

WE OWE A DEBT OF GRATITUDE

# THE NUGGET

Thursday, November 10, 2005  
Volume 43, Issue 10

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



## LEST WE FORGET

Nov. 11 is Remembrance Day—time to honour those who fought for our freedoms. Story P. 12



Photo: Trevor Elliott

A solemn Mountie stands tall during a musical tribute to war veterans held at the Winspear Centre. Review on P. 24.



# NEWS & FEATURES

## Fear factor in effect

### Mouthing OFF



By DAVID MALLET

With the recent attacks around the NAIT area and the shocking rise of murder and assault rates in our fair city, we asked a few students whether they feel safe in Edmonton.

**Cayley Fisher, photographic technology, 19**

"I feel safe because I have not personally encountered anything."

**Sherri Gristwood, pre-college prep, 18**

"I'm more cautious now than I have been. I never walk to the parkade alone."

**Rob Park, photographic technology, 20**

"I do feel safe, because I refuse to be afraid of the night. You just have to know what parts of town to avoid."

**Kim Sidorchuk, photographic technology, 20**

"No, I don't feel safe. I heard about the 13-year-old kid who just got stabbed at his bus stop. I would rather drive my car and spend the extra dollars to not take the bus."

**Cheryl Marsonette, photographic technology, 26**

"I just moved here. I was a little nervous at first. Then I was ok. But with everything happening right now, it seems like all the crazy people live in Edmonton."

## How to keep your sanity

Keeping your sanity during the semester is a constant struggle. Margaret Marean, a counsellor with NAIT's Student Counselling Centre, offers these useful tips.

1. Keep your goal in mind. When things seem overwhelming remember that this phase is temporary. Visualize success.
2. Pace yourself. Dedicate regular blocks of time throughout the week to studying. Mark these on the calendar and stick with them.
3. Use your daytimer and write all projects, exams, due dates, social activities and appointments in it. Be careful not to overbook yourself.
4. Make a "to do" list. Take 10 minutes every night and write down everything you would like to accomplish the next day - then prioritize and commit to working on your most important items first.
5. Break large tasks into manageable chunks. It is less stressful and more beneficial for learning to read 10 pages per day for five days than to read 50 pages in one night.
6. Create a study area. Having a specific area that you always use for studying (or two areas - one at home and one at school) is important both practically and psychologically. Use that area just for studying and it will help with concentration and focus.
7. Be here now. If you are at school focus on the lecture; if you are spending time with your family focus on them. Work on keeping out thoughts of what else you "should/could" be doing.

8. Take regular breaks from studying. The 50-10 method is the most effective study method for most students. Study 50 minutes and rest (stretch, get a drink of water ...) for 10 minutes. Then move to a different subject and repeat.

9. Set limits. Learn to say no. Look at your goals and decide what activities are important to meet these. Work on eliminating or reducing the rest.

10. Learn relaxation techniques. Be aware of what triggers your stress and experiment with different techniques for managing it. (Music, deep breathing, muscle relaxation, exercise, talking over problems ...). Make an appointment with a counsellor if you want specific help to deal with stress.

11. Create a support network. It is important to have people at school and outside of school that are supportive.

12. Plan something that you can look forward to every week. Laughing and having fun actually enhance your ability to concentrate and learn.

Rate your study skills on-line and find more information on how to succeed at NAIT on our website: [www.nait.ca/study\\_skills](http://www.nait.ca/study_skills)

Counsellors are available to discuss any academic, career or personal concern. Book an appointment at the Student Counselling Centre, Room 0117, Main South Lobby; phone: 471-8874, press 4

## Be a Volunteer This School Year

### On Campus Volunteer Opportunity:

Coming up on November 15 to 17<sup>th</sup> a group of NAIT management students are hosting a **Need 2 Read Book Drive**. Children's books will be collected at 4 locations around NAIT, drop off sites include outside Needs and Reads, Business Tower, HP Centre and outside NAITSA. All books collected will be donated to The Centre for Family Literacy, volunteers are needed to help man these drop off points. Shift times are flexible; please contact **Ingrid Lee at 487-9787 or 554-9787 or by email at [leejk@shaw.ca](mailto:leejk@shaw.ca)** if you would like to help out with this event!

### Off Campus Volunteer Opportunities:

**Crime Stoppers Association of Edmonton and Northern Alberta** is now recruiting a volunteer for a **Clerical Assistant for Gala/Annual Giving Campaign**. Your duties would include entering donor information into a donor tracking system, assisting in mailouts to donors and sponsors, help at reception and securing items for a silent auction. If you would like to learn about this opportunity please contact **Flavia at 425-8839**.

**Child and Adolescent Services Association** is now recruiting volunteers for their **Animal Assisted Therapy** program. This weekly volunteer commitment provides enhancement to the CASA's recreational, educational and therapeutic activities. For more information about this volunteer role with your pet please contact **Barbara Rioux at 430-2654**.

#### GIV'ER Program Update:

Hospitality – 250 points  
RET 2007 – 158 points  
Business – 108 points  
Architectural/Interior Design – 78 points  
Bio Science – 69 points  
EDDT – 67 points  
RET – 30 points  
Avionics – 20 Points

If you are interested in any of the volunteer opportunities listed above, please contact Shannon at [naitsavc@nait.ca](mailto:naitsavc@nait.ca) or 491-3966. Stop by the NAITSA Volunteer Centre in E-133 for all the details.

## Student centre open for biz

By TARA COPELAND

NAIT's International Student Centre is open for business and it couldn't come at a better time. According to NAIT officials, there's a definite need for the new centre.

NAIT has nearly 1,000 international students. They come from 50 different countries and according to Sandy Sanderson, director of student life at NAIT, these students come with their own individual needs.

"International students have special needs and in many cases, culture shock when they first arrive at NAIT," said Sanderson in a statement. "NAIT's International Student Centre is an invaluable resource to our international students because it's a place where they can receive advice, attend practical workshops dealing with day-to-day issues for new Canadians, ask questions and socialize."

NAIT's International Student Centre is open Monday to Friday, 8 a.m. - 4:30 p.m.

## The patented human genome

By KAROLINA PERET

First of all, I'd like to announce that this article is one of a series that I take upon myself to write about to let you, the student, become aware of the terrible and powerful things that are going on in this so-called democratic world. So, let's begin, shall we?

To show you just how insurmountable the figure heads behind these corporations are, read the following factual information that not only stunned me to the point of outrage, but it gave me the inspiration to change it.

Many of you have witnessed first hand the tremendous influence that corporations have over our very existence. From coffee, to clothing suppliers, we seldom pass anyone by without darting our attention to some aspects of their appearance (or behavior, for that matter) that screams out, "I'm an advertisement!"

Granted, in a place where this is encouraged, nay, enforced, one can hardly say "no" to that cute \$65 top at whichever store you may be walking past. I was as much to blame, until I delved deeper into this corporate scheme and discovered that my fashionable enjoyment was at the expense of a four-year-old Bolivian girl working for two dollars a day, paying a quarter of her daily earnings to buy water, privatized and owned by the same company she was employed at, an American industry.

This, one of many facets soon to be uncovered, is the beginning of my mission to expose the very people that call themselves democrats, the fiscal beasts. But first, the incredible, but true, recent US law that made it legal to patent the genome of any living organism, including a human being.

In the last few years, (and after many supposed oppositions and retaliations from publicly-minded entities), the U.S. Congress has passed a law that has made it legal for biotechnical corporations to patent the new discovery of a gene. That's right, a patent on the genetic make up of humans, as you'd have on a Tonka truck for kids. How could this have come about, you ask? By the power of authority, supremacy and lastly, but not least...money!

But in all seriousness, General Electric (GE) had been working on creating bacteria that fed on a harmful chemical without harming it, allowing the compound to be used discretionarily. They then attempted to patent this microbe, claiming that they had "invented" it and they demanded exclusive rights to its production. The Court of Appeal rejected the claim stating that a microorganism was living and anything living could not be patentable.

GE then proceeded to appeal this law and was able to overrule the patent law by a three to two victory. They arguably defended

their position by claiming that the microbe appeared to be more like a detergent than a living organism and this caused a new law to be passed - a corporate entity could "patent anything alive except a full birth human being."

This law, thought to be a sole incident and a trivial decision, was underestimated and has caused a major upheaval amongst the companies, all after such claims. Biotechnological companies have begun the race to discover the hidden treasure in the human genome, patenting everything from the breast cancer gene, to cystic fibrosis gene, to the patent of every single living organism on this planet. This, in Layman's terms, means that any gene that is discovered from now on will have the legal stamp of a single corporation, making it untouchable for those who have good inclinations.

As a Biology student, I for one am aware of the extreme consequences of such legalities, especially in the genetics field, where discoveries are so immense, that a year can mean the completion of the human genome project. A genome that, thanks to the few only concerned with profits will soon have a patent on every gene that makes up the evolution of a species.

Next week....the price to pay for media truth and the law that prevents it from being told.

## More charges after assault probe

By TARA COPELAND

Charges have been laid against an individual relating to several sexual attacks near NAIT's main campus.

A 30-year-old man faces 15 charges in connection with the incidents.

Brent Edward MacDonald of Edmonton is charged with two counts of sexual assault, six counts of performing an indecent act, one count of assault and six counts of

criminal harassment.

"The investigation is still ongoing - it hasn't been concluded yet," said Detective Dave Pelech of the Edmonton Police Service.

All incidents are alleged to have occurred in the 118 Avenue area between November 2004 and October 2005.

Anyone with further information is asked to contact the Edmonton Police Service at 423-4567.

# YES!

## NAIT has a news show

AND we want YOU to watch it!



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**Donation bins will be located on campus 9:30am - 3pm**

Every 2-book donation receives 1 RAFFLE TICKET for a PRIZE DRAW held on November 18

2 RAFFLE TICKETS will be given for every donation of 2 KID'S BOOKS

Books should be new or gently used  
Donations will benefit the Center for Family Literacy



# OPINION

## Parking problem needs a cure

Given the number of students who complain about the parking, or lack of parking at NAIT, you'd think there would be plans of bringing a U-Pass to the school.

It's a simple concept that's already in practice at most major post secondary institutions in BC - included in every student's student fees is a U-Pass fee. This fee gives students unlimited bus access with their student card and unlimited access to other facilities city-wide that would normally have a fee.

Normal U-Pass fees can vary, but typically, they're in the ballpark of \$30 to \$90 a semester, depending on the school and the extra perks that are included.

For the most part, the U-Pass has been positively received. That said, there are critics of the pass.

They seem to be outnumbered, but they do have several valid arguments against the U-Pass.

One of the biggest arguments against it is: if I don't use it, why should I pay into it?

Does it make a difference if students don't use it? Nope. Most post-secondary institutions that offer the U-Pass don't offer an opting out option.

On the flip side, those who support the U-Pass argue that those who will not be taking advantage of it are obviously some of the lucky ones with their own transportation.

They argue that it is a socialist arrangement in which poor students will be helped by the students who are in better financial positions.

Then there is the environmentalists' argument supporting the U-Pass - by giving students a bus pass, they are encouraged to use the bus instead of drive. In doing so, you can cut down on greenhouse gas emissions.

Surprisingly, many bars have also been vocal with their support of the U-Pass. They say it gives students another option when deciding how they should get home after a night out with their classmates.

I say there are enough arguments for a U-Pass to warrant bringing it to the students for a vote.

The parking crisis is not going to go away by itself.

A U-Pass is a viable solution.



### Letter to the editor

## No trust in the Grit government

Justice Gomery has released an outline of his findings on the outrageous misuse of public funds committed in the name of "national unity" since 1995. Despite their own stated resolve to embrace ethical behaviour, there is little evidence that the present Liberal government is committed to move away from the culture of Liberal cronyism and to act decisively on measures that would close off the opportunities for abuse that are the stock in trade of political power-brokers.

As Jack Layton put it, in criticizing Paul Martin's record to date, "There's still no protection for public servants who want to expose corruption. Martin's rules for political staff are voluntary. He's ignored unanimous recommendations on scandal prevention. He broke his word on democratic reform. And he owes too much to well-connected

corporate lobbyists to accept the urgent reform required."

I don't trust the Liberal Party to follow through on any promises to upgrade the ethical standards that apply to government, to elected politicians, to the political appointees that support them or to the party operatives that devise their electoral strategies.

The primary responsibilities of elected federal politicians are to the people they represent (and not just those who voted for them) and to the greater good of the country as a whole. The NDP's Ed Broadbent has just released a blueprint for political reform called "Cleaning Up Politics: Demanding Changes in Ethics and Accountability." It makes a lot of sense in the context of Justice Gomery's findings. If you are perturbed by the present situation, it's well worth reading.

MARTY RYBIAK

## Letters welcome

### We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget.

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words.

Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and contact phone number to: [nuggetsubmissions@hotmail.com](mailto:nuggetsubmissions@hotmail.com)

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

Your Student Newspaper

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THE DEADLINE IS  
12:00 p.m. on the last school  
day of the week.

All submissions must be  
accompanied by your name &  
student ID number

The opinions expressed by contributors  
to the Nugget are not necessarily  
shared by NAIT officials, NAITSA or  
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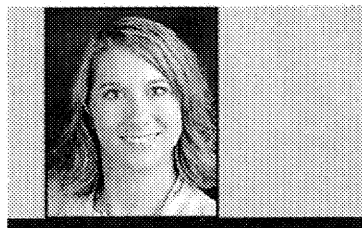
Come to  
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November 22  
for NAITSA's  
Annual  
General  
Meeting.  
There will be  
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attend"



# STUDENT POLITICS

## Get to know your execs

This week, The Nugget asked NAITSA executives more of your questions, to help NAIT students get the inside scoop on NAITSA and everything else you wanted to know about the people that work so hard to make your experience at NAIT the best it can be.



