# The Nugget

Thursday, November 18, 2004

Volume 42, Issue 9

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

**Sports . . . p. 6** 

Life With Spice...p. 10

# NAITSA Notes

# Democracy in Action!

Mark Cappis—NEWS

The last NAITSA general council meeting was Tuesday, November 9. For those not in attendance, here's what went down:

NAIT President Sam Shaw delivered a special presentation. Dr. Shaw conducted a Q&A session with the tech reps to find out what's on the minds of the students. Issues raised included the clocks always being wrong, the crosswalk that leads into the HP Centre, NAIT's continuing application for degree-granting status, and the ongoing security issues.

The hot issue of the night was NAITSA tabling a motion to amend the budget. In this day and

age, NAITSA feels the need to hire a media designer; a person whose sole job it would be to design posters, maintain the NAITSA website, and things of that nature. Naturally, the budget needed to be amended so NAITSA can pay this person. The motion was passed.

There was some discussion on the recent rash of computer viruses on the computer network. It all started when a virus infected an instructor's computer and it just spread from there. All sides are hard at work now trying to stop it.

There's going to be one more tech rep orientation on November 24. This is where, if all the techs want to have an event, they've got to send a rep to this orientation so they know how to set one up. NAITSA did have a few last month, and this one is for those who couldn't make it last month. Remember, if your rep doesn't go, your technology can't have any events.

The next meeting is on Tuesday, November 23rd. This one is a biggie. It's the Annual General Meeting, where last year's budget will be picked over. NAITSA needs 100 people to come to it, or else they'll be forced to have it over and over and over again, kind of like that movie Groundhog Day. Tuesday the 23<sup>rd</sup>. The Shaw Theatre. Doors open at 4:30 p.m. And hey, NAITSA's even springing for free pizza for everyone who shows.

# In Case of Emergency Stay in the building?

#### **DAVE Fester** Editor-in-Chief

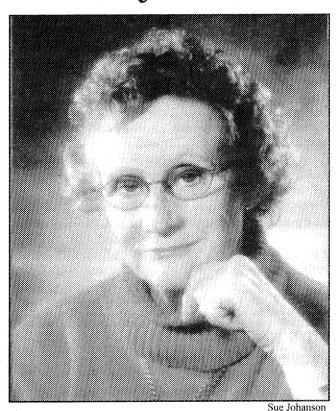
Some of you may not remember the happenings on November 3<sup>rd</sup>, so I'll refresh your memory. A bomb threat resulted in the NAIT campus being evacuated. Earlier in the day, the Business Tower and the Centre for Chemical Technologies had to be evacuated after fire alarms were triggered. Then at 2:20 p.m., the NAIT switchboard received a for the entire campus, which pro- was able to answer a few ques- and what measures are taken.

ceeded immediately except for the NAIT HP Centre, which firemen cleared about an hour after the alarm. So you're thinking why would the building in the middle of the campus not be evacuated if the main campus and the Annex were? It turns out that the alarm system didn't work properly and after putting up with fire drills prior to the evacuation, you'd think that all the bugs would be worked out.

bomb threat. After the first call, During the last general council, will update the general council on an evacuation order was made NAIT President Dr. Sam Shaw the findings of that investigation

tions on why this happened. He said that this was the first campus-wide evacuation in memory and that, although the fire alarm in the HP Centre was functioning and would work in the event of an alarm in the building, there was a problem with the two-year-old building's link to the main campus network where the general alarm came from. NAIT is conducting an investigation into the main campus alarm systems and procedures and Dr. Shaw said he

# Thursday, Nov. 18 In the Gym at 11 am



What's Happening This Week?

Thursday, November 18	Friday, November 19	Monday, November 22	Tuesday, November 23	Wednesday, November 24	Thursday, November 11	Friday,
Sue Johanson NAIT GYM 11:15 a.m 1:10 p.m. • FREE	Soul Decision at The Nest		Kareoke	Architecture Technology Beer Gardens	1 Chount acomotion and	November 26
Legal & Realtime, Beer Gardens The Annex Dock at TIME	Doors open at 3:00 p.m. Show at 5:00 p.m.		The Nest at 4:30 p.m.		Chemical Engineering Technology Beer Gardens	Beer Gardens At the Apnex Dock at
Animal Health Cabaret at Iron Horse	FREE Show	Nest Movie Night			LOCATION at TIME	TIME
Personal Fitness Training Bachelor & Bachelorette Cabaret 7:00 p.m. at The Nest	ing and the state of the state	Catwoman 4.30 p.m. at The Nest				

# Candidate Profiles

## Provincial Election

#### MARK Cappis—NEWS

Well, we're entering the home stretch of the Provincial Election. I know, it's been low on a lot of people's radars, but still, you have a chance to get out there and make a difference! This is your one chance to get out there and tell the politicians in charge what you really think of them.

I decided to find out who all's running here around NAIT. Now, the main campus falls into the riding of Edmonton-Calder. that's who I went out and talked Now, granted, you may not live in Edmonton-Calder even if you come to school here. If that's the case, then I suggest you head to the Elections Alberta website (www.electionsalberta.ab.ca) and find out what area you live in and who alls running in your home. Heck, in your home riding, you might have a Green or a Social Credit, or even a crazy party!

Also, I just skimmed the surface. You've probably got your own questions, and stuff I haven't even touched upon. That being the case, here's what you do. Once you've gone to the Elections Alberta website (www.electionsalberta.ab.ca) and found out who's running in your home, what you do is call up the people who are running and ask them your questions! Think about it. Everyone wants *your* vote, so this is probably the only time your MLA will actually return your phone call!

The big day is Monday. So, get out there and vote!

That being said, here's who's running in NAIT's home riding of Edmonton-Calder. Candidates are presented in random order:

#### **Brent Rathgeber**

**Party:** Progressive Conservative **The Man:** Mr. Rathgeber has been

the MLA for Edmonton-Calder since 2001. His riding used to also include the Patricia campus. He's 40 and a lawyer by trade. He moved to Alberta in 1990.

His party's platform on post-secondary education: Things will stay as they always have; a student pays for 30% of his/her education, and there's a generous student loan program in place. But, what the PC government can best provide is a climate open to jobs, so we all have some place to go when we graduate.

What he can do for NAIT: Mr. Rathgeber is well-known at NAIT, and he occasionally calls in on Dr. Shaw from time-to-time. He's very involved with NAIT and helping to secure funding for various programs, such as \$40 million for the Apprenticeship Training of Excellence. He enjoys working with NAIT and wants to see NAIT continue to grow.

In 10 Words or less, why should you vote for him? "Having a voice in the government will continue to secure more funding for NAIT."

#### Brad Smith Party: Alberta Liberals

The Man: Mr. Smith is a NAIT graduate. Electronics engineering in 1992. He's a social activist and a lifelong Edmontonian. He moved to the Edmonton-Calder division five years ago. He's a semi-professional musician and a single father of 3

His party's platform on post-secondary education: It was well-publicized a few weeks ago. The Liberals propose taking 35% of every surplus and using that to set up an endowment fund; the money from that would then go into post-secondary education. They want to make sure that education is properly funded.

What he can do for NAIT: He wants to see NAIT continue to grow. He wants to create more spaces and expand the facilities.

In 10 words or less, why should you vote for him? "Students are our future. The Liberals understand this deeply."

#### Vicki Kramer Party: Alberta Alliance

The Woman: Ms. Kramer is also a NAIT graduate. She studied welding. She's been a welder now for 10 years, and she's 35 years old.

Her party's platform on post-secondary education: The Alliance would like to reduce tuition and put a freeze on it. Right now, there's too few bursaries. "A drop in the bucket," according to Ms. Kramer. Being a recent NAIT graduate, she knows there's more than simply tuition: textbooks, utilities, etc. The Alliance wants to make it easier to go to school.

What she can do for NAIT: Ms. Kramer said that she'd need to talk to NAIT students first to find out what the issues are. I suggested parking, to which she replied that

that's more of a city issue than a provincial issue.

In 10 words or less, why should you vote for her? "I'm hard working, I enjoy challenges, I enjoy standing up for myself and others, and I'm good at getting heard."

#### David Eggen

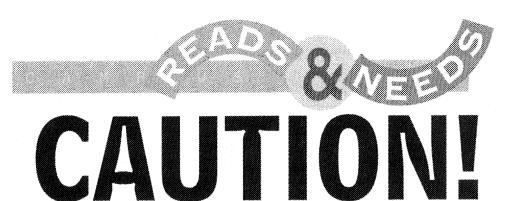
Party: New Democratic Party of Alberta

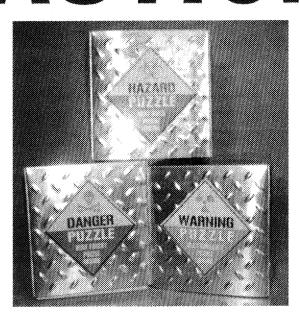
The Man: Mr. Eggen is 42 years old. He's been a high school teacher for the past 17 years where he teaches English and Social Studies. He's been involved with the NDP for the past five years, and he's been devoting a lot of time to this current campaign.

