TRYING TO PRINT THE FIRST COLOUR ISSUE SINCE 1963.

Thursday, February 4, 1999

Volume 36, Issue 17

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Inat's Amore



Tyler "Candlelight and Chocolate Mousse" Harke

ey, hey, all you love machines out there! I'm told that with Reading Break this is our last try to up your love life before the big V-day. So even though it's not for a few more days, bear with me while I attempt to let loose that romantic devil hidden inside all of you.

Before I get all hot and bothered on you, I think a little history lesson is in order. Valentine's Day is an ancient occasion, starting around 4th century BC. That's when Romans celebrated the god Lupercus. It's also when males of adolescent age in a village or town would draw from a hat filled with the names of all the teenaged females in the area. The couples would get together for friendly

chats, quiet walks, and the occasional boink-fest during the following year. Nothing like leaving it up to chance. \$10 says the village idiot usually got the town hottie.

This fun went on for a few centuries until a little thing called Christianity caught on through the empire. The church wasn't overly crazy about worshipping other gods, so they looked for a more earthly being to plan the day around. That's where Mr. Valentine stepped in.

In 270 AD, the mad Roman Emperor Claudius II decided that he wanted to forbid marriage. He felt that marriage made for weak soldiers because they would miss their wives and children when they went away to war; and because we all know that tough soldiers are the key to a good empire, marriage was consequently banished.

At the exact same time, there was a priest named Valentine, who believed marriage was a beautiful thing. He performed secret marriage ceremonies in the woods for young lovers who wished to tie the proverbial knot. When Claudius

found out about Valentine's little sideline, he had him arrested, stoned, and beheaded. Thus, he was a martyr for the church and was made a saint.

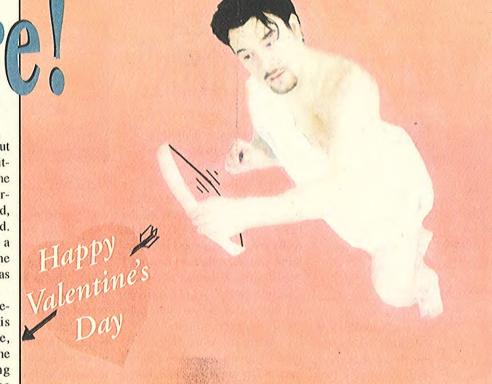
As a sidebar to this tale, tragic while Valentine was awaiting his death, he fell in love with

the jailer's daughter, who happened to be blind (keeps getting better and better, don't it?) Because Valentine refused to renounce his faith, and because he was such a sweetheart, he was able to restore the girl's sight. When the girl saw

Valentine for the first time, he handed her a note confessing his love for her and signed it: From Your Valentine.

Since then, the giving of cards and messages has become common among all of us lovebirds.

Ladies, please remember that we're all broke and can't afford squat. However we'll be happy to take a good stoning just to show you how much we love you. As for the chocolate mousse, I'll let you animals draw your own conclusions!



Weekends Rock!



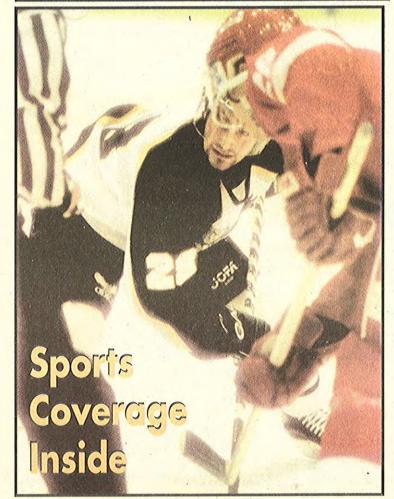
David "Snuffelupagus" Veilleux

o, how did you spend your weekend? Mine, for one, was just jampacked with goodies

me tell you about it. Friday: After a night of hard drinking on Thursday, I amazed both myself and my classmates by showing up for my 8 a.m. class. (Let's just overlook the fact that I had a nervous breakdown while doing so.) My reasoning for this daredevil act was that I could surely sneak off to the trusty Nugget office for a quick catnap sometime during the day. Ya, right. Every single time I tried... "Hey, Dave, Let's go grab a bite to eat" or "Davey, we gotta and good times. Let talk." By the time 4 p.m. rolled

around, I had only managed to get in a 1/2 hour of serious napping. That would have to do, as I decided to visit the Nest and hobnob with NAITSA's finest in a pre-hockey game bender. The Nest is actually pretty cool on Fridays, as they have this kinda hokey "Name that tune" jive going on. After a few too many "One shot of tequila, and one glass of rye n' Coke" rounds, I went and watched our OOKs valiantly fight the SAIT Trojans in a heartbreaking 4-3 overtime loss.

See "NAIT Weekends" p. 11





What are your plans?

Jenessa Kirkwood

uys, when you think of Valentine's Day, do you dread that day? Well, don't worry. I've asked around to see what girls like, and I got some interesting feedback! You always think, "Oh here are some roses and some candy to go with that," Well, that is great, really, if that's what you're doing for the 14th, but it's all on how you present it, not if you give it or not. I remember my best Valentine's Day was when I came home to a setup of three gift stations. The first one said, "something beautiful," and there were some roses; the second one said, "something cute," and there was a teddy bear; the third one said, "something sweet just like you," and there was some chocolates.

Now, let me tell you, it was crazy. I never knew you guys had it in you to be romantic, but I guess there are some gifted ones out there for romance! Here are some suggestions from some of the girls around campus: Stay home and make a candlelight dinner and then watch a movie. That whole idea is /www.universalstudios.com/valenjust oozing with romance. If you tines. Happy surfing, and good guys play your cards right, I bet luck on the 14th!

you can guarantee there'll be sex, and to even add to that, how about going dancing, or drawing a bubble bath and beckoning to your girl's every need? Whatever you do though, it has to come from the heart. It also wouldn't hurt to be really cute (as in sweet) in everything you do, either. I know all I want for this Valentine's Day is a romantic dinner - I like the typical things. Roses and chocolates are always good, still, too!

As for my worst Valentine's Day, I guess it was when I didn't have a date and everyone ignored me. Here are some more suggestions from fellow NAIT girls on how to make sure your Valentine's Day can be one to remember...

"The best Valentine's I ever had was when I got breakfast, truffles, champagne, and strawberries in bed." - Michelle Gaudet

"The best was when my first kid set up teddy bears and stuff saying, 'from your new forever.'" Darlene Oulette

"The worst was the Valentines Day Massacre we had at work, and it was the worst because we ran out of food, there were too many people, and just nobody was happy. The best would have to be when my nephew gave me a Valentine's card though, it was so cute!" -Denise Rowland

If after reading these suggestions you're still hard up for being original this Valentine's Day, maybe surf the 'net for a few suggestions. I have just the site: http:/

Provincial Government Chickens Out on Cuts



Tyler Harke

icture this. You're com ing out of NAIT today, you get into your car, and make your merry way home. You're heading down our dirt-filled streets just happy to be part of this wonderful life when a semi cuts you off and you do an endo into a street light. You wake up in the hospital with a splitting headache and some bruises. Everything seems all right. Then you realize you can't feel anything from the neck down...

Months later, just when you think life can't get any worse, you hear that the provincial government has decided to cancel your minuscule allowance of \$823/

NOW life can't get any worse.

This is exactly what Ralph Klein and his crew at the Legislature were planning on doing until a report was leaked to the Edmonton Journal before cuts could be announced. The program in question is better known as AISH, or Assured Income for the Severely Handicapped. It provides support for people who are disabled badly enough that working for a living is out of the question.

The 23,000 cases under this category range from agoraphobia (a fear of crowds and public places) to severe paralysis. The proposed

cuts would eliminate about 1,500 people from the receiving end of the program. Those people would then be forced to go on welfare, which provides considerably less money. Another factor was the proposal of asset testing, which meant that anyone with assets over \$20,000 would not receive benefits. However, most people are putting away this money for when they turn 65 — the age at which AISH benefits are cut off.

