

THANKING NAIT STUDENTS FOR READING THE NUGGET SINCE 1963.

THE NUGGET

Thursday, April 8, 1999
Volume 36, Issue 23

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

FIRE!

New NAITSA Executive Means Big Changes at the Nugget



Kevin Pedersen

At this week's Nugget staff meeting, the 1999-2000 NAITSA Communications VP went into a fit of rage and fired the past year's Nugget staff.

"I knew that he was fed up with our shit, but to fire us? Come on!" shouted Marcel Cretain, who has worked for the Nugget the past two years as Photographer. David Veilleux, this past year's Entertainment Editor, had nothing to say. Considering he is on the NAITSA executive himself, it can only be assumed that NAITSA has some massive ulterior motive.

"I got my stuff in on time. Why would he do this?" commented, Jenessa Kirkwood, the former News Editor, who was not very happy with the decision. Her counterpart, Tyler Harke, was quite happy to hear the news. "It's about time that dough-head canned us. Really, were any of us doing a good job?" He commented that he plans to continue working on his journalism career. "This was one small step toward my plans of achieving global stardom."

Andrew Hore, however, didn't take the news so lightly. "I have given my all. WHY?" The former Sports Editor sobbed uncontrollably, and the rest of his comments were either inaudible or incomprehensible. "I can't believe he fired Beale. Mick did a swell job this year."

Katrina Benson, Typesetter, and Travis Law, Distribution Manager, didn't have much to say. "I'm sick of working as a slave for those bastards across the hall," Ms. Benson commented. "We worked hard all year long behind the

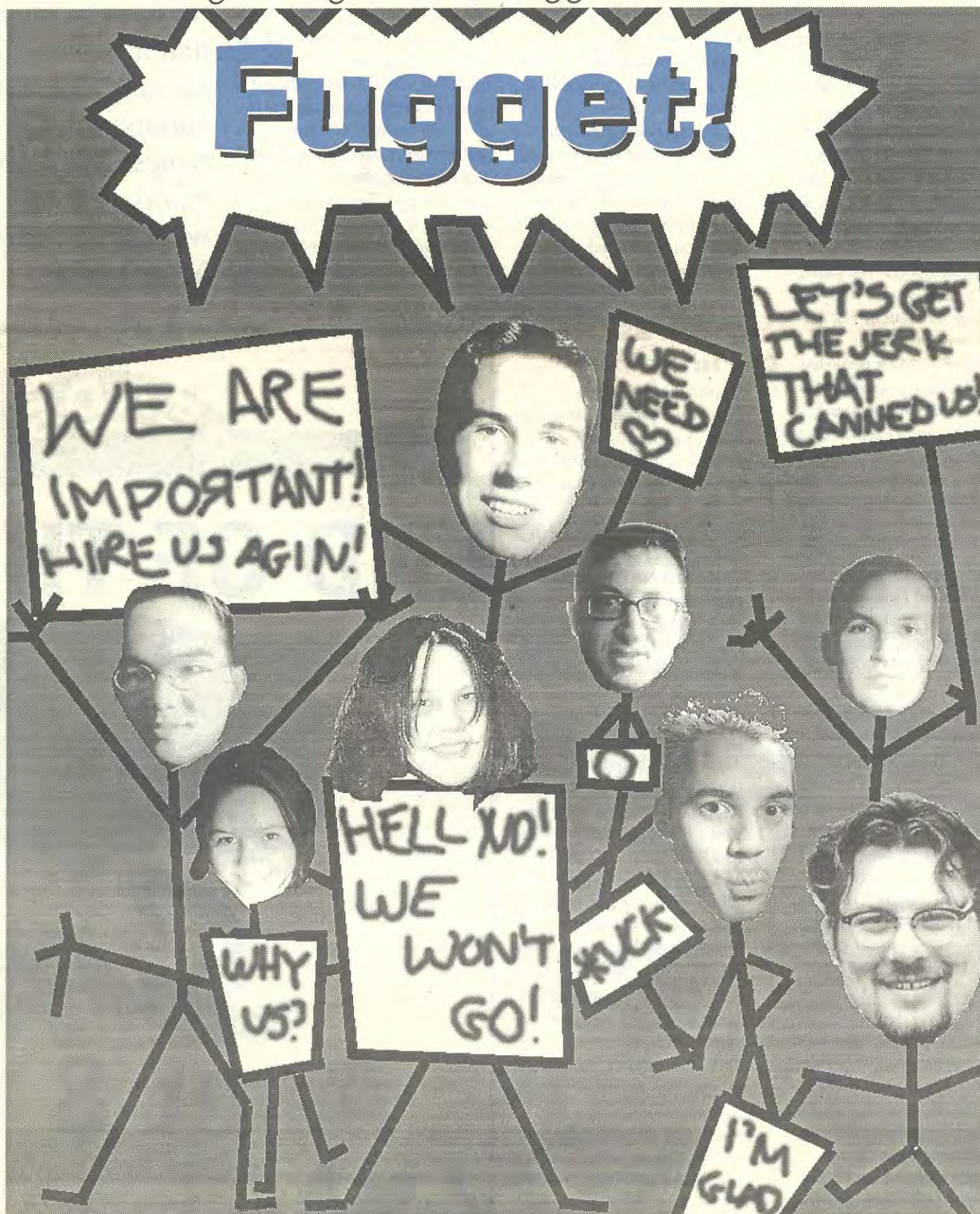
scenes, and for a paltry paycheck every couple weeks. I sure won't miss doing crap for the editors," said the mild-mannered distribution manager, Travis Law.

The big cheese, Mick Beale, was upset that he had been fired. "If I ever get my hands on that new Comm VP, I'll kill him!" After spending the year as Editor-in-

Chief, he was understandably upset. "Hopefully next year's Nugget staff will have a better time. All work and no play makes Mick a dull boy."

The person responsible for this

fiasco was unavailable for comment. The past year's Nugget staff deserve a big pat on the back for the past year's efforts. We can only hope that they will get it.



Parting Shots



Tyler "No Sour Grapes Here" Harke

Well, folks, another year has come and (just about) gone. Another series of courses have been salvaged from what was earlier thought to be certain failure. Finally, and most importantly, you've laughed, cried, and swore at another year of inspiring Nugget newspapers.

Because this is our last paper of the school year (I know, I know, try not to cry too much) our beloved boss and now your Communications VP — Mick Beale has allowed us to take any parting shots we like. Just in case you're wondering, no, I'm not sure what the hell a Communications VP does, either.

Maybe I'm getting old, or maybe I've calmed down since I got off that Percocette and orange juice diet, but I find myself with the perfect opportunity to cut someone down and I am left without anyone to cut! It's like finding out you're diabetic in the middle of a chocolate factory — sadly ironic.

Seeing as how I've become so at peace with NAIT and myself, I suppose I should pay my dues and give some thank you's. The first one has to go out to my fellow brilliant staff members at the Nugget. I remember my first day when I actually thought I'd have to do WORK for my massive pay checks. HA! A definite thanks has to go out to our typesetter for putting up with my real bad grammar and spelling.

Next, I'd like to thank my fellow students for keeping that class average at a nice, even-65. Without you, I would have had to study far more than the morning of the test. I am forever grateful. Thanks to NAITSA for giving us money to publish this work of art known as the Nugget each week and for taking all my bitchy remarks with a grain of salt.

Finally, I'd like to depart from you with some words of wisdom. These are the things which I have discovered during my two year stint at NAIT:

Do's:

- Read the Nugget.
- Flush after you've used the bathrooms here. For the love of God — Flush!
- Bring the Nugget to all your classes — you'll thank me later.
- Tell Dave Veilleux he looks like the guy from Chumbawumba.
- Support your school events. Be it cabarets, sports events, whatever.
- You meet some good people; many of whom have breasts!
- Bitch to your student council, that's what they're paid for.
- Remember that in 50 years time you won't know or care whether you got the top mark on that Communications grammar test, so don't sweat it.

Don'ts:

- Expect the computers to work properly for more than half an hour at a time.
- Expect to find a parking place less than one mile from your class — ever.
- Chew your toenails — it's rude.
- Think that NAIT is solely for educational purposes — make some friends, meet all of your classmates. Do a little dance, make a little love... you know the rest.
- Give jackets to Nettie. She takes them home; right, Dan?
- Try to pick up members of the opposite (or same for that matter) sex through the Grapevines. People will refer to you as a PATHETIC LOSER!! Instead, try talking to them. You might get lucky (no, really — you might get lucky!)
- Use Springer to stimulate your mind — you're better than that. If you're gonna watch it, mute it and put on some decent music.
- Quit. Quitting is for useless wimps, and I KNOW you're not one of those.

So there it is. I am officially done like dinner. Thank you for putting up with me for an entire year. It's truly been a big, fat slice. For anyone who's sticking around this (mental) institution, I wish you luck — you're gonna need it. For all of us who are departing from this place, we'll need even more luck. Let's hope we get it. Really? Yes, really. Take it easy.

And The Year Comes to an End!



Jenessa Kirkwood

It's April, and we just got some more snow, but there is one thing to look forward to — the end of this year at NAIT. Is everyone really that sad to go so they can start working again? I know I'm not. While it is nice outside, this summer the rest of us will be stuck working inside (unless others have plans of going to Europe or the Maritimes or something). "I must say eight months of school went by way faster than eight months of work. I can't believe we're almost done,

it's amazing," said Cheryl. "I just can't believe how fast the year actually went!" another student, Kristina Manuntag, had to add. It went by so fast, but I'm also planning on working so I guess not all of us are taking off for the summer.

It's hard to imagine that a person can actually like school enough to stay, but I guess when you compare it to work, that could be an option. Like Jennifer said, "I don't

wanna go back to work, I just wanna stay in school!" But, really, I don't know how good this summer will be anyway because by the time all of this snow quits we'll already be into July (excuse my negativity), and, by that time summer, will almost be half over so why not get that great indoor job for the summer! So, to all of you returning next year, have a great summer; and for the rest of you — good luck in your careers!

It's hard to imagine that a person can actually like school enough to stay, but I guess when you compare it to work, that could be an option.

THURSDAY
Ladies
NIGHT

Good For ONE Free Entry Until 10 pm



9920 - 62 Ave Ph: 433-3663

CAMPUS READS & NEEDS

END OF THE YEAR

Clearance Sale

APRIL 8 TO 14

Look for the Campus Reads & Needs booth at the Shaw Conference Centre on April 10, 1999. We will be open from 8:00 am to 5:00 pm at the graduation ceremony to sell graduation gifts and souvenirs.

News in a Nutshell



Jenny Thornbird

• The Vibrator Is Mightier Than The Sword

A federal judge overturned Alabama's ban on sex toys, saying the state had no reason to prohibit the sale of the devices. The judge found the state's 1998 law overly broad and in violation of due process rights because it bore no rational relation to a legitimate state interest. Before the law was overturned, the selling or distributing of any material or device designed or marketed as useful primarily for the stimulation of human genital organs was a misdemeanor punishable by up to one year in jail and a \$10,000 fine. One owner, who sells sex devices at her store, commented that they "finally succeeded in kicking the government out of their bedroom." It was actually this owner and five other women who challenged the statute. Their argument? They claimed that vibrators were necessary for sexual gratification they couldn't find otherwise.

• Color Me Pink

A shopkeeper of a hardware store in Alford, London, is fed up with men coming back to his store to exchange paint because their wives hate the color. "We will not supply husbands with colored paint without a signed note from their wives," says a new sign posted beside the paint mixing machine. "If nothing else, men are thinking a bit harder about what they buy," commented the owner since he put up the sign. There's no word on if less cans of paint have been returned since.

