

LEST WE FORGET

# THE NUGGET

Thursday, Nov. 8, 2007  
Volume 45, Issue 11



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



Photo by Brendan Abbott

## She's a winner!

NAIT Respiratory Therapy student Chrystal Foulkes has won NAITSA's trip for two to Mexico, see page 3.

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### Close, but ...

A NAIT Ooks player drives for the basket against King's College on Nov. 2 at NAIT gym. The men went on to lose a heart breaker 79-78 against their cross-town rivals.

## THE NEST

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**Weds. Nov. 15**

- watch the game on our 10' screen  
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#### RODEO WEEK

Red Neck Truck Contest + Best Denim  
Ass Competition - Nov. 8

Rodeo Ho Down with Shane Yellowbird  
- Nov. 9

See full page ad inside for details!





# NEWS & FEATURES

## New student senators ...

### SHANT CHAKMAKIAN

A long wait after the initial Senate elections is over, the by-elections are finished and the results are in!

Since Sept. 27, there have been six vacant spots that had to be filled before a full Senate was able to sit. For the first time since its inception, the lack of members almost left the Senate short of its member quota.

The Senate has sat three times since it started and as a result some things are in motion from subcommittees to the governing body's priorities.

These dealings may not seem necessarily important to students, but understand this: you pay NAITSA fees and you should ensure you get what you deserve.

"We exist to provide services and representation to students" is NAITSA's mission. These meetings are open to anyone, the pizza is free and it is worth seeing what's cooking in

### School of Applied Media and Information Technology



Joel Detka

the kitchen.

You elect people who come, talk to you and maybe give you candy

### School of Applied Building Science



Andrew Latchuk

to lend them their vote. So why not come by, see what's going on and maybe have a say in what's being

### School of Hospitality



Katie Berlinguette

done with your organization.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to

### School of Health Sciences



Tonia Leske

email me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com) I value and look forward to your input.

### School of Arts, Science and Communication



Patrick Warwaruk



David Wiens

## Use that coffee mug ... again and again

### SHANT CHAKMAKIAN

The *Nugget* and EcoNAIT have teamed up in the reusable mug campaign.

This month we'll be going and giving free coffee or tea to those participating in this environmentally sound challenge.

There are three ways to enter: get caught using your mugs by one of us, upload photos of you using the mug to the Facebook group "EcoNAIT," or visit [www.nait.ca/econait](http://www.nait.ca/econait)

If you "get caught," you'll receive a coupon for a FREE coffee or tea; and if you're willing, you can even be featured in the

*Nugget*.

At the end of the month, a lucky winner will receive a \$50 food services express card – that's two weeks of gloriously free lunch!

Why this campaign? Simply because anyone who uses a reusable mug will on average save 160 coffee cups a year from hitting our landfills. This will also save you 15 cents every time you grab a coffee.

So grab your mug and be noticeable, and get caught up in EcoNAIT's reusable mug challenge!

Please feel free to visit my blog at <http://shantc.blogspot.com> or to email me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com) I value and look forward to your input.



## ECONAIT, FOOD SERVICES AND THE NUGGET WANT TO REWARD YOUR EFFORT TO BE PART OF THE SOLUTION

### THREE WAYS TO WIN:

1. Be seen using your travel mug
2. Upload a photo of your reusable mug to the ecoNAIT group on Facebook
3. Take the reusable mug challenge at [nait.ca/econait](http://nait.ca/econait)

Up for grabs:

- Free Coffee
- Grand Prize – a \$50 Food Services Express Card

Contest runs Nov. 1-30, 2007.  
Complete rules: [nait.ca/econait](http://nait.ca/econait).

**econait**  
environment committee

ecoNAIT's reusable mug campaign is supported by NAIT, Food Services and NASA.



# Cancun bound!



**GEOFF TATE**  
Arts and Culture Editor

Working out to roughly \$400 an hour, Chrystal Foulkes figures volunteering is perhaps the most profitable legal activity she will ever admit to engaging in. The winner of NAITSA's Spring Break in Cancun draw, Chrystal agrees that eight hours of volunteering (that's a normal work day for you slackers out there) are definitely worth the fully paid, all-inclusive trip for two to Mexico.

"I was by my locker upstairs, when this girl I don't know (Geoff's note: that would be Heather, your ultra-awesome NAITSA volunteer recruiter/organizer) comes up to me and asks if I would like to go to Mexico, and I asked 'Um, who are you?'"

Upon clarification of Heather's motives, Chrystal immediately began doing some casual back flips

and swearing without hesitation. She was, as some onlookers described, "just doing her thing."

Fellow Respiratory Therapy student Amy is the other lucky half of this duet, cleverly sneaking her way into the BFF category of Chrystal's, solely for this occasion. Let it be written that Chrystal did not cave in to my advances of being her newest, "bestest" friend, so it would seem that Amy has won this round. Well played, Amy.

When asked what she is looking forward to the most down there, Chrystal admitted to craving the heat of the southern climes. When asked to stop lying, she changed her answer to being drunk for 10 consecutive days, as well as the abundance of clothing she will not be wearing.

"Amy will be wearing less, though," she quickly added, "a lot less!"

As a dedication to NAITSA, the kick-ass organization that is sending her down there, she has committed herself and Amy to wearing nothing but body paint for at least half of the trip. The suggestion of perhaps embroidering some article of clothing with a NAITSA logo was



**Chrystal Foulkes**  
Trip for two

quickly shot down, as she explained, "Anything we want to say, we can just write it out. It also saves packing a lot of clothes."

Well girls, I'm incredibly jealous, but we here at the *Nugget* apparently have to wish you a safe journey or some junk like that ... Just be sure to take a lot of pictures for us! Too bad that I'll be busy volunteering for all of the other NAITSA events going on to join you. My next goal in life is to win the trip to Big White and Silver

Star ski resorts in British Columbia for the New Year's celebration, and I intend to fight dirty.

"How do you intend to fight dirty, Geoff," you ask? By volunteering my ass off whenever I can, kids, that's how! You are also completely capable of doing this as well, by the way. For every hour you volunteer, you are entered into the next draw for the New Year's ski trip, happening, strangely enough, during New Year's. With the Rodeo Ho Down happening this week, you have every opportunity to get a head start on your fellow peers, and volunteer the sh\*t out of this event.

There is also an extra incentive for you and your classmates to help out, as the program with the most combined volunteer hours at the end of the year will receive \$1,000 towards their graduation.

So be sure to check in with Heather at [naitsavolunteers@nait.ca](mailto:naitsavolunteers@nait.ca) for upcoming events and information on what you can do to help out around the campus. It also looks great on a resume and trust me, there are a lot of perks that go along with it. Just ask Heather! See you around, kids!

## Women are welcome

**ALISTAIR WILKINSON**  
Student Editor

The more perceptive of NAIT's population will have by now noticed a slight imbalance in the ratio of male to female students at the school. The cross-program mean is one female to every nine male students, but that ratio is changing, and along with it the female student's NAIT experience.

Not only is female enrolment up in trades and technology programs, NAIT's Department of Recruitment and Student Life recently began a Women in Technology initiative. The initiative's co-ordinator, Michele Parker, explains that it's about more than just encouraging numbers.

"For starters, we began something like a peer-support group program for the girls that are presently in our technologies programs here to meet regularly, and through that we've identified topics of interest so we can bring in speakers. We've linked with a similar program at the U of A, and set up workshops

for the women involved. We're also creating links to industry and alumni, and improving public views into industry openings. There are lots of opportunities in the field for women in technologies."

For Karla Bickford, a Bachelor of Technology student involved in this new initiative, it's also about improving students' time here at NAIT.

"We input suggestions on things we feel that could be in place to make a woman's experience here more beneficial and maybe make you feel more comfortable around the school, since it is male-dominated. I'd like to see NAIT be more welcoming to girls ... get more women out into the industry and show the guys what they have to give."

Bickford adds that the men in her program have been supportive and encouraging, and that while being in a predominantly male school is not intimidating, this initiative is an excellent way to interact and share industry and education experiences.



**REMEMBRANCE DAY**

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COURAGE &  
SACRIFICE OF OUR  
CANADIAN  
SOLDIERS**



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**The Nugget encourages submissions.**

[studenteditor@nait.ca](mailto:studenteditor@nait.ca)

**THE DEADLINE IS**

Noon on the last school day of the week.

All submissions must be accompanied by your name and student ID number.

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters welcome

**We want your views**

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Trust us on that.

Write us.





# OPINION

— Editorial —

## Parody versus parity



**ALISTAIR WILKINSON**  
Student Editor

and held it for far too long.

Yes, I'm actually thankful for the Bush administration in this only: every mistake they make shows Canada in a better light. Oh, financial experts may ramble at length (note any similarities?) about the multi-faceted issues surrounding the rise and fall of currency rates. We all know the real reason the Canadian dollar's so high. It's the same reason that Canadian commodities are trading high, why industry is, whatever their protests to the contrary, raking in the cash, and why any Edmontonian desirous of housing needs to offer up the household's firstborn (trading in mine got me a condo). It's because no one wants anything more of the Americans than they absolutely need – and meanwhile, Canada (or more specifically, Alberta) is open for business. And that's what worries me.

There are, of course, very typically Canadian worries about foreign investment now that our currency's running high. Don't forget the fact that your "valuable" dollar still buys only a part of what it should, unless you take a trip to the States to make purchases, vehicular or otherwise. But what bothers me is how closely our market trends match pre-Bush America's.

It doesn't help that as our economic outlook was on the rise (no thanks to the Liberals), Canada elected a Conservative government – of course, Canada's conservative is America's pot-smoking sodomite – and that's exactly what happened in the States, just two years before their economy started a downward slide. Emerging from a recession, dollar-power growing, economic confidence on the rise – and this is the States I'm talking about, not us.

