

# YEAR OF THE DISABLED

1981 has been proclaimed by the United Nations as International Year of Disabled Persons, with the keynote theme "Full Participation and Equality."

This theme emphasizes that persons with disabilities should have every opportunity to participate in the mainstream of everyday living.

Citizens from every corner

of the world who have physical, mental or emotional disabilities, and who have not benefited from an opportunity to express their abilities, now are recognized by the United Nations as equal partners.

The ability of persons with disabilities will be the major focus for the International Year of Disabled Persons (IYDP) in Edmonton and surrounding area.

Over 26 local organizations and disabled individuals have banded together to form the Edmonton '81 Steering Committee.

"Often disabled persons are not expected to fully participate in society," according to Len Seaby, Chairman of the Committee. "Our goal is to breakdown this barrier of expectations faced by all persons with disabilities."

The Edmonton '81 Steering Committee hopes to achieve this objective through a vigorous public education program.

In keeping with the theme of full participation, objectives of the Edmonton '81 Steering Committee are to increase the awareness of and appreciation for the abilities of disabled persons.

Special attention will be devoted to three related campaigns:

- A high school program designed to give students an appreciation of the day to day life styles of disabled persons;

- A special edition of the SPOKESMAN describing services for disabled individuals; and

- A media campaign to include displays and activities at such special events as Klondike Days and Heritage Days will help to show how a barrier-free environment can lead to full integration and full participation of disabled persons.

Please call me if you require more information.  
Carol Chawrun 426 - 2255

## the

NORTHERN ALBERTA OF TECHNOLOGY STUDENTS' NEWSPAPER

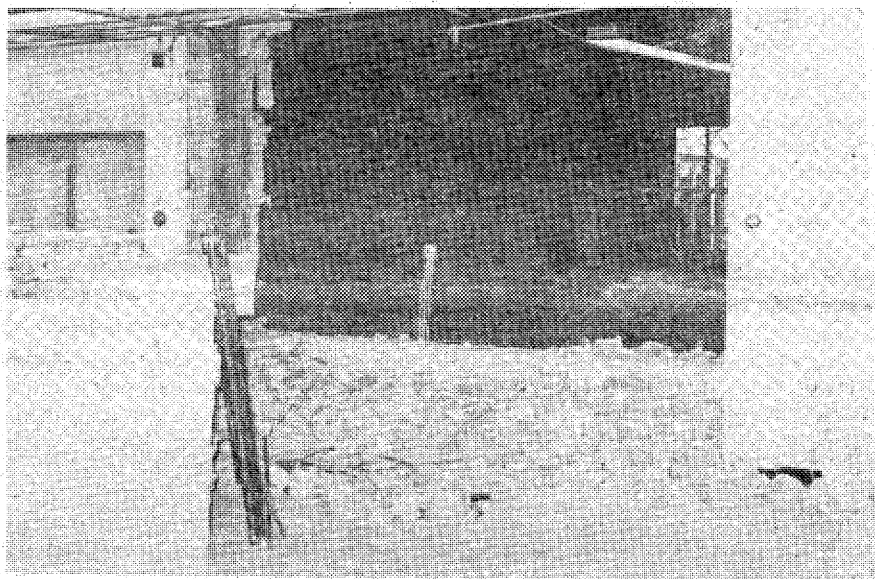
# NUGGET

We're all on the same side.  
We're out to get me.

Mitchell C. Fraser

VOLUME 12 ISSUE 16

Thursday, January 29, 1981



bang

No, this isn't Italy.  
Just a little renovation to  
make some more office  
space.

bang

## an apology

David Schamber

I would like to apologize to any people who suffer from epilepsy for the article I wrote last week entitled, "Something In the Air." In that article, I equated the destructive behavior of some of the students in Plaza Two to epileptic fits. A person who suffers from epilepsy approached me in the Nugget office saying he took offense with such prejudice. It was not a conscious effort on my part to prejudice against epileptics. But this student told me that such "unthought out" phrases have detrimental effects to the acceptance he and his fellow sufferers are trying to attain in society.

This student told me of blatant instances of prejudice directed against him because of his affliction. Such prejudice has resulted in the loss of jobs, in addition to a loss of friends. The student spoke further of comparisons made between epilepsy and leprosy, both defects being quite different in nature.

Due to comparisons like these, society fosters a poor attitude toward the epileptic. Many people assume that seizures occur more frequently than in actual fact. Please accept my apologies for any misleading statements contained in last week's article. I assure a better measure of discretion regarding future statements.

## Goverance

David Schamber

A survey ballot sponsored by the NAIT Instructor's Association, showed that a majority of instructors at NAIT favor a governance status for NAIT. The survey, held on January 19, asked two questions. The first question asked was, "are you in favor of changing from the present provincially administered status to governance status?" Of the 408 instructors who replied, 276 marked that they were in favor of the change.

The second question in the ballot gave three choices to the preference as to type of governance for NAIT. The choice favored by 209 instructors was of, "a board of governors under a new Technical Institutes Act, with a separate board for each institute."

SAIT also ran a similar survey amongst their instructors with the results paralleling NAIT's, of 452 instructors who answered, 295 indicated a desire for change. 246 wanted governance under a Separate Technical Institutes Act and not under the Colleges Act.

All the colleges in Alberta are under the Colleges Act and each have their own board of governors. Only NAIT and SAIT are provincially administered and their board of governors in the Alberta government.

## Toeing the Line

Mitchell C. Fraser

A large number of technologies showed up at the general council meeting to toe the line. There were over thirty students waiting expectantly for the meeting, waiting to be registered with the secretary, waiting to leave.

Given that each technology brought .5 assistants, there were twenty technologies in attendance. Two Council members finally found where the meeting was and showed up in time for a cookie and witness the adjournment.

And all the technologies who sat through the long meeting, headed for the doors, but not before they were told to clean up the cookies.

The major importance unveiled at the meeting was that posters are not to be taped to the nice brick walls in the new complex. No reason was given. So all of you poster putter-uppers out there, don't do it. It's not worth the consequences.

## Down the Pipeline

Imperial Oil plans a 12-inch oil pipeline from Norman Wells, NWT to Zama, Alberta, to be completed in 1984. It will carry 25,000 barrels per day, which is equivalent to 1 percent of Canada's oil requirements.

The Dene of the Mackenzie Valley, the Metis Association of the NWT, and the Government of the NWT are united in demanding delay of the pipeline. The federal government is expected to resume aboriginal rights negotiations with the Dene Nation this winter.

Since Dene control over their land is a key question to be settled, chances for a fair negotiating process are seriously undermined by the government allowing the pipeline application to proceed at this time.

The proposed pipeline is in direct violation of Justice Berger's recommendations that no major development take place in the Mackenzie Valley for at least ten years until native claims are settled and implemented. He made it clear that the development of such a project before the Dene have some control would have a devastating impact on them.

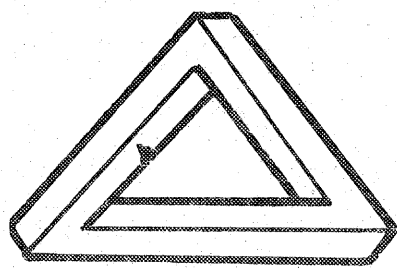
A number of public interest groups are demanding delay of the pipeline in Edmonton, the Edmonton Interchurch Committee on the North and Social Justice Commission.

The newly formed "Responsible Northern Development Coalition" is planning a rally on February 21 at Knox Metropolitan Church. They believe the project is not in the national interest at this time. If the \$800 million the project is to cost were invested in conservation (e.g. home insulation it would produce more oil and more permanent jobs. Even the Imperial Oil Review admits that it is cheaper and faster to conserve oil than to get new oil from the ground (No. 4, 1980, P. 13.)

The National Energy Board's recommendation to the federal Cabinet is expected in late February, 1981. To become more informed on the issue and pressure the federal government to delay the project, attend the rally on February 21. Call Markus Schenkel, 471 - 4085, for details.

## This Week

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Student Newspaper for the Northern Alberta Institute of Technology

The Nugget is published weekly

Excluding editorials, articles published do not necessarily reflect the views and opinions of Nugget staff.

Deadline for all articles is Tuesday at 12 noon.

