TTELE, Friday, February 23, 2001 Volume 38, Issue 19

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Men's Hockey Playoff Action:

Ooks Roll Over Thunder

Sweep Earns Ooks a Date with the SAIT



DARRYL Hodgson

ffensive? How would you define offensive? Someone's body odor, someone's bad lid? Well, that's how the Concordia Thunder could describe the NAIT Ooks this weekend!

The goaltending tandem of the Thunder, who put together the best goals against average in Thunder history, were lit up for fifteen goals in two games. Friday night marked the first game of the best of three quarter final match here at NAIT, which was a goal scoring fiasco.

The Ooks opened up the scoring, a fluttering shot by Tyson "on the Face" Schielke. The Thunder replied on the powerplay, but the Ooks scored again shortly after to regain the lead. The Thunder once again replied on the powerplay to tie the match. The Ooks, determined not to let the Thunder take the lead, scored once again to take the lead for the third time.

We were able to score once again before the end of the period, putting us up by two.

In the second, the Thunder scored two more powerplay markers to tie the game once again. Not to worry though, as coach Ballard fired us up, and we came out and scored three goals in the third. Mark "Pamplemousse" Chmilar netted the winner, a nice shot off the post and

in.

This made final score NAIT 7 – CUCA 4. This also put us up 1-0 in the best of three series.

Chmilar received player of the game honors while Tyson "Pad Save" LaFrance played a fantastic game in goal.

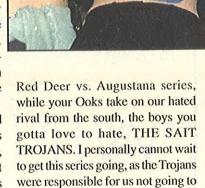
The next game went on Saturday night at the Olympic sized-ice in Clareview Arena. We knew if we were to score first, the Thunder would start folding their tents, and it would be smooth sailing the rest of the way home. This is what we accomplished.

We opened the scoring early and did not stop the scoring until the buzzer went to end the first frame. The only offense the Thunder managed was a squeaker that Tyson LaFrance would have liked to see again.

The score after the first period had us up 5-1. Steve "His Mulletness" Reade scored a single, and Troy "Thong" Eberhardt almost put one through the post to help us along the way. The Thunder tied not to say die, as they scored one more in the frame, but not to be outdone, we scored two. One more goal in the third period made the final score OOKS 8 – Thunder 2.

Tyson LaFrance played again in goal, and played great, especially in the third when he made many point blank saves to preserve the two goals against game. Steve Reade, who scored twice in the match, received player of the game honors. Now the pretenders are out of the picture.

It's time for the league semi-finals. The first place Mount Royal Cougars will play the winner of the



The bad blood between the two teams is starting to boil, and it is going to erupt on Friday night at the SAIT Arena. The next game will happen on Saturday, right here at NAIT. The puck drops at 7 p.m., so come on out and support your Ooks.

nationals last year.

This may be the last time you get to see a hockey game this season (until the league finals anyway), and this series is a best of three matchup.

Saturday night is the best time to watch a hockey game, get primed before you go out to do what you do, but I'll guarn-damn-tee you this is going to be the best and most

watched series of the year.
The winner of this series is likely to go on and win the championship, and maybe

vecks weeks we were well were well and we weeks weeks we weeks we weeks we were well and we weeks we weeks we weeks we weeks we weeks we were well and we weeks we weeks we were we were well and we weeks we were well and we we well and we were well and we were well and we were well and we

Can't wait to see you all there, especially our trusty NAITSA staff, who will not let us down and bring all the noise makers that they possibly can (right?!). That includes people, too, fellas. Check out more sports inside the Nugget, as most of your Ook teams are now in playoffs (and hopefully doing well). Good luck, ladies and gentlemen, hope everyone represents the Blue and

Gold well.

We will keep you informed of results, or check the bulletin board across from the NAITrium. It is updated regularly, so use it to your adventage.

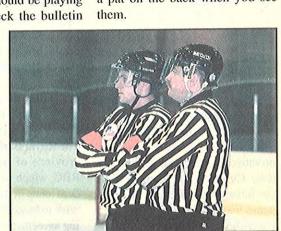
Well, there is no paper next week, so I'll let you know in two weeks when we should be playing in the finals. Check the bulletin nice to see NAIT players in the top ten of the league. Give these guys a pat on the back when you see them.

board across from the NAITrium for results or ask any of your Ook play-

Wish us luck, and until the final, ciao from the chimp.

NOTE: Cory Pecush finished sixth in league scoring with 39 points, with captain Jeff Ainsworth not far behind with 34 points and Travis Tipler with 32. Tyson LaFrance finished first in the league in regards to goals against average with a 2.59. Way to go fellas, it is nice to see NAIT players in the top ten of the league. Give these guys a pat on the back when you see them







The Real World



TRAVIS Bannert

ast week I was having lunch with a friend, and we were talking about the usual school-related topics. Then, out of the blue, my friend asked me what I was planning to do when I was finished school.

Well, the last time this subject came up was in September, and I brushed it off. I mean, come on, I don't need that pressure when I just



started class. Well, it then hit me that it's now February, and I would have my diploma in two months (God willing).

So, concerned with the future of my fellow graduates and myself, I went in search of a career resource and hopefully a fairly interesting, or at least helpful article. I had remembered seeing something on TV about the Government of Canada and careers, so I started there. However,

when I finally found their website, it didn't seem very interesting or helpful (plus, who wants to work for the government?)

I then spoke with a friend who sent me to NAIT Career Services. If you're not familiar with this place, it is a NAIT job seeker's dream. They answer all your questions and show you how to use one of their most valuable resources, "The Official NAIT website." Job seekers can log on at http://www.nait.ab.ca. From there, just follow the easy directions to job postings and then plug in your student ID and last name.

When I clicked on my program area, I found 40 current job postings from employers who came to career services looking specifically for NAIT students in my field. At first, I was overwhelmed, but I soon found out how to manage the system and only look at jobs I was interested in. The site also connects to certain career services' online resources if you poke around.

Now, career services can't guarantee that all programs have that many jobs posted for your program as that number does fluctuate, but they can show you the best route to help find employment in your field. This past week, I have applied to six companies I'm interested in, and things look positive.

But, I'm in no big hurry, there are still two months.

Will Alberta Be Next?

Saskatchewan ponders Student Loan Amalgamation



Poulsen

ired of filling out forms to get money from both the Federal and Provincial Government?
Wish that you could get money with greater ease?

Saskatchewan is in the midst of evaluating the merits of a one loan, privatized educational lending system. Currently, the province doles out money to students in much the same way as Alberta. Fill out a phone book's worth of paperwork,

wait around forever to get an answer, and then get magical money from heaven from two sources, provincial and federal.

At present, the Saskatchewan government is in stages of conferring with the Feds. The idea is for both parties to contribute to the students but to have the funding awarded by a single, privatized company.

This possible systematic change is the result of the expiration of a 1996 agreement between The Royal Bank of Canada and the province of Saskatchewan. The RBC, which has been handling student loans in the province, does not wish to establish another risk-sharing agreement.

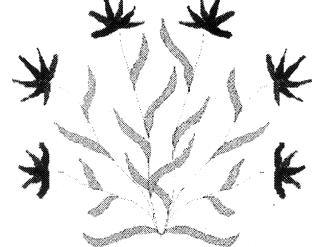
Want to work at the NAIT Spring Fling?

We are looking for Cashiers • Security and Production People

for the show.

If interested, fill out an application at the NAITSA office (Rm E-131) or phone Rob Ellis at 471-8725.





LOTS OF ITEMS

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Odds[&]ends



DARIA Morgan

US Education Not Up To Snuff

A study of the dozen most-used science books in US middle schools have been found to be so riddled with errors that none of them are acceptable to use - though they are currently being used by roughly 85 percent of the US school population. The errors took over 500 pages and two years to compile into an official report. Some of the minor errors found include a map showing the equator passing through the US, impossible diagrams of what prisms do to light, and a photo of singer Linda Ronstadt labelled as a silicon crystal.

Stomaching The Evidence

Upon arriving at a reported breakin at a house in Perth, Scotland, police found a man in the road with a broken hip. Upon doing an xray of his hip, the man's hip was wide enough to show some of his stomach contents - which included thousands of pounds worth of loot. Police theorize the man heard the police coming, swallowed the jewels he was stealing to hide the evidence, and then slipped as he escaped out of a second-storey window.

The Forgotten Future

Medical researchers at Hokkaido University in Japan are saying that one person out of every ten under the age of 35 are suffering from memory loss because they depend too much on devices such as computers, organizers, and navigation systems. They feel that people are losing the ability to remember new things, pull out old data, or distinguish between important and unimportant information. "Young people today are becoming stupid," says professor Toshiyuki Sawaguchi. "Everyday, your memory might be at threat if you are using anything computerized as a kind of external memory."

In The Dark In England

It is being reported that skin removed from patients during plastic surgery at a hospital is Salisbury, England, was sold to a research center specializing in chemical weapons. The hospital admits to this, stating that patients were required to sign a consent form prior to surgery. The hospital also admitted, however, that the form did not fully explain to patients what their excess skin was being used for. The practice was stopped only two weeks ago after hospital officials reassessed their practice in the light of charges being pressed on neighbouring Alder Hey Children's Hospital where organs were removed and retained from dead children without consent.

Preacher Named As Silent Porn Partner

The Reverend Frank Herkommer is a minister of the state-related Protestant Church of the Palatinate in southwestern Germany. He may not be a minister there much longer, however, as church officials have

begun proceedings to remove him from the clergy roster. The proceedings were initiated after it was discovered the reverend was a coowner of an outfit that distributes homosexual porn pictures and video clips over the internet. The reverend claims he is only a silent partner in the business and has promised to sell his shares if the church does not fire him.

The Ultimate Gift Of

A Maplewood, Minnesota, woman gave her boyfriend a unique Valentine's Day gift last week - a healthy kidney. Ann Riehm and John Monroy met 5 1/2 years ago. In early 1998, Monroy was diagnosed with severe hypertension. By November, he had suffered chronic renal failure and needed dialysis three times a week. That's when it became clear he needed a new kidney. Girlfriend Riehm then offered to be tested to see if she was a match, and she was. The procedure took place on Valentine's Day last week. Monroy said it won't be easy to come up with an adequate gift to give Riehm back in that, "there is nothing I can give her, other than my love and friendship and to say thank you for giving my life back to me."

Virginia School Deals With Non-Virgin Issue

The Virginia Military Institute spent much of the 1990s fighting an unsuccessful battle against co-education. Now, they are trying to figure out how to accommodate their first pregnant cadet. School officials state the cadet, whom they will not identify, has a choice of taking a leave of absence, living in separate

Stoppers

quarters, or remaining in barracks. For now, she has chosen to remain on campus in barracks and continue with her studies. The Virginia Military Institute has struggled with many incidents since going co-ed in 1997. In 1998, a male student was caught having sex with an exchange student at the school. Both were expelled. A year later, the school's top-ranking cadet was also expelled after it was found out he was using his position to pressure freshmen women for sex. Officials have stated that the pregnant cadet did not violate any campus rules and that no disciplinary action will be taken.

Here We Go Again

After being arrested for a road rage incident last week, OJ Simpson called a press conference claiming the whole arrest to be a non-incident and stated he had never chased anyone with a car before. According to Olympic cyclist Thurlow Rogers, however, this is not true. Rogers claims that in 1994 Simpson almost hit him with his car. When he yelled at Simpson, Simpson then turned his car around and came after him. Simpson, 53, was charged last Friday with assault and burglary after his neighbour claimed Simpson chased him with his car and grabbed his glasses off his face after he objected to Simpson cutting him off in traffic. If convicted, Simpson faces up to 16 years in prison.

