

# Nait Nugget

VOLUME 12 ISSUE 13 Wednesday, December 17, 1980

## Merry Christmas!



# Happy Holidays

Student Newspaper for the Northern Alberta Institute of Technology

The Nugget is published weekly

Excluding editorials, articles published do not necessarily reflect the views and opinions of Nugget staff.

Deadline for all articles is Tuesday at 12 noon.

Grey 423

# the NUGGET

## NUGGET PRODUCTION STAFF

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### A MESSAGE FROM NAIT'S PRESIDENT

The last four months of 1980 have, for most of you as students of NAIT, been a period of some uncertainty, much change, and a great deal of hard work. Campus life for 1981 promises to be just as interesting and just as demanding.

Renovations required to provide better, more up-to-date facilities for students and staff are scheduled to continue throughout the early months of 1981. We hope that major construction work will be completed in time for the registration of classes for the academic year of 1981/82, commencing in September, 1981. When the new 'Cafetorium' opens in January, the main cafeteria will close for renovations. Regrettably, the new facility will accommodate fewer customers, because our plan is to have both the present and the new cafeteria in full operation eventually as a regular practice. I can only ask for your patience with the various building inconveniences and ask that you look to the future for a much improved physical plant.

The potential for change is not restricted to our buildings. The Minister of Advanced Education and Manpower, the Honourable James D. Horsman who visited us last week, announced that he wished to consider forms of governance for NAIT other than the existing one, which is provincial administration. Contrary to the Nugget's account (December 11), incidentally, Mr. Horsman did not propose that NAIT and SAIT be placed under the Colleges Act. He did not propose any particular form of governance. He simply invited the Institute's managers, instructors, support staff, and students to consider the best of our possible options for future governance of NAIT.

If, in any case, the Government decides to convert NAIT to board-governed status, the change to the Institute's nature would be considerable. I was gratified to observe that all three groups who met with the Minister expressed lively interest in the subject.

Finally, I would like to convey to you my hope for 1981. I sincerely wish that all of you will spend a safe and relaxing holiday and return to the Institute with renewed vigor. All of you appreciate, I am sure, the demanding nature of your courses. I wish you every success in your studies in the New Year. Also, I hope that 1981 marks the beginning of a strong school spirit—one that manifests itself in support for a variety of many worthwhile and enjoyable events, such as the NAITSA-sponsored Winter Carnival, Intercollegiate Athletics, Open House, and the Graduation Exercises.

To NAITSA, to the Nugget Staff, and to all other NAIT students, seasons greetings and best wishes for the coming year.

Sincerely,  
S.G. Souch  
President

## Letters

Dear Dental Assistant Ladies:

Glad to see a reaction from someone, we were beginning to think no one loved their Ook anymore.

We'll have to pass on your offer for the time being as the bums finally paid the ransom.

But if you think we're hot now, wait until after you come back for the Christmas break....

Truly,  
The Ooknappers

PS: To Whom It May Concern: The Ook does not shed but he sure leaves a hell of a mess

### WITH APOLOGIES TO FRANCES CHURCH

Dear Editor,

I am 18 years old. Some of my friends in Architectural Technology say there is no Santa Claus. My instructor tells me that, 'if you see it in the Nugget, it's so.' Please tell me the truth, is there a Santa Claus?

Virginia O'Hanlon

Virginia, your friends are wrong. They are affected by the materialism of a material age. They do not believe except to see. They think that nothing can be which cannot be put down on paper. It becomes incomprehensible to their minds if it cannot be drawn. All minds, Virginia, are but reflections of the universe. And in this great universe what a human mind is able to reflect is very little.

Yes, Virginia, there is a Santa Claus. He exists as certainly as nature and spirit

and time do. You know that they abound and give to your life its urge to sing, its desire to dance. Alas! how dreary would be the world if there was no Santa Claus! It would be as dreary as if there were no Virginias. There would be no mystery, no wonder to make joyous this existence. It would be like living in Saskatchewan.

Not believe in Santa Claus! You might as well not believe in Canada. You might hire a bunch of Building Construction Technologists to watch the chimney to see if Santa will come down. They might even tell you that Santa could not make it down. What does that prove? Nobody sees Santa Claus, but there is no evidence that he does not exist.

We are finite creatures and no one can imagine the wonders that are unseen and those that are unseeable in this world.

You can tear apart a living organism to see what makes it tick, what makes it go. But all the strength of mankind would be unable to hold and pin down that elusive spirit which makes living things life. Only faith, poetry and romance can push aside the veil and view the picture of supernal beauty and glory beyond. Is it real? It is the only thing that is eternal in this cold, chaotic universe.

No Santa Claus! Thank God he lives, and he lives forever. A thousand years from now, Virginia, nay ten thousand years from now, he will continue to make glad the innocent heart.

David Schamber  
News Editor

## Sign of the Times

Greg Barrow

Written by Fred Jarvis

"Suppose it were your birthday and all your friends would come

And gather round your fireplace there in your happy home.

They come with smiles and gladness and bring their presents, too.

But when they start to share them, there's not a one for you.

They give them to each other a grand and costly lot.

But for the guest of honor, they somehow just forgot.

You say such things don't happen, nor should it ever be.

It seems too crude and cruel for folks like you and me.

But friend, have you considered just this—is what men do?

Not, of course, to humans, but of our Lord, it's true.

We celebrate His birthday with all our pomp and style;

But give to one another and grieve Him all the while.

'Tis Christ we claim to honor at this glad Christmas time;

Don't spend on friends the dollars and give Him just a dime.

To give to one another indeed is very nice;

But best of all to Jesus, for Him let's sacrifice.

His cause too long has suffered by thoughtless, selfish men.

Let's bring to Christ the firstfruits, and give our best to Him."

May the Lord give us all much joy as we put Him first in

all our song and sharing.

As we approach the threshold of another year, we realize more than ever the importance of friendships.

Serving you has been a pleasure and with warm, sincerity, we say 'thank you,' for your friendship and support.

We hope that your holidays are happy and the new year brings you peace, good cheer, and prosperity.

Your Student Executive

Man always travels along precipices. His truest obligation is to keep his balance.

Jose Ortega Y Gasset

You smash it - and I'll build around it.

John Lennon

You never leave the bus. Nobody ever leaves the bus. The bus may spit you out for a while but nobody ever leaves the bus.

Ken Kesey

### WANDERING FINGERS COMPETITION

Deadline - Jan. 15, 1981  
Prizes Presented Jan. 30, 1981

#### NUGGET

Fiction  
Max. 1000 words

Non-Fiction  
Max. 1500 words

#### PRIZES

for each category

1st prize - \$30 and pen & pencil set  
2nd prize - \$10 and pen & pencil set  
3rd prize - \$10 and pen & pencil set

1. Length is not a factor in judging.
2. Story should have good content as well as good grammar, style and fluency.
3. Subject matter is not judged.
4. Only one prize per person per category.
5. Winning stories will be published in the Nugget (other submissions will be published weekly after that).
6. Submissions should be made to Nugget office (E128) in a sealed envelope. Envelope should be placed either in a suggestion box or to a staff member.

