the

**NOVEMBER 20, 1986** 

NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY STUDENTS' NEWSPAPER

# NUGGET

ISSUE 11

**VOLUME 25** 



Mayor Laurence Decore presenting Kellie with the cheque.

On November 12, at City Hall, Kellie Michelle Lozinski was presented with a \$1000 scholarship. The scholarship Kellie was presented with was the William F. Lede Memorial Bursary for Local Government Student. Kellie applied for the scholarship by a letter and Council determined the suitable applicant. Congratulations Kellie!

ENTERTAINMENT: CABARET REVIEWS

NEWS: TIPS ON SIPPING SPORTS: NAIT OOK SHOOT TO WIN

EDITORIALS:

WHAT MAKES A HERO?

INSIDE

APPEALING TO THE STUDENTS

WHAT IS A LITTLE BLOOD?

# **OPINIONS**

# What Is A Little Blood?

The Blood Donor Clinic is fast approaching and many students should be giving a little thought to donating blood. Although, the mere thought of giving blood may make a weak stomach turn - it shouldn't.

Giving blood should be thought of as giving a little bit of ones self to another in need. The need alone for your blood should be reason enough to give, and give generously.

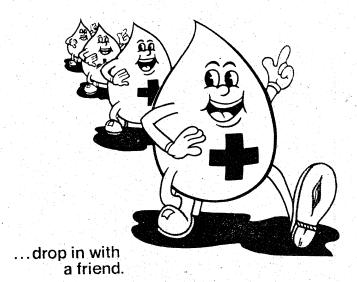
Many people assume that the blood bank has an ample supply of blood for use and therefore, feel no need to donate. The blood bank is always in short supply and relies upon regular donors for blood. At times they also rely on specific people with rare blood types. These people are always in demand and at times on short notice.

Christmas is around the corner, the lowest point the blood bank reaches. It's unfortunate to think that this season (actually any holiday season) produces such mishaps. This is when donating blood is so crucial.

Many lives could be saved with an adequate supply of blood. It would be a nice reassuring thought that if you were the one in need of blood that there is someone out there generous enough to donate a little of themselves for your life.

Now is the time to stretch out the arm and give from the heart.

> A. Moskal Editor



DEAR EDITOR,

In response to the article "Stay Out Of My Space"

The reason people are double parking is because there are "some people" who do not respect other people's property. I think it is very inconsiderate and rude when people just open their car door without any thought of the possibility of hitting the car door beside them. A number of people take pride in the condition

remedial classes on how to respect other peoples property, then the problem would be solved and people could then relax and park in one parking stall. Until then...

# WHAT MAKES A HERO?

Our society certainly has strange idols, our biggest heroes are athletes.

You have to be good to get a job in professional sports because the competition is tough, but is that really any reason to pay them hundreds of thousands or millions of dollars and treat them like gods? They do provide valuable entertainment for society, but some of them are making more money than doctors or firefighters who are saving peoples lives and therefore deserve much more admiration.



DEAR EDITOR. RE: Doctor Bob

We the loyal readers of the nugget(especially of the Dr. Bob Column) are extremely disturbed that there was no Dr. Bob Column in the 10th issue. We just had a large intake of blond women in our technology and do not know what to do with them. Please help us with this dilemma and reinstate Dr. Bob.

The Boys in Business B1,B2 P.S. We need you Dr. Bob.

# DEAR BOYS IN BUSINESS

It is unfortunate that you miss Dr. Bob's column, but life is rough for everyone. Space dictates what is printed and what is not. Dr. Bob is important but not as important as material that is for EVERYONE. Dr. Bob's material is suited for a particular audience, not everyone is impressed. There has been a number of complaints concerning the column, that is another reason for it not being printed. This week Dr. Bob is back - and will stay as a regular part of the Nugget warrents it, OR if there are NO complaints.

Sorry Gents don't take offense try Dear Abby if the situation is that bad!

The Editor

Being a professional athlete can either allow you to get away with much more than a normal citizen, or it can mean you will be severely punished for your mistakes

Dave Hunter was picked up for impaired driving and didn't even have to miss the playoffs, while Hec Potier got picked up with some pot and was suspended for the next season. This ia a very serious punishment when you consider his age.

because you are setting an example for today's youth.

worship and treat athletes like everyone else. They really aren't a superior breed. All they provide is entertainment and most people would be better off getting some exercise themselves rather watching other people

Are hockey players more



important than football

players and the rest of the

world, or is there another

reason they are treated so

We should drop the hero

leniently?

# **Student Comment**

Student government is intended to allow you the chance to plan events that you feel are important and the ability to raise funds to finance your objectives. Along with this goes a responsibility to be accountable for your actions.

Regarding the motion brought up at the Council meeting on Nov. 4/86 which asked "should NAITSA reinstate all the technology's privileges when a creditor absolves the tech of its debt?". Legal action against the individual who signed the contract would fail as the courts recognize that person was acting on behalf of the NAIT technology and accountability falls to the technology. If the creditor, out of frustration, decides not to pursue this matter, should NAITSA reinstate the tech?

Do you think this person will ever again deal with NAIT? When we talk about Community League hall rental, they have a Federation where they all could decide to not rent halls to any NAIT tech until all debts are paid.

With that implication, NAITSA and all technologies must accept the responsibility to ensure all debts are paid to promote an image of a credible institution.

You can use your power this year to ensure that this does not happen again. Some ideas to include in your constitution:

-earlier election to give an incoming council 2-3 months to work with you.

-your last business should be setting up a grad committee and grad fund. Anything remaining should be then transfered to the new executive, and let them run the last cabaret or two.

-involve your staff supervisor-make them a signing officer for your club to gain some outside control of your finances.

In conclusion, realize that student government is an exercise in business mangement. Accept the responsibilities this position requires and fulfill them. There can be no better reference upon graduation than being a part of a successful council which demonstrates integrity and responsibility, sets objectives and achieves them, and leaves the institute with the public respect it deserves.

Editor: Assistant Editor: Sports Editor: News Editor: Typesetter: Typesetter: Distribution:

Angela Moskal Kristine Smith

## CONTRIBUTIONS

Brian Stein

Elizabeth J. West

B. Tobey

Sylvia Waddell

Wendy Arnfelt

**PHOTOS** 

N. Duckworth

power to them.

The NUGGET is the official student newspaper of the

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Contributions from students are more than welcome.

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of their car, so it is up to themselves to think of a way to keep their car in that same condition and if it's by double parking all the Maybe NAIT should offer

... And I don't even own a

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# NAIT NEWS

# Tips on Sipping

Alcohol beverages have been a source of both pleasure and problems since the beginning of mankind. They have been recognized throughout the ages as a source of relaxation, pleasure and conviviality, as well as nourishing the body, restoring and preserving health. Yet history shows that irresponsible use of alcohol can be destructive to individuals. families, and societies.

Contrary to popular belief, the majority of problem drinkers are not "skid row bums." This population comprises only 3 to 5 percent of alcoholics in America. In fact, the proportion of heavy drinkers increases fairly steadily from 6 percent of those with grammar school education to 15 percent of those who are college graduates.