His party's platform on post-secondary education: The ND's have a very specific plan for post-secondary education. They want to freeze tuition at 2002 rates and remove the 17% increase that was placed on tuition a few years ago. The want to tie tuition to the consumer price index, so that way it'll increase and decrease according to the markets, rather than the random jumps it makes now. The also want to expand the student loan program. As Mr. Eggen said, they just want to make it affordable.

What he can do for NAIT: Mr. Eggen believes that NAIT is underrepresented in the government. Right now, one of the biggest issues facing NAIT is lack of funding for capital expansion. NAIT is a growing school, and there's not enough money to accommodate that growth. He's spoken to some of the instructors, and another issue is instability of funding. It just kind of comes and goes in cycles. So, he'll fight for guaranteed long-term funding. "A lack of continuity in funding undermines the strength of the school," said Mr. Eggen.

In 10 words or less, why should you vote for him? "Vote New Democrat for stable post-secondary funding and to make life more affordable."

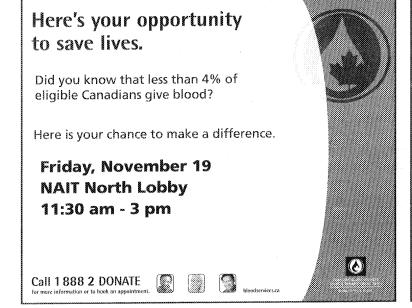




# HEAD MAY EXPLODE!

These very hard, tricky or difficult puzzles make an economical gift that will keep parents occupied for hours or even days.

Available at your bookstore



# A Bone to Pick

#### KAREN L. Kay

Well, that's another successful Canadian Finals Rodeo under Edmonton's big shiny belt buckle, and all is well with the farm folk. Or is it? Even with the hoopla surrounding the CFR, the cattle situation with the closed border hung over the event like the dust kicked up in the bull riding.

Unless you've been trapped under your Bar-B-Q, you know that live Canadian cattle have not been crossing the border because of a single case of mad-cow disease discovered in the spring of last year. However, recent talks and the outcome of the United States election may provide some hope. Senator Tom Daschle from South Dakota is history. Daschle put up some roadblocks in discussions about re-opening the border, but has now been ousted from his seat-- that could help pave the way for change.

Dave Kulak, Program Head of Retail Meat Cutting doesn't think the closed border is a no-win situation. He believes Canada can survive and become even stronger. Kulak admits there are pros and cons to the situation, but in

the long run, Canada could come out ahead. "The con, of course is going through the hard time, and in particular, the producer, they're having a very difficult time, some of 'em will likely go bankrupt." However, Kulak says on a global or international scale, we need to

"I'd like to think this crisis can lead us to a better place, and that is for us to process, and manufacture and fabricate our own product here."

become more independent in processing our own animals here. "We need to have our people do the work, and then export packaged meats to our export markets", Kulak says it's just a readjustment. "I'd like to think this crisis can lead us to a better place, and that is for us to process, and manufacture and fabricate our own product here."

Despite all the politics with the mad-cow scare, the practice of eating beef hasn't really changed according to some NAIT students. Iyad Househ, in Business Administration, says he eats beef almost everyday, but admits he was a little concerned about mad-cow disease when it first appeared, "everyone was". Househ says with the testing they're doing now, "it looks safe to me". "I like beef; yeah" says John Fraser, Engineering student, and says he didn't have any worries when the mad-cow issue first surfaced, "got the cheap beef at the Superstore".

Kulak says the mad-cow crisis hasn't hurt enrollment in the meat cutting program, "we're actually overbooked for January", but says their problem is that a lot of students don't even know you can buy meat on campus at the retail meat store. "We have top quality meat at excellent value, we sell approximately one-third less of what store prices are in the industry...we don't need to sell at a profit." Kulak says business is quite steady, they're open Tuesdays, Wednesdays and Thursdays between 10am and 2pm. He is hoping the store can soon be open at different times, and longer, but encourages students to stop by. The retail meat market is located just off the south lobby, at the back of The Common Market (0124).

# I AM Outstanding! A new assessment model has been ing! instructor assessment model

A new assessment model has been introduced that promises to provide faculty with a means of improving their performance and, at the same time, give students a process with which to assess instruction.

# "Our students need assurance there is a process for instructional assessment."

According to Paul Hunt, NAIT's VP Academic and Student Services, the IAM Outstanding! Instructional Assessment Model in Support of Teaching Excellence will prove to be a valuable tool for both instructors and students at NAIT.

"At NAIT, we believe our faculty are industry experts and model best practices in teaching and learning," says Paul. "They are committed to be the best teachers and mentors to their students. Our students need assurance there is a process for instructional assessment."

This, he says, can only be done if an effective form of evaluation is used. The *IAM Outstand*-

ing! instructor assessment model will sustain continuous improvement of teaching skills by building on success through professional development opportunities. The model identifies instructors who may need assistance to improve their teaching skills.

This fall and spring, all NAIT fulltime and apprenticeship instructors will be assessed by their students in three areas: preparation, teaching, and marking. The first survey will be delivered mid-term. Prior to that date, all NAIT fulltime and apprenticeship instructors will receive an Instructor's Manual, pamphlet, and directions to the assessment website (http://www.nait.ca/iamOutstanding/).

Information sessions have been held to get the message out. As well, representatives of Learning Innovations and the Centre for Teaching and Learning are planning to visit programs and campuses shortly to discuss the assessment model and answer questions.

For more information, please contact either Nyron Jaleel or Bill McMullen at 491-1342.

# **NAIT Student Awards Office**

Winter Bursaries and Scholarships

- Must have 60% course load for bursaries
- Must have 80% course load for scholarships

Award Value: \$200 - \$5,000

Number of Awards: Approx. 200

Total Disbursements: Approx. \$160,000

Application forms are available at the NAIT Student Awards Office December 13, 2004.

<u>Deadline:</u> February 4, 2005

# Security on the Job

### **MARK Cappis**

Theft here on campus has always been a concern among students, especially at the start of the year. People are relaxed, more at ease, and not quite on guard yet. That's where security comes in. Since the start of the year, NAIT security has caught nine thieves and turned them over to EPS for prosecution. This is all thanks to new security measures, such as new cameras installed and increased patrols of undercover security officers.

"There's a definite need for everyone to be conscious of the fact that
we do have people who appear to
be NAIT students carrying NAIT
packsacks, but only 90% of them
are students carrying books and
rulers. Some of these people are
carrying screwdrivers and bolt
cutters," says NAIT security manager Pete Zacour. "It's a difficult
elimination process without causing [the guards] a lot of turmoil
in identifying someone who may
possibly be here for illegal purposes."

When thieves break into lockers, they're generally going after some of the more noticeable items: digital cameras, laptops, even textbooks. "Some textbooks run \$150," says Zacour. "That

makes them a high ticket item in my mind." There are several little things students can do to prevent theft, such as just keeping an eye on their stuff and not keeping expensive things in their lockers overnight.

All is not lost if your locker's been broken into, though. "Recovery of stolen property is continuously going on. They're usually found in and around the NAIT area in garbage cans and in dumpsters between here and the Kingsway Garden Mall."

While there has been no increase in theft around campus, there have been increases in other forms of crime. "There's been a marked increase in wilful damage to NAIT property," says Zacour. This includes things like writing on walls and breaking through gates. While theft tends to happen from external forces, it's suspected that damage of NAIT property is done by students. "You wouldn't break these things at home, so why would you break them at NAIT?" asks Zacour.

All in all, it's been shaping up to be an average year for NAIT security.

# Student Helpdesk (NAIT Technical Support)

The Student Helpdesk is the newest helpdesk at NAIT and is a collaborative effort between Technology Curriculum Innovation and ISD Customer Support. This helpdesk was designed to provide students with a single, primary point of contact for technology related issues. Assistance can be provided by phone, email or through our Feedback form located on <a href="https://www.nait.ca/help">www.nait.ca/help</a>.

Support analysts are able to provide assistance to students with questions on the following:

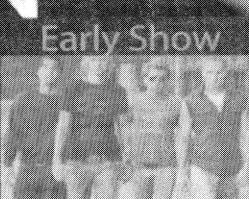
- MyNAIT (logins, navigation, etc.)
- Student Email
- Student Storage
- LOGs Online
- WebCT
- TLM
- Wireless "NEW Wireless Pilot Project" beginning November 10. Contact the student helpdesk and make an appointment (offered on Wednesdays only), if you require support with your wireless connection.

Phone: (780) 491-3182 Toll Free 1 (866) 491-3182 Email: techsupport@nait.ca



# 

Friday, November 19th Show @ 4:30 p.m.



# Karadke

Tuesday, November 23rd 4:30 p.m. - 8:30 p.m.



