

THE NUGGET

Thursday, Sept 30, 1999
Volume 37, Issue 6

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Ooks Win Blue and Gold



JOHN SHIELDS

Last weekend, our very own Ooks hosted five other college teams from the area in the annual Blue and Gold tournament. The tournament was one of many that the Ooks will play before they kick off the regular season on Friday, October 15th against the Concordia Thunder.

The Blue and Gold went well for the boys this weekend, coming out of the tournament with a 3-0 record. There was some great hockey that went on at the rink this weekend, which included a fantastic game on Saturday night where the hometown boys squeaked by the Mount Royal Cougars.

The game didn't start out well

though, with the Cougars getting on the board in the 1st. It took the Ooks until the 2nd period to get that one back, with James Seney scoring from an impossible angle alongside the net. The goal gave NAIT the momentum they needed as they quickly notched a second on a beautiful passing play that was finished off by David Quaschnick from the point.

The Cougars came back early in the 3rd, tying the game 2-2. The Ooks would have none of that, coming right back with a goal of their own by David Quaschnick (his second of the evening) with a spectacular assist from defenseman Jay McGee.

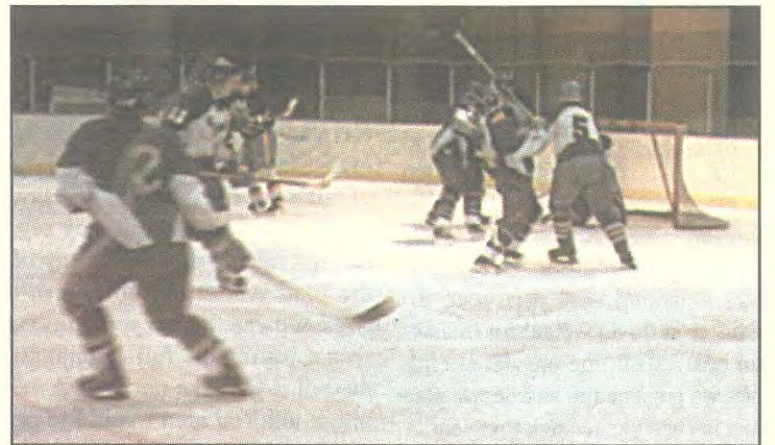
The 3rd period was the most back and forth period of the game, and it all came down to two minutes left on the board and the Ooks up by one. The Cougars, with the goaltender pulled, managed to score a floater from the point, sending the game into overtime.

Disheartened, a lesser team would have sat back and let the

game slip away. The mighty Ooks, however, sucked it up, and Mike Mychalysyn scored a spectacular goal to put the game away and send the Cougars packin' to the 'B' final.

The 'A' final pitted Red Deer, one of the best teams in the league this year, up against the Ooks. The teams came flying out of the gate, with both teams playing hard and hitting harder. The referee was handing out ten minute misconducts like they were going out of style throughout the game,

See "Blue and Gold" p. 10



The Ooks were undefeated this past weekend in their preseason tournament.

WIN a Hot Date and a Movie

Due to the large volume of entries from the last "Win a Date" article we've upped the ante a little. Not only do we wine and dine you we also are taking you out to the movies. The response was so great that we didn't want you to feel let down at the end of dinner so your date will sweep you off your feet and whisk you away to the premier of Brad Pitt's new movie, The Fight Club. (Mmm, Brad Pitt.)

Ahh, the movie theater. Many of us have fond memories of going to see some flick with the person of our dreams, all with the hopes of maybe getting that first kiss or cop-

ping a cheap feel. My fondest memory involved... never mind. The movie theater is also where I perfected the "yawn and stretch" move. I could go on but I don't want to spoil anything if I am the winner. Just think a buffalo, preferably stuffed, and a nine iron.

So remember, all you have to do is drop off your name, student ID number, and the editor of your choice into the submissions box by the Nugget office located at E-128. The winner will be chosen by a draw, but if you can give us any reason why the editor that you choose should go out with you it may sway our decision.

The offer still stands of fine food, good first impressions, a Brad Pitt movie, and maybe even a little action later.



JAMES OLSON

As of today, you have six days to haul your ass down to E-133 and sign one of two forms. One of them will save you from paying \$191, the other will save you from paying \$191 and getting absolutely nothing for it.

And now that I have your attention, here is the rest of the story...

Once upon a time, some NAITSA students wanted to help the sickly students at NAIT and decided to get them all health insurance. So they did.

The health plan was approved as a result of a referendum that was held in 1997. Two years later, September 1, 1999, saw the beginning of the program.

Despite the efforts made to educate students on the workings of the health and dental plan, only 43 percent of eligible students have registered, leaving 57 percent of eligible students paying for benefits they will not receive.

Out of those registered, 21 percent will be receiving benefits and 79 percent have opted out.

"These types of concerns occur any time you try to implement a program of this magnitude," said Mick Beale, NAITSA Communications VP, "We're doing our best to make sure students are informed and aware of what's happening."

The deadline to register (and opting-out) for the Health and Dental Program is Friday, October 8th.

More Health & Dental coverage inside...

The Plan Breakdown:
\$90 Health Coverage
\$101 Dental Coverage
= \$191 Total cost to you

Student Benefits Plan NAITSA
EXISTING COVERAGE OPT-OUT FORM

By way of referendum of the membership of the NAIT Students' Association (NAITSA), you are automatically enrolled in a group benefits plan. This student benefits plan is in place to provide students with assistance with many of the health and dental costs not covered by basic provincial/territorial health care, such as prescription drugs and dental care, and to protect students from many of the costs associated with unforeseen illness and injury. A representative of the student benefits plan is available at the NAITSA Student Benefits Plan Office to answer your questions and to assist you with the plan. IF YOU CURRENTLY HAVE COMPARABLE COVERAGE (IN LIEU OF DENTAL OR EXTENDED HEALTH), you will need to complete and return the "Student Benefits Personal Information Form".

IF YOU HAVE EXISTING COVERAGE:
If you have existing dental coverage, you may opt out of the dental portion of the fee. If you have existing comparable extended health coverage (member basic Alberta Health Care is not comparable as it does not cover those extended benefits), you may opt out of the health portion of the fee. Acceptable proof of existing comparable coverage must show the name of the insurance company and the policy number in the form of a benefits card, a benefits brochure or booklet, recent statement of claim, a letter from the plan provider, or other proof deemed to be reasonable.

If you are eligible to opt out of either the dental or extended health portion of the fee, or both, and wish to opt out, you must complete the following information, sign and date in the space below, and return it with acceptable proof of coverage by mail or in person to: NAITSA Student Benefits Plan Office, Room 5135, 11742 - 106th Street, Edmonton, AB T5G 3H4, or by fax to (780) 491-3058.

However, even if you have comparable coverage for dental and/or extended health, you may choose to coordinate your benefits by taking the coverage under this plan. If this is your preference, you are required to complete and return the "Student Benefits Personal Information Form".

PLEASE NOTE: If you currently lack comparable coverage for either dental or extended health, you must complete and return the "Student Benefits Personal Information Form" as well. You will be automatically covered and charged the benefits plan fee if this opt out form is not completed properly with all the required information and returned with acceptable proof of existing coverage by the deadline date of September 20, 1999.

REQUEST FOR WAIVER WITHOUT ACCEPTABLE PROOF OF EXISTING COVERAGE WILL NOT BE PROCESSED.

STUDENT INFORMATION:
Last Name: _____ First Name: _____ Initial: _____ Student ID Number: _____
Mailing Address: _____ City/Province: _____ Postal Code: _____
Phone: _____

I have existing extended health coverage ☐ Yes ☐ No Other Insurer's Name: _____ Policy No.: _____
I wish to use this coverage to waive the student benefits extended health coverage. ☐ Yes ☐ No

I have existing dental coverage ☐ Yes ☐ No Other Insurer's Name: _____ Policy No.: _____
I wish to use this coverage to waive the student benefits dental coverage. ☐ Yes ☐ No

AUTHORIZATION: I understand that the information provided above is required by the insurer in order for me to waive the dental and/or extended health fee, as applicable. I hereby authorize and consent to the use, release, and exchange of the above information between NAIT, NAITSA, Callison & Associates (the student benefits plan administrator), and the insurance carrier(s) to be used solely in connection with the NAITSA student benefits plan. I confirm that all the information provided by me herein is accurate. I also understand that Callison & Associates will send to NAIT whether I have opted out or not in order for the purpose of assessing.

Student signature: _____ Phone: () _____ Date: _____

If you are opting out of one or both coverages, every effort will be made to ensure the fee from your NAIT fee invoice if this opt out form is received sufficiently in advance of the billing. For these forms which cannot be processed by the fee deadline date, or if you have already paid your fees, your NAIT account will be credited.

OPT-OUT DEADLINE DATE: SEPTEMBER 20, 1999

Student Benefits Plan NAITSA
PERSONAL INFORMATION FORM

By way of referendum of the membership of the NAIT Students' Association (NAITSA), you are automatically enrolled in a group benefits plan. This student benefits plan is in place to provide students with assistance with many of the health and dental costs not covered by basic provincial/territorial health care, such as prescription drugs and dental care, and to protect students from many of the costs associated with unforeseen illness and injury. A representative of the student benefits plan is available at the NAITSA Student Benefits Plan Office to answer your questions and to assist you with the plan.

IF YOU DO NOT HAVE COMPARABLE COVERAGE FOR BOTH DENTAL AND EXTENDED HEALTH:
If you currently lack comparable coverage for either dental or extended health, or both, you are required to have the coverage under this plan, and you must complete and return this "Student Benefits Personal Information Form".

In order to receive your prescription drug card or to realize other health and dental claims under this student benefits plan, you must complete the following information, sign and date in the space below, and return it by mailing it or bringing it to: NAITSA Student Benefits Plan Office, Room 5135, 11742 - 106th Street, Edmonton, AB T5G 3H4, or by faxing it to (780) 491-3058. If you have a spouse and/or dependent children, for an additional premium you may purchase coverage for them as well. For further details, please contact the Student Benefits Plan Administrator.

STUDENT INFORMATION:
Last Name: _____ First Name: _____ Initial: _____ Date of Birth: _____ Gender: _____
Mailing Address: _____ City/Province: _____ Postal Code: _____
Student ID Number: _____ Campus of Study (if applicable): _____
Phone: _____

AUTHORIZATION: I understand that the information provided above is required by the insurer in order for me to receive the benefits that I am paying for in my student fee. I hereby authorize and consent to the use, release, and exchange of the above information between NAIT, NAITSA, Callison & Associates (the student benefits plan administrator), and the insurance carrier(s) to be used solely in connection with the NAITSA student benefits plan. I confirm that all the information provided by me herein is accurate.

Student signature: _____ Phone: () _____ Date: _____

You MUST fill out one of these two forms. Otherwise, you're paying for benefits you don't get.

Form #2: The Opt-Out Form
If you do have comparable benefits, you can opt-out by filling out the Opt-Out Form.

Form #1: The Personal Information Form
If you do not have comparable benefits to the NAITSA Health Plan, you must register by filling out the Personal Information Form.

Voter Apathy Comes Back to Bite Students in Ass

Joe Q. Student

Here we are in the first month of school, and all of a sudden we discover that it is going to cost us an additional \$200 dollars to attend here this year. So what exactly do we get for this extra cost? Well, the answer is simple: we get a health and dental plan just in case we get sick this year or have to go for a dental checkup. Just like in the real world, there are insurance companies out there willing to take bets on whether or not you are going to get sick.

It isn't that part that is pissing students off though, it's the man-

datory part. That's right, folks, unless you can prove that you are covered under some other plan, you are automatically enrolled into the plan and have to cough up an extra \$191 to be exact.

It's not like you can just say, "Well I don't care what they say, I'm not paying it." The beauty of the plan is that the bill doesn't come separately from your tuition, so not paying the full amount on the bill is just like not paying the bill at all. You aren't going to be dealing with the Students' Association, you are going to be dealing with the billing department at NAIT. They won't give a rat's ass about what you think is fair, they are simply going to say, "You owe us this money, and until you pay

it, you aren't going to get your marks."

