

Cheap Thrills

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*"Consistency is the last
refuge of the unimaginative."*

-Oscar Wilde

SPECIAL:

OPEN HOUSE FLYER

- Page 9

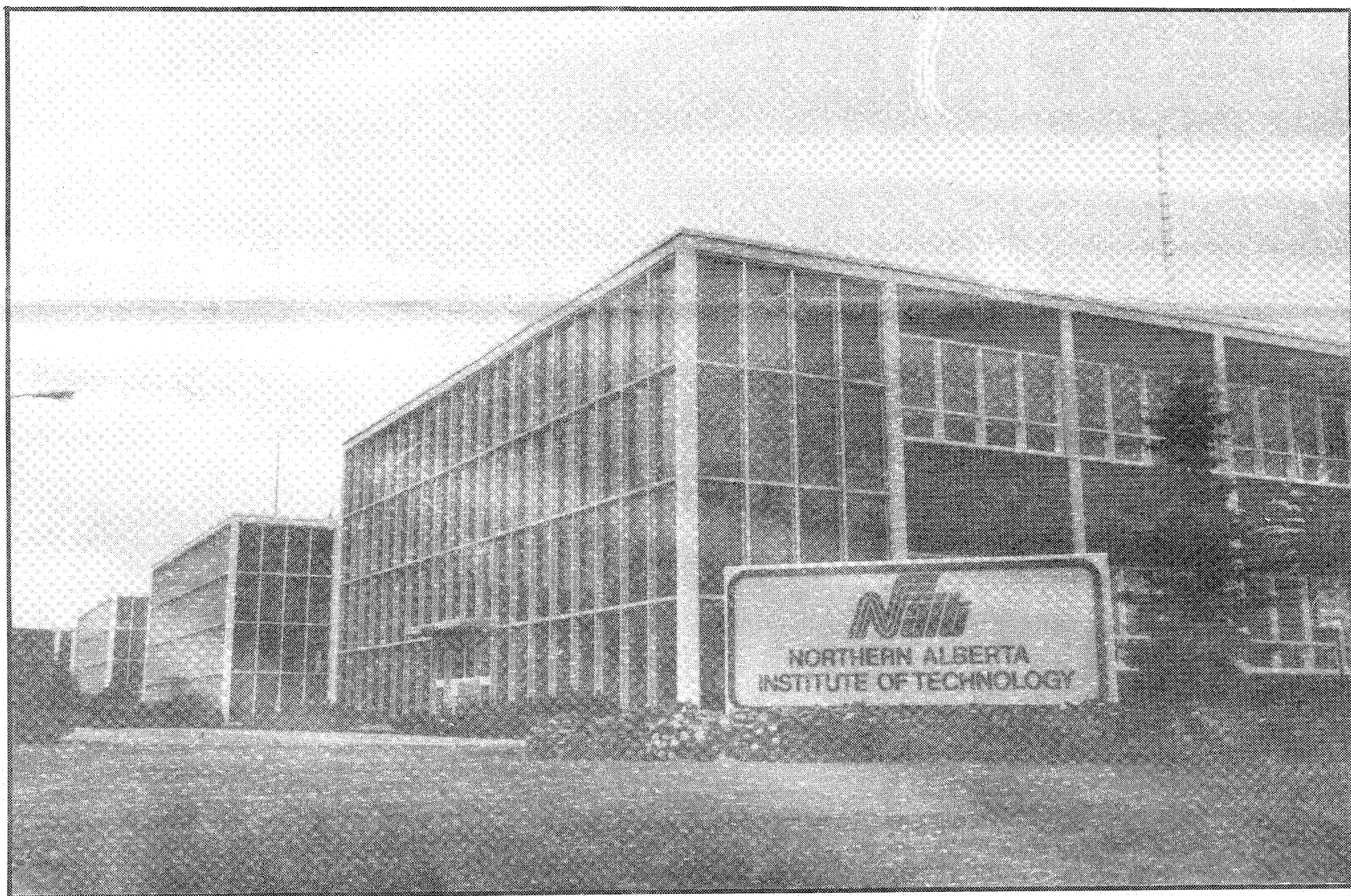
the NUGGET

Issue 20

Volume 24

NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY STUDENTS' NEWSPAPER

Mar. 13/86



WELCOME TO OPEN HOUSE '86

NAIT moves to semester system

As of September, 1986 NAIT is going to change from the quarter system to a semester system. This means that all technologies will be reviewing and updating their materials, adding and deleting things that are not needed. There are some technologies that have changed over and proved that the system really works.

It used to be that a student would start in September and end the first quarter 12 weeks later in November, then a new quarter would start again and about half-way through the second quarter, students would take their Christmas break. It was a difficult break, with many students having problems getting back into the swing of things after the holidays.

The third quarter ends May 30, leaving the NAIT students one month behind in the search for summer jobs (U of A is through at the end of April). There has been a lot of concern about this matter. Ever since 1963 most full-time NAIT programs operated on the "quarter system." It consisted of 10 weeks each with students loading 28 to 30 hours per week. In the late 60's they changed a little with three quarters of 12 weeks each were implemented, with the intention to

reduce student workload to the 25-hour week level.

Fred Williamson, Vice-President at NAIT said that there is going to be the new format of 2 x 17 week semesters. It will give students a change for the better, but not to lose any program quality.

The main concerns that NAIT had to examine were:

1. The end of the academic year will be at the beginning of May instead of the end of May. Students and NAIT graduates would be out within one or two weeks after U of A and other institutes. This will provide NAIT students with a better opportunity for summer jobs.

2. The Christmas break will coincide with term break. This way students would have a real holiday and not worry about studying for mid-terms or homework.

3. The intensity of examinations will be lessened so the students would not have to write exams every six weeks.

4. There may be consideration of a spring "reading week" break.

5. The potential is increased for a summer of 12 weeks to 16 weeks. This format is more defensible in terms of students learning and retention. The students would not have to start up and wind down three times

a year, thus reducing time lost. Pressure would be dropped accordingly and room created for an effective summer season.

Another positive thing that NAIT is asking instructors, is to have a look at their material update and change the curriculum accordingly. Some technologies are also asked to see if they can have a common first-year or sometimes called a "coring effect." This will deal with tech courses that are related. For example: Petroleum mineral; Petrochem are about the same, as are Civil, Drafting, Building Construction. In other words, in the first semester only, one tech will have about the same courses as another but at different times of the year. What they will try to do is have those techs go together in another group, but a student can still register for whatever tech they want to go into. So, if a student wants to take Drafting in semester one, but decides that this is not for him/her and instead wants to go into Civil in the second semester he/she finishes the first semester of Drafting; the person can because the first year courses are the same. This way a student would not have to start all over again. Some techs have already

done this and evidence suggests success. Business Administration is one tech that a student can go into and has a choice of Marketing, Accounting, Finance or Administrative Management in Year 2 by taking a common Year 1.

All of this will be implemented in the next academic year, (starting in late August and going to the first week in May). The reason for starting in late August is to get the Registration done and to inform students where they are to be so that when September comes, there will be no time lost. The times are changing for the better and who knows, in the future, there might be more changes such as, (2 x 16 week terms). Business Administration has already indicated they could easily do it. However, today the changes to the semester system (2 x 17 weeks) is applauded by all technologies as a change for the better.

Tony (Scoop) Tyrkalo
News Editor

J-WALKERS FINED \$20

Police are on the lookout for student J-walkers. Between 7:30 a.m. and 9:00 a.m., city police have been handing out \$20 tickets to unsuspecting ETS travellers.

To avoid such fines, either use the cross-walks or miss your first two classes.

The Leisure Friend Project

Edmonton Parks and Recreation is looking for people to work on an innovative program. The Leisure Friend Project, just underway in the city, needs volunteers who will offer support to clients who are being discharged from a hospital or treatment facility.

For people re-entering the community, the outside world is often new and unfamiliar. The Project's volunteers will assist these individuals in becoming involved in a recreational activity in the community. At a time when people are adapting to a new life, participating in a carpentry or pottery class or going for a walk in the river valley could encourage an interest in a leisure activity and help someone feel more connected with the community by providing contact with others.

After a brief training program, volunteers will attend outings with clients once weekly for a twelve week period between the months of April and August, 1986.

If you're interested in working on the project or would like more information phone Jeff Winkelaar at 428-8559.

BE YOUR OWN BOSS THIS SUMMER

find out how at a FREE

Student Business Seminar

Thursday, March 20
N.A.I.T.
Little Theatre H5
7:00 to 9:30 p.m.

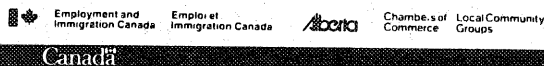
Tuesday, March 25
University of Alberta
SUB, Room 034
7:00 to 9:30 p.m.

Guest speakers and former student business managers will discuss:

LICENSING
TAXATION
ADVERTISING

RECORDKEEPING
FINANCING
LEGAL ASPECTS

 **Hire A Student**

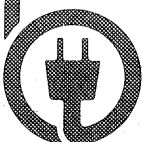


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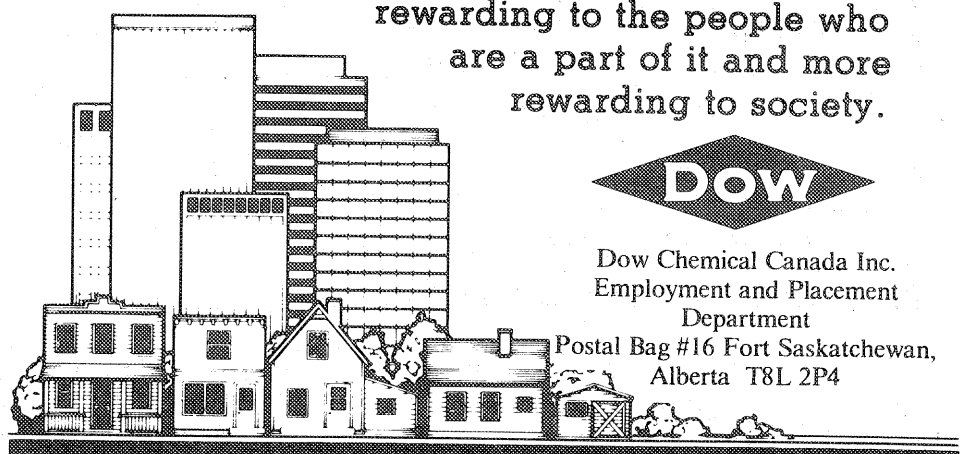
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rewarding to the people who are a part of it and more rewarding to society.