Problem drinkers are defined as persons experiencing negative behavioral consequences resulting from alcohol use. Using this definition, 10 to 15 percent of the students surveyed at various universities around the country were considered to be problem drinkers, and 30 to 45 percent said they had driven after several drinks during the previous year.

The answer to the problem is not prohibition, but rather prudence. The question is not so much whether to drink or not to drink, but rather, if you choose to drink, how to be a responsible drinker.

# Tips on Responsible Drinking

If you use alcohol in a responsible manner, chances are that you will never experience a drinking problem. Thus, alcohol will be something to enhance your social relationships rather than impairing or destroying them. For the person who has made the decision to drink, here are some ways to avoid overindulgence:

. Keep in mind that drinking should not be the primary focus of any activity.

. Recognize another's right to drink or not to drink.

Remember that the right to drink is limited by society through laws governing drinking and driving, the minimum drinking age, etc., and respect these laws

. Set a limit on how many drinks you are going to have when you drink, and stick to it.

. Drink slowly-don't gulp your drinks.

. Measure the beverage alcohol when you are mixing a drink.

. Use alcohol carefully in connection with other drugs. Discourage a driver who is under the influence of alcohol

from driving; provide transportation at social gatherings where drinking is involved.

. Seek help if you think you have a drinking problem, and if you think someone else may have a problem, encourage him/her to seek help.

# First Aid for the Intoxicated

There is no way to sober up quickly. It takes time for the person to metabolize the alcohol in the bloodstream. A cold shower, black coffee, oxygen or exercise will have little effect. A general rule of thumb is that it will take as many hours to sober up as the number of drinks ingested. Here are some basic first-aid procedures to use on an intoxicated person.

## **B.A.S. Bulletin**

## B.A.S. Bash:

We're going Generic! Come on down to the "No Name" Cabaret for an exciting evening of dancing and drinking. This event will be happening on November 28 at the Golden Garter. Prices are \$4 for members and \$6 for non-members. Also, there will be boat races for anyone who is interested. Get your teams together (6 people per team) and get yourselves registered at the BAS office (T611) by November

26. Tickets will be available as of November 18 at the BAS office. So come on up, get your ticket and we'll have a rocking good time.

## **Business Jackets**

BAS is now offering school jackets to anyone who is interested. We have three styles to choose from, all at very reasonable prices. To place your order come to the BAS office before Nov. 26. Get sized up and leave your deposit.

# YEARBOOKS!!

Due to circumstances beyond my control, the 1985-86 Yearbook will not be available for distribution until at least February 1987. Sorry for the inconvenience.

You will be able to order your 1986-87 Yearbook soon. All details to this new procedure will be finalized and order taking will commence in December. Remember, it will cost only \$10.00 for the 1986-87 book and an optional \$3.00 for mailing to your home.

Thank you,

Marit Carlson NAITSA Publications

If a person has had "one too many" and passes out, monitor his/her breathing to make sure it's normal. If the breathing is irregular and the person appears to be in a coma, with purplish skin tone, try to wake him/her by shaking or gently poking. If there is no response, call for medical attention immediately.

If the person responds but is listless and sleepy, make sure the person is on his side so he will not choke in case of vomiting. Keep the person comfortable and let him sleep it off. A ride to the local detox centre might be a sobering experience for your friend.

If the person is not breathing, proceed with mouth-to-mouth resuscitation and get help immediately.

Much care must be executed with the aggressive drunk who wants to fight everyone.

. First approach the person carefully and try to calm him/her down by using a rational reasoning.

. Attempt to get the person to leave and go home with you or friends.

. If the person continues to be assaultive and is hurting others, you should call the police to avoid further damage and for the individual's own protection.

# How to Detect a Drinking Problem

Here are some basic warning signals that indicate a person may have a drinking problem.

1. A person who frequently drinks to a state of intoxication.

A person who relies on a drink to start the day.

- 3. A person who consistently skips classes due to hangovers. A person who has blackouts and loss of memory from
- A person who frequently drinks alone to escape from
- reality, boredom and loneliness. A person who sustains bodily injury as a consequence of
- A person who excessively denies he has an alcohol problem
- when approached about his behaviour concerning alcohol. A person who suffers from chronic hangovers and wants a
- drink to relieve the hangover. A person who under the influence of alcohol does some-

thing he/she would not do otherwise. If someone close to you seems to have an alcohol problem, don't be afraid to talk with him/her. Show concern and support without preaching or criticizing. Have a positive attitude and be sincere about your feelings. Be prepared to offer alternatives and specific advice as to what kinds of professional help are available, because the problem drinker is usually the last to know he has a problem.

If you follow these tips on sipping, you can minimize the problems of drinking alcohol and maximize the pleasures. Health pamphlets on various subjects, can be obtained free from Health Services Room # 119 Central Core. Please call in any time.

# **NAIT POLICY ON PARKING**

When the temperature is -8 C or colder the power to electrified stalls will be on the cycle of 20 min. on and 20 min. off from 7:00am to 3:00pm.

From 3:00 pm to 11:00 pm power will be on continuously.

Since Physical Facilities and Services or the commissionaires are not able to provide a boosting/towing service a list of firms providing these services is maintained bу Commissionaires for students. This list of firms can be obtained by phoning 471-7477 or Physical Plant at 471-7566.

Physical Facilities and Services invites your suggestions on how we can further improve our service to you.

From Mr. R. Kerr Director of Physical Facilities and Services

### NOTICE

To all tech reps and students. The following dates have been reserved for the second semesters' General Council Meetings:

- 1) Jan. 13/87
- 2) Jan. 27/87
- 3) Feb. 10/87
- 4) Feb. 24/87 5) Mar. 10/87
- 6) Mar. 24/87
- 7) Apr. 7/87
- 8) Apr. 21/87

All meetings will be held again in the Little Theatre (H5), beginning at 4:30 pm.

## Stop the Rumor

Get it STRAIGHT

Dr. Bob is a Student

## ATTENTION

## Computer Programmers Instructors and Students Or Anyone Else

There will be an organizational meeting of the local chapter of the Forth Interest Group Saturday, Nov.22, 1986 between 2:00 and 4:00 p.m. in room A134 at NAIT.

Forth is the original fourth generation programming language and it still outdoes all others, including those billed as fifth generation(ie: Prolog). Forth is of interest to anyone wanting to get the most out of his computer in terms of efficiency and productivity, for anyone who doesn't like to be told, "You can't do that."

There is a Forth language available for your computer, no matter what it is. Come out and find out how to put it to use.



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CONTEST

## **NEED CASH??**



## CAN YOU DRAW OR TAKE A PHOTOGRAPH?

The 1986-87 Yearbook is having a contest for the cover of the Yearbook.

