

OLYMPIC HOCKEY — MEN DROP THE BALL LIKE AN UGLY CHILD

THE NUGGET

Thursday, March 2, 2006
Volume 43, Issue 17

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

BITTER SWEET FOR OOKS

NAIT Athletics season is over! See story inside.



Photo: Trevor Elliott



Photo: Trevor Elliott



Photo: Trevor Elliott

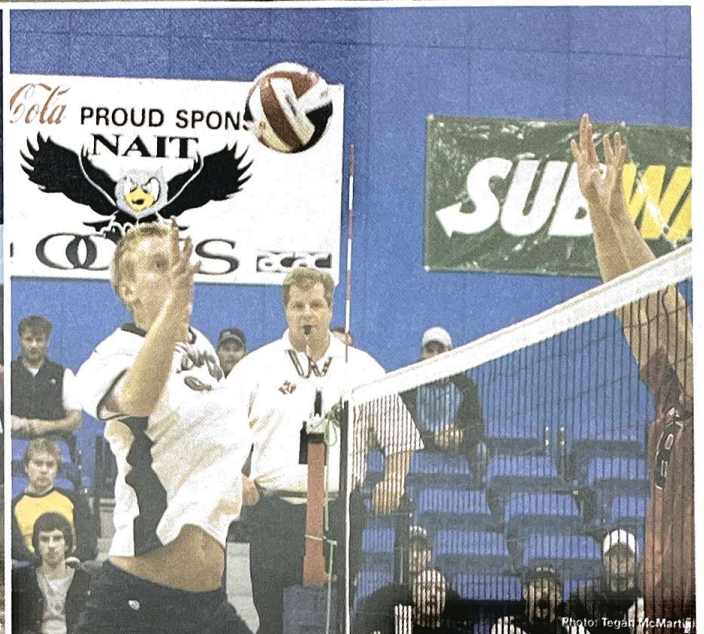


Photo: Tegan McMartin

Olympic Corner

See story inside!



torino 2006
Olympic rings logo

NEWS & FEATURES

Sherritt invests in NAIT

BY TARA COPELAND

NAIT's campaign to meet the country-wide demand for skilled trades people just got a shot in the arm in the form of a \$1 million investment promise from Sherritt International Corporation. The money will go towards the creation of a new millwright shop.

Sherritt is not the only company to invest in the trades at NAIT, but they're one that stands out. "They've taken a leadership position. NAIT has been there for them," said Dr. Sam Shaw, NAIT president.

"Our nickel and cobalt refinery in Fort Saskatchewan is home to a number of NAIT graduates at any one time - over 90 per cent of our

operations and maintenance personnel and close to 30 per cent of our professional staff have NAIT qualifications," said Jowdat Waheed, President and CEO of Sherritt International Corporation in a statement.

The new centre will result in an increased number of millwrights being trained at NAIT every year. The yearly number of millwright grads is expected to jump from the current rate of 540 grads to 750.

But if you think the demand for skilled trades people will diminish with time, think again. According to Shaw, diversified projects like the 2010 Olympics in Vancouver and the retirement of the baby-boomer generation will lead to an increased demand for

people in the trades.

When Shaw was in Grand Prairie recently, someone told him, "Stop talking about the shortage - it's a crisis."

"There's not a pump in any organization that is not maintained by a millwright," said Shaw.

And for those thinking about working in the trades, there couldn't be a better time. According to Shaw, there are huge opportunities in the trades right now - and not just in terms of pay. "You can be a part of a large company or you can even start your own business," said Shaw.

The Sherritt International Corporation Millwright Shop is scheduled to open August 2007.

YES!

NAIT has a news show



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starting March 12th

Shaw Cable

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www.toastmasters.org

OPINION

Bush moves are scary

EDITORIAL

For the first time since Sept. 11, the citizens of the U.S. seem united on something — George W. Bush dropped the ball with homeland security.

Many Americans seem upset with the U.S. government's decision to contract out management for several U.S. ports to the United Arab Emirates.

My question is if you're against a move like this, why would you vote for a conservative government with a track record like Bush's?

Conservatives believe that government should "let the market do it." Conservatives are against public ownership and big government. But the irony is that this move has upset Democrats and even many Republicans alike.

Will public safety be at stake if an Arab company is running their ports? Possibly.

Will there be more drugs and weapons smuggled into the United States? Probably.

Will foreign terrorists have

a better idea of what measures are in place for national security in the United States? Absolutely — and if anyone thinks terrorists won't use this information to find breaches in security, they should give their head a shake.

It's unfortunate that Bush is the poster child for today's Conservatives. The W has opened the door for the private Vs. public ownership debate and trigger-happy Cheney has anti-gun lobby groups up in arms.

Most would agree that it makes sense for a Republican to sell off government assets and give private public utilities. But the fact remains that many Republicans are against this move.

So why would Bush continue to go through with this?

The man nearly choked on a pretzel and by his own admission, prefers books with pictures.

Does this affect us Canadians? Generally, anything that happens to the U.S. affects us on some level. It would make it easier for terrorists to come into our country through the United States.

Only time will tell if we will be affected, but one thing is for certain — the States will be affected and the Americans aren't happy.

Another sore spot with the move to contract out work to the United Emirates is that US jobs will be lost in the process. That really, what's more important: saving tax dollars by contracting out work or creating jobs?

Perhaps Americans should have asked themselves these questions before they cast their last vote.

A Groggy nation awakes to find that they have both tattooed the names of the millions of their collective ex'es onto their backs, as well as elected Stephen Harper as Prime Minister.



A resolute Nation vows never to drink again.

CUP W/te

CHARLES NOBLE
EDITORIAL

If you're one of those people who just can't seem to get enough sleep, especially after that week off, you're not alone.

About one in six people suffer from chronic insomnia, which basically means you don't feel like you've slept because every time you fall asleep, you wake up, then can't seem to get back to bed.

The cause for most people experiencing insomnia is an irregular sleep pattern or some stress in their lives. It usually takes about two weeks to get your body accustomed to a sleep pattern and people tend to get different amounts of sleep on vacation versus while in school or during the week versus the weekend. This doesn't help at all — if you sleep early during the week and get up really early, then on the weekends you stay up really late and get up in the afternoon, your body never has time to adjust to either sleeping pattern, leaving you groggy during the week and on the weekends. You just never want to get up to start

the day. Many other medical problems can be caused or you could have an increased risk of developing them (even you have insomnia, but I won't go into much detail concerning these since you're probably not at risk).

Some ways to reduce the inability to rest your eyes late at night, don't eat lots of sugar, chocolate and don't smoke right before bed, because these can cause stimuli in your brain that just keeps you awake. Alcohol in small amounts can help but eventually, you'll probably become a little resistant to the effects, and this might lead to addiction problems. Of course everyone knows you shouldn't drink pop or coffee before sleeping because that'll just keep you wired for a while. Foods that can help you get to sleep are grapes, bananas, yogurt and turkey. See, that feeling of sleepiness you get after Thanksgiving has a scientific reason — it's not just because you're tired of your relatives. Sometimes, just a pattern can

help a bit. Let's say every night before sleeping, you drink a warm glass of milk or take a warm bath and then perhaps you'll be able to relax and go to bed and sleep without waking up constantly. The one thing people shouldn't do is fall into the pattern of taking sleeping pills before going to bed. This can just cause you to become dependent on them to sleep and could lead to addiction problems. Furthermore, you'll probably need higher doses to feel the same effect.

Just remember if you can't fall asleep to keep in mind what you've been eating and how you've been sleeping other days and you'll realize that it's all related. Keep in mind a schedule that will keep you up a little less late and give you more time to sleep at night leaving you refreshed in the morning and still getting everything you need to do during the day done.

If anyone has article ideas or comments, I don't mind reading your opinions, email me at kh55a7rock@hotmail.com.

Letters welcome

We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget.

Is something bugging you about NAIT or the rest of the world?

Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words.

Hi! We're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to nuggetsubmissions@hotmail.com.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

NAIT SA

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The Nugget encourages submissions. Visit: nuggetsubmissions@hotmail.com or nuggetpaper@naitsa.com

THE DEADLINE IS 12:00 p.m. on the last school day of the week.

All submissions must be accompanied by your name & student ID number.

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Mouthing OFF



by CHERYL MARSONETTE AND SARAH HAYNES

GETTING MOUTHY: Each week we at The Nugget pick an interesting question of the week to pose to NAIT students. Then we send out an eager reporter to capture the thoughts of various people on campus about the burning issue.

WHAT ARE YOU LOOKING FORWARD TO IN SPRING?



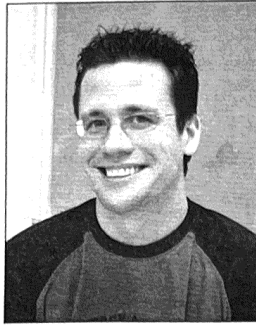
Erin Nilsson
– Photographic Technology

"Puddle jumping."



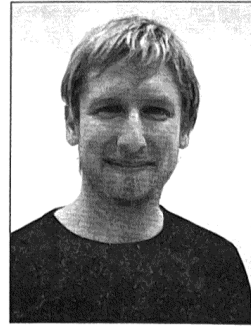
Javid Hashimi
– Radio Television Art

"Doing practicum in Radio Television Art."



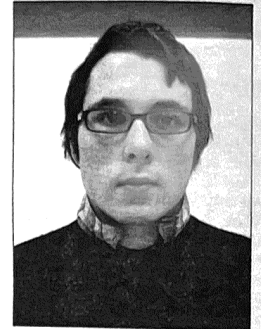
Craig Gebhardt
- Radio Television Art

"Seeing girls in skirts."



Dustin Delfs
– Photographic Technology Alumni

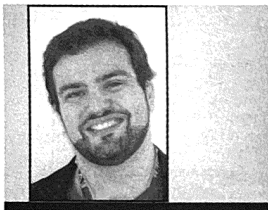
"Warm weather, everything."



Ira Anderson
– Photographic Technology

"Having free time in the daytime hours to shoot. Using existing light studio, relaxing"

You know you're addicted when...



By SHANT CHAKMAKIAN
OPINION

Most of you who read this may have been addicted to something or know someone who has. Drugs and /or alcohol may be enjoyable under the influence but at what cost?

