

BACK AT IT!

THE NUGGET

Friday, September 7, 2007
Volume 45, Issue 2



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

Telus Field fear

City officials force Campus Chaos to move to Shaw Centre



Singer Emily Haines of Metric entertains last September at Ookfest. This year, a multi-campus concert scheduled for Telus Field has frightened city officials.
See story, page 2.

Photo by Lisi Monro

NEWS & FEATURES

— City of Edmonton anxiety-ridden over plans for multi-campus get-together —

Campus Chaos in chaos

GEOFF TATE
Nugget Staff Writer

Officially as of noon Wednesday, September 5, we were informed of a slight (and I use this word completely out of context) change to Campus Chaos plans.

If you haven't already heard, I recommend you get in touch with someone who has, and then proceed to curse as much and as loudly as you can. And if I could give you a specific focus point for your ensuing rage, I would, with no hesitation, do so. The best I can do for you at the moment, however, is try and inform you of what little I know at this point in time.

Infinite anxiety

So here goes! The City of Edmonton has, in its infinite anxiety, decided to ban Panhandle Productions from using Telus Field as the venue for "Stage 13: Campus Chaos." What this means for the majority of you is that you are no longer drinking on a baseball diamond. Not too much to worry about yet, eh?

But wait, it gets better! As far as I have heard, the venue has been changed to the Shaw Conference Centre, which is where the proverbial shit hits the fan. For those of you who have never been to

the Shaw Conference Centre, all you need to know is that it ISN'T a baseball diamond. Five thousand tickets were sold amongst the three campuses hosting Campus Chaos, which would have been a comfortable number all crammed together in Telus Field. The Shaw Conference Centre, despite all of its class, is not built to hold 5,000 people. So that is problem No. 1. Some of us may not be getting in. This is where you drop "F" bomb No. 1.

Problem No. 2 involves ticket prices. As some of you may have noted as you bought 14 tickets at a time, floor tickets cost more than the grandstand ones. I have no idea what this means as of yet, but I do know there is no grandstand in the Shaw Conference Centre. It's nothing but floor, baby. So some of you are either going to be out X number of dollars, or you are going to have to cough up a little bit more of that hard-earned student loan (seriously though, those forms take FOREVER to fill out). I'm sure it will work itself out in the end, but it's just something you may want to keep in mind.

Problem No. 3 is probably my least favourite. For those of you over the legal drinking age in the great province of Alberta (it's 18 you guys), you need not worry

about the next couple of lines. Those of you who are still fresh out of the womb called high school may want to heed my warning. The Shaw Conference Centre is not an all-ages venue. Those of you who are under 18 are not going to get in. I guess you could try a McLovin Id, and maybe they would just let you in for being so cool, but odds are it's not going to pan out that way. Even if you just want to come in and hang out, it's not going to happen. And that would be your cue for another long string of blasphemous expletives, followed by a mechanical pencil throw.

All over this

We here at *The Nugget*, the only paper that really matters to you, are going to be all over this like abs on King Leonidas. And this story deserves it.

The City of Edmonton has decided that we, as "college-aged individuals," are apparently too much of a liability, and as such, it is trying to shut down this Campus Chaos celebration. They are afraid of a repeat equivalent to the one on Whyte Avenue during the Oilers' playoff run in 2006. I don't know about you guys, but I really had no intention of lighting the grandstands on fire, or doing anything that crim-

inal in nature. I just kind of wanted to cosy up to my spiced rum and meet a few folks. But the city has decided that we are all going there with the intention of becoming felons and doing all kinds of devious, childish things that "college-aged individuals" all do.

Obviously city council has problems sleeping at night with the thought of 5,000 "college-aged individuals" drinking and listening to music until 10:30. Well I have a problem with how "should-be-in-a-

home-aged individuals" can be so blatantly arrogant and prejudiced towards us and not even step up to take responsibility for their actions. A heads-up for all you councillors who are so scared of us – in two years I am done my program. And so are way more than 5,000 "college-aged individuals".

We are going to be everywhere, operating and designing everything. And we're still going to be "college-aged."

Sleep tight.



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Photo by Lisi Monro

Crowds watch fireworks at last year's Ookfest.

Grapevines

Grapevines is a chance to speak anonymously to other students.
Contributions: bconstantin@nait.ca



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— Campus Happenings, Frosh Week Review —

No ordinary karaoke here

JULIE PHILLIPS
Nugget Staff Writer

It felt like an ordinary Wednesday at the Nest; room lively with pitchers of beer and karaoke enthusiasts, but something was different. There was competition in the air.

Hidden behind the lone karaoke soldiers sat a table of three very serious, very skilled judges. The Idol judges.

“I’m pretty blunt,” admits Idol judge Franco Camminatore, which explains his crude comments to Idol performers as they sang such hits as *I don’t like your girlfriend* and this week’s crowd favourite (if you gauge success by raised beer mugs and people clapping over their heads from their tables while cheering) the Tenacious D classic *F*** her gently*.

NAIT Idol Round II, part of NAITSA’s Frosh Week activities, provided students with a great way to get familiar with campus locations (the Nest), and interact with students from other pro-

grams while having a good time (with pitchers of beer).

Even a few instructors were there, though most were not aware there was a Frosh Week event taking place.

