

The Nugget

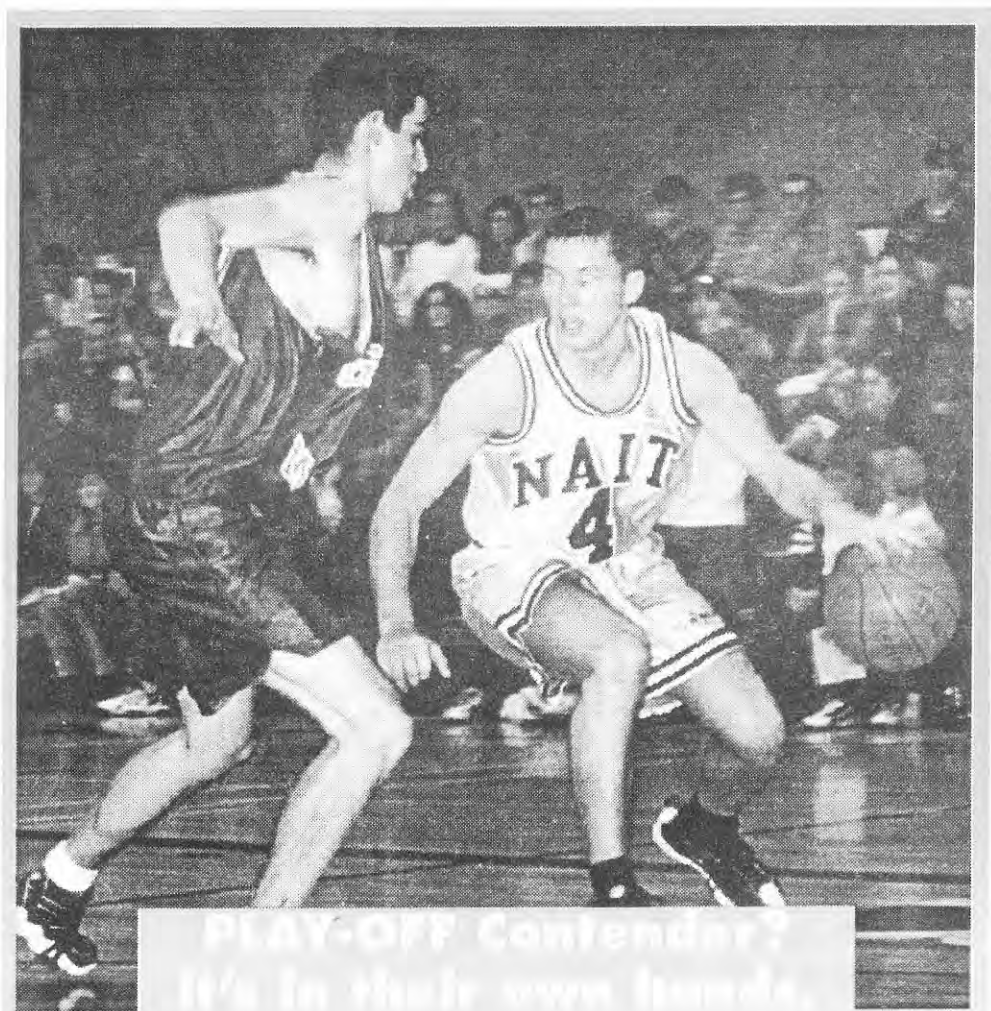
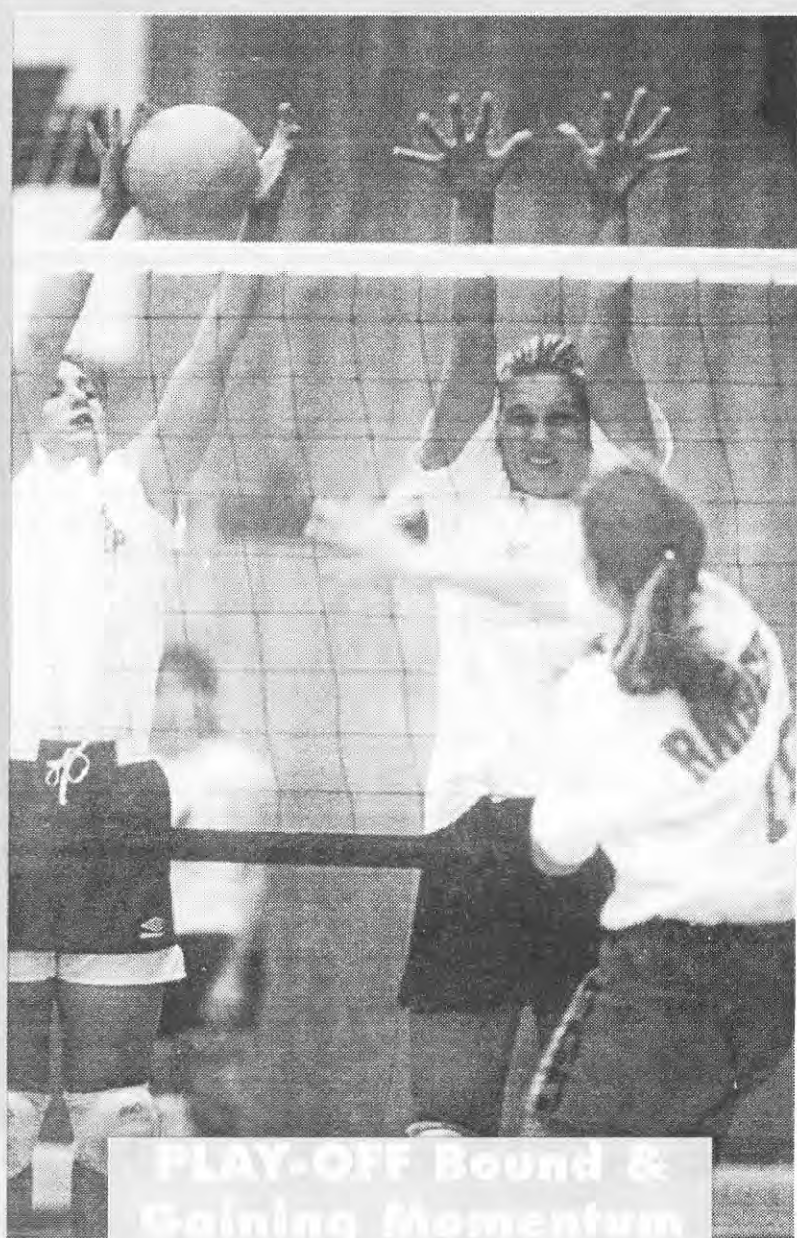
Thursday, February 5, 1998

Volume 35, Issue 18

ACAC

Crunch Time!!!

Story p. 8



MEGA MERGER

Royal Bank and Bank of Montreal's Bold Move



Fresh

Unless you've been abducted by aliens or totally zoned out the past few weeks, you would have heard about Canada's attempt to fend off U.S. giants. Two of Canada's largest banks, The Royal and Bank of Montreal, say they would have been condemned to the backwaters of the world economy. The ar-

17 million customers and assets of more than \$450 billion- will have the size and stature to compete in Canada, the U.S. and 35 other countries. The new bank- North America's 10th biggest and ranked 22nd globally- would keep a corporate headquarters in Toronto and head office in Montreal. Speculation about job safety for existing joint workforce of 90,000 was immediately addressed, and "significant" layoffs were rejected. It will take three to five years before the as-yet-unnamed new bank becomes an entity. It is possible that the deal may never be approved.

The surprise announcement means up to a year of examination by competition watchdogs, regulatory authorities, shareholders, customers and the public. The blockbuster decision by Royal

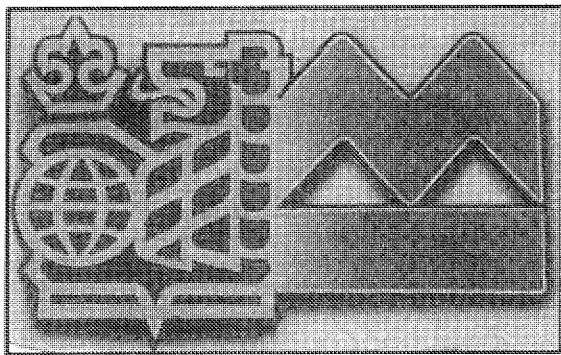
Bank of Canada and Bank of Montreal to merge into a superbank has handed government regulators the

BANKS MUST MAKE APPLICATION FOR MINISTERIAL APPROVAL UNDER THE BANK ACT

OFFICE OF THE SUPER-INTENDENT OF FINANCIAL INSTITUTIONS AND FED. COMPETITION BUREAU MUST COMPLETE SEPARATE REVIEWS OF THE DEAL AND MAKE A RECOMMENDATION TO THE GOV'T

APPROVAL OF MERGER IS UP TO FINANCE MINISTER

GOV'T WILL NOT BEGIN TO CONSIDER APPLICATION UNTIL AFTER TASK FORCE ON FINANCIAL SERVICES REPORTS ON MERGER ISSUE THIS SEPTEMBER



ranged merger will produce \$40 billion worth of international clout.

