

READING BREAK'S AROUND THE CORNER — ALL RIGHT!

THE NUGGET

Thursday, February 2, 2006
Volume 43, Issue 17

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

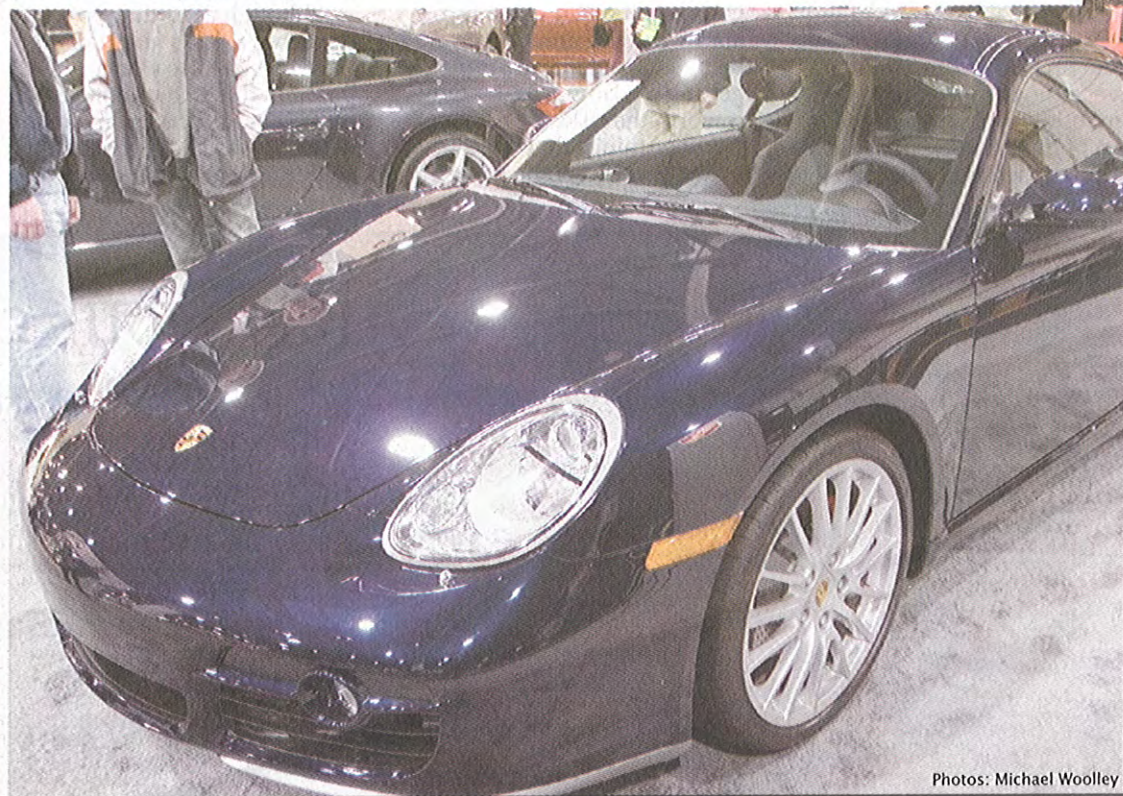
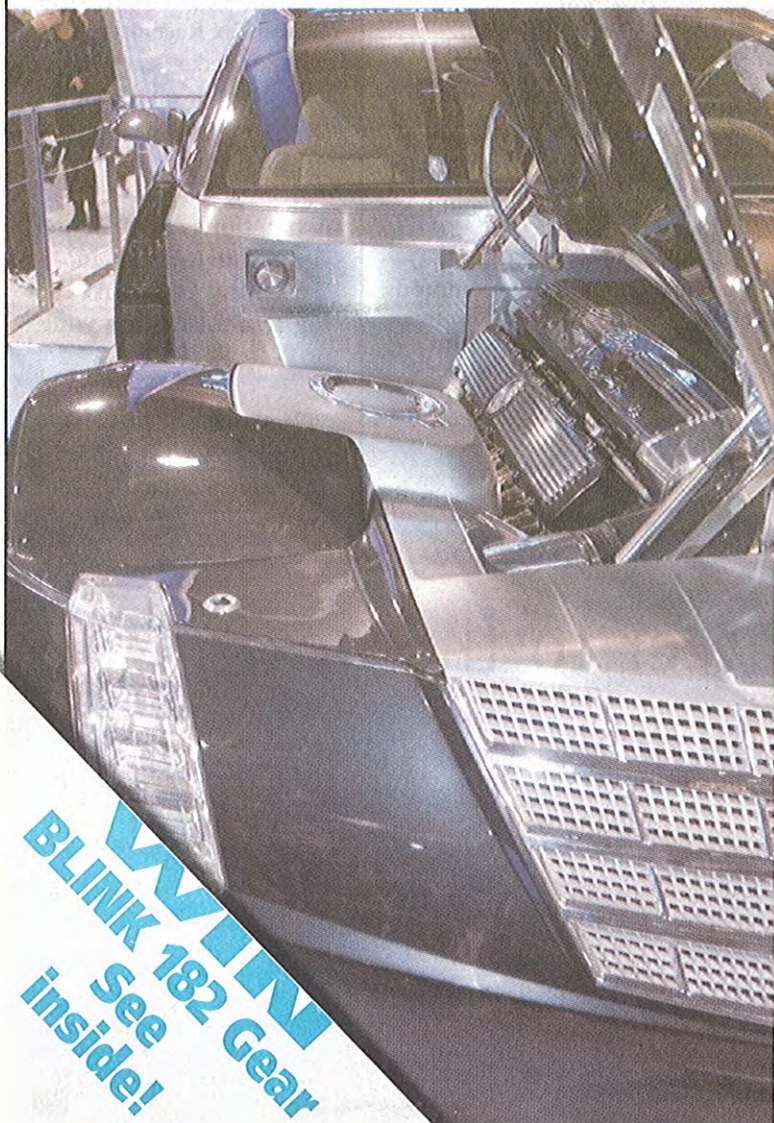
PASSION FOR FASHION?

Do NAIT students have any fashion sense? We unleashed an intrepid reporter and some photographers onto our main campus to find out. See pages 10 and 11.



HOT WHEELS

Two NAIT students who are big car buffs checked out this year's Edmonton Motorshow. They were awed by models such as the Shelby Mustang (top) and Porsche Cayman S (bottom). The Cadillac Sixteen Concept car (left) also got their motors running. See stories inside.



WVWV
BLINK 182 Gear
See
inside!

Photos: Michael Woolley

NEWS & FEATURES

Clinton to talk in E-town

By TARA COPELAND

The man who made the Oval Office a little more interesting is coming to Edmonton. Bill Clinton will be speaking at Rexall Place on Thursday, March 9.

Clinton will be talking about the relationship between Canada and the United States.

Given the current dynamics between the U.S. and Canada regarding softwood lumber, Clinton should have some interesting insight.

NAIT student Shaun Doetzel agrees that the event should prove to be fascinating. "I'm curious," said Doetzel.

NAIT students can get in on the action at a discount.

"Tickets are \$300," said Mike Anderson, program and events manager for NAITSA. "We're selling them (to students) for \$60."

"It's a great event to tie the Student Association to," said Anderson.

Bill Clinton was the president of the United States from 1993 to 2001. Clinton was a Rhodes Scholar and is considered an expert on foreign policy and international relations.

Mouthing OFF



By AMY SHUURMAN

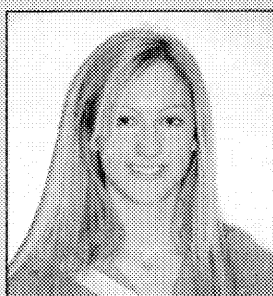
GETTING MOUTHY: Each week we at The Nugget pick an interesting question of the week to pose to NAIT students. Then we send out an eager reporter to capture the thoughts of various people on campus about the burning issue.

What was your first car, what is your present car, and what is your dream car?



Brie Burrows –Business Administration

"My first and present car is a 1992 Lumina and my dream car is an 'old school convertible beetle.'"



Brittany Windel –Court Reporting

"My first car was a 1989 Oldsmobile, my parent's car. It was a big boat. My car right now is a 2000 Cavalier and my dream car would be a BMW."



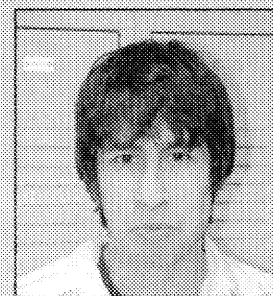
Jamie Erickson –Instrumentation

"My first car was a 1998 Saturn SLI. Current is a 2004 Grand Am GT. My dream car would probably be a 1968 Shelby GT 500 Mustang."



Janelle Tardif –Pre Tech

"My first car was a '92 red Volkswagen, and then my present car is a '94 Saab. My dream car would be a current 2006 convertible Saab."



Justin McKenzie –Instrumentation

"My first car was hot wheels, and my present car is a bus pass. My dream car... I want one of those little electrical cars, because you can't hear them coming."

Evacuate the building immediately!

By SHANT CHAKMAKIAN

For those of you in the HP Center on Friday afternoon and/or Monday morning you were probably a part of the many who were evacuated due to the fire and warning alarms that went off on both days.

For many it's a pain in the ass to wait for the "all clear" out in the cold. But for some it's great when it happens in the middle or before an exam that you may have been poorly prepared for.

For the most part, the evacuation of the HP Center was reasonably executed and security had a decent response time on Friday. On Monday the evacuation went much more smoothly, with most people out of the building in about 10 minutes, security responded

well to the incident and assisted the firemen in doing a site check of the building in both times rather efficiently.

Either way, fire alarms suck, drill or not false alarm or not, but what is really important is calmness, vigilance and prudence. Although for the most part people evacuated well but some did not heed their warnings and people were spotted going across the pedway to the HP Centre as the masses were being evacuated. It's not advisable to go to the computer commons and check your email when you a fire alarm goes off and people are being evacuated; sure it makes getting a terminal easier but is it worth the risk?

Other things that were evident, is that some people

just stayed put unless they were all told to be evacuated by security or their instructors. When you hear an alarm it is a good idea to pack up your stuff and leave the building instead of sitting around playing Magic or reading the paper. Because when everyone else does try to evacuate you all may have more trouble getting out of the building at once than if you had left earlier and sure getting injured in a fire at school is a solid reason to postpone an exam, but who likes literally getting burned anyways?

Although according to security Friday's alarm may have been a false alarm possibly due to a minor system error caused when a smoke detector was shut off because soldering was being done in

that area. Also according to a fireman, Monday's alarm may have been caused by a minor problem of an overheated elevator motor. It is way better to have a false alarm that gets you off class than a charred HP Centre. Look at it on the bright side (apart from missing class) we got a first hand test of our systems and everything works for the most part except a few minor kinks and security did a great job.

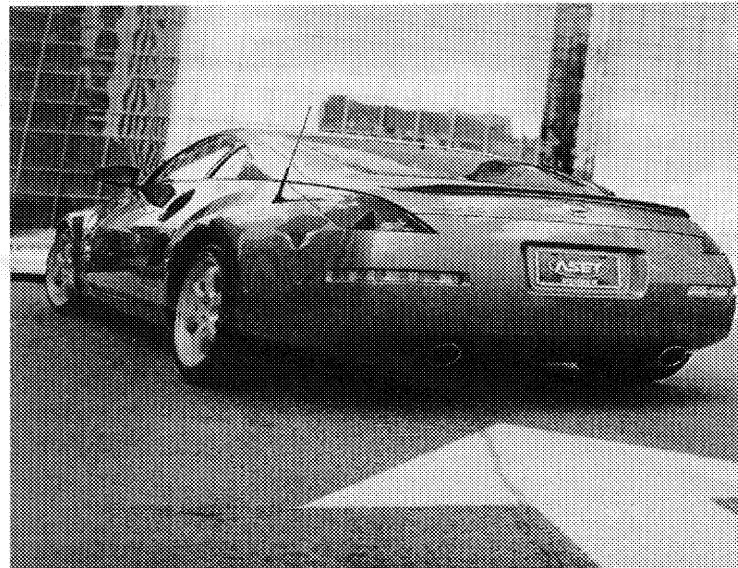
Either way, in the future if you hear an alarm it is common sense to evacuate a building so just do it. And if you think it's false you can always check with an instructor and have them verify it with security.

TUITION TAX RECEIPTS 2005

STUDENTS: The T2202A Tuition Tax Receipts for the 2005 calendar year will be made available on the Student Portal at www.nait.ca/MyNait in February 2006.

Instructions are provided on line to assist in creating your NAIT login and printing your T2202A.

Please note: Tax receipts will not be mailed. Students requesting a printed T2202A form will be charged \$10.



Take your career to the next level.

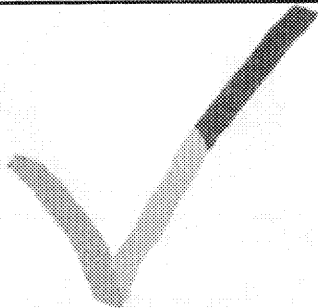
If you're a technician or technologist, ASET can give you the professional certification many of the best employers demand. In fact, ASET certification is the best move you can make if you want to take your career to the next level. Apply for free membership today! Visit aset.ab.ca or call 780.425.0626

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NAIT Students' Association 2006 Election Information



NOMINATIONS OPEN

FEBRUARY 1, 8 a.m. - FEBRUARY 28, 4 p.m.

