THE 6, 2006

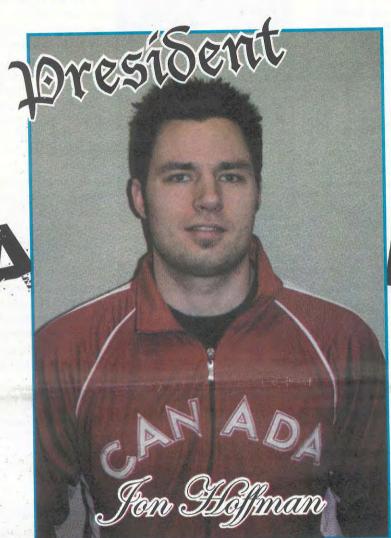
Thursday, March 16, 2006 Volume 43, Issue 19

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

MEET YOUR NEW STUDENT EXECUTIVES

Student body votes in their new student representatives. See story inside.











NEWS & FEATURES

Candidate appeals vote Transit security

By TARA COPELAND Nugget student editor

The votes are in and the numbers have been tallied, but don't go breaking open the bottle of bubbly just yet. Three of the four candidates have been officially declared winners, but the fourth is having his victory appealed by one of his competitors.

Jon Hoffman has been declared the new NAITSA President, Carrie Creaser held on to her position as VP of Campus Life and Garth Crump is the new VP External.

Lars-Erik Larsen received the most votes for VP of Student Affairs, but one of his competitors is appealing the vote.

"Officially, all I know is that one of my competitors has a grievance with me with respect to pre-campaigning," said Larsen denies any pre-campaigning activities.

No one will comment on who is appealing the vote.

Larsen ran against Tamara
Nitz and Sam Bressette for the
position.

The appeal will be held late Wednesday, March 15. The Nugget will have an update next week.

Another issue that NAITSA will be looking into is voter turnout. Although the voter turnout was consistent with previous years, the turnout was low. Only 9.4 per cent of students voted.

"It was disappointing to see less than seven hundred voters. We need to think about some new alternatives such as extending the campaign period or allowing for online voting to encourage a better turnout," said Jon Hoffman, the newly elected NAITSA President. "I think a lot of students didn't know there was an election or they weren't informed about the candidates."



Lars-Erik Larsen

Transit security a priority

By SHANT CHAKMAKIAN

Security was a major concern at the eighth annual ETS 2006 Community Conference. It's no surprise given the events of last weekend's senseless manslaughter on the bus. Even though no one on the bus did anything to stop the violence, it is the expressed views of Charles Stolte, manager of ETS, that safety on the bus should be a community concern.

But that's not the only measure being taken to help public safety on board our public transit. "Special Constable training started in May," said Dean Sydlowski, investigator of ETS security and risk management.

"We've already received the go ahead to employ special constables from the City of Edmonton and individual appointments to all of our officers, each individual officer has to apply to be a special constable," said Sydlowski.

Special constable status means that ETS security officers are allowed to enforce certain laws within their mandate, as well as carry weapons such as pepper spray and batons.

But Security was not the only dominating issue at the conference, customer service and the expansion of transit within our city is an important issue. "It's our job to provide you the best most efficient service we can," said Stolte during the conference.

As cities grow denser, public transit become a more viable option to the public. It's a more environmentally friendly and cost saving alternative considering today's gas prices.

Some future expansions worth noting are the addition of a BRT bus line, which will ensure a faster bus service to NAIT. Also, after the LRT is expanded to Heritage, there are plans to run train service by NAIT and even plans to implement HRT (High-Speed Rail Transit). These options are ways of solving our need for parking spaces at NAIT.

There are many plans in the future and many ideas for transit to be better implemented in our city.

Clinton pitches better world

By JASON JONES

On March 9, the 42nd president of the United States, R:II Clinton, spoke at Rexall discussing Canada-U.S. relations, advising us that with all our interdependence, it is amazing that we have so few problems with each other.

It was this interdependence that became the theme of the night. Rather than focusing on our differences, Clinton discussed the similarities that must unite us to build a better world. One key moment came when he told the English translation of a "hello, how are you" exchange between remote tribes. When these nomads pass by each other they answer "how are you" with "I see you" rather than "fine" or "good." The story really reflected the vision that Clinton has for our global village and the common bonds that humans share.

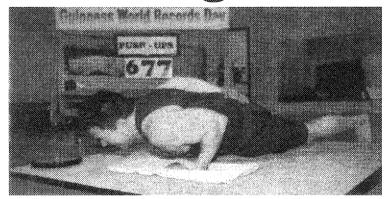
The former president said "thank you" to Alberta for its five million dollar donation to Hurricane Katrina victims and for our part in gaining order in

the Middle East.

Clinton answered questions from host Carrie Doll and was in his element the entire time, saying that he works so hard because he loves it and feels that he owes something to society for his luck and good fortunes.

He finished by relaying the power that each of us has to make a difference, emphasizing the clout of the Internet. A once in a lifetime event, Clinton's appearance enthralled the eager 7000 who were hanging on his every word.

Pushing the envelop



Doug Pruden works at these grueling one armed pushups on the back of his hands

By TARA COPELAND Student editor

It only seems fitting that an alumnus from a world class institute like NAIT would be a world record holder. Doug Pruden, an alumnus from the NAIT architectural technology department is the world record holder for one armed, back of hand pushups and back of hand pushups.

"I was working in architecture before I became the pushupman," said Pruden.

"My education was a great foundation (for breaking records). It taught me goal setting, the value of listening, applying and leaning," said Pruden. "I train by doing 500 to 1000 good pushups per day, plus a regular workout."

Why does Pruden do it? "For the fitness and the challenge of being in the Guinness Book of Records. It's an incredible honour to set a world record and a proud moment as a NAIT Architectural alumnus."

Pushups have become a

way of life for Pruden. "It consumes many hours of my day. I continue to make a living with it by performing and doing demos. There's even a bit of a fan club with it," said Pruden. "In the beginning, it was not an easy road, but it makes for a fascinating life and you get to meet a lot of people everywhere."

Pruden has been known to perform the bar circuit in Edmonton and he has performed around the world. He has appeared on television shows like The David Letterman Show.

"In 2004, I did pushups on New Year's Eve in Time Square. That was fun to do and very entertaining for people," said Pruden. "That's what I want it to be - fun and entertaining."

As for the future, Pruden has no plans of slowing down any time soon. "I would love to get on Regis and Kelly in the U.S.A.," said Pruden. "There are people that just break records all their lives."



Technology works against US

EDITORIAL

Could it be possible that technology has made our generation one of the most antisocial and naïve generations ever? You bet.

How many times have we flipped to the Grapevines section of the newspaper only to read, "I want you desperately," submissions by people who are probably not ugly...they're just too shy to make a move in person?

Sure, we bash these people and write back nasty submissions telling them to get some spine and make a move. Are we ourselves any different, though?

In the good 'ol days, people had to get over their shyness and develop people skills, or else they ran the risk of never getting laid. This isn't the case

Today's vanilla sex is cyber sex. According to Campus Kiss and Tell, 87 per cent of university students are getting their nerd on and are engaging in online sex.

Sure, there are probably many factors that contribute to this, like AIDS and being

Letters welcome

We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget.

Is something bugging you about NAIT or the rest of the

Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to:nuggetsubmissions@hotmail.com

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

raised by yesterday's hippy generation. We've had to learn from the mistakes of our parents. In fact, some of us are even our parent's mistakes.

But have we taken things too

This isn't the only instance where we've gone batty with technology either.

Today, people are getting fired and politicians getting booted from office - not from torrid affairs - but because of what they write on their blogs.

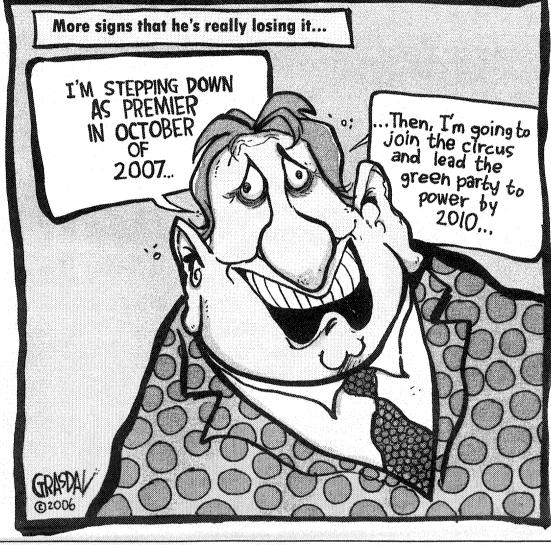
Common sense tells us if it's something you wouldn't advertise in a press conference, it's probably not something you should be writing about on your blog. But temptation is just too much for many.