The proposed new bank- with

Bank of Canada and Bank of Montreal to merge into a superbank has handed government regulators the

Campus Crime of the Month

Crime Stopper's Committee

On December 3, 1997, at approximately 11:00 a.m. a NAIT student was working in room U310 on their Sharp laptop computer. The student needed to run to the library for a brief minute in order to gather some information. Upon their arrival back to the classroom they noticed that the computer was gone. The Sharp laptop computer was gray in color and worth in excess of \$2000. Fortunately, security was able to gather a substantial description of the suspect. The suspect is an Oriental male, approximately 5'7", and 165lbs; the culprit was wearing black jeans, a

blue winter coat, and a black baseball hat with a star on it.

Campus Crime Stoppers would like to remind all of the students and staff to not leave anything of value within the access of strangers. There have also been a large number of locker thefts in the activities centre within the past few months, security would like to stress that open lockers should never be left unattended.

If anyone has any information regarding the incident described above, they are asked

to please contact NAIT security at 471-7477. If you have any information that may lead to the arrest of a perpetrator please call Crimestoppers at 429-8336 or 1-800-661-8336. Your identity will be kept confidential and your information may lead to a reward.

**\$2,000
Crime**

Snowboard Mania

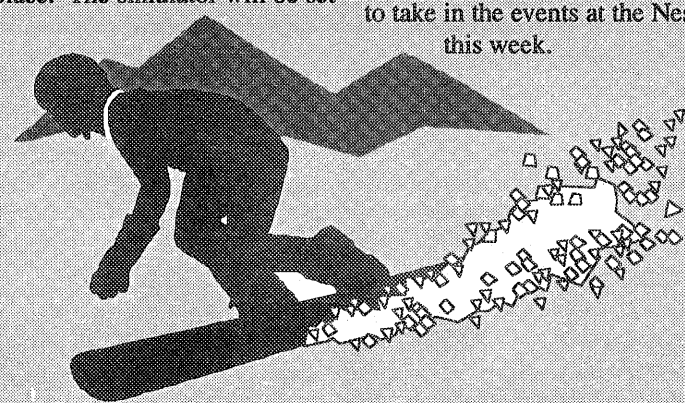
Nest Puts On "Kokanee Meltdown"

Fresh

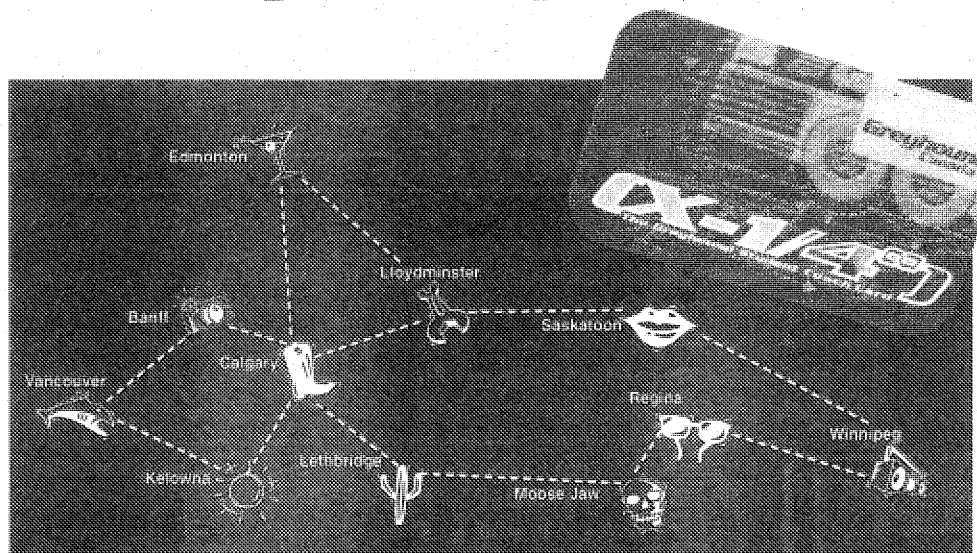
This Thursday and Friday, February 5th and 6th, the Nest kicks off a "Kokanee Meltdown". The Kokanee promotion will last a duration of four weeks, which entitles anyone who purchases a Kokanee product to receive an entry form known as a Kokanee ski tag. The tag tears off into an entry form where names will be compiled in a draw to win a new snowboard. Prizes will also be drawn every week for Kokanee shirts and hats. On Thursday and Friday Kokanee Races will take place. The simulator will be set

up and prizes will be handed out to the best male and female riders. All participants receive a Kokanee tattoo or sticker, with top racers winning tickets to the exclusive Kokanee Meltdown Party. The party will be held at Snow Valley Ski Hill on Saturday, March 28th. There will be daytime snowboarding demos, free snowboarding for everyone, media snowboarding competition, and lots of Kokanee, food and fun.

Specials on Kokanee will be on throughout the month of February so if snowboarding or beer screams out at you, be sure to take in the events at the Nest this week.



Party On, Garth!



Save **25%** on your "Reading Week" travel.

It pays to get an education and we're out to prove it. For only \$15.00, anyone with a valid student ID can purchase a Greyhound Student Coach Card. This entitles you to 25% OFF all regular fare bus travel in Western Canada. Use it over Reading Week, on weekends or any time! The Card is valid for one year from date of purchase and can be found at any

Greyhound depot. The offer is simple. The savings are terrific.

Get a Student Coach Card, discover the freedom of affordable travel, and party on!



World in a nutshell

Fresh

TRANSCANADA, NOVA AGREE TO MERGE- Both pipelines have agreed to merge in a deal worth nearly \$14 billion- largest ever in Canada's oil patch

QUEEN MOTHER SUFFERS BROKEN HIP- In a fall at Sandringham, Royal Family's country estate, the Queen fell fracturing her hip

TOMMY HILFINGER WANTS MORE THAN \$661 MILLION U.S.- East Coast designer wants his own TV show, record label, and wants to be a household name for the entire household

HILARY TAKES OVER DAMAGE CONTROL- Clinton presidency under siege and Hilary is co-ordinating a strategy to save her husband even as allegations emerged of phone-sex with former White House intern

GRETSKY SCORES ORDER OF CANADA- The Great One recalls his Oilers days as he nets high Canadian honour (he received Canada's highest civilian honour)

CHRETIEN BACKS SPENDING TO HELP INDEBTED STUDENTS- Prime Minister is promising measures to help relieve students' crushing debt load in the upcoming federal budget

INFANT DEATHS LINKED TO CAFFEINE DURING PREGNANCY- Pregnant women who drink more than four cups a day appear more likely to give birth to infants who will succumb to sudden infant death syndrome

CANADA SIGNS SPACE STATION PACT- U.S., Canada and 13 other countries signed an agreement to co-ordinate in building an international space station

LOCAL

KIDDY PORN CONVICTION- Dale Weir of Edmonton was found guilty of possession of child pornography for graphic sexual images police found on his computer

LIFE EXPECTANCY DROPS IN CALGARY- Calgarians decline in life expectancy include factors such as increased lung and breast cancer, lung and heart disease, and suicides (Edmontonians continue on average to get older)

OPRAH CALLS SWEEPSTAKE WINNER- Kathy-Jo MacAlister spoke with Oprah Winfrey after being the eighth \$10-million winner of the Publishers Clearing House sweepstakes

GOV'T GET POWER TO APPROVE PRIVATE HOSPITALS- The AB gov't is giving itself the power to officially approve future private hospitals in the province

FATIGUED BY LOW WAGES- The vast majority of soldiers, due to downsizing, have essentially had their careers frozen over the past several years (fed. gov't should give at least a 15% pay increase)

ROBBER TOPS CITY'S MOST WANTED LIST- A man that appeared twice on the most wanted list is now behind bars who is serving a six-year sentence for sexual assault and forcible confinement

COURT CHAOS OVER KAOS- Club Kaos continues to live up to its name as the ownership of Western Canada's largest night spot hit the Court of Queen's Bench

Exam Anxiety

Part 1

What is Exam Anxiety?

Shirley Kabachia, Counselor
Student Counseling Centre

Who really enjoys writing exams? Probably not many! For

most students, writing exams is a somewhat stressful experience. After all, there is a lot at stake. Often the exam situation creates "optimal stress". There is just enough adrenaline released to make us more alert and more motivated. You might say that optimal stress promotes success.

For some, however, the stress in exam situations is way more severe than optimal stress. You can feel a high level of anxiety that actually interferes with your ability to demonstrate your course-related knowledge.

How do you know if you experience enough anxiety to call it

You might say that optimal stress promotes success.