-SUBMISSIONS WILL NOT BE RETURNED.

- Only open to FULL-Time NAIT STUDENTS (NAITSA MEMBERS).

- Judging will be done by a panel of five (5) judges from within NAIT.

- NO NAITSA, YEARBOOK OR NUGGET STAFF MAY ENTER.

Dr.  
Joyce  
Lampard

OPTOMETRIST

TELEPHONE  
474-6237

PARK PLAZA MALL  
No. 11-11840 - 103 STREET  
EDMONTON, ALBERTA T5G 2J2

### FOR SALE

#### EXISTENTIAL VACUUM FILLER

Do you have an empty feeling? Do you feel listless, emotionless? Are you fading into nothingness? Well now with the revolutionary EXISTENTIAL VACUUM FILLER you can refill your spirit, regenerate your feelings and be more visible amongst your friends. This revolutionary device was invented by Dr. I.M. EMPTEE of the Institute of Human Dynamics. This device costs a low \$297.99 (U.S.) For more information contact MCS, Nugget.



## Seasoned Gratings!

# Barnyard Notes

WHO SAID GOD WAS DEAD?

by David Schamber

We all pay homage to free enterprise. Most of us are just layman to this religion, we just bumble along trying to discover its intricacies. The priests of this new religion know how to get the best out of free enterprise, they have studied well its inner workings and are on a personal repore with its god. They know how to capture the spirit of free enterprise and make it work for them. Older religions have lost their gods, but free enterprise has found that underlying reality which gives motion to all things. The truths of free enterprise are now the truths we all follow. They tell us how to behave; explain to us the universe. The cosmology of free enterprise is a simple buy-sell mythology closely akin to the yin-yang of Taoism, but the ethics of the free enterprise system are as strict as any ethical system and as creative.

Free enterprise has added new dimension to the virtues of the older religions. It has fused some of the Pagan virtues to the Christian virtues and orientated the whole system to evolve around the individual. Free enterprise has broken the chains of the old religions which tied the individual to the group and placed him subservient to the group. Now it is the individual who comes first, but it is not a self-centered egotism, but a self-centered identity in a group which flows from this philosophy. The individual does not think of others first, he thinks of himself in relation to others.

The religion of free enterprise still retains the festivals of the old Christian religion. The priests use these festivals to fully develop the ethical character of their followers and also to get into a closer exchange with their god. The festivals are almost like sacraments or initiations into the sphere of the holy one. Christmas is the epitome of this spiritual practice and it is no coincidence it is based on the symbolic birth in the Christian Church. The Christmas season for the free enterprisers is also a birth or a rejuvenation from the fall stagnation.

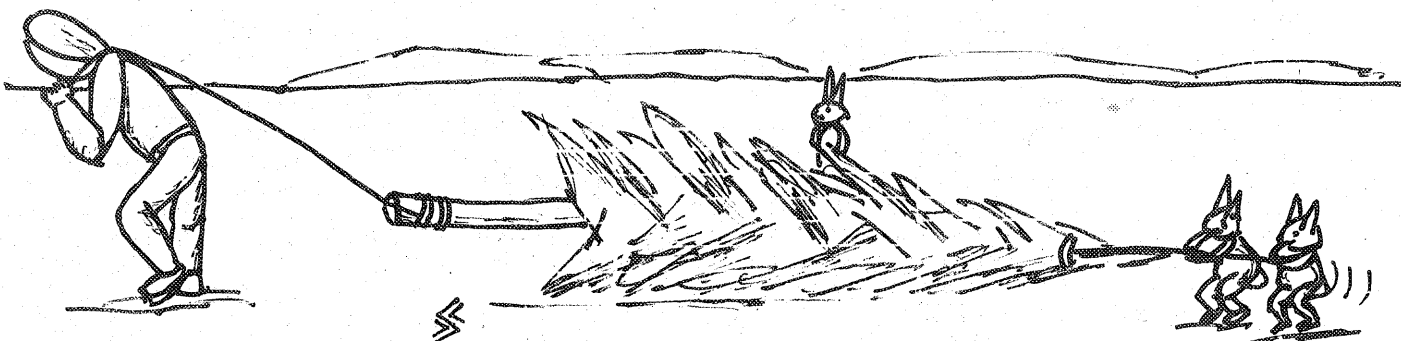
As an outgrowth of Christian religion, the free enterprise religion retains and refines the Christian virtues of faith, hope and charity. Unlike the unrealistic, intangible

assumptions asked of the adherents to the Christian faith, free enterprise asks and shows a tangible way to practice the virtues. Instead of having faith in some salvation down the line, the free enterprise faith practiced at Christmas is a faith in that you will receive gifts. And hope is that you get what you want or need. But one cannot just receive, he has to give. The initial gift had to be given, thus giving is primary. Charity becomes the biggest virtue at Christmas time, give to others, buy gifts for others, buy gifts for yourself. Every person is asked to practice and practice this virtue. Some people do not now how to handle all the energy necessary for giving and continually burn themselves out. That is what separates the layman from the priest. The layman burns himself on this energy, the priest thrives on it. Thus if it is good for the priests, then it follows that what is good for the priests is good for the church.

Of the four pagan virtues, two have been greatly developed and two have been abandoned. Prudence and temperance are for ages when shortages were common and danger lurked around every corner necessitating the use of reason to survive. Today we live in a safe, anonymous world. The person moves fast, never remaining long in one place or with the same people. He is safe because what is behind him does not hurt him. And

similarly with temperance. Temperance has no relevance to a religion that bases itself on mass production. Unlike prudence and temperance, the other two pagan virtues of fortitude and justice are well practised at Christmas. Justice hinges quite closely to the faith, hope and charity scene at Christmas. How good the person was during the year determines what is given to him at Christmas. It is the Santa Syndrome. Fortitude is the one old virtue that is most practised at Christmas. It is the one virtue necessary to get one through the festival. It takes strength to go shopping, of spending the long hours looking for gifts. It takes stamina to exist in hot stores with heavy coats on and then to go outside into the cold and once again back into a hot store. It takes endurance to last through the consumption of all the spirits poured out as one visits with friends.

Free enterprise has added another virtue to its active roster. It is patience. Patience is needed to endure the long line up at the cash register. It is needed to get through the traffic tie ups downtown and the finding of parking spaces in outlying malls. Patience is one quality that keeps the whole system going and not collapsing into a kicking, shoving free-for-all. The stabilizing force in free enterprise is patience. When you serve the individual first, there is bound to be a long line up.



## Origins of Christmas

By David Schamber

What is Christmas? What is the reason for celebrating? Most North Americans approach Christmas as a festive season, a celebration of the birth of Christ. It is a time to sing and dance and drink. But when did this celebration start and why is it celebrated in the manner it is? Its roots stretch far back into the early civilizations and evolved from their festivals. For Christians the Christmas festival is one of the most important in the order of their year.

