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THE NUGGET

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NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

NAITSA

Students' Association

ELECTION WEEK!

Francisco Sarango
VP Operations

Jeremy Coules
President

Terence Fitzgerald
VP Communications

?????
VP Academic

Candidates
Inside!

Elections for NAITSA Representative



DANI Kent

You may or may not be aware of this, but another election is coming-up to vote for another VP of academics. I can already hear half of you moaning, "Again? Didn't we vote in April?"

I can see how this might irritate some, which brings me to my first point. If you really want to complain, then vote. Once you vote, you can complain all you want and no one can call you a

hypocrite.

I also hear a lot of complaints about the NAITSA fees. Most people go to the gym to justify paying the fees, but why not vote and justify who's salary you're paying?

While you're at it, vote and let everyone know that you want your opinion to matter.

I'm not going to beg you to vote and tell you why it's sooooo noble. We all have our reasons, and we're all busy getting an education we can actually use, or at least trying not flunk-out. But I'm stingy with my money and I REALLY like to complain, so I'm going find a spare moment to vote.

What Pothole Problem?

DANI Kent and KAYLA Bailey

The pot holes plaguing the hangar road have finally seen some maintenance. But the question still remains as to who is accountable for the 109th street extension. The minor repairs made over the weekend were done by the Airport Authority, though they still claim that the road is not theirs.

Between regular use by NAIT students and last year's weather conditions, the holes have significantly gotten worse. NAIT is unsure who's responsible for a more permanent solution for the popular road.

Stress Management



DANI Kent

Around the hallways of NAIT, I see the casualties of stress. Thrown-out backs, rampant colds, and extreme irritability. Six major causes of this constant stress are:

1. External Demands (this comes from teachers and peers, and the demand of excellence from them)
2. Deadlines
3. Peer pressure and Campus culture (all the extra personal time you're expected to put into your assignments)
4. Internal demands (our own expectations and demands)
5. Perception of danger (example: if I'm late for class I'll lose marks or if I fail this test I won't get honours)
6. Evaluation of our ability to accomplish tasks (this applies to how much confidence you have

towards achieving your goals. Example: if you think you've got too much homework to handle)

Though reducing stress varies with every individual, there are a few things everyone can apply to their lives. The most powerful and simple technique is to monitor the messages you give yourself. Often, people can scare or stress themselves with negative "self-talk". An example of this is: you get up and think, "Today is going to be a long day!" If you notice you're saying negative things to yourself constantly, try to correct them. If you have a lot to do when you wake-up, say instead, "I've got a lot to do, but I can handle it!"

Another stress tactic is to protect your time! If your day is already full, say "no" to new request or book them for another day.

Stress obviously can't be avoided, but it can be reduced. So do yourself a favor in the long-run, and try to relax a little more.

FREE CONCERT TICKETS!



HARMEN Van Andel

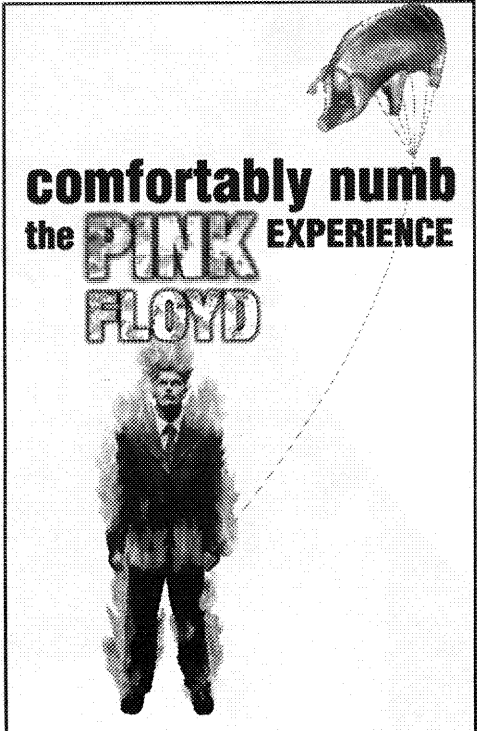
K so, I have a pile of tickets to give away for the Pink Floyd tribute "Comfortably Numb" playing at The Jubilee Auditorium on Thursday, October 16th. It's billed as "The Pink Floyd Experience". It consists of 6 amazing musicians from San Diego, California that have managed to put together a sound and light show that (although impossible to match that of Pink Floyd) closely resembles the actual band.

The tickets are valued at \$45 a crack, so I'm going to make you work for them. In the next few weeks, I will be handing out Comfortably Numb tickets to the best stories submitted for print to The Nugget: A story about your worst date, getting ripped off, worst sexual experience, or even a story about the time the sheep ran away as if to say "not tonight dear." It's your story, write about whatever you

want! I'll print every story I receive. The top 15 stories will each win a pair of tickets to the "Comfortably Numb" concert at Jubilee Auditorium on October 16th.

Your name must be submitted so I know who you are, but at your request, an alias may be used for print to ensure anonymity. Don't hesitate, send in your stories and make me laugh. Send your story to editor@thenugget.ca. Happy writing!

You can find more information on our "Comfortably Numb Contest" at www.thenugget.ca.



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SAVE \$

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SPC (Student Price Card) book is \$7.50 and contains a coupon for 10% off any regular priced NAIT imprinted items.

SUPT (Student's Union Ticket Pak) "Family Pak" coupon book is \$15.00.

\$ SAVE

V.P. ACADEMIC Candidates



Sam Boufakhreddine

I'm not simply running for the VP Academic position to pad my resume and to try and meet the next executive who's going to give me a job, so that I can move out of my parents house and therefore get away with bringing home a lot more ladies. I'm here to serve us and make sure our voice heard. That is why on Election Day, you must vote for Sam Boufakhreddine.

As a student I know what I need in a representative, so I believe I know what I can do to best stand up for us. We need someone who can take initiative to organize and execute a plan. We need someone who is able to speak to persons of authority with confidence and clarity in order to get a student's point of view across. We also need a more diverse representation of the student body. There needs to be a broader range of members, encompassing all the programs offered at NAIT. I have all the skills and criteria necessary to be this

representative.

I was one of 3 who organized, promoted and executed an outdoor punk rock show called Anarchy Camp 2; it featured 13 local and 2 out of province bands.

I had to deal with 3 county RCMP detachments and the Edmonton Police before I was able to officially say Anarchy Camp 2 was a go.

I am an electronics engineering technology student. I can bring the view of a different side of NAIT to the table.

Since the duties of VP Academic include Shinerama event organization and implementation (through various charitable activities and events), and representing the NAIT student body to the governments, it is clear that I am the perfect choice for this position. I have completed similar tasks in the past, for my own personal enjoyment, and know that I can successfully achieve anything that comes to my desk.

I realize some of you think that all NAITSA does is hold beer gardens and OOKFEST, but there is much more to it than that. They represent us. So, let me be our voice to NAITSA, to the administration, to the community and to the various levels of government. My name is Sam Boufakhreddine, and I am running for VP Academic.



Elaine Devine

Good day everyone, my name is Elaine Devine and I am running for V.P. Academic. Currently I am in my first year Business Administration, and my second year at N.A.I.T. Last year while taking Pre-Technology, I was my class representative, and helped run many events such as Naitigras 2. This year I am also my class representative and have participated in such events as Shinerama. I am an approachable person, and if elected V.P. Academic I am looking forward

to hearing from, and working with you. I would be awesome for this position because I am hardworking, outgoing, and want to make this a great year for everyone. Hopefully now that you know a little bit about me, you can feel confident voting for me as your V.P. Academic. So on October.09 please remember to bring your student I.D. and vote Elaine Devine for V.P. Academic, you won't regret it.



Kristin DiRocco

Hey everyone! I want to thank you for taking the time to read these introductions. Election week is now upon us, and I'm hoping that all of you will take the time to get involved and get to know me and my fellow candidates. My name is Kristen DiRocco and I am running for VP Academic. I'm a second year student in Legal and Realtime Reporting, and spend most of my time in the tower. You may also recognize me from General Council, Beer Gardens at the Annex, or relaxing at The Nest. I'm also the Entertainment Editor of this paper, so perhaps

you've had a chance to read an article or two of mine this year.

The VP Academic has many responsibilities, the most important of which is looking after the students' academic interests. The VP Academic assists all students with any academic related matter to discuss. He/she would also sit on the Academic Council and the Academic Affairs Committee, and is responsible for representing NAITSA to the different government bodies in Canada.

Why would I be good for the job? I am a problem solver by nature. If something comes up that needs to be dealt with, I can always be counted on to capably resolve the issue with integrity and accountability. I devote myself fiercely to the things I get involved with, and I am passionate for what is right. I respect the needs of the student because I've been one for three years. I am never afraid to speak my mind about something I believe in, and have a genuine interest in what is going on around NAIT - not just in the

main building - but on all of the campuses. This interest was inspired by the time that I spent on Academic Council last year as a student member.

This year I would like to be more involved with my fellow students, and make some positive changes that will impact the students of NAIT for years to come. If you come to me with a problem, I will do everything in my power to help you. If I can't, I will find someone who can and will stick by you until you are satisfied that your problem has been resolved. Most importantly, I will work with you to ensure that you stay informed about issues that matter to us as students such as tuition hikes, changes in programs, and any other issues that you bring to my attention.

