ome 38, Issue 11

CIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



EROME

was the best of times; it was the worst of times. Well, the es were the best for most of us, but I think that gold that got sick before we reached Rod Deer was experiencing one of her worst moments.

Yes, a hearty band of 47 ventured forth to Calgary to watch our beloved OOKS play a rousing game of hockey against the Mount Royal Cougars. It was an event of epic proportions, a journey better known as

missed this event, but thankfully I was extorted into coming along for the purposes of writing this article you see before you. I started off my trip by downing a pint of Pilsner (Mmmm, Pilsner...) at the Nest while waiting for the bus to arrive.

With a renewed sense of vigor,

I climbed aboard the silver chariot and thus began the adventure. I was immediately impressed with the quantity and quality of women aboard. Being newly single, I can honestly tell you that nothing excites me more(you try not being horny when you are

suddenly cut off from the seemingly inexhaustible supply of sex provided by a loving girlfriend). Don't worry, girls, the men were in good supply as well. I just don't go for that sort of thing (not that there's anything wrong with

amounts of gratis alcohol that were being loaded on the bus. Surely this wasn't all for us? Oh, but it was, it

The journey started calmly, but before we left the city, a kick-ass party developed and had the bus rocking. Never being one to stick around in my seat, I careened through the aisles and met a few of my fellow passengers. I could spot the fan bus virgins from a mile away. They had a bewildered look in their eyes as they stared at the kooks who were partying it up like crazy.

A few hours into the trip, we got out and took a group piss at a way stop (with that much alcohol and only one washroom, it doesn't take long for a bitch of a tinkle line to develop). Even a few girls chose to relieve themselves in the woodsy way, much to the delight of an unknown parked motorist who turned on his lights to let them know that they weren't as concealed as they thought they were.

Whilst stopped in Red Deer, most of us scarfed down some nutrients from the local A & W, which was a necessary evil in order to temper the large amounts of alcohol imbibed. Fully sated, we hopped back on and were in Calgary in no time (no, really, those fucking Vex coolers just whisk you up into a swirling, frenzied time warp. I'm sure I had fun though).

We hurried into the Mount Royal arena midway through the first period of the hockey game and found our beloved OOKS down by a score of 2-0. We cheered our hardest, but to no avail, as the OOKS eventually lost by the same score. We'll get them next time, boys! Undaunted by our loss, the road trip warriors jumped back on the bus and headed to Cowboy's, Calgary for our final stop of the evening.

Smug Calgarians aside, Cow-

could handle, and I was sad when one o'clock rolled around and it was time to depart for home. The tone of the bus was somber for the trek home, but that was to be expected when one considers the schedule of events that our weary bunch of ragtag kooks had completed.

If I could recommend one thing for a person to absolutely partake in during their post-secondary experience, this would be it. So when you see an ad on the poster-boards for the next fan bus, sign up without delay at the NAITSA offices. I promise you won't regret it.



a road trip.

A road trip is one of those rare occurrences that seem to bring out the best and the worst in people. No other event that NAITSA facilitates can so easily bring the rich rewards of fast friends, great memories, and



one hell of a good time. What better way to experience a road trip than on one of NAITSA's Fan buses?

Normally, the sight of women captivates me completely, but I boy's proved to be as much fun as I

TRAVIS BANNERT, AND HIS '목 목() 독의()





Help For The Undecided



SALLY Poulsen

h, the cries of the undecided voter. As Election Day draws nearer and nearer. and you remain unsure of just who deserves your vote. It's almost as if you are groping about in the dark, seeking out some small grain of an idea (kind of like me, trying to write this story.) Well, thanks to my ever present insomnia and constant concern over the state of Canadian politics, I've created a list of online resources that will help you make this important decision in less than an hour.

CBC Election 2000

http://cbc.ca/election2000

The reading man's resource. Large words, plenty of jargon, but, if you can wade through the drier material, really good, in-depth information on the candidates. Plus video clips from the debates. (Pictures are good.)

Okay, they're geeky, glib, and often painful to watch, but Muchmusic deserves some credit: they oversimplify all things even remotely intellectual to the point where monkeys are standing in line to cast a ballot. Besides, I challenge you to find another website that will allow you to research both the Federal Election and the current doings of N'Sync at the same time.

This Hour Has Twenty Two Minutes

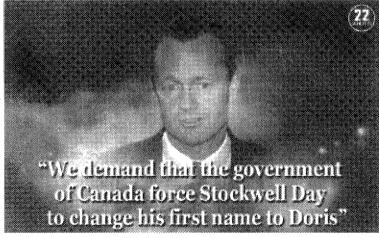
http://www.22minutes.ca

Granted, this really has nothing to do with the Election itself, but it's a nice break from all of the reading you've been doing. Take a moment and join 860,000 other Canadians in signing the petition to have a "Should Stockwell change his name to Doris?" referendum. Remember, if the Alliance wins, Mr. Day promises to hold a referendum on anything that is of concern to 3 percent of the population. If only we could vote Rick Mercer for PM.

And if all else fails...

PoliticsWatch: Canada's Political Portal

http://www.politicswatch.com



Go online for your election questions.

Politics Canada

http://www.canadawebpages.com/politics

One of the best resources online. They walk you, blow by blow, through the campaign thus far. Who said what, who did what, why they said it, what happened because of it, its consequence, ad nauseaum. And, best of all, they only give opinions when asked for.

Much Election 2000

http://www.muchmusic.com/events/elections2000/

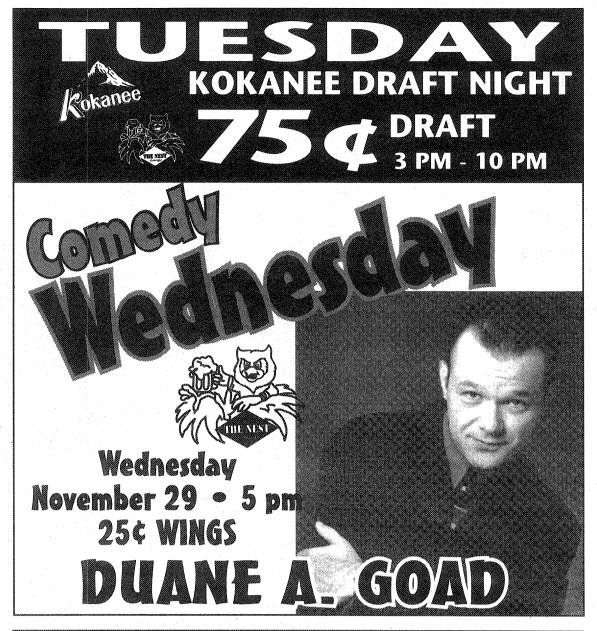
This site features one of the most brilliant innovations of all time: the vote selector, aka the PM Picker. Quite simply, a brief, 15-question quiz matches you up with the most compatible candidate. This is the lazy, undecided voter's dream. This unbelievably clever and amusing process cemented my selection in just under 2 minutes. So when it comes down to the wire, and you don't know who to back, just visit PoliticsWatch and let them make the decision for you.

Chocolate Almonds

\$2/BOX

Get some now before they sell out!!!

Buy them from the students of Westwood Campus in front of the Office RW 102.





Campus Computer Store

High Speed Cable Internet Services

Now Available From Your Campus Tech Store, Shaw@Home and Videon PowerSurfr High Speed Internet Installation Starter Kits!!

- Free Installation!!
- First Month Free
- Sixth Month Free on Videon PowerSurfr Kits
- Connect at speeds of up to 1 mbps!!

All This For Only \$ 34.95!!!

www.nait.ab.ca/techstore

South Learning Center, Reads & Needs Bookstore Store Hours: Monday 730 am - 700 pm, Tuesday to Friday 730 am - 530 pm, Saturday 900 - 100 pm Phone (780) 491-3140



Odds ends



DARIA Morgan

Will Eating McD's Damn You To Hell?

According to the Italian bishops daily newspaper Avvenire, leading Roman Catholic theologian Reverand Massimo Salani was quoted as saying that McDonald's hamburgers are "not Catholic" and that all Italians must give up fast food because it represents an expression of the Protestant ethnic.

A Hospital Straight Out Of A Horror Movie

Alder Hey Hospital in the Netherlands is under investigation yet again. This time, they were being accused of storing 400 fetuses without the knowledge of the parents. A spokesperson from the hospital confirmed it was storing the fetuses (stillbirths and abortions) but denied the parents were in the dark. The pathologist at the center of the scandal, however, is now on indefinite leave from his job at Alder Hey. Dr. Dick van Velzen was the same pathologist who, from 1988 to 1995, was investigated for storing the organs of more than 800 dead children without their parents' knowledge or consent. Though found guilty, Dr. van Velzen still maintains his innocent to this day, claiming the organs were specimens sent to him from all over the world.

The Case Of The Body Snatchers

"The Diggers," a group of archeologists who dug up a group of WWI soldiers in Belgium, are being accused of grave robbing by British defence officials. The archeologists maintain they got permission from the city of Ypres, Belgium, and from the Archeologist Patrimony to remove the soldier's bones after the gravesite was threatened to be de-

stroyed by the expansion of an industrial park. They dug up 105 bodies in total with only one corpse being positively identified to-date. They also maintain that each body they discovered was reported to the local authorities, who established an official record of evidence of the objects found on the corpses. The British defence ministry, however, states that this was not the case and that the archeologists stole personal items from the soldiers and displayed them at local exposition. In response to this allegation, "The Diggers" state the objects displayed were not from the graves but had instead been found in the surrounding area.

