

FIXING ELECTIONS SINCE 1963.

# THE NUGGET

Thursday, March 11, 2004  
Volume 41, Issue 20

NAIT'S OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

# NAIT ATHLETES

UNSTOPPABLE!

Give me an  
"O"!...



Men's Golf - GOLD  
Men's Curling - GOLD  
Men's Basketball - GOLD  
Women's Curling - GOLD  
Mixed Curling - GOLD  
Men's Soccer - SILVER  
Men's Hockey - GOLD?

Men's Basketball go to Nationals  
in Kamloops March 18-20, and  
Men's Hockey plays for gold  
against Grant MacEwen.

# Are you're pots and pans making you sick?



**DANI Kent**

Some materials used to make pots and pans can enter the food we eat. Although most products in Canada are safe, some require the proper maintenance or else they could cause serious problems.

According to Health Canada, cook wear made of plastic or with non-stick coating present the greatest risk. Although usually safe, the problem with plastic is that it is not always used as originally intended. For example, if someone reuses a plastic dairy container to contain food, they must ensure that the food has cooled before storing it or the food may absorb some of the chemicals.

Another area of concern is that not all plastic bowls or containers are microwave safe (it will be stated on the packaging if they are). Again, if non-microwave safe containers are used to cook food in the microwave, chemicals in the plastic could seep-out into

the food. To reduce your risk, avoid using visibly damaged, stained or unpleasant smelling plastics and containers and never heat or store food in plastic containers that were not intended for food.

Contrary to popular belief, the compound for non-stick coating is chemically inert and will do no harm and individual if some of the material is ingested. What



is harmful is when non-stick cook wear is heated to temperatures greater than 350°C or 650°F. Health Canada states that, "This might happen if an empty pan is left on a burner. In this case, the coatings can give off irritating or poisonous fumes."

Health Canada also studied several other types of cook wear and found that none generally produce enough chemicals or compounds to do any harm.

## Get a grip on safe riding!

### NAIT Motorcycle Rider Training

NAIT is now offering hands-on motorcycle training, putting you in the rider's seat.

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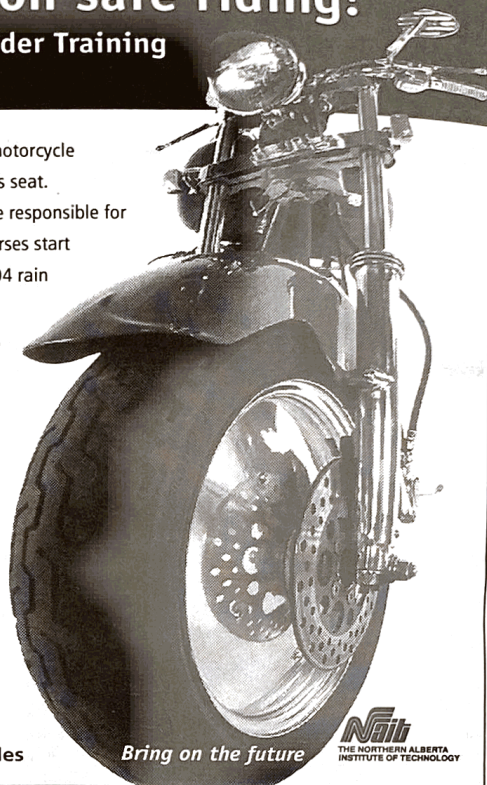
Fee: \$375

For more information, phone: 780.378.5000

or

email: [training@nait.ab.ca](mailto:training@nait.ab.ca)

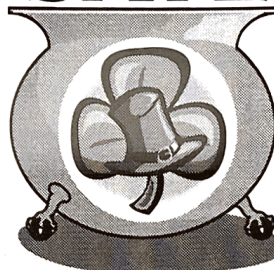
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**YOU MUST HAVE YOUR NAIT ID  
TO VOTE FOR YOUR FAVORITE IDOL**

# MONOPOLY Madness



ELAINE Devine

80 countries and produced in 26 languages MONOPOLY is the world's best-selling board game.

Charles B. Darrow from Pennsylvania made the first MONOPOLY game and showed it to the executives at Parker Brothers in 1934. The game was rejected because of "52 design errors", so Charles decided he would have to produce the game on his own. He sold 5000 handmade games to a department store in Philadelphia and people loved it.

The popularity of the game was too much for Charles to

**1. Top hat:** People who favor the top hat tend to be inconsiderate friends. They have a love of being in the spotlight, even if it means pushing their friends into the shadows. Top hat choosers typically keep company with people that they feel are inferior to them

**2. Thimble:** Those who chose the thimble are nurturing and tender friends. They are well-grounded people that care very much about the well being of others. Thimble choosers are good listeners, and can always be counted on to lend a shoulder.

**3. Dog:** Dog choosers are generous friends. They are sympathetic and loyal, and make great friends. Those who favor the dog token would give the shirt off their back, with no questions asked. Dependable and indulgent, expect to find a dog chooser helping friends move, giving relationship

**7. Iron:** Iron token lovers can be untrustworthy friends. They have a tendency to be two-faced, and talk about people behind their backs. Iron choosers thrive on gossip, and if there isn't anything juicy to talk about, they'll make up their own!

**8. Racecar:** Racecar token choosers are great fun! They're always looking for new and exciting things to do, and they bring this excitement to their friendships. Never expect a dull moment when spending time with a racecar lover. They don't sit still for very long, and will drag their friends along with them!

**9. Shoe:** Players who chose the shoe (or boot) as their token tend to create and maintain very close friendships. They generally have a small number of close friends, but consider those friends part of their family. Shoe players do not like to be the center of attention - but will strongly support a friend in the limelight. Some info found at [www.funnyjunk.com](http://www.funnyjunk.com)

## Habitat for Humanity & the Great Human Race

KEVIN Vachon

Every spring, walkers, runners and wheelchair participants converge at the University of Alberta's Butterdome to support their community. The Great Human Race is an annual 3km walk or 8km competitive race that encourages participants to raise money in support of their favorite non profit organization. All pledges are forwarded to the Great Human Race, who in turn, issues a cheque for 80% of each organization's collected pledges. The other 20% goes toward covering the cost of the event.

I have chosen to work as a fundraising coordinator on behalf of Habitat for Humanity. Habitat for Humanity is an international housing ministry that seeks to eliminate substandard housing worldwide by giving low income families a hand up. Habitat and its volunteers build houses with partner families, using donations from corporations, churches, service clubs, and individuals. Once the house is built the Habitat sells the house to the chosen family at no profit and with no interest mort-

gages. The family then assumes all responsibilities of ownership. Since 1992 Habitat has built 46 houses in northeast and central Edmonton, Stony Plain, Spruce Grove and Leduc.

The Great Human Race provides an excellent opportunity for non profit groups like Habitat for Humanity to raise much needed money for future projects. In order to do so people must come together in the spirit of giving and offer up pledges to support this once a year event.

It is my hopes that the staff and students of NAIT can become involved in the race on May the 8<sup>th</sup>. You can make a donation and raise pledges for Habitat by picking up pledge forms at the NAITSA office or by contacting Kevin Vachon at 428-6757 or by e-mail at [a\\_a@telus.net](mailto:a_a@telus.net). In the spirit of racing, I encourage everyone to make a team or compete alone, but to issue a challenge to others to see who can raise the most in pledges. Then enter the race or walk and settle the challenge out on the course. Your pledges will be benefiting a very exciting project and hey, you'll get a little exercise too.



