

The Nugget

Thursday, January 13, 1994

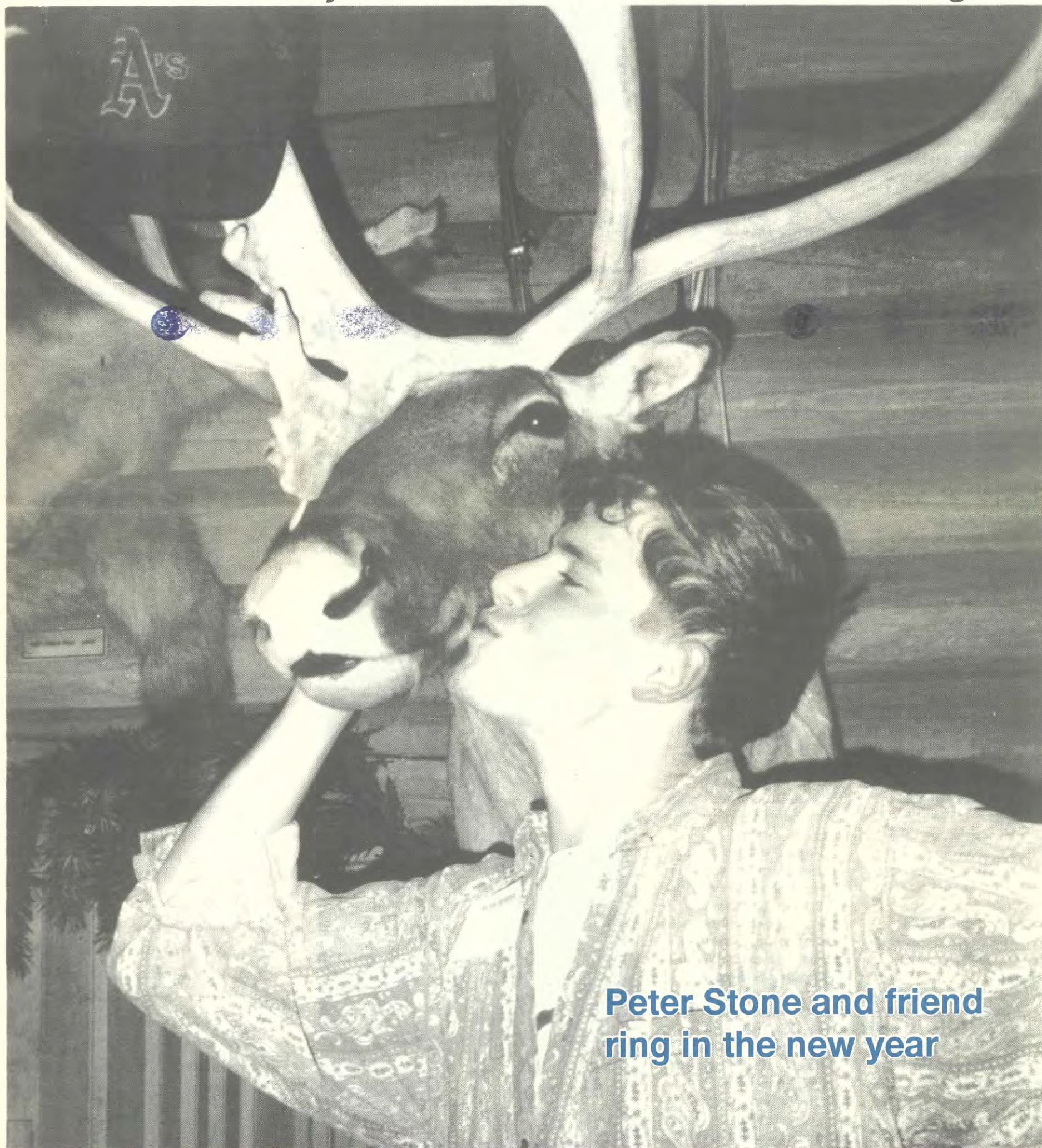
NAIT's Student Newspaper

Volume 31, Issue 15

Back From the Dead

the rock & talk that just wouldn't die

see Page 4



**Peter Stone and friend
ring in the new year**

INSIDE

sports

Depoe a
sled dog

PAGE 2

entertainment

Mindgames

PAGE 10

classifieds

free sex

PAGE 12

Sled Dog Depoe

by Terry Larose

Don Depoe, coach of the OOKs hockey team, got a rare opportunity recently, and it may end up benefiting several NAIT students, as well as Depoe himself.

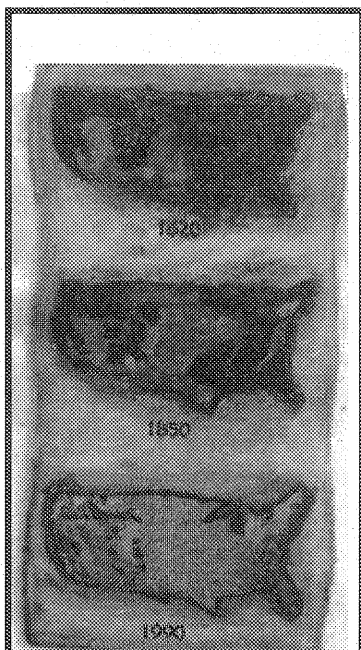
Coach Depoe was contacted in November by Al Howet, the president of Edmonton's new franchise in the RHI (Roller Hockey International) league. The new Edmonton Sled Dogs were interested in several OOKs hockey players, and wanted to inquire about their interest in switching to roller hockey for the summer.

One conversation led to another and Depoe was hired as the first-ever coach of the new franchise.

The league, which operates during the summer months, uses 4 men and a goalie per side. The

centre red line is disregarded except for icing calls, which speeds up the game a great deal. With a team made up mostly of Edmontonians, Depoe hopes that a few NAIT OOKs will land very lucrative summer jobs.

The beauty of the entire deal, however, is that roller hockey is considered a totally separate sport. This means that college players can play roller hockey without affecting their ice hockey eligibility. This could open the door to great exposure for Depoe and his OOKs players.



*The decline of
American native
forests.*

Last Chance for Cash

by Vivian Demeule

The Bill Hunter Scholarship of, \$1000, is being offered to any student enrolled in a two year program. The scholarship is awarded on the basis of academic achievement, demonstrated qualities of leadership and involvement in athletics.

Apply at the Office of Student Awards & Financial Aid, Counselling Centre, (main campus) before January 14th. Include a letter describing the extent of NAIT and/or community volunteer work, and involvement in athletics during the past year.

The Xerox award for

Excellence is also being offered to any student enrolled in Business Administration, Computer Systems, or Office Administration, enrolled in a two year program. Priority will be given to students who have not already received a major award. The scholarship is awarded on the basis of academic standing after completion of the second or third semester. Applicants must have a 90% course load or greater, demonstrated qualities of leadership, and contribution to improving the quality of the NAIT community and to the community at large. Apply at the Office of Student Awards & Financial Aid Counselling Centre, before January 14th.

Winter Blahs

Winter in Edmonton isn't easy with short hours of daylight, long periods of cold, and icy weather. Christmas is over and we feel let down if it was a happy time, or maybe stressed out if it wasn't. Under those circumstances, anyone may find that they get depressed, and may find it harder than most to find any joy in January.