Not only Christians celebrate at this time, but many other religions have festivals at the same time. The mid-winter celebration is a rejoicing of the return of the sun. It is the end of a decline and the beginning of a rebirth. The sun means much to primitive peoples, to societies based on agriculture and to the life cycle on this planet. That is the origin, the reason for celebrating in mid winter, whether it be Christmas or Hannukah or any other festival. It is a celebration of the sun's long climb back to dominance.

Celebrating the birth of Christ in many ways is a celebration of the returning of the sun. According to Christian doctrine, Christ was born into the world to save man. His was a journey of regenerating life in people. Indeed, he is represented in paintings and frescoes as radiating a divine light. He is the savior just as the sun was the savior to the early peoples of the Mesopotamian area, who began agriculture some 5000 years ago. They held mid winter festivals to celebrate the return of the sun, the beginning of a new cycle. These festivals evolved throughout the area and developed into the 'Saturnalia' of the Roman World. The early Christian Church took over the pagan celebrations and orientated the festival to their own ends. But the underlying spirit did not change, it was still one of rebirth and fertility.

The earliest conceptualization of the sun was to make it a good god, a god that smiled upon its people and gave them life. The sun and life came to symbolize the good, the rational, our-selves. In opposition to the light, darkness was viewed as the bad, the irrational and our enemies. Its real importance to man came in the changeover from hunter/gatherer societies to agriculture where a dependence upon the growing cycles was more pronounced. The early hunters were nomads who travelled in search of food. When they came to settle down the importance of the sun to their growing season made the sun one of the more important gods. These peoples lived close to the soil and when the sun was at the lowest, was the time when sympathetic magic and ritual were called upon to guarantee the return of light and growth.

The religions of man separated the sun from the earth, calling the sun, Father Sun and the earth, Mother Earth. Mother Earth gave fruit and abundance, but it was Father Sun who provided the energy, the beginnings. Some societies orientated their religions around Mother Earth while other paid homage to Father Sun. The early Babylonians made the sun an important god naming him Shamash. The Syrian sun god was called Elagabal. The Greeks called the sun Helios or Apollo. The Romans who borrowed much of their mythology from the Greeks, also borrowed from a Persian religion, Mithraism, which had

made the sun a focal point of their year. Mithra, was closely associated with the sun being his constant companion. Mithra was originally worshipped by the Indian and Iranian races back when they were still similar peoples. In Vedic Hymns, Mithra was coupled with a sky god and his representation was of heavenly light. Mithraism, when introduced into Rome was taken up by many of the emperors and promoted as a state religion. They called Mithra, Sol Invictus, the unconquerable sun.

There is no evidence to suggest that Christ was born on December 25. It was known that the date was the 25th, but the month was open to question. For three hundred years after the death of Christ, the Christians lived under the influence of the pagan religions of Rome. By the time they came to dominance, the date of Christ's birth had to be set arbitrarily. The Eastern Christians had no date preferring a moveable date fixed by means of the moon. The Western Christians had a date, the 25th, but no month. It is no coincidence that December 25 was chosen. It coincided with the Mithraic celebration of the 'unconquered sun.' December 25 had been the date celebrated as the birth of Mithra. Mithra, like Christ, was also an intermediary god, a god who went between man and the supreme entity. At that time in the development of Christian influence, Mithraism was the last pagan religion Christianity had to defeat. By choosing December 25, Christian Fathers not only hoped to overcome the Mithraic religion but it also put the conception of Christ at the vernal equinox coinciding with spring festivals. Christmas was not simply pulled out of a hat. It was a refining and reworking of the traditional mid winter celebration used to Christian ends. And though the symbols of Christmas have Christian meaning, their origin, their spirit resides back in the pagan religions they succeeded.

In the Roman era a great festival of the Roman year and celebrated just before the winter solstice was the 'Saturnalia.' It was in honor of Saturn, the god of seed. The Roman Saturnalia was set from December 17 to 19 during the Augustan age, but the popular festival lasted up to seven days. During the Saturnalia business was not allowed and singing and drinking was encouraged. Drink came from the fermentation of seed. Drink had a magical quality to it for it had the power to stimulate, transform and subdue man. Drink is still important at Christmas, but technology has taken away the mystery to it. During the Saturnalia an exchange of gifts occurred, especially to the poor. The exchange of gifts was done for the purpose of producing a 'union' between the parties. There was a much more sympathetic identification with objects, the object was an extension of the self and thus by exchanging a gift with someone else it worked to tear down the taboos between the two. The exchanging was also a symbolization of the end of the old and a beginning of a new life. The exchange of gifts, resulting in the union of the two acted as a lull, a brief stasis period before starting a new life.

During the Saturnalia festival an inversion of rank occurred. Slaves would take the place of the master and

the master would do the slaves bidding. A new order order into play. But the inversion of rank has more meaning than a new order, it is a symbol of rebirth. In the ancient festivals of Persia a mock king was substituted and ruled in place of the real king. After the festival he was killed. The festivals were viewed as dynamic times when the forces of bad were out to do the king harm. By substituting a fake king it was hoped that the real king would go unscathed through this time. The real king was ensuring his survival. In Roman times the inversion of rank played the same kind of meaning. By being someone else for a short time he prolonged his own life. By identifying, by sympathizing with the poor and down-trodden at Christmas time one ensures his own growth through the coming year.

The return of the sun means that life will grow and flourish once again. Fertility becomes an underlying theme to any celebration of this return. We use the fir tree at Christmas time because it is a symbol of constant growth. Its green reminds us of the days ahead when the world will burst forth again into life. The Norse god, Odin, had a sacred oak which is very symbolic of generation, a large protective tree growing from a small seed. Ancient pictures of Mithra show him holding a fir bough in his hand. The evergreen is especially symbolic of fertility but other plants we use at Christmas were symbols of fertility to the pagans. Holly, with its white flowers, its red berries and prickling leaves was symbolic of the male reproductive urge. Ivy was the counterpart, it entwines and embraces and was viewed as female. To these two plants we also have Mistletoe and in ancient European times it was viewed as a symbol of the sun, as a bestower of life. It was regarded as an aphrodisiac and a protector from disease and poison.

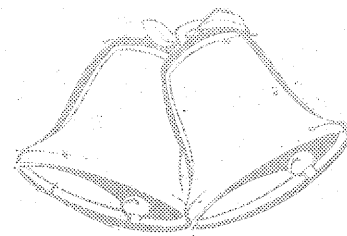
Today technology has glazed over our dependence on the sun. Our waking cycle does not depend on the sun. We go to bed when we want. The heat of the sun is ignored, we tap into the heat of the technological age. It is more constant than the sun. But we cannot ignore the sun. Man can plot his own course, but the world of life follows the sun. The winter solstice is the bottom, light has done battle with the forces of dark was victorious and is now coming back. It is a time to rejoice in this victory. Life will continue on. The midwinter celebration is a celebration of life and of optimism.

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# Entertainment



## CABARET

Mo & Connie

The ALCB inspectors who stand by ready to snatch up NAIT's liquor license for cabarets should've been at the Electrical and Court Reporting cabaret at the St. Albert Parish Hall on Friday.

