

GO ESKS GO!

# THE NUGGET

Thursday, November 24, 2005  
Volume 43, Issue 12

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

## GREY CUP FEVER

City gears up to cheer on the Green and Gold in their quest to win another Grey Cup. See coverage inside.



Photo: Olivia Kachman

The Edmonton Eskimos cheer team and mascot burst through the igloo before one of their last big games.



# NEWS & FEATURES

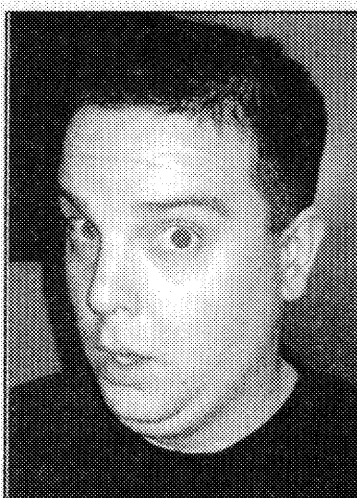
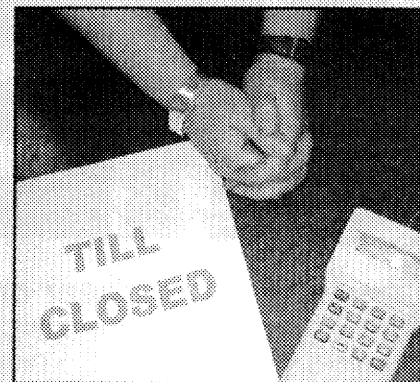
## DO YOU BUY INTO THIS?

### Mouthing *OFF*



By TARA COPELAND

This week, we asked students if they've ever heard of Buy Nothing Day and if they plan on celebrating it.



**Dave Mallett**

Well, if I happened to have some money, I would be very excited to buy something, but perhaps I could hold back on that one day.



**Fawn Smythe**

Ok, I'm not going to buy nothing because I'm told to buy nothing. I'll do my daily activities as I normally do and if I happen to buy something, I buy it.



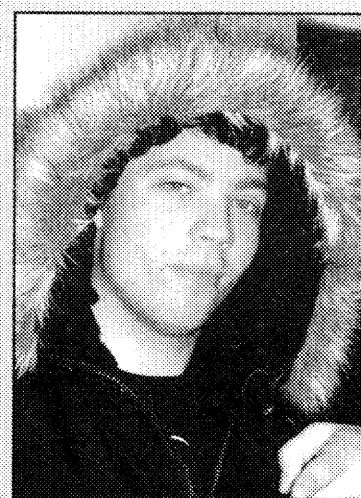
**Leslie-Anne Fendelet**

I haven't heard of it and I will probably be buying something. Theoretically, it's a good idea, but how could I go an entire day without buying a pair of pants?



**Sarah Mundorf**

Like, W.T.F. What's up with that? I don't even know what that is.



**Evan Bohme**

Hell yeah, I buy stuff every day. Buying shit is what makes the economy work. If people didn't buy things, the economy wouldn't work.

## Let's talk about sex

For decades, she's been disrobing sex myths and today, she's coming to NAIT. Sue Johanson will be here to talk about sex.

"I think it's pretty cool because I've watched her show a couple of times and I think she's a creepy old lady, but I think it's cool she's coming," said Kristin Campbell, a student at NAIT. "I'd go to see her."

On Sue Johanson's claim to fame, The Sunday Night Sex Show, she answers anything and everything related to sex.

Be sure to check out Sue Johanson's Sexual Awareness Talk today at 11:15 a.m. in the gym.

Admission is free.

## READS & NEEDS

*Something to make you dance...*



## Bucks for your Books

Nov 22 to Dec 20 - Regular Store Hours

The buyback list will be posted daily on our website at [www.nait.ca/reads&needs](http://www.nait.ca/reads&needs).

Get a **BUYBACK BUCK** to spend on anything in the store with each book bought back.



Not all books are bought back. Please note that if your book is not on the buyback list today, it could be bought back later. The buyback list is updated daily as instructors bring in their text requirements for the coming semester.

## TANNING SALE

**800 Minutes - \$49.95**

(Details at the Salon)

## GOLDEN BEACH

*Suntanning Salon & Esthetics*

(Make-up, waxing-eyebrow, lip, leg, Brazilian)

**471-2550 \* 10412 - 118 Ave**

(Next to ABC Weddings, Across from the Annex)

We also sell collectible diecast cars.

Great for X-mas presents.

# Wait before having kids



## Ask Maria

Dear Maria:

My wife and I both are in our second year at NAIT and we've got a fairly tough course load.

When we got married a year ago we agreed we weren't going to think about having kids until we both graduated and had jobs.

Now my wife is saying she wants one like, right now.

I don't think it's right.

We don't have a lot of money. We're super busy with school and I work 20 hours a week at Starbucks.

What should I tell her?

I don't want to screw up this relationship but wouldn't it be best to wait?

-Kidless in Edmonton

Dear Kidless,

**Yes! For the love of God wait!** Your wife is having maternal instinct "pangs." It happens to most women.

Put together a one-year or two-year plan and take her out to dinner. A woman needs to hear that in one year (or what ever time frame you decide on) you will start trying for a baby.

It will be something for the two of you to look forward to and to plan.

Dear Maria:

I was raised as a strict Catholic and taught you shouldn't have sex until you're married.

I'm 18 now and all my girlfriends are talking about their boyfriends and their sex lives.

To be honest it drives me crazy but I still want to wait until I'm married to experience that.

I guess it doesn't help that I don't even have a boyfriend!

My best friend Sally said I should at least buy a vibrator and get some pleasure that way.

She's got a few of them and says they're awesome.

If I did buy one of those would that mean I'm no longer a virgin?

I don't know if you know much about the Catholic faith, but would it be a sin to use one?

-Frustrated

Dear Frustrated,

I was raised Catholic. I was taught the same thing. My life experiences have brought me to believe that sharing your body with someone is showing love. You shouldn't just "do" it because everyone else is. It is something special and you should "do" it with someone who means some-

thing in your life. It is up to you however, when you want to experience this. You shouldn't use a vibrator as your first experience. You should have a real person.

To use a vibrator or to have sexual intercourse is to break the hymen.

To have sexual intercourse with a human is to lose your virginity because the untouched territory has now been explored. If you do decide to have sexual intercourse, PLEASE remember to use a condom. Don't make your first experience a life threatening one.

Dear Maria:

I'm one of only two or three girls in a trades apprenticeship program here.

I really like the course and it'll be great money when I graduate.

The trouble is a few of the guys are constantly making sexist comments around me.

They're not threatening or anything but it's stuff like, "Hey did you guys see the tits on that bartender last night? I'd kill to do her."

I don't like that kind of talk but I don't want to get labeled as some sort of uptight bitch.

What can I do?

-Trades Girl

Dear Trades,

**I hate to say it but sometimes "boys will be boys."**

If you are the only girl around these guys when they talk "pig talk" (that's what I like to call it), say something like this "Um, if you guys want to make those kind of comments, that's cool, just don't do it around me." This is a polite request and in no way do you come off sounding like a bitch. They should respect your request and besides, where were they raised, in a barn?

**Everyone knows not to talk like that in front of females!**

Dear Maria:

I went to this stagette for a friend two weeks ago and they had a male stripper.

We were all drinking and stuff and the guy was really hot.

I can't remember that much 'cause we were all doing shooters but somewhere in the middle of this I grabbed the guy's balls and kissed him.

I'm really embarrassed by this 'cause I've been going steady with this great guy in the business school.

We're seeing each other and nobody else.

Should I tell him about this?

It's really bugging me and I didn't mean to come on to this other guy.

Help!

Red-faced

Dear Red,

**Wait! Did ya kiss him? Or did ya KISS hi-?**

What's that saying? What happens at the stagette, stays at the stagette!

(By the way, a man made up

this saying, changing stagette to stag) Do you think that if he went to a stag and the stripper who was playing with all the guys went to your boyfriend and rubbed herself on him, that he would tell you?

Now if you think that he would tell you then tell him. Oh, and you're not lying if you don't tell him.

Dear Maria:

My friend borrowed \$20 from me to pay her cell phone bill.

She said she'd pay me back in a week but it's now been a month.

She says she's totally broke and she'll get it back to me whenever she can.

I don't have a lot of cash myself but I really need that money.

Is there a way I can get it back fast without breaking up our friendship?

I hate to bug her about it, but I'm not exactly rich.

What should I do?

-Stressed

Dear Stressed,

I would go to your friend and say, Hey Betty, I need my \$20 by next Saturday because I have a birthday gift to buy, so are you going to borrow it from your mom or from your dad, brother, sister etc.

Asking her a question that requires an answer other than no or yes, is likely to get a positive response. If she says "Sorry, I don't have it" I would re-evaluate my friendship with her. She obviously doesn't think that you are important enough of a friend to quickly return what is not hers.

Personally, I'd dump her sorry ass!

Dear Maria,

I met this really hot chick at the Nest and she gave me her number.

I thought we were really made for each other since we both love

snowboarding.

We talked about getting together for drinks and she said she'd love that.

I've called her about five times the last week and she won't call me back.

OK, she called me back once and said she's really busy and we can maybe get together next week depending on her part-time job schedule.

She's pretty amazing but I'm thinking she might have a boyfriend or something.

How can I figure that out?

-Hot to Trot

Dear Hot,

**Figure it out? Figure it out? What's to figure out? She probably was drunk when you met her and now she's turfin ya. Forget her. She's dodging you from the get go. She's not worth it. As a matter of fact, if and when she calls you, say this, Sarah? Sarah? Oh ya, sorry, I'm busy. Bye**

## Herpes Vaccine Trial For Women Without Herpes

Herpevac

### The Facts

- Approximately one in five Canadian women have genital herpes
- Many don't know they are infected with herpes
- Herpes can be spread to those you love
- In rare cases, women can pass herpes to infants during delivery

### What Can You Do?

The **Herpevac Trial for Women** is investigating an experimental vaccine that might protect women against herpes. Participants receive:

- Free screening for herpes
- An investigational vaccine against herpes or against hepatitis A

### Who Can Participate In This Study?

Women age 18-30 who have never had oral or genital herpes

For more information about the study in your area, please contact:

The University of Alberta Hospital  
I.D. Study Nurse  
at  
407-6272 or 407-6945  
Email: seroerbert@cha.ab.ca

This vaccine CANNOT give you herpes



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Herpevac



# OPINION

## Needless shopping consumes people

It may be a holiday, but don't expect Hallmark to get in on it anytime soon. On Nov. 25, it's Buy Nothing Day - a day of anti-consumerism.

The aim of the day is to stick it to big business and encourage personal sustainability.

The "holiday" was created by Adbusters founder Kalle Lasn in 1992. At the time, the day was called "No Shop Day" and it was initiated in Vancouver. Since its birth, the small scale operation has taken an international scope.

Although the concept is admirable, you have to wonder how effective it actually is. If a large group participated, perhaps big business would feel the effects.

Despite the fact that this is a holiday that people participate in worldwide, I doubt big business feels the economic impact.

What Buy Nothing Day really achieves is to make consumers aware of their own spending habits.

How many of us are guilty of purchasing disposable fashion? You know, the clothes that we buy with the knowledge that they can't be worn a year or two down the road.

How many of us actually buy our produce at local businesses? As poor students, it's a lot simpler just to take the easy way out and buy food at a large national chain where we know we can save a few bucks.

How many of us can go a day without those unnecessary luxuries - the \$5 mochas, cigarettes, gas for oversized vehicles, etc.

It's tough to go without making frequent purchases in North American society. We don't have a lot of time, so many of us buy pre-made food. We are told if we want to get ahead, we need to "look professional," so we buy clothes we often times don't need.

The more things we buy, the more we have to work in order to support our spending habits. This results in people having less time, so they have to buy more to compensate for that. It's a vicious circle.

For the last three years, I've managed to survive Buy Nothing Day without making any purchases. It doesn't really require will-power, just good old fashioned planning ahead.

Truth be told, most of my unnecessary purchases come when I'm running late or don't have a lot of time. Well, except clothes, but that's a whole other editorial...

If I planned my purchases the same way year-round as I do on Buy Nothing Day, I'm sure I'd save money in the long run and I'd be supporting the local economy. It's one thing to do the right thing one day a year, but the real challenge is to put the concept into practice all the time.

## Letters welcome We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget.

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

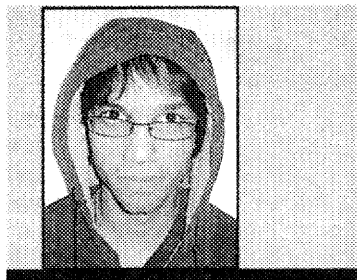
Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to: [nuggetsubmissions@hotmail.com](mailto:nuggetsubmissions@hotmail.com)

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.



## Respect is key to ending crime



By CHARLES NOBLE

Has it become Hellwoods?

Lately, I seem to see more and more senseless violence and destruction in Edmonton. Especially in Millwoods where a night without sirens is as rare as a hurricane hitting our city.

Every week, more cars and houses are vandalized, or worse yet, broken into. The police have spent a lot of money on catching speeders lately, but they neglect worse community problems. A community watch can only do so much to prevent crime in a neighbourhood; most people have jobs and can't be watching their

property during the day or late night when most vagrants are on the streets.

Lately though, vandalism has skyrocketed around Edmonton, with Nazi symbols on fences and slashed tires all over the place, broken bottles all over parking lots and neighbourhoods alike. That helicopter in the sky always seems to be flying by Millwoods annoying the hell out of me, but I hope they also prevent and apprehend criminals.

The new police station in Millwoods is a welcomed presence, although I have yet to see the results. I like the fact that the Edmonton police department is trying to improve Millwoods, slowly but surely I think the constant focus of crime in Millwoods always being broadcasted on the news will stop. The gang unit division of the police department is trying their best to crack down on organized crime, which seems to root from Millwoods.

The only solution I can think

of would require community and police communication. Communities have to properly communicate to authorities the problems they wish to be addressed in their area. The only time people seem to speak up is when the conditions become life or death, sometimes even in that case only after the death occurs the police are involved.

The worst violence is the senseless kind. So far, I've heard of a lot of cases of this kind of violence occurring in Millwoods. The one that sticks out in my mind is the clerk being shot just for some cigarettes and petty cash. The fact that these people were never caught bothers me. It probably doesn't bother them until they face that cell with a guy named Bubba that doesn't get enough loving in jail.

Criminals do deserve a second change if they truly change their ways, don't get me wrong I think it's horrible some of the crimes that people get away with, but they do deserve help to get better. Nothing is worse than a judicial system that just imprisons people for set times that only increase their anger towards society instead of rehabilitating them for return to community life.

In the end nothing can be done if people just don't have any respect for each other, the best solution would be just that, give respect to everyone.

If anyone took offence to any of my comments, I don't mind reading your opinions, email me at [killeratwork@hotmail.com](mailto:killeratwork@hotmail.com).

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**THE DEADLINE IS**  
12:00 p.m. on the last school  
day of the week.

All submissions must be  
accompanied by your name &  
student ID number

The opinions expressed by contributors  
to the Nugget are not necessarily  
shared by NAIT officials, NAITSA or  
elected school representatives.

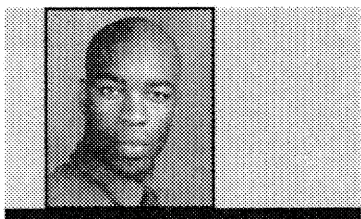


# STUDENT POLITICS

## Williams will pass the torch

By TARA COPELAND

This week, The Nugget asked NAITSA executives more of your questions, to help NAIT students get the inside scoop on NAITSA and everything else you wanted to know about the people that work so hard to make your experience at NAIT the best it can be.



