entrance to the ESCU Kingsway Branch is located outside of the mall, on the west side.

Gina Noce Sports Editor

nugget sports



ATTENTION!!
MEN'S
BASKETBALL
TRY OUT CAMP
Begins Wednesday, Oct 3
7:00 p.m. in the Gym

Every year, there is a certain tendency among the general populace of students to COMPLAIN. This is as true for sports as for other aspects of student life at NAIT. But a fact that disturbs me more than just the complaining is WHO does the complaining.

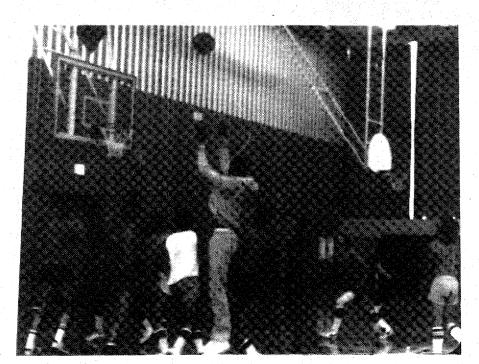
80% of the time it's those people that could DO SOMETHING about the situation, but don't! Now, NAIT is at that stage where team sugnups are taking place. There are posters up advertising for Volleyball, Basket-

ball, Hockey, and other sports.

I also know that there will be those "athletes" that have ability galore but who are just going to sit back, criticize and complain. "Well, here's to you, Superstar: you forfeit your right to

"Well, here's to you, Superstar: you forfeit your right to complain the minute you decide not to do anything about the situation. If you don't want to attempt to give your support, don't attempt to complain either. Stay out of the situation completely!!"

R.K. Snebs



PUT IT UP

FENCING CLUB
ORGANIZATIONAL
MEETING
FOR ANYONE WITH OR
WITHOUT EXPERIENCE
Will be held Oct. 4 in S8
at 5:00 pm.