Some things can be really addictive namely crack, cocaine, heroin, crystal meth etc. And some things can contribute to mental addictions like Marijuana, or Mushrooms. But no matter what your poison, substance abuse is substance abuse. So the question is how do you know when it's a problem? And how can you get help?

First of all, if you do something every day and especially can't go a day without it you are probably most likely addicted. Other warning signs might be in times of heightened emotional states, you may "need" a particular substance and can't go without it. Obviously, that's

a problem too.

This is because in your mind, you are developing a psychological addiction, telling yourself in certain circumstances you need to depend on a particular substance to get you through a situation or to cope with something. But really, truly coping with something is just coping with it.

When you delay dealing with whatever problem and just end up "getting wrecked" you are just going to be faced with the same problem when you sober up. I used to have a friend who under times of unbearable stress, he'd get wasted. He'd take time to distance himself from the problem, so when he does have to deal with it, he has some "breathing space" as he likes to put it. Now it may not be the best way to deal with your problems but it certainly isn't the worst. However, if you deal with all your problems this way obviously it's much worse than you may think so counseling might be at hand.

Apart from the psychological addictions of any substance (which are worse if you happen to have an addictive personality) there are physical addictions and if you or a friend ever wind up with this problem, you may be on a

rocky road but don't worry, there is light at the end of the tunnel, but it's best to seek help.

So where do I go for help or who can I talk to? There are many avenues of option that you or a friend may seek for help. Sadly enough not everyone knows about them and some people either stay with their addiction or even commit suicide. Support groups and organisations are undoubtedly one of the best ways to kick the habit and to stay. They range from Narcotics

respective habit doesn't have to be as abrupt as one may think. First of all you have to admit and identify the problem. It's always the first step of doing that and second of all research can always help one come to

conclusion, go to www.aadac.com for more information and if you are quitting a chemical substance or are an alcoholic trying to quit you will almost undoubtedly get symptoms of withdrawal, (to research this go to www.addictionwithdrawal.com).

Furthermore if you do any type of chemical drugs "recreationally," you may not be totally addicted but you put yourself at risk of developing an addiction later on in life. And you never know it could happen now. It could happen when you're married and have a career and end up totally running your life. An old friend once told me "every time you try a drug it's like opening a door that can pull you in, it can either pull you in then or pull you in later, you never know." Sadly that friend was addicted to meth.

Quitting an addiction is not an easy task but in the end you will be a better and healthier person for it. With the help of friends and family and the appropriate organizations and support groups, it can be much easier than you think. But first you have to identify your problem and step to the plate.



Marijuana

Anonymous (421-4429) to Alcoholics Anonymous (424-5900) to AADAC (which covers everything including smoking) (427-4291).
But kicking one's



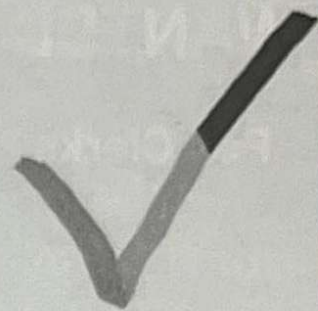
Beer

that



Cocaine

NAIT Students' Association 2006 Election Information



NAITSA CAMPAIGN WEEK

MARCH 6 - 8, 2006

'Elections are more about listening to constituents than talking to them.'

DEAR VOTERS:

During the four days that students will be campaigning they will be giving speeches, making promises and touring the campus to get your vote. Most of all, they will be asking for your opinion.

Give it to them.

During campaign week be sure to take some time to talk to a candidate and tell them what you expect next year. And, be sure to check out their speeches to hear what they have to say!

ELECTION SPEECHES

Speeches will take place from: 11:15 to 12:10 pm, and 12:15 to 1:10 pm

Date	Location
March 6th	The Bistro (Annex) Bytes (HP Centre)
March 7th	Tower (8th Floor) Natrium
March 8th	Fresh Express Cafeteria Common Market Cafeteria

ELECTION DAY

THURSDAY, MARCH 9, 2006 9:00 am - 4:00 pm

'The easiest way to speak your mind is to write this... X'

Believe it or not, the national average for turnout in student elections is about 11%. Make sure you stop at a polling station on March 10th and cast your ballot.

NAITSA Needs Good Leadership... We want to be known for our accountability to our members. But first we need your vote. Cast your ballot on March 9th and make your voice heard!

POLLING STATIONS

- NAITSA Office (E131)
- The Tower (1st floor)
- The Bookstore (X-wing)
- South Lobby (Main)
- Fresh Express (south foyer)
- HP Centre (1st Floor Outside "Bytes")
- Engineering Annex (main stairwell)
- South Campus (Main office)
- Patricia Campus (Main office)
- St. Albert Campus (Main office)

BRING YOUR VALID NAIT ID CARD
All you need is your valid ID card at the polling stations. Full-time, part-time and apprentice students are eligible to vote. Con Ed students are not eligible to vote.

NOW HIRING POLL CLERKS - MAKE SOME \$\$\$
Holding an election is a lot of work. Poll clerks needed...\$8

ADVANCED POLL STATION ANNOUNCEMENT

There will be an advance poll on Sunday, March 5 from 12 noon to 2 p.m. for those students who won't be on campus March 9.

Please come to the NAITSA office (E131). There will also be an advance poll on Tuesday, March 7 for anyone who can't make it on March 5th or 9th.

Please contact Rita at 471-8960/email: ritac@nait.ca for more details.

Thank you for voting on March 9th

WANTED

Poll Clerks
required
for NAITSA
Elections,
Thursday
March 9, 2006.
Various shifts
still available.
\$8.00 per
hour. If
interested
please come
to the NAITSA
office E131 to
sign up.

TUITION TAX RECEIPTS 2005

STUDENTS: The T2202A Tuition Tax Receipts for the 2005 calendar year will be made available on the Student Portal at www.nait.ca/MyNait in February 2006.

Instructions are provided on line to assist in creating your NAIT login and printing your T2202A.

Please note: Tax receipts will not be mailed. Students requesting a printed T2202A form will be charged \$10.

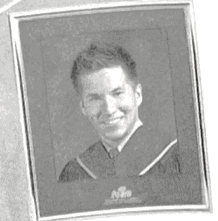
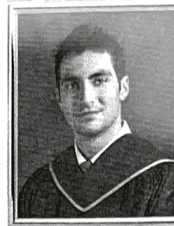
Spring 2006

Sessions are available from
February 23 to March 22, 2006

Grad Portraits

by NAIT Learning Resources

For more information look for our posters at all NAIT Campus locations or check our WEB page at:
www.nait.ca/tcl



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Have your portrait photographed between February 23 and March 2, 2006 and you will SAVE the studio fee of \$10.00

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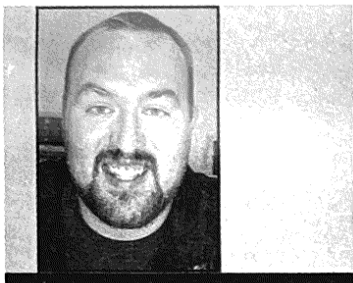
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ENTERTAINMENT



Audiences STOMPed in Edmonton



By **TREVOR ELIOTT**

Mix 200 litres of water, 30 brooms, 15 pounds of sand, 12 pairs of drumsticks, 12 boxes of matches, and eight unbelievable percussionists and you get one unforgettable week of unorthodox rhythm and comedy during STOMP's

performances Feb. 21 to 26 at the Jubilee Auditorium.

STOMP, currently in its 15th year of production, was a hit amongst the sold out shows as there was a little something for everyone. Whether it was percussion, dance or comedy, STOMP brought it all in the timeless production.

This ingenious production has long been infamous for its astounding use of normal, everyday items to produce rhythmic beats that always result in crowd participation.

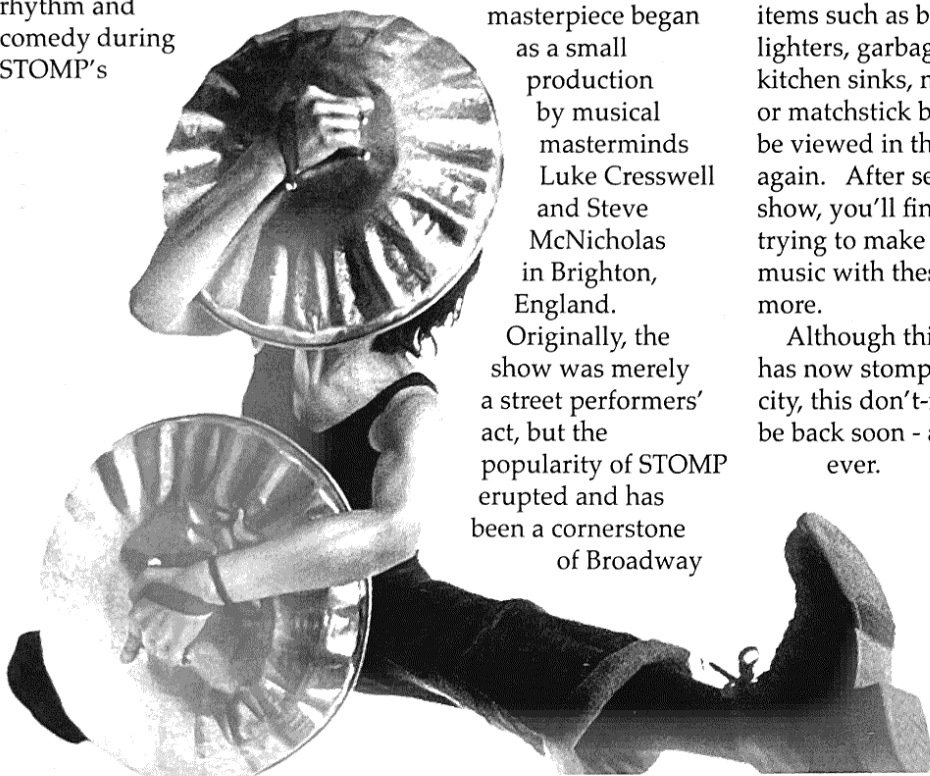
The sensational masterpiece began as a small production by musical masterminds Luke Cresswell and Steve McNicholas in Brighton, England. Originally, the show was merely a street performers' act, but the popularity of STOMP erupted and has been a cornerstone of Broadway

since Feb. 1994 as well as a traveling road show entertaining audiences around the world.

