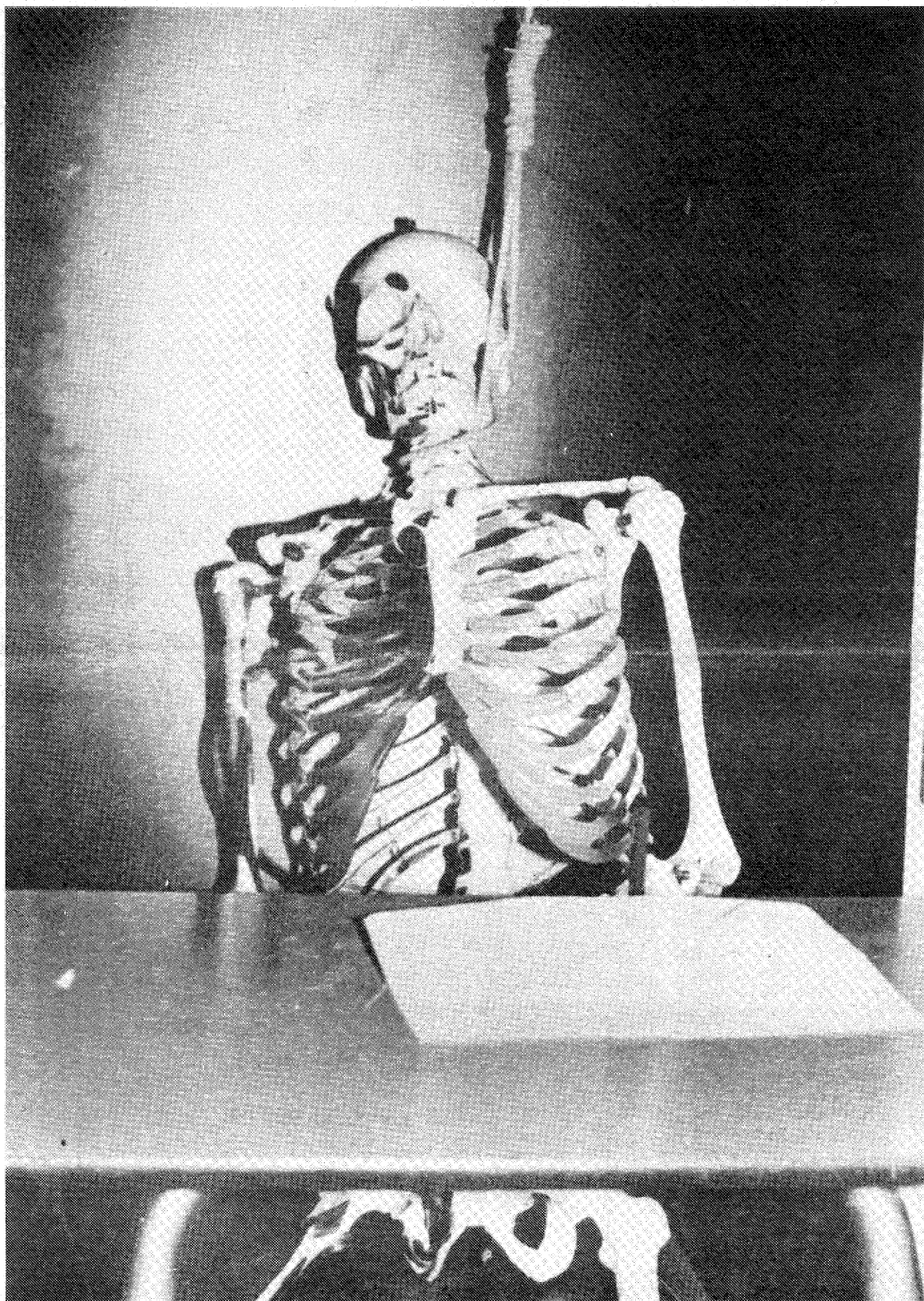

Nait Nugget

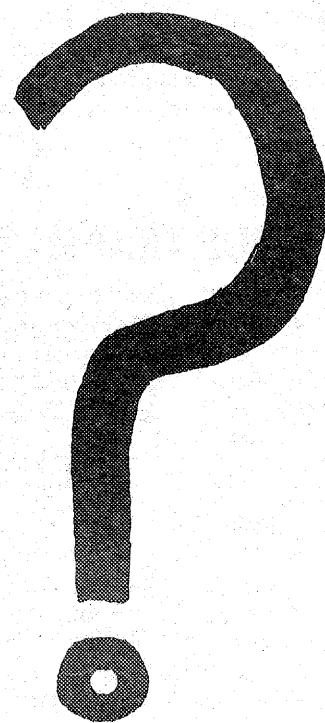
Volume 14

Decmeber 2, 1982

Issue 11



IS
THERE
LIFE
AFTER
EXAMS



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NAITSA BY-ELECTION

PG 8

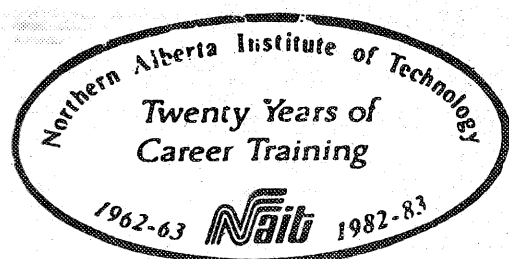
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The Nugget is the student paper of the Northern Alberta Institute of Technology. It is published by NAITSA on a weekly basis during the school year, September to May. Excluding editorials, articles do not necessarily reflect the views and opinions of the Nugget Staff. Contributions from students are welcomed. Submission deadline is Monday, 4:30 p.m. for articles and prepared ads; (camera ready) Friday, 4:30 p.m. for unprepared ads. The Nugget Office is E128 Black phone-427-9187, Grey phone - 423

the second page

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The Black Hand

barnyard notes

Exams have come and gone. The survivors are collecting their strength, and getting ready to battle through another quarter. Those who didn't make it slip quietly away to become another face in the unemployment line, some of them with dreams of trying again next year. I certainly feel that they will succeed because hopefully there will no longer be the Lodgepole perfume hanging in the air.

