

THE NUGGET

Thursday, March 13, 2003
Volume 40, Issue 22

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

THE ABSOLUTE BEST

B-Ball Men Take ACAC Title and #1 Spot at Nationals



MIKE McGuire

Covered in sweat, and still running on fumes of his first wind, you couldn't take the smile off of Leif Puffer's face with a sandblaster. "I can't feel any better than this," said the 6'6" Ooks Forward. Puffer, whose 16 points earned him player of the game for the Ooks, was one of the machine cogs that helped the Ooks in their 87-78 victory over the Concordia Thunder.

For Slav Kornik, the Gold Medal is one of the biggest payoffs. "It's just awesome. We worked six months for this, now we're going to Nationals. Hopefully we'll bring home a National Championship. We're not going there just to show up and give

a good performance, we want to win the whole thing... We know we can."

As for winning the Title against the Thunder, Kornik cherishes the victory even more, considering that his team won it against the first team to hand the Ooks a loss all season. "It feels great, we didn't forget that loss. We didn't forget how they were celebrating against us when they beat us at our home court."

Marc Dobell, who took his team to the second consecutive ACAC title, is still amazed by his team's effort. "Man, I'm just so proud of my guys. All year long from September first until now we've had a goal in mind, and haven't lost focus. Tonight we get rewarded for it - just a great feeling."

In past interviews with the Ooks Coach, he referred to a secret list of goals that he and his team set before the season started. It comes at no surprise that winning the ACAC title ranks pretty high, perhaps even second to bringing home the National crown. When asked, Dobell merely responded, "we're going to Quebec now, so we might be able to catch our last couple of goals there".

Assistant Coach Chuma Nwobosi gave an in-depth look at what practice leading to Nationals in Montreal will be like: "If it ain't broke, don't fix it!" He adds, "We're going to do the same things, we're going to tweak them and just do them a little bit better, a little bit stronger, faster."

The CCAA National Championships are in Montreal in about a week's time. The Ooks finished the season with an incredible 22-2 regular season record., with a 34-2 record overall.



photo by: Mike McGuire

BRING ON THE COUNTRY: The Ooks take a minute to celebrate after beating Concordia.



photo by: Mike McGuire

SUPPORT STAFF: Slav Kornik gets props from some friends and family

2002-2003 NAIT Ooks ACAC Gold Medalists

- #4 - Mark Dorado
- #5 - Nathaniel Sheaffer
- #6 - Slav Kornik
- #7 - Kyle Morrison
- #8 - Jarett Gravelle
- #10 - Loren Balon
- #11 - Shane Leman
- #13 - Matt Burton
- #14 - Sean Wragg
- #15 - Steven Garrett
- #16 - Leif Puffer
- #17 - Andrae Thomas
- #18 - John Pilz



photo by: Mike McGuire

CAN'T HAVE IT! Leif Puffer gets past Concordia defense.



photo by: Mike McGuire

SOLID GOLD: L-R Marc Dobell, Colleen Penman, Jason Harke and Chuma Nwobosi test the hardware.



photo by: Mike McGuire

WHAT IT'S ALL ABOUT: The Ooks hold the payoff.

Mmmmm is for Massage

What massage is all about



**KIMBERLY
Ashley**

What is massage? My dictionary, the trusty Gage Canadian dictionary, defines massage as "a rubbing and kneading of the body to stimulate the circulation of the blood and make the muscles and joints more supple." I don't know about you, but that sounds pretty good to me.

There are so many different types of massage, the most popular includes Swedish, deep tissue, sports, infant, shiatsu, acupressure, trager, reflexology, myofascial release, trigger point, neuromuscular therapy and medical massage, how do you even know where to start?

By talking to a Registered Massage Therapist (RMT) they can help to determine what type of massage will work for you, as well as a schedule to follow. At first, many people may go for a massage once a week. Once your body has started to process these manipulations, a reduced schedule may be in order. Many practitioners may have their clients coming in every 10-14 days, to once a month, or when deemed necessary.

There are many benefits to massage. Deep tissue, the massage that I experienced, can dramatically improve overall health. Massage can benefit such systems as the muscular, skeletal, respiratory, cardiovascular, lymphatic, nervous as well as the skin.

But what is deep tissue massage, and what makes it different? Deep tissue massage involves slow strokes, direct pressure, or friction usually on a focused problem area. Often the movements are directed across the grain of the muscles using the fingers, thumbs, elbows or forearms. This is applied with greater pressure and at deeper layers of the muscle than Swedish massage and that is why it is called deep tissue.

There are two reasons people get massages, and that is to either relax, or to manage pain. Stress can be relieved and dealt with quite successfully with massage. Stress has made the human body become familiar with "fight or flight" situations. These "fight or flight" factors were key to the survival of our ancestors, but in today's world, they are no longer necessary, but are still processed by our body. A person who faces continual stress will always have their body tuned to those factors, which, overtime will lead to discomfort or pain, or can become a contributing factor in most disease processes.

Massage can benefit nearly everyone, including students. Many students sit in a desk all day long, or in front of a computer. There is little physical activity or time to stretch. Students have pressure on their lower backs from sitting in a desk all day, or may have problems in their wrists, arms, necks and shoulders from using a computer. Repetitive activities can cause carpal tunnel syndrome and massage therapy could benefit you.

Massage can also boost your brain power. It can increase your capacity for clearer thinking, improve circulation, boost energy levels and leave you feeling rested.

I gave this thing called massage a try last week at Insight Holistic Health, just to the west of the business tower, and now I am a believer. I really learned a lot about myself too. I don't suffer from a lot of pain, nor do I have any injuries that require massage therapy. I do however, suffer from the stress of work, school and family and just after my first visit I realized that massage would certainly help. The massage was pleasant and relaxing, and left me feeling energized. The next day was another story. Massage is like working out. Someone is manipulating your muscles in ways they don't normally function, it feels great at the time, but later, you

may feel a little stiff.

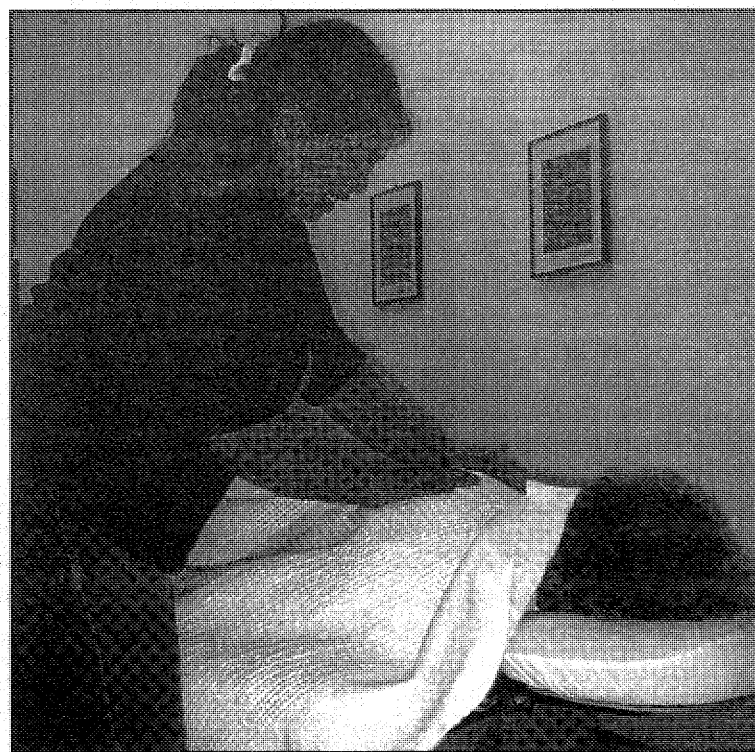
The NAITSA health and dental plan provides 80% coverage on massage therapy, up to \$20 per visit, with the presentation of a doctor's note. Many doctors prescribe massage because of the many benefits and its ability to reduce stress. Talk to your doctor today.

Insight Holistic Health employs eight therapists with differing skills to suit your needs. They have flexible hours and are

qualified to offer many different types of therapies. They are located about 200 metres North West of the business tower and feature student rates. A half-hour massage is \$25 and one hour is \$40. Please call to book an appointment or for more information. You may contact Cindy directly at 983-8127, or call the main desk at 479-1116.

The Nugget wants YOU to try a massage. Tell us in 150 words or less why you DESERVE a massage and you could be experiencing an hour of bliss for yourself at Insight Holistic Health. Cindy, a registered massage therapist, welcomes all NAIT students to check out their facilities inside Hangar 11.

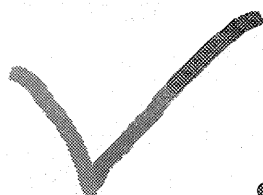
Drop your entries off at E-128 before 5 pm Monday.



Cindy Bacchus, a RMT, demonstrates her skills on a client.

TODAY IS ELECTION DAY!

THURSDAY, MARCH 13, 2003 9:00 AM - 4:00 PM



POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express
- HP Centre
(1st floor outside "Bytes")
- The South Stairs (Plaza II)
- South Campus (Office)
- Patricia Campus (Office)
- Distribution Centre

BRING YOUR ID CARD

LETTER TO THE EDITOR

Thank the Apprentices

KIRSTEN Wagner

I am writing in response to your column in the February 27th edition of the Nugget. You made a few factual errors that I was able to check out by making 3 phone calls in a matter of 15 minutes. I want to point them out to you and your readers.

Firstly, you stated, "...I am sure that many of the apprentices at NAIT receive \$14 per hour while on the job." Did you know that the average hourly wage of an apprentice is \$7-\$13 depending on your year and your training? If you are not going to be earning that, choose another profession, your choice.

