

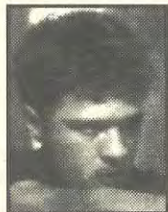
THE NUGGET

Thursday, Jan 25, 2001
Volume 38, Issue 16

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

JADED EDGES



LECH
Purogi

“To withdrawal or not to withdrawal?” That is the question that many NAIT students have been asking themselves over the past few weeks. Now that Jade Cash machines are the sole ABM providers here on campus, students are now forced to pay an additional \$1 service charge each time they want to withdrawal cash.

“What really pisses me off is that the stupid things take way too long,” commented Nugget photog-

rapher Steve Vigar, as he sat with me while I was writing this article. “Really, by the time you get your cash the lunch hour is over.”

The reason why these machines have taken over our hallways (and essentially our pocket books) is because the contracts NAIT held with the pervious providers (Bank of Montreal, CIBC, Royal Bank) expired. When it came time to contract renewals NAIT was more than willing to renew the contracts, but as it turned out none of the Banks were willing to offer ABM services to our other campuses (Patricia and Westwood). In an attempt to offer an ABM service to all NAIT students whether they are on the main campus or on a satellite campus, NAIT decided to go with Jade Cash machines.

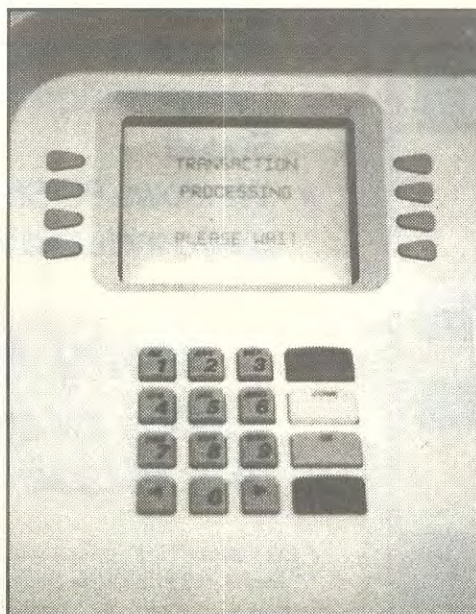
Although NAIT is now fully equipped with ABM's, the feeling around campus seems to be that Jade Cash is ripping us off and we would be better off without them.

In a recent letters to the editor two students Lorna and Ken (see letters to the editor in this issue) raised the question of “Who benefits financially from the service charges, Jade Cash or NAIT?” I did make some calls, but unfortunately no one responded to me by the time this article was released.

If you have any concerns or questions feel free to drop down to the NAITSA offices in room E131 and raise your concerns in a professional manner after all the students association is there for you.



“To
withdrawal or
not to
withdrawal?”



Join Culinary Arts Students in Supporting Cancer Research



SALLY
Poulsen

Book off January 27 on your calendar and empty your piggy banks.

This Saturday evening is going to be a prime opportunity to sample the skills of some of the folks in the Culinary Arts program. For a mere \$50 per person, diners can experience a five-course meal prepared by Chef Kartik Kumar and C.A. stu-

dent Scott Heit. The five-course meal will feature an entrée of free-range chicken breast stuffed with mushroom filling and roasted red pepper beurre, along side a medallion of beef tenderloin finished with tamarind, cilantro and peppercorn demi-glace. Beats the hell out of cereal and old pizza.

This tantalizing feast is being held this weekend in order to raise funds for cancer research. Proceeds will be given to the Alberta Cancer Foundation. To get your tickets, call 471-8678 or E-mail sarah@nait.ab.ca.

Kids With Cancer Ski Trip March 2001

The Kids With Cancer Society of Northern Alberta is holding a ski and snowboard trip for its members from March 10-12, 2001, in Jasper, Alberta.

The Kids With Cancer Society is comprised of children and young adults (ranging in age from infancy to 20 years) who have been diagnosed with cancer as well as their immediate families, bereaved families, and other volunteers. The emotional, physical, and financial challenges placed on the members of these families can be exhausting and a constant test of their strength of will.

The purpose of this event is to:

1. Help families with a diagnosed

child develop a support network of individuals who understand what they are going through and who can offer assistance and inspiration.

2. Provide a respite from the difficult routines of treatment and hospitalization.

If you would like to make a donation for this event, any assistance provided would be greatly appreciated by the Society. Cheques can be made out to The Kids With Cancer Society of Northern Alberta. There is no minimum donation, and a charitable donations receipt will be issued for all donations over \$10. For more information, contact Vince Bowen at (780) 431-1844 or jvbowen@attcanada.net.

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New Workplace Health and Safety Call Center Opens



SHANE
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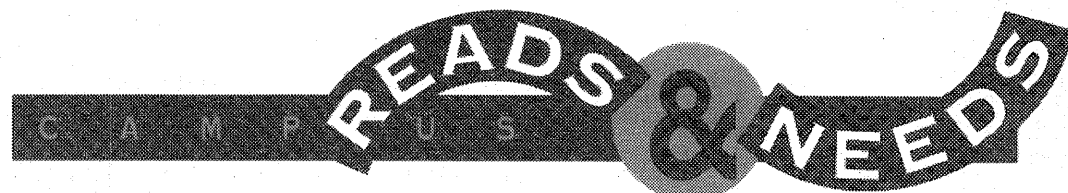
The Alberta Government has recently expanded their Workplace Health and Safety division with the grand opening of a new call center and a new

website. The \$1.4 million expansion was designed to allow employees and employers greater access to government services regarding workplace safety. While not specifically designed for young people, the site and call center are geared towards younger and inexperienced workers who make up the majority of Alberta's workplace injuries.

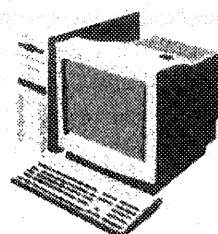
If employees have a concern, question, or complaint about their job site, they are encouraged to contact the call center or website and,

of course, their anonymity will be protected. People wishing to contact the center can reach an operator at the call center if they call between 8:15 a.m. and 4:30 p.m., but there is also a 24-hour complaint or incident line that can be reached via the same number.

If you are interested in finding out more about Workplace Health and Safety, you can check out the new website at <http://www.whs.gov.ab.ca>, and the number for the call center is 1-866-415-8690.



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Odds & ends



DARIA Morgan

Being Religious Can Be A Real Pain

There is growing evidence that Christians in parts of Indonesia are being forced to convert to Islam or face death. According to Assist Communications, many religious groups and government bodies are disturbed by these reports. The most recent accounts involve threats being made during Ramadan and that forced circumcisions were carried out on both men and women as part of what is called the "conversion process." Muslim clerics deny the accusations.

A Pointless Crusade?

Alexander Ogorodnikov, once jailed in a gulag for being of Christian faith when Russia was more controlled, is trying to get contributions to buy abandoned property in Moscow. He wants to build a homeless shelter and claims that arbitrary Russian officials are trying to thwart his plans. He says there is a great need for a homeless shelter in Moscow and will keep trying to get contributions from various corporations. He has also been reported to say, however, that if his efforts fail, he will kill himself.

Ennis' Gift

A documentary film is being distributed about Ennis Cosby, the murdered son of actor-comedian Bill Cosby. The film shows how Ennis, who was dyslexic, had to fight for everything he had. The film is called "Ennis' Gift" and is narrated by James Earl Jones. It's being shown at schools and job centres for people with learning difficulties. Other actors who have had to overcome dyslexia include Danny Glover, Henry Winkler, Bruce Jenner, and Charles Schwab.

A New Breed Of Daredevil

For decades, night skiers at Shadow Mountain in Vermont have been coming down the slopes carrying torches. Now, a new breed of night skiers have hit the slopes in an event called Pig Air racing. It pits skier against skier and snowboarder against snowboarder where the rules are twofold: (1) out daredevil your opponent and (2) don't break yourself.

Toddlers Rescued

Firefighters in Springfield, Massachusetts rescued two toddlers, aged two and three, from a burning apartment building last week. The toddlers were reportedly less than a minute away from being consumed by the flames. The two-year-old suffered smoke inhalation while the three-year-old escaped with no injuries. Both are lucky to be alive.

The Britney Spears Wannabes

England's sex symbol, Nicola Sale, came to the defence of a 16-year-old girl last week who wanted breast augmentation surgery as a birthday present. Sale, who had her breasts enlarged while still in high school, insists it's the best thing she could have done for her career. She insists her parents who are pleased about her decision to have the surgery and stood behind her all the way, though friends of the family thought she was too young at the time.

Record Breaking Wet Spots

Near-record breaking surfs have been reeking havoc on some areas of Australia's North Shore, with waves in excess of 20 feet crashing down. The National Weather Service has issued coastal warnings, but the warnings have not kept surfers from risking their lives in the curls. The weather service figures the waves will come down to the 10-foot level some time this week.

A New Type Of Housepet

When well-known animal rights activists Mr. and Mrs. William Brundsen returned from their vacation in Ireland, they brought back one of the largest souvenirs one could imagine - a pet steer. The couple report that when they saw the steer in a farmer's field, they had to have it (for a hefty \$75,000 price tag). The steer, named Ferdinand, is being fed cabbage leaves and is being nurtured as if it were a cat or dog.

The Felonious Slap On The Ass

A 14-year-old boy in Espanola, New Mexico may be facing felony charges if prosecutors determine his actions of swatting a female schoolmate on the butt met the test of criminal sexual contact. Espanola Middle School Assistant Principal Ruben Lucero claims the school has a strict sexual harassment policy, which is why the police were called in. He also claims that if the slap had been anywhere other than the butt, like the arm, for instance, then the boy would not be up on possible charges.

Dinky Medallion Causes Indefinite Suspension

A third grader in Pontiac, Michigan has been indefinitely suspended under the state's zero tolerance weapons law after he brought a 1.5 inch long gun-shaped medallion to school. School officials admit the boy did not point the medallion at anyone or make any threats, but state law takes precedence and requires them to take action.

Today's Troubled Youth

A 16-year-old boy in North Stormont, Ontario had an assignment in his drama class to read aloud. He then recited a story he wrote about a student tormented by bullies who takes revenge by planting bombs at school. He also went on to say that his instructor told him his story was "crap, unrealistic, and worthless" and wanted to prove the instructor otherwise. Police were then called to the school to talk to the boy, who denied he was the story's lead character and had no plans for committing any violence. The boy's locker and home were then searched, but no weapons or explosives were found. Regardless, the boy was permanently expelled from school and jailed for a month while his family arranged his \$10,000 bail. He still faces felony charges, and a lawyer has offered to represent him free of charge. When asked about how he feels about the situation, the boy replied, "I just hope I don't have to go through this kind of hassle every time I write a good story."

Stupidity Reigns In Woodstock

A couple in Woodstock, Georgia had their car and cheque book stolen. While on their way to close their bank account, they spotted their stolen car in the bank's drive-thru lane where the suspects were trying to cash one of the stolen cheques. The couple called 911 and, soon, after, the suspects were caught by police after a brief chase. The couple needn't have bothered called the police, it was later revealed, as the forged cheque was made out in one of the suspect's names, and he left his driver's licence with the teller when he fled.

Stupid Headline Of The Week

In a Reuters headline last week, another scapegoat of the world was exonerated. All hail the mighty Ex-Lax: "Constipation Is Not the Root of All Evil After All."

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For more information, contact the Library Help Desk.
(PHONE: 471-8844, EMAIL: LRLibraryHelp@nait.ab.ca,
IN-PERSON: Third Floor Library U310)

Link Up with NAIT Career Services!

SHARON Brown
NAIT Career Advisor

Looking for employment opportunities? Link up with NAIT Career Services, and you'll be on your way to being employed. Whether you're looking for summer jobs or permanent positions, you can make use of our services today! Our office provides:

- **On-line job postings and resume referral services.** Students and graduates can access our postings or post their resume on our website at www.nait.ab.ca/careers using their student ID number. Drop by for a demonstration or to pick up an easy instruction sheet.
- **Resume Consultation.** You can book an appointment with a career advisor to get your paper copy resume/cover letter reviewed (bring a paper copy).
- **Job Search and Interview strategies.** Access our hot tips online or book an appointment for personalized assistance.
- **Current Job Search publications and handouts.** Pick up current information in our office or access our online links.

Career Services also actively

promotes NAIT students to employers by providing program information, advertising job vacancies on-line, offering a searchable student and alumni resume database, arranging on-campus interviews, collecting resumes when requested by employers, and compiling graduate employment statistics. Last year, Career Services posted 5,645 jobs online! Out of these, 3,226 were full-time positions and 678 were summer positions. So, if you're looking for employment, link up with us today!

Access Career Services today by telephone, E-mail, appointment, or by dropping by our office. You can find us in the South Lobby in Room O-117, by phoning 780 (471-8874), faxing us at (780) 471-7093, or via E-mail: careers@nait.ab.ca.