Scary Thought Of The Week

Luciano Pavarotti was recently quoted on CNN saying it is his dream to sing a duet with Madonna.

Laying On The Line

Last week, a man was found shot to death near the city limits of La Crosse, Wisconsin, and that's the problem - law enforcement officials are not sure if he was shot in the city limits or across the border in the town of Onalaska. It makes a difference since the former is the district of the city police, and the latter would be the responsibility of the county. Neither agency is eager to pay the costs of the murder investigation, and surveyors are being brought in to see exactly where the city limits are.

Not A Remote Issue Anymore

Police in Tallahassee, Florida, recently arrested two 20-year-old men after they returned to the scene of the crime where they previously stole two television sets. As for why the foiled duo returned to the scene after giving the police enough time to arrive, they admitted to the officers that they forgot to grab the remotes for the TVs and had to come back for them.

Letting It All Hang Out In Toronto

A newly-opened store in Toronto, Ontario, is currently causing a lot of controversy. The Nudist Store, a "one-stop information and product outlet for Canadian nudists," is run by Malcolm Scott and his five part-time employees who often work in the nude in the store. Scott claims the nudist community loves the store because now they have a place they can go in their natural elements. City councilor George Mammoliti is less than enthused, however. He was quoted as saying, "Why is it acceptable for somebody to run a store nude and nobody's saying anything about it? I think he's got quite the balls to open up a store

Stupid Headline Of The

A recent AFP headline read: "Half of Young Men in Beijing Happy with Premarital Sex."

A Matter Of NAIT Campus Crime Perception



JENNY Thornbird

o' and behold, I get my very first cover in three years, and here I am writing an apology for it!

In the last issue of the Nugget, an article called "For The Anti-Lovers" was run on the cover. It was written by yours truly, and while I received many rave reviews for the article (thank you, thank you), I also apparently ended up ruffling some feathers.

One would think, though, that when you see an article entitled "For The Anti-Lovers" accompanied by the space ship in the movie Independence Day blowing up a heart, you would deduce that it is going to be a lightly written article. And that's all it was supposed to be.

So, to anyone I offended with my article, I'm sorry.

n or around January 15, 2001, a data image projector (valued at \$9,000) was taken from Room O-120. This room is centrally located on the north side of the Common Market. The projector was clearly visible through the large windows bordering the room. The thief stood on the table in the centre of the room to access the projector. Anyone who may have been walking through the loading zone beside the west exit of the North Lobby, possibly on their way to or from the Tower may have seen the incident.

Several projectors have been stolen from NAIT this year. It is believed these projectors are being

Several projectors have been stolen from NAIT this year. It is believed these projectors are being used to set up home theatres.

used to set up home theatres. Do you know someone who has recently put together a home set up for video viewing through his or her VCR, DVD, or computer?

These losses, on a whole, affect our school and the quality of presentations that instructors are able to provide. Who knows? Part of our tuition may need to be directed to the replacement of these projectors or the rising cost of our school's insurance premiums. Food for thought...

If you have any information about this or any other crime, call Crime Stoppers at 1-800-661-8336. You do not have to reveal your identity, and if your information leads to an arrest, you may qualify for an



NEWS



NAITSA Elections — Position Information

PRESIDENT

Duties And Responsibilities The President will:

- * Preside over all meetings of NAITSA, General Council, and Executive Council;
- Responsible to the Student Association membership in so far as the activities of the Student Association are concerned; shall exercise supervision over all officers in the discharge of their duties as outlined in the Constitution and the Policies and Procedures manual;
- Responsible for the maintenance of proper procedures according to the Constitution and Policies and Procedures manual; and the interpretation and revision of such when necessary;

Act as the official representative of NAITSA to the President of NAIT, the Board of Governors and any body outside of the Student Association;

- * Act in the capacity of an ex-officio member of all NAITSA standing committees and special committees;
- · Serve as a voting member of the Activities Committee and Publications Board;
- Responsible for presenting a budget for approval for his/her division to the NAITSA Vice President Operations;
- Designated alternate signing authority in the absence of the NAITSA Vice President Operations;
- Responsible for preparing an agenda for General Council and Executive Council meetings from submissions made by Council members and other items deemed important to the functioning of NAITSA;
- Establish any General Council ad-hoc and/or standing committee deemed necessary to the effective operations of NAITSA;
- Responsible for maintaining a copy of the Constitution and/or Bylaws for each technology club or student club;
- Register in a minimum of three (3) and a maximum of fifteen (15) class hours per week or have instructional hours approved by executive and general councils;
- Maintain regular posted office hours in order to do the business of the position.

VICE PRESIDENT COMMUNICATIONS

Duties And Responsibilities

The Vice President Communications will:

- Presides over all meetings of the Publication Board;
- Designated the official liaison between the Publications Board and the Executive Council and General Council;
- Responsible for the supervision of all NAITSA publications (Nugget & Handbook); and hiring of necessary staff for such publications;
- Responsible for internal and external public relations of NAITSA;
- Administer the NAITSA tech-charity and volunteer points and prizes;
- Responsible for presenting a budget for all NAITSA publications to the NAITSA VP of Operations;
- Responsible for communication to the technologies and students;
- Designated as chair of the Orientation committee;
- Designated as chair of the Public Relations committee;
- Register in a minimum of six (6) class hours per week and a maximum of fifteen (15) class hours per week or have instructional hours approved by executive and general councils;
- * Maintain regular posted office hours in order to do the business of the position.

VICE PRESIDENT OPERATIONS

Duties And Responsibilities

The Vice President Operations will:

- Perform all duties and assume the responsibilities of the NAITSA President in his/her temporary absence;
- Act as the Chief Financial Officer;
- * Responsible for petty cash and NAITSA safe;
- Responsible for assisting the NAITSA Accountant in the administration of financial matters of NAITSA;
- Responsible for cash management of all social functions and other NAITSA events in conjunction with the NAITSA Accountant and General Manager;
- Designated as a signing authority of NAITSA;
- Responsible for preparing and maintaining budgets;
- Assist the auditor in the annual audit and present audit results to Executive Council and to NAITSA membership at the Annual General Meeting;
- Responsible for the administration of the NAITSA health and dental plan;
- Oversee the office inventory in co-operation with the Office Supervisor;
- Provide monthly updates on NAITSA operating budgets at Executive Meetings;
- Chair the NAITSA Finance and Audit committee;
- Designated member of the Activities Committee;
- Responsible for ensuring the necessary staff are hired for all activities in conjunction with the Entertainment and Marketing Director and the VP Activities;
- Responsible for administering technology loans with the VP Activities;
- Oversee all third party business ventures;
- Monitor and oversee technology financial operations;
- Register in a minimum of six (6) class hours per week and a maximum of fifteen (15) class hours per week or have instructional hours approved by executive and general councils;
- Maintain regular posted office hours in order to do the business of the position.

VICE PRESIDENT ACTIVITIES

Duties And Responsibilities

The Vice President Activities will:

- Work with the Entertainment and Marketing Director in budgeting, organizing, coordinating and executing events (e.g. OOK FEST, Ski Trip, Spring Fling, etc.);
- * Work with the Nest Manager and Entertainment Director in the organization and execution of promotional and entertainment events;
- · Participate on the Shinerama committee (may be chair);
- · Organize all awareness weeks and activities;
- Act as the chair of the Activities Committee;
- * Responsible for ensuring the necessary staff are hired for all activities in conjunction with the Entertainment and Marketing Director and the VP of Operations;
- Responsible along with the Entertainment and Marketing Director for presenting a budget for all events to the NAITSA Executive;
- Responsible to stay within budgetary guidelines for all activities of NAITSA;
- Designated the NAITSA representative along with the Entertainment and Marketing Manager for all student activity affiliations;
- Serve as the official liaison between the Activities Committee and the Executive Council and General Council concerning activities on campus;
- Administrator of all NAIT student club fundraisers held on and off campus (e.g. Beer Gardens, Cabarets, Ski Trips, Pub Crawls, 50/50's, Bake Sales, etc.);
- Maintain current knowledge of Alberta Liquor and Gaming Commission (ALGC) regulations and procedure handbook; distribute copies of these regulations to all technology representatives and take necessary steps to ensure that they are adhered to;
- Responsible for administering technology loans with the VP of Operations;
- Responsible for approving all posters advertising technology club or student club social activities:
- Register in a minimum of six (6) class hours per week and a maximum of fifteen (15) class hours per week or have instructional hours approved by executive and general councils;
- · Maintain regular posted office hours in order to do the business of the position.

VICE PRESIDENT ACADEMIC

Duties And Responsibilities

The Vice President Academic will:

- Responsible for the organization of all special and general meetings of NAITSA;
- Responsible for assisting students in academic related matters;
- · Participate on Academic Council and report to Executive Council on its activities;
- Responsible for all NAITSA elections and assume the position of Chief Returning Officer, if running for re-election, shall along with the executive, appoint another Chief Returning Officer from the Executive Council;
- Designated as the NAITSA representative to the municipal, provincial, and federal government bodies;
- Participate on the Shinerama committee (may be chair);
- Participate on the Academic Affairs committee
- Responsible for updating the technology representative manual;
- Register in a minimum of six (6) class hours per week and a maximum of fifteen (15) class hours per week or have instructional hours approved by executive and general councils;
- Maintain regular posted office hours in order to do the business of the position

BOARD OF GOVERNORS STUDENT MEMBERS

(ex-officio, non-voting)

It is important to stress that this position serves two separate groups. The Board of Governors student members will be nominated by NAITSA in accordance with Section 11(3) of the Technical Institutes Act, to be appointed by the Minister of Learning to be a member of the NAIT Board of Governors. The Minister views this person as an individual who does not formally represent the NAIT Student body or Students' Association. The Minister provides a manual describing Board duties. At the same time, the Board of Governors student members are elected by NAITSA and are expected to take on the following duties and responsibilities with the same seriousness as the Board appointment. These positions take effect once the Minister of Learning approves their appointment (mid to end of August each year). The appointments are for one year from the date of appointment.

Duties And Responsibilities

- Attend all General Council meetings unless for an excusable absence and give a monthly verbal report on student related board activity;
- Submit a monthly article pertaining to student related board activity to the Nugget;
- Consult with and inform the NAITSA President, at regular meetings no further than one month apart, on matters at the Board level pertaining to student affairs;
- Attend all BOG meetings and represent the best interests of the students.



WHEN I GROW UP, I WANNA BE PRIME MINISTER



TRAVIS Bannert

o you have political aspirations? Do you think you can benefit the student populace with your great ideas for school activities? Or, do you have a knack for numbers? Well it's almost time for the Naitsa executive elections. These coveted positions include President, Operations VP, Activities VP, Communications VP, Academic VP, and two board of governors positions.

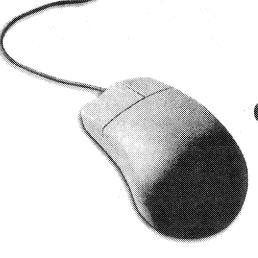
The benefits to getting voted into these positions is a salary with

The benefits to getting voted into these positions is a salary with additional perks.

additional perks. More info can be found at the Naitsa office. What I can inform you about is the rules and processes you must go through to apply:

Nomination forms must be in next week with twenty signatures from candidates for the President's position while all other positions require ten signatures. Additionally, candidates must include an official statement of marks from the Registrar's Office. The campaigning and election will be held in two weeks.

If you're still interested in running, you can get your nomination forms and additional info at the students' association office at Room E-133.



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Jefferson Armoury Officers Mess

EMPLOYMENT OPPORTUNITY

Part-time Bar Staff

Experienced and reliable part-time bartenders are wanted to work at the Jefferson Armoury Officers Mess (located next to NAIT) on Wednesday evenings and selected Friday and Saturday evenings. Hours will grow as business grows.