Secondly, you wrote that while they are in school they get to claim EI. Yes, factually this is true but there is a 4-week waiting period with the apprentice receiving a cheque in the 5th week. Most apprentices take the 8-week program. SO they receive their first cheque when the class is more than half over.

I called the NAIT registrar's office and asked for the prices that a second year automotive mechanics pay. (As that is what my husband is there for) They are as follows:

Tuition (including NAITSA fees)	\$484.80
Books (Modules)	\$125.00
Locker (for 8 weeks)	\$10.00
	\$709.80

Don't forget to add into that the amount that the Alberta government pays. According to The Apprenticeship and Industry Training Offices the minimum amount that they pay to have qualified mechanics (and all other trades) is \$1600.00. The woman I spoke with said it was more likely \$1700-\$1800 per 8 week course. So, now the total payable to NAIT to have my Husband is \$2309.80. I used the lesser amount for the sake of argument. But if my Husband was going to do his second and

third year training back to back you can double that amount and you get a total of \$4,619.60 for 16 weeks of instruction. That is one semester for you!! You added up your cost to attend NAIT as a full time student and got the following amounts:

Tuition	\$3034.96
NAIT fees	\$133.00
Health & Dental	\$206.00
E-learning	\$100.00
Locker	\$30.00
Books	<u>\$950.00</u>
	\$4453.96

For my Husbands course it is \$709.80 (payable by him, \$1600.00 by the government) if you subtract the health & Dental and the E-learning from your cost you are now able to compare the 2 more objectively. This would bring your cost to \$4147.96 per 32 week course. If my Husband were to do 2 sessions (so 16 weeks half the amount you would have to attend) it would be a total payable to NAIT of \$4619.60. That is still more than you pay to attend full time. Now, if you really want to get picky I could tell you that we pay \$74 a month for Alberta Health Care and \$148 a month for benefits. You pay \$206 per school year. We pay more than that per MONTH!! Also, don't forget that ALL apprentices must have their own tools. As of right now my Husband has \$50,000 worth of them sitting in his toolbox not being used. But we still have to pay for them during his training.

Now, imagine if the apprentices were to all stop attending NAIT and choose to attend another technical school. Where would the costs of running NAIT have to be applied?? They would fall right back on you as a full time student. I am thinking that you should be thanking the apprentices for choosing NAIT so that you can enjoy all the upgrades you have had over the years and for the

years to come.

Please keep in mind that at some point in time you might need some of these tradespeople. And if the costs keep rising so that people can't afford to go what is going to happen is that there won't be any qualified electricians, plumbers, and mechanics... I know that I sure appreciate my Husband's training at NAIT and so does his employer for I feel better knowing that the cars my Husband fixes are done properly and are sharing the road with me and our Children.

Editor's Note:

I will have a comprehensive response to your article in next week's edition of The Nugget. Before I do that though, I would like to point out a few "factual errors" in your article...you can't add, see the first section of numbers, and the second being the number is not \$1,600 it is \$16,000. Yes, the government supplements NAIT with \$16,000 for EVERY apprentice trained...more next week...Kimberly.

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The Bases Are Loaded and My Bladder is Full



TOM Ace

Dear Dr. Ace:
Why does it burn when I pee?
Paranoid Pee-er

Dear Paranoid Pee-er,
Thanks for all of the information you gave me to work with. Although I claim to be a doctor, I'm not. Your burning sensation could be caused by a number of things. Yeast infections are probably the most common reason. And boys, if you think you can't get a yeast infection you are dead wrong. All you have to do is put Mr. Bigglesworth near an infected woman's genitals and POOF, instant rising yeast! A few pills and some ointment from the pharmacy will clear it up in about a week. Another reason why you are feeling pain while peeing could be an STD. There's at least a handful of STDs out there that have similar symptoms to what you are describing. Or maybe your privates are actually on fire. Do you happen to smoke? Just watch where you put that cigarette when you empty your bladder.

Send your questions and comments to the love doctor at nuggetlovedoctor@hotmail.com or you can drop your love letter off in the little black box outside the nugget office. YOU DO NOT NEED TO INCLUDE YOUR NAME OR ID NUMBER it is completely anonymous.

Dear Tom,
I was just wondering how the base system works. You know, 1st base, 2nd base and that kind of thing.
Baseball Fan

Dear Baseball Fan,
I believe you are referring to the junior high school way of discussing sexual experiences. The bases system is quite flawed. One person's 1st base might be someone else's homerun. Originally 1st base meant something along the lines of kissing or making out, 2nd base would be copping a feel, 3rd would be oral maybe, and home would be actually intercourse. Of course now that we are all in post-secondary, we just say exactly what we did. If college kids did start using the bases system again I think it would be a little different. It would probably go a little something like this: 1st- getting a date, 2nd- sex on the first date, 3rd- having the person call you after a wild night of sex, and finally home base- settling down in a middle-class home with your wife and three kids. See how much things change over the years.

Betting on the Oscars



HARMEN Van Andel

The Academy Awards are here again. They say it's the most prestigious award an actor/director/producer/etc. can get. Film fans around the world are waiting anxiously to watch the live Award Show on Sunday, March 23rd, 2003. This will be the 75th Award Show, so I guess that's a special year to them. (Yeah, whatever.)

Anyways, there are some cool nominees like Jack Nicholson and Nicolas Cage this year, but the award show is usually long, and unentertaining. I was invited to a party next Sunday to watch The Academy Awards celebration live on television. I've been to a party like this several times now, it happens every year at around this time. "Bring a bottle and some dough," my buddy says. "If you want an award sheet in advance, I'll fax you one." I was a little skeptical at first because it seemed weird to celebrate an Oscar Award show from the mighty metropolis of Edmonton, Alberta, but I showed up nevertheless.

It turned out to be a great excuse to have a few cocktails and gamble. Yes, gamble. We figured out a way to make the Award Show much more entertaining. If you're

looking to host a great party, try this next weekend:

Everyone brings \$10.00 to throw in a pot. Last year there were 30 people there so the pot was \$300.00. You all get a sheet to fill out and you pick who's going to win the awards, the one with the most correct wins. It's that simple. This year there are 24 categories. You can find the list of categories and nominees at www.oscars.org.

I suck at predicting the winners. I never get close, but it makes watching the awards like being at the race track. Cheering on the winner of best foreign documentary can be fun believe it or not. (I think it was the only one I got right last year.) One thing's for sure though, if Gangs of New York wins this year for best picture, I'll puke. That movie sucked.

Harm's Bad Bets...

Best Actor: Daniel Day Lewis - "Gangs of New York"
Best Supporting Actor: John C. Reilly - "Chicago"
Best Actress: Nicole Kidman - "The Hours"
Best Supporting Actress: Queen Latifah - "Chicago"
Best Animated Film: "Spirit: Stallion of the Cimarron"
Best Picture: "Chicago"
Best Cinematography: "Chicago"
Best Costume Design: "Chicago"
Best Director: Rob Marshall - "Chicago"



This is Bob. Bob's having a great time 'cause he's sitting in a Molson Half Price Single Seat.

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The 2 1/2 to one ratio Midterms are Over



FURIOUS George

This girl came up to me in the bar the other night and said, "I've had teweleve shooterth and I dun't even feel junk!" I assured her that the booze was working fine, and that perhaps she had teweleve too many. But it got me thinking. Are we getting ripped off these days? It's bad enough drinks are over \$5.00 an ounce in the bars, do they need to be even greedier? I've been a bartender in busy night spots, and complaints about liquor content and such are quite frequent. Most people think these places water down their booze, but believe it or not, they don't (at least I've never heard of it). If anything, they program the liquor guns to pour 0.9 of an ounce. They do it because they're not going to get busted. If one was to test the bartender on the liquor gun's shot measurement, the bartender can simply pour it in a standard shot glass, and to the naked eye, 0.9 of an ounce will fit perfectly. The meniscus (I can't believe I used the word 'meniscus') is simply a little lower, but the glass looks full. That 0.1 of an ounce doesn't seem like much to you and I, but to the owner of a high volume Night Club, it's big \$\$\$.

It makes a 40 pounder into a 44 pounder. That extra 4 ounces at \$5.25 a shot is an extra \$21.00 to the owner. It pays for more than half the bottle! So, really folks, are they pouring less? Maybe, but watering down the booze is unlikely. It's not worth the risk for them.

What's really keeping us sober is low alcohol content liquor. A popular shot these days (especially for the ladies) is Sourpuss. There's Apple, Orange, Raspberry, and maybe a few more flavours. It's popular because it tastes great. Yeah, well so does Kool-Aid. Sourpuss has an alcohol content of 15.5%. This is low compared to that of Tequila (40%) or Jack Daniels (40%). You could have over 2.5 shots of Sourpuss for every Tequila you drink. In other words, a sourpuss lover spends around \$13.00 to every \$5.00 a Tequila lover would spend to achieve the same buzz. They can both stumble into a cab at the end of the night, but one is richer than the other. Let's face it, we consume shooters for one reason: to get pissed. Why waste it on Kool-Aid? If you're going out tonight, save your dough and choke down the Tequila. You'll only need about three or four to get junk, and you can donate the money you save to a nice charity! Then again, you can just get junk again tomorrow night.



HARMEN Van Andel

Midterms are over, whew, but I'm always tired these days. I don't think I'm alone either, I see many students walking around campus with a glazed look over their eyes yawning uncontrollably. College students often feel the pressure to stay up late due to academics, jobs, and trying to keep a social life. If students deprive themselves of sleep, medical issues can occur such as low immune system, motor skills, and cognitive abilities will decrease. Statistics show that about 63% of students don't get the essential amount of sleep they need.

