

# THE NUGGET

Thursday, April 10, 2003  
Volume 40, Issue 26

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

## The Year's Best

*Bolton, Ainsworth Shine as NAIT Awards Athletic Best*



MIKE  
McGuire

It was quite possibly one of the best shows on campus this year. The 39th Annual NAIT Athletics Awards were held April 4th to showcase the absolute finest this year's Ooks had to offer.

Talk about a year. National championships, national medalists, record breakers, and some of the best coaches and athletes Alberta ever lay claim to, all flying under the Ouk banner.

The event kicked off with an amazing video put together by NAIT's D3 Team. Set to Slim Shady's "Lose Yourself", the video was so well done that it even inspired M.C. and new NAIT even-bigger-wig Al Morrison to "send a shout out to all his peeps".

**NAIT broke its initial record of 39 honor athletes this year, awarding 40 individuals for maintaining above-eighty percent averages while participating in inter-collegiate athletics.**

Ah... nothing like that old-school (and I mean OLD school) lingo to start off a night. Just kidding Al.

Each team presented awards to their best players. Besides the hardware and trophies that were handed out, the all-conference and academic awards honored were



photo by: Mike McGuire

**Mixed Badminton's Pam Bolton holds her well-earned Female Athlete of the Year Award**

also a testament to the kind of athletes we have here at NAIT.

Big winners of the night were Men's Hockey's Jeff Ainsworth and Badminton's Pam Bolton, each winning their respective male and female Athlete of the Year Awards.

Athletics coordinator Gregg Meropoulos says that with this year's successes should send a strong message to the competition. "You better get busy... start recruiting right now because we'll be coming after you again!" Meropoulos stresses that while the athletic competition is a prime feature here at NAIT, the real success is measured by how far the students make it. "It's not really the wins and losses. We would consider the season a success if we have a large number of academic athletic award winners".

For the record, NAIT broke its initial record of 39 honor athletes

this year, awarding 40 individuals for maintaining above-eighty percent averages while participating in intercollegiate athletics.

Another touching moment was the renaming of the Rookie of the Year award to the "Marci Cooper Rookie of the Year Award". Marci Cooper was a long-time employee of NAIT athletics who passed away earlier in the school year. Marci's parents were on hand, and with what appeared to be tears of both pride and joy, they presented the award with their daughter's namesake to Women's Basketball's Nichole Fessler.

We have had a great year for NAIT Athletics, a year which paves the path for something phenomenal next season. It has been a pleasure for me to be even a small part of such a remarkable season for all teams.



photo by: Mike McGuire

**LOOKS GOOD: Male Athlete of the Year Jeff Ainsworth inspects the hardware.**



photo by: Mike McGuire

**Rita Cain presents outgoing NAITSA President Diana McCall with some gifts and her second consecutive Golden Torch award.**



**RESULTS INSIDE  
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# The Last Bit of Advice



TOM Ace

Since this is the last issue of the Nugget I thought that I would respond to some letters that, for one reason or another, never were printed. I would also like to thank all the readers of my column and the people who were brave enough to send me a letter, it has been fun.

**Dear Tom,**  
I masturbate with an assortment of fruits and vegetables. Is this healthy? Could it cause me problems in the long run? I just find that normal dildos don't do the trick.  
*Fruit Fancier*

**Dear Fruit Fancier,**  
There can be major problems caused by using produce as sex toys! Let's face it, some produce is just not meant for pleasuring the human boy. Just think pineapple: OUCH! Peas, mushrooms, lima beans, they just won't work. I don't see what's wrong with the occasional carrot, cucumber, or banana (although that could get messy). Just as long as the food is thoroughly washed and you don't put it back in the fridge where your unsuspecting roommate might happen to find it.

**Dear Tom,**  
How do I tell my girlfriend that she is fat without dieing?  
*Fatman*

**Dear Fatman,**  
I received this letter about six months ago and I still haven't thought of a solution. I think the US Army has fully functional, indestructible suits used to de-bomb mine fields; maybe you could get one of those. Even still, if she is really that big I wouldn't feel safe.

**Dear Tom,**  
Every time I ask a girl for her number, whether it is at a bar or at school or whatever, they always laugh in my face. How should I alleviate this problem?  
*No Numbers*

**Dear No Numbers,**  
Ask uglier girls. I believe the problem might be that you are aiming too high, in which case you must lower your standards. Instead of asking the hot girl for her number ask her less attractive friend; there will always be an

unattractive friend hanging around that's just simple physics. For every hot girl there is an equally unattractive friend, the equality varies directly on the intensity of the friendship. Maybe you could ask for their email addresses and see if that stops the laughter.

**Dear Tom,**  
I've been sexually active for around 6 years now and have had numerous boyfriends. For the most part I love sex but I have developed a hatred towards oral sex. I enjoy receiving oral sex but I hate giving it. How should I break this to my boyfriends?  
*Head Hater*

**Dear Head Hater,**  
I have broken down your dilemma into three options. Option one: Find a boyfriend that is numb from the waist down. Option two: Suck it up: okay maybe that was the wrong choice of words. What I am meaning to say is that not all people enjoy giving oral sex but they perform it anyway to make their partner happy, sad but true. Your third and final option would be to avoid the oral sex completely and just skip straight to the intercourse. Of course, most men should agree that oral feels different than just straight up sex, so you might run into problems there. Otherwise you could try a million different things, such as, putting a mint in your mouth while performing, covering his penis in chocolate syrup and sprinkles, or different oral positions. If you still find yourself hating oral sex then I guess you'll just have to find a guy who doesn't like receiving it, although that is doubtful, very very doubtful, yes, full of doubt.

**Dear Tom Ace:**  
We've noticed that all the recent letters you have recieved recently have been, can we say, mudane. So here's a question that will stir debate and test your advice dispensing abilities. Consider a hypothetical situation where a perfect clone of yourself, as you are now, was made and you found you sexually attracted to, er, yourself. Now, would this be considered homosexual behaviour or the cutting edge of masterbation? Inquiring minds need to know!  
*Raelian Debate Team*

**Dear Raelian Debate Team,**  
Oh my! This letter is so much more exciting than any I have ever received in the past! That was sarcasm, if you didn't catch on. First off let's start with the blatant disregard for any type of proof reading. There are three mistakes

in the first damn sentence! The word 'recent' is present more than it needs to be, 'i' before 'e' accept after 'c', and of course last time I checked mundane was spelled with an 'n'. But enough with the criticism (even though there are four other errors). Dictionary.com defines masturbation as an excitation of one's own or another's genital organs, usually to orgasm, by manual contact or means other than sexual intercourse. So even if someone else is playing with your fun bits it's still considered masturbation; therefore, no matter what sexual preference you or your clone has, it's still masturbation. So in a way, experimenting sexually with your clone is a cutting edge homosexual masturbatory experience.

*The Love Doctor's email account will stay active if anyone would like to send comments or remarks.  
nuggetlovedoctor@hotmail.com*

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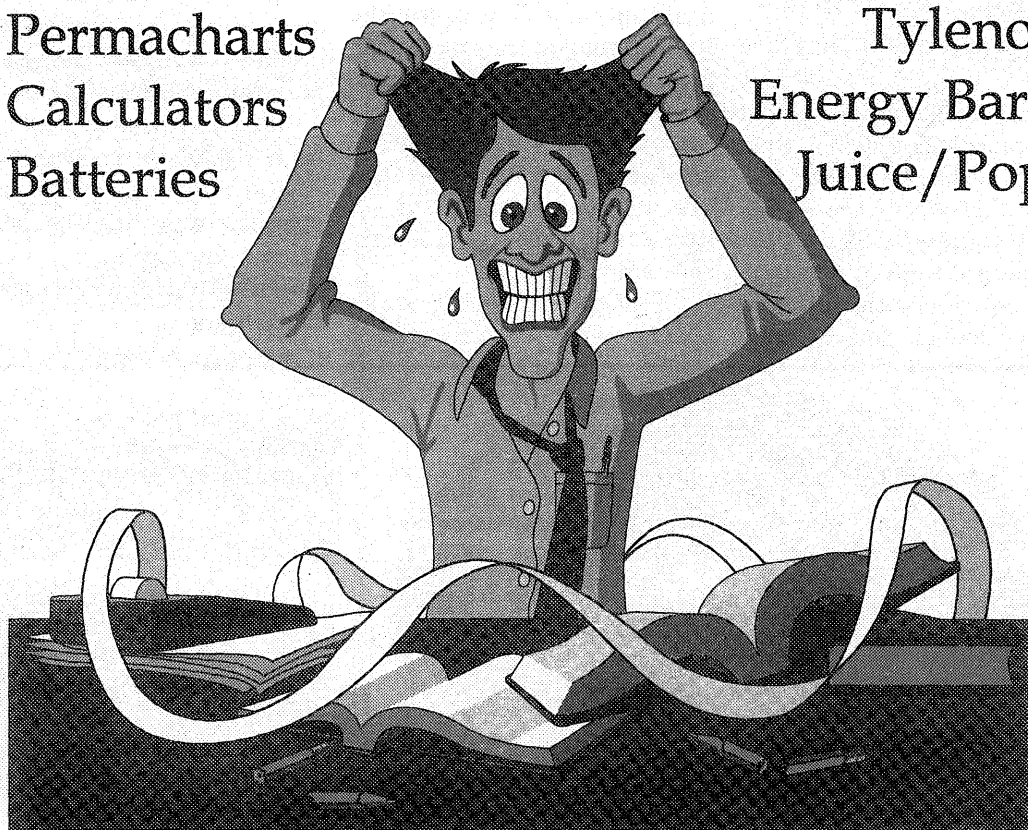
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## An Inspirational Speech




**STACEY  
Laing**

I had the opportunity to hear Cam Tait speak on Thursday night at the NAITSA awards dinner and it really moved me. He spoke about the impact that volunteers had on his life, how he wouldn't be able to move today if it were not for these people who gave up their time to help him.