“We just like feeling like we’re part of the bigger experience, you know?” says the Brad Heart Experience when asked why they participated in Idol Round I last week.

Prizes from NAIT Idol included tickets to NestFest and the rare and widely sought-after “NAITSA pen”.

Too busy with school-related obligations to participate in Frosh Week activities? Cut it out. You’re making us look like slackers.

Come get crazy at NestFest. Today, \$5.

Have some wings, watch a cool band (Ten Second Epic). If you don’t like wings or music, play pool. If you don’t like playing pool or wings or music, talk to your friends.

Party starts at 3 p.m.



Photo by Julie Phillips

Some NAIT Idol fans take in the action at the Nest on Wednesday.

Tips for adjusting to life at NAIT

The counsellors at NAIT Student Counselling would like to take this opportunity to welcome you to NAIT and to wish you success during your time here. Please come and see us if you are experiencing difficulty adjusting to NAIT or dealing with any other personal, academic or career-choice concerns.

Starting your education at NAIT is a major life change. It may be your first educational experience away from familiar faces and academic environment, the first time you have attended school in years, or your first experience living away from home for an extended period of time.

Although it is exciting to be pursuing higher education, some of the most common feelings in the first weeks at NAIT are stress, loneliness and feeling out of place and disoriented. Here are some tips for coping with those first few weeks of life at NAIT:

Personally

You may find that NAIT provides more of a feeling of freedom than your high school environment. The increased personal freedom can feel both exhilarating and frightening. Accept that emotional fluctuations are normal and to be expected, and that they will pass in time.

Take time during these first weeks to take care of yourself. Try and include some fun activities, some relaxing activities and some

time with family or old friends. If you are new to Edmonton, keep in touch with friends and family from your home town.

Talk to yourself positively and give yourself credit for the risks you are taking and the situations you are handling well.

Instead of berating yourself for things you should have said or done, use these situations as learning experiences to put in place the next time something similar arises.

Socially

The first few weeks on campus can be a lonely period. You may be concerned about forming friendships or feel like you don’t fit in. It may seem that everyone else is self-confident and socially successful. The reality is that many students are having the same concerns, and that finding your social niche will take a few weeks.

There are many ways to meet people. Consider getting involved and being where other students are. Here are some common ways that NAIT students meet each other:

- At beginning of semester activities
- Before and after classes
- Doing extracurricular activities such as clubs or classes (watch The Nugget student newsletter and the bulletin board for announcements)
- Volunteering – volunteer at Shinerama or some of NAIT’s other events or fundraisers; check at the NAITSA office for volunteer opportunities, or put your writing skills to work

for The Nugget student newspaper.

Other places to meet fellow students:

- At adjoining lockers
- In bookstore or food stall lineups
- In eating areas
- In common study areas
- In intramural sports programs or at the gym
- At the “Nest”
- At program special events such as pub crawls or dances

Meaningful, new relationships develop over time. Remember to be yourself, and to send friendly, outgoing signals to others. Smiling, making eye contact and nodding when someone is speaking, and sending body language signals such as uncrossing your arms and leaning slightly forward are ways to signal to others that you are interested in them.

Some people have a tendency to get into intimate relationships too quickly when feeling lonely. Take time to stand back and assess

why you are in the relationship and whether it is healthy and supportive for you.

Academically

You may find NAIT classes more difficult than high school classes, and you may find the workload much heavier. In order to survive you must take responsibility for your actions. This means following the course outlines, keeping up with readings and assignments, borrowing lecture notes if a class is missed, and initiating asking for help if you do not understand material.

Study Skills Seminars are presented at the beginning of each semester. Plan to attend study skills sessions and to practise using the suggestions early in the semester. See a counsellor if you need specific work in one or more study skill areas.

Our website, www.nait.ca/counselling has lots of information on good study habits. You can even rate your study skills on-line at www.nait.ca/studyskills

You can pick up your free copy of Strategies for Success, a study skills booklet designed specifically for NAIT students. Available at our office, W111-PB

If you are feeling overwhelmed, you may benefit from working one-to-one with a peer tutor. To sign up, go to the NAIT Student Counselling. There is a fee of approximately \$10 per hour for this service.

There is also a free Tutorial Centre on campus (Room A133).

Any student can arrange to see a counsellor by booking an appointment in person at Room W111-PB, HP Centre or by phoning 378-6135.

There is no fee and all visits are confidential.

<div><p>Room E-128B 11762-106 Street Edmonton, Alberta T5G 2R1</p><p>Production Office 471-8866 Fax: 491-3989 E-mail fmackay@nait.ca</p></div>	<p>Student Editor <i>Now hiring</i></p> <p>Sports Editor <i>Now hiring</i></p> <p>Entertainment Editor <i>Now hiring</i></p> <p>Student Issues Editor <i>Now hiring</i></p> <p>Production Manager <i>Frank MacKay</i></p> <p>For advertising inquiries, please call 471-8866 or e-mail: fmackay@nait.ca</p>	<p>The Nugget encourages submissions. fmackay@nait.ca bconstantin@nait.ca</p> <p>THE DEADLINE IS Noon on the last school day of the week.</p> <p>All submissions must be accompanied by your name and student ID number.</p> <p>The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.</p>
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THESE ARE THE
BEST YEARS
OF YOUR LIFE?