There was no hidden agenda in the production, no political messages and no implicit opinions expressed. Rather, the near-two-hour show was packed with memorable beats that found the audience clapping to the performers' beat during the show and honking their car horns to their own beat as they left the parking lot after the show.

Never again will household items such as brooms, lighters, garbage pail lids, kitchen sinks, newspapers or matchstick boxes ever be viewed in the same light again. After seeing this show, you'll find yourself trying to make your own music with these items and more.

Although this production has now stomped out of the city, this don't-miss show will be back soon - and better than ever.



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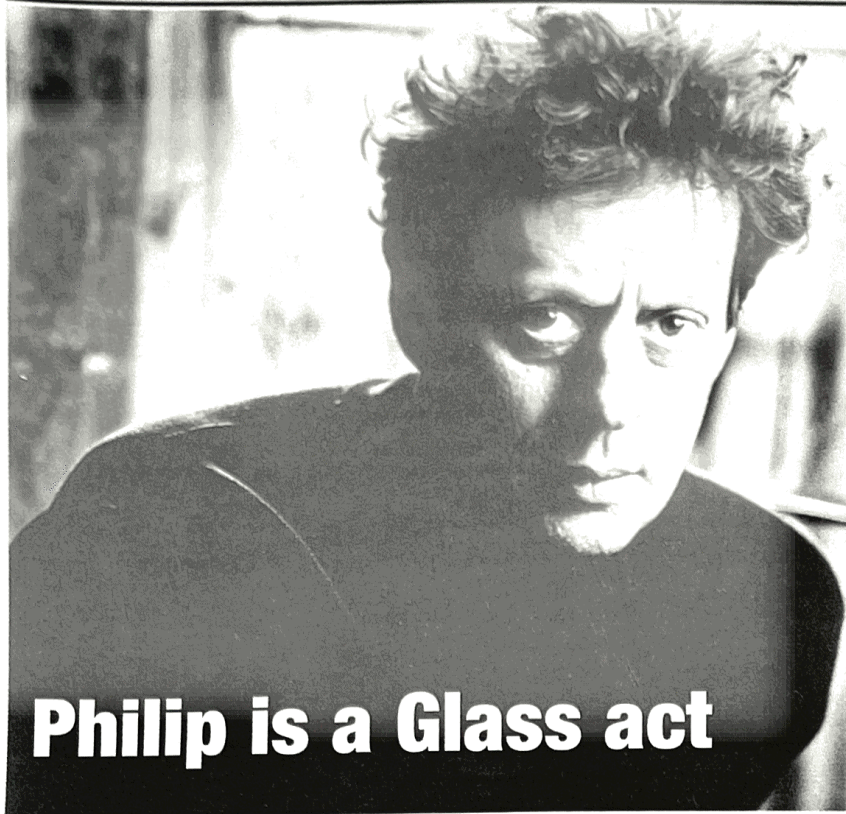
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Qualifier #2 Saturday March 4 - 5pm	Qualifier #8 Saturday March 18 - 5pm
Qualifier #3 Sunday March 5 - 5pm	Qualifier #9 Sunday March 19 - 5pm
Qualifier #4 Friday March 10 - 5pm	Qualifier #10 Friday March 23 - 5pm
Qualifier #5 Saturday March 11 - 5pm	Qualifier #11 Saturday March 24 - 5pm
Qualifier #6 Sunday March 12 - 5pm	Qualifier #12 Sunday March 25 - 5pm

GRAND FINALE FINAL TABLE SATURDAY APRIL 1, 5pm
 For more details & registration visit: www.PokerRoom.com/STUDENT

YOU CAN BET THERE WILL BE A FULL HOUSE SO REGISTER TODAY!



Philip is a Glass act

By KEVIN GIBSON

The music of Philip Glass is inescapable. It's all around us. From the highbrow (Operas, etudes, scores for such films as The Truman Show, The Hours, The Fog of War & Kundun) to slightly lowbrow (The Candyman score, that Am-Ex ad with De Niro), Glass' melodies have graced the soundtrack to our lives.

Last Friday, E-Town's WASP elite descended upon the suitably elegant McDougall United Church for an evening of solo piano performances courtesy of the man himself.

Tentatively taking the stage, Glass softly introduced the first of the night's four pieces, Mad Rush, which nicely encompasses so many of Glass' trademarks: the elemental - light reflected off water, tectonic plate shifts - to the steel and glass bustle of Gershwin.

By his own admission no piano virtuoso, Glass nonetheless elicited a singular sound that filled the room. At times, the tone and resonance produced didn't even seem to emanate from a piano.

By the third piece, my thoughts turned pensive as the music's hypnotic rhythm took hold. The message on the church's banner before me suddenly seemed profound. It read, "Prayer can't change life for you. Prayer can change you for life." By the time the last note sounded, I was in a heavy trance. Then it was done.

The audience jumped to their feet, perhaps partly for relief from the hard embrace of the church pews and wildly applauded for the pre-eminent composer of our time, mostly just grateful for the rare opportunity to witness the master up close and unadorned. There was even a chorus of "Bravo" which, for once, didn't sound like a joke. In fact, it sounded well deserved.

Reviews

By TRYSTAN MEYERS

Sergio is heavenly Two years too late

Artist: Sergio Mendes
Album: Timeless
Release Date: Feb. 14 2006
Label: Concord Records

What do you get when you throw together a dozen mainstream artists and producers, crossed with the legendary Sergio Mendes?

A non-mainstream sounding album that lends to the urban culture of Brazil, samba and bossa nova with the urban culture of America, hip hop and rap.

The star studded line up on this record features Will I Am, Q-Tip, Justin Timberlake, Erykah Badu, Stevie Wonder, Jill Scott, Mr. Vegas, John Legend, Debi Nova and more. This lethal combination does not create the typical manufactured radio hits and club joints.

Every artist showcases their talent - from being a true musician, to producing and being the ultimate connoisseurs of truly good music. The sound can be compared to no other. The instruments come to life in the Latin flavoured collaborations.

The flow in Berimbau/ Consolacao is truly heavenly. With the exception of Surfboard the whole album is very relaxed and free of commercialized thunderclaps. Even though Loose End has been released as the first single, the essence of, Yes Yes Y'all has to be the best toe tappin' tune.

If you are feeling adventurous and have an extra 15 bucks lying around, go grab this album - you will be pleasantly surprised.

Artist: Mylo
Album: Destroy Rock & Roll
Release Date: Feb. 7 2006
Label: Red Int/Red Ink

As Canadians, we are always second to catch on to good things, Chicago house, '90s trance and now Mylo. Destroy Rock & Roll was originally released as an import in 2004. The 2006 domestic release features three new versions of songs from the prior. Many music lovers need a slap in the face to open their eyes to different music.

With the mega hit, Drop The Pressure & Muscle Cars, Mylo was thrust into the lime light, being compared to Royksopp.

Even if you still call dance music "techno" because you are too uneducated to use the proper terminology, this album is extremely easy to listen to. There are pop fill tracks, chill songs, thought provokers and some just plain fun cuts. Can Mylo handle the pressure of being Scotland's new, misunderstood artist you ask? Not only has he handled it, he drops the pressure and the whole world is feeling the aftershock. Mylo is being hailed, "The savior of dance music," because he lacks the purist attitude. He has made music fun, relaxing and he created an element of escape. The essential ingredients for what all music should be. His style is hailed as bubbling electropop, staccato breaks and unstoppable bass lines. Go jump on your bicycle, discover your inner child and buy this album.

Shadow of the Colossus a must-buy

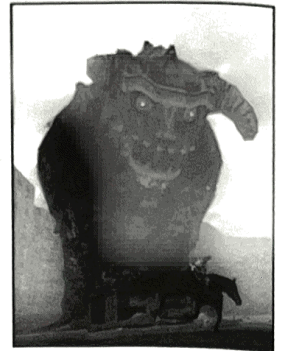


By CHARLES NOBLE

Sound: Amazing music score as well as sound effects that will make you forget you're playing a game. You'll clench your teeth when you hear the grunts and sounds the Colossi make as they approach you and that will really make you want to run and hide. The voice acting is great because they don't use English like most games - they just sub the language they use, which I'm pretty sure is a made up one.

Graphics: Among the best graphics I've seen, second only to God of War. But the way the graphics are utilized is where this game really earns its stars. The Colossi in the game are well detailed and the proportion of your character to these giants is about 1 to 100. These giants are incredible just to watch wandering around their many environments, never mind the battles. The landscapes you frequently wander through throughout the game are incredibly detailed and have many different looks.

Gameplay: Your horse in the game is vital to getting around the lush landscapes, since the land is so vast and it can take you quite some time, even riding horse-back to get from point to point. You only have two weapons:



a sword and a bow, but these two weapons do make for some entertaining battles with Colossi that are barely scratched when an arrow hits them. It is more of a strategy game, as you can't just go head to head with these beasts - you have to approach the situation with a plan on how to kill these huge Colossi by reaching vital spots on them.

Lasting Appeal: It isn't exactly the longest or even the most challenging of games but nonetheless, it is extraordinarily immersing and will keep you entertained even after multiple replays. For most, I actually think finding the 16 Colossi will be harder than defeating them, but when you're in a battle with one of these giants, you can't help but want it to last as long as possible since it's just so much fun battling them.

This game is the best immersing experience and is a must-buy!



MR. LAHEY and RANDY
from **THE TRAILER PARK BOYS**

Thursday, March 23 & Friday, March 24 at The NEST

\$20

Available at the NAITSA Office & The NEST

NAITSA JIM BEAM CANADIAN ROCKS BEAR

Trew love

Canadian band turning heads with Aerosmith and The Stones set to play NAIT graduation gala.



The Trews are ready to preform at NAIT Graduation Gala Photo File

By Dave Mallett

There has been much made in The Nugget's entertainment pages this last year about the rise of Canadian music. One band who has ridden the wave is The Trews. Ready to make an appearance at Red's this March, the band is also scheduled to play the NAIT graduation gala.

We had a chance to talk to the band recently about their rise to fame. Ready to enter the volatile U.S. market, the band has been touring constantly in preparation for their stateside invasion.

Sony will be taking on the boys south of the border and their game plan is not that different than it was for the Great White North.

"We'll just try to hook up with someone who has roots in the ground - doing the same thing we did up here," said vocalist and bass player Jack Syperek.