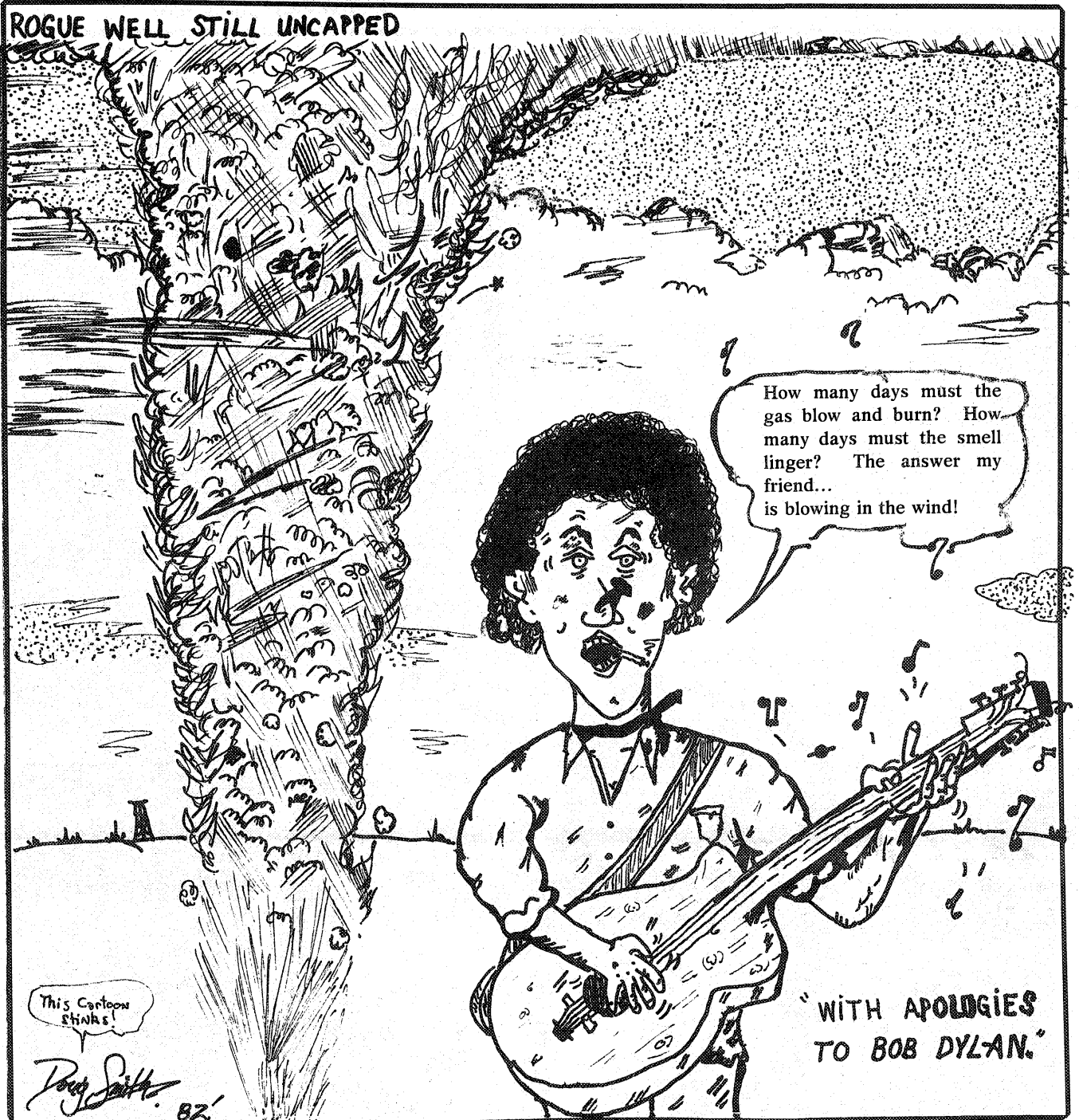
Having done intensive research in the matter, (10 minutes worth) I have come up with a direct relationship between poor exam marks and hydrogen sulfide gas. This particular gas has the habit of making people: a) nauseous, b) listless, c) slow reflexes, d) reduced brain activity, e) all of the above.

Obviously students deserve a fair break by their instructors during this crucial time. How could a person possibly organize his thoughts and concentrate on a 3 hour exam while he is gagging on this obnoxious odor. Of course with the cramped schedule NAIT students work under it is not possible to move the examination schedule and even if we waited for Amoco's "crack" wild well team to get it under control we might never graduate.

Behaviour resulting from the disgusting gas were: a) extreme nervousness, b) tenseness, c) short tempers, d) short breaks from reality, etc. Are NAIT instructors so blind that they could not observe this abnormal behavior, could they not open their hearts just a bit.

Let us not be too hard on them because they were behaving just as strangely. Could they also be affected by the gas? Some of the instructors strange behaviour includes: cynical laughter; behind the hand snickers while observing students slave; hysterical laughter heard during staff meetings held to discuss marks.

If both parties were affected by the gas then I think it is only fair that the last set of finals be ignored and just give everyone eighties and leave it at that. This would make everyone happy and hopefully by the next set of finals the Lodgepole well will be capped and everyone can return to normal.



SOUR GRIPE:

I am beginning to wonder if NAIT students only want to party. They come here and pay around \$400.00 (varies upon tech.), and have no ambition to follow the acts of our beloved and not forgotten student council. The word is out that nominations are being accepted for a position on the student council. Do we want some person to get in by acclamation? No, I can't believe we do. What ever happened to student representation and choice of candidates? Did not the whole present student council get elected by acclamation? To think that there was no competition for good paying jobs like those on student council. There are numerous benefits like: free tuition, high salary, free parking spots, and beautiful school rings. I must admit that they do a lot of work and it takes time but I feel that it would be worth it. What this institution needs is more participation by the students. Don't let this position also go unchallenged? Seeing that we pay their

salaries by our tuitions, I think that we should nominate people to run so that we can freely carry out the idea of political democracy.

SOUR GRIPE

The first day you walk into classes at NAIT you are already a week behind. this bitterly repeated comment is heard everyday around this institution. I agree. It seems that teachers have their own systems of teaching, even though they have a carefully prepared course outline to follow. There seems to be no standard teaching method. Some teachers are speed demons and others go as fast as a sleeping turtle. I am sick and tired of having instructors cramming the last of a course, one day before an exam. Instructors that finish a week before an exam and then start a new section throwing a guy into deeper confusion.

