

THREE WEEKS TO CHRISTMAS BREAK

THE NUGGET

Thursday, Nov. 23, 2006
Volume 44, Issue 11



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newspaper when you
are done with it :)

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



Google chief technology officer Michael Jones stands in front of his caricature at NAIT where he gave a talk last week on the topic of Google Earth. See story P3. Photo: Erin Bayus

HOT SEX TALK!

**Sex guru Dr. Sue Johanson
draws a crowd at NAIT to dish
out straight goods on sex.
See coverage Page 2**

Where are the fans?

**Ooks suffer from lack of student
support. See Sports section.**

THE NEST

UPCOMING EVENTS

EVERY TUESDAY
IS NAME THAT TUNE
& EVERY WEDNESDAY
IS KARAOKE FROM
4PM-8PM @ THE NEST.



Oilers Game of the Week at The Nest

**Oiler 'er up! The best place on campus
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Tues. Nov. 28th Oilers vs. Anaheim 7:00 pm



NEWS & FEATURES

Men love their privates **Spend a day not paying money**



Thursday in the NAIT gym students stopped by to listen to Sue Johanson from the Sunday Night Sex Show Photo: Michelle Yarham



By ERIN MASTRE

Men have a favourite pastime – admiring their genitals.

That's the view of renowned sex therapist Dr. Sue Johanson who appeared for a talk at NAIT Nov. 17.

"Guys spend hours admiring their genitals every morning (as

she gyrated in front of a pretend mirror) while most females have never taken a good look at their genitals," Johanson said in a talk at NAIT's main campus gym. Her presentation was a two-hour talk designed as a drop-in program so people could come and go as they liked.

Though not a real doctor she is a sex educator and nurse. Because she refuses to talk about her age, one can only guess at how old she is. Listening to her is kind of like listening to your grandma talk about sex.

Add some humour, cold hard

truths, and some stereotypes and you get a very interesting and funny program. It's complete with gyrations, hand gestures, and sound effects. Members of both sexes in the audience could not help laughing.

In 1970 she opened one of the first birth control clinics for kids. "It was in the health room of a high school, it was totally free, operated on a drop-in basis, and was guaranteed 100% confidential" Johanson said.

Dr. Sue went through the male and female anatomy organ by organ citing what it was, how it

functioned normally and during intercourse. She dispelled common misconceptions about them, and then provided some helpful tips on stimulation for each.

Although sex can be an uncomfortable subject for many people, Dr. Sue bridges the gap with humour. By citing examples she has either been through herself, or come across in her experiences she made a connection with the audience.

Comments? E-mail Erin at erniebern@hotmail.com

Earth shattering news



By SHANT CHAKMAKIAN

Last week the HP Centre was filled with eager participants as Michael Jones, CTO of Google Earth, gave a presentation on Google Earth, its features and how it has transformed the Web.

If you weren't there, you definitely missed out. Don't be fooled, there were some CST, CNT, and geological homeboys in the house –but the presentation wasn't geek-dominated.

But there were a lot of people from completely unrelated programs who just enjoy the benefits of Google Earth.

If you haven't played with Google Earth I suggest you try it.

Google Earth is a very powerful tool.

It's actually a layered virtual globe of the earth overlaid with

satellite images and aerial photos of varying quality; generally rural areas are lower quality, but urban areas are pretty high quality – high quality enough to identify cars and buildings.

With Google Earth, you can find anything from specific coordinates, to famous landmarks to places mentioned in the Bible.

You can even add a placemark for anyone else looking in a particular location to see.

You can even host a webcam and people can view it, or even a 3D model of your house.

When I asked Jones what he loves about his job and why he does what he does, he replied: "I love the idea we get to pursue our dreams and touch the world with the result. I like to play with globes so I thought others would too."

Please feel free to visit my blog at <http://shantc.blogspot.com> or to email me any comments or suggestions at shant_c@hotmail.com

Friday, Nov. 24 is the unofficial kick-off to the international Christmas shopping season. It is also the 14th annual Buy Nothing Day, a day of protest against mindless consumerism. Over-consumption has a very real impact on the environment.

Each person in North America produces over three pounds of trash everyday. Much of this trash is made up of the items we purchase without thinking – items we don't really need. Kalle Lasn co-founder of Adbusters Media Foundation, which helped promote Buy Nothing Day and turned it into an international event, said,

"Our headlong plunge into ecological collapse requires a profound shift in the way we see things. Driving hybrid cars and limiting industrial emissions is great, but they are Band-Aid solutions if we don't address the core problem: we have to consume less. This is the message of Buy Nothing Day."

But taking one day off from shopping is only the beginning. It needs to be the start of a lasting commitment to buying less.

The easiest way is to take a minute and ask yourself, "Do I really need this?" Most often the answer will probably be no. Not only will your wallet thank you, so will the environment.

So, on Nov. 24 spend the day not spending.

For more information on Buy Nothing Day go to www.adbusters.org.

Student Feedback on the NAIT Academic Ceremonial Mace Design

www.nait.ca/macefeedback2

Thank you to those who participated in the design process of the NAIT Academic Ceremonial Mace through our online survey. From your comments and suggestions the committee has come up with a design that has been captured by one of our own, NAIT staff member and artist – Warren Wenzel.

We have created a website that contains renditions of the proposed design. Please take a few minutes to review the NAIT Academic Ceremonial Mace Symbolism Guide and view the respective images by visiting the hyperlink below.

Once you have had a chance to study the design, please take a few minutes to complete the NAIT Academic Ceremonial Mace Design Online Feedback Survey. A link to the survey will be available at the website until Friday, December 1, 2006. Your comments and suggestions are welcome.

Urban sprawl causes tension



By ERIN MASTRE

Dr. William Dushenko is the newest Dean of Resource and Environmental Management at NAIT, and he is very excited to be here. He brings with him a diverse portfolio, and comes from Royal Roads University in Victoria, an applied professional program institution, similar to NAIT.

Currently, Dushenko is hoping to usher in a new era at NAIT – one that sees the institute taking on more of a research capacity both with academic staff as well as students.

He is hoping to expand on NAIT's credentials as well. Tentatively set for fall 2007 is the implementation of a Bachelor of Technology program as well as a degree program in Business Commerce.

In his spare time he is writing a book and co-editing another. The latter is set to release in spring 2007. Dushenko describes it as "a sustainable urban planning book reconciling place and space in

people's homes and their communities."

He feels the book is unique. When people live in a huge "megapolis," such as Edmonton and Calgary are poised to become they tend to lose the social cohesion that holds a community together.

To demonstrate the implications and effects, "The narrative approach is used to tell the stories of how different people address those issues in Canada," Dushenko says. It uses the case study to illustrate the theory instead of applying the theory first.

It is designed to encourage urban development and simultaneous community involvement. The City of Calgary has recently annexed several small communities existing on the outskirts of its growing limits and Dushenko uses it as a case in point.

"These rural communities are suddenly not rural anymore. They are paying higher property taxes and feel the same services they are accustomed to will not be there anymore. It produces a lot of tension," he says.

Whenever there are periods of economic growth he explains. "You have to factor in economic wealth but also the social side of things such as availability of services and recreation spaces, congestion, and



smog."

Not only do people find themselves a part of the big city but plants and wildlife do too. These social factors tend to play a bigger role more so than the economic capital that is generated.

"Because the economic and

social sides of sustainability are so closely interconnected it is important they be in balance. Maintaining the resources we have now is the legacy we leave for future generations."

erniebern@hotmail.com

Lars is a student advocate



By STACEY DOUGLAS

Lars-Erik Larsen, VP Student Affairs, generally acts as a mediator between students and the institution if issues arise and ensures students' academic rights are respected.

"I have mainly an advocacy role. Mostly for academic type issues and student needs. There is a small advisory role as well to students in need of academic guidance," explains Lars-Erik Larsen.

Larsen saw a unique chance in being an Executive member in NAITSA. "I thought that it would be an interesting opportunity and adventure."

He hopes his adventure will include realizing one of his main goals which is to make NAIT a more lifestyle-oriented institution. "This is a pretty big goal, but coin-

cidentally NAIT is working on the same theme of that goal. In time it will happen."

A successful step in the right direction has been NAITSA's strategic planning process. "We've recognized that our first priority is to broaden and enhance the student experience."

However, Larsen feels NAITSA needs to improve measuring the requirements of students by finding solid statistics for what students' needs and wants are.

Larsen is curious about how students feel regarding NAITSA.

"Do they feel that NAITSA brings a value added component to their student experience? What are the positive things, what are the negative things?"

As always you can head to the NAITSA website, www.naitsa.ca, to contact Larsen with any academic concerns, questions, or answers to the above questions.

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The Nugget encourages submissions.

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THE DEADLINE IS
12:00 p.m. on the last school
day of the week.

All submissions must be accompanied by your name & student ID number

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters welcome

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your real name and contact phone number to: nuggetsubmissions@hotmail.com Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

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Sunday, December 3, 2005: 10:00 am - 8:00 pm

December 9 & 10:
Project Factory and McNally Library
Saturday, December 9, 2005: 10:00 am - 6:00 pm
Sunday, December 10, 2005: 10:00 am - 8:00 pm

December 16 & 17:
McNally Library Only (Project Factory regular hours)
Saturday, December 16, 2005: 10:00 am - 6:00 pm
Sunday, December 17, 2005: 10:00 am - 8:00 pm

OPINION

- Editorial -

Money can buy happiness

An economist and a bank are sharing the Nobel Peace prize this year. It's unexpected but most definitely interesting.

On Dec. 10 the Norwegian Nobel Committee will award Muhammad Yunus and the Grameen Bank the Nobel Peace Prize for "their efforts to create economic and social development from below" according to the committee's news release.

What's happened that money is becoming the root of peace? The concept of microcredit may be to blame for this atypical development. On first appearance the theory appears eccentric but in practice it seems to be working. Microcredit began in developing countries as a response to their numbers of the desperately poor.

Small loans are given to the unbankable – people who are unemployed, have no savings or collateral, and generally have difficulties accessing help from traditional institutions like banks and governments.

Women, who tend to have restricted participation in many developing countries outside of the home, are primary clients of a microcredit bank. The Grameen Bank's clientele is 96% women – in part because they tend not to skip out on loan payments and are the primary care givers in a family. If they are making money generally they will support the family with their earnings.