• Dr. Bean

A Kenyan doctor who removed a bean stuck in the ear of a young girl, forced it back in when her parents said they couldn't afford the bill. Apparently, the doctor successfully removed the bean from the child's ear and then presented the parents with a bill for 350 shillings (\$8.25 Cdn). When the parents said they only had 270 shillings with them, the doctor then grabbed the child and forced the bean back into her ear and ejected the family from his office. The Kenya Medical Association is further investigating the incident.

• Fight For Your Right To Reek

A college student in Oslo, Norway, is taking Norway to court over his right to reek. The man was barred from the University of Oslo in 1981 where he was an

astrophysics student. He was banned because his strong smell and tattered clothing drew complaints from both students and staff. The man, whose name was not released, has lived in a plastic- and foam-made shack since 1978. He claims avoiding soap and living in a shack helps him achieve a deep understanding of astrophysics. He has repeatedly challenged the university's ruling in court, but lost every time. Now his lawyer wants to take the matter to the European Court of Human Rights. He will argue his client has the right to a private life and the right to an education — even if he does smell.

• Bust Damaged In Bust

An exotic dancer who had her boobs enlarged says police harmed both her health and her career when they ordered her to raise her arms during a drug bust. In a statement of claim, the Winnipeg, Manitoba, woman says she was an innocent bystander when RCMP and Winnipeg City Police burst into the apartment she was staying in and ordered her to raise her arms in the air, despite being under doctor's orders not to. The dancer says she is still in pain as a result of the incident and has not since returned to work. According to police, the woman was never a suspect in the drug bust. They were actually looking for the woman's sister's boyfriend, who was nowhere to be found. The woman has since undergone more surgery for the injuries caused by raising her arms and is hoping to recover the damages in court.

• Not Outta My Mind — Just My Skin

A recent museum exhibit in Mannheim, Germany, drew a crowd of over 200,000 spectators and lineups three hours long. It was called A Glimpse into the Human Body, and it featured real skinless corpses and preserved bodies and body parts. The exhibit starts with installations of organs, such as the lungs and stomach. Then, visitors move on to a room with bodies propped up or hanging from wires. Organizers are saying that the displays such as a lung of a heavy smoker can teach lessons about health or disease better than any textbook or plastic model. Local church leaders on the other hand, actually tried to block the exhibit's opening. They claim it's disrespectful and the human body shouldn't be used for amusement. No one's body was used unless there was a signed release though, and none can be identified because the skin has all been removed. The Glimpse into the Human Body exhibit was first shown in Japan in 1996 where it drew more than 1 million visitors. Since then, there has also been over 200 people who have signed up to donate their dead bodies to future exhibits.

Edmonton's 1st Annual Blues Festival

The news is Blues! Edmontonians... please welcome the first ever festival in honor of the Blues!

Festivals have helped make our city vibrant, and joining our already impressive list will be the "Blossom Into Blue" Blues Festival. This unique event will take place at the NAIT area on May 8, 1999, from 12 p.m. to 2 p.m. and spotlights a minimum of eight bands! Organizer Frank Klemen promises some musical surprises and looks forward to "a true celebration of Blues recognizing the music for what it is... joyful, happy music... honest and providing true inspiration." Not only is this a premier event with top notch talent, but proceeds from the day will support the youth group SIRENS (Support for Individuals at Risk in Everyone's Neighbourhood

Society). This charitable organization creates programs and projects that primarily support Aboriginal and Metis youth at risk.

Festival performers include Canada's Down Child Blues Band, Swamp Mama Johnson (an all-female band visiting us from Seattle), Dutch Mason, Bobby Cameron Band, and Harp Dog Brown & The Blood Hounds. General advance admission seating goes for only \$22, with students and seniors at \$18. Pick up tickets at office headquarters (#204, 10441 - 124 Street) or you can call and order them at (780) 447-4052. Tickets are also available at Ticketmaster or the Grabbajabba Coffee House at Kingsway and Westmount. Limited seating is available, so avoid disappointment. Make the Blues news and plan now to join us for a truly special event!

Project Factory Extended Hours

FRIDAY, APRIL 9
7:45 - 8 pm

SATURDAY, APRIL 10
10 am - 10 pm

SUNDAY, APRIL 11
10 am - 10 pm

FRIDAY, APRIL 16
7:45 am - 8 pm

SATURDAY, APRIL 17
10 am - 10 pm

SUNDAY, APRIL 18
10 am - 10 pm

Library Extended Hours

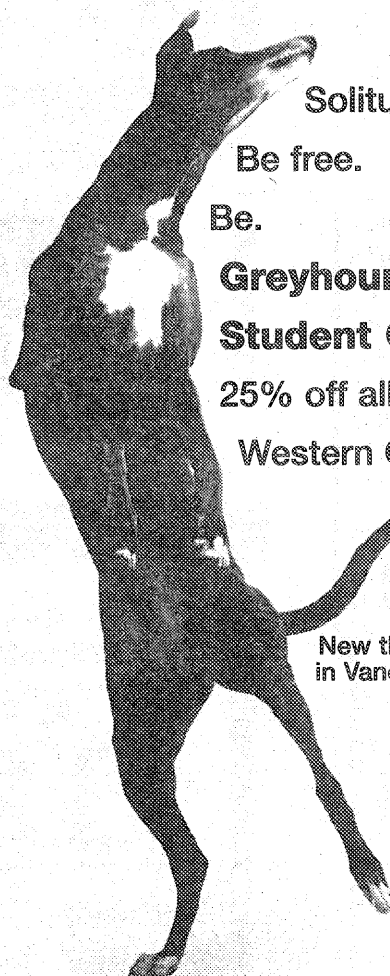
SATURDAY, APRIL 17
10 am - 10 pm

SUNDAY, APRIL 18
10 am - 10 pm

SATURDAY, APRIL 24
10 am - 10 pm

SUNDAY, APRIL 25
10 am - 10 pm

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Bike What Happens Next?

Stolen Refugees Running out of Options

NAIT Campus Crime Stoppers Committee

On March 10, 1999, at approximately 7:45 a.m., a student arrived at the V-building bike rack and locked up his bike. The student returned to the bike rack at 11:45 a.m. to discover that his bike was missing. Estimated value of this student's loss is \$500.

If you know anything about this crime or other crimes, call Campus Crime Stoppers at 429-8336 or at 1-800-661-8336. You do not have to reveal your identity, and, if your information leads to an arrest, you may qualify for an award.

At any time, if any suspicious person(s) or activity is noticed, please report it to NAIT security (7477) immediately.



Tyler Harke

Facing an ongoing flood of misplaced people, Macedonia has become the first country bordering Kosovo to close its borders. This means that any remaining refugees wishing to leave Kosovo could become sitting ducks for Serbia to slaughter.

The major fear is that other neighbouring countries will follow suit and close their borders to incoming Kosovors. It is hard to blame these countries for their actions though. These nations can

barely support their own populations due to a lack of jobs and resources; for example, Macedonia is already a struggling democracy that cannot take much more pressure on its economy. The government is worried that the people who are there as refugees will remain there after everything is finished with the Serbs. Also, the ethnic background of the Kosovors is Albanian. This means that if enough refugees pour in from Kosovo, the country may become predominantly Albanian.

To many, this sounds like no big deal. What's the difference between Macedonians and Albanians anyway? Well, think of it as having millions of refugees from France immigrate to Quebec. If enough of them came here, Canada would be more French than English. Meaning that the next election would have the Bloc Quebecois in

the driver's seat. All of which would obviously change Canada dramatically.

Serbs, Croats, Muslim Croats, Kosovors, Albanians, Slavs — it's hard to keep track of who's who; however, the one thing that seems to remain constant throughout this whole mess is that Serb President Slobodan Milosovic is taking a page straight out of Hitler's book on warfare. Kill a few hundred thousand, back off. Drive a few hundred thousand out, burn down their houses, back off. So far he's been right every time. NATO makes empty threats, he ignores them. Nothing happens.

Unless NATO and Billy Bob Clinton decide to do some real damage to Serb forces, this mess that's been going on for over two years isn't going to clear up. They're trying to tell us that a jet that costs over a hundred million

dollars to design and operate can't see through a patch of cloud? Sounds a little iffy to me. As long as we continue to be all talk and no action, Milosovic will continue to destroy central Europe.

Perhaps there are people reading this who disagree with this standpoint. Perhaps they feel that Milosovic is correct in his actions — but can they explain or justify the mass executions and "ethnic cleansing" that has gone on without punishment for two years? The graves are there. Cameras don't lie. The words "ethnic cleansing" and "holocaust" are beginning to sound fairly similar, don't you think?

So, where do we fit in the grand scheme of war? I'm not suggesting we all sign up for the Canuck army and fly our butts over there. I tend to like my butt the way it is — without bullet holes. What we can do is donate to organizations that are trying desperately to help these people. The Red Cross and Amnesty International are two such groups so we can all help out a little by helping those who head overseas and represent us. There you go. I've solved yet another crisis which has been plaguing you for weeks. No need to thank me — it's all in a day's work, I guess. You're welcome.

The Super Cities Walk for Multiple Sclerosis

Where can you find Good Food and lots of local entertainment? It's the 9th Annual Super Cities Walk for MS. This Edmonton Walk boasts about being the largest walk in Canada, and it is scheduled this year for Sunday, May 2. Walkers can choose from four different route lengths — 3 km, 10 km, 22 km, and, for the ultimate challenge, 28 km — all through Edmonton's River Valley starting originally at Rundle Park.

Walkers can pick up registration forms at any Chili's Texas Grill Restaurant, The Running Room locations, or at the Multiple Sclerosis Society Victory Centre,

located at 11203 - 70 Street, from Monday to Friday between 8:30 a.m. and 4:30 p.m.

St. Alberta residents can pick up registration forms at the St. Albert Dairy Queen on St. Alberta Trail on Sunday, April 10, from 10 a.m. to 4 p.m.

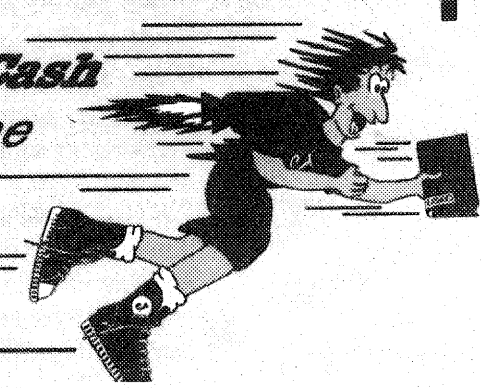
Registration is free until one week prior (till April 24) of the Walk, after which there will be a \$10 fee per person. Early Birds who registered prior to April 1 are eligible to win a \$250 gift certificate from The Running Room.

For more information, call the SUPER CITIES WALK HOTLINE at 471-3034.

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Tuesday - Friday 9:00 a.m. to 5:30 p.m.

Saturday 9:00 a.m. to 1:00 p.m.

The Putz(y) Generation

Greg Kennedy

As some renegade historians would have it, imperial Rome did not collapse under the weight of barbarian incursions, gross licentiousness, or the corrupt ambitions of its emperors. These timely concurrences merely speed the already toppling giant to destruction. The real reason for the fall of the Roman empire was far more pedestrian; in fact, it had everything to do with plumbing.

For the same cleverness and craft that engineering history's first indoor plumbing system accomplished it by using lead pipes. Lead poisoning, which, of course, results from drinking lead-contaminated water, makes soupy pulp out of once solid and robust mental capacities. Rome fell, therefore, because its citizens imbibed themselves into imbecility.