**CARRIE CREASER**  
V.P. Campus Life

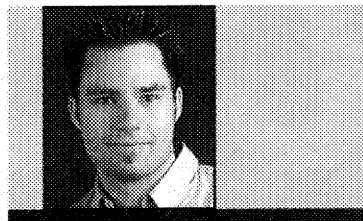
**1.) Do you have somebody in your family who was a war veteran?**  
My grandfather is a war veteran and I love him very much!

**2.) What does Remembrance Day mean to you?**

What it reminds me of is all the effort that was put into making this country the way it is today.

**3.) What class did you have your toughest midterm in?**  
Biochemistry!

**4.) What final exam are you dreading?**  
The only final I have is biochemistry.



**JON HOFFMAN**  
V.P. Student Affairs

**1.) Do you have somebody in your family who was a war veteran?**  
I wish I had a great story of bravery from my grandfather, but I don't have any family members that were in the war.

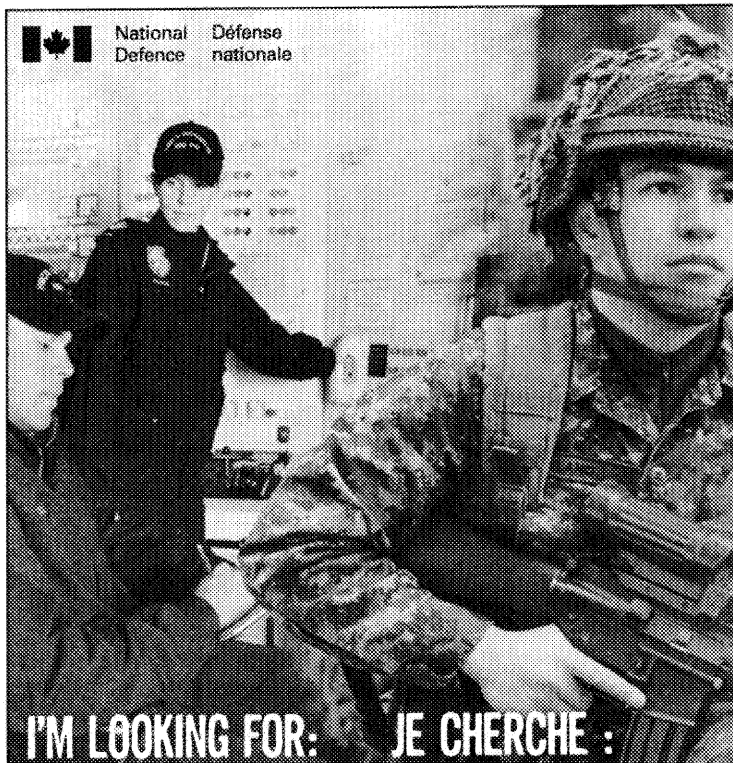
**2.) What does Remembrance Day mean to you?**

Honestly, growing up, Remembrance Day was not very important for me, mostly because I didn't really see how it impacted me. Over the last few years, I have been impacted by the personal stories of families losing loved ones during the war in Iraq. I would have to say that this current situation makes me much more aware of the sacrifice of veterans in the past.

**3.) What class did you have your toughest midterm in?**

I messed up on my international business test because I was too slow early in the morning. After six years of post secondary classes, you'd think that I would learn to hurry up with those early morning tests.

**4.) What final exam are you dreading?**  
I'm not really dreading any finals, but I'm not looking forward to starting two night courses in December. It is weird how in the accounting degree, you have to take night courses that overlap semesters.



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## SEPTEMBER STUDENTS

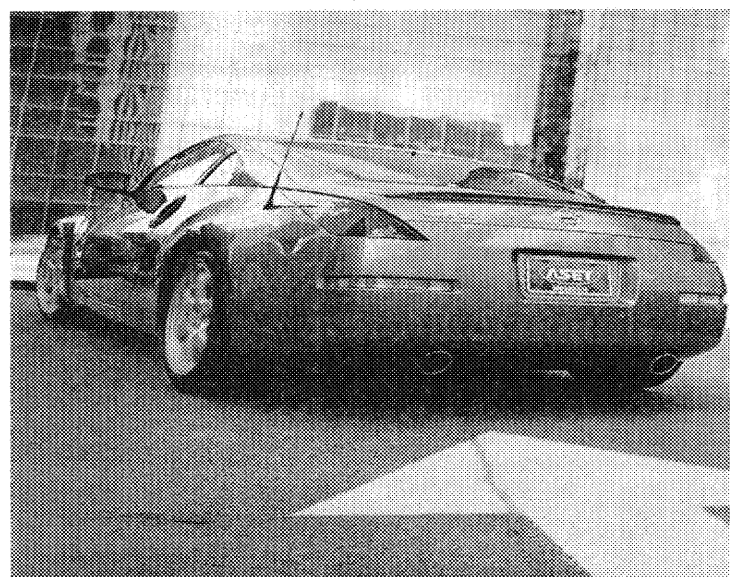
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Your new NAITSA Care Card for pay direct prescription drug and dental transactions is available at the Students Benefit Office or download your card at  
[www.gallivan.ca/studentnetworks](http://www.gallivan.ca/studentnetworks)

Please Contact the NAITSA Student Benefits Plan Office for details 471-7730



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# *nait* **factor**

## **LIVE AT THE NEST**

### **Tuesday, November 29th**

**If you want to participate in  
NAIT FACTOR come to the  
NAITSA Office (RM E131) and fill  
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**DEADLINE FOR ENTRY IS NOV. 18 @ 4:00 p.m.**

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# ENTERTAINMENT

## Hot programs on airwaves

By JASON JONES and  
TRYSTAN MEYERS

NR92 is the station for the students, operating 24/7 with programming designed by and operated by students in the Radio and Television Arts program. Second and third semester students run the station during the weekdays and students get a chance to showcase their skills in the mornings and evenings in shows that they create.

You can listen to NR92 in the hallways of NAIT, at nr92.com and on Shaw Cable radio at 92.3 FM. The schedule is full and offers a wide diversity of shows for all tastes. Here's a look at the shows:

### Monday

4:30 p.m. - 7:00 p.m. Down Home with Weiner & Bean/ Jolene and Rena - today's hottest country and classic hits of yesterday.

7:00 p.m. - 8:00 p.m. Dessert with "wham bam, thank you Tan" and "heavy breathin'" Stephen.

8:00 p.m. - 10:00 p.m. Third Man In with Brad & Rory - sports round-table.

10:00 p.m. - 11:00 p.m. Total B.S. - Brad - variety music.

### Tuesday

8:00 a.m. - 10:00 p.m. Crap Filter - Robbie G. and Craig - they don't play crap.

4:30 p.m. - 5:00 p.m. Smart Patrol - Katie - independent, underground and eclectic music.

5:00 p.m. - 6:00 p.m. Loser Anthems - Cory Balash.

6:00 p.m. - 7:00 p.m. The Soundtrack - Bekki, Jason B, Steve.

7:00 p.m. - 9:00 p.m. Big Badness with Hoops Needleman.

9:00 p.m. - 11:00 p.m. Max Power After Hour - Ryan, also known as Mr.X

### Wednesday

Noon - 1:00 p.m. Blast from the past - Leo, Morgan, Stefan

3:30 p.m. - 4:30 p.m. Super Terrific Happy Fun Hour with Double J Judge Jargon getting you over your hump day blues.

4:30 p.m. - 6:00 p.m. Sweet As Sin - Jolene, Rochelle, Rena - rock.

6:00 p.m. - 7:00 p.m. All Sports Radio - Chris Thiel.

7:00 p.m. - 9:00 p.m. World's Greatest Tag Team with Hashi & G Money - hip-hop.

9:00 p.m. - 11:00 p.m. The Big O's Japan Slam - James Oikawa - Asian/video game music.

### Thursday

8:00 a.m. - 9:00 a.m. Could You Repeat That with Jason Jones, Ashley Busko & Nadine Woudstra - sports talk show.

9:00 a.m. - 10:00 a.m. On The Spot - Dr Mandible, Prof. Holliday, Kyle - punk/rock/metal.

4:30 p.m. - 5:00 p.m. Capt'n Crunk with Taz.

5:00 p.m. - 6:00 p.m. All Sports Radio with Chris Thiel.

6:00 p.m. - 7:00 p.m. The Can Ooks with Trystan, Britney & Matt - 100 per cent Canadian- content.

7:00 p.m. - 9:00 p.m. Worst Case Scenario with Graham Gold "Gilly" - punk-rock.

9:00 p.m. - 12:00 p.m. Armed With Harmony - Robbie G, DJ T-Bone, DJ Fossey - hip-hop.

### Friday

6:00 p.m. - 8:00 p.m. Random Shuffle Mode - Greg and Matt.

So tune in anytime to listen to the shows. There's something for everyone and the best part, according to radio instructor Dave Albright is "it's not commercial and it's all done by students who know what students want."



NAIT radio students keep cranking out the tunes on NR92.

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# Hot movies coming up this winter



By DAVID MALLET

Well, winter has certainly arrived since last issue, with the ol' mercury dropping every day and snow expected this week. So curl up in a sticky movie seat next to the fat guy who eats nachos and enjoy these films coming up this December.

First up is Charlize Theron's follow up to *North Country*. After the lackluster box office of that effort, I'm betting many fan boys will be turning up for the Oscar winner's action/sci-fi turn as a sexy assassin in Paramount and MTV Films *Aeon Flux*.

Theron is assigned to take out a government leader, full of power and corruption. Earth has been stricken with a major virus, killing billions. The remaining population lives encased in a protected city, in this futuristic vision from director Karyn Kusama (*GirlFight*). *Aeon Flux* is out Dec. 2.

One of the most popular novels of recent times finally hits the big screen. Rob Marshall (*Chicago*) directs *Memoirs of a Geisha*, a film that Spielberg was set to direct before *War of The Worlds* came along.

Starring the actress who seems to be in every film set in the histori-

cal Orient, Ziyi Zhang (*House of Flying Daggers*) plays a prestigious geisha who longs to love and live in normal society. Filled with luscious images, this film will have to bring the substance of the book to the screen to be more than just a pretty picture. *Geisha* drops Dec. 9.

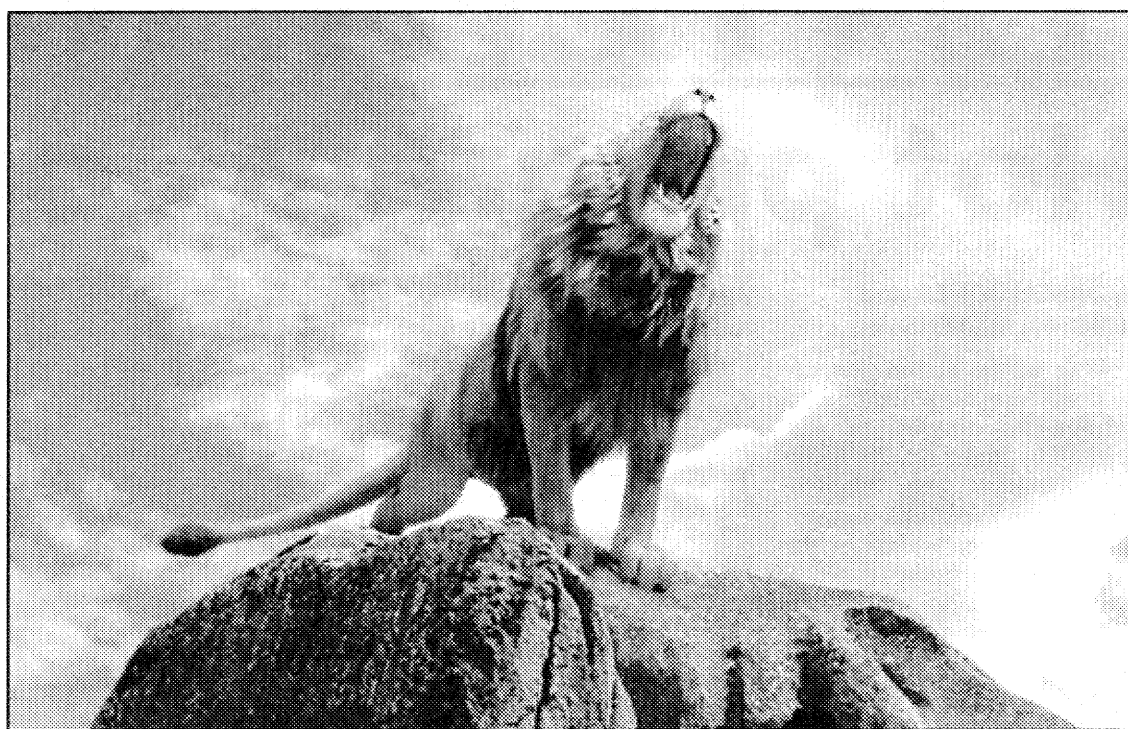
Also Dec. 9 is perhaps the most anticipated film of the Christmas movie season. Disney brings C.S. Lewis' classic tale from his best-selling *Chronicles of Narnia* series to the big screen for the first time. *The Lion, The Witch and The Wardrobe* is being viewed as a small gamble. It's only been two years since the last chapter of *The Lord of The Rings* trilogy and most epics of its type since then have not fared well (see *Alexander* and *Kingdom of Heaven*). But, like *LOTR*, there is a massive built-in audience for this film.

It has no big stars, though and the only other film directed by Andrew Adamson is *Shrek*. However, the trailer is wicked and they have spent of bucket load of cash on this one. Should this hit pay dirt, we could be spending many Christmases with the *Chronicles of Narnia*.

The 8000 pound gorilla in the house this year is *King Kong*. *LOTR* director Peter Jackson brings the furry screen legend to theatres in the first screen incarnation since the '70s. Jack Black, Naomi Watts and Adrien Brody star.

Hopefully, the inventive Jackson will be able to reinvigorate the age-old franchise.

