

THE NUGGET

Thursday, March 15, 2001
Volume 38, Issue 21

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Open House 2001 Embraces New Technology



SALLY Poulsen

Beginning this past Friday, NAIT went down in the history books. The school's first-ever Open House webcast has, for all intents and purposes, been a hit. The Open House Website which, to-date, boasts over 3,500 hits, offered a variety of live and pre-



Second-year Legal and Realtime Reporting student, Kelsey Farnalls, with instructor Jerry Weigl.

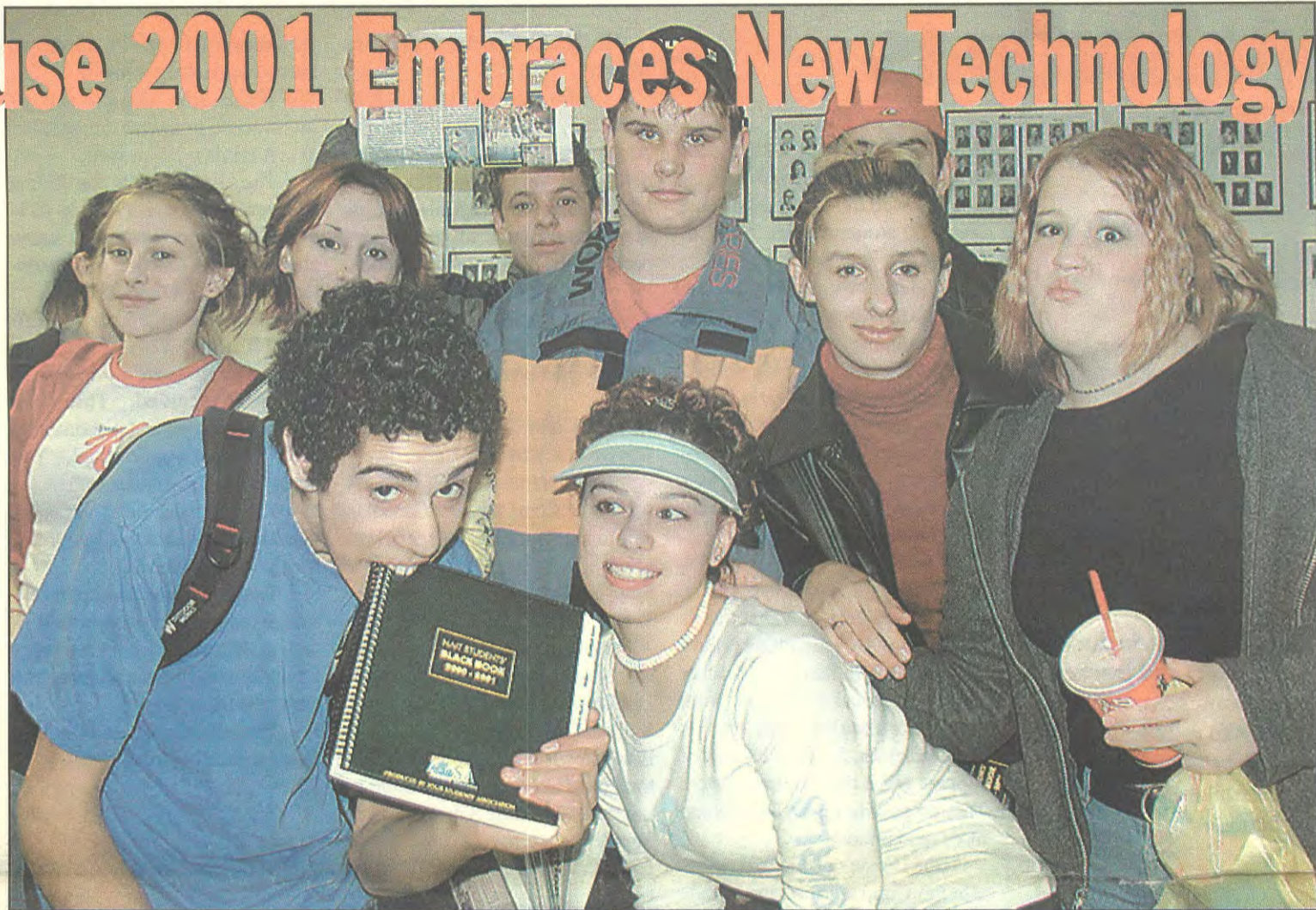
corded events over the weekend.

Among the most eagerly anticipated were the live events, including Saturday's Ooks game and the widely publicized Cast Iron Chef competition. Numerous interested web surfers watched as students from Radio and Television Arts visited the wide array of technology displays and interviewed NAIT visitors.

This is not NAIT's first foray into the area of internet broadcasting. The Television Arts Program

began webcasting the students' NTV News show just this semester. And the program appears to be a success.

For more information, or to catch a glimpse of Open House 2001, log on <http://www.nait.ab.ca>, and click on webcasts. The same link will allow site visitors to screen past episodes of NTV News.



The Struggle for a Free Tibet

Part 2



SHANE Turgeon

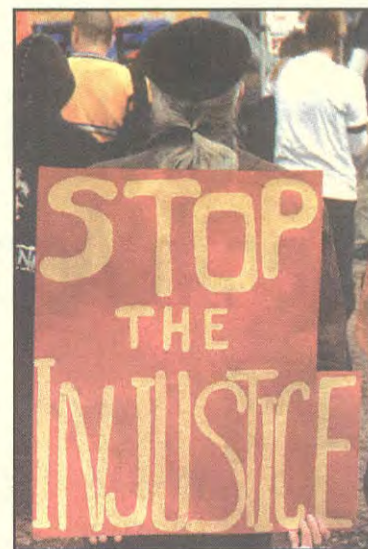
This past weekend commemorated the 42nd year since Uprising Day, the day when Tibetans tried one last time to rise up against a ruthless oppression imposed on them by the People's Republic of China. Tens of thousands of Tibetans died on March 10, 1959, and concerned human rights groups around the world gathered over the weekend to remember those who

lost their lives then and since under the brutal rule of the PRC.

Here in Edmonton, members from the Canadian Tibetan Committee(CTC), Students for a Free Tibet(SFT), and other concerned individuals gathered in Churchill Square on Friday night to hold a candlelight vigil. After delivering some inspiring words, the head of the CTC, Glen McLean, led those gathered in a ten-minute moment of silence.

The following day, supporters of a free Tibet gathered in front of the Earth's General Store and marched down Whyte Avenue to Gazebo park where Glen McLean and Sam Price read the Dalai Lama's annual speech. Sam Price is the head of the University's SFT and was recently arrested in Beijing for demonstrating in front of Jean Cretien's trade envoy. Sam's words were especially inspiring and encouraging because of the experiences he underwent being arrested in a communist nation known for brutal human rights violations.

China is currently in negotiations with the International Olympic Committee(IOC) to hold the 2008 summer Olympics. People across the world are outraged that



Protesters march along Whyte Ave. in support of a free Tibet.

they are even a consideration because of their track record with human rights. Toronto is also vying for the 2008 Olympics.

If you are concerned about China's illegal occupation of Tibet, by all means, voice yourself. Write your MP or become involved with the CTC. If you are concerned about China's bid for the Olympics, write to the IOC, telling them of your concerns.

Questions/comments? Write me at theringpost@hotmail.com



Gathering in Gazebo park to hear the words of the Dalai Lama.

Bad Week for Post-Secondary Institutions



SALLY
Poulsen

And you think you've got problems. While next year's imminent tuition hike and NAITSA's fee increase loom on the horizon as the NAIT population's top complaints, other post-secondary students across the country have much more urgent

"Various Unions, including steel workers and teacher associations, have banded together to raise \$500,000... as a means of continuing the strike until a resolution is reached."

matters to be concerned with.

Students at Hamilton's McMaster University are currently caught in the middle of a dispute between the University's Staff Association and McMaster's administration.

Many classes have been pushed back, and students services have been slashed (albeit temporarily) as

the McMaster Staff Association strikes in an effort to secure their first contract with the University. More than 400 students have been affected.

The end to this battle is unclear, although the MSA clearly has community support. According to Laura Kloet of The Silhouette, McMaster's Student Newspaper, "Various Unions, including steel workers and teacher associations, have banded together to raise \$500,000... as a means of continuing the strike until a resolution is reached."

Good luck.

Meanwhile, across the country, medical students at Vancouver's University of British Columbia have been faced with their own teacher boycott. Clinical Professors from that school walked out on last week's classes, fed up with lack of support from the Administration. They are seeking higher benefits and more recognition.

The University does not recognize the Clinical Professors' Trade Association and instead treats the professors as independent contract workers.

University of British Columbia students were not effected by the walkout, as the school's full-time teaching staff were able to cover the courses.

It's That Time of the Month Again



DARIA
Morgan

March, March, March.

Besides wearing green on St. Patrick's Day on the 17th (or getting goosed if you don't), the month of March holds much more to be thankful for (and to celebrate) than leprechauns and fictitious pots of gold.

March is...

- Optimism Month
- National Umbrella Month
- International Listening Awareness Month
- International Mirth Month
- Youth Art Month

Special Weeks in March...

- March 18-24: Anonymous Giving Week
- March 19-25: National Spring Fever / Clutter Awareness Week
- March 15: The Ides of March
- March 17: St. Patrick's Day
- March 18: National Quilting Day
- March 20: Smile Rejuvenation Day / International Life Day / Proposal Day
- March 21: Memory Day / Single Parents Day
- March 22: As Young As You Feel Day / International Goof-Off Day
- March 23: Liberty Day
- March 26: Make Up Your Own Holiday Day
- March 31: No Homework Day

Campus Crime Stoppers FAQ

1. How did Crime Stoppers start?

Crime Stoppers began as an idea by Greg MacAleese, an Albuquerque, New Mexico, police detective. In 1976, Detective MacAleese was frustrated in his search for a murder suspect and appealed to the public for information. By offering a reward for information, he was soon given the information he needed to put the perpetrator behind bars.

2. How did Campus Crime Stoppers start?

By November 1982, Calgary, Alberta, became the first Canadian city to start a Crime Stoppers Program. In 1994, Campus Crime Stoppers became a reality and now is part of Edmonton and Northern Alberta high school and junior high school students. It is a result of collaboration between NAIT, the NAIT Students' Association (NAITSA), Edmonton Public Schools, Edmonton Police Service, and the Edmonton and Northern Alberta Crime Stoppers.

3. I want to report a crime. How does this work?

The process the program follows involves the following steps:

- a) A crime is committed.
- b) The student calls the Crime Stoppers line (421-TIPS or 421-8477) to report what they know about a crime (outside of Edmonton, call 1-800-422-TIPS).
- c) The tipster is afforded **COMPLETE ANONYMITY** by being provided with a code number when the tip is received. This code number is unique and personal and must be kept confidential. You never have to give your name.
- d) Via this code, the tipster is advised to check on the status of his/her tip in three weeks.
- e) Tips that lead to the apprehension of the person(s) responsible, as well as the recovery of stolen property or drugs, will qualify you for a cash reward.
- f) The rewards are given to tipsters on an anonymous basis.

4. How are the rewards handed out?

The rewards are determined by a voluntary Board of Directors and will vary according to the value of the tip received. Some of the criteria include:

- How serious was the incident?
- Was the incident "high profile" in the community?
- Was violence involved?
- How much stolen property was recovered?

5. How big are the rewards?

Awards can be offered up to \$2,000, so call now!

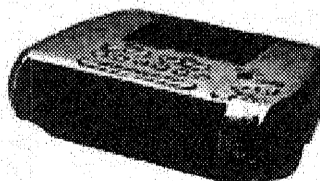
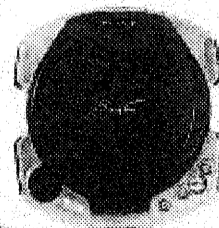
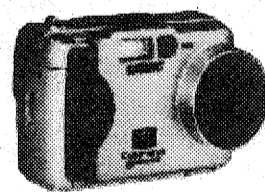
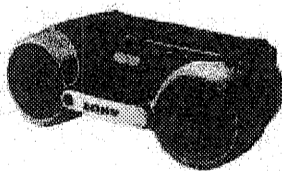
6. How can I help Campus Crime Stoppers?

