

VOLUME 22

SEPTEMBER 13, 1984

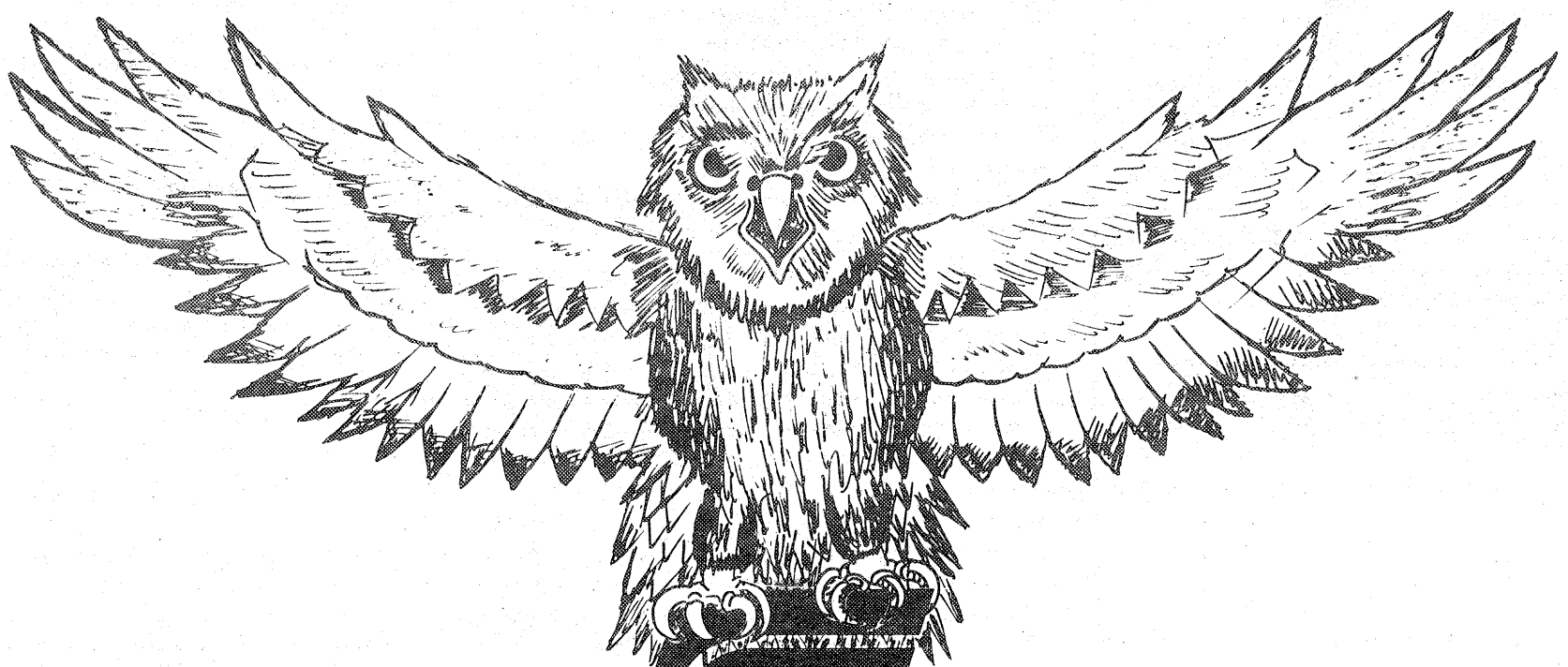
Issue 1

the

NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY STUDENTS' NEWSPAPER

NUGGET

WELCOME TO



NAIT

WITH YOU, WE CAN

OPINION

INSTRUCTIONS FOR USE

Hello, and welcome to the second page of the first edition of the twenty-second volume of "The Nugget." After your first glance, some of you may still be confused as to what "The Nugget" is. I will be more than happy to explain this to you. But first, let me sincerely welcome all the second year s back, and all the first year s to the Northern Alberta Institute of Technology. (Ed's note: for simplicity we will refer to this institute as NAIT, or "The Salt Mines" from now on.)

To begin with, "The Nugget" is a twenty-one year old organization that has been printing ever since NAIT opened. The name is associated with the north, and also an object of value. It is a NAITSA publication, which means it is funded by student fees. Because of this, any student has the right to volunteer any constructive criticism to us. Not too much criticism, however, because we only use up 5 percent of NAITSA's budget. "The Nugget" is printed every Thursday, and has a circulation of 3000 issues. It is run by a staff of eight people and various contributors, all of whom we are still looking for.

You can use "The Nugget" in many ways. Our weekly edition can direct you to cabarets, keep you up to date on intercollegiate sports, and is interesting light reading. You can use "The Nugget" to address the rest of NAIT. Send a letter to use and we'll be sure to print it. You can even use the newspaper to get ahead. Come down and help us out. This experience looks very good on your resume as an extra-curricular activity. Some of you will even use "THE Nugget" to wrap fish. We here at the office are really not impressed by this habit.

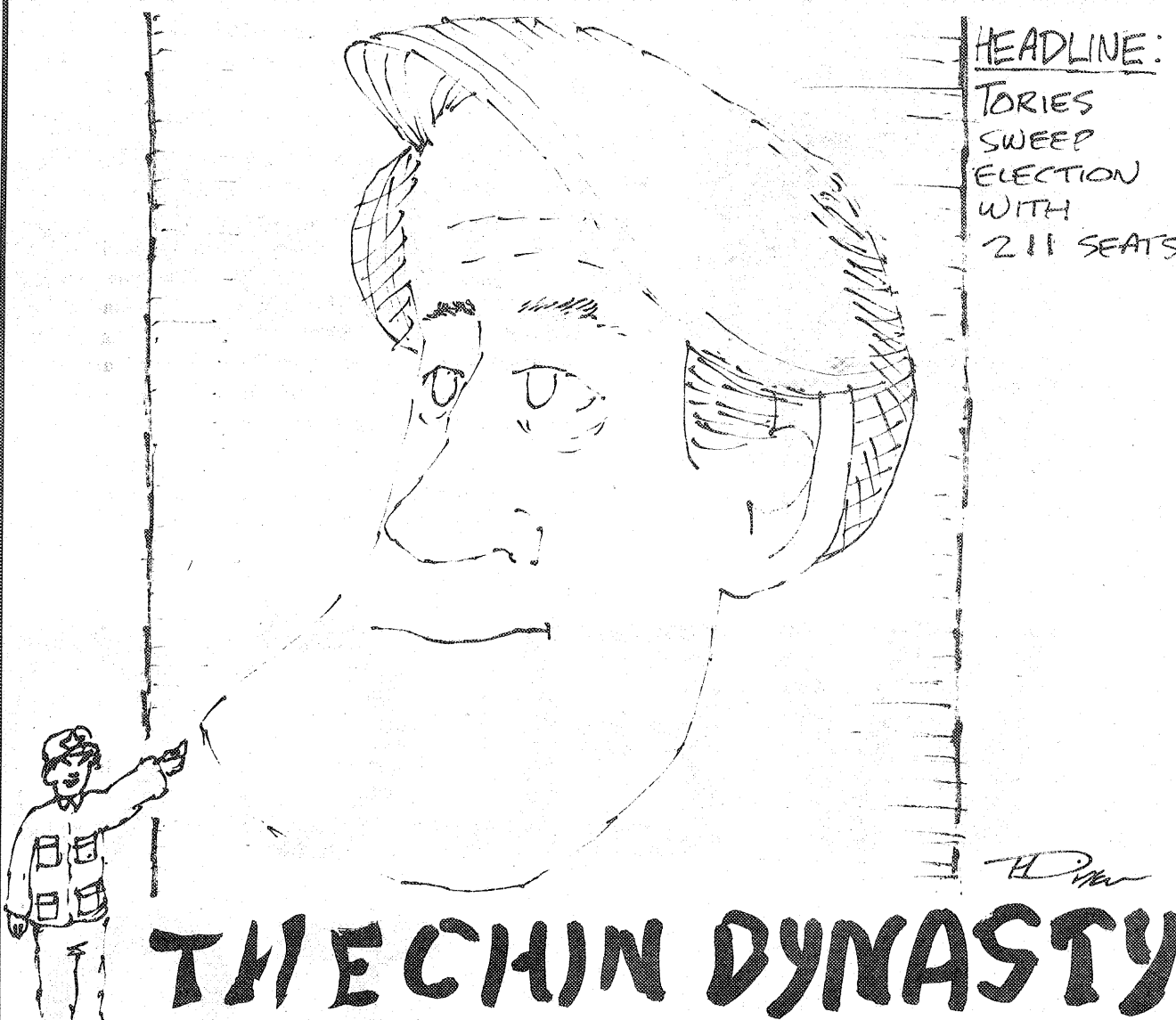
Our newspaper is also an asset to the different technologies. "The Nugget" has always printed articles submitted by different techs to promote themselves. We'll be taking a more organized approach this year by introducing a feature called the "Tech Page" (pg. 7). After all, it is one of our objectives to present a factual picture of NAIT. Also, as noted earlier, we promote the tech's cabarets with ads. Our watchword on tech advertising this year is "equality."