How can you determine if you're suffering from sleep deprivation? Here are a few simple questions you can ask yourself:

- Do you crave naps during the day or find yourself dozing off at inappropriate times?
- Do you feel out of sorts, anxious or groggy, especially when you're less active?
- Are you coming down with more colds and flu bugs than normal?
- Do you suffer from other medical or emotional conditions that could be keeping you awake?

If you answered yes to any of these questions, you've got a

sleeping problem. (D'OH! I think I answered yes to all of them!) Most of us already know that we're not getting enough sleep but we just don't have the time or inclination to do anything about it right now. Unfortunately too many people have adopted this attitude and that's why we're all sleep deprived.

Scientists state that being sleep deprived effects our mood, our intellect, and even our driving

Most of us already know that we're not getting enough sleep but we just don't have the time or inclination to do anything about it right now.

skills. So sleeping a good 8 hours a day will make us happier, smarter and much better drivers. I'm going to promise myself 8 hours of sleep per night for one week, and see what happens. If I turn into a smiling-Quantum-Physics-loving-Mario Andretti, I'll let you know.

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Room E-128B
11762-106 Street
Edmonton, Alberta
T5G 2R1

Production Office
471-7615

Fax: 491-3989

E-mail
nainugget@hotmail.com

Editor-in-Chief
Kimberly Ashley

NAIT News, Events, &
Entertainment Editor
Jennifer Benoit

Arts & Entertainment
Editor
Stacey Laing

Features Editor
Harmen Van Andel

Sports Editor
Mike McGuire

Photographer
Kamell Williams

Typesetter
Jacque Truemner

Production Manager
Darrel Gregory

V.P. Communications
Jeremy Coules

Advertising Manager
Linda Campbell

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Contributing Writers

Kirsten Wagner, Tom Ace,
Gilles Prud'homme.



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LETTER TO THE EDITOR

Looking at the Real Issues

GILLES Prud'homme

I guess I hit a nerve with the tuition fees, which was not the intended purpose of my article.

I thank you for taking the time to reply to me but unfortunately you missed the major point of my article.

This talk about our increase was not to compare how much it is costing us and how much it is costing you. Even if you would be paying less than me, I still wouldn't be happy if they would only increase your fees. I am certainly not happy about the fact that it has cost you slightly more than me in the past for your tuition, but if they were to increase your fees again I would definitely not agree with it. I think that is a very selfish way of looking at things, an "us" and "them" attitude defeats any fight that we might have. A little solidarity please.

You must understand that the industrial trade work, which is the biggest part of the work in my field, goes in spurts and I have only worked the equivalent of 4 years in the last 8 years in my field. The next few years should be as good as long as they don't bring in immigrants. Bringing in immigrants to settle a short term problem is not the solution.

You seem to accept, with too much ease, the fact that it is normal to replace the union workers by cheap immigrant labor to increase the profit of a minority of the population. I know that you were told that immigration is a good thing, diversity is good in the right mix and immigration is only good if the original population is not sacrificed for it. Miscegenation always destroys the races which engage in it. It's funny that you celebrate black history month in your paper. Will you be able to celebrate white history month when this country is going to be a minority of whites? Of course not! Because political correctness does not believe that whites can be targets of racial prejudice or persecution. And that is why whites have to bow down to everyone or else they will be called racist and become outcasts of society. You are not allowed to be proud of your heritage, but you must be proud of everyone else's. Does that sound like they are celebrating your diversity?

I don't know what is the course that you are taking but if you were in the situation where they would bring immigrants to replace you, I wonder how that would make you feel. Then in a few months down the road they allow you to work in your field but, oh surprise, now you will get \$10.00 less an hour because that

is how much those immigrants accept to get paid. You see, there are serious consequences to being gullible when listening to the government.

It is cheaper to train a Canadian than to bring in immigrants. Each immigrant or refugee costs us, on average, over \$60,000 a year since only a few of them end up working and they bring in their huge family with them. They are a drain on our Medicare and social services and at the end of this, which is why you even have to pay to take your courses.

I have noticed that only a few lines of your reply has to do with the bulk of what I have written, but at least you admit that you don't understand ("you talk about all this immigration stuff, but I don't know much about that").

You have to see the big picture, as they start in one place and they just keep going. Those big companies are making a fortune on our backs and they are trying to get rid of the middle class.

Believe me, the newspapers are not telling you the whole truth (find out who controls them in Canada in USA and across the world, which would be a good start for you in your education on how the world really works) and the government sure wants to keep it that way.

As long as the majority of the population doesn't understand what is going on you can't complain. Have you read "1984" by George Orwell? By doing so, you can understand how history can be re-written.

Since the beginning of my course 8 weeks ago, there have hardly been any articles about relevant things that will affect your future and the ones of your co-students. Ignoring the world and focusing on parties in not going to do anyone any favors. Small, weekly newspapers like the Nugget are meant to talk about controversial things that major newspapers refuse to talk about (example: media control, censorship, gun control, 9-11 was the dog operation, WWII lies, echelon, chemtrails...). What about the war in Iraq, isn't that enough of reality for you. I can't believe that the 10,000 plus students of NAIT have nothing to say about that.

How about the biggest news at the moment that they are trying to hide from us? Ernst Zundel and the freedom of speech and expression. "We have to balance the public's need to know..." said Bernie Farber of the CJC (Canadian Jewish Congress) earlier last week. This sounds like censorship

to me. What are they trying to hide? This will affect what everyone will be able to say publicly in the future and no one is protesting this. How would you like to graduate with a Science degree and be stifled about your findings or not be able to do research because of the topic? Does this sound like progress to you? Pretty soon all you will be able to print in your precious Nugget is the party updates because you won't be allowed to print anything else. Those are subjects that should be covered in a college paper and you should be encouraging that debate. I'm not saying that the entertainment part, like hockey, parties, etc. is not important, because, after all, you've got to live in the moment.

What I would like to see is the students of NAIT getting involved and discussing real issues. Put the knowledge that you are paying for to good use.

Now I will try to explain the next part carefully to make sure I am clearly understood.

For the future of this country, and that includes every Cana-

dian, if you want them to have the same opportunities that we barely still have at this point, it is important to understand what is going on politically, even if most of you find that boring.

The key phrase here is NEW WORLD ORDER and it is already in place.

I encourage students to write about serious issues in order to have meaningful debates that affect your future, no one will do it for you. Your country does not run itself. If you don't take part, people who have something to gain will. Stop taking your news from the controlled media like the Edmonton Journal, Calgary Herald, National Post, Global TV Network, ABC, NBC, CBS, CNN, New York Times, MTV, and thousands more and believing that it is the whole truth. All the newspapers I just mentioned are owned and controlled by the same country. When you find out which Country it is, you will also find out who benefits from the war in Iraq. Why do you think you don't hear about the daily slaughter of

the Palestinians in the Occupied Territory?

Your generation has been brainwashed by the culture of MTV, MuchMusic, etc. They control what you read and change the facts of history accordingly.

There is a much bigger world out there than just the small confines of the NAIT property. And whether you believe it or not, it all affects the way you live in your own little world.

Editor's Note:

Gilles, I really don't understand the immigration thing, but I am glad that you brought it to the students' attention. I will do my best to look into this week. I understand that tuition was not the basis of your article, or the major point, but it was still there, and I thought that maybe we could clear a few things up, because there are many apprentices out there that do show a lot of concern over the new tuition increases. I will go into details next week on my own opinion of current politics, print media and their effect on society.

NAIT BATTLE OF THE BANDS

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WITH

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THE PHI-EFFECT • TIMELESS
LATENCY

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From rINGSIDE



MIKE McGuire

Since there hasn't been a column in 3 weeks, there's a lot to say. Let's get started.

Stampede Wrestling

A few weeks ago, I had the opportunity to witness my first Stampede Wrestling show. Talk about walking into tradition. Still under the banner of the "World Organization of Wrestling," the show was certainly an interesting flavor than that which we here in Edmonton have grown accustomed to.

The card for the show was impressive, with a lot of new faces I hadn't seen before, and some whose reputations were well known walking in. NAIT's own resident grappler, Marky Mark made his in-ring debut that night, and came short of the win against Rico Barzini. Other action included Rod (Ricky) Rage against "Kwik Kick" Kirk Melnyk, Nattie Neidhart taking on a (VERY) unstable Pat Myers, a monster named Karnage against Randy Myers, and Jason Carter (whose manager "Dr. Kyoto" stole the show) against an incredibly acrobatic Jumpin' Jack Flash.

In a handicapped tag-match, Apocalypse and Juggernaut won a controversial decision against TJ Wilson, Bruce Hart and the Highlander. Before that match,

Bruce Hart had some interesting thoughts regarding the passing of Curt Hennig, which was aired the following week on rINGSIDE Radio (www.ringsideradio.rocks.it). Overall, my first Stampede show was a good one, something I hope to be talking about in future issues.

SMACKDOWN SPOILER***DO NOT READ IF YOU DON'T WANT TO KNOW

It comes as a sad surprise that Kurt Angle will no longer be wrestling at WrestleMania. Angle has come under the same injury bug that hit Edge and Chris Benoit to name a few, that in the form of a bad neck injury.

The injury itself is something that he has reportedly been suffering for a while now, and wanted to put surgery off until after 'Mania. Look for Angle to drop the belt some way or another on tonight's edition of Smackdown!