If you are interested in volunteering with Campus Crime Stoppers, call 471-8655.



Your **Campus** **Computer Store**

The NAIT Tech Store is an Authorized Sony Dealer. Our Prices are lower than FutureShop's or The Sony Store's regular prices.



In Stock Sony Consumer Electronics Products 10% OFF!

South Learning Center, Reads & Needs Tech Store
Store Hours: Monday 7:30 am - 7:00 pm,
Tuesday to Friday 7:30 am - 5:30 pm, Saturday 9:00 - 1:00 pm
Phone (780) 491-3140

Odds & ends



DARIA Morgan

Dissent Among The Ranks

The duo of Lance Bombardier Heidi Cochrane, 24, and her Sergeant, who is now her husband, have come back to face the music after the pair went AWOL from the British army to elope. Cochrane used to literally be the poster girl for the British army, with a photo of her posing in full battle dress with her assault rifle. Also facing the music in the military this week is Lance Corporal Roberta Winterton, age 20, for appearing in a local newspaper as the topless "Page 3 Girl." She was demoted to the rank of Private for her actions.

Bang Bang Boom

A 39-year-old man from Laval, Quebec, was dropping off a load of oil byproducts at a Petro Canada plant in Mississauga, Ontario, when he decided to look inside his tank to see if it was empty enough for him to move on. In order to get a better look, however, he used his cigarette lighter to shed a bit of light on the situation. The end result was an explosion which threw him 13 feet and burned off both his eyebrows. Just prior to the explosion, the man was heard saying, "Uh oh. What did I do?"

In With The Old, Out With The New

The toy industry is in a slump, running out of ideas of what new products to make - new toy ideas are being rejected almost as fast as manufacturers can churn them out. So, what to do? Make a comeback with some of the goodies from the oldies. The 1960s hit "Rock 'em Sock 'em Robots" are back on shelves as are the old GI Joe dolls, and even Tickle-Me-Elmo is making a return. Reintroductions of toys are also

significantly cheaper to bring to the market than new toys, so it looks like the future of our child's fancy could be a blast from our very own past.

Stupid Headline Of The Week

An AFP headline recently read this week, "When Ebola and HIV Are Your Friends."

Cleanliness Now Related To Life's Successes

According to researchers at the University of Michigan, children who grow up in tidy homes receive a better education and earn more money. Home cleanliness was assessed by interviewers who visited the test subject's home every year from 1968 to 1972, rating cleanliness on a five-point scale. Twenty-five years later, researchers then looked at the educational attainment and earnings of the 3,395 young adults who grew up in those homes. Those from very clean homes completed an average of 13.6 years of school as opposed to those who completed an average of 12 years of school from dirtier homes. Wages reflected the same, with those growing up in really clean homes as making an average of \$14/hour as opposed to the dirtier homed people making only \$12.60/hour. Researchers said patients who keep their home clean might be more efficient and organized than others, and those characteristics likely carry over to other aspects of their lives.

Putin Invades The Internet

Russian President Vladimir Putin made history last week by holding the first-ever online news conference. Putin answered some 20 to 25 questions selected from more than 16,000 E-mails sent in by web surfers in Russia and abroad. He discussed issues ranging from Chechnya to education reform, to conscription, a professional army, and government performance. He also revealed some personal information about himself such as his likings, his daily routine, and his love for sports and art. He also told web surfers about his daughters' ad-

diction to the Internet and how him and his wife had to limit their time online.

Sad Humanity Example Of The Week

Five junior high students are facing a series of charges after invading an apartment and beating up a classmate as the two boys the classmate was looking after watched on. According to the Boston Herald, the eighth grader was babysitting two boys aged 5 and 8 when the five girls pushed their way into the apartment. The eighth grader was then slapped numerous times and pushed to the floor. When the 8-year-old screamed at the girls to leave and tried to telephone the police, the child was hit on the head. The five girls, whose names cannot be released due to their age, were arrested and then released into the custody of their parents. They are being charged with breaking and entering, assault and battery, witness intimidation, and malicious property damage.

Making The Change

The state of South Dakota passed a bill renaming more than three dozen place names in the state. This move comes after a letter was received by the governor stating that the word "squaw" was offensive and was taken to mean a prostitute or a whore. The bill goes into effect July 1, 2001, with Squaw Lake being renamed to Serenity lake, Squaw Flat becoming Hat Creek Flat, and Squaw Teat Creek becoming East Rattlesnake Creek. Two other place names that will also be changed are Negro Creek (to Medicine Mountain Creek) and Negro Hill (to African Hill) to rid of the negative racial association to the word "nigger." South Dakota joins Main, Montana, Oklahoma, and Minnesota in taking steps to remove the words that many American Indians consider a racial and sexual insult. The word "squaw" still appears in more than 1,000 towns or geographic features in the United States.

Have any comments, ideas, or questions? If so, E-mail them to me at virgin.state.of.mind@hotmail.com.

Campus Crime Stoppers Tip of the Week

Harassment

What is harassment?

The Crime Stoppers "Personal Safety and Security Handbook" describes harassment as "...conduct or comments which are intimidating, threatening, demeaning, and may be accompanied by direct or implied threats to a person's grades, status or job." The most common form is sexual harassment and can include:

- Sexist or racist jokes.
- Display of offensive material.
- Derogatory name calling.
- Persistent and unwelcome requests for "dates".
- Unwanted touching, patting or pinching.
- Verbal threats or abuse.

How do you deal with harassment?

Most people involved with this behavior only want the activity to stop. This requires action and may create some discomfort as, most times, the people work or have classes together. Some methods known to work are:

- Tell the harasser what the negative impact of their action is and ask them to stop. This can be done verbally or by a written letter. An example is "when you make suggestive comments, I feel so uncomfortable that I can't concentrate on my work. I don't like these comments. Stop saying these things to me."
- Keep a written, chronological account of all incidents of harassing behavior. Note what occurred, when, and names of any others that may have witnessed the incident. Keep any inappropriate letters, jokes, pictures or objects that the harasser gives you.
- Many people who experience har-

assment feel uncertain or embarrassed; however, ignoring or minimizing the problem won't make it go away. Ask for help. Talk to someone. Seek the assistance of a School Resource Officer or Counselor. At NAIT call Counseling Services at 471-8921 (8921 on those little white phones that are everywhere), or in extreme cases call the Rape Crisis Center (Sexual Assault Center) at 423-4121.

How about abusive or obscene telephone calls?

If you should receive a abusive/obscene phone call:

- DON'T REACT. Most often, the caller is looking for a reaction to the call.
- Don't ask questions to the caller (ie: who is this?) as this is what they want you to do.
- Hang up the receiver promptly.
- Never blow a whistle or yell into the phone. The caller will know you are angry and will probably call back. As well, you may face possible lawsuits.
- Never talk to anyone you don't know or are uncomfortable with.
- Consider subscribing to call display so you can see the number of the caller.
- Notify police of any calls you received. If the calls are regular make a log of dates, times, and what was said.

For your free copy of the Crime Stoppers "Personal Safety and Security Handbook," call 471-8655. If you have information about any crime call, Crime Stoppers at 422-TIPS (422-8477) and you may be eligible for a reward of up to \$2,000.

Voting Instructions for NAITSA General Elections

Friday, March 16, 2001

- Student ID is required - no exceptions!
- ID cards will be marked to indicate the student has voted.
- Students may vote only once.
- Voters may vote for one or more positions. You are not required to select a candidate in every position unless you choose to do so.
- Be sure to choose only one candidate per position.
- For the Board of Governors positions, choose no more than one or two positions.
- Choices must be marked with an "X".

NAIT DISCOUNT CARD

The Bearer is Entitled to a

10%

Discount on all regular priced merchandise, including Levi's, Sorel, Carhartt, and Helly Hansen.

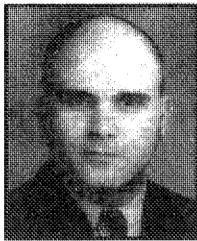
WORK WORLD

Kingsway Garden Mall location only.
(Next to Bank of M.)
Ph: 479-2478
Expires August 31, 2001.
NAIT ID required.

Election Nominations

PRESIDENT

ROB ELLIS



Hello, My name is Robert Ellis, I am a Marketing Management student, and I would like to represent you as President of the NAIT Students' Association for the 2001-2002 year. As President, I would be responsible for supervising and guiding the other executives to enhance students' lives through quality leadership and accountability. The president is a communication link between NAIT and students. This requires a leader that is confident in his abilities and has good social skills to deal with different types of people. I believe that I'm the one for this job.

I am currently your VP of Activities, and I have enjoyed working with the student body this year. From OOK FEST and the Halloween Hanger Banger, to our New Year's Ski trip and our crazy fan buses. This year has been a great year for activities.

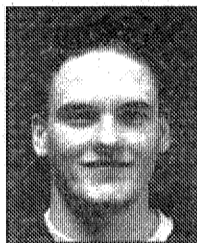
It's been a pleasure putting on these events for you, and I thank you for attending in record numbers.

In past years at NAIT, I have been the President of the Business Administration Society, which helped me out immensely with my leadership skills. I also have volunteered for every Shinerama campaign since I have been at NAIT.

I have had a great year at NAITSA, thanks to the students I have had the pleasure of working with and for. I wish to continue this in the future. So, on March 16, vote Yes for ROBERT ELLIS as your President.

V.P. ACTIVITIES

JASON ANDERSON



Hi, my name is Jason Anderson, and I'm running for the Activities Vice President position. I am running for this position because I am the best suited and most qualified person for this job.

Currently, I am the President of the Business Administration Society (BAS). This year has been the most successful year BAS has ever had. We have fundraised more than any other BAS group, making this upcoming business graduation one to look forward to. During the last year and a half on BAS, I have made many great connections within the entertainment industry. Being in the activities industry for this long and with experience that I have, makes me a great asset for the students of NAIT and the NAIT Students' Association.

Over the last three years, I have been involved with the NAITSA activities committee organizing and volunteering for such events as Oookfest, Shinerama, Wake The Dead, New Year's Ski Trips, and the upcoming Spring Fling 2001 concert with Wide Mouth Mason. I have worked with such acts as Moist, Headstones, The New Meanies, Nickelback, The Watchmen, Serial Joe, Wayne Lee, and Big Sugar. I have also sat on General Council voicing the concerns for the student body and promoting new and fresh ideas.

I am looking forward to working with the students from Westwood, the Annex, Patricia, Souch, the Distribution Center, and Main Campus to help their technologies stay connected with NAIT activities and also to help technologies raise money for their Graduations.

Anyone who knows me will tell you that I will do my best to provide the students with the most entertaining activities so all of us can have THE NAIT EXPERIENCE. I am a very approachable person, so if any students or staff need anything, I will promise you that I will do my best to accommodate your needs. I feel NAITSA needs someone who is experienced and who will do the best job for the students of NAIT. So, on Friday March 16th, remember to vote for the BEST and MOST QUALIFIED person for the job. Vote **Jason Anderson** your best choice for Activities VP.

CAMERON BAKER



Hi, my name is Cameron Baker. I am hoping to represent you as the NAITSA Activities VP. This is my first year at NAIT in the Business program. I am a friendly and outgoing person that will not only talk for the students, but listen to them as well.

When you elect me your new VP of Activities, my door will always be open to you for any questions that you might have. If you have some ideas that you think would be great for NAIT, I will always have time to listen to you.

My goal, when elected, is for all of the students to be involved in the NAITSA process, from generating ideas to enjoying the activities. You, the students, are the reason we have such a good students' association, and you need to make your voices heard.

