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THE NUGGET

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

B A R I N G I T A L L !

NAIT Students Raise over \$1,000 for Breast Cancer Research

MIKE McGuire

For those who walked through the South Lobby on Friday, you may have noticed a large pile of shorn locks on the floor. While there was a mass epidemic of hair loss that day, the cause did justify the means.

As part of Canadian Cancer Week, a group of NAIT Leadership students staged a "Shave to Save" campaign, where fundraisers would volunteer their hair in the hopes of generating both awareness and financial contributions towards the battle against Breast Cancer.

NAIT student Tim Miller was one of the new-found baldies that day, "It feels really cool. It's a great cause".

The goal of the organizers was to raise five hundred dollars.



photo by: Mike McGuire

Over thirty students turned out to lose their locks to raise awareness of cancer on the NAIT Campus.



photo by: Mike McGuire

Shave to Save Fundraisers accept a two-hundred fifty dollar donation from Radio and Television students John Hollinger and Jason Henuet.

At the end of the day, the campaign managed to surpass its goal with an incredible \$1,180.36.

"We had several people just walk up and empty their pockets as a contribution, anything they had, they just threw it in there" said a student organizer, who added that

the spirit of the campaign seemed to appeal to students just walking by.

Carla Twerdthliv, one of the salon representatives who did the cutting, isn't a stranger to the Shave to Save. "We offer the service (for free) because it is Cancer

week. This is one of the best turn-outs we have ever had."

Campaign organizers wish to thank all students who donated their time, money, or follicles to help make the day a huge success.

Home-Opener Heartbreak

Men's Hockey hand Grant Mac the Win

MIKE McGuire

GMCC 7



NAIT 1



Head Coach Terry Ballard was noticeably stunned after the Home Opening game on October 11th.

"It wasn't what we expected. Not what we anticipated. I think early on we weren't able to capitalize on the power play and a little bit of frustration set in. They proved that they worked us a little bit. There were some one on one

battles, and they won those, so we started to take a back seat."

Ballard's summary is quite accurate. Playing short staffed thanks to injuries, the Ooks' inability to benefit from some given opportunities by the Griffins was apparent throughout the game.

"We did have some pressure, we just didn't capitalize. From there, they capitalized on most of the opportunities that they had. Tonight they brought their skill and a pretty good work ethic, and they beat us. At the same time, I believe that we have the right guys in that room. What doesn't kill you makes you stronger."

After a mediocre season last year, Griffins Hani El-Zein, managed the hat-trick that night, "Over

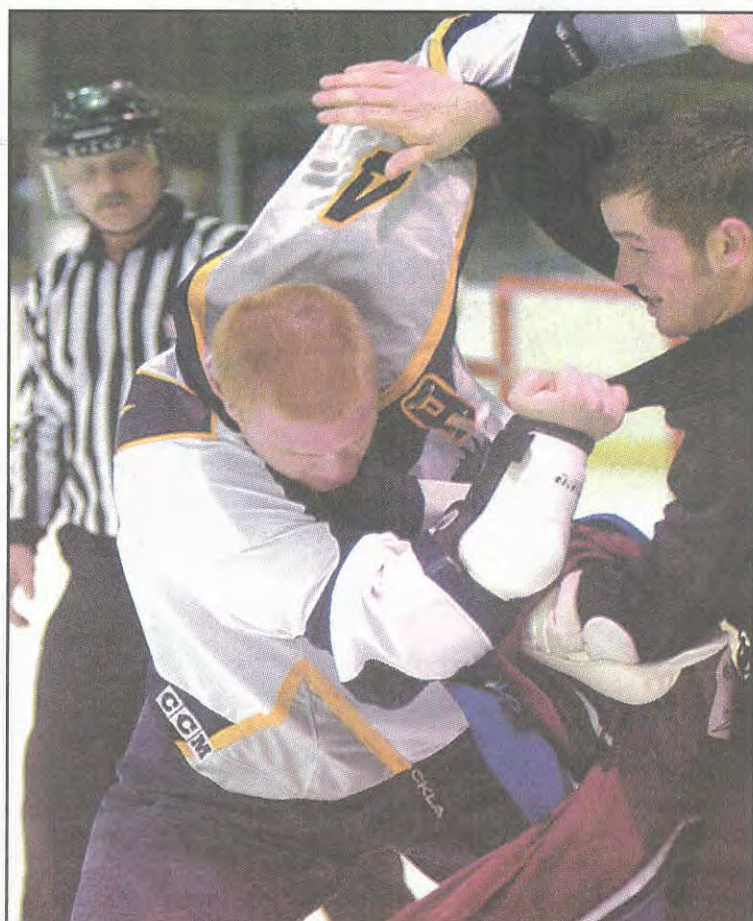
the summer I worked hard. In exhibition I played well, and hopefully it goes on all year."

Griffins Head Coach Terry Ewasiuk shared Ballard's disbelief. "I never expect this kind of a game against NAIT. I suppose being short staffed affected their play a little bit, I don't know if we wore them down, it seemed to go in spurts. We've got some kids that are highly skilled and you can work hard on us all you want. If you're not a goal scorer, some of those don't go in. I think we took advantage of our breaks. In the first period we out-shot them 19-11. I don't expect the same kind of game from them tomorrow."

While the Ooks would again face the swansong against GMCC the following night, the game would be a lot closer, ending with a tight 3-2 victory.

Tempers flair as Ooks Tim Lozinik vents some steam with a G-Mac player.

photo by: Mike McGuire



Board of Governors

Roy Maitland

Hello! I hope that all is going well in your first part of your school year. I would like to introduce myself as Roy Maitland, one of your student representatives on the Board of Governors. As a student member of the Board of Governors, it is my responsibility to represent the students and voice their concerns about NAIT at board meetings. To do this I ask that you contact me, through the Nugget ATTN: Board Of Governors, and give us your top three things done right in your eyes at NAIT and top three things that need improvement at NAIT.

I also encourage all staff at NAIT to also write in and give us your top threes. It is important that we get a perceptive from students and support staff in all educational areas. This will allow us to make sure that important concerns to you are heard and only those that are supported by majority are focused on so as not to get sidetracked by less significant although valid concerns. We will post the top three of both positive and negative replies in the next edition of the Nugget.

To date I sit on Campus Development Committee and Advocacy Committee

At the Campus Development meeting the members discussed:

- The success of the hp Centre and if it would be ready for the grand opening.
- Construction deficiencies of hp Centre and how to correct them.
- Budget of the hp Centre.
- Future acquisitions of land for growth of NAIT.
- Update for the honorary naming of 106th Ave to be NAITWAY.
- Centre for Apprenticeship Technologies.
- Centre for Culinary Arts.
- Donor recognition.

If you have any question or comments, please contact Roy Maitland through the Nugget or drop by our office at the Nugget room E-128.

Thank you,
Roy Maitland

Allison Williams

Howdy! For those of you who were here last year and voted in the spring election, you may remember that I was voted onto the Board of Governors. Part of my job is to report back to you, the students, on the activities of the Board. Sitting on subcommittees is a requirement of being on the Board, and I have been assigned to Finance and Audit (F&A).



I attended my first meeting for F&A the beginning of October, and on the agenda was the subject of audits. We reviewed the Auditor General's report on NAIT's audit, as well as Deloitte & Touche's NAITSA audit, both of which are in good order and without noteworthy problems. The following week held my first official Board meeting. To be honest, I was quite excited. There are some fairly influential members and I am quickly realizing the importance of the Board's existence. Recognized at the meeting were the first two graduates from NAIT's newest degree program in Accounting. Congratulations!

Following the presentation, the Chair from each subcommittee reviewed the minutes of their meetings, some was interesting, some was informational. I'll stick to the interesting. For those of you may have noticed (if it's up yet), 106th street, from Princess Elizabeth Avenue to 118th Avenue, has been renamed as NAITWAY. And that's pretty much it for

interesting.

A week after the meeting, Roy and I attended the grand opening of the hp Centre where the unveiling of NAITWAY was made by Mayor Bill Smith himself. It was a spectacular event, with a few hundred in attendance and catered by NAIT's own culinary arts students and instructors. I must say, they did an incredible job – preparing, presenting and serving! I am impressed at the calibre of the students and their capabilities. The student valets were also well received.

Back on track. Roy and I are a separate entity from NAITSA, and therefore we don't receive a salary. Instead, our tuition is waived by NAIT. Also, we don't really have an office. We do, however, have a foyer to an office. So, please, if you have any questions or concerns, feel free to stop by our foyer. We are located in the entrance to the NUGGET office, E-128. No, we don't have a phone yet, we don't have a secretary, and we aren't always in, but please, do slip us a note under the door, and we'll definitely get back to you. Till next time, A.

You can also e-mail me at a.williams@shaw.ca

**New
Express
Bus
Service
From
West
Edmonton
Mall to
NAIT**

Locker Safety

KIMBERLY Ashley

Recently, there has been a rash of locker break-ins in various parts of the campus. They tend to be, but not limited to, remote areas of the school and/or in low traffic areas. In most of these thefts, specific items were targeted; leading police to believe the perpetrators monitored the area before they struck. Once the thief, or thieves, spot a likely target, they wait until the area is clear then, by utilizing a small and easily hidden pair of bolt cutters, quickly cut the lock and remove the valuables. This crime can be committed with the assailant(s) able to vacate the premises within a few seconds. There are at least five break-ins each week at NAIT.

As our lockers are used to store valuables while we attend class or perform our job duties, it is important that the lockers be well secured. The purchase of a high quality shielded lock will definitely deter the opportunist thief and help to insure the safety of your valuables.

The important difference that a high quality shielded lock has over an ordinary lock is that it will require a larger set of bolt cutters to cut the lock off. To be successful, the criminal must be able to cut the lock quickly without being observed.

Although the purchase price of a quality lock is slightly higher, its value is directly related to the value of the locker contents. To reduce the chance of becoming a locker theft victim, follow these few tips:

1. PURCHASE a high quality shielded lock. They may be difficult to find and a little more money, but they are worth it. Canadian Tire has two different types of locks that are suitable, they are key locks but have high ratings, and are priced from \$12-\$16.

2. ALWAYS fully engage the lock. For combination types spin the dial to ensure that the shaft is secured in the lock. Give the lock a good jerk before leaving.
3. DO NOT bring any large sums of money or unnecessary valuables to school and store them in your locker. To do so is inviting unneeded risk.



This is the best lock to purchase.

4. DO NOT record your locker combination on, or about, the locker or the lock. For a key lock, keep the extra key in a safe place on you
5. OBSERVE the people around you. If you see a stranger that is loitering in the area or taking an unusual interest in locker contents, be suspicious. Take note of their description, height, approximate age, and any identifying characteristics or markings. Report all incidences to security by dialing 471-7477 (7477 on the white or black phones).
6. Keep all your personal and valuable items with you at all times. People are watching you.
7. IF you observe suspected criminal activity, DO NOT CHALLENGE THEM, but instead immediately proceed to the nearest telephone and inform security.

TOP THREE

Done Right

1. _____
2. _____
3. _____

Needs Improving

1. _____
2. _____
3. _____

Where Do You Go When You Need Information or Support?

MARGARET Marean

If you want to choose a program at NAIT, contemplate a career change, find a job, improve your marks, get assistance with a disability, investigate funding for upgrading and EI eligible programs or deal with personal concerns - read on. Here is some information about the NAIT Counseling and Career Services Centre for enrolled and prospective students. We are here to assist you!

Student Counseling Services

Who Are We?

A team of professional counselors experienced in the areas of academic, career and personal counseling.

What Do We Do?

- Counseling Services are available to all NAIT students to promote and encourage student success. Our individualized counseling includes:

- Academic Counseling: Assistance with study skills, exam preparation, exam writing techniques, time management and other skill-building techniques to enhance academic success).