Watch for our upcoming articles on Anatomy of a Winning Resume; Creating a Killer Cover Letter; Networking 101; First Date: Preparing for an Interview; Portfolio Power; Rewire: Get Hired; What Employers are REALLY looking for; and much more!

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Letters to the Editor

Hi, NAIT.

Our names are Lorna and Ken, and being concerned students here at NAIT, we took it upon ourselves to find out why we have these wonderful new Jade cash machines.

The reason we have these new machines is because the old contracts expired, and when it came to renewing our contracts, CIBC, Royal Bank, and the Bank Of Mon-

As one person said when asked about the new ABM services, "We've pleased the few but pissed off the many."

trepreneur were unprepared to offer services to our satellite campuses. Well, after approaching an independent firm, Jade, they offered to provide service to our satellite campuses in return for them becoming NAIT's sole provider of ABM services.

We talked to a number of students and staff about these new machines, and no one seems very happy about them. As one person said when asked about the new ABM services, "We've pleased the few but pissed off the many."

One of our major concerns is that there was no advance notice given to the students that these machines would be brought in. After talking to people in the executive office, we were informed that NAITSA had advance knowledge that these machines were being brought in and, still, students received no warning.

It is hard enough for students to afford tuition and the cost of living, let alone having to worry about hidden ABM fees. On top of the fee that your financial banking institution charges you for using a machine other than their own, there is an additional fee of at least \$1 for using

the Jade machines.

So, where does this money go? Some probably goes to upkeep the machines, but what about the rest? Does it go into the pockets of Jade, or does it go to NAIT? And if it goes to NAIT, do NAIT students see any of it (ie: scholarships or reduced fees)? This was one answer we

could not find out. If someone knows the answer, could they please provide it in an upcoming issue of the Nugget?

If you are as unhappy about these machines as we are, do what is a student's right and duty and complain to NAITSA. If enough of us do it, hopefully we'll get rid of

these machines and get our nice, old ABMs back.

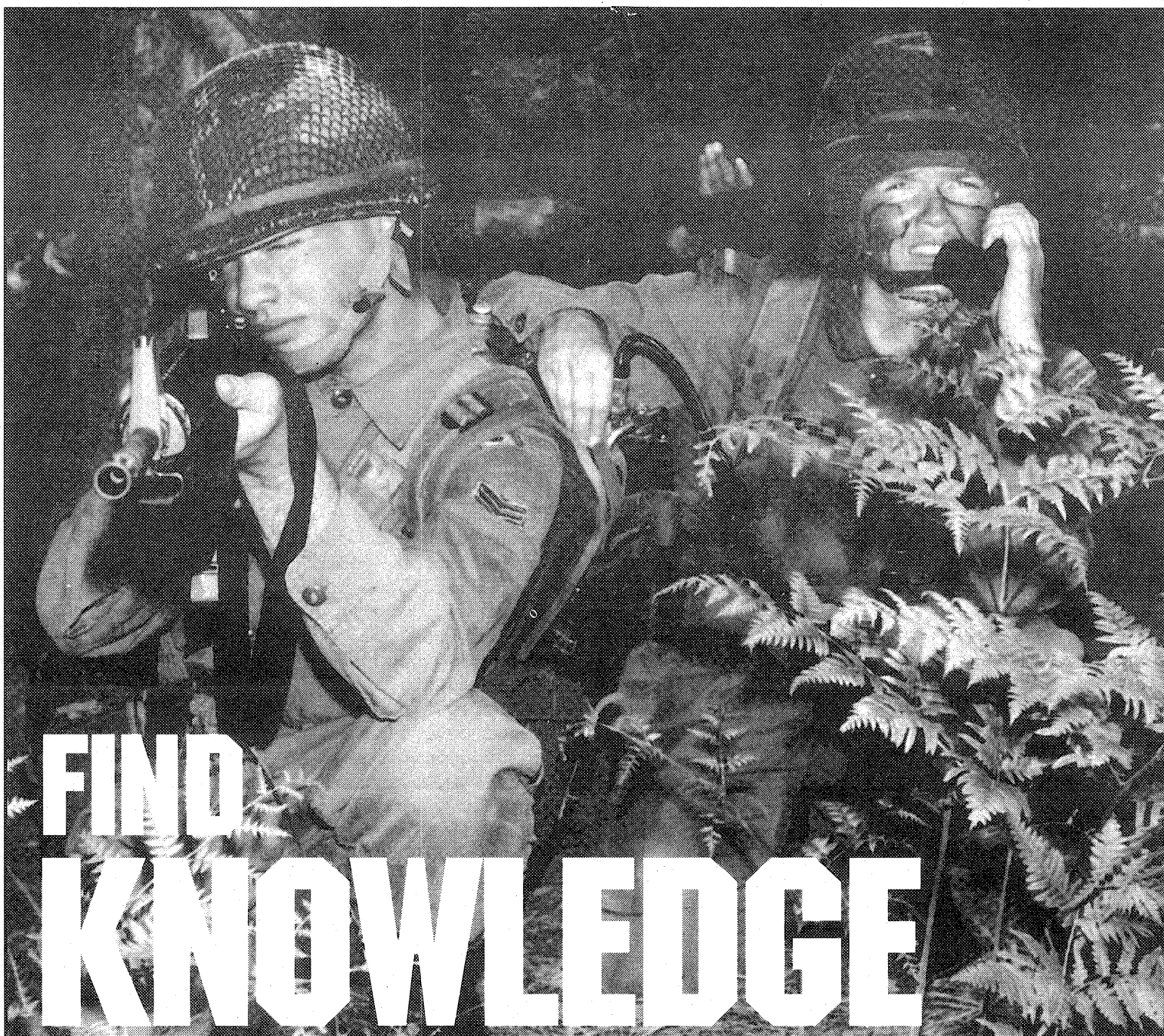
We hope this information clears up some of the confusion concerning this matter.

Sincerely,
*She Who Must Be Obeyed & The
Porn King*

Dear She Who Must Be Obeyed & The Porn King,

Your letter was so inspiring, we decided to go with it and run your concerns on the cover of this week's issue. Thank you for bringing this issue to our attention.

Sincerely,
The Nugget Staff



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**KENNY
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EQUALITY BEFORE AND UNDER LAW AND EQUAL PROTECTION AND BENEFIT OF LAW / Affirmative action programs.

15. (1) Every individual is equal before and under the law and has the right to the equal protection and equal benefit of the law without discrimination and, in particular, without discrimination based on race, national or ethnic origin, colour, religion, sex, age or mental or physical disability.

This is a section from our Canadian Charter of Rights and Freedoms. It spells out that everyone that is a citizen of this wonderful country has the same rights and freedoms as the person beside them on the bus, in the mall, or at church. It says what one of us is allowed to do, any of us is allowed to do. So, why are gay marriages such a huge issue?

We live in a free society. In a free society, we can attend any church we want. We can hold membership in any political party we want. We can choose which books we want to read, which movies we want to see, and which music we lis-

ten to. When we find someone that we really detest, we are allowed to marry that person no matter what mom or dad think. We are free to say, "Gee, my life has been great up to here. I think that I want to change this by entering into a contract that says I'm chained to this person for the rest of my life."

I say, that if a gay couple wants to fix something that ain't broke, let 'em. Who are we to say, "No homosexuals may ruin their lives! The privilege of fucking up our lives, and most likely the lives of any possible offspring should belong strictly to heteros?"

Critics of gay marriage state that allowing homosexuals to wed will cheapen and tarnish the institution. I say that straight people do just fine on their own cheapening and tarnishing. Bill and Hillary. Bill and Paula. Bill and Monica. Bill and Jennifer. Are those so proud of their married status aware that they are in the same club as OJ and Nicole or Tommy and Pam? Gays will degrade marriage? Look at the Hollywood break-ups this year. Anne Heche and Ellen DeGeneres have had a relatively

quiet split. So did Melissa Etheridge and her girlfriend. Did Burt Reynolds and Loni Anderson keep it quiet? No. Gays know how to keep their private business just that... PRIVATE.

What happened south of the border when they allowed gays in the military? Did they refuse to wear camouflage because it clashes? Did they refuse to eat anything but tuna salad (think about it)? Did they want to paint the tanks pink? No. They quietly went about the business of being soldiers and then did their best to stay out of trouble. When was the last time you heard of a platoon of lesbian soldiers gang raping a young girl in Somalia? If we allow gay marriages, it doesn't mean that Rip Taylor and Richard Simmons are gonna be running up and down the street with confetti and jogging shorts. It won't mean that we all must wear flannel shirts and work boots. All it will mean is that there is another family unit that we recognize, just as we did with interracial marriages and single parents.

And what about bisexuals? Bisexuals are kinda half-gay already.

Should we say that bisexuals have to pick a side before they get married? I think that it's high time that we all realize just how much bisexuals have contributed to our great Canadian life style. I personally will admit that the hope of one day meeting that nymphomaniac, bisexual, supermodel girlfriend is what gets me out of bed every morning. Without bisexuals, I'd spend my days laying on the couch spankin' it to Oprah.

We all live in an increasingly shitty world. We work more and make less. We spend less and less time with the people that we care about. Kids shoot kids in school and in playgrounds. I say that if you find someone that helps you to deal with the daily stresses of life, you should grab them and hang on to them, regardless of whether or not your genitals match. Life is too short. Yer old pal Total says, "If it feels good, do it." Even if that means screwing up your life and credit rating by getting hitched.

Questions? Comments?
Sexual propositions? Bring it on.
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Gary is honest, has integrity, Christian values & wants to ensure Norwood is a safe & prosperous community.



Gary lives in Norwood. He cares about his neighbors and his community. Gary knows the importance of funding for education, being a former NAIT student himself.

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The Nugget reserves the right to edit let-
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Contributing Writers

Daria Morgan, Sharon Brown, Lech
Purogi, Kenny Total, Don Gray, Marcy
Theroux, Miles Long, Amy Senecal,
Steve Vigar, Chantal Eder, Jay Archibald

Geado's Corner



DON
Gray

Either because I am wheelchair bound or because of the white hair in my beard, some people think I am deaf. This can be a good thing, as I overheard a disturbing comment the other day.

The comment ran along the lines of, "They shouldn't allow all those old people to come here. My friend wasn't allowed to come, and I bet it was because they let all those old guys in."

That set me back a little. Allowing for the age of the speaker, certainly less than twenty-five years of age, meant that many others, as well as myself, belong to this desperate group of academic bullies. Am I to feel shame? Should I immediately turn in my ID card and

beg the Registrar's Office to replace me with a younger version?

Hell no! I worked damn hard for the right to be here. Waiting one extra semester because the program was over subscribed only strengthened my desire and resolve. This is where the future lies, not only for me, but also for all those who are willing to do what it takes to get where they want to go.

This is a country of democratic equal opportunity where age, sex, colour, and ethnic origin are not considered as a basis for rejection. Thank you, Lord, for that.

Just because we carry a bottle of Geritol in our hip pocket next to the rat-tail comb does not mean that we are useless. Just because the hair, teeth, and eyesight are deteriorating does not mean our mind has. Just because we are over thirty does not mean we can no longer contribute to society.

In reply to the person whose friend did not make it, tell them to apply again.

If you have a response, idea, fact, or

a human interest story, please drop a note to Geado's Corner c/o The Nugget.

Top Ten Misconceptions About The Mature Student:

10. We are substitute parents and will give you money when you whine.

9. We know the answers because we are older than the teacher.

8. We served in the first and/or second world war.

7. When we were children, cars had not been invented yet.

6. Our children were born by immaculate conception.

5. We are hard of hearing, so we won't know when you criticize our clothes.

4. We couldn't possibly understand your problems or concerns.

3. The only time we talk is to give you a lecture or what you are doing wrong.

2. If you touch one of us, a bone will break.

1. At any moment, one of us will fall over dead from a heart attack.



DARIA
Morgan

This past weekend, it was brought to my attention by one of the Nugget staff that a student wanted to file a grievance against my Odds & Ends column. He was offended by one of the sub-headings that appeared in last week's column; more specifically, the "Little Boy Stew Turns Into Murder Charge" sub-heading.

The story under the said sub-heading is about a man being held on bond and possibly facing the death sentence if he is found guilty of the kidnap, rape, murder, and then cannibalism of a 12-year-old boy. I chose the heading from the context of the article, of which the accused murderer called his meal of the little boy "Little Boy Stew."

The reason I choose the headings I do is to attract attention to my column. In a survey conducted earlier in the year concerning the Nug-

get newspaper, the majority of students did not list the News section of the paper as one of the sections they most read the paper for.

However, my "Odds & Ends" column has received a lot of praise. People find it interesting to read, and I strongly believe the sub-headings I choose for the various news stories in my column is what attracts a lot of people's eyes to want to read it.