If you place this little gem of historical hypothesizing before your eye, you will behind an exciting spectacle. The great

Gargantua called Popular American Culture comes into view, tottering dangerously, any minute to go crashing against the earth.

According to recent statistics, the average American now drinks more soda pop than water. In Canada, this means 106 litres per person per annum, an increase of nearly 10 percent in the same number of years.

These facts invite all sorts of speculative calculations. Given that the human body is comprised of 60 percent fluid, and given that the Coca-Cola company probably produces 40 percent of all soft drinks consumed, it could well turn out that the Coke trademark extends over almost a quarter of human life in North America. The day, no doubt, is soon to be dawn when the men in red and white begin making housecalls to legally demand saleable organs from the customers of "The Classic Coca-Cola."

Much medical furor has generated of late around the ills of re-

efined sugar. One can of pop contains about ten teaspoons of the sweet and sorrowful stuff. To metabolize this saccharine shot, the body requires a host of vitamins and minerals. Since soda itself provides none of these, the body is forced to mine its own stored resources. By depleting these valuable reserves, the consuming of soft drinks contributes to malnutrition, depression, fatigue, insomnia, and high blood pressure. Research has also linked it to heart disease, cancer, and diabetes. Pop's magical fizz, furthermore, is said to weaken boners, and, of course, the smile of the Pepsi Generation shows a 90 percent incidence of tooth decay.

America, to all appearances, is drinking itself into sugary idiocy, but health-conscious imbibers will beg to differ. Forgotten in all of the above is chemistry's gift to fitness and well-being: the diet-cola. Aspartame, the sugar surrogate used in diet-products, was supposedly sent from heaven to bestow on humanity sweetness without suffering. Doctors, however, now suspect that aspartame has other than divine origins. It seems prone to cause certain unintended nui-

sances, such as blindness, memory loss, brain damage, seizures, and Alzheimer's disease. The conference of the American College of Physicians has elevated this one-time panacea to the rare status of "deadly poison."

For proof that collective stupidity rises in direct proportion with soda-consumption, look no further than the history of pop's packaging. In 1964, 87 percent of soda sold in the US came in refillable glass bottles, which of all available beverage containers, do the least environmental harm. Today, the figure is a shameful 11 percent. Over the years, aluminum and plastic have managed to elbow all same alternatives out of the market. Aluminum production is one of the world's most damaging industries, and the electricity needed to make a single can from virgin ore would keep a 100-watt light bulb burning over 100 hours. Plastic, a petroleum product, environmentally fares no better. Each bottle produces about 40 times its weight in other solid wastes.

History and modernity together declare that imperial America is soon to fall flat on its smirky face. This sounds like a beautiful promise to us barbarians waiting in the wings, ready to pounce on the prostrate fool. From its pulpy brains, we'll salvage a new culture.

(re-printed with permission by the Gateway newspaper)

WATCH OUT! FOR Ntv

Interested in great prizes? Just watch Ntv and you could be a winner! Fill out the following survey and deposit it in the black Nugget submissions box outside of the Nugget office (E-128). Then all you have to do is sit back and watch Ntv news on Friday, April 16, 1999, at 11:30 p.m. to see if your name's drawn! Surveys must be in by Wednesday, April 14, 1999. All questions must be answered for surveys to be eligible for the draw.

Please answer the following questions:

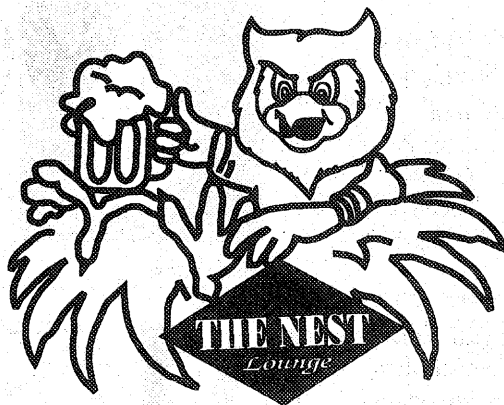
1. Have you heard of Ntv? If yes, where? (e.g. posters, students, newspaper, etc.)
2. Do you watch Ntv?
3. How often do you watch?
4. Do you have cable?
5. What is your program at NAIT?

Please print your name and number:

Name _____ Number _____

NB: Winners' names will be announced during the April 16, 1999, broadcast of Ntv and be contacted by phone. Surveys will become the property of RTA 115 group #5. We'd like to thank our sponsors: Bianco Nero Salons & Spas, Color Tech/Embroidery Ltd. (Jody Kristensen, Stacey Flynn), Stitch "R" We (Debbie & Maruene, Cowboys).

Friday, April 16 3 PM



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The Nugget
encourages
submissions

THE DEADLINE IS

4:00 p.m. on the first
school day of the week.

All submissions Must be
accompanied by Your
Name & Student ID
Number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributors

Daria Morgan, Kevin Pedersen, Jenny Thornbird, NAIT Campus Crime Stoppers Committee, NAIT Parking Services, Salty Nutz, Greg Kennedy, Margaret Marean, Poohfinger, Naddeft, Winnie the Sh*t, ShortFuse.

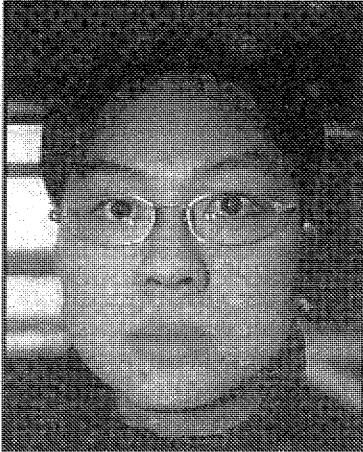
Question of the Week

What did you think of the Nugget this year? (Mick, Editor-in-Chief, would like to know.)



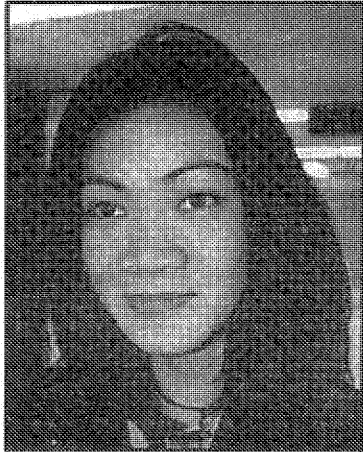
David Strauss
Wood Processing

"Need more rugby shit. But other than that, I haven't read the Nugget."



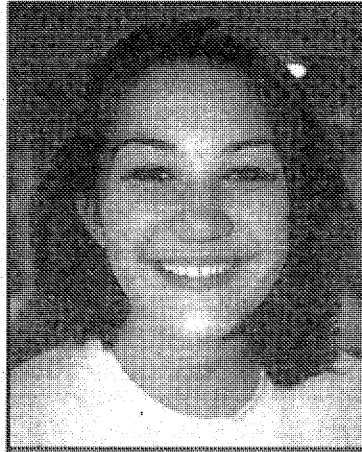
Alvin Leong
Computer Systems Technology

"Didn't read it this week, but the ones that I have read, it has been pretty good."



Kim Do
Business

"I think it's good. I read the horoscope. Always dead on, ha ha. I like the Grapevines."



Linsey Haines
Biological Sciences Technology

"I like it. I think it's funny. The Grapevines are good, the articles are good."



Tara Reimche
Computer Systems Technology

"Pretty good overall. I really like the open house issue. I like the articles about the other technologies. Grapevines are always good."



Letters to the Editor

To the commies at the Nugget,

Thank you very much for not publishing my submission to the Grapevine, which I submitted on March 22, 1999, at 11:30 a.m.

It's nice to see that censorship is running amok in this liberal learning institution.

You asked for my name and I gave it. You asked for my I.D. number and I gave it. So, what gives?

The way I see it, either someone in the Nugget is taking Business, or maybe some of you are already working at McDonald's.

PS: If the submission is going to be printed in this week's Nugget, disregard this letter.

Signed,
Mike + The Mechanics

-Let me see if I remember that submission? Oh, yeah, it was written in really messy handwriting and it was ranting and raving about how little you cared for business students. I thought that it was made quite clear in the fall that we do not print that crap. Sorry, but we don't print all the stuff that comes

in about your tech, so we only do the same favour to the business kids.

I'd just like to take this opportunity to thank you for all those hits you put out in the 80s. I really liked, "The Living Years." It touched me. "All I need is a Miracle" wasn't too shabby, either. McDonald's? As if! I wish they'd give me a job!

That's it for letters to the editor for another academic year. Perhaps you can get some ready for next year's Editor in Chief, who we're still looking for. If you're interested, stop by the NAITSA office to see Cory or myself, before the 15th.

Parking Registration for September Intake

The Parking Office is getting ready for parking registration for September 1999 intake. We will be starting to take applications on July 5 for students entering their second year (99-00) in September. Anyone that is entering first year can start applying for parking August 4.

If you are interested in obtaining a parking spot for next year, please come down to the Parking Office (Room 0-112) and pick up an information/application package before you leave for the summer!

From the Editor:

What's done is done



Mick Beale

Well, that's all, folks! Our job is done here, we've all been fired, and it's time for us to say goodbye. Thanks for letting us try to entertain, inform, and enlighten you this past year.

To review the past year would be a waste of space. You've been here. You've picked up the paper (at least we think that's why the Nugget boxes have been empty). We're all on to bigger and better things, and we've enjoyed the long hours spent in attempting to produce a good paper.

David Veilleux and myself will be on the NAITSA executive this year, so we'll still be around. Tyler Harke is looking into some journalism programs elsewhere. Andrew Hore is going to kick some ass in the real world. Marcel Cretain will be off taking amazing photos somewhere. Travis Law is

fighting off the job offers and plans on graduating or something. Katrina the typesetter will be lurking around the Nugget office again next year if all goes well. Jenessa

You've picked up the paper (at least we think that's why the Nugget boxes have been empty).

will likely be back at NAIT, dazzling them in the business tower. Who knows what the future holds for myself or my staff, but after working with these individuals over the past year, I'm sure they'll all be fine.

We learned a lot this year—we learned that quality takes time, but time requires patience. We all improved on our writing abilities and our interpersonal skills. Every single one of us now knows how to budget time, with tight deadlines plus class schedules. I hope we've

served you well. We did all we could, and now we challenge you to do the same. Carpe diem. Sieze the day. Find some hobbies to do outside of school, but don't let your hobbies interfere with your schooling. We all made lists this year—lists of goals and priorities. We've accomplished a lot this year, and we thank you for driving us in our pursuit of excellence. Now we hope to drive you. This is the last paper, so we're trying to deliver our last message: Go out and enjoy your life after the Nugget. Not that you worked for the Nugget, but as a title for what chapter you're now living in your life: "The Nugget Years." Don't think about Fred Savage. Picture yourself, sitting at NAIT, reading our paper. It's a nice thought that perhaps we've been there through some of your post-secondary education. We are, after all, students who have been going through the same things as you. The Nugget is your friend.

Thanks for being there for us this year. Thanks for excelling in whatever you do, making us proud—proud to say that we went to the same great school you did. Remember the Nugget, because the Nugget remembers you. Until next time, don't forget to floss.

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Enhancing Your Self-Esteem

Margaret Marean, Counsellor

People with high self-esteem have positive, yet realistic views of themselves and their situations. They trust their own abilities, have a general sense of control in their lives, and believe that they will be able to meet most of their goals. High self-esteem means accepting yourself for who you are, and not depending excessively on the approval of others in order to feel good about yourself. People with high self-esteem take reasonable risks and do not feel they have to conform to the expectations of others. Typically, people have areas where they feel confident (such as academics or social relationships) and areas where their self-esteem is not as high (such as personal appearance and athletics).

