

The NUGGET

Thursday, February 10, 2005

Volume 42, Issue 16

NAIT's OFFICIAL STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Sports . . . p. 6

Arts & Entertainment. . . p. 12

Who called it?

*That's right I did—the
SHOW OF THE YEAR*



CODY Paton-Perkin
FEATURES



Last Saturday night the NEST was host to 3 hot Canadian Bands that we will all be hearing more about in the near future. The opening act for the night was a band from Cow town that goes by the name of Strada not to be mistaken for the Californian based StraTa. By the

time that these guys hit the stage the crowd was more than ready. A curious tension filled the NEST wondering if the openers could deliver. I wondered myself if they could follow in the shoes of the openers of the Out of Your Mouth show, Split Tract. Guess what? They did and they did a great job of it. The soft-rock band that labelled themselves Cold Play with some balls delivered a great show and as I asked the concert goers what they thought about Strada I realized that they left a great impression on the crowd and myself.

After Strada broke the ice you could feel the excitement in the air as people awaited the local

boys Tupelo Honey. It seemed that many of the people I spoke with were at the show to see these guys because of buzz around them. When they hit the stage everyone's eyes in the NEST were glued to the stage as Matt belted out the lyrics to "Feel". As always the guys in Tupelo worked the crowd to perfection and dished out their portion of the show of the year.

It seemed that the wait between Tupelo and the headliners Social Code was a long one. This could have been attributed to the atmosphere in the NEST as it seemed that everyone except the people who were sitting with their head-in-Dhands, were so drunk and ready

to go nuts for Social Code. For those who were at Ookfest they already know that these guys have a great stage presence and sound damn good live. Well when they broke out the NEST went CRAZY. So crazy that a chick dropped her cell phone in the pit and thought it was lost. That was until the phone turned up on stage ringing. This allowed for the SoCo boys to have some fun on the phone much like they did last time they dropped by the NEST. Or maybe a better example was when the two dudes ran onto the stage, one made it to the stage dive, the other was not so fortunate and got punted out the back door. Either way it is safe to say that the capacity NEST was

going crazy and jammed as close to the stage as possible.

Overall this show did turn out to be the show of the year. All three bands played awesome sets. The crowd was crazier than OOOYM which I didn't think could happen. Although for those who have been to the NEST you know that it isn't that big, but even with almost all the tables being taken out was still packed to capacity. The drinks were cheap (and good), and the after party was decent as we all got another free show out of the Tupelo and Strada guys. If you want to check out these bands go to www.stradamusic.com, www.tupelohoney.ca, or www.soc.ialcodemusic.com.

Aveo Tuner Challenge

DAVE Fester
Editor-in-Chief

Well, ever since the infamous tuner movies of The Fast and the Furious and 2 Fast 2 Furious, street tuners are all over the place. One of the most popular shows for the tuner or even the tuner wannabe is Pimp My Ride on MTV. NAIT and SAIT decided that it would be interesting to challenge each others Auto Body Repair programs to see who could produce the best "tuner" car.

GM donated one Aveo to each institute along with \$10000 to make the car street ready. It also gives the students a chance to modify a car instead of doing the normal routine body work that a car may go through. The students also felt the pressure of completing a project within a time frame and a budget, which will be seen all too often in the industry.

The two cars are going to be raffled off on May 18 or earlier depending on how fast the tickets sell out.

Neither institute will divulge which car belongs to them, but each car is so unique and outstanding that it wouldn't really matter.

Tickets can be purchased in the south lobby from 11:30 to 1:30 pm till February 16 or in the Development Office during business hours. The Aveos are on display as well and the mods can be seen while tickets for the raffle are being sold. All proceeds of the raffle go to the Auto Body Repair program at each campus.



What's Happening This Week?

Wednesday, February 9	Thursday, February 10	Saturday, February 12	Monday, February 14	Wednesday, February 16
Karaoke Wednesday	NAIT Idol - Preliminary Round	Movies @ The Nest: Shark Tale	Technology Event - Culinary Arts	Karaoke Wednesday
		Technology Event - B.A.S. (Business Administration Society)		Reading Break Trip to Las Vegas
				Technology Event Power Engineering

8440-454

18-205, 208 - 544-24

Motor Show Madness

DAVE Fester
Editor-in-Chief

Being a writer, or in my case Editor-In-Chief, of the Nugget does have its perks. Like being able to go see movies before they come out, concert passes, and tickets to certain events. On the weekend I had the chance to go check out the Edmonton Motor Show at the Agricom, for free, but I was on a bit of a mission. Most people know that you can't get something for free; there usually is some sort of catch. For me it was that I had to write an article about the sights of the car show.

Sunday was the day that I fig-

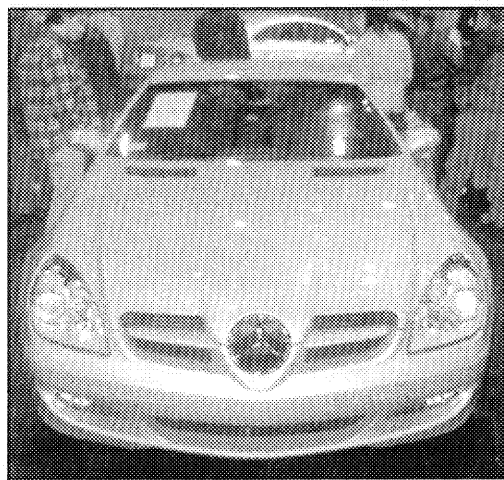
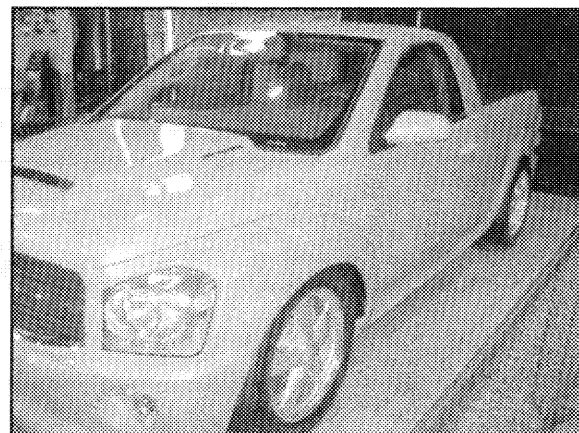
ured most people would have had there fill of car enthusiasts salivating over cars and all the potential buyers shopping for a car or just checking out what they want to drive in their dreams. All I can say is that I can have some bad judgment, see that the Agricom was crawling with people, not just your families but also groups of teenagers that didn't even seem old enough to have their learners. That's a gripe of mine that I won't get into to much detail, seeing that it could potential be a whole other article.

There wasn't really anything outstanding this year at the car show, but there still were some very interesting aftermarket vehicles produced by the large manufacturers. One such vehicle was the Dodge Ram SRT-10. For most car nuts you know what the SRT-10 stands for, but for those that don't, it would be the

engine from the viper. Yes that's right a viper engine in a truck. Dodge really wanted to grab the attention of the public by producing a hot rod inspired Durango "Dude", but still wanted to keep the lines and styling features of the Durango.

The automobile industry is famous for the large companies to out do each other. GMC didn't want to be left behind in the truck market burnout smoke left by Dodge and its street tuned trucks and produced its own street rod. The GMC Canyon Push truck dubbed "SO-CAL", can compete with even the most "tuned" truck out on the streets, with its turbo-charged engine.

Needless to say car manufacturers are and still will be going through a car "war" for many years to come. With each company trying to re-invent or bring back car concepts and from previous eras there really is no end to the constant change.



Nail Idol

Preliminaries
Thursday, Feb. 10th
Come sign up in the NAITSA office
by Feb. 2nd

The winner will be
flown to London, ON
to compete against
all the schools in
Canada for the title
of **CAMPUS IDOL!**

THE SEARCH FOR NAIT'S SUPERSTAR!

Come practice on Karaoke Night @
The Nest every Wednesday

READS & NEEDS

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BE
MINE

YOU'RE
HOT

IM
ME

TRUE
LOVE

Get Motivated

MARGARET Marean

Counsellor,
NAIT Student Counselling Centre

It is not uncommon for students to start the semester full of energy, enthusiasm and great intentions. However a month or so into their program many students feel less than motivated. Here are some tips that might help get you back on track:

- **Set realistic goals** that are challenging yet achievable. Try setting goals for each day and each week as well as longer-term goals. Written goals are the most effective.

- **Make a daily "to-do list"** - a checklist of what you can realistically accomplish. Prioritize the items from most to least crucial and always work on your most important tasks first, even if they are the most difficult or the longest.

- **Specify a clear-cut goal you want to achieve before you sit**

down to do homework or to study (i.e. "by the end of this hour I want to accomplish ..."). This puts you in a competitive mode and stimulates you to stay motivated and focused.

- **Get into a routine.** If you start setting aside the same time every afternoon or evening for studying, it will become a habit within a few weeks.

- **Know your body rhythms.** If you are a morning person do your most important tasks in the morning - don't force yourself to do them at 11:00 p.m.

- **Evaluate how long you can realistically concentrate** (no longer than 50 minutes for most people) and make sure you take breaks when you need them.

- **Get started on tasks early,** the day you receive the assignment if

possible. Tasks that are put on hold cause guilt and de-energize you; getting started right away arouses your interest and gets your creative juices flowing.

- **Work on building a positive attitude.** Self-statements like "I'm too lazy", "I'm a procrastinator" or "I can't do this" can become self-fulfilling prophecies. So can statements such as "I am self-motivated" and "I love to learn".

- **Visualize yourself being successful.** A clear picture of what success means can keep you going when your workload seems overwhelming.

- **Don't waste energy being negative and blaming yourself or others for how much work you have or for past failures.** Negative energy makes it difficult to learn and to be creative. Put your

energy towards accomplishing your goals instead.

- **Concentrate on your successes and build on them.** Evaluate areas where you could have done better, learn from them and change them into future successes.

- **Surround yourself with positive, motivated people.**

- **Set realistic standards.** Being a perfectionist can de-motivate even the brightest of students. Decide how much time and effort each assignment is worth and allocate accordingly.

