

The Nugget

THURSDAY, NOVEMBER 21, 1996

NAIT's STUDENT NEWSPAPER

VOLUME 34, ISSUE 12

Gord Goes Nuts, Thousands Watch...



BEER

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EXPLORE THE
NON-NAKED NET

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N E W S

Live More, Work Less

by Angela Doyle

In the Seventies, the word on the street was that the future was going to be filled with leisure. Although the visions of self-maintaining houses and day trips to the moon dancing in our afro-ed heads were not realized, with all the advances in robotics and computers that have increased our productivity while decreasing overall workload, it seems that the predictions should have come true.

Instead, we have come to a time where more people work more than 50 hours a week while others work less than 30 or not at all.

According to Arthur Donner,

an economic adviser, the devaluation of leisure time in our economy has resulted in worker dissatisfaction and dysfunction. The former chairman of a federal advisory group on working time and the distribution of work believes that we need a redistribution of work.

The massive restructuring that has occurred recently within most companies has allowed employers to reduce numbers of employees while continuing to operate, while at the same time, many have taken on more part-time employees. This has created an unmanageable workload for some coupled with

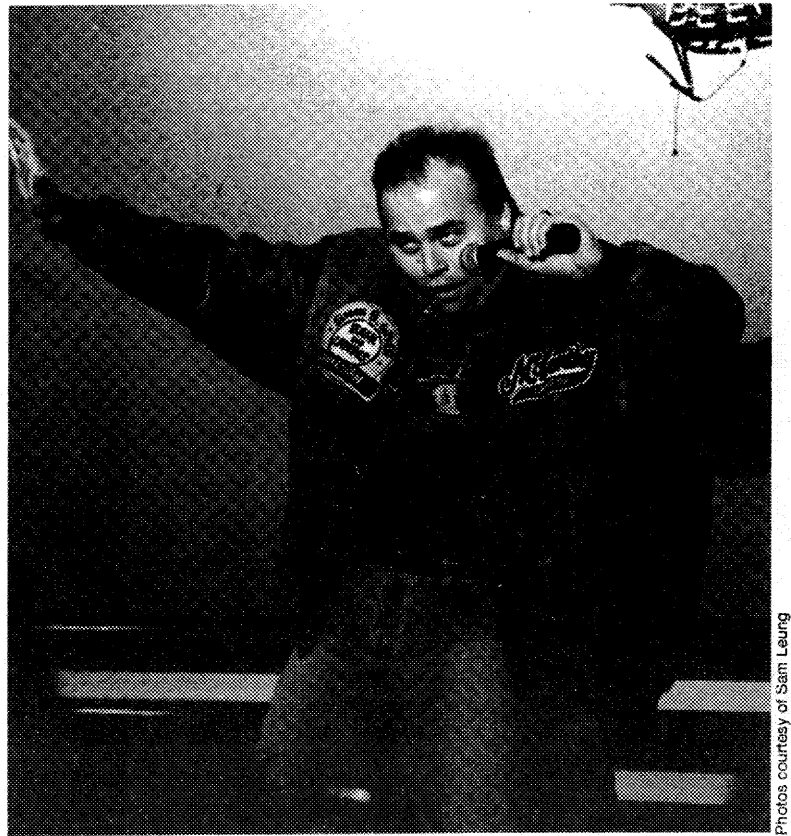
low-paying and uncertain situation for others. The result, according to Donner, is stress, burnout, and a polarization of income and opportunities.

One solution suggested by Donner would be to reduce average working times for employees by 10 percent which would in turn reduce the unemployment rate by 4 percent as employers hired changed employees to take over the new workload.

This would benefit several parties. The people with an overburden of work would be allowed more time to devote to the rest of their lives. There would be a reduced burden on the government's welfare and unemployment insurance rolls, which would in turn reduce the federal deficit. Studies indicate that even companies will benefit, with the changed work structure increasing employee productivity and reducing absenteeism.



Bill LaForge of the Augustana Vikings cocks his right hook and gets ready to deliver a hammer to Brad "Killer" Cartwright of the Ooks in last Friday's game. Nice fight, but both players were ejected as a result



Comedian Simon Cotter entertains a full house in the Nest last Wednesday evening.

Do We Need ACTISEC?

by Angela Doyle

ACTISEC is the Alberta College and Technical Institute Students' Executive Council. It serves as an umbrella organization for Alberta college students and according to Doug Popowich, NAITSA president, its mission is to provide a "unified voice to government through executive council."

Currently, our students' association executive is considering discontinuing our membership. They are concerned that the organization is ineffective and is not worth the money the students contribute. They will be putting the issue to vote at a future General Council meeting.

All NAITSA executive attended the ACTISEC meeting in late October. None were convinced of the necessity of continuing membership.

Popowich stated that the problem is not with the goal of the organization, but with whether ACTISEC "achieves what it sets out to do. Does it make a difference?"

Scott Fediow, VP Activities, does not think it is organized

enough to be effective. He endorses discontinuing membership for a year, but providing recommendations for improving the organization, and rejoining depending on whether the recommendations are instituted.

Tara Tanguay, VP Financial Academic, thinks that because NAIT is the largest financial contributor to ACTISEC, NAIT's withdrawal would be likely to cause the collapse of the organiza-

tion. Rather, she would like to see the creation of a similar but more efficient organization with fewer representatives from each school and with capabilities of making a more tangible contribution to student life.

Tanguay does not think the \$1.33 per student for our membership, or over \$10,000 total expenditure, cannot be justified without students obtaining something real in return.

Red Nose, Free Ride

by Michelle Gation

During the month of December, Operation Red Nose offers a free designated driver service to any motorist who feels that he or she is incapable of driving home. A team of 3 volunteers meets the motorist who has requested the service of Operation Red Nose, and drives him or her in their car

to the destination of choice. In Edmonton, this service is fully supported and endorsed by the Edmonton City Police and hosted by the Edmonton Keyano Swim Club.

Operation Red Nose was started in 1984 by the Rouge et or Swim Team of Laval University in Quebec City. With the help of the Quebec City Police, the desig-

nated driver service sought to raise funds for the team. Seven years ago, the program spread into the Maritime provinces, Switzerland and France. In 1992, the program moved into Western Canada.

Operation Red Nose will be operating December 6 and 7, 12-14, 19-21, 26-28, and 31. To use the service please call 421-4444.

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O P I N I O N S

My Two CENTS' WORTH

"TWO BELOW IS TOO TOO COLD"

by Michael Yereniuk

On the way to school today I was waiting for my bus for only about 5 minutes, but to me it seemed like hours... A lot of thoughts came into my head.

First of all, I wanted to make an addendum to my last article, which was about the top 10 driving things that upset me. There's one more that I wanted to add: People driving in the bus lane. I couldn't believe how many cars were driving in that illegal lane on 97th street today. This city could have made a lot of money if the police were pulling these people over. But I laugh at anyone who gets a bus lane violation. Even if it's one of my friends. There is absolutely NO NEED to get a ticket for that. Why would a person drive in the bus lane anyway?!? Everyday I see people changing lanes so that they don't get stuck behind a bus, and here are these people driving in the bus lane, which (just by coincidence) has a lot of buses in it. HELLO!!! Just think about it.

Another thing that went through my head as I was standing in this freezing cold wind was "The Empire Strikes Back". I found myself asking questions about the film. For example: Wouldn't it suck if, after spending months digging tunnels in the snow, you had to leave because a really big walking thing came by and shot your furnace? I wouldn't be too happy about that.

After watching a lot of cars were driving by me at the bus stop and since they were in the bus lane, I couldn't help but stare at the drivers with disgust and curiosity. As one car drove by, I couldn't see the driver's face, and I'm sure that the driver couldn't see the road. His windows were scraped, but his wipers were frozen and left streaks on his windshield. noticing this, I took it upon myself to create a solution to this guy's problem. Here's what I came up with:

"The Wiper Protector Thingy." This modern day miracle will save you time and energy and ease your mind as you drive, because you'll only have to worry about the icy conditions, and not about whether or not you can see out of your windshield. The idea is simple. The "WPT" slides over your wiper blades just like a sock, and then, at regular intervals blows heated air on your blades, first to melt the ice, and then to dry the blade. All you have to worry about is taking off the "WPT" when you want to wipe your windshield and replacing the "WPT" when you're done wiping. Who could resist this? And it's only \$49.95. Just contact Dr. Nick Riviera.

Okay fine...I'm not a marketing student. But you get my point. There's a lot of useless informa-

tion running around in my head. Just need a stimulus to get it out, and a medium to bother you, my faithful readers.

Man... IT's COLD!! I know that I shouldn't really complain about it since it is Edmonton, and our weather system is so messed up, tomorrow might be +30 degrees. Honestly though, winter has

its good points and its bad points.

GOOD POINT: Winter Driving. It's fun when you're sliding around and not really being able to control your car.

BAD POINT: Winter Driving. It's not fun when you're sliding around and not really being able to control your car.

GOOD POINT: Snow. For skiing,

tobogganing, snowmen (and for Angela: snowwomen), snowball fights and throwing friends into the snow. Also, it keeps your beer cold when you're in the hot tub.

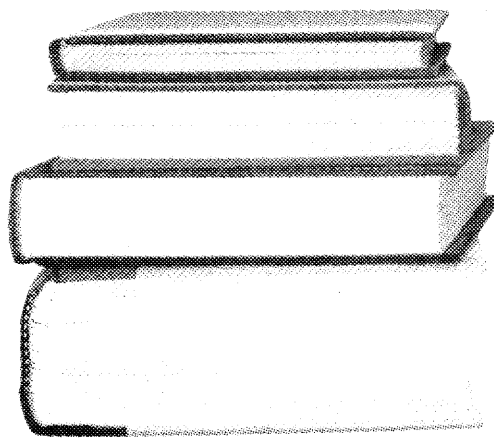
BAD POINT: Snow. Shoveling, brushing off your car, getting stuck in the snow, shoveling, and getting thrown into the snow. Also, when you chill your beer in the snow

and when you're ready to drink it, it's frozen.

You know...I could go on for columns, but my class is almost finished and I'll lose my train of thought, so I better wrap it up pretty quick. So, to in fact wrap it up: Don't drive in the flippin' bus lane. It's for buses...Until next week!

Cool.

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MICHELLE GATIEN
NEWS EDITOR

THE NEW FOOD

NO MORE VEGETARIANS?

Did you know that genetically engineered food (food that contains genes derived from animals, fish, insects, and bacteria) is now starting to appear in stores? No? Not many people have. Yet, the sale of these foods is going on without properly informing the public and without properly assessing the risks of genetically engineering foods.

Genetic engineering is the artificial transfer of specific genes of the one type of the organism to another. Why is this done? To transfer the desirable qualities from one organism to another to, among other reasons, make a crop resistant to a herbicide. On the surface, this may sound appealing but closer examination shows differently and shows the dangers. The unnatural cross-species transfer, such as between fish and tomatoes, can't happen in nature and many create new toxins and diseases. It's also been shown that genetically altered foods may contain dangerous new allergens and fatal toxins.

It's been shown that over 50% of research done to genetically alter foods has been to develop herbicide-resistant plants. This could increase the use of herbicides

three-fold, thus increasing the pollution of the environment and creating possibly toxic concentrations of chemicals in food.

Ethical concerns must also be raised when discussing genetically engineering of food. Can a vegetarian or a devout Buddhist eat a potato that was crossed with chicken genes? Would that person be eating meat? What about canola genes with human genes? Would eating a product made with this canola be considered cannibalism? Genetic engineering may also involve animal experiments that may be unacceptable to some.

When new genetic information is introduced into the environment, existing species may be displaced from the eco system with possibly disastrous effects. Some crops are being engineered to create their own pesticides which could lead to the emergence of more resistant insects and the possible destruction of beneficial insects and soil organisms. It's also possible that these pesticides produced by a plant could be toxic to humans.

At least a dozen different genetically altered crop species have been introduced into the Canadian market. The majority of these products are not known of nor is

there any labeling. Some of these products include tomatoes that contain anti-ripening genes, herbicide-resistant genes or even flounder genes. These tomatoes may be found in important ketchup, purées and pizza sauces.

Another product found in the Canadian market are insect-resistant potatoes that have been injected with a bacterium toxin which may reduce the amount of insecticides used, but may also cause allergies or toxicity in certain people. Canola oil is a product used in many processed foods. One variety is herbicide resistant (and could be sprayed with more herbicides), another may contain antibiotic resistant genes. Soya beans are found in approximately 60% of packaged foods, including margarines, spreads, cereals and pastas, and some soya beans are herbicide resistant.

There are many more crop strains already released and many waiting to be released. Most products are released without labeling when the polls have shown that the vast majority of consumers want clear labeling. Many doctors and scientists are calling for clear labeling and appropriate information given to the customer. With-

out labeling, it will be very hard to trace the cause of new allergies and illnesses.