December 12. Those who attended managed to have a good time without getting thoroughly intoxicated and excessively rowdy. 'Big Shot' was instrumental in making the evening a success. They played a

variety of music including Fleetwood Mac, the Eagles, Diana Ross, some old rock tunes such as Splish Splash and a few popular Beatles songs. They also improvised on a few requests. The crowd was offered the opportunity to polka, waltz and jive to their heart's content and everyone did just that. All things considered, the cabaret was a success.

by Gene Thiel

The time to meet, eat, and pickle. With this in mind and not in memory, I thought I'd mention some upcoming activities for next year.

The first pickling event,

after an inebriating New Year's weekend is a Pub-time, featuring Fox Glove. This all happens on January 9. On January 23 Hot Sauce might be playing at another pubtime.

Then on the week of January 26 - 30, it's the time to participate and support your raving beauty in Queen Week. This is the time to show the school how good your tech. is. Monday the 26th, opens with a bathtub race. On Tuesday, you can break your back in the pyramid building contest and see how fast you can go in the chair races. The

moment you've all been waiting for, the fashion show. This is on Wednesday followed by the Queen's Tea. Now the question will be answered during the skit contest on Thursday. Now the question is are they hams or actors and actresses. This question will be answered during the skit contest on Thursday. Later Thursday afternoon, there will be the Ice Sculpture contest. Friday there will be the voting. In the evening, there will be the Queen's Ball. The bank will be Better Day at the 700 Wing. Later on, Friday 13, there will be a Red Barn featuring

## WINTER NOTES

TORONTO 46 Canadian performing arts organizations will share in \$316,000 in grants awarded during the annual meeting of the De Maurier Council for the Performing Arts, held in Toronto over the past weekend. Groups slated to receive funding for projects scheduled during the 1981-82 performing season are:

ALBERTA	
Calgary Philharmonic Society, Calgary	\$10,000
The Citadel Theatre, Edmonton	\$4,000
Lethbridge Symphony Association, Lethbridge	\$3,000
Southern Alberta Opera Association, Calgary	\$4,000
Theatre Calgary,	

## QUICK AND EASY

Here's a neat way to make some decorations for your home without putting out a lot of money. If you can make dough, you can make these.

### DOUGH LETTERING

Here's the way to personalize your Christmas gifts. For Ray roll out long snakes of dough to the approximate thickness of a breadstick. Then lay them on foil and form into the letters of the name. Or, for Carl make letters from twisted or braided snakes of dough. For Me & You, use balls of dough combined to spell out the name. For all the above, use water to attach pieces to one another. Bake, then varnish when cool.

### SANTA CLAUS CENTER PIECE

1. Do your work on a cookie sheet, using a foil ball about the size of a baseball for the body form. Then add a smaller foil ball for the head, securing pieces together with toothpicks.
2. Place the larger ball on a circle of dough. Fold the dough up around the sides of the ball so that the pieces stand upright on the cookie sheet. Then completely cover the foil balls with dough, smoothing the pieces with your dampened hands.
3. Shape two dough balls for boots. Next, attach a snake of dough down the front of your sculpture for the 'fur trim.' Another dough snake placed at the bottom of the

figure forms the rest of Santa's 'fur.'

4. Then attach two thick dough snakes for arms; balls for hands; and smaller snakes for fingers. Make buttons of four tiny dough balls.
5. For Santa's hat, roll out two small triangles of dough, pressing them together at the sides, then attaching the entire hat to the head.
6. Use a toothpick to make the mouth. Two small dough balls form the cheeks; a teardrop shape for the nose; with two little strips for the eyebrows.
7. Layers of small dough balls pricked in the center to help them stay in place, form the hair and beard.
8. Roll out dough on a piece of burlap or other rough fabric to achieve the texture for Santa's bag. Wrap this textured dough around a large ball of aluminum foil, then attach the bag to the body introduction: Santa Claus! with water. Build up the sides of bag, allowing it to fold if necessary. (Moisten pieces with water to bond.)
9. Place in a 325 degree oven and bake 4 - 5 hours until it's completely hard. Paint when cool, with acrylic or poster paints. To retain its texture, dilute paint for Santa's bag. Finish with shellac or varnish. Then fill Saint Nick's bag with candies or other nice things.

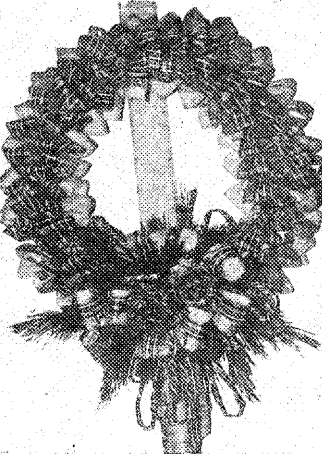
### NATIVITY SCENE

1. To make the human figures, roll out a portion of dough to about 1/2" THICK. Cut one edge straight with a knife. Then wrap the dough around a jumbo wire hair roller (with the brush removed).
2. Use a ball of dough for the head, and secure to the body. Next, form a dough band for the headcovering. Use your fingers to make the beard, then make hair-like impressions with a toothpick, and attach beard to the face.
3. For The Wise Men, form additional dough into crowns, then decorate them with nail or screw impressions. Hands are two small balls of dough with knife indentations for fingers.

4. Make the camel by wrapping rolled-out dough around a wire hair roller (with brush removed), lying it on its side on the cookie sheet. Twist a piece of foil into an 'S' shape and insert it into one end of the roller to form the head and neck. Build up the hump and bent legs by adding small pieces of dough. Use a toothpick to form the mouth and to poke holes on either side of the nose for nostrils. Tear-shaped pieces form the ears; small dough balls the eyes; with a thin coil down the rear of the camel for the tail.
5. Lambs are 2" long oblongs of dough. Pinch a ball of dough to shape the head with little dough balls for eyes, and tear-drop shapes for ears. For wool attach small balls of dough to the body, poking each with a toothpick to secure it in place (For all figures, moisten pieces with water to bond.)

with fingers, spread loop and bring one thickness over the chenille stem. Push a pin from inside of the loop through the ribbon and into the foam wreath. This holds the loop in place and hides the chenille stem. Continue this method around the wreath. Place each piece of ribbon so the edges of the loops touch. Do not overlap! It will take 16 pieces of ribbon for this outside row. For the inside row, place ribbon so the loops touch the loops of the first row and the tail ends point towards the center of the wreath. Attach as before. Remember to use the straight pins. Place small flowers around your ribbon wreath as desired. Bend a chenille stem piece into a 'U' and insert in foam at back for a hanger.

This collection of articles taken from the 1980 issue of Quick 'n Easy Christmas Ideas magazine.



