

"GOING DOWN" FOR SHINERAMA SINCE 1963.

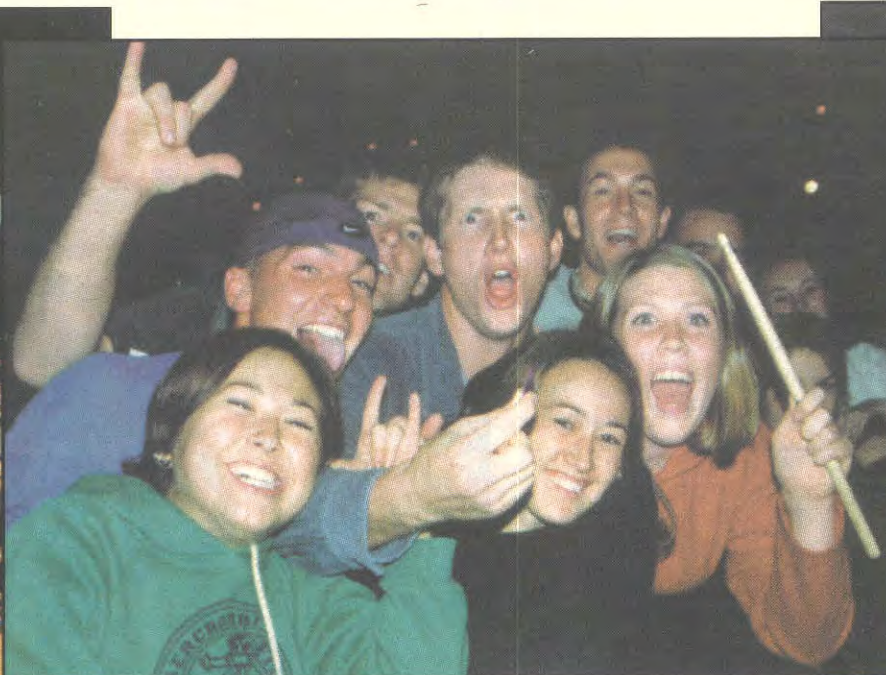
THE NUGGET

Thursday, September 14, 2000
Volume 38, Issue 2

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Ookfest 2000



things could only pick up.

When the show began, XIIth house took the stage.

Thankfully,

these Ookfest veterans did not disappoint and did justice to some potential rock classics as well as adding some of their originals that may have been less familiar but were equally intense.

After a short break, Fifth Season came out to a less-than-enthusiastic crowd. I think most people would agree that they put on a good show, but could use some experience to work out the kinks. The highlight of their performance was the covering of "Alive" by Pearl Jam.

Next were the Shagadelics, whose gimmick is performing songs from the Austin Powers movies dressed like the characters. The comic bits in-between songs were pretty funny and fit in with this year's theme.

Sleave, the second last band of the night, was a huge disappointment. I won't be the first or the last to tell you this, but this band really sucked.

Gob was the last of the performers on Thursday and was definitely the highlight of the show. These guys are a class act. (Theo came out about two hours early to sign autographs and hang out with the ecstatic fans). It's rare when a band this big gets the fans so involved in the show. Their performance was a close second to the hard rocking Headstones, and that's a feat in itself.

Thankfully, Friday's show

started off without a hitch, even the colder weather didn't stop the fans from coming out in droves.

The day began with a hilarious show by hypnotist Wayne Lee (a Nest regular and favourite). However, by the time Wayne was finished, I was severely inebriated and can't remember any of the other performers. I do remember some of the Headstones performance and was impressed as always by their energetic and intense hard rock sound.

So, to all the people who

didn't go, you missed a quality show. A big thanks to all the performers as well as to Rob, Mike, and the rest of the NAITSA staff (especially the beer tub girls and everyone else who helped out with the show).

PS: A big thanks to the brunette that shared that six pack with me in her car. You can find me at the Nugget office or in Room T-114A most of the time.



TRAVIS Bannert

The Thursday show was slated to start at 3 p.m. but didn't start till at least an hour later, and with the weather cold and damp,



SALLY Poulsen

Every year, as many as 60 schools and 25,000 students across the country participate in the Canada's largest post-secondary fundraiser, benefit-

ing the Canadian Cystic Fibrosis Foundation.

As Shinerama looms on the horizon once again, student interest appears to be rising steadily. This

week features a host of Shine-related activities, such as this Friday's Natrium Beer Gardens. According to VP Academic Chris Lupaschuck, the number of sign-ups for Shine day

has grown since last year.

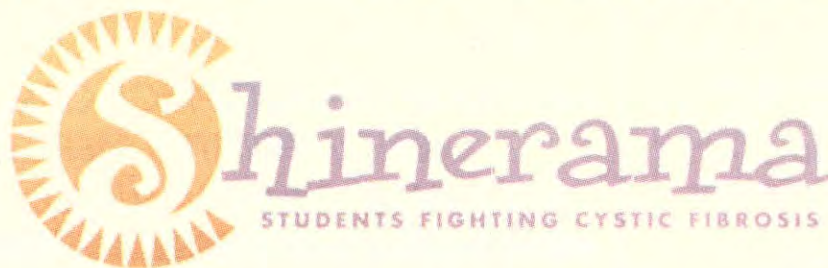
"They've quadrupled," he says. VP Operations Dave Veilleux also claims there has been an enormous increase in sponsorship for the

event.

NAITSA hopes to raise \$13,000 with this year's Shinerama campaign, surpassing last year's total of \$9,700. Students on Shinerama sites will shine shoes and sell lollipops for donations to the Cystic Fibrosis Foundation.

Those interested in volunteering can sign up in advance with our VP Operations, Dave Veilleux (471-7609), or VP Academic, Chris Lupaschuck (471-8877). If you don't have the time to register, you can also join the group this Saturday outside the Shaw Theatre at 9 a.m. Rewards for your good deed include a free t-shirt, a free pub crawl, and a warm, fuzzy feeling deep inside.

Last Chance To Shine



Future of Online Music Unclear



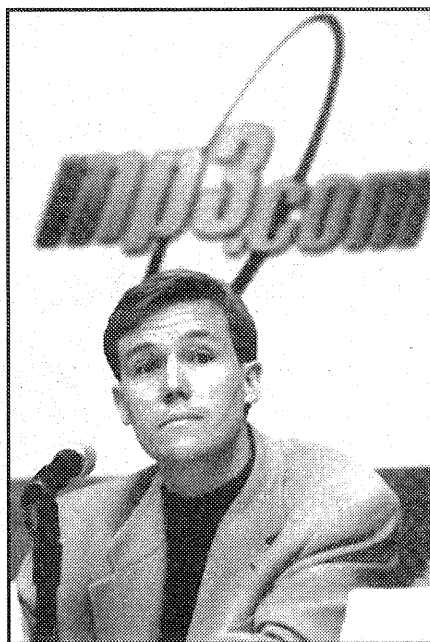
SALLY
Poulsen

In a September 6 ruling, US District Judge Jed S. Rakoff stated that Mp3.com has willfully engaged in thousands of acts of copyright infringement through its service my.Mp3.com.

My.Mp3.com allows users to register their copies of compact discs with the system's database of 80,000 CDs and then download that same album from any computer without the original. Mp3.com attorney Michael Rhodes claims that the company will appeal the judge's decision. He says Mp3.com has simply, "Built technology that lets people listen to their own record collections."

Mp3.com has already settled out of court with Sony, BMG, EMI, and Warner over copyright violations for a reported \$20 million dollars per company. Universal Music Group currently has 4740 copyright registrations listed in their suit, and the latest court ruling has set per CD statutory damages at \$25,000, (an estimated total cost of \$118 million). Universal and Mp3.com are currently entering the third phase of litigation, where it will be decided the number of copyrights for which Universal is entitled to damages. "It continues to be our belief that

consumers should have the right to listen to their own music anytime and anywhere, including on the internet," says Mp3.com chairman and CEO Michael L. Robertson, in a press release posted on the company's website. "It continues to be our desire to use our technology infrastructure in concert with ALL of the major record labels, including Universal, to deliver music over



mp3.com Chairman and CEO
Michael Robertson.

the internet to consumers who have clearly exhibited a hunger for online music."

Some Statistics on MP3.com:

- 87,000 indie artists already uploaded
- \$20,000 000 advertising revenue a month
- 1,500 songs a day uploaded

Want to Make the World a Better Place?

SALLY Poulsen

Hey. Ever consider using your powers for good instead of evil? Are you 21-65, without dependant children, and willing to work for a modest living allowance where you are most needed? If you can say "yes" to these questions, then you may be interested in attending a September 19 information evening put on by V S O Canada - the Canadian partner of the VSO, the world's largest volunteer placement agency.

V S O Canada currently has approximately 200 Canadians

placed in developing countries worldwide. Volunteers are assigned in response to requests made by employers, who share the cost of volunteer placement with VSO Canada. Volunteers have their training and travel expenses covered and are eligible for three

grants during the time they are employed with the VSO. Volunteer placements last for 24 months. VSO Canada is currently seeking skilled people, including small business advisors, water engineers, carpenters, community health nurses, and many more.

More information is available at the VSO Canada website (<http://www.vsocan.com>) or by E-mail (inquiry@vsocan.com). The VSO Canada information session is Tuesday, September 19, at the City Hall Heritage Room (1 Sir Winston Churchill Square) at 7 p.m.



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A WORLD

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Odds & ends



DARIA Morgan

Busy Beaver

A beaver is single-handedly responsible for causing a power outage through most of Prince Edward Island this past Friday morning. The busy little rodent put the lights out early for over 6,500 Maritime Electric customers by eating through a tree and causing it to fall on the main transmission line. The fallen tree, which was 20 centimetres in diameter, was easily cleared away with chainsaws once it was discovered to the culprit. The power was only out for a short 4 hours, however, with the biggest problem reported being school starting an hour later.