Many advocacy groups are calling for a total revamping of the AISH program, including a public review of disability funding in Alberta. As of right now, Social Services Minister Lyle Oberg says that everything will remain the same. Somehow, that really wouldn't comfort me very much if I was unable to work and relied on Ralph and his buddies for my livelihood.



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News in a Nutshell



Jenny Thornbird

The Penny Payback

A recent court ruling in Waterloo, Ontario, found landlord David Piggott ripped off tenant Ivanka Hodak by bumping up her rent an extra \$100/ month plus, adding on an illegal charge for water. The judge who heard the case ordered Piggott to pay up \$950 to Hodak, and pay Piggott did. When he offered to pay the settlement in cash, maybe then former-tenant Hodak should have suspected something, but it wasn't until the landlord pulled up to her place with buckets, bags, and bins full of coins, did she realize what he was up to. In short, Piagott paid all S950 of the settlement in pennies! According to The Currency Act, people have the right to refuse more than 25 pennies for the purpose of payment, but Hodak figures, as long as all of the money is there, she's not going to complain anymore. "It's just a sour grapes way of paying," commented her law-

Sex and Pumpkin Pie

Forget flowers and fancy chocolates, according to a study conducted at the Smell and Taste Treatment and Research Foundation in Chicago, pumpkin pie is the scent that turns both men and women on the most! The studies were conducted based on increased or inhibited blood flow to the sexual organs after exposure to a certain odor. For women, the top three arousing odors next to pumpkin pie was cucumber, candy-coated licorice, and baby powder. The top three "no sex for you" odors were cherries, BBQed meat, and, oddly enough, men's cologne.

Stick to Ex-Lax Instead

A chiropractor in Virginia who massaged a woman's crotch because he told her it would relieve her constipation, has been ordered to pay her \$140,000 in damages for malpractice. The woman, who before the lawsuit was the chiropractor's secretary, claimed that he would give her back rubs, send her flowers, and call her autside of work, even though she was married. He also offered to give her free spinal adjustments. The woman then complained to the chirapractor one day about constipution. He took her to an examination room and began alternating between rubbing her groin and adjusting her spine, claiming that it would help her constipation. After several sessions, when the constipation did not go away, it was only then that the woman realized that the treatment was really sexual misconduct.

• The Rabbi and the Nudie Bar Students at a Jewish seminary in Jerusalem want their rabbi dismissed because he was apparently seen in a nude bar dressed as a cowboy. It all started when a customer said they recognized the rabbi at the bar, and then proceeded to photograph him and distribute the pictures among his students. Seminary officials are claiming that the rabbi's visit to the nude bar was part of an educational mission, and that the rabbi gave up his soul and went to the bar to check whether students from the seminary tended to go there.

The Baby-Stepping Mail Carrier

Martha Cherry, a letter carrier in New York, was fired for taking "baby steps" while delivering the mail. Her termination letter stated that at each step, the heel of her leading foot did not pass the toe of the trailing foot by more than one inch. Cherry, age 49 and 4'5", denies the allegation and says that the post office has already suspended her twice over the same is-

sue and they consider her a pain in the heck because she emphasizes service over speed. After arbitration by the Postal Service union, however, Cherry will get her job back, but not as a postal carrier this time. Instead, she'll be at a customer service window doling out stamps. "If walking quickly is more important that kind, sensitive service to customers, then something is seriously amiss with the post office's priorities," stated Cherry. She is, however, happy with her new job, in that it is a desk job and the micromanaging of her steps will finally no longer be an issue.

· Whacking Off the Pud

A Honduran peasant castrated himself with a machete in a fit of rage because his wife refused to have sex with him. This is not the first time the man has done something like this though. According to health officials, he once cut off both his testicles, put them on a table, and then grabbed them and went to a health centre to have them reattached after he thought his wife lost interest in him after having their 4th child. The peasant's chances of recovering his full manhood this time are extremely slim, but he should have thought of that before literally, whacking off his little buddy there.

· Boum, Boum, Boum

The classrooms of Quebec are filled with boys and girls named Samuel and Sarah, but don't look for anyone named Boum-Boum, Lion, or Cowboy. Those names failed to make the grade with Guy Lavigne, who is Quebec's Registrar of Civil Status. He rejects about 20 names a year out of 85,000 births that are registered at his office. Over the years, he has had talked parents out of naming their newborns Goldorak, Gazouille (Chirp in French), Peepee, and Kaka. (kiddie-speak for No. 1 and No. 2) "It's not a whim," says Lavigne, "Naming a child is a major procedure. Children can have problems fitting in socially because of their name." In most cases, parents accept the Registrar's suggestion and name their child something different, but he has been challenged and taken to court — and lost. Recent examples include a couple wanting to give their daughter only the letter "L" for a middle name, and another couple wanting to give their son "C'est Un Ange" (It's an angel) as a full first name.

...And Justice for All?

Tyler Harke

think Canada is a pretty great place. Alberta, of course, is no exception. There are reasons why people put up with freezing cold winters, high taxes, and the rest of the negatives that go along with life in this country.

One of the main reasons we choose to stick it out through -30 and a constantly changing job cycles is the fact that we have more freedoms and protection from persecution than anywhere else in the world — or so we thought...

Last week, a conspiracy that shocked Albertans was brought into the public eye. This is the kind of story you hear about in New York and L.A.—not Alberta. Two farmers, Richard Boonstra and Weibo Ludwig, have accused local RCMPs and the Alberta Energy Corporation (AEC) of blowing up one of the AEC's own gas wells in order to increase pressure on the two men and increase demand for their arrest.

The plan was highly organized from start to finish. The RCMPs were able to convince the farmer's neighbour, Robert Wraight, to go undercover and try to get Boonstra and Ludwig to confess to the sabotage of other oil and gas equipment in the area. Wraight said he would co-operate only if the AEC bought his farm for \$109,000. There was even a pre-written press release to be given after the well was given up. In short, Wraight got paid over \$100,000 for a useless piece of land

and for blowing up a non-functioning gas well. In addition, an antiterrorism expert was called in to talk to community members and increase their fears of physical harm.

It's true that informants are often paid for their work, but since when do oil and gas companies foot the bill? Of course, higher officials like Justice Minister Jon Havelock didn't want to discuss the issue.

The first question that comes to mind is how many other Alberta RCMP investigations have been paid for by oil companies? Does this mean that if I write a nasty story about some area oil companies, the cops are going to suddenly find a dead body in the trunk of my car? The next question is, how reliable are police sources, anyway? Jason Dix was charged with two murders he never committed. The bulk of the evidence was provided by jailhouse informants who were pressured into testifying by the RCMPs.

I don't want to come off sounding like a paranoid schizo-phrenic who thinks that the aliens stole my BMX when I was ten and now the government's trying to cover it up, but I do feel that two citizens' rights have been violated by this whole operation and it needs to be seriously looked at. If we can't trust the people who are responsible for enforcing our laws, who CAN we trust?

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Dear Nugget,

It often happens that I read an article and think, "What the hell?" because I totally disagree with what a person's position is. I disagree a lot. It happens. No biggie.

But in the latest edition of The Nugget, I was completely baffled as to how the article even got written in the first place. There was a commentary on the Bill Clinton scandal and how "those damn, fascist, right-wing Republican crackers should leave him alone." Now, yes, we are all sick to death of hearing about Clinton. The story has been overreported for far too long and we're all getting weary of hearing about it. Apparently though, some people don't even know what the story is about (i.e: Jenessa Kirkwood).

The reason behind impeaching Clinton is not because he had an affair, as the article stated. Americans are generally pretty forgiving when it comes to that sort of thing. Even Thomas Jefferson had an affair with his black slave and JFK's widely publicized affairs did little to diminish his legacy in the eyes of the American public.