Please submit a resume outlining experience to:

Captain J.P. Grebenc Adjutant The Loyal Edmonton Regiment Brigadier J.C. Jefferson Armoury 11630 - 109 Street Edmonton, AB T5G 2T8

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Tel: 973-4011 ext. 5642 E-mail: mail987d@dnd.ca The Official
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Room E-128 11762–106 Street Edmonton, Alberta T5G 2R1

Production Office 471-7615

Fax 491-3989

e-mail nugget@ookmail.nait.ab.ca

Editor-in Chief

Curtis Comeau

News

Sally Poulsen

Features

Shane Turgeon

Sports Editor
Travis Bannert

Entertainment

Kelsey Farnalls

Photographers

Amy Senecal

Steve Vigar

Typesetter Katrina Benson

Production Manager **Darrel Gregory**

V.P. Communications

Brad Letwin

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The Nugget encourages submissions

THE DEADLINE IS 12:00 p.m. on the first school day of the week.

All submissions Must be accompanied by Your Name & Student ID Number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to sdit letters and viewpoints for brevity.

Contributing Writers

Daria Morgan, Steven Senos, Nick Yatco, Brendan Wren, RTA, Shawn McDonald, Jay Archibald, John Zazula, Kenny Total, Don Gray, Stocky McZellers, Jenny Thombird.



OPINION



Cloned Messages



TRAVIS Bannert

nlike many people out there, I have positive beliefs in the voting process, especially on political positions whose actions have such a direct impact on us as Albertans or Edmontonians. I am obviously talking about the



upcoming provincial elections.

What concerns me the most is the growing number of politicians and parties that have really nothing new or intuitive to say. I was hoping when I got the first glimpse of the Alberta Liberals' position on issues, it would at least be interesting. They, like most of the other opposition parties, are taking the easy way out. They give us the most obvious campaign focal point: "We are against a two-tiered health care system."

Yeah, well, so what. That doesn't have to be the foundation of your political standing! Tell me how

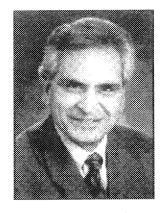


you're going to do a better job than the PCs have done. Our province has clearly become the leader economically as our unemployment rate is the lowest in Canada. And, we're coming out of a deficit with a large surplus. Klein is doing what he said he was going to do back in the early

Maybe Ralph is making a big mistake with this new healthcare system but, so far, I haven't heard about anyone dying because of it.

nineties. I think, deep down, people know that, and that's why he got voted in the second term and that's why he'll likely get voted in again.

Now, the reason I mention the Liberals firsthand is that I am a big



supporter in general of their economic standings (nationally). It seems, however, that, in this prov-

ince, they don't have much to

Maybe Ralph is making a big mistake with this new healthcare system but, so far, I haven't heard about anyone dying because of it. One thing I can respect about Klein is that he stands up for what he does. I'm sure if he knew there was going to be such a large uproar that he wouldn't have supported the new system. Can the opposition stop it now? Probably not, as it seems like empty promises to me.

The opposition parties don't have much to say that's very original. I've always believed that if it isn't broke, don't fix it, so if there's going to be a new provincial government, the minority parties might want to start giving us a more original message to listen to.

Geado's Corner



DON "the Geado" Gray

ow do you know if you are a mature student? Just because you take things seriously doesn't mean that you are mature; it only means that you are serious (it may also mean that you have a collection of Pocket Protectors). If three or more of the following bring back memories, then you could be a Mature Student:

- 1. The most popular kid in school had the biggest TV antenna on his house.
- 2. Married TV couples slept in separate beds and kissed each other on the cheek
- 3. Songs had words that you could understand with music that moved you
- 4. The telephone had a rotary dial and was secured to the wall.
- 5. Your current favorite saying is "If I knew then what I know now."
- 6. A remote car starter was when your dad (with his head under the hood), would holler to your mother (who was behind the wheel), "Okay, honey, try it now."
- 7. Entertainment Saturday night meant trying to find the puck in another snowy edition of Hockey Night in Canada.
- 8. Thinking of "bellbottoms and love beads" brings back many happy memories.
- 9. A penicillin shot fixed anything you received from a night of "free love."
- 10. The last time you had sex in the back seat of the car, there was enough room.

If you have a response, idea, fact, or a human-interest story, please drop a note to Geado's Corner c/o The Nugget.

Running Out Of Money

One Desperate Student Out of How Many?

STOCKY McZellers

h, the shame of being poor. I'm not just talking, "Hey, spot me five bucks until payday" poor, but the kind of poor where angry credit agencies hound you, where your roommate pays bills, and you sell your belongings in order to pay him/her back. The kind of poor where you become susceptible to every stupid get-rich-quick scheme that you see on TV, online, and in your mailbox.

I know such shame, my friends. It is the curse of the income under \$15,000 a year. (More commonly known as the minimum wage blues.)

It is this crisis that has brought me to a crossroads... how do you decide when you're too broke to stay in school? We are all obviously saddled with some amount of debt in order to be here, even if it's a mere debt of gratitude to ma and pa for putting you through school. For some of us, though, it's far more than that, and we lie awake at night, pondering whether to quit or sweat it out.

I have chosen to attempt to sweat it out, for now anyway. Although it surely sucks to attend school and work part-time, the level of suckitude is nothing compared to that of the student who must work full time outside of school. Oh, how precious that three to five hours a day of sleep/fun/quality time outside of school and work become. And it's really not so bad, except that you begin to hate everything, work, school, people, life, money. And so

when you're at work late one night, and you find yourself standing on top of a 12 foot ladder, you start to consider "slipping", just so that you no longer have to deal with any of it

Although it surely sucks to attend school and work part-time, the level of suckitude is nothing compared to that of the student who must work full time outside of school.

Anyhow, I digress. My point was, "How does one discern when it's best to cut one's losses and move on?" Here's the criteria that I have used in order to make that great big

decision:

- 1. How many material possessions do you have, and how much do they mean to you? More importantly, will they be enough to get you through a whole semester of school when you are forced to sell them?
- 2. Are you really really, really, really, REALLY SURE that this is what you want to do with your life? When you're shelling out thousands of borrowed dollars to do something, it had better be worth it.
- 3. Is your roommate a nice enough person to carry you when you're crabby, unlikely and so very poor?
 4. Are you really, really, really, really, really, really, REALLY SURE that this is what you want to do with your life? REALLY SURE?
 5. How generous are your parents?

Evaluate these carefully, and make your decision. As for me, I won't be back next semester.

NAIT DISCOUNT CARD

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Discount on all regular priced merchandise, including Levi's, Sorel, Carhartt, and Helly Hansen.



Kingsway Garden Mail location only. (Next to Bank of M.) Ph: 479-2478 Expires August 31, 2001. NAIT ID required. pay attention to the green light that

yer sitting through!" How fuckin'

tough is this? I see you mouth

breathers sliding around like partici-

pant 451 at the videotaping of a

world record breaking gang bang.

Here are Total's simple winter driv-

1. Double your braking distance. Do

not come flyin' up to a red light at

70 miles an hour and expect to be

able to stop by jamming your brakes

on when you have 3 inches between

2. Leave your place five minutes

earlier. This way, if some screw head

has an accident and fucks up the

flow of traffic in front of you, you

don't have to take off like OJ from

the scene of a crime. You'll have

plenty of time to get to where you're

3. Lastly, if you happen to look in

your rear view mirror and see the

Totalmobile riding your ass, GET

THE HELL OUTTA MY WAY

BEFORE I SQUISH YOU LIKE

going at a safe and relaxed pace.

you and the guy in front of you.

ing tips:

GRAPE!



Let It Snow, Let It Snow, Let It Snow.



KENNY Total

ou know what amazes me? That you, the student body at a technical institute, can find your collective asses with both hands. Sure, some of you can bake the hell out of a cake. Some of you can fix a car with one hand tied behind your back. Others can produce commercials and write scripts. But do any of you little eggheaded booklearners know what happens around this time every year?

Remembrance Day? Sorry, wrong answer. Total's Birthday? Good ass-kissing guess, but wrong. The Oilers are mathematically eliminated from the playoffs? True in years past, but that may change this year. Never the less, that too is the wrong answer. Give up? IT GETS FUCKING COLD.

Let's all take a ride in the WayBack Machine. Let's all go back to when we were 14 or 15 years old. Do you remember what it was like when you sat beside little Suzie Creamcheese in Grade 9 and she smelled like that cheap, crappy perfume you used to buy at Woodwards? Heaven. Remember how you always tried to act real cool whenever she was around? You'd wear your best Ocean Pacific t-shirt and you'd polish up your Reebok Pump sneakers. You got your hair streaked so that you'd look like a New Kid On The Block, and then you'd use extra gel in your hair so that you'd be wicked awesome. Now, it's time to go to school so you can pimp up and down the hallway in front of homeroom. But, alas, we have a problem. After you spent your allowance on your new stylin' hair-do, how will you get to class and still look as gnarly as you do in your bedroom, surrounded by Samantha Fox posters? Four little words. Don't wear a toque.

Now, you get to school and your pimply forehead has a layer of ice on it. Your eyes are froze open. Your ears are so cold and frozen that where the earlobe meets yer noggin, it's cracked and bleeding. But, damnit, you are one cool motherfucker. Suzie is gonna be diggin' ya full-time.

Now, let's get back into the WayBack machine and come back to the present. Do we know more now than we did when we where 15? Yes. Did we study hard throughout high school so that we could get into

a great post-secondary school? Yes. Did we then decide, "Ah, fuck it. I'll just go to NAIT?" Yes. We make all these intelligent (?) decisions, yet the vast majority of you refuse to wear a toque. Let me ask you a question. How cool will you look when you have no ears to hold up your \$250 Oakleys or your \$75 Fubu ballcap? You went through 12 years of high

I see you all driving around, looking at the sky as each beautiful and unique snowflake floats gently to earth and I think to myself, "Hey! Asshole! Quit watching the sky and pay attention to the green light that yer sitting through!"

school, and now you embark on your college experience, yet you can't understand the importance of woolen headgear when the mercury dips below 0? Morons.

While we're on the subject, how is it that all you people behind the wheel can be in awe of snow falling from the sky in WINTER? I see you all driving around, looking at the sky as each beautiful and unique snowflake floats gently to earth and I think to myself, "Hey! Asshole! Quit watching the sky and

> Gary Masyk for Edmonton Norwood PC Alberta

Gary is honest, has integrity, Christian values & wants to ensure Norwood is a safe & prosperous community.



Gary lives in Norwood. He cares about his neighbors and his community.

Gary knows the importance of funding for education, being a former NAIT student himself.

PEOPLE PARTICIPATION PROSPERITY

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SPORTS



Bannert's Weekly...

FITNESS FAQ



TRAVIS Bannert

Moi: Explain what you feel would be an ideal cardio workout for someone from the beginning stages to the advanced?

John: This is quite a large question to answer in one article, but I will do my best. In cardio workouts, intensity is everything. I see people working out in the fitness centre, gliding along on a piece of equipment reading a magazine and, after their 5-30 minutes, they get off, give

I see people working out in the fitness centre, gliding along on a piece of equipment reading a magazine and, after their 5-30 minutes, they get off, give a sigh of relief with no sign of sweat, and head off to their weight workout or stretching.

a sigh of relief with no sign of sweat, and head off to their weight workout or stretching.

On the other hand, I see people crank up the intensity and leave it there until their cardio workout is complete and get off dripping and exhausted. They don't consider a warm-up or cool-down, just "no pain, no gain." So, by intensity, I mean the right intensity for you and your workout.