**DWAYNE WILLIAMS**  
NAITSA President

**1.) Is it true that students without basic healthcare coverage will not be covered by NAITSA's extended healthcare plan?**

Students seeking further clarification on health and dental coverage information should contact the Health and Dental Benefits Office, or go to [www.NAITSA.ca](http://www.NAITSA.ca) and visit the health and dental page for a link to Gallivan's student website.

**2.) Do you plan on running again for president next year?**

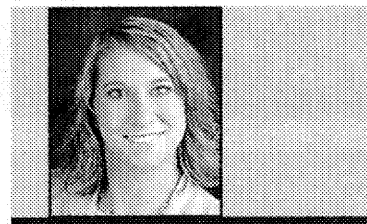
While I would love to return for another year at NAIT, it is time to pass on the presidential position to new blood with fresh ideas! As such, I won't be running again in March. On that note, people who believe they have plenty of good ideas to improve the student experience at NAIT should run for NAITSA!

**3.) Do you plan on making any purchases on Nov. 25, Buy Nothing day (Anti-consumerism holiday)?**

I rarely make purchases as it is, but I'm all about supporting a good cause, so most likely!

**4.) What did you get out of the Alberta College and Technical Institute Student Executive Council conference?**

A new respect for teamwork and collaboration on an organizational level, with many other skills. Full reports can typically be found at the Technology Clubs Council meetings on the first Tuesday of each month!



**CARRIE CREASER**  
V.P. Campus Life

**1.) Were you happy with this year's Ookfest? What changes would you like to see for next year?**

I was so happy with this year's Ookfest! The music was awesome, tons of students came and the weather held up! I had a blast and I hope everyone that came did too! Next year, be prepared for a bigger, bolder Ookfest!

**2.) How will students benefit from the Sex with Sue talk?**

Sexual awareness is something that I think all students should be involved in! (We are at that age!) Sue tells it like it is! She will put on an educational speech that all will

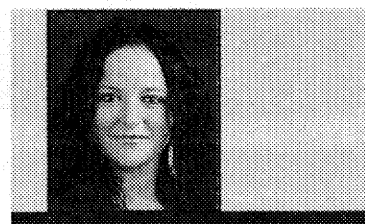
enjoy! I went last year and I won't miss it this year!

**3.) Do you plan on making any purchases on Nov. 25, Buy Nothing day (Anti-consumerism holiday)?**

Nov. 25 is a Friday! How am I not able to purchase anything on a Friday? I don't think that's possible for me. A girl's gotta eat!

**4.) What did you get out of the Alberta College and Technical Institute Student Executive Council conference?**

I find ACTISEC valuable every conference we go on! I learn about student politics, the provincial government and how other student associations work.



**ELAINE DEVINE**  
V.P. Finance & Administration

**1.) What problems have you had implementing tech banking?**

The only problem that we have really had with club banking is clubs not understanding the way that it works, however I have held many meetings explaining the ins and outs of it, so now I feel that everything is on track.

**2.) Students complain about how much they spend on their student fees. Can you briefly outline what their money gets spent on?**

The best way to briefly explain where NAITSA spends money is to look at the following areas

where NAITSA spends money:

General operations: campus sport and wellness donation, salaries, supplies, everything needed to operate from day to day.

Activities committee: Ookfest, event staffing, awareness days, speakers, event rentals.

The Nugget: printing, paying writers, layout costs.

Student handbook: printing costs, delivery costs, layout costs.

NAITSA also makes donations to NAIT for the HP Center to run the computer commons and to an endowment fund for scholarships for students. If any students have more questions on where NAITSA spends money, they can set up a meeting with me.

**3.) Do you plan on making any purchases on Nov. 25, Buy Nothing day (Anti-consumerism holiday)?**

Honestly, I have never heard of a Buy Nothing Day, so I guess that I don't buy into it, so yes, I will make purchases that day just like any other day.

**4.) What did you get out of the Alberta College and Technical Institute Student Executive Council conference?**

I got a lot out of the ACTISEC Conference; I sit on the board as treasurer, I worked with the finance committee, we got a lot of great work done. We looked over the budget that we made earlier this year and made some changes. We also took a long look at the financial position of ACTISEC and we realized that some changes must be made. As a committee of a whole, we worked on ACTISEC strategic plan and the future looks good.



**JON HOFFMAN**  
V.P. Student Affairs

**1.) How do you feel student benefited from the Young Professionals & Entrepreneurs Conference?**

I think students will be inspired by the stories from the speakers and be more motivated in their studies, as well as being able to consider future career opportunities.

**2.) Campus safety is always an issue. How can students get involved and help keep others safe?**

We are in the process of creating a team that will lead the Campus Crime Stoppers Club. We will be looking for students to get involved in promotion. The campus security has been really helpful in assisting students when they want to be walked to their car or bus stop. To have an excellent Safewalk program, we need students to come forward and volunteer to get involved with this too.

**3.) Do you plan on making any purchases on No. 25, Buy Nothing day (Anti-consumerism holiday)?**

I would love to get involved with initiative. It drives me nuts how Christmas has become so commercial. I feel bad for those that deliver newspapers because it seems that they are about five pounds each because of all the flyers. One thing people should do though is donate the money they would have spent that day to a charity such as Santas Anonymous or the Christmas Bureau who will use it to help the poor at Christmas time. Otherwise, the money they would have saved on the 25th, they would spend on themselves on another day.

**4.) What did you get out of the Alberta College and Technical Institute Student Executive Council conference?**

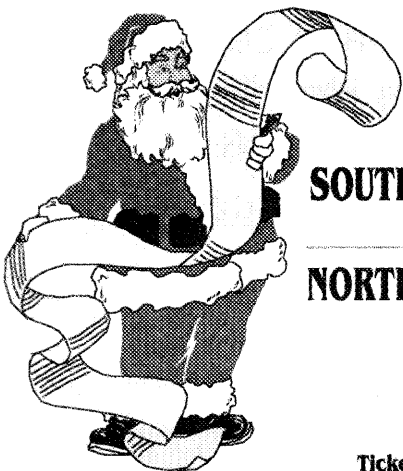
It was a great time to be together with other student leaders and hear about how they are handling issues on their campus. Also, I am on a policy committee that sets the position for our organization. These policies are presented to the provincial government to help form the future of post secondary education.

## NOTICE

Next week  
(Dec 1)  
is the last  
issue of  
The Nugget  
before  
Christmas.

## NAIT Children's Christmas Party

**Saturday, December 3, 2005**  
**12 Noon to 4:00 pm**



**SOUTH LOBBY**

**Santa Claus & Mrs Claus**  
**Gift Booth & Crafts**

**NORTH LOBBY**  
**POOL**  
**ARENA**

**12 - 4 pm**  
**12:15 - 3:45 pm**  
**1:00 - 3:00 pm**

**Tickets**  
**\$10.00**

**Tickets**  
**Games & Popcorn**  
**5 for \$2.00**  
**or 50¢ each**

**Ticket includes: Gift and Meal**

Presented by NAIT, AUPE, NASA, NAITSA, CAMPUS SPORT & WELLNESS  
For information call Campus Sport and Wellness 471-7713



# ENTERTAINMENT

## Reefer Madness: The Musical

By KEVIN GIBSON

**Starring Alan Cumming, Kristin Bell, and Christian Campbell**

**Showtime Entertainment (NOW ON DVD)**

Second only to Leni Riefens-tahl's *Triumph of the Will*, the most notorious propaganda film ever produced would have to be 1936's *Reefer Madness*, a hilarious cautionary tale of "marijuana-scourge of youth." The sweet irony is that today, the film is essential stoner viewing.

A few years back, Kevin Murphy and Dan Studney, recognizing the inherent comedic potential, adapted *Reefer Madness* as a stage musical. Last year, Andy Fickman had the good sense to film it. So now we've got a film of a musical based on a film. Genius!

Alan Cumming assumes several roles herein, most notably the high school lecturer/narrator who guides us through the travails of teenage sweethearts Mary Lane and Jimmy Harper. Kristin Bell (TV's *Veronica Mars*) gamely tackles both the pre and post-pot Lane with verve and as Harper, Christian Campbell (brother to Neve, who cameos as a dancing waitress) bears an uncanny resemblance to his '36 counterpart.

Inevitably, they fall prey to Steven Weber's pusher Jack Stone and his moll Mae Coleman, as played by Saturday Night Live alum Ana Gasteyer. Where the original was pretty over the top, this garish everything and the kitchen sink production leaves no sacred cows untipped. There's an animated ode to the wonders of pot brownies and even Broadway/soap star Robert Torti swings by as a hepcat Jesus replete with sexy showgirls.

Though not too pointed in its satire, *Reefer Madness* still reveals some sly digs at the ludicrous pot laws currently upheld by the American oppression machine. For example, the protagonist's high school is named for toker Enemy No. 1, original U.S. drug czar Harry Anslinger.

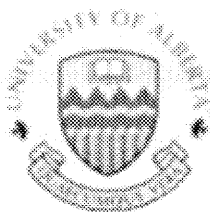
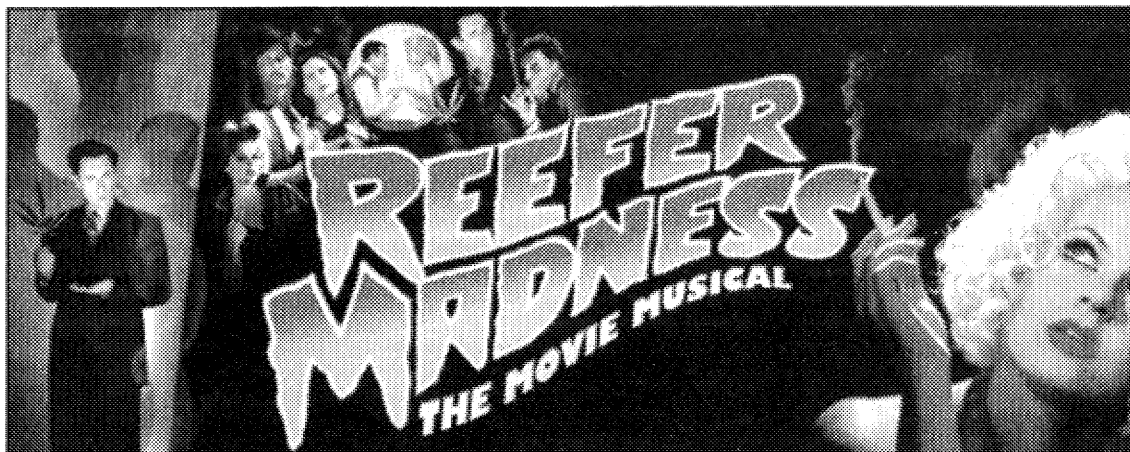
The many horrors of the demon weed are all illustrated: Amy

Spanger, as sex bomb Sally, sells her baby for a fix and once the munchies run out, John Kassir's manic Ralphie settles for sweet human flesh.

In spite of Kassir's crazed performance, Gasteyer steals the show in the final act. Where she sort of faded into the background on SNL, here she's a powerhouse who literally throws herself into the role

without a whiff of ego.

In an age where most musicals seem to regard melody as an afterthought, the tunes here are fairly enjoyable if not memorable and the zany choreography keeps any encroaching boredom at bay. Showtime's *Reefer Madness: The Musical* turns out to be a treat for all: however, as a musical about weed, I'd wager it totally has the gay stoner market cornered.



## SEEKING HEALTHY YOUNG MEN



### Who?

Men from 18-23 years of age

### What?

An investigational vaccine study to prevent Human Papillomavirus (HPV)

### What's HPV?

HPV (Human Papillomavirus) most common sexually transmitted disease associated with genital warts and cancer condoms are ineffective at protecting against HPV infection there is no cure

### Interested?

If you would like to participate or for more information please call the University of Alberta Hospital, ID research office at 407-1236 OR Email: [alindemu@cha.ab.ca](mailto:alindemu@cha.ab.ca)

Incidental expenses related to participation in the study will be reimbursed.

**I.D. Research Office (780) 407-1236**



# The Rise of Mediocrity



By DAVID MALLET

Why are we surrounded by second best? What is it about our society that has changed so rapidly? Is it something inside of me that makes me feel that everything around me is decaying?

Not happy thoughts, I realize. But I can't contain myself anymore. I turned 29 earlier this fall and after looking back on the last 15 years, it became immediately clear to me that Western society has turned its back on growing, evolving and exploring. Culture is undergoing a rapid slide into mediocrity and I want to sound the alarm.

In terms of entertainment, this is quite evident. Never has television, music and film offered poorer product. Reality television has turned regular folk into monsters and keening go-getters into national sell-outs. Hip-hop and some elements of mainstream club culture have managed to

normalize promiscuous and violent behaviour, with 15-year-old suburban kids assimilating themes and ideas from what they consume without being taught to think critically first.

The result - a generation with no sense of history. With gadgets like cell phones and iPod's and every second teen (it seems) owning a laptop with wireless internet access, young people are being trained. They're being trained to want it all and to want it yesterday. What has come before them is laughable in the face of modern culture. And so only what new trends emerge tend to have influence.

Those ahead of their time sit back and watch as vacant, soulless masses of them crown corrupt entertainers like 50 Cent as role models and singers like Gwen Stefani as fashion icons. Before you know it, every one is going blond and low rise while all the rich kids are popping their classmates 'cause they didn't pay for their meth this week.

Now I'm not trying to lump you all in and generalize consumers of this type of entertainment. Listening to hip-hop and dressing like a trend setter such as Stefani doesn't make you a bad person. But I remember a time when the garbage that is out there in the

hands of your 13-year-old brother or sister was considered taboo and relegated to the underground.

Ah, but, what do I expect when I turn on the TV and the most watched show by adults is CSI, a show which features some of the sickest storylines I have ever seen. Law and Order: SVU, Without a Trace, NCIS, Nip/Tuck and The O.C. hold the torch proudly as well.

All of these "great shows" boldly portray screwing around, violence against women and teenagers having abortions as par for the course in this day and age. And maybe it is.

I have slowly sunk into a self-imposed isolation over the last few years as our world has imploded into an anything goes, try it all, waste disposal of a society. The Americans fight an unjust war, people continue to live in abject poverty and Toby Keith sells records. How can one not feel like jumping from a high rise, were the open windows not crammed with depressed office drones unable to control their nasal drip from the last snort of coke on their coffee break?

But I also see this on a larger scale. Politics in North America have stalled, with voters left having to choose whoever's poop smells better. It would seem that politics in Canada and the U.S.

have been reduced to mere opportunism. It would be inspirational to encounter a leader that spoke his mind, innovated and left a lasting legacy. Instead, it is a game of manipulation and issue-of-the-week bandwagon jumping (and not just the NDP - every party does this). The impact is a growing number of people bored with the process and the B.S. it brings. If you have a populous that grows tired of bothering with how our laws and policies are formed, we gain a culture shaped by bureaucracy and top-heavy corporations.

We are losing our voice. If we insist on buying albums from vapid artists, going to bad movies and putting up with the lies (Lies! Lies! Every time you close your

eyes...) our governments shovel us, we will become stagnant and irrelevant. It won't matter if we get upset because we allowed this current generation to be fed pap rather than the meat and potatoes of truth and art that asks questions and moves us forward.

The scary thing for me is that it seems like most of you don't care. I want to believe otherwise. But as mediocre art, lame politics, latent activism and deadened spirituality rise like a dirty, oil soaked phoenix, I can't help but think that we have passed the point of no return. I'm not stocking up on supplies for my bomb shelter yet, but I keep my eyes peeled for cheap cans of pork and beans just in case.