# 

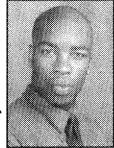
Saturday, November 27th
Tickets are \$10 in advance at the
NAITSA office & The Nest

Elandaris Brit Criti 100.3 fm

The Nest is located on NAIT Campus 108th Street & Princess Elizabeth Avenue. (Across from Sears @ Kingsway)

# NAITSA AGM – THE MOST THRILLING EVENT OF THE YEAR!

**Dwayne Williams** 



**NAITSA President** 

Next Tuesday, November 23<sup>rd</sup> at 4:30 PM in the Shaw Theatre (located across from the Campus Read and Needs) come out, and see how the last year's executive for NAITSA spent your stu-

dent fees and maintained a balanced budget!!

Oh, and as a little reward for taking the time to attend this huge annual event... we will be providing **FREE PIZZA** for those that show up to display their interest in the activities of the Students' Association!!

Come out, ask questions, and learn some new things about how NAITSA works and eat some good ol' **free** pizza! See you on Tuesday!

- Your NAITSA Prez

# Vice President of Finance and Administration Position Update

aine Devine



Hello! I would like to invite all students to join NAITSA at our Annual General Meeting (AGM) on November 23 at 5:00 p.m. in the Shaw Theater. During the AGM I will be presenting an overview of Financial Per-

formance of the 2003/2004 fiscal year. The AGM is open to all students. We will provide a pizza dinner for everyone in attendance. This meeting requires a quorum of 100 students, and therefore attendance is necessary to carry out policy. The AGM is a great way to see how your student fees are spent. If you have any questions or would like more information on this meeting, please contact me at 471-7609 or email at edevine@nait.ca. Thank you and I hope to see all of you at the AGM.

Elaine Devine VP Finance and Administration

# Vice President of Campus Life Position Update

Jen Grundke

SEX, SEX, SEX... and more SEX!!! Now that I got your undivided attention, I want you to ask yourself- Do I like sex? And, of course, most of you will agree that it is an exciting, fun, and exhilarating way to... anyways... Almost as good as sex itself, but an essential to healthy living, is sexual education. Without it, you may be subject to bumpy, scabbie thingies that you really don't want. So Thursday make sure you catch a session with Sue Johanson in the Gym between 11AM and 1PM. For those of you who haven't seen her yet, she is the old lady with more toys, gizmos, and gadgets than most kids. She has the

Friday is the show that you all have been waiting for... drum roll please... SOUL DECISION is in da-house! After class (at exactly 4:30PM) make sure you are ready to watch all those clas-

answers of how to maximize all

those sensations and avoid the

bumps.

sic songs from back in the day... like...Faded.

Monday, as is every Monday, Movie Night in the Nest. This week we are featuring Catwoman with the show starting at 4:30 PM.

And since everyone loves singing, out loud, on a microphone... when they are drunk Tuesday is the perfect day to go to the Nest. Karaoke Night is an excuse to party like a rock star!

So, yeah- I think that is it... wait a minute, forgot to mention one minor detail- mark Reading Break in your calendar for the ultimate road trip to LAS VEGAS... more details coming soon, but my best advice- save your Christmas money for this trip because now you have an idea of what happens on the NAITSA Vegas Trip, but what happens on the road, stays on the road, so if you wanna find out, make sure you get on the bus...

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# Vice President of Student Affairs Position Update

leesha Jex



Vice President of Student Affairs Position Update By Aleesha Jex

Hello all! More and more each day, students are finding different things at NAIT they would like changed. For this reason, we have provided students with Speak Out! forms. These forms are located on select bulletin boards around campus and in the NAITSA office (E131).

Your feedback is so important to us that we would like to provide students with another method of letting their voice be heard. This is a project that I am currently working on. Would you like to hold an open meeting one day after school to voice your opinion on various things you want changed or improved at NAIT? Please let me know either way by calling me on the white phones in the hallway at Ext. 7607 or email me at aleeshaj@nait.ca.

Thanks.

Aleesha Jex VP Student Affairs

Questions? Concerns? You can contact Aleesha at (780) 471-7607 or at aleeshaj@nait.ca The Nugget encourages submissions.

Visit:

nuggetsubmissions@hotmail.com nuggetletters@hotmail.com nuggetgrapevines@hotmail.com

THE DEADLINE IS 12:00 p.m. on the last school day of the week.

All submissions must be accompanied by your name & student ID number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

# Ook of the Week Jennifer MacDonald

Trevor Eliott—SPORTS



Jennifer MacDonald is a second year athlete in the NAIT Athletics program who is very mature both on and off the field. Jen played two seasons for the Lady Ooks' soccer squad after transferring to NAIT from Mount Royal where she spent one season.

Jen is a graduating Landscape Architecture student who has loved every moment of her time at NAIT. MacDonald is very impressed with her faculty and is excited about a career in landscape architecture because of her love for the outdoors. She has found NAIT to be a very friendly and small campus where there are a lot of people with great attitudes and are very helping and friendly. Jen's experience at NAIT has been significantly affected by her experience with the Lady Ooks' club as many of her teammates have turned into good friends who she has relied on for friendship and support through her career as a student here at NAIT.

MacDonald plans to attend the University of Idaho next year to complete a degree in Landscape Architecture. The course will continue off from her education at NAIT and will take two years for her to graduate from the program. She plans to play for the University of Idaho Vandals; however, because of transfer regulations for international students transferring to US universities, Jen will be ineligible to play for the Vandals

in her first season. She will, however, red-shirt with the squad next season and will play for the team in her second year at the school. After graduating, MacDonald plans to gain some experience with a landscape architecture firm before attempting to venture out as an entrepreneur.

The midfielder is proud to have been a member of the Lady Ooks' squad despite the bad breaks that the team has had to deal with during her time with them. Jen is disappointed in the team's poor start; however, she attributes much of the team's early struggle to the absence of a pre-season schedule. Jen is very proud of her team for always keeping a strong competitive mindset and continuing to compete. The team never gave up and always supported each other even when the going was rough. The biggest disappointment for Jen; however, was the abrupt finish to the season for the team. Because of the poor start to the season, the team was unable to reach a position that was in contention for a play-off spot when the season was ended due to the snow storm in mid-October.

Jen is very impressed with the team's coaching staff. She feels that Sue Melnyk and Carleen Beynon were very knowledgeable coaches and always treated their players fairly and with respect. Sue and Carleen always asked for input from their players and implemented suggestions and ideas whenever possible.

Wherever Jennifer's career may lead her or where she may play soccer in the future, Jen was an important member of her team, here at NAIT, and is sure to be a successful woman in the future. Good luck in all your future endeavors, Jen.

# The Project Factory and McNally Library

End of Semester Extended Hours Weekends December 2004

Need to get your presentation or report finished up? Need a place to study for exams?

The Project Factory will be open extra hours:

Saturday Dec. 4:

10 a.m. – 6 p.m.

Sunday Dec. 5:

10 a.m. – 8 p.m.

(Library open regular hours noon – 5 p.m.)

Both The Project Factory and McNally Library will be open extra hours: Saturday Dec. 11:

10 a.m. – 6 p.m. **Sunday Dec. 12:** 10 a.m. – 8 p.m.

McNally Library will be open extra hours:
Saturday Dec. 18:
10 a.m. – 6 p.m.
Sunday Dec. 19:
10 a.m. – 8 p.m.
(Project Factory open regular hours noon – 5 p.m.)

## Volunteer Opportunities In Your Community

Metis Child & Family Services Soceity is looking for volunteers to act as tutors to their clients in Math, Science, Social, English & Cree. See Shannon in the NAITSA Volunteer Centre for more details.

The Christmas Bureau of Edmonton is gearing up for the holiday season and is looking for volunteers to fill a vareity of different roles. See Shannon at the NAITSA Volunteer Centre for more details.

MeadowcroftSeniors Residence is on the lookout for students to act as computer tutors for their residents. See Shannon in the NAITSA Volunteer Centre for more detials.

NAITSA
Volunteer Centre
Contact Infomation:
Shannon Marshall
Phone 491-3966 or
E-mail:naitsavc@nait.ca

## I Volunteer

# Volunteer Opportunities In Your Community

Hong Lok Care Centre is looking for volunteers to act as Front Reception Assistants and Office Assistant volunteers. Contact Shannon at the NAITSA Volunteer Centre for more details.

Hong Lok Care Centre is looking for Mealtime Assistants & Appointment Companions. Please contact Shannon in E-131 for more inforamtion about these positions.

The Canadian Diabetes
Association is now recruiting
volunteers to a vareity of
differnt positions. See Shannon
in the NAITSA Volunteer Centre
to learn more!

The Support Network is now recruiting volunteers to a vareity of exciting & challenging positions Contact Shannon in E131 or by email at naitsavc@nait.ab.ca

#### Community Profile: The Support Network

The Support Network is
Edmonton's Crisis &
Information
Centre, located downtown. The
centre provides a number of
valuable services including Help
by phone, a Distress Line, a
Seniors' Abuse Line and 211
Community Connection.

On-site servicesinclude: Suicide Prevention workshops, Caregiver Support Program, Suicide Bereavement and Walk-In Counselling.