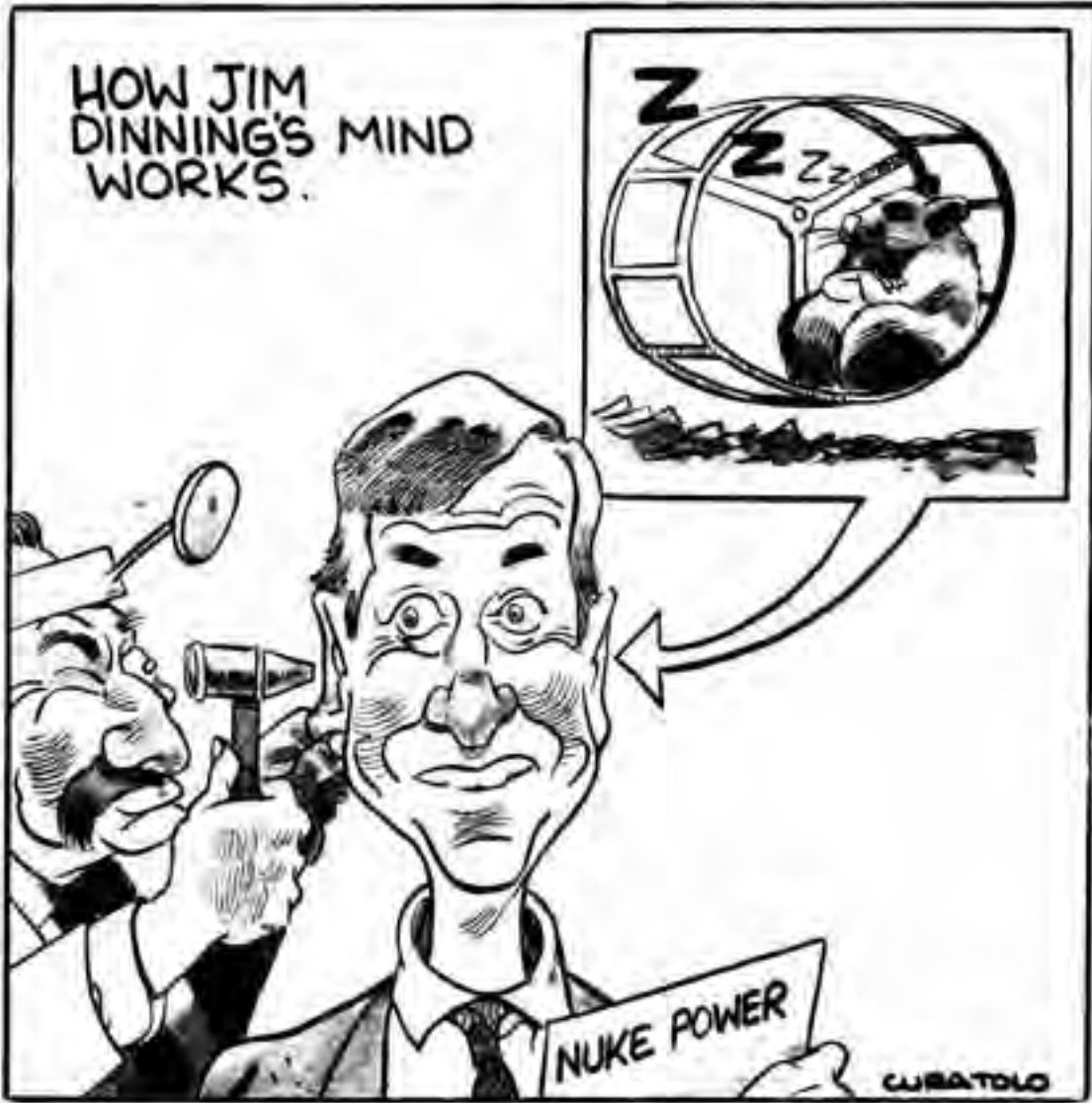
While the idea of loaning money to the poor rather than offering just charity has been tossed around since the mid-1800s, it wasn't until the 1970s that the concept started to develop in earnest. For his part Yunus founded the Grameen Bank in Bangladesh in 1976.

Generally a group of five borrows money from the bank, and this 'solidarity group' acts as a social enforcer so that individuals will pay their loans back. If one does not pay their part of the loan all are denied further credit.

Since 1976 \$5.72 billion has been loaned, and the Grameen Bank's loan recovery rate is 99%. There are people who have worked their way out of poverty through microcredit banks.

Yunus has taken the traditional concept of a bank and applied it in an entirely new way. "So the only thing we have to do is redesign our institutions and policies, and there will be no people suffering from poverty," says Yunus in a quick interview following the Norwegian Nobel Committee's announcement.

This is not only fascinating but exciting, because it is a real solution to a problem where it is estimated that half the world's population lives on \$2 a day. It is overwhelming trying to think of ways to balance out the world's resources and wealth, and at times a benefit concert just doesn't seem enough.



- Opinion -

People jump the gun on Christmas



By LIAM CRESWICK

On Oct. 31 I stopped into my local Wal-Mart to pick up a finishing touch for my Halloween costume. As I hit the seasonal section, I saw the most shocking thing I would see all Halloween.

The shelves that were once home to pumpkins and skulls were now housing garland, wreaths, and ornaments. The trick-or-treaters hadn't even hit the street yet, but

apparently it was Christmas time.

I understand that Christmas is a profitable time for nearly every store, but putting out the wares on Oct. 31 – surely no one would be thinking about that stuff already.

I guess I'm wrong, because even the general populace feels its time to start the holidays. Our own NAITSA office already has a fully decorated tree next to a stocking laden fireplace, and I first noticed it not even half way through November.

It seems the Christmas season starts sooner and sooner every year, and it's beginning to get ridiculous. Putting up decorations, promoting holiday sales, and claiming out right 'it's Christmas time' should not be occurring in the heart of November.

I know the holidays are a very

special time for everyone, but there is also too much of a good thing. This goes beyond getting your shopping done early to beat the rush, because this is spreading out a special holiday to try to get as much in as you can. A nice idea, but all this will do is ruin what makes the holiday a special time.

Having that one time a year when people are nicer, families get together, and everyone is more generous cannot last for two months. It's a sad fact, but if it could last we'd be doing it all year.

Call me a Grinch, call me a Scrooge, but Christmas is no fun if it goes on and on. An exclusive time of year is what makes it all special, and spreading it out for eight weeks only dissolves its importance and fun so expect my halls to be decked some time around Dec. 10.



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TREND HIRES ON AN ONGOING BASIS

ATTENTION ALL STUDENTS PLEASE NOTE NEW DATE!!!!

The NAIT Students' Association Annual General Meeting

will take place on Wednesday, December 6th at 5 p.m. in the Shaw Theatre. The NAITSA Audited Financial Statements will be presented at this time. Please come and see how your Students' Association fees are spent. This is a great opportunity to ask questions and get answers. All students who pay NAITSA fees are encouraged to attend.

FREE PIZZA WILL BE SERVED




Buck Wild

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Astral Reflections



By TIM STEPHENS

NOVEMBER 26 – DECEMBER 2, 2006

Aries March 21-April 19

Your time of success has begun – get going! Travel afar, sign up for higher learning, join a church, propose to your lover, read and write, advertise – do something to expand your world, your knowledge and your vision! Many Aries will fall in love in the next nine months. You have the luck now to win a lawsuit. The “what” isn’t as important as the “why.” Act gently, but be a conqueror of new worlds. You’re a bit confused about your future Sunday-Tuesday, so wait until Wednesday night, Thursday to act.

Taurus April 20-May 20

Your life is about to change in massive, beneficial ways. Investigation (research, detective work, diagnosis, etc.) sex, finances, investment(s) research, dreams, your subconscious urgings, intimacy, commitment – one or more of these will be the “pathway” to this great change. I call it great partly because it ends 24 years of relative struggle and leads, by 2008 and beyond, to a more enlightened, brighter, calmer, more understanding life. In the weeks ahead, dig deep, follow your hunches, be brave and step through open doors. Secrets emerge Wednesday eve to Friday.

Gemini May 21-June 20

Crucial relationships are about to change and expand; what was will be tossed to the winds. You might meet someone new and exciting, in business or love. You could suddenly attract fame (or infamy!). Be diplomatic yet eager – propose, join, follow other’s lead, agree, say Yes! You might relocate to a vibrant, meaningful place. Take a leap forward, toward an opportunity, a person, or a place, now through mid-December. Be cautious through Tuesday. Act Wednesday to Friday – in hope and joy! Success might require an abrupt “break” – perhaps Saturday.

Cancer June 21-July 22

A pay raise or promotion might await you – but it will only be won by hard efforts, energy, friendliness and optimism. Present efforts could yield immediate results – or rewards as far away as late 2007. Benefits tend to come in two’s – two jobs, two promotions, etc. Chase it from Wednesday night through Decem-

ber 20. (And, to some degree, for this area remains very lucky, right into August 2007.) If a work, health or money opportunity goes against your ethics (especially Saturday) reject it – a better one will come.

Leo July 23-Aug. 22

Be cautious through Tuesday, as friction, muffled anger, and deception/illusion rule – especially in the domestic arena. Wednesday night to Friday brings gentleness, love, understanding, cultural breadth (and events) a yearning to travel afar or to see/think on elevated levels. These days open your eyes, prepare your soul, for the real thing – love’s giant rush, or the fine frenzy of creative outpourings. Dive into these through December, take a chance, risk, express yourself, open your heart to excitement and embarrassment, gamble, create. Thursday through August, do not let caution rule!

Virgo Aug. 23-Sept. 22

Work and relationships irk, frustrate and deceive you Sunday through Wednesday morning. Then, big, beneficial changes come (or are available to you if you’ll seize them) – Wednesday night to Friday. Sometimes the future arrives as a step, a foundation, planting yourself or your heart or your business, your interests, in a new garden – remember this through December. Plant, pour that cement, grab/buy that land, get pregnant or tell that child how it’s going to be. This “planting” is the first step of a huge future. It’s fruitful; it’s benevolent!

