

# The NUGGET

Thursday, January 13, 2005

Volume 42, Issue 12

NAIT's OFFICIAL STUDENT NEWSPAPER

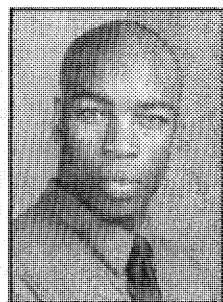
EDMONTON, ALBERTA, CANADA

Sports . . . p. 3

Life with Spice. . . p. 7

## NAITSA is sending random students to Las Vegas... FREE!!

Dwayne Williams



NAITSA President

Welcome back everyone, both new and returning students. This year, 2005, is off to an amazing start! We here at NAITSA were able to unveil our freshly redeveloped website [www.naitsa.ca](http://www.naitsa.ca), along with many new changes in the works!

Before I reveal more on how exactly NAITSA plans to select

the winners for a **FREE TRIP TO LAS VEGAS**, let me remind everyone that if you already have health and dental coverage other than at NAIT, to OPT OUT by January 28<sup>th</sup>, 2005. If you do not opt out, you will be charged for the additional service, and that money can be spent in much better ways I'm sure!

Okay, so a little history review for all you crazy kids. In September each year, we hold a small get together known as OOKFEST (maybe you've heard of it?). This lil' shindig had roughly 5,300 in 2004! This was a time of having fun and listening to the sights and sounds of Swollen Members, Finger 11, Social Code, Emerson Drive, and more! (Check out [Ookfest.com](http://Ookfest.com) for details)

Fast forward to February 2005, and NAITSA is putting on the annual **NAITSA Reading Week**

*...this year we decided we wanted to send TWO people to Vegas for FREE, the dilemma of course is finding who the two random students would be!*

**Las Vegas Trip!** This five-day excursion of partying with over eighty fellow NAIT students and enjoying the American culture that is Las Vegas is always a wild

time! The cost of this adventure is \$390, and tickets can be purchased at NAITSA (E-131, checkout [naitsa.ca](http://naitsa.ca) for details)

However, this year we decided we wanted to send TWO people to Vegas for FREE, the dilemma of course is finding who the two random students would be! So what would be a fair reasonable thing to do? Hold a **MASSIVE PARTY!!**

But this is not your regular run of the mill college beer garden, oh no, no, no! This would be two nights of partying! Welcome to Vegas Bash 2005! One Friday night of partying at Cowboys nightclub with no line, no cover, and a free drink...the next Friday partying at The Standard nightclub, which

comes with no line, no cover, and **TWO** free drinks!

Oh...and by the way...each night...a winner will be selected to go to Vegas for **FREE!!!**

HOWEVER, due to capacity limits, NAITSA is **ONLY** selling **500 Tickets**. So if you wait too long, they will be GONE! Don't miss out by waiting and get your tickets early!

So what is the cost of a party package valued at over \$25.00? Well NAITSA is selling the ticket combo at the NAITSA office for \$10!! So tell your friends, and come out and party to Welcome in the New Semester! See you at Vegas Bash 2005!

Your NAITSA Prez

## Starting this semester off on the right foot!

MARGARET Marean  
Counsellor, Student Counselling

It's a new semester and a great time to evaluate what went right and what went wrong last term. Here are some areas to look at:

**Attitude** - Am I prepared to put schoolwork as my priority and to work hard?

**Discipline** - Do I have regular study and homework times?

- Am I getting into a good study routine right at the beginning of the semester?

- Do I procrastinate? If so, how can I change this habit?

**Organization** - Do I use a daytimer to write down all assignments, appointments, exams, etc.?

- Do I make a daily to-do list?

-Are my books, locker and workspace organized?

**Interference** - What were the major sources of interference last term? How can I limit

phone calls, television time, computer games, interruptions from family and friends?

**Focus** - Am I concentrating and learning during classes and study periods, or is my mind wandering?

**Balance** - Do I eat, sleep and exercise adequately?

**Resources** - Could I make better use of the services available such as the Library?

Learning Resource Centre, the Tutorial Centre (Room A133), the Counselling

Centre (Room 0117), peer tutors, and instructors?

**Finances** - Have I budgeted for the semester so I am not stressed about finances towards the end of term when school stress is the highest?

Here are some suggestions to boost your success:

- Give yourself credit for your academic strengths. Evaluate your weaknesses and **decide on one or two areas that are realistic to improve**. Don't expect perfection.

- **Attend Study Skills Seminars** on Wednesdays starting on January 19<sup>th</sup>. For details come to Student Counselling, Room 0117, or go to [www.nait.ca/counselling/seminars](http://www.nait.ca/counselling/seminars).

### What's Happening This Week?

continued on p. 7

Monday, January 17	Wednesday, January 19	Friday, January 21 & 28
Movies @ The Nest: The Grudge Location: The Nest	Karaoke Wednesday Location: The Nest	VEGAS BASH 2005! January 21 @ Cowboys / January 28 @ Standard Tickets are available at the NAITSA office, Rm. E-131 (located beside the gym). Tickets cost \$10 - includes admission to both events. No line, no cover at each location. Three free drinks per person! A Free Trip to Vegas will be given away on each Night!  Only 500 Tickets will be Sold!! Grab them for your friends while you can!

# Veggies, Rhinos and Sex...OH MY!

## DEVIOUS DEXX

Okay, so there you are having a quiet little evening to yourself. You think "hey lets chat up the ol' girlfriend and have some fun." Only problem is...your girlfriend lives in some foreign country...and your idea of fun is pretending to have sex over the computer! Now personally, I can't see how this could really be enjoyable. But according to many online studies, there are quite a growing number of people enjoying this "cyber sex." It wasn't until recently when a certain Organizational Behavior instructor of mine \*cough\* referred to the people in the computer world as "keyboard fondlers" that I became intrigued to do some research. I wanted to see what exactly these people found so interesting about having sex over a computer. The following are some conversations I discovered.

**bloodninja: Baby, I been havin a tough night so treat me nice aight?**

**BritneySpears14: Aight.**

**bloodninja: Slip out of those pants baby, yeah.**

**BritneySpears14: I slip out of my pants, just for you, bloodninja.**

**bloodninja: Oh yeah, aight. Aight, I put on my robe and wizard hat.**

**BritneySpears14: Oh, I like to play dress up.**

**bloodninja: Me too baby.**

**BritneySpears14: I kiss you softly on your chest.**

**bloodninja: I cast Lvl. 3 Eroticism. You turn into a real beautiful woman.**

**BritneySpears14: Hey...**

**bloodninja: I meditate to regain my mana, before casting Lvl. 8 Cock of the Infinite.**

**BritneySpears14: Funny I still don't see it.**

**bloodninja: I spend my mana reserves to cast Mighty F\*\*k of the Beyondness.**

**BritneySpears14: You are the worst cyber partner ever. This is ridiculous.**

**bloodninja: Don't f\*\*k with me bitch, I'm the mightiest sorcerer of the lands.**

**bloodninja: I steal yo soul and cast Lightning Lvl. 1,000,000 Your body explodes into a fine bloody mist, because you are only a Lvl. 2 Druid.**

**BritneySpears14: Don't ever message me again you piece of crap.**

**bloodninja: Robots are trying to drill my brain but my light-**

**ning shield inflicts DOA attack, leaving the robots as flaming piles of metal.**

**bloodninja: King Arthur congratulates me for destroying Dr. Robotnik's evil army of Robot Socialist Republics. The cold war ends. Reagan steals my accomplishments and makes like it was cause of him.**

**bloodninja: You still there baby? I think it's getting hard now.**

**bloodninja: Baby?**

Meet Mr. Ninja, a cyber-pimp extraordinaire it seems. I have found quite a few conversations that he has had with the unsuspecting females (we hope?) on the net. In the previous example it seems Mr. Ninja started off on the right foot. They were both up for some fun, but then Mr. Ninja got a bit too carried away...shame really...perhaps he will have better luck in this next one!

**bloodninja: Ok baby, we got to hurry, I don't know how long I can keep it ready for you.**

**j\_gurli3: thats ok. ok i'm a japanese schoolgirl, what r u.**

**bloodninja: A Rhinoceros. Well, hung like one, thats for sure.**

**j\_gurli3: haha, ok lets go.**

**j\_gurli3: i put my hand through ur hair, and kiss u on the neck.**

**bloodninja: I stomp the ground, and snort, to alert you that you are in my breeding territory.**

**j\_gurli3: haha, ok, u know that turns me on.**

**j\_gurli3: i start unbuttoning ur shirt.**

**bloodninja: Rhinoceroses don't wear shirts.**

**j\_gurli3: No, ur not really a Rhinoceros silly, it's just part of the game.**

**bloodninja: Rhinoceroses don't play games. They f\*\*king charge your ass.**

**j\_gurli3: stop, cmon be serious.**

**bloodninja: It doesn't get any more serious than a Rhinoceros about to charge your ass.**

**bloodninja: I stomp my feet, the dust stirs around my tough skinned feet.**

**j\_gurli3: thats it.**

**bloodninja: Nostrils flaring, I lower my head. My horn, like some phallic symbol of my potent virility, is the last thing you see as skulls collide and mine remains the victor. You are now a bloody red ragdoll suspended in the air on my mighty horn.**

**bloodninja: Goddam am I hard now.**

Ooooookay...it seems Mr. Ninja is a fan of the rhinoceros. Not a big problem there, however pretending to be one...while trying to seduce someone...probably was not in his best interest. Perhaps the reason people turn to cyber sex is to live out these odd beastiality fantasies they might experience? But surely he can't expect the average woman to share the same feelings? Maybe he'll be able to get on the same wavelength in the next conversation...