The first thing you have to know is an approximation of your maximum heart rate. This is usually calculated by subtracting your age from 220. So, if you are 20 years old, your maximum heart rate is about 200 - or, if you are 40, approximately 180. Most of your workouts should be in the 70-85 percent range of that maximum heart rate.

Now, many of the machines will calculate the so-called cardio zone for you and set the intensity within that zone. If the machine doesn't, or you want to monitor it yourself, borrow a heart rate monitor chest strap from the Sports Equipment Centre.

We now have an idea of the intensity, so how long do we workout? If you are very unfit, try for three workouts a week in the fitness centre of at least 20 minutes. Then, try to do some walking three other days of the week. If you want to get more fit or lose weight, then this is what you have to do. It's just the inten-

sity that varies.

Consider the three workouts in the fitness centre in the cardio zone and the other three as enjoyable walks at a brisk pace. The body adjusts and adapts best to consistent charges not hit-and-miss workouts.

As you get fitter, it will take a higher intensity or load on the equipment to keep your heart rate within the cardio zone. If you do the above workout for three weeks and you feel comfortable, switch to four days a week in the fitness centre with one day at or close to the top of your cardio zone. You should now increase your cardio workouts to 30 minutes. If you want to burn fat as a primary source of fuel, then you have to continue your workout for at least 20 minutes for your body to adjust to the new intensity and burn more fat.

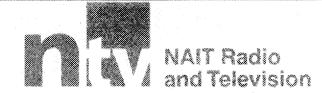
What piece of equipment or type of fitness activity is best? The one you are comfortable with. Try different pieces or do your workout on a variety of equipment. One thing to consider is that the cardio zone is different for the exercise bike. You have to subtract 10 beats from your cardio zone because you are only using your legs. If you use the stair climber, the X-trainer, or the rower, subtract about 5 beats from your cardio zone. If you use the treadmill, then the cardio zone is as mentioned above.

Should you work out above the 85 percent level? If you are over 40, check with your doctor first. If your goals are not competitive but only fitness, then there is no advantage to going over the 85 percent of maximum heart rate level. You burn more calories at a higher intensity, and many of those are fat calories, but the higher the intensity, the higher the percentage of carbohydrate calories you burn and a lower percentage of fat calories.

The ideal cardio workout then would be to work out at least three days per week on the fitness equipment or some other fitness activity and try and increase the duration of the activity over time. The other days of the week, do some fitness activity where you are raising your heart rate to close to the 60-70 percent of maximum heart-rate level. One day a week, go 10-15 minutes longer than your longest workout during the week and, once a week, do a higher intensity workout at or about the 80-85 percent range of your maximum heart rate level.

If you have any questions for John that you want answered on the Fitness FAQ,

you can E-mail them to dukes365@collegeclub.com.



Want to find out what's happening around NAIT?

Check out NTV NEWS

Our first show airs this weekend.

News made by NAIT students for NAIT students.

Show times:

Videon:

Shaw:

Fri. 11:00 PM

Sun. 7:00 PM

Sat. 6:00 PM

Sun. 5:00 PM

We want YOUR story ideas. Give us a call at the NTV Newsroom 471-8629.



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The Ringpost



SHANE Turgeon complete with TV deal and PPV crossovers. How TNN would deal with a WWF owned ECW is a different story all together!

The newest ECW star to sign

with the WWF is Tajiri. Tajiri officially signed this week, bringing the current total of ECW wrestlers that have jumped ship to four. Justin Credible made his TV debut last

Monday, and it should only be a matter of time before Rhino, Jerry Lynn, and Tajiri make their debuts.

With the recent ECW talent acquisitions, look for the WWF to be purging the company with some roster cuts.

It looks like Japanese promoter Antonio Inoki has signed biting boxing star Mike Tyson to a match with New Japan Pro in June. No word on what kind of match it will be but, rest assured, I'll keep you posted here in these very pages.

There are plans to open a wrestling Hall of Fame in Schenectady, New York, in 2002. The Hall apparently has support from both the WWF and the WCW.

WWF "No Way Out" PPV this weekend, - should be a great build up to Mania 17!

If you have any questions or comments, feel free to E-mail me at theringpost@hotmail.com.

Canada

ell, wrasslin' fans, this past weekend played host to a WCW PPV, but I don't feel the need to give the results. I'll start giving WCW PPV results after the company's big relaunch in April and the company has it's head out of its ass.

In other WCW news, it looks like former ECW Heavyweight Champion Steve Corrino has decided to sign with the WCW. There

It looks like Japanese promoter Antonio Inoki has signed biting boxing star Mike Tyson to a match with New Japan Pro in June. No word on what kind of match it will be but, rest assured, I'll keep you posted here in these very pages.

has been no confirmation to this rumor, but the deal is expected to be finalized soon. ECW star Kid Kash is also expected to sign with WCW in the near future.

The Road Dogg Jesse James has also been in negotiations with the WCW and looks to have a contract in the bag. If you ask me, the WCW would be better off without him.

The ECW's woeful situation has not improved. With more wrestlers jumping ship and picking up indy shows where they can, one has to wonder how much longer Paul Heyman can hold out, especially with the sweet booking job he's been offered by the WWF. There have been ongoing negotiations between Paul and other companies, but the details of those negotiations are privy to very few. Personally, if Paul can't save the ECW, I think that the WWF should buy out the ECW and run it as a sort of hardcore farm team,



Depar

Department of Foreign Affairs and International Trade Ministère des Affaires étrangères et du Commerce international



SPORTS



NAIT Curlers

Gold, Gold, and Bronze

tremendous performance by the NAIT curling teams enabled them to capture the ACAC curling title. The men and ladies captured the gold and the mixed the bronze in the 2001 ACAC Curling Championship.

The men, skipped by Jeff Erickson, beat their arch rivals LLC 8-7 in a tension-filled game. The tadies team, led by skip Jerri Erhardt, needed steals in the 8 and 9 ends to beat LLC 8-4.

The mixed, skipped by Neil Morrissey, took the LCC team to last rock in the semi-finals before losing 7-5. They had little trouble in the bronze game, crushing AUC 16-1

A total of 85 games were played this year in ACAC play. The two regionals, hosted by NAIT and PC to determine the provincial qualifiers, involved 55 games. Another 30 were played in the provincials, hosted by AUC. When the pebble was gone, the 2000-2001 curling champions were men – NAIT, ladies – NAIT, and mixed – GPRC.

Jeff and team (Ian Jensen, Bill Proznansky, and Jamie McPhee) finished 3rd in regional play with a 5-3 record. They went 2-1 in provincial round robin and played 3rd place AUC in the semi-finals. They beat AUC 5-3 in a close game, which they had complete control of.

The final against LLC was one of the great college finals. Trailing 4-2 after six and 6-3 after eight, NAIT rallied for 4 in the ninth to lead by one coming home. With twelve rocks in play, LLC was only able to score one in the tenth. It was a perfect extra end for NAIT. They peeled everything, and when the LLC skip was heavy on his attempted freeze, NAIT became the champions.

Kerri and her mates, Tara Davison, Nadine Desaulniers, and Melanie Desaulniers, finished first in the regionals with a 5-1 record. Finishing 2nd in the provincial round robin, they faced 3nd place AUC in the semi-finals. They had little trouble in beating AUC 10-3 and now faced LLC, who upset GRPC 8-5 in

the semi-finals. LLC continued their torried play and had the hammer in the eighth with a score tied 4-4. An unexpected last-rock miss in the eighth gave NAIT a steal of 2, and a bonus steal of 2 in ninth enabled NAIT to cruise home an 8-4 winner.

The mixed team, who finished second in the regionals with a 6-3 record, looked poised to make a run at the gold, but the provincials turned out to be a hard-luck story. For skip Neil Morrisey and his teammates Andrea McCutheson, Colin Huber, and Krystal Jackson, the round robin saw them tied for 1st. Confident that they would do well in the playoffs, they were edged 9-7 in the semi-finals by LLC. They rebounded, crushing AUC 16-1 in the bronze

In The Hack

- NAIT's two gold medals were their 25th and 26th.
- NAIT curlers finished the season with an overall 27-9 record.
- Bill Proznansky and Jamie McPhee were named to the Men's All-Star team, and Kerri Erhardt and Melanie Desaulniers were named to

above Company atthetic Conference

MEN'S

CURRING

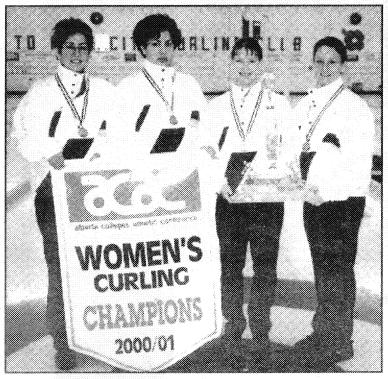
From left: Jeff Erickson, Ian Jensen, Bill Poznansky, Jamie McPhee (Little Buck).

the Women's All-Star team.

- Jeff Erickson, the men's skip, also skipped this year's Alberta Junior team in the Canadians, finishing 5th with a 7-5 record.
- Tim Schamellon, Guy Lapointe, and Amand Boyd played prominent roles in the regionals but were unable to attend the provincials.

Sad Note

• Jack Anderson, skip of the Lac La Biche mixed team, witnessed the fatal crash that took three of his family members (wife, daughter, and new-born daughter) near Lac La Biche. On behalf of the ACAC Curling Fraternity, we offer Jack our deepest condolences.



From left: Melanie Desaulniers, Nadine Desaulniers, Tara Davison, Kerri Erhardt.



From left: Neil Morrisey, Andrea McCutheson, Colin Huber, Krystal Jackson, Jules Owchar.

Protecting your health.

Barbara Beattie works with her detector dog Rookie and her colleagues at the Canadian Food Inspection Agency. They help stop forbidden items from entering Canada that could damage our plants and animals or contaminate our food supply. This is just one of many services aimed at protecting the health of all Canadians.

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Canadä



SPORTS



ACAC Stats

The OOKS Men's Hockey

Team has advanced to next weekend's ACAC semi-finals with a series sweep of Concordia University College. They will face the SAIT Trojans in next week's Bestof-3 semi-final.

MEN

Nait 7 Concordia 4 Nait 8 Concordia 2 (Nait wins quarterfinal 2-0)

WOMEN

Nait 3 Grant MacEwan 1

The OOKS will play at home on Saturday Feb. 24 @ 7pm.

The Men's Basketball team

has advanced to this weekend's ACAC Best-of-3 Quarterfinal and will host Medicine Hat College for all 3 games.

MEN

Nait 107

King's University College 101 (20T)

Nait 87

King's University College 79

WOMEN

Nait 53

King's University College 66

Nait 51

King's University College 41

This weekend's game times are... Thursday Feb. 22 @7pm Nait Gym Friday Feb. 23 @ 7pm Nait Gym Saturday Feb. 24 @ 2pm (if necessary)

The Men's and Women's Volleyball teams have also advanced to this weekend's ACAC Championship tournament. Last weekend they defeated Lakeland College to finish a fine regular season.

MEN

Nait 3 Lakeland 1

WOMEN

Nait 3 Lakeland 0

Our Curling and Badmin-

ton teams wrapped up their seasons last weekend at the ACAC Championships. Here is how we did...

CURLING

MFN

Gold—Jeff Erickson, Ian Jensen, Bill Poznansky, Jamie McPhee

WOMEN

Gold—Kerri Erhardt, Tara Davison, Nadine Desaulniers, Melanie Desaulniers

MIXED

Bronze—Neil Morrissey, Andrea McCutheson, Colin Huber, Krystal Jackson

BADMINTON

Team finishes ACAC Championships in 6th place.