It is sad, but true, that many depressed people are more or less ignored, and that this can deepen the depression to the point where they may become suicidal. So what are the signs of depression?

- Changes in eating and sleeping patterns which may lead to irritability, weight loss, weight gain, or sluggishness.
- Increased physical complaints and visits to a doctor for no apparently good reason.
- Increase in use of alcohol.
- Serious mood changes, especially apathy, bitterness, withdrawal, anger, hostility, negativity.
- Sudden disinterest in activities

that used to be important.

- Frequent talk of death, "going away", putting things in order, saying "good-byes".

If you see these signs in yourself or someone you know, it's important to understand that it can make a big difference just to talk about the feelings that lead to the signs. Be a good listener (but don't give advice!) or find a good listener. So it may be useful to know that there is a 24-hour Distress Line run by The Support Network. This line is operated on a confidential basis by carefully selected and trained volunteers who always have professional backup if necessary.

Concerned people can call and ask for information about dealing with a depressed or maybe suicidal person. And if you are feeling down, call us. The number is 482-HELP(4357).

If you'd like to try a new activity but need to know where to go to try it, call our referral line at 482-info(4636).

If winter gives you the "blahs" - do something about it!



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M

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Condom Conundrum



trevor **WINCE**
editor-in-chief

Well the U.S Government has finally entered the condom conundrum. If you frequent "best of" commercial presentations at the Princess you'll know that European countries have had AIDS prevention condom ads airing on their television networks for several years. The U.S. government recently spent a million plus dollars producing public service condom ads that will air on the major U.S. networks in prime time.

The government has come under fire for spending public funds on the condom ads. No surprise that the most vocal criticism has come from the right wing/religious sector who argue that the only "sure-fire" prevention method is abstinence. A liberal president

wastin' taxpayers money promotin' promiscuity the right lives for this kind of thing. Then there's the fact that the ads are slightly racy (and highly effective), do we want our children exposed to this trash? Yes, I'd say so, after all young (16-25) heterosexuals are the fastest growth category for new infections.

Wake up America, the infection you prevent today is the tax burden that you're preventing for tomorrow. Sure abstinence would be ideal but in today's society it's simply not realistic to expect a return to Victorian or even 1950's moral attitudes. Condoms not only help the spread of AIDS, but also will keep you safe from a host of other STD's, not to mention pregnancy. As for offending public sensibilities, with 60% of American households having cable the kids are already exposed to objectionable material daily on such programs as NYPD Blues and in feminine hygiene and depends commercials. Besides, objectionable is in the eye of the beholder, what I object to is people dying needlessly from a preventable disease.

For information, counselling or tests call Edmonton's STD clinic at 427-2834. No health care required, your confidentiality is assured.

"See ya next year"



chris **HAYES**
news editor

Well, here we are...the new year. So far 1994 has been very different from last year. Before our break we had no snow and it was great. Now it seems that the snow will never leave as the piles keep getting higher and higher.

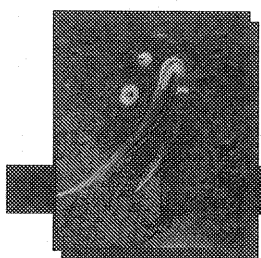
Unfortunately, the snow is not the major problem this year. The

constant cold temperatures coupled with bitter winds have made these past few weeks really miserable. With the weather forecasters getting excited over high's of -13 degrees, it gives the impression of a long cold winter ahead of us.

With the new year comes the next semester in our scholastic careers. With 16 more weeks to look forward to until summer time, I find it very difficult to get myself motivated to get out of bed in the mornings. This winter is sapping my strength and darkening my thoughts. Coming to school in darkness and going home in darkness makes me long for any amount of sunlight.

Well at least there is one thing that has disappeared in the new year. There are no more of those stupid "See ya next year" jokes. Man, I hated those.

Starving Students



vivian **DEMEULE**
news editor

So that was Christmas, and what have you done? If you're one of the lucky students around NAIT, the kind that doesn't have to worry about paying the rent on time, buying books for the new semester, or hey, even having enough food to eat. If you're lucky enough not to worry about the basic necessities of being a student, then stop, look around you, and open your eyes to reality.

In November of 1992, the Edmonton Food Bank served 6 thousand people. In November of 1993, that number climbed to 12 thousand people, and yes the number of students using the Food Bank has increased as well. David Albrecht, the Assistant Executive Director of the Edmonton Food Bank, says even though he doesn't know the exact number of students using the Food Bank, he's seen an increase of young people and students at the Food Bank.

According to Statistics Canada, the national cost of living has risen 41.6%, since 1984, while the cost of living allowance from a Canada Student Loan has remained frozen since 1984. Rent, transportation, and food are all suppose to be covered by a budget, now a decade old.

So what's the point? We all know times are tough for everybody,

including students. Get a job while going to school. Don't be a burden to society with all those student loans, right? A large number of students do have jobs while attending NAIT, but it's a real catch 22 situation to work in order to pay bills, feed yourself and then study on top of it all. If you want to eat, you have to work, and if you want good grades, you have to study. No, life isn't this tough for every NAIT student, but for a growing number of students, the words, "starving student", are more than just a cliché, they hit home with empty cupboards.

In Manitoba alone, all five major colleges and universities have food banks, and here in Edmonton, the U of A has their own food bank. Are food banks on campus becoming the norm in order to feed hungry students? A large number of Canada's population is returning to school to upgrade, and retrain, in order to find new jobs. Many former welfare recipients are upgrading in new education programs. With students returning to school who have children, their children will have no dental or medical coverage. Money that might go to food is then being spent on medical expenses. It's no wonder food banks are opening across Canada's campuses.

While Canada's population is educating itself to find jobs, less money stimulates the economy, because more people are in school and have less money to spend. The need for food banks will increase as more people attend school. The need for food banks on campus will decrease, if tuition keeps rising, and only elite students will be able to afford a post secondary education. After all, students who can afford expensive tuitions won't need food banks.

President's Corner with Susan Tedder



Welcome to NAIT or welcome back to NAIT. As April slips into sight and last semester's marks arrive we realize that not much time is left at all. We at NAITSA realize that our time in office is coming to a close as well, so we are ready to dazzle, delight or just daze you with activities and events.

Not only will we be doing things for you that you will see but we'll be doing a lot of behind the scene work. For example, this weekend NAITSA will be hosting an ACTISEC (Alberta College and Technical Institute Student Executive Council) conference - and no it

will not cost the students anything. It'll be an opportunity for Student Associations from across the province to talk about important topics including Board of Governors student participation, provincial politics - the November Roundtable findings as well I'll be keeping on top of issues such as tuition, student loans, internal programs, and helping out with the up coming 'S.S. Benefit Cruise' at the end of February. We'll be looking for student volunteers before too long, so watch out.

Now before things get too hectic in the world of students, take time to relax and get involved in NAIT activities 'cause your time here is only so long, but life is a lot longer.

The Nugget

31 years and still going strong.