NAIT is one of the best schools in Alberta, and that recognition can be attributed to your excellent students' association as well as the excellent student participation in many activities. I think that one of the most important jobs at NAIT is coordinating all of the activities for the students because we all need something to do to unwind from a stressful week. Not all of us associate drinking with fun, so we need more events for drinkers and non-drinkers alike.

When elected, I will do everything I can to bring all of the campuses together, make OOKFEST bigger and better, have more ski trips, raise more money for graduation, and much, much more.

So, during the next week, come up and talk to me. I guarantee that you'll find me honest, fun, and approachable. NAIT is a great school, and NAITSA is a great committee, and with your help, I think we can all work to make it even better. So, remember, on Friday, March 16, vote Cameron Baker for your new VP of Activities and help NAIT have the best year ever.

V.P. OPERATIONS

ROBYN DUNBAR



Hi, everybody. I'm Robyn Dunbar, a second-year Business finance student. In the upcoming 2001-2002 school year, I would like to represent you, the students, as the Operations Vice President for the NAIT Students' Association.

Throughout the past year, I have become quite interested in the affairs and operations that go on at NAIT. This year, I have become involved with numerous school activities including Shinerama, the blood donor clinics, and awareness weeks.

I feel that, in filling the position of Operations VP, my past experience and willingness to learn will help me to become a valuable asset to our school. My leadership skills and insights for the future will assist me in organizing and continuing the success NAIT has had in all of its operations.

As Operations VP, my duties would include organizing Shinerama and other volunteer functions. The Operations VP is also responsible for preparing budgets, being responsible for the cash flow of all social functions that NAIT has, helping in organizing social functions for NAIT, and assisting the NAITSA accountant in all of the budgeting.

In voting for me, I want to make the 2001-2002 school year the most successful year yet. The NAIT Students' Association continues to grow and, with your participation by voting, we can continue to insure that NAITSA meets the needs of you, the student. I would like to invite each of you to attend the candidates' speeches next week and exercise your right to vote.

On Friday, March 16th, make a difference. Vote Robyn Dunbar for Operations VP, and we can all look forward to a successful upcoming year. Thank you for your time and good luck to all the candidates involved.

DIANA MCCALL



Hello, my name is Diana McCall, and I would like to represent the students as Operations Vice President for the NAIT Students' Association.

I am a first-year Business student, and I have been involved with NAIT for several years now. I feel that with all the experience I have attained here at NAIT, I am best suited for this position.

You may now be wondering what a first year student has been doing at NAIT all this time. I have actually been a NAITSA employee!

I have worked at the Nest during the last hmmm... let's just keep it to the last "few" years, and during the last two summers, employed right in the NAITSA office.

At the Nest, my responsibilities included being in charge of all the cash each day. I not only prepared the deposits for each day but also made sure all floats balanced for each shift. Through doing so, I have acquired a very in-depth experience with handling the financial aspects of running a business - a quality perfect for the Operations position, I might add!

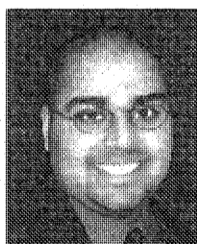
During the summers at the NAITSA office, I was hired as the Shinerama coordinator. This experience has proven to be one of the most rewarding and challenging opportunities of my life thus far. This year's campaign was not only NAIT's most successful year ever, but also the first time we have ever raised more money for the fight for Cystic Fibrosis than that of the U of A - bringing in more than \$22,000!!

I know we can do even better next year, and voting DIANA for Operations VP will ensure this.

Since I have been involved with NAIT, I have not only been a valuable NAITSA employee, but I have also volunteered whenever the opportunity presented itself in areas such as the NAIT Cruise on the Acquisitions Committee, and at the NAIT Children's Christmas party I played Mrs. Santa Clause. I firmly believe in NAIT and, if voted as VP of Operations, I promise to help make this the best school that it can be!

Make the right choice on Friday March 16, vote Diana McCall for Operation Vice President!!

FAZ SYED



Hello everyone. I would like to apologize in advance for the length of this - I just want you to be well informed. I'm Faz, and I would like to represent you as your next NAITSA Operations VP for the 2001-2002 academic year.

As of the end of this year, I will be a graduate of the accounting program, which has equipped me with the skills to complete any task that is required of the Operations VP with ease. During the last few months, I have been the Operations manager for a small computer company and have helped change that company's direction from failure towards clear prosperity. This has taught me a lot about the job that I would do for you.

As your Operations VP I would be responsible for maintaining and creating budgets, cash management, giving technology loans, as well as being the Chief Financial Officer of NAITSA.

During this year, I helped NAITSA raise over \$22,000 on behalf of students for Cystic Fibrosis Research (Shinerama). I currently sit on the NAITSA Finance & Audit committee and have helped to enable NAITSA to receive a return on the money that you have entrusted them with, increasing the level of accountability that NAITSA has to you.

The money that NAITSA has held for the development for the new ICT Building has never earned much money; it has just sat there, doing barely anything for you. Now, it is earning money, which means that, eventually, NAITSA will need less from you for the building fund.

Also during this year, it has been my pleasure to be on the Academic Council. Together, we have helped make NAIT a better place for both students and staff through the new Academic Policies and Procedures guidelines. It is this document that could help you during times of academic difficulty, setting guidelines for students and staff to follow.

Also, Academic council has improved the instructor excellence awards, giving students a better opportunity to acknowledge the instructors that have made a difference in their lives.

On the financial side, I have designed a new system that will allow your technology to have the capability of holding more cabarets and other fundraisers, while keeping the technology representatives accountable to you. NAIT's population is growing, and your participation in this election means that NAITSA will always be able to meet your needs.

You have the power to make a difference. You have the power to make sure that your views are heard. You have the power to make sure that your feelings are expressed. You have the power to make sure that you can trust the person that you've elected is completely qualified to perform the duties that they will have to. On Friday, March 16th choose experience, dedication, honesty, integrity, responsibility, and commitment by voting **FAZ SYED** your next Operations VP

If you have any questions, or you would just like to talk, please E-mail me at fazforvpopersations@yahoo.com or ICQ me at 109363310.

V.P. COMMUNICATIONS

BRAD LETWIN



Hello, I am Brad Letwin and I am seeking re-election for the VP Communications position. I am a second year Telecom student who enjoys fast food and anything with grease as a main ingredient.

I have enjoyed my brief time here with NAITSA immensely. Having started mid-way through November, I figured I would run again since I enjoyed the experience so much the first time.. Working with NAITSA and Nugget staff has made me a better person. I have many new ideas and changes for this upcoming year, changes that you the students would benefit from.

Since joining NAITSA I have learned to work with a variety of people, as well as getting to learn some important aspects of being an NAITSA executive, such as attending weekly meetings, and working with the Nugget budget.

I am very approachable, understanding, open-minded and am a very good listener. I enjoy meeting new people and my door is always open to you the students.

I take great pride in my ability to work well with others, which is a vital part of the Communications VP position. Overseeing the school newspaper get published each week is an exciting and interesting job. I enjoy working with the staff at the Nugget; they are a very unique bunch.

On Friday March 16, I ask that you choose experience and dedication by re-electing Brad Letwin for VP Communications. Thank You.

ALLAN SEAL (No photo available) (No writup available)

V.P. ACADEMICS

TIM POOKE



How are you doing? My name is Tim Pooke, and I am a second year Business Administration student enrolled in the Marketing program. I hope to represent you, the students, as the new Academic Vice President for the upcoming 2001-2002 school year.

Currently, I devote much of my time to the Business Administration Society (BAS) as the Finance VP. I have undertaken any responsibilities ranging from assisting with accounting statements, which is possibly the most boring job on the planet, to organizing some freaky, kick-ass parties. I also hold a chair on the Academic Council, which I feel gives

me the perfect knowledge and training to fill this very prestigious position. I also attend General Council meetings, which makes me very much aware of the other responsibilities this position entails.

I am very approachable, outgoing, and always willing to chat with anybody, good or bad, as long as the outcome is one we can all agree with. This position is relatively new to NAITSA, and there are a lot of opportunities for growth and advancement. I am also a very dedicated hard worker, and I always want to get the job done right the first time.

So, in conclusion, on Friday, March 16, make a super decision and the "X" marks the spot beside my name. And if you forgot my name already by reading this interesting bio of myself, it is Tim Pooke for Academic VP.

ALIA SCRIVER



Hi, my name is Alia Scriver, and I think there is a lack of estrogen in the NAITSA office and something needs to be done about it. That is why I'm the perfect candidate for VP Academics - I'm full of it.

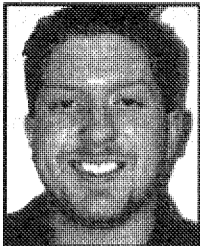
In all seriousness, I have had such an amazing experience at NAIT thus far that I want to be involved with operating and maintaining this strong and supportive institution. I want to be part of the NAITSA staff to contribute my drive and experience. Volunteering for the NAIT Cruise was my first step in becoming a more active student.

My goal as Academic VP is to make you feel more comfortable when communicating your problems with me and, in turn, find the best solution for all the parties involved. I will accomplish this by making my approachable and vibrant personality available when you need me. I also have the ability to successfully organize NAITSA meetings that will be constructive and efficient.

I am confident that I have the abilities for this position. I know you will feel the same way. Please come and talk to me if you have any questions, because I know we both want what's best for the future of NAIT.

BOARD OF GOVERNORS

TRAVIS BANNERT



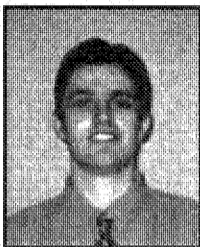
Hi, I'm Travis Bannert, and I'm currently running for the position of Board of Governors for NAITSA. This position gives me the responsibility of representing the students at Board of Governor meetings and representing the board at General Council meetings.

I am currently a second-year student with various experience in the student community. I have been a writer for the NAIT newspaper, "The Nugget," for the past year and have also been involved as the Vice President of Accounting for the Business Administration Society. Through my time here at NAIT,

I have been involved with the former NAIT Foundation volunteering for fundraisers and as an active member of General Council helping represent the business faculty. I also assisted at this year's Shinerama.

The most important thing for us at NAITSA is to provide to the student populace with accountability as a student government. In my past dealings, I have made the students' best interests my first priority and hope to do so in the role as a student representative on the Board of Governors. So, when you come out to the polls, vote Travis Bannert for Board of Governors. Additionally, at the very least, it is in your best interest as a student and member of NAIT's college community to at least come out and vote. Thank you.

MORGAN ELLIOT



Hello and welcome to election season. My name is Morgan Elliot. I am presently a full-time accounting student at NAIT, as well as a part-time French student at the U of A. Pursuant to NAIT, I intend to complete my Bachelors of Management at the U of L, after which I will begin my pursuit of a Masters Degree in Law (yeah, I know, but somebody's got to do it). In addition to my education, I am employed in a tutorship position with NAIT's Student Services with Disabilities where I have the opportunity to instruct and mentor challenged students.

It is that same determination and experience that I wish to bring to the table as one of the two Student Representatives on the Board of Governors. As a BOG member, I will work closely with both the NAITSA President and the industry and community leaders that make up the Board; in essence, the liaison between the students and the province.

As we as Canadians and more so, Albertans, stand on the heels of enormous government surpluses and the anticipation of a debt-free province, much needed funding is beginning to flow back into education. As your Representative, I ensure that you the students, NAIT's and Alberta's most precious commodity, will receive the full benefit of the present and future monies. That means I will table issues that have occurred unbeknownst to most students, such last year's 10 percent increase in tuition, and again another 10 percent increase for next, the ludicrous approval of the money thieving "JADE" ATMs, as well as the ailing equipment found in most computer labs. I also promise to work especially hard for a stronger commitment from NAIT, Industry, and the province towards scholarships, albeit satisfactory, far from impressive.