PROVE IT.



Day after the night before

How to proceed after unprotected sex

GREG HUDSON
The Eyeopener
(Ryerson University)

TORONTO (CUP) – With the excitement of a new semester charging through campuses, and the residue of summer freedom burning up quickly, hookups are bound to happen. To make sure that the sex isn't life-changing in a bad way, it's best to be smart and plan ahead.

Use condoms

Free condoms are sometimes available around campuses. Free or not, use them.

But planning is a moot point if you wake up realizing you forgot to use protection. If, for whatever reason, you find yourself in that position, this is your guide to surviving forgetful fornication.

Step one: Vow to never be careless again.

Like you do after a night of binge drinking, or after an all-night essay writing session, pledge to never do it again. But this time, as opposed to the covenants you make with your hangovers, or your overheated laptop, keep it.

"Certainly, the more partners you have, your risk increases," said

Mickey, a sexual health counsellor at the Hassle Free Clinic located near Ryerson University. Because the services they offer at the clinic are anonymous, the counsellors opt to remain so as well.

Step two: Get tested.

Although it can be both emotionally and physically uncomfortable, it's important to get tested for sexually transmitted infections after the event, says Lana Leitch, program assistant for Sexual Health Access in Calgary. "Just focus on the fact that getting tested for STIs is a responsible, empowering thing to do, and you shouldn't feel ashamed."

Most STIs, such as gonorrhea, chlamydia and the human papilloma virus (HPV) can be detected quickly and treated effectively. The testing itself might be uncomfortable, but that fades in comparison to the dangers of living with an untreated STI.

According to a sexual health counsellor at Toronto Public Health who also insisted on anonymity, it isn't necessarily effective to be tested the next day. Whether the concern is pregnancy or infection, there isn't a test that is effective immediately.

Step three:

Know your options

If your major fear is an unwanted pregnancy, you do have an alternative to the stress of waiting. Plan B, also called the morning-after pill, is now available over the counter without a prescription. According to Leitch, if taken within the first 24 hours after unprotected sex, it will



It's never too late to wake up to good advice.

prevent 95% of unwanted pregnancies. The set of two pills, which taken together are a high dose of hormones that prevent ovulation, become less effective the longer they are taken after the act.

"As far as STIs are concerned, if you are having unprotected sex, there

isn't much you can do," the Toronto public health counsellor said.

However, if you have had unsafe sex with a person who is known to have HIV or is high risk, you might qualify for a Post Exposure Prophylaxis (PEP), which can serve as a morning-after pill for HIV. The results are not proven and accessibility is determined by a physician.

"I don't think the hospital will even administer it as a safeguard because there has to be medical guidelines and parameters, certain thresholds need to met before those drugs are administered," said Mickey.

Because the PEP is potentially toxic, and ranges from \$600 to \$1,200, its prescription and administration is governed by a doctor.

Step four: Get tested again.

Syphilis and HIV can't be detected until as many as three months after the possible infection. Unlike other STIs, which can be found with the precarious swabbing of a professional, these two dangers require a blood test.

Step five: Get informed and get treated.

Because some STIs are asymptomatic, many people are infected

ignorantly. For this reason, if you get infected, tell the person who infected you.

HPV is especially tricky since it is transmitted via skin contact. Condoms don't help.

"Some doctors call it the common cold of sex," said Leitch. "It's something that most people will get at some time in their sexual life. Up to 80% will have HPV whether they know it or not."

You're not alone

One hopes sex, safe or not, will not lead to anything drastic. If it does, it's important to remember that you are not alone, no matter what the situation is.

"Any form of unprotected sexual activity does carry a certain level of risk. It is your ability to negotiate and manage that risk that is most important," Mickey said, adding that clinics such as his can provide people with information so they can determine the level of risk that they are comfortable with.

For more information on STIs and sexual health in general, students can check out the hassle free clinic on the web at Hassle-FreeClinic.com

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THE CITY OF
Edmonton PLANNING AND
DEVELOPMENT

Spare some time

NATHAN SMELA
Contributor

So here we are, back in school. Whether this is your first year of post-secondary, or your last, you will no doubt have some spare time on your hands. This is where I can help.

There are plenty of opportunities across NAIT's campuses for students to spend their free time. As a student of NAIT, you have unlimited access to NAIT's sport facilities to work out and get active. You could volunteer some of that spare time to help others and gain valuable experience.

If you're looking to join a club, NAITSA can help you find one or can help you develop your own. Lastly, NAIT offers multiple part-time positions, allowing you to earn some extra cash to pad your student wallet.

Your student fees include the access fees to the sports facilities located in the Activities Centre (the closest building to Kingsway Garden Mall).

This means you can access the swimming pool, racketball and squash courts, weight room, and ping pong tables for free, as long as you don't have to rent out any equipment.

Be sure to visit the Campus Sport and Wellness office (E134)

and the Sports Equipment Centre (basement level directly underneath Campus Sports and Wellness) to see what you can get into.

Do you want to do something meaningful with your spare time?

Try contacting Shannon at the Volunteer Centre (E133, right beside NAITSA).

With huge events like Shine rama, NestFest and Froshweek, NAIT will use all the volunteers that apply. Volunteering doesn't mean you won't get anything in return: for every hour spent volunteering for Froshweek, volunteers will have an entry to win "Tuition on Molson-valued at \$3,500."

