

The Nugget

Thursday, September 23, 2004

Volume 42, Issue 3

NAIT's OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

SPCA Dog Jog . . . p. 11

Sports: Ooks Men's Hockey start Pre-Season . . . p. 11

Buff it 'til it Shines

MARK Cappis

This Saturday is Shinerama Day here in Edmonton. It has been so proclaimed by Mayor Bill Smith. I hope you've made plans to come out and celebrate Shinerama Day. When I heard that one of the country's #1 bands was coming to NAIT to be part of the event, I knew I had to find out more. It was time to cut through the blitz and find out what this Shinerama thing is all about.

WHAT IS SHINERAMA?

Shinerama is a fundraiser for Cystic Fibrosis. It's the largest post-secondary fundraiser in Canada. Every dollar raised goes to the Canadian Cystic Fibrosis Foundation. It all started way back in 1964 as a shoeshine campaign, during orientation week at colleges and universities nationwide. NAIT officially became a part of Shinerama in 1968. Now, Shinerama includes about 60 colleges and universities in the nation.

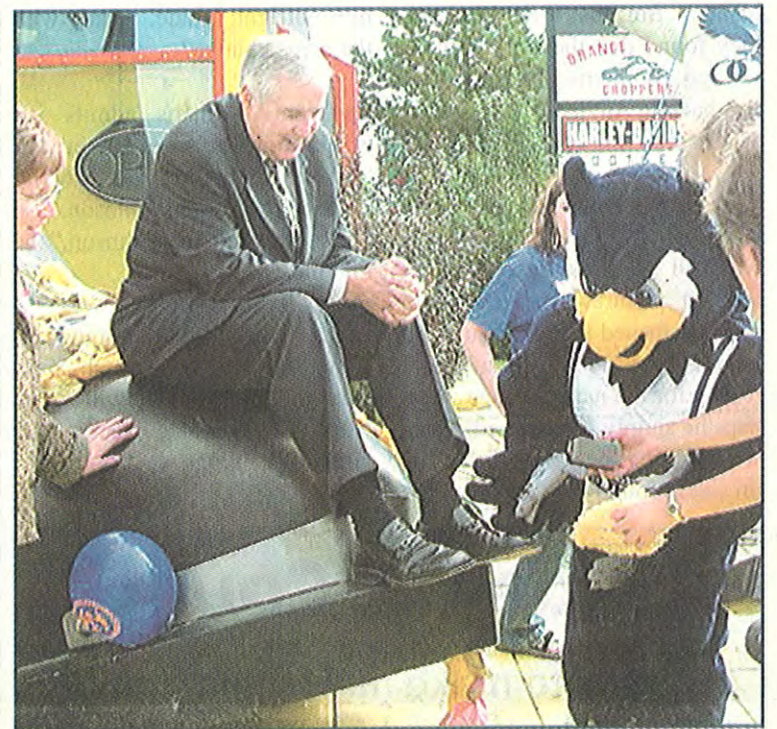
And it's not just about shoe shining anymore. Shinerama organizers plan a variety of activities and events to raise money for Cystic Fibrosis research. Throughout the entire history of the campaign, Shinerama has made almost \$15 million to help battle Cystic Fibrosis in Canada. Last year alone, Shinerama raised \$952,000. This year, Shinerama has set a goal of raising a record-breaking \$1,000,000. NAIT has pledged to make \$40,000 of that million by the end of January.

SHINERAMA DAY

One of NAIT's largest events is Shinerama Day, going down this Saturday, September 25. September 25 was proclaimed Shinerama Day in the City of Edmonton by Mayor Bill Smith a few weeks ago, and at that time, Mayor Smith even sent the first donation our way, but I digress. Shinerama Day is when we, the students of

NAIT, head out into the city to get donations from the good people of Edmonton. If the weather's good, NAITSA will be running a series of car washes that day, plus we'll also be doing old-school shoe shines and just plain hitting up people for cash. If you volunteer to help out on Shinerama Day, a wonderful day of festivities await you. It goes like this. On Saturday, we all start rolling into the Nest at around 9, 9:30, where we'll be treated to a free pancake breakfast. Once we're fully loaded on flapjacks and maple syrup, we get a morning of activities and games where we get to know our fellow shiners on this Shinerama Day. Then, once we all know each other, we're sent out into the city in teams to start raising some money! Each team gets a special courtesy pack, including snacks, juices, and their official Shinerama collection box.

In the afternoon, around 4 or 5,



Mayor Bill Smith jumps on board the Shinerama band wagon at the NAITSA Press Conference September 7th.

we all start heading back to the Nest. That's where we turn in our collection boxes and take a break for supper. But then, at 6:30, that's when the after party kicks into high gear! The day's total will be announced, plus the team that raised the most money will be given special recognition. Then, all Shinerama Day volunteers will be treated to a surprise concert by a top band. Now, when I was getting all this info from Jen Grundke, our VP Student Life, I tried desperately to find out who this top band is. No amount of arm twisting would make her reveal the name of the band! All she'd tell me was that this band

had a #1 hit over the summer. "The only way to find out who it is to volunteer for Shinerama Day," she told me.

But that's not all! Once the concert is done, volunteers will be whisked away by limo to one of the city's hottest clubs for the rest of the after party. Volunteers will be treated to the full red carpet VIP treatment before being brought back to NAIT, again by limo.

Boy, does NAITSA know how to treat their volunteers or what? And that's the only way to get into all this: **Volunteer!**

Quickly, Robin! To The Shinemobile!

MARK Cappis

NAIT is unique among other Shinerama schools. At most other participating schools, Shinerama is passed off to the Resident Life department and turned into a team-building exercise among the dorms, frats, and sororities. But, as I'm sure you've noticed, NAIT doesn't have anyone living on campus. No dorms, no frats, no sororities. NAIT and NAITSA rely solely on student volunteers to make Shinerama a success. And as such, NAITSA is always creating new ways to get student volunteers. This year's largest

volunteer recruitment campaign is the Shinemobile.

The Shinemobile is a car donated by Crosstown Motors. Crosstown hasn't actually selected the car yet, but they are giving us one and we should have it very, very soon. NAITSA already has a list of sponsors lined up who are itching to get their hands on that car and get it completely tricked out. You'll be able to watch this car get completely pimped right here in the **Nugget** all throughout the year. At the end of the year, there

will be a draw for this car which has been dubbed *the Shinemobile*.

To get into the draw, all you have to do is volunteer to help out for any Shinerama event this year. And, for every hour you work, your name will be put into the draw. For example, if you work on Shinerama Day for 6 hours, your name gets put into the draw 6 times! The more you volunteer the more chances you have to win the Shinemobile!

I CHALLENGE YOU!!

MARK Cappis

THE TECH CHALLENGE

Now, we all know that not everyone will be able to volunteer. But, you can still contribute to Shinerama through the Tech Challenge. Starting back on Monday, the NAITSA office will be keeping a tally of every point that the technologies earn. Each dollar that your technology raises throughout the year for Shinerama earns your technology 10 points. Your technology can host

a massive fundraiser, or it can just have a little collection can in your tech's main office. But every buck gets you 10 points. And, at the end of the year, the technology with the most points will be given...the Molson House. The Molson House is this hall that the Molson Brewery has downtown, and your technology will be able to use that house for anything: fundraiser, grad party, whatever you decide.

Continued on p. 2.

President Name Change

MARK Cappis

As NAIT students returned to class, there was one question that dominated their mind. It wasn't "My textbooks cost *how* much?" or "I did *what* last night?" The big question was who is the NAITSA president?

Way back in March, the people of this school democratically elected Dwayne Johnson to be their president. But, as they returned, they found that their president is Dwayne Williams. I first noticed this back in August, and it tickled my brain.

First thing I had to do was make sure that the NAITSA president was still the same guy. A quick look at pictures from then and now confirmed it: same guy. So then, I started looking at a logical reason for the name change. Perhaps he simply got married. Ooo, wouldn't that be wonderful? The president found the woman of his

dreams and settled down over the summer! And, in an untraditional move, he took his wife's name! How forward-thinking!

But no one believed that theory.