The plan itself is excellent. There are lots and lots of things that it covers, and I am sure that if I ever went to the doctor, I would get my money's worth.

Three years ago, a different group of students were sitting in the NAITSA offices, and they thought that having a health and dental plan would be beneficial to the students. So much so, that they decided to hold a referendum on the subject. As is usual with voting around here, less than 10 percent of the student population participated in the vote. Unfortunately for the students of today, the Health and Dental Plan passed.

You can go and complain to NAITSA all you want, but they are going to tell you the same thing that I will. As a student, you are automatically a member of the Stu-

dents' Association, and are subject to the rules and regulations that they come up with. They all have to be approved through General Council, and that is where you have your voice: if you don't like something, go and tell your technology reps. Yes, those guys that are always throwing the cabarets, but going to General Council is part of their job, too.

So, when you go and bitch and complain about having to pay this extra fee, keep in mind that NAITSA'S hands are tied. Just like you, they weren't around when this passed; and just like you, they have to cough up the extra cash. They held a vote, and the students that took the time to exercise their right decided for you. Maybe it is something to keep in mind when the NAITSA elections roll around next March.

WANTED:

Hungry Students

Our culinary arts students need customers. You can help us out by joining us in our classroom, The NAIT Dining Room for lunch or dinner.

Lunch Hours Mon-Fri:
11-12:30 seating

Dinner Hours Tues-Fri:
6-7:30 seating

Great food at
reasonable prices.

Great Western Canadian Ski Trip

New Year's

December 29 - January 2nd
MONTANA

\$380

+\$50 damage deposit

INCLUDES:

- 4 nights accommodation • Coach transportation
- Lift tickets • T-shirt • Complimentary beverages

\$100 non-refundable deposit due immediately to reserve your spot.

BALANCE REMAINING DUE NOVEMBER 1ST

For more info or to make a payment come to the NAITSA office
(Rm E131) or phone CRAZY MIKE @ 471-7603.



Great Savings

Microsoft
Office 2000

Standard

(Word, Excel, Outlook, Powerpoint)

\$210.00

Professional

(Word, Excel, Outlook, Powerpoint, Access, Publisher)

\$267.00

iomega



\$289.99
iomega 250 zip
parallel port



TECH STORE

South Learning Center, Room X240, Upstairs from the Book Store
Open Monday To Friday from 8:00 AM to 5:00 PM
Phone: (780) 491-3140

Odds & ends



DARIA
MORGAN

Heaven Declared A No-Smoking Zone

If you smoke, you don't stand a chance in hell getting into heaven, according to a new list of "indulgences" that was released last week by the Vatican. In summary, the list basically shows the Pope supports anyone who gives up the pleasures of addiction — and that includes smoking. As described by the Vatican, quitting smoking is considered a "partial indulgence" that will apparently help to purify the now former smoker and prepare them for the afterlife. If the smoker quits, however, and follows their quitting with a confession and a communion, they apparently qualify for a full indulgence, skip the prep classes, and go straight to heaven. If you want to see a complete list of these indulgences, the full name of the document is the "Enchiridion Indulgentiarum," and it updates the guidelines that were laid down by Pope Paul VI in 1968.

Publicly Proliferating On A TV Near You

Do you have an urge to watch animals copulate? Starting October 3rd, you can do just that by watching the PBS show "In The Wild." It will air 13 episodes in all, with the first episode starring Whoopi Goldberg and John Cleese as not-too-intrepid animal adventurers in search of lemurs. This will then be followed by Julia Roberts and orangutans, Christopher Reeve with grey whales, and Debra Winger doing the pandas.

Transgenders Have Rights, Too

A Federal Appeals Court in Kentucky is considering a case that may change the face of family law forever. The case involves a woman by the name of Christie Lee Littleton, who actually used to be man until she underwent a sex change operation in 1979. In 1989, Ms Littleton married, only to have her husband die in 1996. She then filed a suit against her deceased husband's doctor, charging negligence causing death. The doctor fought back and won a summary judgment, claiming that Littleton was not entitled to survival spousal benefits because she used to be a man and same sex marriages are not recognized in Kentucky. A ruling has yet to be passed down in the Littleton case, and while there have been cases previously filed about the legality of same sex marriages, there is only one legal precedent to date involving the marriage rights of a transgender, which upheld a marriage between a male and a male-to-female transsexual in New Jersey in 1976.

The Dangers Of Post-Its

For those who don't know, this week is Lawsuit Abuse Awareness Week, and there are actually people who celebrate this cause. A Columbus, Ohio, group called the Ohio Citizens Against Lawsuit Abuse (OCALA) are handing out wacky post-it note warnings to companies and their employees to help people understand what they must do these days to protect themselves from being sued. Some of the post-it note warnings include: "Use of this product may cause paper cuts," "Do not use to put out fire," "Do not place over eyes while driving," "Rapid removal may cause soft tissue damage," and "Do not use as a floatation device."

The Woman With The Healthy Ovaries

Need a quick means of making money? How about fooling all

your friends and family into thinking you're dying? That's what one woman in Boston did. She allegedly duped her family and friends into believing she had ovarian cancer. She even went as far as to shave her head to make it appear as though she were undergoing chemotherapy. She was only caught in the act when she used the \$50,000 her family and friends had raised for her for her "supposed" medical expenses, to buy a new car and have liposuction surgery done instead. Prosecutors in this unusual case have alerted the public not to donate any more money to the woman and have consequently charged her with larceny. There has been no comment from the woman or her family to the charges.

Sucking The Smarts Out Of Mom

If you were not breast fed as a child, you may be lacking in brains, according to a study conducted at the University of Kentucky Chandler Medical Center. This is based on an analysis of 20 studies about breastfeeding and intelligence tests. Infants apparently deprived of breast milk are likely to have a lower IQ of 3 to 5 points (as compared to a breast fed child), a lower educational achievement, and a poorer social adjustment than breast fed infant. Researchers believe this is linked to the fatty acids in breast milk that is missing from baby formulas sold in stores.

Shot Down

The Tavern Association in State College, Pennsylvania, has passed down a law stating that adults who have just turned 21 will be able to buy beer at the bars, but they will not be able to buy shots until 26 hours after their birthday. This decision comes a month after a Penn State student was hospitalized with a blood alcohol level of 0.682 after she drank 21 shots in under two hours.

Words of Wisdom from the Health & Dental Plan Office

Karmyn Vig

This is the first year that NAITSA has provided an extended Health and Dental care plan. As with anything that we do not know a lot about or have not heard about, we are usually skeptical, but in this case, we need not be skeptical at all. You see, a lot of the student body already has extended Health and Dental plans with their parents, spouses, or employers. These people know the value of extended Health care. They know the value of having prescriptions paid for, massage therapy, chiropractic treatment, and dental fees covered. They know the value of not having to come up with money that you have not budgeted for if you get sick or your teeth are bothering you. Those of you who are covered by another extended Health and Dental plan need only to bring your proof to my office and Opt-

Out of the plan. For those of you who are not covered, for less than \$16 per month, you can utilize all of the services of the plan. Come down to my office and see how the plan works and sign to activate your prescription card. Many students have already added their spouses and children to the plan.

The deadline for Opt-Out and Sign Up is Friday, October 8, 1999. The coverage goes from September 1, 1999, to August 31, 2000. The Dental plan is a managed plan with four dentists available or a reimbursement plan for a higher fee. All dentists are close to NAIT. The fees will be assessed half the first semester and half the second semester. If you have only one semester left, you will only pay for the first semester and will be covered until January 31, 2000.

Friday October 1, 1999

Prizes & Give Aways

"If You're Drinking Who's Driving?"

COWBOYS

10182 - 188 Street 481-8728

Kindness In Action

Silent Auction

Registered Charity
#1094093-11

We are members of a team of professionals called "Kindness In Action." Our group is made up Dental volunteers who travel to Central America every January to provide free dental treatment to the

very poor and landless peasants. Each team member is responsible for all their own expenses (travel, meals, and accommodation) in addition to the lost income as a result of taking time off from their work.

This year, we will be conduct-

ing a silent auction to raise money for our trip. We are hoping that you will consider donating a product and/or service that can be auctioned. Your business will be duly recognized for its generosity the evening of our auction. All donations are needed by Tuesday, October 5.

If you require more information, please contact Trish Bone at 464-2032 or Bob at 471-7681. Thank you for your kind consideration and help, and please feel free to attend our function at NAIT on Friday, October 15, at 8 p.m.

NAIT DISCOUNT CARD

The Bearer is Entitled to a

10%

Discount on all regular priced merchandise, including Levi's, Sorel, Carhartt, and Helly Hansen.

WORK WORLD

Kingsway Garden Mall location only.
(Next to Bank of M.)
Ph: 479-2478
Expires August 31, 2000.
NAIT ID required.

Breaking New Ground for Technology

Layna Mulligan

At the last Board of Governors meeting on September 13, 1999, many items were discussed. One area of particular interest to the student body here at NAIT is the construction of the new ICT building. The \$45-\$50 million Information and Communication Technology Centre will provide NAIT with 220,000 additional square feet complete with 20 classrooms and 56 labs. What this will mean for the students at NAIT is expanded programming and additional workstations. Not only will the students benefit from the centre, but the general public will as well as it will serve as a public access Internet point.

The new ICT building will be built in the field between the main campus and the Annex. In an effort to unite

to the two campuses, a pedway will also be constructed.

The Cohos Evamy Partners have been selected as the prime consultants, with plans to break ground in September 2000. The building is to be completed in June 2002 for September intake.

In the meantime, the institute has plans to "ramp" its intake for the ICT building. NAIT will gradually up its enrollment with the acquisition of the 4th, 5th, and 9th floors of the 7th Street Plaza. NAIT took over the lease from the Alberta Vocational College.

Along with the all-new computers and added space comes a price, however. The cost will be shared between the government, the industry, and with some participation by the students. The breakdown looks like this:

NAIT has completed its consultation with the Students' Association as required for the three year period of 1999/00 to 2001/02. The tuition fees for this period are as follows:

Certificate and Diploma Programs:

	1998/99	1999/00	2000/01	2001/02
Tuition fee	1,910.24	2,145.74	*2,383.74	*2,624.74
% Increase		12.3%	11.1%	10.1%
NAITSA fee	97.00	**97.00	**97.00	**97.00
Total fee	2,007.24	2,242.74	2,480.74	2,721.74

* Estimated amounts based on an increase to the consumer price index of 1.1% per year.
** Subject to change - health insurance plan being planned for implementation in 1999/00.

Applied Degree Program (Bachelor of Applied Information Systems Technology):

	1998/99	1999/00	2000/01	2001/02
Tuition fee	2,463.00	2,698.50	*2,936.50	*3,177.50
% Increase		9.6%	8.8%	8.2%
NAITSA fee	97.00	**97.00	**97.00	**97.00
Total fee	2,560.00	2,795.50	3,033.50	3,274.50

* Estimated amounts based on an increase to the consumer price index of 1.1% per year.
** Subject to change - health insurance plan being planned for implementation in 1999/00.

For the fiscal year ended June 30, 1998, tuition revenue under policy (for certificate, diploma and applied degree programs) as a percentage of net operating expenditures was 20.2%. The tuition fee cap within the AECD Tuition Fee Policy is 30%. NAIT has one of the lowest tuition fees in Canada, and provides exceptional value for money to its students, given the technological infrastructure that must be maintained and constantly updated.


Apprenticeship:

Tuition fees for apprenticeship training are set by AECD, and are as follows:

Class Duration	1998/99	1999/00
3 to 4 weeks	\$200.00	\$200.00
5 weeks	200.00	250.00
6 weeks	225.00	300.00
7 weeks	262.50	350.00
8 weeks	300.00	400.00
9 weeks	337.50	450.00
10 weeks	375.00	500.00
11 weeks	412.50	550.00
12 weeks	450.00	600.00


Revenue generated from tuition fee increases for certificate, diploma, applied degree, and apprenticeship programs has been applied to program growth, providing for program, support, and capital expenditures.

The tuition hike is not as painful as it initially appears. Alberta Learning has placed a cap on tuition paid by the students at 30 percent. Even with the tuition increase, however, NAIT is still among the lowest of all institutes in Alberta, sitting at 20.2 percent.