It is time that instructors budget their time more carefully, learn to pace their

time to keep all classes synchronized. It is time that students spoke up, they pay the shot, they have a right to a decent education.

Now is the time to speak up, don't wait until the end of the quarter, don't sit back and say it won't do any good, don't sit back and wait for someone else to speak up, do it yourself! I am sick and tired of listening to students bitch and complain and back down when an instructor shows up. Most instructors are reasonable, sane people, who if a complaint is presented to them about their teaching methods, and if it is presented reasonably, they will try to change if they don't try and do anything about it, go over their heads to a higher authority.

If instructors would just get their acts together and co-ordinated none of this would ever happen, and students would have very few complaints, none as serious as this. Get off your keesters instructors or things could get a little difficult in the classroom.

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Tips On Sipping

Alcohol beverages have been a source of both pleasure and problems since the beginning of mankind. They have been recognized throughout the ages as a source of relaxation, pleasure and conviviality, as well as nourishing the body, restoring and preserving health. Yet history shows that irresponsible use of alcohol can be destructive to individuals, families and societies.

Contrary to popular belief, the majority of problem drinkers are not "skid row bums." This population comprises only 3 to 5 percent of alcoholics in America. In fact, the proportion of heavy drinkers increases fairly steadily from 6 percent of those with grammar school education to 15 percent of those who are college graduates.

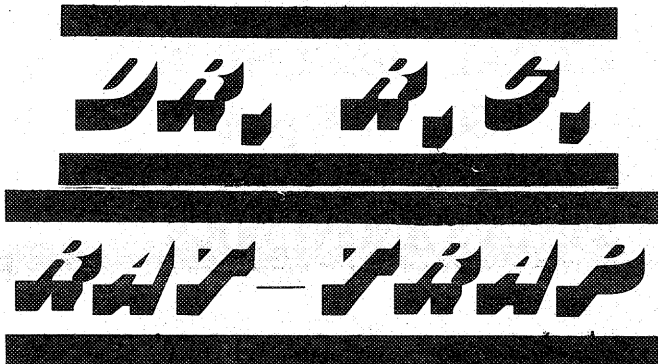
Problem drinkers are defined as persons experiencing negative behavioral consequences resulting from alcohol use. Using this definition, 10 to 15 percent of the students surveyed at various universities around the country were considered to be problem drinkers, and 30 to 45 percent said they had driven after several drinks during the previous year.

The answer to the problem is not prohibition, but rather prudence. The question is not so much whether to drink or not to drink, but rather, if you choose to drink, how to be a responsible drinker.

Tips on Responsible Drinking

If you use alcohol in a responsible manner, chances are that you will never experience a drinking problem. Thus, alcohol will be something to enhance your social relationships rather than impairing or destroying them. For the person who has made the decision to drink, here are some ways to avoid overindulgence:

- Keep in mind that drinking should not be the primary focus of any activity.
- Recognize another's right to drink or not to drink.
- Avoid encouraging or reinforcing irresponsible behaviour.



Rat Trap is back after a tough exam schedule and almost sober and no letters in the box. I really can't tell how disappointed I am. This is really getting to be a drag. I am out of letters, beer, ideas, women, drugs, money, brains and so on and so forth. The paper pervert never talks to me anymore, no one else bothers. This is bothering me so much that I am tempted to do something drastic. That is right, I might sober up and become straight. That's right, if letters don't start coming in soon I will straighten up and start writing articles about health food, and the joys of sobriety and how bad drugs are for your health. This is my final warning. To those of you who were good enough to take five minutes of your time, I love you, especially the Paper Pervert. Those who couldn't be bothered, see what you have driven me to, thanks a lot for nothing. I warn you, if no letters come in next week: article will be on the joys of sobriety.

Signed,
R.T.

Dear R.T.:

I understand that the CIRA (Canadian Intramural Recreation Association) is sponsoring a nationwide Fitness Challenge. I understand that you must participate in your favorite physical activity 3 times a week for 15 minutes. I was wondering if sex is included as a good activity. The activity must raise your heart rate, which sex definitely does. I also understand you can get a group together. What does all this mean.
yours truly,
Curious

Dear Curious:

In the great drive to get Canadians into fitness the CIRA Fitness Challenge came about. Now seeing that they are not that specific about events I would personally say that anything goes. Of course, if you did introduce your event, it would get a lot more people involved and participation would increase a hundred-fold. The only real advice that I have is go for it, but do take the proper precautions, Student Health Services can explain this better than I can. Let me know when the first group competition is going to take place so I can record it with my Betamax. Just for posterity's sake of course.

Signed,
R.T.

- Remember that the right to drink is limited by society through laws governing drinking and driving, the minimum drinking age, etc., and respect these laws.
- Set a limit on how many drinks you are going to have when you drink, and stick to it.
- Drink slowly-don't gulp your drinks.
- Measure the beverage alcohol when you are mixing a drink.
- Use alcohol carefully in connection with other drugs.
- Discourage a driver who is under the influence of alcohol from driving; provide transportation at social gatherings where drinking is involved.
- Seek help if you think you have a drinking problem, and if you think someone else may have a problem, encourage him/her to seek help.

First Aid for the Intoxicated

There is no way to sober up quickly. It takes time for the person to metabolize the alcohol in the bloodstream. A cold shower, black coffee, oxygen or exercise will have little effect. A general rule of thumb is that it will take as many hours to sober up as the number of drinks ingested. Here are some basic first-aid procedures to use on an intoxicated person.

If a person has had "one too many" and passes out, monitor his/her breathing to make sure it's normal. If the breathing is irregular and the person appears to be in a coma, with purplish skin tone, try to wake him/her by shaking or gently poking. If there is no response, call for medical attention immediately.

If the person responds but is listless and sleepy, make sure the person is on his side so he will not choke in case of vomiting. Keep the person comfortable and let him sleep it off. A ride to the local detox centre might be a sobering experience for your friend.

If the person is not breathing, proceed with mouth-to-mouth resuscitation and get help immediately.



Much care must be executed with the aggressive drunk who wants to fight everyone.

- first approach the person carefully and try to calm him/her down by using a rational reasoning.
- Attempt to get the person to leave and go home with you or friends.
- If the person continues to be assaultive and is hurting others, you should call the police to avoid further damage and for the individual's own protection.