King Lau - First Monster Pro Wrestling Champion

Just a couple of weeks ago, King Lau shocked independent wrestling fans when he (along with help from several members of the S.O.S.) defeated MAXXX POWER for the MPW Title. While I can't say I like the way he won it, I can't help but congratulate this trendsetting performer.

rINGSIDE Radio BIG NEWS

Well, I wish I could say that it has been easy, but the payoff from a semester of work is really starting to show itself. Myself, along with co-host Jeremy "The Golden Boy" Paige, would like to thank

everyone that has been listening and supporting us. Many people said that a wrestling radio show wouldn't fly, and now we're getting bigger and better than ever!

I don't want to give too much

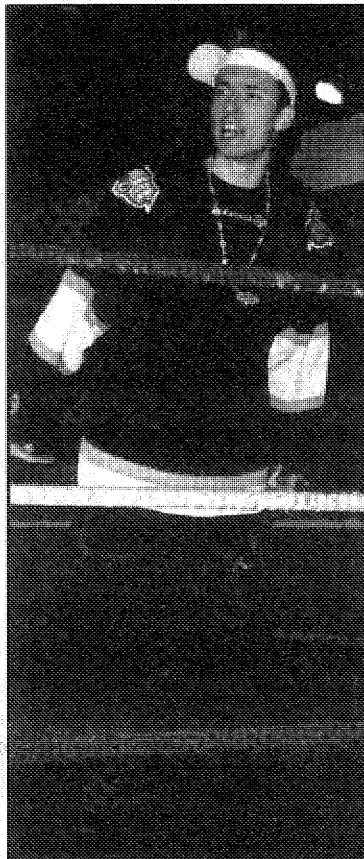


photo by: Mike McGuire

NEW ARRIVAL: NAIT's Marky Mark made his Stampede Wrestling debut a few weeks ago.

away about things to come, but we have just began negotiations with a couple of high-profile wrestlers, one of whom is one of the few guys that even Hulk Hogan has never beaten clean.

Any comments or questions on the show or the column can be sent to ringsideradio@hotmail.com. Til next week!

TODAY IS ELECTION DAY!

THURSDAY,
MARCH 13, 2003
9:00 AM - 4:00 PM

POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express
- HP Centre (1st floor outside "Bytes")
- The South Stairs (Plaza II)
- South Campus (Office)
- Patricia Campus (Office)
- Distribution Centre

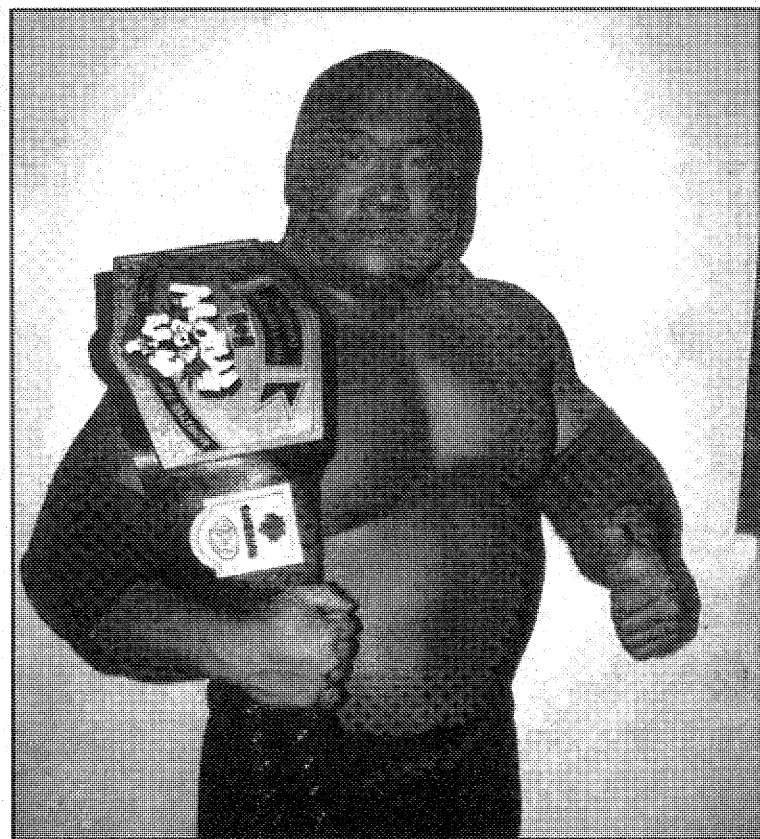


photo by: Mike McGuire

BY HOOK OR BY CROOK: King Lau wins the MPW Title, with the help of some friends.

NAIT Swimmers Finish Third



MIKE McGuire

for first, but we've got good battles for second with Grant MacEwan. Some of the outlying areas also surprise us."

MEET 3 RESULTS:

Combined:

- 1 Mount Royal College 376
- 2 NAIT 215
- 3 Grant MacEwan College 210
- 4 Grand Prairie RC 49
- 5 Ft McMurray Keyano College 34
- 6 Concordia University College 10

Female Team Scores

- 1 Mount Royal College 206
- 2 Grant MacEwan College 124
- 3 NAIT 60
- 4 Grand Prairie RC 23
- 5 Concordia University College 10
- 6 Ft McMurray Keyano College 2

Male Team Scores

- 1 Mount Royal College 142
- 2 NAIT 131
- 3 Grant MacEwan 68
- 4 Grand Prairie RC 26
- 5 Ft McMurray Keyano College 22

While competition did fill the warm air at the NAIT pool, there was also a sense of good nature. In the third and final meet of the ACAC Swimming Championships, the race for second behind an explosive Mount Royal was the objective for all the teams.

In the end, it would be the NAIT men's team who would take the silver medals, and the women took bronze, giving the Ooks swimmers the overall bronze.

NAIT's Kelly Albrecht broke another ACAC record in the 100 Meter Freestyle, finishing with an impressive 54.11.

After finishing 3rd overall, Oaks Coach Jeff Riddle is optimistic about next season. "We've got some returnees. I really do believe that Mount Royal is a lock

2003 SEASON RESULTS

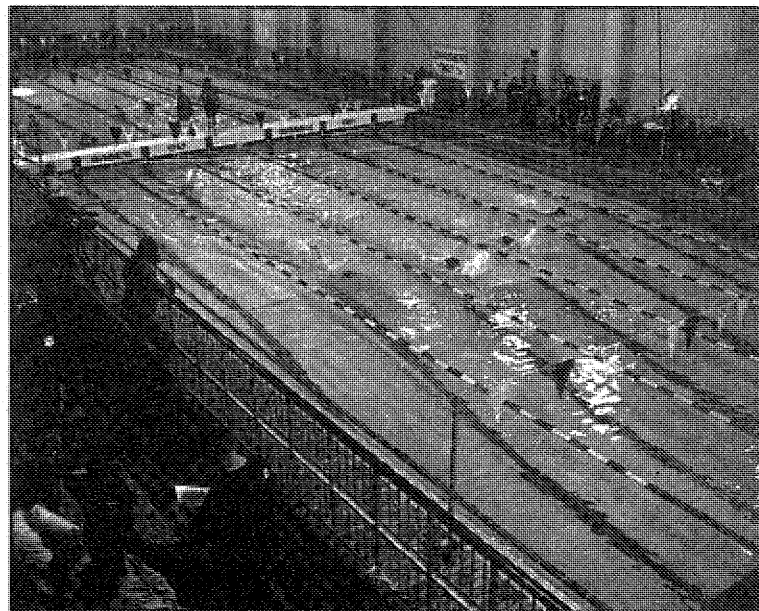
#	SCHOOL	MEET#1	MEET#2	MEET#3	FINAL
1	MOUNT ROYAL	404	384	374	1162
2	GRANTMACEWAN	202	209	210	621
3	NAIT	179	179	215	573
4	GRANDE PRAIRE	74	55	49	178
5	KEYANO	-	33	34	67
6	CONCORDIA	4	7	10	21

FEMALE TEAM SCORES

1	MOUNT ROYAL	189	183	206	578
2	GRANT MACEWAN	124	139	124	387
3	NAIT	58	50	60	168
4	GRANDE PRAIRE	35	24	23	82
5	CONCORDIA	4	7	10	21
6	KEYANO	-	6	2	8

MALE TEAM SCORES

1	MOUNT ROYAL	187	173	142	502
2	NAIT	103	111	131	345
3	GRANT MACEWAN	60	52	68	180
4	GRANDE PRAIRE	27	19	26	72
5	FtMacKEYANOCOLLEGE -	17	22	39	



Splash Splash! The third and final meet in the ACAC swimming championships took place at NAIT last weekend.