Granted, the story under the "Little Boy Stew" sub-heading was a little gruesome, and I do not make it a habit to print stories like that all the time. What I do make a habit of doing, however, is printing stories that I think the student body will find of interest to read. I try to pick funny stories, informative stories (ie: scientific breakthroughs), and human interest stories that make a person think. This is where I felt the above grieved story fit in.

If you have any questions, comments, grievances, or compliments about my Odds & Ends column or any of my other columns, please do not hesitate to E-mail them to me at virgin_state_of_mind@hotmail.com.

Pre-Valentine's Love Advice for the Ladies



SALLY
Poulsen

Are you one of the countless young ladies on this campus looking for love in all of the wrong places? It gets tiring. So... where should you be looking?

"You go to a bar, you get bar trash," says 22-year-old Angela DuCharmes, a shipper/receiver from Edmonton's northwest end who, ironically enough, was interviewed at Squires on Whyte Avenue. Angela prefers to spend her weekends with friends. "I always tell everyone that I've given up looking, but I don't think you ever do."

Angela's not alone, so, what to do? The Nugget's own romance guru and resident asshole Kenny Total suggests the direct approach.

"First, when selecting your womanly attire to attract guys, remember: LESS IS MORE. And for all you lonely ladies lookin' to ride the wild Kenny, E-mail me!"

But, seriously, says on-line advice columnist and self-proclaimed romance professor Linda Lee, the old standbys are the best.

"Nobody likes to hear it, but classes and clubs are great places to meet people. Never again will you be exposed to as many different kinds of people as you will in college." She also suggests (gasp!) letting your friends set you up.

"You go to a bar, you get bar trash."

"It's one date out of your entire life. And who knows you better than your friends and family? Maybe they'll find someone you may have otherwise been blind to."

But no matter where you choose to seek out a mate, remember that you're most likely to find Mr. Right when you stop looking so hard.

"No one is perfect, so you're not going to find your dream match," says Lee. "Be open to new things, like qualities you might not have been specifically seeking."



SHANE
Turgeon

It's winter. Granted, it's not very cold this year, but this seems to be an ongoing issue whether or not it's +4 Celsius or -40 Celsius: What is with all the stupid little bar girls who stand outside in the freezing cold in slinky, half naked little outfits?

The logic... I don't want to wear my coat into the bar, it gets in my way (try re-reading that sentence in a really whiny, valley girl voice to get my point).

Anyway, it's not uncommon to see little twinky bar girls standing outside clubs on Whyte Avenue - clubs that have no place on Whyte Avenue - shivering in the cold because it's

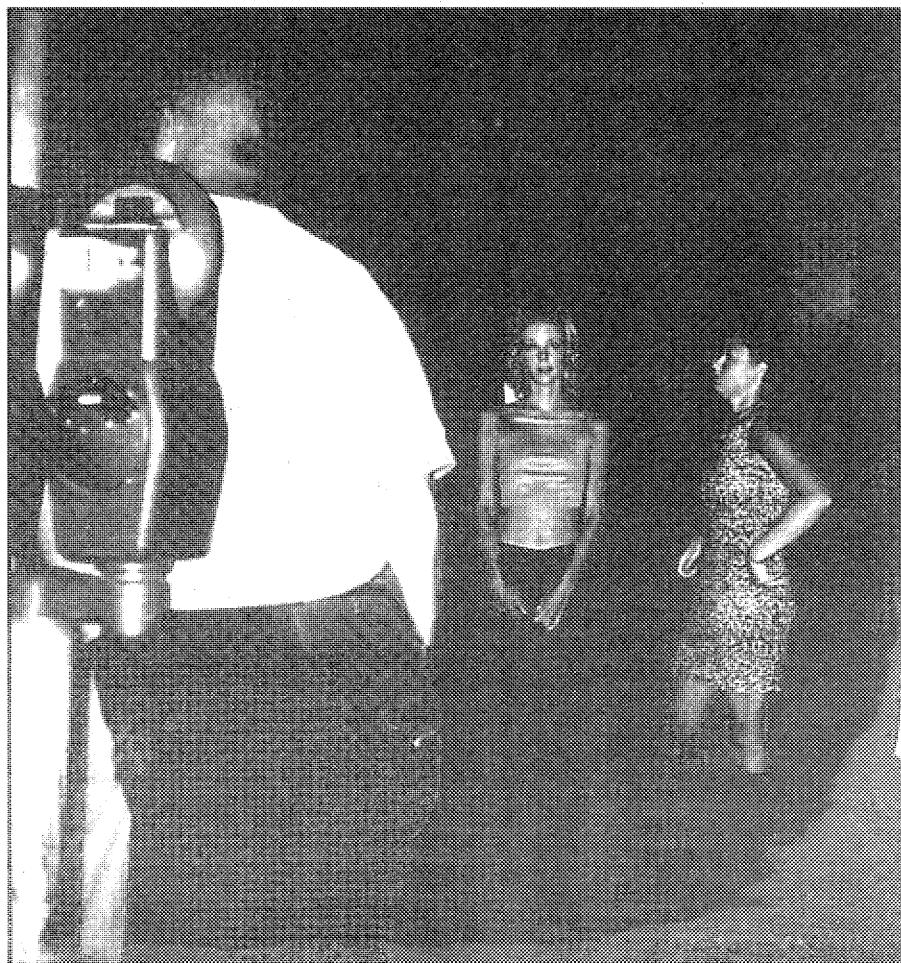
not "cool" enough to wear your coat into the bar.

I see. Frostbite has now become an acceptable fashion trend. Why are you that stupid? Some of the lineups for these trendy festing holes of popularity are so ridiculously long,

and here you are waiting for half an hour shivering to get in so you can get loaded, puke, and feel like shit the next day.

Wow, I sure do wish I was as cool as you are.

Fashion Stupidity



Ooks Handle Lowly BBC Clippers

Offensive Outburst Too Much For BBC



**DARRYL
Hodgson**

On the weekend, the cellar dweller Briercrest Bible College Clippers were in town for a two-game series right here at NAIT. The Clippers are, bar none, the worst team in the league, but are known for working hard and never giving up. It was this weekend that the Clippers wished they hadn't come to the fine City of Champions.

The first match was on Friday night here at NAIT, and it didn't take long for the Ooks to strike first. To show how much we dominated, the shots were roughly 25-4 after the first twenty minutes had expired. Needless to say, we had a 4-0 lead going into the dressing room.

Knowing we could not let the Clippers back into the game, we continued to fire the puck at goaltender Trevor Frost. At one point in time in the second period, we were in their zone for roughly three minutes straight and managing about seven shots in that time. We struck for three more goals in the second and then managed to score two more in the third making the **FINAL SCORE OOKS 9 - CLIPPERS 1**.

My shutout bid was broken late in the third period as the Clippers scored on the powerplay. Cory Pecush was recognized as the player of the game as he scored a hat trick and added two helpers along the way. Chuck "The Virus" Beaulieu added two goals of his own in the contest.

The next game went less than 24 hours later again here at NAIT. Game time was at 2 p.m., a time which most of us haven't played at

since junior hockey, making it a not-so-easy task for the sweep. The Ooks didn't fail to impress though as we completely dominated the game again, finishing the game with 60 or so shots. The rookie goaltender for the Clippers put up a valiant effort but could not hold us off the board, **FINAL SCORE OOKS 6 - BBC 0**.

Tyson "Fatty" LaFrance recorded his first regular season shut-out in the ACAC, turning away 28 shots in the win. In a post-game interview with the young netminder, he was quoted as saying "I wanted to get and assist, too", which goes

Four Ook Players were also honored with an Edmonton Oiler/Eskimo scholarship for outstanding academic and athletic achievement.

to show the determination of this youngster.

Travis "Going to Vegreville" Tipler scored a hat trick on this day, making him the player of the game. Travis was unavailable for comment after the game as he had another game to play just two hours away in Wainwright. You could say he is in "Tip Top" condition (pardon the Pun).

Four Ook Players were also honored with an Edmonton Oiler/Eskimo scholarship for outstanding academic and athletic achievement. Those players that were recognized were Al "No Pass" O'Toole, Travis Tipler, Troy "Cartman" Eberhardt, and myself, Darryl "The Hodge" Hodgson. Congratulations, gentlemen (and a small pat on the back for myself)! Keep up the good work.

Next action for the Ooks is tonight in Red Deer, and there is a fan

bus going, go see Rob Ellis in the NAITSA office located in Room E-131. Tickets are only \$10. Every fan bus is a gong show, so if you like to watch hockey and have good times with a bunch of Kooks, then sign up, and you won't be disappointed.

Red Deer is coming off a huge weekend, taking three of a possible

four points from the slumping SAIT Trojans (HA HA!). Look for one of the most spirited affairs of the season as third place is on the line. Game two of the series is on Friday night here at NAIT so come check it out. Cheering is also much obliged during the games.

Also, this Saturday night the Ooks' second Cabaret of the season

is taking place at Cowboy's - "The Most Fun You Can Have With Your Boots On". For tickets or any further information, call Darryl at 474-4720 or see any Ook player. Tickets are \$3 each, so there is no reason why you shouldn't buy one.

Until next week, take care and comb your hair. Ciao from the Chimp!!



Helping save lives

Captain Bruno Castonguay coordinates air rescue for the Canadian Forces. He and his colleagues and partners help Canadians in danger. They respond around the clock to emergencies on land or at sea and help save lives. This is just one of the hundreds of services provided by the Government of Canada.

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- Visit www.canada.gc.ca
- Call **1 800 O-Canada (1 800 622-6232)**
- TTY/TDD: **1 800 465-7735**

Canada



The Ringpost



SHANE
Turgeon

So, as you can see, there were some surprise guests in the Rumble, but the two most surprising were The Big Show and Haku. Most of you should remember Haku as Meng from the WCW and, if you're old enough, as Haku from the WWF back in the 80's. Apparently, Meng was wrestling in the WCW without

a contract, and he jumped at the WWF's offer to come back.

Al Snow's presence in the Rumble was also surprising due to the fact he was in a serious car accident last week in which he broke his knuckle, suffered whiplash, and smashed his forehead on the windshield.

In other news...

Goldberg is apparently scouting himself around as a possible free agent. His contract with the WCW doesn't expire for another two years, but he says there is an out clause in his contract that he may look at exercising if the ownership changes don't go the way he likes. This could be real news or it could be a work orchestrated by him and Bischoff.

Bobby "The Brain" Heenan makes a minor return to the wrestling world on February 4. Heenan will be doing a color commentary for a WOW PPV, but I don't think it'll be available in Canada.

Here's something to think about... I wonder if the WWF ever thought that, when they named Steve Austin, that they'd have to rebuild a weak and injured Steve Austin into a better and stronger Steve Austin ala the 6 Million-Dollar Man. At least HHH has a more efficient way of masking his knee braces, unlike Austin's archaic braces of doom.

That's all for this week in the world of wrestling. Right now, I'm in Vancouver, and next week, I'll have a full report of Van's hottest indy federation, the ECCW.

Well, wrasslin' fans, the WWF started the new year off right with one helluva Royal Rumble PPV. WWF's last few PPVs have been lackluster, but Sunday's Rumble indicated that the WWF is finally back on the right track. Without further adieu, here are the results...

- The Dudley Boys beat Edge and Christian to become the new WWF Tag Team Champions.
- Benoit lost the Intercontinental to Jericho in a ladder match worthy of Shawn Michaels and Razor Ramone's classic battles.
- Chyna lost to Ivory in the Women's Title match due to an "injury" that Chyna sustained. Don't worry though, fans, this was a blatant work.
- Your Olympic Hero, Kurt Angle, defeated HHH, with help from Stone Cold, to retain his WWF World Heavyweight Title.

The Royal Rumble was full of surprises with the least of the surprises being Austin winning. Here is the list of competitors and the order in which they appeared...