How to Detect a Drinking Problem

Here are some basic warning signals that indicate a person may have a drinking problem.

1. A person who frequently drinks to a state of intoxication.
2. A person who relies on a drink to start the day.
3. A person who consistently skips classes due to hangovers.
4. A person who has blackouts and loss of memory from drinking.
5. A person who frequently drinks alone to escape from reality, boredom and loneliness.
6. A person who sustains bodily injury as a consequence of drinking.
7. A person who excessively denies he has an alcohol problem when approached about his behaviour concerning alcohol.
8. A person who suffers from chronic hangovers and wants a drink to relieve the hangover.
9. A person who under the influence of alcohol does something he/she would not do otherwise.

If someone close to you seems to have an alcohol problem, don't be afraid to talk with him/her. Show concern and support without preaching or criticizing. Have a positive attitude and be sincere about your feelings. Be prepared to offer alternatives and specific advice as to what kinds of professional help are available, because the problem drinker is usually the last to know he has a problem.

If you follow these tips on sipping, you can minimize the problems of drinking alcohol and maximize the pleasures. Health pamphlets on various subjects, can be obtained free from Health Services Room #119 Central Core. Please call in any time.

Dr. Joyce Lampard
OPTOMETRIST

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Nugget First Annual...

Christmas Contest.

Submit your version of...

Christmas Carols

Poems

Stories

Drawings



Or anything else you would like to see in the **Nugget Christmas issue.**
The most original entry, providing that it is printable, will receive four free tickets to the January Rock'nTalk.

Rules: All entries must be received in the Nugget Office [E128] by 4:30 p.m. Dec. 13/82. Entries must include your name and student I.D. number [Names will be withheld from publication if requested]. Drawings should be done with black ink or felt pen.

So, get your minds off of school work and get busy collecting your Christmas entries!

Entertainment



BAS Cabaret

The second cabaret for BAS this year was held Fri., Nov. 26 at the Villa. The timing of the event could not have been better. After a long week of writing exams, those who attended were ready to "Let Loose with Footloose". As with the last cabaret put on by BAS the first song played by the band brought the crowd to their feet. The dance floor continued to be full for the rest of the evening. There were a few technical problems with the band towards the end of the evening, and complaints about the temp-

erature of some of the beer sold, but this did not deter from the overall "giver" attitude. All of the tickets sold out again and it was good to see a varied mixture of technologies, both first and second year students, represented.

All in all, the BAS Cabaret was an excellent way to wrap up a gruelling first quarter. You can look forward to a repeat performance scheduled for the end of midterms.

Thanks From BAS

We would like to express

our appreciation to those who took time out to work at the cabaret. Because of your efforts it was a smooth running and successful evening.

Those of you who attended for the sole purpose of partying, we can see by the amount of alcohol consumed, and by the running shoe tread marks left on the dance floor, that this end was achieved.

To ensure the continuance of this festive partying atmosphere we cordially invite you to the Jan. 22nd Cabaret featuring Sneakers.

The B.A.S. Executive



Photo by Tom Troost

PARAMEDIC CABARET

The Paramedic Cabaret was held at the South Clairview Community Center on Nov. 19th. I saw the Paramedics a few days before selling tickets and making grandiose claims about what a great bash it was going to be. From their claims, I thought that if it turned out to be half that good, it would be the best cabaret that I had attended to date. So I went to the Nugget Office and battled it out with the other photographers in order to cover the Paramedic Cabaret. Having won the honor, I arrived at the cabaret fashionably late. To my surprise all of the claims made by the paramedics

turned out to be true. The music provided by Alberta Sound Systems was great. Those in attendance included: 30 or so nurses from the Royal Alex, and most of the dental technician. (I could not locate the Wild Four—some however, as they were keeping their identities secret). All together about 160 people showed up.

There was free food which tasted good, along with a plentiful supply of booze. Thus, I would like to personally nominate the Paramedics Cabaret as the best one this year. So, the next time they have a cabaret, be sure to get your ticket early. Photo and Story by Tom Troost.

The Illusion of Reality

Reality
Is an illusion
We search for meaning
In life
We put on
Our different faces
And surge forth
Into the world
Where all men
Wear their masks
Everybody fools everybody;
This is reality.
Reality is
An illusion.

Doug Lange

July 2, 1982

Believe it or not, that is when the first Christmas show for the season was aired (it was a "Late Night with David Letterman" special). And although most of the rest of the "Christmas specials" ("How the Grinch Stole Christmas", "Frosty the Snowman", et al ad nauseam) have yet to be aired, Christmas was here a month ago so far as commercial television was concerned.

The lamentations one will be hearing during the next month about the commercialization of Christmas are quite valid, and, unfortunately, part of the cause of that aura of profiteering is television. Consider, for example, that contemporary guide as to which holiday is approaching, toy commercials. The candles inside Hallowe'en pumpkins had not even been lit when the video air waves were inundated with messages from the various makers of playthings. (To make things worse, all of these toy commercials seem to contain the words "batteries not included" and "some assembly required".)

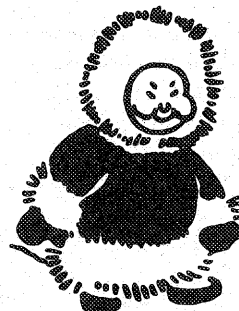
Unfortunately, the commercials are not the only problem with Christmas on television. Most of the series, from the daytime soaps to the evening sitcoms, seem to find it necessary to have a "special Christmas episode" (follow-

ed by special episodes for New Year's Day, Valentine's Day, Easter, Mother's Day, Father's Day, and so on). Regrettably, these "special episodes" are anything but special.

Thus, if there is a "worst month" for watching television it is the month of December. Television normally has a vacancy of intelligence when it comes to programming; the supposed goodwill of Christmas (show your friends and family you care for them all year, not just on December 25) just seems to reveal that television has a virtual dearth of usefulness.

Vernon R.J. Schmid

P.S.: Only 20 shopping days left until Christmas...



ROCK AND TALK
FRIDAY, DECEMBER 3,
4:30- 8:00 p.m.
BRING A PRESENT FOR
SANTA'S ANONYMOUS

The Desperate Cry

The desperate cry of a lonely soul goes ringing through the streets,

And the pain and torture within that cry, at night awake me keeps.

The constant suffering that soul must feel keeps working on my mind,
And I am compelled to try and describe it somewhere in this rhyme.