When he was born he couldn't breathe for 18 minutes and because of this he never walked, speaks with difficulty, and finds it difficult to perform daily tasks. In addition, he has cerebral palsy. With all of this he is one of the most accomplished people that I have ever met and although his words

were significant his accomplishments speak much louder. He has been working at the Edmonton Journal since 1979, from 1986 to 1992 he did a radio editorial, in 1995 he was a finalist in the Search for Canada's Funniest New Comic, and now is a motivational speaker.

He will motivate you, for after listening to him speak and seeing what he went through you'll realize how great you have it and how much more you can accomplish. I urge everyone to go out and volunteer, it doesn't have to consume all of your free time. Take an hour a week and volunteer for an organization, or volunteer at the festivals that happen in the summer. There are lots of opportunities to volunteer and the time you will give up will be returned to you ten fold with the good feeling that you will receive.

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# Adio, Zai jian, Au revoir, Do pobachennya, Ciao...the list could go on and it does

## How do you say goodbye to so many?



**KIMBERLY Ashley**

The past eight months have been a blur, both at school and in The Nugget office. It has come time to say goodbye to so many people at NAIT. There are all those people that you went to class with everyday, even those people from last semester, and last year, if you are in a two year program. Don't forget your instructors and even the people you didn't go to class with. It seems so hard to let go.

For some people, like me, the next few weeks will be tough. Stepping out into the real world, looking for a job, paying back friends, family, the bank and the government is the next step in this process of graduating. It seems so far away.

What I am really trying to say is that it is going to be tough to leave. I spent my first year at NAIT hiding from everything, and this year has been quite different. I have opened my eyes to the politics at NAIT, particularly NAITSA, which has been interesting and rewarding. I have met and become friends with so many people that I will never forget, and it will be sad to no longer see them everyday.

I challenge every returning student to do something new next year that they didn't even consider last year. Go to a General Council meeting and learn all about what your money is spent on. Visit the next one Tuesday evening and get up on stage and sing. Volunteer at Shinerama and make a difference in your community. Step outside of your comfort zone and try something new. Don't be afraid of the activities, events or people at NAIT. They are just like you and

me and are there to learn, have fun and get a job when they are finished.

I encourage anyone interested in learning more about themselves and students at NAIT to get involved. You choose how. There are so many volunteer opportunities, as well as job opportunities. The Nugget is one of them. It took me awhile to realize what kind of difference something like The Nugget could make, and it was almost too late. The Nugget has been the biggest learning experience of my life, and one of the best experiences too. I have met so many great and wonderful people, tied nearly everything I learned in that business tower (marketing) into something practical, (go public relations!), but most of all I learned more about myself and who I am and where I want to go in life. Even if you are somewhat interested in doing something for the students, apply! You can always change your mind later, but this chance might not come around later.

On a more personal note, there are many people at NAIT that I would formally like to thank for their contributions, support, friendship and more. Each and every one of you has made a great contribution to the paper itself, or has made my life easier for those 26 issues, or has been a wealth of knowledge or support.

The Nugget staff has been the backbone of this entire paper since day one. Without their dedication (those that lasted) we wouldn't have had anything to put out each Thursday. You have been so much fun to work with, and will always have a place in my heart, as well at the kitchen table; you are all still invited for dinner sometime...

Jennifer Benoit has been covering the events at NAIT since day one. As the NAIT Arts and Entertainment Editor, she spent many a

night in The Nest getting the story and bringing it to you.

Stacey Laing had the best job of all. A free movie here and there, passes to the Citadel and meeting one of her favorite stars, Gordie from Big Sugar. You call that a job?

Mike McGuire was our sports guy bringing you the latest headlines such as the Men's Basketball team winning nationals, and keeping you up to date on standings and game results.

Shawna Wheatley and Kameil Williams our two photographers this year got up close and personal with many entertainment acts at Ookfest as well as The Nest.

Falon Fayant and Harmen Van Andel brought you the features section which includes short stories to nutrition.

Our faithful distribution managers, BJ Normand and Eva Pietucha brought you The Nugget each week, as well as put up posters.

Jacque Truemner, our typesetter was busy each Monday night typing all those student submissions and grapevines, and recommends disks and e-mails so that there is no typing involved.

Without these 10 great people, we wouldn't have had anything. Each has made significant contributions, and I wish each and every one of them the best in their future endeavors.

As well there are the people behind the scenes that made this job so great. Darrel Gregory took

care of the layout and production and sending off the paper for press, and Linda Campbell sold all of the advertising to make The Nugget possible.

There were also a few contributing students throughout the year, I would like to thank Craig Stanchfield and Darren Klapstein for their contributions to The Nugget. You have enlightened us all.

There are also people not directly involved in the making of The Nugget that deserve thanks. Allison Williams has been a great friend throughout my year at NAIT. She offered an ear to listen, advice and support when things got tough, and we shared so many laughs together. Al, I am going to miss you!

The office staff at NAITSA made this all possible, Chris Chelmick, Rita Cain, David Veilleux, Rose Baumgartner and Mike Anderson. Your smiling faces, ideas, suggestions, help and support was appreciated.

Last but not least, there is Jeremy Coules. Jeremy took a chance and hired me, what a mistake! I am only joking. You gave me so much freedom in the direction of The Nugget that I appreciate so much. Your support when I needed it, I am truly grateful for. I wish you the best of luck in your future, and the best to the students that will have to live under you as the President of NAITSA.

I wish the best for the sucker that replaces me next year, as well as any returning staff.

## Reader Submission

### M. Bergstra

I would like to respond to the article published in the March 27<sup>th</sup> Nugget regarding the attack on the Lebanese community. As an Anglo-Canadian I would like to voice my opinion regarding stereotypes. It is my belief that when stereotypes are made they can result in feelings of racial discrimination. This consequence is shameful. I can't imagine what it feels like to be on the receiving end of such behavior. It is my hope however that racial discrimination in this country is limited to a small number of individuals and does not reflect the feelings of the masses. It is my opinion that the root of discrimination is based on fear propagated by ignorance and lack of knowledge pertaining to the customs and cultures of other groups.

As a Canadian who has lived

abroad I feel privileged for the opportunity to have had a glimpse, of the great diversity in this world. It is my opinion that when people view other cultures as bad rather than different we run into problems of discrimination. I ask all people to think and ask questions when interpreting the cultures of others. It is necessary to resist the temptation and arrogance of assuming any culture is perfect. As an instructor at NAIT I find it very interesting to talk among the many students that have come from all corners of the globe. To me they have a wealth of knowledge and experience that has enabled me to learn much about what I can't experience, for this, I am grateful.

In closing, remember that it is ignorance and not diversity, which leaves a country weak.

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The Nugget encourages  
submissions

**THE DEADLINE IS**  
12:00 p.m. on the first  
school day of the week.

All submissions must be  
accompanied by your name &  
student ID number

The opinions contained in *The Nugget* are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

## Contributing Writers

Margaret Maureen, Tom Ace

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# Test Taking Strategies

MARGARET Marean

Look over the following tips and see if there are some pointers you can use to maximize marks on your upcoming exams.

## Use your time effectively:

- Skim the entire exam first
- Know exactly how much time is allocated for the test; budget your time and check periodically to make sure that you are on track
- Answer the questions you know best first
- If you are unable to work out a question, go on to the next one and come back to it later if time permits
- Use any extra time to review your answers. When you review them more slowly you may eliminate careless errors or find that there is a better answer
- Don't be disturbed about other students finishing before you do. Take the time you need to put in your best effort

## Stay calm during the test:

- Arrive early enough to be organized and ready instead of in a panic, but not so early that you have a lot of time to sit and worry.

Try to go into the test alert and calm instead of tense and anxious

- Don't talk about the test with classmates immediately beforehand. This usually raises anxiety levels
- Regard a lapse of memory as perfectly normal; do not let it throw you into a panic. If you block on answering one question, leave it for awhile and return to it later
- Activity reduces anxiety. If you go blank and can't think of anything to write, go on to another question or another part of the test
- Use relaxation techniques such as deep-breathing, visualization or tensing and releasing exercises before and/or during the exam
- Don't waste energy worrying, doubting yourself or wondering how others are doing. Pay attention to what you can do now

## Make sure you are answering the question:

- Make certain that you fully understand the test directions before attempting to solve problems or answer questions
- Read each question carefully

and completely before marking or writing your answer. Re-read the question if you are not totally clear on the meaning

- Try not to read more into the question than is there, or to expect trick questions
- Check to make sure you have all the questions done before you hand in your exam.
- Ask your instructor for help in interpreting a test question that is unclear or ambiguous. He will probably want to clear up the misunderstanding for everybody if the question really is confusing or misleading.

## For Problem/Formula questions:

- Write down hard-to-remember formulas, equations and rules before you actually begin working on the test problems
- Identify the type of problem to be solved
- Think about the process needed to solve the problem and outline your method
- Underline key facts and then plug them into the process
- Cross out facts once you have used them
- Do your calculations carefully
- Check to see that you have answered the question that was asked, and that you have used the correct units.
- Make sure to show all the steps in your work; you may get partial marks even if your answer

is not correct.