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THEATRE REVIEW

A True Gift



STACEY
Laing

Einstein's gift is the latest Citadel production and like all of the others it is brilliant. It is directed by David Storch and written by Vern Thiessen. It is set in the early 1900s and tells the story of Dr. Fritz Haber a scientist who used science to both aid the world as well as to help destroy the world. The story begins with Haber going into the church asking to become a Christian; he does this because being Jewish will cease any opportunity for advancement in his career. This is the first act that he does to put his career in front of his life. He not only gives up his faith, but also his family and friends in order to serve Germany and excel as a scientist. Haber is obsessed with being a German and believes that Germany will take care of him. Haber discovers a nitrogen fixation process that can produce artificial fertilizer; this discovery averts famine in many areas. He is then recognized by Germany and is asked to create a deadly gas for Germany that changes the face of war. He agrees to this, which goes against his wife

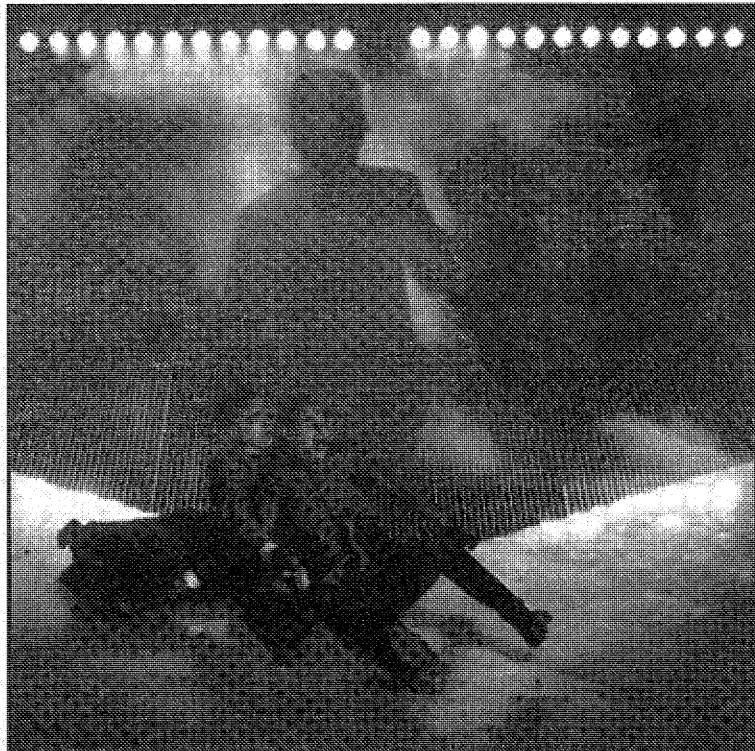


photo by: Ellis Brothers Photography

Performing in A True Gift is Michael Spencer-Davis as Dr. Fritz Haber and Philip Warren Sarsons as a young soldier.

Clara (Stephanie Wolfe) and his best friend Otto (Julien Arnold) and puts Germany ahead of everyone. This is the major theme throughout the play, his obsession with being a German.

His friend Otto introduces Haber to Einstein, who Haber does not like very much. However, Einstein continually drops into Haber's life to ask him for favors

and focuses on what he should be doing rather than what he is doing. To me this play was fantastic and one could interpret it in many ways. I think of Haber as having very little self-confidence and no self-esteem clinging to Germany as a small child would cling to their

parents. Unfortunately, unlike a parent Germany will not choose him over what it believes to be best for the country. Einstein plays a role similar to a conscience for he knows the right thing to do, he knows what will be the outcome, yet Haber refuses to listen. I think this play is well written and

well acted and is definitely worth seeing. However, it runs only up until Sunday March 16th, so there is not a lot of time to catch it. Don't forget that the Citadel offers rush seats sold at half price one hour before the performance as well as student prices.

WIN OPENING NIGHT TICKETS TO THE CITADEL

If you want to win tickets to the opening night of the new Citadel play, write a short letter with the name of the play, the author and director, as well as why you would like to go and see it. The first complete entry that we receive will win two tickets for opening night, worth \$138! Opening night is Thursday, March 20th, at 8 pm.

Remember: if you don't win, there are several great, inexpensive ways to see the play! Take advantage of _ price seating one hour before the show, student prices, and pay-what-you-can on the first Sunday of the play's run. Submit your answer in the Nugget box outside room E-128 with your name, phone number, and student ID number.

MARCH 21
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The History of St. Patrick's Day



JENNIFER Benoit

St. Patrick's Day is Ireland's greatest national holiday, but is also a holiday celebrated in many other countries around the world. The happy holiday is celebrated most of all in Dublin, New York City, Boston, and San Francisco. March 17th marks the anniversary of the death of St. Patrick, who died over 1500 years ago.

St. Patrick (named Maewyn Succat at birth) was born in Britain. His family was wealthy, so when St. Patrick was 16 years old, a group of Irish marauders attacked his family estate and held him in captivity after bringing him to Ireland. There, St. Patrick was a slave for six years. He worked as a shepherd, spending his time outdoors and away from people. St. Patrick became closer to God during his frightening and lonely years. St. Patrick found solace in Christianity.

After escaping from slavery, St. Patrick went to Gaul (Rome), where he studied in the monastery (a house for persons under religious vows) for twelve years. During his training, St. Patrick decided it was his calling to convert the pagans of Ireland to Christianity. St. Patrick became second bishop of Ireland. He was successful at converting the Irish people to Christianity. However, the Celtic druids were not pleased with his efforts, and St. Patrick was

arrested several times. Every time, he escaped. St. Patrick traveled throughout Ireland and established monasteries across the country. He set up school and churches, helping him win converts.

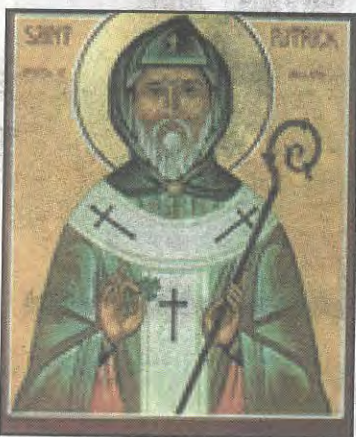
His mission in Ireland lasted for thirty years. He retired, and later died.

To become a saint (of the Catholic church), there are a few requirements. The person must demonstrate perfect virtue. The process by which a person becomes a saint is called canonization. For centuries, saints were chosen through public opinion. In the 10th century, Pope John XV developed an official canonization process.

It can take years, even centuries to become a saint. Pope John Paul II has since revised the canonization process, and there are certain steps to be taken. A local bishop investigates the person's life and writings for evidence of heroic virtue. The person must be responsible for at least two posthumous miracles. The alleged miracles must be submitted to the Vatican for verification. During their lifetime, the candidate must see a vision of the Lord.

It is said that St. Patrick rose people from the dead. It is also believed that he gave a sermon from a hilltop that drove all the snakes from Ireland. Interestingly, there are no snakes native to Ireland.

The three-leafed shamrock was St. Patrick's symbol to explain The Trinity, and used the plant in his sermons. His followers adopted



St. Patrick himself.

the custom of wearing the shamrock during feasts.

The St. Patrick's Day custom came to America in 1737, in Boston. In fact, the first St. Patrick's Day parade took place in United States, not Ireland. Irish soldiers participated in the parades to show their pride in their Irish roots, and suddenly, the St. Patrick's Day parades became a show of strength for Irish-Americans.

Though originally a Catholic holy day, St. Patrick's Day has evolved into more of a secular holiday for many.

For luck on St. Patrick's Day, find a four-leaf clover (good luck in this weather), wear green, and kiss the blarney stone.

What is the history behind the blarney stone? The blarney stone is set in the Blarney castle of the Irish village Blarney. Historically, Scottish Kings were crowned over

the stone, because it was believed to have special powers. To kiss the blarney stone, which is on the inside of an outside wall of the Blarney Castle, you must lie on your back and bend your head backwards over a huge gap, and

look backwards over the ground below. Today, even though the castle is partially in ruins, the lucky blarney stone remains. Folklore has it that kissing the blarney stone will give you the gift of eloquence.



Blarney Castle

FROM THE OFFICE OF THE REGISTRAR AND DEAN OF ADMISSIONS

1. Prior to the end of the term, please notify the Office of the Registrar and Dean of Admissions of any changes to your address to ensure delivery of your statement of marks and parchment.
2. If you will be returning for the Fall/Winter terms 2003/2004, please note that tuition fees are due prior to registration, and not later than August 13, 2003. A tuition bill will be mailed from the NAIT Cash Office not later than the week of August 4, 2003. A receipt indicating payment of fees will be required to register.
3. Registration dates for most returning students in the Fall 2003, will be August 19th, 20th and 21st.



Kissing the Blarney Stone. I wonder if they ever wash it?



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RESTAURANT REVIEW

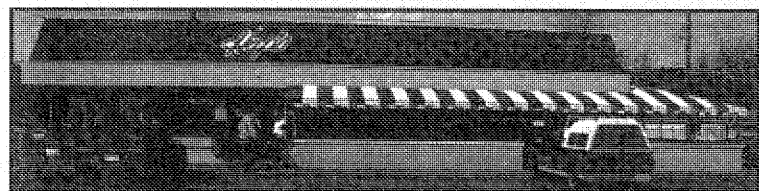
A Hearty Breakfast Experience



STACEY
Laing

Hap's Hungry House is a great place to eat, it is open from 6:30 a.m. till 4 p.m. and it specializes in breakfast and lunch. It is located on Stony Plain Road and 159 street. We went there Saturday around 11 a.m. and the restaurant was full, although we were seated quickly by friendly staff. What sets Hap's away from a regular breakfast joint are the little extras that the staff does to ensure your meal is great.

water. The prices match the service, which is great. You can order a half portion of eggs benedict for \$3.75 and I didn't see anything on the menu above \$8.00. As well in the student's union ticket pack there is a two for one coupon, this added incentive to try the restaurant out. I ordered the Denver deluxe omelet it was served with house potatoes and Texas size toast. The omelet was stuffed with green peppers, ham, onion, and cheese, Haps does not skimp on the fillings. Everything was very tasty and hot and the portions were huge. If you're super hungry you can order the large size of any omelet, but you better be really



We were given coffee as soon as we sat down and later we were given a carafe of coffee as well there was ice water on the table. These are small gestures, but it really adds a lot to the experience there is nothing worse than dying of thirst and not be able to get the waiters attention for a glass of

hungry if you expect to finish it all. The atmosphere is very lively and cheerful and this seems to improve the taste of the food. There are bright red tables and blue walls with colorful curtains and cute pictures on the walls. Haps is a great way to start out your morning so stop by and try it out.