Traditionally (by which I mean the last 50 years, coincidentally the last time the Canadian dollar was trading this high), Canada has followed the U.S. so closely we may as well be a parody – an amusing little side-piece to watch, sort of summing up America for the outsider – but maybe, just maybe, it's different this time. Perhaps we've cut ourselves from America's coat-tails, economically speaking, and our fate is our own.

On the other hand, the best art, parody included, tends to be prescient. If so, it's a nice way of saying that Canada is so far up Bush's backside that we're actually ahead of him. The best we can hope for is that he, and whoever follows his act, keeps screwing up.

Now that's parity.

Once and one time only, ever, in my life, I think I should praise whatever deities I happen to believe in at the time (Jesus, Yahweh, Allah, Cernunnos, Winky the Triple-fisted Wombat Lord, whatever) that a leader like George Dubya came into power,



— Letters —

## She should pull up her pants!

My reaction to the dress code and Nova Paholek's choice of clothes is that at NAIT it's inappropriate to have 90% of your underwear sticking out of your pants and midriff showing.

Nova Paholek may work at a bar after school, but at NAIT it's not that kind of place.

Her outfit is inappropriate for NAIT's professional atmosphere. Part of being professional is about conforming to business-like standards, which includes proper attire.

If she is taking Business, my advice to her is to wear something that demonstrates professionalism when she applies for a job, and please tell her to pull up her pants.

N. Ross

**Dear Student Editor:**

Over the last few weeks, arguments supporting or dismissing the greenhouse effect have been thrown back and forth. My question to those that dismiss it is this: why? Whether or not global warming is happening, the end goal is to reduce pollutants and waste fewer resources. Which is intrinsically good. Have you ever gotten a whiff of exhaust? Even if it doesn't cause a greenhouse effect, it is noxious, and wretched. So I ask, why rage so fervently against a cause whose result is good? If your answer is money, that is simply insufficient.

Sincerely,  
Damien Lachat

**Dear Editor:**

Butanol is an ideal fuel for internal combustion engines. Butanol can be as much as 85% of the mixture when used with gasoline. Students at the U of A are attempting to create more efficient butanol-producing bacteria, so that butanol can replace alcohol as a fuel. Chemical engineering students here at NAIT, in a government-funded project, could attempt to turn alcohol directly into butanol. But an easier method might be to compress ethane at a high pressure and temperature to produce butanol, since 25% of natural gas is ethane. Organic waste produces methane and ethane, as for example, from waste disposal sites.

Sincerely,  
Richard Blakely



# For smokers, it's cold outside

REID SCHMIDT

Ah yes, the wars of the doors. The territory that seems to divide us into the smokers and chokers. One side feels alienated as the "bad guy," while others believe they shouldn't have to put up with the latter's choices. Can't we find middle ground? What could NAIT be doing to make life easier for our dear smokers?

Over the years, smokers have been exiled from one place after another, and nowadays, with the NAITure bylaws, they can't be within 10 metres of the contested entrances, let alone inside.

But as one student, whose name will be Kraymer, said, "It's easy to slap on (those) stickers and then expect us all to obey. Not so easy when it's minus 100C out here. Where are we gunna go all winter? We should get something if that's been taken ... and the fake coughing bit as (some) walk by, so juvenile."

Another student stated: "I don't mind them really, but I do know people who get pretty ticked if they get a taste (of smoke)."

Then again, there are those that have allergies or just prefer to not "walk through a cloud of toxins."

Should both sides continue to compromise or, since the non-smokers have the law on their side, is one side demanding more of the other? Who's really being the bad guy – the bully?

Whose heart hasn't gone out to those huddled in the frosty wind, if not one of them yourself? Almost every day I see numerous shacks and sheds being built by our fine carpenters. But off they go, when such skills and resources could be appreciated around our campus for students and employees to use. Simply take a stroll around and you'll see plenty of areas where shelters, similar to the tower's, could be. Why not?

Fall is almost over and if you don't want crowded doors, another option should be provided so it's not so rough to puff. If not, then at least stop complaining about where they do it.



At NAIT, it's rough to puff, because the smokers can't find anywhere to go.

## NEW FOR STUDENTS

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# SPORTS

## It's time to rodeo!



**GABRIELLE HAY-BYERS**  
Student Issues Editor

Edmonton saddles up this week, all in response to the Canadian Finals Rodeo and Farmfair. Once a year, cowboys and cowgirls flood the City of Champions and kick their heels up to enjoy the rodeo.

"Rodeo isn't just about steer wrestling or bull riding, barrel racing or team roping (to name a few). It's all about the experience," says John Windwick, CFR Commissioner.

And the CFR isn't just about athleticism and superior livestock breeding – with the CFR comes Farmfair, which hosts seminars for breeders and fairs for rural farmers to learn about new strategies and farming products.

This year, there's even a new sector of competition for CFR – the Youth Showcase. This new competition area is for producers who have

finished their post-secondary education and are under the age of 29. It is the next step up from the Junior Futurity program.

"Generally, when we think of this age group, we think of them as being focused on establishing their careers. Northlands now can help them through this new component. It has tremendous potential for our young people," says Doug Bienert, Farmfair International Event Committee Chair.

All of the traditional fanfare associated with the CFR remains – the world's top cowboys and livestock will be battling for championship titles and a purse of more than \$1 million.

"It's really encouraging to see interest rising steadily in our event," says Windwick, Northlands director responsible for CFR.

"We've broken attendance records for the past three years. Word is spreading about the world-class quality of this rodeo, the incredible level of competition within it, and all the River City Roundup festival events that kick-start the whole city.

"Add it all up, and it's where the

West turns wild."

And with related events such as nightly movies where attendees can mingle, the Miss Rodeo Canada competition and the Country Vocal Spot-

light, there's something at the CFR for everyone to enjoy.

"(The CFR) It's about community and experiences," proclaims Earl Klapstein, Northlands volunteer

director responsible for CFR.

"It's an event the entire city can get behind and enjoy – so come and be a part of this great event and kick-start your heart ... cowboy style."



## Athletes of the week

### Jana Champagne Volleyball



done, Jana! Good luck next week.

### Jeff Topilko Hockey



of the WHL. Great job this past weekend, Jeff!

The NAIT Female Athlete of the Week is Jana Champagne of the women's volleyball team. The third-year Architecture student tore it up over two games against the Portage Voyagers. On Saturday night, Jana won player of the game honours by registering nine kills, five digs and two service aces. Coming into this season, the OOKS needed to find some new leaders and the Edmonton native has clearly taken on that role. Well

The NAIT Male Athlete of the Week award goes to Jeff Topilko of the men's hockey team. Jeff has established himself in the early going as a go-to guy for the Ooks. The first-year NAIT student had an outstanding weekend, scoring five goals and adding one assist over two games against the Briercrest Clippers. Jeff, hailing from Vegreville, brings a lot of experience to our Ooks, having played the last five years with the Brandon Wheat Kings



Photo by Brendan Abbott

### A WIN

In this game against Portage College last Saturday at the NAIT gym, the Ooks women's volleyball team scored a 3-0 victory.



## THE WEEK IN NAIT ATHLETICS

## HOCKEY

# Ooks can't buy a win

It has been a remarkable stretch of unlucky hockey for our Ooks.

The men's team finds itself in a frustrating six-game losing skid. With the exception of a couple of 4-2 losses to Mount Royal, the Ooks have lost each game by a heartbreaking late goal.

The trend continued this past weekend as NAIT dropped a game in OT and one in a shootout against the new and improved Briercrest Clippers.

It is much the same story on the women's side. The ladies, too, are on a six-game losing streak. All six games have been one-goal losses and that curse was capped off by a 2-1 shootout loss to SAIT on Saturday night.

NAIT women's hockey head coach Keith Garner was at a loss for words when asked to comment on the past three weeks.

"I really don't know what to say. The girls are playing hard, and competing each night. They are following the game plan but we just can't seem to get that timely late goal that our opponents do," he said.

The Ooks will be looking to turn the trend around this coming weekend as the men play the Concordia Thunder. The women will be enjoying a week off. They resume the following weekend against U of C.

## VOLLEYBALL

The volleyball Ooks were clicking on all cylinders this past weekend as they made short work of the Portage Voyagers.

The men's team entered the weekend with only one win. Coach Trever Turner knows the importance of starting the season strong.

"Volleyball is a mental game. Having lost



Photo by Brendan Abbott

## A LOSS

Laura Dickson, 8, and Chelsea Curzon, 16, were part of the Ooks team that suffered a 2-1 loss to Calgary last Saturday at NAIT arena.

all but one of our first four matches, it was very important to come out strong to prove to ourselves that we can win and that we should win every game," he said.

"If we are to contend this season, we need to give it our all, starting with the first serve."

The players obviously heeded their coach's words as they took six of six games.

The ladies continued their strong play this season, taking all six games as well.

New head coach Dusty Freemark has done a fine job out of the gate as her girls find themselves in first place in the White Division.

# Round and round

NAHREMAN ISSA  
Sports Editor

And the wheels on the bike go round and round ... Stressed or needing a good cardio workout? Why not join Spin Class? Break free from the traditional workout, hop on top of a stationary bike and pedal to your heart's content.

For those who aren't familiar with the concept, spinning is a high intensity cardio workout performed on a stationary bike, and is usually taught by an instructor. It is based on your heart rate, and instructors guide what level of exertion a rider should be at. Spinning on a mobile bicycle refers to the technique of using a range of gears to maintain a constant rapid cadence of 60-110 r.p.m. in controlled, even, pedal strokes. This technique is recommended to improve bicycle control, aerobic fitness and endurance.