In addition, The Support
Network houses Youth One, an
online youth community that
allows youth to connect, argue,
listen and support each other.
Check them out at:
www.youthone.com

The Support Network is funded in part by the United Way. Visit the Support Network online at www.the supportnetwork.com

#### Staff Profile: ShannonMarshall, NAITSA Volunteer Centre Manager.

Shannon is still relatively new to NAITSA. She joined the team in Dec, 2003. Since then she has been working hard in getting the NAITSA Volunteer Centre up and running.

Shannon's motivation as the NAITSA Volunteer Centre Manager is derived from her own personal passion to reach out to the community.

For the past year, Shannon has sat on a national organizing committee for the annual Search & Rescue conference, where she managed the volunteer componet for the conference.

Please feel free to visit Shannon in the NAITSA Volunteer Centre in E-131 :~)

Quote of the week:

"Curiosity is the key to creativity."

Akio Morita

# **Ook Standings**

#### **MEN'S HOCKEY**

as of November 1	3, 2004									
Team	Games	Wins	Losses	Tie	OTL	Points	GF	GΑ	Home	Away
SAIT	10	7	3	0	0	14	54	37	5 1 0	2 2 0
Mount Royal	10	6	3 .	0	1	13	53	36	3 1 0	3 3 0
NAIT	8	6	2	0	0	12	46	22	5 0 0	1 2 0
Grant MacEwan	8	5	2	1	0	11	38	23	3 1 0	2 1 1
Augustana	8	3	3	2	0	8	31	30	1 1 1	2 2 1
Briercrest	8	1	7	0	0	2	22	69	1 3 0	0 4 0
Concordia	8	0	6	1	1	2	14	41	0 3 1	0 4 0

#### **WOMEN'S HOCKEY**

as of November 6	, 2004													
Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Н	om	е	A	wa	У
Red Deer	6	5	1	0	0	10	24	17	3	0	0	2	1	0
SAIT	6	4	1	1	0	9	17	15	2	1	1	2	0	0
Mount Royal	6	4	1	1	0 :	9.	20	11	3	1	0	1	0	. 1
Grant MacEwan	6	1	2	1	2	5	12	19	0	2	0	1	2	1
NAIT	6	2	4	0	0	4	19	22	1	2	0	1	2	0
U of C	6	0	3	1	2	3	10	17	0	1	1	0	4	0

#### **MEN'S BASKETBALL**

as of November 13, 2004

INOLEH DIAIZIOH									
Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Grant MacEwan	10	9	1	18	804	674	6 0	3 1	W6
Lakeland	8	8	0	16	721	605	4 0	4 0	W8
Concordia	10	7	3	14	791	736	5 1	2 2	W2
Augustana	10	3	7	6	728	746	1 3	2 4	L2
The King's Univ College	8	2	6	4	651	690	2 3	0 3	L1
Grande Prairie	8	1	7	2	571	728	0 2	1 5	W1
NAIT	6	0	6	0	460	547	0 3	0 3	L6

Team	Games	Wins	Losses	Points	PF	PA	Н	ome	A۷	vay	Streak
Red Deer	8	7	1	14	679	562	3	1	4	0	L1
SAIT	8	6	2	12	619	508	3	0	3	2	L1
Mount Royal	8	5	3	10	632	559	3	2	2	1	W1
Lethbridge	6	3	3	6	456	447	2	1	1	2	W3
Prairie Bible	8	3	5	6	521	581	2	2	1	3	W1
Medicine Hat	6	1 .	5	2	339	473	0	3	1	2	L3
Briercrest	. 8	1	7	2	563	679	0	4	1	3	L6

#### **WOMEN'S BASKETBALL**

as of November 13, 2004 Women's North Division

Team	Games	Wins	Losses	Points	PF	PA	Ho	me	Aw	ay	Strea
Concordia	10	9	1	18	620	456	6	0	3	1	W7
Grant MacEwan	10	7	3	14	615	467	5	1.5	2	2	W1
Augustana	10	7	3	14	693	575	2	2	5	1	L1
Lakeland	8	3	5	6	461	524	2	2	1	3: -	L2
NAIT	6	2	4	4	303	386	2	1	0	3	L3
Grande Prairie	8	2	6	4	403	476	0	2	2	4	₩2
The King's Univ College	8	0	8	0	338	549	0	5	0	3	L8
Mamonte Court Division											

Women's South Division											
Team	Games	Wins	Losses	<b>Points</b>	PF	PA	Ho	me	Aw	ay	Streak
SAIT	8	7	1	14	474	363	2	1	5	0	W3
Mount Royal	8	7	1	14	559	348	3	1	4	0	W2
Lethbridge	6	6	0	12	417	282	3	0	3	0	W6
Red Deer	8	4	4	8	479	424	1	4	3	0	L2
Medicine Hat	6	2	4	4	352	332	1	2	1	2	W2
Prairie Bible	8	0	8	0	334	561	0	4	0	4	L8
Briercrest	8 :	0	8	0	298	603	0	4	0	4	L8

#### **MEN'S VOLLEYBALL**

MP	MW	ML	Points	GW	GL	Home	Away	Streak
10	9	1	18	28	7	6 0	3 1	W3
8	6	2	12	20	11	3 2	3 0	Ĺ1
7	5	2	10	18	7	2 1	3 1	W1
8	4	4	8	16	15	2 3	2 1	W4
8	3	5	6	13	16	3 1	0 4	L2
9	2	7	4	6	25	2 2	0 5	L5
8	0	8	0	4	24	0 2	0 6	L8
MP	MW	ML	Points	GW	GL	Home	Away	Streak
8	8	0	16	24	1 .	3 0	5 0	W8
8	8	0	16	24	2	5 0	3 0	W8
6	2	4	4	7	13	2 2	0 2	W2
8	2	6	4	8	19	1 2	1 4	1.2
6	1	5	2	4	15	1 3	0 2	L4
8	1	7	2	4	21	1 2	0 5	L7
	10 8 7 8 8 9 8 9 8 8 8 6	10 9 8 6 7 5 8 4 8 3 9 2 8 0 <b>MP MW</b> 8 8 8 8 6 2 8 2 6 1	10 9 1 8 6 2 7 5 2 8 4 4 8 3 5 9 2 7 8 0 8 MP MW ML 8 8 0 8 8 0 6 2 4 8 2 6 6 1 5	10 9 1 18 8 6 2 12 7 5 2 10 8 4 4 8 8 3 5 6 9 2 7 4 8 0 8 0 MP MW ML Points 8 8 0 16 8 8 0 16 6 2 4 4 8 2 6 4 6 1 5 2	10 9 1 18 28 8 6 2 12 20 7 5 2 10 18 8 4 4 8 16 8 3 5 6 13 9 2 7 4 6 8 0 8 0 4 MP MW ML Points GW 8 8 0 16 24 8 8 0 16 24 8 8 0 16 24 6 2 4 4 7 8 2 6 4 8 6 1 5 2 4	10 9 1 18 28 7 8 6 2 12 20 11 7 5 2 10 18 7 8 4 4 8 16 15 8 3 5 6 13 16 9 2 7 4 6 25 8 0 8 0 4 24 MP MW ML Points GW GL 8 8 0 16 24 1 8 8 0 16 24 2 6 2 4 4 7 13 8 2 6 4 8 19 6 1 5 2 4 15	10 9 1 18 28 7 6 0 8 6 2 12 20 11 3 2 7 5 2 10 18 7 2 1 8 4 4 8 16 15 2 3 8 3 5 6 13 16 3 1 9 2 7 4 6 25 2 2 8 0 8 0 4 24 0 2   MP MW ML Points GW GL Home 8 8 0 16 24 1 3 0 8 8 0 16 24 2 5 0 6 2 4 4 7 13 2 2 8 2 6 4 8 19 1 2 6 1 5 2 4 15 1 3	10 9 1 18 28 7 6 0 3 1 8 6 2 12 20 11 3 2 3 0 7 5 2 10 18 7 2 1 3 1 8 4 4 8 16 15 2 3 2 1 8 3 5 6 13 16 3 1 0 4 9 2 7 4 6 25 2 2 0 5 8 0 8 0 4 24 0 2 0 6 6 6 2 4 4 7 13 2 2 0 2 8 2 6 4 8 19 1 2 1 4 6 1 5 2 4 1 3 0 2