[www.monopoly.com](http://www.monopoly.com)

handle on his own so he went back to the Parker Brother again, this time they offered to buy the game. Within the first year it was mass-produced in 1935 MONOPOLY became the best-selling game in America.

- Over 65years, an estimated 500 million people have played
- Over 200 million games have been sold world wide
- One game with gold and silver pieces sold for \$25,000 US
- Longest game 70 days straight
- Longest game in a bathtub 99 hours

### Friendship analysis MONOPOLY style

Which is your favorite monopoly token? Choose only one then match it below to read your friendship analysis.

1. Top hat
2. Thimble
3. Dog
4. Wheelbarrow
5. Battleship
6. Cannon
7. Iron
8. Racecar
9. Shoe

advice and loaning money.

**4. Wheelbarrow:** Wheelbarrow, players appear to be mellow and laid back friends, and have a strong desire to be accepted. They generally do not have very strong personalities, but may just surprise you. They are smart, thoughtful people and can be very influential in a subtle way. When they give advice, friends are very likely to listen!

**5. Battleship:** Battleship players are strong-minded and opinionated. They will say what's on their mind, sometimes without worrying about consequence. They can be a friend's strongest supporter - but if they disagree with you, be prepared to hear all about it! When a Battleship chooser gives advice, they expect you to take it!

**6. Cannon:** Cannon token choosers like to live on the edge, and treat their friendships that way. Often surrounded by large groups of people, the cannon player loves attention. Rather than devote a lot of energy to one or two people, they prefer to "share the love" with many of them.

## Save money. Big time.

Why buy a tower case at a big box store when you could get big savings right here? Here's proof:

### Tower Cases

	Seen at local big box	NAIT Tech Store price
ANTEC Lanboy - Aluminum with window and a 350W Power Supply	\$145.00	\$139.00
ANTEC Sonata ATX in Black with a 380W Power Supply	\$150.00	\$145.00
ANTEC SLK2600 AMB ATX with 300W Power Supply	\$98.00	\$85.00

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Bring on the future



# Pub Crawl Party!



DWAYNE Johnson

Loud music, alcohol, drunken people, and a night of partying...welcome to the life of a pubcrawl! For those unfamiliar with what I'm referring to—or just think I've hit my head on something—let me fill you in!

Basically someone decides they want to have a large group of

**...telling 110+ drunken people who have no jackets and are pumped with energy they can't have free pizza let alone go indoors caused some problems.**

people go from one bar to another having a crazy time. Sometimes free alcohol is given out, or a discount on drinks via drink tickets and/or wristbands. Travel is usually done in a school bus or if you're on a "fancy" crawl, you'll ride in one of the cool double-decker busses! All caught up? Good! Let's continue!

So last Saturday I'm invited on "Hot-Rod's" pubcrawl, a guy who seems to be pretty well known as far as crawls go. It is a friend's birthday and a group of friends and I travel down to "Ottewell Pub" by Whyte Ave, which is the place we will be departing from. (Side note I even ran into a friend from the Business Tower there, haha where'd ya take off to after BJ?!) Upon arrival we get ID'd by the bouncers there, which is quite funny since several of us spotted some seventeen year olds inside the bar that were also going on the pubcrawl...go figure. We are given candy necklaces and wristbands and then we talk with buddies before getting shipped out on the two school busses provided (in total there were over 110

people!)

First bar we arrive at, the New Rum, not bad, we get there at 10 o'clock or so. Basically we fill up the bar for the time being until more people arrive. Bump into some more NAIT friends and former high school friends, and then it's time to head off to the Globe.

The bus ride travels weren't too bad due to the free shooters that were being handed out. Now and then the occasional presence of "green smoke" could be detected as well! Globe was okay, we were let in the backdoor since there was a huge lineup in front of the club (those were some mighty pissed off people to say the least!) and given free highball tickets!

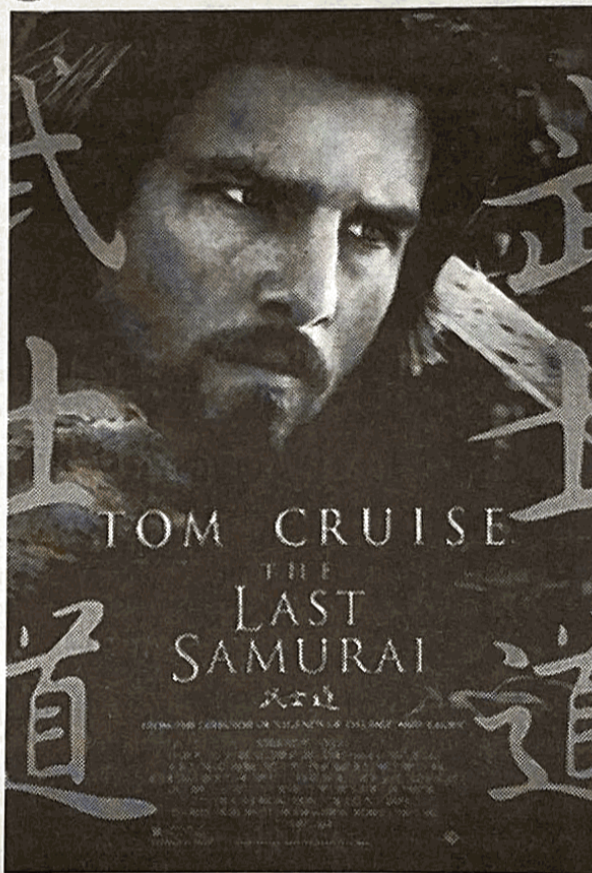
From Globe we travel through the core of the city to Tonic, one of the main bars on the southside (there's also "the Standard"). Tonic on Saturday's is always packed, and us arriving at 12:30 AM was no different, so once again we were given free drink tickets and let in the side entrance to Tonic. We all party there till around 1:30 before departing back to the Ottewell Pub.

Now this is when things got a bit spicy! The original deal is that we were to have a pizza party once getting back to the pub, but when we arrived there at 1:50 AM the owner refused to let us inside since "last call" was over (!!) Now telling 110+ drunken people who have no jackets and are pumped with energy they can't have free pizza let alone go indoors caused some problems.

People started shoving towards the entrance to get inside which led to the glass door snapping off at the entrance to the pub. Eventually people didn't enjoy being shoved into anymore and fights broke out all over. Eventually the owner told everyone the police had been called, and people dispersed.

So there's a little view of what the pubcrawl experience can be like for those who have never been on one. I've been invited to another one this Friday so maybe it will be better and I can shed light on a happier tale! Who knows! For now this will have to do, have a nice day!