## RULES:

**1**1. Drawing or Photo must have to do with the Theme "JOBS?"

Must have to do with NAIT

Drawing must be on 8½ x 11 blank paper with no holes

Can be in Black/White or

Photo can be any size

Drawing can be done in any medium

## **ENTRIES:**

All entries to Rm E216 on Main Campus (Yearbook office) they must have students Name, ID number and Technology

## AWARD:

\$50 CASH plus a Free Yearbook and recognition in the Yearbook for your Design

DEADLINE: December 5th

# NAIT CABARETS



# **Cabaret Evaluation Report**

The Nov. 10th Instrumentation Club Malibu Cabaret by Bill Johnston

Once again those hard working Instrumentation boys have proven the "Work Hard, Play Hard" adage to be true as they sponsored their Club Malibu Cabaret. A submarine crewman or a Sardine would have felt right at home Monday night as about 400 people packed the place.

The cheek-to-jowl crowd meant each trip to the shooter bar involved contacting enough flesh that would have meant a two to five sentence under any other circumstances.

A good, if crowded, time was had by all as the fine tradition of excellent Instrumentation Cabarets continues. Watch for the next one.

# **ROCK AND TALK**

by Connie T.

Fri. Nov. 14, I finally made it to a Rock n' Talk. I was pleasantly surprised at it being such a good time. I half expected a "meatmarket" atmosphere where everyone strutted their stuff just to attract the opposite sex. (There were a few).

The majority of people just enjoyed the beer, the music, and the friends.

I recommend everyone plan to take in the Rock n' Talk it really is a good bash; and you still have time to go and party afterwards. What a way to warm up the evening.



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**BCET Shake Yer Coconut** 

Cabaret

held on Friday, Nov. 14/87

was a great bash. Party

goers were treated to a sur-

prise buffet (included with

ticket cost), and the music played past 1:00 am to keep

everyone dancing. Although the party did not really get

moving until about 9:00 pm (due probably to the Rock

n' Talk), when it did, the what seemed sold out

cabaret was excellent. Good

show BCET, 5 out of 5 star

rating for you guys.

# **SPORTS**

# OOKS STILL UNDEFEATED

by Brian Stein

The NAIT Hockey Ooks swept a home-and-home series with the Red Deer College Kings over the weekend to improve their regular season record to six wins and no losses.

FRIDAY, NOVEMBER14th NAIT OOKS 5, RED DEER KINGS 3 AT THE RED DEER ARENA

The NAIT Ooks special teams proved to be crucial as the Ooks scored a 5-3 victory over the Red Deer College Kings on Friday night in Red Deer.

John Walker of the Ooks opened the scoring with his fourth goal of the season with 2:17 gone in the first frame. Greg Pulliam of the Kings tied the game at 1-1 at the 11:48 mark. Three minutes and 33 seconds followed before NAIT's Mike Tookey connected on the powerplay with help from Darren Schmidt.

In the second, the Kings pulled even 55 seconds into the frame as Rick Howarth capitalized on a powerplay opportunity. Darryl Shudra's second goal of the campaign moved the Ooks into the lead at 4:15. Darren Schmidt was credited with an assist.

NAIT widened their advantage to a pair as Mario Sicolo netted a shorthanded goal from Marty Volcan and Ron Amyotte with 2:12 elapsed in the final period. Lindsay Hall pulled the Kings to within one on the Red Deer powerplay at the 6:48 mark. Mike Nottingham notched his first of the season with six minutes and 37 seconds left in the game to make the final 5-3 in favor of NAIT.

Kevin Stapleton was busy in the NAIT crease facing 43 shots. At the other end, Bruce Cory was tested 31 times in the Red Deer net.

SATURDAY NOVEMBER 15th--NAIT OOKS 8, RED DEER KINGS 1 AT THE NAIT ARENA

The NAIT Ooks exploded for six goals in the final period en route to an 8-1 triumph over the Red Deer College Kings at the NAIT Arena on Saturday evening. With the win, the Ooks increased their lead in the ACAC standings to six points.

Following a scoreless first stanza, the teams were involved in a close battle through the second period. With the man advantage, John Walker found the net on a play with Mike Tookey and Mike Nottingham at the 9:28 mark of the second. Darryl Shudra increased NAIT's advantage to 2-0 on the powerplay at 14:33. Mike Tookey and Mike Nottingham assisted on the marker.

Dan Baker of the Red Deer team broke Jeff Lastiwka's shutout bid with 1:23 passed in the third. Brad Sorochan started the Ooks scoring in the frame with a tally at 7:21 from Rick Chauvette. John Walker added his second of the game from Mike Nottingham and Melnyk. A short 42 seconds later, Mario Sicolo made the score 6-1 NAIT. Brenn Leach, who assisted on Sicolo's goal, entered the scoresheet with a NAIT powerplay goal at 16:40 on a Rick Chauvette set-up. Leach and Chauvette then teamed up to set up Don Simpson's second tally of the season with seven left in the game to give NAIT an 8-1 triumph.

Jeff Lastiwka stopped 24 of 25 red Deer shots in the Ooks net. Bert Brooker blocked 29 of 37 NAIT drives in the King's crease.

ON THE BENCH: The NAIT Ooks are in Calgary this weekend for a pair of games with the Mount Royal College Cougars (3-3). Game times at Glenmore Arena are 7:30 on Saturday night and 2:00 on Sunday afternoon... The next home action for the NAIT Ooks will be on the weekend of November 28th and 29th when the Medicine Hat College Rattlers are here at the NAIT Arena.

# NAIT WOMENS TEAM TRYOUTS CONTINUE

Monday Nov. 24th at 5pm

# Chicks Battle in Calgary

Close only counts in Horse-shoes but the Women's Basketball squad can get some measure of satisfaction from the weekend series in Calgary where they lost two weekend games to SAIT and Mount Royal. Teams from Southern Alberta are traditionally strong and this years teams are no exception, but weekend action proved they are not invincible.

NAIT 46 SAIT 57 From the onset this game was a rough one with scrappy full court man pressure by NAIT countered by full court zone pressure by the Helena's. NAIT jumped out to a quick eight point lead but fell victim to several turnovers while being pressed and SAIT gradually closed the gap and took a 30-25 half-time lead. The game was essentially determined in the first ten minutes of the second half as SAITs size and rebounding ability proved to much for the Chicks who were limited to one shot on offense yet faced a team who had several shots on each possession. Foul trouble to Captain Sherry Lee hurt the Chicks chances of full court pressing down the stretch as the Helenas held on for the win in a chippy affair. (Kathy Prochnau scored 16pts).

## NAIT 60 MRC 69

The Mount Royal College Cougars have been picked as the top team in the ACAC action and going into Satur-

days game, they were extremely confident of the outcome. They were coming off a 144-41 trouncing of Grant MacEwan Community College and expected little resistance from NAIT. In the early going it looked like another blowout as Mount Royal jumped out to an early 18-4 lead. But the last ten minutes of the first half were dominated by the Chicks. Full court guard pressure resulted in several MRC turnovers and the Chicks scored ten unanswered points to rally and be down 33-30 at the half. The second half saw Mount Royal totally take control of the boards and score on numerous second chance shots while slowly building a 15 pt lead but a late rally from NAIT rattled the confidence of the Lady Cougars who saw their lead dwindle to five points before a couple of late hoops sealed the Chicks fate. Coach Meropoulis was bitter sweet about the weekend games feeling the SAIT Helenas could have been beaten but proud of the Chicks gritty performance against Mount Royal. Kathy Prochnau (24 pts), Sherry Lee (12 pts) and Kim Ferris (10 pts) were very instrumental in throwing Mount Royal off their game.