- Career Counseling: Assistance with career exploration, planning and management.

- Personal Counseling: Assistance with personal concerns that impact your success as a student and with enhancement of personal skills to help you succeed in an increasingly complex environment. Referrals to outside agencies for longer-term counseling. All individual counseling sessions are confidential and free of charge.

We also offer:

- Services for Students with Disabilities. This involves support for students who have a permanent or temporary disability. Services to Students with Disabilities staff can meet with you to set up services to enhance your success at NAIT. Services can include classroom

supports, counseling, examination support, specialized equipment, sign language interpretation, etc. Appointments can be scheduled in person or by phoning 471-8921(TTY/TTD: 474-5883). Prospective students with a known disability should contact Services to Students with Disabilities at least 3 months prior to starting their NAIT program.

- Peer Tutoring Registry. We maintain a roster of names of students who will tutor for an hourly fee ranging from \$7 to \$10 per hour.

- Seminars/ Workshops: Study Skills, Time Management, Exam Preparation and Writing, Stress Management, Conflict Resolution and other seminars on request.

How Can You Access Our Services?

Appointments can be scheduled in person at Room 0117 in the South Lobby, or by phoning 471-8921. Office hours: 8:00am to 4:30pm, Monday to Friday. Information on services, learning skills or per-

sonal concerns can be accessed on our website: www.nait.ab.ca/counselling

Career Services

Who are we?

Career Services staff are experienced in the areas of educational planning and employment trends and can assist students exploring funding options.

What do we do?

- Educational Advising: Provide comprehensive information on NAIT programs, application procedures, and upgrading needs. Career Advisors are available to answer your questions, guide you through the Career Services web site and provide you with publications and handouts to help you with your educational planning.

- Employment Services: Assist students with job search techniques, maintain an on-line job posting and resume referral service, and distribute publications and handouts on current job

search methods. Career Services staff promote NAIT students to employers and provide services to help them hire graduates

- Liaison: Interact with staff in schools and resource centers to keep them informed about NAIT programs, provide information presentations, attend career fairs and participate in Alberta Career Events.

- Funding: Provide information on the process to receive funding for academic upgrading programs or EI eligible programs at NAIT. Career Advisors can determine if applicants meet government criteria for funding under the Skills Development Program.

How can you access our services?

Visit our Resource Centre at Room 0117, South Lobby between 8:30am to 4:00pm, Monday to Friday, access our web site at www.nait.ab.ca/careers or telephone us at (780) 471-8874 or e-mail careers@nait.ab.ca

Tips for Adult Students

MARGARET Marean

Adult students often do very well when returning to school, however you do have a different set of challenges to face. Here are some pointers.

#1 Pace Yourself

- Dedicate regular blocks of time throughout the week to studying. Mark these times on a calendar and stick to them. If you have family or significant others try to involve them in the scheduling process. Designate regular blocks of time with family too.
- Discuss the changes that could occur as a result of you going to school. Help your children understand what you are doing, why you are doing it and how long the changes will last.
- Prepare family members well in advance when you have exams or major projects.
- Let significant others in your life know that you appreciate their support.
- Be realistic - set manageable goals and reasonable standards.

#2 Create a Study Area

- Ideally you should have a separate space which is dedicated only to studying. Psychologically, this space will signal you to study whenever you are in it. Practi-

cally, you can have everything you need set up and ready.

- Evaluate your study area to see what you can do to improve it.
- Evaluate whether studying at home is reasonable. For some there may be too many distractions.

#3 Maintain Balance and Harmony

- When you get too busy you may neglect the most important person in your life - you!! Be

Be sure to schedule at least one or two times per week to do something that refreshes or renews you.

sure to schedule at least one or two times per week to do something that refreshes or renews you (exercising, meditating, walking, journaling, getting together with friends).

- On a daily basis become aware of low energy/ low morale times and evaluate what you need to change. Do you need to eat more often, eat more healthily, take a break, talk to a friend, laugh ...

- Set limits. Learn to say "No". Delegate responsibilities.

- Stay positive. While you may feel you learn more slowly and have to work harder than younger students, you also have many skills the younger student lacks such as direction, organizational skills, a broader perspective, self-knowledge and maturity.

#4 Celebrate Your Successes

- Set small goals and reward yourself when you reach them.

#5 Establish Support Systems

- You may be the only mature adult student in your class and you may feel like you just don't connect with the 18-year-old lifestyle. Identify at least one person outside the school environment who can be your cheering squad.

- Try to connect with other adult students who can share your stresses and your successes.

- Several mature students meet

each Wednesday at 7:30 in the NAIT Common Market Cafeteria (South Lobby). Join them and share your highs and lows.

#6 Anticipate crises and prepare in advance.

- Write down potential crises, especially if you are a parent, and develop a plan for each. What will you do if you're child is sick and can't go to daycare/school? If you get sick? Discuss options with your spouse, relatives, neighbors and friends. Have emergency contact numbers prepared.

- Get the name and phone number of at least one classmate in each class to contact if you have to unavoidably miss a class, or if you get stuck on an assignment.

#7 Be Here Now

- If you are at school focus on understanding the lecture material; if you are spending time with your children focus on them. Work on keeping out thoughts of what else you "should" be doing.

#8 Seek Help

- Don't hesitate to ask for help. See a Counselor in Room 0117 if you need support or if you just need to talk. Book in person or by calling 471-8921.

**NAIT
COUNSELLING
promotes**

**Student
Success**

- Improve your study skills
 - Reduce stress
- Make the most of YOU
- Graduate

Individual Counselling
Student Success Seminars

Services to Students
with Disabilities

Peer Tutoring

Rm: 0117
South Lobby

471-8921

OPEN HOUSE

KIMBERLY Ashley

This weekend is the annual NAIT Open House. Yes, it is a little early this year, but it promises to be a great event for all students: future, current and past. There are many things to check out on Friday, October 25th, and Saturday, October 26th from 9-4 daily. There will be many interactive displays and exhibits, general and program information sessions as well as many special presentations. Everyone is welcome to take part in the educational and informative, yet exciting events. The schedule is as follows:

Interactive Exhibits & Displays

Experience our diversity: interactive exhibits and dozens of hands-on displays illustrate what NAIT students are learning. Here's just a sample of what you can see and do:

Animal Health Technology

Experience a day in the life of an Animal Health Technologist, as role-playing students complete mock surgery, X-rays and other clinical procedures.

Location: Room X100

Aviation (Pilot) Technology

Our high-performance flight simulator demonstrates just how skilled a pilot needs to be.

Location: Room H106

Electronics Engineering Technology

Watch NAIT-built robots battle to the finish.

Location: Room H112

Photographic Technology

Take a tour through Halloween-themed labs and studios to see a photo shoot in progress, high-tech computer manipulation of photographic images and a display of student prints.

Location: Basement - H-Wing

Radio & Television

Voice a radio commercial or introduce a song on NAIT's radio station NR92. Check out behind-the-scenes action in a TV studio and participate in a filmed talk show.

Location: Industrial Technical Building "V", second floor studios and labs.

Forest Technology

Check out a working global positioning system and take home a live seedling (seedling available while quantities last).

Location: Gymnasium

Biomedical Engineering Technology

Try your hand at endoscopy. Manipulate the equipment used in this form of precise internal surgery.

Location: Room H112

Cytotechnology & Medical Laboratory Technology

View normal and diseased human cells - including ones affected by leukemia and mononucleosis - through high-powered microscopes. Then get a first-hand look at an ECG in progress.

Location: Rooms F105, F108

Emergency Medical Technology - Paramedic

Look for the ambulance parked near the South Lobby - talk to Paramedic students about the equipment inside and their action-filled experiences. Then visit the blood pressure clinic in Room E210

Location: A-Wing labs 101-114 & A159

Heavy Equipment programs

Interactive lab tours give you a high-performance experience. Control an air brake system, light up electrical circuits, see inside a working turbine engine and visit the "wreck room"!

Location: A-Wing labs 101-114 & A159

Telecommunications and Computer Network programs

See computer network connectivity in action as web cameras beam activity from three lab locations back to program info booths. Lab demonstrations include network security analysis, the newest telephone technology - Internet Protocol telephony, and hands-on computer installation/upgrading activities. Learn about NAIT's wide range of computer network programming, from certificates to applied degrees, by taking student-led tours of the new NAIT hp Centre.

Location: NAIT hp Centre, main & second floors

General Information Sessions

Why choose NAIT?

Education is different here - find out about our advantages.

Saturday, October 26
Time: 10:30 - 11:00 am
Location: Room X107

Applying to NAIT

Here's a chance to have all your questions answered.

Saturday, October 26
Time: 11:15 - 11:45 am
Location: Room X107

Don't miss these special presentations

Putting the "fun" in fundamental Physics

See why lying on a bed of nails doesn't hurt, check out a working hovercraft made from old vacuum cleaner parts, and experience other feats of amazing physics.

Two shows daily:
Friday, October 25
Time: 10:00 am & 1:00 pm

Saturday, October 26
Time: 11:00 am & 2:00 pm
Location: Room E117

Fabulous Food Exposition

Students in NAIT's School of Hospitality strut their stuff with demonstrations of everything from sushi to wedding cakes. Drop in - you'll be treated royally!

Friday, October 25
Time: 10:00 am - 2:00 pm
Location: Dining Room at NAIT (U121)

Saturday, October 26
Time: 10:00 am - 2:00 pm
Location: Dining Room at NAIT (U121)

Call a Paramedic!

Watch as NAIT Paramedic students respond to mock emergency scenarios, assessing and treating a variety of "patients" in distress.

Two shows daily:
Friday, October 25
Time: 10:30 am & 2:00 pm
Location: Room E115

Saturday, October 26
Time: 10:30 am & 2:00 pm
Location: Room E115

It's a plastic world - work with it!

High-profile industry spokespeople will discuss the future of the plastics industry in Alberta - and the important role NAIT grads will play in it. Speakers will include Colin Reichle, Executive Director West, Canadian Plastics Industry.

Friday, October 25
Time: 11:00 am, 12:30 pm & 2:00 pm. Location: Room E124

Saturday, October 26
Time: 11:00 am, 12:30 pm & 2:00 pm. Location: Room E124

For more information on these sessions, or other sessions available, check out the NAIT website at www.nait.ab.ca/openhouse02/

WANNA GET LUCKY?

YOU CAN AT

READS & NEEDS

Till the end
of October

Lotto 649
is giving people
SIX more chances
to win. Hurry in and
try your luck today!

Hockey Season is
here.

Get your Breakaway
To Win Tickets.
Support
The OILERS & The
FLAMES.

We should rephrase that...

FEELING LUCKY?

THE LOVE DOCTOR IS IN



TOM Ace

Dear Doctor Ace,

Whenever me and my boyfriend watch TV we fight over the remote. He always wants to watch Sports Central or some other crappy show. Plus when he channel surfs he doesn't stop long enough on each channel to see what show is on. Half the time I feel like taking the remote and jamming it up his fat ass! Is there anything I can do to stop my urge?

Ticked off in TV land

Dear Ticked Off,

Firstly, men have been scientifically proven to be better channel surfers than women. Secondly, would you really want your boyfriend watching a full game of hockey or football instead of watching just half an hour of Sports Central? My suggestion would be to not turn the TV on at all. I know the idea sounds ludicrous, almost caveman-like, but going and doing something physical can be much more entertaining. Not only will you find yourselves having fun conversations, but you probably won't want to jam anything up his ass anymore (unless he's into that sort of thing). If you absolutely can't pull yourselves away from the boob-tube then I suggest that you record programs during the week that you both enjoy. That way when a commercial comes along the only option is to fast-forward and your boy won't be able to flip the channel. If you're stuck on finding shows that you both like, try America's Funniest Home Videos. Seeing a dad get slapped in the sack by his seemingly innocent child always lightens the mood. Check you're local listings for a ball smacking good time!