#### **WOMEN'S VOLLEYBALL**

as of November 13, 2004

	oints GW	GL	Ho	ma	A		Chunch
1 18				une	MA	vay.	Streak
	3 - 29	5	6	0	3	1	W2
1 12	19	5	3	0	3	1	W1
3 10	17	11	3	2	2	1	W1
3 10	16	11	4	0	1	3	W3
6 4	8	19	0	2	2	4	L4
7 4	7	22	1	3	1	4	L1
8 0	1	24	0	5	0,	3	L8
ML Pa	ints GW	GL	Но	me	Αv	vay	Streak
0 16	24	4	3	0	5	0	W8
1 14	21	7	5	0	2	1	W2
4 8	15	13	3	0	1	4	L2
5 4	11	19	0	3	2	3	W2
5 2	5	16	1	3	0	2	L4
	11 12 12 10 10 10 10 10 10 10 10 10 10 10 10 10	3 10 17 3 10 16 5 4 8 7 4 7 8 0 1	1 12 19 5 3 10 17 11 3 10 16 11 6 4 8 19 7 4 7 22 8 0 1 24  ML Points GW GL 0 16 24 4 1 14 21 7 4 8 15 13 5 4 11 19	1 12 19 5 3 3 10 17 11 3 3 10 16 11 4 6 4 8 19 0 7 4 7 22 1 8 0 1 24 0   ML Points GW GL Ho 0 16 24 4 3 1 14 21 7 5 4 8 15 13 3 5 4 11 19 0	1 12 19 5 3 0 3 10 17 11 3 2 3 10 16 11 4 0 6 4 8 19 0 2 7 4 7 22 1 3 8 0 1 24 0 5  ML Points GW GL Home 0 16 24 4 3 0 1 14 21 7 5 0 4 8 15 13 3 0 5 4 11 19 0 3	1 12 19 5 3 0 3 3 10 17 11 3 2 2 3 10 16 11 4 0 1 6 4 8 19 0 2 2 7 4 7 22 1 3 1 8 0 1 24 0 5 0   ML Points GW GL Home Av 0 16 24 4 3 0 5 1 14 21 7 5 0 2 4 8 15 13 3 0 1 5 4 11 19 0 3 2	1 12 19 5 3 0 3 1 3 1 3 10 17 11 3 2 2 1 1 3 10 16 11 4 0 1 3 3 5 4 8 19 0 2 2 4 4 7 4 7 22 1 3 1 4 8 0 1 24 0 5 0 3 3 1 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

# OOKS SET TO FACE **THUNDER**

18

0 4 0 2 L6

#### TREVOR Eliott **SPORTS**

Briercrest

As mid-season approaches, the Ooks appear to be in excellent position to compete for a play-off spot after the Christmas break.

The Ooks split their home and home series last weekend against the league leading SAIT Trojans. The Ooks lost 5-4 Friday night in Calgary and defeated the Trojans 3-1 at home on Saturday. The split series left the Ooks in third spot behind SAIT and Mount Royal. The Ooks are 2 points behind SAIT with two games at hand.

The Ooks are very excited about their series against the Concordia Thunder this weekend as they have the opportunity to gain some ground in the league. The Ooks play Concordia Friday at Clareview 'A' Arena at 8pm and host the Thunder at 7pm on Saturday.

The goaltending tandem of Tim Barlow and Marc Alain continue

to impress as they lead the league in goals save percentage with 0.932 and 0.924 respectively. Barlow also sports an impeccable 1.67 GAA. Ben Stokes is second in the league in points at 20 with 5 goals and 15 assists.

The Lady Ooks continue to struggle this season as they have only won two of their first six games. Despite the poor start to the season, the Lady Ooks remain optimistic that they can turn their season around. The team is within one point of a play-off spot and still has a large portion of the season remaining. The Lady Ooks now turn their attention to SAIT, who they host on Friday at 7pm and their game in Calgary against the U of C.

Admission to Ooks' games is free to all NAIT students when they show their student ID cards.

# **Tracks**

### TREVOR Eliott **SPORTS**

#### MENS HOCKEY

Last Week: The Ooks traveled to SAIT on Friday and were defeated 5-4. The Ooks hosted SAIT on Saturday and won 3-1. Coming Up: The Ooks play Concordia Friday at Clareview 'A' Arena at 8pm and host the Thunder at 7pm on Saturday.

#### WOMENS HOCKEY

Last Week: The Lady Ooks had the weekend off

Coming Up: The Lady Ooks host SAIT at 7pm on Friday and visit the U of C on Saturday.

#### MENS BASKETBALL

Last Week: The Ooks lost 86-84 to Concordia at home on Friday and 90-64 at Concordia on Saturday.

Coming Up: The Ooks travel to Grande Prairie to face the Wolves on Friday and Saturday.

#### WOMENS BASKETBALL

Last Week: The Lady Ooks lost 71-46 to Concordia at home on Friday and 61-45 at Concordia on Saturday.

#### MENS VOLLEYBALL

Last Week: The Ooks lost 3-2 (23-25, 25-22, 25-21, 18-25, 15-10) to Lakeland College at Lakeland on Friday and 3-1 (25-17, 25-17, 19-25, 25-23) at home on Saturday. Coming Up: The Ooks host Portage College on Friday and travel to Portage College on Saturday.

#### WOMENS VOLLEYBALL

Last Week: The Lady Ooks shutout Lakeland College 3-0 (25-13, 25-14, 25-16) at Lakeland on Friday and 3-0 (25-13, 25-21, 25-10) at home on Saturday.

Coming Up: The Lady Ooks host Portage College on Friday and travel to Portage College on Saturday.

#### **BADMINTON**

Coming Up: NAIT travels to Mount Royal College for Interlock #2 on Saturday and Sunday.

## Here's your opportunity to save lives.

Did you know that less than 4% of eligible Canadians give blood?

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Friday, November 19 **NAIT North Lobby** 11:30 am - 3 pm

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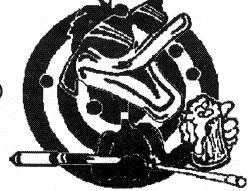
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# The Blind Duck Bar & Grill

479-7193 10416-118 Ave (Across from Annex)



MONDAY: Cheeseburger & Fries \$5, Monday Night Football

Pitcher of Praft \$9.50!

TUESDAY: Steak Sandwich with fries \$5, DBL Highballs only \$5

Bucks, & Shooters +3 Bucks

WEDNESDAY: Chicken Burger & fries \$5, Imported Beer only

\$4 Bucks

THURSDAY: Personal Pizza \$5 Bucks, Coolers \$4 Bucks, &

Pitcher of Beer \$8.50 all day.

FRIDAY: Happy Hour Prices all Day Long!

SATURDAY: Food Menu Half Price All Day, Drink Specials All

Night.

NOVEMBER 19 & 20: Live Band Featuring "The New Vain"
NOVEMBER 21: Grey Cup Bash! 1/2 Price Drinks All Day!
Book your Class Cabarets and Help Raise Money for your class
Pick up your Duck VIP card for Unlimited Happy Hour Prices whenever you want

# WRA Presents...

Due Johanson



111:16 a.m. - 1:10 p.m.



Monago 1816

# Dear Bonny and Guest

can seek advice from a normal, unaccredited NAIT student and her zany weekly guest! To submit your questions, email us at bonnya ndguest@hotmail.com

This week's guest: Kermit the

Dear Bonny and Guest,

My girlfriend recently came back from vacation with a little 'junk in the trunk', if you will. She keeps asking me if I think she looks bad or fat and I don't know how to tell her that she gained weight and it's noticeable. She won't give it up, and keeps demanding answers. What is a tactful way to let her know that 'baby got back?'

-Cowardly Avoiding Tiny Fists of

Dear Cowardly,

Bonny: This is a very sensitive issue that many men have to deal with. It seems to me your girlfriend already knows she gained the weight but is just looking for reassurance.

Kermit: Kermit the Frog here! You know, sometimes Miss Piggy comes home and wants me to give her a compliment. It could be that your girlfriend just wants to know that you still love her.

Bonny: Yes, this is true. Perhaps it isn't necessary to tell her that you noticed she gained weight. Maybe you just need to tell her that you still think she's beautiful.

The hilarious column where you Kermit: Yes, for example, when Miss Piggy has a bad day she likes me to rub her feet. It's my way of showing her I still think she's beautiful, even though she is ten times my size and well, a pig. Sometimes I do it wrong and she hits me, though...

> Bonny: If telling her the truth is completely necessary, I would suggest telling her but restating how much you still love her. Maybe you could suggest going to the gym together to make it less of a burden for her.

> Kermit: I once told Miss Piggy that her hair was puffier than normal. She was very angry. All I remember is a loud 'HI-YAH' and then nothing. I don't know what happened...

> Bonny: You could also try planning a romantic, sexy night. If you make her feel sexually wanted, then she won't feel so physically unattractive.

> Kermit: Miss Piggy romance. It's hard though, being intimate. I mean, you've seen her. She's gigantic! And rough. Very, very rough. It scares me sometimes.

> Bonny: Well, I wish you luck, Cowardly. It's difficult telling a partner what they don't want to hear. I'm sure, if you are sensitive to the issue, it won't be a problem.

# Wicked Awesome Fun Time

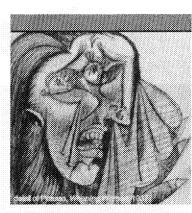
& LIFESTYLES enny Annett



In the following sentence, I will attempt to diminish my fan base from ten to two with the mention of a single word. Art. Did it work? Now that the three of us are alone, let's discuss the latest installations at the Edmonton Art Gallery.