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Institute of Technology

Office: Room E-128
Phone: 471-7615
Advertising Inquiries:
471-8866

Editor-in-Chief:
Trevor Wince

News Editor:
Christopher Hayes

News Editor:
Vivian Demeule

Sports Editor:
Terry Larose

Entertainment Editor:
Greg Miller

Production Manager:
Clinton Wasylshen

Production Assistant:
Vacant

Typesetter:
Jennifer Mason

Photographer:
Brent Valentine

Advertising Manager:
Linda Campbell

The Nugget is the official student newspaper of the Northern Alberta Institute of Technology.

The Nugget is published every Thursday from August to April. The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the view and opinions of the Nugget staff, NAITSA, or advertisers.

Contributions from students are welcome. Submissions deadline is Monday at 4:30 p.m. Submissions should be brief, direct, and MUST CONTAIN YOUR NAME AND STUDENT ID NUMBER. If it does not the article cannot be printed. The Nugget reserves the right to edit letters and viewpoints for brevity. The Nugget is located in room E-128, Main Campus.

Submissions WELCOME

Just don't mention free beer anywhere in the submission!

Deadline:

4:00 p.m.

First school day of the week

All submissions must be accompanied by
Your Name

and

Student ID Number

However, names will not be printed if the submissions request it.

Letter(s) To The Editor

Dear Editor:

Well, the first Annual Great Western Canadian Ski Party is now over. Wow!! The biggest skin trip in Western Canada's history went off with only a few hitches. A special thanks goes out to Bruce Jensen for his help on NAIT Bus #2. The rest of you party goers who enjoyed the fine weather, powder, drinks and parties also get a big "thank you". You guys and gals were a great group to party with, and hopefully you can all do it again next year. We're already planning a bigger trip; 24 buses, more schools, and we will be going to Penticton. So be ready to party. There is going to be a ski trip reunion some time soon to show the video (blackmail !?!), so give us a call at 471-7873.

B.A.S Executive 93/94

Back From the Dead

By Amanda Steenwinkel

Welcome to the New year!! Lots of resolutions being broken as we speak, and many people hoping for 1994 to be a year of peace and harmony. Well, I personally am hoping for a year of passing grades (hint, hint, business instructors!!) and FUN!! and to that effect have planned a whole bunch of NAITSA sponsored events in the next little while to keep away the January blahs as long as possible. Up and coming:

January 19th - Plaza II folks we didn't desert you!
Comedy: Jeb Fink in the Dock at 12:15 Bring your lunches down and join in some yuks

January 21st - For all NAIT Students: The Back from the Dead Rock n' Talk. 1 year ago we axed the R n' T's from the NAITSA calendar. Well, we've brought them back for the one year anniversary of their death. This is the splash of the school year!! Tickets are on sale now for a mere \$2.50 each, and that includes a alcohol malt beverage (wink, wink)!! Cans of beer will only be \$2.25 each, and we're drawing for a Discman. Tickets are available from the NAITSA office (E133 by the gym), from me, or bug your tech rep to sell them. Tech Reps: The technology that sells the most tickets gets \$100 towards their grad. PLUS, if you sell 10, you get one ticket for free!!!

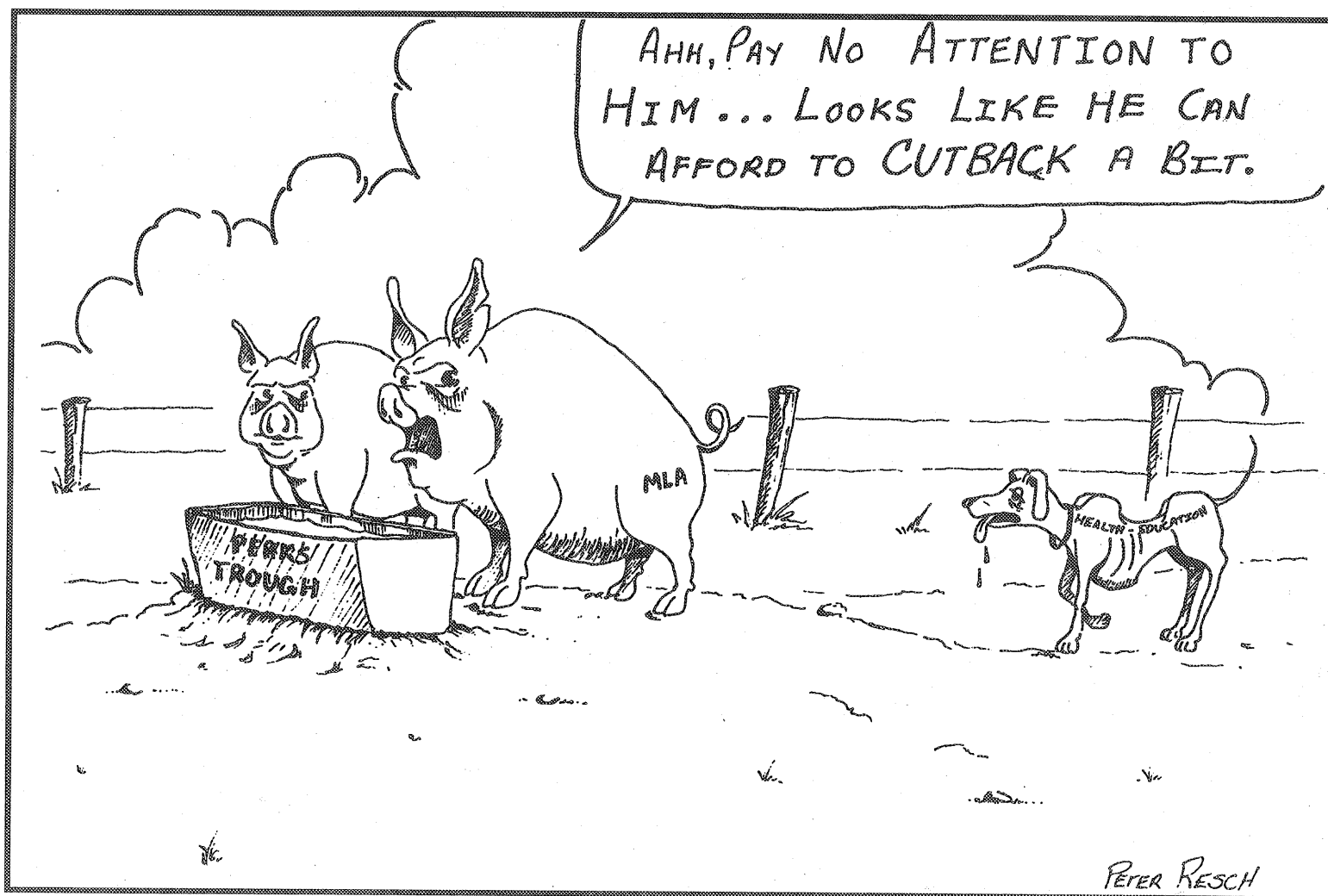
January 26 - For all NAIT Students and Staff - Sex with Sue!! No, this is not legalized prostitution! NAITSA is bringing

Sue Johanson to school to "Talk Sex"! Sue currently has a show on Power 92 Sunday Nights and also has a TV Show and 2 books out, and tours campuses. Sue's down to earth lecture is on "Sex in the 90's" in the Main Gym at 12:15. Bring a bag lunch along for the 45 minute show. Westwood folks: a bus will be in your parking lot at 12:05 that day, so beg, plead and bribe your instructors to let you out of class a little early that day. Hey! Bring your instructors with you!!