Big Band Wallace Belts It Out

"60 Minutes" anchorman Mike Wallace is adding another notch to his lengthy and varied career by making his debut as a sing on a new CD entitled "Pat and Mike Wallace." Wallace, who is a veteran of radio, TV acting, game show hosting, and broadcast journalism, teamed up with CBS employee Pat Harris to make the CD, which has been recorded in big band style and mixed by Grammy winner Al Schmidt. The first single being released from the CD is "The Girl (She's Mine)."

Dreyers Does Dalmatians

In celebration of Disney's latest brainchild, "102 Dalmatians," opening in theatres November 22, Dreyer's Grand Ice Cream has created two new flavours. The first new flavour is "Chocolate Dalmatian Sensation," which is chocolate and vanilla ice cream with fudge swirls and candy dalmatian puppies. The second new flavour is "Spotacular Vanilla," which is chocolate spots swirled through fudge-striped vanilla ice cream. Dreyers will feature these two new yummy flavours in your local grocery store until the end of January 2001.

Farewell, Sweet Prince

Fred Rogers is hanging up his sweater on TV for the last time. The soft-spoken host of "Mr. Rogers' Neighbourhood" will be retiring at the end of the 2000-2001 TV season after a 33-year run on the air. Rogers is the creator-host of the longest-running children's program on public TV, and while he may be retiring from being behind the screen, the 71-year-old has plans to continue his brand of quiet education on websites, through publications, and through his volunteer work with museums across the world.

Unique Operation Saves Woman's Life

Joanne Minnich is Mahopac, New York is resting comfortably at Methodist Hospital after doctors removed three cancerous tumors from her heart last week. What makes this operation so special, however, was, for the doctors to remove the tumors from Minnich's heart, they had to physically remove her heart from her chest, repair it, and then replace it back in her chest. Dr. Michael Reardon, who led the surgical team, commented that Minnich only had weeks to live prior to the operation, which has only been performed three other times across the United States.

The First Of Its Kind

Doctors at the No. 202 People's Liberation Army Hospital have performed a first of its kind surgery after they replaced a man's esophagus with a 40centimetre section of his own colon. The recipient of the newly constructed esophagus was 37-year-old E Aiguo of Shenyang, China. He commented that, after undergoing the operation, this would the first time in 13 years he had been able to eat food through his mouth instead of through a tube in his stomach. The need for the tube came after he accidentally drank half a bottle of caustic soda and permanently damaged his esophagus at the age of 24.

Adding "The Mouth" To His Resume

Professional wrestler turned State Governor, Jesse Ventura, has signed on to be a colour commentator for the new smashmouth XFL football league next year, which opens its 10-week season in eight cities February 3, 2001. NBC is hoping the presence of Ventura on the air will give the XFL broadcasts the pizzazz ABC attracted when they added comedian Dennis Miller to the NFL's Monday Night Football show. The XFL games will be telecast Saturday afternoons and evenings from February 3 to April 8, and will feature the teams the Birmingham Thunderbolts, the Chicago Enforcers, the New York and New Jersey Hitmen, the San Francisco Demons, the Las Vegas Outlaws, the Memphis Maniax, the Los Angeles Xtreme, and the Orlando Rage.

Don't Worry, Be... Happy?

An Indiana woman is in federal court this week to win the right to wish others a "blessed day" in the workplace. The woman testified that saying "have a blessed day" to someone is part of her relationship with Jesus. Her employers, USF Logistics, did not see it this way, however. They threatened to fire her if she continued to wish others a "blessed day," claiming that the saying was more than a personal religious expression and was equivalent to wishing someone a "happy day."

Driving Through Hollywood

Entertainment website E! Online has unleashed a online game on its visitors. They are taking a poke at skill-challenged celebrity motorists (all of whom have been involved in vehicle accidents in the past couple of years) by the object of the game being the player trying to survive their commute through Hollywood while dodging celebrity drivers. Some of the celebrities being poked fun at is Halle Berry, Matthew Perry, Kelsey Grammer, and Jason Priestly. If you'd like to take your chance driving among these wild people, the game is located at http:// www.eonline.com/Fun/Games/ Celebdriving.

Good Common Cents

Elton John is currently suing his ex-manager and former accountants for mishandling his money. The lawsuit began in 1998 after auditors found a \$28 million gap in his books. Questions are now arising, however, if it is really John's exmanager and accountants who are responsible for the \$28 million gap after the British pop star testified to running up a \$418,340 florist bill during a \$57 million, 20-month spending spree just prior to be audited. When questioned on the alleged spending spree, John told the British High Court, "I like flowers. I don't have any people to leave my money to. I'm a single man. I like to spend money. It's my money to spend."

National Born Killers

A 17-year-old girl and her 20-year-old boyfriend were arrested in New York this week after strangling the girl's parents for disapproving of their relationship. The two are scheduled to be arraigned this Friday on murder charges. Police said the body of the girl's father was recovered from the East River. He was apparently strangled by his daughter with a raincoat belt while he was watching television. The body of the girl's mother, of which divers are still trying to recover, was also strangled, to which the couple admitted then putting in a laundry bag and then a shopping cart before pushing her into the river. Before this incident, neither the 17year-old nor her boyfriend had a criminal history.

Dedicated - And For What?

When 72-year-old Margie Knake checked into the hospital in Nashville, Tennessee for open heart surgery, no one expected to find her gone from her bed an hour before her surgery was scheduled to be performed. When nurses came in to prep her, they instead found a note on her bed that said, "Gone to vote, back in 30 minutes." It was election day, and an election official in Knake's district confirmed that, yes, an elderly woman had come in to vote, complete with IV tubes coming out of her arms and all. The surgery went off fine, however, and even on schedule.

Montreal Protestors Released on Bail

fter spending more than two weeks in jail, three Quebec youths, charged with armed assault on a police officer following a G-20 demonstration (they allegedly threw rocks and chunks of pavement at riot police) have been released on bond.

Robert Scalia of CUP paper The Link reports that Superior Court Justice Claire Barette Joncas relased the three men, Kevin Spillane, 25; Daniel Carriere, 22; and Stephane Blais, 18; providing that they stay away from public protests and submit to a curfew until their trial, which could be up to a year away.

The three men were initially incarcerated after Crown Prosecutor Normand Chenier argued that they represented a threat to society. In their November 7 appeal hearing, however, Chenier spoke briefly, stating that he felt it would be unfair punishment to keep the three men imprisoned until their preliminary hearings on November 17

NAIT ABORIGINAL STUDENT CLUB

SKI TRIP 2001

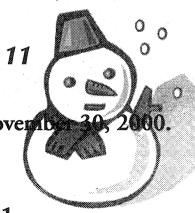
Banff, Alberta • March 9, 10, 11

4 people to a room

A deposit of \$75 is required by November 1

Cost: \$220

To sign up call Shirley Paul at (cell) 405-9874 or (home) 474-5621





OPINION





To Darryl Hodgson,

This is in response to your article "Getting Foxy at the Roxy." A group of us girls thought it would be fun to go to the Men's Hockey cabaret, so we picked up a bunch of tickets. We'd never been there before, and the tickets were good for no line, no cover until 10 p.m.

Now, we live four blocks away from the Roxy, so we arrived before 10 p.m., where we found a line up. We showed the doorman our tickets, and he told us we had to go to the back of the line. And while we were waiting in line, we saw people walking out of the Roxy throwing their unused tickets on the ground.

After at least 45 minutes of waiting, we were pretty fed up, and so we spoke to the doorman again, explaining that the tickets were supposed to be good for no line, no cover. He looked at the tickets and said that he had never seen them before and didn't know anything about them.

When we finally got in the door, we were told that our tickets were invalid because it was after 10 p.m. and it would cost us \$5 cover charge. After speaking to the management and some of the other staff members, we were told that if we didn't like it, to get out. We were also told that the person we should be speaking to was the NAIT Vice President. Right.

Money is not the issue here, and we have no problem supporting the hockey team, but we were disappointed in the fact that the Roxy basically didn't care whether or not we had tickets. The Roxy dishonoured the team's tickets, they let a lot of people in ahead of those of us with tickets, and then some of the staff were even rude about the situation.

That night, we also ended up at the Ironhorse, where we also had to stand in line and pay a \$5 cover charge - but it was worth it. We don't mind spending money at a place where you have to stand in line and pay a cover charge where the staff is actually friendly, the music is good, and of course we like any place where there's a lot of guys.

The girls and I had purchased extra tickets to the cabaret just to support the hockey team, and I'm disappointed that we were not able to party it up with the Ooks and eve-

rybody else that was there.

In my opinion, it was all bad business by the Roxy. Maybe next time, they shouldn't provide tickets that are good for no line, no cover if they are not going to honour them, and maybe they should change the "only good until 10 p.m." part to whatever time the ticket are "really" good for.

I hope those of you who made it to the Roxy had a good time, and maybe we'll see everybody at the next Ooks cabaret (hopefully not at the Roxy).

Sincerely, Robynn and the Girls

Dear Robynn and the Girls,

In response to your letter, I am happy that you and your friends want to support our team and we would have loved to party with you girls. Unfortunately, I was unaware of some of the problems that some people had until after the article was written.

In no way, was I in charge of honoring the tickets; it is the bar who made them who have to honor them. More people than you girls had to put up with this. In fact, our own coach and training staff could not get in.

I hope this doesn't put a damper on your support of our team, and I hope that, for our next cabaret, you and your friends will come. I promise it will be at a different bar next time. I owe you girls a drink. Ciao!!