"exam anxiety"? If you understand your course material and are prepared for the exam, but experience several of these things in the exam situations you probably have exam anxiety:

- 1) Sweaty palms
- 2) Shortness of breath
- 3) Heart beats fast and LOUD
- 4) Difficulty concentrating
- 5) Difficulty making your eyes focus on all the words. Sort of like tunnel vision where you can see only part of what is on the page.
- 6) Feeling of panic
- 7) Feeling of confusion

8) Nausea and/or fainting
9) Continued negative thoughts about yourself - panic-escalating thoughts such as "Oh no! I can't do this". "I always panic." "I'm so stupid." "I'll never amount to anything, I can't even remember stuff I know for my exam." "I'm going to fail, then what will I do!?"

10) Blanking out and being unable to recall facts and procedures you know well. (This is different from being unable to recall those facts and procedures you never knew anyway.)

For those who do suffer from exam anxiety, how can you help yourselves and perform better on your exams? You can discuss your concerns with a counselor who will help you look at long term things you can do to prevent exam anxiety as well as at things you can do as "damage control" when you are in an exam and the panic starts.

Student Counseling is in Room 0111 in the South Lobby. Phone 471-8921 for an appointment or drop in between 8:00 a.m. and 4:30 p.m.

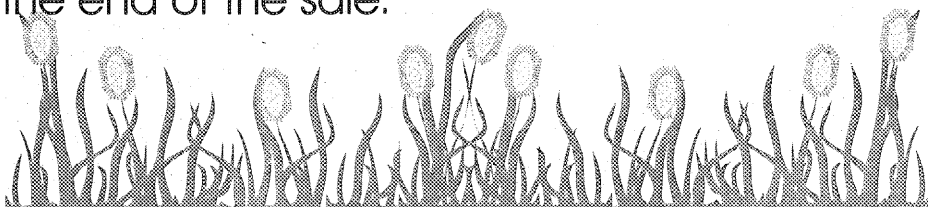
Next week- "Exam Anxiety - Part Two: What to Do About It"

Campus Reads & Needs would like to invite participants in their first craft sale.

Campus Crafty Critters Show

Date: March 23 & 24, 1998
Time: 9:00 a.m. to 4:00 p.m.
Location: Campus Reads & Needs Foyer
Cost: \$10.00/6' table

- ✿ ONLY NAIT (past/current) staff/students are allowed to rent tables.
- ✿ Must be 18 years or older.
- ✿ There is limited space so please be sure to pick up an application form at Customer Service in the Campus Reads & Needs store ASAP!
Deadline - March 1, 1998.
- ✿ \$10.00 fee is to go to Campus Reads & Needs' selected technology for their use.
- ✿ Indicate on the form what your homemade craft is and if you require electricity.
- ✿ Donation (\$10.00 or under item i.e. your craft) is required to go towards a consumer door prize at the end of the sale.



Basketball

Red Deer College
February 7, 1998
6:30 pm (w/m) 8:30 (men)
- NAIT GYM -

NAIT'S DENTAL ASSISTING GRADUATING CLASS OF 1998

is selling **50/50 draw** tickets Monday through Thursday starting Jan. 26 and ending March 13. Draw will be held every Friday at noon and posted in the Nugget the following week. Tickets will be available only to NAIT students & staff and can be purchased in the main kiosk, NAITrium, & cafeteria at noon.

(12:15-1:15)

Thank you for your support

D&A

WINNING NUMBER!: GREEN TICKET #676221

The prize can be picked up on Monday in E216 between 12:15-12:45

NEWS

Night Fright

What Nightmares Reveal

Fresh

Your nightmares may be trying to tell you something important, so don't blow them off as if they were just bad dreams. Most of the 150,000 dreams that an individual has in their lifetime will not be remembered, but nightmares may leave you with a creepy feeling for days. Nightmares are generated by your subconscious, so they arise directly from your deepest fears and anxieties. But how do you decipher a dream's message?

A safe method might be the "three R technique"—Recall, Record and Review. Recall as much of the dream as possible and record it, later comparing common themes and symbols. What is the dream's main emotion—fear, control, loss? Some nightmares are so common that it is possible to give guidelines to help you interpret them. Here are some interpretations to five common nightmare horrors.

BEING CHASED

*running away from something in life—risky relationship, a problem don't want to face or an aspect of yourself that you don't like
*done something you know is wrong and feel guilty
*feel the world is closing in around you (pressured by school, drugs)

BEING NAKED IN PUBLIC

*clothes represent how you want world to see you—caught without them means being seen for who you really are
*afraid to show your true self—may laugh at you or lose respect

DEATH

*message usually isn't bad
*sign of transformation within
*need to recognize change in life

SURPRISE TEST

*when thrown into new situations
*signal too hard on yourself—be less self-critical
*prepare for challenges in life



FALLING

*sense of having lost control
*no longer in charge of some part of your life
*symbolizes insecurity

CAN YOUR DREAMS PREDICT THE FUTURE?

Since ancient times, people have used dreams to foretell the future. You decide if these traditional interpretations are for real.

MONEY: If you dream of finding money, beware of danger ahead; on the other hand, losing money signals future success.

WATER: If the water is clear, expect happiness; if it's muddy, watch out for danger and misfortune.

CAT: A trusted friend will betray you.

SWIMMING: You will be lucky in love.

RAINBOW: Something out of the blue will happen to you.

HORSE: Horses usually predict good luck. But if the horse kicks you, you'll be rejected by someone you love.

FLYING: You will receive good news.

FOREST: You'll have happiness and fame in the future.

FIRE: As long as you don't get burned, dreaming of a fire will bring you prosperity and good luck.

The Home We Share

Crystal Bruinsma

Pollution is everybody's problem. The solution will not come until we all begin to care and contribute. "What people fail to realize is that the earth is our partner, when we move in with someone we treat them with respect. We are living with the earth, so we must treat it with respect," says Reid Wilkins.

People today are interested in technology to make life more convenient—from newly improved appliances to fast food; but haven't been interested in how it is affecting our planet. More and more automobiles are spewing poisonous gases into the air. Human health is threatened. Fish are dying in polluted waters; forests are being cut down; even historical buildings are being ruined by acid rain.

About 97 percent of the water on earth is salt water—obviously unusable, and about 2 percent is frozen. About 1 percent of the remaining water, can be used for used to drink. Keeping it free from toxic wastes is essential. "It's not about how pollution affects me, it's about our inheritors. Everytime I recycle a can or walk to the store, I'm thinking of my children and what is going to be there for them," says

Alison Rigby.

Our trees are also an essential resource, giving us wood, paper, fruit, nuts, shade, natural beauty and most importantly, oxygen. Half of all plant and animal species in the world live in the rain forests, covering only 7 percent of the earth's surface. **Fifty acres of rain forest disappear world-wide every minute.** At the present rate, all the rain forests in the world will be destroyed in the next fifty years.

"It's a shame that something damaging must happen before we realize what we're doing."

We can all contribute, in helping the environment and saving essential resources. One priority we can all try to fulfill is reducing. "The environment should be a part of our everyday activities, not just when you feel like it," says Melanie Wilson.

An interesting face, symbolizing the importance of recycling—There are enough dirty diapers in the U.S. each year to stretch to the moon and back seven times.

Making the earth a healthy place for all, is a big job, but we can each do something small daily. "It's a shame that something damaging must happen, before we realize what we're doing," says Danelle

L'Hirondelle.

There's a lot each of us can do, the sooner we start, the better. We must not only exist with the earth, but live with it, it's our home.


Here's an easy list of Pollution Solutions

1. Stop consuming more energy than you have to.
2. Refuse to use Styrofoam take-out cups, bring your own.
3. Weather-strip doors & windows.
4. Close off unused rooms.
5. Turn off un-needed lights.
6. Use 60-watt bulbs
7. Air dry clothes
8. Use less detergent
9. Take 5-minute showers
10. Fill tire properly; save 10 percent fuel in car
11. Get cloth shopping bags
12. Developing a recycling consciousness
13. Recycle everything you can.
14. Create less by recyclable products.
15. Learn about the use of solar energy.
16. Use recycled paper.
17. Ride a bike
18. Turn off water between rinses.
19. Wash your car with a bucket, not a running hose.
20. Wear a sweater when cold, don't turn up the heat.



*All names featured in this article are NAIT students.

NAIT GRAD PORTRAITS

'98




Please make appointments in person
February 23 to March 6, 1998
in Room U209
8:00 a.m. to 4:00 p.m.
Phone 471-8732

NAIT Learning Resources
provides an excellent graduation portrait service to NAIT students and staff.