Lack of self-esteem is not necessarily related to lack of ability. It is often the result of focusing too much on the unrealistic expectations of others and setting unrealistic standards for performance. Self-esteem is developed as you are growing up and are affected by the messages you receive from parents and peers. We usually carry the messages we have learned as children into our adult lives; however, you can improve your self-esteem at any time of your life. Just remember that change takes time and work. Be patient with yourself.

Here are some strategies for enhancing your self-esteem:

1. Identify your self-defeating thought patterns and work towards changing them.

- **All or Nothing thinking.** "I am a total failure when my performance is not perfect."

- **Magnification of Negative/Minimization of Positive.** Expecting that things always go wrong is a common attitude. A single negative detail, piece of criticism, or comment, colors all reality. Good things don't count nearly as much as bad ones. "She didn't say hi to me so nobody likes me." "I got five A's but the one C really shows my abilities."

- **Jumping to Conclusions.** Concluding things are bad without any definite evidence.

- **Emotional Reasoning.** "I feel ugly/stupid/unpopular so it must be true."

- **Overemphasis of "Should" Statements.** "Shoulds" distract us from identifying and fulfilling our own needs, abilities, interests, and personal goals. "Should" statements are often perfectionistic and reflective of others' expectations rather than our own.

- **Labeling.** Instead of saying, "I made a mistake and I can learn from that," saying, "I am a loser and it is all my fault."

- **Difficulty Accepting Compliments.** "You like this out-

fit? I think it makes me look fat."

- 2. **Emphasize your strengths.** Give yourself credit for everything you try. By focusing on what you can do, you credit yourself for efforts rather than emphasizing end products. Accept current limitations and learn to live with them.

- 3. **Develop your skills.** Learn and practice the skills that you feel you are lacking and would add value to your life.

- 4. **Set realistic goals.** Establish goals on the basis of what you can realistically achieve. Break your goals down into small steps and then work towards completing each step. To strive always for perfectionistic absolute goals such as — "Anything less than an A is school is unacceptable," — invites stress and feelings of failure.

- 5. **Take risks.** Approach new experiences as opportunities to learn rather than occasions to win or lose. Expect to make mistakes as part of the process; don't be disappointed if you don't do things perfectly. Feel good about trying something new, making progress and increasing your competence. Taking risks opens up new possibilities and can increase your sense of self-acceptance.

- 6. **Experience success.** Seek out and put yourself in situations in which the probability of success is high. Look for projects that

stretch — but don't overwhelm — your abilities. Allow yourself to acknowledge and feel good about your successes.

- 7. **Use Self-Talk.** Stop listening to your negative inner "critic." When you notice that you are doubting or judging yourself, tell yourself "stop" and substitute more reasonable, self-accepting, and supportive messages. For example, when you catch yourself expecting perfection, remind yourself that it is unrealistic for anyone to do everything perfectly.

- 8. **Respect your own needs.** Recognize and take care of your own needs and wants first. Identify what really fulfills you — not just what is immediately gratifying. Respecting your deeper needs will increase your sense of worth and well-being.

- 9. **Solve problems.** Don't avoid problems and don't stew over them. Face them, identify ways to solve them and act on your solutions. Procrastination lowers self-esteem.

- 10. **Make decisions.** Practice making and implementing decisions. Trust yourself to make good decisions and to deal with the consequences.

- 11. **Be assertive.** This means looking after your own needs while being respectful of the needs of others.

- 12. **Rely on your own opin-**

ion of yourself. Evaluate feedback from others, but do not rely on or put too much weight on their opinions. Depend on your own values in making decisions and deciding how you feel about yourself and what is right for you to do.

- 13. **Let go...** of the past, of unhealthy relationships, of anger you are holding onto.

- 14. **Love yourself.** Spend some time pampering yourself and treating yourself like your own best friend. Stop comparing yourself to others and accept yourself for who you are.

And remember — there is only one person who can really improve your self-esteem — you! You have the choice to move forward or stand still, to be positive or negative, to be happy or sad. You have only one life to live and the choice of how to live it is yours. *"Today is yours to make it whatever you want it to be."* - H. Johnson.

If you feel you would like further assistance enhancing your self-esteem or dealing with other academic, career, or personal concerns, contact the NAIT Student Counselling Centre, Room O-111 (phone 471-8921) and book an appointment with a counsellor.

— some of the above information was adapted from University of Texas and University of Illinois handouts.

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You Love Me, You Really Love Me!



Jenny Thornbird

Time to break out the lighters and hold them up high — it's the last Nugget issue of the year and my last article. "But Jenny!" some of you are chorusing, "This isn't a typical article for you! Where are the scathing remarks? Where are the words that'll make me gasp?" This is it, boys and girls, you're reading it.

Last week, the Editor-in-Chief of the Nugget phoned me and informed me that the last issue of the year was a "say anything" issue. Basically, if there was anything last minute I wanted to get out, this was the issue to do it in. No holds barred — I like that. And for a week afterward, I wracked my brain. What could I write? What last impression could I leave on the student body of NAIT?

But I came up with nothing.

You see, I'm all bitched out. Anything that's been pent up inside me in some way, shape, or form, has all come out through my writing. Maybe I didn't write about what was actually bugging me, but it was expressed in there somehow. I know it. Writing for the Nugget this year has actually been an emotionally healthy experience for me — and who would have thought that I only originally intended on writing a single article?

I guess this is the part where I thank people now. First and foremost then, I'd like to thank the Nugget staff. Thanks for letting me bitch, guys! It's been fun getting to know all of you, and I can only hope that next year's staff is at least half as fun.

I'd also like to thank you, the students. I've gotten fan mail, I've

gotten hate mail, I've even actually had people go to the Nugget office in an attempt to meet me (I'm still waiting, Drew). I even had my own fan club going for a while (Thanks, C.F.). My best parting gift though, was a virtual, crack-filled dick I had E-mailed to me with the words "Jenny Thornbird is God" on it. I'll definitely be putting that in my portfolio!

Besides thanking people as a Nugget volunteer though, I've also been a full-time, second-year NAIT student all year long; and it hasn't been an easy year to get through by any means! Venting in the Nugget on a weekly basis wasn't the only thing that got me through the year and allowed me to remain relatively sane. For starters, there's my friends, who reminded me that it's actually a *good thing* to have a social life. Then there's also my mom, who, well, she's been my wall to yell at, my shoulder to cry on, my estrogen partner to bitch with... you'd think we're roommates rather than mother and daughter. I find I also have to thank my cat, because, without him sitting on my head each morning reminding me he's hungry, I never would have made it to my 8 a.m. classes on time. And then last, but certainly not least, I have to thank my K's Choice CDs. Without the songs "Not An Addict" and "Paradise In Me," I never would have had anything to sing in the shower, listen to on my spares, or put on repeat while working.

Okay, now I'm getting a bit ridiculous — I know, I know. What can I say though? I'm all emotional! I'm all convexed! Four months is a long time to go without writing anything — what's that, you say? Four months? That's right, boys and girls; this may be my last article of the 1998-99 year, but next year... I'm baaaack! And in more ways than one, too. Watch for it. In the meantime, in-between time, shade and sweet water. (wipes eyes) You've all been wonderful!

We Couldn't Do It Without You!

Being our last issue and all, we think that it's time that our submitters and supporters received some well-deserved recognition. I'd like to thank the Nugget staff this past year, for a job well done:

Darrel Gregory, Linda Campbell, Cory Popiuk, Jenessa Kirkwood, Tyler Harke, Marcel Cretain, David Veilleux, Andrew Hore, Katrina Benson, and Travis Law.

What's a student newspaper without students who want to write? The following people helped fill the Nugget this past year, whether by submissions or by continuous support, and deserve a big hug from each of you when you pass them in the hallway:

Randy Bachmier, The People at BAS, John Betton, BJ, Greg

Bonikowski, Bryce, Rita Cain in the NAITSA Office, The Cat in the Hat, Patty Cameron, Chris Chelmick, Pamela Chiverton, Jean Chretien, "Crazy" Mike, Scott Cummings, Cowboys, Daisy (our filer), Stephen Edward Devas, Les Dewit, Neil Diamond, Pam Dill, Donovan, Dr. Ben Dover, Marlene Emerson, Judge Entity, Caroline Fedoruk, A Fighter, the girl with the locker across the hall from our office with the ever-changing hair colour, Peter Gzowski, the instructors who've understood our frequent absences, IR Publicity Committee, Greg de Jong, Heather, Shirley Kabachia, Gavin Kopp, The King (thank-you, thank-you very much), Ralph Klein, Marie Lazaruk, Jason Leung, Lurch, Aaron Madsen, Margaret Marean, Rob Matlock, Casey McGillivray, Julie McKenzie, Anne McLellan, Susan Melnyk, Carole Middleton, Alison Miller, Daria Morgan, Charlene Morrison, NAIT Campus Crime Stoppers Committee, NAIT

Parking Services, NAIT Photo Department, The Nest for letting us take breaks late at night, Marc Nobert, Marcia O'Conner, Vhin P, Kevin Pedersen, Pop-Up Video, Patrick J. Radulski, Michelle Reeder, Jordan Richley, Jeff Riddle, Trent Rohovich, Roy Romanow, Leanne Ross, Cory Roy, Sable, Scully, Sam Shaw and the rest of the wonderful NAIT people, Johnny Shilde, St. Francis, Bill Trainor, Jenny Thornbird, Trish Urban, Noy Vangsamphanh, Viagra, Weezer, Scott Williams, Cam Wilton, Pat Wingerchuk, Curtis Wood, Craig Wourms, Chantal Young, ZZ Top, and anyone we may have forgotten.

Thanks to all of you for the wonderful year!

Mick Beale, Editor in Chief
On Behalf of
Team Nugget 98/99

GROUND ZERO PURITY TEST

Gender: M ☐ F ☐ NAIT Program _____
Age Group: 18-21 ☐ 22-25 ☐ 26-29 ☐ 30+ ☐

Have you ever:

1. been drunk?
2. used alcohol to lower someone's resistance to sexual activity?
3. smoked marijuana?
4. used a stronger drug?
5. placed a personal ad in a newspaper or magazine?
6. read a pornographic magazine or seen a pornographic movie?
7. phoned a live sex line?
8. lied about your sexual preference in order to avoid a date with someone you didn't like?
9. had an orgasm while necking?
10. masturbated somewhere that you could have been discovered?
11. done 69?
12. had sex?
13. had a one-night stand?
14. had sex with someone whose name you didn't know (and still don't)?
15. had sex with an inanimate object?
16. given money or some favour to someone so they would have sex with you?
17. had sex with more than one person in a 24-hour period?
18. intentionally made more noise than necessary so as to put on a good show?
19. fantasized about someone other than your partner during a sex act?
20. taken nude pictures or had nude pictures taken of you?
21. had anal sex?
22. intentionally listened to or watched other people having sex, without their knowledge?
23. had sex with more than one person at the same time (menage a trois)?
24. had more than 10 sex partners in your life?
25. fallen asleep during sex?