If you see me around campus this week, don't be shy! I'd love to meet you to talk about any issues or concerns you may have. Until then, take care, and remember: "It's gotta be KDI!" On October 9th, vote Kristen DiRocco for VP Academic!



Dwayne Johnson

Wooooooo! It's that time again folks. Election Week! Or... "lots of free Candy Week" depending on who you talk to. Ah well, gives me a chance to finally help standup for the students at NAIT! For those that don't know me, I'm Dwayne Johnson, and I am currently your Features Editor at the Nugget. I'm having a blast writing articles each week, and I hope you are all finding them mildly amusing! But I want to bump it up to the next level and help be OUR student voice at NAIT. There are a lot of problems that we as students are having, and NAIT seems to just shrug them off. Well, just wait till I get in on this little "party", the students will definitely be heard!

As your elected VP Academic, I will be listening to your concerns and relaying it up the boys in suits. I will also be par-

ticipating in Academic Council. Making sure we as students are acknowledged in regards to our concerns is my main goal! I hear the same complaints being mentioned while talking with other students, and notice that they are never addressed by NAIT. Well it's time for things to get done around here! From security issues, book prices, food prices, and THE PARKING ISSUE!!! I plan to help fix the things are definitely out of whack here at NAIT.

I am willing to make the sacrifices that it takes to ensure that everyone enjoys their time at NAIT. I am dedicated to my work, and I will always stand up for the little people. And I WANT to hear any of ANY problems you have (or will have in the future!) I won't be happy until I can walk up to any random student and not worry that they are not enjoying their experience here at NAIT. Having to FIGHT for parking and pay MANDATORY fees for ridiculous things is a total crock. Dealing with unfair teaching methods, and marking schemas, or just being ignored is not right! So please, help me, help the student body! If you see me in the halls, let me know what concerns you would like addressed! Vote Dwayne Johnson for VP Academics on October the 9th!



Jen Grundke

ATTENTION FELLOW NAIT STUDENTS, AN INTRODUCTION IS IN ORDER!

My name is Jen Grundke and I am very excited to announce that I am running in the NAITSA by-election for VP Academic.

What is the VP Academic position? It is a position on the students' association responsible for YOUR academic well-being. The VP Academic is also responsible for the Shinerama campaign (a fundraiser for Cystic Fibrosis research) that NAIT has participated in since 1968.

There are a number of issues

that I feel need to be addressed as VP Academic. Three of these issues include:

- **Mandatory Instructor Evaluations**
I will try to establish a 'system' that will allow students to evaluate instructor performance on a per-semester basis.

- **Bill 43**
This bill affects the status and value of student associations. Although it does have some aspects that will benefit students, it also contains some very detrimental attributes such as taking the cap off of tuition! I will lobby for the solution that will best benefit YOU!

- **Textbooks**
Every student at NAIT knows the financial impact textbooks have on the student budget. I want to propose the opening of a Used Book Store for the students at NAIT. This would be a place where students can consign their old books and purchase used books from other NAIT students.

So why vote "JEN

GRUNDKE"?

I want to serve the students. Over the duration of the summer, I worked for NAITSA as a Projects Coordinator. I have been part of the team already and the transition from a summer position to VP Academic would be very smooth. I was responsible for the Shinerama campaign, which is a vast project included in the VP Academic job description. Within the campaign, I was responsible for the production of the VIP Card, setting up shoe shine locations, crafting a plan to reach outlined goals, and introducing new events such as the Dunk Tank and the Shinerama Show & Shine to Shinerama Week. I also put in many long hours ensuring OOKFEST was a success.

I have strong leadership abilities, big dreams, and high hopes of what 'could be' here at NAIT. I am committed to do what ever it takes to help make your academic life here on campus great. I have a summer of NAITSA experience that will help me help you! VOTE JEN on decision day.

Managing Procrastination

MARGARET Marean
Counsellor

Procrastination is the avoidance of a task that needs to be accomplished, usually by doing a low-priority task (like socializing, watching television or cleaning a cupboard) instead of a high-priority task (such as working on a major project or studying). Not only does procrastination lead to stress and poor performance; it also increases feelings of guilt, inadequacy, depression and self-doubt. For some students it may interfere with personal and academic success. Procrastination is a habit and, like any habit, it can be changed. Here are some suggestions for managing procrastination:

Step 1: Admit that you have a problem with procrastination

Step 2: Ask yourself why you are procrastinating

- Do I know my goals and priorities? Are my goals realistic for me at this time?
- Do I have negative beliefs such as "I cannot succeed" or "I'm not smart enough"?

- Do I have personal problems that are interfering with my concentration (e.g. relationship, finance)?

- Am I a perfectionist? Are my expectations realistic?

- Do I fear failure? ...or success?

- Do I think I need to work under pressure to do my best work?

Step 3: Recognize how you procrastinate

(e.g. doing unimportant activities before important ones, turning on the t.v., making phone calls, convincing yourself you work better under pressure, over-organizing,...)

Step 4: Determine when and where you procrastinate (school, home, other)

Step 5: Take action NOW

Check off 1 or 2 techniques that you could commit to this week:

- ☐ Define clear, realistic goals
- ☐ Make a daily To-Do list and prioritize. Evaluate all that you want to accomplish by labeling each task with an "A" – top priority,

"B" – would like to accomplish, or "C" – can wait if I don't get to it. Never work on a B or C task unless your A task is accomplished.

- ☐ Break major tasks down into smaller pieces and take one small step at a time.

- ☐ Either start with the most difficult or boring task (to get it over with) or with a very easy task (to get motivated).

- ☐ Use the 5 minute method. Commit to do something on the project for 5 minutes; after the 5 minutes decide if you're going to continue for another 5 minutes. (Usually you will!)

- ☐ Reward yourself right away when you accomplish a small goal. (You might want to use one of your procrastination techniques such as watching t.v. or talking on the phone as a reward).

- ☐ Avoid saying "I'll start tomorrow". Do something towards your goal right now.

- ☐ Use a weekly planning schedule. Schedule realistic times for tasks and discipline yourself to stick as closely as possible to your schedule.

- ☐ Study in small blocks instead of long time periods. You will

accomplish more if you work in 50 minute blocks and take 10 minute breaks in between rather than studying for 2 to 3 hours straight without breaks. You will also find it easier to get started when you are looking at smaller blocks.

- ☐ Get organized. Modify your study environment to eliminate or minimize noise and distractions. Have necessary equipment set up. Try to make your study environment neat and appealing.

- ☐ Get rested. Fatigue is one of the biggest contributors to procrastination.

- ☐ Make procrastination obvious. Leave your textbook on top of the t.v.; put your assignment list on the fridge; paste a list of your priorities for the day on your phone.

- ☐ Realize that you periodically need variety and relaxation. Intersperse rewards and relaxing activities with work. This will help you feel less resentful of the work that still needs to be done.

- ☐ Do not reward yourself for procrastinating. Every time you do another activity such as watching television, visiting with friends, washing your car ... instead of working on your goal you are rewarding yourself for procrastinating.

- ☐ Do not allow yourself to do anything else. In order to beat procrastination it is better to do nothing than to do an activity unrelated to your goal.

- ☐ If you are overwhelmed or think you "can't" do something, get help from any resource available

to you (instructor, tutor, friend) ... or investigate the validity of your belief that you can't do it.

- ☐ Change your study location. If you are distracted by other activities at home, stay at school to study or go to a library in the evening.

- ☐ Imagine what you would do if you were not a procrastinator...

- Visualize exactly how you would act and think – then act on your visualization; pretend you are that non-procrastinator.

- ☐ Incorporate positive self-motivating statements into your thinking (e.g. "There's no time like the present", "The sooner I get done, the sooner I can relax.", "It doesn't have to be perfect" "Yes, I can do this", "If I break this down into small tasks it won't be so overwhelming").

- ☐ Set false deadlines. Put your deadline for final completion at least 1 week in advance of the actual deadline.

- ☐ Challenge the faulty reasoning behind your excuses. For example, when you hear yourself arguing "I'm not in the mood right now" label this as procrastination, argue that if you wait for the right mood you may never get it done, and recognize that by starting on a task you will begin to get in the mood.

- ☐ Think about how much better you feel when you get something done than when you put it off.

- ☐ DO IT NOW! Commit yourself to action and get started. Procrastination is a habit and habits can be changed in 3 to 12 weeks.