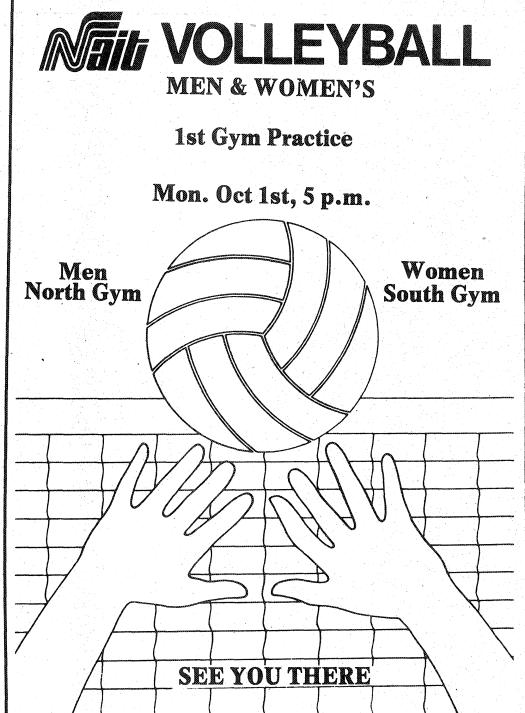
N.A.I.T. POOL SCHEDULE

SCHEDULE MAY CHANGE HOURS DURING THE DAY DUE TO PHYSICAL EDUCATION CLASSES

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 - 7 a.m.		1					
7 - 8 a.m.			MAINTEN.	NCE			
8 - 9 a.m.	t-o-						RENTAL
9 - 10 a.m.		PHY	ICAL EDUCAT	ON CLASSES			CONT. ED
10 - 11 a.m.	RENTALS		AND				SWIMMING
11 - 12 noon		STAFF	STUDENTS -	APPRENTICE ST	UDENTS		CLASSES
12 - 1 p.m.	PUBLIC		RECREATIO:	SWIMMING			REC SWIM
1 - 2 p.m.	FAMILY	PRIVILEGE	CARD HOLDERS	CONT. ED NIG	T STAFF & STUI	ENTS	STAFF
2 - 3 p.m.	SWIM	MON, 4 - 6		MON. 4 - 6.			STUDENTS
3 - 4 p.m.		TUES. 4 - 7		TUES, 4 - 7			AND PRIVILEGE
4 - 5 p.m.		WED. 4 - 7 THURS. 4 - 7		WED. 4 - 7 THURS. 4 - 7			CARD HOLDER:
5 - 6 p.m.	PUBLIC ADULT	FRI. 4 - 6 SAT. 12 - 5		FRI. 4 - 6			
6 - 7 p.m.	SWIMMING	ADULT STAFF					
7 - 8 p.m.	A.V.C.	STUDENT &	CONT. ED.	CONT. ED.	CONT. ED.		RENTALS
8 - 9 p.m.		APPRENTICE	SWIMMING	SWIMMING	SWIMMING	RENTALS	
9 - 10 p.m.		SWIMMING	LESSONS	LESSONS	LESSONS		
10 - 11 p.m.	2	RENTALS	RENTALS	RENTALS		,	
11 - 12 midnigh	d						

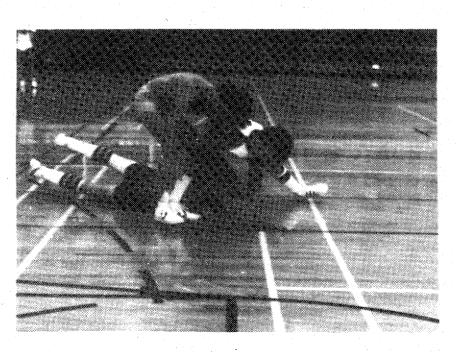
LS 1/31/74 NOTE: STAFF & STUDENTS & PRIVILEGE CARD HOLDERS PLEASE QBTAIN SWIM TAGS FROM BLUE SPORTS DESK.

I.D. CARDS & PRIVILEGE CARD CAN_BE USED ON SUNDAYS ALSO.



Gina Noce **Sports Editor**

nugget sports



PLAY FAIR!

For those students interested in keeping active in a sport this Winter, then, why not give Tennis a try? Coronation Park Indoor Tennis Club, just by Westmount Shopping Centre, is offering N.A.I.T. students the lowest cost indoor Tennis in Edmonton. Right now, the student membership rate is \$70.00 oefore their "Bubble" goes up, which will probably be on Oct. 1st '79. After opening, however, the new rate takes effect at \$80.00/person. The

main advantages of being members are:

1) It entitles you to reduced hourly court fees of \$5.00 per hour per court at regular times; i.e. 8 am - 5 pm N.on -Fri. and 5 pm - 11 pm at Weekends. And, \$7 00/hr per court at prime times; i.e. 5 pm - 11 pm Mon - Fri and 8 am - 5 pm Week-ends.

2) It entitles you to PRE BOOK 6 DAYS IN AD VANCE.

So. if you intend to play

on a regular basis then membership is recommend-However, being nonmembers you can pay \$8.00 & \$10.00/hour per court depending whether it's regular or prime time.

Incidentally, lessons are given so if anyone wants to learn during the Winter you can and you don't have to be a member to take them.

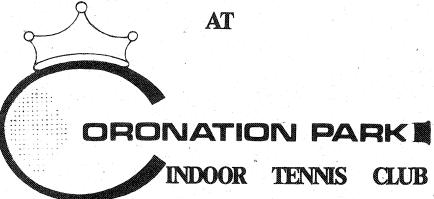
For further information, you can call the club direct at

454-3281.

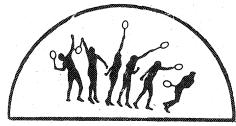
ALL COLLEGE FACULTY

STAFF & STUDENTS PLAY "INDOOR TENNIS" THIS WINTER

(fall - spring)

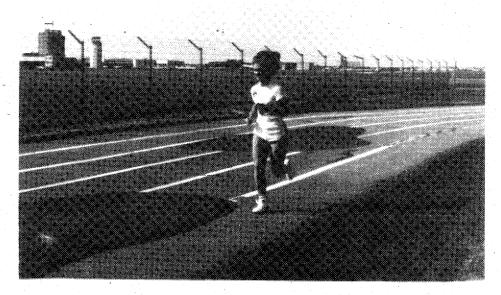


- -- REDUCED MEMBERSHIP PRICES FOR NAIT.
- -- NEW COURT SURFACE
- -- U.S.T.A. PROFESSIONAL
- -- LESSONS (Private & Group;