Grey 423

# the NUGGET

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## Editor's Note

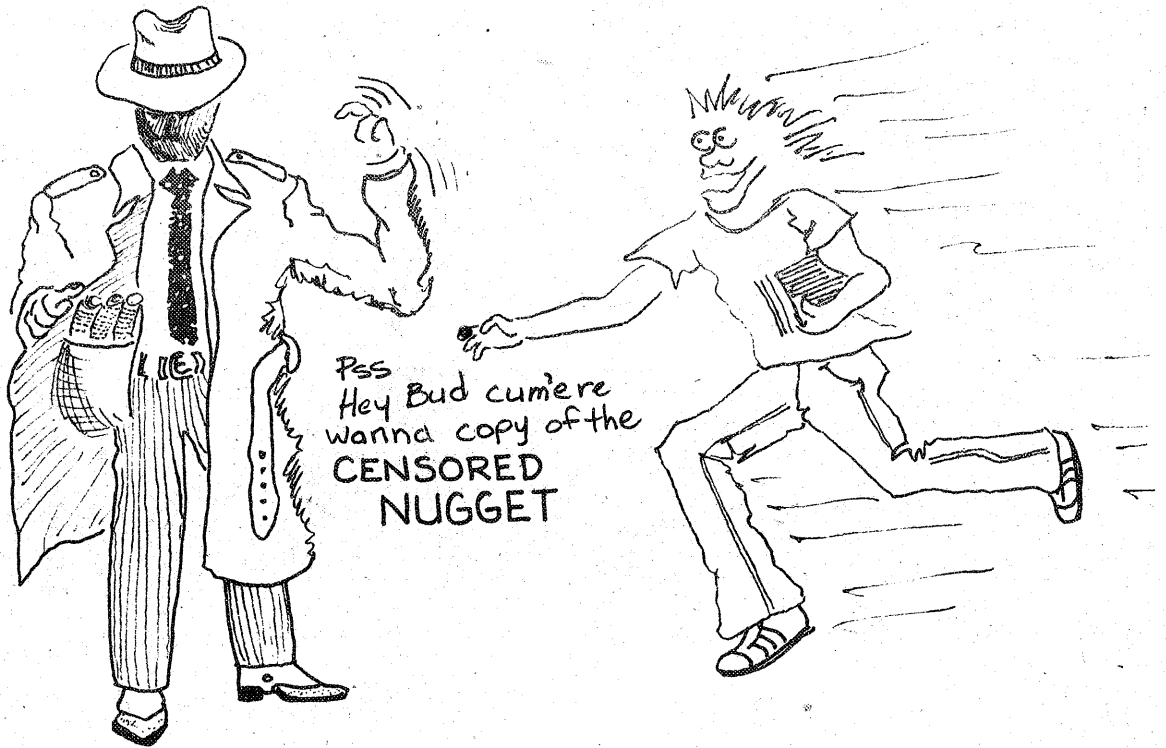
Last week some of you may have noticed that the Nugget was published twice. The Nugget was published a second time because the Publication Chairperson, Linda Hause, took it upon herself to remove the paper from the stands. The reason the paper was pulled was because of a photo layout of the Queens. The layout had 'Locoly Inspected Meat, Grade A' stamps laid over the pictures and stories. In no means did that layout mean harm or embarrassment to the Queen Contestants. I apologize to the girls for any harm done.

The purpose of the stamps were to make a mockery of any sexist design in the contest. I don't approve of an exhibition. This is not saying I don't appreciate the beauty of the human body, but to exhibit the body is a different story.

One vague example of the exhibition is the fact that one Queen poster does not acknowledge her Tech. All you see on the poster is a picture and a name. Yet when you vote you will be voting for the Queen contestant and her technology.

Louis Azzolini complained about the Nugget arriving four days late at Plaza. The paper arrived late because the paper was pulled and reprinted. Hause decided to reprint the paper and did not notify me, hence Hause took it upon herself to distribute the paper through the Campus.

Gene Thiel



## Letters to the Editor

Dear Editor,

I would like to make a comment on the "pulling" of the last weeks Nait Nugget. First of all, I personally read the paper, and found it not at all offensive, but rather exactly what Naita deserves for running the big farce called the Miss Nait Contest (Queen Contest). Why do our elected members insist on taking the morality of the world in their own hands? Knowing that this isn't the first time a situation like this has occurred, it should have been cleared up long ago. As far as I'm concerned the Naita Publications Chairperson is just looking for trouble until she makes her views known on how the paper is to be run, (in her opinion) and to see whether or not there are any takers to be the Nugget editor.

Secondly, I strongly disagree with the decision of the

Publications Chairperson to reprint the paper a second time, with the changes she wanted, without even consulting the Nugget Editor as to her actions. I paid my fees, and expect them to be used in a reasonable manner.

But, maybe the blame is all mine...I voted during the Naita elections. Yep, the blame is all mine. Sorry Nait!

B.W.  
R.T.A.

Dear Nugget Staff:

Finally! - An answer to the student apathy that exists here at NAIT! We will simply clone each member of the student body. This will allow the real student time to cope with the "intensive nature of instruction" that exists here at NAIT. When the time arrives to attend NAITSA meetings, or participate in other extra-curricular activities, the real

student can extract his clone from a locker and point it in the general direction of where the activities will take place. So, all attendance problems can be solved along with student apathy for a "clone of mine saves time!"

Signed Chip off the Old Block

Dear Editor,

What's with you guys? You think you are so hard done by, just because you have to "make a long hike to the cafetorium". Well, I'm sorry but I don't feel bad about that at all. You see, in case you didn't know, there are two buildings to the east of you, Plaza I and II. Plaza II has a cafeteria, Plaza I doesn't. This means any student in Plaza I who wants to eat has to walk quite a way, but they have to do this outside. Yes, that's right,

while you "hike" to your brand new cafetorium, Plaza I students have to battle the elements to get across the remodeled Sears store. Once there, they have only two choices of hot meals, and at a higher price than you pay after making your "hike." Of course, these hot meals are only served between the hours of 11 am - 1:30 pm, whereas I believe you can eat until 7 pm. Seven is a nice time to eat. Too bad our cafeteria closes at 3:30 pm. Think about next time you stay late and you get hungry around 5:00 pm.

If you guys really think the "hike is too much, we will gladly trade places. By the way, bring your jackets, it gets a little cold out.

While I'm writing, it's interesting to note that we only read your article this morning, after it came out. But we shouldn't be surprised because obviously you guys need lots of time to go anywhere, and don't like "taking hikes."

Louis Azzolini

Dear Editor:

Recently in the press, radio and television the public has been bombarded with talk of western separation and alienation. We are being told again and again the Western provinces are getting a bad or raw deal in terms of the rest of Canada. As a result of this, different organizations have sprung up to promote the idea of the west forming its own country separate from the rest of Canada.

It seems incredible that now that the Western provinces are coming into their own in terms of financial and technological development, some factions want to get rid of the rest of Canada.

I want to say I consider myself to be a part of Alberta and that I am proud of the development of Alberta. Yet I want to add that I am a lot prouder of Canada as the collection of ten provinces

and two territories it is.

When someone travels abroad and they are approached and asked what country they are from they don't say "Alberta, that's in Canada you know." Instead they say "CANADA" and people instantly know where they mean. One word, instead of a phrase is much better.

I just want to add, "I'm Canadian first and Albertan second and proud to be a part of both!"

Canadian Citizen,  
Alan Sopczak  
Electronics Engineering  
Technology

"Reply to Cathy Kiss about Preachers like 'Barrow'."

Your comments on 'Barrow' and others like him raised some interesting questions & answers in my mind. One being is that never once in all of "Barrows" writings did he mention "THE END OF THE WORLD." This came from you Cathy. In your article "Raegan & More" you again spoke of wars & destructions & the end of the world. This isn't new Cathy. The Bible has also spoken of wars and destruction to come. What is happening & is going to happen is only confirming the word of the Bible.

