

Go Ooks, Go!

THE NUGGET

Thursday, Oct. 4, 2007
Volume 45, Issue 6



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

\$1 million donation!

Imperial Oil funds Centre for Instrumentation, Aboriginal initiatives



Photo by Brent Constantin

On hand Wednesday, Oct. 2 for Imperial Oil's announcement were Tim Go, left, Strathcona Refinery manager; Dr. Sam Shaw, NAIT president and CEO; Doug Goss, chair of the Building on Demand Campaign and Paul Smith, controller and senior vice-president, finance and administration, Imperial Oil. The company name will be attached to the new instrumentation centre, which includes a two-storey high distillation column similar to what students will work on in oil refineries.

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NEWS & FEATURES

— Student senate elections —

Some have been picked, some must wait a while

Eleven of required 18 students confirmed, byelections planned for remaining seven



By SHANT CHAKMAKIAN

The votes have been tabulated and NAIT has selected a new governing body for NAITSA! This year, voter turnout was 8% (a 2% increase from last year), with 541 votes cast.

Unfortunately, all schools did not receive the needed candidates. The School of Arts, Science and Communication did not have any candidates, and the School of Applied Media and Information Technology and the School of Hospitality were one candidate shy, as each school needs two senators.

It's rather ironic how some schools did not have enough candidates, while other schools had some tight races. Katie Berlinguette and Ana Gabriela Villota Herdotza tied second as runners up within the School of Hospitality.

As a result, all the aforementioned schools require a byelection, which will be held Nov. 1. This includes a byelection for the School of Applied Building Science due to a challenge from one or more of the candidates.

I have never seen such an interesting race for the senate before, from ties to insufficient candidates to even an "anti-campaign" on election day.

Newly elected senator for the School of Resources and Environmental Management, Terry Chiasson, had such a misfortune during election day.

It is alleged that another student was actually going around in the Annex telling people not to vote for Chiasson, apparently for personal reasons.

"Regardless of one's personal feelings or attitude, the process itself needs to be respected. Such slanderous activity is unbecoming of a NAIT student," said Chiasson, who won anyway.

As a former senator within the School of Electrical and Electronics Technology, I am delighted to see some new enthusiastic and talented new members to senate.

"I feel privileged and proud as we set new precedents for current and future students," said an enthusiastic

Elected:

School of Electrical/Electronics Technology



Aaron Brin



Brad Kokoroyannis

School of Business



James Morningstar



Prince Thorpe

School of Mechanical/Manufacturing Technology



Drew MacRae

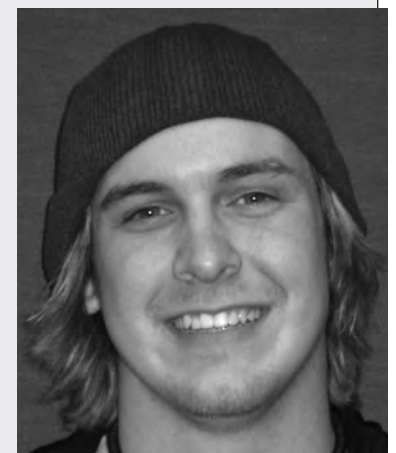


Paul von Conrad

School of Resources/Environmental Management



Terry Chiasson



Geoffrey Tate

Aaron Brin, newly elected senator for the School of Electrical and Electronics Technology.

"I look forward and am honoured to be reporting to the senate on matters of the institute as a student member of NAIT's Board of Governors.

In the end, NAITSA's senate will govern our Students' Association, responsible for holding the executive team accountable and ensuring it fulfills its mandate. To all who voted, thank you for participating, and stay involved to ensure that your association is working for you as we move forward.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to email me any comments or suggestions at shant_c@hotmail.com

School of Applied Media/Information Technology



Amanda Buckler

School of Health Sciences



Dena Marcoux

School of Hospitality



Lorrie Smith

One cup at a time



GABRIELLE HAY-BYERS
Student Issues Editor

Well, my birds and bees, life is just one big environment that we all have to fit into together. Thankfully, at NAIT we are learning to Respect

NAITure.

Enough of my hokey nature references. Here at NAIT we have a groundbreaking campaign aimed at creating a campus with clean air, litter-free common spaces and a professional atmosphere (except for in the *Nugget* office.)

Katie Laviolette is a sustainability officer here at NAIT and she informed me that the Respect NAITure campaign is being very well received by all NAIT Ooks, staff and students alike.

"The Respect NAITure campaign is being very well received by staff and students. We are currently using the NAIT HP Centre as a trial for the new recycling centres, as well as the new trash receptacles/ashtrays and signage. The feedback has been very positive."

Some may think that cigarette butts are OK to throw on the ground, but did you know that they're made up of cellulose acetate, a form of plastic? Just to give you an idea of the repercussions of throwing that butt on the ground – depending on what the manufacturer uses as a filter in your cigarette, it could take up to 12 years of flying around in the wind for that three-minute wonder to biodegrade.

That is one of many reasons why it's so important and revolutionary that NAIT has engineered the ecoNAIT campaign. Currently, costs are being assessed for the purchasing of more trash receptacles, ashtrays and signage for around campus.

So what can the average Ook do to help, other than not litter? Members of ecoNAIT will be selling the ecoNAIT mug outside of the Common Market from 7:30-9:30 a.m. on Tuesdays and Fridays until the end of October. Watch out, though, those eco-friendly mugs rise in price from \$5 to \$9.95 in November, so scoop yours up now!

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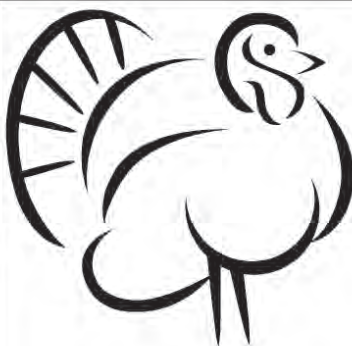
*first 12 hours or \$2.99 for 24 hours (& each additional 24 hours)



Photo by Janna Van Dorp

FASHION WEEK

A model takes part in the fifth annual fashion festival at the downtown Churchill Square, held Sept. 24-28.



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The Nugget encourages submissions.

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THE DEADLINE IS

Noon on the last school day of the week.

All submissions must be accompanied by your name and student ID number.

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters welcome

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

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Write us.

A jackass in shining armour

LADY LOVE

He portrayed himself as a knight in shining armour and turned out to be a jackass in Roca Wear.

Truth be told, I saw it coming. In the beginning, he was charming and affectionate. I was shallow and hoped he was as smart and sweet as he was gorgeous and strong. But problem is, looks only get you so far. That goes both ways.

We were both attracted to each other, just happened to be complete opposites. Somewhere in between those movies and dinners I began to actually listen to the things he was saying. I then realized he and I had absolutely nothing in common. He's lazy. I am energetic. He's extremely laid back. I'm always on the go. He enjoys silence and beer. I enjoy conversation over coffee. (Not that I

don't enjoy an occasional beer here and there).

I realized he was an ass when one night I invited him over for supper. Everything was alright, though I was getting bored with his laid-back attitude, until I noticed he had brought two beers over. I assumed one was for him and the other for me.

We ate supper and then watched a film. He drank both beers and didn't even offer me one. How romantic. Not only was he getting more comfortable, less thoughtful, and

more boring, he was selfish too.

I stopped trying to contact him. He stopped trying to contact me until he sent me a breakup text. Yup, a breakup text. How brave. I knew he was a jackass. He was just so hot, yet only a short text from a complete coward, LOL. TTYL L8R



NAIT reaches out – online

AMIT SHARMA

NAIT is making an effort to ensure that student needs are cared for and that outside issues such as financial hardships, drinking habits, and big city life don't interfere with NAIT students' academic success.

In September, NAIT administered a questionnaire online to find out what students need help with and what issues affect them.

The response was overwhelming, as the questionnaire was filled out by over 1,000 students. The two people behind this initiative are NAIT's vice-president of academic operations, Dr. Berry Calder and NAIT's co-ordinator of student achievement, Michele Parker.

Dr. Calder believes in the idea of developing the whole student. This means development in academic, intellectual and emotional areas in life.

Dr. Calder also said that the survey is a way for the students to reflect on their lives regarding their personal and academic goals. The questionnaire is also set up so that the students are not being told what they need to deal with their issues.

The survey is a way for the students to reflect on their lives regarding their personal and academic goals.

Rather, it was made for the students to be able to tell NAIT what it is they need help with. The survey showed that students were really interested in four specific categories: student services, academic goals, career support and life skills.

Students who filled out the questionnaire were sent links to find guidance and support in these areas.

Michele Parker believes that this project will help students find services on campus earlier because students usually don't self-advocate and look for these services.

The sooner students become aware of these services, the sooner they may be used outside of the classroom and give students a more positive perspective on academics and NAIT.

In order for the questionnaire to be truly successful, the student needs to be honest and really identify what they need to get the proper information to help themselves.

Dr. Calder has a lot of passion for this project and has been doing research on it for a number of years.

Michele Parker is in charge of maintaining and working on the survey and helping students get information. Right now, the questionnaire is only open to first-year students and will be administered every fall. She hopes to follow up with the students who filled out the survey during second semester to see how they are doing and if they used the links sent to them.

NAIT is the only post-secondary institution in Alberta using this type of approach.

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*PPV = Pay Per View (h) = home (a) = away

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Housing: Gimme shelter!

Stories by
ALISTAIR WILKINSON
Student Editor

NAIT students are between a rock and a hard place in Edmonton's housing crunch, but NAIT's Students' Association is addressing the problem. But don't expect more comfortable arrangements any time soon.

NAITSA president Kerri Wyspianski says that, while the Students' Association has allied with U of A and Grant MacEwan SAs to push municipal governments for affordable housing in the capital region, NAITSA is seeking more immediate solutions.