Wayne Newton Could Never Acquire Such A Price

Isaac Newton set the stage for modern science with the invention of calculus and the basic equations of physics. During his life, he wrote a large number of letters, notebooks, and various other papers, all documenting his work. Three centuries later, the University of Cambridge, who owns a large portion of Newton's writings, is seeking to purchase his remaining work. The only problem is that the owner of the rest of the documents, the Earl of Macclesfield, has put a \$9.5 million price tag on it. The university is desperate to raise the money as they fear the works will be sold private collectors and lost to public study. Fortunately, Britain's Lottery Heritage Fund has promised to donate \$7.1 million toward the purchase, leaving the university to pick up the remaining \$2.4 million with hopeful reliance upon public donations.

Coco For Pokemon

As if the hype of the Summer Olympics being held in Sydney, Australia, was not enough exposure for the Down Under country, now the first-ever Pokemon 2000 World Championship is being held there as well - and at the same time, even. The Pokemon Championship will run during September 20-22 in the midst of a 22-day Pokemon festival that begins September 12 at Pokemon Park (yes, this is the actual park's name). On an interesting note, while the champion-

ship is to determine the world's ultimate Pokemon master, there are only seven countries competing in the tournament: Australia, Belgium, France, Germany, the Netherlands, Spain, the United Kingdom, and the United States. We all know that none of the countries would stand a chance, however, if Canada had been invited to participate.

Breaking The Dead

Both Federal and local authorities in Philadelphia are investigating allegations that city morgue workers have been stealing from the dead. It is reported that an estimated 20 employees with the Philadelphia Medical Examiner's Office have been subpoenaed to appear before a grand jury this week for questioning. Law enforcement officials are saying the investigation revolves around the alleged thefts of personal property of bodies brought into the morgue for autopsies. The investigation comes after family members of the deceased victims reported receiving credit card bills for items purchased after the death of the card holder. In all, the Philadelphia Medical Examiner's Office sees roughly 3,000 bodies a year and employs about 50 people.

A Wedding To Remember

Mark Meltz and his bride Hillary definitely had a wedding experience to remember last week. It all started when Mark left his bride-to-be's wedding ring on the coun-

That is when Mark and Hillary remembered that their dog Liza liked to eat strange things and, sure enough, an x-ray confirmed the ring was inside Liza.

ter to give to his brother for the wedding. When he went back to retrieve it, it was gone, so he assumed fiancée Hillary took it with her. On the day of the wedding though, the ring was no where to be found. That is when Mark and Hillary remembered that their dog Liza liked to eat strange things and, sure enough, an x-ray confirmed the ring was inside Liza. Mark was determined not to let this setback ruin their day, however, and when it came time to present the rings, he presented Hillary with the x-ray film instead of the ring. On a happy note, Liza has since tossed

her doggy cookies - and the ring - and the Meltz's are enjoying a blissful honeymoon in Hawaii.

The Brits Must Be Crazy

The "King of Pop," Michael Jackson, whose life story includes an official investigation into his relationships with under-aged boys, is going to be delivering a lecture on the parent-child relationship at the University of Oxford in February. Jackson, the divorced father of two children, will join friend Rabbi Shumley Boteach on what is being called "an initiative reprioritizing children in the family and society." Jackson will chair the initiative while Boteach coordinates the program. Boteach, a well-renowned author, is best known for his books "Kosher Sex" and "The Moses of Oxford."

Brittany's New Sugar Daddy

According to website <http://eCrush.com>, more than 2,700 of its visitors think "Survivor" Rudy Boesch and teen pop sensation Brittany Spears would be a match made in heaven. The 71-year-old retired Navy Seal will have to get in line for the blonde bombshell's heart, however, as Britain's Prince William received 11,052 votes and N'Sync's Justin Timberlake received 10,412 votes for being Brittany's ideal mate. Geared toward teenagers, eCrush.com allows users to anonymously see if any other user has a crush on them - basically the same way the Grapevines are used.

Men, Pay Attention

According to sociologist Ross Stolzenberg and the National Institute of Health, a nagging wife is good for a man's health. Stolzenberg reports that this is because men are taught that it is not masculine to worry about health issues while women tend to embrace the nurturing role. He claims that men need women to remind/nag them to exercise, take their pills, and cut back on drinking. He claims that such roles are a "fully institutionalized set of gender attitudes and expectations" that men and women learn from the time they are babies, and that the man with the nagging wife tends to live longer than the man who has no one to dote over them.

Have any comments or questions? E-mail me at: virgin_state_of_mind@hotmail.com

It's That Time of the Month Again



DARIA Morgan

than just seasons changing and cheap beer gardens. Here are a few examples:

The month of September is:

- Baby Safety Month
- Children's Good Manners Month
- Fall Hat Month
- International Self Awareness Month
- Library Card Sign Up Month
- Marriage Health Month
- National Chicken Month
- National Coupon Month
- National Honey Month
- National Little League Month
- National School Success Month
- National Sewing Month
- Pleasure Your Mate Month
- Self-Improvement Month

This month of September is a month that promises not to be boring. On September 15, we have the first day of Fall along with the first day of the 2000 Summer Olympics.

For us students, it means the beginning of school, the throes of Oofest, and the promises of wet t-shirts at Shinerama this weekend.

For other people out in the world though, the month of September represents a whole lot more

NAITSA MOVIE NIGHT

Thursday, Sept 21 • 5 Pm
Shaw Theatre
Tix: \$2.00



Friday, September 22

n.a.i.t.s.

E.A.S.

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TIX
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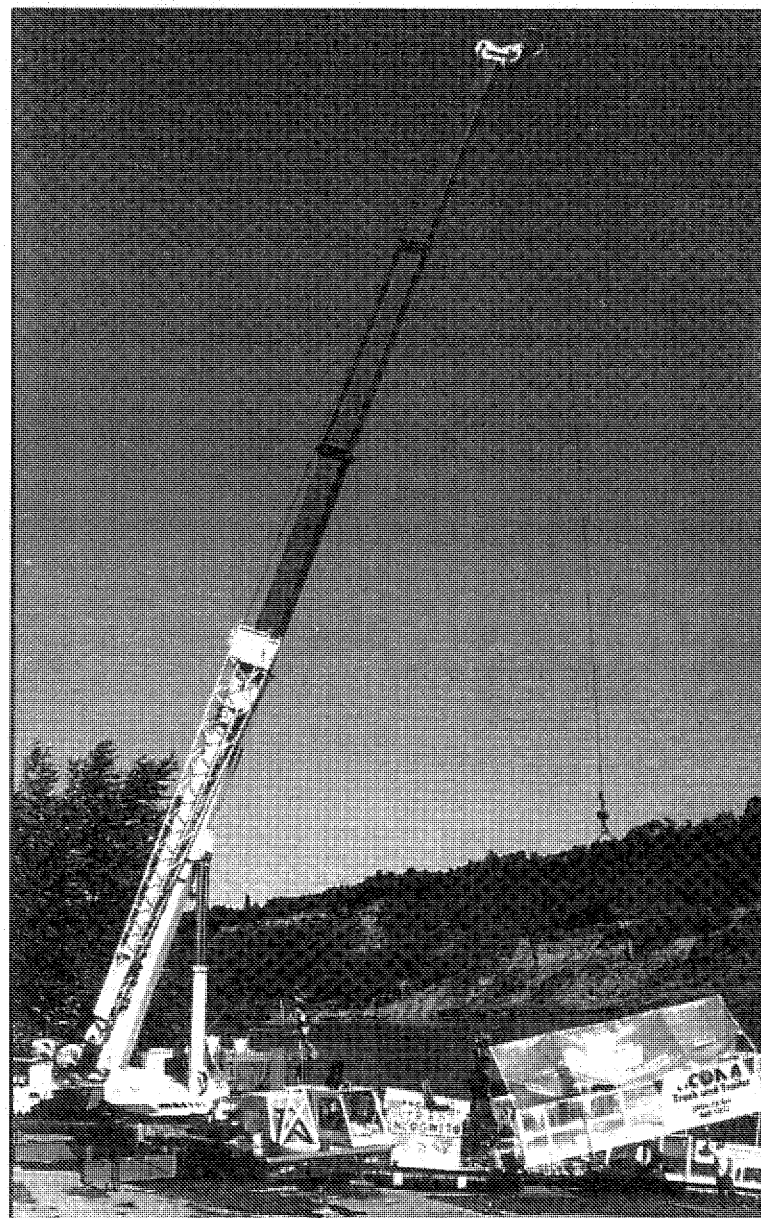
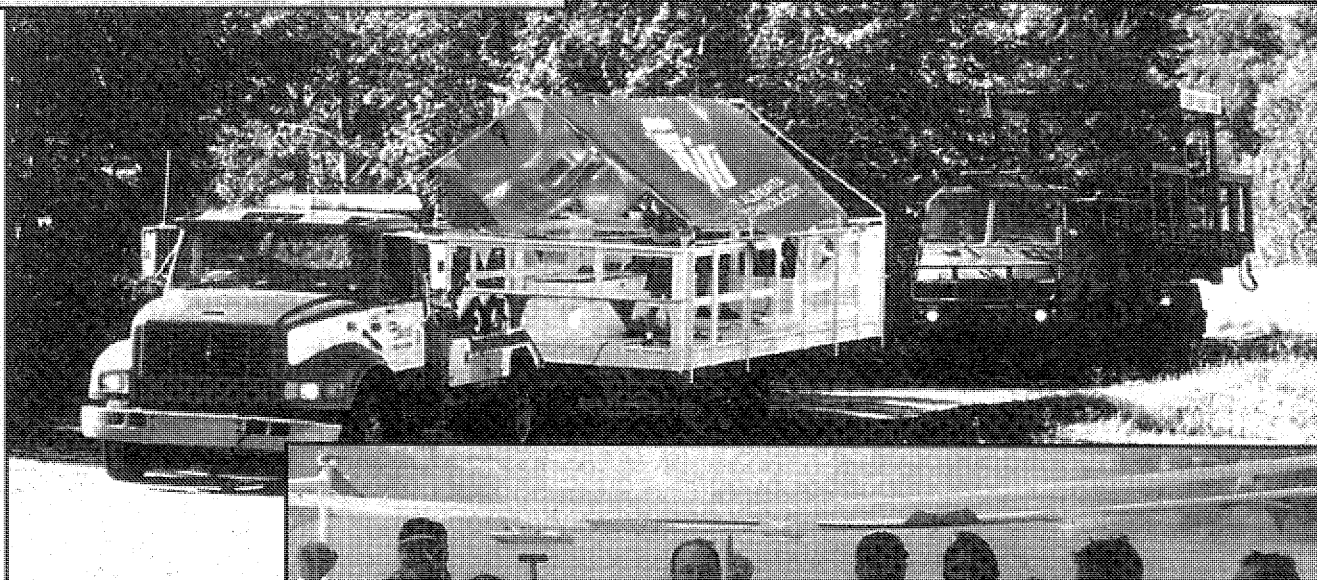
481-8739