We all know the story of Liberal Mike Klander. He stepped down after comparing Jack Layton's wife to a dog on his blog. The joke is that Klander was a public affairs consultant for the party. You would think someone like him would know better.

Once upon a time, if you wanted to write something and have it published, it would take months. Now, things happen so quickly. People can publish their innermost thoughts on the Internet with the click of a mouse.

Even the most intelligent person is capable of a lapse in judgment or the occasional stupid thought. The problem is when these thoughts get on the

In a lot of ways, we're the victims of our own progress. I wonder what tomorrow's generation will think of us...that is if there's even a tomorrow's generation. People would have to get out and meet people for that.



Questions remain over death

By CHARLES NOBLE

Ever wonder if today could be that last day? Well, for one guy it was but for all the wrong reasons. Stefan Conley died not of natural causes but rather allegedly at the hands of teens on a city bus, March 2 in Millwoods.

No one can figure out why this happened and whose fault it is. Should the cops have better response times? Are youths losing respect for others, or should the people on the bus have done more? No one has answers since they weren't there first hand to witness the horrible event.

The police response time for this specific event was about 20 minutes, which is ridiculous but they blame the lack of man power for that, although they just got some new recruits and the new police station in Millwoods. For most cases, the police response time to such an event should be around five to 10 minutes at the most, especially since it was in the city and the location was provided by the bus driver.

The blame towards the police is

justified. They are here to protect us, yet if they really couldn't make it there on time, who then does the death of this middle aged man fall upon?

Personally, I believe the suspects are the most at fault since they are alleged to have committed murder. This type of horror shows a complete lack of respect for life and law. Apparently, it all started over Mr. Conley asking four teens to keep quiet but this quickly escaladed. The teens allegedly beat this man to death.

Would incidents like this happen if their parents better disciplined their children? Maybe if the parents looked into what the teens were up to after school or helped them gain more respect for others, this type of terrible thing wouldn't have happened. Are longer juvenile prison sentences and ETS security's ability to arrest you on the spot are really needed in order to keep youth in check or can the parents handle this issue without another event like this occurring?

What about those bystanders

that only helped once the incident was done? Were they also at

The other passengers on the bus were probably caught off guard and also feared getting hurt. These days, even if people hear an alarm go off somewhere in a parkade, no one checks to see if the person needs help or it's just a car alarm going off. Even when a house alarm goes off, most of the time no one will go check if all is OK. They think it isn't their problem, but it is since the same thing can easily happen to you. If we all looked out a little more for each other, the city would be a much safer place.

In the end, Mr. Conley is dead and nothing is more tragic then that, but the city needs to find a way to prevent such senseless violence from happening again, especially on city buses. When this case comes to a close, many questions will be asked about public safety and hopefully some solutions will come out of this to help us all feel better about our community.



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The Nugget encourages submissions. Visit:

nuggetsubmissions@hotmail.com nuggetgrapevines@hotmail.com

THE DEADLINE IS 12:00 p.m. on the last school day of the week.

All submissions must be accompanied by your name & student ID

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Mouthing OFF



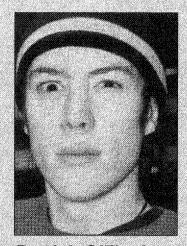
by ERIN BAYUS

GETTING MOUTHY: Each week we at The Nugget pick an interesting question of the week to pose to NAIT students. Then we send out an eager reporter to capture the thoughts of various people on campus about the burning issue.

WHAT ARE YOU DOING FOR ST. PADDY'S DAY? NO REALLY, I DO CARE.



Davis Gukert
"I have to work at O'Byrnes,
I'm still drunk...what?"



Patrick O'Flanigan
"Searching the farthest
reaches of Northern Canada
seeking out the elusive four
leaf clover or knitting an
afghan while engaging in
relations with a leprechaun...
or two."



John Brown
"Possibly end up working and drinking on the job since I have work and school full time. Maybe clubbing a leprechaun somewhere, kinda like a baby seal...but different."



Cayley Fisher
"Heather's having a party. It's
Tegan and Turners birthday
- rock on!"



Lonnie Kmiecikv
"When is it? You dirt bag! I
didn't pass...who played the
trip eights? Give me my trip,
Jack's back!"

News flash! Guy wants sex



THE JUDGE'S VERDICT BY JASON JONES

Dear Judge:

My boyfriend is constantly nagging me for more sex. He says that I don't give it to him enough but I just don't want it any more than about three times a week. I'm afraid that he might leave me if I don't put out, and I don't want to lose him, but I just am not as into sex as he is. What do I do?

- All Sexed Out

Dear All Sexed Out:

This is a common problem for women: your man wants more sex than you do. No kidding – men (on average) have a higher sex drive than women (on average). Is this really news to you? Look, sex is an important part of any relationship and you have as much right to enjoy it as he does. Find something that you like and make him do it. Don't let him be in control.

But if you can't find a common ground with sex then his unhappiness will seep into all aspects of your relationship. There might be something you can find, but if there isn't then get out before things turn really sour.

Dear Judge:

I just recently started have sex for the first time and I've been so nervous that I can't orgasm. I end up just faking it because I get too tired and I don't enjoy it. I thought that guys were supposed to love sex and orgasm too quickly, but I just can't do it. I'm way too embarrassed to talk to her about it and I'm afraid she'll find out. I'm at the point where I think I'm going to leave her to avoid the humiliation.

- Confused

Dear Confused:

Your condition is not as uncommon as people would have you believe. It's called inhibited ejaculation and it affects a lot of men who just don't talk about it. You need to find someone you trust to talk about this and if it's not your girlfriend then that should give you a sign. You're obviously way too nervous about sex and so you need to

get over that before you have it again. Sex shouldn't be a chore. It should be something that you do because it beats the hell out of masturbating. If you don't trust her though, don't tell her because she might make your life a living hell. You're right to be scared...but not of sex. It's not always going to be that bad.

Dear Judge:

There is this guy that I am completely in love with but he's been dating this girl for about a year now and it looks pretty serious. We're best friends and he tells me everything, including the problems he has with his girlfriend. I know that he'd be happier with me and he's all I can think about. Is it okay for me to steer him away from her so that he can be mine?

- In Love

Dear In Love:

Don't be stupid about this. Come on. You have no right to play God here and separate these two. You're also being dishonest to the one person who seems to matter most to you. You think he's going to like that? Back off from all the relationship talk. To do that, you have to tell him

why. Just tell him that your feelings for him go beyond friendship and you don't feel right getting involved in his current relationship. It'll be a good opportunity for you to tell him how you feel. Get it all out there and let him make an informed decision. You'll never get him unless you're honest with him.

"The Judge" Jason Jones is a radio student who, before coming to NAIT, was doing a masters degree in counselling. If you have a question that needs an answer, email him at askthejudge@hotmail. com. If you require more time with your problem please contact NAIT counselling services. You can also listen to the Judge, alongside Capn' Crunk, on NR92.com every Tuesday from 5-6:30 p.m.

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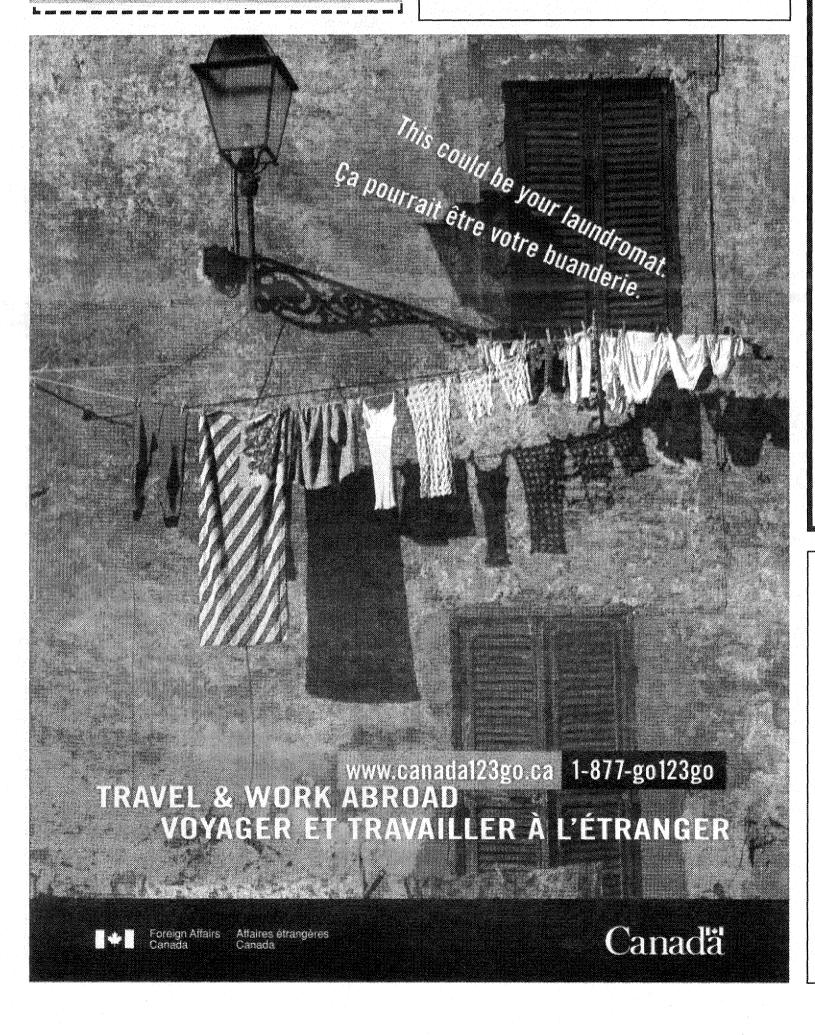
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Mar 22 Business Tower Lounge Mar 29 Engineering Annex (main floor by elevator)