I hope this has been informative to everyone as to what the intent of our product is. We like to hear student feedback to let us know how we're doing. If you liked this first issue of "The Nugget", come down and tell us. Or better yet, come down and become a part of our team. I look forward to seeing you.

Sean O'Neill
Editor

The NUGGET is the student newspaper of the Northern Alberta Institute of Technology. It is published on a weekly basis during the school year September to May. The NUGGET will not be published during mid-term and final exam weeks. As a supplement to our regular issues the NUGGET will publish special issues to suit particular occasions. Excluding editorials, articles do not necessarily reflect the views and opinions of the NUGGET staff. Contributions from students are welcomed. Submission deadline is Monday at 4:30 for Thursday's issue.

The Nugget is located at E128
Phone 471-7615
Local 7615



RICHARD RUSSELL
Assistant Editor

Welcome to NAIT! I hope that you've all had a great summer. My name is Richard Russell and I've had the good fortune of having the opportunity to earn the Assistant Editor's position for NAIT's student newspaper, The Nugget. My duties include:

- Assisting the editor with:
- 1) Staff recruitment, training assignment and motivation
 - 2) Ordering and purchasing of necessary supplies.
 - 3) Preparation of annual "Nugget" budget.
 - 4) Designing weekly layout format.
 - 5) Ensuring adequate maintenance of machines.
 - 6) Assuming any position not staffed.
 - 7) Adhering to goals as stated in "Nugget" guidelines and constitution and,
 - 8) In the absence of the editor I provide direct supervision to the staff.

My writing interests began when I wrote an article for our grade nine class newspaper. The article itself was no great thing since it was an assignment but what I did learn from this experience is the tremendous thrill it is to see one's name in print. During my high school years I became more interested in my English classes and naturally I came to enjoy writing more. Last year, my first year at Nait, my classmate Sean O'Neill was a Production Assistant with the newspaper. Seeing as how the newspaper was no longer simply something to pickup, read then throw away (since I had a contact) I once again thought about writing for a publication. Sean suggested that I try my hand at writing for The Nugget.

With a feeling of "nothing to lose" I wrote my first article. It was well received and if nothing else, it was a real confidence booster for me. From then on I've become more and more involved with the newspaper.

This year, my friend Sean O'Neill is the Editor and I've become the Assistant Editor. What was learned last year should help us avoid some mistakes that were made and ultimately a better paper should be the result.

Working for a student newspaper, like any extracurricular activity, has many benefits for the participant. First of all, if you've worked for a newspaper and if you've done a good job, it would show up very nicely on a job resume. Secondly, I earn a salary so I also receive financial benefits. Perhaps the largest benefit that can be had from working for a newspaper is the satisfaction that can come from knowing that you've done your job well. This third benefit brings you recognition, respect and it opens doors for you that before may not have been there.

My goal for this year is to work with Sean and the rest of our staff to produce for Nait the credible newspaper that we need and deserve. If you have anything to say, a poem, an essay or a letter to the editor, please bring it to the newspaper office (E128 - opposite Nait's Store) and you too can begin to realize the benefits of writing for The Nugget.

If you start now, next September you might be in my chair telling your fellow students how you began your writing career...

I'm looking forward to a great year and I wish you all the best of luck. Just remember: Work hard, play hard and with you we can.

STAFF:
Editor: Sean O'Neill
Assistant Editor: Richard A. Russell
Typesetter: Debbie Ellison
Entertainment Editor: Tim Dixon
Sports Editor: Brian MacDonald
Managing Production Assistant: Bob Stewart
Production Assistant: Alan Symborski

PHOTOGRAPHIC CONTRIBUTIONS:
Remi Chretien
Mark Dixon

ADVERTISING MANAGER
Joanne Christensen 471-8866

WRITTEN CONTRIBUTIONS

Dr. S. G. Souch
Gary Meadus
Hugh A. Becking
Greg Scherf
Bruce Antoniuk
Holly Root

OTHER CONTRIBUTIONS

You the Nait Student
Please keep reading and supporting our paper. Thankyou.

WHAT CAN WE DO FOR YOU?

DR. S. G. SOUCH Nait President



A MESSAGE FROM THE PRESIDENT

On behalf of your instructors and the many other staff who make the Institute what it is, I would like to welcome not only those of you who are here for the first time but also those returning to NAIT for further course work. Once again our programs are highly subscribed, with many more qualified applicants than positions available. Even during these difficult economic times our graduates are highly regarded by business and industry. I am confident that we have chosen students who will continue and perhaps enhance this tradition.

It has been suggested that I should give you an idea of the nature and scope of the President's position in the Institute. Except for the Board of Governors, to whom I report, I am ultimately responsible for all the events that occur here. Fortunately, I receive a great deal of assistance and cooperation from others. There are three Vice-Presidents, each responsible for a large section of NAIT's operations. They are assisted by a number of Directors (called "Deans" in the academic areas), who, in turn, are each assisted by several senior managers. In the academic areas, these are called Department Chairmen. As you likely know by now, your program belongs to a certain department.

When I say "assisted" in the connections above, I am really telling only about half the truth, for the reality is that every employee at NAIT, from your instructors on up, is here to assist you, the student, to master your program of studies.

Our Board of Governors is responsible for the direction and policies of NAIT. It consists of public members, members from our staff, two student members, and myself. Students are also well represented on our Academic Council and by their elected student organization, NAITSA. The Institute has been fortunate in that student representation has continually been of high calibre, this term promising to be no exception. As chairman of Academic Council and often present at NAITSA council meetings, I feel confident in anticipating and meeting the needs of our greatest resource - you, our students.

I am sure you will find your stay at NAIT enjoyable, exciting time, with our well-qualified and dedicated staff more than willing to assist you in any reasonable way. Our 1984/85 calendar contains information, including academic regulations, developed to clarify and guide your activities here. As well as these regulations, I would highly recommend that you become acquainted with your Program Head, to gain the counsel often necessary when making the many decisions required of a student.

I would like to encourage you to participate in NAIT's extracurricular activities. Learning, growth, and achievement are not confined to the classroom. Let's make NAIT number one, in every respect, in Alberta's college system. In case "college" strikes you as an odd name for NAIT, I should explain that we perform similar functions, both academically and athletically, to those of the public colleges in the province. Both NAIT and SAIT belong to the Alberta College Athletics Conference. Our inter-collegiate athletic teams have performed admirably in this conference, and our intra-mural program is very well organized, with student participation high.

My sincerest thanks to the editor of the *Nugget* for allowing me the space to bring these words to you. Finally, may I urge you to make the most of your time here: take advantage of the many opportunities - both social and academic - that NAIT provides. The Institute, after all, exists for you.

GREG SCHERF Naitsa President



On behalf of the NAIT Students' Association (NAITSA), I would like to welcome you to NAIT.

My name is Greg Scherf and I am the president of the Students' Association, your Association. As president, my job is to represent you on many committees and boards both inside and outside of NAIT. Also, to a lesser degree, I help to co-ordinate the activities, public relations, athletics, publications and finance facets of the Students' Executive.

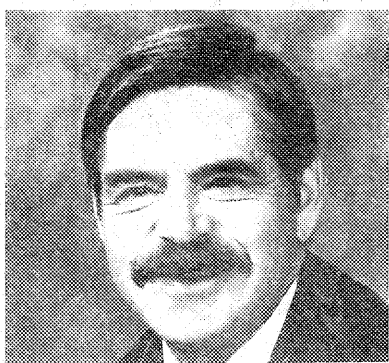
My job tends to be behind the scenes most of the time and many students do not directly see what I do. I continue initiatives started by other presidents before me as well as start new initiatives of my own. Sometimes I may alter or stop some according to the changing needs of the students.

However in order to know what the needs of the students are, I need to hear from you, the student. Over this year I hope to meet many of you and get to know your viewpoints and concerns. After all, I am not psychic. Likewise, if you have a problem, a question, a praise, a complaint, or if you just want to talk, my office is E133D. This is down by the gym, across from Student Services. Whenever I am in my office my door will be open to you.

But enough about me, let's talk about you.

Continued on Page 12

R. G. MEADUS, DEAN Student Services



By the time you read this letter most of you will be fairly well settled in at N.A.I.T. and busy pursuing studies in your chosen program. I am sure that you will have discovered that N.A.I.T. programs are academically quite rigorous and require considerable work for you to succeed.