Captain Sam Captures 3rd Place in Soughdough River Race

With the help of the students from Souch Campus, as well as Plaza II, Bio Science, Forestry, Carpentry, Signs & Craft, Automotives, the Distribution Centre, NAIT's Second Cup, Scona Truck and Trailer, Mike's Towing, and the NAIT Swimming Pool, NAIT entered the Sourdough River Race for the first time in 20 years. The captain of the NAIT raft, President Sam Shaw, brought his crew and himself to a 3rd place victory. The crew described the event as the "most fun you can have getting wet" – and everyone else that happened to be within close proximity of their waterguns.

We hope to see more of NAIT at next year's event, so congratulations to Sam and his team, and we look forward to seeing you all again next year.



Bad Day 101



SHANE
Turgeon

Tuesday, September 5th, could very well have been one of the worst days of my life. You see, many years have passed since I was last in a scholarly setting (as I'm sure many of

you can sympathize). So the first day of class was indeed a nerve-racking experience. The days of high school were long past, and this was an entirely new setting.

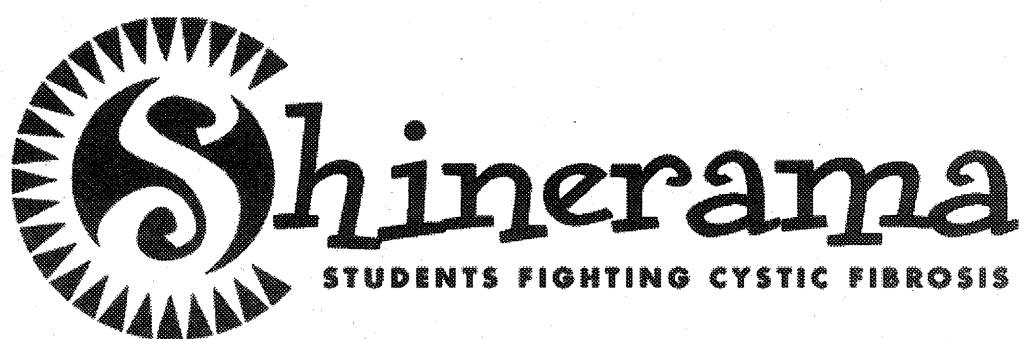
Waking up early that morning, I found that, during the night, someone had tied my stomach into a few thousand knots. Nerves. Putting it in the back of my mind, I began the long, arduous journey to school, a million thoughts running through my mind. I got to my classroom, found a seat, and

looked around at the new faces... surely they must be feeling the same. Soon enough, the Program Head came in, explained to us all about the first semester, and before I knew it, the uneasiness had passed and the school day was over.

Feeling pretty good about the whole experience, I decided to go to my new apartment to finish unpacking. Upon arrival, what should I find slipped under the door? An eviction notice! I hadn't even slept

there yet! Suddenly, the knots in my stomach were back - tenfold. I tried frantically to contact my roommate, who lived there previously, but to no avail.

Not knowing what to do, I went to work an hour early. Finally, after a few agonizing hours at work, my roommate called and said she got a hold of the landlord and the problem was solved. Waves of relief washed over me, and I began to look at the day in retrospect. Indeed, this was a stressful one. At least it was over though. NAIT was promising to be a very fun and rewarding time, and as it stands, I still have a place to live. I guess the bright side of the story is... it can only get better!



Shinerama Week (Shine 2000)

Monday, September 11 – Saturday, September 16

What is Shinerama Week?

Essentially, Shinerama Week is a way for us kind, caring, NAIT students to raise money through donations to work towards the treatment and cure of those afflicted with Cystic Fibrosis. We will shine shoes, wash cars, and do whatever that is legally possible to achieve this goal. Details as to the weeks' events will be available at the NAITSA offices and will be posted in every nook and cranny prior to, and during, Shinerama Week. The main Shine day will be on a (hopefully...) sunny Saturday, September 16th.

What is our goal?

Our lofty goal this year is to raise at least \$13,000.00 on behalf of NAIT for the Canadian Cystic Fibrosis Foundation. NAIT students have always been eager supporters of this cause, and we aim to keep it that way. We also have a "friendly" rivalry with our southern counterparts at U of A. It will be a battle for our smaller school to beat the U of A's fundraising totals, but I think we have the determination and heart to do so. Help NAIT crush U of A!

Why should I volunteer (i.e. What's in it for me)?

The experience gained while volunteering for Shinerama is truly rewarding. Not only do you get the warm satisfaction of knowing that your actions are directly benefiting those in need, but you have a great time doing it as well. Shining is a great ice-breaking activity, as you are guaranteed to meet many like-minded, fun-loving, NAIT students. Along with the all of the weeks' fun shining activities, there will also be a free appreciation shiner pub-crawl to end the week after Shine day on Saturday, September 16th. There is also a free T-shirt and tonnes of prizes and appreciation parties for all Shine volunteers. Most importantly, you'll help us achieve our goals for this important cause. For more information about Cystic Fibrosis and/or Shinerama Week, feel free to contact David Veilleux, your friendly neighborhood VP Operations, at 471-7609 or Chris Lupaschuk, VP Academic at 471-8877. Don't wait! Be a hero in the double zero, sign up for yourself or your "Shine Team" as soon as possible at the NAITSA office (E131).



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The Nugget encourages
submissions

THE DEADLINE IS
12:00 p.m. on the first
school day of the week.

All submissions Must be
accompanied by Your Name
& Student ID Number

The opinions contained in *The Nugget*
are the opinions of the individual writ-
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The Nugget reserves the right to edit
letters and viewpoints for brevity.

Contributors

Daria Morgan, Eva Forys, Lech
Purogi, J.A. Acosta.

Pecush Leads Ooks in First Win of the Season



DARRYL Hodgson

The NAIT Ooks Men's Hockey team has started the pre-season in fine form!!! I know that I stated in last week's paper that the game was on Friday, but it turns out that I was misinformed by someone in the front office about the day of the game - which was okay because I was out enjoying Ookfest, as I hope you were too! Way to go NAITSA!!

The game actually went on Saturday night right here at the NAIT Arena versus the Concordia Thunder. The boys in Blue and Gold came out with a head of steam and dominated the game from the drop of the puck to the final buzzer. The Ooks rode a three goal performance from third year player Cory "Peco" Pecush. Apparently, he wanted to show his old team what they were going to be missing this year. Also, the Swiss import Reto "Muschi" Tabornga got his first North American goal -

a nice snap shot through the gangly arms of the Concordia goaltender.

The only time the Thunder could muster up any momentum was when we were short-handed. They tallied once on the powerplay and once in the even strength department. Wes Schneider and myself split the game in goal. We managed to light up the second goalie of the Thunder for seven goals, which was no easy task considering the size of the mammoth. LET'S GO STREET HOCKEY!!! One power play goal and a short-handed goal on a nice effort by Al "Horne A' Plenty" O'Toole and Chuck "One-Ab" Beaulieu.

Final score:
Ooks 10 - Thunder 2.

Next action for your men's hockey team is this weekend in a home-and-home series with the Augustana Vikings. The home game will be on Saturday night at the NAIT Arena, game time 7 p.m. Come cheer us on and "treat yourself" to a frosty beverage as well as one of the best hot dogs available in the City of Champions. I hope to see you there, and like I said before, bring a friend! You won't be disappointed. Ciao from the chimp!!

Women's Volleyball

Start of the New Year

The 2000-2001 Women's Volleyball team has finally been picked. With 6 returning players and 8 new faces on the team, the Ooks look to improve on last year's finish. The league looks to be wide open this year, and with a lot of hard work and commitment from the coaching staff and players, this could be the year that the lady Ooks make a run in the playoffs. Although the Ooks have some very talented players, they will not rely on any one player but will rather hope that each player can make a contribution to the success of the team. **The lady Ooks' first regular season game is Friday, October 20, against Grant MacEwan Commu-**

nity College. This will be a key weekend towards the success of the team.

Here is the 2000-2001 edition of the lady Ooks Volleyball team:
Head Coach: Trevor Turner
Assistant Coaches: Lisa Dika and Another Wong
• Kim Bilida
• Trisha Froese
• Krystal Hughes
• Tara Matheson
• Crystal Mazure
• Breanne Moir
• Vicki Morrison
• Teri Muhlbeier
• Mandy Nichols
• Malissa Parker
• Kerri-Ann Russell
• Tamara Schuurman
• Angela Terry
• Angie Walker

NAIT RUNNING AND WALKING CLUB

The organizational meeting for the NAIT Running and Walking Club is on Tuesday, September 19, at 5 p.m. in Room S-113. All students and staff are encouraged to attend. Come out and meet new people and have a lot of fun.

NAIT Athletics Upcoming Events

SOCCER HOME Opener (NAIT field)
SATURDAY, SEPT 16
(VS. RED DEER COLLEGE)
Men at 12 p.m. / Women at 2 p.m.