With your support, I pledge to use my strong character and integrity to force the Board into making decisions that are to the advantage of us students, and not the forceful hands of special interests. NAIT is our school, not theirs, and should be run accordingly. This year's list of candidates include an exceptional core of intellectual property, and together with your astute vote, both the selected NAITSA and BOG reps will no doubt give you the best possible leadership. Come Friday, March 16th vote right and vote responsible.

JOHN HARRIS



I am John Harris, and I am running for the position of Student Representative to the Board of Governors.

Currently, I am a third semester accounting student and, in January, will be taking the Applied Accounting Degree in pursuit of a Certified Managerial Accountant designation.

I first started attending NAIT at the age of ten. I was no child genius; attendance was during public school holidays. My father, until his retirement last November, was an instructor here at NAIT. This gave me insight of the workings of the institute from the instructor's point of view.

Now, as a student, I have the "big picture" of what the institute is. I want the position of Board of Governors Representative to help protect the interests of the students, voice their concerns, and ensure they are forefront in the business of the institution.

On Friday, March 16th, vote John Harris to represent you and your interests to the Board of Governors.

KEN WOLANSKI



Hi, my name is Ken Wolanski, and I have really enjoyed my time here, and I want to give something back to our school. So, I am running for NAIT's Board of Governors.

I have worked as an active volunteer in all of NAITSA's functions, and I am enthusiastic about getting involved. We students need a strong voice on the Board of Governors. We need a voice for our concerns - one that will ensure our views are taken seriously. I am not shy when it comes to voicing my opinions, and I would be glad to act as your representative.

We should all take an active part in student government, so I encourage everyone to talk to me, tell me your views, and bring me your complaints, and I will see to it that your concerns are addressed.

Next Friday, I encourage everyone to come out and vote. Use your right to vote! Choose a strong body of government! Working together, we can improve our quality of life here at NAIT.

VINCE HESCHEL (No photo available) (No writup available)

The Official
Student Newspaper of



www.cup.ca

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The Nugget encourages
submissions

THE DEADLINE IS
12:00 p.m. on the first
school day of the week.

All submissions Must be
accompanied by Your Name
& Student ID Number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributing Writers

Daria Morgan, Kenny Total, Jay Archibald, Chantal Eder, James Olson, Colleen Penman, Sharon Brown, Don Gray, Edward Brock.

NAITSA Election Results

will be announced on
FRIDAY, MARCH 16
7:00 pm
at the Nest

A WRETCHED HIVE OF SCUM AND HUMANITY

Edward Brock

Welcome to my newest little column; not necessarily a weekly one, but a column that will come as often as I feel the need to discuss the deterioration of the human race.

You see, the world has become a fucking ugly place to live in, and someone needs to do something about it - even if it is a simple, little rant... Usually, I will discuss only one story I feel the need to share, but seeing as how this is the inaugural run of the "Wretched Hive," I think I shall enlighten you with two.

The first shot I must take goes out to all the pigs who have decided to make a little cash off of the death of NASCAR racer Dale Earnhardt. It never fails, as soon as someone remotely famous dies, little scalper bitches end up running around buying up all the merchandise from the said dead person, and then they go on the Internet trying to make a quick buck. I have heard reports from retail outlets across the country of greasy mullets swarming the die cast car sections of stores, harassing employees about whether or not there are any Earnhardt things left.

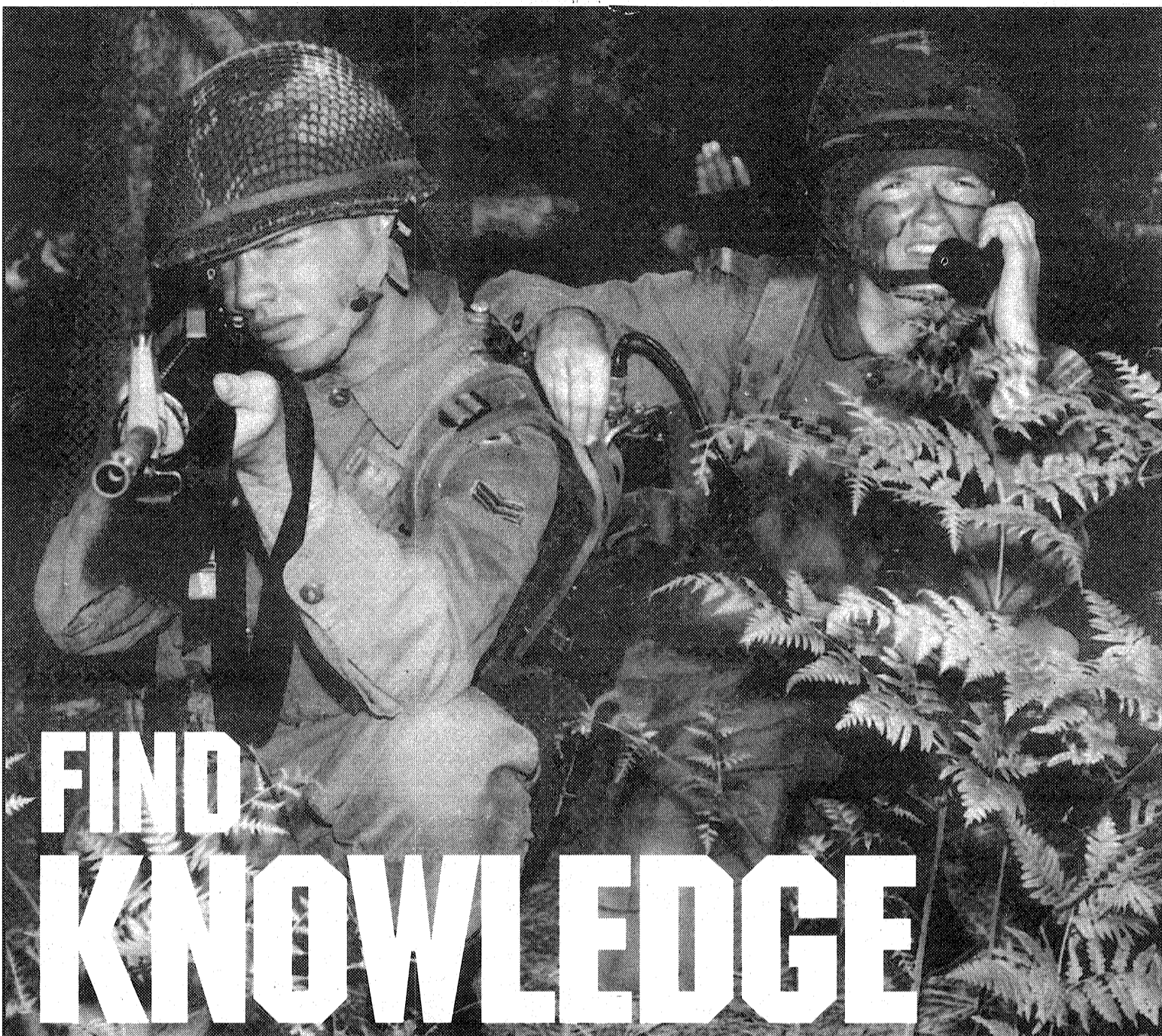
Here's the point: someone fucking died, jackass, have a little respect and some fucking scruples. Pigs.

Story number two comes from an incident I witnessed in a store. I watched a little puke kid, who couldn't have been more than 13, freak out on his dad because he wouldn't buy him a Playstation. While the kid wasn't loud about it, the look on his face was one of intense hatred and malice. After continually telling his boy "no," the father turned and walked away, tears welling up in his eyes. While I felt sorry for the father, I did silently commend him for sticking to his guns. As his son trotted behind his father, he muttered, "Fucking asshole," under his breath and continued to bitch and moan to his younger brother. Truly, this kid has some issues. Well, to make matters worse, not more than 20 minutes

later, good ol' dad came back into the store and bought his bitch kid the fucking Playstation.

I think I now know where the kid's issues come from. Here's a hint, dad - that is precisely why your kid treats you like shit. It's called parenting. It's not easy, but that's the fucking point. Look into it some-time.

**It never fails,
as soon as someone remotely famous dies, little scalper
bitches end up running around buying up all the
merchandise from the said dead person....**



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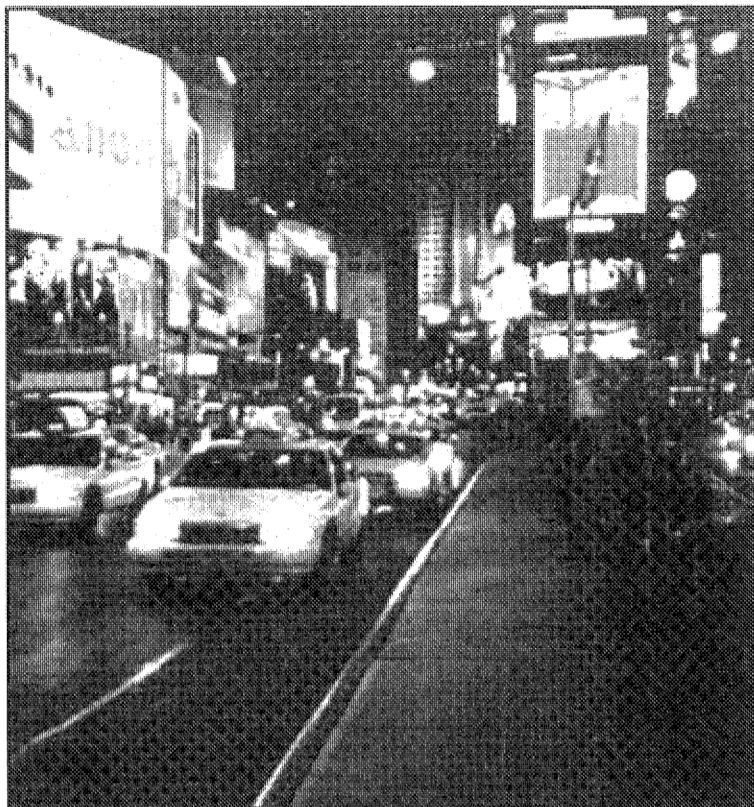


From the
journals of:
**JAMES
Olson**

The story is quite similar from sea to shining sea.

Metrotown, Vancouver. The lights and neon signs burn your eyes. McDonalds, Taco Bell, a 14-theatre megaplex, The Gap, bank machines every 180 feet, Eddie Bauer, theme park(s), HMV, food court(s), Chapters, and so on.

Times Square, the Mall of America, the Texas Super Mall (the mall as big as Texas), Cocowalk, and WEM. Bargains galore. Our continuing search for enlightenment has led us to the destruction of our differences. The instantaneous disintegration of our local history. It is the aftermath of plugging a billion people into the same homogenized ver-



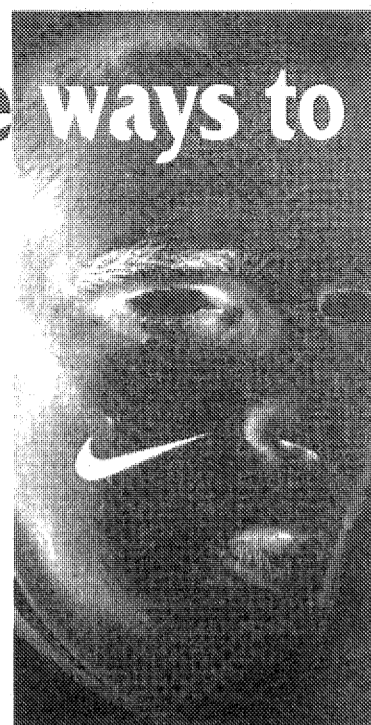
Times Square, Mecca of the electric age.

sion of reality because, when it comes to retail, everyone is born equal.

Thanks to the retail chain phenomenon, you can move from Vancouver to Miami and never have to go without Pizza Hut. You can strike out on your own for the adventure of a lifetime, and if you forget your jacket in San Fran, you can pick up a flawless duplicate in Toronto.