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Attn: Graduates With Student Loans

It is important to understand your responsibility for repayment of your loans or it may affect your future credit rating/the availability of funding for others.

For complete info on your student loan responsibilities contact the Financial Aid Office at 491-1344 or stop by rm O111.

STUDENT PARKING SEPTEMBER 2006

Are you going to be returning to NAIT next September and need a place to park your vehicle?

Don't miss this opportunity!

The Parking Office will start to take applications on April 3.

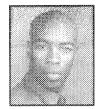
Applications are available at Parking Services, Room O112.

Any questions: phone 471-7539

SIUDENT POLITICS

Q&A with your Student Executives BY LISI MONRO

The Nest scoops Trailer Park Boys



DWAYNE WILLIAMS NAITSA President

1) How was the voter turnout for the Student Association election this year? How have the numbers compared to previous years? Are you happy with the turnout?

We had a student turnout of roughly 9.4 per cent of the NAIT student population. This is slightly below the national voter average for students. While in comparison to other elections, the turnout is fairly similar, we were hoping more students would get involved and vote this year. This process will be reviewed and analyzed for better results in September for the senate elections.

2) During voting day for Student Association elections, some post-secondary institutions suspend classes for the day or allow students time away from classes to vote. Has NAIT or NAITSA ever considered implementing a policy like this for its elections?

I was not aware that this situation was made available at other institutions. However, given the very short timeline for the student academic year and the increased reading break for students, which further reduces class time, I do not think taking the five minutes to vote in the NAITSA election requires a day off from class. Sorry everyone!

3) What do you feel is NAIT's reputation within the business/job sector when it comes to the quality and hiring ability of its students? Do you feel NAIT students have an advantage/disadvantage over other post secondary students in the city when it comes to contacts and reputability?

I think NAIT students do currently have a reputation for being prepared and ready to get started in the workforce. As opposed to other institutions, the hands-on training NAIT students receive make them far more appealing to Employers. The biggest task is showcasing their talents, along with NAIT's education training, to employers to make them aware of exactly how true this is!



ELAINE DEVINE V.P. Finance & Administration

1) Why wasn't the VP Finance & Administration position on the voting ballot? Have they decided to eliminate this position through NAITSA and why?

The VP Finance & Administration position was not on the ballot because a motion was made to senate to remove the position and the motion was carried unanimously. The position was removed for many reasons, the main reasons being: all NAITSA positions are open to any NAIT student that has paid NAITSA fees and is passing their courses. However, to successfully complete all the duties of VP Finance & Administration, you need some background in accounting or finance. This is a trend across Canada at student associations and student unions to remove the Finance/Operations VP and replace it with a VP External. Another reason we removed this position was because NAIT now has nine campuses across Alberta and it is hard to keep in touch with all the campuses. The new VP External position will be in charge of making sure all other campuses get a voice.

2) I hear that there is going to be a new campus up in Grand Prairie. What purpose will this new campus serve and how will it be any different than the one in Edmonton?

Dwayne attends all the Grand Prairie meetings, so I am not the best person to answer this question. I believe the purpose of the new Grand Prairie campus is to serve students from the North. It will be different from the Edmonton campuses because it will offer different courses. NAIT has been meeting with business members from the North to find out what courses they think should be offered. By offering the courses that are needed up North, NAIT is staying true to "Building on Demand."

3) NAITSA has made some substantial improvements to computer labs on campus over the past few months...does this mean that we'll be able to access the student portal anywhere at NAIT?

Dwayne deals with all the computer stuff around campus. I am technologically impaired. However, I do believe that the goal is for students to be able to access the student portal anywhere at NAFL if anyone has problem with computers on campus. I would recommend talking to Dwayne.

JON HOFFMAN V.P. Student Affairs

1) Tell us a bit about who will be taking your place next year as VP of student affairs. Are you responsible for training your successor? The results won't be official until

Wednesday, but I know that

whoever wins will be highly qualified and eager to serve the students at NAIT. Yes, I will be in charge of making sure the executive has all they need to be able to do the job effectively.

2) How will the president's position differ from your current role as VP Student Affairs? What will be some of the major duties you'll be taking on?

I wish I had a profound answer for you, but the biggest difference is that I will do a lot more leading in regards to the direction that NAITSA will take. As VP of Student Affairs, I spent a lot of time trouble shooting, dealing with student concerns and initiating project. As President, I will spend a lot more time finding and training leaders.

3) You've talked about some of the major issues that you want to address as President next year and one of them is school spirit. What do you think are some of the best ways to motivate students to get involved and excited about their school?

NAITSA needs to show students that it is worth their time to get involved - whether it's realizing that an Ooks game can be a good way to spend a night out, finding cool friends at a club on campus or getting/receiving professional development through volunteering or student leadership.

4) The new VP External affairs position was just created for this election...tell us a bit about this new position and who was elected to fill it?

This is something that really fires me up because it totally fills a void. This person will be in charge of making sure that the satellite campuses communicate and this will help students feel connected with student life. This executive will also work with NAIT Campus Sport and Wellness to promote intramurals and Ook Athletics. These are two areas that have will be greatly improved by our great new executive. This person will be a jack of all trades by fulfilling the role of Publisher for the Nugget and leading the project for the student handbook.



CARRIE CREASER V.P. Campus Life

1) Does NAITSA have a new logo since the election last week? Why did NAITSA want to change the logo? Did it have a set logo previously?

We were just looking for a change for the logo. We did have a set logo in the past and the logo that the students ended up picking was one that we already had!

2) How much money can I save if I purchase "Cab Cash" at NAITSA? Is the "Cab Cash" program for all taxi services?

You can receive \$5.00 of Cab Cash for only \$3.00! Cab Cash is only for Co-Op cabs, no other taxi services.

3) A few of the Trailer Park Boys cast will be at The Nest this month...this is just one example of the many bands/ entertainers we manage to get here at NAIT? How does your department manage to get so many high profile people to come to our school? Is it something you're involved in personally? How is this done?

We are able to get so many unique bands/entertainers due to our connections outside of

this campus. We talk to other schools and agents around the country and bring in what we can afford! That is really what it comes down to...affordability! I am involved personally, but it is a total team effort with the activities staff here at NAITSA.
4) Last but not least - the Battle of the Bands. It's down to the finals! Where and when can students check it out? How many bands are we going to be treated to? What is the prize for the top band?

The past two Fridays have been a real treat for NAIT students! There is some amazing talent here at NAIT! The finals are this Friday (March 17) and there will be six amazing local talents playing the Nest stage! Come check it out for \$5.00. Prize for top band is: play at Ookfest, cash and much more!

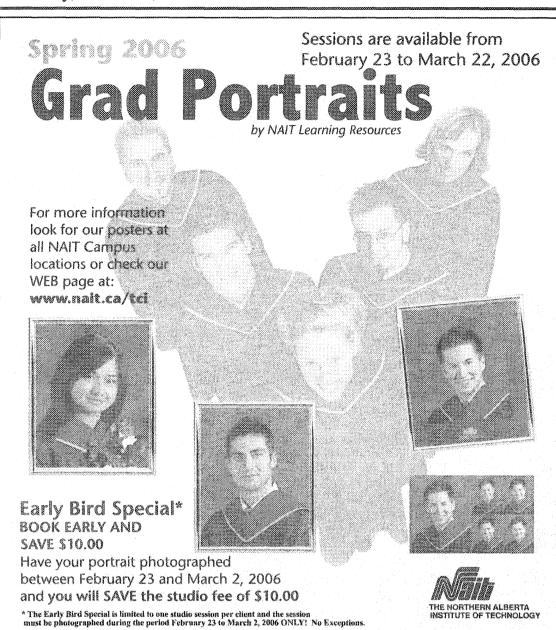
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recap 2006

By Dave Mallett **Nugget Entertainment** Editor

Well, the latest round of Golden Boys has been handed out and the reaction has been perhaps the most vocal in years.