Libra Sept. 23-Oct. 22

Exercise caution Sunday to Tuesday – deception (or fuzzy thinking) argument and competing interests muddy the waters in money, possessions, buying/selling, and casual sex. Wednesday night through Friday morning (and Saturday, in a deeper, “more at stake” way) bring exciting relationship events. You could meet someone new, or discover a new streak in an old partner, or a new opportunity in a new business. Be alert: opportunity comes from the environment, not from inside you. In the month ahead, curiosity is your greatest key to luck: ask, seek, read, travel!

Scorpio Oct. 23-Nov. 21

Avoid important actions Sunday to Wednesday morning – a “down home” (or depressive) mood Sunday, and a speculative, risk-taking, romantic approach Monday/Tuesday, bring only friction or a “no.” Wait until Wednesday eve into Friday morning, when your work, your involvement with machinery, cars, service people, employment or health situations can 1) yield money benefits, or 2) put you on the path to money benefits. Money will increase hugely over the nine months ahead – the sooner you start chasing it (now into December) the better! Oppor-

tunities might demand a “love split.”

Sagittarius Nov. 22-Dec. 21

Be cautious Sunday to Wednesday morning. Don’t start or end a situation/project too early or impulsively. You could “reinforce” a situation or a “chain” that has kept you bound for a long time. Wait for Wednesday eve to Friday, when a surge of self-expression, romantic attraction, creativity or a gambling urge propels you toward freedom, luck and super-expansion. Freedom’s the main thing – act in your own interest, be yourself (for that’s true freedom) now through December, even through 2007. Life’s bright road beckons – travel it! Reject worry Saturday.

Capricorn Dec. 22-Jan. 19

Buy nothing, say little, Sunday to Wednesday. One of the luckiest things you can do Wednesday eve through December (and into August/07) is to find a place of retreat or “soul healing” – buy or inhabit a spa, find that little piece of heaven in the backwoods, acquire a pied-a-terre, or, on a less physical level, seek your spiritual self, engage in therapy, healing or counseling, etc. You are going to enter an era of deep change and new aspirations in 2008. The best preparation? Rest, contemplate, “know thyself.”

Aquarius Jan. 20-Feb. 18

You’re in charge Sunday – everyone looks to you. But this is a pretty average week overall. Be cautious Monday to Wednesday morning with money, purchases and sales – and any casual sex temptations. Wednesday eve into Friday brings communications, short travel, paperwork, casual conversations, newspapers and – best of all – curiosity. Look at the variety of life these few days. What you see is lucky fodder for your growing optimism – in December (and to August) this optimism will bring you new friends, new goals, flirtations, happiness and new life goals!

Pisces Feb. 19-March 20

Be cautious Sunday to Wednesday. Rest Sunday; contemplate. Your energy and charisma surge Monday onward, but problems surround you – ethical or moral confusion, a conflict between co-workers or between your duties and your morals, mechanical breakdowns, etc. Be patient – Wednesday eve to Friday morning gives you the green light in money, earnings, and career. That last points your way all December, and all 2007: be ambitious, seek promotion, mingle with higher-ups, build your reputation, and display your skills. Huge luck awaits your efforts! (And ends years of career frustration.)

NAIT Children’s Christmas Party

Saturday, December 2, 2006
12 Noon to 4:00 pm



SOUTH LOBBY

Santa Claus & Mrs Claus
Gift Booth & Crafts

NORTH LOBBY
ARENA

12-4 pm
1:00-3:00 pm

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For information call Campus Sport and Wellness 471-7713

Tickets
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Tickets
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– Choose your own adventure –

Planet Earth Destroyed

By BRENT CONSTANTIN

You gnash your teeth hurriedly and stalk towards Jennifer’s legs.

“Apologies my dear,” you say “but with the extra weight on the ship we’ll soon be off course, so I need to cut your legs off. Don’t worry, they’ll grow back.”

You’re sharpening your credit card in preparation, when Major Skipjack, the man who’s cost you your job and your reputation steps in.

“You’re insane!” He bellows. “No, I’m in ship!” No one laughs at your joke.

“Listen, Skipjack, if you have a problem with me cutting off this woman’s legs with my Wal-Mart Visa then just say it!”

The major moves towards you with his arms outstretched. “I’m going to put you down for good!”

You steady yourself and prepare your attack. Focusing all of your energy into your skull you imagine that it’s made of solid steel. With every blow Skipjack lands on your face he falls further and further into your trap.

“Any minute now he’ll injure his hand while he’s pummeling me,” you think as you pull your swollen lips into a satisfied smirk.

Suddenly the ship rocks and Jennifer screams. The major stops his assault and gazes out the port hole. “My God!” he yells.

You pull yourself from the

pool of your own blood and look down towards the earth.

“It’s gone!” you gasp. “The planet is destroyed!” Beneath you the ground is orange and runny – lakes, mountains and roads are all indistinguishable in the landscape below you. The earth has turned to cheese whiz.

“I can’t believe the Australians actually used the Mozza-tomic bomb.” Skipjack mourns. “Everything, it’s all gone. We’re the only three people left in the world!”

“I call dibs on Jennifer,” you say.

“Don’t you get it you idiot!?” Jennifer screams. “The whole world is gone, there’s nothing we can do!”

You think to yourself while your fingers absently fiddle with a few of your dislodged teeth.

“Perhaps not, Jennifer, we could attempt to slingshot around the sun in our vessel and effectively travelling back in time to prevent the crisis.”

“That’s insane man!” the Major says. “We’d be better off looking for survivors!”

What will you do?

If you want to travel back in time, just like star trek, e-mail “time travel” to brent_constantin@yahoo.ca.

If you want to search the cheese covered world for life, e-mail “search” to brent_constantin@yahoo.ca.



By STACEY DOUGLAS

Do you feel safe going out in Edmonton?



Steve van Diest - Radio and Television Arts



Yuri Antisin - Materials Engineer



Josh Virk - Electronics Engineering Technology



Mandy Zhang, Accounting Diploma



Melissa Mihalich - College Prep

Hell no! I find this ridiculous that kids want to be tough, but can't stand up to someone without a weapon. Any woman can hit a guy over the head with a bat, but that doesn't make her tougher.

Yes I do. Edmonton is the smallest city I've ever lived in. Everybody's really nice, really helpful - even the drug dealers are nice.

I still feel safe. I guess I feel safe when I'm out with friends.

I feel safe, but I don't have a lot of time to go out.

No. I'll go to the malls, but I won't dare go walking to my neighbourhood store by myself. You really have to watch your p's and q's.



Photographic Technology

Print Sale

NAIT Main Campus
South Lobby
Thursday, November 30th
Friday, December 1st
9:00 am- 5:00 pm

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- A Voyeuristic View Into Canada's Dorm Rooms -

Ask the Sex Doc:



Dear Sex Doc;

I'm a 22-year-old heterosexual male who needs some help with my sex life. My girlfriend and I have good sex, but I want us to have amazing sex. How can we make this happen?
Not Quite Satis.ed @ UBCO

Dear Not Quite Satisfied @ UBCO;

There are many ways to ensure you have a primo sex life, but the first thing you don't want to do is put too much pressure on you and your partner to be sexual dynamos. That might just cause your dick to mysteriously go on strike and cause your girl's vagina to shrivel up due to lack of arousal.

The first thing you and your woman need to do is to be comfortable in your own bodies. It's really tough to have earth-shattering sex when you're worried about your fat ass, extra roll, or itty-bitty genitals.

Remember Not Quite Satisfied, we are all unique and beautiful whether short or tall, skinny or heavy, or whether or not we fit Hollywood's mold of beautiful. Because most of us will never be Hollywood.

It is really difficult for people to let go and get down and dirty if they have body image issues. Though this is an issue that is more common for women it still affects some men. If we are always sucking in our tummy during sex it's gonna be pretty tough to rattle one off.

Besides being okay with our bodies, people need to be comfortable with sex in general to have rock'em sock'em sex. You'll each need to do some sexual soul searching to improve your overall sexual self-esteem.

Not Quite Satisfied, you can accomplish this by putting some effort into your sex life. You and your partner can read sex books or you could play games like "Embrace" or "Pillow Talk," which are designed to do this very thing.

The next thing you'll want to do to have Guinness™ world record sex is to learn as a couple to communicate your sexual likes and dislikes. Not Quite Satisfied, if you can't tell your girl you want to play helicopter without being embarrassed, your bedroom activities will remain stagnant. Research shows that if you and your lady can tell each other how you wanna rock their genitals your sex lives will improve.

Couples who report having great sex say they switch up their routine regularly. So Not Quite Satisfied, if your idea of good sex is getting on top of your lady, thrusting 20 or 30 times till you cum, then roll off to sleep, you'd better wake up! Great sex means trying new and exciting things.

Now Not Quite Satisfied, I'm not suggesting you let her stick a wine bottle up your ass because that's

just not safe. However, if you want to play with the sexual elite you'd better learn to step up your game and try new things.

Of course there are many more sex tips that I could recommend for you and all couples to have better sex. But, start with these and you'll have a few more scratch marks on your back side.

Dear Sex Doc;
I keep hearing this term BDSM. What does it stand for? Is it something I should get into?
Kink Virgin @ SAIT

Dear Kink Virgin @ SAIT;
Okay, first of all, you'd better know what you're getting into before you jump genitals first into it. You might find yourself in a bit of an uncomfortable predicament.

BDSM stands for Bondage Discipline Sadomasochism. Bondage deals with tying someone up. Ropes, chains, and leather straps are common materials used to fasten someone up to the bedpost.

Discipline is when bed buddies play power games with one another. Kink Virgin, you might also hear this called dominance and submission. The sub 'bottom' submits to the commands of the dom 'top.'

Sadomasochism or what you might know as S & M (Sadism & Masochism) involves strong physical sensations from the sadist to the masochist. A sadist likes to inflict pain on another playmate. Lucky for them, masochists like being inflicted with pain.

And Kink Virgin, BDSM is not really about sex at all. In fact, most people who engage in power play don't have sex while they're in their role. It's really about an exchange of power.

But not everyone who delves into the BDSM world is hardcore. Kink Virgin, if you've ever playfully slapped your lover's butt, you may be considered a rookie power play artist.

Now Kink Virgin, you might be thinking 'holy crap, I'm glad I asked before I found myself bound and gagged in a cage being whipped by some leather daddy.' But, light BDSM play is not as uncommon as you might think. Many people enjoy the erotic sensations brought on by feathers, whips, and paddles.

It's cool if you want to explore these tingly feelings. But, it's your choice. And, if you do go down BDSM lane, it's best to start light with a little spanking or tie up action.

