YOUR SOURCE OF NAITSA ELECTION COVERAGE SINCE 1963

THE NUGGET Thursday, March 9, 2006 Volume 43, Issue 18

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

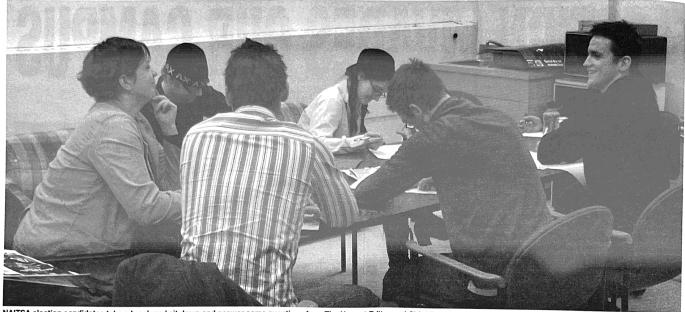
ELECTION INVADES OUR CAMPUS

Today is election day. Check out all of your candidates on pages 10 and 11.



NEWS & FEATURES

Get out and vote in elections



NAITSA election candidates take a break and sit down and answer some questions from The Nugget Editor and Chief Tara Copeland

By TARA COPELAND Student editor

It's that time of year when babies get kissed, hands get shook and mud gets slung. Ah, it's election time at NAIT and this election has proven to be interesting.

interesting.
Like any election, the platforms and experience of the candidates are the heart of the election, but the real excitement of the campaigning lies behind the scenes. Several of the candidates who are running for the same positions are in the same programs.

"It's strange running against Dina, because we have a lot of the same friends. I hope they don't vote based on pressure," said pre-tech and future instrumentation student Conor Gillen. He is running for the position as VP Campus Life. His classmate Dina Zalzalah is also running for the position. "(I hope they base their decision on) who would be best for the job."

"I want to add life to the parties at NAIT. I have plans like poker tournaments, dodge ball tournaments and I have a lot of other great ideas," said Gillen.

"I didn't even realize he was running until I asked him to sign my nomination sheet," said Zalzalah. "It is interesting running against a classmate because we share a lot of the same friends."

"I'm running because I want to see NAIT's students grow as a community through more clubs and school-wide events," said Zalzalah. "I want NAIT's students to be informed as to what their council is doing for them."

There are four students running for the position of VP Campus Life, including the current Campus Life VP Carrie Creaser.

"I have done this job for a year and I have worked on increasing awareness about our events and increasing school spirit," said Creaser. "I know the job better than any other candidate."

Kristen Mendoza is also seeking the spot as VP of Campus Life. Mendoza is a student in the applied business degree program, accounting.

According to Mendoza, she just wants to make the NAIT experience one that students will look back fondly on. "I want to make everything here memorable," said Mendoza. "I want to make this the best time of their life (for students)."

Sam Bressette, a first year biological sciences student is running for the position VP of Student Affairs. Bressette says that her personal experience as a student has helped motivate her to run. "I had dealings with an instructor who went by their own way of marking that was unfair, so it gave me even more motivation to run this year," said Bressette. "I believe student rights are very important and should not be taken lightly."

Two students are running for the new position, VP External. One of those students is Garth Crump.

"Being a part of a satellite campus, I've felt segregated from NAIT," said Crump. "Through that, I saw the changes that must happen to make NAIT a great experience."

The other student running for the spot is Brandon Woloschuk. He's a student in the business administration program in marketing and he's all too familiar with what working with NAITSA entails.

"I'm a current NAITSA senator with knowledge of the level of hard work NAITSA executives must devote to their jobs," said Woloschuk. "(I want to) make the most of the NAIT experience."

NAIT experience."
Jon Hoffman is seeking the top spot as NAITSA president. He's a student in the bachelor of applied accounting and he's been the VP of Student Affairs for the past year.

for the past year.
"I've spent this past year
figuring out what would make
a great NAITSA president,"
said Hoffman. "I know where
NAIT should go and I would
like to be the man to lead them
there."

Since Hoffman is running for president, this leaves his current job as VP Student Affairs open to some fresh faces and some stiff competition.

Tamara Nitz, a student in

the interior design technology

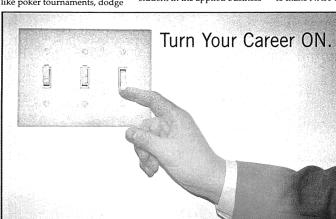
program is running for VP Student Affairs.

"I'm running for VP Student
Affairs because this is the most
important NAITSA position
regarding education," said
Nitz. "Student Affairs directly
deals with tuition, funding and
grievances."

Lars-Erik Larsen, also a student in the architectural technology program agrees with Nitz, but he has a different approach to how he'd handle the job.

"I will represent the students by leaving the NAITSA office and walking the hallways, asking what students want and need," said Larsen. "I don't think anything needs to change drastically, we just need to increase growth as a student body."

All in all, the election today should prove to be interesting. Voting will go from 9:00 a.m. to 4 p.m.



Alberta technicians and technologists have a powerful ally in their quest for a lucrative and rewarding career. ASET, the Association of Science and Engineering Technology Professionals, is made up of over 16,000 men and women. They're the difference between "On" and "Off" in the oil and gas sector, telecommunications, construction, computers, chemistry and dozens of other industries in full growth mode. When you join ASET, you put yourself in the forefront of the wave of technicians and technologists who are being eagerly sought after by employers in today's hot economy. To find out more about the many benefits of ASET membership, call 780-425-0626 or visit our website at www.aset.ab.ca

Your way ahead.



OPINION

Is the U.S. truly a civilized country?

EDITORIAL

Recently, a man was put to death in the United States. Really, this alone isn't too surprising. The U.S. is a country with a death penalty – and they know how to use it. What makes this case particularly surprising is that the man was the second oldest man in the United States to be executed – and the man nearly died from a heart attack – only to be resuscitated so that he could be put to death at a later date.

His name was Clarence Ray Allen. He was 76 and he was wheel-chair bound. He needed to be carried to his execution by prison guards.

prison guards.
His crime? While already in jail for life for a murder conviction, he tried to have three others killed. The man's no Mr. Rogers, that's for sure.

Some would argue that he deserved to die – an eye for an eye, right?

eye, right?
That's the stance the US government took. The government decided that this man deserved to die...so why did they save him after he nearly died from a heart attack?

Letters welcome

We want your views

We want to begin a weekly letters-to-the-editor page here at The Nugget.

Is something bugging you about NAIT or the rest of the world?

Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to:nuggetsubmissions@hotmail.com

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

Why do they sanitize the injection spot with rubbing alcohol before they kill someone by lethal injection?

someone by lethal injection?
Why do they waste
taxpayers' money on last
diners for prisoners when in all
likelihood, the inmates will just
puke it up before they're put to
death?

Because the United States is a civilized country. Just ask Rodney King.

Does the death penalty even serve as a deterrent for serious crimes? Not if you look at the stats. According to The Death Penalty Information Centre, since Canada got rid of its death penalty in 1976, the homicide rate has actually gone down 27 per cent.

expect people not to kill each other when they do it themselves?

It's government's job to represent the ideals of society. It's their responsibility to set the standards and to create laws that represent the status

Do we have an ideal justice system in Canada? I wouldn't say so. Why should someone who's convicted of murder or child molestation have access to television and nice meals? There are many hard working, working poor families that haven't done anything wrong and they don't even have these luxuries.

Bring back hard labour too. But don't keep some decrepit, wheel-chair bound man alive just to kill him off with an audience at taxpayers' expense. Set a standard. That's what we elect our elected officials for.





By CHARLES NOBLE OPINION

Lately, studies have shown that people are becoming more overweight and careless about their health and lifestyle. A lifestyle change can be hard but worth it in the end.

Today's trend is to be fit and eat healthy, yet if you look around the cafeteria at lunch most people have fries and bacon cheeseburgers. That isn't healthy, especially every second day. It isn't really that hard to bring something from home that is better suited for your body, such as a sandwich and some crackers/fruit. I find Costco and Superstore are the best for buying bulk granola bars, juice boxes and even some noodle bowls or deli meat for sandwiches. One thing

most don't do is eat enough grain products. An easy way to get around that is to have some cereal every morning. Even the fast food joints and

Even the fast food joints and restaurants are trying to provide healthy alternatives these days. Almost all menus have a healthy option or as I like to call it, a less processed food and grease menu. Although, this can be deceiving at first since the Caesar salad isn't always any healthier then a burger, especially if you drizzle a lot of dressing on top. This can make it hard to pick out the right choice from the menu.

Just think of the food groups and that'll help you choose a better option when looking at a menu. For instance, think about how much meat you eat in relation to fruit or grain. You shouldn't be eating more meat then veggies/ fruit. So when looking at the menu, it's alright to get that burger but why not substitute the fries with a salad or get the burger with no bacon and definitely don't take all those veggies off the burger. One thing people need not forget is that food from restaurants usually contains more fats to help it taste oh so good and that bringing a lunch

from home is probably the easiest way to stay healthy and avoid the whole problem of choosing the right thing off the menu.

Although eating right is a big part of staying healthy, it isn't really much unless you keep your body in shape as well. When trying to get in shape, if you feel that you are not already, it's important to work slowly don't try to push yourself too hard too fast or you'll end up relapsing and giving up on the whole plan to revamp your lifestyle. Studies show that even a short walk everyday can improve your chances of not getting heart disease by quite a bit and help burn off those extra calories as a honous

I'm not saying people need to run more and eat better all the time, but that they should at least try to watch the trans fats that can lead to heart problems and maybe go for a walk or two so that their lives will be a little longer and they won't have any common heart problems. The simple choice of making your own sandwiches or taking the stairs can help prolong your life while also improving your lifestyle.

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The Nugget encourages submissions. Visit:

nuggetsubmissions@hotmail.com nuggetgrapevines@hotmail.com

THE DEADLINE IS 12:00 p.m. on the last school day of the week.