The Volunteer Centre also has postings for volunteer opportunities across Edmonton, for those who would like to improve their resume or to give back to the community.

NAITSA (NAIT Students' Association) covers a lot of services for students, including managing the campus clubs. Some club examples are the Chinese Student Association and the NAIT Dance Club. Be sure to check out NAITSA for more info.

If your student fees have left you broke, NAIT has plenty of casual positions available. For example, NAITSA is looking for part-time editors, poster distribu-

tors and microwave cleaners. Jobs start at \$225 a month. (See ads in this paper.)

You could build public speaking skills by leading tours around NAIT for the Department of Recruitment and Student Life. Tour guides welcome visitors to the campus and exhibit NAIT's many unique qualities. Tour guides are paid hourly. Be sure to drop by the Student Recruitment office (O117) and ask for Sarah.

Now you have the tools to make your school experience more memorable.

It is up to you to make your school year something more than a hazy memory between waking up and Warcrack guild raids, or more than a foggy recollection of television reruns and doing class assignments.

If you have the time, spend it on something worthwhile.



Photo by Lisi Monroe

Watch a sport – or play one.

Clubs Corner

Upcoming Events

Construction Engineering Technology Club

Event: BBQ and Beer Garden
When: Friday Sept. 14, 2007
Time: 3 p.m. — 10 p.m.
Where: The Dock in L Building (The Annex)

PGC (Petroleum Geological Chemical) Club

Event: Pig Roast and Beer Garden
When: Friday Sept. 22, 2007
Time: 3:30 p.m. — 10 p.m.
Where: The Dock in L Building (The Annex)



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SHAW PEOPLE POWERED

Oilers still need top forward

BRENDAN MILLETT
Contributor

It's coming.

Yes, the NHL season will soon be upon us, and fortunately for our beloved Oilers, we soon could all be huddled in the Nest until late at night watching playoff hockey once again. After last season, it's the best we can hope for.

Additions: Dick Tarnstrom, Joni Pitkanen, Sheldon Souray, Mathieu Garon, Dustin Penner, Geoff Sanderson.

Subtractions: Jussi Markkanen, Petr Sykora, Jan Hejda, Joffrey Lupul, Jason Smith, Brad Winchester.

Players to Watch: Ales Hemsky, Shawn Horcoff. The addition of Dustin Penner is nothing at all like the addition of Lupul was a year ago. Penner was brought in to fill the position that Lupul could not. The departure of Ryan Smyth left a gaping hole in the Oilers offence, and now that Penner has arrived, that hole no longer exists.

Penner brings size, speed, and Smyth-esque hands to the Oilers offence. He will pin people along the boards, he will crash the net,

and most importantly, he will stand in front of the net and cause all of kinds of problems out front.

Look for Hemsky and Horcoff to have improved years over last, and watch out for the top line this year.

Camp Surprise: Andrew Cogliano. Like Patrick Thoreson was last year, Cogliano will be that this year. Many people say he still isn't ready for the NHL, while I think he is. Cogliano showed at the World Juniors, once again, that he can play at the inter-

national level, even sometimes showing glimpses of NHL calibre. He has the quickness, hands, and scoring ability to be in the NHL. Look for him to crack the Oilers lineup, and be the second line centre by season's end.

Outcome: Fifth to eighth place in the West. While the Oilers did make additions that will help the team, they still need one key forward to be considered a legit contender for the division crown.

Here is to hoping for a trade to bring in a Kovalchuk or Hossa to the lineup.



What you need to know about

changes to landlord and tenant legislation

► Rent can now only increase once a year

As of April 24, 2007, rent can only go up if there hasn't been an increase in the previous 365 days.

► A full year's notice is required for condo conversions or major renovations

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everything from A to

ARTS & CULTURE

— CD review —

Harper's latest fresh, vibrant

AMIT SHARMA
Contributor

Ben Harper's 11th album, *Lifeline*, is a fresh and vibrant acoustic journey. Joined by his band, the Innocent Criminals, the album was cut in seven days after coming off a nine-month tour.

The most incredible thing about this CD is that it was recorded on a 16-track analog tape machine using no computer wizardry.

The record starts with *Fight Outta You*, a song that sounds like a toned down version of a punk song calling teenagers to fight the man.

Harper manages to pull it off with flair, with lyrics like "It will be in your honour 'til you're not needed any longer, don't let them take the fight outta you."

It then continues to more soulful songs such as *Fool for a Lonesome Train*, Hav-