DOW

Dow Chemical Canada Inc.
Employment and Placement
Department
Postal Bag #16 Fort Saskatchewan,
Alberta T8L 2P4

START PLANNING YOUR EDUCATION FINANCES

If you are living at home you can expect to spend a minimum \$1,300 (food, clothing, personal expenses and bus transportation). Add tuition, books and supplies and your total will approximate \$2,400 for one academic year.

- If your permanent residence is not within commuting distance you can expect to spend at a minimum \$5,000 (food, accommodation, clothing, personal expenses, and bus transportation). Add tuition, books and supplies and your total will approximate \$6,000.

There is financial assistance available to students who do not have adequate funds to finance their education. However, you are expected to have some savings, and your parents are also expected to offer you some financial assistance, depending of course on their income.

Once you have made the decision to continue your

education, the following points may be useful to remember:

- 1) Apply for financial assistance BEFORE JUNE 1st. Applying early will ensure you receive your funds before the start of the September term.
2. Have sufficient funds of your own to live on for the first month of school.
3. If you change your mind and decide to attend another institution and you have already applied for financial assistance, you must re-apply.
4. Have enough money to buy your books and supplies.
5. Tuition MUST BE PAID BEFORE the start of the school term.

6. If you do not have a bank account, make sure to open one at least three (3) months before the start of the term (preferably with one of the major banks).

7. Save as much money as you can during the summer months. The more you save, the less you will need to borrow.

For more information, call or drop in at:

Financial Aid and Awards Office
Counselling Centre
NAIT
471-7499

Alberta Students Finance Board
10th Floor, Baker Centre
10025 106 Street
EDMONTON, AB
427-2740

Hogs Close!

Early sales of feeders were at generally-firm prices. The estimated hog price was 75 cents lower at \$65.00.

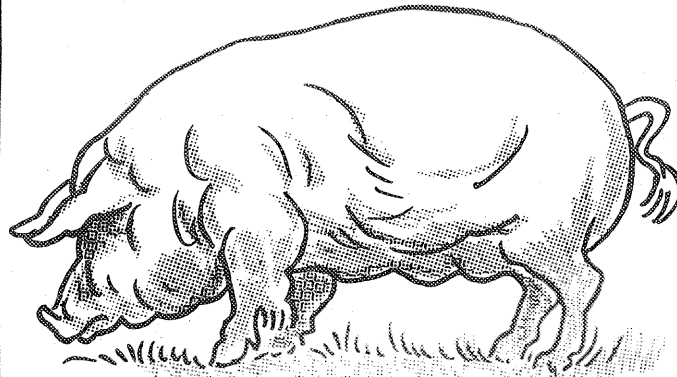
Yesterday's federally-inspected Manitoba slaughter total included 1,426 cattle and 6,206 hogs.

Slaughter cattle and calves 125: A1-A2 steers over 1,000 lbs. \$70-\$74.50; D1-D2 cows \$46-53 to \$56; D3 \$45-52; good bulls \$60-\$66.50; good butcher calves \$67-\$75.

Feeder cattle and calves Tony (Scoop) Turkeyloaf

225: steers over 900 lbs. \$70-\$78.50; steers 6-700 lbs. \$73-\$91.50; 4-600 lbs. \$75-\$93.50.

Hogs 6,500: the Manitoba Hog Producers Marketing Board's estimated price was \$65.00. Yesterday's average was \$65.71 on sales of 6,859 hogs; domestic sows dressed \$40.65; export quality dressed \$46.00; export quality sows live \$36.80.



GRADUATING IN MAY?... THIS CONCERNS YOU!

Deadline for ordering Graduation gowns:

All NAIT students graduating in May are required to wear an academic gown if they wish to participate in the Graduation Ceremony (Saturday May 10, 1986 at the Jubilee Auditorium).

Arrangements have been made with a rental firm to supply the gowns at a cost

that covers cleaning, handling and shipping. Please note the following conditions for ordering your gown:

- Orders will be taken at NAITSA Stores, Room E123.
- Deadline for ordering gowns: March 21.
- Cost: \$9.00 (NAITSA assumes all additional costs).
- Gown pickup: at the Auditorium coat-check starting at 12:15 p.m. on May 10.

WORD PROCESSING

NAIT students entering in the fall of next year may have access to Word Processing equipment and universal print facilities in the Media Workshop. The 70- thousand dollar project is outlined in a proposal put forth by the LRC and NAITSA executive and is presently awaiting approval from General Council.

LRC spokesman Wayne Monaghan says that the need for the new equipment arose through a shortage of open-use typing facilities.

The plan is to install ten IBM Word Processing units as well as a high quality printer immediately, and eventually expand the system

to twenty station.

The cost is to be split

equally between NAIT, Student Council and the Provincial Government. Monaghan hopes to keep the operating cost down, but says that since the project is on a cost recovery basis, a user fee may be implemented.

Monaghan is confident that General Council will agree to the proposal but is worried that the Provincial Government will refuse the much needed 22 thousand dollar grant. If no provincial support is available Monaghan says it could take as much as 2 years before any major changes take place at the LRC.

WARNING!

Today (March 13th) and tomorrow (March 14th) are the last two days to book your appointment for a graduation portrait. Bookings must be made in person: Room U213 from 8:00 a.m. to 4:00 p.m.

LET'S
SEE YOU
DO IT...
OUTDOORS!



PARTICIPATION



STUDENT STORE

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| * Radios | * Souvenirs |
| * Magazines | * NAIT Jackets |
| * Tech crests | * Lab coats |
| * Lottery tickets | * Sports Clothing |

Located E-WING

SEED CAN HELP PAY FOR YOUR SUMMER JOB

Aim for a career- or study-related job this summer. Tell your prospective employer that Employment and Immigration Canada can help with your wages through the new SUMMER EMPLOYMENT/EXPERIENCE DEVELOPMENT (SEED) program.

Have a SEED brochure with you. But remember, the SEED application deadline for employers is MARCH 31st, 1986.

Be registered with your Canada Employment Centre (CEC) or CEC on Campus. Also contact a Hire A Student office when they open for business.

The SEED program is an important element of CHALLENGE '86 ALBERTA — a federal-provincial job creation initiative designed to create over 16,000 jobs for young Albertans.

For more information on SEED contact your Canada Employment Centre or Canada Employment Centre on Campus.

Challenge'86



Employment and
Immigration Canada

Emploi et
Immigration Canada

Canada

"THE YOUNG AND THE OOKS"

The NAIT Hockey Team is the best in the province. This past weekend, the Ooks captured their third straight ACAC championship.

So you might wonder what do these players do day in and day out. Do they practice constantly? Do they eat Pro Stars for breakfast? Do they wear GWG's? Do they drink 7-Up? Do they use Maurice Richard's special hair formula?

Well, after weeks of observation, I think I've discovered the secret to the Ooks' success. It's "The Young and the Restless." Yes, this soap of soaps is the key to their endless victories. Hard to believe, isn't it?

Between 3:15 and 4:15, several players meander nonchalantly into the Naitrium, pick their favorite couch and turn to channel 13.

"So what happened yesterday?"

"Did Victor and Nikki break up yet?"

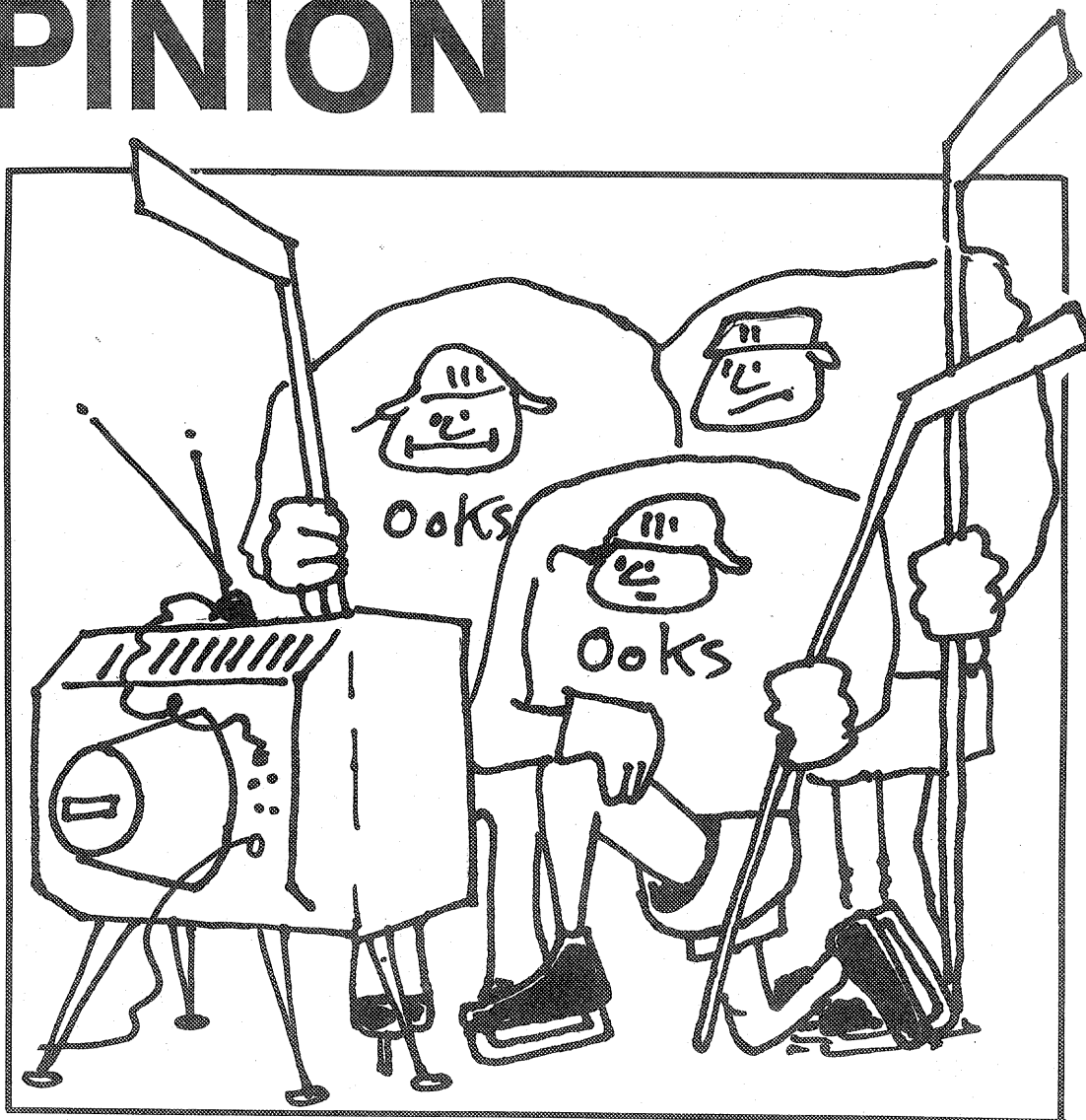
"WHAT A BITCH!"