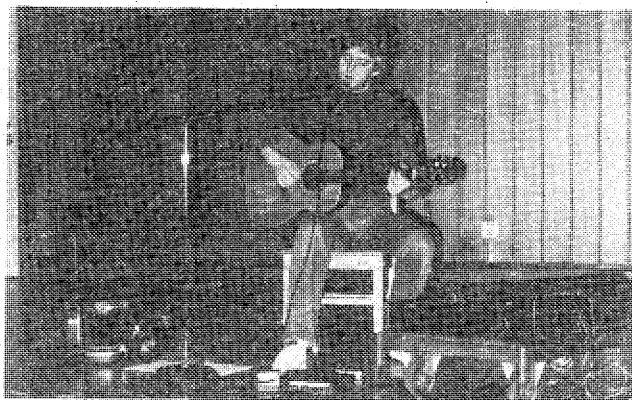
### FLORAL RIBBON WREATH

Materials:  
12 inch beveled foam wreath  
10 yards # 40 ribbon  
10 chenille stems  
small flowers  
straight pins (long)

Cut the chenille stems into 3" lengths. Cut all the ribbon into 12" lengths. Fold a 12" piece of ribbon, right side out and cut ends even. Fold lengthwise again. Cut from selvage edge to fold on 45-degree angle. This makes an inverted 'V' at ribbon edges.

Keep ribbon folded the first way and gather at center--- that is, 3" from each end. Now wrap a chenille stem piece around the gathers and

## WHERE WERE YOU



by Barry Dmitri

Once every month NAITSA sponsors a feature artist who plays either in the Little Theatre, H-5, or elsewhere in the institute. These people are brought in for the students benefit and no one else. These people are people who come here to entertain you, the student body, not to play to a handful of people. These artists play during common hour, once every month.

Information is posted in the hallway as well as in the Nugget. Last week was a good example of student apathy as 8 people showed up to listed to Pete

Pinnocchio, who entertained those there with a good variety of music. Those who were there enjoyed his music immensely, but only a few were there to enjoy. For the artist to enjoy himself, he needs more than 8 people to show up and listen. Put yourself in his shoes, would you like to perform to nobody?

The cost is the main thing that really is amazing; IT'S FREE! So I hope when the next artist comes in January, a few more of you come out and listen. It's free and entertaining. Very entertaining.

## IN THE GROOVE



Donnie Iris  
Back on the Streets

By Gene Thiel

This album is almost unique. It focuses on vocals. The vocals are varied and maintain your interest. The vocals cannot be compared but if you have to you can compare them to Styx, 10CC, Bob Seger, Alice Cooper and Moody Blues. The music contains interesting music with a rock beat. The rock beat is of a new wave style, with excellent drums, guitar, and saxophone.

Besides excellent and varied vocals, the lyrics become of interest. The music and vocals put the necessary emphasis on the lyrics.

The lyrics themselves,

seem to keep a meaning on life. Donnie Iris mentions some of the misfortunes of love, but there seems to be, yet a bigger meaning. Back in the Streets alludes to jail life. He has a song called the 'Shack Treatment', so there could some reference to the cell life. There also seems to be reference to before and after. As a result he wants to prove something. He mentions some things in more than one song.

The album is different, and has excellent sound quality. The vocals are the strong point to listen for.

Courtesy of Mister Sound Kingsway Garden Mall



# HOT GROG

1 bottle dry red wine (the cheapo stuff)  
1 orange, sliced  
1 lemon, sliced (or some lemon juice instead)  
1 lg spoonful of honey  
Some or all of the following spices: cloves  
cinnamon  
nutmeg  
aniseed  
cardamom  
fennel seed  
Pour the wine into a large saucepan. Add the sliced orange, lemon and honey. Using a small scrap of clean cloth, shake some of each spice in the middle (no more than 1/4 teaspoon or each) and then draw the edges together to make a little bit. Tie off the end with a twist-tie or some tightly wound thread, and fling the little spice bag into the pot. Cook everything over low heat for about two hours. The longer you cook it, the more spices will permeate into the grog.  
Remove and discard the orange and spice bag before serving.  
Hot grog is an excellent 'warm-up' drink, for chilly carolers and shivering skiers. It's even portable (Use a good thermos) for hot refreshment on the trail.

# JEANIE'S ANTIPASTO

3 cans drained tuna  
1 jar olives (green or black)  
1 jar sweet mixed pickles, chopped  
1 jar sweek pickled onions  
11 oz bottle ketchup  
11 oz bottle chili sauce  
3 tablespoons worchester-shire sauce  
1 can button mushrooms  
Chop, dice and slice everything to about the same size and mix it all together in a large bowl. I avoid adding all the pickle juices, though, as this makes it too watery. Antipasto is best enjoyed on top of any kind of crackers. Just keep a small serving spoon in the dish so your crowd can self-serve.  
Refridgerate when not in

use. It keeps well through,

use. It keeps well though, because everything gets pickled.

# MINIATURE NUT FILLED PASTRIES

2 1/2 cups unsifted flour  
1 cup corn oil margarine  
2 egg yolks, slightly beaten  
1/2 cup dairy sour cream  
2 cups ground pecans or walnuts  
2/3 cup dark corn syrup  
Confectioners sugar

In large bowl place flour. With pastry blender or two knives cut in margarine until coarse crumbs form. Stir in egg yolks and sour cream until well mixed. Turn onto floured surface; knead until smooth. Chill dough 20 minutes. Stir together nuts and corn syrup; set aside. Divide dough in half. Roll out half of dough to 1/8-inch thickness. Cut dough into 2-inch squares. Put 1/2 teaspoon nut filling diagonally across square. Bring up unfilled corners of pastry to meet in center over filling. Pinch corners together firmly to secure. Place on greased cookie sheet. Bake in 400 degree 'F' oven 12 minutes or until edges are lightly browned. Cool. Sprinkle with confectioners sugar. Makes 8 dozen. Note: Cookies store well.

# LOLLIPOPS

2 cups sugar  
1 cup light corn syrup  
1/2 cup water  
11 1/2 teaspoons peppermint, spearmint, lemon or orange extract  
food color

In heavy 2-quart saucepan stir together sugar, corn syrup and water. Cook over medium heat, stirring constantly, until mixture boils. Continue cooking, without stirring, until temperature reaches 300 degrees F on candy thermometer or until small amount of mixture dropped into very cold water

separates into threads which are hard and brittle. Cool slightly. Stir in flavor and color just enough to mix. Place 42 lollipop sticks, 4 inches apart on greased baking sheets or foil. Drop candy mixture from tip of teaspoon over one end of each stick to form 2-inch disc. (If mixture hardens before all lollipops are made stir over low heat just until mixture is melted.: Makes 42.

# SCOTCH SHORTBREAD

1 1/2 cups sifted cake flour  
1/4 cup corn starch  
1/2 cup butter  
1/3 cup sugar

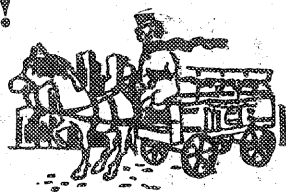
Sift together cake flour and corn starch. In large bowl beat together butter and sugar until light and fluffy. Add dry ingredients gradually until dough is stiff enough to work with hands. Knead in remaining dry ingredients until well mixed and dough forms a ball. Shape into a round cake (about 7 inches) on a cookie sheet. Score almost through with knife and pierce with a fork. Edges may be fluted or pressed with the tines of fork, if desired. Bake in 325 degree F oven 15 minutes; reduce heat to 275 degrees F and continue baking 30 minutes. Sprinkle with sugar; let cool about 5 minutes before baking 30 minutes. Sprinkle with sugar; let cool about 5 minutes.