This person seems to be cut off from others of his kind,
In a private hell of his own making, where in he'll be hard to find.

So he screams and shouts and beats about, hoping that someone will hear,
And come to help this lonely soul who by now is quivering with fear.
What demons existed within his brain, I'm sure no-one will know,
For he's now been cut down, to lie on the ground, in the slowly melting snow.

Stephen Whistance-Smith

Some families go all out for taste.

When that deliciously rare occasion rolls around — family night out for supper — there's one restaurant you can't afford to miss.

At Boston Pizza, we do everything we can to make families feel right at home.

A nice family atmosphere. Fast and friendly service. A delicious meal for every appetite.

And the price is right. Every night.

Boston Pizza
There's no taste like it!

10115 Princess Elizabeth Avenue 12901 - 92 Street
4702 - 118 Avenue 10543 - 124 Street
Or any of the other 10 Edmonton and area locations.





TO BE CONTINUED



Violin Recital

Patricia Armstrong will be appearing at MacDougall United Church Dec. 12 at 2 p.m. She will be accompanied by Sylvia Shadick on the piano. They will be performing selections by Vivaldi, Bach, Schubert, Faure and Kreizler. Admission is free.

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COUNTRY SWING, FRIDAY NOVEMBER 19

Photo by Gord Ellis

Friday, November 19 saw the Country Swing Rock & Talk at the NAIT cafeteria. When my friends and I showed up at 4:45 the doors were just opening. Maybe it was because of finals, but there weren't very many people there. The first couple started dancing at 5:05.

The music was supplied by CFCW(790) and was

not all that bad considering that it was country. There were some very interesting songs played like 'The Rodeo Song', 'Pubic Hair' and 'Dolly Pardon's Tits'. There was also a bird dance contest won by Gay Erickson and Pat Cymbala. For their great imitation of birds, they received free beer tickets.

There was quite a bit of room on the floor at most times. They also had a sort of butterfly contest which I feel was judged rather unfairly. I mean who says that our team wasn't the best(just because we ran into the stage, tables, etc). Overall it was rather a good time enjoyed by all who were there.



THIS WEEKS MOVIE

SHARKY'S MACHINE

Starring Burt Reynolds

Sat and Sun Dec 4&5

7:30 pm Little Theater

Admission \$1.00

THE SECOND ANNUAL SPRING SKI BLOWOUT at BIG MOUNTAIN (Whitefish, Montana)

MARCH 2-6/83

Presented by CIVIL ENG. TECH.

THE PACKAGE INCLUDES:

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PRICE: \$225.00 MEMBERS

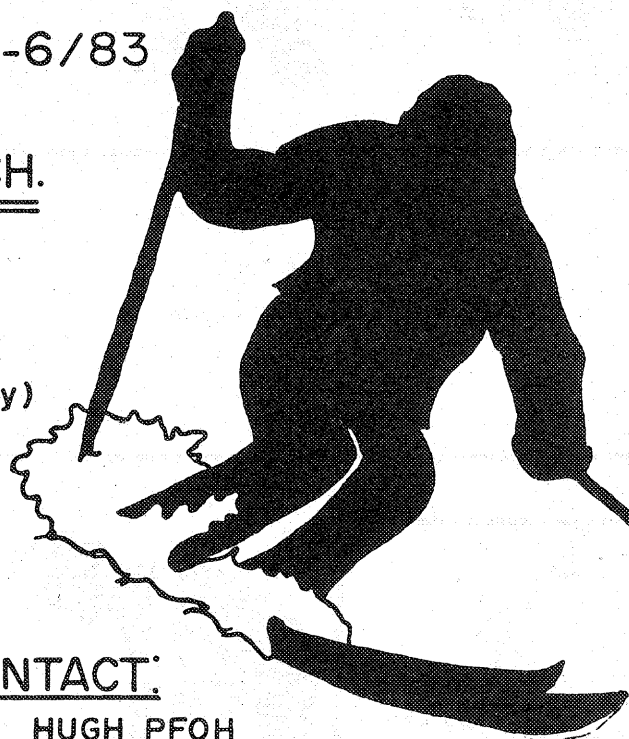
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ANYONE INTERESTED CONTACT:

KEN BUCHANAN
L116 (Plaza 2)
Ph: 475-3791

DAVE JURCZAK
L132 (Plaza 2)
Ph: 455-5350

HUGH PFOH
L145 (Plaza 2)



SPORTS

HOCKEY NEWS

by Brian Stein

THURSDAY, NOVEMBER 18TH NAIT OOKS 7, CAMROSE VIKINGS 1 AT CAMROSE

Two first period goals gave NAIT a lead they never relinquished as they downed the Camrose Lutheran College Vikings 7-1 on Thursday, November 18th in the Rose City.

Kevin Hayes started the NAIT scoring 8:23 into the game with his first goal of the season. Darrell Hughes and Garth Hayes picked up the assists. At 17:06, Randy Repchuk increased NAIT's advantage to 2-0 on an unassisted effort.

Fifteen seconds into the middle frame, Brad Chaffey pulled the CLC Vikings to within one. Seven minutes and 45 seconds later, Gary Hoekstra's shorthand marker reinstated NAIT's two goal lead. At 18:18, Randy Repchuk set up Gary Hoekstra's second red lighter of the contest making the score 4-1 in favor of the Ooks.

In the third, Rick Karst of the Ooks capitalized on a tic-tac-toe passing play with linemates Dale Kolada and Ken Ludwig at the 6:23 mark to up NAIT's advantage to four. Three minutes and four seconds later, Rick Karst found the net for the second time in the match with help from his linemates. At 10:17, center Jeff Hendricks capped the night's scoring making the final, NAIT 7, CLC 1.

Cleo Rowein of the Ooks came up with many big saves early in the contest to keep NAIT ahead and blocked 39 shots in the contest. His CLC counterpart, John Mulka stopped 34 NAIT drives in the match.

SATURDAY, NOVEMBER 20TH RED DEER 8 NAIT OOKS 7 (OT) AT NAIT ARENA

A pair of goals in the ten minute overtime helped the Red Deer College Kings defeat the NAIT Ooks 8-7 at the NAIT Arena on Saturday, November 20th. The win gave the RDC Kings sole possession of first place in the ACAC.