SUNDAY, SEPT 17 (VS. GRANT MACEWAN)
Men at 2 p.m. / Women at 12 p.m.

HOCKEY (Exhibition game at NAIT Arena)
SATURDAY, SEPT 16
(VS. AUGUSTANA)
Men at 7 p.m.

The NAIT Swim Club

will start its Practices Monday September 18, and is open to all students, staff, & interested individuals. The club will be a means for people to get together for Training, Competition (if desired), and comradery around the central theme of Competitive Swimming. Previous swimming experience (comfort in the water and ability to swim laps) is a prerequisite.

Schedule as Follows:

6:15am - 7:45am - Mon/Wed/Fri
12:10pm - 1:00pm - Tue/Thurs

Show up for the sessions, or..... contact Jeff Riddle @

471-7605

or the

Pool Staff @

471-8711

for more information.

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The Ringpost



SHANE
Turgeon

Welcome wrasslin' fans to this, the first installment of "The Ringpost" - the Nugget's first and foremost wrestling column. What you can expect to find every week in this column is the hottest news and rumours of the professional wrestling industry as well as a Monday night recap of WWF's Monday Night Raw and WCW's Monday Nitro.

Seeing as how this is the first run of "The Ringpost," I have decided to put together a glossary of terms that will help the average wrestling fan understand what it is that I'm talking about every week. So, with that being said, let's get on with the glossary:

ANGLE: A plot line.

FED: Short for federation (ie: WWF, WCW, ECW, EWA, XPW).

HEAT: Tension between wrestlers, be it legitimate or otherwise.

JOBBER: A wrestler who loses every match to make the other wrestler look better.

LUCHADOR: A practitioner of high-flying Mexican wrestling.

MARK: A type of wrestling fan who believes everything they see is real.

POP: The reaction of the crowd.

PROMO: A wrestler's camera or mic time designed to further a plot.

PUSH: When a wrestler becomes more popular, gets more ring time and ultimately more victories.

PUT OVER: When a wrestler loses to another wrestler to help him become more popular with the fans.

SHOOT: When a wrestler brings real life issues to the ring. Shoots have nothing to do with the storylines.

SMART: A type of wrestling fan who can distinguish the angles from the reality. Usually smarts are very familiar with all aspects of the business.

SPOT: When wrestlers communicate to each other during the match.

A WORK: A plot line

So with that being said, I'll leave you to study! Be sure to be back here next week for all the latest news and rumours from the pro wrestling world.

Sport and Wellness Weekly Tips



TRAVIS
Bannert

Interviewer: Travis Bannert
Interviewee: John Reeves
(Program Leader for the Personal Fitness Trainer Program)

In the past decade or so, we as a society have been obsessed with attaining greater athleticism and the perfect body. I am one of the many with these similar aspirations and have learned some things through my various dabbling in this area. The most common thing I have noticed was the fact that most people do not understand proper fitness and nutrition; therefore, I have taken it upon myself to help the NAIT student body sculpt their body. In my search for a good source for reference and information, I did not have to look further than our own head of the Personal Fitness Trainer program, John Reeves. John was very enthusiastic towards the idea of a weekly tips column for the benefit of the students. So, here's some good advice from my first interview with John:

Q: What would you recommend to people that are starting to think about improving their health?

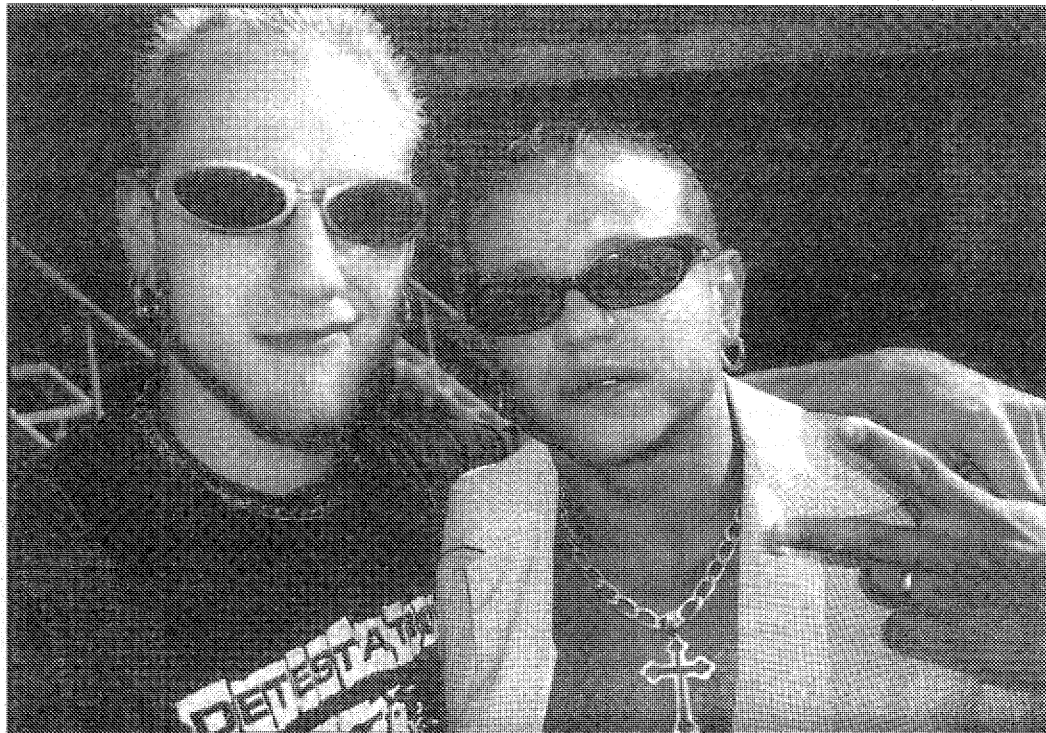
A: Well, the number one thing is to find the location of a sport fitness center or become familiar with the activity center at NAIT as they offer many programs of interest. They are located in the basement of NAIT in Room E-034. After finding the info needed, the most important thing is deciding

what you'd like to do. Look into the fitness programs that are run through our area, because they're starting right now (some are free and some are a nominal fee). The number two thing is to develop an activity plan for yourself and schedule it. If you don't make a schedule, you won't do it. Make it a priority!

Q: What would you suggest would be the best nutritional diet for before and/or after a work?

A: When you go to play a sport or workout, don't go hungry, but also don't go full. The most important part is to have some nutrition within fifteen minutes of finishing your activity. Something as simple as a sport drink or a light snack (not a full meal), and have a whole meal within two hours. The reason behind the snack is that there is a window of time that your body needs nutrients that you've burned during your training and activities. The snack facilitates the body's recovery system. Also, evaluate your diet according to Canada's food guide. The NAIT nurses should have an information pamphlet on these nutritional guidelines.

Hopefully, John and I have helped you with some questions you might have. Thanks to John Reeves for his time and help. I'll be doing a health tips column weekly, folks, and would prefer questions from the students to bring to John so that we can help you get that perfect body. You can E-mail me at DUKES365@collegeclub.com or drop a question in the submissions box at E-128.



Shane with WCW star Rey Mysterio Jr.... Yes, he knows wrestling.

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The Olympics

Good, Bad, and Ugly
"Citius, Altius, Fortius"



J.A. Acosta

Since its revival in 1896, the games have been wrapped in controversy and intrigue of a truly olympian nature. Starting from the early days in Paris and St. Louis, where the games were held largely as a side-show performance to compliment established productions, to the most recent tell-all tales of performance enhancing drugs, the Olympics has remained an international joke to this day.

The most notably political episode in the Olympic history book was the 1936 games held in Berlin at the height of Hitler's reign. The International Olympic Committee (IOC) had awarded the '36 games to Berlin two years before Hitler seized power in 1931.

The Nazis viewed the games as an opportunity to spread the Aryan ideology around the world and shrouded every aspect of the events with Nazi propaganda. They adorned the olympic venues with the swastika, and gave Aryan literature and speeches on a regular basis.

Closer to home, the Montreal Olympics in 1976 are on record for the biggest financial disaster the IOC has seen yet. Despite setting a huge number of new records, the '76 games were marred by politi-

cal tension between Canada and Taiwan as well as controversy over the unusually high testosterone levels of the East German women's swim team (courtesy of anabolic steroids).

The '76 Olympics were also the first to receive criticism over increased commercial sponsorships.

One more strike against the Montreal Olympics was the 26 nations that boycotted the competition because of the IOC refused to disqualify the New Zealand Rugby team for touring South Africa, whose apartheid policies received harsh international criticism.

The largest boycott of the Olympics was in 1980 at the Moscow Olympics after Soviets invaded Afghanistan. In all, 60 nations refused to participate and many that did refused to attend the opening ceremonies. Other problems that year included cheating officials and even athletes being physically restrained from taking victory laps.

Think it's any different now? John Coates, President of the Australian Olympic Committee and a leader of the Sydney 2000 bid, has admitted offering \$35,000 apiece to two African members of the IOC to "advance athletics" in their nations.

The 1960 Olympics were the first to be fully covered by television, ushering in a new era of media competitors that has recently resulted in a strange twist of fate - with us Canadians coming out on top. NBC, the en-

tourage responsible for American coverage of the Olympics, is broadcasting the Games on a tape delay that may encourage a large



**1956 Olympic Games
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number of Americans to tune into our own beloved CBC.

And that's not all. NBC paid the IOC \$705 million for the rights to the Sydney Games, the first of five installments on a \$3.5-billion



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mean? You'd have to be a law professor to understand the contract NBC has with the IOC.

No other broadcaster in the



The Official Olympic Album

TV and the IOC



States can use Olympic footage - and this includes Internet casters. Since the Internet can't be thought of in geographical borders, the contract means that no one in the world can broadcast events on the net, because it could conceivably be picked up in the U.S.

Combine all this with the fact that NBC has sold \$900 million worth of advertising for the Olympics and well... they just don't seem to want to share, do they?