When thoroughly cool wrap in waxed paper and store in refrigerator or air tight con-



# HAVING A PARTY!

CUBED, CRUSHED  
50 lb. & 25 lb. PARTY ICE BAGS



\*Liquor dispenser rental  
\*Bartenders  
\*Free delivery on large & small orders  
\*Ice sculptures, large, medium & small  
\*Special Offer! Case of any glasses & plates etc. at Wholesale Price

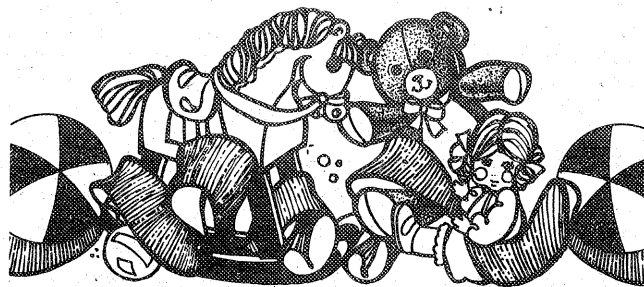
\*Beer pitchers  
\*Decorations  
\*Plastic wine, beer & liquor glasses  
\*Beer & liquor tickets  
\*Plates, napkins, tablecovers, etc.  
\*Beer & wine ice tubs for rent

# THE ICE PEDLAR

12136-121A St. Edmonton, Alberta Phone 455-6276



# HOLIDAY HOUSE



# MATERIALS:

2 rolls refrigerated sugar slice and bake cookies  
Red tinted sugar  
3--15.4 oz. packages vanilla frosting mix or 6 to 8 cups homemade butter cream frosting.  
Pressurized cake and cookie decorators (red and green) or decorating cone or pastry tube and tips and tinted frosting  
Cardboard box with top flaps (approximately 9" x 12" x 9")  
Heavy cardboard for roof (approximately 14" x 15")  
Masking tape

# FIRST BAKE THE COOKIES:

1. For Roof Shingles: Slice one roll of the cookie dough into 50 slices (less than 1/4 inch thick); sprinkle each with red sugar. Bake at 350 degrees for 8 to 10 minutes until light golden brown around edge.(Do not over-bake.) Cool on rack.  
2. For Wall Bricks: Slice 28 1/4 inch slices from second roll of cookie dough. (Refrigerate rest of dough.) Cut each slice in half. Bake at 350 degrees for 8 to 10 minutes until light brown around edges. (Do not over-bake.) Cool on rack.  
3. For Front of House Decorations: Slice remaining cookie dough into 1/4 inch slices. Santa-- Use two slices Cut narrow strip from two sides of one slice, forming a angle. Place triangle over one edge of whole slice for

Santa's hat. Use two narrow strips for moustache. Add chocolate chip eyes and candy mouth. Bake and cool

on rack. Frost hat and moustache with vanilla frosting, using a decorator tip, if desired. Sprinkle hat with red sugar.

Angel--Use one and a quarter slice. Cut narrow strip from two sides of full slice to form triangular body.

Place cut-off strips at sides for wings. Roll 1/4 slice into ball for head. Place at top of triangle and add candy eyes. Bake and cool on rack. Out line body and wings with decorator writing tip.

# THEN MAKE THE HOUSE

1. Cut the two longer flaps from box(reverse one for the chimney and the other for reinforcing.) Shape shorter flaps into triangles, cutting from top center of flap to corners of box, to form peak at front and back of house. Reinforce triangles on the inside by taping cardboard over the flap fold. Fold 14" x 15" piece of cardboard in half to form roof. Tie securely to house. From reserved flap, form and tape chimney, cutting bottom at same angles as roof. Tape to roof.

# TO DECORATE THE HOUSE

Prepare vanilla frosting according to package directions. (Keep frosting covered as you work.) Spread frosting over sides of chimney. With red cake and cookie decorator, pipe on lines of frosting, using small writing tip, to resemble bricks. Spoon vanilla frosting around top of chimney to resemble snow.

2. Spread a thick layer of vanilla frosting over sides and back of house. Press cookie 'bricks' securely into frosting.

3. Spread vanilla frosting over roof. Starting at the bottom, arrange a row of red sugared cookie 'shingles.' Overlap remaining shingles in rows to cover roof. carefully press cookies into frosting to secure.)

4. Spread frosting over front of house. With leaf tip and green cake and cookie decorator, make door and shrubs. With small writing tip make window. Arrange decorated cookies on front. Press into frosting to secure.

5. Spoon remaining vanilla frosting on peak and around edge of roof to resemble snow. (If frosting becomes too stiff add a few drops of warm water.)

If you want to try something different, cook some gingerbread in a long pan. Make sure that the bread isn't more than 1/2 to 3/4" thick.

Cut four pieces of identical proportions for the walls of the house. Then mix a thick sugar and water mixture, or use the frosting that you will use for the decorations, but make it thicker. Connect the walls together with this mixture and support them until they are dry. Do the same thing with the roof. Then add your decorations.

# AT THE MOVIES

# SEEMS LIKE OLD TIMES

By 'Flash Zamba

I went to this movie drooling in anticipation of seeing Chevy Chase (hopefully without his shirt). I wasn't disappointed. And for those of you who yearn to see more of Goldie Hawn, well you won't be disappointed either. However, it's hard to please everyone. Seems Like Old Times is your typical Neil Simon romantic comedy. Nothing more. It doesn't have a whole lot of intellectual appeal and nor does it have a heavy message to deliver. But it is good escape stuff and at times, delightful

fun. Chevy Chase (yum!) plays a clumsy but likable character named Nick who is forced to rob a bank by two social degenerates. The news of the robbery reaches the newly-appointed District Attorney who happens to be Goldie Hawn's second husband. (Nick was her first). Goldie plays a cursading, help-the-underdog lawyer and ends up as the only one Nick can turn to for help in clearing his name. And so it goes. There are

sub-plots and cross-plots and plenty of action. Seems Like Old Times moves along at quite a clip. I wouldn't say that any of the performances given here are of the oscar-winning calibre. In fact, in almost every movie I've seen them in (together or alone) Goldie Hawn and Chevy Chase play the same types of sweet, lovable characters (that some of us enjoy seeing again and again). They are comedy actors and if you liked them before, you'll enjoy them in Seems Like Old Times.





## T'was the night before Xmas



'T'WAS THE NIGHT BEFORE XMAS  
AND ALL THROUGH THE HOUSE,  
THERE WERE BOTTLES 'N BUTTS  
LEFT AROUND BY SOME LOUSE.