The band toured with Big Sugar when it began massaging the Canadian scene, leading to an eventual record deal and the hit single that propelled the band to the top of the charts, Not Ready to Go.

Now the likes of Aerosmith and The Rolling Stones are singing their praises.

Opening for the Stones as part of their Canadian tour, Syperek said that the "offer to open for the Rolling Stones - that was a huge thrill. Nobody has anything on the Stones."

As for the Aerosmith connection, rumours had flown that singer Steven Tyler had taken in one of their shows in New York City. Indeed, he had not attended. But, he is a fan of the album, telling the Trews he thought the "album slams," according to Syperek.

Whether or not it slams is up to you, but the band is aware it has come along at a rich time for Canadian rock.

"We're quite pleased to come along at the right time. We were going a tour own pace. Everything was gradual, nothing was a shock. It was a bonus," said Syperek.

For now, fans of the Ontario rockers have plenty of chances to catch up with the band.

A live DVD is in the works. "Yeah, there is talk of a DVD. We had a big shoot at the Opera House in Toronto. It's still in early stages. I don't wanna talk about it too much," said Syperek.

Until then there are two chances to catch them in E-town. Tonight, The Trews are joined by Rocketface at Red's. A month later you can catch them here at NAIT as part of the Grad gala. For the whole night it'll cost you 40 clams, but for the show and dance only, a cool 20 bucks is all that is required. Tickets at Ticketmaster and at NAITSA.

Oscar picks 2005



????? Photo File

BEST PICTURE

- BROKEBACK MOUNTAIN
- MUNICH
- CAPOTE
- CRASH
- GOOD NIGHT AND GOOD LUCK

WHO WILL WIN:

Brokeback Mountain - this film has had Oscar momentum on its side since its release. Well crafted, emotional and connecting with the public (nearly \$80 million in box office) BM is seen as the shoe-in for winner of Best Picture this Sunday.

WHO SHOULD WIN:

None of them. The best picture of 2005 was The Constant Gardener. While Brokeback is likely the most worthy of those chosen, neither Crash, Munich or even the inspiring but dry Good Night and Good Luck call for the acclaim they have received.

BEST ACTOR

- David Strathairn, GOOD NIGHT AND GOOD LUCK
- Philip Seymour Hoffman, CAPOTE
- Joaquin Phoenix, WALK THE LINE
- Heath Ledger, BROKEBACK MOUNTAIN
- Terence Howard, HUSTLE AND FLOW

WHO WILL WIN:

Philip Seymour Hoffman. While Ledger's turn in BM may have garnered his best buzz to date, and Phoenix's Cash was a sight to behold, Hoffman has a lock on this category with his affected performance of Truman Capote. He deserves the award, if not for recognition of past triumphs like Love Liza and Magnolia.

WHO SHOULD WIN:

Hoffman again. A true talent, his award will allow him to get roles that live up to the hype.

BEST ACTRESS

- Keira Knightley, PRIDE AND PREJUDICE
- Judi Dench, MRS. HENDERSON PRESENTS
- Felicity Huffman, TRANSAMERICA
- Reese Witherspoon, WALK THE LINE
- Charlize Theron, NORTH COUNTRY

WHO WILL WIN:

Reese Witherspoon. At the SAG awards, Witherspoon won the award. Normally, the Screen Actors Guild winner

takes the prize on Oscar night. Though she is sweet as can be as June Carter, this is not worthy of an Academy Award.

WHO SHOULD WIN:

Felicity Huffman. The Desperate housewife is a transvestite in this powerful drama about family ties. Brave, ego-free and effective, she has the finest performance on that list.

BEST DIRECTOR

- Ang Lee, BROKEBACK MOUNTAIN
- Steven Spielberg, MUNICH
- Bennett Miller, CAPOTE
- George Clooney, GOOD NIGHT AND GOOD LUCK
- Paul Haggis, CRASH

WHO WILL WIN:

Ang Lee. Long a favourite of Academy types, he will have no problems cleaning up this year. Spielberg's Munich has little momentum, Capote's Miller is a newbie to the scene and Clooney and Haggis have to tame their talents further.

WHO SHOULD WIN:

Lee. With Crouching Tiger, Hidden Dragon and Sense and Sensibility also on his resume, it is Lee's time to be recognized. A fine storyteller, 2005 is his year to win.

QUICK PICKS:

BEST SUPPORTING ACTOR

- Look for Clooney to possibly take it here for Syriana. Nominated for three awards, this may be his category to win, seeing as his performance is quite good.

BEST SUPPORTING ACTRESS

- Rachel Weisz should take this for The Constant Gardener. Though the category should go to Amy Adams for he layered performance in Junebug, Weisz has been winning this award everywhere she goes.

DOCUMENTARY (Long Form)

- This was the year documentaries exploded and there are many popular ones on this year's list of nominees. Others may be more incisive, but I think the March of The Penguins has it locked.

Naturally, there are many more nominees to assess. Due to lack of room, however, we cannot look at them all. Go to Oscar.com for all the details.

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SPORTS

Emotional weekend for NAIT Athletics

By Trevor Elliott

The 2005/06 season came to an abrupt end for NAIT Athletics as all of their teams ended their respective season early.

Something strange happened between Feb. 22, when NAIT Athletics Director Gregg Meropoulos was hyped up about the play-offs and Feb. 26 when the men's volleyball team gave the department hopes of another trip to Nationals.

The excitement of the Athletics Department was well warranted. Both volleyball teams made it to their respective ACAC play-off tournaments. The men's basketball team captured a play-off berth versus Mount Royal. Both hockey clubs also received play-off berths, including a first-round bye for the Lady Ooks.

After all the excitement, the wheels just simply fell off of all but their unlikely of teams – the men's volleyball squad.

Men's Volleyball

The under-rated men's volleyball squad claimed bronze on Feb. 26, winning the first NAIT volleyball medal in over a decade.

The Ooks edged out nationally ranked (number 12) Grande Prairie in a tough, back-and-forth, five-set match to open the tournament. The Ooks found themselves down two set to one, but battled back to claim the victory (28-30, 25-22, 23-25, 25-18, 15-13).

Next, the Ooks clashed with the number one Canadian college team, the Red Deer Kings. Try as they did, the Ooks were simply no match for the six-peat National Champion Kings, losing in three straight sets (25-16, 25-

17, 25-23). A perennial ACAC volleyball powerhouse, Red Deer went unscathed en route to a seventh consecutive ACAC Championship in front of their home-town fans.

The Ooks made history on Feb. 26, however, as the men faced off against the home-town rival Griffins in a volleyball battle of the ages. Character, skill and integrity gleamed from the NAIT side as they quickly took the first two sets. But nationally ranked (number eight) MacEwan refused to lose and clawed back to tie the match and send it to a fifth and deciding set. The Griffins kept the set close, but NAIT maintained their "tradition of excellence" and captured the Bronze (25-19, 25-18, 23-25, 21-25, 15-12).

The men will now wait to see if they've earned an at-large bid to the Nationals at CÉGEP Limoilou, Quebec.

Women's Volleyball

After putting out an incredible regular season, All-Canadian Erin Kerschbaumer just couldn't rally her team past the tough number four ranked squad in the nation from Mount Royal. The Lady Ooks were dominated by the eventual gold medal winners, losing in three straight sets (25-20, 25-18, 25-18).

NAIT pulled it together, however and finished fifth in the ACAC Championship tournament by beating SAIT (25-17, 25-13, 25-10) and Lethbridge (25-13, 25-23, 25-23) both in three straight sets. The Lady Ooks earned fifth in the ACAC Championship tournament last year, as well.

Women's Hockey

The Lady Ooks suffered a second straight semi-final ousting, this time at the hands of Coach of the Year Scott Rivett and his SAIT Trojans. The Lady Ooks broke the club's regular season record with an all-time high of 28 points in 20 games (13-5-1) and finished the regular season in second place for the first time ever.

In the end, the Trojans outmanned the short NAIT bench and the experienced SAIT squad took both games of the best-of-three with 5-1 and 6-2 victories. Although the club ended their season early, both teams eliminated in the semi-finals will receive the ACAC Bronze medal.

The loss also saw the end to the brilliant career of team captain Kerry McDonald. The fourth year veteran was a cornerstone of the team and will be tough to replace next season.

Men's Hockey

The early ousting of the men's hockey club was no surprise to anyone. Not responding to any of Terry Ballard's coaching methods coupled with injury and eligibility problems, the team had looked flat from the beginning of the season.

The 8-14-2 Ooks posted their first regular season losing record since the 1978/79 season when they went 10-13-1 in Perry Pearn's first season coaching the club.

Unlike the 1978/79 season, when they finished fourth in the regular season before advancing to the league championship, this season's edition was ousted by Augustana in the quarter-finals. The Vikings crushed the Ooks, winning the first two games



of the best-of-three series by identical 4-1 scores.

Men's Basketball

The men's basketball club, led by fourth year veteran Shane Leman, found itself squaring off against former NAIT coach Marc Dobell and his Cougars. The Ooks fought valiantly, but the veteran Mount Royal squad proved to be too much for NAIT to handle. The Ooks lost their best-of-three series in two straight, 76-64 and 78-68.

Emotions were high after the game as Leman, broken nose and all, walked off the court for the final time. Leman hugged former coach Dobell, whom he began his NAIT career with, as well as NAIT coach Nwobosi and the remainder of the Ooks.

Disappointment is shown by Shane Leman as the final seconds tick away in his last game with NAIT

Fans give NAIT the edge



Gregg Meropoulos, Athletics Director (middle), Micheal Stefan, Athletic Marketing & Promotions (right), and company celebrate their 109 st. victory.

Photo: Lial Monro

BY TREVOR ELLIOTT

Last summer, the athletics department of NAIT and MacEwan College brainstormed a method to raise the support of their program within the city. The result was a head-to-head battle between the two schools as

they competed for fan support and bragging rights in their three biggest sports: basketball, volleyball and hockey.

MacEwan dominated the competition as they won all but two of the games (a 3-0 Ooks volleyball victory at NAIT on Nov. 25 and a 2-1 Lady Ooks hockey victory at Grand Trunk

Arena on Jan. 20).

But, both colleges were awarded points for a victory and for every fan attending the event. As a result, NAIT had the last laugh as their huge fan base led them to a convincing inaugural challenge victory of 3,244 to 2,311 over the Griffins.

