THE NUGGET

Thursday, October 14, 2004

Volume 42, Issue 6

NAIT'S OFFICIAL STUDENT NEWSPAPER

Edmonton, Alberta, Canada

Sports . . . p. 8

Arts & Entertainment...p. 10

Classrooms are on the movel

Mark Cappis



Well, there's no more calling in sick to school. If you can't come to NAIT, NAIT will come to you! Last week, NAIT unveiled their brand new NAIT in Motion mobile classroom units. These two retrofitted tractor-trailers are designed to head out to remote locations to teach people who can't get to NAIT. The classrooms are expandable and can provide one thousand sq. ft. of teaching space. NAIT has already had requests from as far away as the Northwest Territories for the mobile classrooms to come to town. They're designed to work for just about every class NAIT teaches: from business to trades; with a focus on electrical, welding and pipe trades. The total project cost is \$1.4 million, but not to worry, students. The money came completely from private sector partnerships.



One of two *NAIT in Motion* units. Each unit weighs over 80,000 lbs, contains over \$200,000 in equipment and expands to nearly 1,100 sq. ft.

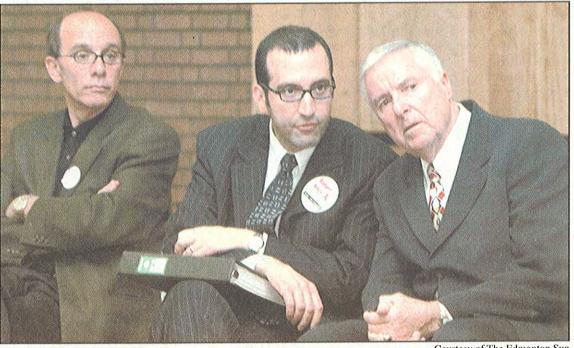
It's Your Vote that Counts

KAREN L. Kay

Vote! Vote! Vote for me! It's all you hear about, and no, we're not talking about the American election, we're talking about the one in our own backyard. The civic election is just around the corner—Monday the 18th, in fact. This one puts local residents in seats for school boards, and city council.

The big question is who will be the next mayor of Edmonton. There are six candidates vying for the top chair including front-runners Bill Smith, Stephen Mandel, and Robert Noce. If you have driven anywhere in Edmonton in the past month, you have probably noticed their billboards smiling at you with some catchy slogan. Another question is-- are you paying attention? Does it matter to you who make the decisions that affect your everyday life? City council is in charge of things like transportation and streets, planning and development, community services and taxes.

Continued on p. 3



From left: Stephen Mandel, Robert Noce, Mayor Bill Smith.

Courtesy of The Edmonton Sun

Chaos in Print

Beautiful

MARK Cappis

I'm infinitely fascinated by women's issues. Being a man, that automatically grants me a perspective that makes most issues facing women very alien to me. Problems that seem to have an simple to womankind. And there are times where I figure it's best not to get involved; obey the Prime Directive. So, for the most part, I'm just an observer on the sidelines, watching the struggles, and I try to help out when my help is asked for.

I was reading the paper a few days that truly frightened me. Only 1 per cent of Canadian women con-And, quite frankly, that statistic horrified me. Then I kept reading the article. 54 per cent of Canadian women think they could stand to lose some weight. 25 per cent have considered plastic surgery. The one that really freaked me out was when I read that 4 per I don't know why this statistic hit cent of Canadian women would give up ¼ of their intelligence if it would make them ¼ more beautiful. 4 per cent of women would That's...that's not good.

But the one I kept going back to is that only 1 per cent of women consider themselves to be beautiful. That means 99 per cent of women think they're "not beautiful." I think that's really not a There is hope in these statistics. reflection on society.

What have we as a society been doing? How have we convinced far too many women that they're not beautiful? I mean, it's easy to understand how things have gotten this way. When you read the average men's magazine, such as Maxim, you're instantly deluged with all kinds of images of

impossibly-beautiful women in then, women know they are beausee the cover images on Cosmo and YM and it's not too different. The lingerie is just replaced with And really, there's nothing that I, a breasts. Beauty comes from the designer fashions. Little does the obvious answer to me aren't that average person realize that these states of beauty are accomplished through hours of make-up, meticulous lighting, clever selection of camera lenses, and a few days of PhotoShop magic. Come on! If every woman had an army of specialists behind them, they'd be beautiful like that too.

That's really the problem. Thanks ago when I came across a statistic to these specialists, the bar has been raised so high on beauty that it's now impossible to attain. sider themselves to be beautiful. The standard of beauty can no longer be achieved by the average woman. And we as a society have driven our women to the point of insanity by constantly throwing these images in their faces. I mean, we've got to stop this.

me so hard. One of my heroes once wrote that there's no such thing as an ugly woman, and I've always believed that. Of course, rather be beautiful than smart. no one believes that I believe it, but that's OK. The same hero also said that the landscape can be changed with a single flower. And, since I now write for this silly little paper, I'm a single flower on a soapbox.

reflection on womankind as it is a 80 per cent of women believe beauty can be achieved through spirit and attitude. 89 per cent say a woman can be beautiful at any age. 85 per cent say every one has something that's beautiful. So it's good to see that centuries of moralizing and "beauty coming from the inside" messages haven't been completely lost. But still, 99 per cent consider themselves to be "not beautiful." The way I see it,

various states of undress. You tiful. The problem is getting them icy blue eyes courtesy of contact to believe they are beautiful.

> single person, can say to convince all women that they are beautiful. Nothing I do or say can change your beliefs. The most I can do is resort to a mawkish, Chicken-Soup-for-the-Soul-style cliché. I'd be doing little more than making you watch Beauty and the Beast again. I can spout the sentiments all you want, but you know them already. You must open your heart and believe it.

But then, what do I know? I'm just the man, sitting on the sidelines, watching the struggles. Sitting over here, it's obvious to me the long, bleach-blonde hair, the lenses, the anorexic hourglass figure, or the surgically perfected way you smile when you laugh at a joke; the way you roll your eyes when a joke doesn't work; the heavy sighs when you're overworked; the twinkle in your eye when you see the person you

That's why it cut me so deep when I read that that only 1 per cent of women think they're beautiful. When I look at all women out there, all I see is the beauty.

I don't know what we can do here, people. Obviously, I'm biased in my opinion. All I can suggest is that beauty doesn't come from that the ladies burn their Cosmos

and the gentlemen shred their Maxims. We can't keep holding up these impossibly high standards to women. Once we stop forcing these images upon women from the outside, only then can they look inside and see that they truly are beautiful.

OK, maybe just one mawkish, Chicken-Soup-for-the-Soul-style cliché before I go: "It's the flaws that give a diamond its value."