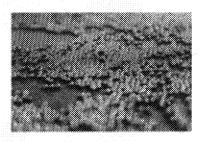
First of all, I am well aware of how nerdy I am for even mentioning art in this newspaper, let alone going to the art gallery on a Friday afternoon. It couldn't be helped. There I was, feeling soulful and deep, looking for an alternative to the monotonous afternoon of AutoCAD detailing that was ahead of me. I came across an article in the Edmonton Journal about the latest work at the

Edmonton Art Gallery and was instantly hooked.



An experience at the art gallery is like no other. As soon as I walked in, I felt a calming sensation. Like a library, the main hall is quiet with the only audible sounds being husky whispers. I paid my admission fee (only six dollars for a student!) and made my way to the main display, 'Protean Picasso.' Picasso is an acquired taste. Though he's famous and all, his stuff is pretty 'effed' if you will. (If I have to explain, you don't need to know.) With noses and eyes and ears all over the map, looking at a Picasso can be quite the head rush. It simply

has to be taken for what it is: History. Through his work, Picasso is able to tell us a story, though sometimes it is a convoluted one. During his time, art was not considered to be art unless everything was in the right place, eyes and ears included. Picasso is responsible for pushing the boundaries of artistic thought and allowing us to accept different techniques as being artistic. If this sounds like a lot of mumbo jumbo to you, take comfort in the fact that Picasso liked to work with a lot of nudes. That's right, guys: boobs. Lots of



After the Picasso exhibit, I was feeling very in touch with my inner artist. The experience was heightened with the exhibition known as 'Sense.' As the title

continued on p.12

## **Important Information Regarding** 2004 T2202a - Tuition Tax Receipts

New for 2004! The T2202A tuition tax receipts for the 2004 calendar year will be made available to students on-line at www.nait.ab.ca/MyNait Portal in February 2005. Please note: These tax receipts will not be mailed and will only be accessible via the web.

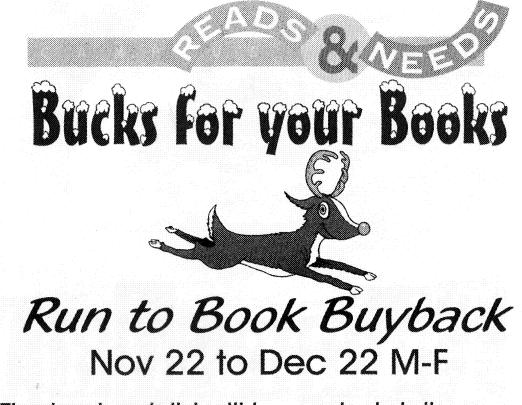
# **10** STORE, INCLUDING

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## **Mark's Work Wearhouse**



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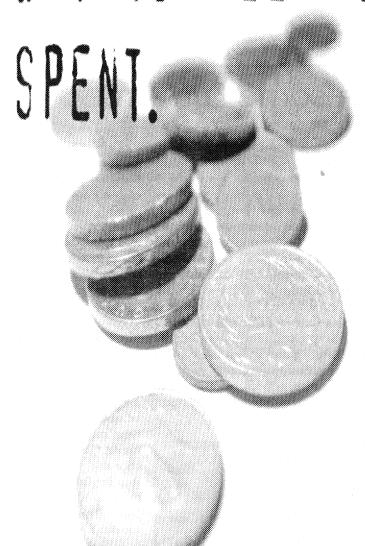
The buyback list will be posted daily on our website at www.nait.ca/reads&needs.

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NAITSA INVITES STUDENTS AND STAFF TO ATTEND OUR ANNUAL GENERAL MEETING (AGM) ON NOVEMBER 23 AT 4:30 P.M. IN THE SHAW THEATER. THE AGM IS A GREAT WAY TO SEE HOW STUDENT FEES ARE



VOULD LIKE MORE INFORMATION ON THIS MEETING, PLEASE CONTACT ELAINE DEVINE AT 171-7609 OR EMAIL AT EUEVINE QUALL. CA.

# Computer Card Games Stole My Soul

#### JENNY Annett

Fellow NAIT students, I regret to inform you of a problem that is threatening to take over your lives. It is an epidemic, capable of stealing you from your family, friends, and significant others. This disease is ruthless, sparing no one. It sweeps the country as we speak. You may be infected with it, and not even know. The culprit is, <duh-duh-daaaa> COMPUTER CARD GAMES.

I know, I know. You can stop whenever you want, right? It's only something to do when you're bored. Don't be afraid of exposure, you're among friends. I too am an addict. I know how it goes. There you are: seven million homework assignments to do and the weekend ahead of you. There's nothing to worry about. Two whole days to get homework done? That's more than enough time! A few clicks on the mouse and your AutoCAD assignment will be finished. A few drops of glue and your bridge will be complete. A few taps on the keyboard and your articles for the newspaper will be done. You'll be able to finish and have the whole weekend ahead of you. HA HA. Good one. That's where you're mis-

Friday afternoon starts out innocently enough. Realizing you want to see your girlfriend/ boyfriend later, you turn on your computer to get a bit of that Auto-CAD assignment done. You look at your watch: 2:30. Lots of time. The movie doesn't start until 9:30, anyway. So, without thinking, you minimize the AutoCAD screen and click open FREE CELL.

Because it infects you at the deepest, most subconscious level of your brain, you don't even know what you are doing. "I'll just play until I lose," you say to yourself. Not even counting, you restart game after game after game. You are engulfed with the way the arrow shows you an available move. You are enthralled with how the cards know when to shoot up onto the aces when they are free. You feel nothing but FREE CELL. You love FREE CELL. You want to marry FREE CELL.

After three and a half hours of playing your beloved game, getting snacks, getting drinks, and going to the bathroom, you look at your watch: 6:00. Time for

supper. You turn off your computer, eat supper, and then go to that movie with your boyfriend/ girlfriend. Friday is now over.

Because you were up kind of late going to the movie, you end up sleeping in on Saturday. You're still not that worried. "This will take me, maximum, like, three hours," you say. After cleaning up a bit, having a shower, eat-

There's nothing to worry about. Two whole days to get homework done? That's more than enough time! A few clicks on the mouse and your AutoCAD assignment will be finished.... You'll be able to finish and have the whole weekend ahead of you. HA HA. Good one.

ing lunch and reading the comics, it is now a little past noon. Getting back to your AutoCAD assignment, you decide to get it finished and out of the way. You go through the motions again. You turn on your computer, open AutoCAD and start clicking away.

You do AutoCAD for half an hour, and then get the strange feeling that you may have a new email, even though the little MSN man hasn't said anything. Truthfully, it is really the cards that call you. Under the pretense of checking your email, you minimize AutoCAD and open Internet Explorer. "Hmm, no emails," you say, "well, I'll just play a bit of SPIDER SOLITAIRE while I'm taking a break."

After three hours of not winning at the easiest level, your best pal calls you to go to the mall. Going to the mall turns into going for drinks which then turns into going to Ezzy's. (After all, it is the CFR weekend). Ezzy's turns into a very late night. You have just finished Saturday.

You are hung over on Sunday. Knowing you had work to do; you set your alarm so you could get up early and get your work done. After unplugging your alarm

and throwing it across the room, you groggily stumble out of bed around noon. Are you still drunk? Probably. You take a shower, read the Sears flyer, have some toast (if your stomach can handle it) and go to Timmy's for a coffee.

After arguing with the girl in the ill-fitting khakis about how small the extra large is and how hot the to-go cup is, you make your way back to your house, into your room, and you sit down in front of your computer. It is 3:00 in the afternoon, and you are a teensy bit stressed. Doing some quick calculations, you realize that your AutoCAD project will have to wait, since it is due Monday afternoon and your newspaper articles are due in five hours.

Feeling a bit of the pressure, you start writing, "A funny thing happened to me on the way to school the other day!" Then, the caffeine kicks in, punctuated with a mad case of post bar-hotdog syndrome. Your brain celebrates these new sensations by giving you the worst headache you've ever had, followed by writers block. "I just need a few minutes to get some ideas flowing," you say to yourself. Enter HEARTS.

You don't know how to play, but you keep sending cards across the table, to your right, and to your left. You have the highest score, and you think that's good. Unfortunately, after four hours of losing, you realize HEARTS is like golf and your score is supposed to be low to win. Laughing to yourself, you get prepared to play HEARTS the right way. You check how much time you have. It is now 7:00. You do a double take. Suddenly your heart is racing. "OmigodOmigodOmigod!" you say, "I only have an hour to finish!"

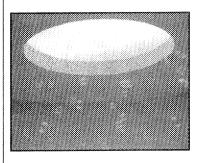
Frantically typing, you sprint through the words, regretting each and every moment you have wasted on computer card games. You are sweating profusely, imagining all the horrible things your editor will do to you, should you submit your articles even a minute late. Finally, you somehow manage to get all of your articles finished by eight o'clock, with only a few words written in GIGAN-TIC font to take up space. Frazzled, you press 'send' and your articles are taken away.