The Student Services Division does not offer any formal certificate or diploma programs but exists to make your stay at N.A.I.T. more productive and enjoyable. This is accomplished through the provision of a number of academic support activities and in cooperation with N.A.I.T.S.A. a broad array of co-curricular programs. Specifically, our Division is comprised of the following components: Learning Resource Centre, Counselling, Health Services, Financial Aid, Program for the Handicapped, Placement, Physical and Leisure Education, Intercollegiate Athletics, Intramural Athletics, Recreation, Student Activities. Details concerning these may be obtained from the Student Handbook, Student Services Brochure or direct contact. All managers in our Division are committed to meeting student needs and as such are most approachable. I am located in Room E134D and welcome the opportunity to meet with you at any time you feel the need.

I am sure you will find your time at N.A.I.T. most enjoyable and rewarding and I wish you the best for the academic year.

R. G. Meadus, Dean
Student Services

The Counsellors and Staff extend a hearty welcome to the new students, and all of you who have returned for your second year.

The services of the Counselling Center and our three sub-centres are designed to aid the student in overcoming any problems which may interfere with their studies, as well as helping students acquire the skills which will be useful in the making of sound and satisfying life decisions. To this end there are groups on How to Study; How to Look for a Job; How to Manage Stress; How to relax, plus any other that is requested. There are seven counsellors ready to be of assistance. Our role is that of a guide. We are not magicians and we do not have all the answers, but we are ready to listen and to help you make your decision. Individuals who feel that we can help should drop in to the Counselling Centre, Room 117, beside the Health Services Centre, or phone 471-7499, and talk with one of our receptionists who will put you in touch with an appropriate counsellor. All of your activities within the Counselling Centre are confidential and we promise they will remain so.

We also extend an invitation to you all to use the special services which we offer. Any who feel that they don't read as efficiently as they would like can contact the Reading Specialist in the Counselling Centre for assessment of their skills and help with an individual or group remediation programme.

Maybe you have, or are having, difficulty with your finances. If so, then make an appointment with the Awards Officer or one of the counsellors for help with your financial planning.

Some students may require specialized support services such as adapted equipment, interpreters, readers, note-taking materials or specialized counselling to overcome specific handicaps. The co-ordinator of this service is located in the Counselling Centre and would be pleased to be contacted for any assistance you feel he might offer.

The Counselling Centre is not only a place where you can come with a problem, Maybe you just want to find a supportive ear to bend or you need breathing space from your hectic study and class schedule. This too is our role.

HUGH A. BECKING, HEAD Student Counselling Centre



Some will find that your programme choice was not right and you may be wondering if there is anything available to help you? The counsellors would like to try and help. There are interest and aptitude tests, and career information available.

A computerized system of career information is newly available this year and appointments for its use can be made at the Centre.

We wish all of you success in your programme of study and we stand ready to serve you in any way we can. Please drop in at Room 117, or call 471-7499 for an appointment for any of our services.

Hugh A. Becking, Head
Student Counselling Centre

Sub-Centres:

- L113 - Plaza II, Engineer Sciences and Pre-Engineering Technology Students
- T403 - Tower Building, Business Administration and Computer Systems Students
- A141 - Industrial Students (contact at present through Room 117, Counselling Centre)
- Room 117 - Continuing Education Students

NAIT NEWS

NUGGET CAREERS BANK

By the fact that you are reading this, you probably know that "The Nugget" is once again in production. You may not realize, however, that we do not have our full complement of staff. The following positions are still available:

Sports Editor

An exciting opportunity exists for an interested individual to assume full responsibility for "The Nugget's" Sports Pages. These pages have, in the past, kept all NAIT students informed about all NAIT Athletics, from ACAC competition, to intramural lasses.

The successful candidate need not have any previous journalism experience, but should be able to distinguish a hockey puck from a basketball. He or she will become an integral part of the most proficient newspaper organization in the country and will receive a salary so huge, we cannot put it in print. Please apply in confidence to room E-128.

News Editor

A once in a lifetime opportunity awaits any ambitious student applying for this position. The successful candidate will have the absolute thrill of working with and reporting on the NAITSA Student Executive. As well, all NAIT current events and some outside news is covered in this office.

Again, the ideal candidate need not have any previous journalism experience, but must be able to work with seven ordinary students who refer to themselves as "The Executive." We cannot publicize the truly awesome amount of the monthly salary for federal tax reasons. Please apply secretly to E-128.

Production Assistant

Canada's foremost journal of news, sports and entertainment, "The Nugget", requires a top professional production assistant to join its dynamic team. The successful candidate must be able to use an x-acto knife without slashing him/herself to death. Also, they must know how to use a ruler, and have a good idea of what a straight line looks like.

This is an excellent position with a major Edmonton publication. Benefits are abundant, but the salary is so insignificant we're embarrassed to print it. Please apply in disguise to E-128.

N.A.I.T.

RODEO CLUB

*New Members Welcome!!!
Competing or Non-Competing
Information on upcoming*

*Rodeos
Dances
B.B.Q.'s etc.*

Time: 7:30 pm

Date: Thursday, Sept. 13/84

Place: Patricia Campus

12204-149 st. Room RP114

THE NORTHERN TORCH 85

The Northern Torch is the name of the Nait's Activities Book. With this publication our staff hopes to capture the memories of all the fantastic activities which take place at Nait thru the year.

A new concept is being tried this year in that no individual student pictures will be included. Therefore The Northern Torch will be very dependent on the contribution of pictures from the entire student population.

This publication greatly requires your help and support. Copy Editor and Production Assistant positions are available. If you are interested in these positions or just want to help in any capacity, see us at the Yearbook Office, in E-126

Tim Davidson, Editor

Cheryl McPherson, Editor

EDDT

ICE BREAKER CABARET

WITH VIDEOS

Friday, September 14

8:00 pm AT KAPERS

8124-113 Ave.

Tickets \$6.00

[on sale at main kiosk]



ATTENTION Nait Students

How are you Getting to School Monday?

As many of you may already know, September 17 marks a historic day for Edmonton. The head of the Catholic Church, Pope John Paul II, is visiting our fair city. While some of you may be attending his mass, some dutiful students will still be going to regular classes. You should be aware of some things.

-From 4:00 pm Sunday 16, to 4:00 pm Monday 17, 97 st North of 132 ave. will be closed.

-From midnight Sunday 16, to 4:00 pm Monday 17, 50 st., 66 st., 87 st., 127 st., and 142 st. north of 132 Ave. will be restricted access. [You'll be able to get out but not in]

-Bus service on Monday 17 will be running on Saturday schedules.

-There will be a park & ride service operating from Kingsway; don't expect to be able to park around the campus. This service starts at 2:am.

If you live in North-East Edmonton, good luck getting to school. The bus service, though slower, will probably be your best bet. As for anybody who drives to school, but doesn't have a parking space, your chances of parking around the Institute are nil.

**BEERFEST IS COMING,
BE THERE OR BE SQUARE!**



NAIT NEWS

THE ACTIVITIES CENTER:

IT'S OURS!

After several years of trying to persuade the Alberta government, NAIT finally got an activities center that it had needed for a long time. Mr. Gary Meadus, the Director of Student Services, said: "We tried for years to get a facility and now we have it."

At the time of completion our Activities Center was the best in Canada for any two year institute. Since its official opening, March 13th, 1974, our NAIT facility has since been joined by a sister Activity Center in SAIT in Calgary.

Our Activities Center (located at the south end of NAIT, facing Princess Elizabeth Avenue) is unique in many ways. It was the first sports facility of its kind for any technical institute in Canada. Also, it has a unique architectural design in that the ice rink is situated directly over the pool. Many potential problems with heat, cold and humidity which could affect the structure do not exist thanks to this design.

What is the Activities Center?

The Activities Center is a beautiful sports facility boasting the most modern fitness equipment available for all of the people who use it. The following facilities can be taken advantage of at the Activities Center:

3 racquetball/handball courts, 2 squash courts, table tennis tables, a jogging track surrounding the ice rink, a weight room, a dance area, a rifle range, Mens and Womens locker rooms complete with saunas and showers, a 1000 person seat ice rink and 50 meter swimming pool.

Keeping along its unique lines, the Activities Center Pool has an air supported bulkhead to divide the pool. This type of bulkhead was used for the first time at our NAIT Activities Center. The bulkhead allows the pool to be divided so that the one and three meter spring boards and the 5 meter tower diving platform can be used.

The ice rink is also special in that it is a multi purpose area. With the ice out and the boards and glass put away, four tennis courts can be erected in their place. In the basement the equipment distribution area is located. From here, all patrons of the Activities Center can get a good selection of equipment for use in all the facilities in the center. A towel service is also operated from the Equipment Disbution area so you can use clean towel with each visit to the center.

Who Can Use the Activities Center?

The Activities Center and all of its facilities are open for the FREE use of all staff, students and with a pass available at Student Services office, husbands and /wives and children of married students. You can visit the Activities Center between 8 and 10:30 on weekdays, Saturdays between 10:00 and 6:00 and on Sundays between 12:00 to 6:00. Sundays, for a nominal fee some of these facilities can be used by the public.