**bloodninja: Wanna cyber?**

**Katie\_007: Sure, you into vegetables?**

**bloodninja: What like garden-**

**ing?**

**Katie\_007: Yeah, something like that.**

**bloodninja: Nothing turns me on more, check this out:**

**bloodninja: You bend over to harvest your radishes.**

(pause)

**Katie\_007: is that it?**

**bloodninja: You water your tomato patch.**

**bloodninja: Are you ready for my fresh produce?**

**Katie\_007: I was thinking of like, sexual acts INVOLVING vegetables... Can you make it a little more sexy for me?**

(pause)

**bloodninja: I touch you on your lettuce, you massage my spinach... sexily.**

**bloodninja: I ride your buttocks like they were amber waves of grains.**

**Katie\_007: Grain doesn't really turn me on... I was thinking more along the lines of carrots and zucchinis.**

**bloodninja: my zucchinis caress your carrots.**

**bloodninja: Damn baby you're right, this is HOTT.**

**Katie\_007: ...**

**bloodninja: My turnips listen**

for the soft cry of your love. My insides turn to celery as I unleash my warm and sticky cauliflower of love.

**Katie\_007: What the f\*\*k is this madlibs? I'm outta here.**

**bloodninja: Yeah, well I already unleashed my cauliflower, all over your olives, and up in your eyes. Now you can't see.**

**Katie\_007: whatever.**

I think Ninja should get some points for an attempt to make this one work. Here poor Katie just wanted to find a nice soulmate who most likely shared her passion for veggies, but alas...no luck. Though now Ninja has several chances to see that he is just waaaaay to kinky for average ladies. Meanwhile he didn't have to face this rejection in person. Perhaps there lies the secret to the joys of "cybering"? You are only dealt "cyber" rejection!



## INKJET REFILL SERVICE

Quality    Convenience    Value

Your campus bookstore is a drop-off/collection point for **ISLAND INK-JET.**

All NAIT students and staff

# SAVE 10%

# Look of the Week

## Kerry McDonald

Trevor Elliott—SPORTS



The Lady Oaks' hockey team is filled with rookie players this season and veteran players on the squad have been called upon to provide leadership of the team. Among these veteran players is third year forward Kerry McDonald.

Kerry is currently playing her second season with the Lady Oaks; however, she is well affixed in her leadership role and is an integral part of the team. Kerry leads the league in scoring with 12 goals and is 1 point behind in overall points with 15. When discussing her success with the Lady Oaks, one will quickly

extremely well and Kerry feels that their coaching styles compliment each other well.

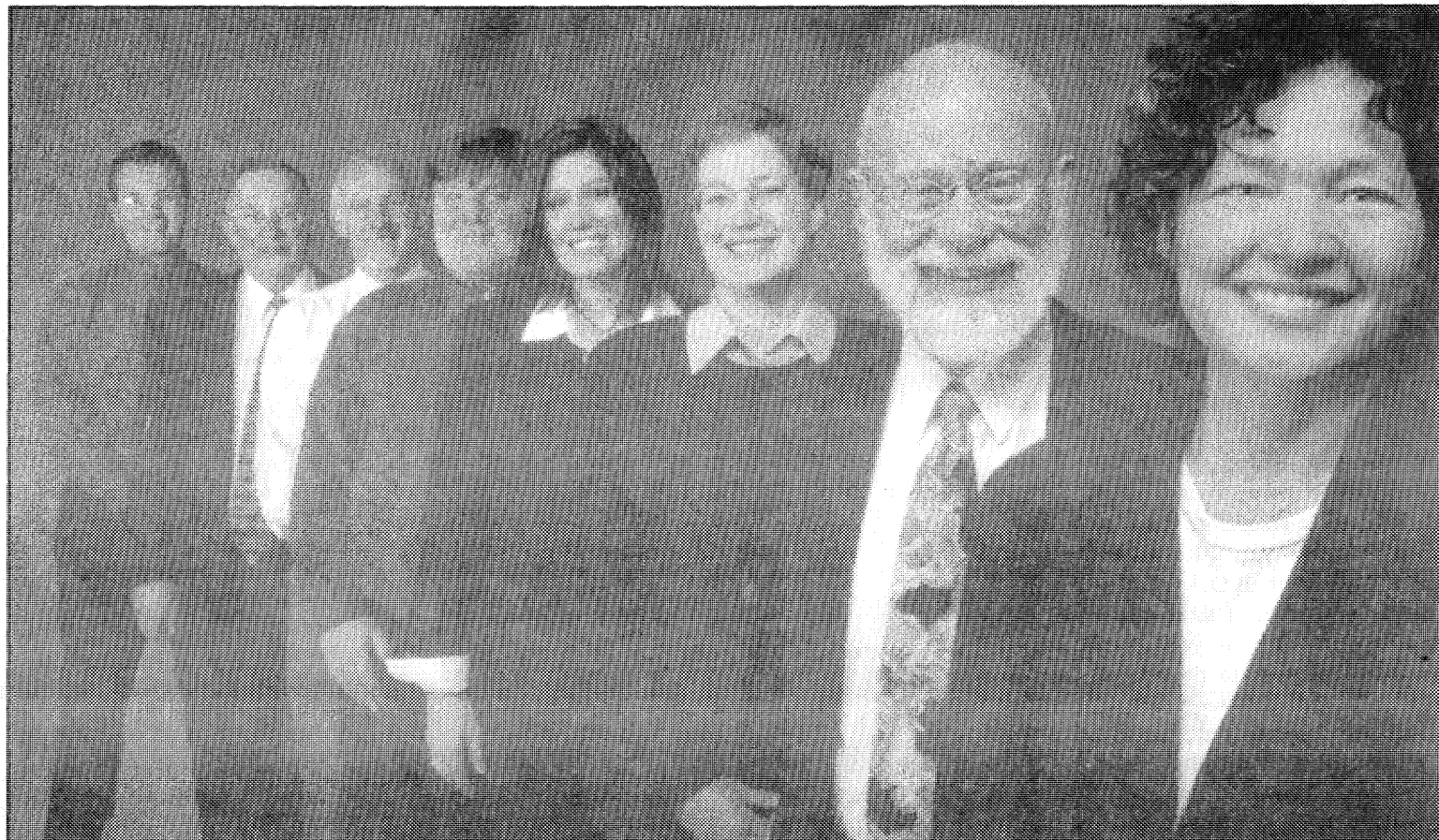
Kerry is finishing her diploma in Graphic Sign Arts; however, she plans to continue her playing career before jumping into the working world. McDonald has

many options for life after the Oaks and will spend the next semester deciding on her future.

McDonald is very impressed with NAIT as a campus. She is impressed with the professionalism of her faculty and the understanding of her

instructors regarding her student athlete career. Kerry has enjoyed her time at NAIT and has many enjoyable memories to keep with her throughout her life. Kerry would like to see more support for her team rather than just support for the men.

Kerry McDonald and the rest of the Lady Oaks hockey team are sure to pick up their momentum after the break and should be in a strong position come play-off time. Kerry is sure to find success with the Oaks the rest of this season and in her future.



# nomiNAIT

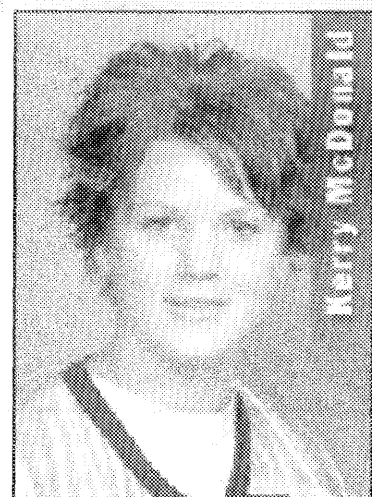
If your instructor significantly impacted your education and you want the world to know it... honor your instructor with a nomination for the Instructional Excellence Award 2004-2005

Nomination packages are available for pickup and drop-off at the following locations:

**Main Campus**  
Registrar's Office  
Kerry Macdonald - 471-7558  
NAIT SA Office  
Rita Carr - 471-8560  
Room E225  
Lynda Townsend - 471-3025  
**NAIT HP Centre**  
for information and  
Communication Technology  
Room W309  
Janette Muzichka - 378-5353  
or  
Jennifer MacDonald - 378-5305  
Patricia Cameron  
Room W127  
Reception - 471-6406

**South Campus**  
Room 210  
Tina Chorney - 438-5135  
**CEC Centre**  
Room K118  
Angela Duggan - 471-7045  
**Technologies Annex**  
Room 101  
Doreen Duggan - 471-8555  
**7th Street Plaza**  
508 North Tower  
Ellen Nicoll - 495-9988  
**Continuing Education**  
and Business Development  
Room W111  
Carrie Duggan - 378-5627

**Fairview Campus**  
Registrar's Office  
825-5615  
**Grande Prairie Campus**  
Room 02  
Giselle Duggan - 519-2075  
**High Level Campus / La Crete Campus**  
Tracie Duggan 641-3693  
**Peace River Campus**  
Lynda Hoggan 816-2610  
**St. Albert**  
Patty Ford 458-5448



note her modesty and that she gives most of the credit to her teammates.