"The 109 Street Challenge

was really a no-brainer," said Gregg Meropoulos, NAIT Athletics Director. "What we were trying to do was generate local interest, from our colleges' perspective – to get local fans to come out and see the kind of product that we put out on the floor.

"In the end, our goal was just awareness. And, in the end, I think both colleges won. We stimulated our crowds and doubled our average attendance. The highlight of the challenge was a home game (NAIT) hosted. The last time (the Ooks) had our gym full was last year for the CCAA National Basketball Championships in March.

"Playing in front of full gyms and large crowds motivate our athletes, but also sell (the athletics program) to our administration. Our administrations are big supporters of athletics. So, in the end, while (the ACAC) will declare a winner, there really are no losers in this challenge.

"The athletes gained in the support of their fans. The fans gained because they got to

see a product at an affordable price. And our athletics programs gained in that they raised the awareness, across the city, of the kind of product that we have.

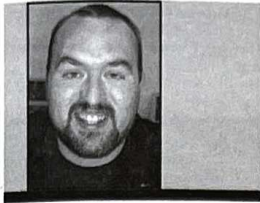
In coming years, NAIT Athletics hopes to extend this challenge to Concordia and King's colleges.

MS was also a huge winner in this competition as the charity was presented with a cheque for \$1,000 at a press conference held on Feb. 22 at the Molson House. Another cheque from NAIT Athletics was still to come.

Also announced at the press conference were the ACAC All-Conference Team selections. Of those were NAIT athletes: Eric Tseng (men's badminton); Lisa Francis (women's basketball); Shane Leman (men's basketball); Ashley Ferguson (women's curling); Colin Huber, Richard Kyle, and Sarah Domes (mixed curling); Kendra Willis (women's hockey); Erin Kerschbaumer and Jessica Rentz (women's volleyball); and Tony Zylstra (men's volleyball).

Olympic Corner

One funeral short of the goal



By TREVOR ELLIOTT

With less than four years until the 2010 Vancouver Winter Olympics, the Canadian Olympic Committee (COC) expected big things from Canadian athletes – and boy did they deliver. But they could have been so much better.

Canada's 24 medals in



Jennifer Heil sores to gold.

Torino were the most ever by Canada at a single winter games and the second highest total ever at any Olympics (we had 44 medals at the Los Angeles Summer Olympics in 1984).

The COC had aimed for 25 medals these Winter Games.

Who could ever forget the five-medal performance that Cindy Klassen delivered, shattering a Canadian record for medals won at a single Games and the record for career Olympic medals with six. Clara Hughes became the second woman and fourth person ever, to win a medal at both a Summer and Winter Olympics (she won two bronze in cycling in Atlanta).

Once again, buried gold was lucky at the Games.

Then there was Duff Gibson, Jeff Pain and Paul Boehm who finished first, second and fourth in men's skeleton. At 39, Gibson is now the second-oldest-ever Canadian to win the gold medal.

Bringing up age, how about the outstanding performance of the gold-medal-winning Canadian men's curling club skipped by Brad Gushue and led by 50-year-old Russ Howard? The entire province of Newfoundland shut down to watch this club win the



first Olympic gold medal by a Canadian rink.

Fan favorites Jennifer Heil (gold in women's moguls), Jeffrey Buttle (bronze in men's figure skating) and Beckie Scott and Sara Renner (cross-country skiing) all made Canada proud.

There were just as many disappointments as there were achievements, though. Pierre Lueders teamed up with newcomer Lascelles O'Neil Brown to capture silver in the two-man bobsled, but the \$5 million start-training facility in Calgary wasn't enough to give Canada 1 the edge in the four-man sled as Lueders finished fourth.

Speaking of fourth, Canada came up just short of the podium on 19 separate occasions, finishing fourth 11 times and fifth eight times.

Canada was completely shut out on the mountain, finishing just out of the medals in four events. Heil was the only Canadian to reach the podium in freestyle, as Marc-Andre Moreau finished fourth in the moguls and Kyle Nissen came up just short in aerials.

Despite being one of the fastest speed skaters in the

world, Jeremy Wotherspoon had another disappointing Olympic trip. Wotherspoon's only career Olympic medal, to date, has been a silver in the 500m at Nagano in 1998.

Then there was hockey. Once again, the golden girls came through for Canada. Their offense was tremendously improved and their character and teamwork shone through.

The men, on the other hand, were a disgrace. Forget blaming their miserable week

on "distractions." Neither Gretzky nor Bertuzzi had anything to do with their success, or lack thereof.

This was a complete lack of teamwork and inspiration.

And, unlike their early meltdown in Salt Lake in 2002, Canada did not have the character of either Lemieux or Yzerman to lead them out of their rut. It was no surprise that the Russians laid them to rest. After all, Canada resembled more the living dead than world-class hockey stars.

With all the injuries and politics that have surrounded the NHL's involvement at the Olympics, fans should enjoy the 2010 Olympics because that will likely be the end of the NHL at the Games.

More than anything, Canadians should be proud of their Olympians. The overall success of the athletes points to great things in Vancouver.

Sure Olympians such as Beckie Scott (32), Clara Hughes (32), Pierre Lueders (36) and Duff Gibson (40) may retire before 2010. But Canada has incredible talent in its youth and a 30-plus medal performance will not be unreasonable.



Ice queen Clara Hughes.



Canada's golden girls of hockey.

Edmonton gets ready to rumble



Photo: Trevor Elliott

By Trevor Elliott

The brutally intense sport of mixed martial arts (MMA) is set to rock the City of Champions once again. The Maximum Fighting Championship (MFC) takes centre stage at the Shaw Conference Centre on March 10.

MFC, founded by owner and President Mark Pavelich in March 2001, will officially make Edmonton its home on March 10.

This fight, dubbed No Excuses, will be the 10th presentation by the growing organization. The MFC has boasted attendances of well over 4,000 at their events, as

well as their presence on Viewers Choice and Bell Express Vu.

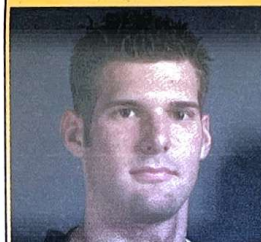
Some world renowned fighters have graced the ring of the MFC over the past five years. Fights such as former Ultimate Fighting Championship (UFC) superstar Bas Rutten, former UFC champion and UFC Hall of Fame inductee Dan Severn, Dennis "Superman" Hallman, UFC superstar David "the Crow" Loiseau and UFC veteran Patrick "the Predator" Cote.

The MFC is excited to have Edmonton Eskimos Fullback, the Most Outstanding Canadian at the 2005 Grey Cup, Mike Maurer on the No

Excuses card as well. "With Mike coming on board, we know we have made the right choice in making Edmonton the permanent home of the Maximum Fighting Championship," said Pavelich. "I believe this is the greatest sports city and the support we have received in the past proves my point."

Although and official fight card, for the 10-12 fight event, has not been set, notable fighters on the card include the 6'1", 205 lb Maurer; 6'3"; 185 lb Jason "the Athlete" MacDonald; 5'11", 185 lb Cote; 6'2", 205 lb Victor "the Matrix" Valimaki; and 6'2", 205 lb Travis "the Gladiator" Galbraith.

Ooks of the week



Tony Zylstra
Volleyball - middle
Third year Marketing
From Edmonton, AB

Over the last couple of seasons, NAIT fans have learned to rely on Zylstra for his dynamic offensive prowess. In fact, that is ultimately why the 6'8" middle has been selected to the 2006 ACAC All-Conference Team and to the 2006 CCAA All-Canadian Team. Tony provided a little something extra in Red Deer at the ACAC Volleyball Championships held Feb. 24 to 26. In addition to picking up his usual 20 kills/game, the Jasper Place grad recorded an astounding number of digs and made his presence known as a serious blocking threat. Recognizing that Zylstra wasn't to be stopped, head coach Craig Wourms lined him up against the opposition's best players, a move that led the Oaks to a bronze medal performance - their best result in decades. Great all round performance Tony!



Amy Schmidt
Volleyball - setter
Second year Business
From St. Albert, AB

Schmidt stepped up in a big way to help lead her team to a fifth place finish at the ACAC Championships at MacEwan, held Feb. 24 to 26. The 5'6" veteran is the team's setter, a position that is often under-rated. This weekend her contributions were evident as she consistently fed her teammates picture perfect sets. With Schmidt at the top of her game, the Lady Oaks had little trouble, absolutely annihilating SAIT and Lethbridge. Great job at Provincials Amy!

Going for badminton gold at Nationals

By Jordan Richey

The Oaks' badminton team completed a successful season, winning an ACAC bronze medal with a victory over Red Deer College on Feb. 18 and 19 at MacEwan and the team will send a pair to Nationals.

The Oaks began the playoffs with an exciting 4-3 victory over Grande Prairie in the quarter-finals. The deciding match was a victory by NAIT's mixed-doubles team of Karen Ng and Skylar Van Heukelom.

The Oaks then ran into the defending champions from Mount Royal in the semis. The team played hard but unfortunately fell to the Cougars 4-1.

The Bronze medal round got off to a rough start when NAIT's Skylar Van Heukelom was unable to complete his match after breaking his foot in two places

during the second game.

The Oaks were down 2-0 after the opening couple of matches before the women's doubles team of Jessica Charrois and Renee Au pulled off the team's biggest upset of the season, defeating the heavily favored Red Deer women's doubles team.

After gaining the huge momentum boost, the team put their bronze medal hopes in Mike Berezowski. The fourth year veteran teamed up with doubles partner Eric Tseng to win their match and then joined Karen Ng to win the deciding match.

Oaks badminton players Eric Tseng and Mike Berezowski won the 2005/06 ACAC Badminton men's doubles championship and will represent Alberta at the National Championships at Mount Royal College on March 2-5. The duo upset the top seeds from Concordia in the finals last weekend by scores of 15-10, 15-

7. The Oaks were previously 1-2 against the top-seeded duo from Concordia but put it all together at the ACAC championships and emerged victorious. Berezowski and Tseng hope that the momentum from this big win will continue on to the Nationals and enable them to take home another Gold medal.