Dr. Brian Parker is a clinical sexologist and sex educator and does enlightening and entertaining sex toy parties in the Edmonton area. To find out more visit the 'parties' section of www.foreverpleasure.com.

This column is made possible by the generous support of O'My Natural Lubricants. If you have a sexual question you want answered in the 'Ask the Sex Doc' column please email drbrian@foreverpleasure.com and watch for his response in this paper.

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ENTERTAINMENT

Hardcore gamers snap up new systems



By LIAM CRESWICK

Hundreds of gamers huddled outside in the November cold this Friday and Sunday for the launches of the Sony PlayStation 3 and Nintendo Wii respectively. They were lining up in front of Best Buys and EB Games across North America to be one of the first and few lucky enough to get their hands on the new systems.

Both feature advanced hardware, more capabilities, and new games for what is being called the next generation of video gaming. These debuts will put Sony and Nintendo in the same league as Microsoft's Xbox 360 which was released last year.

But along with these exciting new advancements, each system sports a substantial price tag. So which of the two should you spend your hard earned dollars on? Well, let's compare the facts...

Price: Best Buy's Canadian website is selling the Wii for \$279.99 and the 60GB PS3 for \$659.99. That's a pretty huge difference in price, but the hardware powering the PS3 is more expensive than the gear inside the Wii.

Internal Hardware: The PS3 is a hardware juggernaut. It boasts a multiple core processor, and 256MB of both system and graphics memory.

It supports true HD image quality, and coupled with its Blu-ray disc drive will provide excellent visuals in both games and movies.

Little has been disclosed in terms of the hardware in the Wii, but it has similar yet improved hardware when compared to the GameCube with new features such as a Secure Digital memory card slot. However, one of its major downfalls is a lack of HD compatibility.

External Hardware: The PS3 controller is more or less the same as the previous PlayStation controllers, but this time featuring wireless connectivity. The Wii, however, is much more innovative.

Dubbed the "Nunchuk," the Wii's controller is in two handheld parts shaped like TV remotes. One end has a thumb stick, and the other has the buttons, directional pad, and trigger. But most importantly, the end of each has an infrared detection system and accelerometers. In English, this means you control the game by moving your hands and arms around.

The innovation lies with Nintendo, but the "Wiimote" may not be as practical as the tried and true PlayStation controller. There is a regular style game controller available for the Wii as well.

Games: Many of the games available at launch are ports (games available on both and other systems), but both consoles have an impressive array of exclusive titles as well.

The PS3 titles getting the most attention are Untold Legends: Dark Kingdom, a "hack and slash RPG," Resistance: Fall of Man, the token first person shooter, and Genji: Days of the Blade, a ninja action



adventure game.

The Wii's launch is led by Excite Truck, a monster truck racing game,

Red Steel, a shooting and sword game that utilizes the motion sensor,

and the fan favorite Legend of Zelda: Twilight Princess.

Online: In response to the widely praised Xbox Live online system, both the Wii and the PS3 are able to connect to the Internet for online multiplayer, downloading game content, and more. Unlike the

Xbox's paid subscription service, both of the new system's online content will be free.

There are more details that could be compared, but that is the bare bones of each system. Suffice to say, both have a lot to offer depending on what you are looking for in a game system.



"I'll be getting a Nintendo Wii," says Dallas Costigan, a CST student

here at NAIT. "I have always been a fan of Nintendo, and I like the way the Nunchuk controller works."

Fellow CST student Sean Bouffard disagrees, "I'll probably be getting a PS3. I already own a PS2. I think I will stick with Sony."

Both of these students will have to wait though since the systems are sold out everywhere. If these systems are anything like the Xbox

360's launch, it will be well after Christmas until we are able to pick them up off the shelf.

For those lucky and dedicated enough to brave the cold and spend the

cash prepare to kiss the next few weeks of homework goodbye, because

both systems should provide some seriously good "Next Gen" gaming.

lcreswick@gmail.com

Raunchy fun with Randy and Lahey



By ERIN MASTRE

Last Friday Randy and Mr. Lahey descended upon the Nest once again in typical Trailer Park Boys fashion to the satiation of a packed house. It was loud, crude, and raunchy – everything a true fan could have wanted.

Having never watched the show I was not sure what to expect but I got the hang of things pretty quickly. I even have to admit the guys had a pretty good vibe going throughout the place.

There were sing-a-longs, such as Liquor and Whores, which got many in the crowd lifting their glass and belting out the words at the top of their lungs.

There was even a belly contest. Guys with the biggest bellies tore off their shirts and were measured up.

The crowd went nuts and Mr. 53-inch waist was declared the winner. For girls the smallest waist won, and by default, the lone entry took the victory.

NAIT fans ate this stuff up. In between sets the two Trailer Park stars had guys slapping them on the backs, good-heartedly posed for picture after picture, and shared drinks with followers.

After one such break Mr. Lahey donned a cowboy hat and mask to become the Lone Ranger while Randy wore a small feather headband. With drinks in hand they toasted the crowd and had everybody singing Shitty, Shitty, Bang, Bang.

Going into the show I knew the Trailer Park Boys had a large cult-like following. Afterwards, I realized that it definitely tailors to a specific group of people. Even the \$20 ticket wasn't enough to deter the 'the poor, starving student.'

In the end, Friday night was a night of primal energy: one full of high fives, in an environment where it was ok for a guy to hug another guy, with the taunting and cheering of those onstage. Everyone stood united in the celebration of the so-called losers in society.

Comments? E-mail Erin at erniebern@hotmail.com

Sex show an eyeful

By TRYSTAN MEYERS

My girlfriend of five years was down for the weekend, and I figured what a good way to review a show and get a woman's opinion at the same time. I have only been in an adult's only store a few times let alone to an entire trade show based on sex.

There were about 75 booths, a main stage with shows every 15 minutes, and even information seminars. The shows had features on specialty items from most kiosks. Dancers from Diamonds and Showgirls filled in the gaps with lessons in pole dancing. The seminars ranged from usage of toys, lubricants, role playing and how-to sessions. I didn't get a chance to catch one, but it was always full of couples eager to learn.

Our favourite kiosks were Nightshade Cor-set's which had some very classy and naughty styles; a few photography places that took anything from couple's pictures to nude silhouettes; Pole Junkies where we could live out our stripper fantasies as a school teacher or a firefighter; and Black Kat Fetish & DBSM Products who sold a bed sheet that had hand and foot shackles sewn in, along with pillows, whips and all sorts of devices to restrain and stimulate your lover.

Some of the things that shocked (and probably aroused us) were: Obelisk Adult Products had a chair in the shape of a stiletto heel that had a

motorized dildo built into the seat, Sensual Secret's Sex Swing and a glass chess set that was entirely comprised of dildos.

It wasn't all about sex. Shops like GNC were there, Airlines were offering holiday packages, Shellshock 420, Blue Sky Limo's, Body Art & Piercing, Planned Parenthood and just regular shops selling lube and sex toys were also there.

There were only a few disappointing things about the show: I thought it was going to be more for "lovers" than just people having sex. The show ranged from, love (between a couple), sex (the kind you have with no emotion), screwing (the kind you have in a bar bathroom) to S&M, homosexual sex, and Hedonism - all things that my girlfriend felt were a little too graphic.

The fact that it was an 18+ event was great, heck, I could even buy a beer. Of course there had to be at least two guys who had one too many and were yelling out boobies the whole time. Let's not forget the cliché 50 year old dirty man whose kiosk was comprised of thousands of porn DVDs for sale, nothing more, nothing less.

I will be going back next year. I might be a little more prepared and a lot more desensitized, but it will give my love life (along with many other people's) the spark that we sometimes forget.

trystan@djtbone.ca



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Tenacious D rocks your socks off



By TAZ DHARIWAL

A long time ago, there was a child named Jack Black aka JB. He wanted to rock, but his religious father refused to let his son be taken in by the devil's music. It's the classic "I hate you Dad, and I'm gonna do what I wanna!" syndrome that usually causes future rock stars to become the legends they end up being.

Tenacious D in *The Pick of Destiny* is a perfect guide for the budding rock star who wants to melt the faces of millions of music fans. Also, it's the perfect movie for people who hate musicals. It's a musical through and through, but never does it take itself seriously like *Rent* or, God forbid, *Grease*.

The story of *The Pick of Destiny* is simple. It tells the fictional formation of Tenacious D, the self-proclaimed greatest band on Earth, and the struggles Jack Black and Kyle Gass have as they try to write a masterpiece that will propel them into rock'n'roll stardom.

They figure that the only way to rock successfully is to gain the pick of destiny, forged from the tooth of the Devil, which he lost during an ancient battle with a lute player many centuries ago.

It seems that everyone from Jimi Hendrix to Angus Young of AC/DC to Eddie Van Halen used the pick of destiny in order to create metal masterpieces, which propelled them into international stardom.

Fans of the D's HBO series will relish in what is pretty much a big-screen adaptation. Helmed by Liam Lynch, *The Pick of Destiny* never really has a dull moment.

To the average movie-viewer it may look like a stoner movie with musicians, but under all the pot smoking, constant swearing, and the fact that two fat guys are the male leads in the film, the movie is slick. It has a lot of bite to it, and is one of the funniest movies of the year next to *Borat*, *Clerks II*, and *Talladega Nights*.

★★★★★

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— TV'S Golden Age Part II: Drama —

Drama that changed us



By TAZ DHARIWAL

In the past couple of years the discerning TV drama audience has gone from the Steven Bochco cop mystery thrill ride like *NYPD Blue* to more sophisticated serials like *Lost* and *24*.

Forcing the viewers to keep up with their favorite shows each week in order to fully understand the overall storyline has added more to the television drama than ever before.

In *NYPD Blue* each episode had something new for the audience to latch on to, while previous storylines about the main characters would slowly rotate, week by week. This frustrated the audience to the point that they stopped caring about the characters they had devoted so much time to.

In 1999, Aaron Sorkin created *The West Wing* for NBC. It was highly

"...it was *24*'s premiere of the non-stop season, which proudly boasted no repeats that changed how we watch TV."

praised as one of the best contemporary dramas of its time. However, battling for supremacy was another drama that took popular culture by storm.

The Sopranos made viewers in America add HBO to their cable system, if only just for that show. These two shows gave an inside look to two similar yet vastly different worlds that the public had been enamored of since the advent of TV and movies.