The introduction of genetically altered foods amounts to a dangerous global experiment where we are the guinea pigs. Our food supply is controlled by large transnational biotechnology companies who own many food patents, seed companies and many other facets. The health and safety of the global population is being placed second to short term commercial gain. The long term impact may include irreversible problems including large-scale health threats and some food shortages. There is no logic behind tampering with the genes of plants and animals that have flourished on this earth for millions of years.

What can you do? Inform yourself. Read as much information as you can. One book available is "Genetic Engineering: The hazards" and "Vedic Engineering: The Solutions" both written by John Fagan, Ph.D.. The Natural Law Party of Canada has lots of information available. Also, talk to your supermarket managers, MLAs, MPs and aldermen and get these people informed so that they can make a difference.

LETTER TO THE EDITOR

I am compelled to write in defense of Angela Doyle's article on the detrimental effects of the meat based diet in western culture whilst at the same time congratulating her on stirring up a little much needed controversy here at NAIT. Conflicting opinions are the seeds of change and vigilance must be kept to ensure that they are not being suppressed by those of the vociferous and dogmatic few.

Angela quite correctly points out the anomaly in our treatments of different species, although perhaps not as clearly as Grant Litwyn might like. Why do we eat one species and pet another? Why is one form of animal protein regarded (wrongly) as a beneficial source of nutrients whilst another would be anathema? If someone would write in and tell me when and where in history these distinctions came about I'd be very grateful.

The statement concerning fats and cholesterol were, and still are, patently true. The major cause of premature death in North America is heart disease. Heart disease and stroke are caused by fat and cholesterol in the diet. Vegetables contain NO cholesterol and animal products are by far the highest of any food group in saturated fats. In countries with low or negligible consumption of animal products these diseases of affluence are

unknown. I refer the reader to the so called China Study being done by T. Colin Campbell of Cornell in conjunction with Oxford University. Also the ground breaking work of New York Times best selling author Dr. Dean Ornish has shown that degenerative heart disease can be reversed by the adoption of a low fat diet (15% to 20% of calories from fat).

The contention concerning herbicides, pesticides and hormones may be false for a few traditional farmers but the vast amount of food production today is done by industrial methods, which indeed cannot function without copious quantities of

chemicals. Have you noticed that the family farm is virtually a thing of the past? What does Mr. Litwyn think caused the BSE outbreak in the first place if not industrial farming? How does he believe it to be possible to supply 3 meat dishes per day to most of the western world without intensive cattle breeding, involving the major usage of chemicals? If the gross subsidies for water, energy and resources, plus excessive land use promoting deforestation, were not available the diet of animal products would reflect true cost and we would all be much healthier.

Lastly, concerning the farting issue. Methane is one of the most

efficacious of the Greenhouse Gases, much more so than CO₂. Considering the millions of cattle needed to satisfy the western fat addiction then that methane begins to look pretty significant. The fact that it comes from cows' arses should not be reason for jocularity when the consequences of Climate Change are fully considered.

Thanks again Angela for your outspokenness, it's a refreshing change from our regular diet of the right wing inclined notions from the likes of Newt, Jesse and Rush (Gingrich, Helms and Limbaugh for the initiated).

Dave Parker
Instrumentation

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4:00 p.m.

**First school day
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**All submissions must
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Your Name**

and

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The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the views and opinions of the Nugget staff or NAITSA. *The Nugget* reserves the right to edit letters and viewpoints for brevity.



BEER



by Angela Doyle

In honour of Alcohol Awareness Week, I will discuss beer.

I'm not going to tell you the history of beer, or beer rituals, or even, as you'd expect during AAW, tell you the bad things that can happen to you if you drink too much. You'll have enough of that from the responsible kids who are running the activities.

The big points of AAW are scaring people into not drinking enough to puke and reminding people not to drink and drive. In my somewhat humble opinion, short of proposing fun things you can do with out drinking (god forbid), the key to AAW success would be to ban consumption of Budweiser and Canadian

Because these beers and their multitudes of bland counterparts taste like fuzzy nothing, their person-pickling capabilities are high. Further, the revolting sensation that occurs shortly after swallowing, demands renewed consumption in order to wash out the foulness.

Unless the consumers are immune to media and have no sense of taste, anyone drinking these beers are demonstrating the vile influence of advertising on beer choices. What's worse, Canadian and Budweiser drinkers are buying into really stupid advertising concepts.

The main proposition of all beer commercials is that if you drink beer, your life will be fun and good. To start with, anyone who believes that, is seriously out of touch.

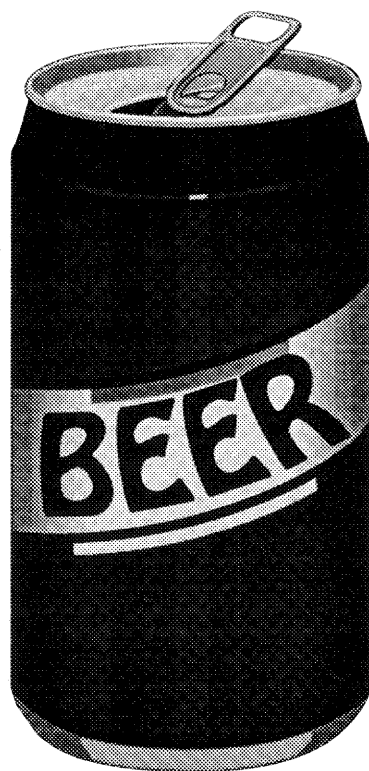
The bigger problem with Budweiser promotion is the archaic and downright tacky/clowny stereotypes presented in the adver-

tising. If you're dim enough to buy into the idea that Bud consumption makes you one with the macho, large-animal-controlling men or the crowds of bikini and tight jean wearing ladies with breast implants clique, you're probably of the type who buys a flat per night in proof of their howling manhood or non-scraggy status. AAW is directed to you, and if we were to take away the favorite tool (the Bud), then AAW will have achieved something significant.

Canadian promotion is less obviously bad and more in tune with the blandness of the beer. Capitalizing on the same bandwagon sentiment Alanis has made a career of, Canadian advertising suggests that the key to being unique and interesting is to be the same as everyone else. It suggests that by consuming something that enjoys as much mass popularity as *Jagged Little Pill*, you will be doing something crazy, innovative, and exciting. Belief in that concept is plain stupid.

Beyond the anti-corporate ranting, we return to the less interesting point of this article. There is much beer greatness out there to be experienced and to do this you must be thoughtful, on the sober side of drunk, and occasionally mobile. Whether or not you have overcome the corporate domination of your beer psyche, your journey may begin at Brewsters, a happy place where they'll give you tiny tumblers of beer to start.

These tumblers enable a smooth, responsible start to your experience of drinking without drunkenness, allowing you to choose by taste the beer to which you will make your one pint-one



**...avoid beers
whose logos
include
bears, suits
of cards, or
playboy
bunnies...**

night commitment. From the menu, you pick three tiny tumbler selections according to the excitement of the name. (i.e., do not pick Original Lager) Flying Frog and Hammerhead Red are my personal favorites, tasting respectively, like happiness and Christmas.

Another benefit of Brewsters is that if you're not in the mood for either of commitment or drunkenness, you can pay \$4.50 and try tiny tumblers of all Brewsters' offerings without becoming unsuitably intoxicated.

Another approach to responsible drinking is to drink beer that is so expensive and so filling, you can't afford to and don't want to drink another. The best way in Edmonton to do this is to drink Guinness at The Black Dog, which is a bar full of people who have lives focused around being cooler than not only Alanis, but all others. Your pint of Guinness will have a smooth, thick taste, will cost definitely more than \$5.00, and will fill you up for 24 hours. Your discomfort from being in a bar dominated by people intent on showing off necks, nostrils, and latent middle finger gestures will further your desire to end the evening after one beer.

The safest approach to responsible drinking is to go to a decently fancy liquor store, buy one

or two bottles of quality beer, and go home to savour them. Benefits include absolutely no thought of drunk driving, large variety of quality beers are obtainable at many retail establishments, no need to tip, and if the two beers put you over the edge, at least you'll know exactly how clean the toilet is.

If you are of the taste-every-sip-twice persuasion, it is especially important that you avoid beers whose logos include bears, suits of cards, or playboy bunnies, as these are not worth even a single direction of interaction. Better choices include trademarks featuring the classic rocks, as long as the alcohol content does not exceed 6 percent, and domestic cats, especially of the fruity variety. You might also consider beer of Irish or British origin: the browner the better.

Follow these recommendations for a responsible AAW, drink beer only because it tastes good, and all will be well.

P.S. If anyone bothers responding to this editorializing, you seriously need to find something better to do. This week, I am making fun rather than making a statement and although Scott enjoys my "fan" mail, I think it's kind of tedious. I may seem bitter, but I will always be right, and there's nothing anyone can do about it. In my humble opinion....

NAIT MEDICAL

X-RAY BAGS

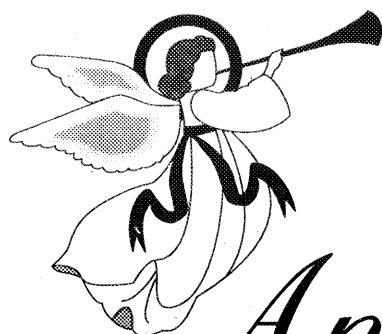
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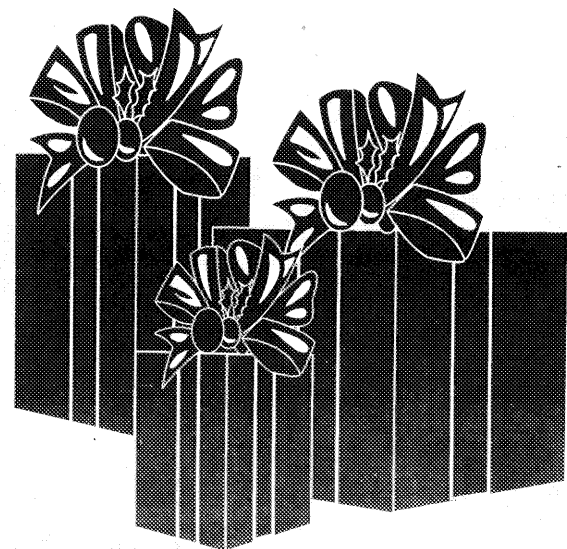
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The Hallowed Halls of NAIT

by Eric A. Robinson

It was Bob Latham who really started this story. Bob Latham was a very well-known disc jockey/announcer/newscaster for 630 CHED. This particular episode was in the early 1970's when Edmonton City Council were debating long and hard at several Council meetings about the flippant way that 630 CHED was reporting the daily and hourly news.

At that time I was performing all sorts of consultancy work for Geoscience Research Associates Ltd., a company engaged in a wide variety of telemetry recording of meteorological events. With this consultancy work, I had learnt how to read a weather map at all seven millibar levels and to correctly interpret the weather for the next 24 hours with a 96% accuracy rate.

Brent Kestiniuk (a student with the Radio and Television Arts programme) and I worked out an excellent presentation for the Alberta weather on NAIT Television and Radio (a format that was picked up by several television stations across western Canada and is still used to this day). Brent and I also created public weather forecasts that were posted the length and breadth of NAIT and avidly read by both students and staff. They were accurate to 96%. When we went wrong on a forecast, we went *WRONG*.

Bob Latham of CHED Radio was making some very caustic comments about the local weather forecasts for they were so terribly wrong—all of the time. Bob Latham took to ringing telephone numbers at random and asking the person who answered the telephone to stick his or her head out of the window and tell him and the listeners what the weather would be over the next 24 hours. This was proving to be far more accurate than any public weather forecast.

One day Latham rang through to the NAIT switchboard. The lady on duty on the board advised that she was extremely busy but would plug him through to Eric Robinson who was already making forecasts for NAIT.

The telephone rang in my office block. After the introduction I gave the forecast of the day that just happened to be completely opposite to that, that had been issued by the public weather office.

Latham was delighted, more so when I was proved 100% correct, even down to the temperature, wind and time of day when it would rain.

The next telephone call I received was from Bob Latham. He was very skeptical and thought that I just happened to be lucky on that day. I wrote a quick letter with the forecasts for the past seven days inviting him to check my accuracy.

Again Bob was stunned for the past seven days I had not had one bad forecast. The telephone rang. "Would I be interested in doing the weekend weather for CHED every Friday lunch time to cover the weekend weather?"

I accepted the challenge and started public forecasting for the next ten years, every Friday without missing one broadcast.

At this time Garry Medus was the Director for the Intramural activities and other sports activities. Remember that at this period the tower hadn't been built and the gymnasium at the west end of the technical wing was the entire sports facility at NAIT.

Arrangements were made by NAIT to build the block that today houses the ice rink and other sports facilities. At that time it became known as The Medus Mansion. Garry Medus made a trip to my office every week so that he could plan his weekend sports activities for NAIT. Rarely did I let him down.

