OO Many Men...Calgary" Since 1

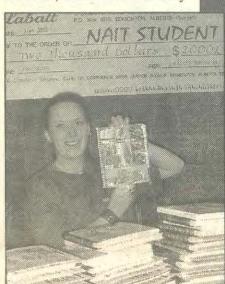
### Thursday, September 5, 2002 Volume 40, Issue 2

**EDMONTON, ALBERTA, CANADA** 



KIMBERLY Ashley

Well, we're finally back in school. Tuition is paid, schedules are made, and books are already



Diana McCall, NAITSA President, proudly shows off the Student Handbook.

coasters. The registration process was long and grueling, but only for those first-year students. The lines were long first thing each morning, but by 9:00 am the lines were waning. The actual "registration" part, confirming your address, signing your name and learning about orientation, was probably the shortest. If you needed your student loan papers signed, it



This was the easy part. All full-time students entered the North Lobby to complete the registration process.

didn't seem to look too bad. The longest line had to be for student ID cards. This process was made easy for returning students. If you already had an ID card from last year, all you needed was a sticker, if you didn't have a card, you had to wait in line. Once inside Fresh Express, student ID photos

were taken, student handbooks and newspapers were handed out, and information tables were set up for student inquires.

The next longest line students will experience will be for textbooks. For the next few days the South Learning Centre will be packed with people waiting to

spend their hard-earned money on books. Buyer beware, buy only the textbooks that you will use this semester. Course requirements change from semester to semester, and you could be left with the wrong textbook or edition once your class starts. As well, it is best to wait until after your first

class to see if you really need the book. Don't be caught with useless course packs and study guides if you won't be using them.

Once you have your books purchased, your waiting at NAIT should be done. The only lines you will have to face each day will be for the microwave, bathroom, food at the cafeteria, coffee at the Second Cup.....

## Got What It Takes?



MIKE McGuire

You step out from the dressing room, your heart racing. All eyes are immediately on you as the crowd erupts at your arrival. You feel the energy and adrenaline coursing through your veins. Overwhelmed with everything happening around you, you are able to keep your focus on what is most important. Your team is

moments away from winning the championship, now you know what must be done: THE WAVE!

NAIT Athletics is searching for that one person to don the beak and feathers for another year. As the NAIT Mascot, you will attend NAIT sports and special events, serving as a motivational force at Home games, and as an ambassador for NAIT at other school

Can YOU carry the Blue and Gold? If so, here's the business. Yes, this is a paid position. To



apply, you can call Marc Dobell at 471-7606, or apply in person with resume at the Campus Health and Wellness office located on the main floor of the Activities Centre, just before the indoor entrance to The Nest.

Need a new l"ook"? Call **Mark for tryouts!** 





## Default at Ookfest!

#### JENNIFER Benoit

DEFAULT is playing sold- people." out crowds in the U.S. and Canada literally every night. Before the boys come to NAIT on Saturday, September 14, Default will be playing next week on September 8, 9, 10, 12, and September 13, where they will play at SAIT, our southern counterpart in Calgary.

Default is a first-rate rock band consisting of Dave Benedict (bass), Danny Craig (drums), Jeremy James Hora (guitar), and Dallas Smith (vocals).

What makes this band unique from many other rock bands is that they sound as great live as they do on their album. As Dallas Smith says on the MTV web site, "We try to keep it high-energy as possible by bringing the emotion that's on the CD to the stage... we practice a lot to make sure we can bring across the music. We try really hard not to disappoint

The band has already had two of their songs hit the top-ten of local charts, including on the randy

"We try to keep it highenergy as possible by bringing the emotion that's on the CD to the stage...

rock station, 100.3 The Bear. Both "Wasting My Time" and "Deny", Default's first hit singles, are about failing or troubled relationships. "Wasting My Time" is somewhat of a rock serenade while "Deny" is a hard-core, energetic rock song. As issued for the date September 7, Default's "Deny" is number 17 on the Billboard Modern Rock Track chart (its 18th week). To top that, their album Fallout is in number seven on the Billboard Top Independent Albums chart. "Fallout" is in its 47th week on this chart!

There is still a week and a couple of days before Default (with special guests) comes to town. Just enough time for you to buy your Ookfest ticket (\$20 in advance and \$25 on the day of the show). Proceeds of the tickets go to Shinerama, the NAIT student fundraiser for Cystic Fibrosis. There are posters all over campus telling you all the information you

Meanwhile, you should look at the official Default web site at www.defaultonline.com or at www.ookfest.com. See you at the show!



See Default live September 14th in the NAIT Soccer field.

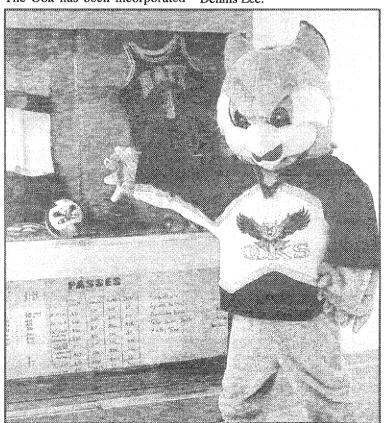
### What is an Oo



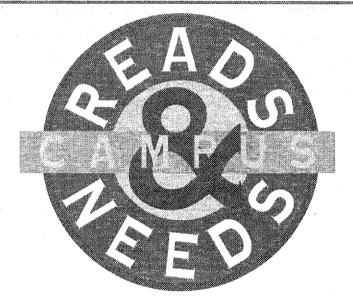
**KIMBERLY** Ashley

The history of the NAIT Ook goes back to October of 1964. The Federal Department of Northern Affairs and Natural Resources presented the Ookpik, a furrypenguin like creature of the North, to the students association, and has been our school's mascot since. The Ook has been incorporated

into many logos within the school, and is featured on school memorabilia and merchandise. The Ook has also been used extensively with the Athletics program at NAIT. All sports teams at NAIT use the Ook name for their teams. The word Ookpik comes from the Inuktitut language, where it means snowy or Arctic, and the Ookpik has been one of the most popular of Inuit handicrafts. The Ookpik has also been featured in a poem by the famous children's author Dennis Lee.



Bringing joy to the students since 1964.



WELCOME BACK NAIT STUDENTS!

### WE BRING YOU WAYS TO SAVE

SAVE \$5 OFF A PURCHASE OF \$20 OR MORE OF REGULAR PRICED NAIT LOGO ITEMS WITH THE COUPON FROM YOUR STUDENT HANDBOOK (ONE FOR EACH MONTH)



SAVE 10% OFF ANY PURCHASE OF REGULAR-PRICED NAIT LOGO ITEMS ALL YEAR WITH YOUR SPC CARD, (AS WELL GETTING MANY OTHER VALUBLE DISCOUNTS AT OTHER MERCHANTS) AVAILABLE IN-STORE FOR \$7.50 PLUS GST





### NAIT STUDENT COUNSELLING WELCOMES YOU!

"Welcome to NAIT or Welcome back to NAIT"

"To anticipate and meet the needs of students and the economy by combining outstanding applied education with the human touch."

**NAIT Mission** 

In keeping with our NAIT Mission, the Counselling Staff is committed to providing you, the student, a service with the "human touch", to enhance your success as a student at NAIT, as well as your future success as an outstanding citizen in the workplace and the community.