- **If you are feeling overwhelmed by a project or assignment, break it into smaller parts and focus on one part at a time.**

- **Set rewards** for accomplishing difficult tasks or getting through a study period when you aren't

motivated. Most people work best with positive reinforcement but for some people it is also helpful to set penalties for failing to follow through with tasks.

- **Give yourself pep talks** - remind yourself why you have chosen to continue your education and the long and short-term benefits this will have.

- **And finally, take care of yourself** by getting enough sleep, eating properly, exercising and having some fun. **Motivated, energetic people have balance in their lives.**

If motivation continues to be a problem, or if you have any other academic, personal or career choice concerns, you may want to book an appointment with one of the counsellors in **Student Counselling, Room 0117, phone: 471-8874 (press 4).**

Interview Fashion 101

MATT Smith

NAIT Career Advisor

Skirt or slacks? Sweater or blouse? Tie or no? Flashy pink or conservative grey? These aren't the questions I ask myself before a hot date, but they are questions that interviewees ask themselves. When a first impression could mean the difference between your dream job and "Would you like fries with that?" it becomes important to consider what you're wearing.

My sister Liz experienced this dilemma a few years ago. She was about to graduate and was eager to land a good job. She had been doing all of the right things - networking, cold calls, targeting her resume - and finally it paid off. An energy company called her up to interview her for a lucrative internship. Liz was thrilled. The internship would give her experience in four key business areas and virtually guarantee her a permanent job if she wanted it.

She competed with 50 other candidates in a complicated interview process. First the company did a series of group interviews, had the candidates write a series of tests, and then invited them all out for a meet and greet with company executives. This winnowed the

group down to ten, two of which would be chosen and, happily, Liz was one of the ten chosen to interview with all of the bigwigs.

At this point, she began to worry. The first stages had been rather surreal. She had just been herself, done her best, and maintained a pretty relaxed demeanour throughout the process. Now that she was within striking distance, she started to freak out. One concern she had was her attire. So far, she had dressed pretty conservatively, wearing dark pantsuits, minimal make up, and a conventional hairstyle. But would this help her stand out?

Everyone had an opinion. Our dad, who was a businessman, offered to take her shopping for a skirt and a brightly coloured sweater or blouse that the interviewers would remember. Unconvinced, mainly because she didn't usually wear dresses and skirts, Liz asked for my opinion. I asked her why she resisted such an outfit. She said that she felt uncomfortable wearing a skirt, was scared that she would fidget in it, and was worried about how to cross her legs. She also didn't want to get a job based on her

appearance in a hot pink sweater.

After thinking about this, I suggested that while she should dress appropriately, she should also wear something in which she'd feel comfortable. I told her to go shopping with Dad, but to buy something that she would feel good wearing. And she did - a classy grey pant suit. She also got the job.

Don't get me wrong. It is very important to look smashing for your interview - make sure you shave, brush your teeth, iron your shirt, polish your shoes, skip the perfume or aftershave, maybe get a hair cut, and rid your jacket or skirt of all pet hair (and shouldn't we be doing these things everyday?) - but it is also important to be yourself. Wearing something completely out of character might hamper your interview performance - which is really what matters.

One suggestion is to think about what you'd wear on the job and then take it up a notch. For example, when I worked as a golf course landscaper, my work duds would be a t-shirt and shorts. But at the interview, I wore my

best golf shirt and a pair of tan pants, something I'd wear if I was playing the course, not mowing it. When interviewing for jobs where there's even a hint of professionalism, I wear my best pair of pants, navy blazer, and a lucky tie. Women have a bit more flexibility, but there are also more risks when it comes to the skirt length, colour of clothing, and accessories. It is usually best to err on the side of caution, but balance this by wearing something that will make you feel confident and comfortable.

In the end, it is you that matters, not your clothes. Do your best to look good, but don't worry *too* much about it. Spend your preparation time preparing, not primping. Once you get in the habit of dressing well for an interview, looking good becomes second nature and you can focus on wow-ing the interviewer with your skills and experiences. For more information on interview skills check out www.nait.ca/careers or go to Career Services and ask to speak to a career advisor.

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Curtis Comeau

I hope the last few weeks of Pranks have kept you occupied. Here are a few more that should keep you going on throughout the week. These ones cost little or no money and are very effective... Have fun... C

Cheap Laughs
NAME: Cricket Anyone?
LEVEL: Joker
HOW TO: Crickets released in an office will create a lot of laughs for the prankster. Place about 10 crickets in various offices throughout the building... When the crickets are making their little noise pretend you don't hear a thing...Crickets can be purchased

from various pet stores. Cut them lose before you go on vacation or when you have given your final notice. Very funny if you are actually on site, but if you have an insider who is there and can give you a situation report, it can still be pretty funny.

Get em' good
NAME: Run Forest Run
LEVEL: Bastard
HOW TO: Here is a harmless joke that generates some funny looks from bystanders. On a Friday night while stopped at a red light on Whyte Ave, have everybody get out of the car and around the car a couple of times. Then get back in the car and act as if nothing has ever happened. It's very funny if you can get everyone to wear one of those cheap children's police hats with the flashing red light on the top.

www.nait.ca

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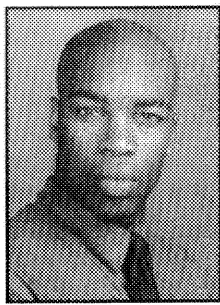
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SPACE AVAILABLE FOR FALL 2005 - REGISTER NOW!

Volunteer Opportunities In Your Community		I Volunteer	Volunteer Opportunities At NAIT
<p>The Parkinson's Society of Alberta is currently recruiting for a number of office admin positions for a time commitment of three months. Shift times are flexible, contact Shannon in E-133 for more details.</p> <p>The Parkinson's Society of Alberta is gearing up for April and Tulip sales. Volunteers are needed to sell tulips in malls and hospitals. If you are interested in helping out, contact Shannon in E-133.</p> <p>Do you need to lead an activity or event as part of a course? The Parkinson's Society is looking for a student or group of students to sell Tulips on campus , in early April. See Shannon at the NAITSA Volunteer Centre for details.</p>	<h3>Volunteer Opportunities In Your Community</h3> <p>Getting Edmonton Together Youth Festival is looking for some energetic folks to assist with the festival activities on the weekend of Feb. 14th to 19th. If you would like to help out, stop by the NAITSA Volunteer Centre in E-133.</p> <p>Dickinsfield Amity House is in need of dependable volunteers to work a Bingo on Thursday Feb. 10 at 10:30 a.m. for approx. 5 hours. Lunch will be provided to all those who volunteer for the Bingo. Stop by E-133 ask for Shannon for more details.</p> <p>Child & Adolescent Services Association is currently recruiting animal lovers to join their Animal Assisted Therapy program. Shift times are flexible, must have a pet. See Shannon in E-133 for more details.</p> <p>Child & Adolescent Services Association is also recruiting for Academic Volunteer Mentors, be a part of an adult/teen mentor team. See Shannon in E-133 for at the details.</p>	<h3>Community Profile:</h3> <h4>2005 World Master Games</h4> <p>Coming up this July, Edmonton will once again host an international level sporting event! The 2005 World Master Games will make Edmonton home from July 22nd to 31st 2005.</p> <p>Where do volunteers fit in? Well it's simple really, 4,000 volunteers will be needed to help make this event a success!</p> <p>"Volunteers are a valuable & indispensable componet of the Games. The organization recognizes, values & respects the involvement of volunteers in this event." Says Susan Kankkunen, Volunteer Manager, for the Games.</p> <p>If you are interested in volunteering for this multi-sport festival event, more details can be found online at www.2005worldmaster.ca, or contact Shannon in the NAITSA Volunteer Centre for more details!</p>	<p>Coming up in February the Annual S.S. Benefit NAIT Cruise. Volunteers are needed to help transform NAIT into an Egyptian paradise! A variety of shift times and jobs are available. Come by the NAITSA Volunteer Centre in E-133 to sign up!</p> <p>Daffodil Days are coming! Volunteers are needed to help sell daffodils on Friday, March 18th, 2005. If you are interested in helping out, contact Shannon in room E-133 or naitsavc@nait.ab.ca.</p> <p>Need to volunteer as part of a class requirement, visit the NAITSA Volunteer Centre in E-133 for volunteer opportunities at NAIT and in the community.</p>
<hr/> NAITSA Volunteer Centre Contact Infomation: Shannon Marshall Phone 491-3966 or E-mail: naitsavc@nait.ca			<h3>Quote of the week:</h3> <p>"Love your enemies, for they tell all your faults." B.Franklin</p>

NAITSA Position Breakdown

Dwayne Williams



NAITSA President

The NAITSA Elections are soon to be upon the institution. However not everybody knows exactly what the various positions for main campus NAITSA Executives are, let alone what they each are responsible for doing to help our fellow students have a great time at NAIT!

So here are the main campus NAITSA Positions (in no real order of importance), along with some of the duties that are listed in the bylaws and constitution:

President:

The leadership and supervision of the Vice Presidents and General Manager of NAITSA fall into this position's duties. As official representative for the Students' Asso-

ciation the President is responsible for attending all meetings and events on behalf of the students of NAIT.

The President must ensure that the Students' Association is always acting in the best interest of fellow NAIT students, and also sticking to the organizational goals.

VP Finance & Admin:

The acting Chief Financial Officer, the VP F&A is responsible for the financial affairs of NAITSA. This position must constantly keep updated on NAITSA's current budget and financial limits. The VP F&A also makes sure the technology clubs are remaining accountable to their fellow students, and is responsible for hiring temporary paid positions for NAITSA events and activities. The VP F&A is in charge of doing NAITSA daily deposits, as well as Technology Banking.

The VP F&A must make at least three presentations a year. One presentation at The Annual General Meeting where the VP F&A presents NAITSA Audited Financial Statements, and also presents NAITSA Yearly Budget for two

readings to General Council.

As the designated signing authority for NAITSA, this Vice President is all the acting President in the absence of the President of the Students' Association.

