

CHECK OUT LAST BAND STANDING

THE NUGGET

Thursday, March 6, 2008
Volume 45, Issue 22



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

VANDAL HITS BISTRO!

Bloody trail remains after caper at Annex cafeteria, story page 2



Supplied Photo

FEELING A LITTLE LIGHT-HEADED?

Incoming NAITSA VP Campus Life Michelle Goulet is the centre of attention after she had her head shaved for a cancer fundraiser at the Shaw Theatre on Feb. 27.



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NEWS & FEATURES

Break-in foiled



GABRIELLE HAY-BYERS
Student Issues Editor

A suspect has been arrested after an attempt was made to break into the Bistro in the Annex building overnight on Tuesday, Feb. 26.

NAIT students in the Annex were confused and concerned on the morning of Feb. 27 when they found their cafeteria closed off and a trail of blood clearly visible behind police tape.

Concern heightened for some students who had been asked to leave the building the night before. According to students interviewed, this is an uncommon event for the Annex.

"People were in rooms, work-

ing on homework they needed equipment for, but security came in around 11 p.m. and shut it down. I think the other room (occupied by students) was arguing with the guard, but they eventually left, too," said Soheil Ghorbaninezhad, a student who had been in the Annex until roughly 11 p.m. the night before.

"It was surprising (being told to leave the building), because I've been there till ... well, I've been there real late before," said Ghorbaninezhad.

As speculation about what was going on circulated among students the next morning, Edmonton police were carefully investigating the area.

"My understanding is that a suspect attempted to break into the Bistro overnight, and in the attempt to do so was injured on some window glass – which was why there was blood splatter fairly evident to students in the hallway," said NAITSA

VP Academic, Lisi Monro.

According to NAIT security, the suspect was apprehended just outside the Annex building.

"Security did a great job in apprehending the suspect ... after the break-in attempt," said Monro.

"It's good to see that they were on top of what was happening that evening, and that we don't have this individual continuing to be around our campus and NAIT students."

Despite the excellent work done in the wee hours of the morning on Feb. 27, some students expressed surprise at the impressive presence of NAIT security in the building during the Edmonton police investigation.

Meaghan Huchaluk, an architectural engineering student, was an observer.

"I don't think I've ever really (seen security) here before, other than in the parking lot," Huchaluk said.

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Photo by Gabrielle Hay-Byers.

This sign was posted on the door of the Annex cafeteria, *Bistro!*, after it was shut down for most of the day on Feb. 27 for cleanup following an attempted burglary the previous evening.

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Photo by Shant Chakmakian

A landslide for Ed!



SHANT CHAKMAKIAN

The Tories were handed a huge victory when Alberta went to the polls on March 3 to select a new provincial government.

"It's not how long you govern, but how well you govern," said Ed Stelmach in his victory speech, as a packed

and cheering crowd filled the room. Stelmach cited the strength of the party and its optimistic plans on moving forward for the win.

NAIT students had their own opinions about the election.

"It's sad that no one voted," says Blair Rice, commenting on the voter turnout, one of the smallest in provincial history.

"I was in line for two hours just to register," complained Deana Reid as she saw people walk away from the lines due to the inconvenience.

This comes amid speculation that Alberta Elections could have run a better election. Specific concerns have arisen, such as the Elections Alberta website going down.

"From our perspective, the election and our role in it was a success," Teresa Atterbury (Elections Alberta communications liaison) told the *Calgary Herald* on Tuesday. However there will be a formal review of the election process soon, according to Stelmach.

Although some students here at NAIT don't feel this will affect them, the rest don't seem optimistic.

"I'm not happy. I'm sure tuition will probably go up again," says Jenna Mccoll, who is hoping our institution gets more funding for equipment.

But many just didn't see many other viable alternatives, leaving some frustrated.

"They (the Liberals) didn't represent themselves well, there was too much (trash) talking," says Graham Macdonald, referring to the attack ads and U.S.-style politics that frustrated voters.

Despite the current upsets and triumphs, Alberta has selected a new government and time will tell as to what a majority Tory government under Ed Stelmach will mean to this province.

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The Nugget

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THE DEADLINE IS

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters welcome

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

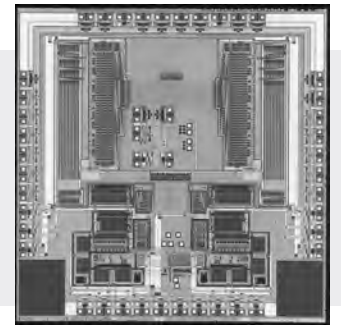


**Tech
Talk**



SHANT CHAKMAKIAN

Stay secure



Security and privacy are very important issues in today's personal and business computing.

The Canadian Council of Better Business Bureaus (CCBBB) estimates that consumers, banks, credit card firms, stores and other businesses lost \$2.5 billion to identity theft in 2002.

Identity theft and other security issues generally occur because of lax or non-existent protocols, the most common being a weak password. The solution is as simple as using a minimum of eight character passwords with numbers, letter and characters.

It's also highly recommended to

have different passwords for everything; for example, make sure that the password you use to log on to an online service is not the same as the e-mail they have registered to you. Also, don't write down your passwords and keep them in obvious places; if you do, lock them up.

Good passwords are nothing when you don't log off, whether it's your profile in the NAITSA Computer Commons or your Facebook. It's also a good measure to close the browser after clearing the history, cache and cookies.

Secure communication is an absolute must when sending and receiving

confidential data. For those who have wireless, please do not use it without some form of encryption, preferably WPA or WPA2. This makes sure that not only can no one log onto your network, but makes the information you sent hard or impossible to read and decipher.

Despite the convenience of wireless, most people don't understand the information is sent across the air. This gives anyone with malicious intent who is nearby and has the right tools the ability to capture or alter that information.

Shopping online can be a safe experience when done responsibly.

Use a trusted third party for payment such as Paypal when purchasing from eBay. It's a better alternative than sending credit card information to some guy in Hong Kong.

Also, never shop online unless the session is secure. The three main indicators are: being prompted to accept a security certificate, your address bar begins with "https://" instead of "http://," and also a small lock icon will show in the bottom portion of your browser window.

Keeping your private information private is the basis for ensuring good security. Communications claiming

you won some bogus lottery that ask for your SIN, birth date and address are obvious things to avoid. Unfortunately, these wouldn't work anymore if people didn't fall for them, but people still do, so be cautious.

Trusting your instincts when it comes to personal security is vital in today's information age, but no matter what you do, just remember you are only as good as your weakest link.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at shantc@hotmail.com I value and look forward to your input.

Student makes citizen's arrest

GABRIELLE HAY-BYERS

On Feb. 12, Matt Antwright, a first-year hospitality management student, was stunned and shocked to find an intruder boldly ransacking his personal vehicle on NAIT property – the top floor of the parkade.

"I made eye contact with a white male sitting in my vehicle ... I opened the door and pulled the male out of the vehicle and to the ground," stated Antwright in a written statement he

provided to the *Nugget*.

"We walked down to the South Lobby where I came across two security guards. I told them that I had just caught this guy breaking into my vehicle and asked if they could assist me. I was told they were busy ... and that I should sort it out. The two security officers never offered me any assistance ...," continued Antwright in his statement, adding that he was then forced to let the culprit go.

Jerry Hove, NAIT's security coordinator, said later that the student essentially "made a citizen's arrest ... citizen's arrests aren't exactly simple (for guards). You need facts," he said.

It must be determined if the arrest was just, he said.

"If it was, a guard can take over. Then a guard should call EPS and follow up with the correct recording process," Hove said.

United Protection Services, a

separate company that provides NAIT with its guards, said security firms have limitations on what they can do.

"Our security – any security – does not have the power to work on the problem, not the same power as a peace officer," stated Curtis Long of United Protection Services.

"This isn't the wild west, we don't tote six guns and hunt people down like criminals," he said.

NAITSA presents
International Awareness Week
March 10-13

March 10th

Tea & Coffee of the World
International Office | HP - w301
10am - 4pm

March 11th

Movie Night - Crash
5pm - Shaw Theatre

International Beer at The Nest
3pm - 7pm

March 12

International Grub Crawl - \$20
4pm - Leave The Nest at 4:30
Tickets at the NAITSA Office e131

March 13

Multicultural Performances - South Lobby
Club Profile and Egg Coloring - South Lobby
11am - 1pm
Win Oilers Tickets!



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OPINION

— Editorial —

Blood for money



ALISTAIR WILKINSON
Student Editor

My hat's off to the crook considerate enough to leave a blood trail for his pursuers to follow. Personally, I'd recommend breadcrumbs, or money, but if you can handle the dizziness that sets in after an hour or two of painting a blood-trail ... well, you're a stronger man than I, and good on you. If only everyone were so conscientious. The saddest part of last week's break-in at the Annex – seriously, who breaks into the Annex? – is that it's less an indication of NAIT's rising crime rates than a sign of growing stupidity in the province. The Annex is, let's face it, the flagship symbol for a poorly funded and overstretched institution. It's a grim, dilapidated structure, and the only advantage it offers to students attending classes there (apart from carcinogens) is the impetus to get into the field as quickly as possible, and far away from the Annex. Of course, most buildings in NAIT, new or old, offer that impetus. That's the Alberta approach: quality for money.