**Ski Bum Party**

Drink  
Specials  
&  
Prizes

Wanna meet fellow NAIT students coming on the NAIT ski New Years Ski Trip to Fernie?

Come to The Nest November 21 @ 5:00 p.m. in your best ski bum outfit!

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CANADIAN FORCES



# The basics of the mosh pit

By TREVOR KIRK

As the summer of rock is winding down with concerts such as Ockfest, Motley Crue, Green Day, Pearl Jam, System of a Down, Audioslave, Nine Inch Nails and still many others. I started to look at the basics of the mosh pit and how many people don't seem to know what the hell there getting into.

I'm no expert myself, but I just believe there are some basics everyone should know. While participants can be classified into five categories: protectors - the guy who believes his girlfriend (wife or significant other) should have the same experience he has but doesn't want anyone touching or hitting her.

**Railers** - people at the very front who would do anything to stay up there (i.e. I've seen people get bit trying to get up to the rail).

**Movers** - where no spot is good enough to watch the show and they must always be moving around.

**Crazies** - intoxicated in any way you can imagine (easy to spot, the person standing jumping around and who isn't afraid of anything).

The pylon - the person standing around not wanting to move or just not being able to move (once again use your imagination why).

Now, everyone could not be

classified into these categories, but next time you're at a rock show on the floor, look around and you'll be quite surprised. Basic rules figure that when you're stuffing everyone into that small of a space, you are going to be bumped around touching people you just might not want to touch, lean with the crowd, jump around and enjoy yourself.

You bought that ticket to the floor so try to have a good time and if your significant other doesn't want to be there, don't miss out on the experience because of them.

Keep your damn elbows down and if your crowd-surfing, keep your feet up. Nothing is worse than getting an unexpected kick in the head or elbow in the back. Just remember the laws of physics where if you push forward you will get pushed back and if you don't want to be pushed around, it's simple - just don't go in.

The crowd makes up so much of the show, where the more energy you give the more they give you and the better of a rock show you'll get. So don't be a pylon, worried about your other half (leave them in the stands), pick someone up if they fall and keep your head up, because your going to a fucking rock show and it'll be one hell of a time. Any questions or comments can be directed at sobekirk@hotmail.com.

# Where The Hood At?

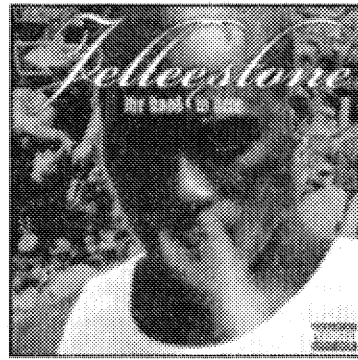
By TRYSTAN MEYERS

## Jelleestone: The Hood Is Here

Jelleestone, the once thought of as a one-hit-wonder, shows no fear launching his second album. The Hood Is Here was released on Oct. 25th and the album takes more of a gangsta approach than his debut release.

This album is essentially Jelleestone's make or break record. With so much emphasis and credibility placed on Money Pt. 1, the Toronto rapper needs to focus on the present.

His first single, Friendamine featuring fellow Canadian Nelly



Furtado is receiving a lot of airplay, helping Jelleestone create his own personality. The album is essentially all his own, only having help from two other rappers including Elephant man.

Elephant man definitely influenced the track Cude Riddim,

which is an upbeat Jamaican inspired dance track. There are other club inspired tracks like, Dance Floor, Who Dat and also some hood tracks like Talk 2 Much, My Peoples and the second single The Hood Is Here, written and produced for Jelleestone's homies.

Of course no rap album is complete with out giving props to religion like the track, No Man But God.

This album is by no means a gem, but defiantly an improvement over the prior release Thirteen.

This leads me to wonder if this album could attain the status of Money Pt. 2 or if Jelleestone is headed for bankruptcy?

# Canadian Rudebwoy

By TRYSTAN MEYERS

## Kardinal Offishall: Fire And Glory

Canada's superstar hip hop artist emerges with guns a blazin'. The new album Fire and Glory hit stores Nov. 15 and without a doubt becomes the nation's best selling urban album well into 2006.

Kardinal and his posse, The Black Jays, represent the epitome of urban music in the T. Dot. Featured on the album are collaborations with Busta Rhymes, Spragga Benz, Renee Neufville, Vybzs Kartel, Glenn Lewis and Ray Robinson.



The first radio single, Everyday Rudebwoy samples Arrested Development's single Everyday People. The familiar and highly successful sound hurtles Kardinal into the spotlight once again.

The first club single, Heads Up, is a cross between the sample

from Shake Ya Tailfeather and an Amerie synonym of crunk music. Other notables are, The Best Man and Neva Knew, which slightly dip into some dancehall, the club tracks are: Mr. Officer and Whatchalike. The hood tracks are: E.G.G. (Everybody Gone Gangsta). Of course, no album would be complete without the patented religious track, simply called Sunday.

Kardinal just signed a long term deal with Virgin record label. This means we will be hearing a lot from him here in Canada but also hopefully, his music will peak into international audiences. Overall, I give this album a T. Dot, OK and can't wait for more shrapnel from Kardinal's artillery.

## CHRISTMAS BUREAU OF EDMONTON

The Christmas Bureau of Edmonton provides festive meals and promotes the spirit of Christmas sharing and caring to those in need who live in the City of Edmonton. There will be approximately 2700 food hampers provided to Christmas Bureau Clients, on a first come, first-served basis.

### Client Eligibility Criteria for 2005

Families with Children:

1. Parents on Alberta Works, with dependents living at home are to be given first priority for help.
2. Parents who are not on Alberta Works, yet are in need and have dependents living at home, will be considered eligible by a referring agency/social worker using information including, but not limited to the following: financial need, family size, in addition to various social concerns. Parents may be employed, unemployed or may be students.
3. Parents living in Edmonton receiving full or partial subsidy for day care from Region 6 Child and Family Service Authority and/or out of school care from the City of Edmonton and/or receiving Alberta Child Health Benefit.

**Application Forms; are available in Room E121, the Encana Aboriginal Student Centre;**

1. The Client Application Form must be completely filled out, Please list all names and ages of the family members.
2. DEADLINE for submission is December 1, 2005

All food hampers will be delivered to clients on Saturday, December 17th between 8:00am and 2:00pm. The Christmas Bureau asks that you be home for that day. Deliveries will be made all day throughout the city, please understand that because of the large amount of deliveries they cannot give a specific time of drop off. If you cannot be home that day please ensure someone is there to receive your hamper.

## The 109th Street Challenge Cup, an opportunity to kick the MacEwan Griffins to the curb again!!

The 109th street challenge cup is a participation challenge between NAIT and MacEwan. Points are awarded for fan support and team wins involving a series of games

**NAIT WINS GAME ONE!!! 750 points to 148 points**

**Next Game - Volleyball Friday, November 25th**

**@ NAIT Gym (W) 6:30 (M) 8:30**

**So what's in it for you Besides Bragging rights?**

### These Great Prizes!

- Oiler Tickets
- Marmot Ski Packages
- Gift Certificates & FREE Food
- Shoot to Win for CASH

Attend all games in the series and you are eligible to enter to win a Grand Prize trip for two to Jasper!



VS





# Astral Reflections



By TIM STEPHENS

## Aries March 21-April 19

Continue to avoid new starts in any area before Saturday (especially in finances, debt, sexual intimacy, commitments and lifestyle changes). Relationships give you the greatest pleasure and the greatest pain Sunday/Monday: you're angry, you're happy; you're tense, you melt in someone's sweet aura. My advice: keep the status quo. Embrace gifts without seeking rewards, especially in love and sex. A "failure" lurks if you ignore reality's hard facts. Love, learning, far travel, culture, law and philosophy bless you Wednesday eve to Friday morn. Be ambitious Saturday - start something!

## Taurus April 20-May 20

This week begins with a few jolts and bumps, but evens out into a smooth, sweet ride. Avoid new starts/ventures until Dec. 3. Be protective of your financial position, career and reputation Sunday/Monday. Don't mix friends with practical affairs. (You received a "clue" recently that friends, love and opportunities are going to mix, luckily - but don't seize these opportunities yet. Monday night expands these clues, again!) Remain cautious Tuesday day, but love and merge this night. Thursday to Saturday brings lucky money, secrets, understandings, knowledge, cultural events - perhaps sex, perhaps love!

## Gemini May 21-June 20

Don't start anything before Dec. 4. The weeks ahead emphasize relationships, relocation, public dealings, negotiations, opportunities and opposition, especially this Wednesday eve to Friday. Expect minor or major changes in these - be ready to grow! Sunday's sweet, mellow - either love enters your thoughts, or nature offers her beauty. Hints arrive Monday/Tuesday that your work role is about to expand - and that it won't be easy. (Now through next November, stride through work purposefully but "mindlessly." Don't get too creative.) Computers display glitches Monday. Investments, sex, research succeed Friday night, Saturday.

## Cancer June 21-July 22

Work, health and duties fill the weeks ahead. Something will change in these by mid-December. Just plod along. Don't start new projects before Dec. 4 - especially avoid new loves, creative and speculative ventures. (These will expand greatly through next

November - sweet clues arrive about this Sunday to Tuesday. But don't dive into them immediately. Late December, January and February will be soon enough.) A new work "push" comes Wednesday p.m. through Friday - Thursday's best. The pace is slow but sure. You face an intriguing opportunity or person Saturday!

## Leo July 23-Aug. 22

This is your last week of delay. By early next week, new opportunities and exciting meetings will arrive. But continue in "caution mode" this immediate week ahead. Sunday's easy, interesting - be curious. Monday/Tuesday show you how home, healing, real estate, agriculture and similar things will expand for the year ahead and Tuesday shows the obstacles you'll face. Your romantic, creative, gambling and beauty-loving side emerges strongly Wednesday-Friday - all is slow but stable, Thursday. (Wednesday night features an incompatible attraction.) Charge into work, machinery and health projects Dec. 3 and 4.

## Virgo Aug. 23-Sept. 22

Your mind is fired with urges, ideas, opinions all winter (until mid-February). Mystery and understanding mingle. Love, romance, or a sexual attraction also hover around you this November/December. But realize that 1) you should spend present weeks immersed in real estate, home, family, soul and nurturing issues; and 2) you shouldn't start anything before Dec. 3. Early week (Monday-Wednesday) is disruptive, frustrating. But Thursday to Saturday, your domestic and nurturing urges begin to mingle in a workable, intriguing way with romance, creativity, pleasure, beauty and kids (and their education)!

## Libra Sept. 23-Oct. 22

Start nothing before Dec. 3. Until then, be curious, peek into newspapers, ask questions, explore in your car (especially Wednesday to Friday) - and handle old money matters, pay overdue bills, collect payments. The entire year ahead expands your money dealings, earnings and purchases. You'll get a hint of this good fortune Monday and a glimpse, Tuesday, of the obstacles that attempt to turn this good luck into bad. (Dutiful socializing and pleasurable work create these obstacles.) Dig into lucky and fruitful home, security, therapy and soul zones Friday night, Saturday.

## Scorpio Oct. 23-Nov. 21

The best and the worst of the year ahead lies within you. You'll sense the best Monday night, when a cheerful, optimistic mood tries to bubble up (perhaps prompted by a romantic notion or friendly glance) and you could see the worst Tuesday morning/noon, when you view work/career

as unpromising and hard, and home/family as worrisome (or you react to them with gloom and doubt). By Thursday/Friday, life offers the solution to that "work attitude." Start nothing before Dec. 3. A call or trip will bring affection, beauty, Saturday!

## Sagittarius Nov. 22-Dec. 21

Your energy, charisma and luck climb now! (Except perhaps Monday to midday Wednesday - a useful period, because it gives you a strong hint of the benefits and difficulties of the entire year ahead - benefits Monday eve/night, difficulties Tuesday. Watch accident potential, and "accidental words" Monday daytime.) Earlier, Sunday's hopeful and friendly. Your energy and magnetism really rise Wednesday night to Friday - but you also feel stable, unimpressed by heights or depths. Don't start new projects until Saturday - this day (or the following Sunday) could trigger a good new money project/goal!

## Capricorn Dec. 22-Jan. 19

Continue to rest, lie low, avoid competition and protect your

health. Handle spiritual, charitable, institutional, red tape and government or head-office related contacts. Don't start new projects, even in these areas, before Dec. 3. Sunday promotes ambition. Avoid excessive communication or driving (or handling any machinery) Sunday through Wednesday night. Monday/Tuesday raise your spirits mildly and give clues to the big luck that's going to please you during the year ahead (Monday night) and the obstacles that will "fight" that luck (Tuesday). Push forward, create opportunities, be "selfish" Saturday!

## Aquarius Jan. 20-Feb. 18

Your popularity climbs! Social delights, light romance, optimism, hopes, friends and entertainment buoy your spirits, especially Sunday and Wednesday night to Friday. Career pressures, ambition, prestige goals and parental duties are slated Monday to Wednesday. Monday night gives you a clue to show how your reputation, career or status can grow in the year ahead. Tuesday (morning, noon) confronts you with the obstacles to this lucky growth. (The obsta-


cles are rooted in relationships, and your quietude/anxiety.) Start nothing new before Dec. 4. Rest, seek spiritual horizons, sweet solitude, Saturday.

## Pisces Feb. 19-March 20

Everything is temporarily stalled until Dec. 3; don't start any new projects before then. This is an important week (as are the next two) for your career, worldly status, parenting role, ambitions and relations with higher-ups. Pay particular attention, be reliable and hard-working Wednesday eve (unpredictable) Thursday (smooth, successful) and pre-dawn Friday. A good change brews in career zones-you'll probably see it about mid-December. Take care early week, as disruptions and accident potential are rife. Monday opens your mind; Tuesday attempts to close it: resist "low brows!"

www.astralreflections.com. Email: timstephens@shaw.ca. For a reading: (604) 261-1337.