All submissions must be accompanied by your name & student ID number

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

The Judge's verdict



THE JUDGE

Dear Judge:

My roommate owes me twomonths rent for the house we share. I've paid his portion and he keeps saying he'll get me the money really soon. I'm starting to feel like I've been taken advantage of. What should I do? I'm not rich but I know he's going through tough times. -No Rich Bitch

Dear No Rich Bitch:

It sounds like you're allowing him to walk all over you. You're enabling him to be irresponsible and not learn the importance of paying rent because you keep paying it for him. Stop it! Arrange right now a way that he can pay you back for the last two months with interest and tell him that you are done paying for his incompetence. Start looking for a new place because people like that don't usually change and never move in with someone who might have a problem with the rent. Or, if you're a pussy, the judge decrees that he become your butler and he can do all the housework, the laundry, cooking and cleaning, and even make him do errands that you don't want to do. Either way, stop being his

bitch and make him yours.

Dear Judge: I've taken on a really big course load this year. I'm dreaming of being head of IT at a big company one day. Something my dad really wants for me. I'm afraid though I might fail if I keep all these courses. My dad says if I don't continue the course load, he'll stop paying for my education. What can I do?

-Overloaded

Dear Overloaded:

How are you going to make it as the head of IT at a big company if you can't ever stand up to your own dad? Stop being a pussy and escape from his suffocating womb. First, you need to decide if being head of IT is really what you want to do and not something you're doing to just make your daddy love you. Then, if you still want to do this school stuff and you can't do all the courses, cut back, It's that easy. Spread your wings and pay for school yourself if you have to. Be your own man. That's what you'll need to succeed.

Dear Judge I really like this girl I met two months ago but I've heard she's got a bad reputation. A friend of mine laughed when he heard I was going out with her. He said, "Are you kidding, I've heard she's just a cheap slut." I have no idea if that's true but I don't want to date somebody like that. It makes me look stupid. She's really hot though and I've never had better sex. She's also never seemed to be interested in

anyone other than me. Advice? - No Laughing Matter

Dear No Laughing Matter: Let's recap here: you don't know if she was a big slut, you love the sex, but you don't want to date someone like that. Are you out of your mind? Just like baseball. with sex, practise makes perfect. Of course she was a slut if she's that good in bed. And you're complaining about this? You want the sex but not the woman behind it? Here's a radical concept – talk to her about it. Get her side of the story. Maybe she experimented and now she's ready to settle down. Or, maybe you're just another piece of meat that she's tenderizing on her way to the corner of the Clap Avenue and Gonorrhoea Boulevard. You have to talk to her about it, then it's up to you. Is sex more important than what your friends think? I don't see our buddies lining up to do things to you that other men fantasize about while they're having normal sex. Either way double bag it to be safe.

"The Judge" Jason Jones is a radio student who, before coming to NAIT, was doing a masters degree in counselling. If you have a question that needs an answer, email him at askthejudge@hotmail.com If you require more time with your problem please contact NAIT counselling services. You can also listen to the Judge, alongside Capn' Crunk, on NR92.com every Tuesday from 5 - 6:30 p.m.

Not a popularity contest

by SHANT CHAKMAKIAN OPINION

Some of you may or may not be aware that the NAITSA general executive elections are on March 9 and some positions may be tight and some aren't. But what you all need to remember is why we are electing these executives in the first place and are they the right person for the job?

Due to popular controversy, I am not running during this year's NAITSA general executive election but I damn well don't want to have to work with some dumb, lazy jackass next year either. Most students and some candidates see the election as a popularity contest but the problem is that some people, after they win their popularity contest, aren't ready for the responsibility that comes with it.

Some people may know why they're running, some may not. Some may just feel like it and some may have had it planned all along because they want to dedicate a part of their life to serving students. But in the end, the proof is in the pudding and there is no better way to tell that than by asking your candidate simply why you should vote for them You see being a NAITSA executive is a lifestyle a way of life for a full year, something

you dedicate yourself to and it is practically all you do.

If your buddy or loose acquaintance doesn't seem to be ready for that or doesn't look like the person who is able to, then vote for someone who is! Don't just vote for someone because they are your buddy, because really who pays for mismanagement is the student body. There are already executives that have proven themselves more than quite well and we clearly benefited from it.

But years ago, there were past jackasses and when those guys screwed up, it was the student body that had to pay for it and the student body totally lost out, not the elected representative. They still got all or part of their salary, maybe even kicked out. But they definitely won't loose out us much as our students will from a misinformed decision leading to under-representation of student interests and maybe even possible gross mismanagement.

So all I ask NAIT is whether you're coming back next year or not, vote and vote for the right candidate. Don't vote for the jackass because in the

Single of the



By KAITLIN VISSCHER

We know it's tough to find that perfect relationship but there are tons of eligible people out there right on campus. Best part is? They're single! Here's our Hot Single of the Week:

Name: Clay Raven, 5'9, 160 lbs

Program: Petroleum engineering

Turn ons: Dancing, style, personality Turn offs: Bad odor

Dream job: Pro surfer

Dream girl/boy: It's all about Gwen!

Favorite movie: Last Samurai

Last concert I went to was: Bad Religion/Antiflag The first part of the body I check out is: Face, smile and ass

Ultimate date: Anything with a beach, even a

sandbox

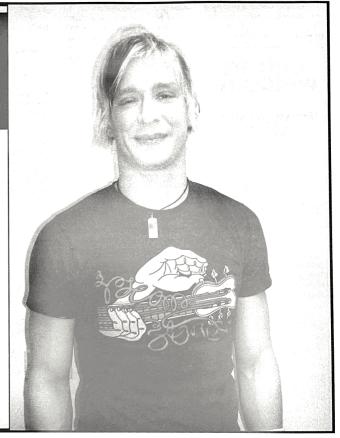
I'm single because: I'm holding out for the right

girl
Why I'm better then your current boyfriend/

girlfriend: I can dance. I have moves.

If any girls are interested in Clay, feel free to email Kaitlin at kaitlinv@hotmail.com and maybe we can set something up.

If you're an eligible single male or female and you want to be featured here, submit your name and e-mail address to kaitlinv@hotmail.com.



Mouthing OFF



by TABITHA PENNER

GETTING MOUTHY: Each week we at The Nugget pick an interesting question of the week to pose to NAIT students. Then we send out an eager reporter to capture the thoughts of various people on campus about the burning issue.

THIS WEEK, THE NUGGET ASKED WHAT IS YOUR FAVOURITE ACTIVITY TO DO IN THE SNOW?



Afsar Khurshed
-Respiratory Therapy
Taking out my anger in
snowball fights against the
wife (for good fun of course).



Erin Greenhough:
-Bioscience
Tobogganing!



Daithan Grainger:
-Photographic Technology
Making sweet snowmen
and building awesome
underground lairs with snow
blocks.



Allie Rowland
- Culinary Arts
Snowboarding and snowball fights!



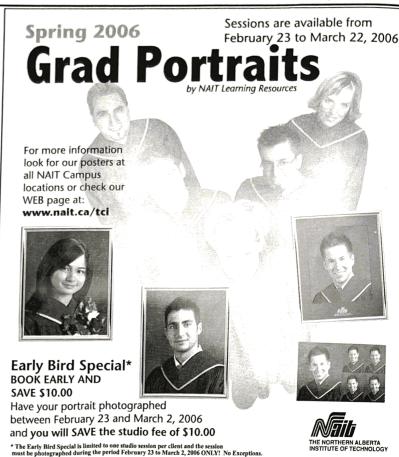
Vogue
- Animal Health Technology
Eating it, playing in it and
making yellow snow!



The snow covered roofs of NAIT

Photo: Rob Pa

Participate in the LOG survey and you could win one of two iPod nanos. Check the Student Notices at MyNAIT for details. Deadline for entries is March 12, 2006.



THANK YOU FOR VOTING TODAY!!

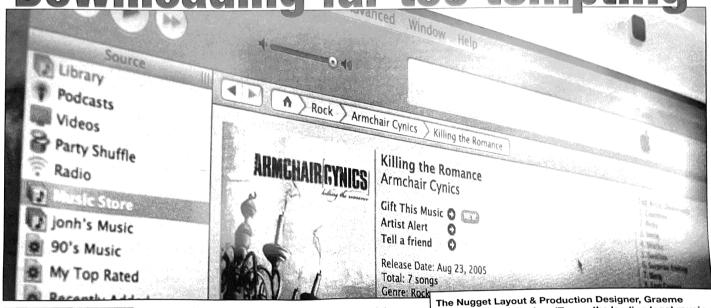
VOTING INSTRUCTIONS FOR NAITSA GENERAL ELECTION 2006

THURSDAY, MARCH 9

- Student ID required no exceptions!
- ID cards will be marked to indicate student has voted.
- Each student may vote only **once**.
- Voters may vote for only ONE candidate in one or more of the four positions.
- Mark your choice CLEARLY!
- Full-time, part-time and Apprenticeship students are eligible to vote. Continuing Education students are not eligible to vote.

ENTERTAINMENT

Downloading far too tempting





By DAVID MALLETT

Remember the last time you spent two hours in a music store looking for that one treasured CD? Neither do I. Digital downloads are becoming the avenue of choice for most music buyers and progressively, I find myself becoming part of this exploding market.

iTunes recently surpassed \$1 billion in sales, according to a recent announcement. That means there has been a song downloaded for every sixth person on earth. Clearly, internet based acquisition of one's favourite tunes is becoming the norm. But what does this mean for the music industry and both the quality and availability of our music? And what of movie downloads?

The net is literally rife with films, from theatrical releases to brand new DVD releases.

Download a program to convert the files to DVD format and burn away...you have the latest flicks on DVD within hours.

Both the record and film industry have been feeling the pinch. Sales of CDs were down almost 10 per cent in the last couple of years and Hollywood experienced its

worst year in many in 2005.