"We've got apprentices living in hostels and hotels, it's ridiculous. We co-ordinate with U of A and Grant Mac to help everyone find a place, but a lot of NAIT students still have problems finding low-cost housing that's up to code," says Wyspianski.

Her comments come as little surprise to many NAIT students. Housing options in Edmonton are more limited for students than nearly anywhere else. Not only is student earn-

ing power limited by academic constraints, money problems are compounded by a lack of affordable transit and parking. To compensate, many NAIT students are facing reduced living space.

"I've got three guys living in a two-room suite ... one of them is on the couch," says Pat LaPorte, a student in the RTA program.

In addition, many students in Edmonton live in sub-standard housing, or "illegal" secondary suites around their respective campuses. Other alternatives involve moving farther afield, to city areas with lower housing costs, and in some cases, outside city limits.

Although other schools offer their own student residences to NAIT students as an option, NAIT has no official residence of its own. According to NAIT president Dr. Sam Shaw, there is a \$10 billion initiative in the works to develop student housing at NAIT's main campus and its satellite schools. For the moment, however, NAIT's administration has no fall-back plans for the current housing problem other than those already in place. But as Dr. Shaw adds, the school's admin-

istration is behind actions that NAITSA initiates.

"The Students' Association has our support in whatever reasonable solutions they undertake, be it increasing emergency student loans, or working with the city itself."

In order to find workable solutions to housing and other issues faced by post-secondary students, NAITSA

formed the Edmonton Students' Alliance (ESA) with Edmonton's two other main schools "to speak with one voice on shared concerns to city council," says Wyspianski. She adds that NAITSA will be conducting a survey on rent controls in Edmonton, and, in collaboration with ESA, pushing for a post-secondary suite bylaw to house students closer to NAIT.

Even though NAITSA has already met with city councillors, the upcoming civic elections may slow down any decisions on student housing.

For those students who are facing a housing crisis right now, a general solution could be too late, but in the meantime, NAITSA encourages any and all students to bring their concerns to the student executive.



Kerri Wyspianski

Looking past the U-pass

If you're one of the few NAIT students who are hoping for a U-pass to ease those transit costs, don't expect it any time soon. But that's not to say NAITSA has tossed out the idea, or any other possibilities that may make getting to, or parking at, NAIT easier.

A study ordered by last year's student executive shows that a U-pass, an ETS pass included in student fees, is neither wanted nor needed by the majority of NAIT students.

"Since three out of four NAIT students are apprentices, and here for only 10 weeks at a time, a non-refundable and non-negotiable U-pass fee makes little sense," says current NAITSA president, Kerri Wyspianski.

She added that the relatively low cost of the U-pass at U of A and Grant MacEwan is possible only because full-time enrolment is much higher.

But whether you bus or drive to NAIT, getting here isn't easy. With that in mind, NAITSA is working on new initiatives to help students on their way. NAIT's student execs are working on a Transit Demand Management (TDM) project, looking at logical and rational solutions to NAIT students' transit and parking needs.

"Right now, we're doing a geographical survey, tracking how far students have to go, how they get here, and where they're coming from in the city. Right now, only three buses come to NAIT, so we're try-

ing to push ETS for better service, and we're interested in working with Kingsway Mall to solve NAIT's parking problems.

"We're also looking into Car-Pool (check it out online) and bicycle options. Ultimately, we're looking for solutions that work best for all NAIT students," states Wyspianski.

Finally, NAITSA has allied with both Grant Mac's and U of A's students' associations to form the Edmonton Students' Alliance, determined to address municipal governments on student transit needs and other issues.

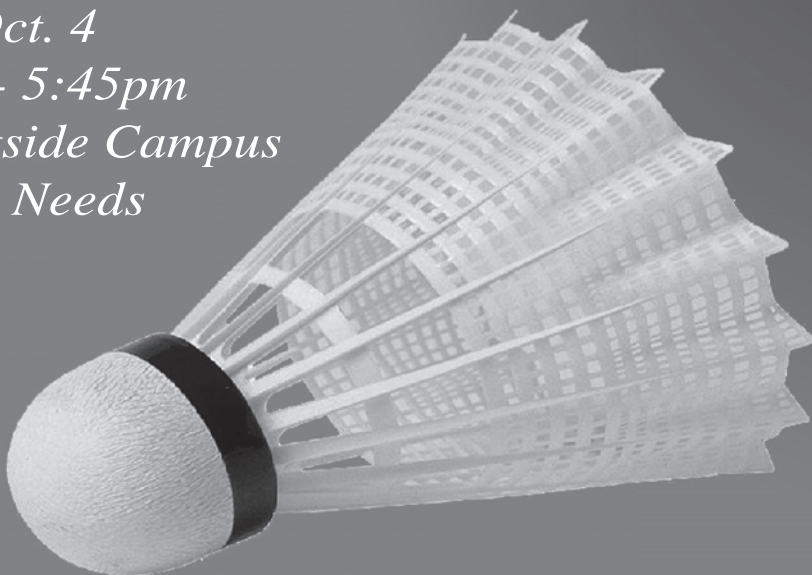
The U-pass may not be here, Wyspianski points out, but it's not the only solution.

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OPINION

— Editorial —

Time to make green eco-easy

I've always wondered what dolphin meat tastes like. Don't say, "like chicken," because anyone who says that must be unaware of the subtle nuances of flavour in endangered species. Wondering how best to prepare, say, a Texas ocelot, or what wine goes best with a northern hairy-nosed wombat may suggest an evil nature, but these are questions that may never be answered, for several reasons.

The first and most significant is that those animals are in short supply, so their meat is difficult to acquire, no matter how delicious it might be. And we all know that, at least in North American society, if it isn't easy we won't do it. Yet therein lies the solution to just about any environmental problem our society faces. If making eco-friendly choices were easy, more of us would make them.

Options limited

Green living isn't even easy here at NAIT. Eco-NAIT may be doing its best to make campus more eco-friendly, but the options available to students are remarkably limited. Perhaps you're like me, and revel in the thought of a barren wasteland devoid of all life except for the tastiest animals (mmmmm, starving polar bear ... delicious).

On the other hand, maybe you'd like to deposit your empties in a recycling bin. Unfortunately, you'd have to walk a fair way, unless you happen to be in one of NAIT's main cafeterias. Inevitably, the bottle ends up in the trash, because who wants to carry an empty bottle around, searching for a green-friendly receptacle, like a fanatical earth-loving mook? I certainly can't fault you for just dumping it; I do the same thing. Most people will only go so far, no matter how good the cause. For the rest, well, informing us poor, lazy sheep on how to do the "right thing" is a start. It's even better to make it easy for us. At the very least, make it easier.

Should all be accountable

I know we should all be accountable for our actions, we should preserve the earth, provide a future for our children, blah blah blah. But we won't. No matter how well-informed we are, we won't go out of our way. So make it easy.

You don't want litter? Forget more garbage bins, get rid of all the unnecessary packaging. You don't like cigarette butts all over the entrance ways? Well, don't get rid of cigarettes, they're all I have left (since the "man" cracked down on the endangered species market). Instead, how about more ash-bins? You want us to rethink, reuse, reduce, recycle? Make it easy. Blindly following is not even something sheep do willingly (don't ask me how I know that).

I'd like to think that NAIT students can self-advocate, be accountable for themselves and make good choices. Many do. But for the rest, only if those choices are the easy option. Or they could join me in hoping for a taste of Asiatic cheetah, in a tormented world stripped bare by meat-starved vegans and their power-hungry cattle masters ...



— Letters to the editor —

Asbestos under control

In response to the NUGGET article posted Sept. 20, 2007 in the Nugget regarding the presence of asbestos in L Building.

NAIT's buildings are safe and their occupants are not at risk of exposure to asbestos. Many of NAIT's buildings do indeed have materials that contain asbestos, as do most buildings worldwide that were built prior to 1980. Asbestos was used in a large number of building products up until that point, including but not limited to: insulating materials, vinyl flooring and roofing materials.

In 2001, the NAIT Asbestos Control Program was developed and implemented in order to ensure that all asbestos-containing material on campus was identified and managed in a safe manner. The products that

are accessible to NAIT students and instructional staff are in a "non-friable" form – meaning they would need to be mechanically disturbed (sanding, drilling, grinding or sawing into) for there to be a risk of exposure. Asbestos-containing materials themselves are only a risk if they are releasing asbestos fibres into the air.

All asbestos-containing material on campus is on an inspection schedule where it is visually assessed in order to ensure that its condition is remaining stable and that we are dealing with damaged or deteriorating products long before they become a health risk to anyone. As well, air monitoring is performed annually to ensure that fibre levels are not only well below Occupational Exposure limits, but below limits of detection.

To date none of the sampling that has been completed has shown the presence of airborne asbestos fibres in any of our facilities.

The asbestos control program that NAIT has implemented has since been adopted by other educational facilities throughout the province and is setting the bar for industry best practice with regards to asbestos management.

For more information on NAIT's asbestos control program, you may contact NAIT OHS at 471-7536.

Sincerely,
Jodi Howick CRSP
OHS Consultant – Safety & Hygiene
Asbestos Control Program Coordinator, NAIT Occupational Health and Safety

Global warming argument

Global warming cannot be caused by carbon dioxide or methane. Those gases absorb the infrared portion of sunlight, so that less sunlight reaches the ground. And, half of sunlight is infrared.

Quebec is raising an extra fuel tax to counter CO2 emissions, and Alberta probably will also. We should fight the taxes. Our opinions count if we express them.

Also, is anyone else at NAIT

interested in the fact that microwaves can break water into hydrogen and oxygen? This fact was demonstrated on the TV show *Daily Planet*.

Sincerely,
Richard Blakely MIET.