These are the kinds of famous quotes that have come from mouths of Dean Clark, Mike Spencer and Ken Goodwin.

Interestingly enough, one has to wonder if this soap addiction has anything to do with Wayne Gretzky's appearance on the Y&R.

Well, no matter how they do it, the Ooks are the best in Alberta. Next week, the Ooks defend their national championship title in Kamloops, B.C. For all you fans, there will be a fan bus leaving Friday the 21st of Feb. at 9:00 p.m. and returning on the 23rd after the finals. Hope to see you there.

L. Chayka
Editor



"I'm burned out"

Finals are over!

The long hours spent buried in textbooks while consuming massive amounts of coffee are, at last, over. The results of our labour are realized by way of completed projects and exam results. But aside from these manifestations, there is a regrettable by-product from our efforts: stress.

It doesn't happen to all of us, but to many people, stress hits hard. You know who you are! You're the infamous "type A" personality", and during a high pressure time (such as the last week of an academic term), you are at your worst. Your friends liken you to Billy Martin, for as soon as things pile up or don't go your way, you turn red in the face, tense up, and kick at the ground in frustration.

Now stress, to a certain degree, is essential for a person to perform effectively in school, but too much stress is harmful.

A phrase many of us toss around after a stressful period is: "I'm burned out." This is not new to most people, for feeling exhausted, wiped out, flattened, is a natural result of too much stress and tension. The phrase "burn out" is actually a medical term coined by U.S. psychoanalyst H. J. Freudenberg over 8 years

ago: it refers to a physical and mental end-product of excessive stress and tension. Herein lies the solution to eliminating that "burned out" feeling. If you can reduce stress and tension, it stands to reason that "burn out" will not occur. But how does the typical Billy Martin reduce stress?

Fortunately, a great deal of research has been done in this area, and as a result, five easy steps have been recommended:

- 1) Build resistance to stress by getting at least 8 hours of sleep each night, maintaining healthy eating habits, and exercising regularly.
- 2) Do something healthy and restful to relax and unwind at the end of each school day.
- 3) Let no activity interfere with your established daily requirements for food and exercise. Never skip a meal or workout session.
- 4) Learn to talk to your peers, friends, and family members about stressful problems you are encountering. Get it off your chest!
- 5) Withdraw physically from the stressful situation and relax.

There it is, your guide to a stress-free, burn-out-free life. Now, applying it is another matter! Good luck!

Ken "Billy Martin" Gurr
Asst. Ed.

Lack of Consistency...

Dear Editor

We found it odd to note the complete lack of consistency in the Feb. 21 NAIT Nugget.

For example, your eye moves from Ken Gurr's commentary on exiled Haitian dictator Claude

Duvalier to an insane cartoon with a grade 2 level of humor.

Your front page pertaining to a year's subscription of

this bird-cage liner was a waste of film paper and ink. It must have been a slow week for NAIT events or any news whatsoever when something like this splatters the front page.

The Nugget however has it's merits (they fail me right now); but you must stop your pathetic imitations of the "Globe and

Mail" and concentrate on NAIT issues.

The most popular component of the Nugget is the "classifieds" and they're submitted by the students and not the staff. Where is Sean O'Neill when we need him?

Dave Skrobot
Dia MacBeth

REPLY: Dear Sir and Madam

Thank you for writing in. We sincerely appreciate all input from our fellow students.

Student participation in this newspaper is vital to the success and quality of the paper. Unfortunately, though, student submissions are at times, nonexistent, and newsworthy events at NAIT are few and far between. It is at these times when the Nugget staff is forced to improvise. Case in point: the Feb. 21 front page of the Nugget, "Guess Who's in the Balloon Contest."

As a result of the lack of significant 'front page news, we developed this contest to be humorous, and light-hearted during a time when the vast majority of students were buried in the 2nd quarter crunch. (We received many compliments regarding our choice of front page material.)

In your letter, you also mention "lack of consistency in the Nugget. I assume you are referring to the Opinion page. In this regard, you are correct. The Opinion page is the one page in the paper that is an open forum, (hence, the absence of consistency between articles).

Any issue or comment can be written about on this page.

All students and staff can submit articles on ANY topic. (It would be absurd and out of the question to place restrictions on a person's opinion, excepting only those articles that 'concentrate on NAIT issues'.)

P.S. All newspapers, even the Globe and Mail, are used as bird cage liners. This may be the only time we try to imitate the Globe and Mail.

Ken Gurr
Asst. Ed.

The NUGGET is the official student newspaper of the Northern Alberta Institute of Technology, published Thursdays through September to May.

The opinions contained in the NUGGET are the opinions of the individual writers and do not necessarily reflect the views and opinions of the NUGGET staff.

Contributions from students are welcomed. The NUGGET reserves the right to edit letters and viewpoints for brevity. Submission deadline is Monday at 4:30pm for issue.

The NUGGET is located at E128.
Phone 471-7615.
Local 7615.

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Tammy Wild
NAIT Buccaneers
Leroy Warden
Al Greenwood

CIVIL ENG. SOCIETY PRESENTS:

**7th ANNUAL OPEN HOUSE
CURLING FUNSPIEL**

WHEN: MARCH 22, 1986,
DRAW AT 11:00 a.m.
DEADLINE: MARCH 19, 4:30
p.m.

WHERE: BALMORAL CURLING
CLUB
6820-116 ST.

- GUARANTEED 4-6 END GAMES
- POINTS SYSTEM SCORING
- AWARDS TO:
 - 1) NO LOSS MOST POINTS
 - 2) NO LOSS SECOND MOST POINTS
 - 3) 1 LOSS MOST POINTS
 - 4) 1 LOSS SECOND MOST POINTS
 - 5) LEAST POINTS
- COST: \$50/TEAM

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CANADA
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TAURANTS

NOTICE OF ELECTIONS

NOTICE IS HEREBY GIVEN THAT THERE WILL AN
ELECTION TO FILL THE FOLLOWING POSITIONS
OF THE EXECUTIVE POSITIONS

- | | |
|-------------------------|---------------------------|
| 1. President | 5. Athletic Chairman |
| 2. Vice President | 6. Secretary |
| 3. Activities Chairman | 7. Board of Governors (2) |
| 4. Publication Chairman | 8. Academic Council (4) |
- Also one Executive treasurer to be hired by Naitsa

Eligibility:

- must be a Naitsa member in good standing.
- must be enrolled in a 2 yr. (or more) course at NAIT.
- must be returning for 1986/87 term and approved by the president of the institute.
- may not hold an executive position in any other student club.
- must be approved by Program Head of the respective tech.

Campaigning:

- may commence 8:00 a.m. March 24/86
- must cease by 5:00 p.m. April 1/86
- all regulations will be explained at 4:30 p.m., March 18/86 in E129

Balloting Method:

- election shall be secret ballot and an 'X' shall indicate candidate voted for.
- any other marks shall render the ballot spoiled.

Balloting Schedule:

- April 2/86, 10:00 a.m. - 3:00 p.m. (Main Lobby, Plaza II, Tower Lounge)
- (Naitrium)

Prevoting Schedule:

- April 1/86, 12:00 - 1:00 p.m. (Main Lobby)

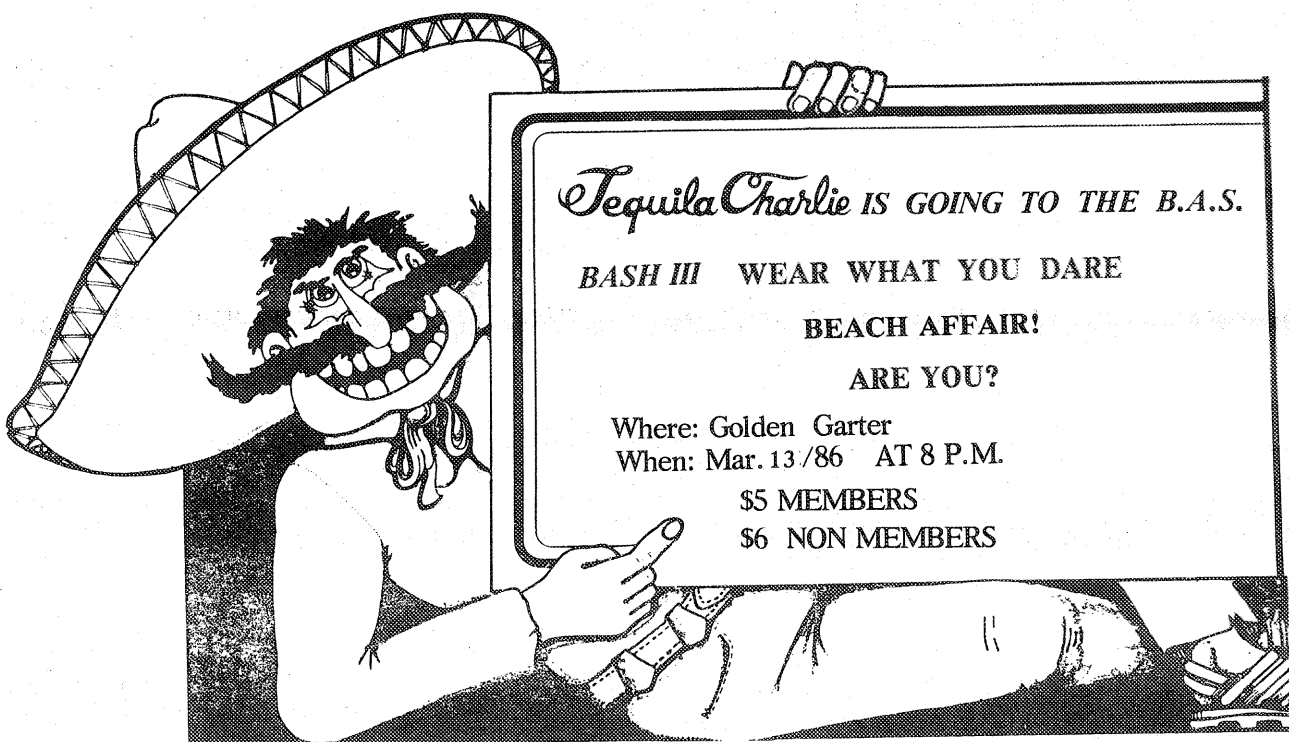
Issued for Naitsa by Randy Fibke
Chairperson, Election '86

The Nugget is looking for a
layout assistant. If you are
interested, please stop by
Room E128 and talk to the
Editor. There is a monthly
honorarium offered. Exper-
ience is an asset.