# SEX WITH SUE



**Sue Johanson**  
main campus

## NAIT GYM

Thursday, November 24th, 2005  
**11:15 a.m. - 1:10 p.m.**

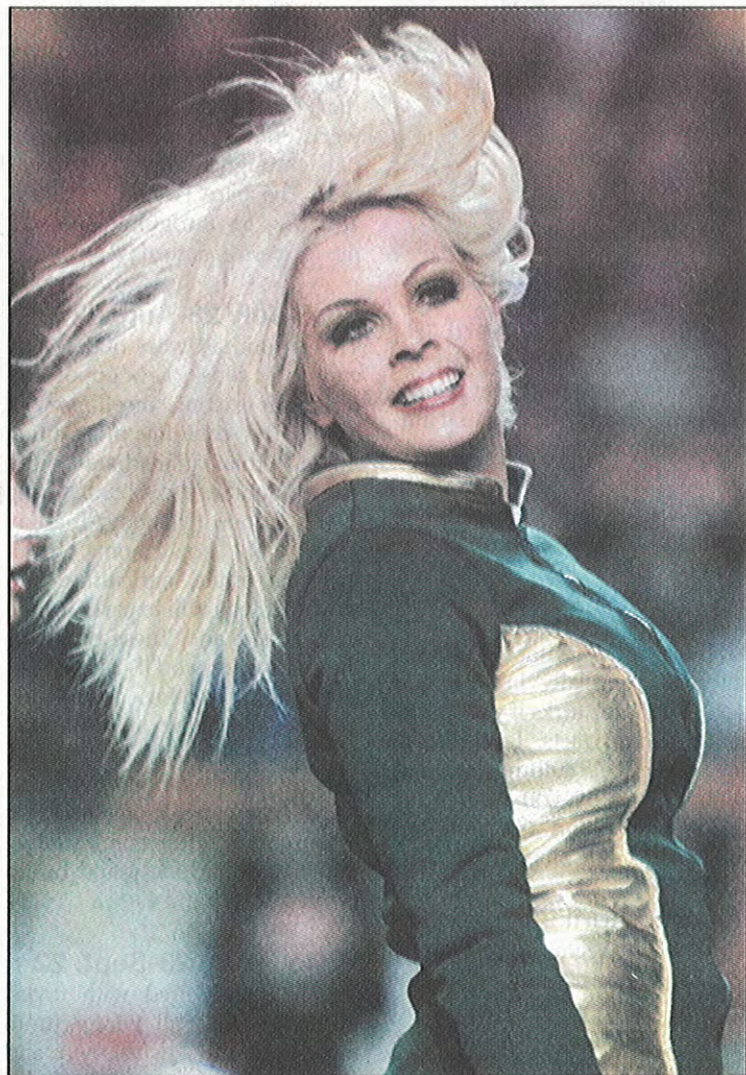
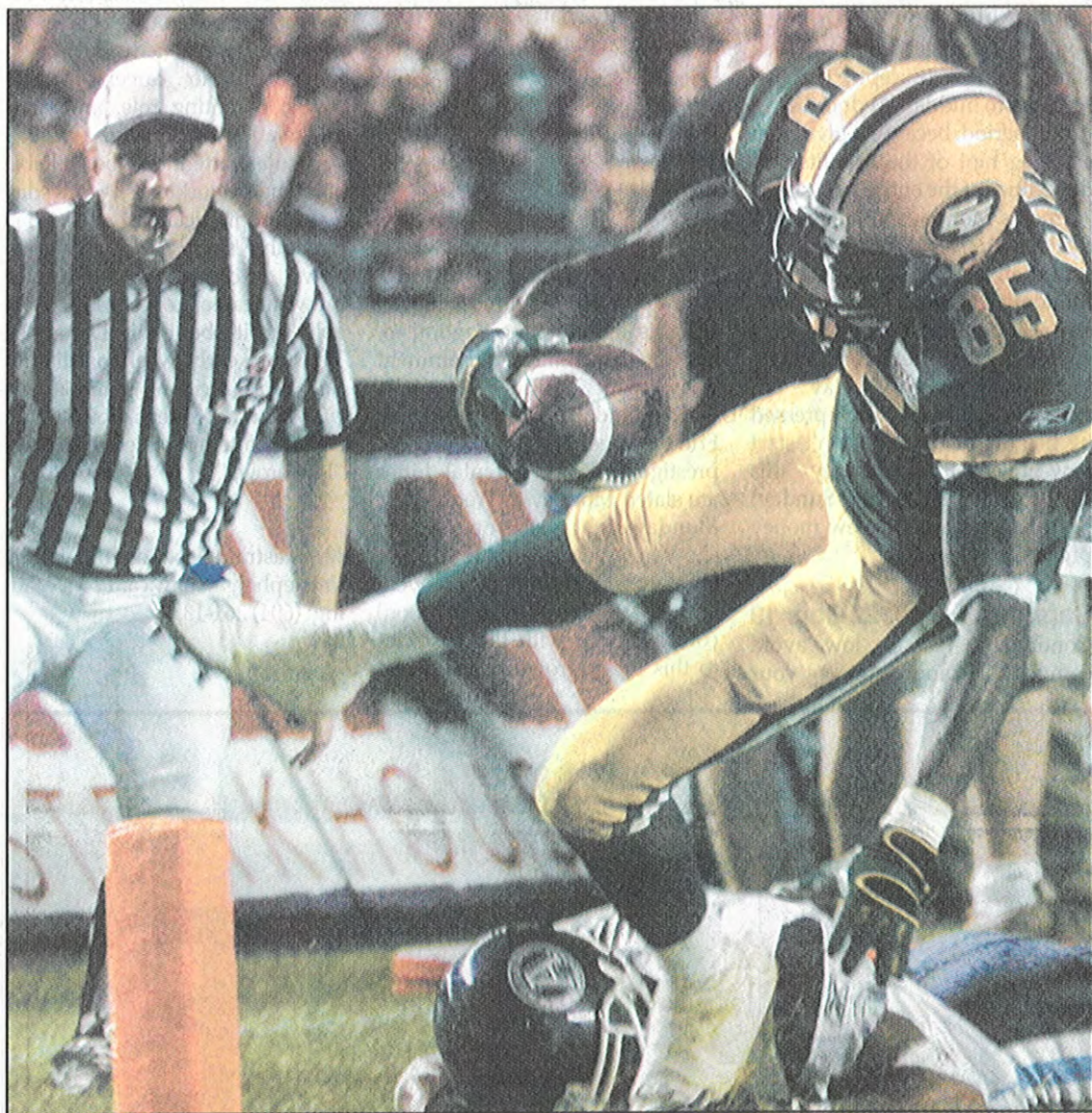
**Drop in anytime FREE!!!**

**Brought to you by**  
**NAIT Students' Association**



# ESKIMOS IN PICTURES

It's been a crazy year for Edmonton's Eskimos but they head to the Grey Cup game this weekend in Vancouver to take on the Alouettes. NAIT photography student Olivia Kachman has this photo tribute to the Green and Gold.



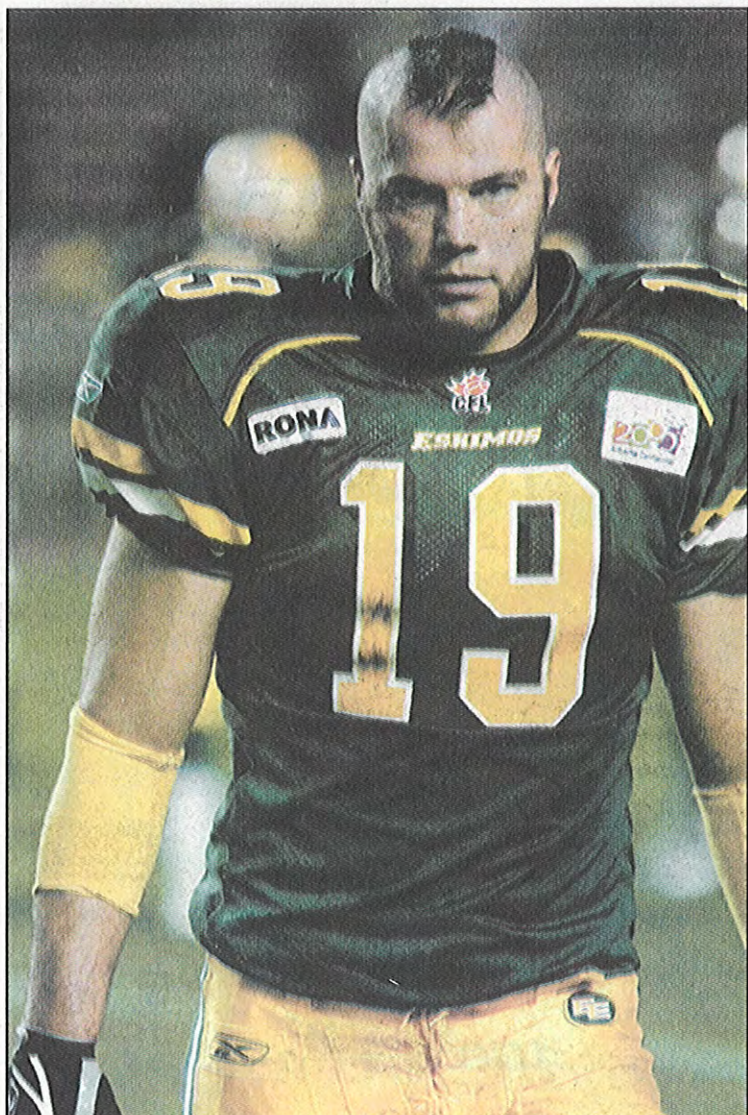
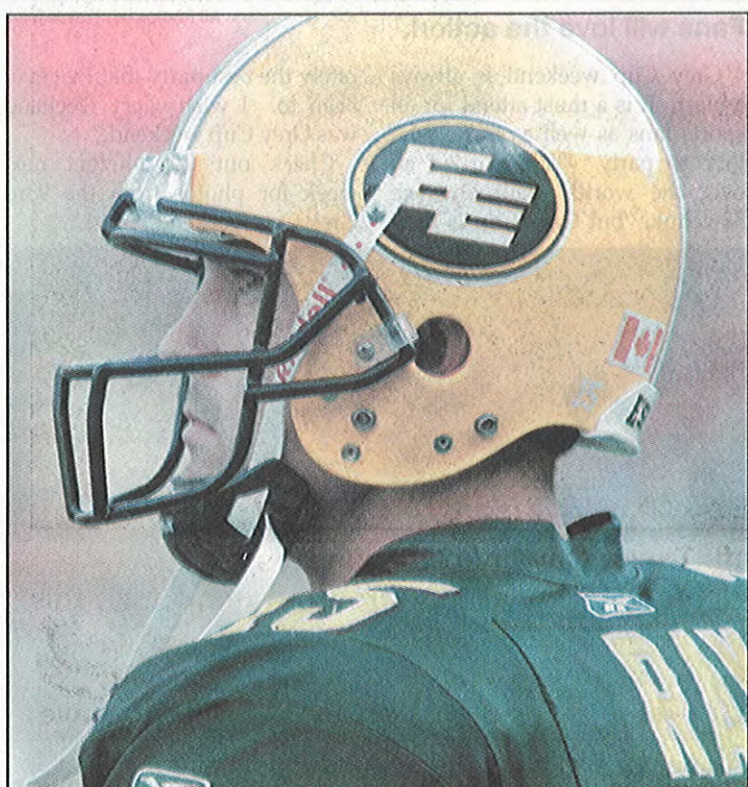
Left: Trevor Gaylor (#85) squeezes in a touchdown against the Toronto Argos earlier this season.

Above: Eskimos Cheerleader, Karen, proudly struts her stuff. She is thrilled the Eskimos have made it to the Grey Cup final on Sunday.

Below: The Alouettes tangle with the Eskimos in another hard fought game earlier this year.

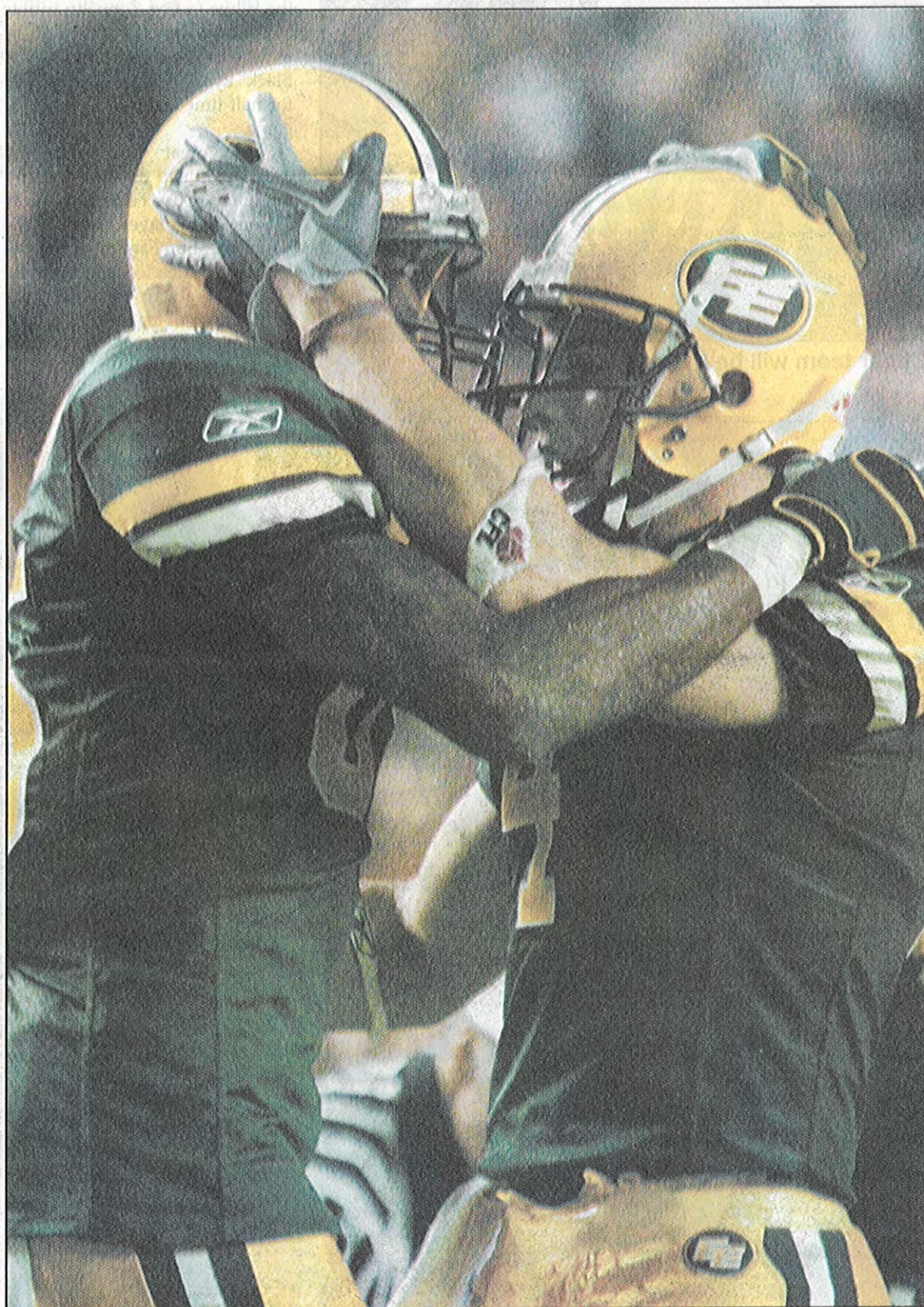






Clockwise from upper left: Eskimos running back Ron McClendon (#24) sprints down the field, in a familiar performance.

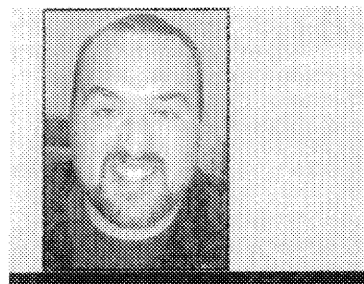
- Enthusiastic lifetime Eskimos fan who goes by the alias "Spric" ("Sprac" was buying the booze!) has cheered on the Green and Gold for over 20 years.
- Eskies celebrate a major score.
- Mike Mauer (#19) gives his best mean guy impression when leaving the field.
- Ricky Ray watches a game from the sidelines.





# Grey Cup's the best party

## Annual bash is Canada's wildest weekend



By **TREVOR ELLIOTT**  
Sports Editor

November is a wonderful time of the year. The NHL is in full gear, the NBA just got underway and the CFR was here and gone. But most important of all, Grey Cup weekend is upon us. In this two-part series, we take a look at Grey Cup weekend - quite possibly the best party in Canada.

Vancouver is the host of this year's 93rd CFL championship

game on Nov. 27. The city is not a new scene to the Grey Cup, as it hosts its 14th Grey Cup and its first since 1999. And with the Edmonton Eskimos and Montreal Alouettes in the big game, the party promises to be one of the best ever.

How do fans get tickets to the game? Fans actually began reserving their tickets last fall and tickets are officially sold out. But with the hometown Lions being eliminated in the Western Finals, many locals will have great tickets for sale. Tickets for Grey Cup 2006, in Winnipeg, will soon be on sale.