- Take the time to write legibly and make your corrections, if any, as neat as possible. Most instructors react subjectively to the appearance of papers to be graded, so let neatness work for you rather than against you

## For Short Answer/Essay questions:

- Read the question twice to make sure you are clear on what the examiner is asking
- Underline key words to make sure you interpret the question correctly
- Outline your answer; consider all points
- Develop each point as it refers to the answer

## For multiple choice questions:

- Anticipate answers before you look at the multiple choice selections
- Read over all of your options
- Eliminate highly implausible answers
- If you must guess, keep in mind the following tips for multiple choice exams
- Quite often lengthy or highly specific answers will be the correct choice
- Be aware of extreme words like "always", "never", "only", "must", "all", "none" and "completely". These are usually the wrong answers since there are many exceptions to rules

- Answers including the words "seldom", "generally", "most", "tend to", "usually", and "probably" are often correct

- If two answers are similar, one of them is usually correct. As well, if two answers are opposite one of them is usually correct.

## Should I change my multiple choice answers?

The popular belief that "your first hunch is your best hunch" is wrong. Research has shown that changes from wrong answers to right answers are at least equal, and probably improve your test scores. However don't change your answer unless you have a convincing reason to do so. And if you know that you have changed a lot of your initial answers to wrong answers in the past, stick with your original answer.

Remember to give yourself a pat on the back for a job well done. You have likely put in long hours and pushed yourself to the limit. Physically and mentally you will need some time to unwind and recuperate. Plan something to look forward to when finals are over.

And remember, counsellors at the Student Counselling Centre are available to help you with any academic, career or personal concerns that may be interfering with your success at NAIT. To book an appointment come to Room 0117 or phone 471-8921. Open Monday to Friday, 8:00 a.m. - 4:30 p.m.

# The Greatest Job



STACEY  
Laing

Are you coming back to school next year? I wanted to tell you about the greatest job that NAIT has to offer. It is my job, arts and entertainment editor. This is the only job that I've had where I get to go to movies, to plays, and to concerts for free in fact I get paid to go to all sorts of events. There are lots of opportunities to meet new people, especially in media and media relations. As well you'll be working with some great people on the paper. You can go to

almost anything you want just call up the venue and ask to speak with someone about reviewing a performance or show. You'll be part of NAITSA and be able to meet the students who plan the activities.

The position looks great on your resume and teachers appreciate your commitment to the school. You'll be able to experience what NAIT has to offer. I have discovered a tremendous amount about NAIT and what there is to do here. This job has so much to offer, I only wish I had more time to devote to going out. So take it from me if you want to have a load of fun next year and get paid as well apply for any position on the paper.

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## Employment Opportunity

### Special Projects Coordinator #1

This person will be responsible for the following:

- Assist in coordinating all fundraising activities for NAITSA's Shinerama campaign.
- Assist in recruiting and supervising all the volunteers for various fundraising events.
- Update and manage contact list of sponsors and locations for Shinerama
- Establish new sponsorship contacts for Shinerama and OOKFEST.
- Assist in developing sponsorship proposals for Shinerama and OOKFEST
- Assist in planning Awareness Week campaigns
- Assist in planning Welcome Week Activities
- Ordering and facilitating equipment rentals and supplies ordering for our Welcome Week Activities.
- Assist in planning and executing of the marketing plan for our Welcome Week Activities.
- Cover breaks at the front desk.

This Person must have great leadership and time management skills. We are looking for an individual who is outgoing, personal, and well organized. Computer experience with Microsoft Word, Excel, Access, PowerPoint, and the Internet is a must. Experience with Adobe Photoshop, and web design is a bonus. You must be a returning full-time student in the fall and winter semesters.

All resumes and cover letters must be submitted to the NAIT Students' Association office (Rm E131), faxed to (780) 491-3989 or e-mailed to [mikea@nait.ab.ca](mailto:mikea@nait.ab.ca) marked attention to Mike Anderson, Entertainment & Marketing Manager by April 15, 2003. Only those considered for this position will be contacted.



# Ever Heard of Topless Sandals?

*Everything you need to know*



**KIMBERLY  
Ashley**

My snowbird grandparents just got back to enjoy the spring weather here in Canada, and they always bring me back some sort of interesting flea market find, and I think that this year they have topped it off with topless sandals.

Yes, Topless sandals. All there is to them is a bottom piece that sticks to your foot, and that's it. The surface is sticky and apparently sticks to your clean, dry foot all day long. The website says that they are great for eliminating tan lines, which I can see, because they have no straps! They are perfect for those who get pedicures,

get blisters from other types of sandals, as well as those who get hot feet in the summer.

The sandals are reusable, and are guaranteed to last a year. All you do at the end of the day is wash them and allow them to dry. One site I visited said you could put them in the washing machine! You can wear these sandals with or without socks. These crazy looking sandals come in mens sizes 6 1/2 to 13 and womens sizes 4 1/2 to 10. There are hundreds of designs available, as they have a patterned top, and some companies can even customize them with your own logo. The sandals retail for under \$10 US. I can't wait to see them in Canada so I am not the only one with naked feet.

\*I have not actually tried the sandals yet as it is still too cold to wear them outside.

## Employment Opportunity

### Head of Security for NAITSA's SUDS Squad

This person will be responsible for the following:

- Hiring security guards and other event personal.
- Scheduling and managing event staff for NAITSA and Technology events.
- Maintaining the SUDS Squad web site.
- Making sure that all events are safe.
- Training event staff on proper protocol.
- Keeping the SUDS Squad manual up to date.
- Keeping moral up within the SUDS Squad.

This Person must have great leadership and time management skills. We are looking for an individual who is outgoing, personal, and well organized. Computer experience with Microsoft Word, Excel, and the Internet is a must. Experience with web design is a bonus. This is also a physically demanding position. You must be a returning full-time student in the fall and winter semesters.

All resumes and cover letters must be submitted to the NAIT Students' Association office (Rm E131), faxed to (780) 491-3989 or e-mailed to [mikea@nait.ab.ca](mailto:mikea@nait.ab.ca) marked attention to Mike Anderson, Entertainment & Marketing Manager by April 15, 2003. Only those considered for this position will be contacted.

## Employment Opportunity

### Special Projects Coordinator #2

This person will be responsible for the following:

- Assist in developing a system that will productively gather students who want to get more involved at NAIT.
- Assist in developing a system that will increase awareness to students about the volunteer center.
- Create a points system that rewards students who volunteer through the center.
- Create a database of all NAIT Volunteers
- Create a database of all internal and external organizations that require NAIT Volunteers.
- Ensure the safety of all volunteers by doing proper screenings of all organizations needing volunteers.
- Organize and schedule volunteers for NAITSA
- Market the opening of the volunteer center to organizations needing volunteers.
- Organizing and scheduling volunteers, security, cashiers, bartenders, setup and clean up crews for our Welcome Week Activities.
- Cover breaks at front desk

This Person must have great leadership and time management skills. We are looking for an individual who is outgoing, personal, and well organized. Computer experience with Microsoft Word, Excel, Access, PowerPoint, and the Internet is a must. Experience with Adobe Photoshop, and web design is a bonus. You must be a returning full-time student in the fall and winter semesters.

All resumes and cover letters must be submitted to the NAIT Students' Association office (Rm E131), faxed to (780) 491-3989 or e-mailed to [mikea@nait.ab.ca](mailto:mikea@nait.ab.ca) marked attention to Mike Anderson, Entertainment & Marketing Manager by April 15, 2003. Only those considered for this position will be contacted.

## NAIT Appreciation

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(as seen in The Nugget)

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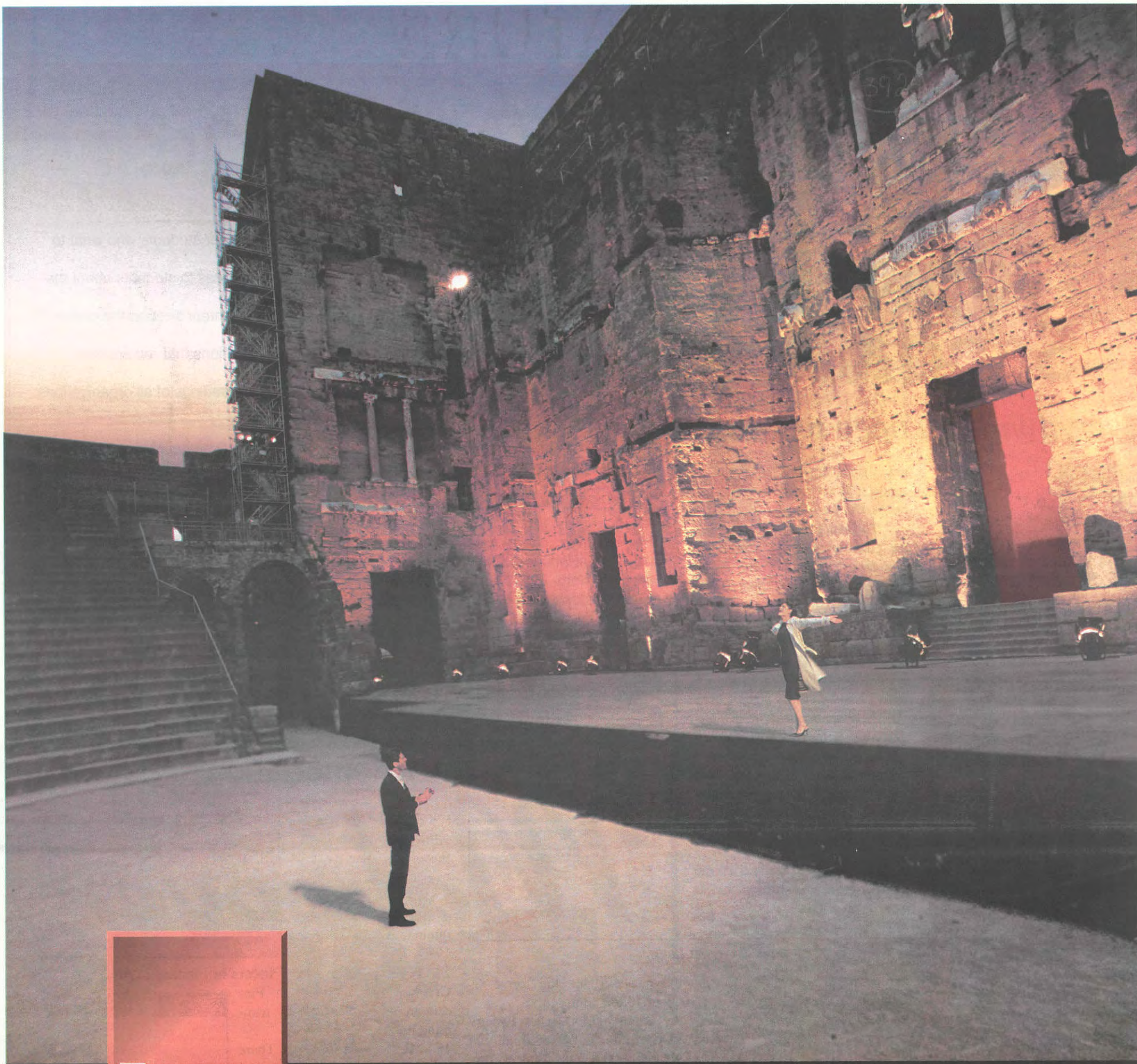
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# Road trip Anyone?