And I'm off my soapbox now. Move along, folks. Nothing more

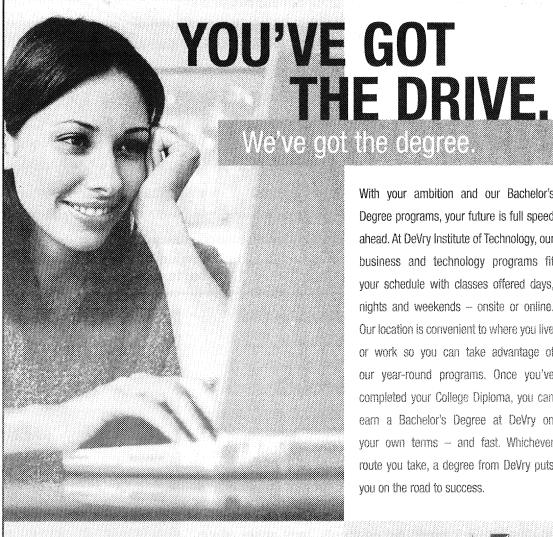
Tech Rep Orientation

The wait is finally over!

October 18 & 20

Visit the NAITSA office for more details (E131).





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It's Time to Make a Choice

Continued from front page

The NAIT Nugget asked the top they thought about young adults exercising their right to vote. Robert Noce believes it is essential young people vote. Noce says, "City council has the greatest impact on your day to day life than any other level of government, and it's easy to be informed, most candidates have websites which can be accessed 24 hours a day, in today's world it doesn't take a lot of time."

Stephen Mandel agrees, "By getting involved in the electoral process, our youth can help set the course for this city by electing a mayor with a vision for the future of Edmonton. Edmonton needs a mayor who understands that building future opportunity is possible when a community brings people together and works to promote its best assets. Our youth need to find out who has the best plan for securing future opportunity and quality of life in our community. They should examine all the options and choose the best candidate for the Edmonton of their future."

Bill Smith says, "On a day-to-day basis, members of council make decisions on matters which have a direct influence on the future social, fiscal and economic development of our city. The group most affected by these decisions will be our young people, whose lives and future will be directly impacted. Therefore, it is important that as young voters, you not only take time to know where candidates stand on issues, but that you then take that information to the voting station to assist you in making an informed voting choice on Election Day."

So, that's what the big guns have to say. What do you have to say? The NAIT Nugget took a walk around campus last week, and asked students if they were going to vote. Many said no, but others wanted their voice heard.

should do. They have a right to three mayoralty candidates what complain if they vote. I've never missed an election I never will." Steve, Photo-technology.

> "My vote's not gonna make a difference, and if it would then maybe I'd vote. I don't believe in what they say."

Luke, Instrumentation Engineering

"No I won't be voting because I just moved to Edmonton and I know really know much about how it's run, so I don't feel like I have much of a say in what's happening."

Lonny, Instrumentation Engineering

"No, because, I don't know, I don't even know much about it to make an educated decision. I mean if I went in there, I don't know, it would end up being, oh, this looks good kinda thing, whereas I'd rather go in knowing more about it."

Kristen, Business

"Definitely, because this is my one say in the government. It really bugs me when people complain about stuff and they didn't vote."

Erin, Business

"Um, haven't decided yet, I don't know who to vote for." Shannon, Respiratory Therapist

"I don't think I'm gonna be voting, because I'll forget." Lucas, Network Engineer

"I think things are okay the way they are, so if I do go to vote, I'd probably just re-elect who is in my riding. I'm not really into the politics thing, but my parents are, and they'll probably drag me

Sharon, Digital Interactive Media

"No, very uninformed." Shawn, Geological Technology

For many NAIT students, it is the Absolutely I will vote. "I think "I'm not planning to; I just haven't first time you get to cast a ballot. it's something responsible people been following it so I can't make a decision."

Bryan, Mechanical Engineering

"Yes, I will, I don't really follow the election, it's just my dad really thinks we should really get out there and vote and make a say, so I have to. My dad said vote for the nicest sign if you have to, so that's what I'm gonna do."

Candice, Business

If you would like more information on where to vote, you can contact the Office of the City Clerk at 496-8008, or check out the City of Edmonton website at www.edmonton.ca, the Vote 2004 section.

Be Part of **Something**

BG!

Big Brother / **Big Sister:**

Share a few hours a week doing fun things with a child/youth.

In-School Mentor: Read with a child for one hour a week in a school close to where you live or work.

TEAM: Have fun doing weakly group activities.

Call Big Brothers Big Sisters today at 424-8181 or apply online at www.bbbsedmonton.org

NAIT launches new website

Mark October 20 on your calendar and get set to put a new NAIT face forward with the launch of a revised website.

"It was time to revamp our presence on the web," says NAIT Web Master Robin Morgan. "In many cases, the website is the first place people look to find out what's new at NAIT. Because of this, it is vital that the information they seek is easy to find and the details they want are current and accurate. That first impression can make all the difference in the world for some people."

Pointing to the coming changes, Robin says that, while the first thing people will notice is the new look and feel of the site, changes run deep under the surface.

"It definitely has a new look but, more importantly, it is the way the site functions and the way information is organized that has undergone the most dramatic change. The new site will not draw attention to internal subdivisions. People are funneled in through the homepage and are directed to the information they are looking for through the use of role-based navigation. This means that once the visitor identifies who they are - student, staff, alumni etc. - they are directed into a section that contains information specific to their needs."

The new site, Robin explains, is built using templates that keep a consistent look and feel throughout and make it possible for all the program specific information to retain the same formatting. Once in, visitors will be able to navigate with ease without getting lost.

"Really, it's all about making the site customer focused and inviting. Once the user has identified their role, the website will help direct them to the specific information they are looking for."

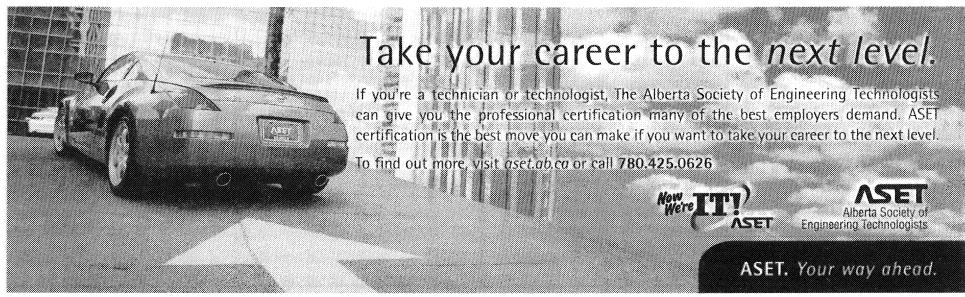
Important Notice

Student/Staff PARKING **During Open House**

To accommodate our visitors on Friday, October 15, parking will be free to staff, students, and visitors. It will not be possible to protect staff and student stalls from visitors. Therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that the meters along 118th Ave in front of the NAIT Dining Room are City of Edmonton property and are not included in the above notice. Please be sure to pay the meters if you decide to occupy them. Inquiries should be directed to 471-7477.

Thank you for your cooperation! Parking Services



Grocery Stores or State of the Art Torture Chambers?

lenny Annett



Grocery stores are not in existence to provide you food. Contrary to popular belief, the sole purpose of these stores is not the baking of buns, biscuits and breads. Disguised as 'food vendors' these stations are government run facilities, used to evaluate your responses to day to day frustrations. It is by no means accidental that you feel agitated when you leave the grocery store. You are made to feel this way.