Application for Financial Assistance
Employment Insurance Clients Enrolled in
Labour Market Programs 1999/2000

We are collecting this personal information to determine and verify your eligibility for financial assistance. We do so under the authority of the Grants, Donations and Loans Regulations, made under the Government Organization Act (Alberta) and the Student Financial and Student Loan Acts (Alberta). Your personal information is protected by the privacy provisions of the Freedom of Information and Protection of Privacy Act (Alberta) and by the Privacy Act (Canada). If you have questions about the collection of this information, contact a Career Consultant at your nearest Career Development Centre or Canada-Alberta Service Centre. Please consult the telephone directory for the centre nearest you.



Section 1 Personal Information

<p>Last Name: S O M E G U Y</p> <p>First Name: A N O T H E R G U Y</p> <p>Middle Initial: ?</p>	<p>Social Insurance Number: 1 0 0 0 0 0 6 6 6</p> <p>Birthdate: 1 9 0 4 1 9 4 2</p> <p>Gender: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female</p>
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WHAT DO YOU KNOW ABOUT

Your Student Loan?



JAMES OLSON

Besides making great paper airplanes, student loan forms can get you money. Money can be exchanged for a variety of goods and services or (if you're a real keener) an education.

Even though most of us deal with student loans, we don't really know a whole lot about the inner workings of the deal. It's not as complicated as you might think.

NAIT Aboriginal Student Club Raffle

The NAIT Aboriginal Student Club will be holding a raffle to raise money for their club. Tickets go on sale Wednesday, September 29, and will continue throughout the month of October. Tickets are \$2 each or 3 for \$5. Only 1,500 tickets have been printed. They can be purchased at the kiosk in the South Lobby from 11:30 a.m. to 1 p.m. on Monday, Wednesday, and Friday. The prizes include: A stone carving (polar bear) by Ike Anablak, a Grey Wolf print by Brandenburg, an original painting by Roy Salopree, and a pair of suede mitts.

Volunteers to sell tickets would be appreciated. Please see Norine in Student Services, Room E-134, to sign up.

Aside from what you might think or may have heard, the loan system doesn't work like a "lottery." You are not assigned random amounts of money based on your SIN number or how good you can dance.

Alberta Advanced Education and Career Development assess your need for assistance based on your income, your parents' income, and a variety of other factors. After your application has been evaluated and a sum of money determined, 90 percent of the money is given to you by the government, and the rest comes from the bank you deal with (i.e. the Royal Bank of Canada.)

After the money has been deposited into your account, the Federal government pays the interest on it while you are in school.

There are some limitations regarding student loans, one example being personal bankruptcy. If you have declared bankruptcy, you cannot get a student loan until you have cleared yourself with your creditors or the bank.

It takes approximately 1 month to receive a student loan, so

if you are applying for the winter semester, apply for your loan now.

Most major banks also offer what is called a *line of credit* to students. It is simply a loan for school, but with different terms than a student loan from the government and requires a co-signer.

FROM THE RUMOR MILL- OPINION

Some of you may have been hearing the rumors circling around the re-evaluation of the banks' handling of student loans.

These rumors include that the banks are pulling out of the deal because of the high risks involved, which include payback problems and defaulting of student loans.

"The fact is, this is just the end of the pilot project. The evaluation is part of the process of getting the banks involved with the loan system," said NAITSA Financial-Academic VP Dave Veilleux.

"The relationship that has been established will most likely continue."

NAIT'S ABORIGINAL STUDENT CLUB



Is meeting in

ROOM E124

11:15 - 12:10

&

12:15 - 1:10

Friday, October 1, 1999

Topic: Introductions & Club Activities

NEW MEMBERS

and interested staff and students

ALWAYS WELCOME

SEE YOU THERE!



From The Editor

Sobriety Sucks



MIKE
OX

Not many of you are going to believe this, but I have quit drinking. Stop laughing. Yes, that's right, I've jumped on the wagon. Well... it's not "the" wagon, but it is "a" wagon. You see, my sober wagon is only hitting the streets for 1 month. By the time you read this, I will have been

"clean" for 12 days. (Baby steps.) To give you a little history, I've been weekend binge drinking since 1990, and I thought it was time to take a break. My liver had been fighting off pollutants for 9 years, and I thought what better way to treat myself than to give my poor liver the month off. It's the least I can do because I'm worth it. My body is a temple — mostly made up of empty Pilsner and Canadian cans — but a temple nonetheless. Last Thursday was the first true test. I had frequented one of my favourite watering holes, and as I

stepped inside, I realized something was different — oh yeah, I was sober. We went to our usual place by the bar and we stood around like: "Now what do we do?" I never drank so many pops in my life. I honestly know that to this day, I can drink more beer in one night than pop.

My first enlightenment of being sober is that drunk people are annoying. This had never occurred to me before because I had always been one of those people. Another realization is that certain things appear different. Girls aren't as pretty.

No more beer goggles. Those deep "I love you man" talks aren't that deep. (Do I really sound like that when I'm drunk?) And deliberately bumping into girls has lost it's edge.

One of the startling benefits is no hangover. There goes my routine of sleeping in until 1 p.m., doing nothing till 4 p.m., drinking at 7 p.m., and heading to the bar at 10 p.m. I think I'm losing weight, too. Now I'm not saying I can squeeze into my Sergio Valente jeans from Grade 9, but I am slimmin' up a bit. You wouldn't believe the money I'm saving. I've got so much that I had to take up another vice — gambling. This may prove to be my downfall because when I start drinking again, the combination of booze and blackjack will be lethal.

My favourite part of this whole sober thing is how everyone wants to be the person that makes me cave in — like I'm really a tough nut to crack when it comes to peer pressure. Back off! Get your own sandwich, because this boy is going to make it.

Famous Quotes:

- Sobriety is a crutch, so don't break your leg. *Mike Oxamitny*
- Party on dudes! *Abraham Lincoln*
- No thanks, I'm driving. *Mike Oxamitny*



"No thanks. I'll just pass out here."

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Student Newspaper of



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The Nugget
encourages
submissions

THE DEADLINE IS

4:00 p.m. on the first
school day of the week.

All submissions Must be
accompanied by Your
Name & Student ID
Number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributors

Daria Morgan, Desecrated Vision, Joe Q. Student, Jenny Thornbird, Lech Purogi & Hyde Cooper, Mick Beale, Susanne Melnyk, Abloe Green, Pablo Juanirez, Layna Mulligan, Karmyn Vig

**Let the
Westwood
Girls
Roast
Your
Weinies**

Who?

The Westwood
Campus Girls are
having a barbecue

When?

Wednesday
OCTOBER 6
11:00 - 1:00

Where?

Outside the
Natrium

**Come check
it out!**

50/50 tickets will also
be sold at the BBQ

**Smitty's Lounge at
Kingsway Garden Mall**

**Happy Hour
Everyday
4-7 pm**

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MON-TUES-WED**

25¢ WINGS

Environmentalism: The Little Train That Couldn't

Abloe Green

Last Tuesday morning, I had a revelation.

I awoke in a drunken stupor (Nugget staff meetings are on Monday nights) to the radio alarm clock tuned into the CBC news. Some guy was yakking away about the newest environmental issues facing the world today. They then faded into the latest news on the Taiwan earthquake.

And that's when I realized what had been staring me in the face since Grade 4 science: Environmentalism is dead; in fact, it may never have been alive at all.

Nobody cares about the ozone layer, deforestation, the extinction of various non-beef and non-chicken animals... and who really gives a

good goddamn about cigarettes causing cancer?

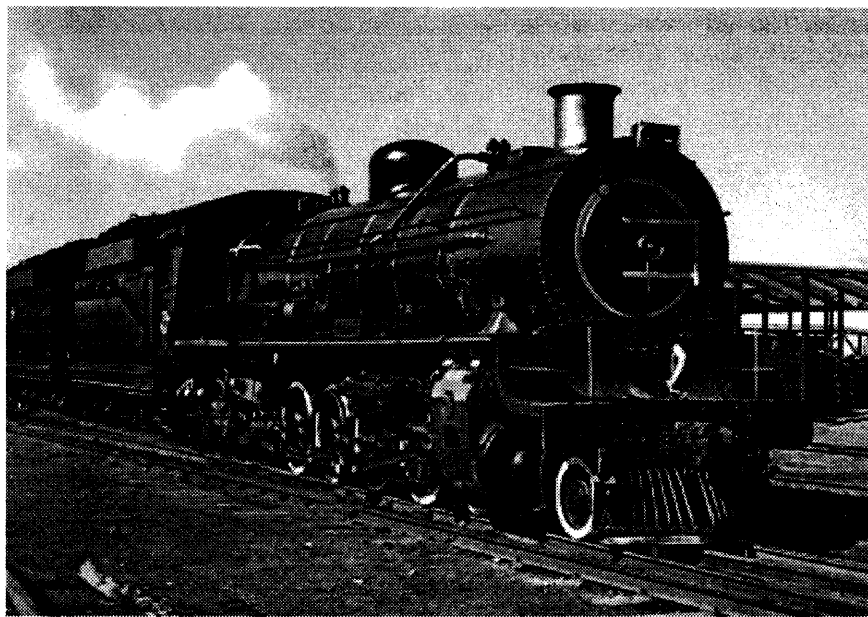
Not me.

We all like to talk about the importance of "thinking green,"

and we recycle our pop cans and milk cartons like good little rainbow people, but we don't do it because we are worried about the environment, we do it out of a sense of guilt or out of the desire to be

the money."

Environmentalism is just a fad that's lasted a little longer than most, and it's on its way out. Sure, it's a great idea; I'm not saying it doesn't have its virtues. The fact



trendy and cool.

And that's all environmentalism really is — a trend. It's 'cool' to be environmental just like it's 'cool' to listen to Ricky Martin and to say 'cool' stuff like "Show me

is, consumers are lazy. We like our cars and disposable containers; we like to bury our trash and forget about it. Environmentalism isn't any different.

See you at the funeral.

The Matrix: Every Woman's Nightmare

Pablo Juanirez

I read the article by Jenny Thornbird last week, and I have to admit that it finally galvanized me to get off my lazy ass and write for this paper. In case you failed to read Jenny's fine piece of cinematic criticism, she informed us that the movie *The Matrix* is an unadulterated piece of crap. She said, and I quote, "I could have gone out and bought tampons and had a more amusing time."

Of course, this begs the question of what exactly she finds fun to do on a Friday evening, but I'll put that aside for now.

In a nutshell, Jenny is wrong. *The Matrix* was one of the best movies of the year; although I will give her that Keanu Reeves may possibly have not been the best choice for the part, I'm going to again quote Jenny's article: "The plot was well thought out, the supporting actors were great..."

Apparently, the disagreement about this movie comes down to a fundamental difference in the way men and women viewed the movie. Your average man, sitting down to watch *The Matrix*, was thrilled to finally find a movie that had great action, special effects, plot, and characterization, instead of those lame, high budget *Godzilla*-type flicks.

Your average woman, how-

ever, was horrified that the action genre is finally starting to develop some intelligence, and this means that they might have to watch some of them.

Let's face it, the action genre hasn't always come up roses. Though I like action movies, and I will defend them, I have to admit that with people like Steven Segal and Jean Claude Van "Damn I can't act" running things, there's been a few stinkers. But so what? *The Matrix* was an excellent film.

And as for the "computer nerd's wet dream" thing, well, I have to say bull. Hey, I was a computer nerd, too; I even attended Computer Science at the U of A, for chrissake — and yes, I even like Star Trek. But no, I didn't jerk off because there were computers in a movie. I personally thought that *Hackers* was a stupid film, as was *The Net*. But both of those movies portrayed an unrealistic portrait of current life. *The Matrix* showed us an intriguing look at a possible future — one that was looked at intelligently, while still giving us a good show. Just because you didn't understand the questions, Jenny, doesn't mean that they aren't valid.

But hey, as always, when something gets popular, there will always be somebody to take a shot at it simply because it's there.

CONSTRUCTION Engineering Tech Challenges all NAIT Technologies

TO A

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October 2 • Whitemud Park
\$10 per person includes ticket to Cowboys Cabaret - Free Admission at the door.