If you crazy kids have anymore troubles, be sure to drop me a line at
HYPERLINK
mailto:nuggetlovedoctor@hotmail.com
nuggetlovedoctor@hotmail.com
or drop your letter of in the submission box outside the Nugget office.

Relativity

"E = MC²" Einstein



PETE Parker

Midterms slammed hard. It seems that there was little relatively important in the world save for eating, maybe sleeping and studying for our next go at marks. Stress ran so thick you could cut it with a spoon and marks are so low snakes had to bend down to get a good look—relatively speaking of course.

The new hp building has had a barrage of bureaucrats and so called important people. I had the displeasure of getting stuck in the computer lab upstairs and listening to droning speech of one of the building leaders. He was a little kid with a new toy. Chris Farley's Tommy Boy (remember when he used fan to make his voice sound like Luke Skywalker?) sparked more interest than this poor fellow's monotone drivel. Strange really. We believe that these educated people are intelligent enough to put together a multimillion-dollar project but can't come up with an interesting speech. The mountain of mundane words put all the students upstairs to sleep.

Also in the computer lab of the hp building, the fire alarm sort of went off. The new high tech fire alarms don't go off as they did in the olden days. There is a stern lady's voice that tells you that you should think about leaving, but you can stay because the fire is next door. All the students went to the edge of their seat, but important work needed to be done. Then this old slack jawed security fart comes in the door and starts hollering like we were idiots. "Doesn't anybody hear that fire alarm?" Yeah, we did, but she said we could stay. Too bad you are such a grump that you gotta get your thrill from yelling and screaming because YOU don't listen to the automated voice. Get

a job.

Then, totally unrelated, there was this instructor who wished to remain anonymous (but let me say that her first name rhymes with Aaron and starts with a K.) Anyway, I'm walking down the hallway whistling a nice tune and this VCR on wheels comes blasting around the corner with Karen screaming, "Get Out Of The

I got cut off in traffic by a lady sporting a little blue wheelchair sign hung on her mirror. I think she was blind. That's the reason the city has put in those audible pedestrian cross signals, so that blind drivers don't hit pedestrians.

Way!" and proceeds to mow down students children, small fluffy animals and a disabled person in a wheelchair. She flies past and rounds the corner on two wheels. In the wake of her path of carnage lay several students and big gouge marks out of the walls and various homework assignments. No wonder Mrs. Rondeau wanted to remain anonymous. Little Cody Newton will never walk again.

Speaking of driving disabled people, I got cut off in traffic by a lady sporting a little blue wheelchair sign hung on her mirror. I think she was blind.

That's the reason the city has put in those audible pedestrian cross signals, so that blind drivers don't hit pedestrians.

The library has brought in a few books to cater to some of our blind folks, which is pretty nice of them. They have the Kama Sutra in Braille and full colour too so that they can integrate into student life nicely. Those librarians are always thinking.

One time while I was in Penticton BC, a retirement community, I saw a sign for drivers to slow down because a lot of elderly people lived in the area. That was nice, but I don't think the elderly are going to bolt out into traffic chasing their ball.

I was hanging out by the circular ramp by the nest/gymnasium one day and this instructor comes riding his bike up the ramp. His mother would be very disappointed to know that he was riding his bike in the house. How many times has she told him?

Overheard from two instructors chit chatting. "Looks like the big W is coming over the mountains." Pah. Those dumb instructors know nothing. Snow starts with an S. Makes you really pity the poor fools who have to endure their classes.

I swam at the pool and was changing back to my modestly dashing street clothes when it occurred to me that there were nude men in the men's change room. There must be nude women in the women's change room. There was. Did you know that you could arrange to write midterms from jail?

How is all of this related? Einstein said so. Midterms make everything seem less important anyway.

OPEN HOUSE PARKING

To accommodate our visitors on Friday, October 25, parking will be free to staff, students, and visitors. It will not be possible to protect staff and student stalls from visitors; therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that meters along 118th Ave in front of the NAIT Dining Room are City of Edmonton property and are not included in the above notice. Please be sure to pay the meters if you decide to occupy them. Inquiries should be directed to 471-7477.

Thank you for your cooperation!
Parking Services

The Official
Student Newspaper of

NAITSA
Students' Association



www.cup.ca

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The Nugget encourages
submissions

THE DEADLINE IS
12:00 p.m. on the first
school day of the week.

All submissions must be
accompanied by your name &
student ID number

The opinions contained in *The Nugget*
are the opinions of the individual writ-
ers and do not necessarily reflect the
opinions of the Nugget staff or NAITSA.
The Nugget reserves the right to edit
letters and viewpoints for brevity.

Contributing Writers

Margaret Maureen, Tom Ace, Pete
Parker, Jason Henuset.

Eagles to Ooks: "Thank you very much"



**JASON
Henuset**

Aggressiveness. Last Friday night at the men's Ooks volleyball home opener one team sustained it and the other lost it. Unfortunately for NAIT, their lack of aggressiveness meant defeat at the hands of The King's University College Eagles. The veteran Eagles team swept the rookie-laden Ooks 26-24, 25-18, 25-15.

Before a boisterous crowd, the Ooks played the Eagles even in the first set. The two teams mostly traded sideouts as neither could sustain momentum with the serve. Both teams were aggressive, attacking the block and bringing loud cheers from impressive kills. With the score tied at 24, the Ooks appeared to have saved an Eagles kill off the block. However, the umpire called it 4 hits and the Eagles served out the set to take the lead in the match, leaving the crowd and the home team disappointed. Ooks coach Craig Wourms explained the call as, "the middle came across, and since he wasn't in a blocking position, then they call him a defender so he was considered a first contact. Now, if he had been in position, that would have been ok." The Ooks shrugged off the call and headed into the second set looking to get back in the match.

NAIT could not get any offence going in the second set. Their opponents had no such prob-

lems. They had the Ooks defence scrambling to retrieve kills from all over the court. Libero Kyle Hawkins had his hands full, but he managed to keep many balls alive. Unfortunately, they could not capitalize on his saves and the aggressiveness seen in the first set slowly eroded. King's opened up a 19-15 lead and the Ooks could not erase it falling 25-18.

Wourms tinkered with his lineup to start the third set. Rookies Chad Kimmel and Kyle Schamber watched from the sidelines as fellow rookies Josh Koehli and Jordan Watson started the set. They did not fare much better. Led by a run of Jon Heinen jump serves and huge middle and back row kills, the Eagles sealed the victory with a 25-15 win.

In the end it was aggressiveness that proved to be the difference. According to Wourms, his team "just stopped hitting - that was the big thing. They were rolling the ball over instead of attacking it, and King's just said 'Thank you very much! Now...eat this!'" It was a learning experience for the club and the new players received some much needed experience.

Players of the game were Kyle Hawkins for the Ooks and Jeff Lindemulder for the Eagles. The men's Ooks played the return match Saturday at King's. They travel to play Lakeland College this Saturday and host the visiting Lakeland Rustlers Wednesday October 30 at 8:00 pm.

"Embarrassing"

Volleyball Women Lose Focus Against King's

MIKE McGuire

FRIDAY

King's 3
NAIT 1

SATURDAY

NAIT 2
King's 3

Despite the cheering force of the Tech Challenge behind them, the Women's Ooks Volleyball team had a brutal showing at the home opener against King's College last Friday.

The first set was played tight, with both sides managing to strike a strong offence. In the end, King's would manage to pull ahead with a finish of 25-22.

Second set action mirrored the first, but it was the weak defensive middle plays that would end up costing NAIT the set. Any chance for scoring seemed to be left wide open for King's to make the kill. King's would take the set 25-21.

During the third set, NAIT seemed to revive themselves and managed to earn a 23-23 tie. Capi-

talizing on a great defensive effort by Dawn Dreger and Kim Ryan, NAIT managed to take the set 25-23.

The momentum would quickly fade though, as King's would come back with a vengeance, tearing apart the Ooks with a 24-12 victory.

"I'm trying to find something positive to say from this match, and I can't find anything positive to say because the girls didn't step up and play as a team. Individually, maybe we had a couple of girls who played okay, but as a team we didn't play well. We lost as a team, but we didn't play as a team."

King's head coach Mark Dahl was more than impressed with his team's efforts, but insists that their game didn't pick up until the fourth match.

"I don't think that games one and two were indicative of what we could do. I think game four was more indicative of the way the team has played in exhibition. Nothing to take away from NAIT,

but I do think that we're a little bit stronger team."

NAIT would manage to regroup somewhat and play a better game the following night at the King's gym, "We dominated the first two and a half sets and then we just stopped playing. It was a hundred percent turn around from Friday though."

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From rINgSIDE

MIKE McGuire

Their second show of the year, WWE made an appearance in Edmonton on October 12th. The show was headlined with Edmonton's own Chris Benoit taking on the monster WWE Champion Brock Lesnar in a match for the

great things from this talented performer. That may sound like a J.R.ism, but when you take a second to really look at Matt, you will see that he is more than ready for the upward push. The said push may be starting with

and visiting talent, the show featured such names as The Funky Bunch (Marky Mark and Phoenix Taylor), Matt Richards, Eric Freeze, the big redneck Tex Gaines, Red Thunder, and the notorious "Hotshot" Johnny Devine.

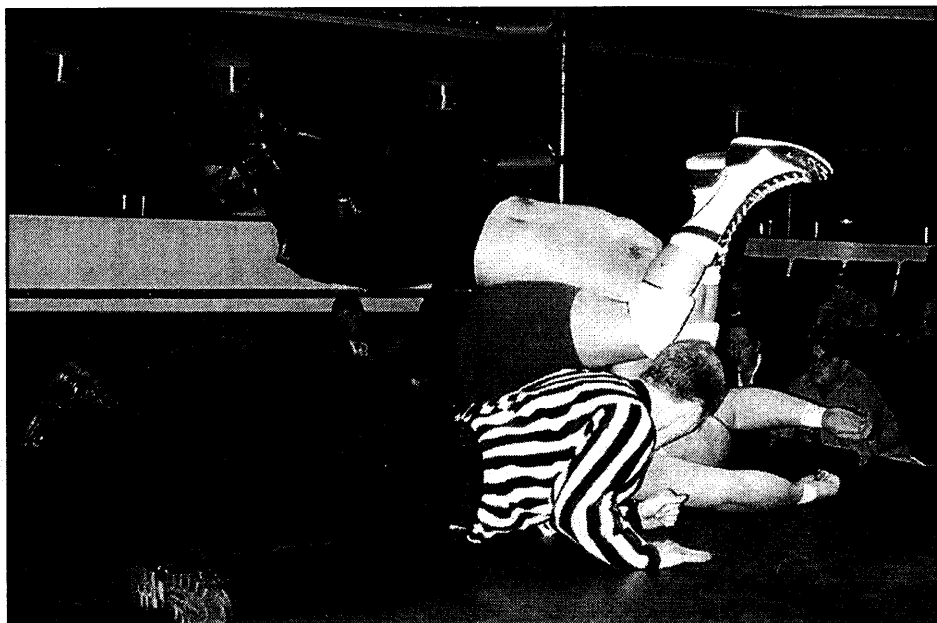
Action during the show was non-stop, and featured some amazing high spots by Phoenix and Mark.

Tex Gaines (who I hear LOVES fifty-cent hot dogs) and Red Thunder went to war in a "Strap on a Pole" match. While Thunder did manage to obtain the strap and win the match, he elected not to use the

weapon on the "high class trailer park" resident. Tex would seize the opportunity, snatching the strap and using it on the 6'4" Native Canadian.