VP Campus Life:

As VP Campus Life, the main duties of this position entail support and administration of technology and student clubs, as well as the promotion and review of Campus Sport and Wellness.

Expect a lot of time and energy to be directed towards events and activities to which the VP has the responsibility and authority for planning. This position, while very "hands-on," is definitely one to which a large portion of social time (after school) will be devoted to events and their successful execution.

VP Student Affairs:

Vice President Student Affairs is responsible for assisting student with academic related matters. From in-class student grievances, to general gripes with the NAIT experience in general. This posi-

tion is key to NAITSA's keeping a pulse on the current issues surrounding NAIT and fellow student experiences.

The position is responsible for the generation of all NAITSA publications, along with giving direction to the NAITSA communications department. The VP Student Affairs will act in the capacity of Publisher of The Nugget (NAITSA's official student newspaper)

So, to those who were unsure of the duties of the NAITSA Executives before, those are the key areas of focus for the different positions. While on paper they appear fairly simple tasks, let's just say lack of sleep and late-night/early-morning meetings are common weekly occurrences!

Yet, at the end of the day, knowing your helping to make the student experience at NAIT will make it all worth it! Remember, February 22nd to March 2nd is when nominations for the positions will be open for the March election! So grab a nomination form from the NAITSA office! (E-131) —Your NAITSA Prez

Vice President of Finance and Administration Position Update

Elaine Devine



This has been a busy couple of weeks at the NAITSA office. Dwayne and I will be out of the office on Thursday and Friday. We are attending an ACTISEC conference in Red Deer we will be returning on Monday. Just a reminder to all students that next Tuesday we are holding a very important General Council meeting in X107 at 5:00pm. Please make sure that someone from your technology will be in attendance.

The NAITSA office will be closed for reading break Friday February 18th and Tuesday February 22nd sorry in advance for any inconvenience. Because NAIT is piloting a new reading break there is no time when everyone in the school has the same break, so we have decided to be closed on the above dates. We chose those dates because then we are close one day of each of the two different breaks so that we are not closed for more than one day during each break.

Nominations for NAITSA elections open February 22nd and the deadline for nominations is March 2nd at 4:00pm. Because our office is closed on the February 22nd nomination forms will be available in Student Services Office located across the hall from the NAITSA Office. Or you can come in to the NAITSA office after February 22nd and pick one up.

If you have any questions or comments please feel free to either call me @ 471-7609 or e-mail me @ edevine@nait.ab.ca

Thank you,
Elaine Devine
Vice President Finance and Administration

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PAINTBALL

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THE DEADLINE IS
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day of the week.

All submissions must be
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The opinions contained in The Nugget
are the opinions of the individual
writers and do not necessarily reflect
the opinions of the Nugget staff or
NAITSA. The Nugget reserves the
right to edit letters and viewpoints
for brevity.

Ooks Take Aim At Play-Offs

Trevor Elliott—SPORTS



As the ACAC regular season comes to a close for many of our Ooks teams, all of our teams are in great position to grab a spot in the play-offs. Some teams have already clinched a play-off spot and are simply looking to improve their position, while others are in a dead heat to clinch one of the final spots left.

Our men's hockey team finds themselves three points behind the league-leading SAIT Trojans with two games at hand. The Ooks face the Concordia Thunder in a pair of games next weekend and finish off their season with two games against the GMCC Griffins. The Ooks are 1-1 against both the Thunder and Griffins so far this season. The Ooks can clinch second place with at least one win in the next two weekends; however, the Ooks will likely have to win all of their remaining games in order to clinch first place in the regular season.

The women should fulfill their goal this season of reaching the play-offs. The Lady Ooks can

clinch a play-off spot with two points from their last three games. The Lady Ooks host SAIT tomorrow night and face Red Deer and GMCC next weekend. The Lady Ooks can still catch the SAIT Trojans who are three points ahead; however, they must win against the Trojans in order to catch them.

The men's volleyball team finds themselves tied for second place in the North/South division with an 8-0 record; however, they now head into the final two weekends of their season with two matches against each of SAIT and Grant MacEwan. The Ooks must finish in first or second in order to advance to the play-offs. The Ooks split an earlier series with the Griffins; however, they have not faced SAIT in regular season action. With the play-off race so tight, the Ooks will likely have to win at least two of the four games in order to advance.

The women's volleyball has been very impressive in the second half of their season and are tied with SAIT at 7-1. The Ooks face the Trojans in two matches this weekend and can clinch first place in the North/South division by winning both matches. The Lady Ooks finish off their season with two games against Lakeland next weekend. The team should secure a play-off spot as long as they remain focused and finish their season strong.

The men's basketball team is four points ahead of Augustana for the

final play-off spot in the North. The Ooks face King's College in a pair of games this weekend before taking on the Lakeland Rustlers, who are ranked 10th in the nation. The Ooks split an earlier series against King's and have been outplayed in all of their three matches against Lakeland this season. The Ooks will really have to step it up in the final weekends of their season in order to advance to the play-offs. The Ooks are still guaranteed a spot in the National Championships, however, as they host the Championships March 17th to 19th.

The women's basketball squad is in tough to make the play-offs this season. The Lady Ooks find themselves four points behind Lakeland with two games against each of King's College and Lakeland. Both of these opponents are beatable and the Lady Ooks split home games against each of them earlier this season. The Lady Ooks can win if they stay motivated and raise their level of intensity.

All NAIT teams have been very exciting to watch this season and students are encouraged to come out and support their teams. Home hockey games are hosted at the NAIT Arena, while students can check out volleyball and basketball action at the NAIT Gym. The Nugget will follow all Ooks teams throughout the play-offs and will have exclusive coverage of the CCAA National Basketball Championships March 17th to 19th.

NAIT OOKS Ook Tracks

TREVOR Elliott—SPORTS

MEN'S HOCKEY

Last Week: The Ooks split the home and home series against SAIT as they defeated the Trojans 3-2 at home on Friday and were defeated by SAIT 5-3 in Calgary on Saturday.

Coming Up: The Ooks visit the Thunder on Friday at 8pm at the Clareview "A" Arena and host Concordia on Saturday at 2pm. The Ooks close out the season against Grant MacEwan. The Ooks face off against the Griffins at the Bill Hunter Arena 8:30pm on Wednesday, February 16th and host GMCC on Saturday, February 19th at 7pm.

WOMEN'S HOCKEY

Last Week: The Lady Ooks surprised Mount Royal 5-3 at Calgary on Saturday.

Coming Up: The Lady Ooks host SAIT Friday at 7pm. The Lady Ooks host Red Deer College Friday, February 18th at 7pm and close out their schedule against the GMCC Griffins at Grand Trunk Arena at 8pm.

MEN'S BASKETBALL

Last Week: The Ooks lost 77-63 at Concordia on Friday and defeated the Thunder 87-84 on Saturday.

Coming Up: The Ooks host King's College on Thursday at 8:30pm and visit the Eagles on Saturday. The Ooks visit Lakeland College on Friday, February 18th and finish off the regular schedule as they host Lakeland at 7pm on Saturday, February 19th.

WOMEN'S BASKETBALL

Last Week: The Lady Ooks lost 78-59 at Concordia on Friday and were defeated by the Thunder 61-47 on Saturday.

Coming Up: The Lady Ooks host King's College on Thursday at 6:30pm and visit the Eagles on Saturday. The Lady Ooks visit Lakeland College on Friday, February 18th at 7pm.

ary 18th and finish off the regular schedule as they host Lakeland at 5pm on Saturday, February 19th.

MEN'S VOLLEYBALL

Last Week: The Ooks defeated Medicine Hat 3-1 (27-25, 18-25, 25-16, 25-10) at home on Friday and defeated the Rattlers 3-0 (25-10, 25-20, 25-17) at home on Saturday.

Coming Up: The Ooks host SAIT on Saturday at 8:30pm and visit the Trojans on Saturday. The Ooks host GMCC on Friday, February 18th at 8:30pm and finish off the regular schedule as they visit the Griffins on Saturday, February 19th.

WOMEN'S VOLLEYBALL

Last Week: The Lady Ooks lost to Medicine Hat 3-1 (21-25, 25-7, 28-26, 26-24) at home on Friday and defeated the Rattlers 3-0 (25-18, 25-11, 25-12) at home on Saturday.

Coming Up: The Ooks host SAIT on Saturday at 6:30pm and visit the Trojans on Saturday. The Ooks host Lakeland College on Friday, February 18th at 6:30pm and finish off the regular schedule as they visit the Rustlers on Saturday, February 19th.

BADMINTON

Coming Up: The Ooks travel to Red Deer College this weekend for individual play-offs.

The Ooks compete in doubles and mixed play-downs at Concordia on February 19th and 20th. The Ooks are currently ranked 8th in the nation.

SWIMMING

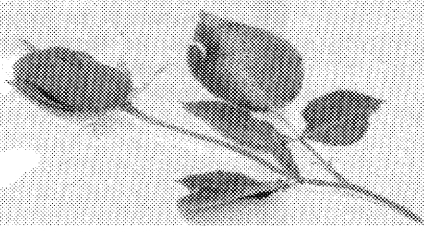
Coming Up: The Ooks travel to Keyano College Saturday for the 2nd ACAC swim meet.

CURLING

Coming Up: The Ooks travel to Augustana for the third ACAC bonspiel on February 18th to 20th.

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office (T114A) or by calling 471-7873.