When reserving a hotel room, it is best to try and find a room at a downtown hotel as nearly all of the celebrations takes place in the heart of the downtown core. It is generally best to reserve a room



early in the year as most rooms are already taken by mid-summer.

Fans will want to check out great party venues that are sponsored by various teams such as the Spirit of Edmonton hospitality suite, Riderville and the Tigers' Lair. The block party is always a great place to have a few drinks while watching some great local rock bands. Just make sure you get there early to avoid the lengthy line-ups.

Great concerts are always held during the weekend. This year, Colin James, Michael White and the White (a Led Zeppelin tribute band) and April Wine will all be playing in the concert series. The Black Eyed Peas are scheduled for half-time entertainment at the game.

Some great CFL sponsored events to attend this year include: the Grey Cup Festival Kickoff, Rogers CFL Player Awards, the Vancouver Sun FanFest, the popular CFL cheerleaders extravaganza, the always sold-out Spirit of Edmonton Breakfast, the amazing Scotiabank Grey Cup Gala and of course the game.



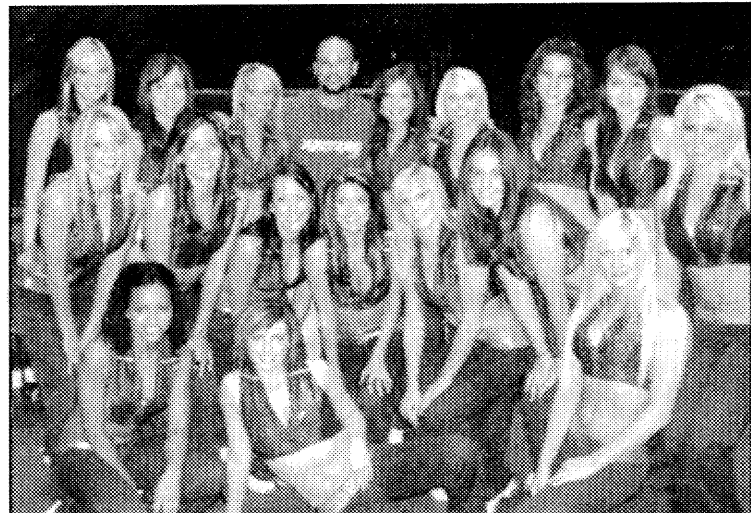
All Photos by: Trevor Elliott

**Fans will love the action.**

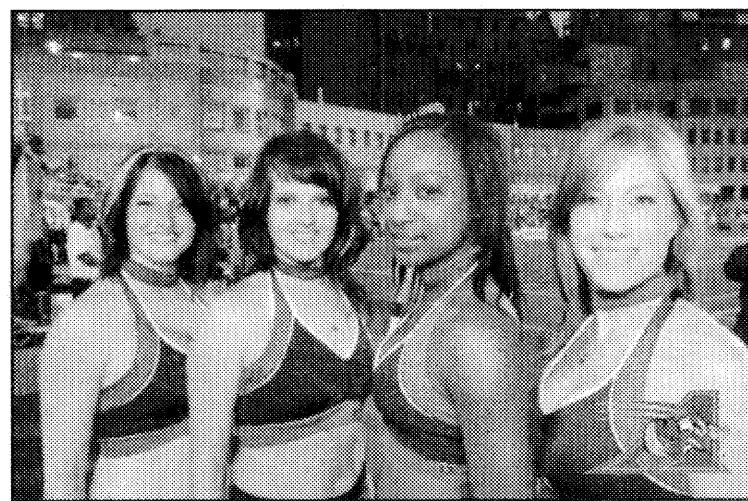
Grey Cup weekend is always a blast. It is a must attend for all sports fans as well as those who love to party. "I've partied all over the world," said Dwayne Sawchuk, "but Grey Cup is defi-

nately the best party that I've ever been to. I wish every weekend was Grey Cup weekend."

Check out the Nugget next week for photos from the 93rd Grey Cup weekend.



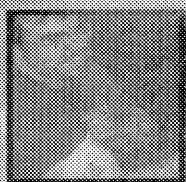
**Cheer team will be there in full force.**



**Alouettes will have their own support.**

**Tuesday  
November 29th  
4:00 p.m.**

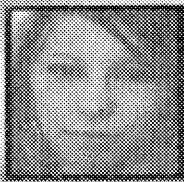
### Contestants



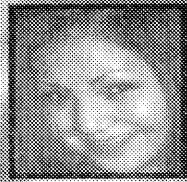
Troy Baum  
M.E.T  
Age:23



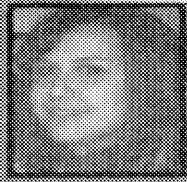
Janice Wilson  
Avionics  
Age:24



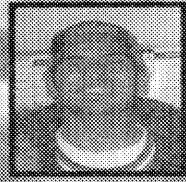
Tara Park  
Pre-Tech  
Age:21



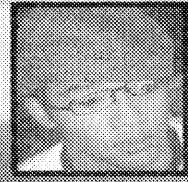
Melissa Blackman  
DMD  
Age:23



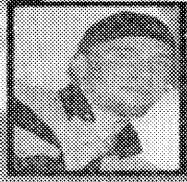
Candice Rozak  
Med Trans.  
Age:18



Kenny Wenger  
BA  
Age:20



Mark Abuan  
RTA  
Age:19



Bill Prystar  
Avionics  
Age:21

**Come watch  
students battle it out  
for \$1,000**

**\$3 cover @ the door**

Presented By: **Nail SA** **CANADIAN ROCKS** **JIM BEAM** **THE NEST**

Hosted by

**Yukon Jack**  
from  
**100.3 The Bear**



# ACAC Standings

As of Nov. 21

## MEN'S HOCKEY

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
Mount Royal	10	7	2	0	1	15	43	34	3 1 0	4 2 0
Augustana	10	6	3	1	0	13	41	32	2 2 0	4 1 1
SAIT	10	5	4	1	0	11	46	31	3 2 1	2 2 0
MacEwan	9	4	3	2	0	10	33	28	1 1 1	3 2 1
Concordia	11	4	5	0	2	10	33	40	4 3 0	0 4 0
NAIT	10	4	6	0	0	8	28	41	3 2 0	1 4 0
Briercrest	10	3	7	0	0	6	27	40	1 5 0	2 2 0

## WOMEN'S HOCKEY

Team	Games	Wins	Losses	Tie	OTL	Points	GF	GA	Home	Away
SAIT	8	6	1	1	0	13	42	18	3 0 1	3 1 0
Mount Royal	8	6	1	0	1	13	26	17	3 1 0	3 1 0
NAIT	8	5	2	1	0	11	23	21	2 2 0	3 0 1
Red Deer	8	4	3	0	1	9	18	13	2 2 0	2 2 0
MacEwan	8	2	6	0	0	4	14	25	1 3 0	1 3 0
U of C	8	0	8	0	0	0	8	37	0 4 0	0 4 0

## MEN'S BASKETBALL

North Division										
Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak	
Concordia	10	9	1	18	829	701	5 1	4 0	W1	
MacEwan	10	8	2	16	788	733	3 1	5 1	L1	
Lakeland	9	6	3	12	716	641	4 2	2 1	L3	
<b>NAIT</b>	<b>9</b>	<b>5</b>	<b>4</b>	<b>10</b>	<b>686</b>	<b>705</b>	<b>1 2</b>	<b>4 2</b>	<b>W1</b>	
Grande Prairie	10	3	7	6	772	794	3 3	0 4	L1	
TKUC	12	3	9	6	856	940	1 4	2 5	W3	
Augustana	10	1	9	2	665	798	0 5	1 4	L6	
South Division										
Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak	
Red Deer	8	7	1	14	629	515	3 0	4 1	W3	
Mount Royal	7	6	1	12	608	461	4 0	2 1	W3	
SAIT	7	6	1	12	580	442	2 1	4 0	W2	
Lethbridge	8	2	6	4	582	639	1 2	1 4	L6	
Medicine Hat	8	1	7	2	535	614	0 4	1 3	L2	
Briercrest	8	1	7	2	410	673	1 5	0 2	L3	

## WOMEN'S BASKETBALL

North Division										
Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak	
Concordia	10	8	2	16	681	567	6 0	2 2	L1	
TKUC	12	7	5	14	778	754	4 1	3 4	L1	
MacEwan	10	7	3	14	705	610	2 2	5 1	W1	
Augustana	10	5	5	10	634	649	2 3	3 2	W1	
Grande Prairie	10	4	6	8	664	729	3 3	1 3	W1	
Lakeland	9	4	5	8	629	670	3 3	1 2	W1	
NAIT	9	0	9	0	548	659	0 3	0 6	L9	
South Division										
Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak	
Lethbridge	8	7	1	14	531	451	2 1	5 0	W1	
Mount Royal	7	6	1	12	524	330	3 1	3 0	L1	
Medicine Hat	8	5	3	10	450	415	2 2	3 1	W1	
Red Deer	8	3	5	6	410	460	0 3	3 2	L1	
SAIT	7	2	5	4	393	427	0 3	2 2	W2	
Briercrest	8	0	8	0	330	555	0 6	0 2	L8	

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Dr. Hany Youakim, M.D.

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Saturdays: 9 a.m. to 4 p.m. Sundays & Holidays: closed

By appointment in the daytime.

Walk-ins welcome only after 5 p.m. and Saturdays.

## MEN'S VOLLEYBALL

North Division										
Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak	
MacEwan	10	8	2	16	24	7	4 1	4 1	W7	
NAIT	8	7	1	14	23	8	3 0	4 1	W6	
Grande Prairie	8	7	1	14	21	4	3 1	4 0	W6	
TKUC	10	6	4	12	20	14	4 2	2 2	L2	
Lakeland	10	3	7	6	12	22	2 3	1 4	L7	
Keyano	12	3	9	6	11	29	2 4	1 5	W2	
Portage	10	0	10	0	2	30	0 5	0 5	L10	
South Division										
Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak	
Red Deer	8	8	0	16	24	1	5 0	3 0	W8	
Mount Royal	8	6	2	12	19	8	2 1	4 1	W2	
SAIT	8	5	3	10	16	12	3 2	2 1	W1	
Briercrest	8	3	5	6	12	18	0 2	3 3	L1	
Lethbridge	8	2	6	4	6	21	1 4	1 2	L6	
Medicine Hat	8	0	8	0	7	24	0 4	0 4	L8	

## WOMEN'S VOLLEYBALL

North Division										
Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak	
MacEwan	10	9	1	18	28	7	5 0	4 1	W7	
Grande Prairie	8	7	1	14	22	7	3 1	4 0	W6	
TKUC	10	7	3	14	25	10	5 1	2 2	L2	
<b>NAIT</b>	<b>8</b>	<b>7</b>	<b>1</b>	<b>14</b>	<b>22</b>	<b>8</b>	<b>3 0</b>	<b>4 1</b>	<b>W6</b>	
Portage	10	2	8	4	10	26	0 5	2 3	W2	
Lakeland	10	2	8	4	7	26	2 3	0 5	L8	
Keyano	12	0	12	0	6	36	0 6	0 6	L12	
South Division										
Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak	
Mount Royal	8	8	0	16	24	2	3 0	5 0	W8	
Red Deer	8	6	2	12	20	9	4 1	2 1	W2	
SAIT	8	6	2	12	18	14	4 1	2 1	W6	
Medicine Hat	8	2	6	4	12	20	2 2	0 4	L2	
Briercrest	8	1	7	2	10	22	1 4	0 3	L3	
Lethbridge	8	1	7	2	5	22	0 2	1 5	L6	

### ATTENTION STUDENTS

Free PC  
Diagnosis  
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November 15 to  
December 9

In Room  
WA-316, the  
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Wed & Thurs  
4:30pm – 6:00pm

Fri  
1:30pm – 6:00pm

For questions or  
information, e-mail us at  
BAISTech@gmail.com

READS & NEEDS

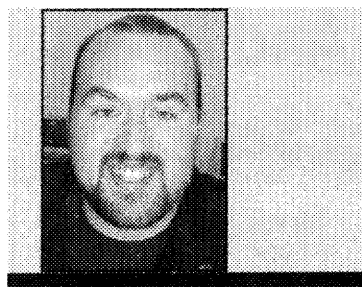
There may not be any snow today, but  
Christmas is only a month away!  
So make time to enjoy your holiday,  
Time to spend with family, and time to play!

Hear Ye! Hear Ye!

Tis the season to go shopping!  
Campus Reads & Needs means  
convenient and affordable Christmas  
shopping. Did we mention we have great  
gifts and Christmas decorations too?



# A new Rush in the Edmonton pro sports scene begins in January



By **TREVOR ELLIOTT**  
Sports Editor

A strange kind of sport lacrosse is. "What kind of sports is this?" Jesuit missionary Jean de Brebeuf must have thought when he saw the Huron Natives play it in the 1600s.

The sport of lacrosse was actually born in the 1400s and got its name when Brebeuf compared the playing stick, the competitors used, to the crosier carried at religious ceremonies by a bishop. The sport was played by Natives, not just for recreation, but to settle disputes and train warriors for combat.

The game has evolved by leaps and bounds in the past 400 years.

Games were played by as few as 100 and as many as 1,000 men and lasted several days. Play began at sunup and ended at sundown each day. Goals, consisting of rocks or trees, were generally 500 yards to a half-mile apart, but could be several miles apart. There were no sidelines and players raced far and wide over the countryside.

In the early 1800s, European settlers in Montreal took up the game. When the Dominion of Canada was created a decade later, lacrosse was designated - and still remains - the national sport. Canadians introduced the game to the United States, England, Ireland and Scotland. Today, lacrosse is played at home and in international competition by England and Australia, as well as the United States and Canada.

Lacrosse is actually a hybrid of football, hockey and basketball.

It has been called by the National Lacrosse League "the fastest game on two feet and is a grueling test of stamina."

Today, lacrosse has taken on a new look as a professional indoor sport. The National Lacrosse League (NLL), played its inaugural game back in Jan. 1987 under the name Eagle Pro Box Lacrosse League. The league changed its name to the Major Indoor Lacrosse League (MILL) in 1988. The NLL took its current name after the 1997 season.

The NLL is an indoor lacrosse league that is a hybrid of box lacrosse and field lacrosse. Box lacrosse is popular in Canada because it is played indoors within the confines of an indoor soccer arena, with glass intact, while field lacrosse is the popular style in the United States.

Each team plays with five runners per side plus a goaltender. With the style and physical nature of indoor lacrosse, many fans have likened the sport to being "like hockey, only with a lot more scoring."

An average of 25 goals is scored per game. Basketball lends rules to the sport such as the 10 second violation where teams must bring the ball over the half-way line within ten seconds and the over and back rule is enforced as well. Teams also have a total of 30 seconds to shoot the ball on net.

A face-off occurs as the start of every 15 minute quarter. If the score is tied after four quarters, the teams play 15 minute sudden death overtime periods. Unlike the NHL, there are no points awarded for losing in overtime.

Like hockey, minor and major penalties are handed out during play for various infractions including delay of game, elbowing, holding, illegal crosschecking, slashing, tripping, high sticking, boarding, face masking, fighting and spearing.



Get ready for the excitement of the NLL.

All Photos by: Lisi Monro

The NLL brings its game to Edmonton with the inaugural season of the Edmonton Rush. The season starts in January and runs through April. Each of the 11 teams plays 16 games and all games are played on the weekend.

"To have been given this opportunity is a dream," states Director of Lacrosse Operations Ahmed Johma. "The game of lacrosse is great. I have been involved with the game in all aspects, player, coach and manager. I look forward to continuing the tradition of great sport teams in the City of Champions."