One of the greatest experiences a student can have during their time at NAIT is to be a student leader. These are serious roles and there are many perks of the job, but the best one is the year of experience you can gain. It's hard work but well worth it.

The positions available are:

- President
- VP External
- VP Student Affairs
- VP Campus Life

We ask only that you commit yourself to a year of learning and serving your fellow students.
(Training is provided.)

So, do YOU want the ultimate work experience? Don't worry, you have until March 2nd at 4:00 pm to get your nomination form signed and submit it to Room E131... which just could be your new office next year. Did we mention you get your own office too? For more details about the Elections go to the NAITSA Office in E131 and say you are considering running for office.

Pick up a nomination form at Room E131 and submit it before February 28, 4 p.m.

CAMPAIGN WEEK

MARCH 6 - 8, 2006

'Elections are more about listening to constituents than talking to them.'

DEAR VOTERS:
During the four days that students will be campaigning they will be giving speeches, making promises and touring the campus to get your vote. Most of all, they will be asking for your opinion.

Give it to them.
During campaign week be sure to take some time to talk to a candidate and tell them what you expect next year. And, be sure to check out their speeches to hear what they have to say!

ELECTION SPEECHES

Speeches will take place from:
11:15 to 12:10 pm, and
12:15 to 1:10 pm

Date	Location
March 6th	The Bistro (Plaza II) Bytes (hp Centre)
March 7th	Tower (8th Floor) Naitrium
March 8th	Fresh Express Common Market

ELECTION DAY

THURSDAY, MARCH 9, 2006
9:00 am - 4:00 pm

Believe it or not, the national average for turnout in student elections is about 11%. Make sure you stop at a polling station on March 10th and cast your ballot.

NAITSA Needs Good Leadership... We want to be known for our accountability to our members. But first we need your vote. Cast your ballot on March 9th and make your voice heard!

POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express
- HP Centre (1st Floor Outside "Bytes")
- The South Stairs of Annex (Engineering)
- South Campus (Office)
- Patricia Campus (Office)
- Distribution Centre (Office)

'The easiest way to speak your mind is to write this... X

• St. Albert Campus (Office)
BRING YOUR VALID NAIT ID CARD
All you need is your valid ID card at the polling stations. Full-time, part-time and apprentice students are eligible to vote. Con Ed students are not eligible to vote.
NOW HIRING POLL CLERKS - MAKE SOME \$\$\$
Holding an election is a lot of work. Poll clerks needed...\$8 hr. Ask for more info in E131.

OPINION

EDITORIAL

This just in... it's not the media's fault

Have you read a newspaper lately? The headlines might as well read: This just in, we're all screwed. Terrorism, violent acts of nature, murders, rapes...it's a wonder we're not all dead yet.

The things we read about in the newspaper only make up a small percentage of what goes on globally. Most people go about their day to day lives without anything of newsworthy significance happening to them.

Why then is there so much violence in the media? Well, would you pay attention if there wasn't?

Don't blame the media for sensationalism, blame human nature.

Whether we like it or not, the media, or the attitude behind it, is a part of our makeup. From an evolutionary perspective, we wouldn't have survived if we didn't have a need to be informed.

The fact that there's a serial killer on the loose...that's important for us to know. It's a threat that we need to be aware of.

That potential earthquake - also important for us as it makes us more aware of a possible hazard.

Do we really need all the gory details of attacks? Do we need to see bodies on the covers of our newspapers and hear all the tidbits about how someone was sexually assaulted? Does it matter what violent acts may or may not have happened at a crime scene?

Actually, it does matter. Humans are ingrained with the inherent belief that some lessons are better learned by a case study approach than by actual experience. If we can hear how someone was tricked into the back seat of a car or a back alley, we're better for it.

Another complaint is that things are dragged out too long to the point of being painful. Believe it or not, this is a good thing.

By revisiting the negative things, at times over and over again, we're desensitized to them. Once we've gotten over the initial shock and horror of a negative event, we're in a position to intellectually take things apart and explore various ramifications.

We complain that the media is too gory and excessive, but would we want it any other way?

Letters welcome We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget. Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to: nuggetsubmissions@hotmail.com

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

Ralph Addresses the Province...



Addictions plague us all

By Charles Noble
Opinion

Everyone these days suffers from some sort of addiction, whether it is as simple as chocolate or as extreme as cocaine. In all cases, people usually want to rid themselves of this strife.

Chocolate along with coffee are among the most frequently consumed drugs by the average person. Food addictions can be hard to control, let alone completely rid your system of. The major problem with a food addiction is that the problem isn't just a physical dependence, but usually a mental compensation for depression or anxiety.

Dependence on these substances can lead to other major problems, such as obesity and depression. A cup of coffee every once in a while in studies has actually shown that it enhances your brain activity, but too drink too much too often and your brain actually works only at its normal capacity when there's some caffeine in your body. Eventually you can become a slave to your addiction. Chocolate can alter a person's brain chemistry and can give people a

euphoric feeling similar to sex. These feelings could be substituting the lack of the real kind in your life.

Sometimes the addiction is not consumable, such as gambling. Gambling is an addiction that can lead people down the road of debt and misery. At first, they have the luck and win all the time, but someone with an addiction just can't walk away until they have nothing left to spend. As I once read in a Ziggy cartoon, "Now leaving Vegas, better luck next time." This applies to many people who just can't stop gambling. They think, "Maybe next time I'll get the luck and win a bit," but instead, they just lose more.

This kind of addiction can usually be solved by just keeping your priorities straight and keeping money aside just for gambling and the rest for life. I know the experts say that these people shouldn't gamble at all, but I think that just leaves a void that might be filled with worse things such as drug addiction or a want to gamble that is bound to hit you again leaving a much worse scar then if the person just gambled a little every once in a while.

Back to the food and drug addictions - food addictions such as fast food and coffee or chocolate can be easily solved by buying just

a little bit of these foods and having them with a healthy alternative. For instance, try having only one coffee a day with some milk in it and no sugar along with a bagel and cream cheese, then later try just having milk or tea and a bagel.

Chocolate is the best of all the addictions. Just eat it in moderation, like one of those mini-chocolate bars a day and the adverse affects such as high blood sugar and too many trans fats should be significantly reduced.

Drug addiction is very hard to gain control of and eventually stop. Cigarettes along with alcohol are probably the most common legal drugs that people have trouble quitting. For both instances, if you substitute it with something like gum while slowly cutting back, you will have better success then going cold turkey and quitting at one moment. Quitting an addiction at a moment can usually lead to withdrawal problems and get you back on your addiction faster - then you can become more addicted then the first time.

In all addiction cases, some exercise is usually the best way to distract your mind and body from the absence of the substance. Talking to someone about your problems can help you cope with them, "A friend is twice the happiness and half the burden."

Most importantly don't worry if you go back to your addiction every once in a while. One cigarette every few months rather than four a day is a great improvement. Lastly, reward yourself for the accomplishment of having less or quitting your addiction. By doing this, you'll end up continuing your success.

If anyone took offence to any of my comments, I don't mind reading your opinions. Email me at killeratwork@hotmail.com.

Disclaimer: Charles Noble is not a doctor. He's a student. His opinions are no reflection of the views of the newspaper.

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The Nugget encourages
submissions. Visit:
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nuggetgrapevines@hotmail.com

THE DEADLINE IS
12:00 p.m. on the last school
day of the week.

All submissions must be
accompanied by your name &
student ID number

The opinions expressed by contributors
to the Nugget are not necessarily
shared by NAIT officials, NAITSA or
elected school representatives.

Letters to The Nugget editor

Dim view of Knight review

I read your article about Jordan Knight. Aside from the fact that sending a middle-aged man to critique a concert of a former boybander is just silly to me, I think you were misinformed. I am a fan. I have been for 17 or 18 years. I went to a concert a few days prior and enjoyed it very much, as did many other fans.

Now it is a free country and everyone has a right to their opinion, however one thing in the article rubbed me the wrong way.

It was mentioned that it was obvious that his fans go to re-

live their teens and they do not pay much attention to his new music.

If you go to jordanknight.com or jordanknight-uk.com or various other of his fan sites, you will see that what the fans want is the new material. The issue with people not knowing the lyrics at the concert is as simple as this. We did not know his songs because the EP was not released in Canada. So I thought I'd share that with you. We do absolutely want his new material, we just didn't get to hear much before the show.

- Jenn Morton

Have you been out of school for several years?

Would you like to meet other returning adult students?

For more information contact Student Counselling
Room 0117, Main South Lobby

JOIN US FOR COFFEE

WEDNESDAYS

7:30 to 8:00 a.m.

COMMON MARKET

(Main Cafeteria)



On Vacation

Ask Maria

FRIDAY FEBRUARY 3RD

OFFICE & RECORDS ADMINISTRATION FUNDRAISER

Tickets are available for \$5 at the NAITSA Office

TICKETS INCLUDE:
No Line, No Cover,
& VIP Admission into Cowboys

COWBOYS

IF YOU'RE DRINKING, WHO'S DRIVING?
10102 180ST | WWW.COWBOYSNITECLUB.COM | 481.8739

MR. LAHEY and RANDY
from **THE TRAILER PARK BOYS**

\$20

Thursday, March 23 & Friday, March 24 at The NEST

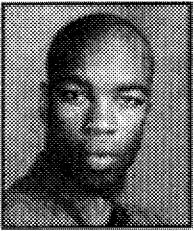
Available at the NAITSA Office & The NEST

NAITSA JIM BEAN CANADIAN ROCKS BEAR

STUDENT POLITICS

Q&A with your Student Executives

Student housing not imminent



DWAYNE WILLIAMS
NAITSA President

What's the biggest piece of advice you'd offer to anyone looking to run for president?

Have fun with it! Being on the NAITSA Executive is probably one of the biggest highlights of my life so far. I have had the amazing ability to meet some of the most creative and energetic people here at NAIT and made a ton of friends that I might of have never had the opportunity to hang out with if I hadn't ran for NAITSA.

Anyone who is interested about running for NAITSA, or what the workload and experience is like, should visit <http://www.NAITSA.ca> and go to "NAITSA Executive" under student government. There's tons of great stuff there on duties and life in general!

Why is NAITSA looking for a new logo?

Well, for quite some time NAITSA has simply been using the NAIT logo with "SA" added to the end. I believe it's time to show that the students of NAIT are a unique entity to themselves! Not to mention this provides a great opportunity for the wild and creative students of NAIT to showcase their talents to win some great prizes!

What can students get if they design the winning logo?

That is the ultimate surprise for sure! Prizes will be unveiled in February!

Do you know of any plans to create student housing in the near future?

Due to the expected growth in the student population and the expansion of the main campus to add several new buildings to support the demand of industry, early talks are indeed underway to build student residences on campus. Though this is something that most likely will not happen for another five to 10 years!

...



CARRIE CREASER
V.P. Campus Life

"What are some of your goals for the rest of your term?"

My goal for the rest of this term is to have some crazy fun events that students will come out to and have a great time at! My major goal is our first NAITSA graduation we are holding in the arena in April!

Jagermeister WinterFEST... what's that?

This is going to be a show at the Nest with Tupelo Honey and Drive by Punch! \$12 advance tickets or \$15 at the door! Complementary drink at the door!

How would a band get involved with the NAIT Battle of the Bands?

Sign up at www.thesoundradio.com

What prizes are up for grabs with the NAIT Idol?

The winner will be flown to Hamilton Ontario to compete against all the schools in Canada for the title of Campus Idol!

...



ELAINE DEVINE
V.P. Finance & Administration

What are some of your goals for the rest of your term?

For the rest of the term, I plan to make training manuals for all the different big parts of my job, such as hiring cashiers and setting up tickets and things for Ookfest, how to do daily deposits, how club banking runs, etc. I also will be focusing on my budget presentation to the senate.

Can students still buy a Shinerama VIP card?

Yes, and we have lowered the price to only \$5.00.

Why should they buy the card?

What do you get with the VIP card? No Line No Cover to almost every bar in Edmonton!

All the proceeds from this card go to Shinerama.

What is Shinerama?

Shinerama is Canada's largest post-secondary fundraiser involving students at over 60 university and college campuses across Canada. Over 28,000 students join forces every year to raise money to fight Cystic Fibrosis (CF) through the Canadian Cystic Fibrosis Foundation (CCFF).

What's big on the agenda for you this week?

Well I have to wrap up everything that I have on the go so that I can focus on NAITSA's budget.

...



JON HOFFMAN
V.P. Student Affairs

What are some of your goals for the rest of your term?

I would like to see fifteen more student clubs started on campus that will continue on for next year. I sincerely believe that this is a critical aspect our the student association achieving its vision that "students should feel welcome within the NAIT community and connected to student life." These clubs could be about something artistic like pottery or knitting, political or something athletic like triathlon training or table tennis. What do you have to lose by trying to start a club on campus?

