SEX AND RELATIONSHIP WEEK - NOV. 24-28

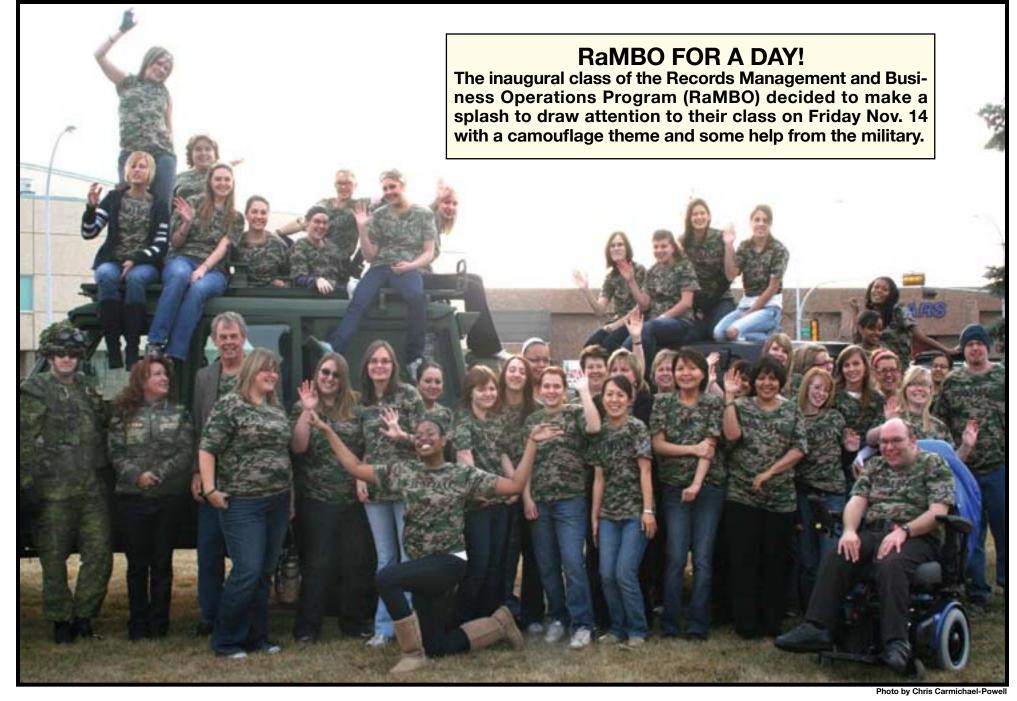


YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

FUTURE IS NOW NAIT grad Nap Pepin has a vehicle that laughs at gas prices, story Page 2

INSIDE: Editorial: Page 5 Entertainment: Pages 12, 13, 14, 15 Issues: Pages 2, 3 Sports: Pages 6, 7, 8, 9







Thursday, November 20, 2008

Volume 46, Issue 12

SECRET SLOPES *EDITION* DECEMBER 30 TO JANUARY 2, 2009 STARTING AT

+ GST

NEWS&FEATURES Little vehicle that could



CHRISTEN LONG Issues Editor

Gas is finally dropping to around 80 cents a litre! But the warm, fuzzy feelings begin to fade when you realize it's still higher than four years ago. With that reality check, you raise the heavy nozzle to the tank ... but cheer up. A white, egg-shaped vehicle is buzzing happily around Edmonton streets, unaffected by fuel costs. Don't be jealous. The Lithium BugE might just be the answer to those outof-control prices at the pumps.

It's been a labour of love for owner/engineer Nap Pepin, a graduate of NAIT's Electronic Engineering Technology program. He's spent more than 300 hours shipping, assembling and customizing his three-wheeler. But the investment paid him back with the equivalent of an astonishing 700 miles per gallon and top speeds of 133 km/h with a recharging range of 200 km. He can fit into just about any parking spot and the vehicle accelerates from 0 to 60 in seven seconds flat. One more bonus: the Lithium BugE only costs

\$210 a year to insure.

Pepin believes that those who deny global warming "usually have their own agenda or want an excuse for doing what they are doing, such as driving their Ford F350 ... usually only with them in it."

Pepin also predicts that "prices will fluctuate but will eventually reach those in Europe." And adds, "It will be 10 years or more before 10 per cent of the cars are electric."

Additions like a lithium iron phosphate battery make his vehicle, classified as a motorcycle, truly unique. Pepin's tinkering has enhanced it so far beyond the capabilities of other BugEs that it's considered a prototype. The original vehicle kits from Blue Sky Design can only travel at 30 mph and use a DC motor.

The parts for the Lithium BugE had to be shipped in individually from various suppliers to comply with Canada's kit car laws. It didn't come cheap either; the cost of building it comes to roughly \$15,000.

But that's a price Pepin has been more than willing to pay. It's not the first time this engineer has built vehicles, either. He grew up creating all-terrain vehicles, go-karts and flying machines. After graduating, he used his spare time for an arcade helicopter-rescue machine, a full size



Nap Pepin tools down the road in his customized BugE electric vehicle that gets the equivalent of 700 miles per gallon.

tric Vehicle] cars are the future. Some of us won't wait forever." If you're

up for sale.

You can visit Pepin's website interested in the Lithium BugE, you at www.nappepin.com for more may be in luck – the vehicle just went information.

Machines shape his future

pedal generator and an impressive

sewer-overflow model for the City of

According to Pepin, "POD [Elec-

Edmonton.



Millwork and Carpentry student Devin Forbes is reaping the benefit of a new line of accessible woodworking machines that NAIT has installed.

By CHRISTEN LONG **Issues Editor**

After a devastating accident, Devin Forbes has been living with a wheelchair for the past 16 years.

"I had a car accident on my 18th birthday which put me in a wheelchair," the NAIT Millwork and Carpentry student explains in a matter-of-fact manner. He's used to his disability, but it could have ended his career dreams for good.

That's where a new, ground breaking line of woodworking equipment comes in. The machinery, called "Access by General," is making the workshop accessible to everyone.

It includes the most common items like a band saw, jointer, table saw and a ill press. General International created the line after they were asked the tough question: "Why doesn't anyone make woodworking machines for people in wheelchairs or for individuals with limited mobility?"

NAIT's chair of the woodworking programs, Paul Roberts, says: "Just because they're in a wheelchair doesn't mean they're not capable of doing good work ... I think industry realizes that."

NAIT is the first post-secondary school in Canada to have the Access equipment. It's been a joint effort by NAIT, General International and House of Tools to bring the pieces onto the main campus.

Forbes, who comes from a whole family of carpenters, couldn't be happier. "Working with my hands has always been my passion," he says.

After graduating from the program, he eventually plans to own his own shop and build his own furniture. More information can be found at www. general.ca/Access/pagemach/and/welcome.html

NEWS & FEATURES



NEW SECURITY MEASURES

Jerry Hove, Manager of Security and Parking, addresses a group on Nov. 10 to outline the steps NAIT has taken to update NAIT's plans for dealing with emergencies on campus. These include a multi-pronged public information system that includes public address broadcasts, large display screens, web alerts and messages on Facebook and Twitter.

Christmas spirit is alive at NAIT

By CHRISTEN LONG Issues Editor

HO, HO, HO. Merry Christmas. Staff and students at NAIT aren't letting the bad economy "scrooge" their spirit of giving this Christmas season. Security officers, acting like Santa's elves, are busy securing toys for all the good little girls and boys at Santas Anonymous. They're asking for donations of new, unwrapped presents appropriate for ages up to 12 to be dropped off at the Security Office in Room D-109.

Club 5 Star, comprised of Hospitality Management students, will be outside the Fresh Express selling candy canes right up until Christmas break. The students will be donning their Santa hats again while they raise money for "Kyle's Joy Cart." Kyle visits the Glenrose Hospital every year with toys, candies and trees for stroke patients and for kids in Pediatrics. The candy canes are sold for a dollar and come in various yummy flavours.

"Share the Warmth" is kicking off again, sponsored by NASA (NAIT Academic Staff Association.) They have a mitt tree and donation boxes at dropoff locations all around the Main, Patricia and other campuses. They collect mitts, scarves, toques and socks for kids for various local charities.

So help these generous people play Santa this year. The real Santa will be sure to put you on the "nice list." HO, HO, HO.

'Stache for good cause

By MACKENZIE MARSHALL

"Wow, that moustache makes you look really greasy." That's what I heard from a co-worker on Sunday afternoon. Yes, I know

it's greasy looking, but I'm doing it for a good cause. Since 2004, the Movember Foundation has used 'Movember' to raise

awareness and funds for men's health issues, such as prostate cancer and depression. The first three years, events were held in Australia and New Zealand. The Movember movement grew in Canada, the U.K., the U.S. and Spain. It's even starting in Ireland this year.

The rules of Movember are simple – start cleanshaven on Movember 1 and let your facial hair grow. There are no beards and no goatees. A small amount of hair is allowed under the bottom lip.

Men, known as Mo Bros, are encouraged to wait a week or so before switching from scruff to a moustache. You can't choose the moustache, the moustache chooses you.

I flirted with several ideas: Handle Bars? Mutton Chops? The Mario? The Wario? After playing around with the right design, I knew the regular moustache was best for me.