Kerry is very proud of her team and her teammates and the tremendous depth on the team. McDonald is impressed with the fast learning curve that the rookies have shown and is equally impressed that the other veterans on the team have played with more intensity this season in order to take some of the stress of the younger players on the squad. Kerry has noticed that the team had really begun to gel before the break and was disappointed that the break had to come just when the team was building momentum.

McDonald is very happy with the coaching of the team. Jim Newman and Keith Garner have handled the inexperience

Deadline for submissions: February 28, 2005

Bring on the future



NAIT  
TEAMS  
GEAR  
UP FOR  
SECOND  
HALF

Trevor Elliott—SPORTS



The Ooks teams returned to competition last weekend with high expectations for the second half of their respective seasons. The one New Year's Resolution on the minds of all Ooks teams is the improvement of their squad. Some teams are in very good shape coming in to the second half, others are perilously hanging on, others are in desperate need of improvement, and others start fresh in the New Year.

The Men's hockey club is in very good position to make a run for top spot in the ACAC as the Ooks are currently in second spot—1

*The Men's hockey club is in very good position to make a run for top spot in the ACAC*

point behind SAIT. The team has improved dramatically over the first half of the season and the discipline problems of the team appear to be dissipating. The club must continue to perform well in the New Year and ACAC points leader Ben Stokes and ACAC top goaltender Tim Barlow will play critical roles one the team in the second half. The team will also rely on Adam Ferrante and Cole Fischer to continue to find the back of the net.

The Women's hockey team finds themselves in the thick of a battle in the ACAC. The women currently sit in 5<sup>th</sup> spot in the league; however, there is a difference of only 7 points

TREVOR Elliott—SPORTS

MEN'S HOCKEY

as of January 8, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
SAIT	14	10	3	1	0	21	73	47	6 1 1	4 2 0
NAIT	14	10	4	0	0	20	78	40	5 2 0	5 2 0
Grant MacEwan	12	8	3	1	0	17	64	35	5 2 0	3 1 1
Mount Royal	14	8	5	0	1	17	72	51	4 2 0	4 4 0
Augustana	14	4	7	3	0	11	45	59	1 4 1	3 3 2
Concordia	14	4	7	1	2	11	42	61	0 5 1	4 4 0
Briercrest	14	1	13	0	0	2	37	118	1 7 0	0 6 0

Women's Hockey

as of January 9, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
Mount Royal	10	7	2	1	0	15	36	20	3 2 0	4 0 1
Red Deer	10	7	2	0	1	15	36	23	3 2 0	4 1 0
SAIT	10	6	2	2	0	14	27	22	3 1 1	3 1 1
Grant MacEwan	10	3	3	2	2	10	22	27	1 3 1	2 2 1
NAIT	10	4	6	0	0	8	34	38	2 3 0	2 3 0
U of C	10	0	7	1	2	3	15	40	0 4 1	0 5 0

MEN'S BASKETBALL

as of January 8, 2005

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Lakeland	12	12	0	24	1071	885	5 0	7 0	W12
Grant MacEwan	14	11	3	22	1115	945	6 1	5 2	W2
Concordia	14	11	3	22	1156	1041	7 1	4 2	W6
Augustana	14	5	9	10	1005	1027	2 4	3 5	W2
NAIT	14	5	9	10	1096	1149	2 4	3 5	L2
The King's Univ College	14	3	11	6	1118	1217	3 5	0 6	L5
Grande Prairie	14	1	13	2	980	1280	0 8	1 5	L6

South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Red Deer	14	11	3	22	1171	1006	6 2	5 1	W4
SAIT	14	9	5	18	1102	982	5 1	4 4	L2
Mount Royal	14	9	5	18	1110	990	5 2	4 3	L1
Lethbridge	14	9	5	18	1143	1059	6 1	3 4	W2
Briercrest	14	6	8	12	1051	1131	3 5	3 3	W1
Prairie Bible	14	3	11	6	932	1102	2 4	1 7	L6
Medicine Hat	12	1	11	2	737	976	0 6	1 5	L9

WOMEN'S BASKETBALL

as of January 8, 2005

Women's North Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Concordia	14	13	1	26	898	599	8 0	5 1	W11
Augustana	14	11	3	22	990	770	4 2	7 1	W4
Grant MacEwan	14	10	4	20	870	677	5 2	5 2	W3
Lakeland	12	5	7	10	706	794	2 3	3 4	L1
NAIT	14	5	9	10	720	882	3 3	2 6	L3
Grande Prairie	14	3	11	6	751	862	1 7	2 4	L2
The King's Univ College	14	1	13	2	568	919	1 7	0 6	L2

Women's South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Lethbridge	14	14	0	28	1010	644	7 0	7 0	W14
Mount Royal	14	11	3	22	979	632	4 2	7 1	W2
SAIT	14	10	4	20	767	676	4 2	6 2	W3
Red Deer	14	6	8	12	789	756	3 6	3 2	L3
Medicine Hat	12	5	7	10	669	677	3 3	2 4	W1
Briercrest	14	2	12	4	553	974	2 6	0 6	L4
Prairie Bible	14	0	14	0	611	1019	0 6	0 8	L14

between the top five teams. The team must improve their suspect defense. The club has allowed 36 goals after 10 games (5<sup>th</sup> in the league). The team's goaltending is horrible; however, the team has had to kill a number of penalties and the defense have been very unreliable. The team's offense continues to light the lamp with 34 goals scored (3<sup>rd</sup> in the league) and the team can run the score on anyone. Kerry McDonald and Miranda Miller must continue to utilize their scoring touch. Kelsey MacMillan and Maryanne Ottahal

remain in the list of the league's top scorers.

The Ooks continue to perform well in the sport of badminton. Through two interlocks, the team is third in the ACAC with a record of 6 - 4. The team is ranked 9<sup>th</sup> nationally. This year's badminton team includes a great mix of seasoned veterans and enthusiastic rookies. The women's side is anchored by last season's MVP, Torri LaRocque, and fourth year player Melissa Funk. Carrie Knudson, Jody Halfe, and Jaimie

Ook Standings

MEN'S VOLLEYBALL

as of January 8, 2005

Provincial Pool

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Red Deer	2	2	0	4	6	0	1 0	1 0	W2
Mount Royal	2	2	0	4	6	0	2 0	0 0	W2
The King's Univ College	2	2	0	4	6	1	2 0	0 0	W2
Grande Prairie	2	0	2	0	1	6	0 0	0 2	L2
Briercrest	2	0	2	0	0	6	0 0	0 2	L2
Lakeland	2	0	2	0	0	6	0 1	0 1	L2

North/South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Grant MacEwan	2	2	0	4	6	1	0 0	2 0	W2
Keyano	2	0	2	0	1	6	0 2	0 0	L2
NAIT	-	-	-	-	-	-	-	-	-
Lethbridge	-	-	-	-	-	-	-	-	-
Medicine Hat	-	-	-	-	-	-	-	-	-
Portage	-	-	-	-	-	-	-	-	-
SAIT	-	-	-	-	-	-	-	-	-

WOMEN'S VOLLEYBALL

as of January 8, 2005

Provincial Pool

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Grant MacEwan	2	2	0	4	6	2	1 0	1 0	W2
Mount Royal	2	2	0	4	6	2	1 0	1 0	W2
Grande Prairie	2	1	1	2	5	3	0 0	1 1	L1
The King's Univ College	2	1	1	2	3	5	1 1	0 0	W1
Lethbridge	2	0	2	0	2	6	0 1	0 1	L2
Red Deer	2	0	2	0	2	6	0 1	0 1	L2

North/South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Keyano	2	2	0	4	6	1	0 0	2 0	W2
Lakeland	2	0	2	0	1	6	0 2	0 0	L1
Briercrest	-	-	-	-	-	-	-	-	-
Medicine Hat	-	-	-	-	-	-	-	-	-
NAIT	-	-	-	-	-	-	-	-	-
Portage	-	-	-	-	-	-	-	-	-
SAIT	-	-	-	-	-	-	-	-	-

BADMINTON

as of January 9, 2005

Team	MP	MW	ML
Concordia	10	9	1
Mount Royal	10	9	1
NAIT	10	6	4
Red Deer College	10	3	7
Grant MacEwan	10	3	7
Grande Prairie	10	0	10

Greenhorn make up the rest of the women's side. This year's men's side is led by two second year players in Owen Smith and Eric Tseng. Fourth year player, Gary Yung guides the two rookies on the men's side, Marc St. Martin and Kevin Chow.

The Men's basketball squad continues to struggle into the New Year. As host of the National Championship, the team is guaranteed a spot in the tournament. However, the team must improve before then or risk being ousted early from the tournament. The team must improve their end game and learn to win close games in order to be competitive. Mark Dorado and Shane Leman remain an integral part of the team's performance. The addition of Simon Mahary at post and 6'10" John Pitz at center should improve the team in the second half.