For those who might be dissuaded by the intensity level, be unafraid. According to Holley Christianson, Co-ordinator for Campus Sport and Wellness, you don't need to be a pro at this to succeed.

"This is a class where you have the control, and every level of fitness will feel equal. In the same class you could have Lance Armstrong beside your grandma and they will both feel they got an amazing workout."

Campus Sport and Wellness has started a third session, starting Nov. 13. All classes are taught by certified personal trainers.

There are 10 bikes available on a first come, first served basis, via registration. All you need to bring to class is a water bottle. It is highly recommended you bring water to avoid dehydration, because spinning is a fast-paced exercise. The class does provide towels for each biker.

The third session of the five-week spin classes is available from these dates:

Tuesday: Nov. 13-Dec. 11  
Wednesday: Nov. 14-Dec. 12  
Thursday: Nov. 15-Dec. 13

You can register for these classes at student services in E-134. There is a cost of \$40 per session (five weeks).

# EDMONTON OILERS

## GAME OF THE WEEK

-AT THE NEST-

**WATCH the GAME on our 10' SCREEN**

**Molson jugs  
DROP \$1  
when the  
OILERS  
SCORE**

## NOVEMBER

Weds. Nov. 7	Colorado (A)	7:30pm
Thurs. Nov. 15	Minnesota (H)	7:00pm
Thurs. Nov. 22	Colorado (H)	7:00pm*
Fri. Nov. 30	Anaheim (H)	7:00pm
*PPV = Pay Per View (h) = home (a) = away		

The Nest

MOLSON



# Two minutes for looking so hot!



By **NAHREMAN ISSA**  
Sports Editor

*\*\*\*Disclaimer. First and foremost, I am a HUGE hockey fan. I am not a Puck Bunny (student editor's note: Nahreman introduced herself as a puck bunny in her first article). I enjoy both the product on the ice, and the hot players who play the game. Yet the subject of hot hockey players seems to get most people pissy. It's only human nature, people! \*\*\**

The 10 players on this list are not only beautiful, but they are extremely talented.

Before we begin, though, I would like to pay homage to the ultimate hockey player, STEVE YZERMAN. He's not only a fantastic player and leader on the ice; he is the ultimate hockey GQ model. Now that I got that out of the way, here we go ...

## Hottest Hockey Players:

### 1. SHELDON SOURAY

(6GP, 1G, 1A) – Hands down, he is the finest thing to hit the ice. This guy must have been hit by a sexy stick. In fact, he must have been beaten like crazy. If

he wasn't such a great defence-man, he should retire and become a GQ model. From his hair to the way he dresses himself, he most definitely takes care of himself. I give thanks to Kevin Lowe for roping this one in.

### 2. JOSE THEODORE

(5GP, 3W, 2L, 0.911SV %) – This is one goalie I would love to go in on, one-on-one. There must be something in the Montreal air. Both #1 and #2 on my list have both played there. He does lose marks for that whole Paris Hilton incident, though.

### 3. ETHAN MOREAU

(INJURED) – Wow. I can honestly say he has the most fantastic features. Seriously, when God was creating his face, he must have chiselled it out of gold. Just stunning. Too bad he's been injured for well over a season now, can't see him burning up the ice.

### 4. MARKUS NASLAND

(14GP, 4G, 7A) – Forget the Swedish bikini team, Ikea and meatballs. Naslund is the pride of Sweden. "Oh captain, my captain!"

5. JAROME IGINLA (14GP, 9G, 12A) – For starters, he's an Edmonton boy, so this makes up for the fact that he plays on Calgary's team. He is your all-around

perfect player. He's talented, he's tough and he knows how to lead on the ice. He's like a Steve Yzerman in the making.

### 6. PETER SCHAEFER

(12GP, 1G, 5A) – To believe something this beautiful came out of Saskatchewan (kidding!)

### 7. VINCENT LECAVALIER

(13GP, 7G, 9A) –

He centres one of the NHL's sexiest lines. This French hottie even made an appearance in *Sports Illustrated's* swimsuit edition in 2003. (This is for you ,Amanda!)

8. PETR SYKORA (13GP, 6G, 4A) – It seems that if your name is Petr, 90 % of the time you're going to be hot. I wish

he was back in Edmonton. I miss his interviews, with his bangs falling onto his face, staring into the camera. Aww, memories!

### 9. NICKLAS LIDSTROM

(14 GP, 1G, 11A) – Like I mentioned before, you can't go wrong with the Swedes. And Yzerman must have rubbed off some of his good looks on him after all those years playing together.

10. MARTIN HAVLAT (1GP, INJURED) – Besides Jonathan Toews, the only sunshine in Chicago is Havlat. If only this Czech beauty could keep healthy.

So there you have it. Now, this list is subjective, and I'm afraid I might have left someone off my list. But I do have a runner-up list: Ales Hemsky, Martin Brodeur, Ilya Kovalchuk, Marc Savard, Brad Richards, and really, so many more.

If you feel like I have missed anyone on this list, let me know. Email me at [sports@nait.ca](mailto:sports@nait.ca), or send a Grapevine at [nuggetgrapevines@hotmail.com](mailto:nuggetgrapevines@hotmail.com).



**Sheldon Souray**



**Ethan Moreau**



**Jose Theodore**



## NAIT Lead Team picked

### NAHREMAN ISSA Sports Editor

As reported in the *Nugget* a month ago, NAIT and the athletics department developed the Award of Distinction, a scholarship for the athletes of the school. The Lead Team has now been chosen, 10 athletes in total. Named to the Lead team are:

Diana Bosma (badminton), Natalie Derewianko (women's volleyball), Morgan Gieni (men's basketball), Dustin Jack (men's hockey), Crystal Jensen (women's basketball), Lynsey Petruk (women's hockey), Laura Tailleux (women's volleyball), Janci Templeman (badminton), Jodie Van Meetelen (women's volleyball) and Romulo Yeh Yamsuan Jr. (badminton).

These students will be involved in the school and the community, focusing on community service, environmen-

tal awareness, health and wellness, leadership skills and diversity awareness. Altogether, they will be dedicating a total of 150 hours among the categories.

Some of the team members have already started. Morgan Gieni and Natalie Derewianko's first project was the ACAC championship men's soccer game. They were promoting a fan challenge among the different programs at NAIT, decided by attendance.

One of the upcoming events the Lead Team will be spearheading is the coat/bag check at the NAIT Christmas party (watch for more details). All proceeds will go to charity.

The Lead Team is out and about now, trying to make a difference not only in the community, but in their own personal lives, making them outstanding ambassadors for the Award of Distinction and NAIT.

## ACAC Standings

MEN'S HOCKEY							
Team	GP	W	L	OTL	Pts	GF	GA
Mount Royal	6	6	0	0	12	36	8
SAIT	6	5	0	1	11	32	18
MacEwan	6	5	1	0	10	29	21
Concordia	8	3	5	0	6	24	41
Briercrest	8	3	5	0	6	29	44
NAIT	8	2	4	2	6	31	34
Augustana	6	0	6	0	0	14	29

Nov. 2

BC 6, NAIT 5 (SO); MacEwan 4, Augustana 3; SAIT 4, CUCA 3

Nov. 3

BC 5, NAIT 4 (OT); MacEwan 7, Augustana 3; SAIT 9, CUCA 2

WOMEN'S HOCKEY							
Team	GP	W	L	OTL	Pts	GF	GA
Red Deer	8	6	1	1	13	26	9
Mount Royal	8	6	1	1	13	18	9
SAIT	8	5	2	1	11	17	18
U of C	8	3	5	0	6	15	21
MacEwan	8	3	5	0	6	13	22
NAIT	8	1	5	2	4	11	21

Nov. 1

RDC 6, MacEwan 0

Nov. 2

SAIT 3, NAIT 2; MRC 3, U of C 1

Nov. 3

SAIT 2, NAIT 1 (SO); RDC 3, MacEwan 1; MRC 5, U of C 1

MEN'S BASKETBALL							
North Division							
Team	G	W	L	Pts	PF	PA	
Concordia	8	6	2	12	602	536	
MacEwan	6	5	1	10	513	426	
Lakeland	6	5	1	10	524	454	

King's	8	3	5	6	533	610
NAIT	8	3	5	6	607	638
Grande Prairie	6	2	4	4	429	457
Augustana	6	0	6	0	389	476

### South Division

Team	G	W	L	Pts	PF	PA
Red Deer	6	5	1	10	397	396
Mount Royal	4	3	1	6	337	239
Lethbridge	4	3	1	6	376	297
Briercrest	6	3	3	4	466	488
SAIT	6	1	5	2	435	491
Medicine Hat	6	1	5	2	364	464

Nov. 2

TKUC 79, NAIT 78; MHC 68, BC 67; GPRC 89, CUCA 68; MacEwan 93, LC 88; RDC 82, MRC 80; SAIT 92, LCC 81

Nov. 3

NAIT 77, TKUC 69; BC 82, MHC 61; CUCA 69, GPRC 58; LCC 96, SAIT 57; LC 81, MacEwan 78; MRC 69, RDC 43

### WOMEN'S BASKETBALL

#### North Division

Team	G	W	L	Pts	PF	PA
Concordia	8	6	2	12	639	515
MacEwan	6	5	1	10	440	380
King's	8	4	4	8	576	522
NAIT	8	3	5	6	527	627
Grande Prairie	6	3	3	6	442	436
Lakeland	6	2	4	4	389	451
Augustana	6	1	5	2	363	445

#### South Division

Team	G	W	L	Pts	PF	PA
SAIT	6	6	0	12	478	307
Mount Royal	4	4	0	8	274	174
Medicine Hat	6	4	2	8	418	304
Lethbridge	4	2	2	4	354	234
Red Deer	6	0	6	0	272	439