At the end of Movember, gala events are being held for all Mo Bros to stalk the catwalk and show off the goods. The winning Mo Bro will take home the title "Man of Movember." Edmonton's gala event will be held at The Empire Ballroom on Friday, Movember 28.

Why go through all of this, you might ask?

According the website, every year 24,700 Canadian men are diagnosed with prostate cancer. It leads to 4,300 deaths a year, making it the number one cancer threat to Canadian men.

Most guys don't know those facts, and even in this day and age, a lot of "real men" don't talk about their health or go for regular checkups.

The goal of Movember is to change those attitudes, make men's health fun by putting the moustache back on their faces and raise some serious funds for prostate cancer.

"I'm doing it because it's not often I can just grow a 'stache and not be looked at like a giant creep or weirdo," says a NAIT student. "For this month, everyone is all right with my facial hair so I'm going to run with it. Hopefully my friends will chuck in a couple of bucks for me doing this."

All donations go directly to the Prostate Cancer Research Foundation of Canada and can be made on the website www.movember.com (My registration number is #2053682) So if you can, please donate to a good cause.

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Submissions encouraged. studenteditor@nait.ca THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

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We want your views Is something bugging you about

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Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

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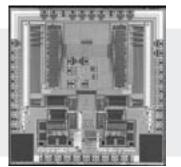
Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

NEWS & FEATURES



Taken by Storm



SHANT CHAKMAKIAN When Blackberries came out they changed the corporate messaging world forever. At first allowing CEOs to stay on top of e-mails, Black-

berry soon spread to the retail market. In the third guarter of 2007, BlackBerry users passed 12 million worldwide, keeping it a dominant brand in smartphones.

With the upcoming release of the Storm, Blackberry promises new features that are considerably innovative in addition to what people have come to expect from smartphones.

Using the latest in multitouch, like the iPhone, the Storm allows users to use multiple fingers to interact with the device. But what takes their touch screen to the next level is tactile feedback.

This essentially allows you to click instead of just select something in the menu; it also promises a more interactive user experience.

Claiming 360 hours of standby time and 5.5 hours of talk time, the Storm claims to have a slightly higher battery life than the iPhone.

The unit also comes with a 3.2 megapixel camera built in with flash included. This is a big contrast to the iPhone's 2 megapixel camera that has no flash at all.

Disappointingly, the unit does not come with Wifi support, which

is now expected from all smartphones in the market. This is a big disappointment to heavy data users who can save money by using their Internet connection via Wifi for all of their data services

But a major consideration for students who intend to graduate is what the phone will be mostly used for. First, if you are an avid texter, you should make sure you get used to the touch screen interface. Most people buy Blackberries for texting and a touch screen can make that a little different.

If you intend on using your phone for work, it is highly recommended that you get the storm with a good data plan. Blackberry Instant Messenger is a very effective communication tool, especially in the business world.

Another thing to keep in mind is data usage.

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The Blackberry uses a fraction of the data volume of other smartphones and has excellent security features laced with effective communication.

Network coverage is also a major concern for users. The iPhone runs on 3G GSM networks like Rogers, while the Storm runs on CDMA networks like Telus and Bell. This means a new phone can mean a new provider.

The Blackberry storm promises to change the smartphone game forever while giving the market a new

experience. For those of you who are torn between the iPhone and Blackberry, this is the closest thing you'll get to a hybrid.

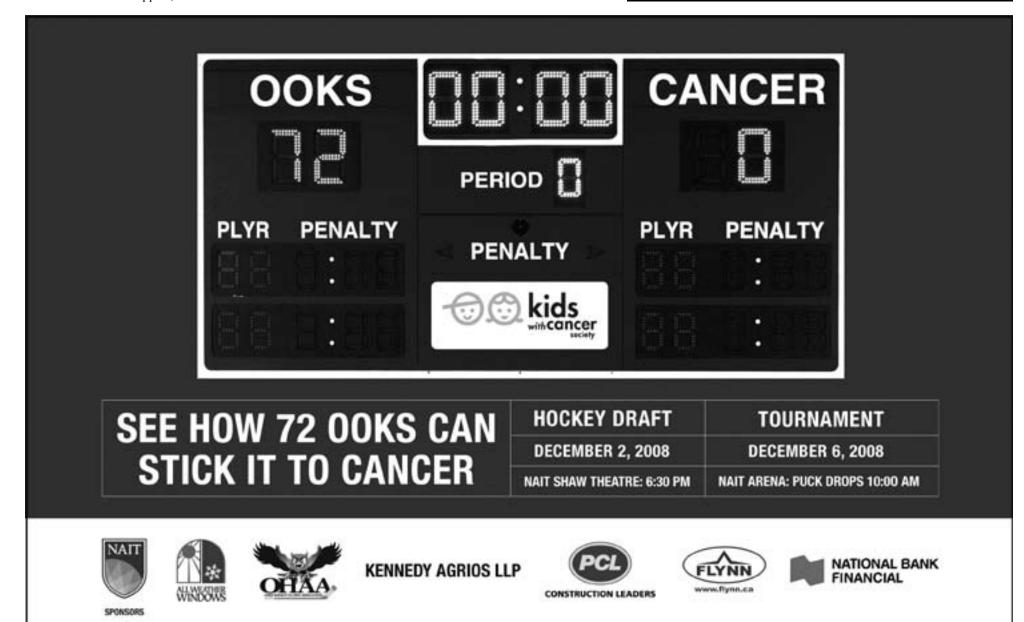
Please feel free to visit my blog at





http://shantc.blogspot.com or to e-mail me any comments or suggestions at shant c@hotmail.com I value and look forward to your input.







Time to fix the parking



ongratulations NAIT students! For the majority of us the first half of our school year is quickly coming to an end, and I couldn't be more pleased. Don't get me wrong, I love NAIT. To be honest, it has been my favourite out of the three post secondary institu-

CHRIS CARMICHAEL-POWELL Editor-in-Chief

tions that have had the honour of my presence. Nevertheless, there is something that drives me absolutely crazy about this place.

Can NAIT please do something about the parking? Enough is enough! I not only go to NAIT as a student, I also work here. Yet, I still have to be concerned with the time I arrive at school so I can secure one of what feels like 10 available parking spots due to the fact there is not enough space.

Build another parkade

Here's a suggestion for NAIT, make some! Buy up some space somewhere in the area, level it, and then build a parking structure. I can't imagine it will be cheap, but here's a secret NAIT administration, neither is tuition! Not to mention that I keep hearing story after story about the donations NAIT keeps receiving. Perhaps it is time to allocate some of those funds to the current parking crisis.

How far from the school am I suppose to be parking? I'm not going to lie, I tried the Kingsway lot, but it was a pricey decision costing me \$50 a ticket. I can't speak for the rest of the students (and potentially any staff dealing with the parking issue) but I'm not too keen on walking 10 blocks to school in minus-30 degree weather. I wonder if Dr. Sam Shaw has to walk 10 blocks to work every day, because last time I checked I pay to be here. The way I see it, if I pay to be here and I have to worry about parking, it's only fair the people being paid to be here have to deal with the same issues.

\$100 a month

If by chance I do happen to arrive at the school in time to get parking (which generally is provided by Hanger 11 across from the business centre) it still costs me roughly \$100 a month. Personally, if I'm throwing out \$100 a month, I would rather it go toward getting me drunk or laid. (Oh, calm down, I'm a college student, where did you think my money went?) or that at least have it go towards my daily coffee.

To top it off, after I have finished my 20-minute trek through the cold, prostitute infested streets. I get to school only to see there are numerous empty spots in the lots designated for parking pass users. Really, empty spots and a 350-person waiting list. Am I the only one that notices a problem with this?

Getting to school is not always the bad part, what really concerns me is when I'm leaving the school. Some nights I leave at nine o'clock and sometimes much later. Walking down 118 Avenue at 11 p.m. is not always the safest thing. What is the school waiting for, a NAIT student to get beat down by a hooker? It is 118th after all.



Your views are important

We want to hear from you!



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Photo by Alex MacKenzie

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: <u>stu-denteditor@nait.ca.</u>

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.

SPORTS A double loss



By NAHREMAN ISSA Sports Editor

It was a double-double for NAIT's basketball teams this past weekend, and not in a good way, like the coffee at Tim Hortons. Both teams gave up four points respectively against the cross-town rivals, the Grant Mac-Ewan Griffins. The men's team was hit hard as their six-game win streak came to an end.

The Ooks had to play without head coach Don Phillips and the team's leading scorer, Dennis Ashworth. Both were suspended after an incident during Friday's game (see story below).

It was sloppy right from the get-go. Mac-Ewan set the tone early for things to come when they got on the board with a threepointer. The Ooks couldn't get their game plan in action. They were rushing to the basket, throwing from anywhere. According to my colour commentator Mackenzie Marshall, who was watching the game with me, he felt NAIT should have called a timeout to settle the boys down. The boys were out-hustled in the first quarter, and MacEwan led 22-7.

The Griffins started off the second quarter with another three points. Ooks had some nice plays but just couldn't finish. They needed to slow the game down as they were trying to run with the ball and it wasn't working.

