

BOARDING THE TRAIN OF POLITICAL ACTIVISM SINCE 1963.

# THE NUGGET

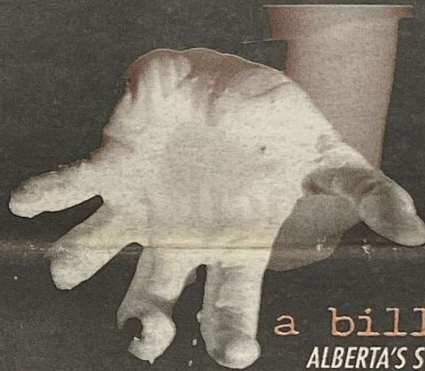
Thursday, October 9, 2003  
Volume 41, Issue 6

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

## WE'RE ONBOARD!

### Nait Students Join The Fight Against Bill 43



a bill 43 policy  
ALBERTA'S STUDENTS ARE GOING TO PAY



DANI Kent  
JESSICA Fedorek

NAITSA is now part of the Deregulation Nation. On Tuesday, NAITSA joined the Alberta College and Technical Institute Student Executive Council, otherwise known as ACTISEC. NAITSA President Jeremy Coules felt it was time to become more politically involved for the students they represent.

"...[It's] very important for us to stop sitting on the fence and time for us to be proactive, as far as education costs and other student issues go," says Coules.

A controversial education Bill (Bill 43) was a major factor for joining ACTISEC. The Bill would allow for possible dissolution of Student Unions across Alberta. NAIT President Dr. Sam Shaw had words of encouragement for NAITSA possibly joining ACTISEC, "I think whether they join or not join, it's the students' call. But again, either way they are showing true leadership."

Currently, ACTISEC represents one hundred thousand Alberta college and technical students at 14 institutions. For more information on ACTISEC visit [www.thenugget.ca](http://www.thenugget.ca)



# A-Channel: Who's Behind the Scenes?



DANI  
Kent

Is anybody else out there getting tired of the strike at A-channel?! I understand why the workers are striking but if I were management, I'd try to settle this quick! The whole station is becoming a joke!

Exhibit A: I don't have cable because I can't afford it, so I generally watch A-channel for movies. After the strike started, it became extremely aggravating to try and pin-down what movie was playing on what day. All last week they were advertising "The Bev-

erly Hillbillies" for Friday night at 8. So, Friday night, I'm flipping through the channels, trying to

**At 7, they're still advertising the Hillbillies, but at 7:30, they start running ads saying "Dennis the Menace" will be playing at 8.**

waste time between social engagements. At 7, they're still advertising the Hillbillies, but at 7:30, they start running ads saying "Dennis the Menace" will be playing at 8. I really HATE "Dennis the Menace" so I wait and hope it was a mistake

but at 8, the Menace played. Also this week, they played "Throw Mama from the Train" on Thursday. I don't like this movie either, so I didn't watch it. What did irritate me though, was during that Sunday afternoon lull, where there's nothing good on and you're waiting for the Simpsons, they put on "Throw Mama from the Train" again!

Exhibit B: The Big Breakfast and the News. The problem with this programming is not as obvious but still a good mix of irritating yet funny. If you watch closely, you can tell they're working with one camera per set and a minimal crew. I also suspect that their writers are on strike too, and have been replaced by monkeys.

Either way, I don't see how their ratings could not go down. They better get their act together soon though, because if / when CHUM (the ones who do Much Music etc...) comes to town, they'll be up the North Saskatchewan without a viewer in sight.

# Generally General Council



HARMEN  
Van Andel

Tuesday, September 30<sup>th</sup> was the second meeting of General Council, and once again the turn

**GC gave NAITSA the go ahead to join ACTISEC, which will cost our student's association \$10,000, but will also give us a voice the provincial government will listen to.**

out was great. Remember you guys: if your technology misses three meetings you will be on NAITSA's bad standing list, and nobody wants that, so keep on coming out and participating in these meetings.

A few important decisions were made in GC last week that you all should be aware of. Most importantly, GC gave NAITSA the go ahead to join ACTISEC, which will cost our student's association \$10,000, but will also give us

a voice the provincial government will listen to, as well as the opportunity to get new ideas from other student's associations around Alberta. If you have any questions about ACTISEC, you can head to their website ([www.actisec.ca](http://www.actisec.ca)) or head down to the NAITSA office.

On the table for the next GC meeting, Tuesday, October 14<sup>th</sup>, is a discussion headed up by NCIT; they want NAITSA to help provide some funding for grad, and held a meeting last Thursday to get some ideas from other technologies on what would be the best way to make this happen. Student fees for NAITSA are also a topic that will be discussed at this meeting.

Also, your student representatives of the Academic Council were voted in by your tech reps. There are five of them, and they will sit in on the meetings alongside the student chair (your VP Academic, who the students will vote in October 9<sup>th</sup>). The Academic Council is the highest decision making body here at NAIT where students have equal representation, and some really good discussions take place in these meetings that have to do with policy making (or reforming), funding for equipment for various technologies, and many other topics that affect your academic life here at NAIT. If you have any academic concerns, make sure your VP Academic is aware of them so that he or she can take them to the meetings and put them up for discussion. Have a good Thanksgiving.

## WANTED: LOOK MASCOT

We are looking for someone to be our Mascot to represent NAIT @ all home games throughout the season.

"Must be available evenings & weekends"

**WE PAY \$\$\$\$\$\$  
FOR YOUR  
TIME!**

If you are interested, contact Marc Dobell @ 471-7606 for more info or drop off a resume at S-105LA

*Experience preferred, but not essential.*

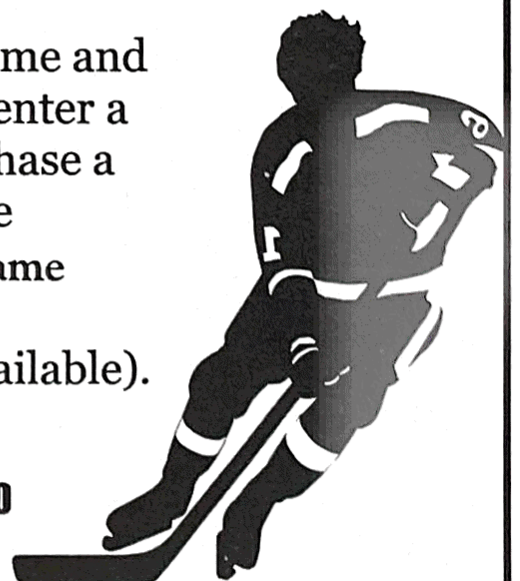


**EDMONTON  
OILERS  
VS  
BUFFALO  
SABRES**

**Thursday Oct 16 @ 7pm  
Tickets are \$33.00 each**

Buy a ticket to an Oiler game and receive an entry ballot to enter a draw for the right to purchase a pair of tickets to either the Heritage Classic Hockey game on November 22 or Oiler Playoff tickets (if available).

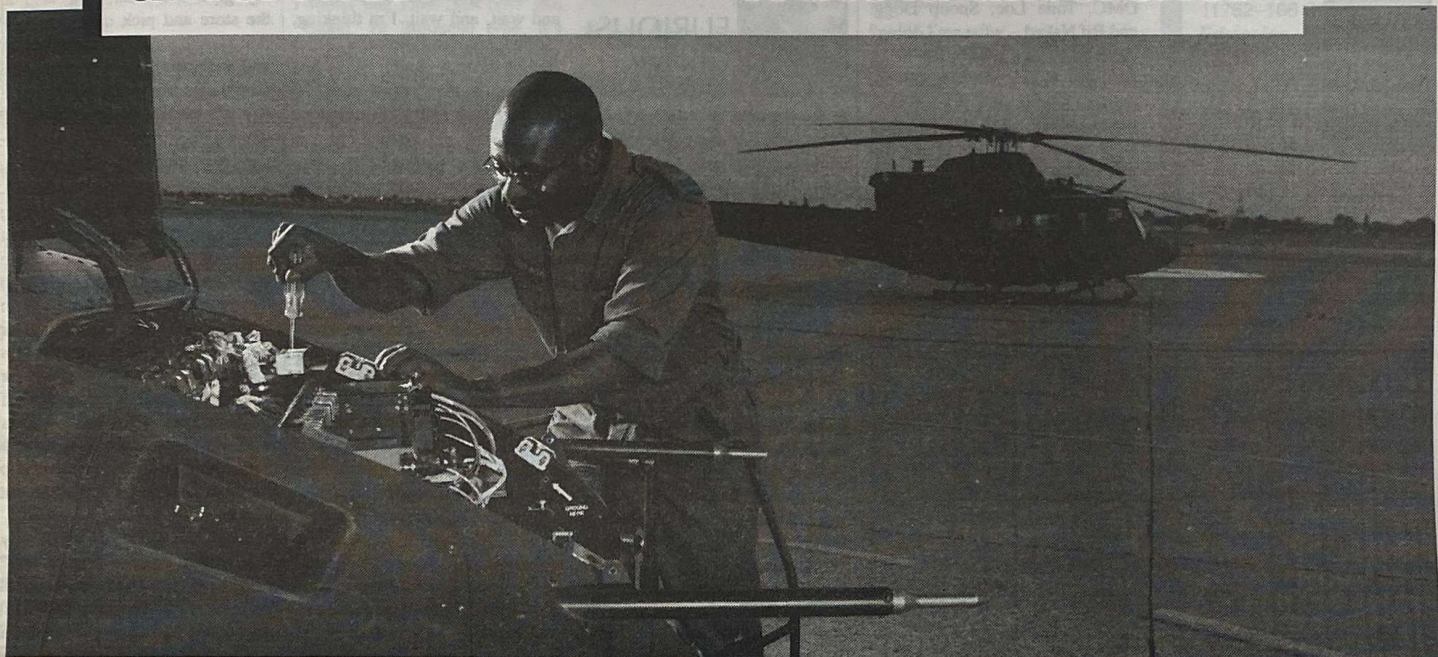
**The bookstore sells tickets to  
all The Oilers home games!**





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Nous recherchons des spécialistes en haute technologie dans plusieurs disciplines. Si vous suivez un des programmes d'études énumérés ci-dessous, vous pourriez être éligible à :

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Pour découvrir toutes vos possibilités, veuillez communiquer avec nous dès aujourd'hui.