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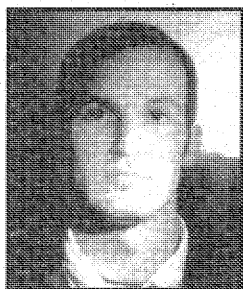
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Canada

A Hore's Farewell:

Another Season of NAIT Athletics Comes to an End



Andrew "Moving On" Hore

It seems like yesterday that a bald, lanky HORE stepped into the NAITSA offices inquiring about a position covering NAIT athletics this year. Now, eight months later, the school year is coming to a frantic end; and NAIT athletics is looking towards next September. This year's sports season went about as fast as my hair — Yes, that's fast! However, for those athletes competing, one usually gets a second chance to win a championship or compete for school pride once again. In my case, well, we all know there is no second chances. My hair's not coming back.

I know find myself writing a farewell article to my half a dozen readers. It's a chance to reflect on the season that was and the season that could have been. NAIT competed in all areas of sport this year and put their proverbial 'heart' on the line each time out. Our athletes managed to play for their respective teams and compete in the classroom on a daily basis. Let me tell you, it's not the easiest thing in the world to do.

A big thanks goes out to the wonderful coaches at NAIT who give their athletes a lifetime of memories and advice. To the NAITSA gang, thanks for your support throughout the year. To Marc Dobell, our wonderful promotion guru, thanks for the E-mails and assistance. PS: I want your job. The biggest thanks goes out to the fans — your support is greatly appreciated. There is nothing better than to see a full house at one of the NAIT games; it gives the athletes an unfamiliar breath of greatness.

A personal thanks to those who read my articles year; I hope you enjoyed the lighter side of sports to the fullest. To the people who didn't get to reading the entirety of my articles but got a kick out of my nicknames and unique last name — hope you had a good laugh. A career in journalism for myself is about as far fetched as changing my last name. We all know there will be no Hores cov-

ering local sports in Edmonton anytime soon.

This year's sports season went about as fast as my hair — Yes, that's fast!

A final thanks to the athletes who are graduating and moving on. Your countless days of bleeding the blue and gold will be cherished forever. To those athletes returning for another year, set your goals high — nothing is impossible.

A little advice to live by:

• Play with passion, play with conviction, play with emotion, but, most of all, play with your HEART. The athlete with the big-

gest HEART always comes through in the end.

• Excuses are for losers. Those who take responsibility for their actions are the real winners in life.
• Winners meet life's challenges head on, knowing there are no guarantees, but yet they give it all they've got.
• Take control of your life. Dare to dream and take risks... COM-PETE.

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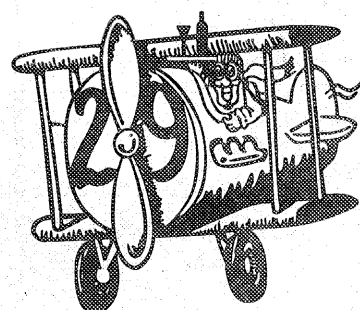
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Horrorscopes

Something we were afraid to print:

The Last Big Erection of the Millennium



Daria Morgan

Capricorn

(December 23-January 19)

Good time to be happy-go-lucky! You'll find that works out a lot better than the sad-go-accident-prone you've been feeling.

Aquarius

(January 20-February 18)

While doodling on a notepad, you will accidentally sketch a symbol sacred to an ancient voodoo deity and will open a gap into part of the astral plane that is even less appealing than Calgary.

Pisces

(February 19-March 20)

Unleash the power you have chained inside you! Just don't let it make those annoying "yip yip yip" sounds or hump anyone's leg in the hallway.

Aries

(March 21-April 19)

You will inherit millions, along with a rather elderly butler named Hodgson. You'll have a nice time.

Taurus

(April 20-May 20)

Be nice to your coworkers today. Cow orkers have a darned tough job so it's good to make them feel special once in a while.

Gemini

(May 21-June 20)

Good day to make a face like a rodent and hold your paws up in front of your chest. When someone asks what you're doing, chitter at them and scurry away.

Cancer

(June 21-July 22)

Try being entirely honest for a week. That's a fine way to develop a clear conscience. Personally, I prefer my method though — a poor memory.

Leo

(July 23-August 22)

You will join some sort of team this summer. I'm not sure what sport it'll be in, but the team's name will be "The Screaming Weasels."

Virgo

(August 23-September 22)

Someone will try to pass chicken balls off as shrimp today. If anyone knows their crustaceans, it's you, baby.

Libra

(September 23-October 22)

Nothing especially remarkable will happen today. You will get a strange urge to talk like Ziggy Marley, but it will pass.

Scorpio

(October 23-November 21)

You will be attacked and beaten by a group of nuns. When a baffled pair of police men drag them off you, they will refuse to say why they were attacking you and begin to sulk.

Sagittarius

(November 22-December 22)

You may think that you have found a serious career... but belching isn't a full-time job. Try something else.

If today is your birthday:

Go to the NAITSA office and collect your free pair of vibrating panties. Enjoy!

Poohfinger, Nadcleft, and Winnie the Sh*t

The results of the erection are in! The big erection was held on Friday, March 19, from 8 a.m. until 4 p.m.

A lot of friction was experienced early on, and it was a long, hard battle to get the erection going. The candidates were mostly new up-and-comers grinding through their first experiences. All candidates came with preparation, though few were thoroughly probed in public.

This was not the first poke for

all candidates. Mike Anderson was trying to achieve a second triumphant erection while Gavin Kopp and Chantal Young were using the erection to fulfill their wildest dreams and achieve new positions. All candidates were pushing to the extreme and pulled their own weight all week long. Believe us — each and every person held their own for five long days.

For the most part, it was an extremely tight race that loosened up in the end. Luckily, no controversy caused the erection to come to a

premature halt. The smooth deliveries of some candidates made it easy to do well with their erection efforts.

Running for the head position, Gavin and Chantal felt the most pressure towards the end of the erection; the relief was seen on everybody's faces after the erection reached its climax.

The victorious candidates would like to sincerely thank all the volunteers who spent the day polling the student bodies willing to participate. See you next year — handling erection 2000 shotgun style.

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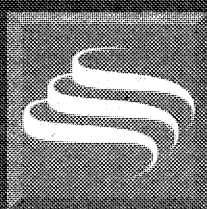
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CD Review

Cartoons

Toonage

EMI - Medley/Flex Records

ShortFuse

Keeping in touch with this week's theme of What's Bizarre in the Musical World?, I'd like to start off my review of "Toonage" with a less than proverbial '?

There's question marks all over this disc and I'm not even sure where to start. Do I mention that these freaks are from Denmark and then just let the review roll off from there? Do I query the purpose of the music — noting the obviousness of the 1950's era classics of sing-a-long crap like "Witch Doctor" and "Rama-lama-ding-dong" touched up with a 1990's feel-good techno back beat? This is the kinda stuff you could one day hear in Cowboy's. Why? 'Cause I said so.

But now we beg the question, "Why do these guys feel it's necessary to get dolled up as exaggerated Elvises, some kind of Sammy Lightfoot or Star Wars Cantina rejects with instruments that are way beyond what I can stomach? Oh, wait, maybe they're marketing towards the kids. Now we're starting to make some sense, I think. But I'm still unclear of the music's purpose —

to get kids hooked on techno at an early, early, early age? To show kids that music can indeed be fun? To give these guys jobs so that they don't have to go out into society to find employment there, God help us all?

These questions and more can



be yours to answer. All you have to do is pick up this disc at your local Toys'R'Us and let the confusion reign!

Lie awake at night as Shooter, Sponge, Toonie, Buzz and Puddy & Boop take control of your thoughts and I.Q. Wonder aloud as their rendition of The Police's "De Do Do Do, De Da Da Da" makes you quiver like you've just taken a mega hit of heroin.

I don't know who to give this record to. It has so many elements that many different people would enjoy but I believe that nobody at all could possibly like this album as a whole. I may have to burn this thing.

CD Review

Alliance Ethnik

Fat Comeback

Virgin Records

ShortFuse

Some people can rap. I can't, but some other people can. Apparently, and I'm basing this based on this one record that I've only heard this one time, the French can't rap, either. Well, technically, they can, but it sounds terrible, like putting the cat in the dryer. It has rhythm and style but it can ruin your nerves.

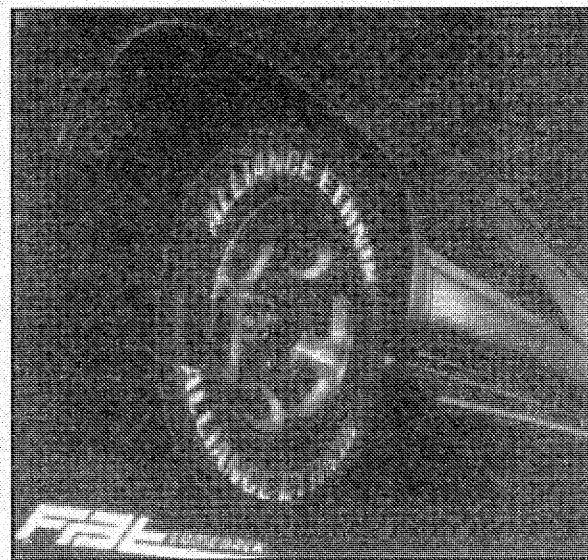
And I don't care that they have Biz Markie and De La Soul guesting here. They mean nothing to me. My first curiosity is about why Youssou N'Dour does a spot on the last track.

This whole disc is nothing but confusion for me. With an obviously heavy French basis, they should have done the egotistical French thing by making it French ONLY. Instead, they bring in some English; perhaps to justify it as rap since rap started out in English. Maybe this justification was necessary because French rap is just

...the French can't rap, either. Well, technically, they can, but it sounds terrible, like putting the cat in the dryer.

starting out (I don't really know) and it needed the royal blessing — so to speak.

I gotta apologize here because, as Canadian as I am, my bilingualism sucks and I understand very little of the French language. Maybe that would help. This review has no point.



Don't let this be you

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Job Opportunity

HEAD OF SECURITY

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Someone with great organizational & leadership skills.

Someone who is dedicated and interested in making and being part of successful events here at NAIT.

If you are the person or are interested, please come see Michael Robert Anderson at the NAITSA Office in Rm E-131 or phone: 471-7603.

Application deadline is
Friday April 9th.

TOP TENS

Source: www.cdnoc.ca

Canadian Box Office

1. Raiders of the Lost Ark
2. Porky's II
3. Shaving Ryan's Privates
4. Casablanca
5. Debbie does Detroit
6. Top Gun
7. Return of the Jedi
8. The Little Mermaid
9. Chinatown
10. Beverly Hills Cop

Edmonton Album Sales

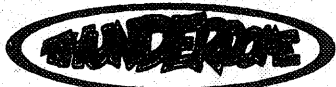
1. Baby One More Time - Britney Spears
2. Come on Over - Shania Twain
3. 1999 Grammy Nominees (Mainstream) - Various Artists
4. Believe - Cher
5. Neon Ballroom - Silverchair
6. Americana - Offspring
7. Fanmail - TLC
8. MC Mario Mixdown 99 - Various Artists
9. Miseducation of Lauryn Hill - Lauryn Hill
10. Slim Shady - Eminem

Canadian Singles Sales

1. Boy in the Box - Corey Hart
2. Every Rose has it's Thorn - Poison
3. Unforgettable - Nat King Cole
4. My Dingaling - Chubby Checker
5. Stay - Shakespeares Sister
6. Something/Candle in the Wind - Elton John
7. Rodeo Song - I forget
8. Puff the Magic Dragon - Barney
9. Dirty Deeds - AC/DC
10. Ya like you - Cared about this anyway

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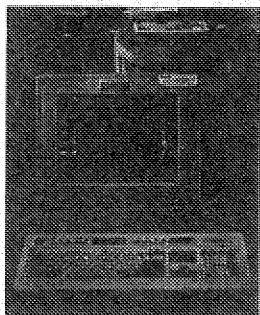


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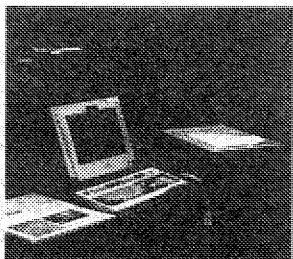
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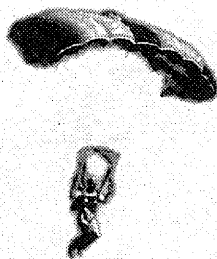
\$407.00

Adobe Illustrator

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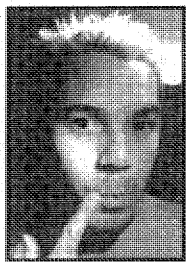
I BET THEY WISH THEY
HAD LEARNED TO
SKYDIVE

LIVE A LITTLE!