The rest of the evening is spent catching up on AutoCAD, and finishing your bridge. You stay up until the wee hours of the night, putting the final touches on all of your assignments. Finally, at three in the morning, you are done. With your eyes squinting, you quietly brush your teeth so as not to wake up our roommate/ parents. You feel relief. You did it. Even though the cards tried to trick you, you finished your homework. You place your bridge next to your bag, put on your pajamas, and go to turn off your computer. Strangely enough, you sit down. A strange magnetism pulls you toward the glowing screen. You try to resist, but the disease is too powerful. Your hand moves to the mouse and clicks on the FREECELL icon. "It's late anyway," you whisper, "maybe I'll just squeeze in one more game!"

## Wicked Awesome Fun Time

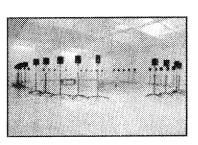
continued from p. 10

these pieces work at stimulating your senses, whether it be what you touch, smell, see, or hear. The first display, '2000', by Germaine Koh, was amazing. Stepping into a carpeted room, I was surrounded by thousands of tiny ball bearings emulating the sounds of soft rain drops. In order to experience the whole feeling of the work, I walked throughout the room, the ball bearings falling around me. (Don't worry, they provide protective glasses).



The next installation of 'Sense' I visited was 'Une date, le nom d'un rendez-vous', by Claire Savoie. I know what you're thinking, "That sounds like the most boring thing in the history of boring things!" Well, I can assure you, it was not.

implies, the artists involved in In fact, if I was one of those people who enjoyed doing bad things which heightened my senses, I would even go as far as to say the work 'totally tripped me out'. You enter a dark room, which has a white cylinder in the middle. As you go around the cylinder, there is a bright light inside. Going inside the cylinder was like that scene in the Matrix, where Keanu is surrounded by nothing. That's how it felt. There were bubbles being blown as two monotonous voices slowly counted up to the thousands. What can I say? The trip-you-out factor was through the roof.



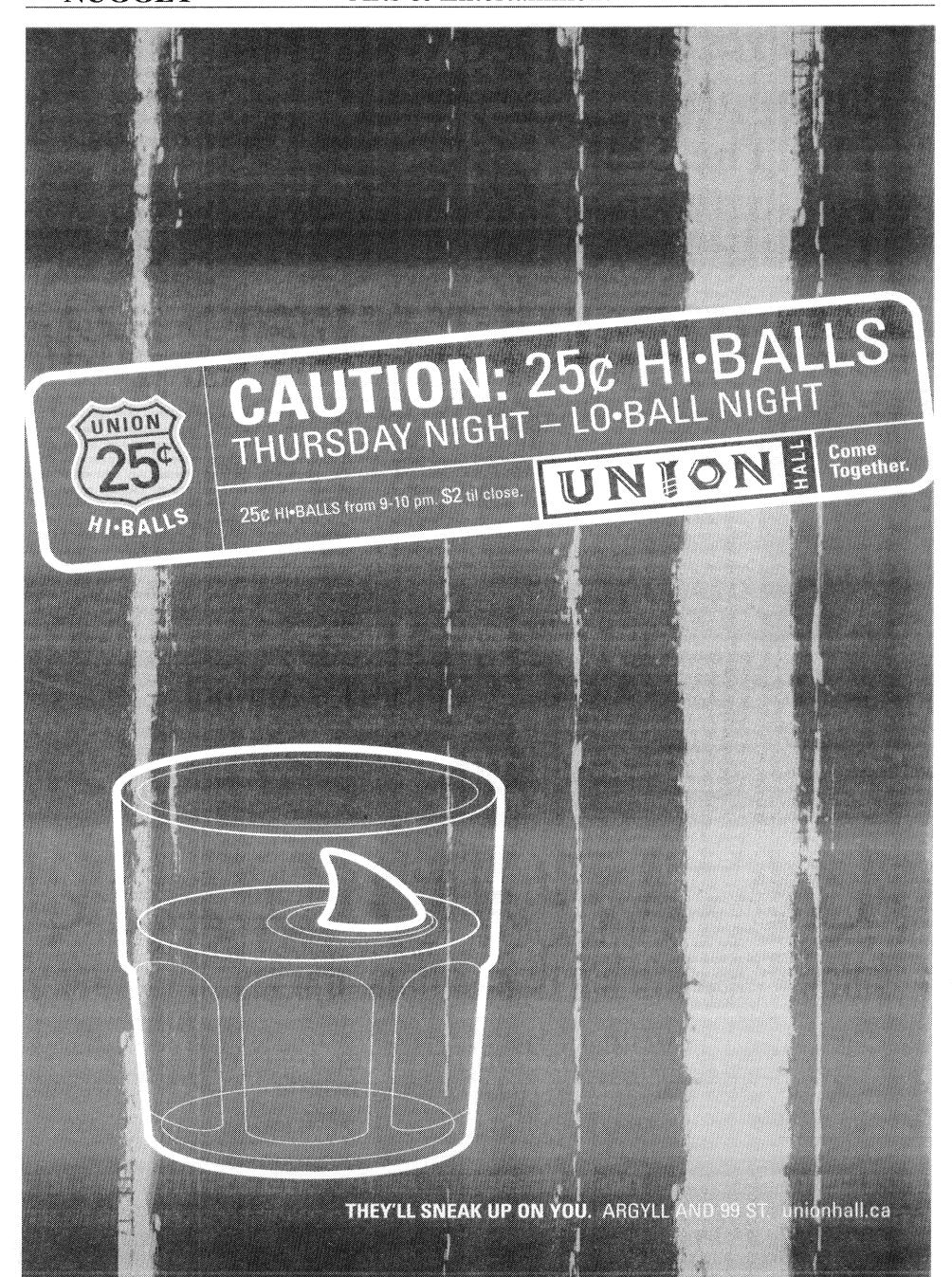
Another exhibit I thoroughly enjoyed was 'Forty-Part Motet', by Janet Cardiff. This was my favorite piece of the visit. When you walk into the room, you are surrounded by what seems like a forty person choir. What really encircles you, are forty speakers, each broadcasting a different person's voice. The feeling is so strange: you walk from speaker to speaker, hearing the different voices belt out their parts. I was completely alone, but felt like I had forty people in the room with

The other installations were just as thought provoking. Overall, my art craving was fixed. The trip was affordable and rewarding, and the perfect way to avoid horrible, horrible AutoCAD. I recommend fitting the Edmonton Art Gallery into your schedule once this week. If not for me, do it to impress someone. If not for them, do it for the boobs. Ah, the boobs. This is an experience that shouldn't be missed.

'Protean Picasso' will be at the Edmonton Art Gallery until January 16, 2005

All other installations end November 28, 2004

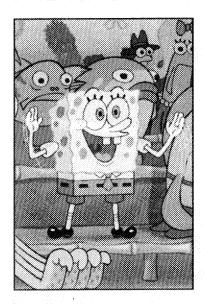
For more information, visit www. edmontonartgallery.com



# Who Lives In a Pineapple Under The Sea?

#### **DAVE** Fester Editor-in-Chief

Well most of you are thinking what is he talking about - only one of the most odd ball cartoons that could have been made into a movie. Sponge Bob Squarepants. Well yes it is a cartoon for kids, but like most of us here at NAIT we still haven't grown up yet as much as we don't like to admit it.



Now the next question that is running through your head is why is he talking about a frigging cartoon show for kids anyway. Reason being is that I was able to interview James Mercer of The Shins last Wednesday. James wrote a great song for the movie and is actually a fan of the show as well. He not only wrote the song because of being a fan but also for his two nieces.

The song also follows the attitude and feel of the show, which is carefree, do what feels right and don't let anyone get you down. Well being that Sponge Bob is a cartoon you would think that James wouldn't have written a song for that age group but the audience of The Shins an

extremely varying one. For The Shins it doesn't really matter how young or old the crowd may be, but rather that the crowd is enjoying their performance.

This wasn't the first time that James has done work for a soundtrack of a movie. He had also written two songs for the Garden State Soundtrack — "Caring Is Creepy" and "New Slang." They have also been on the Gilmore Girls and can see themselves doing more work on TV shows as well as movie soundtracks.

It was quite the experience for me to be able to speak with the lead singer of a very up and coming band that is originally from Albuquerque, New Mexico. Now living in the Portland-Seattle area and signed with Sub Pop Records ñ for those big into the music scene in Seattle you should recognize that label which had none other than Kurt Cobain of Nirvana.

I highly recommend that you check out this band, even thought they have been together since 1997, they have just started to make it big. Plans on a new album are in the works as well as a possible tour up here in desolate Canada, and I'm not talking about every other bands typical tour of going to Toronto, Montreal, and Vancouver and by passing every other major city on the map.

Sponge Bob Squarepants opens on Friday, November 19th so if you're not going the Nest to check out the happenings there, go be a kid again, have a good laugh and enjoy those cartoons that we all miss so much from our childhood.