In the first, former Ooks captain Wayne Perkins introduced himself back to NAIT giving the Red Deer College Kings a 1-0 lead at 14:27. Two minutes and 14 seconds later Dwayne Swanson doubled the Kings lead to 2-0. With 56 seconds left in the period, Warren Sanregret tallied to cut RDC's advantage to one.

Joey Engert increased Red Deers lead to 3-1 with 1:22 gone in the second. Less than a minute later, Red Deer's Garry Leach collided with NAIT goaltender Cleo Rowein. Rowein was in extreme pain after the collision and could not continue as he suffered a leg injury. Rowein's injury sparked NAIT's comeback. Dale Kolada connected on the powerplay at 3:21 to bring NAIT within one. Eighteen seconds later, Rick Karst of NAIT tied the contest 3-3. NAIT went ahead 4-3 at 3:59 on Rick Karst's second marker of the game. RDC's Wayne Perkins beat John Gillespie 13:27 to deadlock the teams at four. One minute and 48 seconds later, Dennis Connelly of the Kings turned on the red light to give RDC a 5-4 advantage.

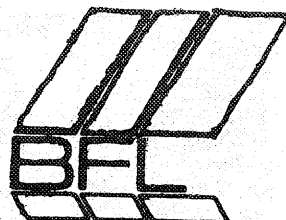
NAIT evened up the score at five on Darrell Hughes goal at 6:32 of the third. A short minute and 10 seconds later Dale Kolada put NAIT in front 6-5. With the man advantage, RDC came back to tie the contest on Garry Leach's tally.

Tied at 6-6 after regulation, the teams moved into the ten minute overtime. At 7:04, Gary Hoekstra put NAIT on top 7-6. One minute and 21 seconds later RDC pulled even with Ooks when Terry Wheeler found the net. RDC's Wayne Perkins rounded out the scoring by notching the winner with 34 seconds left in the match. For Perkins, his return to NAIT was sweet, as he collected the hat trick.

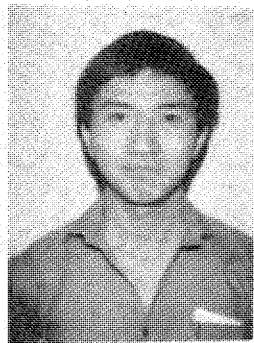
In the contest, the RDC Kings grilled the NAIT goaltending duo of Rowein and Gillespie with 44 shots. At the other end, Neal McPheddran of the Kings faced 54 NAIT drives.

Unfortunately, for the players, coaches, and most importantly, the fans, the refereeing at the ACAC contests so far this season has been substandard. Officials with four teams in the league expressed this opinion in conversations over the past two weeks. The officiating was costly on Saturday night as NAIT appeared to have scored the winning goal with two seconds left in regulation. Instead, the referee waved off the tally. In commenting, the official was heard to say, "I thought it hit the post". Players from RDC and NAIT both declared the evening, "Amateur Night at Officiating School".

ON THE BENCH: Other than the injury to goaltender Cleo Rowein, the Ooks are relatively healthy except for bumps and bruises suffered in the past two matches... NAIT resumes action after a 14 day layoff on Saturday, December 4th when they host the Mount Royal College Cougars. Game time is 7:30. On Sunday, December 5th at 2:00 in the afternoon the Ooks entertain the SAIT Trojans. Remember, admission to NAIT Ooks home games is FREE with your NAIT I.D. Card!



Player of the Week



BADMINTON COLIN CHOW TELECOM II

Team Captain and placed 3rd in the Mixed Doubles in the First ACAC Tournament held in Red Deer this past weekend.

Team practices for the second half commence this Thurs., Dec. 2, 8-10 & Fri., 3-5:30 p.m. in the South Gym.

OOKS BASKETBALL

In the last two weeks the Ooks have played 4 games and are undefeated in regular season play. On Wed. Nov. 17 they faced the Camrose squad. The Ooks did not play as well as they were capable of, but were still leading 38-27 at the half. They missed on some very easy lay ups but were doing some good rebounding and controlled both offensive and defensive boards. With Pat Gangl and Scott McLarren both getting 14 pts., NAIT won the game 74-46. On Friday, Nov. 19, the Ooks played a good team sent up by Red Deer College. The game was an extremely fast paced event with NAIT taking a 35-25 lead at the half. Pat Gangl had an outstanding game and with some awesome shooting accumulated 33 pts. Murray Proctor also turned in a good performance with some good steals and great dribbling. NAIT went on to win the game 77-63. Good games were also had by Harry Blacker with 14 pts. and Scott McLarren 10 pts. This last weekend the Ooks were on the road, playing Friday in Medicine Hat. The Ooks were again victorious, winning 75-51. A surge late in the 1st half, of 14 points for the Ooks while allowing only

2 points for MHC, allowed NAIT to take a 40-26 half time lead. The game continued to be close in the second half with NAIT's strong defense dominating. High scorers for NAIT were: Scott McLarren 16, Murray Proctor 12 and in his first game since coming off the injury list, Jim Barnet 12 pts. On Saturday the Ooks travelled to Lethbridge. NAIT started quickly and opened up a 14 pt lead but LCC came back to close it up again and NAIT went into the half with only a 41-36 lead. Again in the second half NAIT opened a 14 point lead. LCC tried to come back but NAIT's defense proved to be too strong and the closest they got was within 7 points. "The team played very well together and didn't fall under the pressure", commented coach Dave Hoy. The final score was 79-62 for NAIT. High scorers for us were: Scott McLarren 18, Pat Gangl 14 and Tim Schrader 11. An entertaining performance was also put in by Brian Clelland on the trip. The victories put the Ooks in first place with 4 wins and 0 losses. The Ooks regular action before the Christmas break will be Friday night against GMCC. Come out and cheer them on to victory. Game time is 8:15.

GREAT INTERCOLLEGIATE SPORTS ACTION THIS WEEKEND

Basketball Friday - Dec. 3

NAIT Oookchicks vs. GMCC Griffettes at 6:30 p.m.

NAIT Oookpiks vs. GMCC Griffins at 8:15 p.m.

Hockey Saturday - Dec. 4

NAIT Oookpiks vs. MRC Cougars at 7:30 p.m.