JENNIFER Benoit

The season for road trips is almost upon us now that school will soon be finished. Question is: Are any of you going on a road trip? Maybe you'll take a road trip around Alberta? There's more to Alberta than Edmonton, Calgary, and all the major tourist attrac-

tions. If you happen to pass through any of those towns, keep your eyes open for these attractions.

**1. Squirt the Skunk in Beiseker.** It was built because the village decided it wanted a mascot. Squirt measures 13 feet high and holds a bouquet of what appears to be Brown-eyed Susans.

**2. The World's Largest Mallard Duck in Andrew.** It has a wingspan of 23 feet and a weight of one ton. The Duck was built to

**6. Susie the World's Largest Softball in Chauvin.** Created in connection with the major ball tournaments that the town "hosted". Does Chauvin host any major ball tournaments anymore?

**7. The World's Largest Piggy Bank in Coleman.** Made from an old train engine.

**8. World's Largest Lamp in Donalda.** The local museum has a collection of over 850 kerosene lamps. I don't know what came first: the world's largest lamp or

**Ukrainian Sausage in Mundare.** Stands at 42 feet tall. Mundare is home to the famous Stawnichy's Meat Processing. Stawnichy was also the mayor at the time the sausage was built. I don't know if he still is mayor.

**11. The World's Largest UFO Data Centre and Landing Pad in St. Paul.** On a 12 m platform, this center is a "symbol of faith that mankind will maintain the outer universe free from national wars and strife". Supposedly, all aliens are welcome to St. Paul.

**12. Vulcan Tourist and Trek Station in Vulcan.** Weighs five tons and measures 31 feet in length. There is actually a VAST club - Vulcan Association for Science and Trek.

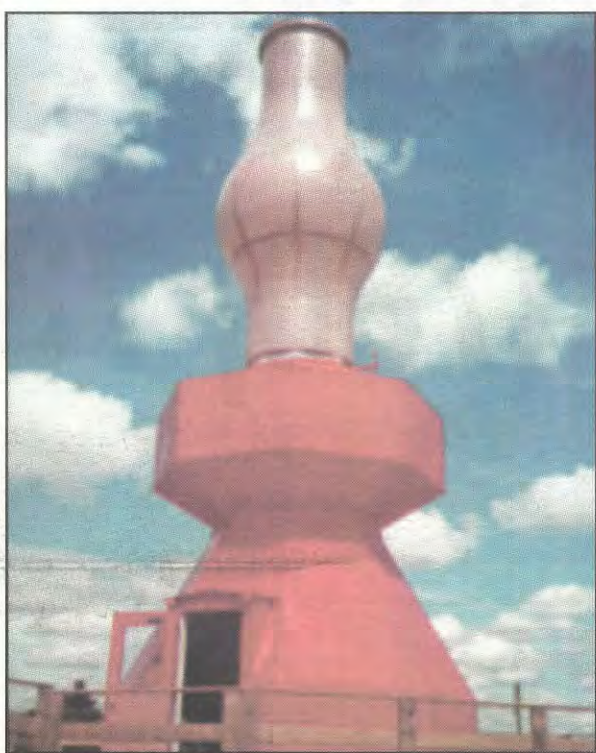
**13. The World's Largest Pysanka in Vegreville.** A pysanka is an Easter egg. The world's largest pysanka is 7 m long, 2270 kg, and made of 3500 pieces of aluminum. It was built in 1975.

**14. Pincers in Pincher Pincers in Pincher Creek.** Colored bright red. Pincers are a farmer's tools for trimming horses' hooves.

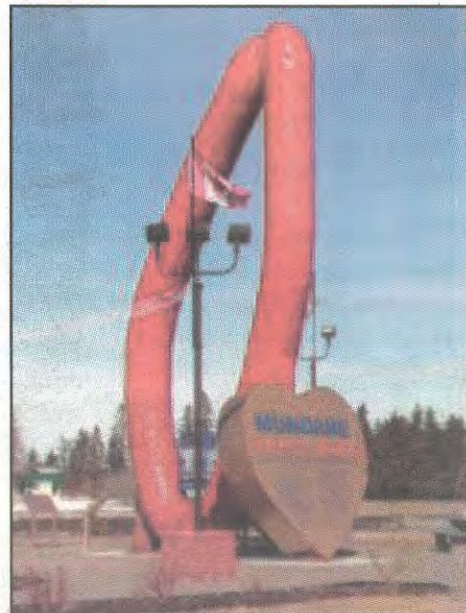
**15. Mushrooms in Vilna.** There are three of them and the tallest of them is 20 feet tall. Vilna is the Mushroom Capital of Alberta.



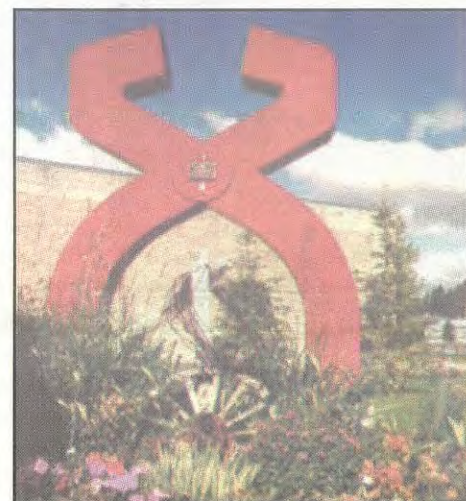
Brownvale's Bucking Brahma Bull.



The world's largest lamp.



Mundare Sausage anyone?



tion centers. I'm talking about the roadside attractions in the smaller places that are there to attract more tourists, express symbolism, or are built for plain old fun. I have here a list of my favorite 15 roadside

commemorate the wetland areas in the area.

**3. Angus Shaw the Fur Trader in Bonnyville.** Angus Shaw was the first European to come to the area in the mid-1700's and worked as a fur trader for the Hudson Bay Company. The statue of Angus Shaw is hand-carved and is 23 feet high.

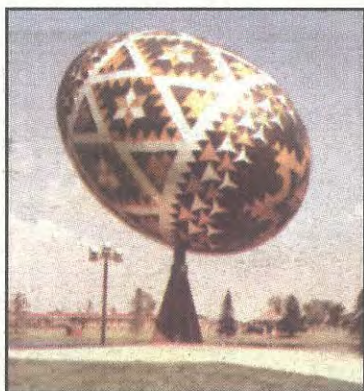
**4. Pinto MacBean in Bow Island.** Simply built because Bow Island is the Bean Capital of the West. Kind of a cute statue.

**5. Bucking Brahma Bull in Brownvale.** Looks like Brian Mulroney with the big chin and all. Originally constructed for Expo 86. Has a height of 18 feet.

the museum, but the former is about 40 feet high.

**9. The World's Largest Pyrogy in Glendon.** Is 25 feet high and weighs 6000 pounds. Is nicely displayed on a really large fork.

**10. The World's Largest**



See the Pysanka in Vegreville.



The Vulcan Station in Vulcan, Alberta.



Come to Vilna, the mushroom capital of Alberta.



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# From rINGSIDE

Looking Back... And Forward



MIKE  
McGuire

There have been a lot of things happen in wrestling over the past school year, both around the world and right here in Edmonton.

From a year packed with



**AND HELL FROZE OVER:** Besides Roddy Piper returning to WWE, a wrestling radio show actually became successful this year.

returns, to hell freezing over with the returns of Shawn Michaels, Roddy Piper and Sable, and the holy s#! moments of Goldberg signing and the return of Stone Cold Steve Austin, all the way down to more tragic events like the loss of Davey Boy Smith and Curt Hennig, it's definitely been a season to remember.

Here in E-ville, it's also been a memorable year for independent wrestling fans. With the rise of one promotion in PWA, came the almost virtual demise of another in Canadian Championship Wrestling. Enter Monster Pro Wrestling with Can-Am, and competition stays alive. For all of you staying in the city over the summer, I encourage you to come out and support these great promotions.