1. Jeff Hardy
2. Bull Buchanan
3. Matt Hardy
4. Farooq
5. Drew Carey (yes, the real Drew Carey)
6. Kane
7. Raven
8. Al Snow
9. Saturn
10. Steve Blackman
11. Grand Master Sexay
12. The Honky Tonk Man
13. The Rock
14. The Godfather
15. Tazz
16. Bradshaw
17. Albert
18. Bob Holly
19. K Kwik
20. Val Venis
21. William Regal
22. Test
23. The Big Show
24. Crsh Holly
25. The Undertaker
26. Scotty 2 Hotty
27. Steve Austin
28. Monty Sopp (Billy Gunn)
29. Haku/Meng
30. Rikishi

date

February 1 & 2

place

Naitrium

hours

9 - 5

last day

9 - 5

► **FINE ART**

FANTASY ◀

WILDLIFE ◀

► **GIANT-SIZED POSTERS**

► **MUSIC**

FRAMES & HANGERS ◀

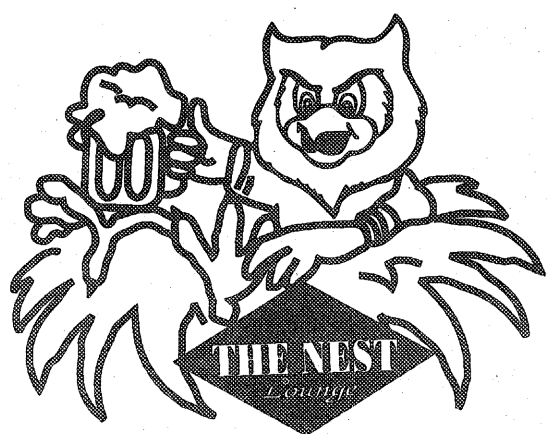
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► **1000s OF POSTERS**

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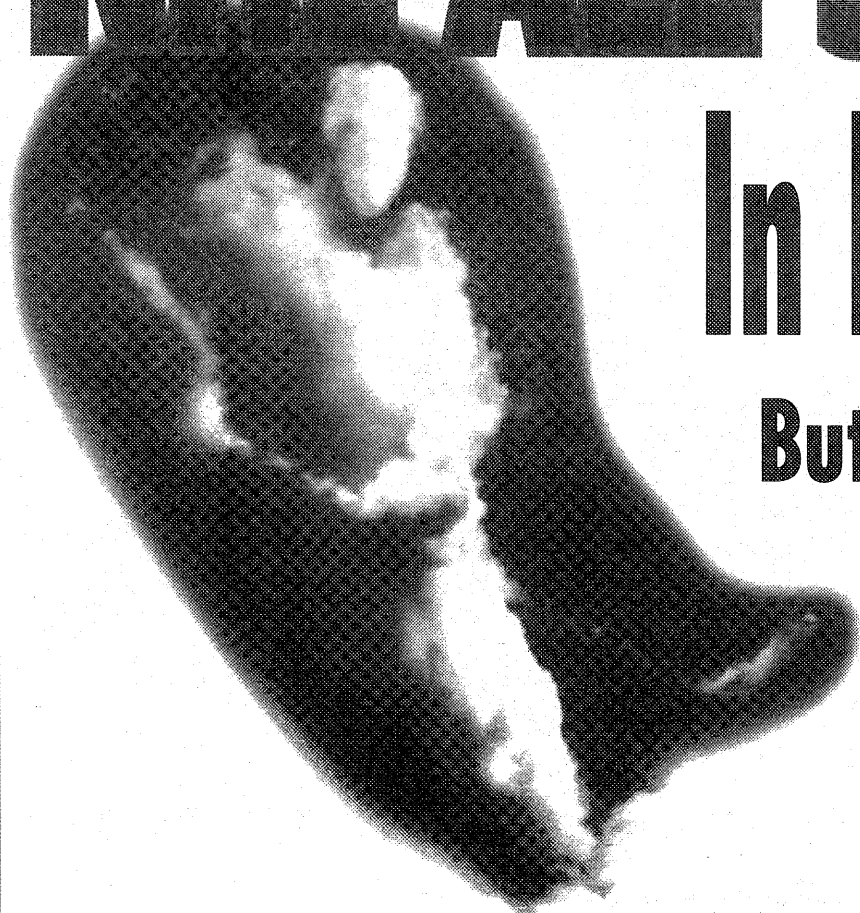
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- Flights for 2 to Denver, Colorado.
- Accommodations for 3 nights
- And 2 tickets to the ALL STAR Game

Must be legal drinking age to participate.



NAIT Hoops in The Great White North

MARCY Theroux



check out the town a little bit. You can walk through the mall in about 5 minutes and you're allowed to drive skidoos in town as long as you are 16 years of age. They talk about Tuk-tuk-tuk because it is like saying Red Deer, and the bar, which is known as the Gallery, is packed on Fridays and is a haze of smoke when you walk in.

Well, after 4 days in Yellowknife, it was nice to come home – even if we all had the flu.

Michelle seems to have a way with children, however she says it they listen. I think it's partially because they are scared of her.

Over the Christmas break, I travelled with some of the NAIT Lady Ooks basketball players to Yellowknife with their coach Jamie Peers. Our group of four had the opportunity to travel to "The Great White North" to help instruct a 4-day basketball camp. Although the temperatures were expected to exceed -40° Celsius, our early morning arrival was only a very mild -20° Celsius.

When we arrived, we were swiftly taken from the airport to the nearby gym (in a van, not a dogsled). At the gym there were 15 anxious elementary students waiting. We spent 2 hours with them that morning, which was then followed by lunch at Boston Pizza (oh, and they have a McDonald's too).

When we drove back to the gym, burning 85 cents/litre of gasoline, we were met by a junior high group of over 50 teens. Let's just say it looked like a junior high school dance where we had 37 girls on one side of the gym and 13 boys on the other.

Since Michelle Reeder, NAIT's 4th year point guard, was still feeling the effects from the motion sickness of the flight, Marla Gladstone and myself were left to instruct the huge group with Jamie. My approach was simple: If you're not listening, you do 5 push-ups and, need-

less to say, the boys had some sore arms after 4 days of camp.

Marla was the nice one but ended up having to split up a fight that broke out on the last day of

camp with the elementary boys. Michelle seems to have a way with children, however she says it they listen. I think it's partially because they are scared of her. Our last group

was a girl's basketball team. They were more like equals to us and we did not have to resort to push-ups to get them to listen.

We also had the chance to



Wanna

Win a Date with Miss Rookie of the Year?

MARCY Theroux



Well, if the pom pom and tech challenges weren't enough to entice you NAIT students to attend some of the basketball games, then here are three more reasons to check out the games.

In this picture (from left to right) is Sara, Amber, and Sandy. We'd call them by their nicknames, but I was afraid the Nugget wouldn't print them. Not shown in the picture is Vanessa, our 5'2" model, who couldn't be published for fear of

To win a date with one of them...you have to win their hearts first – and nothing turns them on more than a fan.

breaching her modelling contract. There is also Alisha, but she is a little camera shy (though she can be quite aggressive on the floor). Also missing from the picture is our fitness buff Melissa, who was not able to stop working out long enough to get her picture taken.

Anyway, not only are these rookies hot, but they are also oh-so-available. However, to win a date with one of them, you have to win their hearts first – and nothing turns them on more than a fan. So try to get into their good books by attending some of their games. In case you cannot wait until the weekend to see what these beauties really look like, check out their team pictures posted near the gym.

Keep in mind that some of the veterans are looking for love too, and in case you are shy as well you can E-mail any of them at their team E-mail address at caniwinyourheart@hotmail.com. Don't forget gentlemen that they want you to come to their games! Oh, and girls, there is a boy's team, too!



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Bannert's Weekly...

FITNESS FAQ



TRAVIS
Bannert

Moi: John what is the biggest misconception people have when trying to gain mass through weight training?

John: I would say the biggest misconception people have when trying to gain mass through weight training is that you have to pump your body with supplements and extra protein. Yes, you have to up your protein content a little bit, but if you are eating a balanced diet according to Canada's food guide you

don't have to spend money on additional supplements and protein powders.

If you are working out hard, the most protein you need to take in is 1.4-1.8 grams per kilogram of body weight. Body builders swear that extra protein makes a difference, when really what happens is that the extra protein is an extra source of calories, which could be obtained through carbohydrates.

Secondly, the extra protein actually gives you a mild dehydration effect and, therefore, we appear to have enhanced muscle definition.

The third thing is there is a placebo effect. A placebo effect is that because we are taking extra protein, we have convinced ourselves that it is making a difference in our own

minds.

If you are struggling to gain muscle mass, it is probably because of the following, not because you need extra protein. First, you probably need to take a good look at your program design. Have you periodized your program so that you have periods of adaptation, hypertrophy, transition weeks, and mixed training weeks?

If you don't know what those terms are, then you haven't researched your program well. A good source for information is "Serious Strength Training" by Bompa and Cornacchia. This book is available in the NAIT library and at the NAIT bookstore.

The other reasons that you may be struggling to gain muscle mass

are (a) excessive aerobic training, (b) inadequate rest and over training, and (c) haphazard eating; that would be under eating, overeating or unbalanced eating. Remember, the balance in your eating design 50-60% Carbohydrates, 15-25% Protein and 25-30% Fat. If you work out more, then you need more food and, therefore, the amount of protein goes up anyway. Don't spend buckets of money on expensive protein powders and supplements that take the place of healthy eating.

Interviewee John Reeves is the head of the Personal Fitness Program here at NAIT, and if you have further questions on fitness, training, or health issues, please forward them to Dukes365@collegeclub.com.

ACAC Stats

Last weekend's sports results...

HOCKEY

MEN

Nait 9 Briercrest 1
Nait 6 Briercrest 0

WOMEN

Nait 0 Grant MacEwan 2

BASKETBALL

MEN

Nait 106 Red Deer 84
Nait 88 Red Deer 79 OT

WOMEN

Nait 60 Red Deer 71
Nait 58 Red Deer 74

VOLLEYBALL

MEN

Nait 3 Briercrest 1
Nait 3 Medicine Hat 0

WOMEN

Nait 1 Briercrest 3
Nait 0 Medicine Hat 3

and here's what is coming up on campus this weekend...

Friday January 26

Men's Hockey vs Red Deer College
7PM Nait Arena

Sunday January 28

Women's Hockey vs Augustana University College
4PM Nait Arena

NAIT: Blue and Gold Pride



MILES
Long

I have now had the pleasure of being a NAIT student athlete for three years. I will graduate with two diplomas and a lot of great memories from the great people that I have met here at NAIT. I'm sure that I am not the only one who would say that either.

Although this is my first year as a Nugget writer, it has not been the first time I have ever read a student newspaper before. After reading the January 18, 2001, edition of Grant MacEwan Student newspaper, particularly an article written by Emmanuel Moutsatsos, makes me even more proud to be a student athlete at NAIT.

Apparently, Emmanuel decided to write an article about a recent series between our two basketball teams. This article was nothing but a bunch of shit falling out of someone's mouth. What did you do, just open your mouth and let'er rip? 'Cause the paper reeked of something.

Just because NAIT handed the basketball team a loss at their last

meeting, but now lost a recent series, doesn't mean the national title is won for Grant Mac. Maybe beating NAIT is like winning the Stanley Cup for them. I know if I played on a rival team of NAIT, I would be proud to beat them, knowing their proud tradition of sport domination. Our fans are second to none (and do possess full sets of teeth).

By the way, if our fans hold up pictures of Saddam Hussein, you should be happy, because your mentor is getting the publicity he deserves.

Calling our NAIT team a bunch of "Neandertholic" goons just goes to show that GMCC players are a bunch of tit sucking babies who should stick to non-contact sports (say, something like lawn darts) so they can keep their nose out of the dirt. Mommy can sit beside you, coach you on, and tell you everything is going to be all right, even if you do miss a shot. Daddy can give you water in a bottle and a sport drink of your choice.

That sounds nice, doesn't it? If you can't take the heat, get out of the kitchen, right? We are not pampered here at NAIT, unlike some others. This makes us better athletes. We don't go to the yacht club after brunch to meet with the dean and sip tea.

Apparently, however, our chemistry labs are "fire ridden," our

offices have "swastikas on the door," and our students "dance for change." I'm sorry that our school is a little bit older, but you know what my

Calling our NAIT team a bunch of "Neandertholic" goons just goes to show that GMCC players are a bunch of tit sucking babies who should stick to non-contact sports (say, something like lawn darts) so they can keep their nose out of the dirt.

uncle, "The Big Ern," used to say? They get better with age. Do you know what a chemistry lab is, or the periodic table, for that matter? No it

is not the table that you get your diapers changed on.

And you want to talk about referee paying, I suppose all that dancing I did for change did pay off, and I must have beat you guys to the punch when it came time to pay up.

Don't cry, Emmanuel. I won the dance off fair and square (Hint: watch Michael Jackson's Thriller for better moves, not Carlton Banks on The Fresh Prince of Bel-Air). Basketball is not the only sport at GMCC, either. What about your hockey team, who got blown out of the water by the NAIT blue and gold earlier in the season? We must have been bullying them too much. Not only did we beat them earlier, but we will beat them again!!

And what the hell is a Griffin, anyway? Is it supposed to be scary, or did they used to hog tie them in rodeos back in the day? A myth for a mascot, a dream-world character, just like the author of the article. Can I come over and feed your pet Griffin some day? Oh, wait, you're living a dream. Sorry, I forgot.

I can't believe someone can say that NAIT shouldn't have represented the Alberta Conference in last year's nationals. There is no better team that could have represented Alberta than NAIT, and I fully expect them to return there this year. The only half decent thing written in the article is the

comments from Head Coach Phil Allen. "We've got a lot of respect for NAIT, so I think we prepare well for them. We know they are good, and if we don't come to play them, they will blow our socks off, like they did earlier in the season."