So, since I was interviewing President Williams for every other news story I've been doing the past few weeks, I decided to ask him outright: dude, what's with the name change?

President Williams admits it's a question he's gotten a lot. "My name before was actually Dwayne Williams-Johnson, so I just dropped the Johnson," he told me.

Damn. And I was hoping for something scandalous. Oh, well. I'm sure the scandal will break when you remember exactly what you did last night.

The Renovations

MARK Cappis

Truly, one of the most visible changes to NAIT over the summer has been the extensive renovations to the NAITSA offices. Now, it's got a spacious lobby with a LCD screen TV, fireplace, and leather couches. And just think. You, the student, didn't pay a cent for it. The renovations were paid for using money that NAIT owed NAITSA. And even though it wasn't NAITSA's dime, they still managed to bring the project in under budget. The renovations were originally slated to cost a quarter of a million dollars, but were completed for a cool \$135,000. There was a bit of a delay in the delivery of the couches when the factory workers went on vacation, but with their delivery late last week, the NAITSA office is now complete.

Free Donuts Every Second Week...

Okay, there's a catch. You have to be a Tech Rep, but it's not so bad...actually it's kind of fun.

What's a Tech Rep, you ask? Well, you would be part of a committee that would represent your technology (program) at meetings that deal with issues that affect you – like how NAITSA spends your student fees...and the type of parties we plan for you this year.

Want to learn more? Drop by the NAITSA Office E131.

General Council Meeting

**Tuesday,
September 28
Room X107 5:00 pm**

**Free donuts
provided!!!**

**See NAITSA office
for details
E131**

Academic Council

**Want to make major decisions
around NAIT?**

Want a free lunch each month?

Make a difference!

Join Academic Council!

Drop by E131 for more information!

I CHALLENGE YOU!!

continued from front page

THE REAL VIP TREATMENT

And don't forget. The backbone of NAITSA's Shinerama fundraising is the VIP card. Pick this up at the NAITSA office for \$15, and you're given VIP treatment at most of the bars and clubs throughout the city. (Taking a quick look at the website tells me that VIP treatment tends to involve no lines and no cover charges.) But soon, the VIP card won't be just for bars and clubs. NAITSA is currently in negotiations to expand the VIP card to include many city restaurants and clothing retailers. NAITSA is hard at work to make sure these new establishments are in place for next year.

SIGN ME UP!! SIGN ME UP!!

So, does the thought of winning a pimped out car tickle your fancy? Dying to find out who that top band giving a surprise concert is? Ready to go out and raise some money to do battle with Cys-

tic Fibrosis? Then sign up for Shinerama Day! Tomorrow, Friday the 24th is your last chance. Just head down to the brand new Volunteer Centre in the NAITSA office. Volunteer Centre Manager Shannon Marshall will gladly hook you up. Or, just give Shannon a call at 491 – 3966.

And that's what this Shinerama thing is all about. One thing I know for sure now is that Shinerama Day is just the beginning of a massive year of Shinerama events.

Super duper special thanks to VP Student Life Jen Grundke for all the info. For more info on NAIT's Shinerama events, head to the NAITSA website, www.naitsa.ca. For more information on Cystic Fibrosis, there's the Canadian Cystic Fibrosis Foundation, www.ccff.ca.

Got a scoop? Let me know! news@chaosinabox.com.

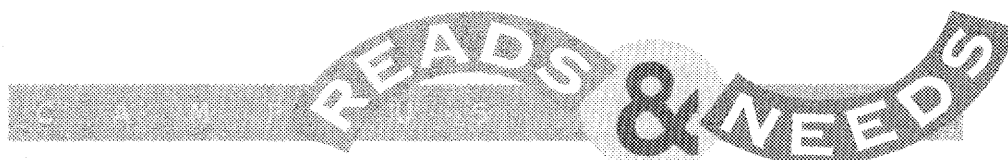
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Starting September 27, 2004

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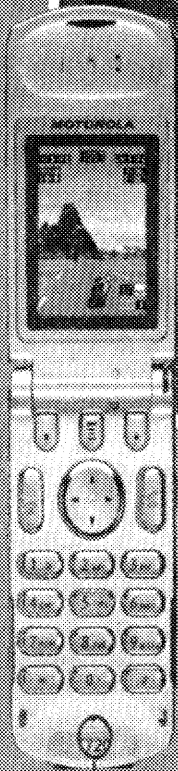
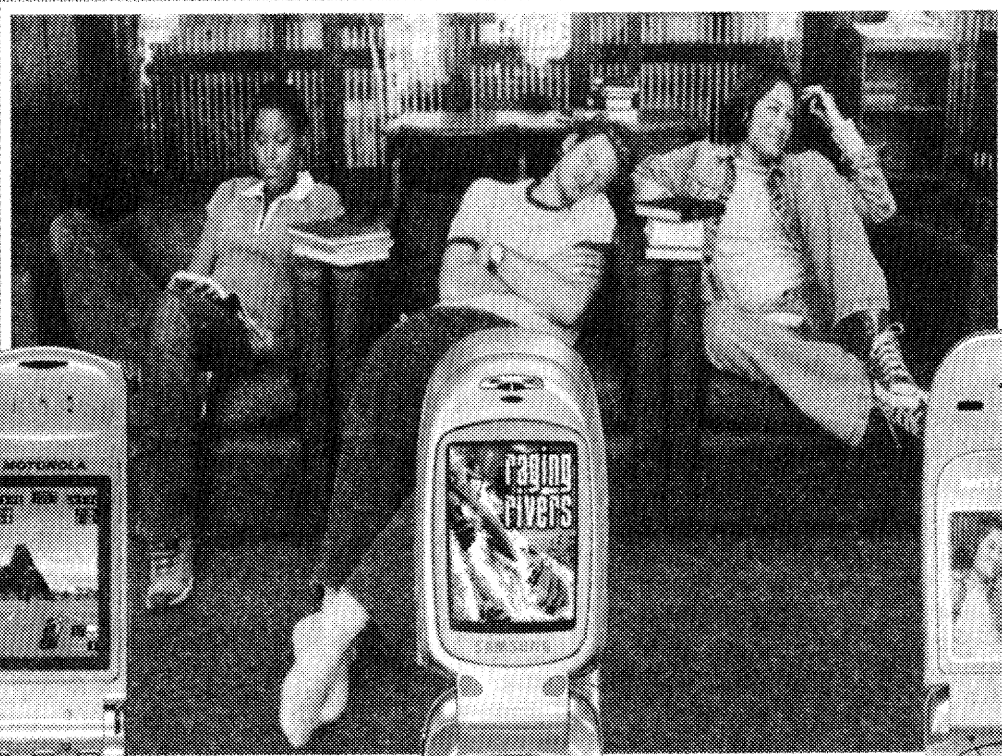
Our staff are competing to sell new merchandise they selected for the store:

- Hatley clothing assortment...for the animal lover
- home decor, garden accessories and fun-filled novelty items
- candles, fairy dust necklaces, charm bracelets, mood rings and Christmas moose

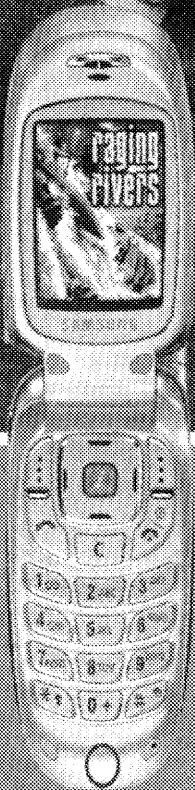
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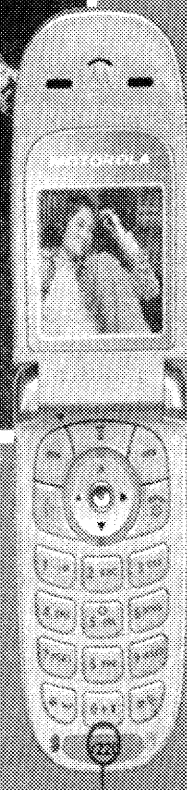
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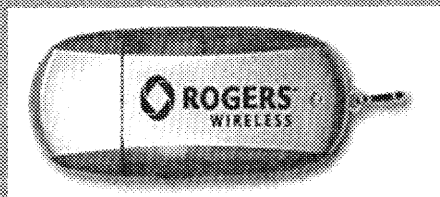


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ROAD**
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488-6622

OR FOR MORE
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A Day As NAITSA Prez.