I have lots of projects that I would love to see happen at NAIT such as working with the International Students to have an International Day/Week on campus, creating an Ombudsperson position for students and hosting a citywide training session for inexperienced journalists.

Why should students make nominations for the Instructional Excellence Award?

I hear a lot of complaints about various instructors and how students would like to see changes within their program. One important way to to make a difference is to encourage those staff members that are doing a really good job. It is so simple to nominate an instructor, but goes a really long way impacting your deserving teacher.

Why should students run for student government?

The school needs NAITSA executives that aren't afraid to get dirty and serve the student body. If you are mainly interested in being popular it is not the right job

for you because after a while you will only be famous for not following through on your commitments. It is a phenomenal opportunity if you are interested in leading, but also willing to sacrifice parts of your personal life for a year. **What made you want to run?** Honestly...I was interested in the opportunity to get paid to lead, while attending school part-time. The only thing I knew about NAITSA previously was that they held good concerts. I doubt that I've been able to change that perception in one year, but I trust someday the average student will want to get involved in student life around NAIT and view the students' association as a great place providing excellent services and representation.

ATTENTION!

Want to **JOIN a DYNAMIC TEAM?**
RUN FOR STUDENT GOVERNMENT!

"TOP 10 REASONS TO RUN"

1. Paid Tuition
2. Networking Opportunities
3. Salary
4. Get Your own Office
5. Resume Builder
6. Experience a dynamic work environment
7. Enhance your college experience
8. Work with a great team
9. Make a difference in Student Life
10. Travel Opportunities

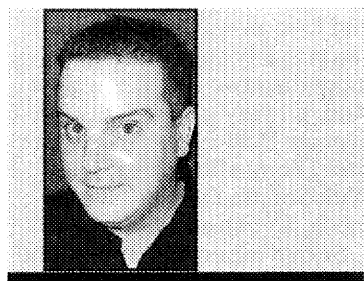
Nominations Open: Feb 1st
Nominations Close: Feb 28th

NAITSA

For more information or to pick-up forms come to the NAITSA Office, Rm. E-131, or join us for 3 info sessions in E129 on Feb. 6, 13, or 27.

ENTERTAINMENT

Cash biopic still packing them in



By DAVID MALLET

I had originally planned to review a new release this weekend, Nanny Macphee, but as I was walking into the theatre, I noticed that Walk The Line was still playing. The Johnny Cash biopic was released back in mid-November and is now out-grossing King Kong at the box office. It's expected to score several Oscar nominations come Feb. 1.

The music biopic seems to be a new trend in Hollywood, with last year's Ray scoring at cash registers and at the Academy Awards. And the trend shows no signs of slowing. A Janis Joplin biopic is in the works (two of them actually) and Joy Division singer Ian Curtis has a film in production this year about his short, tragic life.

Walk The Line is a fine

Walk The Line

Starring Joaquin Phoenix, Reese Witherspoon and Robert Patrick

Directed by James Mangold
20th Century Fox

example of the genre. Joaquin Phoenix is stellar as Cash and Reese Witherspoon is radiant as his companion June Carter. Directed by James Mangold, (Cop Land and Girl, Interrupted) this film is mostly about the music and the scenes featuring performances of Cash's songs are electrifying.

Phoenix and Witherspoon sang all of the songs featured in the film, which is a well known fact and their skilled renditions have scored a gold-selling soundtrack for this film. Grossing nearly \$110 million, audiences are responding to this depiction of the Man in Black.

So they should be. Walk The Line is very well made. Mangold is one of

Hollywood's brightest lights and this film only serves to confirm his talent.

Unlike Ray, which wallowed



(L-R) Reese Witherspoon and Joaquin Phoenix in Walk the Line.

in melodrama and cheeseball flashback sequences, Line remains grounded in reality.

In fact, if there is one thing that keeps this film from being fresh, it is the close proximity to the Charles biopic. Like the man portrayed by Jamie Foxx, Cash had a drug habit and watching pop stars detox is getting a little old.

But that is one of the only complaints I have about this

enjoyable film. Hopeful, fast-paced and filled with fantastic music, Walk The Line can hold its head high among music based films as a prime example of how it should be done.

As award season approaches, expect Walk The Line to start picking up more momentum.

This picture is connecting with the public and the Nugget wants to make sure you

connect with it, too.

As for the magical, wart laden Nanny Macphee, she will have to dispel her wares on her target audience, the children. Grab your little sister and take her to it. Word on the street is positive and the film grossed \$14 million over the weekend.

2006 Nugget movie preview Pt. 1

Last year was a very lackluster 365 days at the box office and the studios are hoping that will change in 2006. I have faith that the fortunes may turn as there are many exciting films on the slate for this year. Here is the Nugget's brief look at what is on tap.

WORLD TRADE CENTER

Hollywood is ejecting its first film based on 9/11 this August. At the helm for the first of what I'm sure will be many flicks on the subject is Oliver Stone.

Stone's last effort, Alexander, was a debacle of the first order and a major flop. Here's hoping that this film won't be as contrived and poorly conceived as that film.

Starring Nicolas Cage and Maria Bello (A History of Violence), the film depicts the story of two Port Authority officers who were trapped in the rubble of the Twin Towers. Careful attention to detail and consultation with the families of the two men were paramount in the production. Stone is not reconstructing the attacks for the big screen, save for television footage. While it may hold some power, I am skeptical that Stone will be able to stay away from over-analyzing the subject matter as he is wont to do.



Anna Faris - Scary Movie 4

APOCALYPTO

Mel Gibson is following up the polarizing smash The Passion of The Christ with another strange, but compelling pet project. Once again using an obscure dialect, this film will depict the fall of the Mayan empire.

Gibson is branding this an action/adventure pic, but from comments in the press, it would seem to be a film that is designed to be warning to our culture about where we may be headed.

The former Lethal Weapon star is behind the camera once again for this film and is also co-writer of the epic. Featuring no A-list names, the tough-to-

market film drops this summer. **DATE MOVIE/ SCARY MOVIE 4**

Wow. I can't believe there is another Scary Movie film being released. However, horror films are still big biz for the studios, so there is plenty of fodder for the filmmakers to spoof in this edition. Once again directed by David Zucker (The Naked Gun, Airplane!) who led the franchise to its biggest payday last time out, the latest incarnation hits screens April 14. Anna Faris (The Hot Chick) is on board as the lead screamer for this sequel.

Also dropping this spring is Date Movie, a spoof of romantic comedies from two Scary Movie alumni. Based on early trailers, it appears to be another satire that is only funny as long as the pop culture references are fresh. **TENACIOUS D IN THE PICK OF DESTINY**

Jack Black returns to theatres this fall in the first feature for his rock duo, Tenacious D.

Since the release of their self-titled record, the duo (Black and Kyle Gass) have become a huge cult favourite.

Charting their origin, the film follows the band as they travel the world in search of the Pick of Destiny, a guitar pick used by all of the greatest rock bands in history. But, alas, they will be confronted by wizards and

devils along the way. Nothing will stand in the way of them becoming the greatest band on earth and I for one will be lining up to see how they fare.

BORAT

Fans of the HBO series Da Ali G Show will be delighted to know that Sacha Baron Cohen is bringing one of the shows other characters to theatres this year. Cohen released a straight to video film a few years back (which is actually quite funny) featuring his naïve hip-hop television host personality.

This time, he is bringing his character Borat to life. A world traveler from Kazakhstan, the character will be filling out 90 minutes of hilarity for audiences. Completely un-PC, Borat has caused quite a ruckus as part of the HBO series.

One instance had Cohen singing the national anthem in the Southern U.S., followed by an utterance that he hoped Bush would kill every last Iraqi woman and child. It was theatre, but attendees of the baseball game he was at were unaware and the crowd went into a frenzy. Maybe audiences will too when Borat hits theatres later this year. **X3/SUPERMAN RETURNS**

This summer has no shortage of treats for comic fans with two new films based on comic legends hitting the silver screen.

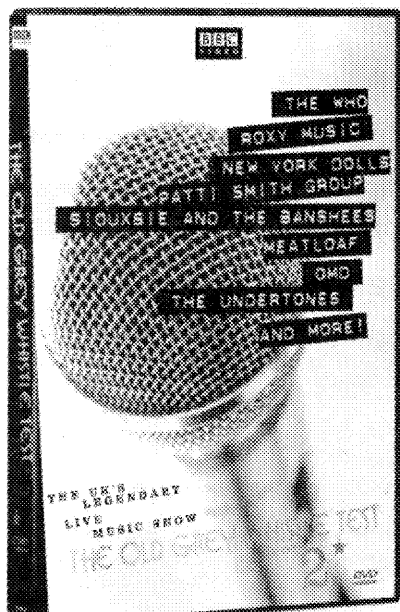
Brett Ratner (Rush Hour) is at the controls for the third X-Men film. The entire cast is returning for this edition and Kelsey Grammer is on board as the hero, Beast. (If you haven't seen any pics of him in costume, check it out - he looks wicked.)

Based on the comic book's "Dark Phoenix" story line, fans are rabidly waiting for the film with online polls showing they are more excited for this film than for the new Superman flick.

Former X-Men helmer Bryan Singer is directing that movie and it drops June 30. The teaser trailer is fantastic and since the director is using the early films featuring Christopher Reeve as inspiration, I have hope it will be great, indeed (1978's Superman: The Movie is still the best comic adaptation to date.). But, with some dubious casting choices (though lead Brandon Routh seems just right for the role) like Kate Bosworth and Parker Posey and some changes to the mythology (Lois Lane has a child). I worry that Singer may be warbling the wrong notes. Nevertheless, I'll be there June 30 to see the Man of Steel.

Well, that's it for this week. Next week, look for part two of the Nugget's preview of 2006 in film, featuring the Da Vinci Code and M:I:III.

BBC music disc a solid gem



By KEVIN GIBSON

Yesteryear's Tin Pan Alley tunesmiths, unsure of a song's hit potential, would sample their wares for doormen, messengers and porters

- collectively known as 'the old greys.' If, after a couple listens, the tune could be whistled back, the song was deemed a potential hit.

Taking its name from this very unscientific method, The Old Grey Whistle Test served as the UK's showcase for 'serious music' (as opposed to the mainstream leanings of Top of the Pops). From 1971-1987, Test showcased some of modern music's most colourful personalities.

For those of us who missed it the first time, The BBC has released two volumes highlighting some great performances from "TOGWT," the second of which can be found in stores on Tuesday.

Where Volume One mainly focused on legends like Marley, Lennon and Blondie (Captain Beefheart was as

esoteric as you'll find here), Volume Two unearths some real far out gems from such musical footnotes as Judee Sill, Montrose (fronted by a pre-paunch Sammy Hagar) and Argent (performing "God Gave Rock 'n' Roll To You," later covered by KISS in Bill & Ted's Bogus Journey).

There's a hefty dose of early punk/new wave to be found here. Patti Smith, The New York Dolls, The Adverts, The Undertones and Siouxsie Sioux are all present.

Representing the sensitive singer songwriter movement, we get Tim Buckley with Dolphins, Joan Armatrading with a great "Love & Affection," and E-street band multi-instrumentalist Nils Lofgren with his criminally overlooked cover of "Goin' Back."

There's also plenty of MOR for the folks. Hall & Oates - who really are long overdue for a critical reappraisal - deliver a

blissed out She's Gone which irrefutably proves that John Oates was actually good for something. And the Beach Boys' Bruce Johnston performs an earnest solo rendition of Disney's Performance. During Johnston's performance, watch out for band mate Mike Love slumped over in the background, presumably lost in a meditative/stoner haze.

In spite of their high-brow ambitions, TOGWT could equally revel in some guilty pleasures like a hoarse Meatloaf running through a ragged Paradise By The Dashboard Light. At karaoke, nothing screams bathroom break like this epic slab of bombast, but here, it's damn near incendiary and only slightly grating.

Mr. Loaf and his verbal sparring partner transform the ode to teenage lust into a scathing rumination on the arc of a love affair. "I'm so sick of you, I could spew," he

screams, to which she retorts, "You already did, Fatboy!" And they sell the drama with an honesty that'd make the aforementioned punks blush.

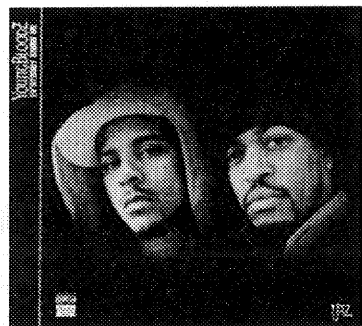
Ultimately, TOGWT's eclectic strength becomes this collection's weakness. By running through so many permutations of what we know and love as rock, no one mood can possibly be sustained for more than two tracks at a time. And, if I may generalize, your average Patti Smith fan might find Thomas She Blinded Me With Science Dolby a bit too much, and vice versa.

Such a mixed bag might send some viewers scrambling for the remote; however, if your tastes know no boundaries, TOGWT should prove to be delightful.