Priorities of the Activities Center

Naturally, the main priority of time allocation of the Activities Center is for Physical and Leisure Education Programs. These programs run mostly between school hours - 8:00 am to 4:00 pm. Time is also allotted to the numerous, well-organized intramural competitions. The center is used for inter-collegiate sporting events such as the Alberta College Racquetball Championships which took place in February. In other inter-collegiate action, Nait Ookpiks made extensive use of ice time during their season's skirmishes in the A.C.A.C. Hockey League. The remaining time is used by staff and students in non-scheduled recreation, or by renting out time to various leisure clubs and professional sports franchises.

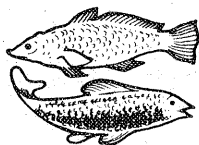
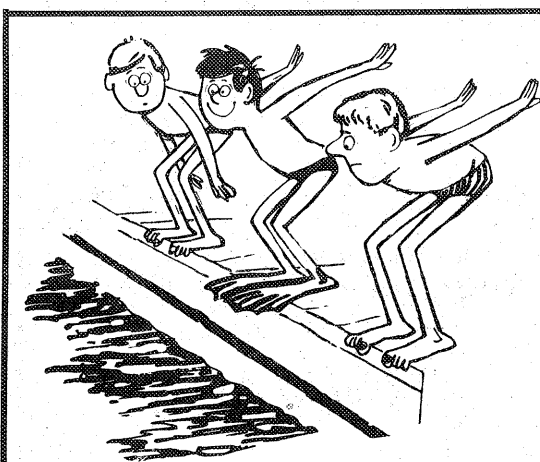
Public Interest Pertaining to the Activities Center

The Nait Activities Center had been the site of some spectacles during the Universiade Games. As most people will recall, the Fencing was held at our activities center. Also, our pool was the warmup site for the water polo competitions.

The Activities Center has also been the location of several practices held by NHL teams. When the coliseum ice is occupied, the Oilers and their visiting rivals use the Nait rink quite frequently.

Ultimately, the Activities Center is for the students. It has great facilities for the active minded and perfect settings for leisure activities. If you decide to come to NAIT all of this will be yours to use but in the mean time feel free to come on Sundays. If you are presently attending NAIT take advantage of this because you're only here for a few years. Enjoy yourself, the Activities Center is ours!

Richard A. Russell



WESTERN SURPLUS SALES

Army-Navy Goods

- Army Clothing
- Electronics
- Camping Supplies
- Militaria

11015 - 101 Street 426-3320
MON.-SAT. 9:30 - 5:30

FINANCIAL ASSISTANCE

Academic Awards

Application deadline for awards which require an application form is **September 17th.**

For information and application forms contact:

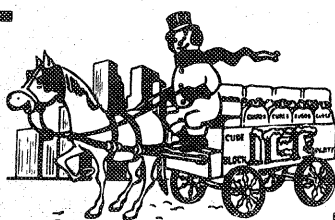
Helene Lagace
Financial Aid and
Awards
Counselling - Room 117
471-7499

HAVING A PARTY!

CUBED, CRUSHED
50 lb. & 25 lb. PARTY ICE BAGS
- 7 oz. Flexi-glasses (plastic) \$27.99/1000

Plastic wine, beer & liquor glasses, plates, napkins, table covers, etc. Beer & ice tubes for rent. Free delivery on all orders.

- mix & liquor dispensers
- coffee cups for rent
- X-mas & New Year's Decorations
- plastic cutlery
- ice buckets



12136 -
121 A Street

The Ice Pedlar 455-6276

NAITSA

... with you we can

SHINERAMA '84

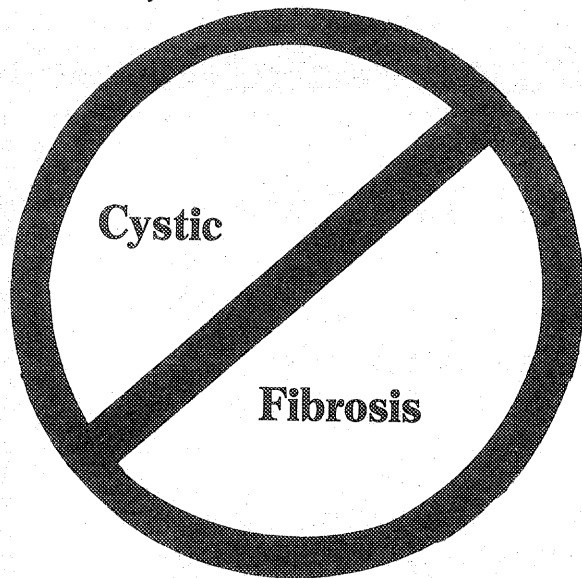
For those of you who are not familiar with this fun filled, hair raising, shoe shining event, Shinerama happens to be a fund raising drive whereby the students of NAIT go about shining shoes for donations towards Cystic Fibrosis foundation. This year, Shinerama '84' will take place on Saturday, September 29/84. There will be a beer pancake breakfast the morning of September 29 from 8 am to 11 am (free for all) and also a cabaret that evening from 8 pm to 1 am for all shiners and participants. The tickets for the cabaret are \$3 for shiners and \$6 for non-shiners. Tickets are available in the students store during the week of September 24 and they will also be available in the South Kiosk from 11 am to 12:30 pm every day the week of September 24. There will also be a prize given to the tech who contributes the most participation in Shinerama '84.

Cystic Fibrosis is second only to cancer in taking the lives of children in Canada. One in every 20 persons carry the gene for Cystic Fibrosis without even knowing about it. There is no known cure for Cystic Fibrosis and those living with CF must undergo rigorous therapy programs every day and up to 3 times a day just to stay alive.

Since the early 1960's the average survival rate of a CF patient has increased from under the age of 4 to over the age of 20 due to new drugs and treatments from the donations given. Within the last 5 years, the average number of pills that a CF patient must take has decreased from 100 to 20 pills.

It has taken over 20 years to build up a core of researchers interested in finding a cure or control for CF; therefore the Cystic Fibrosis foundation must have the sufficient funds to keep research working on a cure or control or else research will be lost.

Be keeping a watch for the sign up sheets which will be located in the NAITSA offices. Join the fun, come participate in NAITSA's main charity drive for CF.
Holly Root, V.P.



ORIENTATION WEEK '84

This year during Orientation Week '84 a big tent will be on the front lawn of NAIT. Entertainment will be supplied by a number of super bands from noon until 3:00 pm each day. The schedule for the bands is:

Tuesday, Sept. 18 Eyes Only & Nasty Habits
Wednesday, Sept 19 True Colors & Kids on Strike
Thursday, Sept. 20 Voice & 20 Feet

Free coke (coca-cola) will be available between noon and 1:00 pm and 300 bags of Hostess chips will also be given away each day. K-97 will be handing out some records and the Big Cheese from Franklins will be on hand to give away some free pizza coupons. I hope you have noticed everything is absolutely free including a chili dinner that will be offered on THURSDAY from 4:30 to 6:30 pm. Don't worry, the food will be cooked by the same chefs that prepare the teachers food in the staff dinning lounge. Don't miss the great food and as for the entertainment, these groups are some of Edmonton's best. It's big times when you can play Prime Time as Kids on Strike recently did.

This year Naitsa hopes to provide only the best for the students. Take advantage of Orientation Week '84.

Remember . . . "With you we can."

Bruce Antoniuk

BEERFEST

"ORIENTATION '84"

This year our annual Beerfest will be held at the Edmonton Convention Centre. The facility is spectacular to see and even better to party in.

Entertainment lined up for this even will double your enjoyment. Two bands, Nick Danger (the band that knows how to party) and Voice (an exceptional city group) will keep you dancing all night long.

Food is also going to be available at the Beerfest. A menu of beef on a bun, tossed salad, potato chips and fruit salad will surely cure anyone's hunger pains.

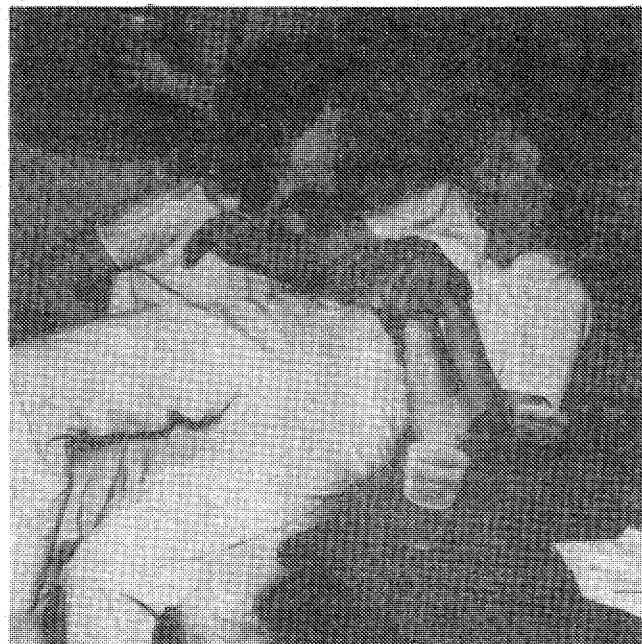
Our allowed attendance has been doubled and the number of tickets increased to 4 per NAIT student I.D. card because in past years they have sold out within the first day. Remember, only 2000 tickets have been made available so get yours early.