The Women's basketball squad

must start playing a whole game. The women tend to play 30 minutes of competitive basketball and then just fall apart in the last ten minutes. The women must also find a way to put up more points on the board. The team currently has an atrocious shooting percentage of 37.1%. The team is 9<sup>th</sup> in the league in points scored and 11<sup>th</sup> in the league in points against.

Both the Men's and Women's Volleyball teams finished in the bottom of their regional pools last semester and, as a result, will play in the North/South pool rather than the Provincial pool. Hopefully the Ooks clubs will find more success in the weaker pool.

The Nugget will continue to follow the Ooks teams through their play-off drive and will have exclusive play-off coverage and National Men's Basketball Championship coverage in March.

## Vice President of Finance and Administration Position Update

Elaine Devine



On Jan. 18th we have our next General Council meeting, in X107, please make sure that someone from your technology or program will be there.

I am about to start working on NAITSA's budget with our Operations Supervisor, so I will be very busy for the next 2 months.

If you need to set up a meeting with me or talk to me for any reason please call me @ 471-7609 or e-mail me @ edevine@nait.ab.ca.

I hope that everyone has had an amazing Christmas and awesome New Year. I would like to take this opportunity to welcome all the new students to NAIT, and to welcome back to all returning students.

Check out  
NAITSA's  
new website  
[www.naitsa.ca](http://www.naitsa.ca)

The Official  
Student Newspaper of



Room E-128B  
11762-106 Street  
Edmonton, Alberta  
T5G 2R1

Production Office  
471-7615

Fax: 491-3989

E-mail  
[nuggetsubmissions@hotmail.com](mailto:nuggetsubmissions@hotmail.com)

Editor-in-Chief  
**David Fester**

Production Manager  
**Darrel Gregory**

Advertising Manager  
**Linda Campbell**

Distribution Manager  
**Glenn Naca**

VP Student Affairs  
**Aleesha Jex**

Staff Advisor  
**Nicole Ouellet**  
**Communications**  
**Manager, NAITSA**

For Advertising  
Inquiries please call  
**471-8866**

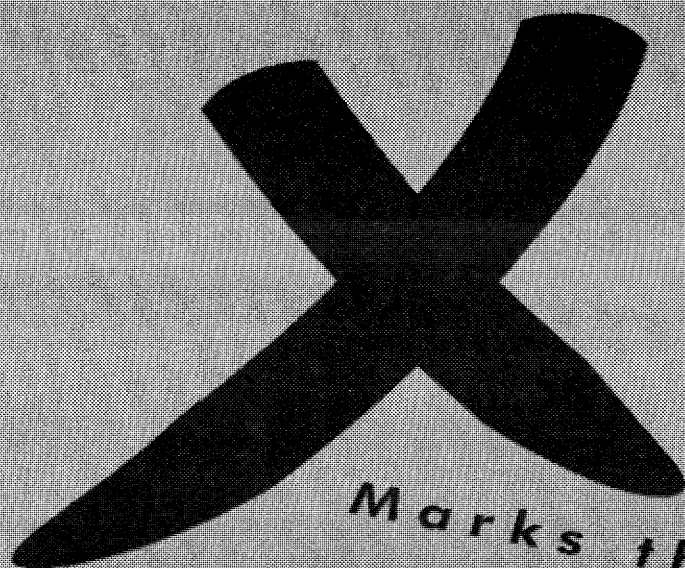
The Nugget encourages  
submissions.

Visit:  
[nuggetsubmissions@hotmail.com](mailto:nuggetsubmissions@hotmail.com)  
[nuggetletters@hotmail.com](mailto:nuggetletters@hotmail.com)  
[nuggetgrapevines@hotmail.com](mailto:nuggetgrapevines@hotmail.com)

**THE DEADLINE IS**  
12:00 p.m. on the last school  
day of the week.

All submissions must be  
accompanied by your name &  
student ID number

The opinions contained in The Nugget  
are the opinions of the individual  
writers and do not necessarily reflect  
the opinions of the Nugget staff or  
NAITSA. The Nugget reserves the  
right to edit letters and viewpoints  
for brevity.



Marks the Spot


Take Our  
**LEARNING OUTCOME GUIDE (LOG)**  
Survey on MyNAIT Portal

Jan. 24 - Feb. 7, 2005

**\$100 GIFT CERTIFICATE**

From Campus Reads & Needs  
Draw Date: Feb. 11, 2005

Visit the MyNAIT Portal through the NAIT homepage,  
or go to: <https://srm.nait.ab.ca/portal/public>



# Ook Tracks

TREVOR Elliott—SPORTS

**MENS HOCKEY**

**Coming Up:** The Ooks start the second half of their season with a home and home against Augustana University on January 21<sup>st</sup> and 22<sup>nd</sup>.

**WOMENS HOCKEY**

**Last Week:** The Ooks played in the SAIT Invitational tournament last weekend.

**Coming Up:** The Lady Ooks visit the University of Calgary on Friday and host Mount Royal at the NAIT Arena Saturday at 7pm.

**MENS BASKETBALL**

**Last Week:** The Ooks finished 6<sup>th</sup> with a 1-2 record in the SAIT Coca-Cola Classic held December 27-29. The Ooks lost 81-61 to Lakeland College, beat Medicine Hat College 87-63, and lost 87-81 to Concordia College.

The Ooks started the New Year with a pair of dramatic losses to Augustana as they lost 76-73 at home last Friday and lost 62-59 at Augustana on Saturday.

**Coming Up:** The Ooks visit Grant MacEwan tonight at 8:30pm and host the Griffins on Saturday night at 7pm in the NAIT Gym

**WOMENS BASKETBALL**

**Last Week:** The Lady Ooks were unprepared to start the second half of their season as the team was blown out twice by Augustana last weekend. The Lady Ooks lost 68-44 at home on Friday and 68-34 at Augustana on Saturday.

**Coming Up:** The Lady Ooks visit Grant MacEwan tonight at 6:30pm and host the Griffins on Saturday night at 5pm in the NAIT Gym.

**MENS VOLLEYBALL**

**Coming Up:** The Ooks start the second half of their season this weekend with two games at Portage College.

**WOMENS VOLLEYBALL**

**Coming Up:** The Lady Ooks start the second half of their season this weekend with two games at Portage College.

# Get Active in 2005

## Winter Class Schedule- Exercise Studio S112

	Monday	Tuesday	Wednesday	Thursday	Friday
Time					
7 am		Functional Training	Hip Hop	Abs,Core & More	Cardio Craze
12:15 pm	Hatha Yoga	Belly Dance	ABSolutely Solid	Pilates	Astanga Yoga
4:30 pm		Abs, Core & More	Break Dance	Hip Hop	
6 pm		Karate		Karate	

## Winter Class Schedule-POOL

	Monday	Tuesday	Wednesday	Thursday	Friday
Time					
6:00am	Early Swim		Early Swim		Early Swim
7:00am		My Aching Back		Stroke Improvement	
11:00am	OPEN SWIM				
12:15pm			Deep Water	Buoyant Escape	

Pick up a copy of the Winter Activity Guide or register @ Student Services E-134



# Work out for Free!

Did you know your student ID card gives you free access to the Nait recreation facilities? Stop by the Sports Equipment Desk, exchange your ID for a wristband. We have facilities for squash and racquetball, a full size swimming pool with saunas, and an indoor running track and arena. That is all in addition to our well-equipped weight area and cardio room. The gymnasium is also available during the day for recreational usage, check the schedule posted by the gym doors! Got a group together and want to get a weekly game of volleyball going? Ask us how you can book the gym.

Most of our equipment is free to sign out with your ID card, so if you need a helmet for shinny or a net and ball to play wally-ball we can set you up. We also rent squash and racquetball racquets, and towel service is available for daily and semester use.

Entry for Locker Draw  
Full size locker service for semester.

Name: \_\_\_\_\_

Program: \_\_\_\_\_

ID Number: \_\_\_\_\_

Entry for Athletics Package  
Water bottle, shirt + lanyard

Name: \_\_\_\_\_

Program: \_\_\_\_\_

ID Number: \_\_\_\_\_

To use the facilities you MUST have a wristband from E-026

Wear appropriate clothing and shoes. Jeans and sandals are not allowed.  
Be clean ! Put weights and equipment away after use, and wipe down station with rags provided when you finish.  
\*Gym bags and piles of clothing are not allowed in the weight room, they are a safety and health risk. Please use the lockers provided.  
Eating and drinking are not allowed, water bottles only  
Dropping or smashing the weights will damage them and could hurt you or those around you. Exercise under control!  
Help us prevent theft, report suspicious activity to security at 7477 on the beige phone. Please leave your valuables at home.

# Jäger



with

# Winter Fest



**social code**  
a year at the movies



tupelo honey



STRADA

## Sat. February 5th

## at THE NEST

NAITSA CAMPUS BAR

## Tickets \$12

## in advance

Tickets available @ The Nest & NAITSA Office (e131)

\*complimentary beverage upon entry into event

Presented by

**NAITSA & Jägermeister**

# Adventures in Mexico

Jenny Annett  
HEALTH & LIFESTYLES



## Day 1: Sketchy Arrival

This holiday season I was pretty lucky. I was able to spend time with my family, de-stress, and get some excellent loot in the mean time. Though these events were enjoyable and (sniff) heart warming, my favorite part of the vacation was my trip to Puerto Vallarta.