The torment begins even before you enter the building. The officials know that you will want a cart, so they pay bad children and teenagers to scatter them all over the parking lot before you get there. Other grocery stores have clever 'cart corrals', used for creating the illusion that a

ing more than a loonie or a quarter. Of course, they have specifically made the coin slots too thin to fit any coin, thus trapping your money and causing your anger

cart is easily obtained with noth- experience will only be better from this point on. A greeter may say hello to you to aid in this falsity, but this is only a ploy to distract your attention from the surveillance equipment found in the



levels to rise slightly. Your reactions to such events are carefully analyzed and recorded.

After you rescue a cart from an Once inside the doors, a variety of

opposite direction. A close look at a greeter quickly confirms they are not humans, but soulless robots.

old lady who is leaving the store, climate changes occur to test your you are made to believe your adaptability. The lights have been

turned up to ten times the power of the sun and the temperature is turned down to just below freezing. (Girls, most of the scientists are men, so please wear sweaters to these venues). A sweet, sickly smell is disbursed throughout the building, remnant of rotting fruit and sour milk. (This is not on purpose, but merely because they sometimes forget to change the

Knowing most people go through the fruits and vegetables section first, the bulk of the surveillance equipment is concentrated in this area. Every potato, squash and eggplant you choose is documented and reviewed. The information is then sent to head office where a personality profile of you is created. It is important to pay close attention to the produce bins, as melons and peppers are merely hiding places for spies with microphones. (I once picked up a tomato and a man in a ninja suit fell onto the floor. I'm not saying they're always in there, just be careful).

Continued on p. 6

Bonny and Guest

The hilarious column where you can seek advice from a normal, unaccredited NAIT student and her zany weekly guest! To submit your questions, email us at Bonnya ndGuest@hotmail.com

This week's guest: The Incredible Hulk

Dear Bonny and Guest,

I have a huge crush on this guy in my class. He seems to like girls who spend a lot of time on their appearance, but I am just not that kind of girl. How can I get him to notice me without changing who

-Plain Jane going insane

Dear Plain Jane,

Bonny: It is not necessary to change your whole look to pick up a guy. Many guys go for a girl with a strong personality.

The Incredible Hulk: Hulk likes strong girls.

Continued on p. 6

Volunteer Opportunities In Your Community

The Association of Adult Day Support Programs is looking for Program Volunteers to help support and enrich the lives of their clients. For more information about this volunteer position, please contact Donna McMurray at 434-4747, or stop by the NAITSA Volunteer Centre.

Youth Emgency Shelter is looking for volunteers to sell 50/50 tickets at Rexall Place on Friday Sept 29th from 4:30 to 9:30 p.m. Please contact Shannon in E-131 for more details.

Edmonton Food Bank is looking for special event volunteers to assist with their events that happen thoughout the year. Please contact Shannon in E-131 for mre details.

The Zebra Child Protection Centre is looking for volunteers to assit them in a vareity of different areas. Contact Shannon in E-131 for more details about these positions.

The NAITSA Volunteer Centre would like to extend a HUGE THANK YOU to everyone who volunteered for Shine Day Sept 25th.

Shine Day was a great success and it would not be possible without your support!

I Volunteer

Volunteer Opportunities In Your Community

The Cross Cancer Institute is currently seeking volunteers to fill a wide range of ongoing volunteer roles. These positions are for a term of six months to a year. Contact Shannon in E-131 for more details.

Fun Team Alberta is looking for volunteers to lead teams of youth in sport activities. Conact Shannon in E-131 for more details.

The Winnifred Steward Association is on the look out for a volunteer with an interest in learning about special event coordination. For more details, contact Shannon in E-131.

Kids Kottage in Edmonton is looking for volunteers to act as childcare volunteers. Duties include assisting the childern at bath, meal and bedtime. Contact Shannon in the NAITSA Volunteer Centre for more details.

The St. Albert Youth Community Centre is looking for a computer maintenance volunteer to perform weekly updates, install new programs and web site clean up. Contact Shannon in E-131 for more details.

NOTICE!

The NAITSA Volunteer Centre will be closed from October 12th to 15th and Monday Oct. 18th, 2004.

Getting to know the Youth **Emergency Shelter Society.**

The Youth Emergency Shelter Society (YESS) opened its doors here in Edmonton in 1982. It is the largest shelter of its kind outside metro Toronto. The Youth Emergency Shelter's mission is "Giving youth at risk a chance."

Young people come from every neighbourhood in the city. The average age of youth using YESS services is 16 years old.

YESS offers its clients a wide range of suppotive services. Youth are able to set goals, learn life skills and do all of this in a supportive environement.

For more infomation about the YESS here in Emdonton, contact them at 468-7070 or visit their website at www.yess.org

Volunteer Opportunities at NAIT

NAITSA is hosting a family focused event on Sat. Oct 23rd, we need volunteers to assist with the days activities. Volunteers are needed to help with set up, face painting, building crafts and clean up. Shift times are flexible, if you would like more information, please contact Mike at 471-7603.

NAITSA is hosting its annual Halloween party on Sat Oct 30th. Volunteers are needed to help with set up in the NAIT Gym and take down at the end of the night. If you would like to help out, contact Mike Anderson for more details at 471-7603.

October at NAIT is United Way month! Volunteers are neededto support a variety of fundraising activities thoughout the year. Contact Rebecca at 471-7790 for more detials

NAITSA Volunteer Centre Contact Infomation: Shannon Marshall Phone 491-3966 or E-mail:naitsavc@nait.ca

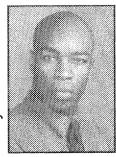
Quote of the week:

"Doing is better then saving."

Proverb

The NAIT Students' **Association in a Nutshell**

Dwayne Williams



NAITSA President

A question we the NAITSA executives get asked a lot is, "Where are our student fees spent?" Well I figured that since this week is Open House here at NAIT, and not only do we have old and new students, but future students reading the paper, why not mention some of the services NAITSA provides a bit better!

Vice President of Finance and Administration Position Update

laine Devine



This week, Aleesha Jex and myself are preparing to go on a conference to Grande Prairie. We will be away from the office October 20 to October 22.

We will be attending the Alberta College & Technical Institute Student Executive Council (ACTISEC) Progress Conference. Today ACTI-SEC represents 14 college, technical institute, and university college students' associations in Alberta. ACTISEC is viewed as the official voice for college and technical students in the province of Alberta by the government, Alberta Learning, and each of the major stakeholders in the post-secondary education realm.

At this conference, each Student Executive will be sitting on a committee. The committees are Policy, Finance, Bylaws, and Public Relations and Communications. We are currently trying to lobby the government to decrease tuition and student loans by increasing post-secondary funding.

Elaine Devine VP Finance and Administration,

Questions? Concerns? You can contact Elaine at (780) 471-7609 or at edevine@nait.ca

So ladies and gentlemen, I, Dwayne Williams, President of NAITSA, proudly present to you...NAITSA...in a nutshell!

Academic Representation - NAITSA, by participating with different groups and organizations such as ACTISEC, lobby the government on the behalf of students to fight things such as tuition hikes and funding for student programs.