The NAIT mixed-doubles team of Karen Ng and Skylar Van Heukelom also qualified for the National Championships in Calgary by winning the Silver medal at the ACAC Mixed-Doubles Championships. Unfortunately, they will not be able to attend the Nationals because Van Heukelom broke his foot the next day in the Team Championships and will be out 6-8 weeks. Although both players were upset about not being able to attend the Nationals, they plan on using this setback as a motivator to get to the Nationals

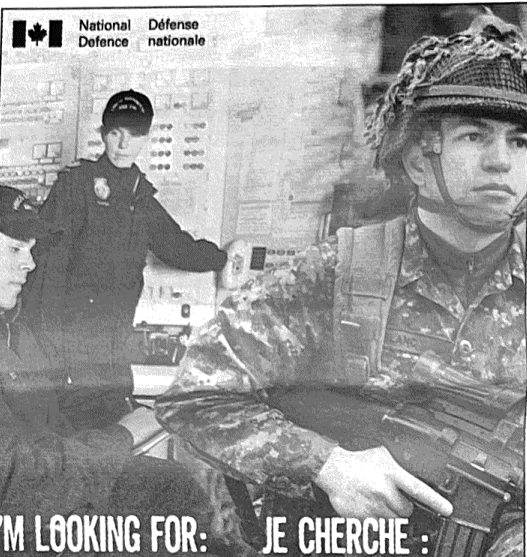
next season.

Congratulations to Berezowski, Tseng, Ng, Van Heukelom and the rest of the Oaks badminton team on their outstanding effort and achievements this season.

With several players returning, the Oaks badminton team is looking forward to next season and looks to improve on their Bronze Medal. Congratulations on a great season Oaks!



Berezowski and Tseng show off their ACAC hardware Photo: Trevor Elliott



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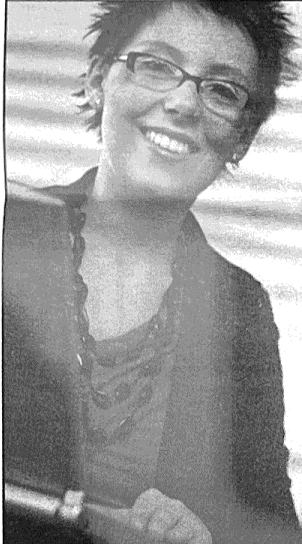
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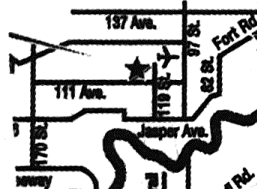
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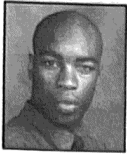
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STUDENT POLITICS

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DWAYNE WILLIAMS
NAITSA President

Why am I being harassed by credit card people in the main lobby?

You shouldn't feel harassed. Maybe they like your cologne? Though if anyone does feel harassed by vendors in the South Lobby, be sure to come to NAITSA Office (E-131) and let the receptionist know so we can deal with them appropriately.

What (if any) are the plans for a Student U-pass next year (I heard it might be going through, is this true?)

At this time we have received no true consensus from the student body that a universal buss pass would be useful or used by the majority of students. So there will be no U-pass in any conceivable near future.

What do you think the chances are of you actually losing the election?

There's 100 per cent no possible way for me to lose this upcoming election...I won't be running again for President.

When are NAITSA elections held? Every year? Every semester?

The annual NAITSA Election is held...as stated...annually. Elections for the senate - the highest NAIT student government, are held in September however.

Has anyone even challenged you in the NAITSA election?

Yes, my first year, there were three other candidates running for the president position as well.

Tell me about why you got involved to begin with, how long ago was that?

I became involved because I did not feel the student experience at NAIT was as good as it could be. Since being elected, I feel NAITSA has made a lot of great first steps in a new direction of a better student life. There's still much to do, however. I was elected president for the first time in 2004 and I was re-elected in 2005.

Do you even go to school here? What program are you in? How do you maintain a

course load with your duties as president?

Yes, to be working in the students' association, you need to be...a student. I am in enrolled in the ORA within the school of business. Last year, I was in business administration and prior to NAITSA, I was in Computer Systems Technology.



CARRIE CREASER
V.P. Campus Life

Could you tell me what events are coming up?

- NAIT Idol - March 9
- Trailer Park boys - March 23 and 24
- NAIT Grad Gala - April 8
- Which program coming up are you most excited about?

I am most excited about the first ever grad we have this year! It looks to be an amazing event! Make sure you get your tickets ASAP! Come on down to the NAITSA office.

Tell me about participation levels at the school - are they good/bad? What do you think can be done to improve/maintain them?

Participation at our school is getting so much better! I am so proud of our technology reps that work so hard to hold events for their students! Good work!



JON HOFFMAN
V.P. Student Affairs

What is it that you do as VP of Student Affairs? How long have you been involved with it?

This position has many different aspects, but the two many areas are dealing with student concerns and overseeing the Nugget. I started with this position April 15, 2005.

What's come up for you in the position?

There have been a few student problems that were difficult to deal with, but the toughest has been dealing with some of the human resources issues that have arisen throughout the year with NAITSA.

What have you learned from your time as VP?

I have learned about lobbying the government for student concerns, that I want to improve my hockey announcing skills for the Ooks games and that NAITSA does a lot more than just organize parties.

Is there anything about NAIT specifically that makes

your job more difficult?

One thing that comes to mind is the struggle to schedule meetings with students. Previously, I lived on a campus at a small university and it was so easy to connect people because there were less class hours and people stuck around campus, getting involved in clubs and committees. I find it difficult to get students together because they have classes all day long and many other commitments.



ELAINE DEVINE
V.P. Finance & Administration

Tell me a bit about your position at NAIT, how much time do you actually spend working? How much work do you have? What is it that occupies most of your time, both currently and generally?

As VP Finance and Administration, I am in charge of NAITSA finances, preparing next years budget, setting up clubs, tracking club standings, planning Shinerama, hiring event staff, planning and running NAITSA Annual General Meeting, and many other daily duties: deposits,

ticket reconciliations for events and much more. I spend on average over 30 hours a week in my office working and attending meetings. Most of my time is spent doing deposits for NAITSA and tech/club banking.

What is something that you're proud of during your time here? Is there anything specific stand out?

Setting up tech/club banking is my greatest accomplishment.

Is student apathy a problem here? Is it specific to NAIT and the two-year diploma course, or just a general mindset within post-secondary?

Student apathy is a problem at every post-secondary institute. It is not specific to NAIT. The average turn out for student elections across the country is about 11 per cent. I am not sure if students don't care or if they are just uninformed. You can't blame students who don't want to get involved - some students are just here to get an education. At the same time, employers always look for people who have leadership skills and people who volunteer, so you do benefit in the long run from getting involved.

Attn: Graduates With Student Loans

It is important to understand your responsibility for repayment of your loans or it may affect your future credit rating/the availability of funding for others.

For complete info on your student loan responsibilities contact the Financial Aid Office at 491-1344 or stop by rm O111.

Rapid Resume Review

If you need feedback on your resume or cover letter stop by the Rapid Resume Review booth and speak with a Career Advisor.

Mar 8 : Engineering Annex (main floor by elevator)

Mar 15 : Fresh Express

Mar 22 : Business Tower Lounge

Mar 29 : Engineering Annex (main floor by elevator)

We'll be available from 11:15 am to 1:15 pm.

Technology Club Council Meeting Announcement!

There will be a Technology Club Council Meeting for all Technology Representatives on March 7 at 5 p.m. in X107 behind the Second Cup.

TANNING SALE

800 Minutes - \$49.95

(Details at the Salon)

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(Make-up, waxing-eyebrow, lip, leg, Brazilian)

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Friday March 17 6:30 check in, buses depart 8pm sharp

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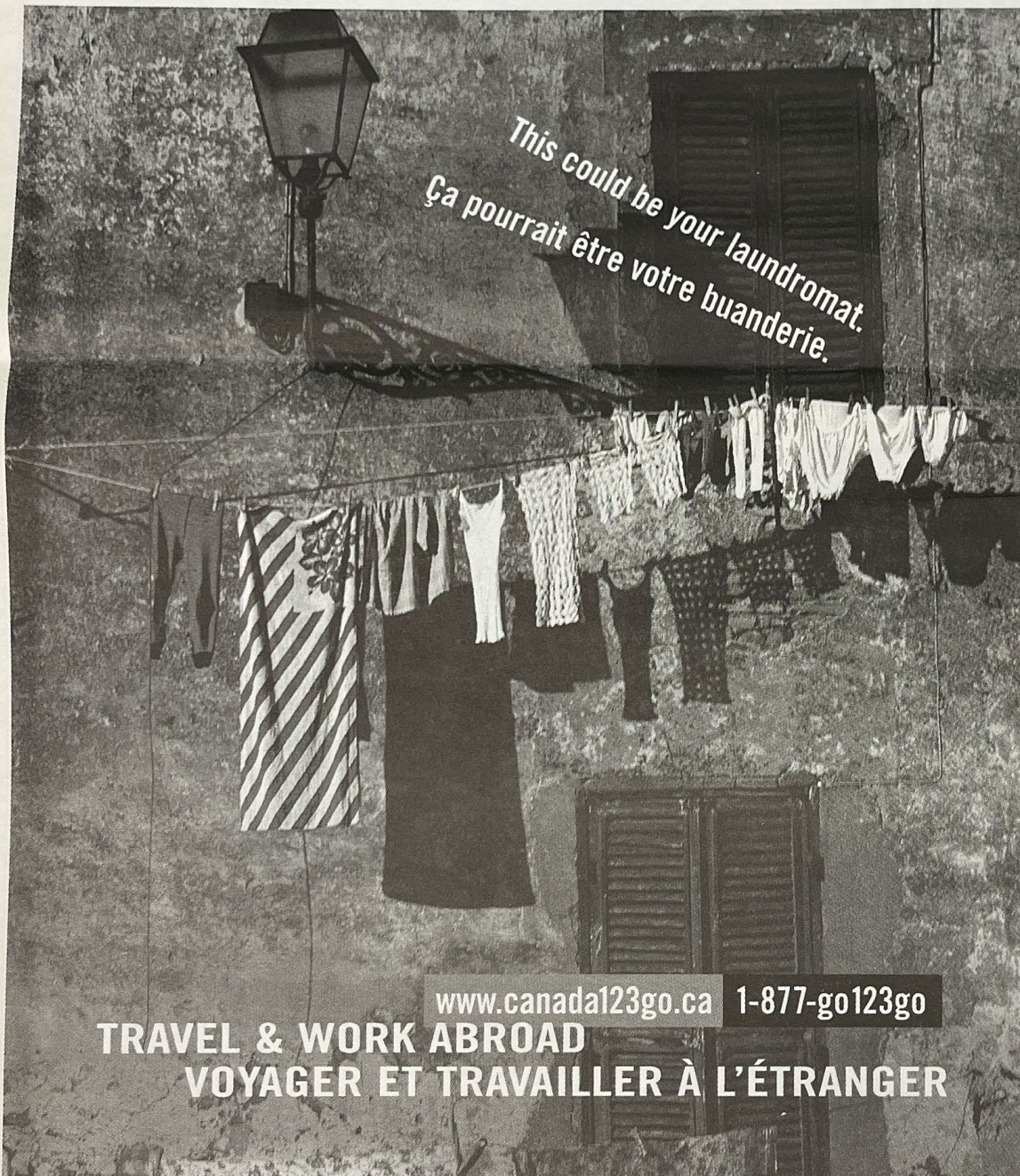
ADVANCED POLL STATION ANNOUNCEMENT

There will be an advance poll on Sunday, March 5 from 12 noon to 2 p.m. for those students who won't be on campus March 9.