The difference in Clinton's case is this: he lied under oath about his affair. He sat in front of TV cameras, reporters, and the vast media and wagged his finger and said he did not heave sexual relations with Monica Lewinsky. So he lied to the public. Most politicians do. But Clinton lied under oath. That is not presidential character, and to excuse it is to devalue the entire justice system. Not just the American justice system, but the international one as well. An oath taken in a court of law is your sworn testimony, a pledge that regardless of the outcome, you will speak the truth. Clinton did not do that and if Americans allow him to simply get away with it, they send the message out that it's okay to lie in a court in law. It's okay to have a convenient memory or clever choice of words and appear to be innocent of that burglary last summer or that massive killing spree you went on last year. Well, it's not okay. That's the purpose behind impeaching Clinton.

Had Clinton told the truth in the beginning, Paula Jones and all the others may have been spared a little more humiliation and had a little more dignity left intact. This whole story starting with wanting to gather evidence in the Paula Jones lawsuit. It was felt that Clinton's affair with Monica Lewinsky would reflect on his character and strengthen her case. Instead, Paula and the other woman that Clinton was sexually linked to became an American joke. What is unfortunate is that they were the ones telling the truth all along. Have they been opportunistic in their pursuit of Clinton? Perhaps. Maybe they were after his money. But that's not the point. The point is, Clinton lied under oath, thereby disrupting the justice system. That is not right, president or no presi-

Sincerely, Pamela Chiverton

-Thanks for your comments. Perhaps you'd like to become a contributor? I agree that lying under oath is wrong, and that the cheating isn't the bad part. I don't care about it as much as you do-certainly, I'll care if the US President is a liar or not if they point their arsenal at us and tell us that they won't shoot, but I won't be very fervent about my concerns until then. Why can't they get someone who says what's really on his mind (i.e.. Those students are lucky that we didn't use bats!)?

Dear Nugget,

Throughout the course of the year, one program at NAIT has been taking it from all sides. I'm here to tell you how it really is.

The program that I'm talking about is Court Reporting. As you all know, with thanks to the other articles, things over here at Westwood aren't always clam, and they're not always normal, but like any place, it is what you make it.

It is true that the rumor of the program being removed from NAIT has come up. However, nothing is yet confirmed and the information regarding this topic is still limited. I don't mean to have a naive state of mind when approaching this subject, but I trust the administrators to do what is right for all where this issue is concerned.

Our instructors here in COR know the field, know the pressures. and know the true meaning of adult learning. The class sizes are small, which allows for a lot of one-onone time with the educators, and even though not all students complete the program in the prescribed two years, our average completion time of 2.6 years is still way ahead of our American counterparts in accredited schools in the U.S.

In my opinion, I think that it would be best for all parties involved, even the minorities, if the hype surrounding COR would end. Then, if at a later date we are given something to react to, then react.

In conclusion, stay focused, keep one ear open, and keep work-

Sincerely, Kimberly Rennie

-Thank you for your letter, and your fuel for the hype fire. Keep your nose to the grindstone until they get the Mounties in to remove you by

Dear Nugget,

I am currently a second year student in a two year program. By the time April comes around though, I will have an incomplete in one of my courses that I will have to go to Con Ed to finish it up. (This is a common practice in the program I am in — a lot of people end up in Con Ed) Even though I will have an incomplete in this one course, do I still go through the rigmarole of the grad ceremonies this year?

Signed, Class of '99 or 2000?

-Talk to your program head and see if you can make arrangements to graduate with your class. This is typically an option, but not in all programs.

Dear Nugget,

I know that with Grad coming up that we can order grad rings and get grad portraits done, but I was wondering about grad jackets. In the earlier years, I've seen jackets from NAIT with the faculty the person was in done up in a logo on the back of the jacket. Is that available for all programs of NAIT, or just certain ones? And, if this is the case and jackets are available for us to get, where do we go so we can get one? I would prefer a grad jacket over a grad ring, and some of the NAIT bomber jackets I've seen are very nice.

Sincerely, An up-and-coming NAIT grad

-Check in with Reads and Needs. They might be able to help. If not, see Scott Williams, NAITSA President, and ask him about getting a list of NAIT/NAITSA clothing distributors. Check with him, first, because the NAIT logo is a trademark of sorts and a lot of clothing companies know not to touch it.

Continued next page...

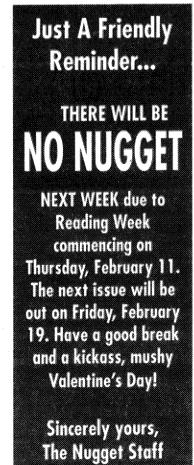


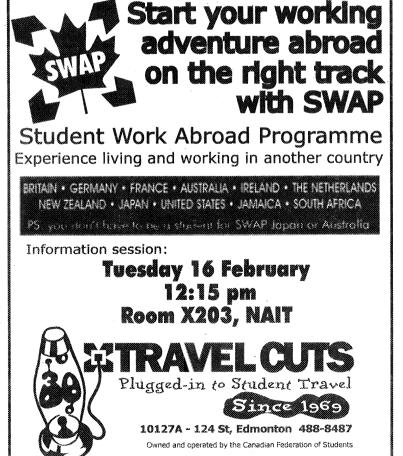
The X 5 and Valentine's Day

Jenessa Kirkwood

when signing a letter to trail of XOXO along on the bottom for hugs and kisses? Well, back in medieval times, it was the practice of those who could not write, to mark documents with an "X" to represent their name. This was done in the presence of witnesses, and a kiss was given upon the "X" to seal the legitimacy of it. This then became synonymous with the letter "X" being the kiss symbol in minds of most people. Besides being a marker for a sig-

ow many of you out there, nature though, there is also another story behind the mystery of the your sweetheart, leave a "X." The "X" shape was thought of a cross, and at the time, this was the symbol of St. Andrew. Maybe his name had to do with love? Well, guys, whatever the story is behind the XOXO trail, be sure to thank your past gods and goddesses for inventing this day of roses and chocolates. Maybe by thanking them, you will be rewarded with the term "getting lucky." Who knows what the origin is behind that phrase, but it sounds good to





To the editor,

There have been quite a few people in the Nugget lately that have expressed their views about the lack of parking here at NAIT.

Problem: Every second vehicle that parks at NAIT has only one occupant.

Solution: Use the Rideshare program, car pool, or take the bus.

This would significantly reduce the number of vehicles at NAIT and open up more parking stalls.

Sincerely, Armin Strohhaecker

Thank you. I'm sick of hearing about it. Bring up your views with your Tech Reps (that's what they're for) and get them to bring the ideas and concerns to General Council Meetings (see your handbook for a meeting schedule). If nothing happens at General Council, come by the office or email us and we'll give you some more options.

Dear Editor,

I write to you with a heavy heart. My soul feels only woe as I am pre-occupied with this heartwrenching problem.

My "boyfriend" Luke has been undergoing some changes lately. Usually I try to support him in every way, but my sense of taste and common sense have made it hard to accept what he has become. He is changing ever-so-slightly day by day into a skater.

It's not that I have anything against skaters, but please understand that it's just not who he is and I am afraid he will become a poser.

It all started innocently enough as a mode of transportation, but it has now become something much bigger. It wasn't long before he longed for his board more than he longed for me. My hardwood floor has been tortured and the halfpipes in the basement are rallying for position around the washer and dryer.

I feel my love waning as the chain on his wallet increases in length. He is absorbed in finding the ideal "skate spot!" and is now working on perfecting his "signature move" — the 3/4 Luke with a twist. My shower curtain has never been the same. My cats now have nubs for tails and the stucco on the ceiling is almost all gone. I swear, if I hear him call me "dude" one more time, I will hang myself with his wallet chain.

He has now quit both NAIT and his job, and he wants to make this skating thing a full-time thing. We are now in financial ruin because of it. All of our roommates have left and I cry myself to sleep each night.

Please give me some advice on how I can get him off the skateboard kick and back to the man I

love.

Thank you, Cherise

-Well, Cherise, I can only suggest that you let him come back down to Earth. A lot of people have been getting back into skating-board sports are coming on strong now. There's plenty of normal skaters out there, and they treat their girlfriends just fine.