Sincerely, Darryl Hodgson

To the Nugget staff,

I have been at NAIT some time now and have come to the conclusion that only a handful of Nugget issues are worth reading (entertainment-wise). I don't think I'm alone when I say that it's the gut busting articles that most people enjoy reading - you know, the ignorant, semiretarded, off-topic bullshit that has nothing to do with normal, everyday life. If we were looking for articles that are all fact with proper researching and use of good, fucking language, the majority of students would just go out and buy a paper. It just seems that some people should (get a life, you uptight pricks) stop bitching about some other NAIT student who takes the time to write an article that (somewhat) educates and entertain you.

If you didn't like reading the first article, then what the hell are you doing reading the second one? I didn't enjoy reading, blah, blah, blah, the November 2nd issue, blah, blah, blah. And in the November 9th issue, blah, blah, blah. Reach back there and pull that pickle out of your ass and stop taking everything so seriously. My hat goes off to Kenny Total, the typesetter, and others like them. It's Nugget staff

like you guys/girls that put a smile on my face and make me want to come to school on Thursday (when I have no class) just to grab the Nugget.

Signed, Pimp Smack Jack

Dear Pimp Smack Jack,

Thank you for your... compliments? We think. Well, at least Kenny Total and our lovely typesetter thank you.

We find though that we have to take offence to your thinking that the articles we print are "ignorant, semi-retarded" and "off-topic." Being that we are a paper here for the students of NAIT, we print the submissions we deem are suitable to be in our paper. We, in no way, think that any of the articles that appear are ignorant, semi-retarded, or off-topic.

And what is "off-topic," anyway? Like any newspaper, we are divided into sections so people may pick and choose which topics they would like to peruse.

But one is entitled to their opinion, and we are sorry if you feel our newspaper does not meet the standards of a "regular" paper. We know people who would disagree with you on this fact.

In regard to our staff's writing, all articles are thoroughly researched, and the language is cleaned up, if need be. Our typesetter handles all grammar and punctuation concerns, so this is also another aspect that is carefully looked at. Our staff has pride is each issue that we put out.

We are happy that you are at least finding stuff in our paper to be "gut busting," like the stylings of

Kenny Total (who will be back soon) and our lovely typesetter. We least we are entertaining in this aspect for you, and we hope you will continue to pick up future issues of the Nugget.

Sincerely, The Nugget Staff

2nd Annual Tech Challenge Competition

The 2nd annual tech challenge competition runs Saturday, November 25, 2000, at the NAIT Ooks Volleyball game vs. Kings University College Eagles.

Enter a team from your technology and have a chance to win great prizes. Teams must consist of at least 5 people from your technology. You will compete for a pizza party for your team from Boston Pizza as well as cash for your technology, Cowboys gift certificates, and other great prizes.

Your team will be judged on the number of people, cheering ability, and the ability to fit the theme (beach party theme). To register your team, call Marc Dobell at 471-7607 and get ready to cheer for the Ooks!





Bannert's Weekly...

FITNESS FAQ



TRAVIS Bannert

(Continued from two weeks ago)

Moi: What is the next stage in the Strength Training program?

John: The third stage in resistance or weight training is called the Maximum Strength phase. The blend here is three weeks of Hypertrophy training and then three weeks of maximum strength training. You could carry this on for up to 18 weeks before you would switch to power or endurance training.

It is characterized by a load of

85 to 100 percent of 1 RM max. The number of exercises that you would do in a workout is only 3 to 5, mainly because the rest period between the sets is 3 to 6 minutes.

Make sure you don't duplicate the muscles used when planning the exercises that you will work at each training session. The muscles need lots of time to recover after each set of reps, so don't shortcut on the rest period if you want to make significant gains.

The number of repetitions per set is only 1 to 4, so do this workout with a friend. The number of sets per session is only 6 to 10 with a maximum of 12. The frequency per week is 2 to 3 with a maximum of 4. These are tough workouts, but worth it if you are building strength and mass.

MEN'S BASKETBALL UPDATE

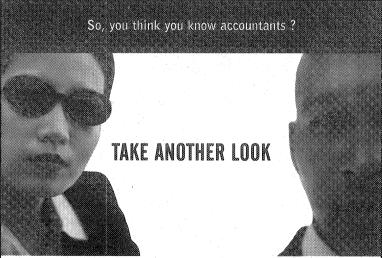
COLLEEN Penman

he Ooks basketball team had a tough weekend series against the Concordia College Thunder. The Thunder are a stronger squad than last year, and that made for two close games.

The Thunder put the NAIT team to work in both games. NAIT had foul trouble and seemed unable to find their rhythm. Head coach Marc Dobell was frustrated with the team, even though they continued their streak with two more wins against Concordia. "We are so inconsistent right now. We are winning our games, but we are not playing the best basketball we are capable of."

The team is working on their systems and some basic skills over the next week to get ready to meet the team from King's College this coming weekend. The teams have met before in both the pre-season and in league play, and both teams have strong shooting guards and post players. It should be an exciting series, so come out and support your home team this weekend.

Waiting To Exhale



Quiet guys in visors who sit at their desks all day, adding numbers, balancing the books. Bean counters. Take another look.

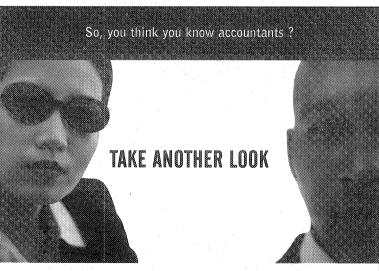
Discover the real world of Chartered Accountants. Join the Student Mentorship Program.



The Institute of Chartered Accountants of Alberta Edmonton: (780) 424-7391 Other Alberta: 1-800-232-9406 Fax: (780) 425-8766 careerinfo@icaa.ab.ca

Visit us at www.calearn.com

The Exhale 2001 calendar featuring NAIT. Grant MacEwan, and University of Alberta students is now on sale at the Nest and NAITSA office. Come support the Canadian Cancer Society (who receive all proceeds) by purchasing a calendar for a mere \$10.



Student Newspaper of





Room E-128 11762-106 Street Edmonton, Alberta T5G 2R1

Production Office 471-7615

Fax 491-3989

e-mail nugget@ookmail.nait.ab.ca

Editor-in Chief **Curtis Comeau**

News Sally Poulsen

Features James Olson

Sports Editor **Travis Bannert**

Entertainment **Kelsey Farnalls**

Photographers **Amy Senecal** Steve Vigar

Typesetter Katrina Benson

Production Manager **Darrel Gregory**

V.P. Communications **Brad Letwin**

Advertising Manager Linda Campbell

For Advertising Inquiries please call 471-8866

The Nugget encourages submissions

THE DEADLINE IS 12:00 p.m. on the first school day of the week.

All submissions Must be accompanied by Your Name & Student ID Number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributing Writers

Daria Morgan, Colleen Penman, Amanda Kozak, John Zazula, Chantal

Women's Hockey Recap

Ooks Beat Cougars!

AMANDA Kozak

November 18: NAIT Ooks vs Red Deer Queens

The overconfident Oueens decided to take over our home bench during warm-up and then act like they didn't know. Our girls quickly straightened this "mistake" out.

The game got underway, and not soon after we started, the Queens ran our goalie over and put the puck in the net. We ended the 1st period 1-0 for the Queens.

The 2nd period started with a small electrical problem that wiped out our scoreboard for most of the period. The Ooks tried to pull it out but seemed to be in a jam.

The 3rd period was just as good as the girls made it. They stepped the game up in the last 10 minutes and got hungry for the puck. Unfortunately, they couldn't seem to get it past the Queen's net-minder.

We ended the game unable to break the shut out, and this left us at a 3-0 score and still in third place in the ACAC.

November 19: NAIT Ooks vs Mount Royal Cougars

The Ooks won bragging rights this past Sunday as they beat the Cougars in their home area. After a comment made by a Cougar, our coaching staff fired us up.

The Ooks came out hard and caught the Cougars off guard. The Cougars goalie was all over the puck in the first 20 minutes, and we ended the 1st period 0-0.

The 2nd period proved to be a high point for the Ooks. Our first goal, scored by #23 Jody Harrison, was followed by a huge celebration in front of the Cougars' net. Inspiration seemed to hit the Ook's bench, and #17 Jen Witsel hit first, slamming another through the tender. At this point, the Ooks were up 2-0, and the fans and the team were pumped. The Cougars tried to answer back, but only managed one weak goal before time ran out.

The Ooks knew they had to hold their lead in the 3rd period. After a rather enlightening speech in our dressing room, we were ready to go. The Cougars were just as ready and managed to tie the 2nd period at 2-2. Unaffected, the Ooks worked their asses off and produced another beautiful goal scored by #16 Michelle Duffy.

CAKE WALK, RIGHT, GIRLS?

Even after the game, the Ooks were pumped from the win, and a loud celebration followed in the dressing room.

The Ooks have this coming weekend off but suit up on Monday, November 27, to battle it out with Grant MacEwan. Game time is at 7 p.m. See you all there!



SPORTS



Ooks Earn Much-Needed Split with MRC

O'Toole Back in a Big Way



DARRYL Hodgson

his past weekend, the Men's Hockey team took on the Mount Royal Cougars from Calgary. Anyone who follows the NAIT Hockey scene knows that any team from Calgary is an unwanted visitor and hated by all NAIT players. Mainly because this is the home of the SAIT Trojans, but they don't need to know that.

The first game went on Friday night in Calgary at the Centennial Arena. This game was a special one because of the fan bus that attended. For some of our players, it was the first time for them to see one of these "gong-shows" in action. Maybe they were nervous or something, I can not say, but something was wrong with the team on this night.