AND THE BEST FIFTH I'D HIDDEN  
BY THE CHIMNEY WITH CARE  
HAD BEEN SNATCHED BY SOME BUM,  
WHO'D FOUND IT RIGHT THERE.

MY PALS, GUYS'N GALS, HAD  
BEEN POURED IN THEIR BEDS,  
TO WAKE IN THE MORNING  
WITH HUNG OVER HEADS

MY MOUTH, FULL OF COTTON  
DROPPED DOWN WITH A SNAP  
BECAUSE I WAS DYING  
FOR ONE WEE NITE CAP.

WHEN THRU THE SOUTH WINDOW  
THERE CAME SUCH A YELL,  
I SPRANG TO MY FEET TO SEE  
WHAT THE HELL....

AND WHAT TO MY BLOODSHOT  
EYES SHOULD I SEE  
BUT EIGHT DRUNKEN REINDEER  
CAUGHT IN A TREE.

WAY 'MONGST THE BRANCHES,  
WAS A MAN WITH A SLEIGH  
I SAW IT WAS SANTA  
QUITE OILED AND GAY.

STAGGERING NEARER THOSE EIGHT  
REINDEER CAME,  
WHILE HE HICCUPED AND BELCHED  
AND CALLED THEM BY NAME:

"ON WHISKEY! ON VODKA!  
WE AINT' GOT ALL NIGHT!  
YOU TOO, GIN AND BRANDY  
NOW ALL DO IT RIGHT!

CLAMBER UP ON THE ROOF  
GET THE HELL OFF THIS WALL,  
GET GOING YOU RUMMIES!!  
WE'VE STILL GOT A LONG HAUL!"

SO UP ON THE ROOF WENT  
THE REINDEER AND SLEIGH  
BUT A TREE BRANCH HIT SANTA  
BEFORE HE COULD SWAY.

AND THEN TO MY EARS LIKE  
THE ROLL OF A BARREL,  
A HELL OF A NOISE THAT WAS  
NO CHRISTMAS CAROL.

SO I PULLED IN MY HEAD  
AND COCKED A SHARP EAR  
DOWN THE CHIMNEY HE PLUNGED  
LANDING SMACK ON HIS REAR.

HE WAS DRESSED ALL IN RED  
AND WHITE FUR FOR A TRIM,  
THE WAY SANTA SWAYED  
HE WAS TANKED TO THE BRIM.

THE SACK ON HIS BACK HELD  
NOTHING BUT BOOZE  
AND THE BREATH THAT HE BLEW  
ALMOST PUT ME TO SNOOZE.

HE WAS BOTH PLUMP AND CHUBBY  
AND TRIED TO STAND RIGHT,  
BUT HE DIDN'T FOOL ME  
HE WAS HIGH AS A KITE!

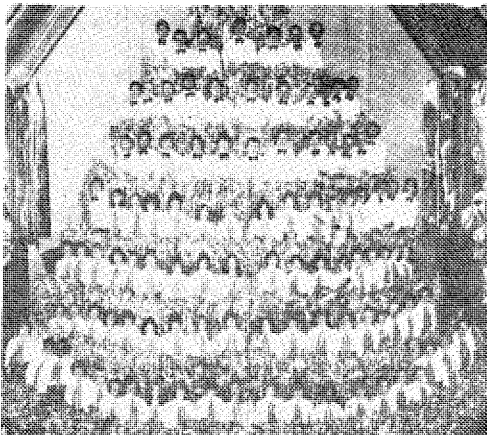
HE SPOKE NOT A WORD  
BUT WENT STRAIGHT TO WORK  
AND MISSED HALF THE STOCKINGS,  
THE PLASTERED OLD JERK.

THEN PUTTING HIS THUMB  
TO THE END OF HIS NOSE  
HE FLUTTERED HIS FINGER'S  
AS HE QUOTED PROSE.

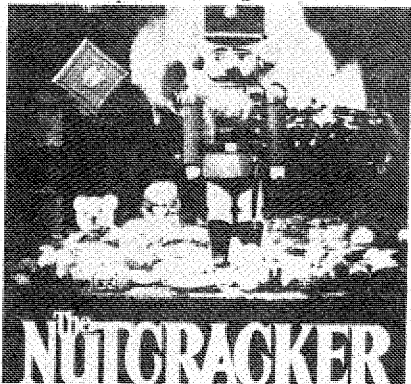
A SPRING FOR HIS SLEIGH  
AT SO HASTY A PACE,  
TRIPPED HIM UP ON A SHINGLE  
AND HE FELL ON HIS FACE.

BUT I HEARD HIM BURP BACK  
AS HE PASSED OUT OF SIGHT,  
MERRY MERRY CHRISTMAS, YOU LUSH,  
NOW REALLY GET TIGHT!

## COMING UP



If you really want to get into the Christmas spirit, go down to the Central Pentecostal Tabernacle and watch the Singing Christmas Tree on Dec. 20, 21, and 22. On Saturday the show begins at 8:00 PM. On Sunday the show begins at both 4:00 PM and at 8:00 PM. Admission is free, so go down and see the Singing Christmas Tree if you get a chance. You won't regret it.



The Nutcracker is back in town. The Alberta Ballet Company is putting on the annual Christmas production on Monday, December 29 at 8:00 PM and on Tuesday, December 30 at 8:00 PM also. All performances are in the Jubilee Auditorium. You can't miss this performance, believe me, you'll never forget it. This is one of the best ballet productions around. Get your tickets at the Bay ticket wickets.

## WHO SAYS THERE'S NO SANTA CLAUS?

You think you got it bad? All night long, soot in the chimneys, smelly socks, cross dogs, shot at, mistaken for a stork driving all night in the snow, damn near got killed by a 747, Mrs. Claus is pissed off, I got in so late. AND THAT ISN'T ALL!! Donner & Blitzen and Rudolf got the shifts over Ontario and you should see my suit. The damn elves won't clear the sleigh unless I pay them double time.

I am so sick of cookies and mild I could vomit. The only highball I had all night is when I slipped getting out of the sleigh. My prostate is giving me hell, pissed my pants at 20,000 feet and froze to the seat. Allergic to pine needles, I itch all over. I think my hemorrhoids are back. HO! HO! HO! MERRY CHRISTMAS, YOUR ASS!!!