I'd let him do it if he really loves you. Perhaps you need to stop being so greedy about what you want, and ask him what he wants. Maybe he doesn't want you. Maybe he just wants to skate around with his buddies. Is he allergic to your cats? If so, it's likely that he is intentionally causing their misfortune.

Skateboarding is NOT a crime. Neither is freeloading off your girlfriend because you need some new trucks for your board. Keep that in mind.



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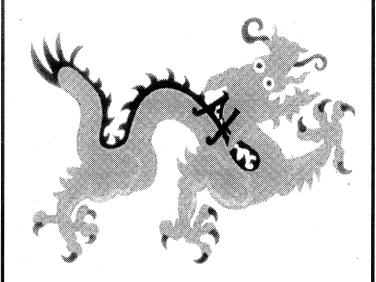
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The Nugget encourages submissions

THE DEADLINE IS

4:00 p.m. on the first school day of the week.

All submissions Must be accompanied by Your Name & Student ID Number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributors

Daria Morgan, Kevin Pedersen, Margaret Marean, Jenny Thornbird, Leanne Ross, Randy Bachmier.

Date Rape Prevention

Margaret Marean Counsellor, NAIT Student Counselling Centre

ate or acquaintance rape is defined as being forced or pressured into having sex against your will and without your consent by a

person who is known to you. It includes new acquaintances or ongoing relationships. The best defense against date rape is to become informed and to minimize situations that put you at risk. Here are some suggestions:

- Don't keep your head in the sand. Recognize that date rape or acquaintance rape could happen to you. Between 10 to 25 percent of college women report being raped by men they
- Know that it is your right to set limits and to defend them, and to tell your partner if/when you do and don't want to make
- Firmly discourage any unwanted contact, even if it is casual.
- Be assertive in setting relationship boundaries. Think about your limits in advance and com-

municate limits and expectations clearly (e.g. how much touch is okay). If you are clear in your own mind about your limits, it is easier to communicate them.

- Passivity may be interpreted as permission, so say "No" in a tone that relays that you mean it. Don't hint or expect anyone to read your mind.
- Be wary of acquaintances who are excessively jealous or possessive, get hostile when you say no, ignore your wishes or opinions, act in an intimidating way, or attempt to make you feel guilty if you say no to sex.
- If you are uncertain about the person you are with, avoid alcohol or drugs.

If you do get into a situation where you feel uncomfortable or are forced:

- Try to stay calm. Think about tention as soon as possible. Do your options and how safe it would be to resist.
- Say NO strongly.
- · If you have a safe option to resist, act quickly.
- Try to get away. Use self defense tactics. You may be able to hit, bite, or kick to gain a

chance of escape. However, realize that fighting back may cause the offender to become violent so appraise the situation.

- Yell for help.
- Buy time with talk. Try to convince or persuade the offender. Flatter him. When he thinks he no longer needs to use force, he may ease up his guard and give you a chance to break away.
- Be as non-seductive as possible. Tell him you have a sexually transmitted disease, your period, or that you are pregnant. Do physical things to turn him off (e.g. urinate on the floor, pick your nose, pass gas, belch, or vomit).
- Remember that giving in is not consent. It may be the only survival strategy.

If you are raped, get medical atnot shower or bathe until you have been examined at an emergency department. Go to a friend or family member who will be supportive. Report the attack to the police and remember, rape is not your fault, it is an act of violence.

Men have the responsibility to prevent date rape, too:

- · Listen carefully to what the woman is saying. If you feel like you are getting a mixed message, clarify what she wants.
- Be sensitive to women who are unsure whether they want to have sex. If you pressure a woman into sex, this is classified as force.
- Do not let your desires control your actions. Think about whether you really want to have sex with someone who doesn't want to have sex with you.
- Remember that date rape is a crime and that it is never acceptable to use force in sexual situations.
- Don't make assumptions about a woman's behavior. Because a woman drinks or dresses sexily does not mean that she is inviting you to have sex.
- The fact that you were intoxicated is not a legal defense to rape. You are responsible for your actions, whether drunk or sober.
- Just because a woman has had sex with you previously does not mean you have the right to have

- sex in the future. Date rape is a crime even if there has been past sexual involvement.
- Don't assume that a woman who consents to kissing or other sexual intimacies is willing to have sexual intercourse.
- If you have sex with a woman who is drugged, intoxicated, incapable of saying no, or unaware of what is happening, you may be guilty of rape.
- Get involved if you believe someone is at risk. Don't be safraid to intervene - you may save a woman from assault and a man from criminal prosecu-
- Recognize that uncaring or forceful treatment of women will affect your own relationships. Women who have been raped or faced an attempted rape will likely have difficulty feeling trust in relationships.

The Student Counselling Centre is open from 8 a.m. to 4:30 p.m. Make an appointment to discuss any academic, career, or personal concerns by calling 471-8921 or booking in person in Room O-111.

Nice Guys Really Do Finish Last



Jenny Thornbird

efore I start this article, let me define some terms first. with these definitions, but I'm going to use them for this rant, anyway.

- Jerk: Someone who screws you, then unceremoniously dumps you or, while feigning a relationship with you, screws around on you behind your back.
- Nice guy: Someone who wants to date you, then marry you. He would never cheat you. Heck, he thinks you're the greatest thing that ever lived.
- Nice girl: Someone who wants to be dated and married. In short, she would never cheat on her

spouse. She thinks her boyfriend/ spouse is almost as good as chocolate.

Now that we got that out of the way, let me tell you why I don't date nice guys. Now, it's not because jerks are inherently more interesting, because, truth be known, they're usually just shallow twits. It's also not because. I'm a masochist --- because I'm not. (well...) It's also You may not agree not because I have subconscious fears of a "real relationship." (boy, the amount of times I've heard THAT one) Truth be known, it's because I'm really not a nice girl.

Now, you'd never take me for a Sharon Stone "ice-bitch" type - I mean, I'm certainly capable of being polite and generous to my friends and family, but I tend to have caustic, dark sense of humor completely lost on the average guy. Some of the things I think could never be uttered in such a guy's presence. Kinda indicates that my mind works in different ways, no?

I've had a lot of different

experiences based on what I felt like doing at the time, and not all of those experiences are things that nice girls do. I'm not ashamed of them and I wouldn't be the person I am today without them. The nice guys I meet just haven't been where I've been. (yeah, I can see the slut jokes forming now) Either

I don't smile sweetly, keep the conversation going, feign interest in boring topics, or do any of the other things that nice girls do.

they haven't lived that much, or they have hard-luck stories as a result of their forays into unexplored territory. Sorry, but I'm just

Nice guys, when presented to you on a silver tray by a friend or some other well-meaning person, tend not to be very attractive, but, hey, they'll treat you right! Well, too bad. I won't date OR bed a guy I don't find attractive, and no, a guy doesn't have to be gorgeous for me to find him attractive. (my idea of the ideal, most sexy man is Glenn Danzig, if that tells you anything) He just has to have lived and have some sensuality about him.

The words "give him a chance," to me, are the beginning of suicide of the soul. Men are never told to do that about us girls. For me, I want what I want, just like men have always had the right to do, and I will get it or I will remain celibate and unattached.

I just don't act like a nice girl. I don't smile sweetly, keep the conversation going, feign interest in boring topics, or do any of the

other things that nice girls do. If someone's being a complete ass, I look at him funny or I excuse myself to talk to someone more intelligent. As a result of my forthrightness, men approach me and, in many cases, are forthright about what they want from the outset and I don't mean sex here, either. I can take it, or leave it; it's not intended as an insult. The nice guys just tend to stay with the sweet, cheery girls where it's safe. The not-so-nice ones — the curious, the adventuresome, and the restless look for something different. Sometimes they find me.

In short: I like men who remind me of myself. They're complex, difficult, unpredictable at times... It's hard to stay with them, and no, they haven't been classic "jerks." It's just not that simple.