That's what happens when you let an entire continent take on shopping as a pastime. North America has grown delirious with the orgy of consumption. We buy things because buying makes us feel good, "Everybody in Khakis," because khakis make you happy. That pair of comfortable slacks will fill the gap between you and spiritual completion. If the pants don't work, try a leather jacket.

The ecstasy of eating a chocolate sundae while you're watching a commercial for a chocolate sundae while you're wearing a thousand dollars worth of Chocolate Sundae



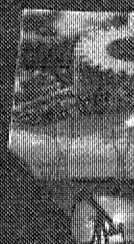
Our children's future?

brand paraphernalia. These people are the marketing geniuses that brought us the McValue Menu and the 80's.

One day, you will wake up to find the Nike swoosh tattooed on your forehead. Only then will you realize you should've stuck with Reebok.

It's time to ask yourself, exactly what would do for a Klondike Bar?

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CARPE DIEM (OR)

Go ahead and Drink Until You Go Blind



**KENNY
Total**

"We've got plenty of time to become rich — now, we want to have fun."

Nikki Sixx, bassist for Motley Crue

So, I know we all get up every weekday morning, bandy gleefully about our homes, and happily scurry off to our classes at NAIT... Nay, I retract that.

In fact, most of us roll over when the alarm clock goes off, take the first sober look at what followed us home the night before, and then drag our collective asses off to campus. Once there, we skip our first class and sit in the cafeteria, drinking coffee and eating ketchup chips. We then swear to ourselves that we will buckle down, pay more attention in class, do homework for at least two hours every night, and **NO MORE BEER.**

We have nothing but the best intentions but, let's face it. We are lyin' motherfuckers. And really, what's wrong with that?

A few days ago, I was enjoying a lazy snooze on my couch when an annoying buzz woke me from my restful slumber. I sleepily rose from the couch and stumbled my way to my apartment's intercom system. I pushed the 'TALK' button and said, "Mmmmaahhhmm zzzhhphhhttt." I then pushed the 'LISTEN' button and was greeted by words that my sleepy mind could barely make heads or tails of. "Good morning! Could I take a moment of your time and speak to you about improving your quality of life?"

"DAMMIT!" I said to myself. I was about to be invaded by nattily dressed religious zealots. When I went to hit the 'TALK' button again to tell them to go play on the train tracks, I was not treated to the peaceful hum of my intercom but the buzzer that signifies that the main door has been unlocked. I looked at my hand and I cursed again.

"MOTHERFUCKER!" In my sleepy haze, I had accidentally pushed the 'DOOR' button and let them into my building. Now, I would have to personally throw them out of my domicile.

Now, I don't know if any of you have ever read this column and

thought, "I wonder if Total is this big a prick in real life." Let me assure you, I'm a far bigger prick than you could ever imagine, and this poor, God-fearing sap was about to taste my wrath.

When Johnny Jesus finally showed up at my door, I found him to be a man in his mid-forties. In tow, he had his sidekick, Bible Billy (complete with kung-fu grip). Billy was the dippiest lookin' 17-year-old

When Johnny Jesus finally showed up at my door, I found him to be a man in his mid-forties. In tow, he had his sidekick, Bible Billy (complete with kung-fu grip).

kid I'd ever seen in my life. For an instant, I felt pity for the two of them.

The 40-year-old had wasted his life trying to convince others that they need saving. Now, Boy Wonder was about to embark down the same tortured road. Then, as quickly as pity had washed over me, my anger returned. "Listen," I said. "If you ever touch my buzzer again, I will break your fingers off and feed them to you. Hit the bricks!" They both looked stunned for a moment, but then did what any good Christian would do when faced with adversity: they turned tail and ran like little girls.

I returned to my still-warm couch and laid my head upon my pillow. Alas, sleep would not return to yer pal Total. Instead, I laid there and thought thoughts. I wondered if I should have said something to Bible Billy. Should I have said, "Hey, kid. Let me do you a favor and improve YOUR quality of life. Ditch the fossil, loose the \$85 Sears suit, drink some beers, and hit on some chicks. You'll thank me later."

Then, I started to think about myself and you, my fellow students. Do you realize that, from the tender age of 5 years old, we've been getting up and going someplace that we don't want to go? Okay, kindergarten was cool, I learnt to tie my shoes and eat glue, but grades 1 through 12 stunk, and I didn't really want to get into college. But what else are you supposed to do?

I know that a lot of you are going, "Total, I loved high school! I love college! Don't lump me in with you, lyin' motherfucker!"

What part of high school did you like? The studying? The taunting of fellow students? The creepy gym teacher that always wanted to wash your sternum? Or was it the parties, the pile of disposable income that living with your parents provided, or the half-naked person of the opposite sex you had on your couch when you thought that you had the house to yourself? I bet it was the studying.

The same goes for college. Look at the paper that you're read-

ing right now. Is the headline on the cover all about the provincial election, or is it a bunch of pudgy white guys in \$2 dollar sweaters drinking at a party/bar/fund raiser? Damn, Skippy.

We don't want to study. We want to drink and fuck and have a good time. Then, we want to get up and do it over again. Be proud of this! Revel in it!

Look at the poor kids in California that got shot last week. They were playing by the rules. They were all studying and trying to make something of themselves. If they played along, their reward, as well as ours, was to do something that they didn't want to do until they were 65. Then they'd retire. All of a sudden, all the studying and work was wasted time. Time they could have spent doing exactly what they wanted. Surfing, painting, travelling, just enjoying life in general.

I realized all of this as I was lying on my couch thinking about the dorky God-fearing door-to-door whore. In an odd and twisted way,

they had both done exactly what they had set out to do - improve my quality of life.

Am I going to drop out of school so that I can drink and jerk-off full-time? No. Am I going to be less concerned about my grades? Fuck, yes (any of my teachers reading this are probably thinking that it isn't possible for me to care any less about my grades). Will I appreciate the little things, like a bumblebee on a flower, or a cute little puppy dog or like a cheap grope of some chick's ass when I'm pushing through the crowd at an Oiler's game? Damn right I will.

Most of all, when my time comes, be it from old age or a sucking chest wound at the hand of a fellow student, I don't want to feel like I missed out on everything. I don't think that I'll get to do everything I want to do (Take Britney Spears' virginity? Sorry, that ship has already sailed.), but I don't want to have any regrets.

E-mail
kennytotal@mail.com

Kenny:

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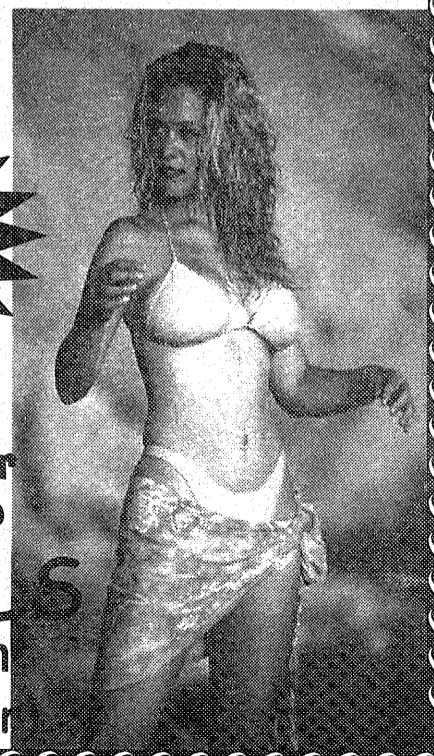
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Geado's Corner



DON
"the
Geado"
Gray

Being part of the Geritol Generation allows us to have a different perspective on life. What seems trivial to another generation may be very important us. Greg, one of the seven readers of this column (stats show readership is growing), recently wrote to me about a nagging concern that he has. To wit — lunch wrappers strewn haphazardly throughout the Business Tower irritates this poor lad to no end.

Unfortunately, he is correct. Daily, people dump the residue of their mid-day culinary delights wherever they should fall. Worse yet, some people smear their lunch-eon tidbits on tables and desks, leaving a sticky residue that permanently anchors your freshly printed report (due in fifteen minutes) to the surface of said table or desk. Not a pretty sight.

Unfortunately, a couple of diseased apples in the proverbial apple box can spoil it for the rest of us. These bad apples are, most likely, the same ones that destroy the bathrooms on a daily basis as well. There

is nothing more disgusting than finding the toilet bowl brimming with someone else's waste products and toilet paper flung haphazardly about the stall. How would you like to be the custodian that has to clean that awful mess? Their job is tough enough without this kind of insult.

The more the custodians have to clean and the more supplies that are wasted, the more our tuition rates will rise. Think about it. We are paying more tuition, in part, because some diseased slob thinks it's funny that a filthy mess is made or because they are too lazy to throw their junk in the garbage. Don't wait until you have to order Geritol by the case to figure this one out.

Thankfully, the dirty slobs are a minority. I have observed that the vast majority of these lunch-crazed adolescents (of all ages) dutifully dispose of their despicable droppings in a conveniently located disposal bin. And they flush the toilet when they are finished.

Just like Mom taught us.

To the majority of the people who treat the world with respect I say, "Thank you, and keep up the good work." To the low-life scum who go out of their way to make life miserable for staff and students alike I say, "Smarten up and get with the program."

How are things in your end of the school?

Tutorial Services

NAIT maintains three Tutorial Centres where students receive assistance in a variety of academic areas. The centres provide tutoring on a drop-in basis at no charge to the student. Students must present their student ID card. Students requiring more intensive tutoring may decide to hire a peer tutor through the Peer Tutoring service provided by Counselling Services, Rm 0-117, Main Campus.

The locations and regular hours of operation of the Tutorial Centres from September 2001 to May 2002 are:

MAIN CAMPUS

Room: A-133

Phone: 491-3126

Monday - Thursday: 7:00 am - 5:30 pm

Friday: 7:00 am - 4:30 pm

SOUCH CAMPUS

RoomS: Z205/Z207, 10330 - 71 AVE.

Phone: 430-5100

Monday - Thursday: 2:00 pm - 4:30 pm

PATRICIA CAMPUS

Room: P152, 12204 - 149 ST.

Phone: 453-5448

Monday - Thursday: 2:45 pm - 5:45 pm

For further information call one of the tutorial centres listed here.

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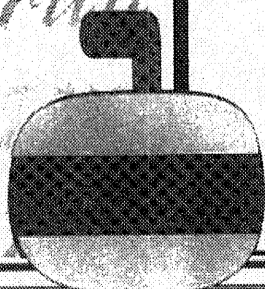
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du Maurier ARTS

Networking 101

SHARON Brown
NAIT Career Advisor

Network: A group of people who exchange information, contacts, and experience for professional or social purposes.

You've got the best resume ever written, but the only jobs you know to send it out to are ones you've seen advertised in the newspaper. How can you increase your chances of an employer seeing your resume and calling you for an interview? Where are all those other jobs that keep getting snapped up by your classmates? How can you find out about them if they're not posted? The answer is networking. Or to put it simply, **talk to people!**

Eek! I can feel the cringes already! When most people think about networking, they shudder and say, "I don't want to go around talking to strangers and begging for a job!"

But if you think about it as a way of spreading the word that you are looking for work and increasing your chances of hearing about unadvertised positions, then it doesn't seem quite so bad. Think about it, if you were an employer, would you rather spend a lot of time going through the hiring process or would

you rather have someone recommended to you? Most employers would rather save time and money by drawing on their contacts for referrals. So how can you use this knowledge to find a job?

When most people think about networking, they shudder and say, "I don't want to go around talking to strangers and begging for a job!"

You don't have to search far to start your own personal network! Instead, start with the people who are already in your cheering section:

• **Your family:** Strange as it may seem, the people in your family do

know and talk with other people besides you. Most of them have been working for quite a while and have friends who may know others who could be a great contact for you.