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I'm back! I just came from a taping of Dr. Phil to be aired the first Thursday in April! Don't miss it! I've got some catching up to do:

**Dear Dr. Stu,**

My girls and I often go shopping before having a "ladies night" out, however lately one of my friends revealed that she liked me as "more than a friend." I

don't want this to ruin our group! I'm a normal hetero girl! What do I do?! - *Confused, but hmmm.*

**Dear Hmmmmin' and hahin',**

Tell her that THAT doesn't jive with you. If a buddy of mine said that to me, I'd be like, "dude, don't ever tell me that again, man,

**...lately one of my friends revealed that she liked me as "more than a friend."**

like EVER!" and I'd move on. Perhaps you are not as hetero as you say. Are you a bit intrigued? Are you more worried about what it will do to your group than what

it would do to the two of you? If it's an absolute "NO WAY HOSÉ", then say, "I think you're cool, but I'm not into that." She'll be cool with a response like that. If you are kinda on the fence, then maybe jokingly tell her that "one day we'll get loaded enough to hook up, but don't get your hopes up." See where it goes. Oh, and call me when shit's goin' down. Hehe.

**Dear Dr. Stu,**

I recently had sex in the business tower, but I think the condom broke! I told the guy I was with to just forget about it, but I'm late now! I don't even remember his name! What should I do?! - *Possibly Pregnant*

**Dear Possible Puss,**

Reasons I don't care? You're a ho, for one. Do you remember what he looks like? Perhaps you can find him wandering the

hallways between classes, or screwing someone else in the tower? I feel sorry for your future kid. Yeah, yeah, I'm judging, but whatever.

**Dear Dr. Stu,**

Like most guys I enjoy "chokin' the chicken" from time to time with a good Playboy. However I actually prefer to use the magazine instead of my hand! Does this make me a freak? - Paper Cut Pete

**Dear PCP**

Men have been known to use anything and everything that resembles some sort of deep abyss. I don't think you're a freak, just use your head. Stay away from the really thick mags like the Sears Christmas Catalog or the Yellow Pages. Severe injury can ensue when opting to use those tools. I'm not proud of it, but 3 Billion people can't be wrong. Peace out.



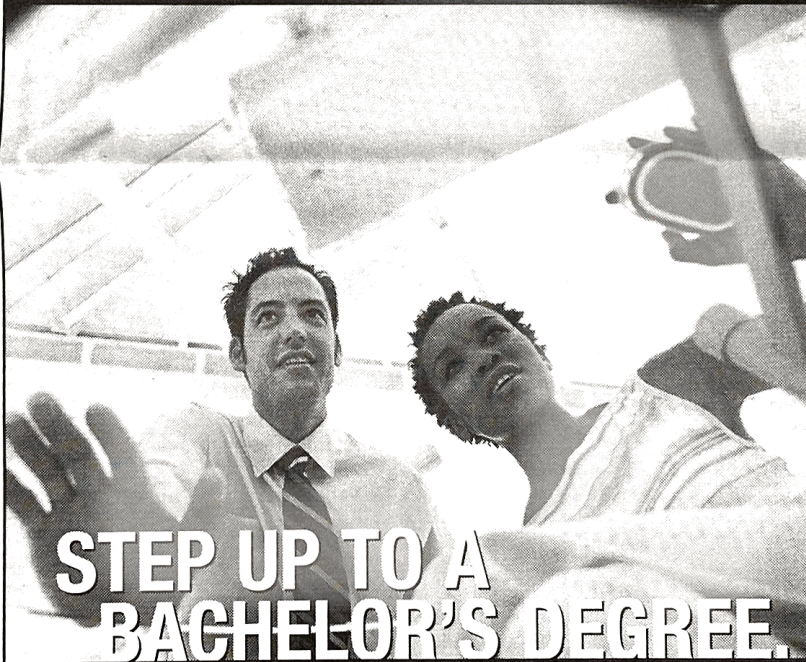
I would just like to say the students of the Engineering Annex are now immune to 90 poisonous gases, due to being forced to use the LOO's. Loo's also kill many bacterial infections, believed to be due to decreased O2 levels in the general area giving the body's defenses time to kill the Bacteria.  
The Loos by A.E.

The bathrooms in the Engineering Annex are absolutely disgusting. It stinks like sewer when you walk in and none of the toilets and sinks have been actually cleaned in forever. I'm sure the floors don't get washed either. I've seen janitors in the bathrooms, but they don't seem to actually clean....just refill the toilet paper and paper towel.  
Disgusted with Dirty Bathrooms

to the marketing genius that came up with the "illumiNAIT" and the "nomiNAIT" advertising campaigns, you left out the best one... ever think of trying to "faciNAIT your mind" now and then? yea, you can quote me on that one. Heh, marketing, what a joke!

The state of parking at this school is atrocious. The snow melted a few weeks ago, and the roads [if one could call them that] showed their true form, as more decayed than Darth Vader's dilapidated left hand. I'm certain that I was not the only one who recived a surprise at the derby-style driving from the sudden appearance of these putrid bog-holes in the ground. Fix it. This means re-paving the problem segments, which is probably half of the rubble surface within school boundaries.

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student ID number

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The Nugget reserves the right to edit  
letters and viewpoints for brevity.

# Ooks are Soaring!

## Basketball



**JUSTIN Huculak**

Last weekend the Ooks played their best basketball of the season and it showed on the court as they beat the Lethbridge Community College Kodiak's in two straight games 115-70 and 116-86 in the ACAC quarter-finals.

Game one went on Thursday and the Ooks applied constant pressure on the Kodiaks with a full-court press that made more turnovers than a Danish bakery on a Sunday morning. Seven minutes into the game NAIT had piled up a 22-8 lead and never looked back. After the first half the Ooks held a 58-29 lead, while Jay Damery lead the way with 15 points.

At the start of the second half the Ooks' strong defense continued and it seemed "little" John Pilz was rejecting every shot the Kodiaks put up. The stingy defense and balanced offense lead the way to a 115-70 victory. Player of the game went to Damery.

The second game was a con-

tinuation of the first and again a solid "D" prevailed, marked by a Loren Balon block that was followed up by a huge Pilz rejection that put the NAIT gym into an uproar. Again the Ooks cruised to a 116-86 victory. Balon was later named player of the game with 24 points, 4 assists, and six rebounds.

Though all was not well for the Ooks. Despite another thirty point victory for NAIT, at the end of the game the story was all about Jay Damery, the all-time leading scorer in ACAC history, who picked up his 4<sup>th</sup> technical of the year and now could face a suspension that would see him sit out the final four this weekend in Red Deer. As one of the players said it was the most disappointing thirty-point victory ever. Though the bench performed well in Coach Marc Dobell's steady rotation last week, not missing a beat. Proving the Ooks have the deepest bench in the league. This weekend will be a testament of that if Damery is deemed ineligible to play.

The basketball team heads down to Red Deer today to start the final four and their quest for a second consecutive National Championship. Their first opponent will be their rival's to the south, SAIT.



## GENERAL COUNCIL MEETING

Tuesday, March 16th  
4:30 pm  
X - 107

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# Men's Hockey Advance to Finals



**JUSTIN Huculak**

The men's hockey team has wrapped up their semifinal series against the Concordia Thunder with three straight victories to win the series 3-0. NAIT won the first two games in convincing fashion by scores of 2-0 and 5-2. With the Oaks trying to close out the series on home ice last Friday in game three, both teams were playing stingy and cheap at times, but the Oaks prevailed with a 4-3 victory.

Game one was the Tim Barlow show as he posted 44 saves against the third ranked offense in the ACAC for his first shutout of the playoffs. Barlow also took player of the game honors, which was a no-brainer decision for those involved.

Luseland, Saskatchewan product Dustan Heintz scored the

first goal of the game which also proved to be the game winner, while Ray Smegal added the insurance goal making it 2-0.