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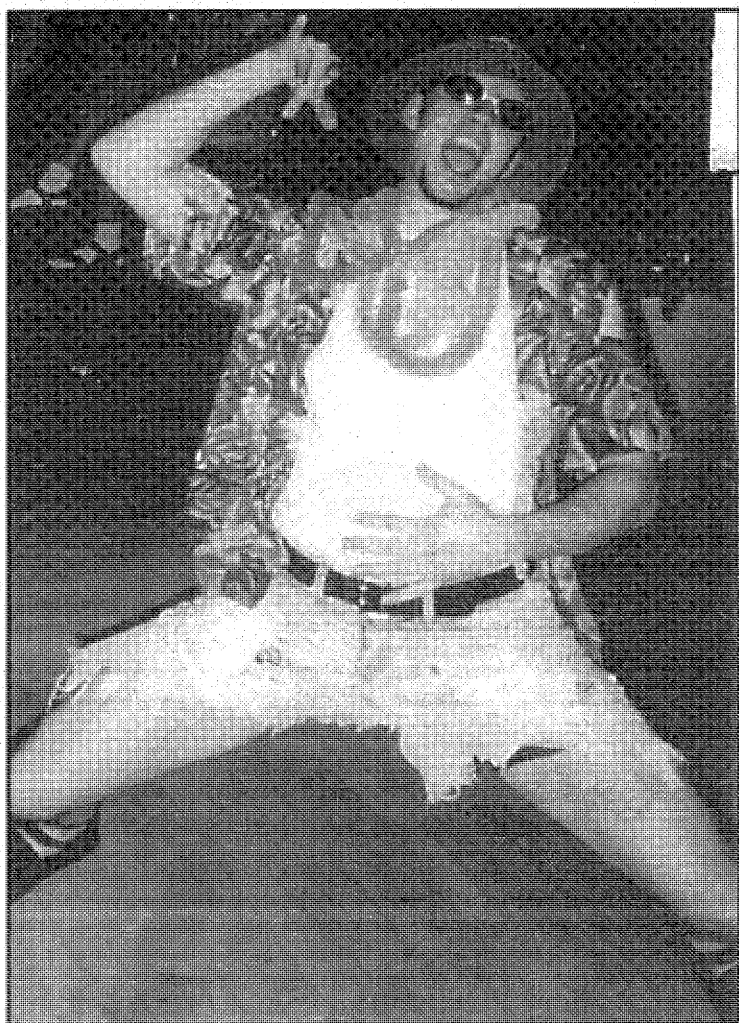
That's Entertainment



David "Fugget if ya can't take a joke" Veilleux

Well well well, it's been quite a year hasn't

it? How do you say goodbye to something that has been so damn fun? I had a blast fulfilling my duties as your fearless Nugget entertainment editor, and wouldn't take it back for the world. Not that you could make me anyhow. I came, I saw, I received oral pleasure, all in the homey confines of the NAIT campus. I hope that you've gotten a kick out of me. If you didn't, tough fucking luck, eh. I attended many NAIT run events and cabarets and achieved new levels of inebriation that I never thought possible. I learnt the valuable skill of getting fall down, going home with gutter trash drunk and still remembering enough details to keep you, the average student informed. I



Is this Dave? No.

gave you every opportunity to dictate what you see in this humble little entertainment section, and I didn't receive any requests, comments, or direction. I assumed that meant you liked what you saw. Thanks.

Now most of my articles did have a business slant towards them, but it is hard to be objective when they were the major one of only a few techs to request coverage. Thanks go out to EDDT, CLXT, RTA, Pre-tech, and Instrumentation for showing that initiative and getting their events coverage. Much thanks go out to BAS for giving me the sugar all year long, and to all the girls I've loved before, and after, and in my car behind Ezzies. Seriously though, I want to thank all my loyal readers and I hope I served you well. To the rest of you, a hearty "you're lickin' my balls...". Alas, if you'd only cared...

Now I would like to thank our sponsors...

Now most of my articles did have a business slant towards them, but it is hard to be objective when they were the major one of only a few techs to request coverage.

Thanks to:

Universal (Courtney Rocks!), Core Audience, Loggerhead Records, Polygram, Sony, EMI, Virgin, Epitaph Records, Ezmerelda's, Cowboy's, Thunderdome, and a cast of thousands. If your name ain't mentioned, don't worry your still in our hearts.

Project Factory Help Desk Position

Position Title: Help Desk

Start Date: Sept 1999 through April 2000

Positions Available: 2

Job Type: Part-time

Application Deadline: April 23, 1999

Job Description/Duties: Assist customers in their use of computers and equipment in the Project Factory. Troubleshooting, and maintenance of computers and equipment. Providing staff and students with excellent customer service.

Qualifications: Working knowledge of Network printing, scanners and photocopiers. Must be efficient in the following software:

Windows 95 / Microsoft Office 97 / WordPerfect 97 / CorelDraw 7 / Pakemaker 6.5 / Photoshop 5

Excellent listening and communication skills and the ability to handle ongoing tasks are a must.

Please drop off resumes to Rebecca Thompson or Ken Jones in the Project Factory room U210.

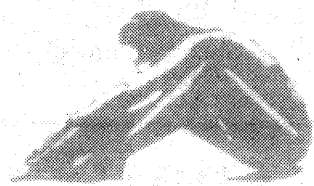
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Somewhere, Over the rainbow

Salty Nutz

Hmmm, a free cabaret with 1 dollar shots and 2 dollar beer. Ok, you talked me into it. It seems BAS had a little trouble at their previous cabaret at Cowboys and decided to offer a free one in the merry old land of OZ. OZ being the old KAOS, that is. The same owners just changed the name in order to lose some of the bad press they were getting. I accepted the tickets with some hesitation, as I had really hated that KAOS dump and was dreading the idea of being stuck in a crappy bar all night. Well, I survived my experience, and this is what I have to say:

The management at OZ are the same assholes they were at KAOS.

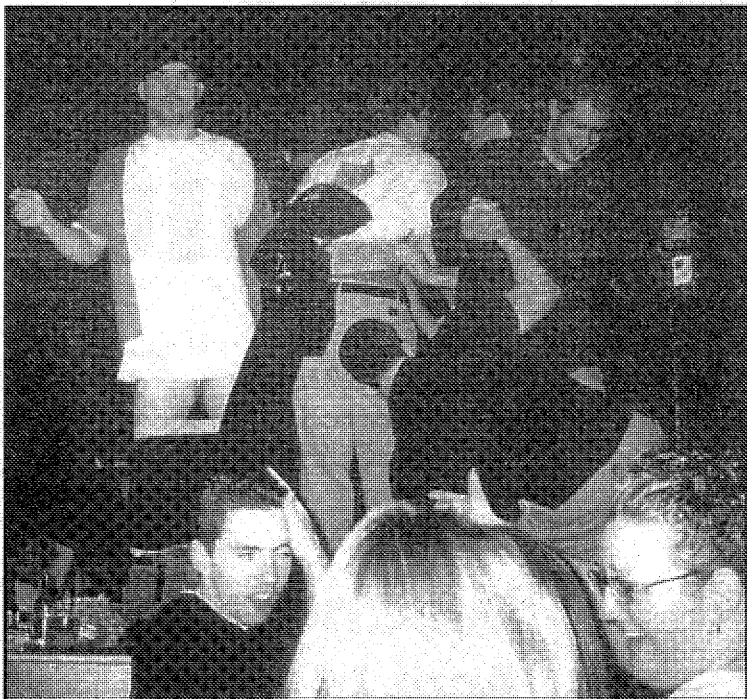
The pat down at the door didn't turn me on in the slightest. (Really...)

I look hot in Tyler's shades.

I look hot without them.

I am not the slightest bit conceited.

BAS is really trying to keep us entertained. (You guys deserve a

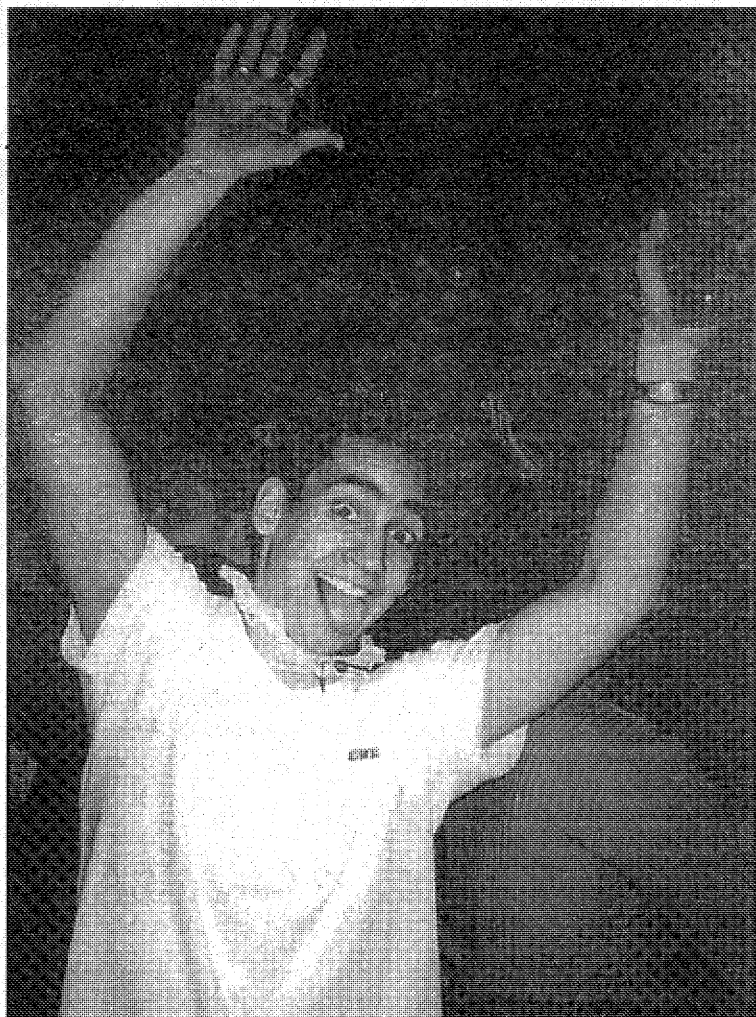


Right: Rob caught with his pants down.
(Thanks to Trish Urban for her photos this year.)