Obviously you believe that there is a Christ and that He will be returning, as you stated yourself in your article. Do you think you have a choice between Heaven, just dieing, or Hell? No Cathy, there is no middle ground. There is no "just die" decision. Preachers like "Barrow," other Christians and even the majority of non-believers recognize that Heaven? Hell are real. Do you think that Christians are just trying to "clean up this mess" on earth. No Cathy!! People like "Barrow" have come to know compassion and love even for those who hate them. If your best friend was going to be thrown into a fire & you got to watch the pain and smell

Dr.  
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the burning flesh, wouldn't you hold your hand out to them. So, Cathy, every time you hear a Preacher like "Barrow", or other Christians, know that he/she is only holding out their hands to you.

"He who is not with me is against me." Matthew 12:30  
Ida Long

Dear Cathy Kiss

Barrow is not using the Christian faith for his own means. On the contrary, he is using the Christian faith to reach others and impress upon them the significance the Bible has to those who take the time to consider what it says. Barrows column deals with quotes from the bible with a logical interpretation and rational that relates to the time we live in.

Barrow is by no means trying to get the 'world out of the stinken mess ins fn' as you put it. Also, he is not trying to persuade everyone to give up.' From your article I've detected that you are quite motivated toward success and that you don't feel that it is correct to give up. I feel Barrow is not saying that the end is near, but rather the beginning.

It's important that people take a moment to consider the elements and concepts of time as we have come to interpret it and determine for themselves 'are we not players in a mystical dream' with 'dream' conotating expedience. What I'm trying to say is that we all realize life to be quite short realative to time and that it is important that we look to see what comes after life.

Pat Murtagh

ONE MORE TIME B.C.E.T. & DENTAL ASSISTING

Presents  
Another Country-Rock Shaker  
with

"Westwind"

at

Shakers Acres

Thurs. Feb. 5 '81

8:00 - 1:00 a.m.

All proceeds to Aid Contrete Toboggan Teams to go to Vancouver.

Tickets on Sale at Kiosk 12:00 - 1:00 beginning Monday, Jan. 26th until sold out.

Tickets \$6.00 advance only.

# BUS LANE

By Sonja C. Wratham

Bus drivers make or break riding the bus. Having the chance to meet the driver is a small compensation for taking the bus, but occasionally it pays off. And on the side there is the amusement gained by studying the driving habits of the drivers.

The bus trip is made more comfortable by a courteous driver. If he says hello to me I sit at the front and talk to him. I look at drivers as possible flings in the night and approach them in that way. Most of the time I have good conversations with the driver, but occasionally I hit one who only wants to talk about driving buses. Much of the time I take a chauvinistic attitude and let my heart rule in deciding to talk to the driver. Many I pass over because my heart does not go ping when I get on the bus. Then there are the drivers I wouldn't even want to be on the bus with late at night.

Each driver has his own way of driving. Some attack the road as if they are in a race

while others just plug along clogging up the lanes. Those ones drive me into a furry. They usually get me to my transfer point about two minutes after my other bus has left. Then I sit around for thirty minutes scheming up ways to get back at the driver.

In opposition to the slow pokes are those drivers who race along the streets scattering cars and pedestrians in their way. Cars in their lane suddenly turn corners as the terrified drivers see in their rear view mirror the bus bearing down on them with no intention of stopping. Love it. Love it. I don't mind these guys except when they damage the pedestrians. I don't know if they are looking ahead at pedestrians and checking for water puddles at the same time but it seems the two always coincide when the bus goes by. Screaming faces is all I see out the back window. Take away the swear words and it would be silence.

The drivers also have their own special ways of approaching and leaving bus

## only

stops. It is the rare driver indeed who waits till the old people are seated before he tries to lay rubber strips to the next stop. Most of the time the driver overshoots the stop and has to brake suddenly waking up anybody who somehow had gotten to sleep.

One driver had an ingenious way of stopping when the streets were icy. He would lock the brakes and the bus would slide up to the bus stop and the rear section would swing over to the curb. The bus was left pointed out into the street. It saved on turning the steering wheel to get back out into the street.

I remember another driver who would race his engine; when the back door closed he was off like a dragster. The back door acts like a brake system. If it is open the bus does not move but as soon as it closes it releases the brakes and allows forward motion. This driver used it to his advantage to get a quick start. I doubt if what he was doing was good for the bus.

Oh well. Till next week. happy Trails.

# RED BARN

FEB. 13

LAURA VINSON  
&  
RED WYNG

BUS TICKETS  
-last day-  
Monday, Feb. 9

DANCE \$7.50  
DINNER \$5.50  
BUS \$3.00

BUSES LEAVE AT 7:00

TICKETS ON  
SALE  
MON. JAN 26

NEEDED FOR B.A.S. CABARET FEB. 14:

- 1) Bouncers
- 2) Bartenders
- 3) Ticket Sellers

For further information please contact Rose in B.A.S. office (T611) or phone 479-3122. After 5 PM

## Sign of the Times

by Greg Barrow

What is salvation? What is all this stuff about forgiveness of sins?

Many people feel that Christianity is based on a system where God sits up in heaven and records rights and wrongs. If the rights exceed the wrongs then you can come to heaven, if not then you go to hell. This is one of the most common misconceptions and the Bible clearly teaches that this is not what God is like.

God is holy and will not permit sin to enter heaven, therefore to enter heaven, each of us must be perfectly righteous and holy by Gods standards. Any of us can clearly see that we are not perfect and that none of us deserve to enter Gods Kingdom. This is why Christ came down from heaven, lived a sinless life and died as a sacrifice for us. Since none of us are perfect we have need of a provision in which God will make us a perfect. By simply believing in Christ sincerely you can gain right standing with God. This is what salvation is.

At the point you sincerely believe that Christ died as a sacrifice for your sins you will be forgiven for every sin you have ever committed.

You see, salvation is not gained by good deeds; it is a gift of God granted to those who believe by faith. You cannot earn salvation or everlasting life. If you sincerely believe in Christ your life and deeds will truly reflect His goodness and truth. Salvation is a free gift of God and anyone who calls for Christ to be their Lord can have it. Here are few scriptures to back up my statements. I encourage you to check this out for yourselves. For God so loved the world that he gave his in and only Son that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. (John 3:16-17)

The Father loves the Son and has placed everything in his hands. Whoever believes in the Son has eternal life but whoever rejects the Son will not see life for Gods wrath remains on him. (John 3:35 - 36)

For it is by grace you have been saved - and this is not from yourselves, it is the Gift of God - not by works, so that any man can boast. (Ephesians 2: 8 - 9)

God knows your heart and mind. You surely cannot fool him so be sincere in your decision. For those of you whom God has prepared; believe and have everlasting life. Find others who believe and begin your glorious new life in Christ.

## time past

Thursday, Jan. 29

Germaine Greer, Women's Rights Activist Born in 1939  
"If I had a cock for a day, I would get myself pregnant."  
"If you think you are emancipated, you might consider the idea of tasting your menstrual blood-if it makes you sick, you've got a long way to go baby."

"Probably the only place where a man can feel really secure is in a maximum security prison, except for the imminent threat of release."

The First Beggar's Opera Took Place in London at the Drury Lane Theatre in 1728

Friday, Jan. 30

Stephen Stills Born in 1945  
First Jazz Record Cut in 1917  
Adolf Hitler Appointed Chancellor of Germany in 1933  
"Imagine me going around with a pot belly. It would mean political ruin."

King Charles I, King of England Beheaded in 1649  
Mahatma Gandhi, Prime Minister of India, Assassinated in 1948.

Saturday, Jan. 31

Norman Mailer Born in 1923  
"...the only way to end our smog is for citizens to take up muskets, get on barges, go to New Jersey and explode all the factories."  
"The ultimate direction of masturbation always has to be insanity."

Sunday, Feb. 1

Louis St. Laurent Born in 1882  
Two men from St. Louis cross the Colorado Desert on Bicycles in 1893.  
Mary Shelley, author of Frankenstein, dies in 1851.

Monday, Feb. 2

Christopher Marlowe born in 1564  
James Joyce born in 1882  
Groundhog Day  
Boris Karloff dies in 1969  
Bertrand Russell dies in 1970

Tuesday, Feb. 3

Charles Lindberg born in 1902  
Buddy Holly dies in an aircrash in 1959.