As mentioned before game two was played at Concordia where the Oaks walked out with a 5-2 victory leading up to game

three.

In game three Concordia struck first and got out to an early lead. But at the 11:30 mark Brant Middleton tied the game with a power-play marker, with Trevor Morton and Calvin Brown picking the assists. Later in the frame



# Once, Twice, Three times a champion

**CHUMA Nwobosi**

The Nait Men's basketball team travelled to Red Deer this past weekend to compete in the final four provincial tournament to try to capture the gold medal and earn a berth in the national tournament. Being the 2-time defending ACAC champions, they were heavy favourites coming into the weekend. Boasting a 22-2 record (best in the ACAC), and after disposing of Lethbridge Community College in 2 straight games of a best of 3 series by a combined point spread of 73 points, the Oaks looked well on their way to a third consecutive conference title.

In the semi-final, the Oaks met the new-look Sait Trojans. Sait, known for their smothering defense, would prove to be a formidable opponent for the defending champions. In this do or die game, the Trojans, led by 4th year All-Canadian Eddie Richardson III, played with a lot of emotion and did not allow the Oaks a lot of distance on the scoreboard throughout the match. With 3 minutes remaining, the Oaks held a slim 1-point margin, but never looked shaken. At the final buzzer Nait was victorious (76-72). Clutch free throw shooting was the difference in the late stages of

the contest.

The final pitted the hometown Red Deer College Kings (23-3) and the Nait squad. Hometown advantage was evident as a boisterous capacity crowd with body paint, noise makers and signs reading "Nait is soft" were on hand to rouse the visitors. The Nait fans, though lower in numbers, were equally as raucous. The Red Deer fans were silenced early as Jay Damery swooped towards the basket for an alley-oop slam dunk for the game's first basket. The teams battled for the first half and Nait led most of the half. With a push to end the half, the Kings led 41-40 at half time. Early in the 2nd half, the Kings jumped into a 10-point lead and Nait coach Marc Dobell was forced to take a time out. The noise was deafening at this point and momentum was clearly with the home team. Minutes after the timeout, Nait had tied the game, and in no time, were back on top for good. The game came down to some big shots, steals and offensive rebounds. Jay Damery led the Oaks' attack and sealed the win with 2 steals and a back-breaking offensive rebound to deflate the Red Deer crowd. The final score was 78-72. The Oaks travel

to Kamloops, BC for the national championships March 18-20.

"When you have a team that is talented, works hard and knows what it takes to win, then you go into a weekend like this confident that you will come out successful" were the sentiments of assistant coach Jason Harke who has seen the highs and lows of Nait basketball as he is coming upon his 10th year with the program. It is difficult to fathom that just 5 years ago, the Nait men's basketball program was struggling to achieve success provincially and hopes of attending the national tournament were non-existent. Oh what a difference time makes...oh yeah, and a brilliant general by the name of Marc Dobell. When asked about his teams 3 peat and continual success, the always humble Dobell commented that "for 40 minutes a night, the players are the ones that play the game. They deserve the credit." That sums up Nait basketball in a nutshell. A group of unselfish people that don't care where the credit falls - an unwillingness to surrender - pride - passion - persistence. Together through adversity. Go Oaks!

Barlow took a Thunder slapshot off the helmet, which popped off on the play, but Barlow seemed to be unphased by noggin shot. But before the end of the first Concordia took a 2-1 lead with :31 seconds remaining.

The pace began picking up in the second period and four and a half minutes the Oaks tied the game again. Defenseman Cole Fischer jumped into the play and took the puck down the right wing before shoveling it high and short side past the Thunder goalie. This seemed to spark the Oaks as :30 seconds later NAIT was on the board again. This time Ray Smegal shoved across the goaline on his wrap around attempt. Middleton picked up his second point of the night with the assist on the Smegal effort. The 2nd ended with the Oaks leading 3-2.

With their season on the line Concordia came out surprisingly flat and the Oaks capitalized early as Sonnenberg feathered a cross ice pass to Tim Fragle who converted the play putting the Oaks up 4-2. It wasn't until the 17:00 minute that the Thunder started playing with some desperation and after Morton took an undisciplined crosschecking penalty followed by an unsportsmanlike. The Thunder then pulled their goalie making it a 6-4 situation and it paid off as four seconds into the first penalty they cut the lead to 4-3. With Morton still in the box Barlow was forced to make some key saves in the final minute to preserve the 4-3 win, including one where he snatched a bouncing puck out of the air, which would have been a sure goal.

Middleton was named the OOK player of the game with a goal and an assist.

When all was said and done the Oaks won the series in three straight. The Oaks will now play Grant MacEwan who also won their series in three straight games on Friday at the Bill Hunter Arena at 8:30 pm. Game two is Saturday here at NAIT at 7 pm.

# NAIT ROUNDUP

This NAIT roundup is from the weekend of Feb 19-22.

Starting off on the Volleyball court the OOK's travelled to Red Deer for a provincial showdown, which combined the Provincial Division and the North/South Division. With NAIT finishing second in the North/South hopes were high. But facing the number one ranked Red Deer team in their first match the OOK's suffered a 3-0 defeat. Then feeling a little low the OOK's let one slip away in match they figured they should have had against Grande Prairie, losing 3-2 and dropping their record to 0-2. In their final match of the weekend NAIT was up against Lethbridge who had beat them twice the weekend before. This weekend though the Oaks prevailed with a convincing 3-1 victory. NAIT finished the tournament with a 1-2 record, with one of those losses coming against the eventual ACAC Champions Red Deer.

Also last weekend the lady OOK's of the basketball court saw their first playoff action in history, though brief the experienced gained should prove helpful for next year. The ladies lost in straight games to the number one team in the south (Lethbridge) 79-57 and 81-50. The men had a good weekend winning both their games against Lethbridge 115-70 and 116-88 advancing to final four this weekend.

On the ice the men need just one more win against Concordia to advance to the ACAC hockey final. NAIT won both games last weekend, 2-0 and 5-2. The gloves come off tomorrow night at 7:00 in the NAIT arena, in what the Oaks hope to be the clinching game in the best of five series.

The OOK curlers were also in action last weekend but the results were not posted by the Sunday night deadline.

Are you going to be returning to school next September? Well, this is your chance to

**apply for parking**

early! The Parking Office will start to take applications March 29. Don't miss this opportunity to apply early! Applications are available at Parking Services, Room O112.

Any questions: phone 471-7539

Go ahead, give us your opinion. Just remember how puny and insignificant you really are.





# Air – Talkie Walkie



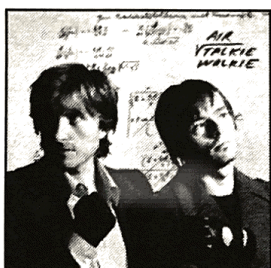
**MACKENZIE  
Crawford**

Their fifth major release, Air has produced another sonically sound gem. This array of electronic/ambient sounds is amazingly entrancing, and has definite potential to captivate even the listeners who have the same bad habit I do: re-playing an album several times. If you cannot tell Jean-Benoît Dunckel and Nicolas Godin as ex-architect and ex-mathematician from the cover, you should be able to hear the evidence in their musically surrounding album, *Talkie Walkie*. The arrangements of strings, keyboards, vocals, electronic sounds, and asides are plotted with such an amazing precision, it is surprising that the music doesn't sound more forced and robotic. We should keep in mind though, that the duo has a style that is hard to classify as electronica, ambient, or instrumental. This duo produces music that is best summed up as the soundtrack to an intriguing movie. Their second major album, *Moon Safari*, hit it big in the theatres, leading Air into the role of producing the *Virgin Suicides* soundtrack, and *Talkie Walkie's* "Alone in Kyoto" followed a similar success this year in the supposedly intelligent movie, *Lost in Translation*. If you follow the words of Dick Clark: "Music is the soundtrack of your life", then this French duo should make your life that much more intriguing.