-AND THE LAFFS GO ON!!
Comedy at Westwood Gym at 11:15 on February 2
Comedy at Westerra Cafeteria 11:15 on February 3

LIQUIDATION CABARET - we've pulled out all the stops for this!! No interest, No taxes, pay only \$5 for an evening of fun and prizes at the Golden Garter!! This will be the cabaret that makes you glad you're a NAIT Student! We've lined up some of the greatest prizes for this all request music bash!! Cheap drinks and great tunes are what we promise, so grab your friends and head down to the Garter. Valentine's Day is coming, and maybe you can find someone to buy you roses and chocolates.... This NAITSA Event takes place on February 4th from 8 PM on!

SO... Welcome back to school on behalf of myself and all the other NAITSA Executives, and we hope to see you out at some of these events. If you have any questions, stop me (Amanda) in the hall or call me at ext.7612. Remember: we're here for a good time, not a long time!!



You've asked for it, so here it is

BACK FROM THE DEAD

ROCK

IN

TALK

Tickets \$2.50 at Naitsa E133 or Naitsa Store and Technology Reps.

The Nait event that just wouldn't die!

January 21, 1994
3:00 - 6:00 p.m.
North Cafetorium
Tunes by Kapers - all request format!

Somalia Relief Update

The World Food Program (WFP) has announced that it will supply an additional 16,900 metric tons of emergency food to vulnerable people throughout Somalia as the first part of the 53,289 tonnes of high value commodities that will be needed this year. Of all WFP projects in Somalia, only 15 percent are now emergency related but, as WFP Executive Director

Catherine Bertini pointed out, although significant progress had been made over the last year

in alleviating hunger, Somalia was still recovering from the widespread famine. "The WFP's priority this year is to initiate activities which strengthen food security, from the national level right down to households," she said.

The WFP requires \$50 million worth of various food commodities to carry out its 300 food programs in Somalia this year. Improved security and increased agricultural input, combined with good rains, resulted in a 1993 crop

season of "average" to "satisfactory" harvests. However, there are various pockets of continuing hunger in the countryside and in some urban areas. Village and family buffer stocks have not yet regained their pre-war levels.

Ms. Bertini said, "The people of Somalia urgently need employment to get back on their feet. For this reason, 50 per cent of WFP's programs in 1994 are food-for-work schemes which we expect will generate around 64,000 jobs, indirectly benefiting 320,000 people."

NAIT Recyclables Rejected

5,000 clams down the drain

Paperboard Industries recently had 27 tonnes (approximate value \$5,000) of high grade paper refused at a mill in Ontario. When they asked for a reason they were informed that some bales contained plastic transparencies all of which had the NAIT logo on the top of them. Plastics in paper recycling is a particular problem as it gums up the machine and leads to expensive down time.

Please assist us in making our recycle program work by insuring the following items *don't* end up in our bins:

- * Carbon paper
- * Food wrappings & paper towels
- * Gummed labels and tapes
- * Photographic & blueprint papers
- * Rubber bands & metal fasteners (staples are accepted)
- * Tablet backing & paper ream

wrapper

- * Transparencies
- * Magazines, newsprint & phone books
- * Coated glossy/slick/waxed papers
- * Colored envelopes
- * Colored paper
- * Drinking cups

If you are unsure of a particular item please follow this rule: When in doubt throw it out.

LEARN WHAT TO DO IN AN EMERGENCY SITUATION!!

Take our first aid and basic rescuer course.

When: Jan 28/29th & Feb 4/5th
Time: Friday 5:30 pm - 9:30 pm
 Saturday 9:00 am - 4:30 pm
Place: Main Campus, S107/108
Cost: \$65
Register: Main Campus, S105L
 Active living and wellness

Registration deadline is January 24th. For more information call Dianna or Terry at 8857.

NAIT POOL PROGRAM CALENDAR

JANUARY

1994

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED	6 11:00 am-7:00 pm	7 11:00 am-6:30 pm	8 8:00 am-2:00 pm
9 1:00 pm-4:00 pm	10 11:00 am-5:00 pm 6:30 pm-7:00 pm	11 11:00 am-7:00 pm	12 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm	13 11:00 am-7:00 pm	14 6:30 am-7:30 am 11:00 am-6:30 pm	15 8:00 am-2:00 pm
16 1:00 pm-4:00 pm	17 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm	18 11:00 am-9:00 pm	19 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm	20 11:00 am-9:00 pm	21 6:30 am-7:30 am 11:00 am-6:30 pm	22 8:00 am-2:00 pm
23 1:00 pm-4:00 pm	24 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm	25 11:00 am-9:00 pm	26 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm	27 11:00 am-9:00 pm	28 6:30 am-7:30 am 11:00 am-6:30 pm	29 8:00 am-2:00 pm
30 1:00 pm-4:00 pm	31 6:30 am-7:30 am 11:00 am-5:00 pm 6:30 pm-7:00 pm					

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THE WORLD OF WORK

Place: Eng. Techn. Annex; Room L234

Time: 4:30 to 630 PM; every Wednesday,
 starting January 26, 1994

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Wed: "Karaoke" and Shooter night

Thurs: Jug night

Fri: Specials and Dance till Dawn

Sat: Beat the Clock

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TALK SEX
 WITH SUE JOHANSON

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"TALK SEX"

JAN 26 - 12:10 - 6 PM

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Shiver Me Timbers

NAIT students invited to 1994 Cruise Preview

For the second year in a row, organizers of the SS Benefit NAIT's annual cruise are planning a preview to the main event for the entire NAIT community.

The Foundation took staff and students on a traditional Australian Walkabout during Aussie Days last February. This year, everyone will have the opportunity to be Jazzin' About when cruise organizers bring the flavor of New Orleans to NAIT's campuses.

Jazzin' About kicks off on Tuesday, January 18 at the Distribution Center, and continues Thursday, January 20 at the Westerra Campus Cafeteria; Monday, January 24 at the Engineering Technologies Annex

Cafeteria; and Wednesday, January 26 at the Patricia Campus Cafeteria. The New Orleans style celebrations wrap-up in the South Lobby on main campus on Friday, January 28.

Each day, Jazzin' About activities will take place between 11:30 a.m. and 1 p.m. and will include a silent auction, refreshments, a free draw, and lots of Dixieland Jazz. Participants will also have the opportunity to enter a one dollar raffle to win tickets for two to the cruise, or purchase fifty dollar Treasure Chest tickets to win a dream vacation (worth \$7,500) to New Orleans sponsored by INTRA Farlie Travel Ltd. and Northwest Airlines.

Information about the annual sailing of the SS Benefit NAIT

will also be available during Jazzin' About, and anyone interested will be able to volunteer to join the ship's dedicated crew.

Silent auction items available during Jazzin' About include a single pedestal desk, a nostalgia Coca-Cola cooler, a Japanese Doll, a picnic cooler packed with Safeway products, a complete lawn care package, a gift certificate for two at the NAIT Staff Dining Room, a utility room cabinet, a NAIT Cribbage Board, a set of Oiler tickets, and a round of golf for four at Highlands Golf Course.