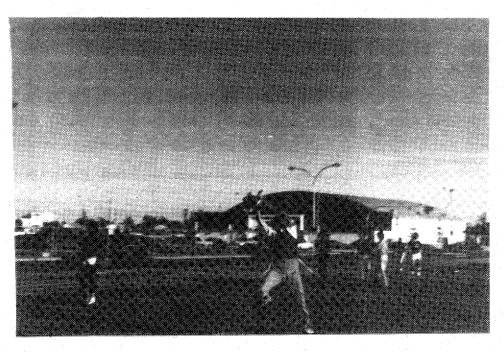


"Don't let the weather get you down Play under the bubble'

FOR INFORMATION PHONE 454-3281



IT'S LONELY TRYING TO STAY FIT



HEY! TIME OUT.



WOMEN'S CYCLE DRAG WINNERS

On Tuesday, Sept. 18, 1979 the Bio-Sci women's cycle drag team were off to a good start and finish, winning the race in 42 minutes 23 seconds, breaking last years record by 17 minutes. Way to go girls! Keep it up!!

With the team consisting of Jacinta Liston, Janice Tomlin, Wendy Power, Jeannette Byrtus, Denise Dombrowski, Diane Weleschul, Diana Kuzyk and Diane Brochu. A good and exhausting time was had by all. Thanks to the opposition for a good race and a fight to the finish.

nonsense & common sense

Need extra money? We want vou for intramural officials. Rate of pay is \$4.30 per hour. Interested people sign up at Student Services office E-134

WOULD LIKE TO MEET:

Fellow Christian to plan a one-month bus/rail trip to Eastern Canada for next June. Should have interest in classical & sacred music. Call 466-1705. Ask for Doug.

KITTENS-

looking for good home. They are affectionate, good with children, trained and have received shots. One male and one female, 8 weeks old. Phone Lorne Cameron at 477-4571 or contact in E206.

4 SALE:

1973 Capri. V6, 2600 c.c., 4 spd standard, AM/FM in dash cassette, Michelin radials, new points, plugs, anti-freeze I valve seals, and circulating block heater. Asking \$1750. Ph 469-7380.

Needed urgently:

Erging virgins. Noon hour and class breaks - pepefitters, Patricia Campus.

30" RANGE FOR SALE:

Kenmore model 49 inches high, white in colour. No chips or dents. W/ automatic oven control, two 8" & two 6" elements, easy clean, rotisserie with automatic control, fluorescent light over tempered glass control panel, 2 outlets - one timed, like new \$225 or best offer. See Gil in Auto stores or phone evening 963-3992.

STEREO SYSTEM

Sony HP-318 in excellent condition. \$400 or best offer. Call P. Johnson evenings at 922-5037 or daytime on grey 450.

WANTED:

Part time cook to prepare evening meals in amens fraternity house. Phone Hutch or Sterling at 433-2838 or leave message.

4 SALE:

1971 Torino 500 (Ford). Metallic blue W/ 302 automatic transmission motor, completely stock, E-T mags, gabriel air shocks, 70 series front tires- (new), 60 series rear tires, 88,000 miles. Asking \$1950. Ph Bob after 6 Played only once. \$5.00. See at 988-5046.

Dear Munch:

Mr. Rourke wants you to fill in for Tatoo while he's on holiday.

Luv 'n Kisses C.S.

MUST SELL:

'69 Olds Cutlass Supreme due to parking/storage problems. (Originally intended to fix it up). 400 cubic in 4 barrel W/ automatic p.b., p.s., p.w., radio, styled wheels, new radial tires, new front brakes and master cylinder. Removable plexiglass sunroof, fenders cut for larger tires, need some work. Open to offers around \$400. Call John at 432-7986.