Air started to gain their sonic reputation in the nineties, becoming a little more popular in French clubs, but began to move from their image as DJ's by releasing works like *Sexy Boy* and *Modulor Mix*, quickly gaining a grassroots following. *Moon Safari* became their flagship work in 1998, especially with the huge single "La Femme d'Argent". Air became more of a household name, receiving tons of radio airtime across Europe, but never really made it big here in the west. (Do you really think a couple of French dudes care whether they are popular in the States or not?) They established themselves as a strange, funky, and peaceful electronica pair, and only reiterate that fact with *Talkie Walkie*.

Although *10000Hz. Legend* was received poorly as a follow up to *Moon Safari*, it really proves that Air has a lot of harmonic terrain to explore, a task obviously not too daunting for them.

Of particular importance on



this album are tracks like "cherry blossom girl" (which was also released on a single CD), a great piece with amazing guitar work and the same euphoric vocals that dominate the album. "Surfing on a Rocket" kicks the pace up a notch, and returns us to the strange theme underlying many of Air's songs about traveling in time and space. "Mike Mills" is a funky sounding instrumental piece with synthesized bells, a keyboard, and captivating string arrangements. My favourite track is "Alone in Kyoto"; a great example of how composers like Dunckel and Godin can stir emotions with simple, clean sounding string and piano arrangements. I rarely see this kind of talented musical arrangement in mainstream music that simply captivates the listener without sounding overpowered and overmanned. It is worth buying the album for this track alone, a sort of flash of musical genius that reminds me of instrumental composer Pat Metheny.

*Talkie Walkie* is the newest on my list of "chill-out" albums, one some people might consider to be synonymous with elevator music. This is a beautifully ethereal CD, which will be rewarding to you if you are brave enough to venture outside of the standard mainstream genres. Air is not without its flaws; sometimes it does get a little too weird on this album, and its vocals are devoid of real meaning, but it manages to challenge it's standard electronica label and leave us feeling strangely moved by its clean, yet innovative sound. All we need now is Bill Murray: "For good times, better make it..." Air. This French duo's message certainly isn't lost in translation.

## NOTICE FROM THE OFFICE OF THE REGISTRAR AND DEAN OF ADMISSIONS

### ARE YOU GRADUATING IN THE SPRING OF 2004?

If you expect to complete program requirements by Friday, April 30, 2004 and you plan on attending the Convocation ceremonies in June 2004 you must order your gown.

Orders will be taken at:  
Campus Reads and Needs, Room X114  
Patricia Campus Bookstore, Room P135  
or at South Campus – Room Z154

(For Information Call: 471-7717)

Deadline for ordering gowns:

**MONDAY, MAY 31, 2004**

**CONVOCATION 2004  
Saturday, June 19, 2004  
Jubilee Auditorium, Edmonton, Alberta**

An detailed brochure with information on Convocation 2004 is available by contacting your program area office, the Registrar's Office or by visiting NAIT's website at [www.nait.ab.ca](http://www.nait.ab.ca). The brochure includes information on the Convocation Ceremony, gown orders, timelines etc.

## THE TREWS UNPLUGGED



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# Downloading music is Legal... Sort of



**MACKENZIE Crawford**

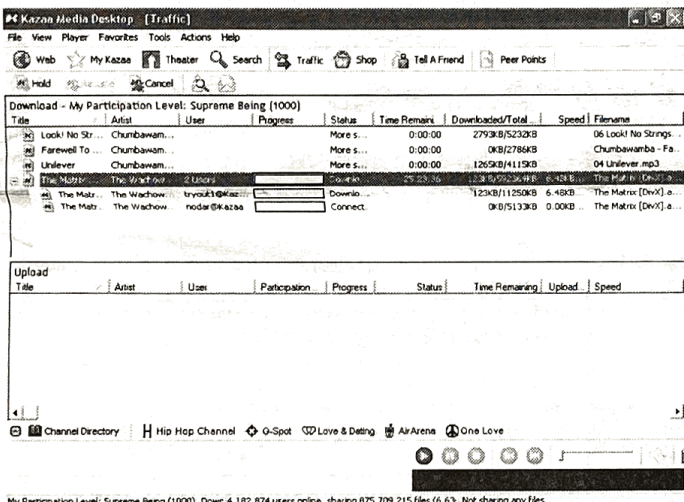
Canada is well known for its consumer protectionism stance on many legal issues, and internet file trading looks like it fits into this category. To date, Canada has been criticized heavily by the recording industry for failing to implement harsh restrictions on the trading of unlicensed (pirated) files like the USA has, but Canada doesn't seem to be terribly concerned. In fact, the imposition of levies to certain media has left many Canadians wondering if unlicensed music

cally presumes you are making "private copies" of music to these mediums, then it is really sending a message to consumers that it is alright to copy music. Actually, under fair use laws you can technically copy music that you already own, provided it is not for profit. The CPCC website states that it is ok to make a copy of a work for "private use", but makes no mention of where the copy comes from. So you can have a "copy" of a piece of music and put it on certain storage mediums such as an MP3 player, CD-R, or hard drive. In collecting this levy, Canadians are getting the message that it is all fair to download music (a copy) without repercussion, since they already pay the fee on CD-Rs and such. In



the imposed tariffs we already have to pay and that essentially, downloaders are not at fault for copyright infringement.

In December, the Copyright Board of Canada ruled that it is legal for Canadians to download music files through file sharing services, just not to upload them. This ruling is not that of the Supreme Court's, and therefore is not binding. However, if the legality of file swapping is challenged in court in the future, the Copyright Board's ruling would definitely have a large impact on the Court's Ruling. Incidentally, the only lawsuits currently filed against Canadians are for major file uploaders; there are no cases for file downloaders. On the other hand, Recording Industry lawyers



is now sanctioned by the Government.

The Canadian Private Copying Collective currently takes twenty cents from every blank CD-R you buy, and almost eighty from CD-R Audio blanks. Whether you use those blank CD's for personal data, illegal music, or for table coasters is of no concern to the CPCC so long as you pay for them. A new ruling now allows the collection of up to twenty dollars on personal MP3 players, so your shiny new iPod is now going to be that much more expensive. At one point, a tariff on hard drives was considered at almost twenty bucks per gigabyte of storage! These levies are supposedly distributed to artists in much the same way that radio stations distribute royalties to musicians for radio airtime. However, there are a few fatal flaws in doing this.