In a year where it was being proclaimed the "gay" Oscars (with Capote, Transamerica and Brokeback Mountain all featuring gay characters), it was instead a distinctly political year after the chips fell.

Brokeback Mountain, which had led all previous races for film honours, won a couple important awards (screenplay, director), but was seen as a sacrificial lamb when the Best Picture winner was announced.

Crash, one of the weakest films of last year, inexplicably won the big prize. A contrived, cheeseball melodrama about racism in L.A., it is a grave travesty this film took home top honours.

Earlier in the evening, upon receiving his Best Supporting Actor trophy, George Clooney pontificated on how Hollywood is famously "out of touch." Referring to their ability to be on the forefront of cutting edge issues like racism and the holocaust, he took pride in being part of a community that takes on the difficult topics.

It's a pity that during the same broadcast, his colleagues Left: Philip Seymour Hoffman as Truman Photo by: Attile Dory, courtesy of Sony Pictures Clas mour Hoffman as Truman Capote; Right : Catherine Keener as Nelle Harper Lee SONY PICTURES CLASSICS

05 SONY PICTURES ENTERTAINMENT INC



chose to reward such a lousy

Crash indeed has proven to be a polarizing picture. A love it or hate it kind of movie, I believe the world has to question the approval of such a haphazard, overwrought film. Those on the Christian right would likely call me on not viewing Brokeback Mountain

as a film that should not receive any more acclaim than it needs.

That is a personal decision. The fact is that BM is a superbly crafted film and whether it is an immoral tract for the gay movement depends on your point of view. Crash, however, is a bad movie that is being held up as a breakthrough film for issue based filmmaking.

Scan the Internet message boards. They are literally full of chatter about this topic. And I for one am glad. Naturally, it is not a bad thing for a film to tackle a tough

But when we start heaping praise on inferior product merely because it does is a risky

I can guarantee several of you reading this will wonder why I am being so hard on such a revered film.

Well, one needs to look at the bigger picture. If we as a culture allow our film and music to become mediocre and then proceed not to be critical enough, we can let wishy-washy statements like Paul Haggis' Crash be seen as something more than they really are. Before we know it, trend spotters are seeking scripts not unlike Crash itself. The result is films that speak out but don't look inward.

But, the Oscars weren't a total bust.

Philip Seymour Hoffman finally won a well deserved award, while Jon Stewart hosted the affair with aplomb. Otherwise, I felt seriously underwhelmed.

2005 was a year full of good films. However, I cannot say there was a truly great movie released last year. While Hollywood did get serious (Syriana-Oil in the Middle East, Constant Gardener-Africa and Pharmaceutical companies, Good Night and Good Luckthe power of the media), they need to get serious about making classic films again, lest Crash 2 win best picture in 2008..that's right! Apparently, Canadian director Paul Haggis is planning a sequel. May I die softly before that day comes.

John B brings back oldskool vibe

by TAZ DHARIWAL

John B is one of the best things happening in electronic music right now. Worshipping the DJ has overtaken the Temporary Autonomous Zone, which electronic music gatherings were meant to attain and did back in the day (which was in fact, a Wednesday).

Give thanks to DJs who demand outrageous fees only to play the same old tracks over and over again. Don't forget meaningless "Who's the best DJ in the world?" contests and polls. Douchebags who act like prima donnas such as Tiesto have taken over the electronic world and get showered with praise from bottom-feeders who don't know minimal techno from funky house.

Thankfully, John B likes to take the piss out of these DJ worshipping morons who are ruining a scene that needs some rebirth.

From first glance, the outrageous mohawk and the makeup scream out wanker! But from meeting him and having a conversation outside of the club, John B is a downto-earth guy who happened to be a classically trained musician discovering an untapped niche in the world of drum n' bass.

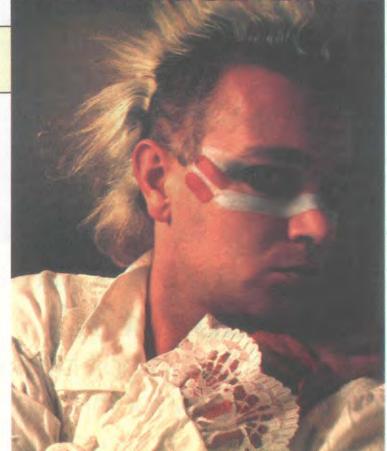
For those not aware, drum n' bass music is basically hip-hop beats double-timed, with assshaking, bowel-disrupting bass Drum n' hass reached a pinnacle around 1994-1998, where artists like Goldie and Roni Size were getting regular air-play on Muchmusic and MTV. A grimy reminder of the environments of the London ghettos helped transformed an underground scene into a world-wide phenomenon.

But something happened to drum n' bass after the crash of electronica. Electronic music became synonymous with drug-addled fashionistas who didn't care about technical skills of a DJ. All that mattered (and still matters) is how their makeup looks, how their drugs Electrofied w/ John B The Starlite Room March 17

are making them feel and whether or not the DJ plays their favorite albeit overplayed track of the week.

2000s re-emergence of electro into popular culture made electronic music relevant once again. However, electroclash eventual crash a year later once again made electronic music devoid of any real substance.

Enter John B and his recording label, Beta recordings. He's successfully mashed up electro and drum n' bass to create a genre that has yet to be exploited and manages to stay fresh and innovative as the years progress. This will be his second appearance in our fair city and if you're the kind of person who misses the Taz and loves brave new sounds, then you'd be a brainless fool to miss this party.

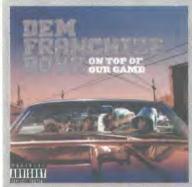


John B

CD Reviews

By TRYSTAN "DJBONE.CA" MEYERS

Crunk Vision of overload? the future



Artist: Dem Franchize Boys Album: On Top Of Our Game Release Date: Feb. 7 2006 Label: Virgin Official Webpage: www.demfranchizeboys.com

This new age crunk crew will help the world understand the south and crunk music nationwide and worldwide. Dem Franchize Boyz provides a soundtrack for southern streets. Jizzal Man, Parlae, Pimpin and Buddie comprise the group who formed in high school. The album features Damon Dash, Trey Songz, Three 6 Mafia, Bow Wow, Bun B and Jermain Dupri who is on the first single, I Think They Like Me.

The second single, Lean Wit It, Rock Wit It has become a staple in ATL lifestyle compared to the Harlem Shake or for us Albertans the Macarena. The So So Definfluence screams with, Riddin' Rims which is the typical cash, money, hos track.

The production on this album scores high and the dirty south style scores big with locals but this style has caught on here in Canada, just like we were about two years too late catching the Reggaeton fever.

The record lacks in originality and loses points for every "featured" rapper on the album. The album is surprisingly upbeat and danceable probably helping the boyz to get air play, club play and love on BET. Nothing on this album really makes DFB stand out from every other dime a dozen dirty south ATL rappers. Maybe DFB should take some notes from, "What The Game's Been Missing" because they are definitely not on top of the game.



Artist: Dilated Peoples Album: 20/20 Release Date: Feb. 21 2006 Label: Capitol Official Webpage: www2.dilatedpeoples.com

Everybody wants to be a superstar and make money these days. Real lyricism and staying true to your art form are hard to do when you still have to put food on the table. Even so, Dilated Peoples do it their way and give it another try with 20/20, an album that true hip-hop heads can still appreciate.

The kick off single, Back Again has diamond cuts on it by DI Babu and vintage samples in typical DP fashion. Kindness For Weakness feat. Talib Kweli, has the old school sound that makes you want to sing along with the hook The familiar reality of satellite radio's lyrics intrigues me. On the other side, the track 20.20 is just noise recorded on CD. The One And Only sounded like Beethoven playing piano after he went insane and alarm clock music makes we want to go to sleep and hit snooze until this 55 minute album is over

Some people would say DP won't need an eye exam any time in the near future because there sights are set high. Others are saying, why they would put out a less-than-focused album like 20/20. I am on the fence, knowing Dilated Peoples can do better. Hopefully the next release clears up any cataracts.



Chibalk statis Dust.

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Game pleases the eyes

The Matrix: Path of Neo Review

By Charles Noble

Sound: Exactly the same soundtrack as the movie with new additions, which sound pretty much identical. The kung fu and bullet sound effects are well done as well as the voice acting that was provided by each member of the original cast.