The plot is straight out of *Godzilla* and *Jurassic Park*. The



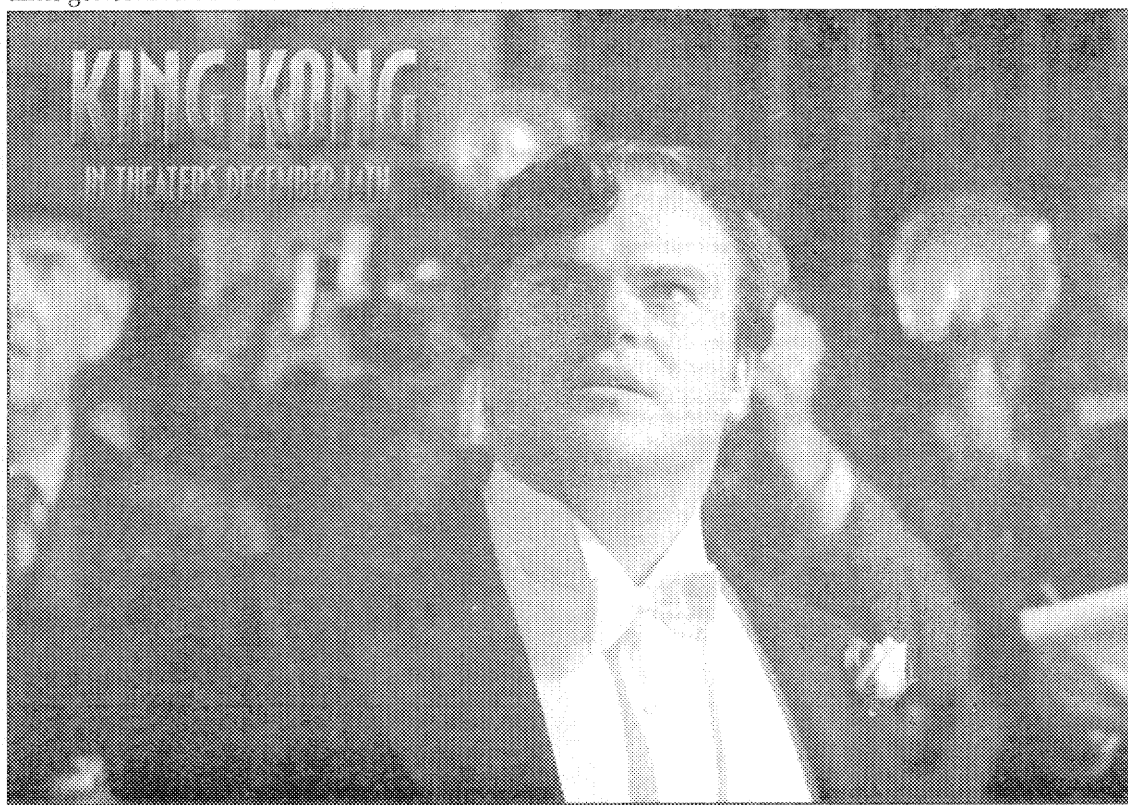
scientists go to a far away island, find the genetic monstrosity and bring him to America so he can star in a movie and step on New York landmarks.

From all appearances, this film looks unoriginal and uninspired, but it has been a pet project for Jackson. No matter what, though, this should rake in big money. The film unleashes itself on theatres Dec. 14.

Finally, Jim Carrey is back with a new film in *Fun With Dick and Jane*. Co-starring Tea Leoni and Alec Baldwin, the story follows a couple who loses all of their money and turn to a life of crime to gain their life of wealth back.

A remake of a 1977 comedy starring George Segal (*Just Shoot Me*) and Jane Fonda, this is a farcical comedy that allows Carrey to do what he does best - make us laugh. Directed By Dean Parisot (*Galaxy Quest*) and co-written by Judd Apatow (who wrote and directed this year's funniest movie, *The 40 Year Old Virgin*) this could be the season's comedy hit.

Well, those are the big ones for this winter. Be prudent and seek out some smaller titles as the Oscar push approaches. The gems sometimes get lost in the shuffle.





# Get outta my face! New Canadian bad boys

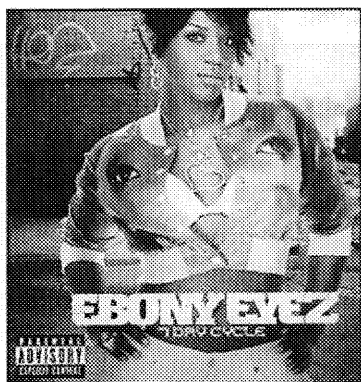
By TRYSTAN MEYERS

## Ebony Eyes 7 Day Cycle

This St. Louis rapper has finally come out of her shell. After rapping many guest spots on J-Kwon's album and the XXX soundtrack, Ebony Eyez delivers her first full length album.

*7 Day Cycle* was released on Aug. 11 and is centered around a woman's perspective on life. With beats courtesy of The TrackBoyz, *In Ya Face* and *Take Me Back* are the first two singles.

There are tracks on this album that make me want to party like on a Friday and Saturday night. There are relaxed tracks that make me want to relax like a Sunday afternoon nap and also songs that relate to the average work day



week.

The whole album is based around the trials and tribulations of an average week. This also makes this album very average itself. With female superstar rappers on the rise, give Ebony Eyez a few years and she will reach the dirty south status of Shawna or Trina.

By TRYSTAN MEYERS

## The Show: Debt Sweat & Tears

There is a new Canadian rap group on the rise. Joel Legall, Dane Auston, Mateo Charlton and Omar Lunan, better know collectively as The Show, are the next big thing in the mainstream Canadian hip hop scene.

Their first single, *Watchin' Me*, samples the 1980s Rockwell tune

featuring Michael Jackson. It has been sampled by Christian rapper Toby Mac, Master P and more recently The Royal Gigolo's into a house mix.

With appearances by J-Luv, Snow and remixes by Saukrates, this is not a cheesy Canadian rip off of G-Unit's, The Game. These four artists have been performing under a number of different aliases since 1996.

Instead of crunk ghetto rhymes, The Show serves up a typical

hip pop album. There are club bangers and also slow jams. In most of the songs, there is typical boy band talk of how they would be ideal boyfriends, while singing in harmonic a cappella melodies.

Although they are extremely talented performers, the album was a little too much like Boys II Men for me. I do hope they grow out of the high school mentality in a few years and become real Canadian superstars.

# Boudreau brings Da Funk to life

By KEVIN GIBSON

## Michelle Boudreau Band

(artist)

*This Room* (title)

Independent (label, or lack thereof)



Edmonton's Michelle Boudreau has already established herself as a force of nature in concert and her latest, *This Room*, manages to capture that same raw energy. Actually, it's worth noting that the release is credited to The Michelle Boudreau Band. A magnetic solo presence in her own right, here she's teamed up with a formidable rhythm section that further flesh out her compositions. Still very much the captain of her own ship, *This Room* finds Michelle with some worthy musical foils.

For such a relative youngster, her precision as a songwriter is most impressive. Whether barreling down a dark road, or dancing in the morning mist, *This Room* succeeds in sustaining a cohesive vibe throughout.

Difficult to categorize, this album would likely reside in either the folk or rock section,

though I'm hesitant to label it with that folk-rock tag. It may benefit/suffer from some comparisons to Ani DiFranco, but that still doesn't paint a diverse enough picture. Some songs even evoke Primus. One fact is undeniable - the funk is in full effect.

Only one complaint can be made. At times, in spite of some dynamic arrangements, the production can seem a little flat. It might not be worth noting, but having seen her live, I can attest that her voice seems canned in comparison to the full throated wail she lets loose live. No matter - it's tough to sound like a million bucks on a shoestring budget and given the evidence herein, Michelle Boudreau won't have to contend with money matters much longer.

## Win Audioslave swag

Universal Music and The Nugget have a chance for you to win some sweet AUDIOSLAVE swag. Check out the display case next to the Nugget office (across from NAITSA). Up for grabs are a high quality hoodie and a sweet ballcap. Please send one entry only. Multiple entries will be refused.

To win, send an e-mail to nuggetsubmission@hotmail.com and include AUDIOSLAVE in your subject heading. The draw will be made in time for the Nov. 17 issue, so have all of your entries in by Monday, November 14th. Good Luck!!!

## Herpes Vaccine Trial For Women Without Herpes



### The Facts

- Approximately one in five Canadian women have genital herpes
- Many don't know they are infected with herpes
- Herpes can be spread to those you love
- In rare cases, women can pass herpes to infants during delivery

### What Can You Do?

The **Herpevac Trial for Women** is investigating an experimental vaccine that might protect women against herpes. Participants receive:

- Free screening for herpes
- An investigational vaccine against herpes or against hepatitis A

### Who Can Participate In This Study?

Women age 18-30 who have never had oral or genital herpes

For more information about the study in your area, please contact:

The University of Alberta Hospital  
I.D. Study Nurse  
at  
407-6272 or 407-6945  
Email: seroerbert@cha.ab.ca

This vaccine CANNOT give you herpes



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health



National Institutes of Health



National Institutes of Health  
National Institute of Allergy and Infectious Diseases





# They're in the driver's seat



By DAVID MALLET

## Emerson Drive

Emerson Drive is one of the great success stories in Canadian country music.

Coming together as part of a high school talent contest, these Alberta natives wasted no time developing their full band sound. Drawing from influences as diverse as hard rock and classical, Emerson Drive started playing gigs across the province.

It didn't take long for the buzz to get loud, with the band showing up at prestigious events across Canada. Lo and behold, their hot new country sound caught the ears of Dreamworks Records, home to fellow Canuck Nelly Furtado. They signed in 2002.

The big major label debut is a do or die moment for any band, but in the case of Emerson Drive, dying was not an option. Known for touring tirelessly (too true, considering the band has three shows in Edmonton this week - all on the same day!), they made their presence known all over North America and soon after, their singles were climbing the charts.

*Fall Into Me* and *I Should Be Sleeping* both became top five hits. ACM

named them Top Vocal Group/Duo in 2003, *Billboard Magazine* hailed them as Top Country Artist of the Year in 2002 and at the CCMA's they took Group of the Year honors two years straight.

Well, the new album, *What If*, is now out on Dreamworks Nashville and the band is pumped.

"We've reached a new level," said vocalist Brad Mates. "We've worked hard to take the next step in our music."

Helping them reach that next level are three new members. Dale Wallace (keyboards), David Pichette (fiddle) and Patrick Bourque (bass) joined the band for this album. According to producer Richard Marx, it's helped their sound rejuvenate. Marx was twiddling the knobs on two tracks from the new disc.

"This is a better band now," he declared. "There's a higher camaraderie factor. Everybody's enjoying the process more. The band feels as I do, which is that all of this has happened for a reason."

Mates agrees.

"Bringing in three new members has given us an upgrade in sound. I guess you don't realize how much is possible until you have people like Dale, David and Patrick step into the picture. Once we brought them in, it was like starting all over again: doors opened and the music just fell out of us."

*What If* also features a batch of original tunes. Their debut was filled with songs from outside the band. In addition, session musicians filled out their sound. But with the fresh blood in the band, writing original songs for the second disc was a must.



"It can be tough for a new band to get one of its songs out there right off the bat. We were determined to be heard," explained the charismatic frontman.

"If that meant doing other writers' songs, that was fine with us. But we were writing more and

more all the time. We've kept learning and maturing, so it felt right to put some of our own things on the new album."

You can hear their hits from the debut disc and the new record, today at the Nest. All six of the boys will be there including drum-

mer Mike Melancon on drums and Danick Dupelle on guitar. They start rocking it fiddle style at 8 p.m. Gord Bamford and some special guests will be sharing the stage. Tickets are still available at the Nest and NAITSA.

## No easy run and gun game

By CHARLES NOBLE

### Socom 3 Review

Sound: This game sounds amazing! The gunshots are identical to being in a shooting range firing off some rounds of a M16 or Desert Eagle. Environment sounds are also outstanding with the wind billowing past you in the Arabian Desert levels to the brushing leaves as you pass through the South Asian Jungles. Music is fitting for the game as well, with the orchestral soundtrack that sounds like Socom 2 and 1.

Graphics: The only point where this game takes a major hit is in the graphics. Even with the Widescreen HDTV progressive scan enabled, the game still looks dated compared to new computer game releases. It reminds me of the Socom 2 graphics with slight improvements.

Gameplay: By far the biggest changes in the series took place here. Now you can drive vehicles online and offline, which all have some sort of driver position and most times multiple gun/missile turrets. The guns in the game fire more realistically, so if you're

looking for any easy run and gun game, this isn't it.

The game requires a lot of communication between teammates and solo action. The single player game now features a longer storyline and midway save points for all the levels, which means they listened to the many complaining Socom 2 fans. The menus of the game are set up fairly nicely compared to previous versions, especially the online menus which are extremely user friendly now.

Lasting Appeal: Multiplayer online will entertain you and leave you addicted - it's worse then crack I swear! This game is one that even if you hate single player mode, you'll play hours and hours online trying to achieve a better and better ranking while playing with your friends. The only problem is you require a credit card to play online. There is no charge, it is just to ensure that no young kids play this game - a smart way to enforce the 17 and up game rating.

In the end, if you love online games for PS2, this one is a must buy!

Overall Ranking: A+

## Jarhead departs from the mainstream

War-movie genre gets a makeover in this smart flick

By JASON JONES

The tagline of Jarhead reads "welcome to the suck" but it should read "welcome to the awesome" as Jarhead surpasses all expectations.

The term Jarhead denotes the likeness of the military haircut to a jar, as well as the emptiness of a military mind ready to be filled with slogans like, "This is my gun, I would not be the same without it." The beauty of this movie is how it does not compromise itself by selling out to war images and nonsensical violence, like other war movies. It is what it is - a real story of Marine Anthony Swofford's experiences in Operation Desert Storm, as dictated by his memoirs.

The film spends most of its time showing Swofford's (Jake Gyllenhaal) transformation from a naive newbie in the marines to a

raging wannabe killer, to a sniper who never even fires his gun in combat.