GREG Walker

What does NAITSA President do? I say nothing. I know that we have one; it is shoved down our throats the first few weeks of school. Now that we know we have one, what is on their schedule each day? I never knew any of the previous ones to find out what they do, but I actually know our current one, Dwayne ‘Dexx’ Williams. Now seeing his regular activities throughout the day by myself and other students I know, I’ve come up with a daily schedule that I think mimics Dwayne’s days as a NAITSA president.

7:00 a.m. – Wake up head to bathroom. Practice my “model” smile in the mirror. I need to get it down perfect because the girls love it.

7:30 a.m. – Take can of spray paint and paint shirt on chest. Since the lowest size the GAP has to offer is petite, this is the closest I can get for a tight-fit shirt.

8:15 a.m. – Leave bedroom aka NAITSA office. Walk out, and then back inside. I must keep up the illusion that I actually live outside the school. What most don’t know is that I live at NAIT and I need to dispel the rumors that people have yet to see me take the bus or drive a car to school.

8:45 a.m. – Walk around school and greet unknown students. If there are a group of girls that I don’t know, make sure to introduce myself, tell them I am the NAIT president, flash them that “model” smile, and give them my number. If any guys approach me that I don’t know, pretend that I am an exchange student from Africa.

10:00 a.m. – Walk around the business tower. Be sure to carry books to appear that I go to classes. I’m the NAITSA president; I don’t have to do shit. Oh and don’t forget to flex muscles when walking.

11:30 – After routinely telling people that changing any sort of policy is “Out of my hands,” cool off

with a V8 splash and a snickers. I need to maintain this chiseled body of mine.

12:00 p.m. – It’s lunchtime. Go to the common market and mingle with the people that know me. If I need a favor (which I wouldn’t, I’m the NAITSA President!) just flash them that model smile that I do so well and have them do my bidding. They’re all just puppets on a string to me.

1:00 p.m. – Go to janitors’ room and borrow one of the blue buggies. Drive it around the school for a few hours. Try to beat my best lap of 9:18:844.

3:00 p.m. – Look at self in locker mirror. Psyche self up for that important NAITSA meeting. “You the man Dexx! You can handle anything! Stay one-step ahead of them! The world is your oyster!”

3:30 p.m. – Attend meeting. Flash the model smile, then leave. I’m the NAITSA President, That’s justification enough.

4:00 p.m. – Call the school day quits, and return to bedroom/NAITSA office. Since you’ve had a busy day, fix some Kraft dinner and watch season 5 of FRIENDS. That Ross is quite the card!

8:30 p.m. – Head off to bed. You need your beauty sleep since you have to repeat the same routine everyday until the end of May.

Okay, Okay. Maybe I *did* exaggerate in a *few* places, but I think that it is accurate as to what all the previous presidents did during their run. Well, with the exception of spray-painting a shirt on their chest. Dwayne, we’ll go shopping together one day for a shirt your size.

Student SUCCESS Seminars

Presented by The NAIT Student Counselling Centre

(Seminars are free and pre-registration is not required)

“Time Management, Managing Procrastination”
Sept 29 • 11:15, 12:15 or 4:30

“Stress Management”
Oct 5 • 11:15, 12:15 or 4:30

“Exam Writing, Managing Exam Stress”
Oct 6 • 11:15, 12:15 or 4:30

All sessions are in Room X111

Volunteer Opportunities at NAIT

Shinerama is seeking volunteers to help out on Sat. Sept 25 with our annual Shine Day. This event is a great way to meet people and support a worthwhile cause! Contact Shannon at naitsave@nait.ab.ca for more details!

The **Student Award Office** is on the look out for a second year student to volunteer 3 to 4 hours per week assisting new students in the navigation of the NAIT student award process. For more details about this unique opportunity to help others, contact Sabrina Johnson at 491-1339, for more details.

The **Campus Crime Stoppers Program** is looking for volunteers to serve in leadership roles with their board of directors. Get involved and help make your campus safer for everyone! Contact Peggy at 471- 8655 for more details.

NAITSA Volunteer Centre

Contact Information:
Shannon Marshall 491-3966
Or email at naitsave@nait.ab.ca

I Volunteer

What is Shinerama? Shinerama is a student-driven fundraiser, which benefits the Canadian Cystic Fibrosis Foundation. Students here at NAIT have been hosting this unique fundraising event since 1968! So far students have raised over \$380,000.00 to help with CF research in Canada. Contact Shannon at the NAITSA Volunteer Centre in E-131 if you would like to volunteer at this event!

More Volunteer Opportunities in your Community..

The **Cross Cancer Institute** is seeking volunteers for positions that require an ongoing commitment. For more information contact Shannon in E131.

The **Millwoods Welcome Centre for Immigrants** has volunteer positions open currently for an administrative assistant and an accounting student. For more information about this volunteer opportunity, contact Shannon in E 131

Volunteer Opportunities In Your Community

The **Association of Adult Day Support Programs** is looking for **Program Volunteers** to help support and enrich the lives of their clients. For more information about this volunteer position, please contact Donna McMurray at 434-4747, or stop by the NAITSA Volunteer Centre.

The **City of Edmonton** needs volunteers to facilitate a one-day brainstorming session, on Sept 22. If you are interested or would like more details, please contact Shannon via email at naitsave@nait.ab.ca

The **Parkinson’s Society of Alberta** is now recruiting volunteers to help out with their Superwalk on Saturday September 25th at Rundle Park. Volunteers are needed in a wide range of different positions; please see Shannon for more details.

The **Canadian Breast Cancer Foundation** is currently recruiting volunteers for their 13th annual CIBC Run for the Cure event on October 3rd. See the NAITSA Volunteer Centre for more details around this exciting event.

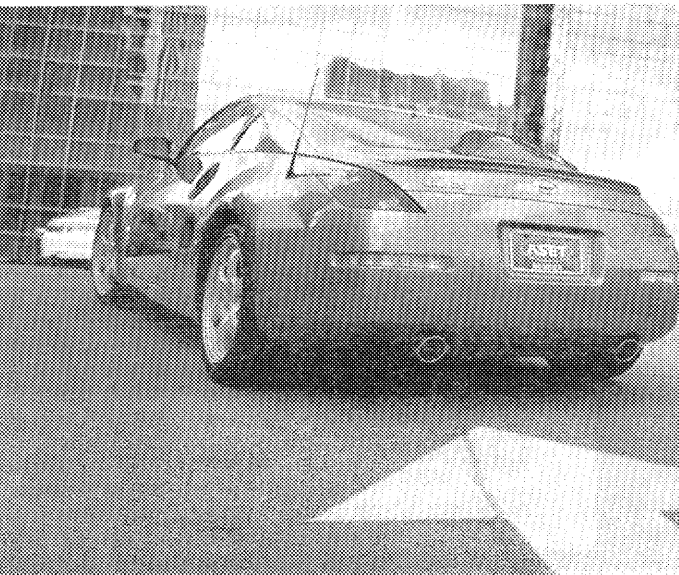
Volunteer Opportunities at NAIT

Once again this year, NAIT will play a significant role in the **United Way Campaign**. This month-long fundraising drive provides program funding to many non-profits organizations within the City. United Way activities kick off in October. If you would like to help, contact Rebecca at 378-5012

Come out and volunteer at the **NAIT Homecoming Weekend 2004!** This is a great opportunity to network & get to know some of NAIT Alumni! Contact Jason at 471-8862 for more details!



The **NAITSA Volunteer Centre** wishes to thank the many hard working volunteers who braved the wicked weather over the week, prior to OOKFEST to help with set-up & clean-up. Your commitment to making this event a success is very much appreciated by all the organizing staff.


Quote of the week:
Volunteers...
ordinary people, extraordinary
contributions.
Anonymous



Take your career to the next level.