Main Event action saw Bill Yates meet the Highlander in a no DQ Street Fight.

This match was incredible, with several great spots throughout. It was a seesaw match between the former tag-team partners, until a huge holding superplex by Yates seemed to be the clincher. That combined with some great false-finishes added to the chemistry of the match. Yates would end up being robbed, as Highlander would blatantly use the ropes for leverage to score the



The Highlander blatantly uses the ropes to get a victory over Bill Yates.

Photo by: Mike McGuire

title. Despite having the backing of about 5,500 screaming Edmontonians, Benoit fell short of bringing home the fourteen pounds of gold.

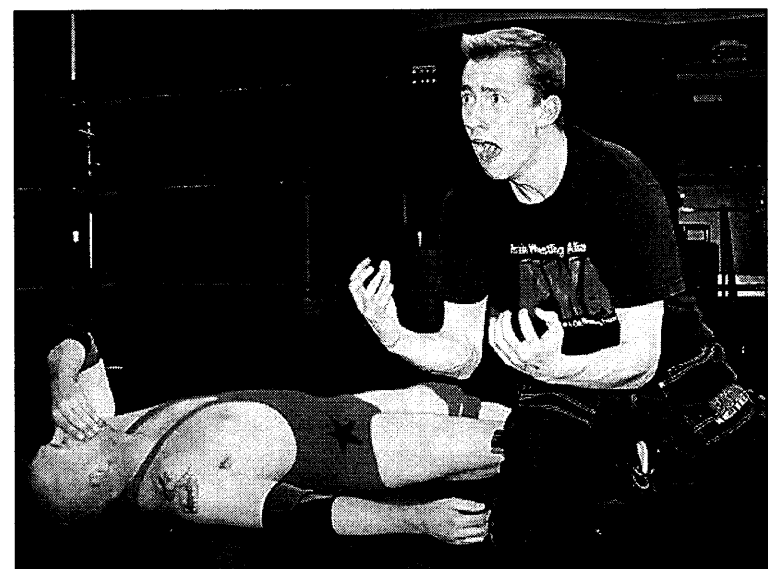
The show was Smackdown brand, but because of their Canadian ties, a number of Raw Superstars were on the card. Chris Jericho, Lance Storm, and Christian all made the jump, much to the delight of the rabid wrestling fans.

Despite being a major heel on television, Jericho reverted back to the Y2J we love, working all the old cheap pops. His opponent, Matt Hardy, went over huge as a heel, and is really beginning to come into his own. "Mattitude" is definitely starting to pick up, and given his recent performances, it is hard to do anything but expect

the launching of his new site, www.wwemattitude.com.

There was another highlight of the night during the main event match between Eddie Guerrero and Canadian Superstar, Edge. Regular listeners of "The Whole Damn Show" on nr92 (every Tuesday at 4:30) know that there is a strong campaign by myself and my co-hosts to bring back the Back Rake as a high-spot. After a night of begging, pleading, and chanting "We want a back rake!", Edge would not disappoint, giving a huge back rake to Latino Heat. For my full recap of the show, you can visit the archives of 1wrestling.com.

The Prairie Wrestling Alliance ran an incredibly entertaining show on October 17th in Sherwood Park. Loaded with both local



NAIT Alumni Marky Mark can't believe it as he celebrates his first PWA victory.

Photo by: Mike McGuire

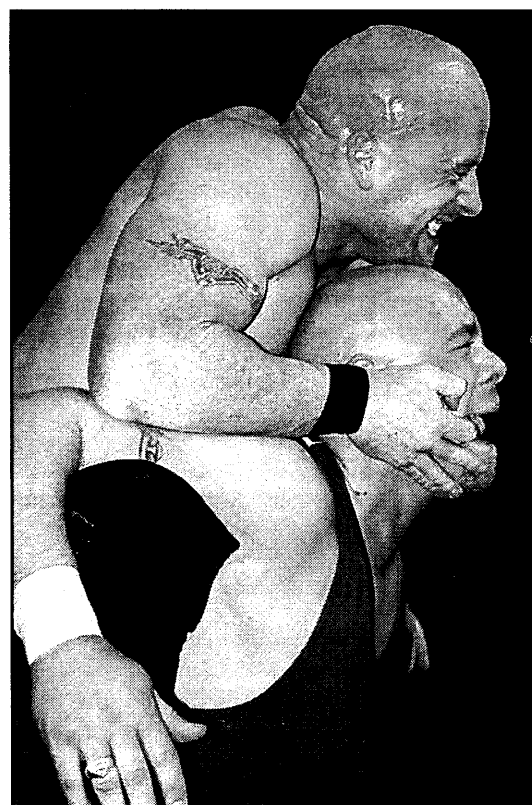


Photo by: Mike McGuire

The Highlander makes Bill Yates smile for the camera.

tainted pin.

Finally, Monster Pro Wrestling ran their first show on October 23rd. More details on the latest faction to enter the Edmonton Indy-Wars. For comments or questions, feel free to email me at mikenait@shaw.ca.



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WOMEN'S SOCCER PLAYOFF BOUND

SUE Melnyk

The Women's Soccer Team had another successful weekend of play in the Divisional Playoffs. NAIT needed a win on Saturday vs GMAC to stay alive and continue onto the Provincial Playoffs. NAIT was ready and took it to GMAC as soon as the game started. NAIT scored first with a goal by forward Lindsay MacDonald. The play went back and forth, but GMAC tied the game just before the half. With a pep talk at half, NAIT came out fighting. With about 20 minutes remaining Lindsay MacDonald scored again to put NAIT in the lead. The game ended 2-1 for NAIT and the ACAC player of the game for NAIT was Lindsay MacDonald.

Having secured the final playoff spot in the North with this win, NAIT had a second game on Sunday vs Concordia to determine final seeding for the Provincial Playoffs. A tired and battered team, NAIT was definitely the under dog. Concordia took early control of the game with a quick goal that took the wind out of NAIT's sails. Another Concordia goal just before the half had NAIT looking for answers to their frustrations. With time to regroup at the half, NAIT came out refreshed and controlled most of the play and had many scoring chances. Finally NAIT midfielder Christine Stoneman scored a goal off of a well taken corner kick. As the clock ticked down NAIT pushed hard but could not find an equalizer. The game ended 2-1 for Concordia. The ACAC player of the game for NAIT was goalkeeper Dena Lupaschuk.

Despite the final score, this game could have gone either way with great saves and terrific scoring chances. NAIT played hard all weekend and finally got the results they had been looking for all season. With only a few days to rest and mend, and a good week of hard practice NAIT will be ready for the Provincials Playoffs this coming weekend at Concordia College. Come on out and cheer on your Ooks!!

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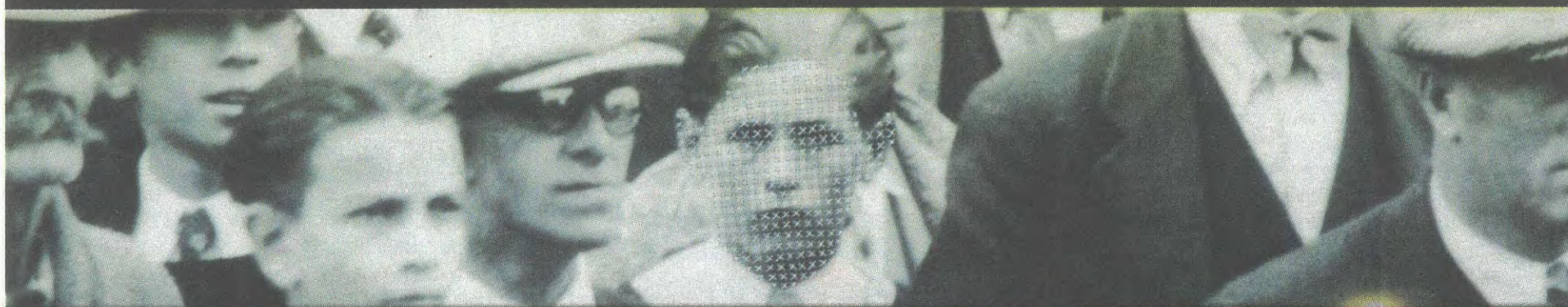
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MACKENZIE P. STROH
Concordia

MIA DONOVAN
Concordia



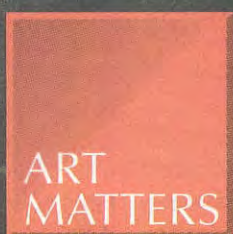
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Putting on the Ritz: The NAIT hp Centre opens with style

JENNIER BENOIT

On Tuesday, October 15th, there was a much anticipated celebration presenting NAIT's newest 250,000 sq. ft. building on campus. The official grand opening of the HP Centre for Information and Communications Technology was a spectacular event appreciated by the many people who attended. The night was filled with talk of achieving dreams and success, and about taking a step forward into the future of NAIT.

"NAIT is helping to set the technological and economic trends...."

Mayor Bill Smith

That night, the new \$49.8 million centre, which completed construction comes at the same time as NAIT's 40th anniversary, was filled with 500 guests that included the Premier of Alberta, Ralph Klein, and the Mayor of Edmonton, Bill Smith.

The gala event was carefully prepared, complete with many fresh flowers in vases, ice sculptures, live entertainment on every floor, and numerous tables of food and drinks.

The main staging area where the program was held was a sample of the cutting-edge technology that

the building is based around. The set-up created an atmosphere of anticipation. The light show included swirling motifs on the ceiling, several blue lights surrounding the main entrance of the building, and spotlights containing the NAIT and hp logos.

The program began with a short, high-tech introductory video segment that flashed, on two large screens, the facts and figures of interest on the construction of the hp Centre.

The Master of Ceremonies for the evening was NAIT's VP Emeritus, Dr. Terry Flannigan. He greeted the crowd and thanked all the guests for coming. He then proudly proclaimed that the hp Centre was built "on time and on budget." He then listed all the sponsors that helped the building become a reality and thanked them for their support.

Mayor Bill Smith was the first guest speaker of the evening. He emphasized NAIT's contribution to the community of Edmonton.

"NAIT is helping to set the technological and economic

trends," he said. He also expressed his appreciation for the involvement of the corporate community.



Bring on the future. Dr. Sam Shaw speaks to the audience.

At the end of his speech, Bill Smith presented a plaque to commemorate the grand opening of the hp Centre.

Then came the big surprise of the night. Bill Smith announced the renaming of 106 Street to NAITWay! Shock and delight was asserted throughout the crowd, showing that the announcement came as a surprise to everyone. Bill Smith presented one of the street signs to Dr. Sam Shaw, Pres-

ident of NAIT.

The second guest speaker of the evening was Chair of the Board of Governors, Brian Butlin. Mr. Butlin is also the CEO of Flint Energy Services Ltd., which experience allows him to "personally attest that the graduates (of NAIT) are an asset to the industry..."

Following the second guest speaker was a short video showing the approval of the ability of NAIT graduates from several companies that regularly hire NAIT graduates, including Telus, Enbridge Inc., Sierra Systems, and Hewlett Packard.

The President of Hewlett Packard Canada, Paul Tsaparis, was the third guest speaker of the evening. Mr. Tsaparis spoke of his first impression of the building which came from only a picture. "I was totally shocked and impressed of what has been created here," he said before giving "real credit" to all the leaders who helped put the hp Centre together. He never imagined that the building would be as it is. "The picture doesn't do this building justice." Mr. Tsaparis talked about the important partnership that takes place between NAIT and hp. "This (the new hp Centre) is a milestone of alliance between NAIT and hp." Mr. Tsaparis concluded that the human value is more important than technology. He states that human value has "blossomed and thrived" here at NAIT.