They aren't taking it lying down. The MPAA and RIAA in the US have sued countless me sharing sites in an error to stamp out free downloads. But like marijuana grow-ops, there is a bigger and better site that will pop up soon. It seems a futile fight for those organizations. However, in Canada, file sharing is as legal as walking down the street.

Canadian authorities have been accused of being weak on Web sites that offer illicit, copyrighted downloads. No matter. For now, it's a free for all on Canada's stretch of the information highway. Should you take advantage?

It's up to you, really. Until any laws are enforced, there is no incentive not to, unless you consider it stealing. If you do, you likely are an iTunes user or something of that sort. And with MP3 players summarily wiping out the Discman, there is a reason to shop online. But for a starving student like me, free flicks and tracks seem an irresistible proposition.

Enabling this temptation is the arrival of the Bit Torrent. Quick lesson: you download a miniscule file off of a torrent "tracking site." Open the file in a program (e.g. Azureus, BitLord) that takes the care of the download and voila! You have your copy of Date Movie or the latest Yellowcard album. Instead of downloading and searching through Limewire or Napster-esque file sharing programs, it requires one extra step.

Sites like Torrentspy.com,

Torrentbox.com or mininova. org contain literally thousands of complete applications, games for any platform, for movies, whole aboums, TV shows and books and magazines. As more people download certain files, the quicker you will get it.

It is quickly becoming the dominant source of most illegal downloading across the world.

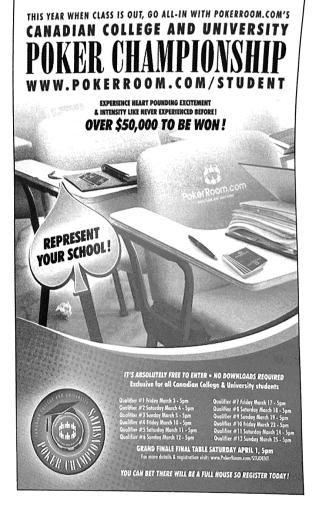
So if there are no more classic album covers, death to theatres and the closure of music stores, what will it mean?

While it is quite a thrill to get all of this stuff for nothing, I reckon it will cause societal disconnection. More and more, the Internet is causing individuals to become more insular and less community minded. So much for the global village, I say.

Feel free to download if you wish. But remember this: if we don't think critically about where this may lead, we may find ourselves with empty malls and quiet cinemas. It may be decades from now, but it is a real possibility.

Until then, I'm going to sit back and watch Underworld: Evolution — for free.

Reed's desktop displays iTunes, the leading legal music downloading software.



Take a Free Ride





By DAVID MALLETT

Free Ride Wednesdays on FOX Sundays on Global

Free Ride is the latest in a brilliant string of comedies from the befuddling FOX network.

With Arrested Development (which may come back on Showtime), Wonderfalls, Andy Richter Saves The Universe and Futurama, the network has had a history of great sitcoms that never became hits. Free Ride carries on this tradition. And there is an added incentive to watch this new yuk fest.

Free Ride stars Edmontonian Josh Dean, former member of the legendary local improv group, Die-Nasty. He stars as a man just out of university who has no prospects and returns home to spend the summer with his parents. Upon arrival, he finds some old acquaintances married with children while others are wallowing in mediocrity. One is Bart Dove, played by the hilarious Dave Sheridan (Ghost World).

Based on last week's premiere, these two are in for a summer of beer and hell-raising and probably a bit of soul searching too. Dean's parents are a dysfunctional pair currently in therapy and

they make for some funny moments as well.

Wacky, a bit ribald and energetic, Free Ride is the funniest sitcom since Arrested Development. With a plum spot after American Idol, here's hoping the North American audience finds this bright new show.

If you find yourself drawn to movies like Orange County or Road Trip, you should find a lot to like about this show. Filmed without a laugh track, Dean and the supporting cast pepper the well filmed production with pitch perfect performances.

By the way, you oughta check out the local group Dean hails from, Die Nasty. The troupe makes their home at the Varscona Theatre just off Whyte Ave. A fully improvised "soap opera," the actors perform a two hour episode every week, following a story line and using the same characters. Alumnus Ron Pederson went on to MAD TV while SCTV grads and actors like Mike Myers have made appearances. Mondays at 8, 10 bucks a pop.

You won't be sorry. And you won't be sorry if you decide to take a Free Ride.



Classic flicks worth owning

Controversial Classics -The power of the media Three DVD set

Three DVD set Warner Bros.

By KEVIN GIBSON

Warner's second collection of Controversial Classics selects three superb '70s films with the theme "The Power of the Media," though, given the post Watergate political climate, I can't help but question their controversial nature.

Perhaps Sidney Lumet's "Dog Day Afternoon," with its matter-of-fact depiction of homosexuality, came the closest to courting controversy. As Sonny, the would be bank robber, desperate to pay for his boyfriends sex change, Al Pacino vibrates off the screen. And the great John Cazale totally inhabits Sonny's well meaning, though increasingly unhinged sidekick, Sal. Through it all, these sad characters come off as entirely sympathetic and relatable. As the media circus ensues, Lumet captures a glimpse of New York milieu.

Lumet continued his hot streak with "76s "Network," Paddy Chayefsky's prescient satire of TV News. Peter Finch won a posthumous Oscar for his supporting turn as Howard "mad as hell" Beale, whose righteous indignation is defanged and repackaged by a ruthless, ratings hungry television network. William

Holden, outraged by, yet ultimately complicit in the crap his show shovels, serves as the shaky moral center of an outstanding black comedy.

Lastly, Alan J. Pakula's "All The President's Men" casts Dustin Hoffman and Robert Redford as the considerably less pretty, Carl Bernstein and Bob Woodward, the Washington reporters who broke Watergate. Though we know how it ends, earnest performances (including excellent support from Jason Robards) and a cracking William Goldman script, keep us on the edge of our seats,

Regardless of the slightly contrived unifying theme, these three films would make an excellent addition to any collection. Even if you already own them, the new commentaries and ample extras make them indispensable. Controversial? Not really. Groundbreaking, incisive, biting and exhilarating? Absolutely.



Soccer fans will get a kick



By CHARLES NOBLE World Soccer: Winning Eleven 9

Sound: Well, what to expect from a soccer game? The music is just bland and thankfully you have the option to turn off the music. Just play your own music while you play - it'll be twice as good. The announcers are alright, they do repeat themselves a lot after you've played about 20 games - you'll start to notice they don't help you much at all but they do add a nice feel to the game. The crowd is where it's all at. They really cheer/groan and make you feel like you're at a game.

Graphics: This game has the best graphics for a soccer game ever, but it isn't that much of an improvement over last year's version. The realism is there until you notice two players on the field at the same time and they look a little too similar.



The jerseys and crowd look amazing, especially when you score and they zoom up on those truly dedicated fans that use body paint and crazy team colour get-ups.

Gameplay: This is where this game excels - amazing gameplay that is challenging almost to the point that some will find it impossible to score and actually win a game. It's easy to just play a single game in match mode or online but this game gets hard even on normal difficulty setting if you play master league mode which gives you a team from scratch to manage all the way through all the tournaments and seasons you want while building up a team and managing the revenue.

Lasting Appeal: If you love soccer, this game has unlimited replayability but if you're a fan of playing an easy high scoring game, this one might not be for you. Most games are decided by just one goal. Online play adds a lot of variety to opponents you face once you get tired of the computer always winning. The master league mode can keep going on forever as long as you never go bankrupt or get last in the league, which gives this game a long play life.

Soccer fans will love this game, but for the rest, it might be too difficult to get into and actually succeed in master league mode where the game truly shines.





CD Reviews

By TRYSTAN MEYERS

So Sick With The Flava Fever



Artist: Ne-yo Album: In My Own Words Release Date: Feb. 28 2006 Label: Def Jam

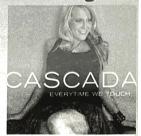
Originally starting off as a writer, Ne-yo always thought there was room for good music trying to reach people's soul. Having wrote, Let Me Love You for Mario, Ne-yo has been writing since a young age and has also written for Mary J. Blige, B2K and Faith Evans.

22-year-old Shaffer C. Smith's (A.K.A. Ne-Yo) first single off his debut album is Stay and his second single So Size in careast are play. Other standout tracks are, Let Me Get This Right with perfect melodic piano, Sign Me Up that shows his dedication to his woman and Sexy Love that is a fun toe tappin' beat with a heavenly synth sample.

The R and B record is smooth from front to back with most tracks blending together without notice. This young storyteller turned singer is turning heads. Upon hearing this album, I know that his second release will be nothing but spectacular. For now he has a few tricks of the trade to learn but overall it's a feel good, smooth as silk, bedroom baby making CD. There won't be any morning sickness the day after so don't turn off the radio. This album is perfect to rekindle that flame in your lost relationship



Cascada's voice amazing



Artist: Cascada Album: Every Time We Touch Release Date: Feb. 21 2006 Label: Robbins

DJ Sammy's rendition of Heaven hasn't been cool for five years now - apparently Cascada didn't get the memo. Cascada is to vocal trance what Reel 2 Real was to techno. This Euro cheese record is the kind of music that makes ravers cringe in the same way that Chingy makes real hip hop artists want to kill the corporate "suits" who control the music biz.

for originality with the first single, Every Time We Touch and the candlelight version also featured on the record. Other knock off's are, Savage Garden's Truly, Madly, Deeply, Roxette's How Do You Do, Kim Wilde's '80s classic Kids In America and Niki Kershaw's Wouldn't It Be Good which sounds exactly the same as Every Time We Touch. Come to think of it, the entire album sounds the same.

All prejudices aside, any female who likes this style of girl power dance music but doesn't like that "techno" - I want to inform you that there is other great dance music (house, progressive and even real techno) out there. Even though commercial radio is forcing it down out throats try and "think outside the box."

I like to take some good out of every bad album and Cascada's voice is amazing and if this CD does turn a new listener on to dance music and eventually they gravitate to real electronica, then consider it a job well done.