This, meaning the 29-point beating we handed over to them. This Phil Allen sounds like a smart man. Does he also instruct at GMCC? if so, Emmanuel you should take some of his courses and get out of 'how to be the jealous school' courses you are mastering.

When it comes time to sing our victory song again (after laying a beating on GMCC), there is going to be one thing on my mind and, Emmanuel, this one is for you. Pride is one thing, one that all NAIT students and athletes know all too well. Brothers until the end at NAIT, and poopy pants until the end at GMCC (a diaper change that I would not like to do). Jealousy is another thing, one sadly displayed by one simple-minded, boy loving, Backstreet Boy listening fool, Emmanuel Moutsatsos. "BACK-STREET'S BACK, ALL RIGHT!!!!"

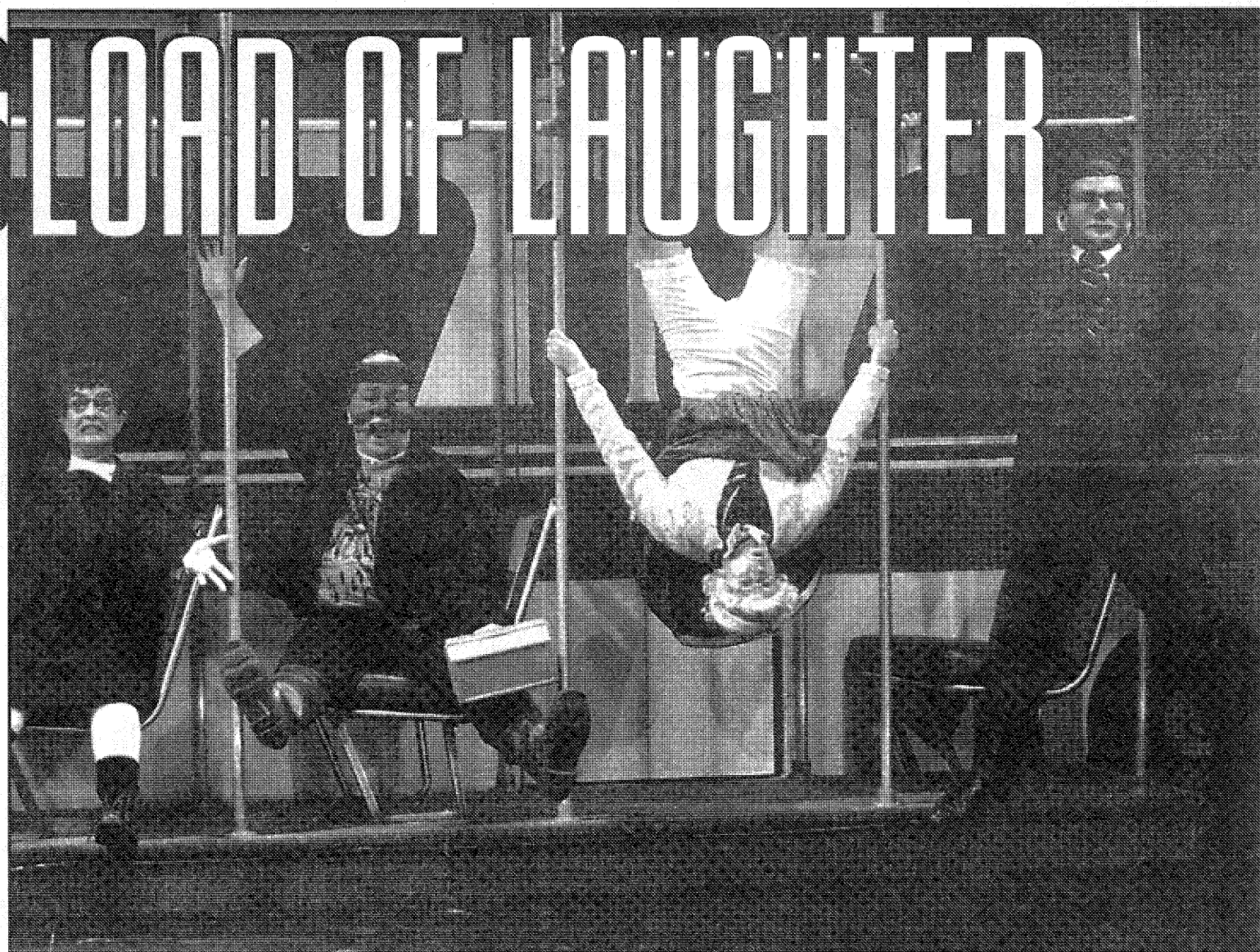
Well I got two words for ya...

Until the next time someone tries to bash our Cathedral of Sport Domination, ciao from Miles Long!!

A BUSLOAD OF LAUGHTER



KELSEY Farnalls



“The Number 14” hit the Citadel Theatre on Thursday, January 18, for its opening night, and what a riot it was! This action-packed and energetic production will keep you in stitches for the entire ride.

Taking its inspiration from the Number 14 Hastings bus route in Vancouver, “The Number 14” recognizes the absurdity, diversity, and eccentricities of daily life in the big city. Six actors bring sixty characters to life, using styled masks, split-second timing, and amazing physical feats. Bingo-obsessed pensioners, out-of-control kindergarten students, a harried realtor, giggly teenage girls, the loudmouth know-it-all - they’re all on board, and the ensuing chaos leaves audiences thrilled and entertained.

“The Number 14” originated in Vancouver in 1992 as a co-production between Axis Theatre Company and Touchstone Theatre. It has received four Jessie Richardson Awards for mask design, ensemble acting, outstanding production, and collective creation. The show has toured throughout Canada, Hong Kong, Edinburgh, Jerusalem, Belfast, Japan, France,

Belgium, and Australia.

The delightful and astounding cast of “The Number 14” includes Brian Anderson, Scott Bellis, Darlene Brookes, Margorie Malpass, Mike Stack, and Gordon White. Robert Metcalfe directs the crazy play with some help from his set, costume, mask, and lighting designers.

The Citadel’s Shocter Theatre will be host to this uninhibited joyride until February 3, so be sure to check it out.

JOKE OF THE WEEK



DARIA Morgan

Only in Canada

1. Only in Canada can a pizza get to your house faster than an ambulance.
2. Only in Canada are there handi-cap parking places in front of a skating rink.
3. Only in Canada do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front.
4. Only in Canada do people order double cheeseburgers, large fries, and a *diet* coke.

5. Only in Canada do banks leave both doors open and then chain the pens to the counters.
6. Only in Canada do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.
7. Only in Canada do we use answering machines to screen calls and then have call waiting so we won’t miss a call from someone we didn’t want to talk to in the first place.
8. Only in Canada do we buy hot dogs in packages of twelve and buns in packages of eight.
9. Only in Canada do we use the word ‘politics’ to describe the process so well: ‘Poli’ in Latin meaning ‘many’ and ‘tics’ meaning ‘bloodsucking creatures’.
10. Only in Canada do they have drive-up ATM machines with Braille lettering.

The Blind Duck Bar & Grill

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Wednesday: Double shot Paralyzer \$5 bucks all day, Ladies Night \$1.75 Hiballs 5-9pm.
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Friday: Burger & Beer 5 Bucks 11-3pm.
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Sunday: Free Pool all day, Jugs \$7.50!

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CONCERT review

Finger Eleven

AMY
SenecalSTEVE
Vigar

WHEN:

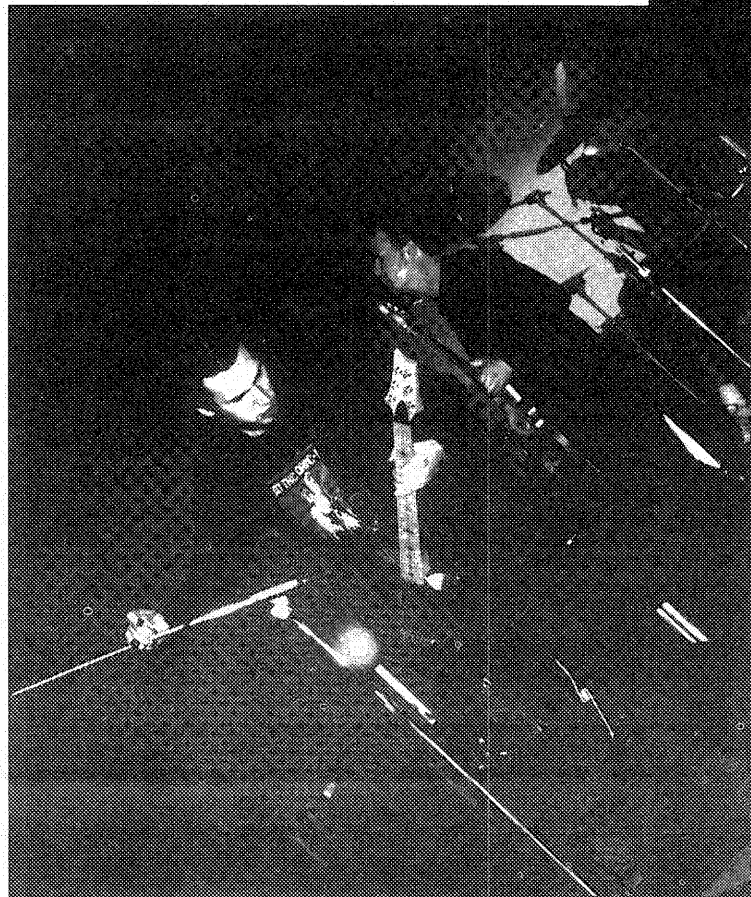
Friday, January 19, 2001

WHERE:

Dinwoodie Lounge

The Waiting Game

When we first stepped in the doorway of the Dinwoodie Lounge for the Finger Eleven and Chunk show Friday night, we were faced with a somewhat daunting sight. There were several hundred pierced and tangled barely-teens being prodded like cattle into order by a disturbingly fascist-like lady (?) cracking a whip overhead. She was barking threats such as "Next person who steps outta line is OUTTA HERE!" Naturally, we made our way over to her because she's obviously been given some sort of authority and hopefully she can make our jobs easier. Ha! We approached her to inquire as to where we might be able to pick up our media passes. She responded "No special privileges,



end of the line, you can only photograph the first three songs, no flash!"

Sigh. So we toddle off dejected down to the end of the longest line.

By the time we make it to the doors, it's been at least an hour. Four Words: God bless beer gardens.

The Show

Let me start out by stating that the show was a sell-out. Over 600 fans crammed their sweaty bodies into the Dinwoodie Lounge, sacrificing dignity and personal hygiene just to see these bands do their thing. Opening for Finger Eleven's first ever headlining show in Edmonton was a band called Chunk. Chunk was a last minute addition to the roster due to a cancellation by Cold, who apparently had several unfortunate mishaps with their tour bus. Whatever. Their absence was all but forgotten as Chunk took over the stage and played their big ole heavy-rock hearts out.

The eternal wait between Chunks set and Finger Eleven's performance was long and hot as the fans excitement rose. The anticipation was almost more than our shaking knees could bear; almost. When Finger Eleven finally took the

stage, they validated the entire wait, playing songs like *Suffocate*, *Sick of it all*, and *My Carousel*. The crowd immediately lost it (perhaps a little Ritalin would have been in order, hmmm kiddies?), and the band was up-front and animated.

The Aftermath

When we had finally run out of drinks and film, we tried to find a

reason to stay for the remaining songs, but, alas, we had heard all of Finger Eleven's best tunes right out of the starting gate. We bit and kicked our way through the throng of highly adrenalized, overly angst pre-pubescent fans (damaging ourselves in the process) and finally reached the exit sign.

The End. This article over.

Tutorial Services

NAIT maintains three Tutorial Centres where students receive assistance in a variety of academic areas. The centres provide tutoring on a drop-in basis at no charge to the student. Students must present their student ID card. Students requiring more intensive tutoring may decide to hire a peer tutor through the Peer Tutoring service provided by Counselling Services, Rm 0-117, Main Campus.

The locations and regular hours of operation of the Tutorial Centres from September 2001 to May 2002 are:

MAIN CAMPUS

Room: A-133

Phone: 491-3126

Monday - Thursday: 7:00 am - 5:30 pm

Friday: 7:00 am - 4:30 pm

SOUCH CAMPUS

RoomS: Z205/Z207, 10330 - 71 AVE.

Phone: 430-5100

Monday - Thursday: 2:00 pm - 4:30 pm

PATRICIA CAMPUS

Room: P152, 12204 - 149 ST.

Phone: 453-5448

Monday - Thursday: 2:45 pm - 5:45 pm

For further information call one of the tutorial centres listed here.