They will be available on THURSDAY & FRIDAY, SEPTEMBER 13 & 14 from 12 noon to 1 pm in the main lobby. They may also be available in the tent but I'm sure we'll be sold out by then. Tickets are \$10.00 each which includes admission & buffet dinner.

Doors open at 7:30 pm, bar at 8:00 pm and the bands begin to rock at 8:20 pm. Arrive early and enjoy.

Bruce Antoniuk

84/85



ROCK & TALK

This year's first Rock & Talk will be held Friday, September 14 in NAIT's North Cafetorium. Rock & Talks give students from all NAIT technologies an opportunity to get together and relax after a difficult week of classes.

Tickets for the Rock & Talks can be purchased for the modest price of \$2.00 in the Main Lobby each Wednesday preceding the Rock & Talk Friday.

The entertainment for the Rock & Talks is provided through various D.J. outfits who usually satisfy every music fan.

This year we will be serving wine and light beer along with our regular menu of Canadien, O.V., and Bud.

Rock and Talks are always a good time and a great warm up for other cabarets that evening.

This Rock and Talk is "Ladies Night". 150 girls will be admitted along with an equal number of guys. Things tend to work out better when both teams have equal manpower. As Wayne Gretzky would say: "It's easier to score when the sides are even because there is less pressure."

We hope to see you out there! Watch for circulating NAITSA student executives as we could always use your ideas on how NAIT could be improved.

Bruce Antoniuk
Activities Chairman, NAITSA



“ THE TECH PAGE ”



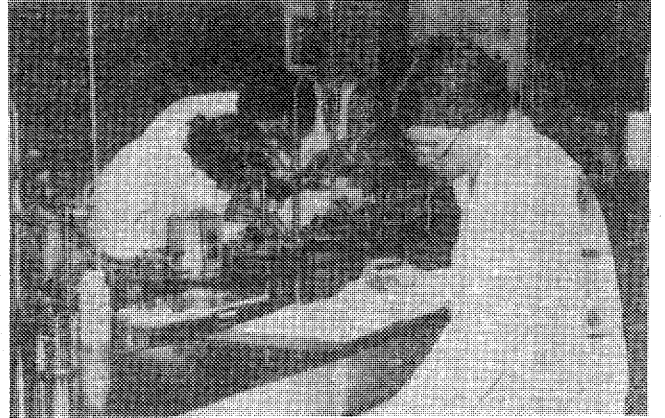
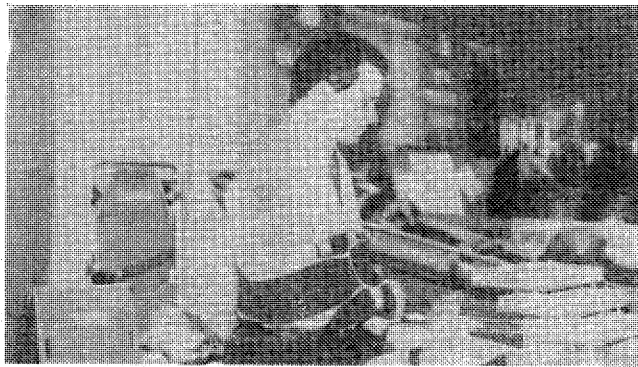
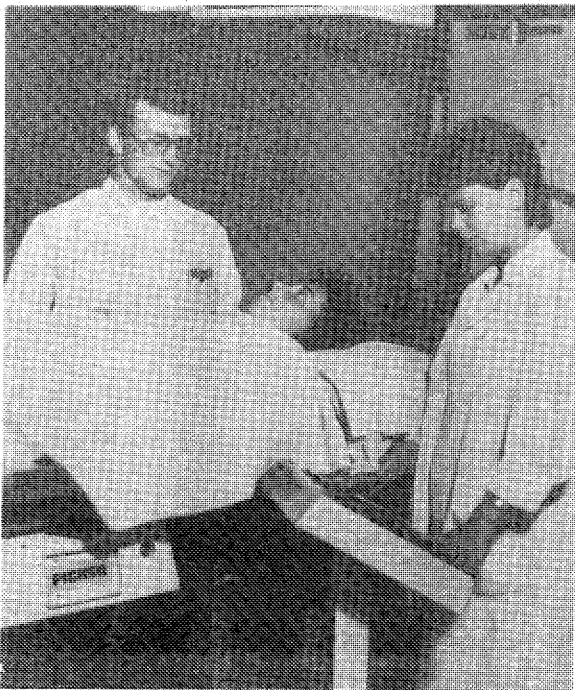
In its effort to help the NAIT students to come to know their school a little better and what more their school offers, this year The Nugget has decided to print a weekly “Tech Page”. The purpose of this page will be to inform the students of NAIT of the objectives and goings on of the different technologies.

The Presidents of each one of NAIT’s technologies has received a letter from Sean O’Neill, The Nugget Editor, notifying them of the date that their one half page articles are needed. Ideally, each article should include: The name of the technology; What is learned in its classes; The population of the tech; Each tech’s planned activities and other interesting information about their respective technologies.

Since a half of a page in this newspaper is well over one thousand words, we’ve suggested that each technology send photos to accompany each article.

The objective of this page will be two-fold. Firstly and most importantly you and I as NAIT students will be better educated on what else is learnt at our school. As well, these articles from each technology will be the same articles that will appear in our Open House edition of The Nugget (March 14, 1985). Since we, the newspaper staff, will already have received the technology articles, we will be able to compile a better newspaper rather than chasing people responsible for overdue articles.

Hopefully this weekly feature will be of some interest to you. The following are the list of proposed dates in which the respective technologies will appear in The Nugget. Keep an eye on our “Tech Page” for an informative look at the school you attend.



BREAKDOWN OF TECH SCHEDULE.

Sept. 20	Secretarial & Architecture
Sept. 27	Air Conditioning & BCET
Oct. 4	Animal Health & BAS
Oct. 11	Basic Banking & CIVIL
Oct. 25	Bio Science & Computers
Nov. 1	Chemical & EDDT
Nov. 8	Commercial Baking & Earth Resources
Nov. 15	Commercial Cooking & Electrical
Nov. 22	Commercial Signwriting & EET
Dec. 6	Court Reporting & Instrumentation
Dec. 13	Dental Lab & Pre Technology
Jan. 10	Dental Assisting & Telecommunications
Jan. 24	Dietary & Diesel Mechanics
Jan. 31	Electronic Technician & Emergency Med Tech
Feb. 14	Forestry & Health Records
Feb. 21	Hydro Carbon & IHET
Feb. 28	Materials & Meat Cutting
Mar. 14	OPEN HOUSE
Mar. 21	MIET & Millwork & Carpentry
Mar. 28	Photo & Plastics
Apr. 11	Power Eng & Para-Medics
Apr. 25	X-Ray Tech & Med Lab
May 2	Respiratory & RTA
May 9	Tailoring & Survey Tech

Welcome Back!

HERE IS OUR WAY OF THANKING YOU FOR YOUR PAST BUSINESS IN BUYING ALL THE LATEST GIFTS & GIMMICKS IN OUR STORES.... THIS SHOULD HELP YOUR POCKETBOOK TOO!

Bring This Coupon In To Any Of Our Stores And We Will Give You \$5.00 off ANY PURCHASE Of \$20.00 Or More.

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Clip & Bring

N.A.I.T. COUPON

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OFF ANY PURCHASE OF \$20.00 OR MORE.
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- Londonderry
- Kingsway
- Northwood
- Bonnie Doon
- Heritage
- Meadowlark
- St. Albert

San Francisco

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TRAVEL CUTS

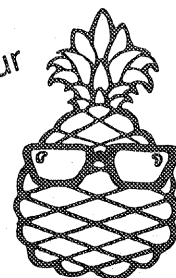
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Entertainment Page

FROM THE ED

Howdy, Buckaroos. Welcome to the entertainment section - The place where you should come to find out what's happening here at Nait in the way of recreational studies, as well as the good buys in good fun in the greater Edmonton area.

I'm the Entertainment Editor this year and I hope we can make this rag more useful in terms of its ability to inform and entertain. Here in entertainment, we'll try and let you know about upcoming events - *ahead of time* - not review them when they're all over.

That's where *you* come in. If you know of any special events or happenings here at Nait or around town, let us know by phone (471-7615) or slip us a note at the newspaper office. We'll be sure and let everyone know in the next edition.

Also, if you go see a show, write a few sentences on how you liked (or loathed) it, and we'll print some of your comments - Maybe right along with the actual review!