For more information contact: Shannon Taylor, Media Relations Coordinator at 471-7804.

Photographic Tech Sale

Percentage of profits benefit Food Bank

by Vivian Demeule

On December the second and third, the Photographic Technology held a fantastic sale of their own photographs. An abundance of talent, by the Photographic students was revealed through their pictures. There were various pictures taken in both black and white, and color. Pictures ranged anywhere from

scenery to portraits.

Even though the sale wasn't as successful as last year, 10% of the money raised was donated to the Edmonton Food Bank. The remaining amount will be going to the cost of supplies, and to graduation expenses. Approximately \$1,100 dollars was raised altogether, through the hard work, dedication and planning of the Photographic students.

The Top 10 Signs You've Watched Too Much Star Trek

10. You send weekly love letters to the actress who played the Green Skinned Orion Slave Girl.
9. You pull the legs off your hamster so you'll have a tribble.
8. You tried to join the Navy so you could serve aboard the Enterprise.
7. Your wife left you because you wanted her to dress like a Klingon and torture you for information.
6. You went to San Francisco to see if you might bump into Kirk and crew while they were in the 20th century looking for a whale.
5. Your college thesis was a Comparison of the Illustrious Careers of T.J. Hooker and Capt. Kirk.
4. You fly into a homicidal rage anytime people say "Star Trek? Isn't that the one with Luke Skywalker?"
3. You have no life.
2. You recognize more than 4 references on this list.
1. You join NASA, hijack a shuttle, and head for Vulcan.

LIVE

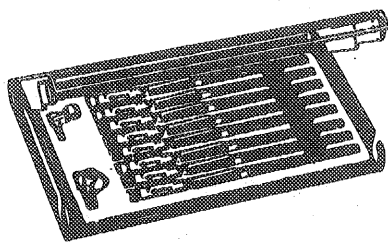
at



Tuesday January 18, from 5-6 pm
Scotty "the Bulldog" Olson
 &
Cam Cole

interview & questions to follow

Back to School Sale



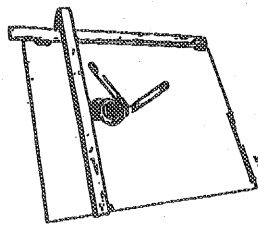
TECHNICAL PEN SETS



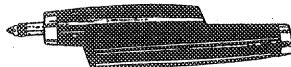
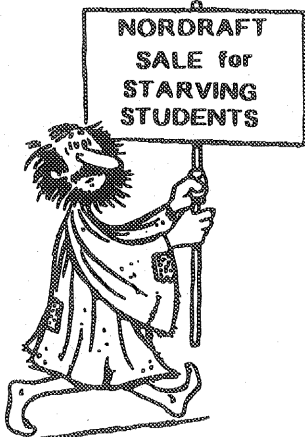
Lettering sets on sale \$69.95

Electric Erasers \$79.95
 Reg \$134.00

Imbided eraser strips
 GI10 \$5.95 box of 10



DRAFTING MACHINES



DRAFTING TABLES



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 Specifications subject to
 change without notice

HOURS:
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 Till 8 pm Thur.

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A TEENAGER SEES 100,000 ALCOHOL ADS BEFORE REACHING LEGAL DRINKING AGE

An Absoluter's ad 34/505 (604) 735/3401

New Year Wishes



terry **LAROSE**

sports editor

It's 1994, and being the generous kind of guy that I am, I'm not wishing for stuff for myself this time. No siree Bob, I think I'll just hope for things on behalf of people more needy than me:

For OOKs hockey coach Don Depoe, let's hope the new year brings a few better bounces. The OOKs have the best offense in the ACAC, they have three of the top ten scorers, and the second rated goalie in the league. Despite all of the impressive stats and scoring 38 more goals than their opponents over 12 games, the OOKs are having a middle of the pack type of year. Depoe's team needs to be more consistent instead of winning big, then losing a squeaker. That's the reason the stats aren't indicative of the team's record. Of course, the standings are the only stats that really count.

A comeback for the men's volleyball team. Just a few short weeks ago, the OOKs were ranked ninth in the entire country. Since then, they've nose-dived to fifth in their own league. What's the problem? Hard to say, but I'd guess the large influx of new

players may have something to do with it. Let's just hope they gel before Mount Royal and Grande Prairie move too far ahead.

For the Lady OOKs basketball program, more of the same. The ladies are very much a contender in the ACAC. With games in hand, the team is a solid third place behind Lethbridge and Mount Royal (who are tied for 2nd) and SAIT.

One warning sign, though: out of the 9 teams in the league, only three have more points against than for; two are in the cellar, and NAIT is the third. Give them credit for making the most of their offense, fashioning a winning record while giving up an average of 3.5 more points per game than they score.

What I hope for in general for NAIT's teams, though, is pretty simple: WINS. The majority of our teams are below .500. I know that it's supposed to only be for fun, etc... but I have visions of writing stories about playoffs involving OOK teams, and it's going to take a few victories to pull that off.

Lady OOKs

by Terry Larose

The Lady OOKs travelled to sunny Arizona for the college of the desert tournament over the holidays, only to come away wondering what might have been.

In the first game, the OOKs battled a much larger LA trade tech squad. By using their superior speed, the OOKs controlled things much of the way until LA managed to establish their size down low. Despite a good effort, the ladies lost 76-69. Amanda Brear led the way for the OOKs with 20 points.

In an upset, the OOKs then lost to college of the desert 87-79. The Americans dressed only

Volleyball teams travel to Arizona

The OOKs travelled to Arizona for a pair of high-profile games against NCAA caliber teams. The ladies played at Mesa College, where they dropped the match three games to one, despite a good showing.

Meanwhile, the men put a scare into the powerful Arizona state University volleyball team. The OOKs battled tooth and nail but fell three games to two.

7 players and were expected to lose to the OOKs, but thanks to a superhuman effort by Arizona's star player, even Robbie Ross' 28 points were not enough to ensure victory.

With two disappointing losses, the going got even tougher as the OOKs ran into the powerful Meritt college team. NAIT was projected as a 20 point underdog, and lost 108-70.

Overall, coach Greg Meripoulis was pleased with the progress which his team made. They showcased that shift with a huge 117-39 toasting of King's college over the weekend. It remains to be seen whether or not the improvement will be the difference in the OOKs quest for the ACAC title.

Basketball weekend

This weekend, there will be a smorgasbord for basketball fans at the NAIT gymnasium. The OOKs women take on Lethbridge at 6:30 p.m. on Friday the 14th and again on Saturday as they host Medicine Hat at 1:00 p.m.

The men's team also hosts Lethbridge at 8:30 p.m. on Friday Night. The Medicine Hat Rattlers finish off the weekend as NAIT's opposition on Saturday. Action gets under way at 3:00.

OOKs Hockey Wrap-Up

by Brian Stein

The NAIT OOKs (7-4-1) see their first regular season action in 1994 when they meet the Red Deer College Kings (10-3-1) in a home and home set. The OOKs are in Red Deer for a 7:30 p.m. contest on Thursday, January 13th. The Kings then visit the NAIT Arena for a 1:30 p.m. match on Sunday, January 16th.