• **Your friends:** People who know people are the luckiest people in the world! You get my point. For example, a friend of mine in the computer industry gets a \$1000 bonus every time a person she's referred to the company gets hired. Talk about motivation!

• **Program Staff, Career Services staff and other NAIT professionals:** Most instructors have connections with people in their field; many of these may be past graduates they've stayed in touch with. Use the many options available in Career Services (Rm.0117, South Lobby). Don't forget to talk to the administrative people in your program, they usually know just about everything and everyone!

• **Other People in Your Life:** The doctor, the baker, the candlestick maker! Seriously, spread the word with people who talk to other people. How about your doctor, hairdresser, dentist, practicum/co-op supervisors, pastor? How about people in your sports club, hobby group or dog-walking group? You never know who could happen to be in the right place at the right time to give your name to that special employer.

Now that we've covered the "what, why, and who" part of networking we need to talk about the "how to" part. It's not enough to just tell people you need a job. You have to clearly state exactly what you're looking for and how you can be contacted if something comes up. That's how you get the jump on the competition!

You may even want to make some cards with your name, address and phone number/email address and your job objective on it to give out to people. Make it easy for them to network for you. You should also get their phone number and call them back from time to time to let them know you're still looking (or even to tell them you just got a job and thank them for their help!). Keep notes so you don't forget anything you need to remember.

Remember to be professional when you're networking and listen to any advice they may give you. Take what you need from the advice that's appropriate for your situation. Don't forget to thank them for their help!

Here are some other ideas for networking sources:

• Go to Career Services and get a copy of the list of program-related employers who have advertised with us in the past and contact them.

Check to see if they have a website! Go visit them!

• Search the Internet. Don't forget our job site at <http://www.nait.ab.ca/careers>

• Use the yellow pages.

• Read the job ads.

So, that leaves us with the "when" part of networking. You can start networking any time, probably the sooner the better. Most employers search internally for people to hire and often ask staff to refer outside people to them. You want to be one of those people, not one of the 200 who apply if the job gets advertised outside the company! Don't keep saying, "You're so lucky!" to people who are getting jobs instead of you. "Luck is what happens when preparation meets opportunity." Be determined, demonstrate a positive and enthusiastic attitude, and don't give up. Remember that positive actions attract positive reactions!

If you need further help, check our website at <http://www.nait.ab.ca/careers> or drop by Career Services, located in Room 0-117 in the South Lobby.

Tune in next week for the next installment of the Marketing Yourself to an Employer series - First Date: Preparing for an Interview!



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Canada

What's the Difference Between Alberta and Saskatchewan?



KELSEY Farnalls

A few things have been drawn to my attention in the last while concerning our prairie friends to the east, so I've taken it upon myself to compile a list. As it turns out, there are quite a few major differences between us and the Saskatchewanites. Is that what they like to be called? Anyway, first off, what's a bunnyhug? Well, what we refer to as a hoodie, they refer to as a bunnyhug. How cute. I've never heard of a product called Vico, but apparently it's a chocolate milk of

such superior quality that it has earned a cult-like following. Evidently, once you have Vico, you never go back.

The next product to have acquired an overwhelming following in Saskatchewan is Boh beer. Or, you might recognize it by its full name, Bohemian. In the 1960s, Boh beer had 80 percent of the market share in Saskatchewan. As far as I can tell, there's only one brewery located in Regina. Also, I've been told it's better served warm. Yuck.

Here's a funny one... you know how we call underwear ginch, or sometimes gonch? Well, in Saskatchewan, they call it gitch or gotch. I never really did figure out what a 'coolee' is, but I gather it's something like a ravine or a river gully.

Saskatchewan is Canada's sunniest province, receiving an average

of 2025 hours of sunlight per year. They are also cursed with extremely cold winters, having no mountain range to shield them from the elements. There is a joke that the Girl Guides stop selling cookies if the temperature dips below -80°C.

Of course, Saskatchewan is run by an NDP government, and luckily for them, they don't have to pay those extremely outrageous natural gas bills since it's still government-subsidized. They do have a pesky 6 percent sales tax though, but then

they don't have to pay for provincial health care. Not a cent.

The other advantage they have over us is the car insurance thing. In Saskatchewan, you can insure a 1964 VW Beetle for \$271. That gives you a \$1 million liability and a complete comprehensive package. In Edmonton, you can insure the same car for the bargain price of \$1524.35. Seems a little crazy to me. I should address the highway situation of Saskatchewan. Apparently, 86 percent of the population uses 3 percent of the highways, which probably explains the lack of pavement. A lot of gravel going on over there.

Oh, and one last thing, we have counties; they have rural municipalities. So those are just some of the differences I've noted between Alberta and Saskatchewan.



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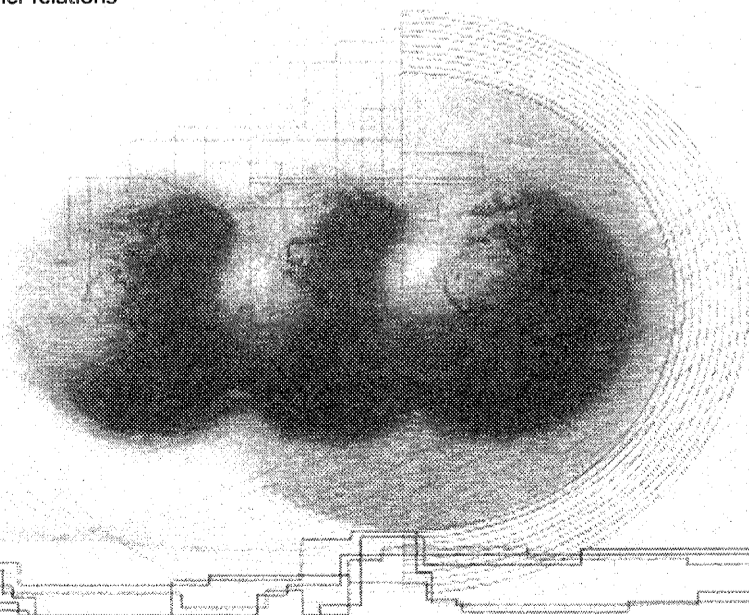
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The Ringpost



SHANE
Turgeon

Well, wrasslin' fans, it's been a mighty slow week again in the world of pro-wrestling.

Hopefully, not too many of you were surprised to see the ECW cancel their "Living Dangerously" PPV last weekend. Yes, the PPV was cancelled, but there has been no definitive word on what the fed's future status will be. Jim Ross has stated that he will be working with Paul Heyman for a while, even though Paul hasn't officially signed with the WWF. Curious and curiouser.

Former ECW Heavyweight Champion Tommy Dreamer re-

cently made a surprise appearance for CZW. This was just a one-time deal and is no indication on the status of ECW.

Current ECW Champion and recent WWF signee Rhino has lost about 20 pounds and is said to be looking better than ever. No word on when he'll debut on WWF TV.

In other WWF news, Al Snow has signed a renewed contract with the WWF, and he will see his retirement there.

D'Lo and Chaz are looking for a new angle. Word has it they may be back on WWF TV soon, but maybe not as a tag team. If you ask me, anything will be better than the Tiger Ali-Singh angle.

Rikishi suffered a blown eardrum during the altercation with Stone Cold last week on Smackdown. He will need surgery to fix the problem.

Bob Holly was complaining of

a tingling in his arm, and an MRI discovered he has swelling in his C₅-C₆ vertebrae. No word on how much TV time he'll miss, if any.

For anyone old enough to remember or for anyone who is a hardcore enough of a wrestling fan, the Comedy Network is running a 6 part mini-series on a number of old skool wrestlers. The show airs Saturdays at 9 p.m. and features classic grapplers like Mad Dog and the Butcher Vachon, and Edmontonian Gene Kiniski telling stories of "the good ol' days".

That's all for this week. If you have any questions or comments, feel free to drop me a line at theringpost@hotmail.com.

ACAC Stats

Our Men's Hockey team finished their run at an ACAC Championship on Friday. They lost a close battle with the Mount Royal College Cougars. The Cougars won the game 5-4 in overtime to win the Best-of-5 Championship 3-0. NAIT Hockey finishes with their second straight ACAC Silver medal. Congratulations on a successful season.

The ACAC swimming Championships were held at NAIT this last weekend and here is how we fared...

Women	5th
Men	3rd
Combined	4th

Congratulations to all NAIT athletes for another successful year on the court/ ice/field!

Men's Basketball Recap

COLLEEN Penman

The Ooks Men's Basketball program ended their season with two tough games against Medicine Hat College.

The teams met in NAIT's gym for a best of three playoff series, and the winner of the series would move on

to the provincial final four tournament.

NAIT had a strong start, winning Thursday's game by more than 10 points. Friday and Saturday, the Medicine Hat Rattlers came back fighting and beat the Ooks in the last minutes of both games. Head coach Marc Dobell is still pleased though, saying that, overall, "we improved our regular season record our last year, and we are trying to focus on that."

In addition, the basketball program would like to thank three graduating players for their contributions to the team. David Rough and Mike Lecavelier both played the last four years, and Jason Leslie has played the last three. The coaches and players wish them all the best in their futures, as they all finish their studies in Business.

Thanks for all your support over the season, and we hope to see you out next year!

Bannert's Weekly...

FITNESS FAQ



TRAVIS
Bannert

Moi: What's the difference between using deadweights or machinery while working out?

John: I am assuming from this question you mean what is the difference between using free weights or barbells and dumbbells as opposed to using weight machines? The main difference between the two methods of resistance training is that, with the free weights, you actually use more muscles and muscle groups to lift with.

You not only have to lift the weight, you also have to balance the weight and use proper body alignment as well. You have to use what are called the muscle stabilizers to maintain and balance the weight. You also use the small muscles that form this stabilization group plus the core muscles that are used to stabilize the trunk and or shoulders.

You have probably noticed that you can lift more weight using the machines as opposed to the free weights. The reason is that the machines cause you to have the perfect alignment for the lift. When lifting with the free weights, you have to maintain that alignment with the core and small stabilizing muscles. You also get tired more quickly using the free weights because of the stabilization already mentioned.

Those small muscles fatigue more quickly than the large groups used when lifting using the machines.

When should you use machines as opposed to free weights? Usually, I get beginners to use machines until they have mastered the concept of the mechanics behind the various lifts. It also gives them some strength in the larger muscle groups. Weight machines are safe and easy to use and tend to isolate certain muscle groups. They also help you to get through a workout in a much quicker period of time.

More advanced lifters should use the free weights most of the time because they need to develop the balance and stabilization that the free weights give them. You can also work on specific muscle groups with the free weights where the machines work only on the muscle groups that work through the range of motion that the machine prescribes. Free weights also tend to be more versatile, give you more freedom to move, and can involve several muscle groups at once.

Both types of resistance training have value, and more knowledgeable trainers use both the weight machines and the free weights. The important thing is that you work a good balance into your plan and don't be prejudiced by one form of training over another.

If you have any questions for John Reeves, Program Leader of the Personal Fitness Trainer Program, be sure to E-mail them to me at dukes365@collegeclub.com

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HORRORSCOPES



DARIA
Morgan

Capricorn
(December 22-January 20)
You will meet your perfect mate this week. Congratulations! It's yourself.

Aquarius
(January 21-February 18)
You are at a turning point in your life this week. Turn left.

Pisces
(February 19-March 20)
You have large reserves of smug self-satisfaction and suppressed feelings of superiority this week. Draw on these resources and accept the fact that you will never fully understand why others are so inferior to you.

Aries
(March 21-April 19)
This week, you will develop a sense of humour and die laughing at yourself.

Taurus
(April 20-May 20)
This week will be a quiet week for you as those people who believe if "you can't say anything nice, don't say anything at all" will refuse to speak to you.

Gemini
(May 21-June 20)
All your fantasies will come true this week after your imagination is surgically removed. This means you may find happiness at the bottom of an ordinary-looking bottle of beer.