Can a woman find "true love" with anyone other than a nice guy? I'd like to think so. It may not mean a 50-year marriage with 5 kids and 20 grandkids, but in the end, it may be more fulfilling than those years of purported domestic bliss with a fenced-in yard and a fenced-in spouse. Afterall, my notso-nice guy and I are celebrating one of our anniversaries this week. As far as Valentine's Day is concerned though... did you know that you can buy furry handcuffs at Hallmark? Have a good Reading Week, boys and girls.

The Downside of Being A NAIT Student...

One Brave Soul Shares His Story

happened... it had to happen... time was starting to run out... after about three weeks back for the second semester and about the same amount of time parking in all lots and areas around NAIT (including the nice, cavelike hollows of Kingsway Mall), I got mine... the most feared slip of paper behind the pink slip and the black one (a.k.a. the report card). The City of Edmonton regrets in informing you that you now owe us \$50 dollars ASAP for parking illegally. Failure to make payment may results in a summons, etc...

So now about a week later I still haven't paid off my parking ticket and I still have no guarantee that it won't happen again this week. Why? Because I'm not (in a similar Bennet Brauer quotatious tone) "a carpool member" nor am I "an out of town resident." The point I'm trying to make (and I do have one) is that I don't have a parking pass, and as a recent article in the Nugget has stated, not even THAT guarantees you a place to park.

Well, as you can tell, this frustrates and angers me to no end. It is a serious pain to have to sit in class and worry whether or not at any particular moment your car may be spotted and ticketed by somebody who has nothing better to do with his time. Or even better yet, it may already be up and loaded and headed to the impound.

Number one, with all the hardearned money we fork over for tuition and the such, you know that the coffers are overflowing with cash. Don't tell me that NAIT isn't doing very well for itself, thankyou-very-much. -Editor's note: NAIT doesn't get any money for any of the parking tickets. The City of Edmonton does. Take it up with them. Thanks.- According to the same article I alluded to earlier, there is parking stalls to accom- right). Fortunately, (or unfortu- we take offense to things.)

ell it finally modate (and that's not even including the number of staff). There needs to be a genuine effort to start searching out new areas for parking accommodations.

> Secondly, another idea is to assign the existing lots by faculty or even by lottery, rather than by the method of "preferred"

> Thirdly, I realize I do have other options and other means of getting to school, but it all comes

nately, depending on how you look at it) because of the area of town I live in and the schedule that I have, there were no matches to be paired up with. Imagine my disappointment.

In conclusion, I knew that being someone who held the belief that people should be free to park wherever the hell they please, that I'd run into problems here at NAIT and that the day I received my first parking ticket was inevitable. Still, I truly believe NAIT to be a great

	STUDENT PARKING PE	DAILY ENTRY Visitors & Students		
	D- handicapped E- handicapped L- engineering annex Q- next to the parkade RW- westwood campus S- east of 106st U- Rideshare (by the gym)	592 20 18 249 154 71	LOT C- F- K- X- TOTAL	# OF SPACES 95 72 383 102 652
L	TOTAL	1428	٨	

back to the issue of why I should be forced to do so over the next person? I mean, sure, I could get my lazy butt out of bed an hour earlier to catch the bus (and living on the south side that means 5:30 a.m. in the morning on Mondays) and let my car, which I pay the amount of half a year's tuition on insurance, sit uselessly in the garage? Why should I have to do that? Not to mention the fact, that I don't want to.

So, as a last ditch effort, I enlisted myself in the Rideshare program, which as people who know me will attest to, is an option I considered as undesirable as a root canal or an anal probe. (Being as untalkative as I am and as overprotective of the music I listen to, the thought of having to share my mornings with a complete stranger institution with intelligent people at the helm and I realize they can't promise perfection with everything; but, with regards to parking, all I'm asking for is a fairer system of assigning passes and, one day quite possibly, parking at NAIT for everyone.

-If you're still reading, I'd like to point out three obvious points:

- 1. Just about anyone can get something printed in The Nugget.
- 2. I edit some things out of The Nugget for brevity and subject matter. Prejudiced things about people with children or disabilities are not tolerated anywhere. Especially not here.
- 3. There seems to be some problems with the parking.

We appreciate student submissions. We also appreciate short articles seemed safe to say, an unpleasant that don't pick on anyone (some of there is more than three times the task for myself and a very danger- my staff have disablities/sexual number of students at NAIT then ous situation for the person to my orientations/children and therefore

From the Editor:

Happy Valentine's



Mick Beale

ou may think that we are jumping the gun on this a bit, but this is our last issue before that special day. Mind you, it's not a special day for everyone. There are two sides to the proverbial Valentine's Day coin, and I'm sure that each of us know which side we belong. On one side of the coin, you have those who are in love who will find delight in the sentimental cards, flowers, heartshaped candy, and whatever else fits their fancy. The perma-grin kicks in for that day, making everyone else sick. Then, there's also the rest of the world.

Maybe we'll go out and rent "Steel Magnolia's" or something, while the rest of you happy people go out on dates and send each other flowers. Perhaps the people who don't have dates will come over to The Nugget office to find that special someone— Marcel and Andrew have informed me that no reasonable offer will be refused. That still leaves scores of people with nothing to do that night. If you have nothing to do that night, and no one to do it with, spend some time in a pet shop or with your own pets. Maybe you can wander around the mall, finding someone else that's lonely (and preferably over 18). Better yet, check the paper and find a friend to go out and find trouble somewhere. Perhaps you'll get a chance to eat one of the 350,000 heartshaped boxes of chocolate are sold in the week prior to Valentine's cause it's during the reading break. floss.

You may have noticed that this week's issue is different. For the second week in a row, we're making layout changes. At the beginning of the year, we changed the logo. Then, before Christmas, we changed it again. Last week, we went with a cover story and not just pictures. This week, it's full colour on a few pages. We're happyit's not a permanent change, it's just this week's issue. We're going to see what kind of response we get, and then make some decisions from there. Let us know what you think, and we'll listen. We've been opening a lot of doors to new opportunities for positive changes

Perhaps the people who don't have dates will come over to The Nugget office to find that special someone....

this year, and we will continue to do so until our term here is over. Perhaps by the end of the year we'll be able to guarantee more colour issues. We'll see.

Go out and enjoy the holiday. If you want and get to spend time with that special someone, enjoy it. We've got some suggested restaurants in the entertainment section. There's nothing worse than being stuck in a crappy eatery when you're looking for love, so follow our suggestions and there shouldn't be any problems. If you get to spend some quality time with yourself, take some time between textbooks to relax. We're in the home stretch of the school year now, with just a few more hard miles to go. Enjoy reading week, enjoy Valentine's Day, and enjoy Day in Canada. Whatever you de- this special issue of The Nugget. cide to do that night, enjoy it, be- Until next week, don't forget to









Sports

Women's The Tank moves to Hockey higher ground Leanne Ross

NAIT Women's Hockey Team traveled Calgary for a tournament hosted by the Mount Royal College Cougars. The team played three games in the 1 day tournament. The first game was played against the Cougars and NAIT won 4-2. Following this victory, NAIT went on to defeat the Augustana Vikings with a final score of 6-1. During this game, NAIT had to overcome the loss of a key defenseman due to injury to

n January 22, the emerge victorious. In the final game of the tournament, NAIT lost to the Red Deer College Queens with a final score of 0-1. During this hard-played battle, NAIT lost two key players due to injury. All the players enjoyed the competitive nature of the tournament and all teams were very professional and showed good sportsmanship. The NAIT Women's Hockey Team will play their next home game on February 15 at 9:15 p.m. in the NAIT arena against the Raiders.

Andrew "be my Valentine" Hore

hat!? So,

Andrei Kovalenko didn't leave hockey fans of Edmonton with great memories of on-ice contributions. So what, that's not why I'll miss the "Tank." I'll miss Kovalenko for his off-ice shenanigans. The stories I heard on a regular basis about Kovy were great for a laugh. Who knows if they were all true? Who cares? I want to remember Kovy for his late night boozing, his late night antics, the two packs of cigs he smoked a day... and best of all, his ability to cheat the system — the system being curfews and team rules. Hey, I'm not saying I think that's the right thing to do, I'm just saying, "Nice try, Kovy!" Glen Sather runs this organization, not your high school math teacher.