Jarhead sucks you in through its charm and humour (you have to see the Deer Hunter scene if nothing else) and provides real insight into the somewhat tedious world of being a marine. Swofford realizes that technology has rendered his job almost obsolete and his four days of war out of 200 in the desert show him what the war is all about. This is truly a departure from the mainstream understanding of what marines do in war.

There are some witty moments that delve into the politics of war, but the movie is not preachy because these moments are presented from the marine's view, which is limited by what he can know about the outside world (nothing).

Sam Mendes (American Beauty)

does a wonderful job of directing and immersing the viewer in the desolate desert and the claustrophobic conditions of camp. One terrifying scene of raining oil is captured beautifully in all its disturbing and surreal glory.

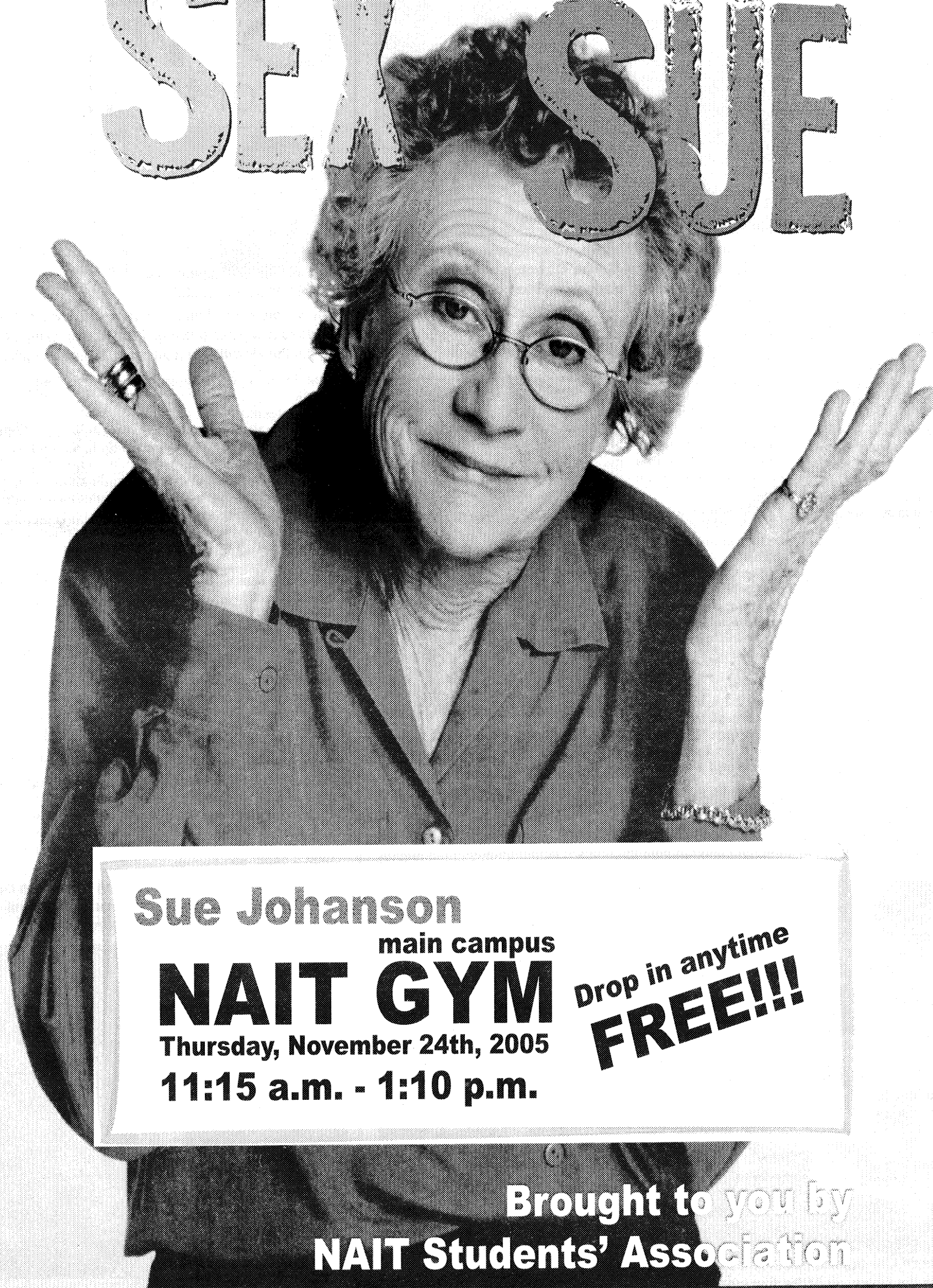
Gyllenhaal delivers a convincing performance, while Jamie Foxx and Peter Sarsgaard provide great compliments to Gyllenhaal's character.

This is a movie that could stand the test of time and be just as relevant in the future as it is today. It has already proven its relevance 10 years removed from its setting. Swofford says that war changes a person, but after seeing Jarhead you'll realize that movies like this can change a person.

Five stars (out of five).



# WITH SEXY SUE



**Sue Johanson**

main campus

**NAIT GYM**

Thursday, November 24th, 2005

**11:15 a.m. - 1:10 p.m.**

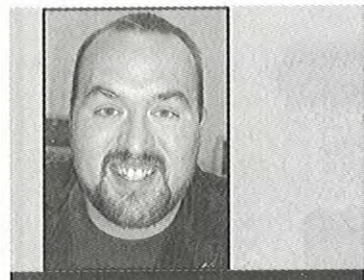
Drop in anytime  
**FREE!!!**

Brought to you by  
**NAIT Students' Association**



# WE REMEMBER

## We salute war vets



By TREVOR ELLIOTT

In Flanders Fields the poppies blow / Between the crosses row on row, / That mark our place; and in the sky / The larks, still bravely singing, fly / Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, / Loved and were loved, and now we lie / In Flanders fields.

Take up our quarrel with the foe: To you from failing hands we throw / The torch; be yours to hold it high.

If ye break faith with us who die We shall not sleep, though poppies grow / In Flanders fields.

John McCrae's "In Flanders Fields" remains to this day one of the most memorable war poems ever written. It is an effective means with which to help society celebrate the unselfish nature that these soldiers gave their lives for our freedom.

"These heroes are dead," said Robert G. Ingersoll. "They died for liberty - they died for us. They are at rest. They sleep in the land they made free, under the flag they rendered stainless, under the solemn pines, the sad hemlocks, the tearful willows and the embracing vines. They sleep beneath the shadows of the clouds, careless alike of sun-



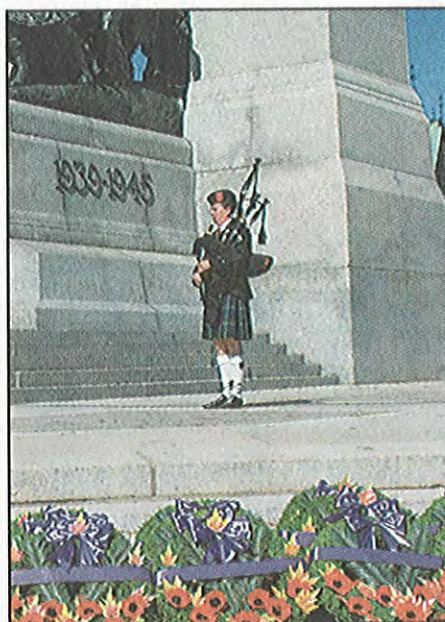
Prime Minister Paul Martin, accompanied by Mrs. Martin and Terry Tobin, Director of Canada Remembers Ottawa, pauses in front of the National War Memorial

shine or of storm, each in the windowless Place of Rest. Earth may run red with other wars - they are at peace. In the midst of battle, in the roar of conflict, they found the serenity of death. I have one sentiment for soldiers living and dead: cheers for the living; tears for the dead."

Edmontonians wishing celebrate this passionate day of remembrance can observe many tributes on Nov. 11. Among the most popular will be the services at the University of Alberta Buttefield and the West Edmonton Mall Ice Palace.

Veterans' Affairs Canada will hold their service at 10 a.m. at the U of A Buttefield. Jasper Place Branch #255 of the Royal Canadian Legion will also hold a service at

10:30 a.m. at the West Edmonton Mall Ice Palace.



Piper Bethany Bisillion plays the lament at the base of the National War Memorial.



Thousands of Canadians observe the VE-Day ceremony in Ottawa, including many from the grounds of Parliament Hill.

## SHOT Single of the week



We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

By MORGEN ZOELLER

**Hey single girls. You're all beautiful to us. We want to put your smiling face in the Nugget. See below for details on how to submit your photo.**

**Name:** Ben Horahcek aka Mercedes Ben (self proclaimed)

**Age:** 18

**Program:** Television

**Likes:** Playing Hockey, giving myself nicknames, watching hockey, being taller than everyone, thinking about hockey, pepsi, yelling "yeah", "what", and "ok."

**Dislikes:** I can not touch cotton balls, slurpees with too much air in them, drinking, thinking of a diabolical insurance fraud scheme only to forget the plan 5 minutes later, coke, taking the bus.

**Turn-ons:** Girls who like to play monopoly and cribbage, a girl wearing a cap (especially when sporting a good NHL team), a girl who keeps it real.

**Turn-offs:** Moustaches, eyebrows bigger than mine, Uma Thurman (cause she looks like a man!), racism, drunk chicks acting like drunk chicks do.

**Words to live by:** If your not cheating your not trying hard enough; It's not worth playing if you can play dirty; With booze you lose, say nope to dope, there's no need for weed.

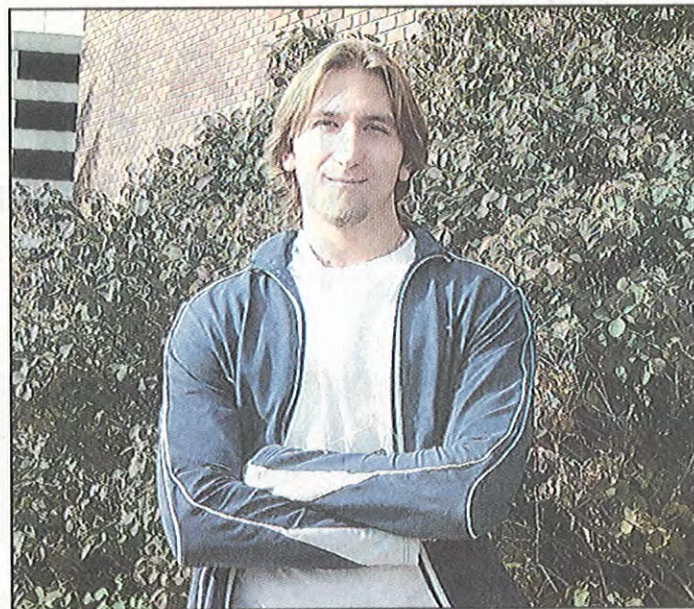
**Heroes:** Mario Lemieux and the original ninja turtles.

**Fun night out in Edmonton:** playing in a competitive hockey or football game, hanging with the dawgs; doing pretty much anything while rollin' on 20's (they are actually 17's but no one can tell and 20's sound cooler)

**Ultimate dream job:** Professional hockey player (I don't have the skills to pay the bills), Professional football player (once again bills can not be paid due to lack of skills), wandering nomad.

**Which movie character/ fictional character you relate to the most:** Id like to think that I'm as cool as the Fonz. I've been told I look like Dewey off of Malcom in the Middle; the oldest Hanson brother and Ryan Smyth. But I don't see any of them.

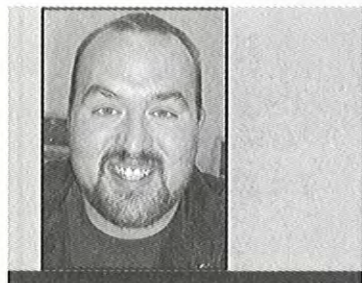
**If you're an eligible single and you want to be featured here, submit your name and e-mail address to [eligiblesingles@hotmail.com](mailto:eligiblesingles@hotmail.com).**





# SPORTS

## Yahoo, it's rodeo time!



By **TREVOR ELLIOTT**  
Sports Editor

Garth Brooks explains, "Well it's bulls and blood, it's dust and mud, it's the roar of a Sunday crowd. It's the white in his knuckles, the gold in the buckle, he'll win the next go 'round. It's boots and chaps, it's cowboy hats, it's spurs and latigo. It's the ropes and the reins, and the joy and the pain and

they call the thing rodeo."

The time is upon us once again. The Canadian Finals Rodeo is back in the City of Champions for an unbelievable 32nd presentation.

The event sets the scene for the most incredible Canadian rodeo athletes. Some of the CFR's best athletes include Saddle Bronc Rider Rod Hay, Bareback Rider Kyle Bowers, Bull Rider Chris Hansen, the father and son steer wrestling combo of Curtis and Cody Cassidy, Tie-Down Roper Alvin Bouchard and Ladies Barrel Racer Jill Bishop.

Rodeo athletes are unique. These athletes all display a high level of skill and intensity in their event(s) while competing part



time. Most rodeo athletes either hold full-time jobs away from the sport or juggle their time in conjunction with managing their farm.

Take Jill Bishop, for example. Bishop competes in her fifth CFR this year. Bishop is extremely dedicated to her sport as well as to her studies at the University of Alberta where she is currently in her second year of medical school.

Bishop comes from a family with a history of rodeo talent. The 22-year-old's father was an accomplished steer wrestler, while her mother taught her the tricks of the trade as a barrel racer. Bishop focuses on the Canadian professional rodeo tour during her summers and relies on her mother to keep her horse fit during the winter. So what inspires Bishop

to maintain excellence in both professions? "If it's something that you want to do, you've got to make time for it. If you really put an honest effort into it, then it should all work out."