If you're a technician or technologist, The Alberta Society of Engineering Technologists can give you the professional certification many of the best employers demand. ASET certification is the best move you can make if you want to take your career to the next level. To find out more, visit aset.ab.ca or call 780.425.0626



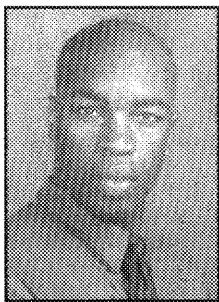


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A Year of Free Donuts!

Dwayne Williams



NAITSA President

Another year of free donuts was kicked off last week by the first meeting of General Council. For those of you new to the school let me explain what G.C. is! General Council is when the technology representatives come together and let us, the NAITSA Executives, know about issues different areas of the school need to talk about.

Our most recent General Council meeting occurred on September 14th. During our first meeting of the year, issues such as locker theft, security around campus, wireless connection problems, microwave issues, and much more, were discussed.

Executive members of NAITSA proceed by addressing each of these issues and deliver answers

at the following G.C. meeting. (General Council meets every 2nd Tuesday). Collectively, we met with NAIT President, Dr. Sam Shaw, and his executives to discuss issues around campus. We were then given a response on the security issue you can hear at the next G.C. on September 28th, or from your respective technology representative.

General Council is an awesome way to let us know what kind of problems you are having around campus. If you are unable to attend, please make sure to let your technology reps know so they can voice your comments on your behalf!

The next "donut" event will be held on Tuesday, September 28, 2004. The location is room X107 (by Second Cup and Reads and Needs), the start time is 5:00 P.M.

Hopefully we'll see you there!
-Your **NAITSA Prez**

Questions? Concerns?
You can contact Dwayne at (780) 471-7608 or at dwaynewi@nait.ca

Vice President of Student Affairs Position Update

Aleesha Jex



As VP Student Affairs, I deal with communication and academic issues. With that said, if you have posters to place on our poster boards, make sure they are stamped first. If you are putting up posters without having them stamped first, we will take them down. It is very important that we try to keep our poster boards as clean as possible. The easier they are to read, the easier it is for you to get the information you need.

Another area of communication I deal with is the Nugget, your student newspaper. If you would like any articles to appear in the Nugget, you must speak to our Editor-In-Chief, Collin Perillo. You may also submit articles to nuggetsubmissions@hotmail.com. My role is more the publisher of the Nugget. Keep in mind that if you have any letters to the editor, you can email them to nuggetletters@hotmail.com. For those of you who have grapevines, you

can email them to nuggetgrapevines@hotmail.com.

Always remember, if you need someone to talk to in regard to a student grievance, drop by my office (E131). Also, as I said last week, if you are interested in making major decisions around NAIT on behalf of other students, drop by my office (E131). We need students to sit on NAIT's Academic Council. On Tuesday, September 28, at General Council, we will be voting on students to sit on Academic Council. Once you have been voted in, we will be meeting each month for two hours during lunch. In the past, we have brought many items to the table. Examples include: granting degrees, appropriate location of smoking areas on campus, instructor feedback systems and more.

Aleesha Jex
VP Student Affairs

Questions? Concerns?
You can contact Aleesha at (780) 471-7607 or at aleeshaj@nait.ca

Vice President of Finance and Administration Position Update

Elaine Devine



changes so everyone should be there.

The Meet and Greet is open to all students who want to run fundraiser and it is a great way to get to know other students from NAIT. The Meet and Greet is on October 9th. Keep your eyes on the Nugget for more information.

Have an excellent week!

Elaine Devine
VP Finance and Administration
471-7609
edevine@nait.ab.ca

Hello, everyone. I would like to thank all my cashiers for working OOKFEST, all your cheques are ready to be picked up in the NAITSA Office. I would especially like to thank Leanne Garand and Michelle Falkenberg for working the whole event.

Just a reminder that Shinerama Shine Day is Sept.25 so if you have not signed up to volunteer yet, your time is running out, you can also show up at the Nest on Shine Day and we will sign you up then. I don't think anyone wants to miss out on the chance to win a car. So stop by the NAITSA office and we will sign you up to volunteer.

Thanks to everyone who showed up for our first General Council on Sept.14 and don't forget the next General Council is on Sept.28. We hope to hold the first reading of some possible by-law

Wanted

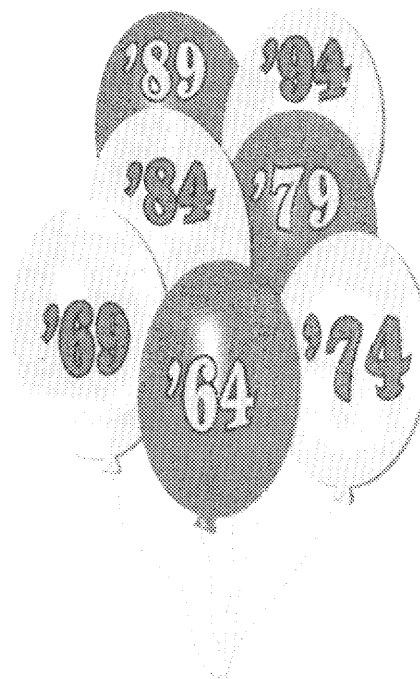
Two students to sit on NAITSA's publications board.

For more information drop by E131 or call Aleesha for details at (780) 471-7607

Join us for NAIT Homecoming 2004

October 1 - 3

You don't want to miss out on the fun.



Get Involved Today!

- Welcome Reception
- Classes without Quizzes
- Campus Tours
- Gala Banquet & Dance
- President's Brunch

All NAIT staff and students are invited to attend or participate as a volunteer. This year the graduating classes of ... 1964 • 1969 • 1974 • 1979 • 1984 • 1989 and 1994 will be honored.

For more information or to purchase tickets contact the Alumni Office at (780) 471-8539 or drop by the office in Trailer 3.

The Official Student Newspaper of



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Edmonton, Alberta
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Fax: 491-3989

E-mail
editor@thenugget.ca

Editor-in-Chief
Collin Perillo

Production Manager
Darrel Gregory

Advertising Manager
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Distribution Manager
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The Nugget encourages submissions.

Visit: www.thenugget.ca

THE DEADLINE IS
12:00 p.m. on the first school day of the week.

All submissions must be accompanied by your name & student ID number

The opinions contained in The Nugget are the opinions of the individual writers and do not necessarily reflect the opinions of the Nugget staff or NAITSA. The Nugget reserves the right to edit letters and viewpoints for brevity.

Cleaning Out the Closet

LAURA Johnston

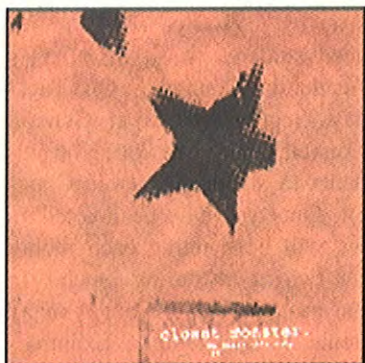
"America does not go abroad in search of monsters to destroy. She is the well-wisher to freedom and independence of all. She is the champion and vindicator only of her own."

-- John Quincy Adams (1767-1848)

Although times have certainly changed, I think it's a good thing Mr. Adams was never aware of the hypocrisy that resulted from his famous quotation. America has undoubtedly 'shot herself in the foot' a few times since his lifetime. In recent years, President Bush has led his country into a frightening age through his constant international blunders. We often wonder how he got away with many of the actions he took. Ever since 2001, there have been very few times when even his own country hasn't pointed their fingers in his direction.

The United States is littered with democratic, anti-Bush bands,

especially in this electoral season. I, for one, enjoy this kind of political satire, but it always manages to take on a very Americanized perspective. At least, that was my thought process until recent



days when something caught my eye. Finally, I'd found it: Closet Monster - A Canadian band that assimilates my never-ending loves of music and political interrogation.