\*Les cours et métiers admissibles comprennent : technicien/technologue en génie électronique, technicien en génie informatique, technicien en informatique ou en réseaux d'informatique, technologue en radiologie, technicien en télécommunications, technicien en communications sans fil, ingénierie des télécommunications.

\*\*Les cours admissibles au programme d'études subventionnées comprennent : ordinateurs et information, communications, ou systèmes de régulation — électronique, télécommunications, ou technicien en systèmes d'information électroniques — ordinateurs, génie des réseaux informatiques, ou technicien en télécommunications — communications sans fil, ou technicien de réseaux informatiques sans fil — communications, ou ordinateurs, technologie du génie — technicien à l'entretien et à la réparation d'automobiles — entretien d'avionique de bord, ou programme de technique du génie (avionique).



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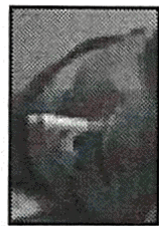
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# Cowboys:

## Where I Learned to Rope N Ride



DICK  
Lottatang

DMC, Tone Loc, Snoop Dogg, and Bif Naked...what am I doing? Time to drink! Wow...I'll never get over how many fuckin' hot chicks come here. I can tell they missed me too, or was it the naked guys who got them all worked up? Whatever...I'll just go with it. The renovations over on this side are also quit noticeable. There is now a VIP lounge above the washrooms, a monster video screen above the dance floor, and many other subtle improvements. The music here is great, it swings from top 40 to R&B to rap...and to country as well. I appreciate all music and I've been known to 2-step once in awhile. But I'll never understand line dancing. Ever. But where there is country music, there is country girls. YEHAU! David Ozubko, the manager of Cowboys, told me all about the \$0.25 Draft Thursdays (been there), the new "Intuition Fridays", and \$2.25 highball Saturdays. He also hinted about some upcoming events, so keep your eyes open! Many beers later, a pretty girl decided she loved Dick (Me) and wanted help me get home safe. Mission accomplished. All and all, cowboys is a guaranteed great time.

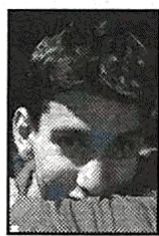
### Cowboy's

Security	8.0
Music	7.0
Service	6.7
Style	8.6
Mood	7.1
Ass Factor	8.0
\$\$\$\$	6.2
Hygiene	5.3

**Rated : 7.1**

What to do...it's been quite awhile since I've had the pleasure of partying at Cowboys (10102-180 St.). I have had some amazing times in that bar, as I'm sure you all have. For those who don't know, listen up. They are a very established venue, one of the most well-known and busiest bars in the city (...in Alberta for that matter). For those who did not know it, Tuesdays are LADIES NIGHT! (My favorite) I arrived around 10:30 last Tuesday and like always; there was a line up to get in. Security is very prominent at Cowboys, it's like they scour the earth for giants. The dude at the front door looks like a normal guy was put through a copy machine set at 150% of normal. After the cover and coat check you are immediately exposed to the first hot beer tub girl. As you all know the first beer babe is usually very friendly, exposing massive amounts of skin, and who can argue with that? I bought a beer for each hand...marketing works! Cowboys recently had a massive renovation; the lounge side was redone in an excellent choice of reds and subtle lighting. I chilled out for awhile on the leather couches, damned if I want to watch "Fabio" jiggle his well-placed potato around (Ladies night, remember?). As soon after the "men" got off stage, the heard of horn-balls stampeded into the main room. I casually wandered into the dance floor, remembering the concerts of yesterday that I had once witnessed here. RUN

# George Is Getting Angry



FURIOUS  
George

I arrive at NAIT really early in the morning the other day. As I drive from my home to the NAIT campus, the sun rises, and the headlights I am using become invisible to the naked eye by the time I arrive. So, as I park my vehicle in a really 'close-to-the-door-George Costanza' parking spot, I neglect to turn my lights off. "D'oh!" number 1. I attend classes all day and stay behind to study in the Computer Commons until around 6:30 PM. After a real long day, I get up to go home. The feeling of dread overwhelms me as I try to start my vehicle. Nothing. The light switch is on the 'ON' position. "D'oh!" number 2. Always prepared, I pull out my cables, and then realize there are 6 other cars in the parking lot. "D'oh!" number 3. Who's gonna pay for parking now to help me? I have to rely on the 'in-the-parking-lot-already' car owners. I see a woman getting out of her car. Wow! What

luck! I run over and ask her to give me a boost. She says, "sorry I'm already late!" (What a bitch.) "D'oh!" number 4. And so I wait, and wait, and wait. I'm thinking, "Could someone actually claim one of these 6 cars?" "Will they help me if they come out?" 20 minutes pass and I see someone coming out and getting into his car. I run over feeling like a pretty big loser by this time and ask for his help. He says "sure" and drives over. (Thanks by the way dude, whoever you are) "Yes!" number 1. I start hooking up the cables: My car, black to black, red to red. His car, red to red, black to... red? What the? Both of his cables were red! Oh no... too late! I fried my main fuse and now my car will not start. "D'oh!" number 5. I feel like the loser of the century by now. I need a new fucking fuse. I tell the guy, "thanks anyways, I just fried my fuse box, I'll fix it tomorrow."

So, after a big sigh, I call my girlfriend. "Hi honey, long day, can you come and get me? My car's fried."

"Honey, I'm in a chair getting my hair done. I'll have to come when I'm done." "D'oh!" number 6.

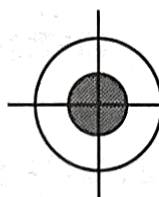
So I wait and wait and wait.

She finally comes to get me and I crash at her place (Thanks honey). The next day I drive to NAIT in my girlfriend's car, and stop at the store and pick up a 65 AMP fuse on the way. I arrive at NAIT and as I approach my car I can see that things are gonna get worse. My window's smashed. "D'oh!" number 7. I peer inside and see that my stereo's stolen. "D'oh, d'oh, d'oh" number 8, 9, and 10. The deck had just recently been installed to replace the last one that was stolen. That time they broke my window too. I'm now going to leave my car unlocked because I'm tired of replacing my window. Hear that thieves? Furious George's car is wide open! Come and get whatever you want! Boy, I tell you though; if I ever walked up while you punks were ripping me off, there isn't a person on this planet that can stop me from kicking the living shit out of you.

Anyways, I changed my fuse and started my car. "Yes!" number 2. I now drive to school in silence, and probably will until I go nuts and buy a new deck. Of course, I'm pretty confident that someone's crack habit with entice them to steal it shortly thereafter.

# Got Game?

Bring your computer  
gaming skills to  
ElimiNAIT – NAIT's  
own LAN Party! It's a  
free tournament of  
fun, all part of  
the excitement at  
NAIT's Open House.



**ELIMINAIT**

A LAN party tournament  
for computer gamers

CompuSmart

### WHAT

Forty high-speed computers will be networked for all-out gaming mayhem. Competitors test their skills in one-hour battles – each player is guaranteed at least two games. The last player standing will have won five matches, earning the title of Ultimate Gamer.

### WHEN

Saturday, October 18, 11:00 a.m. to approximately 4:00 p.m.

### WHERE

Action takes place in the fabulous NAITSA Computer Commons on the 2nd floor of the new NAIT HP Centre for Information and Communications Technology, NAIT Main Campus.

### PRIZES!

Every player takes home a prize pack, including the game they played. Get beyond the first two rounds and the prizes get bigger!

### HOW TO ENTER

Complete an entry on the NAIT web site: [www.nait.ab.ca](http://www.nait.ab.ca). All entries must be received by midnight, Sunday, October 12. Forty contestants will be chosen at random from all entries received.

Get all the details at  
[www.nait.ab.ca](http://www.nait.ab.ca)

NAIT/Bring on the future



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## Robotic Sincerity



DWAYNE Johnson

It's rather awkward on occasion when I respond to something, as if it was something I was expecting to respond to, but didn't get the response that was intended. Heh, did I manage to confuse you on that one? Good!

**"Hey Joe, how are ya!?"**

**"I'm great, too tired"**

**"I cant complain!"**

**Ooops...**

Basically this week I want to mention something that I am sure we have all experienced at one point or another during our social excursions out and about this crazy world. Those in the service or retail industry will most likely be able to associate best with this!

For example, let's say you're a cashier working in a clothing store. You pack up the customers belonging all nice n' purdy like. Then hand the bag to the person. Now at this point—like any normal person would expect—a thank you usually follows. So you prepare to say "You're Welcome!" But things do not go as planned.

"Cool!"

"Your Welcome!"

Hmm...

Then some damage control becomes necessary. The customer might get offended and claim they were about to say "Thank you," thinking you were hinting that they had been rude. On the flip-side, we feel awful for doling out a non-sincere reply.