Graphics: Decent enough for the PS2, with some slow downs but generally running smooth this game does please the eyes, just not as much as God of War or Shadow of the Colossus. The bullet time effects and extraordinary Matrix abilities like Code Vision are very well done. The graphics are surprisingly similar to Enter The Matrix from a year back with some minor revamps to the detail. The best part about the graphics is the destruction to the environment, which does have some minor glitches, but is still fun to do.

Gameplay: A linear storyline that gives you a few choices to make as Neo, who progresses slowly in skill building up towards being The One. The cut scenes are mostly clips from



The Matrix trilogy and are well placed to help the story line progress. Progression of Neo is done through a skill selection process much like an R.P.G. although in the end you'll end up picking them all and the order you choose doesn't really matter. Some missions can be slightly challenging, although none really gave me any frustrations since you are Neo and can pretty much do all the cool movie stuff - which means you always win your battles.

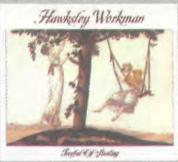
Lasting Appeal: The game name is a bit deceiving considering the path really is laid out for you and the choices you can make are too few. They don't really change

the outcome unless you take the blue pill right off the start. The game does have lots of extra features but they're mainly movie clips, sketch art and cheats, nothing that really helps the game's longevity that much. You might find yourself playing certain levels over and over for the sheer fun and that is about all you will have to do after you beat this surprisingly short game.

In the end, if you love The Matrix, this game will make you smile from ear to ear since you finally get to be Neo, but it's a short game.

*** out of 5

Music strikes reflective mood



Artist: Hawksley Workman Album: Treeful of Starling Label: Universal

Where Hawksley Workman's '04 release, "Lover Fighter," brimmed with pop passion, "Treeful of Starling" finds him in a reflective mood, forgoing soaring guitars for pleasant

little piano ditties. Longtime fans will recognize this as a return to the quirky folk tinged sounds of the superior, "For The faux stud strut of Workman's last two albums has been replaced by meandering introspection. Sadly, along with his sense of bravado, Workman's ability to craft a decent melody seems notably absent.

It's as though he was aiming to please only himself. Admittedly, the arrangements are elegantly understated — note the creamy horns in "Ice Age" – but these bare bones tunes can only be dressed up so much.

Workman's voice - an instrument which, at times,

comes off as a bit affected
– sounds less honest here than
ever, especially in the final
act of the otherwise lovely
first single, "Out Came The
Candles," where he suddenly
channels a manic Roger
Waters.

Neither a step forward, nor step back, let's hope this is simply a minor detour. Actually, upon closer inspection of the cover's artwork, it would appear Workman still has a naughty streak in him. Here's hoping he injects some of that chutzpah into his next offering.



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Wolverine unleashed the fury

By Trevor Eliott

So much for trash talk. The professional debut of Edmonton Eskimo fullback Mike Maurer replied to Darren "the Big Nasty" Apels' threats with a quick and decisive victory in the light-heavyweight Superfight at the Maximum Fighting Championship IX held March 10 at the Shaw Conference Centre.

Earlier in the week, Apels had vowed that Maurer would feel major pain. "Nothing is going to make me happier than kicking the shit out of (Maurer)," Apels admitted last week. "(Maurer) will be hurt in this fight – there's no way around it. I didn't train and eat like a damned rabbit (to make weight) not to hurt him."

Maurer made his way to the ring, sporting an Eskimos' green and gold jersey with his fight name, "Wolverine," crested on the back.

The 6'0" Wolverine took no time at all in neutralizing the height advantage of 6'8" Apels. Maurer connected a big blow and threw the Big Nasty to the mat just seconds into the fight.

The Eskimo then jumped on the unsuspecting giant, pummeling him with ribcrushing knee blows to the mid-section. Maurer then unleashed with a flurry of right hands to the head.

The series of punches was all Apels could take, as he tapped out due to strikes with 1:38 gone in the first of three scheduled rounds.

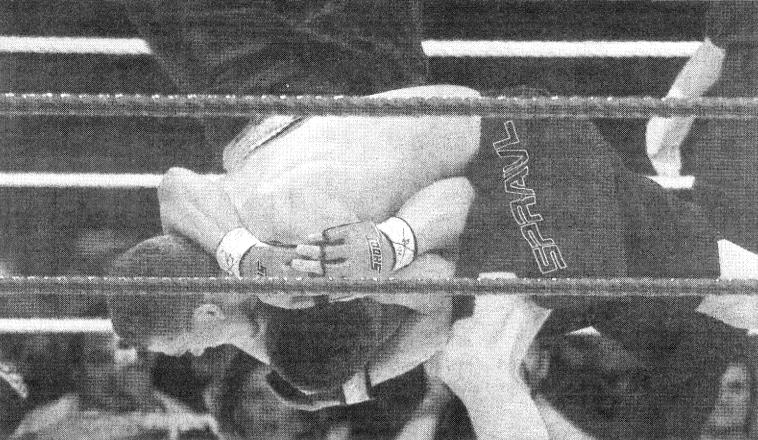
"I knew it," screamed Maurer's biggest fan, his wife Hayley. "Check that out," she noted from ring-side, "He's not even sweating."

The Eskimos' organization breathed a sigh of relief after Maurer's fist was raised in the air – unscathed and victorious.

"I'm glad (Maurer) didn't get hurt," said relieved Eskimos' head coach Danny Maciocia. "It obviously would have hurt (our team)." Maciocia received ringside play-by-play on the cell phone from a number of Eskimos who attended the fight.

"I'm pretty happy," said triumphant Mike Maurer. "I would have liked to look sharper, but I have to be a realist; that was my first fight."

Maurer is scheduled for an amateur fight in Regina on April 1. The Wolverine will wait until at least next off-



Jared Bussemakers and Kevin Dolan took part in one of the main card fight Friday night.

Photo: List Monr

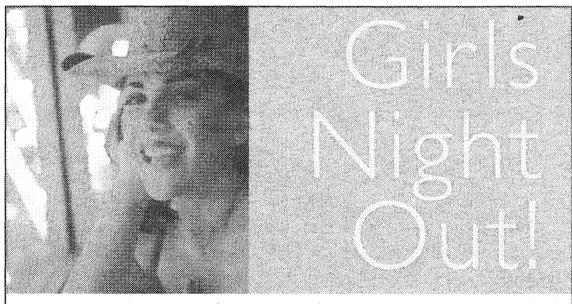
season for his next professional fight.

After his trash-talking session, Apels showed no emotion throughout the week and continuously admitted that he just wanted to get the fight over with "so he could drink some beer." One would wonder whether Apels was paid just to take the fall.

In other action, three-time UFC veteran Patrick 'the Predator' Cote utilized his professional fighting experience to outfight Red Deer's Jason MacDonald for the MFC World Middleweight title. The championship bout was decided mid-way through the fifth and final round when MacDonald tapped out due to rear naked choke.

Unlike the King of the Cage 'Shock & Awe' event that was brought to the Agricom on Oct. 1, 2005, MFC IX was very amateurish. MFC IX, which will be shown on tape-delay pay-per-view next month, did not bring in any top American fighters and only four of the 20 fighters on the card currently live outside of Alberta.

While the MFC has now announced that Edmonton is their official home, the organizational has a lot of improvements to make if it plans to be the best mixed martial arts organization in Canada.



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The Nugget sports awards Coaches Corner

By Trevor Eliott

The Nugget sports awards return this year with this first installment featuring the top coaches of the year.

Coaching is the primary reason why NAIT Athletics has maintained a history of excellence. As such, it is important to recognize the hard work, guidance and friendship that NAIT coaches put into their teams.

It is because of their dedication to their team that these coaches and teams have thrived. In this article, we recognize the top coach for a men's and a women's team.

2005/06 Top Coach of a Men's Team Graham Wood – Soccer

Eleven-season veteran head coach with the Ooks, CCAA Coach of the Year Graham Wood has always expected nothing short of greatness from his players.

In eleven seasons, Wood has posted an impressive 64-26-21 regular season coaching record and NAIT only missed the play-offs twice under Wood's guidance.

And this season, the NAIT men's soccer team pulled it all together to claim victory in the ACAC Championship, the second under the helm of Wood. The team went on to win bronze at the 2005 Big Kahuna/Adidas CCAA National Championships in Burnaby, BC.

"It is every team's goal to get to the nationals and bring home the gold," said Gregg Meropoulis, NAIT Athletics Director. "A lot of good teams never even qualified for this championship and our Athletic Program takes great pride as should all of NAIT in the accomplishments of the team."

The outstanding team was orchestrated mainly from the outstanding recruiting accomplished by four-time ACAC Coach of the Year Wood. "The Ooks enjoyed perhaps their best recruiting year ever and it could bode well for the boys as they return to the pitch next season," said Meropoulis.