From start to finish, the Cougars dominated the Olympic-sized ice surface, coming at us from everywhere. Penalty trouble early got us in a hole that we could not get out of. The Cougars scored twice in the first period and managed to outshoot us 61-24 in the contest. The only life we showed was in the third period but were hindered again by penalties.

FINAL SCORE: Cougars 2 - Ooks 0

I played the game in goal and got player of the game honours. This game put us below .500 and put us in danger of dropping below Concordia and Grant MacEwan in the standings, something that is not acceptable for a team of this stature.

Saturday, we returned to the confines of our home, the NAIT Arena, for game two of the series. Everyone in the dressing room knew the importance of this contest, and we also welcomed back Alan "Spider Man" O'Toole from a shoulder injury. We came out like race horses out of the gate, and O'Toole made his presence felt, scoring twice in the first five minutes of the first period. This set the tone for the whole contest, and we continued to press but were unable to take advantage of more first period opportunities.

Penalties got us into some trouble again, and Mount Royal started to mount some offence but, they too, were unable to capitalize. In the second, the Cougars came out and scored a quick goal while I was helpless without a stick. Chuck "Machine" Beaulieu responded though with a goal on a terrible giveaway by the Mount Royal defence. Then captain Jeff "Austin Power's Chest" Ainsworth, and Troy "Ebes" Eberhardt added two more just moments later to make the score 5-2 after two periods.

Coach Ballard has always stressed the importance of having good finishes in the third period, and that was our focus in the room during the intermission. We made good on that goal, as Ian "Deke Myself Out" MacFarlane scored quick to cushion the lead. Tyson "Lloyd" Christmas added one more for us, and the Cougars scored twice late in the period to make the score look

good, but that was as good looking as it got.

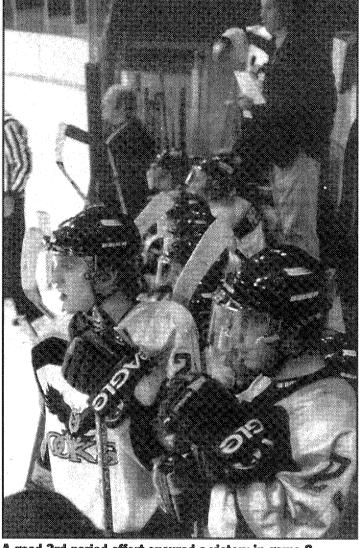
FINAL SCORE:

Ooks 7 - Cougars 4

I played the game in goal and, to no one's surprise, Alan O'Toole got the player of the game.

Next action is this weekend

versus the cross-town Grant MacEwan Griffins. Home action is on Friday night here at NAIT at 7:00. Saturday's game is at 8:30 at the Kinsmen Arena located on the southside of the city. Come on out and cheer us on as we try to get above the .500 mark. Until then, Ciao from the chimp!



A good 3rd period effort ensured a victory in game 2.

The Hingpost



SHANE Turgeon

ell, wrasslin fans, it's time your weekly dose of news from the pro-wrestling world. Survivor Series was on Sunday and here are

the results... Steve Blackman, Crash, and Molly Holly beat T and A with Trish Stra-

- The Radicals beat Chyna, Billy Gunn, Road Dogg, and K Kwik
- Kane defeated Y2J
- · William Regal retained his European Title by beating Hardcore Holly
- The Rock beat Rikishi
- · Ivory beat a bloody Lita to retain her Women's Title.
- · Your WWF Heavyweight Champion and Olympic Hero defeated The Undertaker with a classic
- The Hardyz and The Dudleys beat Edge, Christian and the RTC
- · Autin and HHH fought to a no con-

test as Austin dropped the car HHH was in from a crane from 20ft in the air

PPV Notes...

In case you were wondering, Molly Holly was formerly Mona and Miss Madness in the WCW.

K Kwik has been demonstrating some very impressive wrestling ability. He's definitely

showing up the Road Dogg(but that's not too hard to do these

Angle crawling under the ring was one of the best things I've seen in a long time. The decoy Angle was none other than Kurt's real-life brother Eric, who is an amateur it due to the fact that they are only body builder.

I guess it just wouldn't have been an exciting PPV without Austin driving some sort of machinery. Please note the "exciting" comment was dripping with sarcasm. Enough of Austin driving stuff, enough of Austin hobbling to the ring, and quite frankly, enough of Austin. He's done his bit, now it's time to retire.

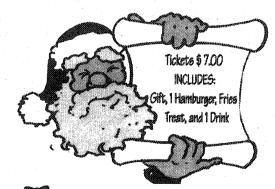
Since HHH was crushed by a car at the PPV, you can look for him to take some time off to heal his many injuries.

- Davey Boy Smith has pleaded Not Guilty to the charges of threatening to kill his estranged wife Diana
- · Jesse "The Body" Ventura has signed up as the announcer for the XFL
- Vampiro has quit wrestling to pursue his musical career with the ICP. No, this is not a joke. Seriously. I hope this goes better then when he was telling everybody that he was part of the Misfits. Vampiro is such a ioke
- · Canada now gets Smackdown but it may not last. The sports channel "The Score" has picked up the show but the CRTC may not let them air licenced to air sports programming which the WWF is not classified as • Juventud, in response to his recent "incident" has released an apology on his web-site.

In closing, I would like to add that WCW is lost, lost, lost. In addition to the storyline and booking problems, the company just has no clue. Why on earth would you have Stevie Ray doing color commentary instead of Bobby Heenan? Man, I tell you, that company is in serious trouble.

NAIT Children's Christmas Party

Saturday, December 2, 2000 12 Noon - 4 PM



SOUTH LOBBY: Santa Claus & Mrs.Claus,

GIRt Booth

NATRIUM: Crafts

NORTH LOBBY: Gamee and Train Ridge POOL: 12:00 - 4:00 pm

ARENA: 100 - 3:15 pm

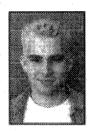
Presented by:

NAIT, AUPE, NASA, NAITSA, Campus Sport & Wellness For information call Campus Sport & Wellness 471-7713

FEATURE



Clarifying the Situation...



CURTIS Comeau

thas come to my attention, that there has been some concern, particularly from students in the Business Tower, regarding my weekly restaurant column. It appears that several students feel that I am featuring restaurants that are too expensive.

What I need those of you who are reading this to understand, is that dining out is not the same as eating out. You see, eating out is more casual and usually takes place in a chain restaurant such as Earl's, Kelsey's, and Moxie's. These restaurants often have a high staff turnover which, means they are often staffed by inexperienced cooks and servers, leading to a high probability that your food is at best - av-

erage quality. Not to mention that there is such a high volume of customers who go through every evening that the attention to detail suffers. Also, eating at one of these establishments is, at most, a twohour event.

Dining out, on the other hand, takes place at a unique restaurant such as Cafe Select, Iron Bridge, or

What I need those of you who are reading this to understand, is that dining out is not the same as eating out.

Dalton's. They often specialize in a definite type of cuisine and usually offer an unforgettable experience in both service and food quality. They are usually private restaurants, so attention to detail is a must. There is no rushing at one of these places, dining out from start to finish can

often take 3 to 4 hours,

When I started writing Comeau's Cuisine, I thought about the possibility of featuring everyday restaurants like Earl's, but then I thought to myself, "Who wants to read a feature on a restaurant they have already visited?"

So, I decided to feature restaurants that are reserved for dining out or special occasions. Let's say you want to impress a boyfriend or girlfriend, then these are the places to go. If you are more like me and see dining out as a hobby, then you could definitely benefit from the column. I also thought of this: Let's say you graduate and need to make a suggestion on where to have a business lunch or dinner. Well, now you will be able to make an educated decision because you will be somewhat cultured on Edmonton's dining scene. If you want to talk to me further regarding this issue, feel free to stop by the Nugget office in Room E-128, or write a letter to the Nugget, or stop me in the hallways. I'm always willing to listen.

FOR THE PROJECT FACTORY AND MCNALLY LIBRARY

SATURDAY, DECEMBER 9, 2000 10:00 AM - 10:00 PM

SUNDAY, DECEMBER 10, 2000 10:00 AM - 10:00 PM

SATURDAY, DECEMBER 16, 200010:00 AM - 10:00 PM

SUNDAY, DECEMBER 17, 2000 10:00 AM - 10:00 PM

TOPLESS ASSASSINS?



SHANE Turgeon

hat is with all the "Top less Assassins Are Coming" posters all over the school? Can anyone tell me just who or what these "Topless Assassins" are?

From what I've been able to gather from highly reputable sources, the "Topless Assassins" are an ancient society that has its origins in Medieval England. They have endured the ages and have now migrated to this very campus.

What do these mysterious individuals have in store for us at NAIT? Well, only time will tell, and I have a feeling that when they reveal themselves, nothing will ever be the same again. I don't know about you, but my curiosity has been peaked, and I don't think that the world is ready for what's in store...





FEATURE



Investigating: Which head do guys use?



TRAVIS Bannert

was talking to a good friend of mine a couple of days ago (we'll call her Sheryl) about how some guys had bought her drinks the night before. I then asked her what she was wearing that night. She said, "A pink t-

shirt and blue jeans." With some more probing I finally found out that her clothes were a tad on the tight side.

The conversation then became a debate, about whether guys will buy a girl a drink depending on what she is wearing. She didn't agree, and the discussion ensued. I told her that if she had worn a more revealing outfit, guys would in fact buy her more drinks.

Sheryl disagreed again, so I asked her to help test my theory - it took some convincing as she is not the type of girl who goes to a bar

looking for guys to buy her liquor. When I told her it was strictly for scientific purposes, however, she was all for it. We agreed to meet at the bar to test my theory.