Tutorial Services

NAIT maintains three Tutorial Centres where students receive assistance in a variety of academic areas. The centres provide tutoring on a drop-in basis at no charge to the student. Students must present their student ID card. Students requiring more intensive tutoring may decide to hire a peer tutor through the Peer Tutoring service provided by Counselling Services,

Rm 0-117, Main Campus.

The locations and regular hours of operation of the Tutorial Centres from September 2001 to May 2002 are:

For further information call one of the tutorial centres listed here.

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Room: A-133 Phone: 491-3126

Monday - Thursday: 7:00 am - 5:30 pm

Friday: 7:00 am - 4:30 pm

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Phone: 430-5100

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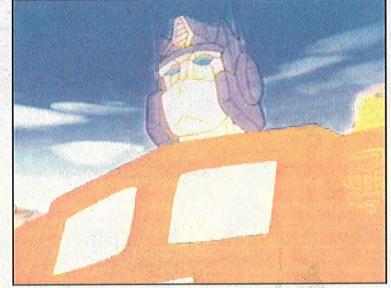
Where Are All the Saturday Morning Gartoons?!



Turgeon

h, the Saturday mornings of our youth. Waking up early, dreary-eyed, and sleep stricken, stumbling to the living room trying desperately not to wake up mom and dad on their only day of solace, quietly turning on the TV and planting our little asses down on the couch for a morning and early afternoon of pure animated bliss. GI Joe, Transformers, He-Man and She-Ra, Droids and Ewoks, the Smurfs, My Little Pony, Jem, Ghostbusters, Super Powers, Strawberry Shortcake... those were the days, the days of the greatest cartoons ever.

Okay, as any one who knows me knows, I've never grown up. I still love cartoons, and I still get up dreary-eyed and sleep stricken on



Transformers

My to my chagrin, shock, and pure dismay, however, there are no cartoons on the channels that used to have the greatest selection in years gone by, and I become inundated by infomercials and Infomercials on a Saturday morning?!?!?

Okay, let's get one thing clear, I don't have cable, but I'm sure there are a lot of children in the city who

> also don't have cable and the luxury of cartoon channels, so there is no reason for Saturday morning programming to have been reduced to this drivel. So, now, my cereal has become soggy, and I'm left to wonder about what kind of future the next generation will have after being exposed

to infomercials on Saturday morn-

Since cable has become a staple in the households of most Canadians, channels like Teletoon, Fox, and the Space Network have taken over the reins of cartoon broadcast, but there are thousands of children in rural Canada who don't have access to cable, and there are thousands more whose parents simply

> have cable pumped into their households. It's up to local channels in cities to continue the cartoon legacy so kids (and me) today can have cartoons to make our Saturdays a blessed break from the drudg-

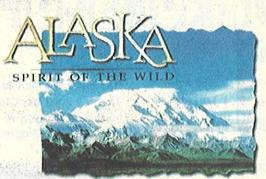
cannot afford to

ery of our school week.

Thankfully, in these dark days of flagrant cartoon misguidedness, I have all my old favorites on tape, and I can salvage my bowl of cereal and sit back to let the animation of old take me to a place where I'm 6

Looking for old cartoons? Check out http://www.coolstuffvideo.com.

IMAX Movie review





KELSEY Farnalls

he new IMAX movie, "Alaska - Spirit of the Wild," premiered last week. It was full of amazing scenery and beautiful landscapes, capturing the essence and beauty of the amazing state of Alaska. Since I have actually spent some time in Alaska, I truly enjoyed the one-hour film. The producers incorporated almost all of the naturally occurring wildlife in their documentary, including wolves, brown bears, moose, polar bears, foxes, humpback whales, sea lions, and, of course, the fabled salmon spawning.

I would have enjoyed seeing some footage on the orcas which inhabit the Pacific ocean, but the humpback whale segment was incredible. They got so close, close enough to the whales to give a detailed illustration of their feeding and playing habits. Footage of Alaska's bleak winters was contrasted by a vivid display of their bountiful summers brought to life by scenes of baby bears, wolf pups and tiny little salmon hatching from their eggs.



The splendor of Alaska was truly captured and depicted in this IMAX film, which is of course an experience made so much more intense by the huge screen and surround sound. If you get the chance, head down to the Edmonton Space and Science Centre to catch a glimpse into the mysteries of



GI Joe

Saturday mornings, although the reasons for my sleep stricken stupor differ vastly from the days of yesteryear, and now I awaken around noon instead of 7 a.m.

Awakened nonetheless, I grab my cereal bowl, sit down at the coffee table, and I turn on the TV ready to let my mind become numb to the world around me and filled with the nostalgic feelings of my childhood.



Toy line of The Week Strawberry Shortcake



CURTIS Comeau

or the simple logistics of big business, toy companies are constantly putting pressure on their development teams to come up with new gimmicks to sell more and more toys. The same mentality was used in the early 80's when Kenner's toy developers designed a complete toy line for young girls - Strawberry Shortcake. The catch was that the toyline's miniature PVC figures were going to be scented - Strawberry Shortcake smelled like Strawberries!!!

Did this scented scheme work? Yes, it did. In fact, Kenner pumped out a whopping 64 Strawberry Shortcake miniatures, not to mention an endless wave of coloring books and such. Rag dolls were another big seller in the SS line but were eventually overshadowed by the ultimate coolness of Care Bear dolls.







new, modern version of Strawberry Shortcake. They were not as successful as their predecessors, how-



In 1991, THQ re-released a ever. Only a few of the originals were made and none came with their





ENTERTAINMENT



HORRORSCOPES



DARIA Morgan

Scorpio

(October 23-November 21) This is a good week to label your underwear like you've been wanting to with sexy slogans. Your slo-

(November 22-December 21) The secret to life is a smile away adopt an emu today!

If Today Is Your Birthday:

Do not accept any gifts resembling a stuffed dog. You don't know where the dog's been and, chances are, you're not going to want to know. Trust me on this.

This week, you will suddenly realize how sensuous gummi bears can be.

Gemini

Capricorn

(December 22-January 20) Excellent week to be expansive and benevolent. It will make people worry.

Aquarius

(January 21-February 18) You will be tickled without mercy this week. Oddly, you will not be able to see your assailant.

Pisces

(February 19-March 20) Don't lose hope! Conditions like yours are painful and embarrassing, but often clear up on their own.

Aries

(March 21-April 19)

This week, you will think of something hysterically funny but not have anyone to tell it to.

Taurus

(April 20-May 20)

This week, you'll suffer the slings and arrows of outrageous fortune and, believe me, that'll hurt.

Gemini

(May 21-June 20)

This week, you will suddenly realize how sensuous gummi bears can be. This will mark a turning point in your sex life.

Cancer

(June 21-July 22)

You've about had it with one particular fool in your life this week. Have you ever considered investing in a tranquilizer gun? Mine comes in very handy, especially on blind dates.

Leo

(July 23-August 22)

This week, you will angrily tell someone that you are more than just a name and a number! You are also punctuation!

Virgo

(August 23-September 22)

Good week to make a call from a pay phone in a really busy part of campus and say in a really loud voice, "You dumped the body WHERE?"

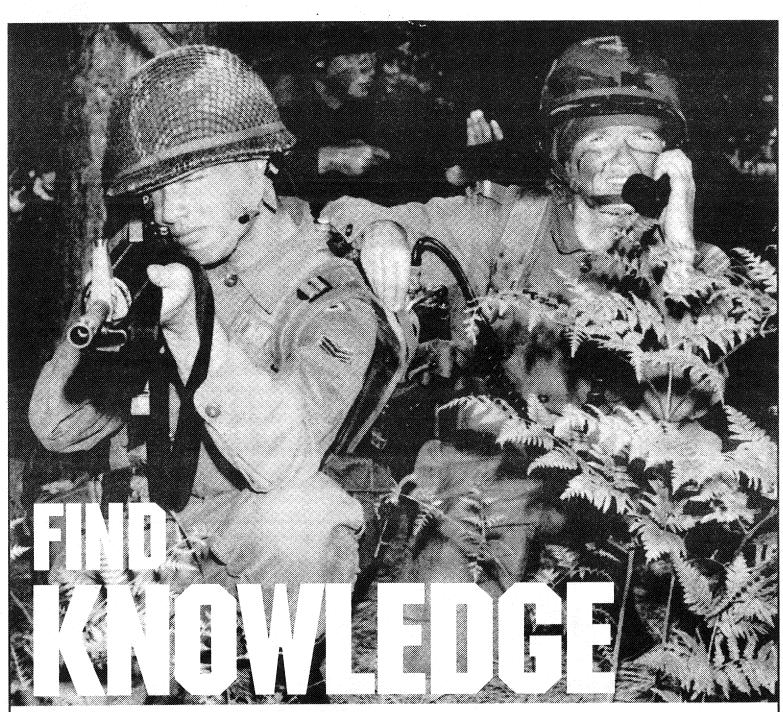
Libra

(September 23-October 22)

This week, you will discover the true meaning behind the words, "Nothing says fuck you like napalm." This will make you very, very happy almost giddy, even.

gans of "Launch codes in here." "Who's been naughty," and "Snerge" will make you a big hit among with opposite sex.

Sagittarius



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National Defence

Défense nationale FIND YOURSELF IN THE ARMED FORCES RESERVE



Do You Want to Play In The NAIT I THE STATE OF THE STATE

On Thursday March 22nd, The Nest & NR92 will host the 1st Annual NAIT Battle of the Bands.

HOW DO YOU GET IN THE COMPETITION?

- 1. One member of the band has to go to NAIT.
- 2. You have to hand a copy of your bands Demo CD or Tape to the NAITSA office (Rm E-131)
- 3. You have to hand in a copy of your stage plot with your demo.

ALL ENTRIES MUST BE IN BY MARCH 7TH

Only five bands will be picked to participate in the NAIT Battle of the Bands.
Only those bands will be contacted.

GRAND PRIZE

The Opening Spot at the NAIT Spring Fling in the NAIT Arena, April 12th. \$150 Hospitality Rider at the Spring Fling

SPONSORED BY:













CD review



JOHN Zazula

DJ Tiesto

Summer Breeze Nettwerk Records

his CD has a really cool beginning. It starts out like a space launch, kind of like it is preparing you for a musical journey though time. Then, it kicks right into the synthesized sound typical to the electronic style of DJ

...he is a very resourceful musician when it comes to the style of music he's chosen to work with.

Tiesto. There is a lot going, on even on the first song of this CD, with quite a wide array of sounds and instruments making up the beginning of DJ Tiesto's Summer Breeze.

This generally keeps me interested in the disk as I progress through the first couple tracks. The songs themselves flow together



quite nicely as I get further into the experience. DJ Tiesto really put this disk together well with a different beat structure and a varying sound for the songs, which aren't that much different — meaning, he does a lot with what he has to work with. It demonstrates that he is a very resourceful musician when it comes to the style of music he's chosen to work with.

The mood is kept quite similar throughout the CD so you never lose the beat or the feeling that you are under while listening to Summer Breeze. The only thing I found lacking in the disk is that there wasn't really an ending to it. The beginning set me up for the whole atmosphere that DJ Tiesto creates, and the end of the CD just left me hanging. Other than that, the CD is pretty good. Well thought out, is another way of describing it, as it progresses in a somewhat logical fashion. If you can overlook the ending you will have yourself a pretty cool CD.

If you want a copy of DJ Tiesto's Summer Breeze write your name, Student ID Number, phone number, and the name of the record company on which this CD was released, and it could be yours.