A total of 98 athletes will test their strength, courage and endurance during the CFR held Nov. 9-13 at Rexall Place. The athletes will vie for a total combined purse of \$1 million in six go-rounds held over the five days.

"In rodeo, with almost 100 competitors performing within two and a half hours, you're almost averaging a pivotal performance each minute," said Dale Leschiutta, volunteer president of Northlands Park. "It's like a goal per minute. When sports fans come to CFR, they're often surprised that there is never a lull in the show."

"These competitors are coming out fast and furious and each competitor is a separate show. They're all unique and each ride is a memorable moment."

Between the gritty performances of the outstanding athletes, fans will be entertained by music, videos, interactive rodeo clowns and feature entertainers. Among the notable entertainers this year, will be the return of internationally renowned Mexican trick roper Tomas Garcilazo.

Whether you're new to the rodeo scene or a long-time fan, the CFR promises to entertain each and every fan attending the event this year. So be sure to "be seen in jeans" and support the incredible 32nd presentation of the event in the river city.



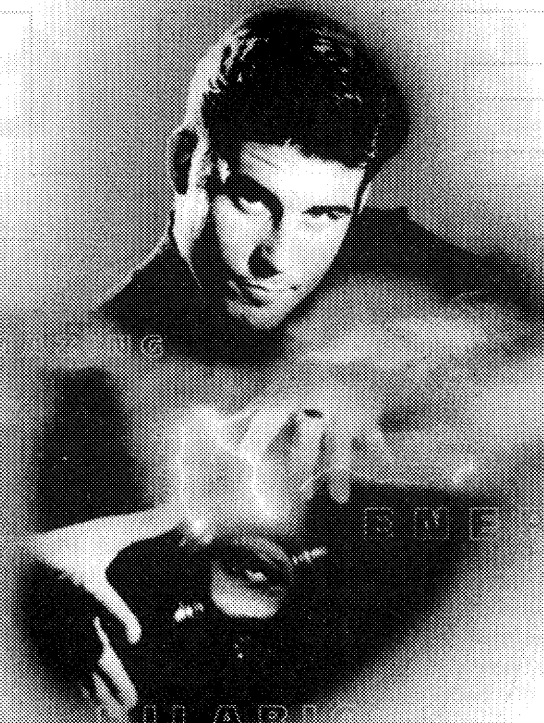


**WAYNE LEE**



**THE HIP-NOTIST**

**WAYNE LEE**



**THE HIP-NOTIST**

**TUESDAY,  
NOVEMBER, 15**  
**Show starts 5:00 p.m.**

**THE NEST**

**\$3 COVER  
@  
THE DOOR**



# ACAC Standings

## MEN'S HOCKEY

As of Nov. 6, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
Mount Royal	8	6	2	0	0	12	35	28	2 1 0	4 1 0
Augustana	8	5	2	1	0	11	39	28	1 2 0	4 0 1
SAIT	6	3	2	1	0	7	25	21	1 1 1	2 1 0
Concordia	7	2	4	0	1	5	23	30	2 3 0	0 2 0
Briercrest	6	2	4	0	0	4	21	21	1 3 0	1 1 0
NAIT	6	2	4	0	0	4	18	22	1 2 0	1 2 0
MacEwan	5	1	2	2	0	4	16	22	0 1 1	1 1 1

## WOMEN'S HOCKEY

As of November 6, 2005

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
SAIT	6	5	1	0	0	10	34	13	3 0 0	2 1 0
NAIT	6	5	1	0	0	10	18	13	2 1 0	3 0 0
Mount Royal	6	4	1	0	1	9	19	16	2 1 0	2 1 0
Red Deer	6	2	3	0	1	5	14	13	1 2 0	1 2 0
MacEwan	6	2	4	0	0	4	14	21	1 2 0	1 2 0
U of C	6	0	6	0	0	0	7	30	0 3 0	0 3 0

## MEN'S BASKETBALL

As of Nov. 6, 2005

North Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Concordia	6	6	0	12	483	403	4 0	2 0	W6
Lakeland	8	6	2	12	645	569	4 1	2 1	L2
MacEwan	6	5	1	10	474	434	2 0	3 1	W2
NAIT	6	4	2	8	472	456	1 1	3 1	W2
Grande Prairie	8	2	6	4	623	650	2 2	0 4	L2
Augustana	6	1	5	2	395	475	0 3	1 2	L2
TKUC	8	0	8	0	547	652	0 4	0 4	L8

South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Red Deer	6	5	1	10	483	383	3 0	2 1	W1
SAIT	4	4	0	8	333	250	2 0	2 0	W4
Mount Royal	4	3	1	6	345	235	3 0	0 1	L1
Lethbridge	6	2	4	4	430	460	1 1	1 3	L4
Medicine Hat	6	1	5	2	403	468	0 2	1 3	W1
Briercrest	6	1	5	2	302	500	1 3	0 2	L1

## WOMEN'S BASKETBALL

As of Nov. 6, 2005

Women's North Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
MacEwan	6	5	1	10	455	366	1 1	4 0	W4
Concordia	6	5	1	10	426	355	4 0	1 1	W4
TKUC	8	5	3	10	513	503	3 1	2 2	W2
Augustana	6	3	3	6	398	406	1 2	2 1	L2
Lakeland	8	3	5	6	543	597	2 3	1 2	L2
Grande Prairie	8	3	5	6	531	584	2 2	1 3	L5
NAIT	6	0	6	0	390	445	0 2	0 4	L6

## WOMEN'S BASKETBALL

Women's South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	
Streak									
Lethbridge	6	6	0	12	397	310	2 0	4 0	W6
Mount Royal	4	4	0	8	308	145	3 0	1 0	W4
Medicine Hat	6	4	2	8	324	297	1 1	3 1	W4
Red Deer	6	2	4	4	292	334	0 3	2 1	L3
SAIT	4	0	4	0	203	253	0 2	0 2	L4
Briercrest	6	0	6	0	231	416	0 4	0 2	L6

## MEN'S VOLLEYBALL

As of Nov. 6, 2005

North Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
MacEwan	6	6	0	12	18	0	3 0	3 0	W6
TKUC	8	6	2	12	20	8	4 1	2 1	W2
NAIT	6	5	1	10	17	6	2 0	3 1	W4
Lakeland	6	3	3	6	9	10	2 2	1 1	L2
Grande Prairie	4	2	2	4	6	6	0 2	2 0	W2
Portage	6	0	6	0	0	18	0 4	0 2	L6
Keyano	8	0	8	0	2	24	0 2	0 6	L8

South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Red Deer	6	6	0	12	18	1	3 0	3 0	W6
Mount Royal	6	4	2	8	13	8	1 1	3 1	L2
SAIT	6	4	2	8	12	8	2 1	2 1	W4
Briercrest	6	2	4	4	8	14	0 2	2 2	W2
Lethbridge	6	2	4	4	6	15	1 3	1 1	L4
Medicine Hat	6	0	6	0	7	18	0 4	0 2	L6

## WOMEN'S VOLLEYBALL

As of Nov. 6, 2005

North Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
TKUC	8	7	1	14	23	4	5 0	2 1	W5
MacEwan	6	5	1	10	16	4	3 0	2 1	W3
NAIT	6	5	1	10	16	8	2 0	3 1	W4
Grande Prairie	4	3	1	6	10	6	1 1	2 0	W2
Lakeland	6	2	4	4	6	14	2 2	0 2	L4
Portage	6	0	6	0	3	18	0 4	0 2	L6
Keyano	8	0	8	0	4	24	0 2	0 6	L8

South Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Mount Royal	6	6	0	12	18	2	2 0	4 0	W6
Red Deer	6	4	2	8	14	8	2 1	2 1	L2
SAIT	6	4	2	8	12	12	2 1	2 1	W4
Medicine Hat	6	2	4	4	11	14	2 2	0 2	W1
Lethbridge	6	1	5	2	10	16	1 3	0 2	L4
Briercrest	6	1	5	2	3	16	0 2	1 3	L1

# Ook Tracks

## Men's Soccer

Last Week: Bye Week  
Coming Up: Travel to Burnaby, BC for the National Championships Nov. 9 to 12.

## Men's Hockey

Last Week: Traded road wins Augustana losing 5-3 on Nov. 4 and winning 4-1 on Nov. 5.  
Coming Up: Play GMCC Nov. 9 at 8:05 p.m. at Bill Hunter Arena. Host GMCC Nov. 10 at 7 p.m.

## Women's Hockey

Last Week: Defeated GMCC 3-2 on Nov. 5 and 5-3 on Nov. 6  
Coming Up: Bye Week

## Men's Basketball

Last Week: Defeated TKUC 85-78 on Nov. 4 and 79-69 on Nov. 5.  
Coming Up: Host Concordia Nov. 11 at 8:30. Visit Concordia Nov. 12 at 7 p.m.

## Women's Basketball

Last Week: Lost to TKUC 69-62 on Nov. 4 and 85-72 on Nov. 5.  
Coming Up: Host Concordia Nov. 11 at 6:30. Visit Concordia Nov. 12 at 5 p.m.

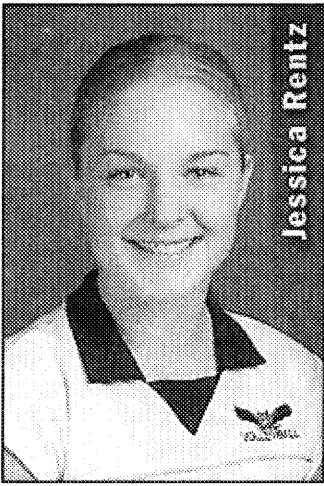
## Men's Volleyball

Last Week: Defeated Portage College 3-0 and 3-0 on Nov. 4 and 5.  
Coming Up: Travel to Lakeland College Nov. 11. Host Portage Nov. 12 at 7 p.m.

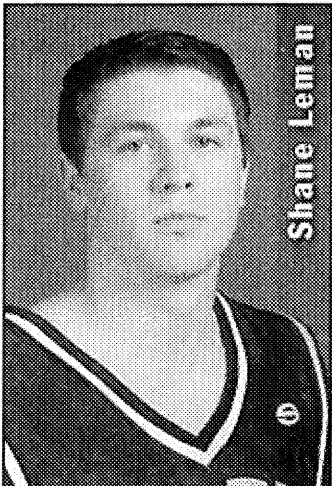
## Women's Volleyball

Last Week: Defeated Portage College 3-0 and 3-1 on Nov. 4 and 5.  
Coming Up: Travel to Lakeland College Nov. 11. Host Portage Nov. 12 at 5 p.m.

# Ooks of the week



Jessica Rentz



Shane Leman

## Lady Ook of the week

Jessica Rentz  
Volleyball - libero  
Second Year Dental Assisting  
From Barrhead, AB  
Totalled an amazing 31 digs in two wins against Portage College on Nov. 4 and 5

## Ook Of The Week

Shane Leman  
Basketball - guard  
Accounting  
From Ardrossan  
Averaged 28 points per game and totaled 10 rebounds and 13 assists in two wins against King's College on Nov. 4 and 5.

# How do you judge if your FOOD is safe to eat?

Survey results from students aged 18-24:



More males than females use the "smell test" to decide if a leftover is still edible  
12% believe that hand washing before making lunch is the best way to avoid food borne illness  
Over 35% wait more than 10 days to throw out leftovers  
Over 27% go by the "looks" of the food to find out if it's edible

How long should pizza sit out on the counter? Get all of your questions answered

## Visit the Food Safety Awareness Booth

WHEN: November 14 -17 at 11 a.m. - 1 p.m.

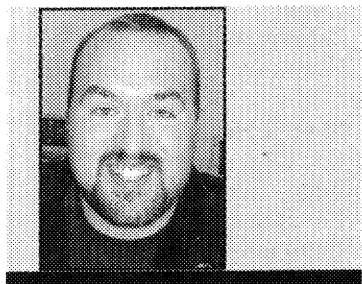
WHERE: In front of the Common Market

HOSTED BY: Food and Nutrition Management Students

TAKE CHARGE & STAY HEALTHY WHEN HANDLING FOOD!  
Safe Food Handling info also available online at [www.canfightbac.org](http://www.canfightbac.org)



# Thumbs up and thumbs down



By TREVOR ELLIOTT  
Sports Editor



## Saskatchewan Roughrider Trevi Smith

Thumbs down to Saskatchewan Roughriders line-backer for his aggravated sexual assault charge in Surrey B.C.



In addition to the \$10,000, the 29 year old Smith's bail conditions also include requiring him to maintain a Regina residence, tell all future partners that he is HIV-positive and abide by a curfew and practice safe sex.

"Normally the RCMP does not comment on the medical status of anyone charged," said Const. Marc Searle of the Surrey detachment. "But in this case, we believe it to be in the public's interest."

"He was charged with one count of aggravated sexual assault," said Searle, noting the charge "is the highest level of assault just short of death. So for a sexual assault to be aggravated in nature, it would have to be extremely serious."

Far too many athletes are under the impression that they're above the law. In today's world, everyone is accountable.



## NAIT Ook Jesse Rowe

Thumbs down to men's hockey goaltender for receiving an academic suspension from his team due to his lack of class attendance.



According to Head Coach Terry Ballard, Rowe attended only two classes in the first eight weeks of the semester.

Rowe chose to withdraw before the deadline and Ballard had no choice but to suspend his top goaltender.

"Marc (Alain) is a good goaltender," said Ballard, "but with Jesse

in net, we probably would have started the season 3-1 instead of 1-3.

"Jesse is starting fresh in the carpentry program. So, hopefully he's learned his lesson."

Rowe made his first regular season appearances on Nov. 4 and 5 and split the two games against Augustana with 37 and 45 saves respectively.



## Philadelphia Eagle Terrell Owens

Thumbs down to Terrell Owens of the Philadelphia Eagles after receiving an indefinite suspension from his team.



Owens was by the Eagles on Nov. 5, two days after refusing to apologize for his criticism of his team for not publicly recognizing his 100th career touchdown catch two weeks ago.