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Contact Julie Calas or Lonny Hayward for Team Registration and Fees.


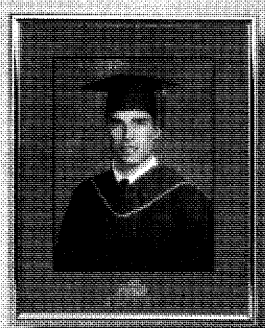
Remember...

**OCTOBER
4-8**
IS
**Alcohol
Responsibility
Week**

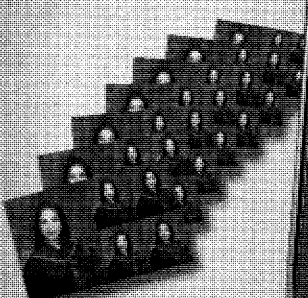

Information
Guest Speaker
Oct. 6 @ 4:30 in
the Shaw Theatre.

Activities
throughout the
week.
Call Chris
Lupaschuk
@ 471-8877 for
more details.


Fall '99

Please make appointments in person
September 30, 1999 and October 1, 1999 in room U209
8:00 am - 4:00 pm Telephone: 471-8732
Photo sessions are taken on October 4th, 5th & 6th, 1999 only

NAIT Grad Portraits



You Call Yourself a Canadian?

Where are the patriots?



MICK "Nobody's" BEALE
gonna burn my flag

I've finally had it. It's been eating away at me all year, and finally this camel's back has been broken. Perhaps we may not have the easiest identity to describe, but that doesn't mean you shouldn't care.

This past weekend, at a sacredly Canadian event (a good old-fashioned hockey tournament held here at NAIT), I

clenched my fists and held back from kicking some ass. During the playing of our national anthem ("O' Canada" for those of you who don't remember) before the game, some jerks behind me talked the whole way through it. I was reminded of the scene in "Slapshot" where the referee is yelling at one of the Hanson brothers during the anthem, and the brother tells him to shut up, because he's trying to listen to the friggin' song. I wanted to turn around and pop the sucker. If it weren't for my grade school learning of what to do during our song (remove your cap and stand at attention with your mouth shut, unless singing along), I would've leapt into the stands.

Why was I so upset? Probably because of this summer's fiasco with the people from Kansas who went to Parliament Hill, or maybe seeing our flag being burned on a regular basis during the Kosovo siege. The Christian Fundamentalists from Kansas really upset me, not only because they burned our flag, but also because they changed the words to our national anthem and sang them on TV, mocking us. They wrote "Fag Flag" on the maple leaf and burned it on live television, singing, "our home and faggot land." Sorry we're an open-minded country. Sorry we burned down the White House during the War of 1812. Get over it. Aren't



Marked for life: Guess where I've got this tattoo?

there any minorities to ostracize on your side of the border? Sure, we'll sit back and let you do it—we don't care about our national symbols. Just don't say anything bad about Wayne Gretzky. On the topic of Canadian symbols, why is support for the CBC declining? Do you not watch "Hockey Night in Canada" or the Grey Cup? Have you never listened to the

original talk radio, which links us with the rest of the country? Perhaps I'm a little overzealous in my love for our national media (see tattoo), but look at what happened to the PBS after the US government stopped supporting it. I'm not sure about you, but the last thing I want to happen is the Americanization of our country. I live in a country with open minds, two official languages, loonies and toonies, and a beautiful flag. I like it that way.

If only people would have a "March for Canada" like the marches for Jesus. Maybe we need the Queen to come visit to get us fired about Canada. At any rate, I think we should all take pride in our country, our heritage, our flag, and our song. We should maintain the traditions that forged our country (which has been named best country in the world by the United Nations for most of the 90s) and embrace all things Canadian. Yes, even Anne Murray. Until next week, don't forget to floss.

TRYING TO GET A HOCKEY DRAFT GOING SINCE 1963

THE NUGGET

As an outstanding member of Canadian University Press, The Nugget is proud to present to you:

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

The C.U.P. National NHL Hockey Draft

Over \$10,000 in prizes to be won!

Grand Prizes:



One of two Norco Sasquatch racing bikes with double butted chromoly frame, Marzocchi front suspension and 24-speed Shimano STX-RC shifters. Approximate value of grand prizes is \$1149 each.*

Monthly Leader Prizes:

From November until April, the monthly leader will receive a Norco Bushpilot adventure bicycle, complete with chromoly main tubes, front suspension, and Shimano Acera-X drivetrain. Approximate value of bikes is \$450 each.*



On-Campus Prizes

See John Shields, your loyal Sports Editor for info regarding prizes or entry. All entries are due by 4:30pm Friday, October 1st. Drop off your entry in the submission box in front of E 128.

*See: campusnews.cup.ca
for full contest rules, detailed prize information and all of the standings.

Section 1: Forwards and Defencemen (Select the top scorer in each pool)

Pool A 1. <input type="checkbox"/> J.Jagr 2. <input type="checkbox"/> T.Selanne 3. <input type="checkbox"/> P.Forsberg 4. <input type="checkbox"/> E.Lindros 5. <input type="checkbox"/> M.Modano 6. <input type="checkbox"/> M.Sundin 7. <input type="checkbox"/> P.Kariya 8. <input type="checkbox"/> J.Sakic 9. <input type="checkbox"/> T.Fleury 10. <input type="checkbox"/> J.Leclair	Pool B 1. <input type="checkbox"/> S.Yzerman 2. <input type="checkbox"/> L.Robitaille 3. <input type="checkbox"/> P.Bure 4. <input type="checkbox"/> R.Brind'Amour 5. <input type="checkbox"/> P.Demitra 6. <input type="checkbox"/> J.Allison 7. <input type="checkbox"/> P.Turgeon 8. <input type="checkbox"/> M.Straka 9. <input type="checkbox"/> A.Yashin 10. <input type="checkbox"/> J.Roenick	Pool C 1. <input type="checkbox"/> S.Federov 2. <input type="checkbox"/> T.Amonie 3. <input type="checkbox"/> B.Guerin 4. <input type="checkbox"/> K.Tkachuk 5. <input type="checkbox"/> R.Whitney 6. <input type="checkbox"/> I.Larionov 7. <input type="checkbox"/> B.Holík 8. <input type="checkbox"/> P.Sykon 9. <input type="checkbox"/> S.Thomas 10. <input type="checkbox"/> M.Nashund	Pool D 1. <input type="checkbox"/> A.Mogilny 2. <input type="checkbox"/> K.Primeau 3. <input type="checkbox"/> R.Reichel 4. <input type="checkbox"/> P.Bondra 5. <input type="checkbox"/> A.Zhamnov 6. <input type="checkbox"/> B.Hull 7. <input type="checkbox"/> S.Rucchin 8. <input type="checkbox"/> Z.Palfy 9. <input type="checkbox"/> J.Friesen 10. <input type="checkbox"/> S.Kapanen	Pool E 1. <input type="checkbox"/> A.Oates 2. <input type="checkbox"/> C.Sullivan 3. <input type="checkbox"/> M.McInnis 4. <input type="checkbox"/> V.Kozlov (Det.) 5. <input type="checkbox"/> M.Satan 6. <input type="checkbox"/> J.Amott 7. <input type="checkbox"/> B.Rolston 8. <input type="checkbox"/> R.Tocchet 9. <input type="checkbox"/> M.Peca 10. <input type="checkbox"/> M.Recchi
Pool F 1. <input type="checkbox"/> B.Shanahan 2. <input type="checkbox"/> C.Ronning 3. <input type="checkbox"/> D.Gilmour 4. <input type="checkbox"/> J.MacLean 5. <input type="checkbox"/> R.Sheppard 6. <input type="checkbox"/> G.Titov 7. <input type="checkbox"/> V.Bure 8. <input type="checkbox"/> A.Graves 9. <input type="checkbox"/> S.Koivu 10. <input type="checkbox"/> K.Jones	Pool G 1. <input type="checkbox"/> W.Clark 2. <input type="checkbox"/> A.Deadmarsh 3. <input type="checkbox"/> T.Linden 4. <input type="checkbox"/> J.Iginla 5. <input type="checkbox"/> G.Sanderson 6. <input type="checkbox"/> V.Damphousse 7. <input type="checkbox"/> S.Samsonov 8. <input type="checkbox"/> R.Francis 9. <input type="checkbox"/> D.Weight 10. <input type="checkbox"/> V.Kamensky	Pool H 1. <input type="checkbox"/> M.Renberg 2. <input type="checkbox"/> S.Corson 3. <input type="checkbox"/> O.Nolan 4. <input type="checkbox"/> S.Mellanby 5. <input type="checkbox"/> S.Barnes 6. <input type="checkbox"/> P.Nedved 7. <input type="checkbox"/> C.Lemieux 8. <input type="checkbox"/> J.Murphy 9. <input type="checkbox"/> D.King 10. <input type="checkbox"/> J.Juneau	Pool I 1. <input type="checkbox"/> E.Desjardins 2. <input type="checkbox"/> C.Pronger 3. <input type="checkbox"/> P.Housley 4. <input type="checkbox"/> D.Sydr 5. <input type="checkbox"/> L.Murphy 6. <input type="checkbox"/> R.Blake 7. <input type="checkbox"/> R.Hamrik 8. <input type="checkbox"/> F.Olausson 9. <input type="checkbox"/> D.Hatcher	Pool J 1. <input type="checkbox"/> R.Bourque 2. <input type="checkbox"/> S.Zubov 3. <input type="checkbox"/> S.Ozolish 4. <input type="checkbox"/> A.MacInnis 5. <input type="checkbox"/> B.Leetch 6. <input type="checkbox"/> N.Lidstrom 7. <input type="checkbox"/> S.Duchesne 8. <input type="checkbox"/> V.Malakhov 9. <input type="checkbox"/> S.Niedermayer

Section 2: Bonus Section

In plus/minus select the player who will finish with the best +/- rating
In bruisers, select the player who will get the most penalty minutes
In goalies, select the goaltender who will finish with the lowest GAA

+/- Forwards 1. <input type="checkbox"/> E.Lindros 2. <input type="checkbox"/> M.Modano 3. <input type="checkbox"/> P.Forsberg 4. <input type="checkbox"/> J.Leclair	+/- Defencemen 1. <input type="checkbox"/> A.Karpovtsev 2. <input type="checkbox"/> A.MacInnis 3. <input type="checkbox"/> S.Stevens 4. <input type="checkbox"/> D.Hatcher	Best Team 1. <input type="checkbox"/> Colorado 2. <input type="checkbox"/> Detroit 3. <input type="checkbox"/> Ottawa 4. <input type="checkbox"/> New Jersey 5. <input type="checkbox"/> Dallas 6. <input type="checkbox"/> Toronto 7. <input type="checkbox"/> Philadelphia 8. <input type="checkbox"/> Buffalo 9. <input type="checkbox"/> St.Louis 10. <input type="checkbox"/> Phoenix
Bruisers 1. <input type="checkbox"/> R.Ray 2. <input type="checkbox"/> P.Wonell 3. <input type="checkbox"/> P.Cote 4. <input type="checkbox"/> J.Olgers	Goalies 1. <input type="checkbox"/> D.Hasck 2. <input type="checkbox"/> R.Turk 3. <input type="checkbox"/> E.Bellfour 4. <input type="checkbox"/> N.Khabibulin	

Tie Breaker 1 - Select the top scorer

- | | |
|---|--|
| 1. <input type="checkbox"/> A.Carter | 6. <input type="checkbox"/> M.Grier |
| 2. <input type="checkbox"/> P.Marcu | 7. <input type="checkbox"/> A.Dackell |
| 3. <input type="checkbox"/> V.Kozlov (Fla.) | 8. <input type="checkbox"/> I.Korolev |
| 4. <input type="checkbox"/> N.Sundstrom | 9. <input type="checkbox"/> V.Tsyplakov |
| 5. <input type="checkbox"/> D.Alfredsson | 10. <input type="checkbox"/> R.Niedermayer |

Tie Breaker 2 - Worst Teams

Who will be the two worst teams?