CD review



JOHN Zazula

Plastic Volume 4

Various artists Nettwerk Records

his is the fourth in a series of electronic compilation disks which usually take the most catchy and commercially saleable songs in the electronica genre. Plastic Volume 4 is no exception. Contained on the disk are recent singles by the Chemical Brothers, Paul Van Dyk, and Moby. Most of the tracks on the disk are in the seven to eight minute range, which should provide



enough time for the artist to develop something original to catch your attention. The first song to really grab my attention, however, was only three minutes long.

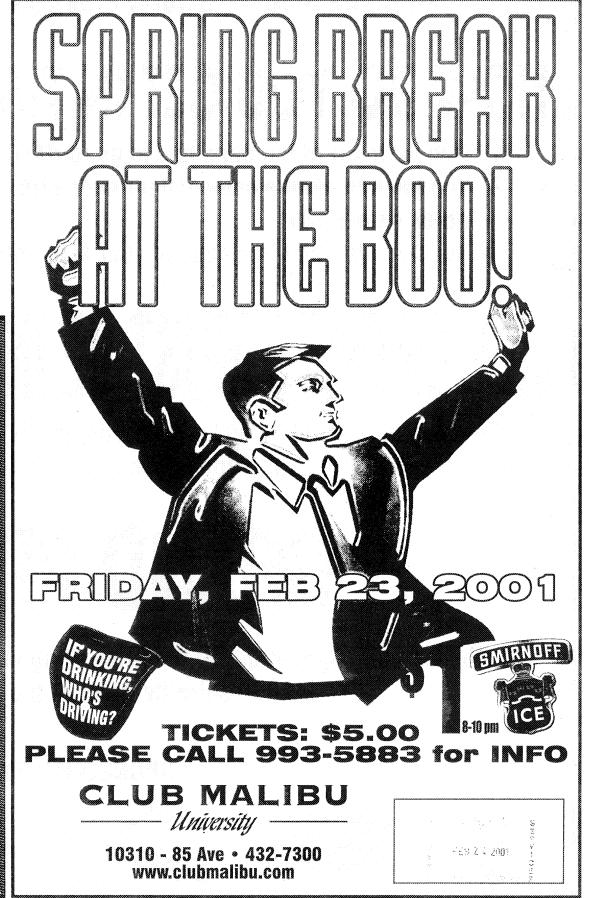
The song "Because of You" by Scanty Sandwich instantly caught my ear because of it's up-tempo high-energy components. The song also uses a sample of a Michael Jackson vocal, which carries on throughout the song. Simply, this song gets in, does it's thing, and gets

out. Many of the tracks on Plastic 4 don't, however, as I spent much of my time listening to really long remixes of trance songs.

I'm not putting down all of you who do enjoy this style of music composition. What I think is that I've grown up listening to the standard four to five minute song, and getting used to this takes a whole different mindset.

I really enjoyed the experimentation on the record and will put this one away for future use. There are many high points on the record like Dooms Night and Tell Me Why, plus the self-aware Porcelain (clubbed to death mix) by Moby showed the humbleness of how overplay of a song is noticed. If you want a copy of Plastic Volume 4, simply leave your name, Student ID number, a phone number where you can be reached, and write down the name of the record company who put together this compilation.







ERTAINMEN



CD review

IAY Archibald

This Business Of Art

Teagan and Sara Universal

uietly emerging onto the Canadian folk scene, these Calgary twins are creating a sound that is familiar yet different to your ears. You probably haven't heard of them, but get on the bandwagon before it starts rolling too fast for your intramural-skipping ass to

A folk background that is mingled with the angst of being young and unappreciated allows these

...their sound was good enough and promising enough that Neil Young, the godfather of Canadian folk/grunge/ whatever else, signed them to his label.

young ladies to create a sound that has and will (hopefully) redefine the folk music scene of Canada. This is their second album (their first being independently released) and, at times, it does show. But their sound was good enough and promising enough that Neil Young, the godfather of Canadian folk/grunge/whatever else, signed them to his label.

"The First" is a song that



weaves into many different spheres, and although it does not touch on any one particular topic, it is catchy and firmly establishes what you will hear throughout the rest of the al-

"Freedom," track numero seven, shows the desire to stand up for what is right, biding one's time until their voices can make a difference. It is idealistic, but it may allow you to remember a time when you weren't so jaded with the world that allowed your cat Snowball to die so young.

"Superstar" is the last track on the album and is a not-so-hidden swipe at the music industry that promotes mindless pop over quality artists. If Britney ever heard this song, and if she ever figured out the sarcasm it is laced with, she might be offended. Or embarrassed.

Edmontonians have their differences with Calgary, but maybe if you buy this CD, the next time that you see a Calgary native breaking it down at Cowboys, you can talk about something other than how poorly the Flames played in that Pee Wee tournament. Watch for them in the future, not on MuchMusic, but in the Sidetrack Cafe or some other venue. You will not be disappointed.

YOUR SOCIAL LIFEON

TRACK



KELSEY Farnalls

dmonton's Sidetrack Café has an interesting lineup of entertainers over the next few weeks. If you're looking for something fun to do on the weekend, plan an outing to the Sidetrack. Soon to come:



- Friday, Feb. 23 The Rockin' Highliners
- Saturday, Feb. 24 Swing party at the Sidetrack with The Jump Dad-
- Sunday, Feb. 25 Variety night at the Sidetrack
- Monday, Feb. 26 All Ages Punk Metal with Raised Fist
- · Tuesday, Feb. 27 Funky Tuesdays with the Groove Alliance
- · Wednesday, Feb. 28 Mad Bomber Society CD release party
- Thursday, Mar. 1 Rotting Fruit • Friday, Mar. 2 - Exit 303

Participants must be

18

SPORTSMANS

Chris

YEARS!

- · Saturday, Mar. 3 Ian Stewart and the Untouchables

So, head down to the Sidetrack and be entertained!

CDreview

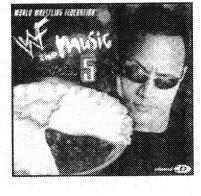


SHANE Turgeon

WWF "The Music" vol. 5

anna be a prowrestler? Are you a big mark for Stone Cold or the Rock? Or are you simply a big wrestling fan with an affinity for the theme music of your favorite WWF stars?

If you answered "yes" to any of the above questions, then the WWF's newest release, "The Music, volume 5," is sure to please. The disc features the entrance music for the newest stars that have hit the fed since Volume 4; stars like Tazz, Lita, K Kwik, Chris Benoit, and your Olympic Hero, Kurt Angle. "WWF the Music volume 5" also features the hook-up!



Rock's singing debut with old skool rapper Slick Rick and their song, "Pie". Wow... is this ever a brutal, brutal track. It's definitely amusing to hear and the lyrics are pretty funny but the song itself is really bad. The Rock should have left the music scene on top after his appearance on Wyclef's latest album, "The Ecleftic".

Nevertheless, you can't fail with this CD. The Rock track is amusing, to say the least, it has all the hottest theme music for the hottest WWF stars and hell, the CD features HHH's new theme by metal legends Motorhead!

Thanks to Pat G. for the early

JOKE OF THE WEEK



DARIA Morgan 🔝

His Foul Mouth

priest and a nun went golfing one day. The priest seemed to have an extremely foul mouth for a priest. He was first to putt. "Damn it, I missed!" exclaimed the priest.

This upset the nun. She replied, "If you say that two more times, God will send a bolt of lightning down from the sky at you!"

The priest then took his second putt. "Damn it, I missed again!" screamed the priest even louder.

The nun wasn't very happy with the priest this time. "If you say that again, I know you will get struck by lightning. God doesn't like to hear such language from a holy

This priest wasn't a very good golfer, for he missed AGAIN.

Ignoring the nun's threats, he yelled, "Damn it, I missed!"

Then, all of a sudden, there came a huge bolt of lightning down from the sky. It hit the nun. Then the clouds moved, God peeked down, and then he yelled, "Damn it, I missed!"

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To enter fill out the ballot and drop it off at the NAITSA office (Rm E-131) by 4:00 p.m. on Thursday, March 15, 2001. You must be 18 years of age to enter and take part on the trip.

Name: ___ Address: Phone: _____ Email: Tech:

PRESENTED BY:







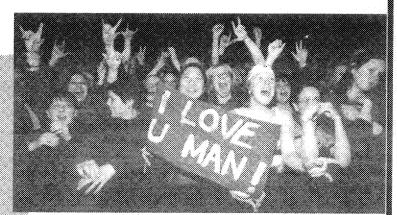




SINCHIAN APRIL 12TH - NAIT ARENA

TUESDAY MARCH 6 2001

LISTEN TO 100.3 THE BEAR AT 2:45 FOR THE NAIT SPRING FLING CONCERT ANNOUNCEMENT AND FIND OUT WHO'S PLAYING.



SPRING FLING 2000

SPRING FLING 2000



TICKETS ON SALE MONDAY MARCH 12 9:00 AM

AT THE NAITSA OFFICE (RM E-131)

SPONSORED BY:

















ENTERTAINMENT



FEELT GFOOVY



KELSEY Farnalls

ebruary 8th saw Nickelback and Everclear rocking down the house at the Shaw Convention Centre.

The doors opened at 6:30 p.m. sharp. As it was an all-ages show, we were required to obtain a wristband as proof of age to get into the beer gardens. We drank there during the opening band's performance, a group named Volcanic, and at 8:20 p.m., Nickelback hit the stage.

The crowd went pretty crazy, and the mosh pit seemed to expand rapidly as the show progressed. Nickelback played their best songs and really energized the atmosphere for their whole show, which was approximately 40 minutes. Then, it was time for a drinking intermission while we eagerly anticipated the Everclear show.

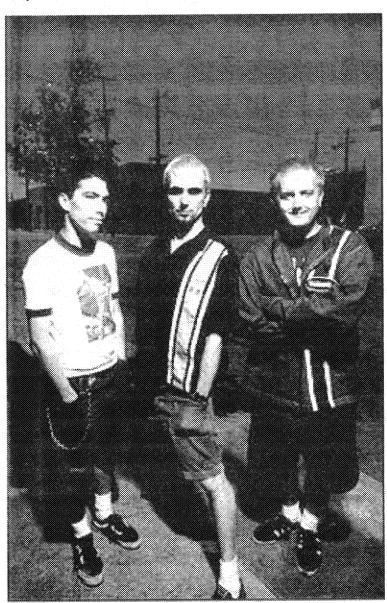
Sure enough, at 9:30 p.m., the stage lit up as the band members began with a tantalizingly slow number. If the mosh pit seemed crazy for Nickelback, it was abso-

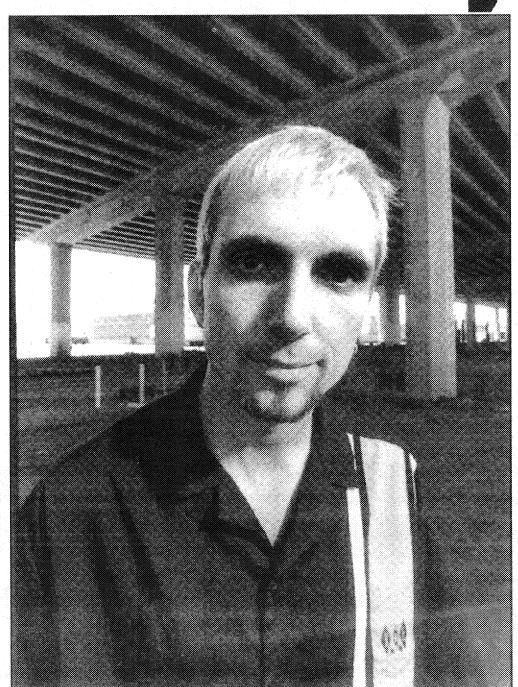
lutely insane for Everclear. I, of course, opted to stay safely on the outskirts to avoid being crushed or tossed across the top of the crowd.