Finally, if you'd like to try your hand at writing for us, please drop by the newspaper office or phone us. We'd be happy to help freelance or regular contributors get their names in print.

Tim Dixon
Entertainment Editor

Theatres

Films:

Capilano Cinema - Capilano Mall
Capital Square Cinema - 10065 Jasper Ave.
Cineplex 9 - Principal Plaza, 10032 - 103 St.
Cineplex 12 - Gervais Rd. & St. Albert Trail
Garneau Theatre - 8712 - 109 St.
Jasper Cinema - 10121 - 156 St.

Londonderry Cinema - Londonderry Mall
Meadowlark Cinema -
Meadowlark Park Shopping Centre
Odeon Theatre - 10081 Jasper Ave.
Paramount Theatre - 10233 Jasper Ave.
Plaza Cinemas - 10210 - 118 Ave.
Princess Theatre - 10337 - 82 Ave.
Rialto Theatre - 10134 - 101 St.
Roxy Theatre - 10708 - 124 St.
Studio 82 Cinema - 9621 - 82 Ave.
Theatre Francais - 8406 - 91 St.
Towne Cinema - 12345 - 118 Ave.
Varscona Theatre - 10907 - 82 Ave.
West Edmonton Cinemas -
basement - 8770 - 170 St.
Westmount Theatre - 13320 - 114 Ave.

Live Theatre:

Citadel Theatre -
Box Office - 9828 - 101A Ave.
Northern Light Theatre - 11516 - 103 St.
Stage West Theatre Restaurant -
Mayfield Rd. & 109 Ave.
Walterdale Playhouse -
Box Office - 10322 - 83 Ave.

Dr. Joyce Lampard

OPTOMETRIST

TELEPHONE
474-6237

PARK PLAZA MALL
No. 11-11840 - 103 STREET
EDMONTON, ALBERTA T5G 2J2

Presented by your Student Association
Watch for him October 4

Peter N. James

UNIVERSITY OF ALASKA: "Well organized and informative presentation"
UNIVERSITY OF NEBRASKA: "Quality presentation...many positive comments"
UNIVERSITY OF ALABAMA: "Very well received"
UNIVERSITY OF NORTH CAROLINA: "Wonderful attitude, intelligent and informed"
OKLAHOMA STATE UNIVERSITY: "Enlightening lecture"



ESPIONAGE

UNIVERSITY OF WEST VIRGINIA: "Impressive lecture...received only positive comments"
UNIVERSITY OF WISCONSIN: "Excellent presentation...truly professional"
KANSAS STATE UNIVERSITY: "Such a professional...very cooperative in every way"
CONCORDIA UNIVERSITY (MONTREAL): "Attention was outstanding"
SOUTHERN ARKANSAS UNIVERSITY: "Outstanding"

MOVIE THIS WEEK

**"NEVER SAY
NEVER AGAIN"**

STARRING

SEAN CONNERY

SEPTEMBER 15 & 16

in the

LITTLE THEATRE [H5]

7:30 pm

TICKETS \$1.00

HORVAT SHOE REPAIR



QUALITY WORK!

- * Heels & Leather Soles
- * Skate sharpening
- * Ladies Lifts
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- * Purse zippers
- * Ladies soles & heels

**11840 - 103 St.
(Park Plaza)
477-1770**

GRANTS AVAILABLE FOR ENVIRONMENTAL RESEARCH

Who May Apply?

Any person, institution, corporation or society may request research funds. The Trust endeavours to apportion its funds equally between public institutions such as universities and the private sector such as industries or individuals.

Joint funding with industries or individuals is of considerable interest to the Board of Trustees.

Any logical proposal will receive consideration, such as: • Environmental problems related to human behaviour • Social, Cultural, and Organizational difficulties • Cost/Benefit Analysis of Environmental Impacts • Energy resource development and the environment • Problems of the natural environment • Urban & Rural pollution control and any other related concerns.

Deadline for submission of application for grants is October 30, 1984. Early submission is advised. All applications are reviewed upon receipt by the Grants Advisory Committee. Applicants will be notified as to the Board of Trustees' decision by February 1, 1985. Research projects should be planned to start after this date.

Please address all inquiries and correspondence to:

Secretary
Alberta Environmental Research Trust
John J. Bowlen Building
806, 620 - 7th Avenue S.W.
Calgary, Alberta T2P 0Y8
(403) 297-2360

**ALBERTA
environmental
research
TRUST**

MOVIE UPDATE

MOVIE UPDATE

By Byron a. Martin

Overall It was a good summer at the box office. I guess you could call it the summer of long awaited sequels for many fans. Once again the two Hollywood moguls teamed up to present the sequel to "Raiders of the Loat Ark", "Indiana Jones and The Temple of Doom". Another long overdue film for Trekie fans was the third sequel "The Search for Spock."

Muscle man Arnold Schwarzenegger returned for a ten million dollar workout as Conan in "Conan, The Destroyer."

The Muppets returned to take Manhattan, and Breakdancer reappeared doing head spins, down rocking and sweer swipes in "Beat Street."

However there was one sequel that a lot ov movie fans wer waiting for but were greeted with grave disappointment. This being none other than "Cannonball Run II." Like its predessor "The Cannonball Run", the cast was excellent but unfortunately this movie lost it in the running.

Undoubtedly the box office smash of the summer was and still is "Ghostbuster", that incredible comedy that has virtually made millions at the door. Another such found favorite is Prince's "Purple Rain" which was originally made on a tight seven million dollar budget and already has grossed over forty million.

But like every summer it had its dogs. Movies like "Bachelor Party", "Grandview U.S.A.", "Rhinestone", "Electric Dreams", and "Streets of Fire" were big disappointments.

Currently playing at the theatres around town is "Red Dawn", "Oxford Blues", "Sheena", "Tightrope", "Woman in Red", "Irreconcilbe Differences" none of which are worth seeing.

CHEAP THRILLS

Welcome to Cheap Thrills - The place where you can find out about entertainment that costs little or no money. Look here to keep tabs on unusual things to do on the cheap.

For Example:

The Provincial Museum Cost: Zip. If you haven't been back since that field trip you took in Junior High, check it out now. There are some new exhibits, and the gallery displays change every three months.

Rutherford House The historic home of Alberta's first premier, full of interesting artifacts. There's usually a guide to show you around. Last time I was there, there was no charge.

Ring Gallery Another freebie. This one is a little tough to find (you have to get in from Saskatchewan Drive on foot) But worth the trip.

The Parks Sure, it's cold, but the scenery - especially in the River Valley - is worth a quick peek. If it's too brisk, you can stay in the car in some parks and cruise around.

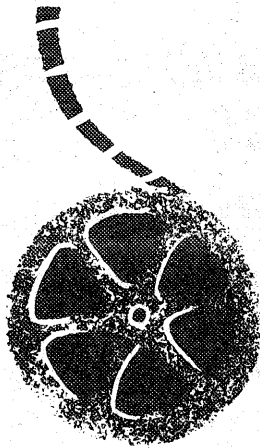
By now, it should be obvious where my personal tastes lie. If you've been sitting there wondering "Who is this boring jerk?" Why don't you send us some of your no-cash or low-cash activities. We'd all benefit from some new suggestions. How about it'0

One movie that has surprised a lot of people that is really quite good is "Dreamscape." Dennis Quaid ("The Rightstuff") stars as Alex Gardner, a young psychic who is taught by Dr. Paul Novotny (Mat Von Sydow) and his assistant Jane Devries (Kate Capshaw - "Indiana Jones and The Temple of Doom) to enter other people's dreams and even to participate in them. Dr. Novotny's work is of special interest to the President of the United States (Epoie Albert), who is tormented by nightmares of nuclear war, and government official Robert Blair (Christopher Plummer), who has his own plans for the startling discovery.

But someone besides Alex has learned the secret of entering the world of dreams, and that person is pure evil. Before Alex's odyssey is done, he will be plunged into a fantastic duel in a world more dangerous than our own, one where literally anything can happen. Both Dennis Quai and Kate Capshaw play excellent parts in a unique action drama that investigates the possibility of someone having the power to enter the private world of dreams, the most private part of our lives.

In months ahead a whole new season appears. Norman Jewison's new film "A Soldier's Story", Frank Herbert's long awaited "Dune" will be released at Christmas as well as "Supergirl" and 2010, the sequel to 2001. Without a doubt will be some of years best stuff.

Have a good week and see you at the box office.



STUFF TO CATCH

***Pick of the Princess - "Blues Brothers", Friday & Saturday, September 21 & 22, 9:00 pm.**

***National Film Theatre Presents - "Goin' Down The Road." Friday, september 14, 9:00pm. Three Nova Scotia brothers try to make it in the Big T.O. [Toronto for us westerners]. A true Canadian classic film - Don't be put off just because it's at the Nah'nul Filum Theahtah.**

***Theatre Network Presents - "The Angel of Death" by Raymond Story, Running September 14-30. Phone Theatre Network for times and student prices.**

***EDDT "ICEBREAKER" Cabaret. September 14, 8:00 pm. 8124-113 Ave.. Tickets \$6.00**

***BCET "KICKOFF" Cabaret. September 21, 8:00 pm. 9208-140 Ave.. Tickets \$5.00**

B.C.E.T.