1. _____
2. _____

Last Name (Please Print Very Clearly) _____ Initial _____ First Name _____

E-Mail (required for notification purposes) _____ Phone Number _____

Address _____

University/College _____ Year _____ Program _____

Check One: Play for Fun ☐ (free entry) Go for the Cup! ☐ (\$5 fee allows you to trade players in January and March)

NAIT Golf Team Wins ACAC Silver

This is one of the best choices we're going to ever have of upsetting the big three," echoed coach Jules Owchar after day one.

Leading MRC, GMCC, and LCC by 1, 2, and 6 strokes respectively after day one in cold and windy conditions, NAIT played tough on Saturday, but could not hold off GMCC, who edged them by 6 strokes.

In changing conditions —

beautiful on Thursday for the practice round, windy and cold on Friday, and sunny with a little wind on Saturday — this beautiful, tree-lined layout setting at the base of Lac La Biche Lake was ready to challenge the ACAC's best 50 men and 11 ladies.

NAIT, like the other colleges, struggled with this great, peaceful-looking, little monster. Club selection was of utmost importance, and the motto became, "Just keep the ball in play." Only three golf-

ers broke 80 on Friday and one golfer on Saturday.

The scene was set for day two, as four colleges were left to battle for the medals — and what an exciting battle it was, as the outcome of the tournament hinged and the last three golfers were left on the course. This was one of the most exciting and closest finishes in ACAC history.

Rhonda Beatly of LCC shot rounds of 85 and 90 to win the Ladie's Championship. NAIT's

Jacqueline Menard finished 5th — only six strokes away from a bronze with rounds of 100.

In the individual standings, NAIT's team of Strong, Sturko, Perpar, Streetar, and Whitford finished 6th, 10th, 15th, 17th, and 18th respectively.

The team standings appeared as follows:

Men's Golf

1. GMCC	338+327 = 665
2. NAIT	336+335 = 671
3. LCC	344+333 = 677
4. MRC	337+340 = 677
5. CUCA	360+343 = 703
6. SAIT	381+340 = 721
7. LLC	408+392 = 800
8. PC	448+411 = 859
9. KC	442+441 = 883
10. FC	369+343 = 712 (exhibition)

Ladies' Golf

1. LCC	184+190 = 374
2. GMCC	193+191 = 384
3. SAIT	205+214 = 412

The individual results from the NAIT Men's team:

1. Alan Strong	77+78 = 166
2. Travis Sturko	87+87 = 171



Jacqueline Menard

3. Dariw Perpar
93+81 = 174
4. Kris Streetar
94+81 = 175
5. Gerard Whitford
79+96 = 175

19th Hole:

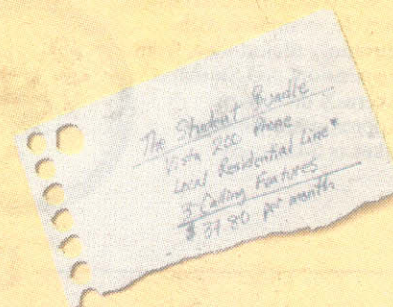
- Lac La Biche (Portage College) hosted the championship for the first time. SUPERB job!
- There were only three ladie's teams entered
- Next year, CUCA (Concordia) will host the championship.



From left: Gerald Whitford, Kris Streetar, Alan Strong, Darin Deprar, Travis Sturko.



Need a phone?

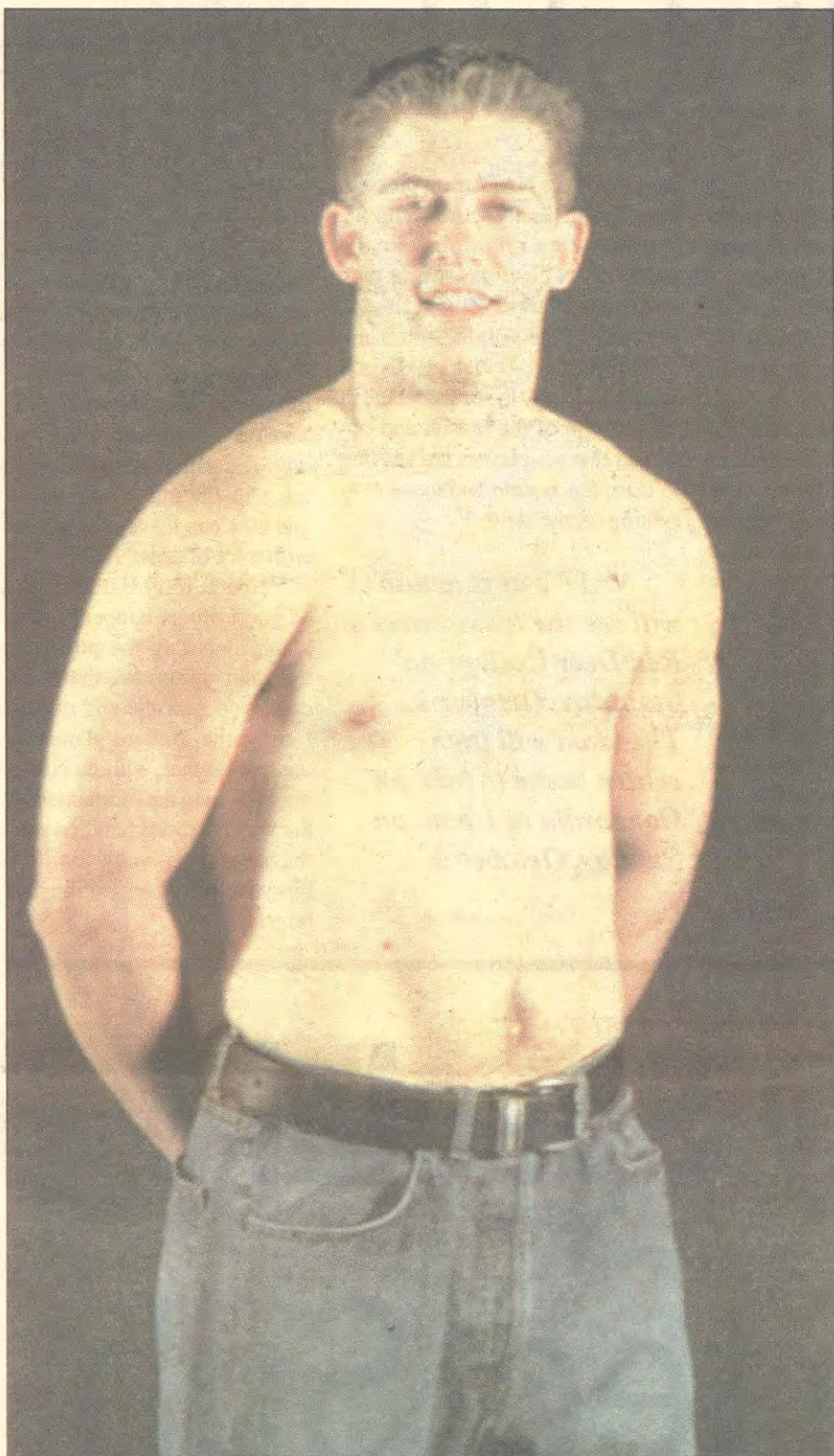


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TELUS

*Does not include Extended Flat Rate calling.

MR. NUGGET



Ben is a full time Business student here at NAIT. He would like to thank the ladies of Westwood for raising over \$200.00 in Shinerama shirt sales for cystic fibrosis.

MISS NUGGET



Roksana is a full time student here at NAIT. She supports all of NAITSA's activities and hopes to see you at the upcoming Blood Donor Clinic on October 15.

Caulfield vs. Shields

"The Kept-Quiet Carnage of Ookfest '99"

Ablor Green

Now that the trial and jail time are over, I'm now allowed to relate the sketchy details of the night of September 2nd in the Ookfest '99 beer gardens.

He's known as Johnny "The Fist," or Johnny Boy in wrestling circles.

I only know him as a drunken brawler and a loudmouth.

If you missed it, count your-

selves lucky. I've born witness to many tragic and disgusting displays of bravado, and this one was no exception.

How it began is still unclear, as I was drunk myself at the time. I do recall Caulfield calling Johnny a bugger of sheep, grabbing his crotch, and asking John to "Pull some wool."

The next thing I know, Johnny drops the flippers and gives Caulfield a haymaker to the chops.

Caulfield went down and somehow managed to bite Johnny's ankle and draw blood in the process. Shields, in turn, kicked him in the groin and gave him an elbow drop.

When the two men emerged once more, Caulfield came up with a broken beer bottle and caught Johnny on the arm. Blood gushing, Shields fed him a roundhouse to the neck, launching Caulfield into the beer tent.

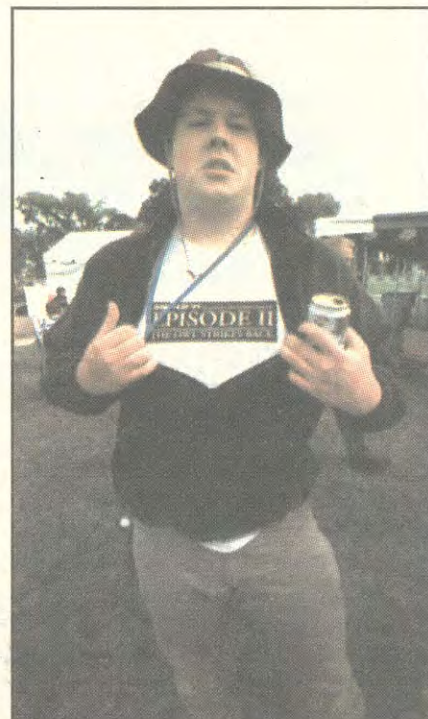
The heat showed up moments

later and began making arrests, but not before Caulfield lost a half a dozen teeth and every shred of dignity he possessed.

In retrospect, Johnny says he doesn't regret a "goddamn thing."

"He wasn't showing me the proper respect — I can abide by that," says Shields.

"And if Caulfield wants another round, I'm good for it."



"Johnny 'the fist' Shields, just moments before the fight"

Men's Soccer

Gold & Blue

cont'd from p. 1

and he started out quickly by dishing one out to a Red Deer player for saying "I cut socks."

The game was a fairly tight affair until early in the 3rd when NAIT started to pull ahead and Red Deer decided to go "Hanson brothers" on some of the Oaks. This was not taken lightly by the team, especially by Brad McCorry, who decided to extend the olive branch to Red Deer to see if they could work things out. Well, they couldn't, and McCorry ended up in the penalty box. The game ended in a resounding win for the hometown boys, and they can leave the tournament with a lot of positives.

Coach Terry Ballard sees a lot of good things happening for the team, including the positive attitude and composure that the team displayed near the end of the Red Deer game. Ballard plans to keep the team intact, with no cuts coming following the tournament. With the way the Oaks handled some of the better teams at the tournament, this year looks very exciting for the boys.

Saturday, September 25, 1999
NAIT vs. Medicine Hat College (MHC)

After a slow start to the season, the NAIT Men's Soccer Team went into this weekend's games looking for two positive results. Saturday's 5 p.m. game at St. Albert's Riel Park saw the Oaks matching up against the Medicine Hat Rattlers.

The game started slowly, building to several good chances for the Oaks in the first ten minutes of the game. However, Medicine Hat took advantage of their opportunities to open the scoring, and followed by poor defensive play by the Oaks, built up a 3-0 lead by the end of the first half.

In the second half, NAIT be-

gan strong again, finally getting onto the scoreboard with 30 minutes left to play. The addition of substitutes, Sachin Surendra and Branko Culo, injected the energy and desire the team needed. Over the next 20 minutes, NAIT rallied, with two goals each by Shawn Dowling and Nick Giordano, to build a 4-3 lead with only five minutes remaining in the game. NAIT surrendered a free kick just outside the box with two minutes into extra time; a well-placed shot by Colin Retiveld allowed MHC to draw even in the game.

Coach Lang was pleased to see the NAIT team battle back and earn a tie, but was still looking for his team to put together a 90-minute performance.

Sunday, September 26, 1999
NAIT vs. Lethbridge Community College (LCC)

The Men's Soccer Team went into Sunday's game facing a must-win situation if they wanted to stay in the ACAC Northern Conference playoff race. With Lethbridge facing the same situation in the Southern Conference, this game was set up to be a battle.