**Upcoming Action** 

The Chicks host their annual Alumni games this weekend with action starting Friday at 6:30 pm and continuing Saturday at 1:00 pm.

# **OOKs Take Soccer Bronze**

At the recent Soccer Nationals, the NAIT OOKs became the first college Soccer team to win a medal at a College Soccer National Championship. They achieve this by defeating Grant MacEwan in a thrilling Bronze medal final.

NAIT started off the tournament with a 5-0 win against the Cape Breton Capers representing Nova Scotia. In the next game they lost 1-0 to Capilano College of Vancouver. They had many good chances to tie or win this one but did not put it in the net.

On Monday NAIT was faced with defeating Dawson College of Montreal to Advance. The OOKs defeated Dawson in a very physical game 2-1 to advance to the semi-final.

In the semi-final against Senca College of Toronto, Senca jumped out to a 1-0 lead. NAIT received a chance to equalize but missed a penalty shot. Senca won this one 2-0.

In the bronze medal game, the OOKs defeated GMCC 2-1 as mentioned above. It should be pointed out that Steffan Johanson played in both the semi-final and Bronze medal game with a broken arm. He was a great inspiration to the team.

The coaches wish to thank the team for a great effort in capturing NAIT's first ever Soccer medal at the nationals.

# WILDERNESS SKILLS COURSE Nov. 29-30

The Physical and Leisure Education program at NAIT will offer a Wilderness Skills Course on the weekend of Nov. 29th and 30th. The course consists of two after school lectures, Tues, Nov. 25th and Thurs, Nov. 27th from 4:30-6:00 (Room E-117) and the weekend excursion to a selected Wilderness area. The course deals with developing the skills necessary to survive in the outdoors in an emergency situation. Material covered in the course includes shelter, construction, fire lighting, natural edibles, wilderness navigation with map and

compass, and how to psychologically deal with a survival situation. The course is offered free of charge and most of the equipment is provided by the institute with the student being responsible for their personal clothing and food (No Alcohol Allowed!). The bus departs Saturday morning and returns Sunday at about 5:00 pm. While there has already been a registration for this course, there are still plenty of openings for those interested. Simply show up for the first lecture and identify yourself to the instructor. Here is a list of those students already registered for this 20 credit hour course.

> Paul Lutmore Darren Kavich Allen Clark Shannon Felske Darren Aspden David Thompson Mike Stokes Sandra Tchir Annete Strytveen Oliver Moore Roy Pox Rich Konlfezni Candyce Paul Ron Cheshire Bernie Rondeau Richard Stevens



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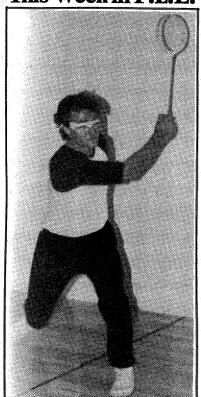
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# SPORTS

# This Week in P.L.E.

# OOK ROUNBALLERS SHOW NATIONAL CHAMPS THEY ARE FOR REAL



**SQUASH** 

Squash is offered in the Physical and Leisure Education program. This activity promotes speed, hand-eye coordination and physical fitness. This program starts with the rules and safety aspects of the game and progresses with all the basic skills and strokes being covered. Advanced skills are introduced near the end of the course.

In each lesson students are given adequate time for match practices. If you would like to improve your fitness level and learn new skills this course is for you.

If you wish to participate please check the PLE boards outside the gym and outside S6 and report to a class with openings.



The basketball OOKS started off the ACAC regular season last week in Calgary with games against Sait and Mount Royal. The OOKS went into the Sait gym with a high level of intensity as they demonstrated a variety of thundering slam dunks to the delight of the Sait crowd during warm up. The OOKS quickly jumped out to a 16-2 lead, bottling up capitalizing on numerous turnovers. After calling a timeout Sait settled down, and climbed back into the game as they lead 51-37 at the half. They beginning of the second half was much like the first as the pesky OOKS fought back to close the gap to two. Although outscoring Sait 37-28 in the second half the OOKS dropped their season opener 79-74 to the national champs. Leading scorers for the OOKS were Travis Heighnington 21, Bryan Lazaruik 19, and Frank Mrkonjic 10.

Although having depth at

guard the OOKS are not shor

short at foward or center

position. NAIT boast the tal-

lest team in ACAC history (6

"11" and 6 "8") and they

are both talented. NAIT

HOSTED THE ACAC pre-

season two weeks, first

game NAIT beat Olds Col-

lege. The following day

NAIT played SAIT and loses

the semi-final game, then for

the 3rd place NAIT lost

Grant MacEwan and finish-

ed fourth in the tournament.

Here are a look at NAIT's

Hometown: St. Alberta;

John is in his 2nd year with

NAIT, he runs the floor well

and is a very intense defen-

sive player who likes to play

with reckless abandon on the

court. He is a strong re-

NAIT Basketball: Mens and

Womens. Friday, November

21 and Saturday November

22. NAIT hosts their annual

NAIT Hockey: This weekend

November 22 and 23, NAIT

is set to play against Mount

Royal College away from

Alumni games.

home.

ACAC Schedule

forwards.

John Geissler

Height 6 "1"

The OOKS next game was against the Mount Royal College Cougars. Looking emotionally drained from the game against Sait, the OOKS started the first slowly. After fourteen minutes of lathargic offensive basketball, the OOKS seemed to come alive. The OOKS took a 30-27 half time lead, thanks to some good defensive plays form Adrian Toppin, and an excellent team foul shooting percentage. The second half was

very tight, as neither them wanted to make any costly errors. The OOKS held off a late Cougar rally to edge Mount royal 56-55. OOK to scorers were Travis Heighington 22, and Frank Mrkonjic 10.

OOKS NEXT HOME ACTION IS THIS WEEK END AS THEY HOST THE ALUMNI TOURNAMENT.

# **ACAC Badminton**

by Wendy Arnfelt

Nait competed against Grant MacEwan Community College, Grande Prairie Regional College, Red Deer College, and Keyano College in the first ACAC Badminton tournament of the season, on November 14 & 15, 1986.

The matches consisted of four mens singles, four ladies singles and one match each of mens doubles, ladies doubles, and mixed doubles, against each college.

The NAIT badminton team consists of:

Eileen Harle Coach Qumar Azad Mgr. (Telecom) Linda Parsons Business Reg Munro Business Wendy-Ann Armfelt Busi Shirley Lee **Business** Shannon Kulmatycki Bio Sc. Robert Wong Telecom David Lee Electrical Jan McGonigal court rep. Renee LeDrew radio & TV Com. Cooking Joh LeDrew Kevin Kirk Electrical

NAIT played well winning a total of 22 matches out of a possible 44.