When the girlies and I decided to book our flight on New Year's Day, we weren't thinking of the state we might be in when checking into the airport at *four in the morning*. I certainly wasn't. As most New Year's Eves tend to be, our night before the trip was, um, rowdy. At least mine was. The girls were too excited to drink, but I kept thinking of things to celebrate. "To our last night of 2004!" <glug glug glug> "To our last night before our trip!" <glug glug glug> "To liking the colour pink!" <glug glug glug> You get the idea. New Year's Eve went off with a bang, and the time to leave for the airport came very, very quickly.

At exactly 3:30 a.m. New Year's Day, I was shaken awake after a ten minute 'recuperation nap' as I like to call it. The night hadn't officially ended, so as one might assume, neither had the drinking. It's a strange thing, going to the airport in 'that state', if you will. The ride was filled with concerns from everyone except for me. "If you're going to be sick, let us know," and "stop smiling at me, you're creeping me out," were two popular statements. If you ask me, everyone was a little too uptight.

We arrived at the airport at 4:10 a.m. and the trip officially began. There was a large line at the check in counter, so I decided to liven up the spirits of my two best girlfriends by commencing my role as the obnoxious partier. To start things off, I accidentally threw my gigantic bag onto a lady

in line and laughed hysterically as she tried to free her foot. Then, promptly forgetting how to use my inside voice, I yelled, "Did you see that? That was GREAT!" I continued with such statements as, "No, I think YOU need a breath mint," and "why don't you girls learn to loosen up?" Other than these minor altercations, check in went smoothly and we were soon boarding the plane.

Contrary to popular belief, discount flights do not have the most comfortable seats. In fact, the vinyl, neck breaking torture

*"To our last night of 2004!" <glug glug glug> "To our last night before our trip!" <glug glug glug> "To liking the colour pink!" <glug glug glug>*

devices known as 'seats' could be compared to socks made of glass shards, or underwear composed of razor blades. I'm not kidding. Our in flight movies were only available to the extremely wealthy (Five dollars for a head set? Outrageous! Damn elitists!) but weren't worth watching anyway. (Take that, *Sky Captain and the World of Tomorrow*).

The girls slept on their trays while I went into alcohol withdrawal, a.k.a. 'Hangover City'. Suddenly, the prefab poached egg concoc-

tion in front of me was looking pretty good and I ate everything on my plate. (Even the mushy potatoes). Our captain soon announced the commencement of our descent and told us not to worry despite the fact this was his first landing. Hilarious. After the landing, it was apparent he wasn't joking, although it *was* apparent his pilot's license had been forged in crayon.

Arrival in Puerto Vallarta was a blur of a splitting headache mixed with yelling in Spanish and herding into various transportation devices. We finally made it to our hotel, Plaza Pelicanos, in one piece. After asking a million questions about our all inclusive package, our luggage arrived and we were able to let our home life disappear into our subconscious for a week.

That night, I was unable to function as a true human being due to my 'condition'. I decided it was best to spend the night hanging around the hotel to absorb the new world.

Looking out at the palm trees and sand, the hibiscus and bromeliads, the sun and surf, I was ready for my vacation. Whatever Puerto Vallarta had to offer me, I would accept! Whichever direction Puerto Vallarta wanted me to go, I would comply! Just as soon as I take several Tylenols and have a long, unconscious nap! (New Year's Resolution #24: Don't drink so much *next* New Year's Eve).

Read 'Adventures in Mexico' next week as I touch on Days 2 and 3. Comments are welcome and can be directed to [jannett8@hotmail.com](mailto:jannett8@hotmail.com)

# Dear Bonny and Guest

The hilarious column where you can seek advice from a normal, unaccredited NAIT student and her zany weekly guest! To submit your questions, email us at [bonnyandguest@hotmail.com](mailto:bonnyandguest@hotmail.com)

**This week's guest: The Swedish Chef**

Dear Bonny and Guest,  
I have been with my boyfriend for the past two years. We have a great relationship that keeps getting better. We are both in stable situations financially and have both agreed that we are meant to be. The only problem is whenever I bring up marriage, he goes running for the high hills. How can I get him to commit?  
-Ticking Biological Clock

Dear Ticking,

**Bonny:** Not everyone is confident in their life decisions. Marriage is a gigantic step that too many people rush into.

**Swedish Chef:** Oh gee bergy! He's a turkey werkey! Le gobbly gobbly...

**Bonny:** Just because he is afraid of marriage, doesn't mean he doesn't care about you, or that he's a chicken. (Contrary to what the chef may say). He is probably

worried that settling down means the end of the way things are now.

**Swedish Chef:** Ohhhh! Turkey werky HUMUNGOUS! Small in de pantsy! Gobbly Gobbly!

**Bonny:** Finding out what he's thinking is just as simple as asking. You will never know what is going on in his head if you don't ask.

**Swedish Chef:** Ohh gee berg a jergin! Asky the small in pantsy wantsy!

**Bonny:** After you sit him down and he still won't tell you what is going on, maybe it's time for you to evaluate the time you are investing into the relationship. If he can't provide you with a straightforward answer, then maybe it's time to go your separate ways.

**Swedish Chef:** A BIG pan to gergin cooking the turkey werky. Ohhhh! With cranberries!

**Bonny:** I don't think you will have to *cook* your boyfriend, but it's a good idea to put him in the hot seat for a bit. Ouch. That joke makes even *me* cringe.

## The Right Foot

continued from p. 1

Rate your study skills on-line at [www.nait.ca/studyskills](http://www.nait.ca/studyskills) and see tips for enhancing your success **Handouts** on various topics including basic study skills, time management, procrastination and memory are available on-line and from Student Counselling.

- See a Counsellor for any academic, personal or career choice concerns.
  - Be realistic. Most New Year's resolutions are abandoned because they are too grandiose. Set small, achievable goals for change, monitor regularly and reward yourself.
- Have a great semester!

Student Counselling  
Room 0117 South Lobby, Main Campus  
Inquiries: 471-8921

## NAIT Student Awards Office

### Winter Bursaries and Scholarships

Must have 60% course load for bursaries

Must have 80% course load for scholarships

Award Value:  
\$200 - \$5,000

Number of Awards:  
Approx. 200

Total Disbursements:  
Approx. \$160,000

Application forms are available at the NAIT Student Awards Office December 13, 2004.

**Deadline:**  
February 4, 2005

## 500 Minutes - \$34.95

(Details at the Salon)

## GOLDEN BEACH TANNING


Suntanning Salon & Esthetics

471-2550 \* 10412 - 118 Ave (Next to Blind Duck)

*Best Prices Anywhere!*

# Variety is the Spice of Life

Laura Johnston



*The Life Aquatic with Steve Zissou*  
Directed by: Wes Anderson  
Written by: Wes Anderson and Noah Baumbach  
Starring: Bill Murray, Owen Wilson, Cate Blanchett, Anjelica Huston, Willem Dafoe, Jeff Goldblum, Seu Jorge

Before I start off, I'd like to take this opportunity to make my feelings clear to the dear readers of my column. Much to popular belief, I don't hate movies. I fully realize the damage I may have caused with my continuously cynical, possibly cruel, comments towards the modern film industry. Please forgive it. I only offer a single opinion for you to take heed of before wasting half your paycheck on a hollow shell, dressed up with expensive actors to resemble something half-decent. No one's making you listen, just consider it a caution.

That being said, I don't think there's a crucial need to express my great deal of hatred towards the cookie-cutter plots that Holly-

wood continues to serve us week after week that've become as stale as gas station donuts. After so many years of film production, there is an obvious problem if films can still be defined with a single-word genre, such as 'horror' or 'comedy' or 'crap'. Cheer up Ð there is a light at the end of the tunnel, courtesy of the



genius that brought the world *Rushmore*. After a great deal of impatience on my part, let us now rejoice in the presence of a film worthy of a positive review.

Finally, we can once again be enchanted by the glorious awe of something different. I know all too well how rare this can be. Don't get me wrong, different doesn't always equal good. I'm sure there are a handful of you out there who have seen *Closer* and can level with me on that note. *The Life Aquatic* is that other kind of different Ð the kind you wor-

ship for it's clever wit and cherish for it's timeless appeal. This is truly destined to be a cult film of *Pulp Fiction* proportions.

Our story begins at the premiere of our protagonist, Steve Zissou's (Murray), new documentary. After a great deal of criticism towards his new film and countless accusations as to the mysterious death of his partner and best friend, Esteban, Steve sets out to prove himself to be genuine with a final adventure. Joined by his misfit crew, his ex-wife (Huston), his supposed son (Wilson), and a pompous reporter (Blanchett), Steve begins a two-week journey to find the mythical Jaguar Shark

that devoured Esteban on their previous venture. A hilarious string of misfortune ensues and finding the elusive shark quickly becomes the least of their problems.