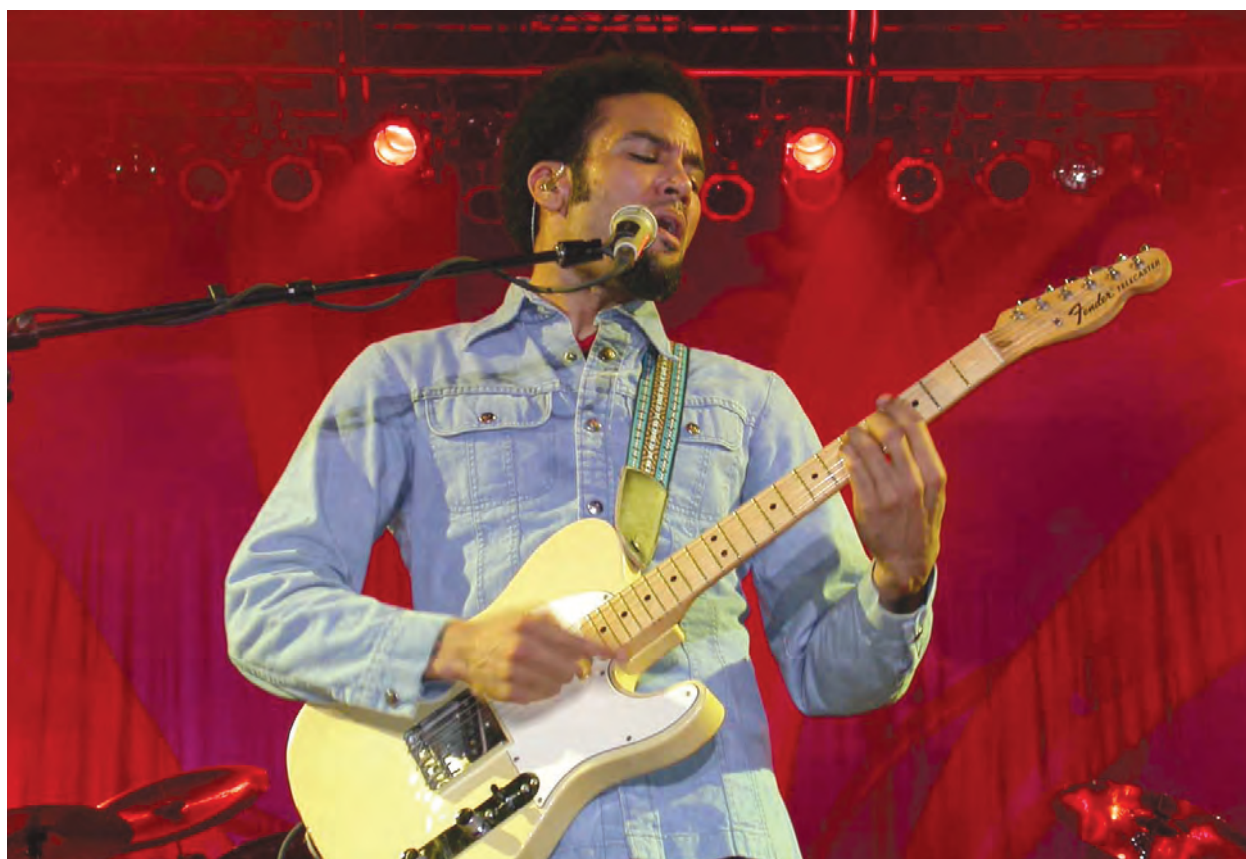
ing *Wings*, and *Younger Than Today*. The CD also includes up-tempo tracks like *Put It On Me* and *Say You Will*, which showcase Harper's mastery on the slide guitar.

Paris Sunset #7 is a track consisting only of Harper playing slide guitar. The track shows off Harper's skills but ends up being unnecessary for the album.

The CD concludes with the title track *Lifeline*, on which Harper sings about not having to wait a lifetime for something to happen.

To some, the album may start sounding repetitive after the sixth or seventh track. In the end the record will be remembered more for the music and not the lyrics.

It is a must-have for Ben Harper fans and fans of soulful acoustic music.



Supplied photo

Ben Harper's *Lifeline* is a must-have for his fans.



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— CD review —

Simple fare

KAILEY FISHER
Contributor

When I was handed this CD, I thought, “Yeah, looks like my kind of music.” It gives the appearance of something dark, judging the artwork and the band’s name, The last Goodnight.

In addition, the flip side of the CD presents a photo of the band members sporting long hair, a Mohawk and black suits.

So, following the stereotype, I thought this group would be somewhat edgy. Well, you definitely can’t judge a book by its cover. (Or a CD by its artwork.)

The band’s overall image is quite misleading.

Once I listened, it manifested a mix of easy listening and pop, with a bit of

jazzy sounding electric piano splashes here and there, including ballads such as *If I Talk to God* and *Return to Me*. Nothing is very edgy about it at all.

The lyrics are definitely reminiscent of a typical boy band: “I can be your sunny day/the one who keeps your troubles away,” from *Good Love*. Sugary, but not very deep.

The music in itself isn’t all that bad, but it just seems so simple and lacks complexity. Not that every band needs to be complex to be worthwhile, but in this case, it couldn’t hurt.

Overall, it’s pretty mediocre and not a CD I would personally recommend.