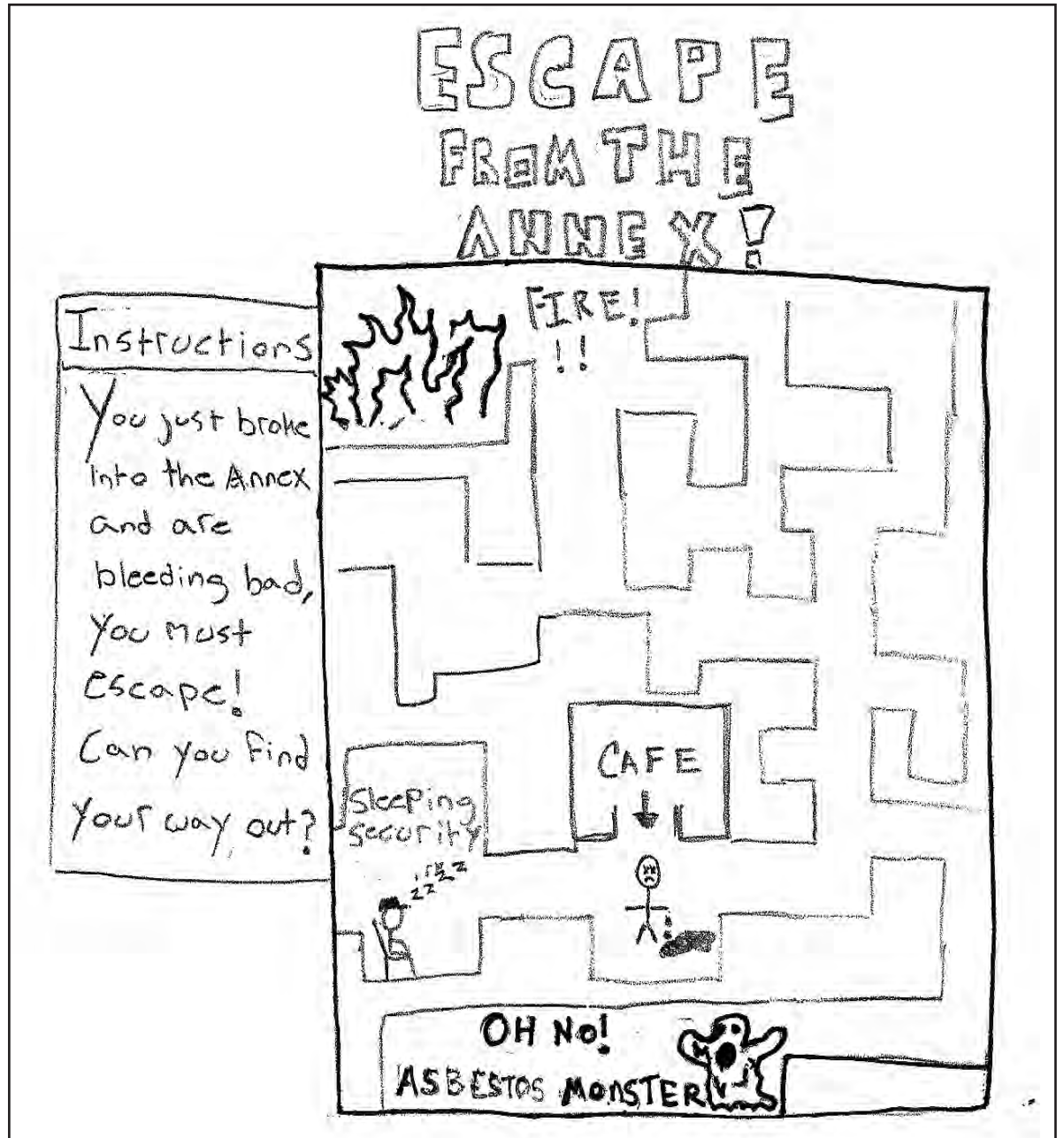
Funding reduced

That was the idea behind previous provincial government decisions to reduce funding to post-secondary institutions (and everything else but petroleum companies). Any educational institute seeking provincial funding would have to prove they were worth the investment before the government coughed up, putting an unreasonable amount of pressure on the institutions themselves, and their students. That legacy resonates through NAIT's battered halls, its run-down buildings, and even in its criminals, who, as previously mentioned, are getting more stupid and desperate. Yet despite the Klein government's approach to budget trimming (which, by the way, has resulted in skilled labour shortages in Alberta and huge student debt), NAIT has consistently trained the backbone for Alberta's economic strength.

Sudden splurge

Prior to Alberta's March 3 provincial election (thank you, two out of five Albertans who voted to give the Tories an almost mandate), NAIT noticed a sudden splurge of provincial spending. Not much spending, perhaps, but just a sniff of more to come, – a blood trail to the culprit, if you will – or so it was suggested. Of course, Premier Stelmach's budget didn't mention NAIT at all, and given the state of the Annex, NAIT needs a lot of money. In this instance, I won't even mention NAIT administration's plans for expansion. Instead, let's concentrate on what is, rather than what might be. Thus far, Alberta's short on trained labour in the trades, in technology, in IT and even in hospitality (as a province, we seem not to be very welcoming, despite a 500,000-person addition to Alberta's population). NAIT, the largest technological institution in the country, just can't keep up with the province's demands. Fewer people on the job translates into less production, and consequently less money. What's that, Tory government? Yes, I said less money. Was that a win? Did you cut yourself on the broken glass of your fiscal dreams?

Too many NAIT graduates and current students have worked too hard making this province rich for another provincial government to run off with the swag, uttering protestations that we haven't proven ourselves worthy. I think we've proven our value, and it's about time that some of that surplus came back to NAIT, and by proxy, to NAIT students. Because, let's face it, the blood-trail the government leaves behind will never be its own blood.



— Letters —

Unimpressed with mayor

Dear Editor,

Last weekend, I was volunteering at NAIT's SS Cruise benefit. I was very excited to take part in such a large event as my program head had told me about how much money it raises for NAIT and how that could possibly benefit our non-government-funded program. "Great!" I said ... not anticipating what the week surrounding Cruise would do to my life, my attitude, and my faith in Edmonton's mayor. (and I do mean the last part ... the first one is just for effect and the second is pretty true.)

As NAIT-ster from outside of Edmonton, I neither voted in the civic election that elected Stephen Mandel, nor did I follow it. I have to say to those of you who took part in that heinous crime on society ... you guys really messed up. You've elected the George Bush of Edmonton.

As we all know, Mandel doesn't really have to concern himself with an election at this point, and it showed in his treatment of the volunteers of the SS Cruise benefit. Many of my fellow volunteers commented on what a royal jerk he was being. I unfortunately had the bad luck of speaking (asking a guest if I could relieve him of his empty glass, actually) in the presence of Mandel without realizing he was there, and was rewarded with Mandel slamming a packet of paper down on my empty tray and snidely commenting that he didn't have a glass.

Mayor Mandel ... I really wasn't talking to you. Let's get our ego in check, please, a guest is a guest and I quite

honestly don't care what you're mayor of.

Sincerely,

Anonymous

(For fear of having a wrist snapped this time)

Your views are important

We want to hear from you

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

SPORTS

NAIT's best athletes rewarded



By **NAHREMAN ISSA**
Sports Editor

Five months of dunking, spiking, kicking, hitting, and shooting have come to an end. While only the curling and badminton teams had any post-season success, the same cannot be said about the others.

Both men's and women's volleyball and hockey teams were eliminated in the first round of the playoffs, and both basketball teams did not make the post season.

But not all is lost. Many players have been named to the ACAC All Conference team. A total of 19 players from five different teams represent the Ooks on a national level. The ACAC Curling All Conference selections will be announced later in the week.

Badminton: Sun Yang, Natalie Neumann, Janci Templeman, Dan Kai, Romulo Yamsuan

Women's Basketball: Dale-Marie Cumberbatch

Men's Basketball: Steve Lamont

Men's Hockey: Ben Stokes, Cedrick Duhamel

Women's Hockey: Alycia Monahan

Women's Soccer: Lisa Martin, Alexandria Mah, Claire McWilliam, Lindsay Letendre

Men's Soccer: Lambert Suglo, Evans Assembia, Waldo Dutra, Scott McLeod

Women's Volleyball: Jana Champagne

Women's hockey coach Keith Garner was happy to hear that goaltender Alycia Monahan was nominated.

"She faced the most shots in the league, and has managed to keep us in games," he said.

"She was a wall back there."

"Outstanding."

The nomination was great to hear because the players chosen to the conference all-star are named by coaches around the league.

Congratulations to all of the athletes.

Badminton



Dan Kai



Janci Templeman



Natalie Neumann



Romulo Yamsuan



Sun Yang

Basketball



Dale-Marie Cumberbatch



Steve Lamont



Ben Stokes



Cedrick Duhamel



Alycia Monahan

Hockey

Soccer



Lisa Martin



Alexandria Mah



Claire McWilliam



Lindsey Letendre



Evans Assembia



Lambert Suglo



Scott McLeod



Waldo Dutra

Volleyball



Jana Champagne

THE WEEK IN NAIT ATHLETICS

Double gold at nationals

NAIT's Sun Yang and Dan Kai captured the CCAA women's and men's singles badminton titles at the Canadian Colleges Athletic Association National Championships, held this past week at Mount Allison University in Sackville, N.B. The singles titles were the first ever for the NAIT badminton program and the first CCAA badminton gold since 2002 when Lionel Chong and Austin Liaw captured the CCAA men's doubles championships.