In non-conference play over

the holiday season, the Ooks posted a record of two wins and three losses.

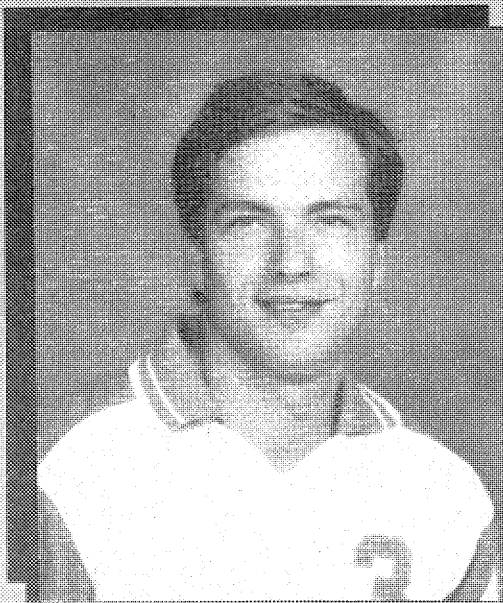
The Ooks recorded two wins and one loss at the SAIT Christmas Invitational in Calgary. The Ooks downed the SAIT Trojans 3-1 on Wednesday, December 29th. Jamie Barnes netted a pair for NAIT in a 6-5 loss at the hands of the University of Calgary Dinos on Thursday, December 30th. Peter Kasowski and Owen Korkie each tallied

twice as the Ooks outscored the Red Deer College Kings 8-6 on Friday, December 31st.

ON THE BENCH: With the folding of the Grande Prairie Regional College Wolves, the Ooks have scheduled two more exhibition games with the Stony Plain Eagles at the NAIT Arena. The Ooks will play the Eagles on Tuesday, January 18th and Wednesday, January 26th. Game time is 7:00 p.m. both nights.

ATHLETE OF THE WEEK

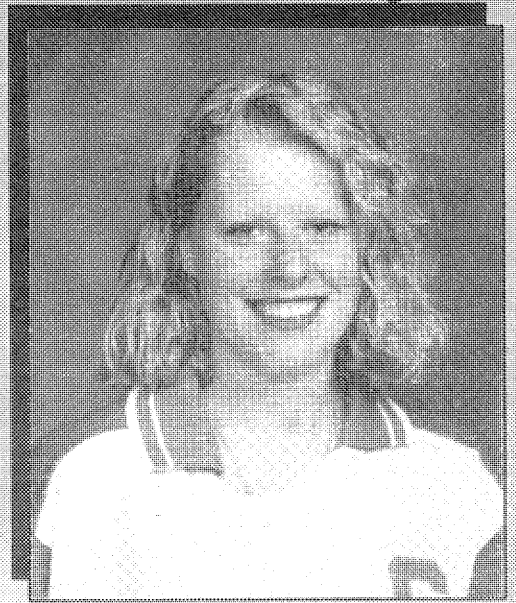
Men's Volleyball



Mark Schimanke

Lead the NAIT OOKs Men's volleyball team with 28 kills, 7 stuff blocks and 2 serving aces. Mark is a great defensive weekend with a number of exceptional digs in the back row.

Women's Volleyball

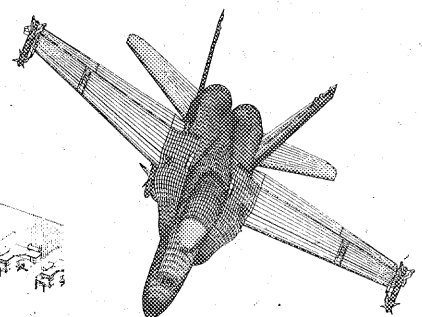
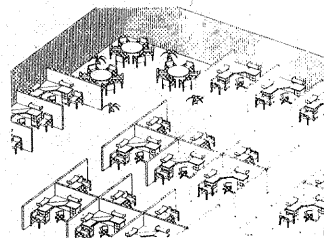
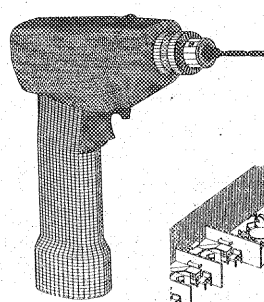


Patricia Visser

Patricia and the Lady OOKs had to settle for a split this weekend. Friday, losing 3 games to 1 to Red Deer, Patricia lead the team with 4 stuff blocks, and on Saturday, 3 games to 0 win against Oids, she had 8 kills, 2 stuff blocks and 2 service aces.

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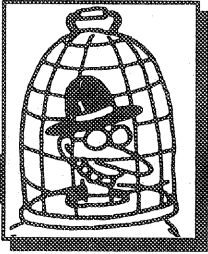
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Cruising For NAIT



area **MILLER**
entertainment editor

By Amanda Steenwinkel

Last year at this time, I was pretty much like any other student here - slightly insane, broke, worried about marks, bored by the weather, reading the Grapevines in the Nugget, etc. You know.

One Thursday I was super late for my first morning class (late enough that it would look really bad to walk in), so I grabbed the paper, and sat down to actually read it. I noticed this ad looking for volunteers for the S.S. Benefit NAIT "Cruise to Australia". I read the ad, and was interested. It just sounded like something totally "un-NAIT". I mean, all these folks at NAIT get together, invite rich people down for a meal, and pretend that they are on a cruise in a different part of the world. Then, they auction off stuff they've been given by companies, like trips and skybox tickets and hockey sticks, or that NAIT Students have made.

It sounded like fun, so I decided to sign up. Don't get me wrong here - I'm not "super volunteer" by any means - I just thought it sounded like fun. so, I went to this little inf. session they had, saw pictures of the cruise from the year before, and was convinced that I was in!!

Since I've worked in restaurants and lounges the majority of my adult life, I decided to help serve food and hors'd'ouvres on the night of the Cruise.

The night of the NAIT benefit was great!! I kid you not. It was right before midterms, however the break from studying was very welcome. I got there around 5 pm, and all the people in charge (fellow volunteers) were very friendly. They made me feel welcome and explained what I was supposed to do, which was walk around with a tray of wine and koala springs and offer them to people in the main foyer. (Which, by the way looked like it had been set up to look like an Australian desert or something - you couldn't even recognize it as being where the registrars' office is!!)

Anyway, serving food was pretty easy, and it was really nice looking food too. You could tell a lot of work had gone into the preparation (cooking students did it all). Serving food didn't take very long, and by 10:00 I was free to go. However, I'd been talking to some of the cooking students, and we all decided to go for beers somewhere, which is how I met the esteemed Neal Cantin,

current Athletics VP, and we talked about how we were both interested in running for NAITSA. And look at us now. Well, maybe you shouldn't.

Anyway, the NAIT Foundation asked me to write up a little thing on what it's like to volunteer for the cruise, and this is it.

To conclude, If you do have the time, and it's only a few hours, come on out and volunteer. There's lots of things you can do, from being an auction spotter, to bartending, to serving food, to helping set up, and other stuff. They can surely find something for you to do. Call Dave Hoy at 471-7621 to volunteer.