Garry Medus insisted that I should have a catchy pseudonym. After weeks of deliberation, Garry finally decided that my accuracy came about because I went to the door, wet my finger with saliva and held my finger up to the wind!

My Pseudonym became Digitum Aqua. If you cannot interpret that little bit of Latin it means quite literally 'Wet Finger'. This name stayed with me for the rest of the time I broadcast the weather

on CHED 630 Radio.

The format was quite simple and rarely lasted more than three minutes. The format was that Bob Latham and I would chat for about 30 seconds, I would tell a quick joke and then as soon as I heard the exasperation in Bob's voice from my English joke, I would launch into the weather forecast. I became very well known and my acutely strong English accent was soon recognized in various public locations across Edmonton.

One joke in particular had us in a bit of a panic, but gave 630 CHED and NAIT a terrific amount of free publicity. I'll abbreviate the joke in the interests of Nugget space.

"An Indian Chief had two sons. One was called Thunder Clap and the other Falling Rock. When they came of age they were expected to go out into the bush and bag enough meat to feed the tribe for the next month. Thunder Clap went out and within weeks came back bearing a vast quantity of meat. The Indian chief was getting worried about Falling Rock. One month went by, then two, then three, no sign of Falling Rock."

"The Chief gave up in despair and finally went to he Department of Indian Affairs who agreed to help him and immediately enlisted the aid of other Government departments. "Today you can drive through the Rocky Mountains and read the way that the government helped the chief out by reading the signs "Watch out for Falling Rock!"

Bob Latham and I spun this joke for a full minute and a half. Saturday, that year, just happened to be April 1st. I received an early morning telephone call to come immediately to the station at 106 Street and 100 Avenue, for they had a crowd of about 250-300 people in hiking gear who were all eager and raring to go and look for Falling Rock!

Bob and I had quite a problem telling the crowd that Saturday was indeed April 1st and that they had unwittingly become April Fools!

nugget@oanet.com

We've joined the highway!

Everybody please take note of our new e-mail address!

If you have comments or submissions, please feel free to link up electronically. As always, remember your name and student i.d. number. Please don't send files as attachments unless they are something we can read like Word 5 for Mac!

Surf on kids.!

THE NON-NAKED NET

by Susan Fahy

Okay, so it's a stupid title, but it got your attention, which goes to show why the media has focused primarily on the more lewd and crude aspects of the Internet and largely overlooks the positive aspects of this fabulous new resource. With this column I hope to be able to relay some of the information that I glean from working close to, the Net on a daily basis. I will try to address some of the questions that student and staff send me, and point out some of the sites that might be worth a visit.

Questions and Answers

Q I hate the new Java applications that cause little pictures to leap around on my screen when I'm viewing the Internet. Is there a way to make them stop??

A You have a choice on this one. In Netscape, you can stop a Java from jumping by hitting the *ESCAPE* key. Make sure to wait until the site information has stopped loading or you will interrupt the transfer. You can permanently disable Java or JavaScript in Netscape's *Options/Network Preferences/Languages*.

Q Do NAIT students automatically get e-mail accounts??

A Basically the answer is no, but there are some exceptions. Generally students who are required to regularly use the Internet in their course work are given temporary accounts. All NAIT students have free access to the Internet information resources via the public Internet stations in the Learning Resources Centre but cannot use these machines for personal e-mail.

Searching

Take a look at the new Lycos Custom Search feature that allows you to limit your Internet search to include just Sounds or Pictures:

<http://www.lycos.com/customsearch.html>

HotBot's Expert level also allows you to choose by media type and gives a more specific selection of choices:

<http://www.hotbot.com> (Select *Expert* in the left column)

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The LRC is continuing to offer free sessions on various aspects of using the Internet. Look for posters or phone 471-8844 for a list of when they are offered. groups of 10 or more can arrange for special bookings.

Please send questions or suggestions to:

Susan Fahy, librarian
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HUMMER

ON CAMPUS

NOVEMBER 25



NAIT
FOUNDATION

ENTERTAINMENT



MIRANDA JORDAN
ENTERTAINMENT EDITOR

★ STAR PROFILE ★ MELISSA ETHERIDGE

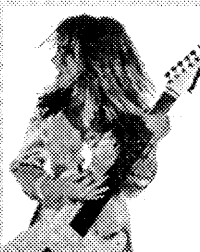
Melissa Etheridge has proven the fact that being an out lesbian does not harm a rock and roll career. In fact, as in her case, it makes it better. Eight months after coming out of the closet at the 1993 Triangle Ball, she released her fourth album *Yes I Am*, which added her to the list of music superstars.

This is one performer who has worked hard to get where she is in the music business. To date, she has released five albums. Her first album, *Melissa Etheridge*, released in 1988 hit gold status and spawned the singles *Similar Features*, *Chrome Plated Heart*, *Like the Way I Do*, *Don't You Need*, and *Bring Me Some Water*. Her second album, *Brave and Crazy*, which came out a year later also hit gold. This album, in my opinion, was better than the first. Songs like *No Souvenirs* and *Tes-*

tify really are catchy, and I still find myself playing them once in a while. *Never Enough* was released in 1992. It was dedicated to John Etheridge, Melissa's father, who died of cancer. *Never Enough*

gave us singles like *Ain't it Heavy* and 2001. Like the previous albums, *Never Enough* also reached gold status. *Yes I Am*, her most successful album to date, was next. It reached platinum status. It was the hit single *Come to my Window* that put Melissa Etheridge on the map. I'm the *Only One*, *If I Wanted To*, *I Will Never be the Same*, and *All American Girl* were also released.

Her latest album, *Your Little Secret*, was released last year. So far, three singles have been released:



Your Little Secret, *I Want to Come Over*, and *Nowhere to Go*.

Although many successful musicians are unhappy and miserable, Melissa Etheridge couldn't be happier. She lives with her lover of eight years, Julie Cypher (ex-wife of Lou Diamond Phillips). Etheridge and Cypher, a director, met on the video set of *Bring Me Some Water* in 1989, and have been together ever since.

They live in Hollywood Hills, California with their cats and dogs. Both posed naked (no it

didn't show any private parts) for PETA (People for Ethical Treatment of Animals) last year. Etheridge

received some flak, because she is not a vegetarian and because she believes that animals should be used to find cures for terminal diseases such as cancer and AIDS. Recently, Melissa Etheridge announced, on *America On-line*, that Cypher was pregnant. The baby is due at the beginning of February. Based on the ultrasound, they think that it's a girl. They

aren't disclosing any details about the pregnancy, such as how it happened etc., but the father has been rumored to be Brad Pitt (a good friend of Melissa and Julie's). This is untrue. Both Cypher and Etheridge appeared on the cover of *Newsweek's* November 4th issue with the caption *Can Gay Families Gain Acceptance?* Most people are accepting (or at least tolerant) of their decision to start a family. According to what was said in *Newsweek*, they would like to have 3 or 4 children.

If you ever have a chance to see Melissa Etheridge in concert, GO!! My sister (The biggest Melissa Etheridge fan on earth) tells me she puts all of her energy into her show, and by the end of the night, you are left with a sense of happiness and open-mindedness.

Sap Overkill

The Mirror Has Two Faces
Starring: Barbra Streisand, Jeff Bridges, Mimi Rogers, Pierce Brosnan, George Segal, Brenda Vaccaro and Lauren Bacall

Written by Richard LaGravenese,
based on the French film *Le Miroir à Deux Faces*
Directed by Barbra Streisand
Columbia Pictures

review by Miranda Jordan

As I blinked, my eyelids grew heavier and heavier as my back slid inch by inch down the back of the oh-so-comfortable theatre seat. I endured two hours of hell for Barbra Streisand's new flick, *The Mirror Has Two Faces*.

The only thing that kept the whole movie going for me was that I was expecting a hugely romantic triumph for an ending. This didn't happen, I regret to inform you.

The main focus of the movie was the lack of SEX Streisand and her husband (Jeff Bridges) have. The preview shows a clip of Streisand requesting sex from Bridges (and he spits his coffee out), but I wasn't under the impression that the whole sex-thing was going to be delved into so deeply. If this issue between these over-the-hill, desperate Columbia University professors doesn't make your stomach turn—the vanity surrounding this movie will. You'll grow tired of hearing who is pretty and who is not. Streisand's mother

(Lauren Bacall) and sister (Mimi Rogers) are both the beauties of the family; and, of course, Streisand is the ugly duckling yearning to be gorgeous. The average, plain woman evolving into a sexy vixen scheme has been played out ten times over. This change for Streisand's character is to pitch the moral that beauty is not only on the outside—it's internal—blah, blah, blah... (Heard it before, got the picture—don't judge a book by its cover, or in this case, there are two faces to the mirror.) Yay, glad I didn't miss it.

And yes, Streisand is the TYPICAL choice for this snorefest because people debate over whether she is breathtakingly beautiful or a mutt. It's a constant

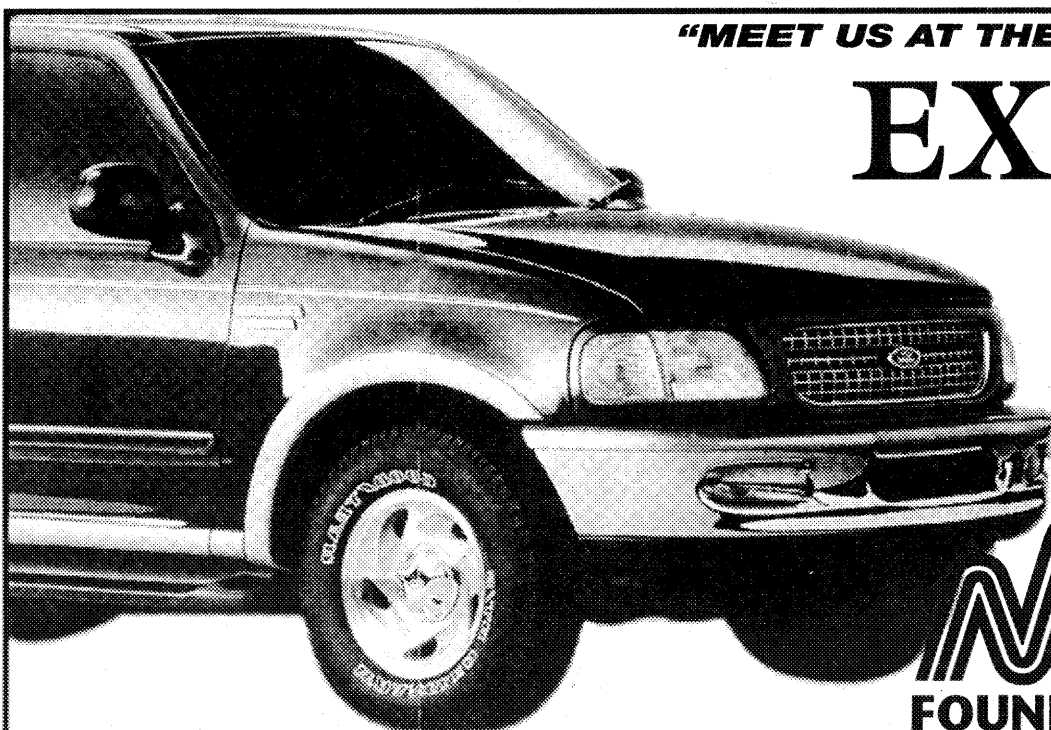
controversy. Another downfall for *The Mirror Has Two Faces* is that it's overly predictable. Any turn of event (let me think—the whole 2 or 3 of them), I totally called. Yay again for me. If the movie was just a tad better, I might consider myself accomplished as a tuned-in viewer. Aside from this, the film is BORING and TOO PERFECT, even when the chips are down.

On the upside, *The Mirror Has Two Faces* has some gratifications. The ensemble cast combine together and create debonair. All of the performances are strong; however, the most exquisite performances are by Bridges and Streisand. They give the movie all they've got, which is probably why this film was such a disappointment

to me. Also make note that the movie is well-written and the dialogue is expressed judiciously.

A sappy song that is sure to be a hit and overplayed at weddings everywhere is a duet by Barbra Streisand featuring Bryan Adams.

In conclusion, *The Mirror Has Two Faces* is highly romantic for those who crave a clean love story and is very MATURE in humor. It's a classic Cinderella-type of story where a woman who is not the pick of the litter turns into a graceful, elegant SWAN. The ending is laid on a bit too thick for my liking and some heart-wrenching moments in this film are too perfect. Basically, my bus ride home was more enjoyable, and worth more money than this bomb.