Student Handbook - The multi-purpose tool given to all students at registration (and can be picked up at the NAITSA office), a perfect guide to the tools and services available for students on campus.

General Council - Every second Tuesday during the school year, we meet with the different class representatives in a large gathering. At this time they let us know about issues around the school they need our help to resolve. Make sure if you are having any problems in class that you let your reps

The Nest - The student lounge and pub owned by NAITSA. This location is a great place for group meetings, or just a casual place to relax and enjoy our many different special during the week. Keep your eye open for bands, movies, karaoke, and more happening down in the Nest!

Newspaper (The Nugget) - The news and events that affect the community at NAIT will be placed in the student paper. Also look for articles by fellow students, and messages from one another in the grapevines!

Bursaries - Each year NAITSA places into an endowment fund, a significant amount of money. This money each year accumulates interest. We then take the interest and give BACK to the students in the form of bursaries and scholarships. We plan to put a total of 1.5 million dollars in this fund. The interest hopefully providing around \$70,000 in scholarship money for the students of NAIT each year!

Health & Dental Plan - NAITSA, with the support of the students, has established a program for students and their families to receive health and dental coverage (for details contact the H&D office).

NAITSA Volunteer Centre - To enhance the employability of NAIT students, NAITSA established the volunteer centre! This new service will boost the personal and experience skills for the resumes of those who take advantage of the service!

Part-time Employment Opportunities - Cashiers, bartenders, election poll clerks, etc. We have many job opportunities available. So if you are looking for some spare income, come down to the NAITSA office (E-131) and speak with Elaine Devine, VP Finance & Administration!

The list goes on and on, but here's a list of some of the other key services we provide:

Liaison with NAIT administration, catering for events, short-term tech loans, meeting room for students, resume services, billiard games, microwaves, support for Campus Sport & Wellness, fax services, committee representation, student clubs, fundraising support, the NAITSA Computer Commons, study areas, bank machine, kiosk bookings, and last but not least...Free Smiles! - Your **NAITSA Prez**

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Production Office 471-7615

Fax: 491-3989

E-mail nuggetsubmissions@hotmail.com

Editor-in-Chief Vacant

Production Manager **Darrel Gregory**

Advertising Manager Linda Campbell

Distribution Manager Glenn Naca

VP Student Affairs Aleesha Jex

Staff Advisor

Nicole Ouellet Communications Manager, NAITSA

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Vice President of Vice President of Student Affairs Position Update



Campus Life

Wow! We are crazier than ever! Currently, we are working on tonnes of events for all the stu-

You definitely need to check out the Nest. We have been busy planning movies, karaoke, jameoke, comedians, and many bands. We will be showing The Day After Tomorrow, Spiderman 2, Dodge Ball, and Troy...just to name a few. Read the Nugget and watch for posters for more information.

Also, keep your eyes and ears peeled for NAITSA's Halloween Party, "NAIT Walk of the Dead", which will be held on Saturday, October 30: as well as, NAIT's Family Day on Saturday, October 23. Both of these events are sure to be a blast. Visit the NAITSA office (E131) for more details!

Jen Grundke VP Campus Life

Questions? Concerns? You can contact Jen at (780) 491-1320 or at jgrundke@nait.ca



Aleesha Jex

It is finally here!!! Our Speak Out! forms are ready for you. These are forms that you will find on poster boards and in the NAITSA office (E131). If you have a problem, idea, or solution for things around NAIT; jot it down on a Speak Out! form. I will be using your feedback to try and make changes around NAIT.

Don't just sit there!! SPEAK OUT!! If you have a suggestion or concern surrounding your experience here at NAIT, let us know and we'll be there to help! The process is simple!

Step 1: Student takes Speak Out! form from poster board or NAITSA office (E131).

Step 2: Student fills out Speak Out! form.

Step 3: Student drops off completed Speak Out! form in designated box in NAITSA office (E131).

Step 4: VP Student Affairs collects all completed Speak Out! forms from designated box daily.

Step 5: VP Student Affairs reviews each completed Speak Out! form and decides which department in NAITSA or NAIT will be able to resolve or respond to the feedback. Step 6: VP Student Affairs contacts the appropriate contact and informs them of the feedback and a photocopy of the Speak Out! form is sent to the appropriate depart-

Step 7: The original completed Speak Out! form is dated and filed. Step 8: A response is expected from the appropriate department within two weeks (please note that a solution does not need to take place in two weeks; however, a written response must be submitted with possible future solutions and timelines).

Step 9: The response will be attached to the original Speak Out! form and the back of the Speak Out! form must be filled out.

Step 10: The feedback and/or solution may or may not be submitted to the Nugget. This depends on whether or not the student permits us to place it in the Nugget.

Step 11: All paperwork is filed appropriately by date.

Aleesha Jex **VP Student Affairs**

Questions? Concerns? You can contact Aleesha at (780) 471-7607 or at aleeshaj@nait.ca

The Nugget encourages submissions.

Visit:

nuggetsubmissions@hotmail.com nuggetletters@hotmail.com nuggetgrapevines@hotmail.com

THE DEADLINE IS 12:00 p.m. on the last school day of the week.

All submissions must be student ID number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Grocery Stores or State of the Art Torture Chambers?

Continued from p. 4

As you continue to shop, various events are planned in order to test your anger threshold. A long line is created at the deli just as you want to purchase some cold cuts. Within this line, the scientists will often place a robot disguised as an elderly man who wishes to barter the prices of head cheese and bologna. Your agitation to this is closely monitored, with your temperature and perspiration levels recorded by a fake macaroni loaf in the cooler.

After you have gone through most of the evaluation, the scientists try to push you over the edge with the biggest test of all: checkout. Though this event seems to be simple, many roadblocks are added to see if you will 'blow your top'. Whether it is a robot woman in front of you paying with nickels, or price checks on your 'Preparation H', these tests are designed to break even the toughest shopper. Persons who pass this final examination are labeled for an increase of anger

stimulants on their next grocery store visit, while those who fail are offered positions as postal workers, air traffic controllers, and customer service representatives.

It is common to feel upset or angry after a visit to the grocery store. Though these feelings may appear to be the results of day to day inconveniences, rest assured they are not. They are calculated events, designed to irritate you. The next time you visit the grocery store, relax. There's a reason why it seems like everyone is against you. They are.

Dear Bonny and Guest

Continued from p. 4

Bonny: Um, Yeah, anyway. Maybe you could try talking to him a little bit every day. He could become interested in your confidence.

The Incredible Hulk: Hulk likes girls who flex their muscles and wear purple shorts.

Bonny: Okay, Uh, Mr. Hulk? I really don't think flexing her muscles in purple shorts is the way to attract this boy. She needs to just act like herself! Plain Jane, take it from me. Make yourself known, and he will feel the effort and respond.

The Incredible Hulk: You never listen to me. Just because I have gigantic green muscles doesn't mean I don't have good advice.

Bonny: Well, we can all see how great your advice is, can't we!

The Incredible Hulk: You're making me angry...You wouldn't like me when I'm angry...