Wednesday, Feb. 4

The first ball in Canada was given by Chartier De Lothier in Quebec.  
The United Nations Disarmament Committee held its first meeting in 1952  
Patricia Hearst arrested in San Francisco in 1975  
Rolls-Royce goes Bankrupt in 1971

## AMS NEWS

You missed it!

If you weren't present at the Jan. 21 general dinner meeting, you missed an excellent meal of roast beef prepared in the NAIT kitchen and served by competent waitresses. Perhaps more important though, is that you missed an excellent presentation by Edmonton Journal's assistant editor, Mr. Stan William.

Before the meal began and during the meal Mr. Williams spoke of his lifelong involvement in the world of newspaper, up until his present position. In his more formal talk he shared some of the very interesting aspects of the newspaper as a business. More specifically how the Edmonton Journal operates. Mr. Williams is a warm and friendly person and he easily won the admiration of the AMS members. Those of us who were present will long remember the journals assistant editor as a pleasant and interesting statesman thoroughly competent in his profession. Sorry you missed it.

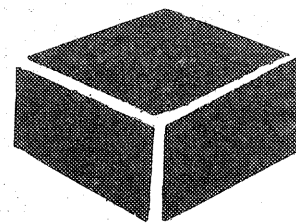
There are more activities of AMS coming up and you won't want to miss them too, so check your calendar dates now.

1. Shadow Days - an event in March when you will have an opportunity to spend an entire day with a local manager of your choice, to observe and enjoy the real world of the manager. More information will be supplied in greater detail later.

2. The March Senior Chapter Dinner Meeting at the Edmonton Plaza on March 18, 1981, features Marion Fitch, the past international president of AMS.

3. The next general dinner meeting of the NAIT AMS Chpt. will be in February. Begin planning now to get involved. Opportunities to meet professionals in their fields, other students and instructors on a level other than in a classroom.

Get involved, you'll enjoy it! I do.  
Dan Wieke



SPACED AGE TOOL COMPANY

Have you been feeling run down lately, tired? Have you got no zip? Well your problem is probably cosmic rays. These rays constantly penetrate us leaving microscopic holes behind. The body has to work harder to fill these holes in and prevent the loss of our essence.

Sometimes they are quickly stopped, sometimes they are not.

Available now is the COSMIC RAY SHIELD, available from the SPACED AGE TOOL COMPANY. This shield prevents the penetration of cosmic rays through our body and thereby the loss of essence. Never have to worry about feeling down anymore.

The Shield weighs a mere thirty-one kilograms and costs only \$74.49 available from MC 5 at the Nugget. Cash not accepted.

## COMING NEXT WEEK

# HOW TO COURT SHEEP FORDING RIVERS WITH YOUR HARLEY HOW TO DEPRICK YOUR CACTUS (AND BOYFRIEND) HOW TO PROFIT FROM ACID RAIN



## DOCTOR C. RATRAP

There is a noticeable reduction in spiritual values in today's world. Not only is there a reduction but what is left is a confusing array of cross values brought about by various cults making claims to the truth. The Nugget has decided to help its readers find the correct spiritual path to enlightenment. We have acquired the services of Doctor C. Ratrap to answer problems submitted by our readers.

Doctor C. Ratrap has spent many years studying the spiritual values of humans and has a strong reputation in his field. He is considered a Holist by his peers. In our talks with him, we have found him to be a warm and charming person. He views all things as being interrelated and that the physical and psychological profiles of a person are but manifestations of his spiritual character. We give you Doctor C. Ratrap.

Dear Doctor C. Ratrap:

I have noticed that when I go out drinking with the boys, I pass out earlier in the evening than I used to. I very rarely make it past ten o'clock. What can I do.

Getting Old

Dear Getting Old:

I hate to suggest it, but have you ever considered suicide.

Dear Doctor C. Ratrap:

I no longer love cars. What is wrong?  
Looking At Buses.

Dear Looking at Buses:

I hate to suggest it but have you ever considered suicide.

Dear Doctor C. Ratrap:

I am 23 years old, and I still suffer from zits. It has made me very self-conscious around girls. I am afraid that they will laugh at me and that causes more zits to form. What can I do?

Zittity Do Da

Dear Zittity Do Da:

Excuse me for laughing but have you ever considered suicide.

Dear Doctor C. Ratrap:

The paper boy always brings the paper late. What can I do?

Late Night Reader

Dear Late Night Reader:

I hate to suggest it but have you considered offing the little bugger.

Dear Doctor C. Ratrap:

Did you know that if you spell live backwards you get evil. Does that mean that everything that is live is potential evil?

Satan

Dear Satan:

I hate to consider it but suicide has its advantages.

# Caffeine

By David Schamber

Well I went and strung myself out on coffee again. Why do I treat my body so badly. I know caffeine is bad for me but occasionally I get to drinking it again and in no time at all, I am consuming harmful quantities. Harmful quantities is a lot less than you may think it is. If you exceed 250 mg per day you could be in trouble and three cups of coffee is over that limit.

Caffeine, which many of us consume in the form of coffee, tea, or cocoa, is a member of the Xanthine family of plants. Sources of caffeine include coffee beans and Kola nuts. Caffeine is a powerful central-nervous system stimulant. A few years ago, I was taking a university biology course. In my text for that course were some photographs of various spider webs spun by spiders under the influence of different drugs: meth-amphetamine, mescaline, LSD, caffeine and a couple of others. The web spun under the influence of speed was a terrible mess. The only way a spider could catch a fly in that web was if the fly was laughing so hard he fell beside the spider.

"Speed kills," was a slogan that has floated around the drug scene over the years. It was self-initiated by the counterculture as its members died from overdosing and others deteriorated physically and psychologically. For a species that got to where it is because it developed a central nervous system, I saw no reason to needlessly jumble and jangle that system. The photograph of a web spun by a spider under the influence of caffeine was not quite as bad as the meth-amphetamine but bad enough that I stayed away from coffee for years. During that time period, I was looking through a medical journal which stated that caffeine could lead to chromosomal breakage. I had never heard any more on that topic, yet when some errant claims were made that LSD led to chromosomal damage, the media picked it up and played it for all it was worth. And no retractions were ever made. (As a side note, LSD enabled the spider to spin a beautiful web, better than normal.)

Caffeine in small doses can in certain circumstances be advantageous. It has a direct effect on the brain and thus can sharpen the senses. It also provides a quick source of energy. Many racing cyclists use caffeine because of its added energy punch. When I am out on tour with my bicycle, I consume large amounts of caffeine and do find that it does help. But high doses are not good for you. I may get my miles behind me but it is a trade off.

High doses of caffeine can produce symptoms that are virtually identical to those found in people suffering from anxiety neurosis - nervousness, insomnia, irritability, dizziness, trembling limbs and high blood pressure. After a night of working on the Nugget and consuming two or

three or four cups of coffee I find it exceedingly difficult to fall asleep before it is time to get up in the morning and go back to school. As for irritability, there are a few commercials on television showing people suffering from headaches and backbiting because of the caffeine. Along come Marcus Welby and prescribes decaffeinated coffee.

When I've been away from caffeine for a while and start to drink one or two cups I notice the effect caffeine has on me quite easily. I react readily to most drugs and after a cup of coffee can notice that my heart rate increases, I feel dizzy and at times can get trembling of the limbs. As I continue drinking these reactions subside; I become addicted to the caffeine. Caffeine is a mild stimulant, it is an alkaloid (so is heroin), and one can become addicted to it. More and more is consumed. Withdrawal symptoms occur in about 12 to 16 hours and irritability, headaches and restlessness are some of the symptoms experienced.

Some studies show that if you consume five cups of coffee per day you may have twice the chance of experiencing myo-cardial infarctions (heart attacks) as against those who drink no coffee. Caffeine is used medically in undiluted form to dilate the coronary arteries and thus furnish a better blood supply to the heart. However in drinking excessive amounts of coffee one runs the risk of causing such cardio vascular reactions as rapid and/or irregular heart beat.

More and more research is being done on caffeine and its affects on man. I have read claims that if caffeine were a new drug being licensed by the Food and Drug Administration in the U.S. it wouldn't be accepted. Doctors are beginning to warn pregnant mothers to stay away from coffee, that it has the potential to cause birth defects.