Career

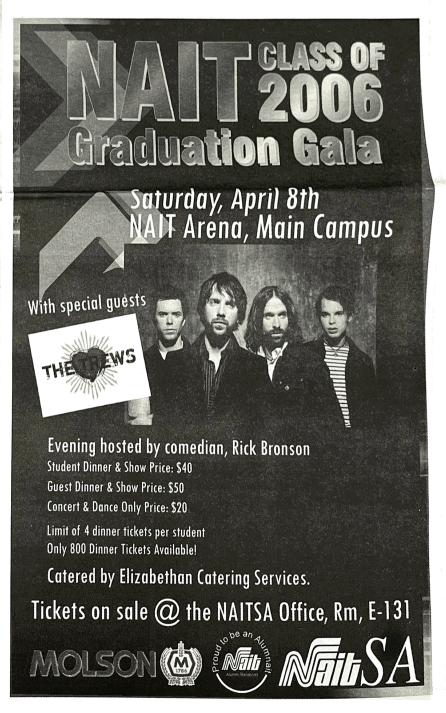
Opportunities

Choices

Tailored for the graduating NAIT Business student, our upcoming Career Fair will offer you the opportunity to speak to a variety of potential employers about the many choices available to you on graduation.

NAIT School of Business Career Fair March 22, 2006 9 AM to 3 PM Eighth Floor Business Tower Main Campus

A full listing of participating companies will be available soon.



TSA GENERAL ELECTION 2006 CANDIDA



My name is Jon Hoffman and I would be proud to serve as your President of the NAIT Students' Association.

Students' Association.
There are some phenomenal people running in this election and so it would be my pleasure to be captain of this executive team. All of the VP's have specific jobs that they are responsible for and I am responsible for helping them accomplish their goals. I will work hard to find and

President (one candidate)

develop good leaders within our campus and give myself wholeheartedly to working with our great staff to ensure that the mission of NAITSA is carried out in an effective and accountable manner.

Do you know why NAITSA is here? We exist to provide services and representation to students. Our vision is for every student to feel welcome within the NAIT community and connected to student life. I can't say that this is happening so that's why I would love to come back to help make this a

reality.
I am proud that my contributions as VP Student contributions as VP Student Affairs this year have helped students with academic issues, the quality of the Nugget has dramatically improved and I have helped to bring in more cultural events cultural events

 In November, I worked with NAIT administration to encourage students to attend a Young Entrepreneurs Conference. The few students who attended were inspired by people like Bill Rancic, Pat Laforge and Jim Dinning. In January, I was very proud

of our student body for their participation in an all candidates forum an all candidates forum held in a full Shaw theatre. Many students left surprised to find out that politics could be controversial and humorous. It is amazing how quick an event can come together when the Deputy Prime Minister agrees to attend!

We were able to sell you discounted tickets to the

Bill Clinton event held

today.

• Heck, we even got involved in making students aware of free ballet tickets that were available. Someday the perception that NAITSA only organizes parties will fade away!

I believe there is still more

work to be done: Our provincial government needs to develop a predictable and affordable tuition policy for students. For example, there needs to be protection to ensure that there will not be a triple increase in tuition two years from now.

There are many changes coming at NAIT (degree-granting and campus expansion) so there is a

real need for a President to work well with the administration, but also stand up for students. I will continue to promote the creation and expansion of student clubs on campus. I feel that clubs are critical to being connected to student life.

We need to develop some school pride.

With a combination of increasing experience, relevant education, a proven track record for success, and a thoughtful consideration for NAITSA's long-term sustainability, elect Jon Hoffman for President and let's continue to raise the bar on what a Students' Association can achieve for you.

VP External (two candidates)



Garth Crump - VP External

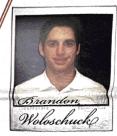
Get in... go far!!! How do we to get there? How far can we go? Life is an experience, school is an experience, NAIT is an experience. Let's work on the NAIT experience... this is a wild and crazy ride that we are all on together. We are a society, a group of people living in a community. Our community is one of multiple

personalities; we have high performance athletes, world class tradesmen, and intellectual technologists. We live in a period where Alberta is growing and expanding, where we as skilled workers are dictating the direction our careers want to go in. We all know what we want and where we want to go, we have our identity. But what is our (NAIT's) identity? The role of Vice President External is to create one identity that we can all subscribe to. Through the Nugget publications, student handbook, monitoring poster policies, and maximizing NAITSA communication resources, VP External will unite and liaise with all satellite campuses and execute events for students. Also the promotion of all campus intramurals and all

intercollegiate sports is a vital part for the energetic health and

wellness of our community. All of these activities will be essential and fulfilled with hard work and dedication to ensure culture and community that is representative of every single student that chooses NAIT as their experience. My main objective is to create and that elusive identity that no somehow evaded us. Through defining our culture, beliefs, and values, we should be able to create a lifestyle that fosters unity, inspiration and produces world

class technologist and tradesmen. This has nothing to do with what your transcripts say or how well you regurgitate information on exams. All this takes is each and every one of us to say exactly what it is we want and someo to listen. I will listen! Vote Garth Crump Vice President External on March 9, 2006.



Hey everyone!! This is Brandon Woloschuk, your premier selection for VP External. Elections are on Thursday MARCH 9th so exercise your privilege to vote. Some reasons why I would be your best choice
1) I'm currently enrolled in the Marketing program with courses such as Promotional Campaign Management as well

as Public Relations. This means I'm running for a position that I'm being educated in as well as passionate about. 2) Currently the elected Senator of Business and representing 1,500 students, I have acquired knowledge of the positions of executive council and learners the needs and concerns of the needs and concerns the needs and seems and seems and seems are the needs and the needs are the needs and the needs are the needs and the needs are has given me the time and opportunity to learn that NAIT is much more then just the technology I'm enrolled in. This has allowed me to develop relationships around the school So make the right choice, as well as the best choice, please lend me your support and VOTE BRANDON WOLOSCHUK FOR VP EXTERNAL!!

VP Campus Life (four candidates)

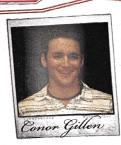


Hey all!! Carrie Creaser, current V.P. Campus life writing all of you reminding you to VOTE on Thursday March 9!! And while your at it... You might as well vote for the reelection of Carrie Creaser!!
This would be my second year

in office and have done a great deal of learning this year. I am not going to make promises I don't intend to keep. I didn't do that last year and I will not do it now. The promise I will make is this... I will keep working for you next year as I have now with improvements as I learn more each day! This job has so many learning experiences I have not learned yet and hope to do in the next term. I hope during campaign week I got to talk to as many of you students as possible to answer any questions about what I do and what hope to accomplish next year. My main goal for next year is to have as many

diverse events for all you students to attend and make your NAIT experience one you will never forget. Our vision here at NAITSA is to make you feel welcome within the NAIT community and connected to student life. I currently work hard for you all every day to accomplish our vision and I am looking forward to working for all of you next

Don't make next year scary..... VOTE FOR CARRIE!!!



When I walk through the hallways of NAIT all I see is party animals in a crouched position ready to attack. We have all come to NAIT to better ourselves; however, who says we can't enjoy ourselves. Over the last 5 years I have been living in Edmonton working, partying and enjoying life. Over that time I have organized trips to Vegas, a 4 on 4 hockey tournament, ski trips, bachelor

parties, an Alberta Men's League hockey team and heaps of house parties. Becoming your next 'VP Campus life' would be a transition that I could easily handle. I am ready to devote time and effort to make next year the most outlandish, unspeakable, thigh shivering, slap happy year to date. My goal is to bring all the students bodies together for the best Ookfest NATT has ever seen with plans to bring more diversity within the types of bands. I already have a lot of other great ideas for parties next year that I plan to use. I've always believed that the best part of life is a social life, vote for me and I will make that part of your life a lot easier. Thanks for taking time to read this and I hope you make the best choice when

Sincerely, Conor Gillen

VP Campus Life (continued)



Hello, my name is Kristen Mendoza and I am running for the position of VP Campus Life.

For those of you I have not met, I would like to take this opportunity to tell you a little about myself; I was born and raised here in Edmonton, I like to spend time with my family and friends, music is my getaway, TV is my favorite brainless act, I enjoy the occasional drink, or two, or three... and I love to laugh, you may have heard my laughter in the hallways or possibly

in the Common Market. I am in the Common Market. I am a very dedicated, creative, and organized individual and believe that I can excel in this position. I believe that what makes our time here great, are the experiences we have outside of academics such as campus of academics such as campus events and student clubs.
And so, through this position, I would be responsible for establishing and supporting all 7 Technologies and student clubs, as well as making sure that your experience at NAIT is marvelous and notworthy.

- If elected I plan to:
 Increase the involvement of mature and international students with the rest of the students through various events and clubs.
 - Increase the involvement in volunteering here at the school and in the community
 YOU KNOW it looks spectacular on a resume and implement

an appreciation program with ncentives

- Work to ensure that NAIT services and events are as inclusive, diverse and accessible
- diverse and accessible as possible.

 Make the OOKS GO WILD in supporting our Athletic Teams with possibilities of going on road trips with them MEND THE DOZE of
- our current student activities by adding more events such as live music through bands and DJs, Friday Night Jams/ Dances, Rookie Week, Freestyle Fridays 106 & Park Style, and an End of Year Jam/Dance, etc.

If you like what I have to say then make sure to vote on Thursday March 9, 2006 KRISTEN MENDOZA for VP of Campus Life.

NAITSA GENERAL ELECTION <mark>2006</mark> CANDIDATES



Candidate for VP Campus Life, Dina Zalzalah

This is my first year at NAIT and I have seen a surprising lack of student clubs and participation. As VP Campus Life, I would like to change that. I my intent is to improve advertising of the clubs and help students get involved by providing them with more information. I believe it is very important to get students

involved in social clubs while they are here and I want to work together with NAIT and the student body to see this happen.