NAIT Career Services

Rapid Resume Reviews

Feb 16	HP Centre (by cafeteria)
Mar 2	South Lobby
Mar 16	Business Tower Lounge

Ook Standings

TREVOR Elliott—SPORTS

MEN'S HOCKEY

as of February 5, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
SAIT	22	16	5	1	0	33	109	68	8 2 1	8 3 0
NAIT	20	15	5	0	0	30	100	54	8 2 0	7 3 0
Mount Royal	22	13	7	0	2	28	115	75	8 3 0	5 6 0
Grant MacEwan	19	11	6	2	0	24	83	57	7 4 0	4 2 2
Augustana	20	6	10	4	0	16	65	79	3 5 2	3 5 2
Concordia	19	5	11	1	2	13	57	88	0 7 1	5 6 0
Briercrest	20	1	18	0	1	3	51	159	1 9 0	0 10 0

WOMEN'S HOCKEY

as of February 5, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
Mount Royal	18	13	4	1	0	27	62	33	5 3 0	8 1 1
Red Deer	18	12	4	1	1	26	56	41	6 4 0	6 1 1
SAIT	16	9	4	2	1	21	47	36	5 3 1	4 2 1
NAIT	17	9	8	0	0	18	60	52	4 4 0	5 4 0
Grant MacEwan	17	3	9	3	2	11	28	48	1 5 2	2 6 1
U of C	18	2	13	1	2	7	24	67	1 7 1	1 8 0

MEN'S BASKETBALL

as of February 5, 2005

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Lakeland	20	18	2	36	1735	1448	9 1 9	1 1	W2
Grant MacEwan	20	17	3	34	1618	1358	9 1 8	2	W8
Concordia	22	16	6	32	1791	1643	9 1 7	5	L1
NAIT	20	8	12	16	1569	1639	5 5 3	7	W1
Augustana	20	6	14	12	1431	1504	3 7 3	7	L1
Grande Prairie	22	4	18	8	1595	1934	2 10 2	8	W1
The King's Univ College	20	3	17	6	1562	1778	3 7 0	10	L10

South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Red Deer	20	17	3	34	1687	1379	9 2 8	1	W10
SAIT	20	14	6	28	1646	1397	9 1 5	5	W5
Mount Royal	20	14	6	28	1588	1390	8 2 6	4	W4
Lethbridge	20	12	8	24	1603	1506	7 2 5	6	W3
Briercrest	22	8	14	16	1663	1804	4 6 4	8	L3
Prairie Bible	22	5	17	10	1493	1761	4 7 1	10	L5
Medicine Hat	20	2	18	4	1174	1617	1 10 1	8	L4

WOMEN'S BASKETBALL

as of February 5, 2005

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Concordia	22	20	2	40	1510	1064	11 0 9	2	W5
Grant MacEwan	20	16	4	32	1302	923	8 2 8	2	W9
Augustana	20	14	6	28	1405	1158	7 3 7	3	W2
Lakeland	20	9	11	18	1169	1346	5 4 4	7	W2
NAIT	20	7	13	14	1040	1246	5 5 2	8	L2
Grande Prairie	22	5	17	10	1158	1389	3 9 2	8	L2
The King's Univ College	20	1	19	2	835	1293	1 9 0	10	L8

Women's South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Lethbridge	20	18	2	36	1424	939	7 2 11	0	L1
Mount Royal	20	16	4	32	1353	928	6 3 10	1	W3
SAIT	20	14	6	28	1107	1015	7 3 7	3	W4
Red Deer	20	11	9	22	1175	1058	6 6 5	3	W5
Medicine Hat	20	9	11	18	1160	1136	5 6 4	5	W1
Prairie Bible	22	2	20	4	1055	1557	2 9 0	11	L6
Briercrest	22	2	20	4	877	1518	2 8 0	12	L12

MEN'S VOLLEYBALL

as of February 5, 2005

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Red Deer	8	7	1	14	23	4	4 0 3	1	W4
The King's Univ College	6	5	1	10	16	4	3 0 2	1	L1
Mount Royal	7	5	2	10	15	11	4 0 1	2	W1
Grande Prairie	6	2	4	4	8	15	0 2 2	2	L2
Lakeland	7	1	6	2	9	17	0 4 1	2	W1
Briercrest	8	1	7	2	5	22	1 3 0	4	L1

North/South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Grant MacEwan	8	8	0	16	24	1	3 0 5	0	W8
NAIT	8	8	0	16	24	1	4 0 4	0	W8
SAIT	8	6	2	12	18	7	3 1 3	1	W6
Lethbridge	8	4	4	8	12	12	4 0 0	4	L4
Medicine Hat	6	0	6	0	1	18	0 3 0	3	L6
Portage	6	0	6	0	0	18	0 4 0	2	L6
Keyano	8	0	8	0	2	24	0 4 0	4	L8

WOMEN'S VOLLEYBALL

as of February 5, 2005

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Grant MacEwan	8	8	0	16	24	7	6 0 2	0	W8
Red Deer	8	5	3	10	18	15	3 1 2	2	W1
Mount Royal	6	4	2	8	14	10	2 1 2	1	W2
Grande Prairie	8	3	5	6	17	18	1 1 2	4	L1
The King's Univ College	8	2	6	4	11	21	1 3 1	3	L4
Lethbridge	10	2	8	4	14	27	2 3 0	5	L5

North/South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
NAIT	8	7	1	14	22	5	3 1 4	0	W1
SAIT	8	7	1	14	22	7	3 0 4	1	W5
Medicine Hat	6	4	2	8	14	8	3 0 1	2	L1
Keyano	8	4	4	8	14	15	0 2 4	2	L4
Briercrest	8	3	5	6	13	16	3 3 0	2	L1
Lakeland	8	1	7	2	5	23	0 4 1	3	W1
Portage	6	0	6	0	4	18	0 4 0	2	L6

BADMINTON

as of February 5, 2005

Team	MP	MW	ML
Mount Royal	15	14	1
Concordia	15	13	2
NAIT	15	9	6
Red Deer College	15	5	10
Grant MacEwan	15	4	11
Grande Prairie	15	0	15

CURLING

as of February 5, 2005

Men's	First Regional	Second Regional	Total
NAIT	7-0	4-2	11-2
SAIT	5-2	5-1	10-3
Grant MacEwan	6-1	4-2	10-3
Grande Prairie	3-4	4-2	7-6
Augustana	3-4	3-3	6-7
Concordia	3-4	1-5	4-9
Olds	1-6	0-6	1-12
Lakeland	0-7	---	---

Women's

Grant MacEwan	8-0	7-1	15-1
Lethbridge	6-2	8-0	14-2
Lakeland	4-4	6-2	10-6
NAIT	5-3	4-4	9-7
Augustana	4-4	4-4	8-8
SAIT	3-5	3-5	6-10
Grande Prairie	2-6	3-5	5-11
Olds	3-5	1-7	4-12
Concordia	1-7	0-8	1-15

Mixed

NAIT	5-0	6-2	11-2
Grant MacEwan	4-1	7-1	11-2
Lakeland	2-3	5-3	7-6
Augustana	3-2	1-7	4-9
SAIT	1-4	1-7	2-11
Portage	0-5	---	---

SWIMMING

as of February 5, 2005

Combined Scores	First Meet	Total
Grant MacEwan	326	326
Concordia	136	136
Grande Prairie	127	127
NAIT	102	102
Keyano	61	61

Men's	First Meet	Total
Grant MacEwan	152	152
NAIT	48	48
Grande Prairie	39	39
Concordia	32	32
Keyano	26	26

Women's

Grant MacEwan	146	146
Concordia	86	86
Grande Prairie	78	78
NAIT	40	40
Keyano	35	35

Important Information Regarding

2004 T2202a Tuition Tax Receipts

New for 2004!

The T2202A tuition tax receipts for the 2004 calendar year will be made available to students on-line at www.nait.ab.ca/MyNait Portal in February 2005.

Please note:

These tax receipts will NOT be mailed and will only be accessible via the web.

Cool Things

CURTIS Comeau

A super bowl commercial inspired this week's installment of Cool Things. Just top set the record straight the only reason why I watch the Super Bowl is for the commercials...

So im at Hudsons Tap House,

Things would feature — The Coolest Muppets.

In my mind here are the coolest Muppets of all time... If you disagree email me at comeau@gmail.com

1. Beaker - This funny little Mup-

pet was a character on the original Muppet Show. He was the crazy assistant to Dr. Bunsen. Poor Beaker was the constant victim of abuse from Dr Bunsen. The coolest character trait Beaker sported was his high pitched voice and

incomprehensible language "memememe...me. me"

2. Gonzo — Gonzo earns cool points just for his name. He originally appeared in the Muppet Show as well, but we found out in a later film he was actually an



watching the Super Bowl and this Pizza Hut commercial comes on, featuring the Muppets - Kermit, Animal, Gonzo and Miss Piggy. As I was brought back to my child hood I knew at that moment what the 3rd installment of Cool

pet was a character on the original Muppet Show. He was the crazy assistant to Dr. Bunsen. Poor Beaker was the constant victim of abuse from Dr Bunsen. The coolest character trait Beaker sported was his high pitched voice and

alien from space. Other cool character traits include his crooked nose, nasal voice and strange fetish for chickens.

3. Yep Yep Yep Muppets — Definitely some of the coolest Muppets ever. So damn cool they don't even have names. They were supposed to be aliens and appeared on the 80's Sesame Street TV show. Covered in blue, red or green fur these funny little dudes would run around yelling "yep yep yep yep unuh unuh". My simple child like mind still finds these guys funny... What was Jim Henson on when her created these guys?

4. Rizzo the Rat — When faced with the challenge of taking the essence of a New Yorker and put it onto a Muppet Jim Henson answered the call. He took a little rat, made him feisty as hell and gave him Brooklyn/Italian accent — Poof! The essence of a New Yorker personified in Rizzo the Rat. Rizzo is a hilarious little tough guy, who quickly became best friends with Gonzo. The both appear in several Muppet movies.

5. Animal — Most people don't know this but Animal's Character is based on Keith Moon, the drummer from The Who. Animal's character was an instant fan favorite, since his rage filled debut as drummer in the original Muppet Show band... Some controversy arose around his character in the early 80's when a group of people thought Animal was actually a spin off of the maniac Charles Manson.

Scrapbook of the NHL Lockout

GARRETT Mazure Edited by Jenny Annett

"A get up, a get, get, get down... NHL is jokeo town." Just like that early 90's track by Public Enemy, "911 is a joke". Has Gary Bettman become the new Osama Bin Laden.....nowhere to be found? Is anybody else getting sick and tired of the NHL wishing it would go away? I wish I could see a player on the street and tell him like it is. Please don't insult the fans by saying the season has to be salvaged by the fans. (We actually don't care.)