Counselling services focuses on skills for life-long learning, career management, and balance and harmony in everyday living. We are here to facilitate your transition to NAIT and to assist you in making the most of your educational experience as you embark on your chosen career path. Through the provision of individual counselling, seminars, peer tutoring and Services to Students with Disabilities, we strive to make your educational experience at NAIT successful, positive and enjoyable.

We look forward to being a member of your team to enhance your success. We wish you the best for the 2002-2003 academic year!

#### **COUNSELLING SERVICES**

Room South Lobby 0117 -

Phone 471-8921 TTY 474-5883

www.nait.ab.ca/counselling

Office Hours: Monday-Friday, 8:00 am-4:30 pm

#### Services Available:

Individual Counselling:

Academic Counselling - Assistance with study skills, examination preparation, examination writing techniques, time management and other skill-building techniques to enhance academic success.

Career Counselling - Assistance with career exploration and planning, career management and current work search techniques.

Personal Counselling - Assistance with personal concerns that impact you and influence your success as a student. Enhancement of your personal growth to succeed in an increasingly complex environment.

- Our services are confidential
- When appropriate, referrals may be made to outside agencies and services.

#### Seminars/Workshops:

Workshops are offered in the areas of study skills, examination preparation and writing, and time management.

#### Peer Tutoring:

An online web-based system which allows you to search for a tutor in a specific subject area is available at www.nait.ab.ca/ counselling. If you have successfully completed courses and would

like to tutor, check out the website. Classroom supports: If you do not have web access, contact the Counselling Office in Room 0117 in the South Lobby.

#### Services to Students with Disabilities:

Room 0117 South Lobby

These services are extended to all students who have a documented permanent or temporary disability. Based on assessed need, services may include:

- Counselling
- Examination
- Accommodations Specialized Equipment
- Sign Language Interpretation
- **Specialized Tutoring**

Students with disabilities should make an appointment with the SSD Coordinator (471-8921) three months prior to commencing their studies.

Note: Exam accommodations are only given in the case of documented disabilities and in no way compromise the academic integrity of NAIT programs, nor will they be allowed to create a situation of unfair advantage to the recipient. The goal of all SSD (Services to Students with Disabilities) services is to "level the playing field" for students with documented disabilities.







DOORS 3 PM - PUB CRAWL 9 PM (NO MINORS)

## PRECOKFEST Tailgate Party

FRIDAY, SEPTEMBER 6TH

before the

# BATTLE OF ALBERTA ESKS VS. STAMPS

at the NAIT Soccer Field. Gates 3:00 pm. Buses to game 6:30 pm.

Tickets: \$15 (incl. Pre-party, ticket to football game, bus ride to and from game, after game pub crawl. NOTE: You don't need a ticket to attend the Tailgate Party. (Tickets at NAITSA Office (E-131)



### Tips for Adjusting to Life at NAIT

Starting your education at NAIT is a major life change. It may be your first educational experience away from familiar faces and academic environment, the first time you have attended school in years, or your first experience living away from home for an extended period of time. Although it is exciting to be pursuing higher education, some of the most common feelings in the first weeks at NAIT are stress, loneliness and feeling out of place and disoriented. Here are some tips for coping with those first few weeks of life at NAIT:

#### Personally:

- You may find that NAIT provides more of a feeling of freedom than your high school environment. The increased personal freedom can feel both exhilarating and frightening. Accept that emotional fluctuations are normal and to be expected, and that they will pass in time.
- Take time during these first weeks to take care of yourself. Try and include some fun activities, some relaxing activities and some time with family or old friends. If you are new to Edmonton, keep in touch with friends and family from your home town.
- Talk to yourself positively and give yourself credit for the risks you are taking and the situations you are handling well.
- Instead of berating yourself for things you should have said or done, use these situations as learning experiences to put in place the next time something similar arises.

#### Socially:

- The first few weeks on campus can be a lonely period. You may be concerned about forming friendships or feel like you don't fit in. It may seem that everyone else is self-confident and socially successful. The reality is that many students are having the same concerns, and that finding your social niche will take a few weeks.
- There are many way to meet people. Consider getting involved and being where other students are. Here are some common ways that NAIT students meet each other:
- At Ookfest/ first week activities
- · Before and after classes
- Doing extracurricular activities such as clubs or classes (watch The Nugget student newsletter and the bulletin board for announcements)
- Volunteering volunteer at Shinerama or some of NAIT's other events or fundraisers; check at the NAITSA office for volunteer opportunities, or put

your writing skills to work for The Nugget student newspaper.

- · At adjoining lockers
- In bookstore or food stall lineups
- · In eating areas
- In common study areas
- In intramural sports programs or at the gym
- · At the "Nest"
- At program special events such as pub crawls or dances
- Meaningful, new relationships develop over time. Remember to be yourself, and to send friendly, outgoing signals to others. Smiling, making eye contact and nodding when someone is speaking, and sending body language signals such as uncrossing your arms and leaning slightly forward are ways to signal to others that you are interested in them.
- Some people have a tendency to get into intimate relationships too quickly when feeling lonely.

Take time to stand back and assess why you are in the relationship and whether it is healthy and supportive for you.

#### Academically:

- You may find NAIT classes more difficult than high school classes, and you may find the workload much heavier. In order to survive you must take responsibility for your actions. This means following the course outlines, keeping up with readings and assignments, borrowing lecture notes if a class is missed, and initiating asking for help if you do not understand material.
- Study Skills Seminars are presented at the beginning of each semester. Plan to attend study skills sessions and to practice using the suggestions early in the semester. See a counsellor if you need specific work in one or more study skill areas.
- If you are feeling over-

whelmed, you may benefit from working one-to-one with a peer tutor. To sign up, go to the NAIT Student Counselling. There is a fee of approximately \$10 per hour for this service. There is also a free Tutorial Centre on campus (Room A133).

The Student Counselling Centre provides individual counselling to students experiencing difficulty adjusting to NAIT life or dealing with any other personal, academic or career-choice concerns. It is not uncommon for problems from the past to resurface when you move away from home or enter a new situation like NAIT.

Any student can arrange to see a counsellor by booking an appointment in person at Room 0117 or by phoning 471-8921. There is no fee and all visits are confidential.

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For Advertising Inquiries please call **471-8866** 

The Nugget encourages submissions

THE DEADLINE IS 12:00 p.m. on the first school day of the week.

All submissions must be accompanied by your name & student ID number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Contributing Writers

Margaret Maureen, Don Shalanski

### So you'd like to find a parking spot...

NAIT Students Reminded to Obey City Parking Regulations and Respect Private Property to Save Fines and Costly Towing Fees

Edmonton, September 3, 2002 – For many of NAIT's 15,200 full-time students and apprentices, classes start today, Tuesday, September 3rd. Unfortunately, each year some students choose to ignore residential parking restrictions in the community surrounding NAIT and restrictions in the private parking lot of our neighbour to the south, Kingsway Garden Mall.