"The force is within you. Force yourself." – Harrison Ford

NAITSA STUDENT PASSPORT WINNERS

Grand Prize: \$750.00 Tuition
Deanna Brown

\$25 Nest G.C.
Craig Stanchfield

HP Digital Camera from Tech
Store
Brent Kulchisky

20 Colour prints; Cerlox Set
& Binding – Project Factory
Matt Aiken

\$300 G.C. Reads & Needs
Rebecca Seal

10 Day Digital Camera
Rental – Project Factory
Laura Crowe

NAIT Parking Stall
Marsden Allanach

\$10 G.C – Project Factory
Scott Morton

Emergency Breakdown Kit
Diane Fitzpatrick

Ooks Athletics Towel, Shirt
& Hat
Dawn A.L. Talbot

First Aid Kit
Jaylene Kolenosky

Ooks Athletics Towel, Shirt
& Hat
Deanna Stachnik

NAITSA Hoodie
Christine Riess

NAITS Hoodie
Michelle Gaba

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Stupid Question Week



Dear Dr. Stu,

There is a cute red head in the W wing - NO wait - All Red heads are cute. Anyways - I want to know her name, but I don't want to directly ask her. I would rather just keep with the flirting eye glances. How shall I find her name without asking her directly? - Wonder

Dear Wonder,

You're a loser, and a creepy one. But, nonetheless, creepy losers need love too. Before you start following her to her home and peering through her bedroom window from the hovering tree outside, approach her and ask her for her name. If she thinks your as creepy as I do, she'll lie to you, if she foolishly digs you, she tell you her name and even "humour" you by going on a date with you. Sounds simple enough, no? - Dr. Stu

Dear Dr. Stu,

I am planning to dump boyfriend, I been with him around 1 and half year. He got keys for the entry of my house. How do I ask them back and don't let him found out I am breaking up with him? Yes, I want to just dump him, I going to not answer his calls and stuff. BUT I need my keys back... - Lonely girl

Dear Lonely girl,

You should dump your boyfriend with a little integrity by telling him face to face, you spineless beatch. Under no circumstances should you just simply "not answer his calls and stuff". However, if you don't care about things like "karma" and "what goes around comes around", then wait till he's asleep, steal his keys, and throw his clothes out on the lawn. - Dr. Stu

Dear Dr. Stu,

I am a very chatty person who loves to talk and interact with other people, but I feel as if those around me actually don't want to be around me, I feel as though I'm bugging everyone, how do I stop caring about what others think, or how do I stop my annoying ways? - ChatterBox

Dear Chatter Box,

Just shut-up. That's how you can be less annoying, simply shut-up. I don't know who you are, but people who don't shut up are hard to be around. Look, I'm sure you're a great and kind hearted person, but sometimes it's healthy to just keep to yourself. Will you die? No, you won't. In fact, maybe saying things in moderation will allow your peers to appreciate your input whenever you give it instead of despising it. Then again, maybe you just have really rancid breath. - Dr. Stu

Dear Dr. Stu,

I have a burning feeling around my pubic area after being with one of the tower girls. She seemed really nice Stu. Should I get over her, or get her and I checked out with a doctor and pursue true love? - Itchy and Sore

Dear Ichy,

Doesn't anyone have any decent questions this week? She seemed nice, eh? Yeah, she was nice to me too, and obviously many others. There are a lot of guys shifting their package in the hallways these days. Thanks a lot you beatch! You now who you are. - Dr. Stu

Need bad advice? Straight, Gay, it doesn't matter! No discriminations here. Send your questions to drstu@thenugget.ca, or go online at www.thenugget.ca and follow the links. YOU DO NOT NEED TO PUT YOUR NAME AND ID # for Dr.Stu's advice, it's completely anonymous.

STEEL MAGNOLIAS: SUCKED



FURIOUS George

I saw this movie the other day called "The Rundown" starring The Rock, Seann William Scott and Rosario Dawson (who?). The movie could have been THE PERFECT ACTION MOVIE. Not much swearing, not much sexual content (so I can take my yungun), and funny as hell. If someone were to ask me, Hey George, how was "The Rundown"? I'd say, "It was great, go see it." Now you see, That's all I'd need to say about the movie to give it a good review. Most people trust my opinion, so that should suffice. Ebert and Roeper however have much more to say, and most of it is just fluff. "This was good..." "that was bad..." "the ending could've been better..." etc, you get my point. In the end though you really don't know if it was really good or not, too many variables in the

equation. I find the best way to find out if a movie's good is to read the final paragraph of a movie critic's article. It's easy, quick, and usually to the point.

Most movie critics are quacks anyways so their opinion doesn't hold much weight for me anyways. Like, "Dumb and Dumber" got a shitty review. That's retarded. That movie ranks as one of the funniest movies I have ever seen. Amongst my peers my opinion about movies is respected, so I present to you.... "Furious George's One Word Movie Reviews." - Fifteen reviews from past to present in mere seconds! Enjoy.

Furious George's One Word Movie Reviews

The Rundown - Awesome
James Bond, Die Another Day - Sucked
Charlie's Angles - Sucked
T3 - NB
Ace Ventura, Pet Detective - NB
Gangs of New York - Sucked
Old School - Fucking Hilarious
Chicago - Sucked
Dances with Wolves - Boring
Airplane! - Hilarious
Driving Miss Daisy - Boring
Exorcist - Scary
Any Given Sunday - Awesome
Phonebooth - Sucked
Spinal Tap, This is Spinal Tap - Hilarious



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Bill 43 offers bleak implications for students

BRETT Bergie

This fall, the Government of Alberta will table Bill 43, The Post-Secondary Learning Act, for second and third readings. Over this past summer, stakeholder groups have been furiously booking meetings with MLAs and officials from Alberta Learning; student groups among them. For us, the issue is clear. Bill 43 represents bad policy and contains bleak implications for students.

Tuition. The dread of this word raises eyebrows. The proposed legislation is so significant that it touches every aspect of post-secondary education from creating an institution to the dissolution of another, and the issue of tuition has not been spared from its reach.

Under Bill 43, tuition in Alberta will be deregulated. The government is removing some of the rules limiting how institutions manage tuition increases. For instance, the tuition cap will no longer exist after the fall sitting. Institutions can, and will, continue to increase tuition beyond what is currently understood as a cap on tuition.

It goes further. Bill 43 explicitly deregulates tuition for

programs offered through distance learning. The obvious example is Athabasca University, but as other institutions broaden their mandate into distance learning, the scope of this reality is limitless. Market forces rather than public policy, which satisfies the public interest, will determine tuition levels for distance delivery.

If the deregulation of tuition in other jurisdictions like Ontario or British Columbia serves as any example, we can conclude that tuition levels will surly skyrocket. Statistics Canada notes that tuition in Alberta increased 103.1% over the last 10 years. Student groups have been demonstrating that current costs of pursuing a post-secondary education are out of the reach for many Albertans. When Bill 43 becomes law, this argument will never be clearer.

Bill 43 does not end here. The students' voice is also under attack. Bill 43 contains provisions establishing lines of accountability from a students' association to the respective institutional board as an agent of the Ministry of Learning. This is about as appropriate as Canada conducting

trade negotiations with the United States, and giving the US final authority on disputes.

Students' associations are responsible and accountable to their members, the students. They do not receive any money from the institutional board. Rather, the relationship with the board is one that is sometimes in conflict.

Bill 43 allows the board to solicit an investigation by the Ministry into an irregularity, an undefined term, in the accounting of a students' association. Having conducted the investigation, the Ministry could move to dissolve a students' council. An irregularity could conceivably be the funding of a tuition protest, approved by a democratic body of the students. This is concerning.

It needs to be made clear that students' associations want to be accountable. But to whom is the issue. The appropriate accountability is to the student members. And students' associations have satisfied rigorous accountabilities to their members through stringent bylaws, constitutions and public financial statements.

So why is this need for public accountability to the board and Ministry necessary? The motivation is not clear, yet the scope of legislation is sweeping. Student groups are opposing this endeavor because we believe in our right to associate. That is constitutionally protected, right?

Brett Bergie is the Provincial Director for the Alberta College and Technical Institute Student Executive Council (ACTISEC)

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October 16**

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Ticket includes:

- Coach Bus Ride to and from Red Deer
- Ticket to the game
- After Party in Red Deer

Bus leaves from in front of the
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Bring your own beverages.
NO GLASS allowed on the bus.

Veggies, Rhinos and Sex... OH MY!



DWAYNE Johnson

Okay, so there you are having a quiet little evening to yourself. You think "hey lets call up the ol' girlfriend and have some fun." Only problem is...your girlfriend lives in some foreign country... and your idea of fun is pretending to have sex over the computer! Now personally, I can't see how this could really be enjoyable. But according to many online studies, there are quite a grown number of people enjoying this "cyber sex." It wasn't until recently when a certain Organizational Behavior instructor of mine *cough* referred to the people in the computer world as "keyboard fondlers" that I became intrigued to do some research. I wanted to see what exactly these people found so interesting about having sex over a computer. The following are some conversations I discovered.

bloodninja: Baby, I been havin a tough night so treat me nice aight?
BritneySpears14: Aight.
bloodninja: Slip out of those pants baby, yeah.
BritneySpears14: I slip out of my pants, just for you, bloodninja.
bloodninja: Oh yeah, aight. Aight, I put on my robe and wizard hat.
BritneySpears14: Oh, I like to play dress up.
bloodninja: Me too baby.
BritneySpears14: I kiss you softly on your chest.
bloodninja: I cast Lvl. 3 Eroticism. You turn into a real beautiful woman.
BritneySpears14: Hey...
bloodninja: I meditate to regain my mana, before casting Lvl. 8 Cock of the Infinite.
BritneySpears14: Funny I still don't see it.
bloodninja: I spend my mana reserves to cast Mighty F*ck of the Beyondness.
BritneySpears14: You are the worst cyber partner ever. This is ridiculous.
bloodninja: Don't f*ck with me bitch, I'm the mightiest sorcerer of the lands.
bloodninja: I steal yo soul and cast Lightning Lvl. 1,000,000 Your body explodes into a fine bloody mist, because you are only a Lvl. 2 Druid.
BritneySpears14: Don't ever message me again you piece of shit.
bloodninja: Robots are trying to drill my brain but my lightning shield inflicts DOA attack, leaving the robots as flaming piles of

metal.
bloodninja: King Arthur congratulates me for destroying Dr. Robotnik's evil army of Robot Socialist Republics. The cold war ends. Reagan steals my accomplishments and makes like it was cause of him.
bloodninja: You still there baby? I think it's getting hard now.
bloodninja: Baby?