Cancer
(June 21-July 22)
This week, you will discover you are the Chosen One – just like you always suspected!

Leo
(July 23-August 22)
Finding yourself to be lonely, afraid, and slightly damp? You've every right to be as very bad, evil, and nasty news looms over you this week.

Virgo
(August 23-September 22)
Watch your emotions this week when it comes to sexual relationships. With the Moon in Uranus (ouch), you're practically a slut.

Libra
(September 23-October 22)
Stay focused this week – you're wasting too many bullets!

Scorpio
(October 23-November 21)
Be confident this week in terms of making decisions. They'll be the wrong ones, of course, but make them with gusto!

Sagittarius
(November 22-December 21)
Parents or older relatives will try to meddle in your affairs this week. Since they have you in their will, just chill out.

If Today Is Your Birthday:
Everyone will notice how perfectly you say and do everything today. If you trip up once, they will stone you.

Gob to Play at Red's Next Week

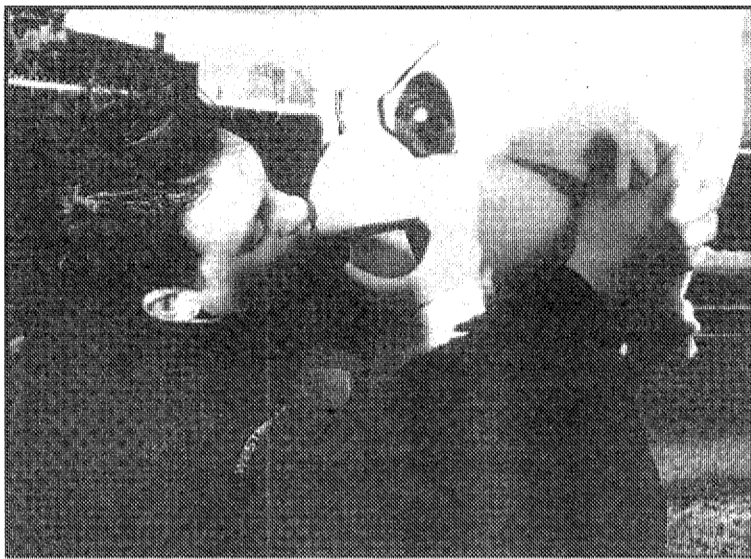


DARIA
Morgan

Originally formed in Langley, BC, in 1994, Gob has come a long way since releasing their debut

have released three 7"s, one EP, three full-length albums, six music videos, and have appeared on countless punk compilations and soundtracks (Stir Of Echos features their version of the Rolling Stones' "Paint It Black").

Gob has come to the city of Champions a few times, with their



Theo of gob getting it on with our very own mascot (Ookfest 2000).

album "Too Late... No Friends." Now on the road to promote their fourth album "The World According to Gob," this quartet is hot on both the Canadian and US punk scene.

A great-sounding band like Gob didn't appear overnight. Founding members Tom and Theo formed the band five years ago, slowly making their way to the top (and undergoing a few band member changes in the bassist and drummer categories along the way) by playing various venues and getting their sound out there. To-date, they

last appearance being at our very own Ookfest at the beginning of September 2000, and then with Moist and the Matthew Good Band the time before that. Well, on Friday, March 23, they will be back in Edmonton, tearing up the stage at Red's. It's an all-ages show with doors opening at 7 p.m. and the show starting at 8:30 p.m. so be sure to get there early. Gob is an entertaining punk rock band that puts on one hell of a high-energy show, so this is not an event you're going to want to miss out on.

GET ON TRACK



KELSEY
Farnalls

Lots of lively entertainers are coming up at Edmonton's Sidetrack Café this month. Make sure you head down and check out the following acts:

- Friday, Mar. 16 – Jack Semple
- Saturday, Mar. 17 – Party Night at the Sidetrack, Shannon Fayth Band
- Sunday, Mar. 18 – Variety Night, Killer Comedy Show by Comedy Factory
- Monday, Mar. 19 – Blue Mondays, Carson Downey Band
- Tuesday, Mar. 20 – Tuesday Night Music Series, hosted by AM 1260
- Wednesday, Mar. 21 – Danny Michel

So, make sure you show up early as there's often a lineup at the Sidetrack, but it's always worthwhile.

NAIT's Own Talent

Looking for something to do on Sunday and Wednesday nights? Intelligent Drum and Bass DJ Calus of NAIT will be spinning the tunes on Sunday nights at Devlin's, accompanied by Tech house/Progressive trance DJ Robert Alan. The duo plays at the Backroom Vodka Bar on Wednesday nights as well, so head down and support your local talent.

JOKE OF THE WEEK



DARIA
Morgan

St. Patrick's Eve at the Pub

One night, an officer of the law was staking out a particularly rowdy pub for possible violations of the DUI laws. At closing time, he saw a fellow stumble out of the bar, trip on the curb, and try his keys on five

different cars before he found his own. Then, he sat in the front seat of his car, fumbling around with his keys for several minutes. In the meantime, everyone else left the bar and drove off.

Finally, the man started his engine and began to pull out of the parking lot. The good officer was ready for him, however, and quickly pulled him over. After stopping the driver, the officer read him his rights and administered a breathalyzer test. The results showed a reading of 0.0 percent. The puzzled officer demanded to know how that could be. The driver replied, "Sure, and tonight, I'm the designated decoy."

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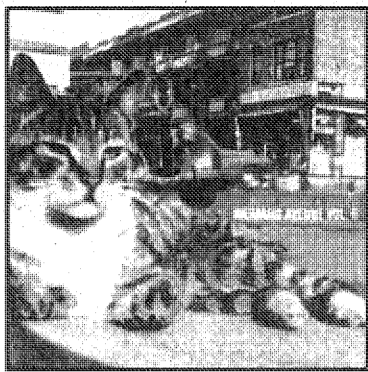
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CD review

JAY Archibald

Billy Bragg & Wilco

Mermaid Avenue, Vol. II
Warner

Joining up once again, Billy Bragg and Wilco rediscover the artful writings of Woody Guthrie - possibly one of the most poetically gifted songwriters of all time.

Woody Guthrie wrote songs that inspired Bob Dylan, John Lennon, and scores of other singer/songwriters. Most of his songs, over 2,000 in all, never made it on to any recordings but, thanks to artists such as Wilco and Bragg, a new generation of musical enthusiasts are getting a chance to experience the man who shaped the post World War II music scene.

Guthrie's lyrics offer a window to what the world was like during his time. Some are dated, like song twelve, which is entitled "Joe DiMaggio Done It Again," but what matters is the fact that his lyrics allow you to imagine a society when baseball players were also heroes and not just greedy millionaires. Songs like this are somewhat idyllic, but they are interesting to listen to and imagine what the world was like before the majority of us were around.

"My Flying Saucer," track two, is a light-hearted and upbeat look at the fascination that humans have for the unknown, and Guthrie pens a song that captures the era before Star Trek and cheesy Fox specials.

Natalie Merchant graces this

album on track five, "I Was Born," and although this song is not deep, it is simple and that is why it is beautiful. Guthrie wrote this song, and it has no deep, underlying meaning, but it sounds good and sticks in your head.

Until now, I haven't talked too much about who is actually making this music. Wilco is probably one of the few bands remaining that can make a critically acclaimed album without the aid of anything except guitars, drums, and simply stunning lyrics.

Billy Bragg is one virtually unknown by commercial radio but, within the music community, he is respected and admired. The combination of these two forces is probably the only way that Guthrie's work will ever sound like it should have. They do not fall short in their attempts to shed light on one of the most prolific songwriters of the last century.

I don't know how to categorize this music; it's a country/Dylan-esque/ folk genre that would never fly off the shelves in today's shallow music industry. It is good, but don't buy it expecting it to sound like anything else in your collection.

Hopefully, there will be a Volume III, because I think Wilco and Billy Bragg have only scratched the surface of an untouched goldmine of songs.

CD review

CHANTAL
Eder

Son By Four

Purest Of Pain
Sony/Columbia

Boy bands, boy bands, boy bands. Is that all this world is filled with? It seems so, but what makes the new star struck group, Son By Four, so different?



Originating from Puerto Rico, brothers Javier and George Montes, with cousin Pedro Quiles and friend Angel Lopez, have managed to create an original, well-vocalized album which managed to reach the top of the charts. With the release of their debut single, "Purest Of Pain," it hit the Latin charts at number one, and remained there for the following twenty weeks - that's right, twenty!

The CD is a nice blend of Latin, jazz, and soul with the majority of vocals in, of course, English but if you listen carefully, you'll catch them sneaking in their beautiful Spanish lingo and accents.

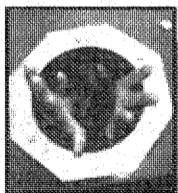
I must say that Purest Of Pain is a beautifully harmonized, passionate album. If you are not a big Latin-style music fan, you probably won't like it, because there is a very strong Latin presence.

Filled with guitar and piano, this album is raked with emotion. Some of the good tracks are "Purest

Of Pain;" "Hard To Say," which has a more Americanized style to it that is catchy and cute, "Why;" "Cuando Seas Mia," which is the Spanish version of "Miss Me So Bad," which is also on the album but I find this one more beautiful. Plus, you gotta love the sexy Spanish vocals.

This album is filled with love songs that are a variety of sad, slow, romantic, and upbeat. Again, I recommend it to the Latin lovers (of music, of course) because of its strong, soulful Latin feel.

Toy Line of The Week A-Team

CURTIS
Comeau

Who here remembers the 1984 hit TV show the A-Team? Come on, think back... For those of you who don't remember, well, let's just say that the A-Team combines the old school

"Mission Impossible" with a "Fall Guy" like flair.

The A-Team placed so high in the 1984 TV ratings that Galoob (who wasn't known for making action figures) released eight A-Team action figures. The figures were sold in two four-figure packs.

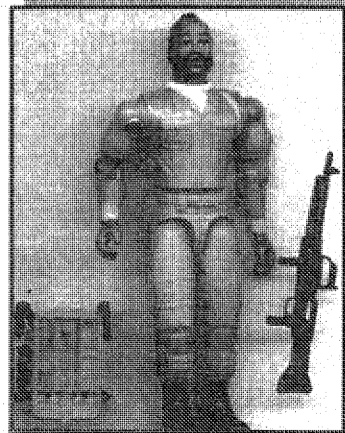
The first pack, called Soldiers of Fortune, included the four members of the A-Team (Hannibal, B.A., Face and Murdock) while the other pack called The Bad Guys (yes, it was actually called The Bad Guys) included four various villains named after various serpents (Viper, Python, Cobra and Rattler).



In a desperate attempt to make the A-Team figures easier to market, Galoob attempted to rip off the cool construction of Hasbro's incredibly successful GI-Joe toys, and, well, to say the least, Galoob did a piss-poor job.

The A-Team figures were made with very cheap plastic, not to mention that they used a poor choice of colors in the body construction (bright blues, green, yellow and


even orange). But, most annoying, the figures' heads were made of a soft plastic (like a cheap eraser), which let the facial paint peel very easily.

Although the A-Team TV shows were very cool and ran for quite a few seasons, justice did prevail with the figures. Eventually, Galoob's cheap versions of GI-Joe rip-offs were weeded out of the toy sections and found their way into the bargain bins where they belonged.




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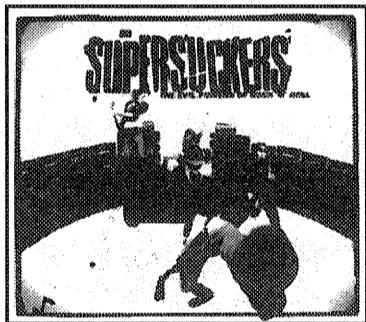
The Capital Health region is still experiencing an outbreak of meningococcal disease, with 60 cases since December 1999, including 3 fatalities.