If the CPCC is collecting a levy to pay to recording artists from you because it automati-

cally presumes you are making "private copies" of music to these mediums, then it is really sending a message to consumers that it is alright to copy music. Actually, under fair use laws you can technically copy music that you already own, provided it is not for profit. The CPCC website states that it is ok to make a copy of a work for "private use", but makes no mention of where the copy comes from. So you can have a "copy" of a piece of music and put it on certain storage mediums such as an MP3 player, CD-R, or hard drive. In collecting this levy, Canadians are getting the message that it is all fair to download music (a copy) without repercussion, since they already pay the fee on CD-Rs and such. In fact, the Society of Composers, Authors and Music Publishers of Canada (SOCAN) is now in the Supreme Court, trying to impose levies on ISPs as well. ISPs are Internet Service Providers such as Shaw and Telus here in Edmonton. They want ISP companies to pay fees to compensate music artists because they feel that ISPs are responsible for the millions of people who download music every day off of Internet file sharing systems like Kazaa, eDonkey, Limewire, and many others. This is sort of ridiculous- it is much more like telling Canada Post that it is responsible for any illegal items that get sent from one person to another via their mail system. Moreover, the impression we are getting as consumers is that the blame is not on the downloaders, but rather on everything else connected to music sharing. This has led to a pretty large argument that we can now legally download as much music as we want to - since it is covered by

# A mediocre trip through Europe



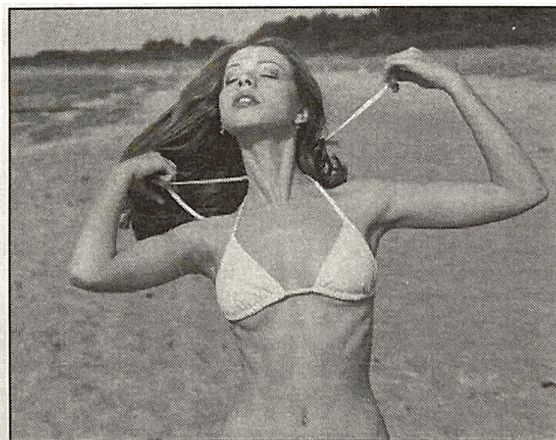
**DWAYNE Johnson**

Last Friday a friend and I decided to make a journey downtown to watch "EuroTrip" in the City Centre mall theater. "Euro-Trip," a film by the people who created "Road Trip" and "Old School." Personally I thought "Road Trip" was pretty crappy compared to "Old School," but whatever that's a side topic! "EuroTrip" follows the same type of comedy roller-coaster type plot that those films were known for. So chances are if you enjoyed them, you'd probably be mildly amused by "EuroTrip."

"EuroTrip" starts right after high school graduation and follows a group of three horny males and one female as they travel through Europe with the goal of uniting one of the boys with his Internet love. Starting in England and taking the group through France, Italy, Amsterdam and Eastern Europe, the gang encounters every stereotype imaginable and characters so unlikable and unbelievable that

you can't help but hope a ticket home for these teens comes sooner rather than later. How bad is the stereotyping you wonder. Well, there's the hard-drinking-soccer-loving Englishmen who are always looking for their next fight. There is the sexed up Italian that makes his moves under the darkness of the train tunnels. Throw in an annoying French mime, a dominatrix in Amsterdam, and what Europe trip wouldn't be complete without a visit to a nude beach. Add all these together and you have the makings of this one skit at a time attempt of a comedy.

Now don't get me wrong, there were about 2-3 scene of the movie that just had me holding my sides with laughter, but most of the movie was just trying too hard it seemed to become funny. This movie may play well with the younger crowd, but it is in no way comparable to Old School or any of the American Pie franchise. The situations the group finds themselves in seem stretched and it is no surprise that the writing team for this film is founded in television as it plays more like a R-rated MadTV entry than it does something you want to fork over \$13 bucks for. But hey...maybe it's just me! Have a nice day!



**Michelle Trachtenberg enjoys the sun's splendor in Eurotrip** © 2004 DreamWorks LLC

maintain that downloading music is illegal according to Canadian Copyright Law.

Canadian opinion on music sharing is obviously very relaxed due to the consumer protectionist attitude of the Canadian system. The recording industry is in a much worse position here than in the United States, but it is interesting to see how thin the line is drawn on such an issue. It is so indeterminate that our southern music-sharing neighbors are treated like big-time criminals while we practically ignore the legality. A double standard like this definitely proves that we have a long battle left to define how to regulate the distribution of music licensing fairly and equitably for all.

This article shouldn't be construed as a legal reference. If you want more info check out [www.digitalmusicnews.com](http://www.digitalmusicnews.com). If you have any comments, email me at [entertainment@thenugget.ca](mailto:entertainment@thenugget.ca)

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# How Not To Be Perfect ...

**MARGARET Marean**  
Counsellor

Do you set excessively high standards for almost everything you do?

Do your accomplishments rarely meet your expectations?

Do you try to appear faultless to the outside world, even your friends?

Do you judge yourself based on your accomplishments?...consider yourself a failure if you get a 'B'?... put things off because you can't get them perfect? ... avoid giving your opinion for fear of looking dumb?

If so, you may be a perfectionist. Perfectionism is a self-defeating cycle. Perfectionists set unrealistically high standards,

fail to live up to these standards, feel bad about themselves and then blame themselves for not being good enough or trying hard enough. To offset this, they feel compelled to set more unrealistic goals in order to try and feel better. Perfectionism is not the healthy pursuit of excellence but, as Dr. David Burns states, the compulsive striving towards unrealistic goals.

### Why not strive to be perfect?

Perfectionism usually interferes with, rather than contributes to, success. Perfectionists never feel satisfied, and even if they get some temporary satisfaction they usually don't accomplish as much as non-perfectionists because they spend so much time trying to get things just right.

Perfectionists tend to be all-or-nothing thinkers, believing that if they don't get A+ marks or do a job perfectly they are failures. Becoming so obsessed with achievement often means missing out on the satisfactions and joys of life.

Perfectionists are very self-critical and usually value themselves based on the approval of others. Because their self-esteem comes from outside approval, the perfectionist is vulnerable.

Perfectionists often have problems with relationships because they apply their own unrealistic standards to others and can be critical and demanding.

Perfectionism is also a major cause of procrastination. Fear that they cannot do a task perfectly, or anticipation of the effort involved to achieve perfec-

tion, often cause perfectionists to avoid tasks. Tasks often become arduous rather than rewarding. The perfectionist may think that it is better to put in a half-hearted effort and maintain the belief that they could have done a great job, than to give their full effort and risk getting a mediocre mark.

The constant pressure that the perfectionist puts on himself, as well as the lack of joy or sense of satisfaction he gets from doing tasks, wears his psyche down and makes him more susceptible to anxiety and/or depression.

### Making Changes

All of this isn't to say that you shouldn't strive to do well. Setting realistic goals based on what you want rather than on what you perceive others expect of you is good. Healthy achievers take pleasure in pursuing their goal rather than feeling stressed that they might not achieve perfection. Perfectionists can change:

- Look at what you have accomplished in the past and set small, achievable goals based on past performance.
- Decide on several things that are really important to you and put your effort into those goals. Lower your standards on other tasks.
- If you are feeling highly stressed, feel like giving up, or find yourself avoiding necessary tasks use this as a warning signal that you may have unrealistic expectations such as taking on too much or trying to do everything perfectly.

- Remember that people learn by making mistakes. If you're not taking risks because you think you might fail you are probably missing out on a lot of growth and learning.