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NOTICE FROM THE OFFICE OF THE REGISTRAR AND DEAN OF ADMISSIONS

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If you expect to complete program requirements by Friday, May 2, 2003 you must order your gown.

Orders will be taken at:

Campus Reads and Needs, Room X114
Patricia Campus Bookstore, Room 135
or at Souch Campus – Room Z-130

(For Information Call: 471-7717)

**Deadline for ordering gowns:
FRIDAY, MAY 30, 2003**

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Saturday, June 21, 2003

Jubilee Auditorium, Edmonton, Alberta

An detailed brochure with information on Convocation 2003 is available by contacting your program area office, the Registrar's Office or by visiting NAIT's website at www.nait.ab.ca. The brochure includes information on the Convocation Ceremony, gown orders, timelines etc.

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Where to Celebrate St. Patrick's Day



STACEY
Laing

St. Patty's day is this coming Monday so where can you go to join in the Irish party? It has become a tradition (probably not a true Irish tradition) for me and my friends to drink green beer in as many locations as possible. Therefore, you must have a good idea of where one would receive green beer, I don't know if all of these pubs offer it, but it is worth a try as any of these pubs will offer a great time. As the first thing to remember is the Irish like to have a good time and therefore most parties will be starting on Friday night and continuing on through Monday close. There are several Irish pubs throughout Edmonton and area. O'Byrnes on Whyte ave, Scruffy Murphy's on 106 st, The Druid on Jasper ave, there are also three locations of Sherlock Holmes, and don't forget O'Maille's in St. Albert. All the pubs have specials on with lots of sing-a-longs and food.

O'Mailles has a Magners apple cider drink tasting on Friday as well as a give-away for a trip for two to Ireland. Monday it is having an Irish breakfast for \$2.99 and later that night a Guinness leather jacket give-away.

The pubs are a great place to go and have a good chat with your friends and meet loads of new people; however, if dancing

is more your idea of a great night out try out Red's or Nashville's Electric Roadhouse. Both bars are located in WEM and on Saturday night, Red's is featuring McCuaig and Nashville's is featuring Captain Tractor. It promises to be a

huge party, make sure that you take part in it and come down to the Nugget office Friday between 10 a.m. and 11 a.m. to pick up your free tickets to Captain Tractor and remember to wear green.

Want to celebrate St. Patrick's Day in style?

The Nugget is giving away 50 pairs of tickets to see Captain Tractor courtesy of Nashville's Electric Roadhouse. Nashville's, Power 92, and Kokanee are presenting Captain Tractor March 15th at Nashville's in WEM. If you want to participate in the party come on down to the Nugget Office Friday, March 14th between 10 a.m. and 11 a.m. to pick up your pair of free tickets, be sure to wear something green to show your spirit.

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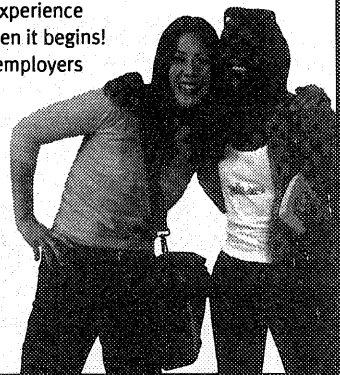
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EDMONTON

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DROP-IN WOMEN'S ONLY SHINNY HOCKEY

- Full equipment required
- Maximum 28 players not including goalies
- Shinny offered at City of Edmonton Arenas year-round
- Admission passes must be purchased in advance from any City of Edmonton Leisure Centre

Schedules Available at:
City of Edmonton Arenas, at 496-4999, or
www.edmonton.ca/arenas



Adult Shinny Hockey
Single Admission Pass \$8.00
Includes GST. Goalies play for FREE.

3908

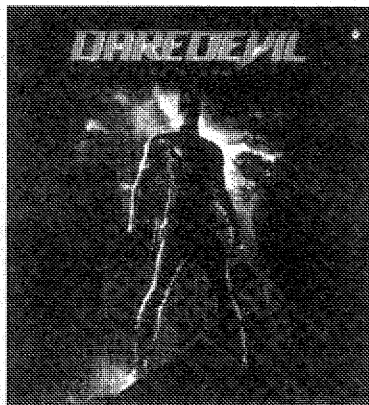
CD REVIEW



JENNIFER
Benoit

except for the less than thrilling Daredevil theme and Evanescence's stunning My Immortal. To hear the tracks on the album, visit daredevilmusic.com. Even if you have no intentions of ever watching the movie, don't miss out on this wicked album.

Daredevil The Soundtrack



Twenty excellent tracks make up the Daredevil album, including the ever increasingly popular Bring Me To Life by Evanescence, which is tearing up the Top Ten chart on 100.3 The Bear. Other artists on the album include Fuel, The Calling, Nickelback, Saliva, and collaborations between Rob Zombie and Drowning Pool, and Nappy Roots and P.O.D. Even though the Texan lead vocalist of Drowning Pool, Dave Williams, passed away in August 2002 from a heart attack, the band's music is still going, as proven with The Man Without Fear, the track made especially for the movie, and with their 2001 album, Sinner. The Daredevil album is laden with all rock songs,

Hot March Deals at the Tech Store



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in-stock games

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- reduced for the month
of March!

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Regular price \$69.99
Now \$62.99

The SIMS - Hot Date
Expansion Pack
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tech store



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Phone: (780) 471-8390 ■ www.nait.ab.ca/techstore

3909



3913

The Ghetto



**JENNIFER
Benoit**

The best rock show at The Nest in a long time... with The Ghetto-blasters, who came last Thursday, March 6th. The Edmonton rock band features five members: Uncle Jimmy (vocals), Tilo Paiz "from El Salvador" (drums), Chuck Wild (bass), Lane "Lanny California" Allen (guitar, backup vocals), and Bradley "Velvet Finger" Sureshot (rhythm guitar). The self-titled bad asses gave The Nest a taste of "The Rock Party of Canada," which is The Ghetto-blasters' present slogan.

The Ghetto's stage presence was very much as full of energy as their music, which can be compared to that of The Headstones. The boys are fun, especially the hilariously eccentric Uncle Jimmy, who decided it would be amusing to perform drunk. The Ghetto's almost managed to get the usually quiet and tired crowd a bit

is here to stay!" screamed Lane.

The Ghetto's were looking for a riot to occur, exclaiming often, "Let's see the finga! Give it up for the finga! Let it go!" And then someone threw a beer can at the band.

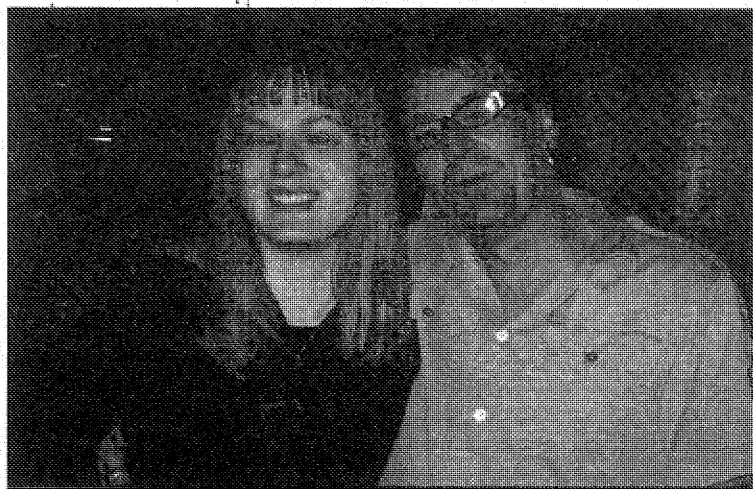
The boys almost gave up trying to excite the Nest crowd. They jokingly threatened to leave the stage until there was more response from the room. "You've only been to school a couple of years - you haven't become completely uncool," pleaded Lane.

Even though Uncle Jimmy

talks too much and Lane is almost too hyper, The Ghetto's do play great music. All original material. There is awesome talent in Lane's guitar playing and Tilo's drumming. Tilo treated the Nest people with a drum solo, showing off some great rhythm. It was nice to still be able to hear the guitars over Uncle Jimmy's loud, booming voice.

Later in the show, still irritated with the lack of response from the crowd, Uncle Jimmy asked the crowd, "Anybody want

continued next page...



Jen Ben and Uncle Jimmy smile for the camera.

The Crazy St. Patrick's Word Search

MONASTERY
CELTIC
SLAVERY
SHAMROCK
CLOVER
RAMINBOW
ERIN GO BRAGH

WALES
LIMERICK
IRISH
DRUIDS
LUCKY
GOLD

POT OF GOLD
DUBLIN
SNAKES
LEPRECHAUN
IRELAND
PAGAN

ST. PATRICK
FOUR-LEAF CLOVER
LEGEND
MAEWYN
PIRATES
GREEN



Uncle Jimmy of the Ghetto-blasters rocks The Nest.

more involved. The Nest crowd is hard to please. "Wake up! Don't let your minds get stuck into this school... what about girls and beer?" Lane asked the crowd at one point.