Briercrest	6	0	6	0	212	550
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Nov. 2

TKUC 84, NAIT 55; MHC 84, BC 49; CUCA 84, GPRC 66; LC 67, MacEwan 63; MRC 73, RDC 46; SAIT 76, LCC 74

Nov. 3

TKUC 81, NAIT 48; MHC 91, BC 28; GPRC 81, CUCA 78; SAIT 84, LCC 83; MacEwan 84, LC 51; MRC 69, RDC 42

### MEN'S VOLLEYBALL

#### Blue Division

Team	MP	MW	ML	Pts	GW	GL
Red Deer	6	6	0	12	18	2
Mount Royal	6	6	0	12	18	2
MacEwan	6	5	1	10	17	8
SAIT	6	5	1	10	16	7
Briercrest	8	2	6	4	10	19
Grande Prairie	8	0	8	0	5	24
King's	8	0	8	0	2	24

#### White Division

Team	MP	MW	ML	Pts	GW	GL
Medicine Hat	6	5	1	10	17	5
Keyano	6	5	1	10	16	6
Lakeland	6	5	1	10	16	9
NAIT	6	3	3	6	14	10
Lethbridge	6	0	6	0	3	18
Portage	6	0	6	0	0	18

Nov. 2

NAIT 3, PC 0 (25-15, 25-11, 25-18)  
SAIT 3, GPRC 0 (25-23, 28-26, 25-23)  
KC 3, LCC 2 (25-15, 20-25, 23-25, 25-15, 15-11)  
MHC 3, LC 1 (25-15, 28-26, 25-27, 25-15)  
MRC 3, BC 0 (25-16, 25-20, 25-12)  
RDC 3, TKUC 0 (25-20, 25-23, 25-19)

Nov. 3

NAIT 3, PC 0 (25-10, 25-11, 25-11)  
SAIT 3, GPRC 2 (19-25, 25-18, 22-25, 25-20, 15-13)

KC 3, LCC 0 (25-16, 25-22, 26-24)
LC 3, MHC 2 (25-21, 25-23, 23-25, 23-25, 15-11)
MRC 3, BC 0 (25-20, 25-23, 26-24)
RDC 3, TKUC 0 (25-22, 25-20, 25-13)

### WOMEN'S VOLLEYBALL

#### Blue Division

Team	MP	MW	ML	Pts	GW	GL
Mount Royal	6	6	0	12	18	1
MacEwan	6	6	0	12	18	5
Red Deer	6	6	0	12	18	5
Grande Prairie	8	4	4	8	16	14
King's	8	1	7	2	8	21
SAIT	6	1	5	2	6	17
Briercrest	8	0	8	0	3	24

#### White Division

Team	MP	MW	ML	Pts	GW	GL
NAIT	6	5	1	10	15	6
Lakeland	6	4	2	8	16	11
Medicine Hat	6	4	2	8	13	10
Lethbridge	6	3	3	6	15	9
Keyano	6	2	4	4	7	12
Portage	6	0	6	0	0	18

Nov. 2

NAIT 3, PC 0 (25-10, 25-14, 25-17)  
GPRC 3, SAIT 1 (25-18, 25-18, 22-25, 26-24)  
LCC 3, KC 0 (28-26, 25-20, 29-27)  
MHC 3, LC 2 (25-17, 15-22, 22-25, 25-23, 15-12)  
MRC 3, BC 0 (25-9, 25-10, 25-14)  
RDC 3, TKUC 1 (25-23, 25-14, 19-25, 25-23)

Nov. 3

NAIT 3, PC 0 (25-16, 25-14, 25-16)  
GPRC 3, SAIT 0 (25-17, 25-12, 28-26)  
LCC 3, KC 0 (25-23, 25-16, 25-23)  
LC 3, MHC 1 (21-25, 25-22, 25-14, 25-22)  
MRC 3, BC 0 (25-19, 25-11, 25-13)  
RDC 3, TKUC 0 (25-22, 25-14, 25-14)





# Your horoscope



**JULIE PHILLIPS**  
**Nov. 8–Nov. 15**

## Virgo (Aug. 23–Sept. 22)

Giving, taking, giving, taking. It feels like a lot, but at least it's in balance.

## Libra (Sept. 23–Oct. 22)

Heart aching? Think of it as a heart-workout and the pain means it's getting stronger!

## Scorpio (Oct. 23–Nov. 21)

It's true that multi-tasking can be a great tool for time management, but when it comes to text messaging while you drive, don't do it or you might hit a curb and blow a tire. Just saying.

## Sagittarius (Nov. 22–Dec. 21)

Bit off more than you can chew? Ask someone to help you chew it. (uhh... what?)

## Capricorn (Dec. 22–Jan. 19)

Ever get tired of your beautiful and fascinating life? Didn't think so. Keep it up.

## Aquarius (Jan. 20–Feb. 18)

Try finding physical manifestations of the intangible ideas you're craving. If you want more stability, try building something solid and lasting. If you want more imagination, create something (art or a unique meal or something). If you want more excitement or travel or interesting experiences, write about them, take a little spontaneous adventure in the city (try a new restaurant, store or part of town), buy a book about a place you want to go, etc. By making the idea real to you, you will draw it more and more into your life.

## Pisces (Feb. 19–March 20)

Don't let other people

discourage you this week. They're not being mean, you're being sensitive. To deal, try building a thick, unemotional wall to hide behind.

## Aries (March 21–April 19)

If crazy people are moths, you're a flame this week, Aries. Keep your wallet in your front pocket and don't make eye contact if you don't have to. There are some real zaners out there.

## Taurus (April 20–May 20)

"You miss 100% of the shots you don't take" - Wayne Gretzky. Not only is there a Drive named after him in Edmonton, he also said this really obvious thing once. Neat!

## Gemini (May 21–June 20)

You're on a roll this week, Gemini! Your jokes aren't funny, but people are genuinely laughing. Whatever.

## Cancer (June 21–July 22)

"Sometimes you gotta create what you want to be a part of." - Geri Weitzman. And this is a great week for you to do just that, Cancer! I'm not talking about any of this Gandhi "Be the change you wish to see in the world," business. Try creating a Facebook group or throw a party of something. I don't know. Start a club. What do you think this is? Your guide to spiritual enlightenment?

## Leo (July 23–Aug. 22)

People around you in school and work environments are not working up to your level of excellence. This does not mean you should lower your standards. Keep doing what you're doing, and even if others don't step up, know that you did all you can to inspire them. One day, you will be surrounded by other people with your same drive and invested interest and you will appreciate it so much. Have a good week.

## CLUBS CORNER

### Tough Enough to Wear Pink Head Shave

**Our BOLD BABE is going BALD**



Adina is shaving her head to support the Canadian Breast Cancer Foundation.  
**Show her your support!**  
Donations will be accepted at the NAITSA offices. The shaving will take place Friday Nov 9 in the "Dock" in Building "L" at the Tough Enough to Wear Pink Beer Gardens 3pm



Any questions or for further donation locations contact Adina at Kozmosis@hotmail.com

### Tough Enough to Wear Pink Head Shave

In support of the Canadian Breast Cancer Foundation.

Come down and support these people at the dock Friday November 9, 2007. Donations to the Canadian Breast Cancer foundation will be accepted at the NAITSA offices.



Phil Levert



Roland Rondeau



Chris Kiriakides



Scott Gullekson



Nick Petz



Levi Williams



Adina Gilliland



Jordan Kalczak



Kyle Wilson



Thomas Breitzkreutz



Any questions or for further donation locations contact Shawn at Kozmosis@hotmail.com

## Upcoming Events

### ORAS

(Office and Records Administration)

Event: Cookie dough sales

When: Nov. 1 to Nov. 28.

For cookie dough orders, contact  
Caitlyn, cnordhagen1@ookmail.nait.ca

### Club 5 Star

Event: Book drive (Collection of new or used books for inner city children)

When: Wednesdays (Nov. 14, Nov. 21, Nov. 28) 12:15 p.m. to 1:45 p.m.

Fridays (Nov. 9, Nov. 16, Nov. 23, Nov. 30) 12:15 p.m. until 1:45 p.m.

Where: Table outside NAITSA office.

### CETSC

(Construction Engineering Technology Student Council)

Event: Beer garden (featuring head shaving of CETSC and CLXT students)

When: Friday Nov. 9; 3 p.m. to 10 p.m.

Where: Annex Dock

### Respiratory 2009

Event: OOKS home game 50/50 (women's basketball)

When: Saturday, Nov. 10; 5 p.m.

Where: NAIT gymnasium

### WINTech

Event: OOKS Home Game 50/50 (men's hockey)

When: Saturday, Nov. 10; 7 p.m.

Where: NAIT Arena

### Interesting Thought Drama Club

Event: Practices

When: Wednesdays, 5 p.m. to 7 p.m.

Where: Room E-120 (Nov. 14, Dec 5)  
Shaw Theatre (Nov. 21, Nov. 28, Dec. 12)

### NASS

(NAIT Architectural Student Society)

Event: First annual Foosball Frenzy

When: Thursday, Nov. 15; 4:30 p.m.

Where: The NEST

Details: \$10 entry fee per team, show up at the Nest

### MECSA

(Mechanical Students Association)

Event: Beer garden

When: Friday, Nov. 16; 3:30 p.m. to 8 p.m.

Where: Tower Lounge 8th Floor

### Animal Health Technology 2008

Event: Cabaret

When: Saturday, Nov. 17; 8 p.m.

Where: The Ranch

Details: Purchase tickets from Room X-100 or leave a phone message at 965-2343

### NAIT Hip Hop Club

Event: Practices

When: Wednesdays, 7 p.m. to 8 p.m.