Sun Yang was easily the class of the field, as she swept through the round-robin competition and the semifinals before taking out Jessy Sung from the BCCAA 21-8 and 21-10 to capture her first national title. Sun never let any opponent score more than 14 points against her. A first-year student from NaNing, China, Sun is

enrolled in the ESL program.

Dan Kai had a much tougher road to the gold medal. After losing his first round matchup to Ontario, Dan then won the rest of his round-robin matches to face the same Ontario opponent in the semis, where he won two close games to advance to the final against Kiran Bogavelli from British Columbia. After narrowly winning the first game 25-23, Dan dropped the second game 13-21 and in a winner-take-all third game, Dan rebounded to win 21-8 and capture his first CCAA national championship. Dan, like Sun, is a first-year student in the ESL program and hails from Xi'An, China.

Congratulations to coach Jordan Richey and both Sun and Dan on their outstanding seasons.

CURLING

All three NAIT curling teams

medalled at the ACAC championship, hosted by Olds College over the weekend. The NAIT women's team finished the round robin with a 2-1 record, then beat Grand Prairie in the Page 1 vs. 2 game only to face Grande Prairie in the final and lose 7-5. The ACAC silver medal-winning NAIT women's team is composed of lead Annali Lazowski, second Karyn Robertson, third Ashley Ferguson and skip Joelle St Amant. Well done, ladies.

The NAIT men's team went a perfect 3-0 through the round robin and won the Page 1 vs. 2 game over Lakeland to advance directly to the final where they once again faced Lakeland. NAIT jumped out to a 4-1 lead by the sixth end, but the Wolves stormed back to win 7-5. The NAIT silver medal men's team is made up of lead James Robertson, second

Brian Carter, third Adam Bilyk and skip Shawn Donnelly.

It was also a medal weekend for the NAIT mixed team, which beat Lakeland, then lost to Grande Prairie in the 2 vs 3 game to come away with ACAC bronze. The mixed team is composed of lead Carmen Borys, second Scott Oracheski, third Laura Jensen and skip Jessi Wilkinson.



Congratulations to coach Jules Owchar, assistant Karl Myzuik and the NAIT curling team for a successful season.

On Deck ...

While the 2007-08 year is now officially over for NAIT Athletics, there are several events left that are being hosted at NAIT.

This Friday at 5 p.m. and 7 p.m., NAIT will host a pair of boys' high school basketball qualification games with winners advancing to the provincial championships.

The NAIT all city and *Edmonton Journal* all-star basketball games will be hosted at NAIT on March 17, 18 and 19. The games will feature the top hoopsters in the greater Edmonton area. The NAIT all-city games were first played in 1980 and this will be NAIT's 28th year of hosting this event.

The NAIT Athletic Awards Night will be held on Friday, April 11 at 7 p.m. at the Shaw Theatre at NAIT.



NAHREMAN ISSA
Sports Editor

2 minutes in the box

It's hard to believe that Sam(wise) Gagner is just 18. The kid plays with so much talent and so much heart. And he has the eyes and hands of a seasoned veteran, which is great because with injuries to the older players (e.g. Shawn Horcoff), Gagner has managed to jump right in and not miss a beat.

Now, after garnering three goals and 10 assists, the NHL has announced Gagner as the Rookie of the Month for February.

After getting picked sixth overall in the first round in the 2007 draft, Gagner was the youngest player in the Canada's gold medal-winning team at the 2007 World Junior Championship.

Gagner has proved to the Oilers brass that he can be a number one centre on the

top line sometime down the road. His many accolades continue to pour in, and this is just the tip of the iceberg from this kid. He still has a long career in front of him.

...

Warning to Oiler fans and the Northwest Division ... Foppa is coming back! Peter Forsberg finally returns from his semi-retirement after spending four years out of the league. Signing with the Colorado Avalanche on Feb. 25, the Swede gets reunited with playmaker and captain Joe Sakic, which is why I sent out the warning. They used to be impossible to cover. It was either one or the other.

But the last time he saw NHL action was in the 2004 playoffs with the San Jose Sharks. Surely he must be healed ... well,

Forsberg can never stay healthy, and that's where the Avalanche takes a big hit. Forsberg is the most unlucky player in the league (but Martin Havlat is soon to take over that title). But I guess a half healthy Peter Forsberg is worth a whole lot more than a lot of players out there. And playing with Sakic isn't so bad either, I guess!

...

Trade deadline day – a love/hate relationship. I love hearing about the trades, but because I grew up an Oiler fan, I knew I would be saying goodbye to a player every time. I still remember sitting at my desk at work, hearing that Janne Niinimaa had been traded. I was so heartbroken.

And every year never got easier. Having always played seller for the last 10 years,

you knew if the Oiler was too good, or made too much money, you would be saying 'bye. But things have changed since the new Collective Bargaining Agreement. It's a great feeling to see players being signed and coming to us. For once, we can pick up a rental player; and not be the providers for that.

But all those horrible memories came flooding back after the Ryan Smyth incident (which I will not talk about anymore except for this little blurb).

But nothing happened this year. No new players to add to the roster besides Curtis Glencross, who was acquired weeks before the deadline. With the Oil sitting in 13th spot, the trade deadline was just that, dead. No action from the Oilers side whatsoever.

And for once, it actually felt good!

NAIT curlers impressive at Olds

GABRIELLE HAY-BYERS

The Alberta Colleges Athletic Conference Curling Championship hosted by Olds College was very much alive with Oiler spirit during March's first weekend, with NAIT teams reaching the podium for all three divisions.

The women's round-robin play ended with NAIT holding a 2-1 record, setting the team up to play Grande Prairie in the quarter-final matchup. NAIT reigned victorious in that game. However, Grande Prairie won the 2 vs. 3 game and met NAIT again in the final for women's play.

NAIT's women's curling team is composed

of skip Joelle St. Amant, third Ashley Ferguson, second Karyn Robertson and lead Annali Lazowski. The rink won silver in the championship, after losing 7-5 to Grande Prairie in the final.

The men's rink is composed of skip Shawn Donnelly, third Adam Bilyk, second Brian Carter and lead James Robertson. The team soared through round-robin play undefeated, and beat Lakeland to advance directly to the final. With Lakeland winning the semifinal matchup, a rematch was brewing.

While the men's rink appeared strong throughout the first six ends and dominated

with a score of 4-1, the feeling was short-lived. By the end of the game, Lakeland had sprung back to beat the Oaks 7-5.

NAIT's mixed rink was also in Olds over the weekend, scoring an ACAC bronze medal for their efforts. Skip Jessi Wilkinson, third

Laura Jensen, second Scott Oracheski and lead Carmen Borys began their weekend strong, beating Lakeland. However, the rink suffered a loss to Grande Prairie in the semifinal.

All three teams are coached by NAIT veteran Jules Owchar.



Athletes of the week

Sun Yang Badminton



Sun Yang was easily the class of the field at the CCAA National Badminton Championship held this week at Mount Allison University in Sackville, N.B. Sun swept through the round-robin competition and the semifinals before defeating Jessy Sung from the BCCAA 21-8 and 21-10 to capture her first national title. Sun never let any opponent score more than 14 points against her. A first-year student from NaNing, China, Sun is enrolled in the ESL program.

Congratulations on an outstanding season, Sun.

Dan Kai Badminton



Dan Kai had a much tougher road to the gold medal at the CCAA National Badminton Championships. After losing his first-round matchup to Ontario, Dan then won the rest of his round-robin matches to face the same Ontario opponent in the semis where he won two close games to advance to the final against Kiran Bogavelli from British Columbia. After narrowly winning the first game 25-23, Dan dropped the second game 13-21 and in a winner-take-all third game, rebounded to win 21-8 and capture his first CCAA National Championship. Dan is a first-year student in the ESL program and hails from Xi'An, China.

EDMONTON OILERS
GAME OF THE WEEK
-AT THE NEST-

WATCH the GAME on our 10' SCREEN

MARCH & APRIL

Tue	Mar 4 vs. Predators	7:00 pm PPV
Tue	Mar 11 vs. Blues	7:00 pm
Thu	Mar 20 vs. Canucks	7:00 pm
Wed	Mar 26 vs. Wild	6:00 pm PPV
Tue	Apr 1 vs. Flames	7:00 pm

PPV = Pay Per View

Molson jugs DROP \$1 when the OILERS SCORE

THE NEST MOLSON

ACAC Standings

MEN'S HOCKEY

Team	GP	W	RW	L	OTL	Pts	GF	GA
xy-SAIT	24	15	14	5	4	34	111	73
xz-Concordia	24	15	13	9	0	30	87	92
x-MacEwan	24	14	10	8	2	30	101	80
x-Mount Royal	24	13	11	8	3	29	102	78
x-NAIT	24	13	12	7	4	30	99	92
x-Briercrest	24	9	4	13	2	20	77	124
Augustana	24	6	4	16	2	14	74	109

RW-Regulation Wins (tie-breaker used to determine highest ranked tied teams)

x-clinched playoff spot

y-clinched 1st place

z-clinched 2nd place

Note: MRC forfeits game vs. Concordia (Jan. 11); MacEwan forfeits game vs. CUCA (Oct. 13); MacEwan Forfeits game vs. NAIT (Oct. 26 & 27)