Meet Mr. Ninja, a cyber-pimp extraordinaire it seems. I have found quite a few conversations that he has had with the unsuspecting females (we hope?) on the net. In the previous example it seems Mr. Ninja started

I wanted to see what exactly these people found so interesting about having sex over a computer. The following are some conversations I discovered.

off on the right foot. They were both up for some fun, but then Mr. Ninja got a bit too carried away... shame really...perhaps he will have better look in this next one!
bloodninja: Ok baby, we got to hurry, I don't know how long I can keep it ready for you.
j_gurli3: thats ok. ok i'm a japanese schoolgirl, what r u.
bloodninja: A Rhinoceros. Well, hung like one, thats for sure.
j_gurli3: haha, ok lets go.
j_gurli3: i put my hand through ur hair, and kiss u on the neck.
bloodninja: I stomp the ground, and snort, to alert you that you are in my breeding territory.

j_gurli3: haha, ok, u know that turns me on.
j_gurli3: i start unbuttoning ur shirt.
bloodninja: Rhinoceroses don't wear shirts.
j_gurli3: No, ur not really a Rhinoceros silly, it's just part of the game.
bloodninja: Rhinoceroses don't play games. They f*cking charge your ass.
j_gurli3: stop, cmon be serious.
bloodninja: It doesn't get any more serious than a Rhinoceros about to charge your ass.
bloodninja: I stomp my feet, the dust stirs around my tough skinned feet.
j_gurli3: thats it.
bloodninja: Nostrils flaring, I lower my head. My horn, like some phallic symbol of my potent virility, is the last thing you see as skulls collide and mine remains the victor. You are now a bloody red ragdoll suspended in the air on my mighty horn.
bloodninja: Goddam am I hard now.

Ooooookay...it seems Mr. Ninja is a fan of the rhinoceros. Not a big problem there, however pretending to be one...while trying to seduce someone...probably was not in his best interest. Perhaps the reason people turn to cyber sex is to live out these odd beastiality fantasies they might experience? But surely he can't expect the average woman to share the same feelings? Maybe he'll be able to get on the same wavelength in the next conversation...

bloodninja: Wanna cyber?
Katie_007: Sure, you into vegetables?
bloodninja: What like gardening an shit?
Katie_007: Yeah, something like that.
bloodninja: Nothing turns me on more, check this out:

bloodninja: You bend over to harvest your radishes.
(pause)
Katie_007: is that it?
bloodninja: You water your tomato patch.
bloodninja: Are you ready for my fresh produce?
Katie_007: I was thinking of like, sexual acts INVOLVING vegetables... Can you make it a little more sexy for me?
(pause)
bloodninja: I touch you on your lettuce, you massage my spinach... sexily.
bloodninja: I ride your buttocks like they were amber waves of grains.
Katie_007: Grain doesn't really turn me on... I was thinking more along the lines of carrots and zucchinis.
bloodninja: my zucchinis caress your carrots.
bloodninja: Damn baby you're right, this shit is HOTT.
Katie_007: ...
bloodninja: My turnips listen for the soft cry of your love. My

insides turn to celery as I unleash my warm and sticky cauliflower of love.
Katie_007: What the f*ck is this madlibs? I'm outta here.
bloodninja: Yeah, well I already unleashed my cauliflower, all over your olives, and up in your eyes. Now you can't see. Bitch.
Katie_007: whatever.

I think Ninja should get some points for an attempt to make this one work. Here poor Katie just wanted to find a nice soulmate who most likely shared her passion for veggies, but alas... no luck. Though now Ninja has several chances to see that he is just waaaaay to kinky for average ladies. Meanwhile he didn't have to face this rejection in person. Perhaps there lies the secret to the joys of "cybering"? You are only dealt "cyber" rejection!

Comments? Questions? Stories about your own Cyber Experiences? Email: features@thenugget.ca

What do you want to do in business?

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- ☐ Run a charity
- ☐ Run an international conglomerate
- ☐ Run up the corporate ladder
- ☐ Run your life the way you want to

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Hallucinations? I'll show you Hallucinations!



DICK Lottatang

My apologies for not having an article for you all last week. I was just to hung over to get out

several beautiful ladies pouring drinks. The music was typically R&B/top 40, and not so loud that I had shout at the bartender to get a drink. Yes, yes, the drinks. Unlike most bars on Saturday, there is actually drink specials at the Velvet. I drank \$2.75 highballs until 12...got hammered again. The manager, Troy Haymour, told

+ 2= heh heh...Doors opened at 8, I waltzed into the Nest to see that the place had been gutted to accommodate 300 people. Beer tubs (Tanya is hot in those tight boob shirts), MONSTEROUS amounts of sound equipment, projection video screens, and ten SUDS guards...it felt like there was going to be a rock show in

memories from my past inebriated days; and also singing songs from his newest album: Hallucinations. The band consisted of six pieces, including a solo in one song from a trumpet! Considering the crazy amount of speakers, lights, smoke, and video, I felt like I was on the floor of Skyreach Center! David rocked the crowd for an hour and a half. He told personal stories inbetween songs, keeping the crowd interested, and amused.

He is a fantastic performer; I am going to go buy his new album today, INSTEAD of downloading it for a change. The Nest is an awesome place for a concert; I hope they host another soon! Next week I'm going to tell the little story about how pissed I am going to get tonight at Cowboys. YEHAU!! QUESTIONS, IDEAS, OR SMARTASS REMARKS? DICKLOTTATANG@HOTMAIL.COM

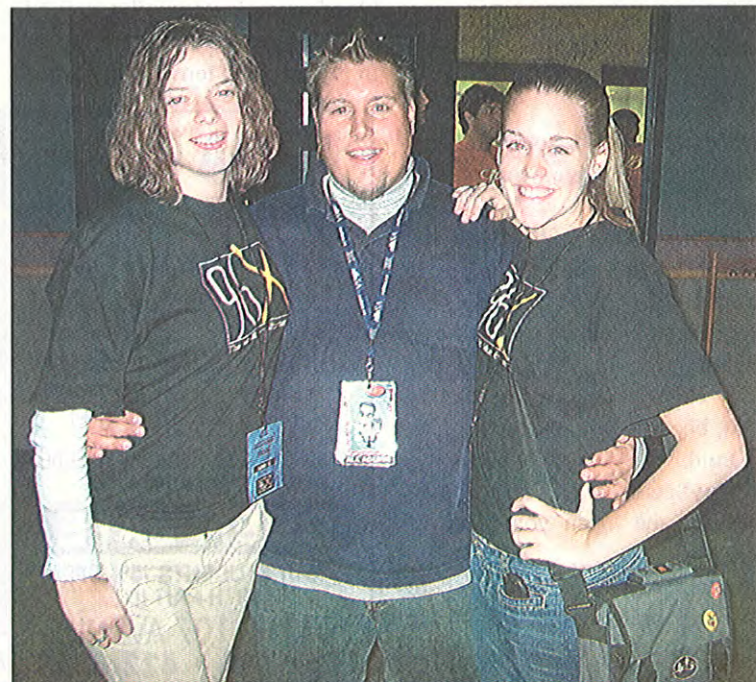
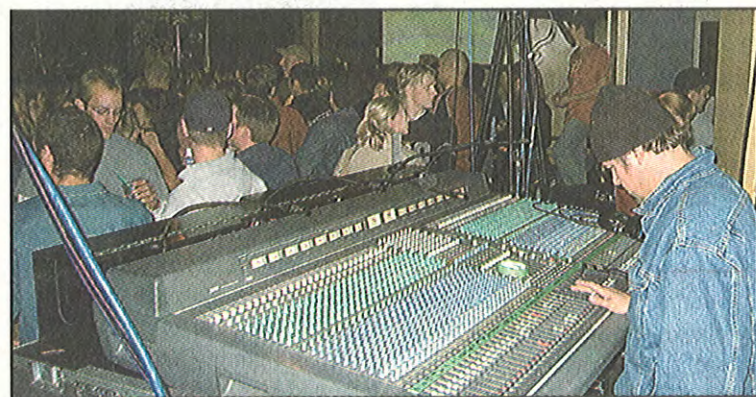
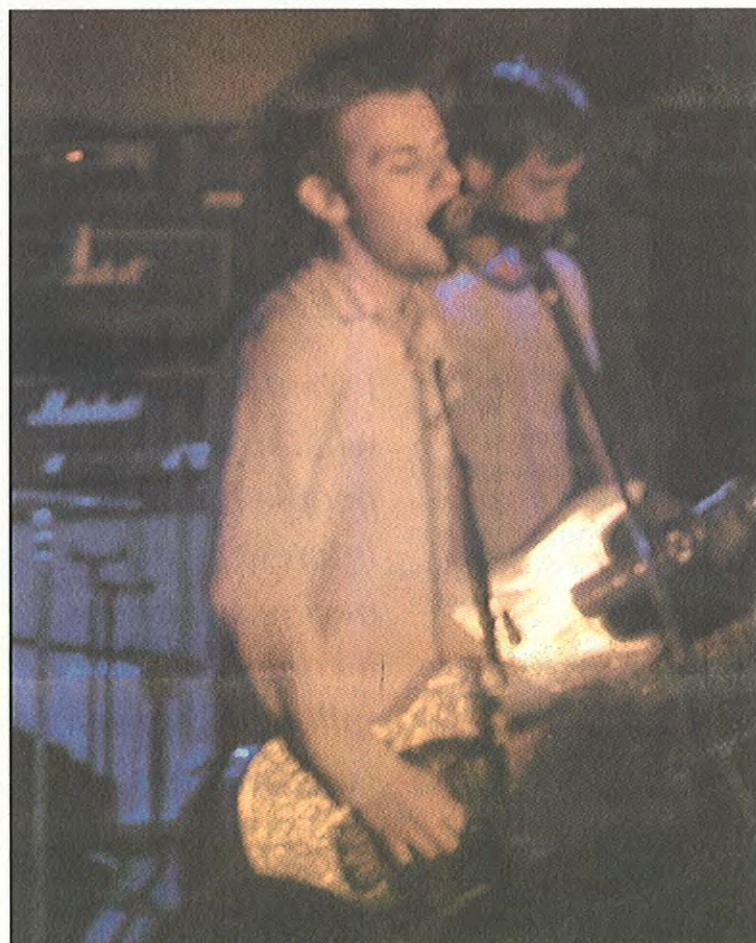