Western Submarine

It's time for a TASTY SUBMARINE
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Present your NAIT I.D. for a
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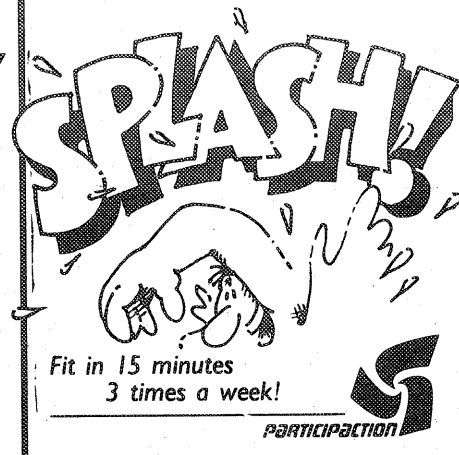
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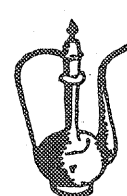
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NAIT Students to Represent Alberta in National Badminton Championships

So where's Nanaimo? This is the question that is in the minds of both Keith DeSouza and Jim Wu as they prepare to represent NAIT, and more generally, Alberta, in the upcoming National Badminton Championships.

After an exhausting week of exams, the NAIT team challenged the blizzard-like conditions and hopped on the bus to Grande Prairie. It wasn't long after that they found themselves pitted against the best that Alberta could offer: colleges including Mount Royal, Red Deer, SAIT, Grant MacEwan and others.

Both the Ladies' doubles (Sandy Husberg and Cathy Field) and Mixed doubles (Tammy Wild and Ming Choi) played well, placing 5th out of 10. The mixed team was especially disappointed when their hopes of making the playoffs were lost when they were defeated by the Lethbridge team.

Gerry Kadylo (Men's singles) also played well, placing 6th.

NAIT's Ladies' singles player, Colleen Krikke, performed exceptionally well, going so far as the final showdown. She forced it to 3 games, losing the last by only

a few points, thus winning the silver medal.

But the biggest win of all was the Men's Doubles team of Keith DeSouza and Jim Wu. They reached the playoff rounds undefeated and went on to beat Grant MacEwan in the semi-final to face their arch rivals, Red Deer. All four players placed a very entertaining, fast-paced match, each pushing himself to his limit. After a gruelling, intense third game, it was NAIT that came out on top, winning what was a very sweet gold medal victory.

Many of the games that were won by the NAIT team were due in part to the scouting of opposing teams by the team alternates, Thuy Chao and Janet Yuha. Without their support and help, it would have been very difficult to succeed.

Thus, at the end of the regular season, NAIT places fourth overall, only one point behind Mount Royal.

So as we pack Keith and Jim on a plane to find the National Championships in Nanaimo, we wish them the best of luck and hope that Keith will know "Where the hell's his stuff!"

Tammy Wild

Clash of Steel

The two combatants face each other on a metal strip as wide as a sidewalk and about 50 feet long. They move forward and back; side to side, keeping their distance and watching for an opening. There is a sudden movement. Two blades clash as one combatant attacks and the other defends and counterattacks.

Metal rings on metal as both battlers desperately try to score a hit. Air finds its way into lungs only with effort. Muscles begin to ache. The blood pounds through their bodies and perspiration stings their eyes. Suddenly, as alarm sounds and the presiding judge calls out "Halt!". A sword point has found its mark.

The scenario you have just read is played out continuously by fencers around the world. Their goals may be varied. Some seek physical conditioning only. Others seek companionship. Many seek to fill their need to win in competition. Whatever you seek, the art of sporting swordplay awaits you in Room S8 below the arena every Tuesday and Wednesday at 5:30 p.m. Introductory fencing is also offered through the Physical and Leisure Education program.

Sex and age are not barriers in this sport. Give it a try!

NAIT Buccaneers Fencing Club

NAIT SPRING EVENING INDOOR TENNIS SCHOOL SWING INTO SPRING

Learn to play or improve your tennis game.

Video tape equipment and ball machine used

Eight one-hour lessons for \$40.00 (ball included)

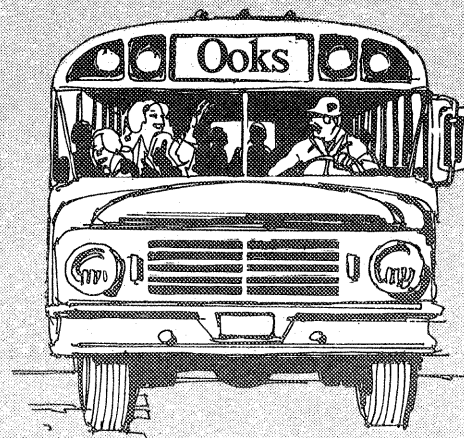
*Commences March 25/86
Choice of nights: Tuesdays or Wednesdays

Choice of hours: 6:00, 7:00, 8:00 or 9:00 p.m.

Registration NAIT Continuing Education office or phone 471-7422 with Visa or Mastercard number.

Further information phone 471-7422.

FAN BUS
CHEER ON THE OOKS AT THE NATIONALS IN KAMLOOPS B.C.
LEAVING: Friday March 21, 9:00pm
from the NAIT Arena
RETURNING: Sunday March 23
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CONGRATULATIONS

Hey, they did it again: the Ooks had another spectacular season with only two losses. They dominated the ACAC competition and have another feather to stick in their hat with the championship. The NAIT hockey wizards won the International Viking Cup tournament for the second time. They totally dominated the tourney and were undefeated throughout the Cup. This team is hot!

Throughout the semifinals and finals of the ACAC championships, the Ooks kept their cool and played fast, hard hockey. The Ookpics rolled over the Red Deer Kings in two straight and outplayed the Mount Royal Cougars to take the first three in the five game series final. This tremendous team will now travel to Kamloops, British Columbia to defend their Canadian College hockey crown.

NAIT should do well again

this year and I and many others feel another Canadian championship is on the way. With outstanding goaltending by Jeff Lastiwka and Kevin Stapleton the Ooks will be strong. Contributing to this defensive strength will be a veteran defence squad with Jamie Bartman, Ken Goodwin, and Mike Tookey. Rookies Dean Clark, Kurt Roebuck and Brent Weller have added the finishing touch.

Then there is the awesome offensive strength led by veterans such as Mark Schultz, Mike Spencer, Ron Amyotte, Ross Kenny, the Melnyk brothers, Hugh McCaskill, Don Simpson and Franco Disciglio. This year the rookies have more than given their share for the offensive cause. Newcomers such as John Walker, Mario Sicolo, Darren Schmidt and J.C. McEwan have added strength and speed which resulted in a superior college hockey championship team. Good luck in Kamloops!

Sombuddy

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NUGGET NOSTALGIA

This trip down the Nugget's memory lane concerns marijuana. Is it good for you? The article, "Mary Jane Strikes Again" was written by a die-hard hippie and Nugget staff writer. It was first published on January 26, 1978.

A controversial and very dynamic subject has again reared its smokey head. The arguments for and against it are back in the ring fighting it out.

You ask what I'm talking about, who is Mary-Jane, and where is this coming from? Think baby, pot is the topic. Or if you will, more scientifically. Marijuana, one of the most outstanding issues of our society.

Just like alcohol and prohibition. Those that are against it go all the way, while those that are for it well they're out there all on their lonesome having a grand old time.

If you're for it here's an idea of some of the penalties you'll face. There's the good old slap on the back of the hand, the fine, \$25 bills and up. Or you could get the heavy stuff, like your typical prison term. But we mustn't forget the 'Big Daddy', of society, Criminal Court.

Which leads us right to the meat of this issue. Ever watch someone who is stoned? Strange aren't they?

While under the influence of the drug some people find themselves in a strange state of mind. A place where they lose the ability to engage in verbal contact with those other people around them.

If the situation is a party where a great deal of music is being played, many people have been known to wonder off on what is quaintly called, 'their own trip or space,' becoming almost reclusive in their thoughts. If they are still able to think, that is.

After a night of heavy toking (slang for smoking), one might wake up the next day with a strange feeling of having forgotten where one was or had been.

There is also the disaster involved when those persons whom have pot in their possession are approached by what is commonly referred to as a Police Enforcer of 'Narc'. This is very uncool.

These unfortunate souls, usually find themselves in trouble with the boys in blue. And believe me the law can spell trouble some.

The consequences of getting 'busted' are usually uncomfortable. Anything from a fine to a prison term, depending on the individual situation, and of course the

judge. But to leave the dreary consequences behind, let's take a look at the benefits.

There are many doctors who are all for the legalization of pot. They recommend it as a treatment for Glucoma and terminally ill cancer patients.

Using it as a sedative or relaxant, as it doesn't necessarily kill pain but rather makes it more tolerable. Music enthusiasts find that the influence of pot allows for a greater appreciation of whatever type of music they are listening to.

People involved in handicrafts of other tedious works will often find that pot allows for a greater amount of concentration on whatever it may be they're working on.

In our government, people are being paid to smoke pot. It's part of experiment or not we as a so-called free nation, should make pot legal. Politics are something else.

Well there it is in black and white, good, bad, or for some, indifferent. Personally I feel the drug offers far more benefits, medically or otherwise, than disadvantages. Could you imagine the day a Doctor tells you to 'Smoke a joint, you'll feel better tomorrow.'

Wild World Part 2

Bob Cherrington

Intrigued by the questions, there's so much to learn. It's mental gymnastics of growing concern. Ah, the future is closer each rise of the sun. Contained by fulfillment, a dawn can be won. Strive on, think twice though don't shy a leap. There's so much to challenge, it's all that we seek. Look up in the sky for the stars will still hold you. There's so much to feel as their strength will unfold you. Nature's pure beauty to humble us all. There's something about them that calls to us all. The sky is an entity, live like this earth.