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THE NORTHERN ALBERTA INSTITUTE OF TECHNOLOGY

BAS Blasts The Polish Hall

"Let's Get Leid"

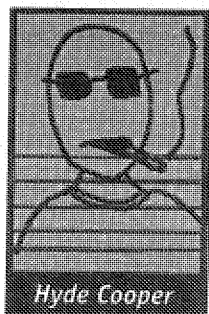
Miranda Jordan

The Business Administration Society has become notorious for organizing cabarets that draw in a large crowd. On Friday, January 30, 1998, BAS hosted their 4th cabaret this year at the Polish Hall, and it featured a tropical theme. The "Let's Get Leid" theme attracted approximately 550 students to the Hall, which was a decrease from the approximate 700+ at the last one. The theme was somewhat unoriginal, but still managed to put a substantial number of students into the spirit. Students bearing grass skirts, tropical shirts, sunglasses, hats, and sandals made the event complete, not to mention, the one queer bartender with the banana apparatus suspended around his waist. A string was attached to it so it could be rigged up at any given moment. Despite efforts by the organizers of BAS, there were some problems. The bar ran out

of rye too quickly, there was a surplus in daquiri mix, and the number one question heard by the bar, "No coolers?" was disappointing. The expensive cover charge was also a chief complaint: (\$7 in advance with BAS card, \$9 without a card, and \$10 at the door.) Pinatas were suspended for ticket draw winners to hit, but this was only a distraction for dancers, and although the pinatas coincided with the tropical theme, they were unnecessary props. The DJ, Dana from Vivid Effects, was very well received. He played all the current hits and some classic tunes for everyone to enjoy. Although this cabaret is deemed as unsuccessful compared to other BAS blasts, the event was highly entertaining overall. BAS still maintains a strong position in cabaret planning.

BAS is: Mike, Sonja, Nicole, Cass, Gregg, and Annisa

Australia and the Queen of England



The honeymoon is over, Australia doesn't love us anymore. If only it was that simple. Because of local pressure

from the Asian-Pacific community and nation wide calls for an Australian head of state, plans to unleash an Australian republic are now in the works for 2000.

What does that mean? It means no more drunken parties with the Australians at the Commonwealth games, no more Croco-

dile Dundee and no more hunting koala bears and kangaroo's when we go to visit in the summer. That's it. Australia is in and the Queen is out.

It also means that England will have more free time to spend with us. They can take us for picnics, to the zoo, to cockfights and maybe they can even teach us how to get the same kind of sparkling, white teeth like they do. Oh joy.

In the long and short of it, Australia pissing on the crown jewels doesn't make a lot of difference. Now when Canada gets its ass in gear and waves a big good-bye to good old Britannia...that's going to be a great show.

Warped Truth

The Clinton Clan and Princess Di

James Olson

FACT: People will believe anything they read in the newspaper. Here are some other facts that most of you probably don't know:

- The Sun revolves around the Earth
- The metal tabs on the top of pop cans cause cancer
- Highschool is part of a conspiracy to cause teenage depression
- Watching the movie "Saturday Night Fever" makes you gay
- Things will never be any better than they are today

Note: If you believe any on this, you're a disgrace to humanity

And there goes journalistic integrity. I'm not surprised about the recent media frenzy over the sex scandal that is, as we speak, rocking the foundations the White House is built on. In fact, I think deep down, all of us saw it coming. Just take a trip back into recent history and there it is.

September of last year—The world sheds a gigantic, collective tear at the passing of England's beloved Princess Di. How did Di die? Because some money-hungry member of the paparazzi decided it would be a good idea to follow her car through a tunnel at break-neck speeds screaming at her while trying to take her picture with Dodi. Sounds like a good

stunt for a Hollywood movie (and I have no doubt it will eventually be one), but it actually happened, in a place not too far away.

All that's missing is the motorcycle and the fact that Billy isn't quite as pretty as Princess Di.

Now, maybe a little closer to home, but the same principle, the American press is chasing down Billy Clinton and his rag-tag bunch of political cronies down the well-known path of presidential, sexual misconduct. All that's missing is the motorcycle and the fact that Billy isn't quite as pretty as Princess Di. And, the whole sad story rests on the belief that the citizens of the world will believe anything if you put it in black and white.

May be they'll crucify Clinton and the rest of us will get all of our sins erased and go into the 21st Century with a clean slate. And, then the media can find some other popular figure that could actually make a difference and make a mess of their life and drag their name through the mud. Then we can all read about it in the papers.

THE OFFICIAL
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The Nugget
encourages
submissions

THE DEADLINE IS

4:00 p.m. on the first
school day of the week.

All submissions Must be
accompanied by Your
Name & Student ID
Number

The opinions contained in The
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Hockey

NAIT
COKS

VS

AGTOR

The Edmonton Journal

Augustana
February 7, 1998
7:00 pm
- NAIT ARENA -

THE SUB THAT STARTED IT ALL

Try our
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Kingsway Garden
Mall Location

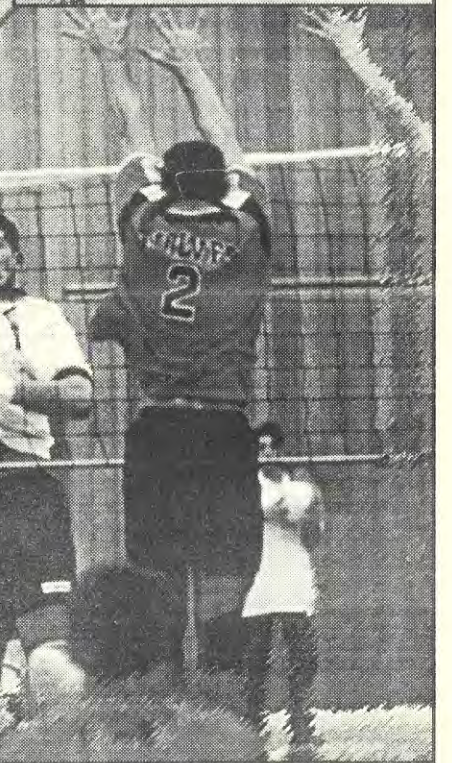
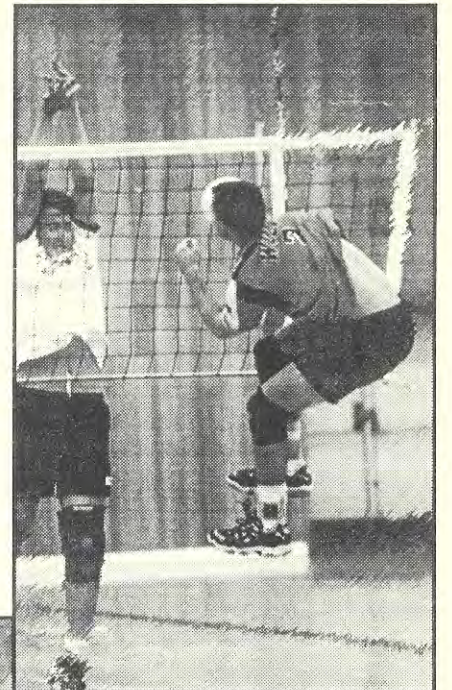
TUESDAYS
only.

MR. SUB.

TASTE A CANADIAN TRADITION

1997/98 Look ACTION

Beaten down the line?



Right back at ya, courtesy of Mike Bell (above) and Kelly Soprovich (right).

Basketball Action against the cross-town rivals.