- Set limits on how much time you will spend on a project - and stick to these limits.

- Judge yourself by who you are, not by what you accomplish.

- Lighten up by scheduling in free time for fun and relaxation. (This actually makes you more creative and productive).

- Ask yourself "What is the worst thing that could happen if I don't do this perfectly?" "or if I fail?"

- Stop chasing the impossible dream! No one is, or ever will be, perfect.

Perfectionists often fear letting go of their high expectations thinking that they will become total slackers. However this is unlikely - people seldom move from one end of the continuum to the other.

Letting go of perfectionist tendencies requires time, effort and patience (and the willingness to accept that your efforts at change won't be perfect!) But healthy goal setting is within your reach ... and you'll probably find yourself having a lot more fun!

*The Student Counselling Centre can help you work towards healthy goal setting. We also offer academic, personal and career counselling. To book an appointment drop by Room 0117 or call us at 471-8921.*

ANGELINA JOLIE ETHAN HAWKE KIEFER SUTHERLAND OLIVIER MARTINEZ JEAN-HUGUES ANGLADE

**TAKING LIVES**  
he would kill to be you

**WIN!**

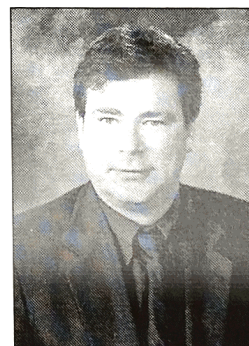
Tickets to the preview at Cineplex South Commons on Wednesday, February 17.

ENTER AT [WWW.THENUGGET.CA](http://WWW.THENUGGET.CA)  
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Website: [www.brentrathgeber.com](http://www.brentrathgeber.com)

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4:30pm



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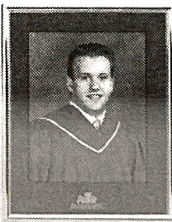
*Sessions End March 19, 2004*

# Grad

## PORTRAITS

by NAIT Learning Resources

Spring  
2004



*Sessions End March 19, 2004*

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For more information look for our posters at all NAIT Campus locations or check our Web Page at [www.nait.ab.ca/lr](http://www.nait.ab.ca/lr)



Review

THE  
PRINCE  
AND MEDANI  
Kent

If you hadn't already guessed from the title of the film, this review isn't really for the guys unless they're planning to take a date to it. The basis of this film is that farm girl Paige (Julia Stiles) at first hates, and then falls in love with a "secret" prince from Denmark. The only refreshing change to this tired plot is that Paige takes her career seriously enough to have doubts about her relationship with prince charming.

There were funny moments, and a smart-ass butler, but nothing sparkling. Overall, I'd call it nothing more than cute, playing into the little girl fantasy of marrying a prince and living like a queen.

If you're thinking of spending money on a ticket, I'd say there are your options; get a bunch of girlfriends and see it when it comes out OR wait till it goes to a cheap theatre (I'd recommend the cheap theatre).

**ATTENTION  
ROMANCE  
WRITERS**

Romance Writers of Edmonton is an independent support and critique group to promote excellence in romance fiction and to help writers become published.

RWE meets on the first and third Thursdays of the month at Grant McEwan, room 5-238, 7:00-9:30 pm.

Writers at all levels are welcome.

Info: [www.romancewritersedmonton.com](http://www.romancewritersedmonton.com)  
Contact:  
[rwe@romancewritersedmonton.com](mailto:rwe@romancewritersedmonton.com)

**FROM THE OFFICE OF THE REGISTRAR AND  
DEAN OF ADMISSIONS**

1. Prior to the end of the term, please notify the Office of the Registrar and Dean of Admissions of any changes to your address to ensure delivery of your parchment.
2. If you will be returning for the Fall/Winter terms 2004/2005, please note that tuition fees are due prior to registration, and not later than **August 18, 2004**. A tuition bill will be mailed from the NAIT Cash Office not later than the week of **August 9, 2004**. A receipt indicating payment of fees will be required to register.
3. Registration dates for most returning students in the Fall 2004 will be **August 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>**.

**HEALTH & SAFETY  
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The latest and greatest in Safety and Security Equipment and Information  
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pink mohawk...yes i am a girl. i must say that i like the change in hair colour. though i'm disappointed in the fact that i havent seen you around the mall as much. where have you gone????!! still want your ass- hotnbothered

To the twin in second year Petroleum, is it true u turned down a threesome? If so, what the hell is wrong with u?

would like to say congrats to Jordan and Susan in Network Eng on hooking up. Andrew, Bryan and Jeff want to see you at the monkey bars for some studying and Hello Holly in Fitness trainer course. I still think your smokingly Hot. A.E. out

CoNgrATulations to the women's b-ball team for making the playoffs. there was no doubt in my mind that they would make it now that they have power, with the strong players such as: Nicole Fessler, Jenna Badry, Jill Lindstrand, Cali Payne, Anna Hastey and Lindsay Liber.GoOd LuCk in the playoffs -SpOrtSMaNiA!!

Hey there gym rats. Ever want to be Mr./Mrs. Canada?? Play this new online virtual bodybuilding game and build a virtual bodybuilder from ground up. pick your diet, training, job, supplements, ROIDS, etc. Check it out and join up at [www.virtualbodybuilder.com/default.asp?ref=5915](http://www.virtualbodybuilder.com/default.asp?ref=5915)  
Good Luck. -PedalHead

Hey Tease, Why you gotta be such a tease? -Jamie...Yeah thats right it's me

What's the deal with all the Stairs in the Annex? -Big Fat Tired Guy

To the 2 girls on the 9 Southgate every tuesday night are so hot! You know who you are.Guilty of always laughing on bus.Descriptions: girl with the braces and sticks in her hair and her friend with the curly hair,darker skinned, green eyes.Are you both single? Maybe we could have a threesome.LOL.

To The Jealous B/F: U think your girlfriend's loyal, but U wonder where she could be. Well take a minute and think about it. Cus she's probably in bed with me. So when you're finally with her, U won't have a single clue. Cus sLiCk NiCk's always on her mind, whenever she's alone with U!! sLiCkNiCk

To all single girls of NAIT. There's a guy with a big green winter Jacket who hangs out in the HP Commons everyday he needs a girlfriend who could please him. He has spiky hair

To the Pre - Tech girl who I talked to on Bus#11, works at Sport Check in Kingsway garden Mall. Are you single.

All the "Think Big" students can take there shiney cookie cutter tool boxes and shove them up their a\$\$es. Everyone in Heavy Equipment knows that these guys are a bunch of boobs that will never get anywhere in the trade. Oh I'm

sorry, they will be guys workin in the wash bays for the next six years!

Yo B.C girl in Physics 120 you should stop giving me rude and dirty looks and stop saying inappropriate comments about me. Please don't take this the wrong way, I am easily hurt, but your lab partner is very cute I like her.

To the girl that was sleeping in the tower and was bothered by the power tripping security gaurd: You are welcome.

Just thought people would like to know that there is a Emulator/ROMS website for old games up and running, called BlackWrath Emulation, that has no pop ups or anything bs to download them. The web address is <http://www.blackwrath.com>. Go have a look there is a full Nintendo database now and soon it will have SNES, GameBoy, MAME etc.

hey there tina. you and i were both at school till a bit after 4 a couple Fridays ago. You were lookin very hot. I would have said it to ya then, but I am not sure if your seeing someone else right now, let me know -annxstudent@hotmail.com

I would like to confess my undying love to my one and only, Nessy. You are the Love of my Life.