I have to say, The Ghetto's are a bunch of rock die-hards. Part of their performance involved pouring beer (several times, to the dismay of The Nest staff), onto a table that was onstage, and flirting with girls half their age. Uncle Jimmy had fun pointing out all the girls in The Nest audience he thought were "pretty girls". "It's sugar time!" yelled Lane, adding to the charade. The boys threw a T-shirt and Lane's toque at the audience. It was all about rock with these guys - "Rock and roll

FOCRKNYBGS UO LRLAA - PILHARNR IEPTMLLYACT
PERGGFARD SHAMROCKNSNRGVDMIIT CAKTLOETCSF -
NGNRCNNDUMPRC AKCLOVERRMADELIDEPESNCREHNU
NBSLAVERYCCWEP CSKGLRRSWNLILRREOPRYA BHIIS
AIEBLAS NORCIREEOORICD COAMITANLEESNED KH
LCFEINRCLGEDTFIESVGLCAL . LNCNCPYLCTTY HMID
FFIELLLEGENDIDENTR GPIOLETCRLGA HEEWCKTKO
LIEKYOAKMAVIRLT ORBD OLGIFREWRYYRRELB . RE
TCBDLSCCALDTMADAOGULR HEHLAPERREAYAUERRS
SITDLRRGOERSRAAIPKOGPLRARYEELDTODDNMTAHO
NLT . YDEYCEEISGRPCGY LFELOYERCKGDTAECYPSE
ACRDENHIOAEACMNRULYSBDRMUPOT OF GOLDGGIAE
KRLI . FTBDTYNRIKTPECMLRPKNIOLOGNNRWGILRGAI
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SSETKKSIPKDVVNURL AENURG ENNILH PNHKP - CLR
I NSCDUBLINA UMSRNA NEMRHYP ELAWVSDEPEKED
YND OILFAFLNRR . A DEAPAGANI REETCRESCBHP . OU
VOE RRWECRTRIRISHTLGOICPLSRPNCRKSDIRPIOED
KBLLEATEC IMKRIST . PATRICKNRRKOSI RTSRNECE
HEEEMVTINYDASE TBICASRSA . ELYDAA NPLCAULP
EEGNILAKE TRICV CAFEAGILCVARTEUPGGEEADRGE
AKALDARGOLRUIFUOGLTPOAHDDLLEUOAENCIW . CSI
RA RYRSTWPYFEIROCIE LAAKAMDNASGDRLISLIHIA
AGNH COBONDOLUDRVSYSOUGMDHEEERGNGARASDTTM
YESRNRITBOP IINLSWLOSNDVSE - LCTKAASPRSYEPS
RGDNDALS NVOLKSEAASAPYOIYFSA . IRRVLV I KERBR
IHFYEALYIH HCMMTIOA - RGHIEWMHLOOE - SECSLHWE
YYRFEEBLA FOUR - LEAF CLOVERIO NEARWHUEYTGEN
ANLOGRRERNLDCDVEORFRGWAAENAOENMIHLNCGCSLI
TECUEGGGLMPDNHEAA GTIEGSM DNCKNCA IOAKBIIGU
LNLRENTVIARHNTGRYADDIRHECNRCGADES OAYG LD .

blasters

to hear some Bryan Adams or Celine Dion? That's Canadian talent! You're getting this s---rammed down your throats!" The Ghetos had the crowd try a half-hearted attempt at chanting. And when Uncle Jimmy said, "We're gonna mellow it down...", one had to wonder if he had a long enough attention span to do so.

The best part of The Ghetos was that they were very interactive with the audience. For the last song, they invited two members from the audience onstage to rap with the group. The set ended with a short-lived brawl between Lane and Uncle Jimmy.

The year-and-a-half old band is releasing their new album, *Radio Universe* (Homestead Records), in September 2003. Their web site, www.theghetoblaster.com, claims the album is "larger than life, twice as ugly, and three times as loud".

"...I'll make a great Prime Minister...

I'm twice as ugly and three times as f---ing loud!",

For the show at The Nest, the band traveled and "drank all night" on the train from Toronto, where they performed at Canadian Music Week. Coming up, they will be the headlining band for the Western Canadian talent showcase and join Van's Warped Tour in Calgary, which will be a large outdoor festival.

Uncle Jimmy says The Ghetos are getting a big break right now. He wanted to thank Mike Anderson and NAITSA for supporting new, original Canadian music.

"We're starting a new party called the Rock Show of Canada, and I'm running for Prime Minister of the Rock Show. It may seem sinister, but I'll make a great Prime Minister... I'm twice as ugly and three times as f---ing loud!", asserted Uncle Jimmy. He says that Canada needs more attitude and aggression. "Rock and roll is the medicine."

To sum The Ghetos up: Good material. Rocking music. Plain old fun.



The Ghetoblasters live at The Nest.

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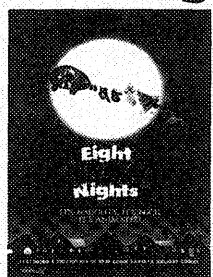
- 24/7 access to info on students finance
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- Check your application status
- Apply for next year on-line

Alberta

THIS WEEK AT THE NEST

MARCH 17 - 21

Monday
MARCH 17
**Labatt Blue
Movie Night**



4:30 pm Start
\$2.75 Labatt Blue

Tuesday
MARCH 18

75¢ Draft

After 3 PM

Wednesday
MARCH 19

**Name
That Tune**

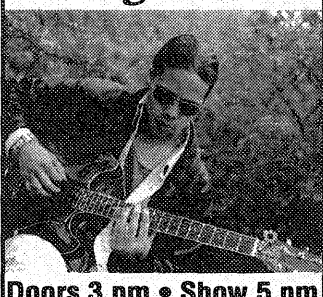


25¢ Draft

5:00 pm Start

Thursday
MARCH 20

**Live Music NIGHT
with
George Leach**



Doors 3 pm • Show 5 pm

Every hour on the hour
between 3 PM and 9 PM we
are giving away a Trip for 2
on the Kokanee Bus to
Jasper.

\$2.75 Kokanee ALL NIGHT

NAIT PEP RALLY

for our

2003 ACAC Men's Basketball Champions The NAIT Ooks

Come help send the Ooks to
Montreal for the National Men's
Basketball Championships

In Style!

11:30 in the Common Market!
Monday, March 17, 2003

South Lobby Sale

9-3

Items
Reduced by:
10%-50%

READS
NEEDS

The
18, 19, & 20
of March

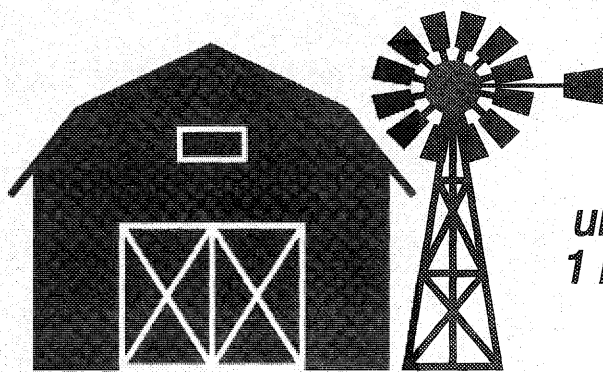
10-3

Jostens Grad Ring Display

NAITSA Presents

The BARNYARD End of Year TOGA BASH

Thursday, April 17th
(Day before Good Friday)



At a Secret
undisclosed location
1 Hour out of the city!

Tickets: \$15

Available at the NAITSA office (Rm E131)

Ticket Includes:

- Bus Ride
(8 pm sharp from the Nest)
- Admission to the Party
- Cheap Drinks All Night!

Presented By

NAITSA
Students' Association





B – Meet you at 2 on Thursday, 8th floor. You bring the whipped cream, I'll bring the cherries!

Hottie by the microwaves by the North Lobby who always heats up his WIENER: I'll meet you with my HOT BUNS Friday

Hello Radio! See you at the f**king pool! – Signed, C.M. Burns

Your very own NAIT NTV News Show is back in action! Be sure to tune in this week to the only news program that explores issues from a student perspective. Catch us on Shaw Cable Channel 10, Saturdays at 7:00 pm and Sundays at 5:00 pm.

Has God turned His back and left us? Why does He let all this pain and suffering happen? Have I done something that can't be forgiven? I can try and help answer these questions. E-mail your questions or concerns to questionforthechristian@yahoo.com. My answers will be from a personal and biblical perspective. –Concerned Christian

Furious George: You are the hottest piece of ass on the planet. You have no idea, the things I could do to that ass! Please tell me you (and your ass) are single, or at least willing to pretend...

"To: Trish the vixen that I met at my show at Reds. You rock and I can't wait until I see you again. Hopefully sooner than later. From the guitar player.

Classifieds

Car for sale: A 1988 Pontiac Tempest. Automatic, 4 door, a/c, white, about 178,000 km. Great condition. Must sell. \$1,200. Call Val @ 488-5985.

Two mature apprenticeship students seeking rental accommodations for May and June. If you know someone who will be keeping a place over the summer while working elsewhere let us know. A sublet for two months would be ideal.
msneddon@telusplanet.net or 780-791-6542

Help Wanted.

Make \$\$ around school. Secure a summer position \$17.05 per hr appt. to start. Scholarships available. Conditions apply. Flex schedule. 436-94444.
www.workforstudents.com/ab

STUDENTS!!

Massage has proven to reduce test taking anxiety. Call Cindy @ 983-8127 for more details.

Stressed? Sore muscles?

You need a massage! Sherry Theriault, Registered Massage Therapist, 995-9528. Hangar #11, behind NAIT.

EDMONTON


Summer Program Positions Community Services

The City of Edmonton, Community Services, Neighbourhood Social and Recreation Services is currently recruiting for summer program positions for playgrounds, daycamps, youth programs, the Heritage Amphitheatre, and River Valley programs. We are looking for coordinators, leaders, junior leaders, wading pool supervisors, and skateboard park instructors. Hourly wage \$7.50 to \$19 depending on training, experience, and specialized skills. Visit www.edmonton.ca or call the City of Edmonton CITY TALK Dial-a-Job at 496-4000 for further information.