Half the world's coffee supply is consumed by people in the United States, something like 16 lbs. per person. It was first used in Venice in about 1615, Paris in 1644 and in London in 1652. The chief sources of coffee today are Brazil, Costa Rica, the West Indies and Arabia. Coffee is such an ingrained part of the service society that it will take awhile to loosen its grip on us. What does one do during a coffee break? What is offered while one is waiting for a meeting. We are addicts to caffeine. There are better things to get hooked on:

levels of caffeine in various sources:

coffee	100 - 180 mg/cup
instant coffee	70 - 177 mg/cup
tea	50 - 70 mg/cup
cocoa	50 mg/cup
cola	25 - 57 mg /12 oz
No-Doz	100 mg
chocolate	25 mg/small bar

## EESS SPRINGTIME SKIING

at  
WHITEFISH, MONTANA  
March 5, 6, 7, and 8.

4 days lifts  
3 nights accommodation  
all transportation  
\$155.00

Deluxe Package  
4 days lifts  
All transportation  
3 nights accommodation at luxurious Outlaw Inn  
Jacuzzi, Pool Lounge  
Large Rooms, Queensize beds  
- 3 suppers  
- 3 breakfasts  
\$215.00

FREE BEER at Bier Stube at end of 1st day  
Due to Popular demand, One more Busload!!!

\$50.00 non-refundable Damage deposit due Feb. 4  
common hour Room H105

INFO: Marty: 465-6735  
Dave: 922-2293  
Doug: 474-1810

# Sports

## START TO WIN

The first half of this season was rather bleak for the NAIT womens volleyball team. However, last week at A.C.A.C. Interlocking tournament, they picked up two victories. They defeated Mount Royal who are second in the south,

in five games. They won the first two, lost the next two, and were down 8 - 12 when they dug deep and came up with a magnificent 15 - 12 win to snatch a 3 - 2 victory. They also defeated Lethbridge three straight. Against leading Medicine Hat, they won the first and

lost the next two and almost snatched the fourth to force a deciding game. On Sat. 24, NAIT Ookchicks easily defeated Camrose 3 - 0; 15 - 12; 16 - 14; 15 - 7. They had lost their last two against this team. KEEP ON WINNING CHICKS.



### IT'S VOLLEYBALL SPORT STORY

Hockey	R.D.C. at NAIT	Saturday, January 31, 8:00 PM
Hockey	NAIT at C.L.C.	Wednesday, February 4
Basketball	R.D.C. at NAIT	Friday, January 30 W - 7:00 PM M - 8:45 PM
Basketball	C.L.C. at NAIT	Saturday, January 31 W - 1:00 PM M - 2:45 PM

R.D.C. - Red Deer College

C.L.C. - Camrose Lutheran College

#### Intramural Deadlines

Co-ed Racquetball	Thursday, Feb. 5
Men's Handball (singles)	Tuesday, Feb. 10
Women's Handball (singles)	Tuesday, Feb. 10

POTS and PANS Night this Friday (Jan. 30)

At the OOKS and CHICKS HOME

BASKETBALL GAME

Bring out your Pots and Pans and make some noise.

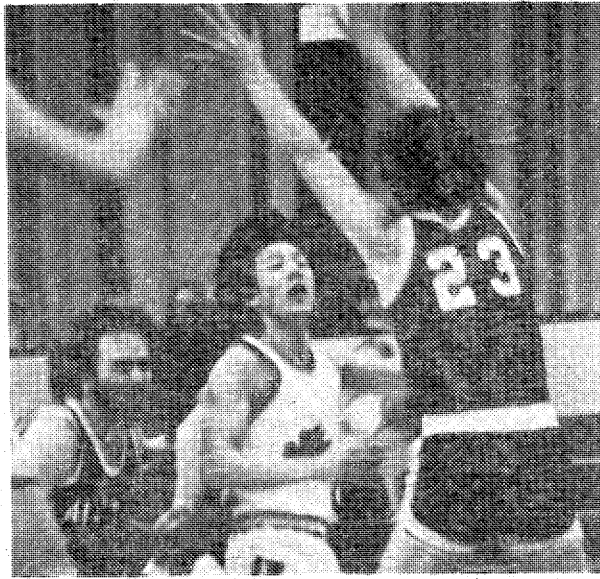
NAIT Basketball needs your support.  
Friday Jan 30 NAIT vs RDC  
Saturday Jan 31 NAIT vs CLS

Game Times  
Friday 7:00 and 8:45  
Saturday 1:00 and 2:45 pm

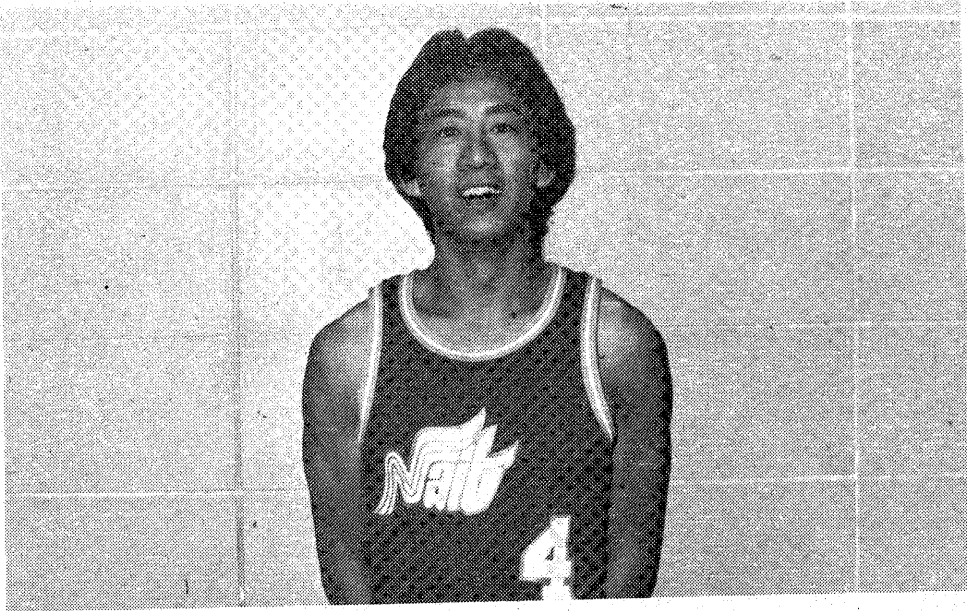
COLLEGE BASKETBALL COLLEGE

BASKETBALL

# WHEELS OF THE WEEK BASKETBALL



**OOKPICKS**  
**Ookchicks**



## ROGER POON

According to Oaks coach Dave Hoy, Roger Poon has been the most consistent player for the Oaks over the entire season. This 5'9" second year Instrumentation student, always works hard at both ends of the court, and because of this, is a natural

team leader. Several times this season, Roger has been called upon to bring the ball up the court under pressure and he has always risen to this occasion. Roger is no doubt one of the most valuable members of the Oaks and will be counted on in the Oaks playoff drive.

NO PHOTO AVAILABLE

## JANICE ROSENBERGER

At five foot four inches this first year guard from Ft. Vermilion has some of the quickest hands in the league. This has been evidenced by the fact she has been averaging about five steals per game often resulting in easy layups. Janice's consistent play throughout the season

has her leading the team in scoring averaging about 10 points per game. As a first year student in Architecture Janice has had to work hard to give adequate attention to both her academic and athletic responsibilities. We are confident Janice can meet this challenge and continue her strong performance on the court.

## ELECTRICAL ENGINEERING TECH.

presents  
**"MID-WINTER BASH"**  
with  
**"THE ROCKIES"**

**Friday January 30 8:00 a.m. - 1:30 a.m.**

**NORTHMOUNT COMMUNITY CENTRE**

**9208-140 Ave.**

**\$4 member \$5 non-member**

**Tickets on sale in front of Cafeteria**

## INTERESTED IN LEARNING KAYAKING?

join  
**The NAIT KAYAKING CLUB**

- Trips
- Competition
- No Cost to NAIT Students
- All Kayaks and Paddles Supplied
- Instructor Provided

**Come Join Us in the Pool**  
**7:00 - 8:00 PM Thursdays**

## CIVIL'S 1ST ANNUAL TOGA BOAT RACES. THURS. FEB. 5 1981

**CAPILANO MOTOR INN**

**FEATURING CONDOR**

**Prizes: 1st Texas Mickey**  
**2nd Twenty-Six**

**Dinner out at Mayfield In (Theatre) for BEST DRESSED COUPLE**

**TEAM REGISTRATION \$6.00 (beer included)**

**2 beer races**  
**4 man teams**  
**teams MUST be in togas**

**Tickets available at noon in Kioks, Main and Plaza II**

# Canada Fitness

The Canada Fitness Survey previously announced by Gerald Regan, Minister of Fitness & Amateur Sports, is a national in-depth study of fitness levels and recreation patterns of Canadians. The survey, funded by Fitness

Canada, is scheduled to begin on February 1, 1981, and will continue through July.