This doesn't only apply to the average working person however. Think of just normal encounters with friends or acquaintances. You see Joe Friend, and begin conversation with him. Now the usual pattern of events is: 1) You ask how Joe is doing 2) Joe comments on himself, then asks how you are doing 3) You comment on yourself. Now should a step be skipped, things get weird.

"Hey Joe, how are ya!?"

"I'm great, too tired"

"I cant complain!"

Ooops...

As you can see, we seem to have basic automated conversation norms without really realizing it. Kind of makes you wonder how legit people are sometimes in their replies.



**Dear Dr. Stu,**  
I found that most Nait boys like "Blond" or European type. It's just sad to be other races, and even bad if you have an accent. No boy wants to approach subculture girls. There's definitely discrimination .... Since been here for a while, but nobody comes up to me yet, not even for friendship! I think I'm pretty, gentle and very friendly. But... I don't know what's happening to those boys, they seems only keep their eyes on "Blond"! (- Keiko

**Dear Keiko,**  
I am a Caucasian European male, and I gotta tell you, race means nothing to me. Beautiful is beautiful. Friendly is friendly, it's that simple. And there are many other men around NAIT that feel the same way, you simply need to find them. Putting most NAIT boys into your "like blond" category is inaccurate, and as long as you mistakenly think of yourself as a

minority, you'll be treated as one. Change your ways my dear and you'll find a great man of any race!

**You gotta commend her for being honest with you, but this girl is playing the field, dude.**

**Dear Dr. Stu,**  
Are you truly qualified to be a doctor? - wondering

**Dear Wondering,**  
PhD? No.

**Dear Dr. Stu,**  
Here is my dilemma, I met this super wicked bad chick, who happens to work as the rotisserie chicken counter at a save on foods. She is cool, likes art, drinks, smokes and makes a mean chicken, however she told me on

my birthday that she is seeing another dude as well as me. Do I a) Kick the shit out of this dude and make him wish that he had never been born or b) try to get a little skull, have a smoke and go straight to bed, never to look back at this mess again. - ready to kick some ass.

**Dear ass kicker,**  
You gotta commend her for being honest with you, but this girl is playing the field, dude. Some hot chicks do that because they can. It is definitely not this other dude's fault that she's playing both of you, so kicking his ass really won't solve much. I think you should take the "skull" as you call it, and don't take much else seriously from her. She's a ho, and not worth the assault charge. Who knows though, she may have told this other guy the same thing, in which case perhaps you both want to kick each others ass. Find out from her if that's the case, and I'll sell tickets to the event. - Dr. Stu, peace out.

*Need bad advice? Send in your questions online at [www.thenugget.ca](http://www.thenugget.ca) and follow the links.*

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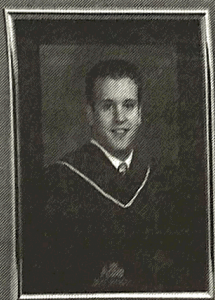
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THE DEADLINE IS  
12:00 p.m. on the first  
school day of the week.

All submissions must be  
accompanied by your name &  
student ID number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

## FALL 2003



## Grad PORTRAITS

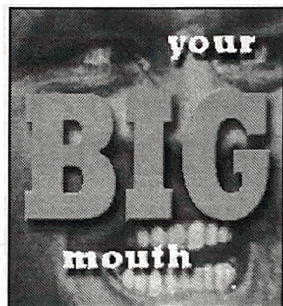
Sessions are available  
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For more information  
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### Online gripes from real students...

*E.N: We do not edit these for typos, they are printed exactly as they were submitted by the students.*

**I am not sure** who the proper authority is to talk to about this but this is a start. The last time I ordered a yummy pita at Pita Pit in the HP Center I realized that the people making them are not required to wear gloves. When I asked why they were not they got short with me and said because they washed their hands lots. Well I do not care, I would like to see them wear gloves and put clean ones for each pita made. I DO NOT WANT YOUR SKIN TOUCHING MY PITA. I stood there watching as the lady drove her hands into each vegetable tray to grab handfuls of veggies and wipe her hands on her apron. The ladies tried to make it sound like it was one or the other (hand washing or gloves), that is not good enough, both should be required. At Pita Pits off campus and Subway they wear gloves and change in between

**To the chump from god** knows where, who is the "Manly Man". We're writing back from the "AHP" center. You don't have the balls to come here and say something so you run your mouth on the nugget, talking about "level 2++ wizard" you are. I don't know about the "nerds" but you obviously are nutless, seeing how your the 'big bad paper' tough guy. - Computer "Nerd"

**Lets just get down** to the nitty gritty. Is it just me, or is it a little unfair for college prep students not

to get a fricken locker!!! I mean, it's not like they're all TAKEN. I walked down the E-wing today, and within 30 seconds of walking I saw just about 40 free lockers with NO locks!!! Who the hell are they saving them for???...extra room for the retail meat cutters to store the beef??? I mean, I got sent to 3 dif-

**Is it just me, or is it a little unfair for college prep students not to get a fricken locker!!!**

ferent places, cuz the staff know's dick all about fricken lockers!!!! I dunno about you, but what are they doing all day sitting on their asses, and they can't even transfer the unused lockers to some people who need them, insted of being unused. Oh yeah, and what happens when I feel like running around on the outdoor track, am I supposed to rent a day locker at kingsway??? - In need of a Locker

**I wanna known why** there are people so fucking mean that they take something that someone forgot and don't hand it in to the lost and found or security. Why are you guys such assholes that you won't do this. You people are the scum of society. Your right down there with people who steal from our lockers and cars.....go fuck yourselves.

**To all the ORA feuders**, seriously enough is enough. You're acting even younger then highschool. Try elementary! Although all the banter is really amusing to read, it's giving our course a really bad name. If you have a problem with someone, seriously tell it to their face and quit the drama. I personally like the first years. The ones I met were awesome. How this retarded feud started is beyond me. - Proud 2 Be Loud, 2nd year ORA

**I fuckin' hate that new account-**

ing "Lifa" interactive computer program that Business students have to use. The program penalizes us to death for tiny little mistakes that instructors would let go. This Lifa program is a classic example of how education is becoming overly dependant on technology. Computers should be an aide or a tool to assist us in learning, but not to replace teachers. The lazy instructors should get off their highly paid butts and actually teach us and mark assignments and tests by hand. - Derek Tougas

**I think urinal pucks** in the tower washrooms could really help things smell alot nicer. - John Tiedemann

**Ok you know in math** when you have to negative numbers the negatives cancel each other out to make a positive. Well if you french kiss a french woman does the two frenches cancel each other out and you just kissing a woman or is she still french. -By the freak

**Why do they put nipples** on manicans???

**To the BSB in my Business class...** why you trying to be like me?? i know I'm cool and all; but i really hate people that bite my STYLEZ!! Just remember that I'm number 1. - WTF!!

**Dear Nugget, What is up** with the nugget girl and guy? Why is chick always skanky and in color, while the guy is fully clothed, in the corner, and in black and white?? Is this not an equal opportunity school? The women of this campus should be able to have some eye candy as well! BSGs

**Comments: So much for** "you have to be there to claim the price" :( I am talking about the student passbook draw. Only one price was actually claimed at the Nest at the time of draw. I say - you ain't there - too bad. Draw another book. But maybe it's just me. - Andrei

*Got a gripe? Go online to [www.thenugget.ca](http://www.thenugget.ca) and look for the "your big mouth link"*

**Editor's Note: Anonymous items that come across my desk that have malicious intent directed at one individual will not be printed. Issues or concerns about staff of The Nugget or NAITSA will be printed as long as the correct student ID# and Student Name is accompanied with the submissions.**

## TEACH ENGLISH Overseas:

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# Comfortably Numb Contest



**HARMEN Van Andel**

Send us your stories for print in The Nugget and win a pair of tickets to see "Comfortably Numb, The Pink Floyd Experience", playing at The Jubilee Auditorium on October 16<sup>th</sup>. Here are the first submissions for the contest. You have a few days to get your stories in so hurry up! Deadline for entries is noon, Monday Oct. 13<sup>th</sup>, so get them in this weekend!

## Glow Orange

By Michelle Dixon

I'm thinking about how things sneak by me. I consider myself to be an observant individual and then I consider how I just noticed today that the leaves have become gold. When did the fairy green bleed to sepia? It was a few days ago, maybe four, when the garage sale sign shade of orange worn by the mountain ash across the street nearly offended my good taste before it dawned on me - it was beautiful. Is one still classified as observant for noticing they noticed late? Maybe I didn't see it because it crept in while it was dark in front of and behind my eyes. Maybe I didn't see it because it inched in at a constant rate the same way hair grows; how one washing it feels like you don't have enough hair and washings later you need a whole handful of shampoo.

Grandpa, I never saw you grow old. One summer you were green and now you glow an orange I'm afraid to watch.

I woke up thinking of you today and I felt afraid. I asked Dad how you were doing? And,

"When did you talk to him last?"

It'd been about three weeks since we last spoke. He said you were doing "better"- medicine is full of such relative terms - that last week had been "good." So I call you and you sound better. You sound happy to hear from me right from hello. But then you ask,

"What are you not telling me?"