A minor scare came half way through as forward Cory Bell went down with a leg injury. He went back into the game, but it would be the wrong choice as he aggravated the injury and is now out of action. At the half, the Griffins were leading 35-26.

The start of the third quarter was a different story, as it seemed the Ooks were sticking to a game plan that had seen them win six straight. They slowed the game down and actually set up plays. Jonathan Honey with the "sweet play" Get it? (Lame, I know!) He got the team close with a three-pointer. In fact, the Ooks had their first lead of the game with 1:15 left in the third, but would lose it 15 seconds later.

In the fourth quarter, the sloppy play continued, but the Ooks would make a game out of it in the last minute. Down five points, the boys tried to rally, but it was too little too late. Final score was 69-60.

While it may not have been a picture perfect game, you do have to give the Ooks credit for coming back like that, especially since Grant Mac had a 20-point lead at one point.

Assistant Coach Jason Scott, who was filling in for the suspended Phillips, said despite the loss he liked what he saw.

"We started off rough and we weren't executing," said Scott. "But I'm proud they fought back and never quit.

"It's hard to really come back after getting down so early, but we played with heart and we have pride in our program."

Players of the game were Ooks guard Cyril Ashworth and the Griffin Evan Eger.

On the women's side, Ooks Dale-Marie Cumberbatch was honoured during the half time of their game. Cumberbatch broke the all-time ACAC top scoring record on Nov. 7. She was presented with three framed souvenirs, including the game sheet.

The women's team lost to the Grant Mac-Ewan Griffins 75-58. Players of that game were Ooks Crystal Jensen and Griffin Jessie Newton.

A new ACAC record every game for Dale-Marie

On Nov. 7 against Augustana, Ooks forward Dale-Marie Cumberbatch broke the ACAC record of 1,407 total points in a career, which was set in 2001 by SAIT's Lisa Ozcan



(Erickson). Follow her progress as she sets a new mark every remaining game this season.

Upcoming games: NAIT @ Concordia, Friday, Nov. 28 Concordia @ NAIT, Saturday, Nov. 29

Scores 17 points against MacEwan <u>1,496 pts.</u> Nov. 15		
Scores 23 points against MacEwan <u>1,479 pts.</u> Nov. 14		
Scores 31 points against Augustana		
Scores 26 points against Augustana <u>1,425 pts.</u> Nov. 7		
1,407 points: Former ACAC record		
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Coach sits one out

By NAHREMAN ISSA Sports Editor

The men's basketball team had to go without their coach in the second game of a home and home series versus the Grant MacEwan Griffins. Don Phillips was ejected from Friday's game, which meant he was automatically suspended for Saturday's matchup.

Leading team scorer Dennis Ashworth was handed a technical as well when the refs thought he was being unsportsmanlike (he pulled his jersey over his face after a call). According to ACAC rules, if you receive three technicals within a season, you are automatically ejected from the game and handed a one game suspension.

Phillips sat down with me and gave me his side of the story.

"I didn't agree with the call [made in the fourth quarter] and I stood up for my player and my team. I thought Dennis was given an unwarranted technical so I called a time out and spoke to the referee politely," he said.

"There was no outburst whatsoever. I was polite and the ref didn't want to hear it anymore so he walked away. I continued talking and he didn't like that so I was given a technical. Obviously, I talked too much but this whole situation was blown out of proportion."

Phillips will be back with the team when they play Concordia on Nov. 28.



NAIT Ooks basketball coach Don Phillips was banished from the bench for Saturday's game against the MacEwan Griffins after he received a technical foul the night before.



NAHREMAN ISSA Sports Editor

The big talk around our city involves the coaches on both our major teams, Craig MacTavish and Danny Maciocia. Their saga could be played out to the Clash's hit *Should I stay or should I go?* That seems to be the question every year, and because of certain situations this year, the question is being brought up sooner than later. It also doesn't help that Edmonton fans are some of the most passionate, hardcore fans out there.

MacTavish went on a verbal rampage this week, calling out some

of his players; most notable on the list is Dustin Penner. Everybody is aware of the incident between the two but many are questioning Mac T's approach to the situation.

"When we signed Dustin we thought he'd be a top-two-line player," said MacTavish as the team was preparing for their matchup against the Detroit Red Wings, (which they lost 4-0).

"We thought the contract (\$4.25 million average for five years) was a starting point for him but he views it as a finish line. I can't watch it, certainly not for another 2¹/₂ years," he said. Brian Burke must love this saga ...

But talk about the possibility of being firing isn't news to MacTavish. He's been on the hot seat for years now. Many people feel the team cannot improve with him at the helm, that he's lost the veterans in the room. But the historic Oilers' head office would not stoop to the level of firing him. It is way too early in the season for the team to be hitting the panic button. Sure, the Oilers are getting outplayed and outmatched, but they have spent the majority of their time on the road. Let's calm things down for now. Lowe probably doesn't have it in him to fire MacTavish. If MacT were to go anywhere, it would be a "mutual agreement" that he's not coming back.

But the Oilers had the same problem with Ron Low, and he never got "fired." The Oilers just don't play that way.

I'll leave the last word to my

favourite Sportsnet anchor, Sean McCormick.

"Firing the coach is the LAST resort, not the first, unless your team is called the Tampa Bay Lightning. All those in Oil Country that want the Oilers to be compared to the Tampa Bay Lightning, raise your hand."

Tell me what you think. Should Craig MacTavish be fired? What do you think the team can do to improve their current situation? E-mail me at sports@nait.ca

Canadian Grand Prix axed



AMBER TIENKAMP Assistant Sports Editor

The Canadian Grand Prix is no longer. Montreal's mayor, Gerald Tremblay, says it was impossible to meet the "unreasonable" demands of Formula One's boss, Bernie Ecclestone.

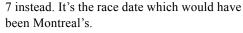
Meeting in London last month to discuss the possibility of getting the Grand Prix back in 2009, Tremblay returned optimistic, but as it turns out, there will not be a race in Montreal. The Canadian government offered to pay \$110 million over five years, 75 per cent of the first \$10 million in profits, PLUS, an additional 25 per cent of any other profits. All just to stage the race in Montreal.

This apparently was not enough for Formula One, as they turned down the offer (they had been asking for \$175 million over five years). Ecclestone claims that Montreal has not paid its debt for the race for the last three years. But Tremblay, along with provincial tourism minister Raymond Bachard, say this is untrue and that the only concern is payment for 2008.

The race which has been held at the "Circuit Gilles Villeneuve" since 1987, will not have cars on its track in 2009. The race annually brought in \$75 million-\$80 million, and there is now

worry amongst business owners in Montreal who made profits every year from the extra business the race generated.

Instead, according to the Formula One calendar, the Grand Prix usually held in Turkey in August will now hold its race on June



But since there still needs to be 18 races around the world, a new race has been named to the list, the Abu Dhabi Grand Prix.

> Tremblay said that since Montreal no longer has the Grand Prix, the money will now be put towards creating a development fundand the money will be used to find ways to attract different events to the

With the United States Grand Prix getting taken off the Formula One calendar last year, and Montreal now without a race, 2009 will mark the first year that North America will be without a Formula One race in 43 years.

city.

Ook Files

Jerome Makasiar

Sport: Basketball Number: 6

Best team memory: The team retreat earlier in the season.

Worst memory: Losing the game against the MacEwan Griffins (Nov. 14), breaking a six-game win streak.

Pre-game meal: Pasta and maybe a Gatorade. **Game superstitions:** I need to get loose, not be serious, before a game.

Favourite movie: Superbad. Favourite artist: Kanye West Favourite food: Mom's spaghetti. Favourite colour: Purple.





ACAC Standings

1

5

457

10

355

Mount Royal6

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Team GP	W	RW	L	OTL	GF	GA	Pts
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Mount Royal 12	0 8	6	2 4	2	42	40 42	16
Augustana 11	4	3	6	1	35	40	9
Portage11	3	2	7	i	32	51	7
Briercrest 12	2	2	7	3	33	58	7
MacEwan 12	2	0	10	0	34	67	4
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G

10

L

1

South Division

0

Pts

10

Augustana10

Red Deer 6

Team

756

PF

483

912

PA

403

Lethbridge	6	4	2	8	478	396		
Medicine Hat		2	4	4	421	488		
Briercrest		1	5	2	370	486		
SAIT	6	1	5	2	412	493		
		RES	ULTS					
		No	v. 14					
MacEwan 78,						ana 84,		
Lak	eland 10	02; MR	C 87, L	.ethbridg	ge 68			
		No	v. 15					
MacEwan 69, I						tana 84,		
Lak	eland 10	00; MR	C 90, L	.ethbridg	ge 64			
N.								
v				ETBAI	-L			
-	-	North				-		
Team	G	w	L	Pts	PF	PA		
MacEwan		8	2	16	754	624		
Concordia		8 7	2 3	16	807	653		
King's	10	-		14	695	617		
Grande Prairie		6	4 8	12	654	677		
NAIT		3 2	0 8	6 4	752	831		
Augustana Lakeland		2	8	4	653 546	814 645		
Lakeland		South			540	645		
Team	G	W	L	Pts	PF	PA		
Lethbridge	-	6	0	12	496	372		
Mount Royal		4	2	8	425	339		
Medicine Hat	0	4	2	8	410	339		
SAIT		4	2	8	474	417		
Briercrest		Ō	6	ŏ	342	484		
Red Deer		õ	6	õ	305	501		
		•	ULTS	Ũ	000			
Nov. 14								
MacEwan 74, NAIT 61; GPRC 58, King's 55;								
	'							