Innovators of crunk

By Trystan Meyers



Youngbloodz:
Ev'rybody Know Me

J-Bo and Sean Paul (not to be confused with Mr. Get Busy) with help from Lil' Jon are now spokesmen for the younger generation. They roll in Presidential style, which is coincidentally the name of their first single. The Dec. 13 release features the album track and second single, Ev'rybody Know Me.

Property of La Face Records, the Youngbloodz are known for their signature style of hard edged beats. With one of the world's best producers, Lil' Jon in the studio, every track is a banger. Guest appearances from T-Boz (of TLC), Akon, Lil' Scrappy, Young Buck, Mannie Fresh and Jazzie Pha help the album maintain its freshness

from song to song.

Although the production and beats are amazing, listening to this album for the whole 59 minutes will probably become tiresome. If you are a fan of the ATL urban scene, this album will fit nicely in your collection, but if you're tired of dirty south rappers club jamz, rapping about the same old money, cash, hos, then stay clear. Either way, the Youngbloodz could care less because they rap about being haterproof.

I think with the Christmas hustle, Ev'rybody Know Me got lost in the shuffle, but once this album picks up steam, the duo will really be making big money, drivin' big cars and everybody will know them.

ATL's Finest Twins

By TRYSTAN MEYERS



Ying Yang Twins: U.S.A.
Still United

In case you didn't get enough the first time, the now platinum ATL Twins alongside Mr. Collipark (DJ Smurf) are back. The duo released the Still United album on Dec. 27, which contains 12 tracks (seven remixes, five unreleased tracks and a full length DVD).

The featured bombs on the album - an ultimix remix of the summer club jam, Wait (The Whisper Song) and the follow up single, Shake remix featuring reggae legend Elephant man.

The big push from the remaining unreleased tracks is called, Ms. New Booty feat. Bubba Sparxxx. I am really feelin' this track not only

because of Sparxxx's flow, but its samples contain snippets reminiscent of: David Banner's hit, Play, Nelly's, Shake Ya Tailfeather and D-Roc & Kaine's own Georgia Dome. If that doesn't spell monster jam, then I don't know what does.

The typical follow up slow jam single is called, Bedroom Boom, which uses a harp sample similar to T-Pain's I'm Sprung. Three 6 Mafia is featured on the track 4oz, which is presumably the third single off this special release.

Overall, it's exactly what I expected from the Ying Yang Twins. Keepin' it crunk is what they do. If you liked the originals, then it's worth picking up because you'll dig the remixes.

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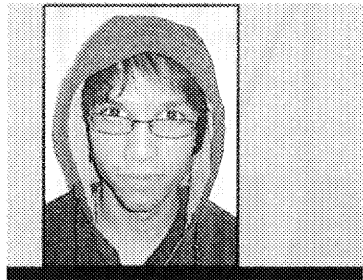
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X-men Legends 2: Rise of Apocalypse not bad



By CHARLES NOBLE

Sound: Nothing truly ground breaking here, just background music to set the tone in each stage and very well done super power sound effects. The voice acting is on par for the most part. The toad sounds are exceptionally good, while some of the villains in the game could've been better done, although they end up dead anyway, so who really cares?

Graphics: The graphics are similar to the first game, X-Men Legends, but with a slight improvement in the cell shading quality and a greatly improved level of background detail. The super power effects are outstanding and there are plenty to view as each character has about 15 skills and they are all upgradeable. The cut scenes are remarkably well done with the best graphics you'll see in

this game, but there are not enough of them.

Gameplay: The story line is basic, yet very appealing to any X-men fan. The Brotherhood and X-men team up to battle Apocalypse - that means you can play as many different villains from the previous game, such as Magneto and the heroes from the first game such as Colossus. There are about 15 different characters to choose from and a few un-lockable characters - one notable playable character is Iron Man. This game can finally be played online for free with headsets and the game doesn't lag. The only setback I could find gameplay wise was the loading times and the frequency of these load screens. They have beautiful sketches of characters, but are far too long of a wait.

Lasting Appeal: This ranks among the best of the PS2 multiplayer games and is probably the best X-men game to date. With many characters to try out and multiple powers and levels of difficulty, this game will occupy a fair amount of your time. The online play will only be fun if you know someone else with the game. Not many random people play much online. The story will keep you playing, but the character development will hold your attention to keep replaying the game on harder difficulties.

In the end, if you're a fan of the X-men and love action RPGs, you have to get this awesome multiplayer experience.

Overall Ranking: B+



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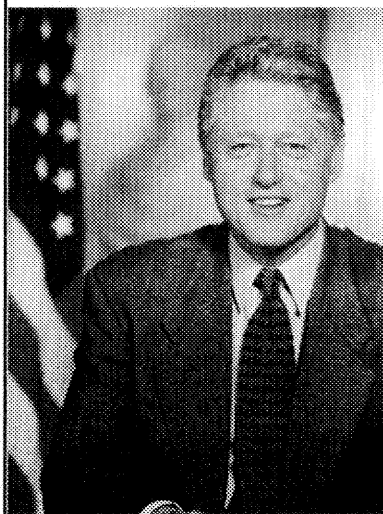
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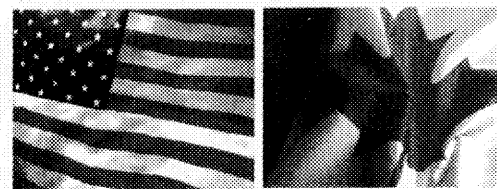
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NAITSA

The 2006 NAIT Cruise Needs You!

Volunteers are needed for the S.S. Benefit Nait Cruise to India on Saturday, March 4, 2006. This annual NAIT Corporate fundraiser needs individuals for duties ranging from setting up the event to monitoring the silent auction. If you would like to help, please complete a Volunteer Registration Form at the NAITSA Volunteer Centre (room E133). Your cooperation and support are greatly appreciated.

FASHION

Style in vogue at NAIT?

By OLIVIA KACHMAN

Fashion seems to elude definition. By attempting to define the question, "What is fashion?" only one conclusion can be reached - fashion, by definition, is truly subjective. Art may be defined by the eyes of the beholder, but so is fashion.

NAIT's halls are the equivalent of a catwalk any day of the week. Instead of just focusing on getting from A to B, take a good look at every wannabe hipster making their way to class. Everyone attempts to have their own style - they walk their walk, talk their talk and strut their stuff to anyone who is willing to take a second glance.

Come on, let's be honest: we have all been victims of fashion at one time or another. We either buy something trendy or anti-trendy just to make a statement that either we belong to the popular majority or the alternative minority; either way we are desperately trying to fit into some prefabricated notion of style.

I would argue that we all wear uniforms with tailor-made alterations to best express who we are. Everyone strives to be an individual even though they conform to a particular definition of vogue. If you are a hippy or a punk, Goth or a hip-hop fan, every style comes with its own uniform that we put our own signature on.

Take all the uniformed students at NAIT for example. Despite being dictated by industry what to wear from coveralls to hairnets, lab coats to safety jackets, every student tries to stand out of the crowd. Environmental sciences student, Curtis Faryna, writes random Icelandic phrases on his lab coat in masking tape to make a statement, whereas Shawn McEachern prefers swanky sunglasses to safety goggles in his IHET program.

I followed a Britney Spears look-alike from the HP Centre one day sporting three inch magenta stiletto boots pulled over the bottoms of her tight-ass hipsters. I rolled my eyes and snickered at her in disgust. No doubt, this fashionista would have been abhorred by my Value Village trophy piece if she happened to turn around: my mustard-brown, vinyl-pleated, mid-calf length jacket. The point is, whether you look like Trinity making a guest appearance on That '70s Show or a bad Britney Spears imitation, as long as you swagger down the catwalks at NAIT with attitude, anything goes!

To prove this, photographic technology students Olivia Kachman, Tegan McMartin, Michael Woolley and Erin Nilsson coerced NAIT's most chic dressers down to the H-wing studios for a date with their cameras to "work it, baby, work it!"

Email your comments to:
okachman1@ookmail.nait.ab.ca.



Photo: Olivia Kachman

Christie Karasowski and Derek Zukowski were taken from the Business Tower into the depths of the H-wing to work it in front of the camera.



Photo: Olivia Kachman

Environmental Sciences student, Curtis Faryna, says it is all about accessories- his blue rimmed goggles, Icelandic phrases taped onto his labcoat and pipette all add to his quirky sense of scientific style.

Graham Weins from Business Administration and Marketing definitely has the skater punk look down.