United Cycle Three Stars

Friday, Jan. 30 vs Keyano

VOLLEYBALL

Women

1. Casey Parsons - NAIT
2. Candace Van Sickle - NAIT
3. Lisa Zolkewski - NAIT

Men

1. Adam Ungarian - NAIT
2. Mike Bell - NAIT
3. David Sawchuk - NAIT

Saturday, Jan. 31 vs Keyano

VOLLEYBALL

Women

1. Tannis Fraser - NAIT
2. Candace Van Sickle - NAIT
3. Collette Bowick - NAIT

Men

1. Jason Panas - NAIT
2. Shane Kuhn - NAIT
3. Mark Holowaychuk - NAIT

Friday, Jan. 30 vs Briercrest

HOCKEY

1. Dan Bokenfour - NAIT
2. Mark Lockhart - BBC
3. Mike Mychalysn - NAIT

Saturday, Jan. 31 vs

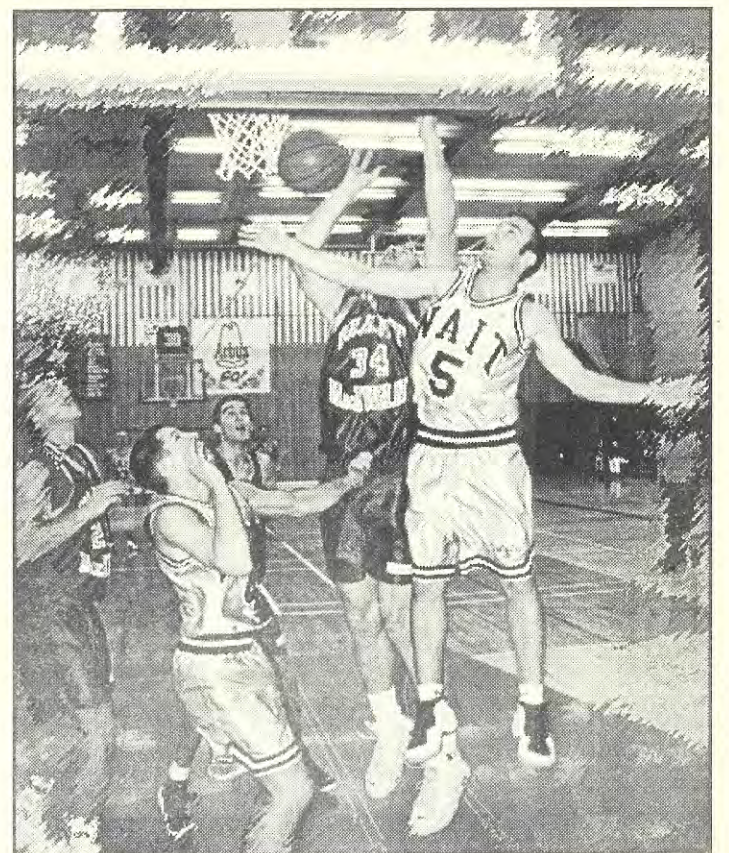
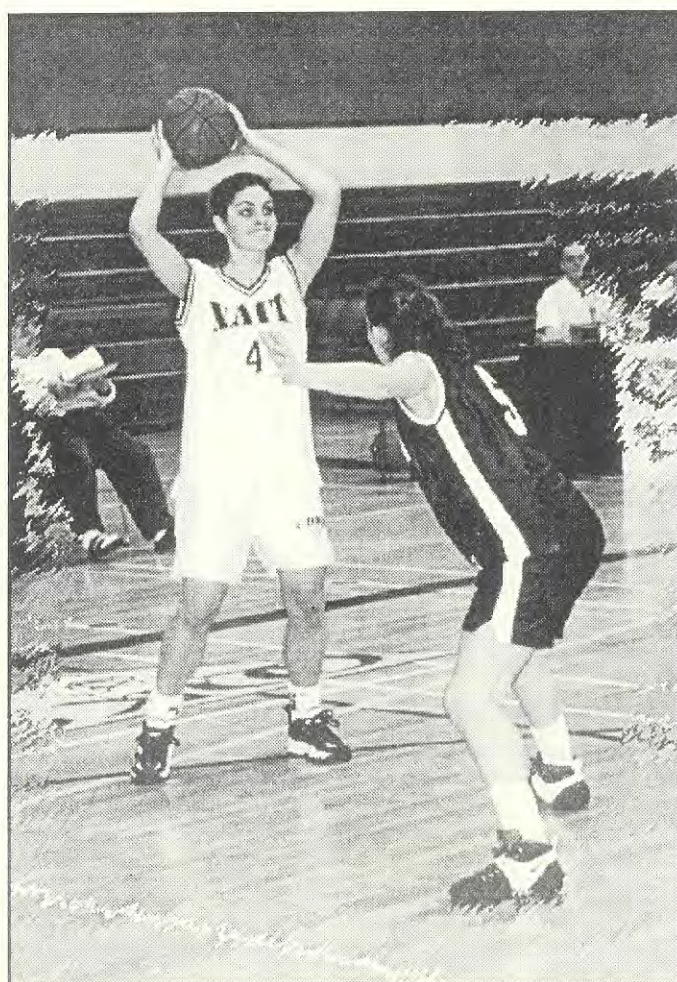
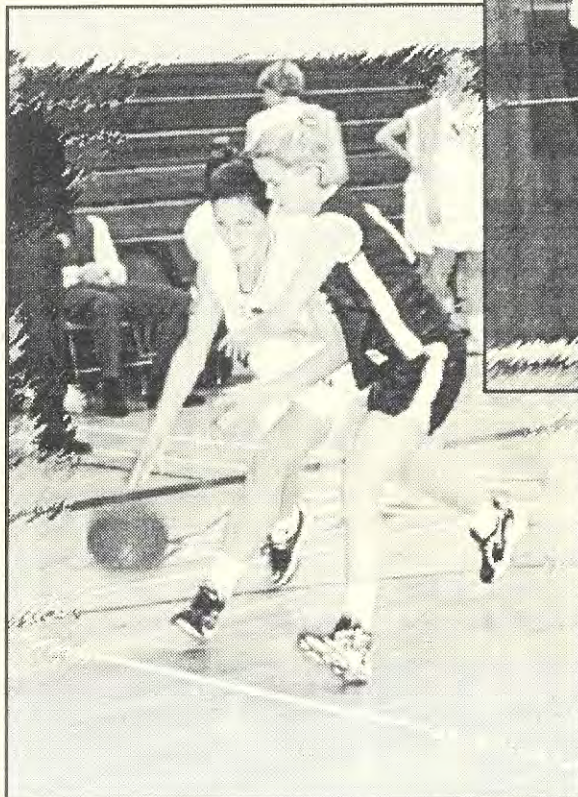
Briercrest

HOCKEY

1. Trevor Hart - NAIT
2. Josh Giacobbo - NAIT
3. Dave Prebert - BBC

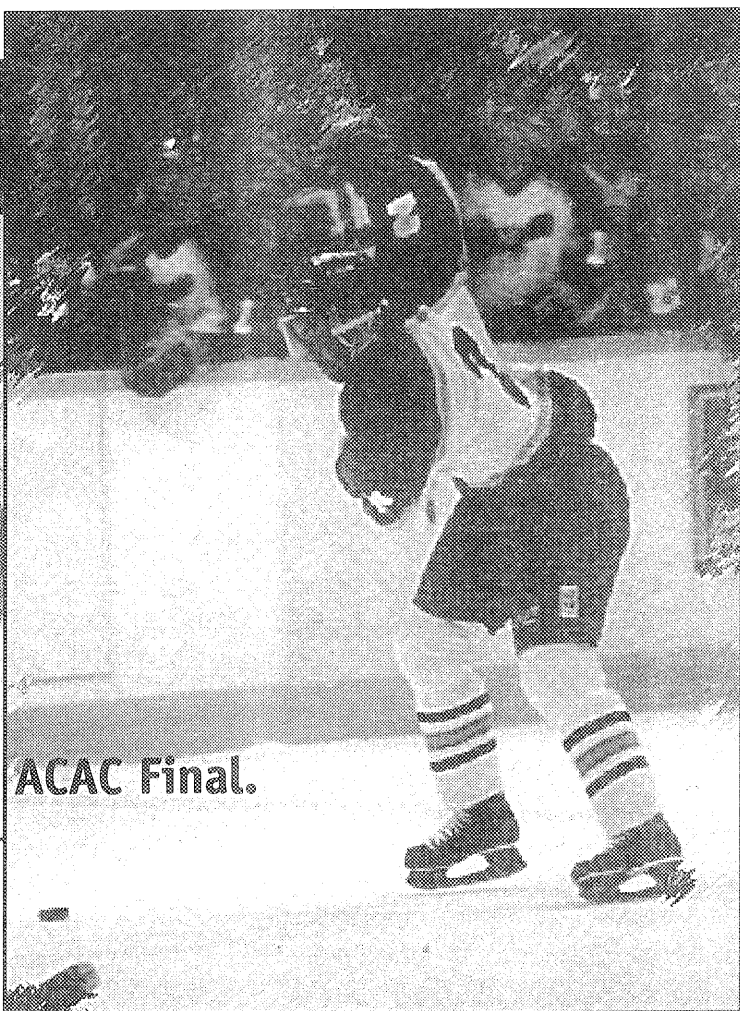
50/50 DRAW

Winning ticket for February 2, 1998, is 1993. Cash prize is \$112.50. Claim your prize at Student Services — E134.





Great Hockey Action in a repeat of last year's ACAC Final.