I was a pretty big Everclear fan before the show, but now I am a huge fan. They put on such a good show; I was very impressed. Their level of energy and enthusiasm was really up there, and the general atmosphere was bursting with the same. An attention-seeking girl in the bleachers decided to dance around in her bra, which was not all that exciting. However, one girl closer to the stage, and propped up on several shoulders, was enticed by the band to flash for them, and after some persuasion she finally did.

We heard all our favourite Everclear songs, as well as some of their new and less familiar songs. They are all very good live performers, and it was refreshing to hear their songs played live and in person. They seemed to genuinely enjoy interacting with the audience and actually had some entertaining and intelligent, albeit politically-laced things to say. For an American band, they seem remarkably aware.

I thoroughly enjoyed the performance and I hope they return to Edmonton in the near future, although their schedules seem pretty booked up at this point.







Mokaloack



by Steven Senos

I sit amongst people in a room, staring at the screen in plain view yet I feel as if I'm the only one sitting and learning I'm alone.

We must work together they say but I feel alone in my soul. Will it ever go away? No one will ever say.

In the distance I see something. Whether it is looking towards me, we will wait and see. The truth is something is not for me.

Alone is a terrible feeling for me, because I like to talk and be free. Ever this will come to pass, I can't really stop anyone and ask.

I sit alone and stare not knowing to go anywhere. It scares me you see, to be alone with only me.

Love For A Grandpa Ode To The

by Nick Yatco

You were more than a loving grandpa to me, you were also a friend for all these years. And even though I try to hide the pain, I still wake up at night crying tears. It's so hard to say good-bye, to what we had yesterday. But I know you're in a better place, saying everything's okay. As I look back in the day, sometimes it seems worse. I must turn to the Lord, just to stop the pain and the hurt. So as I pray every day, and hope God will be able to hear. In the name of the Father and of the Son, and of the Holy Spirit. You will be greatly missed by all, you were a great man in every way. I'd give up everything I had, just to see you again someday.

Bus

by RTA

Your grinding gears were like bells to our ears,

And stalling at McD's nearly brought us to tears.

Did we reach a top speed?

Who knows, who cares. At least the bus sluts got to see some underwear.

Busdriver Jamie did a great job, And oh how that Curtis can split a big log.

Noah can take credit for the chunks in the aisle.

Nevertheless, the trip was definitely worthwhile!

Outsider's Life At NAIT

by Brendan Wren

The view of an outsider is how I see all, I hear of the cabarets, parties, and balls. Watching the people walk through the halls, Picking up their phones to answer the calls.

In the old tower where Business is done, I've met lots of people who are all pretty fun. In the Common Market is where to get food, Some say it's expensive, and I think so, too.

Sitting in class bored out of my mind, I miss my mohawk because I was easy to find. One day I'll grow it back, one day I will, I'll be back looking like I'm ready to kill.

Life in the in the clique of NAIT looks fun, I have chosen to be an outsider, it's what I've done. The craving for alcohol I think is dumb, I've chosen not to drink, it's just not fun.

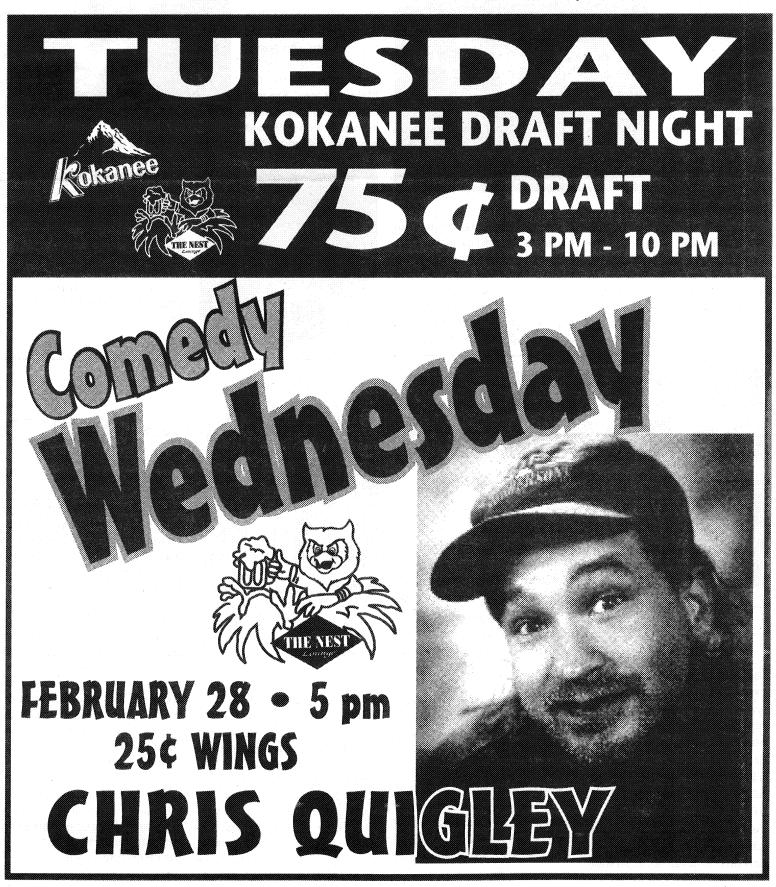
When school is over for the day, And all is said and done, That's when I wake up, That's when I start my fun.

Untitled

by Brendan Wren

Once upon a time,

I was loosing my mind. I kept telling my self "Hold on," I thought I would be fine. I started to drink, It started with wine. I started drinking more, I was in quite a bind. As more time passed, So did my life. With all the time that's passed, I should have had a wife. Too much time passed, looking down the bottle. I could never walk, so I only hob-With zero self control, I started packin' the bowl. I didn't know what to do, Or how to get out of this hole. I quit my job, Became quite a slob. I lived off welfare, With only my dog. I'd travel the streets. To see who I'd meet. I had no other transportation, Only my feet. Around every second night, I'd be in a fight. I couldn't handle it. It became such a fright. Until one night I heard a weird noise, It was like a buzzing, I got very annoyed. I opened my eyes and it was bright with a glean, I suddenly realized it was all a dream.





ENTERTAINMENT



Concert review

The Mahones

Here Comes Lucky



KELSEY Farnalls

ny fans of the Mahones? The popular Celtic/ roots-rock band with a discernable Pogues influence is scheduled to hit the stage at the Urban Lounge Friday night, February 23rd. The

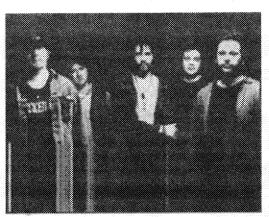
Mahones are launching a national music tour from February to April of this year following the release of their latest album, "Here Comes Lucky."

The Mahones were formed on St. Patrick's Day 1990 with Finny McConnell (vocals, guitar), Andrew Brown (accordion, tin whistle, organ),

Domonic Whelan (drums), and Derek Weening (bass). "Here Comes Lucky" is their fourth album, and second release for True North Records. This breakthrough disc sees the band's over the top rootsrock sound maturing with forays into more mainstream territory.

"Here Comes Lucky" highlights the band's song-writing strength, melding the powerful energy of their live performance and their passion for all music from roots to rock n' roll. This latest album, coproduced by the Skydiggers Ron Macey and recorded over the summer at Toronto's Hallamusic, features special guests Mary Margaret O'Hara on "Will You Marry Me" and Ian Thornley of Big Wreck who contributes a blistering guitar solo on "Raise Your Hands".

Since that fateful St. Patrick's Day in 1990, the Mahones have built



a strong following throughout Canada and around the globe. Their song-writing has matured over the course of four albums, and "Here Comes Lucky" is the best illustration to date of the band's unique musical chemistry. Don't miss them at the Urban Lounge on Friday!

A Local Success Story



TRAVIS Bannert

his past Tuesday, I attended the much-anticipated acoustic performance of Maren Ord at West Edmonton Mall. Her debut CD

ton Mall. Her debut CD also came out that day, and I have to admit while I'm not a big fan of this style of music, she is a good performer (I even enjoyed her CD).

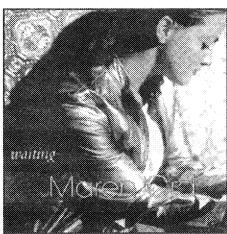
So what's the big deal about this performer? Well firstly, she is a young artist from our city who graduated from Hairy Ainley High School in the Millwoods area. She was discovered at a talent show thrown by Power 92 and

was then signed to Nettwerk &



Capitol Records. Some of her career highlights include sharing the spotlight with the likes of Sarah McLachlan and Paula Cole at two Lilith Fairs. Her CD "Waiting" is her first full-length release, but she also contributed recordings on a Christmas album in 2000 and a children's movie soundtrack.

Also, I'd like to say thanks a lot to Power 92. I called them before writing this article and was ba-



sically told that this was their baby to promote and my article was not needed or wanted. The only negative I see to the positive luck of this talented artist is that Power 92 discovered her. They have already drowned the radio waves with her first single and will most likely sway their listeners from ever picking up Maren's CD for anything but that song. Well, good luck to Maren anyway.

You Know You Were an 80's Child if You Remember 5 of These:



CURTIS Comeau

- 1. Spandex Shorts!!! (Spandex is a privilege, not a right).
- 2. You can sing a Cyndi Lauper song.
- 3. You had a cross for an earring (male).
- 4. Computer games took 5 disks to load.
- 5. When the 'A-Team' was one of the coolest shows on TV.
- 6. If you had stacks of cassettes rather than CDs.
- 7. Cut up sweat shirts with a tank top underneath—Madonna style.
- 8. Michael Jackson jackets red ones!!!
- 9. You owned either Hardy Boy or Nancy Drew books.
- 10. You know where "By the power of Greyskull" came from.
- 11. Leather Ties for Men.
- 12. Big ass hoop earrings for Women.

That's Not in the Dictionary!



CURTIS Comeau

ust the other day while chatting with a friend of mine, I noticed that I often use words that have no relevant meaning in the English language. They do, however, make perfect sense when used in the right situation. Here are some of the words from my language repertoire (If you use any cool words, please submit them to me in the Nugget submissions box outside of Room E-128).

Feaster (Fee-ster) n. 1. Being a person who constantly stares at the victims of a car accident . 2. To enjoy

watching any sort of chaos. 3. Media reporters are often classified as Feasters.

Horse's Ass (Horse's Ass) n. 1. To embarrass oneself or to make a fool of yourself in a public place. i.e. You're at a bar and your friend tries to dance with a group of girls when he is too drunk — he then looks like a horse's ass.

Trash Talk (Trash Talk) v. 1. Insulting a friend in good humor, i.e. Calling your friend after he had a night of hard drinking just to offer him another drink.

Money Shot (Mun'e Shot) n. 1. When something looks good on T.V or in the movies. In the movie the Sixth Sense starring Bruce Willis the money shot is when you find out he is actually a ghost.