Lakeland 70, Augustana 56; Lethbridge 75, MRC 58 Nov. 15

MacEwan 75, NAIT 58; King's 68, GPRC 65; Augustana 74, Lakeland 61; Lethbridge 71, MRC 53

MEN'S VOLLEYBALL

	North Division						
Team	MP	MW	ML	GW	GL	Pts	
Keyano	6	6	0	18	6	12	
MacEwan	8	6	2	22	12	12	
Grande Prairie	6	3	3	13	13	6	
NAIT	6	2	4	10	15	4	
King's	8	2	6	12	21	4	
Lakeland	6	1	5	8	16	2	

South Division							
Team	MP	MW	ML	GW	GL	Pts	
Medicine Hat	6	4	2	14	11	8	
Red Deer	6	4	2	15	10	8	
Mount Royal	6	3	3	14	10	6	
Lethbridge	6	3	3	9	13	6	
Briercrest	6	2	4	10	14	4	
SAIT	6	2	4	10	14	4	
RESULTS							

Nov. 14 MRC 3, Lethbridge 0 (25-17, 25-21, 25-19) Medicine Hat 3, RDC 1 (25-20, 23-25, 25-14, 27-25) King's 3, MacEwan 2 (22-25, 25-16, 19-25, 25-20, 18-16)

Nov. 15 Medicine Hat 3, RDC 2 (25-22, 21-25, 18-25, 25-19, 15-12) MacEwan 3, King's 1 (25-19, 25-20, 22-25, 25-22) MRC 3, Lethbridge 0 (25-23, 25-19, 25-21)

WOMEN'S VOLLEYBALL

North Division								
Team	MP	MW	ML	GW	GL	Pts		
MacEwan	8	8	0	24	5	16		
Grande Prairie	6	4	2	13	9	8		
King's	8	3	5	14	17	6		
Lakeland	6	2	4	9	14	4		
NAIT	6	2	4	8	14	4		
Keyano	6	1	5	6	15	2		
		Sout	hDivis	ion				
Team	MP	MW	ML	GW	GL	Pts		
Mount Royal	6	5	1	16	4	10		
Red Deer	6	5	1	16	6	10		
SAIT	6	3	3	10	11	6		
Briercrest	6	3	3	11	11	6		
Lethbridge	6	2	4	8	14	4		
Medicine Hat	6	0	6	3	18	0		
		RE	SULTS	6				
		N	ov. 14					
MF	RC 3,	LCC 0 (25-17,	25-13,	25-17)			
BDC 3 MI		(16-25 `	23-25	25-23	25-12	15-10		

RDC 3, MHC 2 (16-25, 23-25, 25-23, 25-12, 15-10) MacEwan 3, TKUC 1 (17-25, 25-23, 25-20, 25-22) Nov. 15

RDC 3, MHC 0 (26-24, 25-14, 26-24) MacEwan 3, King's 0 (26-24, 25-13, 25-11) MRC 3, Lethbridge 0 (25-17, 25-15, 25-19)

Will Maciocia be back?



By NAHREMAN ISSA Sports Editor

It was fun while it lasted. The Edmonton Eskimos' improbable run through the Eastern Division to make it to the East Final was no easy feat. This is the first time in four attempts a Western team managed to even win a game out East.

The boys in Green and Gold lost to the Montreal Alouettes 36-26. There's goes the idea of the first "Battle of Alberta," Grey Cup style. So now the team returns home, looking ahead to next season. But at the end of any Eskimo season comes the question, what happens to head coach Danny Maciocia?

It's the same question that gets asked every season. No matter what Maciocia does, there are always going to be people asking for his head (it's no different with Oilers head coach Craig MacTavish).

Maciocia will be meeting with team president and CEO Rick LeLacheur in the next couple of weeks to decide his future with the team. He has been with the team for four seasons, making him the second longest-serving coach in the CFL behind B.C.'s Wally Buono (an outstanding 19 seasons as a coach).

As happens every season, Maciocia sits with LeLacheur and with his family to decide whether he wants to continue coaching the team. It's a big decision he says won't be made until weeks after the Grey Cup is decided.

Since Maciocia was hired as an assistant coach in 2002, he's been part of a team that has played in three Grey Cups, including 2005 when he won in his rookie season.

In 2007, Maciocia added head of football operations to his resume. This was a huge deal as many people thought he would get the axe after the team missed the playoffs in 2006. This was the first time in 35 years the team failed to qualify, breaking the record for most consecutive appearances in the post season among North American teams.

After accepting the head office position, Maciocia thought he would eventually get out of coaching and work behind the scenes, but that hasn't happened.

For now, Maciocia is still the head coach of the Eskimos. But the critics will have their say, the fans will have their say, but it's up to the team and Maciocia to decide what will happen with the future direction of the Green and Gold.



Photo by Brendan Abbott

CLOSE QUARTERS

NAIT Ooks Jerome Makasiar drives around MacEwan guard Sheldon McKinney at the NAIT gym on Saturday Nov. 15. The Ooks lost 69-60.

Woman goalie wanted

NAIT Ooks women's hockey team is seeking a goaltender. Must be a full-time NAIT student to be eligible to play. Scholarships are available. Interested athletes should contact Deanna Iwanicka, head coach at 78-471-8557 or by e-mail deannai@nait.ca



Cori Dunbar Curling



Cori Dunbar, a first-year Business student from Irma, helped lead the Ooks women's curling team to a first-place finish in the ACAC season's first bonspiel this past weekend at the Shamrock Curling Club. The team's record was 5-2, with wins over Red Deer College, Augustana, Grande Prairie Regional College, MacEwan College and Portage College. "I first saw her curl in juniors, and I knew she was good right away," said head coach Jules Owchar. "It's so important to have a good skip. If you have one, you always have a chance to win, and with Cori we knew we weren't going to be outskipped."

Joe Vrolson Curling



Joe Vrolson, a second-year Instrumentation Engineering Technology student from Whitecourt, was a key figure for the Ooks men's curling team at the Shamrock Curling Club in the ACAC season's first bonspiel. The men finished with a 4-3 record, earning them a tie for second place in the standings, as the collected wins over Red Deer College, Augustana, Olds College and MacEwan College. "We've only had Joe with the program for a month, but he was super out there," said head coach Jules Owchar. "He was probably the best shooter in the competition. He was hitting everything."







A busy term ...



Club Orientation & Club Fair 2008



ENTERTAINMENT **Contests – won and lost**



BRYCE ALTHOUSE Entertainment Editor

Sadly, Erik "Sheepboy" Congdon who we interviewed a couple of weeks ago did not win the \$40,000 grand prize in 100.3 The Bear's "Really Tough Contest."

He was eliminated in the first few rounds of the random reverse draw, and the grand prize went to a girl that had received a "Full-body hickey."

However, there was another NAIT student who won the contest in a previous year, and I wanted to see how winning had affected his life. Therefore, I present to you an interview with Quentin Coish, who is in the Radio program and living proof that even the most ordinary people have some interesting experiences.

Bryce: So why did you choose to enter the Really Tough Contest (RTC) last year?

Quentin: Well it actually was in late 2006 (November) and I tried out for it because, believe it or not, my roommate had actually won it in June of 2006. So I said 'the hell with it, I know it's a long shot,' so I called and got in on the first mission.

B: So what did you have to do to win the RTC in the fall of 2006? **Q:** Me and this one other guy had

to put down around 800 pieces of plywood; I'd guess they were about 50-75 pounds each, and put them on the NAIT soccer field for the Ookfest concert. So that took us about 14 and a half hours to do. We started at one in the afternoon and finished at quarter after three in the morning.

B: Wow, that sounds pretty rough ...

Q: Yeah, it was about 30 degrees in the afternoon that day so it was pretty hot, too. And we were doing this in business suits because we were supposed to be white-collar guys that don't really do any physical labour.

Which was true because at the time I was working for an instant cashtype loans place and giving alcoholics and gamblers their money before they came back and re-loaned it out again.

B: So akin to a pawn shop of sorts?

Q: Sort of, except that we pawned money ... and souls. (laughs)

> B: So back to the challenge, was it really that tough?

Q: It was definitely physically demanding for sure. My back was killing me like three hours in and I was like "Holy crap, I don't know if I'm going to be able to do this," but after a while I got my second wind and went pretty good towards the mid-

dle and end of the challenge. Like the first three hours though, that was the toughest hump to get over for sure.

B: So if you don't mind me asking, how did you spend your \$40,000? Q: I paid off about \$22,000 worth

of student debt and credit card debt

... mostly student debt. I paid that off like a cable bill, which was awesome. Press a button and "click" \$22,000 of debt gone, just like that. So I got that out of the way first and then I put \$8,000 in an RRSP and the rest of the 10 grand I spent on various extra-cur-

ricular activities ... things such as alcohol consumption, fixing up a Jeep, and stuff ... so that's more or less what I spent that money on.