The worst wingman ever

GEOFF TATE

Arts and Culture Editor

Everyone brags about how great a wingman he (or she-wing PERSON, I suppose) once was. Every guy out there has some story about how they single-handedly hooked their friend up with the hottest girl of all time, AND, at the same time, took one for the team and woke up next to something resembling a land-roaming manatee. The Wingman Code is one of the most treasured doctrines known to every guy out there. At least that's what all your friends would lead you to believe. You, on the other hand, know better.

You, for all purposes, are the greediest, most self-indulgent individual you know. It's basic biology, and you can't escape it. We all look out for No. 1. But there are some

of us that go even beyond our simple biological tendencies, actively engaging in our so-called friend's humiliation and downright failure. And you know who you are, you greedy bastards.

So, for those of you who are sitting there telling yourself that your friends would never do that to you, I just want to tell you: you're obviously the person that your friends enthusiastically sabotage.

It's OK, you now know, and that's the first step to recovery. Just don't think about how much your friends have used you and how much they all laugh at you behind

your back. You'll get over this ... (Or die sad and alone as a Sherpa who never once touched a boobie).

The following is a list I haphazardly composed late last night that may help you indicate poor wingman etiquette. It came to me whilst watching my friend stand all alone in the entrance to the Bentley bar as the rest of us drove off back home to



Edmonton:

- You notice that when you show up to meet your pals for a drink, there is never a chair readily available for you. And no one seems too interested in finding one.
- At the end of the night, when

everyone has already paid for their tab and taken off, you notice that your supposed \$25 tab is actually closer to \$250. And you weren't even drinking.

- You get left in the bathroom at the Bentley bar at three in the morning (sorry, Darren).

- Remember that lap dance your "friends" bought you the last time you were at the strippers? Ends up they found a hooker on 118 Avenue and paid her in McDonald's coupons.

- No one can make eye contact with you whenever you bring up the girl you are currently interested in. It's as though they are hiding something ...

- You end up sleeping outside the Bentley bar until six in the morning, until one of your good friends realizes he has your wal-

let, keys and cellphone. Upon arriving to pick you up, he then has the nerve to ask if you can pay for his breakfast because he forgot his wallet (SO sorry, Darren).

- You wake up one day and remember that you are 40 years old and your pals let you get married 15 years earlier (those arseholes).

So if any of these eerily resemble one of your nights out with the guys, just suck it up and keep taking it. I sure as hell don't want to be in your position, and neither do the rest of your buds. You have to try and keep the Wingman Code alive on your own, because the rest of us are too busy screwing you over (once again, sorry Darren).

Think I missed some? Send them to entertain@nait.ca. Let me know how much your friends hate you!

The Cushman: a dream ride

LIAM CRESWICK

We have all seen them zipping around campus, weaving around students walking through the halls, getting a reaction from everyone they pass.

No, not the mice let free from the Animal Heath labs. I mean those little one-man maintenance carts that NAIT staff tool around in.

But what are they for? Who gets to drive them? Do they ever take them off any sweet jumps? This investigative journalist went deep to find answers for you, the *Nugget* readers. After weeks spent stalking around her house, I cornered Kimberley Vernon, the catering co-ordinator of NAIT food services, and after I washed the pepper spray from my eyes, I was able to convince her to answer a few questions.

First, she explained that the maintenance carts were actually called Cushmans, and that they are used to transport various NAIT staff quickly around the large campus. They reach speeds between five and 10 miles an hour and have very basic steering components.

When asked how they would compare to a golf cart or a forklift, Kimberly said, "A golf cart drives more like a car, these are a lot more basic. They turn pretty tightly, though."

I probed her about the sort of training needed to drive these contraptions, assuming at least a Class 4 or higher.

"Actually, with catering staff, I usually train new employees how to drive them. I will let them ride along and watch what I do. Then I ride along with them until I feel they are comfortable with the machine."

Even with hands-on training,

these Cushmans seemed pretty dangerous. I asked if a Cushman has ever hit a pedestrian or another cart.

"No, we haven't had any accidents. We often have students ask for rides or put out their thumbs like hitchhikers, though," she laughed in reply. But safety is no laughing matter to this reporter.

"If you have never had an accident, don't you think we're overdue?" I grilled, "What can students do to keep themselves safe when one of these comes tearing through the hall?"



The venerable Cushman.

"Drivers are taught to be very aware and take corners slowly," she said. "Students should always be cautious when one is around, and just be aware, also."

Though safety doesn't seem to

be a problem, the \$64,000 question was still at hand. "Have you or the other NAIT staff ever raced these bad boys?"

"Not that I know of, I certainly hope not!" she replied, "Usually only management gets to drive them." I don't know if I believed her; I mean who wouldn't want to race for pinks with one of these babies! With my imagination still hooked on the idea of an underground Cushman racing circuit, I pitched Kimberley "Hot Wheels" Vernon a hypothetical: If they were to make a movie about this allegedly nonexistent cart race, who would she want to play the lead?

"Vin Diesel, I guess. He seems to like cars and racing movies, and I don't think he's up to much else right now."

Kimberley explained that she didn't know where to purchase one of these Cushmans or how much they cost, so I asked if it would be possible if I could get behind the wheel of one of them. She told me the chances were slim, and with that, our interview ended. Undeclared, I attempted to hijack a Cushman of my own later that day,



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without Ms. Vernon's permission. Unfortunately, the crack NAIT security team beat me down like a redneck on *Cops* before I could even get one rolling.

Hopefully now, my fellow NAIT students know a little more about

these tiny wonders. Cushmans are serious business, and I hope this info will keep the unbroken safety record going for while longer. And until I can get my hands on one of my own, the thrill of maintenance cart racing glory will live on in this reporter's dreams.



Have you got your free copy?
Pick one up at
NAIT Student Counselling
W111-PB in the HP Centre

Let's trash Your horoscope



By SHANT CHAKMAKIAN

the trash

As one of Canada's best institutions, it is reasonable to expect that the state and cleanliness of our campus should follow suit.

Luckily, NAIT is piloting a program to decrease the littering of garbage and cigarette butts by placing more garbage cans, recycling and smoking receptacles as they are advertised accordingly.

As a result, there will be a significant decrease in garbage in these areas, and people are also smoking farther away from entrances and exits, which creates a healthier breathing environment for those with sensitive or problematic respiratory conditions.

"Garbage/ash trays have received positive feedback and we're look-

ing at ways to distribute them around campus" said Kevin Shufflebotham, chief of staff and chair of the Respect NAITure committee.

Shufflebotham feels that this program, which is currently being piloted in the HP Centre, is a step in the right direction to a cleaner campus.

But we both believe that garbage cans and ash trays alone are not going to clean our campus up.

We need to work together, clean up after ourselves and each other as we move towards a cleaner campus and a better atmosphere.

Life is what we make of it and so is the campus and environment we inhabit, so let's work together and raise the bar for all of us!



JULIE PHILLIPS

Oct. 4-Oct. 11

Virgo (Aug. 23-Sept. 22)

This week, choices are easy. Yes or no, no grey area. Go with what you feel.

Libra (Sept. 23-Oct. 22)

Your eyes are on the \$dollar signs\$ this week but remember, if you're doing what you love, the money will come. Also, if you want to save for something, avoid spending too much impulsively.

Scorpio (Oct. 23-Nov. 21)

Life feeling like a routine? School to work, work to school, eat, sleep, video games, etc. Time for something new! Make a new friend, go somewhere out of your comfort zone. Accept an invitation you typically wouldn't.

Sagittarius (Nov. 22-Dec. 21)

Your head's in the clouds. Find something to bring you back to reality.

Capricorn (Dec. 22-Jan. 19)

You're head's stuck in reality, find something to bring your head into the clouds.

Aquarius (Jan. 20-Feb.18)

Magic tricks are illusions, but the power lies in their ability to deceive. This week, Aquarius, you're the magician, but remember to use your magic to enchant others, not to benefit yourself.

Pisces (Feb. 19-march 20)

It's a bit of a heavy week for you, Pisces, but finding the right balance of social time and time for yourself will keep yourself from getting spread out too thin.

Aries (march 21-April 19)

Really make a point of noticing those weird little things that happen in life this week. Dejavus, coincidences, unexpected things, bizarre moments and make a point of talking about them with people after they happen. You'll be amazed by

the stories other people tell you. Be open to it.

Taurus (April 20-may 20)

Someone really needs you right now, but they're not in a position to tell you that. Pick up on their signs but don't be too insistent that they talk to you. They'll find you when they're ready.

gemini (may 21-June 20)

All you can do to get those around you to step up to your standards is to be a strong example. Focus on yourself this week. Others will notice.

Cancer (June 21-July 22)

Respond carefully this week, Cancer. Rash decisions will get you even further away from the response you were hoping for. Just take a few breaths before deciding, and do all you can to stay cool.

Leo (July 23-Aug. 22)

After a fiery couple of weeks, you're doing a great job of mellowing out! Remember, even when you're hanging out away from the limelight, it's still nice to have some sparks now and then.

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Preparing for life after NAIT

**ADAM KIRBY
and
KATHLEEN VERSTEEGT**

It's not as easy as people lining up to hire you as soon as you get out the door. Most students start their programs at NAIT not knowing what they want to do – they'll figure it out later, sometimes too late.

We questioned students on what direction their career is headed, and the common response was: "I'm not exactly sure." Even fourth-semester students in Computer Systems Technology may say, "I don't know. Something to do with computers."

Students don't necessarily know what jobs are out there, or what the job environment will be like after NAIT.

This doesn't apply solely to CST. Many graphic design students don't know the difference between spec work (working without pay, hoping to eventually get the job) and con-

tract work (signing a contract with the client).