The first night was at Cowboys, where she wore the same tight pink t-shirt and blue jeans. On the first trial day, she was bought two drinks.

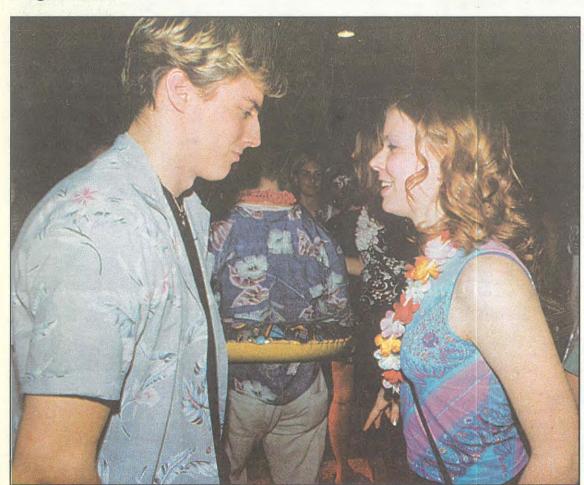
The next night, on the Saturday, we ended up at Nashville's for a birthday party. Sheryl was wearing a slightly hotter outfit and was bought four drinks and had many men waning after her. I also bought

her a drink, but that doesn't count, I'm not part of the experiment (it was because of the outfit though).

So far, my theory was panning out. Unfortunately, my experiment was brought to a screeching halt as an unexpected variable was introduced -Sheryl started going out with someone the following week. When her new man found out about the project, he was not supportive

A pink t- the type of girl who goes to a bar men waning after

Just good friends.



Can I buy them a drink?

of the well though out experiment. To say the least, and I lost my test subject.

Don't distress though. I improvised for the sake of the project by telling four other lady friends of my situation and inviting them to participate in the experiment. They thought it would be fun, so we decided to meet the next weekend at Rum Jungle.

Two of my four lady friends were dressed fairly conservatively, and the others were dressed in very provocative garments. By the end of the night, the girls that were more revealing had more than double the amount of drinks.

So, my theory ended up being right. When one of the girls dressed sexier, they had men trying to get them liquored up or loosened up however you want to look at it.

There are many other ways to approach this conclusion. It could be that girls are approached more when wearing revealing clothes, and the drink is just an icebreaker. So, despite my findings and no matter what people say about this article, there are no real beneficial results. But whoever reads this can no longer say that men don't use their bigger head

Total Speaks Out



SALLY Poulsen

Raise your hand if you miss Kenny Total. Even a little.

Well, he misses you too. In a phone call from his home in the downtown core, Total speaks in an excited voice.

"No, I don't think that I'm going to be toning anything down. To me, a good editorialist is an honest one. Controversy only happens where there's truth."

He is, of course, speaking of his own recent three-week suspension from the NAIT Nugget, following a complaint from Edmonton Strathcona MP for the Canadian Alliance Rahim Jaffer's office. The complaint centered around Total's November 7 column, "Be Careful Who You Vote For," which chides Alliance leader Stockwell Day's stance on abortion.

"Does anyone else notice the irony? I've been suspended because of an editorial I wrote, warning people how easily their freedoms can be taken away."

"Personally, I think it's a result of the election. Youth voters are very important to the candidates, so something like a jab from a college paper can really make them nervous. Who knows how many people that may have alienated?"

"I believe in what I wrote. I

don't think that there was anything wrong with it. I'm a firm believer that all of the people who are prolife should have to put their names on a list, so that when some fourteen-year-old crack head squeezes out a baby she can't take care of, the government has a place to put it, instead of letting it bounce around the foster care system. "Hi, Mr. Jones? Yeah, I'm calling from youth services. Our files say that you don't believe that women should have the right to control their bodies, is that right? Okay, great. We'll be over in an hour with your new son."

"Anti-abortionists miss the point. Just because I'm pro-choice doesn't mean I'm like, 'I'm gonna go out and kill me some fetuses.' I just think that women, who are the ones who are going to be squeezing the kid out of their loins, ought to



Kenny Total in a stock photo from 1998.

be able to pick what suits them."

Needless to say, Total is eagerly anticipating his return to the pages of the Nugget.

"They think I was inappropriate before," he says, laughing. "Just wait." Mr. Jaffer's office was unavailable for comment at press time.



Moving On Up

The Mister and Miss Nugget Project is a Go



JAMES

he climax came this last Monday at noon when Nugget Editor-in-Chief Curtis Comeau pointed to the sky and said, "Make rocket go now."

Soon, the Mister and Miss Nugget will be found in the pages of this the illustrious ranks of the Sun and

other newspapers that print pictures of pretty boys and girls just for the hell of it.

The list has been finalized, and the candidates are ready to go. It's been a struggle these last few weeks. Trying to get a landmark project like this off the ground isn't easy. As many trials and tribulations as there were, I've got to say it'll be worth it. Thanks to Travis, the Sports Editor, for doing all of the work.

Mister and Miss Nugget will paper, and the Nugget itself will join appear in next week's issue, don't miss it.

Originality, The Death of



IAMES Olson

bout once a month I get asked the question, "How do you come up with new ideas for the Nugget every week?" And the truth is, I don't. Most of it is recycled garbage that a critical eye would dismiss as having about the same value as a bucket full of biological waste.

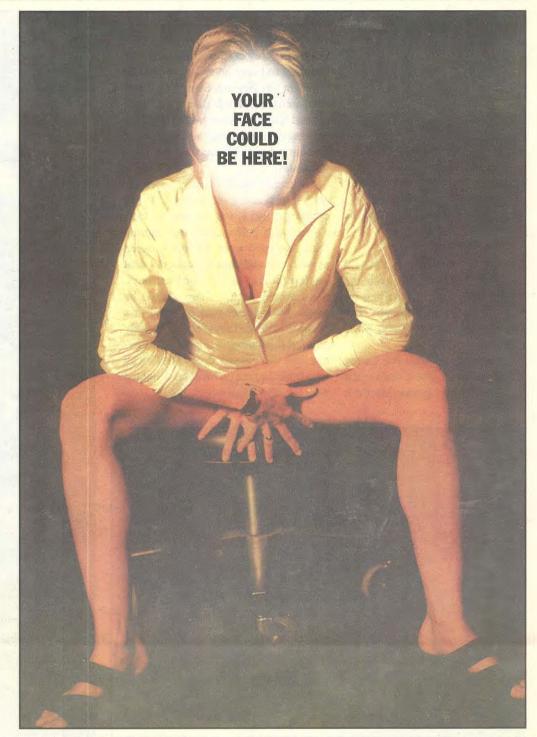
In today's pop cultural climate, originality doesn't get the same respect that it used to. Quite the contrary. The basic axiom of entertainment as an "industry" (which the bulk amounts of material that is relatively consistent in quality. The consistency of quality, whether good or bad, is what attracts an audience. To maintain that audience, it's necessary to communicate in a way that is easily digestible. It has to "ring true" to the point that it is basically a replication of an idea that has been planted beforehand and developed in the subconscious without someone knowing it. In creative writing classes, they sometimes refer to this I'm going to crack a beer and watch as "identifying with your audience."

Take movies for example. Canada's film industry is not recognized as much for being "good" as it is for being really, really fucked up. Some of the movies that come out of this country are so incredibly abstract and seemingly pointless that it boggles the mind to think some people actually make money off of it. Hollywood in comparison is full of filth, corruption, sex and really, really great movies. Besides the obvious financial reasons for a higher degree of production, it's the cookiecutter, "thank God I don't have to figure out a new plot line" mentality that gives Tinsel Town cinema it's greatness. Why do you think guys like Stephen King and John Grisham keep getting movie deals? Because they're original?

The reality is, nothing is origi-Nugget is a part of) is to produce nal anymore anyway so why bother? And if you try to be original, some artsy-fartsy intellectual is going to compare your work to an obscure French director that only produced one film in 1938.

> And if originality is dead, why not rewrite Titanic to include a young Canadian lumberjack and his struggle to stop the Nazi lesbians, sell it to the CBC and make a pile of

> Writing this has tired me out. Seinfeld re-runs.





Now you can get all your messages in one place. E-mail. Voice Mail. Even faxes. With Onebox from TELUS you can handle them all from a single location on your computer. You don't even have to change your current e-mail address. And the best part is, it's free. Visit Alberta.com/Onebox to sign up today. Alberta.com/Onebox

WITH TELUS YOU CAN.







MOVIE review



KELSEY Farnalls

The Grinch

s a child, I would anxiously await the big night when we could watch "The Grinch who Stole Christmas" on TV.

I recently watched Jim Carrey act out the role of the Grinch in the Universal Pictures production of this

wonderful story of Christmas, and I was surprised and very impressed at what an excellent job they did. Every detail was taken into consideration, and the characters and special effects were perfect. Even the songs were the same, the Grinch's dog was just as imagined, and there was even roast beast.

I laughed as Jim Carrey added his own special seasoning to the Grinch's demeanor, and I was touched by little Cindy Lou's performance. An unusual thing happened when the movie ended as well - the audience applauded. I dare say few films elicit applause these days.

I would say Dr. Seuss should be proud. What an accurate portrayal of a classic Christmas fairytale! I thoroughly enjoyed it from beginning to end. Anyone who was ever a fan of "The Grinch who Stole Christmas" will be delighted with this marvelous remake.







NAIT DISCOUNT CARD

The Bearer is Entitled to a

Discount on all regular priced merchandise, including Levi's, Sorel, Carhartt, and Helly Hansen.



Kingsway Garden Mall location only. (Next to Bank of M.) Ph: 479-2478 Expires August 31, 2001. NAIT ID required.