I would be more than negligent if I didn't give some thanks to some people out there for a fantastic first year, both with this article and with rINGSIDE Radio. Thanks go out to Kurt Sorochoan, Jeff Thomas, Bruce Hart, Ross Hart, King Lau, Sean Dunster, Dennys Banadanos, Matt Hardy, Percy Pringle, JP, Mark Kinghorn, Morris Nepoose, Don Fer-

guson, Rob O'Keith, Vic Vanity, Dave Albright, RRP Webmasher Glenn, Silvana B, Kristina Perkins, HEEYY Cash!, and all the rest of the boys (So many to fit into one column). There's a whole lot more, but suffice to say that you should all know who you are by now.

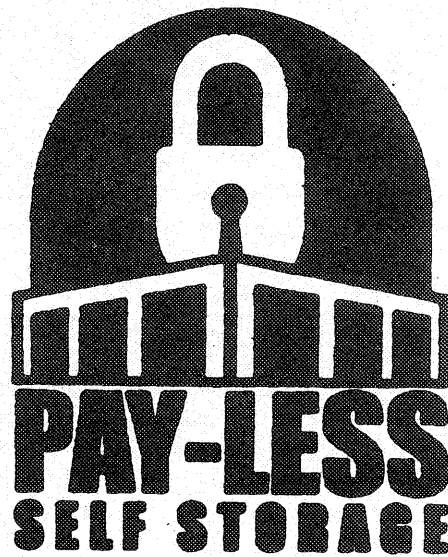
Can't forget to give some props out to PA Mike Dault, whose efforts on rINGSIDE Radio helped smooth things over greatly. Also, Big Bad Boris, and of course... our listeners!

A big thank you to all the people who doubted the success of rINGSIDE Radio. You just made me work that much harder...

I suppose in closing, it's easy to cheap out and say that you ain't seen nothing yet... but in the words of Kid Rock: It ain't cocky if you say it and you back it up... something I am proud to say I feel has been done when it comes to giving the best coverage of independent wrestling in Edmonton.

If any of you have taken the time to read any one of these columns, I thank you. If you are interested in trying out to be a wrestler or would like some info on who to talk to, mail me at mikenait@shaw.ca and I can hook ya up. If you're happy being a fan, keep checking out [www.ringsideradio.rocks.it](http://www.ringsideradio.rocks.it) every week for the latest updates!

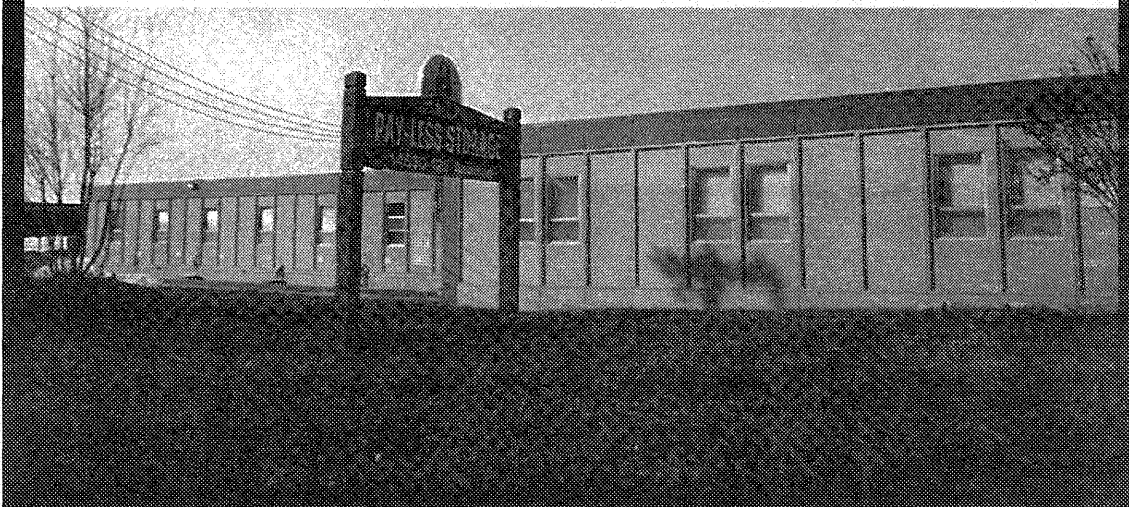
Til next year, remember: there's no guns, no knives, just chairs.



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# Politic Live

## Notoriety

Music For Mavericks Ent.



SHARMZ

It's been a long time coming but it's finally here. Politic Live has released their long awaited debut album entitled, Notoriety. Poli Live, which is a triple threat of Bigga Nolte, Young Mav, and Dirt Grittie have set out to raise the standards of music creation for their peers. Showing a vast range of human emotions and issues Notoriety complements the human psyche. When you listen to this album you don't hear the same old run of the mill topics. You get diversity, and concepts that are approached at different angles.

The album features a variety of production styles which helps keep the listener in tune, instead of being killed by the boredom of repetitive beats. The production, which is handled by Jonny Aliby, Nato, Shogun, and Stress, with the trio of emcees co producing their efforts, maintains a balance between club bangers and mind enticing tracks.

They use their lyrical abilities to express their thoughts on important issues in da game and combine it with production that is simple yet addictive.

Here in Elympia we respect that fact that our scene is still growing and it is. With artists like, Darkson Tribe, Dangerous Goods Collective, CV's Finest, Jae Lah, Blakk Blaze, Reason, and Politic Live, I can honestly say that Edmonton is the next T Dot. Edmonton some day, and I say SOME DAY, will be a spot where peeps can be known for a different style of emceeing. Groups like Politic Live are the groups that are on the come up and are paving the way in the local scene for people who have aspirations to become emcees.

Notoriety starts off a little slow in the sense that the intro kind of excites you a lot and then all of a sudden you are hit with a track that slows the whole tempo of your mindset. But after Song 2 of the album everything is uphill. The album gets into a little club banger with the track "Big Tings" which has a hook that will stay in your head forever, in a good way. Then the album moves on to recent smash hit "Slingshot" featuring the laid back styles of Theo Gully. Slingshot has had so much success over local radios

and clubs that Poli Live are in the works of creating a remix for the song. So far the album has been more for dancing and for the clubs but the song "1200", revolves the listener 360 degrees and shows the listener that the trio can reminisce and tell stories. "1200" has to be the strongest track on the album only for the fact that what is said on the track. Poli live dissects their childhoods, talking about fashions, ol skool battles, rap idols, and the times of the 80's. The track then moves into the controversial area with "Halfway" a track many told Poli Live not to put on their album due to the content portrayed in it. Ill let you cop the album and listen to that one so u can see what peeps be hatin on. Another aspect of the Notoriety that I feel many emcees fail to leave out is actual issues that are going on in our city. With the help of Reason from Tuffhouse Records, Poli Live was able to tackle on a local issue that has been troubling the younger generations, TUITION HIKES. "Student Finance", deals with the issue that now going to a post secondary school

has become a privilege and that if this trend continues people will not be able to work in the field they dream about because they cant afford the schooling at all. "Hatrix" was a song that caused me to pay attention to detail due to the content of the song. This song is great and it shows how Poli Live can take a different angle on topics and flip the script on peeps. However, the production on the song sounds very amateur and cheesy, but Poli Lives lyrics and concepts triumph over that and make the song very enjoyable. Other tracks that stood out on the album were, "Soul Merchant" sees Poli Live revisiting their childhood, and "Top of the Hill (Internal Affairs)" RMX shows how Poli Live wants everyone to make it to the top.

Whenever you put out your first album it's hard to please everyone. But I can honestly say this album surprised me. From the balance of good production, combined with great concepts and strong lyrical abilities, I feel Politic Live is going to be moving up soon with the support of local industry. Hit up [www.politiclive.com](http://www.politiclive.com) to sample some of the songs on Notoriety to see for your self. The album can be picked up at Soular, Method, Color Blind, and more! Support local hip-hop and cop the new Poli Live album, peace.

Rating:  
4 out of 5

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the night

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# And the Idol is...



**JENNIFER Benoit**

Last Tuesday, Nait Idol Finals proved to be an exciting show with extraordinary talent and very tough competition. Ten finalists sang their hearts out to try to win a trip to Vancouver to participate in the New Music West Conference during May 21-25, 2003.

The Nest was packed, many of the people being friends of the contestants.

NAITSA President Jeremy "Seacrest" Coules did an excellent job hosting the second and final Nait Idol show, keeping the show running smoothly and doing the difficult task of announcing the eliminated contestants (but also the fun job of announcing the winners!).

The show introduced two new judges: Larissa Mabley from Travel Cuts (sponsor of the trip to Vancouver) and Ron Harwood (Universal Music Canada). NAITSA VP Activities Trevor Bannert returned as the third judge. The judges have to be complimented for showing an excellent judgement of the music and performance of each contestant, this time telling it like it really was!

Before each contestant performed, a video clip showed the finalist talking about his or her inspirations, musical background, chances of winning, and why he or she competed in the Nait Idol.

For the first round, the ten finalists performed in the following order:

1. Michelle Jackson (wild card) - "I'll Be" (Edwin McCain)
2. Andrea C. White - "Heaven" (Bryan Adams)
3. Heather Clough - "Mouth" (Meryl Bainbridge)
4. Erin Cassidy - "Only Hope" (Mandy Moore)
5. Clint Cole, performed with guitar - "Road to Regret" (Clint Cole)
6. Kristen Mendoza - "Reflection" (Christina Aguilera)
7. Layel Baddour - "Heartbreak Hotel" (Whitney Houston)
8. Steve Chevalier - "How You Remind Me" (Nickelback)
9. Shanda Vollman - "Fancy" (Reba McEntire)
10. Jill Hamre - "Strong Enough" (Cher)

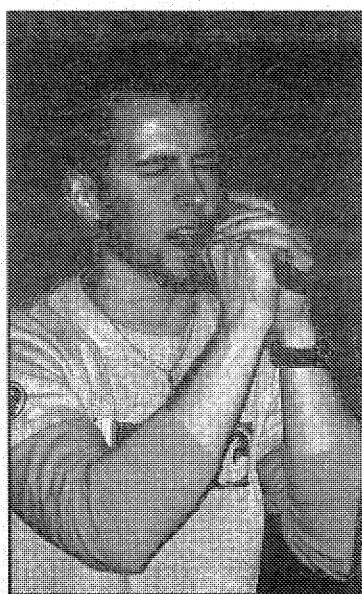
The eleventh finalist, Jill Ollenberger, did not participate in the show for an unknown reason.