ACAC Men's Hockey Playoffs

Feb. 22-24

Quarter-Finals (Best of 3)

Series 1: NAIT Ooks vs Mount Royal Cougars (MRC wins series 2-0)

Series 2: Briercrest Clippers vs MacEwan Griffins (MacEwan wins series 2-1)

Feb. 29-March 8

Semifinals (Best of 5)

Series 3: MRC vs. SAIT (#1)

Series 4: MacEwan vs CUCA (#2)

March 14-22

ACAC Championship (Best of 5)

Series 4 Winner vs. Series 3 Winner

Bronze - highest ranked team knocked out in Series 3 or 4

WOMEN'S HOCKEY

Team	GP	W	RW	L	OTL	Pts	GF	GA
xy-Mt Royal	22	14	13	5	3	31	56	39
xz-SAIT	22	15	12	6	1	31	61	46
x-U of C	22	12	9	6	4	28	48	43
x-Red Deer	22	11	10	9	2	24	62	51
x-MacEwan	22	11	7	10	1	23	44	49
x-NAIT	22	3	2	17	2	8	28	71

RW-Regulation Wins (tie-breaker used to determine highest ranked tied teams)

x-clinched playoff spot

y-clinched 1st place

z-clinched 2nd place

ACAC Women's Hockey Playoffs

Feb. 14-16

Quarter-Finals (Best of 3)

Series 1: MacEwan vs RDC (MacEwan wins series 2-0)

Series 2: NAIT vs UofC (UofC wins series 2-0)

Feb. 21-23

Semifinals (Best of 3)

Series 3: MacEwan vs. MRC (#1) (MacEwan wins series 2-1)

Series 4: UofC vs SAIT (#2) (UofC wins series 2-1)

Feb. 28-March 8

ACAC Championship (Best of 5)

Gold - MacEwan vs U of C

Bronze - Mount Royal College

MEN'S BASKETBALL

North Division

Team	G	W	L	Pts	PF	PA
x-Lakeland	24	21	3	42	2140	1760
x-MacEwan	24	19	5	38	1928	1691
x-Concordia	24	14	10	28	1788	1685
x-G. Prairie	24	13	11	26	1820	1801
NAIT	24	9	15	18	1787	1836
King's	24	7	17	14	1593	1851
Augustana	24	1	23	2	1648	2080

South Division

Team	G	W	L	Pts	PF	PA
x-Mount Royal	20	17	3	34	1646	1251
x-Red Deer	20	15	5	30	1441	1343
x-Lethbridge	20	13	7	26	1601	1510
x-Briercrest	20	6	14	12	1430	1620
Medicine Hat	20	5	15	10	1345	1544
SAIT	20	4	16	8	1352	1547

x-clinched playoff spot

Feb. 29

LC 81, CUCA 65; MacEwan 80, MRC 77.

March 1

MRC 94, CUCA 73

(MRC wins Bronze Medal)

MacEwan 80, LC 66

(MacEwan wins gold medal)

WOMEN'S BASKETBALL

North Division

Team	G	W	L	Pts	PF	PA
xy-MacEwan	24	20	4	40	1822	1563
x-Concordia	24	18	6	36	1829	1478
x-G. Prairie	24	16	8	32	1750	1652
x-King's	24	13	11	26	1691	1603
Lakeland	24	6	18	12	1520	1767
Augustana	24	6	18	12	1627	1826
NAIT	24	5	19	10	1572	1922

South Division

Team	G	W	L	Pts	PF	P A
xy-SAIT	20	17	3	34	1434	1011
x-Mount Royal	20	16	4	32	1438	1027
x-Lethbridge	20	11	9	22	1502	1200
x-Medicine Hat	20	11	9	22	1313	1123
Red Deer	20	5	15	10	1049	1388
Briercrest	20	0	20	0	745	1733

x-clinched playoff spot

y-clinched division title

Note: Lethbridge forfeits game vs. RDC (Feb. 9)

Feb. 29

MHC 68, MRC 54; CUCA 76, SAIT 61

March 1

MRC 77, SAIT 67

(MRC wins Bronze Medal)

CUCA 72, MHC 59

(CUCA wins gold medal)

MEN'S VOLLEYBALL

Blue Division

Team	MP	MW	ML	Pts	GW	GL
xy-Mount Royal	24	21	3	42	67	23
x-Red Deer	24	19	5	38	61	29
x-SAIT	24	15	9	30	52	43
x-MacEwan	24	11	13	22	48	46
z-Briercrest	24	9	15	18	39	51
z-King's	24	6	18	12	24	61
z-Grande Prairie	24	3	21	6	28	66

White Division

Team	MP	MW	ML	Pts	GW	GL
y-Medicine Hat	20	19	1	38	59	19
z-Lakeland	20	16	4	32	53	28
z-NAIT	20	9	11	18	42	37
z-Keyano	20	8	12	16	38	41
Lethbridge	20	8	12	16	34	41
Portage	20	0	20	0	0	60

x-clinched playoff spot

y-clinched division title

z-clinched spot for Playoff Qualification Weekend

Note: MacEwan forfeits game vs. King's (Jan. 5)

Qualification Weekend (Feb. 14-17)

Series 1: GPRC vs LC (LC wins series 2-0)

Series 2: NAIT vs KING'S (King's wins series 2-0)

Series 3: KC vs BC (BC wins series 2-0)

x-clinched playoff spot; y-clinched division

z-clinched spot for Playoff Qualification Weekend

WOMEN'S VOLLEYBALL

Blue Division

Team	MP	MW	ML	Pts	GW	GL
xy-Mt. Royal	24	21	3	42	69	16
x-Red Deer	24	19	5	38	57	32
x-MacEwan	24	17	7	34	57	30
x-G. Prairie	24	12	12	24	46	44
z-SAIT	24	8	16	16	33	59
z-King's	24	6	18	12	33	60
z-Briercrest	24	1	23	2	17	71

White Division

Team	MP	MW	ML	Pts	GW	GL
y-Lethbridge	20	17	3	34	57	15
z-Medicine Hat	20	12	8	24	44	30
z-NAIT	20	12	8	24	37	35
z-Lakeland	20	12	8	24	46	34
Keyano	20	7	13	14	29	40
Portage	20	0	20	0	0	60

x-clinched playoff spot

y-clinched division title

z-clinched spot for Playoff Qualification Weekend

Qualification Weekend (Feb. 14-17)

Series 1: BC vs MHC (MHC wins series 2-0)

Series 2: NAIT vs King's (King's wins series 2-1)

Series 3: SAIT vs LC (SAIT wins series 2-0)

THE NAIT STUDENTS' ASSOCIATION



March 25th, 2008

- All players must be current NAIT Students
- Registration deadline is March 18th, 4pm.
- 1 female must be playing during all games
- Entry fee is \$50.00 due at the time of sign up
- Pick up a registration form at the NAITSA office (E-131) or online at www.naitsa.ca

Winning team gets
a molson skybox
for an Oilers game



V-ball season ends

AMBER TIENKAMP

Both the men's and women's volleyball teams came up against the King's College Eagles in fighting for their playoff lives.

With a big road win on Thursday (Feb. 14), the NAIT Lady Ooks came home Friday to try and take the best-of-three series. The first set was hard fought, with some great back row attacks from third-year Ooks player Jana Champagne. Champagne and Jodie VanMeetelen kept the Ooks in the game with some great blocks up front. But the Eagles capitalized on the Ooks' shaky passes and ultimately took the set 25-20. Ooks No. 12 Kaila Phillips came to play in the second set, keeping the Ooks close with some nice kills.

Questionable calls

Some questionable calls by the referee had head coach Dusty Freimark shooting daggers in the ref's direction, but it was to no avail, as the Ooks lost the second set 25-21 despite great setting by Sarah Veikle.

The third game proved to be a tough test for the ladies. With middle Kimberlee Paul out with an injury in the second set, Natalie Derewianko had to step into the middle position from the right side.

The Ooks trailed the entire set but never quit, with some nice digs by libero Olenka Toroshenko and hard hitting from Janelle Ewen. In the end, even though the Ooks battled hard and barely missed any serves, they lost the match 25-19. Kaila Phillips was the game MVP with eight kills, one serving ace and nine digs.

The Lady Ooks' season ended the next night as they lost to the Eagles three sets to one, but coach Freimark was proud of the girls.

"I had to change a few positions to fill the spots and I was asking a lot from

the girls so late in the season and they played their hearts out," said Freimark, who's already on the ball for next year.

"The new recruits have already accepted my offer to join the Ooks."

On the positive side of things, Jana Champagne was placed on the all-conference women's volleyball team. Congrats Jana and good luck next year, ladies! Great season!

The men's match on Feb. 15 was do or die. Having lost the night before to King's College, the Ooks needed to win to stay in the playoffs. The first set proved to be a tough contest, but the Ooks stepped up. With some unbelievable digs from libero Kevin Nixon and two quick sets to No. 13 Adam Mischuk, the Ooks kept pace and the game was close until the end. Hard kills from Rory Ernewein and some strong three-man blocks helped get NAIT to a 25-23 win.

Lost momentum

In the second contest, the Ooks seemed to lose momentum when they hit a couple of balls into the net and missed four serves. They came back with some nice kills from Daniel Lee and sub Pascal Guenette had two big hits, bringing the Ooks to within four, but they dropped the set 19-25. Although behind 9-14 in the third set, the men pulled to within one with steady defence and hard hitting. A hard-fought match ended in heartache for the Ooks as they lost 26-25.