During this six month period, 40,000 Canadians will be tested in 82 centres across the country, providing a realistic picture of the fitness levels of Canadians.

Associations participating in the planning are the Canadian Association for Health, Physical Education and Recreation; the Canadian Association of Sport Sciences; the Canadian Public Health Association; and the Interprovincial Sport and Recreation Council.

Co-chairmen of the Canada Fitness Survey are Dr. Gerry Glassford, Professor of Physical Education at the University of Alberta, and Dr. Claude Bouchard, Professor of Physical Education at Laval University.

The Standardized Test of Fitness, developed by Fitness Canada, will be used to collect the fitness data. Developed in 1977, the Standardized Test of Fitness measures cardio-respiratory endurance, blood pressure, body fat and physique, flexibility, strength, and muscular endurance. It will

be administered to all eligible householders, those between the ages of 7 and 69 who are not screened out on medical grounds. Participants age 10 and older, will also answer a questionnaire relating to their lifestyle, including participation in physical activities, and their interest in recreation and sport.

In addition to conducting the nation-wide study, the Canada Fitness Survey organization will sponsor small projects of two kinds. The first consists of developmental projects necessary for the successful execution of the survey. Examples of this are: the adaptation of the Standardized Test of Fitness to ages 7 - 14, and the establishment of preliminary norms for children, and the development of a method for estimating the percentage of body fat of children ages 7 - 14, with preliminary norms. Both of these projects are underway and scheduled for completion by December 1980.

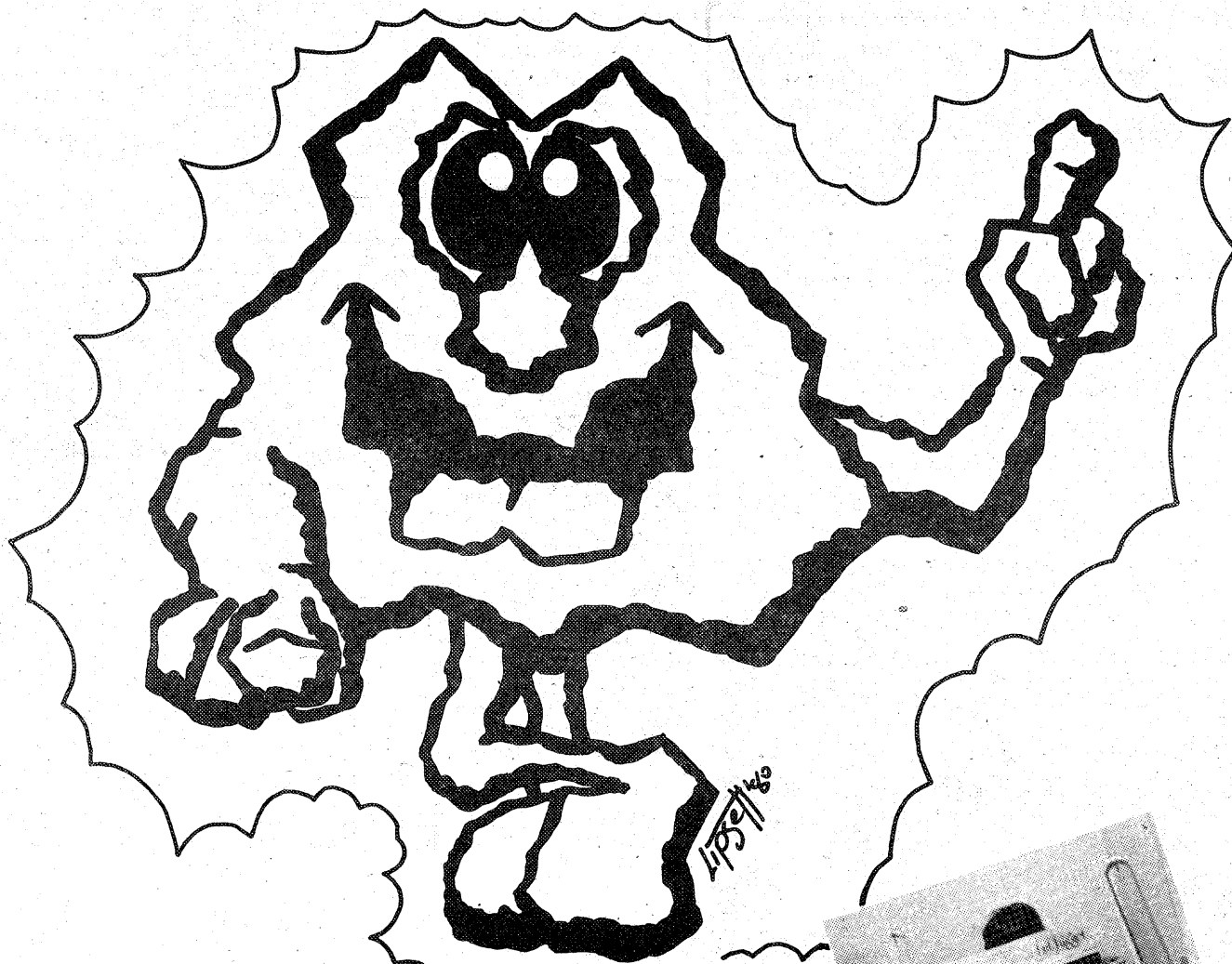
The second type of project will involve secondary or in-depth analysis of the survey data. Such projects may be solicited or unsolicited. The first of these studies will be conducted in the winter of 1981-2, in support of the preparation of the first survey report, due to appear in the spring of 1982. Further details on areas of interest and procedures for submitting proposals will be announced in the spring of 1981.

Additional information on the Canada Fitness Survey may be obtained by writing or calling Nancy Volesky, the Public Relations Officer, at 506-294 Albert Street, Ottawa, K1P 6E6, (613 - 236 - 0173.) Regional Director☆ Dr. Art Quinney, Dept. of Physical Education, University of Alberta, Edmonton, Alberta T6G 2H9 (403 - 432 - 5603.)

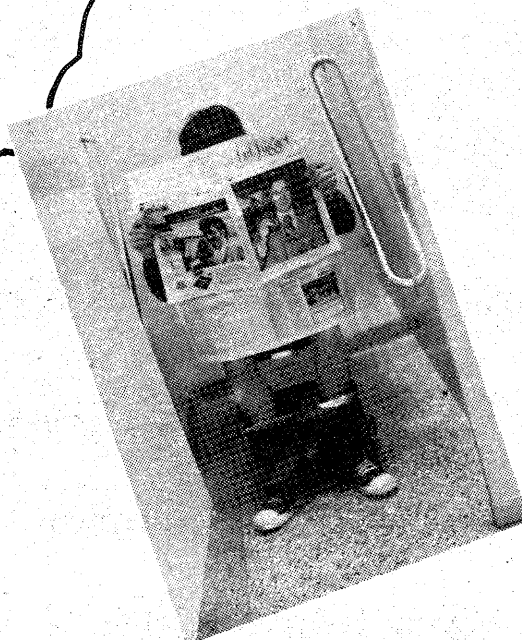
## IMPORTANT

**Technology reps. must attend General Council Meetings to remain in good standing with NAITSA. Loss of Good Standing results in suspension of Cabaret Privileges.**

## "NATE" Knows The Story...



## Join The NUGGET!



# Entertainment

## Pub time Whatever...

There are two ways to look at last Friday's pubtime:

1. It was a boring, lousy pubtime with a band that tried hard, but didn't quite make it. The atmosphere in the building was to say the least, "blah" (it may be due to the fact that this was the last day of business for the cafeteria. Maybe everybody was depressed because they have to walk an extra couple of miles now for their morning coffee. However, I believe I am straying from the subject matter here.)
2. The pubtime was a good

drunk with a full dance floor and plenty of parties afterwards.