# Doc Walker in the Nest

#### **CODY Paton-Perkins Features**

For those of us who were at myself is if there is indeed a band the Nest last Tuesday night, we or just Clayton Bellamy. The perall experienced a great party showed to us by the good people at Naitsa. The evening started an acoustic guitar Bellamy blew out with Jason Gogo's alt-country band who played a great follow-up set to his performance at Ookfest. The Clayton Bellamy Band was the next band to play although it was only Clayton Bellamy with no band. The much Doc Walker hit the stage with anticipated Doc Walker ended the evening.

#### The scoop

Jason Gogo is a well established Canadian Artist. Now most of you are thinking if he is well established why have I never heard of him. It's because he is not well known for his music but his paintings. For a new challenge he decided to assemble a country band. For a group that does not jam or even play gigs on a regular basis they proven that they are a legitimate country band that is capable of developing a fan base.

The next band on was the Clayton Bellamy band...still unknown to

formance that this guy put on was absolutely amazing. Alone with many spectators away with his melodic voice. He closed his great set truly "unplugged" as he made his way around the Nest and sang from the crowd.

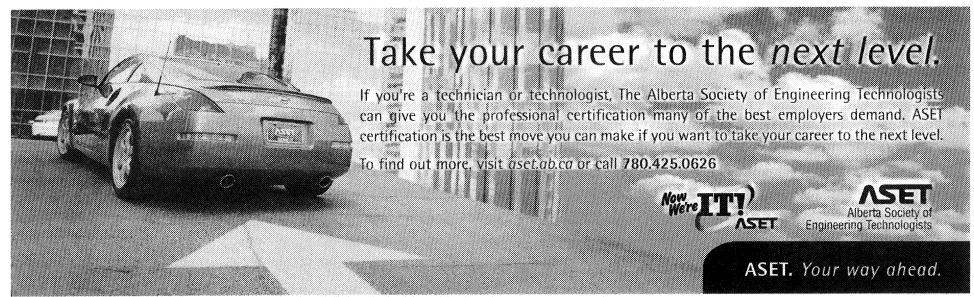
their hit "North Dakota Boy" and showed us why they deserved to win group of the year at the CCMA's (Canadian Country Music Awards). The atmosphere was great as the entire bar was standing at the front of the stage singing along to all of their "rockcountry" songs. Hopefully Doc Walker will consider playing more shows at colleges after the great response they got at The NEST.

Overall, I give the Doc Walker show a 4 out of 5 star rating. There was a great turnout which helped create a great concert atmosphere. The relatively unknown openening acts played well and impressed the crowd. Hopefully the upcoming shows at The NEST will follow in the footsteps of the great show last Tuesday.

#### **Five Minutes with Chris Thor**steinson

Before the show I got a chance to sit down with Doc Walkers lead vocalist to ask him a few questions. This is what I can tell you. The name Doc Walker came from a friend who used to help them unload gear. They thought it was better than their last name...."freedom." No kidding. It felt great to get nominated for 5 CCMA's and they were surprised they took home group of the year honours. They are best friends and Chris feels that is the key element to Doc Walker sound. They write their music as a band because they write songs that are stories. They are in the industry for the fans as shown by the size of their cheques. Following the end of the All Aboard Tour in December, the band plans to take time to head into the studio and cut a new album. This will not be hard for the guys as they have written 50-60 songs in the past two months while on tour.







To the 6 very attractive ladies I met at the Doc Walker concert, I say hello. I made a promise to you and I kept it. If you ever need anything, you know where to reach me. Keep in touch.

Mike

to the hot guy wearing the Cleveland browns stuff, I want you. The Browns ROCK!!! I am a 5'7 255lb male and I want to know you. Maybe we can see each other's browns. Talk to me. signed hotguy

Who ever is writing about the Cleveland browns guy in the technology annex, leave him alone he is MINE! But keep up the good work buddy, go BROWNS go and I will see you later tonight. You can be the quarterback and ill be the receiver. Signed MArk E. Mark

To the Dental Technology student that I met and talked to outside the Shaw Conference Centre after The Bear's Halloween Howler.....I was impressed with your friend dressed in the red gypsy costume and would like to ask you a few questions about her.....I was the guy dressed in the army uniform and apparently looked like her ex-boyfriend according to her......You can contact me at <a href="mailto:childootin@hotmail.com">childootin@hotmail.com</a>

To the gurl that is watching that East Indian guy in business with dark and curly hair and brown eyes, could u be little more specific on who this guy is or who ur? Curious East Indian guy with curly dark hair!!

In class today, instead of absorbing the euphoria of information my teacher was feeding me. I found myself drooling into my dribble cup (thanks Ravi for holding the cup up!) while I gazed dreamily at the ladies on Nait Students Day Planner. Then I suffered from an extreme case of deja view of the Seinfeld episode where jerry notices something particular about all the waitresses at the restaurant. No, I'm not talking about the cute matching army uniforms, I'm talking about the size of the "treasure chests" they're carrying. Were these ladies chosen for their hidden treasures or what?

To Marshall in the annex: I admire your balls for what you wrote in the November 4th grape vines. I think we should meet up sometime, I am a girl that knows what she wants. Get back to me through here if you want to get "jiggy" ...... Sara in Business

Dereck in Pre-Tech! What can I say!? Hottie!

Hey Mr. Crenshaw.....
I could tell you what I'm thinking about when I'm smiling at you but I'd rather keep it a secret – All I know is Red = Hot!!
See you in the HP

To Athlete's World Girl in the beer gardens at the naitrium. Remember me from TD?

Email me sometime p4life69@hotmail.com

Signed, NY

## Classifieds

Roommate wanted: No pets, Non-smoker, \$350/mth (incls heat + water) + 1/2 power. Available Dec 1. Email naitroommate@hotmail.com

FEELING STRESSED? Try a massage! At Somatics Institute School of Massage. Clinic hours: Fridays 2-3:30 pm. \$25/session. Appointments only. 438-3757.

GREAT PAY! Flex schedules around classes. Excellent resume experience. Customer service/sales. North: 497-7701; South: 429-3700 www.workforstudents.com/ng

**Roommate wanted:** \$300/month plus some bills. House 5 minutes from NAIT. Call Brad: 232-2723.

FOR SALE: 1997 Red Ford Explorer XLT OHC. Electric Seats on Driver/Passenger Side. Cloth Interior. 202K highway Kms. Perfect working condition, mostly highway kms. Standard 6-

disc CD Changer/Radio Cassette. Brand new Dueller tires installed as well as 4 Michelin All Season Tires as extras! All for only \$7500! Call Faye @ 908-1338 if interested.

One room available in a house close to NAIT, Kingsway Mall, downtown and bus stops. Rent is \$500 per month. This includes use of computer, all utilities, and parking. Renter must like pets, and cannot be a smoker. Room is available immediately, call us anytime and leave a message if not available. Landlord references preferred. Call 491-0447.

The Bear's Red, White and New presents "The Verge" with special guest Gordie Johnson of Big Sugar. Featuring live performances by Sugakane, Tupelo Honey, Izy Murphy Band, Politic Live, and King Ring Nancy. Dec. 1/04. Tickets \$15 and \$20 at the Winspear Box Office.

Portugalia Restaurant: 9737-118 Ave., on the traffic circle. Ph: 477-2029. Need a pick me up in the morning? Grab a steaming cup of coffee or indulge in a frothy latte or try a single espresso. Are you in for a long day of classes and study sessions? Enjoy a home style burger or a towering club house sandwich. Want to taste something different? Give one of our traditional Portuguese dishes a try. Great food at affordable prices! 10% discount offered for all NAIT students.

Oumi Oumi Hizzi. Middle Eastern Dance Recital. Sunday, December 5, 8:00 pm. 12845-102 Ave. Tix: \$10 Advance; \$15 Door. 488-0706.

**For Rent:** 2-bdr house (main floor), walk to NAIT. 11219-101 St. 662-4526.

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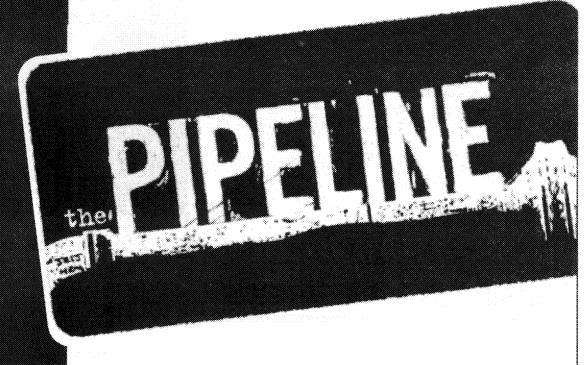
# SPEAK OUT!

Here at NAITSA, we want to serve you better. For this to happen, we need to know what suggestions and feedback you have to improve your quality of life at NAIT. All of your feedback will be kept conifidential. If you would like to know how we are making the changes you suggest, you can leave your contact information. We will also be providing articles in the Nugget for you to see what changes other people have recommended. If you would like to take a hands-on approach to your suggestion, drop by the NAITSA office (E131) so you can join one of our many committees. Please return completed forms to the NAITSA office. Thank you for your time!

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