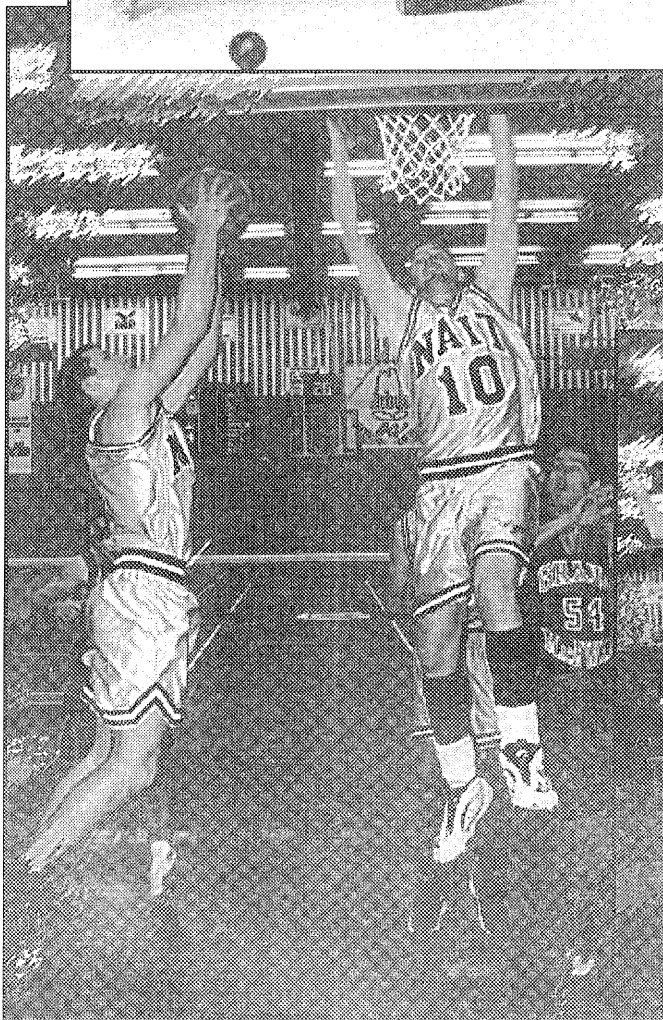
Volleyball

**N.A.I.T.
WOLVES**

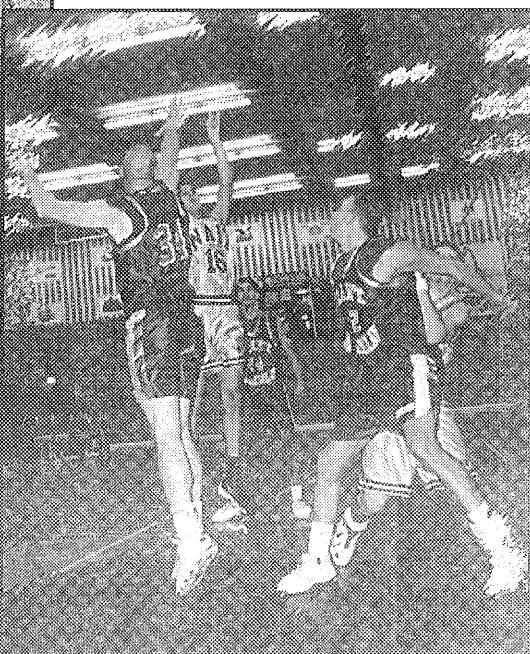
VS

ACTION
The Edmonton Journal

LAKELAND
February 6, 1998
6:30 pm (women)
8:00 pm (men)
- NAIT GYM -



Men's Basketball cleaning the board against GMCC.



Fill up your closet...
...without emptying your wallet!

N.A.I.T STUDENTS
20% OFF
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- clothing
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- housewares
- furniture
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Behind the Bench



Craig Wourms

Hey guess what, I have no idea what to write about this week. As I scanned the vast regions of my mind to find a topic this weekend I came up with almost nothing. So very quickly I will give you the edited version of how my mind works and the possible story ideas that popped into my head Sunday afternoon.

What to write about, hey my team started winning again, no that can be another column. But look the NFL Pro Bowl, cheerleaders, some guy kicks a field goal and gets \$1,000,000.00. Why can't I get a chance like that. Of course I probably would be as successful as that wiener at the Grey Cup. I wonder who won the game. Hockey....hockey.... hockey NOPE. Roommate went skiing in Jasper, hung-over and never left the

house. Scratch the ski article. Worlds Strongest Man Competition, very large men who like to lift cars and throw things that were never meant to be thrown. Way too crazy for anyone from North America, but damn those countries in the frozen tundra of Europe have a few competitors involved. Hey look Kiana's Flex Appeal, bad idea everyone already thinks your a sick bastard. WWF vs. WCW. Shawn Michaels needs his ass kicked. How many people can Mankind... no Buddy Love.... no Cactus Jack be in one day. Hulk Hogan... sorry Hollywood Hogan needs to find a new job. That is as depressing as watching Gordie Howe take one shift with the Detroit Vipers just so he can stay in the record books ahead of Wayne Gretzky. Hey that was a hockey item. I can not think of anything good so I guess I will fake it Monday at our meeting.

That was the quick censored version of how a sports editors mind works. It's not pretty, but it gets the job done. NUFF SAID.

CRUNCH TIME

Da Worm

With only a couple of weeks left in the regular season every college team is making plans. Some are making plans for next year, some are making plans for the play-offs and some are making plans on how to get into the play-offs. In basketball the top four teams make play-offs, volleyball the top three, hockey the top 4 continue on to the play-offs.

Here is how the A.C.A.C. divisions look this week:

| HOCKEY | | | | | MEN'S VOLLEYBALL | | | |
|--------|----|----|---|-----|------------------|----|----|-----|
| TEAM | W | L | T | PTS | TEAM | W | L | PTS |
| MRC | 15 | 2 | 1 | 31 | NAIT | 15 | 3 | 30 |
| SAIT | 13 | 6 | 1 | 27 | GMCC | 14 | 2 | 28 |
| NAIT | 11 | 5 | 2 | 24 | GPRC | 10 | 6 | 20 |
| AUC | 9 | 8 | 1 | 19 | KINGS | 8 | 10 | 16 |
| CUC | 8 | 11 | 1 | 17 | LLC | 5 | 13 | 10 |
| RDC | 7 | 11 | 0 | 14 | KC | 0 | 18 | 0 |
| BBC | 0 | 20 | 0 | 0 | | | | |

| MEN'S BASKETBALL | | | | WOMEN'S VOLLEYBALL | | | |
|------------------|----|----|-----|--------------------|----|----|-----|
| TEAM | W | L | PTS | TEAM | W | L | PTS |
| RDC | 14 | 2 | 28 | GMCC | 16 | 0 | 32 |
| GMCC | 12 | 4 | 24 | GPRC | 16 | 0 | 32 |
| KINGS | 7 | 9 | 14 | NAIT | 9 | 9 | 18 |
| AUC | 5 | 11 | 10 | KINGS | 6 | 12 | 12 |
| GPRC | 5 | 11 | 10 | LLC | 5 | 13 | 10 |
| NAIT | 5 | 11 | 10 | KC | 0 | 18 | 0 |

WOMEN'S BASKETBALL

| TEAM | W | L | PTS |
|-------|----|----|-----|
| GMCC | 16 | 0 | 32 |
| GPRC | 14 | 2 | 28 |
| RDC | 8 | 8 | 16 |
| AUC | 6 | 10 | 12 |
| NAIT | 4 | 12 | 8 |
| KINGS | 0 | 16 | 0 |

The numbers don't lie

but they do not tell the whole story either.

Da Worm

The women's volleyball team has not been in hiding and they have not fallen off the face of the earth. The second semester has not been very kind to the female version of NAIT volleyball but we are still sitting in third place and positioned for a strong play-off push.

For this team the future looked so very bright at the end of December; team standings could tell most of the story. First

place in kills (357), first place in blocks (53) and third place in aces (68), everyone was in position to knock the door down for semester number two. However, something funny happened on the way to January—the team stopped winning. I do not know how and I do not know when, but somewhere along the way the Lady Ooks could not put a win on the board even though they stilled owned the statistic columns.

The times they are a changing. The team has returned to their winning ways and the team stats are

starting to push the group back on top of the numbers game. With two more league games before the play-offs the teams second semester numbers look like this: Kills (252), Blocks (63), Aces (49). I have no idea how these numbers relate to everyone else in the division; they may be slightly behind some of the other schools but remember. "The numbers do not lie, but they do not tell the whole story either. The Lady Ooks last home match of the season is Friday Feb, 6 at 6:30 pm.

Swim Team Strokin'

Paul Fafard

An extra powerful kick or a lengthy stretch can sometimes make the difference between 1st and even 6th place in swimming.

On January 31, the NAIT swim team (Yes, we do have one)

traveled to Mount Royal College in Calgary for the second ACAC sanctioned swim meet. The team did reasonably well for a smaller team, comprising of 8 men and 4 women. Our 6th place finish was only 13 points behind Grand Prairie. We finished with 81 points; the ladies with a total of 31 points, the men 38 points, and the remaining 12 points acquired from relays. The

top three women were Tammy Pasika (17 points), Kristeen Britton (4 points) and Joanne Prefontaine (2 points). In the 400 m freestyle, Tammy was 0.12 seconds from 1st place. On the men's side, John Hutchinson with 12 points, Stanislaw Salapata earning 8 points and Paul Fafard with 3 points.