The fourth guest speaker of the night, Alberta Premier Ralph Klein, followed with a description of how Dr. Sam Shaw, the NAIT President, came to him in year 2000 asking for a commitment from the Government of Alberta in helping pay for the hp Centre project.

"The future is not something we enter - it's something we create," he said. "Alberta has a reputation in the world for having a high technological education system." Ralph Klein acknowledged that NAIT provides high learning quality opportunities.

After the ceremony, Ralph Klein said the Government of Alberta was happy to participate because it opens more computer space for students. He said Dr. Sam Shaw indicated tremendous community and corporate support, and fulfilled the promise of the

involvement of these groups.

"I'm impressed with the facility and even more impressed with the way it was brought together." He was happy that the building was on budget and mentioned that every day on his way to the Legislature, he watched the "building go from ground up".

The third video of the evening was on behalf of the students of NAIT, represented by NAITSA President Diana McCall.

"I'm impressed with the facility and even more impressed with the way it was brought together."

Premier Ralph Klein

She declared the support received from NAITSA: the \$1 million donation made toward the HP Centre. She told the crowd how the students felt about the new building, stating that "the best part is it (the building) is open 24 hours a day, seven days a week," and that she was happy with the abundance of natural light in the building.

The last speaker of the evening, Dr. Sam Shaw thanked everyone that helped make the "dream become a reality".

"This building is all about the students," he said. He recognized the student leadership that has taken place over the years. "We have the attitude to make student success a reality."

The formal program concluded with a spectacular ceremony including "hands on the globe" where NAIT's commitment to "Bring On The Future" is symbolized by a "Three Musketeer style 'all-for-one-and-one-for-all' laying of hands" on the glow ball that glows brighter as more hands are placed on it. Dr. Shaw, Paul Tsaparis, Brian Butlin, Premier Klein, and Diana McCall all placed their hands on the globe. When Diana McCall placed the last hand on the globe, a perfectly coordinated breathtaking display of pyrotechnics and fireworks was prompted.

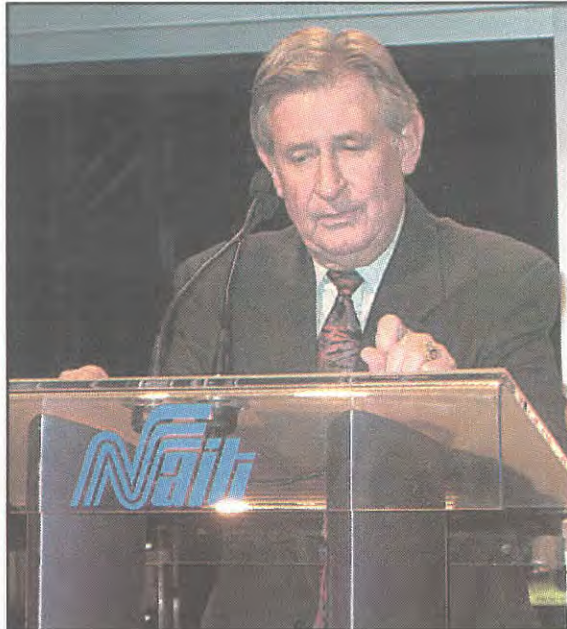
Fully guided tours of the hp



This musical group was just one of three live bands at the hp opening.



Paul Tsaparis, President of hp Canada, speaks at the opening of the hp Centre.



"The future is not something we enter—it's something we create." Ralph Klein.

Centre were offered to the guests as part of the second phase of the program. Student and staff volunteer guides and ushers were on hand to direct guests to selected high-profile areas of the building. The guests were also free to explore, socialize, eat food, listen to the live music, and watch videos on all three floors of the building.

The night was mainly about showing off the advanced technology that the building has to offer. The hp Centre is one of the most technologically innovative facilities in western Canada.

Even the food reflected the world class technology of the building.

"We're taking ordinary food that tastes nice and showing it off in a cutting-edge fashion," said Conrad Lechelt, Manager of

the NAIT School of Hospitality. The food served was a combination of "butler food" (think hors d'oeuvres), meats such as roast shrimp, lamb, and salmon, flambé desserts, and strawberries dressed

"I was totally shocked and impressed of what has been created here....The picture doesn't do this building justice"

Paul Tsaparis
President, hp Canada

in chocolate tuxedos. There was also a chocolate fondue fountain with a select array of fresh fruits.

Students from both the School of Hospitality and the Culinary Arts program were responsible for the food that was served at the gala.

Most of the guests were pleased with how the evening was held. Dwayne Rurka, Program Coordinator for part-time IT programs said, "Tonight was outstanding... It's nice to see the building finished on time." He also feels that in the long run, it will greatly benefit the students. "NAIT needed something like this for a long time."

Philip Mulder, who was in charge of coordinating the entire event, said, "This is a spectacular, remarkable facility. We couldn't choose a better way to celebrate what's happening at NAIT. We're really bringing on the future."



Available to guests were tables upon tables of food, live music and beverages.

Quick Facts About NAIT hp Centre for Information and Communications Technology

Architectural Highlights

- 250,000 sq. ft.
- 5000 sq. ft. computer common featuring 110 computers available to students 24/7
- 56 computer labs
- 20 classrooms
- 6 student lounges
- Duncan McNeill Centre for Innovation — applied research and innovation facility for activities such as prototype development and systems design
- TELUS Communications Centre — state-of-the-art video conferencing centre
- Classrooms and labs are on the inside, flanked by windowed corridors
- Maple wood detail throughout

Technology

- Wireless network access allowing students to use wireless laptops and PDAs throughout the building
- Voice over Internet protocol (VOIP) network that will allow unified messaging where phone, fax, and e-mail systems are integrated over the same network
- 1 Gb Ethernet backbone
- 6 multimedia internet terminals

Programs

- Computer Systems Technology
- Bachelor of Applied Information Systems Technology
- Digital & Interactive Media Design
- Computer Network Administrator
- Computer Engineering Technology
- Network Engineering Technology
- Telecommunications Engineering Technology
- All part-time IT programs

Designer

- Cohos Evamy Partners

Builder

- PCL Construction Management

Cost

- \$49.8 million

Construction Details

- 14,000 m² concrete poured
- 365,000 m of electrical wire
- 120,000 m of conduit pipe
- 210,000 m of data wire
- 980 m of data trays
- 500,000 buff bricks
- 30,000 charcoal bricks
- 4,448 m² tile
- 1600 m² carpet
- 65,000 m² drywall
- 32,000 L paint

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NAIT Facilities A Great Place to Get in Shape

JENNIFER Benoit

Why wait until January to swear to exercise more often? Your New Year's resolution can start now! Whatever the motive to get more exercise, why not try the facilities at NAIT's Activities Centre? After all, as a student with possession of a NAIT student ID card, there is no extra cost to you.

The fitness centre is commendable. The equipment is in great shape. The centre is air conditioned, and there are a few small electrical fans for people who find it is still too hot. Usually, 100.3 The Bear is played over the radio system. Although the centre is fairly busy at any time in the day, there is always room for more people!

There are cardiovascular equipment including treadmills, rowers, bikes, cross trainers, and stairmasters. Remember to sign up for the machines! Check the schedule placed on each machine and do not use the machine when someone else has been allotted to use it at that particular time! The cardiovascular equipment may be used for a maximum of 15 or 30

minutes if there is a line-up. As long as nobody else seems interested in using the equipment, exercise for as long as you please. It's probably best to follow the time on the clearly exposed, big clock on the East wall near the entrance when signing up for the equipment or whatever else.

There are several sets of free weights and every weight machine imaginable if you're interested in weight training. When finished using the equipment, spray it and wipe it down with one of the many spray bottles and cloths available. Spacious halls with many scattered mats surrounding the fitness room comprises the stretching area. Also scattered about are those big, bouncing balls (exercise balls, I believe) for you to use at your leisure. For your convenience, there are female and male locker rooms with bathroom stalls and saunas. Bring your own lock and use a free locker, or bring a loonie to rent a locker with a lock. The lockers are not for lengthy storage of your smelly exercise clothing. They're there for you to use for just a short period of time

only. Do not bring valuable items to the gym with you.

Other services at the fitness centre include supervision during peak times to make sure everybody is behaving, and personal training and exercise consultations. Visit the Sports Equipment Centre desk at E026 to inquire about getting a personal trainer or if you have any other questions about the fitness centre. There is also towel service available at the Sports Equipment Centre for \$1.00.

If you are a student, bring your NAIT student ID card to the desk to get a lovely plastic wristband which ensures access to the exercise facilities. You will get your ID card back when you bring the wristband back.

The Sports Equipment Centre desk, fitness centre changerooms, and courts have the following hours: Monday through Friday – 6:00 AM to 10:00 PM, Saturday/Sunday – 8:00 AM to 5:00 PM.

The courts include three racquetball/handball courts and two squash courts.

The swimming pool schedule is as follows:

MONDAY
6– 8:00 AM, 11:00 AM – 5:00 PM
TUESDAY
7– 8:00 AM, 11:00 AM – 5:00 PM,
7– 8:30 PM
WEDNESDAY
6– 8:00 AM, 11:00 AM – 5:00 PM,
7– 8:30 PM
THURSDAY
7– 8:00 AM, 11:00 AM – 5:00 PM,
7– 8:30 PM
FRIDAY
6– 8:00 AM, 11:00 AM – 5:00 PM
SATURDAY
8:00 AM – 5:00 PM
SUNDAY
9:00 AM – 4:00 PM

The swimming pool has six lanes that are 50 meters, two diving boards that are 1 meter and 3 meters long, and daily public, family, and lane swim times.

There is an exercise studio with wood spring floor. Often taking place in this studio are fitness and activities classes. You might want to join one!

There are two areas in the gymnasium that accommodate basketball, volleyball, badminton, and even martial arts. Check with the Sports Equipment Centre desk for availability of the exercise studio and gymnasium.

Outdoor facilities include a 1/4 mile running track, a soccer field, and a sand volleyball court (for the warmer, snow-free days). Last, but not least, there is an official hockey rink. Surrounding

the ice arena is an indoor running track. The public skating times are below.