The wide receiver has been angry with the Eagles since management refused to renegotiate his contract just one season into the seven-year, \$48.97 million deal he signed when he came to Philadelphia in March 2004.

Owens clashed with management this summer and earned a one-week exile from training camp after a heated dispute with Coach Andy Reid, which led to a bizarre workout on his lawn in front of neighbors and reporters.

This marks the second time Owens has been suspended during his eccentric 10-year career. In 2000, he received a one game suspension by San Francisco Coach Steve Mariucci following his infamous touchdown celebrations on the Dallas Cowboys' famed star logo at the centre of Texas Stadium.

"That right there just shows you the type of class and integrity that they claim not to be," said Owens, who became the sixth receiver in NFL history to reach the milestone. "They claim to be first class and the best organization. It's an embarrassment. It just shows a lack of class they have. My publicist talked to the head PR guy and they made an excuse they didn't recognize that was coming up. But that was a blatant lie. Had it been somebody else, they probably would have popped fireworks around the stadium."

It's difficult to give respect to a guy who so blatantly lacks the class and integrity that he demands. It's sad to think that our kids are growing up with role models as poor as Owens.

The outspoken star receiver was suspended for Sunday night's 17-10 loss at Washington, and will

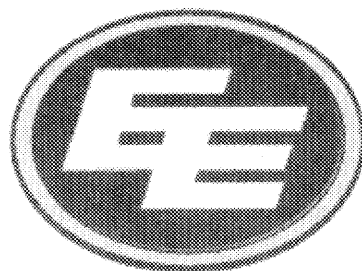
remain suspended for three more games. After that, the Eagles plan to deactivate Owens for the rest of the season.



## Edmonton Eskimos

Thumbs down to the Edmonton Eskimos after a lackluster performance in their final game of the season.

A win would have secured a first place finish in the West, a bye in the first round of the CFL playoffs and home-field advantage for the Western Division Final.



"We had something to play for and now we have to come back here," said Ricky Ray, who failed to throw a touchdown pass for the fifth straight game. "We've got to be able to break out and make some big plays. We're just unable to do that right now."

Eskimos coach Danny Maciocia was disappointed with his team's performance Sunday, noting that there many players who will have to step up their game for next weekend's rematch. He didn't single out Ray for criticism despite three interceptions, noting that the entire team will have to regroup.

The Eskimos will have to play much better in their Western Division Semi-Final against the same Calgary Stampeders on Nov. 13. Anything short of a win would be an extreme disappointment to Eskimo fans.

# Ooks come out flat-footed

## Disappointing start for men's hockey

By TREVOR ELLIOTT

To sum up the hockey season for the NAIT Ooks this season, words that come to mind include disappointing, underachieving and unmotivated.

Last season, everything was going right for the Ooks. They finished second overall last year - three points behind SAIT. The Ooks had the best goaltending in the league, the rookie of the year and five of the six ACAC first-team all-stars.

Now, after reaching the quarter-mark of the season, the Ooks are amongst the bottom feeders in the league with a measly two wins in their first six games. The Ooks have let two home games slip through their grasp - Mount Royal on Oct. 29 and Augustana on Nov. 4.

Marc Alain was absolutely horrible in net through the first four games of the season ranking eighth in the ACAC with a pathetic 4.00 GAA and an 87.8 save percentage.

Adam Ferrante and Trevor Mazurek were the only two multi-goal scorers over the first four games. Overall, NAIT was last in scoring with a measly average of 3.00 goals per game.

"We've had a rough start," defended head coach Terry Ballard. "We lost Ben (Stokes) for a couple of games due to an MCL injury and we had to suspend Jesse (Rowe)."

"Last season, we cruised straight through the season. We've really had a rough start

this year. Hopefully we'll be able to get the kinks out early and then get back on track."

Despite losing the first half of the home and home series, the Ooks really showed a lot of improvement against Augustana on Nov. 4 and 5.

The Ooks finally got Rowe back from his academic suspension. Rowe had some unfortunate luck in his first game as the Ooks blew a late 3-3 tie. Rowe was solid in net for NAIT on Nov. 5 allowing one goal on 46 shots.

Stokes also lit the lamp for his first of the season on Nov. 5. Hopefully, that will end his sophomore jinx.

NAIT now turns its attention to a pair of games against the MacEwan Griffins on Nov. 9 and 10. This will be a pivotal series in the season, especially if the Ooks can use it to turn their luck around. Anything short of two wins will be a disappointment.

Fans can expect to see a heated battle as the Griffins have ended the play-off hopes of the Ooks in each of the last three seasons. The Nov. 10 game will be even more intense as NAIT plays host to the 109 Street Challenge game.

NAIT Students are encouraged to come out and support their Ooks on Nov. 10 at 7 p.m. at the NAIT Arena. Admission is free for all NAIT students when they show their student ID card. Among the many prizes to be won, will be a limo package to Calgary to watch the Ooks as well as lift tickets to Marmot.



Ooks set for 109 Street Challenge on Nov. 10



# The 109th Street Challenge Cup

## An opportunity to kick the MacEwan Griffins to the curb!!

The 109th street challenge cup is a participation challenge between NAIT and MacEwan. Points are awarded for fan support and team wins involving a series of games starting with

**Men's Hockey @ NAIT**  
**Thursday, November 10th**

**So what's in it for you?**  
**besides Bragging rights...**

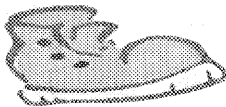
**First game tonight!!!**

- Many Great Prizes Including:**
- Oiler Tickets
  - Marmot Ski Packages
  - Gift Certificates & FREE Food
  - Shoot to Win for CASH

Attend all games in the series and you are eligible to enter to win a Grand Prize trip for two to Jasper!



VS



# THIS WEEK AT THE NEST

## OILERS NIGHT @ THE NEST

**\$9.75 Jugs \$5.00 Nacho's**  
of Holson  
**\$1.00 OFF** MINIMUM PURCHASE \$10.00 **Dry Ribs**

SCHEDULE				
Day	Date	Opponent	Where	Time
Tuesday	November 17	Detroit	Home	7:00 P.M.

Do Like it **Rockstar** Karaoke Night

Every Wednesday @ The Nest

**Starts @ 4:30 p.m.**  
Complimentary 1 ounce party favor for every Karaoke participant!!!

**Chicken Wings 25¢**

Open Mic Night with **Nick Zyla**

Oct. 6th - April 20th  
Enter to win a Paul Stanley edition Silverstone Guitar with a purchase or performance!

**Original DRAUGHT**  
OLD REFRESHING TASTE



# No condom, no sex



## Ask Maria

Dear Maria,  
My boyfriend wants me to have sex with him without a condom. I'm on the pill. We have been dating for two months. He says that if I really love him I should let him have sex with me without a condom. I think I'm in love but I have seen him with a lot of girls before. What should I do?  
Signed,  
In love

Dear In Love,  
Do you have a pair of boots? Kick him in the ass. What does he think, that we are in the '60s? This isn't a "love in." If he

cares, he should wear a condom. There are tons of STDs out there. Unless you are willing to sacrifice your life for this flake, force him to wear a condom or dump him. PS. No man is worth that!

Dear Maria,  
I met a girl about a month ago. She is beautiful, slim and smart. Last week she invited me to her mom and dad's for dinner. Her mom was incredibly fat and really ugly. People say that women turn out to look like their moms. I'm scared to move on with her because I don't want a fat ugly wife. What do you recommend?  
Signed Afraid of Fat and Ugly.

Dear F and A,  
Part of it could be genetics, which cannot be altered, unless you have plastic surgery. However, women today take better care of themselves. Your girlfriend might even be adopted. One of the most important things to look at is her personality. Is she kind, sweet, considerate, compassionate and fun to be with? That's what should be more important. I have a final question for you

Mr. Shallow - what does your dad look like?

Dear Maria,  
My best friend and I share everything. She always gets cold sores. Can I get them too if we share lipstick?  
Signed Cold Sore Less

Dear Cold,  
The medical term for cold sores is herpes simplex. It is a highly contagious virus. Anyone having symptoms of this virus must not allow these areas to come into direct contact with another person. When the virus has been transmitted, the infection is permanent. Throw out all that you have shared with her in regards to makeup. When she reaches for your makeup again tell her that you have never had a cold sore and that you don't want one. Tell her that cold sores are highly contagious and the virus lies dormant in the body until the body becomes stressed and may cause the cold sore to resurface.

Dear Maria,  
I have a best friend. She and I have known each other for 10 years. I

met a guy two weeks ago and he thinks my best friend is great. My friend likes him too.

My problem is that he wants to have sex with both of us at the same time. My friend thinks it's ok. I'm really surprised at her! I don't want to, but I think that if I say no to him he will dump me and go with her. What do you think?

Signed,  
Menage a trois

Dear Menage,  
Doing that is fine if all parties agree. Seeing as you don't, then there is a problem. I think that you better re-evaluate your friendship with your best friend and dump the chump. If you are looking for a serious relationship, Ricco Suave is not the right one! He just wants to play.

(Do you have a question you'd like answered by Maria? Send it to her at [etiquette@shaw.ca](mailto:etiquette@shaw.ca) and she will run a sampling of the questions and answers in upcoming columns).

Only two more weeks left to take advantage of the

## Rapid Resume Review

booth sponsored by NAIT Career Services

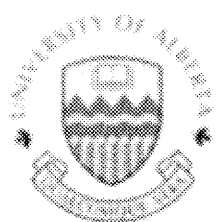
**Nov 16**

Engineering Annex  
(main floor by central stairwell)

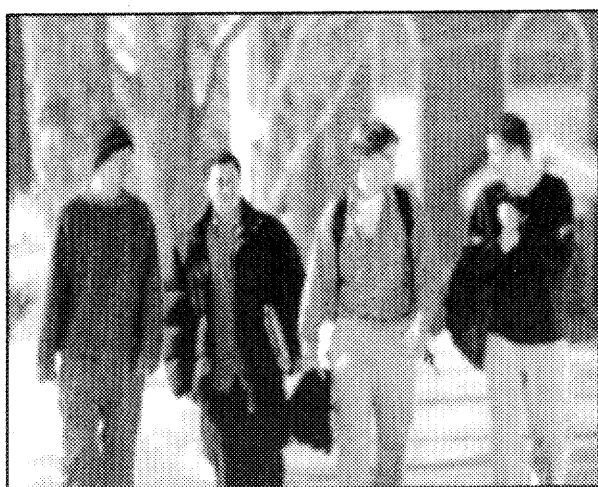
**Nov 23**

HP Centre (main floor by cafeteria)

Career Advisors will be available from 11:15 am to 1:15 pm to provide input on your resume, cover letter and job search.



## SEEKING HEALTHY YOUNG MEN



### Who?

Men from 18-23 years of age

### What?

An investigational vaccine study to prevent Human Papillomavirus (HPV)

### What's HPV?

HPV (Human Papillomavirus)  
most common sexually transmitted disease  
associated with genital warts and cancer  
condoms are ineffective at protecting against HPV infection  
there is no cure

### Interested?

If you would like to participate or for more information please call the University of Alberta Hospital, ID research office at 407-1236 OR Email: [alindemu@cha.ab.ca](mailto:alindemu@cha.ab.ca)

Incidental expenses related to participation in the study will be reimbursed.

**I.D. Research Office (780) 407-1236**



## CHRISTMAS BUREAU OF EDMONTON

The Christmas Bureau of Edmonton provides festive meals and promotes the spirit of Christmas sharing and caring to those in need who live in the City of Edmonton. There will be approximately 2700 food hampers provided to Christmas Bureau Clients, on a first come, first-served basis.

### Client Eligibility Criteria for 2005

Families with Children:

1. Parents on Alberta Works, with dependents living at home are to be given first priority for help.
2. Parents who are not on Alberta Works, yet are in need and have dependents living at home, will be considered eligible by a referring agency/social worker using information including, but not limited to the following: financial need, family size, in addition to various social concerns. Parents may be employed, unemployed or may be students.
3. Parents living in Edmonton receiving full or partial subsidy for day care from Region 6 Child and Family Service Authority and/or out of school care from the City of Edmonton and/or receiving Alberta Child Health Benefit.

Application Forms; are available in Room E121, the Encana Aboriginal Student Centre;

1. The Client Application Form must be completely filled out, Please list all names and ages of the family members.
2. DEADLINE for submission is December 1, 2005

All food hampers will be delivered to clients on Saturday, December 17<sup>th</sup> between 8:00am and 2:00pm. The Christmas Bureau asks that you be home for that day. Deliveries will be made all day throughout the city, please understand that because of the large amount of deliveries they cannot give a specific time of drop off. If you cannot be home that day please ensure someone is there to receive your hamper.

## Terry Cooke Law Text Bursary



### Could you use Financial Help?

- ➔ Are you a full-time student in Year 1 of Business Administration or Legal and Realtime Reporting or Bilingual Business Administration?
- ➔ Did you start full-time studies (Day or CED) in January 2005?
- ➔ Are you currently enrolled in Semester 2 (September - December 2005)?
- ➔ Did you have an average of 65% or higher in your first semester with no course failures?
- ➔ Did you have at least an 80% course load?
- ➔ Can you prove financial need? (Main Prerequisite)

Apply now for a **\$500**

### Terry Cooke Law Text Bursary!

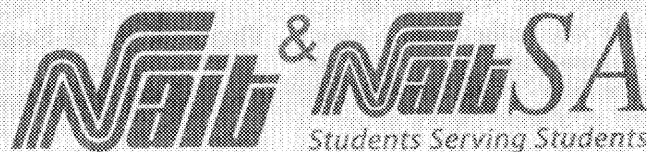
Pick-up an application form in Room T500  
Deadline: Monday, Nov. 21, 2005, 4:00 p.m.

**Successful recipients must attend the awards ceremony to receive the bursary.**

# Y P I C

YOUNG PROFESSIONALS & ENTREPRENEURS CONFERENCE

Brought to you by



# November 23, 2005

Event Time: 6-9 p.m.