With their NAIT student and staff ID cards in hand, the Nest audience members voted for their favorite performer of the night.



**Shanda Vollman, the new Nait Idol.**

As a special treatment and "back by popular demand", a favorite from the last Nait Idol show performed a repeat from the first Nait Idol show to pass time during



**Steve Chevalier rocks the house with his version of Nickelback's "How You Remind Me."**

the voting. Philip Moghrabi again performed "I Was Made For Loving You, Baby" (KISS). After his entertaining performance complete with his unique dance moves, he said amid the wild applause, "You guys are too kind. I know I sucked." The Nest crowd didn't agree.

Four finalists, including a wild card, were chosen for the second round and performed again, as follows:

1. Jill Hamre - "Foolish Games" (Jewel)
2. Clint Cole (wild card), performed with guitar - "The Crush" (Clint Cole)
3. Steve Chevalier - "Hanging By A Moment" (Lifehouse)
4. Shanda Vollman - "How Do I Live?" (LeAnn Rimes)

Congratulations to the first ever (and very deserving) Nait Idol, Shanda Vollman! Shanda had a successful night, getting rave reviews from the judges such as, "You sang a couple of tough songs tonight and you sang your ass off" (Ron), "Dammnn" (a good damn from Trevor), "That was really, really good" (Larissa), and "Great stage presence and a very strong voice" (Ron).

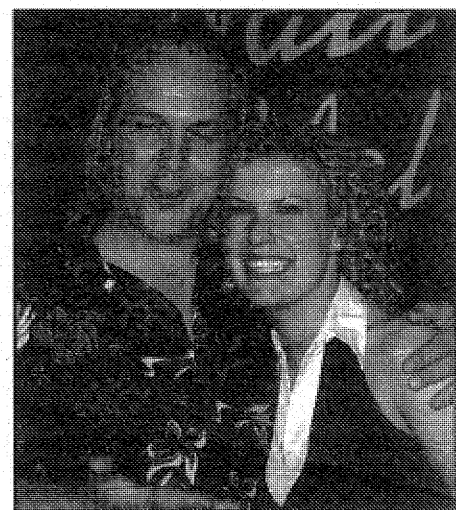
Shanda got a surprise when Ron asked her if she liked country music, to which she enthusiastically said she did, and he then told her that he sat on the Country Music Board.

About going

to New Music West in Vancouver, Shanda said, "I'm very excited, I'm a little nervous because I'm going by myself."

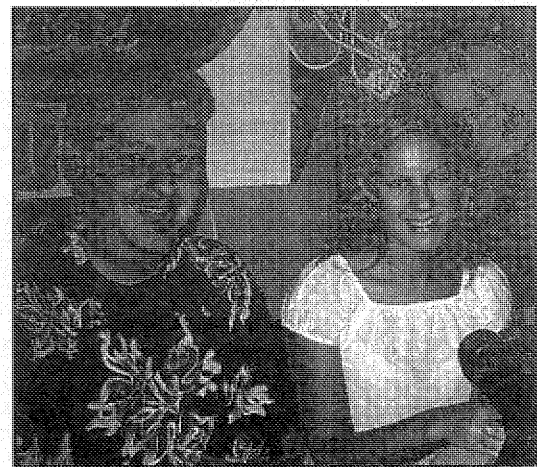
"I think it's absolutely wonderful (being the Nait Idol). There were so many good competitors. I guess I got lucky," she said.

Also at the show was local music producer, Rudy Muhammad. He works for the Trident Group in Los Angeles, California, that represents such artists as Will Smith, Alicia Keys, Ja Rule, and Nas. He came to the show specifically to see Andrea C. White perform, but said he would also keep his eye open for any other talents at the show. If a performer appealed to him, he or she would

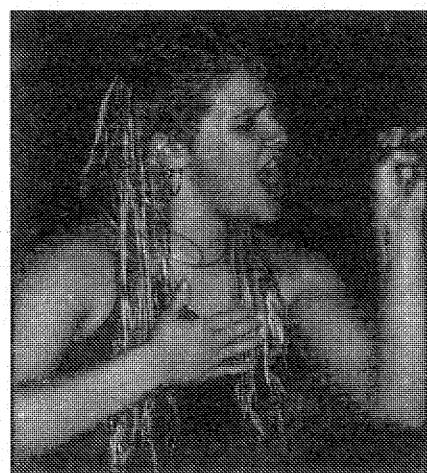


**Gary the Karaoke Guy poses with the Nait Idol.**

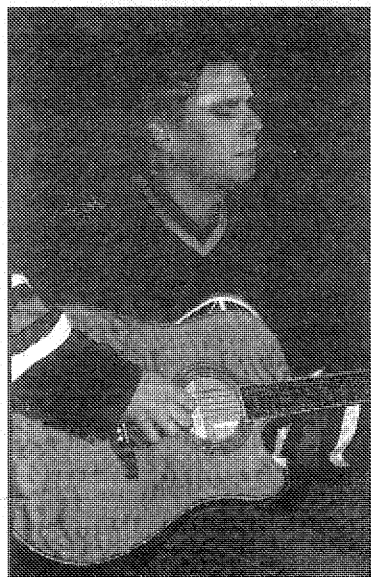
be brought to the Edmonton studio for a recording to be sent to New York for a review.



**The two new judges, Ron and Larissa.**



**Jill Hamre sings her heart out for the Nest crowd.**

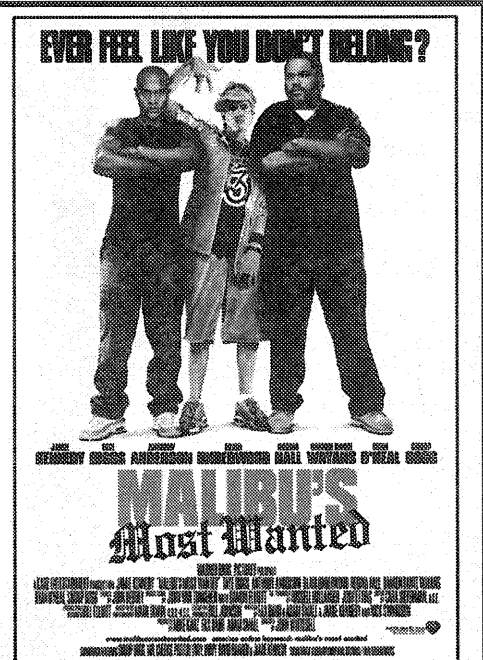


**Clint Cole sings his own song "Road to Regret."**

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## SPRING HAS SPRUNG!



**STACEY Laing**

Take advantage of this beautiful weather and get outside, now that spring is finally here. No longer is there a need to bundle up with scarf and mitts, so get out there in your spring jacket and remember how much fun it is to go outside. Now is the perfect time to start getting in shape for summer. Before long it will be the season for wearing shorts and skirts so start exercising now to get those killer legs later.

There are several activities that one can par take in to get in shape and have some fun. Running is a fantastic way to not only get in shape, but also to clear your mind so you're ready to sit down and focus on studying for your finals. If you don't like running, how about walking. Walk to the store or your friends' house instead of driving over. When you are there you can play some ball hockey or throw the baseball around.

Any type of exercise is good, you'll find that you will have more energy and start to feel more alive. Remember when we were kids and the only reason you went inside was that your mom called you in for dinner. Too much time is being spent in front of the television these days and stats Canada agrees, as obesity is becoming a huge issue. If you develop good habits now they will serve you well in the future, causing many age related problems to decrease. It doesn't matter what you do the important thing is to go out there and do it!

# Wanna Run The Nugget?

It's that time of year again where we have to advertise for positions at The Nugget for the 2003/04 year. With a lot of the current staff graduating, a lot of spots are going to need to be filled, and now is the time to apply.

And why shouldn't you apply? Besides getting paid for a job where you only produce 24 issues during the school year, you also get perks (free concert tickets), perks (free CDs), and more perks (free hoodies). Need I say more?

### Editor-in-Chief (\$600/month)

The Editor-in-Chief is responsible for proofing all the articles in the paper and approving the layout each week. They are also responsible for hiring staff, doing mail outs, making and returning phone calls to various sponsors, updating media lists, and coordinating staff meetings. The Editor-in-Chief is also expected to make a weekly contribution to the paper and work closely with the NAITSA Communications Vice-President, Advertising Manager, and Production Manager.

### NAIT News, Events & Entertainment Editor (\$350/month)

The News Editor is responsible for reporting on all NAIT-related news as well as events put on for the students. They are also to help with the overflow of entertainment requests received by the Arts & Entertainment Editor.

### Arts & Entertainment Editor (\$350/month)

The Arts & Entertainment Editor is responsible for covering entertainment-related events around the city that would appeal to the general student body. This includes attending events at such places as the Edmonton Art Gallery, Provincial Museum of Alberta, Citadel Theatre, and Winspear Centre, among others.