The team consists of all new players except for Kevin Kirk.this is a good showing for the first tourney of the season - NAIT OOKS BASKETBALL LINEUP
g depth at bounder on both ends of the Frank Mrkor

floor.
Scott Holmes

Hometown: Hinton, Alberta; Height 6 "5"

Scott is also a returning veteran who adds size to NAIT's front line. He has an excellent shooting touch around the basket and is just about unstoppable. Scott is a good rebounder on both ends of the court, who likes to bang the boards.

Brian Lazaruik finished in the top 10 in scoring with 14.8 pts /game.

Hometown: Edmonton, Alberta; Height 6 "8"

Brian also is a returning veteran with an excellent shooting eye for a big man. He can also run the break good and is a force on both ends of the court.

Frank Mrkonjic made the top 24 in junior national tryouts for Canada

Hometown: Edmonton, Alberta; Height 6 "5"

Frank is a 1st year player with the OOKS who has great leaping ability and quickness for a big guy. Frank is a perimeter type player who likes to shoot the jay. He will help open up the middle for the big men.

Rob Molnar

Hometown: Edmonton Alberta; Height 6 "11"

Rob is also a 1st year player. NAIT hopes Rob will develop into a dominating force in the middle and take some of the pressure off of haz. He will provide add size to NAIT's front line he is a good offensive rebound and is working hard on his defensive side of the floor. Rob will add an extra dimension to NAIT's offensive, because of his size.

## NEW YORK STEAK & PIZZA HOUSE AND LOUNGE

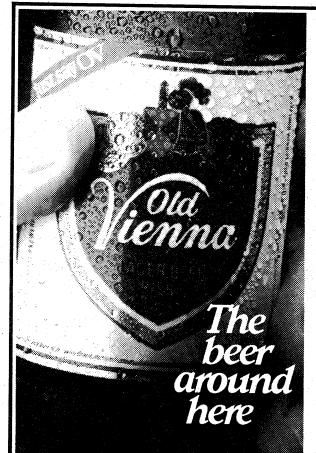
10% DISCOUNT ON FOOD ORDERS

(Present NAIT ID before ordering)
10% DISCOUNT ON PICK UP ORDERS

HAPPY HOUR 4 - 7 PM

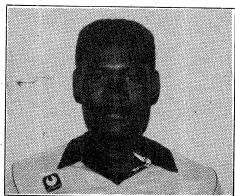
SPECIAL EVERY DAY

11824 - 103 St. 479-0333 Across from Plaza II
OPEN
11 AM - 2 AM (Mon-Sat)





# ATHLETE OF THE WEEK



NAIT SOCCER
Defence - "Stopper"
1st Year Telecom

# **EFOSH OTWOMAGIE**

Congratulations to Efosh Otwomagie on being named to the Canadian Colleges Athletic Association All Star Soccer Team. This was announced at the conclusion of the National Championships which were held in the U of A Butterdome.

Efosh learnt his early soccer in Nigeria which he left in 1982. He attended St. Joes High School and played for Tony Petrone and Father Troy Soccer Dynasty that exists at St. Joes.

Efosh's height (6'2'') gave him a great advantage in controlling high balls that were putting pressure on the OOKs defence.

Efosh inspired the rest of the team to perform well and bring NAIT and Alberta its first ever Soccer medal from a National Championship. Well done Efosh.



# CABARET CORNER



CIVIL PRESENTS

# ROCKIN' COUNTRY CABARET

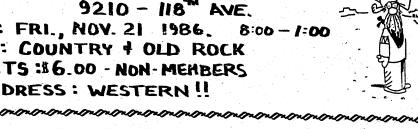
ALBERTA AVE. COMMUN. HALL

DATE: FRI., NOV. 21 1986. 8:00 - 1:00

MUSIC: COUNTRY & OLD ROCK TICKETS: \$6.00 - NON-MEHBERS



9210 - 118™ AVE.



SOME GO TO THE **CABARET TO GET** HAMMERED: SOME GO TO GET NAILED. *NUGGET NOSTALG* circa 1973

TACKY TOURIST BEACH BASH MOXIGEN

The DENTAL ASSISTANTS



November 21 3 Doors Open 7:30 pm Music by Kapers

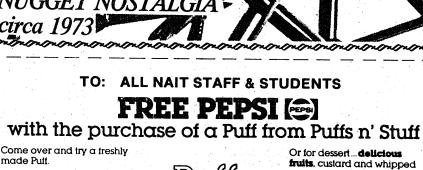
Northmount Hall: 9208 - 140 Ave. \$6 in advance \$7 at the door

COMPUTER SYSTEMS SOCIETY

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# CHRISTMAS

CABARET SATURDAY DEC 6 1986 LAUDERDALE HALL 12937 - 107 STREET MUSIC: ANY MUSIC DOOR 7PM BAR 8PM



Putts n' Stuff at: Kingsway Garden Mall, Food Court, Main Floor.

(one coupon per person)

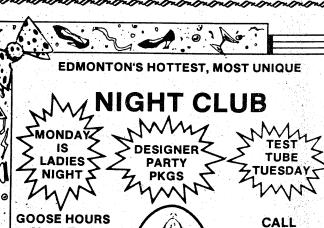
made Putt. It's a new experience: a wholesome pastry putt that's light and airy inside but crisp

and crunchy on the outside. And the Stuff? Well, that goes in the Puffs! Choose from a variety of fillings: Tasty Taco. Fresh Chicken Salad, Spicy Veggie.

cream!

So, for good Stuff in your Puffs come to Puffs n' Stuff and have Edmonton's latest taste experience

And... don't forget your ice cold, 12 oz FREE PEPSI!



**GOOSE HOURS** Mon - Thur 7 p.m. - 3 a.m. Fri. & Sat. 6 p.m. - 3 a.m.



438 - 5573 FOR

RESERVATIONS

**BRING THIS COUPON** WITH YOU AND REDEEM FOR **TWO FREE** 

**CORNER OF ARGYLL RD AND 99 STREET** 

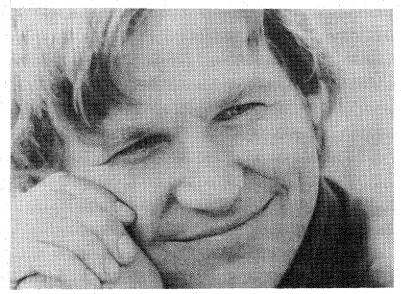
ADMISSIONS.

# ENTERTAINMENT

# The Morning After

Alex Sternbergen's world is collapsing around her. Her once promising career as a movie actress has long since passed her by, her ten-year marriage is at best a facade held together by little more than convenience, and her compulsive drinking - and the inevitable blackouts that result - has gotten progressively worse.

Waking up in an unfamiliar bed is hardly a rare occurence in Alex's life, and she has become accustomed to not remembering anything about the night before. But this particular morning is different, because the stranger lying next to Alex has a knife through his heart.