Please come to the NAITSA office (E131). There will also be an advance poll on Tuesday, March 7 for anyone who can't make it on March 5th or 9th.

Please contact Rita at 471-8960/email: ritac@nait.ca for more details.

Thank you for voting on March 9th



www.canada123go.ca 1-877-go123go

**TRAVEL & WORK ABROAD
VOYAGER ET TRAVAILLER À L'ÉTRANGER**

Attn: Graduates With Student Loans

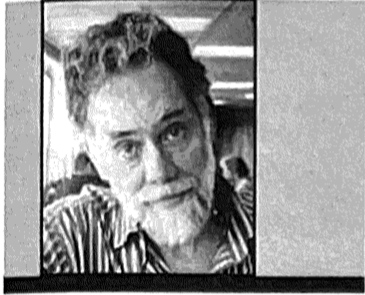
It is important to understand your responsibility for repayment of your loans or it may affect your future credit rating/the availability of funding for others.

For complete info on your student loan responsibilities contact the Financial Aid Office at 491-1344 or stop by rm O111.

WANTED

Poll Clerks required for NAITSA Elections, Thursday March 9, 2006. Various shifts still available. \$8.00 per hour. If interested please come to the NAITSA office E131 to sign up.

Astral Reflections



By TIM STEPHENS

March 5 - 11, 2006

All times/dates are Pacific Standard Time.

Start Nothing: 3:14 a.m. to 9:38 a.m. Sunday, 11:09 a.m. to 5:38 p.m. Tuesday and 3:41 p.m. Thursday to 4:42 a.m. Friday.

Aries March 21-April 19

Maintain a restful pose. Sleep lots, eat and dress sensibly. Avoid the limelight. Do not start big new projects that demand either mental concentration or sustained physical effort. This is a great time to catch up with taxes, governmental and institutional contacts, red tape, etc. Friends stay loyal. Communications, short trips, driving, computer work and handling tools go well Sunday, poorly Monday daytime. Monday eve is intuitive, great for meditation, thought-provoking movie. Home, family and real estate are lucky, easy Wednesday/Thursday - maybe very lucky! Romance calls, but frustrates, Friday/Saturday.

Taurus April 20-May 20

Friendships, social delights and delicious plans for the future arrive! There isn't much

worth starting now, so you might as well enjoy yourself! An old flame or former friend might appear (more probably next week than this one). Stay away from new projects. A love affair with someone you meet now through March 24 will probably be beset by doubts and second-guessing - forever. Protect projects at work, school and in money areas from mistakes, losses, delays. Bosses, parents favour you! Money flows swiftly to you through mid-April. Bank it!

Gemini May 21-June 20

Tend to career matters carefully - your reputation could be at stake, if mistakes or unusual delays occur. Your energy and determination are high, so you should fare well. A former boss or career duty could return. A sweet, lucky tone enters far travel, law, publishing, love, education and cultural involvements until early April. You could be attracting an Aquarian or Libran - but you'll be luckiest if this doesn't "happen" until March 25 onward. Go outward; seek contacts now, without starting major new projects. Your energy and charisma shine Sunday/Monday!

Cancer June 21-July 22

Former legal, travel, publishing, educational, cultural or religious involvements continue to draw you - so might a former love, or a way that your love "once was." Start no new projects in any of these areas. Remain alert for glitches and delays: get facts right, double-check. Be diplomatic,

especially during "closed door" meetings at work. Refuse to collude or get mixed up in any shady business (through mid-April) - ambition, like a strong horse, needs a moral rein. Your net worth climbs into early April. The same period favors research, intimacy.

Leo July 23-Aug. 22

A former temptation returns - could be a lover, a gamble, a financial situation, even a lifestyle temptation (moving to Buenos Aires?). It's difficult to advise on this - could be good (if it "appears" Tuesday night to Thursday) or bad. Chances are, it would involve a big adjustment and could cause some shouting/argument by early-mid April. (Or even by this Saturday.) Your hopes about love, law, travel and schooling rise through mid-April - flirtations abound! Life's fun Sunday/Monday. Your energy rises Friday/Saturday - especially around a young admirer but outcomes are uncertain.

Virgo Aug. 23-Sept. 22

You might be dealing with former partners, old relocation themes. A "lost opportunity" might return, offering a second chance. Plunging in could lead to major adjustments in your home, career and relationships, perhaps to a break-off from limiting conditions by April. In ongoing ventures, watch for mistakes, be patient with delays. Don't begin anything brand new - if it doesn't promise to reprise the past, let it go. On your work scene, bosses show impatience, co-workers are

affectionate, all month. Joy, flirtations, popularity come Wednesday/Thursday! Rest, avoid confrontations Friday/Saturday.

Libra Sept. 23-Oct. 22

Watch work, mechanical, physical, exercise and similar matters for mistakes, slip-ups. Don't buy machinery, computers or cars, nor start work projects, before March 25. Stick with ongoing ventures. Prevent "backsliding" in a service person, pet, schoolchild, etc. Your romantic quotient rises through early April. Although 2006 is primarily a money/work year, a short, significant relationship trend occurs in March/April. Your romantic, marital and cultural sectors all light up. This could spark a sweet, ephemeral spring love - or permanent marriage. (March 25-April 19 best.) Avoid legal hassles. Career luck soars Wednesday/Thursday.

Scorpio Oct. 23-Nov. 21

An old flame might burn brightly again, whether in event or in your thoughts. Former creative, pleasure, and speculative ventures pull you also. This might cause no more than deep, enjoyable nostalgia. But your sexual, risk-taking side grows more intense Sunday/Monday - and until mid-April. You might take a step from which there is no turning back! (In general, caution is best before March 25.) Your home and family, nature and repose turn sweet now to early April. Compassion, understanding, gentle love, far travel, culture are blessed Wednesday/Thursday. Caution, Friday/Saturday!

Sagittarius Nov. 22-Dec. 21

A long-lost relative or old roommate might come breezing through the door, or you could experience "attacks of nostalgia." Watch for mistakes on the home front - avoid new real estate, family, home, furniture, gardening, security or retirement-related ventures before March 25. Communications, friends are affectionate to early April. Until mid-April, you will be confronting one or two attractive yet frustrating people (Sunday/Monday and Friday/Saturday this week). It could be love, hate, or purposeless excitement - but it's all wrong, if you meet before March 12. Finances, sex, intimacy are lucky Wednesday/

Thursday!

Capricorn Dec. 22-Jan. 19

You might hear from old friends, find old letters that show you how much you've changed, progressed. Before March 25, don't start new ventures, trips, communications projects or systems; avoid buying cars, bicycles, phones, computers, etc. Your money luck increases until early April. Work grows hectic, though - step carefully, avoid mistakes, be alert, especially this Sunday/Monday. An attractive person (or opportunity in business) enlivens Wednesday/Thursday - the opportunity has problems, unless it "comes from the past." Be cautious Friday/Saturday - conditions are unstable in financial, sexual and "commitment" waters. Drive carefully!

Aquarius Jan. 20-Feb. 18

Don't start new purchasing, earning or sensual ventures before March 25. Instead, handle old matters, send invoices, collect and pay bills you've neglected. A possession you once yearned for might become available now - go ahead, if it's not a big one. (Buy nothing mechanical/electrical.) Your attractiveness grows; you radiate charm, to early April. And until mid-April, your romantic courage surges. It's a potent combo, could bring a love affair! But if it starts this week (especially likely Sunday/Monday and Friday/Saturday) it will be unstable, feature a clash of wills.

Pisces Feb. 19-March 20

Your charm, energy, pizzazz reach a yearly peak! But indecision plagues you, especially about a relationship, an opportunity, a negotiation or contract, a lawsuit or relocation concern - or, in these areas, others delay, won't give you clear answers, or might make promises they have to break. Avoid starting new projects, especially in these areas (opportunities, relationships, etc.). But - do grab things here that come from the past, if you're willing to make deep adjustments. This week, be aware of a home or family conflict. Love, pleasure are blessed Wednesday/Thursday!

www.astralreflections.com.
Email: timstephens@shaw.ca.
For a reading: (604) 261-1337.

I Volunteer!

Help out on 'a cruise?'

On Campus Volunteer Opportunity:

NAITSA is looking for volunteers to help pull down election posters on March 9, 2006 at 4:30 p.m. If you are interested in this one night volunteer commitment please contact Shannon at naitsave@nait.ca or stop by the NAITSA Volunteer Centre in E-133.

Alumni Relations is looking for volunteers to assist with follow-up phone calls for our regional events. Calls would be done during the day (no later than 4:30 p.m.) from the Alumni Office. All information, materials and training will be provided. We are specifically looking for people between March 6-17. Other opportunities will come up later, with dates to be confirmed. This is a very simple task, and we would be willing to take people just looking for a one-time opportunity to pick up a few volunteer hours, or those looking for a larger time commitment. If you need further information, please contact me. If you are interested in helping out please sign up with Jody at 471-7514 or jodya@nait.ca.

Off Campus Volunteer Opportunities:

Help the **Youth Emergency Shelter Society** sell 50/50 tickets on Sunday March 18th, 2006 at the Edmonton Oilers game! If you are over 18, hard working, friendly and love dealing with the public, please call Melanie at 468-7186 ext. 234 for all the details.