During the summer of 1997 in the small town of Ajax, Ontario, the concept of one of Canada's

most influential punk bands was formed. Immediately after formation, they began touring the country and letting all corners of this great nation hear their liberal words of wisdom. This included several trips to the City of Champions. As a left-wing political activist band, they strive to ask the questions no one thought to ask, much like a Canadian version of NOFX or Anti-Flag. In 2001, they became one of the three founding bands of the "Toronto Collective Music Force Underground Operations." Their ethic: "To do what we want with our own lives and follow the dictates of our own perceptions and agenda. That is what punk rock means to us. This is the story of Closet Monster in brief - one more band, one more dream."

Their brand new album, "We Rebuilt This City" has followed a long tradition of Closet Monster aggression. The three full-length albums and two EPs that pre-

ceded it act as a political timeline of the past seven years. The lyrics follow the fall of former President Clinton and continue to tell the outrageous shannanigans of America's current leader.

If the album doesn't turn your listening space into the true Closet Monster experience, you can always catch them on October 4th at Red's, touring with Alexisonfire, Moneen, and Hopesfall. There have been very few must-see punk shows

in 2004, so make sure this one gets marked on your calendar.

<http://www.closetmonster.com>



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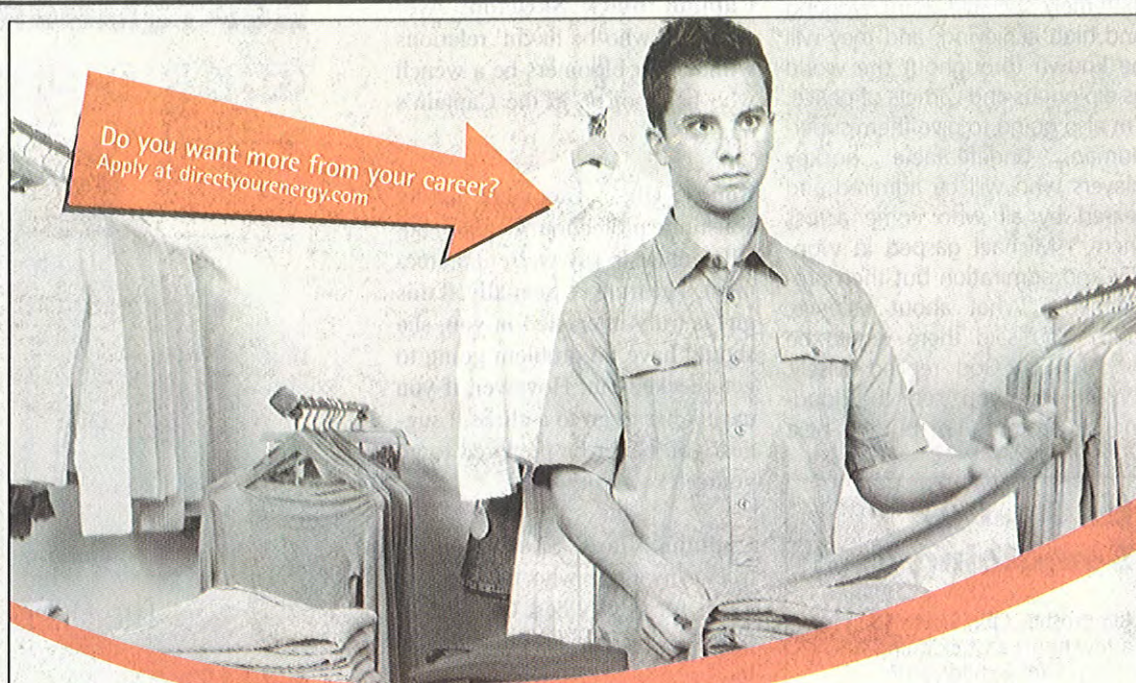
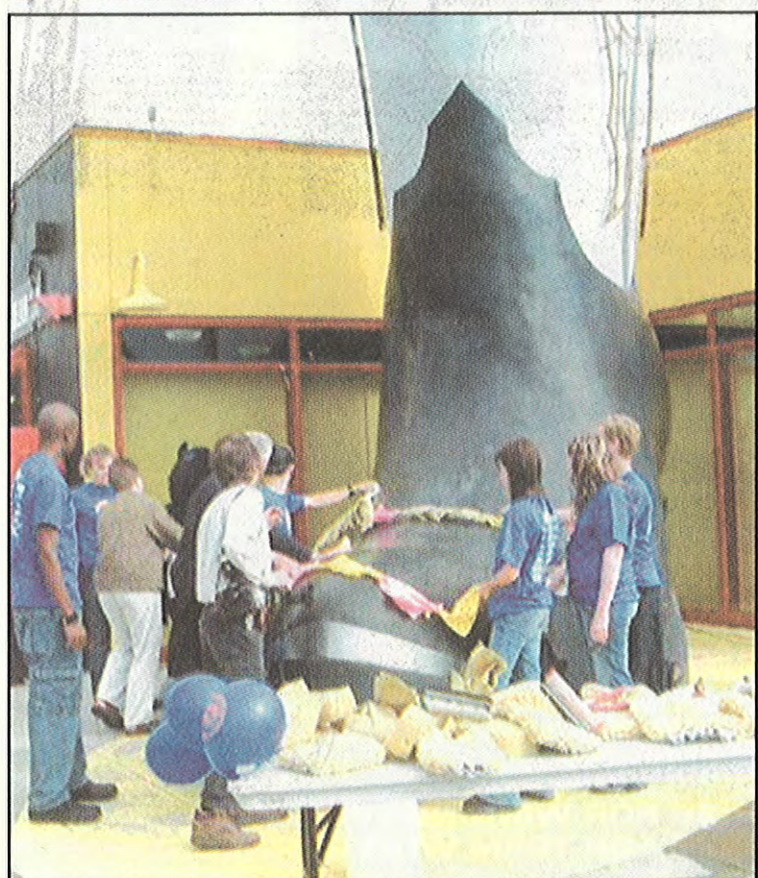
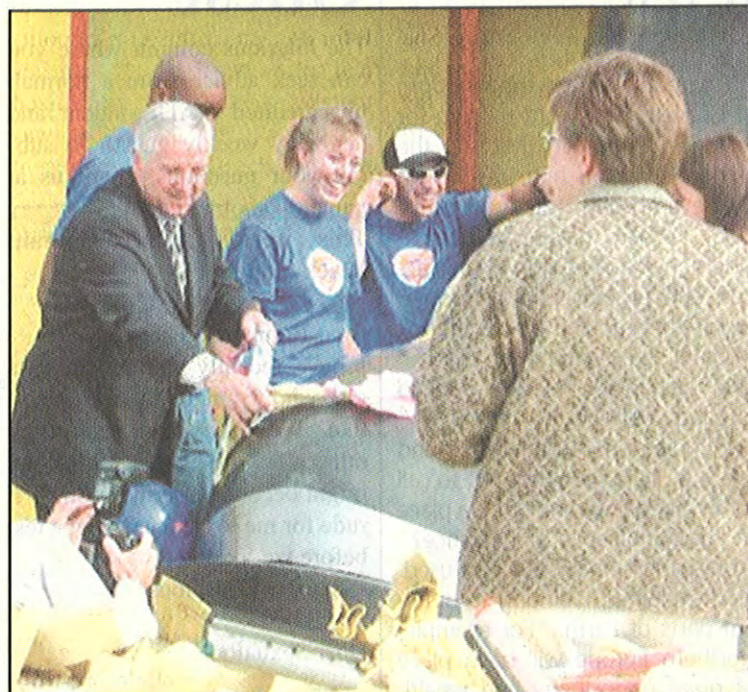
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Jokes from the Isles

Once upon a time in the Kingdom of Heaven, God went missing for six days. Eventually, Michael the archangel found him, resting on the seventh day. He inquired of God, "Where have you been?" God sighed a deep sigh of satisfaction and proudly pointed downwards through the clouds, "Look Michael, look what I've made." The archangel Michael looked puzzled and said, "What is it?" "It's a planet," replied God, "and I've put LIFE on it. I'm going to call it Earth and it's going to be a place of great balance." "Balance?" inquired Michael, still confused. God explained, pointing to different parts of Earth, "For example, Northern Europe will be a place of great opportunity and wealth while Southern Europe is going to be poor. Over there I've placed a continent of white people and over there is a continent of black people," God continued, pointing to different countries. "This one will be extremely hot and arid while this one will be very cold and covered in ice." The archangel, impressed by God's work, then pointed to a large landmass in the top corner and asked, "And what of that one?"