There is an inexplicable charm that is experienced throughout the duration of this film. It is exalted in every aspect of its artistic being. As in any of his other works, Wes Anderson's brilliance in cinematography should never go without praise. His use of 'claymation' and classic film techniques in this particular achievement are flawlessly suited and most entertaining. The well-written and emotionally-driven plot is a mastery

of pure talent. Acting was superb by all actors involved, but none were quite as stunningly addictive as Willem Dafoe.

Funny, classy, intelligent, and unique Ð what more could you want? *The Life Aquatic* certainly has broken the mold in the 'been there, done that' era of 2004. Perhaps there is still hope for the spring film season of 2005. If more filmmakers would aspire to this level of production there would surely be much more plentiful opportunity for positive reviews of this nature. We can only hope this film is but a sign of what cinematic intrigue lies ahead.

## STUDENT SUCCESS SEMINARS Room X111

SESSION	DATE	TIMES
HOW TO STUDY	Wednesday, Jan. 19 <sup>th</sup>	11:15 to 12:15 <u>or</u> 12:15 to 1:15
MEMORY, LEARNING & CONCENTRATION	Wednesday, Jan. 26 <sup>th</sup>	11:15 to 12:15 <u>or</u> 12:15 to 1:15
TIME MANAGEMENT/ MANAGING PROCRASTINATION	Wednesday, Feb. 2nd	11:15 to 12:15 <u>or</u> 12:15 to 1:15
EXAM WRITING/ MANAGING EXAM STRESS	Wednesday, Feb. 9 <sup>th</sup>	11:15 to 12:15 <u>or</u> 12:15 to 1:15
STRESS MANAGEMENT	Wednesday, March 2nd	11:15 to 12:15 <u>or</u> 12:15 to 1:15

All sessions are free and on a drop-in basis.

For more information contact the

## STUDENT COUNSELLING CENTRE

Room 0117; phone 471-8921

### Student Helpdesk (NAIT Technical Support)

The Student Helpdesk is the newest helpdesk at NAIT and is a collaborative effort between Technology Curriculum Innovation and ISD Customer Support. This helpdesk was designed to provide students with a single, primary point of contact for technology related issues. Assistance can be provided by phone, email or through our Feedback form located on [www.nait.ca/help](http://www.nait.ca/help).

Support analysts are able to provide assistance to students with questions on the following:

- MyNAIT (logins, navigation, etc.)
- Student Email
- Student Storage
- LOGs Online
- WebCT
- TLM
- Wireless – "NEW Wireless Pilot Project" beginning November 10. Contact the student helpdesk and make an appointment (offered on Wednesdays only), if you require support with your wireless connection.

Phone: (780) 491-3182  
Toll Free 1 (866) 491-3182  
Email: [techsupport@nait.ca](mailto:techsupport@nait.ca)

# Top 5's of 2004

## CODY Paton-Perkin—FEATURES

As I sat back after a few beverages and brought in the New Year I thought about the year that had past. There were some pretty good collaborations between musicians, just killer Cd's overall, Outrageous topics, and fantastic movies. Here is a list of the top fives in some those outstanding categories of '04.

### Cd's

**1. Jay Z/ Linkin Park - Collision Course:** This Cd is one of my favourite Cd's. To think it was put together in 4 days makes it the most impressive for sure.

**2. Eminem - Encore:** The latest instalment of the Eminem legacy came in '04 and disappointed many. How is that even possible when it is the Cd with the most content he has put out so far?

**3. Social Code - A Year at the Movies:** for those who saw them at Ookfest this year they know how good these guys are. The CD is literally packed with 13 could-be number 1 hits.

**4. Kenny Chesney - When the sun goes down:** Many people don't want anything to do with

country music, I used to be one. But this CD proved to be one of the best of the year as it was one of the best selling. Check it out if nothing else the title single is worth a listen.

**5. Usher - Confessions:** Without a doubt this is a must listen for anyone who likes R&B and even if you don't its worth it. But really are his dance moves that impressive?

### Annoyances

**1. Avril Lavigne.** The respect for anyone that has done what she has done is there. Personally I cannot stand her. Drives me nuts and she defiantly did NOT deserve to be in Maxim.

**2. The Todd Bertuzzi incident.** I agree that it was totally brutal but he obviously didn't mean to hurt him as bad as he did come on.

**3. Britney Spears.** 2 marriages 1 year are kidding me?

**4. Billy Talent.** I know there is many fans of these guys but I can't get passed his voice Bad singer on helium.

**5. Tuition.** Don't get me wrong I like the school but are you joking me that I have to pay out the ass for everything and not even get a decent parking lot.

### Movies

**1. Collateral.** I love action movies and this is no exception.

**2. Kill Bill 2.** This movie filled in all the blanks that were left after watching Kill Bill. Very different from the 1<sup>st</sup> one, but defiantly still worth renting.

**3. Man on Fire.** I am a big fan of most of Denzel's movies; this movie has everything you need some sob and lots of action.

**4. Starsky & Hutch.** I have never laughed that hard in a movie before. Anytime you get Will Farrell, Owen Wilson, and Ben Stiller in a scene it's gotta be funny.

**5. Dodgeball.** Made me laugh as much as Starsky & Hutch. Just not quite as funny I guess.

# When You're NOT Perfect in Every Way

The other day I had an experience that taught me an important lesson about career planning. I had recently purchased my first car and had promised myself to learn about vehicle maintenance, you know, doing my own oil changes and minor maintenance and repairs. This was partly because I am cheap, but also because I genuinely wanted to learn about engines, electrical systems, tires, and mechanics.

I wanted to be able to talk cars with other guys in the line up at Canadian Tire; I wanted to lose the utterly blank look I got whenever a friend mentioned carburetors, horsepower, or alternators and replace it with a knowing and car-savvy expression. I wanted to be like the guy in *Zen and the Art of Motorcycle Maintenance* who was at one, spiritually and physically, with his motorcycle. I had always envied those kids on the school bus that could identify makes, models, and years of the cars and trucks that passed us on the way to school. My dad could do this with

ease, identifying 57 Chevies and 41 Fords with ease; had I not received this gene? I also wanted to know what made those idiots in that

***I wanted to lose the utterly blank look I got whenever a friend mentioned carburetors, horsepower, or alternators and replace it with a knowing and car-savvy expression.***

TV ad drool over a Hemi — just what the heck is a Hemi anyway? Feeling quite inadequate, I decided to purchase a maintenance manual for my new car and set out to read all 200 pages of it, becoming an expert on my car.

I kept the large, floppy, red maintenance manual on my bedside table where I usually kept

a Dickens novel or book on Latin American history. And for the first couple of days I was pretty diligent. I breezed through the introduction and the section on lubrication and maintenance — although I still couldn't remember which type of oil was heavier or lighter and which I was supposed to use in the summer. Pretty soon, however, the book was starting to have a remarkably soporific effect. Whereas *David Copperfield* would have me reading attentively for hours, a few minutes reading about my car's battery would have me dozing within seconds.

Nevertheless, I was determined to keep my car in shape. I decided that I probably needed new spark plugs and an oil change. This seemed pretty easy. I went to Canadian Tire and purchased some oil, making an uneducated guess at 10W30 and picking up some spark plugs. After finding my car in the spark plug identification book and wondering at length how there could be so many different kinds I didn't they just make a spark?

— I decided on buying the cheap ones — expensive ones were for suckers, right?

Arriving home, ironically and perhaps prophetically, on my bike, I walked out to my parking stall and set to work. First, I crawled under the car and searched for the oil plug (you'll have to excuse me if my terminology is incorrect) and succeeded in draining most of the oil into a pan I'd the rest drained onto my forehead and onto the concrete. Then I poured the new oil into the reservoir and got set on the spark plugs. I reached down for the package and noticed, to my horror, that there was an oil slick making its way to the storm drain I hadn't screwed in the oil plug, or whatever that thing was called. Swearing mightily, I cleaned up the mess, biked back to Canadian Tire for more oil and tried again.

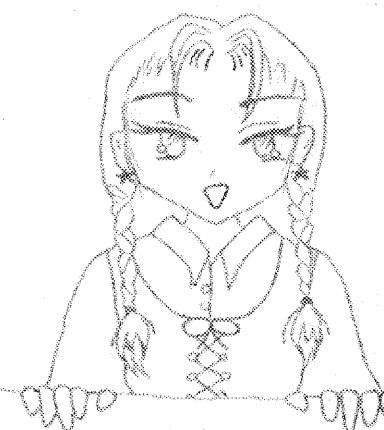
It had taken my two tries, but I had successfully changed my oil! I felt my confidence wax as I started on the plugs. To my annoyance, however, the plugs fit into their holes, but the caps did not want to sit on the plugs. I was sure that

I had purchased the correct plugs, but somehow I had messed up. So I reluctantly put the original plugs back and got in the car for a final trip to Canadian Tire.

When I started the engine, it sounded like a Harley Davidson running on cherry brandy. Coughing and sputtering, I made it to the store and back, stalling 13 times along the way. Now, I suspected that this had something to do with misplacing the caps that went on the plugs, but I didn't know for sure. I feared that I might cause permanent injury to the electrical system by mucking around with them. So, I tried calling a friend who knew buckets more than me about cars for his advice. He wasn't there. I had promised to give a lift to my wife later that evening and, stalling about 19 times, we limped around town. When my buddy called me back, we determined that the spark plug caps had been misplaced and upon fixing them, the car was more or less back to normal.