Hospitality students, on the other hand, see exactly what jobs are out there as soon as they enter their first class. Where some programs teach students how to talk to clients and co-workers, others don't even make an attempt.

What do instructors think?

What aren't you being taught, and why? While some courses orient toward soft-skills, many instructors wish that they could add more realism to

the course material.

Students don't know what jobs are actually out there and could benefit from having active and experienced industry people discussing current issues and best practices. Many programs still have too much focus on technical skills and don't engage students as much as they should. NAIT gives you the skills,

but responsibility is on the students to apply them.

What can you do about this?

First, ask. Most of your instructors aren't afraid to be frank with you. Second, listen. The soft-skill courses that NAIT has integrated in almost all programs are only good as far as students are willing to learn. Some students think these courses are "a waste of time," or just say, "I don't

have time to think about this crap." Instructors can try to teach these skills until they collapse and 50% of the students forget everything as soon as the day's over. Want to guess which half is going to make it?

NAIT isn't going to give everything to you, and the onus is on you, the student, to find out what you're worth and where you're taking your post-NAIT career. In the end, the

piece of paper (your diploma, ticket or t.p.) is just that, and the skills you choose to learn are going to get you the job.

Those of you who are less ambitious or not daring enough to take on the task of learning a little bit past what is taught in the classroom are going to find your jobs already stolen from you by those who had that initiative.



Early bird needs the Nest!

ALISTAIR WILKINSON

We forgot the Nest! In the *Nugget* two weeks ago, Getting a cuppa at NAIT, The Nest, NAIT's only on-campus bar, was unfortunately left out of the coffee props! Of course the Nest is a place for coffee! Students can even sit down while they sip it! Forgive us, O glorious purveyors of beverages the *Nugget* can't legally advertise, O bearers of affordable meals, thou refillers and warmer-uppers of ...



yes, COFFEE! It is only that the Nest excels so at serving other beverages that the *Nugget* overlooked the Nest's wonderful coffee! While extolling the coffee's virtues, it should also be mentioned that as of Oct. 1, the Nest added an all-day cereal bar to its menu. Going to the Nest in the morning for some

bacon 'n eggs (and coffee)? Why stop there? Get some cereal to go with it! Drunk from beverages not advertised in the *Nugget* (and coffee)? Why stop there? Have a bowl of cereal!

Seriously, though, try your hand at the Nest, from 7 a.m. onwards, whether your needs are for a refillable pick-me-up, cereal, or just a nice place to sit down (for a change). And don't forget, the Nest is run through NAITSA (although not by NAITSA), so money spent at the Nest returns (via winding pathways) to benefit you, NAIT's students.

Once again, beloved Nest, the *Nugget* offers you heartfelt apologies.

We love your coffee. Please send us more.

NAITSA presents

MUNICIPAL FORUM WARD 2

SHOUT OUT!

What are your issues with our City of Edmonton representatives?

Tues. Oct. 9

12:30pm – 1:30pm

SHAW THEATRE

Moderator: The Bear's Fearless Fred

Bring your issues and hear what Ward 2 candidates have to say about what matters to NAIT students.

Remember to VOTE on Oct. 15 – your choice, your voice



...City "officials" kaibosh of Campus Chaos outdoor location

...affordable student housing

...transit/U-Pass

...lack of City funding/support to aging NAIT facilities

NAIT STUDENTS' ASSOCIATION

For more information on your ward & election candidates, visit:
www.edmontonelection.ca
www.takebackyourcity.ca

ARTS & CULTURE



Supplied photo

The directing and writing team of Bobby and Peter Farrelly work with Ben Stiller and Michelle Monaghan on the set of *The Heartbreak Kid*.

Something about Farrellys



NAHREMAN ISSA

Peter Farrelly, at the ripe old age of 24, was a salesman in Boston when it occurred to him that he wanted to be a writer.

Having just graduated from Providence College with an accounting major, he had no qualms about quitting and starting all over again.

Dumb and Dumber

Fourteen years later, he and his younger brother Bobby would go on to make one of the funniest movies ever; *Dumb and Dumber*. The Farrelly brothers have been making movies for the last 13 years, and have written and/or directed such hits as *Fever Pitch*, *Shallow Hal*, and *Me, Myself, and Irene*.

Of course, no one will ever for-

get their No. 1 hit, *There's Something About Mary*, and the bathroom scene with Ben Stiller. To this day, it still haunts any guy out there. The brothers are back in action again, directing the remake of the 1972 classic romantic comedy, *The Heartbreak Kid*. The movie opens in theatres Friday, Oct. 5.

I had the chance to interview the kings of romantic comedies. We discussed their new movie, as well as who in Hollywood they wanted to work with, and if horror films were anywhere on the horizon.

It's quite interesting that the guys wanted to remake a movie from the '70s, but as Bobby explained, "It was one of those movies that really affected us ... we considered it a classic."

The main concept in the movie was altered a bit, to give it a new

direction with today's society.

"The main change we made ... is in the original, he [main character] goes on a honeymoon and leaves a girl who is really not very attractive for a drop dead gorgeous bombshell.

We thought, what if in today's story, he's with a gorgeous woman and he ends up meeting a girl who is much better fit for him emotionally with more ground and cool."

Peter Farrelly

With over 10 movies to their names, asking them which one their films was their favourite, or most difficult to work on, showed off Peter's fatherly love for their films.

"Movies are sort of like kids. You love them all. Every one we finished, we felt it was our best. I'm fonder of the ones that didn't do well. I'm still scratching my head that *Kingpin* wasn't as big as any of the others."

I never took film classes. But I took Creative Writing and highly recommend it for anybody who wants to write".

As far as working on the movies, "Shooting *Something about Mary* was a ball," he said. Bobby added that shooting *Fever Pitch* was the most difficult, "because we were shooting on the fly. It was a combination of a movie and reality TV. It made us change the whole script, because the Red Sox won. In the original script, it was about a guy who loved the Red Sox, but they didn't win."

Horror movie?

While we were on the topic of filming, the guys delved into the possibility of making a horror movie. While they might not be interested in directing a slasher, they have thought about it. They admitted that they were not "blood and guts guys," but twist and turns were more their style. They loved the whole concept of the *Sixth Sense*.

As for which movies they wished they had come up with themselves, Bobby said *Sixth Sense*, while Peter chose this summer's breakout hit movie, *Superbad*.

Making hit movies has allowed

the brothers a chance to pick and work with a vast array of funny and talented actors such as Jim Carrey, Ben Stiller and Matt Damon. Yet the one name missing from that list is none other than Borat himself. They expressed their desire to work with Sacha Baron Cohen, as well as Vince Vaughn and Tom Hanks.

The Farrellys have inspired many "wannabe" writers and directors. So what advice did Peter have to offer? "I learned a lot at Columbus [University] just being around writers. I never took film classes. But I took creative writing and highly recommend it for anybody who wants to write".

So there you have it, solid advice from two of the smartest and funniest directors/writers out there. So whether you're writing original breakthrough comedy scripts, or writing a best-seller novel, just think of the Farrelly brothers for inspiration. They're genuinely nice guys who just want to make us laugh. So far, they're on the right track.

Now go check out *The Heartbreak Kid*.

In concert Chevelle rocks, and then some



GEOFF TATE
Arts and Culture Editor

How does one rate a rock show? Rockability? Loudness? All around kick assed-ness?

All are valid keys to a great live show, and all have their own unique merit. The concerts that truly stand

out, however, are those that combine all of the above in a melting pot of excellence.

When a band can sound as good or better than they do on their albums, that concert is unquestionably a success. When someone somehow manages to break the lead singer's toe, and the lead singer continues to play for you, that concert qualifies as an unquestionable success. When Chevelle goes up on stage and rocks your socks off, that is, without a doubt, another unquestionable success story.

And I can honestly say it was one of the best shows I have seen

all year. Chevelle played the hell out of the Edmonton Event Centre, giving everyone that was there a reason to get a little crazy. They played all the songs you would expect them to play, and then some, combining a lot of tunes from their newest album, *Vena Sera*, with some spicy licks from yesteryear. I could not help but notice how much harder they sound in person than they do on their album releases, and that is saying something, considering their music isn't all that soft in the first place.

It truly was a rock show, and everyone that was there was there for

the same reason; to have their socks rocked off. And Chevelle did not disappoint.

Their energy helped create probably the craziest mosh pit I have ever been a part of. You could tell there were some NAITers running around in there. I highly recommend that you pick up some tickets the next time they come to town, as I guarantee you will not be disappointed.

Opening for Chevelle were Tyler Read, a band out of Louisiana, and Fair to Midland, an up and coming group you may have already heard of on the radio. First thing to note about

Tyler Read is probably their hair, and thusly their head-banging capabilities. It was probably the most beautiful synchronization of hair flow I have seen in a very long time. I recommend checking them out if you are a fan of a band like Wolfmother.

Fair to Midland you are going to have to check out for yourself. They are easily the strangest band I have ever seen live, but that is in no way a diss. You like crazy music, you'll like Fair to Midland, and I guarantee you will never forget seeing them.

Now go out and buy their CDs, it will totally be worth your time.

New music for lunch

AMIT SHARMA

NR92's New Music Nooner is back!

Every day at noon, make sure you tune in for the New Music Nooner, a feature showcasing new up and coming music in the Edmonton area. It ranges from new local bands and artists to new genres or even new CDs by an older band.

This week's New Music Nooner is the band Capture the Hills, a new local hardcore band. All the members of the band have been pretty prominent in the local Edmonton music scene.

They've played in the bands Miles Apart, Forever After and Paris on a Good Day. The band is five really young guys who just wanna tear it up on the Edmonton music scene. They really care about the underground

Edmonton music scene and aren't too keen on getting too big or famous yet. Capture the Hills is playing their first show on Oct 8 at Avenue Skate Park on 118 Avenue. You can check out their MySpace at myspace.com/capturethehills. The New Music Nooner plays at 12 everyday and runs through Monday.