It's really a shame. A sensitive soul reaches out for his name.

When things pile up on us all it's real hard. Long lists of misfortune are hard to discard. The wheels are still turning as always will be. Mistakes have been made but they teach us to see. There's lots to accomplish we'll all be ahead. To grow from mistakes and try harder instead. Strive on and be strong. The faith still holds true. For if you look deeply it's waiting for you! A wondrous future ahead for us all. With mountains to conquer we ALL need us ALL!!!

Encompassing everything beyond and past birth.

A retaliant phrase lashing out from a sore. Once friends can soon change there

Our soul is a part but we all have our self. With pride that can hurt but can heal as true wealth. Some words misconstrued as a joke can hit more

The laughter doesn't have to come from the forest. Imagine all the people. John Lennon

Prevalence

*In this life of ours
There's so many ups and downs.
There's the good and the bad
The rich and the poor
The winners and losers.*

*We live in fear of giving
We live in fear of sharing with the world
Who we are
And what we really feel*

*Vulnerability, Superiority, Individuality
These are some of our complexities
In some strange mode of winning*

Some strange mode of just being alive

*I promise myself to be...
To share with the world
What I really feel
To love and be loved
To laugh and cry
To be angry and sad*

*And maybe, just maybe
Through my openness and honesty
My caring and sharing
Love will prevail.*

Leroy Warden

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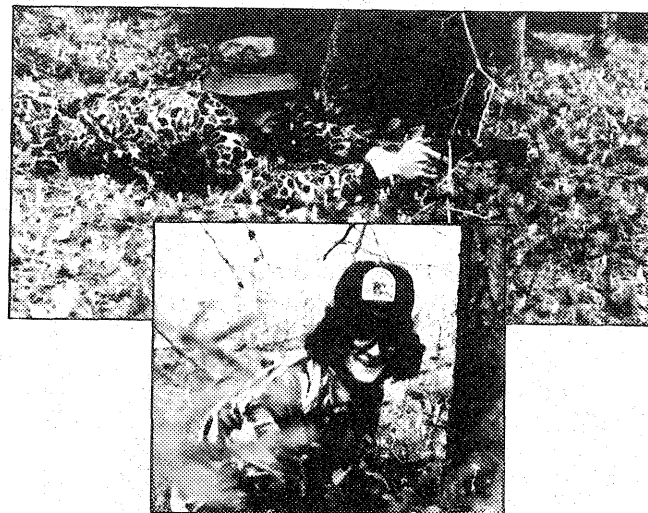
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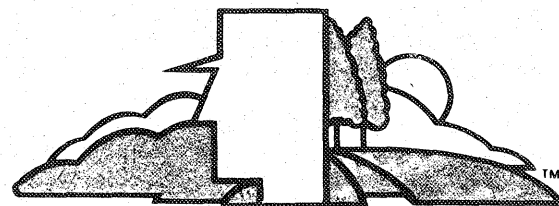
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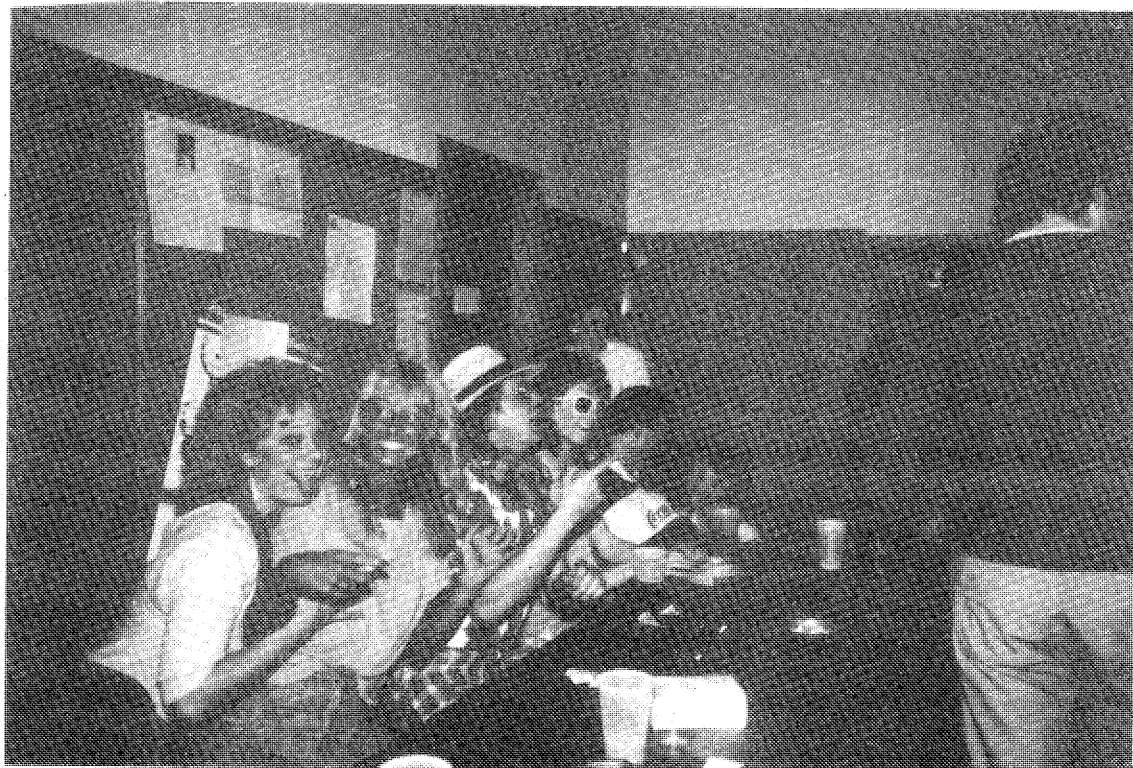
Shake It Up

NAIT Pre-tech really put on a good bash, their "Tacky Tourist" cabaret, on Friday February 28th at the Bonnie Doon Hall. The music was danceable, the popcorn was salty and the patrons were stung-out and extremely tacky!

Folks from all techs were present and fighting off those pre-finals-blues was a snap. All one had to do was mingle with the friendly partiers and gyrate a little on the dance floor.

Almost everyone bashed till they crashed, or at least until they fell over.

Keep the spirit, true partiers!!



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Party hardy "GUYS!"

Once again the Nugget is putting out the 'Fuggit' in the near future. If you have

any funny, really funny material you would like printed, please drop it off in E128.

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Forty years later, diary still reminds us

"I believe in the goodness of

These words were written over forty years ago by a young girl whose brief life seems to be a glaring contradiction to the statement. Youth is often a convenient excuse for making such outrageous declarations no matter how noble, but Anne Frank's message cannot be dismissed so glibly. Her story lives on because of the contradiction. Her belief in the goodness of people cannot be mocked by the events of the time. Hers is a universal story of hope which has not diminished over time. Anne's light has not faded.

The Diary of Anne Frank is one of the most important works to come out of the Second World War. The fact the diary has survived the war is somewhat of a miracle. Amid all the destruction of the war, a small book bound in a tartan cloth was not lost. Inside the thoughts and ideas of a fourteen year old girl were revealed. The diary chronicles life for Anne and seven others, including her family, hiding from the Nazis between July, 1942 and August, 1944. It is not only an account of life in hiding; it is a record of a young girl coming of age, with all her anxieties and wonder. But more than that, the diary is a celebration of life and living at a time when such a celebration seemed meaningless and empty. Anne's celebration is rejuvenated whenever her story is told.

The diary then, has a larger significance than that of a girl's recollections. Hers is a voice that succeeded in crying out, for herself and all the others who were silenced. Anne's ordeal is a shared experience with the millions who suffered under the tyranny of the Nazis.

Jace Van der Veen, Artistic Director of Northern Light Theatre and director of their upcoming production of The Diary of Anne Frank has his own recollections of Holland under the Nazis:

I am eight years old. It is night and I am frightened by the sound of loud voices and heavy boots running up the stairs. "What is it", I cry to my older brother. "Razzia" he hisses. "Be quiet". I lie very still, blankets pulled up high.

I know what "Razzia" means. Soldiers cordon off a street and its alleys. Then they

search each house, quickly, efficiently, thoroughly, for contraband articles like bicycles, shortwave radios. Also they search for boys 16 and over to be taken to work camps or factories in Germany and they search for Jews.

The boots thunder along the corridor, the bedroom door sweeps open, flashlights blind me, then dart to my brother's face, the bed, the room. I see uniformed silhouettes, large, looming; the closet is opened and searched quickly, leaving floorboards alone. They are not looking for contraband articles, they are looking for Jews. For Aunt Sybil.

Aunt Sybil had joined our household several months ago. She wasn't a "real" aunt, but we were told to call her that because she was a "friend" of Mom and Dad's and "no more questions" and "don't talk to anyone about her!" But now the soldiers were here and Aunt Sybil had had no time to get to her hiding place, so quickly had the soldiers dispersed themselves through the house, leaving one of them posted in the middle of the second floor corridor. Right in front of Aunt Sybil's bedroom door.

A month ago friends of ours had their Jewish refugee found during a razzia and their father had been stood in the open front door and shot dead, while the Jew was taken to the camp at Belsen.

And now the soldiers were here and Aunt Sybil in her room. "Just waiting" she said later, "I packed my little suitcase and just waited". And the boots hurried everywhere in the house, the basement, the attic, all the bedrooms. Except for the bedroom where the one soldier stood guard. Aunt Sybil's room!

"Now I believe there is a God". These were Aunt Sybil's words after the soldiers had gone, while she wept, and Mom wept, and we were all huddled together in Mom and Dad's bedroom, crying and laughing and shushing each other.

Even now, 42 years later, no one can explain why that one bedroom was not searched. Did the soldier on guard know that he was guarding his enemy from becoming his prey? How irony can enrich a miracle...

The fact that a Jewish refugee and my father

so miraculously were saved from the Holocaust has become a bright and intensely joyful moment in my memory of World War II. Yet, when the sadness about tens of thousands of life-losses engulfs me, when I think of Dussel, the van Daans, the Franks, the brightness and joy of that moment fades. Especially when I contemplate the bitter irony of Anne Frank's faith in the goodness of mankind being so sardonically challenged by the evil of mankind that victimized her. Did not Anne Frank deserve a miracle? The answer lies beyond a ken.