Now that I've been involved with NAITSA and around NAIT for the past year too, I realize that the foundation helps all NAIT students out - present and future by raising money to help various departments with things they need that the operating budget of the school just can't be stretched to cover. This past year they raised over \$300,000 between the Corvette raffle, the S.S. Benefit NAIT and other activities throughout the school year, and this money all went right back into NAIT to benefit us.

As your new Entertainment Editor, I express my utmost condolences to former Nugget entertainment editor, Gunther G. Grunwald, on his hasty retirement. Gunther was a man of many talents, but had one glaring weakness - writing. I have been meticulously selected by a panel of judges (well, two) from a vast number of applicants (is four vast?) to pick up the shattered remains of the entertainment section.

It has been a dream of mine for many years to write for a well respected news publication. since I have not yet accomplished that goal, I have rendered my services to the NAIT Nugget. I

hope to keep the student body entertained throughout the semester with insights and opinions about movies (I can go for free, I might add), music, TV, and the stars in the spotlight.

All features will be of concern to the students, so I welcome any submissions, ideas or criticisms to be dropped off at Nugget headquarters. However, I will surely ignore the criticisms because...well, just because!! In addition, input from troubled students will provide ammunition for my long awaited "Dear Blabby" column.

I look forward to a semester of laughter, tears, and most importantly - free movie passes that come out of your tuition!!

Lost your marbles??

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The Jackson Saga

The Michael Jackson saga continues. In this month's issue of Vanity Fair, Roseanne Arnold graces North American supermarket shelves baring everything, including her soul. The scantily clad piglet (I mean starlet) however, leaves nothing in the closet as she refers to Jackson as "the perfect picture" of a child molester.

Granted, Roseanne has a certain bias in her accusations because of her well-publicized claims of childhood sexual and emotional abuse - that, however, does not give her the right to convict Michael in her own and the public's mind. The truth is that Michael has not even been charged with a crime.

Jackson has been the target of public ridicule and become a victim in his own right. Leeches

posing as ex-maids and ex-bodyguards have come out of the woodwork solely for the purpose of notoriety and financial gain. Newspapers and TV news shows are paying big bucks for shallow stories that are digging Jackson a deep grave. Admittedly, many of these stories may be true and reflect inappropriate behavior, but they fail to prove criminal behavior.

Michael Jackson may be a child molester, but until criminal action is initiated, he should be presumed innocent (Hmmm, Presumed Innocent, that'd make a good movie). Regardless, the sickest part of this affair is not Jackson's alleged behavior - it's the fact the Roseanne Arnold had to bare her bacon in order to get anybody listen to her.

Granny Awards

By Greg Miller

This year's 36th annual Grammy Awards are only a few letters off. According to the 1993 nominations just released, the Grammy's should be renamed, "The 36th Annual Grandma and Grandpa Awards". When are over-the-hill artists such as Sting, Meatloaf, Billy Joel, Neil Young, Rod Stewart, and gulp, Boy George, going to pack up their eight tracks and move to Florida? The biggest joke of all is that the National Academy of Recording Arts and Sciences (NARAS) is recognizing these fogies for second rate, vastly overplayed music.

Sappy, commercial music dominated this year's nominations. Major contenders bidding for "Album of the year" are Sting, Billy Joel, and Whitney Houston. Excuse me, but did somebody forget to listen to Aerosmith's "Get a Grip", Pearl Jam's "Vs.", or U2's "Zooropa"?

The 1993 "Song of the Year" category is dripping with more

sap than Jellystone National Park (Hey, Boo Boo!). Lightweight tunes such as the Aladdin theme song, "A whole new world", Meatloaf's leftover dinner from the 1970's, "I'd do anything for love", and Sting's forgettable, "If I ever lose my faith in you", are sure to lull any insomniac to sleep. The Grammy Awards should recognize groups and songs of the future, not patronize the past. Instead, for Song of the Year, how about the Tragically Hip's "Courage", Blind Melon's "No Rain", or REM's "Man on the Moon"? If a Disney cartoon, Sting, and Meatloaf penned the best songs of '93, let's just be glad that it's finally '94.

Perhaps the most embarrassing category for any true music fan is "Best Male Pop Performance". There is one glaring element missing each of the nominees songs - a guitar. Contending for the award are sexual schizophrenic Boy George's "The Crying Game" (I'd be crying too, if I was Boy George), Billy Joel's drowning

Mindgames With Greg

By Greg Miller

Bored? Wish you had exams so you would have an excuse to stay home alone, but the reality of the situation is that you have no friends? Here's a trick I like to play on myself.

On a regular schoolnight, study all night in preparation for a huge exam. Study until your neck is sore and brain is fried. After spending six or seven hours hunched over your desk, crawl into bed and set your alarm for 5 a.m. Try to catch four or five hours of tossing and turning sleep. When your alarm starts blaring in the dark morning, drag your sorry ass outta bed and try to convince yourself that you'll feel much better after a cup of coffee. Now, assume your

position at your desk and begin the final hour and half of cramming that you must get in before the big exam. Now, we all know the dreadful feeling when you

"drag your sorry ass outta bed"

walk out of your house, and you realize that you've totally forgotten every thing and know


that it's never going to come back. Then, you beg for mercy and would give anything to not have to write the exam at all - nothing would make you happier. This is where the tricky part comes in - there was never an exam in the first place! You knew it all along that there wouldn't be an exam but you just wanted to feel the immense happiness that would occur when you tell yourself that you don't have to write an exam. Ha. Ha.