The Oaks used the wind to their advantage in the first half to set up several great scoring chances. The previously out-played NAIT defensive corps came out to play, marking well and working the game plan to maximize each player's ability.

Again this season, CCAA All-Canadian player Reuf Fazlic continues to be a dominant offensive player in the league, setting up several good chances in the first half. However, NAIT was unable to put a goal past LCC keeper Sean Gibson.

As the second half opened,

once again the NAIT team pressed. Reuf Fazlic finally scored with fifteen minutes remaining in the game. NAIT, on the strong play of keeper Markus Zimmermann, held the Kodiaks off the board and preserved the 1-0 victory. Coach Lang was happy to see the team get its first win of the season and observed that his players are starting to learn the system and leave everything on the field.

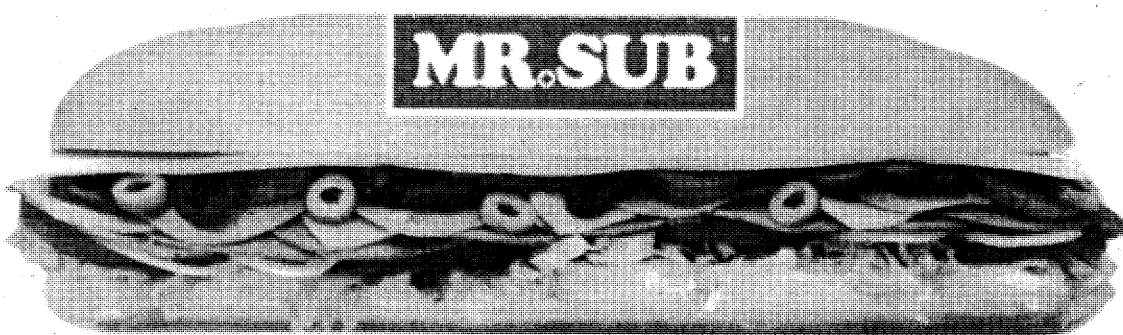
NAIT's next action
will see the team travel to Red Deer College on Saturday, October 2.
The team will then return home to take on Concordia at 1 p.m. on Sunday, October 3.



Wednesday Special



12" Assorted Sub



\$2.99
+GST

Kingsway Garden Mall location only.

With the purchase of any Coca-Cola product.

COUPONS REDEEMABLE ANYTIME

\$1.99



Regular (12") Classic Sub
With the purchase of any 12" Sub.

Kingsway Garden Mall location only.
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\$1.99



Small Pizza
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Kingsway Garden Mall location only.
Not valid with any other offer. Expires Oct. 31, 1999.

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Women's Soccer

Susanne Melnyk
Head Coach

Women's Soccer this past weekend was bitter sweet. The Oaks finished off the weekend 1-3.

The first game of the weekend was against the powerhouse team of Medicine Hat College. They had not lost a game yet and would prove to be the team to beat this season. MHC easily took control of the game right from the first whistle — and while NAIT tried to battle back, MHC was just too strong to handle. The final score was 7-1 for MHC, with the lone goal for NAIT being scored by defender Crystal Velichka off a free kick. Despite the final score, NAIT did have their bright moments, but MHC took advantage and punished NAIT for their costly errors. Lessons were learned, and the squad was ready to attack Lethbridge the next day. The ACAC player of the

game was Sarah Pearson, a defender, as chosen by MHC.

The following day, NAIT regrouped and was ready to play Lethbridge Community College. The atmosphere in the locker room was positive, and NAIT has nowhere to go but up. With 20 minutes gone, things were really looking up. NAIT was in control and dominating the game; however, at the 30 minute mark, things took a turn for the worse. NAIT found themselves down one man due to

a red card and would play the rest of the game with 10 men. This was definitely going to be a challenge, but with total confidence, NAIT picked themselves up and continued to play the strongest they have all season. The half ended with no score, but NAIT persistently carried on, and midfielder Celise Deschamps scored at the 70 minute mark to put her team in the lead. NAIT easily fought off LCC's attempts to tie the game, and eventually won with a score of 1-0.

NAIT finally found the character and desire it takes to win. The whole team should have been ACAC stars of the game, by Lynette Edgar was chosen by LCC as the player of the game.

It was a dramatic end to a turbulent weekend for the women. Wish the team well as they travel to Red Deer on Saturday, October 2, only to return Sunday to NAIT to play Concordia at home.

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ACAC Weekly Stats

Last weekend...

MEN'S HOCKEY

NAIT 5 MOUNT ROYAL 4

Championship game of Blue/Gold tournament

NAIT 4 RED DEER 2

NAIT wins Blue/Gold tournament with a 3-0 record!!!

WOMEN'S SOCCER

NAIT 1 MEDICINE HAT 7

NAIT 1 LETHBRIDGE 0

MEN'S SOCCER

NAIT 4 MEDICINE HAT 4

NAIT 1 LETHBRIDGE 0

MEN'S GOLF

Men finish 2nd in ACAC tournament and win silver medal!!!

Low male for NAIT:

Alan Strong 77 89

WOMEN'S GOLF

Women didn't have enough players for team competition.

Low female for NAIT:

Jacqueline Menard 100 100

This weekend...

WOMEN'S BASKETBALL

ACAC pre-season tournament

NAIT vs. Grande Prairie, Augustana, and Briercrest

Games run:

Thursday at 6 p.m. and 8 p.m.

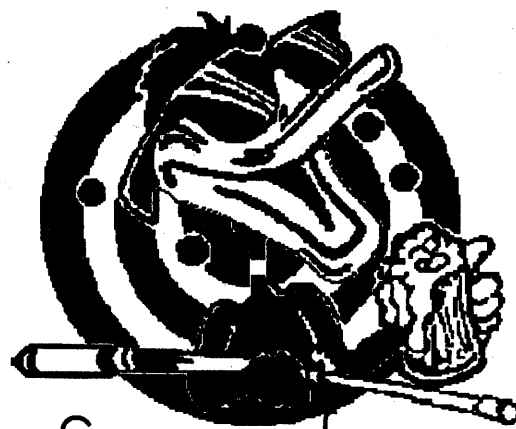
Friday at 10 a.m., 11:45 a.m.,

1:30 p.m., 4:15 p.m., and 6 p.m.

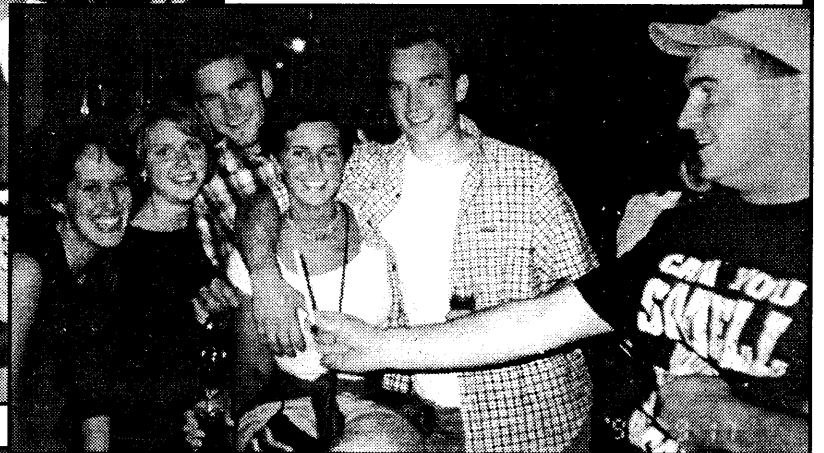
Saturday all day long.

WOMEN'S SOCCER

Sunday at 1 p.m. at the NAIT field
NAIT vs. Concordia



Scenes from Civil Engineering Cabaret @ **THE BLIND DUCK**



HORRORSCOPES

MOVIE Review

Double Jeopardy Worth
Double the PriceDARIA
MORGAN

Capricorn

(December 22-January 20)

You could learn a lot by watching a cat. Case in point, no matter what you do wrong, you can always try to make it look like the dog did it.

Aquarius

(January 21-February 18)

People around you are beginning to look a bit complacent. Today would be a good day to adopt a haunted expression and carry a large ball or aluminum foil.

Pisces

(February 19-March 20)

Remember: The way to a person's heart is through the left ventricle.

Aries

(March 21-April 19)

You find you never have the right words to say to the person you like this week; that is, until you purchase a lucky kumquat.

Taurus

(April 20-May 20)

Studies show that it is really, really hard to dislike someone who gives you a cinnamon roll; so might I suggest you start feeling generous soon?

Gemini

(May 21-June 20)

You will find you have a strange obsession with Winnie The Pooh this week. Instead of lusting after Eeyore, however, the letter "J" will pop into your head and cause you to drool without warning.

Cancer

(June 21-July 22)

A very short and very hairy person will bother you today. Unfortunately, you will be unable to ignore them, try as you might.

Leo

(July 23-August 22)

Lately you feel blessed with a great abundance, as though your cup runneth over. Basically, you just need a bigger cup.

Virgo

(August 23-September 22)

This would not be a good time to discuss broccoli — at least not if you value your friendships and your sanity.

Libra

(September 23-October 22)

I have nothing good to tell you this week, only that you will become involved in a love triangle involving the backseat of a Volkswagen and a golf club.

Scorpio

(October 23-November 21)

This week would be a good week to pursue those dreams of becoming a yodelling oceanographer or a bovine pathologist.

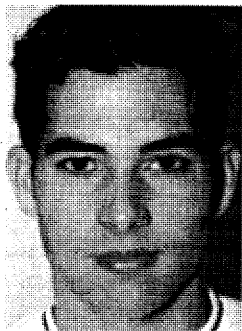
Sagittarius

(November 22-December 21)

Today you will find a small speckled egg. If you keep it warm in the oven at 350 degrees, it will hatch into a small dragon and then eat you.

If Today Is Your Birthday:

Come to the Nugget office and collect your birthday bumps from the editor of your choice!

CURTIS
COMEAU

When I wrote the *Titanic* movie review last year, people got really mad at me because I spoiled the ending. Telling them that the ship sinks at the end of the film obviously was not a good idea. From then on, I made a vow to myself to never ruin a movie by telling readers how it ends.

In *Double Jeopardy*, Ashley Judd plays a woman who has been tried and convicted for the murder of her husband. While serving her prison sentence, she finds out that

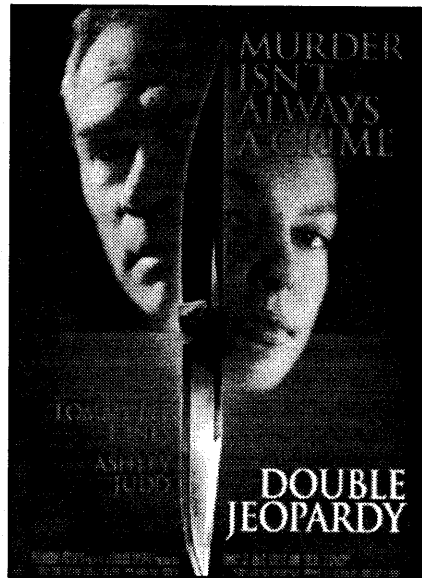
her husband faked his murder, framed her, and is still alive; in fact, he living with her best friend and her son. As time passes, she finds out about the law of double jeopardy. Double jeopardy states that you can't be tried for the same crime twice. I mean, talk about a new source of motivation.

Tommy Lee Jones also does his thing on screen as yet another man enforcing the law. I never get tired of Tommy's movies where he chases down wrongfully accused criminals — really, he plays his part to a tee.

If I had to describe this movie in a couple of words, I would have to say it is an "emotional shocker." *Double Jeopardy's* director Bruce Beresford (*Kiss the Girls*) has always had an act for getting you, the audience, involved in the film very early. While watching this movie, there were actually moments where I was truly out of

breath — not because of the action scenes, but because you feel for Judd's character.

Double Jeopardy is well



worth the regular price of \$8.75. A special thanks goes out to Heidi McMillan from the 100.3 The Bear for giving me the pass so I could bring this review to you.