"The cost of towing and reclaiming your illegally-parked vehicle can be as much as \$200 not to mention the inconvenience," warns Pete Zacour NAIT's Manager, Security Services. "We ask students to be good neighbours, obey the posted signs in the surrounding residential areas and not park in Kingsway Garden Mall's parking lot as it is intended

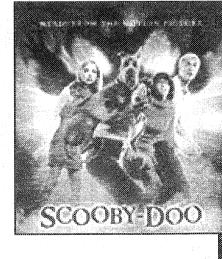
"The cost of towing and for their customers – students' aiming your illegally-parked cle can be as much as \$200 not sention the inconvenience."

Students are encouraged to use public transportation, car pool

Students are encouraged to use public transportation, car pool or park only in designated areas once they have applied for and received a permit. Students may contact the NAIT Parking office at 471-7539. NAIT also has a Rideshare program (www.nait.ab.ca/security/ridshare).

### The Nest Movie Mondays

THIS WEEK'S FEATURE





Starts at 4:30 pm



### Fun in the City



**KIMBERLY** Ashley

Looking for a place to go and have some fun in the city? Well I have a few places that may interest you on those boring fall days. Fort Edmonton Park is Canada's largest historical park. Featuring Edmonton's history, the park is fun and educational for people of all ages. Upon arrival, guests may take the train to the other side of the park to see the Fort, or you may start your stroll back to the 1920's. The Fort features the Fur Trading Era, which spanned from 1795 to 1870. Once there you will experience the social and cultural world from the Native camp to the Trading Post, and discover the links to our city's historical

Approaching 1885 Street, the Settlement Era, which spans from 1871 to 1891, you will find many changes. Small homes, farms and small town. You will find such places as the Blacksmith shop, Methodist Church, Brynes Shoe Shop, as well as Lauder's Bakery where the smells are free.

1905 Street is bustling with activity. This Municipal Era from 1892 to 1914 features a Penny Arcade and Shooting Gallery, Rutherford House, Ernest Brown Studio (Antique Photo Parlor), and the beautiful Memorial Gardens.

The Metropolitan Era brought forth new businesses and recreational opportunities. On 1920 Street you can take part in a game of miniature golf, ride the streetcar or visit the horses at Mellon

Don't miss out on this wonderful opportunity. The park will be open until September 22, with various hours and events throughout the week.

The Valley Zoo is a great place to visit all year round. With many indoor and outdoor exhibits, guests have the opportunity to see all sorts of wildlife up close. The zoo offers many activities for their guests to participate in. Children

business line the streets of this and their families are welcome to play in the petting zoo, ride the merry-go-round, or even take part in a pony or camel ride. There are also many wildlife interpretive sessions featuring sea lions, elephants and birds of prey around the zoo.

> Outdoor exhibits include the well-liked petting zoo, many types of birds, ducks and geese, monkeys, zebras, tigers and more. Indoor exhibits feature the sea lions, all of the reptiles and nocturnal creatures, more monkeys, a beaver and even a two-toed tree

The Valley Zoo hours are 9:30-4:00 Monday through Friday,



The petting zoo at the Valley Zoo is the place to be.

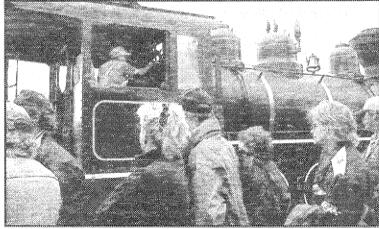
and 9:30-6:00 weekends and holidays, effective until October 14th.

For more information on these or other City of Edmonton Attrac-

tions, please visit their website at http://www.gov.edmonton.ab.ca/ comm services/ city op attractions/index.html



Visit the Rutherford House on 1905 Street.



Take a ride on the train at Fort Edmonton Park.

#### NAIT COUNSELLING promotes

#### "Student Success"

- Improve your study skills Reduce stress
- Make the most of YOU Graduate

Individual Counselling **Student Success Seminars Services to Students** with Disabilities **Peer Tutoring** 

Rm: 0117 South Lobby 471-8921

#### STUDENT SUCCESS SEMINARS

#### **HOW TO STUDY**

Tuesday, Sept 10 11:15 - 12:15 OR 12:15 - 1:15 OR 4:30 - 5:30

#### **MEMORY & TIME MANAGEMENT** Wednesday, Sept 11

11:15 - 12:15 or 12:15 - 1:15 or 4:30 to 5:30

#### **EXAMPREPARATION & WRITING**

Thursday, Sept 12

11:15 - 12:15 or 12:15 - 1:15 or 4:30 to 5:30

All sessions are FREE and on a drop in basis. For more info contact the Student Counselling Centre Room O117 • Ph: 471-8921

#### poorly drawn dog

"Quick, Dude! Put on your seatbelt!"



### HAIURI



### The Stone Of Inthrae

#### **FALON Fayant**

When I was considering what I should write for my very first article, I thought of writing something to do with the beginning of school. Then it occurred to me that a lot of people find the beginning of school extremely stressful. I decided that a great way to take people's minds off their stress was with a short story.

Charm sat demurely on the white wicker chair, appearing the perfect picture of the proper lady she was not, never would be, nor ever wanted to be. Ladies had no use for magic. Granted though, neither did she. She sighed softly. But that would all change as soon as she could figure out exactly how to use her powers.

It was a lovely evening tinged with warmth, a remnant of the heat that had poured from the sun's rays earlier. Soft, classical music danced through the air and the sweet fragrance of roses and honeysuckle tickled her senses as the breeze they rode upon teased her long raven black curls. The atmosphere of the outdoor cafe where she sat sipping cappuccino was tranquil, as it usually was.

The street before her was empty with exception of a few passerby who gave one fleeting glance to the cafe and then continued walking by. The buildings lining the street were small, cozy little shops that never saw much business once the golden sun was eclipsed by the gothic looking skyscrapers in the distance and the azure blue of the sky began to darken.

Charm's green-eyed gaze flickered across the area of wicker tables set up on the sidewalk and instantly met the deep, dark eyes of a man. Quickly, she cast her eyes away, but his image was forever embedded in her memory, like words engraved into stone. He was tall, she knew, though he was now sitting, for this was not the first time she'd seen him, nor was this the first time his eyes had been fixed upon her with such intense emotion in their murky depths. He had a strong build and dark skin as though the sun had painted it golden brown with deep brush strokes of its rays. The breeze tousled his chestnut brown hair that curled slightly at the nape of his neck and his squared jaw rested in his hand with his elbow on the table.

Charm's heart began to beat faster, like wildly galloping horses, as her father's broken and bruised body flashed through her mind. Was that man his murderer, come to spill her crimson blood now, only months after her father's death? She closed her eyes against the image of her blood stained

hands as she hovered over him, sobbing, willing him to come back to her, unable to help him. She took a deep breath. Her father's murderer couldn't be that man.

Charm glanced back at him, but he was no longer staring at her. There was something about him, something mysterious as his mouth was pulled into a lazy grin, almost as if he knew she was now watching him. She tore her gaze from him, her eyes landing upon a young waiter.

"Excuse me, miss," he said hesitantly. He held up a coffee pot. "Would you like some more coffee?"

Charm smiled politely as a thought suddenly entered her mind. "No, thank you," she said softly and the waiter nodded, then walked away.

Still smiling, Charm stared at the empty china cup thoughtfully, all thoughts of mysterious men having slipped away, forgotten. Perhaps if she practised her magic instead of surrendering to defeat, she might become more adept at it. And what better way to practice than by starting small, like refilling coffee cups.