★★★☆☆



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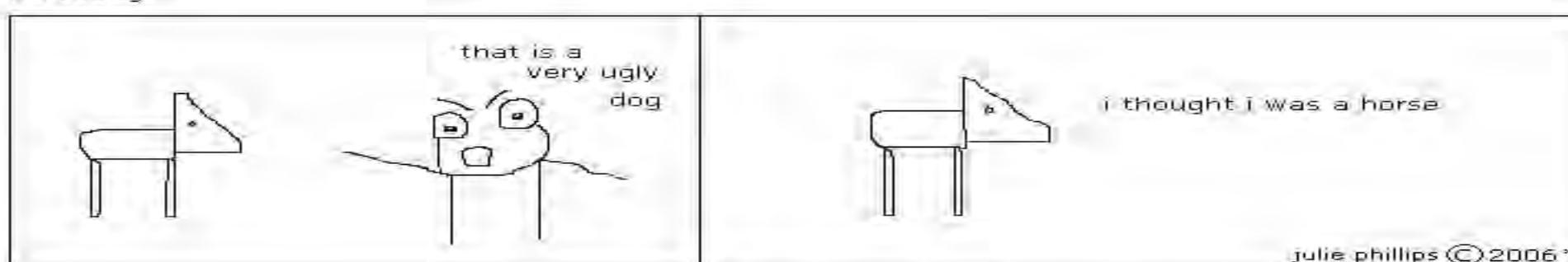
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NUGGET COMICS



horsedog



julie phillips © 2006 *

*yes, nugget-faithfuls, this exact comic was published at this time last year, this repeat is deliberate and is for the benefit of new nugget readers who may not yet be familiar with the character of horsedog, new material next week, promise.

Like to draw?

The Nugget is looking for interested NAIT students to submit comics for the newspaper. We pay and you get to see your work published. Contact Brent Constantin at bconstantin@nait.ca or by telephone at 471-8883.

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THE NUGGET NEEDS YOU!

The Nugget is NAIT's official student newspaper. That means that it's staffed entirely by you, the students. It also means that we need a supply of writers, photographers and artists, or else we're going to be handing out 20 pages of blank paper every Thursday.

The Nugget staff consists of:

Student Editor: runs the show and sets the mandate for the publication, while supervising the additional editors.

Student Affairs Editor: deals with issues around campus that affect the student body.

Arts and Culture Editor: responsible for entertainment and events on and off campus.

Sports Editor: writes about our NAIT athletics department and our Ooks sports teams as well as sports outside of NAIT.

Photography Editor: in charge of all art in the paper to complement stories or to stand alone.

Online Editor: a position that is responsible for maintaining the Nugget webpage and uploading stories each week.

All of our editorial positions include a monthly salary for part-time work.

The Nugget is always looking for contributors.

We take submissions from any students, teachers, coaches or staff, and, if it's published, we pay for it, too.

We're also looking for regular feature writers.

If you're interested in doing a weekly horoscope, advice/dating column, cartoon, opinion article or anything you can think of, please get in touch with us.

The Nugget also has a "Grapevines" section, which boasts to be the most read section of the newspaper, where students can send anonymous messages to one another.

As well as the "Hot Single of the Week," where single guys and gals put themselves in the paper and show off to the campus.

So get involved, and have your voice heard by the student body!

For more information, contact VP Campus Life Brent Constantin at bconstantin@nait.ca

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SHANT CHAKMAKIAN
BOG Member

Welcome!

Hello everyone, welcome back to NAIT as we kick off another legendary year! My name is Shant Chakmakian and I am one of your student representatives on NAIT's board of governors and your trusty Nugget column writer. I look forward to another year of serving all of you.

Coming back from a gloriously beautiful summer, it can be a little challenging to start school again. Whether you haven't been to school for years, are coming back or this is your first time here

at NAIT, Frosh Week is here for you.

Now Frosh Week isn't the bad type of Frosh Week some may have experienced at high school, so I can guarantee you there will be no paddles involved. But it's here so you can get in touch with student life here at NAIT and get a taste of what NAIT has to offer beyond training and academics.

NAIT is one of the best institutions of its kind in our country, and the same goes for the calibre of people and some of the services offered here.

To figure out what events are going on this week, simply drop by the NAITSA office in room E131 for more info, or visit www.naitsa.ca.

A place I personally enjoy spending my free time is the Nest; I definitely encourage you to drop by and enjoy some of the best service this campus has to offer, in an environment brimming with awesome fun people.

Today, the Nest will be putting on NestFest, which essentially is the Nest's premier Frosh

Week event and, as always, will be legendary.

Also, if you all want to stay on top of what events are going on at the Nest, feel free to join "The Nest" group on Facebook. You can just search for it by name or hit the link posted on my blog. This group is new, but will be your key to staying on top of events, drink

specials and, of course, sharing in all the memories and photos of your experience at the Nest.

In conclusion, how great this year will be is entirely up to you. There's lots of great stuff over the horizon and though we all get swamped with work, how will you remember your NAIT experience?

Will you remember it as a hellish time in which you were stressed, lonely and on the brink of self destruction? Or will you remember it as a rewarding academic experience, laced with great times and great people? That's entirely up to you.

See you out there and have a great year!



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A hemp conspiracy?

REID SCHMIDT
Contributor

Hemp (cannabis sativa) has been one of the most useful plants known to man for millennia. Every part of this plant can be used to produce durable rope, various cloths and oils, excellent paper, feed and an amazing array of medicines. Hemp's by-products were still very popular well into the 1900s and used in the first Levi's, historical documents and most paints. Heck, presidents grew it.

So why, when it seemed to be on the verge of becoming one of the top resources of our modern time, was hemp suddenly wiped off the market?

Sensational quotes

In 1930, newspaper magnate William Randolph Hearst, a major crusader against hemp, was joined by Harry Anslinger, the new commissioner of the U.S. Federal Bureau of Narcotics (FBN). Hearst would often print sensational quotes from Anslinger in his chain of papers.