"Our team play and deportment both on and off the field was first class, something I have come to expect from a team coached by Graham Wood. (Wood) is first class guy who expects nothing less of his team." The mastermind of the Ooks soccer club shares the credit with his coaching staff of assistants Jeff Paulus and Sean Dowling as well as 15-year manager. Kevin Jones.

Congratulations Graham Wood and your 2005/06 CCAA bronze medal team.



2005/06
Top Coach
of a
Women's
Team
Keith
Garner

- Hockey The NAIT Lady Ooks hockey club has been on a steady climb to success since the fall of 2000 when women's hockey officially became recognized in the ACAC.

The team truly became a contender in 2001/02 when current head coach Keith Garner teamed up with Jim Newman to form an unforgettable hockey coaching duo.

Together the duo improved the club from a 5-7-4 team to a 12-8 team in only four seasons. The duo were infamous for their outstanding teamwork and effort that they were able to pass on to each and every team that they coached

The coaching ability was recognized during the 2003/04 season when head coach Jim Newman was named Coach of the Year. During that season, Newman and Garner truly showed their outstanding coaching ability by taking a team, whom many thought would not win a single game and finishing with a 7-11-2 record – narrowly being edged out of the play-offs.

With the retirement of Newman, Garner has taken the reign as head coach this season. The Lady Ooks finished 13-5-1-1, their best record in team history. The team was eliminated in the semi-finals by the eventual gold-medal winning SAIT Trojans.

Congratulations of the success of your team, Keith Garner.



TREVOR ELIOTT

VS.

JASON JONES

Over the next few weeks, Sports Editor Trevor Eliott and Sports Writer Jason Jones will argue their side regarding several debatable topics involved with the world of sports. Please note that the ideas expressed in this feature are those of the writers and not particularly those of The Nugget.

Readers are encouraged to share their opinion via letters to the editor. To express your opinion on this week's topic, or next week's, please send an email to nuggetsubmissions@hotmail.com.

This week's topic: should visors be mandatory in all levels of hockey?

Trevor Ellott:

All North American leagues, except the NHL, have mandated some kind of face protection. Typical reasons for not wearing visors include personal choice and comfort. But the biggest of all reasons why all players should be wearing a visor is safety.

Many opponents to the visors will argue that the implementation of mandatory visors will increase the stick work in the league. But many people made the same argument before helmets were grandfathered into the NHL in the 1979/80 season. Stick work never escalated and now helmets are just accepted as the

The same will happen with mandatory visors in the NHL. Yes, players are kicking and screaming now about personal choice, comfort, etc. But five or 10 years after visors have made it into the league, this will be a forgotten argument as well.

And more than stick work, players must worry about the impredictability of the puck. That frozen puck can be deflected in unlimited directions and impact can be deadly. One needs to go no further than 13-year-old Brittanie Cecil who died in March 2002 after being struck in the forehead by the six owner disc.

Many NHL players have suffered eye injuries the last few seasors. But no team knows, better than the Detroit Red Wings, how important visors can be to the safety of players.

One incident ended captain Steve Yzerman's 2003-2004 season in the midst of the playoffs. The other took Kris Draper out of the game and to the hospital. Both had pucks deflected into their face causing injury. Yzerman's injury resulted in an immediate four and a half hour surgery to repair a scratched comea and numerous tractures of the orbital boson.

After Yzerman's surgery, he commented, "Sitting in the hospital that night. I really wished I'd been wearing a visor. I played 21 years and never had an eve injury...my cheekbone didn't really hurt at the time. The first thing that went through my mind was, I'don't want to lose my eyesight. I really believe guys should be wearing them. I didn't say that a week ago."

"You have (players) like Pavel (Datsyuk) and Hank (Zetterberg), Joe Sakic and (Peter) Forsberg (all wear visors), it doesn't seem to bother their game. There's no reason I can't get used to it," said Draper. Jagr. Ovechkin and Iginla all wear visors as well.

Industrial workers are required to wear numerous pieces of protective equipment to protect them from injury in their business. This is the business of hockey and history has made a case for the necessity of visors. If players won't accept responsibility for their own safety, it is the NHI's due diligence to make visors mandatory.

Jason Jones:

Think about this: what's the first thing that a young hockey player does to feel like they're grown up and a man? They get rid of their face-shield. Why? Because they are taught that they are not a man until they do. We make the visors and shields into a rite of passage and something that is looked

Allowing kids to experiment with visors in minor hockey will reduce the stigma attached to them. If a 16-year-old is allowed to try a visor, then he will be able to make an informed choice when he turns pro. He won't automatically want to go without a shield because he'll be able to understand the difference.

That's not to say that if all 16-year-olds are allowed to go without a tace-shield that they'll go back to it in the pros. That's not the point though.

As a human being, we have certain moral and legal rights that allow us to make our own decisions. You weigh the choices and are then responsible for the consequences. The point is giving kids the choice and allowing them to make an informed decision. Without allowing them to experiment, kids will continue seeing getting rid of their shields as a sign of manhood. But it's not about manhood, it's about choice.

Telling people what to do destroys their right as a person for freedom of choice. It's Bryan Berard's problem if he loses an eye because he doesn't wear a visor. He's a big boy. He made his decision and pald for the consequences. Now, he's wearing a visor. Smart? Well, not necessarily.

It's up to him. He thought it was smart and that's his choice. It's not for us to decide. As long as people understand that it's their responsibility to make their own decisions and they're informed about it, then it has nothing to do with us. As a society though, we have a responsibility to inform our children and allow them to make an educated decision.

To do this, we have to eliminate the stigma attached to the visor and let kids safely experiment to find out what they prefer, not what they think they should prefer. When they turn 18 though, it's up to the individual to seek out their own information to make an informed decision. We can all be there to help but they are entitled to make their own decision.

Next week's topic: is professional sport more exciting than amateur sport?



Graham Wood fires up his Ooks during the ACAC Championship Game

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Swim team wins ACAC championships



It was a close race all season long between NAIT and Grant MacEwan men for ACAC bragging rights.

When the Waves had settled at NAIT last weekend following the ACAC final, it was clear that the Northern owl was the dominant bird (beast) in the pool.

Strong performances all around and some pretty exciting relay events in which NAIT came out on top made the difference in the final tally with the NAIT men earning 537 points to the Griffins 518. Keyton Wilson (business), Keith Syryda (CET) and Jared Wilson (business) were the top point scorers for the NAIT

men with 90, 83 and 80 points respectively.

The women's team also did well earning a second place finish to a very strong Grant MacEwan squad. Their efforts put NAIT in second place overall in the combined category.

Nicole Bradfield (PET), Sarah Williams (PFT) and Lee McDonald (DEA) were the top point scorers for the women's team with 107, 84 and 72 points.

Nicole Bradfield also earned recognition as the conference MVP with her top spot 107 individual points earned.

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COMBINED

Place	School	endonace product	Points
1	Grant MacEwan	GMCC	1312
2	NAIT	NAIT	1070
3	Keyano College	KEY	335
4	GPRC Wolves	GPRC	284
	FEMAL	<u>E</u>	
Place	School		Points
1	Grant MacEwan	GMCC	704
2	NAIT	NAIT	471
3	Keyano College	KEY	131
4	GPRC Wolves	GPRC	78
	MALE		
Place	School		Points
1-2	NAIT	NAIT	537
2	Grant MacEwan	GMCC	518
3	GPRC Wolves	GPRC	162
4	Keyano College	KEY	160

Rushing to work

By JASON JONES

"I have an understanding boss, flexible holidays, but I don't get a weekend five months a year," said Edmonton Rush forward Kevin Howard. The NAIT grad works full time as a sales representative at High Tech Seals, selling for the company during the week. But come the weekend, he's a forward on Edmonton's professional lacrosse team.

Shortly after graduating from NAIT in 2000, Howard put his marketing diploma to use but kept playing the game he loved. In 2002, the Edmonton native moved to Ontario and started his professional lacrosse career playing for the Buffalo Bandits in the NLL.

After a stop in Ottawa with the Rebels, Howard joined the Calgary Roughnecks and moved back to Edmonton. That's right, he lived in Edmonton while playing a professional sport in Calgary.

Welcome to the life of an NLL player - working during the week and then flying to play a game (home and away), then back for another week of work. Howard says "this is not uncommon and teams are adaptive to these living situations."

Finally home in Edmonton, Howard gets to play his home games in his home town. But that doesn't mean he can stop working during the week. "I wouldn't be doing this unless I loved it," said the committed Howard.

Between work, lacrosse practise, games and travel, Howard says that balance is obviously important. "It's my responsibility to keep up with

everything – make enough sales and keep myself fit and ready to play."