Its funny how distorted the thinking of players has gone through-out this whole thing. If the victims of disasters all over the world could see how they are arguing over millions, they would be shocked. Instead of getting paid 4.5 million, players might get 4 million, but that doesn't seem to be enough. Instead of having three porches, they might only get to own one. What a shame. As far as what an owner makes, it's none of their business. Have you ever asked your boss how much he made one year and expect a chunk of it? You know where you would be. Most likely finding a new job. It's why they get the money, they own the company, or in this case the team. The players right in that they are the product, but the bottom line is that they are lucky to live their lifestyles and should be grateful.

I believe it all started with Eric Lindros. You give a player a million dollars before he even **plays** an NHL game and you get players like Lindros, or Alexander Daigle. They might as well have let Eric Lindros run the league when he was drafted, by the demands they gave him. Who comes into the league and tells them where he wants to play and for how much? The day Scott Stevens lined him up on the blue line was a good day. Keeping his head down in junior might have worked since he was much bigger than the rest, but things have changed since. As for Gary Bettman being that stubborn is another thing. It's his job to get something done, but I'm not sure if he is the right guy to run the league.

Its funny how when I was younger, I relentlessly used to cut out articles and pictures of NHL

hockey from the Edmonton Journal for my scrapbook...and it was fun. I wonder if any kids still do that sort of thing. It's too bad if they do, because all they would have is pictures of players wearing suits in airports talking about nothing, getting nowhere. Well... I guess I shouldn't say nowhere. They keep coming up with arguments of philosophical differences. Really? All I see are players jumping on the nearest flight to Europe. Do they really care? I think not. I imagine things are quite fine for the likes of Jagr, Naslund, Sundin. Being back in their home countries must be a nice change.

Has anyone been watching the NFL season this past year, or the Australian Open? If you have, I can't see a need for hockey.

Do we really need NHL back? Do we need it in **June**, when people are out at the lake? Has anyone been watching the NFL season this past year, or the Australian Open? If you have, I can't see a need for hockey. There are quality sports everywhere, we don't need a bunch of overpaid NHLers to meet that fix. I overheard one player say he can't understand how NFL football players don't feel like a piece of meat, with no guaranteed contracts. That's what they are. Either you produce or not. As a player, you are there to play!

To close I make a plea: Please, please, please cancel the season so I don't have to see these players complaining about not being able to get the BIG yacht! The NHL needs to stay strong, they need to let the players no they won't be giving out donations anymore. The NHL needs to be singing 50 Cent in their heads at all times: "I don't know what you heard about me, but you can't get a dollar out of me..." When they can do this, I will be happy.

Student Helpdesk (NAIT Technical Support)

The Student Helpdesk is the newest helpdesk at NAIT and is a collaborative effort between Technology Curriculum Innovation and ISD Customer Support. This helpdesk was designed to provide students with a single, primary point of contact for technology related issues. Assistance can be provided by phone, email or through our Feedback form located on www.nait.ca/help.

Support analysts are able to provide assistance to students with questions on the following:

- MyNAIT (logins, navigation, etc.)
- Student Email
- Student Storage
- LOGs Online
- WebCT
- TLM
- Wireless — "NEW Wireless Pilot Project" beginning November 10. Contact the student helpdesk and make an appointment (offered on Wednesdays only), if you require support with your wireless connection.

Phone: (780) 491-3182
Toll Free 1 (866) 491-3182
Email: techsupport@nait.ca

Enough with the Ugh's

CURTIS Comeau

Before I officially start the regular Fashionistah column, I need to share some of my thoughts regarding the Ugg Boots.

If there were an Ugg Boots spectrum, I'd definitely fall into the "hate them" category. For those without a clue as to what I'm talking about, it's those sheep-skin, Yeti-like footwear that you've been seeing around town. Sure they look spectacularly warm and comfortable and I'd probably not want to take them off my feet had I actually owned a pair. But I don't.

What sickens my fashion-conscious little tummy is how ridiculously Ice-age tacky they look with skirts. Sure Jessica and Samantha have been sporting them on TV but don't you realize that it's just a cruel joke played on us by the fashion industry?? I wouldn't expect the girls from Calgary to realize it, but you ladies?

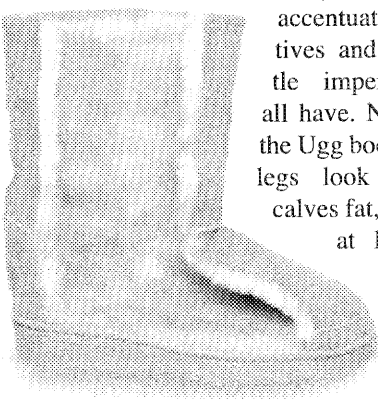
For those of you who, "oh so" *brilliantly* pair them up with mini-skirts, where do you get your fashion inspiration? Is it your "Alaska Weekly" or "Yeti Hunting" subscriptions? Sure, as Edmonto-

nians, we might be *slightly* behind the Paris, Milan and New York's fashionably dressed population but that's no excuse to fall behind the good citizens of Moose Jaw or Ponoka...

There is only one rule in fashion: anything you put on should accentuate your positives and hide the little imperfections we all have. Now let's see: the Ugg boots make your legs look short, your calves fat, and your feet at least 3 sizes bigger. If you're still unconvinced, when was the last time you wished your legs looked more "heavy"...

I can just hear all the "I'm not a fashion slave" and "I wear them for comfort and don't give a sh*t what others think" kind of comments. First of all, if you own a pair, you're already a fashion victim. If you insist on wearing them just for comfort, let's talk next season when the Uggly Boots will be nothing but a distant and embarrassing memory.

Stay fabulous my divas you stylish boys, and join me next week for a feature on accessories.



this week at

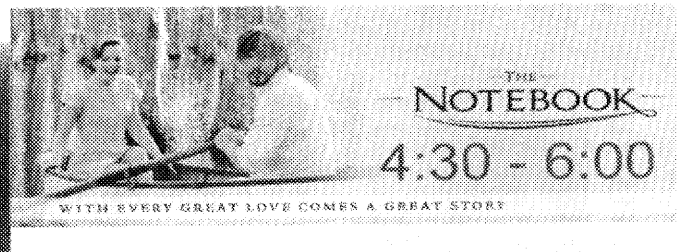
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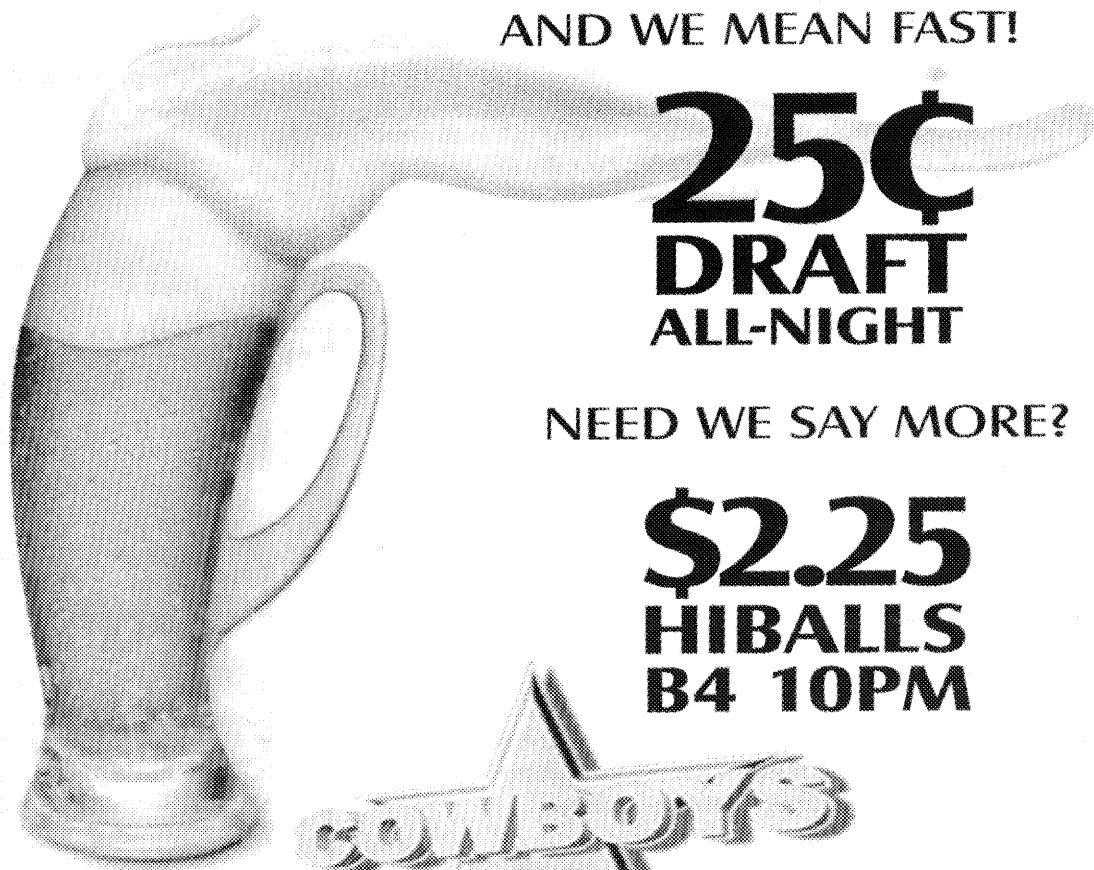
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Adventures in Mexico

Day 8: Baked Brains and Airplane Weapons

Jenny Annett
HEALTH & LIFESTYLES



What was fun and exciting ended as a sad, stressful nightmare. We awoke on our last morning with a feeling of dread in the air. We ate our last breakfast, walked our last stretch of beach, and soaked our last sun ray. The mood was depressing and everywhere we went, 'Enya' was the soundtrack. Everyone averted their eyes when we walked past, as if it was our last day on earth. It was close.

Once we arrived at the airport, we realized it **could** have been

the end of the world. The airport doors were clogged with hundreds of Canadians. A story was making its way down the line that a plane from Calgary had to make an emergency landing and thus, **EVERYTHING WAS DELAYED**. So, we stood in the sun for two hours, before we were able to make it in airport. This wouldn't normally be a big deal, except for the fact we were wearing long pants and shirts. The heat was unbearable and started messing with our brains.