Where: Room S-112

For more details, e-mail

evergreenbeauty@hotmail.com

### Bible Study Group

Event: Meetings

When: Fridays, 12:15 p.m. to 1:10 p.m.

Where: Room X-209



# ARTS & CULTURE

## Psychotic psychic

**ALISTAIR WILKINSON**  
Student Editor

I've been to quite a few psychics – most of them just wave their hands in the air, roll their eyes about, and say things like: “Put some pants on, freak! Get out of here!” or “Put that away, I'm not a urologist!” or “I predict you will make some banal off-colour jokes and unnecessarily annoy people.”

Not very helpful, but surprisingly perceptive. Still, they were nothing like Dan Valkos, self-proclaimed “Psychotic Psychic” and accomplished medium (by contrast, I'm more of a large).

Last Wednesday, (Oct. 31) Dan was at the Nest's Soco Voodoo party, and upon meeting me told me that I would be hit by a bus within the hour. I was extra cautious, but did not avoid getting hit in the head by a USB stick. Still, pretty good prediction. Dan had a few interesting things to say about his profession, and the nature of predictions

“A psychic is like a road map – the future's all there to see, we lay it out in front of you – but the choices, the direction is up to you.”

When asked what drew him to his current job, Dan joked that he couldn't think of a better way to bilk old ladies out of their money, short of a law degree.

“Seriously, I got involved as a skeptic and an investigator in '69, and found I had some ability. I believe that anyone can be a psychic, and it's a great way to offer hope and guidance.”

Dan Valkos has entertained and lectured at hundreds of colleges and universities across Canada, published three books, and has his



Photo by Amy Bizovie

**Psychic Dan Valkos provides free clairvoyant services to Photo Tech student Ashley Fjeldstrom on Halloween night, courtesy of NAITSA.**

own cable TV show, *The Universal Psychic*, in Ontario, where he lives. He's also a very snappy dresser. Check out his website, [www.danvalkos-psychic.com](http://www.danvalkos-psychic.com).

It's awful, but what Dan lacks in Web-design skills, he makes up for in his wit, charm, and thoroughly engaging manner.

The details of my reading will remain private (except for the part about the rash, which will apparently go away on its own). But I did convince Dan to read the *Nugget's* future:

“The *Nugget* will flourish due to the talents of its wonderful, intelligent and perceptive staff, and will probably not be sued anytime soon – trust me, boy, I ain't a total idiot.”

Amazing.

He pegged us, that's for sure.

## Rage has a killer show

**RYAN GILLILAND**

Zach de la Rocha's fro isn't the only thing up with Rage Against The Machine. The seven-year hiatus ended, because of the “right-wing purgatory the U.S. slid into” under the George W. Bush administration ... Well at least according to guitarist Tom Morello.

I went to their most recent show, Vamoose 2007 in Las Vegas. They may have co-headlined alongside groups like Daft Punk, Cypress Hill and Iggy Pop, but Rage definitely stole the show. Despite rocking out and putting on a killer show, they didn't do much with the attention they garnered. No speech (like they did at their previous

show at Coachella), no valiant protesting techniques (like posing naked on stage for over 15 minutes to show their distaste for censorship) and not even a “F#ck Bush!”

Rage had the attention of 90,000 faithful fans but aside from playing their unique blend of politically-charged lyrics, triply riffs and huge beats they didn't “Rage” against a lot of “Machines.”

Just put on a kick-ass rock show and made Daft Punk's \$365,000 laser light show feel like the previews before a feature film. F#ck Yeah!



NAITSA PRESENTS  
**FREE MOVIE NIGHTS**  
NOVEMBER 13- SHAW THEATRE

**SUPERBAD**

4:30PM  
FREE POPCORN  
& POP IN  
SHAW FOYER

5:00 PM  
MOVIE STARTS



Kenna

# Much too busy

GABRIELLE HAY-BYERS

Kenna is an Ethiopian-born artist whose genre is pretty much impossible to explain without somehow falling short and making no sense.

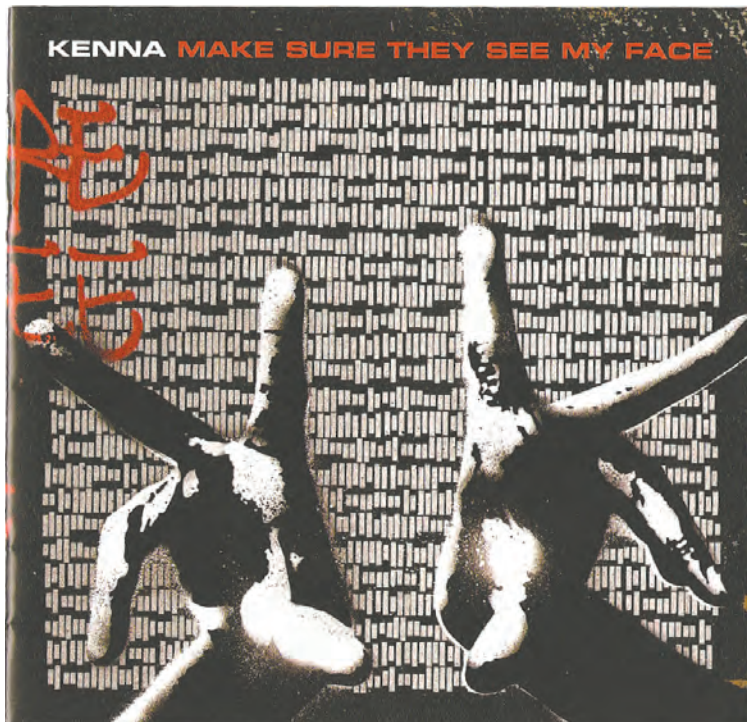
The artist's second album put out by Interscope is like a junior high male who needs to trade testosterone for ritalin.

The best part of the album is the piano intro to *Static*, which has the beginnings of being a stale, yet beautiful ballad. Unfortunately, the intro is just that and the song morphs into a disappointing blend of electronica and punk.

I guess that's why this album

wasn't a hit for me – there's too much going on.

Kenna embraces all styles, but just leaves me confused.



# Check us out online!

AMIT SHARMA

Everyone needs to go to [www.nr92.com](http://www.nr92.com) right now! Our website has been completely revamped with updated schedules and banners that look quite spiffy and distinguished in a twisted sort of way. The website also features a link to past episodes of the *Gong Show* so you can catch up with our lovely soap drama, *The Young and the NR92*. Be sure to check out the re-broadcast *Gong Show* on air every Saturday from 1-1:30! I also just wanted to let you MAC users out there know that, yes, you can listen to NR92 on your iTunes, just hit up the site to find out how!

This week's featured show is *The Show with No Name*. It's hosted by Randy Tourett and Kathy Bratlin. I had a chance to sit down with Randy and find out why their show is nameless. Their response was simple – because they lack creative juices. Randy is a huge wrestling fan, just like Kellen Kennedy from last week. He actually has an inside view of things because he is working for PWA as we speak. Randy and Kathy play mostly punk, but throw in the odd Spice Girls and Aqua track. Randy's favourite

band is Rise Against, a group he most definitely plays a lot of on his show.

When I asked Randy about the Spice Girls reunion, he said that it's epic and he definitely hopes they come to Edmonton. He has no problem in admitting he listened to the Spice Girls at one point and says that Sporty Spice is his favourite of the group.

When I dropped the bomb that Aqua was coming out with a greatest hits album, he completely flipped ... I mean literally, he did a barrel roll. Randy believes that Aqua was a great band but doesn't believe that they deserve a greatest hits album due to their lack of greatest hits. Bottom line is: if you like punk music and the Spice Girls, listen to *The Show with No Name* every Saturday from 4-5, hosted by Randy Tourett and Kathy Bratlin.

That's it for this week ... I know I'm missing a new music nooner but that's because, due to her overwhelming popularity, it's still Jen Lane. You can listen to the *New Music Nooner* every day at 12:30 on [www.nr92.com](http://www.nr92.com). Make sure you check out NR92 during the Remembrance Day long weekend!

## Exploration starts with finding the best people.

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Tyler Peat

Field Production Technologist  
and NAIT Alumni

[www.devonenergy.com](http://www.devonenergy.com)

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*naitsa presents...*

# RODEO WEEK

November 5 - 9

**MON. NOV. 5****I ♥ ALBERTA BEEF "ON A BUN"****South Lobby – Main Campus****Starts at 11am**

FREE for NAIT students while supplies last

**JEAN DRIVE**

Have a pair of unwanted jeans in your closet that are in great condition? Then drop off your clean & slightly worn jeans to the NAITSA Office (E131) from Nov. 5 – 9 for our Jean Drive for those in need.

For every pair you drop off, your name will be entered to win a pair of tickets to the Rodeo Ho Down + a Meet & Greet with Shane Yellowbird.

**TUES. NOV. 6****COUNTRY DANCE CLASS****NAIT Gym****11am – 1pm****HUNTING EXPO AT THE NEST****Buck Hunter / Duck Hunt competition****Starts at 3pm**

Sign-up at The Nest - Prizes include jackets by Mustang

**WEDS. NOV 7****RODEO OLYMPICS****NAIT Gym****11am – 1pm**

Competitions include Cow Milking, Barrel Racing, Dummy Roping & more!

**THURS. NOV. 8****JACK DANIELS RED NECK TRUCK CONTEST AT THE NEST**

Bring picture(s) of your truck to The Nest by Nov. 6 at 4pm to enter. Top 5 trucks chosen must be on site on Nov. 8 at 3pm for judging. Must be a current NAIT student to enter.