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A ONE MAN PLAY

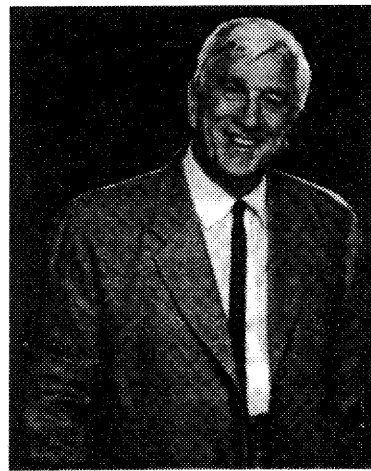
After my much-envied interview last week with Leslie Nielsen, I was not the only one who was eager to see this play. You have no idea how many times I heard "I'll be your date" and "who are you going with?" in the

past week. If only I could have taken each and every person who wanted to go. Anyway, I went (with one lucky person) and saw an excellent play. Before the play though, when I picked up my tickets and my press pack, I got a little surprise. There, in the press pack, among the other articles from the Edmonton Journal and the Sun, was the article I wrote last week! Needless to say I was shocked. And flattered.

I have one piece of advice: if you can, GO SEE THIS PLAY. It is definitely worth the ticket price, not only to see Leslie Nielsen (who is a phenomenal actor) but to see a play that spans decades of Clarence Darrow's life—a man who stood up for what he believed in, even when others looked down on him. Nielsen as Darrow talks of his parents and their influence; his first marriage; his second marriage; the trials where he defended the poor, the innocent, the oppressed; the time in his life when he was put on trial for a crime he

did not commit; the injustices in the world he doesn't understand. Nielsen talks to us, not as if he was reading a script, but freely, almost as if he was ad-libbing. Nielsen talks to us, the audience, then will go back in time and re-enact a part of a trial, or conversation, or read a snip from a telegram.

This play makes you think, laugh and smile. Tickets are available from the Citadel box office at 425-1820.



The Hip really rock, entertaining a sold-out crowd Tuesday evening at the Coliseum. See page 11 for the details.

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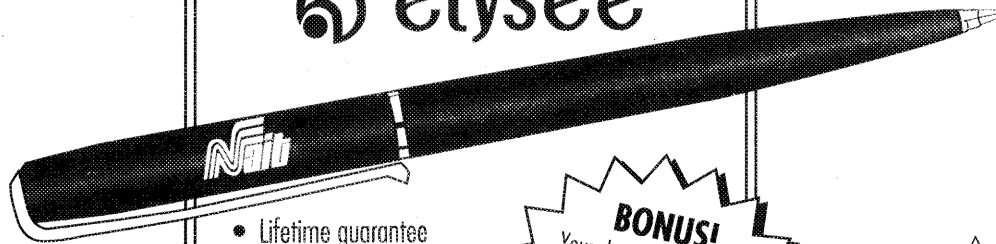
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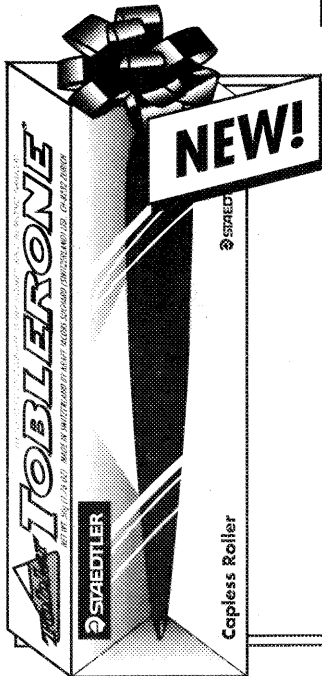
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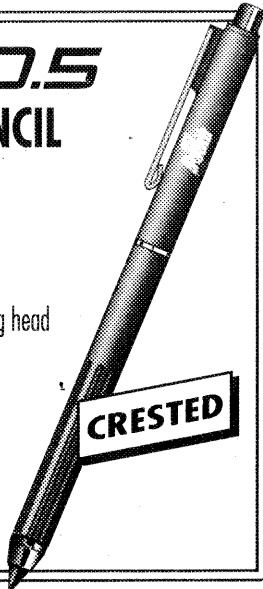
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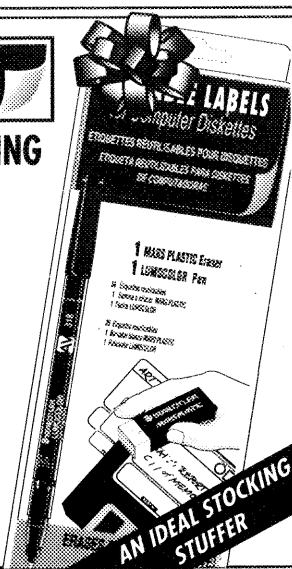
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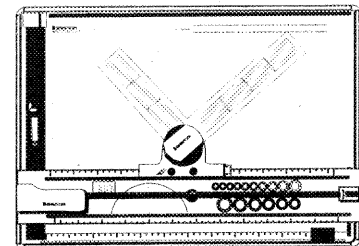


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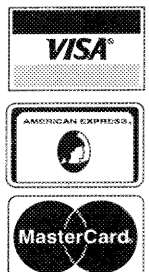
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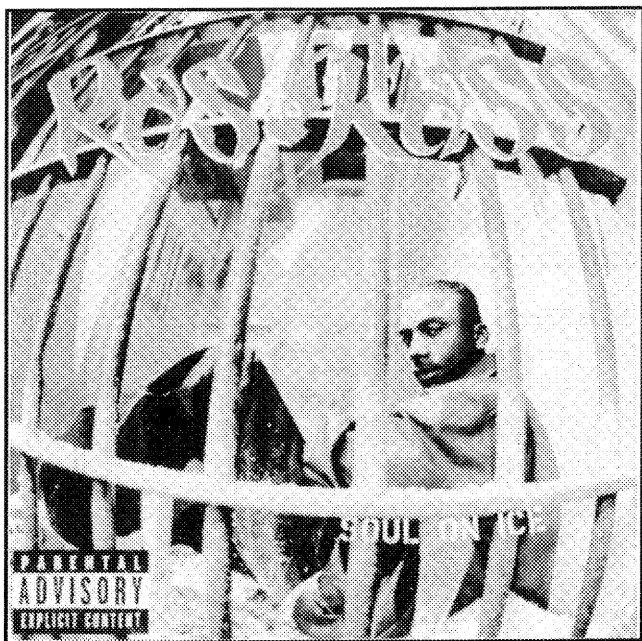
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Ras Kass

Soul On Ice
Priority Records
review by Mic

Great, another rap album released so we can hear a kid with a record deal rap about crime, drugs, alcohol and "bitches". That's what I thought when I first played this CD, and when I played a few tracks for a friend of mine, he said it sounded as if he was "just talking". So I actually sat down and listened to what Ras was "talking" about and found that Ras Kass has some real depth to his lyrics. Coming out of Carson, California, I was impressed that Ras didn't pour any more gas on the East-Coast/West-Coast fire that has been spreading through and eroding the rap industry for the past couple years. Soul On Ice is the type of album that can only be fully appreciated by true rap heads. The fact that KRS-One wanted to do the intro speaks volumes about this young 21-year-old rapper. Mind-boggling is the radical revisionist account of history in the controversial "Nature of the Threat". Lyrically it stings. If you crave more of his knowledge you can check his views on the origin of the AIDS virus in "Ordo Abchao (Order Out of Chaos)". You also get to hear the painfully honest details of his life as you relive the night he accidentally took another person's life in a car wreck, or as a young Ras covers himself with talcum powder to look white. There's even a guest appearance by Coolio on the track "Drama" which isn't the usual main-stream Coolio song, but one that talks about women in a not-so-flattering way. Production-wise the album is tight. Ras co-produces most of the album and tries new techniques like on the cut "If/Then" where he stops and starts his SP1200, a DJ sampler, so the sample plays longer at times, making it off-beat. Overall this is a very good album if you're looking for depth and originality, but not something you would take to play on a basketball court. Straight-up, it's rare to find writing this profound in contemporary urban music, if you pick this CD up make sure you listen to what Ras is saying as that is the hidden jewel in this album. Useless fact: if you look closely at the Ras Kass logo, which he drew himself, that hole in his mane is a burn mark from the end of the lit cancer stick.



311

Same Old Song and Dance
Polygram Canada
review by Jon Brenda

What do you think you would get if you asked a group of reasonably talented and intelligent musicians to try to mimic bands like The Beastie Boys, House of Pain, Rage Against the Machine, and maybe NOFX, The Red Hot Chili Peppers and Rancid? Maybe you'd have a project with hit written all over it, right? or maybe you'd get something with 'copycat' written all over it.

Well, I hope that's what happened with 311, because if it isn't, then these guys aren't even reasonably talented, intelligent musicians. While I'm sure their producers figured this had 'hit written all over it', I think most people will find it unlistenable.

If there is one good thing about this album, it's the cover artwork. There's some neat little aliens, a picture of Jupiter and the Galilean moons, and hey, there's a picture of the band pretending to be The Red Hot Chili Peppers! Actually, like Minette with "Automatic 7", the reason I picked this one was because of the cover artwork. Unfortunately, also like Minette, I've discovered that's a pretty poor way to pick music.

If you like any of those bands I mentioned in the first paragraph, don't hesitate to buy their albums — they're really good. As for 311 though, maybe they'll tell their record producers to take a hike in the future, but for now, this album sucks.

Booming Airplanes

Yarn
EMI Records
review by Nerissa Fletcher

The word bland comes to mind. Not good, not bad, just bland. Let me define bland. Bland is 12 songs sung in the same key with the same type of lyrics and the same background harmony. One gets the distinctive impression that this is the group's very first CD.

To be objective, I must admit that I liked the song "Shooting Star." The lyrics were rather creative. In fact, the whole CD isn't too bad if you don't listen to all the songs at once. Try one a day for best results.

The last song, "Stares," almost broke up the monotony. It was performed by Ruth Minnikin, the only girl in the group. For the other 11 songs, Ruth meekly harmonizes with the other band members.

Booming Airplanes write and produce their own songs proving that they are not without talent...just direction. With a big-name producer and a little more variety they would have a shot at successfully merging into the musical world. The actual CD is rigged for computer multimedia as well as normal compact disk players, so that's another bonus.

To sum it up, grab Booming Airplanes if you're trying to fill your Columbia House quota or if you're on a buying binge for something ... bland.



Tracy Chapman

New Beginning
WEA Records
review by Minette Brese

Do you find that most of your CD's have 3 or 4 songs that you like, but the rest of the album is just filler? Then, it is definitely time to spruce up your CD collection, and what a better way to do it than with Tracy Chapman's "New Beginning." In my opinion, Tracy Chapman has the voice of an angel and passionate lyrics to match. When I hear her sing, I have heavenly visions (sort of like the Philadelphia Creamcheese Commercials) of fluffy clouds and fleeting angels. Tracy's first single "Give Me One Reason", a bluesy-tounge-in-cheek tune, has managed to push her into the Top 40 Charts.

But where has Tracy been? You may remember her 1988 self-titled album in which she exploded into the music scene with this such as "Talkin' About a Revolution" and "Fast Car". Soon thereafter she mysteriously disappeared. I thought she had gone to join Corey Hart, Platinum Blonde and Culture Club down at the "1980's Graveyard", but thank God I was wrong. "New Beginning" is an album overflowing with soft-spoken love songs, mellow lyrics and smooth acoustic guitar. Indeed, I enjoyed the whole album and even found myself hitting the repeat button on songs like "Smoke and Ashes", "Cold Feet" and "Remember the Tinman". I get the feeling Tracy has been doing some serious soul searching as is revealed in the tune "...at this point in my life although I've mostly walked in the shadows, I'm searching for the light. I've been climbing stairs, but mostly stumbling down...reaching high but always losing ground."

Tracy's latest effort is not an album you should listen to by yourself. So, invite that special someone over, light the fireplace and let Tracy's sultry voice carry you away. I guarantee you will be seeing angels too.

The Mouse Takes The Cheese

The Cheese
Flip Your Lid
with Owen McCarthy, Ben Toro, Joel B. Cannon
and Brian Gabriel
CURB Records

review by Tiffany Akins

Okay, I admit it. I only write music reviews so I can get free CD's. Well this time it backfired. I got an album that I wouldn't even pay for anyway.

Usually I can find something positive to say about a band. Not this time. Well...the members are cute. "The Cheese" are a bunch of guys from New Jersey who've watched too many pornos. They're a bad version of Guns N' Roses and Queen with tacky porno soundtrack guitar riffs.

So if you see a slightly used "The Cheese" CD at Sonix, don't waste your money. Cheese it is.



Mazzy Amazing

Mazzy Star
Among my Swan
Hope Sandoval-vocals, harmonica, & percussion
David Roback-guitars, keyboards
William Cooper-strings
Keith Mitchell-drums
Jim Emery-bass
Capitol Records
review by Miranda Jordan

One of the most enigmatic presences on the contemporary music scene, MAZZY STAR still thrives intrepidly with their third album release, "Among My Swan." "Flowers in December" is the new single and carries the seductive tone that all of their songs do. Hope Sandoval's clear, lingering voice, along with the dreamy chimes featured, is the greatest attraction, making this California-based band unrivaled.