Bonny: Uh huh. Plain Jane, This has to be a daily effort. Hopefully, this boy will be yours in no time.

The Incredible Hulk: LISTEN TO ME! I AM SO ANGRY RIGHT NOW! <Pants and shirt rip> Why won't you agree with me!!!

Bonny: Hulk, I know you are not angry with me. You are merely acting out because your girlfriend dumped you yesterday.

The Incredible Hulk: GRRRR-ROOOOOAWWWWLLLL!!!! She said purple shorts were so early nineties... I'll show her!!! <SMASH, CRASH, BANG>

Bonny: Okay, so the computer is gone, but I can still write this with a crayon... Umm, remember Plain Jane. You are your own best marketing tool!

The Incredible Hulk: Hulk likes big muscles.

Bonny: Sigh.

What's Happening Next Week?

Monday, October 18 4:30 p.m. Nest Movie Night The Day After Tomorrow

Tuesday, October 19 4:30 p.m. Karaoke at The Nest

Wednesday, October 20 3:00 p.m. Wing Wednesday at The Nest

Thursday, October 21
4:30 p.m.
Maxim Coors Light
Model Search at The
Nest

Saturday, October 23 10:15 a.m. NAITSA Family Day in the NAIT Gymnasium

For more information, visit the NAITSA office (E131).





WAKETHEDE AD Hallowee Party Saturday, October 30Th

Phot Polyses The for 2 on the Cha action of the Charles and th

Second Prizes Deer Pridee

Third Prizes Tea

Tickets \$50 The NAITSA Office

Pravantad by Maitsa, Molvon, & Ilm Baam

NO MINORS

Ook of the Week

Jenna Badry



As the Lady Ooks prepare to open their season on Friday, October 22, against Lakeland College, Coach Doug Leong must rely on his most experienced players to provide leadership for a number of inexperienced players on the team. One of the key players to help provide this leadership is ACAC All-Conference guard Jenna Badry.

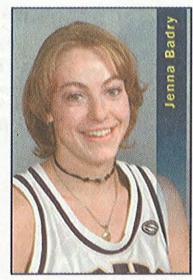
Jenna returns to the team for her fourth and final season and takes her leadership responsibilities very seriously. Badry and her back-court counterpart, Nichole Fessler, should be excellent role-models for the squad as they both are talented, mature, and very outgoing athletes who are recognized on and off the court.

Before playing for the Ooks, Jenna played high school basketball at Sturgeon Composite High School and represented the Ooks as a member of the Junior Ooks' team that traveled to California for a three week tour.

Jenna Badry expects to receive her diploma in the Personal Fitness Training program this spring. Jenna hopes to work at a fitness club after graduation and feels that opening a fitness club of her own is definitely an achievable goal.

Jenna is very appreciative of the understanding, support, and help-fulness of the teaching staff in Personal Fitness Training program. The staff realizes the grueling schedule of the team and is understanding when she is tired after returning from a long road trip. Badry also enjoys the companionship of her classmates as everyone is very laid back and easygoing.

Badry feels that her team is extremely talented and that their games are very well played and entertaining. Jenna is very disap-



pointed that attendance at their games is so poor. Jenna hopes that as the team proves themselves this season, they will begin to see an improvement in fan support.

Jenna Badry is extremely impressed with the effectiveness of the coaching staff and is confident that Leong will repeat the excellent coaching for which he was selected ACAC Coach of the Year last season. Jenna believes that her team possesses the skill, determination, and leadership skills that are necessary to win the ACAC championship this season.



Ook Tracks

Men's Hockey

Last Week: NAIT played at Concordia University College Friday. Coming Up: The Ooks open their season with a two-game homestand against Briercrest Bible College on October 22 and 23.

Women's Hockey

Last Week: The Ooks hosted the Blue/Gold Tournament at the NAIT Arena last weekend. Coming Up: The Ooks open the regular on October 23.

Men's Basketball

Last Week: Played in the King's University College Invitational this weekend.

Coming Up: The Ooks open the regular season at home against Lethbridge on October 22.

Women's Basketball

Last Week: Ooks took the weekend off.

Coming Up: The Ooks play in the Mount Royal Tournament this weekend.

Men's Soccer

Last Week: Ooks took the weekend off.

Coming Up: Host SAIT on Saturday. Host Red Deer on Sunday. Both games start at 12 Noon.

Women's Soccer

Last Week: Ooks took the weekend off.

Coming Up: Host SAIT on Saturday. Host Red Deer on Sunday. Both games start at 2 p.m.

Men's Volleyball

Last Week: Ooks Ooks played in Red Deer College Tournament last weekend.

Coming Up: NAIT travels to Grande Prairie on Saturday and Sunday to open the season.

Women's Volleyball

Last Week: Ooks played in the Grant MacEwan Tournament this weekend.

Coming Up: NAIT travels to Grande Prairie on Saturday and Sunday to open the season.

Ooks Gunning For #1

TREVOR Eliott

The regular season for most Alberta Collegiate Athletics begins next week and the Ooks men's and women's teams are set to take the league by storm this season. Both teams are expected to be a force to be reckoned with and the Ooks are pumped up and ready to take on all challengers.

Both teams are going to be extremely exciting to watch this season in their respective hunt for the championship. The men's team is expected to be the quickest team in their league and, quite possibly, the fastest team the ACAC has ever seen. Led by the example of Mark Dorado, the men are very quick on the floor, accurate from long distance, and can run and gun with any collegiate team in North America.

The Ooks are three time defending ACAC men's basketball champions; however, the lack of veterans on the team this season should prove challenging in their quest for a four-peat. Coach Chuma Nwobosi expects Marc Dorado, Shane Lehman, Cody Vermeulen, and

Keenan Fischer, the team's only returning players, to provide leadership for the many rookies that are on this year's squad. Despite having to overcome a few obstacles, the Ooks expect to win the national championships at home this season. With so many competitive teams in the ACAC this season, the team feels that NAIT students should be enthusiastic about the team's success and hope that the students come out to experience the intensity, excitement, and exuberance that their team provides each and every game.

Throughout the season, the team is going to have to work on their game stamina and work word hard every practice and every game right until the final buzzer. However, once the rookies get a few games under their belts, the squad will be a very dangerous team to play. The team will learn quickly which sets to run in order to get the most success and once they have achieved that, other teams will be hard pressed to counter the team's quick decision making and agility.

Doug Leong is set to take the Lady Ooks the distance and feels that his team will have no difficulties improving on their fourth place finish last season. The women used to be an easy team to play and every team looked forward to meeting them during the course of the season. This year's team is quite different, however, in the fact that they have very good bench support and have numerous returning players who know what to expect this season and can provide guidance to the less experienced players on the squad.

The women boast the strongest post in the North division and possibly even in the entire ACAC. The team has already played a number of preseason games and has matched well against some of the strongest team in the league. The team's success in the pre-season has even scared some teams away. The women were supposed to play the GMC Griffins last Tuesday; however, after scouting them in the ACAC pre-season tournament, the Griffins pulled out of the match because the

Ooks were too strong for them.

Regardless of their success in the pre-season, however, the women must continue to strive to improve upon the fundamentals of their game and make sure that each and every player puts in an honest effort each game in order to reach their peak performance by the post-season.