B: More or less you put the bulk towards good, then, right?

Q: Yeah, most of it went towards paying off debt and saving it, so 75 per cent of it was gone almost instantly, but it had to go because I did not want that debt anymore. If it wasn't for the RTC, ironically enough, I would not be in the radio program, so I have radio to thank for being here or I wouldn't have been able to get student loans.

B: So you would do the RTC

all over again?

Q: Oh yeah, but of course I'm not eligible to do it again. But for another radio station or something, oh yeah ... definitely.

B: So do you have any advice to anyone who would choose to enter the RTC in the

future?

Q: Yeah, finish your mission no matter what because it's worth it. Even if you only get a few hundred bucks out of it, it's worth

Quentin Coish going to the Fine moment wrap-up party at

the Union. You get some free drink tickets out of it, there's girls hitting on you all night because they think you're going to be "Mr. Moneybags," and you pretty much do whatever you want. It was fun, and if anyone tries the Really Tough Contest just believe that you can do it and don't think that it's a million-to-one shot anyways. It's worth the shot and it's worth the Union Hall party for sure.

The Clevelands are coming!



LEANNE TRUONG **Assistant Entertainment Editor**

From the creative minds of Seth MacFarlane, Rich Appel and Mike Henry comes the yet to be titled Family Guy spinoff (working title: The Cleveland Show) that is expected in the fall of 2009.

Famous for being the bathtub accident prone neighbour to the Griffin family, Cleveland and Cleveland Jr. leave Quahog, Rhode Island behind and settle into the neighbourhood of Stoolbend, Virginia. Cleveland has a second chance at rekindling a high school romance with Donna, as her man did her wrong by walking out on her and their two children. Cleveland promised Donna that he "would always love her, and if this man ever done her wrong, he'd be there when she called."

Keeping to his word, Cleveland reluctantly made the move to start a new beginning with his son, Donna and her family. This brief and random decision probably transpired from the fact that he had nothing left for him due to the whole

Quagmire and Loretta debacle. His character was nothing more than the token black guy who was surprisingly feminine and sheepishly bland while being stepped all over by Peter and the gang ... BUT now, Cleveland will reprise his persona and SHINE ... with the help of the new cast, of course.

Sheepboy

Didn't win

The Brown household will now be comprised of Cleveland (still voiced by Mike Henry), his son Cleveland Jr. who is now older, plumper and kind of dorky (voiced by Kevin Michael Richardson), his new wife, Donna (Sanaa Lathan), a promiscuous stepdaughter, Roberta (Nia Long), lady loving toddler Rallo (also Mike Henry) along with some interesting neighbours who include a loud and obnoxious red neck couple, a family of talking anthropomorphic bears, a youngin' wannabe trying to find his "cool" named Holt (Jason Sudeikis) and a snobby British family who are seemingly stuck in the Victorian era and who all share the same gene of strikingly horrible teeth (no surprise there).

On the Nov. 2 episode ("Baby Not on Board") there was a slight foreshadowing of the new series, as Cleveland hints to Quagmire of his own spinoff during the closing credits.

This is sure to be a wonderful day in this neighborhood, with a cast of this kind and with much anticipation building toward the show's



premiere. I'm sure we're not going to be disappointed, especially with great expectations after the reputable success of "The Family Guy."

Sunday nights will see you sitting through continuous animated sitcoms that are all vying for the top spot ratings. Let's just hope that this spinoff won't trail with lower ratings like their sister sitcom American Dad, which isn't a half bad effort.

But with the lack of creativity making The Simpsons less desirable to watch and the possibly discontinuation of King of the Hill, will give this spinoff a genre of its own, a little less competition and more likelihood to be watched. I'm going put my faith in these creators to ignite my passion to want to turn on the television and tune in to this sitcom. Don't let us down Mac-Farlane (and company)! You need us!

ENTERTAINMENT

FOR YOUR LISTENING PLEASURE ...

\$3.99 mix-tape



BRYCE ALTHOUSE Entertainment Editor

This week on 3.99 mixtape ... I am straying from the rock and metal soundtracks I have been providing for your daily life and dipping back into the hip-hop pond. Honestly, I'm not as big a hip-hop fan as I used to be, but I created 3.99 mixtape with the idea of allowing a diverse area of genres to be laid out for people to see

new music and step outside of their usual listening patterns, so I have to practise what I preach and try to cover some new ground in the next few weeks. I also believe that my greatest inspiration to step back and promote a bit of a change was when I had at least five people tell me that they didn't like the last hair metal column, so I jumped headfirst into my collection of hip-hop tracks and pulled these gems out as an effort to please all those haters out there. After much scrutiny, we end up with 16 different tracks that bring a little bit of flavour that you can "taste." That is, you find chunks of old-school rap, some new-school hip-hop cuts, some underground stuff and some other just random stuff that is not typical of what you'd hear on a Top 40/urban radio station:

1. Big Daddy Kane/KRS-One/Kool G Rap/Tony Touch – Class of '87

2. Apathy - Battle Me

Quantum of Solace, the game

By KITA MURU

Quantum of Solace is a first person shooter based on the sequel to Casino Royale, and depicts the modern, more ruthless version of "Bond ... James Bond".

Being a movie game, can it be a decent addition to the Bond franchise?

The game from the first level starts on a high note showing off some running, gunning, and some sneaking missions, giving it some variety.

Shooting is easy as long as you aim, using cover is essential. Most of the

levels in the game are from the previous movie: Casino Royale. This is great considering it doesn't spoil most of the events in Quantum of Solace. The multiplayer also adds some longevity to the experience, and it has Daniel Craig's likeness.

On the flip side, Quantum of Solace is a big ripoff of *Call of Duty 4* (CoD4) from the aiming to the sprinting to the scripting of events. Almost everything is ripped off of CoD4 except for the cover system, which was ripped from *Gears of War*.

The single player is short, lasting

about a day, and Treyarch, the developers of Quantum of Solace, missed out on adding some great set pieces to the game.

Overall, Quantum of solace is a ripoff of games significantly better than it. But if you're going to make a movie game that's going to copy other games, you might as well copy from the best.

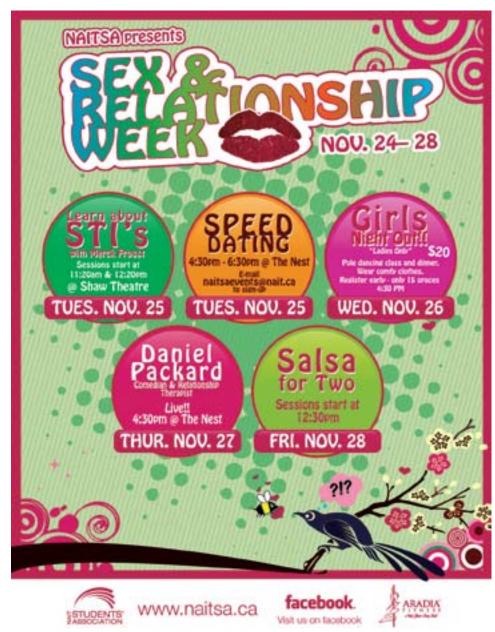
It succeeds in that task and manages to be a fairly decent, if not easy experience.

 $\star \star \star \star \star \star \star$

- 3. A Tribe Called Quest Can I Kick It?
- 4. Dilated Peoples/Kanye West This Way
- 5. Afroman Because I Got High
- 6. Dilated Peoples Back Again (Street)
- 7. KRS-One, Zach De La Rocha, & The Last Emperor – C.I.A. (Criminals in Action)
- 8. Dizzie Rascal Fix Up Look Sharp
- 9. N.W.A. Gangsta Gangsta
- 10. Run D.M.C. Run's House
- 11. Bashton Can I Eat?
- 12. Gorillaz Rock the House
- 13. Hieroglyphics feat Goapele Make Your Make
- 14. Jurassic 5 Concrete Schoolyard
- 15. The Coup Ride The Fence
- Mistah F.A.B. Ghost Ride It (Only including this because it samples Ghostbusters, therefore making it awesome)



Daniel Craig is James Bond in the movie Quantum of Solace.





ENTERTAINMENT

Union Hall is the place



SHANT CHAKMAKIAN

For those of you who work hard and like to rock out, Union Hall offers an establishment well suited for the purpose of unwinding in a truly wild fashion .

Hidden by the corner of Argyll Road and 99 Street, Union Hall boasts a flashy presentation, great dance floor and a strong layout.

Since its opening, Union Hall has long been a great location for anyone to not only unwind, but to really get wild and have a great time. In fact, it's my top pick if you want to have a crazy night that you can just file under the category of legendary and right next to intense.

"Union Hall is the Disneyland for adults, a place you can come to leave behind the stress of work or school while having a great time with 900 other amazing people," says Rob Allen, general manager.

For rockers and non rockers alike, the music selection is great. Whether you listen to new or classic rock, or enjoy the odd rock song; it's a given you'll be singing along to one by the end of the night.