I was nursing a gigantic glass vase I had purchased, so therefore, couldn't stand in the heat comfortably. I finally crouched down to avoid the heat when SHE started singing. At first, it was a faint hum. It then grew louder and louder until it was a full rendition of *The Wheels on the Bus*. It was unbelievable. There I was, crammed between hundreds

of sweaty people, and this chick starts a round of wheels on the bus. Hating her and everyone who knew her, I silently wished a bout of explosive diarrhea on her.

Once we were allowed inside the airport, we made our way to the desk. There, we were told that what we thought was going to be a two hour delay had been pushed back to a five hour delay. **ARRRRRRGHHH!** Not only that, but the glass vases we had been holding for the past two hours were not allowed on the plane, as they were considered 'weapons', so we had to check them as 'fragile' luggage. Yeah right. I just know some guy used mine as a baseball bat.

The airline apologized for the delay and gave us five dollar vouchers to be used in the cafeteria. The only problem was that the cafeteria was located outside the secure area, and they wouldn't let us leave. I curse that voucher every day at five o'clock.

Finally, we were on the plane. Home was approximately five and a half hours away, all of which were spent listening to 'Sicky McPukesalot' sitting behind us. Sigh. The perfect end to a shitty last day.

The flight went quickly, and we were relieved to see our parents at the airport. Our trip was officially over, destined to be pushed back

into our subconscious as one of the many experiences that become shadows of the mind. We retrieved our smashed vases (I told you) went our separate ways, and slept soundly in our own beds, reliving the sun and the sand that was our lives just twelve hours prior.

Comments are welcome and can be directed to jannett8@hotmail.com

Dear Bonny and Guest

The hilarious column where you can seek advice from a normal, unaccredited NAIT student and her zany weekly guest! To submit your questions, email us at bonnyandguest@hotmail.com

This week's guest: The drunken cougar in the sequined shirt

Dear Bonny and Guest,

I am secretly crushing this cute guy in my class. Any suggestions as to how to get him to notice me?

-Doing the Mating Dance

Dear Mating Dance,

Bonny: Getting this gentlemen to notice you might be as simple as saying hello. If it seems like he doesn't know you exist, a good way to get him interested is to simply initiate a conversation.

Cougar: When I'm at a bar, I like to put on pink lipstick and tease my hair really tall. I also like to wear shiny tops and leopard print pants. If that doesn't make a young man notice me, I will usually put my hand down his pants and grab his penis.

Bonny: Once you start talking

with this fellow, the next step would be to find out what he's interested in. Maybe he likes Thai food... That would be something you could ask him about. People love to talk about what interests them.

Cougar: When I talk to an attractive man, I usually like to tell him right away that I want to have sex with him. If he seems like he's not interested, that usually means he's playing hard to get.

Bonny: After you two have established shared likes and dislikes, at this point you could casually ask him out to coffee or lunch. Of course, if you've come this far and he seems like he's always rushing off, he might not be interested in you.

Cougar: There's no such thing as not interested. If this man tries to get away without a fight, I suggest you rub your camel toe on his knee. If that doesn't work, blow smoke in his face.

Bonny: At any rate, conversation is a must. Put yourself out there. If he doesn't bite at the bait, don't waste your time. There are plenty of great men out there!

STUDENT SUCCESS SEMINARS Room X111

SESSION	DATE	TIMES
STRESS MANAGEMENT	Wednesday, March 2nd	11:15 to 12:15 or 12:15 to 1:15

All sessions are free and on a drop-in basis.

For more information contact the

STUDENT COUNSELLING CENTRE

Room 0117; phone 471-8921

www.esmeraldas.ca

LADIES NIGHT

Friday's

2 Lucky Ladies Will Win Packages Worth Over \$500 Each & Qualify For Tickets To KEITH URBAN!

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Esmeraldas

Me and George Laraque, Best Friends Forever

JENNY Annett

Readers, I have a special treat for you today. While most articles are written on the standard solid earth, this article is different. I am currently composing this 38578 ft above the ground, just over the great lakes of Ontario. Though the thought of me typing in a cramped vinyl seat may not be interesting to you, perhaps my experience thus far and beyond will be. So join me, in my plane ride to Toronto, in an article I like to call: *'Me and George Laraque, Best Friends Forever.'*

If you have been following my *'Adventures in Mexico'* articles, you will agree that I prefer to do things in a sketched out, crazy fashion. This little excursion is no different. Friday evening was spent with a few friends, drinking coffee upon coffee at Boston Pizza. This didn't seem like such a bad idea, until I had the massive shakes at three in the morning. Needless to say, the shakes

persisted throughout the night, thus making this the second time in one month I have arrived at the airport without sleeping.

With my body rejecting my stomach, I felt the desire to throw up and you-know-what all at the same time. The three cups of coffee had taken on a strange transformation from a delicious warm liquid to a hard, solid, concrete like substance in a short time span. Worse than a hangover, the coffee bends are a withdrawal like no other.

Once on the plane, with Roloids and water in hand, I began to look forward to my small vacation. The plan was simple: visit Toronto and Guelph with the hopes of a new experience and a schmooze fest with representatives of the University of Guelph. First, I had to overcome the feat that was the plane ride.

There is a double edged sword to air travel. What seems like a good decision could end up being a big mistake. For example, seat selection. My first wish was that I not be seated next to someone who smelled bad. This wish was granted. My second wish was that I not be seated to anyone who was sick. Not so lucky on that one. Here I sit, next to Snotty Smith, who is presently hacking up various objects associated with the grotesque.

If Snotty wasn't enough, I also have the chauvinist triplets sitting behind me. Remember that *Seinfeld* where George is friends with those business men from Texas? Well if you do, you will recall them calling each other "Sons of bitches" and what not. Imagine that, but ten times worse. It is now ten in the morning, and the before mentioned gentlemen have put it upon themselves to become the drunkest, most obnoxious people

on the airplane. Imagine hotshot, mulleted business men from the eighties, saying, "Rock on, Fuck YEAH!" and, "Did you bring the stogies? YEAH! Party on, FUCKER!" Though I am ecstatic to have these classy fellows oogle me from one row back, I could do without their friends leaning over my seat and giving high fives over my head.

The highlight of the plane ride has been the fact George Laraque is on the plane. Of course, he's not playing, so why not come with me to Toronto, right? I've been trying to be all cool looking like I'm not interested in his local celebrity status. While we haven't actually spoken or made eye contact, he walked past me to use the bathroom and I think we shared a moment. When the obnoxious triplets yelled, "Hey George! Watch out, or I'll check ya! HA HA HA!" he grunted. I take this to mean he shares the same views

as me about these loud rednecks. (All he wanted to do was go to the bathroom.)

So, with a mulleted eighties frat party starting behind me, I bid you adieu. At 40732 ft above the earth, I have transmitted you the most current, up to date information I have access to. As you read this, don't be jealous of me and the fact I am on a mini vacation away from Edmonton. Or, that there is a balding, swearing, business man trying to look down my shirt. Feel jealous of me because George grazed the handle of my purse when he went to the bathroom. It is a moment I will cherish forever.

Comments are welcome and can be directed to jannett8@hotmail.com

SPEAK OUT!

Here at NAITSA, we want to serve you better. For this to happen, we need to know what suggestions and feedback you have to improve your quality of life at NAIT. All of your feedback will be kept confidential. If you would like to know how we are making the changes you suggest, you can leave your contact information. We will also be providing articles in the Nugget for you to see what changes other people have recommended. If you would like to take a hands-on approach to your suggestion, drop by the NAITSA office (E131) so you can join one of our many committees. Please return completed forms to the NAITSA office. Thank you for your time!

WWW.NAITSA.CA

Date: _____ Name: _____

Phone: _____ Program: _____

What campus are you on? _____

Suggestions or Feedback: _____

Recommendation: _____

Can we publish your suggestions or feedback in the Nugget? Yes No

A Crack At The 'Code'

Laura Johnston



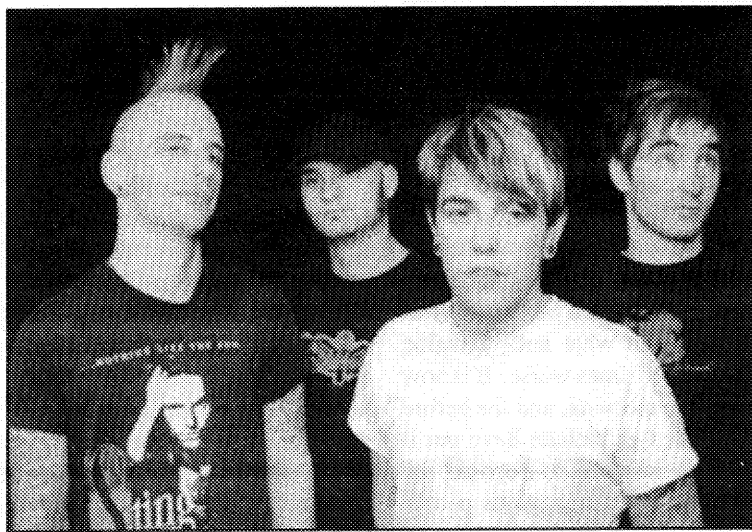
I come forward with very little to offer you this week after what was deemed an incredible concert on Saturday night. Frankly, I didn't even go, which is rather disappointing from a professional standpoint. My only excuse is my personal boycott of the sickeningly beloved Social Code. It honestly surprises me that more of you don't share my feelings after the horribly sub-par set on January 28th's charity concert. I guess you don't have to play well when you're not being paid. But please, before you start throwing things, hear me out.

To tell you the absolute truth, I can't stand Social Code. As I can pretty much guarantee saying this will piss someone off somewhere out there, I apologize that my opinion clashes with yours. Like them if you want, it doesn't bother me, but please understand where I'm coming from.