With a pleased little smile playing upon her lips, she closed her eyes and concentrated on the

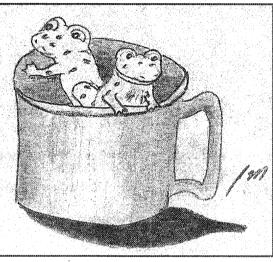
magic she could feel deep within her soul. She slowly waved her hand over the cup, willing it to fill with the dark, frothy liquid.

She opened her eyes. But she was afraid to look. What if it hadn't worked? What if she'd failed her father once again? The smile fell from her mouth, killed slowly by the melancholic thoughts and replaced by a grim line. Her father had been a powerful wizard in his day and she was convinced that she would be such a disappointment to him. She sighed, leaning back in her chair. She just wouldn't look and that's all there was to it.

The cup emitted a quietly croaked, "Ribbit!" and she looked up with wide, horrified eyes. Quickly, her pulse quickening, she leaned forward, peering into the cup.

"Oh, bloody Hell!" she exclaimed in a whisper. Her anxious gaze flickered around the cafe, hoping that nobody was nearby enough to hear. There was no one, so she turned her attention back to the slimy, big, greenish brown frog sitting in her cup and staring with beady black eyes, at her, it seemed. His rubbery skin glistened as though a dog had licked him, leaving slobber behind. The frog croaked again and Charm quickly closed her eyes, waving

her hand over the cup, determination scrawled across her features. Praying that it would work this time, she opened her eyes and peeked into the cup. The frog stared back at her and croaked, only this time, he was accompanied by yet another identical frog who mimicked his croak and flicked out his slimy tongue against the side of the cup. Charm felt a lump of disgust build up in her throat and leaned back. What was she doing wrong and what was she going to do now? Attempting magic again was out of the question. There was no telling how many frogs she'd end up with next. Wrinkling her nose, she gazed at them again. She'd always hated frogs - disgusting, vile little critters.



She sighed and tapped her fingers against the table. Glancing around quickly to be certain that no one was looking, she gave one flick of her wrist, knocking over the cup. It fell to the cement and the shattered pieces scattered across the ground. The frogs sat in the middle of the mess, croaked once and began to leisurely hop away just as a waiter rushed over, armed with a broom and a dustpan.

Charm sighed with relief and resisted the urge to giggle as one of the frogs hopped into a lady's large black purse a few tables away. "I am so sorry," she said to the waiter, who shrugged and gave her a winsome smile.

Charm looked up and her twinkling eyes met with those of the dark-haired man. She was suddenly filled with a sinister sense of foreboding as the man flashed her a knowing grin. She couldn't help the shy little smile that escaped onto her lips and she quickly averted her eyes. In the distance, the sound of the clock chiming drew her attention. The bells rang eight times and she began to gather her things, deciding she might as well venture home.

Standing up, she smoothed her long white sun dress, flicked

her hair over her shoulder and left the cafe. The street was enshrouded in shadows, but the street lamps cast pools of yellow light along the sides. It was that serene time of enchanting twilight when the sky held a certain charm, a swirl of purple and blue, little wisps of pale grey clouds still visible and twinkling stars beginning to peek through, dotted haphazardly.

Charm breathed in deeply the fresh summer scent, present even in the midst of urban life, at least on the outskirts of the city she'd always called home. It seemed as though it would be a pleasant walk home. At least that was until she heard softly tread footsteps behind her. Fear slammed into the pit of her stomach, coursing through

her veins and she began to walk faster, almost breaking into a run. Run she finally did when she turned the corner and the threat of tripping over flowerbeds and planters and running into trees had been left behind. Side streets were never so charmingly decorated.

Daring to glance over her shoulder, overcome by curiosity, she saw the man from the cafe. Oh good Lord, was he truly her father's murderer? And if so, what did he want with her? He was

quickly gaining on her and she turned down a little alley between two brick buildings. Charm resisted the urge to wail. It was a dead end! Breathing heavily, she whirled around to face the man who stopped a few feet from her. Trying to catch his breath, he leaned forward, his hands on his knees. Looking up, his dark eyes pleaded with her.

"Sweet lady..." he began, then stopped for a breath. Indication of his innocence was plainly portrayed within his moves, his eyes, and his tone. But the fear had long since boiled, heated by the constant memory of brutal murder and it had boiled over, frothing over any rational thought Charm might have. Charm's thoughts raced wildly. Her only option now was her unreliable magic - God above knew how hopeless that was. But she had to try. Closing her eyes, she waved her hand, fingers curled.

"No..." but the word was instantly cut off, replaced by a loud, screeching sound. Charm's eyes snapped open and she sighed with relief. And then, she felt a little tug on the edge of her skirt. Glancing down, she glanced at her feet and, sitting before her was a little brown monkey, his little hand

holding the hem of her skirt and staring up at her. His eyes were the eyes of the man and he opened his mouth, but only emitted a scratchy screeching noise.

"Oh, no!" Charm moaned. Turning the man into a monkey was certainly not what she had intended. She had failed miserably with her freezing spell. Well, she concluded, there wasn't anything she could do to help the man, and besides, he was a murderer, at least, she assumed he was. Now that she really thought about he didn't seem very sinister at all.

She was debating whether or not she ought to simply leave him there and the morality behind either choice when there was a loud crackling noise. Surprised, she glanced down, but instead of finding the monkey and his soulful brown eyes, she found herself staring at a rather scuffed pair of black shoes. The first urge she felt was to run, but a hand grasped her upper arm. "Please, don't run away, I know what you are and I can help you!" a deep voice pleaded.

Charm glanced up, facing the man from the cafe. "W-what do you mean you know what I am?" she demanded.

"Because I have powers too," he replied. "How do you think I changed myself back after that terrible display of your magic?" Charm frowned, her eyes flashing. "I thought you said you could help, but if all you're going to do is stand there and insult me then I

The man chuckled softly and she glared at him. "I'm sorry," he replied solemnly. "Truly, I am. But I know about your father and I can help you find his murderer. In fact, I need your help."

don't need your kind of help."

Charm glanced at him suspiciously. "I don't understand." "Your father's murderer is a witch named Drew," the man explained. "I know this because many others have fallen prey to her vicious devices. She has a stone in her possession, the Stone of Inthrae. Have you heard of it?"

Charm shook her head.

"It's a small red stone that allows her to transfer the powers of others into herself. That is why she is killing. She wants to be all powerful. Your father was one of the most knowledgeable wizards, you must have inherited the majority of his powers. I can help you to develop your powers, teach you to use them and together we can defeat Drew and possibly bring back some of the others." "How do I know I can trust you?" Charm asked.

"Because at this point, with witches and wizards around the world dropping like dead flies, you don't have much choice."

Charm stared into his eyes and the gleam within them convinced her.

" All right," she conceded. "
I'll help you."
to be continued.....

### Ook TRYOUTS



MIKE McGuire

as of press date, September 5, 2002.

#### **Badminton**

Head Coach: Jordan Richey Office: S-105 Work: 471-8810 Home: 441-3686 Cell: 919-6105

The team is comprised of 5 females and 5 males. There are 8 Jimmie Condon Scholarships available (\$1800.00 each)

Tryouts begin September 9 at 5pm in the NAIT gymnasium.