How about the time Kovalenko was caught in a cab in front of the Oiler's hotel two years ago at 9 a.m. the morning of a playoff game in Colorado? "Uh, Glen, uhh, I was house hunting with my friend early this morning." Or the time Kovy missed the team flight in Los Angeles, "Uhhh, Glen, I was in another hotel room with some friends, not out drinking vodka and smoking all night, really, Glen!"

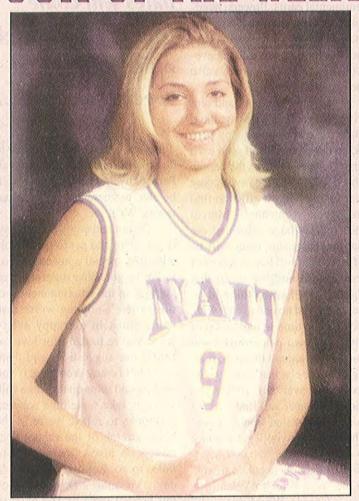
Hey Kovy, you're a KOOK for the ages; the stories of your fun will have to be put to bed once and for all. Maybe next time, the night before a big game or a flight back home to Philadelphia, you should try putting yourself to bed. Thanks for the memories, "Tank," and have fun in Philly.



Good For ONE Free Entry Until 10 pm



9920 - 62 Ave Ph: 433-3663



NAME: Carly Auberton SPORT: Women's Basketball FACULTY: College Prep. **FAVORITE FOOD:** Celery **FAVORITE TV SHOW: Baywatch FAVORITE MOVIE:** An American Tail: Fievel Goes West **FAVORITE BAND: Bif Naked FUTURE PLANS/ASPIRATIONS:** Personal fitness trainer/zoo keeper

COACH'S COMMENTS: In this, her rookie season, Carly has developed into one of the league's premiere 2-way players. Having won Player of the Game three times this season, her most recent achievements include outrebounding the league's leading rebounder 21-7 in a weekend series in Grande Prairie. Carly's efforts were pivotal in the Lady Ook's 1st win in Grande Prairie in many years.

Alumni Award of Distinction

ominations are now being accepted for the 1999 Alumni Award of Distinction. This award formally recognizes and honors the diverse achievements and contributions of NAIT alumni. The award is presented during graduation ceremonies and recipients are permanently recognized on the 'Alumni Wall of Honor' located on Main Campus.

Rick Rymek was one of three recipients of the award in 1998.

Rick joined A.V. Carlson Construction Ltd., as a trainee project coordinator, shortly after graduating from Construction Engineering in 1971. He became president of Carlson in 1991 and since 1993 has become involved in ownership of the Carlson Projects North organization and is a major shareholder. He continues to actively promote and support NAIT, hiring NAIT graduates and remains involved as a member of two program advisory commitees. Rick also gives many hours of personal time to improve the community and his profession.



Rick Rymek

Do you know a worthy recipient?

Nomination Deadline is February 26, 1999

Any NAIT alumnus, staff member, student or individual may submit a nomination form. Nomination forms are available from the Alumni Relations Office, O-117 or call Judy Willows, Alumni Relations Coordinator at 471-8859.

Entertainment

The Best Places to Kiss in Edmonton



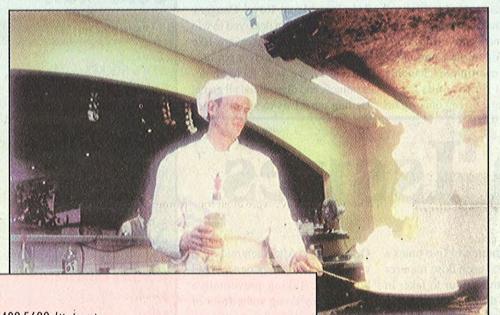
Kevin "Cupid" Pedersen

All right!!

You've been reading this column all year, and it hasn't done much for you. Have you taken my suggestions? Have you tried all the fabulous places we've been? If not, here's some last minute suggestions for you for Valentine's Day.

Be sure to book ahead—they may already be turning people away. Giovanni's Italian Restaurant
10130 - 107th St. • 426-2021 (Moderate to Expensive)

This is a very exciting restaurant—during your marvelous meal, you will likely be serenaded by Giovanni himself. The dishes are all superb, and the decor is magnificent. Be sure to try either of the house wines—what would a Valentine's supper be without serenading and wine?

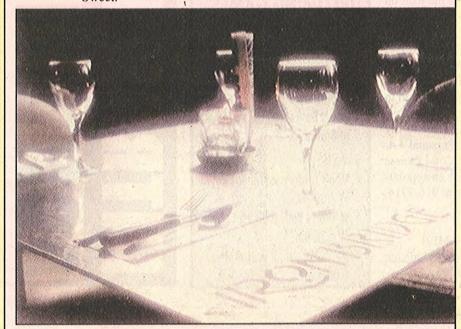


Based on our betterthan-average
experiences in each
of them, I strongly
suggest that if you
actually want to eat
at any of these places
for Valentine's Day,
you'll book ahead.
In no particular order,
here are Kevin
Pedersen's Top Four
Places to Kiss in
Edmonton.

The Iron Bridge

12520 - 102 Avenue • 482-5620 (Moderate)

If you are looking for a semi-private table in a modern setting, this may be the place for you. Wood and steel decorate this unique date place, but the food is what makes it such a great place for both you and your date. She's happy with your thoughtfullness, and you're full of food. Sweet.



Yiannis Taverna

10444 - 82 Ave (Moderate to Expensive)

When the crowd of diners leaps to their feet to take you and your date dancing out into the street (during the Zorba dance) you'll be glad that you made it out. Fine dining with all things Greek adorning the walls will surely impress that special someone.

The Mill Restaurant 8109 - 101st Street • 432-1838

The cozy booths and authentic German rumpus-room decor provide an unequaled environment for your special night out. There's plenty of German plates to pick between, plus you standard "Canadian" dishes. I dare you to take her here and tell me she wasn't happy.



4 on 4 Beach Volleyball

on 4 Beach Volleyball

Hockey Ooks Split with #1 Ranked SAIT

Andrew "Jabaldi" Hore

he #1 ranked college. hockey team in Canada — The SAIT Trojans — were in town Friday night to take on the OOKS. Both teams have inherited a real hate on for each other the last couple of years. The games tend to be full of penalties and emotion. Friday night at NAIT was an exciting battle with a disheartening outcome.

SAIT came out of the blocks Friday a little passive, leaving the home side OOKS with an early lead thanks to goals by Josh "Eli" Giacobbo and Brad "the wings are coming" Wilson. We continued the pressure throughout the first and second period, keeping the Trojans back on their heels. Chuck "I love crib" Beaulieu showed incredible

patience as he found the net late in the second period, leaving the OOKS up 3-0 heading for the third. For two periods we dominated SAIT, leaving ourselves with a comfortable lead and a load of confidence for the last frame. The game of hockey is a funny one though; just when you think you've got it figured out, it throws you a curve ball. Just when we thought we had SAIT figured out, they come out in the third to score three goals to tie the game up and head for overtime. Our 'tender, Darryl "Guf" Hodgson, stood on his head in the third, making key saves. The match was headed for a 10-minute overtime frame. Both teams came out flying in overtime, exchanging chances at both ends. The "Chimp" came up big once again

along with the Trojan goalie, and both tenders turned away shots for the first 7 minutes of overtime. Then the unthinkable... how can a team come back from a three goal deficit and win in overtime?? Well, SAIT did just that. With two minutes left, SAIT scored the winner in O.T. OOKS 3 / SAIT 4

Us OOKS had to regain the composure we had for the first two periods on Friday as we headed south to Calgary. We needed a win on the road to put pressure on the 3rd place Mount Royal Cougars. We knew our team deserved to win on Friday, but excuses are like assholes — everybody's got one. In Calgary, we were focused, determined, and disciplined all game, leading ourselves to victory. Josh

"Grier" Giacobbo had a solid game, along with Derek "Trailer park trash" Stone. Both OOKS had a 3-point night. A road-kill and a chance for 3rd place is coming up this weekend. OOKS 6 / **Trojans 3**

This upcoming weekend, the OOKS face off against another Calgary rival — the defending National Champions, the Mount Royal Cougars. The series is a big one, with both teams having a chance to take over 3rd place.