Question of the week!

What is the best thing about coming to NAIT Ook hockey games?



DAVE KEARNES (FIN)

Hot Dogs and Pucks and watching big G on the Z.



NADIA SELBY (LAT)

Good fights and good hot chocolate.



MANNY MINUK (DEN)

Watch Brad McCorry play hockey.



JODY WINTER (CLXT)

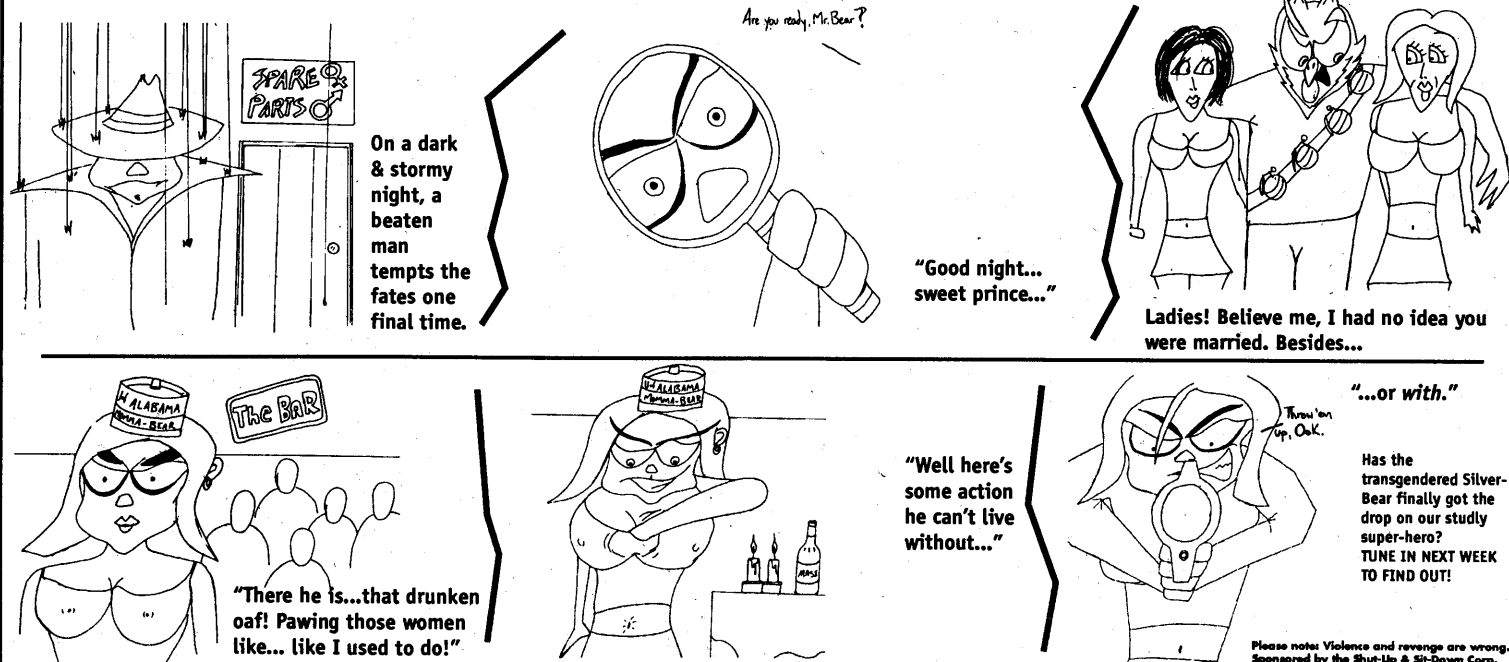
The beer.



MAGGIE PRUDEN (MAR)

Sitting with the rowdies.

Agent Ook — "A Change Would Do You Good" By: Lech Purogi & Hyde Cooper



POETRY

A Props Ballad

Come with me my brothers
to the land of ice and storm
we shall run to battle
sounding our horns
and then we shall bleed
we shall rise and rise again
for we are brothers
locked in the bind
driving ever driving
towards their tri line.
Yes my friends we
are brothers now
so let me rejoice in
a battle won
for tomorrow we war
and tonight
tonight we get drunk.

CD Review

Our Lady Peace

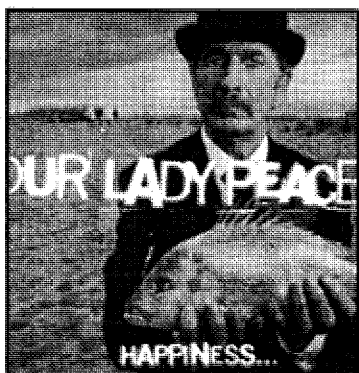
Happiness... Is not a fish you can catch
(Columbia/Sony)

Desecrated Vision

The third installment from this Toronto quartet is quite a departure from their first two albums. Following the strength of their sophomore release *Clumsy*, which sold over 2 million copies worldwide, *Our Lady Peace* has seemed to mature a bit and alter their telltale sound from previous offerings.

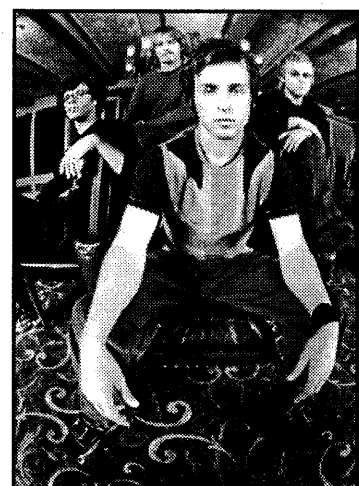
"Lyrically, this album came together as a collection of songs dealing with the human obsession," says lead singer and lyricist Raine Maida. Now normally I call balogna when an artist tries to get existential in describing his album, but after giving it a few listens, I had to agree. Raine and the band confront a variety of topics and issues, dealing with age old questions on mortality and the constant quest for answers. Luckily for us, they do it in a typically hard-rocking *Our Lady Peace* fashion.

Elements of the sound that made their first two albums so successful are present, but they have grown in expressiveness and ability. "When you get to the third record, you're starting to develop a body of work," adds guitarist Mike Turner. "For us, with *Naveed* (the band's quadruple platinum 1994 debut), we were a band and a record that came out of absolutely nowhere in the eyes of the media. Then, *Clumsy* broadened the palette. Now that we're at *Happiness...*, I think



you finally start to get a complete picture of this band." This newfound maturity is in part due to the recent extensive touring in Canada, the U.S., and Europe, as well as the "Summersault" festival in August 1998. At the festival, OLP shared the stage with such talented artists as Garbage, the Crystal Method, Sloan, and Harvey Danger.

After their busy summer, OLP chose to record *Happiness...* in Toronto's Armyard Studios, with



producer Arnold Lanni. They were joined in the studio with some interesting guest musicians, such as 73-year-old jazz drummer Elvin Jones and Boston based multi-instrumentalist Jamie Edwards. These talented performers definitely added to the eclectic style of the new album.

The growing, ever changing style of OLP is evident in the album's first single, "One Man Army". Explains Raine: "'One Man Army' is about the struggle for individuality. It's about finding the courage to strip naked and set fire to all your inhibitions. It's about cleansing yourself of all the people and things that suffocate your individuality."

More difficult issues are explored in the track, "Is Anybody Home". "'Is Anybody Home' is a distress signal, really," reflects Raine. "It's a call to everyone who's found themselves stuck in their rooms having their souls sucked out of them by TV and having television or the Internet mold their values or interests. It's a call for help from one isolated person to another." Thanks for the cutting edge commentary Raine. Sheesh, he sure can lay it on thick can't he?

Well, if you ignore the urban angst and rhetoric spouted by Mr. Maida, your in treat for a really good album. Three times lucky for OLP.

Website: www.sonymusic.ca/ourladypeace

Prescription: Buy It.

CD Review

Bucklehead

Monstors and Robots
(Cyberoctave/Virgin)

Desecrated Vision

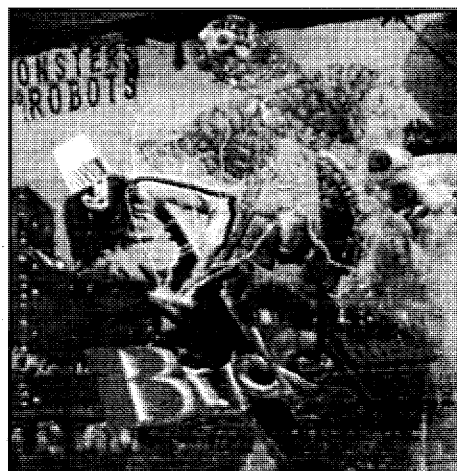
When they sent me this little gem, I was somewhat hesitant to give it a chance. I mean a CD with a guy in a white ceramic mask and a bucket of KFC on his melon gracing the cover is pretty fucking alarming. Undaunted, I peeled it open and was treated to a electronica guitar mix that was surreal to be sure, and not half bad to boot. Who is this Buckethead? Well, just take it from the lyrics of the third song, "The Ballad of Buckethead": "Who's this guitar playin' son-of-a-gun? Is a question that's commonly asked. On his head a bucket of chicken bones, on his face a plaster mask. He's the bastard son of a preacher man, and the county's big disdain, They locked him up in a chicken coop just to hide their shame. He's half alive, He's half dead. Folks just call him

Buckethead." This Rob Zombie style recording lulls you in and entrances you with it's eclectic beats and leaves you wondering exactly why you like it. A selection of instrumental tracks really make this album worth listening to over and over. This CD successfully melds hardcore rock and techno style beats, with delightful results. I was fully expecting to slag this album, but I really suggest you give it a listen. You won't be disappointed. Man, does the guy ever look like a freak though. I keep thinking that he would really fit in one of those S&M porno flicks. (Warning: If this album makes you go out and kill people Texas Chainsaw Massacre style, don't blame me.)

Website:

www.bucketheadland.com

Prescription: Buy It. (Keep an open mind though, it's pretty freaky shit.)



Come Salsa at La Habana



CURTIS
COMEAU

Like my grandpa always says, something's always better when it's authentic. My grandfather's advice can also be applied to dance clubs.

As we all know, Latinos are famous for their dance clubs. La Habana, protégé of Entre Neigro (located in Santiago, Chile), offers everything that the Chilean bar does. "There are only a few dif-

ferences between both clubs," says La Habana owner Mruricio Munoz, "First is that our drinks are cheaper; and second, is that because of the ALCB regulations, we close at 2 a.m."

It's common practice in Chile for the locals to go out and literally dance the night away (till 8 a.m.).

Jose, a regular at La Habana, tells me that La Habana is the only place that makes him feel at home. The people dress in semi-formal attire, and this is probably due to the age variance. People anywhere from 18-68 have been known to come to the club and dance the night away, so don't be surprised if you see a 60-year-old couple out dancing you and your significant other!

Dave's Faves

Harry Connick Jr.

To See You
(Columbia/Sony)

On an airplane, a few years back, a flight attendant asked Harry to recommend one of his CDs to her. One that she could listen to "for romantic purposes." A few came to his mind but he felt that none were just perfect for what she wanted. So Harry set out to make an album dedicated to that double edged sword called love. This album is a mix of smooth jazz quartet stylings and the luxurious backgrounds of a full orchestra. The music wraps you up and makes you feel all warm and fuzzy inside. A warning to all the Casanovas: This is by no means foolproof panty remover, but it is definitely a great cuddle CD. And we all know what a serious cuddle session can lead to. *Wink, Wink*. My personal favourite track is the soulful blues tinged "Learn to Love". Plug this one in and get ready to melt away. I know a certain someone I will be sharing this

CD with soon...

Website: www.sony.com

Email:

ConnickHJr@aol.com

Prescription: Buy It Baby!



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Curtis' Video Corner

Curtis Comeau

In the past couple of weeks, there have been a lot of hot titles released to the public, but like all good streaks, this one comes to an end on October 5.

The only title that may be worth renting is *Lost And Found*, starring David Spade. It's a goofy comedy I admit, but it's nothing to get wet over.

Pushing Tin is a complete waste of time, which is strange considering the actors that star in it.