Jeff Bridges

# THE WRITTEN WORD

## A Wish For You My Daughter

I wish I could bestow on you Abundant wisdom to get you through Life's twisting, turning, treacherous highways, All the sideroads and the bi-way Keep you from the guilt and shame Spare you all the hurt and pain I can but play a humble part Of praying prayers straight from my heart Do my best to help and guide you Teach you truth and wisdom... love you It hurts to see you make mistakes But through them precious wisdom wakes So faithfully I'll stand beside you Prayerful, careful, watchful... guide you

Elizabeth J. West

# Jane Fonda

# In Town and Around

# The Little Theatre

"The Jewel of the Nile" Great Deal, Only \$1.00

# Roxy Theatre

"Walkabout"

Nov. 26-27 Let's all go down under

# Northlands Coliseum

BILLY JOEL Dec. 5th at 8pm Tickets at BASS outlets



The Good News

21 School Days to Christmas Break

## The Bad News

16 school days to exams.

# Edmonton Art Gallery

"In High Places" through to Dec.28 A rare selection of Victorian era mountain photographs. "Peter Hide in Canada" through to Jan.17, 87 A selection of welded-steel sculptures by Peter Hide.

**Public Lecture** Geoffrey James Thursday Nov.20, 8pm

## "Genius Loci"

through to Jan.4, 87 A selection of 70 black and white photographs by Canadian photographer Geoffrey James.

"Dealers Choice" through to Jan.4, 87 Six art dealers display their choices.

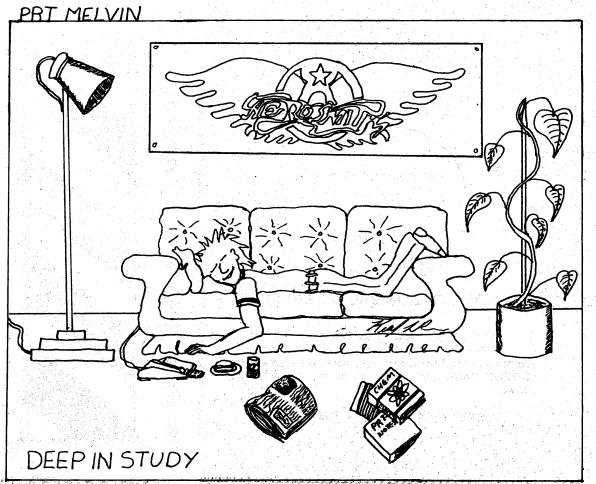
# Theatre Network

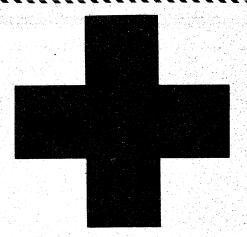
"Kristallnacht" Nov.20 to Dec.7 ph. 474-6111

# The Phoenix Theatre

"AS-IS" Nov.14 to Dec.7

# PIAZZA BAR & RISTORANTE **Presents** NAIT NITE! **Every Monday** 4:00 - 10:00 p.m. ½ Price All Pizza & Pasta Orders (with Staff or Student ID) 10816 - 95 St. 423-4411



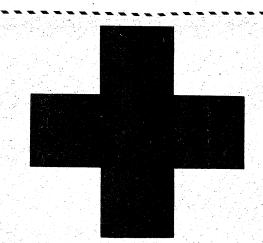


NAIT - NORTH LOBBY 11762 - 106 Street

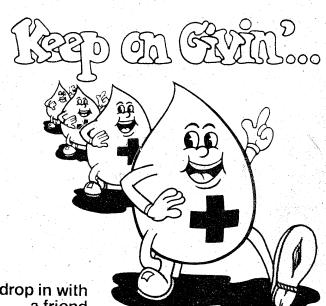
MONDAY, DECEMBER 1 THRU THURSDAY, DECEMBER 4

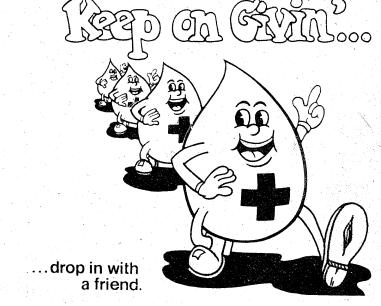
11:00 AM TO 3:00 PM DAILY

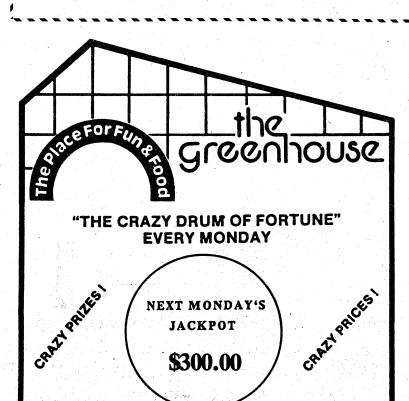
WE NEED YOUR TYPE. BE A BLOOD DONOR



# 







TRY YOUR LUCK at the DRUM OF FORTUNE "CRAZY CARD MONDAYS"

Present a valid nightclub card from ANY club or your NAIT STUDENT CARD and join in on all the fun and prize

**CRAZINESS BEGINS AT 9:00 P.M.** 

38 Londonderry Mall 137 Ave. & 66 Street

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**Ample Parking** 



SANTA'S ANNONYMOUS

CUT - A - THON

WEDNESDAY **NOVEMBER 26** 

10:00 AM - 3:00 Pm

**SOUTH LOBBY** MAIN CAMPUS

어린다인다이라마이라이라이라이라이라이다

# FROM THE STUDENTS

Women on the Road Dr.Bob's Theory #6

Well here I am again with my views on women. Again this week I really don't have anyting really bad to say. Well nothing really insulting anyways. Why does the government let women drive automobiles. They don't know what they are doing and are the worst drivers around. Watching them drive is almost as funny as S.C.T.V. I myself trust a women driving a car as far as I can throw the car. Men should do all the driving and the women can take the bus when this is not possible.

Of course men will be driving the buses. Women bus drivers have enough trouble turning the wheel. There us nothing that makes ne more upset than when some short little chick that can't see over the dashboard cuts me off and doesn't even notice. The only time a man makes a mistake when driving is some no mind women is gabbing in the background about something like shopping or her womens club. I am sure almost if not every male out there agrees with me. Oh buy the way I am still in love with that sweet brunette girl that I told you about last week. Things are going good and we are building a good strong relationship that

doesn't revolve around sexual gratification. Back to the topic. Women should stick to bumper cars

There is one disadvantage although to driving women around, you will get used as a taxi. Women are good at this. Even as things are now a women allready thinks a mans car is a Yellow Cab and a free ride. Well I have a rule for women I take out. I think the leading cause of heart attacks in men over 20 must be a womens driving. Women wonder why men don't talk when a womens driving, well this is because we are to busy praying for our lifes are preparing for the inevitable collision that is about to come. I don't see how women can talk and smoke and do their makeup while they are driving. This is probably the reason why their always hitting something. Luckily its usually other cars and not some little kid. Well is not up to me, I can just say what I think. Women cannot drive.