This album —and the best as of yet—includes 12 passionate, simplistic (not stupid) tunes. The lyrics are distinguished. The songs that I approved of best on the album were "Look On Down From The Bridge", and "Flowers In December". Every song is so gradual and mellow that you can almost forget it's playing because it just blends in as if you were laid back in a pub. "Take Everything" is the only song that is a little faster (at certain interludes) with heavier instrumental backup—but don't misunderstand—it still coincides with the "wallowing in my feelings" theme. A song called "Umbilical" is the lowest song on the album. It's just a little TRIPPY. Eerie, really. And....NICE TITLE.

Because of the mellow-ness of this album—some might argue that it is downright depressing. It's true the songs are slow enough to sidetrack your thoughts as you hang off of every word sung, but they will not MAKE you depressed. On the other hand, I wouldn't recommend listening to it if you ARE depressed. It's not exactly pick-me-up material. Especially a song called "Cry, Cry." You could get consumed in self-pity.

"Among My Swan" is not for everybody. It's easy listening but not completely versatile. It's happy and bitter. Pure loneliness and exclusive up and down emotion. Give it a listen if it's your bent, but refrain if you hate so-called "deepness."

The Tragically Hip

THE TROUBLE AT THE HENHOUSE TOUR

with the Rheostatics
at the Edmonton Coliseum
Tuesday, November 12 and
Wednesday, November 13

review by
Scott "Elvis Thing" Hayes

Obviously, I do not need to mention that these concerts were well publicized. Albeit most people wanted to go anyway but the radio stations and the major press insisted on mentioning it every two minutes. Hell, The Bear practically became the "All Hip Station."

So, semantics aside, I enjoyed myself. That's putting it very mildly by the way. Every time I hear a TH song now, I start belting it out in some sort of rock day-dream fantasy that I torture myself with occasionally. It has two manifestations: I'm in the audience at the show and in the middle of one of the songs the spotlight comes on me and I sing perfectly the lyrics to an incomprehensible section that no one else was able to understand and they're all totally amazed with; that, or I get to join the band on stage to crank out a few rockers and I do my famous twitch right beside Gord and we look just like damn twins. People ask for my autograph later and a record deal is signed by the end of the week.

Obviously I'm a nutcase but I hope this review does justice to my true intentions.

I missed the Rheostatics to get in on some free pizza but I did see them live 2 years ago at the U of A

in front of a crowd of 200 in an outdoor park type setting. They rocked then and I'm sure that they rocked now. They've got a new album out that I'm looking forward to hearing. How's that for unambiguous, unbiased, unresearched reporting! Whew! I'm exhausted.

So, enough small talk. The Hip was in town. Twice. It's always nice to have two hips, that's what I always say. I don't make a habit of going to these large acts - Meat Loaf was large but in a different way and Genesis didn't even fill the Stadium. The Stones were kinda interesting but I had to sit amidst a crowd of 50-year old pot heads plying their teenaged dream trades. Yechhh! That was a concert that left a bitter taste in your mouth. At least they played loud.

Hip. Focus on the Hip.

So I can only reckon this concert to a religious experience. It was truly spiritual. The boys on stage took you from your valleys and put you on top of mountains, only to let you recede

*...I can only
reckon this
concert to a
religious
experience.*

into the valley again to appreciate everything. The music crashed over us like the waves of a massive tsunami. This might have looked like arena rock, what with the 4 guitars and drum centralized band playing, but it was really beautiful.

Gord was in fine form. I'd only ever seen him from the videos and all and it turns out that he really is manic, introspective, and as carefree as he seems from the t.v.. He'd get into his little groove mode and start twitching his head like there's a mosquito on his ear and he has no arms to swat it, and then he'd start dancing on one leg while the other is just up in the air, bent, like he was being taught a silly walk but the lesson was cut short halfway. He's on stage singing but you can see that deep down it's all just therapy to him. And we are all participants in this group session. Hope we helped you tame the demons, G.

The light

show accompanying the music was pretty cool too. Although I wasn't totally focused on it, it was obvious that someone actually spent time designing patterns in laser light for the zoned out crowd to look at on the ceiling. A multimedia experience.

My only regret for the show is that I didn't have better ears. I guess it's tradition for TH that during the middle of a song and everything's trippy and all that, Gord'll start going on a major tangent and just do some stream of consciousness rap about something totally unrelated. You've probably heard the KillerWhale-Tank thing he did during the middle of New Orleans is Sinking. Well, he did the same damn thing for this show, for several songs as a matter of fact. But me with my ears of clay, I couldn't hear bloody one word he was saying. I felt like I was missing the best part. Oh well.

So the conclusion that I have reached is this: AMAZING! I should've been doing this all along. The Tragically Hip have always chronicled the myth of Canadiana (even more so than Bachman Turner Overdrive did years ago) and brought it to new heights but not in a dull boorish way but rather with clever lyrics that defy the aging of time and musicianry that makes their songs identifiable and highly popular. They are Caradians and obviously damn proud of it. Toques off to you and thanks for the show.



Photos courtesy of Sam Leung

HOW'S MY
DRIVING?

I've never been an Editor of a newspaper before, and although I work hard at it, I still don't have the second person point of view that you all do. I need feedback!

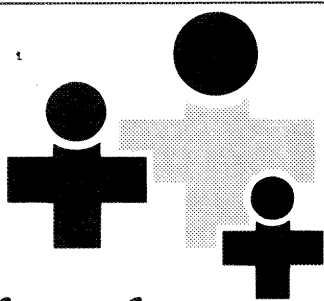
So tell me how I'm driving? Things you like, things you don't, things you'd like to see, things you'd like to see go, anything and everything in general.

Drop off comments to E-128 or leave me a message at 471-7617.

The year's rushing right on by and I'd like to make the paper as ass-kickin' as possible before sayonara time in April.

Talk to me. I don't bite.—Scott Hayes, EiC

*Blood
Donors are...*



Friends for Life

Please donate blood at:

N.A.I.T.

North Lobby
(Near Main Cafeteria)
11762 - 106 Street

Thursday, November 28, 1996

Friday, November 29, 1996

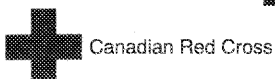
10:30 - 1:30 pm

Please eat a low fat meal prior to donating and bring picture ID.

1896 1996

Information regarding medical eligibility: 431-0202, ext 216

Friends for Life

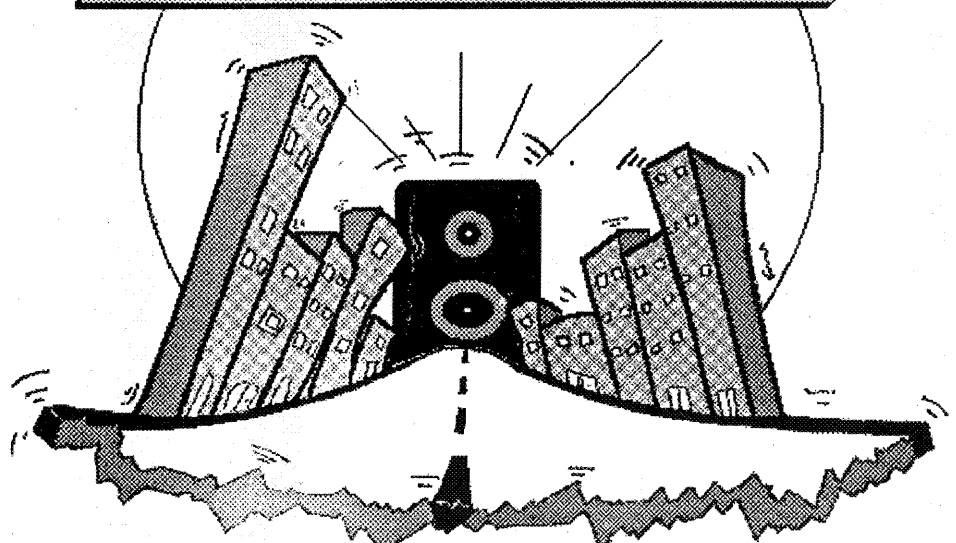


Canadian Red Cross

TOMORROW

PLAYBACK LTD
PRES-

"WINNER OF THE YEAR"



R&B

DANCE PARTY

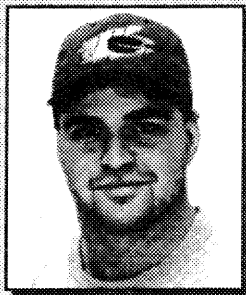
WHERE: THE 'NEST' (NAIT CAMPUS).

WHEN: FRIDAY 9:30pm NOV.22nd.

COVER: \$3.00

S P O R T S

RANDOM THOUGHTS FROM AN EMPTY HEAD



WADE FENNIG
SPORTS EDITOR

Pre-Christmas Gift FOR YOURSELF

by Manny Fernandez, Jr.

As the world's most celebrated holidays get closer, we all know that with it comes the rigors of taking off those extra pounds once the New Year's festivities are over. Let's get a jump on all these activities and enjoy the holidays without the guilt.

The Campus Sport & Wellness Department has added new equipment in the weight room. There is now a state of the art treadmill for those who find running outside a little too cold and dangerous. We also sport a Cross Cable Set for those who want to work out their whole body without the hassles of equipment adjustments and use. Along with a heavier Lat, pulldown and Pec Deck machines there is a new Leg Curl Machine as well as a Back Extension Station.

All equipment is for the use of all staff and students. We provide, free of charge, instructions for your safety as well as the proper operation of the equipment. Fitness Appraisals and consultations are available at nominal fees (book appointments in RM. E-134). Weight room Supervisors are available from 11:30 am to 1:00 pm Monday to Friday and 3:00 pm

to 5:00 pm Monday to Thursday. During these times the supervisors provide guidance and assistance to all privileged weight room users. These users are identified by their Athletic Wrist Bands or Shoe Tags which everyone is required to wear while using the weight room facilities. To show respect to everyone, please share the equipment with others; especially during busy times. Remember to replace the equipment in its proper place when you are finished with it. Everyone is required to wear shoes for safety, as well as hygienic reasons, regardless of their security of your belongings. We encourage everyone to observe and practice personal hygiene.

There is no better time, to start your fitness program, than the present! You will enjoy the festive season even more without thinking of how hard you will have to work out later because you took that extra delicious bite.

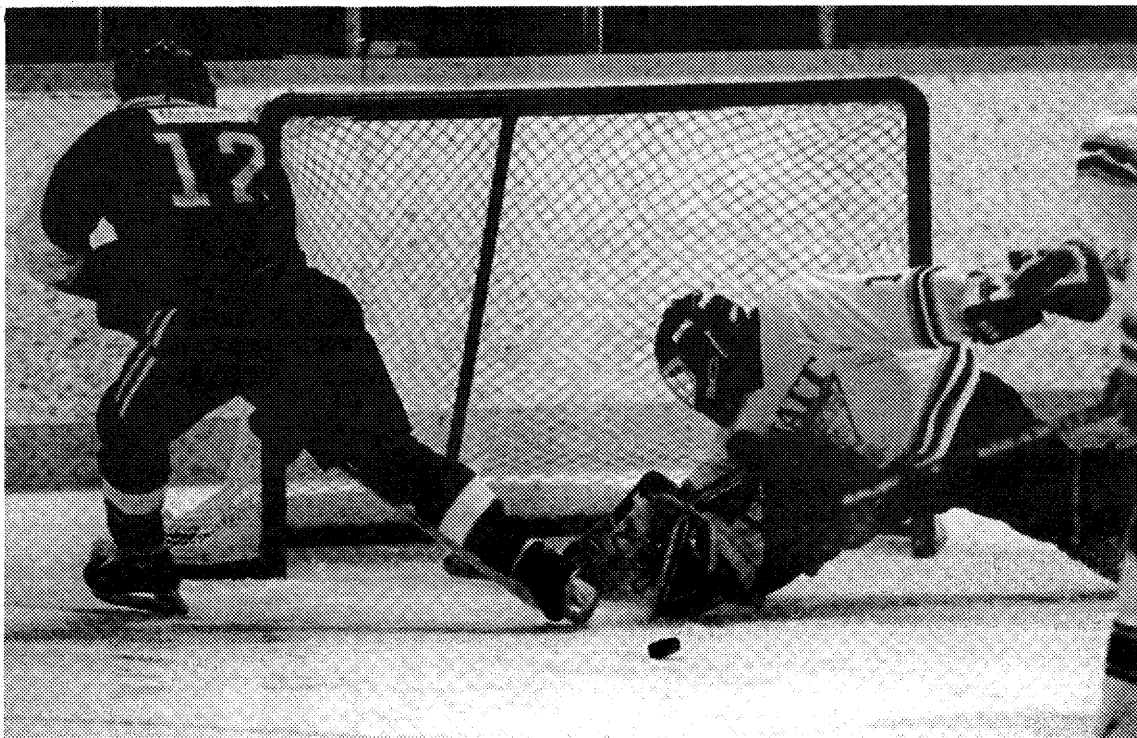
Just as an extra motivation, you'll be able to fit into those presents (clothing) much sooner.