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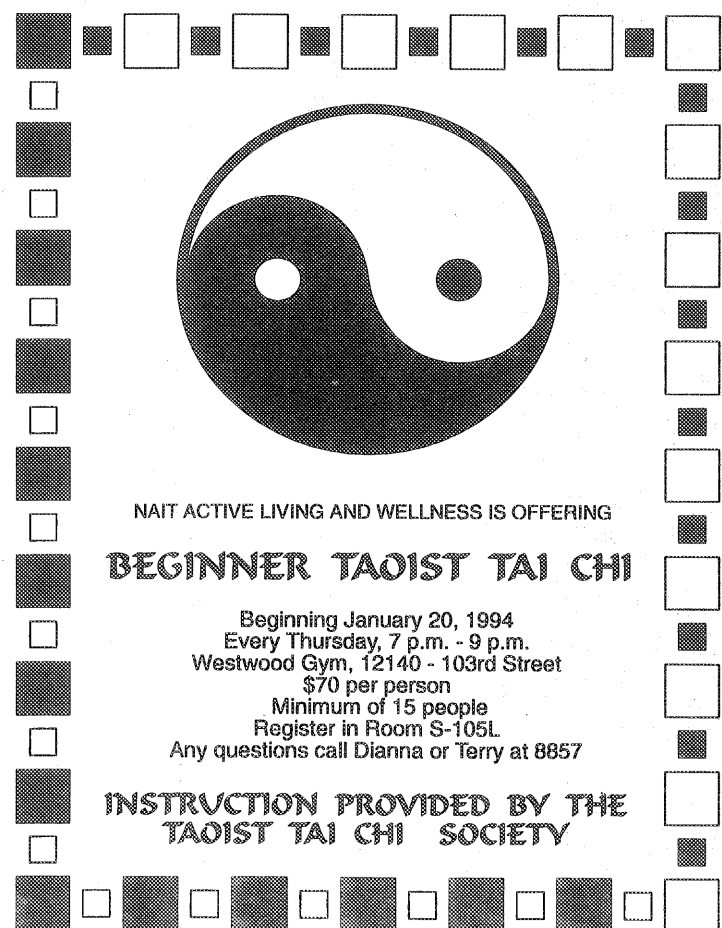
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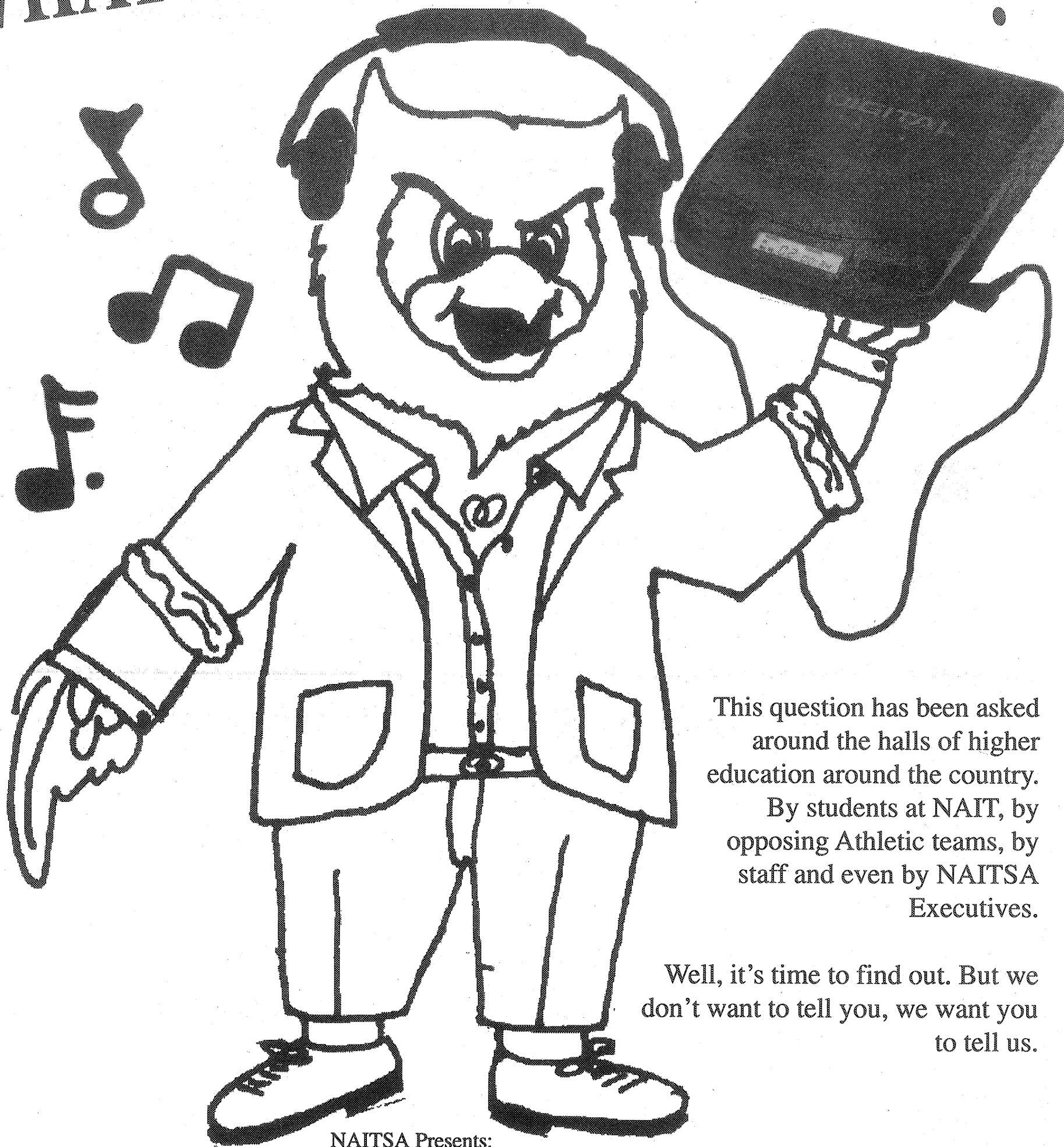
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WHAT THE HELL IS AN OOK? ? ?



This question has been asked around the halls of higher education around the country.

By students at NAIT, by opposing Athletic teams, by staff and even by NAITSA Executives.

Well, it's time to find out. But we don't want to tell you, we want you to tell us.

NAITSA Presents:

OOK-MANIA - "It's time the story was told."

What: Tell us a story in approximately 500 - 700 words

Who: All NAITSA Members (full - time students)

Where: Do it in your bedroom, your living room, your bathroom, the cafeteria, the Nest, we don't care, but you have to turn it in to E133, the NAITSA office.

When: Do it when divine inspiration hits you, after (safe) sex (or during), during class, during lunch, we don't care when, but you have to have it into us by 4:30 February 22nd, with results announced and winning story published in the March 10th edition of the Nugget

How: Well, in order to run a contest like this, we feel we have to have at least 10 different entrants with eligible stories

But the most important of the 5 w's -

WHY: Because we have a discman that we want to give to the creative genius that tells us what the OOK really is! We're willing to go out and buy a discman and give it away in order to end the curiosity, the jeering by rivaling teams and the looks of puzzlement on people around the country when they are told that our mascot is an OOK!

Tell us that he's actually a chicken in disguise, that the OOK is actually a girl, that he's from heaven, that he's GUBA's illegitimate son, just tell us what the hell an OOK is!!

The fine print: This contest is open to all NAITSA members except NAITSA employees. Sorry, Nugget Staff. The Judging Committee will consist of 2 NAITSA Executives, and 2 NAIT Staff. We'll be keeping that secret so that you don't even try to bribe the judges. Stories will be judged on creativity, readability, humor, and other stuff.

So, Go to it, good luck and may the best OOK story win!!!

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Grapevine

To U-Few

U-BADD? U-GOOD? U-
WHITE? U-BLACK? U-
SINGLE? U-YOUNG (18-21)?
U-RICH? U-WANNA? U-
SEXY? U-ATHLETIC? U-
STRAIGHT? U-WILLING?
U-CURIOUS? U-ENERGENIC?
U-LONELY? U-CRAZY? U-
MECHANICAL ENGINEER -
NOT!

If you can handle the pretty
women

Grapevine

To Mr. Mystery Man!

I hope that you have not
forgotten about me over the
break. If you would still like to
meet with me, let's meet on
Friday, January 14th at 9:00 AM
by the bookstore where the bank
machine is. (This time please
don't bring 15 of your closest
friends with you).

Up & Coming

January 14 & 15
Actisec Conference

January 18
General Council
Cam Cole & Scotty "the Bull-
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January 19
Comedy in the Dock - Jeb Fink,
Nasty Guy

January 21
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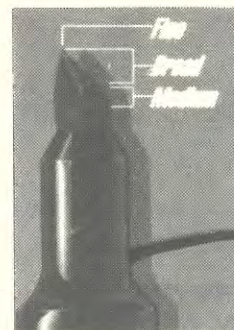
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