Sept. 9 4:30-6:30pm Sept. 10 4:30-6:30pm Sept. 11 4:30-6:30pm Sept. 12 9:30-11pm

Sept. 15 5-7pm Women's Basketball

Head Coach: Fabio Marcucci Office: 471-8810 Tryout Dates: Sept.6 6:00am-8:00

#### Swimming

Head Coach: Jeff Riddle Office: 471-7605



All listed tryouts are current The Swim team will be having their organizational meeting in room S-113 Monday, September 16th at 5:15pm.

Tryouts Dates:

"Open Swims" occur at the pool Sept 18th and 20th from 6:30 -7:45am. Season starts on the 23rd of September, with workouts running 6:15am - 7:45am Monday, Wednesday, and Friday.

#### Women's Hockey

Head Coach: Jim Newman Office: 471-8810 Sept. 9: 7:00 pm - 8:30 p.m. Sept. 10: 7:00 pm - 8:30 p.m. Sept. 11: 7:00 pm - 8:30 p.m. Sept. 12:: 7:00 pm - 8:30 p.m.

#### **Cross Country Running**

Head Coach: Don Shalanski Office: 471-7579 Organizational Meeting: Sept 10th at 5:00 p.m. in S113 Training Run: Sept 9th Fun Race: Sept. 11th at Hawrelak

Those interested in trying out for other sports can check with Coaches listed on pages 54 and 55 of their student handbooks.

### **NAIT Cross** Country Running Club

#### DON Shalanski

With a new fall term comes another chance to workout with the NAIT X-Country Running Club. This is a mixed student and staff running club. The NAIT X-Country team will be made up of students from this club.

Runners of all levels are welcome. The emphasis is on getting some exercise and enjoying the support of running in a group. In addition, those who wish can test themselves in competition against the other colleges in Alberta.

We meet twice each week: Workouts will be Mondays at 4:45 p.m. for group runs in the river valley and Wednesdays at 5:30 p.m. to run in the weekly river valley fun races. Runs are generally 7 or 8 kms.

There are many benefits. You join the Ooks Athletics Association and get a neat Athletics T-shirt. You get some exercise, you get out into Edmonton's great river valley and you get to associate with some really great people.

Come to the organizational meeting Tuesday Sept 10th at 5:00 p.m. in S113. Our first training run will be Monday Sept 9th and the first fun race will be Wed. Sept. 11th at Hawrelak Park.

If you would like further information or can't make it to the above meeting then call Don at 434-9136 (email dshalanski@hotmail.com). You can also call Connie at 471-7888 or see her in room A167. See you at the kickoff meeting on Tuesday. Come on out.

# From rINgSIDE



MIKE **McGuire** 

Hot off the heels of now NAIT Alumni Shane Turgeon's "The Ringpost," comes the newest column to cover the wonderful world of professional wrestling. What a difference a summer makes. Here are all the answers to the questions that are being asked.

#### What happened to Bret Hart? Is he paralysed?

Towards the end of July, Bret suffered a stroke due to a blood clot in the right side of his brain. Doctors confirmed that the clot was the result of impact from Bret hitting his head on the ground after he fell off his bike. He wasn't wearing a helmet.

Bret was paralysed through the left side of his body following the stroke, but recently it was announced that he is expected to make a one-hundred percent recovery in about a year. Optimistic about his future, Bret will never forget the reason for this year of hell, "I'll get the biggest (bike helmet) I can. I'll look like Gazoo in the Flintstones."

#### What's with the 'E' in WWE?

What diabolical force can bring a billion dollar corporation to it's knees? Apparently, a panda bear. The short story is this. For years, then World Wrestling Federation (WWF) was being sued for the global advertising rights to the initials by the World Wildlife Fund (WWF). Rather than continue a litigation, WWF (The Wrestlers) chose to concede to the ruling of a UK Judge and began a new promotions campaign: "World Wrestling Entertainment - Get The "F" Out!". Showing that they are true sports, the remaining WWF is now complaining that renaming a classic wrestling promotion and obliterating years of tradition just wasn't enough. I like pandas as much as the next guy, but enough is enough.

#### **Did Stone Cold Steve** Austin really beat his wife Debra?

According to the State of Texas Prosecution, yes. It was reported over the summer that Steve Austin (Steve Williams in real life) walked out on WWE just hours before a live broadcast that was written to focus around him. While many speculate that his departure was at the urging of his

wife, WWE Diva Debra, the only statement given by WWE was that his departure was the result of "creative differences."

About a week later, it was reported that Debra Williams called the police saying that her

husband "hit" her. After she refused to press charges, the State stepped in and issued a warrant for his arrest. The day after the warrant was issued, Stone Cold turned him self in and is free on a \$5,000 bond. To add to what could be the next pro-wrestling tragedy, Steve filed for divorce from Debra two weeks ago. More on this as details come available.

To protect the name of Stone Cold, and all of its subsidiary rights, WWE has NOT fired Austin. He has been taken off of all active ros-

ters, but keeping him under limited contract prevents Austin from working for any other promotion.

How many Ultimate Warriors have there been?

This isn't from the past summer, although Warrior did make some news while blasting WWE through his own website. I get asked this all the time. The answer is this:

One. There has only ever

Bret will

never forget

the reason for

this year of

hell, "I'll get

the biggest

(bike helmet)

I can. I'll look

like Gazoo

in the

Flintstones."

BEEN one. Jim Hellwig started his solo career as the Dingo Warrior years ago, and was graced with the name "Ultimate Warrior" when he entered then WWF. While he did use steroids, he never died from an overdose. Over the years, Hellwig (now legally changed to Warrior), has been outspoken in his bitterness towards the wrestling industry. Even more interesting, he continues preaching his own faith titled "Destrucity."

Well folks, I hope this has helped clear up some of the happenings this past summer. Your questions and comments always welcomed mikenait@shaw.ca.





### SPORTS



### Something For Everybody Ooks' Futures Bright in



MIKE McGuire

Looking for a way to get involved and keep active during your tenure at NAIT? Looking for an exciting and unique way to get in shape? Want to play for a team without worrying about competitive training? NAIT Athletics has multiple options at either low or no cost for you.

#### Intramurals:

Intramurals are one of the best ways to get involved and meet new friends through playing on teams. To play, you must register your teams

#### Ice Hockey

Deadline to sign up is Wed. Sept. 11th - games will start the week of Sept. 16-20

#### Flag Football

Deadline to sign up is Tues. Sept. 10th - games will start the week of Sept. 16-20

#### Indoor Soccer

Deadline to sign up is Fri. Sept.13th - games will start the week of Sept. 16-20

#### Co-ed Basketball

Deadline to sign up is Fri. Oct. 4th - games will start the week of Oct. 7-11

#### Co-ed Volleyball

Deadline to sign up is Fri. Nov. 8th - games will start the week of Nov. 11-15

All soccer, basketball and volleyball games will be played on Tuesdays from 5-8pm in the NAIT Gym.

Flag Football and Ice Hockey games will be played throughout the week. If you would like to register, you can sign up as a team at the Sports Equipment Centre (E026) before the deadline, or you can contact Trever Turner at 491-3010 to enter as an individual and be put on a team.