A car accident where a marijuana cigarette was found would be slanted and dominate the head-

lines for weeks, while accidents due to alcohol, which outnumbered marijuana incidents 1,000 to one, occasionally made the back pages.

The first ingredient to creating this hysteria was the strange word "marijuana," which disassociated hemp from its good reputation and instilled fear into the gullible population. It started to work. But the U.S. government found no lasting effects and recommended no criminal penalties.

Still, the anti-hemp campaign was pressuring the U.S. Congress and, since Congress wasn't sure it was constitutional to outrightly ban hemp, passed the Marijuana Tax Act in 1937 after two years of secret hearings.

Was the viable hemp industry snuffed out because a nation's health was being threatened or because a couple of large busi-

nesses would benefit from banning it?

Now people had to be registered and legitimate commercial marijuana was selling for \$2/pound, while the federal tax, in today's dollars, was \$2,000/ounce. The commercial cultivation of hemp was abandoned.

Of course, hemp grew wild and, strangely, 'illegitimate' use hardly concerned Congress.

Conveniently, that same year the decorticator was invented, which could produce higher-quality fibres from hemp with less

loss of resource than wood-based pulp; undercutting competition overnight. *Popular Mechanics* magazine said it would be America's first "billion-dollar crop" and pointed out that "10,000 acres devoted to hemp will produce as much paper as 40,000 acres of forest land."

This was known to some in the early 1930s. One of these was

Hearst – he owned enormous timber acreages which would have plummeted in value.

But there were bigger hemp enemies. For example, the Du Pont company had a new patent for producing wood-pulp paper that would make up 80% of Du Pont's railroad shipments for the following 50 years. The company had been investing millions in synthetic fibre research and, a year after the harsh hemp tax, Du Pont had an open market for one of their 'miracle' fabrics – rayon, and synthetic petrochemical oils.

What's more interesting was who Du Pont's point man was. It was none other than the busy Anslinger, who was appointed to the FBN by U.S. Treasury Secretary Andrew Mellon. Now Mellon was also chairman of the Mellon Bank – the chief financial backer of Du Pont. Need more?

Anslinger just so happened to be married to Mellon's niece.

Many groups fought for hemp, including medical associations, but they all met the deaf ears of a Congress swayed by Anslinger. Not surprisingly, the government's true colours showed five years after the hemp tax when the Japanese seized all Philippine hemp, causing a wartime shortage. Within days, the U.S. reversed itself and heavily promoted hemp cultivation. But the shortage passed and hemp was quickly cut off.

Cigarettes kill thousands. Alcohol is understandably illegal when driving. Still, they are not banned altogether and yet they and others have far less reason to be legal when compared to hemp. So ... what's up?

Does the conspiracy still echo to today?

Extra cash!

NAITSA is looking for responsible individuals to work as cashiers at Nest Fest on Friday, Sept. 7

Hours: 2:30 p.m. – 11 p.m.

Pay: \$10/hour

Please come by the NAITSA office (E131) to apply or e-mail Rita at ritac@nait.ca for more information.



BOOKSTORE



Welcome back from your Campus Bookstore!

Did you know?

The NAIT Bookstore sells lottery tickets! We have the only selection of NAIT clothing and giftware and you can save \$\$\$\$ with the coupon in your Student Handbook!

We have a great selection of general interest books!

We sell Oilers and Rush tickets!

Come in and browse to see what other wonderful things we have to offer!



WE NEED YOU!!!

The Senate will consist of 18 elected student representatives from each of the nine NAIT schools (two from each school):

- \$ School of Business
- \$ School of Hospitality
- \$ School of Applied Building Science
- \$ School of Arts, Science & Communications
- \$ School of Applied Media & Information Technology
- \$ School of Electrical & Electronics Technology
- \$ School of Health Sciences
- \$ School of Mechanical & Manufacturing Technology
- \$ School of Resources & Environmental Management

Senate members are required to meet twice a month where current issues and problems around NAIT, as well as other post-secondary issues, will be discussed. Some important decisions are made at this level such as approving the NAITSA budget.

- Food and refreshments will be provided.
- Senate members will also receive monetary compensation for their time.

INTERESTED?

Senate Elections take place Thursday, September 27, 2007. Come on down to the NAITSA Office (E-131 by the Business Tower) and pick up a nomination form! Nominations close September 20th at 4:00 p.m. and the Senate Elections will take place September 27, 2007.

QUESTIONS?

Please come to E131 and ask for the NAITSA President, Kerri Wyspianski: phone: 471-7608 email: kerriw@nait.ca or Internal Operations Manager, Rita Cain 471-8960 email: ritac@nait.ca

**All successful candidates are required to attend mandatory Senate Training on Saturday, September 29th & Sunday, September 30th, 9 a.m. to 4 p.m. both days.

**There are two mandatory meetings for all candidates on Thursday, September 20 at 4:30 p.m. in X107 AND Wednesday, September 26 in X107 at 4:30 p.m.



When those summer flings finally fizzle

GABRIELLE HAY-BYERS
Nugget Staff Writer

So, boys and girls, we know we've all done it, and I'm not talking about eating the last cookie and putting the box away empty in the cupboard. I'm talking about dating someone that's totally not our type during the summer.