On most nights the energy can get electric, especially when every midnight they play Thunderstruck, which just so happens to be my official theme song and a long standing tradition at that venue.

"We are in the people industry and we care about our people, both inside and out ...," says assistant manager Ryan James. "We know the price of success: dedication, hard work and our continuous devotion to the things you, the consumer, want to



Our fearless Shant Chakmakian is all business as he checks out Union Hall during a recent visit.

see happen."

Many people agree and that is why those who frequent the popular location find an experience they've come to expect and enjoy.

Union Hall is open only three

nights a week, starting with Campus Craze Thursdays, featuring \$1 draft and \$3 everything all night long. Ladies Night is on Fridays and the weekend ends off with TNA Saturdays.

So if you really want to roll out with you entourage and get wild; Union Hall is the place to rock in with a smile and roll out with some good memories and a couple of groupies.



www.bring-them-home.ca or phone: (780) 917-7610

Draw date January 31, 2009





ENTERTAINMENT

Resistance 2 a feast for the eyes

By MACKENZIE MARSHALL

Nathan Hale is back and he's pissed off. It's been two years since we've last seen Lieut. Hale and he starts right where the first game ended. He is picked up by SRPA, a secret government group, which

deploys super soldiers known as Sentinels. The fight has moved to the U.S. this time and you'll be fighting the Chimera across several locales like forests, cities and giant space ships.

There are two campaigns to play through this time around. The main single player campaign will take around 10 hours to complete. You'll defend areas and sometimes capture them, you'll blow up ships and steal others; it's quite epic. There is also an online campaign that's played with seven other people. This story isn't to the scale of the single player, but it's still a lot of fun and a first for the genre. Multiplayer can be played in matches of up to 60 people with several different game modes. It's fast, frantic, messy and whole lot of fun.

The game looks great with detailed environments and character models. There

are a few glitches here and there and the frame rate will slow down from time to time, but when you're in a firefight with hundreds of enemies shooting at you from what seems like every direction, the graphics are amazing to look at. It's a great looking game, but it doesn't shatter the mind.

Resistance 2 plays like the best first person shooters on the market a la Call of Duty and Halo. Its controls are awesome, the sound is top notch and it will last you months on end with all of the different modes. It's a deal for \$60. If you have a PS3, be sure to pick this one up and if you don't, this game is a reason to grab a PS3. Don't miss out.

Played up to: 60% (Chapter 5). Game: Resistance 2. System:

Playstation 3.

Genre: First Person Shooter. Developed by: Insomniac Games. Published by: Sony Computer Entertainment.



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NAIT ACADEMIC STAFF ASSOCIATION

TOP 10 TIPS

Final exams



MARGARET MAREAN NAIT Student Counselling

With about three weeks of classes left, final exams are just around the corner. Here are some tips to ensure that you are as well prepared as possible:

1. Take stock. Make a list of assignments and projects that you will need to complete by the end of the semester. Figure out your current mark in each course and commit to scheduling in more time for the courses you are having the most trouble with.

2. Stick to your routine before and during finals. If you don't have one, there is no time like the present to develop a regular sleep, study, eating and exercise regime.

3. Develop a realistic schedule for your major review in each course. Plan to begin one to two weeks in advance. Ideally you will have been doing ongoing review, so your major review will not be re-learning.

4. As soon as possible, do a 30-minute overview of each course. Decide the best study strategies to use and create review tools such as checklists, summaries, mock exams or flash cards. See the Strategies for Success study guide for more review tools - it is available free of charge at Student Counselling.

5. Prioritize what you need to learn, and work on your most difficult or critical areas first. Don't spend time reviewing what you already know.

6. Study actively. Remember to practise the tasks you will do on the test. Think about past exams in the course and the types of questions you can expect. If the test will have problems to solve, re-do past problems. If there will be long answer questions, predict possible questions and write out the answers.

7. Over-learning is your best insurance against blanking out on a test. Test yourself frequently to make sure you understand the material thoroughly.

8. Ask for help. If you are struggling, can you meet with the instructor or a classmate? Have you considered hiring a tutor?

9. If you absolutely have to cram, be realistic. You can't learn everything at the last minute. Focus on the basics and on what was emphasized in class. Cram as close to the exam as possible but don't study all night. If you don't get any sleep you won't be alert enough to remember what you do know.

10. Maintain a positive attitude. Nothing shuts down memory and learning faster than panic and negative thinking.

Counsellors at Student Counselling are available to assist you with this or any other academic,

career or personal concern. Call 780-378-6135 or come to Room O-117 to book an appointment.



su do ku

C Puzzles by Pappocom

Solution: Page 19

Solution, tips and computer programs at www.sudoku.com

GRADUATION Call 780-437-2431 to book NOW !





Portrait Sessions taking place November 24th - 28th. 2008

Room U209-E



OPINION

The Nugget 17

Dealing with DBs in your life



SHANT CHAKMAKIAN

We all know them, we all see them and at some point or another we are affected by their negative or pompous actions.

That's right, I'm talking about douche bags: nature's way of making you look better!

After studying the behaviour of most douche bags for quite some time; I have concluded that there are many different types of douche bags. These can be split up into three categories.

The first one is the Executive Douche Bag which is someone who constantly tries to patronize and belittle people in a seemingly positive way. The EDB is generally a pretentious person by nature who consistently and subtly will try to downplay the average person.

The EDB is also a very fake person. This can be characterized by them making the same fake canned smile in every photo they take. It's not a bad thing to have a good generic smile when one is not in the mood for a picture, but when all of one's "sincere" gestures are canned, watch out.

Be careful when it comes to issues of morality and ethics. The EDB is the easiest person and will generally sell their soul for a bit of power or money. The EDB will view most people as expendable and while trying to act like they value people, they love to steal credit for everything. The best way to deal with the EDB is to avoid them. However, if they are being offensive, subtly mimicking their pompous actions may work but can be viewed as confrontational. Another way to deal with most douche bags is to not respond to douche-like behaviour, training them that it's not cool.

The second type of douche bag is the Little Man Douche Bag or the LMDB. The LMDB is generally a douche-like person who suffers from little man syndrome, constantly trying to prove themselves either by putting someone down directly or trying to assert some sort of authority or power in a threatening and intimidating way.

Commonly known as bullies, the LMDB is an interesting character and generally one that is emotionally scarred or is just a plain dick. If in a position of dominance, the LMDB will generally try to oppress people. When not in a position of power, the LMDB will do whatever it takes to gain it by whatever means possible. Just think of Hitler.

One way to deal with their douchebaggery is to either beat them at their own game or to never show fear or loss of resolve; they generally cower easily when stood up to, especially in numbers.

Finally, the Insincere Douche Bag or IDB is my personal favourite. Generally displaying little emotion, expression or any form of sincerity, the IDB can be characterized very easily. The three things that stand out are: lack of smiling, a terrible loose hand shake and awkward body language used to assert dominance by attempting to make you feel like "the odd one out."

The IDB is generally a quiet character used to being held down in life with little opportunity. Instead of facing up to their fears, IDBs tend to use their cunning to get ahead by screwing others over, preferably behind their back.

Avoiding any form of direct confrontation, the IDB will even act like your friend, seem cool and be fun at times. The IDB excels at social analysis and can generally deconstruct any social situation, isolating variables and using those variables to manipulate others.

The IDB can easily be dealt with by either: subtly pointing out their insincerity to others, mirroring back their mistreatment or by ignoring them.

Being a douche back to someone who is naturally good at it can effectively be like playing backyard football with a CFL pro, you generally get out-flanked. The other problem with douche bags is that by dealing with them on a regular basis you start to become more like them, especially if you fight fire with fire.

But if you be yourself, stick to your ideals and be totally real, you will find that douche bags actually make you look better by comparison. Think about it like parking your Escalade next to a Pinto, suddenly those rims seem to shine brighter.

Please feel free to visit my blog at http://shantc.blogspot.com or to e-mail me any comments or suggestions at shant contact and look forward

shant_c@hotmail.com I value and look forward to your input.