of bed, so deal with it. But I got my ass up this week and attended a few functions that were definitely worth going to. First of all, I went to a west Edmonton establishment with some friends called the Velvet Lounge on Saturday night. We arrived around 10 PM, walked up to the door and stood in line. Security was exceptionally friendly, actually telling some jokes instead of being the typical anal-retentive-monkey I usually see at the front door of bars. I wander inside to see an extremely pleasant environment. Leather couches galore, glass walls, comfortable blue ambience, and

me that Thursdays are a busy night there; all R&B/Hip Hop and they get DJs to come in and spin the vinyl. I was impressed with the quality of clientele at the Velvet Lounge, and I will definitely be back soon.

I don't understand why, but David Usher actually came here to play at the Nest. In the wake of Ookfest, it seems that Nait may be the new place for rock superstars to come play. Small venue, big superstar, and me. I bought my tickets early, like 2 weeks ago. I don't mind Usher's music and I do know that chicks love him. 2

here. I settle into a corner with a beer in each hand. Since this is a Benson & Hedges Gold Club event, the B&H girls were out and about with cigarette trays. Because of the bylaw, the only thing smoking in the Nest was their asses. WOW. They must be why smokes cost so much. Anyway, if you remember the lead singer from "The Moffats", he is back. Scott Moffat ripped it up in a new heavy/punk beat. His new band, BOSTON PUBLIC (isn't that a TV show?), is climbing up the charts in a big way. He is nothing like I remembered him; I actually didn't mind his new sound. Well, for a Moffat anyway. Intermission, more beer. Hi Tanya. :) David Usher comes out and kicks it into top gear. He is a truly amazing singer; he has incredible power in his high vocal wailing. He hit us with hits from yesterday, stirring



Velvet Lounge

Security	6.0
Music	7.0
Service	6.5
Style	8.1
Mood	7.1
Ass Factor	6.0
\$\$\$\$	6.1
Hygiene	7.0

Rated : 6.7

Nugget Girl



Jena is a romantic at heart. Her hobbies include dancing, partying and nature walks.

Nugget Boy



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Men's Soccer Update



JUSTIN
Huculak

This past week the NAIT men's soccer club played two games, mustering only one point in 3-3 effort against Grant MacEwan, while getting shutout 2-0 in their other match up against Mount Royal.

Last Wednesday the Griffins of Grant MacEwan played host to the men's soccer team, which saw the Oaks give up the lead on three different occasions. Jeremie Corpuz kicked the scoring off on an authoritative strike that caught the Griffin goalkeeper wrong footed, but the lead lasted a mere ten minutes as MacEwan pulled even at one a piece. Scott Eschuk of the Oaks responded by heading home a beautiful cross from Bret Chartrand giving NAIT the lead, 2-1. But once again the Griffins managed to pull even later in the half. With only ten minutes remaining in the 2-2 free for all, Scott Reynolds fired home the Oaks third goal, which looked to be the potential game winner, but as bad karma would

have it, in the final two minutes of play, confusion ran through the Oaks defensive zone abling Grant MacEwan to score the equalizer. With NAIT giving up the lead three times in the match they were forced to settle for an uncomfortable 3-3 draw.

The Oaks again took the field on Saturday, September 27, making the trip south down highway 2 to Calgary to face the Mount Royal Cougars. In what was described as a "lack-lustre performance where poor passing was the order of the day" by Coach Woods, the NAIT team displayed their poorest outing of the season and did not play to the potential that they have been demonstrated in previous weeks. In the first half the Oaks missed two solid scoring opportunities and went into halftime knotted up at 0. In the second half the sloppy play of the Oaks continued and Mount Royal was able to capitalize by scoring two goals. If the loss wasn't bad enough the Oaks were forced to play the final eight minutes without key defender Mike Monilaws who went down with an undisclosed injury.

The Oaks next action is this Saturday and Sunday against LCC and MHC at 2:00 p.m., right here at the NAIT soccer field.

Eskimos Roar Over Lions



JUSTIN
Huculak

The revamped Lions rolled into town last Friday evening for what was hyped as a "offensive battle," but it seemed Dave Dickenson and his B.C. teammates forgot what that word meant as they got stomped 27-7, as the Eskimos put it in cruise control for their fourth consecutive win.

Ricky Ray was his usual self as he completed 25 of 34 passes for 303 yards and two touchdowns in front of 42,000 plus fans, which saw the Eskimos clinch a playoff berth for the 32 consecutive year (a North American Record.)

Terry Vaughn saw the brunt of Ray's passes as usual as he finished with 11 receptions for 142 yards, along with a 3-yard TD reception. Many of those yards came in the

YAC (yards after catch) form as the slickest receiver in the league made the Lions secondary look like amateurs on numerous occasions as Vaughn danced his way through multiple defenders.

Despite a strong performance by the offense most the credit has to be given to the Edmonton Defense who stifled Dickenson and crew all night with a very effective zone defense and multiple blitzes from every which direction that resulted in two sacks. Dickenson finished the game with 232 yards and threw for one touchdown, which are decent numbers but not Dickenson like. The Eskimos "D" was lead by Donnie Brady who forced two fumbles and recovered another.

Winston October added the second touchdown of the game on a 12-yard run and Mike Pringle plunged in from three yards out, making the score 21-0 at the half. The Lions finally hit the scoreboard late in the third quarter when Dickenson found an open

Jason Clermont in the end zone for a 7-yard score. But the Eskimos retaliated in the fourth when Ray found WR Jason Tucker behind coverage for a 28-yard touchdown reception. The ever reliable Sean Fleming missed the ensuing convert making the score 27-7, which stood to be the final.

The Eskimos who now find themselves with a 11-4 record and a four-point lead in the Western Division visit the Alouettes who have the best record in the CFL at 12-2, which could be a preview of this years Grey Cup in Regina. Around the rest of the league the Roughriders manhandled the Argos 41-24 with backup Kevin Glenn leading the charge as starting QB Nealon Greene was out with a leg injury. Montreal also beat Hamilton 30-17, and in what was probably the most exciting game of the weekend the Renegades kept their playoff hopes alive by defeating the Stampeders 26-21 on another strong performance by RB Josh Ranek.



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NAIT Ladies Fastball Club Finishes Regular Season Undefeated

LARRY Cantelo

The ladies fastball team completed a dream season over the weekend with 3 more wins giving the team an unblemished 16-0 record. The main difference this weekend was the club had to work hard for 2 of the 3 wins after winning most of their earlier games with ease. Playing without a number of key players the girls were either tied or behind late in 2 of the games.

In the first game the team scored 2 runs in the bottom of the sixth inning to win a 4-2 decision over U of Lethbridge. Rhonda Kessler got her second win of the season in the close contest. Erin Johnson got the key hit for the NAIT girls with a two run single in the bottom of the sixth inning. Other top hitters for NAIT were third baseman Amanda Klinger with a 2 for 3 performance and second baseman Kim Nowicki who went 1 for 1 with an RBI.

In the second game of the day things looked bad

for the ladies as they trailed Mount Royal most of the game until Designated Player Karen Matson hammered a walk-off 3 run homer in the bottom of the seventh inning. The blast gave the team a hard fought 6-4 win and extended the undefeated string to 15. The seventh started with pinch-hitter Rhonda Kessler lining a single to right field. One out later, shortstop Kim Nowicki and center fielder Loni daCosta singled making it 4-3. That set the stage for Matson's homerun over the left field fence. Lefty Ashley Reed got the win in the game extending her record to 7-0. Top hitters for NAIT were daCosta 2 for 4 with 2 RBI, Kessler 1 for 1, Matson, Nowicki, Klinger and second baseman Mandi Looy all with 1 for 3 performances. Looy played very strong games in both of the first two contests handling numerous chances in the field.

In the final game of the weekend the girls showed a little more intensity shutting out Red Deer College 7-0. Kessler

continued her outstanding pitching tossing the 4 hit shutout. Catcher Karen Matson was once again the top hitter with a 2 for 4 performance. Shortstop Erin Johnson went 2 for 5 with 2 RBI's. Second baseman Kim Nowicki also went 2 for 5. Catcher Reganne Matheson went 1 for 4 while third baseman Cat Rasmussen also went 1 for 4 with a run scoring triple.