You're either so good or I'm so transparent. I say "nothing" and that I just needed to hear your voice. I say that I dreamt about you last night but when you ask if it was a bad dream I lie and say we were walking together. You tell me that your muscles are too weak for walking and that all the oxygen they'd normally get is being used

by your O2 hungry lungs and that if you were walking, you must have been dead and a ghost. I sigh inside, hoping you don't know how close you've hit to the truth. I don't tell you that I dreamt you called and you were "worse." I don't tell you that the call I dreamt about felt like it would be your last. I don't tell you I'm worried about your lungs, your blood oxygen content, hypoxia, dyspnea, and all the other scary terms and factors I've recently learned of your disease.

I worry about your strength. You talk of getting better for something that there is no cure. I wonder whose sake this is for, surely yours because I know different. I wish you knew best. So badly I want for you to be right, as right as you've always insisted on being. I know you are receiving my love because that is not diluted by distance. I wonder about strength though... does it weaken the further it runs? Does it run out of breathe before it reaches you to give you more? Maybe love and strength are directly correlated and the other simply doesn't exist without the one.

I've never worried about your spirit. I see your failing body and yet your blue eyes still reflect back the same hue as mine. You snuck by me slowly but you're still so quick that I'll never win an argument with you in this lifetime.

I must be so transparent because somehow, oh somehow, you hear all of this in my silence and say,

"Now, if I were about to die, I'd call you."

You are so good. Our conversation ends in laughter and "I love you."

Glow orange, and I'll watch so long as you promise me it isn't winter yet.

## Damn Cops

By: Flirtatious

A couple of years ago, I was stopped for speeding by a really cute cop. As he peered through my driver's side window, he must have had a change of heart. He kinda weirdly made small talk with me and then left me his phone number and walked back to his car and drove off. A few weeks later I called him out of curiosity and he asked me on a date. It was a really boring date, but afterwards we went to his place I did him none the less. It was the worst sex I have ever had. This guy was cute, but he was a huge dweeb. The next day I left his place and never called him again. He tried calling me, but I

didn't return his calls.

A few years passed and I was pulled over for speeding again. BY THE SAME COP! We immediately recognized each other, and it was pretty awkward. Anyways, he wrote me 3 frickin' tickets! One for speeding, another for no seat-belt, and one for a broken tail light. If you screw a cop, ladies, end it properly, or you'll get screwed, trust me.

## Strange Love

By: Richard

One time, I was at Cowboys and met this girl who was about

22. She must have been in some sort of weird mood (like get back at her boyfriend kind of mood) because she came up to me acting all seductive and stuff. She told me she wanted to get out of there so we did. I started driving and we ended up at the bottom of the hill on 87<sup>th</sup> Ave. (The zoo parking lot). We had only known each other at this point for about 25 minutes. She started making out with me in my truck and before you knew it, we were both naked and going at it. It was lots of fun having sex with a complete stranger, let me tell you. We were interrupted by headlights, and not long after, a tap on the window. It was the police. I

didn't think much of it at first, and we quickly got dressed and got out of the truck. They separated us and started asking this girl questions like, "are you here on your own will." She answered "yes" thank God, but they might have thought she was a hooker, because they kept asking us strange questions. When they asked me, "what is her name", I couldn't answer it, and she couldn't remember my name either. I know they were both kind of confused but they finally left, and told us to take it home.

We went to my place and had marathon sex that whole night, and she left in the morning. I haven't seen her since, and I still can't remember her name.

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# Campus Sport Update



**JUSTIN Huculak**

The men and women soccer clubs had another spectacular week as both teams went undefeated. The women fared a bit better pulling out three wins over the week including shutouts against TKUC and LCC by scores of six and four nothing. The lady Oaks also beat MHC 3-2. The men on the other hand managed two wins

as well as a tie. They started the week off by easily beating TKUC 5-2, then proceeded to beat LCC 3-2 in closer match before settling for a 2-2 draw against MHC. The men have two games this coming weekend as they play host to Grant MacEwan and Red Deer College on Saturday and Sunday, both games get underway at 2:00 p.m. The women look to continue their winning streak on Sunday as they play Red Deer as well. Game time for that match is noon.

The NAIT men's hockey team had an interesting weekend as they headed up "north... to

Alaska" as folk singer Johnny Horton would say to play a couple exhibition games. In the first game the men defeated the University of Alaska-Anchorage team by a score of 2-1. NAIT fell short of the sweep as the University of Alaska-Fairbanks upended the Oaks 6-2 the following day. The men will open the regular season tomorrow against Briercrest Bible College right here at the NAIT arena. The puck drops at 7:00 p.m. The club then plays Briercrest again in a rubber-match on Saturday with that game getting underway at 2:00 in the afternoon.

The Oaks women hockey team headed east to Saskatoon this past weekend and participated in the University of Saskatchewan tournament. The first game saw the Oaks lose a nail-biter to the University of Manitoba 1-0. They then played a AAA senior team from Kamloops and pulled a 5-5 tie out of the hat before dropping their last game to local rival Grant MacEwan 9-1.

Women's volleyball also got kick started last weekend at the Red Deer College Tourney, but the team couldn't come up with satisfactory results dropping four

of five games. The ladies lone win came against Briercrest in a very hard fought five set match.

The women's basketball team was also busy this past weekend competing in the Edmonton wide tournament. The women finished with a 2-1 record. Defeating PBC by a score of 63-49, before easily handling Briercrest Bible College 74-50. The ladies ended up losing their final game of the weekend to MHC 66-53.

It's a busy weekend for Oaks athletics so I suggest everyone pick at least one game or event and head out to show our Oak pride.

See ya out there!

## NAIT Ladies Fastball Team Win League Championship

**LARRY Cantelo**

The NAIT fastball club followed up their undefeated regular season with four straight wins in the playoffs to win the league championship in Lethbridge over the weekend. As has been the case all year, the victories on the weekend were a team effort with numerous players contributing to each of the victories.

In the first round robin game Ashley Reed pitched a complete game five-hitter to lead the way in a 7-1 victory over U of Calgary. The NAIT girls picked up 2 runs in the second inning and three more in the fifth on the way to the victory. Shortstop Kim Nowicki lead

the way with two hits in four at bats. Other top hitters were left fielder Cat Rasmussen with a one for two performance and third baseman Amanda Klinger, first baseman Erin Johnson, catcher Reganne Matheson, right fielder Cindy Mohn and second baseman Mandi Looy all with one for three performances.

In game two the bats erupted for 16 hits on the way to a 13-5 crushing of Mount Royal. Rhonda Kessler picked up the win for NAIT in relief of starting pitcher Heather Summerton. Centre fielder Loni daCosta lead the way with a three for five performance

and Erin Johnson went two for five.

The two wins gave the ladies first place overall in the round robin and a long wait to see who they would play in the semi-final. With five teams tied for third place, a series of tie-breaker games had to be played to see who made the playoffs. With the long wait and many with exams on Monday the girls returned to the hotel to get some studying done. When the dust settled, the NAIT girls once again met up with Mount Royal and showed their supremacy once again in winning an 8-1 decision. Rhonda Kessler won her second

consecutive game going all the way and pitching a five-hitter. Left fielder Heather Summerton lead the way with 3 hits in 3 trips to the plate. Other top hitters for NAIT were second baseman Mandi Looy two for three, centre fielder Loni daCosta two for four with a triple and catcher Karen Matson one for three.

In the final the ladies rode the right arm of Rhonda Kessler once again to best Red Deer College 7-0. The team played flawless defence and got enough hits to end the game early under the seven run mercy rule. The win extended the undefeated string to a season long

20 and 0. The team accepted the championship trophy from AIWFA executive director Len Trotter and after a brief celebration the team set out on the five hour journey home.

Members of the NAIT team are: Moneca Cassells, Loni daCosta, Jill Groves, Steffi Heck, Erin Johnson, Rhonda Kessler, Amanda Klinger, Jen Machetchuk, Karen Matson, Reganne Matheson, Cindy Mohn, Mandi Looy, Kim Nowicki, Cat Rasmussen, Ashley Reed, Heather Summerton, (coach) Jerry Gunn, (coach) Ron Heck, (coach) Gary Shelley and (coach/GM) Larry Cantelo.



NAIT Ladies Fastball team.



# Nugget Girl



Rebecca is in marketing. She is a Maxim model search finalist and loves the Saskatchewan Rough Riders.

# Nugget Boy



Travis, an Aries, is a straight shooter who deals blackjack at a local casino.

To make a submission for Nugget Girl or Nugget Guy, go to [www.thenugget.ca](http://www.thenugget.ca)

## Great Western Canadian Ski Trip

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# Thanksgiving 101



DANI  
Kent

Thanksgiving is coming up fast and what comes to mind? TURKEY! A lot of us are fortunate enough to have a family dinner to go to, where everything will be prepared and cooked for you.

But for the rest of us, who have neither the time nor the money to visit home for this holiday, it generally becomes a date with Hungry Man Microwave Turkey Dinner. But what if you're craving genuine turkey? The instructions aren't on the side of the package like the TV dinner. For those of you who want turkey but don't know where to start, I have found a wealth of knowledge over the past week that might be useful.

You can find the following information at [www.kraft.ca](http://www.kraft.ca).

1. **Buying:** Buy one pound per person. You may want to buy a fresh turkey, as opposed to frozen, to avoid days of thawing.
2. **Thawing:** Thaw turkey in unopened wrapper, breast-side up, on a tray in the refrigerator. For every four pounds of turkey, allow one day of thawing.
3. **Preparing:** REMOVE neck, excess fat, and giblets from chest cavity. Rinse cavities and outside turkey with cold water. Blot with paper towels. SEASON cavity and area under the skin with salt, pepper and

herbs. Try poultry seasoning, thyme, sage or marjoram. STUFF the bird with prepared STOVETOP Stuffing Mix. Help turkey cook evenly by making it as compact as possible. Tuck the legs into the ring of skin that they were originally in when you unwrapped your bird. Fold first joint of wings underneath bird's back.