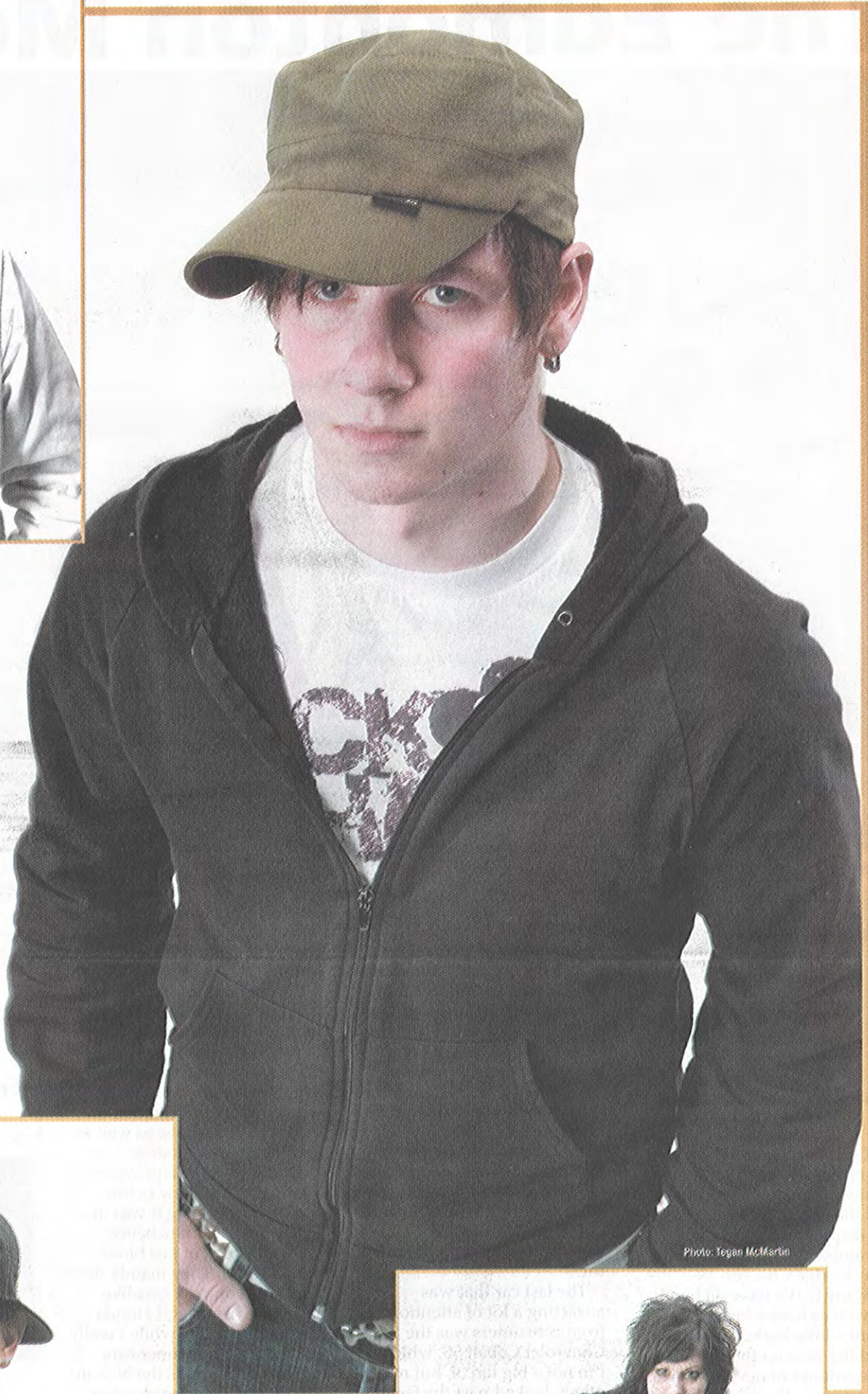


Photo: Tegan McMartin

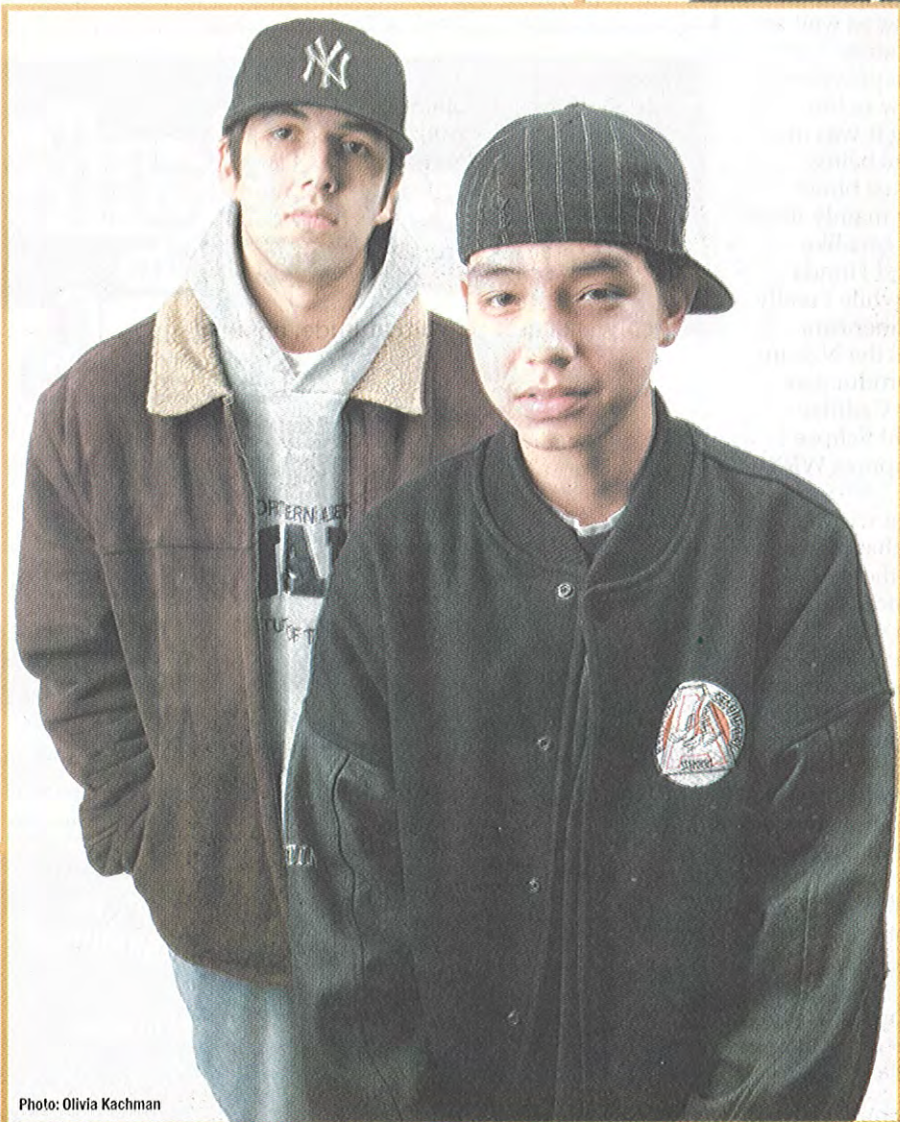


Photo: Olivia Kachman

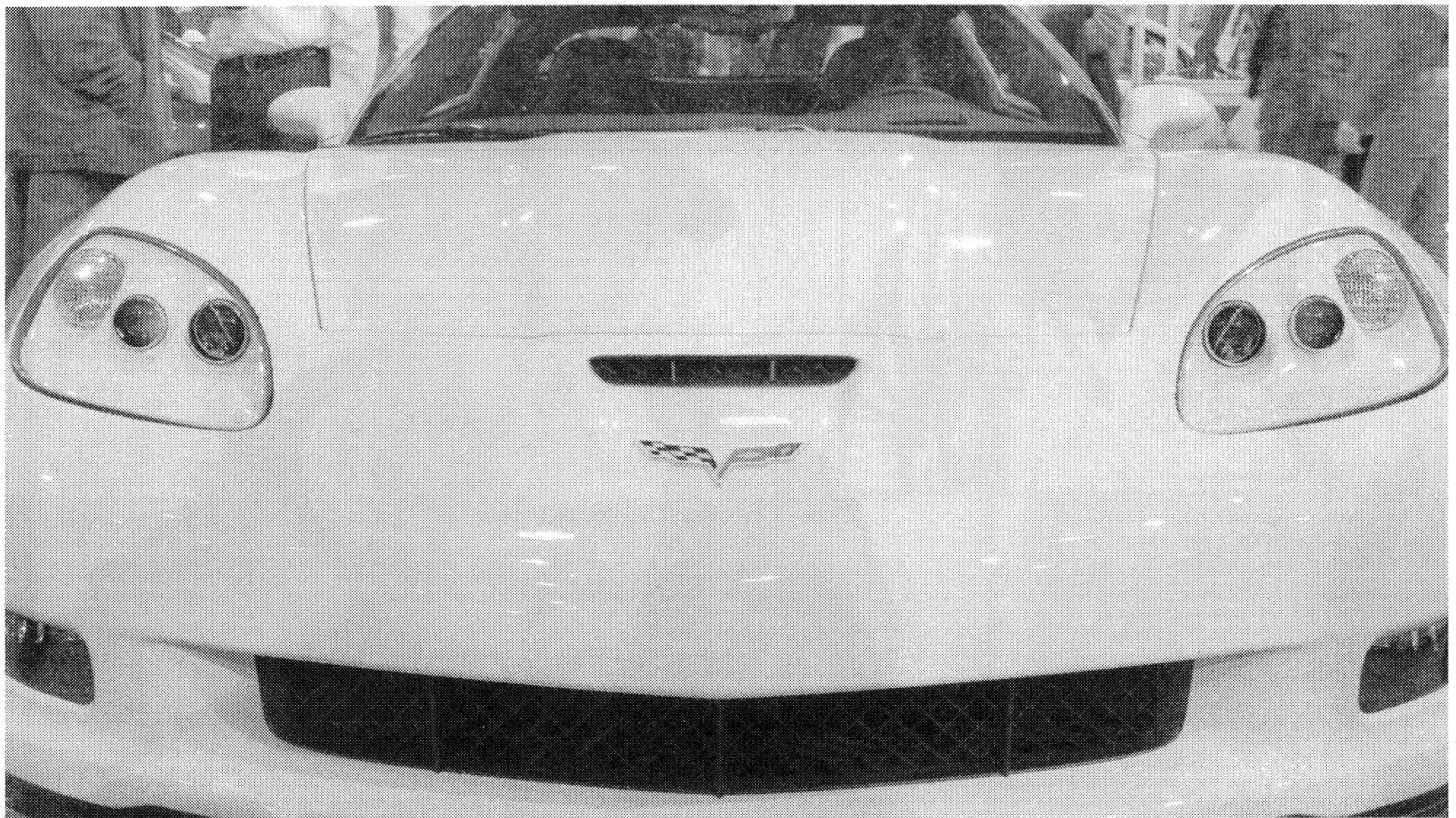
Erin Nilsson from Photographic Technology is one bad-ass chick.

Nickolus Minde (L) from Business Administration hangs with his friend Dustin Stamp (R) Electronic Engineering in true gangsta style.



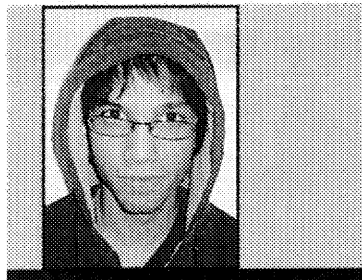
Photo: Tegan McMartin

The Edmonton Motorshow



A sleek look at the 2006 Z6 Corvette

Photo: Meachel Woolley



By CHARLES NOBLE

This year's Motorshow was exceptionally good with the variety of makes and models. All the new 2006's were on display from the newly revamped Honda Civic to the new Dodge Charger.

Many SUVs were on hand, as well as trucks for those who want a little higher elevation and big rims on their vehicles. The amount of new SUVs was staggering. Do we really need all those new gas-guzzlers in a world where gas prices are forever rising?

There were a few cars that people always seemed to be gathered around, one of which was the Cadillac Sixteen which costs about \$250,000 US and comes complete with a V16 engine, 24 inch rims, hand woven silk carpets and the entire roof is one big pane of glass.

Another unique car, perhaps the car of the show, the Ferrari Enzo, which has no need for a large spoiler thanks to the very efficient ground effects and the many hours Ferrari put into designing this much like a F1 Racecar. The Enzo not only looks fast but also has a V12 powerhouse that can take it from 0-100km/h in 3.65 seconds. They had it revving while I was there and it sounded just beautiful.

Now, one for people like me that can't afford the many exotics and super cars shown this year - the 2006 Mitsubishi Eclipse was an outstandingly great value that attracted many shoppers. With the GT model, you get 263Hp and 260 torque in a coupe that just looks amazing.

Another surprisingly popular model was the 2006 Toyota Yaris. The small hatchback that has extremely good gas mileage and had heads turning as people tried getting in and out of the seats to see if there was enough room in the little car.

The last car that was attracting a lot of attention from consumers was the 2006 Chevrolet Cobalt SS, which I'm not a big fan of, but many others looked past the fact it's an American car due to the low price and high performance capabilities.

Of course, many more production car companies such as, Porsche, Aston Martin, Audi, Lamborghini, Saleen S7, Lotus Elise and many other beautiful cars too numerous to mention were there.

A few other cars downstairs stole the show, other than the Enzo, like the custom rides. The tuner Nissan 180SX really impressed me along with the multiple drag cars and police Hyundai Tiburon. The police were there to promote racing at Bud Park and not on the streets.

Alex Tagliani was at the show racing people in remote control racing while a preview to the Motorsport show, a Monster Truck driving with people strapped into seats in the back, was

outside entertaining the line of people waiting to get inside Northlands to see the Motorshow.

I'd say the show was worth the time to walk around and look at all the makes/models of production cars and unique ones. Many pamphlets were available for anyone that wanted more information on the cars at the show, as well as specific makes/models.

Traci and Angela provided a girls point of view of the Motorshow, saying it was nice to see many colours being shown instead of just blue/black/white. They mainly liked the small compact cars like the Toyota Yaris and Honda Civic (four door), while I really liked the unique tuner cars downstairs such as the Nissan 180SX and a few production cars especially, the Cadillac XLR, the Mitsubishi Eclipse and the Subaru Impreza WRX STi.

My only problem with the show was not that many concept cars were there. Frankly, it was basically one big car show room with all the 2006 models on the main level, which was very interesting, but having some idea of what the future models might look like would've been a lot deeper. For instance, the Chevrolet Camaro Concept was not there, but was recently displayed in Detroit.

Overall, I'd say the show was really well done, but next year, if more concept models are brought in that will just make it perfect. Thanks again to Bob Vilas for the opportunity to review this great show.

Rating: A-

REMINDER!!

Technology Club Council Meeting

Tuesday, February 2, 2006
5 p.m.

Engineering Annex - Room L005 (Basement)

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Rev it up or stay in the dust



By SHANT CHAKMAKIAN

To those of you who didn't go to the auto show, you missed out, but we'll try to bring bit of the experience to you. To those of you who did go, you probably enjoyed it and can understand what I'm talking about when I say it was a leisurely and educational experience where engineering meets art.

Apart from just viewing cars on display, you can even go test drive a Jeep on a small course with some bumps and uneven wedges. It's rather fun. It's also a good idea to get tickets before going to the show, because lines can get rather lengthy.

But there were many great cars there, from practically all car makers that sell in our city. It was a great experience to truly see the artsy side of well-engineered machines from the Mustang Saleen to the Mercedes Benz SLK to the Cadillac 16 Concept. Those were truly amazing cars here's a quick rundown of a few, for you future NAIT graduates that look to roll big when you're out in industry.

The Cadillac STS 2006 is a very beautiful sedan, luxurious, yet touched with true style. It may be no Cadillac 16 Concept (which is an amazing machine) but it sports a 4.4 Litre V8 engine with nicely tinted windows and a roomy beautiful interior. The downside is it runs roughly around \$101,000 so those of you willing to dig into your

pockets, dig deep, but it may be a viable choice for your future graduates who are looking to make it big.

The Honda S2000 is a more efficient (and significantly smaller) sports car and boasts 237 HP from an efficient 2.2-Litre engine. And at only roughly \$53,000 you can drive a reasonably high powered and maneuverable machine and not burn a whole lot of fuel compared to most other machines.

The Corvette 2006 is a continuous resurrection of a proven classic, the body hasn't changed much, but the soul of the car remains essentially the same. With a 7 Litre V8 engine, it may not save you money on gas, but I'll definitely make your friends turn their heads at your next street race and it will definitely excite some car-loving guys and girls. Running at roughly \$90,000 it may take a while before you are able to afford this lovely piece of "artwork" and it may just be something worth working towards in your future.

The Mustang 2005 GT-R 40th Anniversary Edition is one sweet set of wheels designed purely for racing some of the features of this car include but are not limited to a 50-50 weight distribution, a built-in roll cage and a 440HP engine that can be tuned to about 500HP of peak performance. So, if you're really looking to not just turn heads but to really dominate someone at your next street race, you may consider this machine in your near future. Or for roughly \$65,000 you can get a Mustang 2006 Saleen boasting up to 425LB/FT of torque and a 4.6L Supercharged Engine topping at about 435HP of power (but don't be surprised if you tires bald sooner than they should.)

Now if you're looking



Mercedes Benz SLK 280 - ideally for big pimpin'

Photo: Meachel Woolley

for just pure style with a reasonable amount of power in a machine you may want to look into the Mercedes Benz 2006 SLK 280 or the 2006 CLS 500. Each running at around roughly \$63,000 and \$95,000 respectively, you definitely will be busting out some big pimpin' when you roll in one of these (as you light your cigar with a \$100 bill). The SLK 280 has a 3-Litre, 24 Valve V6 Engine and the CLS 500 has a significantly more powerful 5-Litre, 24 Valve V8 engine. Either choice you make out of these two beautiful machines you'll definitely be rolling in style.