Next up for the team is the league championship tournament in Lethbridge Oct. 4th and 5th.

Around the World of NAIT Athletics



JUSTIN Huculak

Last weekend NAIT won its first ACAC gold medal in which looks to be a very promising year in many different areas of the athletics program offered here at NAIT. The Ook golf team went up to Ft. MacMurray last weekend and in what was a dominating performance brought home the team gold by a cool eight strokes over Mount Royal. NAIT finished with a combined low score of 625 over two rounds of golf. The team consisted of Craig Compton (151, who also won the individual mens gold,) Scott Wissler (155), Randy Petryk (159), Mike Danko (160), and Devin Loeppky (174). NAIT's lone lady representative was Pam Henderson who finished with a respectable score of 179. Congratulations to all the golfers for representing your school proudly and bringing home some nice shiny hardware.

In other news the women's soccer team went 0-1-1 last week, finishing with similar results to

the men by managing a 1-1 tie against Grant MacEwan and then proceeding to get shutout by a tough Mount Royal squad by a score of 4-0. Upcoming soccer action sees the men and women in action this Saturday and Sunday as they play host to LCC and MHC. The women get underway at noon both days, followed by the men at 2:00 p.m.

Also getting underway this week is men and women's basketball in the annual ACAC Preseason Tournament being played across various Edmonton colleges including NAIT. The mens action gets underway tonight at 8:00 p.m., but preceding the game (around 7:45p.m.) will be a presentation honoring the mens second CCAA National Basketball Championship, which will feature the presentation of team rings, the championship banner, and the CCAA trophy. The Oaks also play Friday and Saturday at 6:00 p.m. The women will tip off today as well at 4:00 p.m., then again on Friday at 8:00 p.m., before finishing the weekend off on Saturday at 4:00 p.m.

It's a busy weekend for our Oaks so lets get out there and give them the support the deserve.

WANT SOME MONEY!

NAITSA needs students on Thursday, October 9th, to work as Polling Station Attendants. Job requires checking for valid student IDs and issuing election ballots.

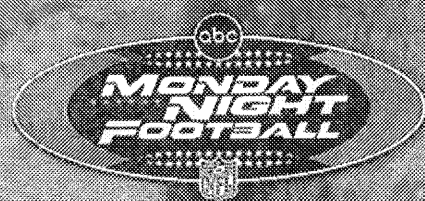
Various times and locations needed. Call NAITSA at 471-8855 or go to E131 and sign up.

\$7.00/hr

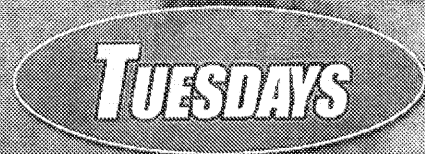
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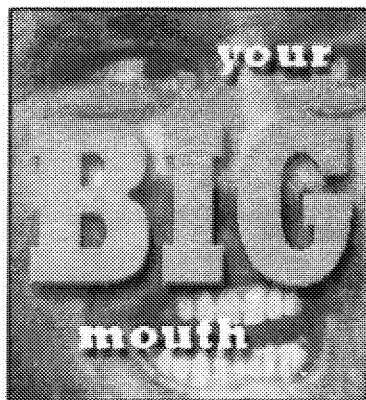


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I'm a guy in my early twenties who went straight into the workforce after four long dreadful years of high school. While I enjoyed years of grunt work and entry level jobs, I knew I wanted to make more than twenty grand a year. I felt I had enough confidence in myself to return to school.

So now it's been nearly four weeks since I started at NAIT, and I want to run like hell. My high school nightmares are happening all over again. "I'm not a loser, I'm not a loser" constantly plays out in my head. I'm trying to hide my fears of myself, of having a life. I don't have any friends here. I don't know how to approach anyone or initiate a conversation. I go days without saying a single word. Maybe I should get a cell phone or start smoking or something.

All the confidence I had developed at work is gone. I interacted well with co-workers, bosses and customers. I was good at my job and well liked. Here, I'm an invisible person among a crowd, and nobody can do anything about it but me. But I can't. There's a

huge wall in front of me.

Now, academically, I'm capable of doing okay. I kind of like accounting and math. (I'm in first year business). OB and marketing SUCK! I want to scream "What's your fuckin' point?!!!" And why do we have to graph every single principle in economics? While I can do it, I just don't care anymore. I want to quit. I want to run. I want to take the Greyhound as far as it goes. (In high school, I used to take the transit all over the city on a really bad day, trying to escape.... I'm not sure what.)

If I were to leave, no one would notice. Now don't get me wrong, I'm not suicidal. I haven't gotten to that point in years. I have two choices. Leave here, meaning another failure, another disappointment, and getting stuck in some low paying job. (although I find most of my low paying jobs to be very satisfying) Or suck it up for two years. If I suck it up, that means either I stay the same and be miserable, or somehow make meaningful people connections, or somehow learn to be satisfied with myself the way I am.

I'm not really looking for suggestions or answers. I know this probably won't get published because it's too long. After all, there's no dirty sex here, so who would be interested. I just needed a sounding board.

***** and the *****
*****, you guys don't have any considerations on me. I am just asking for a simple favor and

you didn't even give me a chance. How pathetic your regulations are.

Why is that when people use the elevators in the Business Tower that (ie: they get onto the elevator on floor 5 and get off on floor 4??) It wastes my time when I have to go from the 7th floor to the ground when those "vator wasters" make the stupid thing stop on every floor!! USE THE STAIRS!!

What I've learned in two years of Business Administration at NAIT:

* You see a gorgeous girl at a party. You go up to her and say, "I'm fantastic in bed."

That's Direct Marketing.

* You're at a party with a bunch of friends and see a gorgeous girl. One of your friends goes up to her, and pointing at you says, "He's fantastic in bed."

That's Advertising.

* You see a gorgeous girl at a party. You go up to her and get her telephone number. The next day you call and say, "Hi, I'm fantastic in bed."

That's Telemarketing.

* You're at a party and see a gorgeous girl. You get up and straighten your tie, walk up to her and pour her a drink. You open the door for her, pick up her bag after she drops it, offer her a ride, and then say, "By the way, I'm

fantastic in bed."

That's Public Relations.

* You're at a party and see a gorgeous girl. She walks up to you and says, "I hear you're fantastic in bed."

That's Brand Recognition.

When are you guys going to realize that the 4 people at NAIT that actually like this crap can just sit amongst themselves, circle jerk, pick zits, and talk about this cornball sport themselves without subjecting us normal people to it?

What the hell are you doing publishing page long odes to wrestling yet again? When are you guys going to realize that the 4 people at NAIT that actually like this crap can just sit amongst themselves, circle jerk, pick zits, and talk about this cornball sport themselves without subjecting us normal people to it? All wrestling

is is a man's version of a soap opera, but the acting is even worse if you can imagine that. In fairness to everyone why don't you run a poll to see if anyone out there other than the article authors actually want to see this in the paper this year. Please? Otherwise, I like the Nugget. Thanks.

To all the people who warm up their lunches in the microwaves. It's ok to put more than one box in the oven! You'll cut the waiting time in half! (At least). Not that I care - I don't spend 20 min of my lunch waiting in line. It seems to be obvious solution to the problem (Insted of buying more microwaves as one of the victims was bitching about) - Andei

I was wondering something about some people..... why do you feel the need to comment negativley about another persons decisions. Why put someone down for something they feel is right. "If you're not going to say anything nice, don't say anything at all" I'm sure there are decisions you've made that not everyone has agreed with, doesn't mean its not the right choice.

We want to hear your big mouth! Go to www.thenugget.ca and follow the links



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**Thanksgiving
Long Weekend
Sunday, October 12th**



Esmeraldo's

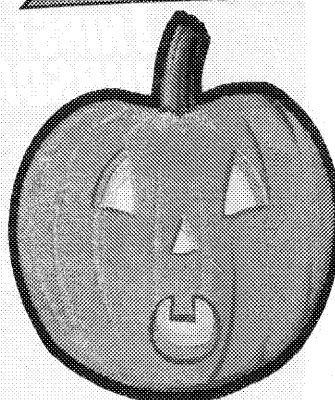
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How Do You WIN?

Let's just say, Hope you like pumpkin pie!



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IT WILL BE GIVEN AWAY ON FRIDAY**

Let's Hear It!



DWAYNE Johnson

It's that time again! What time is that you ask? Noooo idea. But I figured it would be fun to start the article that way! Anyway, last week—as some of you might know—was Health Awareness Week. There had been displays set up outside of NAITSA, and were moved to the Naitrium the following day. Massages, foot “drainers” (don't ask...ugh), and many more booths. After Terence (our VP Comm. At NAITSA) was done getting his body “purified,” he showed me this crazy sexual awareness booth that had stories “dumbed” down to an average level. Stories such as this:

“Judy was having a party at her place when her friend DeeDee showed up with two gorgeous guys she met at the bar. Judy was feeling fine after a few drinks and started making out with one of the guys. Judy was so drunk that when they started f*cking she forgot to ask him to put a condom on. Judy woke up the next morning with a really bad hangover which got worse when she realized that she didn't use a condom the night before. Judy was so afraid of getting pregnant...