Marketing and Merchandising

A ceremony of pageantry and pomp, the Olympics are one of the biggest embarrassments humanity has ever created. Summer after winter, we tune in to tune out. So bedazzled by the bright lights and the big egos, the unmistakable purpose of the Olympics goes unnoticed. That purpose? Money and advertising; advertising and money.

Music and books, stationery, stuffed mascots, spoons and keyrings, homewares, including bedding and wall-hangings, the shameless profiteering of the Olympic machine seem to have no end. What on earth would you do with Olympic stationery anyway? Write a letter to a friend and hope they believe you were a competitor?

"Only an organization as clubby and unaccountable as the International Olympic Committee could be capable of corruption on-demand, of supplying fresh scandals for every news cycle, of making a mockery of the very ideals it presumably exists to promote."

-Tim Sullivan,
The Cincinnati Enquirer 1999

Sponsored by...



Lighting the flame at the 1936 Olympic Games in Berlin.

The Joint Olympics



**JAMES
Olson**

It's a brave new world. Currently on the drafting table for the 2014

Olympics is a joint hosting by Lake Placid, USA, and Montreal, Canada.

"It is appealing," said Joann Reed, executive director of the Adirondack Sports Commission in Montreal. "It would be an international bid, and no one has done that."

The bid would be the first international one the IOC has heard and authorities are optimistic about the possibilities. With the Olympics continually expanding, a regional venue would be a big positive for sponsors as well as athletes.

Lake Placid is 86 miles southwest of Montreal.

Kookfest 2000



KELSEY Farnalls

The fields were alive with the sound of music on Thursday and Friday - the soccer field, that is. Kookfest rocked the crowds once again, and we brought in the new school year with a bang.

Highlights:

"Gob is the best punk band of all time, dude!" (Quote from some happy drunk guy)

"I am totally in love with the lead singer of the Headstones" (Quote from some happy drunk gal)

"Wayne Lee! Still can't stop laugh-

ing." (Quote from a spectator - not a victim - of Wayne's hijinx)

"I want to run naked with the Rain Beer..." (Most common quote of the night)

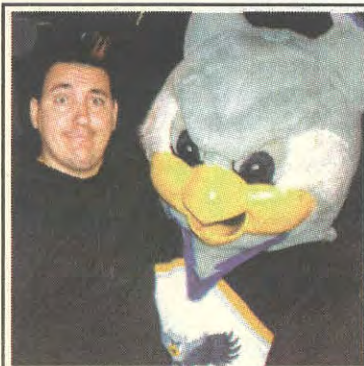
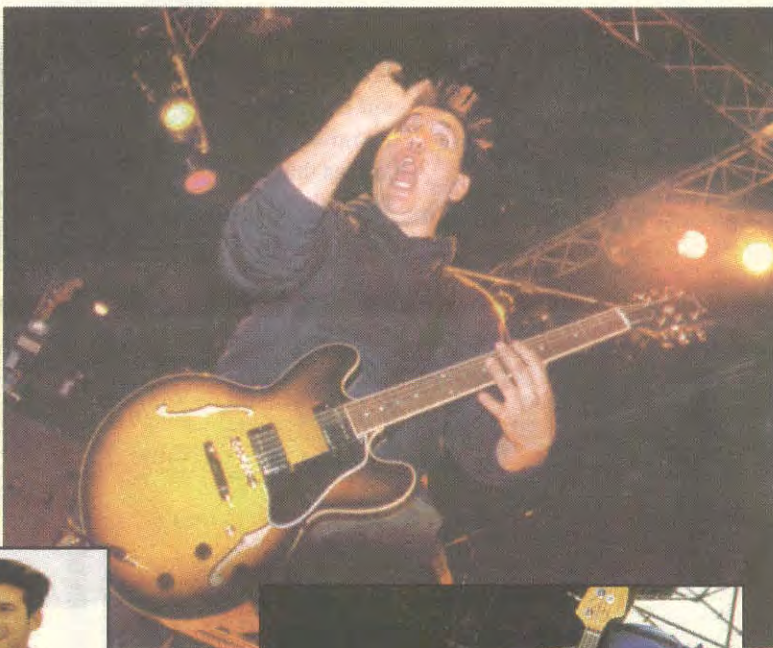
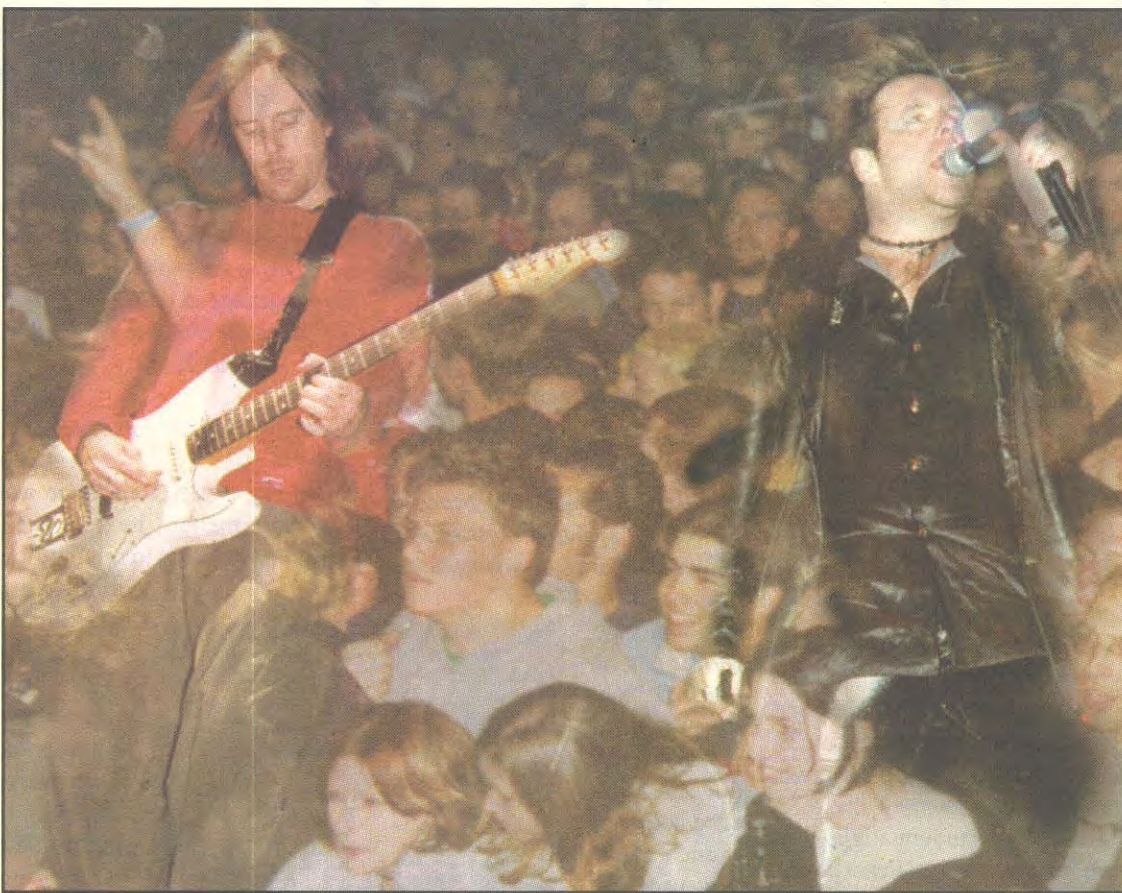
Lowlights:

"Were the security guards just a little uptight? Or is it just me?" (Quote from a victim)

"Where is everyone?" (Quote from several people in attendance before 8 p.m.)

"Where's the toilet, I think I drank too much..." (Quote from a distressed drinker)

All in all, Kookfest was a huge success, and a fun, fun time. People were hypnotized, beer was drunk, great music was played, and some people held hands. If you missed it, too bad. You'll have to wait until next year.



Yuk Yuk's Gives and Gives...



CURTIS
Comeau

Located in West Edmonton Mall's newly renovated Bourbon Street, Yuk Yuk's International Comedy Club features some North America's top comedians, and every month we are going to keep you updated on who is coming and give you a chance to win passes. Now, don't worry if you don't win the tickets because they also offer a discounted student night. For more information and ticket prices, call 481-9857.

To win passes for two to Yuk Yuk's, submit your answer to the question below to the Nugget submission box outside Room E-128 by 4 p.m. Monday. Don't forget to include your name, phone number, and student ID number. We will call the winners next week.

Question:
Where does comedian Tom Stade come from? (*Hint: The answer is in the article.*)

**EDMONTON LINE-UP
FOR SEPTEMBER 2000**

September 14-16: Jay Wendel Walker from Spokane

Jay Wendel Walker has been described as a Muppet, possessing oodles of charm and wit that he can make you laugh just by looking at you. He has the uncanny ability to size up his audience and give them what they want, and that is what makes his performances such a hit. From monologues that go faster than his mouth (some-



thing that needs to be seen to be believed) to some ludicrously tall tales, Jay is a completely entertainment package in one.

Also performing: Daniel Rock and Bob Keele

September 21-23: Tom Stade from Toronto

Some say that if Tom Stade was any more mellow, he'd be dead. His humour is said to roll out slow and easy like Sunday drivers, only with ten times the commotion. Tom has a tendency to tell it like it is, with his humour being much like the pace of the Rabbit and the Hare. **Warning:** Audience

members have been known to spontaneously combust at Tom's shows, so make sure your belt's not too tight.

Also performing: Danny Quinn, Tom Rubin (Thursday), and Billy Cowen (Friday, Saturday)

September 28-30: Winston Spear from Toronto

With humour coming straight out of the left field (though rumour has it he was shot at when he went on a UN Peacekeeping Tour – ask to see his scars!) covering everything from bank mergers to the joys of child safety seats, Winston Spear is that odd little duckling in a flock of swans that makes the rest of the birds giggle. His humour is very off-the-wall, and some even say he vacations in the Twilight Zone on off days. Winston is a gem not to be missed

Also performing: Paul Sveen and another act yet to be announced.