4. **Cooking:** PLACE in foil roasting pan and roast at 325°F for about 20 min per lb. or .5 kg. CHECK bird after indicated cooking time. Thigh juices should run clear, not pink, when pierced with a fork, and leg joint should move freely when cooked.

5. **Carving:** Carve turkey in the kitchen, not at the dinner table. A cutting board and tray will allow you to carve without juice leaking all over. STEP 1 - Start by removing wings. STEP 2 - To remove legs, pull back leg to expose the joint while you cut. The cut through the joint. STEP 3 - Cut each breast off the turkey in a whole piece. Make an incision on either side of the breastbone and cut along ribs until breast is free. Remove any other large portions of meat still attached to the bones. The remaining carcass can be picked apart the next day for use in sandwiches or soup. Simply wrap-up in aluminum foil and refrigerate.

After all that effort, you will have the turkey you've been waiting for. But maybe after reading this you'll continue the college Thanksgiving tradition, and celebrate at McDonald's.

# Enhancing Your Self-Esteem

MARGARET Marean  
Counsellor, Student  
Counselling Centre

People with high self-esteem have positive yet realistic views of themselves and their situations. They trust their own abilities, have a general sense of control in their lives, and believe that they will be able to meet most of their goals. High self-esteem means accepting yourself for who you are, and not depending excessively on the approval of others in order to feel good about yourself. People with high self-esteem take reasonable risks and do not feel they have to conform to the expectations of others. Typically people have areas where they feel confident (such as academics or social relationships) and areas where their self-esteem is not as high (such as personal appearance and athletics).

Lack of self-esteem is not necessarily related to lack of ability. It is often the result of focusing too much on the unrealistic expectations of others and setting unrealistic standards for performance. Self-esteem is developed as you are growing up and is affected by the messages you receive from parents and peers. We usually carry the messages we have learned as children into our adult lives. However you can improve your self-esteem at any time of your life. Just remember that change takes time and work. Be patient with yourself. Here are some strategies for enhancing your self-esteem:

1. Identify your self-defeating thought patterns and work towards changing them.
- All or Nothing Thinking. "I am a total failure when my performance is not perfect".
- Magnification of Negative/Minimization of Positive. Expecting that things always go wrong is a common attitude. A single negative detail, piece of criticism or comment colors all reality. Good things don't count nearly as much as bad ones. "She didn't say hi to me so nobody likes me". "I got five A's but the one C really shows my abilities".
- Jumping to Conclusions. Concluding things are bad without any definite evidence.
- Emotional Reasoning. "I feel ugly/stupid/unpopular so it must be true".
- Overemphasis of "Should" Statements. "Shoulds" distract us from identifying and fulfilling our own needs, abilities, interests and personal goals. "Should" statements are often perfectionistic

and reflective of others' expectations rather than our own.

□ Labeling. Instead of saying "I made a mistake and I can learn from that", saying "I am a loser and it is all my fault."

□ Difficulty Accepting Compliments. "You like this outfit? I think it makes me look fat."

2. **Emphasize your strengths.** Give yourself credit for everything you try. By focusing on what you can do, you credit yourself for efforts rather than emphasizing end products. Accept current limitations and learn to live with them.

3. **Develop your skills.** Learn and practice the skills that you feel you are lacking and would add value to your life.

4. **Set realistic goals.** Establish goals on the basis of what you can realistically achieve. Break your goals down into small steps and then work towards completing each step. To strive always for perfectionistic absolute goals such as - "Anything less than an A in school is unacceptable" - invites stress and feelings of failure.

**Set realistic goals. Establish goals on the basis of what you can realistically achieve. Break your goals down into small steps and then work towards completing each step.**

5. **Take risks.** Approach new experiences as opportunities to learn rather than occasions to win or lose. Expect to make mistakes as part of the process; don't be disappointed if you don't do things perfectly. Feel good about trying something new, making progress and increasing your competence. Taking risks opens up new possibilities and can increase your sense of self-acceptance.

6. **Experience success.** Seek out and put yourself in situations in which the probability of success is high. Look for projects that stretch - but don't overwhelm - your abilities. Allow yourself to acknowledge and feel good about your successes.

7. **Use Self-Talk.** Stop listening to your negative inner "critic". When you notice that you are doubting or judging yourself tell yourself "stop" and substitute

more reasonable, self-accepting and supportive messages. For example, when you catch yourself expecting perfection, remind yourself that it is unrealistic for anyone to do everything perfectly.

8. **Respect your own needs.** Recognize and take care of your own needs and wants first. Identify what really fulfills you - not just what is immediately gratifying. Respecting your deeper needs will increase your sense of worth and well-being.

9. **Solve problems.** Don't avoid problems and don't stew over them. Face them, identify ways to solve them and act on your solutions. Procrastination lowers self-esteem.

10. **Make decisions.** Practice making and implementing decisions. Trust yourself to make good decisions and to deal with the consequences.

11. **Be assertive.** This means looking after your own needs while being respectful of the needs of others.

12. **Rely on your own opinion of yourself.** Evaluate feedback from others, but do not rely on or put too much weight on their opinions. Depend on your own values in making decisions and deciding how you feel about yourself and what is right for you to do.

13. **Let go ... of the past, ... of unhealthy relationships, ... of anger you are holding onto.**

14. **Love yourself.** Spend some time pampering yourself and treating yourself like your own best friend. Stop comparing yourself with others and accept yourself for who you are.

And remember - there is only one person who can really improve your self-esteem - you! You have the choice to move forward or stand still, to be positive or negative, to be happy or sad. You have only one life to live and the choice of how to live it is yours. "Today is yours to make it whatever you want it to be" - H. Johnson

**If you feel you would like further assistance enhancing your self esteem or dealing with other academic, career, or personal concerns, contact the NAIT Student Counselling Centre, Room 0117 (phone 471-8921) and book an appointment with a counsellor.**

- some of the above information was adapted from University of Texas and University of Illinois handouts.

## OPEN HOUSE PARKING

October 2003

To accommodate our visitors on Friday, October 17, parking will be free to staff, students, and visitors. It will not be possible to protect staff and student stalls from visitors; therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that meters along 118<sup>th</sup> Ave in front of the NAIT Dining Room are City of Edmonton property and are not included in the above notice. Please be sure to pay the meters if you decide to occupy them. Inquiries should be directed to 471-7477.

Thank you for your cooperation!  
Parking Services



# Eskimos Pull Out From rINgSIDE a Squeaker!



JUSTIN Huculak

The 45<sup>th</sup> consecutive sell out crowd at Molson Stadium saw the return Mike Pringle for the first time since he was dropped by the Alouettes last off-season. The fans in Montreal were being very uncharacteristic like and were surprisingly supportive of Pringle, despite his donning of the green gold, which left Pringle with a satisfactory smile and a feeling of being home after spending the previous seven years in Montreal. The game also saw the Eskimos overcome what seemed like an impossible hurdle, which was beat Don Matthews for the first time in five attempts since Matthews was released by Edmonton in 2002.

Despite speculations earlier in the week that Jason Maas was going to get the start on Sunday, Coach Higgins opted to go with the slightly battered Ricky Ray. Ray who had a bit of an off week and went 12-26 for 184 yards passing with only one touchdown pass which went to Ed Hervey from ten yards out to open the scoring. Ray also threw an interception and fumbled once in the first half. Both the fumble and the pick lead to a pair of Matt Kellet field goals. The only first half points the Alouettes could muster against a stingy Edmonton defense. The Eks' went into the half leading 17-6 after a Fleming field goal and a Pringle plunge from a yard out into the end zone with under two and a half minutes on the clock.

The second half again started off good for the Eskimos who on their first possession added another field goal from Fleming making the score 20-6. But after that the Montreal defense stepped up and shut down the high powered Eskimo "O" for the rest of

the game. It wasn't until the fourth quarter though that the Montreal offense started to roll. Just :55 seconds into the quarter Kellet added his third field goal of the game bringing Montreal within 11. Then about half way through the fourth QB Anthony Calvillo found Ben Cahoon in the end zone for a 7-yard score, and Deonce Whitaker ran in the two-point convert bringing the Alouettes within three. With only 1:34 left in the game, Montreal was relying on Kellet once more who was looking to make his fourth field goal of the day from 43-yards out. Fortunately for the Eskimos Kellet's kick sailed wide, all but sealing the victory for Pringle and company.

Terry Vaughn conceded a safety in the dying seconds of the game giving the Eskimos a 20-19 victory over the high-powered Montreal Alouettes. Mike Pringle only finished with 51 yards on 16 carries, but you know the win meant a lot more to him and the rest of the Eskimos as they finally got the monkey off their back and can go into the playoffs in three weeks time with the confidence that they can beat any team in the CFL.

Edmonton has the luxury of a bye next week before a potentially big home and home series with Winnipeg, which could be a battle for first in the West Division. Although the Bombers are struggling having dropped three in a row as B.C. staged a 4<sup>th</sup> quarter rally Saturday night highlighted by a 103-yard touchdown bomb from Dave Dickenson to Geroy Simon placing the two teams in a gridlock for second. Around the rest of the league Toronto defeated the Renegades 27-18, which now puts the Argos 2-points ahead of Ottawa for the last playoff spot in the East. As for the Riders they had a bye week and looked poised to crossover to the East for the final playoff berth for the second consecutive year.