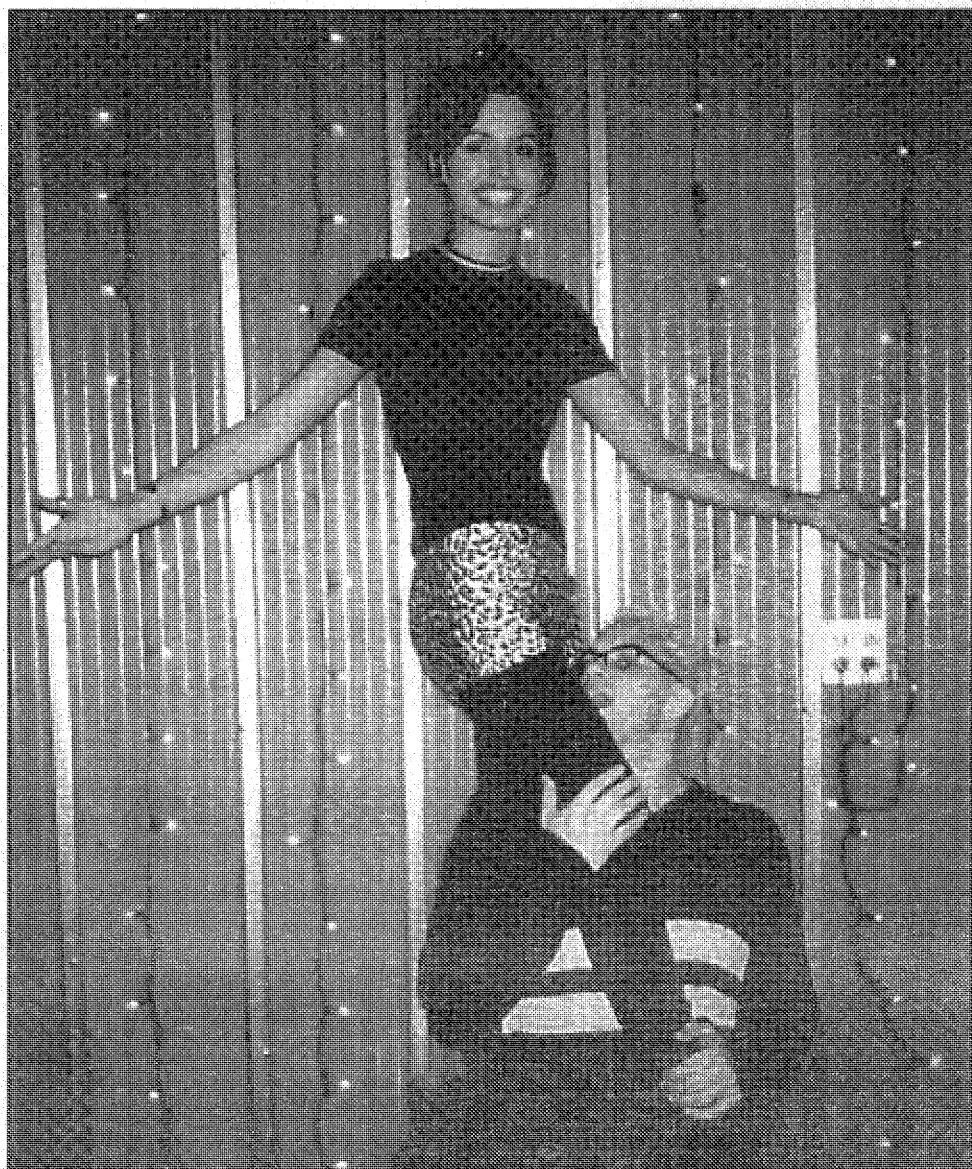
pat on the back. Here it is.)

Overlooking the fact that the bar ran out of the cheap shots way too early, I had a really fun time. BAS has consistently put on quality events and we should thank them. It isn't easy to organize these things and it's hell whenever the

slightest thing goes wrong. Thanks go out to all the ladies for being so damn accommodating, and the guys for being so damn horny (and vice-versa). Peace out for another year, see you at grad. (Oh yes, let's give a concerted effort to keep Rob in his clothes from now on, OK?)



"Look at me."



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my licks
in.



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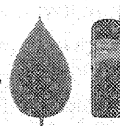
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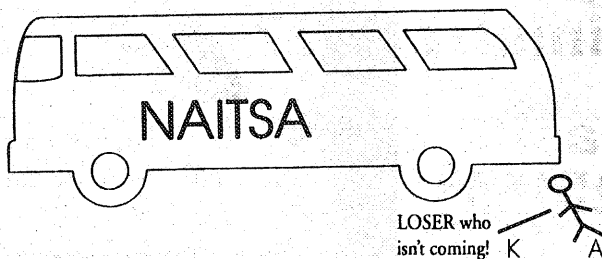
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'97 & '98 CAMPUS COMEDIAN OF THE YEAR

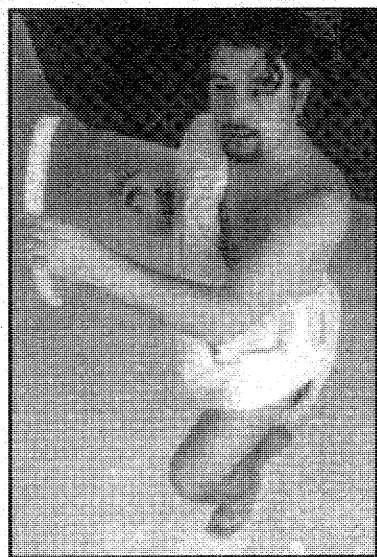
RICK BRONSON

IS
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In A No Holds
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Wednesday
April 14
5 pm
The Nest



Thank You,

Mick!



From the bottom of our hearts, as well as other various body parts, both NAITSA and the Nugget staff would like to thank Mick Beale for his invaluable contributions to the Nugget this past year. From the staff's perspective, he ran a tight ship with insightful meetings (the whips and chains were a nice touch) and we appreciate the really nice guy he's been to all of us all year long. We're also sure that to the student body of NAIT, he will forever be remembered as not only the reincarnated Colonel Sanders who wrote in-your-face editorials that actually made us sit down and think, but also as the guy in Cupid diapers who had a Martha Stewart touch to every letter he replied to. The Nugget paper has been informative, entertaining, and enjoyable from start to finish this year, with not a dull issue to its credit. Best of luck, Mick, in your new position as Communications VP in the 1999-00 year. You've left some very hard shoes to fill.

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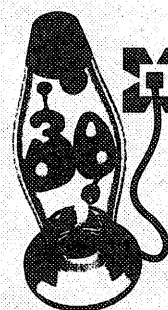
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9:30 pm - 2 am

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Nugget
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See Cory or Mick
in the NAITSA
office.

Crisis in Kosovo

Citizen of Humanity

It disturbs me to listen to all the mislead conversations in the hallways regarding the constant US bombardment of Yugoslavia. People are giving praise the Americans without even knowing any facts regarding the war and why the Americans are involved.

People must understand and realise that CNN or any other American broadcast station is extremely bias. Americans are arrogant and love to be involved in any

war just to execute their power. US involvement in the war is NOT about the protection of Albanians like they claim. If it is than why wont they allow Albanian refugees to enter the US? How come they wont send food? Instead of sending provisions they send war planes. Canadians are the ones who are sending the food and supplies to help the Albanian refugees in Montenegro. We are also bringing in 5000 refugees this week, and there will be more. It is plainly obvious that the US is just there to

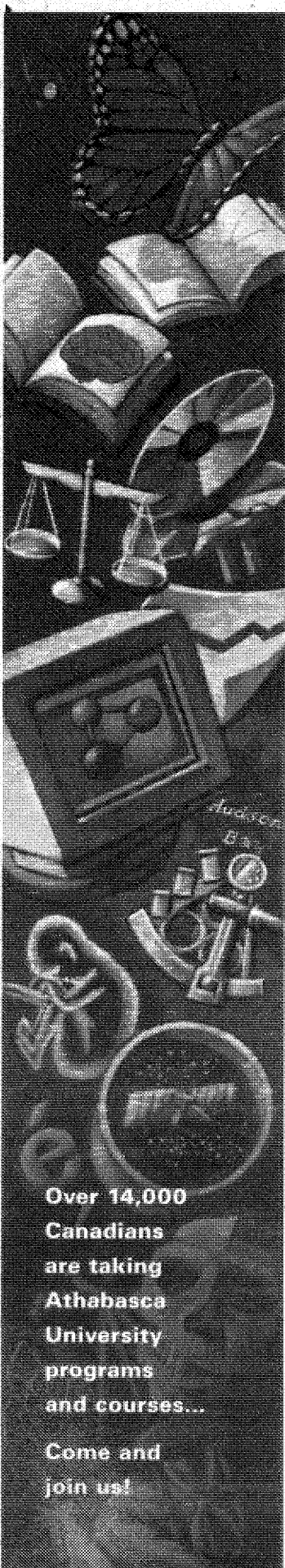
prove the point that they are the most powerful nation.

I looked on the Internet 5 days

**Americans are
arrogant and love
to be involved in
any war just to
execute their
power.**

ago and the Serbis claimed to have shot down 3 stealth bombers. Only now are the Americans claiming that the bombers have been shot down. But if it were a Serbian plain it would be all over CNN within 5 minutes.

What is happening to the Albanians is dead wrong. The UN is doing what they have to do, but the US is just as wrong claiming they are there to help the Albanians. The real heroes of the war are the UK, Canadians and France they are there for the right reasons.



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For More Information

For more information, contact Sandy Gibson at:

Phone: (800) 788-9041 (ext. 3283)

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e-mail: sandrag@athabascau.ca

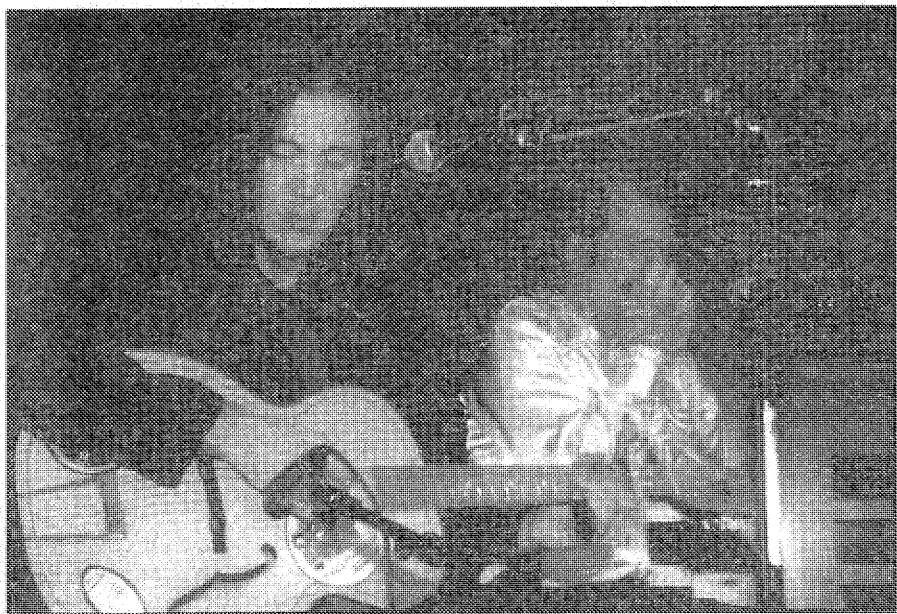
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Admin

Athabasca University

Year in Review

Through the eyes of the Nugget photographer



CLOCKWISE FROM ABOVE:

• It was a pleasure to host Big Sugar at The Nest. It was a very successful event.

• Some of the concerts covered by The Nugget Entertainment staff were Lilith Fair and Matthew Good.