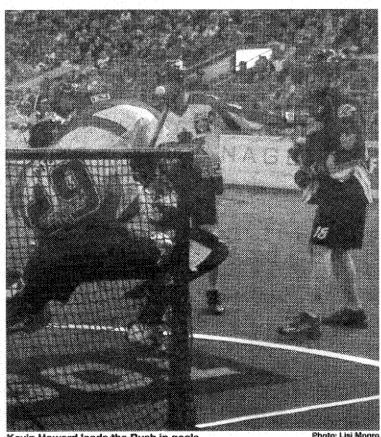
Playing lacrosse all his life has taught the rugged 6'2", 215lb forward so much about life. "It's taught me about the team concept, the business world and interoffice relationships." Now, the fourth-season NLL veteran uses that knowledge and skills to succeed in business. "I relate everything to sports," said the NAIT alumnus.

Professional lacrosse is different from other sports. You can forget about any of the Oilers working 9-5. But, being a member of the Rush is different. Players must be completely committed to the game and love what they do.

If they aren't willing to work full-time and travel on the weekends to compete in the highest level, then players can't play.

For NAIT athletes trying to balance classes and sport, Howard offered some words of wisdom to keep in mind. "School is very important but don't give up your love of sport - keep a good balance."

Kevin Howard scored four goals in a losing effort against the San Jose Stealth and now leads the team in goals. Howard and the Rush look for their first home win on March 17 at 7:30 p.m. as they play the rival Calgary Roughnecks in a St. Patrick's Day showdown. Tickets are available at Campus Reads and Needs for just \$15.



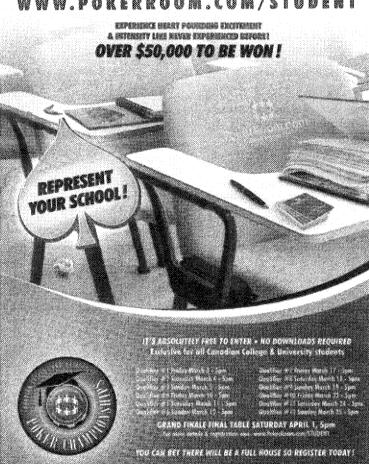
Kevin Howard leads the Rush in goals.

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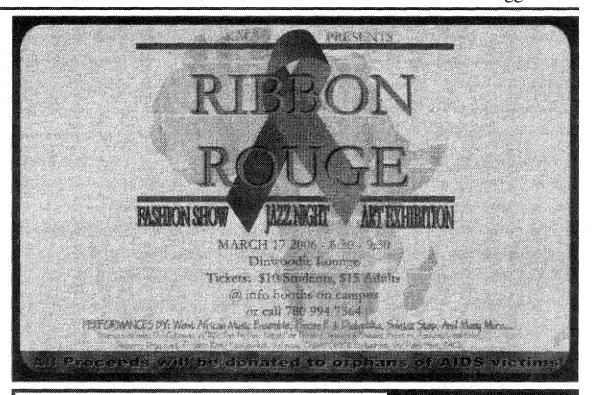
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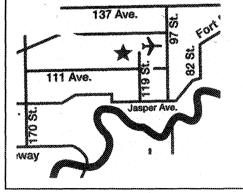
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The Nugget

Astral Reflections



By TIM STEPHENS

March 19 – 25, 2005

All times/dates are PST. Note to all signs: the Mercury retro period ends Saturday, March 25, so we can all soon assume forward motion in our projects and ventures.

Start Nothing: 2:54 a.m. to 3:43 a.m. Monday, 4:47 a.m. to 10:36 a.m. Wednesday, and 6:30 p.m. Thursday to 2:21 p.m. Friday.

Aries March 21-April 19 Investigate financial, secret, health and commitment zones Sunday – there could be a hidden prize, a fertile valley, an unexpected loyalty or valuable secret - after dawn best. Monday begins a month of higher energy, increased charisma, clout and effectiveness! But let your first steps be cautious steps this day and this week. Some confusion still exists in your direction and others' responses. Tuesday holds travel, legal, cultural, educational and love opportunities. Chase ambitions, career Wednesday / Thursday: progress is smooth. Your hopes, popularity and optimism rise weakly Friday, strongly Saturđay – expect happiness!

Taurus April 20-May 20 Celebrate life in some way Sunday, Taurus – pursue fun, love, beauty and joy. Take someone on an adventure. Monday begins four weeks of quietude, contemplation, health concerns and duties. During this period, deal with neglected chores, red tape, visit shut-ins, and connect with institutions, government agencies and spiritual or charitable sources. Keep your eyes open for secrets, misplaced loyalties, unpredictable financial influences Monday/ Tuesday. Understanding, a mellow mood, love's compassion come Wednesday/Thursday - ditto ease, opportunities in travel, culture, law and education. Your ambitions awaken Friday (solid, slow) and Saturday (opportunities, inspirations!).

Gemini May 21-June 20 Complete chores (or take a deep, long rest) Sunday – you will want to be free for the month of happiness, anticipation, popularity, flirtation and "future plans" that starts Monday. You're going to pursue your future - or at least make plans for it - in solid, definite ways. Your determination and hopes will be high. Just remember: conditions are not the best for starting new practical, business, career, marriage or relocation ventures until Oct. 26 onward - and improve immensely after Nov. 24. Study opportunities, partner's opinion, Tuesday. Finances, secrets Wednesday / Thursday. Enlightenment, Saturday!

Cancer June 21-July 22 Sunday brings pleasure, romance, creative urges and speculative success – plunge in and enjoy! Monday begins a month of ambition, work, reputation and status concerns. Your efforts behind the scenes, in closed-door discussions, planning, interfacing with government agencies or head office, will aid your progress. Money news continues to be good for another two weeks, especially about your assets. Work hard but carefully Monday/Tuesday. Relationships, opportunities flow well Wednesday eve, Thursday. You're finally ready to take financial action Saturday - go ahead! Secrets, physical desires, subconscious urges lead you to fulfillment.

Leo July 23-Aug. 22 Rest deeply Sunday. Monday begins a month of love, far travel, cultural events, legal dealings, higher learning, media involvements and religious/ philosophical understanding. These matters will be a source of optimism, happy socializing, and significant plans for the future. You might be wise to wait until Saturday (March 25) to plunge into them or start related ventures, though - this day brings fresh opportunities, new horizons and exciting people – among them potential partners! Romance goes slow or contains a glitch Monday, but it reaches new depths Tuesday. Work/health fill Wednesday/Thursday.

Virgo Aug. 23-Sept. 22 You remain undecided about all the opportunities, new horizons and potential relationships that have occupied your attention during March - but now you feel the pressure to commit to one or more of these. Don't be pushed; don't

respond to feelings of urgency. Wait until March 25, then delve deeply into research, mysteries, closed-door discussions, investments, finances, sexual intimacies, lifestyle changes and commitments (especially March 25 to 27, 29, April 3 to 5, 16 and 19, when luck rides with you). A brand new opportunity might pop up March 26/27!

Libra Sept. 23-Oct. 22

Buy necessities, groceries, Sunday. Monday begins a month of new, fresh horizons, opportunities and relationships. Some confusion lingers, so don't be quick to arrange dates, appointments or commit yourself - Saturday (March 25) onward will be soon enough. Still, Monday and Tuesday present you with great sources of information, tidbits, news items and travel ideas (any of which could later lead to opportunities). Re-establish your security Wednesday/Thursday – pay mortgage, contemplate, dig in the garden, reconnect with a parent/ child, etc. Romance, creativity, speculation are slow Friday, exciting Saturday! Some "marry"

Scorpio Oct. 23-Nov. 21 Your charisma "works" Sunday ask favors, get things done, make appearances! Monday begins a month of work and drudgery, health concerns and dealings with dependents, service people, employees/coworkers and possible machinery purchases/repairs. Don't dive into these before Saturday. (You're particularly tempted to buy things Monday / Tuesday – or to "pay up" for services – caution is called for!) Casual friends, easy trips come Wednesday/ Thursday. You'll be busy, so make a list. Settle down to earth, nature, home and family Friday/Saturday (very rewarding Saturday). Your sexual and financial desires are strong into

Sagittarius Nov. 22-Dec. 21 Lie low Sunday: find a quiet place and rest deeply. Your energy and charisma shoot skyward Monday / Tuesday – Monday morn's reliable, offers steady thinking; Tuesday p.m. brings changes, mild inspirations. In between, wildness reigns. These two days kick off a month of romance, longing, beauty, creativity, risk-taking, speculation, sports and dealings with children – you'll feel like a winner! A relationship comes sharply, too (Tuesday morning and the whole month ahead). You'll have

to decide if it's love or anger. Money's generally productive Wednesday/Thursday.Travel/ learning tire Friday; inspire Saturday! Delays end.