The Weight room is open:
7:00 am to 10:00 pm Mon-Fri.
10:00am to 5:00 pm Sat.
1:00 pm to 5:00 pm Sun.
Closed on Long Weekends

The underdog was out howling once again on Sunday. Our very own Edmonton Eskimos shocked the Stampeders and the entire city of Calgary 15-12 at McMahon Stadium. Cowtown is once again grieving over what might have been. Another season of broken promises has come and gone. The Stamps have become the Detroit Red Wings of the CFL. While putting up astronomical records during the regular season, they have little to show for it (1 Grey Cup over the past six years). They do not have the luxury to blame it on having too many Russians, so what seems to be the problem? Honestly, who cares? But a point should be made because it's Calgary that they have no intestinal fortitude whatsoever when it comes to big games. Any

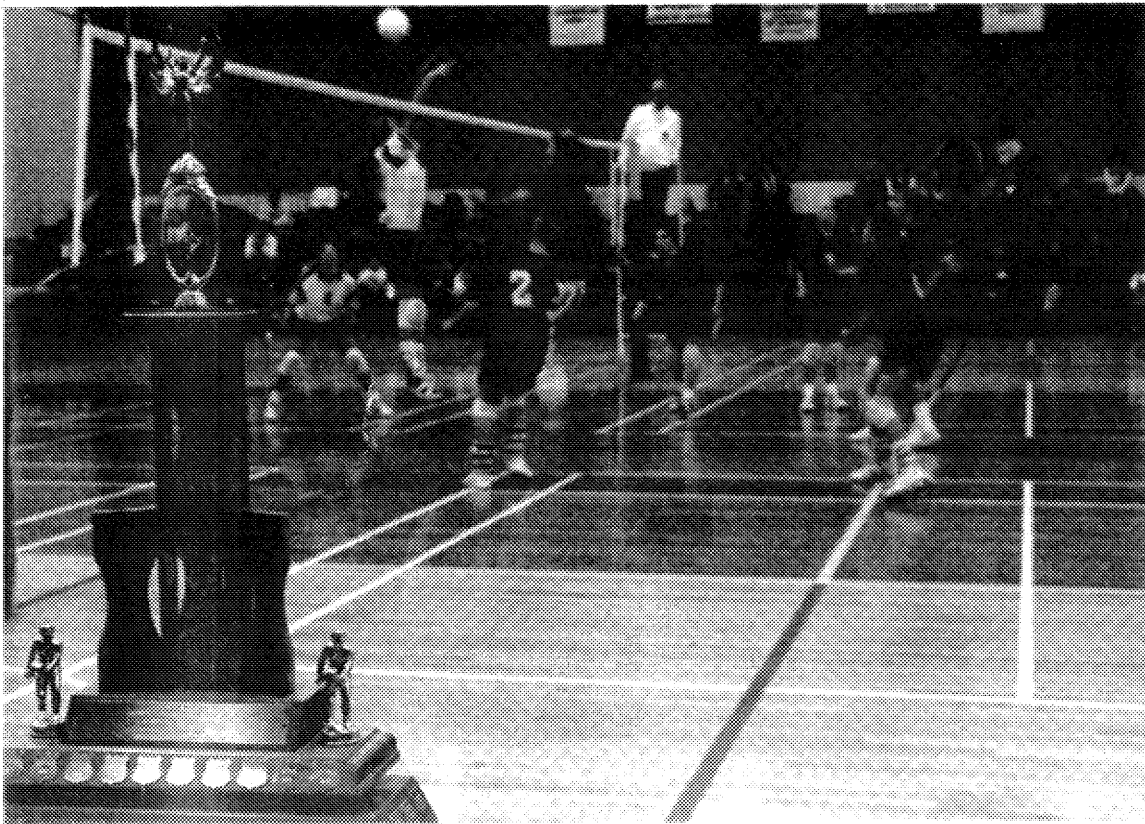
pressure and they fold up like the proverbial card table. But let's remove ourselves from the topic of the Stamps, who are having their "dirt nap", and focus the attention to the Eskies. After being trounced down in Loserville last year, the boys came out in the snow and gave 'em nothing. In a nasty weathered defensive battle, they came out one field goal ahead. It truly was a hard fought game worthy of the Battle of Alberta. The Esks have done it with grit all season (excluding the ass-kicking they gave Winnipeg). They have shown that hard work and character can produce victories. Each member, from Rod Connop to Danny McManus to Willie Pless to Sean Flemming has paid the price and put their balls on a plate for one another.

All that's left between them and the Grey Cup is the Toronto Argonauts. Yes that's Doug Flutie and the....well, I think you get the picture. It ain't getting any easier, that's for certain. This club absolutely for opened up a can of whoopass on Montreal last weekend. They're an offensive powerhouse that presently has all it's weapons fully loaded. All that remains now is the game. Where individual achievements are only measured by team success. Where sacrifice is eminent. Where all that matters is getting that Cup and whatever it takes to get it is worth it. Only one TEAM will be left standing. Only one team will bask in the glory. To the Eskies....Make us proud and bring that sucker home where it belongs. To Edmonton, The City of Champions.



The Oaks goalie, Dave Pirnak makes a sizzling save, denying Viking's forward Glen Morrison the goal in last Friday's game. The Oaks came from behind and took the game 6-5.

Photos courtesy of Sam Leung



The Oaks Volleyball Teams hosted the Edmonton High School Volleyball Tournament during the weekend. These two Junior High School teams fought it out for this terrific trophy.

INTRAMURAL WINNERS

Women's Volleyball SOHS
Men's Soccer SOACT
Archery SOACT
Co-ed table tennis Geomatics
Women's broom ball SOREM
Walleyball SOHS

HOCKEY

NAIT
Oaks
The Journal
Action

Friday Nov. 29th - 7:00 pm
Mount Royal College Cougars

Lady Ooks Smokin'

MEN FALL JUST SHORT

by Wade Fennig

On Thursday November 14, our OOK basketball teams opened up their seasons at home against Kings College Eagles. A strong home crowd cheered our ladies on in the opener, which they led from start to finish, winning 63-38. Cherie Travis led the way with thirty points. Thirty-two if you include the basket she scored on her own basket. On a rather embarrassing play, Travis was humbled after she inadvertently lost sense of direction and went coast to

coast for the lay-up (the basket incidentally did not count). With a calm smile and red face she consequently romped all over the Eagles every time she touched the ball for the rest of the night. On Friday, Travis led the way again at Kings College, scoring 19 in a 69-49 victory and reportedly did not "lose her sense of direction". She was unavailable for comment on her weekend. Coach Gregg Meropoulos was "pleased but not satisfied" with his club's performance.

The men did not quite fair as

well on the weekend. On Thursday, they lost a hard fought 91-85 decision at the hands of the Eagles. Greg Dedeugd led the way with 19 points. In a game where the guys trailed by as much as twenty points, a lot of guts were shown to come back and make it close. On Friday at Kings College, the OOKS were stricken by a hot shooting Eagles club, losing 114-64.

Both clubs hope to improve on their records this weekend against Grant MacEwan. Catch them at home on Saturday night. Come on out and have a few wobbleys and bellow your head off for them. They need your support.

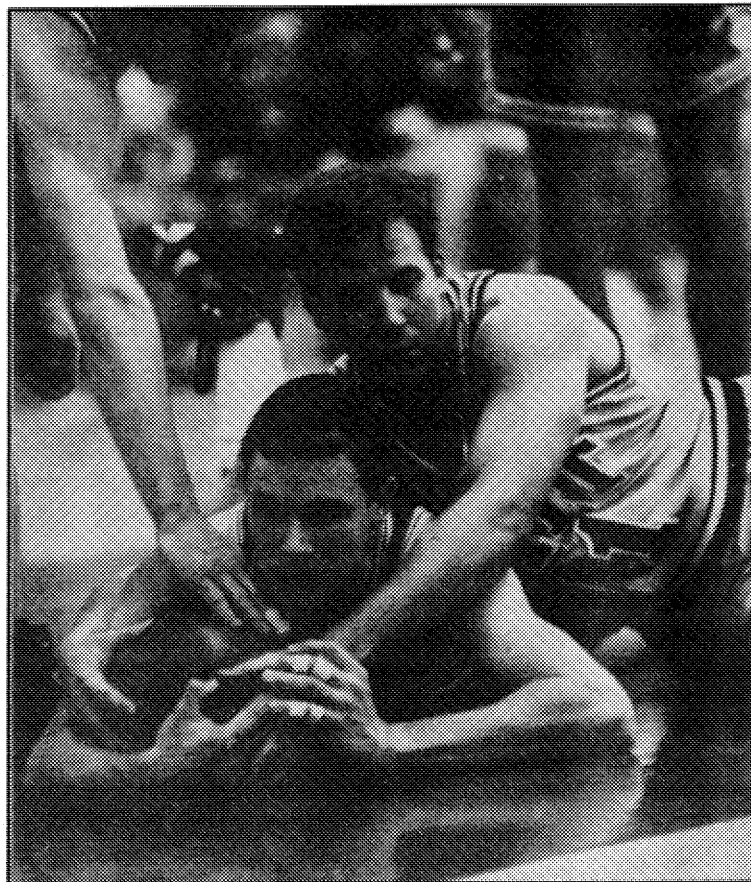
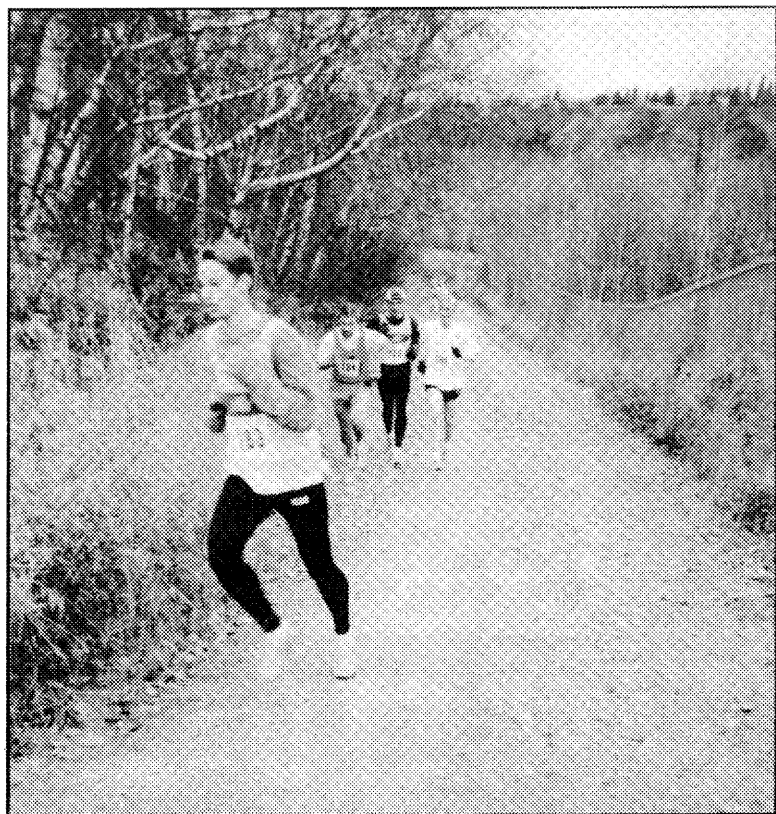


photo courtesy of Edward Parsons/Phox Photography

Who says basketball isn't a contact sport. Ooks forward, Sean Wrobel, plays "pile-on" in last Thursday's game.



Jon McFee on the 10 km course for the Alberta-B.C. Cross-Country Championships.

Cross-Country Running

TEAM FINISHES SEASON IN KELOWNA

by Coach John Reeves, Co-Coach Frank McNamara and Asst. Coach Patti Cameron.

NAIT placed two runners on the Alberta team from the Interprovincial Cross-Country running meet held in Kelowna on Nov. 3/96.

Jon McFee and Neale Hargreaves placed 5th and 8th on the 10 km course for the Alberta-B.C. Cross-Country Championships. The Alberta Men's and Women's Teams both placed first against their B.C. Colleges' counterparts.

This is the 8th annual staging of this event. It is hoped that it will eventually lead to a Canadian Championship in Cross-Country running. Next year we look forward to Ontario joining the Championship so that a true Canadian contest can take place.

In the men's race Alberta easily out-pointed B.C. by 51 to 19. Matt Normington of GMCC was the winner in 32:07. The men's team was made up from 8 Alberta Colleges and Institutes and was drawn from the best runners at the ACAC Championships held in Edmonton and hosted by NAIT on Oct. 19.