It's an opportune time to go after that someone who seems unreachable during the school year, whether it's because of conflicting schedules or conflicting lifestyles. But here we are again, back in school and back in the place where we started – your summertime boyfriend or girlfriend remains in their life and you return to yours as a NAIT student (or professor). So here's the top three ways to know if your summer fling should stay just there: in the summer.

1. You spend more time fighting than not.

Believe it or not, love isn't a battlefield and it shouldn't feel like one.

Some fights are worth the effort, but it's important to remember that

school should be pretty close to No. 1 on your priorities right now. If your fights are interfering with your schoolwork, or the stress related with them is making a detrimental appearance in your life, maybe you should leave that boy or girl behind.

2. They demand more time than you can realistically give.

Let's face it: school comes with a heap of work sometimes. If your summer fling is a candidate for something more, he or she is going to have to understand that. Beware of the boy or girl who says they'll give you the time and space needed for your studies and then complains to you about it over the phone when you should be studying. Don't try to change these people, exchange them, because they've already proven themselves to not be understanding of the effort you put into school. Don't worry too much about it either, there're plenty of single guys and gals here at NAIT who can

replace your summertime fling in a flash – and understand where you're coming from about the importance of schoolwork. You may even have some great study sessions.

3. They go back home.

Realistically speaking, long distance relationships are somewhat doomed from the start and best kept casual. Sure, there are a special few

that make it, but they're usually a select few. When two worlds collide, you can run a chance of ending up in the relationship bodyshop. When you add the risky business of a summertime romance to a long distance relationship, it can equal rocky ground that may not be the safest to be standing on during the stress of school.



Of course, there're always exceptions to every guideline. Sometimes love knows no boundaries, not even the seasons. But it's also important to keep your eyes on the goals you had before that summertime love. If they love you, they'll be behind your dreams and what it takes to reach them one hundred percent.

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For full information, go to www.campuschaos.ca

Come and watch your Ooks!

BY JORDAN RICHEY
NAIT Athletics

The 2007-08 NAIT Ooks athletic season is fast approaching and all teams are busy with their preparations. The NAIT Athletic Department is composed of nine sports, including men's and women's soccer, bas-

ketball, hockey, volleyball, badminton, swimming, curling, golf and x-country running.

This year looks to be an exciting year for all Ooks teams as several elite athletes have been recruited and will be showcasing their skills.

NAIT Athletics is also excited to be working with

NAITSA and the Nest this season in the cross-promoting of home games and NAITSA events and looks forward to having loud and enthusiastic students at all events.

The athletic department is also looking for minor officials for home games. If you are looking to make a bit of extra money

and enjoy watching great sporting action, contact Gregg Mero-poulis at 471-7601 or e-mail at greggm@nait.ca to sign up!

Information on all teams, including tryout dates, can be found at www.naitooks.com

Get out and support YOUR teams!

Go Ooks, Go!



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HOW TO STUDY	Tuesday, Sept. 11 th	11:15 to 12:15, 12:15 to 1:15 <u>or</u> 4:30 to 5:30 Room X111
MEMORY, LEARNING & CONCENTRATION	Wednesday, Sept. 12 th	11:15 to 12:15, 12:15 to 1:15 <u>or</u> 4:30 to 5:30 Room X111
EXAM WRITING/ MANAGING EXAM STRESS	Thursday, Sept. 13 th	11:15 to 12:15, 12:15 to 1:15 <u>or</u> 4:30 to 5:30 Room X111
TIME MANAGEMENT/ MANAGING PROCRASTINATION	Tuesday, Sept. 18 th	11:15 to 12:15, 12:15 to 1:15 Room H005 4:30 to 5:30 Room X111
STRESS MANAGEMENT	Wednesday, Sept. 19 th	11:15 to 12:15, 12:15 to 1:15 Room H005 4:30 to 5:30 Room X111

NAITSA needs you!!

Poll clerks: Required for the upcoming NAITSA Senate Elections on Sept. 27, 8:30 a.m. to 4:30 p.m.

Interested students: May work one hour or the entire day, depending on your schedule.

Pay: \$10/hr

Pre-election training: Some required.

More information: Please e-mail Rita at ritac@nait.ca or come by the NAITSA office (E131) to sign up for your preferred time blocks.

Need extra cash while studying? NAITSA has four great opportunities.

- 1. Microwave Cleaner**
 - Clean microwaves on main campus and replace with working units when breakdowns occur.
 - Some mildly heavy lifting required.
 - Approx. time commitment per week: 3-4 hrs
 - Flexible hours tailored to your schedule.
- 2. Poster Board Maintenance**
 - Maintain and monitor NAITSA poster boards on campus. Hang posters and remove them upon stamped expiry date.
- 3. Campus Clubs Clerk**
 - This person will assist clubs with information, forms, club banking and equipment loans while the Campus Manager is away from the centre.

Are you:

 - Outgoing?
 - Detail oriented?
 - Able to handle cash?
 - Dependable and punctual?
- 4. Nugget Distribution**
 - This person will pick up the newspapers from the NAITSA office and deliver them to pickup boxes around the NAIT campus.
 - Some mild lifting required
 - Must be available Thursday mornings from 8 a.m. till 11 a.m.

Application forms are available in E-131; competitions close Sept. 13.

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