Eye on the outback

Weekly News From Survivor |



SHAWN McDonald

ook a three week holiday, so we have a supersized session this week...The bug-eating immunity challenge was ABSOLUTE INSANITY: I don't blame Tina for not being able to stomach it...Colby seemed like a punk when he dissed Kel; now he's actually showing signs of intelligence...The hunt for a pig was exhilarating to watch...Jeff & Alicia have developed an alliance and intend to make it to the final four, they just might do it... That WHINY LIT-TLE SISSY Mitchell got what was coming to him...The obstacle course was not as tough as it was hyped up to be...Marilyn decieved Kel and

Tina returned the favour; the knife cuts both ways, after all...Elizabeth is the total package now that she has developed a personality... Jerri has a mean streak and a following; kudos to Colby for resisting temptation... My question to you is this: where do these people dump?... Chicken made a great reward for the crafty Kucha tribe...KEL WAS SCREWED... Tortillas are not a big deal; my five year old cousin could have made those...Kimmi's choice of lifestyle is getting irritating; let her starve...Roger showed a lot of heart when he faced down a cliff for his tribe...Watching Mike & Colby gut it out with that much weight pushing down on their shoulders was fascinating; too bad it ended in such an impotent manner...Marilyn was a nice person who didn't belong in the rugged Aussie outback...The immunity "test" illustrated that it takes more than muscles to survive; Ogakor still couldn't measure

up...I'm glad BRIDE OF LUCIFER nemesis chef Keith escaped the axe; sadly, his number appears to be up...Nick has incurred the wrath of his tribe; brother has got to get out of his pretty little kitchen because the heat is coming down...Did Jerri & Colby's flirtatiousness offer a sneak peak on things to come, or another reason to watch Temptation Island?...Amber has shown herself to be a mindless little drone; you never know, she could be playing everybody...Jeff Probst may not be very funny, but he's a good host; if critics actually knew what they were talking about, why would they be critics?...Mike has emerged as the leader of the surging Kucha tribe, but his position is shaky at best...ONCE AGAIN, THE MERGE IS GOING TO RESULT IN THE EXTINCTION OF A TRIBE, AND OGAKOR IS IN COMPLETE DISARRAY...that's all for now mates.







The Grapevine by the "Curious CST Guys" will not be printed this week because they forgot to submit their FULL NAMES! Compute that and do it right the next time! Ha! The Loving Typesetter

Attention all Nugget readers, Next week, there will be no paper due to midterms. The next paper will be out Thursday, March 8, so be sure to have all your submissions in (with FULL NAME and STU-DENT ID#) by Monday, March 5.

Dearest Nugget staff,

We have been twice burned by you. We would like to say that, yes, we DO have our names on our underwear. We just didn't pull our pants down all the way. And second, when we DO pull 'em down, you don't look. Please check ALL Nugget submission boxes for future editions!

All our love, The 1st semester RTA girls

To the 1st semester RTA girls, We only have one official submissions box, and that is the main box outside our office, and the very same box your previous submissions were in. Last time, you didn't submit BOTH your full name and student ID number. That's why your previous submissions were not published. This time you did, however, and look, you got published! Now, that wasn't so hard to do, was it? The Nugget Staff

To the 3rd semester RTA group, Of course you had fun - we rock. Maybe next time, you'll be able to stay out later.

Attention all ladies,

We would like to announce our Bachelor Of The Week - congratulations, Elvis! Elvis can be seen frequenting the market in his fashionable safari gear. This highly-qualified bartender can mix you anything that you desire. Watch out, ladies, he may leave you at the Heartbreak Hotel. Stay tuned for next week...

To Mike Anderson and the Nest staff,

I would like to think Mike Anderson and the whole crew at the Nest, especially Craig King, for being such nice people and taking good care of me - and especially for not throwing me out, despite my puking everywhere. Sorry, guys. I appreciate it more than you can imagine. You deserve more credit than you're all given. Kudos to you. Cheers.

Your very drunk Thursday night patron

The other guy in the orange hat. To reply to the "panty soup" question, the kitchen's closed! Besides, you wouldn't know what to do with your spoon if you had the chance. PS: Quit using my "lingo." Melon On Your Lap

To the hottie we saw on Monday, January 29, by the Common Market wearing

baggy orange pants,

We also saw you on Friday, February 2, wearing green baggy pants with a dark hoodie and a grey/white hat getting on the 9 Southgate bus, and again on Monday, February 5. waiting in line in the South Lobby for the cashier. You have semi-short bleached hair, and you were wearing those orange pants again. We think you're one sexy guy! The Swirliegirls

Travis Bannert,

Since when are "no fair catch" and "one foot inbounds" new and exciting rules? I've been watching the Eskies play like this all my life, and you would, too, if you were a real sports fan. The XFL is just bullshit, and hopefully it won't last. A Real Sports Fan

Aaron,

Sorry I kept you up so late on Monday, but I'm gonna do it again. Like I promised, the 2nd has your name all over it!

Your Bad Friend

Bus slut #1,

I found this great cow just west of the city! Put your jumping shoes

Love, Tuna

Skot,

Stop calling me! We're through! Justin and I are together and will soon be married! I need to focus on my career as a "singer." I'm sorry. The sex was great, though. All my love, Britney

Dragon,

You never call anymore, and I never get my nookie. I got my disc back, but is that all I get for submissions from you now? You suck! Call me sometime, eh?! Foxglove

ROOMMATE WANTED: Seeking roommate to share 3-bedroom townhouse with two NAIT students. Located in the west end close to buses and West Edmonton Mall. Available immediately. Call 489-7679 or 919-6459 if interested.

FOR SALE: 1987 Ford Ranger extended cab. New tires. New brakes. Good condition. Good on gas. Asking \$2,100 or best offer. Phone 471-6819.

DUE WEST STUDENT PAINTING MANAGERS WANTED!!

Highly motivated managers to run their own small business for the

summer of 2001. All advertising and training provided. Excellent earning potential plus invaluable management experience gained. Any year of discipline of study accepted. Call 1-800-585-8666 for a package or fax resume to (403) 543-4424.

RUGBY ANYONE?

Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.

<u>Classifieds</u>

ROOMMATE WANTED: Seeking male roommate to share 3-bedroom house in Hollyrood area (near Bonnie Doon). Is close to all amenities and bus routes. Washer and dryer available. No pets. Rent is \$215/month + utilities. Phone 468-5737 and leave a message if inter-

INSURANCE HIGH?

Are you 18 years old +? Take driver training? Have a clear driving record?

GIVE US A CALL!!

North Side:

Val

453-9090

West End: Susan 486-3215

Looking to make some

MUNEY?

Need a 1-Day job?

We are looking for 8 - 10 people to work setting up and running booths on Monday, March 5th, between 7:30 a.m. - 5:00 p.m. You will be paid that day. Pay is \$8.00 per hour.

If interested, come see Rob Ellis at the NAITSA Office (Rm E-131) or phone 471-8725.

Comeau's Cuisine

The Art of Tipping



CURTIS Comeau

ome of the veteran Comeau's Cuisine readers may recognize this article on tipping as I ran it sometime last year. I do however feel that people must be reminded that tipping is an important part when you decide to dine out. The most common question is, "how much should I leave for a tip???"

To make an educated decision, you must understand that there are two sides to the tipping debate. One is that not too many people remember that the word "tip" is actually an acronym for "To Insure Promptness," and therefore, one should not automatically be expected to "tip" for a mediocre level of service. The contra argument to this is that tipping has become standardized, and as a result the government, now forces servers to declare gratuities as part of their wages.

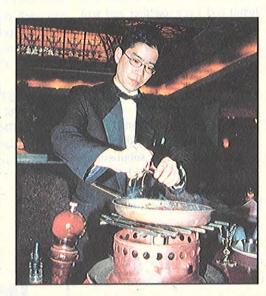
Should you (as most people do) choose to side with the contra argument of leaving tips, there is still the

sole question of, "What is the expected percentage for leaving a gratuity?"

According to Manny Gonzalez, ediof http:// www.tipping.org, a server working at an average restaurant (Earl's, White Spot, Olive Garden) should receive a tip of 15 percent of the bill total. Whereas a waiter at a 4-star restaurant (Plantiers, Characters, Hy's Steak Loft)

should receive a gratuity in the 20 percent mark. Students can often get away with just simply doubling the bill's GST.

"I believe that a server should be tipped accordingly," comments White Spot (Calgary Trail South) General Manager Donovan McFarlane. "On average, I tip 15 percent, but if the server exceeds my expectations, I will tip higher." Personally, I agree with Mr. McFarlane. I tip accordingly, while keeping the industry standards in mind. However, if the service is poor, I have no qualms about leaving a smaller tip



or no tip at all.

Make sure to join Comeau's Cuisine next week when we venture off and visit the Jubilations Dinner Theater in West Edmonton Mall.

Here are some of the tipping percentages from across the globe:

United States

15%-20%

Expected, but usually not included in bill.

France

12%-15%

Usually included in hotel and restaurant bill.

U.K.

10%-12% Service charge usually in restaurant bill.

Japan

10%-20%

Tip usually included in hotel and restaurant bill; otherwise, tipping not common.

Germany

10%-15% Service charge usually included in restaurant bill; small, additional tip is normal. Italy 10%

Tips expected for most services. Saudi Arabia

10%

Tips usually included in restaurant or hotel bill; extra 10% sometimes given for special service.

(Source: ECA Windham, New York)

Puppy Pounders, Talking Penises, and Crabs - oh my!

Wayne Lee gets Randy at the Nest



DARIA Morgan

f you weren't at the Nest on Thursday, February 8, you missed out on one hell of a treat. The famous comedic styling of hypnotist Wayne Lee was in the house for the night, and he did not disappoint.

The show started late at 5:45 p.m., but if you wanted any chance of landing a decent seat, you had to be there right at 3 p.m. when the doors opened. My friend and I had many people find chairs from elsewhere and plug them around us throughout the night, making us scared to leave our seats unattended to go to the bathroom.

Oh yes, the Nest was packed to the gills, with more than one person within earshot commenting that this event should have been held in a bigger area, like the gym or the Naitrium. When Wayne Lee took the stage, however, all grumblings of a shortage of seats was forgotten. Wayne started the show by calling up those volunteers wanting to the hypnotized to take the stage. After seeing the show, however, I'm betting they're now counting their lucky stars for that.

The show lasted almost 3 hours, with many, many different altercations gracing the Nest stage. There was Wayne's signature "Bad To The Bone" action right at the beginning, with one poor guy having to get up and dance to the music. He was one of the more lucky ones, however, some of the victims on stage had far worse things done to them.

Here is a rundown of some of the events that took place on the Nest stage under deadly, comedic hypnotic trance of Wayne Lee:

- A female student stood up and yelled, "Help me, I'm horny!" each time the word "hypnosis" was said.
- A male student pretended he was in the show "The Full Monty."
- A female student, each time the

word "sex" was said, would think the penis of the male student sitting next to her was speaking to her, so she would turn around and scold the penis in Chinese.

 Two male students, whenever they looked at each other, would start to argue, wanting the other student off the stage. When the music started to play, however, they would fall madly in love and begin to slow dance.

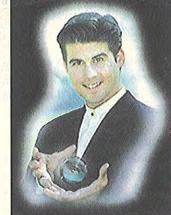
Just reading a few of those, I bet, is now making you glad you were either not at the Nest for the performance or that you were exclusively an audience member.

I know two certain NAITSA executives (cough – Mike and Rob – cough) are probably wishing they had stayed in the audience instead

of getting up on stage after the two of them were forced to tag team a poor, defenseless, stuffed dog.

Admittedly though, the highlight of the performance for me was the interaction Wayne Lee had with each of his victims up onstage. He hypnotized those on stage to believe various things about him, such as that he was naked with a hairy back, or a large penis, or a small penis.

And I'm sure the



question on everyone's minds who was there when Wayne did the small penis scenario was "Who's Chris?" after one of the hypnotized girls ended up blurting out that Wayne's penis was smaller than his.

After all was said and done, and after each person on stage suffered deep humiliation and multiple orgasms, the show sadly came to an end.

If you didn't catch Wayne Lee's performance at the Nest, I highly suggest you catch his show the next time he comes to the Nest or even performs elsewhere. He is a highly gifted, comedic individual with the charming looks of Jim Carrey that will leave you rolling in your seats. He is definitely not an individual to be missed if you're looking for some laughter.