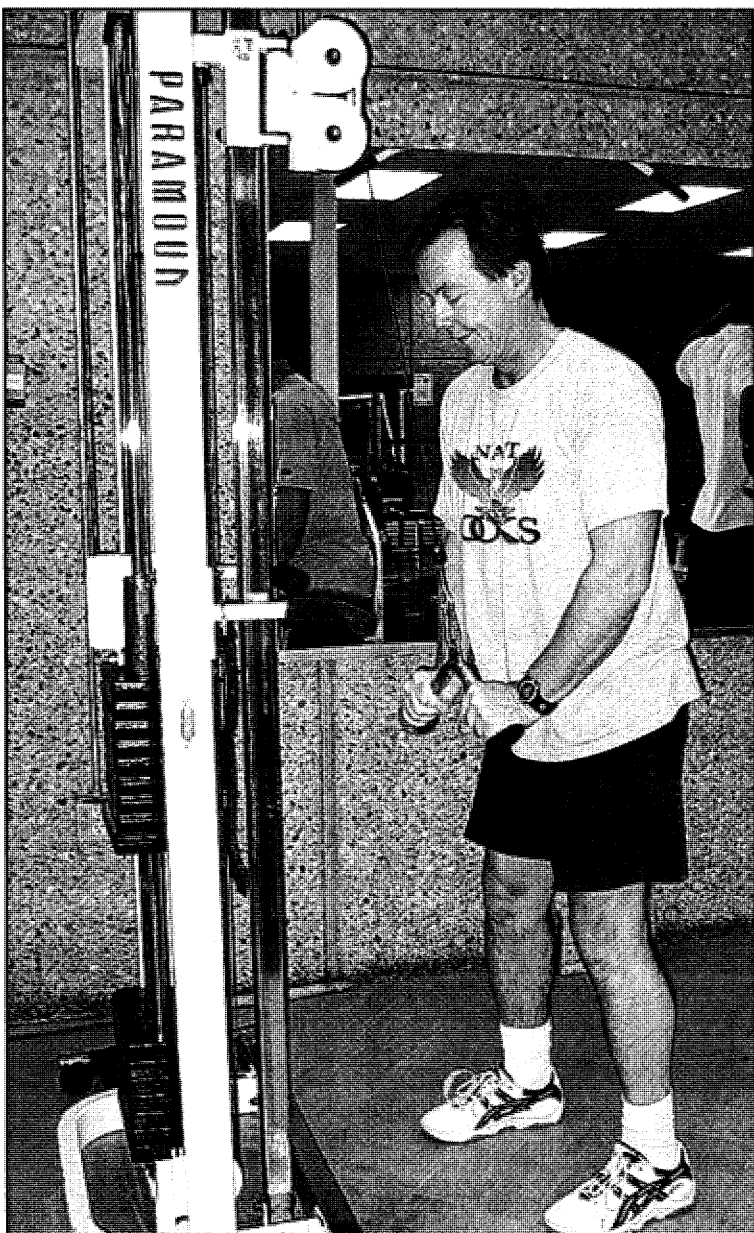
MONDAY
8– 11:30 AM, 11:45 AM – 1:15 PM*, 1:15 – 4:45 PM
TUESDAY
8– 11:30 AM, 1:45 – 3:00 PM*, 11:15 AM – 4:45 PM
WEDNESDAY
8– 11:30 AM, 11:45 AM – 1:15 PM*, 1:15 – 3:00 PM, 3:15 – 4:45 PM**
THURSDAY
8 – 11:30 AM, 11:45 AM – 1:15 PM, 1:15 – 3:00 PM, 3:15 – 4:45 PM**

FRIDAY
8 – 11:30 AM, 1:15 – 3:00 PM*, 1:15 – 4:00 PM

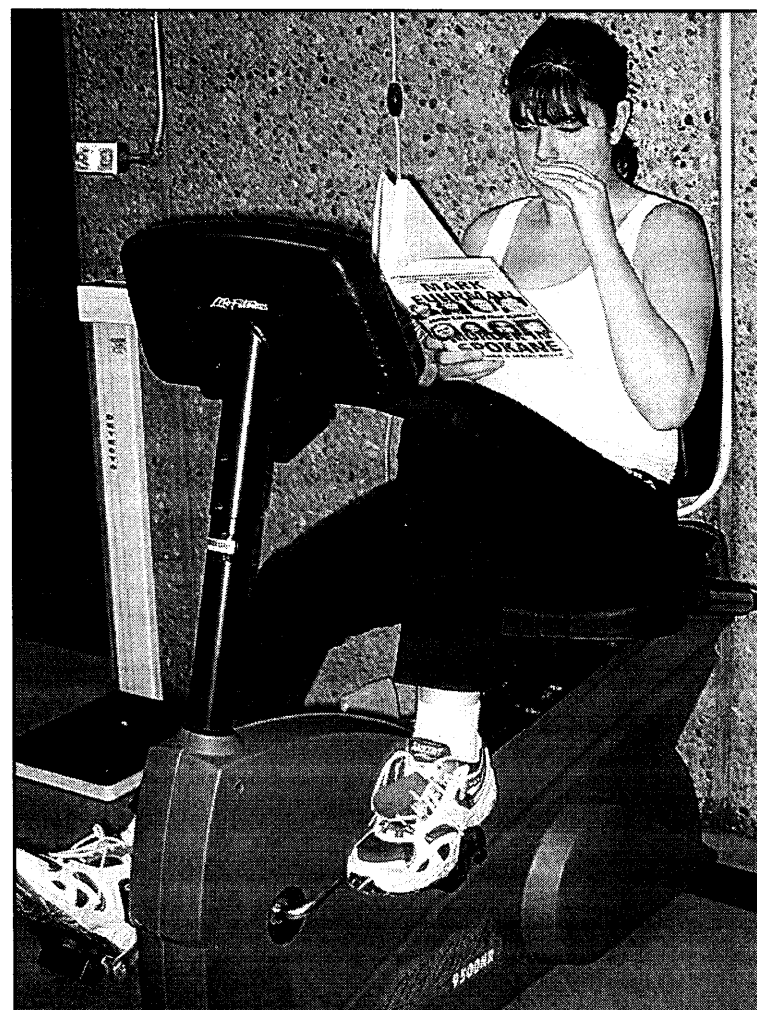
* indicates no hockey sticks allowed, and ** indicates apprentices have first priority.

Hopefully, you will find a form of exercise that you will enjoy doing. The exercise facilities are here for you, the student!

On a side note, the long row of vending machines filled with tempting junk food that people walk past on their way to get their student IDs back does NOT help at all when trying to get into shape.



Try the weights in the NAIT Fitness facility.



Catch up on a good book while exercising at NAIT.

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3855

A FATE WORSE THAN DEATH

FALON Fayant

The wind blew across the wide highway that twisted its way across the barren desert. The sun was high in the sky, beating down upon the slender body of a young woman standing alongside the highway. She stood there as though waiting for someone or something to come. Flaming red curls tumbled down her back and her seemingly bottomless dark green eyes gazed in the distance. Her fine bone structure suggested aristocratic ancestors though the low cut jean shorts and tight white t-shirt suggested otherwise.

In the distance, her eyes beheld a sleek black car speeding towards her. When it reached her, it screeched to an abrupt stop. The woman gazed up at the sky before she began moving towards the passenger side.

The inside of the car was cool, the whirl of the air conditioner going non-stop. The interior of the car was black leather. It was spotlessly clean, a fact she was grateful for.

She glanced at the driver and noticed how devilishly handsome he was. Coal black hair was his most attractive asset while his deep, dark brown eyes were his most mysterious. He was muscular and tall with dark skin and strong features.

He noticed her checking him out and flashed her a dimpled smile. "Hey, baby-doll," he drawled. "What's your name?"

"That's not relevant, Gabriel," she replied coolly, already insulted by his assumptions that she was a 'baby-doll'.

"How'd you know my name?" he asked in a surprised tone. He found it hard to keep his eyes on the road as he questioned her.

"I know many things," she told him. She shifted her position. Despite the air conditioner her flushed skin stuck to the hot leather.

"Okay," he replied, not knowing what to make of her vague answer. "Where are you heading?"

"Wherever you are, Gabriel," she replied, smiling.

A moment of silence passed as she sat calmly while he began to feel more uncomfortable with every passing second.

"Where are you going, Gabriel?" she asked her voice soft, her eyes taking on a curious gleam.

He paused. "I don't know." She didn't answer. She stared at

the vast blue of the sky through the sun roof.

He gathered up the courage to ask her something he suspected he knew already.

"Do you know about me?"

She laughed. A clear, rich laugh that was neither mocking nor a reaction to something humorous.

"Of course," she answered smoothly.

"How?"

She smiled. "That is not relevant either," she replied.

"I didn't want to," he said, sounding only half convinced. "I don't want to be thought of as a murderer."

She glanced at the driver and noticed how devilishly handsome he was.... He was muscular and tall with dark skin and strong features.

"But you are, Gabriel," she told him gently.

He gripped the steering wheel tighter. His nerves were shot. She could see the fear in his eyes, the tensing of his body. He glanced at her again, staring into the green pools of her eyes.

"What are you?" he whispered, afraid of the answer, but needing to know.

"An angel," she replied. her gaze did not falter as she looked into his eyes.

Did he dare ask the next question? Was he that desperate to know?

"From heaven, or hell?"

"You will soon know," she said, her tone low but her words effective.

He shivered despite the heat and licked his dry lips. He kept his eyes on the road, afraid to even glance in her direction. Silence invaded the car as it continued down the highway that was still empty. He stared in the distance wishing someone, anyone would come down the road. Moments passed, but no one came.

"Pull over," she said, her soft but firm voice breaking the silence.

He did as she commanded, his hands shaking. He turned off the engine. The heat entered the car, suffocating and uncomforta-

ble once the air conditioner was off.

"What are we doing?" he asked hesitantly.

She ignored his question as she opened the car door. "Get out," she ordered softly.

She stepped out of the car and slammed the door shut. He followed suit not completely closing his door. She walked over to him. He could feel her hair brushing against his cheek. She turned to face him.

He opened his mouth to speak but she placed a finger over his lips to silence him. She stepped off the road and onto the hot sand. She held her hand out to him.

"Take it," she whispered urgently. He hesitated, staring into her mysterious eyes. Then he placed his hand in hers.

"Don't be afraid," she said, as she pulled him onto the sand. "I am saving you from a fate worse than death."

Psychic Dan

Valkos

Monday, October 28

The Nest

11:15 - 1:15



PLAN TO WIN!

— \$90K in Prizes —

The First Annual Greater Edmonton Business Plan Competition is open to individuals, companies and post secondary institutions with high-growth business ideas. Through seminars, tools, templates, and a mentorship program, VENTUREPRIZE will help you transform your idea into a plan for growth! **The ultimate business plan takes home a grand prize of \$50,000, while two others receive \$20,000 in additional prizes.**

There is no cost to enter, so sign up now!

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TSX

3857

Surviving The Workplace

FALON Fayant

Before you can survive the workplace, you must have a place of work. So how do you separate yourself from all those other applicants who want the same job? Have a resume that highlights your qualifications and achievements. Most business bigwigs want to know what you can do for them. Be a Jack (or Jill) of all trades and have flexibility because an employer will be impressed if he/she can use you to fill two or three jobs instead of just one; so play up all your skills on a resume, even if you think they aren't important. In today's high tech world, be dot com savvy. Studies show that only 4% of people who use the internet to search for a job, actually find one. However, the net can be helpful in researching a company. You can set yourself above everyone else at an interview with your knowledge of the company's goals and strategies for success.

Now that you have the job, what can you do to ensure that you not only keep it, but keep it stress free? Rework your schedule so that you take on bigger tasks that require your best concentration in the mornings. Ensure that you're only doing one thing at a time. Trying to accomplish two or more tasks at a time can leave you feeling overwhelmed, with nothing completely finished and crossed off your list. If you do feel as though you may snap, take a breather. Sit back and relax by focussing your thoughts on something other than the job at

hand. This will cut down on your chances of making mistakes.

The most important thing is to love your job—or a least like it a little. Sure, your're thinking, easier said than done. But there are some ways you can add spice to your job. Enhance your talents by using them to do your job. Even if your job is dull—be creative. Some companies offer courses or seminars to further the education of their workers. Take advantage of such opportunities because the better you can do your job, the better you feel. Even talking with someone who's worked with company for years and is more experienced or higher up in the company can be a learning experience—you can find out what it takes to succeed within the organization.

Be careful of your appearance at work. According to Dana May Casperson, author of Power Etiquette, "Dressing even slightly inappropriately (too short skirts, sloppy attire) says you're unprofessional." As well, being late one too many times can hinder your growth within a company. "Even if your manager doesn't say anything about your lateness, don't assume that she (or he) doesn't care," warns Ann Marie Sabath, author of Business Etiquette. Inform your manager if you're going to be late whenever possible, or approach him/her at a convenient time to explain. Just imagine if you were the manager, how would you expect your employees to behave, and act accordingly.