The men fell behind early in the fourth set. Although down 10-18, the Ooks clawed back to within four, but lost the set 20-25, ending their playoff run. Player of the game was Daniel Lee, with 11 kills, one block and one dig.

Thanks for a great season, Ooks, and can't wait for next year!



Photo by Peter Stenstrom

The Ooks women's volleyball team suffered a 3-0 loss to King's University College Feb. 15 at NAIT gym.



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- Servus Credit Union
- Shaw Cable
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ARTS & CULTURE

Bands play on ...



GEOFF TATE
Arts and Culture Editor

Want to see some local musical talent for free? Want to be part of something bigger than yourself? Want to have a reason to get ridiculously drunk Friday night without having to leave the school? If you answered yes to any of these questions, I have the perfect plan for you! Consider your next two Fridays booked, you and I are hitting up the Nest.

Welcome to part two of Last Band Standing, happening this Friday around 8 pm down at the local watering hole. With round one last Friday being as awesome as it was, I have no doubts that the next two rounds will be just as stellar.

Starting us off on the right foot last week were the bands Daedalus (coolest name ever), Symmetry, Desousa Drive, the New-Matics, and last but not least, the Mike Roste Band. With Desousa Drive and the New-Matics being

voted into the finals taking place March 14 at the Nest, expect another packed house with all those lovely fans/roadies of theirs to be in attendance.

This Friday we will be graced by the presence of another five new bands, all competing for the top two spots and a chance at the \$500 prize to be awarded to the top performer on March 14. The finals will be judged by representatives from Universal Music, Panhandle, Trixstar, Busboy Music and obviously myself as well. That is just a given ...

For those of you who were in attendance last Friday (Feb. 29), and this also goes for those of you who will be in attendance this Friday (March 7), and didn't get to see your band of choice move on, you will be able to vote online for a wild card band that will compete once more in the finals. I strongly urge any members of the bands that played, as there are obviously a couple of you attending NAIT, to get the word out as well. You can go to the NAITSA website and vote online for your band of choice starting March 10 at noon, with the votes being cut off at noon of March 12. Best of luck to the rest of you guys. I'm expecting great things. As Ben Parker once said, "With great power comes great responsibility."

You guys better put out. No pressure.



Photo by Geoff Tate

Vic de Sousa from the band Desousa Drive entertains at the Nest during last Friday's installment of NAITSA's "Last Band Standing."

Where are ya gonna ski?

GEOFF TATE

Get out your little NAITSA agendas, kiddies! One more reason to skip class has come to the *Nugget's* attention! On March 11, starting at 8 a.m., tickets will be going on sale for the Molson Mystery Mountain ski trip! Exclamation mark!

Here's the thing though ... only the first 40 people in line that meet an intense list of requirements (this list consisting of your student ID card and \$100 cash) will be going. Yes, you read correctly, only 40! This means you are going to want to be in front of the NAITSA office bright and early on March 11, with your student ID and cash/debit card in hand (neither cheques nor credit cards allowed), and a big smile on your face.

Molson has been swell enough to cover enough of the cost of the two-day excursion that it will only cost you \$100. Let me tell you, you don't get a deal like that very often. And by not very often, I mean never. Let's face it, life sucks.



But I guarantee you it won't on March 28-30, the weekend this exclusive little party will be going down!

"The windows are going to be blacked out on the bus all the way to the hill, so no one will have any idea of where we will be going," says Jen Grundke of NAITSA.

"I'm the only person in the school who knows where we are going, and I can guarantee you it isn't Rabbit Hill!"

Fantastic, Jen! We at the *Nugget* just hope, for everyone else's sake, that the bus driver's window won't also be blacked out. That would be just slightly unreasonable ...

"I've also heard people will be lining up around 6 a.m. to make sure they get

to the front of the line, and I bet there are more people out there thinking the same thing," Jen adds.

The *Nugget* would like to say just make sure you get there early to get a spot, and for the love of God, have all of the necessary items on hand, or else you are so S.O.L.

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AT NAITSA OFFICE AT 8 AM AND WILL SELL OUT QUICKLY

It's the Real deal

LIAM CRESWICK

Part TV series, part charitable foundation, 4Real is an organization raising support and awareness for global issues such as poverty, human rights, and the environment. Created by Sol Guy and Josh Thome, 4Real brought their message of global action to NAIT last Wednesday (Feb. 27).

The two took the opportunity to promote their new TV series and spread awareness of their cause. Their program follows Guy and a handful of celebrity guests around the world, meeting with young leaders who, under extreme circumstances, are affecting real change on pressing global issues.

On their visit to the NAIT main campus, 4Real showed a preview of the series, beginning in Canada in mid-March on CTV and April 14 on MTV Canada. Unfortunately, the *Nugget* arrived too late to meet with the hosts, but during their presentation, the team took time to field questions from students in attendance.

As well as chronicling the globe-trotting adventures of Sol and his celebrity friends (such as Cameron Diaz, Mos Def, and the Red Hot Chili Peppers), 4Real is also drumming up financial support for the leaders they meet. These include a 17-year-old Liberian children's rights activist and a tribal leader who brought his people back from the brink of extinction.

For those interested in previewing the show, supporting the foundation, or just seeing what causes and events 4Real is getting involved with next, you can visit their website at www.4real.com.

Close to Home is close to my heart

KATIE BERLINGUETTE

Calgary-based roots artist Darren Johnson has astounded me with his latest album *Close to Home*. Johnson's spicy and soulful voice resonates profoundly with each and every word he sings.

For those of you who have never heard of this man, I urge you to pick up an album or check out his website at www.darren-johnson.net, as it will blow your mind. It's not very often that you can find anything that speaks to your soul in the ways that Johnson does. He truly has a gift for entertaining, whether it's by his soft, soulful lyrics or with a whisper of a sweet, smoky something.

Amos Garrett, a talented musician in his own right, said, "Darren's music sounds like a BBQ smells – smokey, sweet, and spicy." I couldn't agree more.

The song *Sixteen* (written for an old friend who passed away) takes me back to a place I've for-

gotten about. Johnson reminds us where we came from and who we are, and for that I am in his debt. His voice gives the late Louis Armstrong a run for his money, and he can't help but take his guitar for a ride every time he lets loose.

We all need to get down to our bluegrass roots sometimes and that is exactly what this album will do for you. You definitely won't be disappointed with Darren Johnson's *Close to Home* album.



Photo by Graeme Reed

Sol Guy of the MTV production "4REAL" presents his series to students at the Common Market on Main Campus Feb 27.

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Alberta employers are looking for technicians and technologists! If you're looking for a job, register online for the Career Fair and plan to bring your student ID and copies of your resume to this event. The Career Fair is **FREE FOR STUDENTS** and is open to all NAIT students enrolled full time in an eligible technology program. For a list of eligible programs, or for more information, see www.aset.ab.ca

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RECENT RELEASES

BACK OF THE RACK

Spiderwick a fun family fantasy



LIAM CRESWICK

Welcome to a very special edition of *Back of the Rack*, usually a look at lesser-known movies new on DVD. This week, however, it's a rundown of some of the movies that came out during the weeks the *Nugget* took off for Reading Week and midterms.

The Spiderwick Chronicles

Based on a series of youth fantasy books in the same vein as *Eragon*, *Seeker*, and that one about the wizards (Harry Potter? Something like that), *Spiderwick Chronicles* tells the story of a problem child who finds an ominous book in the attic of his family's new home. The book is a field guide to supernatural forces such as ogres and fairies, written by the house's previous owner, Arthur Spiderwick. The young boy, played by child star Freddie Highmore, and his siblings end up in an adventure to protect the book from the shape-shifting ogre Mulgarath.

Needing little makeup to play an

evil, gnarly ogre, Nick Nolte portrays the villain. Seth Rogen and Martin Short steal the show, though, as the voices of the two comic relief characters. The digital effects are not only impressive, but are also seamlessly meshed into the real world. *Spiderwick* is an easy, enjoyable family fantasy film, perfect for audiences with mixed ages. I certainly found it more enjoyable than the above-mentioned films based on children's books. Yes, even the wizard one.



Be Kind, Rewind

Jack Black and Mos Def team up to bring us the best feel-good indie-comedy since, well ... *Juno*, but whose counting? When Jerry (Black) gets magnetized after an ill-conceived attack on a power plant, he accidentally erases all the tapes in a community video store called *Be Kind, Rewind*, that Mike (Def) was left to manage. In an attempt to cover their asses, Jerry and Mike shoot their own version of *Ghostbusters* before a regular customer alerts the manager. Soon everyone in the neighbourhood wants their favourite movie done in Jerry and Mike's silly, home video style. While Black's and Def's characters are goofy and amiable, the

majority of the laughs come from the footage of their half-cocked remakes. The film suffers a bit from choppy editing and inconsistent dialogue, but the quick-witted jokes and feel-good story make up for it. *Be Kind, Rewind*, coincidentally, would make a great movie to pick up on DVD. (Or you could just shoot your own.)



Jumper

While I wasn't expecting cinema gold, I went into *Jumper* expecting a decent, moderately exciting sci-fi distraction, on par with something like *iRobot* or *Resident Evil*. Even with the bar set low, *Jumper* still couldn't make that hurdle. *Jumper* follows David Rice, a young man who discovers he has the power to teleport anywhere in the world, but a secret organization lead by Samuel L. Jackson is bent on destroying him and others like him.