## Helpful Hints

T'is the season to be jolly, but most people aren't jolly when it comes to Xmas shopping. Most shopping centers in Edmonton are open to 9:00 o'clock every week night, so you should get started soon because there is only a little over a week before the big day. Whatever you do--don't go shopping on the Friday night or on a Saturday, if you can help it. You'll just get caught up in endless lines up to the cashier. go shopping on either Monday or Tuesday night. On these nights you won't have to push through the crowds to the cashier there will be sales in most stores up to Christmas so shop around. Find the item you want at the best price. Chances are that if you buy a particular item in one store, you will see the same item in another, at a cheaper price. If you don't feel like driving all around town looking, simply pick up the phone and find out if the store has that item, what it's price is, and ask them if they can hold until you can come down. Most stores are willing to hold an item for a limited time period. Most kids are really bored with the idea of getting socks, mitts, and PJ's for Xmas--so why not get them something that they will enjoy--I mean, isn't that what Xmas is all about, to enjoy yourselves during the holiday season. Get them a pair of skates, a game or toy, There is a second hand toy shop at 2920 Parsons that sells new looking toys at

a reasonable price. For adults, go to the hobby shop for stocking stuffers. There are some great joke presents there. If your friend or relative doesn't have a sport or hobby, try getting them a game like Simon, which is great at parties, or if they like Dominos buy them Triominos, which is a three sided Dominos game. If nothing else, you could always buy them a beer mug, with a little Canadian beer to fill it. That would please any one. If your friend is a student, how about a calculator? The NAIT book store is selling them at a reasonable price. I think people are really bored with perfume, ties, and socks for Xmas. Look around for something different and useful. Ski goggles, hockey stick, a chest set, backgammon, there are thousands of neat ideas, all you have to do is go out and find them. If you have to send a gift away, and you don't know what to get them, most food stores carry gifts of food, nuts, and jam, wrapped and ready to go. These gifts are fairly inexpensive and easy to send away. I find that if I make a list of what I'm getting for everyone, I get my shopping done a lot faster. There is nothing wrong with asking people what they want for Xmas. They are probably wondering about the same thing for you. If you don't want to ask them, ask a relative what your friends would like for Xmas. If you have tried everything, and you don't

know what to get a friend for Xmas, you can always get them a gift certificate and they can pick out what they want for themselves. It's not a good idea to buy clothes if you don't know the size, more often than not, the clothing won't fit, or they won't like it and they will have to return it. If you are buying clothes for children, always get it at least one size larger than they take now. Kids grow so fast they will fit into it in no time at all.

When you are done your shopping, and it comes down to wrapping them, stay away from the small shops for wrapping paper. You will find that the larger stores have better deals on paper and ribbons. I know how broke most students are. Well you'll have two weeks to recover from the shopping and the partying and then back to school. Have a great Xmas, and enjoy it while it lasts.

## AROUND TOWN

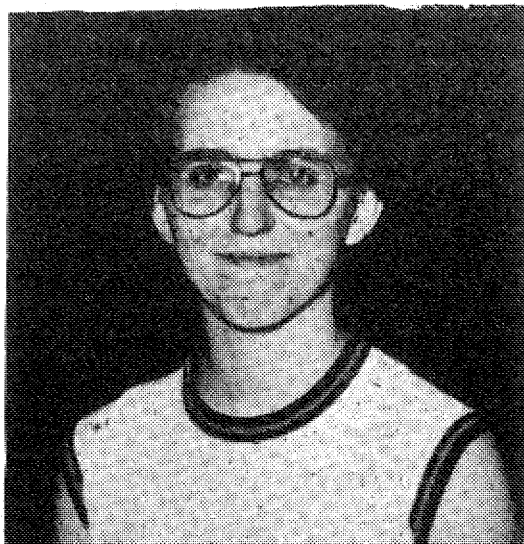
	TAVERN	LOUNGE	CABARET
KINGSWAY	FRED MANN	SCRUNCHINS	PATCH
CONVENTION INN	TERRY KUSHNER BAND		
BEVERLY CREST	HOOKE	HOLIDAY	
CAPILANO	STOCKTON AND NICHOLLE	SLASH AND THE BLEEDING HEARTS	
RIVERA	SPHINX	JUST FRIEND	
HIGHWAY MOTER INN	JIMMY ORDE	ALLAN RAYMOND SHOW	
LONDONDERRY	BILLY BOY	POLTARUK & SMITH	HITZ
REX MOTOR INN		SKYE	
SHERWOOD PARK INN	STREETLIFE	STU MITCHELL	
REDFORD INN ON WHYTE	REBEL	PAT DE GABRIAL	

# Sports

## Players of 80



NAME: Doug Zutz  
SPORT: Basketball  
POSITION: Post/Forward  
HEIGHT: 6'3"  
TECH.: Electronics Engineering 2nd. Year



NAME: Darcy Goodwin  
SPORT: Basketball  
POSITION: Guard  
HEIGHT: 5'4"  
TECH.: X-Ray Technology

NAME: Melody Craik  
SPORT: Volleyball  
POSITION: Setter  
HEIGHT: 5'7"  
TECH.: Business Administration



NAME: Shawn Parker  
SPORT: Volleyball  
POSITION: Setter  
HEIGHT: 5'11"  
TECH.: Radio Television Arts 2nd Year



NAME: Ron Chorney  
SPORT: Hockey  
POSITION: Center/ Left Wing  
HEIGHT: 5'9"  
TECH.: Engineering Drafting & Design 1st Year



## WOMENS VOLLEYBALL SHOWS IMPROVEMENT

NAIT women's Volleyball Team participated in the Uof A Invitational Volleyball Tournament last weekend. In general, they played better volleyball than in previous league games.

In their first match against Mount Royal they won the 1st game comfortably 15-9. The lost the second 15-12 and lost the third 16-14, in a very exciting game.

On Saturday NAIT created and upset in the tournament by defeating the undefeated leaders in the Southern Volleyball Conference Medicine

Hat College 15-10, 16-14.

The Team continuing on to win its way into the championship playoff draw.

Their playoff game was against the U of A Pandas. Our girls lost 15-9, 15-11, but did very well to take 9 and 11 points off this University team.

In most of the tournaments games NAIT women really concentrated on their bumping, especially on serve reception. As a result their whole game improved significantly, KEEP IT UP OOK CHICKS.

Two women met for the first time since graduating from high school. Asked the first one, "Have you managed to live a well planned life?"

"Yes," said her friend. "First, I married a millionaire, then an actor. My third marriage was to a minister and now I'm married to an undertaker."

"What do all those marriages have to do with a well planned life?" asked the first woman, puzzled.

"Well," replied her friend, "one for the money; two for the show; three to get ready; and four to go."

### "When I want the world's tastiest pizza, I simply go to Boston!"

Chuck "The Whiz" Spellman, geography teacher.



Easy to find.  
Easy to like.  
For hot pizza.  
Cold beverages.  
Warm smiles.

It's Boston Pizza.  
Good food put us on the map.

### Boston Pizza

Now, that's a slice!

Visit any of these four locations close to the Campus.

12430 - 118 Avenue  
452-8585

12901 - 97 Street  
476-8691

10543 - 124 Street  
482-4471

10115 Princess Elizabeth Avenue  
477-9111



## CHRISTMAS:

## DECORATE WITH CARE

-Turn off lights each time you leave home and last thing before you go to bed.

**'MAKE SAFETY A PART OF YOUR HOLIDAY SPIRIT'**

**TICKETS AVAILABLE IN L 169 FROM AL AT PLAZA TWO UNTIL WED.**

# common sense and non sense

*Paul Krassner*

**ARE PRINTED FREE TO ALL STUDENTS AND STAFF**

[illegible]

PHONE: \_\_\_\_\_ STAFF: \_\_\_\_\_ STUDENT: \_\_\_\_\_