A couple months later, Judy started feeling like shit. She didn't want to eat and was throwing up all the time. Judy thought she was pregnant so she went to see her doctor. The doctor told her she wasn't pregant. “Phew,” Judy thought. He then told her she had Hepatitis B. Judy started crying. She didn't know how she could get this disease.”

Upon reading several of these types of stories, I knew what this week's “Let's Hear It!” had to be...

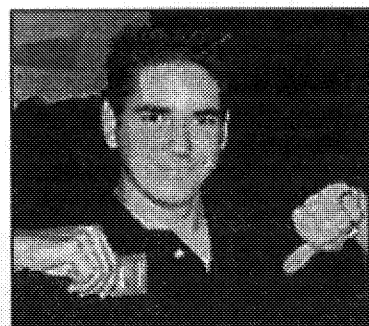
Question: “How do you feel about Unprotected Sex?”



Chris / Course: Resp. Therapy. Opinion: I'll take whatever I can get yo!!”



Smurf / Course: Resp. Therapy. / Opinion: There's such a thing as protected sex?”



Trevor / Course: Bio. Med. / Opinion: Bareback!”



Alishia/ Course: Bio. Med. / Opinion: Damned if ya do... damned if ya don't”



Shannon, Nicole and Jessica / Course: Bio. Sci. / Opinion: It's Stupid!”

Wayne Lee

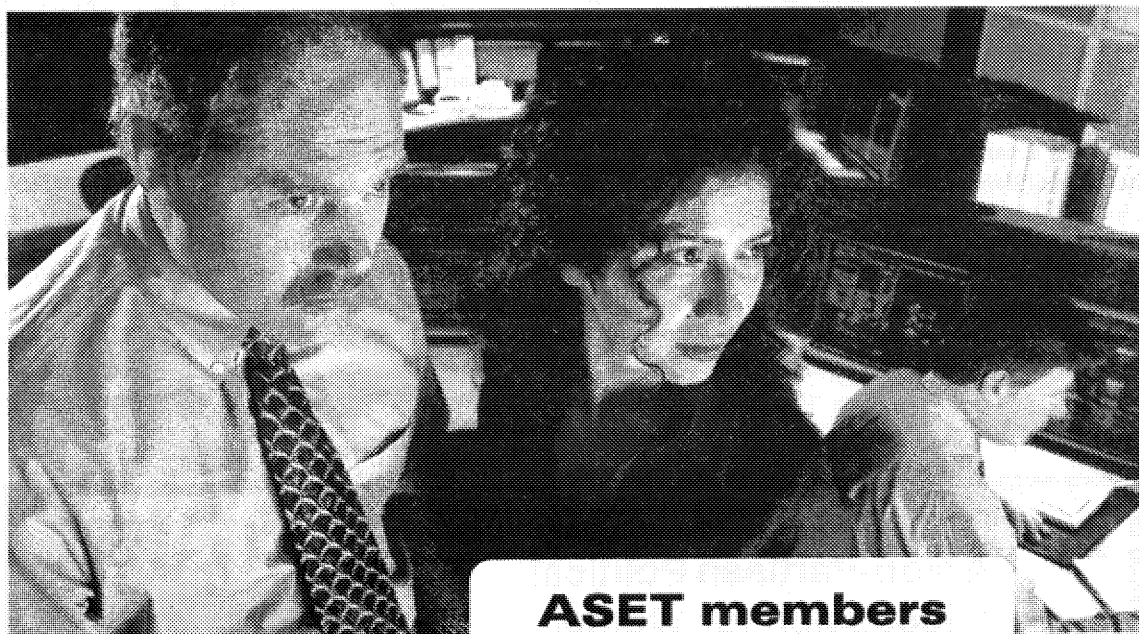
The Hip-notist

**Wednesday,
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**Tickets: \$5
Available @ The
NAITSA Office
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MOVIE REVIEW

"Lost In Translation"

A Film That Doesn't Suck

KRISTEN
DiRocco

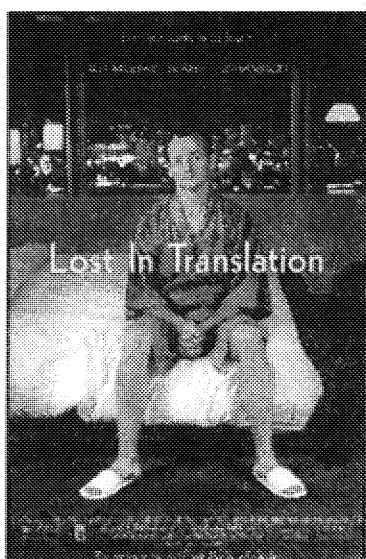
You know that feeling that you get when you're on vacation far away from home? That feeling that makes you wonder if the day will ever end? I mean, it's not like you're having a bad time - you're relaxing, and seeing things you've never seen before - but for

...you will be rewarded with the a non-Hollywood ending.

some reason you just can't seem to get comfortable, in fact, you're almost a little bit bored. That's how it feels to sit through Sofia Coppola's newest flick, "Lost in Translation".

Bob Harris (Bill Murray) is a forty-something year-old actor (although he hasn't done a film in years) who finds himself in Tokyo, Japan, shooting a whiskey commercial. After a hard day's work, Bob goes back to the hotel, only to find that he can't sleep. This becomes a pattern throughout the movie, and it forces Bob to spend a lot of time in the hotel bar. Lucky for him, he's not alone. Enter Charlotte (Scarlett Johansson), a lost girl in her mid-twenties. She just recently graduated from university, and finds herself in Tokyo as a tag-along with her workaholic photographer husband,

John (Giovanni Ribisi). John always has something to do, and Charlotte tries to keep herself busy during the day with cultural parks, and sight seeing, but by the end of the day she just can't sleep, and finds herself sitting around a lot in her underwear (which my movie-going companion



really enjoyed, so there really is something for everyone in this flick) or heading down to the hotel bar.

After seeing each other in the bar a few times, Charlotte eventually approaches Bob, and the two strike up an awkward conversation that leads to a beautiful friendship. Over the span of about a week, you watch this friendship (slowly) blossom as the characters meet at the bar, and eventually start going out to check out the club scene, or to have lunch or dinner, keeping each other company while they both

try to deal with their own marital problems, let alone the translation problems, and the awkward loneliness that comes from being in an unfamiliar place.

This movie was beautifully done. The gloom of the characters seems to be bleed out of the buildings that surround them, and even the sun doesn't shine as bright as it perhaps would if the movie was set in LA. The characters take their time to realize that they have feelings for each other, sometimes taking it so slow that you wonder how you will ever sit through the whole movie - but if you do you will be rewarded with the a non-Hollywood ending, which features Bob and Charlotte (who hadn't been on the best of terms the past couple of days) on the streets of Tokyo. Bob whispers something into Charlotte's ear that the audience can't hear, and then gets back into his cab and heads for the airport. That one moment of silence pulls the whole movie together, and yet leaves you wondering what it is that he did say. On the other hand, it shows an intimacy exists between these two characters that runs deeper than you might have expected. Whether they truly are soul mates, separated by time, or just two lonely people with a common language in a foreign country, you actually find yourself thinking "no, don't do it, don't leave her!" but all good things must come to an end, which it sometimes seemed this movie never would. But love can be complicated just like that - and that's part of the beauty of this film.

What's On

KRISTEN
DiRocco

October is here, and hopefully everyone has become adjusted to school life again. If that's the case, then you might also notice that you have a bit more spare time on your hands now than you did at the beginning of September. If that's the case, then you're in luck, because October is bringing some pretty swell bands through Edmonton! What I want to do is give you an idea of what is going on everywhere, every week; however, compiling all of that information takes a lot more time than you might think. To tie you over until then, here's a list of the important dates this month.

***Ween**

(Monday, October 6th)

When it comes to music, there isn't a thing that these boys haven't done. While some bands are spit on by their fans when they release a new album that is totally unlike their last, a Ween fan wouldn't expect anything less. Gene and Dean Ween and friends will be playing at Red's in West Edmonton Mall on the 6th of October,

***Randy Travis**

(Saturday, October 11th)

If you appreciate country music, then you definitely appreciate Randy Travis - heck, the guy has almost 20 years of experience in the business. His new album, Rise and Shine, is currently #36 on Billboard's Top Current Country Albums chart, and he'll be at Skyreach Center on the 11th if you want to hear it first hand. Tickets are \$45.25 and are available through Ticketmaster.

***AFI**

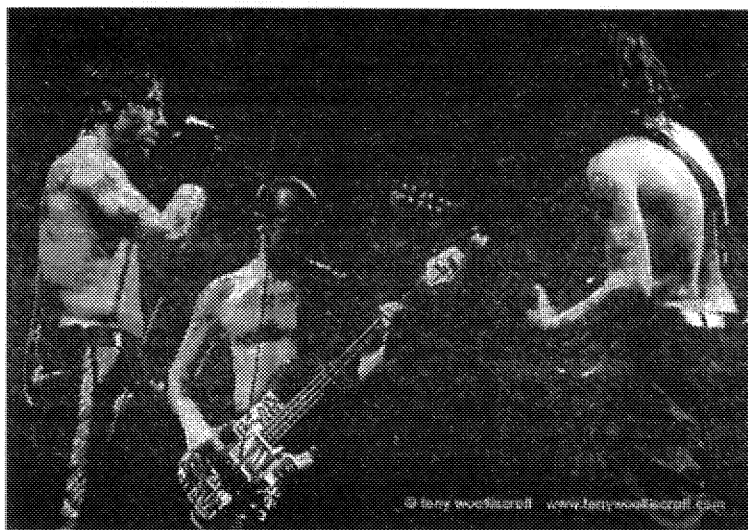
(Wednesday, October 15th)

I can't say enough about these guys. I've loved AFI since I was 16 so I guess I'm a little biased, but with their brand of complicated melodies (and a fair bit of screaming) and tight rhythms, what's not to love about this punk rock quartet from California? They join us in Edmonton at Northland's Agricom on the 15th, tickets are sold out (but you can still get your hands on some if you try hard enough).