I tend to lean towards statement one, but don't get me wrong. First of all, a very special lady was not in attendance (which totally depressed me) and I dislike bands who play a mixture of commercial songs without any presence or style.

The band featured was "Seabreeze", a part-time, professional conglomeration of an accountant, lawyer, engineer and teacher. They used a standard set-up: one

guitarist, bassist, drummer and keyboardist who was also competent on the saxophone. The band has been around for about five years and their music selection ranged from butterflies to the latest Top 40 tunes. The only time they shone musically was when they played "Trouble In Paradise" by the "Southern Hillman & Fury" band. They seemed to catch the feel of the song and it looked like they were having just a great time on stage. The drummer and bassist played especially well together for their one excellent tune. Why

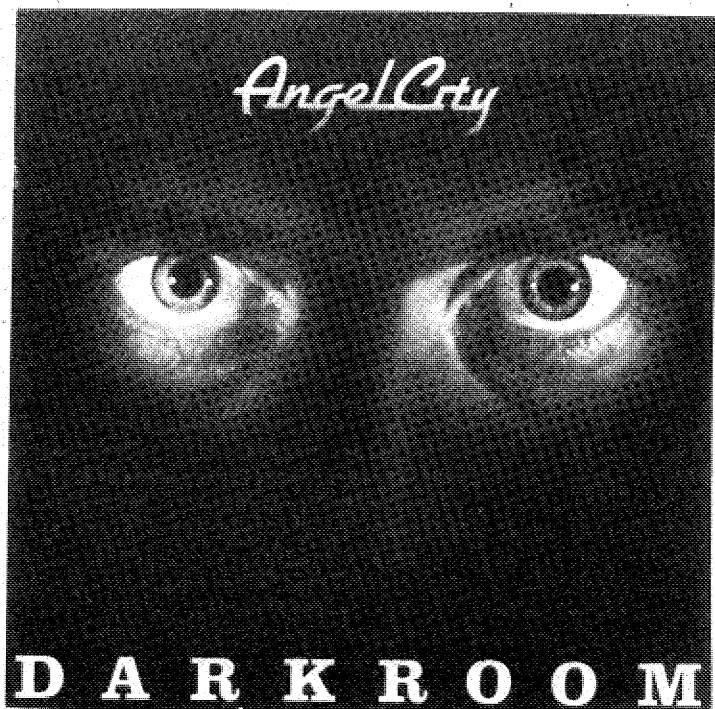
don't they just drop all the other commercial schlock they play and concentrate more on music like this?

I couldn't figure out if people were having a good time or wished they were somewhere else. Like most pubtimes, a high quantity of beer was consumed, with the usual end results, however, many pubtime enthusiasts left early because of the lousy atmosphere in the building. I guess this pubtime was whatever you got out of it. Personally, I hope they get better.



## COMING UP

<b>MOLLY HATCHET</b>	- Coliseum -	January 29
<b>ODETTA</b>	- Prov. Museum -	February 21
<b>TOSHIKO AKIYOSKI/LEW TABACKIN</b>	Sub Theatre	March 6
<b>CLIFF RICHARD</b>	- Jubilee Auditorium -	March 8
<b>THE DILLARDS</b>		March 8
<b>KEN BLOOM</b>	- Prov. Museum -	March 13
<b>HOYT AXTON</b>	- Jubilee Auditorium -	April 6
<b>LEO KOTTKE AND JESSE WINCHESTER</b>	- Jubilee Auditorium -	April 14
<b>LIONA BOYD</b>	- sub theatre -	May 15
<b>ASLEEP AT THE WHEEL</b>	- Jubilee Auditorium -	May 25



ANGEL CITY  
DARK

## IN THE GROOVE

By Gene Thiel

Angel City has arrived in Canada using a style similar to AC-DC, Split Enz, and Boomtown Rats. Angel City is one of many to bring their music to us from Australia. Other bands from Australia include AC-DC and former New Zealander's Split Enz.

While Angel City may borrow from various influences, they add their own touch of ingenuity. That touch brought them platinum status on their first two records released in Australia.

It was when platinum reached Australia, that someone thought Angel City should become international. Angel City has contrived several hits which have hit the radio.

The compilation album

"Dark Room," contains fast rocking tunes right down to slow and smooth. The vocals are sometimes course. Not coarse in language but as in a sore throat. The rough voice gives Angel City that strong rock presence. It seems that the rough, horse

voice, is the thing to have now-a-days.

The album contains some good harmonies and music. The mixture of fast and slow songs keeps you listening.

That mixture and originality is something a lot of other bands lack. Angel City is not a great band, but a band with potential, because they don't seem to be afraid to try different things.

Album courtesy of Mister Sound, Kingsway

## Air Guitar

The Princess Theatre and the Riviera Rock Room are collaborating to produce the first annual Air Guitar Contest here in Edmonton. This contest will appeal to all you frustrated prisoners of R&R, mute blues artists, big band enthusiasts and even shower singers. 'Air Guitar' is the art of flailing away at an imaginary Gibson Les Paul, Fender-Stratocaster, etc. For example, you may mimic your favorite artist as the recording blasts behind you. You don't even have to have musical talent, in fact it may hamper the true gono enthusiasm essential for 'Air' musical theatre. There are two categories:

1. Air Guitar Solo
2. Air Band (two or more people of any musical combination)

THE BEST OF AFRICA  
WEEK AIRS ON CBC  
RADIO Feb. 7-13

Unprecedented in broadcast history, CBC Stereo last October devoted 20 hours of programming to a single subject - Africa. The programs explored the continent south of the Sahara on a geographic basis, distilling the richness and complexity of East, West, Central and Southern African countries into a remarkable soundscape of their arts, politics and lifestyle. Many of these countries celebrated their 20th year of nationhood in

1980.

Most of the material was gathered firsthand in Africa by producers Tony Aspler, Bernie Lucht, George Somerwill and Steve Wadhams. They talked to people in both urban and rural settings and the result is unique in that it views Africa today through the words of Africans themselves, not through the distant and often superficial and erroneous impressions of white westerners.

## CBC

AN OSTRICH RACE...IN REGINA?

From the "You Don't Have To Be Crazy To Work Here, But It Helps" Department: Sandy Cushon and Rob Doan, host and produces, respectively, on CBC-TV's Country Canada, are entered in the World Famous Ostrich Races at Agribition in Regina, the end of November. Never heard of an Ostrich race? Well, you see, the bird is harnessed to a miniature sulky, and the driver steers it by holding a broom on alternate sides of the bird's head. Sometimes they use mules instead of ostriches. If this sounds a bit far-fetched, watch all the action on Country Canada, December 7, when Sandy and Rob take on Regina's version of Big Bird... "and they're off...!!!!!"

KISS ME BETTER

Award-winning director Paul Almond directs a new 90-minute tape drama special for CBC-TV, titled Kiss Me Better. Starring Allan Royal and Linda Goranson, Kiss Me Better deals with a former advertising executive who returns to his wife and daughter after spending 18 months in hospital for treatment of Hodgkin's Disease--cancer of the lymph nodes. Produces is Martin Kinch, executive producer Robert Allen. Trudy Young, Mary Pirie, David Calderisi, Jan Rubes and Fiona McGilvray are also featured in the cast.

## AT THE MOVIES

### THE MIRROR CRACK'D

When you look at the preview of this movie, it looks like it wouldn't be a bad movie to go and see.

It's got Elizabeth Taylor and Rock Hudson as the lead characters. The

preview leads you to believe that this adaptation of Agatha Christie's book is really funny and yet has some suspense to it. Boy was I wrong! Sure, there were a few parts in the movie that were slightly humorous, but there was near to no suspense to it at all.

The story line was a good one but the way this film was directed, it was boring and dull. With the help of this movie, I realized that Elizabeth Taylor can't act at

all, and Rock Hudson wasn't much better. The story line is that an aging actress is planning to make a film in a small town in England. Her husband is the director, a woman who she can't stand it her second leading lady and the producer is married to the second actress. There is also a secretary who helps out Taylor as much as she can, but she helps Hudson even more.