KICK OFF CABARET

**Friday September 21,
8:00 pm**

NORTHMOUNT HALL

9208-140 Ave.

Music by

D.J.S. Music Productions

Cold Beer, Cold Buffet

Tickets \$5.00

THE CANADIAN CROSSWORD #27

ACROSS

- 1 Prickly animal, also the name of a Yukon-Alaska river
- 6 Person of great fortitude
- 9 Prepares for publication
- 10 Rustics or countrymen as a group
- 11 Makes certain
- 12 Told what to do
- 14 Calgary football team
- 15 Whitish gem

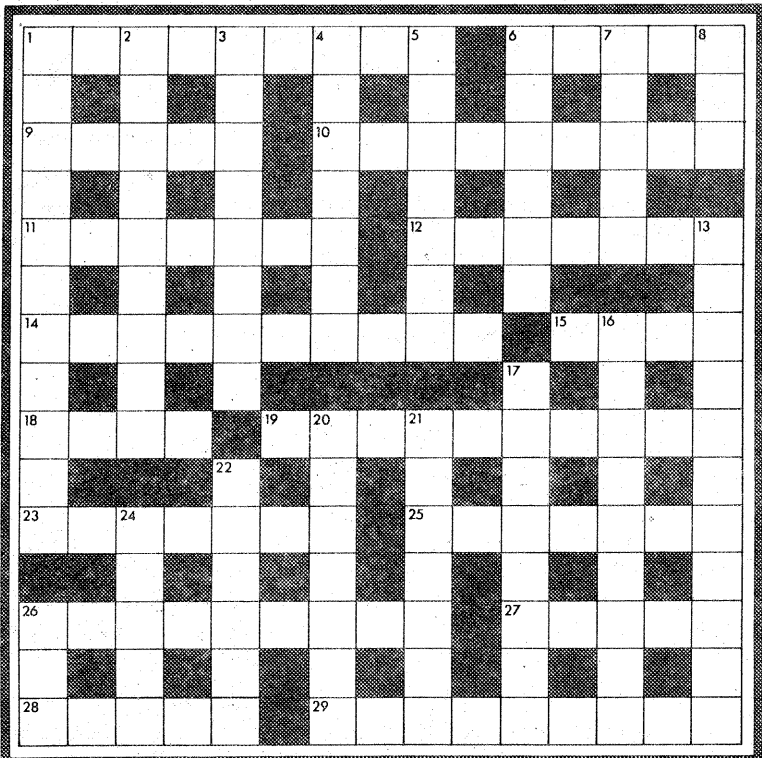
- 18 Not closed
- 19 Achievement
- 23 B.C. lake north of the Okanagan valley
- 25 Obstacle
- 26 High military rank
- 27 Egyptian capital
- 28 Salary
- 29 Greatness

DOWN

- 1 Pretexts
- 2 Restore to former position
- 3 Unfastens
- 4 Burdened oneself upon others

- 5 To fill with love
- 6 Opposite of sits
- 7 Coastal mammal
- 8 Sob
- 13 Harmful to health
- 16 Cliff
- 17 Unsupported
- 20 Method of telephone eaves-dropping
- 21 Canadian province
- 22 Blasphemes
- 24 Employing
- 26 ____ and arrow

Answer is on Page 12



NAIT Athletics

Welcome to the sports section, a very important section of "The Nugget" newspaper. My name is Brian McDonald and I am the current Sports Editor for "The Nugget." I am enroled in one of NAIT's fine programs, Business Administration. We are all looking forward to a successful year in the Intramural and Intercollegiate Athletic Programs here at NAIT.

At the college level NAIT is known throughout Alberta to have some of the finest Athletic Facilities in Western Canada.

With an excellent Athletic Program and a large pool of Athletes to draw from, this year should prove to be an exciting one in Interscholastic Athletics.

NAIT is a member of the Alberta Colleges Athletic Conference (ACAC). We compete with 10 other A.C.A.C. member colleges in Alberta. These other members include:

Camrose Lutheran College (CLC)
Grant MacEwan Community College (GMCC)
Grande Prairie Regional College (GPRC)
Lethbridge Community College (LCC)
Lakeland College (LLC)
Medicine Hat College (MHC)
Mount Royal College (MRC)
Olds College (OC)
Red Deer College (RDC)
Southern Alberta Institute of Technology (SAIT)

Some of the interscholastic sport events are coming up very soon. We would encourage interested athletes to pay close attention to this page for time and place of the meetings and try out for these sporting events. Anyone wanting more information about a particular Intercollegiate sport can contact Student Services and they will be more than willing to point you in the right direction.

Brian McDonald

SOCCER

The NAIT Ooks Soccer Team had an excellent season in 1983-84 and we are looking to an even better in 1984-85. Last year the Ooks won the Alberta Colleges Championship with an undefeated record. The team then went on to the National College Championships in Vancouver where they progressed to the semi-finals.

If you are interested in playing for the Ooks you do so without affecting your status in your own community league team.

College soccer is expanding rapidly, be part of it/

Organizational meeting NAIT gym, Monday, September 10/84 at 4:30 pm.

Try outs Tuesday, September 11/84 on NAIT Field at 4:30 pm.

The coach is Stuart Brown.

Further information contact;

Bob Buchan
S-129 Phone: 471-7579
Assistant Coach-Soccer Co-ordinator NAIT

TRYOUTS CONTINUE AT AIRWAYS FIELD (across the road from Edmonton Motors) MON. SEPT. 17th 4:30 PM

CANOE TEAM

To the outdoor enthusiast.

If you enjoy the outdoors, like to socialize and are willing to spend three afternoons outdoors after school for the next six weeks, the Canoe Team is for you.

No previous experience is necessary to join in the fun.

The Canoe Team races over flat water surface as a team relaying one canoe amongst three pairs of competitors. Each pair paddles a pre-determined course requiring turns up to 180 degrees interspersed with straight ways. An exchange area for the canoe is clearly marked.

This year NAIT will race against SAIT, Grande Prairie, Camrose and Red Deer College in the Alberta Colleges Athletic Conference Championships held during the third weekend of October.

Transportation to competition and the practice sites is provided. All equipment is provided. Socials including weiner roast are planned. No cost is involved. Everyone completing practices will be given the opportunity to compete.

Men and Women are needed to make up a women's team, a men's team and mixed team and a war canoe team. Each team needs 6 members to be a competitive unit excluding war canoe where teams of 4 compete.

See Barbara Hanson if you might be interested. Leave your name, telephone number and technology at Student Services E-134. Come to the meeting at the beginning of September at the pool.

I look forward to meeting you.

Barbara Hanson
NAIT Canoe Coach
Room S-109
471-8799

NAIT CURLING TEAM

The NAIT Curling Team is a team with a winning tradition. Last year's teams won the A.C.A.C. championship in all of men's, women's and mixed curling events. The women's team went on to capture the silver medal in the Candian Conference Athletic Association (C.C.A.A.) tournament.

For information on how you can be a part of this winning tradition contact;

Coach Jules Owchar
E-137 or 471-7601

FENCING

Fencing is open to both men and women at NAIT. We have had Fencing at NAIT for 19 years. Every year the Fencing Team has had fairly good results.

Meetings will be held at S-8 in the sports complex on Tuesday September 16.

For more information, the coach is Les Klar and he can be found in G208 or at 471-8749

HOCKEY

The days are getting shorter, the leaves are starting to turn, and the hockey season is starting once again. Here at the Northern Alberta Institute of Technology, the NAIT Hockey Ooks are starting preparations for the 1984-85 season.

On Tuesday, September 11th, an organization meeting was held in the NAIT Little Theatre (H-5). The dryland training portion of the training camp began on Wednesday, September 12th at 5:15 pm from the NAIT Arena ramp.

Dryland training continues today (Thursday, September 13th) at the NAIT Arena ramp beginning at 5:15. The on ice training will be kicked off on Friday, September 14th at the NAIT Arena with two sessions beginning at 4:30 pm and 7:00 pm.

Any individuals missing the organizational meeting must contact the coach of the NAIT Hockey Ooks, Perry Pearn, at 471-7424 or see him at S-113 before the start of on-ice training on Friday, the 14th. There will be no exceptions.

The NAIT Hockey Ooks are coming off a successful season in 1983-84. The Ooks will hope to defend their ACAC Championship and avenge the loss to Quebec at the Nationals this past March. The upcoming training camp will be interesting as new faces will have a legitimate shot at making the team at any position.

The NAIT Hockey Ooks opened their exhibition season against the Kokudo Bunnies of the Japanese League this past week. NAIT defeated Kokudo twice scoring an 8-2 victory on Wednesday, September 5th and a 6-1 triumph on Thursday, September 6th.