Spectators can expect competitive, high-intensity, run and gun games.

Nichole Fessler, Jenna Badry, and Lisa Francis are all tremendous athletes who will be very entertaining to watch.

Both teams open their regular season at home next Friday night. The women face Lakeland College at 6:30 p.m., while the men tip-off against Lethbridge at 8:30 p.m. Tickets for opening night will cost \$5; however, the Nest will be offering \$2 drinks all night to celebrate the start of the season.



NAIT Cross Country Running Club

With a new Fall term comes another chance to workout with the NAIT X-Country Running Club. This is a mixed student and staff running club. The NAIT X-Country competition team will be made up of students from this club.

Runners of all levels are welcome. The emphasis is on getting exercise and enjoying the support of running in a group. Those who wish can test themselves in competition against the other colleges in Alberta and on a weekly basis against some of Edmonton's best cross country runners.

We meet twice each week at 4: Room S105 - johnr@nait.ca

30 p.m. at the NAIT Gymnasium. Workouts are held on Monday's for a group work out in the NAIT area. Wednesdays we run in the weekly Edmonton Open River Valley Fun Races.

ACAC Championship run is Saturday, October 30, 2004 at Gold Stick Park in Edmonton.

Head Coach: Kevin Vachon – a_a@telus.net

Manager: Connie Armstrong
NAIT Room A167 –
conniea@nait.ca
Coordinator – John Reeves – NAIT

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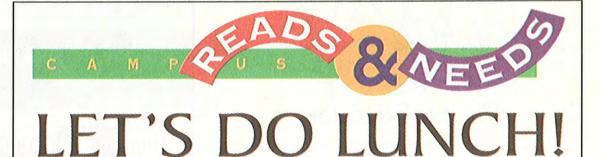
Apply today to be the Nugget's

EDITOR-IN-CHIEF

Application deadline is Friday, October 15

Drop off an application and resume to the NAITSA office, E131.

If YOU have a suggestion or concern surrounding your experience here at NAIT, let us know and we'll he there to help! You can pick-up your SPEAK OUT form at the NAITSA office (E131) or on selected poster boards. Please make sure you drop it off at the NAITSA office (E131). SPEAK OUTILE www.naitsa.ca





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Why The Chicken Crossed The Road

Laura Johnston

If you've been to the Princess or Garneau theatre in the past month or so and have found yourself repeatedly bombarded with choppy images of a hitchhiker in a chicken suit, you've seen the new teaser for this year's Edmonton International Film Fesitval. Never heard of the E.I.F.F. before? That's silly. This will be the festival's 18th year. For those fortunate enough to have been spectators in past film seasons, you may once again be awed by its continual greatness. The only real change

is the timing. Formerly longer and earlier, it seems the festival committee has grown weary of their March dwelling and traded it in for a fall-friendly October line-up. Therefore, we finally get to be favoured enough to be part of the Canadian film circuit. Finally, we are gratified with the opportunity to see all the great flicks that Torontonians always get credit for screening. Feel special yet?

Just like any other perk, there is one tragic downfall. Each film will pretty much only be shown once during the circuit, with the exception of a few who will occupy both a 7pm and 9pm slot. That means if you're planning to attend, get a program and choose wisely. There are tons of great shows that you don't want to miss. Chances are, if you have free-time at any point between

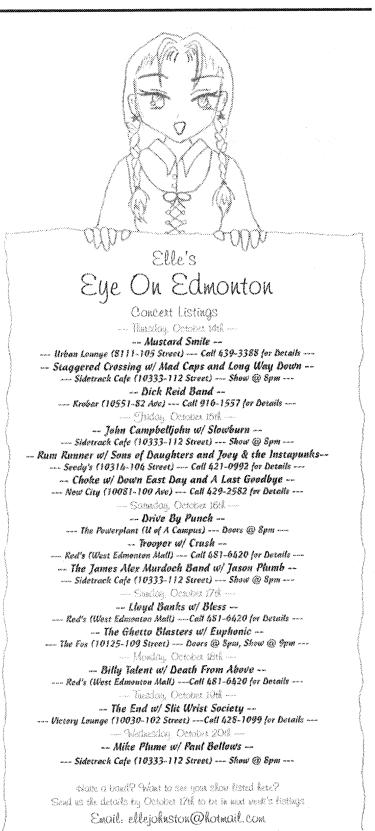
the 14th and the 19th, there's going to be remarkable new indie flick playing.

For those keeners intent on getting 'something more' out of the festival this year, there are also some fantastic workshops being offered. Whether you're a film maker yourself, or just highly interested in the process, get up early to catch these profound sessions at 10:30am every morning. Don't have any classes on Tuesday? You can catch Jørgen Leth (famed Danish commentator for the tour de France) in all his splendor for the final workshop on the 19th.

Avoid inevitable regret and go get culturally enriched. Films are plentiful and diverse, so there's always something for everyone. Be in the loop. Make your way to the Princess, Garneau, or Metro this week to catch what everyone's been talking about. Then, keep your eyes open for next week's post-festival coverage.

To learn more about tickets, schedualing, or workshops, visit: www.edmontonfilm.com







"Have you ever seen a Preacher in a fat lady's lap?"

LAURA Johnston

The beginning of a brand new season at the Citadel theatre kicked off late last month with the gala production Cat On A Hot Tin Roof. Bob Baker, Artistic Director, has brought Tennessee Williams' masterpiece to the downtown for the first time in Edmonton's history. But, who knew how disappointing it would be? Until October 17th, theatre-goers have been offered the opportunity to spend a weeknight dozing off in the Shoctor. Personally, I think it'd be much easier to just sleep at home.

Taking place in Mississippi around 50 years ago, the play opens with the Pollitts gathered at their family plantation to celebrate the 65th birthday of their beloved patriarch, Big Daddy. They have also met together to joyfully relish in the recent news that the illness that has been plaguing Big Daddy for so long has turned out to be nothing. At least, some of them are. Their two sons, Brick and Gooper, have really come to

break the news - Big Daddy has cancer. With the knowledge of Big Daddy's impending demise, Brick and his wife Maggie are left to fight with Gooper, his wife Mae, and their five children as to who will inherit the plantation. Gooper and his family plan to use the pressures of law and copious amount of paper work. Although Brick is his father's favorite of the sons, he is without an heir and has plunged into sorrowful alcoholism since the passing of his best friend. Maggie is ridiculed constantly by Mae at her lack of children and deeply wished her husband to inherit the plantation. But, there are other more personal problems to be sorted through as

If there was a bet to be won on how impossibly boring you could make a classic, Bob Baker takes home the prize. I consider it a very dark day in contemporary theatre when I'm falling asleep during a Tennessee Williams' Pulitzer Prize winner And really he's the

only one to blame. The casting was superb, and the acting was the best the direction could entail. After six seasons of being Artistic Director at the Citadel, I don't believe it's outlandish to expect Mr. Baker to have the hang of it by now. In fact, the entire concept behind artistic direction is to *improve* a play through manipulation. C'mon, Bob. There's no need to take a step in the opposite direction.