I know what you're thinking. This guy is about as sharp as sack of

continued on p. 10



## Elle's Eye On Edmonton

### Concert Listings

--- Thursday, January 13th ---

-- Audiosquadron w/ Le Fuzz and Mark Templeton --  
 --- Sidetrack Cafe (10333-112 Street) --- Show @ 8pm ---  
 -- The Franklins w/ Raygun Cowboys and Down For The Count --  
 --- New City (10081-100 Ave) --- Call 429-2582 for Details ---

--- Friday, January 14th ---

-- Magilla Funk Conduit w/ Cadence Weapon --  
 --- Sidetrack Cafe (10333-112 Street) --- Show @ 8pm ---  
 -- Storyboard w/ For Nada --  
 --- Seedy's (10314-106 Street) --- Call 421-0992 for Details ---

--- Saturday, January 15th ---

-- Knee Deep in Grass w/ Red Shag Carpet --  
 --- Sidetrack Cafe (10333-112 Street) --- Show @ 8pm ---  
 -- Jay Murphy Band w/ The Micheal Edwards Band and The May Kungs --  
 --- The Powerplant (U of A Campus) --- Doors @ 8pm ---  
 -- Division & Wellesley w/ Pethau and Darren Day --  
 --- Seedy's (10314-106 Street) --- Call 421-0992 for Details ---

--- Tuesday, January 18th ---

-- Rule of Nines w/ The Citizen --  
 --- Sidetrack Cafe (10333-112 Street) --- Show @ 8pm ---  
 -- Werdale w/ Marble Engine --  
 --- Urban Lounge (8111-105 Street) --- Call 439-3388 for Details ---

--- Wednesday, January 19th ---

-- Cory Danyluk & Sarah Card w/ Twilight Hotel --  
 --- Sidetrack Cafe (10333-112 Street) --- Show @ 8pm ---

--- Thursday, January 20th ---

-- The Mark Inside w/ Magenta Lane --  
 --- New City (10081-100 Ave) --- Call 429-2582 for Details ---

Have a band? Want to see your show listed here?  
 Send us the details by January 16th to be in next week's listings!  
 Email: ellejohnston@hotmail.com

this week at


  
THE NEST
   
NAIT'S CAMPUS BAR

**Monday's Jan 17th**

**DINNER & movie**

All you can eat Pasta \$7.95

4:30 - 8:30

**THE CRUERGE**

2 hour long, 3 hour long

**Wednesday Karaoke Night Jan 19th**

5:00 p.m. - 9:00 p.m.

Plus NEVER forget!!!

Every Wednesday at the Nest is Wing Night

3:00 p.m. - close. 25¢ wings

## Comebacks, are they tasteless or legitimate?

During the holidays I mostly sat around the house taking in loads of hellish daytime T.V. It was brought to my attention that Britney Spears has announced her retirement... as well as her comeback. Can you say WTF?

**The band Motley Crew can be added to the list of celebrities' great returns.**

Over the years many celebrities have come out of retirement in attempt to revive their once amazing careers. Personally, I think the best comeback was made by Michael Jordan. He came out of retirement because his heart was still in basketball and not baseball and went on to lead the Bulls to an NBA championship making his comeback legitimate.

However, when he tried again his attempt was seen weak, half-hearted and a tasteless comeback.

The band Motley Crew can be added to the list of celebrities' great returns. The huge impact they have had on the music industry cannot be argued. Unlike many other bands, their comeback included all the members of the original band, the songs that have been played since the beginning as well as many newly released tracks. The "Crew" has definitely earned the status of a valid comeback.

In closing, everyone loves a hero that can come back and return to the top. However, nobody wants to see someone like Britney Spears retire from a career that has been relatively bland lately, in order to make an attempt to revive her career. I guess there are certain people that can pull off a successful return and others should just throw in the towel.

## NOT Perfect

continued from p. 9

wet mice. And you'd be right, kind of. I'm the first to admit that I am witless when it comes to mechanics, and for that matter, carpentry, electronics, computers — the list goes on. But I am good at some things and I have been fortunate enough to find careers where I can use these skills. And that's the point of this whole exercise. When you're looking at careers and making choices about what to take at NAIT or elsewhere, the first two questions to ask are what do I like to do? and what am I good at? There are plenty of diplomas at NAIT that will virtually guarantee you a high paying job. But if you are going to hate that job and be lousy at it, what's the point of taking it? So think carefully when you're choosing a program. Participate in the Open House, Information Sessions, and the Buddy System and be honest with yourself about whether or not you will really be able to succeed and enjoy in a particular career. Accept your shortcomings and exploit your strengths. For more information on career planning, visit Career Services (O117) and ask to speak to a Career Advisor.

### Important Information Regarding

## 2004 T2202a Tuition Tax Receipts

New for 2004! The T2202A tuition tax receipts for the 2004 calendar year will be made available to students on-line at [www.nait.ab.ca/MyNait](http://www.nait.ab.ca/MyNait) Portal in February 2005.

Please note: These tax receipts will not be mailed and will only be accessible via the web.

**Cinema City**

Fun, Friendly, Affordable

Now Playing [www.cinemacity.ca](http://www.cinemacity.ca)

CINEMA CITY 12		Movies 12	
3633-99 Street		5074-130 Avenue	
Movie Info Line 463-5481		Movie Info Line 472-9779	

\$2.00 Tuesday Special	\$2.00 Daily Matinees	\$3.00 After 6PM	\$3.50 Fri/Sat Midnight Movies
------------------------------	-----------------------------	------------------------	---

**\$1.00 Admission**

EXPIRES January 27, 2005

one admission per coupon  
no reproductions-no cash value  
valid anytime monday to thursday

**\$4.67** Plus tax Medium Drink Medium Popcorn

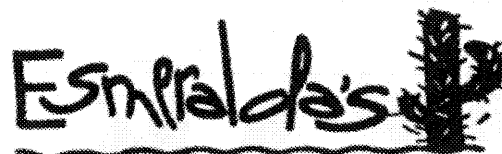
EXPIRES January 27, 2005

one coupon per purchase  
no reproductions-no cash value  
valid anytime monday to thursday

Do you have a  
**Question of the Week?**

Submit your questions to:

nugget  
submissions@  
hotmail.com




**Ezzie's Thursday Nights—  
Happy Hour All Night Long!  
\$1000 Giveaway**

4 Chances To Win

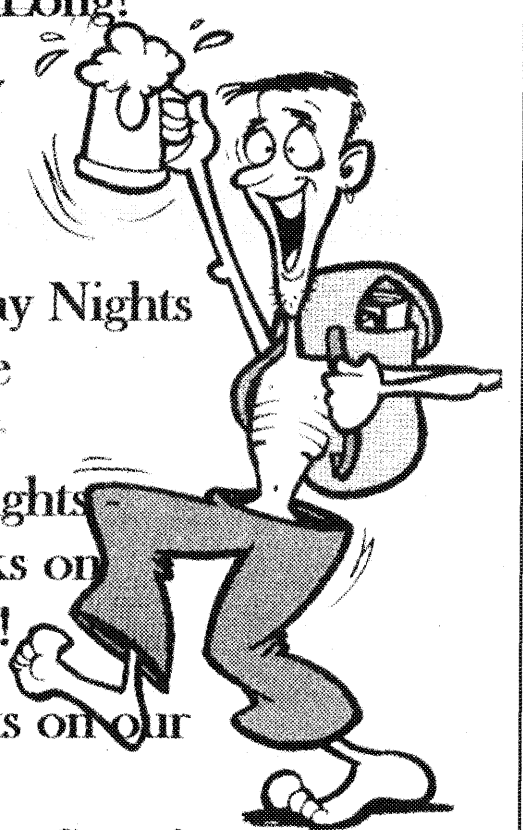
Subsidiary Prizes and Cash

**Locker Room Wednesday Nights  
Name That Tune  
and cheap wings!**

**Sundays are Movie Nights—  
See your favorite flicks on  
Our BIG screens!**

**Join us for loads of sports on our  
Big Screens!  
Super Bowl Party Coming Soon!**

**Located in the Ramada Inn on Kingsway  
11830-Kingsway Ave.**



# The NAIT Cruise Needs You!!

Volunteers are needed for the S.S. Benefit NAIT Cruise to Egypt on Saturday, February 26, 2005. This annual NAIT corporate fundraiser needs individuals for duties ranging from setting up the event to monitoring the silent auction. If you would like to help, please complete a Volunteer Registration Form at the NAITSA Volunteer Centre (room E133). Your cooperation and support is greatly appreciated.



# SPEAK OUT!

Here at NAITSA, we want to serve you better. For this to happen, we need to know what suggestions and feedback you have to improve your quality of life at NAIT. All of your feedback will be kept confidential. If you would like to know how we are making the changes you suggest, you can leave your contact information. We will also be providing articles in the Nugget for you to see what changes other people have recommended. If you would like to take a hands-on approach to your suggestion, drop by the NAITSA office (E131) so you can join one of our many committees. Please return completed forms to the NAITSA office. Thank you for your time!