The women's 4 km race was

won by Amanda Woodcock of SAIT in 14:49. The Alberta women's team also out-pointed B.C. by 13 to 3. Unfortunately NAIT was not represented on the women's team as none of NAIT's women runners placed in the top 15 at the ACAC finals.

This joint venture for the Alberta Colleges was a quick trip by van and bus to Kelowna. The NAIT athletes and coaches left NAIT at 5am on Saturday morning arrived in Kelowna at about 4pm on Saturday, raced at 10am on Sunday morning then left again at 2pm to arrive back at NAIT at 3am on Monday morning. It was a long quick trip but it was worth it. The NAIT runners Jon and Neale put in great performances to help the Alberta team win the trophy.

The Cross-Country Team now looks forward to Cross-Country skiing. With the great snow we are already on skis and working on our technique. If you are interested in giving it a try come and join us on Mondays and Wednesdays. We supply the equipment, you supply the desire. We meet in front of the gym at 4:30pm. Come and give it a try.

ANOTHER WORD FROM PROMO-VILLE

Fans, Fans, Fans, that's all I can say about what showed up on Thursday for the homeopeners of our Ladies' and Men's Basketball teams. 273 to be exact, and they were not disappointed.

Our Lady Ooks defeated the TKUC Eagles by 30 and our men's team came up a little short but did not fail in the dramatic ending department, pushing the clock right to the final buzzer.

One of the highlights was a very entertaining mini-mite basketball game between two teams from the Gold Bar Basketball

club. Even though the baskets must have seemed to take an eternity, both groups of youngsters managed to pot some hoops.

Coincidentally, Lady Head Coach Gregg Meropoulos's daughter was one of the players on the court. Look for this to be a fairly regular happening at basketball and possibly hockey games.

Special thanks to all the Intercollegiate team members that showed up, both the Hockey and Volleyball programs received Large Boston Pizzas for having 10

members attending.

Friday, Nov.29th is the start of our final 1st term Intercollegiate weekend, Hockey will be playing their arch rival Mount Royal Cougars, and Basketball will be playing the Grande Prairie Wolves, look for special giveaways at the game, in the Nest and around campus. Let's finish off the '96 year with a continued amount of support.

For all Techs, there will be Intramural incentives, and we will also be handing out free C.D.s to a certain amount of first customers.

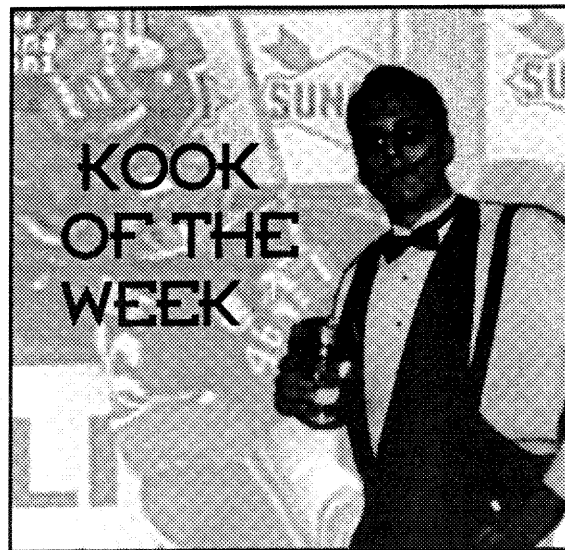
DARBY "COKE MACHINE" WALKER'S

Tony Twist

Position: Left Wing
Shoots: Left
Height: 6'1"
Weight: 212 lbs
Birth Date: 05/09/68
Place of Birth: SASKATOON, SK
Currently Resides: Creve Coeur, MO
Year Drafted: 1988
Round Drafted: 9
Overall Choice: 177
Sweater Number: 18
Current Status: On the Roster (as of November 15, 1996)



With Probey getting on in his years, "TWISTER" is one of the definite contenders for heavyweight champ. He's the only ice cop who conditions his knuckles by banging them on the floor in his spare time to get them used to the swelling. He'll only get in one punch for your three or four but when he hits you it's with a nuclear missile; just ask "Sugar" Rob Ray: his eyes were welded shut for two weeks last year after a bout with the "TWISTER."



Career Stats for Anthony Twist

Regular Season													
Season	Team	League	GP	G	A	TP	PIM	+/-	PP	SH	GW	GT	Shots Pct
1987-88	SASK	WHL	55	1	8	9	226	0	0	0	0	0	0.00
1988-89	PEOR	IHL	67	3	8	11	312	0	0	0	0	0	0.00
1989-90	PEOR	IHL	36	1	5	6	200	0	0	0	0	0	0.00
1989-90	SLOU	NHL	28	0	0	0	124	-2	0	0	0	2	0.00
1990-91	QUEB	NHL	24	0	0	0	104	-4	0	0	0	2	0.00
1990-91	PEOR	IHL	38	2	10	12	244	0	0	0	0	0	0.00
1991-92	QUEB	NHL	44	0	1	1	164	-3	0	0	0	9	0.00
1992-93	QUEB	NHL	34	0	2	2	64	0	0	0	0	14	0.00
1993-94	QUEB	NHL	49	0	4	4	101	-1	0	0	0	15	0.00
1994-95	SLOU	NHL	28	3	0	3	89	0	0	0	1	8	37.50
1995-96	SLOU	NHL	51	3	2	5	100	-1	0	0	1	12	25.00
NHL TOT NHL			258	6	9	15	746-11	0	0	2	0	62	

HOCKEY OOKS SWEEP AUGUSTANA

by Wade Fennig

After successfully defeating the Augustana College Vikings 6-5 and 8-6 over the weekend, we improved our record to 5 and 5. Backstopped by a stellar 37-save performance from Dave "Space-man" Pirnak in game 1 at home, we were allowed to fight back from a 2-0 deficit and get back into the game. The line of rookies Andrew Hore, Trevor Hart, and Brett Phare gave us some spark when we needed it in the second period. Meanwhile our unknown "heavy" Brad Cartwright dropped the mitts and lived in a fierce battle with Bill LaForge Jr. We went into the third period down 4-3 and came out with a 6-5 victory. Some guy named Wade Fennig scored two goals in the third including the winner.

Game 1

OOKS 6 Augustana 5

1st Period

1. Augustana, Stephan (Suzuki) 9:05 (pp)
2. Augustana, Seifreid (Stephan, Peters) 16:33

2nd period

3. NAIT, Jason Day (Trevor Ruptash, Randy Polacik) 1:26 (pp)
4. Augustana, Suzuki (Misura, Seifreid) 4:09 (pp)
5. NAIT, Randy Polacik (Brett Phare, Andrew Hore) 10:43
6. NAIT, Andrew Hore (Trevor Hart, Brett Phare) 18:48
7. Augustana, Stephan (Shaw, Nault) 19:51

3rd Period

8. NAIT, Wade Fennig (Trevor Ball, Derek Damery) 0:18
9. Augustana, Knight (McClain, Misura) 6:19
10. NAIT, Keith Randall (Don Dunnigan, Sandro Pisani) 15:13 (pp)

11. NAIT, Wade Fennig (Sandro Pisani, Trevor Ball) 17:31

Goaltenders

NAIT, Dave Pirnak 37 Saves, Augustana Hrabchuck 29 Saves

In Game 2, we once again got off to a very slow start, but never quit battling. Two goal efforts from Randy Polacik and Sandro Pisani paced us along the way. Trevor Hart put us ahead to stay on a dandy deflection of Jon Jenners' point shot. Although our defensive play over the course of the weekend was at times scary, we shut them down when it

counted with timely saves from both Pirny and Mitch "NED" Walker. Our ability to come back in third period to win both games shows us there is a no quit attitude developing. Unfortunately it reminds us to start a little quicker so we don't have to put ourselves in that position. Heading into our only game this weekend against SAIT, things in camp remain positive. If we want to move up the standings, it's a game we have to have. Knowing we stunk the rink out last time we were there should be enough motivation all by itself to ensure we put out our best efforts.

Game 2

OOKS 8 Augustana 6

1st Period

1. Aug., Laforge (Knight) 19:04
2. Aug., Deuling (Shaw, Seifried) 4:04

3. NAIT, Randy Polacik (Wade Fennig, Aaron Boucher) 2:59

2nd Period

4. NAIT, Sandro Pisani (Trevor Ball, Wade Fennig) 19:09
5. NAIT, Kyle Fychulak (Trevor Hart) 16:18

6. Augustana, Laforge (Knight, Shaw) 10:58
7. NAIT, Trevor Ball (Derek Damery, Wade Fennig) 6:42

8. Augustana, Horsky (Peters) 4:30

9. Augustana, Misura (McClain, Stephan) 4:10

3rd Period

10. NAIT, Randy Polacik (Aaron Boucher) 17:03

11. Augustana, Stephan (Shaw, Suzuki) 10:53 (pp)

12. NAIT, Sandro Pisani (Trevor Hart, Derek Damery) 9:55

13. NAIT, Trevor Hart (Jon Jenner, Andrew Hore) 9:28

14. NAIT Wade Fennig (Trevor Ball, Randy Polacik) 0:10 (en)

Goaltenders

NAIT Dave Pirnak 7 Saves—hurt relieved by Mitch Walker 22 Saves

One Flew Over The Ooks Nest

By Wade Fennig

Seeing as it is Alcohol Awareness week, I felt it absolutely necessary to make a contribution via this column. If you've been a faithful reader, you're probably thinking that's like Enrico Ciccone promoting the new obstruction rules in the NHL. It makes no sense. Well my twisted head has found a way to continue to worship my god John Molson while still barely staying within the guidelines of good taste. Without any further ado, I'd like to present to you a few of my favorite beverages I don't mind having when I'm drinking responsibly..

The Paul Coffey and Baileys—An excellent choice while enjoying outdoor activities such as ice fishing, tobogganing etc. Please be sure you have a designated driver in either case and especially when skidooring.

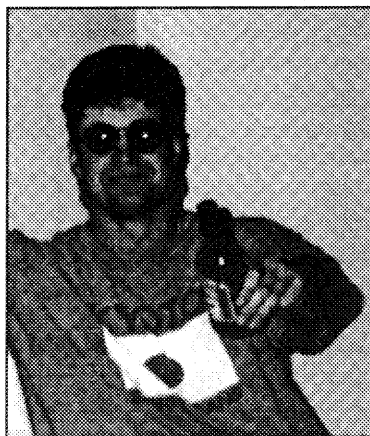
The Louie DeBrusk Shirley

Temple—A non alcoholic option that isn't recommended by nutritionists or kooks looking to get tough. However on a night where you are the driver or just plan to hold on, this could be your fix..

The Scott Stevens Scotch on the Rocks—Similar to being mowed over by Stevens, have one of these and you'll have had enough.

The Todd Marchant Virgin Caesar—named after him because while he has all the spice, speed and zip, he misses the intoxicating finish like that of vodka.

The Sergei Makarov Diet Coke—After reporting to the Dallas Stars at 210 pounds, you understand

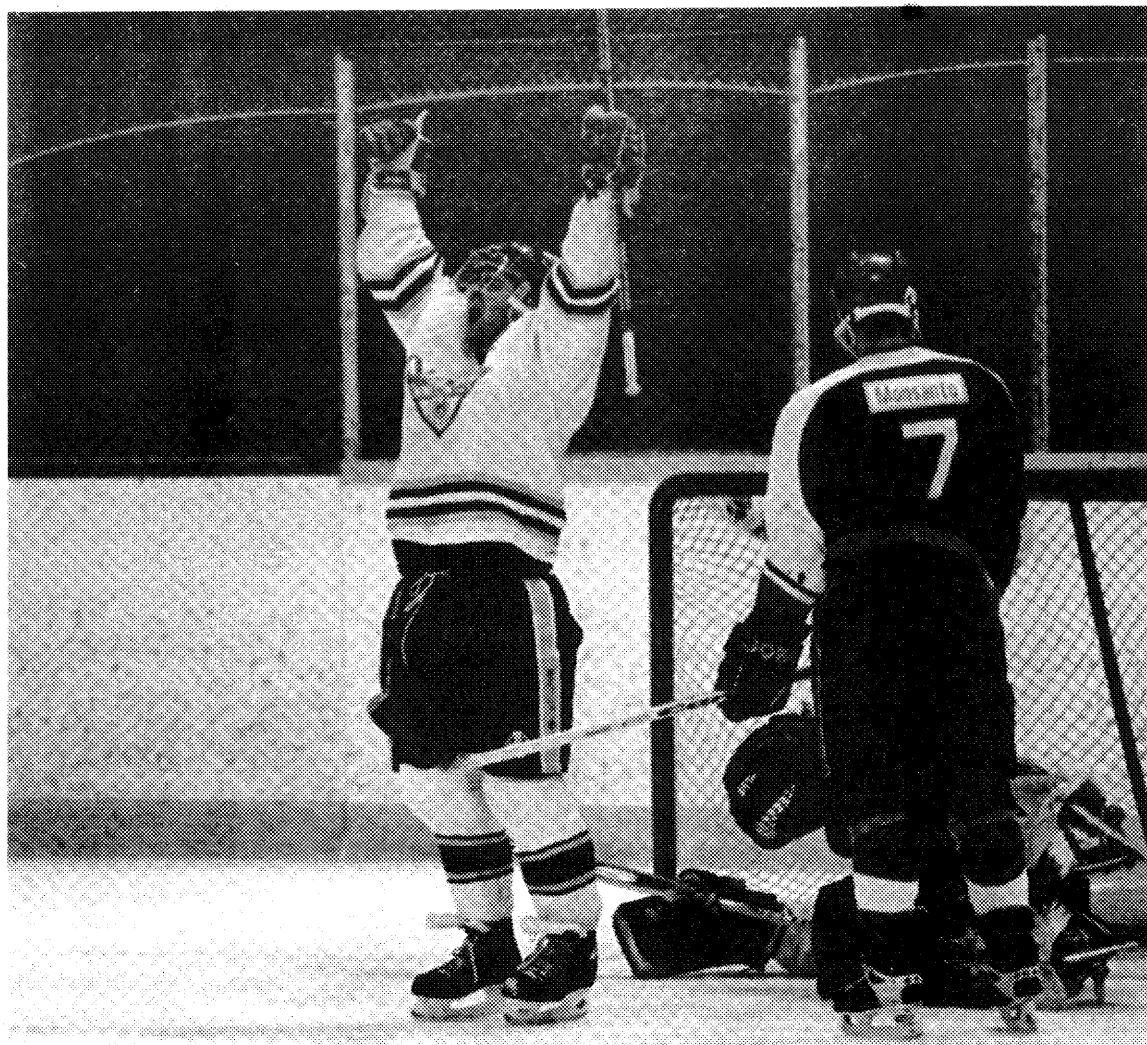


why the drink bears his name.