Capricorn Dec. 22-Jan. 19 Issue or accept spontaneous invitations Sunday – join others, celebrate, flirt, have fun! Monday begins a month of domestic concerns - land, property, family, nature, gardening, rest, sleep, diet, children, security, future retirement and "business territory" become important. You're already working on these things, but more will arrive soon. (Until Saturday, just handle what's "already here.") Start this period by resting, contemplating and assessing Monday/Tuesday. Accept no new burdens. Your energy and charm return Wednesday/Thursday-get things done! Money, income and net worth, stabilize Friday - new money ideas, ventures arrive Saturday.

Aquarius Jan. 20-Feb. 18 Promote your career interests or community status Sunday. Then put a notice on your refrigerator for the four weeks ahead: "Fun." Monday begins a month of short trips, details, paperwork, visits (siblings or casual friends) communications, office tasks, curiosity and news media. All these will bring you pleasure. Example: a short train trip creates a romantic interlude. It will be a busy but unimportant month, so have fun. But don't begin related projects before March 25. Social delights, optimism fill Monday / Tuesday. Rest deeply Wednesday / Thursday. Your energy and charisma soar Saturday!

Pisces Feb. 19-March 20 Spend Sunday in cultural, travel, philosophical mode - show love, seek learning. Monday begins a month of heightened money, spending and sensual interests. (But don't start any money or buying projects before March 25.) You'll be a bit more flush than usual. Your career, community status and relations with higherups or parents are highlighted Monday (results dicey) and Tuesday (progress, if you adapt). Social joys, flirtations and optimism flow to you Wednesday to midday Friday. Retreat, rest, plan and contemplate Friday eve, Saturday – seek lucky governmental, charitable or spiritual contacts!

www.astralreflections.com. Email: timstephens@shaw.ca. For a reading: (604) 261-1337.

I Volunteer! Lend a hand to a campus Conference

On Campus Volunteer Opportunity:

The NAITSA Volunteer Centre would like to thank all those volunteers that made this year's S.S. Benefit NAIT Cruise to India event another outstanding success! Thank You!

Volunteers are needed to assist with an on campus conference on March 24, 25 & 26th. Room monitors, registration, tour guides and many other volunteer positions available for that weekend. If you are interested in helping out please contact Shannon in E-133.

Off Campus Volunteer Opportunities:

Volunteers needed to operate the concession and manage door admissions at Festival Place Dance Festivals 2006. Six different Festivals from March 30 to May 14th 2006, weekday and weekend shifts are available. If you are interested in helping out please contact Andres at 242-0484 for more details, orientation sessions provided.

Help the Youth Emergency Shelter Society sell 50/50 tickets on Sunday March 18th, 2006 at the Edmonton Oilers game! If you are over 18, hard working, friendly and love dealing with the public, please call Melanie at 468-7186 ext. 234 for all the details.

The Mill Woods Family Resource Centre Society is now accepting applications for Board Members. The Centre requires mature board members who have a background in business or finance and have an interest in social services, child development and issues facing new immigrants.

THE GIV'ER POINT PROGRAM HAS CHANGED ITS CUT OFF DATE TO MONDAY MARCH 20 2006 AT 4:30 P.M.

PLEASE HAVE ALL YOUR GIV'ER POINTS SUBMITTED TO SHANNON MARSHALL IN E-133 (NAITSA **UOLUNTEER CENTRE) AS SOON AS** POSSIBLE.

GARDE DIMES

'WD40 would clear the problem'

(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to:

nuggetgrapevines@hotmail.com)

To the NAIT guy I met over Christmas at the Westsyder Pub, I just thought I'd say hi. I hope things are going well. -Some girl

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Chuck Norris isn't afraid of the dark. The dark is afraid of Chuck Norris.

-Chucky

You know what really drowns my dolphin? The Party Posse and his use of the line you know what really grinds my gears. Mr. PiBB was the original user of this line in the Grapevines in issue 12, volume 43, until Party Posse stole it to print lame rants about girls that smoke or are too skinny. Your articles are ridonkulously terrible. Peter Griffin would be ashamed. And that people is what drowns my dolphin.

Mr. PiBB

To Mr. PiBB,

Isn't having gears that grind completely unacceptable in a trade school like NAIT? You'd think a little WD40 would clear that up.

- Editor

To Mulaflaga
1) Those three guys were created by the Earth Alliance to fight the Coordinates equally.

2) Yes, Fllay died.3) Aegis colour is red.

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There, now retire. Wow, thanks for raiding my closet, you pasty white bitch. Snook D

Hey parking Nazis, I hope you drown in a p

I hope you drown in a pool of your own vomit you douche bags. Get a life. If we could get parking passes we would, but we can't!

Sincerely, The guy in the yellow coat.

Scott, that is so cute that yo

Scott, that is so cute that you can read! Try not to drop your food off of your highchair so much!

-TH2

Gimme some wild thang! W-I-L-D T-H-A-N-G!

- Broke bloke

Classifieds

For Sale 4 string Ibanez SR900 Bass guitar with Gator case & stand, 500 watt SWR Head and 5' SWR Cab with 8 x 10" Subs. Excellent condition. Sold as package (\$2,900 OBO) or separate. Dale 464-4641.

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support.

Looking For Some Urban Adventure?

Get your team of 5 together and take the Ability Challenge, our spin on the Amazing Race.

For more info check our website www.cp100bikeathon.ca

NAIT International Club ELECTIONS

Want to become more involved at NAIT? Looking to meet new people, and gain valuable experience?

Elections for all positions to be held at the International Student Service Office (W301)

@ 4:00pm on Friday, March 24th

Please feel free to come if you want to become involved in any way.

For further information please contact leighb@nait.ca

www.nait.ca

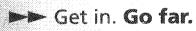
Bilingual Business Administration gets results



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Single



By KAITLIN VISSCHER

We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

Name: Sean Shymka Age: 18

Program: First year business Turn Ons: Chicks who think I am sweet Turn Offs: Girls with too much meat on their bone

(obese girls) and girls that won't go all the way.

Dream Job: Full time fire fighter and a part time model

Pream Girl/Boy: Jo Jo
Favorite Movie: 3 ninjas, Pee Wee Herman's Big
Adventure and Cool Running's
Last concert I went to was: Limp Bizkit
The first part of the body I check out is: The badonkadonk and ears

Ultimate Date: A nice fondue, then a nice relaxing hot tub, so I can take my shits off and show off my big mussels and if every thing goes right a cheap, hotel

I'm single because: There are way too many chicks after

me and I can't make up my mind.

Why I'm better then your current Boyfriend/Girlfriend:

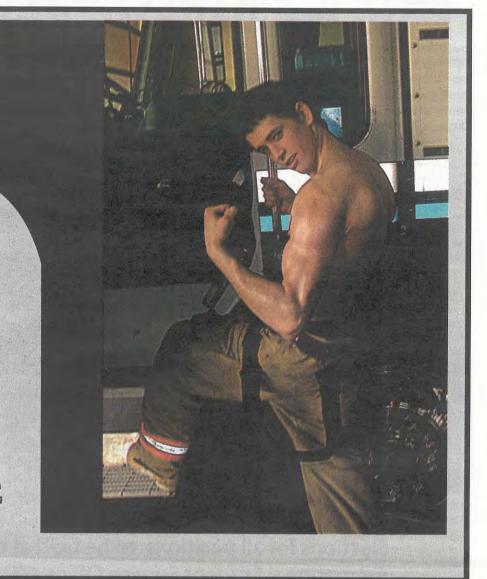
Well obviously, I am better looking, have a better body and will do anything to make you smile.

Other Information you want to share:

I love working out hard at the gym, saving people lives and live by three words: party, party, party. If you think I'm hot, you should see my buddy Ron.

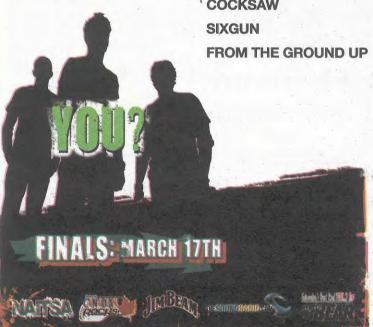
If any girls are interested in Sean, feel free to email Kaitlin at kaitlinv@hotmail.com and maybe we can set something

If you're an eligible single male or female and you want to be featured here, submit your name and e-mail address to kaitlinv@hotmail.com.





OK CADET STEREO THERAPY **COCKSAW** SIXGUN





Saturday, April Sth NAIT Arena, Main Campus

12 bands! 2 stages! \$10