Attn: Baldy69@hotmail.com . About worrying about me shooting you down, and coming to talk to me, if you're female. yeah, if you're male . nay. ps . you should try rogain.. rastapack man

TO: Incredibly Intrigued- I'm in the business program and i wish i was over there with you. Don't worry i'm not stalking you, i just find you very hot. I missed the last deadline for The Nugget, so i'm sorry you had to wait 2 weeks to get a response. But i'm still here. Please email me at [htisnottherightword@yahoo.ca](mailto:htisnottherightword@yahoo.ca). so we can talk privately. Talk to you soon.

To the hot guy that approached me in the project factory, props to you! Unlike most guys that just stand around gawking at all these hot female students, you at least had the balls to ask me out. I admire that. I dont see why we can't be friends. -Angel

MO: SPIT OUT THAT WHOPPER AND GIVE ME A KISS!!

OU EST TOUT LES GARCONS FRANCAIS????? there is a bilingual buisness program.. so where are the french boys in the tower?????

slick nick? more like greasy nick. how bout you take a shower before coming to school. and i like how you make fun of everyone for hitting on people in the grapevine but you do the same thing on enterneux and edmonton online. what a hypocrite!Oh and get a hair cut kurt cobain wanna be

To the lady in the annex wearing the "sticky buns" t-shirt on friday. You are amazing! I'm saying this not becuz I want to "get wit ya", but rather because you are the most beautiful woman I've ever seen. Your eyes twinkled, and your smile was captivating, to me, that deserved a tribute. -annex\_audiophile

I love it when all the hot Resp. Ther. chicks come to the HP Building cafeteria...you are ALL so gorgeous...I might just fake choking to get some CPR! -BytesMe

I think I saw a used condom in the Handicap washroom on the 4th floor of the business tower...like really people...you come for an education (no pun intended) -Grossed Out

To the girl that sits in front of me in 3rd period accounting, pull up your pants. Nobody wants to see your value village thong collection anymore.

To the hottie in the pink shirt and blonde hair last Wednesday in the HP Commons, you forgot your disk in the computer. I'd love to return the disk to your floppy slot if you'd like! -Shy Guy

To the DIRTY guys in the hallways connective the North Lobby to the South Lobby, quit being perverts and starin' at every girl that walks by. You KNOW we'd never talk to you! Losers. -The Radio Girls

Anyone else from the HP notice how many people love to come to OUR computer commons! Here people make fun of us for being geeks, then spend their whole day here. GEEKS 4 LIFE WOOOOOOO! -HP Wizard

To the girls on the 8th floor of the tower that think they run the place. How about you put on some real clothes, and act your age. No wonder the guys love the dentistry girls better! -Dental Babe

EO (y'all know who you are).To all the people on EO, this message is for you. Shouldn't y'all be in class, instead of playing "Big 2"? And like I said in the forums, the Oilers really do suck! They ain't makin the playoffs, so just cheer for the Canucks! sLiCkNiCk

In the words of someone else: "Those who can, do, and those who can't, teach." - captain bicuspid

Hey, Mr. "I wanna go Jibbing, but I've alienated all my friends by killing my brain cells with shit made from lighterfluid, draino, matchbooks, and other garbage", you're a f#\*king chump. Meth is for f#\*king morons, and anyone who asks people to start doing it with them would be better off dead.

To Who ever let the message on my truck outside the DUCK, on friday Mar.5, unfortunately it blew off in traffic before I could stop and read it. Leave another or just come up and talk to me.

To the girl in first year in Business. Hi Tracy. This is Adonis's friend in physics 120. I would like you to be my friend. I really like you. I will see you

Hey, to the dude that found a cell phone on 106th street last week, thanks for driving all the way to my house to return it. ITS NICE TO KNOW THAT THERE IS STILL GOOD PEOPLE IN THE WORLD. Anyway, if you even go to nait, or are reading this...email me... twink\_88@hotmail.com

To Anna in the business tower, you

have nice boobies and your boy toy is hot...tee hee -your evil twin .....would love to know who the lovely young lady is who had the doors opened for her by the two strapping young lads on her walk through the HP building and into main campus.. get in touch and maybe i could open a few more for you. email: [naitdoorman@hotmail.com](mailto:naitdoorman@hotmail.com)

I just about had a heart attack today. Not only did I see one security guard who wasn't alive when the train was invented, I saw TWO! Of course they weren't doing anything, but, nonetheless, they weren't walking with a cane. Now if only we could get some janitors. -captain bicuspid to the sexy chinese guy in IET 2nd year with the hot sexy pink bracelet from qualalampur. i have the exact same bracelet as you same colour and all. i think were meant to be we should hook up. [sexysandy23@hotmail.com](mailto:sexysandy23@hotmail.com)

## Classifieds

**ESTABLISHED METAL BAND** seeks experienced Bass player. Gear and Transportation a must. Gigs and touring await. Call Doug at 996-3684 if interested.

**Roommate needed** to share house 5-10 min from N.A.I.T i drive daily at 8 am. \$350 + half utilities approx \$500 month..Call Darren @ 478-7549 or e-mail [rfuhrer@telusplanet.net](mailto:rfuhrer@telusplanet.net)

**New Queen/King mattress** box sets. Extra thick orthopedic double pillowtop. Cost King \$1,800, sacrifice \$595. Cost Queen \$1,000, sacrifice \$345. Can deliver. Call 720-6613.

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**Room for Rent.** In apartment. For stable person. \$250. Phone 906-1876

**40 Day Trips to Thailand** this summer. [www.freeandeasy.ca](http://www.freeandeasy.ca) See our poster

**If you want to create** passive residual income with 15 year old company, call André at 619-5584.

**Adult apartment for rent.** Large one bedroom with balcony. Very clean. Walking distance to NAIT (11815 - 105 St.) Phone Celina at 478-1165.

**Income Tax Return.** Special service at reasonable prices. \$25.95/person. \$39.95/couple. Phone Lee at 905-7455.

**Room for rent,** basement, utilities included, Westmont area. \$375 per month. 961-2180.

**Two Metallica tickets.** Section 110, Row 16. Phone 471-4390.

**Wanted: Baseball umpires** - St. Albert, Sherwood Park, & Spruce Grove. New umpires are needed to officiate baseball in these towns. You will attend a weekend clinic in April, you will need to buy some equipment and you will start work in May. Do as many games per week as convenient. Beginning pay is about \$18 per game. Call Jeff Donnelly during business hours: 378-5075

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**VOTE TODAY**

**Thursday, March 11**

**NAIT  
BATTLE  
OF THE  
BANDS  
TUESDAY, MARCH 23RD  
@ THE NEST**

IF YOU WANT TO ENTER YOUR BAND  
PLEASE COME BY THE  
NAITSA OFFICE (RM E131)  
TO FILL OUT AN APPLICATION AND  
DROP OFF A DEMO.  
DEADLINE TO APPLY IS TUESDAY, MARCH 9TH

**GRAND PRIZE**

**\$500.00**

**& A SPOT ON THE BILL OF**



**2004**

**THERE MUST BE AT LEAST ONE NAIT STUDENT IN EACH BAND**