ATTENTION ALL STUDENTS!

THE GIU'ER POINT PROGRAM HAS CHANGED ITS CUT OFF DATE TO MONDAY MARCH 20 2006 AT 4:30 P.M.

PLEASE HAVE ALL YOUR GIU'ER POINTS SUBMITTED TO SHANNON MARSHALL IN E-133 (NAITSA VOLUNTEER CENTRE) AS SOON AS POSSIBLE.



the new standard

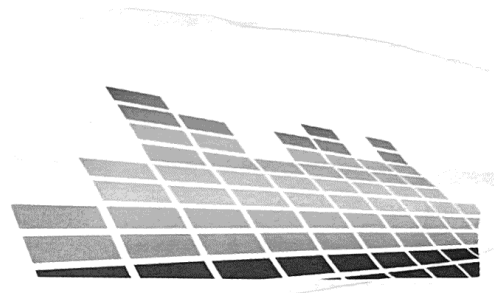
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THIS WEEK AT THE NEST

Do Like it **Rockstar** Karaoke Night
Every Wednesday @ The Nest
Starts @ 4:30 p.m.
Complimentary 1 ounce party favor for every Karaoke participant!!!
Chicken Wings 25¢
Presented by **NAT'S SA**

Open Stage Night with *Nick Zyla*
Every Thursday
Oct. 6th - April 20th
Enter to WIN a Paul Stanley edition Silverstone Guitar with a purchase or performance!
Honey Brown pints 3.95
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BOOKFEST Battle of the Bands
MARCH 3RD ROUND 1
OKCADET
REDLINE
O FOUR WHAT
STEREO THERAPY
SEVEN DEVIL FIX
SEVEN SIDED
SMOOTH RIDE
YOU?
FINALS: MARCH 17TH
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Grapevines

'All we want to do is dance'

(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to: nuggetgrapevines@hotmail.com)

Hey RT guy!

Every morning I see you in the gym and you bring a smile to my face. In this world, so many boys are engulfed in this world of superficial ideals where girls are all Paris Hilton-Lindsay Lohan zombies. I see the boys in this school walk into walls while they are staring at these girls and I ask myself why? But then you smile and say, "Hi," to a woman like me! I am not up at 4:30 a.m. to pile on make-up and check out what the fashion of the day is! I am as down to earth as any real woman. You make me feel great and it is just the little things you do as say, "Hi!" There are not many men like you left in this world, so I just want to tell you...don't lose that wonderful personality! You seem like a wonderful guy! If I were single, I'd probably have the guts to ask your name! But I'll just keep smiling back! Thanks so much for being such a great guy! You are such a breath of fresh air!

Alright ladies, now listen up: when a guy approaches you in a bar and asks you to dance and nothing else, that's exactly what he means.

Why do so many of you think hearing the words, "Would you like to dance?" means, "Do you wanna screw?" We know you can dance, so don't say you don't know how or you're too tired. If the conversation ends at the end of the song, so be it, no big deal. If it goes further, that's just a bonus. I'm not a shy guy, I just take a more traditional method when it comes to meeting girls. But I guess it's true that nice guys still do finish last. Help me out here.

This letter is written in response to the article, "Where there's smoke there's fire," in the Feb. 9 paper.

I am a NAIT student attending another class at another campus and find I have the same problems with smokers out here. There are cigarette butts all over the ground and it's absolutely disgusting. There are even places to put the cigarette butts, but it doesn't seem to help. I can't see how hard it would be to put your cigarette butts in that ash tray and be done with it.

Another issue is that even the NAITure signs say that the smokers should be at least 10 metres from any entrance to the school. But I don't know if many of these smokers know what 10 metres look like. They stand so close to the door that their smoke seeps into the school and eventually the school smells just like they'd been smoking inside.

I have no personal problem with people who smoke, but it would be nice if they could respect the health of non-smokers. Clean up your butts and remember the 10 metre rule! Sincerely,

Clean Green

To Mr. Yeo, the student who is concerned about The Tech Store t-shirts. Congratulations, I think you've managed to come up with the most idiotic and baseless argument of 2006.

Your complaint of The Tech Store "stealing" the slogans that have been used in t-shirts and sweaters that they sell (from page two of Feb. 9's issue of The Nugget) is utterly and completely unjustified and shows that you know very little about marketing and even less about the word "principle." An understandable argument would have been if The Tech Store had used an actual company name, logo, or even their slogans, you know, copyrighted material. But the fact of the matter is that the store used, to put it plainly, words! Simple phrases that have probably had their wording changed so many times, no ones knows who said it, or cares! Any person with the knowledge of how to use a silk screening apparatus can make and sell any type of clothing, as long as it doesn't conflict with any copyright laws. With as much sense as your argument made, the only non-copyrighted appare that anyone could sell would contain the slogan "Å Å Å," or has that one been taken as well?

You know what grinds my gears? People who take things way too seriously. I mean, calm down. Learn to take a joke and have fun. Like seriously, there's people who take things so seriously that it's stupid, so just take a chill pill and enjoy life like honestly. Partyposse69

I am going to say this once more: I am a first year PFT student and I was wondering if anyone wanted a free tour of the weight room. This is for anyone who would like to use the facility and doesn't know how to use the equipment. I am doing this for practical experience. If you are interested contact me at kevindunsing@hotmail.com

Problem # 9: NAIT Security
Damn it is ever annoying whenever a security ask you for your student ID card even when your doing harmless things.

Next Time Problem #10:
Badminton Team
Nugget Boy

Life is about moderation. With that in mind, could all the self absorbed guys who feel a desperate need to bathe in cologne....your overwhelming, overdone cologne use is disgusting. Less is better ask any girl. And a little variety - it seems these over-users constantly abuse Aqua De Gio. So let's be original and keep ourselves under control when we apply cologne
~ Best smelling guy

Relating the person looking for musicians at NAIT, I am a drummer that attends the Patricia Campus. I have been playing for close to nine years. My favorite band is also Led Zeppelin. If you are wanting to start a band, I am all for it. Email me at

dekepainter007@hotmail.com
so we can give each other more details of what is needed.
- ZepFan

To: You just got put

Very good on your speech. I really like it. I was hoping someone could figure me out sooner or later. I want to speak with you. My e-mail is mu-la-flaga@hotmail.com

If you talk to me then, I'll sadly retire. When you e-mail me answer these three questions.

1. Who is Dearka, Yzak and Nicol?
2. Did Filay die?
3. What color is Aegis?

If you do answer these questions right, then I know it is you. If you don't reply, then I'll keep on writing.

In the mean time...
"Possibly humans can exist without actually having to fight. But, many of us have chosen to fight. For what reason? To protect something? Protect what? Ourselves? The future? If we kill people to protect ourselves and this future, then what sort of future is it and what will we have become? There is no future for those who have died. And what of those who did the killing? Is happiness to be found in a future that is grasped with blood stained hands? Is that the truth?
-Mu-La-Flaga-

Yo TH2, me and my boys will throw as much food down the stair well as we want, when we want.

Love Scott.

To the envious girls who spend more time worrying about what others look like in The Tower, as opposed to what they themselves look like...

Obviously you're insecure with yourself because all you seem to be doing is talking about other girls that have no idea who you are but you take the time to focus on them how sad is your life.

This is college, not junior high school. We dress how we dress... not to impress.

Does it bother you that nobody knows who you are? Seriously, if you have something to say, try not to do it behind a computer screen, get the nerve to come up to us "bimbos" and say it to our faces.

I'm only replying to The Nugget because, like everyone else, I don't know who you are. So speak up, or shut up.
-Who Cares-

To "The future bosses"
Hey, I'm a business student as well, but who the fuck do you think you're better than? All the people who are attending NAIT for anything other than business administration - bullshit that you're smarter than anyone else and going to be more successful.

Well if you didn't have your head so far up your ass, maybe you would realize that business is hardly the most powerful, best paying profession. Since I'm in business too, I don't think that it's a useless program but the fact that you're advertising that you're a business student, making it look like you're not alone in your thoughts really pisses me off. Your views

are totally fucked up.

How dare you think we are better than all the trades, mechanics, welders, dentists and every other profession you think you'll be paying their salary.

Well you are alone in your fucking arrogant thoughts and it will be you kissing ass and being controlled, because you obviously have no fucking clue in your

head, so any hope to have a career or even a job once you finish your program is a joke.

You are an idiot.

- Hope You Get A Reality Check

To my male professor with the hard nipples. Please get a better bra!

Darlene!
Wooooooo!

Classifieds

Service Representative

Long well established Company seeking year round Part-Time Edmonton based employee. Position requires moderate to heavy lifting, excellent communication skills, and an eye for detail, commitment, responsibility and punctuality and reliable transportation. Duties include stocking merchandise into retail stores, ordering product and record keeping. Position requires 10-20 hours per week. Please send Resume to: Bob (bobrines@hotmail.com)

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THE BACK PAGE

HOT

Single of the Week



Name: Erin Age: 24 Height: 5'9

Program: Medical Transcription
Turn Ons: Muscles... and intellect
Turn Offs: Bad breath and male strippers
Dream Job: Professional snowboarder
Dream Boy: Shane West
Favourite Movie: The Sweetest Thing
The first part of the body I check out is:
Ass and teeth
Ultimate Date: Walk on a beach
I'm single because: I choose to be
Why I'm better than your current
Girlfriend: I don't put up with sh*t and I like to pleasure my man.

By KAITLIN VISSCHER

We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

If any guys are interested in Erin, feel free to email Kaitlin at kaitlinv@hotmail.com and maybe we can set something up.

If you're an eligible single male or female and you want to be featured here, submit your name and e-mail address to kaitlinv@hotmail.com.



BOOKFEST Battle of the Bands

MARCH 3RD
ROUND 1

YOU?

OKCADET
REDLINE
O FOUR WHAT
STEREO THERAPY
SEVEN DEVIL FIX
SE7ENSIDED
SMOOTHRIDE

FINALS: MARCH 17TH

NATSA CANADA JIM BEATT

FACTORY RECEPTIONS
PLANS
GALLERY OPENINGS
BILLBOARD ADVERTISING
WORK LABORERS
THE STRAIGHT
JAZZ, GREAT MUSIC
PLUS FESTIVALS

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