I have experience in this through two non-profit societies. I am the Secretary of the Live Role-Playing Society which entails dealing with fundraising, advertising, paperwork, membership tracking, newsletter publishing and website maintenance. I am also Assistant Director of Site Operations for the up-and-coming Animethon XIII Festival which entails setting up meetings, working with/organizing volunteers keeping track of several departments, and working together with the Board of I have experience and, more

importantly, I enjoy doing this type of job. Please give me a chance to be your VP Campus

VP Student Affairs (three candidates)



Hey everyone! It's me... pe, it's not dejavu, it's really my third year running for this position! Maybe this is a record? I am beginning to feel like I am in the movie "Groundhog Day" and this day keeps replaying over and over again. So, other than my obvious tenacity and determination why should you vote for me as your VP Student Affairs?

I have had the experience of an instructor who dishonored the rights of me and my class. She loved the "If I like you, you get the marks" policy and I did not allow for this to happen. I took disciplinary action, the situation was changed and we were given the marks that we worked hard for and earned. I don't want this experience to happen to another student, but I know it is because I have talked to a number of students who feel that some of their instructor's actions are not justified and feel that there is nothing they can do. Wrong! There is a lot you can do! I want to be the one who will walk you through it and make sure situations as yours gets resolved quickly.

You all paid an immense tuition and with that tuition you are paying to be instructed by professional, trained and qualified instructors and are also paying to be instructed in a fair, respectful, non-threatening environment! It is also your ights as a NAIT student. These

rights are so important to be upheld, that they are printed on pages 69-76 of your student handbook. I want to make sure that they are enforced and to show you that there is a lot that you have control over. If you have talked to your instructor and nothing is being resolved, then let me help you because your marks are not something to

You may be graduating this year or are an apprentice and you're asking me, "why should I vote?" Let me ask you, "Do you want the next student to have the experience as you?" If you're an apprentice, your education is important to get your journeymen ticket, and don't you want to make sure your getting the marks that best reflect on you? When you vote, you are setting the stage! You are making sure that the rights that we have are upheld for you and future students. Without these rights, you wouldn't have a say and you would be following the "It's my way or the highway" policy that many post secondary schools have. Let's keep NAIT's reputation as a school of excellence!

To vote takes no time at all! Just show your ID that you went through a lot of hassle to get and put your 'X' on that slip of paper! 3 seconds is all it takes! Voting is so important! One, single vote can really mean the difference between me finally having the honor and privilege of representing you and future students or it can mean another horrible wakeup call to "I got you babe" by Sonny and Cher! So what can you do?

VOTE SAM...IT'S THAT SIMPLE!!



Candidate VP Student Affairs-Tamara Nitz

My name is Tamara Nitz and I am running for Vice President of Student Affairs. President of Student Affairs, This past year, I've had the privilege of working as a senate representative and have seen, first hand, the amazing opportunities provided to NAIT's student body to make a difference. As well, I have

een some of the areas that need to be changed, and have heard from students what they want improved. When Student Affairs is used to its full potential, it is a position that can make certain students get everything they need, from an academic standpoint, and

that they get heard! If elected, the following key areas are the beginning stepping stones to change student life at NAIT, for

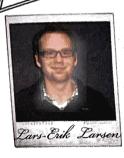
- Grievances and Communication o Listening to students is the most important part of this position. Being available for students with issues, ideas and concerns, and knowing how to help, will guarantee an improvement in your life as a
- Government Lobbying
 o Alberta's economy is booming, and the courses provided at NAIT are the first stepping stones into careers that our province needs. Government lobbying and

involvement is essential in achieving a high quality of education to keep Alberta thriving and to avoid huge tuition hikes once the freeze is

- Becoming involved in NAIT Committees
 - As your student voice it is important to act on behalf of you when NAIT decides on huge changes such as cla size, format and program expansion

I will be able to make these changes, but I need your help. promise that with your vote, will advocate your rights and facilitate resolutions to all of your concerns with ambition and dedication. NAIT students deserve the very best in their education and I am the representative who will demand that you receive it.

Vote for Tamara Nitz on March



Dare to be great! That is the attitude that we need to create for NAITSA to be effective. NAITSA has been given the monumental task of creating the lifestyle and culture for the Northern Alberta Institute of Technology. What is it that you're looking for? Why are you looking for that? How can we achieve this?

As Vice President of

Student Affairs, one of my biggest concerns is how the next generation of students

and the next generation of Edmontonians are going to make this institution and city a better place. We have the ability to make NAIT one of the most envied post secondary schools in the country with cutting edge students, technology and culture. The current NAITSA executive has done a great job of getting the ball rolling on the culture of NAIT. Now it's time to look forward to the next evolution of student leadership. The office of VP Student Affairs is an important role for students, facilitating each and every student request, mediating issues between NAIT and the student body, maintaining a comprehensive knowledge of NAIT's academic standards and being the official liaison of academic council. I will fulfill all of these roles with an attitude and philosophy of determination and hard work

We have an obligation as citizens of NAIT, of Edmonton, of

Alberta, of Canada and most importantly, as citizens of the global community. It is up to us to question, debate and collaborate to foster growth and innovate change. Every single student at NAIT has had different experiences and ideas. We come from different generations and different walks of life. Yet we are all here going to school at the same time, in the same place, and for the same reason: to better ourselves, our employers, our cities and our world. We have to be heard! We have to be asked! We need to design a system that works for all students, not just statistics.
"Design is the

fundamental soul of a man made creation that ends up expressing itself in successive outer layers of the product or service" -Steve Jobs.

On March 9, 2006, vote Lars-Erik Larsen for Vice President of Student Affairs and we'll dare to be great globally!

Eskimo set for BATTI



By TREVOR ELIOTT

Defend the turf is the infamous slogan of the 13 time Grev Cup champion Edmonton Eskimos, On March 10, Mike "the Wolverine" Maurer, the outstanding Canadian at the 2005 Grey Cup will defend the ring at Maximum Fighting Championship's (MFC) No

Many former CFL athletes have gone on to become stars in the squared ring, but this is an unprecedented move for both the Edmonton Eskimos and the professional world of sports.

Never before has an athlete competed in the ring while remaining active in his professional sport. There have only been athletes who competed after their retirement from professional sports.

Bob Sapp, Chicago Bears offensive lineman, retired from the NFL and fought in the Japanese mixed martial arts (MMA) organization known as Pride. Dwayne "the Rock" Johnson (Calgary Stampeders) and Lawrence Wendell "Lex Luger" Pfohl (Montreal Alouettes and Green Bay Packers) also went on to have professional wrestling careers after retiring from football.

"The (Eskimos) were a bit concerned when I first told them about the fight," said Maurer. "But Pavelich has really worked well with them and they're more relaxed now that they understand the sport a little better. I expect a lot of people out from the team, for the fight."

"I want to let everyone know how excited I am about this opportunity," said the father of two. "I want to let everyone know how serious I am about my mixed martial arts training. This is not a hobby for me and I believe it is something that I will pursue full-time following my football career. I want to go as far as I can in the world of mixed martial arts and I am very happy that the MFC is the organization that is giving me my start."

"I am thrilled that Mike has decided to join the MFC and the entire MFC family is particularly excited that his first fight will be held in Edmonton where fans of mixed martial arts and the Eskimos will get to see him in action," said Mark Pavelich, MFC owner and president.

"I heard about Mike's interest in mixed martial arts during the Grey Cup and he had a phenomenal performance in the championship game," said Pavelich. "I believe Mike will follow that up with another spectacular showing in the MFC. The heart, dedication and athletic prowess he showed during the Grey Cup all lead me to think he will be a superstar in mixed martial

The Wolverine is well prepared for the new MMA challenge. The Canadian Armed Forces veteran has been training six days a week back in his resident town of Regina, since the football season ended

in November. The brutal sport of MMA is much more physically demanding than football. "It's about 10 times more demanding," said the Eskimos' fullback. "In football, you've got five second bursts and 20 second rests. But in (MMA), you've got to go five minute rounds and have your bursts within the round and your rests are active rests."

"I'm a little nervous. I'm going to have some butterflies in my stomach (before the fight) because I've never done this before. But I'll come out aggressive, fight my style and I think I'll do alright."

Often compared with fighters such as Matt Hughes and Randy Couture, the Regina Rams alumnus will be expected to utilize his 6'0" frame and Brazilian jiu-jitsu style to overpower his opponent on the mat. Maurer has reduced his football weight of 225lb down to a fighting weight of 205lb to be eligible for the lightheavyweight bout.

Other fights on the card include the Main Event middleweight battle between 6'3" Jason "the Athlete" MacDonald and 5'11 three-time UFC Champion, Patrick "the Predator" Cote. Also featured, will be a light-heavyweight Super Fight between Victor "The Matrix" Valimaki and Travis "The Gladiator" Galbraith.



MFC - Mike Maurer (right) prepares to throw Victor Valimaki to the mat

Ooks just short at Badminton Nationals

By Jordan Richey

Eric Tseng and Mike Berezowski teamed up to finish fourth in men's doubles at the CCAA Badminton National Championships held March 2 to 4 at Mount Royal College in Calgary.

With victories against the Atlantic and Ontario, the pair finished third of four in round-robin competition.

As a result, the Tseng and Berezowski faced Matt Czermick and Michael Chong of Concordia in the semi-final - the team that they defeated in the ACAC provincial championships to earn a Nationals berth. The two teams were very evenly matched, but NAIT lost the heart-breaking two-game match 15-10 and 15-13.