The NAIT roster was comprised mostly of veterans, a number of which will not be donning the blue and gold this season. A couple of rookie prospects also made it into the lineup.

On Wednesday, September 6th, NAIT downed Kokudo 8-2 in the first game of the exhibition series at the NAIT Arena.

Sid Cranston paced NAIT with a four goal performance. Kevin Imrie of the Ooks notched a pair, while Randy Repchuk and Larry Oswald added singles. Motoki Ebina and Kazumi Unjo answered for the Bunnies.

Outshooting Kokudo 35-17, NAIT led 3-0 after the first and 4-1 following 40 minutes. Preston Yachimec and Cleo Rowein shared the netminding duties for NAIT.

In the second game of the set, NAIT scored two goals in each stanza en route to a 6-1 win over Kokudo.

Randy Repchuk, Garth Hayes, Mark Schultz, Brain Keates, Jim Lee, and Murray Melnyk tallied singles for NAIT. Kazumi Unjo broke the Ooks shutout bid with 3:18 left in the contest.

The shots on goal total was 27-19 in favor of NAIT. The Ooks held a 2-0 advantage at the completion of the initial frame and a 4-0 cushion at the end of two periods. Once again, Cleo Rowein and Preston Yachimec took turns between the pipes for NAIT.

The Kokudo Bunnies have lost all their exhibition matches so far in Canada dropping two games to the U of A Golden Bears (9-6, 5-2) and two matches to NAIT (8-2, 6-1). The Bunnies round out their series with two contests against the UBC Thunderbirds.

Although Kokudo is not having much success on the ice, head coach Mel Wakabayshi is optimistic, "The primary

Continued on Page 11

INTRAMURALS

INTRAMURALS

Because you attend NAIT, you have the opportunity to participate in an extremely varied and exciting sporting event; NAIT inter-technology sports or *INTRAMURALS*.

I would like to introduce you to our intramural program by answering many questions that you are probably asking yourself:

What are Intramurals?: Intramurals are sporting events here at NAIT that put one technology against another. Each technology can have as many teams as they wish, resulting in keen competition. There's a good variety of sports events scheduled for the upcoming year, which seems to appeal to most people. This doesn't mean there can't be other activities introduced if they're feasible and if enough interest is shown.

All intramural activities are scheduled in the evening hours so as not to interfere with class time. It is firmly believed that active involvement in the intramural program can add to the enjoyment of your college life, assist in gaining many new and lasting friendships, provide an outlet for relief from strain due to continuous mental effort, and make available much needed activity for the proper functions of the vital organs. It is hoped that each student while attending NAIT will make many attempts to take advantage of the recreational opportunities available.

Who can Join?: The key to joining intramural activities is the Student's Services Office. If you were joining an individual sport, you would come down to the Student Services (E134) and sign your name on a list that will be provided. If in the event you would like to participate in a team sport, select a member from your team to get an entry form from E134. Fill out the entry form and make certain that it is remitted to Student Services by the entry deadline date. Then, watch the board opposite of Student Services E134 for scheduling of your team.

What are the Rules?: A detailed list of all the rules of the intramural sports is available to pick up at the Student Services Office E134.

How are the Games Refereed?: The intramural games are refereed by students just like yourself. If you would like to referee intramural sporting events for \$5.50 per hour, please contact Barry Fisher, the Head Referee, in the Naitsa Executive Offices (located opposite the Student Services Office).

Hopefully these articles have cleared up any misconception that you may have had regarding the intramurals. The following are entry deadlines that arrive in the next week.

- September 13 Co-Ed Frisbee Basketball
- September 14 Women's Indoor Soccer
- September 14 Women's Flag Football
- September 14 Men's Soccer
- September 17 Men's & Women's Cycle Drag

Have a good year and good luck to all of the participating technologies.

Continued from Page 10

purpose of the trip is conditioning, and we have faced teams of top quality so far."

The Bunnies are also enjoying their stay in Canada as Wakabayashi commented, "We have really enjoyed the experience, except the rain."

ON THE BENCH: Edmonton Oiler Randy Gregg played two seasons for the Kokudo Bunnies (1980-81 and 1981-82). In 71 games, Gregg scored 24 goals and picked up 38 assists for a total of 62 points . . . Once again, the NAIT Hockey Oaks are looking for individuals interested in becoming goal judges for the upcoming season. The individuals will receive \$5.50 per/hr. If you are interested, please contact Perry Pearn by calling 471-7424 or by dropping by S-113 . . . The friends of the NAIT Oaks in conjunction with the NAIT Hockey Oaks present the September Fest Cabaret on Saturday, September 15th at the West Jasper Place Hall, 9620-152nd street. Tickets are available through NAIT hockey players.

CROSS-COUNTRY RUNNING TEAM

Cross-Country Running is a fall sport which begins the week after registration and finishes with an Alberta Colleges Athletic Conference meet in the third week of October.

Training sessions are 3-4 times per week in Edmonton's River Valley Parks and Trail systems. Competitions with other city runners are held weekly. Exhibition meets are usually held in Red Deer and Camrose, with other college teams, in late September and early October.

The Cross-Country Team consists of 6 male and 6 female runners, who compete at distances of 8km and 3km, respectively.

This team is for runners of all calibres, whether beginner or advanced.

If you missed the organizational meeting of September 12, you can still join the team!!

Practices are every Monday, Wednesday and Thursday, meet by the gymnasium at 4:30 pm.

Any questions come to the Student Services Office E134

- Coaches - John Reeves, Office E134
- Frank McNamara, Office J105

PHYSICAL AND LEISURE EDUCATION

POST REGISTRATION

Monday, September 17 to Friday, September 21
From 11:15 am to 1:00 pm in foyer North Gym

Last chance to register for P.E. in first quarter

RACQUETBALL

This year A.C.A.C. Racquetball Championships are being held at S.A.I.T. It was N.A.I.T. that initiated Racquetball in

the A.C.A.C. in 1983-84. We look to see this popular sport expand rapidly in our conference.

If you are interested watch the Nugget Newspaper in November for try out dates. The events will be men's Singles, Ladies Singles, Ladies Doubles and Men's Doubles.

For Further Information Contact;

- Bob Buchan, Coach
- S-129 Phone: 471-7579

NAIT BASKETBALL

NAIT Basketball teams compete in the Alberta Colleges Athletic Conference (ACAC) with nine other colleges within the province. The conference sends its top men's and women's teams to the Canadian College Athletic Association National Championships.

The Alberta Colleges competing with NAIT include Grande Prairie Regional College, Grant MacEwan Community College, Camrose Lutheran College, Red Deer College, Olds College, SAIT, Mount Royal College, Medicine Hat College and Lethbridge Community College. Traditionally the ACAC has proven the toughest and most competitive college Basketball Conference in Canada.

NAIT offers its athletes an outstanding Basketball program with professional coaching staff and athletic facilities that are among the best in Alberta. The NAIT Basketball season begins early in September and culminates in March with the National Championships. Over the season the team will play about thirty-five games which include exhibition tournaments throughout Western Canada and league commitments (Men - 18 games, Women - 16 games).

Twenty four Jimmie Condon Athletic Scholarships of \$1,000.00 each are available to the NAIT Basketball Program (12 Mens/12 Womens). To qualify the athlete must be an Alberta resident, a full time student and maintain a satisfactory academic average throughout the season.

The NAIT Basketball Program is committed to the development of team and individual excellence and demands a similar commitment from each of its athletes to reach this goal.

If you are interested in obtaining more information on the program we urge you to contact one of our coaches;

Gregg Meropoulos
Head Coach - Womens Basketball
Office - E137
Phone - 471-7601 (NAIT) 466-9172 (Home)

Dave Hoy
Head Coach - Mens Basketball
Office - E121
Phone - 471-7621 (NAIT) 459-0417 (Home)

WOMEN'S

BASKETBALL TRYOUTS

Another season of women's basketball kicks off on Monday September 17 at 5:15 as the Chicks open their tryout camp. Head coach Gregg Meropoulos and assistant coach Sharon Bieleny are cautiously optimistic about this years squad. With the graduation of several key players, the team is looking for talented rookies to step in and fill some pretty big shoes.

The coaching staff invite all those interested in playing basketball at the intercollegiate level, to show up on Monday and give it their best shot. Every year many potential players fail to tryout for athletic teams because of perceived conflicts with their studies. It has been the experience of the intercollegiate coaching staff that such is not the case and often athletes improve their academic standings by learning how to properly budget their free time.

The Chicks have a full year of basketball scheduled featuring tournaments in Camrose, Calgary and Vancouver with planning already underway for a tour to San Diego next Christmas.

Be part of a great athletic experience!

Editor's note: To the anonymous person who dropped off this article - Thanks. Why don't you call me if you are interested in writing again. S. O'N.

PUZZLE SOLVED

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