Last week, we gave away our first Spasation gift card, the first of many we are giving away this year. The lucky winner was Amber! Congratulations on your win Amber ... remember the only way to win is to listen.

This week's featured show is *It's Time for Waffles*, hosted by Joel Detka and Jaye Horbay. Joel and Jaye play quite a bit of punk music and a mix of other random stuff you may not expect them to play. They've got a couple segments on their show, including the Chick Set and Rate the Song. If you're looking for a good time, make sure you check out the show that is pure goofiness and fun; it's definitely awesome for some laughs over and over again. The show runs from 5:30 to 7:00 every Thursday on www.nr92.com!

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AT THE MOVIES

This Kingdom's for everyone



REID SCHMIDT

The Kingdom (14A) is an intense drama that attempts to portray a different and more realistic view of our times in respect to the unstable relations overseas.

If you want to laugh your ass off, go see *Superbad*, for pure action see *Shoot 'Em Up*. Chick flick? Take your pick. But if you want something different, a movie that'll make you think and perhaps change your perspective while delivering some good

action, this may be the one.

I must admit that there are some dry moments as the small FBI terrorist investigation team tries to get around the red tape. Still, this fits into the realism aspect of this film. Life isn't perfectly choreographed with routine sequences of action followed by equally spaced dialogue and

story building.

The sets and extras are definitely good quality and give the authentic feel. But as you're sitting there, you may find that at times you're getting dizzy, since the camera's lack of steadiness and consistency is evi-

dent in certain parts. Once again, this helps lend itself to a realistic view that's almost as if from the eyes of a camera guy on the scene.

Now the only unrealistic aspect, and maybe thankfully so, is the down play of any gruesome brutality. *East-*

ern Promises is the type of drama for that. Generally, though, *The Kingdom* is a worthwhile watch for most ages, but maybe not for most intellects and moods.



g AmES

Halo 3 offers lots of good entertainment

SHANT CHAKMAKIAN

As most of you know, Halo 3 is out and many people have gone missing since this addictive sequel hit store shelves. *Nugget Arts and Culture* editor Geoff Tate and I had the privilege of testing this out.

Halo 3 is as promising as it sounds, made for the Xbox 360, with higher definition gameplay and cinematics. But it doesn't end there, with newer weapons, better AI and new vehicles.

Furthermore, other smaller yet more convenient features have given some gamers what they've been waiting for. Being able to save video clips of your games, or being able to modify the gaming environment in real time really goes the extra step.

Here at NAIT last Tuesday, students in the School of Applied Media and Information Technology threw a party to celebrate the release as they tried the game for themselves.

For some, Halo 1 was the reason people bought the original Xbox in the first place, spearheading Microsoft's entrance into the console gaming market. History is clearly repeating itself here as the Xbox 360 is still relatively new and shockingly amazing to watch and play.

Whether you game 19 hours a day or play occasionally, it's clear that Halo 3 will offer you months and years of entertainment and fun, especially for today's HD gamers.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to email me any comments or suggestions at shant_c@hotmail.com I value and look forward to your input.



What Can We Learn From *Survivor?*



The TV series *Survivor* is not so much a TV game as it is a laboratory experiment to confirm many forms of psychological and social behaviour when "normal" people are subjected to physical and mental stress.

The Edmonton Chinese Lions Club (ECLC) is honoured to invite Yau-Man Chan, the popular *Survivor Fiji* contestant, to Edmonton to give a talk on "What can we learn from *Survivor*?" in support of the Youth Emergency Shelter Society (YESS).

The talk is a layman's view, with insider knowledge of how the nastiness of contestants is a mirror on our society.

Date: Oct. 20, 2007

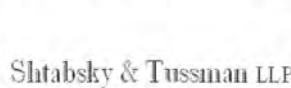
Time: 2pm-5pm (Show 1)
7pm-10pm (Show 2)

Place: South Learning Center
NAIT Main Campus,
11762-106 St

Price: Early bird (before Oct 6): \$40
After Oct 6: \$50

To purchase tickets online, please go to:

www.edmontonchineselionsclub.org
www.yess.org



NOTE: For NAIT students, the ticket cost is \$20, a 60% discount off the regular price! Enter code "nait1234" when purchasing tickets online at www.edmontonchineselionsclub.org

AT THE MOVIES

Glory be to gore!



MARTIE VANTOL

Have you ever experienced the sudden urge to watch some flesh-eating vampires devour human prey and participate in a gory bloodbath as they attempt to save their own existence? If your answer is affirmative, then the contemporary independent film *Netherbeast Incorporated*, filmed in the U-S of A, should be high on your list of must-sees.

Produced by first time full-length-movie makers Dean and Bryan Ronolds, this film introduces a rather infamous group of people, fondly referred to as "Netherfolk".

Never heard of them? They are similar to vampires, although they differ in several ways, such as the facts that they do not sleep in coffins, they don't have fangs, and when they look in the mirror, they can, in fact, see the person looking back at them. Oh, and they require a rock called Netherstone for survival. However, the general idea, you know, the whole eating of human flesh and blood part, is still the same.

All living and working in the same building, a community of Netherfolk have a system that runs, as the boss likes to put it, like "a well-oiled machine." Working for Bermtech, and then going upstairs to their bedrooms without leaving the building at night, with a full supply of Netherstone hidden safely in the building, they've got their exclusive way of living down to a science. However, when the normally very able-minded manager of the company begins to experience some anomalies (simi-

lar to Alzheimers in regular human beings), he begins to hire outside employees to replace the ones that he himself disgustingly murders.

Pearl (Amy Davidson, *8 Simple Rules*) can't help but notice some peculiar tendencies of her new co-workers. Otto (Steve Burns, *Blue's Clues*) who has been assigned to train Pearl, finds himself becoming closer to Pearl than is deemed Netherfolk-ily appropriate, and soon enough, the cat is out of the bag. (Or the blood is out of the vein, however you like to see it). For some reason, few ques-

tions are asked, and Pearl continues to show up for work each day.

But not all outside employees are as trustworthy as Pearl. The slightly-too-quiet productivity co-ordinator is not what he seems to be. With secret passage-

ways, as well as the mysterious disappearances of both the Netherstone and certain employees, the Netherfolk soon find themselves struggling to maintain not only their secrecy, but also their very existence. With blood pumping gore and stake-pounding intensity, you get to observe the bloody power struggle, from an almost in-the-room perspective.

With humorous lines and some quick-witted plays on words, *Netherbeast Incorporated* offers a few good laughs. However, if you've got sensitive ears or are quick to be offended ... or to be made nauseous ... then perhaps you would be more suited to another film.

Co-producer and Writer Dean Ronalds says that he was inspired by directors who wrote "... com-

edies that touch people in funny places." Starting out as only a six-minute short, this full-length movie

is fantastic for anyone who loves some good stake-through-the-heart, slightly twisted, puddles of blood

entertainment.



... this full-length movie is fantastic for anyone who loves some good stake-through-the-heart, slightly twisted, puddles of blood entertainment.

Grow your future

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Shell is an equal opportunity employer and invites women, visible minorities, persons with disabilities and Aboriginal persons to apply.



Photo by Amy Bizovie

GUITAR HEROES

These folks from the Personal Fitness Training Program got together at the Nest last Thursday where they held a guitar hero competition to raise money for their program.



SPORTS

Ready for a challenge?



NAHREMAN ISSA
Sports Editor

It's that time of the year again. It's time to brush off your pompoms, take out your face paint, and get your game face on. It's time for the 109th Street Fan Challenge. For those of you who are not familiar with this sports challenge, it's quite simple. For the last two years, the NAIT men and women soccer, hockey, volleyball and basketball teams play the Grant MacEwan Griffins.

There is a huge [friendly] rivalry between the colleges. This challenge was created in 2005 by Grant Mac's athletic director, Mark Mahl and by NAIT athletic co-ordinator Gregg Meropolis. Gregg is very committed to this challenge in every way.

"The 109th Street Challenge is something we try to stimulate student interest with friendly competition. There are no losers in this. We're just trying to get students to the games. This will create more awareness. Both of our schools are winners."

This is a way for the fans to make

their voices heard. The challenge is to see which school has the better fans.

The first game goes today, Oct. 4, with the men's soccer team playing at 4 p.m. On Wednesday, Oct. 10, the women play at 4 p.m. (Please note that the women's game time is different than what is stated on the original schedule) Both games will be played on our home turf.

Every Ooks fan that comes out will receive a ballot to fill out when they enter the gate. The ballot asks which team you're cheering for (NAIT of course!).

Each fan who attends the game earns their respective school two points. Whoever wins the fan challenge gets 10 points towards their overall total. If the Ooks win the game, they get an additional 20 points. Grant MacEwan also hosts this challenge, but those games will be played a little later down the road.

Here's a chance for we Ooks fans to be loud and proud and to show which school has the best fans. We all know the answer to that question, but we have to reinforce it to the Griffins. Last year, our NAIT students beat the MacEwan students by a large margin. Final score was NAIT 5,068, MacEwan 4,468.

By attending these games, we are not only supporting our teams, but we'll be supporting a great cause.



Supplied photo

The 109th Street Fan Challenge is a chance for NAIT supporters to get out and cheer for their teams, with charity being the big winner.

The 109th Street Fan Challenge donates a portion of the proceeds to the MS Society.

We need all the fan support we can get. Our sports teams need fan

support. Be a true Ooks fan. The Battle of Alberta is for the Oilers, the 109th Street Challenge is for the

Ooks. And we plan on taking both this year.

GO OOKS GO!!