#### Personal Trainers:

Walking up to someone in the gym and asking for advice is always an unnerving experience, so why not talk to someone who knows exactly what to do in the gym to get desired results. Whether looking to shed some pounds or crank up your cardio, NAIT Personal Trainers offer specialized programs for any persons' fitness needs.

#### Classos/Group Fitness:

The newest and most innovative courses in personal fitness are also at your disposal. For a small user fee, NAIT offers the following group activities and classes.

- Pilate
- Cardio Sculpt
- ABSolutely Solid
- Weight Training
- Golf
- Swim Improvement
- Leg O Mania
- Power Yoga
- Karate
- Aquafit
- Curling
- Learn to Swim
- ABC Challenge
- Foster Box
- Deep Water Workout
- Triathalon Swim Training

Still see nothing that interests you? Campus Sport and Wellness also offers custom Recreation and Sport classes. Detailed brochures for all activities and programs are now available at the Student Services Office (Room E134), or you can call 471-7713 for informa-

# Ooks' Futures Bright in More Ways Than One



MIKE McGuire

If you are wanting to play for the Ooks but are afraid that it may interfere with your schoolwork, this little tidbit may make you think twice. In addition to numerous National and Provincial titles last year, NAIT student-athletes also distinguished themselves in the classroom by once again leading the conference in Academic excellence, placing 38 athletes on the Dean's Honour List.

NAIT Athletics Director Greg Meropoulis reminds players that there are academic incentives for NAIT Student-Athletes. "Because we ask such commitment of our athletes, we are prepared to reward them for their efforts. Basketball, Volleyball, Badminton, Hockey, and Soccer players can qualify for Jimmie Condon Scholarships of \$1,800 a year. Ook Swimmers and Curlers each qualify for their own scholarships. There are countless ways a student can benefit from becoming an Ook."

NAIT student-athletes
...distinguished themselves in the classroom
by once again leading the
conference in
Academic excellence,
placing 38 athletes on the
Dean's Honour List.

Meropoulis adds, "Playing at the intercollegiate level opens the door for some advantages for graduates entering the workforce. As an Ook, students learn the value of being a team player, as well as develop character that can carry them into their careers."

STUDENTS STARTING IN SEPTEMBER...
YOUR OPT OUT AND FAMILY ADD-ON
DEADLINE FOR HEALTH AND DENTAL IS

**SEPTEMBER 27,2002** 

STUDENT HEALTH PLAN OFFICE

RM. E-133
MAIN CAMPUS
HOURS: 9:00 A.M. - 4:00 P.M.



YOU WILL NEED TO PROVIDE PROOF OF EXISTING COVERAGE, EXCLUDING ALBERTA HEALTH CARE.

FAILURE TO COMPLETE ALL NECESSARY PAPERWORK BY 4:00 SEPT. 27, 2002 WILL RESULT IN MANDATORY ENROLLMENT IN THE PLAN.



WANTED

INTERCOLLEGIATE

#### **MINOR OFFICIALS**

We are looking for Minor Officials intercollegiate games (Volleyball, Basketball and Hockey) throughout the 2002/03 season.

- Scorekeepers
- Linespeople
- Ticket takers
  Goal judges
- e Goar e Etc.
  - \*Must be available evenings & weekends\*

WE PAY \$\$\$\$ for your time.

If you are interested, contact Marc Dobell @ 471-7606 for more info or drop off a resume at S-105LA.

\*\*Experience an asset



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(Across the street from the Annex)



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### HERIAINME





#### STACEY Laing

Molson sure knows how to throw a party. On Wednesday the 28th of August, I attended a regional Molson House Party held at the Rum Jungle in West Edmonton Mall. There were seven regional Molson House Parties

... the atmosphere was one of a large house party, with a great host that provided both food and drink.

held throughout Canada and one person from each of these parties won a ticket for four people to attend the Molson House Party in the Rockies, which was the grand

Rum Jungle was a win to get in event and all of those who attended looked like they had a rockin time. The prize included the Finger Eleven concert at the Rum Jungle as well as drinks. The doors opened at 8 p.m. and I got there just before 10 p.m. and the party was well in hand. Shortly after 10 p.m. Finger Eleven took the stage, and they rocked Edmonton! Rum Jungle was a perfect venue due to its layout. It has four different levels, including a balcony. These levels gave everybody a spectacular view of the band and Finger Eleven in return gave an excellent performance. They had a ton of energy that was transcribed down into the crowd. They played for over an hour and ended the show with an encore belting out "First Time" a fantastic way to end the show.

There was a small mosh pit directly in front of the stage that surprisingly did not get out of hand. The event was really well organized; the atmosphere was one of a large house party, with a



Finger Eleven live on stage.

great host that provided both food and drink. Molson gave everyone five free drinks of either Molson Canadian or Molson Canadian Light, and provided free Panago pizza for everyone, so we could stifle those munchies at the end of the evening. There was a very diverse crowd and everyone was very friendly. I felt as if I was at a friend's party, as it was a very intimate show. After Finger Eleven

played some Molson representatives were throwing t-shirts into the crowd and they then drew five names to determine who would be the lucky one attending the next house party. The other four received cds.

Overall, the night ended too soon, for I had a great time. One thing that I would really like to mention is that at the end of the night Molson offered free taxi

vouchers for anyone who was unable to drive home. I think that this offer was very responsible of Molson who by that gesture wants everyone to have a good time, and this includes not drinking and

Next time that there is another event that you can enter to win, I would take that opportunity based on this experience.

### Saints and Sinners Welcome.

#### Introducing Heaven & Hell Fridays at the Armoury.

Edmonton's leading dance club is transformed into the nicest and naughtiest afterlife atmospheres every Friday night. Angels chilling upstairs, devil debauchery downstairs. Specially created drinks, the best music mix in all eternity and soul-satisfying dancing round off this exceptional, unforgettable exceptional



Praise Heaven. Raise Hell.

Heaven+Hell FRIDAYS



### ENTERTAINMENT



### "E" lympia: 2002 & Beyond

### Summer 2002 Review



SHARMZ

Your thinking, shit what happened to my main man Marlon? And who is this brown boy speaking on thangs for "E"lympia? To answer your question, Marlon graduated from NAIT, congratulations homeboy! And he wanted me, Sharmz, to continue this article for the upcoming year for ya'll readers out there.

So the summer has wrapped up and we all back at school, so what can u say happened in the urban music scene in or own city? Well enough to keep you interested the whole time you read this skizzle.

Locally, we made some strides this summer, by a few artists

"Intatwined", "You another me", released Black Prince of Africa. Tuff House Records emcee, Reason, dropped his solo album, Letters on Paper, this summer. Letters on Paper was the second album released by Tuff House. Many thought the album was quite lyrical, seeing Reason speaking on many controversial issues in Alberta, such as Health Care. The album was sold in every possible way from the Fringe to Klondike Days. And watch out for a cross Canada tour from Tuff House. The last local album released in the summer was Darkson Tribes, Darkson Rising. This album would have to be the most anticipated in the local scene here in "E"lympia. Of course the Tribe put together their CD in much fashion along with a phat CD Release party at Reds which featured live per-

releasing solo efforts. Holy Ghost, "Intatwined", "You another me", released Black Prince of Africa.

Tuff House Records emcee, details on how to cop the album.