**Prizes include \$500 cash & Mustang jackets****Also featuring****BEST DENIM ASS COMPETITION****How good does your ass look in jeans?**

Gals competition starts at 4pm

Guys competition starts at 5pm

**Enter your ass for great prizes from Wrangler & Jack Daniels****FRI. NOV. 9****RODEO HO DOWN WITH SHANE YELLOWBIRD****The Nest****Doors at 7pm****Tickets: \$10 Advance / \$15 Door**

Available at The Nest &amp; NAITSA Office (E131)





# Change for apprentices

**MARTIN PALINDAT**

If you're an apprentice who's had trouble with EI claims in the past, change is on its way. NAITSA Executive Amanda Spearing is on the road to Ottawa.

"With regards to the trip to Ottawa they [apprentices] have extraordinary wait times in getting their first employment insurance cheque, so I'm going to Ottawa to petition and lobby the government to change that," she said.

Spearing follows up by saying that it's supposed to take 28 days to get the cheque, however, the wait time for most apprentices is double that number. This is the entire length of their eight week course. Spearing hopes that the upcoming changes will allow apprentices to receive money while they're in school, instead of being without money for two months.

With regard to the late EI cheques, there are some cases of apprentices being charged by EI for fraud, and having EI tell them that they have to pay the money back because they're

back at work now.

"Generally, once an apprentice is back at work what I tell them is just push the EI cheque back and not touch it," says Spearing.

There are grants available to apprenticeship students, with some strings attached.

"About 90% of the grants that are available to apprentices, they have to pass the course or their training period that they are in, in order to be eligible to apply for these grants," says Spearing.

For the other side of things, Spearing adds that the industry does

help apprentices with their schooling. "A lot of employers will pay for their tuition or their tuition and books." She follows up by saying that not all employers can afford to pay apprentices for their schooling.

Apprentices have difficulty finding funding – they're not eligible for student loans, so EI is one of the only things they can turn to. With Alberta's labour shortage, it remains to be seen how Ottawa will respond to this new lobby.



**Amanda Spearing**

# New degree

**SHANT CHAKMAKIAN**

Last Monday, NAIT announced it will be awarding a Bachelor of Business Administration in Enterprise Management degree.

This new degree promises to take the education of business graduates to the next level.

Still emphasizing NAIT's style of practical education, this degree will go beyond a business diploma program and focus on founding, managing and leading a business enterprise.

Modelled from some of the leading undergraduate business programs in the world such as the University of Alberta, Babson College and the Harvard Business School, this degree promises to give its graduates the edge they need to further their careers.

The first and second years of the program use a case-based and problem-based learning method as a foundation. The third and fourth years of the program focus on increasing the quality of students' decision making and analysis skills.

This program will also use a summer internship program to ensure that the student receives the real world experience needed to ensure success in today's economy.

To finish off this program, students will be required to prepare, present and substantiate a business plan for a new venture.

This project not only teaches students the theory and research behind an entrepreneurial venture, but promises to help shape and guide them in the direction they need to take as they begin their own enterprise.

So visit [www.nait.ca/bba](http://www.nait.ca/bba) to find out more about this new program and see what role a BBA can play in your future!



Photo by Amy Bizovie

## GOODIES FOR HALLOWEEN

The Biological Sciences Council sells baked goods on Oct. 31 outside the NAITSA offices. Helping at the table are Ashley White, left, Christine Burmania and Debra Lentz.

## Dumb Rules?

Is there a policy or practice at NAIT that you think is dumb? Does an inefficient process need to be changed? If so, we want to hear from you!

The NAIT Dumb Rules Committee has been established to ensure NAIT policy and practices continue to be effective and efficient for both students and staff.

To make a submission to the Dumb Rules Committee, please go to the student portal and complete the online feedback form or complete the form below and submit to the NaitSA office (E131) attention Lisi Monro.

### DUMB RULES SUBMISSION FORM

Please submit a separate form per dumb rule. This will help us respond more quickly.

Although you may submit the form anonymously, without your contact information for clarification we cannot guarantee a response to your concern. If you do include your contact information, your submission will remain confidential, that is, you will be identified only to members of the Dumb Rules Committee.

Questions or concerns about how the information will be used may be directed to Kevin Shufflebotham, Chair of the Dumb Rules Committee, via e-mail at [dumbrules@nait.ca](mailto:dumbrules@nait.ca)

1. Description of dumb rule:

2. A specific example of why the policy or practice is dumb:

3. Suggested changes to the dumb rule:

4. Your name and contact information:  
(will only be used for clarification and follow-up purposes)

Name:

Phone Number:

E-mail:

Thank you for taking the time to complete the Dumb Rules Submission Form. Please submit this form to the NaitSA office (E131) attention Lisi Monro.



# Nest dressed

## SHANT CHAKMAKIAN

'Twas a glorious Halloween at NAIT. Whether you dressed up or didn't, there were many interesting sights to see.

I saw some creative costumes, which made walking the halls an entertaining experience. When else do you see ninjas, pirates, angels and a Mormon missionary all in the same place?

Even the entire men's volleyball team was training in their Halloween costumes as they cried the cheers of Sparta! Festive and glorious, that's what Halloween at NAIT proved to be and the events were on par.

Such as the Halloween dodge ball tournament that was pretty awesome. There's nothing like watching pirates trying to take each other out with volleyballs.

Like warriors wielding their balls like spears, the teams battled it out, because just like in *Highlander*, "there can only be one."

The Nest also had a great shaker with SoCo girls on site and people still festively dressed. As always, the Nest provided a great place to congregate and facilitated the good times that we all count on.

If you missed out, there are plenty of opportunities to enjoy the festivities here at NAIT. Just on Monday I stumbled upon an unexpected roast beef in front of the NAITSA office for Rodeo Week.

Eating only the finest cuts of meat, I enjoyed the glorious taste of victory as midterms are coming to an end. Speaking of Rodeo Week, whether you're country folk or not, come on down to the Nest on Nov. 9 for the Ho Down!

Even though midterms are winding down, just keep in mind that we've only dented this year's events and potential good times, so make sure you come on down!

# Global at NAIT

## SHANT CHAKMAKIAN

When you watch the news you turn on the TV, you get the headlines, hear the stories and enjoy the newscast.

What you don't see is the set management, the research, the feed setup, the crew, the technology and the real time production of the piece; you just see the end product.

Here at NAIT we got a great taste for what the news world has to offer and we even got to be apart of it.

Sitting in the audience I had the rare privilege of watching the live newscast and the work that goes behind it unfold in front of me, as our campus opened our doors to Global Edmonton's News at 6.

I also had the rare pleasure of meeting Edmonton's veteran editorial voice, Bob Layton. This 37-year veteran has no plans of slowing down.

Fuelled by the passion of meeting

new people and the new unpredictability of each day, he too had a once humble beginning.

Long before he came to 630 CHED in the summer of '71; he started his career in Fort St. John, B.C., initially working the local radio station doing a little bit of everything; from news, selling ads and being the local country DJ.

It goes to show you that in radio and in television even the humblest of beginnings can blossom into a trademark career for yourself and one that you can't wait to start every day.

It also goes to show you the importance of preparedness. When Bob's teleprompter failed to appear on queue, he had a prepared editorial in hand.

So take it from the best, whether it's being ready to roll despite any setback or working your way up from the bottom, if you use your head and your heart the sky is the limit.

# Showing support

## GABRIELLE HAY-BYERS

On Sept. 6, a letter writing campaign took over NAIT's South Lobby to celebrate and encourage our troops in Afghanistan.

With Remembrance Day this Sunday, this is a perfect time to send letters to our soldiers who are so far away from home. Soon-to-be-deployed Edmonton-area soldier Lee Miller came to the event to support the campaign.

"(In these letters) we like to hear thanks and support for us. People may not know exactly what's going on, but if they're informed ... if they can show some sort of general interest, it's always good," he said.

People can still write letters and sign the banner until the end of the month. They just have to come down to the NAITSA office, where they can grab a poppy before heading out to a local cenotaph.

And as for Miller – what would he like NAIT students to know about the mission in Afghanistan?

"We're doing it for a reason. It's not an occupation of a foreign country. We're getting a country back on its feet – we're there at the request of the people to help them in their lives."



Nest servers Ashleen, left, Holly, Lucie and Ashley get into the spirit of Halloween during the Soco Voodoo Party on Oct. 31.

Photo by Shant Chakmakian

Don't miss the opportunity to advertise in the next issue.

1.866.362.3331  
www.cu-ads.com



## Ask a Counsellor

## A good relationship



Rhonda Gora

**Q:** *I am in a relationship but am questioning whether I should continue with it. I keep feeling like there might be a better person out there for me. What are some of the things I should consider in making a decision?*

**A:** It is important to pay attention to your own feelings about the relationship, and perhaps to look deeper to evaluate why you are questioning the relationship, and what specifically needs to be changed or is missing for you.

Some important qualities of a healthy relationship include trusting, respecting and supporting one another as well as enjoying one another's company. A key skill in good relationships is clear communication, which means being able to speak honestly, really being able to listen to one another, and feeling that you have been understood. Conflict is a normal part of

any relationship. In a healthy relationship, conflict can be resolved through two way communication, and the solution is satisfactory to both partners. One person should not always have to compromise.

Some signs of an unhealthy relationship include often feeling unhappy or wanting to escape, feeling put down or disrespected, or feeling like your life is being controlled by your partner rather than yourself. A relationship that includes emotional, verbal or physical abuse or regular misuse of alcohol or drugs is not healthy. Destructive actions to be aware of are excess jealousy or possessiveness, or a partner who tries to control your money, activities or friendships. In a healthy relationship, both individuals should feel free to be themselves.

If relationship difficulties are interfering with your ability to keep up with your academic work, it may be helpful for you to talk to a NAIT counsellor. The counsellor is objective and can help you to understand and put your feelings into perspective, and then decide upon actions that you can take to improve your situation. A counsellor can also provide you with information about community resources from which you can seek additional assistance if required.