The NLL will change the landscape of professional sports in the City of Edmonton. The Edmonton Rush will rock Rexall Place on January 6 as they host the San Jose Stealth for their inaugural game. Fans can find weekly coverage of the Rush right here in the NAIT Nugget.



NLL will be fast and furious.

## Ook Tracks

### Men's Hockey

Last Week: Traded home wins with SAIT winning 4-1 on Nov. 18 and losing 12-2 on Nov. 19.  
Coming Up: Bye Week

### Women's Hockey

Last Week: Tied SAIT 2-2 on Nov. 18. Lost to SAIT 6-3 on Nov. 19.  
Coming Up: Host U of C on Nov. 25 at 7 p.m. Visit U of C on Nov. 26.

### Men's Basketball

Last Week: Defeated Lakeland College 72-71 on Nov. 18.  
Coming Up: Visit MacEwan on Nov. 25 at 8:30 p.m. Host MacEwan on Nov. 26 at 7 p.m.

### Women's Basketball

Last Week: Lost to Lakeland College 86-73 on Nov. 18.

Coming Up: Visit MacEwan on Nov. 25 at 6:30 p.m. Host MacEwan on Nov. 26 at 5 p.m.

### Men's Volleyball

Last Week: Bye Week  
Coming Up: Host MacEwan on Nov. 25 at 8:30 p.m. Visit MacEwan on Nov. 26 at 7 p.m.

### Women's Volleyball

Last Week: Bye Week  
Coming Up: Host MacEwan on Nov. 25 at 6:30 p.m. Visit MacEwan on Nov. 26 at 5 p.m.

### Curling

Last Week: Competed in the first ACAC regional of 2005/06. The mixed team finished first in their division with a 6-0 record. The men also finished first with a 6-2 record. The women finished fourth with a 3-3 record.

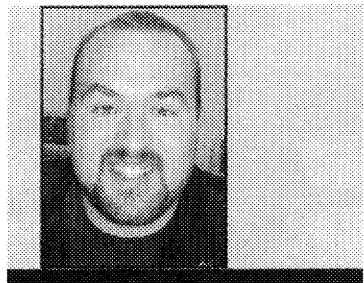


Players fight for their right to play for the Rush.



# Four Downs

## They're just poor sports



By **TREVOR ELLIOTT**  
Sports Editor

Oven the past century, many disturbing incidents have happened in the world of sports. This week, Four Downs takes a look back at four of the most disgraceful incidents in sports history.



### Pacers-Pistons Brawl

Thumbs down to the Pacers and Pistons for their involvement in one of the ugliest spectacles of unsportsmanlike behavior in NBA history.

On Nov. 19, 2004, at the Detroit Pistons Palace of Auburn Hills, Michigan, Indiana Pacer Ron Artest and head coach Stephen Jackson charged into the stands and fought with fans in the final minute of a Pacers' 87-82 victory.

The ruckus began when Detroit's Ben Wallace went in for a layup and was fouled hard by Artest from behind. After the foul, Wallace wheeled around and pushed Artest in the face. The benches emptied and the brawl began.

As the players continued to brawl near center court and coaches tried to restore order, Artest sprawled out on his back on the scorer's table, looking relaxed.

Just when it appeared tempers had died down, Artest was struck by a cup and beverage thrown from the stands. He jumped up and charged into the stands,

throwing punches as he climbed over seats.

Fans were punching back and Jackson and another teammate joined Artest in the melee.

Security personnel and ushers tried to break up the fighting. Former Pistons player Rick Mahorn, who was seated courtside as a Detroit radio analyst, tried to stop the brawl in the stands.

Later, a man in a Pistons jersey approached Artest on the court, shouting obscenities at him. Artest punched him in the face, knocking the man to the floor before leaving the court. Artest was pulled away and the fan charged back. Jermaine O'Neal stepped in and punched the man.

The game was stopped by officials with 45.9 seconds remaining after pushing and shoving headed into the stands once fans began throwing objects at the players near the scorers table.

After several minutes of fighting with spectators in the stands, a chair, beer, ice and popcorn were projected at the Pacers as they made their way to their dressing room.

"It's the ugliest thing I've seen as a coach or player," said Pistons coach Larry Brown, who was in the middle of the confrontation, trying to break it up.

"I felt like I was fighting for my life out there," Pacers coach Rick Carlisle said. "I'm sorry the game had to end this way."

Commissioner David Stern called the incident "shocking, repulsive and inexcusable."

As punishment, the NBA handed Wallace a 6-game suspension, O'Neal a 25-game suspension, Jackson a 30-game suspension and Artest a 73-game (remainder of season) suspension.

A year later, it's good to see that the league has been able to move on and most fans have put the

incident in the back of their mind. Let's hope we never see another incident such as this.



### Liverpool & Juventus Riot

Thumbs down to soccer fans who rioted during the European Cup Final in Brussels on May 29, 1985.

The two sets of supporters had spent the day drinking in the Belgian city and had arrived at the Heysel stadium waving flags and chanting.

But shortly before kick off the atmosphere turned violent and Liverpool supporters stampeded through a thin line of police towards the rival fans.

As the Juventus fans retreated, a wall collapsed under the pressure and fans were crushed and trampled to death in the panic.

Police at the scene were unable to contain the violence and riot police were called in to diffuse the situation.

As the full extent of the tragedy unfolded, the Red Cross moved in to treat the injured in tents set up at the scene. A priest was also called to give the last rites.

There were 58,000 fans in the stadium. 35 died and over 350 were injured.

Despite protests from both team managers, the game went ahead with Juventus winning 1-0 thanks to a second half penalty.

Trouble had been reported since the two sets of fans arrived in the city. There were reports of stabbings and police numbers were dramatically increased to separate the fans.



### Columbian Soccer Extremist Humberto Muñoz Castro

Colombia was a strong soccer club who was expected to advance far into the 1994 World Cup. They met USA in a



Columbians remember Andres Escobar.

first round game June 22 at the Rose Bowl in California. While tied at one goal apiece, Colombian defender Andres Escobar inadvertently scored an own-goal to put USA ahead. The shock result sent the USA into the second round and eliminated Colombia from the tournament.

All the blame was put on to Escobar but even if he hadn't been there USA would have still scored.

Scottish football pundit Alan Hansen was forced to apologize after stating in his post-match analysis that "the player ought to be shot for making a mistake like that," a (perhaps worryingly) common expression in Britain.

The world was rocked when, ten days later, back home in Medellin, the 27-year-old defender was shot 12 times in the chest, execution-style, by the bodyguard of angry fan Humberto Muñoz Castro.

"Thanks for the goal!" he snarled and exclaimed "goal" for each of the 12 rounds that shot Escobar dead.

Castro is currently serving a 42 year prison sentence but it hasn't been totally dismissed the possibility that the slaying was ordered by Mafiosi who may have lost millions in bets as a result of Escobar's error.

The death of one of Colombia's most promising players certainly had an impact on the team and has forever put a black mark on the sport of soccer.



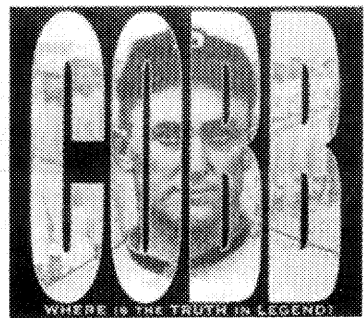
### Ty Cobb attacks fan with no arms

On May 15, 1912, Detroit Tigers' centerfielder Ty Cobb attacked Claude Lueker, a New York Highlander fan who had been verbally

sparring with Cobb.

In the third inning a particularly taunting remark, especially to a man who grew up in a segregated South, sent the outfielder on a rampage. He charged into the stands and viciously beat Lueker, who could not defend himself - he had lost a hand in an industrial accident. American League President Ban Johnson, who was at the game, suspended Cobb on the spot.

The other Tiger players, in support of Cobb, refused to play without him. Having anticipated this move, Detroit manager Hugh Jennings had semi-pro players ready to fill in. After losing 24-2 to the Philadelphia Athletics, the



team was called together by Ban Johnson. He warned them if they did not play their next game (against Washington), they would never play baseball again. The players returned to the field after being urged by Cobb not to strike. These four events have darkened the sports world forever. No one ever wants to see this happen again. It puts professional sports into context. People are passionate about the game but under no circumstances should results be more important than human safety. The world must learn from these dark hours and ensure that safety at sporting events is prioritized.



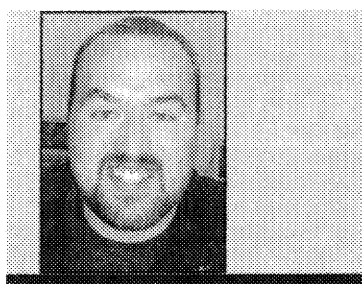
Officials attempt to control basketball brawl.



Riot police break up soccer riot in Brussels.



# NAIT curler impress at regionals



By **TREVOR ELLIOTT**  
Sports Editor

Could this be a banner year for NAIT Curling coach Jules Owchar and his group of young budding curling stars?

Concordia University College hosted the first regional of the 2005/06 season at the Jasper Place Curling Club Nov. 18-20.

With a group of only five returning players, the NAIT curlers dominated the men's and mixed division while making a respectable first impression in the women's division.

Second year veterans Colin Huber, Candace Wawechko, Kyle Richard and Sarah Domes were unstoppable in the mixed division as they trumped every team they faced. The team now leads the ACAC with a well deserved 6-0 record.

Returnee Shane Pacholok skipped his men's team of Matt Yeo, Jessi Wilkenson and Neil Bartrud to an outstanding 6-2 record. The men currently lead the ACAC with one regional left in February.

Kelly Erickson, Jennifer Pinkster, Ashley Ferguson and Brittany Miller fought their way to a 3-3 record in the most competitive women's division in recent history. The team is in excellent position to clinch a provincial play-off spot in February.

"This is the best girls' field that I've ever seen," said coach, and ACAC Curling Convenor, Jules Owchar. "Three of the two bottom teams beat the top ones. This year

all the ladies in the women's division and in the mixed division were good.

"This is what you like to see, as an organizer, that all the teams are battling and no two teams are running away with it. It's great for the kids, knowing that every game means something."

The second ACAC curling regional will be hosted by MacEwan College Feb. 3-5, 2006.

## ACAC Curling First Regional Results Nov. 18-20, Jasper Place Curling Club

Women	W	L
Lakeland	4	2
GPRC	4	2
LCC	4	2
NAIT	3	3
RDC	2	4
AUC	2	4
SAIT	2	4

Men	W	L
NAIT	6	2
SAIT	5	3
MacEwan	5	3
GPRC	4	4
Lakeland	4	4
RDC	4	4
AUC	3	5
OC	3	5
LCC	2	6

Mixed	W	L
NAIT	6	0
SAIT	5	1
MacEwan	4	2
RDC	4	2
LCC	3	3
GPRC	2	4
AUC	2	4
PC	1	5
CUCA	0	6

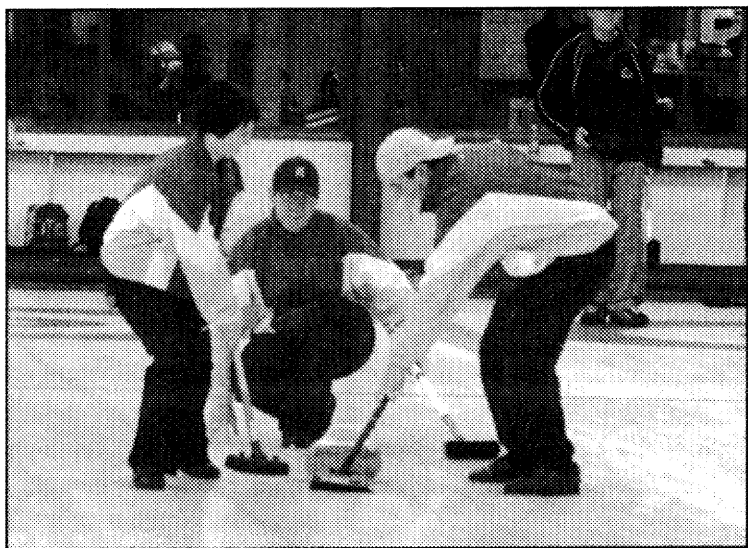


Photo: Trevor Elliott

NAIT mixed curling team dominated the competition.

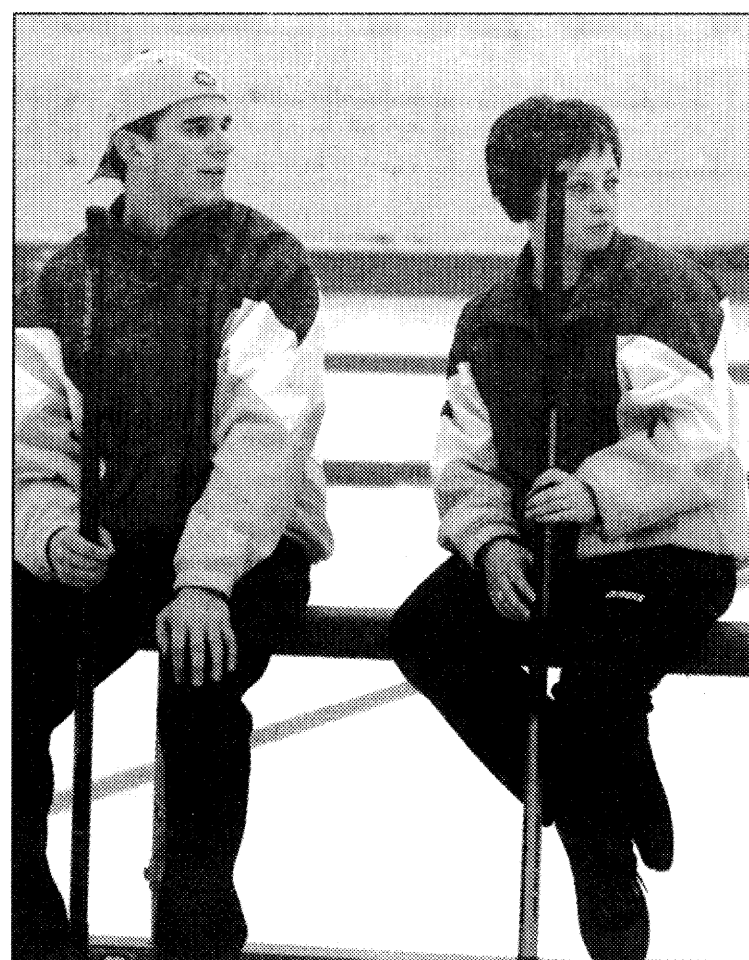


Photo: Trevor Elliott

Kyle Richard and Sarah Domes eye up the competition during the Concordia Bonspiel Nov. 18 to 20.

## MATURE STUDENTS

Inviting all adult students who are returning to school to meet for an informal coffee.



**Wednesdays**

**7:30 -8:00 a.m**

**Common Market**

Main cafeteria/South Lobby

For more information contact  
Student Counselling, Room 0117

## Be a Volunteer This School Year

### On Campus Volunteer Opportunity:

On December 3, NAIT is hosting its annual **Kids Christmas Party**. Volunteers are needed to help with face painting, ticket taking, assisting in the craft area and at the fishing pond. If you are interested in helping out, please contact **Norine at 471-7713** or stop by the Student Services office in E-134.

### Off Campus Volunteer Opportunities:

**The Centre for Family Literacy** is currently recruiting volunteers for Adult Tutors. Volunteers interested in this position must have completed grade 12 or be proficient in reading and writing. Being patient and reliable are also valuable assets. Contact **Violet Poon at 421-7323** for more details.