Dear Dr. Bob:

(Dr. Bob, issue # 8, Oct. 31) "Who was the smart blonde who dumped you?"

Dear Unsigned:

My mother, and I prefer to say she delivered me!!

Dr.Bob

For Men Only

Dear Dr. Bob:

redheads.

This letter is regarding your "Blondes article Brunettes" in issue eight of this paper. As you stated in your article, yes I am just a little ticked off!! Not all blondes are how you fantisize them to be, as you have obviously never had the pleasure if being in the company of a real blonde.

Granted, some blondes are

only out for a good time, but

so are a lot of brunettes and

What I would like to point out to your stereotypical, chauvenistic, pig headed views is that there are a heck of a lot more people of the male race who are not only out for a good time but are not honest about their intentions. They take a girl out a few times, demand what is due to them, then split to sucker someother poor girl into there lying decitful traps. If the guy does stick with the girl for a while he tends to make a lot of promises he has no intentins of keeping. Then

Sincerely, Blondes Two real

when the next pretty girl

walks buy its bye, bye lover.

Dear Blondes:

I figure this time I will answer a letter with a letter. Hope you don't mind.

Dear Dr. Bob:

We would like to commend you on your article "Blondes vs Brunettes" which appeared last week. We are glad to know that you share our attitudes and beliefs.

It's true that blondes are the dizziest females. Conversation is useless with them.

They are okay sometimes though, like when you turn out the lights. We know this because we have done extensive hands on research.

It's also true that Blondes are suited for target practice and slavery. From a distance, thay can make nice scenery. Or with their mouthes closed, acceptable showpieces. If blondes ever go the way of the Dinosaur we won't cry in our beers.

As for brunettes and redheads, all systems go! These women we can handle. Dates and other encounters go much better with nonblondes.

One small note to the male business student who wrote you last week. Lay off Dr. Bob, eh! The Doctor is right and you know it! Dr. Bob, sir, we would be thrilled, literally, to have you become an honourary B.H.A.P. member.

The BHAP Boys

# DR. RUDE

Ladies of NAIT this column is for you? The purpose of this column is for women to voice their opinions and concerns regarding Men. Similar to that of Dr. Bob, however, the shoe is now on the better foot!

This weeks topic deals with three things: men, men, men. Although a some what exciting topic - none the less men do have their faults.

First off it is common fact that men can not feed themselves, or do their own laundry. Actually, some rare specimens may be able to, however, the COMMON MALE CAN NOT. Most men are simply afraid of the kitchen in fact in some rare cases - fits of frustration and broken dishes have occured. Clothing themselves seems to be a problem. After Mommy refuses to iron 100 percent cotton shirts they get married just so that they themselves do not have to do the ironing. Well, what more can be said except that:

MEN. You can't live with them, You can't live without them, You can't shoot them, You simply have to put with them.

> Until Next Week, DR. RUDE

# LITTER BOX

To Kelly [BCET]:

Did you ever love someone and know they did not care? Did you ever feel like crying, but knew you would get nowhere?

Did you ever look in his eyes and say a little prayer? Did you ever look in his arms

and wish you were there? Did you ever here him breathing when the lights were way down low?

And whispers, "I love him so", and could not let him know?

And then one day it happens, with luck, he turns your way. Your heart beats faster and faster and you don't know what to sav.

He takes your hand in his and drdws you oh so near;

See all your dreams are answered, you've got nothing to fear.

The days go so quickly, the months turn into years.

You wonder where he is at night and wonder if he's true. Somedays you find you're happy; the next you find you're blue.

And when it stops you don't know when; you wonder day & night.

You see, you are losing him no matter how hard you fight. And when all love is gone you think you don't care anymore.

Then you see him with someone else, & your heart sinks to the floor.

You wait a week or so hoping the pain will go away. But you know you will always love him, love is made to stay

Love is fine, but it hurts so much, the price one has to pay is high.

If I could choose life or death. I think I'd rather die. So I say my friend don't fall in love, you'll be hurt

before it's through. You see my friend I know it's true because I once fell in love with you!!

Michelle

P.S. See you at D.A.'s again sometime soon.

Osvaldo:

My sincerest apology for calling you childish. I wouldn't call the pranks you do childish, not at all!! I just feel sorry for the next person that you turn your imaginitive mind to, and hope it won't be me! (Just joking!)

A friend from upstairs.

Phil (pretech):

My apologies for not being there Friday to dance with you. How about the Civil bash?

Short & Sweet

Happy Birthday Heather Love **Breezy** 

EDDT thanks all of you who turned out at our Halloween house. I hope all you Birds, Gangsters, Monsters, and various ghastly Creatures, which thankfully only appear at this time of the year only, enjoyed yourselves. A special thanks to Drew H, Dave Hy, Tracy B, Sheldon St, Brian K, Terry Mac, Dave Hm, Al Thib, Kevin Jp, Rob Clthd, and Cindy for all your help. It's well appreciated. Rob Pr, it was a good try anyway. Hey Guess What! Midterms are over. Now we can relax right?

The Scarecrow

P.S. I'd like to thank the members of the Academy (executive) whom without, this event would never have taken place. Hi MOM!

To the Honey in the Hawaiian skirt at the BCET Shake Yer Coconut Cabaret:

We were wondering if you take it all off somewhere? If so, we want front row seats. We reward for good performances. Some very interested beach girls.

P.S. Are you really a first year BCET student?

Farley:

Thanks for letting me talk your ear off

Angie

Dear 2nd year BCET:

We're the best. Remember we have the Cup.

BCET 1-B

Students of NAIT:

"I" know anyone who was here last year must feel great disapointment for the BORING classified section this year. Com'n this is a great place to meet, date, etc. the person you've been gawkin' at all year. Let's get gory - lets face it, we love it.

"The Enquirer"

P.S. "Try it, you'll like it"

Willy:

My cage just hasn't been the same without you lately. Come back & visit me soon. I miss you.

SPIKE

We will accept any Reasonable Challenge from any technology that dates to Challenge us.

Margret Secretarial Arts Sports-Rep

Challenge Cup BCET Participants

We loved beating the Pants off you guys!

With Love, The Secretarial Team To Rebelettes... Rm J212 (Resp. Tech. Girls?):

We would like to thank you for bringing a smile to our lips & an interesting thought to our minds every Friday morning. Your Halloween costumes captured the very essence of our deepest, darkest fantasies.

The class Bowling team would like to issue a challenge to Rumble any time,\_ any place. If interested, Have your Warlord(ess?) contact our team captain through the NUGGET. We're waiting.

EET 1-D

Dear Rob:

I've heard your friends call you Kibby, but I can think of much better names for you. (gorgeous, manly, etc). I've been watching you for three months and am HOPELESS-LY in LOVE. Unfortunately, you don't even seem to know I exist and I'm to shy to approach you. Would you like to be my Romeo?

Juliet

Rod & Nigel:

Thanks guys for making the bet, however since, I did lose I should pay up. I won't pay up since the price is of your choosing - how about another chance? See you at New York or maybe at Civil?