The team than faced the Ontario team in the bronze medal match. In their round robin match, NAIT narrowly edged out the Ontario team and expected an equally tough re-match. Tseng and Berezowski looked solid to start the match, dominating the opening game 15-6. But the Ontario doubles team rebounded in the second game, winning 15-12 to send the match to a third and final game. The Ontario pair carried their momentum to the end of the match, ending NAIT hopes of a medal with a 15-7

Despite their disappointment in not winning a medal at Nationals, it was a spectacular season for Mike and Eric and the rest of the Ooks badminton team. Congratulations on a terrific

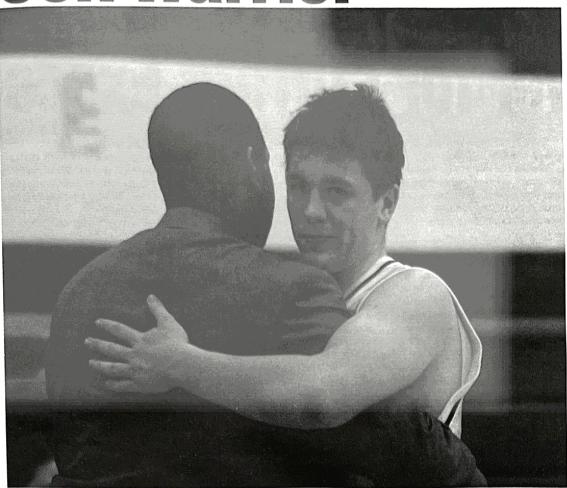


Eric Tseng



Mike Berezowski

Shane Leman – Ook Warrior



Shane Leman thanks Coach Chuma Nwobosi for his guidance at NAIT

By TREVOR ELIOTT

Once in a very long while does an athlete come along who is so versatile, so dedicated and who can leave his game on the court every night. It is rare to find an athlete who can lead his team past any other on any given night.

NAIT was lucky enough to have one of these players in their midst for the past four seasons. Shane Leman was the pride of the Ooks' basketball team, a friend to his teammates and an ambassador of the NAIT Athletics department.

Leman was recruited by former NAIT coach Marc Dobell. Dobell masterminded a national championship title for NAIT during Leman's first season and secured the opportunity for NAIT to host the 2005 national championship.

"Shane has been a rock for our program," said current head coach Chuma Nwobosi. "He's stability. He's leadership. On the court he's a scorer, he's a rebounder, he's everything - an all purpose guy."

On a bench packed with talent, including Jay Damery and Loren Balon, Leman did not truly have an opportunity to truly blossom until the 2004/05 season when the savvy 6'0" guard assumed leadership of the team, along with Mark Dorado.

Leman was the catalyst to the team's success. When the veteran played well, his skill ignited desire for his team. Not only did the All-Conference guard score points, he consistently got his teammates into the game with his passing.

Over the last two seasons, the Ardrossan grad led the league in assists with 6.12 per game. Leman also racked up an impressive 14.6 points per game, including this season when he led the team with 17.54 PPG.

"It was unfortunate that (Leman and Dorado) could've ended their career the same year," said Nwobosi. "They played together for three years and worked so well together. They always knew where each other were, on the court. Shane really missed Dorado this season. It took him a few weeks to get into the role of not having Mark there.

"It seemed that this summer, when Mark left, that Shane had to carry the team by himself. Shane was the only one left who had the national championship and back-to-back provincial championships.

Leman's character could never be questioned. Faced with possibly missing the playoff cut down the stretch, Leman continued to play hard every night. Not even a broken nose sustained at Lakeland, with five games left in the season, could slow the warrior down. Leman returned to finish the game and finished the season.

"I didn't realize how stupid it was, playing with a broken nose, until the next practice. I was so scared of those balls," said the team leader. It got me to thinking, why did I play? It was just bad luck. I ended up breaking it a second time - that's when I got my mask. I only had five games left when my nose was broken, so I wasn't about to miss any of them."

Seeing the end to the warrior's career was extremely emotional for Nwobosi. The emotion showed on Feb. 18 as NAIT hosted North Division leader Concordia in the final game of the regular season. The game was a must win game – win and you're in the play-offs. Shane scored 33 points and added six assists to

Photo: Trevor Eliott

help lead his club to an 86-69 victory. With the win, the Ooks

With the win, the Ooks advanced to the play-offs to face Mount Royal. Ironically, Mount Royal was the team that Dobell had left NAIT to coach. The Cougars dominated the Ooks, handing them two straight losses.

The elimination was bittersweet for the new alumnus. "I couldn't have asked for a better opponent to end my career with," said Leman. "With Chuma coaching me against Dobell and having a decent game, I just wish we could've won.

"NAIT was probably the best experience of my life. I was blessed with the opportunity to walk in with a great coaching, and walk into a great program. My first year, we won the national championship. It's rare to win a championship and walk onto this caliber team and have the success we did. NAIT has just been a great experience.

"I don't think school is the greatest time for anyone. Going to school and knowing you've got basketball after classes, gives you motivation. It certainly provides some balance. Hanging out with your teammates, you meet some awesome guys and lifelong friends. I wouldn't have changed it for the world."

"I hope that a guy like Greg Bourne can step up and take the role of leadership next year," said Nwobosi. "Shane has been passing the torch on to Greg all year - hopefully he can carry it."

Leman graduates from NAIT with an applied accounting degree and hopes to get his CMA designation. "It's been a long four years and I think I'm ready to move on."



TREVOR ELIOTT

VS.

JASON JONES

Over the next few weeks, Sports Editor Trevor Eliott and Sports Writer Jason Jones will argue their side regarding several debatable topics involved with the world of sports. Please note that the ideas expressed in this feature are those of the writers and not particularly those of The Nugget.

Readers are encouraged to share their opinion via letters to the editor. To express your opinion on this week's topic, or next week's, please send an email to nuggetsubmissions@hotmail.com.

This week's topic: should Olympic hockey players have been given time off from their NHL teams when they returned? And, did Saku Koivu have the right to ask to sit out a game?

Trevor Eliott:

No.

These players were not forced to compete in the Olympics and have always been given the right of refusal as Yzerman and Lemieux utilized for the 2006 Olympics.

NHL owners stand to gain nothing from their players competing at the Olympics and often their players are even injured. Eugene Melnyk can't be too pleased about Hasek's groin injury he sustained during the first few minutes of his first Olympic game this year.

Bill Wirtz, owner of the Chicago Blackhawks, even persuaded his players not to compete in Torino.

Fact is results are what are important to NHL owners because results equal success and success equals higher attendance. What will fans say to the owners when the team sits out their best players lose the first game and go on to miss the play-offs by a point or two?

Saku Koivu asked the Montreal Canadiens, a team currently fighting for the eight and final play-off spot, to sit him out his first game back. Koivu showed no signs of Olympic fatigue, however, as he added three key assists to help his club earn a much needed 5-3 victory against the Islanders on Feb. 28.

The NHL has agreed to participate in the 2010 Vancouver Olympics, but that will hopefully be the end of the NHL in the games. Players are beginning to understand that the Olympics simply aren't worth the grueling six games in eight days schedule in the midst of an already long and tiresome NHL schedule. And players must consider the injury concerns and consequent loss of salary upon return.

Truly, the only way for the Olympics to work for the NHL is to reduce the number of NHL games during an Olympic season. And as long as gate revenues remain the huge portion of income that it is today, the season will never be reduced in length.

It is understandable that NHL players are tired after they return from the Olympics and their involvement is commendable. But these players are NHL players first and national team players second. Their priority is to their professional team and their participation in the Olympics is simply a matter of choice.

NHL teams pay these players their salary and as much as national pride means, players should never bite the hand that feeds them. If these players need time off, take the time off and don't play in the Olympics.

Jason Jones: Yes.

You can talk about the players not being forced to compete in the Olympics, but you have to realize that it's not a decision that you can mull over – should I represent my home country in the highest level of competition? The answer is always a hell yes.

The only reason that Yzerman and Lemieux didn't play for Canada was because they were too injured to contribute to the team.

This is not an issue of players being in control of their destiny here. The NHL decided that it would let its players go to the Olympics with hopes that it would spread the game to a more worldwide level. It's in the new CBA - that thing that ruined the year of the Oilers.

The truth is that this is not just an issue of money for the owners. This is an imperative for the league—the Olympics are necessary for the sport of hockey to grow. And when the sport grows to more countries, you get better players in the long run in the NHL.

Just look at all the European goalies who are now dominating the league - Kiprusoff, Lundqvist, Huet, Aebischer and Gerber. With NHL players at the Olympics, the owners are the big winners with the influx of international talent and skill, which ultimately increases revenues.

Which brings me to why every owner had to allow the Olympic players who wanted time off to take it. Look at Detroit, one of the top teams in the league. They gave their five Swedish gold-medalists the first game off without them even asking. Kudos to them. Sure, Detroit may have the luxury of taking a night off, unlike the battle that Montreal is in, but Gainey and Charbonneau should be less shortsighted.

Not only does hockey benefit by having NHL players in the Olympics, no matter the schedules, but Montreal needs to think about the team in the long playoff run. There are still 20 games left, so a healthy Koivu down the stretch means that Montreal has a better chance of making the playoffs.

Don't play him at 80 per cent for the rest of the year. Let him rest for a few days and have him at 100 per cent when it matters. The NHL at the Olympics is a reality and one that just makes sense for hockey.

In Vancouver, things will be different. The Olympic schedule won't be set when the NHL doesn't know if they'll go, so everyone will work together to make the situation easier on all. Going to the Olympics is not a choice for a player and for the good of the team and the league - owners and coaches should be as accommodating as the Red Wings

Next week's topic: Should visors and mouth guards be mandatory in all levels of hockey?

DENT POLI

Q&A with your Student Executives BY LISI MONRO

Year Almost Over for Current Execs



DWAYNE WILLIAMS NAITSA President

Is it going to be bittersweet for you to leave a position that you've worked so hard in and cared about so passionately? Do you trust that future executives will continue to work to make
NAIT a better place to be a
student in the same way you have?
It is bittersweet, but it does

feel like it is time to move on. We have made a lot of great improvements and changes within NAITSA and I cannot wait to see what future executives will be able to do as well! I trust the student body to elect executives that will do an amazing job for them as well!

A lot of changes have been made to NAITSA this year made to INALL SA this year to reflect better student representation at their school. Are there any projects that you think weren't as successful as you had wished or any programs that you feel students aren't involved in as much as they should be?