**Networks Activity Centre** is looking for volunteers who like playing pool, crib and other social activities. This weekly volunteer activity is located close to NAIT, for more information about becoming a Social Volunteer, please contact **Darlene at 479-1757**.

**The Youth Emergency Shelter** is looking for volunteers who like to wrap Christmas presents! From December 1 to 24, volunteers are needed at Mill Woods Town Centre to wrap gifts, shift times are 5-9 p.m. weeknights and flexible on the weekends. Help give youth at risk a chance! Contact **Melanie at 468-7186 ext. 234** for all the details.

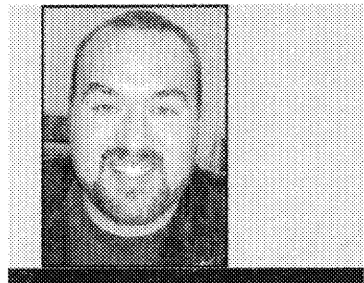
**The Mill Woods Family Resource Centre** is now recruiting volunteers for the following positions: Marketing Assistant and Homework Club Tutor. Please contact **Amanda at 413-4521** for all the details around these rewarding positions.

**Crime Stoppers Association of Edmonton and Northern Alberta** is now recruiting a volunteer for a **Clerical Assistant for Gala/Annual Giving Campaign**. Your duties would include entering donor information into a donor tracking system, assisting in mailouts to donors and sponsors, help at reception and securing items for a silent auction. If you would like to learn about this opportunity, please contact **Flavia at 425-8839**.

If you are interested in any of the volunteer opportunities listed above, please contact Shannon at [naitsavc@nait.ca](mailto:naitsavc@nait.ca) or 491-3966. Stop by the NAITSA Volunteer Centre in E-133 for all the details.



# Dodgeball hit home



By **TREVOR ELLIOTT**  
Sports Editor

"If you can dodge a wrench, you can dodge a ball," said Patches in Dodgeball -A True Underdog Story.

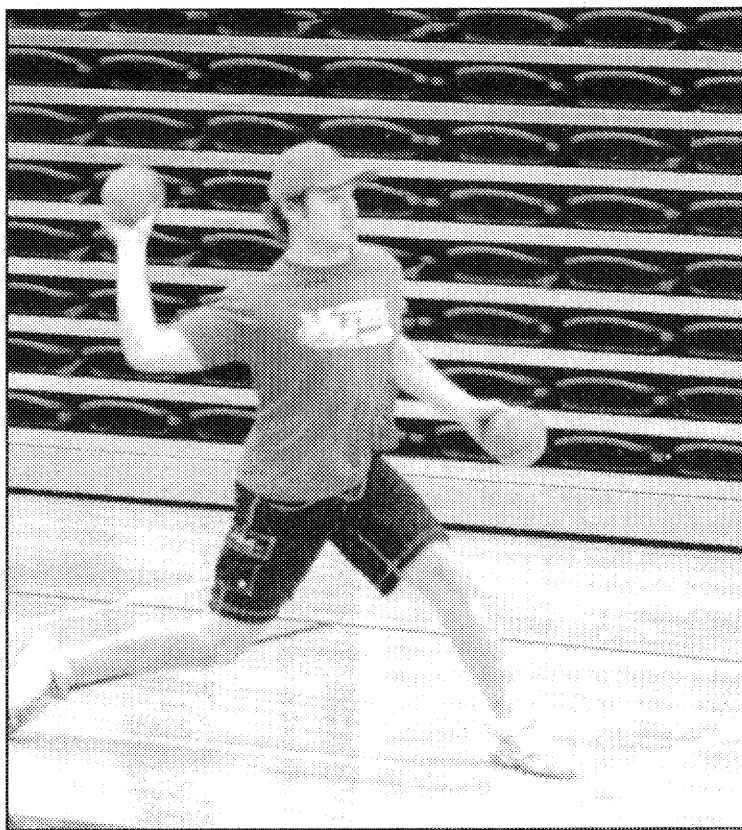
Students demonstrated the five "D's of dodgeball (dodge, duck, dip, dive, dodge) during a tournament held in the NAIT Gym on Nov. 19.

The tournament was held as a fundraiser by the Instrumentation Technology Student's Club. Second year student Duane Kimbel, sports representative of the club, engineered the tournament after watching the movie Dodgeball.

The club hosted 11 teams out of a planned 16. "I was hoping for 16, but with the 11 that are here, it's an awesome turnout," said Kimbel.

The action was fast-paced and extremely competitive as the teams vied for the grand prize of a \$75 gift certificate to Boston Pizza.

"It has gone really good," said Kimbel. "The teams are awesome. Most everybody is playing fair



A dodgeball player fires at tourney.

and following the rules.

"We have been playing with rules that I got from the National Amateur Dodgeball Association and simple rules that I got off the movie.

"We're going to walk away with about \$100 for the club, but I really didn't do this for the money. It really wasn't much of a money maker since I had to pay for

prizes, balls, the gym, advertising, etc. Just the experience was awesome. Just to have our name in there and to have fun.

This was a lot of work and effort to organize, but it was well worth it. If other technologies want to take the time and effort into organizing something like this, I would definitely recommend going for it."

# The Poker Revolution

By **JASON JONES**

See those guys in the cafeteria playing poker at lunch? Well, they're not as weird as you may first think. Poker has exploded all over our TVs, computers and mainstream lives. If you don't know of a group of people who get together to play poker, then you're probably intentionally not invited.

You'd have to be living under a rock (and if you are then you should think about moving) not to notice the poker revolution. Even celebrities have gotten their hands dirty and put on the sunglasses indoors in order to add to their piles of money in which they sleep in. For all of us normal students though, what's the deal with poker?

Taz Dhariwal, who plays online, knows people who have quit their job to play professionally. They have studied game theory and play non-stop. For normal students, who are still students because they are counting on making more money in a trade (smart!), Taz thinks that poker is popular because - it's something people can do together to hang out." But why are people laying down their chips now?

Amanda Almeida said that "it's because of celebrity poker on TV" while Tina Heydanus

said "I play cause I want to win." Bekki VanApeldoorn said that "since there was no hockey last year, people watched poker." Somehow, the major TV sports networks decided that poker was a bona fide sport when they were lacking programming and people really got into it.

VanApeldoorn said that she got into it because "watching it on TV makes me want to play it." She said "I can do that" when she watched the typical players win big money, partly on luck and partly on skill (you decide what's more important). It seems that a lot of people have said "I can do it too" because more and more people are catching on to the craze.

Nathania Rogers said "I play every day either on-line or with friends." She said that her friends get together so much that they have a weekly newsletter sent off to 20 people that documents the week's winners and upcoming schedules.

Whether you're playing because it's fun, you want to win big money, kill some time, or even appear in the latest cool newsletter, poker just might be on your agenda the next time you get together with your friends. Who knows? Maybe you can get your lunch paid for, win some beer money, or even start paying back your tuition.

**An Above The  
Sheets Adult**

**SEX  
GAME!!!**

Sexual pursuit is  
happening in  
The Nest  
Thursday, Nov 24  
4:30pm!!  
\*Celebrity Host  
\*Titillating prizes!!

## STUDENT SUCCESS SEMINARS Room X111

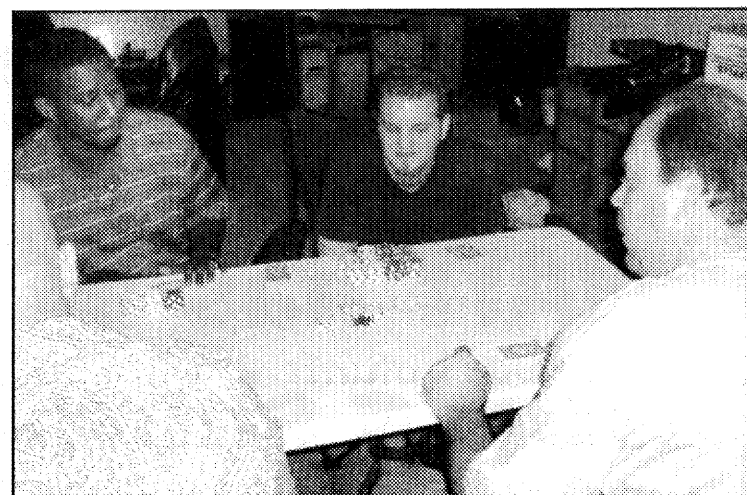
SESSION	DATE	TIMES
GET MOTIVATED!	Thursday, Nov. 24 <sup>th</sup>	11:15 to 12:15 <u>or</u> 12:15 to 1:15
STUDYING MATH FORMULAS	Tuesday, Nov. 29 <sup>th</sup>	11:15 to 12:15 <u>or</u> 12:15 to 1:15

All sessions are free and on a drop-in basis.

For more information contact the

**STUDENT COUNSELLING CENTRE**

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George and Lyle Term, Alonzo Osiekhan, and Paul Duncan played a penny-nickel game.

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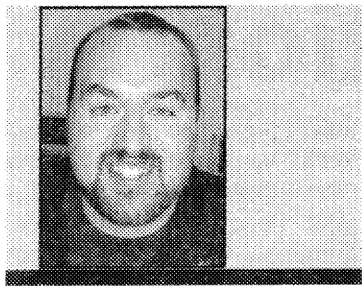
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# Lady Ooks find success on the ice



By **TREVOR ELLIOTT**  
Sports Editor

The Lady Ooks hockey club has continuously improved over the past three seasons.

This season is no different, under the tutelage of the well-respected head coach Keith Garner, as well as an outstanding support staff, the Lady Ooks are well on their way toward their best season in the history of the program.

Through eight games, the team has been firing on all cylinders, with a 5-2-1 record. The Lady Ooks are third in the ACAC, just one game behind SAIT and Mount Royal.

The Lady Ooks have a number of outstanding offensive players. Among them, Miranda Miller may be the most explosive. Mac-Millan has scored seven goals through eight games and added six helpers. Ashley Sochatsky has also been impressive with six goals and six assists.

Goaltending has also been outstanding for the club. Kristen Sugiyama and Erin Wilde have combined for a 2.63 GAA and five wins through eight games.

The play of Danielle Pruss, Kori McEwan and Stephanie Newnham has been a terrific surprise. All three have stepped up and have played with grit and intensity when needed. "They go out there, they get their short shifts and they work hard," said Garner. "They've done what we've asked them and played the system well."

The one glaring Achilles heel of the team is the discipline of its players. The Lady Ooks are the most penalized team in the league so far this season, averaging over 11 penalty minutes per game.

Perhaps the most obvious cause of penalties stems from the team's lack of true defensive players. Because of this, Garner has had the daunting task of converting some forwards to defense.

Kerry McDonald is one of the players who have been heavily relied upon to lead the defense. McDonald has had to learn positioning and defensive strategy on the fly and as a result, has tallied a 41 penalty minutes. "She plays tough and she plays rough and occasionally she gets her shoulder down and an elbow up," said Garner.

The top quality goaltending has allowed the defense to learn their positions and has bailed the team out of numerous threatening situations.

The Lady Ooks tied league-leading SAIT 2-2 on Nov. 18 and were defeated 6-3 on Nov. 19 at home. The loss was the team's second of the season. Both losses have come at home.

"Perhaps, we could have been better prepared," said Garner. "They jumped on us early. We tried to battle back. We would get a goal and I thought we were building momentum but it just wasn't meant to be."

"Throughout the season, we've been able to put the puck in the net pretty much whenever we've wanted. Tonight was a bit of a setback, but you need to have those games early in the year and feel the sting of defeat."

What can fans expect to see from the club in the near future? "We play the University of Calgary next week," said Garner, "and you'd hate to be the ones to give them their first victory. We're going to come out and just practice harder."

"Hopefully we can go out and get a couple of wins next week, to boost our confidence a little bit. I thought we panicked (against SAIT) a little bit and slapping around at the puck. We need to regain our composure."

Come out and support the Lady Ooks as they host the U of C on Nov. 25. Students receive free admission when they show their student ID cards.

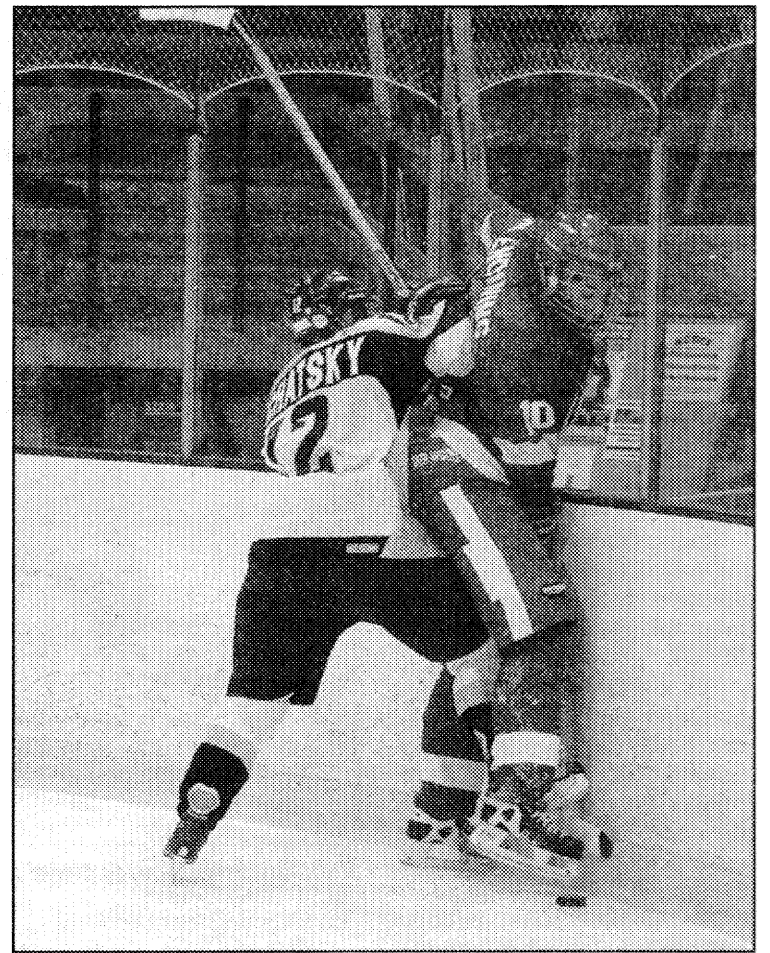


Photo: Teagan McMartin

A Lady Ouk battles for the puck in the corner.

# YES!

## NAIT has a news show

AND we want YOU to watch it!



**SUNDAYS AT 5:30 PM**

**Shaw Cable**

**See the new face of NAIT!**

# nait factor

**LIVE AT THE NEST**  
**Tuesday, November 29th**  
**4:00 p.m.**

### Contestants



Troy Baum  
M.E.T.  
Age:23



Janice Wilson  
Avionics  
Age:24



Tara Park  
Pre-Tech  
Age:21



Melissa Blackman  
DMD  
Age:23



Candice Rozak  
Med. Trans.  
Age:18



Keriny Wenger  
BA  
Age:20



Mark Abuan  
RTA  
Age:19



Bill Prystar  
Avionics  
Age:21

### Hosted by

**Yukon Jack**  
from  
**100.3 The Bear**

**Come watch students battle it out for \$1,000**

**\$3 cover @ the door**

Presented By...

**NAIT SA**

**CANADIAN ROCKS**

**JIM BEAM**

**THE NEST**



# GRAPEVINES

**(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to: [nuggetgrapevines@hotmail.com](mailto:nuggetgrapevines@hotmail.com))**

Last week, I read the Grapevine. To all the messages that began with "to the cute blonde girl..." (You know the type of messages I am talking about!), I have read many messages (the one day I read the Grapevines) complaining about these messages, "Don't be a loser" also saying "This is pathetic." Your comments, I agree with them. Although the people who do leave messages "like that" do not know any better. So complaining may make them feel bad about themselves...or not. People who write those messages are probably having a hoot that their message actually got into the Nugget.