Gordie Johnson & Kelly Hoppe

Acoustic Duo of

THE NUGGET



LIVE AT THE NEST
FRIDAY, NOVEMBER 1ST, 2002 - DOORS AT 6:00 PM

TICKETS: \$15 IN ADVANCE \$20 DAY OF SHOW Can be purchased at the NAITSA Office (Rm E-131) and the Nest

NO MINORS • PRESENTED BY



THE NUGGET



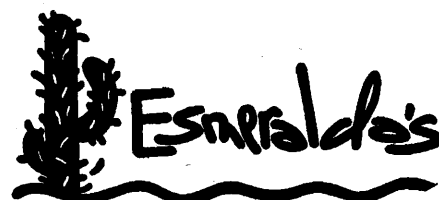
The Nest Movie Mondays

THIS WEEK'S FEATURE



Monday Oct 28
4:30 pm

FREE



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LADIES!!

LEAVE YOUR PURSES AT HOME.

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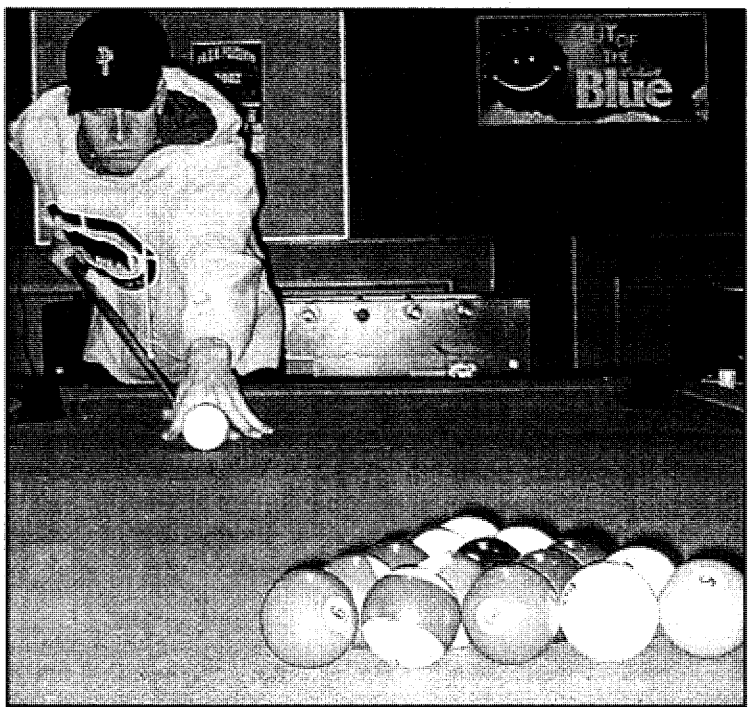
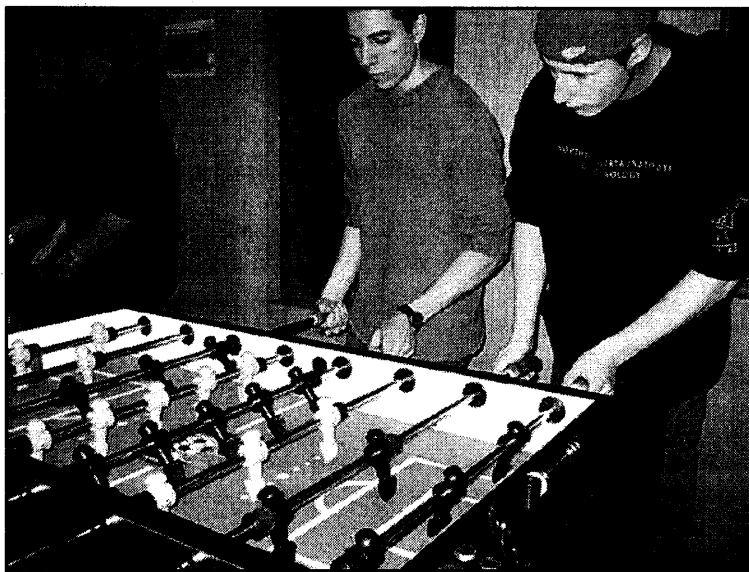
3849

A Student's Second Home "The Nest"

STACEY Laing

The Nest is NAIT's pub and it's a great place to meet fellow classmates or friends that share your break. The Nest opens at 7 a.m. Monday thru Friday and stays open till 9 p.m. or 10 p.m. Not only does it offer a great selection of food and beverages, but it also offers an assortment of entertainment. There is always something going on at the Nest. Coming up in the next couple of weeks the Nest offers Wayne Lee on October 30, and Gordie Johnson and Kelly Hoppe from Big Sugar on November 1.

The Nest has nightly entertainment as well as nightly drink specials. Drinks go on sale at 3 p.m. daily. Be sure to keep the Nest in mind when you plan your week. Monday nights are movie nights. The Nest has an arrangement so that they show movies before you can see them on video. Therefore, if you didn't have a chance to see it in a theater, you still have the chance to see it on a big screen before it hits video. In order to enjoy these movies more they offer hiballs for \$2.75 all night. Tuesday nights are draft night and featured is Ook lager for 75 cents a glass. Ook lager is brewed by Labatts and is on sale all the time for \$7.95 a jug. Wednesdays alternate between name that tune and comedy nights, and almost everything is on special a great way to break up the week. Thursdays are beer of the month nights. Every month a new beer sponsors the Thursday night special. The sponsored beer is on



for \$2.75 a glass, as well prizes are given away for example beer glasses are given away with the purchase of a beer. So if you need some new glassware, this would

be a great way to collect some. To end week The Nest special is beer cans for \$2.75. Every night there's something happening at The Nest, so take advantage of the free entertainment and good value.

A Hidden Treasure Pssst..... Can you keep a secret???

STACEY Laing

Did you know that NAIT main Campus is the home of one of Edmonton's best-kept secrets? The secret is the NAIT Dining room, it offers absolutely great food and service in a comfortable environment at reasonable prices. You might think that the dining room is only for staff or invited guests, but this is not the case. As Maitre D' Philippe Bourigault states, "Quite the contraire" the dining room is open to all, and they especially want the students to come in and try. It is a relaxed environment that profiles contemporary cuisine prepared by award winning Culinary Arts students. I had the chance to go there for the Thanksgiving dinner. I have to say for a price of around \$12 we enjoyed a salad, turkey entrée, and dessert with coffee. I think what impressed me the most besides the amazing food was the fabulous presentation. It was gourmet in every way, except with the price. The prices are very reasonable, you can enjoy lunch for less than \$10.00. A value that you could not find anywhere else for

the same quality of food that you will enjoy here. There is a large variety to choose from such as, a soup and sandwich, or hazelnut and maple syrup crusted strip loin, or one of the daily specials. The dining room is a nice change from the common market or your bag lunch. It offers you a pleasant atmosphere with a great meal. There are two sittings for lunch at 11:00 a.m. and 12:15 p.m. it's geared towards the students schedule, for you can easily be in and out within an hour, without rushing, since the service is so quick and friendly. It's advisable to make reservations call 471-8678. The dining room is a great place to go to celebrate a good mark on a test, or the completion of a long assignment, or for a treat. Remember that this is a dining room and no hats or torn clothing are allowed.

Now that you're aware of this secret be sure to take advantage of it and support your fellow NAIT students as well, by eating up their delightful cuisine. It's a guarantee that you're going to like it.

NAITSA Oilers Night

EDMONTON OILERS

VS.

ST. LOUIS BLUES

Friday, November 15

Tickets

\$30

Includes:
Ticket to the game
Oilers T-shirt
Hot Dog & Pop

Tickets can be purchased at The NAITSA Office (Rm E131)

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AND POWER YOGA
WORKSHOPS AND EVENTS

STUDENT RATES

3856

White Oleander

STACEY Laing

White Oleander tells a story about a young girl who strives to find her identity through a series of foster homes and a controlling mother. Astrid played by Alison Lohman is the daughter of Ingrid (Michelle Pfeiffer). Ingrid is a strong, controlling woman who controls all aspects of her life as well as Astrid's. When Astrid is 15 years old her mother commits murder, it is this action that sets off the journey that leads Astrid to finding herself and developing as a woman. Astrid is shuttled through foster homes and encounters significant foster mothers that help form her into who she becomes. Robin Wright Penn plays a former stripper saved by Jesus. She has children of her own and takes Astrid in and intro-

duces her to Religion. Penn's character is very insecure and unstable and is afraid that Astrid is having an affair with her husband. Needless to say this relationship ends poorly, but teaches Astrid a very important lesson and this is her first step towards her independence. Her next foster home is with Renee Zellweger. Zellweger plays a down and out actress who feels abandoned by her husband. Astrid and Zellweger have a great relationship until Ingrid interferes. Soon after this interference Astrid is sent to live in harsh institution for children. Here she encounters many problems with the other kids in the care facility and learns how to defend herself. Her final destination is working for a woman selling clothes at a flea market.

This relationship teaches Astrid the value of money among other things. Through all of these journeys Astrid learns lessons that help her separate from her mother and she finds her independence.

All of the characters are well acted and well developed. It's nice to see a movie with so many strong female characters. This movie also relies on the acting and the dialogue as there are no explosions or mind-numbing foreseeable storylines. White Oleander is done well on the big screen. It is an involved movie that lets the audience grow with Astrid. The audience wants to see Astrid survive, they hope that she can survive. White Oleander tells a good story, one worth seeing.

Bits And Pieces

FALON Fayant

Funny Warning Labels and Signs:

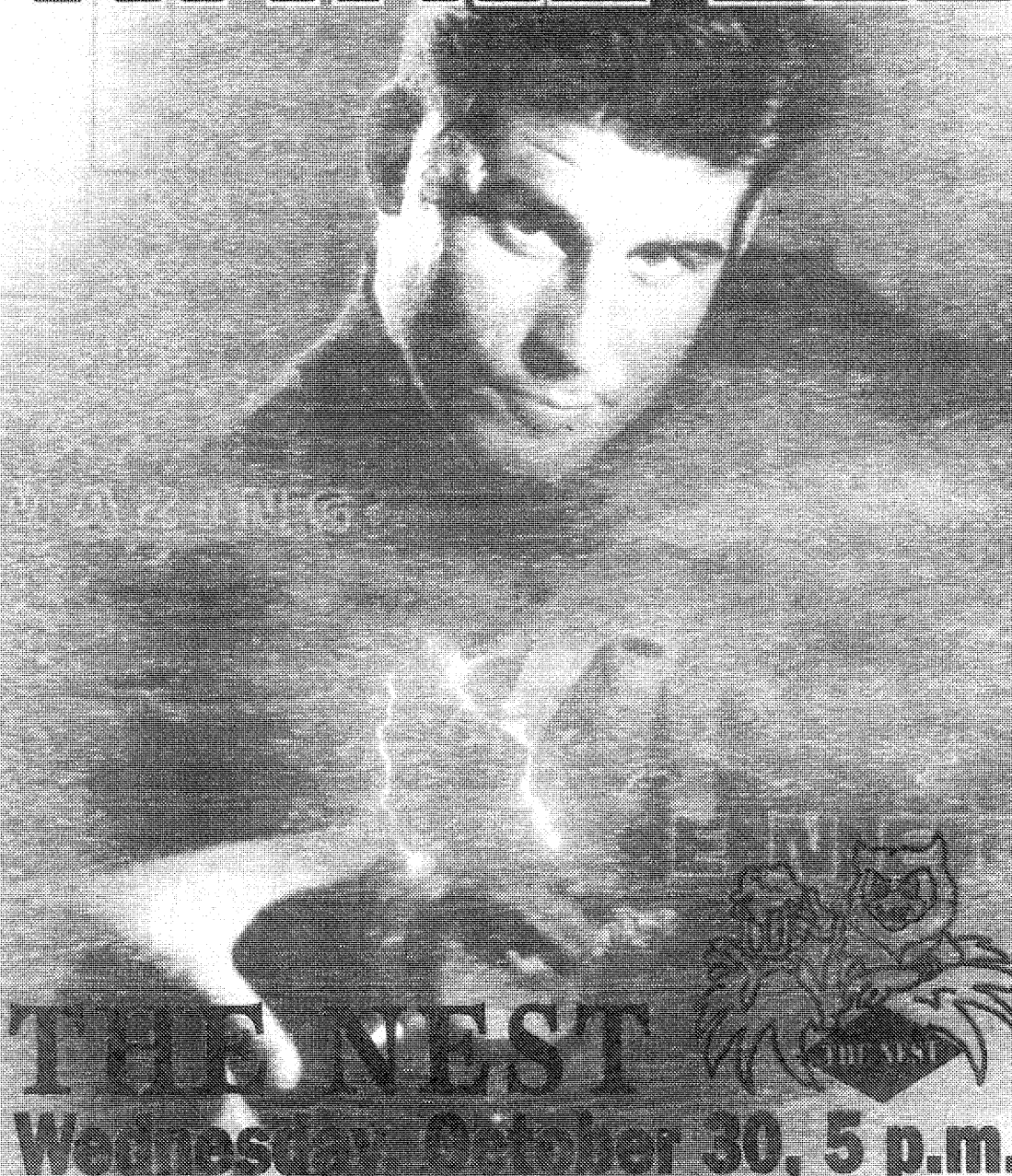
- Caution: Hot beverages are hot!
- Coffee Cup
- Do not eat toner.
- Laser Printer Cartridge
- Do not light the flame near the face.
- Cigarette Lighter
- Do not look into laser with remaining eye.
- Laser Pointer
- Do not pour liquids into your television set.
- Television Owner's Manual
- Do not use intimately.
- Deodorant
- For indoor or outdoor use only.
- Christmas lights
- THIS PRODUCT NOT TESTED ON ANIMALS
- Insect Spray from New Zealand
- Warning! Never iron clothes on the body.
- Rowenta Iron