The movie basically writes itself, yet the filmmakers found a way to make one of the least cohesive and fluid movies I have ever seen. I'd hate to see what the book it was based on was like. The lead actors (and I use that term loosely) Hayden Christensen and Rachel Bilson seem to be competing to see

who can put less emphasis and believability into their roles. There are one or two cool action sequences, and Sam Jackson's appearance doesn't hurt, but overall the movie was just directionless and hard to watch. This is one of the worst big budget movies of recent years.

I'm not even going to give this movie a star rating, since that would suggest it has some measurable value. Instead, it receives the lowest, most pathetic award one can receive. (Ironically, I got more than a few of these in junior high long jump.)

1 Participation Ribbon

Semi-Pro

While *Semi-Pro* is the best of the four straight sports comedies Will Ferrell has put out, it is definitely time to bench this shtick. Ferrell plays Jackie Moon, another dumb but cocky sports star. After his one-hit wonder "Love me Sexy," Moon uses his payola to buy the Tropics, a minor league Flint, Mich. basketball team. As the coach, captain, and owner, Moon attempts to bring his underdog team into fourth place so that they can merge with the NBA. The flick



Mos Def and Jack Black in a scene from *Be Kind, Rewind*.

follows two plots. The first is Moon's silly attempts to bring in a crowd, such as wrestling a bear at half time, and the second is the Rocky-like story of Ed Monix (Woody Harrelson), the team's ringer.

Ferrell delivers the laughs, and Harrelson and André Benjamin build the character development, and in the end we get a fairly funny and enjoyable flick. Unfortunately, it is nothing we haven't seen from Ferrell before.



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Your horoscope



KATIE BERLINGUETTE

March 6-13

(Warning: Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

You may be feeling vulnerable at times this week, Aries. However, don't be misguided in these worries. If you try to put your insecurities aside and focus on other pressing matters, your week will flow much smoother. Procrastination has never gotten anyone anywhere.

Lucky Body Part: Left Foot

Taurus (April 20-May 20)

Good news travels quickly in these parts, Taurus. Several

gatherings this week will leave your pocket book a little lighter than before. However, don't despair, as a quick fix could be profitable. Give others what they deserve.

Lucky Body Part: Elbow

Gemini (May 21-June 20)

The stars are showing a certain degree of unavoidable doom in your sectors this week. The cure for this horrible malady is simply this: tie a large amount of garlic around your neck and stick to well-lit areas. If you find that your nagging fears don't dissipate within the first two days, all hope is lost. Prepare for the worst this week, Gemini.

Lucky Body Part: Index Finger

Cancer (June 21-July 22)

This may come as a surprise to you, Cancer, but your emotional state has been lacking a certain something lately. You will be happy to note that being supportive, understanding and creative can act as an aphrodisiac. Do your best to talk things out if

necessary and you will have a more fulfilling week.

Lucky Body Part: Epidermis

Leo (July 23-Aug. 22)

You're off to a good start this week, Leo. In order to maintain your strong state of mind, be sure to communicate effectively. Nearing the end of the week you may start to notice things going your way. Just go with it, it isn't the time to be suspicious of other people's efforts. Look forward to a surprise near the middle of the week.

Lucky Body Part: Eyes

Virgo (Aug. 23-Sept. 22)

Having a sense of humour this week will not go unappreciated. A brilliant man once said: What do you call cheese that doesn't belong to you? - Nacho Cheese!

Lucky Body Part: Humerus

Libra (Sept. 23-Oct. 22)

Being a pessimist isn't all that fun, Libra. If you do your best to look at the world in the best possible way, you might find the

stars will move to your advantage. Having a positive outlook isn't always that easy. However, it is definitely worth it in the end.

Lucky Body Part: Pinky

Scorpio (Oct. 23-Nov. 21)

The stars are urging you to be cautious this week. Do your best to take your time with any large decisions that have to be made. If it is possible, try to avoid making them until a later date. Also, avoid over-indulgence.

Lucky Body Part: Liver

Sagittarius (Nov. 22-Dec. 21)

You are insightful and creative, Sagittarius. Be sure to play to your strengths this week as the moon goes retrograde in Uranus. Be prepared to reach any long-term goals you may have set. It's a good time to sit back and watch the fruits of your labour.

Lucky Body Part: Chin

Capricorn (Dec. 22-Jan. 19)

Listen carefully to instructions this week. If you aren't careful, you may miss hidden or implied

meanings. A promotion or demotion seems imminent. Lay low and accept whatever happens as you have very little say anyway.

Lucky Body Part: Ear

Aquarius (Jan. 20-Feb. 18)

The stars are warning you to avoid very public places. You might feel more comfortable at home this week instead of out in the open. Things are much safer when you are at home, alone, in your living room, with nothing sharp or possibly harmful around. Do your best to avoid the world this week.

Lucky Body Part: Esophagus

Pisces (Feb. 19-March 20)

You have been known to be indecisive; however, a time of clarity may be coming. If you make a list, check it twice and are sure everything is in order, then you will have nothing to worry about. It is also a good time to start making travel plans. Organization is going to benefit you a great deal this week, Pisces.

Lucky Body Part: Brain

BRING THEM HOME!



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Edmonton Tourism and the Shaw Conference Centre want you to be part of Edmonton's tourism team, by helping to bring conferences home:

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SATURDAY, MARCH 8, DOORS 8PM
\$5.00 TICKETS INCLUDE
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 OR CALL SANDY AT 938-9418

UNION HALL PLEASE ROCK RESPONSIBLY

PARTY LIKE A ROCKSTAR



**CLXT '09 FUNDRAISER
COMBINED LABORATORY AND XRAY TECHNOLOGY**

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 OR CONTACT ASHLEY 633-8231 OR ALI 628-2016

UNION HALL PLEASE ROCK RESPONSIBLY

Top 4 Giver points leaders as of Feb. 29:

CETSC	6,084	AHT 2008	889
Club 5 Star	3,085	Baking Club	882

GIVER Point Cutoff Deadline
for all documentation: March 14

PARTY LIKE A ROCKSTAR



**BIOLOGICAL SCIENCE'S
FUNDRAISER**

FRIDAY, MARCH 21, DOORS 8PM
**\$5 TICKETS INCLUDE PRIORITY ENTRANCE,
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 OR CONTACT CHRISTINE 780.265.4550

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AXIS CAFE
the ultimate urban experience

Featuring



Colleen Brown

NAIT DeFeYe Art Club Fundraiser

Show starts 7:00PM
TUESDAY MARCH 11TH
 Coffee & Deserts Door Prizes

Tickets \$15 Seating is limited
 For tickets contact Jonathan Berube @ 718-2142
 or visit the NAIT Students Association Office



Members of the CETSC (Construction Engineering Technology Student Council) show the 635 pounds of clothing that they collected for the Youth Emergency Shelter.

Upcoming Events

AHT 2009

Event: Cabaret
When: Saturday March 8
Where: Club Malibu,
 University Location
 Contact Amy 690-1255
 or Robyn 264-2781
 for tickets

Def'Eye Arts Club

Event: Concert (Colleen Brown) and Coffee
When: Tuesday March 11;
 7 p.m.-10 p.m.
Where: Axis Café (Door prizes and more!)

NASS

Event: BBQ
When: Wednesday March 12;
 12 p.m. to 2 p.m.
Where: The Annex Dock

PGC

Event: Beer Garden
When: Friday March 14; 3 p.m.
Where: The Annex Dock

Rose Martin Baumgartner
 NAITSA Campus Clubs Mgr
 11762-106 St., Room E-133
 Edmonton, AB T5G 3H4
 Ph: 471-8871 Fax: 491-3989

HOT

SINGLE OF THE WEEK



**BRENT
CONSTANTIN**
*VP Campus Life/President Elect/
Classically trained warlock*

Hello, gentle reader, and welcome to another installment of Hot Single of the Week, the first of such since our spring break (which is more like a late-winter break, if I can be honest).

If you're reading this article I can make several assumptions about you, the reader. The first is that you have the ability to read and to see. Perhaps your sight is natural, viewing in the spectrum that we refer to as optical light, or, you may see in one of the other (but still just as good) wavelengths, such as thermal (e.g. Predator).

I can also infer that you are sitting, or standing, or lying down as you read this newspaper, as those are the common and most comfortable positions available to most people for this activity. You may have even used a combination of all three of

these while you moved through the paper from the first page, all the way to the page that this article is on (best page).

Some of you may have gone directly to this article upon picking up the paper – this is the incorrect way of reading. All the information and pictures previous to this article are written and designed in such a way that prepares you for what comes afterwards, just as this article prepares you for those after itself. Also, our ad revenue depends on the order in which you read, with our most costly advertisements occupying the earlier parts of the newspaper and our advertisements attempting to sell you toothpaste sweetener located near the back. By disrupting this natural order you have thrown our periodical into disarray.

Our Hot Single of the Week appears to be Alyssa, a second-year marketing student and former member of the running team.

B: Hello, Alyssa.

A: Hi.

B: Welcome to my office, where I perform operations on all of my HSWs, extracting information using my surgical tools of "asking questions" and "writing the answers down." I think some of our readers and watchers may recognize you from the NAIT weight

room. How do you enjoy the facility?