Does your child need prescription drugs?



The Alberta Child Health Benefit now provides free prescription drug coverage for children of post-secondary students.

To get an application call 427-6848 in Edmonton

For toll-free access, dial 310-0000 and then 780-427-6848.

Coverage is provided to children in families where family net income was less than \$21,214* on last year's tax return. (*higher for families with more than one child)

The Alberta Child Health Benefit







MOVIE review



TRAVIS Bannert

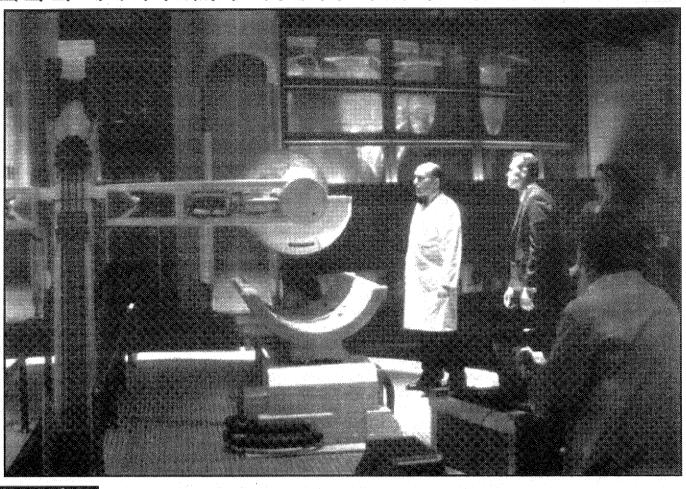
The 6th Day:

Is Schwarzenegger Losing his Edge?

ike most of you, I grew up with good, old-fashioned action movies. You know the kind I'm talking about, where the body count is high and the star utters a cheesy line every time he offs one of the baddies.

Unfortunately, those movies are not the Hollywood norm they used to be. Last week, I saw "The

6th day," a futuristic chase movie starring A r n o l d S c h w a r z enegger as Adam Gibson, the immortal R o b e r t Duvall, and





Michael Rooker.

I'll give you a rundown of the plot. It takes place in the near future with hybrid helicopters, robot dolls, laser guns, and cloning. Arnold plays a charter helicopter pilot who is accidentally cloned and has to get back his family. The only problem is that there is a giant corporation out to get him.

I'm afraid to say that this movie was a little disappointing. Arnold is slowing down, "The 6th Day" has nothing on movies like Commando or Red Heat.

Don't get me wrong, it's a solid action/sci-fi movie. The effects are good, and there are a lot of goons chasing Arnold throughout the movie. There is also a pretty clever twist at the end, but big fans of a traditional Arnold flick will feel ripped off as this movie has more of a Bruce Willis feel.

Don't fret though. I've heard that Arnold is planning to do another Terminator movie, and even bigger news is the rumour of another (gasp) Conan movie. If you're going to see "The 6th Day," however, I'd wait until it's in the dollar theatre.

THEATRE review

Let the Spirit Move You



KELSEY Farnalls

n the spirit of the holiday season, The Citadel Theatre presents "A Christmas Carol," a magical experience adapted by and starring Tom Wood as Scrooge and based on the story by Charles Dickens. Rich with the celebration of Christmas, this new holiday tradition is directed by Bob Baker in the Maclab Theatre November 25 to December 24, 2000.

This universal story of selfishness and redemption brings together a parade of colorful characters, complete with students from the Eldon and Anne Foote Theatre School at the Citadel plus Choristers from Alberta College Schola Cantorum.

Dickens' enduring tale celebrates the spirit of Christmas as no other story can. Journey into the night with Ebenezer Scrooge, a miserly old man, whose life is changed on Christmas Eve when he is visited by three ghosts who awaken his heart and restore his human spirit. "God bless us, everyone."

On adapting "A Christmas Carol," Tom Wood remarks, "I've always loved the story and the 1951 Alistar Sims film. I was incredibly moved upon reading the story again. It surprised me how much I was affected by the tale. It was, in fact, the idea of change in "older" age that gripped me. Once we are set in our ways, what does it take to change? To be reborn? Personal rebirth during the season of spiritual rebirth — what a simple and profound message."

Make a point of seeing it this Christmas season.

HORRORSGOPES



DARIA Morgan

Capricom

(December 22-January 20)

Once you're that far behind, there really is no way to get caught up. You may as well do something fun instead (you can tell them I told you it was okay, they like me).

Aquarius

(January 21-February 18)

You will come across a matchbook that will change your entire life this week. Inside the cover it will say, "You, too, can be a criminal mastermind!"

Pisces

(February 19-March 20)

This week you will put your foot down, regarding your turn at dinner preparation versus dining out. In other words, "If you ain't broke, don't fix it."

Aries

(March 21-April 19)

You will discover a small flaw in your character this week. Meditation and caffeine-free tea might clear it up. If not, however, don't fret. A few gallons of cheap wine, a video camera,

and a Nugget editor will make you feel right again.

Taurus

(April 20-May 20)

This week is an especially bad week to try something new involving explosives. Try to keep a low profile.

Gemini

(May 21-June 20)

Your plans for a do-it-yourself medieval catapult will arrive today! Soon, your neighbours will become extremely nervous - until you explain that you're building it for long-distance purposes (like that ex-significant other's place).

Cancer

(June 21-July 22)

Everyone's talking about Nostradamus this week, but nobody ever remembers his first name, except you. People may think it's pretentious of you to talk about "Billy Bob Nostradamus," but who cares? They'll all die when the comet hits, anyway.

Leo

(July 23-August 22)

This week will be the best week of your life, if you can just remember...

er... what was it, again? If you can just remember something really important. Otherwise, it will actually be the crappiest week of your life.

Virgo

(August 23-September 22)

You still have way too much to doas usual. If you were any more behind, you would be able to kick yourself. Ever tried using the word "no?" Sheesh.

Libra

(September 23-October 22)

Debating changing career paths?
This week would be an excellent week to get involved in the Fiber Arts. Why not see what you can do with Metamucil?

Scorpio

(October 23-November 21)

You must seize the opportunity that presents itself this week, no matter what the consequences may be. Remember: Opportunity knocks but once and absolutely refuses to ring the doorbell.

Sagittarius

(November 22-December 21)
You will soon learn to fear and loathe the word "diaper." Don't know why.

If Today Is Your Birthday:

Someone will give you a card today. It'll be nice.





JOKE OF THE WEEK



DARIA Morgan

ot long ago, there was an opening with the CIA for an assassin. These highly classified positions are hard to fill, and there is a lot of testing and background checks involved. After sending some applicants through the background checks and testing, the possible choices were narrowed down to two men and one woman, but only one position was available for an assassin.

The day came for the final test to see which person would get the job. The men administering the test the first man to a large metal door and handed him a gun. "We must know that you will follow your instructions no matter what the circumstance," they explained, "Inside this room, you will find your wife sitting in a chair. Take this gun and kill her." The man got a shocked look on his face and said, "You can't be serious! I could never shoot my own wife!" "Well," said the CIA men, "You're definitely not the right person for this job."

So they bring the second man to the same door and hand him the gun. They give him the same instructions as the first man. The second man looked a bit shocked, but nevertheless took the gun and went into the room. All was quiet for about five minutes. Then, the door opened. The man came out of the room with tears in his eyes, "I tried to shoot her, but I just couldn't pull the trigger. I guess I'm not the right man for the job." "No," the CIA men replied, "You don't have what it takes. Take your wife and go home."

Now they're down to the woman to test. They lead her to the same door and give her the exact same instructions as were given to the first two men. The woman then took the gun and opened the door. Before the door even closed all the way, the CIA men heard the gun start firing one shot after another for thirteen shots. Then, all hell broke loose in the room. They heard screaming, crashing, and banging on the walls. This went on for several minutes, then all went quiet, and the woman emerges from the room. She wiped the sweat from her brow and said, "You guys didn't tell me the gun was loaded with blanks! I had to beat him to death with the chair!"

CD review



JOHN Zazula

Lenny Kravitz

Greatest Hits (Virgin Records)

hy do the record companies insist on releasing greatest hits records all the time? I'm getting sick of it, and for people who don't like the guy that much, to get a taste of the guy and for real fans, they put a new track on it so you will buy it.

I mean, there isn't anything new to talk about, all of these songs have been played to death on the radio, so I don't really see the point of putting down hard-earned money for them

Although Lenny isn't all that bad a musician, I don't want to hear his version of "American Woman" anymore. "Fly Away" is another example of how the record companies will cram something down your throat enough that you actually swallow. When will they learn that people aren't as stupid as they think we are?

The whole nature of a Greatest



Hits record should be seriously examined. There is basically no real reason to buy this CD, because I can sing along with 8 of the 15 songs on it, and I have never bought a Lenny Kravitz album.

I don't want to knock people who like the guy because he is a decent musician, but there should be more to the disc. He has only five albums of material to choose from to begin with, and four of the songs were on his last release.

So, what's new that I can talk about? Oh, yeah, the new song "Again." The new song, the one they put on the CD to give it something to sell to his established fans, isn't really that good. The first thing I thought of was a John Lennon song; it sounds quite a bit like the style of song he put out in the post Beatles era.

I guess that the marketing crew at Virgin told Lenny they were releasing a Greatest Hits CD, but it needed a new song on it, and he needed to have it ready in two days. Anyway, it's not worth buying a whole CD of tired old hits for, and that's the way I see it.