"Ah," said God. "That is Canada, the most glorious place on Earth. There are beautiful mountains, lakes, rivers, streams and an exquisite coastline. The people from Canada are going to be modest, intelligent and humorous and they're going to be found traveling the world. They'll be extremely sociable, hard working and high achieving, and they will be known throughout the world as diplomats and carriers of peace. I'm also going to give them superhuman, undefeatable hockey players who will be admired and feared by all who come across them." Michael gasped in wonder and admiration but then proclaimed; "What about balance, God? You said there would be BALANCE!" God replied wisely. "Wait until you see the loud-mouth bastards I'm putting next to them...."

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Dear Bonny and Guest

The hilarious column where you can seek advice from a normal, unaccredited NAIT student and her zany weekly guest! To submit your questions, email us at jannett8@hotmail.com

This week's guest: Captain Black Skeleton

Dear Bonny and Guest, I have recently started dating a girl who I am really starting to like. We have only seen each other a few times, but I think sex might become an issue soon. Is it rude for me to ask her to get a test before we 'do it'?

-Sexually Conscious

Dear Sexually,

Bonny: Good for you for being a big man in this situation. Not many people would have the foresight to ask a partner to be checked for STDs.

Captain Black Skeleton: Arrr! Ye be a fine gent, Sexually! If ye be courtin' a new lass, ye best be checkin' for barnacles on the undercarriage!

Bonny: Um, well that was crude, but Captain Black Skeleton is right. The truth is, going to a clinic is an important step in any relationship. It can provide both partners some piece of mind, especially if either partner has engaged in unprotected sex.

Captain Black Skeleton: Aye! A wench who be havin' relations without her bloomers be a wench who best not be in the Captain's quarters!

Bonny: Uh... 'Bloomers' hardly constitute protection, Captain, but I'll venture to say we're in agreement. The truth is, Sexually, if this girl is truly interested in you, she should have no problem going to get checked out. However, if you expect her to go to a clinic, I suggest you better be prepared to go yourself!

Captain Black Skeleton: 'Tis true! Any mate who be checkin' a lass for scurvy best be checkin' his peg leg for termites or the like!

Bonny: If by 'peg leg' you mean penis, then I guess we agree in this situation as well, Captain. Good luck, Sexually. I'm sure you won't have any trouble.

Captain Black Skeleton: Arr! Go in good spirits, lad! I wish ye many bountiful relations to come!

Snowboarders Suck

JENNY Annett

What the hell. Can you believe this place we live in? The other day, I get up and look out my window, and what do I see? Yeah, I know you saw it too... SNOW! G*D D*MN SNOW! If there is one thing I wouldn't save in a fire, it would be snow.

It's not what you think. My detestation for snow does not stem from a hidden childhood memory of being trapped in those death mounds known as forts. It doesn't even come from the fact that snow is, well, its cold! My hatred for snow begins and ends with one thing: snowboarding.

Okay, I can already see the angry mail piling up in my email account. I know most of you are snowboarders and the very mention of hate in the same sentence as snowboarding makes you vomit and poop instantaneously, but I sincerely and utterly do not care. The sport of snowboarding is dead to me.

The demise began when I showed up on the hill, all geared up and ready to go. Looking around, I felt like a social misfit. It seemed I had found myself in a different world, where 'riding the park' didn't

mean slides and swings. I was terrified. My girlfriend assured me that no one would make fun of my Technicolor snowboard, or "Pukefest '99", as I liked to call it. She was wrong. I was the butt of every joke on the hill. I could hear snickers and comments from every direction. "What are those, stock bindings?" I heard one guy say, "Doesn't she know she's a big loser and we hate her face?" The trash talk was devastating. However, being an optimistic, I decided to get out on the hill and give it a go anyways.

With board and crappy bindings in hand, I was determined to be that chick that all the guys talk about. You know, like, "Hey, man! Did you see that awesome chick do those twirleys and twistaroonies? She's so hot! I totally want to buy her things!" Unfortunately, I had to come to grips with my horrible reality. Guys don't talk about girls who take out five children coming off of the chair lift. Wait, yes they do... But it's more like a cruel taunting if anything... At any rate, my snowboarding skills were less than stellar. Who knew 'slicing' could be so hard. (Oops, my brother just told me it's called

'carving'. My bad). All you do is end up on your knees and ass! I can do that on my own time, but I think it would be called something else altogether...

After trying all day, the carving just wasn't happening. Losing confidence, I started to make my way back into the chalet, until I was stopped by a little voice in my head, "You can do it. Just try one more run," it whispered. Being a person who usually listens to small voices, I went towards the chair lift. The ride up was peaceful, almost motivational. I started to convince myself I was doing the right thing. "You're a good carver, Jenny. See that guy down there being carried down on a stretcher? That's definitely not going to happen to you." The chair creaked its way to the top of the hill, and I eased myself towards the runs.

At the top of the mountain, I was in good spirits. I realized I hadn't been to this hill yet and I had a new feeling of 'YES I CAN' pumping through my body. I chose a route that I thought wouldn't be too harsh and began

continued on back page

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ARIES

Drinking style:

Impulsive Aries people like to party and sometimes don't know when to call it a night. Their competitive streak makes them prone to closing time shot contests. They're sloppy, fun drunks, and they get mighty flirty after a couple tipples. Getting Aries people drunk is a good way to get what you want out of them, should other methods fail. Aries can become bellicose when blotto, but they will assume that whatever happened should be forgiven (if not forgotten) by sunrise. They can be counted on to do the same for you -- so long as you haven't gone and done anything really horrible to them last night, you sneaky Gemini.

TAURUS

Drinking style:

Taurus prefers to drink at a leisurely pace, aiming for a mellow glow rather than a full on zonk. Since a truly intoxicated Taurus is a one-person stampede, the kind of bull-in-a-china-shop inebriate who spills red wine on white carpets and tells fart jokes to employers, the preference for wining and dining (or Bud and buddies) to body shots and barfing is quite fortunate for the rest of us. This is not to say that the Bull is by any means a teetotaler -- god, no. A squiffy Taurus will get, er, gregarious (full of loudmouth soup, some would say) and is extremely amusing to drag to a karaoke bar when intoxicated.

GEMINI

Drinking style:

Gemini's can drink without changing their behavior much -- they're so naturally chatty and short-attention-spanned that it's just hard to tell sometimes. They can amaze you by conversing with finesse and allusions, then doing something to belie an extremely advanced state of intoxication, like puking in your shoe. Gemini's possess the magic ability to flirt successfully (and uninfuriatingly, which is very tricky) with several people at once. They like to order different cocktails every round -- repetition is boring -- and may create a theme (like yellow drinks: beer, sauvignon blanc and limoncello) for their own amusement.

CANCER

Drinking style:

Cancer is a comfort drinker -- and an extra wine with dinner or an after-work beer or six can be extra comforting, can't it. Can-

cer darling? Like fellow water signs Scorpio and Pisces, Crabs must guard against lushery. Cancers are brilliant at ferreting out secret parties and insinuating themselves on VIP lists -- and, in true Hollywood style, Cancers are never really drunk; instead, they get "tired and emotional" (read: weepy when lubricated). But there's nothing better than swapping stories (and spit) over a few bottles of inky red wine with your favorite Cancer. Even your second-favorite Cancer will do. The sign also rules the flavor vanilla, and you'd be adored if you served up vanilla vodka and soda.

LEO

Drinking style:

Leo likes to drink and dance -- they're often fabulous dancers, and usually pretty good drinkers as well, losing their commanding dignity and turning kitenish. Of course, they're quite aware they're darling -- Leos will be Leos, after all. They generally know their limit, probably because they loathe losing self-control. When they get over-refreshed, expect flirting to ensue -- and perhaps not with the one that brought them. But Leo's not the type to break rules even when drunk, so just try to ignore it (try harder, Cancer) and expect a sheepish (and hung over) Lion to make it up to you the next day.