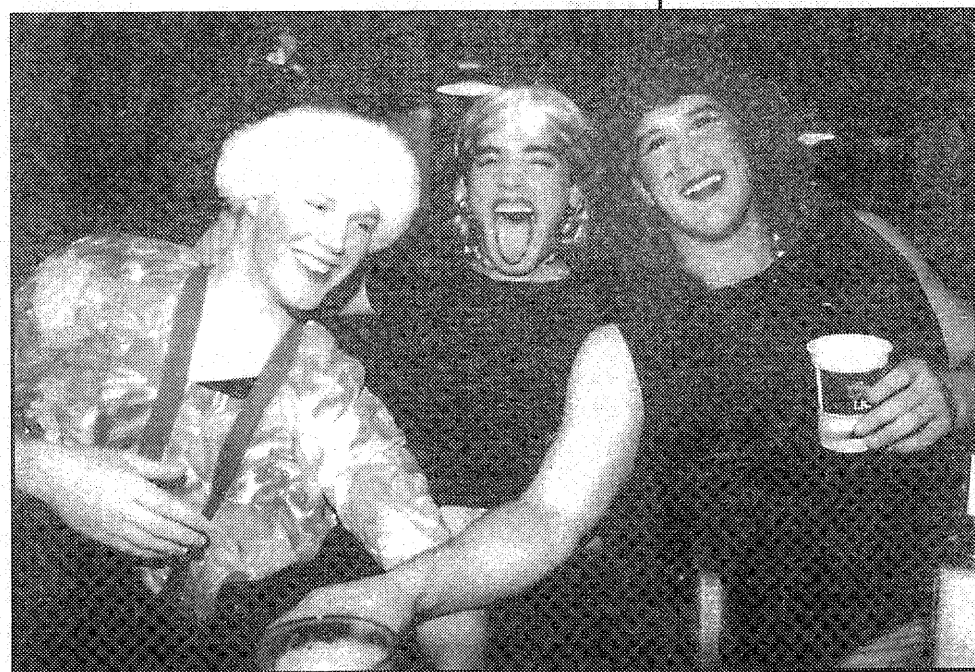
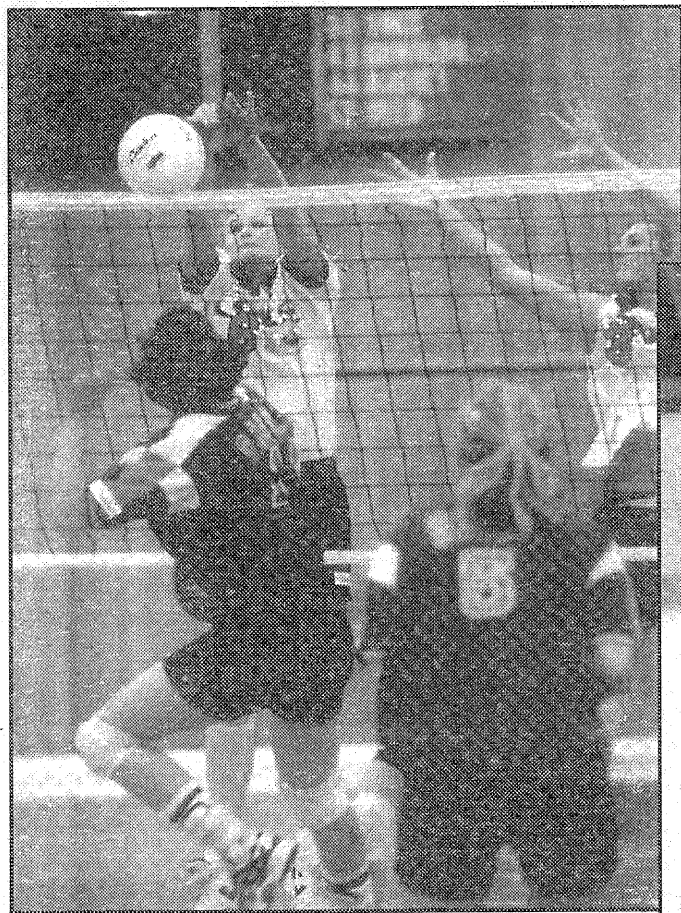
• The servers at The Mill are pleased to display some of their excellent dishes.

• "Crazy" Hums it up before a successful Ookfest. Looking forward to the next one Mike.

• Miss Ook Pageant contestants participate in a naughty group feel.

• NAIT Ooks volleyball player blocks a pwer spike.

• CENTRE: NAIT Ooks Andrew Hore breaks out of his zone.





GRAPE VINES

To the Grapevine submitters, "the tall blonde and short brunette" and the "PFT Boyz" — you just had to go and ruin it, didn't you, by forgetting to submit a FULL NAME and/or a STUDENT I.D. NUMBER. Since this is the last Nugget issue of the year, hope it wasn't too important! Take Instruction Reading 101 next year when you register.

To Perky, Bilingual Bum,
For all the eight months we've known you, you're ass has been the topic of conversations. When you bounce down the halls like your buns are made of helium, we can't but help want to grab those delicious-looking mounds. We love the way your pants, shorts, and even the bottom of your shirts, sit so nicely on that rack. There are no other behinds like yours lapin, and no words to describe your fanny that could make us scream. Preserve that sucker, 'cause we call first dibs! PS: Happy belated April Fools Day! Love ya!
From, The perky ass ladies club

To the "cool" group of Alle,
Well, we've all put up with your junior high gabbing all through class, and now all of us are praising the powers that be, for you are going into a different program, and, hopefully, we will never hear your annoying voice again. You all seem to think that you are "cool" or that you are "all that," when, really, all you are is loud, annoying, childish, and immature. Maybe next year you will realize you are in college now and not pre-school! Good riddance.
Signed, THEM

To the girl in the grey Coors sweatshirt and the Roots baseball hat,
I saw you on Monday in the North Lobby, you were having lunch with some friends. I've seen you around but I'm too shy to come up and say hi. You look like a girl I could have a great time with. If you're interested, write me back.
Signed, The beer lover

-I doubt you'll get a response. This is our last issue. Have a good summer.

To stood up,
Listen up, you 18-year-old pip-squeak. She told you once, she told you twice, that she has a boyfriend. What didn't you understand? The boy or friend? Also, she stood you up once before, so can't you get the hint? Maybe once you hit puberty you'll have a chance, but, until then, grab a life. It's time or you to grow up and face some reality, don't you think? PS: Thanks

for the laugh, we all enjoyed your little message.
From, Best friend

To Jamie and Brad in Landscape Tech,
I would just like to know... would you explore my landscape??
Signed, Hopeful and horny for you!

To Leaf,
Trust and love are two things that are missing in this world, so, if you are still looking, I am still here. Hope you had a "Good Friday."
Signed, A product of God

To all those V-Wing R and T babes,
We appreciate how nice and respectable you act and we would like to get to know you better. I believe the term is "up close and personal." Anyways, we'll see you around — you can't miss our following eyes.
From, CM1 Guys

To the Where's Waldo, West Side Find, and The Swinger (more like twanger),
I'm tired of hearing your charity-seeking sex lives, always crying on how you can't get laid or how you're a kid your mother couldn't even love. Move over, Rover, 'cause there are two real swingers in town. Touch down, Tony Brown and Dr. J. With ladies around, we'll see you next semester skipping with all the guys, ya skippies.
Signed, The big fishes at NAIT

Fan
Maybe I missed something. For easier contact, try me at cheers1111@hotmail.com. If not, check out 509 lab 'cause I'm there, too.
Signed, CEJ

To A.J. Greening,
Everything's quiet now since you're not around, and I live in numbness now, in the background. I'm hanging on your words like I always used to do, the words you use so lightly, I ONLY FEEL FOR YOU because you come swimming into view and I wonder, how's it going to be when you don't know me anymore? I'm sorry if I pissed you off, but I had to tell you how I feel. I think you'd understand if you knew who I was.
Signed, Watching and Admiring

I think the Nugget should have "NAITShine Girl" every few issues. They should be girls from NAIT
Signed, Don Ferrario

-That's something for next year. If only it weren't for the feminist movement with their "Stop exploiting women" talk.

To recently-shaved goatee boy,
You kept me company on the bus and you kept me dancing Saturday

night. I wish you weren't leaving for the summer, but I know that you will be back.
From, The Business Guy (with same name)

The girl in blue cords,
Meet me at the Nest on Friday at 4:15 p.m. if you want to see some more of my blue eyes.
Signed, The guy in green cords

To dreadlock guy,
I have noticed you in the halls and the cafeteria at break and lunch. Just wanted to say "hi" and I love your hair.
From, Rainbow Bright

THANKS! To all the lazy morons who didn't stop to help us push a girl's stalled car in the parkade on April 6. You may think it's funny but at least we stopped to help. We'll be the one's laughing as we drive by your piece of sh*t car when it breaks down.
2 helpful girls.

Dave (marketing major??)
I love seeing you around. I like your spiky hair and your muscular body turns me on. I realize this is your last year at NAIT and my last opportunity to let you know that I am interested. I wanted to approach you many atimes, but was too shy. so if you ever have time in the summer, let's meet and get to know each other better... Your call of course. Please look for me, I'll be looking at you. I'll miss you clearly!
Secretly wanting you
Pearl

To S.G. The gorgeous guy in instrumentation
Down in the basement I go
To try to catch a glimpse of you
There's something about you that makes me crazy
Maybe it's the way you smile with your too cute dimples.
Maybe it's just everyting.
I just wanted you to know that someone out there things you're special.
From underground observer.

To the You know who in automobiles. Thanks for all your help when we came to you with a broken tailpipe. Maybe if you got off your ass, you guys would have more business.
2 very pissed off girls
P.S. Thanks to the plumbing and welding guys for helping us out.

To Melissa in PRT Group JGH.
Every time I look at your Southern Hemisphere, my compass points north.

To the guy in AAHH,
I've had the fruit loops, they are not that got.
Get something better.

Hey Pookie
You, me your bedroom, me hot and ready was AMAIZING. Cannot wait to try that mvove again (wink, wink) From the only hottie in NAIT.
I love you.

Thanks to everyone who made this year's Nugget possible (see page 8 for complete listing). We couldn't have done it without you.

Classifieds

FOR SALE. Complete set of mechanical tools. If interested, please call 467-2189.

FOR SALE. One washing machine and one dryer. You can get both for \$120 or \$70 each. *You'll save a lot in quarters!* Cash only. For more details, call Natalie or Kristine at (780) 479-5416. Leave a message and we'll get back to you as soon as possible.

WANTED TO DO SOME JAMMING! Acoustic guitar player who sings, solos, and harmonizes (have 12 years playing experience) to play with same. Want to do some casual playing that may lead to weekend gigs. Call Marc at 477-5162.

INK REFILLS
80% savings, refill your own cartridges. Call 414-6147 or visit: #1 10327 - 61 Ave.

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EARN EXTRA SUMMER DOLLARS! Work part-time outdoors. Become an umpire and attend the Edmonton & District Softball Umpires Association Clinic, April 16-18, 1999. Previous baseball/softball experience helpful, but not necessary. Inquiries: Arnie, 464-4853.

Scott C. Williams, the past year's NAITSA President, prepares to go out into the real world in search of a job. Thanks for the great year, Ren, the pleasure was all ours! Your V.P.s



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Draw Winning
number is..
8684078
Claim prize at E106
See Ernie.

SPRING FLING '99 FEATURING
THE
HEADSTONES



THURSDAY, APRIL 15

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DOORS OPEN @ 3 PM • SHOW @ 6 PM

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