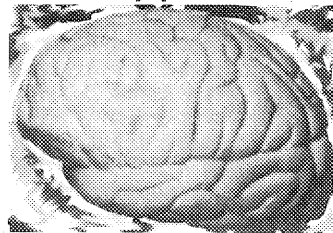
We all worked hard and had an enjoyable time. We are looking forward to seeing you at our next meet on March 14 from 1 to 5 p.m., at the NAIT pool, so come out and support your team!

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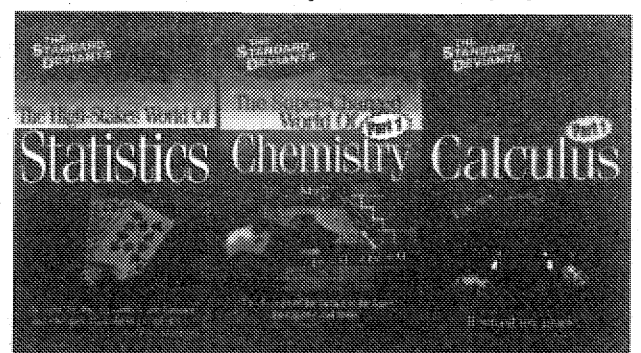


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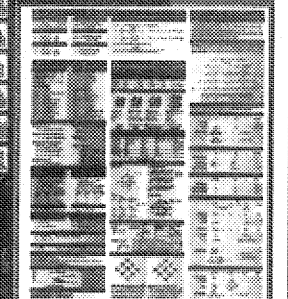
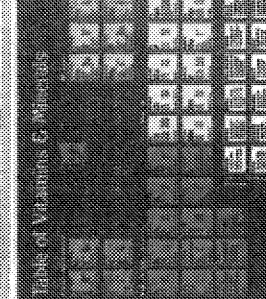
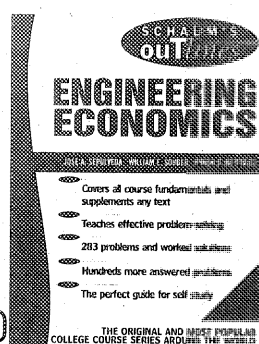


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HOCKEY OOKS SWEEP WEEKEND

Andrew "it's only a name" Hore

From small town Caronport, Saskatchewan, to big city Edmonton. The first taste of the 7-time National Champion NAIT Ooks hockey team's home arena for the Briercrest Clippers.

Game one slated for Friday night was taken very lightly by the home town Ooks. In this evenly matched ACAC league, no team should be taken lightly. The Saskatchewan boys took it to us Owls trailing by one for a half a period. We came out with a spirited effort in the third period, thanks to some great fore checking by the legion of Doom Line, Dale Donaldson, Simon Amyotte and Dan Bokenfort which in the end led us to a incom-

plete 5-3 win.

Saturday's afternoon tilt left the clippers wishing they could have been playing the same NAIT team from Friday night; however, this game was a different story. We came out of the gates fast and furious with a barrage of hits and an intense fore check, the Clippers were hearing footsteps all afternoon causing turnovers that led to some of our goals. We led 4-0 after the first game with Coach Ballard, praising a full 60 minute effort. The second and third period had much of the same domination as the first, leading us to a commanding 9-1 win. Honorable mention to Josh "its about time" Gialobbo and Jon "I only score every 2 years" Jenner



who both scored their first tallies of the year.

This upcoming weekend brings on the Augustana Vikings. Game

time: Saturday, 7 p.m. at the Ooks nets. Toss back a few ladders and come check out some ACAC hockey action!

All pictures taken from the "Briercrest Clipper Cam."

They only saw the backs of our Jerseys!



Movie Review

"Great Expectations"

Ethan Hawke, Gwyneth Paltrow,
Anne Bancroft and Robert DeNiro

Noy Vongsamphanh

Great Expectations" basically is a 'kiddy' love story between two young kids who lived different financial lifestyles. They experience their first kiss, love, and heartache with each other.

They grow up, reunite, lose touch, reunite again, and have a fairy tale ending. But, in-between all of this time, the two main characters; played by Ethan Hawke and Gwyneth Paltrow, go through many years of emotional experiences and discoveries. Which includes: marriage, divorce, and death. This movie will definitely bring back memories of your own childhood affairs. Like that special person who dumped your ass for the next best thing. Or that special mentor who influenced your life so much that it was never the same. Even those dreams you never thought would come true, but did.

For once, a movie that lives up

to its expectations of being a good show with real issues! And not like most movies, this one satisfies both genders. The guys will definitely enjoy this one because Robert DeNiro plays an escaped convict and Gwyneth Paltrow has a nude scene. Why is it that females are always the nude ones in movies?! I wanted a good Ethan-ass scene, but never got one!

Despite this minor disappointment, I recommend this movie to everyone. It had a great plot, lots of meaningful symbolism, beautiful settings, and a cast that can act! Just don't forget the tissues, this is a sad one.

The Nugget would like
to extend a warm
welcome to our two
new Entertainment
Editors:

Noy Vongsamphanh
and
Mark Taylor

Thank you to all of the
applicants who applied

**Hey
There!**

There will
be
No Nugget
next week
(Feb. 12)
because of
**Reading
Week.**

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Rendezvous to Red's

Mark Taylor

Ever been to Red's? The place is huge! I'll have to confess I made the trip there for the first time this weekend, and I wasn't disappointed. Well, having to pay so much (a whole \$4!) to get in there disappointed me but I'm a cheapskate.

We went to shoot some pool and after circling the bar a few times and not seeing a map, we asked where the tables were. The security dude pointed at the elevator.

The elevator was a whole experience in itself. (And yes, I am too lazy to walk the whole flight of stairs!) Picture the light at the end of the tunnel without the light. Add a few creaks and a freak, and you have the elevator at Red's.

80's rocker, David Wilcox, was playing at Red's on Friday, returning after a sold-out show in September. The show sold out this time as well, so what we saw of the concert was through the curtains while playing pool. Canada's David Wilcox, famous for hits such as "Bad Reputation", "My Eyes Keep me in Trouble" and "Layin' Pipe".



He also played some great new songs as well as classics.

This fabulous guitarist's last album, "13 Songs", was released two years back and Wilcox is currently working on a new album.

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additional prerequisite beginning in
the year 2000. A transition policy allows
some leeway until 2002.)

Hong Kong Hero

"There's tough...tougher and then there's **CHOW YUN-FAT**"
A BIGGER, BETTER BOND

James Olson

He's the coolest man alive. Well, besides Johnny Cash, anyway. Born on May 18, 1955, on the small island of Lamma near Hong Kong, Asian actor Chow Yun-Fat, has taken Hollywood by storm with companies like Disney, Columbia, 20th Century Fox and New Line already developing projects for the hottest thing out of Hong Kong in history.

Chow's breakthrough into showbiz happened in 1973 after answering a newspaper ad by a Hong Kong TV station. He got his first lead role with a film called "Massage Girls" (no, it's not what you think) and, in all, spent nearly ten years doing movies generally snubbed by critics and audiences alike.

His big break came in 1986 when he was cast as Mark Gor in "A Better Tomorrow" directed by a then-unknown John Woo. The film was an instant success, catapulting both Woo and Chow into fame. In 1987, Chow starred in "City on Fire" a film that later inspired the

now Tarantino cult favorite "Reservoir Dogs". While Chow and John Woo may have risen in the action world as one machine, Chow Yun-Fat is definitely the method of the madness.

And now, more than two decades after his first acting job, Chow is shaking Hollywood like an earthquake. Coming up this Friday, February 6, Chow stars with Mira Sorvino in "The Replacement Killers", a film about a hitman that turns good when he is asked to do

a job that rubs him the wrong way. Early reviews of the film are typical of most Asian action movies: go for the stars, stay for the action. Plot is supposedly not a strong point in the film.

Up and coming projects for Chow include a movie by the writer of Boyz n the Hood, a film called "The Corrupter" by Hollywood heavyweight, Oliver Stone, and also another film with John Woo that is still in the planning stages.



CYF and wife, Jasmine

POETRY

Cold and Alone

The Mean-Looking, Nice Guy

You're haunting my thoughts and rotting my mind,
I can't get away because I'm decaying inside.
You look so damn nice, but your "love" is cruel,
tempting my heart and working to rule.

Why do I try, I only get hurt,
I can't have you, you only flirt.
I walk alone, no reason to grin,
you wonder why, as if it's a sin.

You tease with looks and then you walk out,
it fills me with wonder, it plagues me with doubt.
Will I ever feel that sweet touch once more,
I'm running on empty, I'm cold to the core.

Emotion is gone, my mind's on its own,
now there is nothing and I'm still alone

Me

Horatio

Why is it that no one hears
My silent pleas for help unheard?
How come friends can never be
Close enough to bring me glee?
People speak of friends for life,
They vanish at the signs of strife
No one can come close to me,
Near my mind they'll never be
They are blind, they cannot see,
All the pain they bring to me
I wish for one to hold close by,
I'll get one soon; that's a lie
Too much sadness clouds my heart,
Keeps me miles away; apart
Not one soul can be with me,
Sadness makes them flee from me
All my life I'll cling to pain
Even though I go insane
Love from others cannot be,
No belle for beast, for he is me.