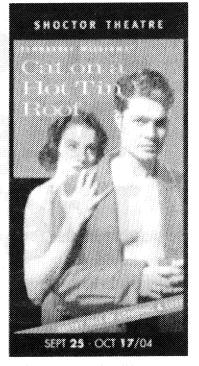
From the very beginning, you can tell it's originally a good play

the writing is brilliant. There are tons of great lines, it just all depends on the delivery. I was very impressed by Jan Alexandra Smith's (Maggie the Cat) quality of acting, but I still felt that she

was also being supressed by the Bob Baker indoctrination.

Although I'm not totally sure who to point a finger at, but I have to admit I found the set also quite disapointing. Considering the hard working folks at the Citadel and how commendable past sets have been, this one lacked a particular quality - interest. At first glance, one might find it visually appealing and highly unusual. Atleast, until you find out it never changes. After 3 hours and 15 minutes of staring at that same, strange bedroom, you're plenty sick of it. Perhaps it isn't a bother to those with a greater attention span than my own.

If you really are dying to see this



one, don't let me stop you. Who knows, your opinion may be very different. Other local writers have been impressed with the production, but then again, none of them are under the age of thirty. There are plenty of great plays still left this year, so I'd stick it out and save some money.





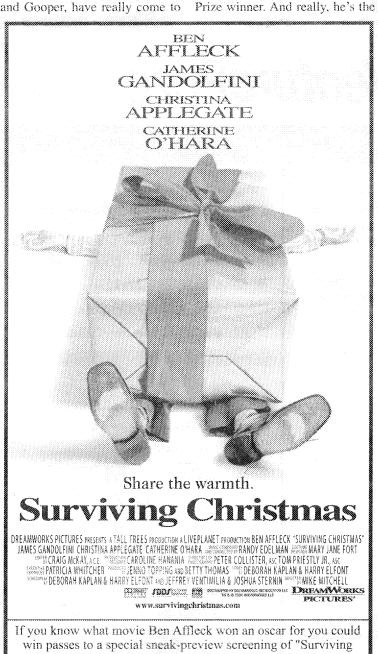


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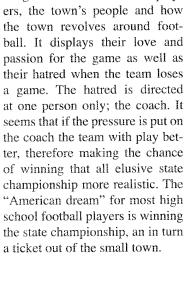
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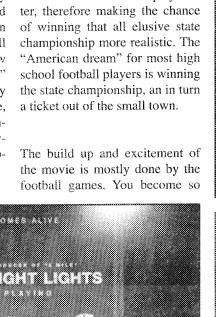
Friday Night Lights

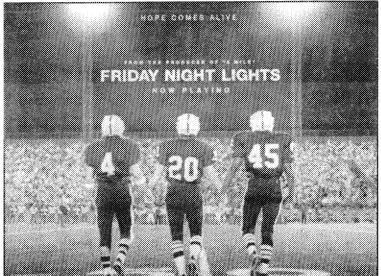
DAVE Fester

For those who don't know too much about High School football in the States, it's huge especially in Texas. Almost every town has a football team that engulfs its entire population every Friday night to watch the game hope to have a state championship team. The movie is based on true events from H.G. Bissinger book "Friday Night Lights: A Town, a Team and a Dream." If you have ever seen Varsity Blues or King of the Hill you can begin to understand how involved a town gets with "its" football team. But unlike Varsity Blues its not another teen movie, it's about the dedication and commitment that is made by the players to this team so not to disappoint their town.

insight into the lives of four play-





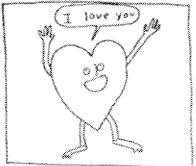


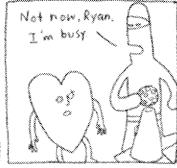
With it being based upon a book, you think to yourself that its done like every other book turned movie that it's more relevant to today. WRONG. The director took a chance and made it into what seems like a documentary, with giving the scenes an old feel to them more specifically with the football game footage. Don't get me wrong when I say that this movie is a documentary, because its not. This movie contains many aspects of comedy, drama and of course the hard hitting action.

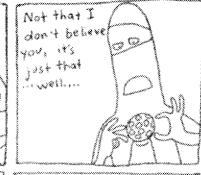
I'm sure that the director could have done a lot more with H.G. Bissinger's book but you can only cram so much into a two hour movie. It follows the Odessa -Permian Panthers through their football season in 1988. In general the movie gives a good

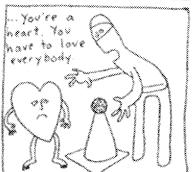
involved with the team that you feel the anguish of defeat and the thrill of victory with every player. The director immerses the audience into the movie with such great footage of the games that it seems like you were actually sitting under the Friday night lights at Ratcliff Stadium.

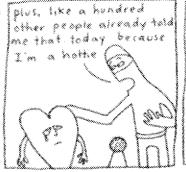
Even thought it doesn't have a well known cast, other than Billy Bob Thorton and Tim McGraw, and may not be one of the most well-known movies this year, it still is a worthy flick to see. If you don't have the time or money to see it in theaters being a student and all, defiantly pick it up as a renter. Two thumbs up.





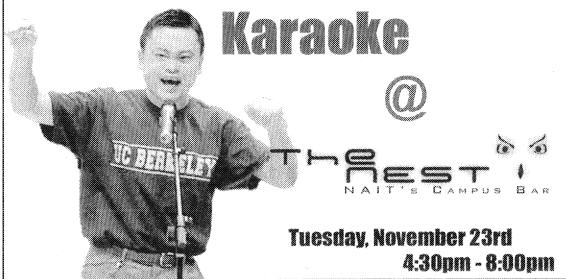








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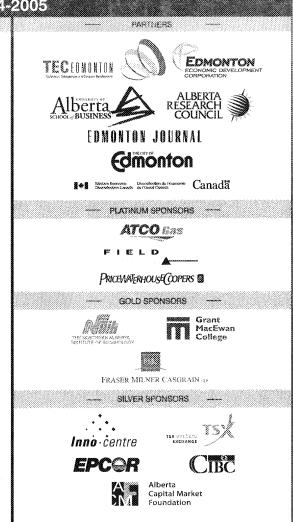
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Student Submission

Why Vote?

CHERYL Feldstein

Voter apathy has become a widespread occurrence among people of our age group. According to Elections Canada, only 25% of Canadians between the ages of 18-24 voted in the 2000 federal election. This means that our age group has not been properly represented in parliamentary decisions that directly affect us, such as educational funding, healthcare, and how our tax dollars are spent.

The federal, provincial, and municipal governments have a say in everything that we consume, commute in, live in, and even use for entertainment. The candidates that were recently elected in the 2004 federal election (not by our age group) will be in charge of creating new laws and policies that will influence every aspect of our daily lives. When politicians know in advance that young people lack interest and enthusiasm

for the issues that are posed in the election, they customize their platform to adhere to the demographic that generally votes.

Canada is a utopia in comparison to most countries around that world. Not only do we have the right to vote, we have a Charter of Rights and Freedoms that protects our right to vote. Our Charter is in place to ensure that every single individual's voice is heard and counts. Your vote is your voice in government. Your vote is your way of telling the country, province and city that you do care and the decisions that are made do affect you.