### Sports Editor (\$350/month)

The Sports Editor is responsible for meeting with the heads of the various NAIT sports teams and coordinating regular coverage on all the teams. They are also responsible for collecting the Look Of The Week nominations, the ACAC Stats, and reporting on upcoming NAIT sporting events. This also includes fan bus trips for away games.

### Features Editor (\$350/month)

The Features Editor is responsible for researching and writing weekly features that would appeal to the general student body.

### Photographer (\$250/month)

The photographer is responsible for finding pictures as well as taking pictures for each of the writers' articles each week. They are also responsible for looking after the film as well as the digital camera equipment and should have a working knowledge of Photoshop. It is important that the person in this position have a very flexible schedule.

### Typesetter (\$250/month)

The typesetter is responsible for collecting the articles from the submissions box and E-mail inbox and typing them up and proofing them. They are also responsible for filling out the dockets and keeping track of them as well as keeping records of past article submissions. A good grasp of the rules of grammar, punctuation, and great spelling skills are a must.

### Distribution Manager (\$400/month)

The Distribution Manager is responsible for delivering the newspaper to the various distribution boxes on Main Campus, the new HP Centre, and the Annex. They are also responsible for putting up and taking down posters on all three campuses throughout the week.

There are other duties not listed, but expected of each position. Ideal candidates would be people who are open-minded, team players, patient, and have a good grasp of the English language. They must also like to write and have a fairly flexible schedule to attend regular weekly staff meetings and various media events.

For more information on any of the above-listed positions or to fill out an application form, please contact Kimberly Ashley, Editor-in-Chief of The Nugget at 471-7615 (or E-mail [naitnugget@hotmail.com](mailto:naitnugget@hotmail.com)) or Terence Fitzgerald, NAITSA VP Communications at 471-7607.

Application deadline is April 17, 2002.

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# Who Are the Arabs, Really?

Article provided by: Canadian Arab Friendship Association

Controversy has been running amok this month after the March 27 Opinion article, and it got people asking ... "When does freedom of speech stop and personal hate statements, or a negative stereotype of a culture begin?" In the case of that article the line was crossed. To give credit to the editors and staff of the Nugget and NAITSA, they realized that a critical editorial error was made, and are trying to atone for it. Sadly its too late... this time, the damage has been done.

Students have read it, barriers were erected, and now it is no longer a proactive issue, but one of damage control.

To add insult to injury, or in this case, injury to insult, the writer of this article decided slander was not enough and

put a photo of someone who was supposed to be this "Lebanese" person, all throughout NAIT, going for some vigilante style justice. How morally reprehensible and cowardly, not to mention illegal.

In order to foster a positive educational community environment, we must understand and accept each other and maintain the law of respect and human concern. So In an attempt to do that, we are going to take an opportunity to tell you a bit about the Arabs, of whom the Republic of Lebanon is a part of.

This does not excuse the actions of the Nugget or the writer, but at the very least, it may teach us all a valuable lesson on the difference between the 'true spite' and 'true spirit' of freedom of speech.

## Okay, so who are Arabs?

There are twenty two Arab Countries in the world that are recognized by the Arab League. The Arab League is an organization of Arab countries that work together for a united Arab world, very similar to the way a union works in Canada. The countries are:

Algeria	Kuwait	Qatar
Bahrain	Lebanon	Saudi Arabia
Comoros Islands	Libya	Somalia
Djibhuti	Mauritania	Sudan
Egypt	Morocco	Syria
Iraq	Oman	Tunisia
Jordan	Palestine	United Arab Emirates
		Yemen

Countries that are NOT Arab:

India Turkey Pakistan Iran Afghanistan ( and other 'istan' ending countries)

These countries are commonly mistaken for Arab countries because in many of these countries, Islam is the main religion as it is in the Arab world. The biggest difference is the culture and language, which are not Arabic.

## What is the difference between Muslim and Arab?

This is perhaps the most frequently asked question. Not all Arabs are Muslim. In fact, about 25-30% of the Arab world is not Muslim. Many practice various forms of Christianity. Arabs make up a very small minority of the Muslim world. The Arabs are considered the 'keepers' of Islam, because the Quaran was written in the Arabic language, and prayers are performed in Arabic.

Arabs make up about 25% of the Muslim world.  
The largest Muslim majority is Indonesian.  
The largest Muslim minority is Chinese.  
The world of medicine benefitted a great deal from the Arabs.

## Contributions made to this world by Arabs

The world of medicine benefitted a great deal from the Arabs. The first clinic or hospital was in the Arab world, and Arabs made the distinction between germs and lack of hygiene. The first medical academy was in Alexandria, Egypt.

Arabs were living in Alberta since the late 1800's and many Arabs fought in world war one and two, side by side with fellow Canadians

Arabs invented make-up like lipstick and blush.

Arabs developed algebra

Arabs had the first hospital and the first medical school for surgeon. They also figured out that germs and a dirty environment causes infection, and invented various forms of sterilization.

The Arabs designed a way to read the stars (astronomy)

According to studies done by Harvard and Stanford Universities, the Arabs were actually in America 750 years before Columbus. They taught the Aboriginal of Nevada and California their alphabet and how to read it.

## Bet you didn't know they were Arabs

Consumer Advocate:Ralph Nader

Founder of MADD (Mothers Against Drunk Driving): Candy Lightner.

Roger Farah :President and chief operating officer of Polo Ralph Lauren.

## The Movies, TV and Music

Canadian-born singer-songwriter Paul Anka became one of the first pop teen idols. Singer-dancer-choreographer Paula Abdul and the 'Queen of Hips' Shakira, of Columbian and Arab heritage.

Turning to television, Lucie Salhany became the first woman to head a television network, as chair of Fox Broadcasting Co., then of United Paramount Network. The highest-rated episode in television history was the last episode of "M\*A\*S\*H"? And who played the role of not-so-crazy Corporal Klinger for its entire 11-year run? A talented Arab from Toledo, Ohio, Jamie Farr.

The best-known Lebanese in America was also the founder of St. Jude's Children's Research Hospital — the late, great comedian and actor Danny Thomas. Danny's daughter, Emmy Award-winning Marlo Thomas, appears on TV's "Friends" as Rachel's mother. Then there is Wendie Malick plays Nina Van Horn on NBC's hit show "Just Shoot Me."

Tony Shalhoub, now starring in USA Network's series

"Monk," and Amy Yasbeck appeared in the hit sitcom "Wings" — the first time two Arab Americans have been featured in the same TV series. Tony has moved to the big screen as well, in both "Men in Black " films,"The Siege," "A Civil Action," and "Thirteen Ghosts" (with fellow Arabs F. Murray Abraham and Shannon Elizabeth).

An award-winning comic actress from San Diego, Kathy Najimy, played a fun loving nun in the "Sister Act" films. She co-starred as Olive, a Lebanese- American, in NBC-TV's "Veronica's Closet" with Kirstie Alley. Kathy is the voice of Peggy Hill on Fox-TV's animated hit "King of the Hill." Lovely Salma Hayek, who is of Lebanese and Mexican descent, is another actress who has lit up the big screen.

The list can go on to include famous Canadian Arabs in politics, medicine, business and other areas. Lebanese and other Arabs immigrants were on the Titanic. Some survived and were living on the East coast, where their children still live today.

## Classifieds

### Looking for Roommate:

Only female 2 bedroom apartment. Available May 1, 2003. Shared (vac: 2 spots) 11030-82 street call Mia 426-0418, or e-mail [ninatak@hotmail.com](mailto:ninatak@hotmail.com) \$220/ month, \$100 security deposit. Includes power, heat, water, phone, cable, no pets, no smoking, share bath, share kitchen, clean and quiet. Location: Near LRT, one bus to NAIT, 12 minutes, close to Save On Foods and McDonalds.

**Ground Zero is online!** Check out the new site at [www.nait.ab.ca/nr92](http://www.nait.ab.ca/nr92) and click the Ground Zero link for chances to win 1 of 10 prizes from Imperial Oil. Ground Zero...only on NR92 the station for the students.

### Hey you! House for Rent!

Walking distance from U of A and close to Whyte Ave. 4 bedroom house with 4 appliances. 2 bathrooms with showers. 1 bus to NAIT/Grant MacEwan. Friendly Neighborhood atmosphere. Located on 75 Ave. just off 109 St.

### Help Wanted.

Make \$\$ around school. Secure a summer position \$14.85 base appointment to start. Scholarships available. Conditions apply. Flex schedule. 436-94444. [www.workforstudents.com/ab](http://www.workforstudents.com/ab)

**WANT TO HAVE SOME FUN?** Be a mentor to a Youth In Care (a young person 14-16 living in foster care or a group home.) We need men to share a few hours every 2 weeks doing fun, group activities like volleyball, laser tag, cooking, etc. with dynamic, energetic teens. Contact David at Big Brothers Big Sisters today at 424-8181 ([david.french@bsbb.org](mailto:david.french@bsbb.org)).

### CLJ Accounting

\$35 TAX RETURN. Crystal Johansson, Accountant. 992-0434. Free pickup in Edmonton and area.

### Want to make some extra \$\$\$!

Need tutor for grade 3 student. If interested please call Seema @406-4362.

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Wanna keep reading The Nugget after graduation? Read it online starting again in September at [www.naitsa.ca](http://www.naitsa.ca)

Terrace: I love your curly hair it makes me go wild!  
Signed Ringlettes

To all the ladies of NAIT,  
Just to let you know in advance, I will be getting my hair cut on the 15th of April. Feel free to compliment me in advance.  
Sincerely,  
Darren C.

Dave: I was noticing how big your hands are, just got me to wondering?  
Signed sits behind you.