MIKE McGuire

*"For those who chose to take things for what they are, no explanation is necessary. For those who won't let it be, no explanation will do"*

— Jeff Jarrett

Not a lot of time this week, so I'll get to the biggest news. Sad to pass on the news of the recent hospitalization of Stu Hart. Apparently, Stu suffered a fall over the past week, and has also been kept in hospital for a swollen stomach condition. His son, Bruce, has told the media that Stu's diabetes is also an obstacle in his recovery. I'd personally like to send my best wishes to Stu and the entire Hart family.

Fans looking for Hulk Hogan

need look no further than NWA: TNA. The Hulkster will be on their special 3 hour 11/30 PPV,

**Monster Pro Wrestling will be at the Alberta Ave Community Hall (just a few blocks east of NAIT) on October 12.**

main-eventing against Jeff Jarrett. The best part of this is the "reality" behind it. Hogan and Jarrett were involved in a very real backstage ego-battle a few years ago in the defunct WCW, and haven't worked together since.

Bret Hart, who remains out of wrestling thanks to a very real condition of post-concussion syndrome, had some nice things

to say about Kurt Angle. In his column, Bret stated that if he ever did come back to wrestle, he would love a match against the Olympian, and would have loved to have had it at WMXX. By the way, tickets for WMXX are on e-bay right now for as high as \$5,000 USD.

Lastly, a reminder that there is some great local action over the next couple of weeks. Monster Pro Wrestling will be at the Alberta Ave Community Hall (just a few blocks east of NAIT) on October 12. For more, visit [www.monsterprowrestling.com](http://www.monsterprowrestling.com).

The Prairie Wrestling Alliance will be **right here at NAIT** on October 24. The show will be in the gym, and I'll be there as ring announcer. For more, visit [www.pwawrestling.ca](http://www.pwawrestling.ca).

Don't forget to check out [www.ringsideradio.tk](http://www.ringsideradio.tk), and as always, I'm thankful for any criticism, good or bad, at [ringsideradio@hotmail.com](mailto:ringsideradio@hotmail.com).



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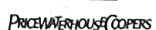


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# NAIT Golf Team Wins ACAC

"This team will be very competitive" echoed coach Jules Owchar prior to the 2003 ACAC championship. The coach's analysis were correct as NAIT defeated five other colleges to win the Gold. NAIT's 625 total gave them an eight stroke victory over last years champion MRC

In good conditions partly sunny mixed with occasional drizzles, the beautiful Fort McMurray Golf and Country Club was ready to challenge the ACAC's best 34 men and 11 ladies.

The players, although struggling with lightning fast greens were tremendously impressed with the course lay-out a real tough but fair challenge. The caliber of college golfers exhibited itself as 21 players broke 80, 13 on Friday. NAIT with a total of 315 on day 1 were in 3<sup>rd</sup> place, trailing MRC by 5 and U. of C. by 3.

The script was set for day 2. MRC - U. of C. and NAIT battling for the Gold. It was tremendously exciting as the championship hinged on the scores of the last group. NAIT golfers posted outstanding scores 75 - 76 - 78 - 80 and 82 and beat MRC by 13 strokes and U. of C. by 11 strokes. NAIT was the only school to better its first day total.

MRC won the Ladies Championship and also captured the top three individual awards.

MRC - Kim Valteau posted scores of 82-78.

NAIT's Pam Henderson shot 90-89 to finish fifth.

In the Men's individual championship NAIT's Craig Compton captured the gold with rounds of 75-76 and Scott Wissler shared the bronze medal with rounds of 79-76.

## TEAM STANDINGS

N.A.I.T.	625
L.L.C.	671
M.R.C.	633
OLD's	686
U. of C.	634
CUCA	780

## INDIVIDUAL RESULTS of N.A.I.T.'s TEAM ALTERNATES

Craig Compton	151
Devin Loeppky	171
Scott Wissler	155
Justin Bourgeois	168
Randy Petryk	159
Mike Danko	160

## LADIES

Devin Loeppky	174
Pam Henderson	179

## 19<sup>th</sup> HOLE

- NAIT 8<sup>th</sup> Championship
- Craig Compton's Individual Gold was also NAIT's 8<sup>th</sup> such award.
- NAIT's total of 627 was the fourth best score
- Mike Danko was on last years bronze winning team. He won silver in 2002 with his 151 individual total
- NAIT finished first in the Northern Regional Qualifiers and in the process beat U of A by 19 strokes



# HELP WANTED

The NAIT Arena requires a casual/relief arena attendant for evenings and weekends

## We require you to have the following:

- Zamboni / Arena operation experience
- First Aid
- Good customer service and work ethic

## We offer the following:

- \$12.49/hr
- Evening & weekend shift differential
- Fabulous work environment

For more information contact: Terry Baumgartner  
Arena Operations Supervisor  
Rm S218  
Ph: 471-8699  
email: terrybau@nait.ab.ca



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- Dynamic, highly trained, multilingual staffs
- Best prices for Nait students and staffs

Opening specials: Draws for prizes, come in to enquire



# Men's Basketball Team Honored in Pre-Game Ceremony



**JUSTIN Huculak**

It was only their second exhibition game of the year, but certainly will be one of the most memorable evenings for this Ook basketball team. The team was presented with its CCAA National Championship banner and rings before the game. It was also a night that saw dedicated and loyal Ook coach, Marc Dobell presented with the ACAC coach of the year award.

The team captured the championship last March in Quebec in a thrilling 85-84 victory over the

home province Dawson College. The Oaks now face the daunting task of defending their coveted title, but with dominating performances in the preseason so far this year as well as high expectations layed upon themselves they seem up to the challenge and very well capable of making another solid run at the gold.

NAIT and Medicine Hat College finally tipped off after the ceremony conculuded and for the first fifteen minutes of play it seemed that Medicine Hat was going to give the Oaks a run for their money. But the boys finally shook what might have jitters from the pre-game festivities out of their system and started to pull away from the soon to be helpless Rattlers. NAIT went into the half

leading by a score of 31-20.

The second half started right where the first had left off and the Oaks continued to pummel MHC, while building a 21-point lead five minutes into the half and by the time the 9:00 minute mark rolled around the boys again increased their lead by 31-points. By the time it was all said and done the Oaks won the surprisingly easy contest by a score of 83-44.

NAIT played two more games over the weekend, beating PBC 112-68 and also pulled out a win against a much tougher SAIT team than expected by a score of 81-71. Giving the Oaks three wins during the tournament and 4-0 record on the season.



Coach Marc Dobell receives "Coach of the year" Award



Ook Mark Dorado looks on as Slav Kornik goes in for the the lay up.

# OOKS HOCKEY

## MAGIC FAN BUS TO RED DEER

**Thursday, October 16**

**Tix: \$15**

Can be purchased at The NAITSA Office (Rm E131)

**Ticket includes:**

- Coach Bus Ride to and from Red Deer
- Ticket to the game
- After Party in Red Deer

Bus leaves from in front of the Nest @ 4:45 pm.

Bring your own beverages.

**NO GLASS** allowed on the bus.



# When they say "Wake the Dead" do they really mean it?



KRISTEN  
DiRocco

As you might have already heard, the Halloween Hangar Banger is no more - at least as you know it if you have been to one in previous years. It is, in fact, bigger and better this year, and if the parties thrown so far by NAITSA are any indication of what to expect, you can guarantee that this year NAIT students will wake the dead at the annual Wake the Dead Halloween Party!

The party is on Saturday, October 25th, and it will be held at the Polish Hall, which isn't too far from NAIT. Tickets are 10 bucks, and you better get them soon because this one will sell out fast. It's three floors of partying, (I hear the balcony will be open also) with a different type of music on each floor - one will be retro/top 40, and another will be a DJ spinning some Electronica (anyone go

to the Foam Party? It'll be just like that...), the third is a surprise, but you can bet you won't be disappointed. The point is to be able to experience different atmospheres in one building throughout the night, and also to make sure that everybody will enjoy themselves somewhere.

As always, there will be prizes for the best costumes - what else do you expect from a Halloween party? First prize is a trip for 2 to Las Vegas, Second prize is a Budweiser Beer fridge, and Third Prize is 2 tickets to see the Oilers, so make sure that you do put some thought into your costumes that evening.

So that's that. I hope everybody gets excited for this one - we all know that NAIT throws the best parties, and this one will not disappoint you. Remember to get your tickets soon, you don't want to miss out! So until then, study hard and party safe - take care and I'll see you at the Polish Hall! If you can't make it out, keep reading The Nugget and I'll be sure to tell you all about it in a future edition.

## Terry Pithers

a.k.a. "Slim Pithers"

*If it ain't broke...fix it anyway!*

A humorous look at  
successfully dealing with  
change

Are you trying to cope with seemingly endless change? New technologies, new markets, new business philosophies, new courses and new skills. Almost daily there are new terms for new things, even new terms for old things. Could it be any worse?

You bet. Imagine a group of cowboys, used to decades of doing things the old way, when suddenly their ranch is bought out, amalgamated and computerized. They are dragged kicking and screaming into the 20th century, just in time for the 21st. Slim takes you along on the journey as they go through the changes from cowboys to cowpersons to consultants

Thursday, October 9

Shaw Theatre

11:15 - 12:10 OR 12:15 - 1:10

### CD Reviews

## Some Hits, Some Misses



KRISTEN  
DiRocco

### Limp Bizkit, "Results May Vary"

Limp Bizkit have done it again, and by "it" I mean the exact same thing do every time that they release an album. "Results May Vary" was an excellent title for this album, because it is so true, I'm not even sure what my opinion is on it - some songs seems to be utter crap, other songs are all right, even enjoyable. The hardcore Limp fans are bound to like it, because it is definitely jam packed full of the tried and true Limp Bizkit sound, lyrics, and attitude - but those who don't feel they owe anything to the Limp crew might find themselves wondering why they spent \$20 on this CD when they could have just popped in a previous release from these guys and had the same general effect. So, my opinion is that this one is not worth your money, unless you are a hardcore fan and know exactly what you're getting into. If not, it's definitely a download.