VIRGO

Drinking style:

Cerebral Virgos are compelled to impose order onto their bender. Their famously fussy quest for purity could lead to drinking less than other signs, sure -- but it could also lead to drinking booze neat, to sucking down organic wine or just to brand loyalty. They rarely get fully smashed up -- but, oh, when they do! Virgo's controlled by the intellect, but there's an unbridled beast lurking within, and they let it loose when wallowed. It's dead sexy (and surprisingly unsloppy). As one Virgo friend used to declare, "I'm going to drink myself into a low level of intelligence tonight." A toast to the subgenius IQ!

LIBRA

Drinking style:

"I'm jusht a social drinker," slurs Libra, "it's jusht that I'm so damn social?" Libra loves nothing more than to party, mingle and relate to everyone. Whether dipped in favor of Good Libra (with Insta-Friend device set to "on") or heavier on the Evil Libra side (they are little instigators when bored), the Scales can really work a room. Charming as they are,

Libras are notoriously lacking in self-control, however, which can get them into all sorts of trouble -- including wearing their wobbly boots waaaaay too early in the evening, flirting with their best friend's beau or even blacking out the night's events entirely. Oops!

SCORPIO

Drinking style:

Don't ever tell Scorpios they've had enough, for they'll smirk at you and quietly but intentionally keep tipping till they're hog whimpering drunk, out of 100-proof spite. Scorpios like to drink, and screw you if you have a problem with that. Most of them see the sauce as something to savor in itself, and not as a personality-altering tool -- though if depressed, or self-loathing Scorpio seeks total obliteration. But generally, they're fascinating drinking pals, brilliant conversationalists and dizzying flirts. They also remember everything -- especially what you did when you were blitzed. Only drink with a Scorpio who likes you.

continued on back page

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Sept 24
HP Centre,
Courtyard between
WA & WB
Starts 3:30 pm

Classifieds

You know those great ghost stories and urban legends you used to tell around the campfire? WE NEED THEM! NAIT Radio and Television needs a spooky place and a true story for the new N-Vision series airing on Shaw Cable this fall. If you would like your story featured, email Cassandra and Amanda at cburge2@ookmail.nait.ab.ca or call us at (780) 445 - 4102. Thanks.

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Sun, Oct 3/04. 10 am - 4 pm. Edmonton Aviation Heritage Centre. 11410 Kingsway Ave. Collectibles—Memorabilia relating to music, sports, movies, TV, comic art, brand names, automobiles, etc. Fred: 487-3195

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1991 HONDA CCORD LX for Sale. 1991 (Sep 1990) Honda Accord LX; 2 door; 5 spd, 300,000 km. New tires and battery; CD player; runs well; low gas mileage; \$2,300 OBO. Call 434-1725 after 5 pm.

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To get involved visit the NAITSA Volunteer Centre!



Volunteers Needed

on September 25, 2004

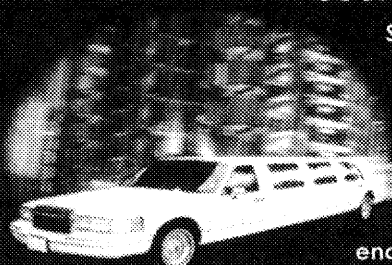
Duties Required on Sept 25:

- Free breakfast eats in the Nest
- Get free swag
- Be entered to win the Shine Mobile- 5 times
- And then... a celebration Shiner Party kicks off in the Nest
- Drink discounted 'beverages' @ the Nest
- Exclusive Shiner Rock Concert @ 7:30PM
- only one way to find out who's playing the stage... be there!
- Then jet from the Nest to Rum via limousine
- Red carpet treatment
- Receive complimentary gift bags sponsored by Rum
- Transported back to NAIT by limo

Rum

Sounds to good to be true?

So there's got to be a catch, eh... OK, I guess your right. All you have to do is volunteer 5 hours of your time on September 25 (after breakfast- but before the party) to wash cars and shine shoes. Doesn't sound so bad now does it. Actually, it's not really live volunteering... is it? And at the end of the day, it's a fundraiser for the Canadian Cystic Fibrosis Foundation!



If your drinking... who is driving?

NAITSA
Students Serving Students

Ooks Light The Lamp In Pre-Season Hockey Series

TREVOR Elliott

The men's hockey team opened their pre-season this week in true Ook style as they doubled up on the Augustana College Vikings 4-2 at Augustana last Friday night and showed no mercy as they ran the score up to 11-5 on Saturday night at the NAIT Arena.

Friday night's game was played primarily as a gauge to test the rookies trying to make the cut this year. The Ooks currently have 30 players on their squad and Coach Terry Ballard hopes that he can cut his squad down to 25 players after NAIT's Blue-Gold Tournament next weekend. Several rookies played extremely well this past weekend which will put the Ooks' coaching staff at its wits end to decide which players to keep going into the upcoming season.

Saturday night's game was extremely well played by the team's veterans. Ray Smegal scored a short handed goal and added two others to complete his hat-trick. Cody Machney assisted on three Ook goals and Ryan Yar-

much scored and added two helpers before receiving a game misconduct midway through the third period for fighting. Cord Harvey was also ejected in the game's only other fight. Tim Barlow and Marc Alain combined efforts for Saturday night's victory.

The team played very aggressively Saturday night which supports Coach Ballard's style of game. Ballard is looking for a tough, gritty team this season and feels that they are already well on their way to making the team a contender this season. Ballard feels that a league championship is very attainable and the team has the skill and experience to help them reach that goal.

The Ooks host the Blue/Gold Tournament at the NAIT Arena this weekend. The Ooks face Augustana tomorrow night at 7:30pm. The Ooks then face GMCC at 7:30pm Saturday night and Concordia University College 4:30pm on Sunday. Admission is free when students show their Student ID cards.

Ook Of The Week

Mario Dolanjski

TREVOR Elliott

The Ooks men's soccer squad, currently tied for first spot in the league, has a collection of players with various playing experiences and backgrounds. One of the most interesting of those players is possibly team captain, and central defender, Mario Dolanjski.

Mario is a returning Ooks player; however, his story is quite unordinary. Dolanjski returns to the squad after an eight season hiatus. Mario played for NAIT when he was a Business Administration student here back in 1996 before leaving to work for an accounting firm. Mario is the oldest and most experienced of all NAIT soccer players this season. Dolanjski returns this season for his second year of accounting which he plans to follow up with an applied degree in accounting. Mario's career goal is to enter the Certified General Accounting program

Mario has played the sport of soccer since he was 12 years old when he started his career with Juventus. Mario played in the provincial ranks throughout his younger career playing for Team Alberta two years in each of the Under-13, Under-15, and

Under-17 age categories. Dolanjski played in both the Western Canada Summer Games and the Canada Summer Games in 1995 when he captained the squad that was coached by NAIT coach Graham Wood.

Captain Dolanjski continues to bring his past experiences as an Ook to this year's team. He loves the atmosphere that the team exudes and loves the positive attitude of each of his teammates. Dolanjski boasts about the professionalism and outstanding personality of the college, the athletics department and the general management of the team itself. The ACAC soccer season only lasts for two and a half months; however, it was Mario's opinion that Coach Wood had done a phenomenal job in putting the team together and ensuring that everyone is on the same page.

Mario is quite confident that his team will be among the top four by the end of the season. He feels that the defensive play of the team is one of the elite groups in the league and that the team would be near unstoppable if they could find a way to score goals.

Soccer Ooks Continue To Struggle

TREVOR Elliott

The Ooks' men's and women's soccer squads opened their regular season last week and the results were quite similar to those of their opening weekend. Neither team has had much success this season which is quite surprising considering the skill present on both teams.

The men's team dominated the King's University College Eagles in a hometown match last Tuesday at Goldstick Park and went on to a 6-0 shutout victory. The team capitalized on many offensive chances and the squad got an outstanding effort from their defense.

Saturday afternoon, the Ooks faced the men from Grant MacEwan. With a win over the Griffins, the Ooks would have taken over first place in the league. The Griffins proved to be too much for the Ooks, however, as the men were defeated by their rivals by a 3-0 decision.