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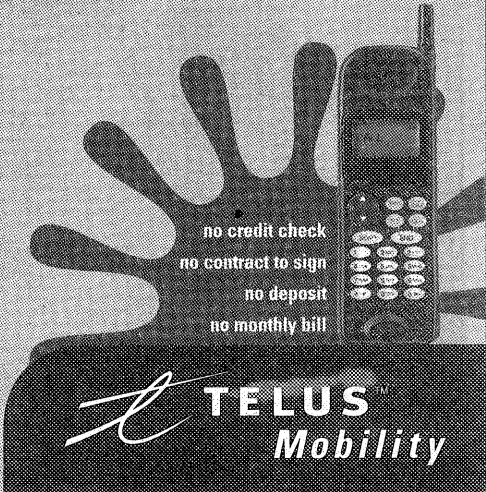
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Catching The Tail-Wind of Ookfest



DARIA Morgan

Even though I've been at NAIT for longer than I care to admit, this past year was my first year ever attending Ookfest. Unfortunately though, I was not able to catch all of the fantastic acts as I was chained in class till 9 p.m. Friday, but for the few hours I was there, it was worth everything.

My Ookfest experience started out with my friend Deb and I scoping out the beer tents to see if (a) we could spot my friend Tammy; and (b) the beer tents served anything other than beer. With no luck on either front though, we then headed for the stage. It was then that we spotted our saving grace, the all-mighty Boston Pizza vendor, where we ordered iced teas and had our first encounter with a Nugget person.

The first person of the night we ran into was Sports Editor Travis Bannert. He was charming and all smiles as a Sports Editor should be, but on the other hand, he kept me "Saria." Hmm... He also relayed stories of people up on rooftops, and we could only hope they were naked up there.

Our second encounter of the night involved bumping into Editor-in-Chief Curtis Comeau. After telling us we could find the other Nuggeteers at the side of the stage, he hugged me (I tried to cop a feel) and told me he had to leave to write a paper. Personally, I think this was a cover up for a much larger operation, as what student in their right mind would leave Ookfest on a Friday night to do homework?

News Editor Sally Poulsen was the third Nugget-being Deb and I ran into. She was a whirlwind of brightly-coloured hair and Headstone giveaways running back and forth from the stage that we only saw her briefly. Our encounter with her was long enough, however, to discover that she has connections in high places - something that may come in handy in the future should I ever forget to take that pesky PMS mind-control medication and accidentally kill someone.

Soon after, Deb and I found some great standing room near the front of the stage. We saw Tanya

something-or-other win the Free Tuition Giveaway and made a mental note to mug her later. The Headstones then came on, playing my favorite, morbid little song ("Went down to the cemetery looking for love... got there and my baby was buried, I had to dig her up") as the second number in their 90-minute set. People were dancing, people were puking... Puking?! Yes, people were puking, and I'm pretty sure I stepped in some over the course of the night to boot.

Thanks to the guy in the faded blue jersey who was expunging his beer about two metres behind us, we had to find a better spot to watch the Headstones. Deciding we could hear them from anywhere though, we headed back out to the beer gardens to take another look for the now MIA Tammy. After we were fruitless in our efforts to locate her, we then went and stood

We saw Tanya something-or-other win the Free Tuition Giveaway and made a mental note to mug her later.

at the edge of the beer tent to warm up a bit from the cutting, summer wind.

There must be something about the combinations of wind, beer, and the Headstones. No more than two minutes after had we been standing in the beer tent, this long-haired blonde fellow walked up to us, told us we were funny, planted a kiss on each of our cheeks, and walked off (what does one say to that?!)

After that weird encounter, we headed back to the stage to catch the remainder of the Headstones's set, deciding this time to stand on the right side of the stage near the back. And, wow, what prime seats we chose.

In the course of the hour we stood at the back of the crowd watching the Headstones, we witnessed a very strange lady dancing like a banshee off to the side, a

group of 30some-year-old men bumping their things next to us (of which one of them told us to "shake our thangs")... And did I mention the good-looking guy that fell at our feet? The view was enjoyable till we realized that the only reason he fell there was because he sprained or broke his ankle or leg. That's just the kind of luck we have, I suppose.

After all the excitement wore off of the falling man, and the Headstones wound down their set with some great renditions of cover songs by The Hip, among other artists, Deb and I decided to do a disappearing act and head into the school to warm up. Destination: The Nugget Office.

When we arrived at the Nugget office, we were greeted by the two new photographers Steve Vigar and Amy Senecal. Rumour has it there is an invisible barrier around the office so the two of them cannot leave till ungodly hours in the morning when they have done the bidding of the rest of the staff. All the work must have gotten to them though, as we found them trying to do themselves in with a bottle of South African Agwa.

When realizing we were here to rescue them (we had to use some excuse to get in), Amy offered us a shot of the Agwa. My cohort refused, but how I could I resist, after the already crazy things we had seen that night?

After smelling the Agwa (as strong as varnish) and examining the Agwa (looks like Scope), I reluctantly filled up a shot glass and eyed the liquid for a while. It was then that Amy told me to read the back of the bottle, which promised that with one drink of Agwa, I would have a more successful love life than just guys puking, kissing my cheek, or falling at my feet with broken appendages - so how could I refuse?

And, well, my night kind of ended there. After one shot, sadly to say, my cohort dragged my butt out of the office and made me go home. I think it was the whole fact that I started to get up on the couch and do a striptease, but she won't confirm nor deny this.

All in all, the little piece of Ookfest that I experienced made me sad that I missed out on previous years. There was good music, great Agwa, wonderful pieces of male ass to look at, and I even managed to break my new boots in on top of it all. What more could a girl ask for in a Friday night?

Fall On Horseback

EVA Forys

As the sun is setting down on summer, I have two words for you: *Trail Riding*. And now is the best time to try it, as Alberta's forests take on unbelievably abundant colors, and you can still spot a moose or two.

The Double J Riding Centre, the longest running horseback rental in our area, is located minutes from Edmonton. They have 75 kilometers of trails which stretch over 24,000 acres of the provincial land, making the Double J the largest of its kind around the city.

Its vigorous owners, Jack and Joyce Andrews, have been organizing trail rides since 1971 and are as excited as ever to meet new people, make new friends, and welcome back the many return customers. Their 30 or so horses are willing and well-cared for to suit all sizes and riding abilities. If your riding experience has been limited, or none, do not fear - 90 percent of Double J's riders are beginners who (as Jack and Joyce notice time and again) are unwilling to get out of their saddles when the time is up.

And it's never too late to try trail riding, either. As Jack recalls, the most memorable first-timer to ever ride at the Centre was a 90-year-old lady. After getting off her horse, she decided she's not putting

her jeans away...

Naturally, any time you're on a 2,100 pound animal, there are certain risks involved. Even though horseback riding is safer than driving, your safety is Double J's utmost concern. Let the group leader know how much rid-

Naturally, any time you're on a 2,100 pound animal, there are certain risks involved.

ing you've done in the past, and they'll match you up with the appropriate horse. *Don't worry, you won't end up on a pony if you've never ridden before...*

The groups are kept small and personal (2-7 people) to ensure an enjoyable experience for everyone. The prices alone will put a smile on your face: I've done some research and it doesn't get much better than this (\$25 for 2 hours, \$55+GST for 8 hours). The rides are 1, 2, 4, or 8 hours long, and there is a Wilderness Centre just 2 minutes away where you can have a BBQ and/or rent a canoe. So, don't horse around and give Joyce a call at 922-2344 to arrange for your trail ride.



HORRORSCOPES



DARIA
Morgan

Capricorn

(December 22-January 20)

This week is an excellent week to wink slyly at people as you walk down the hall. When they look back, smile innocently.

Aquarius

(January 21-February 18)

Someone will soon approach you with what they perceive to be a great idea. Steer well clear of it.

Pisces

(February 19-March 20)

Your obsession with slushies takes a turn for the worse this week as you start secretly soaking your undies in it. Professional help is indicated.

Aries

(March 21-April 19)

An old nickname will surface this week, much to your dismay, "Happy pants."

Taurus

(April 20-May 20)

This is an excellent week to make strange mouth noises, particularly in a crowded elevator.

Gemini

(May 21-June 20)

This week you will either be as snug as a bug in a rug or as smug as a thug on a drug. I'm not really sure.

Cancer

(June 21-July 22)

You're destined to have a particularly embarrassing episode involving an Ook and an argyle sock.

Maybe you should stay home this week.

Leo

(July 23-August 22)

Today you get the feeling that either you are going crazy or you are being watched by something indescribably evil. Lucky for you, you're in fine shape - mentally, anyway.

Virgo

(August 23-September 22)

You discover this week that you can yodel and pat your head at the same time. This will bring you many hours of joy in your otherwise non-eventful life.

Libra

(September 23-October 22)

You are developing a strangely magnetic personality. People you don't even know will begin hanging around with you, hoping for some sign of affection. That, or maybe it's the nude picture of you posted in the South Lobby.

Scorpio

(October 23-November 21)

You will be mooned by an Ook this week. Fortunately for you, you won't notice, but it will prompt others around you to seek therapy.

Sagittarius

(November 22-December 21)

This is an excellent week to fidget!

If Today Is Your Birthday:

It's a good day to act extremely childish. After all, it's your party, and you can cry if you want to, dammit.

Have any questions or comments? E-mail me!

virgin_state_of_mind@hotmail.com

Joke Of The Week



DARIA
Morgan

Once upon a time, in a land far away, beautiful, independent, self-assured princess happened upon a frog as she sat contemplating ecological issues on the shores of an unpolluted pond in a verdant meadow near her castle. The frog hopped into the princess's lap and said, "Elegant lady, I was once a handsome prince until an evil witch cast a spell on me. One kiss from you, however, and I will turn back into the dapper

young prince that I am. And after you do this, my sweet, we can marry and set up housekeeping in yon castle with my mother where you can prepare my meals, clean my clothes, bear my children, and forever feel grateful and happy doing so."