### Big Sugar, "Hit and Run"

I'm always happy to support Canadian artists, but am especially happy when the band I'm supporting has six previous albums to fall back on, all of which have had top 10 singles. The newest release from Big Sugar, "Hit and Run" is a compilation of 13 their great-

est hits (in case the title didn't tip you off to that) and there are a few new tracks just to spice the album up a little bit. It's got all of your favorites, like "Turn the Lights on" and "Diggin' a Hole", and is one of those rare CDs that you could put in your CD player and listen to all the way through - and maybe even sing along. My opinion? This one is definitely worth the coin...head out to your favorite music store and pick this one up right away.

### Soundtrack - "Bad Boys 2"

Well, it's here, the much anticipated release of one of the hottest soundtracks of the season, and the return of Bad Boy (Records, that is). This CD has 18 tracks to offer you, most of them from the hottest artists in the industry right now - such as Beyonce, Justin Timberlake, 50 Cent, and Mary J. Blige - just to name a few. This is another CD that you can listen to all the way through, although not every track is what you would expect from that particular artist. I'm not going to go into detail and spoil the surprise, but I am going to say that this disc is definitely worth checking out. The next time you're thinking about adding a CD to your collection, take my advice and pick up this one, it is definitely a worthy buy.

## STOP AT A BOOTH AND VOTE!



HARMEN  
Van Andel

As you've probably have noticed, elections are going on this week. For those of you that are new, this election is a by-election, which means that they are filling a spot in the NAITSA office that was supposed to be filled from last year's elections. For reasons unknown, the VP Academic that the students voted for last year is no longer with NAITSA. I hope that you all have listened to the candidates this week, because it's an important position that is being filled. Amongst other roles, the position's most important role is to help you if you have any issues with this Institution. (ie: Instructors, Administration, etc.) Let's make sure we have the right person in that position: Get your ID cards out and vote between 9 AM and 4:15 PM at one of the seven voting locations around campus on Thursday, October 9th.

## Student Success Seminars

### Room X111

#### Maximizing Your Potential

Wednesday, Nov 5

11:15 - 12:15 OR  
12:15 - 1:15 OR  
4:30 - 5:30

#### Stress Management

Wednesday, Nov 19

11:15 - 12:15 OR  
12:15 - 1:15 OR  
4:30 - 5:30

## comfortably numb the PINK FLOYD EXPERIENCE



Jubilee Auditorium  
October 16, 2003



**NAITSA** AND  
Students' Association



Present

**NAIT**

**WAKE THE DEAD**

**SATURDAY,  
OCTOBER 25TH**

**HALLOWEEN**

**HALL PARTY**



**Tickets:**  
**\$10**

At the Polish Hall  
10960 - 104 ST.

**Doors @  
8:00 pm**

**Grand Prize:**

**A LABATT GETAWAY  
FOR 2 TO LAS VEGAS**

**2ND Prize:**

**A BUDWEISER BEER FRIDGE**

**3RD Prize:**

**2 TICKETS TO AN OILERS GAME**

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DRINKS**

**ALL NIGHT**

Tickets available at  
the NAITSA Office  
(Rm E131) & The Nest

**"If You're Drinking...  
Who's Driving?"**

**NO MINORS**





**E.N:** These Grapevines were submitted by students online. They have been printed as they have been received.

To Kristin DiRocco: You're very cute, too bad you're not in engineering. We could have made beautiful bridges together. - Z

Ross in the HP building your blue eyes have captivated me, hope we meet more :) - Krazy Red head

To all the guys at the Bridge Building Competition, We hope that you all enjoyed the show. Too bad nobody got a picture of the amazing back flip that was the reason behind the mud wrestling. - The Mud wrestling 1<sup>st</sup> year Geo girls

"Little by little, however, they rose grimly into the western sky; allowing us to distinguish various bare, bleak, blackish summits, and to catch the curious sense of fantasy which they inspired as seen in the reddish antarctic light against the provocative background of iridescent ice-dust clouds. In the whole spectacle there was a persistent, pervasive hint of stupendous secrecy and potential revelation. I could not help feeling that they were evil things - mountains of madness whose farther slopes looked out over some accursed ultimate abyss." Local gaming group seeking 1-2 players for Call of Cthulhu (Chaosium rules, not D20). Experience with the system or gaming in general not required. If interested, send email to [naitgamer@hotmail.com](mailto:naitgamer@hotmail.com) - NAIT GAMER

To the bastard(s) that broke into my locker and stole my gym bag. Keep my "granny panties" you PERVERT! Give me back my soccer shoes, clothes, runners, text books and wallet unless you like to wear girls clothing! F\*\*\*\*ers! - Pissed Off

Hey Breanna, told you I'd write a grapevine to one of the prettiest ladies in the tower! - You know who

To the girl in dark blue scrubs: saw u on the really crowded #8 gown 2 coliseum the other day. Just thought I'd say that I think u r really beautiful. In case u were wondering i'm the guy who was kind of behind u, wearing a black adidas jacket, and glasses (hope that helps). Hope 2 see u around. - Guy on crowded bus

Cindy thanks for always being there for me. The moment I set

eyes on you I fell in love. You are the twinkle in my eye and the beat in my heart. Together we define love. I can't stop thinking about you and I always want to be with you. I LOVE you sweetie!!!

To the white girl in the tower with the ghetto booty who wheres nothin but velur Rocawear and baby phat suits. Dont wear any tight clothes, you got too much 'baby phat'. And dont fall down the stairs again, its just insult to injury. - Ron Jeremy Jr.

To all you FYNE women here at NAIT, come over to the HP building every now and then, we have a serious abundance of sausage here!

**FREE PROFESSION PHOTOGRAPH!** Second year photo tech students are looking for models for various class assignments. We're looking for all types of people. If you're interested, please contact Christina or Simon at 471 8461 or via email at [naitmodels@hotmail.com](mailto:naitmodels@hotmail.com) - Simon

To 2++ wizard. We will remember that comment when you are waiting our fucking table in 20 years. I probably had more girlfriends in the last 4 years than you will have for the rest of your useless life. - HP Rep

To the meat cutting fag who has a problem with the HP students - Listen you meat cutting piece of trash, you are the help, we pay your tips, so why don't you shut the fuck up and make me a sandwich. - AHP Students

I'm looking for girls that would be interested in doing a few bikini contests for a few Fridays at Tonic. First place winner gets \$250, second place gets \$150 and third gets \$100, and a bar tab at the end of the show. If you're interested write me at [newoutline@hotmail.com](mailto:newoutline@hotmail.com)

Well girls, It looks as though we have offended A. I suggest that from now on we all wear stretched-out, baggy-ass sweat pants and your great-aunt Wandas granny panties...right. A, I think it's time you came out of the closet, and if you're a girl, then you're probably just jealous because they don't make thongs and low rise jeans in certain sizes. - Member of AFAN

OK Brenda, here's the scoop! The DA's really don't take offense to your little remarks....we totally understand that you're jealous (why wouldn't you be?) And we could be just a shallow and mention that only ugly people would say things of the sort, but we're not like that. Frankly, We think you should work on that confidence issue or lay off the drugs! - All us girls from the F Wing!

to the chick that thinks the DA chick are orange, we got something to say to you! please note that beeing a bitch isn't cool, and one word of advice get your eyes checked cause you might be color blind. And if you are really jelouse of the DA chick come up and say it to our faces. one more thing looking like britney is a compliment and having a brain that goes with it is called a good catch. you might learn something from us, maybe just how to get a brain. - DA Chix

Just wanted to know if #7 on the Men's Basketball team is single? - Not a stalker

Tell that bitch in first semester RTA to shut the fuck up for once. Everone knows who i'm ta;lkng about. Your not funny, your fucking annoying. I didn't 3 grand to hear you babble about shit, so let the prof's talk and shut the fuck up. - Annoyed RTA

TO THE GUY WHO DECLARED HIS LOVE FOR OLGA...DO I KNOW YOU??? SHOULD I BE SCARED??? ARE YOU HOT??? - OLGA

**FIRST YEAR ORA STUDENTS-**  
-please GROW UP, remember you are NOT in high school anymore, and it is time to start acting like mature and civilized girls, I would say women, but I just don't know if your all ready for that yet! I myself, being a ORA student, am embarrassed and ashamed to be associated with many of you. I listen to your immature and judgemental comments some of you make as other students walk by, but please no one is perfect and what gives you the right to judge others?? I have only realized that many of you have a lot of growing up to do and what goes around always comes back around. To be a part of society means to live in society which involves being mature and respectful. If you have to make comments and be rude to other people, maybe wait until your at home or not around everyone. As Plato says, "Be kind, for everyone you know is fighting a harder battle." - Matured first yr ORA woman.