**WWW.NAITSA.CA**

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Program: \_\_\_\_\_

What campus are you on? \_\_\_\_\_

Suggestions or Feedback: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Recommendation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Can we publish your suggestions or feedback in the Nugget?      Yes      No



NAITSA VEGAS  
*Bash*  
**2005**

**COWBOYS**

**Friday, Jan 21st  
2005**

**the standard**

**Friday, Jan 28th  
2005**

**Tix \$10 @ NAITSA OFFICE**

**only 500 Tickets will be SOLD!!!**

**2 Chances to Win A Free Trip to Vegas**

**Welcome to the  
New Party Year**

**3 FREE DRINKS**

**No Line / Cover**

**Open to ALL NAIT Students & Friends**

for more information check out our new web site

**www.naitsa.ca**

**NAITSA** Presents...

**S P R I N G B R E A K**

*in Fabulous*

**HAS VEGAS**

**February 16th - 21st**

**February 20th - 25th**

Trip includes: Deluxe Ground transportation,  
hotel, prizes and much, much more !!!

Sign Up @ The NAITSA Office Rm E131

Make your down payment ASAP

**Only \$390**

**+\$50 Damage Deposit**





Does anyone else find it friggin annoying that the NAITSA website is STILL under construction? SHEESH!!!

to all mechy tech guys ... i think us civil guys get the ladies way better than you guys ... just a thought, because of how funny looking you all are .... Mr. Civ

marshall in civil .... i have been waiting in the common market for you, i thought maybe you'd be around... i am a brunette from main campus, i read about you in the nugget a couple of weeks ago .... maybe you could drop by someday there and we'll get acquainted ... jenny from dental

Hello coverall loving girl, to set things straight we wear sometimes nothing, sometimes everything. Take your pick, if you would like to have beer sometime come and have lunch with me in the common market sitting at the semicircle bar type table from 11:10-12:00. I have short dyed black hair with side burns, glasses and

6'6. Hope to see you soon. Cover All Guy

To BoredGrapeVinesGuy, NET & CNT might be gay programs but at least you can make good money. ...And more importantly they house some fine looking staff. I envy the guys that get to see every day the woman I'd like to take home to the parents. Continuing my ongoing drama with their secretary...Have a very Merry Christmas and I'll look forward to your smile in the New Year. (Cool glasses by the way!) -Informant

To all there people who try to meet and great through the grapevines.

You should probably be careful what you wish for. One of these times someone is going to get assaulted by a cougar or something worse. For all you know your mom or dad could be the ones writing in and you(desperate people to afraid to ask in person) will end up picking up your parents.....GROSS. Or worse maybe even your Grandma. So fellahs strap on a pair and get out there and ask in person. And ladies.....well I guess you can't really strap on a pair (but if you have more power to ya) Get out there and do what ever it is that

you girls encourager each other to do.

Oh yeah it would be nice if you girls would actually acknowledge poor Andy when he says hello to you instaed of shaking your heads all the time.....He is just trying to be social.

Sincerely those who consider themselves lucky to be able to hang with Jack Osbourne and Leo DeCaprio.(Those two guys have some of the sweetest moves.)

Stupid people are "Oxygen Theifs"

23 yr old female, 5'8 115lbs is looking for someone to spend some time with. If you are interested in a fun loving brunette reply through the grapevines.

TO THE CHICK WONDERING ABOUT THE COVERALLS.... the apprentices wear leopard print granny panties and the 1st year IHET guys wear NOTHING. come check us out sometime to see for yourselves in the hallway with the tutor centre. We really want to see you.

Bizz Chick....In regards to your request for "Mikey" your right he is a great guy we've gone to concerts,

hockey games, and much more....You do need find a guy like him, but not him because, well, he is a little preoccupied with us "Doc Walker Ladies". Good Luck with your search though!!!! ~Doc Walker Ladies~

## Classifieds

Parking Available  
Close to NAIT (2 min walk)  
Available immediately  
Please call Sherry at  
477-0191

## Adventure! Teach English Worldwide.

TESOL Certified 5 days.  
Study In-class, on-line  
or by correspondence.  
Jobs in over 85 countries.  
Call to reserve a seat for  
a **FREE** Info Night this  
Monday and Tuesday  
@ 7 pm, 10762-82  
Ave. **1-888-270-2941**  
[www.globaltesol.com](http://www.globaltesol.com)

**10% OFF EVERY ITEM IN THE  
STORE, INCLUDING**

- Levi's • Carhartt • Helly Hansen
- Dakota • Windriver • Denver Hayes
- Mark's • Point Zero

## Mark's Work Wearhouse

**Mark's Work  
Wearhouse**  
Clothes That Work.

Kingsway Garden Mall location only.  
(Next to Bank of M.) **Ph: 479-2478**  
Expires August 31, 2005. NAIT ID required.



**CUT  
TO THE  
CHASE.**

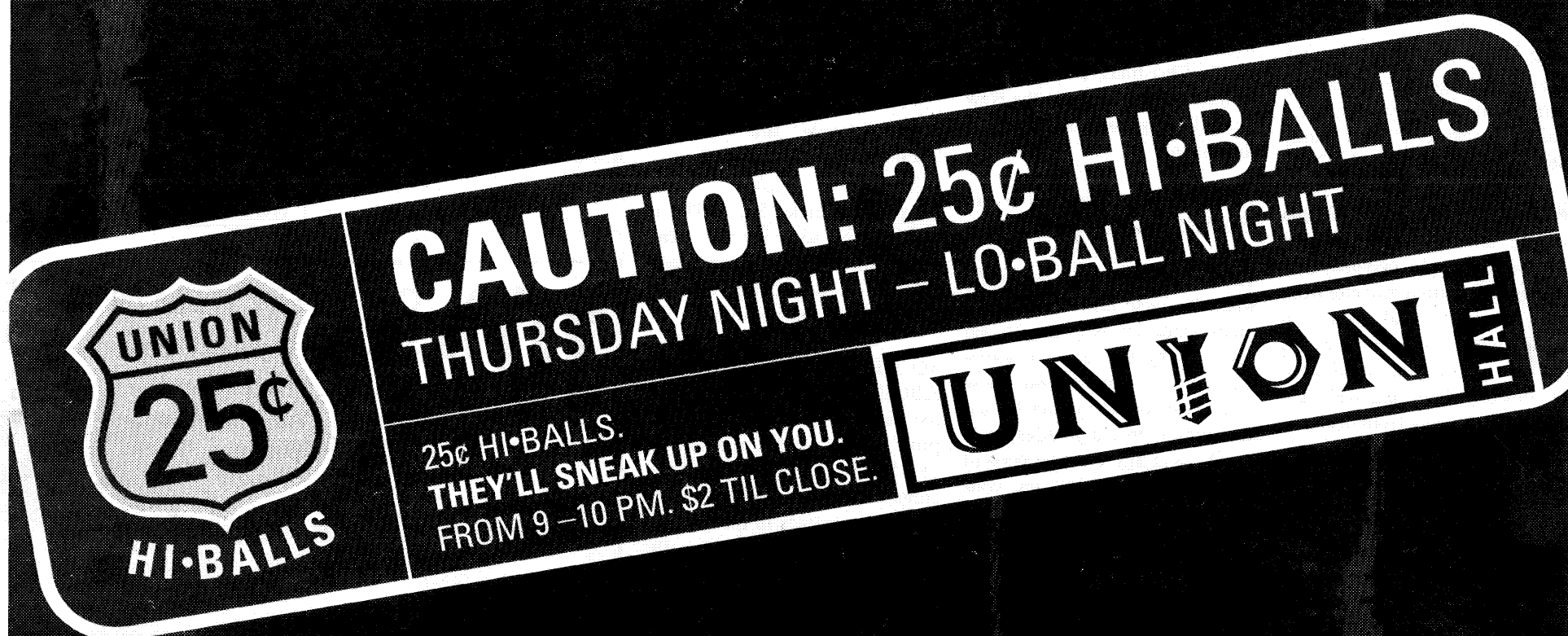
Royal Roads University makes it easy to get a jump on the job market. Our accelerated degree programs are designed for college diploma graduates, allowing you to earn your Bachelor's degree in just 12 months. And, ask about our 2-year online degree programs – for another flexible option.

Visit [www.royalroads.ca/moreinfo](http://www.royalroads.ca/moreinfo), email us at [learn.more@royalroads.ca](mailto:learn.more@royalroads.ca) or call **1-800-788-8028**. Royal Roads University is located in Victoria, BC.



**ROYAL ROADS  
UNIVERSITY**

**Accelerated programs:** Bachelor of Commerce in Entrepreneurial Management; Bachelor of Science in Environmental Science; Bachelor of Arts in Justice Studies; Bachelor of Arts in Applied Communication



**CAUTION: 25¢ HI-BALLS**  
THURSDAY NIGHT - LO-BALL NIGHT

25¢ HI-BALLS.  
THEY'LL SNEAK UP ON YOU.  
FROM 9 - 10 PM. \$2 TIL CLOSE.

**UNION HALL**



**EDMONTON'S WILDEST HALL PARTY.**  
EVERY THURSDAY, FRIDAY AND SATURDAY.

ARGYLL AND 99 ST. [unionhall.ca](http://unionhall.ca)