Out of these select few cars you may not see something you like or you may see something you've loved all along, but next year you can either dream about your "dream machine" or see it in front of you because like the Grand Prix, the love of cars has swept our city, so you can either keep up, get ahead or stay behind in the dust.



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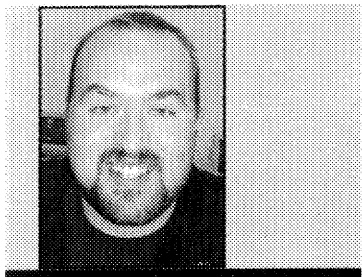
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SPORTS

Ooks sweep league leaders



By TREVOR ELLIOTT

In a combined three games against the top competition in ACAC hockey, the Ooks and Lady Ooks claimed three victories on Jan. 28 and 29.

The men led the way on the unbelievable weekend as they stunned the Mount Royal Cougars 3-2 in front of a deafening crowd at the NAIT Arena on Jan. 28. Kirkpatrick was outstanding, stopping 31 of 33 shots. Brandon Hill netted his first power-play goal of the season, with 52 seconds gone in the third, for the game winner.

The Ooks traveled to Calgary to face the Cougars for the rematch on Jan. 29 where Kirkpatrick again was phenomenal, stopping 40 of 41 shots he faced in a 3-1 victory.

Hill, Ferrante, Kress and Olynyk all had three point weekends for the Ooks. Hill led the scoring, finding the twine twice, while Ferrante, Kress and Olynyk all had a goal.

The Lady Ooks shocked the top-ranked SAIT Trojans 3-1 at the NAIT Arena on Jan. 29. Once again, the stellar play of

goaltender Kristen Sugiyama led the way for the women as she stopped 37 of 38 shots. The Lady Ooks staved off a pair of two-man advantages and a barrage of shots en route to the victory.

"This is unbelievable - just awesome," said Lady Ooks head coach Keith Garner. "I had the feeling, before the game and we strategized and came out here and did it. We played a chippy, gritty game. It may not have been the smoothest looking, but we won every battle and kept it close."

"We got a goal from Stephanie Newnham, who hasn't scored a lot of goals through her career. It was a hard-work goal. She got it and it really raised everyone's spirits. We just fed off of that."

"With Sugiyama stopping the shots, we just feel that we've got a chance to win every game."

"It's a confidence thing for me," said Sugiyama about her goaltending. "The team knows that they can count on me to help them out when they need (me to)."

"In games like this, the team really has to come together. The morale has to be there and the team really has to work together. That's our key - teamwork."

With the win, the fourth place Lady Ooks tightened the gap as there is now a margin of only three points between



The Ooks' Tanya Regner races Chilla Fedoruk of the SAIT Trojans for the puck during Saturday's game at NAIT. The Ooks took the win at 3-1.

Photo: Tegan McMartin

first and fourth with three games left in the season. The Lady Ooks visit SAIT on Feb. 4 before finishing the season with a home-and-home series against the University of Calgary on Feb. 10 and 11.

"We're going to have to keep up our teamwork and fitness because of our small numbers," said Sugiyama. "All of our

players know their own roles and we know each others roles, which really helps out our teamwork."

The men helped their cause with the two victories against the Cougars. The Ooks remain in sixth, but are now six points up on Briercrest and only five behind fourth place MacEwan. Remaining on the schedule are

home-and-home series with SAIT and Concordia before hosting Briercrest for a pair of games to end the season.

Come out to the NAIT Arena and cheer on your Ooks on Feb. 4 at 7 p.m. as they continue their championship quest against SAIT.

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Tuesday	Feb. 7	Colorado	away	7:00

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Olympic Corner

Best bets in Turin

By TREVOR ELLIOTT

With Vancouver set to host the 2010 Winter Olympics, Canada and its corporate sponsors have set a mandate for the 2006 Canadian Olympic team to reach new heights.

Close to 200 Canadian athletes are expected to take the trip to Turin, Italy and the Canadian Olympic Committee (COC) expects no less than an unprecedented 25 medals and a top three finish in medal count.

Where will Canada get its medals from? Who will they rely on to bring home the Gold? In this week's installment of Olympic Corner, The Nugget reveals the top sports that Canadians are expected to medal in at Turin.

Hockey – The men's hockey team is the most skilled team with the greatest depth. Anything short of the gold will be considered a failure. Women's hockey has been dominated by both the U.S. and Canadian clubs. There have been a total of nine World Championships and two Olympics in the short history of the women's game. Canada has won eight World Championships and an Olympic gold. If any team, other than Canada and the

U.S., compete in the Feb. 20 gold medal game, it will be considered the biggest upset in the history of the women's game.

Curling – Canada has always been among the top nations in curling and Canadians will expect no less at Turin. Newfoundlander Brad Gushue will have the experienced Russ Howard in his corner as the men go for the gold. Skipped by Shannon Kleibrink, the Calgary ladies will also be expected to bring home a medal.

Bobsled – Edmontonian and World Cup champion, Pierre Lueders will once again be a favourite to win both the two-man and four-man bobsled events. Calgary's Helen Upperton won the first ever women's World Cup gold this year and will pilot both a two and four-man sled for Canada.

Skeleton – World Cup champions Jeff Pain (Calgary) and Mellisa Hollingsworth-Richards (Eckville, AB) will both be expected to perform well in Turin.

Speed Skating – The *Own The Podium* plan for the Canadian Olympic team has put more pressure on the sport of speed skating, short track in particular and will expect a lot from these athletes. Canadians are the best speed skaters in the

torino 2006



world and their success in Salt Lake solidified that fact. Out of 17 Canadian medals at the 2002 Olympics, six came from short-track and three from long-track. With 60 speed skating medals available, the 15 mandated by the COC is not an unreasonable expectation. Canada's Female Athlete of the Year, Cindy Klassen (Winnipeg) has already set world records in 1500m and 3000m events this season and has medaled in the 1000m as well. Ottawa's Kristina Groves will be competitive in the 1000m, 1500m, 3000m and 5000m events. Jeremy Wotherspoon (Red Deer, AB) will also be a top performer in the 500m and 1000m events. Calgary's Arne Dankers will be a top contender in the 1500m, 3000m, 5000m and 10,000m events.

Figure Skating – Emanuel Sandhu (Toronto) and Jeffrey Buttle (Sudbury) will be strong contenders in the men's competition. Sandhu couldn't skate in Salt Lake because of a knee injury sustained in practice, but finished seventh at the 2005 World Championships. Both skaters

Win Oilers Tickets!

With just under a month left until the Olympic flame lights up the night sky in Turin, Italy, the Nugget wants to know what your favorite memory of the Olympics is.

For the next two issues, the Nugget will print the best stories from our readers. Those stories selected will be entered into a draw for a pair of Oilers tickets in March.

All submissions must be no longer than 200 words and include the name a program of the entrant. The submission must include your favorite memory of any Winter Olympics.

Submissions must be made to nuggetsubmissions@hotmail.com by 4:00 p.m. Fridays. All submissions must be received by Feb. 3 to be eligible.

New submissions will be selected each week.

The winner will be announced in the Feb. 9 issue of the Nugget.

currently lead the ISU Grand Prix standings. Montreal pair Marie-France Dubreuil and partner Patrice Lauzon will be among the favorites in the ice dance competition.

Snowboarding – Jasey-Jay Anderson (Mont-Tremblant, Que.) and Maelle Ricker (Whistler, B.C.) lead an otherwise inexperienced group of snowboarders to Turin. Anderson has had a total of 51 career podium finishes in world class competition, but failed to reach the podium in Nagano or Japan. No snowboarder has placed since Ross Rebagliati took the giant slalom gold in Nagano – this time should be different.

Freestyle skiing – Spruce Grove's Jennifer Heil will make her country proud. Heil won the final pre-Olympic freestyle event at Madonna Di Campiglio, Italy. Heil has found the podium six times out of the seven events

that she's competed in this season. Leaving without a medal would be a complete disappointment to Heil and to Canada.

Alpine Skiing – Canada will be lead by World Cup medal winners – Thomas Grandi, Genevieve Simard, Allison Forsyth, Francois Bourque and Emily Brydon along with veteran athletes Melanie Turgeon and Eric Guay who have battled injuries over the past seasons. The giant slalom (GS) is Canada's best event. Grandi should find the podium in the GS event, rated third in the world in the GS and 12th overall. Simard will also be competitive in the GS, ranked fifth and captured silver in the GS at Cortina D'Ampezzo, Italy. Brydon excels in both speed and agility events, ranked third in the combined event and should do well in the event in Turin.

Upstart voice of the Rush



By JASON JONES

Despite rampant success on 100.3 - The Bear, Yukon Jack loves acting as the voice of the Edmonton Rush and enjoys his trips back to NAIT. "NAIT's who I am and that's where I'm from," explained Jack. "They're a big part of me getting to this stage of the game."

Only five years out of NAIT's radio and television program, Yukon has catapulted himself to an elite position in the Edmonton market. "I worked my ass off," said the outspoken radio personality. "I focused and concentrated and seized every opportunity."

Yukon began his career in promotions at The Bear while he was at NAIT. Even though it was not his ideal job, he took the job to gain experience in the station that he listened to all his life. "I did everything," said Jack. "If someone asked if I could do this, I would say yes. Every opportunity I've been given, I've made the most of."

It was dedication that drove Yukon through those years, even sleeping at NAIT when he had to. He finished all his projects for school, a feat considering he spent most of his time working. "I took

the ball and I ran with it." Still running, Yukon is seizing opportunity after opportunity.

His latest project is working as Edmonton Rush announcer, pumping up the crowd at home games. Rush President Duane Vienneau watched Yukon Jack work a wrestling crowd two years ago and realized Yukon's potential for creating an atmosphere with attitude. That was exactly what the "played with balls" mentality of the Rush dictated.

Yukon, a long-time WWE fanatic says, "It all comes back to wrestling. They know how to educate their fans. And I'm trying to educate myself on the product so that I can educate the fans."

He's happy with the results so far, but as with radio, Yukon is constantly trying to improve. He envisions coaching the Rush audience to the point that they entertain themselves with chanting, counting down the shot-clock and making noise for a comeback.

But even with all of his activities and tireless work-ethic, Yukon always makes time to come back to NAIT. He recently hosted NAIT's Fear Factor and will be judging NAIT Idol along with his morning show co-hosts, Paul Brown and Gillian Foote. "I'm flattered and honoured to be asked to come back. I know it sounds cheesy, but I like to give back," said the successful radio personality.

Yukon remains in touch with his roots, wearing a toque that says "Millwoods Hero" during the interview.

"Edmonton's my home town and my roots are here," said the proud Edmontonian.

"A lot of people say 'oh, you're so lucky,'" defended Jack. "But I applied for the same jobs you did. I worked my ass off when I got the job and I made the most of it."

When students consider where they want to be five years after NAIT, think about some advice from Yukon Jack. "Work as hard as you can, seize your opportunities, and don't forget where you came from."

Yukon and the Rush are back at Rexall Place on Feb. 3 to battle the Minnesota Swarm. Tickets are available at Reads and Needs for just \$15.



Yukon Jack from local station "the Bear" is the voice of the Rush

Photo: Lisi Monro

Ooks survive a war

Special to the Nugget

"I confirmed just how proud I am of my team this weekend as we battled against the Lakeland Rustlers," said Ooks basketball head coach Chuma Nwobosi. "We faced an overwhelming amount of adversity for the two games and still found it in ourselves to compete."

The Ooks faced the daunting task of squaring off against the league's leading scorer, Mike Page (29.5 points per game) and Ooks' top defender Cory Allen was no longer at their disposal. "We spent the entire week preparing rookie guard Morgan Gieni to defend Page," said Nwobosi. "We schooled him on Page's tendencies and weaknesses and how to exploit both."

On Jan. 27 at the NAIT Gym, the Ooks jumped into an early lead and clung to it at half time as they led 36-33. The Ooks continued to top the Rustlers and held the lead until Shane Leman was injured.

With ten minutes remaining, Ooks' top scorer Shane Leman (fifth in the league with 17.15 ppg and league leader in assists) took a nasty pop in the face resulting in a badly broken nose. Play was stopped for several minutes as the officials cleared the pool of blood from

the court. Leman was taken to another room and tended to while play resumed.

The next few minutes resulted in a downward spiral. "We were forced to play our back up point guard who had not practiced all week due to illness," said Nwobosi. "He was still ill but maintained he would play if we needed him - we needed him now."

Lakeland sensed the panic of the Ooks and immediately took control of the next few minutes, forcing NAIT into a timeout. The Ooks were down six in the blink of an eye, with more troubled water on the horizon.

As the game commenced, Ooks' 6'8 forward JJ Russell began to feel some immense pain in his foot which was later determined to be torn ligaments thus rendering him unavailable for Saturday's contest.

Rookie guard Brent Vriend suffered a dislocated finger during this downward stretch. As he returned to the bench. "He managed to put it back into place on his own and told me he was fine to return to the game," said Nwobosi.