Get information on simple ways you can protect the environment. Using compact fluorescents is one way to save energy, save money and protect the environment. Pick yours up in the South Lobby at: 11:15 a.m. - 1:15 p.m. Wednesday, Nov. 26 or Thursday, Nov. 27

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Saturday, December 6, 2008 12 Noon to 4:00 pm

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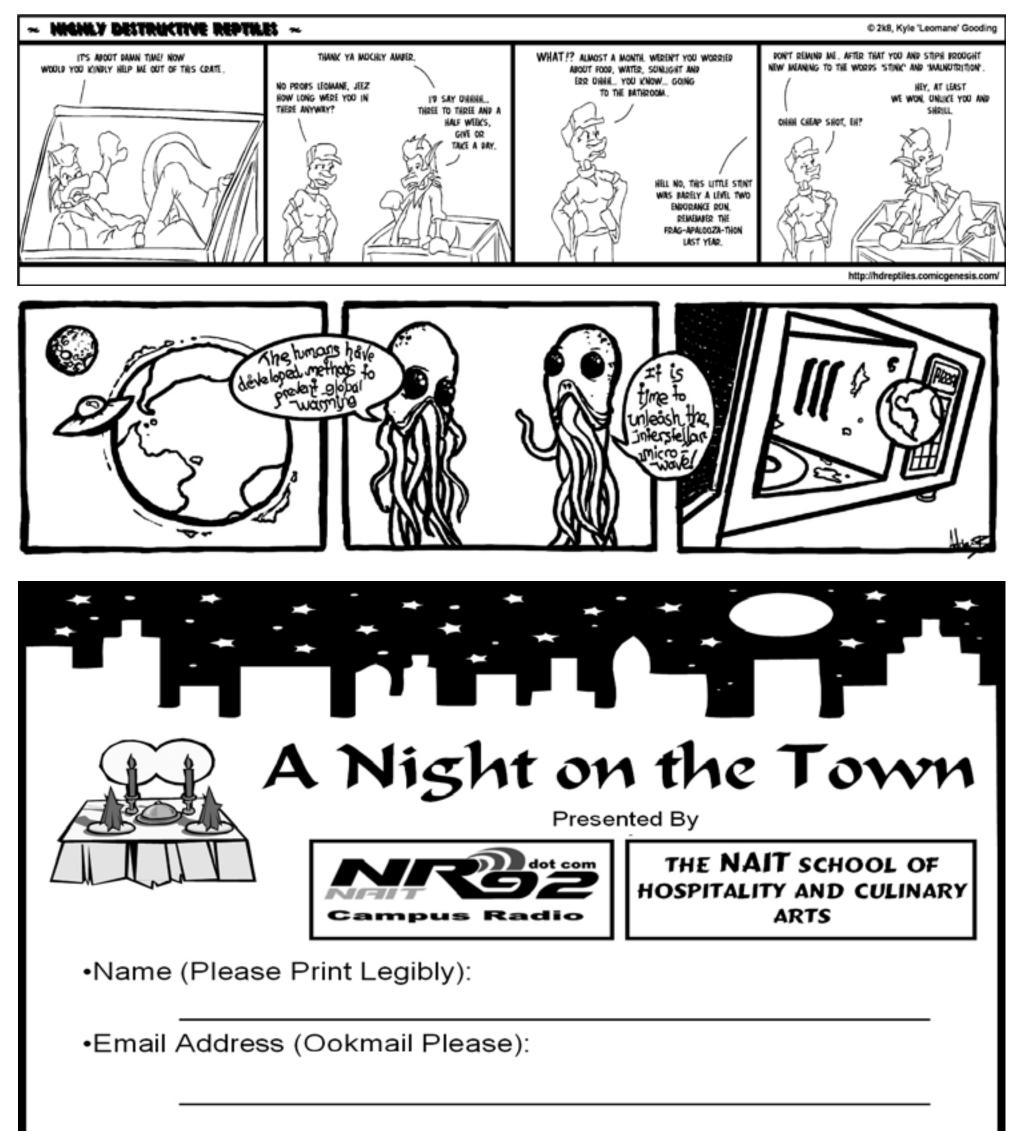
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Instructor offers help for students

N. Pas Paskaran is an instructor in the Physics program with 30 years of teaching experience and has delivered seminars on "Being An Effective Student" for over 20 years. The material he has collected is available for free download as audio material in MP3 from his web page.

The audio material consists of titles such as: "How to write exams, Increase your mem-

ory power" and "Effective study skills." Each of this audio material is three hours long.

Students can access this free download material and benefit from the ideas covered by the above topics.

See web page address: http://humanpotential.cjb.net to access the material.

Classifieds

LIFESTYLE HELPING HANDS

We are a non-profit organization serving seniors in southwest Edmonton. Our goal is to assist seniors in remaining independent in their homes. We need snow shovellers, housekeepers, handymen and seasonal gardeners. Snow shovelling is currently our main priority. Pay for the above positions would be negotiated. An average amount would be approximately \$20 per hour.

We are also seeking volunteer drivers (honorarium) to transport seniors to various appointments and to do shopping. The amount for an hour and a half of a drivers' time would be \$9.



CALLING **ALL STUDENT FILMMAKERS!**

The Alberta Student Film Festival 2009 has opened its call for submissions. To enter your film or for info, visit asfilmfest.ca or e-mail asfilmfest@gmail.com.

The festival is open to student filmmakers from all over Alberta and across Canada, from any high school or postsecondary institution. Films can be any genre and any length.

Hurry! The Early Bird deadline is Dec. 9 2008!

Call the Citizen Action Centre at 780.496.8200 or email cacentre@edmonton.ca.





TIP OF THE WEEK Watch out for your vehicle

Do you know where your car is?

Are you sure? Did you know that:

• Every day, more than 45 vehicles are stolen and nine are never seen again.

• Everybody's vehicle is a target for thieves, including family sedans and trucks.

• Vehicles are stolen whenever the opportunity presents itself, but mostly between the hours of 1 a.m. and 5 a.m.

• Statistics Canada reports that NO criminal charges are laid in more than 80 per cent of vehicle thefts in Alberta.

How do you keep your vehicle safe?

No vehicle or anti-theft device is 100 per cent theft-proof and discouraging thieves is not an easy task. A thief's greatest enemy is time. The more difficult your vehicle is to steal, the more time it takes to be stolen. Courtesy of Edmonton Police Service and AMA, here are some tips to make that thief move to an easier vehicle:

• Always lock your vehicle, even when you are only going to be

OTTAWA (CUP) - There's a new dried berry on

Also known as the wolfberry, the goji berry has

"They are delicious, kind of like raisins if you

"They're rich in vitamins, minerals, amino acids,

the market gaining prominence in North America.

a tangy and sweet taste, looks like a red raisin, and

get them really fresh. They are quite sweet in taste,"

said Phillip Bosloy, manager of The Wheat Berry,

[and] they're one of the best known antioxidants

available, and they do enhance your immune sys-

By ANNA ROCOSKI

may also have health benefits.

an organic food store in Ottawa.

tem function."

a "minute."

• NEVER leave your vehicle running.

• Park in a well-lit area unless you have a garage.

• Be careful with your keys, put

• Secure your registration and

• Turn your stereo off before you

get to the parking lot.

• Park with your wheels turned towards the curb.

• Back into your driveway if you have a rear-wheel drive or four-

they can be seen and remove porta-

• Drop business cards, address labels or other ID inside vehicle

 Activate your vehicle's security system.

Everybody benefits, except the criminal.

If you have information a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous, and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000. For more information and

tips, visit www.nait.ca/security.

A berry healthy snack

Goji berries are native to China, where herbalists The Fulcrum (University of Ottawa)

have used them for 6,000 years in Chinese medicine. Claudine Guiet, the co-ordinator of the peer edu-

cation and resource centre with Health Promotions at the University of Ottawa, explains that in Chinese culture, food is very important. "In all these traditions, people look at food as a

way to stay healthy and prevent ailment," she said.

Guiet says herbalists in China have used goji berries for many purposes, believing they can protect the liver, help eyesight, improve sexual function and fertility, strengthen the legs, boost immune function, improve circulation and promote longevity.

However, there have been few clinical studies on

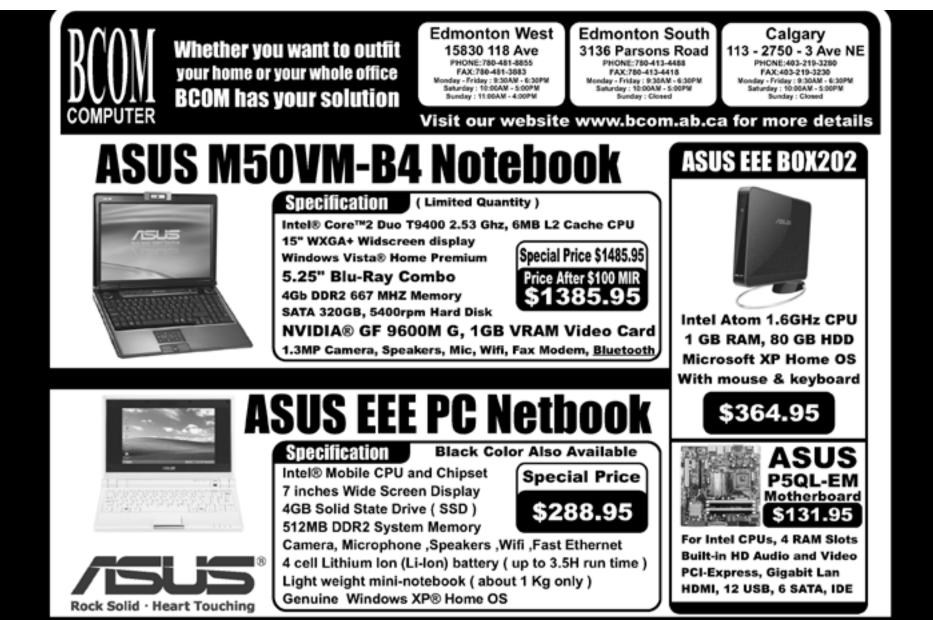
humans, so most of these benefits are unconfirmed. Published studies have shown that cancer

patients taking goji berries tend to respond better to treatment. The berries are also believed to contain antioxidants, and may reduce the growth of cancer cells, lower blood glucose and reduce cholesterol

Goji berries are available in dried fruit form or juice form, but goji berry juice may not be as pure as the actual berry itself, since the extract is diluted.