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Capital Health
Community Health Services**CD review**TRAVIS
Bannert**Supersuckers**The Evil Powers of Rock n' Roll
Koch Records

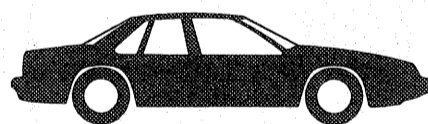
Most of you readers will most likely not be familiar with this band, but they've been around for quite a while and have a very loyal following. Well, the fans of this band will probably like the latest release from this notorious rock band. I am not that familiar with their previous work, but I really enjoyed this band's simplistic sound. I had to listen to it a couple of times, but eventually, I gained an appreciation for the old-fashioned guitar-riffs and pure rock sounds.

I would definitely not advise anyone that's into mainstream music, including rock, to pick up this CD, as they probably won't enjoy

it. However, fans of old-style rock like The Ramones or fans of bands like Tool or Godsmack should probably check out some of the Supersuckers' new stuff as it's pretty intense.

The songs on this CD are quick, intense, and keep your adrenaline pumped throughout the entire 35 minutes of music. Some notable tracks I especially enjoyed were "I Can't Hold Myself In Line," "Hot Like The Sun," "Gone Gamblin'," and the title track, "The Evil Powers Of Rock 'N' Roll." This CD is excellent for drinking, partying, and driving (but not at the same time).

Currently, this band is on tour, and if you'd like to see them, it's too late as they came through town two weeks ago. However, the CD should be available at most record stores, or just ask them to order it and, worse case scenario, just download it from Napster.

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To the real tall guy that wears a gold watch on his belt, Is it you? Are you back? Spotted you at the Second Cup, and I had to go dry off. I see your "status" hasn't changed (pout). Neither has mine. Thanks for that vision of you in (and out of) that teal shirt last year. An opportunity has presented itself, and I don't think I am strong enough to squelch it this time. I hope you can forgive me.
Laurie

Well, another year for the NAIT Ooks Hockey team to finish in second place. Too bad. Maybe if you guys had a coach with his head dislocated from his ass, you'd be national champs.

The Health & Dental Referendum that was scheduled to coincide with the NAITSA Elections this week has been postponed due to legal issues. Pending lawyer approval and subsequent General Council approval, the tentative date for a Health and Dental Referendum is Monday, April 2nd, 2001. Polls will be set up at the usual places and students must bring their ID cards to vote. There will be information about the mandatory Health and Dental Plans in upcoming issues of the Nugget. If you have any questions or comments about the upcoming referendum, please email mickb@nait.ab.ca and a summary of these comments, questions and answers will be published in the Nugget and answered directly. Sorry for any confusion this may have caused.

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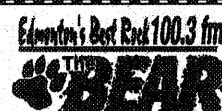
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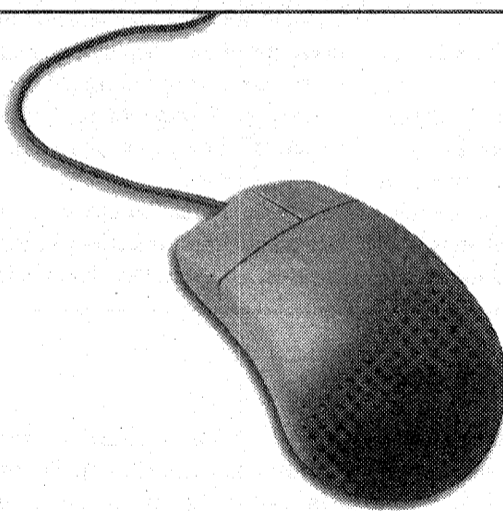
Tickets are \$15 in advance, \$20 day of show.

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Edmonton City Police:

Serving and Protecting, or Raping and Pillaging?

KELSEY
Farnalls

Recently, I was helping Curtis Comeau with his article on photo radar, which he felt compelled to write after receiving three tickets in the space of one month. I got home that night and checked my mail and, lo' and behold, there was a photo radar ticket for me, too. This incident prompted me to do some research into the whole photo radar scam, and I discovered some very interesting and also distressing things.

In British Columbia, there is a petition circulating on behalf of the BC voters. The goal of this petition is clear: "To request the cancellation of the use of photo radar cameras on BC roadways. We request that speed limits be adjusted to reflect the speeds that the majority of drivers want to travel, thereby reducing speed variation and the necessity for unreasonable speeding fines. Your petitioners respectfully request that you immediately take such action as deemed appropriate."

Additional information on BC's photo radar can be found on the SENSE website.

Edmonton's police force recently received an award for being the best ticket producers in North America. Good work, you greedy bastards.

In 1995, Edmonton generated \$3.5 million from photo radar tickets. In 1997, they generated \$6.6 million; 1998 brought in \$9.8 million; and in 1999, they raked in \$12.4 million from 165,000 tickets. Nice.

The worst part is that they go on and on about how badly they want to stop speeding because it endangers the lives of motorists and pedestrians. Give me a break.

Let's just be honest here for a minute. If it's so effective, then why have they given out so many more tickets each year? If it's so effective, why don't all states and provinces use it? It's a cash cow, and the EPS is milking it for all it's worth. They are essentially stealing from the very citizens they are supposed to be protecting.

On Saskatchewan Drive at 83rd Avenue, 105 tickets were issued in 1996; 723 in 1997; and 4180 in 1998. Really doing an effective job of combating speeding.

In 1999, Justice Minister Dave Hancock released his guidelines for using photo radar, and the EPS seemingly has no intention of complying with those guidelines. For example, they are required to post signs in all locations where photo radar is in effect.

Well, they post the signs all right, but they post them so that you read them after you have already been photographed. Thanks, guys. And it seems the EPS is immune to traffic laws. They have been known to park their photo radar vans in no parking zones, facing the wrong

way.

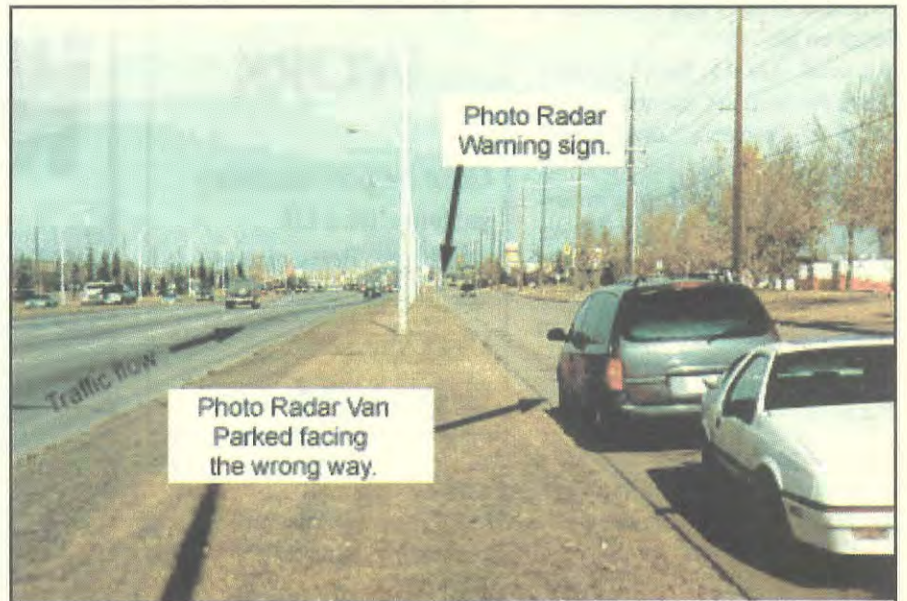
So, who sees all the profits from this exploitive venture? Well, a company called Canadian Public Technologies (CPT) leases the photo radar machines. They were bought out by an American defence contractor called Lockheed Martin. The contract was renewed in 1999 for five years.

CPT gets \$300,000 per year plus an additional \$14.50 per ticket. The new contract will provide 28 more photo radar devices, including red light cameras between now and 2004. The EPS raised \$12.4 million in 1999 using only four machines. If the machines are used at the same rate, they will be raking in over \$68 million per year by 2004.

In Ontario, legislators banned the use of photo radar devices because of doubts about its accuracy. Strangely, the Edmonton Police Service refuses to release information documenting maintenance and operation of the machines, contrary to the Freedom of Information Act.

I wonder why they're being so secretive? Have we become victims of a police state?

In California, it seems their legislators are truly concerned for their citizens' safety. Rather than punish



motorists by sending them a ticket three weeks after they are caught speeding, legislation in California attempts to raise awareness as a means of decreasing speed.

They use electronic signs posted along the highways in appropriate locations (dangerous corners, high-traffic areas, etc.). These signs are solar-powered radar operated traffic signs. They detect your speed and display it immediately so that you can slow down to negotiate turns safely. No money is made, but it does save lives and protect citizens. Isn't that supposed to be the primary purpose of any police agency?

The other day I was thinking, "Wow, the cops are doing us a favour by releasing information regarding photo radar locations to radio stations," but it turned out that

CHQT had been given false information. The two locations provided were complete bullshit - there were no photo radar traps set up at either spot. There were, however, photo radar traps set up at other locations in the city. Pretty sneaky.

In short, I think the Edmonton Police Service is a group of dirty, under-handed, greedy, corrupt individuals. If you get a photo radar ticket, book a court date and fight it. I can't guarantee that you'll see any reward, but if we bog down the court system enough (which, by the way, sees none of that huge profit from the radar tickets), perhaps, one day, Alberta, too, will banish the system.

Or, if you feel like taking a risk, get a phony license plate with the letters GO2HELL on it so that when you get photographed, the joke's on them!

Comeau's Cuisine

CURTIS
Comeau

The NAIT
Dining Room
471-8678

Located just beyond the North Lobby is NAIT's best kept secret - The NAIT Dining Room. Not to be confused with the Fresh Express, the NAIT Dining Room is a fine restaurant which serves up an eclectic menu featuring several exciting dishes which offer flavors from all over the globe.

Evening maitre d' Kimberly Theoret says that the dining room provides people with an interesting opportunity for people to experience

true fine dining in a great atmosphere. Although the Nait Dining Room offers excellent food (every meal holds a great deal of culinary flair) and high quality service, their meal prices are about one-third what you would find at an established fine dining restaurant.

Another pleasant surprise is that the Dining Room is completely

staffed by Nait's award winning Culinary Arts and Hospitality students, which means your dining experience will be one that you won't forget anytime soon.

Should you decide to take in dinner, start off your meal with a light Caribbean Spinach Soup (\$3.25) or a Salad of Warm Buck Breast (\$5.25). Then move on to a wonderful entree; my favorites include either the Sun-Dried Tomato Ravioli - jumbo sun-dried tomato ravioli, with artichokes, spinach, and mushrooms in a sun-dried tomato cream sauce (\$11.95), or The Call of the Wild - ostrich and venison loin served in a Thai curry sauce (\$15.95). Wash any of these fine choices down with a unique beverage from their fully licenced bar or customized cocktail menu.

Not only is the Dining Room open for dinner,

but from 11am - 1:30pm Monday to Thursday, the Dining Room also serves up a wonderful a la carte lunch. To ensure new and fresh ideas, the lunch menu changes bi-monthly. The quality of the lunch that The Dining Room offers easily surpasses that of common market restaurants, but again the prices are very competitive.

Whether it's for dinner or lunch, the Nait Dining Room is doing something right, so much so that there is not an evening seat opening for the next six weeks. "The demand is just so huge," comments Theoret, "In fact we have extended our

evening dining until June 22 of this year." Almost every one of Edmonton's major restaurant reviewers from Jennifer Cockrall-King to the Sun's Tom Elsworth has visited the Dining Room and all of them gave it rave reviews for both superb food quality and very competitive prices.

Should you decide to take in the Nait Dining Room, and I suggest you do, keep in mind that reservations are an absolute must. Space is still available for lunches, but as mentioned before, dinner seats are booking into the middle of April. For reservations call 471-8678.