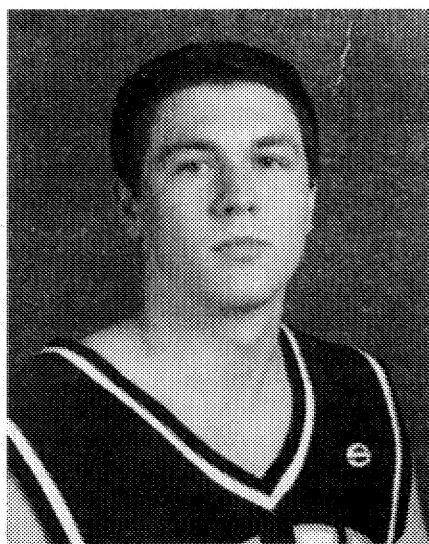
With four minutes remaining, Leman returned to the bench with plugs in his beaten up nose. "(Leman) insisted that he return to the game as no further damage

could be done so I granted his wish," said Nwobosi. He gave a valiant effort while in obvious pain but his efforts were not enough as we lost the game 76-68. Worse than losing the game, we had to send Shane and JJ to the hospital and await the news. Shane was sedated and underwent minor surgery while JJ was told he tore ligaments and was given medication and ordered to stay off it. I awoke in the morning trying to devise a plan to compete without four starters (two we had lost at Christmas and now Shane and JJ).

"When we met on the bus, Shane looked a little better than the night before because at least his nose was straight again. He was bandaged up and had fresh plugs in his nose. He told me he would be a game-time decision for game two."

On Jan. 28, the Ooks traveled to Lakeland and played with a 10-man roster (forward Steve Lamont had a strained meniscus and did not practice this week or dress for either game). Both teams battled through a tight first half. The Ooks played solid defensively to neutralize their size. The Rustlers were ahead 27-26 with Page having only two points.

Page took a more aggressive



Shane Leman - Ooks Warrior

role in the second half as they ran him off countless screens to try to free him up for free looks at the basket, but Gieni stayed true to the game plan and held his ground all night. "Not only was Morgan committed on the defensive end, he was a catalyst offensively as he poured in 17 points," said Nwobosi.

In the dying seconds of the game, NAIT trailed by two with Page at the free throw line for one shot. He made the free throw and as we pushed the ball up the court, Leman made a laser-beam pass to Gieni and as he turned and hurled the ball towards the basket, the Ooks couldn't bear

to watch. The ball bounced off the rim and traveled straight in the air coming back down towards the basket. "In what appeared to take an eternity, we stood and watched in anticipation," said Nwobosi. The ball bounced back down on the front of the rim and trickled out, handing NAIT a tough 70-67 loss.

"What a game," exclaimed Nwobosi. "I was proud of the fight we put up and how we competed under extreme circumstances. Mike Page was held to an 18 ppg which is a testament to Morgan and the team defensive effort as they did a good job limiting his shot attempts."

"Now we hang on to find out the result of Leman's meeting with the surgeon (major surgery?) and the extent of JJ's foot injury as we cling to the final playoff spot by a single game with five games remaining. We need to find a way to string together some wins to keep our season alive."

The Ooks face a home-and-home series with King's College on Feb. 3 and 4. The Ooks host King's Feb. 4 at the NAIT Gym. The women play at 5 p.m. and the men tip-off at 7 p.m. This should be some exciting playoff intensity basketball coming up. Come out and show your NAIT pride.

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NAIT and HTH have joined together to make a NAIT community group for the purpose of helping those in need in the downtown sector. To get involved with the HTH missions, log on to www.helpthehomeless.ca and fill out a volunteer/donation form for the next upcoming event February 4th.



HTH: IXYC



I Volunteer!

Help out on 'a cruise?'

On Campus Volunteer Opportunity:

The 2006 NAIT Cruise Needs You!

On March 4, 2006, NAIT is hosting its annual SS Benefit NAIT Cruise. Volunteers are needed to help transform the NAIT main campus into this year's diverse destination of India. Volunteer roles for this gala event range from set-up/take down to mingling with guests in our silent auction area. If you would like more details about this event or to sign up, please stop by the NAITSA Volunteer Centre in E-133. Your cooperation & support are greatly appreciated.

On Saturday February 4, the NAIT Athletics department is looking for three outgoing male students and three outgoing female students to go head to head against Kings College for a three on three basket ball game. If you are interested in helping out with this event give Peter Stenstrom a call at 471-8810, or by email at pstenstr@nait.ca

Off Campus Volunteer Opportunities:

In May 2006 come out and support the 20th Annual CP Bike a Thon. This years theme is Take the Ability Challenge. To get the latest details on the event or to register, please go to their website at www.cp100bikeathon.ca. Or call Crystal at 1-800-363 2807 extension #243.

Safeway in Leduc, Alberta has chosen the Canadian Breast Cancer Foundation (CBCF) -Prairies/NWT Chapter as a charity of choice for the sale of their annual \$3 coupon books. Volunteers are needed to sell these coupon books on Sat. Feb 11 between Noon & 9:00 p.m. Shifts are three hours in length and are located at the Leduc Safeway. Those interested must be friendly, approachable and comfortable with handling money. To sign up or for more information, please contact Rebecca Loo at 452-1166 or e-mail: rl00@cbcf.org.

ACAC standings

As of Feb. 1

MEN'S HOCKEY										
Team	GP	W	L	T	OTL	Pts	GF	GA	Home	Away
SAIT	18	12	5	1	0	25	89	50	621	630
Mount Royal	20	11	8	0	1	23	75	72	640	550
Augustana	18	10	6	2	0	22	76	55	531	531
Concordia	20	9	8	1	2	21	70	78	640	361
MacEwan	18	8	6	4	0	20	70	52	422	442
NAIT	18	7	10	1	0	15	46	68	530	271
Briercrest	20	4	15	1	0	9	51	102	291	260

WOMEN'S HOCKEY										
Team	GP	W	L	T	OTL	Pts	GF	GA	Home	Away
SAIT	17	12	4	1	0	25	75	34	701	540
Mount Royal	17	10	4	2	1	23	50	39	521	531
Red Deer	17	10	4	2	1	23	49	32	621	431
NAIT	17	10	5	1	1	22	47	43	540	521
MacEwan	17	4	13	0	0	8	29	49	350	180
U of C	17	2	15	0	0	4	19	72	270	080

MEN'S BASKETBALL										
North Division										
Team	GP	W	L	Pts	PF	PA	Home	Away	Strk	
Concordia	20	16	4	32	1629	1452	7 3	9 1	W3	
MacEwan	20	15	5	30	1498	1438	7 3	8 2	L2	
Lakeland	18	12	6	24	1424	1285	6 4	6 2	W2	
NAIT	19	9	10	18	1434	1430	4 6	5 4	L3	
Grande Prairie	18	7	11	14	1374	1392	4 4	3 7	W1	
TKUC	18	5	13	10	1274	1407	2 6	3 7	W2	
Augustana	17	1	16	2	1142	1371	0 9	1 7	L13	

South Division										
Team	GP	W	L	Pts	PF	PA	Home	Away	Strk	
SAIT	16	13	3	26	1250	1068	6 1	7 2	W4	
Red Deer	16	12	4	24	1234	1017	6 1	6 3	W2	
Mount Royal	16	12	4	24	1323	1076	7 1	5 3	L2	
Lethbridge	16	7	9	14	1195	1191	5 4	2 5	L2	
Medicine Hat	16	3	13	6	1060	1225	2 7	1 6	W2	
Briercrest	16	1	15	2	862	1347	1 7	0 8	L11	

WOMEN'S BASKETBALL										
North Division										
Team	GP	W	L	Pts	PF	PA	Home	Away	Strk	
Concordia	20	18	2	36	1344	1100	10 0	8 2	W10	
MacEwan	20	15	5	30	1392	1149	7 3	8 2	L2	
Augustana	17	10	7	20	1112	1080	6 3	4 4	L1	
TKUC	18	8	10	16	1100	1128	5 3	3 7	W1	
Grande Prairie	18	5	13	10	1167	1310	3 5	2 8	L1	
NAIT	19	5	14	10	1129	1305	4 6	1 8	W3	
Lakeland	18	4	14	8	1100	1271	3 7	1 7	L6	

South Division										
Team	GP	W	L	Pts	PF	PA	Home	Away	Strk	
Mount Royal	16	15	1	30	1224	727	7 1	8 0	W9	
Lethbridge	16	15	1	30	1102	824	8 1	7 0	W9	
Medicine Hat	16	7	9	14	871	904	4 5	3 4	W2	
SAIT	16	6	10	12	856	945	2 5	4 5	L2	
Red Deer	16	5	11	10	814	936	2 5	3 6	L4	
Briercrest	16	0	16	0	635	1166	0 8	0 8	L16	

MEN'S VOLLEYBALL										
Provincial Pool										
Team	MP	MW	ML	Pts	GW	GL	Home	Away	Strk	
Red Deer	6	6	0	12	18	4	2 0	4 0	W6	
Mount Royal	6	4	2	8	15	10	3 1	1 1	W2	
MacEwan	4	2	2	4	7	8	2 1	0 1	L2	
NAIT	4	2	2	4	9	8	2 1	0 1	L2	
Grande Prairie	4	2	2	4	8	8	2 0	0 2	W2	
Briercrest	8	0	8	0	5	24	0 2	0 6	L8	

North/South Division										
Team	MP	MW	ML	Pts	GW	GL	Home	Away	Strk	
TKUC	7	7	0	14	21	4	4 0	3 0	W7	
Lakeland	9	7	2	14	24	10	5 0	2 2	W4	
Keyano	7	4	3	8	14	12	3 0	1 3	L3	
SAIT	8	4	4	8	15	14	4 2	0 2	W1	
Lethbridge	6	1	5	2	8	17	1 0	0 5	L1	
Medicine Hat	5	1	4	2	4	13	1 2	0 2	W1	
Portage	6	0	6	0	2	18	0 2	0 4	L6	

WOMEN'S VOLLEYBALL										
Provincial Pool										
Team	MP	MW	ML	Pts	GW	GL	Home	Away	Strk	
MacEwan	6	5	1	10	17	8	4 0	1 1	W2	
Mount Royal	6	5	1	10	15	6	3 0	2 1	W3	
Red Deer	6	3	3	6	13	9	2 1	1 2	L3	
TKUC	6	3	3	6	12	13	2 1	1 2	W1	
Grande Prairie	4	2	2	4	7	6	2 0	0 2	W2	
SAIT	8	0	8	0	2	24	0 3	0 5	L8	

North/South Division										
Team	MP	MW	ML	Pts	GW	GL	Home	Away	Strk	
NAIT	7	7	0	14	21	2	5 0	2 0	W7	
Lethbridge	6	6	0	12	18	1	2 0	4 0	W6	
Portage	6	5	1	10	16	7	2 0	3 1	W2	
Briercrest	6	1	5	2	6	16	1 1	0 4	L2	
Lakeland	7	1	6	2	6	19	1 4	0 2	L3	
Keyano	7	1	6	2	6	19	0 3	1 3	W1	
Medicine Hat	5	1	4	2	5	14	0 3	1 1	L1	



Men's Hockey
Last Week: Defeated Mount Royal 3-2 and 3-1 in a home-and-home on Jan. 27 and 28.
Coming Up: Travel to SAIT on Feb. 3. Host SAIT Feb. 4 at 7 p.m.

Women's Hockey
Last Week: Surprised SAIT 3-1 on Jan. 28.
Coming Up: Travel to SAIT Feb. 4.

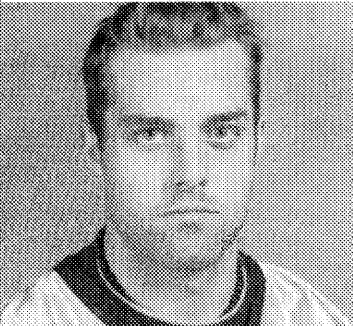
Men's Basketball
Last Week: Lost 76-68 and 70-67 in a home-and-home with Lakeland on Jan. 27 and 28.
Coming Up: Face King's College Feb. 3 at 8:30 p.m. Host King's College Feb. 4 at 7 p.m.

Women's Basketball
Last Week: Defeated Lakeland 48-42 and 57-50 in a home-and-home Jan. 27 and 28.
Coming Up: Face King's College Feb. 3 at 6:30 p.m. Host King's College Feb. 4 at 5 p.m.

Men's Volleyball
Last Week: Bye week.
Coming Up: Host MacEwan Feb. 3 at 7 p.m. Play at MacEwan on Feb. 4 at 7 p.m.

Women's Volleyball
Last Week: Visited Lakeland on Feb. 1.
Coming Up: Bye week.

Ooks of the week



Male Ook of the week
Jeremy McKibbon
Hockey - defense
First year Pre-Business
From Edmonton, AB
Defensive forwards like McKibbon seldom receive the recognition they deserve. But the Edmonton product had a weekend that could not go unnoticed. McKibbon played a key defensive role in NAIT's two upset victories over the first place Cougars. McKibbon was all over the ice, taking away any offence the opposition could muster. Even though the Ooks got into penalty trouble late in both games, Jeremy and the rest of the penalty-kill unit stopped Mount Royal in their tracks.