NAIT vs. Mt. Royal on Saturday, February 6 at 7 p.m. at the NAIT Arena. Hope to see you there! Until next time, keep your chin strap done up.

ACAC Weekly Ooks Stats

LAST WEEKEND....

MEN'S HOCKEY

NAIT 6 SAIT 3

WOMEN'S VOLLEYBALL

NAIT 1 **GMCC 3** NAIT 3 **GMCC 0**

NAIT 47 AUC 53 AUC 65 NAIT 51

NAIT 101 AUC 102 NAIT 99 AUC 81

UPCOMING GAMES ON CAMPUS...

- Deer at 6:30 p.m.
- Men's Basketball vs. Red Deer at 8:30 p.m.
- Men's Hockey vs. Mount Royal at 7:00 p.m.
- Women's Volleyball vs. Lakeland at 6:30 p.m.
- Men's Volleyball vs. Lakeland at

NAIT 3 SAIT 4

TKUC 3 NAIT 1 TKUC 3 HAIT 1

MEN'S VOLLEYBALL

WOMEN'S BASKETBALL

MEN'S BASKETBALL

Friday

- Women's Basketball vs. Red

Saturday

Health Issues

Randy Bachmier, CFC

Dear Nugget,

I was curious if you could get the author of the "Tips for a Fit Millennium" (Randy Bachmier) article to answer a question for me. I heard a blurb on the news recently about a pill that could aid in fat loss. Also, I have started to take ginseng occasionally, especially when I get moody. I think it may be working to my benefit, but I just want to make sure. I also wanted to know if there is something I can use in addition to ginseng to get the maximal effect for my body.

Signed, Anonymous at NAIT

Dear Anonymous,

If I were to tell you there was a prescription available that facilitates fat loss, disease prevention, improved mental state, and improved bone density maintenance, among other benefits, would you and your overall sense of wellness Wilma Wooten, MD, MPH ask your doctor to write you up for can be enhanced with exercise. In The Physician and Sportsmedicine a batch? Before you answer, note addition, it can lessen anxiety and - vol. 24, no. 7, July '96 that this "miracle drug" must be improve a depressed mood.

administered three to five times a week, and that each dose requires 30 minutes to an hour to take. In addition, the drug causes mild side effects consisting of sweating and heavy breathing, but that's only during it's administration.

Would you still take it though? Mind you, who would refuse it, with the positives outweighing the negatives so greatly? Examine closer what a balanced exercise program can do for you:

Disease Prevention: Inactivity is a risk factor for cardiovascular disease, especially heart attacks and strokes, which are the leading causes of death in North Ameri-

Other risks for cardiovascular disease that can be lessened with regular physical activity are high blood pressure, high fat and cholesterol, diabetes, and cancer.

Mental Well-Being: Self-esteem Reference:

One Density: After their mid-30's, women typically experience rapid bone loss. Taking preventative measures by doing some form of resistance weight training will slow down this loss and protect against osteoporosis.

Muscle Health - Arthritis: Exercise improves the range of motion within a joint and strengthens the muscles. This lessens the load on the joints when performing daily activities or chores.

Clearly, regular exercise, along with sound nutrition, is the key to a healthy lifestyle. If you require an exercise prescription in endurance, strength, and flexibility exercises, please refer to my article "From Your Personal Fitness Trainer" on the Coast Fitness bulletin board or book an appointment by phoning me at 916-7714.





dingdong





The HIP-notist of the 90s ESDAY FER 10



NAIT Weekends

cont'd from p. 1

No rest for the wicked though, as Marcel (our ever faithful photographer) and I whisked down to Red's for the Matthew Good Rand concert. All I can say to that is "WOW." Matt puts one hell of a concert. Due to the fact that the hockey game ran a bit late though, I missed most of the opening act's (a band by the name of "Welcome") set. Now, in their defense, I heard that they were pretty good from other concert patrons, but what I heard myself pretty much blew. Not so for the Matthew Good Band though, as they put on a hardrocking, kickass show. I cannot express how highly I recommend

while till they come around again novative, original songs like though, as this was their last en- 'Trickle Down,' as well as some gagement before hitting the studios rockin' covers, the Gurus did not to record their new album.

Saturday: I attended what should have been a barn-burner, but ended up as more of an intimate and interactive event. Just ask those came to the 'Winter Bash featuring the Touchstone Gurus.' It was a great time. A better name for the event would have been, "The few, the proud, the alcoholics!!!" Shame on you if you didn't attend. An opportunity to see an up-andcoming band like the Gurus in such an intimate venue just should not

seeing these guys live. It may be a have been missed. By playing indisappoint. The \$1 beer and \$2 hiballs gave everyone a friendly buzz. (shouts out to Layna M. the wowest girl I know.) NAITSA and Molson Breweries also deserve much praise for hosting such a prestigious but shockingly underattended event. Come, on everybody, let's go to these things. They are a blast to attend, and they benefit you, the student.

Sunday: And on the 7th day,

CLUB MAI University

Source: <u>www.canoe.ca</u>

Canadian Box Office

- Patch Adams
- A Civil Action
- **Varsity Blues**
- Stepmom
- The Thin Red Line
- At First Sight
- Shakespeare in Love
- Virus
- 9. A Simple Plan
- 10. In Dreams

Edmonton Album Sales

- 1. Baby One More Time -**Britney Spears**
- 2. Big Shiny Tunes 3 -**Various Artists**
- Americana Offspring
- MuchDance 1999 -Various Artists
- 5. Believe Cher/Best of U2 U2

- Women and Songs 2 -Various Artists
- Sabrina The Teenage Witch -Soundtrack
- Armageddon- Soundtrack
- Come on Over Shania Twain
- 10. Dizzy Up the Girl Goo Goo Dolls

Canada Singles Sales

- 1. Goodbye Spice Girls
- Baby one More Time -**Britney Spears**
- Candle in the Wind Elton John
- Music Sounds Better With You -Stardust
- Some Kind of Wonderful Sky
- Because of You 98 Degrees
- From This Moment On -Shania Twain
- Believe Cher
- Love Like This Faith Evans
- 10. Sweetest Thing (Part 2) U2

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Check Page 17 of the NAIT Student Handbook to get yours.

2, 4, 6, 8

Who do we appreciate?

Coming Soon

Instructional Excellence Award

Stay tuned to the Nugget for more details...

ntertainment

Horrorscopes



Daria Morgan

Capricorn

(December 23-January 19) A recent team homework assignment makes you realize that your group is out to kill you dead. Keep a close friend near by so that can take the fall for you.

Aquarius

(January 20-February 18) Image plays a vital role when you are peeping through someone's window.

Pisces

(February 19-March 20) Put off a promise until the organ you were supposed to donate is no longer needed (this means the person is dead, dead, dead).

Aries

(March 21-April 19) When you go to pursue some of your sexual fantasies this week, some Aquarius will see you and think you are a crazy sicko.

Taurus

(April 20-May 20) Extend your arms until they touch someone's forbiddens.

Gemini

(May 21-June 20) Look forward to being fired from your day job.

Cancer

(June 21-July 22) New attention to your appearance makes you realize your boobs are sagging.

Leo

(July 23-August 22)

Traumatize a little kid today by telling them that Santa Claus is the overweight, cross-dressing lunch lady at their school who makes mystery meatloaf with brie.