CD review



CHANTAL
Eder

Mama's Gun

Erykah Badu
Motown Records

....& On & On, Ms. Badu goes releasing her first album since her double Grammy winning album "Baduizm" in 1997. This time she no longer sports a large head wrap, but is now nicely adorned with a large hat as you'll spot on the cover of her new disc "Mama's Gun."

And, yes, it may seem that in my books Ms. Badu is off to a bad start, but wait...you're wrong. Surprisingly, especially to myself, her new album is quite appealing. She does have a continuation of her oh-so-irritating single "On & On," but it's actually not so bad; Ms. Badu has managed to ensemble a jazzy R&B follow up.

Her new album has a definite sexy '70's soul jazz appeal. You



must also acknowledge Ms. Badu's amazing talent with words. Her songs are filled with an amazing overflow of meaning, sung with soft mellow vocals. This is an album you would put in your player on a relaxing Sunday morning.

With words such as: "Bag lady, you're gonna hurt your back dragging all them bags like that, I guess nobody ever told you that all you must hold on to is you," from her new single "Bag Lady"; and "If you want to feel me, better be divine, bring me water for my mind, give me nothing, breath love in the air," from "Kiss me on my Neck."

You get a sense of the feeling Erykah is trying to get across to her listeners. This album is real and definitely one I recommend for those of you who take interest in words of poetry. Even if you don't like that kind of stuff, try it out for its funky '70's feel.

CD review

JAY Archibald

The Sophtware Slump

Grandaddy

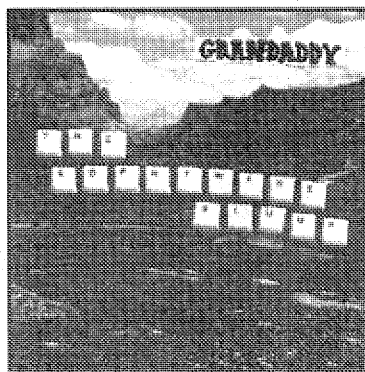
It's hard to find decent bands today that do not sound like everyone else. Britney = Christina = Jessica. New Kids On The Block = Backstreet Boys = N'Sync. It's all old, crappy music with new faces.

If you want to listen to something that will tickle your tastebuds and wake you up from the Power 92 induced lethargic state you wander in, pick up Grandaddy's new album, "The Sophtware Slump."

Who?

Exactly.

Hailing from California, Grandaddy lays down a sound that is different from anything out there. Sleepy guitars melting into sweet dubs all interlaced with pro-skateboarder Jason Lytle's smooth lyrics equals an album that soothes your ears, reminding you that music can



still be innovative. Verging on a concept album, each song questions the presence of computers and technology in our lives.

"The Crystal Lake" was released as a single, even getting some play on MuchWest and is simply one of the trippiest songs out there.

There is a substance, notably, in "Jed The Humanoid," which is a futuristic melody about a robotic servant who becomes a good friend, yet sadly passes on. The lyrical journey through Jed's life reassures the listener that music can still weave stories.

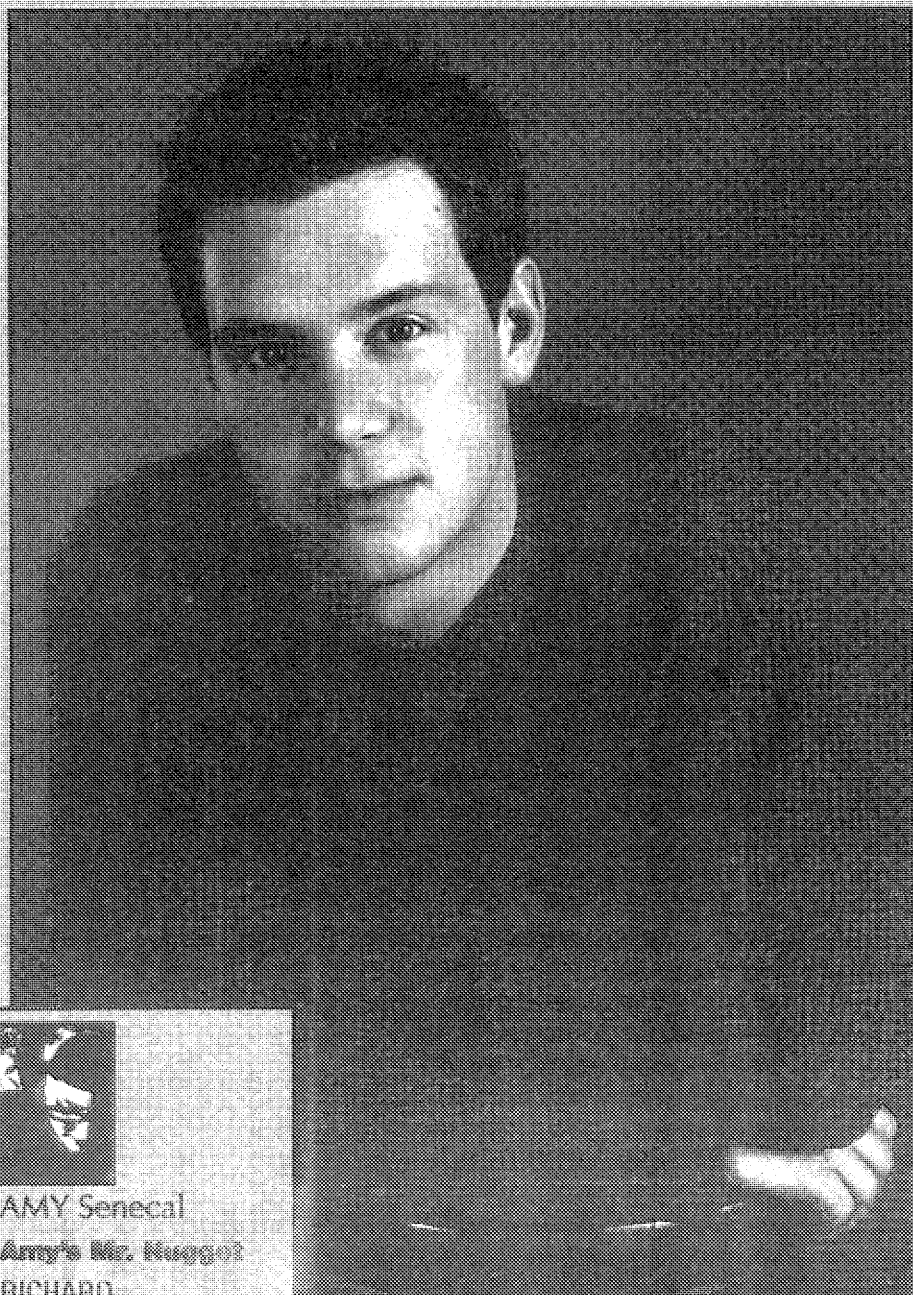
Perhaps the longest song title in the world, "Broken Household Appliance National Forest," takes a cynical look at the future when wild-life and discarded toasters make up a May long weekend.

Admittedly, if you haven't heard any of Grandaddy's songs,

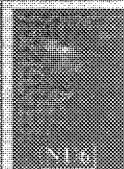
you may be a little weary of buying their CD, but find it somewhere and give it a listen. It's good stuff, and it's real. Do you really think Britney even knows how to spell "humanoid?" Give your ears a treat and reassure yourself that there is life beyond commercial radio.

If you wanna listen to something that will tickle your tastebuds and wake you up from the Power 92 induced lethargic state you wander in, pick up Grandaddy's new album, "The Sophtware Slump."

Mr. & Miss Nugget

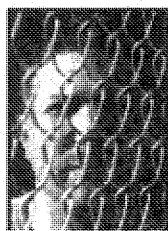


AMY Senecal
Amy's Mr. Nugget
RICHARD



STEVE Vigar
Steve's Miss Nugget
LISA

Aloha!



TRAVIS
Bannert



We at the Business Administration Society (BAS) are cordially inviting all of you to the 2nd annual Hawaiian Hanger Banger. For the people who weren't able to attend this event last year, here is your chance to party Hawaiian style. The theme is obvious and was widely embraced last year. Actually, it was surprising how many people braved the cold weather and came dressed up last year. The event will draw 500+ partiers, and the place will be near to sold out by the time you read this as the event is on Friday.

Here are the details: it's being held at the Aviation museum on Kingsway Avenue, just south west of NAIT. Tickets are \$5 in advance or \$10 at the door and can be picked up in Room T-

114A in the Business Tower or through your BAS room rep. The doors open at 8 p.m., and if you don't have your tickets early, I'd recommend coming early. Beer and hi-balls are \$2.50, shots are \$2, and coolers are \$3. Prizes are go-

ing to be awarded through the night based on various happenings.

This is possibly the year's biggest party and definitely the best BAS event, so come in your best grass skirt and cheesiest Hawaiian shirt and get laid (get it?)



HORRORSCOPES



DARIA
Morgan

Capricorn

(December 22-January 20)

You will stack sex toys in your locker this week. That's just the sort of thing you would do, your friends will say.

Aquarius

(January 21-February 18)

Nothing unusual this week - unless you count that episode in the bathroom stall with an Ook.

Pisces

(February 19-March 20)

You will make people squirm this week. Surprisingly, some of them will show remarkable talent at squirming.

Aries

(March 21-April 19)

This week is not a good week to be yourself. In fact, that might even be dangerous. Be someone else, until further notice.

Taurus

(April 20-May 20)

Once you're that far behind, there's really no way to get caught up. You might as well do something fun and illegal instead. You can tell them I told you it was okay.

Gemini

(May 21-June 20)

You are becoming quite sneaky. Any day now, people may begin referring to you as "your stealthiness."

Cancer

(June 21-July 22)

Unleash the power you have chained inside you! Just don't let it make those annoying "yip yip yip" sounds or pee in the hallway this time.

Leo

(July 23-August 22)

This is an excellent week to fill your underwear with popcorn and do the happy dance.

Virgo

(August 23-September 22)

Don't go out today without a spatula. I can't say anymore.

Libra

(September 23-October 22)

This is a great week to act extremely childish.

Scorpio

(October 23-November 21)

This week, you will receive a gift horse. Unfortunately, it will have a really horrendous case of gingivitis.

Sagittarius

(November 22-December 21)

Angst week, this week.

If Today Is Your Birthday:

You will lose your marbles. Fortunately, someone will find them and return them to you - and then give you lots and lots of spankings (lucky).

Environmental

RESPONSIBILITY

Week

MONDAY

"Your Mom Doesn't Live Here Today"

Keep NAIT Clean Prize patrol will be giving away prizes for clean students.

TUESDAY

Recycle Bin Races in the Naitrium

WEDNESDAY

Environmental Relay in Naitrium

THURSDAY

Environmental Trade Show in South Lobby

MOVIE review

Traffic

is not to be missed



SALLY
Poulsen

Sure, it's not quite
as sexy as "sex, lies
and videotape..."

What it does have,
however, is a gritty,
tight, fast-paced
storyline that is
sure to disturb and
uplift.

Funny story. Turns out
that the guy we have
to blame for Erin
Brockovich could ac-
tually follow it up with
what is arguably the
best Hollywood-produced film of
the last ten years?

It would appear so.

Run, don't walk, to your local
theatre to take in Steven
Soderbergh's brilliant new film,
"Traffic." Sure, it's not quite as sexy
as "sex, lies and videotape," and no,
it doesn't have the haughty, "I'm



smart enough to understand this
movie," appeal of "Kafka." What
it does have, however, is a gritty,
tight, fast-paced storyline that is sure
to disturb and uplift.

Artfully photographed by
Soderbergh himself, "Traffic"
moves at a breakneck speed back
and forth across the United States/
Mexico border, following various
subplots in the international drug
trade.

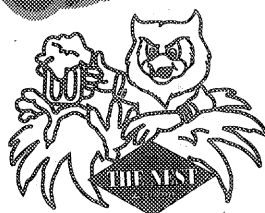
Michael Douglas is the flavour
of the month US drug czar, selected
to take on what most consider to be
an impossible task: the war on
drugs. Benicio Del Toro (every-

body's favorite mumbly guy) is
Javier, a Mexican police officer who
battles with his own conscience in
the face of corruption. The cast is
rounded out by Catherine "Hey,
turns out I can act" Zeta-Jones as
wife to Steven "Remember me from
Gleaming the Cube?" Bauer's tyrann-
ical drug lord, and features Don
Cheadles and Luis Guzman as a pair
of undercover FBI agents.

"Traffic" is likely the smartest
and most electrifying film to come
out of the United States this year.
And don't wait for it to come out on
video - missing it on a big screen is
entirely your loss.