Still on the "E"lympia tip, local rap group, Politic Live always makes noise in "E"lympia every summer, but this summer

It seems Politic
Live are on the
verge of blowing
up, and it only gets
better for them cuz
there first full
length album is
rumored to be
released by late
2003.

they changed up da game by conducting thangs in British Columbia and Manitoba. Hittin up spots in Vernon, Kelowna, and Winnipeg the local group seems to be making enough noise round the Canada. It seems Politic Live are on the verge of blowing up, and it only gets better for them cuz their first full length album is rumored to be released by late 2003.

Summer 2002 also saw heavy hit makers coming to our city and ripping up the stage. Bad Boys own, 112 came to Reds early this summer being backed up by local acts Politic Live and War Party. The show was a definite success, selling out for a capacity filled crowd. Juno recipient, Glenn Lewis came through to Edmonton on August 28th, at the Joint nightclub. The Joint was also hosts to international hit maker, Shaggy. Rap act, 2-Live Crew,

came through to "E"lympia and performed at Cowboys.

Its amazing that in four short months so much can happen in a small city such as Edmonton. As you can see our Urban Music scene is growing on many levels. 10 years ago would you have?????.......

- Heard of 3 local albums being released in one summer?
- Been able to watch a urban hit maker come through our city?
- Believed local acts would be touring across Canada?

There's a lot of room for improvement, and I mean a lot, but "E"lympia is making huge strides and it only gets better from here. But for now, it's back to school and back to the same old routine. But I guarantee this summer set a standard for this year and for years to come. HOLLA!!!!!!!





### ENTERTAINMENT



### THAT'S AROMA!

#### **STACEY Laing**

That's Aroma restaurant and bar is a treat that has been in Edmonton longer than I can remember. It is situated at 11010-101 street and reservations are always a good idea, (780) 425-7335. This restaurant offers fantastic food at fantastic prices! This is one of my favorite restaurants and I visit it frequently. There is lots of parking available both on the street and there is a parking lot next door.

Any day of the week this restaurant is a treat; however, Mondays you'll receive extra value for it's half price pasta night. The pasta is served on what some may consider a platter. The food is rich and tasty and there is always enough, in fact I always have lunch for the following day. One starts off with a complimentary serving of focaccia bread with oven-roasted garlic that spreads like butter. Then you can order

one of many different appetizers or move directly to dinner. They have about ten different pasta dishes ranging from pasta with meat sauce to pasta with a white sauce full of an assortment of seafood and numerous baked pastas as well. I love the seafood capellini and find it difficult to try anything else. It also has a good selection of Italian meals and the price ranges anywhere from \$8 to \$20. A unique dish to try for dessert is the garlic ice cream

served with strawberries. It is a treat that I don't think one could find easily anywhere else.

The atmosphere is very festive with dark purple and yellow walls and lots of wrought iron throughout. There is an assortment of garlic hanging around the restaurant and they sell garlic oil and other garlic goodies as well. That's Aroma treats you like royalty on your birthday giving you an opportunity to wear a garlic crown, and this is documented with a picture in a card.

It's easy to see why That's Aroma has been around for so long, the food and service is always excellent and there is great value for your dollar. If you are in the mood for an abundance of rich, tasty food I would highly recommend That's Aroma!



### HORRORSCOPES

#### Capricorn

December 22- January 20 Festivities will be right up your alley tonight. Visit the beer gardens this evening and experience port-a-potty lovin' with the people you love.

#### Aquarius

January 21- February 18
Back to school nervousness will
leave you sweating. Take a dip in
the pool and synchronize yourself.

#### Pisces

February 19- March 20 Your instincts will be strong this week. Listen to the voice inside your head and pack your lunch.

#### Aries

March 21- April 19 School will throw you an unexpected twist. Be prepared and have your assignment done in time.

#### **Taurus**

April 20- May 20

A close friend from far away will call you this week. Be prepared to accept an unusually high phone bill.

#### Gemini

May 21- June 20
Use your free time wisely this weekend. You may be using up all of your resources on wants, not needs.

#### Cancer

June 21- July 22 Keep your remarks to yourself this weekend. Any snappish comments could leave you seeing red.

#### len

July 23- August 22

Your stubborness this week will leave you frustrated. Avoid long lineups and purchase your text-books next week.

#### Virgo

August 23- September 22 Your wallet will be empty by week's end. Do not hesitate to call home as soon as possible for some extra food money.

#### Libra

September 23- October 22
Do not make any quick decisions this weekend. The semester has just started and problems could arise.

#### Scorpio

October 23- December 21
Do not listen to those around you.
You are old enough to make decisions for yourself.

#### Sagittarius

November 22- December 21 Treat your partner to a night on the town. They do everything for you, so treat them right.

#### If Today is your Birthday

Celebrate your birthday with a trip to the beer gardens. There you will find more than enough hotties to pick up the tab.





\*Must be available evenings & weekends\*

WE PAY \$\$\$\$ for your time.

If you are interested, contact Marc Dobell @ 471-7606 for more info or drop off a resume at S-105LA.

\*\*Experience preferred, but not essential\*\*







# PRECOKFEST Tailgate Party

FRIDAY, SEPTEMBER 6TH

before the

# BATTLE OF ALBERTA ESKS VS. STAMPS

at the NAIT Soccer Field. Gates 3:00 pm. Buses to game 6:30 pm. Tickets: \$15 (incl. Pre-party, ticket to football game, bus ride to and from game, after game pub crawl. NOTE: You don't need a ticket to attend the Tailgate Party. (Tickets at NAITSA Office (E-131)



The NAIT Students' Association & Labatt Alberta Breweries are proud to present

The



### TUITION GIVEAWAY

#### Rules:

- 1. You must be in a Full-time program at NAIT.
- 2. You must have a valid NAIT I.D. which expires in April 2003 with you at
- 3. You must be 18 years of age to enter.
- 4. You must fill out an entry from the NAITSA Handbook and drop off your entry to the Big Red Bin at Ookfest on September 14th with Default.
- 5. You must be there to win.

Some lucky **OOKFEST** goer will WIN their TUITION

for a year.



FOR ALL EVENT INFORMATION GO TO www.ookfest.com



Vancouver Jetaway at Ookfest

One lucky NAIT student will be flying to Vancouver with a guest. Make sure to enter at the Travel CUTS booth at OOK FEST. You must be a student, 18 years or older, and be at OOKFEST on September 14.





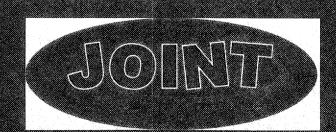
### GAS GIVEAWAY

One lucky NAIT student will win \$250 in

You must be a student, 18 years or older, and be at OOKFEST on September 14.

# 







ON SEPTEMBER 5, 6 & 14TH AFTER THE OOKFEST ACTIVITIES



### EVIERIAINMENI





Drop your Grapevines off at E128 or email them to naitnugget@hotmail.com. All entries must include your student I.D.# and full name. Your anonymity is guaranteed.

To: the D.A. tech. selection committee,

Compared to last year, the eye candy on the second level of the "F" wing has gotten pretty damn tasty. Our greatest Thanx and Appreciation.

From: Some of the guys in 2<sup>nd</sup> year Denturist Tech.