Open letter to Gary

NYKI SCHEUERMAN

Dear Gary Bettman:

Where can we start? Well, first of all, congratulations on being in charge of the only league that recently hasn't has some sort of criminal or cheating-related allegations charged against it. (Although on the other hand, perhaps it would be a good thing. The NHL would actually make it on ESPN). Well, actually, maybe the fact that Madison Square Garden is suing you boys at the NHL will garner a little interest from the chaps at ESPN. MSG is all worked up because you're going to charge them \$100,000 US a day if they don't hand you control of the Rangers websites and promotions.

I guess that's a legit demand. It's not like the NHL is looking for a way to make up some money lost in the U.S. markets or anything. That reminds me, good work on keeping the Predators in a dying U.S. market

and locking out an enthusiastic and willing owner in Jim Balsillie. You're crafter then most would think.

So I heard that you're looking to expand NHL interest to Europe? Now, I'm not sure who does the planning for this sort of thing, but I have a minor suggestion for them.

Maybe, just maybe, before trying to rally support overseas, you should try to rally support down south. For some 'crazy' reason, I think you might want to stabilize a few franchises on this side of the Atlantic before trying to start something in Europe.

I know this may be hard for you to take, but some Americans don't like hockey. I know. Take a second to process that. Yes, that does mean that expanding to Kansas City and Las Vegas may not be a good idea. Actually, I'm pretty sure that there was a team in Kansas at some point. They're not there anymore. There's a reason why they aren't

there anymore. One of those reasons would be KANSAS CITY IS NOT A HOCKEY MARKET. Yes, that was the past, but I can give you two modern reasons to avoid expansion to Kansas City. Those reasons being the Kansas City Chiefs and the Kansas City Royals.

As for Vegas, I'm pretty sure the fact that the NBA, MLB and NFL have all overlooked Vegas as a sports market is more than enough reason for the NHL to avoid an attempt to expand in Sin City.

It's a dead end – not a chance to play the "little [Canadian] league that could" card. (Ask the CFL how expansion to Vegas went). Anyway, I should wrap this up, but I do look forward to watching you try to avoid Ron McLean's questions throughout the season.

Hope you have sweet dreams of NHL expansion in the States – because that's all they'll ever be!

Sincerely, (or is it 'cynically?'),
Nyki

Athletes of the week

Lisa martin
Soccer



NAIT's female athlete of the week is Lisa Martin, from the women's soccer team.

Lisa scored her fifth goal of the year to lead the Ooks to a 6-0 win over Keyano College and she is currently on a goal-per-game average. The speedy forward has proven to be a handful for defenders with outstanding pace and ability to put away her scoring opportunities. Lisa hails from Edmonton and is in her second year of Office Records. Congratulations Lisa, on your selection as NAIT's Female Athlete of the Week.

Scott McLeod
Soccer



NAIT's Male Athlete of the Week is Scott McLeod, fullback for the men's soccer team.

Scott is the shutdown defender for the Ooks and this past Sunday, in the battle of undefeated teams in the ACAC North Division, he dominated the game from the back end and held a talented Concordia Thunder team off the score sheet. Together with defender Jeff Hall, they are able to get their head on any long ball in the area and limit Thunder chances around the net. Born and raised in Edmonton, Scott is in his first year of Digital Media. Well done, Scott.

THE WEEK IN NAIT ATHLETICS

Three more on Wall of Fame

On Friday Sept. 28, the undefeated 1984-85 Oaks hockey team; Ron Amyotte, the top scorer in Oaks hockey history and Oaks hockey announcer and media relations man Brian Stein were inducted into the Athletics Wall of Fame.

SOCCER

MEN: In men's soccer action last weekend, the Oaks got on the board early enroute to a 3-1 win over Keyano College. NAIT's Mitch O'Neill scored two goals while Chris Hatala chipped in with another. On Sunday, the Oaks squared off against Concordia with first place on the line. A first-half goal by Lambert Suglo and Chris Lemire's penalty shot in the second half was enough for the Oaks as they shut out the Thunder 2-0. Fullback Scott McLeod was selected NAIT player of the game for his outstanding work shutting down any Concordia scoring threats.

WOMEN: The NAIT women's soccer team made short work of the Keyano Huskies, scoring early and often on their way to a 6-0 win in front of a big home-opener crowd at NAIT. Meagan Neufeld scored two goals while Jessica Sousa, Lisa Martin, Michelle D'Angelo and Courtney Rivet added singles. Sunday was a different story, as the Oaks were down a goal to Concordia in the first half and while they dominated possession, could not bury their chances and fell 1-0 to the Thunder.

GOLF

The NAIT golf team was in Red Deer for the ACAC Championships. The ladies team of Laura Jensen (167) and Rickey-Lee Decorby (196) finished in third place overall. In men's play, the low NAIT two-round total was a 155 turned in by David Rosychuk, while Coogan Mitchell and Casey Clifton finished one stroke back at 156. The Oaks finished in fourth place in team competition.

CROSS COUNTRY

NAIT hosted a Cross Country Running Grand Prix at Goldstick Park on Saturday and Keith Jackson and Jason Kincaid fin-

ished 10th and 11th respectively and Jenna Hall and Alyssa Ramsay were 14th and 17th respectively. NAIT women were third in the team category.

HOCKEY

WOMEN: The Oaks women's hockey team hosted a very successful six team Blue Gold Tournament won by the University of Alberta. The Oaks battled tough in a 5-0 loss to the Pandas, then beat Saskies Kodiaks 3-2 in a shootout before dropping a 3-0 game to the Griffins from MacEwan.

MEN: The men's hockey team travelled to Vancouver last weekend for a pair of non conference games against the Thunderbirds from UBC. On Friday night, the road-weary Oaks gave up six first-period goals, then settled down but could not recover in a 6-3 loss. On Saturday, NAIT gave up an empty-net goal to lose 5-3.

VOLLEYBALL

In non-conference volleyball action, the ladies were at Red Deer College and finished with three wins and two losses, while the men played in a tournament in MacEwan and finished with a win and three losses.

BASKETBALL

Both basketball teams were in action this past weekend. On Thursday, the lady Oaks downed the host Queens from Red Deer College, 63-41. The women then beat the Briercrest College Clippers 78-51 before losing an 84-70 decision to last year's ACAC Champions from Lethbridge College. In men's action, the Oaks dropped all three of their games in Mount Royal College, losing 75-65 to UBC-Okanagan, 78-74 to SAIT and finally 83-77 to Mount Royal.

On Deck this week ...

- The first game of the NAIT/MacEwan Fan Challenge takes place today at the NAIT soccer field when the men's soccer team hosts their cross-town rivals, the Griffins from MacEwan College. Kickoff is 4 p.m.
- In other action, the women's basketball



Photo by Janna Van Dorp

NAIT's Hayley Schreiber, left, battles a couple of Keyano Huskies during their game last weekend, which NAIT won by a convincing 6-0 score.

team will travel to British Columbia for a non-conference game against Thompson Rivers University tonight, then compete in a tournament at Capilano College.

- Both volleyball teams will be in action over the weekend, with the ladies playing in

a tournament at MacEwan College, while the men travel down the QE II to play in the Red Deer College tournament.

- The Oaks cross county running team will also be in Red Deer for a Grand Prix race on Saturday, Oct 6.



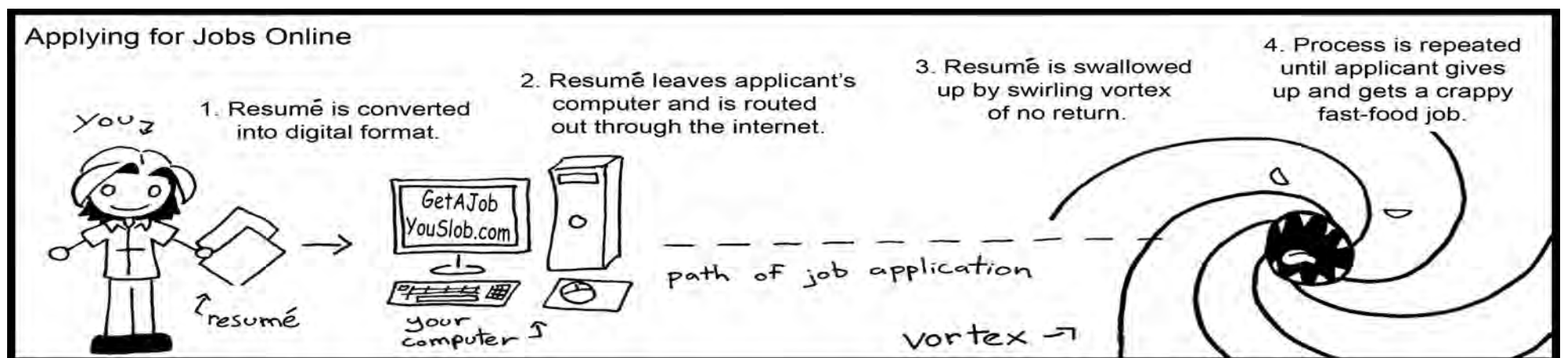
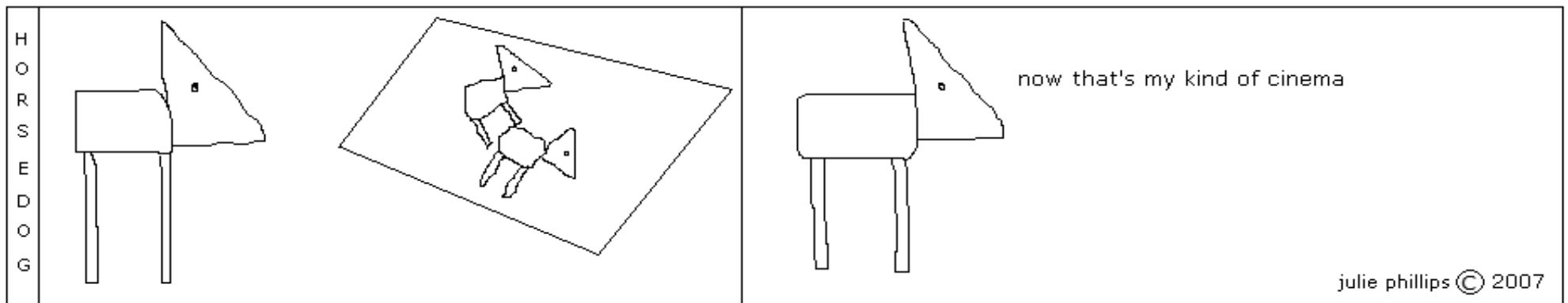
Photo by Brendan Abbott

FREE OILER TICKETS!