But what I do understand is the gift of another irony. In a search for (Jewelry) precious objects the soldier who emptied the briefcase containing the diary, left the diary intact. What was of no value to him has become a precious gift to us and our children. Anne Frank's spiritual blitheness, her eagerness for knowledge, her joy in writing, her compassion for All of humanity and her insistence on hope blazes through the last forty two years. She shouts to her peers, teenagers of any generation, to us her elders, "I believe in a future and you are it!"

Mr. Van der Veen's personal experience during World War II no doubt influenced his decision to make The Diary of Anne Frank part of Northern Light Theatre's 1985/86 season, but there were other reasons for his choice. He sees The Diary of Anne Frank as metaphor for a society under pressure which goes beyond its time and place. The Franks, the Van Daans and Dussel are a microcosm of a society where the survival of the group takes precedent over the rights of the individual. When tensions arise within this stagnant society, a release is not easily found; each must find a way of coping without compromising the precarious situation in which they find themselves. Anne's release is her diary. Through her writing, she can escape her claustrophobic environment by expressing on paper what she longs to do in reality.

Anne is proof that the individual voice will be heard no matter how dark the forces that try to silence it, or how well meaning the reasons are not to speak. That is why in the Diary of Anne Frank, the voice of Anne is as clear and strong as ever and tells us even in Edmonton in 1986 that a voice—even that of a young girl can be heard and not be forgotten.

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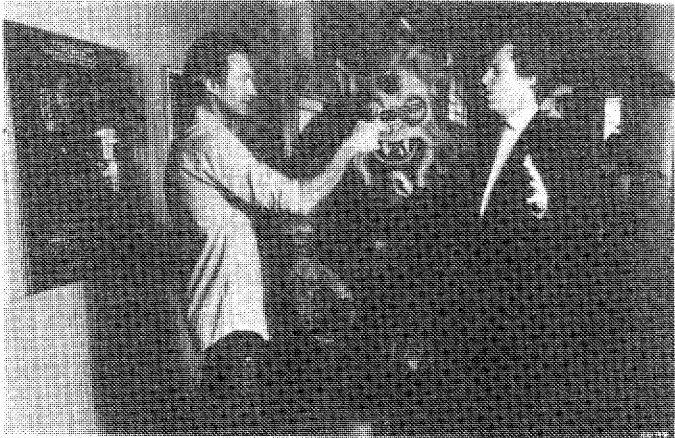
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MOVIES



Rollie Tyler [Bryan Brown] pretends to shoot Lipton [Cliff De Young] before taking some shots at Rosebud, his "guard monster" in *F/X*

"F/X" Thrills and Chills

Robert Mandel's film *F/X* is a refreshing and enthralling work. A strong script by Robert T. Megginson and Gregory Fleeman and some spectacular special effects ("F/X", in movie-industry jargon) by John Stears keep the audience riveted to its seats in suspense.

F/X is the story of Rollie Tyler (played by Bryan Brown), a respected pro at the art of film illusion. Whether raking a restaurant with machine-gun fire, launching a space probe to a dark planet or losing a psycho on an unsuspecting family (as he did in the never-to-be-forgotten "I Dismember Mama"), his ingenuity is boundless.

Rollie is approached by the Justice Department with a strange offer—to stage the fake assassination of Nicholas DeFranco (Jerry Orbach), a turncoat mob man who is slated to testify against his former colleagues, then to vanish into the void of the Witness Relocation Program.

When Rollie pulls off the scam without a hitch, his "employers" turn against him to tie up any "loose ends".

Suddenly, a man whose life is devoted to illusion encounters real terror, genuine violence. Can he use trickery to save himself? *F/X* uses a wide range of cinematic sleight of hand—from police cars ploughing through slabs of lamb hanging from hooks to a shoot-em-up scene in a New York mansion—the audience is kept guessing as to what is "real" and what is meant to be an illusion.

Behind *F/X* is John Stears (the man who brought you R2-D2). Stears admits that he's been asked on at least three occasions to create illusions in the real world. He won't give any details because government agencies were involved and though he turned the jobs down, he was sworn to secrecy.

But Stears is a master at his craft, special effects. His talent, combined with an imaginative and well constructed storyline, make *F/X* an enjoyable film. If you like a lot of thrills and chills, you'll like *F/X*.

by Mario Lajoie

"Wildcats" good for chuckles

By Al Greenwood

Goldie Hawn gives new meaning to the word "coach" in Warner Bros. madcap new movie *Wildcats*.

Hawn plays a high school teacher whose father was a legendary football coach and who dreams of coaching her own high school football team. But the only coaching vacancy for her is at Central High in the inner city of Chicago, where her dream quickly becomes a nightmare.

Here is a school where the principal patrols the corridors protected by a pair of Dobermans. Molly is assigned a football team consisting of 25 assorted toughs, the Wildcats, who don't understand why they have to attend practice—they already know how to beat up

people.

So McGrath takes it upon herself to try and instill pride, discipline, and a will to win in the woebegone Wildcats. What follows is a well put together, albeit completely zany, story with plenty of laughs, both on the field of play and in a court of law.

Though Hawn has found a good role in which she seems comfortable, the laughs in *Wildcats* come mainly from the clan of street-wise football players whose wacky escapades keep the giggles coming. Among the players are Mykel T. Williamson [*Hill Street Blues*], Woody Harrelson [*Cheers*], and Tab Thacker (NCAA Heavyweight Wrestling champion).

Writer Ezra Sacks has produced a believable and original screenplay in *Wildcats* which, while not without flaws, makes for quite an entertaining flick.



Goldie Hawn listens to a real team-player in *Wildcats*.

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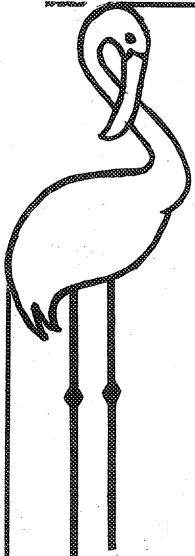
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Low-Budget Outings in March

"Japan— Tradition to High-Tech" Series at U of A

The Consulate-General of Japan, in cooperation with the University of Alberta, presents a series of events in March entitled "Japan—Tradition to High-Tech". The following events are free and open to anyone:

Thursday, March 13 at 3:30 p.m.

Dr. Hiroshi Tanaka, who specializes in Japanese management with a specific concern for the use of robots in the workplace, presents his lecture, **The Robot Age is Upon Us: What We Can Learn About the Japanese Experience in the Business Building**, room 2-05, U of A.

Thursday at 8:00 p.m.

University of Victoria professor Dr. Patricia Tsurumi speaks on a topic of broad general interest: **Japanese Women: Past and Present** in L-1, Humanities Centre, U of A.

Friday, March 14 at 3:00 p.m.

Visiting researcher professor Atsuko Yano, from the Osaka University of Foreign Studies in Japan, addresses a key aspect of Japanese culture, namely: **Mother-Image in Japanese Society** in L-4, Humanities Centre.

CULTURAL FILMS ON JAPAN

Friday, from 8:00 p.m. to 10:30 p.m.

Hand-Made Japanese Paper: this film shows how sophisticated and traditional paper is made

The Miracle of Tsubosaka Temple: Introduction of famous Kabuki play.

Manga: The Cartoon in Contemporary Japanese Life: Life in Japan explained in cartoon form.

High-Tech in Japan: Use and application of High-Tech such as Robots (Seeing Eye, Woodcutting), New Ceramics (Future Generation's engine), Biotechnology.

Attorney

Richard Horrow speaks on Sports Violence

See Horrow's lecture *Violence in Sports* at the U of A SUB Theatre on Thursday, March 20 at 7:30 p.m. Admission is FREE.

Violence is everyone in our society--television, newspapers, magazines, the streets, and recently, the area of professional sports.

It wasn't too long ago that a fight at an ice hockey game was actually a rare occurrence. However, now it seems that rarely a game goes by without a bench clearing brawl. Hockey is not alone.

Fights at a baseball game; preposterous! Or is it? Basketball, c'mon! We have been made much too aware of this disturbing contemporary trend of Violence in Sports.

During the course of the past five years, Attorney Richard Horrow, a key sports enthusiast and promoter, has been leading an ever-growing crusade to end the proliferation of violence in the sports arena. Excessive physical force in sports is defined as force that has no reasonable relationship to the competitive goals of the sport, is unreasonably violent, and could not be reasonably foreseen or consented to by the person affected. Mr. Horrow, a graduate of the Harvard Law School, has authored two bills that now sit before the House of Representatives in Washington, D.C. Known as the Sports Violence Act, these bills intend to deter and punish through criminal penalties and prosecution the episodes of excessive violence.

Richard Horrow, presently the executive director of the Miami-Dade Sports Authority, has been seen and heard at over 100 colleges across the country and in Canada. His explosive lecture, highlighted by action packed film footage, has left audiences enthralled, educated, and entertained.

Ethnobotany Lectures at Museum

Three ethnobotany lectures with guest speakers are scheduled at the Provincial Museum of Alberta in conjunction with the feature exhibition *Native Harvests: Plants in American Indian Life*, which is on display until May 21, 1986. Admission to the lectures is free and light refreshments will be served.

Monday, March 10 at 8 p.m.

The Use of Plants by the Native People of Alberta, by Dr. Anne Anderson, Cree Productions, Edmonton.

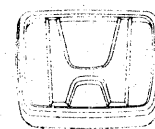
Monday, April 7 at 8 p.m.:

Cree Medicinal Herbs, by Mr. Russell Willier, Cree Medicine Man, High Prairie.

Monday, May 12 at 8 p.m.:

Food Plants of the Native People of Western Canada, by Dr. Nancy Turner, University of Victoria and British Columbia Provincial Museum.

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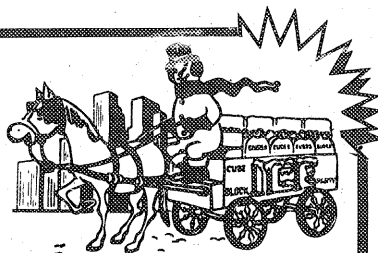
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wile e.'s old record RE-view

Living on a student's budget often means being choosy about how to spend those hard-earned pesos. Take clothes, for instance. When your only source of income is the Student's Finance Board, personal savings, or a part-time job at some convenience store, trendiness has to take a back seat to durability and practicality. In other words, a good, durable pair of Levi's may be more suitable than some pleated cotton-polyester watchamacallits.