Scribbles

The Pest

You smother me and hide me away,
I am flooded by a sea of rage.
This isolation will cradle me,
In the darkness of this cage.

All that I bestow is,
Driven by a retrained desire.
Lamentation thrusts into me,
Like a furry of fire.

As your trembling hands caress my face,
The disease of self enters me.
Killing the floor with emptiness,
Inexpressible pain is all I see.

Your amorous eyes are aglow
Despite my solemn plea.
I have given you all that I can,
But still see you as my security.

Gig Review

Blue Locutus

Saturday, January 31, 1998

Noy Vongsamphanh

What is he singing? That was the question many people had crossing their minds last Saturday night. Edmonton's Blue Locutus performed at Club 109 Discotheque, the bar formerly known as Club Malibu: The Morgue.

The band, consisting of four male members looked like they just stepped off the set of the hit movie "Dazed and Confused." The guys showed up wearing flare pants, flashy shirts, their hair was long and seemed unkempt. The guitarist even had his face painted like one of the Kiss members! Everyone had the impression that this was going to be a 60's rock show. But too many surprises, the guys sounded nothing like a 60's or 70's rock band. Their unique blend of loud guitars and bass, caught everyone's attention.

Blue Locutus started their set with a funky instrumental number. Consisting of heavy guitar riffs, drums, bass and a cow bell. Blue Locutus' sound is jazzy with a touch of funk. The crowd was pretty receptive. Almost everyone got off their barstools and hit the dance floor.

The band was really tight, in sync and the music had rhythm. But, it was hard to hear the lead vocalist. The lyrics weren't very distinct and him singing directly into the microphone would have made a big difference. Differentiating when a new song began and ended was the other problem too. Most of the songs were too long and contained too many ideas.

Overall, the show was entertaining. With a little more practice, I'm sure the band will make it far in the Canadian music scene.



"Sarius & Darius"

Engine, Engine number nine, going down the grapevine lines, if the gum goes off the track do you want your bubble gum back? Y.E.S. spells yes and you are now it. HA HA HEE HEE! All I can say is gum, gum, with the flavor, flavor. Honey's, you're not only the cream of the crop, but your the "CINABURST BOMB" of NAIT. Clue 1. Just in case your slow, all my classes are located in the tower. Clue 2. I'm usually in the gym playing a little one on one or I'm in the Nest taking a rest???? Smile if you're H__NEY!!!

The bubblishious awaiting to get doublishious!
P.S. Let the games begin!

V-Man

You horny little bastard! No more elephants eh? I've seen you playing with the channels! The way you caress the humps on that BODY! From the Short Fung

ATTENTION "LOOOOOSER'S" EVERYWHERE!

You all know who you are! You're those loser's who, where ever you go, your eyeballs are popping out of your head. So put them back in already. For the "Dumb & Dumber" when you're scopin' chicks & dudes, don't make it so F**kin' obvious! It's okay to glance & it's bad to "stare hard, retard!"

Later Byaches
Flabio

Trunks
Azumka?
Azumka C.

continued on back page...

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continued from previous page...

To the ladies: You know who you are,
The U-Man has been buys in the kitchen cooking up some soup for you all. Just the way you like it - CREAMY & HOT. Mmmmm...delicious

Hey May, quit messing with my cousin's head! Is this a joke? Just go and say Hi to her. She's really nice, I would know, I've known her all of my life and we used to take baths together. So just ask her to go for coffee, or to a movie! By the way, she doesn't know who you are, so identify yourself!
Chrissy Poo's Cousin
P.S. This was supposed to be in last week's Nugget but they didn't publish it!

Hey Business Students!
We, of electrical engineering, would like to congratulate you and your associates in the business industry, on your pathetic lack of ideas when you made that Riccola commercial. Great strategy! Made us all want to rush out and buy some! Could you morons have possibly thought of anything dumber? Love, Trotch

"HOTTIE" in Civil:
You know who you are! (I.R.) I think you are phenomenal! I've always thought that, but I didn't want to wheez on the Mustang boy's gig. Let's do coffee sometime. (What's up in Athabasca?) Camaro Boy

To Culinary Arts Students
Where do you get your meat for your burgers? Whatever McDonald's throws out, we get to eat? Last year the burgers were bigger, better and our plates were full. For the increase in price, I thought at least the quality would stay the same.
The Starving Students

RE: Kimberly Ski Trip
Thanks for organizing a great ski trip, Scott. The cops, broken legs, punk-ass sparkles, TV evangelists annointed key caines, and raccoon boy made the weekend unique. To the guys in condo #981: "Where the hell is the fire extinguisher?" Lil' Buddy and Dirk Diggle: "Shut the **** up already and go to bed."
Janasty

To: the ex-mohawk cook guy:
I'm shy, but tired of just seeing you around. I'm interested in getting to know you. Respond through the paper.
From: The Girl With "The Look"

Hey Baby,
To the good-looking, curly haired blonde in his 2nd year of business who calls himself Dan. Happy Valentine's Day from your main squeeze. I Love You
Kris

I Believe in Honesty
Wanted: 1 (or more) SWF for EET student. Must be into kinky casual sex. 5'10" - 6' any shape except obese. Piercings and tatoos welcome. I'm 5'10", not too bad looking. Frisky and full of sexual energy. Interested? Phone Mike at 419-2836.

To Chainsaw Charky
When you step in the ring iwht the 3 1 6 you're putting your life on the line, son. Winning the Royal Rumble proved that I am the world's toughest son-of-a-bitch. Now get out of my face before I open a can of 100% pure whoop ass on you. And, that's the bottom line...cuz Stone Cold said so!
Stone Cold Steve Austin

To my Little Red-Head
Sorry if I scared you off. I missed not seeing you in the Naitrium. I can't wait till you ride my merry-go-round. Till next time you ring in my produce.
Admiring You

Sunshine,
The dog flies at midnight, and the crow walks at noon.
You are the best thing since the spoon.
Hope you are feeling better.
Love The Pest

To Ted E. Bear
You were Definitely checkin' me out, eh? Too bad you failed to notice the engagement ring on my left hand. Better luck next time!
Sunshine on Cloud 9

To the Brunette with the red jacket at the Polish Hall? 5 minutes for a dance next time? Reply
Dakota

Stan,
Nice seein' ya again!
Dean

"All NAITSA skiers"
We have a meeting on February 5 at 4:15 p.m. Please meet at the NAITSA office.

Retro-Shaker!!!
Wednesday, February 11, 1998.
"Another one bites the Dust" Tickets available from NAITSA (Rm E131) or from your Tech. Reps.

To any of you Country Fans out there!!!
The BRETT BARROW BAND is playing at the Rattlesnake Saloon until February 7, 1998. It is a great band. Come on out and have a good time. If you really like what you hear, they sell CDs for \$15. See you there.

Kathy in Business (A.K.A. "Muff Queen")

I have to put up with your shit on the morning drive to school and the loud singing on the way home. And of course waiting for you cause you're late in the mornings. The only enjoyment I get out of this is you're paying me. STOP the bitchiness, I hate it.
14 inches long.

Jessica (First Year Business, Second Semester)
What would I have done without ou? I'm glad for taking that semester of Business, we wouldn't have met. I can't stop thinking about you. Are you embarrassed yet? I hope not. Love ya.

Jason (Former Bus. student)

To the Three Hats at the BUS Cabaret:

I told you then and I'm telling you again—
Your matching hats were hot! You chicks rock my world! Hot Chicks Wear Hats!
I Wear Hats Too!

Classifieds

Trouble with writing assignments? Need an editor? Call a certificated tutor for help. Negotiable rate. 447-2322.

Lost one 10-k gold wedding band, size 9 on Jan. 21, 1998, between the gym and Business Tower. Call Brent at 486-3826

LOST: Monday Jan. 26, 1998, Brown leather jacket with dark brown collar & cuffs. Lost in & around Naitrium area. There is a cash reward.

LOST: Fisher Portable CD player with Jewel CD and ear phones. Will pay \$20 reward if returned. Call Mike at 452-6958.


WANTED: 1 roommate to share a 3 bedroom, 2 bathroom apartment for last 3 months of school. 10 min. walking distance from NAIT. \$200/month & phone. Call 479-1501.

The Sunday Tradition Continues
Floor hockey! Anyone interested can come out and have some fun. Come alone or with a friend. Girls/Guys welcome. Every Sunday at 2

p.m. in Westwood Gym. 104 st. just two blocks north from NAIT. Don't be bored. We will see you at Westwood this Sunday. Call Trent at 479-8461 or Todd at 432-1109 for more info. Bring sticks if you have them!

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