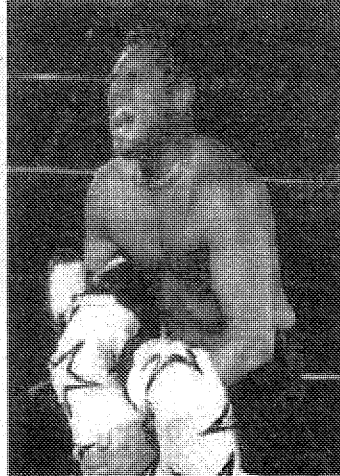
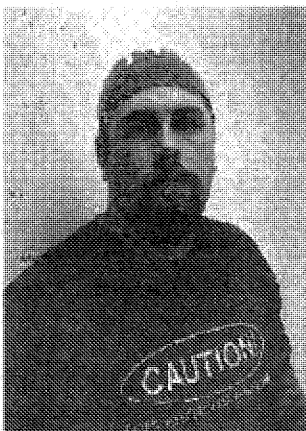
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TUESDAY, MARCH 18 5:00p.m. MST

WILL HE WRESTLE AGAIN?
TEX GAINES

ALSO: SOS MEMBER
LETHAL LOU GAGE

nr92

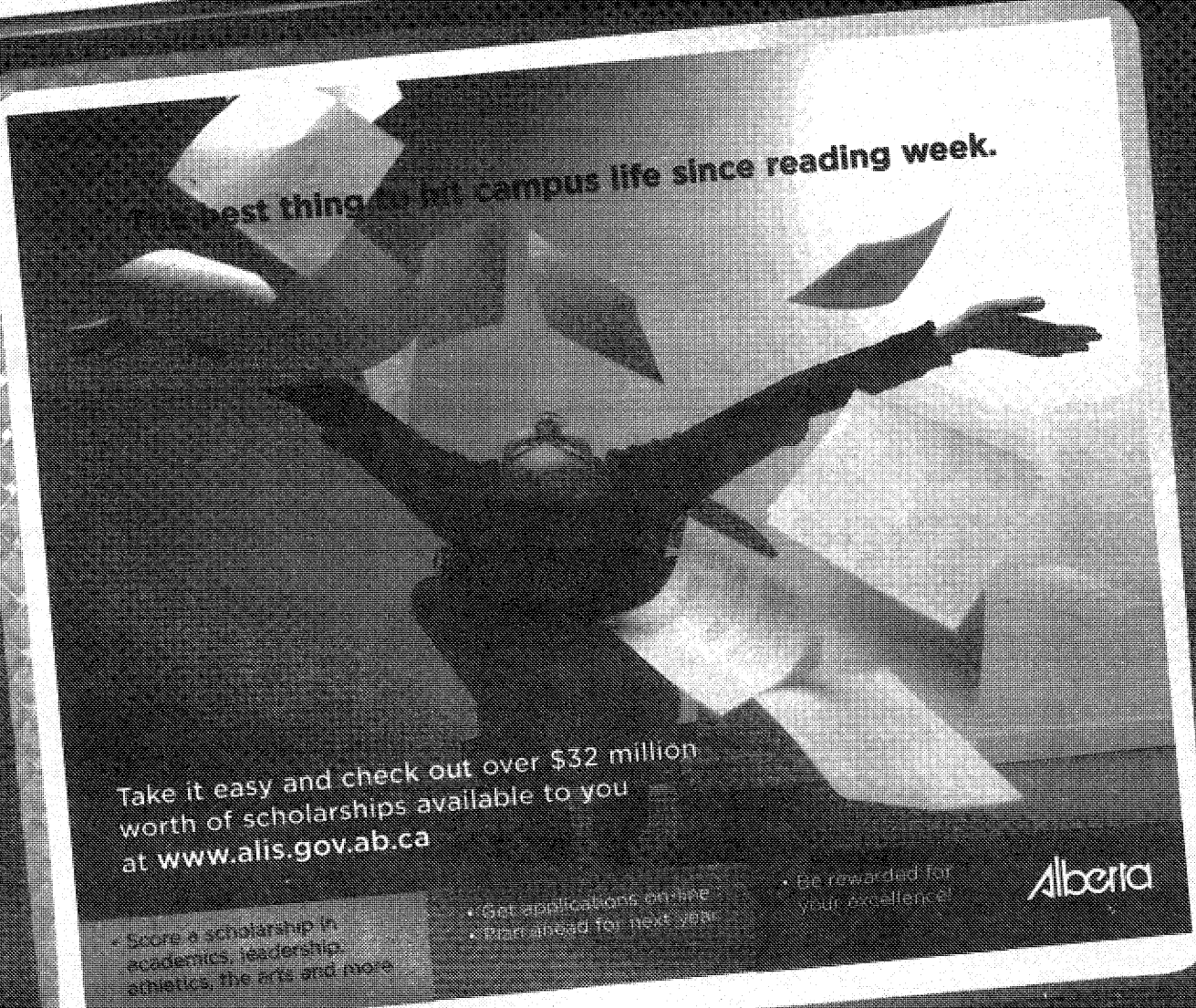
www.rINGSIDeradio.rocks.it

TODAY IS ELECTION DAY!

THURSDAY,
MARCH 13, 2003
9:00 AM - 4:00 PM

POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express
- HP Centre (1st floor outside "Bytes")
- The South Stairs (Plaza II)
- South Campus (Office)
- Patricia Campus (Office)
- Distribution Centre



The best thing to hit campus life since reading week.

Take it easy and check out over \$32 million worth of scholarships available to you at www.alis.gov.ab.ca

• Score a scholarship in academics, leadership, athletics, the arts and more

• Get applications on-line

• Plan ahead for next year

• Be rewarded for your excellence!

Alberta

Wanna Get a Free Makeover?

Submit your entries now!

WIN A FREE Makeover!

- All entries must be submitted to the Nugget Submission Box by 4:00 PM every Monday until April
- Eligibility is open to all Males and Females who are looking for a new look
- All entries must include:
 - A recent picture
 - 75 words or less on why you want (or need) a makeover
 - Full name, student ID #, and Phone Number
- Chosen candidates will be contacted by phone
- All candidates release permission for The Nugget to print Names, photos, and write ups
- Makeover includes CUT, COLOR/ HIGHLIGHTS, MAKE-UP

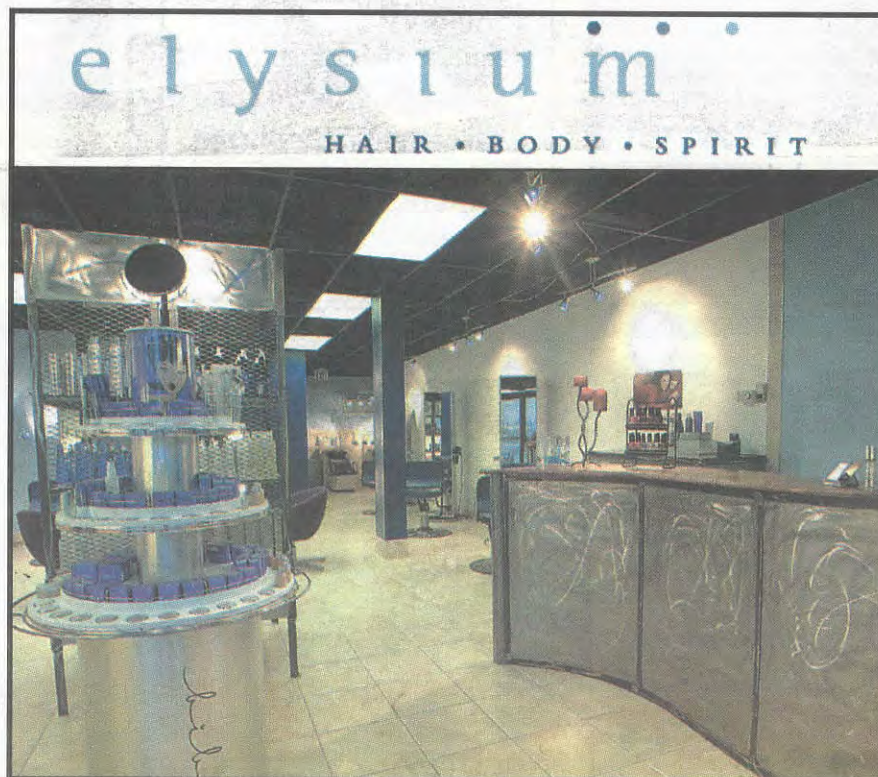


Before...

Chelsea Boettcher



After...



elysium
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All NAIT Students

Receive 25% off products & services.
Must have a valid Student ID. Good until the end of April.

12312-107 Ave.
488-6808



NAIT Students' Association '03/04 Election Information



ELECTION DAY

'The easiest way to speak your mind is to write this... X'

NAITSA has a goal... to have 30% of the student body vote.

Believe it or not, the national average is about 11%. Unacceptable.

There is a new NAITSA coming... We want to be known for our accountability to our members. But first we need your vote. Cast your ballot on March 13th and make your voice heard!

POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express
- HP Centre (1st floor outside "Bytes")
- The South Stairs (Plaza II)
- South Campus (Office)
- Patricia Campus (Office)
- Distribution Centre

BRING YOUR ID CARD

All you need is your ID card at the polling stations. Full-time, part-time and apprentice students are eligible to vote.

NOW HIRING POLL CLERKS - MAKE SOME \$\$\$

Holding an election is a lot of work. Several jobs are available now. Ask for info in E131.

THURSDAY, MARCH 13, 2003
9:00 AM - 4:00 PM

www.naitsa.ca