- Warning: Do not use on eyes.
- Heated Seat Cushion

Interesting Facts:

- A cockroach can live several weeks with its head cut off finally succumbing to starvation.
- The poison-arrow frog has enough poison to kill over 2,000 people.
- A blue whale's testicles are as large as a Volkswagen beetle.
- Elephants will sometimes remain standing after they are dead.
- A shrimp's heart is in their head.
- The Alpine black salamander has a gestation period of 38 months!
- In a study of 200,000 ostriches over a period of 80 years, no one reported a single case where an ostrich buried its head in the sand.
- The largest jellyfish has a bell that can reach 2.4 meters across and tentacles that extend over half the length of a football field.

WAYNE LEE



THE NEST
Wednesday, October 30, 5 p.m.
FREE SHOW

REQUEST

Blazin 10

TC	LC	Artist	Song Title	Label
1	3	Erick Sermon w/ Redman	React	J Records/BMG
2	2	Ludacris	Move Bitch	Def Jam
3	6	In Essence	I.E.	BMG
4	4	NORE	Nothin	Universal
5	18	Syleena Johnson	Tonight I'm Gonna Let Go	Jive/BMG
6	13	Love of My Life	Universal	
7	7	Camron	Hey Ma	Rocafella
8	9	Benzino	Roc The Party	Elektra/Warner
9	17	Justin Timberlake	Like I Love You	Jive/BMG
10	1	Sean Paul	Give Me The Light	EMI/VP

BOO!

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Name That Tune!
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GRAPE VINES

We're really sorry but we can not print grapevines without your full name and student ID number. Please include a phone number or e-mail address so that we can contact you if we have any questions....or concerns.

Looking for one class of girls to go on, and help organize, a Fund Raiser Pub Crawl with class of mostly guys. Sincerely, G.A.S.P. (Guys Against Sausage Parties)

Rainbow Brite (C.B.) - I would love to watch your ass bounce as you walk. And I'm going to grab your left one next time. You're such a cock-tease. - Geoff and Paul

"Monster Pro Wrestling at Rum Jungle? J.T. Michaels did my sister!" - Taras Lancer

My dearest Mike, I want to cover you with whipped cream, chocolate and bananas, I want to savour your chocolate banana. Can I be your cherry on top? I heard it was your birthday and I want to make all your birthday wishes come true. This weekend I'm going to "blow" your mind with skills you haven't seen. You'll barely walk on Monday. Love, the return of the secret admirers!

I think I love you! So what am I so afraid of. I'm afraid that I'm not sure of, a love there is no cure for... Misu ja cie kdram!

To Snaggletooth in DET - Quit hitting on the DA's, your woman has eyes in Alberta!!! - Your missing smoke partner

To "I hope this remains anonymous": I'm not sure if I am who you are describing, but "Thank you" very much for your compliment. Signed, "I would like to keep this from my boyfriend"

Natasha the Newfie, Hey haven't seen you around, I guess we haven't "bumped into each other" since Drink a Small Town Dry. -The Gentlemanly Bus Buddy

Calvin in Instrumentation year 2, we don't care anymore. So quit talking about your DVD collection and how big your TV is. We really don't care.

Thanks a lot. PCT

Classifieds

Classified advertisements are free to NAIT students and staff. E-mail your advertisement to HYPERLINKmailto:naitnugget@hotmail.com please include your full name, student ID number and e-mail/phone number and we will print your classified in the next issue of the Nugget!

Anyone dropping out or just interested in selling me their parking pass, drop a line at: HYPERLINKmailto:the_df@hotmail.com or leave message at 910-9756.

Struggling with homosexual feelings and searching for answers? Check out our Christian support group: HYPERLINKmailto:virtus_alberta@yahoo.ca

Hello NAIT, I'm currently looking for an apartment to rent in the downtown area. Is anybody looking for a roommate? For more information, call Elizabeth at 963-5643 or call Ramiro at 962-6488.

ATTENTION STUDENTS! Earn \$15 per hour. Training provided. Flexible PT/FT. No exp. necessary. Scholarships offered. Fun work environment. Call now 436-9444. www.workforstudents.com/ab

Hi! Interested in extra income? www.excel.com/canada Call 443-6383 if you want more information.

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A continually growing DJ company looking to expand. **DJs wanted.** Both experienced and inexperienced. We pay you to learn. Earn up to \$400-\$600/month. Working weekends only. 465-1262. Call now!

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Seeking adventure, challenge, education, practical work skills? Experience life in Asia, Africa, Latin America, the Caribbean, or Central and Eastern Europe. Canada World Youth has international volunteer programs for youth 17-20 (up to 29 for some programs) who are eager to learn and work in teams in areas of education, information technology, business, social services, agriculture. Contact CWY at www.cwy-jcm.org or in Edmonton (780) 432-1877 or toll free 1-877-929-6884. Deadline Dec. 6/02.



DOMINION/PORT/SERVICE
A Delaware North Company

BE A PART OF THE ACTION! Dominion Sportservice, the food service company for Skyreach Centre, is now recruiting outgoing enthusiastic employees for the upcoming hockey season.

MOST POSITIONS STARTING AT \$7.50/HOUR! All positions are part-time evenings for NHL hockey, concerts, ice shows and rodeo. If you are a dynamic, cheerful, mature individual looking to enhance the existing food service team, please fax a resume or call

471-8111 to pick up an application. Fax your resume to 414-4174. **ALL POSITIONS AVAILABLE!!** **BECOME PART OF A WINNING TEAM!**

Fall 2002 Look for our brochures on bulletin boards throughout campus.

Grad

Portraits

Sessions are available from October 15 thru October 24, 2002
8:30 a.m. to 4:00 p.m. Monday thru Friday
Appointments may be made by contacting the Graduation Portrait Studio in Room U209C or by telephoning 471-8732

For more information check our WEB page at www.nait.ab.ca/ir

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NEW MOVIES THIS WEEK
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SHOW TIMES listed in Journal and Sun

2 Admissions For \$3
valid anytime
2 admissions per coupon
no reproductions-no cash value
EXPIRES NOVEMBER 14, 2002

2 Medium Drinks & 1 large Popcorn \$7.48
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1 coupon per purchase
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EXPIRES NOVEMBER 14, 2002

2 Midnight Movie Admissions For \$2.50
valid Friday or Saturday for midnight movie
2 admissions per coupons
no reproductions-no cash value
EXPIRES NOVEMBER 14, 2002

3847

3850

"E"lympia: 2002 & Beyond

The Princess of Hip-Hop and R&B Rocks "E"lympia

SHARMZ

This past Wednesday Cowboys in was home to Murder Inc Recording artist, Ashanti. The Princess of Hip-hop and R&B headlined the show that was put on by Power 92 in affiliation with Cowboys and Urban Metropolis Sound Crew. The show featured not only Ashanti herself, but Canadian talents, Shawn Desman, Carl Henry, and Urban Metropolis's dance crews, White Chocolate and Free Flow.

The show started off with White Chocolate and Free Flow showing their madd skillz when it comes to dancing, urban styles. Free Flow shined out of both the dance crews. Their choreography, smoothness, and uniqueness and choice of music really got the crowd in frenzy, and excited for Ashanti.

Next up on the stage was newcomer in the R&B game, Carl Henry. The Canadian talent did get the crowd bouncing even though more than 95% of the crowd had no idea who he was and the tracks he was singing.

After singing 4 tracks Carl Henry exited the stage, and recent hit maker Shawn Desman entered the stage to the sound of women screaming. The newest artist to be signed on BMG Canda/ViK Recordings, only sang two songs but it seemed as if it was enough



Ashanti works the audience during her show at Cowboys.

for the crowd. Capping off his performance with recent smash hit "Get Ready", Desman thanked everyone for his recent success. Shawn Desman's debut self titled album is due out on Oct. 22nd 2002.

Lastly the wait was over; Ashanti hit the stage and rocked

the crowd for a good hour. Ashanti has worked with some of the industry's best—writing lyrics and singing hooks that help their records reach the top of the music charts. Now with her recent success of her self titled debut album, Ashanti finally can say she has made it. You could tell by the way

she acted that she is very thankful for her success, and she is not taking it for granted.

So the princess sang many tracks of her album including, "Baby", "Movies", "Happy", "Foolish", "UnFoolish", "Leaving (Always On Time Pt.2) and "Dreams".

Ashanti even showed love for the crowd inviting one lucky guy on stage while she sang to him reminiscent of Janet Jackson concerts. Along with singing album tracks,

Ashanti sang hooks from various hit songs, Fat Joes hit: "Whats Luv", Ja Rules: "Always On Time" and "Down Ass Chick".

Ashanti is a huge talent, and the future looks very bright for her and her label mates on Murder Inc. From seeing Ashanti on TV singing live I really didn't think he set would be good, but she surprised me singing her heart out and pleasing all the fans that came out to show love.

For Edmonton getting such a huge hip-hop artist, it is uplifting and sheds some light on "E"lympia's future. This year we have already picked up some major acts such as, Guru, Ashanti, and soon to come this month is Beanie Man (Oct 24th @ The Joint), and Rascalz (Oct 31st @ Urban



Lounge). Thanks to Urban Metropolis for holdin it down "E"lympia style! Support the acts that come to Edmonton, because it will only lead to more shows and more exposure.



Urban Metropolis's dance crew, FreeFlow.



Shawn Desman, an R&B newcomer, opens the show with two songs.

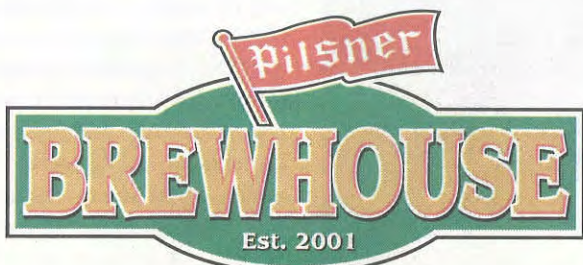


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