As a resident in the sprawling metropolis of St. Albert, I am automatically expected to love

the band that also resides in my hometown. To make matters worse, I work in St. Albert's only music store. Our walls are a showcase of Social Code memorabilia from floor to ceiling. I am forever showered in a glow of gaudy red, white, and teal, cast from the t-shirts and posters that so thoroughly coat our walls. Not to mention, I am constantly harassed by throngs of teenage girls brag-

dislike their music and how they have conducted themselves since the contract was signed. I actually didn't mind them that much prior to their contract. Back in the golden days of Fifth Season I thought that actually had something really good going on. What went wrong? Perhaps it was the discharge of one of their beloved band mates that got the down-spiral in motion.



ging "I went to school with Social Code!" Yes, yes, I know. We ALL went to school with Social Code. That's what happens when your city only houses four high schools. To make matters worse, I have even been bribed by Social Code's family members to hand over the promotional posters that I despise so greatly. My friends, I would hand them over in a second, free of charge, if policy would allow it. Instead, my pain continues from shift to shift as I slowly watch the hundred-some copies of 'Year at the Movies' pour off the walls. Even more painful are the Tuesday shifts where a new shipment from the distributors pours hundred more copies back on to them. I suddenly feel heart pangs for those poor folks in Hanna, Alberta who work in their music, or possibly department, store and have to hear the continuous praise of their dear Nickelback. I'm sure it never ends. I cry a sea of tears for each and every one of you.

Don't get me wrong, it's great that Social Code got a contract for their sake. Congratulations. If someone handed me that kind of opportunity on a silver platter, there isn't a hope in the world that I would turn it down. But, that doesn't mean I'm going to scramble to wipe their a**es like the other 55,000 people in my community just because they made it big. The point still stands that I

Personally, if any band out of our city should be praised, I'd go with Tupelo Honey any day. These are some talented young men St. Albert should be proud of. After being an audience member at atleast eight of their concerts, I'm very familiar with not only their style and flare, but their love of those who make it out to see them night after night. Their recent release of their six-song debut album has already skyrocketed in popularity and is slowly becoming part of The Bear's weekly rotation. If Saturday was your first time being blessed by Tupelo Honey's prescence, I hope you enjoyed it as much as I always have. It's a feeling that has endlessly kept me coming back for more. I find rather coincidental that they now share a manager with the 'Code'.

In closing, I'd like to say cheers to both of these bands for their support in the tsunami relief effort. We never would have attracted such great attendance numbers if it wasn't for you. I would also like to extend an apology to Strada and Tupelo Honey for not coming out on Saturday night to support them. It's tragic how often my boycott gets in the way of my quest to see the concerts of those I adore. C'est La Vive.

Volunteers needed for research at the University of Alberta.

Were you suicidal between the ages of 15 and 24, and are under 26?

Would you be willing to help us understand the experience of being suicidal and recovering?

Participation is strictly confidential.
Contact us at 492-6118, or email teen.research@ualberta.ca

PeopleSoft Finance Upgrade information

The PeopleSoft team is hard at work upgrading PeopleSoft Finance from Version 7.5 to 8.8. To meet year-end obligations we must go live with PeopleSoft 8.8 July 4, 2005.

2004/2005 Requisitions

Due to the complexity of this upgrade, for this year only, **we will stop accepting 2004/05 requisitions May 13, 2005.** This will allow the Buyers time to clean up the database and minimize the amount of re-entry that will be required for 8.8.

We know this cut off is early for some of the programs that continue to run well into the summer. We are asking for your assistance in planning ahead for your requirements. We will respond to emergency requirements as long as your respective Dean endorses them. Please contact your Buyer on these items.

2005/2006 Requisitions

We will stop accepting 2005/06 electronic requisitions June 3, 2005. The Buyers will be happy to go for tender on approved CRC capital items, based on e-mail requests. This will allow you to be ready to place the item on order once we are live with 8.8.

As we approach the go live date there will be upgrade training for all who currently have access to 7.5 Requisition Entry. The upgrade training for 8.8 will be mandatory.

We apologize for any inconvenience this may cause and thank you in advance for your co-operation.

Regards

Bob

R.M.(Bob) Dechene FCAM, CPP, FAIPMAC
Materials Manager
NAIT 11762-106 Street
Edmonton, Alberta, Canada, T5G 2R1
Phone: 1-780-453-7105
Fax: 1-780-453-7125
Email: bobd@nait.ca

Cinema City 12
3633-99 Street
Movie Info Line 463-5481

Movies 12
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Medium Popcorn**
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valid anytime monday to thursday

Here We Go Again...

LAURA Johnston

The Wedding Date (PG-13)
90 mins

Directed by: Clare Kilner

Starring: Debra Messing, Dermot Mulroney, Amy Adams, Jack Davenport, Sarah Parish, Peter Egan

Nothing to do on a Wednesday night? Me neither. Drilled by the pressure of holding two free tickets to the premiere of *The Wedding Date* in my hand, I was pos-

With such poor delivery of a weak script, even the most gullible among us should easily see through his utter lack of grace and charm.

sessed by the evil spirit of thriftiness and chose the movie over, well, everything else. To put the icing on the cake, I even brought my Mother (let's just say these are 'her' kind of movies) to fill the other seat. Oh my, how wonderful it is to be 21.

Here's the scoop. One desperate, love-forsaken thirty-something receives an invitation to her younger step-sister's London wedding. Enter a family she hasn't seen in two years, a well-intentioned, but obviously clueless groom, and her ex-fiancé who happens to be the best man. While this is enough to terrify most women into trying to make a good impression, most lack inclination to resort to Kat Ellis' (Messing) answer: hire an "escort" \$6000 later. The so-called escort (Mulroney) is quick to the gun in placating her fears and sweet-talking his way into everyone's hearts. As the wedding events progress, so does the struggling plot. Past love triangles intersect current love triangles, threatening the ceremony, not to mention the harmony of the Ellis family. Alas, this movie still turns out for the better. Mr. Escort manages to single-handedly put every tear to rest and the world is once again at peace.

Not very deep is it? That's what this handy pistol is for. Thank-

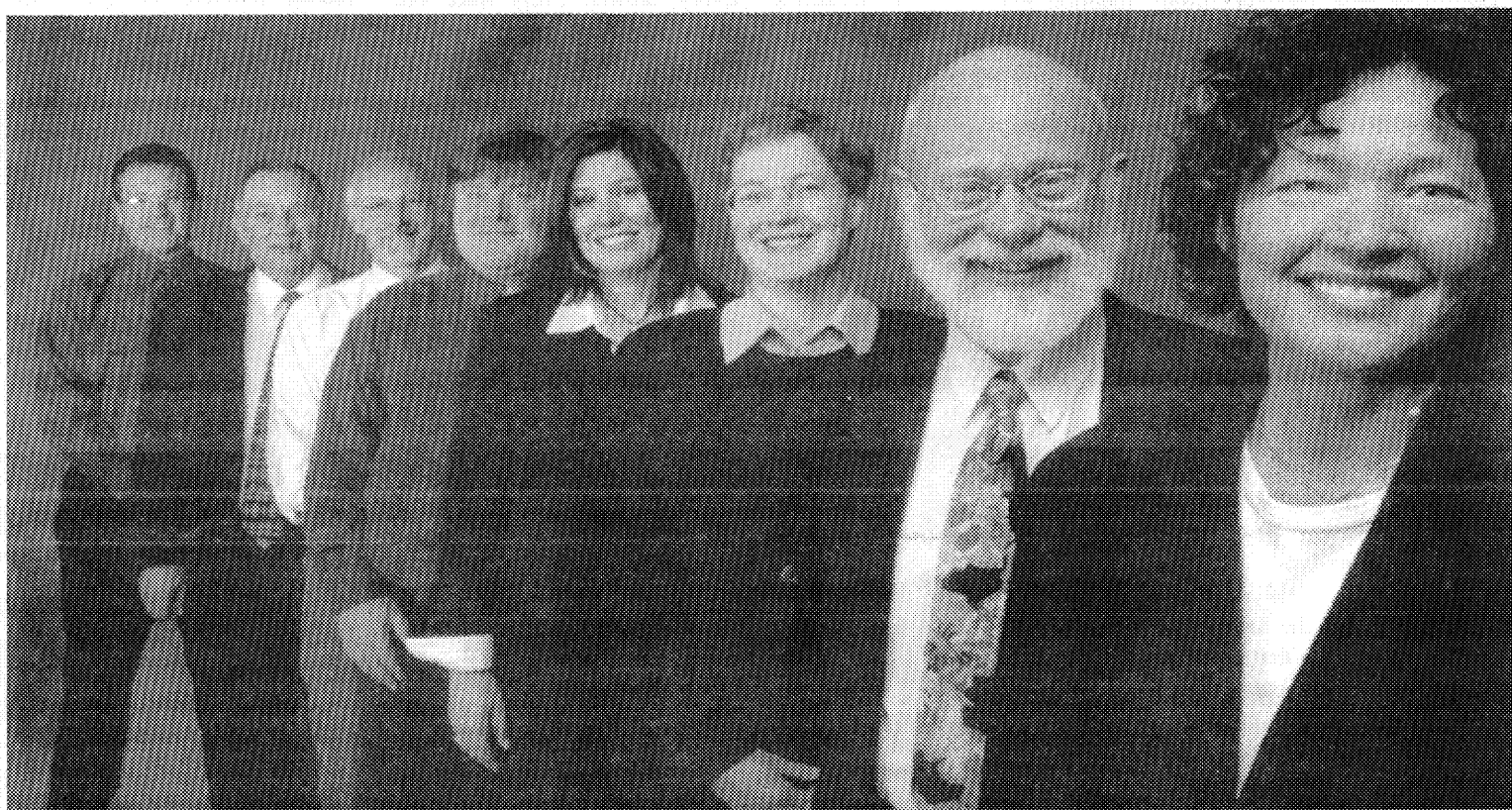
fully, Messing *almost* carries the movie through thin and thinner, a big accomplishment for an actress making her first leap from television to the silver screen. Although her infamously ditzzy role on *Will & Grace* has tragically doomed her to this sorrowfully dead-end genre, we can at least hope that with experience she will learn to choose better scripts. Mulroney, on the other hand, was a casting disaster leaving viewers longing for anything - even the likes of Hugh Grant - to lend some cred-



ibility to the character. What is with him and wedding movies anyways (F.Y.I., he also played the groom in *My Best Friend's Wedding*)? With such poor delivery of a weak script, even the most gullible among us should easily see through his utter lack of grace and charm. That being said, if your mother is anything like mine, this will most likely be the best movie she's seen in a few months. Conveniently, the only movie she's seen in a few months. Funny how those things work out, isn't it?