I am a firm believer of freedom of speech and I also believe that freedom of speech is an opportunity, but it can be used wrongfully to the point where it is offensive to other people. I must say that I cannot read the Grapevine without being offended. So my rating of the Grapevines is a negative then. Which would equal to a negative amount of popcorn, I guess in this situation, the Grapevines would owe me popcorn for reading it. The atmosphere of the Grapevines is quite terrible. I know I am not really helping by submitting such a poor review. I realized again the day I read the Grapevines why I always skip reading the Grapevines. Sorry for this poor review. (I know the people at the Nugget do a lot of work). I guess the Grapevines is for everyone at NAIT to submit comments. So, I can change what the Grapevines say by submitting non-sexual comments instead of no comments at all. I encourage others to do so as well.

You know what really grinds my gears? Dink touchers that waste the space in the Nugget Grapevines with requests for roommates, half a page rants about a Paris Hilton wannabes and not to mention the guy who thought it was important enough to waste half a page of Grapevines on some girl that looked at him with a poem. Maybe try talking to her and she might touch your leg (at that point, you would spooze in your pants anyhow), but quit wasting the editors', readers' and participants of the Grapevines' time. And that people is what really grinds my gears.

Alberta Self Defence Training Seminar  
- First three modules  
Saturday, Nov. 26, 2005 10 a.m. - 2 p.m. Here at NAIT, Room S112 (by The Nest) Sign up at [alberta\\_self\\_defence@yahoo.ca](mailto:alberta_self_defence@yahoo.ca)

To the blonde sitting across from me on the number nine bus going north at 7:45 on Friday morning: would you like to go for coffee sometime?  
- A shy guy

Ok, I'm just wondering who is in charge of the upkeep of the annex, because it's getting a little out of hand. I can handle the fact that the walls are about to collapse from old age or poor construction, but when I walk into the bathroom and I feel like I'm gonna spew, something isn't right. I'm just curious what the price of a urinal cake is? Can't be that much. Just a couple air fresheners...is that too much to ask? I guess so.

So Emerson Drive was pretty damn good when they came to the Nest a couple weeks back. So was Gord Bamford. So was everyone else that has ever come to the Nest for a show.

I love going to concerts at our little lounge and it's not just because it's close enough that I can stumble home. For those of you who've never been to a concert at the Nest, check it out sometime. My only problem is that it seems like the only time a country act will come is during rodeo week; the same was true last year when Doc Walker came to town and put on a great show. I honestly think that if you got another country act (like Corb Lund, Aaron Pritchett, Aaron Lines, just to name a few) you'd have just as good a turnout as you did with Emerson Drive. This is NAIT. A lot of students are from the country and a lot more like country music. I think I heard that that concert sold out completely. I saw first-hand how a good act can pack that place more than a few times. If you don't think enough students would be interested, just ask and they'll tell you. If I'm wrong, so be it. But I hope there's still gonna be a lot more killer shows in there in the next five months. Keep up the good work guys!

P.S. doubles of Jim Beam for \$5 was the greatest idea ever.  
- Party guy

Weirdest thing a guy has ever said to me: "I'll shave my beard for you."  
Hot boys in EDDT.  
- Stone-fox

What's up with Swiss cheese, it costs more and it's full of holes. Who are these people trying to kid? Not me.  
-Mozzarella Maniac

Hey Katie, it's a bloody chair, don't worry about it.  
- Chair thief

So what is it, new or improved, cause it can't be both, really.  
- Billy Bob

To the guy in the Annex that wears his sunglasses inside: seriously your future isn't that bright and you aren't blind, so "cool guy," take 'em off.  
- T'd off tech.

To the douche bag that drives a red Grand Am that just about side swiped me on 82nd Street and takes classes at the Annex: it's drivers like you the make Edmonton motorists look bad. The next time you cut me off, I will make you eat that damn steering wheel!  
- Neon Boy

To the blond girl that I talked to on Nov 16: You are the most beautiful, smart and friendly person I have ever met. Girls like you come once in every thousand years. I want to say a poem for you:  
People say that you're happier not knowing anything.  
But I'm sure that I won't be satisfied.  
/ Just want to live the life that I chose, that's all. / Your speed is similar to mine. / I have become afraid of that blinding sky. / How much longer do I have to keep trying? / The two of us together can do things without quitting.  
- Mu-La-Flaga

Problem # 4: Bytes  
Ok, I was really hungry and I wanted a quick bite so I grabbed an egg salad sandwich, then I decided not to buy it only to realize that it costs \$3.95. What in the fuck? A freaking slice of bread is worth 20 cents or less, the egg itself is around 50 cents, labour is \$1. Better yet, the rip off items also applies to Common market, Fresh Express, the Bistro.

For some reason, the quality of Tim Horton's coffee sucks. I ordered an extra large triple triple and two hours later, I ended up watching the insides of my eyelids...then again, it's prob-

ably just me.

Next Week: Problem # 5 Reads & Needs  
- Nugget Boy

What's with the Grapevines? Half of it was a poem about meth? Gimme a break here, I have enough sense not to touch drugs, so don't waste space on a useless poem and use that space for more valuable comments that make fun of people...and to whoever complains about a rusty weight bar in the fitness room: does the bar not function as it should when it has rust on it? I mean, it should still work the same way as a normal bar, suck it up!  
- O'Doyle Rules

Waterlogged,  
Hmm, you said I have no life because I replied to you in the Nugget. However, your replies to my letters show your life must be just as pathetic as mine and everyone else who writes into the Nugget as well. (Hypocrite) If you really think you're that much better than me, don't waste your time writing back. And yes, my letter was long. Perhaps I should have kept it as short as yours - a difference of about one sentence. (Hypocrite) As for the rest of your endless rambling, it's funny how similar your letter is to the one I sent to you. "I don't need to insult you because you do it yourself," etc. If you're not spending the entire time swearing, do you need to copy what I said to you? But, you know what they say, imitation is the highest form of flattery. I'm flattered.  
- Amused

I think this B.C. pre-tech guy is super cool. If you figure out who this is, e-mail me! LuLu007136@hotmail.com

Quit dumping on B.C. B.C. boys don't need big trucks. Why? Because they have big trouser snakes! Muwahaha.  
- I'm doing Alberta's daddy, The United States.

To the mad CST whacker: the CST project rooms are for work...not for looking at porn and whackin' it! Perhaps school isn't the best place for your lunchtime one-some?

To the guy with the glasses who is so tall and drinks a frozen hot chocolate everyday! I think your name starts with a G. I'd love you to meet me in the Shaw Theatre bathroom ~ Love Ted

To whoever chose to put the long boring poem about meth in last week's Grapevines: thanks for ruining my day...I read the Nugget for the sole purpose of laughing at the idiots...not to read a stupid poem that I have read 500 times because it's a constant forward I receive in my e-mail...I better not read any sappy "OMG, I loved the poem" comments in this week's edition!

Did you enjoy the ass banging you received Sunday B.C.! Eskies kick ass!

To the B.C. guys I see wearing cowboy boots...you guys look like idiots...thanks for looking lame and making us Albertans laugh!

Hey, this is to everyone in the Tower: when you are at school, turn your fucking cell phone ringers off...I know you want to make it look like you have friends and try to impress people with your Black Eyed Peas ring tones and other outdated number one hits...so, letting you know new phones have a thing called vibrate. If you don't know how to use it...I am sure your moms can teach you all about how to use vibrating objects.

I wanna travel the world...with a beautiful lady...maybe one of you

lucky ladies at NAIT could be that special one...we could have long walks on the beach and candle lit dinners and we could make love next to the fire place...and be together forever...forever together.

For those who are complaining about the wheelie bags and the noise they make, give it a break already. Try lifting 150 lbs of text books and binders on your back for eight hours a day and tell us how your back feels. Plus, most of us actually need all those books to pass our courses, unlike those who are studying to work at McDonalds one day. And as far as the noise they make, so what! Why not complain about people talking in the hallways or people that have high heels on. Same shit, different pile. The bags are here to stay so grow the fuck up and talk about something worthwhile.  
- Owner of a wheelie bag

This is to the hot blond girl with the eye brow ring that I have seen recently in the Common Market...Girl, you know you're fine and I know you're fine, but for the love of God, please take off those granny panties! All three times I saw you, you made my Johnson go limp. Someone as hot as yourself should not be wearing those diapers. If you want, we can go to La Senza together across the street and I will buy you as many thongs as you want, 'cause I'm a baller like that.  
- Holla@Aballa

Hello, my name is Jordan. I am very shy and very lonely. Because I stay late studying every night, I am looking for a girl to provide a diversion from my otherwise monotonous life. I enjoy long walks and candle lit dinners. Once you get to know me, you'll find that I am a very intellectual and romantic guy. If you would give me the chance, I'm sure I could be your knight in shining armor and sweep you off your feet. If you're at all interested, please reply to me through theGrapevines.  
- Love, Jordan (The Bunninator)

What is with all the creepy poetry trying to attract women? Do you people honestly think that writing a haiku about how you watch a girl sleep will somehow make her like you? Please tell me I'm not the only one creeped out. Blech.  
- Jordo

To Sheena, the beautiful judge for Idol in the North Lobby on Nov. 10 - I think you're dead sexy. I was wondering if we could get together sometime? We could go to the Nest, play some pool and get a bit to eat, so we can get know each other. From one of the contestants of Idol. A.K.A. The North Lobby Rocker - Boxer808@hotmail.com

To guy in PNT at the Annex with the hot accent. I think your name is Warn or Warren. But anyways, I have been noticing you since last year and I can't resist any longer. I thought I could make through two years in the same building with you then forget about you when I leave, but I can't take it anymore. You are foremost of my thoughts every day and every night and it's driving me crazy. You may of seen me gazing at you, I'm always watching you. I'm hoping to see you latter! Please help me out and make a move 'cause I am too shy.  
- Girl going Crazy

Fuck will I be glad to be done at this shit-hole. Maybe it's just me, but with the amount of money that NAIT has, one would think they could at least clean a fucking bathroom or two!  
-Aard-Vark-Shark

To all you Albertans: You say B.C. boys are cocky, but we say what? It ain't bragging mother fucker if you back it up.

B.C. is undoubtedly the best province in Canada. We have every reason to bitch about this shitty wasteland that

you guys call a 'province.' If you red-necks don't like us B.C people because we aren't missing any teeth and don't have sex with our cousins...then so be it.

- I can't wait to get out of this shit hole

If you hate Alberta so much, why are you getting educated here?  
- Editor - person originally from B.C.  
- Alberta appreciator

Dear Peter-Built,  
My Pa said I wasn't allowed to give out our phone number until I knows for sure you's single...I still ain't sure if ya taken yet hun.  
- Hopeful J. Deere Babe

Dear James,  
You make me so hot when you sit next to me in class. I think we should hang out some time. You know who I am. Love your secret admirer.  
P.S. your mom says hi.

## Classifieds

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# THE BACK PAGE

## Car Talk: Tokyo Car Show



By CHARLES NOBLE

**2006 Volkswagen EcoRacer**  
**Top Speed: 230km/hr**  
**Time to reach 100km/hr: 6.3 seconds**  
**Engine: Mid Located 3.4L**  
**Inline 4 Cylinder Turbo Diesel**  
**Weight: 850kg**

This car is made to move fast with the carbon fiber body making it extremely lightweight and the styling is pretty good too. VW doesn't shy away from its innovative design when it comes to diesel engines, or the body of this unique car.

With the engine location being in a better location for equal weight distribution this car can really take those turns without worry of spinning out, either over or under turning. I'm not sure if this is a front wheel drive or rear yet, but knowing VW's style, it's a front wheel drive. I bet this fast sucker doesn't leave you refilling your tank a lot either.

They're not just about speed, but economy also with that diesel tank. The turbo is a nice touch from the R&D (research and development) at Audi/VW added to this four cylinder engine. I did some rough calculations and this engine produces about 133.8688hp not sure if this would be at the wheel or not. For all you real enthusiast out there you know a truly impressive VW, the W12, will be coming out shortly, but this little rocket I just told you about is still in the prototype phase and won't come out for a long time, if ever.

To see this car and other cool vehicles, go to [www.conceptcarz.com](http://www.conceptcarz.com)

## SHOT Single of the week



We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

By MORGEN ZOELLER

**Hey single girls. You're all beautiful to us. We want to put your smiling face in the Nugget. See below for details on how to submit your photo.**

**Name:** David Hryciuk

**Age:** 19

**Program:** Geomatics

**Likes:** Driving, annoying my parents by cranking my metal, skiing, photography, pencil sketching, computers and quoting Stifler.

**Dislikes:** Bush supporters, militants and the guy who just picked up the girl I was about to hit on.

**Turn-ons:** Girls who wear skirts that are so short that it just compels me to mentally undress her (with whatever skin is left to the imagination).

**Turn-offs:** Ladies who smoke. Did you know that my favourite secret hobby is to eat all the contents of an ashtray (just joking, I'd rather live to show the non-smoking ladies a good time than die in the poison control centre).

**Words to live by:** Beaverdamned. Damned for beaver and drowning behind the beaver dam.

**Heroes:** Mahatma Gandhi, Terry Fox, Lester B. Pearson, Martin Luther King, System of a Down.

**Fun night out in Edmonton:** Getting hammered and joking around at the bar with my buddies who are just as pathetic trying to pick up girls as I am.

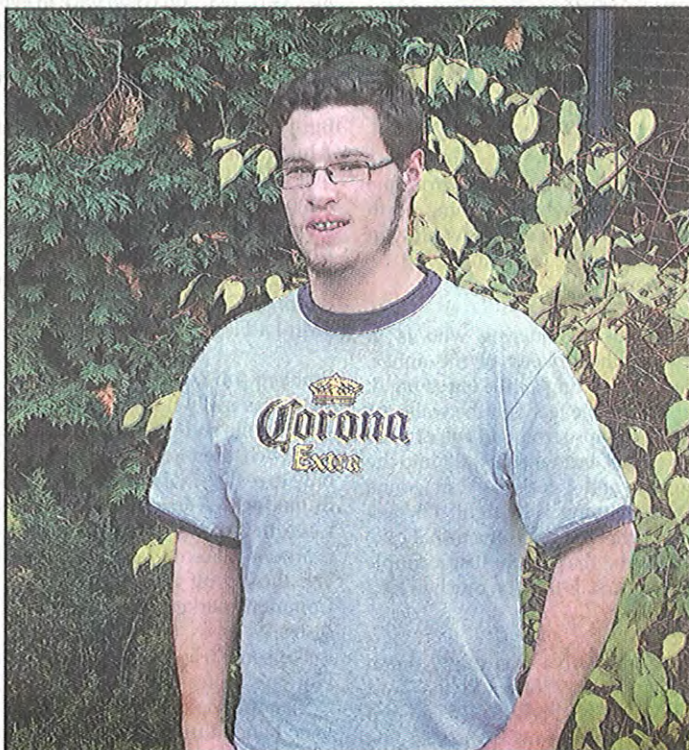
**Ultimate dream job:** The gag playing guy on Just for Laughs.

**Why are you single?** I'm just a kid with a Simple action Plan which left me still not getting any.

**Which movie character/ fictional character you relate to the most:** Ace Ventura.

**Jennifer Aniston or Angelina Jolie:** Jennifer Aniston.

**If you're an eligible single and you want to be featured here, submit your name and e-mail address to [eligiblesingles@hotmail.com](mailto:eligiblesingles@hotmail.com).**



# tech store

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