**A conference**  
that will help you gain the  
**competitive edge**  
in business and in life.

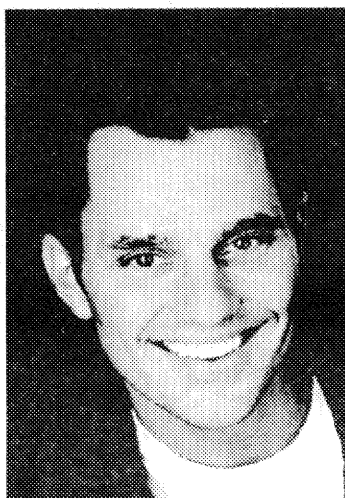
**Winspear Centre**  
Discounted Tickets:

# \$30

(students, staff, & alumni)

@ the NAITSA Office

After 4:30 p.m. tickets available  
at **The Nest**



**Bill Rancic**  
Entrepreneurship and working  
with Donald Trump



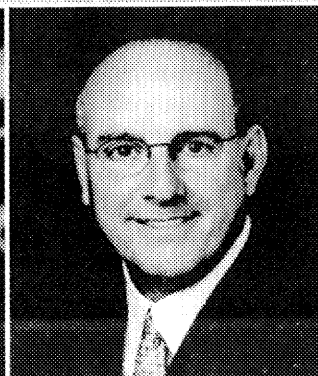
**Jim Dinning**  
The Growing Alberta Economy



**Luan Mitchell-Halter**  
Leadership



**Kelly Hrudey & Patrick R. Laforge**  
Building a team in the new NHL



**Peter Mackay**  
Youth in Politics



**Victor Dodig**  
Building Wealth



# Astral reflections



By TIM STEPHENS

## Aries March 21-Apr. 19

Don't start any new projects today through Dec. 3, especially in legal, travel, publishing, cultural, love, distribution, communications, mail, higher learning, writing and similar areas. Best not to buy travel tickets, even for later. Avoid buying tools or machines, and avoid starting new work projects. A former lover might return and you might let it get to a sexual stage: love could be renewed, but romance fights money realities. Late November and early December, a former investment, financial, debt, or diagnostic/research situation might return. Stay alert for mental mistakes.

## Taurus April 20-May 20

Strictly avoid starting new investment, financial, mortgage, or debt projects now through Dec. 3. A former romantic and sexual interest might return, but this is not a good period to meet and mate with brand-new people. Money promises made now might be broken later. What you thought was "well on the road" in money concerns might pause, falter and slide back to square one. Use this as a good chance to give it a second, wiser look. Try not to make major lifestyle decisions or actions through Dec. 3.

## Gemini May 21-June 20

Things go in circles for the next three weeks (until Dec. 3). Stick with the ongoing; welcome things returning from the distant past. Have "Plan B" ready when schedules are bottlenecked (probably by someone not showing up or breaking a promise to "deliver.") Avoid new starts and ventures, especially in relationships, relocation, negotiations, contracts, litigation, public dealings and competitive situations. You might run into an "ex" - it's a sexual temptation,

seem to present a whole new fresh affectionate lifestyle. Be cautious. Marriages grow closer. An old investment pays off.

## Cancer June 21-July 22

Stay alert now to Dec. 3 - mistakes can happen in communications, especially with government agencies. Start no new machinery, work, or health projects unless "life creates them" - e.g., if your car fails, get it repaired. But don't buy a new one - or any appliance, hardware, software, etc. If a romance has started, it might reach an indecisive period the last week of November - a minor delay. This week, realize that your "status wishes" are in conflict with money needs/realities - be thoughtful, slow about this. You attract, excite someone Saturday!

## Leo July 23-Aug. 22

If a tentative "semi-romance" has started recently, it will seem to backtrack now to Dec. 3. You might think the thread of attraction has broken. But it's likely to renew, so keep the faith, at least into mid-late December. If you're footloose (or married) an old flame might appear in the three weeks ahead. This is someone who is/was connected to work or power corridors, so "clean love" is unlikely to result. Avoid starting new projects in any area before Dec. 4 - especially in money, purchasing and creative areas.

## Virgo Aug. 23-Sept. 22

Avoid starting any new initiatives now through Dec. 3, especially in career, home, real estate and business. A bad time to begin redecorating, renovations - what a mess they would become! Instead, focus on present projects (try to keep them free from mistakes) and on people and situations that return from the past. A streak of sweet nostalgia could wander through your days, causing you to call or visit an old friend, neighborhood or relative - good! Beware sex and investments this week. Happiness visits Monday, Tuesday, Friday eve and Saturday!

## Libra Sept. 23-Oct. 22

Avoid new projects through Dec. 3, especially in mail, travel, distribution, media, paperwork,

telephony, publishing, law, higher education, import-export, religion, culture, social rituals (e.g. weddings) and governmental, administrative or institutional areas. Protect ongoing projects from unexpected delays, mistakes and fuzzy thinking. (Best protection is to stay alert and have a Plan B.) You might hear from past relationships, casual friends - one is sweet on you. Beware new sexual intimacy, lifestyle changes, investments or commitments this week (through Friday). Get up early for success Thursday. Career success Friday eve, Saturday!

## Scorpio Oct. 23-Nov. 21

Your energy and magnetism are soaring and your optimism is beginning to pick itself up from last year's floor. But, before you go forward in broad, big steps, step back, research and reconsider - now to Dec. 3. Avoid new/unfamiliar projects or relationships, especially in sex, lifestyle changes, health, finances, investment or social zones and in money, buying/selling. Buy nothing except routine food, gas, etc. This week, be careful, diplomatic with career relationships and/or your reputation. Love could climax Tuesday. Thursday's sexy. Friday eve/Saturday promote wisdom, love, joy and camaraderie!

## Sagittarius Nov. 22-Dec. 21

Now through Dec. 3 is probably the best time in 12 years to settle in and take stock of your life. What point have you reached in your life and why? Where are you going, or (the difference is significant) where do you want to go? The crux here, the "flex point" seems to be money. (And a great money idea or insight could come about 8 a.m. Thursday.) Now to Dec. 3, do not start new projects, especially in relocation, relationships, contracts, negotiations, litigation, public dealings and career.

## Capricorn Dec. 22-Jan. 19

Start nothing new now through Dec. 3, especially in management, administration, government, institutional, spiritual, charity, legal, learning, travel, employment and machinery areas. (Delays here will bring you back to "renewed hope" by late November.) Stay alert; protect ongoing projects from schedule delays, machine breakdowns, delayed shipments, etc. Don't buy tools, cars, computers. During this whole period, your romantic magnetism seems to glow - you'll attract the opposite sex! Keep this light through Friday (Nov. 18) as something doesn't click on deeper intimate levels - nor in investments. Contract no new debt!

## Aquarius Jan. 20-Feb. 18

An old friend might return, or the door might re-open to a social circle you once frequented, now to Dec. 3. Don't start anything brand new during this period, especially in social, public relations, entertainment, gallery, restaurant, political, legislative, investment, finance, debt, sexual intimacy, lifestyle change, occult, or similar zones. What seems a rebuff or delay in your present social projects will actually lead you 'round, late November, early December, to another shot at a career goal. This week, beware home/spouse struggles. Get piles of work done Friday eve, Saturday.

## Pisces Feb. 19-March 20

Don't start new career, business, community status, VIP relations or similar projects now through Dec. 3. Instead, shore up ongoing projects, look for flaws, have a Plan B ready. (Because someone will change a decision, or needed supplies will be late arriving, machines might break down, key people miss their appointment, etc.) That said, don't worry, either: conditions are basically benign, and everybody feels friendly toward you. (Still, be careful this week, through Nov. 18, with work, safety, and co-worker relations.) Wisdom, love, cultural, travel come Friday night, Saturday!

www.astralreflections.com. Email: timstephens@shaw.ca. For a reading: (604) 261-1337.

**Roller Skating!**

- Inline Roller Skating
- State-of-the-Art Sound & Light Show
- DJ - Top 40 Request Format with a mix of Retro & Disco
- Karaoke Room

**SPORTSWORLD**

472-6336

www.sports-world.ca

137-10 - 104th (Old Army Base)

137-10 - 104th Street

Extra session Remembrance Day 1 - 5 pm and 7 - midnight

Social Code Live Thursday Nov 10

**BIRTHDAY PACKAGES FOR ALL AGES**

Only \$10.00 PER PERSON

(MIN. 6 PEOPLE NOT INCLUDING 2 ADULTS)

INCLUDES:

- Admission and refresh.
- Modern pop and bag of chips or chocolate bar.
- Each person in the party receives a glow stick and a FREE admission pass for a future visit.
- Birthday person receives a glow stick, birthday announcement and \$20 Value Gift card for 5 FREE visits.
- 2 parents can attend for free. Skate rental included.
- Table reservation for 2 hours.
- We allow outside cakes and if you like you can bring your own food or pizza. We do not allow outside drinks.
- Complimentary coat, shoe and gift check.

**OTHER PACKAGES AVAILABLE:**

- Youth Groups - Team Parties
- Shoppers - Corporate - Discounts
- Schools - Fundraising

For more info and reservations please call 472-6336

**Book your Christmas Party today!**

**READS & NEEDS**

**The Great Big Semi-Annual South Lobby Showcase and Sale**

**Christmas Convenience, Value and Style**

**Nov 15 to 17, 9 am to 3 pm in the South Lobby!**

**FEATURED NEW PRODUCT!**

**An Incredibly Interconnectable Construction Toy!**

**Order your graduation ring!**

**A Jostens ring representative will be available to answer your questions from 10 am to 3 pm.**



# Rodeo Ho' Down

# @The Nest

## EMERSON DRIVE

## Gord Bamford & Guests

### Thursday, Nov. 10<sup>th</sup>

doors 8:00 p.m. - no minors

tickets \$10 in advance at

NAITSA office (e-131) & The Nest



# Traffic blues



By **CHARLES NOBLE**  
Humour Column

As I sit in my car in the middle of traffic as usual, I wonder why Edmonton was designed with such bad infrastructure. I bet more people have noticed that going north-south in this city is impossible due to limited main roads with descent speed limits going these ways.

There are two main roads going east-west: Whitemud and Yellowhead, but only Calgary Trail and Gateway, which are both one way streets, going north-south that don't even extend across the river. Edmonton was built to be inconvenient to people traveling from south, Millwoods, to any location far north. Sadly, everyday instead of taking a nice long road with a speed limit above 60 km/hr inside city limits, not counting the 20 seconds I get on Wayne Gretzky Drive at 80 km/hr, I take a road (66/75 street) that most people go 50 km/hr on, which flows ok if the train doesn't cross or someone isn't turning left in the middle of rush hour basically closing up a lane!

Though I did find one alternative route which would be an advantage to anyone in Millwoods, take highway 216/14 which has a speed limit of 110 km/hr north/south then head

on Yellowhead west/east, take a left/right at 107 Street and you'll be relatively close to NAIT about seven minutes faster unless the left turns close to the school are really backed up. The directions above are listed going to NAIT first, then going home second (NAIT/home).

109 Street is a nightmare with bumper-to-bumper traffic as far the eye can see. I don't understand why downtown was built to be inescapable in the evening and hazardous to enter in the morning. 109th bridge usually has some sort of trouble on it too, whether it is the accidents or the truck that went on and got stuck due to the height restriction.

If all this wasn't bad enough, the City also has a lot of bad drivers and unthankful ones.

When someone lets you in front of them the courteous thing to do is wave, not cut in and brake then switch back into the other lane and repeat. Also, why don't people signal when turning anymore? Is it so hard to do, if it is then get off the cell phone and put down the coffee! Sadly, when these people get into accidents, they don't even realize why. Well, maybe if they paid attention, they'd know that driving requires more than pushing the peddle and moving the steering wheel with one finger. Pay attention! Don't be an apathetic driver, we have enough voters like that.

For all you responsible drivers that wave and let people in front when they have their signal on, thank you and I hope that quick route to the southeast side of Edmonton from northwest comes in handy.

## The 109th Street Challenge Cup An opportunity to kick the MacEwan Griffins to the curb!!

The 109th street challenge cup is a participation challenge between NAIT and MacEwan. Points are awarded for fan support and team wins involving a series of games starting with  
**Men's Hockey @ NAIT**  
**Thursday, November 10th**

**So what's in it for you?  
besides Bragging rights...**

**Many Great Prizes Including:**

- Oiler Tickets
- Marmot Ski Packages
- Gift Certificates & FREE Food
- Shoot to Win for CASH

**First game  
tonight!!!**

**Attend all games in the series and you are eligible to enter to win a Grand Prize trip for two to Jasper!**



VS



**DO YOU want to know  
what NAITSA  
does with  
YOUR MONEY?**

Come to X107 on November 22 for NAITSA's Annual General Meeting. There will be FREE FOOD!!! Anyone can attend"

**TANNING SALE**

**350 Minutes - \$19.95**

**6 Months Unlimited - \$99.95**

(Details at the Salon)

**GOLDEN BEACH**

*Suntanning Salon & Esthetics*

(Make-up, waxing-eyebrow, lip, leg, Brazilian)

**471-2550 \* 10412 - 118 Ave**

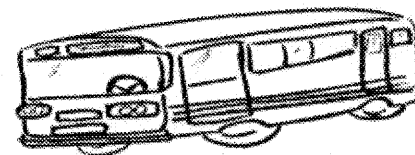
(Next to Blind Duck, Across from the Annex))

We also sell collectible diecast cars.  
Great for X-mas presents.

**Friday!!  
November 18th!**

Call 453-7320  
**To Sign Up Now!**

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**Join Us On The  
Gwen Stefani  
Hollaback Bus!**

**And For the Gwen  
Stefani After Party!**

**Limited Seating  
Call Now!**



# GRAPEVINES

**(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to: [nuggetgrapevines@hotmail.com](mailto:nuggetgrapevines@hotmail.com))**

If love is sex, shouldn't prostitutes be the happiest people alive? Glad to know not everyone believes the lie.