As a N.A.I.T student, I would like to make the following thank you's to Dave S, Stan T, Eva S, Graham, Carol, Earl, Chef Cambell, Chef Gordan, and last but not least, my best friend who without her I would have never made it this far, Tiara W. I want to thank everyone from the bottom of my heart because when I needed support, to talk, vent, or just needed some good advice, you were there. Also thank you's go out to those that took an interest in me and saw something inside me even when i could'nt see it. I pride myself on picking out friends that see the goodness in people. You all saw goodness in me and through all of you, I grew little by little out of the shell that I was in, making me believe in hope and caring for others. thank you.  
B.O.G

Dear Mr. Glen: Thank you for all of your love, help, support and guidance throughout the year. I could have never become who I am without your never and support, as well as your understanding. Thank you for being their and allowing me to share all of my experiences with you. Just remember: I'm still graduating before you!!

Rahim: I know you're good with numbers, how are you with your hands?  
Signed accounting major

To all the great people I met this year, hope you have a great summer and I'll see most of you back next year! And about last weeks Nugget, I'll sum it up in 11 words: Your damn if you do, and you damned if you don't.  
Dwayne

Paul: It's always the quiet ones that are loud in bed. Is this true?  
Signed Curious

I've enjoyed assaulting the campus with my bright colours and hawaiian threads almost every Friday. I'd like to invite everyone to throw on some hawaiian wear or colours this Friday. Joining me in a laid back tropical way. Got Wake?

Richard: Are you as good at the horizontal mambo as you are at the vertical?  
Signed dancing queen

I was very disgusted when I went to the Fresh Market for lunch on Friday. I ordered a poutine and was ticked to find 7 to 8 "YES!" 7 to 8 fries on my plate. What are the students being


taught? How to cook? or How to rip people off? I was not going to pay \$3.25 for a plate of 7 fries. Also, they weren't fresh at all either. The Fresh Market has to start making it worth the students money. I paid a lot of money to come to school, and yes I should be bringing my own lunch, but on days I don't, it would be nice to be able to get a decent meal. Hopefully this makes it into the nugget and others see this. Especially those at the Fresh Market. I am not alone on this one. Thank You for letting me rant.  
Crono.

Clint: I was wondering if you could demonstrate mouth-to-mouth resuscitation on me?  
Signed hoping

What's with the lack of HOT and STEAMY grapevines? Ok, I'll start it off then. To the blond girl with the nose stud on the biz tower 8th floor: You look like Christina Aguilera, just wondering if you wanted to get DIRRTY sometime?  
Northside High Five Guy

Mike: Thanks for bringing your not invited, nor introduced friend so the rest of us couldn't sit together.  
Signed All of Us

To the dark haired, cute girl that always goes to her locker 3rd period Wednesdays: You strike me as being a cowgirl, so how would you like to break in a mustang?  
Taras



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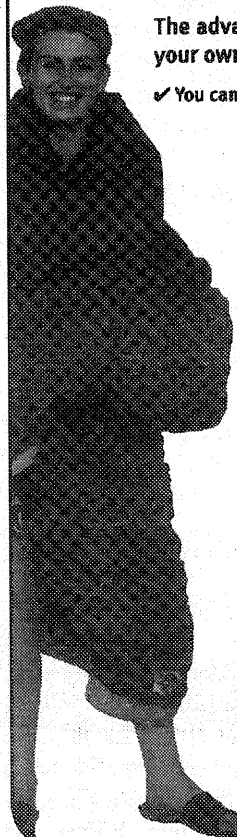
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## Parking Services

is currently selling parking permits for students returning to NAIT in September 2003.

Applications are available at Parking Services, Room O112 and online at [www.nait.ab.ca/security/parking.htm#3](http://www.nait.ab.ca/security/parking.htm#3)

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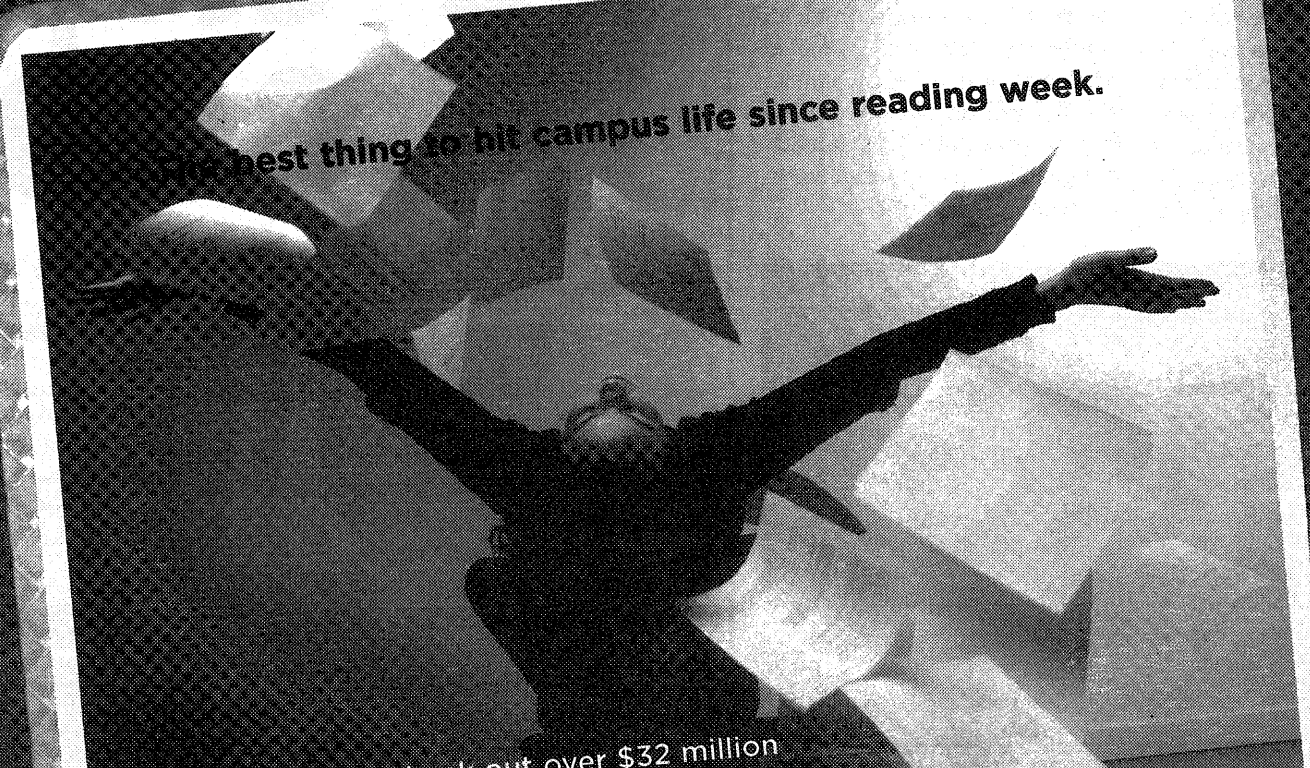
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MC Guy. *[Handwritten signature]*



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# REMARKABLE...

## Cam Tait Inspires at NAITSA Awards



MIKE  
McGuire

As the end of the school year races closer and closer, award season across many campuses is in full swing. I, along with my Nugget colleagues was invited to the 5th Annual NAITSA Awards.

Walking in, it had the typical "social event" feel. A lot of people who make way more money than me sitting close to the front, and everyone else was enjoying the spectacle of the night.

After cocktails and an incredible dinner, the event kicked off with NAITSA Admins Rita Cain and last-minute emcee Chris Chelmick cracking jokes and bombing the occasional one-liner. After regaining a bit of focus, the show was underway.

To kick things off, we were introduced to distinguished NAIT Alumnus, Cam Tait.

Mr. Tait has served the Edmonton Area as a columnist for the Journal for the past several years. On this night, his message wasn't just that of congratulations, but of success.

Cam Tait was born with cerebral palsy, a type of brain damage that reduces motor functions. As an infant, he didn't have the ability to crawl. Reflecting back on his childhood, Tait shared memories of a small group of volunteers, who through the investigation of his father were asked to help him recover from his challenging dif-

ference.

Please remember throughout this article that Mr. Tait is NOT mentally challenged. In fact, as I sat listening to him speak, it amazed me how truly brilliant this unique individual is.

Tait graduated from NAIT Radio and Television, and soon after began working as a volunteer sports writer. His work began

*Tait graduated from NAIT Radio and Television, and soon after began working as a volunteer sports writer.*

to peak the interest of employers, including the Edmonton Journal for which he continues to write some twenty years later. He takes little credit for his amazing accomplishments though. Rather, he modestly downplays his story by showcasing those who helped him along the way.

In his speech to the captive NAITSA Awards audience, Mr. Tait attested his entire success to two things: support from his family, and that small group of volunteers which helped him so many years ago. We soon learned that the same group of volunteers grew, and became a number somewhere in the hundreds.

It was at that moment we were invited to take thirty seconds to think of a volunteer who changed our lives. That brief moment of silence, which felt like an eternity, showed everyone in the room just how easy it is to give a little time. Mr. Tait then broke it down.

Think of one day. 24 hours. Doesn't really seem like a lot, does it? Well, as Mr. Tait said, if you gave one hour a week to someone, using that one day, they could benefit from your help for 24 weeks! Now, this is by no means my own cry for an increase in volunteerism here at NAIT. Hey, I'm like you. Too much homework combined with ridiculous class time makes up a recipe for chaos. Instead, since I know that when we all graduate, we'll all be making huge buckets of money, why not take the time to give something back. Hell, if you have it now... why not get an early start?

Mr. Tait, your message is getting through. Thank you.



photo by: Mike McGuire

**NUMBERS GAME:** Using every second of a thirty-minute presentation, Alumnus Cam Tait shares his life story

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