Most health-food stores in Canada carry the dried fruit for about \$10 per 100 grams.

The goji berry is great for snacking on, mixing with other fruit or yogurt, or topping off your cereal.



Prices subject to change without notice, and do not include taxes or environmental fees. Limited quantities, while supply last

your home address. • Completely close car windows, including sunroof, when parking. • Install a car alarm or steering

• If you have a garage, USE IT. them in your pocket. insurance documents; they have

wheel locking device.

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wheel drive vehicle. • Never leave valuables where ble items. • Engrave expensive accessories

- join Operation Identification.

• Join the STOP THIEF program

Is it news or just nudes?

By MATTHEW HALLIDAY The Eyeopener

(Ryerson University)

TORONTO (CUP) – A tall, blonde woman in a slim black skirt and jacket turns to face a television camera. She smiles.

Behind her is a small room, criss-crossed with cables and layered top-to-bottom with green paper. It looks too small to be a TV studio. Overhead, the lighting rig is perched on an old wooden cross-beam. The cameraman is wedged

into a small alcove between the door and the set, and after he counts down, the blonde woman begins to read, in a clear, practiced news voice.

"U.S. pharmaceutical giant Merck and Company has announced it will spend \$4.85 billion to settle a class action suit ... "

Her hands sidle suggestively up to the top of her jacket. She quickly unbuttons it, then shim-

mies out of her skirt and drops it at her feet. "Turning to the U.S., the Senate has confirmed Michael Mukasey as the country's new attorney general ..."

She removes her jacket entirely, and we cut to a wide shot of her in a black bra and panties. On the monitor, the little room behind her has been digitally removed and a cavernous, professional-looking TV studio has been greenscreened in.

This is a typical show on Toronto-based Naked News, one of the Internet's most unusual success stories. First launched in 1999, its bizarre premise still attracts a loyal cult following nearly a decade later. It's older than YouTube, Facebook and most other Internet phenomena. The station is also the cornerstone of a small media empire, with affiliated programs in Italy, Japan and Korea.

It's easy to call it pornography, and Ryer-

And as the company approaches its 10-year anniversary ... the station wants to be taken seriously as an alternative

media outlet.

son University instructors aren't encouraging their students to apply there. A visit to Naked-News.com, with its amateur audition videos and soft-core picture galleries, does nothing to discourage critics who dismiss it as porn.

But watch a broadcast and it's a different story. There are no bump 'n' grind theatrics. The anchors simply disrobe, read the news, and call it a day.

And as the company approaches its 10-year anniversary – an eternity on the Internet – the station wants to be taken seriously as an alternative media outlet.

"What we do is what programs like *The Daily Show* have done before us, which is present information to the public, but package it in an entertaining format," says David Warga, the show's executive producer. "In the case of *The*

Daily Show, humour. In our case, nudity."

While Naked News employs Ryerson graduates, the station only gets the occasional application from former students of the school's journalism and radio-television arts programs.

And Ryerson doesn't exactly encourage students to apply.

David Tucker, chair of Ryerson's Radio and

Television Arts program, doesn't understand the appeal of Naked News himself, but he gets the concept – at least in a meta-sort of way.

"It's a very post-modern ethos, blending high and low. We've seen news and comedy blend, so ... I can see why programs like this have done so well, at least, with the other news/entertainment hybrids out there."

"That's ridiculous," counters Judy Rebick, an outspoken feminist and Ryerson's chair of social justice and democracy. "*The Daily Show* is satire, using humour as a political instrument. This is just nudity."

Naked News and its 40

employees are housed in an unmarked building at the end of a quiet residential street east of downtown Toronto, an inconspicuous presence on Toronto's media landscape. Inside, the building looks like any other TV studio, if a little smaller and more cluttered with second-hand furniture.

There's nothing to give it away as anything but a community TV station, until someone like "nudecaster" Katherine Curtis, nearly six feet tall, strides into the room.

She is the newest Naked News anchor, hav-

ing just started this January. She's been a model, a burlesque dancer and a bikiniclad hot tub girl on City-TV's *Ed and Red's Night Party*. She's also worked as a housepainter and a roofer, albeit with her clothes on.

Her co-workers agree that the nudity is just one part of Naked News.

"For most people, their first reaction is to laugh and push it aside as not a serious broadcast," Ian Venebles, the station's head editor and a 1996 graduate of Ryerson's Radio and Television Arts program, says. "But we report anything anyone else does. It's planes crashing, it's Jays win, it's TSE

[Toronto Stock Exchange] drops." "We really pride ourselves on presenting the news in a serious fashion," he adds.

"Dumb Rules" Submission Form

Dumb rules getting to ya??? Just answer the following three questions, cut out this form and submit it to NAITSA VP Academic Lisi Monro (Room E-131) or check out the online submission form on the NAIT student portal at *www.nait.ca*

1. Description of dumb rule:

2. A specific example of why the policy or practice is dumb:

3. Suggested changes to the dumb rule:

All submissions must include your name and contact information. Your contact information will be kept confidential, and will only be used for clarification and follow-up purposes.

Name: E-mail:

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The Nugget 21



Katherine Curtis is the

latest Naked

News anchor.

Former hacker repents

By CLARE RASPOPOW The Link (Concordia University)

MONTREAL (CUP) – We all do stupid things when we're young. Sometimes it's stealing your parents' booze and drinking yourself sick. Sometimes it's crashing your family car into a parking meter.

At the age of 15, in the security of his West (Montreal) Island basement, Michael Calce crashed some of the largest websites in North America.

Eight years later, older and wiser, Calce has teamed up with Craig Silverman to break the silence he's maintained until now, and to tell the story of how, in the course of four days, he

crashed the websites of CNN, Yahoo and Ebay. "I know what I did was wrong," said Calce, from his salmon-coloured armchair in Paragraphe Bookstore.

He sips a coffee in an effort to stay awake. Today is his book launch. Both he and Silverman have been up since 6 a.m., running between buildings and interviews.

Mafiaboy: How I Cracked the Internet and Why It's Still Broken, Calce explains, was written primarily to sensitize today's Internet users to the dangers of their everyday browsing habits.

"[Calce] had the creeping sense that things had gotten really bad," said Silverman from his matching chair to Calce's left, an equally worn expression on his face.

That morning, the two had fielded a wide range of questions from callers to a radio show who wanted to know if what they were doing on the Internet was dangerous.

It invariably was.

"I know what I did

was wrong."

"We were like the bad-news brothers," joked Calce. "Just going from place to place, making people scared."

"There are huge risks [on the Internet]. We're uploading our lives and handing them over to somebody else to take care of," said Silverman. "That would make me uncom-- Michael Calce, fortable - to take all of aka Mafiaboy my most precious posses-

sions and hand them over to somebody else. But that's what we do."

"[The kind of attacks I did] happen every day, you just don't hear about them very much," assured Calce. "Companies are afraid to come forward with these hack-attacks and breaches."

Despite the duel authorship, the book is a first-person account of Calce's experience as Mafiaboy, which spans the day he got his first computer to the last day of his probation.

"The truth of [Calce's story] is remarkable," said Silverman, with a laugh. "The fact that on the night he was arrested he was sitting in his friend's house watching Goodfellas, and his alias is Mafiaboy. If you were a novelist, people would say that was too heavy handed. But it

was actually true, so it's beautiful."

And while Calce does use the book as an opportunity to explain himself and clear up some of the media-created misconceptions about his actions, the book goes to great lengths to explain to the reader the common dangers of the Internet.

"Using a credit card online, that's a no-no," said Calce, with an arched eyebrow.

People are given computers and let loose on the Web with little or no instruction or advice, they say.

"[Computer security] should be in the education system," said Calce. "We've got sexual education courses to teach kids about sex. If you look at today's society, it all revolves around technology."

But the onus for online crime doesn't fall solely on the shoulders of hapless Internet users alone, by any means.

Silverman explains that companies, in an effort to guard their secrets, often practise what he calls "security by obscurity."

They guard their security measures and refuse to share knowledge that would make the entire community safer.

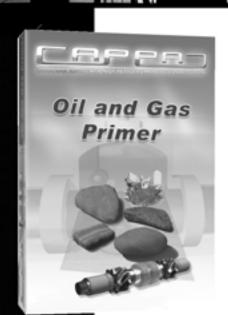
Governments could also be doing more to utilize the talents of "black hats," or malicious hackers, they say.



"I've spoken to a lot of these guys," said Calce. "They're coherent people. They can be reasoned with."

Today [Internet crime] is a \$150-billion industry. This is more than drug trafficking. These [online crime syndicates] are networking like real gangs do."





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Chris Carmichael-Powell and Nahreman Issa

What is the worst fashion faux pas?



Socks with shorts.

Courteney Gabbert Television Program



Eighties' trends and emo styles.

Ryan Carty Marketing



Not dressing for your body type ... A.K.A. thinking you're skinnier then you actually are.

Jenna Willert Marketing



Anything out of a beer box.

Rob Elliott Carpentry



Uggs.

Dorothy Nosewicz Business Administration



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