NAITSA has two free tickets to the San Jose Sharks game at Rexall Place, game time 7 p.m. tonight. The lucky winner will be the first person to show up at the NAITSA office and ask for them on Thursday morning (today).

NAIT women's Athlete of the Week, Lisa Martin, pulls away from a pursuing Keyano Husky last weekend during a game that the women won 6-0, helped by Lisa's fifth goal of the season.

NUGGET COMICS



Any cartoonists out there? We at the Nugget are always looking for new talent to draw upon. From a one-panel political cartoon for the editorial page to those like you see above, all entries are welcome.

\$10
Available @
NAITSA Office
E131

Shinerama
V.I.P. CARD

HERE'S WHAT YOU GET!

Hudsons (all 3 locations): 20% off domestic jugs

The Ranch Roadhouse: No line / cover until 11 pm. One free complimentary beverage until 11 pm (not valid during special events)

Union Hall: No line / cover until 11 pm. One complimentary beverage until 11 pm (not valid during special events)

Filthy McNasty's: VIP Line, No cover or coat check fee everyday (excluding special events)

The Stone House Pub: No cover. No line before 11 pm

Stolli's: No line / cover before 11 pm. \$10 gift certificate for first visit (not valid during special events)

Iron Horse: No line / cover before 10 pm. One complimentary beverage per visit (barring restrictions)

The Thirsty Turtle: No line / cover before 11 pm

Cowboys: No line / cover until 10 pm Thursday nights. No line / cover till 11 pm on Tuesday, Friday, Saturday and Long Weekend Sundays. Get your first drink for only \$1!

The Oil City Roadhouse: no line / no cover before 10 pm. Valid Tues., Thurs. - Sat. & long weekend Sun.

The Fox: Happy Hour every day until 9 pm! Present card for 2 FREE beverages before 10 pm every Friday and Saturday!

Century Avenue Café: Your second meal is half price (limit 1 card per table, not valid with specials)

Locker Room Pub: Happy Hour prices anytime!

The Nest: Tuesday's and Thursday's free beverage with the purchase of a meal after 1:00 pm

Proceeds from VIP Card sales go to NAIT's Shinerama campaign for Cystic Fibrosis - www.shinenait.ca

2007
NAIT FAMILY CAMPAIGN

Supporting NAIT & United Way

Every gift counts!!

Watch for your 2007 pledge forms!

Inquiries...contact:
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Department of Advancement
378-1280
lpratt@nait.ca
www.nait.ca/naitfamilycampaign

Earlybird pledge draws - October 12th and 26th

Together we can do so much more...

NAIT
FAMILY CAMPAIGN
Give to NAIT to support learning and opportunity.

United Way
Give to United Way and make a difference in our community.

Participate and help shape the future.



Got a question for us?

Margaret Marean

Ask A Counsellor:

I spend a lot of hours studying but I don't seem to be able to remember anything I study?

Many students use ineffective study techniques. If most of your study time is spent reading and re-reading material, you are not making good use of your time. We forget 90% of what we read within two weeks, and most of that is lost within the first 24 hours. The trick to learning and retaining information is to keep your mind active while you study. Instead of reading a whole chapter, read small chunks (a paragraph or a section) and then do something with the material. Make some notes, make flashcards, make

the material meaningful by thinking about how it fits with other material you are learning or with what you already know, and/or quiz yourself after each chunk.

Another valuable technique is to do your homework without using your notes as a support. Ideally, you should go through your notes first, working through any problems or examples, and then treat your homework as if it were a test by doing it without looking back at your notes and possibly setting a time limit. By doing this, you become aware of what you know and what you need to spend more time on. Too often students do well on homework assignments but bomb on the test because they are used to using their

notes as a support. Another bonus of "homework tests" is that you give yourself practice writing mock tests, which helps lessen test anxiety.

Last but not least, remember that all new material should be reviewed within 24 hours of your class (the sooner the better) and again at the end of the week at the very minimum.

The booklet *Strategies for Success: Techniques to Maximize Learning Potential* is full of learning strategies and is available free of charge at the Student Counselling office. (See ad on page 7.)

Some students do have learning or memory problems. If you've tried studying actively and still don't retain the infor-

mation, make an appointment with a counsellor. We're here to help you with personal, academic or career choice concerns. To book an appoint-

ment, call 378-6135 or in person at W111-PB. Submit your personal, academic or career-related question to counselling@nait.ca or to W111-PB.

Grape vines

In Grapevines, you can speak anonymously to other students.
Contributions: nuggetgrapevines@hotmail.com

Ookfest lament

I was looking forward to ookfest all summer and they replaced it with an all-ages show at telus field? What the hell? Minus a point for naitsa.

Ummm, the entertainment editor is HOT!
— N-man

Thank you Annex! I totally came here under the assumption that it was going to be nothing but sausages, but boy was I wrong! You ladies over there in the Annex are GORGEOUS! That place is like the Czech Republic of NAIT; all the hottest girls ever all compacted into the smelliest place around. Totally give yourselves a pat on the back, or perhaps

give your momma one. You could also just make out instead too ...

— Loaf

Dear Mr. Hot Single of the Week: You can touch my hairy ass if you want.

— Possibly-a-dude

To the first year dental hygiene girl who hails from a place called Norway or something: You have crazy eyes, we should totally hook up. Again. And if not you, maybe one of your friends. Just anyone besides those interior design girls, they are kinda gay. And OH SO easy.

— The Cap'n

CLUBS CORNER

Survey entries have finally been completed! Those who participated will be contacted regarding their interests.

Congratulations to Nicole Seib, who won a pair of tickets to an Oilers game for filling out the survey.

Upcoming Events

mECSA

Event: Beer Garden
When: Friday, Oct. 5; 4 p.m. – 7 p.m.
Where: Tower Lounge, 8th floor

Bible Study group

Event: Meetings
When: Every Friday 12:15 p.m. to 1:10 p.m.
Where: X209

mRT 61

Event: Bake Sale
When: Oct. 3, 4 Noon to 2 p.m.
Where: NAITSA office, NAITRIUM, Tower

NAIT Hip Hop Club

Event: Free hip hop introductory classes
When: Wednesdays 7 p.m. – 8 p.m.
Where: Room S-112
For more details,
e-mail: evergreenbeauty@hotmail.com
IET

Event: BBQ
When: Friday, Oct. 11; Noon – 4 p.m.
Where: Outdoor corridor between HP Centre and NCAT building

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Please mail, fax or email your resume to:
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Fax: 780-485-5085, Email: HR@TrendResearch.ca, Phone: 780-485-6558

TREND HIRES ON AN ONGOING BASIS

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"Education for the Real World" Open House 2007 Be an Ambassador for NAIT

Help us promote NAIT and your program by becoming a member of the **Roving Student Volunteer Team** at our annual Open House. It's your chance to help us showcase all of our programs to guests from across Alberta and surrounding areas.

You will be asked to guide tours, welcome buses and circulate throughout NAIT in order to help the public find program displays or special presentations during your shift. Also, you may be asked to provide information about your program and your positive experience at NAIT.

Open House takes place on **Friday and Saturday, October 12th and 13th**. Classes are cancelled on the Friday for the event. Open House is one of the largest public relations and public information exercises we stage, and each year it brings in many thousands of potential students along with parents, friends, teachers and counsellors.

Several training sessions will be scheduled during the week of Monday, October 1 to Friday October 5, 2007. Attendance at one of these training sessions is compulsory.

As a student volunteer your name will be entered into a draw for the opportunity to win one IPOD Classic (80GB).

If you are interested, please contact:

Francisca Hoblak, Administrative Assistant
Student Recruitment
South Lobby 0117
Phone: 780.471.8457
Email: francish@nait.ca

OPEN HOUSE PARKING Friday, Oct 12, 2007

To accommodate our visitors on Friday, October 12, parking will be free to staff, students and visitors. It will not be possible to protect staff and student stalls. Therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that meters along 118 Avenue in front of Ernest's are City of Edmonton property and are not included in the above notice. Please be sure to pay at those meters if you decide to occupy them. Inquiries should be directed to 471-7477.

Edmonton City Centre permit holders: There will be no bus scheduled to transport students to and from the ECCA parkade. Please contact parking services at 471-7539 if you require further information.

VOLUNTEER? Open House

NAIT Open House Committee is now recruiting volunteers for its annual event! Invest your time as a campus tour guide, welcoming buses and helping all our visitors find the right room here at NAIT. Open House weekend runs Oct. 12 to 13. Contact Francisca Hoblak at 471-8457 to volunteer.

Study Buddy

Study Buddy is a volunteer tutoring program offered jointly by Edmonton Catholic and Edmonton Public schools. This program matches a tutor with an individual or group of students to assist them in their school work. If you are interested in this short-term volunteer role, please contact Marlee at 419-2677 for all the details.