For all those women that think they know their pant size, try going up a couple sizes because I am sick of seeing your belly hang out. From MAB (Man Against Bellies)

Salaam: To all the Muslim students, we are arranging a room for prayer. For more information please call Basil Qasqas at 717-8835 or 475-0057 (home).

Please note, for your grapevine to be published the Nugget needs your FULL NAME and STUDENT ID number. Your name will remain anonymous if you would like.

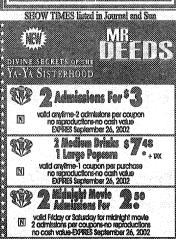
Hey, VP Communications! I think you're hot! Love, Troy.

For any girls interested, I just bought a king size bed. To try it out, look for the guy with shacklemarks and a big smile! - Big J.

HELP! I'm locked in an HP centre closet! Classes could start here anytime now! - S.O.S.

FREE COURSE: 101 Ways to Annoy Your Roommate. Call 1-800-SUKS2BU. Guaranteed results or your money back!





For Sale: One copy of the E-Learning Video, \$50. Only cost \$900,000 to produce.

To Techno-Chick who sits beside me: please turn your cell phone off during class... or adjust ring to vibrate and share the wealth. Signed, Horny Devil.

To project planners of HP Centre: Thanks for keeping it on-schedule and within budget. It may not be functional, but at least it's pretty...

To all the smokers at NAIT, could you please have the common courtesy to smoke at least 5 feet from the door. I have chose not to smoke, so please take yours elsewhere. From someone who wants to live.

MMMMM..... Will the hot culinary arts chef, the tall, tanned one with glasses, meet me at the Annex tonight for a beer? My treat. I'll be the only one dressed in the chef outfit, that is if you take off yours.

WARNING: For crazy NAIT drivers, if you approach me too close while I'm crossing the street, while you are running a red light, I have a large key chain that will scratch your paint to hell. From: Scared to leave home

I would like to congratulate the students of NAIT who still cannot read. Residential parking near NAIT is a 2 hour limit. And yes, your car will be ticketed and/or towed.

To those who use the elevators in the tower. You better be getting of on the 4th floor or higher, I think that most of us can walk up at LEAST 2 flights of stairs. If you can't NAIT has wonderful personal trainers who can help you achieve your fitness goals.

To my little love bug, I love you with all my heart.....
Schnookems.

If there are any new girls in town going to the Nest for entertainment tonight, let me welcome you to school. Meet me at the pool tables for a round of everything.

This grapevine is for everyone at NAIT, lets go to Ookfest next weekend and party with Default and the Bud Big Rig! MMMM...... Budweiser Girls.

Keep reading the Nugget for your chance to WIN! Next week there will be a trivia contest where you could win passes to an advance screening of one of the fall's hottest movies!

To all my girls from BUS section 23/24/25 (whatever it was) last year, give me a shout, you know where to find me. I will make you all dinner again!!

#### Classifieds

Shared Accomodation for M/F. Clean and quiet, recently renoovated large 2-storey house at 11625-125 street. One bedroom available, with private bathroom. Share large kitchen, dining area and living room. Deck and BBQ. Only 2.5 km from NAIT. \$385 including power, utilities and phone. Call Carolyn at 987-2629 to view

PARKING AVAILABLE. Close to NAIT. 2 minute walk. Phone 477-0191, ask for Sherry.

NAIT Counselling promotes STU-DENT SUCCESS. Improve your study skills! Reduce stress! Make the most of YOU! Graduate!

NAIT Counselling offers Individual Counselling (academic, career, personal), Student Success Seminars, Peer Tutoring, and Services to Students with Disabilities.

Counselling and SSD services are located in Room O-117 in the South Lobby (main campus), or you can reach our office via phone at 471-8921 and via TTY at 474-5883.

Needed Female, Studious, Quiet Student To Share Apartment Near NAIT Main Campus. 2 Blocks From NAIT. (Utilities Included, Free Parking, Pay for Telephone) Call Jennifer at (780) 763-2417

FOR SALE: One chesterfield sofa and matching chair: \$50. Two older but working microwave ovens: \$25 each. Contact Don Welch, W309 HP-CIT, dwelch@nait.ab.ca, 378-5334.

ATTENTION STUDENTS! Earn \$15 per hour. Training provided. Flexible PT/FT. No exp. necessary. Scholarships offered. Fun work environment. Call now 436-9444.

www.workforstudents.com/ab



#### BE A PART OF THE ACTION! Dominion Sportservice, the food

pominion Sportservice, the food service company for Skyreach Centre, is now recruiting outgoing enthusiastic employees for the upcoming hockey season.

MOST POSITIONS STARTING
AT \$7.50/HOUR!

All positions are part-time evenings for NHL hockey, concerts, ice shows and rodeo. If you are a dynamic, cheerful, mature individual looking to enhance the existing food service team, call now to book an interview!

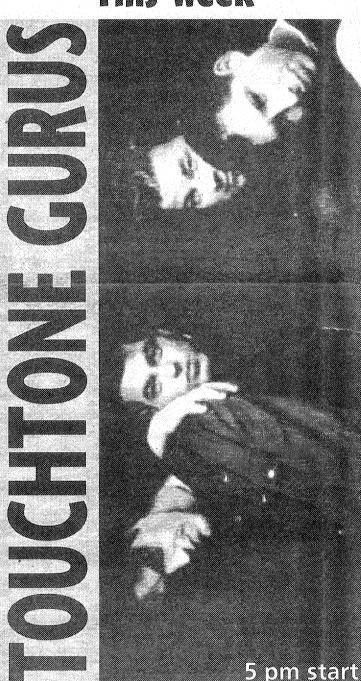
471-8111

ALL POSITIONS AVAILABLE!!
BECOME PART OF A WINNING TEAM!

### Indie Thursday at The Nest

Come see the Best in Up & Coming Music Acts from across the country.

This Week



#### **Special Olympics Edmonton**

is a non-profit organization which operates 24 programs for athletes with mental disabilities. One of the programs offered is Aquatics, which takes place in the NAIT Pool. The Competition group practices on Mondays from 7:00 to 8:30 and there are 2 Intermediate groups which practice at the same time. The Beginner group practices Wednesdays from 7:00 to 8:00.

Volunteers are required to assist the athletes in practices. Coaching experience is an asset, but not necessary. The ability to swim is necessary. Working with our athletes is fun and rewarding, some come and have some fun. To register, please phone Louise at 448-1886, or email edmspeco@eon.net.

The NAIT Students' Association, 100.3 The Bear, NAIT Alumni Relations, Bank of Montreal, Edmonton Nightclub Group, & Kokanee are proud to present...





## 

JOHN FORD - RAKE - SONIC BLOOM - LOST ACTION HEROES - DEEP FINE GRIND **SATURDAY, SEPTEMBER 14, 2002 - DOORS 5 PM**NAIT SOCCER FIELD - NO MINORS
TICKETS \$20 ADVANCE \$25 DAY OF SHOW

TICKETS AVAILABLE AT THE NAITSA OFFICE (RM E131), THE NEST, ALL TICKETMASTER LOCATIONS, CHARGE BY PHONE 780-451-8000, OR ONLINE AT www.ticketmaster.ca (Ticket agency fee in effect) PROCEEDS GO TOWARDS THE NAIT SHINERAMA CYSTIC FIBROSIS CAMPAIGN

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