The projects that we did, or events we put on for students, were all successful in my opinion. Some may have had better results than expected and others may not have, but they all benefit the students that attend even if we only had a 50 per cent turnout! Our biggest issue seems to be too much promotional clutter in the hallways, which is something I hope will be addressed next year.

In working with NAITSA what job/interpersonal skills what job/interperson a skins have you acquired that you feel will help you in the working and business world?

Hmm, that one is almost hard

to measure, since it's been so gradual over the last two years. I know I will be taking a lot of great experiences and memories with me when I leave NAIT. The where or how, will be hard to measure or track though!



CARRIE CREASER V.P. Campus Life

The graduation gala is coming up April 8! Do I have to be graduating to attend or can just to check out the dance

Yes! Graduation is April 8 and we are very excited here at

This is the first ever NAITSA grad and we have worked very hard to put on a grad for all students to enjoy! Anyone can come! Students, parents, relatives, friends, etc. Student tickets for the whole night are \$40 and for guests are \$50. Or you can just come to the concert for \$20! It is going to be an amazing night!

You've been working really hard this year to bring amazing concerts, events and parties to NAIT...are you happy with the student turn out at these events, or Is it frustrating at times trying to get students involved in after-school activities?

I am so happy with student turn out this year! Ookfest had record attendance and most of our Nest events have had great turnouts. I am even more impressed with student turnout at their own events. Students have definitely had a fun year here at NAIT!

How has The Nest done so far this year? What services/fun would we be missing out on if we didn't have The Nest? Is this I place that we can look forward to having on campus in the years to come?

The Nest is a student outlet to come and forget about their academic side of school for a certain amount of time! The Nest is a haven that will not be going anywhere soon! We have had some great events there this year that I am so proud of! Look for more to come in the future at www.naitsa.ca!



JON HOFFMAN V.P. Student Affairs

What was the turnout like for the nominations that ended in February?

There is an excellent group of

candidates in this election. I think it would be an average number of candidates.

For anyone who isn't aware how does the rest of the election process work here at NAIT? Can anyone vote? When does every-

The campaigning ended yesterday and the voting will take place today. All daytime students can vote. We made a mistake with our senate election so we want to emphasize that appren-tice students are encouraged to vote. The polls close at 4 p.m. and the winners will be announced around 6 p.m. in the Nest. What role does the senate

play?
The senate doesn't impact this other than the election too much, other than the fact that the new executives will then report to the senate. Make sure you check out the candidates and vote today!

Hey, I heard that we have a new environmental committee starting up. Can you give us a bit of info on this new committee and how students can get involved? Why is it important for NAIT to be involved

with this committee?

You are correct, there is a newly created multi-stakeholder NAIT Environmental Committee. It was developed by NASA (not the space program, but academic staff association) and now includes instructors, manage ment, students and support staff. This group is hoping for more management representation and was excited this week to hear that Roy Kotylak will join the committee. The mission of the group is to transform the Northern Alberta Institute of Technology into a showcase of environmental performance. The vision involves students, staff and management in improving the quality of their environment while enhancing the financial and environmental sustainability of NAIT.

What are you hoping will be your role at NAITSA next year? Are there any projects that you were hoping to get off the ground, that didn't go as well as you would've liked? What are you hoping to achieve next year?

I am hoping that next year I will have the privilege of leading a great group of executives and other student leaders as president. One project that has been slowed down is the development of the BeAware Committee. This is another multi-stakeholder group seeking to improve the campus experience. Another area that hasn't gone as well as planned is getting students involved in lead-ership. As far as what I would like to achieve next year - clubs, lobbying, satellite campuses, Ook pride and student involvement will be on the forefront.



ELAINE DEVINE V.P. Finance & Administration

Give us an update on the student senate this semester, is any student allowed to attend? What happens/gets decided at these meetings?

Any student can attend but the only people who can vote are the elected senate members. At these meetings any changes at NAITSA are approved, any by-law changes and budget changes and the senate representatives can put any topic that they wish to discuss on the agenda.

You do a few budget readings to the senate every school year and have

a few coming up in March. Are there any important points in the budget this year that would be important or a cause of

concern to the average student?

The first reading of the budget is planned for March 14 and the is planned for March 14 and use second reading is planned for March 28. There are no major changes in the budget this year and the budget for Ookfest 2006 has already been approved.

Do you think that Do you tunk that participating in different facets of NAITSA (like the senate, TCC meetings and The Nugget) - coincides with NAIT being a

technical institute and preparing students with skills for the real world? How can a NAIT student benefit from the experiences of participating in NAITSA?

For sure it is so important to get involved; anything that you get involved; anything that you can do to improve your resume improves your employability. In the real world you have to attend meetings, be on time and act professional. These are all act professional. These are all experiences that you get from being involved. The benefits from being involved in NAITSA are endless and your time at NAIT can be as valuable as you want it to be. It is up to each student to decide how involved they want to be no one can make that design for them. that decision for them.

Rapid Resume Review

If you need feedback on your resume or cover letter ston by the Rapid Resume Review booth and speak with a Career Advisor.

Mar 8 : Engineering Annex (main floor by elevator)

Mar 15: Fresh Express

Mar 22 : Business Tower Lounge

Mar 29 : Engineering Annex (main floor by elevator)

We'll be available from 11:15 am to 1:15 pm.

Attn: Graduates With Student Loans

It is important to understand your responsibility for repayment of your loans or it may affect your future credit rating/the availability of funding for others.

For complete info on your student loan responsibilities contact the Financial Aid Office at 491-1344 or stop by rm O111.

www.awardforexcellence.ca

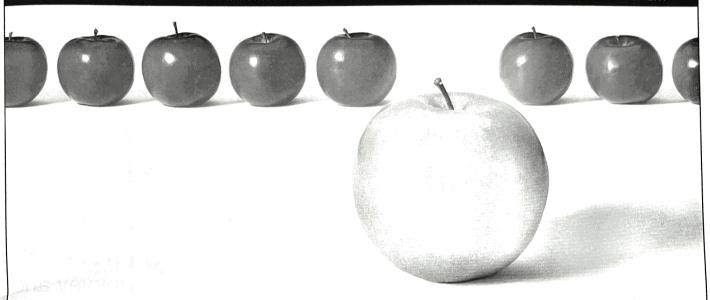


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it all, manages to get good grades? If so, you could be on your way to an award worth \$4,000 to \$10,000. If you're already in post-secondary studies, find out more about the millennium excellence award at www.awardforexcellence.ca.

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COMMUNITY INVOLVEMENT INNOVATION LEADERSHIP ACADEMIC ACHIEVEMENT



NAIT Club List

Magic the Gathering

Club meets every Thurs at 4:30 on the upper level of the Naitrium.

David Gillen

NAIT Christian Association

Club meets every Wed. at 12:15-1:10 in E129 Chad McIntosh chadmandu@hotmail.com 452-9390

NAIT Otaku Dudes and Dudettes

Club meets in room F006 every Thursday 4:30-6:30 http://groups.yahoo.com/group/animenait/ Email - imunalia@yahoo.ca

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Let the good times roll.

THANK YOU FOR VOTING TODAY!!

VOTING INSTRUCTIONS FOR NAITSA GENERAL ELECTION 2006

See page 5 for full details.

THURSDAY, MARCH 9



Participate in the LOG survey and you could win one of two iPod nanos. Check the Student Notices at MyNAIT for details. Deadline for entries is March 12, 2006.

Astral Reflections



By TIM STEPHENS

March 12 - 18, 2006

All times/dates are Pacific Standard Time. Start Nothing: 10:38 a.m. to 5:23 p.m. Sunday, 11:32 p.m. Tuesday to 6:12 a.m. Wednesday and 11:31 a.m. to 5:59 p.m. Friday.

Aries March 21-April 19

This is your last week of gloom and weariness, Aries. Sink in, rest, remain in the background, study situations rather than engaging them. Your relations with government agencies, institutions, charities or spiritual organizations might come to a head (Monday/ Tuesday and late week) – perhaps over a neglected matter. Decide what duties/loyalties you owe, which you don't. Be willing to make adjustments in legal, communications, philosophical and belief areas. Your popularity remains nicely high, your hopes for the future please you. Sunday brings warmth and beauty. Relationships confuse and excite you, Wednesday/Thursday!

Taurus April 20-May 20 Old friends return. Money flowa bank it rather than spend. VIPs, bosses and parents (even judges) like you more than usual, through early April. Use this week and next to impress and cultivate them; then spring your requests and projects on them March 25 to April 5. (In general, start nothing brand new before March 25.) It's a friendly, hopeful, flirtatious, happy week! Sleep Sunday. This eve through Tuesday brings romance, creative and speculative urges – best period is late Monday night to suppertime Tuesday. Chores Wednesday/Thursday. Relationship challenges Friday/Saturday!

Gemini May 21-June 20 Until mid-April, you're sexier - and more determined. energetic, even more violent and crude – than usual. (Practice self-containment.) An Aquarian might show obvious signs of being attracted to you. If you're single, why not welcome it? This will likely be a dalliance rather than life mating. A former job or duty might return - just get it done. This week contains many little problems: in home, realty, family Monday/Tuesday, in relationships all week, in work/ health Friday/Saturday. But a work success looms Tuesday, and romance, creative and speculative success touch you Wednesday/Thursday!

Cancer June 21-July 22 An old flame might appear. Lust calls you for the rest of March – and you're tempted to act a bit "behind the curtain" (in love and business). Be ethical, honest. A former legal, educational, travel, insurance, religious or advertising concern could return. Handle what you must, without getting drawn into a major new push. Watch ongoing projects for mistakes and misunderstandings (until March 25). Government agencies, red-tape types, tend to be aggressive toward you now to mid-April; handle this with aplomb, be diplomatic. Love calls Tuesday. A secret's revealed Thursday.