4 SALE:

1968 Nova. Recently serviced, plugs, points, timing filter, etc. W/ automatic transmission, standard brakes (totally new). In good running condition, needs some body work. Call Sheila at 474-3641.

FOR RENT:

Two bedroom apt, walking distance from school. Rent \$225. Call 455-5616, ask for

To Frank:

I am going to NAIT, but I didn't think you'ld want to go out with one of us freaks from BCET.

Cuddles

1977 Trans Am for sale.

New paint, low mileage, headers, mags, tilt cruise. T/A 6.6, Radial T/A's, deluxe interior and much more. For more info call Don at 483-5419.

BICYCLE COMMUTERS:

Attend a meeting Oct 3, Wednesday at McKernan School, 114 St - 76 Ave at

The purpose is to promote the proper and safe use of bicycles.

MATURE STUDENTS:

Do you need a part-time job? We need consultants for a 100% natural and organic line of sking care products. NUTRI-METICS. Free training. Call Marilyn Belanger at 456-4221.

JOHN PRINE:

"Pink Cadillac". Avery in E212

ATTENTION N.A.I.T. STU¶ HEY BOOTS: **DENTS & STAFF:**

Norwood United Church serves your community... please feel welcome ANYTIME!

Sunday Service at 10:00 am. (Sunday School same time)

Other Activities

Choir, Orchestra, Norwood United Church Action Group, Adult Study and Social Groups.

If you have a question or a concern please call us, PHONE Minister (Rev. G. K. Harrison) 477-6533.

WANTED IMMEDIATELY:

One hunky male weightlifter weighing about 821/2 kg. and about 5 feet 10 inches.

FIDDLE WANTED:

Need to borrow, rent or buy a fiddle. Contact Kerry 1st yr. Commercial Cooking or phone 436-2992

Students are not allowed to use the typewriters of the 5th floor. If you have any typing to be done, ask the secretary in T500 and she'll let you know whether it can be done. Thanks for your cooperation in this matter.

> **Kees Cusveller NAITSA President**

4 SALE:

69 Chevy Nova. 250 - 6 cylinder. Automatic two door. \$700 or best offer. Phone Garry after 6 at 456-4821.

TO GIVE AWAY

Puppy 10 wks old. Phone John 921-3832 evenings or grey 306.

FOR SALE:

780 Holley, vacuum secondaries, just rebuilt, 467-5987, after 5.

TO THE SIK:

Do you still have that pile of junk you call ca car. [You know; that Camaro!]

FOR SALE:

1972 Capri 2600 - V6. Includes 4 speed transmission, 66,000 miles, sunroof. AM/FM cassette deck with 4 Jensen speakers, Munroe air shocks, heavy duty battery, Michelin 'wide X' radials, E7 spoke mags, plus 2 winter studded radials. Asking \$2000. Phone Ian at 452-8754.

PRE-TECH STUDENTS

Need help in math or english& If so, call 428-6792.

How big's the territory?

For Sale: T.I. SR-40. Like new. w/adaptor, batteries, instructions, case & box. Phone Mary-Ann 428-6792.

Spending Christmas in Van-

I am taking a large comfortable cas to Vancouver during the Christmas break. I have room for three people. Leaving Dec 21 and returning Jan 2. Approx cost \$25 return. Ph Al at 479-0511 after 4:30 pm.

TO GIVE AWAY:

2 Scotch Terriers, 1 male, 1 female. Also 2 cats. Contact George at 429-2095

SALLY:

I had a wonderful time last night. But next time do a little less talking and a little more necking.

Unclassified Ads

are printed FREE

to all students and staff.

APT FOR RENT

Bachelor suite. 15 minute walk to NAIT. 10630 - 108 St. apt #302. Monthly rent \$231.

OPEN TO OFFERS:

1978 4 by 4 Ford Bronco 351 C.I.D. Auto, PS, PS, Big skins 11/15, full set of gauges, built-in 40 ch. CB, fold down rear seat, heavy duty trans, swing away mirrors, tow hooks, custom steering wheel. Never off the road. Just over 12,000 miles. Can be seen at 3503 Hillview Cres. (Millwoods) anytime. Call 462-8970.