To the hot chick in the F wing, you need to be a model. Tall, beautiful face, tight ass, perky bouncy breasts of heaven. Goddess. Do you realize you are every man's fantasy on campus? We should hook up. - hot shit lvr

To the dude in Business with all of the freckles. What the fuck happened to your eyebrow? - D-Rock

girls! looking for casual sex but dont know how to ask? write me a message! - [annxstudent@hotmail.com](mailto:annxstudent@hotmail.com)

To who wrote the entry about my

mom, i know who you are. And you couldn't score with any chick, let alone my mom if you her. So tell your boyfriends to stop calling you in class, they'll have to wait till after class to get serviced. AND go fuck yourself. - Big B

To the group of guys ALWAYS on the eighth floor, get a life, YOU ARE NOT COOL!! So stop talking like you are. - annoyed

hey, accounting cowboy's girl, your super sexy and super sweet, I gotta know if there is a boyfriend. - all yours

Listen to the guy that tried trash talkin the HP center and all of the so called "nerds". 1. learn how to spell and learn some grammer at the same time. 2. We all know you sit in front of your comp beating it cuz thats all you will every be able to do with "it". Take the last remark however you want. I wonder what its like to get a keyboard across the face hmmm. - The "A" HP

To the bald guy always on the 8th floor who wears the canadian tuxedos, who do you think you are? Shawn Desmond? P.S. go to class loser

to the sexy little ukrainian chick in the HP, those eyes of yours of soooo hypnotizing, and you smell soooooo good. want to see some majic? - majik stick

To the punk bitch who dissed our building and it's ppl. So you don't like us computer geeks, eh? Well my light headed friend, why don't we wait for 5 - 10 years when your punk azz will be working 4 me. Please humor us no life geeks by shedding some insight into what you're taking. You're probably just jealous because we gotz this sweet azz building and your stuck with...well...we won't go there, cause we've been in there. I bet you think Larry Ellison, Steve Jobs, and/or Bill Gates are geeks....you do know who these ppl are right? Well they might be geeks, but while they are sucking back mimosa's in Hawaii, wiping their ass with benjamins, getting bops from your sis, you'll be stuck in Peace River layin' pipe, to satisfy some woman, Chump! - computa n3rd

We're a little confused over here as we work on our puters. We've never heard of any form of "2++" languages, nor do we know where the "AHP" building is. If you could shed some light on this, we'd greatly appreciate it. The "hot beef steak" that you are refering to isn't something that any of us really want to get, seeing we don't swing that way. But hey, whatever you do in your own time is your own business. And hey, who wouldn't want a grill? People everywhere love the good old BBQ. "I am. Not you. Me. Get a life." Grrrrrrram-

mar problem? Or just bad english? - The Geeks in the HP Center

Furious (HOT) George: You are amazingly hot and i seriously think you are the most talented person i have ever known. Your articles are so awesome!!!!!! - your fan

To the "winner" in the tower with the shave mark in his eyebrow, your hurtin. Why dont you get your buddy with the mohawk to finish the job.

To all the peope in the business tower: TAKE YOUR BACKPACK OFF IN THE ELEVATOR!!!! Especially when the elevator is full! It is so inconsiderate to leave your backpack on when there are like 20 people in the elevator! Try having some concern for other people instead of only thinking of yourself for once! - Bitch who is gonna SNAP!

To all ORAS! please please stop with the insults. By writing all these nasty messages it just makes us all look stupid. We all do need to grow up. We have to stop being a bunch of bi@#hy women! dont take it personally! Want to be friends.

Nate your Mom is soooooooo HOT!!!!

Both Clinton and the Pope die, but there is a mix up. Clinton went to heaven and the Pope gets sent to hell. The Pope explains the situation to the hell administration, they check their paperwork, and the error is acknowledged. They explain, however, that it will take about 24 hours to process the paperwork and make the switch. The next day, the Pope is called in and the hell administration bids him farewell and he heads for heaven. On the way up, he meets Clinton on the way down, and they stop to chat. Pope: Sorry about the mix up. Clinton: No problem. Pope: I'm really excited about going to heaven. Clinton: Why's that? Pope: All my life I've wanted to meet the Virgin Mary. Clinton: You're a day late. - Virgin Mary

dear brenda is lame, Please note-being green is not cool. Be careful...people like us help people like you with your denture impressions!

I just want to thank all the stunning, beautiful women in the business tower (you know who you are) for making every walk through the halls such a pleasure. If there is any way I can repay you, by all means, please let me know. - j

Dear Autoshop boys, why cant you just accept the fact that you are peaches in a mango essence? Please understand that your plaid





## GRAPE VINES

and REO Speedwagon will not buy the better girl and your cheque is not in the mail? Get it? No? That's too bad, everyone else did. - Jonny Seatbelts

Holly: AKA BJB, from the NAITSA pub crawl. The boys and I would like to set up a pub crawl with you and your lady friends. If you want to find out more, talk to me outside of E202 Tuesday morning around 8:00. See you then. - BBS

Ping pong anyone? If there is a decent player out there who likes table tennis and is willing to spend couple of hours a week playing it, give me a call. 2881250

To the Blonde, with pink streaks, in the Engineering Building, when can I come over and worship you, your a GODDESS!!!!!! - Firebird

If you would like to reply to any of these, or submit your own grapevine, you can go to [www.thenugget.ca](http://www.thenugget.ca) and follow the links.

## Classifieds

3 BR Suite near Coliseum, bus, shopping. \$725. Small yard. Call 466-3278. Nov. 1st.

## Classifieds

1995 GMC 4x4 Short Box loaded, 3" lift, custom paint, n/tranny, rims, box cover, \$9500obo Rod@919-2977

ONLY TWO STALLS LEFT  
Parking Available close to NAIT  
\$30 per month call Sherry at 477-0191

Looking for ride to and from NAIT live in 5 minutes outside stony plain Stony Plain. Will give gas money. email me @ [rmkulak@email.com](mailto:rmkulak@email.com) ph. 963-2965

If there are any single men that want to meet some girls to hang out with and have fun email me at [goodtimes4everyone@hotmail.com](mailto:goodtimes4everyone@hotmail.com) You send me a picture I'll send you one.

2 Bdrm suite for rent. Brand new, bright, spacious, private entrance, laundry included, shared utilities and very pleasing esthetically. Not to mention awesome student landlords. In Glenora/Westmount area. Very central, 1 bus to NAIT. Call 489-3100

Queen Size Mattress/Box.  
Orthopedic LUXURY PLUSH  
Pillowtop NEW. Cost \$1,000;  
Sacrifice \$295. Can deliver. 720-6613

King Size Mattress/Box. Extra  
Thick Orthopedic Double Pillow-top.  
NEW. Cost \$1,800; Sacrifice \$545.  
Can deliver. 720-6613

Great Old Station Wagon. 1991  
Taurus. Reconditioned transmission.  
Still under warranty. Brand new  
muffler. All 4 tires are very good. P.S./  
P.B. Air conditioning. 210 thousand  
k. 20 k per litre. \$1500. Call Helen  
at 436-3826.

Roommate needed to share  
accommodations. Close to NAIT.  
Satellite, cable internet, close to all  
amenities. \$350/month. \$175 dmg.  
All inclusive.

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(40362)

# Thanksgiving Long Weekend

## Sunday, October 12th

### You Could WIN A

# Ski Package Giveaway

## to Marmot Basin

### How Do You WIN?

Let's just say, Hope you like pumpkin pie!

# Hallowe'en

# \$1000

**FOR BEST DRESSED COSTUME.  
IT WILL BE GIVEN AWAY ON FRIDAY**

Esmeralda's

Ramada Inn on Kingsway

## FALL 2003

# Grad PORTRAITS

Sessions are available  
from October 20 thru October 24, 2003

8:00 a.m. to 4:00 p.m. Monday thru Friday  
Appointments may be made by contacting the  
Graduation Portrait Studio in Room U209E or by  
telephoning 471-8732

For more information  
check our WEB page at  
[www.nait.ab.ca/lr](http://www.nait.ab.ca/lr)

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EXPIRES November 10, 2003  
no reproductions-no cash value  
valid anytime-2 admissions per coupon

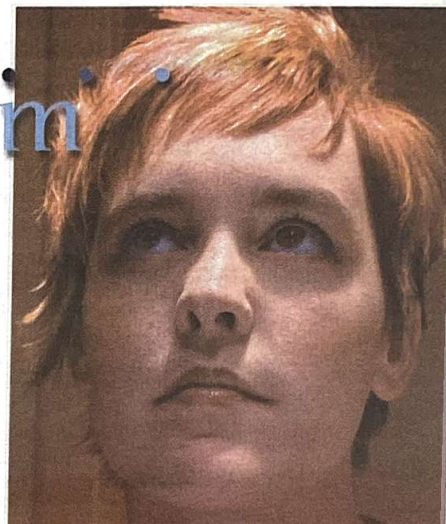


**THIS WEEK'S FREE MAKEOVER WINNER****BEFORE...***This is Casey...*

e l y s i u m

HAIR • BODY • SPIRIT

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off all services and products  
at Elysium. Call them at 488 6808  
or visit them online at  
[www.elysiumhbs.ca](http://www.elysiumhbs.ca)

**AFTER...****Want a Free Make-over?**

Submit an awful picture of yourself and a good reason why you think you should get a make-over.  
(Other than, ofcourse, the terrible picture you send us) Every week, we'll pick one we like, and send him/her to Elysium  
Hair, Body, & Spirit for a free make-over! Submit it any time, it happens every week!  
To submit your entry, send your picture and story via e-mail with a '.jpg' attachment to: [editor@thenugget.ca](mailto:editor@thenugget.ca),

**Bored?**Submit a grapevine at [www.thenugget.ca](http://www.thenugget.ca)