Let's put it this way. If you've got a date for Monday night, don't take the dive. And ladies, for the love of God, don't bring your hard-working stud to this one. He'll be up all night screaming.

I'd like to extend a big thank you to my sister, Heather Johnston, for her valuable assistance with this piece. Happy Birthday, sis!



nomiNAIT

If your instructor significantly impacted your education and you want the world to know it... honor your instructor with a nomination for the Instructional Excellence Award 2004-2005

Nomination packages are available for pickup and drop-off at the following locations:

Main Campus
Registrar's Office
Kathy Manderson - 471-7558
NAITSA Office

Rita Cain - 471-8960
Room E229
Lyrida Townsend - 491-3025

NAIT HP Centre
for Information and
Communication Technology
Room W309
Jeanette Muzeshka - 378-5353
or
Jennifer MacDonald - 378-5305
Petrolia Campus
Room P127
Reception - 453-5400

South Campus
Room Z130
Tina Chorney - 430-5103

CED Centre
Room K116
Angela Paterson - 471-7045

Technologies Annex
Room L101
Eleanor Dunbar - 471-8666

7th Street Plaza
308 North Tower
Eileen Nicol - 495-9980

Continuing Education
and Business Development
Room W111
Carrie Ouellet - 378-5024

Fairview Campus
Registrar's Office
835-6605

Grande Prairie Campus
Room 102
Giselle Dracelle - 539-2075

High Level Campus / La Cite
Campus
Fraser Deacon 841-3603

Peace River Campus
Linda Higginson 618-2610

St. Albert
Patty Field 458-6449

Deadline for submissions: February 28, 2005

Bring on the future



The problem with not giving a # ^ @!

MARK Sampson

V.P. Operations, BAS

Everyone I talk to says that NAIT feels like junior high. AND just like in Junior high, students feel not caring is cool. Does anybody else see a problem with this? NAIT is a college. It is filled with adults receiving an adult education. So why is the 14 year old attitude the model? Personally, I did not come to college to meet a bunch of under-developed and cliques trend followers.

NAIT is the first school I have attended that does not have pride or a character of its own. So far I have not met a NAIT student who feels that this school is better than the next competitor. The attitude I find is the same as a students who attends a particular High School because it was closest to his or her home. Is that all NAIT is? A convenient and close post-secondary institution!? Do people enroll at NAIT because everyone else is doing it? If this is so, that explains why no one really WANTS to be here.

As I walk through the halls I hear chatter. The word is that canceled classes and getting out early is the best thing that will happen in a particular day. Showing up late is okay because class is not important. Arguing with the teacher seems to be the favorite past time.

The truth is I (like most of us) am here for two big reasons. First, I want to get a respected and useful education. And secondly, I want to meet people and experience college life.

I want to make some memories here that will last a lifetime. Five and ten years from now I will not remember who answered Ms. Johnson's question in class, or who scored the best mark on a particular project. I will remember the silly stories. Like the time I met THAT GIRL (or guy) at a Cabaret, or the time our whole class ended up in the Paddy Wagon.

Today, I challenge you the student. I challenge you to have the best years of your life today. Take this experience and make it the best you have ever had. What happens on Friday Night could be the best story you ever tell (or the story the best man at your wedding loves to tell). I challenge you to give this school some spirit. We can be better than any other college in the country. All we need is pride and drive. I challenge you

to start a rivalry. Grant MacEwan and SAIT are our greatest competitors. In sports, party atmosphere, and academic achievement we can be unbeatable. All we need is the decision to do it. You can make college "that thing you did" or you can make college "the best time in your life." NAIT will always be a spiritless, boring, 'community college' unless each of us decides to make it more.

The solution is simple. Every weekend, hardworking volunteers put on fundraising events. Do you know what they are fundraising for? They are fundraising to offset the cost of your graduation. Each dollar that these groups bring in benefits you, the student.

Every cabaret, every bake sale, every pub-crawl, every merchandise sale, every beer gardens, and

raffle supports you the student. Each fundraiser provides you the student with a deal on an item. Most cabaret tickets sell for \$5. Most bars have a cover charge around \$5. Cabaret ticket sales support students. Cover charge supports the bar.

Every weekend, at least one technology at NAIT puts on a cabaret. Each weekend, students go to a bar. Why is it that a Cabaret

never sells-out and a bar is often packed?

It is time for change. Get involved by supporting your technology and your college. Come out to NAIT events. Choose a Cabaret ticket over a lineup to a bar. Try a homemade cookie. Start a rivalry. Cheer for our sports team.

Don't just be a student, be a NAIT student.

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LORD OF THE RINGS

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6 ft, blonde, blue eyed guy lookin for girls to hang out with. email me at GMcd43@hotmail.com

To the girl that I picked up at the BAS Iron Horse party, you are fine...if you are interested in hooking up again drop me an email at He-Man@hotmail.com — He-Man

I just have one word for the party at the Iron Horse by BAS AWE-SOME. Thanks Mark, Nathan and Gary BAS executives. — Designated Drinker

I did know there were so many uses for furry handcuffs and a 40 Gallon hat since the BAS party at the Iron Horse. Thanks Nathan D Naughty girl

ya know, ever since term 2 has started, theirs been a lacking of babes at Nait. i don't mean just business tower but i mean everyfreakin where on campus. this college has become a sausage fest which is not cool. i think i'll change my career and take something at Grant Mac instead where they have hot lookin babes everywhere!!! Mahesh

To the girl in the Alkaline Trio sweater French Toast Thursdays will live forever in my heart. -E tizzle

Hasn't anyone on 107 St. ever heard of salt? You put it on the sidewalk to melt ice so people don't kill themselves on it. A couple days ago I fell on that very ice and broke my ass. I know this because my ass now has a large crack down the middle. Mr. Ass Pain

i just have to tell the civic-nation techs this.....any idiot can hold a stick and stare through a scope.....u guys don't even deal with moving parts, u can't handle it, all u can handle is measuring

stuff that doesn't move.....oooooh like thats challenging

hey, any Ukie girls wanna meet a nice man....let me know here....ÄÊÓP...

I am proposing that, aside from the CNT group, the following people are gay: Everybody

Sincerely, The CNT group :D

M-m-m-Marshall ... will you please be my Valentine?? ... you're secret admirer ... aka Corinne xoxo

-to the girl in my econ class that sits up about three rows, and with the flaming red hair and blue jacket: Looking at your eyes just makes me feel so warm inside, and I think you're my dream girl. Maybe you feel the same way about me? -Tall dark haired guy

hello everybody my name is Taj I come from Bang-Lap-poor India .. I just want to learn the Arrt of muff-diving, you know, take it to the caarr waash ... Please call me, I'm in the exchange student room

This is directed towards the sexy ladies who help out with our show on Ladies Night last thurs. Hopefully we didn't tease you gals too much. Maby next time we'll take a little more off than our shirts. P.S. Were also open to suggestions for some new moves. Chip & Dalel

Why is it the nice guys always finish last? I mean girls are always saying that they want a guy whose not an asshole etc, and yet they flock to them like a fat kid on a Twinkie. Then come and complain to us, the nice guys, how their guy is treating them like SHIT. What the fcuk! Girls give the nice guy a chance, screw the bad boys or wannabe's their only causing u more grief. -baffled nice guy-


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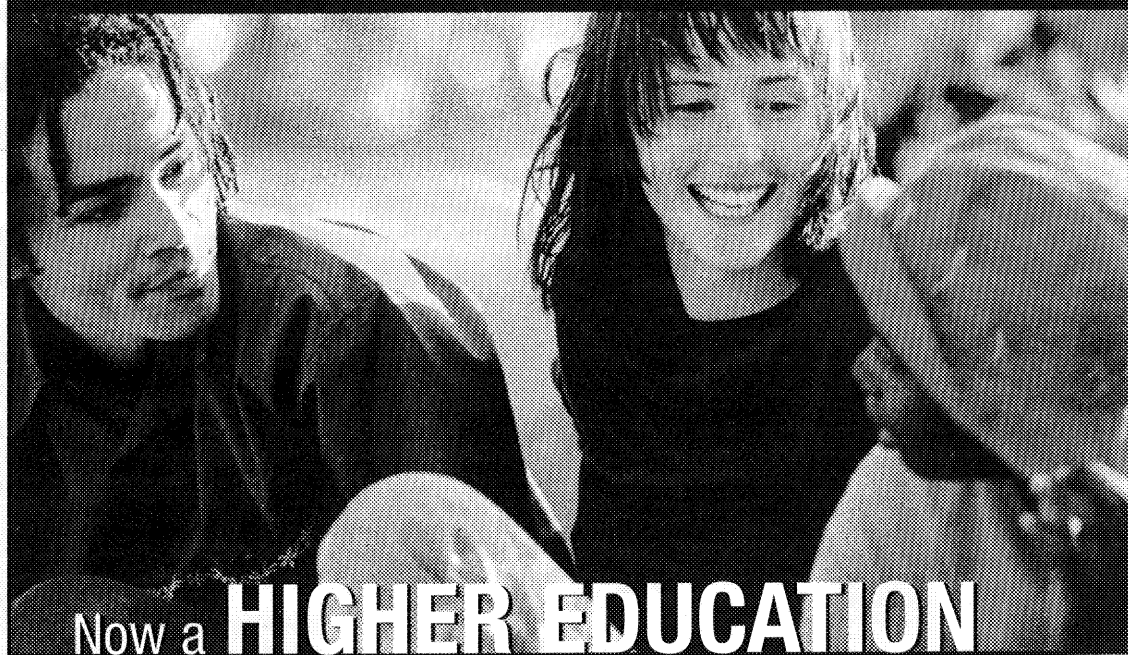
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