Our Premier will be calling an election for the end of November, which will be our chance to have our say in the future of healthcare, rising tuition costs, and government spending in our province. Your vote is your voice, please vote

Important Notice

General Council

Due to Midterm exams
General Council on
October 26 will be moved to

November 2.

Visit the NAITSA office for more details (E131).

Industry Meet & Greet to follow.

Contest of the Week

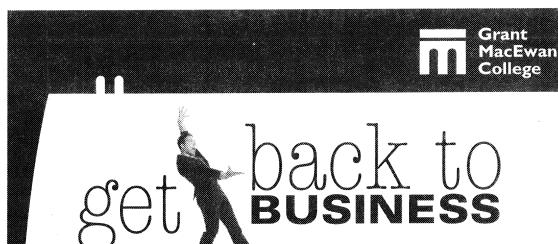
What three things would you change in your NAITSA Student Handbook?

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Contest ends: Monday, October 18, 2004





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Call Patty at 409-3905 for details.

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I was surprised to see a response to my comment in last week's Grapevines. To Nicole, the woman with long brown hair and brown eyes, 5'6 and looking for excitement, I'm answering your call. I'm fascinated with your words, "Think you're up for the challenge?" My answer is "of course." I'm a brown-eyed Scorpio, captivated in the outdoors and always looking for something different and challenging. I'd like to find out more about you. Steve

To the Admirer of Brian Z Your compliment filled me with glee. But if you're a guy in my

Stay away from my ass You won't get a wink out of me.

Mr B in accounting has an awesome sense of humor. Thanks for the laughs Mr B!

Beware of DLH. Stupidity is contagious.

Can anyone tell me where Caroline (the place) is?

Does anyone know what TOMOMO means? If yes, you are loser or have dated a loser.

Lisa Marie: you ain't got no alibi -YOda.

To the fine hot guy with dark curly hair and a hat with "the train" on it in avionics! I'm a fine longhaired blonde girl with an attitude and I have a crush on you! will you go on a date with me? reply thru grapevine blonde in love

I love socks from trainer

Someone put sand in the Vase-

How am I supposed to study with you distracting me? Please put some clothes on. wouldn't wear that to work unless you were an Escort. P.S. My wrists hurt. Can I get disability?

signed, Snot69@hotmail.com

To the scrumtrulescent Cindy G word to your mother French Toast Thursdays Forever Love your little HP junkie

Hey Marcy in Bio, watch out for the rabbits they might get you, don't forget needles are SHARP! *BIG B*

To the guy who gives us dirty looks in first year chem. eng (you trying to learrrn... our questions are not THAT dumb!!!

Hey There Everyone! Does Anyone Know Why NAIT Does't Have A Cheer Team? SAIT does...Who Wants One Here? Any Former Cheerleaders or Dancers Here Who

Would Be Interested In Starting A Cheer Or Dance Team?

Let Me Know. cheer_gurl_ 66@hotmail.com

I Think We Should Have Some OOK Spirit And Support Our Ladies and Gents In Their Quest For Victory.

~*~Former JPP Cheerleader~*~

Hey All You Christian Students Out There!

Thursday October 21rst. Let's All Meet up as a group.

Let's say in the Natrium upstairs, on the left side (if you are facing south)

Right across from the upstairs side that is reserved. Whoever wants to come

meet there at 11:15. See Ya There

To the hottest 2nd Year Programming Student @ NAIT.

I can't wait until you are done school this year, we are going to have some fun.

Why does school have to take up so much time? You and Dan have to come out and party some weekend here. All Work and No Play Makes Jack A Dull Boy. Anyways Good Luck With 280.

Luv Ur Secret Admirer Who Really Isn't Too Much Of A Secret.

To the sexy, sexy, sexy man second year petroleum with the red Sanoma. are so hot. I like a big man. Your litte secret admirer

To all Business students, take your backpack off in the eleva-

I love Frankie!! Big Sexy

I was just wondering if any other students have a problem with the previous editor-in-chief representing us on Academic Council. If you do, do what I did and talk to your VP Student Affairs in the NAITSA office.

this is something ive been wondering about ever since i saw sherk 2, who would win in a fight the giant gingerbread man in sherk2 or the giant marshmallow man in ghostbuster 2, email me at drunkenzombiemonkey@hotmail .com i need to know

Hey single guys, you all know the Dental Assisting girls are hot but did you know that a lot of them are single or have single friends? Just a thought...

know who you are)... We are just Hectic stuff man, I saw this pink elephant skating around the food commons the other day and it came up to me and asked, "Where on earth did you find your lovely yellow teeth?", to which I replied, "You must be out of your mind, this isn't a banana factory". The pink elephant then turned red and all of the sudden, some dude came bursting out of it's nostrils screaming for more corn flakes. I decided that it was time to give up the coffee... Tescoboy

> hey im a shy guy looking for a date to the bears halloween howler, i have tickets to it, PLEASE BE A FEMALE, NO MEN OR CROSSDRESSERS, email me at looking4 date 2halloween howler@yahoo.com

> Who all is going to the NAITSA Halloween Party on September 30? I need a date so write me a Grapvine if you are interested. hot lovin'T

> To the sexy Asian in PFT with the big snake tattoo. I am single and looking to mingle with you...

Classifieds

POP CULTURE FAIR

Sun, Oct. 3/04. 10 am - 4 pm. Edmonton Aviation Heritage Centre. 11410 Kingsway Ave. Collectibles - Memorabilia relating to music, sports, movies, TV. comic art, brand names, automobiles, etc. Fred: 487-3195

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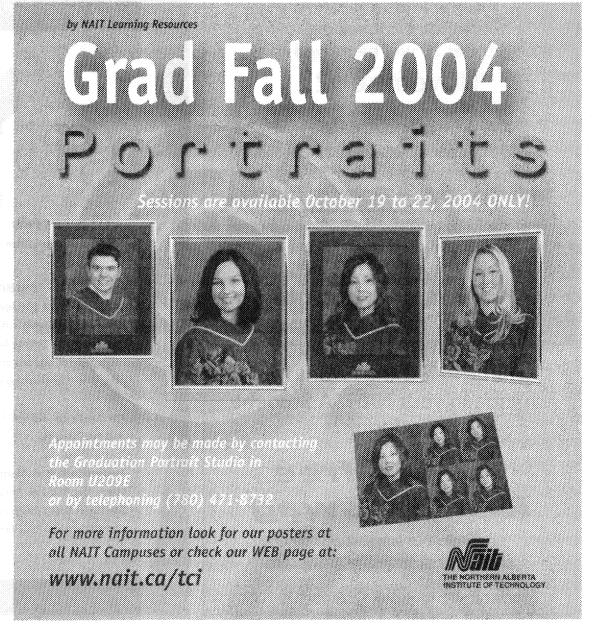
DIRTY LARRY & The Muddy Maidens Band Halloween Party. Saturday, Oct. 30. Bar-B-Q Acres, 12410-215 St. For tickets call 432-7503 (Southside Sound.)

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