Oh — and the video gods have finally decided to release *The Thirteenth Floor*. It was held back on September 21 because of the release of *The Matrix*.

Sorry, but this week really sucks!

New Releases

Tuesday, October 5, 1999

Title: *Lost And Found*

Starring: David Spade, Sophie Marceau

Rating: PG-13

Genre: Romantic comedy

Commentary: Ha ha. That's about it.

Title: *The Thirteenth Floor*

Starring: Craig Bierko, Gretchen Mol

Rating: R

Genre: Sci Fi/Thriller

Commentary: Now I know why they don't have 13th floors in buildings!



Title: *Pushing Tin*

Starring: John Cusack, Billy Bob Thornton, Angelina Jolie

Rating: R

Genre: Comedy

Commentary: Great cast. Awful story.

Title: *Judas Kiss*

Starring: Emma Thompson, Alan Rickman, Gil Bellows

Rating: R

Genre: Crime/Thriller

Commentary: Good story for a B title.

Title: *Scooby Doo and the Witch's Ghost*

Starring: Scooby, Shaggy, and the whole gang!

Rating: G

Genre: Childrens

Commentary: Scooby's back! I always wanted to know what a Scooby snack tasted like!



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Construction Engineering

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POSSIBLE COASTAL TOUR



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SIMON COTTER



Wednesday
October 6
5 pm

THE DOC
at The Annex

Thursday
October 7
12 pm



The Grapevine by "Sweet Cheeks" will not be printed because it's lacking both a FULL NAME and a STUDENT ID#. There's nothing sweet about that, now, is there?

To all technologies, CONSTRUCTION ENGINEERING challenges all other technologies to come out on Saturday, October 2, and try to beat the highly skilled and far superior students of Construction Engineering at the 26th Annual Bridge Building Competition. Sign up in teams of 20 people at a cost of \$10 per person. It includes a cabaret at Cowboys that night. Sorry for the late notice, come on down and make an effort. Sign up at NAITSA or in Room L-260 at the Annex. The deadline is Friday, October 1, at noon. The competition takes place at Whitemud Creek on Saturday at 9 a.m. Practice times are on Thursday and Friday from 3:30 p.m. to 4 p.m.

To NAITSA, What the hell is this mandatory Blue Cross garbage? Who the hell are you to tell me what I need? I said "no" last year, and I'm saying "screw you" this year. If I don't pay, you're withholding my marks? That is extortion, and it's bullshit. Just because some students want coverage, doesn't mean you should force it on the rest of us. I suggest to all students who disagree with this lame-assed proposal, to speak their minds. Stick it up your ass, NAITSA, I'm not paying! Ya humps. From, The Swinger

Atta boy, stick it to the man. Stick it to the man!
The Editor

To the tall teal appeal, Hats off to you (if you were single, I could be more liberal). Unlike "Inspired," I witnessed your charm. You helped my friend pick up her books when everyone else was hurrying by. I regret not saying thanks. I'm sure our conversation would have been pleasant. I can see your wife is a woman of good taste.
Signed, Tammy and Cheryl

To the blondie in Math class, Stop wasting our tuition and the teacher's time with questions a 12-year-old would be embarrassed to ask. Look up "aggravation" in the dictionary, because that's your middle name. Shut up.
Signed, All of us

Hey Sports VIP guy, I saw you last week in your red shirt and it set me on fire. It's hard to stop this fire, so please write back.
Signed, Secret Giggles

To the beautiful soccer chick in my Marketing class, It is rumoured that your birthday is on Saturday, October 2, so I'm sending you this love song: "Happy Birthday to you, Happy Birthday to you. You are my dream girl, and you look good in blue." Meet me where the fun never ends (8th) on Friday, October 1, at noon for your BIRTHDAY KISS!!!
Signed, Tall, Dark, and Handsome

Hey Nick! If you were so slick, you'd come up with a new pickup line!

To the French man in the gym, I see you almost every day in the gym with your friends. I have a hard time keeping my concentration when you walk in. I've noticed that you have a tattoo and would love a chance to dig my claws into you! Interested? Available?
Signed, Cat Woman

To The Swinger, What? No comeback? Did I do the impossible? Yes, I did! Hear ye, Hear ye! I now proclaim The Swinger gone. Unless you're hiding?! Is that it? I don't blame you. If I looked and smelled like you, I'd crawl back into the cave I came out of, too! You disappoint me, boy. I threw down the gauntlet, and all you did was throw your towel into it. There's a new King in town!
Signed, The Man

Sunshine Boy, I don't know where to start on describing myself. Let's say I have a really big, firm chest with dirty blonde hair. My ass is also fairly firm. I like to work out by riding the bike. You are the sexiest man here at NAIT. I'll be watching you. PS: Come to the gym and show me your MUSCLES.
Signed, Secret Love XXX

To the girl in the blue cords, I saw you at the BAS cabaret. I think you are the sexiest woman here at NAIT. I am a really shy guy so why don't you come and talk to me? I really want to get to know you. PS: I'm married.
Signed, The guy in the green cords

To the Oiler and The Man, Who do you think you are coming into this school thinking if you cut someone down, you can make a name

for yourself?! Oiler, you can't use that name anymore because you can't live up to it. Be a little creative, unless your small head can't handle it. As for The Man, well, if you were thinking that you take the Swinger's place, well you just don't have anything interesting to say except for a few cuts you probably thought over the entire summer. Maybe next time you decide to write something in the Grapevines, you might want to come with something original, you wannabes!
Signed, Binder Dinder Dundat

To all the students who use the elevator, I think everybody just has to lighten up on the elevator. Don't be scared to say, "Hey, how's it going?" to the other people. Since the elevators don't have music, we have to talk to other people to make the ride more enjoyable — if eve-

rybody wasn't so stuck up and think they are too good to talk to people on the elevator... I have a couple of words for you: TAKE THE STAIRS!

Signed, Having fun on the elevator

Ryan, We didn't really get a chance to talk last Tuesday at Ezzie's, but I'm glad your friends made the effort. Write back if you think you have the courage to go out on a real date — without all of your friends.
Rhonda

To Candice, Stop pretending not to notice me! I know you're checkin me out when I'm around so it's all good! My name might not be Fred Flintstone, but I can make your BEDROCK all night long! And

don't let "player's 4 life" get to ya cuz I'm the guy who will treat you like the queen you truly are!!!
sLiCk NiCk

Are you lonely? Need some action in your life? Come by the Naitrium on Oct 6 between 11 am and 1 pm and see what the Westwood girls are cooking up.

Classifieds

Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.

KENNA'S Secretarial 2000. Laser printer. \$6/page. South side. Ask for Kenna at 469-7596.

NAIT Student Awards will help you SUCCEED!

The NAIT Student Awards Office has over \$110,800 in "general awards" available to first and second year students this fall.

If you answer "yes" to one or more of the following – YOU should apply!

- ☐ I achieved an **80%** or more - in my last semester or first year of studies.
- ☐ I have experienced some **extremely** bad luck lately and could use some extra cash.
- ☐ I really enjoyed being involved with "**campus life**" in my last semester.
- ☐ I have been involved with my community as a **volunteer**.
- ☐ My family is connected to the **AUPE**.
- ☐ My mother/or father, **are** graduates of NAIT (no - not during the dark ages!).
- ☐ I really did awesome in **high school** on my matriculation subjects.
- ☐ I moved from a **rural farm** to study at NAIT.
- ☐ I would like to find out more about NAIT general awards.

You Should:

Pick up an application and NAIT Awards Handbook to find out more about the "general awards" being offered this fall.

Where?

The NAIT Student Awards Office – in the Registrar's Office!

Have Questions?

Go to the Student Awards Office located in the Registrar's Office at NAIT!

Phone us at 491-3134. Ask for Marilyn!

DEADLINE October 15, 1999

WAIT! There's MORE! Look for your program awards in the handbook. You may be nominated by your program (no application required) to receive one of the many awards available to you! Most of the NAIT Programs select their recipients in the Fall. Watch for posted deadline dates in the handbook.

That's not all! There are lots of awards available "outside" of NAIT. Aboriginal students – should also check it out! Pick up the handbook to find out how to apply!

Athletes and Apprentices there are several awards specifically for you! Pick up a NAIT Awards Handbook – today!

Good Luck!

Marilyn Cromwell
Student Awards Administrator

Comeau's Cuisine

CURTIS
COMEAU

Vietnam City
5730 - 104 Street
430-0303

Cuisine: Don't be confused, Vietnamese cuisine is very dif-

ferent than that of Chinese and Japanese. It tends to be a bit more spicy, and they have plenty of sauces that marinate their dishes.

Menu: Over 130 different types of dishes to choose from. They have 12 chicken dishes alone. If you are confused on what to order, the servers are very knowledgeable and can make excellent recommendations.

Drink List: Several exotic drinks to choose from. My favourite is

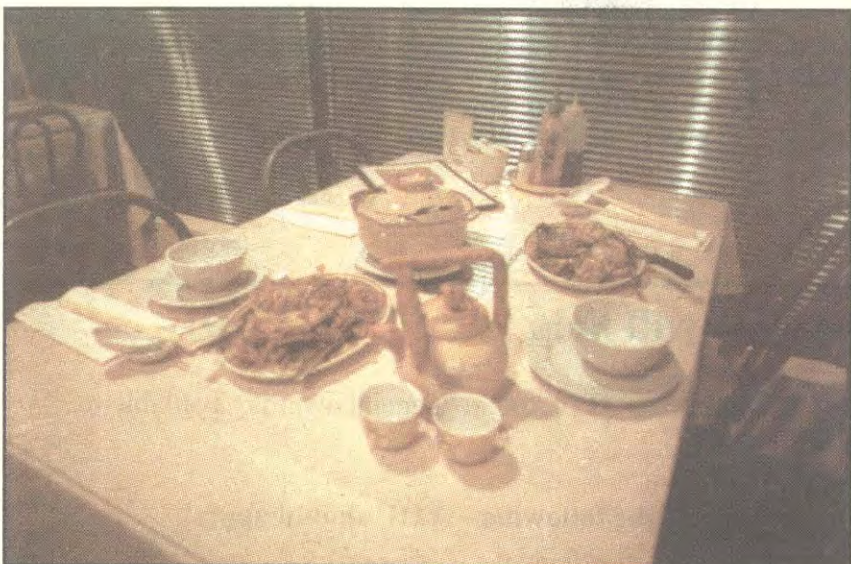
their fresh fruit drink. It's like a slush made with fresh fruit. If you're a coffee lover, you have to try the Vietnamese coffee, it's the best.

Decor: Authentic Vietnamese interior. All the pieces on the walls are straight from Vietnam. Very spacious, which is nice since we all like a little privacy. Very cool.

Price: Most fishes are around \$7, and they fill you up. Two people could eat a lot for no more than \$25.

Comeau's Comments:

If you're willing to try and experience new things, then I really suggest that you eat at this restaurant. Three dishes that you should try are the lemon grass chicken with a coconut sauce and the beef tenderloin with a black pepper sauce and spring rolls. The owner, Sandy Li, is a hard working trooper, and it shows in her restaurant.



The Wonderful World of Twitterpating

Curtis Comeau

I know I'm supposed to write entertainment articles, but every now and then, an issue arises outside of the entertainment scope that I just feel compelled to write about, and this happens to be one of them.

I have noticed lately that many people have become *twitterpated* — oh, sorry. *Twitterpated* is just a fancy word for people who are in love.

As we all know, love is very difficult to understand. Case in point, you could date a girl for two and a half years and never fall in love with her; but then along comes another girl, and before you know it, you're *twitterpated*.

Some people have asked me what happens to a person when he or she becomes *twitterpated*. Well, first off, you begin to feel weak in the knees. Then come the butterflies in your stomach. Sometimes you also feel like you're walking on air. When you're spending time

with the person, the hours seem to go by so quickly. Most people also find they tend to see the world differently, as though through a better set of eyes.

Anything seems possible when you're in love — some peo-

ple even consider learning a new language.

My advice

is that if you are ever faced with the controversial feelings of love, just let your heart run wild and go with the flow. Love doesn't come along very often, and neither does the sensation of *twitterpating*; so when it does happen, embrace it. You won't ever regret it.



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