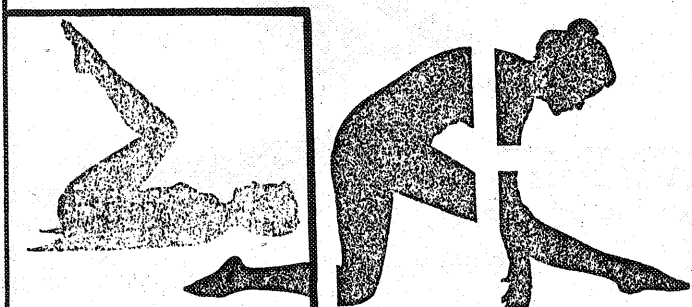
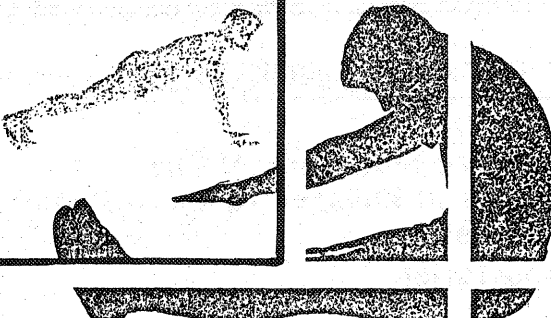
Sunday, Dec. 5

NAIT Oookpiks vs. SAIT Trojans at 2 p.m.

**Come On Out
And
Support The Ooks!**

PHYSICAL & LEISURE EDUCATION

MISS REGISTRATION?
HAVE TO CHANGE CLASSES?



LATE REGISTRATION

THURSDAY, DECEMBER 2 UNTIL

WEDNESDAY, DECEMBER 8

IN FRONT OF THE NORTH GYMNASIUM

11:15 A.M. - 1:00 P.M.

BADMINTON TOURNAMENT AT RED DEER COLLEGE November 26 & 27

The NAIT Badminton team travelled to Red Deer College this weekend to compete in the first of two ACAC Tournaments to be held. Team spirit was high as NAIT finished 3rd only behind 2nd place RDC & SAIT. Nine teams attended the two day tournament.

The Mixed Doubles team Colin Chow and Yvonne Jones completed the round robin in 4th place. With some fine calibre of play, Chow and Jones beat Olds in a close match as they achieved a 6&3 win/loss record.

Cliff Ross and Kevin Kirk played very well together in the Men's Doubles category, finishing in 3rd place. Even though the men lost to SAIT and RDC, they accomplished a very respectable standing. The Men's Singles proved to be one of the toughest and most aggressive in the tournament. Peter Webster played exceptionally well, as he won 4 games, MHC, GMCC, GPRC & MRC. Webster put in a fine effort as he finished in 5th place. Women's Singles also another tough division which gave NAIT's Diana Gould some problems as she finished in 7th. With a high calibre of skill and endurance present in the singles category, Gould managed two wins against MRC & GPRC.

The Women's Doubles team had a very successful tournament as they finished in 3rd place. The two combined their skills and used fine teamwork to defeat 6 college teams. Congratulations to Kelly Young and Corine Peers on a fine performance.

The team was coached by Eileen Harle, Assistant Coach Charles Tiemstra.

Civil First In Talent Contest

The first talent show of the year was held Nov. 17th. The gym seating area was filled to capacity with spectators, along with a large portion of the floor area. There were five entrants competing for a total of \$100 in prize money.

First place honors went to Larry Glover of Civil Engineering for his performance singing a variety of songs and playing the piano. The Electrical Engineering musical trio of Kelly Jordan, John Chin, and Martin Err picked up second place for their band. Third prize went to Lorna Carleton of Secretarial for her performance of movie themes which she played on the piano. Larry

CHICKS BASKETBALL

In the past 2 weeks the girls have been involved in 4 games but have failed to get any points in the standings. In their first action, against Camrose on November 17, the Chicks lost a hard fought game. The game was close until the last 2 minutes of the 1st half when Camrose scored unanswered points to take a 30-15 half time lead. NAIT closed the score to finish the game with a 42-52 loss. High scorers for the Chicks were Jame Bering 11pts and Janet Weech 8 pts. On Friday Nov. 19 the Chicks faced a very good team from Red Deer. RDC opened with a 34-12 lead at half and continuous excellent play extended the score to finish the game 65-31. High scorers for NAIT were Janet Weech 9 pts and Marcy Hurlburt 8 pts. On the weekend the Chicks were on the road playing in Medicine Hat Friday night. After a long trip down there, the girls must have been tired and not totally recovered from the recent exams. MHC went on to beat the Chicks in a one sided game 60-24. Saturday in Lethbridge they seem to have collected themselves in a close game. Although the game was tied at the half, Lethbridge pulled away in the second half and handed the girls another loss. The final score 76-59 for LCC.

High scorers were Marcy Hurlburt 16 and Janet Weech 13. The next action for the girls is a home game Friday night against Grant McEwan. Come out and show them that we are behind them.



Jordan of Computer Systems played an acoustic guitar and sang an original composition. Although they did not win, the Marketing Management entry, Tony Lazowski and Norm Trotter, did a fine job of livening up the audience with their "Air Heads" air band.

Master of Ceremonies services were provided by R.T.A. They did a great impromptu job in offsetting the multitude of technical problems, but were somewhat lacking in their ability to fill the gaps in between acts.

The next talent show will be held Dec. 8, in the North Cafeteria. The entrants are already lined up and preparing their acts, so if you are planning to attend, be sure to get there early to ensure a good seat.

Intercollegiate Schedule

HOCKEY Dec.4 MRC at NAIT 7:30 pm
Dec.5 SAIT at NAIT 2:00pm
Dec. 7 NAIT at RDC
Dec. 11 CLC at NAIT 7:30 pm

BASKETBALL

Dec. 3 GMCC at NAIT W6:30 M 8:15pm
Dec. 18-20 Blue-Gold Classic at NAIT Men Only
Green-Gold Classic at SAIT Women only volleyball
Dec. 3-4 Interlocking Tournament at RDC
Dec. 8 GMCC at NAIT W7:00 pm M 8:30 pm.

VOLLEYBALL

On the weekend our volleyball teams were in action up in Grande Prairie for a pair of games. Friday night the women won the first set 3 games to 1. They lost the first game in a close overtime battle 16-14, and in the second were down 9-0 but came back to win 15-10. In the third game they went into overtime. NAIT came on to win 17-15 and went on to win the fourth game 15-11. Saturday they continued their winning ways by again beating Grande Prairie 3-1. The game scores were 15-11 NAIT, 15-8 GP, 15-11 NAIT, 15-6 NAIT. Everyone contributed in a total team effort but an extra good effort was turned in from Susan Ouellette with a consistant all-round performance.