The West Wing let us look inside the day to day dealings of the highest branch of the US government while the Sopranos allowed us to live out our Godfather dreams. Dramas were getting the attention they had been lacking during most of the '90s.

In 2001 came another show which added to TV's saving grace. *24* premiered in November just weeks after 9/11. A show about terrorist threats against Americans captivated a nation now hell bent on destroying terrorism in all forms.

That show changed the way we watched TV, and forced us to be in our seats every Monday to see what happened during what I've heard dubbed, *The Jack Bauer Power Hour*. *24* had a stranglehold on dramas for nearly four years before *Lost* became a ratings hit maker for ABC.

However, it was *24*'s premiere of the non-stop season, which proudly boasted no repeats that changed how we watch TV. By giving the audience what they wanted the networks changed how we would watch our shows.

Unfortunately space is limited and I still haven't gotten around to mentioning more of my favorite shows. Especially in the drama realm, so I will continue this next week.

Next week: *Battlestar Galactica* and *Veronica Mars* in Drama II

<http://www.myspace.com/tazthefurnace>

Three years in the making



Honey from the tombs
Amy Millan
By BRENT CONSTANTIN

While finding success with both Canadian groups the Stars and Broken Social Scene, Amy Millan has decided that she wasn't featured on enough albums and went solo. The truth is that this effort is three years in the making, and was recorded when the demands of both groups allowed her to do some of her own stuff.

With *Honey from the Tombs*, Millan goes in a totally different direction from her previous efforts, by putting out a decidedly country album complete with quite a few whisky references.

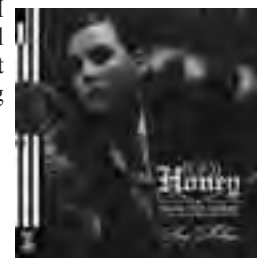
If you're a fan, no doubt you've picked this one up already (it came out

back in May) but maybe you're someone looking to the Nugget for advice on what to spend your money on. If this is the case then please do both of us a favour and get this disk.

Ms. Millan makes the jump to bluegrass just indie-ish enough that you might not know what you're listening to until it's too late. Even then why would you want to give it up? Her silky smooth voice never falters, and each word seems to blend seamlessly into the next.

The downside of this, of course, is that the light, dreamy vocals and soft instrumentals might lead you into a relaxation induced trance. This impressive to do seeing as how the disk is less than 40 minutes long. Luckily all the best stuff is on the first part of the disk, so after listening to *Skinny Boy* and *Ruby II* don't feel bad about falling asleep.

4/5






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SPORTS

NAIT fans? What fans?

By ANDREW DUNAJ

With the 109th Street Challenge well under way, the NAIT Oaks have failed to show up for their part of the bargain. The latest challenge in volleyball did not fair well at all for the fans of NAIT.

MacEwan fans have outnumbered NAIT fans at events by eight to one.

"I just don't think that amateur sports is worth the time to watch it," says radio student Chris Torres.

First year television student Allison Salzl continues on by saying, "I'm just too busy, with work and school I don't have the time to go watch a game."

"Before we had all the local minor sports teams come out and watch the games. But this year that's just not happening," says NAIT's Athletic Director Gregg Meropolis.

The support just isn't there compared to last year, so a call is being sent out to all the Oaks loyal fans to come and change their misfortunes.

Combining the scores from the soccer teams from NAIT with men's hockey and volleyball the

Griffins ended up with a huge 1400 point victory over the Oaks leaving fans to wonder what happened?

Last season the Oaks were strong and able throughout the whole event, but seem uninspired this year from fans and players alike. According to athletes, professional or amateur, it has been proven that an arena full of fans helps the home team perform better and gives them a reason to want to play there.

"It's ridiculous, no one showed up to watch our game. Last year the stands were full and this year nothing," says one women's basketball player.

There's still plenty of action remaining in the Challenge Cup so it's still far from over for the defending champion Oaks who hope to turn things around sooner than later in this annual bitter rivalry.

Starting Dec. 1 the challenge resumes when the Oaks hope to get an early Christmas present which includes a victory, but more importantly an arena full of fans.

Email Andrew at Andrew_dunaj@hotmail.com



Ooks deserve fans

By JORDAN MAKSYMIC

Last week my article was about the student support for the athletic programs in Canadian colleges and universities. For those of you out there who don't religiously read my article last week I had a good venting session about how pathetic the support was for post-secondary athletics teams, especially here at NAIT. It's embarrassing for the school and students.

Well, believe it or not, I haven't seen attendance numbers at Oaks games skyrocket since the release of that article, so being the investigative journalist that I am I have decided to delve even further into the issue.

Before I start, let me put things into perspective for you. Maybe you have heard about the 109th Street Challenge? For those who haven't, this is a challenge between NAIT and Grant MacEwan to see who can get the most fans out when the two schools are playing each other in any sport. At one event, G-Mac had 243 fans, to NAIT's...30. Yep, that's no typo.

Why is there absolutely no support for our teams?

In talking to some students at NAIT, some popular answers quickly started to emerge. The main thing I heard was there is just not enough advertising around campus concerning NAIT athletics and upcoming games. I would have to agree, those pathetic little stand-up signs scattered around campus aren't grabbing the atten-

tion of too many passers-by.

Also, the signs are promoting games for the upcoming weekend, but they don't start popping up until late in the week. Why not put them up on Monday so students know about the games before they have already made plans for the weekend, or maybe some different promotional methods need to be explored.

We here at the Nugget aren't perfect either. With the feedback I received from some students they agreed that the sports coverage in the paper is sufficient, but much like the signs it is too late to be talking about upcoming weekend games in a paper that is released on Thursday. Would it not make sense to put in schedules for games coming up in the next couple of weeks? Point noted.

Now here's another question. Where do the people in our athletics department stand in this great debate? One would think that they must be pretty embarrassed with the brutal support that their teams are getting. Think again!

Under the impression that the head coaches here at NAIT would be at least a tiny bit concerned with the attendance of their games I e-mailed some information on my upcoming article to six of them in hopes of getting some of their input on the whole issue. Apparently these coaches are satisfied with the attendance numbers at their games, or else there was a very serious problem with the school's e-mail system last week as I only received

a reply from one out of the six messages I sent.

This problem leads to a lot of controversy and finger pointing.

Yes, upcoming games should be advertised better and earlier. Sure, the media coverage of the school's sports scene here at NAIT needs some work, and yeah, the athletics department needs to get more involved. Maybe start thinking about some better promotions and prize giveaways to attract more fans.

What gets lost in the whole argument is something that was brought up by the one coach who e-mailed me back last week. These athletes do notice when they are on the road and a large, energetic crowd is cheering the home team on, and then they come to NAIT expecting the same thing only to find a pathetic spattering of people there to support them while they play.

I wrote it last week and I am going to do the same this week. The beautiful thing about sport is that if you are a real fan, sports will be exciting for you no matter what level you are watching. Here at NAIT, with your student identification, you can get into any athletic event for free. These young athletes are very talented and deserve your support ... they deserve fans!

Editor's note: if you're a coach, a player, or a supporter, feel free to respond to what Jordan is saying. Email Jason Jones at sportseditor@nait.ca to get your word in.

Athletes of the week



Sarah Williams
Swin Meam

Sarah is in her second year of the PFT program as well as her second year on the swim team. Over those two years Sarah has been asked to swim some pretty difficult events. More often than not they're back to back, and she still came out with all first or third finishes. Last weekend at the ACAC final she finally got to swim her four events without the coach making adjustments for the team. Sarah managed a win in the 200 meter breast, and three second places in the 50 meter, 100 meter breast, and 200 meter individual medley.

Keith is a second year veteran on the NAIT swim team who calls Dawson Creek home. Keith graduated with honors from the CET program last year and is currently working on a second diploma (CNT). He is a versatile swimmer with a preference for the shorter sprint events. In last weekend's ACAC final Keith won the 200 meter and freestyle, but came second in the 50 meter and 100 meter as well as the 50 meter butterfly. He was part of two winning NAIT men's relay teams. Keith's strong swims helped the men's team capture ACAC Gold for the second straight year.



Keith Syryda
Swim Team

Student athlete tells all NHL fans get ripped off



By BRIE BURROWS

It's go time! I'm constantly doing something, whether it's practice, games, class, homework or trying to have a social life. Life as a student athlete has its perks and downfalls. Balancing the responsibilities of school by keeping up with exams and homework can be a difficult task.

With these responsibilities also come the added commitments of fundraising, getting along with teammates, and developing good practice habits, which have to be made to be successful at any sport. With great sacrifice comes great reward!

The team gear is always extravagant and exciting, and allows you to be recognizable. Being recognized as an athlete wherever you go on campus can be overwhelming,

but it helps to "break the ice" with everyone. Being an athlete you are treated with the utmost respect, and people feel comfortable coming up and talking to you. This reduces some of the stress that comes along with being an everyday student, never mind a student athlete.

Diary Entry One – catching you up

Ten out of 14 players are rookies, and right out of high school meaning anything could happen during the season. Preseason proved to be a challenge. Developing our skills, while gaining trust does not come overnight! Figuring out the strengths and weaknesses of all 14 players on the team, as well as the three coaches was not an easy task.

Playing the top teams in the nation right off the bat in preseason can either make or break a team. In our case, it helped to make our team better. These tough games were one of the key factors in beginning to create the fundamentals of success: loyalty, friendship, cooperation, industriousness, and enthusiasm.

Having a very athletic team has definitely proven to be a positive for us. Our team has proven early on that we can run the court, soar

for rebounds, and potentially dominate the floor. Yes, our team is young, but we don't use that as an excuse for our record. We'd rather "let our game speak" instead of making excuses.

Outsiders looking at our record will often create the assumption that we are not a good team and that we don't work hard. This, in fact, is incorrect. From my experience of being at every practice, every game and every team activity, I know how hard we work with each other and the coaching staff.

This is why I can say with confidence that my team is not a good team, in fact we are a great team. A great team that has yet to put everything together on the court, but success doesn't come overnight. We are always learning and getting better everyday. A winning record is a result not a goal. Success comes from hard work and sacrifice. That is the path that our team has chosen to follow.

Brie will be making weekly diary entries in the Nugget about life as a student athlete, and giving you a behind the scenes look at NAIT athletics.