Leo July 23-Aug. 22
Careful what you step
into this week and next! Old
temptations, sly sirens lure
you, in sex, business, finances
and social arenas. It might
seem that one little unethical
move, one little collusion or
"harmless prank" could advance
you mightily – but it would,
instead, embroil you in a stew
of bad feelings and unintended
consequences. Others treat you
affectionately, even lovingly, now
to early-mid April, and your
social, eager, optimistic side soars
on plans for the future. Let this
be enough! Money needs caution
Monday/Tuesday. Friends are
good friends Thursday.

Virgo Aug. 23-Sept. 22
Agreements hit walls of
confusion, delay and frustration.
Best approach? Sit back and
wait. This is the worst time to
push matters, whether in love
or business (or anything!).
Nothing big and successful
will take place while you're
"out of the loop." Work's easy,
pleasing now into April, but
keep a weather eye out for
temperamental bosses, parents.

Your energy and charisma rise Sunday night to Tuesday – ask for favours, but don't ask for big things. Money's lucky Thursday! Avoid arguments, wild driving Saturday. All week features a home/family adjustment.

Libra Sept. 23-Oct. 22
Not the easiest week, Libra.
You have a pile of work to
complete, yet each effort
uncovers more details, snarls,
problems or glitches. Just be
alert, plod along. Don't start
any new work or machinery
projects before March 25. Your
romantic, pleasure, creative and
gambling instincts began to
awaken last week, and will bring
a wee lucky streak until early
April (especially Wednesday/
Thursday). A love affair could
begin, but will likely not lead
to "easy" marriage. (If it begins
after March 25, the marital
outlook is much better.) Rest
Monday/Tuesday.

Scorpio Oct. 23-Nov. 21
A former love could return
— might be a person, a hobby,
a creative project, even a child
you've wanted to see for a long
time. If this is to "work out"
for the long term, you'll have
to undergo some adjustment,
probably around Thursday
to Sunday. The adjustment
might involve money/income,
possessions, or "possessiveness,"
("You can have me but you can't
yossess me.") Your hopes soar
sunday to Tuesday (but Monday
is abrupt, unpredictable). Rest,
research, hold confidential
discussions Wednesday/
Thursday. The government can
help Thursday. Contain your
strength Saturday!

Sagittarius Nov. 22-Dec. 21 You're going through "reruns" or delay – on home, realty, security, retirement and family fronts until March 25. Be patient these could clash with a pers or opportunity you're excited about (especially late week). That person and/or opportunity will still be around in three four weeks - and could be the trigger to a month of adventure, winning, romance! But wait, two more weeks. Meanwhile, this week demands an adjustment in those home, retirement, security (etc.) zones – or in your approach to them. Be careful with higherups Monday/Tuesday. Wishes come true Thursday!

Watch driving, communications, systems, computers, tools and details – little niggling mistakes occur through March 24. Start no new projects until the 25th. This week isn't easy – various problems demand attention, but they're not big ones. Your money picture looks good through early April. Work and health need careful pacing and a safe approach. Sunday's mysterious, satisfying. Take care with legalities; avoid unpredictable communications/driving. Love of a certain kind could climax Tuesday. Your

career brings a "lucky break" Wednesday/Thursday! Friends

might argue Friday/Saturday – you're happy, but don't laugh

at someone.

Capricorn Dec. 22-Jan. 19

Aquarius Jan. 20-Feb. 18
Past money matters, overdue
bills and unexpected rewards
return until March 25. Don't
start new money projects. Your
mind expands in a gentle,
pleasing way this month into
early April – you see the world
in a wide, sweet way. Your
sense of adventure, creativity,
sensuality and romance are high
(into mid-April) and you could
fall in love – or simply have a
giddy moment. A Gemini might
figure prominently – so might
Wednesday/Thursday. The best
stuff in love, travel, creativity,
begins after March 24. Patience
winst Mysteries hold dangers
Monday/Tuesday.

Pisces Feb. 19-March 20 Your energy and charisma remain high – but your indecision, if anything, grows. Be patient. Your career and ambitions need adjustment, particularly as Thursday/Friday approach. You might read something that enlightens you about power plays or your career situation. Relationships need a light, understanding approach Monday, Tuesday brings love, agreement. Mysteries, finances sex offer you a false paradise Wednesday, a real one Thursday. Sometimes wisdom comes from friction or disagreement - this could occur Sunday. Your secret life, and government agencies, institutions treat you well to April. But your home needs

www.astralreflections.com. Email: timstephens@shaw.ca. For a reading: (604) 261-1337.

I Volunteer!

Help out at an Oilers game

On Campus Volunteer Opportunity:

Alumni Relations is looking for some volunteers to assist with some follow up phone calls for our regional events. Calling would be done during the day (no later than 4:30 p.m.) from the Alumni Office. All information, materials and training will be provided. We are specifically looking for people between March 6-17. Other opportunities will come up later, with dates to be confirmed. This is a very simple task, and we would be willing to take people just looking for a one time opportunity to pick up a few volunteer hours, or those looking for a larger time commitment. If you need further information, please contact me. If you are interested in helping out please sign —up with Jody at 471-7514 or jodya@nait.ca.

Off Campus Volunteer Opportunities:

Help the <u>Youth Emergency Shelter Society</u> sell 50/50 tickets on Sunday March 18th, 2006 at the Edmonton Oilers game! If you are over 18, hard working, friendly and love dealing with the public, please call Melanie at 468-7186 ext. 234 for all the details.

ATTENTION ALL

THE GIV'ER POINT PROGRAM HAS CHANGED ITS CUT OFF DATE TO MONDAY MARCH 20 2006 AT 4:30

PLEASE HAVE ALL YOUR GIV'ER POINTS SUBMITTED TO SHANNON MARSHALL IN E-133 (NAITSA VOLUNTEER CENTRE) AS SOON AS POSSIBLE.

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3 Dines Classifieds

'Boys need supervision'

(Care to give someone the business? Got a crush on a hot guy or girl? Ticked off at something and want to get it off your chest? Send your rants here to:

nuggetgrapevines@hotmail.com)

RT Guy,

I'm sorry if my last submission offended you in any way, I just wanted to let you know how I felt. As I mentioned, I am sure that you would be spoken for anyways...

I am also sorry I used this avenue to tell you, but you are the first person ever who makes me extremely shy! It's such a weird feeling by the way! -Shy

Roommate wanted: Male or female to share three bedroom townhouse with two easy going girls. North side, rent \$192 plus utilities and \$150 damage deposit. Bus to school is fast and easy. Two cats in home, so pets are negotiable. Available April 1. Please call Jenn (780) 504-0806 or Sarah (780) 720-1025

You and "your boys" are fucking losers. Get a clue. This isn't junior high anymore. If you seriously think it's funny to put a garbage can in the levator and throw pudding

down the stairwell and then laugh when it hits someone, then pack up your Lunchables, sell your books and head back to kindergarten. At least there you'll be under constant adult supervision, because believe me, you need it, you immature wannabe "gangsta." You're not

P.S. Girls pants go on girls.

Thanks to all those sweet guys (wow, there are some actually left) who hold the door for us girls. It makes our day! Keep it up...

...

Girl in E

To the carpenter from Bonneyville that I met at the beginning of February on the bus number 100 from Jasper Ave to West Edmonton Mall. I totally wanted to go out for supper with you at the mall, but I had a huge test the next day and I forgot to give you my number. If you remember me, email me @ busgirl_24@

To the jerk Grapevines punk,

hotmail.com.

You should think twice before you make fun of someone because of a single body part. Nipples aren't covered by any health plans. Go ahead and laugh you asshole. I don't know who you were talking about but my nipples have been a sore spot with me for my whole

life. You probably think this is a joke, but it is no joke. If surgery were an option, I would do it. I can't tell you how embarrassing it is not to be able to take my shirt off when I go for a swim. I have been weight training for the last seven months and I still wouldn't be seen without a

I know I'm not perfect. I don't need a reminder in the newspaper. Grow up.

- Nip Nip and Tuck

Shout out to international students!

TooCute4U

Dear Mr. Sexy Beautiful Wonderful,

You are one of the sweetest guys I have ever met. I know you are enjoying your new classes this semester, but your old friends and I miss you desperately. I miss your cute, blue overalls that match your eyes. I miss your mullet. Oh by the way, did I mention you are wonderful? I hope we can still reunite. Just let me buy you one more vodka and Sprite before you go back to the rigs and then I can move on without regret.

Your partner for life, The Safety Guy.

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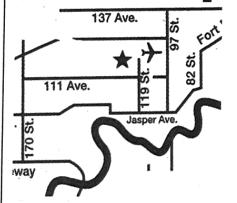
album "Life itself" is in store now. You can pick it up at stores like CD Plus, Home Crawn, Megatunes. Help to support.



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THE BACK PAGE

Honouring the

By OLIVIA KACHMAN

The main street of Mayerthorpe was empty last Thursday, giving it the aura of a ghost town. Businesses closed their doors early and trucks lined the parking lot at the local hall and arena for an afternoon silent auction and the second annual memorial hockey game between the RCMP and the Mayerthorpe Wranglers.

Still haunted by the memories of last year's RCMP massacre that put this small town of 1600 on the map, residents of Mayerthorpe have grieved and come to terms with a tragedy that still lingers in their minds along with unresolved questions surrounding the events of March 3, 2005.

In true small town spirit,

In true small town spirit, everyone gathered to pay their respects to the fallen four in attempt to set their grief aside and celebrate the lives of Const. Peter Schiemann, Const. Brock Myrol, Const. Anthony Gordon and Const. Leo Johnston, who were gunned down in an ambush by loner, James Rosko.

"We want something good to come out of something bad. As a town, we want a positive light instead of a dark shadow," widow Kelly Johnston stated. For the families of the fallen officers, it has been a painful year. However, last Thursday's

events brought a community together in resolve to move forward and remember the heroes that died to "serve and protect" its citizens.

heroes that died to "serve and protect" its citizens.

Five candles were lit representing the four constables who died in the line of duty and a fifth for all those who have died in the past and in the future serving their communities. In a moment of silence in an arena filled to capacity, four men were honoured and will never be forgotten.









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MARA TO JUBER :-