***Red Hot Chili Peppers**

(Sunday, October 26th)

You got to love it when the legends come to town. The Chilis have been dominating the charts for years, putting out solid album after solid album, hit af-



The Red Hot Chili Peppers play Skyreach on Oct. 26.

tickets are \$25, you can get them at Red's or through ticket master.

***MTV Campus Invasion**

(featuring Gob, Kazzar and Jersey) (Tuesday, October 7th)

We already had our own personal campus invasion with Oockfest, so it's only fitting that this wild night of music is taking place at the U of A campus. This tour has been an event once a year since 1999, and has a tendency to get a little crazy! So, if you like beer, loud music, and lots of drunken people doing insane things, then this is definitely your kind of a party. Tickets are \$20.

ter hit. There is something about their style that makes the music irresistible, and they will be at Skyreach Center on the 26th if you want to witness it first hand. Tickets are \$52.50 through Ticketmaster, but you better get on it quick - this one will sell out.

***Theory of a Deadman**

(Friday, October 31st)

The Bear is once again having its annual Halloween Howler, this time featuring Theory of a Deadman. These guys give you exactly what you expect out of a Canadian band, a hard-rocking, beer-drinking good time. The party will be at the Shaw Conference Center, listen to the Bear (100.3 FM) to win tickets, and don't forget to dress up!

A Non-Partisan Political Discussion for Women

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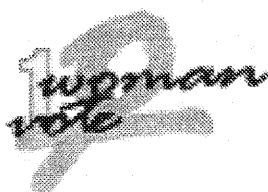
ONE TO ONE

WOMEN IN
CONVERSATION
WITH WOMEN IN
PUBLIC OFFICE

November 13, 2003

7 pm - 10 pm

Telus Centre
U of A Campus





A first grade teacher explains to her class that she is an American. She asks her students to raise their hands if they were American too. Not really knowing why but wanting to be like their teacher, their hands explode into the air like flashy fireworks. There is, however, one exception. A girl named Kristen has not gone along with the crowd. The teacher asks her why she has decided to be different. "Because I am not an American." "Then", asks the teacher, "What are you?" "I'm a proud Canadian," boasts the little girl. The teacher is a little perturbed now, her face slightly red. She asks Kristen why she is a Canadian. "Well, my mom and dad are Canadians, so I'm a Canadian too." The teacher is now angry. "That's no reason," she says loudly. "What if your mom was a moron, and your dad was a moron. What would you be then?" A pause, and a smile. "Then," says Kristen, "I'd be an American." - I am Canadian

Hmmmmmm wonder how many men are gonna go do this????? A guy gets home late one night and his wife says, "Where the hell have you been?" "I was out getting a tattoo." "A tattoo?" "What kind of tattoo did you get?" "I got a hundred dollar bill on my penis." "What the hell were you thinking? Why did you get a hundred dollar bill on your penis?" "Well, number one, I like to watch my money grow . . . Number two, once in a while, I like to play with my money . . . Third, I like how money feels in my hand . . . And lastly, instead of you going out shopping, you can stay right here at home and blow a hundred bucks anytime you want ! ! !" - Sim

To The Incredibly Beautiful Redhead in lobby between WB and WC Level 3. You are so incredibly beautiful. I want to ask you name, but I don't want to ask and then lose the tingle I get when I look at you. Send me an email. naitsecretadmirer@hotmail.com - Some guy

To the girl that I "bumped" into in the coffee shop. I was "hoping" some day we could get "together". If you "know" what "I" am saying. "But" don't think "that it will mean anything" like that "other" time I "bumped" into your(my) "sister". - Peter North South

This is for all the business students out there. You guys really have nothing to say but calling each other down. Get a life guys, there is more to this place than the slob down the hallway. (But, we all know that the slob is always a business student).

To the red head from Ookfest who took a bite of my pizza and drank my beer, you owe me seven bucks. Or a night of crazy cheese passion. I'm a freak baby. Why don't you like pineapple? - Chester Cheeta

To "Frank The Tank" and her "classy" friend from Ookfest- I've never seen two chicks walk around with two beers in hand, chugging at all times the way you girls did. You guys definitely showed your Canadian Pride. The only way it could have been any better would be if you guys would have taken off your tops and gone streaking through The Quad. - Duffman

I LOVE YOU OLGA!!

To all the second year ORA girls or should I say the chickens. Need I remind you that this is a school and not a farm. Please keep the clucking down to a loud roar. Its very annoying to hear the same clucking going on day in and day out. Plus also this is COLLEGE not HIGH SCHOOL. So please remember that next time you walk through the doors of Nait. - Second Year ORA girls

To "B" in the Annex. Can you please tell your Mom to stop calling my cellphone during class. Mr. Zastry is getting pissed off. Tell her that i'll call her, and not the other way around. - Concerned pimp

Hey to the hot guy in fitness training! Do you know just how elastic you are? - Sock Monster

To the shy girl I met after the Keith Urban concert in Red Deer: You looked really cute with that cowboy hat on, I hope I can talk to you again sometime. - Security

Attention Culinary first years.. Book off Oct 25th. Kegger at C's house! BYOB, and food. - Chef of the day

To: The Business Blonde: Congratulations! You just showed everyone on campus how much of a manipulative, shallow, gold digging skank you are! Additionally, i would like to commend you on your complete lack of courage in dealing with your "friend" face to face. Good job! I hope you catch syphilis.

To: The Annex Guy: Ditch the bitch. She's a waste of your time as well as a waste of flesh. There's a lesson for you to learn here: don't buy chicks drinks at Ezzie's. I think you can figure out why. Go find a nice girl. There's tons of them on campus. - Digital Archon

D-Lo and J-Rock, you guys are HOT!! - The ODW

Look I am sick of you computer nerds in that AHP Building. You think you are so smart with your fucking little computer machines. Lets see you get a grill nerd. Thats right, you will never get the hot beef stake. Who's the level 2++ wizard now? I am. Not you. Me. Get a life.

Wassup B-Ball Boiz. A.G.C.W. Dawg in da hizouse. Mad shoutouts and sho ho falvas to miz migan Xb0x. Dood you be HEUG in the hat houze. Don't not be forgettin the MAD lol. Broooooom. Out. - Adam "George Clooney" West

Warning to all students: I have caught wind that the University of Alberta Science Undergraduate Society is planning on invading NAIT to play a "prank", and thus prove how cool they are to their pre-med friends. Should anyone wish to um ... strike first, the UASUS office is located at M-142 Biological Science Building on the UofA campus. NAIT Pride Forever! - Dick Uppercut

To all the girls at this school that wear thongs.....pull up your pants! We don't need to see your ass floss!!! - A

To the girl in the grey miniskirt walking down 103st on thursday sept 25 at about 4:10pm. HOT! I so wanted to stop and help you carry your books, but traffic would not permit it. annexstudent@hotmail.com

So...if you have this kind-of-friend for about a year and you've liked him/her for about a half a year off and on, should you let him/her know your feelings? Even if there's a chance he/she might not feel the same way and maybe just try to avoid you after? - Confused E.N.: Are you asking the student body?

To Jamie in accounting. You are very cute and good looking. I'm wondering, are you taken or single?!!

Damn. That David accounting guy from NaitSA looks FINE in a suit. He can count me in anytime he wants! Rowr! - hella Good

The skinny girl with the puppy dog eyes in the tower. It's my duty to please that booty, and it's my task to tap that ass. Soon to be yours, Eduardo.

To the guy in section 44/45: We forgot that you paid all of our tuitions and can tell us what to do. The last time we checked you didn't pay shit for us to be here. So unless you wanna pay our tuitions, we're gonna be louder than ever. Love section 44/45 PS-Sniffing highlighters DOES NOT get you high.

To the curly-haired brunette in Bus Admin. shut up in class we're trying to learn. If you have any questions see the teacher after class, you're wasting our valuable time. And I'm sure the teachers want you to shut up as well. Your questions are common sense....listen and maybe you would learn something! - No more questions!

Just a thank you to the guy in lot Q who stuck around last Thursday, to give me a boost. Thank you soo much!!!! - Grateful driver in lot Q

To the person or persons that said the first year ORAs are stuck up. Take a look at some of the second years as well! Just this morning a second year ORA whom I do not know by name was incredibly rude towards a first year. So please think about that before targeting only them. - Concerned ORA

*****and *****in the Business Tower Building aren't really that helpful. I asked for a simple favor but you refuse to grant it. Shame on you guys.

WOW, I am flattered that you wrote about me here in the Grapevines... But I don't know who you are... - Jen G

Jen F can score a goal on me anytime. - Towerboy

Sisko... Are you my mommy?

If you would like to reply to any of these, or submit your own grapevine, you can go to www.thenugget.ca and follow the links.

Classifieds

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Classifieds

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