I happen to feel this way about music, especially. I'll rarely buy a new chart-topping album that I may only listen to for a few months. I mean, why bother if I can just turn on K-97 and listen to the songs on that album over and over again, anyways?

So I invest in music—the tested and trusted stuff—that I know I can listen to now, or five years from now. Make sense?

Grover Washington Jr.

Winelight: copyright 1980, Elektra Records

We all remember the ever-popular romantic smoothie "Just the Two of Us" produced by Grover Washington Jr. and sung by Bill Withers. This is one of six slippery cuts on one of the Grove's best albums.

Grover is one of jazz's saxophone greats and he proves this on the very first cut, "Winelight". The sax licks roll out slowly, tantalizing the eardrums like a bottle of the best Baby Duck tickles the taste buds.

The album completely envelopes your mind in total relaxation. Notable selections for seduction music are "Take me there", "Make Me a Memory", and "In the Name of Love". All you have to do is cue this vinyl and let Grove's brass magic do the rest.

I found my album at Sound Connection for a steal: just six dollars.

Students too bashful to enter poetry contest?

Post-secondary students have been bashful about submitting their poems for possible publication in a national poetry contest, Fame Canada Enterprises president Al Forrest said today.

"Quite frankly I had anticipated that more than half our finalists would be university students because I know they are producing a great deal of quality poetry," he said.

"But so far there have been only a handful of entries from the campus."

Fame Canada Enterprises will publish the 45 best poems received and will award a total of \$4,300 in cash prizes, including \$1,000 for the best entry. There is a \$10 entry fee for each poem submitted.

The event is called Poetry 86 and is open to amateur poets only.

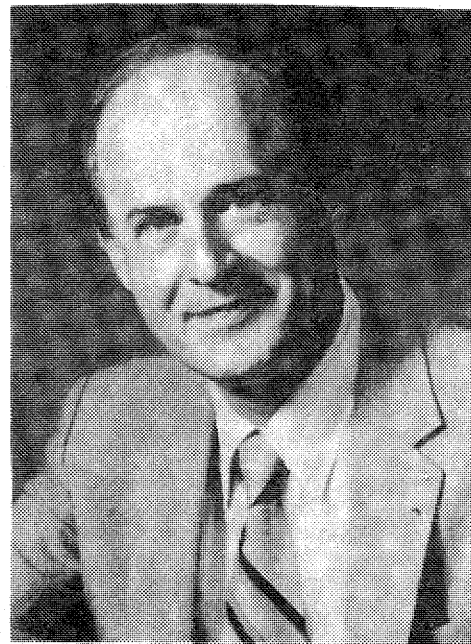
The judge will be noted Canadian poet Susan Musgrave.

Forrest said the aim of the competition is to discover and promote new Canadian poets. Biographical details of the 45 finalists will be included in the book, along with a discussion of some of the other major runner-up poems. Everyone who enters the contest will be acknowledged in the book, which will be published before Christmas.

"We are determined to make this poetry book into a national best-seller, which would be a major achievement and a boost for the newly-discovered writers," said Forrest, who is the author of the futuristic novel, *Pill 2000*.

Entries are to be typewritten on one page and sent to: Poetry 86, 611 Superior St., Victoria, B.C., V8V 1V1. Two copies of each entry should be sent with name, address, and phone number in upper right corner of the page.

For further information, phone Denise at 604-385-1811.



Al Forrest



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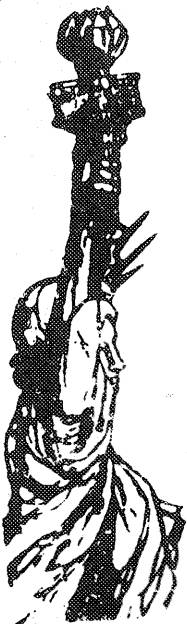
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* Dancing

* Food and much, much more!

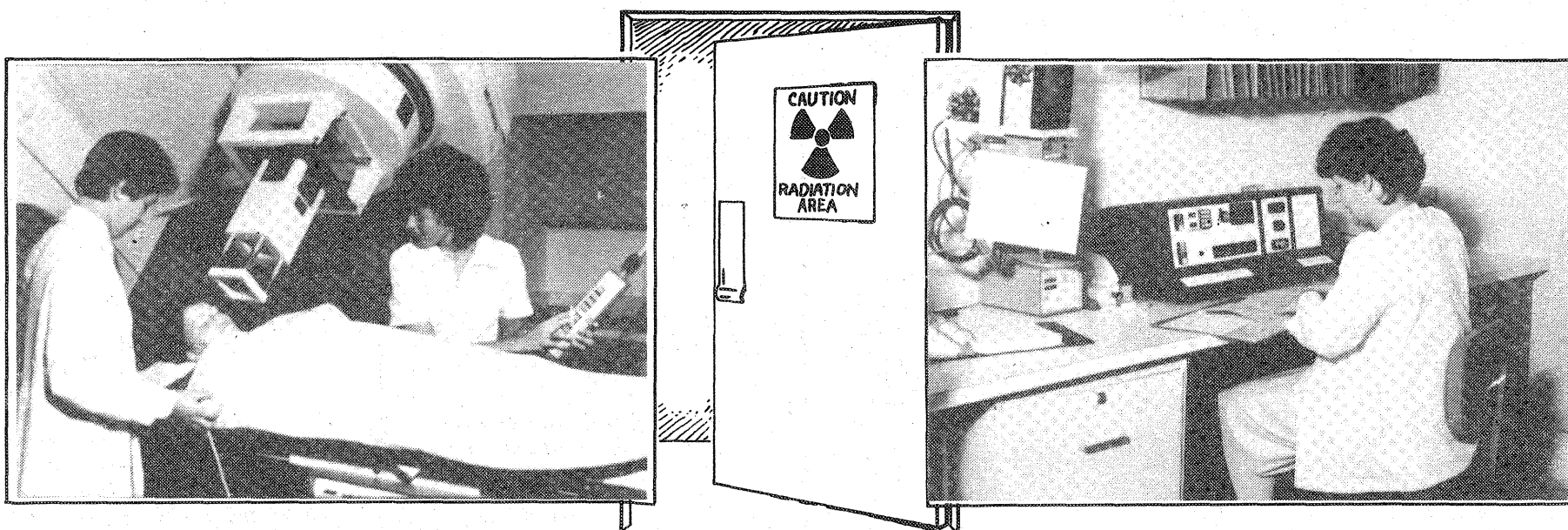
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Earnings: \$487 - \$595 per month for the 27 months of in-hospital training.

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Contact:

Student Coordinator
Cross Cancer Institute
Edmonton, Alberta
432-8517

or

Student Coordinator
Tom Baker Cancer Center
Calgary, Alberta
270-1781



APPLICATION DEADLINE: APRIL 30 1986

The Garden is Growing!

Kingsway Garden Mall is undertaking renovations which encompass the entire shopping centre. This includes major redevelopment of the food court area, along with complete refurbishing of the rest of the centre.

**COME BY AND SEE
WHAT'S HAPPENING
AT KINGSWAY GARDEN MALL**

Don't Miss our Boat Show on all next week.

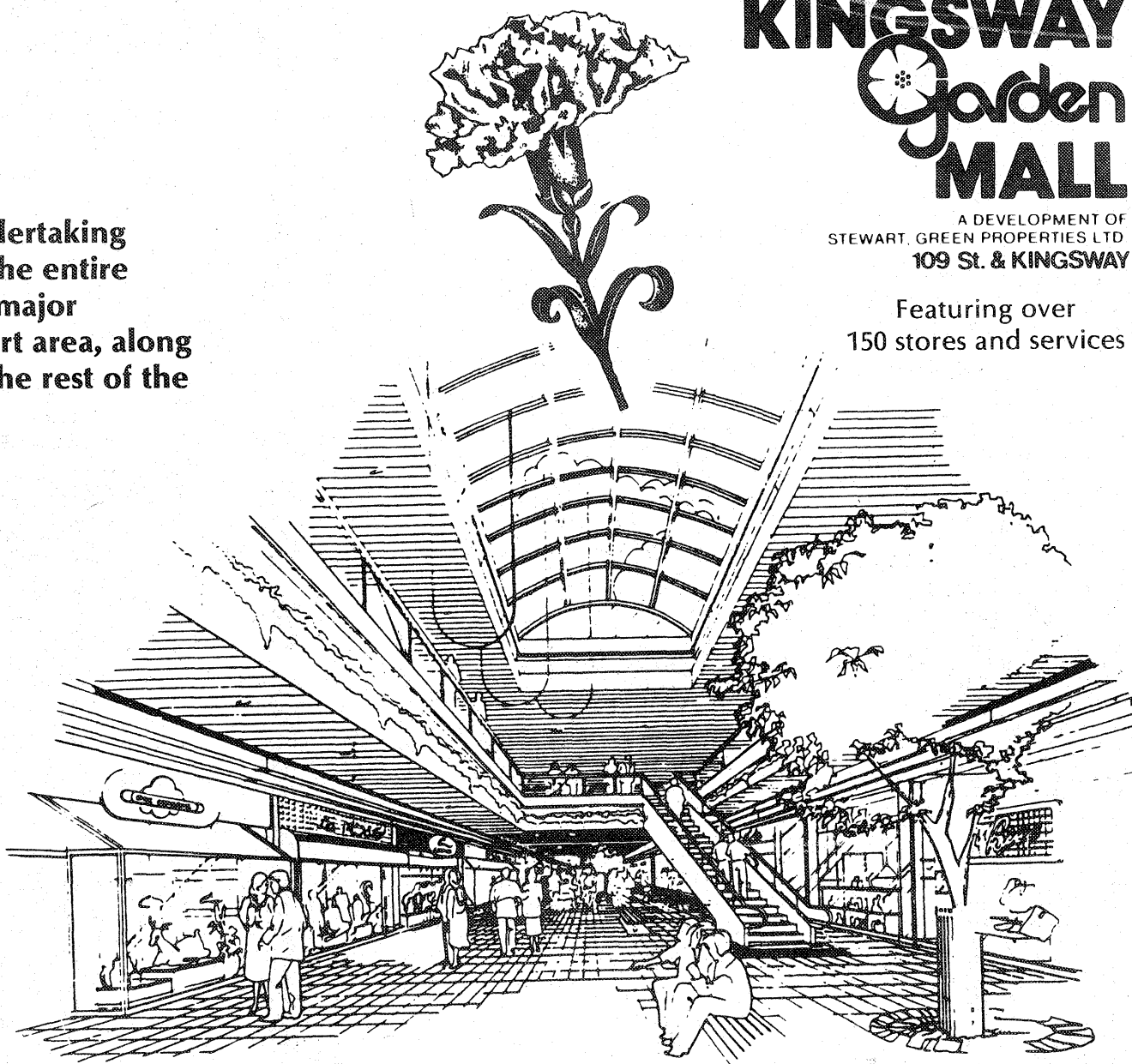
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stuff to catch !!