Angie

# HUMAN INTEREST

# Appealing to the Students of NAIT

Dear Readers:

A letter was brought to the attention of the NUGGET staff. The letter is a personal plea to find a family member. The NUGGET staff invites you to read the letter you may have some information that may help the family concerned.

The Editor

Note: The letter was addressed to the president of the Institute.

I am looking for my brother, lost through adoption in the 1940's. We do not know his name. He and my parents were victims of an unusual series of circumstances which contrived to separate all of us--and we all have never, since, stopped searching for him. For so many years, now, we have been thwarted and denied by bureaucracies and antiquated adoption laws which accord natural parents and adoptees NO official identication or meeting rights, without the consent of adopting parents. Yet, that same law does not prevent individual parties from searching for, and meeting, each

other. Despite these impediments, we seem to have learned the following about my brother: his adoptive parents are now deceased, he is currently in your province, we think he attended school here (and more than likely has attained an advanced degree(s)---we think in an agricultural/engineering, or related curriculum, my brother may have had a son who attended school there at the same time he did (or later); and the son was apparently adept as a musician, Gordon may have, or has had, a significant amount of interest in horses (and this may tie into his studies), and, he may have been an instructor and/or a student at your school---Gordon, that is.

I am respectfully asking that you, or staff you designate, search school records for an individual (an instructor or former student) possessing some of the interests or benchmarks listed above, while keeping in mind, also, the below-listed profiles. Please also consider circulating this letter and attached material among your staff personnel as well as Department Heads and their subordinate staffs, in the following fields of study: Agriculture and related; Engineering and related; Physical Sciences; Vocational studies and applied arts and sciences; and business.

### MY BROTHER:

Name at Birth: Gordon Stanley Chudzik (some or all of the name may have been changed at adoption); Born: March 12, 1934, in Toronto Western Hospital (birth certificate may have been changed 1 plus or 1 minus years, or so); Adoptive agency: Now known as Children's Aid Society of Metro Toronto; Experience: Foster-home care form some time in 1934; adoptive home placement in 1937, and another adoptive home placement shortly therafter where he was, finally and actually, adopted on February 19, 1944, when he was 10 years old; Other: Adopted into a family including 4 other adopted children.

Natural Parents: Anthony (86 years) and Ann (72) Chudzik (maiden name -Cucman); born in the Ukraine and Poland, and still living---and hoping; Current address: 325 Brookdale Ave. Toronto, Ontario, Canada, M5M 1P9; Phone: (416) 783 9390.

Natural Sister (myself): Name: Eleanor Jane Kobylarz (maiden name, Chudzik; former married name,

J. Kobylarz, employed Ford Motor Co., in Labor Relations; Address: 5196 Applewood Dr., Ypsilanti, Michigan, 48197 (USA)--located near Ann Arbor, Michigan

and the University of Michigan; Home Phone: (313) 487 5798; Work Phone: (313) 594 2834; Born: March 12, 1932, Toronto General Hospital; raised in Canada, where I lived until about 22 years of age.

Please note, I am acting for myself and for my parents, also note that this letter and request extends you the privilege of using the contained information in any manner you deem necessary to help us.

We are most grateful for your attention to this matter. Sincerely,

Eleanor and Daniel Kobylarz 5196 Applewood Dr.,

Ypsilanti, Michigan 48197 USA Home Phone: (313) 487

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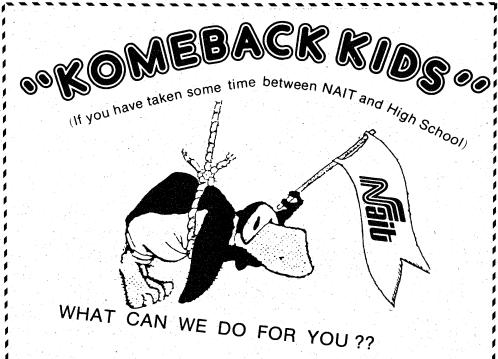
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# A CHRISTMAS PARTY FOR YOUR CHILDREN

In Association with the NAIT Staff Childrens' Christmas

What:

Childrens' Christmas Party

When:

Saturday, Dec. 13, 1986

Where:

NAIT Cafeteria

Cost:

\$2.00 per Person

**Contact:** 

Vicki-

Student Services (E-134) for Tickets, Forms, and more Information.

# 10 SPEED BIKE DRAW!

Oct.31st WINNER!

M. Hemery

KE floor

Nov. 28/86

3:00 P.M.

FREE ENTRY FORM WITH EVERY

\$5.00 PURCHASE AT NAITSA

STUDENT STORES.

# CLASSIFIEDS

THE WESTSIDE KEG is accepting applications for Waiters. NO EXPERIENCE NECESSARY. Apply

Sundays between 10:00A.M. and 12:00 noon at back service entrance. 11066-156 St.

Need: Reliable, Energetic Student with vehicle to work Friday & Saturdays. Contact Stan at EPP 420-1985.

Edmonton Free University. Instructors needed in all areas of self-improvement and innovative education. Call 439-5830.

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# TO ALL GRADUATION CO-ORDINATORS

Have you booked your Graduation party yet? If not, contact Rhonda at...

THE
WESTIN HOTEL
EDMONTON
426-3636

Call early for a date of your choice, we will help you make it a memorable occasion.

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- Math/ Physics/Chem/ PreTech First and Second Year
- Edmonton's Largest
   Tutoring Agency

MONEY BACK GUARANTEE

CANADA HOME TUTORING AGENCY LTD. 432-1396 Lost at Hydrocarbon Cabaret Friday night. 1 Bluish-Gray winter jacket with Dark Blue NAIT sweats tucked in the sleeve. Would appreciate prompt return. Contact Rob at 471-3895.

For Sale—73 Volvo 164E. 6 cylinder, 4 speed overdrive, fuel injected, air conditioner, leather interior, winter ready. First \$1850 takes. Desperately seeking Europe. Nick 476-5065.

FOR RENT NAIT student has cozy two bedroom house with den to share with responsible individual. Private bath and laundry. Available immediately. D.D. required. Phone Richard at 479-8285.

Need someone commuting between Wetaskiwin and NAIT to share cost of gas. Phone 352-7055 after 6 pm.

For Sale—Hang Glider. Birdman MJ-4, \$625 O.B.O. Nick 476-5065.

FOR SALE 1 Sharp 5103S calculator. Bought new in August '86 for \$65.00 selling for \$50.00 firm. Call after 5. Joe 458-0708.

For Your Christmas
Enchantment:

Gnomes for the Christmas tree and Elf Babies for the Young at Heart. Available at Westwood Campus in the Basement. See Frieda, every Tuesday, from 8:30am to 8:00pm or phone evenings at 963-3083

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- Electronics
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Mon. - Sat. 9:30 - 5:30

11015 - 101 Street

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with this coupon only at 11430 - 106 Street until December 10, 1986



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50 lb.

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- coffee cups, plastic cutlery
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INDIVIDUALIZED TECHNOLOGY SPORTSWEAR

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