Nimble Fingers?

If you can type and are interested in earning extra money, place your name on the typing list. You can do this by contacting Kees in the NAITSA office or leaving your name and phone num-

WANTED:

Sunbeam tiger wreckage; partial or complete, or frame parts of same. Ph 489-3075. Ask for Kerry.

TO SHARE:

Looking for 3rd girl to share a nicely furnished townhouse in Londonderry. Close to shopping centre, LRT and on bus route to NAI1. Mature student or teacher preferred. Nonsmoker. Rent \$150 per mo. plus utilities. Phone Liz, 487-0755

STARDUST MUSIC. Music for "ALL" occasions. Ph Scott 459-7274 or Doris 458-2003.

I'm flunking all of my courses. Need a tutor to help me study. Preferably male: I get destracted easily.

4 SALE:

1st & 2nd year Business Admin. textbooks. All in excellent condition. Phone Lawrence, 454-8774.

WANTED:

One long ladder. I'm stuck on the roof of my house and can't get down! Hurry! My address is 13701 - 66 ST.

4 SALE:

One only. Tektronix model 536 Oscilloscope mainframe with manuals [mainframe and plug-in schimatics] C.R.T. and high voltage section in excellent condition. First \$325 takes. Call Leigh at 476-0988.

FOR SALE:

In-dash AM/FM 8-track car stereo. 1 yr old. Offers? Ph 466-3014 after 5:00 pm.

Dear Nugget Staff:

I would like very much to use some of your articles for my paper.

Lou Grant

FOR SALE:

New Stenograph Shorthand machine. Comes complete with carrying case, stand, cleaning kit, supply of paper and instruction book. Asking \$500 or best offer. Phone 466-2892 evenings.

FOR SALE:

Juke Box. Asking \$300. Call Peter between 5 & 7 at 455-5616.

Ride wanted from 97 Ave 110 Street to NAIT classes 9:15 to 5:10. 482-4006.

FOR SALE:

1 single bed and mattress, 1 cot and foam mattress, 1 chesterfield and chair (dark brown). Ph 469-6648 after 5.

MELVIN:

You lied to me, You told me your face looks like that because you got into a fight. .! That doens't explain the tire: tracks on your face. Tell me the truth or else I'll never see you again.

4 SALE:

Chev. Caprice in good condition. Only 64,000 miles W/ new Michelin tires. For more info call 477-4344.

FOR SALE:

Dune Buggy 1200 cc. VW engine. Asking \$1500. Call 433-2029 after six.

TO SHARE:

Girl to share apt. in West End. Contact Pat at 484-9668

FOR RENT:

Room in 2 bdrm house available immediately. West End, 452-7019.

Do you like to sing?

The Kiwanis Club of Edmonton is sponsoring a new "Pop" choir. We need members, male and female,

Rehersals are every Tuesday at 7 pm. in Room 144 Alberta College. No experence necessary. For more information call the Kiwanis office at 488-8511 mornings, or the director, Paula Roberts at 429-0959.

In Excellent Condition

1973 MG midget, 41,000 miles W/ 8 track, AM/FM radio. Asking \$2200. Phone 476-2713 after 5.

Male has 2 brm apt to share. Furnished, colour TV, carpet. 13 Blocks from NAIT on bus route. 1 or 2 people. Ph Ian 428-1690.

Brand new HOLLEY four barrel carburetor for G.M. vehicle. Rated at 450 CFM. Phone Terry at 456-7007.

Would the beautiful girl jogging in the arena please come back.

signed, THE BOYS ON THE RAMP

LOST:

TI 58C calculator in the basement of the Science wing. Please return to Paul Joly, NAITSA office. Reward offered.

UNCLASSIFIED ads are free of charge.

PUT ONE (1) LETTER OR PUNCTUATION MARK IN EACH SPACE, LEAVE A SPACE BETWEEN WORDS. COMPLETED FORM SHOULD BE RETURNED TO THE UNCLASSIFIED BOX OUTSIDE E128, THE NUGGET OFFICE.

NAME:-ADDRESS:--STAFF:----STUDENT:-