That night, on a repast of lightly frogs legs seasoned in a white wine and onion cream sauce, the princess chuckled to herself about the day's events and thought, "I DON'T FREAKIN' THINK SO!"

HYPNOTIST

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AUTOM(N)ATION (Part 2)



K.
Kijek

Mr. Hamsley stood a foot behind me. His breathing slow and seriously sinister, began burning my ears with overbearing combustibility.

"You see this," he said in a soft, slow, monosyllabic tone.

"This-is-it. We-are-on-our-way-towards-a-full-scale-domintion-of-every-region-on-this-map.At-the-speed-of-light.At-every-second-of-the-day.WE-ARE-TAKING-OVER.Di-vi-de-and-con-quer."

Without a seconds pause, he snapped his fingers. Instantly, a barrage of radiant, red, minuscule circles hastily scattered, bleeped, and confiscated an estimated 60 percent of the regions on the rectangular globe.

"And-there's-more-to-come.You-my-boy-are-now-a-member-of-this-un-beatable-un-stop-able-con-stant-ly-expand-ing-emp-ire.DIV-IDE-AND-CON-QUER!"

He chuckled. The chuckle turned into a shrilly giggle and suddenly exploded into a menacing laugh which increased in volume

at an expedient rate. Soon, the space of the room was polluted by his overzealous glee, and the entirety of my frail being shivered with induced panic.

Still, to this very day, I am haunted by Mr. Hamsley's terrorizing tittle in my dreaming/nightmare hours. I awake in sporadic agony and feel the flood of oozing perspiration attacking every poor of my body. I combat the shockage by a self-induced suppression of anxiety and tell/kid myself that it is only temporary.

But there I stood, attempting my best stance of cool composure whilst struggling inside with the utmost might of a stragglng specimen hanging on the edge of a cliff, knowing only too well that below is nothing more than a long, unknowing drop into the depths of oblivion

Once his menacing madness subsided, he slapped my back, which incidentally caused my being to almost fall forward on to the noir carpeted floor and shatter shards of strewn bone fragments.

"Thick skin," my old friend Daisy used to say. "Get yourself some thick skin. You're too damn transparent for the schematic humanoid who'll prey on you like a skull craving vulture."

I regained a back to coolness mentality and nodded my head with a false indoctrine towards his ultimatum.

Mr. Hamsley's voice and manner oscillated and returned to the

genial rambunctious exterior I'd first encountered when I entered the building.

"Welcome aboard, my boy!"

I heard the flick of a zippo lighter followed by the Colonel inhaling three swift breaths. I smelt the vile stench of a cheap cigar in progress and almost choked on the unbearable fumes it conveyed.

CLINK!
The zippo's lid fell back into place.

"Jose!" the Colonel yelled towards the ceiling.

I turned my head slightly to the right and - through the hazy mist of brown, putrid smoke - caught out of the corner of my eye

the silhouette of a face, which resembled a frog peering/looming behind the protection of an 11 by 17 window frame.

"Roll the visual mandate for our new recruit #3501."

The bulging head somberly nodded with the placid obedience of a dog towards its master's command and -with the grace of a snail-fell out of my visual range.

Abruptly, the map faded from the screen, leaving the room completely void of any light.

TO BE CONTINUED...

NAITSA MOVIE NIGHT



Thursday, Sept 21 • 5 Pm
Shaw Theatre
Tix: \$2.00



Imperial Oil

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We're Imperial Oil - Canada's largest fully integrated petroleum company and a major producer of crude oil and natural gas. From the search for raw materials to the creation of highly specialized refined products, we are a leader in research, development, production, manufacturing, distribution, marketing and retailing.

We deliver our mix of specialized petroleum products to a broad and diversified marketplace. We work hard to make sure that our customers - from individual drivers and Esso-branded gas stations, to large industrial clients - get the products, the information and the services they deserve. We believe in offering new graduates the resources and opportunities they need to succeed. We are particularly interested in meeting with students and graduates in Business, Engineering, Environmental Science and Agriculture programs for the following roles:

Business Analysts
Territory Managers/Area Managers
Account Executives
Marketing Coordinators
Construction Project Managers
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Your First Role is One of Many

You may have been told to expect multiple employers over the course of your career. How would you feel about multiple careers with a single employer? At Imperial Oil, we believe that being an Employer of Choice means making sure your future with us is full of opportunities. Our Early Professional Development Program (EPDP) is a formal program to fast-track the development of university graduates based on their skills and potential. The EPDP provides new graduates with defined goals, formal feedback, comprehensive orientation and training programs, and a sequence of job rotations that lead to increasingly challenging work assignments. In addition, we have structured networking and mentoring programs plus a strong commitment to continuous learning.

Don't Wait - Check Out Our Web Site Today

Applications must be received by October 3rd, so be sure to review all our postings and find out even more about graduate and summer/co-op opportunities with Imperial Oil by checking out our Web site.

Plan to attend our Information Session.
Thursday September 21, 6:00 pm - 8:00 pm
Room # X213

www.imperialoil.ca/campus



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ONE ON TWO WITH THE HEADSTONES!

JOHN Zazula

Hugh Dillon and Trent Carr of the Headstones were gracious enough to let me ask them a few questions before they played Ookfest. Both were very polite and considerate in my hotel lobby sit down with them. Enough foreplay though, let's get to the Q & A. (HD= Hugh Dillon, TC= Trent Carr, JZ=that's me)

JZ: How do you guys feel about being the only true hard rock band left in Canada?

HD: We deserve it! There's a lot of shit out there, and it's funny to watch kids who are gravitating toward some trend. Just because they are not exposed to enough rock and roll. They kind of grow up, and there's a lot of that f*ckin' rave sh*t house music and techno sh*t. Kids don't listen to enough rock n' roll.

JZ: I noticed that you are playing the harp again on the new album. Is that based on the blues roots that you guys have?

HD: I think so. You know, I've always kind of played pretty simplistically, but I've always enjoyed the instrument. Whenever we can put it in anywhere, Trent just thinks it's

HD: I hope so.

TC: I think in October, November we will be doing that.

JZ: Do you like playing in the small bars again?

HD: They really appreciate it because they just get all the derivative shit.

JZ: Yeah, they get bands like Prism coming to town and then you guys.

TC: Are they still playing?

JZ: Oh, yeah.

HD: (laughing) Get out!

JZ: They actually played Red Deer a couple of months ago.

HD: Bizarre.

JZ: Your website, <http://www.headstones.com> that you've got going, where you can pick the set list on the upcoming tour.

HD: Trent does all that stuff.

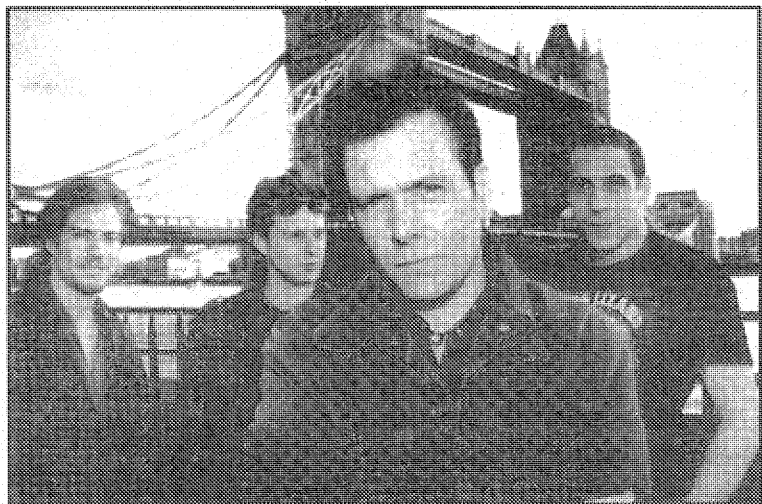
JZ: So you design it and take care of it?

TC: Yeah.

JZ: Are you expecting anything different with the set list that you are getting from the fans?

TC: Actually, it's pretty amazing. People have picked, like I said 17 songs, and right now we are playing 13 of them.

JZ: Is there any chance of a live album coming up pretty soon?



The Headstones.

magic.

JZ: Your new single, "Blonde and Blue," were the lyrics for that based on a relationship you guys have had?

HD: More or less.

JZ: Kind of like the Stones' "Angie," that kind of mystique to it?

HD: Yeah... yeah, good comparison.

JZ: I heard that, and it was just wow, that's totally different.

TC: Cool!

HD: We talked to the record company and fans, and we just thought we'd do something that's a little different this time. But then we are going back to really some harder singles after this one. So, I just really like the record.

JZ: Yeah it's a great record. You are going on tour again on October, and are you guys going to do the full scale, play all the small towns kind of deal?

TC: Ah, it keeps coming up.

JZ: Well with four studio albums, you obviously have enough material.

TC: I'd love to do one. Do one that's different than the usual with all the jamming and the weird stuff he says (referring to Hugh).

JZ: How about your acting career Hugh?

HD: See, I've done a bunch of indie films, and people just really recognize Hard Core Logo. So, unless something is big, nobody has ever seen it. I get a lot of scripts, just nothing worth doing right now. I definitely don't do anything for the money. If I did it for the money, I'd be f*ckin' doing Cheerio's commercials.

JZ: All right. Well, thank-you, and have a good show.

HD: Thanks, man.

When was the last time you won a prize for a multiple choice?

www.royalbank.com/careers/

Click your way through
Royal Bank's online survey
and you could win \$5,000
or \$1,000 in cash.

Everyone could use a little extra cash. All it takes is a visit to www.royalbank.com/careers/. What could be easier? While you're there, check out the great tools available to help you prepare for and get a job. Who knows, you may just find Royal Bank is the right place to start your career.