CD review



CHANTAL style. Eder

Selections from Rent Original Broadway Cast Dreamworks

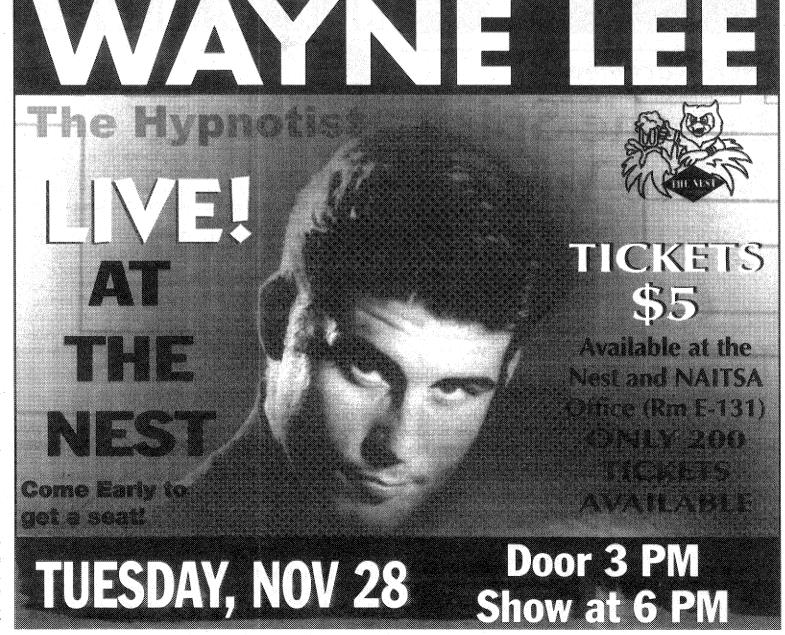
"RENT," a remarkable musical written and produced by Jonathan Larson, is a story about the life and times of starving artists in New York. A new-age musical unlike any other, the soundtrack is just as amazing.

Selections from Rent give a good taste as to what you are going to expect on the 2-disc full Broadway cast recording. It introduces you to each main character and is a good combination of some of the most memorable moments in the show. Featured on this soundtrack is the ever-popular song, "Seasons Of Love," guest starring the amazingly talented Mr. Stevie Wonder. It represents one of the main themes of the show - measure your love in everything that you do. This particular song, if you have seen the show, leads right into Tom Collins. One of the main characters in the show, solos "I'll Cover You," a reprise describing his love for his lost partner to the world of AIDS (both the original and the reprise are found on the Selections CD).

To get a more upbeat taste of the musical, there is the title song "Rent" and Mimi's outstanding solo of "Out Tonight" - definitely a song to wake anyone's ears up as it is a very upbeat tune with a rock n' roll style.

Other characters you are introduced to on the selections track are Moreen (a definite stage diva) and Mark's old flame (the videographer searching for work) and her new flame who sing "Take Me Or Leave Me" - a song anyone can relate to. Within this song, anyone in a relationship can empathize with lines such as "Take me for what I am, who I was meant to be." Sounds sappy, but upbeat and hilarious as they battle with each other as to who is better. And then there is Roger (the out of work singer and song writer), who is a tad on the quiet side. Battling with AIDS and finding it very hard, his solo, "One Song," is the song he sings before he dies of AIDS.

This soundtrack is definitely one of the best musical soundtracks that you will come across, and if you are a musical theater lover like I am, this CD is a definite must for your collection. I do advise those of you that love theater to purchase the double CD with all tracks, because though the selections CD is good, if you want a taste, there are many more songs on the full soundtrack that you will quite enjoy. And if any of you get a chance, go see the show, coming to Edmonton in November!!!







CD review



CHANTAL Eder

Blink-182

The Mark, Tom and Travis Show (The Enema Strikes Back) MCA Records

Blink's new release, The Mark, Tom, and Travis Show, is a compilation of songs from their albums Cheshire Cat, Dude Ranch, and Enema of the state. What makes the album different, however, is it is a live concert recording, which means it doesn't just have live versions of the songs, you get the added pleasure of listening to Mark, Tom and Travis ad-lib throughout a variety of their concerts.

In Mark's interview with Rolling Stone magazine prior to the release, he commented, "There'll probably be twenty minutes of music and forty minutes of us talking," which isn't far from the truth. The album contains twenty songs, including their new single, "Man



Overboard," which is quite good and I can see hitting radio stations pretty soon. It has a new feel to it, nothing like "What's My Age Again" and "All The Small Things," which are also included on the CD.

After the last song there is, aside from the tidbits between the songs, an extra 28 tracks of extra Blink humor. This includes comments such as, "If I were a girl, every time I went to the gynecologist, I'd fake an orgasm," and "That is the ugliest butt I have ever seen. Let's hear for not wiping. This guy's like f*cking wiping, dude, it brings down the rain forest!"

Overall, if you like raw humor about sex, drugs, relationships, farting, excrement, and well, just about everything from Tom Cruise to jokes about your mom, this CD is for you. The music is classic Blink, which is punk music for the pure adrenaline rush. It's a fun CD if you're not easily offended, and it's only out for a limited time, so grab it while you can!!

CD review

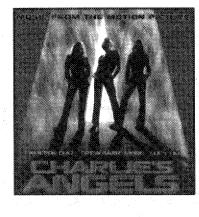


JOHN Zazula

Charlie's Angels Soundtrack

Various Artists (Sony)

ou've seen the movie and want to pick up the soundtrack so you can go home and re-create the action. For a soundtrack, Charlie's Angels has quite an array of music on it. It covers everything from the newest Destiny's Child song to some classic disco tracks. I thought that this CD would just have the cool song that they play at the and of the movie and fill the rest with whatever they could get the rights to so that a record could be released. Not in this case, however, as it appears some real thought was put into what appears



on the soundtrack.

Being a hardcore disco fan, I was delighted when I saw Tavares in the lineup. If you've never heard of them before, they hit it big in '77 when they appeared on the Saturday Night Fever soundtrack, which went on to sell 30 million plus copies. Their Heaven Must Be Missing An Angel could not be more fitting because, well, the title speaks for itself. The song is a really good dancing song, too. The disco tracks don't stop there either, because Leo Sayer and Marvin Gaye are also on this collection.

For the rocker in you, Charlie's Angels fills the gap there as well. Aerosmith recorded a new song specifically for this soundtrack, and it's not one of their love songs; it's more like the pre-sobriety days of the

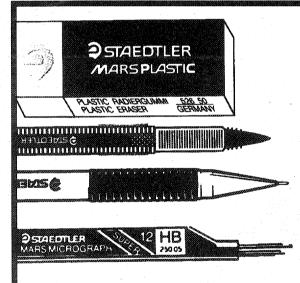
band. You remember what they were like, don't you? Songs you can bang your head to while cruising in your Trans AM. In addition to the Aerosmith song, Heart's Barracuda and The Vapors' Turning Japanese

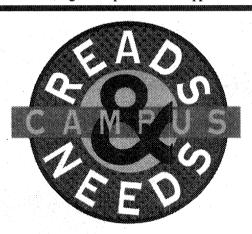
Overall, this is one the best soundtracks I've seen come out in a long time. Basically, it is something for everybody, and I'm glad that I got the chance to review this one.

are on the CD.

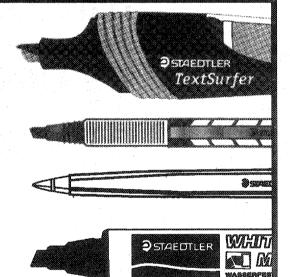
If you just want to dance, this CD will get you out on the floor. A song off Fatboy Slim's new album is also on the soundtrack. Not like the Praise You style, but more like the Better Living Through Chemistry, (Old) Fatboy Slim. Also put on the CD is Sir Mix-A-Lot and Deee-Lite doing their biggest hits.

Overall, this is one the best soundtracks I've seen come out in a long time. Basically, it is something for everybody, and I'm glad that I got the chance to review this one.





Presents



2STAEDTLER®

WEEK-NOV. 23-30

Save 20%

OFF ALL STAEDTLER PRODUCTS

MAIN BOOKSTORE

THURSDAY NOV. 23 TO THURSDAY NOV. 30

RECEIVE AN ADDITIONAL \$1.00

OFF THE PURCHASE PRICE OF \$5.00 OR MORE ON ANY STAEDTLER ERASER, HIGHLIGHTER, BALL POINT PENS, GEL PENS, FIBER TIP PENS, FINELINE LEADHOLDERS, AND FINELINE LEADS

COUPON EXPIRES NOV 30, 2000

ENGINEERING ANNEX

MONDAY NOV. 27 TO WEDNESDAY NOV. 29 10 AM - 3 PM After graduation there's only one thing you want to do:

get as far
away from
this place
as possible.

Perfect.



2000 CHRYSLER NEON

THE \$750 GRAD REBATE Graduating? Then you're eligible for a \$750 Grad Rebate that can be used in combination with any other offer when you purchase any new Chrysler, Dodge or Jeep vehicle. Including the completely redesigned 2000 Chrysler Neon. So you can put school where it belongs: in the rear view mirror.





Only at your neighbourhood Chrysler, Dodge, Jeep® Retailer.







The Grapevine by "Girl who sits behind you" will not be printed because she forgot to submit her FULL NAME and STUDENT ID#. The grapevine by "Still Pissed" will not be printed because he forgot to submit his FULL NAME, and also, we do not permit gay bashing. Boo hoo!

To BA,

I no longer have the two submissions from weeks past, but thanks for giving me the information I need, and if you resubmit them, I will type them. Oh, in regard to your letter, all the submissions you see below have submitted to me their REAL FULL NAMES and STUDENT ID#s. If you'd like more detail as to why we require this before we print any Grapevine, feel free to stop by our office on a Monday and talk to me.