A: It's not the best, obviously.

B: Alyssa, I've always been curious, as a young woman who goes to the gym, do you ever get perturbed that a vast number of men go there solely to stare at the women on the machines?

A: It's not really that bad. There are a few guys that go there just to do that, and you can tell who they are right away. If there's someone really creepy, I just tell the guys at the sports equipment desk.

B: That's why I was kicked out the other day ... What else do you do with your spare time?

A: I also model.

B: Really? For what?

A: For the Diagnostic Medical Sonography program. I reveal my organs to the ultra-sound students.

B: I wish I had a picture of that to place next to your photo here. I think it's important to know how healthy the large intestine is of a person you're considering going out with. We're running out of precious space, so tell us why you are "hawt."

A: I got it from my mom and dad, I guess.

B: Who would you say is more of a fox, your mom or dad? Who do you get that hotness from more?

A: Well I think my mom did most



of the work.

A: That's true ...

B: That's a very open relationship you have with your parents that they've revealed the position they were in that led to your conception.

A: No, I mean she did most of the work carrying me around for nine months.

B: But your dad had to listen to your mom as she carried you around for nine months.

I'm ending the article here. If you would like to contact Alyssa e-mail me, Brent Constantin at bconstantin@nait.ca with a brief message for her and I'll forward it to her. I also need Hot Singles for future issues. There are only a handful left, so first come, first serve to fill the spots. Just message me at that same address and we'll set up a time to meet.



Stressed? Tired? Need a spring pick-me up before exams?

Come indulge yourself at our Zen Spa Retreat! You will be treated to 2 spa treatments of your choice, health and wellbeing seminars, and unlimited use of the hot springs and other hotel amenities. Let us help you melt your winter worries away!

\$300

Payment must be received in full on or before March 17 to ensure your spot



www.nait.ca

Ask a Student Counsellor

Motivation – and how to get it



MARGARET MAREAN

Question: I was really motivated first semester and did really well. This semester I just can't seem to get going and I'm not sure what to do differently.

Answer: Students often feel less motivated in the winter term. You haven't had a summer break to get refreshed and winter is generally a time when we feel less energetic. NAIT isn't new and exciting anymore.

Here are some tips that might help get you back on track:

- Get into a routine. If you start setting aside the same time every afternoon or evening for studying, it will become a habit within a few weeks. You may have to force yourself at first, but you will end up accomplishing more.

- Make a daily "to-do list" – a checklist of what you can realistically accomplish. Prioritize the items from most to least crucial and

always work on your most important tasks first, even if they are the most difficult or the longest.

- Make a schedule. Put clear time boundaries for projects and studying. Do your studying first so you can look forward to some down time or something fun later.

- Try studying in groups or with a partner occasionally. This makes studying more fun and you may be surprised at how effective it is.

- Specify a clear-cut goal you want to achieve before you sit down to do homework or to study (i.e. "by the end of this hour I want to accomplish ..."). This puts you in a competitive mode and stimulates you to stay motivated and focused.

- Know your body rhythms. If you are a morning person, do your most important tasks in the morning – don't force yourself to do them at 11 p.m.

- Evaluate how long you can realistically concentrate (no longer than 50 minutes for most people) and make sure you take breaks when you need them.

- Get started on tasks early, the day you receive the assignment if possible. Tasks that are put on hold

cause guilt and de-energize you; getting started right away arouses your interest and gets your creative juices flowing.

- Work on building a positive attitude. Self-statements like "I'm too lazy," "I'm a procrastinator" or "I can't do this" can become self-fulfilling prophecies. So can statements such as "I am self-motivated" and "I love to learn."

- Visualize yourself being successful. A clear picture of what success means can keep you going when your workload seems overwhelming.

- Don't waste energy being negative and blaming yourself or others for how much work you have or for past failures. Negative energy makes it difficult to learn and to be creative. Put your energy towards accomplishing your goals instead.

- Concentrate on your successes and build on them. Evaluate areas where you could have done better, learn from them and change them into future successes.

- Surround yourself with positive, motivated people.

- Set realistic standards. Being a perfectionist can de-motivate

even the brightest of students. Decide how much time and effort each assignment is worth and allocate accordingly.

- If you are feeling overwhelmed by a project or assignment, break it into smaller parts and focus on one part at a time.

- Set rewards for accomplishing difficult tasks or getting through a study period when you aren't motivated. Most people work best with positive reinforcement but for some people it is also helpful to set penalties for failing to follow through with tasks.

- Give yourself pep talks – remind yourself why you have chosen to continue your education and the long and short-term benefits this

will have.

- Make sure you have something to look forward to every week.

- And finally, take care of yourself by getting enough sleep, eating properly, exercising and having some fun. Motivated, energetic people have balance in their lives.

If motivation continues to be a problem, or if you have any other academic, personal or career choice concerns, you may want to book an appointment with one of the counsellors in Student Counselling, Room W111-PB, HP Centre, Phone: 378-6135.



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FEB. 29

MAR. 7

MAR. 14

AT THE NEST

REGISTER AT NAITSA RM. E-131

What we need:

- One band member must be a NAIT student.
- Student ID Required
- A demo disk or link to your myspace page with music/video content.
- A high quality digital picture for print promotion
- A stage plot.



STUDENTS' ASSOCIATION

LEADing the way!

NAIT's LEAD Team is a group of high-calibre student athletes working towards earning NAIT's first leadership Award of Distinction.

LET'S ALL HELP TO MAKE LEAD TEAM EVENTS A SUCCESS!

Laura Tailleir, a LEAD Team member, is producing a fun walk and run entitled WALK AND ROCK on March 12.

Start time: any time between 11 a.m. and 1 p.m.

Start at: Arena – most of the walk will take place on NAIT's perimeter. In the case of a snow out, the walk will be moved indoors throughout the campus

Register a team (minimum of five) or individually at E-134

Registration: FREE! – please bring a donation of used sports equipment for Sports Central (provides equipment for families who cannot afford equipment otherwise) or a small cash donation on event day.

Prizes for largest department or program team entered!

Prizes for most enthusiastic team and the best-dressed team (think fun)!

Draw prizes for EVERYONE!

For more information, please call Sheryl Hansen at 471-8574 or email sherylh@nait.ca

Classifieds

After Hours Singles Party

Meet New and Interesting People
The Edmonton Party Line

Dial: 44-Party

Ads* Jokes* Stories & MORE!

Free Local Call *Ladies-R-Free* 18+

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Let Go. Go Outback.

Happy Hour...Every Day from 2:30pm - 5:30pm

All highballs	2 ⁹⁹
Our "22oz. Big Bloke" of beer	5 ⁹⁹
Featured wines by the glass	4 ⁹⁹
Select happy hour appetizers	4 ⁹⁹

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Our Signature Martinis only 3⁹⁹ all day Monday!

Wing Wednesdays

Enjoy a pound of our wings for only 4⁹⁹

"Sydney" Caesar Thursdays

Premium vodka, Motts Clamato and the right amount of spice only 3⁹⁹

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12832-137 ave (Adjacent to Safeway)

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VOLUNTEER?

NAIT Orientation – Evenings

Have you always wanted to get involved at your school? Now is your chance! NAIT is looking for volunteers for May 21, July 22 and August 18. The events are from 6-9 p.m. Volunteers are needed from 5 -9:30 p.m. on each evening and for a training session before each event. The volunteers will work in one of the following roles:

1. "Ask Me" Roving volunteer – The student simply walks around campus and directs people where to go and helps them with general inquiries.

2. Check-in tables – The student welcome the guests and provide a nametag and orientation package.

3. Tour Guides – The student will lead Icebreaker activities for their group and then lead a campus tour to select locations.

4. Evaluation drop-off table – Collects evaluations and puts them in the draw drum.

5. DJ.

For more information, contact Sarah Franks at sarahf@nait.ca

Habitat for Humanity

Habitat for Humanity Edmonton needs a volunteer with strong AutoCAD skills who can come and spend some time in our office over the period of two to three weeks. The right volunteer needs to be able to work with direction but little or no supervision. We are updating and revising our working drawings with AutoCAD 2008. Interested? Contact Angela Robichaud at 479-3566 ext 223.

Hope Mission

Always wanted to help out your community in a positive way? Help prepare and/or serve meals to people experiencing homelessness. Volunteering is easy, flexible times throughout the week. Send an email to sarah.krikke@hopemission.com.

The CIBC Run for the Cure

The Canadian Breast Cancer Foundation CIBC Run for the Cure is seeking various Run Committee Co-ordinators in Edmonton. Become a leader of Canada's largest, volunteer-led fundraising event dedicated to creating a future without breast cancer. Visit their website at <http://www.cbcbf.org> for more information.

Volunteer Tax Preparers for Dickinsfield Amity House

Make a difference by completing tax forms for individuals and families who meet low-income guidelines. Taxes are prepared and filed electronically. Free training is available. Contact Carol at 428-5022 or by e-mail at carolamity@telus.net Dickinsfield Amity House is registered with the Canada Revenue Agency Community Volunteer Income Tax Program and completes over 500 returns annually.