The NAIT counselors are located in W111PB in the HP Centre. You can book an appointment by calling 378-6135.



Turn Your Career ON.

Alberta technicians and technologists have a powerful ally in their quest for a lucrative and rewarding career. ASET, the Association of Science and Engineering Technology Professionals, is made up of over 16,000 men and women. They're the difference between 'On' and 'Off' in the oil and gas sector, telecommunications, construction, computers, chemistry and dozens of other industries in full growth mode. When you join ASET, you put yourself in the forefront of the wave of technicians and technologists who are being eagerly sought by employers in today's hot economy. To find out more about the many benefits of ASET membership, call 780-425-0626 or visit our website at [www.aset.ab.ca](http://www.aset.ab.ca)

Your way ahead.

**ASET** The Association of Science and Engineering Technology Professionals of Alberta

*naitsa presents...*

# RODEO 110 DOWN





**November 9**  
**The Nest - Doors 7pm**

Tickets: \$10 Advance/\$15 Door  
Available at The Nest & NAITSA Office (E131)

**TICKETS ON SALE FRI. OCT. 26!**

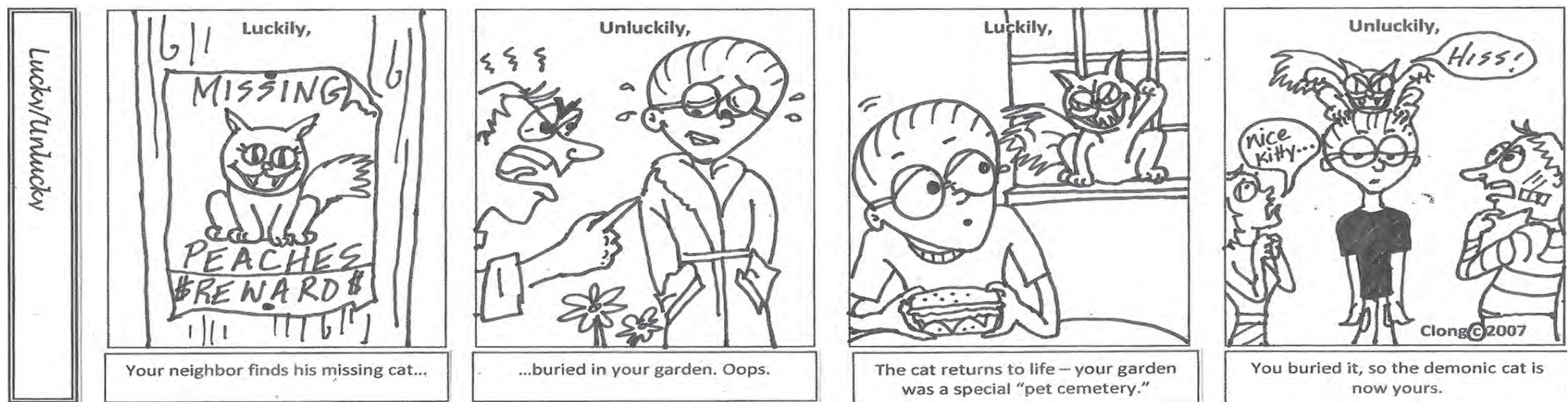
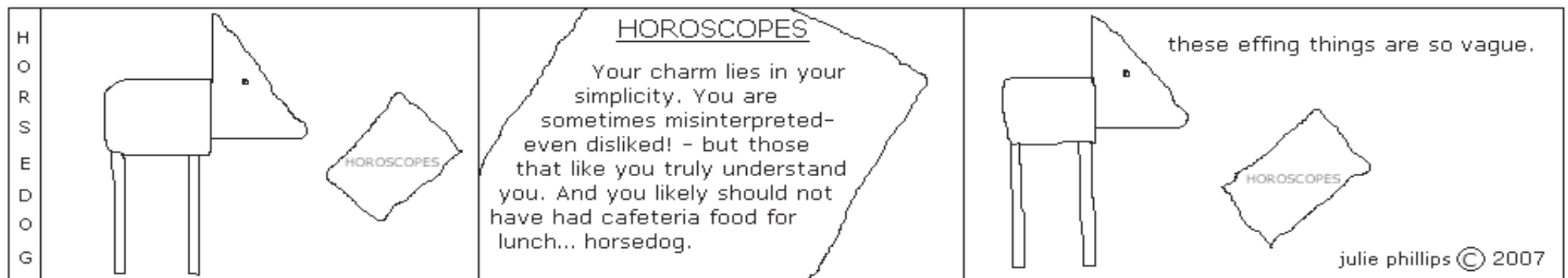
**SHANE YELLOWBIRD**  
2007 CCMA Rising Star Award

WITH SPECIAL GUEST,  
**ALLAN SCHOFIELD**



# NUGGET COMICS



Grape  
vines

## Let's be like a fish

In Grapevines, you can speak anonymously to other students. Contributions: nuggetgrapevines@hotmail.com

What's up with all the water fountains on campus? I never see anyone using them. My hard earned student monies are being wasted!

I stood next to a water fountain yesterday for five hours straight, and no one came to use it. Coincidence? I don't think so! or too long these dripping blights have contaminated our landscape. I say "No more!" Rise with me against oppression.

Fish have the right idea. They swim around in water and drink whenever they want. Let's be like fish. Clogging all of the toilets (another instrument of the man!) in the school, we can flood the hallways! Live free my gilled brethren! Soon the age of man will be at an end!

—A dolphin

...

What's up with all the water fountains on campus? Can't anyone at school go 10 steps without needing a drink? It's called conservation, people! Let's try and last three seconds without liquid.

—A camel

...

Dear Annex,

I hate to continue to this tired cliché of Tower vs. Annex but I feel the need to clarify something. It's "you're welcome," YOU-ARE welcome. "Your welcome" would imply that I am in possession of, or have taken part in a welcome (past tense). This would only be an appropriate use if you were to say, "YOUR welcome was half-hearted," for example. At first I thought that it may be a typo but then I remembered that the Annex is full of Neanderthals and Douche-bags suffering from delu-

sions of their own adequacy. So maybe when you are finished with YOUR circle jerk you'll be able to spare some time to wander down to the X wing and take some ESL classes. The tower may be full of assholes but at least they teach us how to write. F#\$%ing caveman.

P.S. (That stands for post script, caveman) I didn't even have to brainstorm that, I came up with it all by myself. Boy, I sure hope my mom reminds me how handsome I am.

—Rival

...

Fellow Public Transit users:

True, we all don't take the same bus or come to school all at the same time, but this goes for everyone who takes a bus to school. I'm sure this goes without saying, but would it kill any of you to take a shower before coming to school? It's bad enough that we're all crammed into that small space for the long commute to campus, leaving most of us with almost no personal space to think about. Most of us can live with just that ... But no, we have to deal with your stench too. So please do us a favour and bath before getting on the bus.

—Willowstar

...

About the girl "violating" the [dress code], is it just me who see it akin to the U.S.A. banning baggy pants in an attempt to target certain people? Oh, is her underwear showing? Well, so's the fat guy's behind me, I'm sure I'm the only one who'll mention it to him. Someone at my table mentioned her

wearing a bikini top, well so what? Is that also against the rules in the summer? Do we have seasonal rules? Now I'm wondering who complained? Girls, are you jealous? Cause that's stupidity locked in your own head. Guys, is her dress too provocative? Well go to the washroom and toss off a load. Don't ruin it for the rest of us who arnt weak of mind.

—Nyima Russell

...

Dear The Annex:

Let me take the liberty to speak on behalf of NAIT Business students as I nearly fit your stereotypical description: I get 90% on my tests, both my mom and your mom have told me I'm handsome, and I'm almost able to put on my own pants (just gotta grasp the whole concept of the fly/button combo). It is evident that your animosity can be attributed to a plethora of factors including (but not limited to): your lower than average penis size, a lack of sexual confidence and your 15:1 male/female ratio.

—Future CEO

...

All rise and bask in the glory of his awesomeness ... The guy from the Annex .The desperate plea for attention of one lonely individual will be answered, here it comes buddy, possibly the highlight of your life. Someone will argue with you in a college newspaper about how their program is better than yours and you will reply with calm, cool and above all freaking sweet answers. THIS IS GOING TO BE AWESOME. No doubt Grapevines

will be filled with some kick-ass jokes as idiots such as yourself declare a type-written war on other programs that are in some way less sweet and meaningful than what their taking. I have observed in my many years that the world like NAIT is full of losers, loaners, douchebags, bitches and bastards, Im glad you took upon yourself to rise up and lead that group, because as you are already aware, they are going nowhere. So congratulations guy from the Annex, you are the king of the all that sucks.

Yours Truly

The Captain of Outer Space

...

Goulet,

First and foremost that emo comment, was a idiotic assumption, you ass. Now buttercup, did my big bad comment hurt your poor lil feelings ... tough luck. And for the record, I know shit stinks, I'm a farm girl and as for growing balls, I'd prefer not to, seeing as I'm a girl. For the record to all HSW, just because I find you unappealing doesn't mean some other girl will too, I never said the HSW didn't have loads of courage for putting themselves out there (we all know the dating scene can be brutal) and last but not least, to me it doesn't matter if you have a six pack or a fat ass, it is not appealing to appear half naked on the back of the Nugget. As for you, princess, the only reason I think you wrote in to me is because you were the half-naked dude. In any case, did you see any other HSW write in to the Nugget, and the answer would be NO, buttercup. So ... stop whining about a comment from a girl that your

never going to meet, when you don't have the balls to prove your worth a second look. I'm outtie

—MissMurder

P.S. Giving a shout out to chicks who think your hot well trying to make a point is also tacky. Especially when that point is to prove that you are hot.