Virgo

(August 23-September 22) To boost your confidence, beat someone into submission with a jelly donut screaming, "Bacon, bacon, the bacon made me do it!" Libra

(September 23-October 22) Concentrate on yourself, because no one likes self-centered idiots.

Scorpio

(October 23-November 21)

A matchmaking attempt proves unsuccessful when you date sees you and runs screaming from the room.

Be sure to take stock of your TP

today. There are people out there who want to steal it from you.

If today is your birthday:

Hell is easy when you're already

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RSDAY



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Information session:

Tuesday 16 February 12:15 pm Room X203, NAIT



Owned and operated by the Canadian Federation of Students

Sagittarius (November 22-December 22)

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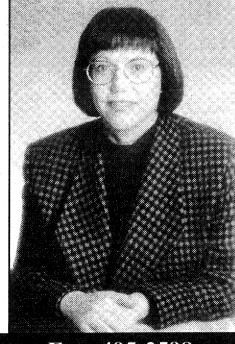
Anne McLellan

Please feel free to call or write my **Constituency Office (postage free)**

> 12304 - 107 Avenue Edmonton, Alberta T5M 1Z1

Web Page: http://www.planet.eon.net/~mclellan/

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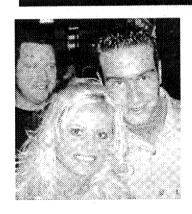
SAT FEB 13

NAZARETH

MARCH 10

ENCORE RUN DMC PERFORMANCE COMING SOON

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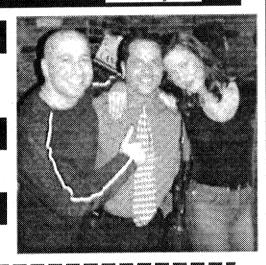


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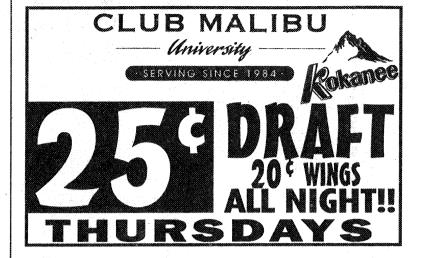




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A university degree will be an additional prerequisite beginning in the year 2000. A transition policy allows some leeway until 2002. If you need to know if you meet the interim requirements, or if you require any information, contact us directly.

The deadline for application for the 1999 CMA Entrance Examination is May 19, 1999. Prep sessions begin in April for the June examination.



For more information visit our website at www.cma-alberta.com, or call us at 1.877.CMA.2000





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The Grapevine entitled "The Wine List" will not be printed because there is no name to accompany the student ID number. Too bad, so sad.

Swinger,

Your comments in last week's Nugget assure me that you spend more time stroking your pud then you do bragging. If your balls were as big as your head, you might have a chance with the ladies. (well, maybe not the ladies, but at least small rodents). Just because you own all the "Sex for the First Time" books ever written in the last ten years doesn't make you a player. Players don't need nor have the time to write meaningless desperate requests for your attention. You might want to change your name from Swinger to CHUMP!!!

LLH

Speaking of meaningless, desperate requests for attention.
The Editor

Wanted:

One concubine (female) for weekend interludes. Contact Belezebob.

To girls with experience (a.k.a. Candace, Arina, and Jenny),
To the ones that brag should be stuffed in a bag.
At least I'm right, and say, I'm tight, I'm not the moose with the loose goose.
Some experience should be said "OTHER EXPERIENCE" shouldn't be read.
The Poet

R.M.,

You are both my boyfriend and best friend. To many more years of this! I love you.

N.B.

To A.J. Greening,

I want to feel your hand in mine, and I want to feel that rush in my spine, I want to wear the scent of you and do all the things you want me to do, so baby there's one time to let this fantasy become real. A.J. you KNOW me and would never Administration.

11828-103 St.

Edmonton, AB

BELIEVE that it's me because I'm the shyest girl you know!
Signed, "Watching and Admiring"

To all the amateur artists who insist on drawing on desks,

Your graffiti is not appreciated. Get yourself a piece of paper and go crazy. I am tired of having my desk covered in garbage. Please stop.

To Dan - the Darkest of the Den, If you are back — the Den of Iniquity must be, too. A family member of mine spoke of your DOI antics... (Dick says, "High!"). When is the house warming? More importantly, how do I get my application for Maidship to you? I am looking forward to the benching process, but I am having trouble with bit manipulation... I hope you still can — after all those years.

T.R. (your maiden in waiting)

To all the "Big and Burly" mechanics.

You guys turn me on. Everytime I walk past one of you studs, I feel like greasing my thighs! I'm looking for someone who can treat me like the pretty prince I am. I'm shy but into everything! If you're interested, reply next week or Email me a

justgot mybrown belt@hotmail.com.

To my beautiful Blair in the F-wing, I first noticed you 5 months ago. Your smile captivated me the moment I saw you. We speak briefly when we see each other, but if you only knew how much more I have to say! I wonder something if you have any "interest" in me at all because I'm very "INTERESTED" in you! However, I'm too shy to approach you yet. But, here's a hint: Dark brown hair. Take a close look, I'm 1 out of 71!

Request:

To all the young girls walking past J-008 to go workout. TAKE YOUR SWEET ASS TIME. PLEASE. It will be greatly appreciated. Admirers

To the Party Animal from last weekend,

I love it when you wear leather. You looked really sexy last weekend. Why don't we meet at CST's caba-

ret at Ezzie's on February 10? Go find someone from the Grav committee for the \$3 tickets. I'll even pay for yours if you wear your leather jacket. I'll be your cheap date because hiballs are only 99 cents. I'll meet you between 8 and 10 to catch the specials. See you there!!

Love, your Party Girl

To "Watching and Admiring,"
Well, you have sparked my curiosity, but it's kind of pissing me off.
You're going toohave toive me some clues as to who you are... I don't like playing games. If you want to play with my bat, step up to the plate.

"Dirty" Blonde Guy ("A" Green)

To the sexy Ook player in IET, Happy 21st Birthday, STUD! We will have to go out and celebrate! DO YOU WANT A SANDWICH? Candy-coated chocolate

Dark Master.

Forever a critic, I see. Lab 5 was our last coded assembly. The DOI 84-year ender was my last coated assembly. You were rounding 3rd base when R sat on you, CM + PH. It was a low point for me, but I picked him up and led him away by the Martel. Alas, he was too tanked

to awaken Mr. Happy. You remember me... I will meet you at the entrance to Our Place. I'll be the one with high test in my pockets. Date and time are significant!!
Signed, E7C1E5C1

Classifieds

VOLUNTEER!!! Anyone who is interested in helping with the InfoCity Festival (March 19 + 20) come to the information and registration session on FEBRUARY 9th at 4:15 p.m. in Room X-107. Please bring two pieces of ID (one must be photo ID). You don't have to be a computer whiz to help out—NO computer knowledge is required.

DUE WEST STUDENT PAINT-ING is currently looking for local area managers for the 1999 summer. Managers receive quality training and support. No experience required. Above average earnings of \$8,000.00 - \$20,000 PLUS. Call 1-800-585-8666 Today.

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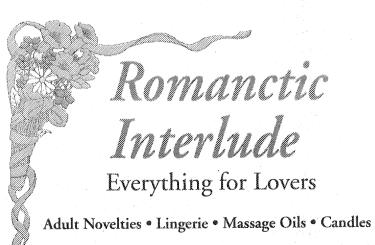
Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.

Catholic Social Services needs volunteers.

- 1. Basic computer classes. Twice a week, 3:30 pm 5:30 pm, for 3 months. 4 to 6 students. Windows '95.
- 2. Volunteers required to tutor students. Saturdays from 2 4 pm or Thurs. evenings from 6 8 pm.
- 3. Volunteers needed to help Canadian newcomers with conversational English and orientation to Canada. No second language required, hours flexible.

If you are interested in volunteering for any of these positions, please call Heather at 424-3545.





479-8749

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