By BRAD SLATER

It looks like fans who don't like the NHL's unbalanced schedule may have to grin and bear it for another season. Unable to find any consensus among the 30 general managers Tuesday, the NHL might stick with the current format for 2007-08 before making any possible changes.

Still, the debate isn't dead and will continue at the NHL's Board of Governors meeting Dec. 4-5 in Palm Beach, Fla. The GMs will also have more time to get things done at their next gathering, Feb. 18-21 in Naples, Florida.

The current NHL schedule gives fans eight games vs. divisional teams and four games vs. the other teams in the West. The negative part comes when you look at the games vs. the East, the Oilers only visit the East five times and the East repays the favor by visiting Rexall five times.

This allows fans a glimpse at some of the games greatest stars like Alex Ovechkin and Sidney Crosby, once every two or three years. After the NHL's lock-out the whole idea when the game started up again was to make it for the fans, but obviously they're missing the point by not allowing fans all around the league to see the games best players.

I have no problem limiting the schedule to six divisional games and then three games vs. other team in the West. By making that change it would allow Oiler fans to see players like Spezza and Kovalchuk at least once a year. Sure the argument will come that we're taking away two Battle of Alberta's, but come on it hasn't been a battle since the late 80's and early 90's.

Six visits from the Canucks and Flames is more than enough if I can see Malkin and Jagr live every year. Last season Flames fans never got the Stanley Cup rematch of the Flames and Lightning where as this year the Oilers got lucky with the schedule gods bringing the Carolina Hurricanes to Rexall place on Dec. 6.

How could the NHL not have a Stanley Cup rematch last season? It's problems like that which are ruining the game in the fans' perspective. If you're like me and tired of this bogus schedule email the league and be heard. Each season the fans of Edmonton are missing out on a lot and right now the league is doing



Crosby and Ovechkin only come to Edmonton once every three years under the current NHL schedule.

nothing about it.

Until next time stand up and be heard, let the NHL know you're upset so we can get this schedule fixed the right way.

NR92 and the Nest present the Oilers vs Hurricanes rematch Dec 6. Look for the NR92 street team out and around NAIT at lunch. For a \$2 donation to Santas Anonymous, you can win a Limo ride to the Stanley Cup Rematch including two tickets to the game. These tickets will be your last chance to attend the most anticipated game of the season, so log on to nr92.com for more info.

Email Brad at bslater2@ook-mail.nait.ca

I Volunteer!

Rm. E-133 Ph: 491-3966

The Stollery Children's Hospital Foundation is now recruiting volunteers for their 2006 Snow Flake Gala. Volunteers are needed to help the creative building, moving, set up & tear down of decorations sets for the Snow Flake Gala. For more details please contact Roseline at 431-4606 or rdonaldson@stollerykids.com.

The Canadian National Institute for the Blind is now recruiting volunteers in the following areas: Special Events, Office Administration and Friendly Visitors. For more information please call Catherine at 453-8304.

The Cross Cancer Institute is always looking for folks to help out in the following roles: Afternoon Tea, Gift Shop, Hostess Cart, Sun Room and Friendly Visitor. If you would like more information please contact the volunteer office at the Cross at 432-8334.

Capital Care Dickens is now recruiting volunteers for the following positions: Generation Mix, Laundry Helper, Pet Therapy and Resident Assistant. If you would more details please contact Sandra at 496-3330.

Capital Care Norwood is now recruiting for Appointment Companion, Recreation Helper and Resident Room Organizer, for all the details please call 238-9346.

Women's basket ball is paying it forward

By ROBIN J. EGERTON

The coach stood before the team and said to them "Let the spirit within shine, and let the volunteer within you come forth for there are people in the community that need your help, praise be to the community and praise be to you! Hallelujah!"

The team replied "Hallelujah! Praise the community!"

A chorus of Amens filled the gymnasium as the young women in the NAIT basketball team gathered around their leader. Okay, so maybe it didn't happen exactly like that, but the effect on the team's morale is the same.

Coach Curtis Nelson has always felt that it's very important to volunteer and give back to the community. The women that comprise Nelson's squad are getting a taste of the rewarding experience of extending a hand to those that could use it, and they like it. Recently, they read to children at a city school.

That was the most rewarding so far, according to Dale-Marie Cum-

berbatch and Kelti Oviatt. The girls felt that it definitely made them stronger not only as a team, but as friends as well.

"One of the things the girls need to see is the importance of appreciating all the things given to them, because they're athletes and to give back," Nelson said. He added that "balance is important to the girls in the program, and it's not a hard sell to the girls I have here, that's for sure."

This social conscience is being developed in the girls every day, and it's noticeable. They are all more than eager to donate some of what little free time they do get (including a six-day-a-week practice schedule and numerous road trips) to help out.

The team plans to continue contributing. Next on the list - Santa's Anonymous, a 630 CHED program that utilizes volunteers to deliver donated presents across the city. On the side, they're also organizing Christmas shoeboxes.

Nelson also has set his sights on seniors groups, a marvelous idea, as many often get overlooked in

during the holidays.

"Christmas can be a pretty lonely time for them sometimes. Even if it's something as small as us going out for their Christmas party and helping out there or coming out to do some bingos, those are really important to us," says Nelson.

He feels that it's really important to set the tone of commitment to yourself, your team, and the people around you as a coach and as a program.

"That sense of perspective is huge and it allows them to bring their best every day at practice. Being involved in that kind of work really sets the foundation for how you grow as a basketball team, but basketball is really just the vehicle for all these other life skills we're dealing with - the rewards are great."

He also mentions "the beauty of doing it together as a team is that you find this community that you're a member in."

You can email Robin at ejuphoric@hotmail.com.

- Wide world of pro sports -

Did you care to watch Grey Cup?



By JASON JONES

Did anyone watch the Grey Cup? Did you make it through the whole thing? I didn't think so.

The Oilers seem to be coming on, and after about a quarter way through the season the Oil are right where they will probably end up. Who's exceeded expectations: Smyth, Sykora, Roloson, Thoresen, Winchester, and Smid. Who has to get better: Stoll, Horcoff, Smith, Bergeron, Lupul, Torres, and Pisani.

There were lots of rivalries this past week. Ohio State edging Michigan in college football, Oilers battled the Flames, while Roger Federer beat Rafael Nadal in men's tennis. What do you think the best sports rivalry is right now? Red Sox-Yankees, Edmonton-Calgary, Duke-UNC basketball? My money's with Federer-Nadal. Are you a Fed or a Rafa?

It was another crazy weekend of NFL action. Indy has a loss, which I think will only help them focus on the Super Bowl. They won't be distracted by the auspicious 16-0 anymore. What happened to Eli Manning? And how devastating was Donovan McNabb's injury? If Marques Colston hadn't been injured I guarantee that Drew Brees' 500+ yard game would not have been wasted. Baltimore is



for real, but everyone should be watching San Diego. And is there a team more entertaining to watch than Cincinnati, what about San Francisco?

In the NBA what happened to Phoenix? They were supposed to dominate this year. And the big question that won't be answered for a while - is Utah for real. I think they're good, but I'd watch out for New Orleans.

Best Bets

Chicago vs New England will truly show how good the Bears really are. It'll also be a test for how good the NFC is - can their best compete with a top five team in the AFC.

College football is heating up south of the border. This week USC plays Notre Dame while Arkansas plays LSU. Arkansas still has a shot at the BCS, but all talk will end if USC destroys the Irish. Nobody wants to see Ohio State vs. Michigan again (unless you live in Midwest America). The best story is USC getting another shot at the national title.



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FREE OOKFEST 2006 SWAG

We're getting ready to start planning OOKFEST 2007 and we want to hear from YOU on what you liked or didn't like. Take our short on-line survey at naitsa.ca before November 30th and your name will be entered to win one of 10 Oookfest 2006 shirts.

Congrats to A. Lalonde who won 2 sweet tix to the Nov. 28th Oilers vs. Anaheim home game (courtesy of NAITSA).



Riders promise a kick-ass time



Special to the Nugget by JIM BARR

Picture this: eight DJs, two bands, five on-mountain parties, epic snow and 1,000 new friends – could New Years get any better? Reports are coming back strong, and it's official that ski and snowboard season is now in full swing.

This past week at Kicking Horse Resort in Golden, BC, it snowed over 250 centimetres. That's over eight feet of snow.

"We didn't have this much snow by Christmas last year. It's awesome.

We have received over 700 centimeters to date," says Kicking Horse Destination Manager Trish Ryter.

NAITSA is stoked to be working with Downhill Riders and Kicking Horse to put on a killer New Year's Eve adventure there. Hundreds of tickets have already been sold to students on campuses across Alberta. Prices start at only \$299 for a three-nights' stay, two-day lift ticket, return transportation, and an unbelievable New Year's party.

The adventure runs Dec. 30 – Jan. 2. "For New Year's Eve everyone will get a wrist band giving them access to hit any of our five on mountain venues that

will all feature killer parties," explains Kicking Horse's food & beverage manager Thom McCann.

"We are bringing in Matt the Alien - a resident DJ from Whistler. In total we have eight DJs and two bands. The idea is when people are thinking "what are we

going to do for New Year's" we want them to come here. It's going to go off!" says McCann

There will be fire spinners on stilts and fire works start at 10 p.m.

just to kick off the party.

"Downhill Riders did a party on the mountain in March this past season and it was epic. It had a killer vibe, and we took over the day lodge. The building is amazing with these exposed cedar beams, a massive river rock fire place, and there were people dancing on the balconies over head. It's the ultimate spot for a party," says general manager Tammy Duchene.

The nightly adventures will be matched with incredible shredding options by day. Opening six years ago Kicking Horse has amassed some great media accolades and is one of North America's top new resorts.

Last year CNN rated it "the powder destination on the planet!"

Skip the Red Bull because this resort

is huge, with epic amounts of terrain to keep the heart racing. One 15-minute ride aboard the Golden Eagle Express gondola takes shredders up 4,200 vertical feet.

This leaves them with a stellar ride of 30 minutes to one and a half hours, depending on snow conditions and that's just one run. Hit this seven times in a day and you've gone the height of Everest.

Kicking Horse is a big mountain - its high alpine terrain features many ridge lines and hosts some killer shoots filled with powder and gnarly bowls.