The men are now in a six-way tie for top spot in the league. The Ooks host hometown rival Concordia University College at home on Wednesday at 5pm in a game that could make or break their season. The men head to Grande Prairie, on Saturday, to play the Wolves in a match that the Ooks are expected to win.

season and find themselves at the bottom of their league standings after losing both of their matches this past week. The Ooks put up a good fight last Thursday in their home-opener; however, the women did not put in a full 90 minutes of effort and, as a result, were surprised by King's College 2-1 in a match they should have won. The women put on a lack-luster performance at home against hometown rivals GMCC on Saturday afternoon as they were outplayed 3-0 by the Griffins.

The women host Concordia University College on Thursday at 5pm at home and travel to Grande Prairie to play the Wolves on Saturday afternoon.

Ook Tracks

Men's Hockey

Last Week: Beat Augustana 4-2 Friday night and 11-5 at home on Saturday night.
Coming Up: The Ooks host the NAIT Blue/Gold Tournament and face Augustana on Friday night at 7:30pm, GMCC Saturday night at 7:30pm and Concordia at 4:30pm on Sunday.

Women's Hockey

Last Week: Lost at home to Red Deer College 4-2.
Coming Up: The Ooks host St. Albert on September 26th.

Men's Basketball

Coming Up: The Ooks host King's College next Tuesday at 8pm at home.

Women's Basketball

Coming Up: The Ooks host King's College next Tuesday at 6:30pm at home.

Men's Soccer

Last Week: Shut-out King's College 6-0 at Goldstick Park on Wednesday. Lost To GMCC 3-0 on Saturday. Played Concordia yesterday.
Coming Up: Ooks visit Grande Prairie on Saturday

Women's Soccer

Last Week: Lost to King's College 2-1 on Thursday. Lost to GMCC 3-0 on Saturday.
Coming Up: Ooks host Concordia tonight at 5pm. Visit Grande Prairie Saturday.

Badminton

Coming Up: Interlock #1 at Grande Prairie this weekend.

Golf

Coming Up: North Regional at Portage College on Saturday

NAIT Swim Team Tryouts

When: Starting Sept 27th, Mon, Wed & Fri mornings from 6:15 - 7:45 am.

Where: NAIT Pool (in the Activities Centre)

Who: Any student interested in competitive swimming
For more info show up at the pool for tryouts, or contact Jeff Riddle: 471-7605; jriddle@nait.ab.ca

Schedule Change

Women's Hockey

The Women's OOKs exhibition hockey game against St. Albert on Sunday Sept. 26 is at 8:00 pm — NOT 6:00 pm.

SPCA Dog Jog

School's in, and already you're feeling bogged down and lazy, but now is not the time to sit on the couch--your favourite companion needs some love and attention. Of course, we're talking about your dog. Get up, and take Rover for a walk on over to the Strathcona Science Park next Sunday, to help out a good cause. The Alberta SPCA is holding its 20th annual fundraising Dog Jog on Sunday the 26th, from 11:00 to 2:00PM, and the NAIT National Animal Health Clinic agrees the exercise is good for you.

"People with dogs have better physical health", says Shauna Lesick, Animal Health Technician, "and it's also important for the health of your pet". Lesick says all dogs need some form of activity, how much depends on their size and breed, but it is a good idea to get out.

Chelsea Draeger, the Fund Development Manager with the Alberta SPCA says they're expecting one-thousand humans and close to 700 dogs this year. "A lot of people

come without a pet", says Draeger, "and instead bring a stuffed animal or a picture and walk in memory of a dog".

The Dog Jog raised 50-thousand dollars last year, and organizers hope to bring in more this year with money going to humane education and enforcement.

If you're interested, it's free, and there's no need to pre-register, just have your pledge form in hand, and be ready to put out for one to three kilometers. Pledge forms can be picked up at the NAIT Animal Health Clinic, room X100 on the main campus, any Petsmart location, or printed off from the Alberta SPCA website <www.albertaspc.org>. Awards will be handed out for money raised starting with 75 dollars. The top fundraiser for the Edmonton/Calgary/Camrose events will receive a West Jet return trip for two! This year's event features a merchant's market, doggie demos, on-site micro-chipping by AVID Canada, concessions, and water for you and your dog. Have fun!

Alcoholoscopes

continued from p. 9

SAGITTARIUS

In vino veritas -- and, for Sagittarius, in booze blurtiness:

When buttered, they'll spill all your secrets and many of their own. Tactlessness aside, Sagittarius is just plain fun to drink with. This is a sign of serious partying (what else would you expect from the sign of Sinatra, Keith Richards, the Bush twins and Anna Nicole Smith?). They're the people who chat up everyone in the room, then persuade the entire crowd to travel somewhere else -- like a nightclub, or a playground, or Cancun. Good-natured hijinks are sure to ensue (including a high possibility of loopy groping; spontaneous Stag is a brilliant booty call).

CAPRICORN

Drinking style:

Capricorn is usually described as practical, steadfast, money-hungry and status-thirsty -- no wonder they get left off the astrological cocktail-party list. But this is the sign of David Bowie and Annie Lennox, not to mention Elvis. Capricorn is the true rock star: independent, powerful and seriously charismatic, not too eager to please. And if they make money being themselves, who are you to quibble? But just like most rock stars, they're either totally on or totally off, and they generally need a little social lubricant to loosen up and enjoy the after party, especially if they can hook up with a cute groupie.

AQUARIUS

Drinking style:

Aquarius and drinking don't go together that well (except for water, that is). They have an innate tendency toward know-it-allism, and if they get an idea while sizzled, they're more stubborn than a stain or a stone. If they're throwing a party or organizing an outing, however, they're too preoccupied with their duties to get combative -- and they make perfectly charming drunks in that case. Fortunately, they're usually capital drink-nursers. They also make the best-designated drivers (if you can get them before they start raising their wrist): Aquarius is fascinated by drunken people and capable of holding interesting conversations with soused strangers while sober.

PISCES

Drinking style:

If you're a Pisces, you've probably already heard that you share a sign -- and an addictive

personality -- with Liz Taylor, Liza Minelli and Kurt Cobain. Not only do Pisces like to lose themselves in the dreamy, out-there feeling that only hooch can give, but they build up a mighty tolerance fast. Who needs an expensive date like that? On the other hand, they're fabulously enchanting partners, whether in conversation or in crime. With the right Pisces, you can start out sharing a pitcher of margaritas and wind up in bed together for days. The phrase "addictive personality" can be read two ways, you know.

Snowboarders Suck

continued from p. 8

my journey. At first things were a little shaky, but I slowly began to form a rhythm. (*Lean on toes, lean on heels, lean on toes, lean on heels...*) I couldn't believe it! I was actually doing it. "HA! HA!" I cheered, "Bow down to your master, stupid mountain!" Things were going well. Too well. I zipped around the corner, and terror struck. MOGULS. They were *everywhere*. So I panicked, "H-hello? Uh, anyone? I-I'm stuck... I'm up here...I-I can't get down, there's um, moguls and stuff...You guys?" Of course, no one responded.

The way I saw it, I had two choices. I could take off my board and walk down, instantly becoming that loser that the people on the chair lift spit on; or, I could go 'balls out' (if I had something like that) and just do it. So I did it, I went down the moguls. Yes, I did. Then I fell and smashed my face. Yeah, I did that too. Oh, and then I sat the rest of the way down, flattening each and every mogul I could with my board and my very frozen behind, ruining the run and thus being banned from the hill for the rest of the day. Yup. That was me.

This horrifying experience taught me a valuable lesson: snowboarding is for chumps. Scarred by the ordeal, I vowed to never think about riding, never talk about riding, and definitely never write about riding ever again. I wanted the memories to be good and repressed. I was able to keep this promise until just the other day. There I was, just waking up, and what do you suppose I saw? What do you suppose caused all of that pain, humiliation, and suffering to come pouring back into my mind as a sea of emotion? Snow. That's right. If there is one thing I wouldn't save in a fire, it would be snow.

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