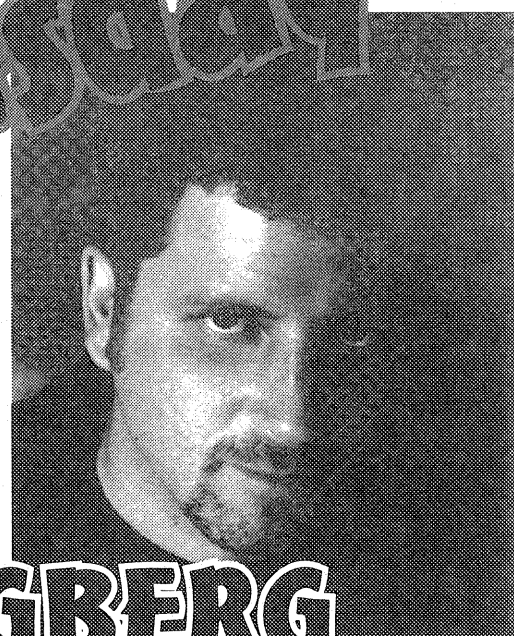
TUESDAY
KOKANEE DRAFT NIGHT
75¢ DRAFT
3 PM - 10 PM

**Comedy
Wednesday**

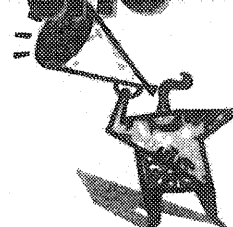


January 31 • 5 pm
25¢ WINGS

JON LJUNGBERG



**Shout it From the
ROOFTOPS!**



If your instructor significantly impacted your education and you want the
world to know it....honour your instructor with a nomination for the...

**Instructional Excellence Award
2000-2001**

Nomination packages are available for pickup and drop-off at the
following locations:

Main Campus

Registrar's Office, Kathy Manderson - 471-7558
NAITSA Office, Rita Cain - 471-8960

Patricia Campus

Room P127, Palma Szabo - 453-5401

Westwood Campus

Room RW260, Bev Vettters - 471-8334
Room RW103D, Ilka Stewart - 471-8306

7th Street Plaza

Room 1020, Andrea Duengen - 408-4002

Southern Campus

Room Z130, Trina Chorney - 430-5103

CED Centre

Room K116, Coralee Roberts - 471-7045

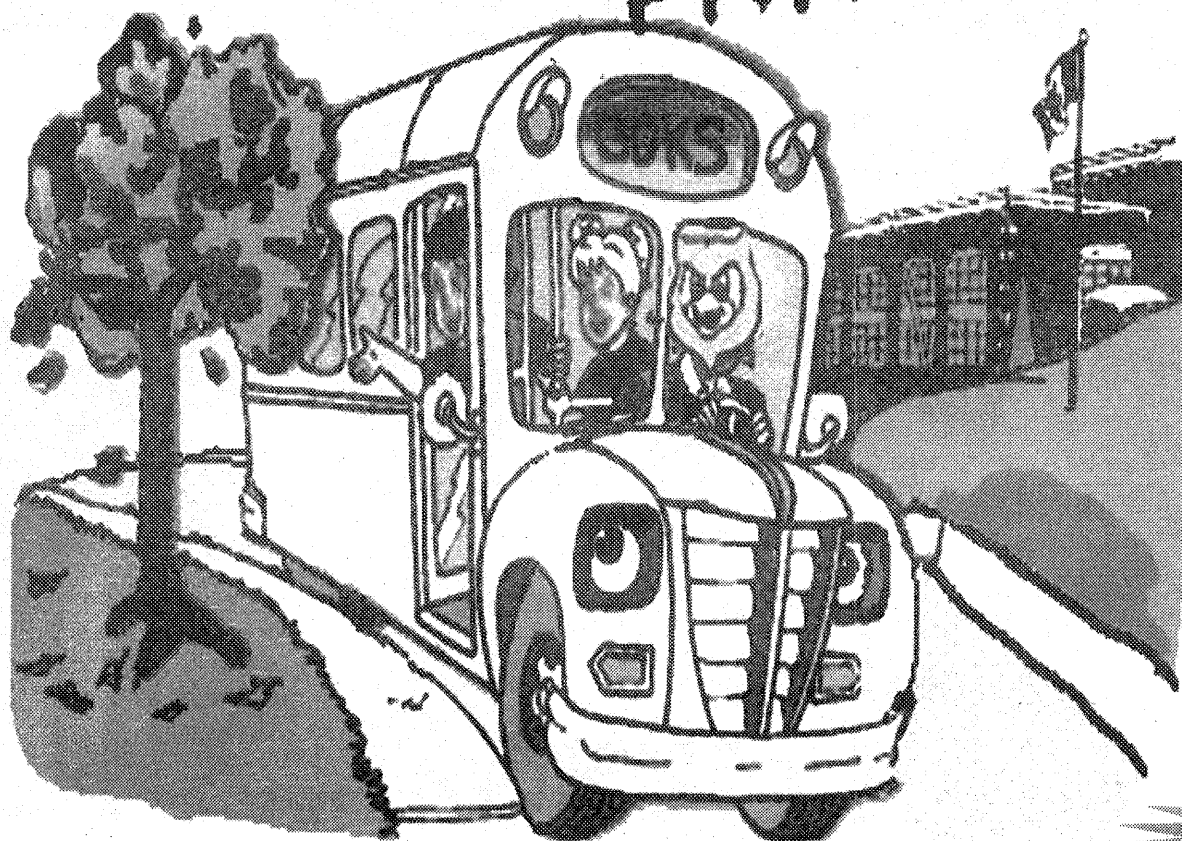
Technologies Annex

Room L101, Shawna Boyko - 471-8666



The Magic School Bus

EATN



Only

\$10

Thursday
January 25 • 2001

TRIP INCLUDES:

- Trip to and from Red Deer College to watch our Hockey OOKS kick Red Deer's ass
- After game party @ Mort's in Red Deer (it's Ladies Night)
- Some refreshments on the bus (the bus is licensed)

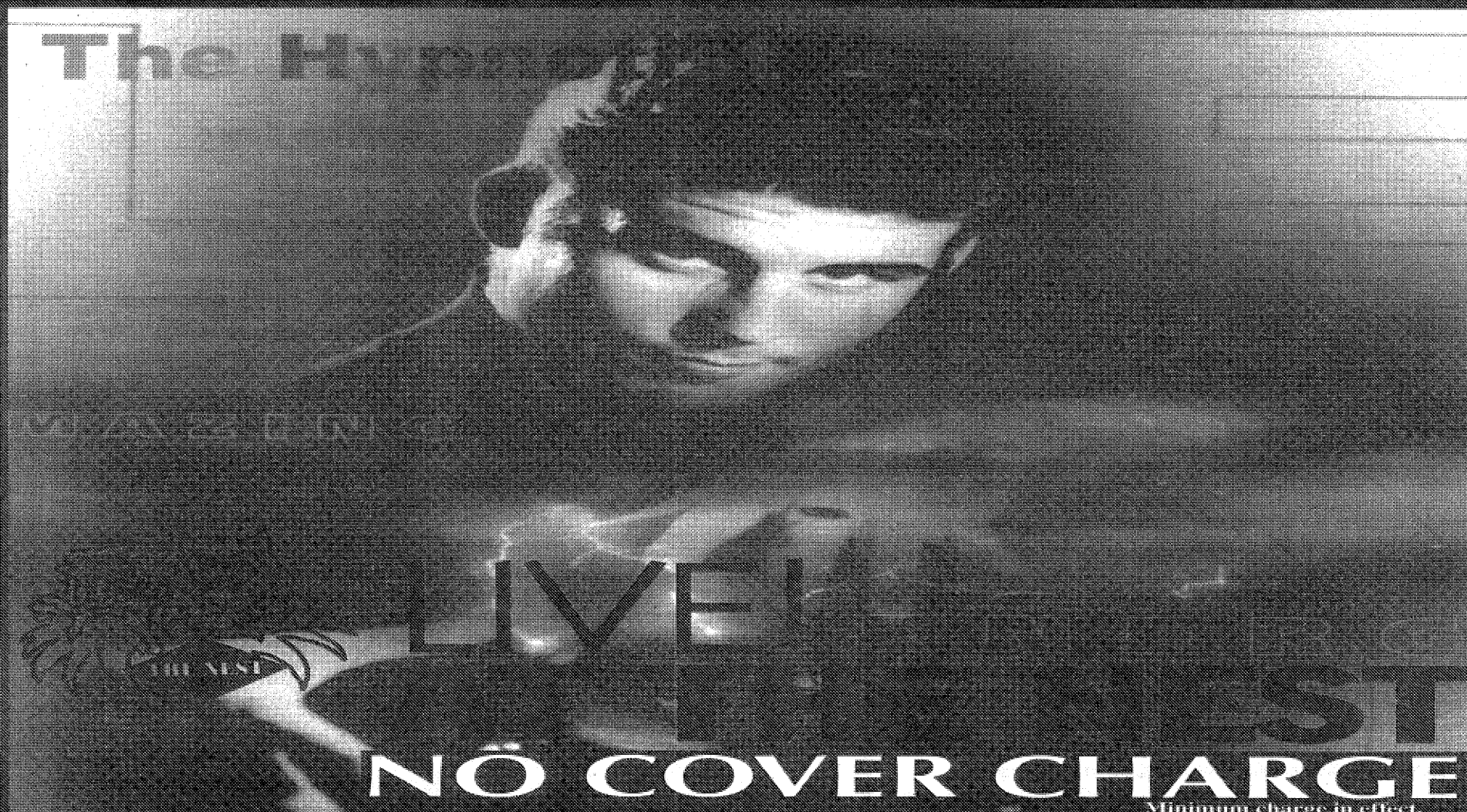
2nd BUS ADDED

\$12

Purchase tickets at the NAITSA Office (E-131)

WAYNE LEE

The Hypnotist



NO COVER CHARGE

Minimum charge in effect.

THURSDAY, FEB 8

Doors 3 PM
Show at 5 PM



To all Nugget readers,
Next week's paper will be out on Friday, February 2 as opposed to Thursday due to some of the Nugget staff being kidnapped and held for ransom in Vancouver. All submissions will be due in on Tuesday, January 30, no later than noon. All submissions must be accompanied by \$10,000 or lots of chocolate for the evil typesetter.
Signed, The Evil Typesetter

Finally, an excuse to break out your grass skirt! The 2nd annual Hawaiian Hanger Banger is on Friday, January 26, and you're all invited! Tickets are \$5 before the event and \$10 at the door. You should buy them early (we sold out fast last year). Tickets can be picked up in the Business Tower in Room T-114A from the BAS Execs or from BAS room reps. See you there!

The Combined Lab and X-ray technologies are hosting a cabaret on Saturday, February 3 at 8 p.m. at the Urban Lounge & Whiskey Grill. Tickets are only \$5 and can be purchased from any of the students.

Those mysterious Court Reporting girls are at it again. They are ganging up with the Construction Engineer guys to put on a wicked night of fun and frolicking at Red's. Join us on February 2nd. Cabaret tickets are \$5, and you get a free drink with that. See you there.

Those Instrumentation guys are at it again with a cabaret! It's running Friday, January 26, at Ezzie's. Tickets are \$5 in the J-Wing basement or at the door. Hi-balls are \$2 along with other good drink specials! Be there or be square!

Hey Curtis,
Didn't you read any of the signs when you were in Mexico? Or is Mazatland a place that exists only in your mind — a happy place you go to, perhaps, when confronted with an emotional trauma such as your recent elk attack? Maybe next time you'll go to Amsterland.
Love, E.E. Kels

If anyone in Stony Plain is interested in boarding a student for five weeks, please call Sharon or Angela at 464-5006.