Get to the bottom half of the resort and dive into the trees for some adventurous glade runs. "We did a lot of great slope work this summer to improve our green and blue options," says Ryter.

For more information check out www.kickinghorseresort.com or NAITSA's website at www.naitsa.ca. Head to the NAITSA office to book your spot, but hurry because bookings close Dec 30 and you don't want to miss what will be a legendary New Year's. Especially with all this snow just waiting for you to shred!

(Jim Barr heads up Corporate & Group Sales for Downhill Riders Ski & Travel Co.)

Stoking the fire on the ice

By ANDREW DUNAJ

Off the ice everyone loves him, but on the ice Ooks captain Ben Stokes is considered to be one of the largest nuisances for other teams. Born in Lomond, Alberta, Stokes found his way onto the Ooks team three years ago after a stint with the Fort MacMurray Oil Barons.

Taking the role as leader of the team, Stokes says that although it can be tough at times he does find it really enjoyable. "I help the younger guys with school. It's a different lifestyle with school and hockey and I enjoy helping the guys out," says Stokes.

After all the hard work and seriousness involved with the team, according to Stokes after a smile, laugh and a friendly "no comment" Ben says there are no initiations or hazing involved

with the new players on the team.

Being a student can be tough for some athletes, and Stokes knows that there can be some long nights involved with it. "It's tough, you really have to prioritize your time, and you defiantly have no time to do anything else."

Just like every other student at NAIT Stokes understands that students are busy with homework, but doesn't understand why anyone wouldn't want to take the time to watch entertaining hockey that doesn't cost a dime for students.

"It's very entertaining to watch, but I think maybe there just isn't enough advertising for the games."

While most goalies in the ACAC fear his cannon for a shot, Stokes says that he's always been gifted with the rocket he delivers.

"I guess so. I've always had a huge

blast on my shot."

Being a marked man can be tough for some players, but not for Stokes who loves the fact that he is considered one. "It gets me jacked up. It makes me play better on the ice and I just love it."

Stokes says the best part of playing for the Ooks is being able to have such a close knit family. "No better 25 guys out there to hang out with and have as friends," says Stokes.

Comparable to the Maple Leaf's Darcy Tucker, Stokes will definitely leave his mark not only has one of the greatest offensive agitators in the ACAC, but as one of the greatest captains ever to have played for the NAIT Ooks.

Email Andrew at Andrew_dunaj@hotmail.com

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- Around NAIT -

Athletic support for NAIT needed



By JASON JONES

Lots of talk these days about supporting our Oaks. Jordan has a scathing article again this week that certainly calls out fans to support their team. NAIT is a tough place to gather school spirit, isn't it? Most of us are only here for a year so many students don't get attached to NAIT athletics like they do if they're in school for four years. And even then, look at the U of A – it's not like they're selling out every game. It's certainly a tough sell.

One thing that athletics director Gregg Meroupolis mentioned to me was that all but one game of the 109th Street Challenge has been outside NAIT. It only makes sense that NAIT is trailing, because fans are less likely to make the trip down the street to watch their team. Makes sense – we'll see what the results are at the end of the season. Remember that NAIT did win the Challenge Cup last year.

One thing that is not debatable is the improvement of the men's hockey team this year. Last season they were battling with Briercrest for the last playoff spot in the league and this year they are obviously the superior team. 11-0 and 11-1 are crazy scores. Of course goal differential matters at the end of the year, but things got pretty rough out there.

A couple of reasons for the team's

success. Captain Ben Stokes has really emerged in his third year as a star and leader. He's got five goals and leads the team with 14 assists. Check out Andrew's article for an in depth look at the captain. As well Cedrick Duhamel-Flynn and Scott Taje are dominating the score sheet with 13 and 11 goals. Aside from the offensive outburst the Oaks have had solid goaltending from rookie Kevin Dziaduck and veteran Matt Kirkpatrick.

Women's hockey, however, is having a difficult season. They lost a pair on the weekend to U of C.

Both volleyball teams continue to struggle. They dropped their games against Red Deer on the weekend.

At the ACAC Swimming Championships NAIT men took home the gold while the team came home with a silver overall.

In the season's second badminton tournament, the Oaks finished in third place. Romy Yamsuan led the Oaks, winning six matches and losing two.

ACAC curling had it's first bonspiel at SAIT last weekend. NAIT's men were five and two for second place, while the women were fourth at three and three.

Best Bets

The Volleyball teams host the Wolves from Grande Prairie Regional College on Friday (6:30 p.m./ 8:30 p.m.) and Saturday (noon/ 2 p.m.)

The Basketball teams return to action Friday in Camrose against Augustana (6:30 p.m. / 8:30 p.m.) and back at the NAIT gym Saturday (5 p.m./ 7 p.m.).

The Women's hockey team hosts Red Deer Friday at 7 p.m. and then are in St. Albert for a Saturday night game against MacEwan.

ACAC Standings

MEN'S BASKETBALL
as of November 18, 2006
North Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
MacEwan	12	11	1	22	1068	877	4-1	7-0	W2
Lakeland	10	7	3	14	795	777	3-2	4-1	W3
Grande Prairie	10	6	4	12	808	760	2-2	4-2	L2
NAIT	10	5	5	10	788	765	4-3	1-2	W2
Concordia	10	5	5	10	748	719	2-3	3-2	W2
The King's Univ College	10	1	9	2	705	901	1-5	0-4	L6
Augustana	10	1	9	2	779	892	1-3	0-6	L7

South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
SAIT	8	7	1	14	640	538	5-0	2-1	W7
Mount Royal	6	5	1	10	492	417	2-0	3-1	W2
Red Deer	8	5	3	10	621	592	5-1	0-2	W3
Lethbridge	6	3	3	6	469	483	1-0	2-3	L3
Briercrest	8	2	6	4	566	627	0-4	2-2	L2
Medicine Hat	8	0	8	0	536	667	0-4	0-4	L8

WOMEN'S BASKETBALL
as of November 18, 2006
North Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
MacEwan	12	10	2	20	911	675	4-1	6-1	W1
The King's Univ College	10	8	2	16	720	631	4-2	4-0	W8
Grande Prairie	10	7	3	14	670	655	3-1	4-2	L1
Concordia	10	5	5	10	632	609	3-3	2-2	W3
NAIT	10	2	8	4	575	672	2-4	0-4	L7
Augustana	10	2	8	4	621	751	1-3	1-5	L2
Lakeland	10	2	8	4	576	712	1-4	1-4	L7

South Division

Team	Games	Wins	Losses	Points	PF	PA	Home	Away	Streak
Mount Royal	6	6	0	12	490	248	2-0	4-0	W6
SAIT	8	6	2	12	544	432	4-1	2-1	W1
Lethbridge	6	5	1	10	440	289	1-0	4-1	W2
Medicine Hat	8	5	3	10	545	463	2-2	3-1	L1
Red Deer	8	0	8	0	338	585	0-6	0-2	L8
Briercrest	8	0	8	0	321	661	0-4	0-4	L8

MEN'S HOCKEY
as of November 18, 2006

Team	Games	Wins	Losses	Ties	OTL	Points	GF	GA	Home	Away
SAIT	10	7	0	2	1	17	58	30	4-0-2	3-1-0
Mount Royal	10	8	2	0	0	16	65	31	6-0-0	2-2-0
NAIT	12	7	4	1	0	15	68	51	5-2-0	2-2-1
MacEwan	10	5	4	1	0	11	30	36	1-3-0	4-1-1
Concordia	10	5	5	0	0	10	40	38	3-2-0	2-3-0
Augustana	10	1	6	0	3	5	29	60	0-4-0	1-5-0
Briercrest	10	1	8	0	1	3	25	69	1-3-0	0-6-0

WOMEN'S HOCKEY
as of November 18, 2006

Team	Games	Wins	Losses	Ties	OTL	Points	GF	GA	Home	Away
MacEwan	10	8	2	0	0	16	45	22	4-1-0	4-1-0
Mount Royal	10	6	2	2	0	14	30	20	3-1-1	3-1-1
SAIT	10	5	2	3	0	13	32	19	3-1-1	2-1-2
Red Deer	10	3	5	2	0	8	22	26	2-2-1	1-3-1
U of C	10	3	6	1	0	7	17	26	2-2-1	1-4
NAIT	10	1	9	0	0	2	20	53	1-4-0	0-5

MEN'S VOLLEYBALL
as of November 18, 2006
Blue Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
MacEwan	10	9	1	18	28	9	5-0	4-1	W8
Red Deer	10	7	3	14	25	12	3-2	4-1	W5
Mount Royal	10	7	3	14	25	13	3-1	4-2	W1
Grande Prairie	10	7	3	14	22	14	3-1	4-2	L1
Briercrest	12	4	8	8	17	29	3-5	1-3	W3
The King's Univ College	10	1	9	2	10	27	1-4	0-5	L6
NAIT	10	1	9	2	5	28	1-4	0-5	L3

White Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
SAIT	8	8	0	16	24	6	4-0	4-0	W8
Lakland	8	6	2	12	22	9	3-2	3-0	W2
Keyano	8	5	3	10	18	10	4-1	1-2	W2
Lethbridge	8	4	4	8	14	17	1-1	3-3	W2
Medicine Hat	10	3	7	6	16	23	0-4	3-3	L1
Portage	10	0	10	0	1	30	0-6	0-4	L10

WOMEN'S VOLLEYBALL
as of November 18, 2006
Blue Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Mount Royal	10	10	0	20	30	1	5-0	5-0	W10
McEwan	10	10	0	20	30	5	5-0	5-0	W10
Red Deer	10	6	4	12	19	13	2-2	4-2	W4
Grande Prairie	10	5	5	10	17	22	2-2	3-3	L2
The King's Univ College	10	3	7	6	12	24	1-4	2-3	W2
NAIT	10	2	8	4	11	27	2-3	0-5	L2
Briercrest	12	0	12	0	9	36	0-8	0-4	L12

White Division

Team	MP	MW	ML	Points	GW	GL	Home	Away	Streak
Medicine Hat	10	8	2	16	25	13	3-1	5-1	W5
Lakeland	8	6	2	12	20	9	4-1	2-1	W2
Lethbridge	8	6	2	12	21	13	1-1	5-1	W4
SAIT	8	4	4	8	17	14	3-1	1-3	L1
Keyano	8	2	6	4	14	18	1-4	1-2	L4
Portage	10	0	10	0	0	30	0-6	0-4	L10

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OILERS

GAME OF THE WEEK

-AT THE NEST-



GAMES AT THE NEST

Thur. Nov 16	Oilers vs. St. Louis	7:00pm
Tues. Nov 21	Oilers vs. Calgary	7:00pm
Tues. Nov 28	Oilers vs. Anaheim*	7:00pm
Wed. Dec. 6	Oilers vs. Carolina	7:30pm
Tues. Dec. 12	Oilers vs. Nashville*	6:00pm
Thur. Dec. 14	Oilers vs. Minnesota	7:00pm
Tues. Dec. 19	Oilers vs. Colorado	7:00pm
Tues. Jan 2	Oilers vs. Florida*	7:00pm

*PAY-PER-VIEW BROADCAST

THE
NEST

ROCKY
CANADIAN
ROCKS

GrApE vines

Jackass students suck big-time

Hey Annex: I bet you think you can psyche me out by saying really random stuff. But I have news for you...you can't. Ha! Ha! Ha!
~Loverboy

To Millwork and Carpentry, first year, more specifically to a few people who are driving the rest of us insane with your presence: Melanie, yes you, Melanie. You are not the exception to every rule. If a teacher tells the class something don't sit there and whine "but what if I....but what if I....." We hate it, we hate you. Not one person in this whole program likes you. Seriously! No one! Somehow we all manage the boundaries that are given to us, so why can't you? Are you Special Ed.? Arion: quit while you're ahead...oops, too late!