Movies

Nait Little Theatre [H-5]
No movie this weekend.

Pick of the Princess [10337 - 82 Ave.]

Quadrophenia - Saturday, March 15 at 9:30 p.m. -- "a stunning piece about the Mods and Rockers of the '60s."

West Side Story - Sunday, March 16 at 2 p.m...winner of 10 Academy Awards in 1961 starring Natalie Wood, George Chakiris and Rita Moreno.

The Man Who Knew Too Much - Wednesday, March 19 at 7 p.m. Jimmy Stewart and Doris Day star in this 1956 Hitchcock thriller.

Theatre

The Diary of Anne Frank will be on stage at the Jubilee Auditorium's Kaasa Theatre March 6 [preview] to March 23. Phone Northern Light Theatre [471-1586] for info.

The comic escapades of suburbia are depicted in *A Coupla White Chicks Sitting Around Talking* at the Nexus Theatre [McCauley Plaza]. Runs till March 22nd. For details, phone 429-3625.

Top Girls by Caryl Churchill at the Citadel, Friday, March 14th. The members of a bizarre dinner party—a Japanese courtesan, a Victorian housewife and a British businesswoman, among others—relate the dangers of winning and losing in a man's world.

Live!!

The Yardbird Suite [10203 - 86 Ave.] presents *The P.J. Perry Quintet* with saxophonist P.J. Perry and Kevin Elaschuck on trumpet from Thursday, March 13 through Saturday, March 15. Admission is \$4 for EJS members and \$6 for guests.

Simple Minds will be at the Coliseum on May 1st.

Jensen Interceptor is playing at Frisbee's till Saturday.

Mister Mister are in the Jubilee Auditorium on April 10.

Amos Garet is at the Sidetrack Cafe on Friday and Saturday.

Nait Pubs

B.A.S. is putting on a *Wear What You Dare Beach Affair* tonight at the Golden Garter Saloon. Tickets \$6 in T611 or in the main kiosk.

Space Sciences Center

The laser light music show is back at the Space Sciences Center: U.K. *Invasions*, with music from the best of British Rock from the Beatles to U2; in the Star Theatre Thursday to Sunday at 9 p.m. with late shows Friday and Saturday at 10:30. Using all the projection capabilities of the planetarium U.K. *Invasions* is more than just a laser show—it's an enthralling multi-media trip!

classifieds

THE NUGGET'S classified section is a free service to all NAIT students and staff. Submissions should be placed in the box outside room E128 before 4:30 pm Monday if they are to appear in the Thursday edition. Ads can be as long as necessary but, will NOT be printed without a valid ID number and name.

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\$175 per month. Near Nait on bus route. Call Sylvia 459-2000 or 973-6656 after 6.

STUDENTS: INCREASE YOUR MARKS

Ability to concentrate, have more time. Attend the STUDENT STUDY WORKSHOP. Call Education Alive.
429-0658 Yvette
2 parts, March 18, 25 7 p.m. - 9:30 p.m.

ATTENTION!

Anybody who has purchased NAIT FOUNDATION CAR RAFFLE TICKETS BEARING THE FOLLOWING NUMBERS:

16850 - 16873
16634 - 16657
16682 - 16705

Please contact the Foundation office immediately.
Room A287, 471-8800

BOOKSTORE SALE

Out of Date Goods
Textbooks
School Supplies
Miscellaneous Items

ONE DAY ONLY
March 19, 1986

Bookstore will be closed for inventory March 25-28.

Dear Gino Bambino,

Since you insisted I have now gathered all my courage to write this. I haven't had much time (I've been buried with posters up to my you-know-what) 'cause my teacher is a ruthless warlord in the homework department. But...and that's a big 'butt'—I just had to write this so you know I have not forgotten all the times you tickled me to death in class. Embarrassment is so sweet—on you. But don't tickle me any more. I'm liable to scorch your hands.
Signed,
the Dragon Lady

Wanted by Jasper police:
2 men crawling on their knees looking for cats. Last sighted at the Tonquin Inn on March 6. If found return these Animal Boys to the Telecom office.

A Concerned Citizen

To the four guys always in the tower lounge who aren't in business:

Why don't you guys come and share a table some time and show us business girls your tech's secrets.

The girls by the window

To Brad from P.E.T.

Thanks for the drinks on Tuesday night. The invite for breakfast was tempting as well. Next time. Stop in and see me again. Week-ends are great.

From Sandie

P.S. Thanks also for the rose. It's sitting in water at home.

Edward:

Maybe we could meet again at the pool. We could participate in some "extra-curricular" activities!!! We had a good time last time!!

Stacey and Dallas

Wanted Immediately:

M/F roommate to share 2 bedroom town house. Transportation to and from Nait provided. \$157/mo and utilities (\$35/mo). Call Tammy or Shauna at 475-7669 anytime.

Lost:

A 22" gold chain with a pendant in the shape of a hockey player on it. I would be overwhelmed to see it again. Please drop off at the Nugget in room E128. Reward Offered.

- Great artwork
- Lively displays
- A peaceful and friendly atmosphere

That's what you'll find when you browse through our special exhibit.
Date? March 15
Time? 8:30 - 5 p.m.
Where? Room B110 in the Mortar Trades Building
See you there and bring a friend to help us evaluate our work!

For Sale: Canon AE-1 program
35 mm SLR with 50 mm 1.8 lens and case. Also Tokina 80-200 4.5 zoom, Canon mount. Assorted filters, etc. Worth approx. \$550 new. Will sell for \$475. Will also sell whole or separately.
Phone Lorne 454-2865 after 6 p.m.

The Boiling Point's where T.J. met Nance!

It began with one little dance,
Now his temperatures rising,
'Cause she's tantalizing,
And his heart "PITTER PATTERS" WITH ROMANCE.

Hugs and kisses Nancy!

P.S. Don't mistake my lust for love!
Signed: Your little love lump T.J. (J.T.)

Attention 2nd year business students!

Are you going to rent a tuxedo for Grad?
Get info from the BAS office regarding group rates.

Wanted:

April 1 female to share 2 bdrm. west end house with same. For info call evenings 457-3893.

1974 Austin - c/w Good Digital Sound System and Booster, extra rim, Auto, in car heater, new rad, new battery, good gas mileage. Excellent for student budget. \$500 obo. call Lance at 475-4538 after 4:30.

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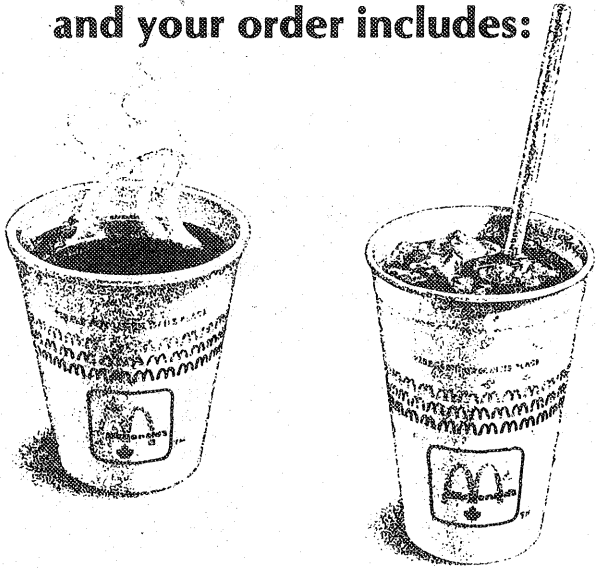
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McDonald's on Kingsway, 10520 - 111 Ave.
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Limit one offer per visit. Please present NAIT I.D. Card when ordering.

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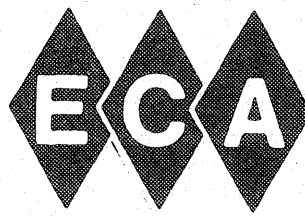
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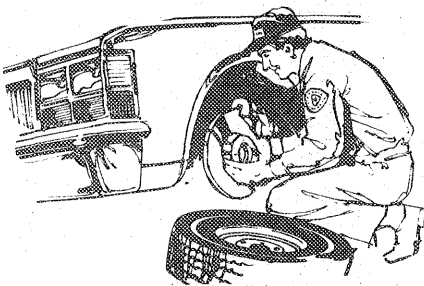
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\$32. Seals extra.

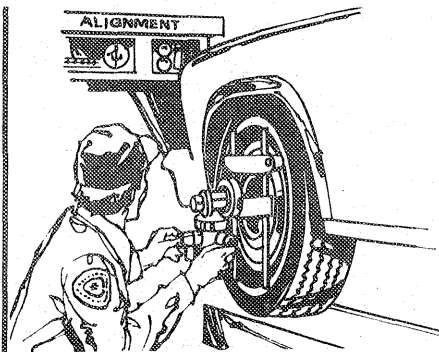
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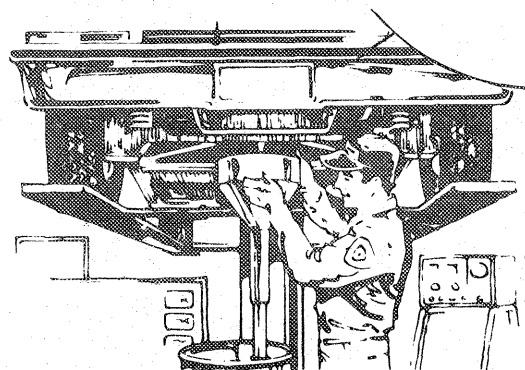


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We set caster/camber and toe to specs. and check front end. Includes torsion bar adjustment when required.

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Oil, lube, filter change

Includes up to 5 litres of 10W30 Spectrum Plus oil, chassis lube, oil filter. We also perform a courtesy 20 point inspection at no extra charge. Cars requiring grease fittings extra. Most cars **18.99**

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