The Petr Klima Labatt .5 Non Alcoholic Beer—while looking like a real beer on the outside this resembles Klima in the way that it lacks the internal stuff to

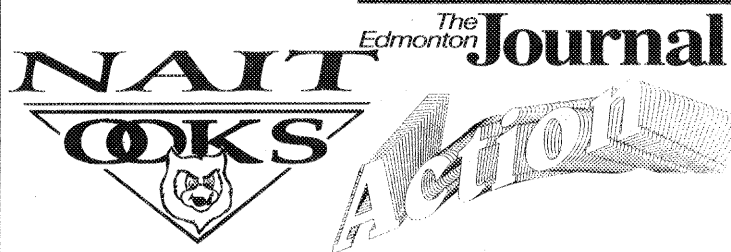
be truly a great beverage. Thus another alternative.

So there you have it. While unable to curb myself from going over the edge every once in a while, I hope a few of these beverages will find a place in your life on the occasions you decide to drink responsibly. As for myself this weekend, following our game in SAIT on Friday is our rookie party on Saturday. Nuff said.....I LOVE THIS GAME!

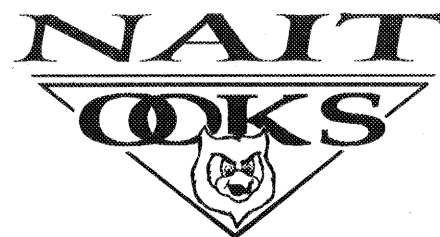


Ooks Captain, (and Nugget Sports Editor) Wade Fennig yells his signature line "I LOVE THIS GAME!" after scoring the game winner late in the third against the Augustana Vikings.

BASKETBALL



Saturday, Nov. 23rd - Women @ 6:30 pm - Men @ 8:00
Grant MacEwan Community College Griffins



RAH RAH T-SHIRTS

Great for workouts!
\$10.00

WINNING NUMBERS DRAWN ONCE A WEEK

WEEK 1 WEEK 2 WEEK 3 WEEK 4

43 72 57 27

T-shirts and prizes available
at Student Services - E 134

WIN*WIN*WIN*WIN*WIN*WIN*WIN*WIN*WIN*WIN



To the SLOBS that eat lunch at the upstairs X-wing tables, the mess left behind on Friday, November 15 was atrocious. We thought you were environmentally friendly! YUCK!!!

To the wonderful EMT's, Sorry about Friday; it was a really bad night for us to go. We're going to Cowboys this Friday so maybe we'll see you there. By the way, is being good looking a requirement for your program? Love, the Breathless ladies of Chem. Tech

Turbo Sloth: FUBARS RULE!!! Lucky pigs are going down once again. Prepare to lick our boots. Janitor Jason

To the Cable Guys, It's nice to know that there are nice guys out there. All you have to do is say hello next time you see us and then you'll find out who the nice girls are. Honestly how could it hurt? Hope to see you soon. Betty and Veronica

Someone over in Petroleum owes me breakfast. You know who you are...call me! Luv Honey I'm home...

To the guy I don't know what to call and his new do side kick: we want to defend our foozball title boys! Later, Ginger & Maryann

A warning for Mr. Adorable in Business... I've got my eye on you and if you keep melting me with your smile I don't know what I'm going to do. See you around, An admirer

To Kramer, #12 on the men's Volleyball Team: You're huge! Can't wait to see you in action again. From your fan in the stands, "Elaine"

To: Our Knight in Shining Armor Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear M—, Happy Birthday to you!

Are you going to do a week long MARDI GRAS, or 2 weeks. I know a couple of party girls who'd be glad to take you all to the 'Ladies Nights' who knows all those single drunk women. You could tell them it's your b-day; who knows what type of presents they'd give you. Mind you, you being the NICE WEASEL you are you'd probably politely decline. Unless it fit into the PLAN?!? Here's hoping you get all your b-day wishes, and maybe even a couple you didn't count on. From: Damsel in Distress #2

Jon "The King" Garcia, You are the best, Better than the rest! Any lady that has you is lucky. You make our blood boil, baby. From All your BROOCHAS

George Strait Sucks!! signed, a disgruntled ex-George Strait fan who dove all the way down to Montana to find out his concert was canceled because of a little thing called snow. George Strait sucks!!

Guys in the automotive hallway, Your AM (that means morning) gawking routine is most distressing. And the drool that pools on the floor makes walking hazardous. Save it for the parade boys. The NAIT female population.

To Misty Shatz, OA year 2: Congrats on your engagement! May you, your prince, and Isabelle the pup live happily ever after! All the best! Your buds 4 ever, JK & LL

Boys' B-ball- About the long shorts reason — you wish! We know you lied about going commando because if this were true, you would need support. But I guess boys don't need support now do they? Three Musketeers

Men's B-ball: Don't worry — we had a difficult time imagining something that isn't there. there is hope though — Surgery! Three Musketeers. P.S. Do you know who you are dealing with?

Men's B-ball, We may be jokers, but we can kick your butts any day 1 on 1. Three Musketeers

A special thanks to those EET folks that play the FREE Movie in H-wing at the little theater every Thursday. Keep up the good work!

To the Cable Guys, Our TV's haven't been fixed in quite a while. Can you do something about that? It sure is lonely without cable. Love, Some X-cited women

To Bryan the EMT, We all took a vote: if you can two-step as good as you look, you're our kind of man! Bring your boots and your buddies to Cowboys on Friday — we'll be waitin'! The ladies of Chem Tech

Come One, Come All! Do you want to expand your circle of friends? Do you like to have fun? Are you energetic and outgoing? Meet us! We'll be at Lee Garden Restaurant where there's Karaoke & a dance floor, Thursday, November 21. The address is 8404-182 Street.

To the cute blond paramedic who was at the NEST a couple of weeks ago. I sent you a drink, but you didn't say hi, so I decided to leave. If you are at all interested, please get back to me through the grapevine.

CLASSIFIEDS

EMPLOYMENT

Wanted: Due West Student Painting is now looking for motivated people to run their own painting business next summer. All training provided, excellent earning potential. 1-800-585-8666

WANTED

Old style 30 pin RAM SIMS; 4 meg size or higher; call Darin at 471-6723 (anytime)

FOR SALE

Stop Sleeping Around! What you gotta do is buy this real nice waterbed. You can keep it forever. It's a bed, it has water, it's a waterbed. You attach the heater (incl.) and all of a sudden it's like sleeping in the waters of the shores of Hawaii. Or something. Queen size luxurious waterbed with heating unit, great condition. Honolulu has nothing on this baby. Asking \$150 obo. Why? Cuz I love ya. Call 460-5024. Treat yourself now. Remember, Hawaii's open for the winter but it costs a fortune to get there and you have to spend time with Americans and cockroaches. Think about this: \$150=heated waterbed (cockroaches and Americans not included). I could go on. You know the number.

NOT AVAILABLE for *Topless* Housekeeping! Typewriter for sale, you know the drill. Smith Corona XD4600, hardly used. Great shape but not exactly *supermodel* material if you know what I mean. It has memory, it has SpellRight, it has extra ribbons and corrector tapes. Asking \$100 obo. Call 460-5024. Sexy? No. Useful? Yes. What more do you want?

FOR RENT

Roommate wanted: female, non-smoker, must like dogs, right by NAIT, 5 min walk Call 474-3538 — ask for Mavia or Arin

SERVICES

Lynn's Resumé & More Resumé and typing service. Lynn 463-4246

LOST & FOUND

Lost on Monday evening, a silver lady's wallet in the change rooms. Important Information inside. \$200.00 reward offered. Please contact NAIT Security or call me @ 477-2727. Thanks.

OPERATION RED NOSE

Help Us Keep
the Streets Safe



The NAIT Students' Association invites students and staff to join us to help keep the streets of Edmonton safe.

Last year we had
over 20 volunteers driving
people home safely.

Drop by Rm E131 and fill out a
volunteer form or call Rita at
471-8855 for more info.

Friday, Dec. 13 has been designated
NAIT NIGHT

Christmas Formal

Dinner & Dance in the main Cafeteria

Presented by NAITSA, open to all

Friday Dec 6/96

Tickets \$20.00 ea.

includes a buffet dinner & dance,
cash bar, midnight lunch

Cocktails 6:00

Dinner 7:00

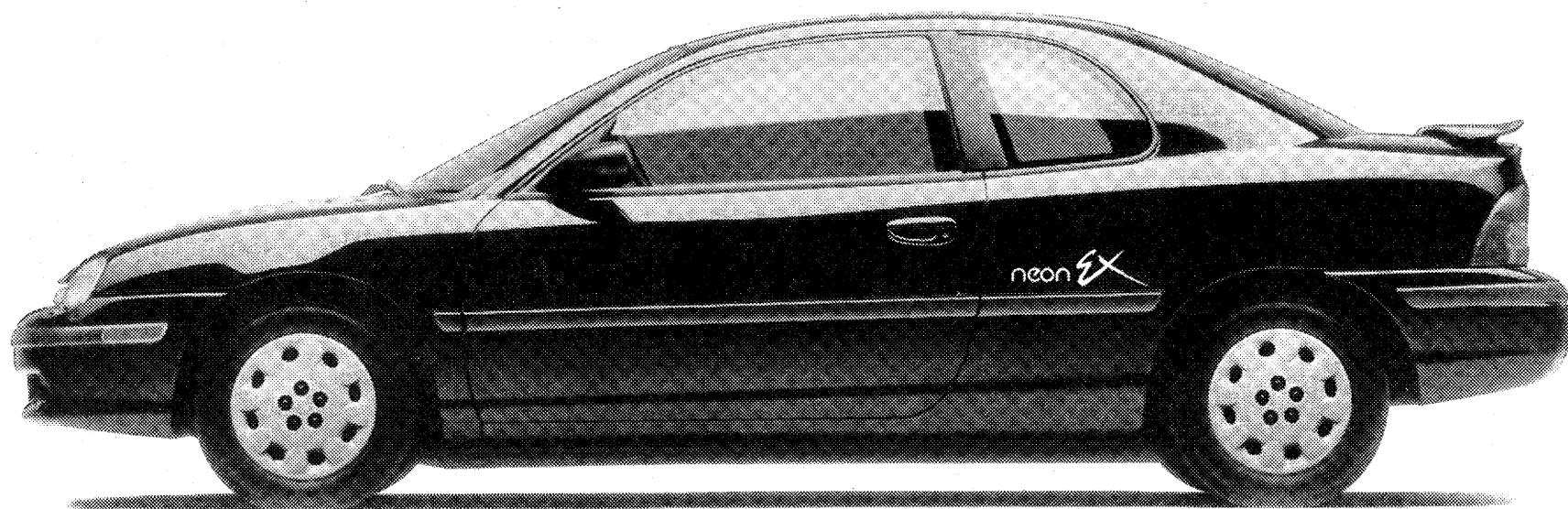
Dance 9:30

Tickets can be purchased at NAITSA office Rm E 131



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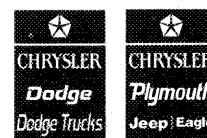
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