...

[www.helpthehomeless.ca](http://www.helpthehomeless.ca) Nov. 26 - event number six.

The website is by no means complete, but you can find a link to the pictures and a discussion about the event explaining how you can get involved. You can email [info@helpthehomeless.ca](mailto:info@helpthehomeless.ca) for more information as well. God Bless.

...

To all the losers that say how they have "had their eye on someone" in the Grapevines...grow the #### up. Don't be a loser, if you see someone and they take your breath away, talk to them! Even just hey, how's it going?

...

This is pathetic: "To the blue eyed girl that was in the HP Centre, on the right hand side at 2:33 p.m. on Thursday..." shut the #### up. If you are so desperate that you need to put some anonymous Hotmail account in the Grapevines, because you are too chicken shit to put a face to the words you are saying, then go get a hooker.

...

You ####ing tell them.  
- Editor.

...

To the grossed out NAIT student, who ever that guy is in your class that's sick! If he scratches his nuts all the time, maybe you should tell him to get that shit checked. Girls don't think it's attractive at all, trust me I'd know.  
- Blonde Bombshell

...

To J. Deere Babe, you forgot to leave a way to contact you. Should I worry why you did not?  
- From Peter Built - smokes outside H Wing.

...

Anyone looking for a car for the cold winter months? My car is costing me too much money and I need to sell it. Asking \$500 - 1995 red Chevrolet Cavalier. It needs some body work and some other repairs. It's a great project car. If you want a car and don't care what kind of condition it's in, email me at [justbird87@hotmail.com](mailto:justbird87@hotmail.com) and we'll arrange a meeting for you to see the car.

...

To the girl that was wearing white sweater and blue jeans on Oct. 25. It was midterm week. You asked me, "How are you doing on your midterm?" I was very happy that you talked to me first. Most of the time, I did the talking first. I also know you like poem. Here is another one. I hope you like it. I'm very shy by the way:  
Nobody knows who I really am  
I never felt this empty before  
And if I ever need someone to

come along  
Who's gonna comfort me and keep me strong?  
And still, the journey goes on.  
Even on tranquil days so long  
And each new phase of the moon...

... Shines upon my heart with boon  
So we offer a prayer  
Waiting for a new day to share  
Until the brilliant blue sea ...  
... Dries up completely  
Bleach, Mu-La-Flaga

...

Problem # 3: The Nait weight room facility.

Yes, I totally agree to the person who wrote last week about the upgrades are necessary. Not only that, but theirs cracked mirrors, some even covered in duct tape....how sad. Some of the weights like the barbell are so old and fucking rusted. Not enough equipment as well as not enough hot chicks working out or doing cardio. Too many football player size dudes in there, which is not cool. The only hot chicks are the second year personal fitness trainer.

Next week, problem #4: Bytes  
- Nugget Boy

...

To Poor "Waterlogged" Rat.  
Now, now, name calling is immature. Sticks and stones. It just makes you look like an itty bitty child - and in the end it just makes me look like the better person. From what I (and everyone else at NAIT) can see, you're vocabulary is limited to "crack" and "whore." My entire class thinks you're a joke, and I bet your entire class thinks so too... In fact, I'm sure there's a lot of whispered insults behind your fat hairy back. Really, you have no right to take out your PMS on me... It's not my fault you're so incredibly ugly that it takes you an entire hour just to do your hair...thank God I only have to take a quarter of that time to look good.

Hey, everybody, I wonder why it takes her so long to do her hair? What do you think?

But either way, poor little "Waterlogged" Dead Cat, you shouldn't worry yourself with jealousy at my fortune of better looks than you... It'll just make you even more hideous than you already are. Really, I'm just doing you a favour, princess.

-Not So Stunned Bitch

...

To all the students who went for some JELLO wrestling...a program head caught wise to our game and we had to switch locations. Check our oily Jello babes out on Nov. 15th! E117! 11:15am! Again, free pics with the ladies!

...

To all these cocky-ass B.C. boys at NAIT. Quit bitching about how shitty Alberta is and how awesome you are. We don't want your cocky ugly asses here anyways, so go fuck each other. Learn to shut your immature idiotic mouths...Alberta rocks!

...

If you are looking for entertain-

ment services this Christmas season, look no further. Check out [www.djtbone.ca](http://www.djtbone.ca) for fun, professional and reasonably priced disk jockey services!

...

Where are all the Newfies? I'm just wondering...am I the only Newfie in this school? I'm so lonely... I have no one who can keep up with me when I'm drinking or understand what I'm saying! If there are any fellow Newfies in this school...please contact me...sa rahsin2trouble@yahoo.ca  
-Newfie Girl

...

What school do we all attend? The Northern Alberta Institute of Trash?

I have seen live stock that is cleaner than the students in this school! The common areas look like hell, how hard is it to pick up your garbage? All you smokers need to put your butts in the ash cans, the parking lot is not your ash tray! Try to take pride in Nait, you inconsiderate and disrespectful people!

- Angry Nice Guy

...

To "Your far away lover," you have to be a bit more specific about your dark handsome man in the mechanical building. I am confused if it's myself or someone else...please provide a bit more detail, or possibly an obvious hint...maybe talk to the dark handsome man and clarify it, he won't be bothered by it...

...

To the amazing brunette who wears the red jacket and was setting up the tripod in the dock at the Annex at around 11:44, Nov.3. You are electric? I was admiring you from afar while sporting my toque, striped shirt and manly beard. Email me if you would enjoy striking up an intellectual bout of chess accompanied by brilliant conversation, or just go out for hot chocolate sometime. If not, my life will have no meaning and I will seek create ways of ending it. [fury\\_of\\_ten\\_eagles@hotmail.com](mailto:fury_of_ten_eagles@hotmail.com)  
-Joey K.

...

To the cute blonde girl by the meat shop playing cards on Thursday, Nov. 3. I think you're scrumptious, I wanted a taste, so I sniffed your chair. Sweet Jesus, I smell an angel!  
Mr. MJ Sniffs  
P.S. I sniffed yours, will you sniff mine?

...

There are a lot of hot woman in this school, it's too bad we have to stare at our shoes to avoid getting kicked out.  
Love WAJAX

...

Hey to all the business people, I am sick and tired of all your gay bashing shit talk, did you ever think that there might be some who take offense to that shit...

...

Dear Grammar Man: Go fuck yourself! hows dat fo' proper English beotch. You're just some madness Cracka who dont recognize tha beauty o' muh ma fuckin

werdz. if yo' balls iz big enough meet me at da bridge between da main campus, an' HP Centre, where ill break yo' fucken face! an' throw ya down curb stomp yo' cracka ass an' make ya crumble. Ya' know what I'm sayin'? Yo Sha-neequa fuq get yur ass back home! and bring the kids too!

...

Dear Dan, thank you for the offer, but I'm actually interested in your sister. I heard she was totally hot!  
- Accent

...

Try too hard  
It will slip on by  
But look and see  
The one I know  
The one I knew  
The one for me  
The one to be  
The one I love  
Do they love me?  
- The Hurricane23

## Classifieds

**Attention Students:** \$18.05 base appt. Fall openings, flex schedule, sales/ service, will train, conditions apply, Call Now! 453-9006  
[www.collegeincome.com](http://www.collegeincome.com)

**Clinique is coming to NAIT** for 2 days: Nov. 29 & 30 • 8 am - 4:30 pm

**Baby sitter needed.** P/T evening shifts. One week a month, one weekend. Central Edmonton, pets. Call Naomi: 474-7400; 429-5454.

**Come live "Free & Easy"** in Thailand for 40 days. [www.freeandeasy.ca](http://www.freeandeasy.ca)

**Wanted:** Reliable Journeyman/Apprentice Plumbers. In town, year-round work. Phone Brian @ 780-464-6760.

**Close to NAIT:** Furnished or unfurnished suite, basement, private entrance. 3 bedroom. All utilities incl. 425-6865.

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## Continuing Education Business Students

interested in applying for admission to daytime  
Business administration, year 1,  
Semester 2, January 2006

Please ensure you apply to the Registrar's Office by

**November 18, 2005**

with the following:

1) A completed NAIT Application for Admission form available from the Registrar's Office. The application should specifically identify Semester 2 of Year 1.

2) A high school transcript (if available).

3) Transcripts from other post-secondary institutions when advance credit is requested.

4) Application processing fee of \$40.

### FOR FURTHER INFORMATION CONTACT

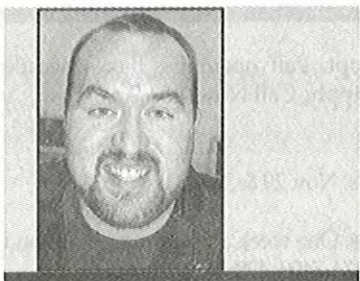
Vicky Day  
Chair, Winter Programming  
Business Administration, Year 1  
T500A, Business Centre  
Northern Alberta Institute of Technology  
Edmonton AB T5G 2R1  
Telephone: 471-7840 Fax: 471-7857  
E-mail: [vickyday@nait.ca](mailto:vickyday@nait.ca)



# THE BACK PAGE

## Lest We Forget

### A Musical Tribute



By TREVOR ELLIOTT

The Cosmopolitan Music Society launched its new concert season with its 16th annual musical tribute to the veterans who have fought for and have preserved peace and freedom in our country today.

In partnership with the Royal Canadian Legion, the CMS held Lest We Forget: A Musical Tribute Nov. 6 at the Winspear Centre.

The CMS Instrumentalists, under the direction of Harry Pinchin, were accompanied by the Royal Canadian Legion Colour Party, the Vimy Ridge Academy Pipe Band, Cenotaph Party and Michael Massey. Other special guests included vocalists Thomas Alexander and Jill Younghusband.

Veterans' Affairs Canada declared 2005 the Year of the Veteran, to thank and honour all veterans who served their country in times of war, military con-

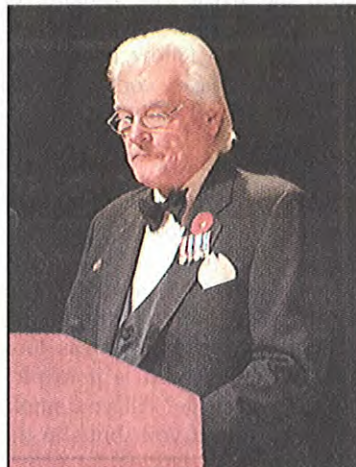
flict and peace. Lest We Forget: A Musical Tribute was emceed by Senator Tommy Banks and performed as an integral part of the Year of the Veteran celebration.

"The 16th annual musical tribute honours the memory of those who gave their lives for their country," said the Founding CMS Director Harry Pinchin. "We salute veterans and serving members of the Canadian Forces."

"We are remembered," said Captain Terry Downie of the Canadian Legion Branch #256. "The selection of music was excellent, the performance was flawless and the spirit of remembrance was very much alive."

"I've been to this concert for three years now," said Captain Richard Langois of the Canadian Air Force, "and every year the one thing that's most remarkable about this (production) is how dedicated the participants are to pay tribute to the veterans. That's something that you can hear in the music and you can hear in the voices - every year."

This annual tribute was one the most moving Remembrance Day celebrations that are held within the City of Edmonton. Veterans, we salute you.



Tommy Banks



Jill Young



Thomas Alexander



Vimy Ridge Academy

All photos: Trevor Elliott

## The man who lost himself

By TREVOR ELLIOTT

Imagine waking up one morning and realizing that you don't know who you are. You don't recognize any of your family and friends that surround you. You don't remember anything from the past 44 years of your life.

For many, this would be a complete nightmare. For Terry Evanshen, this nightmare became an unbearable reality.

In 1988, former Canadian Football League athlete Evanshen was on his way home from work when his Jeep was struck by a van running a red light. The 44 year old was thrown 15 feet out the rear window.

The wide receiver's life was instantaneously ripped from him. The happily married man with three daughters had a thriving horse farm and after he retired from football, a growing second career in sales.

Although the athlete's body was

in exceptional shape, his brain was badly damaged. Evanshen was so near death that a priest administered his last rights.

After waking from a near month-long coma, Evanshen did not recognize his wife, daughters or his friends. The frightened family man did not know who he was. Gone were all his memories: his spectacular 14 year CFL Hall of Fame career, the Grey Cup win, the Most Outstanding Canadian in the CFL awards, the pass receiving records, the memories of his close family, his wife and daughters and his education. Evanshen then began the slow, grueling process to find himself again.

Inspired by June Callwood's award-winning book, *The Man Who Lost Himself*, the movie premieres Nov. 15 on CTV.

This is a story not only about the mysteries of the brain and the effects of brain damage on personality and identity, but also the tale of the survival of an individual's

spirit, even with the loss of identity.

The movie portrays the affect that the unconditional love of Evanshen's family provided through his initial years of frustration and rage. Terry was left with retrograde amnesia, (permanent loss of long term memory) and also an impaired short-term memory. He has triumphed as a successful motivational speaker.

### TERRY EVANSHEN AWARDS AND HONOURARIES

1965 Rookie of the Year  
1967 Schenley Award - Outstanding Canadian  
1970 Grey Cup Champion  
1971 Schenley Award - Outstanding Canadian  
1984 CFL Hall of Fame Inductee  
2003 Quebec Hall of Fame

1967 March of Dimes Chair - Alberta  
1968 Knights of Pythias Award  
1995 Courage to Comeback Award  
Clarke Institute  
Paul Harris Fellowship Award

### TERRY EVANSHEN THE ATHLETE

Terrence Anthony Evanshen began his professional career by being drafted by the Montreal Alouettes. Over the course of 14 years - 1965 - 1978 Terry Evanshen left a legacy that would never be forgotten.

Total Career Statistics  
GP REC YARDS TD  
198 600 9670 80