To the Un-mature man,
You are saying EVERY woman has a problem. Perhaps the mirror should be turned upon yourself, or perhaps you are looking in all the wrong places (such as 95 Street and Jasper Avenue). With your attitude, I'm sure you attract all the winners.
Lady Without A Problem

To the "mature" man,
As one of the many mature women that ARE out there, I just have to say that not every girl has problems or has an attitude. Maybe YOU need to work on your "pick-up-chicks" strategy because it sounds like to me that you either are attracted to the bitches or you attract bitchy girls with "issues." I don't know you, but a suggestion could be to slack off on up front confrontation and sit back to check out the cute and quiet girls that seem a little reserved. You know, the ones that focus on certain things, because they are usually comfortable with themselves and don't have problems worth being a bitch about or bitching about. Good luck with whatever you decide.
Signed, A Mature Taken Woman

To "One of many mature men,"
What are you talking about?! Unless you just recently became "mature," then you should have been well aware of the "problems" associated with women. It's a part of life. Deal with it. Considering how "Every girl [you've] ever met has a problem," I'm surprised you haven't learned to deal with it better by now. If you don't like the games women play, I suggest you move to Tibet and become a monk (which would be kinda cool, actually). Besides that, you say that you're sick of women complaining. So, what exactly do you call what you're doing?
Signed, One of many men who could use a sandwich right about now

To the hottie in the light blue knit sweater,
I was sitting directly in front of you on the 8th floor of the Business Tower on Thursday, January 18, 2001, at 9:15 a.m. I was wearing a grey hoodie. You blew my mind, and I wanna rock your world.
Signed, The Docta

Noel (we have no idea how to spell your name),
Your lock is down the E-wing by NAITSA. We saw you on the second day of school and keep seeing you now. There are no hot guys in our program, so seeing you is like the highlight of the day. Why couldn't you be in Bioscience? We think you should come into our program next year.
Hot for you, The 1st Year Biosci Girls

Amanda in the Tower (aka Princess),
I really enjoyed talking and driving you home Tuesday before Christmas. I have not seen you around the Tower lately. I would like to chat with you, so don't be afraid to come up and talk to me because you know I am shy.
Signed, Sleepless In The Suburbs

Blonde Boy,
Maybe those L-women (who are hot, by the way) put your blonde ass in place, but how about a sugges-

tion? Get a life, man. Do all of us guys a favour and humble yourself onto a busy street so you'll stop making the male society look so damn desperate. So, while you're putting your "gomer" ass into your corner of existence, remember this: stop making us guys look so damn pathetic!
You Pretard.
From, Former CNT

Tom Cruise,
Thank-you so much for the nudie blonde pics you sent me. I can't tell you how much they meant to me, as well as emphasize why you never get to stick your Patricia Campus pipe in anyone's garden. Get some class and leave me alone. You're not the person I was hoping to hear from, and for you even replying just goes to show how much of an ass you really are.
Nest Dweller

To the girl with the shiny chisels,
I saw you in your cute hung apron penetrating some walnut with your plunge neuter. I couldn't help being turned on - it was so intense. I had to cool myself down with the airhose. Be the mortise to my tenon. If you're interested, reply to the Grapevines.
Sly Shaper

Little (Slick) Nicky,
Please return my strap-on. I know you have size issues, but stealing my favorite bludgeoning weapon is not the way to resolve them.
Love, Jenny T.

To Kevin the WWF All-star,
I'm so glad I saw your picture in the Nugget. I haven't seen you since last semester, and I thought that you weren't back at NAIT. Now that I know you're still here, I know there's still a chance. I'm still available for a smackdown, and I'm interested in learning some wrestling moves (if you know what I mean). PS: We can make it a tag team effort if you like - I know a few girls who want to learn wrestling moves, and they really enjoy the ROCK! Your wrestling fan, Flash

To the Nugget staff,
I've been found out. It's true, I don't actually have a night job. Every Monday night at 4:30... I've been seeing another school paper! It doesn't mean anything, though! I never meant to hurt you! It was purely about the sex!
Your philandering News Editor, Sally Poulsen

Attention ladies!! Kenny Total is expecting a plethora of Valentines from his adoring fans. Deliveries of chocolate and gifts can be made to the Nugget Office, and virtual cards, nude photos, etc., can be forwarded to kennytotal@mail.com.

Classifieds

LOST: A CD wallet with 16 CDs and headphones in it on Monday, January 15. If found, please call 424-3031 or turn in to NAIT security. Thank you very much.

Due West Student Painting currently requires managers for summer 2001. Managers receive quality training and support. Above average earnings of \$8,000 to \$20,000 and invaluable management experience. Call 1-800-585-8666 TODAY.

Between 17-21? Looking for a challenge? Katimavik offers a unique educational program for you to gain work experience, develop leadership skills, and explore Canada while having the time of your life! Costs related to travel, food, accommodation, and group activities are covered. \$1,000 bursary awarded upon program completion. For program/application info, call 1-888-525-1503 or visit <http://www.katimavik.org>.

DUE WEST STUDENT PAINTING MANAGERS WANTED!!
Highly motivated managers to run their own small business for the summer of 2001. All advertising and

training provided. Excellent earning potential plus invaluable management experience gained. Any year of discipline of study accepted. Call 1-800-585-8666 for a package or fax resume to (403) 543-4424.

FEMALE ROOMMATE NEEDED to share 3 bedroom west end condo. Rent is \$350 a month and \$200 damage deposit. Available February 1, 2001. Call 619-0511 as soon as possible.

LOST: Black XXL Colombia fleece in Room L-157 on Thursday, January 4, between 2:15 p.m. and 3 p.m. Reward of \$50 is offered, no questions asked. Call 477-6034 and leave a message.

RUGBY ANYONE?
Men and women required for The Clansmen Rugby Club's ongoing programs. No previous rugby experience required. The Clan Clubhouse and Fields are nearby at Airways Park (behind the RCMP building). For information call 476-0268.

Struggling with homosexual feelings and searching for answers? Email our Christian support group for info: help_ualberta@yahoo.com

NASC Aboriginal Awareness Day February 9, 2001 South Lobby

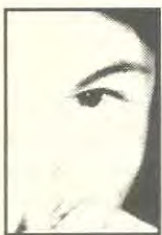
You are cordially invited to join the students of NAIT's Aboriginal Student Club on February 9, 2001 to celebrate the rich culture of the Aboriginal community. Free bannock and coffee will be served at the South Lobby kiosk.

Agenda

- 10:45 - 11:00 Smudge
- 11:00 - 11:15 Opening Remarks
- 11:15 - 12:00 First Nation Performance
- 12:00 - 12:15 Presentation of Senator Chalifoux Award
- 12:15 - 12:30 Guest Speaker - Edmonton Eskimo Jed Roberts
- 12:30 - 1:15 Edmonton Metis Cultural Dancer
- 1:15 - 1:30 Hoop Dance Presentation
- 1:30 - 1:45 Round Dance
- 1:45 - 2:00 Closing

MOVIE review

The Wedding Planner

KELSEY
Farnalls

The pretty actress/musician, Jennifer Lopez, and the scrumptious and charming Matthew McConaughey paired up for a fun romantic comedy about — you guessed it — weddings. Before you decide that this movie is just another chick flick, you should know that my male guest was pleasantly surprised. He fully expected to be miserable throughout the entire thing. However, he found it to be entertaining and enjoyable.

The wedding planner is, of course, Jennifer Lopez. She gracefully pulls off the most extravagant of weddings with seeming ease and

a whole lot of flare. The big mystery is, why is she unwed? She's beautiful, sweet, fun and smart, but hasn't had a date in two years. That is, until she meets a dreamboat by

...My male guest was pleasantly surprised. He fully expected to be miserable throughout the entire thing. However, he found it to be entertaining and enjoyable.

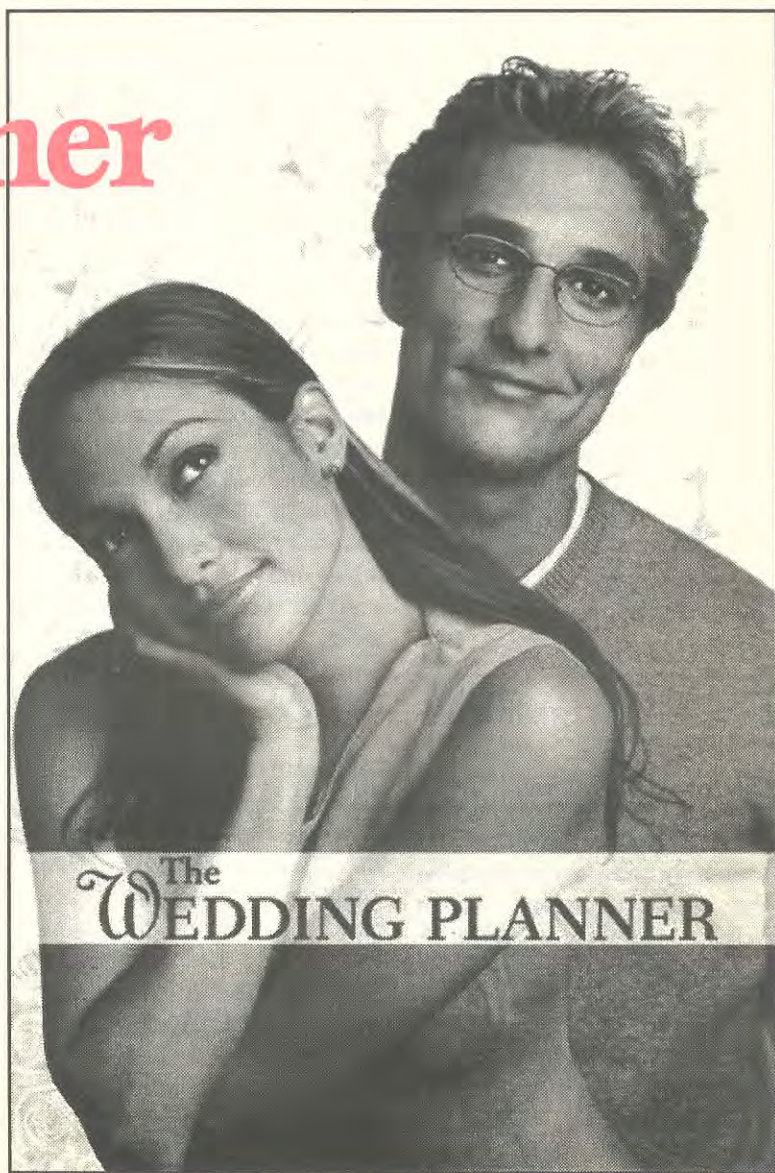
chance who sweeps her off her feet and puts stars in her eyes. The story takes an unexpected twist when she finds out an important detail about

this mystery man's life, ruining chances for a happily-ever-after fairytale. Anyway, the story follows a somewhat meandering path to a fairly predictable ending. It did manage to keep the audience interested throughout, though, and provided a fair amount of eye candy for both girls and guys alike.

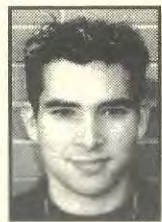
Matthew McConaughey's sexy and charming presence complemented Jennifer Lopez's sweet and endearing disposition nicely. Both displayed their skill as actors in "The Wedding Planner", and I enjoyed watching the ensuing chemistry and sexual tension.

"The Wedding Planner" delivers a couple of hours of laughter and wistful dreaming. It is a movie which will be enjoyed by all.

Thanks to Campus-tv (previously known as Market Penetration) for the complimentary double-guest pass. You can log on to their website at www.marketpenetration.org.



Comeau's Cuisine

CURTIS
ComeauCappuccino
Affair

13671 St. Albert Trail
Phone: 454-6767

Now, I don't usually make a point of visiting coffee shops simply because most of them only concentrate on specialty coffees and the odd baked goodies which in most cases, have been sitting in their display case for quite sometime.

But, word around the Edmonton dining scene is that to accompany their wide range of specialty coffees, the local coffee shops known as "Cappuccino Affair" serves up a to-die-for grilled Italian sandwich called the Panini. So, I decided to visit the newly-opened Cappuccino Affair on St. Albert Trail and see if these Paninis would live up to their hype.

Upon entering, my dining companion Eva and myself noticed that this particular Cappuccino Affair dawned a certain modernistic charm that many of the more popular coffee shops simply don't. A gray pastel interior fur-

nished by silvery tables and chairs and couches as well as nouveau art on the walls reflected a modern European influence.

"We like to think that people come here because of our friendly staff and the peaceful atmosphere," says co-owner Bart Kossowski. "Because of the spaciousness, people can come here and chat with friends and still maintain a high level of privacy."

Although the menu offers a wide range of customizable espressos, mochas, lattes and Chai, by far, their most innovative coffee is the *Secret Affair* (3.50). Served in a heaping cup, the *Secret Affair* consists of steamed chocolate milk,

double espresso, English raspberry syrup topped with whipped cream, and chocolate shavings.

As mentioned previous, the purpose of this dining trip was to experience their signature dish — *The Panini* (6.95). With four different Paninis to choose from (*Italian, Roast beef and Cheddar, Ham and Swiss or Vegetarian*), I eventually decided on the Italian while Eva chose the Ham and Swiss. For our add-on's, both Eva and myself decided on side Caesar salads topped with feta cheese.

Within one bite, we both agreed that the rumors held true and that these Paninis are a must-try for anyone who enjoys experi-

encing new innovative dishes. We found the Paninis to be very filling — so much that we had no room left for dessert. This was unfortunate, considering Cappuccino Affair offers a wide selection of freshly baked pastries ranging from classic cheesecakes to heath-wise muffins.

So, whether you decide to come in and try a delectable Panini or just to relax while chatting with friends and sipping on a cup of gourmet coffee, make sure to take your time at Cappuccino Affair because there is no rush. A complete meal for two should run you no more than \$25 before tip.



**MARCH
BIKINI
CONTEST**

Participants
must be
**18
YEARS!**



**\$1000.00
CASH
Winner Takes All!**



5708-75 St. • Edmonton • 413-8333

**WET
T-SHIRT**
Last SAT of each
month.

**Guaranteed
\$\$\$**

**Power Hour
(8-9)
\$1.75
Highballs
(1oz.)**