No offense to j and k

Hug and kisses

...

I recently read the article "Dress code case?" in the Nugget. Ms.Nova Paholek represents the complete opposite of what I believe professionalism is, especially for a Pre-Business student. More disturbing is her attitude, which shows an even greater lack of respect and professionalism. If you are dressed for the bar, you should be at the bar; not misrepresenting the Business students and staff at NAIT. As a Business student in the ORA program, I was informed on the very first day that professionalism and dress codes would apply. "Appropriate dress and attitude important: no thong underwear that shows ..." In Ms. Paholek's case, her underwear is completely revealed! There is a reason it is called underwear. It may not be stated on the NAIT's website, but I believe that appropriate dress and attitude should be followed throughout the School of Business. A female can still look good and be sexy even if she is dressed in professional attire.

Sincerely,  
Anonymous





# GO COUNTRY

## CFR ★ 2007

**Thursday November 8th**  
Tough Enough to Wear Pink Tips for the CURE!

**Friday & Saturday November 9th / 10th**  
The BEST place to kick it for CFR!

**Sunday November 11th**  
Half Price Hoedown  
Avoid The Lines, Doors 6pm Nightly!



6107 104 ST [THERANCHROADHOUSE.COM](http://THERANCHROADHOUSE.COM) 438-2582

**THIS LONG WEEKEND SUNDAY**  
**DOORS 9PM**

**CUSTOMER APPRECIATION BASH**

**ROCK YOUR BLOCK OFF!!**

★ **25¢** HI-BALLS 9-10PM

★ **\$2** HI-BALLS AFTER 10PM

★ **\$1** SHOOTERS HOURLY

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**UNION HALL**

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## Terry Cooke Law Text Bursary



### Could you use Financial Help?

- ➔ Are you a full-time student in year 1 of Business Administration?
- ➔ Did you start full-time studies (Day or CED) in January 2007?
- ➔ Are you currently enrolled in Semester 2 (September - December 2007)?
- ➔ Did you have a grade point average of 2.3 or higher in your first semester with no course failures?
- ➔ Did you have at least an 80% course load?
- ➔ Can you prove financial need? (Main Prerequisite)

Apply now for a **\$500**  
**Terry Cooke Law Text Bursary!**  
 Pick-up an application form in Room T500  
 Deadline: Fri., Nov. 16, 2007  
 @ 4:00 p.m.  
*Successful applicants must attend the awards ceremony to receive the bursary*

## LOL (Learn Over Lunch) Workshops

### Improve Your Reading

Wednesday, November 14<sup>th</sup>

Get practical tips to evaluate and improve your reading.

### Giving and Receiving Feedback Effectively

Wednesday, November 21<sup>st</sup>

Get helpful information as well as an opportunity to practice the important communication skill of giving and receiving feedback.



Workshops are offered at **11:15 or 12:15** and will be approximately 45 minutes in length. **You must pre-register** by 4:30 on the Monday preceding the workshop. To register go to the Student Counselling office or send us an e-mail. Location to be announced.

**Have you got a topic you would like to hear about? Submit suggestions to our office or send us an e-mail.**

## NAIT STUDENT COUNSELLING

W111-PB, HP Centre, 11762 – 106 Street

Telephone: 378-6135

Website: [www.nait.ca/counselling](http://www.nait.ca/counselling)

e-mail: [counselling@nait.ca](mailto:counselling@nait.ca)

Office Hours: Monday to Friday: 8:00 a.m. to 4:30 p.m.

**...facilitating student success**

## VOLUNTEER?

### Snowflake Gala

The Stollery Children's Hospital Foundation requires over 300 energetic and creative volunteers to help prepare for the magical winter wonderland of Snowflake Gala on Dec. 10. Sign up as a group or individually – call or e-mail Billie-Rae Hill at 431-4623 or [bhill@stollerykids.com](mailto:bhill@stollerykids.com)

### Study Buddy

Study Buddy is a volunteer tutoring program offered jointly by Edmonton Catholic and Edmonton Public schools. This program matches a tutor with an individual or group of students to assist them in their school work. If you are interested in this short-term volunteer role, please contact Marlee at 419-2677 for all the details.

### Red Cross

Canadian Red Cross is now recruiting volunteers for its "Disaster Management Training Program." This unique program offers support to those left after disasters within the City of Edmonton. If you would like more information, please call 423-2680 or go online at [www.redcross.ca/cnar](http://www.redcross.ca/cnar)

### Project Adult Literacy Society (PALS)

PALS is looking for people to tutor an adult in English as a Second Language, Literacy or Math Literacy. It is flexible hours, two hours a week. Training is provided. If this sounds interesting to you, contact PALS at 424-5514.

### Food Bank Assistant

The Mill Woods Family Resource Centre is seeking a strong and friendly volunteer to assist staff with food bank pickup. Pickup is every second Wednesday from 12:30 p.m. to 3 p.m. (can be flexible). No car is required. For more information, contact Amanda Sokol at 413-4521.

### Coats for Kids Attendant

The Mill Woods Family Resource Centre needs help to distribute coats to those in need. Shifts are every Tuesday and Thursday in November from 5:30 p.m. to 7:30 p.m., beginning ASAP. For more information, contact Amanda Sokol at 413-4521.

### Jingle Bell Run for Arthritis

Volunteers are needed for the upcoming Jingle Bell Run for Arthritis! This fun, festive event raises funds for the one in six Albertans living with arthritis. The run will be held on Sunday, Nov. 18, 2007 at the University of Alberta. Volunteers are needed to assist with registration, serving breakfast, merchandise sales and route marshalling. For more information or to volunteer, please contact Christie at 1-800-321-1433 or [ccrowle@ab.arthritis.ca](mailto:ccrowle@ab.arthritis.ca).

### Canadian Finals Rodeo (CFR)

Volunteer to help the Canadian Breast Cancer Foundation booth during the CFR. Depending on the shift, you will be required to set up, man and take down the booth. While at the event, you will sell CBCF merchandise, hand out breast health information to participants and be available to take questions and field them back to our office after the event. If you're available Friday, Nov. 9 (10:30 a.m. to 3:15 p.m. or 3 p.m. to 7:30 p.m.) or Saturday, Nov. 10 (9:30 a.m. - 1:30), please contact Shelley Braiden at 452-1166 or [sbraiden@cbcf.org](mailto:sbraiden@cbcf.org).

## Classifieds

### After Hours Singles Party

Meet New and Interesting People

The Edmonton Party Line

Dial: 44-Party

Ads\* Jokes\* Stories & MORE!

Free Local Call \*Ladies-R-Free\* 18+

### For Rent

2-bedroom basement suite, 5 min. from NAIT

All utilities included, with cable and Internet.

\$1,200/month. Call 473-3338.

### Back pain?

Contact [massagedude@gmail.com](mailto:massagedude@gmail.com) for remedial massage.  
 Special NAIT student rates. RMT.



# HOT

## SINGLE OF THE WEEK

### Wanted: a good sport



**BRENT  
CONSTANTIN**

*An invaluable deterrent to community spirit*

Throughout my illustrious career here on campus I've learned two things – don't hold a microphone too close to a speaker, and no one wants to see men in the hot single of the week.

Well, you can imagine my surprise, as the HSW switchboard has been completely jammed with requests for me to display the best in man meat that NAIT has to offer. So, while we wait for that, allow me to introduce a man who needs an introduction, Franco.

If Franco looks familiar to you, you're probably not mistaken, but unfortunately the *Nugget* can't help you track him down for missed child

support payments, that's not our prerogative.

Franco Camminatore, "Franco" to his friends, is a 23-year-old Hospitality Management graduate who not only bartends at the Nest Wednesday and Friday nights, he also works at the sports equipment desk every other day. So he's always here.

Franco also smells fantastic.

**B:** Hello.

**F:** Hi.

**B:** Franco, I'm someone who judges people based on their appearance. It's a practice that's done wonders for me. Using this mindset, I'm going to say that you're a wonderful human being.

**F:** I'll agree

**B:** Not that we need any reasons Franco, but why are you hot?

**F:** Well, I'm pretty active, I think I'm a pretty nice guy and I look like Orlando Bloom.

**B:** Without the elf ears.

**F:** Yes.

**B:** And you're looking for someone that can love a man like you?

**F:** Someone that's sporty, and can keep up with me.

**B:** That doesn't sound like such a tough thing to find. When was your last relationship Franco?

**F:** Back in the summer for a couple of months. We still get along, though.

**B:** When was the last time you dated someone long term?

**F:** Around two years ago, I dated a girl for a little over a year.

**B:** And what happened there?

**F:** She was killed in a car crash on the road to Beaumont.

**B:** ...wow, seriously? That's incredibly, horribly tragic ...

**F:** Yeah...

**B:** I'm going to go ahead and end this interview now.

**F:** OK.

I didn't see that last part coming. Made me cry.



Maybe it made you cry too. If you'd like to get in touch with Franco, e-mail me here at [bconstantin@nait.ca](mailto:bconstantin@nait.ca) and, as

always, that's the same address to find out how you can be a hot single of the week in these very pages!

## Out and about

### What is your biggest pet peeve at NAIT?



**AMY BIZOVIE**



There is no free visitor parking. You always have to pay too much.

**Robyn Currie**



The yellow cart drivers. Damn.

**Carey Peters  
HD Mechanics**



Ditto! (Yellow cart drivers). I agree!

**Dallas Huckle  
HD Mechanics**



Parking! Let's invest in another parkade.

**Jon Shermack  
Photo Tech**



Richard "Rusty" Rusterholz. The legend.

**Bill Hughes  
EET**