Exhale 2001 Calendar is now for sale, featuring NAIT, Grant Mac, and U of A students. Purchase your calendar now at the Nest or NAITSA office for only \$10. Proceeds go to the Canadian Cancer Society.

Your loving typesetter

A big, big thanks to whoever it was who turned in my lost ID and other items. I really appreciated what you have done for me. You must have a pretty good idea about how it feels to lose those particular items. I also want to express my gratitude by thanking you for not taking my buss pass. . . Thanks, Adam

Dear fan bus goers,

On behalf of all the boys on the Men's Hockey Team, thanks to all for your support (you too, gong show). You made the atmosphere in that usually dead arena a rockin' one. Maybe next time we can give you guys something more to cheer about than getting shut out. Just one question for everyone

who attended: why can't you guys be like that when we are at home? Anyways, thanks again, and I hope to see you for the next bus trip next semester. You guys are always appreciated more than you know.

Students of NAIT,

First of all, know your role and shut your mouth! Dr. PPG was right about the rumours - until Yokozuna died. These rumours were showed to me by him on the internet. If you'd like to see this, go to http://ignwrestling.com and see it for yourself. Peace! Tha Ruff Ryder Lady

Start game,

Dr. PPG wrote the bit about Yokozuna 2 weeks before he passed away. If the Nugget had not skipped an issue, you would have read it long before. Anyway, isn't Vince McMahon the man? Who would have predicted that HHH would go from almost turning face to becoming the biggest heel again? For those that dis professional wrestling, screw you. Maybe Shane can give some details on Mick Foely to help you understand that wrestlers do get hurt. Wrestling is only pre-determined, not fake.

Until the next time, Dr. PPG

Shane T.,

You write a great column, but could you try to be a little more up-to-date and not a week behind please?! Dr. PPG

To CLM in 2nd year Office Admin, Happy early Birthday!!! Hope you enjoy the concert. I'll take good care of the boys!

Love, Your crazy carpool friend

To Marc C.,

The review you did on the Source 2000 Awards Album was all right except for the fact you didn't mention rappers Xzibit, Ghostface Killah, or Mos Def. You only mentioned the SO-CALLED "well-known" rappers. Also, on your comment on how rappers all rap about the same things, you should try listening to Common, Pharoah, Monche, etc., but if you were a TRUE RAP FAN, you'd know all about them. Peace. Ruff Ryder Lady

Schmyle,

I just wanted to let you know how much you mean to me. I've known you for 17 years, and I've been in love with you for nearly 6. You are my best friend and love, and I couldn't possibly ask for anything more. I love you with all my heart and soul. Love, Huck

To Melon on my lap,

I'm very sorry for spilling your fruit cup. I feel really bad for making your upper thigh sticky.

From, The other hot guy in an orange

Dragon (aka Conan),

Thanks for putting your Nugget in my Nest. You disproved my theory about PFTs, but you're still a giant prick (in every way). I'm not thinking anything long-term or serious here (us? serious about anything?), but how about a regular stint being each other's alibis? We could hang out, compare grenade sizes, and get each other's tops off... or are you yella? My secretary looks forward to hearing from you, what with these crazy schedules and all. PS: I'm gonna kick your butt next time.

Foxglove

To the nosepicker in Section 29 in Business Admin,

Would you, could you, PLEASE save your nosepicking hobby for hometime?! Your entire class is completely disgusted! We have all endured almost a whole semester. I don't think any of us could bear to go through another semester of you picking your nose and eating it throughout all of our classes all day long unless you want us to say something to you in the middle of class, completely humiliate you. I recommend that you heed this warning - STOP PICKING YOUR NOSE IN CLASS!

To the hottie in the Superman hat who was in the Nest on Monday, November 20, between 12 p.m. and 1 p.m., I am the brunette in the little blue tshirt who was staring at you from across the room. If you didn't notice me, I was with the group of girls sitting in the smoking section - you know, the ones who were waving at you as you strolled away? Wanna meet? RSVP in next week's Grapevines.

Hoping to be your Lois Lane

To the 1st Instrumentation hunk in the J-Wing basement,

You are so sexy. When I hear you "hoot," I get so wet. I'd love to get my hands on your freshly basked French buns. Every time I walk by the gym and see you, I fantasize about taking you in the shower room. Bridgette

To Tasha P.,

Number two, where were you? You made a date, and then you flew. I waited around like you said - you never showed, I went to bed. You broke my heart, but I did not die. I'd love to meet to just say hi. Some guy at the Nest

Dear Kenny Total, Hope to see you back soon. Your loving followers

BAS Cabaret at Rum Jungle. Tickets are \$5 and include a drink. Can be purchased in Rm T114A.

Classifieds

FOR SALE TO A GOOD **HOME:** 9-month-old male albino ferret DESPERATELY needs a home. Is neutered, descented, and litter trained. Comes with supplies. Asking \$200 or best offer. Call 432-5173 after 5 p.m. if interested.

Due West Student Painting currently requires managers for summer 2001. Managers receive quality training and support. Above average earnings of \$8,000 to \$20,000 and invaluable management experience. Call 1-800-585-8666 TODAY.

RUGBY ANYONE?

Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.

INSURANCE HIGH?

Are you 18 years old +? Take driver training? Have a clear driving record?

GIVE US A CALL!!

North Side: West End:

Val

Great Western Canadian

Susan

453-9090 486-3215

Mustard Seed Food Drive

Nov 27 - Dec 1 Sponsored by BAIST

Watch for posters and collection boxes around campus and help feed teh families of Edmonton's inner city by dropping off non-perishable food items.

Each food donation you drop off will make you eligible for a chance to win one of many prizes. To enter attach your name and phone number to each donation you drop off. The draw will be held December 4.

PRIZES:

- 1 mini home stereo system
- 1 Beach umbrella & 1 thermal lunch bag
- 2 CD gift packs
- 1 fragrance gift pack
- 1 electronic organizer 1 brass pen & keychain gift set
- 1 \$25 gift certificate
- Canadian Tire Zellers Pepsi Co. Music World Shoppers Drug Mart

Grand & Toy Reads & Needs

SPONSORS:

The Mustard Seed appreciates your support!

December 29 - January 2nd

KELOWNA - BIG WHITE For more info or to make a payment come to

the NAITSA office (Rm E131) or phone

MIKE ANDERSON @ 471-7603 or ROB ELLIS @ 471-8795

Presented By:



\$100 non-refundable deposit due immediately to reserve your spot.

EXTRA BUS

FINAL PAYMENT DUE **IMMEDIATELY**

+\$50 damage deposit TOTAL OF \$405

4 **nights accommod**ation Coach transportation Lift fickets + T-shirt Complimentary beverages

FEATURE



Comeau's Cuisine



CURTIS Comeau

TURTLE CREEK CAFE

8404 - 109 STREET PHONE: 433-4202

city that rarely lets us see any greenery this time of year makes Turtle Creek Cafe a warm, inviting oasis in which diners can enjoy a sizable menu that offers something for everybody - both price and palate wise. Stone flooring and large open windows framed by refreshing trees make this cozy restaurant reminiscent of a southern Californian cafe.

The menu is based on innovative Californian fare, which ensures that there is a unique culinary twist to almost every dish. This is due to executive chefs' willingness to experiment with new and exciting ingredients. "Chef Chee Chu is definitely an asset to us," says manager Pete Williams, "He brings a wealth



of worldly knowledge to his cooking techniques and has never been afraid to experiment with different combinations." Although Turtle Creek is planning to re-vamp the menu next month, Williams says that only about 10 percent of the menu will actually change. "We won't change all that much, simply because our customers like what we have to offer." New items to look for are a fresh duck pizza and bison sausage!

The entire staff of Turtle Creek prides themselves in being able to accommodate any craving. At one glance, you will see that diversity is a main characteristic of their menu. Start off your evening with a classic appetizer, either a green onion cake or spring rolls in a blueberry

dipping sauce. Once your appetizer is finished, it's time to choose an entrée. This may be easier said then done, however, because choosing



only one item from a list of several pizzas, pastas, salads, burgers, pitas, and special dishes is extremely difficult.

Without a doubt, must tries here include *Steamed Mussels* in a black bean sauce (4.95), *Extreme Tossed Salad* several chopped greens with warm blackened chicken dressed in a dijon mustard and balsamic vinaigrette (8.25), and *Filo Chicken*, light chicken with three cheeses in a filo pastry (14.25).

Should you decide to visit Turtle Creek, make sure to give yourself some extra time, because seating is on first come, first serve basis. Although I am not in favor of a no-reservation policy, I have to say that dining at Turtle Creek is well worth any wait. A complete meal for two including dessert and wine will run you around \$40 – \$50 before tip! Make sure to check out their website at www.turtlecreekcafe.com for additional contests, coupons, and specials.

Mission Complete



CURTIS Comeau

he Martial Arts Mission 2000 hosted Edmonton's first annual charity tournament this past Saturday. From a spectator's standpoint, I felt that the tournament was a complete success. The event did run a bit over schedule, but considering that this was the Mission's first-ever tournament, I felt that it ran rather smoothly. With six rings constantly running, it was certain that spectators were provided with continuous entertainment.

Although the little kids' sparring was fun to watch, the black belt sparring competition was definitely the highlight of the show. It was truly amazing to see how fast these guys and girls really are! I have seen my share of martial arts movies, but really, seeing it live, well, there is nothing like it — man, those guys were fast! Hats off to Mr. Vern Gorman, because this was, by far, the best non-profit event I have ever attended. I could keep on going on, but I think that the pictures speak for themselves.