Lady Ook of the week
Kristen Sugiyama
Hockey - goaltender
First year Dental
From Edmonton, AB
Kristen has been a frontrunner for the 'Ook of the Week' award for weeks now, but her performance against first place SAIT on Jan. 28 easily put her over the top. Sugiyama faced 39 shots from the highly skilled Trojan forwards and yet allowed only one goal. The monumental goaltending display led her team to a very important 3-1 victory. Lady Ooks head coach Keith Garner raves about Kristen as he feels she is the ultimate team player. "Kristen always putting team success before her own," said Garner. "And she does it with an enthusiastic smile on her face!"

"Attention All Students!

You will notice that all browsers on computers in labs at NAIT will now all be automatically directed to 'My NAIT Portal'. NAIT Students' Association and NAIT are doing this to bring you one step closer to having detailed student info at your fingertips. For further info, go to www.naitsa.ca.

Thanks, and happy searching!

NAT Students' Association and NAIT

Astral Reflections



By TIM STEPHENS

Feb. 5 – 11, 2006

All times/dates are PST.

Start Nothing: 1:00 p.m. to 11:32 p.m. Sunday, 7:04 a.m. to 8:33 a.m. Wednesday and 12:53 p.m. to 7:44 p.m. Friday.

Aries March 21-April 19

This is a popular, optimistic, flirtatious week for you, Aries. Your career and business interests are helped by your friendliness, VIPs and bosses (and parents) favor you and you could be promoted, or given a "pass" in the world – or win a court case. Romance is slow and kids are burdensome (at least you think they are) – a condition that lasts until September 2007, so pace yourself, be mellow. Travel, calls, details are dicey Monday, excellent Tuesday morning. Home blossoms with affection, profit, happiness Wednesday to Friday! Romance Saturday.

Taurus April 20-May 20

Emphasis lies on your career, business efforts, dealings with VIPs, bosses and parents, judges and authorities. You could be offered a breakthrough here, or a promotion, due to the well-meant aid of another. In any case, chase opportunities, especially Monday night and Tuesday morning (money) and Wednesday noon to

Friday noon (contacts, travel, communications). It's a smooth, lucky week! (However, avoid arguments Sunday morning and power struggles Tuesday p.m.) Love remains sweet. Soon, a heavy secret, restriction or obsessive attraction will fade, clearing your mind for the money chase!

Gemini May 21-June 20

With the possible exception of Sunday, this is a sweet, easy, happy week! (Take a breather Sunday – rest, observe.) Your energy, charisma, effectiveness and luck soar Monday to Wednesday dawn – you can succeed in education, law, far travel, media, advertising and cultural affairs, especially Tuesday morning! Chase money noon Wednesday to noon Friday. Saturday's for calm travel, quiet reading, easy friends. February continues your easy luck with finances, investments and "intimate encounters," but if you're going to do any more wheeling/dealing, do it soon – late February begins a slow-down.

Cancer June 21-July 22

Over the past few months you've met (and probably developed a good start with) a very attractive person or a very attractive opportunity (in business, to relocate, to perform before the public, etc.). This attraction continues unabated during February, but the time has come to commit, to make this situation solid, to become intimate or provide funding. If you don't, a rare chance could fade into history! A very recent delay or glitch to this "deepening" has weakened, so go ahead now,

before Feb. 17. (Or leave it, him or her alone.)

Leo July 23-Aug. 22

Love and business relationships excite and challenge you this month. Be diplomatic but eager to join; love, don't fight. Others hold the advantage. Sunday will either spur you to ambitious work, or tempt you to argue and chaff. Your hopes and popularity soar Monday to Wednesday dawn – flirtations, social delights abound! Connect with someone special (or reach a business agreement) Tuesday morning. Rest, contemplate and plan Wednesday to Friday noon. Deal with government agencies, charities or tack down an agreement. Visit a psychic! Your energy surges back Saturday.

Virgo Aug. 23-Sept. 22

You're deep into a month of work and health concerns – but this week goes smoothly and fortunately. Cultural affairs, films, education and reading call you Sunday. You could meet a "half-viable" mate prospect, or have an inspiration about a work opportunity (the latter's better.). Your career, prestige and practical ambitions could run into an unexpected opposition or quirky glitch Monday daytime, but this night to Tuesday noon blesses your efforts. A Tuesday p.m. adjustment can strengthen your position. Your hopes and wishes, popularity and outlook rise Wednesday to Friday!

Libra Sept. 23-Oct. 22

You're on a winning streak! Love, pleasure, success in sports, gaming and speculation, creative surges,

joys from children – any of these are available this week! But take care Sunday – don't get in too deep. Reject temptation, skullduggery and collusion. Life and love are mellow, your vision's wide, Monday to Wednesday dawn. Far travel, law, learning, media, culture are blessed. Chase career goals Wednesday noon to Friday noon—step boldly! "Quiet happiness" comes Saturday. A coveted real estate, family, furniture, decorating, or similar "acquisition" gets the green light now. Be quick.

Scorpio Oct. 23-Nov. 21

The emphasis lies on your home, family, roots, your subconscious, your desire for security, nutrition, gardening and nature, and your foundations or sales territory in business. Your own actions benefit this zone the most – don't rely on, nor wait for, authorities, higher-ups or parents. This week is smooth and easy. Be a bit sluggish, relax, contemplate. Sunday needs caution. Investments, intimacy and research are a bit unpredictable Monday, but very lucky this night to Tuesday noon. Love, far travel, learning and publishing flow easily, successfully Wednesday noon to Friday noon.

Sagittarius Nov. 22-Dec. 21

A smooth, easy week in a smooth, easy month, Sage. Take care of paperwork, return calls, handle details. Communicate, make contacts, be curious – a short trip yields interesting information. Take care Sunday – minor frustrations could cause accidents or rudeness. Relationships – business and emotional – are disruptive Monday to suppertime, lucky

to Tuesday noon, then might entail an invisible tug-o-war to Wednesday morning. Dig deep Wednesday noon to Friday noon – commit funds or your heart, invest, say yes to a deeper bond. Research succeeds! All February, your income grows – ask, collect!

Capricorn Dec. 22-Jan. 19

The accent lies on buying/selling, earned income, memory-related tasks, routine, diplomacy and casual sensual encounters. Your "love quotient" remains high, others are attracted to you all February – but your own fervor will lessen after mid-month. You could recover now from 2005's wee career blow – still, don't chase career before July. Instead, rest, meditate, and immerse yourself in your family, in nature, farm and garden. Work, machinery and health concerns fill Monday (careful – safety) and Tuesday (success). Relationship excitement, practical, relocation or public opportunities arise Wednesday noon to Friday noon – plunge in!

Aquarius Jan. 20-Feb. 18

You're still on top! Your energy, effectiveness, charm and luck remain high. Rest Sunday, because you have a bust week ahead and because Sunday frustrates active types. Your romantic, pleasure-seeking, creative, risk-taking side kicks into high gear Monday (unpredictable) Tuesday (charge ahead!) and Wednesday pre-dawn. You could win love, or create something new and different. Tackle health needs, work demands and machinery-related purchases Wednesday noon to Friday noon – the road's smooth and lucky, you'll accomplish much! Relationships face you Saturday – be understanding, realize others are skeptical, perhaps disheartened, dejected.

Pisces Feb. 19-March 20

Lie low, rest, stay in the background this week and next, Pisces. It's an excellent week to visit a psychic, therapist, financial advisor, etc. – especially Tuesday morning and noon Wednesday to noon Friday. You (and others) can see your life in broad, "big picture" ways, enabling you to plan a strong, successful future. People want to visit or chat, as your social magnetism remains high – still, contemplation is better than hectic action, especially Monday/Tuesday. Romance, love, creativity, pleasure and children bless you Wednesday to Friday. Practice safety Sunday.

www.astralreflections.com.
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GRAPEVINES

Etiquette down the toilette at NAIT?

(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to: nuggetgrapevines@hotmail.com)

To the love of my life in CST
If you're not sure yet if it's you,
I will give you more clues:
Your locker is between the A
and B wings,
your between first and second
semester (I think), you've got
really short black hair and you
have a really nice ass! I hope
this helps narrow things down
a bit. I can't stop thinking about
you...

Love Your Secret Admirer

Why is it so difficult for the
girls at NAIT, especially at the
tower to flush the toilet? There
are even signs out there that
ask for the toilets to be flushed.
How pathetic is that? This is
post-secondary, people! It's
really not that complicated.
You reach over and push a

little silver button. If you're too
fucking stupid to know how
to flush, then go buy yourself
some Depends because it's just
fucking disgusting for the rest of
use who are competent enough
to know how to flush.

Sincerely, Who Flung Poo

You know what really grinds
my gears? Guys and girls who
think they are so much better
than everyone else. I mean,
everyone's the same. I mean
they might dress different and
have different opinions, but
doesn't give anyone the right to
make fun of someone else just
because they don't act/dress
the way they do. Another thing
that grinds my gears are bitchy
people. I mean, simmer down
and have fun. I mean if you
take life seriously, you'll never
get out alive.

To the gorgeous man who
rides the red scooter around
campus: you can pull a hit and
run on us anytime. We love you
Hotwheels.

~ Signed your secret sexy

speed bumps

To our Future Bosses:

The only way you'll ever be
any of our bosses is if we get
hooked on crystal meth, drop
out of school and get jobs in
fast food. Do you even realize
where you are? You're at NAIT,
in Alberta. Oil pays our salary,
not some pencil pushing person
that's going to be selling used
cars on St. Albert Trail. And to
the hooker brigades stomping
their stiletto heels all the way to
the tower: you have a brighter
future wrapped around a pole
at Diamonds than graduating
from your useless program.

Mr. L153,
Last Tuesday the 17th, I found
the man of my dreams. It
was you. Did you hear the
symphonies of my heart that
will serenade our love for all
eternity? Although we may
have only glanced upon each
other for no longer than 10
seconds, it must be said that
those were the most intimate
and intense moments of my

entire being. I can only hope
that you feel a fraction of the
love that I possess for you. I
know this may seem a little
forward, however, with the
short time we all have, I feel
the urgency to tell you of my
affection. I ask you to simply
write back and let me know
your thoughts of the possible
fusing of our souls and bodies
for all times to come. Until
then...

-Yours 4Ever

Dear Future Boss,
First of all, I thought that time
healed all wounds, however,
it clearly has not in this case...
what you need is an apology.
I'm truly sorry for pushing you
into your locker in high school,
giving you wedgies, taking your
girl and taking your spot on all
the sports teams. If I'd have
known it would have come
back to hurt me by you coming
to NAIT to become my future
boss, I never would've done
those cruel things. I assume that
by your confident demeanor
in last week's submission

that you are quite happy with
your decision to come to a
tech school to learn the ropes
of supply, demand and micro-
economics. University degrees
are over-rated in such a field
anyway, correct? At least when
you struggle in the years to
follow, you'll be familiar with
the school when you come back
and take retail meat cutting.
Thanks for the insight
regardless.

Sincerely

**Wanna-Be-Popped-Collar-
Businessman**

I just have one word for the
girls in this school...gross! I am
so tired of girls not flushing the
toilets in this school. At first I
thought it was some gross man
running around doing it, but
then today I notice that I had
to be witness to another girl's
crimson visitor left in the toilet!
Disgusting! Grow up! you are
in an adult facility! See that
shiny handle on the toilet...use
it! Even my five year old knows
how to do that.



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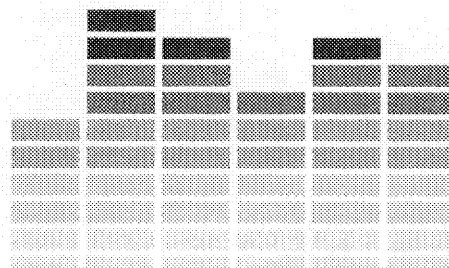
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THE BACK PAGE

HOT Single of the week



By KAITLIN VISSCHER

We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

Name: Kristel **Age:** 20 **Height:** 5'6 **Weight:** 115 lbs

Program: College Prep.

Turn Ons: Nice teeth, good hygiene, money.

Turn Offs: Complainers, overweight people who eat fatty foods.

Dream Job: To take over Hugh Hefner's empire.

Dream Girl/Boy: Rachel McAdams.

Favorite Movie: Pretty Woman, Brokeback Mountain.

Last concert I went to was: Hilary Duff.

The first part of the body I check out is: Stomach.

Ultimate Date: Dinner, movies and a hot tub.

I'm single because: It's a lot of fun.

Why I'm better than your current girlfriend: I like to cook, clean and massage.

Other Information you want to share: Don't ever talk to me about the Hilary Duff concert. I am embarrassed enough as it is.

If any fellas are interested in Kristel feel free to email Kaitlin at kaitlinv@hotmail.com and maybe we can set something up.

If you're an eligible single male or female and you want to be featured here, submit your name and e-mail address to kaitlinv@hotmail.com.



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