Red Cross

Canadian Red Cross is now recruiting volunteers to their "Disaster Management Training Program." This unique program offers support to those left after disasters within the city. If you would like more information, please call 423-2680 or go online at www.redcross.ca/cnar

Scarecrow Festival

The Scarecrow Festival is once again recruiting volunteers to assist with its event in support of ABC Head Start. This premier fall family celebration is looking for volunteers on Oct 12 to 14. A variety of shift times are available. For more information, please contact Marg Korby at mkorby@shaw.ca

LOL (Learn Over Lunch) Workshops

Improve Your Reading

Wednesday, October 10th

Get practical tips to evaluate and improve your reading.

What Is Your Learning Style?

Wednesday, October 17th

Maximize the use of your personal learning style by identifying and understanding how you learn and process information, and become informed about learning styles that are different from your own.



Workshops are offered at **11:15 or 12:15** and will be approximately 45 minutes in length. **You must pre-register** by 4:30 on the Monday preceding the workshop.

To register go to the Student Counselling office or send us an e-mail.

Location to be announced.

Have you got a topic you would like to hear about? Submit suggestions to our office or send us an e-mail.

NAIT STUDENT COUNSELLING

W111-PB, HP Centre, 11762 – 106 Street

Telephone: 378-6135

Website: www.nait.ca/counselling

e-mail: counselling@nait.ca

Office Hours: Monday to Friday: 8:00 a.m. to 4:30 p.m.

...facilitating student success

Classifieds

Job Posting

The **NEW Tazza mediterranean Cafe** in downtown Edmonton is looking for enthusiastic, cheerful individuals who will enjoy working with people in our friendly family owned cafe. Restaurant managers, servers, cooks and prep-cooks needed. On site training available with full and part time shifts to be filled. Have fun at your job with great people to work for!

CALL TODAY: 488-1901

Looking for drummer/bass player

With student schedule.

Influences: Pearl Jam, Zep, Big Wreck, rock.

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Heritage Harley Davidson

is looking for a FT management accountant with a diploma. We offer a great work environment, great pay and a lot perks. If you're ready for a fast-paced career, where Harley-Davidsons take the place of cubicle walls, then e-mail your resume to karl@heritageharley.com or drop by to 9743 51 Ave.

Got an hour?

Be an in-school mentor! Read. Write in a journal. Explore computers. Play in the gym. Enjoy arts and crafts. We have over 50 elementary schools to choose from in Edmonton and area. Call Big Brothers Big Sisters at 424-8181 or visit us online at www.bbbsedmonton

Newly renovated home for rent

Two bedrooms; \$900/month, plus utilities

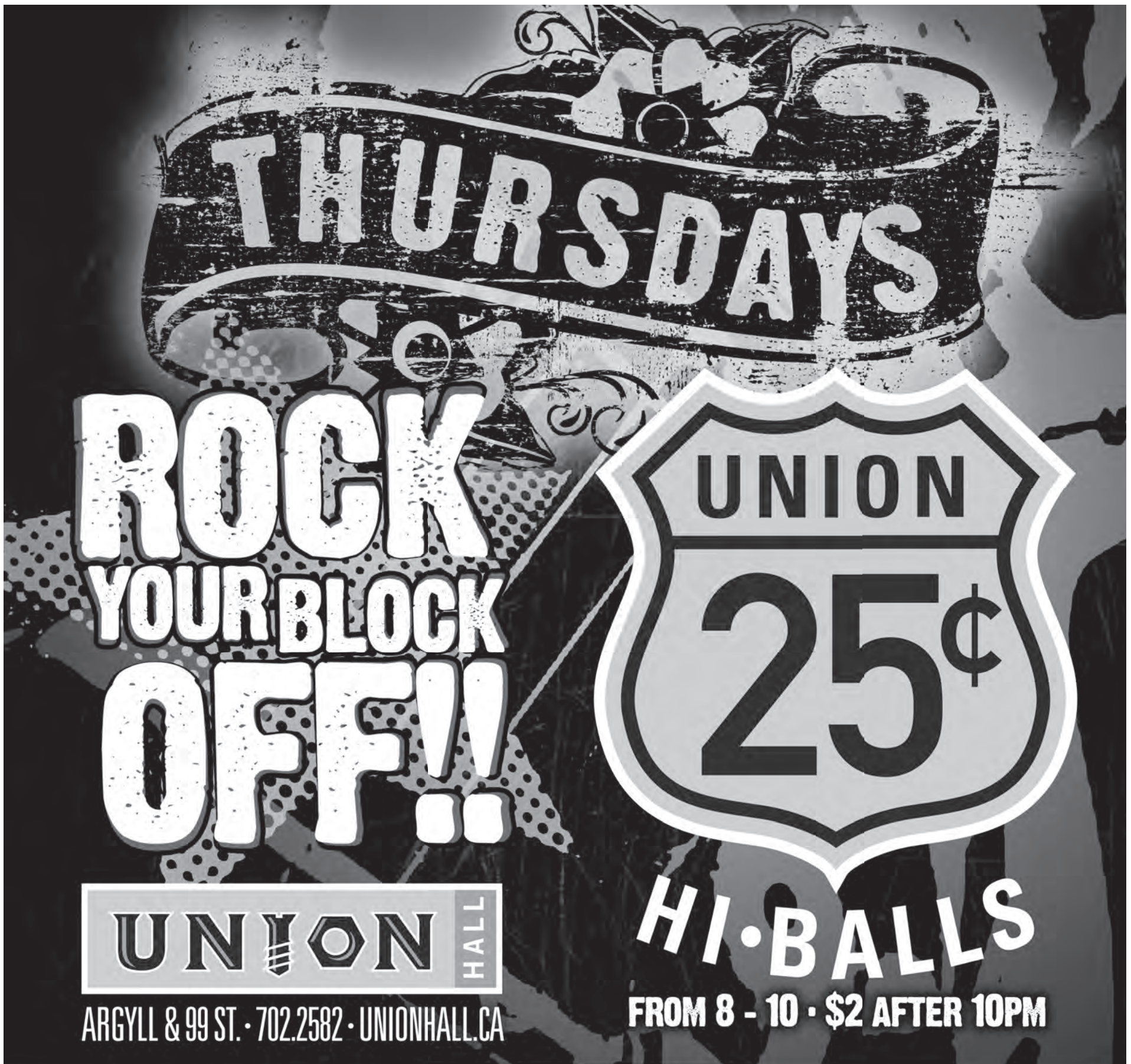
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HOT SINGLE OF THE WEEK

Graden's the guy!



BRENT CONSTANTIN
Beardless and cold

To say that to find hot singles of the week is easier this year than last year is an understatement. People are throwing themselves at me: "How can I, an average NAIT student who defines themselves by companionship, get myself in the paper and find the Computer Systems Technology student of my dreams?"

That's an actual quote! (I'm sure) The answer is simpler than you might think. Nominate yourself or a friend to be HSW by sending me an e-mail with a good time for you that we can meet up for an interview and take a, hopefully sultry, picture.

To what do I ascribe this new interest in HSW? I thank the pictures of me that litter our school. Next time

you use a microwave or garbage can here at NAIT, take a look around. See those little black plaques? I'm the third goober from the top! It's an honour to be named "top dog breeder of the year under 30 pounds," and I'm ecstatic that NAIT has chosen to display my accomplishments in such a visible forum.

Our topless wonder this week is Graden Cornfield, a second-year marketing student who is also an aspiring firefighter. Ladies, if you want Graden to put out your fire, then read on! (please do not depend on Graden to put out your fire. Protect yourself with an early detection CO2 device, a fire extinguisher and prevention methods such as not leaving candles burning overnight).

B: So Graden, tell me about yourself.

G: Well, I like drums, snowboarding and playing lacrosse.

B: I love lacrosse; it's such a great spectator sport.

G: Yeah, I'm actually hoping to make it into the NLL. I'm going to be going down and playing with Colorado this year.

B: No way, good for you! So

how is such a burly bear without love? Tell me, because I refuse to believe the picture I'm being shown. (Brent is being shown a picture of five ducks building a life-sized replica of the cast from TV's *Dharma and Greg* out of Duplo)

G: I lived in B.C. for a while and I didn't really want to get involved with anyone while I was there.

B: So you weren't dating anyone or seeing anybody?

G: Well ... define dating.

B: Ahhh.

G: But before I left, I cut everything off.

B: And then you found a surgeon to reattach everything, hopefully?

G: Now I'm just looking for a girl that's fun, has a good personality, Oilers season tickets and a great outlook on life.

B: And is super hawt?

G: Absolutely. Hey, can I give a shout out to my friend?

B: As long as the last time I have to type "shout out" ever again.

G: Hi, Ernesto.

B: Felt good to have that out of your system? Any final thoughts?

G: I believe that Jennifer Lopez



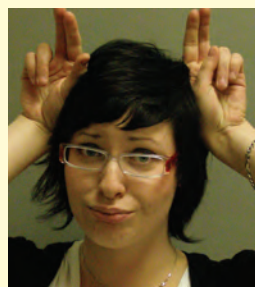
summed up my feelings best, "Don't be fooled by the rocks that I got."

B: I guess that means they're prosthetic?

Girls, help Graden find a shirt and love by e-mailing me here at bconstantin@nait.ca. And remember, you're all winners.

Out and about

Would you ever go to an Oaks athletics game?



AMY BIZOVIE



No, I hate sports.

Steph Lindsay
Photo Tech



Obviously, but even if I wasn't involved in sports, I would still go.

Luc Lefebvre
PFT grad/strength coach



Yes. Oaks rock! Grant Mac, you're goin' down.

Sarah Lalime
Upgrading to be a Med Lab Tech



Yes. Always played sports, so I go to compare myself to them.

Brent Mosses
Personal fitness training



Yes. There are people in our class who play. Makes you appreciate the school more.

Nikki Zubot
Personal fitness training