All of these people have a good reason to kill Taylor, and that is what the plot is. Kill Taylor.

This could be a really good movie if the director of the film found different actors and rewrote the entire script.

The only way this movie is tolerable is because in this little town in England is a woman who plays Sherlock Holmes, with the help of her maid and her Scotland Yard detective nephew.

At the end of the film, I think that they try to surprise you with who was trying to kill Taylor, but I wasn't and I don't think you will be either.

The end of the movie is really ironic and very clever. But since you have been utterly bored throughout the entire film, you can't really appreciate it. I wouldn't recommend this movie to anyone who values their \$4.50. Go spend it on something that is worth the cost.



Canada's kind of beer

AROUND TOWN

	TAVERN	LOUNGE	CABARET
BEVERLY CREST	Just Us		
CAPILANO	Berlin	Pete & Repeat	Legend
CONTINENTAL	Hitz	Don Martineau	
CONVENTION INN SOUTH	Attack		
HIGHWAY MOTOR INN	Model T	Allan Raymond Show	Jensen Interceptor
KINGSWAY	McCartv & LeClair	Rusty Elwood	Patch
LONDONDERRY	Risk	Cruse & Friday	Attack
		Friends of Man	
REDFORD IN ON WHYTE	Biko		
REX MOTOR INN	Victory Group	Just Friends	
RIVIERA	Pretty Rough	Zimm	Pointed Sticks
SHERWOOD PART INN	Foxglove	Lady and the Fox	Roller Coaster

city life

We came to Edmonton only 5 strong.  
We popped the pills & wine for hours long.  
Realty was casted out like a weathered shoe  
Watch the tube & take a toke was all to do.

We smoked our wheels and cruised to town  
Laughing & joking; playing the clown  
In desperation we tried to save our souls  
From booze & drugs and midnight shows.

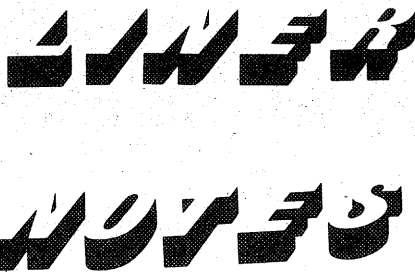
The sudden high became a sudden low.  
Out in the streets with nowhere to go.  
Noise and dirt & passing faces  
Bright neon lights giving mind traces.

So it's dark and dim & depression sets in  
Lonliness & emptiness start to begin.  
It's an endless world of frustration & remarks  
Alleys, street corners & city parks.

Let's throw it away and start from scratch  
A new home, a new district; a new attach.  
We start from here and move forward  
Forget the past; not a word is heard.

R. W. R.

Inspired by Linda



“SPRING SKIING”

B.A.S. BOMBS THE BASIN  
Schwietzer Basin

March 5, 6, 7, & 8  
AFTER FINALS

TRIP INCLUDES:

- 3 nights accommodation
- 4 days skiing
- all transportation
- rooms available in 4's, 3's, 2's
- wine runs
- 3 nights of “MINDLESS PARTYING”
- limited seating

\$170 cdn - members  
\$175 cdn - non members  
\$30 deposit

Some seats still left. For  
information and to book seats  
call:

MARK - 483-9106  
DALE - 459-6445  
or come to T611 (B.A.S.  
office)

OPEN STAGE MUSIC

Open stage music, is pleased to announce the continuation of Edmonton's most popular musicians open stage for 1981. “MONDAY NIGHT LIVE” is ready again to tackle the problems faced by aspiring musicians and entertainers, wishing to acquire the stage experience in a night club atmosphere, by opening the stage to them in the Boiler Lounge, Steakboard on The Boardwalk, Monday evenings from 8:30 to 12:00 PM

Any willing participant is invited to come join us in the Boiler Lounge, where the stage is fully equipped with sound equipment and is under the guidance of a sound technician to help those individuals performing. The stage is completely spontaneous, no

bookings are accepted, with the stage run on a first come, first serve basis. Participating musicians are advised to arrive early if they wish to find a suitable time slot for themselves to perform.

For further information, contact Kent Phillips at 463 - 3009, or call The Steakboard Restaurant, Monday evening at 429 - 0886, or drop in to visit us at 10220 - 103 Street. Whether you've come to perform or listen, you'll see why “MONDAY NIGHT LIVE” is enjoying the kind of successful music program that has encouraged it's continuation for 1981.

Open Stage music presents an evening of Boogie with Bluegrass & Blues, 8 p.m., Wednesday, Feb. 18, 1981, in the Centennial Library Theatre. Featuring, in concert, Tom See with special guests Free Beer and

-Cheap Trick's All Shook Up is now gold as well, reflecting the band's huge following in this country. Cheap Trick will perform dates in Edmonton and Saskatoon in mid-December, giving Westerners an intro to the band's new bass player, Pete Comita.

-Barbra Streisand's Guilty now stands at three times platinum in Canada, and her 'Woman in Love' single maintains its top ten chart listing after 13 weeks. That single is gold in Canada. Streisand's collaboration with Barry Gibb on the Bee Gees has given her the hottest album of her career. -Finally, Billy Joel's runaway smash album Glass Houses has passed the seven platinum mark in this country. The phenomenal action on this album and its string of hit singles will undoubtedly net a million sales figure for CBS Canada.

Chicken.

Tom See, blues guitarist, singer-songwriter, has worked through the years with performers such as Johnny Winter, T. Bone Walker, John Lee Hooker, Sunnyland Slim and Gene MacLelland. Originally from Ohio, Tom has worked his way through Eastern Canada and the USA to Edmonton, wher he now resides.

Free Beer & Chicken, a talented local five-piece bluegrass band, will also be performing in the show. They have appeared at various clubs in the Edmonton area, displaying their tasteful, traditional style of bluegrass. Tickets, \$4.50, available at HUB, Mike's, west End Tickets and at the door the evening of the performance.

HOT COCKBURN NEWS... superstar Bruce Cockburn begins a major national tour on January 16th of the new year, with 25 dates that run through February 19th...our main man Bruce starts doing his thing in Montreal and moves west, winding up in Victoria...see attached for all dates and info...

DON'T, BE FOOLED... 'cause Bruce Cockburn is a private kinda guy, he really is a superstar of international proportions... his album sales in Canda in the last year alone are pushing the 200,000 mark, he's achieved LP sales of half a million world-wide during the same period of time... Humans is now gold and was initially a 'pick' in all three U.S. trades, whilst the Mastersound (audiophile) recording of Dancing in the Dragon's Jaws has been unanimously declared by critics as the absolute finest of all the half-speed mastered albums available... Bruce has taken his 'no image' image to the Saturday Night Live stage, and to rave album reviews in such publications as Rolling Stone... meanwhile, his band continues to be one of the ultimo collections of musicians in North America, quietly going along backing Bruce as he quietly goes along, scoring success after success...(I'd go along quietly with bass player Dennis Pendrith any time, oops, sorry. Ed.)

CBS Canada's fastest breaking debut act ever has just scored platinum for their first album on the label. Loverboy's self-titled Columbia LP was certified platinum last week, and the band received their awards following a highly successful Music Hall date in Toronto. The Platinum



# SAFETY

**Everybody's Responsibility**

## DROP IN SAFETY FILM FESTIVAL

**February 4 & 5**

**Continuous Showings**

**11a.m. ~ 2p.m. Daily**

**Seminar Conference Centre ~ U111**

**In The New Building**

### ANIMAL SAFETY

- SAFE HANDLING OF LABORATORY ANIMALS
- THE SIXTH SENSE

### LABORATORY SAFETY

- SAFETY IN THE CHEMISTRY LABORATORY
- 28 GRAMS OF PREVENTION
- TRAFFIC SAFETY
- WHERE HAVE ALL THE PEOPLE GONE
- CRASH HELMETS

### CPR

- NEW PULSE OF LIFE
- ENVIRONMENTAL HAZARDS
- SONG OF THE CANARY

**Check Out - The Safety Equipment Display.**

***Nait* Safety Committee**