Finally, Stephanie and Mitch, the joined at the hip Bobsey twins. This is not junior high, so stop acting like you two will be voted king and queen of the prom. There is no prom! Stop canoodling in the hallway. It's making us all sick to our stomach. You are not a cute couple and we would appreciate it if you just broke up already.
-M&C Students

Hey, this is about a comment that I wrote on an Alesse ad in the downstairs G-wing bathroom. It sparked a whole wall of comments. I wrote: Alesse makes you fat, do not take. Someone else wrote "Better than being pregnant"....and pregnant=fat." Others: Wow... that's the stupidest thing I've ever heard. Can you girls get stupider? There is no way that pumping yourself with hormones over a long period of time will not affect your body in the long run, i.e. getting fat, not being able to have babies in the future. Sure, believe the "extensive" research that's gone into this instead of using your brain and common sense. There are other contraceptives that are non-hormonal. I don't like being fat and screwing with my body chemistry, and yes I did take Alesse before. And you that wrote pregnant=fat you're a retard - pregnant=baby, not fat.
- Aga

Attention MLT Girls: Poly Anna said that getting in with the Med Lab girls is really cool. I've seen you staring at my bum before my Monday morning class in your hallway. I am in school right now but I am still learning the basics. My Dad said I'm a stupid loser, but my Mom said "No I am real smart!" My interests: I like to read books and colour stuff. I have lots of colouring books but my dad always rips it up and says "you stupid loser, you can't even colour you pansy *bleep*." Then I usually cry in my room. He calls me a sissy. He is so feisty sometimes. I want to learn how to make friendship bracelets so I can give one to all my MLT friends. If you'll be my friend, I can learn to make the bracelets and give them to you in my favorite colour...pink and yellow!
- JOEL

Attn Biomed: you jackasses suck so hard I have to break you down into sub-categories of suck. You guys are a bunch of idiots. You call what you guys learn a program? All I ever see you guys do is talk shit and play foos ball, do you ever do any work? Be a man. Do the right thing, and be your own boss. Enroll in a real program like business. From: pissed off workaholic business student

Come on. I can't possibly be the only one that realizes that sometimes the main hallway in A smells like fresh, steaming vomit.
- The Nasal Nazi

At the U of A, faculty wars only last for two days during Orientation with cool faculty cheers. At NAIT, it seems like one program always thinks it's better than another and tries to prove it with spiteful words. Note: Empty vessels make more sound. This isn't high school anymore. We don't need further segregation between programs/groups. After all collaboration = love! Sure, faculty pride can be fun. However, this segregation is a huge ongoing social problem at NAIT. I don't know about you, but I don't like the creepy stares I get whenever I walk into a hallway that belongs to another program. I don't

know how to curb this segregation, but somebody could start an inclusive student club called the Socially Inept Club (SIC), as a suggestion. Make love, not war!
- Social Butterfly

Dearest Gangsta: although your kind words coaxed this black heart to a dark shade of gray, please understand that I have to decline your invitation. You see, this lonely abyss we call life still feeds on my emptiness and I am afraid I have been hurt twice....I fear that I'm destined to be alone forever. Don't cry, it's better this way. Your kindness will be an impenetrable light that I will carry with me always in the dark depth of my soul
- Love Emo Girl

As a person over the age of fifty, I must say that I was very surprised when a student behind me in the cafeteria line up helped pay for my diet Coke! It was a situation where I had only taken my "free Coke" coupon and no change. What I didn't realize was there was a deposit on the can. This generosity certainly changed my outlook about many of the students here at NAIT! Thanks to the young lady that helped me out. I intend to pass it on.
- Different Generation

Santa has arrived early in the HP center, but no sitting on my lap... unless you're hot and a chick.
- Santa Hat

Dear Letters to the Editor: This is the third time this month I've gotten a wet paper - what the #####? You can fill the building with Pulitzers, but it doesn't mean dick if the guy delivering your product is on the pipe. Don't bother trying to contact me to apologize or deliver replacement papers, because I stole them off someone's lawn. All I can say, sirs, is that the residents of 3118 San Luis Obispo have every right to be prickly with your level of service.

I'm not trying to be cheesy but I want you to know that I cannot stop thinking about you. We've talked and I know things may never be as we

want them to be, but you should know that I look forward to seeing you everyday and the conversations we have. I think we might have had a chance at something great and I wanted you to know that. I think you're one of the most beautiful people I have met and I'm constantly reminded everyday I look at you. Everything about you makes me smile. So many things I want to say and so many times I want to wrap my arms around you. But I know this will probably not happen and as difficult as it may be, I will learn to live with it. I needed to say something and I know you'll read this. You know who you are, so just laugh at this and pretend it's for someone else. I'll laugh beside you and enjoy your company. Fate knows what it's doing, so I leave it in its hands.
- Just a classmate

Are you moving anytime soon? Doing it yourself? For the love of God don't use U-haul! They may be cheap but if they don't "lose" your reservation, they will give you unsafe equipment, overcharge you, and be a nightmare to deal with. Don't believe me? Just do a Google search for U-Haul and check out all the links that come up. Want more? Do a search for the shows that W5 did on U-Haul. Do yourself a favor and use someone else (there are lots of choices). Consider yourself warned.
- Screwed by U-Haul

To the missing and unknown: here I wander the halls of the HP Centre. I am at a loss. You seem to know me...will you let me know you? How will we meet again? Let me know where you are...
- Lost in HP

Horse dog rules! All who oppose are wrong, good horse dog!
- Craig the Horse Dog Fan

It is possible to win at the casino, because my friends and I won upwards of \$200 each. Woo-hoo!
- Crispy

Classifieds

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Register at 457-8535 or www.eightminutedate.ca

What's happening with NAIT Clubs this week!

NAIT Petroleum Slicks Up The Slopes

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Includes: 8 nights on site stay, transportation
A deposit to cover insurance
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Contact: Jamie 983.2117 or jamie@nait.ca
Pam 221.1705 or scammy83@hotmail.com
Matt 288.7437 or propanesam.com
Darvi 642.6510 or norisknodangerofun@hotmail.com

Do you have an idea for a club on campus? How about a "Please, someone help me navigate my new cell phone (all 3,000 functions)" Club or something a little less ulcer-inducing like, oh, say, a Bird Watching Club? Whatever your idea for a club, we can help you get it started and we'll also help you keep it going. All clubs must be NAITSA sanctioned in order to be recognized as a club at NAIT. So call Rita right away at 471-8960 or email me at ritac@nait.ca and we'll discuss the tools you'll need for your club to run smoothly and successfully.

Ana's truly exotic

If you're like me then I pity you. I mean, if you're like me you love seeing the Hot Single of the Week in each issue. It's like getting to stare at someone for as long as you want, and not getting punched in the neck for it. It is a true feast for your hungry, yearning eyes.

Here's a fun fact you may not realize: all of the hot singles featured in this volume thus far have been totally naked when I took their picture. I added all of their clothes in MS Paint – pretty good, huh? I love the spray-paint tool the best.

However, the Hot Single can't continue without the support of readers like you! We need you to volunteer your own body, or that of a friend to be included in this feature which is vital to my journalistic experiences.

By BRENT CONSTANTIN

ANA

Ana is a first year Baking student hailing from exotic Ecuador, which, after careful examination of the world map I made in Grade 8, is in South America. I also coloured its border a lovely shade of yellow. Ana's lived in Canada for about two months, and at the time of the interview couldn't stand two things about the country. One being the cold weather, and the second being people who keep telling her that she's "in for a treat" when it actually gets cold out.

B: Thanks for taking time out of your book learning to help me out Ana.

A: It's okay. I was just looking at the same page for the last half hour.

B: Besides your fantastic accent Ana, why are you a young woman that people would be interested in?

A: I'm very confident about who I am, and I'm a very warm person. I also have a sense of humour that is very dark. Maybe it will turn some people off, but it's just who I am.

B: Like what kind of dark, dead baby joke kind of dark, or do you mean like Eddie Murphy kind of dark?

A: Um...just a little off I think.

B: Okay, have you dated anyone since you came into the country?

A: No not really. The only guys I've met are the kind of guys that come up to you at the bar to make out, and then only call you every Friday or Saturday from 12 a.m. – 3 a.m. in the morning.

B: Well, did you make out with these guys at the bar?

A: A little bit.

B: Gotcha. Have you noticed any differences with people in this country?

A: Yes, people here are not really that close. Where I come from most people are really touchy feely. Here it's strange how reserved everyone is even with their own friends.

B: When we first colonized this country our people found that most of our time was needed to defend against the constant bear attacks. Hugs were only useful in warming the body from hypothermia.

Help Ana out in making some barbarian Canadian friends by contacting me at the e-mail below.

Your homework for tonight is to imagine how awesome it would be to see your picture in the paper, and then contact me at: brent_constantin@yahoo.ca.

Until next time the power is yours!





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