Youth Emergency Shelter Society (YESS)

Volunteer for a great event that supports YESS. They are looking for people to sell 50/50 tickets for the St. Patrick's Day Run (March 16 from 9 a.m. to 12 p.m.). For more information, contact Dana Myers at 468-7186 ext. 234 or visit www.yess.org

TUITION TAX RECEIPTS 2007

STUDENTS: The T2202A Tuition Tax Receipts for the 2007 calendar year will be made available on the student portal at www.nait.ca/MyNait in late February 2008. Instructions are provided on line to assist in creating your NAIT login and printing your T2202A.

Please note: Tax receipts will not be mailed. Students requesting a printed T2202A form will be charged \$10.

Out and about



GABRIELLE
HAY-BYERS

What is your favourite body part on the opposite sex?



I like eyes. I'm kinda weird like that.

Alanna Gajewski
Pretech



I like a nice ... eyes.

Brendan Sanche
Electrical Engineering
Technology



Ass.

Christopher Van Iderstine
Fourth Class
Power Engineering



Back.

Samantha Tippe
Culinary Arts



There are a lot of things I like.

Travis Frank
Pretech

Edmonton Cultural Capital Program Presents

Community Arts Celebration

March 15-16, 2008
10am-5pm

Winspear Centre

FREE EVENT

artists celebrate unique
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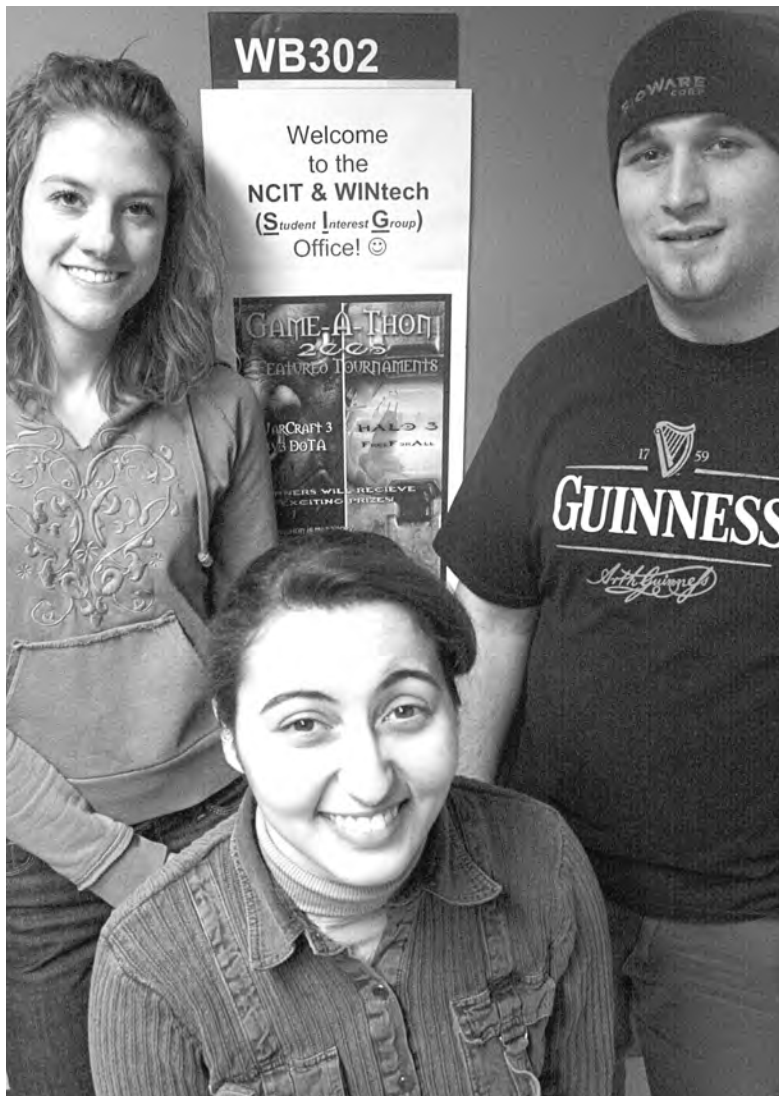
Plus
Celebration Showcase ~ Sunday at 6pm
Main performance hall, doors open at 5:30pm.
Free, general admission, no ticket required.

MORE INFO: 497-2336
www.edmontonculturalcapital.com



Canada





Supplied Photo

MORE ROOM

WinTECH treasurer Robyn Bergen, WinTECH president Sanaa Khalil and NCIT President Zach Blanchette stand at their new shared office and meeting space in the HP Centre.

STEPS TO SUCCESS

Keep your bearings

SHANT CHAKMAKIAN

Re-evaluating your goals and methods is a worthwhile tool in executing your goals successfully, effectively and efficiently.

Like a ship at sea, sometimes one may drift off course in his or her endeavours. Getting one's bearings through re-evaluation and reflection will always ensure that a person follows the path to success.

That's why writing goals down and keeping them where you can see them is a good idea. Putting your aspirations in physical and tangible form is one of the first steps to achieving them.

Without growth and learning we'd never adapt, we'd never change and as a result we as humans would never survive. Using your instinct to pursue something, your reason to

evaluate something and your passion to attain it are at the very core of achievement.

How a man carries himself is a measure of how he looks at himself and how he looks at himself is a measure of how he sees the rest of the world.

Without growth and learning we'd never adapt, we'd never change and as a result we as humans would never survive.

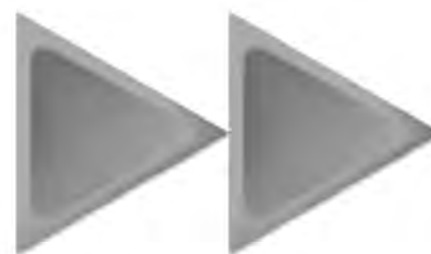
If you think you're perfect, you will be doomed to be stuck in failure; but if you feel relatively confident, yet accept room for improvement and act on it consistently with ambition, you will flourish.

The world is not just what we see but what we make of it, but one cannot make something without seeing it first.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to email me any comments or suggestions at shantc@hotmail.com I value and look forward to your input.



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Photos by NAIT Digital Media Services

John and Susan Hokanson, seated in right photo, were the toast of the SS Benefit NAIT Cruise Saturday for their \$1-million investment in the School of Hospitality and Culinary Arts. The generous couple poses for a photo with NAIT President Dr. Sam Shaw, left photo.



A NAIT Cruise for the record books!

The 20th SS Benefit NAIT Cruise sailed into history as the most successful yet, thanks to the announcement of a \$1-million donation from the Hokanson family.

The donation by John and Susan Hokanson supports the School of Hospitality and Culinary Arts.

In 2003, a \$1-million investment from the Hokansons provided the impetus for a \$3.25 million campaign to create the Hokanson Centre for Culinary Arts, home to the School of Hospitality and Culinary Arts cooking program.

In total, \$1.53 million was raised at this year's Cruise, shattering the record-breaking \$750,000 raised last year. All proceeds from the event benefit the Culinary Arts programs.

Ensuring the Cruise always had the wind at her back as the SS Benefit NAIT sailed around the world were a crew of more than 350 volunteers.

"Thanks to all the volunteers – staff and students – whose generous contributions of time and talent resulted in our most successful Cruise ever," said President and CEO Dr. Sam Shaw.


"Results like this are indicative of the ongoing efforts of an outstanding group of volunteers, many whom return year after year to put in hours of their own time to make this event one of the country's most highly-anticipated and premiere gala events."

Mark your calendars – the SS Benefit NAIT sets sail to Madagascar March 7, 2009.

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HOME

For more reasons to choose a health career in
Saskatchewan, visit

HealthCareersInSask.ca



Saskatchewan
Ministry of
Health



Supplied photo

Remnants of the shed which burned at Fairview Campus over the weekend.

Fire at Fairview

An open pole shed, bales and several pieces of farming equipment went up in flames early Sunday morning (March 2) on Fairview Campus.

The cause of the fire is still under investigation by the Fairview and District Fire Department, which responded to a 911 call to put out the blaze.

The cost of damages to the shed and its contents – bales, a bale processor for feeding livestock, a hay bine and a round baler – along with

two portable bleachers and two livestock trailers stored next to it has not yet been determined.

The farm, on the eastern side of campus, houses the animals – cattle, sheep and horses – used by students in the Animal Health Technology program.

“The fire will not have any impact upon program delivery,” says Bill Knudsen, Co-ordinator of Capital Projects and Facilities Operations. “A bale processor has been rented in order to proceed with the feeding care of the livestock.”



Featuring the best Bashes in the City with Time Warp Tuesday-Ezzies goes Retro with sounds from the Past and with an IPOD touch given away each night for the funkiest Retro Attire! Freakin' Frenzy Fridays - Featuring Rock star and Crown Royal specials as well As creative contests and prizes

Super Party Saturday's - where every night is a whole new Party With the Most Professional and Friendly Staff you'll encounter Daily Drink Specials and Prizes

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Carpenters, plumbers and project managers are a few of the jobs listed on Merit Contractors Association's Construction Job Stores website.

Merit Contractors Association Ph: 780-455-5999 or 1-888-816-9991



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We're not just beer & pub grub



CALL FOR NOMINATIONS

Do you know someone who acts as a champion for NAIT, has contributed to Aboriginal student success or is noted for their contribution on a local, national or international scale?

Nominate that someone today!

- Distinguished Friend of the Institute Award
- Senator Thelma Chalifoux Award
- Honorary Diploma

The nomination deadline is Tuesday, March 11, 2008. Forms are available under "Publications" in the "About NAIT" section at www.nait.ca.