The men's team also played Friday night against Grande Prairie. The team

wasn't very up for the contest and lost 3 games to 1 with scores of 15-11 GP 15-10 GP, 15-7 NAIT, 15-12 GP. They played again Saturday and played much better. They still lost the set but gave Grande Prairie a good run. The first game was won 15-11 by NAIT in a good effort. The second and third games went to GP 15-9 & 15-13, but NAIT came back to force a fifth and final game by winning 15-6. In an extremely close game, NAIT was a victim of their own small mistakes and were beaten 15-12. The problem is a lack of concentration and making the basic mistakes.

The next action for the volleyball teams in this weekend in a fully interlocking tournament in Red Deer. Their next home action is Dec. 8 against GMCC.

Is It Worth It

It all starts when the first ski magazine hits the shelves in the middle of August when bathing suits and suntans are still in your blood. Then you wonder will it be worth it?

Your bank account starts to add dollar to dollar towards your own little piece of mountainous paradise. Your fingers become blue from flipping through ski pamphlets and your dial finger is sore from dialing resorts, only to find you can barely afford the bus ride there. Then again you wonder is it worth it.

Your last years ski suit has one too many wine stains and it is out of style along with your two year old skis, boots and those ski shop salesmen are the cleverest salesmen of all. Within twenty minutes he can prey on your senses for style, safety and performance. With every passing minute costing you hundreds of dollars. Now you really start to wonder if it is worth it.

December finally rolls around after many pain staking hours breaking in your new boots. Then with your back pocket loaded with fifties you set out for a six hour drive to the magical wonderland. All the while your head is pounding from your pre-ski party because a sober skier is a boring skier. Then you finally reach the mountain to be met with a

twenty minute ticket line and a half and hour lift line. So there you stand with wine skin in hand, your new ski gloves begin to harden in the cold and your discover that your darn ski suit is not really that warm. Then all the way up the chair you wonder will it be worth it.

Then suddenly like a hand out of the darkness the mountain top reach out to meet you. Your blood races to almost bursting point. Then just like magic your ski boots fit perfectly, and your ski suit and gloves are overflowing with heat. Then your feet come to rest on clean, crisp, silvery snow. Now you are in heaven, a heaven all to your own. To reach out further into this heaven you only need to push off twice. The skis cut the snow like a hot knife cuts butter, all along they whistle a gentle song in the snow for your ears only. The quicker the skis move the more your heart pounds begging for more speed. The wind and snow cut deep into your bare face but you feel no pain, they only serve as a gentle reminder that you are still on earth. Then the sun cuts through the pale mountain side, making it mirror it's beauty as you sail through this heaven.

Then you realize, it was worth it.

Pat Buhrs

INTRAMURAL SCHEDULE

Dec. 1 I-M Sports Rep Meeting 4:30 E129

Dec. 2 Deadline-Men's and Women's Badminton (singles)

Dec.3 Deadline-Women's 5 on 5 Basketball

Dec. 5 Starting Date-Men's and Women's Curling

Dec.6 Starting Date-Men's and Women's Broomball

Dec. 7 Starting Date-Men's and Women's Badminton(singles).
Deadline-Co-ed Curling

Dec.9 n Starting Date-Women's 5 on 5 Basketball

Dec. 12 Starting Date-Co-ed Curling

AROUND TOWN

Well a new semester is now upon us and with it all the homework that is associated with the beginning of new courses. The best way to relax and give your eyes a break from all those exciting tests is to go out and drink your face off. After an indepth search I have concluded that there are no tech cabarets this weekend so being the responsible person I am I felt it was my duty to keep the students informed of potential watering holes and the entertainment that each has to offer.

Beverly Crest XLR8-bar
Cosmetics-cabaret

Convention Inn South Nick Danger

Capilano Patch

Continental Inn Berlin
Ambassador Hound Dog

Londonderry Nicki Cruz-bar
Footloose-cabaret
St. Albert Inn City Boys
Renford Inn(on White)- Grizzly

Upcoming Concerts

Chilliwack and the Blushing Brides \$12.00, Dec. 10 at the Collisium. Tickets go on sale Saturday for the upcoming Billy Joel concert, Dec. 20. Price is \$20.00. If none of these areas catch your interest grab yourself a case of cold ones and curl up with a good book or a good blonde.

THE OTHER SIDE OF THE POLE

Presented by
Theatre Network
Centre Stage

Written by
Edward Connell
Marney Heatly
Stephen Heatley

Directed by
Stephen Heatley

Music by
Edward Connell

The cast consisted of 8 people.
Bradley C. Rudy (Alex Kringle), Lydia Slabyj (Sandy Kringle), Monty Thull (Willie), Susan Greenfield (Elf), Barbara Adams (Elf), and Karen Smiley (Elf).

The Other Side of the Pole is a Christmas musical fantasy, set in a modern small town (Splithoof), around this time of the year. It is a story of the loss (abolishment) and rediscovery of the meaning of Christmas.

At the outset of the play massed confusion, on stage as well as in the audience, prevailed. But as time passed so did the confusion, the plot thickened, and the play turned out to be very humorous, delightful, and reflective of times passed.

All musical compositions were written especially for this play. The music was good, but once in a while the piano drowned out the voices of the actors and their lines were lost to the audience.

Most, if not all, of these actors have had some form of vocal training. The singing was impressive, often bringing a smile to a face or a tear to an eye. The roles of the characters were portrayed quite well - the elves confused and excited, Alex always frustrated (when not upset), Pix understanding, Willie and Sandy unyielding and inquisitive, and "Mr. Smith" submissive.

The play runs until Dec. 5th at the Theatre Network. If you have misplaced your Christmas cheer, or would like to accumulate a little bit more, mark this play down on your Christmas list of "things to do".

ARE PRINTED FREE TO ALL STUDENTS AND STAFF

A blank 10x10 grid for graphing, consisting of 10 columns and 10 rows of squares.

PHONE: _____ **STUDENT:** _____ **STAFF:** _____

For more info CALL TOM at **454-6911**