So why not give it a shot. It's as easy as a), b), c).

No purchase required to enter contest. You must be a Canadian resident over the age of majority registered at a Canadian post-secondary institution to be eligible. Only the first 2,000 eligible persons sending in a completed survey prior to Oct. 30, 2000 will be entered into the contest. Winners will be drawn at random and notified by email. There will be one grand prize of \$5,000 cash and there will be five secondary prizes of \$1,000 cash. Winners must correctly answer a maximum of 10 multiple choice questions to claim their prize. For full contest rules, go to www.royalbank.com/careers/.



ROYAL BANK
FINANCIAL GROUP



Organizational meeting for NAIT staff/student Running/Walking Club. Meeting is Tuesday, September, 19, at 5 p.m. in Room S-113.

N.A.S.S. - NAIT Architectural Society Association **BEER GARDENS!** September 21 at "The Dock," located in the Engineering Annex across from Main Campus. Starts at 3:15 p.m.

Wanna have fun? Sign up for Instrumental Intramurals by the Sport Equipment Office (sheets are on the wall). Sign up for hockey, flag football, soccer, and volleyball. Deadline is September 11, 2000.

Want to make some new friends at NAIT but you're too shy to approach anyone? Want some support or advice regarding some of the courses you're taking? Want to be able to go someplace where you can unwind, get all those school worries off your back, and make the school year go by just that much faster? If so, get off your butts and get on the Naitlist - <http://clubs.yahoo.com/clubs/naitlist>.

Hey, read the Shinerama ad below and come to the NAITRIUM to win Free Tuition on Friday.

To the two NAIT TV students at Ookfest,

Obviously you girls are 1st year students because you haven't been taught the rules of tact of what you should and shouldn't film. The guy you decided to film on the ground was hurt and in a lot of pain. Did you even

bother to use your brains and think, "Oh, maybe we shouldn't film this?" All you did was draw more attention to the situation and humiliate him as other people tried to get their kicks in and get on your stupid camera and pretend to dropkick him. I hope one day you both are put in a similar situation where you find yourselves in a predicament that you don't want the rest of the world or NAIT population to see. Then maybe the two of you will see what big fools you made of yourselves. Signed, No Respect For You

To Tina in 2nd year Business Marketing, Ooooooh!!! The way you move that bum in your tight jeans turns me on. Those tight shirts and your tanned skin makes me want to jump you. Kelly

To the Sexy, Dark-Haired Guy in 2nd semester RTA, I think you're adorable. Meet me at the eighth floor lounge in the tower, Friday at noon. Signed, The Blonde Business Girl You Saw in the Hall

Come and play paint ball on Sunday the 24th. Call 461-7168.

A special thanks to all the girls who helped us at the beer tent, the Nest staff for picking up the slack and NAITSA for putting on a great show. Craig King.

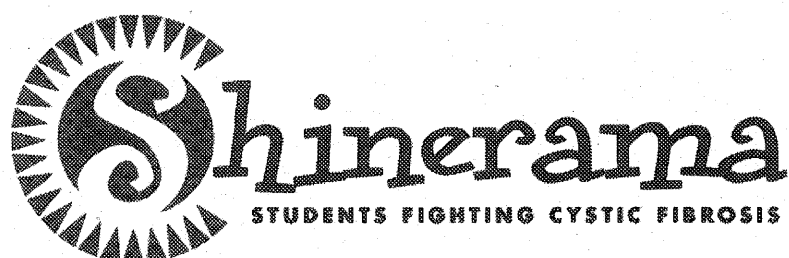
Keep your eyes open for the ad regarding the yearly bridge building contest in the next issue of the Nugget.

Classifieds

LOST: A gold bracelet on September 8, 2000, at 10:30 a.m. by the library, Royal Bank machine, or main building in general. It has circular attachments in a string. Please return to lost and found on call 984-3083 and ask for Nicole. Reward for return.

Four-year old drafting table and air pump chair for sale. \$400. Phone 988-2092 if interested.

Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.



Shinerama Week (Shine 2000)

FRIday Sept. 15th

BEER GARDENS & BBQ @ THE NAITRIUM!

All proceeds from this shaker go towards Shinerama, So come have a beer (or pop), and a burger for a good cause! We will also be drawing the winners for the passport contest, so come see if you've won free tuition, or one of the many other prizes available.

SATurday Sept. 16th

SHINE DAY!!!!!!!!!!!!

Come meet at the Shaw Theater @ 9:00 a.m. to prepare for your day of shining. Bring your friends and a bag lunch, and psyche your self up for the massive pub-crawl at the end of the day!

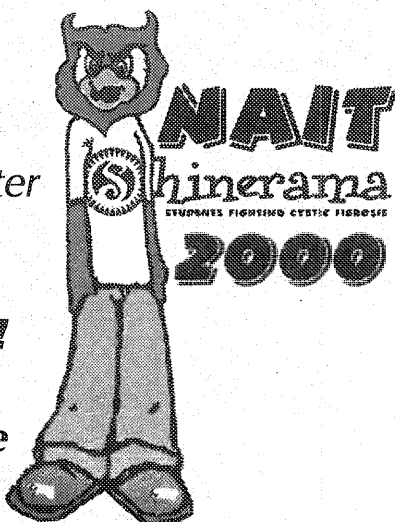
Date : Saturday September 16th

Time: 9:00 a.m. @ the Shaw Theater (across from Reads N' Needs)

*Bring bag lunch

Massive Pub Crawl to Follow!!!

Sign up today in the NAITSA Office (E131) or call 471-8855 for more details!



Great Western Canadian NEW YEAR'S SKI TRIP

December 29 - January 2nd
KELOWNA - BIG WHITE

\$355

+\$50 damage deposit
TOTAL OF \$450

INCLUDES:

- 4 nights accommodation • Coach transportation
- Lift tickets • T-shirt • Complimentary beverages

\$100 non-refundable deposit due immediately to reserve your spot.

BALANCE REMAINING DUE NOVEMBER 1ST

For more info or to make a payment come to the NAITSA office (Rm E131) or phone MIKE ANDERSON @ 471-7603 or ROB ELLIS @ 471-8725

Comeau's Cuisine

CURTIS
Comeau

The Iron Bridge

12520 - 102 Avenue
482-5620

The Iron Bridge, nestled in the quiet neighborhood of Old Glenora, is a refined eatery which combines elegance with that "cafe down the street" hospitality. The interior boasts a spacious dining room which has a classic wood and brick decor. This sets up the perfect backdrop for one to enjoy some of their eclectic gourmet cooking.

I call The Iron Bridge's cook-

ing eclectic, because several types of cuisine influence their menu. It's like they acquired the finest dishes from every region and comprised an all-encompassing menu that will cater to any palate. Should you feel like Greek, you can order the *Feta & Triple olive pate*. Italian? No problem - they have an exquisite *Penne Arabiatta* in roasted tomato sauce. Indian? Try their *Curried Shrimp* served with julienne vegetables.

Another nice surprise was their wood burning forno oven, in which they cook many of their appetizers and entrée choices. "We even cook our spring rolls in the forno," comments general manager Jennifer

Rost von Tonningen. One of the noticeable advantages that comes from cooking meat or poultry in the forno is that none of the cuts' natural juices are lost.

Since my regular dining companion couldn't make this trip, I brought fellow Nugget Features Editor James Olson. Our evening began when Jennifer treated us to



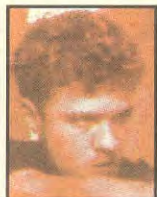
some appetizers that are definitely worth noting. I had their original *forno baked spring rolls* while James enjoyed a *portobello mushroom* stuffed with dill, cream cheese, crab meat, and a touch of lemon.

As for the entrées, I was feeling a bit French, so I went with a *chicken, mushroom, and spinach stuffed crepe* topped with roasted garlic and a Parmesan cream sauce. James, on the other hand, was in a Western mood, so he chose the 5-

peppercorn tenderloin with fresh prawns in garlic butter. Both James and myself agreed that the flavors each dish offered, were true to their native roots.

Our night was closed off in style when Jennifer surprised us with their signature dessert, called a *warm cookie*. Served piping hot in a personal skillet, the scrumptious 6-inch cookie is baked to perfection, topped with two scoops of ice cream, and covered in a warm chocolate sauce.

Gotcha!

LECH
Purogi

Rentals to play paintball - \$10. 200 paintballs - \$12. Having the time of your life - priceless. No, this is not a

MasterCard ad, this is an article about the new NAIT Paintball club.

The club caters to people who are interested in trying paintball for the first time. "We are not really a club in the sense that you have to play every week," says NAIT Paintball club founder Curtis Comeau. "Anyone can come and play as much as they want for a really good price."

When it comes time to ask students to do any off campus activity, price always becomes a factor. So

Curtis went and sought out a sponsor who would be willing to lower costs.

The person who was willing to do that for the NAIT students was the owner of the Quest for Adventure paintball range, Lyle Kuchmak. Lyle has generously sponsored the club so students can paintball for only \$22.

The \$22 gets you all your rentals, which includes a gun, mask, camouflage clothing, and 200 balls with extra paintballs available for

only 6 cents a ball!! Without his sponsorship, people would be paying upwards of \$30 for the rentals alone!

The group heads out every Sunday, from about 12 p.m. - 5 p.m. All students whether solo or in a group, are welcome to come. To reserve a spot contact Curtis at 461-7168 or E-mail him at curtiscomeau@hotmail.com. And, yes, girls can come, too!! In fact, women tend to be better players than men because they are much more patient. Hmmm... I smell a challenge.

Come and Play
Paintball for \$22

Join the NAIT Paintball Club! Your fee includes a gun rental, CO₂, Camouflage, Mask and 200 balls.

"Meetings" every second Sunday.
For more information, contact
Curtis at 461-7168 or email
curtiscomeau@hotmail.com

Quest
for Adventure

942-3330 www.paintballqfa.com